

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2017

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2017-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	870		K-30	1	00:00:01	00:17:40.45	00:17:42.15		3:32	17 (100%)
2	WOJDAT Marta	198	GOLDEN DRAGON	K-20	1	00:00:04	00:20:11.05	00:20:15.85	+00:02:30 (12.4%)	4:02	14.9 (87.6%)
3	MENDEL Magdalena	99	TRISPACE	K-20	2	00:00:02	00:20:24.70	00:20:27.25	+00:02:44 (13.4%)	4:05	14.7 (86.5%)
4	PALACZ Wioletta	96		K-30	3	00:00:04	00:21:48.30	00:21:52.55	+00:04:07 (18.9%)	4:21	13.8 (81.2%)
5	GOŚCINIAK Agnieszka	1116		K-30	2	00:00:17	00:21:46.05	00:22:04.00	+00:04:05 (18.8%)	4:21	13.8 (81.2%)
6	SKORNIA Eliza	281		K-20	3	00:00:31	00:21:39.00	00:22:10.35	+00:03:58 (18.4%)	4:19	13.9 (81.8%)
7	BRZYSKA Marcelina	199		K-10	1	00:00:08	00:22:03.45	00:22:12.40	+00:04:23 (19.9%)	4:24	13.6 (80.0%)
8	FILARECKA Agnieszka	1071		K-30	4	00:00:08	00:22:06.80	00:22:15.15	+00:04:26 (20.1%)	4:25	13.6 (80.0%)
9	STYKAŁA Magdalena	810		K-40	1	00:00:24	00:21:55.40	00:22:19.70	+00:04:14 (19.4%)	4:23	13.7 (80.6%)
10	RATAJ Zuzanna	28		K-30	5	00:00:10	00:22:09.95	00:22:20.15	+00:04:29 (20.3%)	4:26	13.5 (79.4%)
11	JAGODZIŃSKA Magdalena	34	BYDGOSKIE OKONIE	K-20	4	00:00:09	00:22:29.45	00:22:38.60	+00:04:49 (21.4%)	4:29	13.3 (78.2%)
12	DERING Hanna	393	BYDGOSKIE ŻÓŁWIE	K-30	6	00:00:27	00:22:16.70	00:22:43.85	+00:04:36 (20.7%)	4:27	13.5 (79.4%)
13	WOŹNIAK Anna	103	RUN PASJA	K-30	7	00:00:12	00:22:33.10	00:22:45.65	+00:04:52 (21.6%)	4:30	13.3 (78.2%)
14	RADOWSKA Helena	868		K-50	1	00:00:04	00:23:03.00	00:23:07.65	+00:05:22 (23.3%)	4:36	13 (76.5%)
15	SIERSZULSKA-WAŁĘZA Anna	458	KANAŁOWA TEAM	K-30	8	00:00:14	00:23:00.95	00:23:15.80	+00:05:20 (23.2%)	4:36	13 (76.5%)
16	RUDOL Magdalena	781		K-40	3	00:00:10	00:23:10.05	00:23:20.05	+00:05:29 (23.7%)	4:38	12.9 (75.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	KWIATKOWSKA Bożena	1388		K-40	2	00:00:16	00:23:04.95	00:23:21.80	+00:05:24 (23.4%)	4:37	13 (76.5%)
18	MROTEK Katarzyna	457	ON THE MOVE	K-30	9	00:00:28	00:23:01.25	00:23:30.10	+00:05:20 (23.2%)	4:36	13 (76.5%)
19	SZULC Małgorzata	712		K-40	4	00:00:29	00:23:16.10	00:23:46.00	+00:05:35 (24.0%)	4:39	12.9 (75.9%)
20	STASZKIEWICZ Lucyna	888	STASHKY TEAM	K-50	2	00:00:14	00:23:38.00	00:23:52.45	+00:05:57 (25.2%)	4:43	12.7 (74.7%)
21	SOKOŁOWSKA Hanna	1195	ANIMAL CARE COMPLEX	K-50	3	00:00:09	00:23:46.10	00:23:55.40	+00:06:05 (25.6%)	4:45	12.6 (74.1%)
22	FUZ Emilia	725	KABEL TEAM BYDGOSZCZ	K-20	5	00:00:31	00:23:25.75	00:23:56.95	+00:05:45 (24.6%)	4:41	12.8 (75.3%)
23	ZALEWSKA Paulina	1057		K-10	3	00:00:20	00:23:39.55	00:24:00.10	+00:05:59 (25.3%)	4:44	12.7 (74.7%)
24	WÓJT Monika	8		K-30	11	00:00:28	00:23:49.25	00:24:17.65	+00:06:08 (25.8%)	4:45	12.6 (74.1%)
25	ZAMIATOWSKA Kinga	1300	BELLA LINE BDG	K-40	5	00:00:14	00:24:03.60	00:24:17.70	+00:06:23 (26.5%)	4:48	12.5 (73.5%)
26	SZCZUKOWSKA Nicol	825		K-10	5	00:00:15	00:24:04.10	00:24:19.25	+00:06:23 (26.6%)	4:48	12.5 (73.5%)
27	STRÓŻYK Grażyna	14		K-20	7	00:00:25	00:23:54.00	00:24:19.80	+00:06:13 (26.0%)	4:46	12.6 (74.1%)
28	CABAŃSKA Martyna	698		K-10	4	00:00:22	00:23:57.65	00:24:20.35	+00:06:17 (26.2%)	4:47	12.5 (73.5%)
29	LUZAK Magdalena	1440	BIEGNĘ DLA AGU, KRZYŻACZKA I TOME CZKA	K-20	8	00:00:16	00:24:04.55	00:24:21.05	+00:06:24 (26.6%)	4:49	12.5 (73.5%)
30	GANDZIAROWSKA Anna	223		K-20	10	00:00:16	00:24:10.15	00:24:26.15	+00:06:29 (26.9%)	4:50	12.4 (72.9%)
31	GROBELNA Angelika	841		K-40	7	00:00:17	00:24:09.60	00:24:27.35	+00:06:29 (26.8%)	4:50	12.4 (72.9%)
32	KRYSZTOFORSKA Marta	80		K-20	6	00:00:41	00:23:47.55	00:24:29.05	+00:06:07 (25.7%)	4:45	12.6 (74.1%)
33	DRABIK Maja	1120		K-20	9	00:00:25	00:24:05.25	00:24:30.75	+00:06:24 (26.6%)	4:49	12.5 (73.5%)
34	CABAŃSKA Katarzyna	681	VITAPOL	K-30	13	00:00:21	00:24:08.85	00:24:30.80	+00:06:28 (26.8%)	4:49	12.4 (72.9%)
35	RAKAŁOWICZ Justyna	237	BYDGOSZCZ	K-30	14	00:00:12	00:24:18.75	00:24:31.05	+00:06:38 (27.3%)	4:51	12.3 (72.4%)
36	MICHALAK Martyna	1074		K-10	2	00:00:54	00:23:38.70	00:24:33.60	+00:05:58 (25.3%)	4:43	12.7 (74.7%)
37	WOJCIECHOWSKA Emilia	285		K-40	9	00:00:21	00:24:21.35	00:24:43.30	+00:06:40 (27.4%)	4:52	12.3 (72.4%)
38	MAJEWICZ Sylwia	778		K-20	12	00:00:22	00:24:21.35	00:24:43.75	+00:06:40 (27.4%)	4:52	12.3 (72.4%)
39	BEDNAREK Marta	423	CZARNE STOPY.SM	K-30	15	00:00:21	00:24:23.70	00:24:44.80	+00:06:43 (27.6%)	4:52	12.3 (72.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
39	STEJUK Aleksandra	1301		K-40	10	00:00:15	00:24:29.15	00:24:44.80	+00:06:48 (27.8%)	4:53	12.3 (72.4%)
41	WOLAN Magdalena	1414		K-30	10	00:01:02	00:23:42.85	00:24:45.00	+00:06:02 (25.5%)	4:44	12.6 (74.1%)
42	MUSS Karolina	72		K-40	6	00:00:40	00:24:08.20	00:24:48.25	+00:06:27 (26.8%)	4:49	12.4 (72.9%)
43	RYBKA Ilona	871		K-40	8	00:00:28	00:24:20.65	00:24:49.50	+00:06:40 (27.4%)	4:52	12.3 (72.4%)
44	PASZEK Maria	940	TKKF KOLEJARZ BYDGOSZCZ	K-30	12	00:00:57	00:23:54.85	00:24:52.50	+00:06:14 (26.1%)	4:47	12.5 (73.5%)
45	GŁOWSKA Magdalena	660		K-20	13	00:00:23	00:24:30.95	00:24:54.40	+00:06:50 (27.9%)	4:54	12.2 (71.8%)
46	TARCZYŃSKA Marta	303	TEAM WUJEK PORADA	K-30	17	00:00:22	00:24:33.30	00:24:55.70	+00:06:52 (28.0%)	4:54	12.2 (71.8%)
47	DOBUCKA Katarzyna	257	CHONAROWER.PL	K-20	17	00:00:18	00:24:42.75	00:25:01.05	+00:07:02 (28.5%)	4:56	12.1 (71.2%)
48	ŻARLIŃSKA Olga	1144		K-20	11	00:00:48	00:24:13.90	00:25:02.25	+00:06:33 (27.1%)	4:50	12.4 (72.9%)
49	BĄCZEK Paulina	1002		K-10	6	00:00:24	00:24:37.65	00:25:02.55	+00:06:57 (28.2%)	4:55	12.2 (71.8%)
50	LALA Adrianna	125		K-20	16	00:00:21	00:24:41.55	00:25:02.65	+00:07:01 (28.4%)	4:56	12.2 (71.8%)
51	GRABARSKA Anna	1480		K-30	25	00:00:10	00:24:56.65	00:25:07.20	+00:07:16 (29.1%)	4:59	12 (70.6%)
52	LIBERA Aleksandra	1081		K-20	18	00:00:22	00:24:46.70	00:25:08.85	+00:07:06 (28.7%)	4:57	12.1 (71.2%)
53	WILMA Patrycja	594		K-20	15	00:00:29	00:24:39.20	00:25:09.10	+00:06:58 (28.3%)	4:56	12.2 (71.8%)
