

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2016

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2016-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOŚMIEJA Marcin	38	TKKF KOLEJARZ	M-30	1	00:00:02	00:17:03.05	00:17:05.45		3:24	17.6 (100%)
2	GUZMANN Mateusz	1380		M-10	1	00:00:01	00:17:13.50	00:17:15.25	+00:00:10 (1.0%)	3:26	17.4 (98.9%)
3	BONKOWSKI Piotr	8	HARDCORE NAKŁO NAD NOTECią	M-20	1	00:00:01	00:17:24.05	00:17:26.00	+00:00:21 (2.0%)	3:29	17.2 (97.7%)
4	LUTOWSKI Wojciech	530	TKKF KOLEJARZ BYDGOSZCZ	M-30	2	00:00:01	00:17:42.05	00:17:43.80	+00:00:39 (3.7%)	3:32	16.9 (96.0%)
5	MYSZKIEWICZ Maciej	1040		M-20	2	00:00:01	00:17:44.45	00:17:45.95	+00:00:41 (3.9%)	3:32	16.9 (96.0%)
6	DEPTUŁA Grzegorz	1015	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M-30	3	00:00:03	00:18:09.20	00:18:12.20	+00:01:06 (6.1%)	3:37	16.5 (93.8%)
7	SOSNOWSKI Krzysztof	928	B4SPORT	M-30	4	00:00:02	00:18:19.90	00:18:22.25	+00:01:16 (7.0%)	3:40	16.4 (93.2%)
8	KLÓSKA Fabian	389	SPÓJNIA BIAŁE BŁOTA	M-20	3	00:00:02	00:18:28.70	00:18:31.35	+00:01:25 (7.7%)	3:41	16.2 (92.0%)
9	MRUK Tomasz	480	CZARNE STOPY.SM	M-40	1	00:00:02	00:18:37.85	00:18:40.50	+00:01:34 (8.5%)	3:43	16.1 (91.5%)
10	CZYŻNIKIEWICZ Paweł	677	WOOLFIK.PL	M-20	4	00:00:00	00:18:38.65	00:18:38.65	+00:01:35 (8.5%)	3:43	16.1 (91.5%)
11	TACZKOWSKI Jarosław	931	B4SPORT	M-40	2	00:00:02	00:18:40.20	00:18:42.55	+00:01:37 (8.7%)	3:44	16.1 (91.5%)
12	STRYCHALSKI Tomasz	403	BYDGOSZCZ RUN PROJECT	M-30	5	00:00:03	00:18:45.95	00:18:49.05	+00:01:42 (9.1%)	3:45	16 (90.9%)
13	SKIBA Łukasz	974	OSF TEAM 1 BRYGADA LOGISTYCZNA	M-20	5	00:00:01	00:18:47.35	00:18:49.10	+00:01:44 (9.3%)	3:45	16 (90.9%)
14	EJSMONT Krzysztof	407		M-30	6	00:00:02	00:19:04.60	00:19:06.70	+00:02:01 (10.6%)	3:48	15.7 (89.2%)
15	KOLMAJER Rafał	402	RUN BYDGOSZCZ	M-30	7	00:00:03	00:19:09.80	00:19:13.65	+00:02:06 (11.0%)	3:50	15.7 (89.2%)
16	KWIATKOWSKI Damian	565	RUN BYDGOSZCZ	M-20	6	00:00:03	00:19:09.95	00:19:13.80	+00:02:06 (11.0%)	3:50	15.7 (89.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	ABDOUL Romaric	1362	PRO-PRAWO DO ŻYCIA	M-30	8	00:00:10	00:19:11.05	00:19:22.00	+00:02:08 (11.1%)	3:50	15.6 (88.6%)
18	BORCZYKOWSKI Rafał	926	BRAK	M-30	9	00:00:03	00:19:16.15	00:19:19.45	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
18	FUZ Marek	270	KABEL TEAM BYDGOSZCZ	M-40	3	00:00:03	00:19:16.15	00:19:19.45	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
20	WOLLANDT Paweł	1103		M-30	10	00:00:05	00:19:18.60	00:19:23.80	+00:02:15 (11.7%)	3:51	15.5 (88.1%)
21	TOMCZYŃSKI Bartosz	840		M-30	11	00:00:03	00:19:21.15	00:19:24.75	+00:02:18 (11.9%)	3:52	15.5 (88.1%)
22	TUCHOLSKI Bartłomiej	635	BYDGOSKIE OKONIE	M-20	7	00:00:04	00:19:22.45	00:19:26.45	+00:02:19 (12.0%)	3:52	15.5 (88.1%)
23	KOZŁOWSKI Rafał	394	RUN PASJA	M-40	4	00:00:02	00:19:23.25	00:19:25.90	+00:02:20 (12.1%)	3:52	15.5 (88.1%)
24	ŚLEFARSKI Jacek	48		M-30	12	00:00:04	00:19:25.40	00:19:29.90	+00:02:22 (12.2%)	3:53	15.5 (88.1%)
25	FRĄCZ-ZAKRZEWSKI Dawid	1426	LOTTO BYDGOSTIA	M-10	2	00:00:01	00:19:26.10	00:19:27.60	+00:02:23 (12.3%)	3:53	15.4 (87.5%)
26	SZYMCZAK Nicolas	881	LOTTO BYDGOSTIA	M-10	3	00:00:01	00:19:27.20	00:19:28.75	+00:02:24 (12.4%)	3:53	15.4 (87.5%)
27	PIEKARSKI Marek	337	RESTAURACJA KING FU BYDGOSZCZ	M-40	5	00:00:01	00:19:30.55	00:19:32.30	+00:02:27 (12.6%)	3:54	15.4 (87.5%)
28	KUROWSKI Kamil	29	HTB	M-30	13	00:00:04	00:19:36.10	00:19:40.40	+00:02:33 (13.0%)	3:55	15.3 (86.9%)
29	FLOREK Paweł	47	RE MEDIA BYDGOSZCZ	M-30	14	00:00:03	00:19:43.85	00:19:47.70	+00:02:40 (13.6%)	3:56	15.2 (86.4%)
30	MACKOWSKI Maciej	194	MYSLECINEKBDG	M-30	15	00:00:03	00:19:44.55	00:19:47.95	+00:02:41 (13.6%)	3:56	15.2 (86.4%)
31	PILCH Artur	32	KLINIKA TRIATHLONU TEAM	M-30	16	00:00:03	00:19:45.45	00:19:48.50	+00:02:42 (13.7%)	3:57	15.2 (86.4%)
32	GRALIK Jędrzej	1396	BYDGOSKIE OKONIE	M-20	8	00:00:04	00:19:47.20	00:19:51.50	+00:02:44 (13.8%)	3:57	15.2 (86.4%)
33	KUŁAKOWSKI Krzysztof	385	RUN PASJA BYDGOSZCZ	M-30	17	00:00:04	00:19:54.35	00:19:58.45	+00:02:51 (14.3%)	3:58	15.1 (85.8%)
34	BUKOWIŃSKI Michał	751	KLUB HANI & ANTKA	M-30	18	00:00:06	00:19:55.00	00:20:01.15	+00:02:51 (14.4%)	3:59	15.1 (85.8%)
35	HAIZE Tomek	179		M-30	19	00:00:04	00:20:01.05	00:20:05.25	+00:02:58 (14.8%)	4:00	15 (85.2%)
36	BEDRA Robert	249		M-30	20	00:00:03	00:20:01.45	00:20:04.85	+00:02:58 (14.8%)	4:00	15 (85.2%)
37	BAŁDYGA Daniel	1329	1BLOG	M-30	21	00:00:09	00:20:06.65	00:20:16.15	+00:03:03 (15.2%)	4:01	14.9 (84.7%)
38	KŁOSOWSKI Marcin	729	WWW.JABEX.COM.PL	M-40	6	00:00:02	00:20:11.20	00:20:13.25	+00:03:08 (15.5%)	4:02	14.9 (84.7%)
39	GRACZYKOWSKI Jakub	786	BYDGOSZCZ TRIATHLON TEAM	M-20	9	00:00:02	00:20:11.35	00:20:14.00	+00:03:08 (15.5%)	4:02	14.9 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	CIECHANOWSKI Bartłomiej	1484	SEROCK	M-10	4	00:00:04	00:20:13.65	00:20:18.35	+00:03:10 (15.7%)	4:02	14.8 (84.1%)
41	ŚLUSARSKI Przemysław	335	BRZozOWA TEAM	M-30	22	00:00:03	00:20:16.55	00:20:20.00	+00:03:13 (15.9%)	4:03	14.8 (84.1%)
42	BIAŁY Dawid	1046	SPÓJNIA BIAŁE BŁOTA	M-20	10	00:00:05	00:20:18.25	00:20:23.95	+00:03:15 (16.0%)	4:03	14.8 (84.1%)
43	KURDELSKI Kamil	329		M-20	11	00:00:03	00:20:20.05	00:20:23.20	+00:03:17 (16.1%)	4:04	14.8 (84.1%)
44	PRZYBYLSKI Maciej	1471		M-40	7	00:00:00	00:20:20.35	00:20:20.35	+00:03:17 (16.2%)	4:04	14.8 (84.1%)
45	SZLINGER Jakub	190		M-30	23	00:00:08	00:20:21.25	00:20:29.40	+00:03:18 (16.2%)	4:04	14.7 (83.5%)
46	RYDLEWSKI Marek	862	RUN BYDGOSZCZ	M-40	8	00:00:05	00:20:22.75	00:20:28.00	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
47	SKUBISZEWSKI Damian	605	ARMIA CHRYSYUSA	M-20	12	00:00:06	00:20:25.25	00:20:31.30	+00:03:22 (16.5%)	4:05	14.7 (83.5%)
48	PILEWSKI Mikołaj	599	BYDGOSZCZ TRIATHLON TEAM	M-20	13	00:00:05	00:20:26.75	00:20:32.15	+00:03:23 (16.6%)	4:05	14.7 (83.5%)
49	SZYMAŃSKI Krystian	1441		M-30	24	00:00:07	00:20:28.80	00:20:36.55	+00:03:25 (16.7%)	4:05	14.6 (83.0%)
50	RZEPKA Andrzej	1344	BRODNICA BIEGA	M-40	9	00:00:06	00:20:29.50	00:20:35.55	+00:03:26 (16.8%)	4:05	14.6 (83.0%)
51	DZIAŁOSZYŃSKI Łukasz	541		M-20	14	00:00:00	00:20:30.25	00:20:30.25	+00:03:27 (16.8%)	4:06	14.6 (83.0%)
52	KOWALSKI Jacek	922		M-30	25	00:00:03	00:20:30.85	00:20:34.25	+00:03:27 (16.9%)	4:06	14.6 (83.0%)
53	MUCHA Marcin	219	BATRUN	M-30	26	00:00:08	00:20:33.80	00:20:41.95	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
54	LEPRINCE Ludovic	932		M-40	10	00:00:05	00:20:33.90	00:20:39.40	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
55	BOINSKI Rafal	223		M-30	27	00:00:08	00:20:34.15	00:20:42.95	+00:03:31 (17.1%)	4:06	14.6 (83.0%)
56	KUBIŃSKI Jakub	1045	BYDGOSZCZ TRIATHLON TEAM	M-20	15	00:00:04	00:20:34.85	00:20:39.25	+00:03:31 (17.2%)	4:07	14.6 (83.0%)
57	KOZIŃSKI Marek	1365	RUN BYDGOSZCZ	M-30	28	00:00:05	00:20:36.05	00:20:41.05	+00:03:33 (17.2%)	4:07	14.6 (83.0%)
58	OLSZEWSKI Arkadiusz	673	INOWROCLAW BIEGA	M-20	16	00:00:04	00:20:36.40	00:20:41.00	+00:03:33 (17.3%)	4:07	14.6 (83.0%)
59	KUJAWA Piotr	1132	RUN BYDGOSZCZ	M-40	11	00:00:04	00:20:38.55	00:20:43.50	+00:03:35 (17.4%)	4:07	14.5 (82.4%)
60	DĄBROWSKI Paweł	154		M-20	17	00:00:05	00:20:39.10	00:20:44.50	+00:03:36 (17.4%)	4:07	14.5 (82.4%)
61	FELKNER Kamil	1342		M-10	5	00:00:48	00:20:40.15	00:21:28.55	+00:03:37 (17.5%)	4:08	14.5 (82.4%)
62	WARSZAWSKI Przemysław	448		M-20	18	00:00:05	00:20:42.65	00:20:48.35	+00:03:39 (17.7%)	4:08	14.5 (82.4%)

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63	BRZUCHALSKI Mati	566		M-20	19	00:00:20	00:20:44.60	00:21:04.85	+00:03:41 (17.8%)	4:08	14.5 (82.4%)
64	MILOSIERNY Oskar	803	BBL SZUBIN	M-10	6	00:00:10	00:20:44.90	00:20:55.30	+00:03:41 (17.8%)	4:09	14.5 (82.4%)
65	SZULC Jarosław	1472	SZULC TEAM	M-30	29	00:00:10	00:20:47.20	00:20:57.95	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
66	HAMERSKI Dawid	198	GORDON RUN	M-20	20	00:00:07	00:20:47.45	00:20:55.30	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
67	SZATTEN Dawid	573		M-30	30	00:00:10	00:20:51.40	00:21:02.35	+00:03:48 (18.2%)	4:10	14.4 (81.8%)
68	ZWIEWKA Sebastian	636	SPÓJNIA BIAŁE BŁOTA	M-40	12	00:00:06	00:20:51.80	00:20:58.30	+00:03:48 (18.3%)	4:10	14.4 (81.8%)
69	RUDNICKI Michał	139	TASAK TEAM	M-30	31	00:00:09	00:20:57.40	00:21:07.10	+00:03:54 (18.6%)	4:11	14.3 (81.3%)
70	GURDAK Leszek	254		M-40	13	00:00:10	00:20:58.70	00:21:09.45	+00:03:55 (18.7%)	4:11	14.3 (81.3%)
71	WILK Łukasz	62		M-30	32	00:00:06	00:20:59.50	00:21:06.30	+00:03:56 (18.8%)	4:12	14.3 (81.3%)
72	KUBIS Roman	859	RUN PASJA	M-40	14	00:00:04	00:21:02.25	00:21:06.80	+00:03:59 (19.0%)	4:12	14.3 (81.3%)
73	KISIEL Tomasz	452	RUN BYDGOSZCZ	M-40	15	00:00:05	00:21:07.75	00:21:13.65	+00:04:04 (19.3%)	4:13	14.2 (80.7%)
74	GRZYWIŃSKI Grzegorz	594		M-30	33	00:00:21	00:21:09.85	00:21:31.20	+00:04:06 (19.4%)	4:14	14.2 (80.7%)
75	GZYL Mikołaj	1073	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	34	00:00:09	00:21:11.70	00:21:20.80	+00:04:08 (19.6%)	4:14	14.2 (80.7%)
76	DURCZAK Jerzy	1063		M-30	35	00:00:06	00:21:12.70	00:21:18.75	+00:04:09 (19.6%)	4:14	14.2 (80.7%)
77	WIŚNIEWSKI Piotr	706		M-30	36	00:00:16	00:21:13.50	00:21:30.00	+00:04:10 (19.7%)	4:14	14.1 (80.1%)
78	SZCZEBLEWSKI Pawel	1288		M-20	21	00:00:05	00:21:14.50	00:21:20.05	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
79	SZWARC Paweł	817	RUN BYDGOSZCZ	M-30	37	00:00:06	00:21:14.80	00:21:21.00	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
80	MARTIN Paweł	26		M-30	38	00:00:12	00:21:18.45	00:21:30.65	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
81	LEWICKI Artur	979	LEGE ARTIS	M-40	16	00:00:12	00:21:18.70	00:21:31.50	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
82	BRZOZOWSKI Mariusz	703		M-50	1	00:00:09	00:21:18.75	00:21:27.95	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
83	PALIGA Mateusz	1151		M-20	22	00:00:03	00:21:21.00	00:21:24.45	+00:04:17 (20.1%)	4:16	14.1 (80.1%)
84	KRUCZKOWSKI Jakub	797	MKS EMDEK BYDGOSZCZ	M-10	7	00:00:04	00:21:23.35	00:21:27.85	+00:04:20 (20.3%)	4:16	14 (79.5%)
85	WENDA Dawid	563	SZKOŁA JAZDY TOMAS	M-20	23	00:00:09	00:21:23.75	00:21:32.95	+00:04:20 (20.3%)	4:16	14 (79.5%)

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86	DOMALEWSKI Łukasz	87		M-20	24	00:00:10	00:21:24.05	00:21:34.45	+00:04:21 (20.3%)	4:16	14 (79.5%)
87	SIUDA Sebastian	16		M-40	17	00:00:11	00:21:24.80	00:21:36.05	+00:04:21 (20.4%)	4:17	14 (79.5%)
88	GRZECHOWIAK Krzysztof	71		M-30	39	00:00:11	00:21:25.70	00:21:37.05	+00:04:22 (20.4%)	4:17	14 (79.5%)
89	TRZCIŃSKI Tomasz	1436		M-20	25	00:00:06	00:21:26.60	00:21:33.25	+00:04:23 (20.5%)	4:17	14 (79.5%)
