



BYDGOSKI BIEG NIEPODLEGŁOŚCI 2018

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2018-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NARTOWSKI Kamil	1136		M-30	1	00:00:01	00:15:31.60	00:15:32.85		3:06	19.3 (100%)
2	SKIBA Łukasz	59	1BLOG	M-30	2	00:00:01	00:16:39.10	00:16:40.45	+00:01:07 (6.8%)	3:19	18 (93.3%)
3	GOŚCINIAK Michał	1396	3GRAVITY	M-30	3	00:00:01	00:16:43.80	00:16:45.05	+00:01:12 (7.2%)	3:20	17.9 (92.7%)
4	MAŁECKI Jakub	851	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	4	00:00:02	00:16:46.25	00:16:48.55	+00:01:14 (7.4%)	3:21	17.9 (92.7%)
5	KOŁAKOWSKI Tomasz	1400	DECATHLON FORDON TEAM	M-30	5	00:00:02	00:17:05.55	00:17:08.15	+00:01:33 (9.2%)	3:25	17.5 (90.7%)
6	PAWŁOWSKI Tomasz	450		M-20	1	00:00:02	00:17:07.80	00:17:09.95	+00:01:36 (9.4%)	3:25	17.5 (90.7%)
7	MAĆKOWSKI Maciej	157	UPS BYDGOSZCZ	M-30	6	00:00:01	00:17:08.20	00:17:09.45	+00:01:36 (9.4%)	3:25	17.5 (90.7%)
8	KOLMAJER Rafał	412		M-30	7	00:00:01	00:17:23.80	00:17:25.55	+00:01:52 (10.7%)	3:28	17.2 (89.1%)
9	PELC Marcin	424	TKKF KOLEJARZ BYDGOSZCZ	M-30	8	00:00:08	00:17:24.85	00:17:33.00	+00:01:53 (10.8%)	3:29	17.2 (89.1%)
10	SZYSZKA Mariusz	568	SPÓJNIA BIAŁE BŁOTA 1BLOG	M-40	1	00:00:01	00:17:26.65	00:17:28.30	+00:01:55 (11.0%)	3:29	17.2 (89.1%)
11	ŚLUSARSKI Przemysław	927	RUN PASJA	M-30	9	00:00:03	00:17:31.70	00:17:34.90	+00:02:00 (11.4%)	3:30	17.1 (88.6%)
12	SOSNOWSKI Krzysztof	908		M-30	10	00:00:02	00:17:34.10	00:17:36.40	+00:02:02 (11.6%)	3:30	17.1 (88.6%)
13	DĄBROWSKI Paweł	3		M-20	2	00:00:02	00:17:36.85	00:17:38.90	+00:02:05 (11.9%)	3:31	17 (88.1%)
14	WIWATOWSKI Michał	1245		M-30	11	00:00:02	00:17:38.65	00:17:40.65	+00:02:07 (12.0%)	3:31	17 (88.1%)
15	TUCHOLSKI Bartłomiej	353	BYDGOSKIE OKONIE	M-20	3	00:00:02	00:17:47.85	00:17:50.00	+00:02:16 (12.8%)	3:33	16.9 (87.6%)
16	KUŁAKOWSKI Krzysztof	756	RUN PASJA	M-30	12	00:00:07	00:17:49.85	00:17:57.25	+00:02:18 (12.9%)	3:34	16.8 (87.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	SZENK Marta	327		K-30	1	00:00:01	00:17:52.55	00:17:54.15	+00:02:20 (13.1%)	3:34	16.8 (87.0%)
18	GRUSZKA Gracjan	1171	CWZS ZAWISZA BYDGOSZCZ SL	M-10	1	00:00:01	00:18:04.30	00:18:05.35	+00:02:32 (14.1%)	3:36	16.6 (86.0%)
19	DOMISIEWICZ Michał	822	NIE MAM KLUBU	M-20	4	00:00:06	00:18:07.55	00:18:14.50	+00:02:35 (14.3%)	3:37	16.5 (85.5%)
20	ZIELIŃSKI Nicolas	1176	OLIMPIASPORT.PL	M-20	5	00:00:05	00:18:07.95	00:18:12.95	+00:02:36 (14.4%)	3:37	16.6 (86.0%)
21	CHOLEWIŃSKI Dariusz	1483		M-40	2	00:00:02	00:18:08.45	00:18:11.25	+00:02:36 (14.4%)	3:37	16.5 (85.5%)
22	KARASZEWSKI Norbert	833	1. WSZP BYDGOSZCZ	M-30	13	00:00:02	00:18:08.50	00:18:11.10	+00:02:36 (14.4%)	3:37	16.5 (85.5%)
23	FUZ Marek	86	KABEL TEAM BYDGOSZCZ	M-40	3	00:00:04	00:18:09.40	00:18:13.55	+00:02:37 (14.5%)	3:37	16.5 (85.5%)
24	KOZŁOWSKI Rafał	341	RUN PASJA	M-40	4	00:00:01	00:18:13.80	00:18:15.45	+00:02:42 (14.8%)	3:38	16.5 (85.5%)
25	WŁODARSKI Przemysław	1165	SPÓJNIA BIAŁE BŁOTA	M-30	14	00:00:01	00:18:16.75	00:18:18.55	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
25	WARSZAWSKI Przemysław	1321		M-20	6	00:00:02	00:18:16.75	00:18:19.45	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
27	TACZYŃSKI Kamil	1489		M-10	2	00:00:01	00:18:16.90	00:18:18.45	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
28	TACZKOWSKI Jarosław	874	ZESPÓŁ SZKÓŁ NR 5 MS W BYDGOSZCZY	M-40	5	00:00:02	00:18:18.95	00:18:21.55	+00:02:47 (15.2%)	3:39	16.4 (85.0%)
29	BASIŃSKI Łukasz	1092	OLIMPIASPORT.PL	M-20	7	00:00:05	00:18:22.40	00:18:28.10	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
29	WILK Łukasz	437	RUNADDICTS	M-30	15	00:00:05	00:18:22.40	00:18:27.80	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
31	CHMURZYŃSKI Tomasz	1205	OCULUS - NIEWIDOMI	M-40	6	00:00:01	00:18:22.50	00:18:24.25	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
32	KUROWSKI Kamil	758	3GRAVITY	M-30	16	00:00:03	00:18:22.75	00:18:26.15	+00:02:51 (15.5%)	3:40	16.3 (84.5%)
33	WYSMOLIŃSKI Piotr	789		M-40	7	00:00:03	00:18:23.10	00:18:27.00	+00:02:51 (15.5%)	3:40	16.3 (84.5%)
34	BENTKOWSKI Marcin	1079	TRIPower	M-30	17	00:00:05	00:18:23.35	00:18:29.05	+00:02:51 (15.6%)	3:40	16.3 (84.5%)
35	WADELSKI Maciej	777	1BLOG	M-30	18	00:00:03	00:18:23.70	00:18:27.20	+00:02:52 (15.6%)	3:40	16.3 (84.5%)
36	ROMANOWSKI Michał	444		M-30	19	00:00:03	00:18:29.00	00:18:32.70	+00:02:57 (16.0%)	3:41	16.2 (83.9%)
37	BUKOWIŃSKI Michał	155		M-40	8	00:00:04	00:18:30.45	00:18:34.65	+00:02:58 (16.1%)	3:42	16.2 (83.9%)
38	SOBIERALSKI Rafał	482		M-40	9	00:00:04	00:18:32.35	00:18:36.50	+00:03:00 (16.2%)	3:42	16.2 (83.9%)
39	STRYCHAŁSKI Tomasz	418	BYDGOSZCZ RUN PROJECT	M-30	20	00:00:06	00:18:33.35	00:18:40.15	+00:03:01 (16.3%)	3:42	16.2 (83.9%)
40	KOPEĆ Michał	1225	FIDES MK	M-30	21	00:00:04	00:18:33.65	00:18:38.45	+00:03:02 (16.3%)	3:42	16.2 (83.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
41	BĄK Oskar	1389		M-30	22	00:00:04	00:18:36.30	00:18:41.15	+00:03:04 (16.5%)	3:43	16.1 (83.4%)
42	PAWLACZYK Szymon	223	TRISPACE	M-30	23	00:00:03	00:18:36.60	00:18:39.85	+00:03:05 (16.6%)	3:43	16.1 (83.4%)
43	MIZIKOWSKI Wojciech	1010	MIZIK-TEAM	M-40	10	00:00:08	00:18:38.35	00:18:47.20	+00:03:06 (16.7%)	3:43	16.1 (83.4%)
44	HAIZE Tomek	184	ARRK	M-40	11	00:00:02	00:18:42.95	00:18:45.55	+00:03:11 (17.0%)	3:44	16 (82.9%)
45	KRUPA Piotr	331	GLINKI TEAM	M-30	24	00:00:04	00:18:43.25	00:18:47.50	+00:03:11 (17.1%)	3:44	16 (82.9%)
46	FLOREK Paweł	1072	RUNADDICTS	M-30	25	00:00:04	00:18:48.40	00:18:53.35	+00:03:16 (17.4%)	3:45	15.9 (82.4%)
47	KŁOSOWSKI Marcin	210	GRUPA BANKIETOWA SPECJAL	M-40	12	00:00:04	00:18:52.65	00:18:57.15	+00:03:21 (17.8%)	3:46	15.9 (82.4%)
48	LEWANDOWSKI Tomasz	1325	RCI BYDGOSZCZ	M-30	26	00:00:10	00:18:54.05	00:19:04.50	+00:03:22 (17.9%)	3:46	15.9 (82.4%)
49	WALDA Łukasz	256		M-30	27	00:00:05	00:18:55.85	00:19:01.00	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
50	ADACH Paweł	1480	WEEKENDOWI BIEDACZE	M-30	28	00:00:03	00:18:56.05	00:18:59.50	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
51	KOWALSKI Jacek	228		M-40	13	00:00:07	00:18:56.15	00:19:03.40	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
52	IGNACZAK Jarosław	356		M-30	29	00:00:04	00:18:57.30	00:19:01.65	+00:03:25 (18.1%)	3:47	15.8 (81.9%)
53	ANISZCZYK Hubert	1188	ZSE-A	M-10	3	00:00:08	00:18:57.45	00:19:05.85	+00:03:25 (18.1%)	3:47	15.8 (81.9%)
54	OKOŃSKI Jarosław	89		M-30	30	00:00:06	00:18:58.20	00:19:04.80	+00:03:26 (18.2%)	3:47	15.8 (81.9%)
55	KABACIŃSKI Marcin	168		M-20	8	00:00:02	00:19:00.45	00:19:02.80	+00:03:28 (18.3%)	3:48	15.8 (81.9%)
56	BERNATAJTYS Daniel	74		M-40	14	00:00:04	00:19:01.70	00:19:06.50	+00:03:30 (18.4%)	3:48	15.8 (81.9%)
57	KHADDOUR Alex	702		M-30	31	00:00:06	00:19:01.75	00:19:08.30	+00:03:30 (18.4%)	3:48	15.8 (81.9%)
58	SIWKOWSKI Roman	151	BIEGAM BIEGAM	M-50	1	00:00:01	00:19:02.60	00:19:04.05	+00:03:31 (18.5%)	3:48	15.7 (81.3%)
59	CHOROSZEWICZ Paweł	1014		M-20	9	00:00:05	00:19:04.40	00:19:09.65	+00:03:32 (18.6%)	3:48	15.7 (81.3%)
60	PĘKAŁA Aleksandra	643	RUN PASJA	K-30	2	00:00:04	00:19:05.05	00:19:09.35	+00:03:33 (18.6%)	3:49	15.7 (81.3%)
61	MAGDZIARZ Jakub	930	KANCELARIA - HMM	M-30	32	00:00:04	00:19:05.85	00:19:09.85	+00:03:34 (18.7%)	3:49	15.7 (81.3%)
62	CHODKIEWICZ Tomasz	1218	GARDENFLORA MTB TEAM	M-40	15	00:00:04	00:19:07.10	00:19:11.30	+00:03:35 (18.8%)	3:49	15.7 (81.3%)
63	SZLINGER Jakub	724		M-30	33	00:00:05	00:19:07.65	00:19:13.55	+00:03:36 (18.8%)	3:49	15.7 (81.3%)
64	PIEKARSKI Marek	24	RESTAURACJA KUNG FU BYDGOSZCZ	M-40	16	00:00:02	00:19:10.15	00:19:12.30	+00:03:38 (19.0%)	3:50	15.7 (81.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
65	KRUSZKA Łukasz	271		M-40	17	00:00:03	00:19:10.20	00:19:13.35	+00:03:38 (19.0%)	3:50	15.7 (81.3%)
66	SZATTEN Dawid	140		M-30	34	00:00:04	00:19:11.40	00:19:15.70	+00:03:39 (19.1%)	3:50	15.6 (80.8%)
67	MAKOWSKI Sławomir	582	RUN BYDGOSZCZ	M-40	18	00:00:24	00:19:15.45	00:19:39.85	+00:03:43 (19.4%)	3:51	15.6 (80.8%)
68	JAGIEŁA Bartosz	196	TKKF KOLEJARZ BYDGOSZCZ	M-30	35	00:00:02	00:19:16.25	00:19:18.65	+00:03:44 (19.4%)	3:51	15.6 (80.8%)
69	GĘSICKI Jan	1109		M-20	10	00:00:03	00:19:16.50	00:19:20.20	+00:03:44 (19.4%)	3:51	15.6 (80.8%)
70	MUCHA Marcin	204		M-40	19	00:00:08	00:19:17.75	00:19:25.90	+00:03:46 (19.5%)	3:51	15.6 (80.8%)
71	BRZUCHALSKI Mati	392		M-30	36	00:00:08	00:19:19.05	00:19:27.30	+00:03:47 (19.6%)	3:51	15.5 (80.3%)
72	STANIEC Tomasz	1306		M-40	20	00:00:06	00:19:20.90	00:19:27.00	+00:03:49 (19.8%)	3:52	15.5 (80.3%)
73	KOTULA Sławomir	1083		M-30	37	00:00:05	00:19:23.25	00:19:28.55	+00:03:51 (19.9%)	3:52	15.5 (80.3%)
74	KRZEMIŃSKI Bartosz	636	RUN PASJA	M-30	38	00:00:04	00:19:26.00	00:19:30.30	+00:03:54 (20.1%)	3:53	15.4 (79.8%)
75	WIELGOSZ Krzysztof	914		M-20	11	00:00:03	00:19:28.75	00:19:32.50	+00:03:57 (20.3%)	3:53	15.4 (79.8%)
76	RUDY Ariel	1118	LEGION BYDGOSZCZ	M-20	12	00:00:03	00:19:31.95	00:19:35.35	+00:04:00 (20.5%)	3:54	15.4 (79.8%)
77	WIŚNIEWSKI Wojciech	1173		M-10	4	00:00:01	00:19:33.55	00:19:35.25	+00:04:01 (20.6%)	3:54	15.3 (79.3%)
78	SMARZYŃSKI Sebastian	1111		M-20	13	00:00:14	00:19:38.70	00:19:53.30	+00:04:07 (21.0%)	3:55	15.3 (79.3%)
79	PAWŁOWSKI Radosław	449		M-50	2	00:00:02	00:19:41.10	00:19:43.25	+00:04:09 (21.1%)	3:56	15.2 (78.8%)
80	SIKORSKI Sikora	1181	LOTTO BYDGOSTIA	M-10	5	00:00:02	00:19:43.15	00:19:45.15	+00:04:11 (21.3%)	3:56	15.2 (78.8%)
81	FELKNER Kamil	315	TECHNIKUM MECHANICZNE NR 1	M-10	6	00:00:01	00:19:45.50	00:19:47.30	+00:04:13 (21.4%)	3:57	15.2 (78.8%)
82	NIEMIR Tomasz	1168		M-20	14	00:00:02	00:19:46.95	00:19:49.60	+00:04:15 (21.5%)	3:57	15.2 (78.8%)
83	JOPPEK Łukasz	960		M-20	15	00:00:01	00:19:48.45	00:19:49.65	+00:04:16 (21.6%)	3:57	15.2 (78.8%)
84	GRZYWIŃSKI Grzegorz	1238	RUN BYDGOSZCZ	M-40	21	00:00:30	00:19:48.65	00:20:19.05	+00:04:17 (21.6%)	3:57	15.1 (78.2%)
85	CZERNIAK Jakub	1259		M-20	16	00:00:37	00:19:49.60	00:20:27.15	+00:04:18 (21.7%)	3:58	15.1 (78.2%)
86	FILINGER Marcin	866	ZIELONY PELIKAN	M-20	17	00:00:07	00:19:50.65	00:19:58.40	+00:04:19 (21.8%)	3:58	15.1 (78.2%)
87	LECH Marek	648	WHM POLSKA	M-30	39	00:00:03	00:19:51.90	00:19:55.05	+00:04:20 (21.8%)	3:58	15.1 (78.2%)
88	NISZCZOTA Karol	977	BRZOZA BIEGA	M-40	22	00:00:10	00:19:52.55	00:20:02.70	+00:04:20 (21.9%)	3:58	15.1 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
89	CIĘSZKI Bartosz	1180		M-10	7	00:00:02	00:19:53.40	00:19:55.50	+00:04:21 (21.9%)	3:58	15.1 (78.2%)
90	ŚLEFARSKI Jacek	861		M-30	40	00:00:04	00:19:53.70	00:19:58.10	+00:04:22 (22.0%)	3:58	15.1 (78.2%)
91	ZBIRANEK Remigiusz	954	1 BRYGADA LOGISTYCZNA	M-40	23	00:00:05	00:19:54.70	00:20:00.55	+00:04:23 (22.0%)	3:59	15.1 (78.2%)
92	WIECZOREK Waldemar	148		M-30	41	00:01:52	00:19:54.85	00:21:46.95	+00:04:23 (22.0%)	3:58	15.1 (78.2%)
93	DRWĘCKI Daniel	749	BIEGNIJ Z PROSERVICE	M-30	42	00:00:09	00:19:55.15	00:20:04.60	+00:04:23 (22.1%)	3:59	15.1 (78.2%)
94	SUDOŁ Jacek	1085		M-40	24	00:00:06	00:19:58.35	00:20:05.15	+00:04:26 (22.3%)	3:59	15 (77.7%)
95	RAK Patryk	1405	LOTTO BYDGOSTIA	M-10	8	00:01:26	00:20:01.30	00:21:28.15	+00:04:29 (22.5%)	4:00	15 (77.7%)
96	JANYSKA Krzysztof	232		M-30	43	00:00:08	00:20:05.30	00:20:13.45	+00:04:33 (22.7%)	4:01	14.9 (77.2%)
97	SKORNIA Eliza	82		K-20	1	00:00:13	00:20:06.10	00:20:19.55	+00:04:34 (22.8%)	4:01	14.9 (77.2%)
98	ŁASSA Rafał	45	SBRT BYDGOSZCZ	M-20	18	00:00:13	00:20:06.35	00:20:19.90	+00:04:34 (22.8%)	4:01	14.9 (77.2%)
99	CZEPEK Aleksander	723	BRZOZA BIEGA	M-60+	1	00:00:03	00:20:10.95	00:20:14.65	+00:04:39 (23.1%)	4:02	14.9 (77.2%)
100	BAŁDYGA Daniel	593	1 BRYGADA LOGISTYCZNA	M-30	44	00:00:05	00:20:11.35	00:20:16.90	+00:04:39 (23.1%)	4:02	14.9 (77.2%)
101	WŁOCH Mateusz	511		M-10	9	00:00:10	00:20:12.50	00:20:23.05	+00:04:40 (23.2%)	4:02	14.8 (76.7%)
102	WANKIEWICZ Łukasz	83	SZURUSIE TEAM	M-20	19	00:00:12	00:20:18.20	00:20:30.55	+00:04:46 (23.5%)	4:03	14.8 (76.7%)
103	SOBCZAK Rafał	1175		M-20	20	00:00:05	00:20:18.50	00:20:23.50	+00:04:46 (23.5%)	4:03	14.8 (76.7%)
104	SOKOŁOWSKI Tomasz	1444	KLINIKA TRIATHLONU	M-30	45	00:00:17	00:20:19.10	00:20:36.95	+00:04:47 (23.6%)	4:03	14.8 (76.7%)
105	SOBOWIEC Mateusz	351	MUKS 'PIĘTNASTKA' BYDGOSZCZ	M-10	10	00:00:07	00:20:19.85	00:20:27.45	+00:04:48 (23.6%)	4:04	14.8 (76.7%)
106	STREHLKE Mateusz	1386	AKPIAMETAL	M-10	11	00:00:05	00:20:21.45	00:20:27.05	+00:04:49 (23.7%)	4:04	14.7 (76.2%)
107	WIONCZEK Szymon	1174		M-10	12	00:01:26	00:20:21.60	00:21:47.85	+00:04:50 (23.7%)	4:04	14.7 (76.2%)
108	WARCZAK Kuba	739	TEAMOCHAL	M-30	46	00:00:10	00:20:21.70	00:20:32.05	+00:04:50 (23.7%)	4:04	14.7 (76.2%)
109	FRYDRYSZEK Michał	40	TRIPower	M-20	21	00:00:06	00:20:22.55	00:20:29.00	+00:04:50 (23.8%)	4:04	14.7 (76.2%)
