

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2016

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2016-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	1175		K-30	1	00:00:01	00:18:17.25	00:18:18.55		3:39	16.4 (100%)
2	RYCZAK Maja	1311		K-20	1	00:00:03	00:19:46.10	00:19:50.05	+00:01:28 (7.5%)	3:57	15.2 (92.7%)
3	WOJDAT Marta	242	FIT-MAX GYM, ASW BLACK PANTHER, BDG THRIATLON TEAM	K-20	2	00:00:04	00:20:22.35	00:20:26.35	+00:02:05 (10.2%)	4:04	14.7 (89.6%)
4	WOŹNIAKOWSKA Agata	63	RUN BYDGOSZCZ	K-30	2	00:00:04	00:20:54.85	00:20:59.40	+00:02:37 (12.6%)	4:11	14.3 (87.2%)
5	WUJEK Magdalena	466		K-30	3	00:00:06	00:21:13.65	00:21:20.15	+00:02:56 (13.8%)	4:14	14.1 (86.0%)
6	FULARCZYK-KOZŁOWSKA Magdalena	1119		K-30	4	00:00:01	00:21:14.40	00:21:16.20	+00:02:57 (13.9%)	4:15	14.1 (86.0%)
7	GURNA Jolanta	1435		K-50	1	00:00:06	00:21:29.90	00:21:36.40	+00:03:12 (14.9%)	4:18	14 (85.4%)
8	WANTOWSKA Aleksandra	1077	TEAM KOPEĆ	K-20	3	00:00:03	00:21:38.05	00:21:41.75	+00:03:20 (15.5%)	4:19	13.9 (84.8%)
9	TATULIŃSKA Aleksandra	390	RUN BYDGOSZCZ	K-30	5	00:00:04	00:21:56.15	00:22:00.95	+00:03:38 (16.6%)	4:23	13.7 (83.5%)
10	WNĘK Natalia	835	KLINIKA TRIATHLONU	K-20	4	00:00:21	00:22:12.95	00:22:34.45	+00:03:55 (17.7%)	4:26	13.5 (82.3%)
11	NOWAK Ewelina	1010	TRIAMATOR - EWELINA NOWAK	K-20	5	00:00:08	00:22:29.85	00:22:38.15	+00:04:12 (18.7%)	4:30	13.3 (81.1%)
12	PALACZ Wioletta	799		K-30	6	00:00:09	00:22:33.70	00:22:42.85	+00:04:16 (18.9%)	4:30	13.3 (81.1%)
13	WOŹNIAK Anna	305	RUN PASJA	K-30	7	00:00:21	00:22:44.55	00:23:06.00	+00:04:27 (19.6%)	4:33	13.2 (80.5%)
14	GRZELCZAK Marta	1462		K-30	8	00:00:17	00:22:45.80	00:23:03.20	+00:04:28 (19.7%)	4:33	13.2 (80.5%)
15	FILARECKA Agnieszka	1495	ASF BY TRISPEACE	K-30	9	00:00:05	00:22:51.00	00:22:56.80	+00:04:33 (20.0%)	4:34	13.1 (79.9%)
16	BANASZAK Monika	1420	RUN-PASJA BYDGOSZCZ	K-30	10	00:00:20	00:22:51.75	00:23:11.85	+00:04:34 (20.0%)	4:34	13.1 (79.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	SKORNIA Eliza	1307		K-20	6	00:00:15	00:22:58.15	00:23:13.45	+00:04:40 (20.4%)	4:35	13.1 (79.9%)
18	MENDEL Magdalena	613		K-20	7	00:00:13	00:23:03.10	00:23:16.15	+00:04:45 (20.7%)	4:36	13 (79.3%)
19	MICHALAK Martyna	1284		K-10	1	00:00:37	00:23:04.20	00:23:41.95	+00:04:46 (20.7%)	4:36	13 (79.3%)
20	RATAJ Zuzanna	75	KOBIETY BIEGAJĄ / POLONIA BYDGOSZCZ SEKCJA LA	K-30	11	00:00:13	00:23:05.10	00:23:18.80	+00:04:47 (20.8%)	4:37	13 (79.3%)
21	RUDOL Małgorzata	66		K-30	12	00:00:29	00:23:08.25	00:23:37.60	+00:04:51 (21.0%)	4:37	13 (79.3%)
22	SZRAMSKA Violetta	1089		K-40	1	00:00:25	00:23:18.60	00:23:44.20	+00:05:01 (21.5%)	4:39	12.9 (78.7%)
23	RUDOL Magdalena	171		K-40	2	00:00:17	00:23:19.80	00:23:37.60	+00:05:02 (21.6%)	4:40	12.9 (78.7%)
24	MEJSNER-HERMELIN Monika	161	KANCELARIA HMM	K-30	13	00:00:15	00:23:24.75	00:23:39.95	+00:05:07 (21.9%)	4:40	12.8 (78.0%)
25	WEISBROT Magdalena	267		K-20	8	00:00:21	00:23:30.80	00:23:51.95	+00:05:13 (22.2%)	4:42	12.8 (78.0%)
26	PRZERACKA Dominika	885	BYDGOSZCZ	K-10	2	00:00:46	00:23:42.30	00:24:29.05	+00:05:25 (22.9%)	4:44	12.6 (76.8%)
27	STANGRECKA Agnieszka	293		K-30	14	00:00:25	00:23:43.35	00:24:09.05	+00:05:26 (22.9%)	4:44	12.6 (76.8%)
28	BISKUPSKA Rita	1359	KLINIKA TRIATHLONU	K-20	9	00:00:12	00:23:49.15	00:24:01.95	+00:05:31 (23.2%)	4:45	12.6 (76.8%)
29	DERING Hanna	468	BYDGOSKIE ŻÓŁWIE	K-30	15	00:00:42	00:23:49.70	00:24:31.90	+00:05:32 (23.3%)	4:45	12.6 (76.8%)
30	GRZESIAK Magdalena	653		K-30	16	00:00:17	00:24:11.30	00:24:28.65	+00:05:54 (24.4%)	4:50	12.4 (75.6%)
31	KOŁACZ Anna	387		K-20	10	00:00:47	00:24:17.45	00:25:04.80	+00:06:00 (24.7%)	4:51	12.4 (75.6%)
32	RYBKA Ilona	313		K-40	3	00:00:15	00:24:24.45	00:24:40.40	+00:06:07 (25.1%)	4:53	12.3 (75.0%)
33	HORYD Justyna	309		K-30	17	00:00:27	00:24:25.90	00:24:53.25	+00:06:08 (25.1%)	4:53	12.3 (75.0%)
34	STASZKIEWICZ Lucyna	450	CZARNE STOPY SM	K-40	4	00:00:33	00:24:30.40	00:25:04.00	+00:06:13 (25.4%)	4:54	12.2 (74.4%)
35	MAGDZIARZ Katarzyna	2	KANCELARIA HMM	K-30	18	00:00:19	00:24:30.75	00:24:49.85	+00:06:13 (25.4%)	4:54	12.2 (74.4%)
36	KWIATKOWSKA Bożena	417	TO TYLKO TRIATHLON	K-40	5	00:00:19	00:24:36.40	00:24:55.70	+00:06:19 (25.7%)	4:55	12.2 (74.4%)
37	WOJDAT Dominika	121		K-20	11	00:01:22	00:24:41.50	00:26:04.00	+00:06:24 (25.9%)	4:56	12.1 (73.8%)
38	RZEPKA Ewa	1345	BRODNICA BIEGA	K-30	19	00:00:31	00:24:43.95	00:25:15.05	+00:06:26 (26.1%)	4:56	12.1 (73.8%)
39	ZAGOŹDŹON Wioleta	64		K-30	20	00:00:16	00:24:47.90	00:25:04.80	+00:06:30 (26.3%)	4:57	12.1 (73.8%)

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40	JAWORSKA Karolina	1274		K-30	21	00:00:00	00:24:51.90	00:24:51.90	+00:06:34 (26.5%)	4:58	12.1 (73.8%)
41	KOŁODZIEJCZAK Kasia	716		K-10	3	00:00:34	00:24:51.95	00:25:26.00	+00:06:34 (26.5%)	4:58	12.1 (73.8%)
42	WADELSKA Joanna	794		K-20	12	00:00:17	00:24:55.00	00:25:12.85	+00:06:37 (26.6%)	4:59	12 (73.2%)
43	SZULC Magdalena	1474	SZULC TEAM	K-30	22	00:00:15	00:24:55.35	00:25:10.95	+00:06:38 (26.6%)	4:59	12 (73.2%)
44	KOLANOWSKA Grażyna	989		K-50	2	00:00:17	00:24:56.35	00:25:14.05	+00:06:39 (26.7%)	4:59	12 (73.2%)
45	SEYDAK Ewelina	1412	RUN PASJA BYDGOSZCZ	K-20	13	00:00:46	00:24:59.20	00:25:46.05	+00:06:41 (26.8%)	5:00	12 (73.2%)
46	BEDNAREK Marta	374		K-30	23	00:00:26	00:24:59.95	00:25:26.50	+00:06:42 (26.8%)	5:00	12 (73.2%)
47	ŚWIETLIK Michalina	211	ATLAS RUNNING TEAM	K-30	24	00:00:37	00:25:00.25	00:25:38.10	+00:06:43 (26.9%)	5:00	12 (73.2%)
48	ULATOWSKA Aleksandra	106	BW SQUAD	K-20	14	00:00:44	00:25:03.75	00:25:48.15	+00:06:46 (27.0%)	5:00	12 (73.2%)
49	KALISZEWSKA Małgorzata	1404	RUN-PASJA	K-30	25	00:00:23	00:25:11.25	00:25:34.25	+00:06:54 (27.4%)	5:02	11.9 (72.6%)
50	MOLENDĄ Patrycja	22	KLINIKA TRIATHLONU TEAM	K-20	15	00:00:12	00:25:20.00	00:25:32.45	+00:07:02 (27.8%)	5:04	11.8 (72.0%)
51	PRZEKWASIŃSKA Anna	15		K-30	26	00:00:19	00:25:20.05	00:25:39.55	+00:07:02 (27.8%)	5:04	11.8 (72.0%)