90	TRZCIŃSKI Franciszek	224	SIR START	M-50	2	00:00:06	00:21:26.80	00:21:33.45	+00:04:23 (20.5%)	4:17	14 (79.5%)
91	ŁUKOMSKI Marcin	1001	BENEFITKSO	M-30	40	00:00:35	00:21:27.00	00:22:02.10	+00:04:23 (20.5%)	4:17	14 (79.5%)
92	PAWLACZYK Szymon	627	TRISPACE	M-30	41	00:00:06	00:21:28.70	00:21:34.75	+00:04:25 (20.6%)	4:17	14 (79.5%)
93	ROSZAK Zbigniew	942		M-20	26	00:00:02	00:21:29.95	00:21:32.00	+00:04:26 (20.7%)	4:18	14 (79.5%)
94	GUZOWSKI Rafał	542	TCMS PESA	M-20	27	00:00:47	00:21:30.60	00:22:17.75	+00:04:27 (20.7%)	4:18	14 (79.5%)
95	LEWANDOWSKI Rafał	1061	B4SPORT.PL	M-30	42	00:00:08	00:21:31.45	00:21:40.30	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
95	KOŁACKI Jarosław	524		M-20	28	00:00:24	00:21:31.45	00:21:55.85	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
97	SKUZA Sebastian	616		M-20	29	00:00:14	00:21:31.90	00:21:46.55	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
98	RUDOL Sebastian	152		M-40	18	00:00:16	00:21:32.25	00:21:48.70	+00:04:29 (20.8%)	4:18	13.9 (79.0%)
99	GRZELCZAK Jakub	1247		M-30	43	00:00:18	00:21:34.00	00:21:52.55	+00:04:30 (20.9%)	4:18	13.9 (79.0%)
100	PRZYBYLSKI Bartek	1022	RUN BDG	M-20	30	00:00:36	00:21:34.40	00:22:11.05	+00:04:31 (21.0%)	4:19	13.9 (79.0%)
101	NIEWIAROWSKI Paweł	474		M-20	31	00:00:24	00:21:36.20	00:22:00.90	+00:04:33 (21.1%)	4:19	13.9 (79.0%)
102	WARCZAK Kuba	195	TEAMOCHAL	M-30	44	00:00:16	00:21:38.05	00:21:54.30	+00:04:35 (21.2%)	4:19	13.9 (79.0%)
103	KALACZYŃSKI Miłosz	732		M-10	8	00:00:11	00:21:39.35	00:21:50.95	+00:04:36 (21.3%)	4:19	13.9 (79.0%)
104	DĘBSKI Adrian	900		M-30	45	00:00:11	00:21:42.30	00:21:53.85	+00:04:39 (21.4%)	4:20	13.8 (78.4%)
105	GRALIK Kacper	860	BYDGOSKIE OKONIE	M-20	32	00:00:07	00:21:45.90	00:21:53.15	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
105	MALICKI Łukasz	236	KLINIKA TRIATHLONU TEAM	M-30	46	00:00:13	00:21:45.90	00:21:59.80	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
107	HOŁTYN Patryk	1092		M-20	33	00:01:03	00:21:47.10	00:22:50.85	+00:04:44 (21.7%)	4:21	13.8 (78.4%)
108	IGNACZAK Jarosław	491		M-30	47	00:00:15	00:21:47.90	00:22:03.60	+00:04:44 (21.8%)	4:21	13.8 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	RETLEWSKI Adam	533		M-20	34	00:00:22	00:21:49.15	00:22:11.55	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
110	FILIPEK Patryk	903		M-20	35	00:00:26	00:21:49.20	00:22:15.75	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
111	TUBAJA Albert	20	KABEL TEAM BYDGOSZCZ	M-40	19	00:00:08	00:21:50.05	00:21:58.05	+00:04:47 (21.9%)	4:22	13.7 (77.8%)
112	CIEPŁOWSKI Robert	837	IPA BYDGOSZCZ	M-30	48	00:00:16	00:21:50.90	00:22:07.40	+00:04:47 (22.0%)	4:22	13.7 (77.8%)
113	TOMASZEWSKI Jordan	115	AFLOFARM RUNNING TEAM	M-30	49	00:00:05	00:21:51.70	00:21:57.10	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
114	TOKARSKI Paweł	675		M-10	9	00:00:07	00:21:52.00	00:21:59.30	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
115	WITKOWSKI Piotr	1200	VIVA LA VIDA	M-20	36	00:00:06	00:21:53.85	00:21:59.95	+00:04:50 (22.1%)	4:22	13.7 (77.8%)
116	DOBROGOWSKI Piotr	962		M-10	10	00:00:10	00:21:54.05	00:22:04.15	+00:04:51 (22.1%)	4:22	13.7 (77.8%)
117	SZELA Leszek	458		M-40	20	00:00:19	00:21:56.95	00:22:15.95	+00:04:53 (22.3%)	4:23	13.7 (77.8%)
118	ŁAZ Kamil	184	RUN BYDGOSZCZ	M-30	50	00:00:04	00:21:57.05	00:22:01.35	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
119	RENC Patryk	905		M-20	37	00:00:11	00:21:57.50	00:22:08.85	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
120	NOWAK Rafał	1457		M-20	38	00:00:03	00:21:58.05	00:22:01.20	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
120	TORCHALSKI Krzysztof	131	RUN PASJA	M-50	3	00:00:11	00:21:58.05	00:22:09.60	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
122	WIŚNIEWSKI Paweł	612		M-20	39	00:00:16	00:21:58.35	00:22:14.90	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
123	TEKLIŃSKI Dawid	1347	WTORKOWY TRENING	M-30	51	00:01:07	00:21:58.60	00:23:06.15	+00:04:55 (22.4%)	4:23	13.6 (77.3%)
124	GROSKOP Grzegorz	1145	GREGORIAN RUN TEAM	M-20	40	00:00:02	00:21:59.75	00:22:02.55	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
125	WŁODARCZYK Wojciech	1240		M-50	4	00:00:14	00:21:59.85	00:22:14.45	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
126	WENDA Mateusz	562	SZKOŁA JAZDY TOMAS	M-20	41	00:00:09	00:22:00.00	00:22:09.90	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
127	ZBORAŁA Dawid	527	D&M	M-20	42	00:00:09	00:22:00.15	00:22:09.55	+00:04:57 (22.5%)	4:24	13.6 (77.3%)
128	ZBORAŁA Mateusz	548	D&M	M-20	43	00:00:08	00:22:02.00	00:22:10.25	+00:04:58 (22.6%)	4:24	13.6 (77.3%)
129	DOBROGOWSKI Łukasz	994	CROSS TEAM BYDGOSZCZ	M-20	44	00:00:00	00:22:04.25	00:22:04.25	+00:05:01 (22.7%)	4:24	13.6 (77.3%)
130	ANDRYSIAK Tomasz	107		M-40	21	00:00:09	00:22:05.50	00:22:14.80	+00:05:02 (22.8%)	4:25	13.6 (77.3%)
131	JACIUBEK Andrzej	1123	NIEZRZESZONY	M-50	5	00:00:14	00:22:09.35	00:22:23.40	+00:05:06 (23.0%)	4:25	13.5 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	NADRATOWSKI Maciej	261	KABEL TEAM BYDGOSZCZ	M-40	22	00:00:08	00:22:10.30	00:22:18.95	+00:05:07 (23.1%)	4:26	13.5 (76.7%)
133	RUTKOWSKI Tomasz	490		M-40	23	00:00:12	00:22:11.55	00:22:24.50	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
134	PAUKA Łukasz	1419		M-30	52	00:00:07	00:22:11.95	00:22:19.20	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
135	BAGROWSKI Marek	690	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE JANOWO BIEGA	M-50	6	00:00:10	00:22:12.10	00:22:22.55	+00:05:09 (23.2%)	4:26	13.5 (76.7%)
136	MAKOWSKI Sławomir	398	RUN BYDGOSZCZ	M-40	24	00:01:05	00:22:13.20	00:23:18.25	+00:05:10 (23.3%)	4:26	13.5 (76.7%)
137	MAGDZIARZ Jakub	110		M-30	53	00:00:17	00:22:14.35	00:22:31.85	+00:05:11 (23.3%)	4:26	13.5 (76.7%)
138	ŚWITAJ Mateusz	582		M-10	11	00:00:02	00:22:15.85	00:22:18.20	+00:05:12 (23.4%)	4:27	13.5 (76.7%)
139	ROSIAK Dariusz	164	#ZAWSZEPOZLOTO	M-20	45	00:00:22	00:22:16.40	00:22:39.15	+00:05:13 (23.4%)	4:27	13.5 (76.7%)
140	ŁYSZCZARZ Błażej	561		M-30	54	00:00:14	00:22:16.75	00:22:31.40	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
141	KUTOWSKI Przemysław	30		M-30	55	00:00:07	00:22:16.95	00:22:24.20	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
142	PIKOR Patryk	696		M-10	12	00:01:32	00:22:20.85	00:23:53.35	+00:05:17 (23.7%)	4:28	13.4 (76.1%)
143	WĘGRZYNOWSKI Sławomir	46	KABEL TEAM BYDGOSZCZ	M-40	25	00:00:08	00:22:22.20	00:22:30.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)
144	BILSKI Marcin	166	OPONEO.PL	M-30	56	00:00:37	00:22:22.65	00:22:59.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)
145	PALIGA Antoni	1152		M-40	26	00:00:02	00:22:23.75	00:22:26.70	+00:05:20 (23.9%)	4:28	13.4 (76.1%)
146	KOTLAREK Dawid	420	PLAYBALLE	M-20	46	00:00:18	00:22:24.85	00:22:43.15	+00:05:21 (23.9%)	4:29	13.4 (76.1%)
147	STRABEL Bartosz	1066		M-20	47	00:00:06	00:22:26.05	00:22:32.75	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
148	WEISBROT Paweł	678	OSP RATOWNIK	M-20	48	00:00:21	00:22:26.25	00:22:47.75	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
149	KULKA Marek	1226		M-50	7	00:00:15	00:22:28.15	00:22:44.05	+00:05:25 (24.1%)	4:29	13.3 (75.6%)
150	OWCZARSKI Krzysztof	966		M-30	57	00:00:07	00:22:38.25	00:22:45.65	+00:05:35 (24.7%)	4:31	13.3 (75.6%)
151	HASS Adam	418		M-30	58	00:00:10	00:22:41.55	00:22:51.95	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
152	STĘPSKI Marek	973		M-40	27	00:00:06	00:22:41.95	00:22:48.90	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
153	KARPACZ Jarek	61		M-20	49	00:00:29	00:22:42.65	00:23:11.95	+00:05:39 (24.9%)	4:32	13.2 (75.0%)
154	SIUDA Mariusz	256		M-30	59	00:00:05	00:22:43.35	00:22:48.60	+00:05:40 (25.0%)	4:32	13.2 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	DERING Tomasz	471	BYDGOSKIE ŻÓŁWIE	M-30	60	00:00:42	00:22:43.85	00:23:26.35	+00:05:40 (25.0%)	4:32	13.2 (75.0%)
156	APANASIEWICZ Bartosz	638	RUN PASJA	M-30	61	00:00:21	00:22:44.15	00:23:06.00	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
157	ORNOWSKI Zbigniew	1385	WTORKOWY TRENING	M-40	28	00:00:14	00:22:44.90	00:22:59.10	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
158	LIPSKI Krzysztof	808	RUN BYDGOSZCZ	M-40	29	00:01:15	00:22:45.00	00:24:00.25	+00:05:41 (25.1%)	4:33	13.2 (75.0%)
159	FOLERZYŃSKI Dawid	726	SPÓJNIA BIAŁE BŁOTA	M-10	13	00:00:07	00:22:45.10	00:22:52.10	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
160	WRÓBEL Mateusz	1364	1990	M-20	50	00:00:04	00:22:45.20	00:22:50.00	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
160	KUCHCZYŃSKI Jakub	1389	BKS BYDGOSZCZ	M-10	14	00:00:19	00:22:45.20	00:23:05.10	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
162	SOKOLOWSKI Tomasz	1006		M-30	62	00:00:19	00:22:45.65	00:23:05.15	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
163	WIDŹGOWSKI Przemysław	153		M-30	63	00:00:08	00:22:46.95	00:22:55.55	+00:05:43 (25.2%)	4:33	13.2 (75.0%)
164	DACH Łukasz	1374		M-30	64	00:00:06	00:22:48.00	00:22:54.50	+00:05:44 (25.2%)	4:33	13.2 (75.0%)
165	TYMOSIAK Mateusz	505	SPÓJNIA BIAŁE BŁOTA	M-20	51	00:00:17	00:22:49.35	00:23:06.70	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
166	DĘBSKI Rafał	901		M-20	52	00:00:35	00:22:49.85	00:23:24.85	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
167	KARASZEWSKI Marcin	1074		M-30	65	00:00:29	00:22:49.90	00:23:19.70	+00:05:46 (25.3%)	4:34	13.1 (74.4%)
168	NISZCZOTA Karol	504		M-40	30	00:00:48	00:22:51.10	00:23:39.85	+00:05:48 (25.4%)	4:34	13.1 (74.4%)
169	CYL Dawid	1116	RUN BYDGOSZCZ	M-30	66	00:00:28	00:22:52.50	00:23:21.00	+00:05:49 (25.5%)	4:34	13.1 (74.4%)
170	GRECHUTA Tomasz	439		M-30	67	00:00:15	00:22:54.75	00:23:09.80	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
170	PRZYBYTKOWSKI Marek	44		M-20	53	00:00:30	00:22:54.75	00:23:25.25	+00:05:51 (25.6%)	4:35	13.1 (74.4%)
172	SOBCZAK Marcin	260	CZARNE STOPY.SM	M-30	68	00:00:36	00:22:54.90	00:23:30.90	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
173	BASIŃSKI Łukasz	43		M-20	54	00:00:30	00:22:55.20	00:23:25.50	+00:05:52 (25.6%)	4:35	13.1 (74.4%)
174	WRZYSZCZ Mateusz	953		M-10	15	00:00:10	00:22:56.40	00:23:06.55	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
175	GACKOWSKI Krzysztof	1445		M-40	31	00:00:06	00:22:56.70	00:23:03.15	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
176	BUSSE Piotr	265		M-30	69	00:00:16	00:22:57.75	00:23:14.50	+00:05:54 (25.7%)	4:35	13.1 (74.4%)