110	OLSZYŃSKI Sebastian	1157	SPARTANIE DZIECIOM	M-40	25	00:00:21	00:20:24.70	00:20:46.55	+00:04:53 (23.9%)	4:05	14.7 (76.2%)
111	BOINSKI Rafal	893		M-30	47	00:00:09	00:20:25.05	00:20:34.50	+00:04:53 (24.0%)	4:05	14.7 (76.2%)
112	PALACZ Wioletta	296		K-40	1	00:00:07	00:20:26.60	00:20:34.20	+00:04:55 (24.1%)	4:05	14.7 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
113	SZYSZKA Radosław	297		M-30	48	00:00:07	00:20:26.65	00:20:34.50	+00:04:55 (24.1%)	4:05	14.7 (76.2%)
114	MICHALAK Wojciech	685		M-50	3	00:00:31	00:20:27.25	00:20:58.25	+00:04:55 (24.1%)	4:05	14.7 (76.2%)
115	NOWICKI Mateusz	1103		M-20	22	00:00:19	00:20:30.60	00:20:49.90	+00:04:59 (24.3%)	4:06	14.6 (75.6%)
116	WŁOCH Sylwester	512		M-50	4	00:00:10	00:20:31.40	00:20:42.25	+00:04:59 (24.3%)	4:06	14.6 (75.6%)
117	ŚLEFARSKI Marcin	872		M-30	49	00:00:17	00:20:34.95	00:20:52.25	+00:05:03 (24.6%)	4:07	14.6 (75.6%)
118	STAŃCZYK Martyna	116		K-20	2	00:00:07	00:20:35.60	00:20:42.75	+00:05:04 (24.6%)	4:07	14.6 (75.6%)
119	ŁOBODA Maciej	318		M-30	50	00:00:03	00:20:36.15	00:20:39.50	+00:05:04 (24.6%)	4:07	14.6 (75.6%)
120	KLINOWSKI Radosław	470		M-30	51	00:00:57	00:20:37.00	00:21:34.60	+00:05:05 (24.7%)	4:07	14.6 (75.6%)
121	GAWROŃSKI Mateusz	916		M-20	23	00:00:23	00:20:37.85	00:21:01.30	+00:05:06 (24.7%)	4:07	14.5 (75.1%)
122	KOWALSKI Kamil	1300		M-10	13	00:00:04	00:20:38.10	00:20:43.05	+00:05:06 (24.8%)	4:07	14.5 (75.1%)
123	SKARWECKI Remigiusz	589		M-30	52	00:00:13	00:20:38.55	00:20:51.90	+00:05:06 (24.8%)	4:07	14.5 (75.1%)
124	SKWARCZYŃSKI Radek	529	TRIPOWER	M-20	24	00:00:06	00:20:38.75	00:20:44.75	+00:05:07 (24.8%)	4:07	14.5 (75.1%)
125	CIUPA Jarosław	158	ARRK	M-40	26	00:00:03	00:20:38.85	00:20:42.65	+00:05:07 (24.8%)	4:07	14.5 (75.1%)
126	CZYZEWSKI Mateusz	433	KUJAVIA3TEAM	M-30	53	00:00:07	00:20:40.20	00:20:47.65	+00:05:08 (24.9%)	4:08	14.5 (75.1%)
127	OCHNIEWSKI Wojciech	879		M-20	25	00:00:45	00:20:40.65	00:21:25.95	+00:05:09 (24.9%)	4:08	14.5 (75.1%)
128	FOLERZYŃSKI Dawid	1304		M-10	14	00:00:06	00:20:41.15	00:20:47.95	+00:05:09 (24.9%)	4:08	14.5 (75.1%)
129	WAŁĘZA Hubert	857	KANAŁOWA TRI TEAM	M-30	54	00:00:12	00:20:41.90	00:20:54.35	+00:05:10 (25.0%)	4:08	14.5 (75.1%)
130	KOCIKOWSKA Asia	234		K-10	1	00:00:08	00:20:43.55	00:20:52.40	+00:05:11 (25.1%)	4:08	14.5 (75.1%)
131	MALINOWSKI Igor	178		M-10	15	00:00:08	00:20:43.65	00:20:52.60	+00:05:12 (25.1%)	4:08	14.5 (75.1%)
132	DĄBROWSKI Jarosław	11	CB163	M-20	26	00:01:27	00:20:44.40	00:22:11.80	+00:05:12 (25.1%)	4:08	14.5 (75.1%)
133	HOC Marek	478	LEGE ARTIS	M-40	27	00:00:07	00:20:45.80	00:20:53.75	+00:05:14 (25.2%)	4:09	14.4 (74.6%)
134	ŁYSZCZARZ Błażej	1392		M-30	55	00:00:39	00:20:47.00	00:21:26.05	+00:05:15 (25.3%)	4:09	14.4 (74.6%)
135	WIDŹGOWSKI Przemysław	428		M-40	28	00:00:23	00:20:47.95	00:21:11.30	+00:05:16 (25.3%)	4:09	14.4 (74.6%)
136	POKORSKI Tomasz	809		M-30	56	00:00:19	00:20:48.10	00:21:07.60	+00:05:16 (25.4%)	4:09	14.4 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
137	POLACZYK Tomasz	295		M-30	57	00:00:38	00:20:48.15	00:21:27.10	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
138	BAGROWSKI Marek	691	UMK COLLEGIUM MEDICUM RATOWNIXTWO MEDYCZNR RATUJE I BIEGA	M-50	5	00:00:11	00:20:48.20	00:20:59.70	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
139	KOCHAŃSKI Dariusz	695		M-50	6	00:00:07	00:20:48.50	00:20:55.65	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
140	HERMELIN Wojciech	1088	KANCELARIA-HMM	M-40	29	00:00:16	00:20:49.75	00:21:06.05	+00:05:18 (25.5%)	4:10	14.4 (74.6%)
141	NIEDBALSKI Grzegorz	1328	RUN BYDGOSZCZ	M-Open	1	00:00:09	00:20:50.45	00:21:00.30	+00:05:18 (25.5%)	4:10	14.4 (74.6%)
142	WUJEK Magdalena	1301		K-30	3	00:00:09	00:20:51.65	00:21:01.10	+00:05:20 (25.6%)	4:10	14.4 (74.6%)
143	DURAJEWSKI Mateusz	68	SOFTMAKS.PL	M-20	27	00:00:32	00:20:52.40	00:21:25.15	+00:05:20 (25.6%)	4:10	14.4 (74.6%)
144	GALINSKI Bartosz	6	1 BLOG	M-20	28	00:00:05	00:20:52.80	00:20:58.10	+00:05:21 (25.6%)	4:10	14.4 (74.6%)
145	ISELVMO Espen	1282		M-20	29	00:00:34	00:20:53.55	00:21:27.70	+00:05:21 (25.7%)	4:10	14.4 (74.6%)
146	RIZVI Syed	1247		M-20	30	00:00:10	00:20:53.95	00:21:04.65	+00:05:22 (25.7%)	4:10	14.4 (74.6%)
147	NADRATOWSKI Maciej	486	KABEL TEAM BYDGOSZCZ	M-40	30	00:00:07	00:20:54.90	00:21:02.30	+00:05:23 (25.8%)	4:11	14.3 (74.1%)
148	BOŁKA Szymon	1198		M-30	58	00:00:20	00:20:56.10	00:21:16.25	+00:05:24 (25.8%)	4:11	14.3 (74.1%)
149	GZYL Mikolaj	983	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	59	00:01:40	00:20:56.65	00:22:36.95	+00:05:25 (25.9%)	4:11	14.3 (74.1%)
150	TUBAJA Albert	63	KABEL TEAM BYDGOSZCZ	M-40	31	00:00:06	00:20:58.05	00:21:04.85	+00:05:26 (25.9%)	4:11	14.3 (74.1%)
151	WESOŁOWSKI Dariusz	206		M-40	32	00:00:09	00:20:58.50	00:21:08.25	+00:05:26 (26.0%)	4:11	14.3 (74.1%)
152	CYL Dawid	693	FORDONRUNNERS	M-30	60	00:00:10	00:21:03.20	00:21:13.75	+00:05:31 (26.3%)	4:12	14.3 (74.1%)
153	MROTEK Michał	182	QUAPRO TEAM	M-30	61	00:00:06	00:21:03.75	00:21:09.75	+00:05:32 (26.3%)	4:12	14.3 (74.1%)
154	ROMEL Michał	1201		M-20	31	00:00:20	00:21:03.90	00:21:24.55	+00:05:32 (26.3%)	4:12	14.2 (73.6%)
155	TORCHALSKI Krzysztof	51	RUN PASJA	M-60+	2	00:00:02	00:21:04.40	00:21:07.25	+00:05:32 (26.3%)	4:13	14.2 (73.6%)
156	ROSIŃSKI Maciej	2		M-40	33	00:01:34	00:21:05.90	00:22:40.25	+00:05:34 (26.4%)	4:13	14.2 (73.6%)
157	KOWALSKI Marek	1298		M-40	34	00:00:04	00:21:07.50	00:21:11.55	+00:05:35 (26.5%)	4:13	14.2 (73.6%)
158	BILSKI Marcin	743	OPONEO	M-30	62	00:00:24	00:21:07.90	00:21:32.00	+00:05:36 (26.5%)	4:13	14.2 (73.6%)
159	KAMPER Jarosław	735		M-40	35	00:00:07	00:21:08.20	00:21:15.45	+00:05:36 (26.5%)	4:13	14.2 (73.6%)
160	WACHOWSKI Piotr	241		M-30	63	00:00:01	00:21:09.30	00:21:10.90	+00:05:37 (26.6%)	4:13	14.2 (73.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
161	GÓRALSKA Marta	1097		K-20	3	00:00:28	00:21:11.05	00:21:39.70	+00:05:39 (26.7%)	4:14	14.2 (73.6%)
162	ROSÓŁ Jacek	464		M-30	64	00:00:08	00:21:11.35	00:21:19.45	+00:05:39 (26.7%)	4:14	14.2 (73.6%)
163	BIAŁY Dawid	1082	SPÓJNIA BIAŁE BŁOTA	M-20	32	00:00:40	00:21:13.85	00:21:54.10	+00:05:42 (26.9%)	4:14	14.1 (73.1%)
164	PIECHOWIAK Jacek	508		M-40	36	00:00:12	00:21:16.60	00:21:29.50	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
165	DROŻYŃSKI Maciej	728	CB163	M-20	33	00:00:12	00:21:16.70	00:21:28.90	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
166	SZYMAŃSKI Bartłomiej	1113		M-20	34	00:01:38	00:21:16.75	00:22:55.65	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
167	DZIEKAN Wojciech	1161	KABEL TEAM BYDGOSZCZ	M-30	65	00:00:07	00:21:17.05	00:21:24.65	+00:05:45 (27.1%)	4:15	14.1 (73.1%)
168	LATOS Paweł	236	BRACIA LATOS	M-30	66	00:00:11	00:21:19.05	00:21:30.65	+00:05:47 (27.2%)	4:15	14.1 (73.1%)
169	PALIGA Maciej	409		M-30	67	00:00:08	00:21:19.15	00:21:28.00	+00:05:47 (27.2%)	4:16	14.1 (73.1%)
170	GMOSINSKI Tomasz	1453		M-30	68	00:00:21	00:21:19.20	00:21:41.05	+00:05:47 (27.2%)	4:16	14.1 (73.1%)
171	BEDNAREK Piotr	1270	RUN PASJA	M-10	16	00:00:08	00:21:19.55	00:21:27.70	+00:05:47 (27.2%)	4:15	14.1 (73.1%)
172	RONALDOWSKI Kacper	920		M-20	35	00:00:14	00:21:19.65	00:21:33.95	+00:05:48 (27.2%)	4:15	14.1 (73.1%)
173	ROGALSKI Maciej	1434	OLOTEAM	M-30	69	00:00:08	00:21:20.35	00:21:28.90	+00:05:48 (27.2%)	4:16	14.1 (73.1%)
174	JUREK Piotr	442	BBL SZUBIN	M-50	7	00:00:21	00:21:22.65	00:21:44.10	+00:05:51 (27.4%)	4:16	14 (72.5%)
175	ŁOBOCKI Krzysztof	420		M-30	70	00:00:08	00:21:22.85	00:21:31.35	+00:05:51 (27.4%)	4:16	14 (72.5%)
176	JANCOWSKI Wojciech	1053		M-40	37	00:00:09	00:21:24.70	00:21:34.20	+00:05:53 (27.5%)	4:17	14 (72.5%)
177	ŚWIATLAK Piotr	895	ATOS / PKO POMAGAMY Z KAŻDYM KROKIEM	M-20	36	00:00:12	00:21:25.65	00:21:37.80	+00:05:54 (27.5%)	4:17	14 (72.5%)
178	ŚLEFARSKI Rafał	860		M-40	38	00:00:17	00:21:26.50	00:21:43.65	+00:05:54 (27.6%)	4:17	14 (72.5%)
179	SALANOVA Angel	1296	Y4U	M-20	37	00:00:00	00:21:26.95	00:21:26.95	+00:05:55 (27.6%)	4:17	14 (72.5%)
180	LESZCZYŃSKI Łukasz	785		M-30	71	00:00:34	00:21:27.90	00:22:02.75	+00:05:56 (27.7%)	4:17	14 (72.5%)
181	FRANKOWSKI Paweł	1411		M-40	39	00:00:24	00:21:29.50	00:21:53.75	+00:05:57 (27.8%)	4:17	14 (72.5%)
182	STĘPSKI Marek	104		M-40	40	00:00:06	00:21:29.75	00:21:36.05	+00:05:58 (27.8%)	4:18	14 (72.5%)
183	BARAŃSKI Władysław	1373		M-30	72	00:00:02	00:21:33.45	00:21:36.05	+00:06:01 (28.0%)	4:18	13.9 (72.0%)
184	KOWALSKI Krzysztof	321	OCELOTY KRUSZYN KRAJEŃSKI	M-30	73	00:00:22	00:21:34.40	00:21:56.75	+00:06:02 (28.0%)	4:18	13.9 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
185	RUMIŃSKI Adam	98	SZURUSIE TEAM	M-30	74	00:00:19	00:21:34.45	00:21:54.00	+00:06:02 (28.0%)	4:19	13.9 (72.0%)
186	RATAJ Zuzanna	898	POLONIA BYDGOSZCZ SLA	K-30	4	00:00:06	00:21:35.05	00:21:41.20	+00:06:03 (28.1%)	4:19	13.9 (72.0%)
187	PIEKARSKI Arkadiusz	754		M-30	75	00:01:00	00:21:36.10	00:22:36.35	+00:06:04 (28.1%)	4:19	13.9 (72.0%)
188	ANTKOWIAK Bartosz	788	TCMS PESA BYDGOSZCZ	M-30	76	00:00:08	00:21:38.85	00:21:47.65	+00:06:07 (28.3%)	4:19	13.9 (72.0%)
189	HOLM HENRIKSEN Jonas	1244	COLLEGIUM MEDICUM	M-20	38	00:00:14	00:21:38.95	00:21:53.05	+00:06:07 (28.3%)	4:19	13.9 (72.0%)
190	CICHOWICZ Marcin	1337		M-40	41	00:00:06	00:21:40.40	00:21:46.75	+00:06:08 (28.4%)	4:20	13.8 (71.5%)
191	NADOLNY Sebastian	625		M-40	42	00:00:17	00:21:42.45	00:22:00.25	+00:06:10 (28.5%)	4:20	13.8 (71.5%)
192	WNUCZYŃSKI Jakub	1251		M-10	17	00:00:17	00:21:43.35	00:22:01.05	+00:06:11 (28.5%)	4:20	13.8 (71.5%)
193	BRAŹKIEWICZ Rafał	215		M-40	43	00:00:18	00:21:43.40	00:22:02.35	+00:06:11 (28.5%)	4:20	13.8 (71.5%)
194	WNUCZYŃSKI Andrzej	803	ORANGE POLSKA	M-40	44	00:00:18	00:21:43.70	00:22:02.15	+00:06:12 (28.5%)	4:20	13.8 (71.5%)
195	BIZON Bartosz	924		M-30	77	00:00:25	00:21:44.95	00:22:10.20	+00:06:13 (28.6%)	4:21	13.8 (71.5%)
196	GACKOWSKI Krzysztof	18	IRON&ONE TEAM	M-40	45	00:00:08	00:21:45.25	00:21:53.50	+00:06:13 (28.6%)	4:21	13.8 (71.5%)
197	SKUBISZAK Mateusz	1266		M-10	18	00:00:01	00:21:46.40	00:21:48.25	+00:06:14 (28.7%)	4:21	13.8 (71.5%)
198	GOŁĘBIEWSKI Piotr	805		M-40	46	00:00:08	00:21:47.15	00:21:55.90	+00:06:15 (28.7%)	4:21	13.8 (71.5%)
199	ADAMCZAK Filip	1156		M-10	19	00:00:06	00:21:50.90	00:21:57.55	+00:06:19 (28.9%)	4:22	13.7 (71.0%)
200	MROZIK Andrzej	688		M-40	47	00:00:15	00:21:51.80	00:22:07.50	+00:06:20 (29.0%)	4:22	13.7 (71.0%)
201	KRAWCZYK Arkadiusz	1346		M-20	39	00:00:24	00:21:53.30	00:22:17.70	+00:06:21 (29.1%)	4:22	13.7 (71.0%)
202	SZUBERSKI Michał	117	DESPERACI	M-40	48	00:00:29	00:21:53.45	00:22:22.80	+00:06:21 (29.1%)	4:22	13.7 (71.0%)
203	GŁOWSKI Dariusz	435		M-40	49	00:00:12	00:21:54.30	00:22:07.25	+00:06:22 (29.1%)	4:23	13.7 (71.0%)
204	SZEWCZYKOWSKI Grzegorz	763	BYDGOSKIE ŻÓŁWIE	M-30	78	00:00:20	00:21:54.50	00:22:14.65	+00:06:22 (29.1%)	4:22	13.7 (71.0%)
205	QUAAS Łukasz	43		M-30	79	00:00:10	00:21:54.95	00:22:05.00	+00:06:23 (29.2%)	4:23	13.7 (71.0%)
205	KRZYSZTOŃ Emanuel	692		M-20	40	00:00:46	00:21:54.95	00:22:41.65	+00:06:23 (29.2%)	4:23	13.7 (71.0%)
207	ŻMICH Tomasz	302		M-40	50	00:00:10	00:21:55.75	00:22:05.90	+00:06:24 (29.2%)	4:23	13.7 (71.0%)
208	MROTEK Katarzyna	145	ON THE MOVE	K-30	5	00:00:06	00:21:55.85	00:22:02.55	+00:06:24 (29.2%)	4:23	13.7 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
209	MALINOWSKI Artur	205		M-40	51	00:00:24	00:21:56.75	00:22:20.95	+00:06:25 (29.3%)	4:23	13.7 (71.0%)
210	GABRYCH Maciej	23	CZARNE STOPY.SM	M-30	80	00:00:10	00:21:57.15	00:22:07.80	+00:06:25 (29.3%)	4:23	13.7 (71.0%)
211	GLAZA Patryk	639		M-30	81	00:00:27	00:21:58.60	00:22:26.45	+00:06:27 (29.3%)	4:23	13.6 (70.5%)
212	ZIELIŃSKI Waldemar	827		M-50	8	00:01:18	00:21:58.80	00:23:17.65	+00:06:27 (29.4%)	4:23	13.6 (70.5%)
213	CIOSEK Mirosław	1184		M-50	9	00:00:08	00:21:59.75	00:22:08.50	+00:06:28 (29.4%)	4:24	13.6 (70.5%)
214	PERLINSKI Damian	325	MOŻE I POWOLI ALE ZA TO BYLE JAK	M-30	82	00:00:45	00:22:01.85	00:22:47.20	+00:06:30 (29.5%)	4:24	13.6 (70.5%)
215	GRAJEWSKI Tomasz	347		M-30	83	00:00:18	00:22:02.90	00:22:21.80	+00:06:31 (29.6%)	4:24	13.6 (70.5%)
216	RAUNEST Adam	1362		M-50	10	00:00:13	00:22:04.30	00:22:17.50	+00:06:32 (29.7%)	4:24	13.6 (70.5%)
217	ANDRZEJAK Sylwia	201		K-40	2	00:00:24	00:22:05.65	00:22:29.80	+00:06:34 (29.7%)	4:25	13.6 (70.5%)
218	KUCHCZYŃSKI Adam	834	BÓL TO ŚCIEMA	M-50	11	00:00:11	00:22:07.45	00:22:18.50	+00:06:35 (29.8%)	4:25	13.6 (70.5%)
219	KAMIŃSKI Marek	187	TYPYGRUBE	M-20	41	00:01:14	00:22:08.70	00:23:23.25	+00:06:37 (29.9%)	4:25	13.5 (69.9%)
220	BRYJA Robert	970		M-50	12	00:00:21	00:22:12.95	00:22:34.15	+00:06:41 (30.1%)	4:26	13.5 (69.9%)