52	STRÓŻYK Grażyna	815		K-20	16	00:00:24	00:25:22.60	00:25:47.40	+00:07:05 (27.9%)	5:04	11.8 (72.0%)
52	MIKOŁAJEWSKA Martyna	1230	WTS ASTORIA	K-10	4	00:00:58	00:25:22.60	00:26:20.95	+00:07:05 (27.9%)	5:04	11.8 (72.0%)
54	STĘPIEŃ Monika	405		K-30	27	00:01:15	00:25:26.40	00:26:42.25	+00:07:09 (28.1%)	5:05	11.8 (72.0%)
55	KALLAS-LIPSKA Anetta	809	RUN BYDGOSZCZ	K-40	6	00:01:14	00:25:27.15	00:26:42.10	+00:07:09 (28.2%)	5:05	11.8 (72.0%)
56	DUDZIŃSKA Aleksandra	156		K-40	7	00:01:14	00:25:27.40	00:26:42.15	+00:07:10 (28.2%)	5:05	11.8 (72.0%)
57	SZEWCUK Małgorzata	180		K-30	28	00:00:34	00:25:28.60	00:26:03.10	+00:07:11 (28.2%)	5:05	11.8 (72.0%)
58	DOMBROWSKA-OSAK Izabela	501		K-30	29	00:00:30	00:25:30.60	00:26:01.20	+00:07:13 (28.3%)	5:06	11.8 (72.0%)
59	MAJER Magda	50		K-20	17	00:00:27	00:25:32.25	00:25:59.55	+00:07:15 (28.4%)	5:06	11.7 (71.3%)
60	LASOTA Klaudia	1278	ASTORIA	K-10	5	00:00:02	00:25:35.00	00:25:37.65	+00:07:17 (28.5%)	5:07	11.7 (71.3%)
61	WOJCIECHOWSKA Emilia	1084		K-40	8	00:00:23	00:25:38.25	00:26:01.25	+00:07:21 (28.7%)	5:07	11.7 (71.3%)
62	PADRAK Irmina	325	-	K-20	18	00:00:37	00:25:40.90	00:26:18.65	+00:07:23 (28.8%)	5:08	11.7 (71.3%)

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							netto 5km	brutto 5km			
63	CHODUR Agnieszka	1098		K-30	30	00:00:51	00:25:43.15	00:26:34.60	+00:07:25 (28.9%)	5:08	11.7 (71.3%)
64	DROŹDŹ Małgorzata	284	KLONIKTEAM	K-30	31	00:00:36	00:25:43.30	00:26:19.95	+00:07:26 (28.9%)	5:08	11.7 (71.3%)
65	ZABDYR Ewelina	1038		K-20	19	00:00:31	00:25:45.00	00:26:16.00	+00:07:27 (29.0%)	5:09	11.7 (71.3%)
66	CICIACIUCH Monika	1392	LOTTO-BYDGOSTIA	K-20	20	00:00:02	00:25:46.55	00:25:48.60	+00:07:29 (29.1%)	5:09	11.6 (70.7%)
67	MARCINIAK Justyna	489		K-30	32	00:00:29	00:25:48.40	00:26:18.30	+00:07:31 (29.1%)	5:09	11.6 (70.7%)
68	BUKOWSKA Anna	602		K-20	21	00:00:26	00:25:51.30	00:26:18.15	+00:07:34 (29.3%)	5:10	11.6 (70.7%)
69	KOLASIŃSKA Joanna	646	RUN BYDGOSZCZ	K-30	33	00:00:30	00:25:54.45	00:26:24.55	+00:07:37 (29.4%)	5:10	11.6 (70.7%)
70	DRÓŹDŹ Małgorzata	134		K-20	22	00:00:48	00:25:59.90	00:26:48.45	+00:07:42 (29.7%)	5:12	11.5 (70.1%)
71	BALIŃSKA Anna	622		K-20	23	00:00:32	00:26:00.25	00:26:32.40	+00:07:43 (29.7%)	5:12	11.5 (70.1%)
72	PIŃSKA Sylwia	481	BBL INOWROCŁAW	K-30	34	00:00:25	00:26:02.05	00:26:27.05	+00:07:44 (29.8%)	5:12	11.5 (70.1%)
73	KEMPIŃSKA Beata	906		K-30	35	00:00:34	00:26:02.55	00:26:37.40	+00:07:45 (29.8%)	5:12	11.5 (70.1%)
74	WŁODARCZYK Olga	102		K-20	24	00:01:08	00:26:04.70	00:27:13.45	+00:07:47 (29.9%)	5:13	11.5 (70.1%)
75	ULATOWSKA Sylwia	688		K-30	36	00:01:53	00:26:08.45	00:28:01.90	+00:07:51 (30.0%)	5:13	11.5 (70.1%)
76	POTRZEBOWSKA Agata	295		K-30	37	00:00:47	00:26:15.50	00:27:03.20	+00:07:58 (30.4%)	5:15	11.4 (69.5%)
77	SCHUMACHER RATAJ Marta	1363		K-30	38	00:00:11	00:26:20.80	00:26:32.55	+00:08:03 (30.6%)	5:16	11.4 (69.5%)
78	MROTEK Katarzyna	1405		K-30	39	00:00:23	00:26:21.25	00:26:44.80	+00:08:04 (30.6%)	5:16	11.4 (69.5%)
79	TUSZYŃSKA Monika	1346		K-40	9	00:00:32	00:26:22.90	00:26:55.30	+00:08:05 (30.7%)	5:16	11.4 (69.5%)
80	GŁADYSZEW Sylwia	1048		K-30	40	00:00:23	00:26:24.70	00:26:47.75	+00:08:07 (30.8%)	5:16	11.4 (69.5%)
81	PADZIKOWSKA Agnieszka	934		K-30	41	00:00:23	00:26:27.40	00:26:50.65	+00:08:10 (30.9%)	5:17	11.3 (68.9%)
82	GONCERZEWICZ Katarzyna	1428		K-30	42	00:01:00	00:26:27.95	00:27:28.50	+00:08:10 (30.9%)	5:17	11.3 (68.9%)
83	JEZIORSKA Monika	841	ANIOŁY	K-30	43	00:01:00	00:26:29.45	00:27:29.70	+00:08:12 (31.0%)	5:17	11.3 (68.9%)
84	SAK Joanna	959		K-20	25	00:00:24	00:26:31.50	00:26:56.40	+00:08:14 (31.1%)	5:18	11.3 (68.9%)
85	FUZ Emilia	287		K-20	26	00:01:18	00:26:33.55	00:27:51.80	+00:08:16 (31.1%)	5:18	11.3 (68.9%)

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86	BESSER Joanna	1069		K-20	27	00:00:18	00:26:35.75	00:26:54.50	+00:08:18 (31.2%)	5:19	11.3 (68.9%)
87	KAMPER Małgorzata	1109		K-40	10	00:00:20	00:26:35.90	00:26:56.75	+00:08:18 (31.2%)	5:19	11.3 (68.9%)
88	PORAZINSKA Viktoria	614		K-40	11	00:00:51	00:26:39.00	00:27:30.60	+00:08:21 (31.4%)	5:19	11.3 (68.9%)
89	GRACZKOWSKA Mirosława	1416		K-40	12	00:00:50	00:26:39.10	00:27:29.90	+00:08:21 (31.4%)	5:19	11.3 (68.9%)
90	ANDRZEJEWSKA Sylwia	888		K-20	28	00:00:47	00:26:40.15	00:27:28.00	+00:08:22 (31.4%)	5:20	11.2 (68.3%)
91	BĄK Lidia	700	ZESPÓŁ SZKÓŁ CHEMICZNYCH	K-10	6	00:00:32	00:26:40.90	00:27:13.00	+00:08:23 (31.5%)	5:20	11.2 (68.3%)
92	NUNZEK Agnieszka	263		K-40	13	00:00:29	00:26:41.25	00:27:11.15	+00:08:24 (31.5%)	5:20	11.2 (68.3%)
93	GIŻA Wioletta	191	POLONIA BYDGOSZCZ SEKCJA LA	K-30	44	00:00:30	00:26:42.80	00:27:13.00	+00:08:25 (31.5%)	5:20	11.2 (68.3%)
94	ŚWIATOWY Daria	1049		K-20	29	00:00:27	00:26:43.15	00:27:10.50	+00:08:25 (31.6%)	5:20	11.2 (68.3%)
95	CZYŻEWSKA Justyna	810		K-30	45	00:00:19	00:26:44.55	00:27:04.05	+00:08:27 (31.6%)	5:21	11.2 (68.3%)
96	GÓRNA Karolina	546	BIEGAM BO LUBIĘ INOWROCŁAW	K-20	30	00:00:26	00:26:44.70	00:27:11.55	+00:08:27 (31.6%)	5:21	11.2 (68.3%)
97	FALKOWSKA - WIERCZEWSKA Natalia	1453		K-30	46	00:00:47	00:26:45.85	00:27:32.90	+00:08:28 (31.7%)	5:21	11.2 (68.3%)
98	HARASIMCZYK Weronika	676		K-20	31	00:00:42	00:26:48.65	00:27:31.45	+00:08:31 (31.8%)	5:21	11.2 (68.3%)
99	CICHULSKA QUAAS Izabela	271	RUN PASJA	K-30	47	00:00:59	00:26:50.85	00:27:50.20	+00:08:33 (31.9%)	5:22	11.2 (68.3%)
100	GÓZDŹ Milena	1126	JAŚ BIEGA	K-40	14	00:00:56	00:26:51.45	00:27:48.40	+00:08:34 (31.9%)	5:22	11.2 (68.3%)
101	CZARNECKA -PIJAROWSKA Dominika	887		K-30	48	00:01:14	00:26:52.35	00:28:06.60	+00:08:35 (31.9%)	5:22	11.2 (68.3%)
102	MUSS Karolina	379		K-40	15	00:01:40	00:26:55.50	00:28:35.80	+00:08:38 (32.1%)	5:23	11.1 (67.7%)
103	FORTUNIAK Patrycja	160		K-Open	1	00:00:41	00:26:57.05	00:27:38.60	+00:08:39 (32.1%)	5:23	11.1 (67.7%)
104	BELLUCCI Monica	939		K-20	32	00:00:00	00:27:00.10	00:27:00.10	+00:08:42 (32.3%)	5:24	11.1 (67.7%)
105	TRZÓŚŁO Dorota	756	TKKF WODNIK	K-30	49	00:01:29	00:27:02.95	00:28:31.95	+00:08:45 (32.4%)	5:24	11.1 (67.7%)