54	GADZIŃSKA Aleksandra	915		K-40	14	00:00:18	00:24:51.30	00:25:10.20	+00:07:10 (28.9%)	4:58	12.1 (71.2%)
55	BOROWIEC Wioleta	1303	BBL SZUBIN	K-30	18	00:00:20	00:24:49.90	00:25:10.25	+00:07:09 (28.8%)	4:58	12.1 (71.2%)
56	HAUS Katarzyna	1446	BBL SZUBIN	K-40	15	00:00:20	00:24:51.85	00:25:11.95	+00:07:11 (28.9%)	4:58	12.1 (71.2%)
57	KANIA Dorota	852		K-40	11	00:00:32	00:24:42.80	00:25:15.55	+00:07:02 (28.5%)	4:56	12.1 (71.2%)
58	BOROWICZ Anna	1232		K-30	16	00:00:49	00:24:30.50	00:25:19.65	+00:06:50 (27.9%)	4:54	12.2 (71.8%)
59	POTRZEBOWSKA Agata	215	DEAF	K-30	22	00:00:30	00:24:52.70	00:25:23.45	+00:07:12 (29.0%)	4:58	12.1 (71.2%)
60	NAPIERALSKA Natalia	1149		K-30	21	00:00:32	00:24:52.20	00:25:24.55	+00:07:11 (28.9%)	4:58	12.1 (71.2%)
61	PADZIKOWSKA Agnieszka	178		K-30	29	00:00:08	00:25:17.65	00:25:26.60	+00:07:37 (30.1%)	5:03	11.9 (70.0%)
62	KOPACZEWSKA Agata	704		K-20	14	00:00:54	00:24:35.20	00:25:29.30	+00:06:54 (28.1%)	4:55	12.2 (71.8%)

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63	KITOWSKA Anna	78		K-30	28	00:00:13	00:25:17.15	00:25:30.80	+00:07:36 (30.1%)	5:03	11.9 (70.0%)
64	ROGALSKA Justyna	1490	SZAFIRKI	K-30	23	00:00:42	00:24:54.00	00:25:36.10	+00:07:13 (29.0%)	4:58	12 (70.6%)
65	FRANK Agnieszka	1442		K-30	19	00:00:46	00:24:50.45	00:25:37.35	+00:07:10 (28.9%)	4:58	12.1 (71.2%)
66	TOPOLSKA Emilia	1477		K-30	27	00:00:27	00:25:10.25	00:25:37.70	+00:07:29 (29.8%)	5:02	11.9 (70.0%)
67	DOMBROWSKA-OSAK Iza	293		K-30	31	00:00:15	00:25:27.25	00:25:42.55	+00:07:46 (30.6%)	5:05	11.8 (69.4%)
68	BĘC Dominika	697		K-20	19	00:00:56	00:24:47.70	00:25:43.80	+00:07:07 (28.7%)	4:57	12.1 (71.2%)
69	IWANUSEK Agnieszka	780		K-30	24	00:00:52	00:24:56.20	00:25:49.15	+00:07:15 (29.1%)	4:59	12 (70.6%)
70	KRAKOWIAK Marta	612		K-20	22	00:00:16	00:25:32.85	00:25:49.65	+00:07:52 (30.8%)	5:06	11.7 (68.8%)
71	KOLANOWSKA Grażyna	693		K-50	5	00:00:31	00:25:17.95	00:25:49.75	+00:07:37 (30.1%)	5:03	11.9 (70.0%)
72	PIETRZAK Anna	366		K-20	20	00:00:32	00:25:17.60	00:25:50.20	+00:07:37 (30.1%)	5:03	11.9 (70.0%)
73	PATRZAŁEK Małgorzata	602		K-40	12	00:01:03	00:24:48.25	00:25:51.95	+00:07:07 (28.7%)	4:57	12.1 (71.2%)
74	CHMIELEWSKA Marta	267		K-30	20	00:01:01	00:24:50.50	00:25:52.00	+00:07:10 (28.9%)	4:58	12.1 (71.2%)
75	PILAKOWSKA Angelika	316		K-30	26	00:00:56	00:25:02.35	00:25:59.00	+00:07:21 (29.4%)	5:00	12 (70.6%)
76	SZEWCZUK Małgorzata	137		K-30	30	00:00:39	00:25:20.40	00:25:59.55	+00:07:39 (30.3%)	5:04	11.8 (69.4%)
77	STASIAK Renata	535		K-50	4	00:00:58	00:25:01.55	00:26:00.00	+00:07:21 (29.4%)	5:00	12 (70.6%)
78	LEWANDOWSKA Joanna	1005		K-30	33	00:00:30	00:25:30.30	00:26:00.35	+00:07:49 (30.7%)	5:06	11.8 (69.4%)
79	DZIERŻAWSKA Aneta	484		K-30	32	00:00:36	00:25:27.50	00:26:04.15	+00:07:47 (30.6%)	5:05	11.8 (69.4%)
80	PAZDRO Małgorzata	1403		K-40	13	00:01:15	00:24:49.00	00:26:04.85	+00:07:08 (28.8%)	4:57	12.1 (71.2%)
81	WESTPHAL Magdalena	295		K-20	23	00:00:32	00:25:33.10	00:26:05.15	+00:07:52 (30.8%)	5:06	11.7 (68.8%)
82	NALEWALSKA Justyna	24	SERCE TYBETU	K-20	24	00:00:36	00:25:33.20	00:26:10.15	+00:07:52 (30.8%)	5:06	11.7 (68.8%)
83	ANDRZEJEWSKA Sylwia	205		K-20	26	00:00:32	00:25:41.30	00:26:13.60	+00:08:00 (31.2%)	5:08	11.7 (68.8%)
84	GRAŻKA Ewa	670		K-20	27	00:00:21	00:25:51.95	00:26:13.70	+00:08:11 (31.7%)	5:10	11.6 (68.2%)
84	NUNZEK Agnieszka	682		K-40	17	00:00:17	00:25:55.80	00:26:13.70	+00:08:15 (31.8%)	5:11	11.6 (68.2%)

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86	DULIŃSKA Dorota	761	ZS19 TEAM/TRISPACE	K-40	18	00:00:10	00:26:04.00	00:26:14.20	+00:08:23 (32.2%)	5:12	11.5 (67.6%)
87	HARASZKIEWICZ Małgorzata	543		K-20	31	00:00:08	00:26:06.75	00:26:15.05	+00:08:26 (32.3%)	5:13	11.5 (67.6%)
88	WOJTYSIAK Dorota	306		K-30	35	00:00:18	00:25:58.25	00:26:16.60	+00:08:17 (31.9%)	5:11	11.6 (68.2%)
89	DRZEWUCKA Anna	1280		K-50	6	00:00:49	00:25:28.95	00:26:18.40	+00:07:48 (30.6%)	5:05	11.8 (69.4%)
90	CZECH Dominika	1137		K-20	30	00:00:16	00:26:03.15	00:26:19.90	+00:08:22 (32.2%)	5:12	11.5 (67.6%)
91	JABŁOŃSKA Anita	857		K-30	36	00:00:17	00:26:02.75	00:26:19.95	+00:08:22 (32.1%)	5:12	11.5 (67.6%)
92	TWARDOWSKA Sylwia	628		K-30	37	00:00:12	00:26:12.60	00:26:24.75	+00:08:32 (32.6%)	5:14	11.5 (67.6%)
93	KRZYŻANOWSKA Patrycja	1135		K-20	25	00:00:50	00:25:36.05	00:26:26.30	+00:07:55 (31.0%)	5:07	11.7 (68.8%)
94	GRZONKA Emilia	1296		K-20	28	00:00:32	00:25:54.20	00:26:26.60	+00:08:13 (31.8%)	5:10	11.6 (68.2%)
95	MICHNA Justyna	989		K-40	16	00:01:16	00:25:13.05	00:26:29.60	+00:07:32 (29.9%)	5:02	11.9 (70.0%)
96	BARANOWSKA Julia	536		K-10	7	00:00:52	00:25:38.90	00:26:31.60	+00:07:58 (31.1%)	5:07	11.7 (68.8%)
97	DRÓZDŹ Małgorzata	616		K-20	29	00:00:33	00:25:58.60	00:26:31.65	+00:08:18 (32.0%)	5:11	11.6 (68.2%)
98	KUŹMA Anna	500	THE RUNNERS ŚWIECIE	K-30	34	00:00:42	00:25:50.55	00:26:32.65	+00:08:10 (31.6%)	5:10	11.6 (68.2%)
99	MIKOŁAJEWSKA Martyna	1294		K-10	8	00:00:39	00:25:58.20	00:26:37.25	+00:08:17 (31.9%)	5:11	11.6 (68.2%)
100	SOKÓŁ Krystyna	314		K-20	34	00:00:14	00:26:23.55	00:26:38.40	+00:08:43 (33.0%)	5:16	11.4 (67.1%)
101	GNIOT Bożena	782		K-30	38	00:00:26	00:26:13.20	00:26:39.25	+00:08:32 (32.6%)	5:14	11.4 (67.1%)
101	STYKAŁA Adrianna	811		K-10	10	00:00:25	00:26:13.50	00:26:39.25	+00:08:33 (32.6%)	5:14	11.4 (67.1%)
103	PRZYBYLSKA Grażyna	338		K-50	7	00:00:43	00:25:55.80	00:26:39.65	+00:08:15 (31.8%)	5:11	11.6 (68.2%)
104	BŁAŻEJEWICZ Monika	229		K-20	35	00:00:10	00:26:32.80	00:26:43.00	+00:08:52 (33.4%)	5:18	11.3 (66.5%)
105	ORZAŁKIEWICZ Agata	613		K-20	21	00:01:14	00:25:28.85	00:26:43.10	+00:07:48 (30.6%)	5:05	11.8 (69.4%)
106	OWCZAREK Agnieszka	1129	BIEGAM BO LUBIĘ	K-30	46	00:00:04	00:26:41.80	00:26:46.65	+00:09:01 (33.8%)	5:20	11.2 (65.9%)
107	KROPIŃSKA Monika	898		K-30	43	00:00:22	00:26:25.50	00:26:47.65	+00:08:45 (33.1%)	5:17	11.4 (67.1%)