221	WOLAN Magdalena	5		K-30	6	00:00:48	00:22:15.10	00:23:03.40	+00:06:43 (30.2%)	4:27	13.5 (69.9%)
222	BEŁKOWSKI Artur	621		M-20	42	00:00:23	00:22:16.30	00:22:39.60	+00:06:44 (30.3%)	4:27	13.5 (69.9%)
223	ROSIAK Jarosław	38	3KR	M-40	52	00:00:47	00:22:16.70	00:23:04.00	+00:06:45 (30.3%)	4:27	13.5 (69.9%)
224	CIEMNY Tomasz	627		M-40	53	00:00:20	00:22:17.90	00:22:38.50	+00:06:46 (30.4%)	4:27	13.5 (69.9%)
225	SZMELTER Michał	458		M-40	54	00:00:20	00:22:21.25	00:22:42.00	+00:06:49 (30.5%)	4:28	13.4 (69.4%)
226	SZYMCZAK Maciej	527		M-40	55	00:00:09	00:22:22.15	00:22:31.35	+00:06:50 (30.6%)	4:28	13.4 (69.4%)
226	REPCZYŃSKI Tomek	340		M-20	43	00:01:14	00:22:22.15	00:23:36.45	+00:06:50 (30.6%)	4:28	13.4 (69.4%)
228	SZUBARTOWSKI Robert	1322		M-40	56	00:00:16	00:22:24.65	00:22:41.15	+00:06:53 (30.7%)	4:29	13.4 (69.4%)
229	JASIŃSKI Artur	578		M-40	57	00:00:59	00:22:24.90	00:23:24.50	+00:06:53 (30.7%)	4:29	13.4 (69.4%)
230	NOWAK Rafał	711	JYSK TEAM	M-20	44	00:00:21	00:22:25.35	00:22:46.40	+00:06:53 (30.8%)	4:29	13.4 (69.4%)
231	BARSZCZ Tomasz	1262		M-30	84	00:00:17	00:22:25.60	00:22:43.40	+00:06:54 (30.8%)	4:29	13.4 (69.4%)
232	JAŹDŻEWSKI Dawid	91	DESPERACI BYDGOSZCZ	M-30	85	00:00:28	00:22:26.85	00:22:55.80	+00:06:55 (30.8%)	4:29	13.4 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
233	KLIMCZAK Piotr	1204	OCULUS - NIEWIDOMI	M-10	20	00:01:02	00:22:27.60	00:23:30.10	+00:06:56 (30.9%)	4:29	13.4 (69.4%)
234	GONIA Alicja	146		K-40	3	00:00:27	00:22:27.95	00:22:55.50	+00:06:56 (30.9%)	4:29	13.4 (69.4%)
235	SAS Robert	660		M-40	58	00:00:17	00:22:28.25	00:22:45.85	+00:06:56 (30.9%)	4:29	13.4 (69.4%)
236	PAWLAK Jakub	770	JFTC SU	M-30	86	00:00:17	00:22:30.05	00:22:47.55	+00:06:58 (31.0%)	4:30	13.3 (68.9%)
237	LUZAK Mirosław	414	MWIK BYDGOSZCZ	M-50	13	00:00:11	00:22:30.20	00:22:41.75	+00:06:58 (31.0%)	4:30	13.3 (68.9%)
238	NOWAKOWSKI Oskar	144		M-10	21	00:00:11	00:22:30.40	00:22:41.65	+00:06:58 (31.0%)	4:30	13.3 (68.9%)
239	KRUCZKOWSKI Adam	1220	OCULUS - NIEWIDOMI	M-40	59	00:00:05	00:22:30.85	00:22:36.25	+00:06:59 (31.0%)	4:30	13.3 (68.9%)
240	MAŁOWIECKI Grzegorz	1223	OCULUS - NIEWIDOMI	M-40	60	00:00:05	00:22:31.00	00:22:36.15	+00:06:59 (31.0%)	4:30	13.3 (68.9%)
241	JAROCH Krzysztof	113		M-20	45	00:01:09	00:22:32.00	00:23:41.30	+00:07:00 (31.1%)	4:30	13.3 (68.9%)
242	PIEKARSKI Wojciech	755		M-40	61	00:01:00	00:22:32.50	00:23:32.75	+00:07:00 (31.1%)	4:30	13.3 (68.9%)
243	LEWICKI Maciej	764	BYDGOSZCZ NA START	M-40	62	00:00:16	00:22:33.85	00:22:50.45	+00:07:02 (31.2%)	4:30	13.3 (68.9%)
244	MAZURKIEWICZ Piotr	899		M-40	63	00:00:33	00:22:35.65	00:23:09.25	+00:07:04 (31.3%)	4:31	13.3 (68.9%)
245	WESOŁOWSKI Krzysztof	374		M-40	64	00:00:18	00:22:35.85	00:22:53.90	+00:07:04 (31.3%)	4:31	13.3 (68.9%)
246	NIEDBALSKI Paweł	163		M-30	87	00:00:01	00:22:37.30	00:22:39.25	+00:07:05 (31.4%)	4:31	13.3 (68.9%)
246	GWIAZDOWSKI Krzysztof	790		M-40	65	00:00:04	00:22:37.30	00:22:42.10	+00:07:05 (31.4%)	4:31	13.3 (68.9%)
248	TWARDOWSKI Bartosz	1473		M-30	88	00:00:49	00:22:38.20	00:23:27.25	+00:07:06 (31.4%)	4:31	13.3 (68.9%)
249	KARCZEWSKI Sławomir	287	CWU	M-30	89	00:00:17	00:22:38.30	00:22:55.30	+00:07:06 (31.4%)	4:31	13.3 (68.9%)
250	LUZAK Magdalena	1	BIEGNĘ DLA AGU I TOMECZKA	K-20	4	00:00:25	00:22:39.30	00:23:05.25	+00:07:07 (31.5%)	4:32	13.2 (68.4%)
251	CHMIELARZ Karina	369		K-20	5	00:00:17	00:22:39.55	00:22:56.95	+00:07:07 (31.5%)	4:31	13.2 (68.4%)
252	BIAŁOWĄS Dariusz	65		M-40	66	00:00:35	00:22:39.70	00:23:15.35	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
253	KRZYŚKÓW Mateusz	538	ZIELONY PELIKAN	M-20	46	00:00:07	00:22:40.15	00:22:47.35	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
254	NAPORA Mateusz	665		M-20	47	00:01:16	00:22:40.35	00:23:56.45	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
255	PACEK Mirosław	242		M-50	14	00:00:20	00:22:40.40	00:23:00.95	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
256	WALUSIAK Miłosz	1308	RUN PASJA	M-30	90	00:00:14	00:22:41.80	00:22:56.45	+00:07:10 (31.6%)	4:32	13.2 (68.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
257	DOMEK Aleksander	154		M-30	91	00:01:08	00:22:42.95	00:23:51.20	+00:07:11 (31.6%)	4:32	13.2 (68.4%)
258	BURY Tomasz	563		M-30	92	00:00:09	00:22:43.65	00:22:53.30	+00:07:12 (31.7%)	4:32	13.2 (68.4%)
259	SPYCHALSKI Bartosz	828		M-20	48	00:00:31	00:22:47.05	00:23:18.95	+00:07:15 (31.9%)	4:33	13.2 (68.4%)
260	POBIEDZIŃSKI Robert	900	POLONIA BYDGOSZCZ SLA	M-20	49	00:01:15	00:22:47.80	00:24:03.20	+00:07:16 (31.9%)	4:33	13.2 (68.4%)
261	PALIWODA Jakub	1114		M-20	50	00:01:39	00:22:50.05	00:24:29.30	+00:07:18 (32.0%)	4:34	13.1 (67.9%)
262	KAJA Dominika	376		K-20	6	00:00:48	00:22:51.05	00:23:39.15	+00:07:19 (32.1%)	4:34	13.1 (67.9%)
263	GANDZIAROWSKA Anna	198		K-20	7	00:00:14	00:22:53.15	00:23:08.10	+00:07:21 (32.2%)	4:34	13.1 (67.9%)
264	KLEPACZEWSKI Arkadiusz	298		M-30	93	00:00:14	00:22:53.40	00:23:07.45	+00:07:21 (32.2%)	4:34	13.1 (67.9%)
265	PAWLAK Dawid	766	ESKIMOS	M-40	67	00:00:09	00:22:54.10	00:23:04.00	+00:07:22 (32.2%)	4:35	13.1 (67.9%)
266	SIUDA Sebastian	41	SOLECCY BIEGACZE	M-40	68	00:00:45	00:22:55.95	00:23:41.60	+00:07:24 (32.3%)	4:35	13.1 (67.9%)
267	ŁABENDA Robert	84	SZURUSIE	M-30	94	00:00:18	00:22:57.25	00:23:16.20	+00:07:25 (32.4%)	4:35	13.1 (67.9%)
268	BEDNAREK Paweł	776	GORDON RUN	M-30	95	00:00:14	00:22:57.90	00:23:12.30	+00:07:26 (32.4%)	4:35	13.1 (67.9%)
269	WOJCIECHOWSKI Dawid	1193		M-20	51	00:00:55	00:22:58.75	00:23:54.50	+00:07:27 (32.4%)	4:35	13.1 (67.9%)
270	WROBEL Mateusx	1167		M-20	52	00:00:02	00:22:59.05	00:23:01.95	+00:07:27 (32.4%)	4:35	13.1 (67.9%)
271	DACH Łukasz	873		M-30	96	00:00:10	00:23:00.95	00:23:11.15	+00:07:29 (32.5%)	4:36	13 (67.4%)
272	OTT Joanna	1239		K-10	2	00:00:29	00:23:01.20	00:23:30.90	+00:07:29 (32.6%)	4:36	13 (67.4%)
273	PAWLACZYK Paweł	1338	SPÓJNIA BIAŁE BŁOTA	M-20	53	00:00:50	00:23:02.25	00:23:52.40	+00:07:30 (32.6%)	4:36	13 (67.4%)
274	NIEDBALSKI Szymon	128	SKLEP BIEGACZA BYDGOSZCZ	M-20	54	00:00:13	00:23:05.35	00:23:18.55	+00:07:33 (32.8%)	4:37	13 (67.4%)
275	GROCHOWSKI Piotr	1449		M-30	97	00:00:51	00:23:06.00	00:23:57.20	+00:07:34 (32.8%)	4:37	13 (67.4%)
276	HORYD Justyna	55		K-40	4	00:00:56	00:23:06.10	00:24:02.15	+00:07:34 (32.8%)	4:37	13 (67.4%)
277	STAWCZYK Dariusz	142		M-40	69	00:00:22	00:23:09.20	00:23:31.70	+00:07:37 (32.9%)	4:37	13 (67.4%)
277	CICHOWICZ Tomasz	1101		M-20	55	00:01:28	00:23:09.20	00:24:37.75	+00:07:37 (32.9%)	4:37	13 (67.4%)
279	DOMERACKI Damian	507		M-30	98	00:00:07	00:23:09.45	00:23:17.25	+00:07:37 (33.0%)	4:38	12.9 (66.8%)
280	LEWANDOWSKI Michał	980		M-30	99	00:01:35	00:23:11.25	00:24:47.15	+00:07:39 (33.0%)	4:38	12.9 (66.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
281	LEWANDOWSKI Rafał	498		M-30	100	00:01:11	00:23:11.55	00:24:22.85	+00:07:39 (33.1%)	4:38	12.9 (66.8%)
282	MRUGAŁA Bartosz	141		M-30	101	00:00:21	00:23:11.60	00:23:33.35	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
283	KIEŁCZYŃSKI Marek	493		M-40	70	00:00:14	00:23:11.80	00:23:26.70	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
284	STASIEWSKI Mariusz	1127	TRISPACE	M-40	71	00:00:16	00:23:11.85	00:23:28.15	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
285	PIOTROWSKA Katarzyna	135		K-20	8	00:00:21	00:23:11.90	00:23:33.25	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
286	ANGLART Roman	199	PARKRUN BYDGOSZCZ	M-50	15	00:00:31	00:23:12.35	00:23:43.50	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
287	ANDRYSIAK Tomasz	1443		M-40	72	00:00:30	00:23:12.75	00:23:43.45	+00:07:41 (33.1%)	4:38	12.9 (66.8%)
288	MAŁECKI Damian	896		M-20	56	00:00:07	00:23:12.85	00:23:20.65	+00:07:41 (33.1%)	4:38	12.9 (66.8%)
289	KAMIŃSKI Łukasz	79	QBOWICZ RODZINNA MAFIA BIEGOWA	M-30	102	00:01:11	00:23:13.85	00:24:25.15	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
290	ŚLIWIŃSKI Piotr	1234	OCULUS - NIEWIDOMI	M-40	73	00:00:05	00:23:13.90	00:23:19.65	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
291	CHMURZYŃSKI Jakub	1206	OCULUS - NIEWIDOMI	M-20	57	00:00:05	00:23:13.95	00:23:19.40	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
292	BAGCI Ugur	1299	Y4U	M-20	58	00:00:00	00:23:14.10	00:23:14.10	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
293	MAICHSZAK Michał	1222	OCULUS - NIEWIDOMI	M-30	103	00:00:05	00:23:14.25	00:23:19.60	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
294	DULIŃSKI Bartosz	958	SP NIEMCZ	M-10	22	00:00:33	00:23:15.40	00:23:48.40	+00:07:43 (33.2%)	4:39	12.9 (66.8%)
295	WIENEKE Jonathan	1246		M-20	59	00:00:34	00:23:15.50	00:23:49.95	+00:07:43 (33.2%)	4:39	12.9 (66.8%)
296	TRUDNOWSKI Janusz	130		M-60+	3	00:00:11	00:23:15.90	00:23:27.20	+00:07:44 (33.3%)	4:39	12.9 (66.8%)
297	ANDRZEJEWSKA Sylwia	139		K-30	7	00:00:22	00:23:17.00	00:23:39.05	+00:07:45 (33.3%)	4:39	12.9 (66.8%)
298	DULIŃSKI Jacek	957		M-40	74	00:00:32	00:23:19.25	00:23:51.40	+00:07:47 (33.4%)	4:39	12.9 (66.8%)
299	MARCINKOWSKI Artur	1017		M-20	60	00:00:19	00:23:19.45	00:23:38.45	+00:07:47 (33.4%)	4:39	12.9 (66.8%)
300	BARSZCZ Krzysztof	1462		M-30	104	00:00:17	00:23:20.00	00:23:37.15	+00:07:48 (33.5%)	4:40	12.9 (66.8%)
301	FOJUTOWSKI Jan	696		M-10	23	00:00:30	00:23:20.90	00:23:51.75	+00:07:49 (33.5%)	4:40	12.8 (66.3%)
302	PIASECKI Radosław	807		M-20	61	00:00:31	00:23:21.05	00:23:52.65	+00:07:49 (33.5%)	4:40	12.8 (66.3%)
303	BARTOS Ligia	231	WTORKOWY TRENING GRUDZIĄDZ	K-40	5	00:00:16	00:23:22.10	00:23:38.90	+00:07:50 (33.6%)	4:40	12.8 (66.3%)
304	MOLENDĄ Piotr	1347		M-20	62	00:00:08	00:23:23.65	00:23:32.15	+00:07:52 (33.6%)	4:40	12.8 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
305	FOJUTOWSKI Filip	697		M-10	24	00:00:31	00:23:23.75	00:23:55.40	+00:07:52 (33.6%)	4:40	12.8 (66.3%)
306	MAJCHRZAK Dawid	194	ZOSIA TEAM	M-30	105	00:00:46	00:23:25.55	00:24:11.95	+00:07:53 (33.7%)	4:41	12.8 (66.3%)
307	KRYSZTOFORSKA Marta	1478		K-30	8	00:01:01	00:23:26.10	00:24:27.45	+00:07:54 (33.7%)	4:41	12.8 (66.3%)
308	ŁAWNICZAK Paweł	567		M-30	106	00:00:07	00:23:26.85	00:23:34.45	+00:07:55 (33.8%)	4:41	12.8 (66.3%)
309	PRUSINOWSKI Jakub	1106		M-20	63	00:00:13	00:23:27.65	00:23:41.45	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
310	GŁOWACKI Robert	1414		M-40	75	00:00:05	00:23:27.85	00:23:33.55	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
311	KALIŃSKI Grzegorz	1089		M-40	76	00:00:03	00:23:28.00	00:23:31.25	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
312	BARTCZAK Radosław	335	CB163	M-20	64	00:01:28	00:23:28.25	00:24:56.25	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
313	MAGDZIARZ Katarzyna	932	KANCELARIA HMM	K-30	9	00:00:50	00:23:29.20	00:24:19.55	+00:07:57 (33.9%)	4:41	12.8 (66.3%)
314	ŻUCHELKOWSKI Rafał	1008	AGATA & RAFAŁ & ADAŚ TEAM	M-30	107	00:01:02	00:23:29.65	00:24:31.90	+00:07:58 (33.9%)	4:41	12.8 (66.3%)
315	BRZEZIŃSKI Sławomir	1315	CZARNE STOPY.SM	M-40	77	00:00:25	00:23:29.90	00:23:55.55	+00:07:58 (33.9%)	4:42	12.8 (66.3%)
316	NALEŻYTY Piotr	35	KLINIKA TRIATHLONU	M-30	108	00:00:18	00:23:30.65	00:23:49.30	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
316	LITKOWSKI Marek	797	DMK LEE	M-40	78	00:00:50	00:23:30.65	00:24:21.15	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
318	SAJDAK Marcin	1055	PĘDZĄCE ŻÓŁWIE	M-30	109	00:00:14	00:23:30.90	00:23:45.70	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
319	ŁABENDA Piotr	211	TERENOWA MASAKRA TEAM	M-40	79	00:00:16	00:23:31.55	00:23:47.70	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
320	MALICKI Łukasz	504	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	110	00:00:17	00:23:31.70	00:23:49.45	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
321	BYRTEK Grzegorz	314		M-40	80	00:00:20	00:23:31.85	00:23:52.30	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
322	PRZEWŁOCKI Jakub	1056	KLINIKA TRIATHLONU	M-30	111	00:00:17	00:23:32.35	00:23:49.55	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
323	SZATKOWSKI Oskar	1058	KLINIKA TRIATHLONU	M-20	65	00:00:17	00:23:33.40	00:23:51.25	+00:08:01 (34.1%)	4:42	12.7 (65.8%)
324	CABAJ Agata	453		K-20	9	00:00:06	00:23:33.75	00:23:40.70	+00:08:02 (34.1%)	4:42	12.7 (65.8%)
325	PAWŁOWSKI Kamil	452		M-20	66	00:00:07	00:23:33.85	00:23:41.00	+00:08:02 (34.1%)	4:42	12.7 (65.8%)
326	BŁAŻEJEWSKI Kacper	684	CB163	M-20	67	00:01:31	00:23:35.85	00:25:07.35	+00:08:04 (34.2%)	4:43	12.7 (65.8%)
327	ULATOWSKA Sylwia	1172		K-30	10	00:00:25	00:23:35.95	00:24:01.15	+00:08:04 (34.2%)	4:43	12.7 (65.8%)
328	GRZYWIŃSKI Łukasz	1481		M-30	112	00:00:44	00:23:37.50	00:24:22.25	+00:08:05 (34.3%)	4:43	12.7 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