177	NAGORZYSKI Arkadiusz	352		M-30	70	00:00:00	00:22:58.20	00:22:58.20	+00:05:55 (25.8%)	4:35	13.1 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	BUTRYM Piotr	141		M-30	71	00:00:28	00:23:01.20	00:23:29.75	+00:05:58 (25.9%)	4:36	13 (73.9%)
179	HOŁOWNIA Wojciech	266		M-50	8	00:00:14	00:23:03.15	00:23:17.20	+00:06:00 (26.0%)	4:36	13 (73.9%)
180	WNUK Sławomir	806		M-40	32	00:00:30	00:23:04.20	00:23:35.15	+00:06:01 (26.1%)	4:37	13 (73.9%)
181	KILAN Kacper	1227		M-10	16	00:00:44	00:23:04.60	00:23:48.75	+00:06:01 (26.1%)	4:36	13 (73.9%)
182	CHOLEWIŃSKI Andrzej	1341	HURAGAN MIEDZYŃ	M-10	17	00:00:05	00:23:06.95	00:23:12.45	+00:06:03 (26.2%)	4:37	13 (73.9%)
183	KUCHCZYŃSKI Adam	1386	BÓL TO ŚCIEMA	M-40	33	00:00:00	00:23:08.10	00:23:08.10	+00:06:05 (26.3%)	4:37	13 (73.9%)
184	GACKOWSKI Michał	461		M-30	72	00:00:27	00:23:08.75	00:23:36.70	+00:06:05 (26.3%)	4:37	13 (73.9%)
185	GÓRECKI Łukasz	710	BYDGOSKIE OKONIE	M-30	73	00:01:19	00:23:09.20	00:24:28.35	+00:06:06 (26.4%)	4:37	13 (73.9%)
186	ZAGRODNIK Miłosz	1156	ZAGIO TEAM	M-30	74	00:00:17	00:23:09.40	00:23:26.60	+00:06:06 (26.4%)	4:37	13 (73.9%)
187	KULBAKA Dawid	232		M-30	75	00:00:32	00:23:13.30	00:23:45.95	+00:06:10 (26.6%)	4:38	12.9 (73.3%)
188	KOWALIKOWSKI Daniel	363		M-20	55	00:00:15	00:23:14.25	00:23:30.20	+00:06:11 (26.6%)	4:39	12.9 (73.3%)
189	NOWAK Paweł	1207	HUNTER GYM	M-20	56	00:01:45	00:23:14.80	00:25:00.70	+00:06:11 (26.7%)	4:39	12.9 (73.3%)
190	KULIKOWSKI Tomasz	854		M-20	57	00:01:04	00:23:16.25	00:24:21.15	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
191	SZARLEJ Marcin	31		M-30	76	00:00:31	00:23:16.30	00:23:48.15	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
192	ŚWIĘCICKI Andrzej	917		M-40	34	00:00:48	00:23:16.65	00:24:05.25	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
193	SENDROWICZ Mariusz	1043		M-30	77	00:00:21	00:23:16.70	00:23:38.05	+00:06:13 (26.8%)	4:39	12.9 (73.3%)
194	SIKORSKI Jarek	899	RUN BYDGOSZCZ	M-30	78	00:00:18	00:23:17.60	00:23:36.35	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
195	WYSOCKI Jerzy	569	CZARNE STOPY.SM	M-50	9	00:00:32	00:23:17.75	00:23:50.10	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
196	SOWIŃSKI Jakub	870		M-20	58	00:00:22	00:23:19.20	00:23:41.60	+00:06:16 (26.9%)	4:39	12.9 (73.3%)
197	KRUCZKOWSKI Adam	802		M-40	35	00:00:13	00:23:21.90	00:23:34.95	+00:06:18 (27.0%)	4:40	12.8 (72.7%)
198	SUŚ Cyprian	689	N-BIKE ACADEMY	M-10	18	00:00:12	00:23:22.45	00:23:35.10	+00:06:19 (27.1%)	4:40	12.8 (72.7%)
199	JOACHIMIAK Dariusz	206	KLINIKA TRIATHLONU TEAM	M-20	59	00:00:22	00:23:24.15	00:23:46.25	+00:06:21 (27.1%)	4:40	12.8 (72.7%)
200	BIAŁOUS Krzysztof	658		M-50	10	00:00:11	00:23:24.20	00:23:35.45	+00:06:21 (27.1%)	4:40	12.8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	CHOJNACKI Kacper	619		M-10	19	00:00:34	00:23:25.25	00:23:59.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
202	HERMELIN Wojciech	137	KANCELARIA HMM	M-30	79	00:00:14	00:23:25.40	00:23:40.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
202	KANCLERZEWSKI Stanisław	671		M-40	36	00:00:18	00:23:25.40	00:23:43.80	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
204	KOFI KUFEL Mateusz	1		M-20	60	00:01:35	00:23:25.45	00:25:01.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
205	JANYSKA Adam	167	UKS KOPERNIK BYDGOSZCZ	M-10	20	00:00:13	00:23:25.95	00:23:39.00	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
206	PASTOR Andrzej	451	THE PASTORS	M-40	37	00:00:25	00:23:28.20	00:23:53.20	+00:06:25 (27.4%)	4:41	12.8 (72.7%)
207	ROSINSKI Przemysław	1033		M-30	80	00:00:32	00:23:29.05	00:24:01.15	+00:06:26 (27.4%)	4:41	12.8 (72.7%)
208	GROCHOWSKI Jakub	170	JW1515	M-30	81	00:00:30	00:23:30.05	00:24:00.55	+00:06:27 (27.4%)	4:42	12.8 (72.7%)
209	WALENCIAK Jarosław	73	CZARNE STOPY.SM	M-40	38	00:00:39	00:23:31.70	00:24:11.15	+00:06:28 (27.5%)	4:42	12.7 (72.2%)
210	KREŃSKI Tomasz	883		M-30	82	00:00:14	00:23:32.65	00:23:47.55	+00:06:29 (27.6%)	4:42	12.7 (72.2%)
211	LUBIŃSKI Robert	225		M-30	83	00:00:15	00:23:33.75	00:23:49.45	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
212	SOCHACKI Jakub	664		M-20	61	00:00:18	00:23:33.85	00:23:52.25	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
212	PIOTROWSKI Dariusz	116		M-40	39	00:00:36	00:23:33.85	00:24:10.20	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
214	ZIÓLKOWSKI Mieczysław	761	ZGUBIŁEM SPONSORA	M-50	11	00:00:06	00:23:34.25	00:23:41.10	+00:06:31 (27.7%)	4:43	12.7 (72.2%)
215	PAUKA Szymon	1411		M-30	84	00:00:07	00:23:35.40	00:23:42.80	+00:06:32 (27.7%)	4:43	12.7 (72.2%)
216	BARTCZAK Patryk	58		M-20	62	00:00:22	00:23:37.65	00:24:00.35	+00:06:34 (27.8%)	4:43	12.7 (72.2%)
217	SCHMIDT Marcin	951		M-30	85	00:00:43	00:23:37.95	00:24:21.15	+00:06:34 (27.9%)	4:43	12.7 (72.2%)
218	LULIŃSKI Igor	9		M-20	63	00:00:15	00:23:38.55	00:23:53.75	+00:06:35 (27.9%)	4:43	12.7 (72.2%)
219	WIERZCHOSŁAWSKI Tomasz	1032		M-20	64	00:00:32	00:23:39.05	00:24:11.85	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
220	ŚWIERCZYŃSKI Marcin	584	TO TYLKO TRIATHLON	M-30	86	00:00:26	00:23:39.30	00:24:05.55	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
221	BANKERT Radosław	697		M-30	87	00:00:12	00:23:39.35	00:23:51.35	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
222	STRYCHALSKI Filip	430		M-10	21	00:00:25	00:23:39.65	00:24:04.65	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
223	BAŁYS Krzysztof	37		M-20	65	00:00:23	00:23:41.50	00:24:04.55	+00:06:38 (28.0%)	4:44	12.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	OSSOWSKI Marcin	503		M-30	88	00:00:40	00:23:42.40	00:24:22.60	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
225	NIEDBALSKI Dominik	1191		M-20	66	00:00:21	00:23:42.60	00:24:03.70	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
226	BEDNAREK Paweł	529	GORDON RUN	M-20	67	00:00:37	00:23:42.85	00:24:20.55	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
227	LATOS Piotr	1415		M-30	89	00:00:41	00:23:43.00	00:24:24.30	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
228	SZUBERGA Damian	176		M-20	68	00:00:06	00:23:43.65	00:23:50.45	+00:06:40 (28.1%)	4:44	12.6 (71.6%)
229	BYCZKOWSKI Michał	682		M-10	22	00:00:19	00:23:44.60	00:24:04.10	+00:06:41 (28.2%)	4:45	12.6 (71.6%)
230	PROC Łukasz	434		M-30	90	00:00:18	00:23:45.35	00:24:03.75	+00:06:42 (28.2%)	4:45	12.6 (71.6%)
231	ŚWIERCZYŃSKI Michał	600		M-10	23	00:00:26	00:23:46.05	00:24:12.90	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
232	ŁABENDA Robert	850		M-30	91	00:01:08	00:23:46.95	00:24:55.40	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
233	ZYZIK Michał	1427		M-20	69	00:00:08	00:23:47.30	00:23:55.55	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
234	NIEDBALSKI Paweł	1186	EURO TIM SQUAD	M-30	92	00:00:22	00:23:47.45	00:24:09.60	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
235	JURSKI Robert	643		M-40	40	00:00:20	00:23:48.30	00:24:08.90	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
236	TRZCIŃSKI Eugeniusz	250	SZWEDEROWO	M-50	12	00:00:11	00:23:48.95	00:24:00.70	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
237	BIAŁOWAŚ Dariusz	151		M-40	41	00:00:35	00:23:49.25	00:24:25.15	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
238	RUDOL Dominik	91		M-10	24	00:00:31	00:23:49.40	00:24:21.15	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
239	ROTHE Dawid	140		M-30	93	00:00:07	00:23:50.80	00:23:58.65	+00:06:47 (28.5%)	4:46	12.6 (71.6%)
240	PROBANT Mirosław	577		M-40	42	00:00:25	00:23:53.40	00:24:18.90	+00:06:50 (28.6%)	4:46	12.6 (71.6%)
241	KARPIŃSKI Daniel	623	BIEG DOŻYNKOWY NOWA WIEŚ WIELKA	M-30	94	00:00:19	00:24:06.25	00:24:25.95	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
242	GEHRKE Szymon	162		M-30	95	00:00:19	00:24:06.85	00:24:25.85	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
243	BRYCKI Łukasz	670		M-30	96	00:00:20	00:24:07.25	00:24:27.95	+00:07:04 (29.3%)	4:49	12.4 (70.5%)
244	SKWARCZYŃSKI Radek	1293	DELHAN	M-20	70	00:01:07	00:24:08.05	00:25:15.75	+00:07:05 (29.3%)	4:49	12.4 (70.5%)
245	GRYGIEL Mateusz	1052		M-30	97	00:01:22	00:24:08.80	00:25:31.00	+00:07:05 (29.4%)	4:49	12.4 (70.5%)
246	DEMBEK Dawid	1422		M-20	71	00:01:07	00:24:08.85	00:25:16.70	+00:07:05 (29.4%)	4:49	12.4 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	KOZICKI Marcin	570	BYDGOSKIE ŻÓŁWIE	M-30	98	00:00:41	00:24:09.90	00:24:51.10	+00:07:06 (29.4%)	4:50	12.4 (70.5%)
248	LADA Przemysław	1478	STALE BIEGAM - NOVA TRADING	M-30	99	00:00:48	00:24:10.30	00:24:58.30	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
249	QUAAS Łukasz	290	RUN PASJA	M-30	100	00:00:46	00:24:10.90	00:24:57.10	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
250	MALINOWSKI Igor	1088	BTW	M-10	25	00:00:24	00:24:11.35	00:24:35.50	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
251	KAMPER Jarosław	1108		M-30	101	00:00:20	00:24:11.50	00:24:32.10	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
252	RZEPCHYŃSKI Łukasz	108		M-30	102	00:00:56	00:24:14.65	00:25:11.55	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
253	KUŻMA Wojciech	1095		M-50	13	00:00:10	00:24:14.90	00:24:25.00	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
254	GOZIMIRSKI Andrzej	1287	SQUASH POINT BYDGOSZCZ	M-60+	1	00:00:03	00:24:16.95	00:24:20.70	+00:07:13 (29.8%)	4:51	12.4 (70.5%)
255	DOBUSZYNSKI Pawel	780		M-30	103	00:00:25	00:24:17.85	00:24:43.45	+00:07:14 (29.8%)	4:51	12.3 (69.9%)
256	DOLATA Grzegorz	595		M-40	43	00:00:38	00:24:18.60	00:24:57.25	+00:07:15 (29.9%)	4:51	12.3 (69.9%)
257	GŁOWSKI Dariusz	18		M-40	44	00:00:15	00:24:19.90	00:24:35.80	+00:07:16 (29.9%)	4:52	12.3 (69.9%)
258	DĄBROWSKI Adam	1168		M-30	104	00:00:29	00:24:20.60	00:24:49.70	+00:07:17 (30.0%)	4:52	12.3 (69.9%)
259	MOLENDĄ Piotr	192		M-20	72	00:00:31	00:24:21.30	00:24:52.75	+00:07:18 (30.0%)	4:52	12.3 (69.9%)
260	NAWROCKI Dariusz	1133	VAUPE TEAM	M-50	14	00:01:14	00:24:23.00	00:25:37.95	+00:07:19 (30.1%)	4:52	12.3 (69.9%)
261	BINDEK Łukasz	100		M-30	105	00:00:20	00:24:23.45	00:24:44.05	+00:07:20 (30.1%)	4:52	12.3 (69.9%)
262	LECH Marek	1320		M-30	106	00:00:21	00:24:25.50	00:24:46.55	+00:07:22 (30.2%)	4:53	12.3 (69.9%)
263	GAWRYCH Adam	324		M-20	73	00:00:50	00:24:26.20	00:25:16.90	+00:07:23 (30.2%)	4:53	12.3 (69.9%)
264	KUJAWA Sebastian	511	BBL INOWROCŁAW	M-40	45	00:00:26	00:24:28.15	00:24:54.40	+00:07:25 (30.3%)	4:53	12.3 (69.9%)
265	STANGRECKI Dariusz	289		M-30	107	00:00:26	00:24:29.25	00:24:55.80	+00:07:26 (30.4%)	4:53	12.3 (69.9%)
266	PIASECKI Włodzimierz	421		M-40	46	00:00:04	00:24:29.45	00:24:34.35	+00:07:26 (30.4%)	4:54	12.2 (69.3%)
267	SZULC Rafał	382	RUN BYDGOSZCZ	M-30	108	00:01:07	00:24:31.30	00:25:38.30	+00:07:28 (30.5%)	4:54	12.2 (69.3%)