106	SZTURO Lidia	911		K-30	50	00:00:36	00:27:04.30	00:27:40.30	+00:08:47 (32.4%)	5:24	11.1 (67.7%)
107	BIERNAT Magdalena	925	PKO DREAM TEAM	K-30	51	00:00:32	00:27:04.40	00:27:37.20	+00:08:47 (32.5%)	5:25	11.1 (67.7%)
108	GADOMSKA Maria	333	RUN BYDGOSZCZ	K-60+	1	00:00:49	00:27:06.70	00:27:55.85	+00:08:49 (32.5%)	5:25	11.1 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	SZUBARTOWSKA Pola	1283		K-10	7	00:00:35	00:27:08.40	00:27:43.80	+00:08:51 (32.6%)	5:25	11.1 (67.7%)
110	JANKOWSKA Katarzyna	1009		K-40	16	00:00:31	00:27:12.90	00:27:44.35	+00:08:55 (32.8%)	5:26	11 (67.1%)
111	STRABEL Maria	1068		K-50	3	00:00:23	00:27:15.15	00:27:38.35	+00:08:57 (32.9%)	5:27	11 (67.1%)
112	BIERNAT Justyna	927	MKS INOWROCŁAW	K-10	8	00:00:00	00:27:15.90	00:27:15.90	+00:08:58 (32.9%)	5:27	11 (67.1%)
113	RATAJ Monika	838		K-20	33	00:01:13	00:27:19.85	00:28:33.00	+00:09:02 (33.1%)	5:28	11 (67.1%)
114	OŹGA Agnieszka	896		K-20	34	00:00:36	00:27:22.95	00:27:59.70	+00:09:05 (33.2%)	5:28	11 (67.1%)
115	FUZ Gabriela	280	KABEL TEAM BYDGOSZCZ	K-40	17	00:01:18	00:27:26.05	00:28:44.35	+00:09:08 (33.3%)	5:29	10.9 (66.5%)
116	DULIŃSKA Dorota	1480	TRISPACE	K-40	18	00:01:22	00:27:27.25	00:28:50.15	+00:09:10 (33.4%)	5:29	10.9 (66.5%)
117	CEMKE Magdalena	1184		K-20	35	00:00:13	00:27:29.15	00:27:42.80	+00:09:11 (33.5%)	5:29	10.9 (66.5%)
118	WOLAN Magdalena	791		K-30	52	00:01:20	00:27:31.20	00:28:51.60	+00:09:13 (33.5%)	5:30	10.9 (66.5%)
119	RAKAŁOWICZ Justyna	1064		K-30	53	00:00:30	00:27:31.55	00:28:01.90	+00:09:14 (33.6%)	5:30	10.9 (66.5%)
120	SKÓRCZ Małgorzata	1251		K-40	19	00:00:28	00:27:32.80	00:28:00.90	+00:09:15 (33.6%)	5:30	10.9 (66.5%)
121	GROBELNA Angelika	1055		K-40	20	00:00:51	00:27:33.75	00:28:25.05	+00:09:16 (33.7%)	5:30	10.9 (66.5%)
122	GRALAK Martyna	21		K-10	9	00:00:13	00:27:33.95	00:27:47.20	+00:09:16 (33.7%)	5:30	10.9 (66.5%)
123	WAWRZYNIAK Karolina	1124		K-30	54	00:00:41	00:27:37.35	00:28:18.55	+00:09:20 (33.8%)	5:31	10.9 (66.5%)
124	PŁACZKOWSKA Magdalena	1125		K-30	55	00:00:40	00:27:38.65	00:28:19.15	+00:09:21 (33.8%)	5:31	10.8 (65.9%)
125	KOWALSKA Anna	1295		K-20	36	00:01:29	00:27:39.50	00:29:09.20	+00:09:22 (33.9%)	5:32	10.8 (65.9%)
126	MAĆKOWIAK Kasia	844	-	K-30	56	00:01:30	00:27:40.75	00:29:10.90	+00:09:23 (33.9%)	5:32	10.8 (65.9%)
127	ADAMCZYK Sonia	1059	KLUB ZDROWEGO STYLU ŻYCIA	K-20	37	00:01:10	00:27:40.80	00:28:51.45	+00:09:23 (33.9%)	5:32	10.8 (65.9%)
128	GAPINSKA Patrycja	1216		K-30	57	00:00:09	00:27:43.05	00:27:52.75	+00:09:25 (34.0%)	5:32	10.8 (65.9%)
129	BARANOWSKA Julia	1071		K-10	10	00:01:11	00:27:43.15	00:28:54.35	+00:09:25 (34.0%)	5:32	10.8 (65.9%)
130	MAŁECKA Izabela	432		K-30	58	00:01:15	00:27:43.60	00:28:59.40	+00:09:26 (34.0%)	5:32	10.8 (65.9%)
131	SIUDA Anita	788		K-20	38	00:00:07	00:27:44.40	00:27:52.25	+00:09:27 (34.1%)	5:33	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	KUDŁA Monika	1399		K-30	59	00:01:29	00:27:44.65	00:29:14.50	+00:09:27 (34.1%)	5:33	10.8 (65.9%)
133	ROGALSKA Justyna	975		K-20	39	00:01:34	00:27:44.75	00:29:19.65	+00:09:27 (34.1%)	5:33	10.8 (65.9%)
134	JÓZEFIAK Alicja	486	VEGE RUNNERS	K-20	40	00:00:12	00:27:44.85	00:27:56.85	+00:09:27 (34.1%)	5:32	10.8 (65.9%)
135	CIECHANOWSKA Agnieszka	1481		K-20	41	00:00:09	00:27:45.30	00:27:54.80	+00:09:28 (34.1%)	5:33	10.8 (65.9%)
136	JÓZEFIAK Magdalena	522		K-50	4	00:00:11	00:27:45.40	00:27:56.75	+00:09:28 (34.1%)	5:33	10.8 (65.9%)
137	BRĄCZYK Ewa	833	TKKF WODNIK	K-40	21	00:01:29	00:27:46.20	00:29:16.05	+00:09:28 (34.1%)	5:33	10.8 (65.9%)
138	SIWIŃSKA Elżbieta	960	BBL INOWROCLAW	K-50	5	00:00:26	00:27:47.90	00:28:14.80	+00:09:30 (34.2%)	5:33	10.8 (65.9%)
139	MATUSZEWSKA Monika	377		K-30	60	00:01:26	00:27:48.00	00:29:14.20	+00:09:30 (34.2%)	5:33	10.8 (65.9%)
140	BARNIGIEL Agnieszka	19		K-40	22	00:00:11	00:27:48.75	00:28:00.10	+00:09:31 (34.2%)	5:33	10.8 (65.9%)
141	FAC Daria	1130		K-20	42	00:01:23	00:27:54.70	00:29:18.15	+00:09:37 (34.5%)	5:35	10.7 (65.2%)
142	NIKOŁAJEW Monika	142		K-30	61	00:00:58	00:27:55.15	00:28:54.10	+00:09:37 (34.5%)	5:35	10.7 (65.2%)
143	KROPIŃSKA Monika	1142		K-20	43	00:01:14	00:27:55.80	00:29:09.80	+00:09:38 (34.5%)	5:35	10.7 (65.2%)
144	BŁAŻEJAK Krzysztofa	99	RUN BYDGOSZCZ	K-30	62	00:01:12	00:27:57.90	00:29:10.65	+00:09:40 (34.6%)	5:35	10.7 (65.2%)
145	MUCYK Małgosia	672		K-30	63	00:00:38	00:27:58.10	00:28:36.25	+00:09:40 (34.6%)	5:35	10.7 (65.2%)
146	GRZONKA Emilia	172		K-20	44	00:00:49	00:28:00.35	00:28:49.60	+00:09:43 (34.7%)	5:36	10.7 (65.2%)
147	SOBOTA Beata	557		K-30	64	00:00:33	00:28:02.50	00:28:35.65	+00:09:45 (34.8%)	5:36	10.7 (65.2%)
148	NIEDBALSKA Monika	1259	EURO TIM SQAD	K-20	45	00:00:21	00:28:03.65	00:28:25.30	+00:09:46 (34.8%)	5:36	10.7 (65.2%)
149	SROCZYŃSKA Marta	393	POLONIA BYDGOSZCZ SLA	K-20	46	00:00:59	00:28:10.10	00:29:09.80	+00:09:52 (35.1%)	5:38	10.7 (65.2%)
150	KNIOŁA Alina	629	OSP JADWIŻYN	K-20	47	00:00:00	00:28:10.40	00:28:10.40	+00:09:53 (35.1%)	5:38	10.7 (65.2%)
151	BALCERZAK Dorota	328	BBL INOWROCLAW	K-40	23	00:00:26	00:28:10.75	00:28:37.30	+00:09:53 (35.1%)	5:38	10.6 (64.6%)
151	OLEKSY Ilona	463		K-30	65	00:01:11	00:28:10.75	00:29:22.70	+00:09:53 (35.1%)	5:38	10.6 (64.6%)
153	KULCZYCKA Agnieszka	281		K-20	48	00:00:56	00:28:10.90	00:29:07.00	+00:09:53 (35.1%)	5:38	10.6 (64.6%)
154	KACZAN Małgorzata	559	SOLECCY BIEGACZE	K-30	66	00:00:14	00:28:11.35	00:28:25.35	+00:09:54 (35.1%)	5:38	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
155	MALICKA Beata	782	BYDGOSCY BIEGACZE	K-50	6	00:01:26	00:28:13.60	00:29:39.90	+00:09:56 (35.2%)	5:38	10.6 (64.6%)
156	SZYMBORSKA Patrycja	178		K-20	49	00:01:08	00:28:13.65	00:29:22.25	+00:09:56 (35.2%)	5:38	10.6 (64.6%)
157	PAWLACZYK-MATELA Emilia	634	BYDGOSKA GAZELA	K-30	67	00:00:24	00:28:16.90	00:28:41.70	+00:09:59 (35.3%)	5:39	10.6 (64.6%)
158	DZIERŻAWSKA Aneta	1099		K-30	68	00:01:12	00:28:17.55	00:29:29.75	+00:10:00 (35.4%)	5:39	10.6 (64.6%)