329	JASTRZĘBSKA Nina	659		K-20	10	00:00:34	00:23:37.65	00:24:12.25	+00:08:06 (34.3%)	4:43	12.7 (65.8%)
330	ARENT Piotr	658		M-20	68	00:00:34	00:23:37.80	00:24:12.45	+00:08:06 (34.3%)	4:43	12.7 (65.8%)
331	PYTLIŃSKI Paweł	681	BYDGOSKIE ŻÓŁWIE	M-30	113	00:00:44	00:23:38.20	00:24:22.70	+00:08:06 (34.3%)	4:43	12.7 (65.8%)
332	ROŚ Sławek	389		M-30	114	00:00:15	00:23:39.25	00:23:54.50	+00:08:07 (34.4%)	4:43	12.7 (65.8%)
333	KISZKA Marcin	207	RUN PASJA	M-30	115	00:00:10	00:23:39.75	00:23:50.05	+00:08:08 (34.4%)	4:44	12.7 (65.8%)
334	JURKOWSKI Paweł	670	TOASTMASTERS BYDGOSZCZ	M-30	116	00:01:30	00:23:40.65	00:25:11.05	+00:08:09 (34.4%)	4:44	12.7 (65.8%)
335	MALEWICZ Paweł	686		M-30	117	00:00:17	00:23:41.55	00:23:58.90	+00:08:09 (34.5%)	4:44	12.7 (65.8%)
336	STRÓŻYK Grażyna	850		K-20	11	00:01:01	00:23:43.65	00:24:45.30	+00:08:12 (34.6%)	4:44	12.6 (65.3%)
337	KITOWSKI Przemysław	1440		M-30	118	00:00:19	00:23:44.90	00:24:04.05	+00:08:13 (34.6%)	4:45	12.6 (65.3%)
338	DURCZAK Jerzy	459	BYDGOSKIE OKONIE	M-30	119	00:01:01	00:23:45.80	00:24:47.75	+00:08:14 (34.7%)	4:45	12.6 (65.3%)
339	MINNOCK Ivan	1486		M-20	69	00:00:34	00:23:47.05	00:24:21.95	+00:08:15 (34.7%)	4:45	12.6 (65.3%)
340	CHOJNACKI Arkadiusz	212	NIGHT RUNNERS	M-20	70	00:01:06	00:23:48.15	00:24:54.95	+00:08:16 (34.8%)	4:45	12.6 (65.3%)
341	MUSS Karolina	1076		K-40	6	00:01:10	00:23:48.95	00:24:59.55	+00:08:17 (34.8%)	4:45	12.6 (65.3%)
342	NAWROCKI Damian	1477		M-20	71	00:00:39	00:23:49.00	00:24:28.20	+00:08:17 (34.8%)	4:45	12.6 (65.3%)
343	NOWICKA Michalina	760		K-10	3	00:01:09	00:23:49.30	00:24:58.90	+00:08:17 (34.8%)	4:45	12.6 (65.3%)
344	NOWICKI Adam	757	PENTEL	M-40	81	00:01:09	00:23:49.40	00:24:59.00	+00:08:17 (34.8%)	4:46	12.6 (65.3%)
345	KUFEL Magdalena	1126	FC PIECZARA	K-30	11	00:01:30	00:23:50.40	00:25:20.55	+00:08:18 (34.9%)	4:46	12.6 (65.3%)
346	SOŁTYSIUK Bartosz	1130	FC PIECZARA	M-30	120	00:01:29	00:23:50.85	00:25:20.65	+00:08:19 (34.9%)	4:46	12.6 (65.3%)
347	TRZCIŃSKI Eugeniusz	358		M-60+	4	00:00:20	00:23:50.90	00:24:11.05	+00:08:19 (34.9%)	4:46	12.6 (65.3%)
347	KWIATKOWSKI Karol	1331	CFR	M-40	82	00:00:59	00:23:50.90	00:24:49.95	+00:08:19 (34.9%)	4:46	12.6 (65.3%)
349	FRĄCKOWIAK Waldemar	1145		M-40	83	00:01:15	00:23:52.30	00:25:07.65	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
350	LEŚNIEWSKI Tomasz	333		M-40	84	00:00:08	00:23:52.35	00:24:00.85	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
351	IWANUSEK Paweł	528	GRUPA BANKIETOWA SPECJAL	M-40	85	00:01:20	00:23:52.50	00:25:13.45	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
352	POZNAŃ Łukasz	181		M-30	121	00:01:30	00:23:52.80	00:25:23.55	+00:08:21 (35.0%)	4:46	12.6 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
353	GIERSZEWSKA Grazyna	129		K-40	7	00:00:48	00:23:53.10	00:24:41.90	+00:08:21 (35.0%)	4:46	12.6 (65.3%)
354	KILANOWSKI Dariusz	1242		M-30	122	00:01:28	00:23:53.45	00:25:22.15	+00:08:21 (35.0%)	4:46	12.6 (65.3%)
355	GROBELNA Angelika	258	BYDGOSZCZ NA START	K-40	8	00:00:56	00:23:54.10	00:24:51.05	+00:08:22 (35.0%)	4:47	12.5 (64.8%)
355	PAWLAK Robert	1329	NIE ZRZESZONY	M-40	86	00:00:32	00:23:54.10	00:24:26.30	+00:08:22 (35.0%)	4:46	12.6 (65.3%)
357	RADULSKI Dawid	441		M-20	72	00:00:38	00:23:54.40	00:24:32.85	+00:08:22 (35.1%)	4:46	12.6 (65.3%)
358	ŻEBRACKI Artur	406		M-30	123	00:01:25	00:23:56.25	00:25:21.85	+00:08:24 (35.1%)	4:47	12.5 (64.8%)
359	ROSZCZYN Dawid	275	CB163	M-30	124	00:01:34	00:23:56.40	00:25:31.05	+00:08:24 (35.1%)	4:47	12.5 (64.8%)
360	WIŚNIEWSKI Jacek	193		M-30	125	00:00:03	00:23:56.75	00:24:00.65	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
361	DUDKOWIAK Michał	1330		M-30	126	00:00:16	00:23:56.90	00:24:13.45	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
362	DROZDOWSKI Krzysztof	654		M-40	87	00:00:40	00:23:57.30	00:24:37.65	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
363	APPEL Karol	1000		M-20	73	00:00:23	00:23:57.55	00:24:21.15	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
364	KURZAWA Mirella	561		K-20	12	00:00:22	00:23:57.80	00:24:19.85	+00:08:26 (35.2%)	4:47	12.5 (64.8%)
365	KOWALCZYK Tomasz	1374		M-40	88	00:00:15	00:23:58.90	00:24:14.00	+00:08:27 (35.3%)	4:47	12.5 (64.8%)
366	SIUDA Marek	124		M-40	89	00:00:46	00:23:59.70	00:24:46.25	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
367	KUTOWSKI Przemysław	299	PRUSZCZ	M-40	90	00:00:10	00:23:59.95	00:24:10.55	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
368	SOSNA Mikołaj	92		M-30	127	00:01:19	00:24:00.20	00:25:19.60	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
369	GÓRSKI Michał	853		M-30	128	00:00:07	00:24:00.75	00:24:08.05	+00:08:29 (35.3%)	4:48	12.5 (64.8%)
370	HORODYSKI Paweł	1077	PMN	M-30	129	00:00:51	00:24:00.90	00:24:52.25	+00:08:29 (35.3%)	4:48	12.5 (64.8%)
371	LUDWICZAK Oskar	1227	OCULUS - NIEWIDOMI	M-30	130	00:01:02	00:24:01.05	00:25:03.30	+00:08:29 (35.4%)	4:48	12.5 (64.8%)
372	HRYCZ Paweł	905	#BBKTS	M-40	91	00:00:25	00:24:01.35	00:24:27.15	+00:08:29 (35.4%)	4:48	12.5 (64.8%)
373	BICZKOWSKA Magdalena	492		K-30	12	00:00:12	00:24:01.70	00:24:14.60	+00:08:30 (35.4%)	4:48	12.5 (64.8%)
374	ŚWIATLAK Marek	237		M-40	92	00:00:57	00:24:01.95	00:24:59.30	+00:08:30 (35.4%)	4:48	12.5 (64.8%)
375	CICHOŃSKA - BAZAK Marzena	1500	CZARNE STOPY.SM	K-40	9	00:00:08	00:24:02.30	00:24:10.95	+00:08:30 (35.4%)	4:48	12.5 (64.8%)
376	SZYCZEWSKA Ewa	269		K-40	10	00:00:19	00:24:02.85	00:24:22.35	+00:08:31 (35.4%)	4:48	12.5 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
377	MEYER Maciej	1260		M-20	74	00:01:39	00:24:02.90	00:25:42.40	+00:08:31 (35.4%)	4:48	12.5 (64.8%)
378	MEYER Marek	844		M-40	93	00:01:39	00:24:02.95	00:25:42.65	+00:08:31 (35.4%)	4:48	12.5 (64.8%)
379	GRABOWSKA Dominika	97	MOC I SIŁA	K-20	13	00:00:22	00:24:03.80	00:24:26.05	+00:08:32 (35.5%)	4:48	12.5 (64.8%)
380	BURCZYK Roman	517		M-40	94	00:01:36	00:24:04.50	00:25:41.25	+00:08:32 (35.5%)	4:49	12.5 (64.8%)
381	KARLIŃSKI Oskar	391	BYDGOSZCZ	M-10	25	00:00:41	00:24:04.70	00:24:45.85	+00:08:33 (35.5%)	4:48	12.5 (64.8%)
382	BĄBOLEWSKI Łukasz	172		M-30	131	00:01:09	00:24:05.25	00:25:14.65	+00:08:33 (35.5%)	4:49	12.5 (64.8%)
383	DĄBROWSKI Bartosz	1431	SPORTOWA PASJA	M-30	132	00:00:39	00:24:07.00	00:24:46.85	+00:08:35 (35.6%)	4:49	12.4 (64.2%)
384	MALINOWSKI Waldemar	677	RUN LOTTO BYDGOSTIA	M-40	95	00:00:43	00:24:07.45	00:24:51.05	+00:08:35 (35.6%)	4:49	12.4 (64.2%)
385	GAWRYCH Adam	602		M-20	75	00:00:51	00:24:08.05	00:24:59.90	+00:08:36 (35.7%)	4:49	12.4 (64.2%)
386	MUSIELEWSKA Daria	221		K-20	14	00:00:12	00:24:10.15	00:24:22.25	+00:08:38 (35.8%)	4:50	12.4 (64.2%)
387	KLAWIKOWSKA Julita	926		K-30	13	00:01:27	00:24:11.35	00:25:38.45	+00:08:39 (35.8%)	4:50	12.4 (64.2%)
388	SIEKIERKA Jarosław	85		M-30	133	00:00:03	00:24:11.70	00:24:15.20	+00:08:40 (35.8%)	4:50	12.4 (64.2%)
389	KRYSZTOFORSKI Wojciech	1487	ZOSIA TEAM	M-30	134	00:01:00	00:24:13.65	00:25:14.20	+00:08:42 (35.9%)	4:50	12.4 (64.2%)
390	KACZMARCZYK Maciek	1023		M-10	26	00:00:48	00:24:15.55	00:25:04.10	+00:08:43 (36.0%)	4:51	12.4 (64.2%)
391	KRESIŃSKI Andrzej	415	BYDGOSZCZ	M-30	135	00:01:21	00:24:16.00	00:25:37.55	+00:08:44 (36.0%)	4:51	12.4 (64.2%)
392	BĘC Dominika	1108	CB163	K-20	15	00:01:31	00:24:16.95	00:25:48.65	+00:08:45 (36.1%)	4:51	12.4 (64.2%)
393	STELMASZEK Patryk	203		M-10	27	00:01:07	00:24:17.45	00:25:24.65	+00:08:45 (36.1%)	4:51	12.4 (64.2%)
394	LEWANDOWSKI Adam	153	TEAM KUCYKI	M-40	96	00:00:57	00:24:17.60	00:25:15.15	+00:08:46 (36.1%)	4:51	12.3 (63.7%)
395	KWIATKOWSKA-MARKIEWICZ Kamila	1286		K-30	14	00:00:31	00:24:17.90	00:24:49.55	+00:08:46 (36.1%)	4:51	12.3 (63.7%)
395	LOOSE Paulina	1004	LOS KUMPLOS	K-30	15	00:00:55	00:24:17.90	00:25:13.20	+00:08:46 (36.1%)	4:51	12.3 (63.7%)
397	KWIATKOWSKA Bożena	717		K-40	11	00:00:28	00:24:20.40	00:24:48.55	+00:08:48 (36.2%)	4:52	12.3 (63.7%)
398	WOJCIECHOWSKA Emilia	136		K-40	12	00:00:27	00:24:21.10	00:24:48.90	+00:08:49 (36.2%)	4:52	12.3 (63.7%)
398	WOJCIECHOWSKI Jarosław	138		M-40	97	00:00:27	00:24:21.10	00:24:48.85	+00:08:49 (36.2%)	4:52	12.3 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
400	MAJEWSKA Monika	741	UM	K-30	16	00:00:13	00:24:21.25	00:24:34.50	+00:08:49 (36.2%)	4:52	12.3 (63.7%)
401	ZABROCKI Marcin	1007		M-20	76	00:00:42	00:24:21.45	00:25:03.50	+00:08:49 (36.3%)	4:52	12.3 (63.7%)
402	ŻDANOWICZ Anna	713		K-30	17	00:00:18	00:24:21.80	00:24:40.30	+00:08:50 (36.3%)	4:52	12.3 (63.7%)
403	KOLSKI Radek	306	VAUPE TEAM	M-40	98	00:01:00	00:24:22.80	00:25:22.80	+00:08:51 (36.3%)	4:52	12.3 (63.7%)
404	LICA Paweł	58		M-20	77	00:01:30	00:24:23.00	00:25:53.35	+00:08:51 (36.3%)	4:52	12.3 (63.7%)
405	TOMYS Julia	1371		K-20	16	00:00:45	00:24:23.10	00:25:08.85	+00:08:51 (36.3%)	4:52	12.3 (63.7%)
406	ZAMIATOWSKA Kinga	1119	BELLA LINE BDG	K-40	13	00:00:11	00:24:24.10	00:24:35.10	+00:08:52 (36.4%)	4:52	12.3 (63.7%)
407	GRACZ Adam	1460		M-30	136	00:01:25	00:24:26.00	00:25:51.25	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
408	TYLKOWSKI Łukasz Piotr	488	TURBOGROSZKI.RUN	M-20	78	00:00:32	00:24:26.30	00:24:58.70	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
409	GORCZYCA Rafał	871		M-40	99	00:01:50	00:24:26.50	00:26:16.70	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
410	BISKUPSKA Rita	1442	KLINIKA TRIATHLONU	K-20	17	00:00:18	00:24:26.65	00:24:45.05	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
411	MOLENDĄ Patrycja	1061	KLINIKA TRIATHLONU TEAM	K-20	18	00:00:18	00:24:26.75	00:24:44.95	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
412	RÓLKA Robert	782		M-30	137	00:01:38	00:24:26.85	00:26:04.95	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
413	SZARLEJ Marcin	1393		M-30	138	00:01:01	00:24:27.00	00:25:28.30	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
414	ŁUDZIŃSKI Jakub	564		M-30	139	00:01:26	00:24:27.20	00:25:53.95	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
415	KULIGOWSKA Weronika	1021		K-30	18	00:00:41	00:24:27.35	00:25:09.10	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
416	LEWANDOWSKI Michał	1183	WEKENDOWI BIEGACZE	M-30	140	00:01:01	00:24:27.75	00:25:29.20	+00:08:56 (36.5%)	4:53	12.3 (63.7%)
417	WAJER Marita	1024	REEBOK RUN CREW BYDGOSZCZ	K-20	19	00:00:29	00:24:28.10	00:24:57.55	+00:08:56 (36.5%)	4:53	12.3 (63.7%)
418	KLINOWSKI Przemysław	884	BRACHTWO WOJOWNIKOW KRUKI	M-30	141	00:01:11	00:24:28.30	00:25:39.60	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
419	JURSKI Robert	514		M-40	100	00:00:26	00:24:28.45	00:24:54.55	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
420	WOLAK Piotr	1454		M-30	142	00:01:25	00:24:28.55	00:25:54.45	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
421	JEDLIŃSKI Janusz	1439	OFTALMIKA (SYMPATYK)	M-50	16	00:00:15	00:24:28.95	00:24:44.45	+00:08:57 (36.6%)	4:53	12.3 (63.7%)
422	SZYMAŃSKI Tomasz	611		M-30	143	00:00:07	00:24:29.90	00:24:36.90	+00:08:58 (36.6%)	4:53	12.3 (63.7%)
423	MILCER Emilia	1029		K-30	19	00:01:03	00:24:31.15	00:25:34.55	+00:08:59 (36.7%)	4:54	12.2 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
424	GIŻA Wioletta	238	POLONIA BYDGOSZCZ SLA	K-30	20	00:00:32	00:24:31.85	00:25:04.55	+00:09:00 (36.7%)	4:54	12.2 (63.2%)
425	JEDRZEJCZYK Wojciech	401		M-10	28	00:00:37	00:24:32.65	00:25:10.30	+00:09:01 (36.7%)	4:54	12.2 (63.2%)
426	NAGORZYSKA Sylwia	27	BIEGAMWSPIERAMMOTYWUJĘ	K-30	21	00:00:09	00:24:32.75	00:24:42.15	+00:09:01 (36.7%)	4:54	12.2 (63.2%)
427	PIOTROWSKI Dariusz	66		M-40	101	00:01:06	00:24:33.45	00:25:39.90	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
427	DURAŁEK Oskar	463		M-10	29	00:01:07	00:24:33.45	00:25:40.85	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
429	NAGORZYSKI Arkadiusz	16	BIEGAMWSPIERAMMOTYWUJĘ	M-30	144	00:00:09	00:24:33.50	00:24:42.60	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
430	CZYŻEWSKA Justyna	326		K-30	22	00:00:08	00:24:33.60	00:24:42.55	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
430	POTRZEBOWSKA Agata	132	DEAF I #B3K	K-30	23	00:00:09	00:24:33.60	00:24:42.95	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
432	ŻUCHOWSKI Dariusz	1375		M-50	17	00:00:25	00:24:33.85	00:24:59.65	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
433	SZYDŁOWSKI Rafał	73	SOFTMAKS.PL	M-30	145	00:01:17	00:24:33.90	00:25:51.25	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
434	DERESZYŃSKI Jan	503	CYSTERSI	M-30	146	00:01:07	00:24:34.30	00:25:41.55	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
435	KWASEK Wojciech	191	KABEL TEAM BYDGOSZCZ	M-50	18	00:00:28	00:24:35.15	00:25:03.20	+00:09:03 (36.8%)	4:55	12.2 (63.2%)
436	KIJEWSKI Maciej	52	KABEL TEAM BYDGOSZCZ	M-30	147	00:00:32	00:24:35.30	00:25:07.50	+00:09:03 (36.9%)	4:55	12.2 (63.2%)