268	JAŚKIEWICZ Rafał	1044	RÓŻOWE NIEDŹWIADKI TEAM WŁOCŁAWEK	M-30	109	00:00:58	00:24:32.30	00:25:30.40	+00:07:29 (30.5%)	4:54	12.2 (69.3%)
269	RUTKOWSKI Michał	317		M-10	26	00:01:08	00:24:34.20	00:25:42.35	+00:07:31 (30.6%)	4:54	12.2 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	ADAMSKI Maciej	1180		M-40	47	00:00:00	00:24:34.70	00:24:34.70	+00:07:31 (30.6%)	4:54	12.2 (69.3%)
271	KLAFETKA Michał	92	KLINIKA TRIATHLONU TEAM	M-20	74	00:00:13	00:24:37.90	00:24:51.15	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
272	WOJCIECHOWSKI Jarosław	1085		M-40	48	00:00:23	00:24:37.95	00:25:01.25	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
273	MYK Rafał	603	TRIFORFUN	M-20	75	00:00:15	00:24:38.85	00:24:54.50	+00:07:35 (30.8%)	4:55	12.2 (69.3%)
274	KNIOŁA Przemysław	1253		M-20	76	00:00:23	00:24:42.25	00:25:05.85	+00:07:39 (31.0%)	4:56	12.1 (68.8%)
275	WOJCIECHOWSKI Grzegorz	1170		M-20	77	00:00:24	00:24:43.80	00:25:08.10	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
275	MYLER Łukasz	801		M-20	78	00:00:57	00:24:43.80	00:25:41.10	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
277	RABCZYŃSKI Grzegorz	626		M-30	110	00:00:39	00:24:44.30	00:25:23.65	+00:07:41 (31.1%)	4:56	12.1 (68.8%)
278	NIEDBALSKI Karol	1187	EURO TIM SQUAD	M-30	111	00:00:21	00:24:44.90	00:25:06.65	+00:07:41 (31.1%)	4:57	12.1 (68.8%)
279	KOLSKI Radek	1131	VAUPE TEAM	M-40	49	00:01:14	00:24:45.80	00:26:00.45	+00:07:42 (31.1%)	4:57	12.1 (68.8%)
280	MRUGAŁA Bartosz	955		M-20	79	00:00:47	00:24:45.95	00:25:33.45	+00:07:42 (31.2%)	4:57	12.1 (68.8%)
281	KOLANOWSKI Wojciech	990		M-50	15	00:00:17	00:24:46.10	00:25:03.35	+00:07:43 (31.2%)	4:57	12.1 (68.8%)
282	KARLIŃSKI Oskar	1255		M-10	27	00:00:34	00:24:47.20	00:25:21.75	+00:07:44 (31.2%)	4:57	12.1 (68.8%)
283	KWIATKOWSKI Karol	987		M-30	112	00:01:21	00:24:49.15	00:26:10.65	+00:07:46 (31.3%)	4:57	12.1 (68.8%)
284	BARCZEWSKI Marek	411		M-20	80	00:00:19	00:24:51.65	00:25:11.15	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
285	WOŹNY Łukasz	1027		M-30	113	00:00:53	00:24:51.85	00:25:45.30	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
286	KUNDE Tomasz	610	BYDGOSZCZ TRIATHLON TEAM	M-20	81	00:00:18	00:24:52.70	00:25:11.55	+00:07:49 (31.5%)	4:58	12.1 (68.8%)
287	MICHALAK Robert	226	GORDON RUN	M-20	82	00:00:34	00:24:53.90	00:25:28.70	+00:07:50 (31.5%)	4:58	12 (68.2%)
288	ŁAWNICZAK Paweł	819		M-30	114	00:00:44	00:24:54.55	00:25:39.45	+00:07:51 (31.5%)	4:59	12 (68.2%)
289	SZATKOWSKI Marcin	322	RUN LOTTO BYDGOSTIA	M-20	83	00:00:33	00:24:54.70	00:25:28.25	+00:07:51 (31.6%)	4:59	12 (68.2%)
290	WOLSKI Adam	663	BW SQUAD	M-30	115	00:00:40	00:24:54.80	00:25:35.40	+00:07:51 (31.6%)	4:59	12 (68.2%)
291	TRUDNOWSKI Janusz	543	DRUŻYNA SZPIKU	M-60+	2	00:00:00	00:24:55.20	00:24:55.20	+00:07:52 (31.6%)	4:59	12 (68.2%)
292	ROSÓŁ Jacek	122		M-30	116	00:00:43	00:24:55.35	00:25:39.15	+00:07:52 (31.6%)	4:59	12 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	RATAJ Krzysztof	113	POLONIA BYDGOSZCZ SLA	M-30	117	00:00:13	00:24:56.75	00:25:09.95	+00:07:53 (31.6%)	4:59	12 (68.2%)
294	GUMMER Andrzej	1417		M-30	118	00:00:47	00:24:59.60	00:25:46.95	+00:07:56 (31.8%)	4:59	12 (68.2%)
295	BŁAŻEJEWSKI Dariusz	719		M-40	50	00:01:03	00:25:00.05	00:26:03.90	+00:07:57 (31.8%)	5:00	12 (68.2%)
296	ŚWIETLIK Grzegorz	204	ATLAS RUNNING TEAM	M-30	119	00:00:38	00:25:00.10	00:25:38.40	+00:07:57 (31.8%)	5:00	12 (68.2%)
297	JAWORSKI Janusz	1093		M-50	16	00:00:09	00:25:01.20	00:25:10.65	+00:07:58 (31.9%)	5:00	12 (68.2%)
298	ŚWIETLIK Piotr	315		M-50	17	00:00:03	00:25:01.65	00:25:04.95	+00:07:58 (31.9%)	5:00	12 (68.2%)
299	SKUPSZ Jędrzej Kazmierz	361		M-20	84	00:00:58	00:25:01.75	00:26:00.00	+00:07:58 (31.9%)	5:00	12 (68.2%)
300	RAUT Wiesław	796	RUN PASJA	M-60+	3	00:00:28	00:25:01.95	00:25:30.00	+00:07:58 (31.9%)	5:00	12 (68.2%)
301	WIECZOREK Waldemar	125		M-30	120	00:01:48	00:25:02.60	00:26:50.95	+00:07:59 (31.9%)	5:00	12 (68.2%)
302	PIASECKI Radosław	1201		M-20	85	00:01:46	00:25:03.45	00:26:49.55	+00:08:00 (32.0%)	5:00	12 (68.2%)
303	LASKA Artur	867		M-30	121	00:00:40	00:25:04.00	00:25:44.05	+00:08:00 (32.0%)	5:00	12 (68.2%)
304	MIERZWA Damian	1348		M-20	86	00:00:02	00:25:04.50	00:25:07.15	+00:08:01 (32.0%)	5:01	12 (68.2%)
305	WAWRZY尼亚K Andrzej	1298	22.ODN	M-50	18	00:00:44	00:25:05.00	00:25:49.15	+00:08:01 (32.0%)	5:01	12 (68.2%)
306	ROEDING Robert	498		M-40	51	00:00:55	00:25:05.40	00:26:00.60	+00:08:02 (32.0%)	5:01	12 (68.2%)
307	RUDNIK Filip	575	T4F CHOJNICE	M-20	87	00:00:15	00:25:07.45	00:25:22.45	+00:08:04 (32.1%)	5:01	11.9 (67.6%)
308	PALIGA Maciej	698		M-20	88	00:00:36	00:25:10.10	00:25:46.50	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
309	BRZEZIŃSKI Artur	1465	DYNAMO SKARPA	M-20	89	00:00:55	00:25:10.50	00:26:05.70	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
310	BAUMAN Krystian	221	DRUŻYNA SZPIKU	M-30	122	00:00:37	00:25:12.35	00:25:49.75	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
311	CZYŻEWSKI Mateusz	1393		M-20	90	00:00:17	00:25:12.45	00:25:29.50	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
312	STAWCZYK Dariusz	196		M-30	123	00:01:05	00:25:14.70	00:26:19.85	+00:08:11 (32.5%)	5:02	11.9 (67.6%)
313	NOWAK Tomasz	1091	GORDON RUN	M-40	52	00:00:33	00:25:15.50	00:25:48.75	+00:08:12 (32.5%)	5:03	11.9 (67.6%)
314	STUSIK Arkadiusz	800		M-30	124	00:00:18	00:25:16.50	00:25:34.80	+00:08:13 (32.5%)	5:03	11.9 (67.6%)
315	WÓJTOWICZ Ryszard	1449	WÓJTOWICZ TEAM	M-20	91	00:00:51	00:25:16.55	00:26:08.25	+00:08:13 (32.5%)	5:03	11.9 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	WOŹNIAK Adam	807		M-30	125	00:01:04	00:25:17.00	00:26:21.25	+00:08:13 (32.6%)	5:03	11.9 (67.6%)
317	ŁYSZCZARZ Radosław	564		M-30	126	00:01:02	00:25:18.50	00:26:20.90	+00:08:15 (32.6%)	5:03	11.9 (67.6%)
318	MOLENDĄ Tomasz	1036		M-30	127	00:00:31	00:25:19.65	00:25:50.90	+00:08:16 (32.7%)	5:03	11.8 (67.0%)
319	MIKOŁAJCZAK Sławomir	367		M-40	53	00:00:38	00:25:21.20	00:26:00.10	+00:08:18 (32.7%)	5:04	11.8 (67.0%)
320	FILOSEK Paweł	863		M-20	92	00:01:09	00:25:21.70	00:26:31.45	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
321	CHUDZIŃSKI Rafał	1402		M-40	54	00:00:58	00:25:21.85	00:26:19.90	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
322	JASINIECKI Wojciech	205	RUN BYDGOSZCZ	M-30	128	00:01:17	00:25:22.85	00:26:40.45	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
323	BRYLEW Tomasz	742		M-40	55	00:00:44	00:25:23.20	00:26:07.75	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
324	BLEJA Krystian	649	PGB SPORTOWA PACZKA	M-30	129	00:00:42	00:25:23.25	00:26:06.00	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
325	OSTROWSKI Mikołaj	892	BYDGOSZCZ	M-10	28	00:00:39	00:25:26.85	00:26:06.30	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
325	LIWOCH Grzegorz	436		M-40	56	00:00:54	00:25:26.85	00:26:21.40	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
327	KLISZEWSKI Piotr	437	GWIAZDA BYDGOSZCZ	M-10	29	00:00:37	00:25:27.20	00:26:04.50	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
328	SZEWCUK Sebastian	189		M-30	130	00:00:35	00:25:27.25	00:26:03.10	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
329	KLISZEWSKI Adam	433	GWIAZDA BYDGOSZCZ	M-10	30	00:00:37	00:25:27.60	00:26:04.65	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
330	ANISZEWSKI Dariusz	349		M-40	57	00:00:00	00:25:30.65	00:25:30.65	+00:08:27 (33.2%)	5:06	11.8 (67.0%)
331	KUREK Piotr	1497		M-40	58	00:00:43	00:25:32.35	00:26:15.70	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
332	SZEFKA Jakub	55		M-20	93	00:00:27	00:25:32.45	00:25:59.45	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
333	SZCZĘSNY Arkadiusz	455	DYNAMO SKARPA	M-30	131	00:00:55	00:25:33.15	00:26:28.45	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
334	KRESIŃSKI Andrzej	1167		M-30	132	00:00:34	00:25:33.20	00:26:07.25	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
335	FRYC Łukasz	59		M-20	94	00:00:26	00:25:33.45	00:25:59.75	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
336	SZCZEBLEWSKI Witold	1019	MOTOTURYSTYKA.COM	M-50	19	00:00:33	00:25:33.50	00:26:06.60	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
336	ANGLART Roman	1162	BYDGOSZCZ	M-50	20	00:00:52	00:25:33.50	00:26:26.20	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
338	SAWICKI Mikołaj	1349	ELEKTRONIK BYDGOSZCZ	M-10	31	00:00:19	00:25:35.40	00:25:55.20	+00:08:32 (33.4%)	5:07	11.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	GORCZYCA Rafał	1096		M-30	133	00:01:52	00:25:36.15	00:27:28.70	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
340	MALINOWSKI Waldemar	199	RUN LOTTO BYDGOSTIA	M-40	59	00:01:32	00:25:36.45	00:27:08.65	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
341	KELMAN Marcin	856		M-30	134	00:00:37	00:25:37.70	00:26:14.80	+00:08:34 (33.5%)	5:07	11.7 (66.5%)
342	FABROWSKI Dawid	5		M-30	135	00:01:36	00:25:39.25	00:27:16.20	+00:08:36 (33.5%)	5:08	11.7 (66.5%)
343	SOBOTA Piotr	950		M-40	60	00:00:34	00:25:41.35	00:26:16.15	+00:08:38 (33.6%)	5:08	11.7 (66.5%)
344	KIJEWSKI Maciej	843	KABEL TEAM BYDGOSZCZ	M-30	136	00:00:29	00:25:42.40	00:26:11.60	+00:08:39 (33.7%)	5:08	11.7 (66.5%)
345	TUREK Mateusz	967		M-20	95	00:00:48	00:25:44.80	00:26:33.75	+00:08:41 (33.8%)	5:09	11.7 (66.5%)
346	GRUBICH Arkadiusz	273	BRACIA DALTON	M-30	137	00:00:07	00:25:45.30	00:25:52.55	+00:08:42 (33.8%)	5:09	11.7 (66.5%)
347	GRUBICH Kacper	753		M-10	32	00:00:05	00:25:46.35	00:25:52.15	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
348	DĄBROWSKI Jarosław	525	HORNET DESIGN STUDIO	M-20	96	00:01:21	00:25:46.40	00:27:07.40	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
349	ILNICKI Artur	336		M-30	138	00:00:42	00:25:47.30	00:26:30.20	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
350	ŚWIATLAK Marek	277	SOWA BYDGOSZCZ	M-40	61	00:01:17	00:25:47.40	00:27:05.20	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
351	KISZKA Marcin	482	RUN PASJA	M-30	139	00:00:46	00:25:47.95	00:26:34.35	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
352	GILL Daniel	764		M-30	140	00:00:06	00:25:49.00	00:25:55.70	+00:08:45 (34.0%)	5:09	11.6 (65.9%)
353	KOZIŃSKI Tomasz	585	BYDGOSKIE ŻÓŁWIE	M-40	62	00:00:42	00:25:49.20	00:26:31.65	+00:08:46 (34.0%)	5:09	11.6 (65.9%)
354	WIŚNIEWSKI Włodzimierz	714		M-50	21	00:01:21	00:25:50.55	00:27:12.25	+00:08:47 (34.0%)	5:10	11.6 (65.9%)
355	JANKOWSKI Maciej	889		M-10	33	00:00:26	00:25:51.95	00:26:18.20	+00:08:48 (34.1%)	5:10	11.6 (65.9%)