159	PAWELEC Pola	1425		K-10	11	00:01:02	00:28:20.70	00:29:22.90	+00:10:03 (35.5%)	5:40	10.6 (64.6%)
160	WIŚNIEWSKA-KACZOR Iga	1047		K-20	50	00:00:21	00:28:21.05	00:28:42.10	+00:10:03 (35.5%)	5:40	10.6 (64.6%)
161	HOŁOWNIA Karolina	227		K-20	51	00:00:13	00:28:22.45	00:28:35.65	+00:10:05 (35.5%)	5:40	10.6 (64.6%)
162	WITUCKA Malwina	1111		K-20	52	00:01:02	00:28:23.60	00:29:26.05	+00:10:06 (35.6%)	5:40	10.6 (64.6%)
163	OWCZAREK Agnieszka	1333		K-20	53	00:00:13	00:28:24.50	00:28:38.20	+00:10:07 (35.6%)	5:41	10.6 (64.6%)
164	FILIPEK Mirosława	553		K-30	69	00:00:13	00:28:24.75	00:28:38.50	+00:10:07 (35.6%)	5:41	10.6 (64.6%)
165	RYDELSKA Kinga	514		K-40	24	00:00:39	00:28:25.10	00:29:04.15	+00:10:07 (35.6%)	5:41	10.6 (64.6%)
166	WIELUŃSKA Dorota	652		K-20	54	00:00:31	00:28:27.15	00:28:58.15	+00:10:09 (35.7%)	5:41	10.5 (64.0%)
167	WITKOWSKA Paulina	1199	VIVA LA VIDA	K-30	70	00:00:19	00:28:27.40	00:28:47.30	+00:10:10 (35.7%)	5:41	10.5 (64.0%)
168	WRZYSZCZ Marzena	620		K-30	71	00:00:39	00:28:29.50	00:29:09.00	+00:10:12 (35.8%)	5:42	10.5 (64.0%)
169	JACKOWIAK-ZALEWSKA Agnieszka	766		K-30	72	00:01:26	00:28:30.45	00:29:57.15	+00:10:13 (35.9%)	5:42	10.5 (64.0%)
170	STYKAŁA Adrianna	248		K-10	12	00:01:25	00:28:31.55	00:29:57.00	+00:10:14 (35.9%)	5:42	10.5 (64.0%)
171	STYKAŁA Magdalena	246		K-40	25	00:01:25	00:28:32.00	00:29:57.30	+00:10:14 (35.9%)	5:42	10.5 (64.0%)
172	CYGAN Magdalena	1150		K-40	26	00:00:48	00:28:34.45	00:29:23.30	+00:10:17 (36.0%)	5:43	10.5 (64.0%)
173	KRUKOWSKA Joanna	1431		K-20	55	00:01:04	00:28:34.75	00:29:39.60	+00:10:17 (36.0%)	5:43	10.5 (64.0%)
174	GNIOT Bożena	615		K-30	73	00:01:24	00:28:35.05	00:29:59.45	+00:10:17 (36.0%)	5:43	10.5 (64.0%)
175	SMOLIŃSKA Beata	158		K-30	74	00:00:02	00:28:36.35	00:28:39.30	+00:10:19 (36.1%)	5:43	10.5 (64.0%)
176	BACKO Aurelia	1118		K-20	56	00:00:20	00:28:36.60	00:28:57.20	+00:10:19 (36.1%)	5:43	10.5 (64.0%)
177	HANCZEWSKA Sonia	655		K-20	57	00:00:11	00:28:39.95	00:28:51.60	+00:10:22 (36.2%)	5:44	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	SIEWERT Hanna	148		K-30	75	00:00:57	00:28:40.40	00:29:38.15	+00:10:23 (36.2%)	5:44	10.5 (64.0%)
179	CISZEWSKA Emilia	560		K-30	76	00:00:41	00:28:40.45	00:29:22.15	+00:10:23 (36.2%)	5:44	10.5 (64.0%)
180	SKARBEEK Emilia	1081		K-10	13	00:00:22	00:28:42.10	00:29:04.65	+00:10:24 (36.3%)	5:44	10.5 (64.0%)
181	MICHTA Iwona	1306	SPÓJNIA BIAŁE BŁOTA	K-30	77	00:01:22	00:28:43.20	00:30:05.40	+00:10:25 (36.3%)	5:44	10.4 (63.4%)
182	POTKA Katarzyna	114		K-30	78	00:01:45	00:28:45.35	00:30:30.50	+00:10:28 (36.4%)	5:45	10.4 (63.4%)
183	LIBERA Agata	781		K-30	79	00:00:26	00:28:50.15	00:29:16.15	+00:10:32 (36.6%)	5:46	10.4 (63.4%)
184	BRYWCZYŃSKA Justyna	307		K-30	80	00:00:45	00:28:51.85	00:29:37.05	+00:10:34 (36.6%)	5:46	10.4 (63.4%)
185	FAC Dorota	1129		K-30	81	00:01:23	00:28:56.20	00:30:20.10	+00:10:38 (36.8%)	5:47	10.4 (63.4%)
186	BICZKOWSKA Magdalena	416	RUN BYDGOSZCZ	K-30	82	00:01:16	00:29:01.00	00:30:17.50	+00:10:43 (37.0%)	5:48	10.3 (62.8%)
186	GORGOL Renata	642	RUN BYDGOSZCZ	K-40	27	00:01:16	00:29:01.00	00:30:17.85	+00:10:43 (37.0%)	5:48	10.3 (62.8%)
188	BASZANOWSKA Sylwia	847		K-40	28	00:00:30	00:29:01.05	00:29:31.75	+00:10:43 (37.0%)	5:48	10.3 (62.8%)
189	NOWAK Natalia	1458		K-10	14	00:00:00	00:29:03.85	00:29:03.85	+00:10:46 (37.1%)	5:48	10.3 (62.8%)
190	HAUS Katarzyna	656	BBL SZUBIN	K-40	29	00:00:31	00:29:04.95	00:29:35.95	+00:10:47 (37.1%)	5:48	10.3 (62.8%)
191	BOROWIEC Wioleta	662	BBL SZUBIN	K-30	83	00:00:30	00:29:05.15	00:29:36.05	+00:10:47 (37.1%)	5:49	10.3 (62.8%)
192	FLOREK Milena	54	RE MEDIA BYDGOSZCZ	K-30	84	00:00:38	00:29:08.95	00:29:47.75	+00:10:51 (37.3%)	5:49	10.3 (62.8%)
193	DOMŻALSKA Sławomira	1331		K-40	30	00:01:41	00:29:10.85	00:30:52.75	+00:10:53 (37.3%)	5:50	10.3 (62.8%)
194	MARĆ Klara	539		K-10	15	00:01:10	00:29:11.65	00:30:22.55	+00:10:54 (37.4%)	5:50	10.3 (62.8%)
195	PIECYK-CZAJA Sonia	1272		K-30	85	00:01:07	00:29:12.30	00:30:19.50	+00:10:55 (37.4%)	5:50	10.3 (62.8%)
196	MAĆKOWIAK Magdalena	341		K-20	58	00:01:03	00:29:13.40	00:30:16.65	+00:10:56 (37.4%)	5:50	10.3 (62.8%)
197	MAJEWICZ Sylwia	1277		K-20	59	00:00:40	00:29:15.65	00:29:56.40	+00:10:58 (37.5%)	5:51	10.3 (62.8%)
198	RZEPECKA Katarzyna	72		K-30	86	00:01:17	00:29:16.60	00:30:33.80	+00:10:59 (37.5%)	5:51	10.3 (62.8%)
199	BUSSE Jagoda	279		K-30	87	00:00:27	00:29:17.10	00:29:44.85	+00:10:59 (37.6%)	5:51	10.2 (62.2%)
200	OBREMSKA Natalia	497		K-20	60	00:01:39	00:29:18.20	00:30:57.60	+00:11:00 (37.6%)	5:51	10.2 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
201	PAPROCKA Małgorzata	834		K-40	31	00:00:44	00:29:18.85	00:30:03.25	+00:11:01 (37.6%)	5:51	10.2 (62.2%)
202	ROPINSKA Kamila	1373	WTORKOWY TRENING	K-30	88	00:01:06	00:29:19.45	00:30:25.95	+00:11:02 (37.6%)	5:51	10.2 (62.2%)
203	KAPUSTA Anna	692	PGB SPORTOWA PACZKA	K-30	89	00:01:37	00:29:20.00	00:30:57.95	+00:11:02 (37.7%)	5:52	10.2 (62.2%)
204	ŁABUŚ-CENTEK Marta	812		K-30	90	00:00:49	00:29:22.80	00:30:12.35	+00:11:05 (37.8%)	5:52	10.2 (62.2%)
205	SOKÓŁ Krystyna	163		K-20	61	00:01:03	00:29:23.35	00:30:27.05	+00:11:06 (37.8%)	5:52	10.2 (62.2%)
206	ANDRYSZAK Vanessa	1313	GIMNAZJUM NWW	K-10	16	00:00:42	00:29:23.75	00:30:05.75	+00:11:06 (37.8%)	5:52	10.2 (62.2%)
207	KUGACZ Aneta	410	RUN BYDGOSZCZ	K-30	91	00:01:07	00:29:24.95	00:30:32.65	+00:11:07 (37.8%)	5:53	10.2 (62.2%)
208	WASILEWSKA-MICHALAK Agata	1394		K-30	92	00:01:35	00:29:25.75	00:31:01.55	+00:11:08 (37.9%)	5:53	10.2 (62.2%)
209	WASILEWSKA Martyna	1011		K-30	93	00:01:35	00:29:26.00	00:31:01.55	+00:11:08 (37.9%)	5:53	10.2 (62.2%)
210	BIŁYK Marta	1026		K-30	94	00:00:52	00:29:26.90	00:30:19.75	+00:11:09 (37.9%)	5:53	10.2 (62.2%)
211	GIŁKA Gosia	120	BW SQUAD	K-20	62	00:00:42	00:29:27.65	00:30:10.15	+00:11:10 (37.9%)	5:53	10.2 (62.2%)
212	MIKA Monika	723		K-20	63	00:00:32	00:29:27.70	00:30:00.65	+00:11:10 (37.9%)	5:53	10.2 (62.2%)
213	GUZMANN Dorota	1381	AKADEMIA BIEGANIA GRUDZIĄDZ	K-40	32	00:01:06	00:29:28.40	00:30:34.40	+00:11:11 (38.0%)	5:53	10.2 (62.2%)