437	KROPIDŁOWSKI Bartosz	500		M-30	148	00:00:32	00:24:35.75	00:25:07.80	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
438	CZAJA Tomasz	752		M-30	149	00:00:31	00:24:35.90	00:25:07.20	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
439	PYJOS Rafał	1028		M-30	150	00:00:24	00:24:36.25	00:25:01.10	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
440	CZAJA Jarosław	26		M-40	102	00:00:48	00:24:36.30	00:25:24.90	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
441	PRACKI Łukasz	1427		M-20	79	00:00:27	00:24:37.55	00:25:04.55	+00:09:05 (36.9%)	4:55	12.2 (63.2%)
442	PAWLEWSKA Klaudia	1045	SPORTWAY	K-10	4	00:00:26	00:24:38.35	00:25:04.50	+00:09:06 (37.0%)	4:55	12.2 (63.2%)
443	ŚNIECHOTA Konrad	188	TYPYGRUBE	M-30	151	00:01:14	00:24:38.90	00:25:53.75	+00:09:07 (37.0%)	4:55	12.2 (63.2%)
444	TUREK Józef	747		M-20	80	00:00:44	00:24:39.20	00:25:23.60	+00:09:07 (37.0%)	4:55	12.2 (63.2%)
445	ŁOBODA Sylwia	320		K-30	24	00:00:02	00:24:39.35	00:24:42.00	+00:09:07 (37.0%)	4:56	12.2 (63.2%)
446	SOBOLEWSKA Aleksandra	400	STAFF ENEA BYDGOSZCZ TRIATHLON	K-20	20	00:00:29	00:24:39.50	00:25:08.60	+00:09:07 (37.0%)	4:55	12.2 (63.2%)
447	WIENEKE Annika	1281		K-30	25	00:00:34	00:24:42.15	00:25:17.05	+00:09:10 (37.1%)	4:56	12.1 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
448	KORNACKI Artur	855		M-40	103	00:00:13	00:24:42.70	00:24:56.65	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
449	POLACKA Jadwiga	794		K-40	14	00:00:12	00:24:43.35	00:24:56.25	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
449	DUDZIC Sławek	354	SCERUN	M-50	19	00:00:59	00:24:43.35	00:25:42.65	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
451	KODRANC Michał	254	TYPYGRUBE	M-30	152	00:01:21	00:24:43.55	00:26:05.45	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
452	KISIEL Krystian	555		M-30	153	00:00:26	00:24:46.25	00:25:13.20	+00:09:14 (37.3%)	4:57	12.1 (62.7%)
453	WOJDAT Dominika	542	ZIELONY PELIKAN	K-20	21	00:01:08	00:24:47.15	00:25:55.80	+00:09:15 (37.4%)	4:57	12.1 (62.7%)
454	KULAS Bartosz	1190		M-40	104	00:00:28	00:24:47.60	00:25:15.65	+00:09:16 (37.4%)	4:57	12.1 (62.7%)
455	CZYŻAK Joanna	1179	AMS	K-40	15	00:00:41	00:24:49.75	00:25:30.75	+00:09:18 (37.5%)	4:57	12.1 (62.7%)
456	WASILEWSKA Martyna	1143	AMS	K-30	26	00:00:41	00:24:50.10	00:25:31.15	+00:09:18 (37.5%)	4:58	12.1 (62.7%)
457	FRANK Agnieszka	726		K-30	27	00:00:39	00:24:50.80	00:25:30.50	+00:09:19 (37.5%)	4:58	12.1 (62.7%)
458	WOJCIESZAK Dariusz	501		M-50	20	00:00:15	00:24:50.90	00:25:06.75	+00:09:19 (37.5%)	4:58	12.1 (62.7%)
459	ANDRZEJEWSKI Adam	278		M-40	105	00:00:59	00:24:52.40	00:25:51.90	+00:09:20 (37.6%)	4:58	12.1 (62.7%)
460	WOSZCZYK Agnieszka	44	BIEGNĘ DLA MADZI I TOMECZKA	K-20	22	00:00:38	00:24:52.90	00:25:31.40	+00:09:21 (37.6%)	4:58	12.1 (62.7%)
461	JANKOWSKA Katarzyna	808		K-40	16	00:00:49	00:24:53.15	00:25:42.25	+00:09:21 (37.6%)	4:58	12.1 (62.7%)
462	CZERWIŃSKA Joanna	795		K-30	28	00:00:19	00:24:53.65	00:25:13.45	+00:09:22 (37.6%)	4:58	12 (62.2%)
463	RYMER Adam	1458		M-30	154	00:01:40	00:24:55.55	00:26:35.85	+00:09:23 (37.7%)	4:59	12 (62.2%)
464	STĘŻEWSKA Emilia	1273		K-20	23	00:00:37	00:24:55.80	00:25:33.00	+00:09:24 (37.7%)	4:59	12 (62.2%)
465	WÓJTOWICZ Monika	1403		K-30	29	00:01:03	00:24:56.15	00:25:59.80	+00:09:24 (37.7%)	4:59	12 (62.2%)
466	JASINIECKI Wojciech	405	RUN BARTODZIEJE	M-30	155	00:01:20	00:24:56.45	00:26:16.60	+00:09:24 (37.7%)	4:59	12 (62.2%)
467	PUFAL Adrian	537		M-20	81	00:00:22	00:24:57.10	00:25:19.55	+00:09:25 (37.8%)	4:59	12 (62.2%)
468	BONALSKA Magdalena	1312		K-30	30	00:00:15	00:24:57.35	00:25:13.00	+00:09:25 (37.8%)	4:59	12 (62.2%)
469	CEGŁOWSKI Marcin	186		M-40	106	00:00:34	00:24:57.80	00:25:32.25	+00:09:26 (37.8%)	4:59	12 (62.2%)
470	WIECZOREK Wojciech	472		M-50	21	00:00:59	00:24:58.80	00:25:58.45	+00:09:27 (37.8%)	4:59	12 (62.2%)
471	KNIOŁA Alina	13		K-20	24	00:00:32	00:25:00.30	00:25:33.20	+00:09:28 (37.9%)	5:00	12 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
472	GÓRECKA Anna	783		K-Open	1	00:01:01	00:25:00.75	00:26:02.70	+00:09:29 (37.9%)	5:00	12 (62.2%)
473	PAWLEWSKA Joanna	1138	SPORTWAY	K-40	17	00:00:38	00:25:00.85	00:25:39.30	+00:09:29 (37.9%)	5:00	12 (62.2%)
474	KARPIŃSKI Łukasz	195		M-30	156	00:00:32	00:25:01.20	00:25:33.35	+00:09:29 (37.9%)	5:00	12 (62.2%)
475	GULCZYŃSKI Dawid	1186		M-30	157	00:00:04	00:25:02.05	00:25:06.10	+00:09:30 (38.0%)	5:00	12 (62.2%)
476	OKUPNIAK Bartosz	1031		M-30	158	00:01:13	00:25:03.55	00:26:16.75	+00:09:31 (38.0%)	5:00	12 (62.2%)
477	GEHRKE Szymon	1066		M-30	159	00:00:51	00:25:03.70	00:25:55.20	+00:09:32 (38.0%)	5:00	12 (62.2%)
478	KANCLERZEWSKI Stanisław	118		M-40	107	00:01:48	00:25:04.15	00:26:52.55	+00:09:32 (38.1%)	5:00	12 (62.2%)
478	MIKSZTOWICZ Oliwia	1192		K-20	25	00:00:55	00:25:04.15	00:25:59.85	+00:09:32 (38.1%)	5:00	12 (62.2%)
480	BOROWIEC Wioleta	350	BBL SZUBIN	K-30	31	00:00:29	00:25:04.80	00:25:34.45	+00:09:33 (38.1%)	5:01	12 (62.2%)
481	DACIO Darek	443		M-20	82	00:00:29	00:25:05.00	00:25:34.60	+00:09:33 (38.1%)	5:01	12 (62.2%)
482	JURCZYK Piotr	868	GIM NR 2 GRUDZIĄDZ	M-10	30	00:00:48	00:25:06.00	00:25:54.25	+00:09:34 (38.1%)	5:01	12 (62.2%)
483	ŚWIETLIK Piotr	312		M-50	22	00:00:50	00:25:06.10	00:25:56.10	+00:09:34 (38.1%)	5:01	12 (62.2%)
484	GOŁĘBIEWSKI Paweł	75	SOFTMAKS.PL	M-30	160	00:01:17	00:25:06.15	00:26:23.50	+00:09:34 (38.1%)	5:01	12 (62.2%)
485	POTRZEBOWSKI Marek	134	DEAF I #B3K	M-30	161	00:00:10	00:25:07.00	00:25:17.15	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
485	JURCZYK Ewa	867	AKADEMIA BIEGANIA GRUDZIĄDZ	K-40	18	00:00:48	00:25:07.00	00:25:55.25	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
487	WOŹNIAK Anna	937		K-40	19	00:00:13	00:25:07.05	00:25:21.00	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
488	WOŹNIAK Piotr	938		M-40	108	00:00:13	00:25:07.50	00:25:21.35	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
489	STOKŁOSA Maciej	440		M-30	162	00:00:57	00:25:07.55	00:26:05.30	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
490	NOWAKOWSKI Grzegorz	1125	DEAF	M-30	163	00:00:09	00:25:07.70	00:25:17.35	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
491	DOMŻALSKI Kamil	729		M-30	164	00:01:12	00:25:07.95	00:26:19.95	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
492	FOJUCIK Sylwia	618		K-20	26	00:00:12	00:25:08.00	00:25:20.65	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
493	PIETRZYKOWSKA Agnieszka	266		K-20	27	00:00:47	00:25:08.10	00:25:55.35	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
494	KAŹMIERCZAK Paweł	171		M-40	109	00:00:18	00:25:08.25	00:25:27.05	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
495	TACZYŃSKI Mariusz	1491		M-40	110	00:00:02	00:25:09.50	00:25:12.10	+00:09:37 (38.3%)	5:02	11.9 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
496	JĘDRZEJCZYK Piotr	849		M-40	111	00:01:45	00:25:09.65	00:26:55.15	+00:09:38 (38.3%)	5:02	11.9 (61.7%)
496	ANDRYCH Wojciech	192	TYPYGRUBE	M-30	165	00:01:14	00:25:09.65	00:26:24.60	+00:09:38 (38.3%)	5:02	11.9 (61.7%)
498	PILIUKH Marharyta	1275	TRISPACE	K-20	28	00:01:18	00:25:09.80	00:26:28.05	+00:09:38 (38.3%)	5:02	11.9 (61.7%)
499	PAWŁOWICZ Patryk	1268		M-10	31	00:00:33	00:25:11.95	00:25:45.00	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
500	SCHMIDT Marcin	1272		M-30	166	00:00:12	00:25:12.25	00:25:24.35	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
501	MASŁOWSKA Angelika	510		K-30	32	00:00:21	00:25:12.30	00:25:33.35	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
501	WOJCIECHOWSKI Grzegorz	359	ATOS BYDGOSZCZ	M-20	83	00:01:35	00:25:12.30	00:26:47.75	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
503	DURAŁEK Laura	462		K-10	5	00:01:06	00:25:12.60	00:26:19.05	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
504	MAZUR Mariusz	386		M-40	112	00:00:14	00:25:12.75	00:25:27.05	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
505	LEWANDOWSKI Damian	115		M-30	167	00:00:49	00:25:12.80	00:26:02.25	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
506	SZPERKOWSKI Tomasz	1276		M-40	113	00:00:59	00:25:12.85	00:26:12.00	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
507	DURAŁEK Andrzej	467		M-40	114	00:01:06	00:25:12.95	00:26:19.75	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
508	PORAZINSKA Viktoria	273	BYDGOSZCZ NA START	K-40	20	00:00:57	00:25:13.25	00:26:10.60	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
509	GAWROŃSKA Bożena	917		K-50	1	00:01:00	00:25:13.50	00:26:13.55	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
510	WIELUŃSKA Dorota	784		K-20	29	00:00:24	00:25:13.95	00:25:38.80	+00:09:42 (38.5%)	5:02	11.9 (61.7%)
511	RAKAŁOWICZ Justyna	349	ATOS	K-40	21	00:00:26	00:25:14.15	00:25:40.25	+00:09:42 (38.5%)	5:02	11.9 (61.7%)
512	ASTUKIEWICZ Tomasz	90		M-40	115	00:01:31	00:25:14.25	00:26:46.05	+00:09:42 (38.5%)	5:03	11.9 (61.7%)
513	DERESZYŃSKI Piotr	485		M-40	116	00:01:08	00:25:14.50	00:26:22.75	+00:09:42 (38.5%)	5:02	11.9 (61.7%)
514	ROSZCZYN Michał	806		M-20	84	00:01:33	00:25:15.55	00:26:49.30	+00:09:43 (38.5%)	5:03	11.9 (61.7%)
515	WEGNER Roman	289		M-50	23	00:00:31	00:25:16.25	00:25:48.05	+00:09:44 (38.6%)	5:03	11.9 (61.7%)
516	PLUTKA Martyna	588		K-20	30	00:00:35	00:25:18.30	00:25:53.85	+00:09:46 (38.6%)	5:03	11.9 (61.7%)
517	PRZYBYLSKI Mariusz	580	BYDGOSZCZ NA START	M-50	24	00:00:57	00:25:19.15	00:26:16.95	+00:09:47 (38.7%)	5:03	11.8 (61.1%)
518	PRZYBYLSKA Grażyna	114	PSLA BYDGOSZCZ NA START	K-50	2	00:00:57	00:25:19.40	00:26:17.05	+00:09:47 (38.7%)	5:04	11.8 (61.1%)
518	RZEPECKA Katarzyna	377		K-40	22	00:01:11	00:25:19.40	00:26:30.40	+00:09:47 (38.7%)	5:03	11.8 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
520	TOKARSKI Maciej	1022		M-10	32	00:00:15	00:25:19.50	00:25:34.75	+00:09:47 (38.7%)	5:03	11.8 (61.1%)
521	BORZYSZKOWSKI Grzegorz	292	STARY FORDON	M-30	168	00:00:11	00:25:21.10	00:25:32.70	+00:09:49 (38.8%)	5:04	11.8 (61.1%)
522	LUTRZYKOWSKI Krzysztof	465		M-30	169	00:00:04	00:25:21.60	00:25:26.35	+00:09:50 (38.8%)	5:04	11.8 (61.1%)
523	RAMOWSKA Joanna	1490		K-30	33	00:00:07	00:25:21.95	00:25:29.05	+00:09:50 (38.8%)	5:04	11.8 (61.1%)
524	SIELSKI Kamil	1402	WISEŁKA FORDON	M-20	85	00:00:33	00:25:22.05	00:25:55.85	+00:09:50 (38.8%)	5:04	11.8 (61.1%)
525	HAUS Katarzyna	426	BBL SZUBIN	K-40	23	00:00:12	00:25:22.30	00:25:34.45	+00:09:50 (38.8%)	5:04	11.8 (61.1%)
526	KLIMCZYK Marcin	997		M-40	117	00:00:53	00:25:22.70	00:26:16.15	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
527	PODGÓRSKI Jakub	539	ZIELONY PELIKAN	M-30	170	00:01:10	00:25:23.20	00:26:33.55	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
528	SZEWCZUK Sebastian	1200		M-30	171	00:00:36	00:25:23.30	00:25:59.85	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
529	SZEWCZUK Małgorzata	1199		K-30	34	00:00:36	00:25:23.40	00:25:59.60	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
530	RADECKI Maciej	1274	CYBORGI	M-40	118	00:00:41	00:25:23.75	00:26:04.75	+00:09:52 (38.9%)	5:04	11.8 (61.1%)
531	PATRZAŁEK Oskar	617		M-10	33	00:00:33	00:25:23.80	00:25:57.45	+00:09:52 (38.9%)	5:04	11.8 (61.1%)
532	ŁUKASZEWSKA Grażyna	830		K-30	35	00:00:06	00:25:24.15	00:25:30.55	+00:09:52 (38.9%)	5:04	11.8 (61.1%)
533	PAPIS Piotr	170	BACKONIK	M-30	172	00:00:25	00:25:24.85	00:25:50.50	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
534	DOBROWOLSKI Krzysztof	1150		M-40	119	00:00:25	00:25:25.40	00:25:50.60	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
535	BRĄGIEL Jakub	1154	VEGE RUNNERS	M-30	173	00:01:24	00:25:25.50	00:26:49.60	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
536	ILNITSKYI Ivan	925		M-20	86	00:01:06	00:25:26.65	00:26:32.90	+00:09:55 (39.0%)	5:05	11.8 (61.1%)
537	TRAWKA Justyna	921		K-10	6	00:00:14	00:25:27.25	00:25:42.05	+00:09:55 (39.0%)	5:05	11.8 (61.1%)
538	WITKOWSKA Paulina	417	VIVA LA VIDA	K-30	36	00:01:05	00:25:28.55	00:26:34.50	+00:09:56 (39.1%)	5:05	11.8 (61.1%)
539	KRAKOWIAK Marta	263		K-20	31	00:00:36	00:25:28.60	00:26:05.40	+00:09:57 (39.1%)	5:05	11.8 (61.1%)
540	WITKOWSKI Tomasz	416	VIVA LA VIDA	M-30	174	00:01:05	00:25:28.95	00:26:34.75	+00:09:57 (39.1%)	5:05	11.8 (61.1%)
541	GRAMOWSKI Jakub	1313		M-30	175	00:00:52	00:25:31.65	00:26:24.40	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
542	WNOROWSKI Mirosław	1395		M-40	120	00:00:19	00:25:32.20	00:25:51.20	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
543	ARENT Dawid	489		M-20	87	00:00:35	00:25:32.30	00:26:07.90	+00:10:00 (39.2%)	5:06	11.7 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
544	JAROCH Rafał	105		M-30	176	00:01:11	00:25:32.45	00:26:43.50	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
