

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2016

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2016-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|----------------------|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | SZRAMSKA Violetta | 1089 | | K-40 | 1 | 00:00:25 | 00:23:18.60 | 00:23:44.20 | | 4:39 | 12.9 (100%) |
| 2 | RUDOL Magdalena | 171 | | K-40 | 2 | 00:00:17 | 00:23:19.80 | 00:23:37.60 | +00:00:01 (0.1%) | 4:40 | 12.9 (100%) |
| 3 | RYBKA Ilona | 313 | | K-40 | 3 | 00:00:15 | 00:24:24.45 | 00:24:40.40 | +00:01:05 (4.5%) | 4:53 | 12.3 (95.3%) |
| 4 | STASZKIEWICZ Lucyna | 450 | CZARNE STOPY SM | K-40 | 4 | 00:00:33 | 00:24:30.40 | 00:25:04.00 | +00:01:11 (4.9%) | 4:54 | 12.2 (94.6%) |
| 5 | KWIATKOWSKA Bożena | 417 | TO TYLKO TRIATHLON | K-40 | 5 | 00:00:19 | 00:24:36.40 | 00:24:55.70 | +00:01:17 (5.3%) | 4:55 | 12.2 (94.6%) |
| 6 | KALLAS-LIPSKA Anetta | 809 | RUN BYDGOSZCZ | K-40 | 6 | 00:01:14 | 00:25:27.15 | 00:26:42.10 | +00:02:08 (8.4%) | 5:05 | 11.8 (91.5%) |
| 7 | DUDZIŃSKA Aleksandra | 156 | | K-40 | 7 | 00:01:14 | 00:25:27.40 | 00:26:42.15 | +00:02:08 (8.4%) | 5:05 | 11.8 (91.5%) |
| 8 | WOJCIECHOWSKA Emilia | 1084 | | K-40 | 8 | 00:00:23 | 00:25:38.25 | 00:26:01.25 | +00:02:19 (9.1%) | 5:07 | 11.7 (90.7%) |
| 9 | TUSZYŃSKA Monika | 1346 | | K-40 | 9 | 00:00:32 | 00:26:22.90 | 00:26:55.30 | +00:03:04 (11.6%) | 5:16 | 11.4 (88.4%) |
| 10 | KAMPER Małgorzata | 1109 | | K-40 | 10 | 00:00:20 | 00:26:35.90 | 00:26:56.75 | +00:03:17 (12.4%) | 5:19 | 11.3 (87.6%) |
| 11 | PORAZINSKA Viktoria | 614 | | K-40 | 11 | 00:00:51 | 00:26:39.00 | 00:27:30.60 | +00:03:20 (12.5%) | 5:19 | 11.3 (87.6%) |
| 12 | GRACZKOWSKA Mirosława | 1416 | | K-40 | 12 | 00:00:50 | 00:26:39.10 | 00:27:29.90 | +00:03:20 (12.5%) | 5:19 | 11.3 (87.6%) |
| 13 | NUNZEK Agnieszka | 263 | | K-40 | 13 | 00:00:29 | 00:26:41.25 | 00:27:11.15 | +00:03:22 (12.7%) | 5:20 | 11.2 (86.8%) |
| 14 | GÓZDŹ Milena | 1126 | JAŚ BIEGA | K-40 | 14 | 00:00:56 | 00:26:51.45 | 00:27:48.40 | +00:03:32 (13.2%) | 5:22 | 11.2 (86.8%) |
| 15 | MUSS Karolina | 379 | | K-40 | 15 | 00:01:40 | 00:26:55.50 | 00:28:35.80 | +00:03:36 (13.4%) | 5:23 | 11.1 (86.0%) |