214	MICHALSKA Aleksandra	1397		K-40	33	00:00:39	00:29:29.95	00:30:09.45	+00:11:12 (38.0%)	5:54	10.2 (62.2%)
215	MELLEM-ZWIEWKA Małgorzata	631	BIEGAJĄCE BABECZKI	K-30	95	00:01:17	00:29:30.05	00:30:47.35	+00:11:12 (38.0%)	5:54	10.2 (62.2%)
216	RYCZAK Julia	506		K-10	17	00:00:04	00:29:30.45	00:29:34.65	+00:11:13 (38.0%)	5:54	10.2 (62.2%)
217	STOKŁOSA Natalia	792		K-30	96	00:01:45	00:29:33.85	00:31:19.35	+00:11:16 (38.1%)	5:54	10.1 (61.6%)
218	KRZYŻELEWSKA - SUŚ Anna	691	BYDZIA POWER	K-40	34	00:01:17	00:29:34.70	00:30:52.20	+00:11:17 (38.2%)	5:55	10.1 (61.6%)
219	JĘDRZEJCZAK Aleksandra	217		K-20	64	00:01:06	00:29:36.05	00:30:42.45	+00:11:18 (38.2%)	5:55	10.1 (61.6%)
220	KLIMCZAK Katarzyna	669		K-Open	2	00:00:18	00:29:36.30	00:29:54.30	+00:11:19 (38.2%)	5:55	10.1 (61.6%)
220	ĆWIKLIŃSKA Anna	282	KLONIKTEAM	K-30	97	00:01:24	00:29:36.30	00:31:01.15	+00:11:19 (38.2%)	5:55	10.1 (61.6%)
222	KAMIŃSKA Katarzyna	380	B4SPORT	K-30	98	00:00:58	00:29:36.80	00:30:35.50	+00:11:19 (38.2%)	5:55	10.1 (61.6%)
223	WEŁNIŃSKA Ola	157		K-20	65	00:00:39	00:29:39.50	00:30:18.95	+00:11:22 (38.3%)	5:55	10.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	JARZEMSKA Alicja	112	BYDGOSZCZ TRIATHLON TEAM	K-20	66	00:01:36	00:29:40.25	00:31:16.90	+00:11:23 (38.4%)	5:56	10.1 (61.6%)
225	SZPERA Joanna	303		K-40	35	00:00:55	00:29:40.90	00:30:36.55	+00:11:23 (38.4%)	5:56	10.1 (61.6%)
226	SZALA Monika	574		K-30	99	00:01:26	00:29:41.00	00:31:07.80	+00:11:23 (38.4%)	5:56	10.1 (61.6%)
227	JAŹDŹEWSKA Alicja	234		K-30	100	00:01:31	00:29:41.70	00:31:13.50	+00:11:24 (38.4%)	5:56	10.1 (61.6%)
228	WILCZYŃSKA Iga	470		K-10	18	00:01:11	00:29:42.10	00:30:53.75	+00:11:24 (38.4%)	5:56	10.1 (61.6%)
229	BUSZTA Julia	1105		K-10	19	00:01:12	00:29:42.20	00:30:54.40	+00:11:24 (38.4%)	5:56	10.1 (61.6%)
230	SOBOWIEC Mirka	759	SOBOWIEC TEAM	K-30	101	00:01:10	00:29:43.35	00:30:53.50	+00:11:26 (38.5%)	5:56	10.1 (61.6%)
231	WIŚNIEWSKA Karina	771		K-10	20	00:01:17	00:29:47.00	00:31:04.20	+00:11:29 (38.6%)	5:57	10.1 (61.6%)
232	PODOSEK Magdalena	1254		K-30	102	00:01:02	00:29:49.30	00:30:52.25	+00:11:32 (38.7%)	5:58	10.1 (61.6%)
233	SZATKOWSKA Beata	40		K-50	7	00:01:40	00:29:50.80	00:31:30.95	+00:11:33 (38.7%)	5:58	10.1 (61.6%)
234	RYDLEWSKA Kinga	930	RUN BYDGOSZCZ	K-30	103	00:00:22	00:29:51.05	00:30:13.20	+00:11:33 (38.7%)	5:58	10.1 (61.6%)
235	RONKIEWICZ Dominika	915	SPORT FACTORY	K-10	21	00:01:00	00:29:54.60	00:30:55.40	+00:11:37 (38.9%)	5:59	10 (61.0%)
236	WOJTOWICZ Milena	1315		K-20	67	00:01:18	00:29:55.00	00:31:13.85	+00:11:37 (38.9%)	5:59	10 (61.0%)
236	NALEWALSKA Justyna	13		K-20	68	00:01:26	00:29:55.00	00:31:21.25	+00:11:37 (38.9%)	5:59	10 (61.0%)
238	RONKIEWICZ Dorota	909	SPORT FACTORY	K-40	36	00:01:00	00:29:55.20	00:30:55.45	+00:11:37 (38.9%)	5:59	10 (61.0%)
239	MIKOŁAJCZAK Magdalena	769		K-40	37	00:00:52	00:29:57.00	00:30:49.25	+00:11:39 (38.9%)	5:59	10 (61.0%)
240	FLORCZAK Monika	1217	KLUB RTV EURO AGD	K-30	104	00:01:08	00:29:57.95	00:31:06.45	+00:11:40 (39.0%)	5:59	10 (61.0%)
241	SUSZEK Katarzyna	177		K-30	105	00:01:32	00:30:00.45	00:31:33.05	+00:11:43 (39.1%)	6:00	10 (61.0%)
242	RADZIŃSKA Joanna	143		K-30	106	00:00:39	00:30:01.65	00:30:41.35	+00:11:44 (39.1%)	6:00	10 (61.0%)
242	STASIEWSKA Julia	294		K-10	22	00:00:55	00:30:01.65	00:30:56.85	+00:11:44 (39.1%)	6:00	10 (61.0%)
244	LENC Agnieszka	165	POLONIA BYDGOSZCZ SEKCJA LA	K-30	107	00:01:00	00:30:02.35	00:31:02.35	+00:11:45 (39.1%)	6:00	10 (61.0%)
245	MICHALAK- WIECHA Ewa	730		K-40	38	00:00:12	00:30:03.35	00:30:15.95	+00:11:46 (39.2%)	6:00	10 (61.0%)
246	PRZERACKA Monika	882	BYDGOSZCZ	K-20	69	00:00:44	00:30:05.65	00:30:50.55	+00:11:48 (39.2%)	6:01	10 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	PIÓRKOWSKA Aga	159		K-30	108	00:01:30	00:30:06.05	00:31:36.35	+00:11:48 (39.2%)	6:01	10 (61.0%)
248	CZYŻEWSKA ŁYSKO Monika	1265		K-40	39	00:00:41	00:30:06.90	00:30:48.45	+00:11:49 (39.3%)	6:01	10 (61.0%)
249	WINIECKA Beata	1280		K-40	40	00:01:12	00:30:07.05	00:31:19.05	+00:11:49 (39.3%)	6:01	10 (61.0%)
250	MAJEWSKA Monika	1395		K-30	109	00:00:56	00:30:07.85	00:31:04.45	+00:11:50 (39.3%)	6:01	10 (61.0%)
251	GACKOWSKA Marta	1355		K-20	70	00:01:43	00:30:08.60	00:31:52.20	+00:11:51 (39.3%)	6:01	10 (61.0%)
252	MOROSZCZAK Dominika	779	SPÓJNIA BIAŁE BŁOTA	K-30	110	00:01:14	00:30:10.35	00:31:25.05	+00:11:53 (39.4%)	6:02	9.9 (60.4%)
253	MOROSZCZAK Lea	755	SPÓJNIA BIAŁE BŁOTA	K-10	23	00:01:14	00:30:10.90	00:31:25.05	+00:11:53 (39.4%)	6:02	9.9 (60.4%)
254	KANIEWSKA Alicja	1371	AKADEMIA BIEGANIA	K-40	41	00:01:06	00:30:11.55	00:31:18.25	+00:11:54 (39.4%)	6:02	9.9 (60.4%)
255	WYSOCKA Karolina	1003		K-20	71	00:01:05	00:30:14.35	00:31:19.95	+00:11:57 (39.5%)	6:02	9.9 (60.4%)
256	JACHIMOWSKA Malwina	1452		K-20	72	00:01:38	00:30:15.15	00:31:53.95	+00:11:57 (39.6%)	6:03	9.9 (60.4%)
257	RASZKOWSKA Klaudia	1451		K-20	73	00:01:38	00:30:15.25	00:31:53.45	+00:11:58 (39.6%)	6:03	9.9 (60.4%)
258	SZMATUŁA Elżbieta	376		K-20	74	00:01:38	00:30:15.75	00:31:53.85	+00:11:58 (39.6%)	6:03	9.9 (60.4%)
259	NOSKOWIAK-BAJNO Alicja	920		K-30	111	00:00:28	00:30:19.50	00:30:48.15	+00:12:02 (39.7%)	6:04	9.9 (60.4%)
260	KALINOWSKA Patrycja	924		K-20	75	00:00:28	00:30:20.10	00:30:48.15	+00:12:02 (39.7%)	6:04	9.9 (60.4%)
261	MAJEWICZ Violetta	1276		K-50	8	00:00:41	00:30:22.10	00:31:04.05	+00:12:04 (39.8%)	6:04	9.9 (60.4%)
262	KOWALIKOWSKA Marta	601	TRIFORFUN	K-20	76	00:00:16	00:30:24.85	00:30:41.00	+00:12:07 (39.9%)	6:05	9.9 (60.4%)
263	MĄDRZYŃSKA Kamila	777		K-20	77	00:01:27	00:30:25.75	00:31:52.75	+00:12:08 (39.9%)	6:05	9.9 (60.4%)
264	TSHISENSE Marta	1223	CAŁA TWOJA	K-40	42	00:01:39	00:30:26.30	00:32:05.50	+00:12:09 (39.9%)	6:05	9.9 (60.4%)
265	LEWANDOWSKA Sylwia	1305		K-30	112	00:01:22	00:30:31.30	00:31:54.25	+00:12:14 (40.1%)	6:06	9.8 (59.8%)
266	SOBCZYŃSKA Aleksandra	111		K-20	78	00:01:40	00:30:31.75	00:32:12.50	+00:12:14 (40.1%)	6:06	9.8 (59.8%)