108	PAWLACZYK-MATELA Emilia	194	BYDGOSKA GAZELA	K-30	45	00:00:16	00:26:31.80	00:26:47.95	+00:08:51 (33.4%)	5:18	11.3 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	GIERJATOWICZ Maria	294		K-30	39	00:00:35	00:26:14.25	00:26:49.35	+00:08:33 (32.6%)	5:14	11.4 (67.1%)
110	JÓZEFIAK Alicja	142	VEGE RUNNERS	K-20	32	00:00:39	00:26:10.30	00:26:49.90	+00:08:29 (32.5%)	5:14	11.5 (67.6%)
111	SKORA-TUPTANOWSKA Monika	832	WELD-LINE TEAM	K-30	40	00:00:36	00:26:15.35	00:26:51.45	+00:08:34 (32.7%)	5:15	11.4 (67.1%)
112	GIPP Małgorzata	1202	SZAFIRKI	K-30	41	00:00:42	00:26:18.55	00:27:00.65	+00:08:38 (32.8%)	5:15	11.4 (67.1%)
113	JARUSZEWSKA Jowita	797		K-40	24	00:00:11	00:26:54.45	00:27:05.55	+00:09:14 (34.3%)	5:22	11.2 (65.9%)
114	KOCHAŃSKA Wioletta	1220		K-40	19	00:00:35	00:26:30.90	00:27:05.95	+00:08:50 (33.3%)	5:18	11.3 (66.5%)
115	KOZICKA Magdalena	973		K-20	37	00:00:33	00:26:36.20	00:27:10.05	+00:08:55 (33.6%)	5:19	11.3 (66.5%)
116	MIKSZTOWICZ Oliwia	653		K-10	12	00:00:19	00:26:52.90	00:27:12.25	+00:09:12 (34.3%)	5:22	11.2 (65.9%)
117	MALATYŃSKA Barbara	1160		K-40	20	00:00:41	00:26:31.95	00:27:13.75	+00:08:51 (33.4%)	5:18	11.3 (66.5%)
118	ZALEWSKA Michalina	1369	UKS KOPERNIK	K-10	9	00:01:16	00:25:58.25	00:27:14.90	+00:08:17 (31.9%)	5:11	11.6 (68.2%)
119	PORAZINSKA Viktoria	418		K-40	21	00:00:51	00:26:33.15	00:27:24.70	+00:08:52 (33.4%)	5:18	11.3 (66.5%)
120	ANDRZEJEWSKA Joanna	729		K-40	25	00:00:14	00:27:10.70	00:27:24.95	+00:09:30 (35.0%)	5:26	11 (64.7%)
121	SMOCZYŃSKA Agnieszka	242		K-20	40	00:00:13	00:27:12.55	00:27:25.90	+00:09:32 (35.0%)	5:26	11 (64.7%)
122	REMUS Sandra	1271		K-20	36	00:00:56	00:26:34.65	00:27:31.15	+00:08:54 (33.5%)	5:19	11.3 (66.5%)
123	WOJDAT Dominika	321		K-20	33	00:01:12	00:26:20.15	00:27:32.20	+00:08:39 (32.9%)	5:16	11.4 (67.1%)
124	ZDROJOWA Agnieszka	1365		K-30	42	00:01:08	00:26:24.15	00:27:32.25	+00:08:43 (33.1%)	5:16	11.4 (67.1%)
125	ZAJĄCZKOWSKA Anna	650	#TEAMWUJKAPORADY	K-30	54	00:00:22	00:27:10.00	00:27:32.40	+00:09:29 (34.9%)	5:26	11 (64.7%)
126	WIELUŃSKA Dorota	624		K-20	39	00:00:23	00:27:09.25	00:27:32.75	+00:09:28 (34.9%)	5:25	11 (64.7%)
127	KREJMER Ola	1462		K-30	47	00:00:52	00:26:43.45	00:27:35.80	+00:09:03 (33.9%)	5:20	11.2 (65.9%)
128	MAZUREK Anita	186		K-40	26	00:00:27	00:27:11.25	00:27:38.80	+00:09:30 (35.0%)	5:26	11 (64.7%)
129	WYRWIAK Iwona	1353		K-30	44	00:01:14	00:26:27.05	00:27:42.00	+00:08:46 (33.2%)	5:17	11.3 (66.5%)
130	KONIECZNA Kasia	485		K-30	55	00:00:29	00:27:12.35	00:27:42.15	+00:09:31 (35.0%)	5:26	11 (64.7%)
131	DUDZIŃSKA Małgorzata	136		K-40	29	00:00:17	00:27:25.85	00:27:43.50	+00:09:45 (35.6%)	5:29	10.9 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	DOMINICZAK Anna	1484		K-30	53	00:00:38	00:27:05.40	00:27:43.55	+00:09:24 (34.8%)	5:25	11.1 (65.3%)
133	PILAKOWSKA Jowita	387		K-10	11	00:00:54	00:26:52.40	00:27:47.15	+00:09:11 (34.2%)	5:22	11.2 (65.9%)
133	PODOSEK Magdalena	496	BYDGOSZCZ	K-30	56	00:00:31	00:27:15.65	00:27:47.15	+00:09:35 (35.2%)	5:27	11 (64.7%)
135	MATERA Magda	473		K-20	42	00:00:21	00:27:29.00	00:27:50.35	+00:09:48 (35.7%)	5:29	10.9 (64.1%)
136	GIERSZEWSKA Grażyna	521		K-40	22	00:01:13	00:26:38.35	00:27:51.60	+00:08:57 (33.7%)	5:19	11.3 (66.5%)
137	FUZ Gabriela	724	KABEL TEAM BYDGOSZCZ	K-40	23	00:01:01	00:26:51.80	00:27:53.55	+00:09:11 (34.2%)	5:22	11.2 (65.9%)
138	BISKUPSKA Ewa	1253		K-30	48	00:01:07	00:26:46.95	00:27:54.65	+00:09:06 (34.0%)	5:21	11.2 (65.9%)
139	KULIŃSKA Marta	212		K-30	50	00:01:03	00:26:53.80	00:27:56.80	+00:09:13 (34.3%)	5:22	11.2 (65.9%)
140	TOMCZAK Magdalena	1492		K-20	43	00:00:28	00:27:29.00	00:27:57.45	+00:09:48 (35.7%)	5:29	10.9 (64.1%)
141	JELEŃ Agnieszka	334	VEGE RUNNERS	K-30	52	00:00:56	00:27:03.05	00:27:59.55	+00:09:22 (34.7%)	5:24	11.1 (65.3%)
142	HAFFKE Olga	789		K-10	13	00:01:00	00:26:58.75	00:27:59.65	+00:09:18 (34.5%)	5:23	11.1 (65.3%)
143	SOSNOWSKA Dorota	180		K-40	27	00:00:41	00:27:18.10	00:27:59.80	+00:09:37 (35.3%)	5:27	11 (64.7%)
144	JANKOWIAK Paulina	1420		K-20	47	00:00:23	00:27:37.40	00:28:01.35	+00:09:56 (36.0%)	5:31	10.9 (64.1%)
145	PRZYWITOWSKA Sara	903		K-20	41	00:00:34	00:27:27.05	00:28:01.40	+00:09:46 (35.6%)	5:29	10.9 (64.1%)
146	NIKOŁAJCZYK Agnieszka	1049		K-30	49	00:01:16	00:26:49.75	00:28:05.90	+00:09:09 (34.1%)	5:21	11.2 (65.9%)
147	KOBYLARZ Paulina Róża	222		K-20	44	00:00:36	00:27:31.40	00:28:08.00	+00:09:50 (35.8%)	5:30	10.9 (64.1%)
148	BAK Magdalena	1433	MOGĘ SZYBCIEJ ALE NIE CHCĘ	K-30	64	00:00:34	00:27:36.35	00:28:11.15	+00:09:55 (36.0%)	5:31	10.9 (64.1%)
149	CZECZINSKA Pamela	987		K-20	46	00:00:39	00:27:32.70	00:28:12.30	+00:09:52 (35.8%)	5:30	10.9 (64.1%)
150	JÓZEFIAK Magdalena	150		K-50	8	00:00:39	00:27:34.80	00:28:14.05	+00:09:54 (35.9%)	5:31	10.9 (64.1%)
151	CHEŁMINIAK Magdalena	1103	BRACIA DALTON	K-30	57	00:00:48	00:27:26.25	00:28:14.45	+00:09:45 (35.6%)	5:29	10.9 (64.1%)
152	JANUSZKIEWICZ Kornelia	415		K-30	51	00:01:17	00:26:58.20	00:28:15.50	+00:09:17 (34.5%)	5:23	11.1 (65.3%)
153	JAKUBIEC Adrianna	1115		K-20	51	00:00:14	00:28:03.95	00:28:18.50	+00:10:23 (37.0%)	5:36	10.7 (62.9%)
154	GRZECHOWIAK Anna	177	ZIELONY PELIKAN	K-20	49	00:00:18	00:28:00.30	00:28:19.05	+00:10:19 (36.9%)	5:36	10.7 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
154	PISKORSKA Marta	1099		K-30	75	00:00:14	00:28:04.90	00:28:19.05	+00:10:24 (37.1%)	5:37	10.7 (62.9%)
156	MIKOŁAJCZAK Magdalena	544		K-40	36	00:00:00	00:28:19.30	00:28:19.30	+00:10:38 (37.6%)	5:39	10.6 (62.4%)
157	WARSZAWSKA Martyna	1201		K-10	16	00:00:42	00:27:38.05	00:28:20.70	+00:09:57 (36.0%)	5:31	10.9 (64.1%)
158	KROPIDŁOWSKA Magdalena	126	OCELOTY KRUSZYN KRAJEŃSKI	K-30	73	00:00:22	00:27:58.45	00:28:21.30	+00:10:18 (36.8%)	5:35	10.7 (62.9%)
159	MIKA Monika	546		K-20	45	00:00:51	00:27:31.65	00:28:22.90	+00:09:51 (35.8%)	5:30	10.9 (64.1%)
160	SZUBARTOWSKA Pola	1054		K-10	15	00:00:54	00:27:29.80	00:28:24.05	+00:09:49 (35.7%)	5:30	10.9 (64.1%)