| 16 | JANKOWSKA Katarzyna | 1009 | | K-40 | 16 | 00:00:31 | 00:27:12.90 | 00:27:44.35 | +00:03:54 (14.3%) | 5:26 | 11 (85.3%) |
| 17 | FUZ Gabriela | 280 | KABEL TEAM BYDGOSZCZ | K-40 | 17 | 00:01:18 | 00:27:26.05 | 00:28:44.35 | +00:04:07 (15.0%) | 5:29 | 10.9 (84.5%) |
| 18 | DULIŃSKA Dorota | 1480 | TRISPACE | K-40 | 18 | 00:01:22 | 00:27:27.25 | 00:28:50.15 | +00:04:08 (15.1%) | 5:29 | 10.9 (84.5%) |
| 19 | SKÓRCZ Małgorzata | 1251 | | K-40 | 19 | 00:00:28 | 00:27:32.80 | 00:28:00.90 | +00:04:14 (15.4%) | 5:30 | 10.9 (84.5%) |
| 20 | GROBELNA Angelika | 1055 | | K-40 | 20 | 00:00:51 | 00:27:33.75 | 00:28:25.05 | +00:04:15 (15.4%) | 5:30 | 10.9 (84.5%) |
| 21 | BRĄCZYK Ewa | 833 | TKKF WODNIK | K-40 | 21 | 00:01:29 | 00:27:46.20 | 00:29:16.05 | +00:04:27 (16.1%) | 5:33 | 10.8 (83.7%) |
| 22 | BARNIGIEL Agnieszka | 19 | | K-40 | 22 | 00:00:11 | 00:27:48.75 | 00:28:00.10 | +00:04:30 (16.2%) | 5:33 | 10.8 (83.7%) |
| 23 | BALCERZAK Dorota | 328 | BBL INOWROCŁAW | K-40 | 23 | 00:00:26 | 00:28:10.75 | 00:28:37.30 | +00:04:52 (17.3%) | 5:38 | 10.6 (82.2%) |
| 24 | RYDELSKA Kinga | 514 | | K-40 | 24 | 00:00:39 | 00:28:25.10 | 00:29:04.15 | +00:05:06 (18.0%) | 5:41 | 10.6 (82.2%) |
| 25 | STYKAŁA Magdalena | 246 | | K-40 | 25 | 00:01:25 | 00:28:32.00 | 00:29:57.30 | +00:05:13 (18.3%) | 5:42 | 10.5 (81.4%) |
| 26 | CYGAN Magdalena | 1150 | | K-40 | 26 | 00:00:48 | 00:28:34.45 | 00:29:23.30 | +00:05:15 (18.4%) | 5:43 | 10.5 (81.4%) |
| 27 | GORGOL Renata | 642 | RUN BYDGOSZCZ | K-40 | 27 | 00:01:16 | 00:29:01.00 | 00:30:17.85 | +00:05:42 (19.7%) | 5:48 | 10.3 (79.8%) |
| 28 | BASZANOWSKA Sylwia | 847 | | K-40 | 28 | 00:00:30 | 00:29:01.05 | 00:29:31.75 | +00:05:42 (19.7%) | 5:48 | 10.3 (79.8%) |
| 29 | HAUS Katarzyna | 656 | BBL SZUBIN | K-40 | 29 | 00:00:31 | 00:29:04.95 | 00:29:35.95 | +00:05:46 (19.8%) | 5:48 | 10.3 (79.8%) |
| 30 | DOMŻALSKA Sławomira | 1331 | | K-40 | 30 | 00:01:41 | 00:29:10.85 | 00:30:52.75 | +00:05:52 (20.1%) | 5:50 | 10.3 (79.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|-----------------------------|-----------|------|-------------|--------------------|--------------------|-------------------|-----------------|---------------|