267	KATLEWSKA Marika	98		K-30	113	00:00:24	00:30:33.90	00:30:58.10	+00:12:16 (40.2%)	6:06	9.8 (59.8%)
268	BIALAS Oliwia	578		K-30	114	00:00:45	00:30:34.55	00:31:19.95	+00:12:17 (40.2%)	6:06	9.8 (59.8%)
269	NIEWIADOMSKA Katarzyna	609	BBL INOWROCŁAW	K-30	115	00:00:49	00:30:35.40	00:31:24.75	+00:12:18 (40.2%)	6:07	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	CHRÓŚCIŃSKA Justyna	4	GORDON RUN	K-20	79	00:01:01	00:30:36.05	00:31:37.75	+00:12:18 (40.2%)	6:07	9.8 (59.8%)
271	STRZESZAK Sylwia	647		K-20	80	00:00:15	00:30:37.20	00:30:52.25	+00:12:19 (40.3%)	6:07	9.8 (59.8%)
272	KISZKA Justyna	444	RUNPASJA	K-30	116	00:01:02	00:30:37.40	00:31:39.45	+00:12:20 (40.3%)	6:07	9.8 (59.8%)
273	CZESZUMSKA Karolina	1408		K-30	117	00:01:03	00:30:38.00	00:31:41.55	+00:12:20 (40.3%)	6:07	9.8 (59.8%)
274	ZATOŃ Bożena	103	RUN PASJA	K-50	9	00:01:01	00:30:38.50	00:31:39.90	+00:12:21 (40.3%)	6:07	9.8 (59.8%)
275	KOSTECKA Mariola	1463		K-30	118	00:00:09	00:30:39.25	00:30:48.95	+00:12:22 (40.3%)	6:07	9.8 (59.8%)
276	WARCZAK Celina	251		K-30	119	00:00:55	00:30:39.60	00:31:35.25	+00:12:22 (40.4%)	6:08	9.8 (59.8%)
277	MARĆ Aga	528		K-40	43	00:01:11	00:30:39.85	00:31:51.25	+00:12:22 (40.4%)	6:08	9.8 (59.8%)
278	PIĄTEK Lidia	648	BIEGAJĄCE BABECZKI	K-30	120	00:01:18	00:30:40.45	00:31:59.15	+00:12:23 (40.4%)	6:08	9.8 (59.8%)
279	MALATYŃSKA Barbara	1238		K-40	44	00:01:16	00:30:42.70	00:31:59.10	+00:12:25 (40.5%)	6:08	9.8 (59.8%)
280	KOWALSKA Angelika	725	RUN PASJA	K-30	121	00:01:16	00:30:42.75	00:31:59.15	+00:12:25 (40.5%)	6:08	9.8 (59.8%)
281	ŻYTNIEWSKA Joanna	1383	RUN PASJA	K-30	122	00:01:15	00:30:43.20	00:31:59.10	+00:12:25 (40.5%)	6:08	9.8 (59.8%)
282	BŁACHEWICZ Magdalena	878		K-30	123	00:01:41	00:30:43.55	00:32:25.45	+00:12:26 (40.5%)	6:08	9.8 (59.8%)
283	PRZEWOŹNIAK Marta	763		K-20	81	00:01:40	00:30:45.20	00:32:25.30	+00:12:27 (40.5%)	6:09	9.8 (59.8%)
284	ANTCZAK Karolina	984		K-30	124	00:00:33	00:30:46.50	00:31:20.25	+00:12:29 (40.6%)	6:09	9.7 (59.1%)
285	JURUŚ Jolanta	948		K-50	10	00:00:43	00:30:46.60	00:31:30.30	+00:12:29 (40.6%)	6:09	9.7 (59.1%)
286	JUNKA Karolina	748		K-20	82	00:01:39	00:30:47.80	00:32:27.45	+00:12:30 (40.6%)	6:09	9.7 (59.1%)
287	PIOTROWSKA Beata	1023	TRISTYLE.PL	K-30	125	00:00:23	00:30:49.40	00:31:12.70	+00:12:32 (40.7%)	6:09	9.7 (59.1%)
288	KOSECKA Justyna	961		K-30	126	00:01:15	00:30:49.95	00:32:05.25	+00:12:32 (40.7%)	6:10	9.7 (59.1%)
289	CHOJNACKA Monika	1281		K-30	127	00:01:40	00:30:50.10	00:32:31.05	+00:12:32 (40.7%)	6:10	9.7 (59.1%)
290	PASIEKA Magda	957		K-30	128	00:01:15	00:30:50.40	00:32:05.55	+00:12:33 (40.7%)	6:10	9.7 (59.1%)
291	JUNKA Małgorzata	857		K-40	45	00:01:38	00:30:50.50	00:32:29.30	+00:12:33 (40.7%)	6:10	9.7 (59.1%)
292	MUCHA-BOINSKA Ania	235		K-30	129	00:00:48	00:30:52.90	00:31:41.45	+00:12:35 (40.8%)	6:10	9.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	HILLER Marta	923		K-10	24	00:01:28	00:30:55.25	00:32:23.45	+00:12:38 (40.9%)	6:11	9.7 (59.1%)
294	HILLER Marta	1148		K-20	83	00:01:27	00:30:55.45	00:32:23.35	+00:12:38 (40.9%)	6:11	9.7 (59.1%)
295	KLUGIEWICZ Dorota	933		K-40	46	00:00:48	00:31:02.60	00:31:50.60	+00:12:45 (41.1%)	6:12	9.7 (59.1%)
296	SKORNIA Agata	1308		K-40	47	00:01:37	00:31:03.80	00:32:41.75	+00:12:46 (41.1%)	6:12	9.7 (59.1%)
297	SKORNIA Marika	1309		K-20	84	00:01:37	00:31:03.95	00:32:41.45	+00:12:46 (41.1%)	6:12	9.7 (59.1%)
298	DEPKA Agnieszka	133		K-30	130	00:01:32	00:31:06.50	00:32:38.60	+00:12:49 (41.2%)	6:13	9.6 (58.5%)
299	RASSALSKA-KAUSA Jola	118		K-30	131	00:00:27	00:31:06.55	00:31:33.85	+00:12:49 (41.2%)	6:13	9.6 (58.5%)
300	PŁACZKOWSKA Justyna	42	WEEKENDOWY BIEGACZ	K-20	85	00:01:27	00:31:07.55	00:32:34.80	+00:12:50 (41.2%)	6:13	9.6 (58.5%)
301	NURKIEWICZ Zofia	864		K-10	25	00:01:47	00:31:11.25	00:32:58.60	+00:12:54 (41.4%)	6:14	9.6 (58.5%)
302	SZTEJKA Jolanta	477	BENEFITKSO	K-30	132	00:01:29	00:31:11.55	00:32:40.90	+00:12:54 (41.4%)	6:14	9.6 (58.5%)
303	NURKIEWICZ Dobrosława	596		K-40	48	00:01:48	00:31:12.30	00:33:00.60	+00:12:55 (41.4%)	6:14	9.6 (58.5%)
304	GRZECHOWIAK Anna	94		K-20	86	00:00:02	00:31:13.40	00:31:15.90	+00:12:56 (41.4%)	6:14	9.6 (58.5%)
305	BRĄGIEL Anna	109	VEGE RUNNERS	K-30	133	00:01:49	00:31:14.25	00:33:03.55	+00:12:57 (41.5%)	6:14	9.6 (58.5%)
306	ŁAŃCUCKA Agnieszka	1072		K-40	49	00:00:29	00:31:17.50	00:31:47.10	+00:13:00 (41.6%)	6:15	9.6 (58.5%)
307	SOBCZYŃSKA Katarzyna	12		K-20	87	00:01:28	00:31:18.60	00:32:46.60	+00:13:01 (41.6%)	6:15	9.6 (58.5%)
308	SZYBKA Angelika	969		K-20	88	00:01:15	00:31:20.55	00:32:36.40	+00:13:03 (41.7%)	6:16	9.6 (58.5%)
309	ŁĄCZNA Agnieszka	1353		K-30	134	00:00:24	00:31:20.70	00:31:44.70	+00:13:03 (41.7%)	6:16	9.6 (58.5%)
310	BURCHARDT Mirka	1039	RWT W BYDGOSZCZY	K-60+	2	00:00:16	00:31:23.30	00:31:40.05	+00:13:06 (41.7%)	6:16	9.6 (58.5%)
311	KACZMAREK Anna	364		K-30	135	00:01:03	00:31:28.15	00:32:31.75	+00:13:10 (41.9%)	6:17	9.5 (57.9%)
312	BUBLIK Aleksandra	513		K-20	89	00:01:40	00:31:28.25	00:33:08.25	+00:13:11 (41.9%)	6:17	9.5 (57.9%)
313	MEGER Agnieszka	429		K-30	136	00:01:17	00:31:29.55	00:32:47.30	+00:13:12 (41.9%)	6:18	9.5 (57.9%)
314	FRANCISZKIEWICZ Monika	956		K-20	90	00:00:45	00:31:29.95	00:32:15.75	+00:13:12 (41.9%)	6:18	9.5 (57.9%)
315	BUSZTA Anna	1101	KLUB ZDROWEGO STYLU ŻYCIA	K-30	137	00:01:11	00:31:32.75	00:32:44.35	+00:13:15 (42.0%)	6:18	9.5 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	CHOIŃSKA Dagmara	253		K-30	138	00:01:10	00:31:33.95	00:32:44.90	+00:13:16 (42.1%)	6:18	9.5 (57.9%)
317	KOBYLARZ Paulina Róża	996		K-20	91	00:01:16	00:31:35.75	00:32:52.65	+00:13:18 (42.1%)	6:19	9.5 (57.9%)
318	NAWROCKA Joanna	1134	VAUPE TEAM	K-30	139	00:01:14	00:31:38.75	00:32:52.75	+00:13:21 (42.2%)	6:19	9.5 (57.9%)
319	PIETRZAK Marta	342	BBL INOWROCŁAW	K-40	50	00:00:52	00:31:39.00	00:32:31.85	+00:13:21 (42.2%)	6:19	9.5 (57.9%)
320	KRUSIK Aleksandra	727	ALBATROSY	K-20	92	00:00:33	00:31:39.25	00:32:12.80	+00:13:22 (42.2%)	6:19	9.5 (57.9%)