545	ARENT Jan	490		M-50	25	00:00:35	00:25:32.95	00:26:08.10	+00:10:01 (39.2%)	5:06	11.7 (60.6%)
546	DRZEWUCKA Anna	1263		K-50	3	00:00:16	00:25:33.15	00:25:49.70	+00:10:01 (39.2%)	5:06	11.7 (60.6%)
547	MODRZEJEWSKI Wojciech	1361	JW 3775	M-40	121	00:00:42	00:25:33.20	00:26:15.95	+00:10:01 (39.2%)	5:06	11.7 (60.6%)
548	KUFLEWICZ Justyna	515		K-20	32	00:00:35	00:25:33.65	00:26:08.75	+00:10:02 (39.3%)	5:06	11.7 (60.6%)
549	KUKLIŃSKI Rafał	674		M-40	122	00:00:40	00:25:35.25	00:26:16.15	+00:10:03 (39.3%)	5:07	11.7 (60.6%)
550	WOJTYSIAK Kamil	1102		M-30	177	00:00:10	00:25:35.30	00:25:46.05	+00:10:03 (39.3%)	5:07	11.7 (60.6%)
551	WIŚNIEWSKA Lucyna	1498	TRISPACE BYDGOSZCZ	K-50	4	00:00:25	00:25:37.10	00:26:02.95	+00:10:05 (39.4%)	5:07	11.7 (60.6%)
552	KOZICKI Marcin	669	BYDGOSKIE ŻÓŁWIE	M-40	123	00:00:46	00:25:37.15	00:26:23.75	+00:10:05 (39.4%)	5:07	11.7 (60.6%)
553	SZAFKOWSKI Arkadiusz	8	SOLECCY BIEGACZE	M-40	124	00:00:46	00:25:37.95	00:26:24.65	+00:10:06 (39.4%)	5:07	11.7 (60.6%)
554	SEMOTIUK Kristina	786		K-20	33	00:00:25	00:25:38.45	00:26:03.80	+00:10:06 (39.4%)	5:07	11.7 (60.6%)
555	DĘBIEC Andrzej	407		M-30	178	00:01:20	00:25:39.40	00:26:59.40	+00:10:07 (39.5%)	5:07	11.7 (60.6%)
556	PALIGA Maria	885		K-10	7	00:01:29	00:25:40.20	00:27:09.45	+00:10:08 (39.5%)	5:08	11.7 (60.6%)
557	PALIGA Arkadiusz	883		M-40	125	00:01:29	00:25:41.00	00:27:10.10	+00:10:09 (39.5%)	5:08	11.7 (60.6%)
558	NAWROCKI Dariusz	367	VAUPE TEAM	M-50	26	00:01:51	00:25:43.35	00:27:35.20	+00:10:11 (39.6%)	5:08	11.7 (60.6%)
559	ŁANGOWSKI Jacek	818		M-40	126	00:00:37	00:25:44.90	00:26:22.25	+00:10:13 (39.7%)	5:09	11.7 (60.6%)
560	OLSZEWSKI Michał	544		M-20	88	00:01:08	00:25:46.25	00:26:55.00	+00:10:14 (39.8%)	5:09	11.6 (60.1%)
561	KOTECKI Paweł	1476	LOTTO BYDGOSTIA	M-20	89	00:01:46	00:25:46.45	00:27:32.90	+00:10:14 (39.8%)	5:09	11.6 (60.1%)
562	NURKIEWICZ Jarosław	156	KUNG FU PANDY 3	M-40	127	00:01:00	00:25:46.65	00:26:47.55	+00:10:15 (39.8%)	5:09	11.6 (60.1%)
563	CICHULSKA - QUAAS Izabela	48		K-30	37	00:00:58	00:25:48.70	00:26:46.95	+00:10:17 (39.8%)	5:09	11.6 (60.1%)
564	JELEŃ Agnieszka	628	VEGE RUNNERS	K-30	38	00:00:20	00:25:50.85	00:26:10.90	+00:10:19 (39.9%)	5:10	11.6 (60.1%)
565	WITKOWSKI Błażej	7		M-20	90	00:01:25	00:25:50.90	00:27:16.25	+00:10:19 (39.9%)	5:10	11.6 (60.1%)
566	STEJUK Aleksandra	1093	AMS TRIATHLON	K-40	24	00:00:39	00:25:51.90	00:26:31.55	+00:10:20 (40.0%)	5:10	11.6 (60.1%)
567	STEJUK Antoni	1095	AMS TRIATHLON	M-10	34	00:00:39	00:25:52.20	00:26:31.75	+00:10:20 (40.0%)	5:10	11.6 (60.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
568	STEJUK Jan	1094	AMS BYDGOSZCZ	M-10	35	00:00:39	00:25:52.45	00:26:31.65	+00:10:20 (40.0%)	5:10	11.6 (60.1%)
569	SOBOTA Piotr	189		M-40	128	00:00:57	00:25:52.90	00:26:50.20	+00:10:21 (40.0%)	5:10	11.6 (60.1%)
570	PESZYŃSKA Joanna	845		K-40	25	00:00:12	00:25:53.00	00:26:05.90	+00:10:21 (40.0%)	5:10	11.6 (60.1%)
571	SKIBIŃSKA Paulina	804		K-20	34	00:00:26	00:25:53.25	00:26:19.35	+00:10:21 (40.0%)	5:10	11.6 (60.1%)
572	LASKOWSKI Wojciech	1435		M-40	129	00:01:10	00:25:56.45	00:27:06.85	+00:10:24 (40.1%)	5:11	11.6 (60.1%)
573	LINOWSKA Aleksandra	448		K-10	8	00:00:40	00:25:56.50	00:26:37.05	+00:10:24 (40.1%)	5:11	11.6 (60.1%)
574	WITKOWSKI Piotr	704	VIVA LA VIDA	M-20	91	00:01:05	00:25:56.60	00:27:02.10	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
575	ANDRZEJEWSKA Joanna	931		K-40	26	00:00:22	00:25:56.65	00:26:18.70	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
576	ANDRZEJEWSKI Paweł	1339		M-40	130	00:00:21	00:25:57.05	00:26:19.00	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
577	PALIŃSKI Grzegorz	1253		M-30	179	00:01:26	00:25:57.25	00:27:23.90	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
578	SKORNIA Marika	60		K-20	35	00:01:29	00:25:57.95	00:27:27.80	+00:10:26 (40.2%)	5:11	11.6 (60.1%)
579	DOMAŃSKA Joanna	483		K-20	36	00:01:07	00:26:00.40	00:27:08.30	+00:10:28 (40.3%)	5:12	11.5 (59.6%)
580	FLOREK Milena	1074	RUNADDICTS	K-30	39	00:00:37	00:26:00.70	00:26:38.05	+00:10:29 (40.3%)	5:12	11.5 (59.6%)
581	KNIOŁA Przemek	4		M-10	36	00:00:37	00:26:01.75	00:26:39.70	+00:10:30 (40.3%)	5:12	11.5 (59.6%)
582	GÓRSKA Weronika	1438		K-20	37	00:00:58	00:26:02.70	00:27:01.25	+00:10:31 (40.4%)	5:12	11.5 (59.6%)
583	GRABOWSKA Marlena	533		K-30	40	00:00:31	00:26:03.65	00:26:34.95	+00:10:32 (40.4%)	5:12	11.5 (59.6%)
584	RĄCZKOWIAK Piotr	1195		M-30	180	00:00:30	00:26:04.30	00:26:34.50	+00:10:32 (40.4%)	5:12	11.5 (59.6%)
585	PIÓRKOWSKI Rafał	577		M-40	131	00:00:54	00:26:04.45	00:26:59.10	+00:10:32 (40.5%)	5:13	11.5 (59.6%)
586	GROCHAŁA Michał	1038		M-30	181	00:00:17	00:26:04.50	00:26:22.45	+00:10:32 (40.5%)	5:13	11.5 (59.6%)
587	ROMIANOWSKA Agnieszka	530		K-40	27	00:00:30	00:26:04.70	00:26:35.10	+00:10:33 (40.5%)	5:13	11.5 (59.6%)
588	KAMPER Małgorzata	769		K-40	28	00:01:18	00:26:05.05	00:27:23.35	+00:10:33 (40.5%)	5:13	11.5 (59.6%)
589	KEMPIŃSKA Aleksandra	1110		K-20	38	00:00:47	00:26:05.15	00:26:52.80	+00:10:33 (40.5%)	5:13	11.5 (59.6%)
590	JANUSZEWSKI Marcin	431		M-30	182	00:01:06	00:26:06.10	00:27:12.35	+00:10:34 (40.5%)	5:13	11.5 (59.6%)
591	TYKWIŃSKA Agnieszka	131	#BBKTS	K-30	41	00:00:13	00:26:07.05	00:26:20.85	+00:10:35 (40.6%)	5:13	11.5 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	SAJUR Sylwia	637		K-20	39	00:00:11	00:26:08.20	00:26:19.35	+00:10:36 (40.6%)	5:13	11.5 (59.6%)
593	PASIŃSKI Waldemar	579		M-50	27	00:00:23	00:26:08.70	00:26:31.75	+00:10:37 (40.6%)	5:13	11.5 (59.6%)
594	TALAR Cezary	569		M-10	37	00:00:33	00:26:09.15	00:26:42.65	+00:10:37 (40.6%)	5:13	11.5 (59.6%)
595	STAROŃ Monika	1320	BYDGOSKIE ŻÓŁWIE	K-30	42	00:01:18	00:26:09.25	00:27:28.10	+00:10:37 (40.6%)	5:14	11.5 (59.6%)
596	MARGAŃSKA Anna	14		K-30	43	00:01:12	00:26:10.40	00:27:23.10	+00:10:38 (40.7%)	5:14	11.5 (59.6%)
597	KRUSZYŃSKA Anna	1155		K-30	44	00:00:41	00:26:10.70	00:26:52.65	+00:10:39 (40.7%)	5:14	11.5 (59.6%)
598	KORDAS Jacek	29		M-20	92	00:00:42	00:26:11.35	00:26:53.65	+00:10:39 (40.7%)	5:14	11.5 (59.6%)
599	TUREK Mateusz	1468		M-20	93	00:00:40	00:26:11.50	00:26:51.75	+00:10:39 (40.7%)	5:14	11.5 (59.6%)
600	LEWANDOWSKA Izabela	531		K-30	45	00:00:30	00:26:11.70	00:26:42.15	+00:10:40 (40.7%)	5:14	11.5 (59.6%)
601	WAWRZYŃNIAK Karolina	736		K-30	46	00:00:56	00:26:12.75	00:27:08.95	+00:10:41 (40.8%)	5:14	11.5 (59.6%)
602	PŁACZKOWSKA Magdalena	740		K-30	47	00:00:55	00:26:13.30	00:27:09.00	+00:10:41 (40.8%)	5:14	11.4 (59.1%)
603	WIŚNIEWSKI Włodzimierz	61	SPC	M-50	28	00:01:38	00:26:14.05	00:27:52.15	+00:10:42 (40.8%)	5:14	11.4 (59.1%)
604	WOLSKI Marek	1120		M-30	183	00:01:28	00:26:14.80	00:27:43.10	+00:10:43 (40.8%)	5:15	11.4 (59.1%)
605	BURCZYK Katarzyna	516		K-40	29	00:01:36	00:26:14.85	00:27:51.35	+00:10:43 (40.8%)	5:15	11.4 (59.1%)
606	STANISŁAWSKI Zdzisław	1399		M-60+	5	00:00:53	00:26:15.10	00:27:08.85	+00:10:43 (40.9%)	5:15	11.4 (59.1%)
607	BOULGE Beata	360		K-40	30	00:00:53	00:26:15.30	00:27:08.85	+00:10:43 (40.9%)	5:15	11.4 (59.1%)
608	SZABLINSKA Honorata	573		K-30	48	00:00:21	00:26:15.65	00:26:36.90	+00:10:44 (40.9%)	5:15	11.4 (59.1%)
609	ZIELIŃSKI Radosław	99		M-30	184	00:00:12	00:26:16.45	00:26:29.30	+00:10:44 (40.9%)	5:15	11.4 (59.1%)
610	LASKOWSKA Aleksandra	1433		K-30	49	00:01:09	00:26:18.15	00:27:27.50	+00:10:46 (41.0%)	5:15	11.4 (59.1%)
611	GRACZYK Przemysław	923	REH MED BYDGOSZCZ	M-30	185	00:01:47	00:26:20.75	00:28:08.60	+00:10:49 (41.1%)	5:16	11.4 (59.1%)
612	KROPIDŁOWSKA Magdalena	330	OCELOTY KRUSZYN KRAJEŃSKI	K-30	50	00:01:23	00:26:21.15	00:27:44.95	+00:10:49 (41.1%)	5:16	11.4 (59.1%)
612	SIEŃSKI Jacek	1090	RUN BYDGOSZCZ	M-50	29	00:01:51	00:26:21.15	00:28:12.35	+00:10:49 (41.1%)	5:16	11.4 (59.1%)
614	DOLATA Łukasz	1309	STRZELCE GÓRNE	M-30	186	00:01:09	00:26:21.65	00:27:30.65	+00:10:50 (41.1%)	5:16	11.4 (59.1%)
615	WASILEWSKA Agata	1142	AMS	K-30	51	00:00:41	00:26:22.25	00:27:03.85	+00:10:50 (41.1%)	5:16	11.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
616	BORYS Rafał	1144		M-40	132	00:00:41	00:26:22.35	00:27:03.80	+00:10:50 (41.1%)	5:16	11.4 (59.1%)
617	DOBRZAŃSKI Dariusz	313	3GRAVITY	M-20	94	00:01:37	00:26:23.65	00:28:01.00	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
618	MARCZEWSKA Małgorzata	557	JW3775 CHOJNICE	K-40	31	00:00:42	00:26:23.75	00:27:05.95	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
618	HÖFT Karol	940	SPECIALSPACE	M-20	95	00:01:38	00:26:23.75	00:28:02.35	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
620	WNEK Natalia	942	SPECIALSPACE	K-20	40	00:01:38	00:26:23.80	00:28:02.55	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
621	ŁUKASIEWICZ Krzysztof	126		M-40	133	00:01:28	00:26:24.15	00:27:52.35	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
622	DULIŃSKA Alicja	956		K-10	9	00:01:12	00:26:25.85	00:27:38.70	+00:10:54 (41.3%)	5:17	11.3 (58.5%)
623	CHODUR Agnieszka	122	BYDGOSZCZ NA START	K-40	32	00:00:56	00:26:26.25	00:27:22.75	+00:10:54 (41.3%)	5:17	11.3 (58.5%)
624	SMUCZYŃSKI Wojciech	432		M-30	187	00:01:25	00:26:26.95	00:27:52.65	+00:10:55 (41.3%)	5:17	11.3 (58.5%)
625	GRALAK Martyna	216	BYDGOSKI KLUB KYOKUSHIN KARATE	K-10	10	00:00:49	00:26:27.00	00:27:16.55	+00:10:55 (41.3%)	5:17	11.3 (58.5%)
626	SZAJDA Magdalena	1316		K-40	33	00:00:15	00:26:27.25	00:26:42.95	+00:10:55 (41.3%)	5:17	11.3 (58.5%)
627	GÓRSKA Joanna	1071		K-30	52	00:00:32	00:26:27.85	00:27:00.80	+00:10:56 (41.3%)	5:17	11.3 (58.5%)
628	FOJUTOWSKI Sławomir	1457		M-40	134	00:01:14	00:26:29.20	00:27:43.75	+00:10:57 (41.4%)	5:17	11.3 (58.5%)
629	JĘDRYCZKA Agnieszka	1027		K-40	34	00:00:55	00:26:29.55	00:27:24.85	+00:10:57 (41.4%)	5:17	11.3 (58.5%)
629	WILCZYŃSKA Iga	301		K-10	11	00:01:08	00:26:29.55	00:27:38.10	+00:10:57 (41.4%)	5:18	11.3 (58.5%)
631	WILCZYŃSKI Jacek	300		M-40	135	00:01:08	00:26:30.05	00:27:38.40	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
632	BANDOCH Jacek	213		M-20	96	00:01:10	00:26:30.15	00:27:40.65	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
633	KRÓL Anna	998		K-20	41	00:00:41	00:26:30.20	00:27:11.60	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
634	NIEWIEDZIAŁA Artur	233		M-40	136	00:00:15	00:26:30.35	00:26:45.50	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
635	PATKOWSKI Maciej	1494		M-30	188	00:01:03	00:26:30.75	00:27:34.60	+00:10:59 (41.4%)	5:18	11.3 (58.5%)
636	SMOCZYŃSKA Agnieszka	1474		K-20	42	00:00:49	00:26:30.95	00:27:20.00	+00:10:59 (41.4%)	5:18	11.3 (58.5%)
637	TRYKOWSKA Aneta	396	BYDGOSZCZ	K-20	43	00:00:12	00:26:32.00	00:26:44.10	+00:11:00 (41.5%)	5:18	11.3 (58.5%)
638	JANKOWSKI Szymon	859		M-10	38	00:00:57	00:26:32.50	00:27:29.70	+00:11:00 (41.5%)	5:18	11.3 (58.5%)
639	BAŁYS Łukasz	1117		M-20	97	00:00:23	00:26:32.80	00:26:55.80	+00:11:01 (41.5%)	5:18	11.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
639	BAŁYS Krzysztof	1124		M-20	98	00:00:22	00:26:32.80	00:26:55.45	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
641	WARSZAWSKA Martyna	821		K-10	12	00:00:57	00:26:32.90	00:27:29.95	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
642	KASPROWICZ Piotr	1258	JW 1515	M-30	189	00:00:32	00:26:33.25	00:27:05.30	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
643	SZMYRGAŁA Zdzisław	610		M-50	30	00:00:59	00:26:33.40	00:27:33.15	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
644	GADOMSKA Maria	364	RUN BYDGOSZCZ	K-60+	1	00:00:35	00:26:33.55	00:27:09.45	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
645	CISZEWSKI Paweł	1417		M-30	190	00:00:50	00:26:34.55	00:27:25.35	+00:11:02 (41.6%)	5:19	11.3 (58.5%)
646	STIMMA Anna	1391	LUBIĘ SOBIE POBIEGAĆ	K-40	35	00:00:11	00:26:34.70	00:26:46.55	+00:11:03 (41.6%)	5:19	11.3 (58.5%)
647	ROMAN Marta	840		K-20	44	00:00:45	00:26:35.80	00:27:20.80	+00:11:04 (41.6%)	5:19	11.3 (58.5%)
648	SZYMCZAK Piotr	1233	OCULUS - NIEWIDOMI	M-30	191	00:00:58	00:26:36.10	00:27:34.30	+00:11:04 (41.6%)	5:19	11.3 (58.5%)
648	WESOŁOWSKA Klaudia	329		K-20	45	00:00:20	00:26:36.10	00:26:56.95	+00:11:04 (41.6%)	5:19	11.3 (58.5%)
650	GAPINSKA Bogna	645		K-20	46	00:00:56	00:26:36.45	00:27:33.30	+00:11:04 (41.6%)	5:19	11.3 (58.5%)
651	KWIATKOWSKI Marcin	1107	FORDONRUNNERS	M-30	192	00:01:31	00:26:36.70	00:28:07.85	+00:11:05 (41.7%)	5:19	11.3 (58.5%)
652	CZECH Dominika	604		K-20	47	00:00:50	00:26:39.60	00:27:30.45	+00:11:08 (41.8%)	5:20	11.3 (58.5%)
653	NUNZEK Agnieszka	745		K-40	36	00:01:31	00:26:40.50	00:28:11.85	+00:11:08 (41.8%)	5:20	11.3 (58.5%)
654	WOJTYSIAK Dorota	721		K-30	53	00:01:31	00:26:42.35	00:28:13.80	+00:11:10 (41.9%)	5:20	11.2 (58.0%)