| 31 | PAPROCKA Małgorzata | 834 | | K-40 | 31 | 00:00:44 | 00:29:18.85 | 00:30:03.25 | +00:06:00 (20.5%) | 5:51 | 10.2 (79.1%) |
| 32 | GUZMANN Dorota | 1381 | AKADEMIA BIEGANIA GRUDZIĄDZ | K-40 | 32 | 00:01:06 | 00:29:28.40 | 00:30:34.40 | +00:06:09 (20.9%) | 5:53 | 10.2 (79.1%) |
| 33 | MICHALSKA Aleksandra | 1397 | | K-40 | 33 | 00:00:39 | 00:29:29.95 | 00:30:09.45 | +00:06:11 (21.0%) | 5:54 | 10.2 (79.1%) |
| 34 | KRZYŻELEWSKA - SUŚ Anna | 691 | BYDZIA POWER | K-40 | 34 | 00:01:17 | 00:29:34.70 | 00:30:52.20 | +00:06:16 (21.2%) | 5:55 | 10.1 (78.3%) |
| 35 | SZPERA Joanna | 303 | | K-40 | 35 | 00:00:55 | 00:29:40.90 | 00:30:36.55 | +00:06:22 (21.5%) | 5:56 | 10.1 (78.3%) |
| 36 | RONKIEWICZ Dorota | 909 | SPORT FACTORY | K-40 | 36 | 00:01:00 | 00:29:55.20 | 00:30:55.45 | +00:06:36 (22.1%) | 5:59 | 10 (77.5%) |
| 37 | MIKOŁAJCZAK Magdalena | 769 | | K-40 | 37 | 00:00:52 | 00:29:57.00 | 00:30:49.25 | +00:06:38 (22.2%) | 5:59 | 10 (77.5%) |
| 38 | MICHALAK- WIECHA Ewa | 730 | | K-40 | 38 | 00:00:12 | 00:30:03.35 | 00:30:15.95 | +00:06:44 (22.4%) | 6:00 | 10 (77.5%) |
| 39 | CZYŻEWSKA ŁYSKO Monika | 1265 | | K-40 | 39 | 00:00:41 | 00:30:06.90 | 00:30:48.45 | +00:06:48 (22.6%) | 6:01 | 10 (77.5%) |
| 40 | WINIECKA Beata | 1280 | | K-40 | 40 | 00:01:12 | 00:30:07.05 | 00:31:19.05 | +00:06:48 (22.6%) | 6:01 | 10 (77.5%) |
| 41 | KANIEWSKA Alicja | 1371 | AKADEMIA BIEGANIA | K-40 | 41 | 00:01:06 | 00:30:11.55 | 00:31:18.25 | +00:06:52 (22.8%) | 6:02 | 9.9 (76.7%) |
| 42 | TSHISENSE Marta | 1223 | CAŁA TWOJA | K-40 | 42 | 00:01:39 | 00:30:26.30 | 00:32:05.50 | +00:07:07 (23.4%) | 6:05 | 9.9 (76.7%) |
| 43 | MARĆ Aga | 528 | | K-40 | 43 | 00:01:11 | 00:30:39.85 | 00:31:51.25 | +00:07:21 (24.0%) | 6:08 | 9.8 (76.0%) |
| 44 | MALATYŃSKA Barbara | 1238 | | K-40 | 44 | 00:01:16 | 00:30:42.70 | 00:31:59.10 | +00:07:24 (24.1%) | 6:08 | 9.8 (76.0%) |
| 45 | JUNKA Małgorzata | 857 | | K-40 | 45 | 00:01:38 | 00:30:50.50 | 00:32:29.30 | +00:07:31 (24.4%) | 6:10 | 9.7 (75.2%) |
| 46 | KLUGIEWICZ Dorota | 933 | | K-40 | 46 | 00:00:48 | 00:31:02.60 | 00:31:50.60 | +00:07:44 (24.9%) | 6:12 | 9.7 (75.2%) |
| 47 | SKORNIA Agata | 1308 | | K-40 | 47 | 00:01:37 | 00:31:03.80 | 00:32:41.75 | +00:07:45 (25.0%) | 6:12 | 9.7 (75.2%) |