356	NOWAK Adam	285	WUJEK PORADA	M-40	63	00:01:13	00:25:53.10	00:27:06.45	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
357	ŚCIBAK Wojciech	446		M-30	141	00:00:55	00:25:53.35	00:26:48.35	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
358	RACZYCKI Tomasz	1206		M-30	142	00:01:28	00:25:57.90	00:27:26.55	+00:08:54 (34.3%)	5:11	11.6 (65.9%)
359	NOWAKOWSKI Tomasz	1057		M-30	143	00:00:51	00:25:58.20	00:26:49.20	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
360	WIŚNIEWSKI Przemysław	776		M-30	144	00:01:18	00:25:58.30	00:27:16.65	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
361	SKONIECZNY Daniel	494	TCMS PESA	M-20	97	00:01:15	00:26:00.65	00:27:16.35	+00:08:57 (34.4%)	5:12	11.5 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	CIEMNY Tomasz	1113		M-40	64	00:00:56	00:26:01.45	00:26:58.25	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
363	SZULAKOWSKI Tomasz	1292	KURCZE JAK DALEKO	M-40	65	00:01:20	00:26:01.70	00:27:22.40	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
364	KOZAKIEWICZ Marcin	875		M-40	66	00:00:35	00:26:02.90	00:26:38.45	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
365	RYDLEWSKI Andrzej	299	RUN BYDGOSZCZ	M-30	145	00:01:10	00:26:03.50	00:27:14.40	+00:09:00 (34.6%)	5:12	11.5 (65.3%)
366	PLASKOTA Artur	1222		M-20	98	00:01:09	00:26:04.35	00:27:13.45	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
367	ROSZCZYN Dawid	538	AS CROSSFIT	M-20	99	00:01:23	00:26:04.60	00:27:27.75	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
368	NIEDBALSKI Piotr	1189	EURO TIM SQUAD	M-20	100	00:00:22	00:26:05.35	00:26:27.35	+00:09:02 (34.6%)	5:13	11.5 (65.3%)
369	BRZEZIŃSKI Sławomir	681	CZARNE STOPY.SM	M-30	146	00:01:54	00:26:07.20	00:28:01.85	+00:09:04 (34.7%)	5:13	11.5 (65.3%)
370	ŚLADEWSKI Rafał	935		M-30	147	00:00:14	00:26:08.25	00:26:22.95	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
370	PASIEKA Tomasz	958		M-40	67	00:01:16	00:26:08.25	00:27:24.25	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
372	SZUBERT Maciej	554	HORNET DESIGN STUDIO	M-40	68	00:01:20	00:26:10.30	00:27:30.55	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
373	BŁAŻEJEWSKI Kacper	512	CB163	M-20	101	00:01:20	00:26:10.95	00:27:31.70	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
374	KADOW Rafał	583		M-30	148	00:00:45	00:26:11.50	00:26:56.70	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
375	WIŚNIEWSKI Piotr	1042	LEGE ARTIS	M-30	149	00:00:40	00:26:11.95	00:26:52.55	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
376	SKÓRCZ Tomasz	1252		M-40	69	00:00:27	00:26:12.20	00:26:39.80	+00:09:09 (34.9%)	5:14	11.5 (65.3%)
377	DOMAŃSKI Marcin	1432		M-20	102	00:01:04	00:26:13.15	00:27:17.30	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
378	MIKOŁAJCZAK Jan	774	GWIAZDA BYDGOSZCZ	M-10	34	00:00:38	00:26:13.40	00:26:52.20	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
379	TARASZKA Ireneusz	1241	JRG 1 INOWROCŁAW	M-50	22	00:00:34	00:26:13.85	00:26:48.10	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
380	CECHOWSKI Marcin	119		M-30	150	00:00:47	00:26:14.00	00:27:01.95	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
381	BORZYSZKOWSKI Grzegorz	683	STARY FORDON	M-30	151	00:00:35	00:26:16.90	00:26:52.40	+00:09:13 (35.1%)	5:15	11.4 (64.8%)
382	KARWOWSKI Waldemar	360	BRACIA DALTON	M-40	70	00:00:06	00:26:18.30	00:26:24.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
383	KUFEL Łukasz	954		M-20	103	00:00:59	00:26:18.40	00:27:18.05	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
384	KORDAS Jacek	606		M-20	104	00:00:32	00:26:18.60	00:26:51.40	+00:09:15 (35.2%)	5:15	11.4 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
384	BUDKIEWICZ Radosław	187		M-20	105	00:01:08	00:26:18.60	00:27:27.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
386	STASZKIEWICZ Jakub	441	STASHKY TEAM	M-10	35	00:00:39	00:26:18.70	00:26:58.50	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
387	MASŁOWSKI Mateusz	1459		M-20	106	00:00:03	00:26:19.15	00:26:22.30	+00:09:16 (35.2%)	5:15	11.4 (64.8%)
388	PAWLAK Waldemar	1182	VEGE RUNNERS	M-30	152	00:00:52	00:26:20.10	00:27:12.35	+00:09:17 (35.3%)	5:16	11.4 (64.8%)
389	SZMELTER Michał	1106		M-40	71	00:01:07	00:26:21.70	00:27:29.55	+00:09:18 (35.3%)	5:16	11.4 (64.8%)
390	KROPIDŁOWSKI Bartosz	785		M-30	153	00:01:36	00:26:24.70	00:28:01.40	+00:09:21 (35.4%)	5:17	11.4 (64.8%)
391	MAREK Sławomir	1249	STALE BIEGAM NOVA TRADING	M-30	154	00:00:59	00:26:27.65	00:27:27.25	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
392	BUDZIAK Bartosz	201		M-40	72	00:01:53	00:26:30.80	00:28:24.30	+00:09:27 (35.7%)	5:18	11.3 (64.2%)
393	MIŚ Michał	1080	LUKS START NAKŁO	M-20	107	00:00:51	00:26:31.30	00:27:22.50	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
394	HARACEWIAT Michał	826		M-20	108	00:00:42	00:26:31.85	00:27:14.30	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
395	HILLER Andrzej	1169		M-10	36	00:01:28	00:26:33.70	00:28:02.65	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
396	BYSTRZYŃSKI Jan	1173		M-30	155	00:00:22	00:26:34.00	00:26:56.55	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
397	ŁOBOCKI Krzysztof	1338		M-30	156	00:01:27	00:26:35.30	00:28:02.45	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
398	MADEJ Adam	871		M-20	109	00:01:01	00:26:35.95	00:27:37.15	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
399	BRZUSKIEWICZ Sławomir	1454		M-40	73	00:00:43	00:26:37.00	00:27:20.35	+00:09:33 (35.9%)	5:19	11.3 (64.2%)
400	TWARDOWSKI Bartosz	775		M-20	110	00:00:29	00:26:37.05	00:27:06.05	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
401	POTRZEBOWSKI Marek	304		M-30	157	00:00:48	00:26:37.20	00:27:25.35	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
402	WALKOWIAK Rafał	707		M-20	111	00:00:24	00:26:37.35	00:27:01.80	+00:09:34 (36.0%)	5:19	11.3 (64.2%)
403	KAROLEWSKI Krzysztof	1328		M-20	112	00:00:46	00:26:39.05	00:27:25.15	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
404	SZAFKOWSKI Arkadiusz	144	SOLECCY BIEGACZE	M-40	74	00:00:35	00:26:39.50	00:27:14.90	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
405	WARCHOŁ Marcin	1225	CAŁY TWÓJ	M-10	37	00:00:10	00:26:39.60	00:26:50.05	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
406	WARCHOŁ Ryszard	1224	CAŁY TWÓJ	M-40	75	00:00:10	00:26:39.75	00:26:50.35	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
407	KONDEL Kamil	733		M-30	158	00:00:43	00:26:40.10	00:27:23.30	+00:09:37 (36.1%)	5:20	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	SZOSTAK Tomasz	988	MBANK	M-40	76	00:01:00	00:26:40.20	00:27:40.80	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
409	GRUCHAŁA Wojciech	632		M-50	23	00:00:34	00:26:40.65	00:27:14.65	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
410	WOJCIESZAK Dariusz	1229		M-50	24	00:00:53	00:26:41.45	00:27:35.40	+00:09:38 (36.1%)	5:20	11.2 (63.6%)
411	MOKOS Tomasz	510	BBL INOWROCŁAW	M-30	159	00:01:04	00:26:42.75	00:27:47.65	+00:09:39 (36.2%)	5:20	11.2 (63.6%)
412	GOLEC Wojciech	1302		M-30	160	00:00:52	00:26:43.55	00:27:36.40	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
413	WEGNER Roman	1398		M-50	25	00:00:52	00:26:43.65	00:27:35.65	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
414	CHMIELEWSKI Ireneusz	651	CZARNE STOPY.SM	M-50	26	00:00:38	00:26:48.60	00:27:27.05	+00:09:45 (36.4%)	5:21	11.2 (63.6%)
415	MAŁECKI Tomasz	674		M-30	161	00:00:58	00:26:49.10	00:27:47.65	+00:09:46 (36.4%)	5:21	11.2 (63.6%)
416	GÓZDŹ Tomasz	999	JĄŚ BIEGA	M-30	162	00:00:57	00:26:50.45	00:27:48.20	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
417	MAJCHERCZAK Dawid	772		M-20	113	00:01:25	00:26:50.60	00:28:16.45	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
418	ŻERDZIŃSKI Marcin	993		M-Open	1	00:01:25	00:26:50.70	00:28:16.45	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
419	JAWORSKI Krzysztof	773		M-40	77	00:01:25	00:26:51.20	00:28:16.75	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
420	PŁACZKOWSKI Rafał	1143	ŚLIMAKI BARCIN	M-30	163	00:00:24	00:26:51.50	00:27:16.20	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
421	BYCZKOWSKI Zenon	479		M-50	27	00:00:49	00:26:53.90	00:27:43.60	+00:09:50 (36.6%)	5:22	11.2 (63.6%)
422	ORNATOWSKI Marcin	24	GORDON RUN	M-30	164	00:00:36	00:26:55.80	00:27:31.80	+00:09:52 (36.7%)	5:23	11.1 (63.1%)
423	KWIATKOWSKI Daniel	193	KLINIKA TRIATHLONU TEAM	M-20	114	00:00:16	00:26:56.10	00:27:12.85	+00:09:53 (36.7%)	5:23	11.1 (63.1%)
424	GRAMOWSKI Jakub	1174		M-20	115	00:00:57	00:26:57.25	00:27:54.50	+00:09:54 (36.7%)	5:23	11.1 (63.1%)
425	PERA Marek	495		M-30	165	00:01:05	00:26:59.70	00:28:04.90	+00:09:56 (36.8%)	5:23	11.1 (63.1%)
426	ROŚ Sławek	283	ARMIA CHRYSYUSA	M-20	116	00:00:51	00:27:01.40	00:27:52.60	+00:09:58 (36.9%)	5:24	11.1 (63.1%)
427	KOBYLARZ Mariusz	916	BYDGOSZCZ	M-30	166	00:00:51	00:27:02.05	00:27:53.05	+00:09:59 (36.9%)	5:24	11.1 (63.1%)
428	TWARDOWSKI Wojciech	408	RUN BYDGOSZCZ	M-40	78	00:01:10	00:27:03.55	00:28:14.15	+00:10:00 (37.0%)	5:24	11.1 (63.1%)
429	WARACZEWSKI Paweł	368		M-30	167	00:01:03	00:27:04.45	00:28:08.30	+00:10:01 (37.0%)	5:25	11.1 (63.1%)
430	SZUBARTOWSKI Robert	1282		M-40	79	00:00:34	00:27:10.10	00:27:44.90	+00:10:07 (37.2%)	5:26	11 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	JARZYŃSKI Maciej	453		M-20	117	00:01:41	00:27:12.85	00:28:54.45	+00:10:09 (37.3%)	5:26	11 (62.5%)
432	KAROLEWSKI Marek	237		M-60+	4	00:00:45	00:27:13.50	00:27:58.90	+00:10:10 (37.4%)	5:26	11 (62.5%)
433	CZAJA Jarosław	1273		M-30	168	00:01:07	00:27:14.15	00:28:21.50	+00:10:11 (37.4%)	5:26	11 (62.5%)
434	GRALAK Mikołaj	1195		M-10	38	00:00:13	00:27:15.05	00:27:28.80	+00:10:12 (37.4%)	5:27	11 (62.5%)
435	SIEKIERSKI Tomasz	104		M-40	80	00:01:44	00:27:19.75	00:29:04.35	+00:10:16 (37.6%)	5:28	11 (62.5%)
436	ŻARKOWSKI Krzysztof	27	KABEL TEAM BYDGOSZCZ	M-40	81	00:00:44	00:27:19.95	00:28:04.55	+00:10:16 (37.6%)	5:28	11 (62.5%)
436	LEWANDOWSKI Michał	873		M-30	169	00:01:02	00:27:19.95	00:28:22.00	+00:10:16 (37.6%)	5:28	11 (62.5%)
438	ADACH Paweł	877	POLSKA	M-30	170	00:01:01	00:27:20.00	00:28:21.70	+00:10:16 (37.6%)	5:28	11 (62.5%)
439	NOWAK Damian	1460		M-10	39	00:00:09	00:27:22.25	00:27:32.10	+00:10:19 (37.7%)	5:28	11 (62.5%)
440	MASŁOWSKI Kamil	1456		M-20	118	00:00:10	00:27:23.55	00:27:34.35	+00:10:20 (37.8%)	5:28	10.9 (61.9%)
441	WIERZCHOSŁAWSKI Mateusz	1387		M-20	119	00:00:38	00:27:24.15	00:28:03.00	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
442	MLICKI Marcin	136		M-40	82	00:01:08	00:27:24.95	00:28:33.40	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