655	SEPOWICZ Paulina	1450	OFTALMIKA	K-30	54	00:00:51	00:26:42.60	00:27:34.25	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
656	KOTECKI Marcin	161	GANG KOCURA	M-30	193	00:01:04	00:26:42.80	00:27:47.75	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
657	SIUDZIŃSKA Anna	224	#BBKTS	K-30	55	00:00:46	00:26:42.95	00:27:29.40	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
658	BOROWICKI Paweł	1059		M-30	194	00:00:31	00:26:43.10	00:27:14.25	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
659	WAWRZYŃIAK Andrzej	581	22. ODN	M-50	31	00:01:22	00:26:43.40	00:28:05.90	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
660	BOROWICKA Anna	1060		K-30	56	00:00:30	00:26:43.50	00:27:14.20	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
661	CZARNECKI Marek	798		M-40	137	00:00:29	00:26:44.60	00:27:14.35	+00:11:13 (41.9%)	5:21	11.2 (58.0%)
662	FUZ Gabriela	87	KABEL TEAM BYDGOSZCZ	K-40	37	00:01:01	00:26:44.90	00:27:46.30	+00:11:13 (42.0%)	5:21	11.2 (58.0%)
663	WOSICKA Wanda	1365		K-30	57	00:01:09	00:26:47.05	00:27:56.95	+00:11:15 (42.0%)	5:21	11.2 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
664	GACA Annamaria	700		K-30	58	00:01:46	00:26:47.50	00:28:33.55	+00:11:15 (42.0%)	5:21	11.2 (58.0%)
665	PIECHOCIŃSKA Dorota	1421		K-20	48	00:01:36	00:26:50.25	00:28:27.20	+00:11:18 (42.1%)	5:22	11.2 (58.0%)
666	ZABROCKA Beata	1030		K-20	49	00:00:42	00:26:50.50	00:27:32.85	+00:11:18 (42.2%)	5:22	11.2 (58.0%)
667	KRUK Łukasz	520		M-10	39	00:00:49	00:26:50.90	00:27:40.55	+00:11:19 (42.2%)	5:22	11.2 (58.0%)
668	DURAŁEK Anna	466		K-40	38	00:01:06	00:26:51.30	00:27:58.20	+00:11:19 (42.2%)	5:22	11.2 (58.0%)
669	KRUK Szymon	521		M-10	40	00:00:49	00:26:51.50	00:27:41.15	+00:11:19 (42.2%)	5:22	11.2 (58.0%)
670	KRÓL Katarzyna	630		K-40	39	00:00:36	00:26:51.70	00:27:28.00	+00:11:20 (42.2%)	5:22	11.2 (58.0%)
671	WOLAN Krzysztof	15		M-30	195	00:00:49	00:26:51.80	00:27:40.85	+00:11:20 (42.2%)	5:22	11.2 (58.0%)
672	MALATYŃSKA Barbara	1019		K-40	40	00:00:54	00:26:52.20	00:27:46.45	+00:11:20 (42.2%)	5:22	11.2 (58.0%)
673	LEPPERT Monika	1397		K-20	50	00:00:28	00:26:52.90	00:27:21.40	+00:11:21 (42.2%)	5:22	11.2 (58.0%)
674	SZPYT Anna	1153		K-30	59	00:00:47	00:26:53.45	00:27:41.15	+00:11:21 (42.3%)	5:22	11.2 (58.0%)
675	KOPACZ Hanka	792	PO SWOJEMU	K-30	60	00:00:48	00:26:53.60	00:27:42.00	+00:11:22 (42.3%)	5:22	11.2 (58.0%)
675	LUCZAK Adrian	1446		M-20	99	00:00:40	00:26:53.60	00:27:34.45	+00:11:22 (42.3%)	5:22	11.2 (58.0%)
677	KRUK Krzysztof	519		M-40	138	00:00:49	00:26:53.80	00:27:43.45	+00:11:22 (42.3%)	5:22	11.2 (58.0%)
678	MŁODZIKOWSKI Dariusz	1025		M-30	196	00:00:29	00:26:54.85	00:27:24.75	+00:11:23 (42.3%)	5:23	11.1 (57.5%)
679	NIEDBALSKI Edward	584		M-60+	6	00:00:37	00:26:55.35	00:27:32.40	+00:11:23 (42.3%)	5:23	11.1 (57.5%)
679	PODOSEK Magdalena	247	BYDGOSZCZ	K-30	61	00:00:40	00:26:55.35	00:27:36.25	+00:11:23 (42.3%)	5:23	11.1 (57.5%)
681	BLEJA Krystian	434		M-30	197	00:00:43	00:26:56.25	00:27:40.10	+00:11:24 (42.4%)	5:23	11.1 (57.5%)
682	PORCZEK Bartłomiej	1377		M-20	100	00:01:08	00:26:56.65	00:28:04.70	+00:11:25 (42.4%)	5:23	11.1 (57.5%)
683	NAROŻNIAK Justyna	978		K-40	41	00:00:39	00:26:56.75	00:27:35.75	+00:11:25 (42.4%)	5:23	11.1 (57.5%)
684	DOMINICZAK Robert	1194		M-50	32	00:00:42	00:26:57.60	00:27:39.65	+00:11:26 (42.4%)	5:23	11.1 (57.5%)
685	KRZYŻYŃSKI Oskar	270		M-40	139	00:00:19	00:26:58.60	00:27:18.40	+00:11:27 (42.4%)	5:23	11.1 (57.5%)
686	HANKIEWICZ Krzysztof	979		M-30	198	00:00:35	00:26:59.00	00:27:34.30	+00:11:27 (42.5%)	5:23	11.1 (57.5%)
687	WYRĄBKIEWICZ Hanna	605		K-30	62	00:00:20	00:26:59.60	00:27:19.85	+00:11:28 (42.5%)	5:23	11.1 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
688	MROCZEK Barbara	574		K-30	63	00:00:22	00:27:00.70	00:27:23.35	+00:11:29 (42.5%)	5:24	11.1 (57.5%)
689	HARCZENKO Klaudia	1254		K-20	51	00:00:27	00:27:01.10	00:27:28.55	+00:11:29 (42.5%)	5:24	11.1 (57.5%)
690	GUŹDZIOŁ Jarek	49	TBKM WILK SOLEC KUJAWSKI	M-40	140	00:01:05	00:27:01.45	00:28:07.25	+00:11:29 (42.5%)	5:24	11.1 (57.5%)
691	BEDNAREK Grażyna	1191	RUN PASJA	K-40	42	00:01:17	00:27:02.65	00:28:20.15	+00:11:31 (42.6%)	5:24	11.1 (57.5%)
692	JASKÓLSKI Andrzej	781		M-40	141	00:00:33	00:27:03.85	00:27:36.85	+00:11:32 (42.6%)	5:24	11.1 (57.5%)
693	SUCHODOLSKA Agnieszka	1012		K-40	43	00:00:08	00:27:04.05	00:27:12.95	+00:11:32 (42.6%)	5:24	11.1 (57.5%)
694	KRAS Karolina	1319	WKURW_TEAM	K-10	13	00:00:45	00:27:04.40	00:27:49.55	+00:11:32 (42.6%)	5:24	11.1 (57.5%)
694	STYKAŁA Adrianna	1318	WKURW_TEAM	K-10	14	00:00:44	00:27:04.40	00:27:49.30	+00:11:32 (42.6%)	5:25	11.1 (57.5%)
696	GÓRA Edward	778	1BLOG	M-40	142	00:00:31	00:27:07.35	00:27:38.35	+00:11:35 (42.8%)	5:25	11.1 (57.5%)
697	KORBEL Ewa	1249		K-40	44	00:00:45	00:27:07.40	00:27:53.20	+00:11:35 (42.8%)	5:25	11.1 (57.5%)
698	JARON Magdalena	322		K-20	52	00:00:24	00:27:07.60	00:27:31.65	+00:11:36 (42.8%)	5:25	11.1 (57.5%)
699	BREWIŃSKA Magdalena	800		K-30	64	00:00:47	00:27:07.85	00:27:55.65	+00:11:36 (42.8%)	5:25	11.1 (57.5%)
700	FRYDRYCHOWICZ Lilianna	592		K-50	5	00:00:11	00:27:08.40	00:27:20.05	+00:11:36 (42.8%)	5:25	11 (57.0%)
701	RADWANSKA Monika	744		K-40	45	00:01:35	00:27:08.45	00:28:43.70	+00:11:36 (42.8%)	5:25	11.1 (57.5%)
702	WÓJCIK Jakub	823		M-10	41	00:00:14	00:27:08.70	00:27:23.00	+00:11:37 (42.8%)	5:25	11 (57.0%)
703	CHABOWSKA Paulina	1139		K-30	65	00:00:23	00:27:11.00	00:27:34.75	+00:11:39 (42.9%)	5:26	11 (57.0%)
704	RATAJCZAK Michał	1420	KUŹNIA SIŁY	M-30	199	00:01:17	00:27:11.80	00:28:29.55	+00:11:40 (42.9%)	5:26	11 (57.0%)
705	PERA Marek	1302		M-30	200	00:01:10	00:27:13.35	00:28:24.05	+00:11:41 (43.0%)	5:26	11 (57.0%)
706	KWIECINSKA Katarzyna	644		K-20	53	00:00:42	00:27:13.50	00:27:56.15	+00:11:41 (43.0%)	5:26	11 (57.0%)
707	RYDELSKA Kinga	348		K-40	46	00:00:37	00:27:13.55	00:27:51.10	+00:11:41 (43.0%)	5:26	11 (57.0%)
708	RYBCZYŃSKI Ryszard	379		M-50	33	00:00:26	00:27:14.40	00:27:41.25	+00:11:42 (43.0%)	5:27	11 (57.0%)
709	BORAKIEWICZ Agnieszka	225		K-30	66	00:01:17	00:27:14.55	00:28:31.70	+00:11:42 (43.0%)	5:26	11 (57.0%)
709	BORAKIEWICZ Przemysław	222		M-30	201	00:01:17	00:27:14.55	00:28:31.55	+00:11:42 (43.0%)	5:26	11 (57.0%)
711	JAGIELSKI Łukasz	870		M-30	202	00:00:41	00:27:15.10	00:27:56.25	+00:11:43 (43.0%)	5:27	11 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
712	DUDZIŃSKI Paweł	457		M-30	203	00:01:15	00:27:15.95	00:28:31.70	+00:11:44 (43.1%)	5:27	11 (57.0%)
713	GROSKOWSKI Henryk	1213	OCULUS - NIEWIDOMI	M-60+	7	00:00:06	00:27:16.35	00:27:22.45	+00:11:44 (43.1%)	5:27	11 (57.0%)
714	BŁAŻEJEWICZ Monika	536		K-20	54	00:00:22	00:27:16.85	00:27:39.45	+00:11:45 (43.1%)	5:27	11 (57.0%)
715	DUDZIŃSKA Sandra	456		K-20	55	00:01:15	00:27:16.90	00:28:32.00	+00:11:45 (43.1%)	5:27	11 (57.0%)
716	DOLNY Kajetan	1166		M-10	42	00:01:38	00:27:17.80	00:28:56.35	+00:11:46 (43.1%)	5:27	11 (57.0%)
717	GOŁECKI Jacek	676		M-30	204	00:01:31	00:27:19.35	00:28:50.40	+00:11:47 (43.2%)	5:27	11 (57.0%)
718	WYRWIAK Iwona	662		K-30	67	00:01:30	00:27:20.15	00:28:50.65	+00:11:48 (43.2%)	5:28	11 (57.0%)
719	BŁAŻEK Kasia	460		K-30	68	00:00:36	00:27:21.30	00:27:57.85	+00:11:49 (43.2%)	5:28	11 (57.0%)
720	TOKARSKA Alicja	160	VEGE RUNNERS	K-30	69	00:00:31	00:27:21.55	00:27:53.20	+00:11:49 (43.2%)	5:28	11 (57.0%)
721	TUROWSKA Patrycja	1441		K-30	70	00:00:52	00:27:21.90	00:28:14.15	+00:11:50 (43.3%)	5:28	11 (57.0%)
722	KOCHAŃSKA Wioletta	626		K-40	47	00:00:46	00:27:22.45	00:28:08.80	+00:11:50 (43.3%)	5:28	11 (57.0%)
723	MAZUREK Anita	727		K-40	48	00:01:20	00:27:23.80	00:28:44.60	+00:11:52 (43.3%)	5:28	10.9 (56.5%)
724	KORDZIELEWSKA Sandra	801		K-20	56	00:01:23	00:27:24.40	00:28:47.80	+00:11:52 (43.3%)	5:28	10.9 (56.5%)
725	OSSOWSKI Łukasz	733		M-30	205	00:01:50	00:27:24.85	00:29:15.10	+00:11:53 (43.4%)	5:29	10.9 (56.5%)
726	CHABOWSKI Karol	1140		M-30	206	00:00:23	00:27:25.20	00:27:48.75	+00:11:53 (43.4%)	5:29	10.9 (56.5%)
727	PRZYBYLSKA Natalia	976		K-20	57	00:01:10	00:27:25.60	00:28:36.30	+00:11:54 (43.4%)	5:29	10.9 (56.5%)
728	KRUSIK Aleksandra	102	ALBATROSY	K-20	58	00:00:36	00:27:26.15	00:28:02.55	+00:11:54 (43.4%)	5:29	10.9 (56.5%)
729	KULPA Szymon	274		M-30	207	00:01:04	00:27:26.20	00:28:30.90	+00:11:54 (43.4%)	5:29	10.9 (56.5%)
730	JENCZEWSKI Szymon	95	ALBATROSY	M-20	101	00:00:34	00:27:27.75	00:28:02.55	+00:11:56 (43.5%)	5:29	10.9 (56.5%)
731	KASPRZAK Ewa	1382	PRZYJACIÓŁKI	K-40	49	00:00:39	00:27:28.00	00:28:07.85	+00:11:56 (43.5%)	5:29	10.9 (56.5%)
732	BRZOZOWSKI Krzysztof	107		M-30	208	00:00:55	00:27:29.15	00:28:24.55	+00:11:57 (43.5%)	5:29	10.9 (56.5%)
733	BARTOS Weronika	1349		K-20	59	00:00:30	00:27:29.35	00:27:59.80	+00:11:57 (43.5%)	5:29	10.9 (56.5%)
734	MADEJ Adam	361	WA	M-20	102	00:00:47	00:27:29.95	00:28:17.45	+00:11:58 (43.5%)	5:30	10.9 (56.5%)
735	KĘDZIERSKI Wojciech	962		M-40	143	00:00:20	00:27:30.35	00:27:51.10	+00:11:58 (43.6%)	5:30	10.9 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
736	KĘDZIERSKA Marzena	961		K-40	50	00:00:20	00:27:30.45	00:27:51.10	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
736	ŚLEDZIŃSKA Paulina	936		K-20	60	00:00:41	00:27:30.45	00:28:12.05	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
738	GUZ Piotr	995	-	M-40	144	00:01:29	00:27:30.55	00:29:00.20	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
738	BEBYN Marek	950		M-20	103	00:00:41	00:27:30.55	00:28:12.50	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
740	FILIPEK Mirosława	106		K-40	51	00:00:17	00:27:31.05	00:27:48.20	+00:11:59 (43.6%)	5:30	10.9 (56.5%)
741	RUTKOWSKI Tomasz	101		M-40	145	00:00:16	00:27:31.50	00:27:48.30	+00:11:59 (43.6%)	5:30	10.9 (56.5%)
742	SZULC Małgorzata	535		K-40	52	00:00:17	00:27:33.95	00:27:51.80	+00:12:02 (43.7%)	5:30	10.9 (56.5%)
743	TOMASZEWICZ Kamila	235		K-20	61	00:00:18	00:27:34.20	00:27:52.60	+00:12:02 (43.7%)	5:30	10.9 (56.5%)
744	ZIÓLKOWSKI Marek	546		M-30	209	00:01:18	00:27:34.80	00:28:53.15	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
745	TOBOLSKA Małgorzata	125		K-30	71	00:01:24	00:27:35.00	00:28:59.50	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
746	DROB Julian	373		M-20	104	00:00:00	00:27:35.15	00:27:35.15	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
747	SKUBISZAK Jacek	1256		M-40	146	00:00:29	00:27:35.35	00:28:05.30	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
748	JEŻOWSKI Sławomir	1216	OCULUS - NIEWIDOMI	M-50	34	00:00:58	00:27:36.05	00:28:34.25	+00:12:04 (43.7%)	5:31	10.9 (56.5%)
749	CIARKOWSKI Mirosław	939	-	M-30	210	00:00:29	00:27:36.15	00:28:05.40	+00:12:04 (43.7%)	5:31	10.9 (56.5%)
750	KRAUZE Lidia	841		K-20	62	00:00:44	00:27:36.90	00:28:21.35	+00:12:05 (43.8%)	5:31	10.9 (56.5%)
751	PACZKOWSKA Joanna	1036	TRISPACE	K-30	72	00:01:20	00:27:38.70	00:28:59.35	+00:12:07 (43.8%)	5:31	10.8 (56.0%)
752	ANDRYSZAK Łukasz	1069		M-30	211	00:01:05	00:27:40.10	00:28:45.60	+00:12:08 (43.9%)	5:32	10.8 (56.0%)
753	PRZYBYŁA Agnieszka	438		K-30	73	00:00:41	00:27:41.40	00:28:22.65	+00:12:09 (43.9%)	5:32	10.8 (56.0%)
754	WYSMOLIŃSKA Barbara	703		K-40	53	00:00:32	00:27:41.85	00:28:14.15	+00:12:10 (43.9%)	5:32	10.8 (56.0%)
754	WIŚNIEWSKI Krzysztof	1499	TRISPACE BYDGOSZCZ	M-50	35	00:01:20	00:27:41.85	00:29:02.45	+00:12:10 (43.9%)	5:32	10.8 (56.0%)
756	LEWANDOWSKI Pawel	120		M-30	212	00:01:03	00:27:43.10	00:28:46.85	+00:12:11 (44.0%)	5:32	10.8 (56.0%)
757	PIETRZAK Agata	835	POLSKA	K-20	63	00:00:29	00:27:43.30	00:28:12.75	+00:12:11 (44.0%)	5:32	10.8 (56.0%)
758	KEMPIŃSKA Beata	70		K-30	74	00:00:38	00:27:43.35	00:28:21.60	+00:12:11 (44.0%)	5:32	10.8 (56.0%)
759	KOZAKIEWICZ Marcin	37		M-40	147	00:00:38	00:27:43.55	00:28:21.70	+00:12:11 (44.0%)	5:32	10.8 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
760	DOBOSIEWICZ Anna Maria	837	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA IM. KLEMENSA BINIAKOWSKIEGO	K-20	64	00:01:34	00:27:43.70	00:29:18.35	+00:12:12 (44.0%)	5:32	10.8 (56.0%)
761	PRUS Karolina	355		K-40	54	00:01:08	00:27:43.75	00:28:51.95	+00:12:12 (44.0%)	5:32	10.8 (56.0%)
762	LEWANDOWSKA Sylwia	119		K-30	75	00:01:03	00:27:43.85	00:28:47.30	+00:12:12 (44.0%)	5:32	10.8 (56.0%)
763	BACH Bartłomiej	838		M-20	105	00:01:34	00:27:44.60	00:29:18.85	+00:12:13 (44.0%)	5:32	10.8 (56.0%)
764	GNIOT Wojciech	422		M-10	43	00:00:52	00:27:45.05	00:28:38.00	+00:12:13 (44.0%)	5:33	10.8 (56.0%)
765	GADZIŃSKI Jakub	303		M-10	44	00:00:39	00:27:45.25	00:28:24.45	+00:12:13 (44.1%)	5:33	10.8 (56.0%)
766	GNIOT Henryk	421		M-40	148	00:00:52	00:27:45.30	00:28:37.85	+00:12:13 (44.1%)	5:33	10.8 (56.0%)
767	GADZIŃSKA Aleksandra	305		K-40	55	00:00:38	00:27:45.45	00:28:24.35	+00:12:13 (44.1%)	5:33	10.8 (56.0%)
