

# BYDGOSKI BIEG NIEPODLEGŁOŚCI 2017

B4SPORT

**Organizator:** Aktywna Bydgoszcz  
**Data:** 2017-11-11  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SIWKOWSKI Roman</b>	<b>631</b>	BIEGAM BIEGAM	M-50	1	00:00:01	<b>00:19:05.85</b>	<b>00:19:07.20</b>		3:49	15.7 (100%)
2	<b>SZCZEBLEWSKI Witold</b>	<b>282</b>	MOTOTURYSTYKA.COM	M-50	2	00:00:00	<b>00:20:39.75</b>	<b>00:20:39.75</b>	+00:01:33 (7.6%)	4:07	14.5 (92.4%)
3	<b>JUREK Piotr</b>	<b>1399</b>	BBL SZUBIN	M-50	3	00:00:07	<b>00:21:18.00</b>	<b>00:21:25.85</b>	+00:02:12 (10.3%)	4:15	14.1 (89.8%)
4	<b>NIEDBALSKI Grzegorz</b>	<b>854</b>	RUN BYDGOSZCZ	M-50	4	00:00:05	<b>00:21:21.90</b>	<b>00:21:27.70</b>	+00:02:16 (10.6%)	4:16	14 (89.2%)
5	<b>BAGROWSKI Marek</b>	<b>665</b>	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE BIEGA	M-50	5	00:00:05	<b>00:21:24.95</b>	<b>00:21:30.80</b>	+00:02:19 (10.8%)	4:17	14 (89.2%)
6	<b>MONDRY Waldemar</b>	<b>1456</b>		M-50	6	00:00:24	<b>00:21:34.75</b>	<b>00:21:58.85</b>	+00:02:28 (11.5%)	4:18	13.9 (88.5%)
7	<b>LUZAK Mirosław</b>	<b>1418</b>	MWIK BYDGOSZCZ	M-50	7	00:00:10	<b>00:21:53.85</b>	<b>00:22:04.20</b>	+00:02:48 (12.8%)	4:22	13.7 (87.3%)
8	<b>RAUNEST Adam</b>	<b>1025</b>		M-50	8	00:00:18	<b>00:22:01.05</b>	<b>00:22:20.00</b>	+00:02:55 (13.3%)	4:24	13.6 (86.6%)
9	<b>PACEK Mirosław</b>	<b>1104</b>		M-50	9	00:00:13	<b>00:22:38.60</b>	<b>00:22:51.65</b>	+00:03:32 (15.7%)	4:31	13.3 (84.7%)
10	<b>KULKA Marek</b>	<b>1059</b>		M-50	10	00:00:10	<b>00:22:50.80</b>	<b>00:23:00.85</b>	+00:03:44 (16.4%)	4:34	13.1 (83.4%)
11	<b>BRYJA Robert</b>	<b>1018</b>		M-50	11	00:00:17	<b>00:22:58.65</b>	<b>00:23:15.75</b>	+00:03:52 (16.9%)	4:35	13.1 (83.4%)
12	<b>RADULSKI Tomasz</b>	<b>1020</b>	ROZBIEGANA KRUSZWICA	M-50	12	00:00:19	<b>00:23:02.75</b>	<b>00:23:21.95</b>	+00:03:56 (17.1%)	4:36	13 (82.8%)
13	<b>NAWROCKI Dariusz</b>	<b>166</b>	VAUPE TEAM	M-50	13	00:00:08	<b>00:23:09.00</b>	<b>00:23:17.25</b>	+00:04:03 (17.5%)	4:37	13 (82.8%)
14	<b>KUCHCZYŃSKI Adam</b>	<b>737</b>	BÓL TO ŚCIEMA	M-50	14	00:00:44	<b>00:23:29.85</b>	<b>00:24:14.45</b>	+00:04:24 (18.7%)	4:42	12.8 (81.5%)
15	<b>GOŁĄBEK Mariusz</b>	<b>1312</b>		M-50	15	00:00:42	<b>00:23:32.70</b>	<b>00:24:14.80</b>	+00:04:26 (18.9%)	4:42	12.7 (80.9%)
16	<b>PRZYBYLSKI Mariusz</b>	<b>586</b>		M-50	16	00:00:21	<b>00:24:05.00</b>	<b>00:24:26.95</b>	+00:04:59 (20.7%)	4:49	12.5 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	WOJCIESZAK Dariusz	430		M-50	17	00:00:05	00:24:17.25	00:24:22.60	+00:05:11 (21.4%)	4:51	12.4 (79.0%)