443	STRZAŁKOWSKI Sergiusz	907		M-10	40	00:01:11	00:27:25.50	00:28:36.80	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
444	CHYLIŃSKI Michał	874		M-30	171	00:01:01	00:27:26.00	00:28:27.00	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
445	SIUDA Marek	746		M-40	83	00:01:01	00:27:27.90	00:28:29.60	+00:10:24 (37.9%)	5:29	10.9 (61.9%)
446	KAPELIŃSKI Adrian	216		M-20	120	00:00:00	00:27:31.20	00:27:31.20	+00:10:28 (38.0%)	5:30	10.9 (61.9%)
447	DUDZIAK Tomasz	588		M-30	172	00:00:26	00:27:32.40	00:27:58.40	+00:10:29 (38.1%)	5:30	10.9 (61.9%)
448	KAPELIŃSKI Sebastian	213		M-20	121	00:00:47	00:27:35.55	00:28:22.60	+00:10:32 (38.2%)	5:31	10.9 (61.9%)
449	STASZKIEWICZ Radosław	443	CZARNE STOPY SM	M-40	84	00:01:04	00:27:36.85	00:28:41.05	+00:10:33 (38.3%)	5:31	10.9 (61.9%)
450	ZALEWSKI Sebastian	665		M-20	122	00:00:35	00:27:40.40	00:28:15.60	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
451	STANKIEWICZ Dariusz	1390	BÓL TO ŚCIEMA	M-40	85	00:00:58	00:27:40.70	00:28:39.65	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
452	JESZKA Patryk	894	BBL SZUBIN	M-20	123	00:00:29	00:27:41.95	00:28:11.55	+00:10:38 (38.4%)	5:32	10.8 (61.4%)
453	JANKOWSKI Tomasz Michał	886		M-50	28	00:00:00	00:27:42.35	00:27:42.35	+00:10:39 (38.5%)	5:32	10.8 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	GUDELL Radosław	10		M-40	86	00:01:29	00:27:43.75	00:29:13.30	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
455	STĘPSKI Sławomir	981		M-10	41	00:01:12	00:27:44.25	00:28:57.05	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
456	OSSOWSKI Tomek	1482		M-20	124	00:00:10	00:27:44.40	00:27:54.50	+00:10:41 (38.5%)	5:32	10.8 (61.4%)
457	ZABOROWSKI Robert	827	PGB SPORTOWA PACZKA	M-30	173	00:00:51	00:27:45.35	00:28:36.75	+00:10:42 (38.6%)	5:33	10.8 (61.4%)
458	ROSZCZYN Michał	517		M-20	125	00:01:23	00:27:48.25	00:29:12.00	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
459	HASEK Patryk	936		M-20	126	00:01:22	00:27:48.55	00:29:11.35	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
460	RYBARCZYK Michał	1257		M-30	174	00:00:57	00:27:49.05	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
461	MALIŃSKI Wojciech	175		M-30	175	00:00:57	00:27:49.50	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
462	KISIEL Krystian	53		M-20	127	00:01:04	00:27:50.35	00:28:54.80	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
463	KLINIKOWSKI Jacek	326	KOCHAM ŻYCIE I...	M-40	87	00:01:19	00:27:50.90	00:29:10.55	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
464	ZYGMUNT Robert	908		M-40	88	00:00:47	00:27:52.15	00:28:39.30	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
465	KUBOWICZ Piotr	291	MAŁGOŚ TEAM	M-40	89	00:01:19	00:27:52.45	00:29:11.90	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
466	DROŻ Marcin	84		M-10	42	00:01:38	00:27:53.25	00:29:32.15	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
467	KRYSZTOFIAK Robert	301		M-40	90	00:00:52	00:27:53.35	00:28:45.45	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
468	NIEDBALSKI Grzegorz	872	RUN BYDGOSZCZ	M-50	29	00:01:16	00:27:53.85	00:29:10.55	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
469	ZDZIAREK Artur	770		M-30	176	00:00:46	00:27:56.85	00:28:43.45	+00:10:53 (39.0%)	5:35	10.7 (60.8%)
470	STĘPIEŃ Michał	310	GALACTICA	M-30	177	00:01:26	00:27:57.05	00:29:23.30	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
471	WOJTYSIAK Szymon	1076	BYDGOSKIE OKONIE	M-20	128	00:00:53	00:27:58.00	00:28:51.15	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
472	LEMAŃCZYK Zygmunt	300	RUN BYDGOSZCZ	M-40	91	00:01:12	00:27:58.20	00:29:11.05	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
473	KURTYSIAK Roman	534		M-50	30	00:00:42	00:27:58.25	00:28:40.45	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
474	DURAJEWSKI Mateusz	500		M-20	129	00:01:29	00:27:59.85	00:29:28.85	+00:10:56 (39.1%)	5:35	10.7 (60.8%)
475	GORDON Roman	721	RUN BYDGOSZCZ	M-60+	5	00:01:18	00:28:07.20	00:29:25.90	+00:11:04 (39.4%)	5:37	10.7 (60.8%)
476	HARACEWIAT Cezary	650		M-50	31	00:00:38	00:28:08.30	00:28:47.25	+00:11:05 (39.4%)	5:37	10.7 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	SEROCKI Kornel	593		M-20	130	00:00:38	00:28:08.50	00:28:47.30	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
478	SEROCKI Bartosz	590	FRANEK I RÓŻA	M-30	178	00:00:38	00:28:08.70	00:28:47.05	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
479	IWAN Remigiusz	209		M-30	179	00:01:01	00:28:08.90	00:29:10.10	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
480	SIĘŃSKI Jacek	1079	RUN BYDGOSZCZ	M-50	32	00:01:14	00:28:10.70	00:29:25.10	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
481	LEMIEŻ Andrzej	680		M-30	180	00:00:14	00:28:11.05	00:28:25.55	+00:11:08 (39.5%)	5:38	10.6 (60.2%)
482	WYPORKIEWICZ Jerzy	1031		M-40	92	00:00:49	00:28:13.35	00:29:02.90	+00:11:10 (39.6%)	5:38	10.6 (60.2%)
483	BANACH Jan	182	KLINIKA TRIATHLONU TEAM	M-20	131	00:00:45	00:28:17.10	00:29:02.60	+00:11:14 (39.7%)	5:39	10.6 (60.2%)
484	PIECZARA Michał	567	KLINIKA TRIATHLONU TEAM	M-20	132	00:00:46	00:28:18.10	00:29:04.30	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
485	PAPIS Piotr	1128	BACKONIK	M-30	181	00:01:19	00:28:18.80	00:29:38.15	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
486	BRYŚ Bartłomiej	117		M-20	133	00:00:40	00:28:18.85	00:28:59.75	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
487	FILOSEK Marcin	914		M-30	182	00:01:09	00:28:19.00	00:29:28.35	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
488	KRZYŻANOWSKI Wojciech	321		M-40	93	00:01:21	00:28:20.10	00:29:41.10	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
489	RZEPCZYŃSKI Tomasz	499	BR DYNAMO SKARPA	M-40	94	00:00:56	00:28:20.60	00:29:17.20	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
490	MYCZKO Dariusz	645	CPR BYDGOSZCZ	M-30	183	00:00:36	00:28:23.85	00:29:00.05	+00:11:20 (40.0%)	5:40	10.6 (60.2%)
491	KILANOWSKI Dariusz	829		M-30	184	00:01:11	00:28:24.55	00:29:35.75	+00:11:21 (40.0%)	5:40	10.6 (60.2%)
492	TOMCZAK Krzysztof	1205		M-20	134	00:00:08	00:28:27.40	00:28:36.05	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
493	WITKOWSKI Tomasz	1198	VIVA LA VIDA	M-30	185	00:00:20	00:28:27.45	00:28:47.55	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
494	BRZOZOWSKI Krzysztof	126		M-20	135	00:01:41	00:28:27.75	00:30:08.80	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
495	SZCZYGIEŁ Michał	992		M-30	186	00:01:10	00:28:28.75	00:29:38.80	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
496	BIERNACKI Piotr	1271		M-30	187	00:01:09	00:28:28.90	00:29:38.45	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
497	WRZYSZCZ Damian	919		M-10	43	00:00:39	00:28:29.30	00:29:08.65	+00:11:26 (40.1%)	5:41	10.5 (59.7%)
498	NOWAK Łukasz	146	VIRTUAL RUNNER CLUB	M-30	188	00:01:21	00:28:30.40	00:29:52.05	+00:11:27 (40.2%)	5:42	10.5 (59.7%)
499	CYGAN Marcin	1149		M-40	95	00:00:50	00:28:32.60	00:29:23.30	+00:11:29 (40.3%)	5:42	10.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	BANASZAK Krzysztof	1060		M-30	189	00:00:49	00:28:32.75	00:29:22.55	+00:11:29 (40.3%)	5:42	10.5 (59.7%)
501	BRODA Piotr	298		M-40	96	00:00:50	00:28:33.20	00:29:23.20	+00:11:30 (40.3%)	5:42	10.5 (59.7%)
502	GNIOT Henryk	618		M-40	97	00:01:25	00:28:34.15	00:30:00.00	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
503	BUŁAT Adam	760		M-20	136	00:01:07	00:28:35.25	00:29:42.60	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
504	SPIRYDOWICZ Piotr	1297		M-30	190	00:01:09	00:28:35.30	00:29:44.65	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
505	FLEJTER Artur	1401		M-50	33	00:01:34	00:28:35.80	00:30:09.80	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
506	GIŻA Damian	244	POLONIA	M-30	191	00:00:30	00:28:37.70	00:29:08.65	+00:11:34 (40.4%)	5:43	10.5 (59.7%)
507	BASZANOWSKI Tomasz	852		M-30	192	00:00:29	00:28:41.75	00:29:11.10	+00:11:38 (40.6%)	5:44	10.5 (59.7%)
508	MIKUŁA Tomasz	241	GORDON RUN	M-30	193	00:01:31	00:28:42.30	00:30:14.00	+00:11:39 (40.6%)	5:44	10.4 (59.1%)
509	SKARBEK Marek	1082		M-40	98	00:00:22	00:28:42.45	00:29:04.45	+00:11:39 (40.6%)	5:44	10.5 (59.7%)
510	ŁUKASIEWICZ Krzysztof	532		M-30	194	00:01:34	00:28:43.65	00:30:17.90	+00:11:40 (40.6%)	5:44	10.4 (59.1%)
511	DZIAMSKI Wojciech	1208		M-30	195	00:01:33	00:28:44.55	00:30:17.85	+00:11:41 (40.7%)	5:44	10.4 (59.1%)
512	IWAN Przemysław	212		M-10	44	00:01:00	00:28:44.75	00:29:45.25	+00:11:41 (40.7%)	5:45	10.4 (59.1%)
513	WIŚNIEWSKI Szymon	722		M-10	45	00:01:22	00:28:46.00	00:30:08.20	+00:11:42 (40.7%)	5:45	10.4 (59.1%)
514	RUDOL Damian	78		M-30	196	00:01:44	00:28:46.10	00:30:30.80	+00:11:43 (40.7%)	5:45	10.4 (59.1%)
515	PROCZEK Jakub	668		M-20	137	00:00:23	00:28:49.25	00:29:12.85	+00:11:46 (40.8%)	5:45	10.4 (59.1%)
516	NITKA Adam	1351		M-40	99	00:01:15	00:28:51.90	00:30:07.60	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
516	SMERLIŃSKI Robert	508	BRAK	M-30	197	00:01:21	00:28:51.90	00:30:13.40	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
518	WIŚNIEWSKI Maksymilian	717		M-10	46	00:01:21	00:28:52.50	00:30:13.80	+00:11:49 (40.9%)	5:46	10.4 (59.1%)
519	KOŁODZIEJSKI Daniel	1021		M-30	198	00:00:35	00:28:52.65	00:29:28.50	+00:11:49 (41.0%)	5:46	10.4 (59.1%)
520	JASTRZEMBSKI Tomasz	556	DYNAMO SKARPA	M-30	199	00:01:52	00:28:53.85	00:30:46.45	+00:11:50 (41.0%)	5:46	10.4 (59.1%)
521	KLÓSKA Roman	401		M-40	100	00:01:36	00:28:57.90	00:30:34.85	+00:11:54 (41.1%)	5:47	10.4 (59.1%)
522	MUSIAŁA Adam	1423		M-30	200	00:00:30	00:28:59.45	00:29:29.95	+00:11:56 (41.2%)	5:47	10.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	PATRZAŁEK Oskar	464		M-10	47	00:01:46	00:29:00.85	00:30:47.55	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
524	STEFANOWICZ Wojciech	986	RUN BYDGOSZCZ	M-30	201	00:01:17	00:29:01.10	00:30:18.40	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
525	NALEŻYTY Piotr	1319		M-30	202	00:01:45	00:29:01.35	00:30:46.85	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
526	GÓRSKI Marian	571	SOLECCYBIEGACZE	M-50	34	00:00:08	00:29:01.65	00:29:10.15	+00:11:58 (41.3%)	5:48	10.3 (58.5%)
527	KAPELIŃSKI Stanisław	207		M-40	101	00:00:46	00:29:02.15	00:29:48.45	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
528	POLAKIEWICZ Dariusz	754	KLUB ZDROWIA BYDGOSZCZ	M-50	35	00:00:07	00:29:02.20	00:29:09.80	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
529	GORGOL Tomasz	640	RUN BYDGOSZCZ	M-30	203	00:01:12	00:29:05.10	00:30:17.65	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