161	MELLEEM-ZWIEWKA Małgorzata	330	KLUB BIEGAJĄCE BABECZKI	K-40	30	00:00:49	00:27:35.30	00:28:24.35	+00:09:54 (35.9%)	5:31	10.9 (64.1%)
162	RYDELSKA Kinga	1384		K-40	32	00:00:36	00:27:48.25	00:28:24.90	+00:10:07 (36.4%)	5:33	10.8 (63.5%)
163	MAJER Magda	1133		K-30	61	00:00:57	00:27:28.10	00:28:25.30	+00:09:47 (35.7%)	5:29	10.9 (64.1%)
164	JAHNKE Maja	1134		K-30	62	00:00:57	00:27:29.10	00:28:26.20	+00:09:48 (35.7%)	5:29	10.9 (64.1%)
165	KŁOSOWSKA-BUTOR Beata	131		K-40	37	00:00:07	00:28:19.50	00:28:26.65	+00:10:39 (37.6%)	5:39	10.6 (62.4%)
166	CZARNECKA -PIJAROWSKA Dominika	564		K-30	78	00:00:17	00:28:10.10	00:28:27.45	+00:10:29 (37.3%)	5:38	10.7 (62.9%)
167	MALICKA Beata	1182		K-50	9	00:00:18	00:28:09.40	00:28:27.60	+00:10:28 (37.2%)	5:37	10.7 (62.9%)
168	LEWANDOWSKA Sylwia	1425		K-30	68	00:00:37	00:27:50.40	00:28:27.85	+00:10:09 (36.5%)	5:34	10.8 (63.5%)
169	MASLOWSKA Angelika	1087		K-30	59	00:01:02	00:27:26.60	00:28:28.65	+00:09:46 (35.6%)	5:29	10.9 (64.1%)
170	SZABLINSKA Honorata	935		K-30	60	00:01:01	00:27:27.25	00:28:28.85	+00:09:46 (35.6%)	5:29	10.9 (64.1%)
171	CHMIELEWSKA Agnieszka	214		K-30	58	00:01:05	00:27:26.50	00:28:32.35	+00:09:46 (35.6%)	5:29	10.9 (64.1%)
172	BRONA Ewelina	718		K-20	48	00:00:32	00:28:00.20	00:28:32.80	+00:10:19 (36.9%)	5:36	10.7 (62.9%)
173	SOBOLEWSKA Aleksandra	37		K-20	53	00:00:18	00:28:14.65	00:28:32.85	+00:10:34 (37.4%)	5:38	10.6 (62.4%)
174	ORNATOWSKA Magdalena	349	GORDON RUN	K-30	65	00:00:53	00:27:39.55	00:28:33.10	+00:09:59 (36.1%)	5:32	10.8 (63.5%)
175	TOMASZEWICZ Kamila	735		K-20	52	00:00:30	00:28:04.40	00:28:35.05	+00:10:23 (37.0%)	5:37	10.7 (62.9%)
176	PIECYK-CZAJA Sonia	135		K-30	72	00:00:38	00:27:56.65	00:28:35.45	+00:10:16 (36.8%)	5:35	10.7 (62.9%)
177	TOBOLSKA Małgorzata	1473		K-30	69	00:00:44	00:27:51.90	00:28:36.85	+00:10:11 (36.6%)	5:34	10.8 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	PETNER Anna	374		K-40	33	00:00:42	00:27:58.05	00:28:40.50	+00:10:17 (36.8%)	5:35	10.7 (62.9%)
179	TOKARSKA Alicja	518	VEGE RUNNERS	K-30	77	00:00:32	00:28:07.85	00:28:40.65	+00:10:27 (37.2%)	5:37	10.7 (62.9%)
180	JOŃCZAK Paulina	998		K-30	76	00:00:32	00:28:07.80	00:28:40.70	+00:10:27 (37.2%)	5:37	10.7 (62.9%)
181	WILCZYŃSKA Iga	731		K-10	17	00:00:45	00:27:56.25	00:28:41.65	+00:10:15 (36.7%)	5:35	10.7 (62.9%)
182	POCZWARDOWSKA Wioletta	1066		K-40	31	00:00:55	00:27:47.75	00:28:43.00	+00:10:07 (36.4%)	5:33	10.8 (63.5%)
182	LEWANDOWSKA Iza	617		K-30	81	00:00:29	00:28:13.20	00:28:43.00	+00:10:32 (37.4%)	5:38	10.6 (62.4%)
184	PIETRZAK Agata	153		K-20	59	00:00:19	00:28:24.15	00:28:43.85	+00:10:43 (37.8%)	5:40	10.6 (62.4%)
185	ZALECH Barbara	818		K-30	63	00:01:14	00:27:30.10	00:28:44.85	+00:09:49 (35.7%)	5:30	10.9 (64.1%)
186	GIŻA Wioletta	992		K-30	67	00:01:00	00:27:45.65	00:28:46.20	+00:10:05 (36.3%)	5:33	10.8 (63.5%)
187	SMOLIŃSKA Beata	207	ZIELONY PELIKAN	K-40	40	00:00:18	00:28:31.20	00:28:49.55	+00:10:50 (38.0%)	5:42	10.5 (61.8%)
188	BILON-MOLENDA Alicja	936		K-30	71	00:00:54	00:27:55.10	00:28:49.80	+00:10:14 (36.7%)	5:35	10.7 (62.9%)
189	BUDZIŃSKA Dorota	1427		K-20	38	00:01:44	00:27:06.30	00:28:50.35	+00:09:25 (34.8%)	5:25	11.1 (65.3%)
190	TOMCZAK Marzena	524		K-20	61	00:00:21	00:28:29.60	00:28:50.70	+00:10:49 (38.0%)	5:41	10.5 (61.8%)
191	DURĄŁEK Laura	959		K-10	14	00:01:31	00:27:20.35	00:28:51.80	+00:09:39 (35.4%)	5:28	11 (64.7%)
192	OLSZEWSKA-GRAF Karolina	1170		K-30	82	00:00:36	00:28:15.85	00:28:52.00	+00:10:35 (37.5%)	5:39	10.6 (62.4%)
193	DURĄŁEK Anna	960		K-40	28	00:01:32	00:27:20.55	00:28:52.60	+00:09:40 (35.4%)	5:28	11 (64.7%)
194	NITKA Dominika	1165		K-20	54	00:00:36	00:28:16.45	00:28:52.90	+00:10:36 (37.5%)	5:39	10.6 (62.4%)
195	STOKŁOSA Natalia	456		K-30	70	00:01:01	00:27:52.65	00:28:54.00	+00:10:12 (36.6%)	5:34	10.8 (63.5%)
195	GRABOWSKA Marlena	671		K-30	84	00:00:29	00:28:24.65	00:28:54.00	+00:10:44 (37.8%)	5:41	10.6 (62.4%)
197	ROMIANOWSKA Agnieszka	862		K-40	38	00:00:29	00:28:24.65	00:28:54.30	+00:10:44 (37.8%)	5:41	10.6 (62.4%)
198	SUSZEK Kasia	886		K-30	74	00:00:55	00:27:58.55	00:28:54.35	+00:10:18 (36.8%)	5:35	10.7 (62.9%)
199	KALINOWSKA Patrycja	92	SOLECCY BIEGACZE	K-20	55	00:00:37	00:28:19.05	00:28:56.50	+00:10:38 (37.6%)	5:39	10.6 (62.4%)
200	GROT Monika	23		K-30	85	00:00:28	00:28:28.85	00:28:56.90	+00:10:48 (37.9%)	5:41	10.5 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	SIEWERT Hanna	226		K-30	66	00:01:17	00:27:40.75	00:28:58.10	+00:10:00 (36.1%)	5:32	10.8 (63.5%)
202	NAPIÓRKOWSKA Ewa	427		K-60+	1	00:00:48	00:28:10.70	00:28:59.15	+00:10:30 (37.3%)	5:38	10.6 (62.4%)
203	KOSIŃSKA Patrycja	328		K-20	56	00:00:39	00:28:20.20	00:28:59.65	+00:10:39 (37.6%)	5:40	10.6 (62.4%)
204	MAJEWICZ Violetta	773		K-50	12	00:00:23	00:28:38.05	00:29:01.10	+00:10:57 (38.3%)	5:43	10.5 (61.8%)
205	MICKIEWICZ Katarzyna	668		K-20	58	00:00:40	00:28:22.45	00:29:02.85	+00:10:42 (37.7%)	5:40	10.6 (62.4%)
206	FILIPEK Mirosława	123		K-40	43	00:00:06	00:28:57.05	00:29:03.80	+00:11:16 (39.0%)	5:47	10.4 (61.2%)
207	PAZDERSKA Aleksandra	411		K-30	79	00:00:55	00:28:11.30	00:29:07.25	+00:10:30 (37.3%)	5:38	10.6 (62.4%)
208	SZALA Monika	626	ICH DWOJE BYDGOSZCZ	K-30	83	00:00:47	00:28:21.20	00:29:08.35	+00:10:40 (37.7%)	5:40	10.6 (62.4%)
209	BRZYKCY Karolina	1178		K-30	86	00:00:39	00:28:29.00	00:29:08.85	+00:10:48 (37.9%)	5:41	10.5 (61.8%)
210	CZERWIAKOWSKA Nikola	1181		K-10	20	00:00:39	00:28:29.90	00:29:09.35	+00:10:49 (38.0%)	5:42	10.5 (61.8%)
211	WOJTYSIAK Alicja	1098		K-30	91	00:00:30	00:28:39.45	00:29:09.60	+00:10:59 (38.3%)	5:43	10.5 (61.8%)
212	KUBOWICZ Katarzyna	268	QBOWICZ RODZINNA MAFIA BIEGOWA	K-30	90	00:00:38	00:28:32.00	00:29:10.55	+00:10:51 (38.1%)	5:42	10.5 (61.8%)
213	MONDRA Magdalena	1464		K-10	19	00:00:59	00:28:12.75	00:29:12.60	+00:10:32 (37.4%)	5:38	10.6 (62.4%)
213	NOWICKIA Michalina	691		K-10	18	00:01:00	00:28:12.20	00:29:12.60	+00:10:31 (37.3%)	5:38	10.6 (62.4%)