18	WŁODARCZYK Wojciech	826		M-50	18	00:00:21	00:24:23.75	00:24:45.00	+00:05:17 (21.7%)	4:52	12.3 (78.3%)
19	CHMIELEWSKI Ireneusz	590	CZARNE STOPY.SM	M-50	19	00:00:31	00:24:26.20	00:24:57.30	+00:05:20 (21.8%)	4:53	12.3 (78.3%)
20	BRZUSKIEWICZ Sławomir	993		M-50	20	00:00:14	00:24:27.55	00:24:42.15	+00:05:21 (21.9%)	4:53	12.3 (78.3%)
21	KOLANOWSKI Wojciech	694		M-50	21	00:00:34	00:24:29.20	00:25:03.85	+00:05:23 (22.0%)	4:53	12.3 (78.3%)
22	ŚWIETLIK Piotr	714		M-50	22	00:00:10	00:24:58.05	00:25:09.00	+00:05:52 (23.5%)	4:59	12 (76.4%)
23	PARUCKI Zbigniew	1086		M-50	23	00:01:36	00:25:11.90	00:26:47.95	+00:06:06 (24.2%)	5:02	11.9 (75.8%)
24	KUNDE Adam	1159	BYDGOSZCZ TRIATHLON	M-50	24	00:00:18	00:25:13.15	00:25:31.45	+00:06:07 (24.3%)	5:02	11.9 (75.8%)
25	WYSOCKI Jerzy	752	CZARNE STOPY. SM	M-50	25	00:00:25	00:25:20.10	00:25:45.25	+00:06:14 (24.6%)	5:04	11.8 (75.2%)
26	JAWORSKI Janusz	667		M-50	26	00:00:18	00:25:33.65	00:25:52.35	+00:06:27 (25.3%)	5:06	11.7 (74.5%)
27	KUBOWICZ Piotr	234	QUBOWICZ... RODZINNA MAFIA BIEGOWA	M-50	27	00:00:23	00:25:36.20	00:26:00.00	+00:06:30 (25.4%)	5:07	11.7 (74.5%)
28	GRUCHAŁA Wojciech	204		M-50	28	00:01:12	00:25:38.40	00:26:51.30	+00:06:32 (25.5%)	5:07	11.7 (74.5%)
29	WAWRZYNIAK Andrzej	984	22.ODN	M-50	29	00:00:29	00:25:38.45	00:26:08.40	+00:06:32 (25.5%)	5:07	11.7 (74.5%)
30	WEGNER Roman	1075		M-50	30	00:00:49	00:25:43.40	00:26:33.25	+00:06:37 (25.8%)	5:08	11.7 (74.5%)
31	KRUTUL Maciej	933	AMATOR	M-50	31	00:01:17	00:25:44.75	00:27:02.35	+00:06:38 (25.8%)	5:09	11.7 (74.5%)
32	KULCZYCKI Andrzej	1023		M-50	32	00:00:10	00:26:23.75	00:26:34.10	+00:07:17 (27.6%)	5:16	11.4 (72.6%)
33	WYPORKIEWICZ Jerzy	1467		M-50	33	00:01:03	00:26:26.30	00:27:29.70	+00:07:20 (27.8%)	5:17	11.3 (72.0%)
34	BURNICKI Mariusz	530		M-50	34	00:01:20	00:26:28.05	00:27:48.30	+00:07:22 (27.8%)	5:17	11.3 (72.0%)
35	KURTYSIAK Roman	1361		M-50	35	00:00:26	00:26:34.25	00:27:00.80	+00:07:28 (28.1%)	5:18	11.3 (72.0%)
36	ZIMNY Marek	615	BKTR GRYF	M-50	36	00:00:57	00:26:43.15	00:27:40.20	+00:07:37 (28.5%)	5:20	11.2 (71.3%)
37	KOZŁOWSKI Mirosław	1058		M-50	37	00:01:11	00:26:59.10	00:28:10.35	+00:07:53 (29.2%)	5:23	11.1 (70.7%)
38	LIWOCH Grzegorz	481		M-50	38	00:00:45	00:27:16.35	00:28:01.55	+00:08:10 (30.0%)	5:27	11 (70.1%)
39	SZMYRGAŁA Zdzisław	358	BRACIA DALTON	M-50	39	00:00:47	00:27:25.85	00:28:13.50	+00:08:20 (30.4%)	5:29	10.9 (69.4%)