530	GRUCHAŁA Paweł	621		M-20	138	00:00:32	00:29:05.65	00:29:38.60	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
531	KLONOWSKI Sławomir	14		M-40	102	00:01:27	00:29:06.35	00:30:33.75	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
532	DARNOWSKI Bartosz	704		M-30	204	00:01:44	00:29:06.75	00:30:51.40	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
533	DĘBSKI Arkadiusz	902		M-50	36	00:00:36	00:29:07.70	00:29:44.05	+00:12:04 (41.5%)	5:49	10.3 (58.5%)
534	BURY Tomasz	580		M-30	205	00:00:10	00:29:08.20	00:29:19.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
535	ANTKOWIAK Bartek	493	TCMS PESA	M-20	139	00:01:16	00:29:08.60	00:30:25.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
536	KLISZEWSKI Maciej	435	GWIAZDA BYDGOSZCZ	M-10	48	00:01:30	00:29:08.70	00:30:39.45	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
537	KLISZEWSKI Damian	428		M-40	103	00:01:30	00:29:09.40	00:30:39.60	+00:12:06 (41.5%)	5:49	10.3 (58.5%)
538	MARĆ Robert	531		M-40	104	00:01:12	00:29:10.75	00:30:22.85	+00:12:07 (41.6%)	5:50	10.3 (58.5%)
539	KRZYŻAŃSKI Kacper	86	BYDGOSZCZ TRIATHLON TEAM	M-10	49	00:01:37	00:29:12.25	00:30:49.55	+00:12:09 (41.6%)	5:50	10.3 (58.5%)
540	STĘPIEŃ Bogdan	350		M-20	140	00:01:02	00:29:13.85	00:30:16.65	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
540	STOKŁOSA Maciej	330		M-20	141	00:01:31	00:29:13.85	00:30:45.05	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
542	DZIERŻAWSKI Łukasz	1090		M-30	206	00:01:12	00:29:14.60	00:30:26.70	+00:12:11 (41.7%)	5:50	10.3 (58.5%)
543	BONKOWSKI Wojciech	798		M-30	207	00:01:00	00:29:15.25	00:30:15.45	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
544	KOLASA Robert	1018		M-30	208	00:01:09	00:29:15.35	00:30:25.00	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
545	SZALA Paweł	69		M-20	142	00:01:36	00:29:16.85	00:30:52.85	+00:12:13 (41.8%)	5:51	10.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	KWIATKOWSKI Paweł	56		M-30	209	00:01:01	00:29:17.10	00:30:18.40	+00:12:14 (41.8%)	5:51	10.2 (58.0%)
547	KOCZOROWSKI Maciej	391		M-10	50	00:00:25	00:29:19.25	00:29:44.25	+00:12:16 (41.8%)	5:51	10.2 (58.0%)
548	PARUCKI Zbigniew	378		M-50	37	00:00:25	00:29:19.60	00:29:45.10	+00:12:16 (41.9%)	5:52	10.2 (58.0%)
549	KAPUSTA Maciej	718		M-30	210	00:01:37	00:29:21.55	00:30:59.05	+00:12:18 (41.9%)	5:52	10.2 (58.0%)
550	KRZYŻAŃSKI Przemysław	70	BYDGOSZCZ TRIATHLON TEAM	M-40	105	00:01:35	00:29:22.70	00:30:58.50	+00:12:19 (42.0%)	5:52	10.2 (58.0%)
551	URBANSKI Piotr	320	RUN TEAM PRUSZCZ	M-40	106	00:01:24	00:29:23.20	00:30:47.55	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
552	URBANSKI Hubert	339	RUN TEAM PRUSZCZ	M-10	51	00:01:24	00:29:23.35	00:30:48.00	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
553	ANDRYSZAK Piotr	1312		M-40	107	00:00:42	00:29:23.80	00:30:05.95	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
554	KOZŁOWSKI Mirosław	1266		M-50	38	00:01:09	00:29:23.85	00:30:33.20	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
555	WRÓBLEWSKI Kewin	846		M-10	52	00:00:07	00:29:25.65	00:29:33.35	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
556	WASZAK Konrad	1410	FORDON NA CO DZIEŃ	M-20	143	00:00:44	00:29:31.15	00:30:15.15	+00:12:28 (42.2%)	5:54	10.2 (58.0%)
557	BANASIEWICZ Arek	1050	OLIMPIASPORT.PL	M-30	211	00:01:44	00:29:34.90	00:31:19.45	+00:12:31 (42.4%)	5:55	10.1 (57.4%)
558	SKORECKI Aleksander	644	BYDGOSZCZ TRIATHLON TEAM	M-20	144	00:01:36	00:29:35.30	00:31:12.20	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
559	JARZEMSKI Marcin	95	BYDGOSZCZ TRIATHLON TEAM	M-20	145	00:01:37	00:29:35.55	00:31:12.75	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
560	NIEDBAŁA Mariusz	259	ASW BLACK PANTHER	M-20	146	00:01:06	00:29:35.85	00:30:42.25	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
561	PIETKUN Ryszard	654		M-50	39	00:01:10	00:29:35.95	00:30:46.55	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
562	ZWOLAK Mateusz	890		M-Open	2	00:00:18	00:29:36.55	00:29:55.10	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
563	WIŚNIEWSKI Wojciech	357		M-40	108	00:00:58	00:29:37.20	00:30:35.85	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
564	NIEDBALSKI Edward	1190		M-60+	6	00:00:22	00:29:37.25	00:29:59.35	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
565	CZYŻEWSKI Wojciech	1264		M-40	109	00:00:41	00:29:37.85	00:30:19.70	+00:12:34 (42.5%)	5:55	10.1 (57.4%)
566	JÓŻWIK Sebastian	1005		M-20	147	00:00:40	00:29:38.75	00:30:18.95	+00:12:35 (42.5%)	5:55	10.1 (57.4%)
567	CHODOR Tomasz	687		M-40	110	00:01:19	00:29:39.60	00:30:59.55	+00:12:36 (42.5%)	5:56	10.1 (57.4%)
568	RACIBORSKI Grzegorz	308	TASAK TEAM	M-30	212	00:01:24	00:29:39.80	00:31:03.85	+00:12:36 (42.5%)	5:55	10.1 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	GODZIK Kamil	472	BR DYNAMO SKARPA	M-40	111	00:00:55	00:29:39.85	00:30:34.85	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
570	JAŹDŹEWSKI Jarosław	262		M-30	213	00:01:32	00:29:40.70	00:31:13.60	+00:12:37 (42.5%)	5:56	10.1 (57.4%)
571	WILCZYŃSKI Jacek	467		M-40	112	00:01:11	00:29:42.30	00:30:53.95	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
572	SOBOWIEC Szymon	757	SOBOWIEC TEAM	M-40	113	00:01:10	00:29:43.00	00:30:53.60	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
573	BUSZTA Artur	1104	KLUB ZDROWEGO STYLU ŻYCIA	M-30	214	00:01:11	00:29:43.25	00:30:54.55	+00:12:40 (42.6%)	5:56	10.1 (57.4%)
574	KRUK Łukasz	319		M-10	53	00:01:17	00:29:45.05	00:31:02.05	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
575	KRUK Szymon	316		M-10	54	00:01:16	00:29:45.65	00:31:02.25	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
576	STOKŁOSA Kamil	790		M-30	215	00:01:45	00:29:46.40	00:31:32.35	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
577	DŹOBIŃSKI Dawid	965		M-30	216	00:00:52	00:29:46.45	00:30:39.20	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
578	KRUK Krzysztof	311		M-40	114	00:01:17	00:29:46.75	00:31:04.45	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
579	KASPRZAK Wojciech	1188		M-30	217	00:00:42	00:29:51.10	00:30:33.55	+00:12:48 (42.9%)	5:58	10.1 (57.4%)
580	OSZUBSKI Kazimierz	944		M-40	115	00:00:43	00:29:52.10	00:30:35.90	+00:12:49 (42.9%)	5:58	10 (56.8%)
581	RONKIEWICZ Bartosz	913	SPORT FACTORY	M-30	218	00:01:01	00:29:53.45	00:30:55.15	+00:12:50 (43.0%)	5:58	10 (56.8%)
582	KALACZYŃSKI Grzegorz	724		M-40	116	00:01:18	00:29:53.60	00:31:11.95	+00:12:50 (43.0%)	5:58	10 (56.8%)
583	WRZYSZCZ Adam	910	BYDGOSZCZ	M-40	117	00:00:41	00:29:53.70	00:30:35.55	+00:12:50 (43.0%)	5:58	10 (56.8%)
584	WOJTOWICZ Dawid	1314		M-30	219	00:01:19	00:29:55.00	00:31:14.15	+00:12:51 (43.0%)	5:59	10 (56.8%)
585	PRZERACKI Mirosław	879	BYDGOSZCZ	M-40	118	00:00:41	00:29:55.85	00:30:36.95	+00:12:52 (43.0%)	5:59	10 (56.8%)
586	ROGAŁA Damian	1488	BKS POLONIA JUDO BYDGOSZCZ	M-30	220	00:00:14	00:29:57.15	00:30:11.45	+00:12:54 (43.1%)	5:59	10 (56.8%)
587	MIKOŁAJCZAK Jędrzej	778	GWIAZDA BYDGOSZCZ	M-10	55	00:00:52	00:29:59.00	00:30:51.05	+00:12:55 (43.1%)	5:59	10 (56.8%)
588	DROŹ Krzysztof	3		M-50	40	00:01:39	00:30:01.60	00:31:41.10	+00:12:58 (43.2%)	6:00	10 (56.8%)
589	BUKOWSKI Rafał	1194		M-40	119	00:01:32	00:30:03.25	00:31:35.95	+00:13:00 (43.3%)	6:00	10 (56.8%)
590	WALCZYNA Leszek	904	BYDGOSZCZ	M-50	41	00:00:45	00:30:04.75	00:30:50.25	+00:13:01 (43.3%)	6:01	10 (56.8%)
591	CHOLEWIŃSKI Dariusz	1340	HURAGAN MIEDZYŃ	M-40	120	00:00:04	00:30:05.35	00:30:10.15	+00:13:02 (43.3%)	6:01	10 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	MIKOŁAJEWSKI Jacek	203		M-30	221	00:01:01	00:30:07.10	00:31:08.95	+00:13:04 (43.4%)	6:01	10 (56.8%)
593	MOROSZCZAK Bogumił	738	SPÓJNIA BIAŁE BŁOTA	M-40	121	00:01:14	00:30:10.15	00:31:25.00	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
593	BEJGER Łukasz	545	TCMS PESA	M-10	56	00:01:16	00:30:10.15	00:31:27.00	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
595	KITOWSKI Przemysław	845		M-30	222	00:01:07	00:30:10.60	00:31:18.55	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
596	PATRZAŁEK Tomasz	457		M-40	122	00:01:46	00:30:11.35	00:31:58.00	+00:13:08 (43.5%)	6:02	9.9 (56.3%)
597	KI Bartłomiej	1041		M-20	148	00:00:31	00:30:12.95	00:30:44.70	+00:13:09 (43.6%)	6:02	9.9 (56.3%)
598	MALINOWSKI Mateusz	1117		M-20	149	00:01:22	00:30:16.15	00:31:38.25	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
599	OSSOWSKI Łukasz	1094		M-30	223	00:01:53	00:30:17.00	00:32:10.15	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
600	SZNAJDROWSKI Jerzy	980		M-20	150	00:01:43	00:30:18.90	00:32:02.00	+00:13:15 (43.8%)	6:03	9.9 (56.3%)
601	KAWALERSKI Krzysztof	1114		M-40	123	00:01:32	00:30:20.00	00:31:52.90	+00:13:16 (43.8%)	6:04	9.9 (56.3%)
602	MODRZEWSKI Łukasz	210		M-40	124	00:00:15	00:30:30.40	00:30:46.05	+00:13:27 (44.1%)	6:06	9.8 (55.7%)
603	DOBRZAŃSKI Dariusz	1296		M-20	151	00:01:09	00:30:31.10	00:31:41.05	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
604	KORALEWSKI Jakub	1165		M-20	152	00:01:00	00:30:31.45	00:31:31.65	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
605	JACOBI Maciej	520		M-20	153	00:01:07	00:30:33.30	00:31:40.40	+00:13:30 (44.2%)	6:06	9.8 (55.7%)
606	NIEWIADOMSKI Filip	617	BBL INOWROCŁAW	M-10	57	00:00:49	00:30:34.05	00:31:23.85	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
607	NIEWIADOMSKI Waldemar	625	BBL INOWROCŁAW	M-40	125	00:00:50	00:30:34.35	00:31:24.45	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
608	SOSNA Mikołaj	1020		M-30	224	00:00:45	00:30:34.95	00:31:20.05	+00:13:31 (44.2%)	6:07	9.8 (55.7%)
609	PAWELEC Witold	1430		M-10	58	00:01:02	00:30:38.05	00:31:40.50	+00:13:35 (44.3%)	6:07	9.8 (55.7%)
610	KMIEĆ Norbert	540		M-40	126	00:00:49	00:30:39.70	00:31:28.75	+00:13:36 (44.4%)	6:07	9.8 (55.7%)
611	BYRTEK Grzegorz	173		M-40	127	00:00:48	00:30:40.20	00:31:28.95	+00:13:37 (44.4%)	6:08	9.8 (55.7%)
612	JAWORSKI Paweł	1260		M-30	225	00:01:02	00:30:41.10	00:31:43.75	+00:13:38 (44.4%)	6:08	9.8 (55.7%)
613	BRZOZOWSKI Krzysztof	1086		M-30	226	00:01:43	00:30:43.70	00:32:26.85	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
614	ŻURAWSKI Michał	972	RUN LOTTO-BYDGOSTIA	M-40	128	00:01:31	00:30:44.55	00:32:15.95	+00:13:41 (44.5%)	6:08	9.8 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	PODGÓRSKI Jakub	127		M-20	154	00:01:22	00:30:46.20	00:32:08.85	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
616	ANTCZAK Filip	976		M-30	227	00:00:34	00:30:46.30	00:31:20.45	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
617	PANKOWSKI Bogusław	25		M-50	42	00:01:20	00:30:52.60	00:32:12.95	+00:13:49 (44.8%)	6:10	9.7 (55.1%)