320	GLISZCZYŃSKA Joanna	699		K-20	93	00:00:51	00:31:39.25	00:32:31.00	+00:13:22 (42.2%)	6:20	9.5 (57.9%)
322	TOKARSKA Alicja	946	VEGE RUNNERS	K-30	140	00:01:41	00:31:43.85	00:33:25.15	+00:13:26 (42.4%)	6:20	9.5 (57.9%)
323	ŚLESIŃSKA Ewa	1054		K-40	51	00:00:53	00:31:47.75	00:32:41.35	+00:13:30 (42.5%)	6:21	9.4 (57.3%)
324	OSZUŚCIK Agata	1433		K-30	141	00:01:05	00:31:49.30	00:32:55.10	+00:13:32 (42.5%)	6:22	9.4 (57.3%)
325	ZARĘBSKA Sylwia	1058		K-20	94	00:00:54	00:31:50.80	00:32:45.00	+00:13:33 (42.6%)	6:22	9.4 (57.3%)
326	NAPIÓRKOWSKA Ewa	492		K-50	11	00:01:31	00:31:54.75	00:33:25.85	+00:13:37 (42.7%)	6:22	9.4 (57.3%)
327	SMOLEŃ Joanna	820		K-30	142	00:01:42	00:31:56.00	00:33:38.50	+00:13:38 (42.7%)	6:23	9.4 (57.3%)
328	KUBIAK Małgorzata	1159		K-30	143	00:01:25	00:32:00.25	00:33:25.35	+00:13:43 (42.9%)	6:24	9.4 (57.3%)
329	JAKUBIEC Adrianna	816	SOLECCY BIEGACZE	K-20	95	00:01:25	00:32:00.65	00:33:25.65	+00:13:43 (42.9%)	6:24	9.4 (57.3%)
330	KARDACH Magdalena	145	ALLIANZ RUNNING TEAM	K-30	144	00:01:41	00:32:05.30	00:33:47.10	+00:13:48 (43.0%)	6:25	9.3 (56.7%)
331	KROLL Agnieszka	422	RUN BYDGOSZCZ	K-20	96	00:00:22	00:32:06.05	00:32:28.60	+00:13:48 (43.0%)	6:25	9.3 (56.7%)
332	KITOWSKA Anna	855		K-30	145	00:01:07	00:32:06.30	00:33:14.00	+00:13:49 (43.0%)	6:25	9.3 (56.7%)
333	PAZDERSKA Aleksandra	155		K-30	146	00:00:37	00:32:07.15	00:32:44.85	+00:13:49 (43.1%)	6:25	9.3 (56.7%)
334	JAGODZIŃSKA Julita	375		K-20	97	00:00:24	00:32:08.95	00:32:33.15	+00:13:51 (43.1%)	6:25	9.3 (56.7%)
335	KO-KO Anna	185	GORZEN RUN	K-30	147	00:01:31	00:32:10.60	00:33:41.65	+00:13:53 (43.2%)	6:26	9.3 (56.7%)
336	LEPERT Monika	876	BBL SZUBIN	K-20	98	00:00:29	00:32:12.45	00:32:41.65	+00:13:55 (43.2%)	6:26	9.3 (56.7%)
337	MALICKA Maria	264	MALMEDIA	K-30	148	00:01:26	00:32:15.05	00:33:41.85	+00:13:57 (43.3%)	6:27	9.3 (56.7%)
338	GÓRSKA Paulina	1075		K-30	149	00:01:26	00:32:16.30	00:33:42.50	+00:13:59 (43.3%)	6:27	9.3 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
339	PISKORSKA Marta	814	SOLECCY BIEGACZE	K-30	150	00:01:24	00:32:16.55	00:33:41.50	+00:13:59 (43.3%)	6:27	9.3 (56.7%)
340	BŁASZKIEWICZ Marzena	258		K-30	151	00:00:28	00:32:17.35	00:32:46.20	+00:14:00 (43.4%)	6:27	9.3 (56.7%)
341	MIELCAREK Małgorzata	943		K-40	52	00:01:01	00:32:29.25	00:33:31.10	+00:14:12 (43.7%)	6:30	9.2 (56.1%)
342	MALCZEWSKA Mirka	822	SPORT FAKTORY	K-50	12	00:01:36	00:32:29.95	00:34:06.50	+00:14:12 (43.7%)	6:30	9.2 (56.1%)
343	ROJEWSKA Beata	731		K-40	53	00:00:11	00:32:31.20	00:32:42.95	+00:14:13 (43.8%)	6:30	9.2 (56.1%)
344	ZUZA-WITKOWSKA Anna	218		K-40	54	00:01:49	00:32:31.40	00:34:20.85	+00:14:14 (43.8%)	6:30	9.2 (56.1%)
345	THIEDE Magdalena	327	BYDGOSKI PARK PRZEMYSŁOWO - TECHNOLOGICZNY	K-20	99	00:01:02	00:32:32.30	00:33:35.25	+00:14:15 (43.8%)	6:30	9.2 (56.1%)
346	MAREK Ewelina	1448	SZCZĘŚLIWA MĘŻATKA :)	K-20	100	00:01:45	00:32:34.35	00:34:19.55	+00:14:17 (43.9%)	6:30	9.2 (56.1%)
347	MENDEL Karolina	630		K-10	26	00:00:29	00:32:37.35	00:33:07.15	+00:14:20 (43.9%)	6:31	9.2 (56.1%)
348	FLASIŃSKA Angelika	238		K-20	101	00:01:42	00:32:45.25	00:34:27.65	+00:14:28 (44.2%)	6:33	9.2 (56.1%)
349	ŻARCZYŃSKA Dorota	1016		K-20	102	00:01:42	00:32:45.30	00:34:27.60	+00:14:28 (44.2%)	6:33	9.2 (56.1%)
350	BARTOS Ligia	1470		K-40	55	00:01:28	00:32:48.25	00:34:16.65	+00:14:31 (44.3%)	6:33	9.1 (55.5%)
351	SOMKA Lena	1492	BIEG	K-20	103	00:01:23	00:32:57.50	00:34:21.05	+00:14:40 (44.5%)	6:35	9.1 (55.5%)
352	BRZOZOWSKA Anna	1087		K-30	152	00:01:43	00:32:58.85	00:34:42.25	+00:14:41 (44.6%)	6:35	9.1 (55.5%)
353	RATAJCZAK Aurelia	891	RUN BYDGOSZCZ	K-30	153	00:01:36	00:32:58.95	00:34:35.55	+00:14:41 (44.6%)	6:35	9.1 (55.5%)
354	CILSKA Agnieszka	1500	PANI	K-30	154	00:01:29	00:33:01.70	00:34:31.25	+00:14:44 (44.6%)	6:36	9.1 (55.5%)
355	PERTEK Joanna	7		K-20	104	00:01:23	00:33:03.75	00:34:27.20	+00:14:46 (44.7%)	6:36	9.1 (55.5%)
356	MELLEEM Anna	6		K-20	105	00:01:23	00:33:03.90	00:34:27.20	+00:14:46 (44.7%)	6:36	9.1 (55.5%)
357	FINGAS Natalia	516		K-20	106	00:01:05	00:33:10.60	00:34:16.30	+00:14:53 (44.9%)	6:38	9 (54.9%)
358	NOWICKIA Iza	168		K-30	155	00:01:00	00:33:12.70	00:34:12.80	+00:14:55 (44.9%)	6:38	9 (54.9%)
359	NOWICKA Michalina	849		K-10	27	00:00:59	00:33:13.55	00:34:12.85	+00:14:56 (45.0%)	6:38	9 (54.9%)
360	RYBARCZYK Anna	1258		K-20	107	00:01:41	00:33:14.10	00:34:55.35	+00:14:56 (45.0%)	6:38	9 (54.9%)
361	WOJTCZAK Izabela	1491		K-20	108	00:00:31	00:33:14.60	00:33:46.45	+00:14:57 (45.0%)	6:39	9 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	MARĆ Natalia	487	BIEGNĘ PIERWSZY RAZ W ŻYCIU	K-30	156	00:00:44	00:33:16.35	00:34:00.75	+00:14:59 (45.0%)	6:39	9 (54.9%)
363	PROKOPOWICZ Agnieszka	424		K-30	157	00:01:18	00:33:16.95	00:34:35.85	+00:14:59 (45.1%)	6:39	9 (54.9%)
364	ZAMIATOWSKA Kinga	536	RUN BYDGOSZCZ	K-30	158	00:01:18	00:33:17.85	00:34:36.40	+00:15:00 (45.1%)	6:39	9 (54.9%)
365	KONARZEWSKA Jolanta	469		K-40	56	00:01:18	00:33:17.90	00:34:36.75	+00:15:00 (45.1%)	6:39	9 (54.9%)
366	DOCZEKALSKA Paulina	1473	RUN BYDGOSZCZ	K-30	159	00:01:18	00:33:17.95	00:34:36.20	+00:15:00 (45.1%)	6:39	9 (54.9%)
367	BILKIEWICZ Anna Maria	1424		K-40	57	00:01:25	00:33:22.40	00:34:47.40	+00:15:05 (45.2%)	6:40	9 (54.9%)
368	PAWLAK Żaneta	362		K-40	58	00:00:34	00:33:23.35	00:33:57.50	+00:15:06 (45.2%)	6:40	9 (54.9%)
369	ZAUER Magda	1024		K-Open	3	00:00:56	00:33:35.15	00:34:31.65	+00:15:17 (45.5%)	6:43	8.9 (54.3%)
370	ŚLESIŃSKA Patrycja	1053		K-20	109	00:00:56	00:33:35.70	00:34:31.90	+00:15:18 (45.6%)	6:43	8.9 (54.3%)
371	LEWICKA Antonina	985	LEGE ARTIS	K-10	28	00:01:06	00:33:48.90	00:34:54.90	+00:15:31 (45.9%)	6:45	8.9 (54.3%)
372	WITKOWSKA Marta	323		K-20	110	00:01:40	00:33:56.90	00:35:37.15	+00:15:39 (46.1%)	6:47	8.8 (53.7%)
373	ROGALSKA Marcelina	978		K-20	111	00:01:34	00:33:57.85	00:35:32.15	+00:15:40 (46.2%)	6:47	8.8 (53.7%)
374	PATRZAŁEK Małgorzata	459		K-40	59	00:01:47	00:34:01.40	00:35:48.75	+00:15:44 (46.3%)	6:48	8.8 (53.7%)