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40	<b>PORA Dariusz</b>	<b>361</b>	BRACIA DALTON	M-50	40	00:00:49	<b>00:27:26.70</b>	<b>00:28:15.75</b>	+00:08:20 (30.4%)	5:29	10.9 (69.4%)
41	<b>POWAŁKA Grzegorz</b>	<b>1326</b>		M-50	41	00:00:46	<b>00:27:32.70</b>	<b>00:28:19.00</b>	+00:08:26 (30.7%)	5:30	10.9 (69.4%)
42	<b>SIĘSKI Jacek</b>	<b>354</b>	RUN BYDGOSZCZ	M-50	42	00:01:43	<b>00:27:37.20</b>	<b>00:29:21.10</b>	+00:08:31 (30.9%)	5:31	10.9 (69.4%)
43	<b>GOTOWICZ Mariusz</b>	<b>1424</b>	KDP GOTOWICZ	M-50	43	00:00:33	<b>00:27:45.65</b>	<b>00:28:18.90</b>	+00:08:39 (31.2%)	5:33	10.8 (68.8%)
44	<b>PRZEWŁOCKI Sławomir</b>	<b>657</b>		M-50	44	00:00:16	<b>00:27:52.75</b>	<b>00:28:09.25</b>	+00:08:46 (31.5%)	5:34	10.8 (68.8%)
45	<b>BADOWSKI Krzysztof</b>	<b>1304</b>		M-50	45	00:00:51	<b>00:28:01.60</b>	<b>00:28:53.25</b>	+00:08:55 (31.9%)	5:36	10.7 (68.2%)
46	<b>PIETKUN Ryszard</b>	<b>1489</b>		M-50	46	00:01:06	<b>00:28:01.95</b>	<b>00:29:08.70</b>	+00:08:56 (31.9%)	5:36	10.7 (68.2%)
47	<b>GÓRSKI Jacek</b>	<b>705</b>		M-50	47	00:01:11	<b>00:28:06.95</b>	<b>00:29:18.25</b>	+00:09:01 (32.1%)	5:37	10.7 (68.2%)
48	<b>ŁUDZIŃSKI Marek</b>	<b>224</b>		M-50	48	00:01:19	<b>00:28:13.65</b>	<b>00:29:33.25</b>	+00:09:07 (32.3%)	5:38	10.6 (67.5%)
49	<b>ŁOŚ Dariusz</b>	<b>1395</b>		M-50	49	00:01:04	<b>00:28:26.70</b>	<b>00:29:30.75</b>	+00:09:20 (32.9%)	5:41	10.6 (67.5%)
50	<b>SKUBISZEWSKI Adam</b>	<b>297</b>	ARMIA CHRYSYUSA	M-50	50	00:00:44	<b>00:28:28.60</b>	<b>00:29:12.70</b>	+00:09:22 (32.9%)	5:41	10.5 (66.9%)
51	<b>SKÓRCZ Tomasz</b>	<b>840</b>		M-50	51	00:01:30	<b>00:28:35.60</b>	<b>00:30:05.80</b>	+00:09:29 (33.2%)	5:43	10.5 (66.9%)
52	<b>SPADZIŃSKI Janusz</b>	<b>802</b>		M-50	52	00:01:00	<b>00:29:10.80</b>	<b>00:30:11.25</b>	+00:10:04 (34.6%)	5:50	10.3 (65.6%)
53	<b>HARACEWIAT Cezary</b>	<b>296</b>		M-50	53	00:01:11	<b>00:29:28.95</b>	<b>00:30:40.65</b>	+00:10:23 (35.2%)	5:53	10.2 (65.0%)
54	<b>DOMINICZAK Robert</b>	<b>1485</b>		M-50	54	00:00:38	<b>00:29:49.20</b>	<b>00:30:27.55</b>	+00:10:43 (36.0%)	5:57	10.1 (64.3%)
55	<b>DROŻ Krzysztof</b>	<b>408</b>	KD SERWIS BYDGOSZCZ	M-50	55	00:01:08	<b>00:29:49.80</b>	<b>00:30:57.85</b>	+00:10:43 (36.0%)	5:57	10.1 (64.3%)
56	<b>WIŚNIEWSKI Włodzimierz</b>	<b>486</b>	SPC	M-50	56	00:01:37	<b>00:29:55.55</b>	<b>00:31:33.15</b>	+00:10:49 (36.2%)	5:59	10 (63.7%)
57	<b>DĘBSKI Arkadiusz</b>	<b>459</b>		M-50	57	00:00:39	<b>00:30:01.65</b>	<b>00:30:41.55</b>	+00:10:55 (36.4%)	6:00	10 (63.7%)
58	<b>GRUSZKA Marek</b>	<b>954</b>	NIEZRZESZONY	M-50	58	00:00:15	<b>00:30:33.85</b>	<b>00:30:48.90</b>	+00:11:28 (37.5%)	6:06	9.8 (62.4%)
59	<b>JEŻOWSKI Sławomir</b>	<b>1316</b>		M-50	59	00:00:50	<b>00:30:56.10</b>	<b>00:31:46.75</b>	+00:11:50 (38.3%)	6:11	9.7 (61.8%)
60	<b>SIERAKOWSKI Jarosław</b>	<b>910</b>		M-50	60	00:01:29	<b>00:33:23.30</b>	<b>00:34:52.95</b>	+00:14:17 (42.8%)	6:40	9 (57.3%)

Znaleziono 60 wynik(ów)