618	PRZEWOŹNIAK Rafał	758		M-20	155	00:01:40	00:30:57.15	00:32:37.40	+00:13:54 (44.9%)	6:11	9.7 (55.1%)
619	BYCZYŃSKI Michał	1447		M-20	156	00:01:47	00:30:57.65	00:32:45.30	+00:13:54 (44.9%)	6:11	9.7 (55.1%)
620	STASIEWSKI Mariusz	130	TRISPACE	M-40	129	00:00:00	00:30:58.35	00:30:58.35	+00:13:55 (44.9%)	6:11	9.7 (55.1%)
621	MALAK Maciej	302		M-20	157	00:00:55	00:31:03.95	00:31:59.75	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
622	OSAK Paweł	496		M-30	228	00:00:32	00:31:05.50	00:31:37.75	+00:14:02 (45.2%)	6:13	9.7 (55.1%)
623	MENDEL Patryk	821		M-20	158	00:01:04	00:31:07.55	00:32:12.05	+00:14:04 (45.2%)	6:13	9.6 (54.5%)
624	WOJCIEKIEWICZ Tomasz	1442	EXPRESS BYDGOSKI	M-60+	7	00:01:20	00:31:10.05	00:32:30.55	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
625	KORENKIEWICZ Łukasz	1097		M-40	130	00:01:14	00:31:10.10	00:32:24.35	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
626	KORENKIEWICZ Leszek	1232		M-60+	8	00:01:13	00:31:11.25	00:32:24.80	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
627	NURKIEWICZ Franciszek	598		M-10	59	00:01:47	00:31:12.70	00:33:00.65	+00:14:09 (45.4%)	6:14	9.6 (54.5%)
628	GACKOWSKI Jarek	715	TRISTYLE.PL	M-40	131	00:00:00	00:31:13.10	00:31:13.10	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
629	NURKIEWICZ Jarosław	597		M-40	132	00:01:47	00:31:13.30	00:33:00.90	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
630	BRAĞIEL Jakub	105	VEGE RUNNERS	M-30	229	00:01:48	00:31:14.70	00:33:03.40	+00:14:11 (45.4%)	6:15	9.6 (54.5%)
631	PALIŃSKI Grzegorz	1444		M-30	230	00:01:27	00:31:22.00	00:32:49.70	+00:14:18 (45.6%)	6:16	9.6 (54.5%)
632	SZYBKA Marcin	502		M-30	231	00:01:15	00:31:25.65	00:32:40.95	+00:14:22 (45.7%)	6:17	9.5 (54.0%)
633	GLISZCZYŃSKI Kacper	712		M-10	60	00:00:51	00:31:29.70	00:32:20.85	+00:14:26 (45.9%)	6:17	9.5 (54.0%)
634	KWIATKOWSKI Władysław	1317		M-60+	9	00:00:12	00:31:33.75	00:31:46.25	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
635	DANIELEK Adam	848		M-30	232	00:01:39	00:31:34.00	00:33:13.50	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
636	LISOWSKI Sebastian	813		M-30	233	00:01:41	00:31:37.70	00:33:19.60	+00:14:34 (46.1%)	6:19	9.5 (54.0%)
637	JARZĄBEK Michał	709		M-20	159	00:00:51	00:31:39.25	00:32:31.00	+00:14:36 (46.1%)	6:20	9.5 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	JENCZEWSKI Szymon	736	ALBATROSY	M-20	160	00:00:32	00:31:40.30	00:32:12.95	+00:14:37 (46.2%)	6:20	9.5 (54.0%)
639	KLIMKIEWICZ Maciej	1178		M-40	133	00:01:33	00:31:42.45	00:33:15.75	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
640	CYRULEWSKI Mateusz	666		M-20	161	00:01:27	00:31:42.95	00:33:10.65	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
641	PIASECKI Damian	558		M-30	234	00:00:56	00:31:44.35	00:32:40.35	+00:14:41 (46.3%)	6:20	9.5 (54.0%)
642	OSZUŚCIK Karol	1434		M-30	235	00:01:06	00:31:49.15	00:32:55.15	+00:14:46 (46.4%)	6:21	9.4 (53.4%)
643	ZAWISZEWSKI Adam	1056		M-30	236	00:00:54	00:32:01.15	00:32:55.90	+00:14:58 (46.7%)	6:24	9.4 (53.4%)
644	ZIELIŃSKI Stanisław	68	GORDON RUN	M-30	237	00:00:36	00:32:08.60	00:32:45.30	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
645	PARUCKI Paweł	369	SPÓJNIA BIAŁE BŁOTA	M-20	162	00:00:24	00:32:08.90	00:32:33.40	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
646	BRYWCZYŃSKI Krystian	314		M-30	238	00:00:45	00:32:09.90	00:32:55.40	+00:15:06 (47.0%)	6:26	9.3 (52.8%)
647	WESOŁOWSKI Michał	371	GORZEŃ RUN	M-30	239	00:01:31	00:32:10.30	00:33:41.45	+00:15:07 (47.0%)	6:26	9.3 (52.8%)
648	GACKOWSKI Jarosław	1358		M-50	43	00:01:43	00:32:12.35	00:33:56.25	+00:15:09 (47.1%)	6:26	9.3 (52.8%)
649	SZCZĘSNY Bartosz	1407		M-20	163	00:01:39	00:32:15.10	00:33:54.85	+00:15:12 (47.1%)	6:27	9.3 (52.8%)
650	GRACZYK Przemysław	660		M-20	164	00:01:46	00:32:16.95	00:34:03.10	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
651	WERLING Daniel	462		M-20	165	00:01:34	00:32:18.90	00:33:53.10	+00:15:15 (47.2%)	6:27	9.3 (52.8%)
652	DOBROWOLSKI Krzysztof	1354		M-40	134	00:01:19	00:32:20.65	00:33:40.10	+00:15:17 (47.3%)	6:28	9.3 (52.8%)
653	PÓŁGĘSEK Rafał	1122	SOLECCY BIEGACZE	M-40	135	00:01:26	00:32:21.90	00:33:48.20	+00:15:18 (47.3%)	6:28	9.3 (52.8%)
654	GOLA Grzegorz	1120		M-40	136	00:01:45	00:32:26.95	00:34:11.95	+00:15:23 (47.5%)	6:29	9.2 (52.3%)
655	GOTOWICZ Mariusz	929		M-50	44	00:01:02	00:32:28.55	00:33:30.95	+00:15:25 (47.5%)	6:29	9.2 (52.3%)
656	ZAGÓRSKI Artur	1236		M-20	166	00:00:12	00:32:30.05	00:32:42.25	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
657	WITKOWSKI Artur	1250	WWW.EUROPROGRES.PL	M-40	137	00:01:00	00:32:30.25	00:33:31.10	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
658	WITKOWSKI Paweł	222		M-10	61	00:01:48	00:32:32.40	00:34:20.70	+00:15:29 (47.6%)	6:30	9.2 (52.3%)
659	KOCZOROWSKI Ireneusz	384		M-40	138	00:00:00	00:32:33.20	00:32:33.20	+00:15:30 (47.6%)	6:30	9.2 (52.3%)
660	PANTKOWSKI Jakub	460		M-20	167	00:01:42	00:32:34.35	00:34:16.75	+00:15:31 (47.7%)	6:30	9.2 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	ROSZCZYN Kamil	551		M-10	62	00:01:24	00:32:38.00	00:34:02.20	+00:15:34 (47.8%)	6:31	9.2 (52.3%)
662	BARTOS Arkadiusz	1469		M-40	139	00:01:28	00:32:47.40	00:34:16.20	+00:15:44 (48.0%)	6:33	9.1 (51.7%)
663	MARZECKI Ignacy	346	AS CROSSFIT	M-20	168	00:01:43	00:32:58.35	00:34:42.15	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
664	BOSIACKI Mateusz	997	RUN BYDGOSZCZ	M-20	169	00:01:23	00:33:03.10	00:34:26.85	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
665	DUDZIAK Michał	297	CPR BYDGOSZCZ	M-20	170	00:00:33	00:33:12.75	00:33:46.40	+00:16:09 (48.7%)	6:38	9 (51.1%)
666	PIJAROWSKI Milan	941		M-10	63	00:01:14	00:33:13.00	00:34:27.55	+00:16:09 (48.7%)	6:38	9 (51.1%)
667	KULCZYK Albert	952	LEGE ARTIS	M-20	171	00:01:47	00:33:13.30	00:35:00.35	+00:16:10 (48.7%)	6:38	9 (51.1%)
668	NOWICKI Adam	149		M-40	140	00:01:00	00:33:14.85	00:34:14.85	+00:16:11 (48.7%)	6:38	9 (51.1%)
669	NOWAK Karol	483	BIEGNĘ PIERWSZY RAZ W ŻYCIU	M-30	240	00:00:45	00:33:15.30	00:34:00.80	+00:16:12 (48.7%)	6:39	9 (51.1%)
670	PAWLAK Maciej	1406		M-30	241	00:01:40	00:33:16.45	00:34:57.05	+00:16:13 (48.8%)	6:39	9 (51.1%)
671	SKIERA Krzysztof	1475	RUN BYDOSZCZ	M-40	141	00:01:18	00:33:17.65	00:34:35.65	+00:16:14 (48.8%)	6:39	9 (51.1%)
672	DEPTUŁA Stanisław	412		M-10	64	00:01:31	00:33:21.80	00:34:52.90	+00:16:18 (48.9%)	6:40	9 (51.1%)
673	ŻABIŃSKI Radosław	426	SELEK TEAM	M-30	242	00:00:58	00:33:40.30	00:34:38.85	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
674	PASTERNAK Marcin	1029	SELEK TEAM	M-30	243	00:00:57	00:33:40.90	00:34:38.85	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
675	MALICKI Bartosz	1007		M-30	244	00:00:00	00:33:42.10	00:33:42.10	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
676	PASTERNAK Kamil	1065	APC	M-30	245	00:00:57	00:33:42.85	00:34:40.00	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
677	PAWSKI Przemysław	970		M-20	172	00:01:34	00:33:57.50	00:35:32.05	+00:16:54 (49.8%)	6:47	8.8 (50.0%)
678	STYKAŁA Sebastian	257		M-40	142	00:01:24	00:34:20.45	00:35:45.30	+00:17:17 (50.3%)	6:52	8.7 (49.4%)
679	PIETRASZAK Tomasz	1017	RUN BYDGOSZCZ	M-40	143	00:01:13	00:34:23.65	00:35:37.35	+00:17:20 (50.4%)	6:52	8.7 (49.4%)
680	SOKOŁOWSKI Piotr	344	GORDON RUN	M-30	246	00:00:38	00:34:32.25	00:35:11.10	+00:17:29 (50.6%)	6:54	8.7 (49.4%)
681	SZNAJDROWSKI Mateusz	977		M-20	173	00:01:43	00:34:43.10	00:36:26.70	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
682	JANKOWSKI Rafał	783		M-40	144	00:01:46	00:34:43.75	00:36:30.45	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
683	GRZESZAK Sławomir	208		M-20	174	00:01:44	00:34:45.50	00:36:29.75	+00:17:42 (50.9%)	6:57	8.6 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	SIEWIERSKI Łukasz	1183		M-30	247	00:01:45	00:34:54.05	00:36:39.70	+00:17:51 (51.1%)	6:58	8.6 (48.9%)
685	MUSS Aleksander	861	SKLEP BIEGACZA BYDGOSZCZ	M-40	145	00:00:46	00:34:57.55	00:35:43.75	+00:17:54 (51.2%)	6:59	8.6 (48.9%)
686	GRALAK Jacek	1261		M-40	146	00:00:14	00:35:21.30	00:35:35.80	+00:18:18 (51.8%)	7:04	8.5 (48.3%)
687	GROCHOWALSKI Arkadiusz	318	GROSZKI	M-40	147	00:01:30	00:35:27.80	00:36:58.15	+00:18:24 (51.9%)	7:05	8.5 (48.3%)
688	KUBERSKI Daniel	340		M-30	248	00:00:28	00:35:39.50	00:36:08.25	+00:18:36 (52.2%)	7:08	8.4 (47.7%)
689	LISOWSKI Mikołaj	823	SP-14	M-10	65	00:01:43	00:36:15.60	00:37:58.80	+00:19:12 (53.0%)	7:15	8.3 (47.2%)
690	KORPAS Mikołaj	1161	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-10	66	00:00:01	00:36:35.80	00:36:37.40	+00:19:32 (53.4%)	7:19	8.2 (46.6%)
691	GORZYCKI Dariusz	1158	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-40	148	00:00:02	00:36:36.65	00:36:38.75	+00:19:33 (53.4%)	7:19	8.2 (46.6%)
692	TUCZYŃSKI Sylwester	1078	BYDGOSKIE OKONIE	M-20	175	00:00:00	00:36:38.90	00:36:38.90	+00:19:35 (53.5%)	7:19	8.2 (46.6%)
693	STARZYŃSKI Piotr	252	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	M-30	249	00:01:06	00:36:44.65	00:37:50.95	+00:19:41 (53.6%)	7:20	8.2 (46.6%)
694	ŻAL Robert	90	SPÓJNIA BIAŁE BŁOTA	M-30	250	00:01:39	00:37:09.30	00:38:48.65	+00:20:06 (54.1%)	7:25	8.1 (46.0%)
695	ŻAL Marcin	705		M-10	67	00:01:38	00:37:10.05	00:38:48.60	+00:20:07 (54.1%)	7:26	8.1 (46.0%)
696	WOJCIESZAK Przemysław	1235		M-20	176	00:00:53	00:37:13.10	00:38:06.55	+00:20:10 (54.2%)	7:26	8.1 (46.0%)
697	JASTRZEMBSKI Krzysztof	633	KOCHAM TATĘ!!!	M-10	68	00:01:49	00:37:17.30	00:39:07.05	+00:20:14 (54.3%)	7:27	8 (45.5%)
698	JASTRZEMBSKI Edmund	272	SILESIA MARATHON TEAM	M-40	149	00:01:49	00:37:19.65	00:39:08.95	+00:20:16 (54.3%)	7:27	8 (45.5%)
699	ZNANIECKI Michał	586	BBL INOWROCŁAW	M-40	150	00:01:34	00:38:08.55	00:39:42.70	+00:21:05 (55.3%)	7:37	7.9 (44.9%)
700	ZNANIECKI Wojciech	547	BYDGOSZCZ NA START	M-30	251	00:01:33	00:38:09.65	00:39:43.15	+00:21:06 (55.3%)	7:38	7.9 (44.9%)
701	RUTKOWSKI Adam	667		M-40	151	00:01:30	00:38:33.00	00:40:03.65	+00:21:29 (55.8%)	7:42	7.8 (44.3%)
702	PILECKI Gustaw	1303	BRZOZA BIEGA	M-60+	10	00:00:27	00:38:33.75	00:39:01.50	+00:21:30 (55.8%)	7:42	7.8 (44.3%)
703	REGENT Daniel	1176		M-40	152	00:00:54	00:40:43.20	00:41:37.30	+00:23:40 (58.1%)	8:08	7.4 (42.0%)
704	DŁUGOŁĘCKI Dariusz	869	RUN BDG	M-40	153	00:01:50	00:41:09.10	00:43:00.05	+00:24:06 (58.6%)	8:14	7.3 (41.5%)
705	WIECZOREK Marcin	101		M-30	252	00:01:48	00:41:21.90	00:43:09.90	+00:24:18 (58.8%)	8:16	7.3 (41.5%)
706	BORUCH Łukasz	991		M-30	253	00:00:08					(0.0%)
707	JASTRZEMBSKI Stanisław	628	BUSHIDO KARATE BYDGOSZCZ	M-10	69	00:01:49					(0.0%)

Znaleziono 707 wynik(ów)