215	SOBOTA Beata	978		K-30	98	00:00:12	00:29:00.95	00:29:13.25	+00:11:20 (39.1%)	5:48	10.3 (60.6%)
216	WIŚNIEWSKA-KRAWIEC Beata	1043		K-40	44	00:00:14	00:29:01.35	00:29:16.25	+00:11:20 (39.1%)	5:48	10.3 (60.6%)
217	SKORNIA Agata	291		K-40	35	00:00:59	00:28:17.40	00:29:17.30	+00:10:36 (37.5%)	5:39	10.6 (62.4%)
218	RZEPECKA Katarzyna	48		K-40	34	00:01:10	00:28:07.90	00:29:18.35	+00:10:27 (37.2%)	5:37	10.7 (62.9%)
219	KRZYKANOWSKA Paulina	717		K-30	95	00:00:27	00:28:54.25	00:29:21.70	+00:11:13 (38.9%)	5:46	10.4 (61.2%)
220	SOBOWIEC Mirka	227	SOBOWIEC TEAM	K-40	41	00:00:43	00:28:39.10	00:29:22.65	+00:10:58 (38.3%)	5:43	10.5 (61.8%)
221	MICHNIEWICZ Małgorzata	445		K-30	89	00:00:52	00:28:30.00	00:29:22.80	+00:10:49 (38.0%)	5:42	10.5 (61.8%)
222	ZUZA-WITKOWSKA Anna	466		K-40	39	00:00:57	00:28:26.60	00:29:24.45	+00:10:46 (37.9%)	5:41	10.5 (61.8%)
223	DĄBROWSKA Oliwia	1448		K-10	22	00:00:30	00:28:53.85	00:29:24.70	+00:11:13 (38.8%)	5:46	10.4 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	KWIATKOWSKA Karolina	487		K-30	96	00:00:30	00:28:55.60	00:29:25.75	+00:11:15 (38.9%)	5:47	10.4 (61.2%)
224	NOWAK Mariola	751		K-40	45	00:00:20	00:29:05.20	00:29:25.75	+00:11:24 (39.2%)	5:49	10.3 (60.6%)
226	OSIŃSKA Daria	1166		K-20	50	00:01:23	00:28:02.40	00:29:25.95	+00:10:21 (37.0%)	5:36	10.7 (62.9%)
227	MALISZEWSKA Aleksandra	1355		K-20	60	00:01:01	00:28:24.70	00:29:26.05	+00:10:44 (37.8%)	5:41	10.6 (62.4%)
228	BUSSE Jagoda	575		K-30	100	00:00:22	00:29:04.70	00:29:27.55	+00:11:24 (39.2%)	5:49	10.3 (60.6%)
229	MIŁKOWSKA Monika	271	RUN BYDGOSZCZ	K-30	93	00:00:40	00:28:48.25	00:29:28.30	+00:11:07 (38.6%)	5:45	10.4 (61.2%)
230	ŁOŚ Katarzyna	1396		K-50	11	00:01:03	00:28:27.25	00:29:31.05	+00:10:46 (37.9%)	5:41	10.5 (61.8%)
231	JAWORSKA Małgorzata	767		K-50	10	00:01:20	00:28:11.55	00:29:32.00	+00:10:31 (37.3%)	5:38	10.6 (62.4%)
232	WALCZAK Joanna	1046	BIEGAJĄCE CIACHA	K-30	80	00:01:21	00:28:11.90	00:29:32.90	+00:10:31 (37.3%)	5:38	10.6 (62.4%)
233	SKORNIA Marika	275		K-20	62	00:00:59	00:28:33.30	00:29:33.05	+00:10:52 (38.1%)	5:42	10.5 (61.8%)
234	KRASZKIEWICZ Monika	777		K-20	65	00:00:35	00:28:58.80	00:29:34.15	+00:11:18 (39.0%)	5:47	10.4 (61.2%)
235	PIĄTEK Lidia	515	BIEGAJĄCE BABECZKI	K-40	42	00:00:40	00:28:54.25	00:29:35.00	+00:11:13 (38.9%)	5:47	10.4 (61.2%)
236	MEGER Agnieszka	1362		K-30	88	00:01:05	00:28:29.80	00:29:35.05	+00:10:49 (38.0%)	5:42	10.5 (61.8%)
237	WORONIECKA Anna	541		K-30	87	00:01:05	00:28:29.65	00:29:35.10	+00:10:49 (38.0%)	5:42	10.5 (61.8%)
238	OŹGA Agnieszka	175		K-20	57	00:01:15	00:28:21.35	00:29:36.85	+00:10:40 (37.7%)	5:40	10.6 (62.4%)
239	PIÓRKOWSKA Aga	134		K-30	94	00:00:44	00:28:52.70	00:29:37.50	+00:11:12 (38.8%)	5:46	10.4 (61.2%)
240	MUCHA-BOINSKA Anna	355		K-30	109	00:00:12	00:29:34.65	00:29:47.25	+00:11:54 (40.2%)	5:55	10.1 (59.4%)
241	SROCZYŃSKA Marta	740	POLONIA BYDGOSZCZ SLA	K-20	63	00:01:00	00:28:51.95	00:29:52.20	+00:11:11 (38.8%)	5:46	10.4 (61.2%)
242	ZAWORSKA Anna	446		K-20	67	00:00:31	00:29:21.80	00:29:53.25	+00:11:41 (39.8%)	5:52	10.2 (60.0%)
243	NAWROCKA Joanna	173		K-30	112	00:00:16	00:29:39.35	00:29:55.50	+00:11:58 (40.4%)	5:55	10.1 (59.4%)
244	ZAORSKA Joanna	132		K-30	102	00:00:46	00:29:13.15	00:29:59.90	+00:11:32 (39.5%)	5:50	10.3 (60.6%)
245	POTURALSKA Justyna	1298		K-20	69	00:00:23	00:29:37.25	00:30:00.30	+00:11:56 (40.3%)	5:55	10.1 (59.4%)
246	JANIC Dagmara	1405	SZKOŁA PODSTAWOWA NR4	K-10	26	00:00:49	00:29:11.80	00:30:01.25	+00:11:31 (39.5%)	5:50	10.3 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	NOWACKA Emilia	1083		K-20	66	00:00:54	00:29:07.00	00:30:01.85	+00:11:26 (39.3%)	5:49	10.3 (60.6%)
248	RUTKOWSKA Virginia	158		K-30	99	00:01:01	00:29:01.15	00:30:02.15	+00:11:20 (39.1%)	5:48	10.3 (60.6%)
249	BIECHOWSKA Beata	181		K-40	49	00:00:49	00:29:14.65	00:30:04.20	+00:11:34 (39.6%)	5:51	10.3 (60.6%)
250	JARZĘBOWSKA Brygida	1363		K-40	51	00:00:48	00:29:17.15	00:30:05.80	+00:11:36 (39.6%)	5:51	10.2 (60.0%)
251	JAKUBOWSKA Beata	1497		K-40	47	00:00:55	00:29:11.45	00:30:07.00	+00:11:31 (39.5%)	5:50	10.3 (60.6%)
252	FIGURA-ZGÓRSKA Joanna	1402		K-30	105	00:00:48	00:29:20.25	00:30:08.90	+00:11:39 (39.8%)	5:52	10.2 (60.0%)
253	ZARZYKA Zofia	1034		K-10	24	00:01:03	00:29:05.95	00:30:09.60	+00:11:25 (39.3%)	5:49	10.3 (60.6%)
254	KĄŁEK Inga	1443		K-10	21	00:01:31	00:28:42.35	00:30:13.65	+00:11:01 (38.4%)	5:44	10.5 (61.8%)
255	BADURA Anna	686		K-30	101	00:01:04	00:29:12.90	00:30:17.65	+00:11:32 (39.5%)	5:50	10.3 (60.6%)
256	SPRYSZYŃSKA Magdalena	243		K-30	103	00:01:04	00:29:14.25	00:30:19.05	+00:11:33 (39.5%)	5:51	10.3 (60.6%)
257	JAGIEŁO Sylwia	945	BBL INOWROCLAW	K-30	97	00:01:20	00:28:59.50	00:30:19.55	+00:11:19 (39.0%)	5:47	10.4 (61.2%)
258	BRAĞIEL Anna	95	VEGE RUNNERS	K-30	92	00:01:37	00:28:44.15	00:30:21.20	+00:11:03 (38.5%)	5:44	10.4 (61.2%)
259	SZATKOWSKA Beata	815		K-50	13	00:01:17	00:29:04.45	00:30:22.05	+00:11:24 (39.2%)	5:49	10.3 (60.6%)
260	JAROMIRSKA Karolina	906		K-20	75	00:00:13	00:30:09.45	00:30:23.20	+00:12:29 (41.4%)	6:02	9.9 (58.2%)
261	PESTKA Anna	1037		K-30	104	00:01:09	00:29:14.75	00:30:23.85	+00:11:34 (39.6%)	5:50	10.3 (60.6%)
262	GEHRKE Antonina	232		K-10	23	00:01:21	00:29:02.95	00:30:23.95	+00:11:22 (39.2%)	5:48	10.3 (60.6%)
263	JANIC Joanna	1249		K-30	110	00:00:49	00:29:36.60	00:30:25.85	+00:11:56 (40.3%)	5:55	10.1 (59.4%)
264	PLUTKA Martyna	1092		K-20	64	00:01:31	00:28:54.40	00:30:26.15	+00:11:13 (38.9%)	5:47	10.4 (61.2%)
265	CEMKE Magdalena	947		K-20	68	00:01:06	00:29:22.00	00:30:28.15	+00:11:41 (39.8%)	5:52	10.2 (60.0%)
266	WIŚNIEWSKA Karolina	878		K-20	70	00:00:50	00:29:40.05	00:30:30.50	+00:11:59 (40.4%)	5:56	10.1 (59.4%)
267	WYSMOLIŃSKA Barbara	270		K-40	52	00:00:58	00:29:31.90	00:30:30.85	+00:11:51 (40.2%)	5:54	10.2 (60.0%)
268	LUBOŃSKA Kinga	937		K-10	29	00:00:53	00:29:37.35	00:30:30.95	+00:11:56 (40.3%)	5:55	10.1 (59.4%)