| 48 | NURKIEWICZ Dobrosława | 596 | | K-40 | 48 | 00:01:48 | 00:31:12.30 | 00:33:00.60 | +00:07:53 (25.3%) | 6:14 | 9.6 (74.4%) |
| 49 | ŁAŃCUCKA Agnieszka | 1072 | | K-40 | 49 | 00:00:29 | 00:31:17.50 | 00:31:47.10 | +00:07:58 (25.5%) | 6:15 | 9.6 (74.4%) |
| 50 | PIETRZAK Marta | 342 | BBL INOWROCŁAW | K-40 | 50 | 00:00:52 | 00:31:39.00 | 00:32:31.85 | +00:08:20 (26.4%) | 6:19 | 9.5 (73.6%) |
| 51 | ŚLESIŃSKA Ewa | 1054 | | K-40 | 51 | 00:00:53 | 00:31:47.75 | 00:32:41.35 | +00:08:29 (26.7%) | 6:21 | 9.4 (72.9%) |
| 52 | MIELCAREK Małgorzata | 943 | | K-40 | 52 | 00:01:01 | 00:32:29.25 | 00:33:31.10 | +00:09:10 (28.2%) | 6:30 | 9.2 (71.3%) |
| 53 | ROJEWSKA Beata | 731 | | K-40 | 53 | 00:00:11 | 00:32:31.20 | 00:32:42.95 | +00:09:12 (28.3%) | 6:30 | 9.2 (71.3%) |
| 54 | ZUZA-WITKOWSKA Anna | 218 | | K-40 | 54 | 00:01:49 | 00:32:31.40 | 00:34:20.85 | +00:09:12 (28.3%) | 6:30 | 9.2 (71.3%) |
| 55 | BARTOS Ligia | 1470 | | K-40 | 55 | 00:01:28 | 00:32:48.25 | 00:34:16.65 | +00:09:29 (28.9%) | 6:33 | 9.1 (70.5%) |
| 56 | KONARZEWSKA Jolanta | 469 | | K-40 | 56 | 00:01:18 | 00:33:17.90 | 00:34:36.75 | +00:09:59 (30.0%) | 6:39 | 9 (69.8%) |
| 57 | BILKIEWICZ Anna Maria | 1424 | | K-40 | 57 | 00:01:25 | 00:33:22.40 | 00:34:47.40 | +00:10:03 (30.2%) | 6:40 | 9 (69.8%) |
| 58 | PAWLAK Żaneta | 362 | | K-40 | 58 | 00:00:34 | 00:33:23.35 | 00:33:57.50 | +00:10:04 (30.2%) | 6:40 | 9 (69.8%) |
| 59 | PATRZĄLEK Małgorzata | 459 | | K-40 | 59 | 00:01:47 | 00:34:01.40 | 00:35:48.75 | +00:10:42 (31.5%) | 6:48 | 8.8 (68.2%) |
| 60 | MUSS Urszula | 1192 | SKLEP BIEGACZA BYDGOSZCZ | K-40 | 60 | 00:00:46 | 00:34:57.00 | 00:35:43.55 | +00:11:38 (33.3%) | 6:59 | 8.6 (66.7%) |
| 61 | LIWOCH Lidia | 442 | | K-40 | 61 | 00:01:01 | 00:35:03.80 | 00:36:05.50 | +00:11:45 (33.5%) | 7:00 | 8.6 (66.7%) |
| 62 | LIBERA Sabina | 135 | PARKRUN BYDGOSZCZ | K-40 | 62 | 00:01:37 | 00:36:04.40 | 00:37:42.10 | +00:12:45 (35.4%) | 7:13 | 8.3 (64.3%) |
| 63 | SAWICKA Alicja | 1350 | | K-40 | 63 | 00:01:40 | 00:37:45.30 | 00:39:26.00 | +00:14:26 (38.3%) | 7:33 | 7.9 (61.2%) |
| 64 | RUTKOWSKA Ania | 1323 | | K-40 | 64 | 00:01:30 | 00:38:33.70 | 00:40:03.90 | +00:15:15 (39.6%) | 7:42 | 7.8 (60.5%) |

Znaleziono 64 wynik(ów)