375	OSTASZ Katarzyna	1468		K-20	112	00:01:00	00:34:05.35	00:35:05.35	+00:15:48 (46.4%)	6:49	8.8 (53.7%)
376	KWIATKOWSKA Paulina	1164		K-10	29	00:00:50	00:34:08.75	00:34:59.15	+00:15:51 (46.4%)	6:49	8.8 (53.7%)
377	ROMAN Marta	1166		K-10	30	00:00:50	00:34:13.45	00:35:03.55	+00:15:56 (46.6%)	6:50	8.8 (53.7%)
378	ZIELIŃSKA Justyna	897	SOLECCY BIEGACZE	K-30	160	00:00:13	00:34:16.70	00:34:30.20	+00:15:59 (46.6%)	6:51	8.8 (53.7%)
379	KLUCZYŃSKA Blanka	404		K-30	161	00:01:25	00:34:19.35	00:35:45.05	+00:16:02 (46.7%)	6:52	8.7 (53.0%)
380	KONOPIŃSKA Agnieszka	440	RUN BYDGOSZCZ	K-30	162	00:01:18	00:34:23.60	00:35:41.95	+00:16:06 (46.8%)	6:52	8.7 (53.0%)
381	ORNATOWSKA Magdalena	35	GORDON RUN	K-30	163	00:00:38	00:34:31.55	00:35:09.70	+00:16:14 (47.0%)	6:54	8.7 (53.0%)
382	SOKOŁOWSKA Justyna	17		K-30	164	00:00:37	00:34:32.75	00:35:10.00	+00:16:15 (47.1%)	6:54	8.7 (53.0%)
383	BRZOZOWSKA Patrycja	1237		K-20	113	00:00:11	00:34:35.30	00:34:46.65	+00:16:18 (47.1%)	6:55	8.7 (53.0%)
384	GÓRSKA Małgorzata	535		K-20	114	00:00:54	00:34:37.05	00:35:31.15	+00:16:19 (47.2%)	6:55	8.7 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	SZNAJDROWSKA Judyta	983		K-20	115	00:01:43	00:34:42.65	00:36:26.15	+00:16:25 (47.3%)	6:56	8.6 (52.4%)
386	JANKOWSKA Marta	787		K-10	31	00:01:47	00:34:43.05	00:36:30.25	+00:16:25 (47.3%)	6:56	8.6 (52.4%)
387	MUSS Urszula	1192	SKLEP BIEGACZA BYDGOSZCZ	K-40	60	00:00:46	00:34:57.00	00:35:43.55	+00:16:39 (47.7%)	6:59	8.6 (52.4%)
388	RASSMUS Joanna	611		K-20	116	00:01:28	00:35:01.15	00:36:29.25	+00:16:43 (47.8%)	7:00	8.6 (52.4%)
389	LIWOCH Lidia	442		K-40	61	00:01:01	00:35:03.80	00:36:05.50	+00:16:46 (47.8%)	7:00	8.6 (52.4%)
390	WAWERKA Aleksandra	949		K-20	117	00:00:08	00:35:05.65	00:35:14.45	+00:16:48 (47.9%)	7:01	8.5 (51.8%)
391	KRZYŻAŃSKI Pola	79	BYDGOSZCZ TRIATHLON TEAM	K-10	32	00:01:38	00:35:34.10	00:37:12.30	+00:17:16 (48.6%)	7:06	8.4 (51.2%)
392	MUSIAŁ Elwira	65	BYDGOSZCZ TRIATHLON TEAM	K-30	165	00:01:37	00:35:34.65	00:37:12.15	+00:17:17 (48.6%)	7:07	8.4 (51.2%)
393	DANELSKA Anna	526	WEEKENDOWY BIEGACZ	K-20	118	00:01:27	00:35:34.70	00:37:02.10	+00:17:17 (48.6%)	7:07	8.4 (51.2%)
394	RASSALSKA Roma	129		K-30	166	00:00:28	00:35:39.40	00:36:08.05	+00:17:22 (48.7%)	7:08	8.4 (51.2%)
395	DARNOWSKA Aleksandra	708		K-30	167	00:01:43	00:36:02.25	00:37:45.55	+00:17:45 (49.3%)	7:12	8.3 (50.6%)
396	LIBERA Sabina	135	PARKRUN BYDGOSZCZ	K-40	62	00:01:37	00:36:04.40	00:37:42.10	+00:17:47 (49.3%)	7:13	8.3 (50.6%)
397	TOMASZEWSKA Marta	1035		K-20	119	00:00:33	00:36:07.15	00:36:40.75	+00:17:49 (49.4%)	7:13	8.3 (50.6%)
398	KASPRZAK Ewa	1135		K-30	168	00:00:44	00:36:07.35	00:36:51.65	+00:17:50 (49.4%)	7:13	8.3 (50.6%)
399	KASPRZAK Nikola	1127	EWA I WOJTEK	K-10	33	00:00:44	00:36:07.45	00:36:51.75	+00:17:50 (49.4%)	7:13	8.3 (50.6%)
400	SCHNEIDER Joanna	1211		K-30	169	00:00:38	00:36:07.85	00:36:45.85	+00:17:50 (49.4%)	7:13	8.3 (50.6%)
401	TUTLEWSKA Natalia	1219		K-20	120	00:00:37	00:36:07.95	00:36:45.80	+00:17:50 (49.4%)	7:13	8.3 (50.6%)
402	MAŁAWA Kasia	413	BENEFITKSO	K-20	121	00:01:29	00:36:13.15	00:37:42.40	+00:17:55 (49.5%)	7:14	8.3 (50.6%)
403	STARZYŃSKA Magdalena	331	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	K-30	170	00:01:06	00:36:44.45	00:37:50.55	+00:18:27 (50.2%)	7:20	8.2 (50.0%)
404	SZMELTER Jagoda	1110		K-20	122	00:01:40	00:37:08.65	00:38:49.20	+00:18:51 (50.8%)	7:25	8.1 (49.4%)
405	ŻAL Patrycja	711		K-10	34	00:01:38	00:37:09.80	00:38:48.60	+00:18:52 (50.8%)	7:26	8.1 (49.4%)
406	ŻAL Jolanta	82	SPÓJNIA BIAŁE BŁOTA	K-30	171	00:01:38	00:37:10.35	00:38:48.75	+00:18:53 (50.8%)	7:26	8.1 (49.4%)
407	GRENDJA-JASTRZEMBSKA Anna	637		K-30	172	00:01:49	00:37:18.75	00:39:08.60	+00:19:01 (51.0%)	7:27	8 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	SAWICKA Alicja	1350		K-40	63	00:01:40	00:37:45.30	00:39:26.00	+00:19:28 (51.6%)	7:33	7.9 (48.2%)
409	FRANKOWSKA Teresa	1391		K-50	13	00:01:39	00:37:58.35	00:39:37.50	+00:19:41 (51.8%)	7:35	7.9 (48.2%)
410	RUDNICKA Karolina	147	TASAK TEAM	K-30	173	00:00:56	00:37:59.50	00:38:55.50	+00:19:42 (51.9%)	7:35	7.9 (48.2%)
411	DROŻ Katarzyna	49		K-10	35	00:01:38	00:38:01.40	00:39:40.30	+00:19:44 (51.9%)	7:36	7.9 (48.2%)
412	GROCHOWALSKA Marzena	181	GROSZKI	K-30	174	00:01:30	00:38:04.95	00:39:35.10	+00:19:47 (52.0%)	7:37	7.9 (48.2%)
413	FOLERZYŃSKA Sandra	744		K-20	123	00:00:54	00:38:05.05	00:38:59.30	+00:19:47 (52.0%)	7:37	7.9 (48.2%)
414	GROCHOWALSKA Maja	183	GROSZKI	K-10	36	00:01:29	00:38:05.45	00:39:35.15	+00:19:48 (52.0%)	7:37	7.9 (48.2%)
415	ZNANIECKI Dominika	552	BYDGOSZCZ NA START	K-30	175	00:01:33	00:38:08.90	00:39:42.85	+00:19:51 (52.1%)	7:37	7.9 (48.2%)
416	ZNANIECKA Karolina	587	BBL INOWROCŁAW	K-20	124	00:01:33	00:38:09.55	00:39:42.85	+00:19:52 (52.1%)	7:37	7.9 (48.2%)
417	POLAKIEWICZ Elzbieta	765	KLUB ZDROWIA BYDGOSZCZ	K-60+	3	00:00:07	00:38:28.80	00:38:36.50	+00:20:11 (52.5%)	7:41	7.8 (47.6%)
418	RUTKOWSKA Ania	1323		K-40	64	00:01:30	00:38:33.70	00:40:03.90	+00:20:16 (52.6%)	7:42	7.8 (47.6%)
419	PLIT Klaudia	555	III LO BYDGOSZCZ	K-10	37	00:01:43	00:38:44.30	00:40:27.50	+00:20:27 (52.8%)	7:44	7.7 (47.0%)
420	KOWALSKA Klaudia	388	III LO W BYDGOSZCZY	K-10	38	00:01:42	00:38:44.55	00:40:27.30	+00:20:27 (52.8%)	7:45	7.7 (47.0%)
421	ZGIEP Julia	1356		K-10	39	00:01:10	00:38:58.60	00:40:08.90	+00:20:41 (53.1%)	7:47	7.7 (47.0%)
422	ZGIEP Agnieszka	1357		K-30	176	00:01:10	00:39:01.85	00:40:11.90	+00:20:44 (53.1%)	7:48	7.7 (47.0%)
423	PIJAROWSKA Angelika	123		K-20	125	00:00:02	00:39:40.95	00:39:43.45	+00:21:23 (53.9%)	7:56	7.6 (46.3%)
424	NADOLNA Aurelia	169	WEEKENDOWY BIEGACZ	K-30	177	00:01:42	00:40:34.65	00:42:16.95	+00:22:17 (54.9%)	8:06	7.4 (45.1%)
425	REGENT Alicja	1177		K-10	40	00:00:53	00:40:43.55	00:41:37.50	+00:22:26 (55.1%)	8:08	7.4 (45.1%)
426	KUBIK Monika	128		K-30	178	00:01:50	00:41:09.15	00:42:59.40	+00:22:51 (55.6%)	8:13	7.3 (44.5%)

Znaleziono 426 wynik(ów)