269	ROGALSKA Marcelina	1487	SZAFIRKI	K-20	72	00:00:43	00:29:48.15	00:30:31.50	+00:12:07 (40.7%)	5:57	10.1 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	NOWICKA Tatiana	1089		K-40	48	00:01:21	00:29:11.55	00:30:33.35	+00:11:31 (39.5%)	5:50	10.3 (60.6%)
271	NOSKOWIAK-BAJNO Alicja	88		K-30	120	00:00:30	00:30:04.50	00:30:34.55	+00:12:24 (41.2%)	6:00	10 (58.8%)
272	BŁASZKIEWICZ Marzena	101		K-30	121	00:00:29	00:30:05.75	00:30:35.65	+00:12:25 (41.3%)	6:01	10 (58.8%)
273	MROCZEK Barbara	884		K-30	125	00:00:11	00:30:24.35	00:30:35.95	+00:12:43 (41.9%)	6:04	9.9 (58.2%)
274	MALICKA Maria Magdalena	61		K-30	118	00:00:38	00:29:57.85	00:30:36.10	+00:12:17 (41.0%)	5:59	10 (58.8%)
275	GEHRKE Eliza	217		K-40	50	00:01:21	00:29:16.05	00:30:37.70	+00:11:35 (39.6%)	5:51	10.3 (60.6%)
276	PIKULIK Natalia	1394		K-30	106	00:01:09	00:29:27.85	00:30:37.75	+00:11:47 (40.0%)	5:53	10.2 (60.0%)
277	SKÓRCZ Małgorzata	838		K-40	46	00:01:29	00:29:09.30	00:30:38.45	+00:11:28 (39.4%)	5:49	10.3 (60.6%)
278	KOCHAŃSKA Anna	1146		K-30	108	00:01:09	00:29:33.05	00:30:42.45	+00:11:52 (40.2%)	5:54	10.2 (60.0%)
279	KUBOWICZ-KAMIŃSKA Hania	247	QBOWICZ RODZINNA MAFIA BIEGOWA	K-30	113	00:00:55	00:29:46.65	00:30:42.60	+00:12:06 (40.6%)	5:57	10.1 (59.4%)
280	WACHOWICZ Julia	1398		K-10	25	00:01:35	00:29:07.45	00:30:42.95	+00:11:27 (39.3%)	5:49	10.3 (60.6%)
281	KONKEL Agata	488		K-30	107	00:01:16	00:29:31.25	00:30:47.30	+00:11:50 (40.1%)	5:54	10.2 (60.0%)
282	LODA Aleksandra	522		K-10	27	00:01:33	00:29:20.55	00:30:53.60	+00:11:40 (39.8%)	5:52	10.2 (60.0%)
283	TUBAJA Anita	146	KABEL TEAM BYDGOSZCZ	K-30	115	00:01:01	00:29:52.55	00:30:54.30	+00:12:12 (40.8%)	5:58	10 (58.8%)
284	LODA Joanna	527		K-10	28	00:01:33	00:29:21.20	00:30:54.35	+00:11:40 (39.8%)	5:52	10.2 (60.0%)
285	SAMOĆKO Katarzyna	853		K-30	132	00:00:05	00:30:49.60	00:30:55.05	+00:13:09 (42.7%)	6:10	9.7 (57.1%)
286	BUSKA Aleksandra	1269		K-20	74	00:01:01	00:29:54.40	00:30:55.70	+00:12:13 (40.9%)	5:58	10 (58.8%)
287	KUFTA Ewelina	923		K-30	122	00:00:55	00:30:07.75	00:31:02.85	+00:12:27 (41.3%)	6:01	10 (58.8%)
288	DROŻNIEWSKA Ada	395		K-20	76	00:00:23	00:30:39.80	00:31:02.90	+00:12:59 (42.4%)	6:07	9.8 (57.6%)
289	GÓRSKA Joanna	228		K-30	111	00:01:26	00:29:37.75	00:31:03.95	+00:11:57 (40.3%)	5:55	10.1 (59.4%)
289	STREICH Marlena	206	CALISTHENICS ACADEMY	K-20	71	00:01:19	00:29:44.45	00:31:03.95	+00:12:04 (40.6%)	5:56	10.1 (59.4%)
291	SUDOŁ Karolina	542	LIMONKA TEAM	K-30	134	00:00:11	00:30:57.35	00:31:09.30	+00:13:16 (42.9%)	6:11	9.7 (57.1%)
292	MAJKA Jagoda	1029		K-30	117	00:01:20	00:29:54.05	00:31:14.20	+00:12:13 (40.9%)	5:58	10 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	SAPALSKA Michalina	807		K-20	73	00:01:25	00:29:48.75	00:31:14.35	+00:12:08 (40.7%)	5:57	10.1 (59.4%)
294	SZTEJKA Jolanta	1070	BENEFITKSO	K-30	114	00:01:24	00:29:51.35	00:31:15.65	+00:12:10 (40.8%)	5:58	10.1 (59.4%)
295	WÓJCIK Anna	461		K-30	126	00:00:50	00:30:25.95	00:31:16.30	+00:12:45 (41.9%)	6:05	9.9 (58.2%)
296	ŚWINOGA Karolina	1352		K-30	119	00:01:14	00:30:02.50	00:31:16.90	+00:12:22 (41.2%)	6:00	10 (58.8%)
297	KOWALEWSKA Joanna	1028		K-30	116	00:01:26	00:29:52.80	00:31:18.85	+00:12:12 (40.8%)	5:58	10 (58.8%)
298	MICHALSKA Aleksandra	687		K-40	56	00:00:47	00:30:42.15	00:31:29.75	+00:13:01 (42.4%)	6:08	9.8 (57.6%)
299	PRZYGOCKA Katarzyna	836		K-20	78	00:00:20	00:31:09.35	00:31:30.10	+00:13:28 (43.3%)	6:14	9.6 (56.5%)
300	FLORCZAK Monika	556	KLUB BIEGACZA	K-30	128	00:00:53	00:30:39.90	00:31:33.25	+00:12:59 (42.4%)	6:08	9.8 (57.6%)
301	ZIELIŃSKA Justyna	69		K-30	124	00:01:15	00:30:21.15	00:31:36.25	+00:12:40 (41.8%)	6:04	9.9 (58.2%)
302	ROSOŁOWICZ Kamila	121		K-30	123	00:01:18	00:30:17.80	00:31:36.55	+00:12:37 (41.7%)	6:03	9.9 (58.2%)
303	DUSZKA Justyna	1234		K-30	139	00:00:23	00:31:14.65	00:31:38.60	+00:13:34 (43.4%)	6:15	9.6 (56.5%)
304	OSTROWSKA Renata	942		K-30	127	00:01:03	00:30:35.90	00:31:38.90	+00:12:55 (42.2%)	6:07	9.8 (57.6%)
305	FUJARSKA Agata	1031	ZESPÓŁ SZKÓŁ CHEMICZNYCH W BYDGOSZCZY	K-10	32	00:00:34	00:31:08.95	00:31:42.95	+00:13:28 (43.3%)	6:13	9.6 (56.5%)
306	ŻMICH Aleksandra	532		K-30	146	00:00:07	00:31:36.35	00:31:44.30	+00:13:55 (44.1%)	6:19	9.5 (55.9%)
307	DEPKA Agnieszka	396		K-30	130	00:01:02	00:30:44.65	00:31:47.55	+00:13:04 (42.5%)	6:09	9.8 (57.6%)
308	HINZ-BRYLEW Natalia	605	PRZYCHODNIA ROMET	K-30	129	00:01:08	00:30:42.50	00:31:50.75	+00:13:02 (42.4%)	6:08	9.8 (57.6%)
309	FARBOTKO Anna	60		K-40	54	00:01:22	00:30:32.65	00:31:55.25	+00:12:52 (42.1%)	6:06	9.8 (57.6%)
310	MAZANOWSKA Ewa	44	RUN PASJA	K-40	53	00:01:23	00:30:32.50	00:31:55.60	+00:12:52 (42.1%)	6:06	9.8 (57.6%)
311	HAFFKE Martyna	788		K-10	30	00:01:05	00:30:52.70	00:31:58.35	+00:13:12 (42.8%)	6:10	9.7 (57.1%)
312	BRZEZINSKA-HAFFKE Sylwia	787		K-40	57	00:01:05	00:30:52.60	00:31:58.45	+00:13:12 (42.8%)	6:10	9.7 (57.1%)
313	MROZIŃSKA Emilia	1289		K-30	143	00:00:34	00:31:28.70	00:32:03.35	+00:13:48 (43.9%)	6:17	9.5 (55.9%)
314	BIEGAŃSKA Emilia	1482	FIZJOMED GABINET FIZJOTERAPII	K-20	77	00:01:04	00:30:59.55	00:32:03.55	+00:13:19 (43.0%)	6:11	9.7 (57.1%)
314	LUBIŃSKA Patrycja	21		K-20	82	00:00:26	00:31:37.05	00:32:03.55	+00:13:56 (44.1%)	6:19	9.5 (55.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	WESOŁOWSKA Aleksandra	128		K-30	131	00:01:19	00:30:45.70	00:32:04.70	+00:13:05 (42.5%)	6:09	9.8 (57.6%)
317	PULKOWSKA Natalia	557		K-30	138	00:00:53	00:31:14.25	00:32:07.75	+00:13:33 (43.4%)	6:14	9.6 (56.5%)
318	GRUBICH Patrycja	1026	BRACIA DALTON	K-20	80	00:00:47	00:31:23.40	00:32:10.45	+00:13:42 (43.7%)	6:16	9.6 (56.5%)
319	GRALLA Aida	1275	--	K-40	55	00:01:30	00:30:41.80	00:32:12.55	+00:13:01 (42.4%)	6:08	9.8 (57.6%)
320	STELAK-KOWALSKA Joanna	400		K-30	141	00:00:50	00:31:23.10	00:32:13.95	+00:13:42 (43.7%)	6:16	9.6 (56.5%)
321	RATAJCZAK Arleta	240		K-40	58	00:01:14	00:31:01.40	00:32:15.70	+00:13:20 (43.0%)	6:12	9.7 (57.1%)
322	CELEJEWSKA Agnieszka	994		K-30	142	00:00:48	00:31:27.30	00:32:15.75	+00:13:46 (43.8%)	6:17	9.5 (55.9%)
323	PIÓRKOWSKA Anna	753		K-30	151	00:00:00	00:32:15.90	00:32:15.90	+00:14:35 (45.2%)	6:27	9.3 (54.7%)
324	SPADZIŃSKA Maria	801		K-50	14	00:01:00	00:31:17.55	00:32:18.00	+00:13:37 (43.5%)	6:15	9.6 (56.5%)
325	MALCZEWSKA Mirka	885	SPORT FAKTORY	K-60+	2	00:01:08	00:31:14.05	00:32:22.35	+00:13:33 (43.4%)	6:14	9.6 (56.5%)
326	LATO Ela	1387		K-40	60	00:00:53	00:31:28.85	00:32:22.40	+00:13:48 (43.9%)	6:17	9.5 (55.9%)
327	SERAP Sinem	889		K-30	137	00:01:15	00:31:07.00	00:32:22.50	+00:13:26 (43.2%)	6:13	9.6 (56.5%)
328	FELKNER Sylwia	1245		K-40	59	00:01:17	00:31:06.25	00:32:23.65	+00:13:25 (43.2%)	6:13	9.6 (56.5%)
329	NURKIEWICZ Zofia	339	KUNG FU PANDY 3	K-10	31	00:01:21	00:31:04.25	00:32:25.90	+00:13:23 (43.1%)	6:12	9.7 (57.1%)
330	PROKOPOWICZ Agnieszka	526		K-30	140	00:01:05	00:31:22.10	00:32:27.15	+00:13:41 (43.7%)	6:16	9.6 (56.5%)
331	PODEMSKA Patrycja	39		K-20	79	00:01:11	00:31:16.75	00:32:28.60	+00:13:36 (43.5%)	6:15	9.6 (56.5%)
332	KOZICKA Małgorzata	108	BYDGOSKIE ŻÓŁWIE	K-30	133	00:01:34	00:30:55.00	00:32:29.05	+00:13:14 (42.8%)	6:11	9.7 (57.1%)
333	SZCZEPAŃSKA-DOLNA Edyta	877		K-40	62	00:00:32	00:31:58.40	00:32:30.55	+00:14:17 (44.7%)	6:23	9.4 (55.3%)
334	KOTOWSKA-KOWALSKA Anna	322	GORZEŃ RUM	K-30	135	00:01:26	00:31:05.50	00:32:31.60	+00:13:25 (43.2%)	6:13	9.7 (57.1%)
335	MATUSZEWSKA Agnieszka	1121		K-30	136	00:01:27	00:31:06.10	00:32:33.85	+00:13:25 (43.2%)	6:13	9.6 (56.5%)
336	BIERNACKA Julia	637		K-10	33	00:00:44	00:31:52.65	00:32:37.00	+00:14:12 (44.6%)	6:22	9.4 (55.3%)
337	WASZAK Kinga	567		K-20	84	00:00:57	00:31:41.20	00:32:38.65	+00:14:00 (44.2%)	6:20	9.5 (55.9%)
338	DĘBICKA Joanna	1231	ASTORIA BYDGOSZCZ	K-20	81	00:01:18	00:31:24.65	00:32:42.85	+00:13:44 (43.7%)	6:16	9.6 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	STEFAŃSKA Wiesława	834		K-30	144	00:01:09	00:31:34.55	00:32:44.40	+00:13:54 (44.0%)	6:19	9.5 (55.9%)
340	CHROMIŃSKA Paulina	881		K-20	83	00:01:11	00:31:38.35	00:32:49.75	+00:13:57 (44.1%)	6:19	9.5 (55.9%)
341	KROLL Agnieszka	1469	RUN BYDGOSZCZ	K-20	87	00:00:25	00:32:25.95	00:32:51.20	+00:14:45 (45.5%)	6:29	9.2 (54.1%)
342	DUTKIEWICZ Urszula	553	TKKF KOLEJARZ BYDGOSZCZ	K-30	145	00:01:16	00:31:35.90	00:32:51.95	+00:13:55 (44.1%)	6:19	9.5 (55.9%)
343	PAWLAK Żaneta	127		K-40	65	00:00:46	00:32:09.10	00:32:55.45	+00:14:28 (45.0%)	6:25	9.3 (54.7%)
344	KOŃCA Patrycja	822		K-10	34	00:01:05	00:31:53.00	00:32:58.80	+00:14:12 (44.6%)	6:22	9.4 (55.3%)
345	BULIŃSKA Dominika	913		K-30	149	00:00:47	00:32:11.05	00:32:58.85	+00:14:30 (45.1%)	6:26	9.3 (54.7%)
346	KALISKA Lidia	929		K-40	61	00:01:25	00:31:34.00	00:32:59.15	+00:13:53 (44.0%)	6:18	9.5 (55.9%)
347	GÓZDŹ Hanna	1008	JAŚ BIEGA	K-60+	3	00:00:49	00:32:10.15	00:33:00.10	+00:14:29 (45.1%)	6:26	9.3 (54.7%)
348	WENCEL Agnieszka	1431	MOGĘ SZYBCIEJ ALE NIE CHCĘ	K-20	88	00:00:36	00:32:27.10	00:33:03.75	+00:14:46 (45.5%)	6:29	9.2 (54.1%)
349	FRELICHOWSKA Karolina	74	CB163	K-30	147	00:01:01	00:32:07.45	00:33:08.60	+00:14:27 (45.0%)	6:25	9.3 (54.7%)
350	JAROCH Magdalena	63	BYLE DO METY :)	K-30	154	00:00:43	00:32:29.35	00:33:13.05	+00:14:48 (45.6%)	6:30	9.2 (54.1%)
351	KUGACZ Aneta	652	RUN BYDGOSZCZ	K-30	155	00:00:38	00:32:37.10	00:33:16.05	+00:14:56 (45.8%)	6:31	9.2 (54.1%)
352	WARSZAWSKA Beata	1203		K-40	67	00:00:42	00:32:34.10	00:33:16.75	+00:14:53 (45.7%)	6:30	9.2 (54.1%)
353	PIECHOCKA Anna	1281		K-40	69	00:00:43	00:32:36.60	00:33:19.60	+00:14:56 (45.8%)	6:31	9.2 (54.1%)
353	DROBIŃSKA Agnieszka	1282		K-40	70	00:00:42	00:32:37.05	00:33:19.60	+00:14:56 (45.8%)	6:31	9.2 (54.1%)
355	WOŹNIACKA Beata	512	POLONIA BYDGOSZCZ/AZYL DLA JEŻY	K-50	15	00:00:59	00:32:23.25	00:33:23.15	+00:14:42 (45.4%)	6:28	9.3 (54.7%)
356	GORGOL Renata	163	LP 500	K-40	63	00:01:25	00:32:01.10	00:33:26.15	+00:14:20 (44.8%)	6:24	9.4 (55.3%)
357	DOBRZAŃSKA Anna	320		K-20	85	00:01:33	00:31:54.15	00:33:27.80	+00:14:13 (44.6%)	6:22	9.4 (55.3%)
358	ŁACHACZ Martyna	1416		K-20	86	00:01:26	00:32:02.45	00:33:28.95	+00:14:22 (44.8%)	6:24	9.4 (55.3%)
359	BRZozowska Patrycja	1193		K-20	92	00:00:44	00:32:45.05	00:33:29.45	+00:15:04 (46.0%)	6:33	9.2 (54.1%)
360	GRABSKA Sylwia	405		K-20	89	00:00:57	00:32:35.25	00:33:32.75	+00:14:54 (45.8%)	6:31	9.2 (54.1%)
361	KMIEĆ Agnieszka	1278		K-40	72	00:00:22	00:33:11.00	00:33:33.75	+00:15:30 (46.7%)	6:38	9 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	LUBOWIECKA Julia	171		K-10	35	00:01:37	00:31:56.70	00:33:34.05	+00:14:16 (44.7%)	6:23	9.4 (55.3%)
363	JACKOWIAK-ZALEWSKA Agnieszka	1056		K-40	71	00:00:53	00:32:44.80	00:33:37.95	+00:15:04 (46.0%)	6:32	9.2 (54.1%)
364	JACKOWIAK Anna	1479		K-60+	4	00:00:53	00:32:44.50	00:33:38.35	+00:15:04 (46.0%)	6:33	9.2 (54.1%)
365	KONARZEWSKA Jolanta	701		K-40	68	00:01:06	00:32:35.40	00:33:41.55	+00:14:54 (45.8%)	6:31	9.2 (54.1%)
366	ORLIŃSKA Dorota	1097		K-30	148	00:01:33	00:32:08.35	00:33:41.60	+00:14:27 (45.0%)	6:25	9.3 (54.7%)
367	ZYGMUNT Paulina	71		K-20	91	00:01:00	00:32:42.40	00:33:42.95	+00:15:01 (46.0%)	6:32	9.2 (54.1%)
368	RASSALSKA-KAUSA Jola	46		K-30	152	00:01:32	00:32:16.15	00:33:48.35	+00:14:35 (45.2%)	6:27	9.3 (54.7%)
369	DWORNIK Klaudia	971		K-10	38	00:00:50	00:32:57.60	00:33:48.45	+00:15:17 (46.4%)	6:35	9.1 (53.5%)
370	RASSALSKA Roma	47		K-30	150	00:01:32	00:32:15.75	00:33:48.50	+00:14:35 (45.2%)	6:27	9.3 (54.7%)
370	HORYD Justyna	635		K-30	153	00:01:32	00:32:16.30	00:33:48.50	+00:14:35 (45.2%)	6:27	9.3 (54.7%)
372	WIŚNIEWSKA Nicole	972		K-10	39	00:00:51	00:32:58.55	00:33:49.80	+00:15:18 (46.4%)	6:35	9.1 (53.5%)
373	LUBOWIECKA-KUZIOŁA Sylwia	164		K-40	64	00:01:42	00:32:09.00	00:33:51.25	+00:14:28 (45.0%)	6:25	9.3 (54.7%)
373	JAWORSKA Kalina	505		K-10	40	00:00:32	00:33:19.10	00:33:51.25	+00:15:38 (47.0%)	6:39	9 (52.9%)
375	JAGODZIŃSKA Julita	1284		K-20	90	00:01:11	00:32:41.00	00:33:52.95	+00:15:00 (45.9%)	6:32	9.2 (54.1%)
376	OLECHNOWICZ Aneta	1163	SPORT SMUKAŁA OPŁAWIEC JANOWO	K-10	36	00:01:34	00:32:22.85	00:33:57.45	+00:14:42 (45.4%)	6:28	9.3 (54.7%)
377	RACKA-KUBIAK Beata	651		K-40	66	00:01:28	00:32:31.00	00:33:59.35	+00:14:50 (45.6%)	6:30	9.2 (54.1%)
378	CHEŁMICKA Magdalena	1342		K-20	96	00:00:47	00:33:13.65	00:34:00.95	+00:15:33 (46.8%)	6:38	9 (52.9%)
379	FELKNER Alicja	1246		K-10	37	00:01:17	00:32:48.60	00:34:05.90	+00:15:08 (46.1%)	6:33	9.1 (53.5%)
380	ZALEWSKA Paulina	1370		K-30	156	00:01:16	00:32:52.30	00:34:08.80	+00:15:11 (46.2%)	6:34	9.1 (53.5%)
381	ANDRZEJCZAK Natalia	1085		K-20	101	00:00:29	00:33:40.85	00:34:10.35	+00:16:00 (47.5%)	6:44	8.9 (52.4%)
382	BORUCKA Paulina	965	SIZEER CLUB	K-20	93	00:01:29	00:32:55.10	00:34:24.60	+00:15:14 (46.3%)	6:35	9.1 (53.5%)
383	WIDAWSKA Anna	1435	MOGĘ SZYBCIEJ ALE NIE CHCĘ	K-30	161	00:00:35	00:33:48.90	00:34:24.65	+00:16:08 (47.7%)	6:45	8.9 (52.4%)
384	ŚNIEDA Patrycja	980	SIZEER CLUB	K-20	94	00:01:29	00:32:55.20	00:34:24.70	+00:15:14 (46.3%)	6:35	9.1 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	CYBUL Anna	292		K-40	74	00:00:40	00:33:44.20	00:34:25.00	+00:16:03 (47.6%)	6:45	8.9 (52.4%)
385	BURAS Natalia	1432	MOGĘ SZYBCIEJ ALE NIE CHCĘ	K-30	162	00:00:35	00:33:49.10	00:34:25.00	+00:16:08 (47.7%)	6:46	8.9 (52.4%)
387	ŁĘGOWSKA Adrianna	999	SIZEER CLUB	K-20	95	00:01:29	00:32:58.95	00:34:28.20	+00:15:18 (46.4%)	6:35	9.1 (53.5%)
388	OSIŃSKA Justyna	499	PRZYCHODNIA ROMET	K-20	97	00:01:08	00:33:21.60	00:34:29.90	+00:15:41 (47.0%)	6:40	9 (52.9%)
389	SMOLEŃ Joanna	914		K-30	158	00:01:02	00:33:27.35	00:34:29.95	+00:15:46 (47.2%)	6:41	9 (52.9%)
390	TROJANKIEWICZ Magdalena	516		K-40	73	00:01:09	00:33:21.10	00:34:30.50	+00:15:40 (47.0%)	6:40	9 (52.9%)
391	KLUCZYŃSKA Blanka	87		K-30	159	00:00:53	00:33:40.85	00:34:34.15	+00:16:00 (47.5%)	6:44	8.9 (52.4%)
392	KLABACHA Katarzyna	1466	-	K-40	75	00:00:46	00:33:50.20	00:34:36.40	+00:16:09 (47.8%)	6:46	8.9 (52.4%)
393	MUSIAŁ Elwira	345	BYDGOSZCZ TRIATHLON TEAM	K-30	157	00:01:20	00:33:26.20	00:34:46.65	+00:15:45 (47.1%)	6:41	9 (52.9%)
393	KRZYŻAŃSKA Pola	357	BYDGOSZCZ TRIATHLON TEAM	K-10	41	00:01:20	00:33:26.40	00:34:46.65	+00:15:45 (47.1%)	6:41	9 (52.9%)
395	KOWALKOWSKA Katarzyna	1351		K-20	98	00:01:29	00:33:23.50	00:34:52.85	+00:15:43 (47.1%)	6:40	9 (52.9%)
396	ŚWIDER Patrycja	800	ARMIA CHRYSYUSA	K-20	99	00:01:18	00:33:34.80	00:34:53.05	+00:15:54 (47.4%)	6:43	8.9 (52.4%)
397	PLEWIŃSKA Renata	1332		K-40	76	00:00:52	00:34:02.85	00:34:55.20	+00:16:22 (48.1%)	6:48	8.8 (51.8%)
398	OSTASZ Katarzyna	882		K-20	102	00:01:13	00:33:42.75	00:34:56.35	+00:16:02 (47.6%)	6:44	8.9 (52.4%)
399	TOMECKA Marzena	1211		K-30	160	00:01:12	00:33:44.05	00:34:56.50	+00:16:03 (47.6%)	6:44	8.9 (52.4%)
400	PIETRASZAK Julia	1382	RUN BYDGOSZCZ	K-10	42	00:01:13	00:33:43.90	00:34:56.95	+00:16:03 (47.6%)	6:44	8.9 (52.4%)
400	JAKUBOWSKA Joanna	1498		K-10	43	00:01:12	00:33:44.05	00:34:56.95	+00:16:03 (47.6%)	6:44	8.9 (52.4%)
402	ŚWIDER Karolina	1389		K-20	100	00:01:18	00:33:39.65	00:34:58.10	+00:15:59 (47.5%)	6:44	8.9 (52.4%)
403	KUZIĄK Ola	371	BIEGAJ Z DĘBAMI	K-50	16	00:00:58	00:34:30.70	00:35:29.65	+00:16:50 (48.8%)	6:54	8.7 (51.2%)
404	URBAŃSKA Sandra	1454		K-20	103	00:00:45	00:34:44.35	00:35:29.90	+00:17:03 (49.1%)	6:56	8.6 (50.6%)
405	NOWAKOWSKA Anna	465		K-30	164	00:00:41	00:34:59.15	00:35:40.75	+00:17:18 (49.5%)	6:59	8.6 (50.6%)
406	RÓŻYCKA Jagoda	1430		K-50	17	00:00:30	00:35:40.20	00:36:10.85	+00:17:59 (50.5%)	7:08	8.4 (49.4%)
407	RUDNICKA Karolina	154	TASAK TEAM	K-30	163	00:01:38	00:34:47.35	00:36:25.85	+00:17:06 (49.2%)	6:57	8.6 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	OLSZEWSKA Marta	833		K-30	165	00:01:08	00:35:21.45	00:36:30.05	+00:17:41 (50.0%)	7:04	8.5 (50.0%)
409	MAJKOWSKA-LUBIŃSKA Judyta	619		K-20	104	00:01:11	00:35:26.45	00:36:38.00	+00:17:46 (50.1%)	7:05	8.5 (50.0%)
410	LODA Bożena	528		K-40	77	00:01:34	00:35:19.75	00:36:54.05	+00:17:39 (50.0%)	7:04	8.5 (50.0%)
411	PŁOCKA Patrycja	622		K-30	168	00:00:17	00:36:46.35	00:37:03.95	+00:19:05 (51.9%)	7:21	8.2 (48.2%)
412	BŁAŻEJEWSKA Anna	1461		K-20	105	00:01:02	00:36:14.15	00:37:16.20	+00:18:33 (51.2%)	7:14	8.3 (48.8%)
413	GROCHOWALSKA Maja	716	GROSZKI	K-10	44	00:01:23	00:36:07.30	00:37:30.70	+00:18:26 (51.1%)	7:13	8.3 (48.8%)
414	GROCHOWALSKA Marzena	721	GROSZKI	K-30	166	00:01:24	00:36:06.95	00:37:30.95	+00:18:26 (51.1%)	7:13	8.3 (48.8%)
415	MAJORKOWSKA Anna	1130	DREAM TEAM	K-40	78	00:00:53	00:36:41.20	00:37:34.30	+00:19:00 (51.8%)	7:20	8.2 (48.2%)
416	WITKOWSKA Kamila	477		K-30	167	00:01:10	00:36:29.90	00:37:40.50	+00:18:49 (51.6%)	7:18	8.2 (48.2%)
417	TOMCZAK Anna	872		K-10	45	00:00:21	00:37:20.80	00:37:41.90	+00:19:40 (52.7%)	7:28	8 (47.1%)
418	KARAŚ Anna	1318		K-40	79	00:00:57	00:37:27.85	00:38:25.25	+00:19:47 (52.8%)	7:29	8 (47.1%)
419	PASIEKA Magda	509	MAM TĘ MOC	K-30	169	00:01:26	00:37:00.85	00:38:26.85	+00:19:20 (52.3%)	7:24	8.1 (47.6%)
420	BIERNACKA Anna	636		K-30	171	00:00:44	00:37:47.50	00:38:32.10	+00:20:07 (53.2%)	7:33	7.9 (46.5%)
421	DOBIES Maria	1331		K-40	80	00:00:57	00:37:42.95	00:38:40.45	+00:20:02 (53.1%)	7:32	8 (47.1%)
422	ZALEWSKA Justyna	1383		K-40	81	00:00:51	00:37:58.70	00:38:50.35	+00:20:18 (53.5%)	7:35	7.9 (46.5%)
423	MINDIKOWSKA Agnieszka	192		K-30	170	00:01:36	00:37:45.50	00:39:22.35	+00:20:05 (53.2%)	7:33	7.9 (46.5%)
424	WIECZOREK Jolanta	1101		K-30	172	00:01:38	00:38:09.15	00:39:47.15	+00:20:28 (53.7%)	7:37	7.9 (46.5%)
425	KOSCIOŁOWSKA Anna	265	GROSZKI	K-30	173	00:01:24	00:38:48.75	00:40:12.90	+00:21:08 (54.5%)	7:45	7.7 (45.3%)
426	SKURCZYŃSKA Magdalena	1093		K-20	106	00:00:34	00:40:06.90	00:40:40.90	+00:22:26 (55.9%)	8:01	7.5 (44.1%)
427	KOSOŃ Danuta	1319		K-60+	5	00:00:54	00:45:43.85	00:46:38.00	+00:28:03 (61.4%)	9:08	6.6 (38.8%)
428	- -	983		K-20	107	00:00:37			+00:10:15	5:39	10.6 (62.4%)
429	MYLER Georgina	1324		K-30	174	00:00:49					(0.0%)
430	MRÓWCZYŃSKA Agnieszka	98	MRÓWKI	K-30	175	00:00:54					(0.0%)

Znaleziono 430 wynik(ów)