768	RUDZKA Monika	1379		K-20	65	00:00:37	00:27:45.60	00:28:22.85	+00:12:14 (44.1%)	5:33	10.8 (56.0%)
768	GNIOT Bożena	419		K-30	76	00:00:52	00:27:45.60	00:28:37.95	+00:12:14 (44.1%)	5:33	10.8 (56.0%)
770	KALEK Inga	848		K-10	15	00:01:14	00:27:45.90	00:28:59.95	+00:12:14 (44.1%)	5:33	10.8 (56.0%)
771	KUŚ Michał	759		M-30	213	00:00:42	00:27:46.00	00:28:28.35	+00:12:14 (44.1%)	5:33	10.8 (56.0%)
772	PRZEWOŹNIAK Rafał	513	TRI FAMILY	M-20	106	00:00:55	00:27:46.90	00:28:42.15	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
773	RĘDZINA Michał	127		M-30	214	00:01:03	00:27:47.00	00:28:50.65	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
773	MENDEL Karolina	1381		K-10	16	00:00:27	00:27:47.00	00:28:14.15	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
775	FELKNER Alicja	316	SP 30	K-10	17	00:01:28	00:27:47.10	00:29:16.05	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
776	TWARDOWSKI Wojciech	363	RUN BYDGOSZCZ	M-50	36	00:01:23	00:27:47.25	00:29:10.90	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
777	PRZEWOŹNIAK Marta	311		K-20	66	00:00:54	00:27:47.55	00:28:42.40	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
778	ORNATOWSKA Magdalena	1243	GORDON RUN	K-30	77	00:00:52	00:27:49.05	00:28:41.20	+00:12:17 (44.2%)	5:33	10.8 (56.0%)
779	WOJTYSIAK Alicja	1104		K-30	78	00:00:09	00:27:49.40	00:27:59.15	+00:12:17 (44.2%)	5:34	10.8 (56.0%)
780	KOSIŃSKA Patrycja	248		K-20	67	00:00:58	00:27:49.55	00:28:48.10	+00:12:17 (44.2%)	5:34	10.8 (56.0%)
781	KRZYŻANOWSKA Patrycja	1122		K-20	68	00:01:20	00:27:51.20	00:29:11.80	+00:12:19 (44.3%)	5:34	10.8 (56.0%)
782	CEMKE Magdalena	324		K-20	69	00:01:15	00:27:51.75	00:29:07.65	+00:12:20 (44.3%)	5:34	10.8 (56.0%)
783	GOLIK Krzysztof	282		M-30	215	00:01:19	00:27:52.90	00:29:11.95	+00:12:21 (44.3%)	5:34	10.8 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
784	MATUSIAK Ewelina	689	SOLECCY BIEGACZE	K-20	70	00:01:02	00:27:53.65	00:28:56.15	+00:12:22 (44.3%)	5:34	10.8 (56.0%)
785	LECIEJEWSKI Błażej	268		M-20	107	00:01:02	00:27:54.75	00:28:57.70	+00:12:23 (44.4%)	5:35	10.7 (55.4%)
786	WŁODARSKA Magdalena	622		K-30	79	00:00:45	00:27:55.25	00:28:40.55	+00:12:23 (44.4%)	5:35	10.7 (55.4%)
787	OJRZANOWSKI Waldemar	601		M-30	216	00:00:54	00:27:57.70	00:28:52.35	+00:12:26 (44.5%)	5:35	10.7 (55.4%)
788	MACIOS Monika	495		K-30	80	00:00:13	00:27:57.75	00:28:11.25	+00:12:26 (44.5%)	5:35	10.7 (55.4%)
789	OJRZANOWSKA Maria	606		K-30	81	00:00:54	00:27:58.35	00:28:52.50	+00:12:26 (44.5%)	5:35	10.7 (55.4%)
790	CHMIELEWSKI Ireneusz	1284	CZARNE STOPY.SM	M-50	37	00:00:39	00:27:58.70	00:28:38.40	+00:12:27 (44.5%)	5:35	10.7 (55.4%)
791	DZIŻA-KONICZYŃSKA Zuzanna	649	BYDGOSKI KLUB MORSÓW	K-40	56	00:00:11	00:27:59.30	00:28:10.75	+00:12:27 (44.5%)	5:35	10.7 (55.4%)
792	WIŚNIEWSKA-KACZOR Iga	720		K-30	82	00:01:10	00:27:59.85	00:29:09.95	+00:12:28 (44.5%)	5:35	10.7 (55.4%)
793	SOBOTA Beata	190		K-30	83	00:00:57	00:28:01.00	00:28:58.30	+00:12:29 (44.6%)	5:36	10.7 (55.4%)
794	ŁUCZKOWIAK Małgorzata	1343		K-20	71	00:00:30	00:28:01.35	00:28:31.60	+00:12:29 (44.6%)	5:36	10.7 (55.4%)
795	WESTPHAL Magdalena	285	CWU	K-20	72	00:00:57	00:28:03.20	00:29:01.05	+00:12:31 (44.7%)	5:36	10.7 (55.4%)
796	KARPIŃSKI Błażej	423		M-30	217	00:01:19	00:28:03.70	00:29:23.50	+00:12:32 (44.7%)	5:36	10.7 (55.4%)
797	PROSEK Krzysztof	1148		M-40	149	00:01:07	00:28:04.10	00:29:11.75	+00:12:32 (44.7%)	5:36	10.7 (55.4%)
798	WITKOWSKI Patryk	71	ASTORIA	M-10	45	00:01:20	00:28:04.25	00:29:25.10	+00:12:32 (44.7%)	5:37	10.7 (55.4%)
799	ZUZA-WITKOWSKA Anna	67	KTR MASA TURYSTYCZNA	K-40	57	00:01:20	00:28:04.40	00:29:25.20	+00:12:32 (44.7%)	5:37	10.7 (55.4%)
800	KAŁUŻNY Jakub	1289	OFTALMIKA	M-40	150	00:00:52	00:28:04.80	00:28:57.55	+00:12:33 (44.7%)	5:37	10.7 (55.4%)
801	BOROWCZAK Paweł	1341		M-20	108	00:01:09	00:28:05.10	00:29:14.50	+00:12:33 (44.7%)	5:37	10.7 (55.4%)
802	KOCZWARA Katarzyna	1054	KLINIKA TRIATHLONU BYDGOSZCZ	K-30	84	00:00:14	00:28:05.15	00:28:19.80	+00:12:33 (44.7%)	5:37	10.7 (55.4%)
803	BOROWCZAK Julita	1340		K-20	73	00:01:08	00:28:05.90	00:29:14.85	+00:12:34 (44.7%)	5:37	10.7 (55.4%)
804	MAN Beata	1334	..	K-30	85	00:00:23	00:28:06.10	00:28:29.70	+00:12:34 (44.7%)	5:37	10.7 (55.4%)
804	KAŁUŻNY Bartłomiej	1292	OFTALMIKA	M-40	151	00:00:52	00:28:06.10	00:28:59.05	+00:12:34 (44.7%)	5:37	10.7 (55.4%)
806	WITKOWSKI Paweł	69	KTR MASA TURYSTYCZNA	M-10	46	00:01:42	00:28:06.50	00:29:48.95	+00:12:34 (44.8%)	5:37	10.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
807	WIATROWSKA Kasia	1087		K-30	86	00:00:13	00:28:07.25	00:28:20.85	+00:12:35 (44.8%)	5:37	10.7 (55.4%)
808	LENSER Ewa	715	SOLECCY BIEGACZE	K-40	58	00:01:02	00:28:07.75	00:29:10.25	+00:12:36 (44.8%)	5:37	10.7 (55.4%)
809	ZAGOŹDŹON Wioleta	28	SOLECCY BIEGACZE	K-30	87	00:01:03	00:28:07.90	00:29:10.95	+00:12:36 (44.8%)	5:37	10.7 (55.4%)
810	GRACZYK Patrycja	54		K-20	74	00:01:02	00:28:08.60	00:29:11.35	+00:12:37 (44.8%)	5:37	10.7 (55.4%)
811	CHEŁMIŃSKI Dawid	1430		M-20	109	00:00:27	00:28:08.75	00:28:36.40	+00:12:37 (44.8%)	5:37	10.7 (55.4%)
812	WYPORKIEWICZ Jerzy	694		M-50	38	00:00:56	00:28:10.45	00:29:07.00	+00:12:38 (44.9%)	5:38	10.6 (54.9%)
813	SZTANKOWSKI Damian	1428		M-20	110	00:00:27	00:28:10.50	00:28:37.55	+00:12:38 (44.9%)	5:38	10.7 (55.4%)
814	LEWANDOWSKA Agnieszka	33		K-30	88	00:01:12	00:28:12.05	00:29:24.45	+00:12:40 (44.9%)	5:38	10.6 (54.9%)
815	BRAŹKIEWCZ Izabela	217		K-40	59	00:00:19	00:28:12.45	00:28:31.70	+00:12:40 (45.0%)	5:38	10.6 (54.9%)
816	SZECÓWKA Marcin	30		M-30	218	00:01:11	00:28:12.50	00:29:24.00	+00:12:40 (45.0%)	5:38	10.6 (54.9%)
817	MLICKI Marcin	1401		M-40	152	00:01:35	00:28:13.95	00:29:49.35	+00:12:42 (45.0%)	5:38	10.6 (54.9%)
818	KULWAS Magdalena	638		K-20	75	00:00:43	00:28:14.05	00:28:57.40	+00:12:42 (45.0%)	5:38	10.6 (54.9%)
819	WALCZAK Joanna	642		K-30	89	00:00:42	00:28:14.60	00:28:57.25	+00:12:43 (45.0%)	5:39	10.6 (54.9%)
820	ŁAŃCUCKA Agnieszka	1317		K-50	6	00:00:21	00:28:16.60	00:28:38.55	+00:12:45 (45.1%)	5:39	10.6 (54.9%)
821	KŁOBUKOWSKA Patrycja	671	LOTOS RUNNING TEAM	K-20	76	00:01:22	00:28:17.40	00:29:40.25	+00:12:45 (45.1%)	5:39	10.6 (54.9%)
822	MAŁECKI Tomasz	1129		M-30	219	00:00:39	00:28:18.95	00:28:58.75	+00:12:47 (45.2%)	5:39	10.6 (54.9%)
823	MAZUR Agnieszka	53		K-40	60	00:00:14	00:28:19.50	00:28:33.65	+00:12:47 (45.2%)	5:39	10.6 (54.9%)
824	MAZUR Justyna	323		K-20	77	00:01:28	00:28:21.90	00:29:50.45	+00:12:50 (45.3%)	5:40	10.6 (54.9%)
825	KWIATKOWSKI Paweł	332		M-20	111	00:01:28	00:28:22.10	00:29:50.90	+00:12:50 (45.3%)	5:40	10.6 (54.9%)
826	PRZYBYLSKI Adam	975		M-30	220	00:01:29	00:28:22.30	00:29:51.35	+00:12:50 (45.3%)	5:40	10.6 (54.9%)
827	PISARSKI Igor	666		M-20	112	00:01:15	00:28:23.00	00:29:38.95	+00:12:51 (45.3%)	5:40	10.6 (54.9%)
828	KRZEMIŃSKA Jolanta	1115		K-30	90	00:00:47	00:28:24.35	00:29:11.75	+00:12:52 (45.3%)	5:40	10.6 (54.9%)
829	GRABOWSKI Klaudiusz	1351	SLOW JOGGING BYDGOSZCZ	M-50	39	00:00:04	00:28:25.40	00:28:30.00	+00:12:53 (45.4%)	5:41	10.6 (54.9%)
830	KOZERA Joanna	1482	#BBKTS	K-30	91	00:00:31	00:28:25.45	00:28:56.45	+00:12:53 (45.4%)	5:41	10.6 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
831	STEFAŃSKI Bartosz	378		M-10	47	00:01:19	00:28:25.70	00:29:45.05	+00:12:54 (45.4%)	5:41	10.6 (54.9%)
832	JAWORSKI Marek	477	ADAM-POL	M-10	48	00:01:10	00:28:27.10	00:29:37.15	+00:12:55 (45.4%)	5:41	10.5 (54.4%)
833	CZARNECKA - PIJAROWSKA Dominika	1146	KU BLISKOŚCI	K-30	92	00:00:58	00:28:28.70	00:29:27.05	+00:12:57 (45.5%)	5:41	10.5 (54.4%)
834	SZATKOWSKA Beata	362		K-50	7	00:01:40	00:28:28.85	00:30:09.80	+00:12:57 (45.5%)	5:41	10.5 (54.4%)
835	DOBUCKA Katarzyna	365	CHONAROWER.PL	K-20	78	00:01:01	00:28:28.90	00:29:30.25	+00:12:57 (45.5%)	5:41	10.5 (54.4%)
836	STEFAŃSKI Marcin	375		M-40	153	00:01:20	00:28:28.95	00:29:49.05	+00:12:57 (45.5%)	5:41	10.5 (54.4%)
837	RATAJ Szymon	394		M-10	49	00:00:56	00:28:29.60	00:29:25.80	+00:12:58 (45.5%)	5:41	10.5 (54.4%)
838	GADZIŃSKI Tomasz	304		M-40	154	00:00:39	00:28:29.75	00:29:09.05	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
838	RATAJ Maciej	393		M-40	155	00:00:56	00:28:29.75	00:29:26.00	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
840	KIELMANN Marcin	1290		M-30	221	00:01:14	00:28:30.40	00:29:44.65	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
841	CIECHANOWSKI Bartłomiej	1064		M-10	50	00:01:13	00:28:30.80	00:29:44.75	+00:12:59 (45.5%)	5:42	10.5 (54.4%)
842	WÓJCIK Tomasz	110		M-40	156	00:01:00	00:28:30.85	00:29:31.60	+00:12:59 (45.5%)	5:42	10.5 (54.4%)
843	JASTRZĘBSKA Alicja	1067		K-10	18	00:01:13	00:28:31.05	00:29:44.45	+00:12:59 (45.6%)	5:42	10.5 (54.4%)
844	RATAJ Krzysztof	220	POLONIA BYDGOSZCZ SLA	M-30	222	00:00:54	00:28:31.45	00:29:26.25	+00:12:59 (45.6%)	5:42	10.5 (54.4%)
845	KUJAWA Karolina	1425		K-Open	2	00:01:19	00:28:31.70	00:29:50.75	+00:13:00 (45.6%)	5:42	10.5 (54.4%)
846	DOBIES Maria	1210	OCULUS - NIEWIDOMI	K-50	8	00:01:16	00:28:31.90	00:29:48.65	+00:13:00 (45.6%)	5:42	10.5 (54.4%)
846	PESTKA Anna	439		K-20	79	00:00:30	00:28:31.90	00:29:02.40	+00:13:00 (45.6%)	5:42	10.5 (54.4%)
848	MICHNIEWICZ Małgorzata	1285		K-30	93	00:00:39	00:28:32.10	00:29:11.75	+00:13:00 (45.6%)	5:42	10.5 (54.4%)
849	CZECZINSKA Pamela	200		K-20	80	00:01:26	00:28:32.65	00:29:58.90	+00:13:01 (45.6%)	5:42	10.5 (54.4%)
850	DEBNER Wojciech	1209	OCULUS - NIEWIDOMI	M-30	223	00:01:16	00:28:32.80	00:29:48.85	+00:13:01 (45.6%)	5:42	10.5 (54.4%)
851	BŁAŻEJCZYK Paweł	1423		M-20	113	00:01:17	00:28:33.35	00:29:51.00	+00:13:01 (45.6%)	5:42	10.5 (54.4%)
852	OSSOWSKI Tomek	1065		M-20	114	00:01:13	00:28:34.30	00:29:47.90	+00:13:02 (45.7%)	5:42	10.5 (54.4%)
853	NAWROCKA Joanna	404	VAUPE TEAM	K-30	94	00:00:02	00:28:34.65	00:28:37.05	+00:13:03 (45.7%)	5:43	10.5 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
854	OSSOWSKA Agnieszka	1063		K-20	81	00:01:13	00:28:34.95	00:29:48.00	+00:13:03 (45.7%)	5:43	10.5 (54.4%)
855	KULCZYŃSKI Przemysław	262	TYPYGRUBE	M-30	224	00:01:21	00:28:35.10	00:29:57.05	+00:13:03 (45.7%)	5:43	10.5 (54.4%)
856	PIONTEK Elżbieta	815		K-60+	2	00:00:56	00:28:36.05	00:29:32.75	+00:13:04 (45.7%)	5:43	10.5 (54.4%)
857	RUTKOWSKA Virginia	159	ATOS/KLINIKA TRIATHLONU	K-30	95	00:00:16	00:28:36.20	00:28:52.70	+00:13:04 (45.7%)	5:43	10.5 (54.4%)
858	OLEJNICZAK Patrycja	888		K-20	82	00:00:55	00:28:36.95	00:29:32.05	+00:13:05 (45.7%)	5:43	10.5 (54.4%)
859	ORNATOWSKI Marcin	1265	GORDON RUN	M-30	225	00:00:51	00:28:37.35	00:29:29.25	+00:13:05 (45.8%)	5:43	10.5 (54.4%)
860	SKÓRCZ Tomasz	948		M-50	40	00:01:23	00:28:37.70	00:30:00.80	+00:13:06 (45.8%)	5:43	10.5 (54.4%)
861	DOBRZAŃSKA Anna	317		K-20	83	00:01:37	00:28:37.85	00:30:14.90	+00:13:06 (45.8%)	5:43	10.5 (54.4%)
862	PIETRASZAK Tomasz	366	RUN BYDGOSZCZ	M-40	157	00:01:30	00:28:41.85	00:30:12.10	+00:13:10 (45.9%)	5:44	10.5 (54.4%)
863	ROGUSZCZAK Maciej	864	HAROMA TEAM	M-40	158	00:01:20	00:28:43.40	00:30:03.40	+00:13:11 (45.9%)	5:44	10.4 (53.9%)
864	LELEWSKA Aleksandra	1398		K-20	84	00:00:28	00:28:43.90	00:29:12.65	+00:13:12 (46.0%)	5:44	10.4 (53.9%)
865	CHILEWSKI Jan	526	WISIELKA BYDGOSZCZ	M-10	51	00:01:23	00:28:45.00	00:30:08.60	+00:13:13 (46.0%)	5:45	10.4 (53.9%)
866	SZRAMSKA Violetta	176		K-40	61	00:00:21	00:28:48.75	00:29:09.90	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
867	LIS Monika	880		K-20	85	00:01:19	00:28:48.85	00:30:08.00	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
868	HOLC Radosław	1293	OFTALMIKA (SYMPATYK)	M-20	115	00:00:52	00:28:49.00	00:29:41.15	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
869	HAFFKE Olga	990		K-10	19	00:01:28	00:28:49.20	00:30:17.45	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
870	FORBOT Piotr	1287	OFTALMIKA	M-20	116	00:00:52	00:28:49.40	00:29:41.55	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
871	CHILEWSKA Lidia	525	CB163	K-40	62	00:01:23	00:28:50.20	00:30:13.20	+00:13:18 (46.2%)	5:46	10.4 (53.9%)
872	CHILEWSKI Arkadiusz	277	CB163	M-40	159	00:01:23	00:28:50.25	00:30:13.35	+00:13:18 (46.2%)	5:46	10.4 (53.9%)
873	STRZAŁKOWSKA-WARMUZ Iwona	229		K-30	96	00:00:53	00:28:52.15	00:29:46.00	+00:13:20 (46.2%)	5:46	10.4 (53.9%)
874	RASSALSKA Roma	19		K-40	63	00:00:57	00:28:52.75	00:29:50.25	+00:13:21 (46.2%)	5:46	10.4 (53.9%)
875	NURKIEWICZ Zofia	288	KUNG FU PANDY 3	K-10	20	00:00:32	00:28:52.90	00:29:25.50	+00:13:21 (46.2%)	5:46	10.4 (53.9%)
876	DRESLERSKA Agnieszka	197	TEAM KUCYKI	K-30	97	00:01:07	00:28:53.10	00:30:00.55	+00:13:21 (46.2%)	5:46	10.4 (53.9%)
877	GUTKOWSKA Agnieszka	50	BANDA LYSEGO	K-30	98	00:01:21	00:28:54.30	00:30:15.75	+00:13:22 (46.3%)	5:46	10.4 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
878	LEWANDOWSKA Magdalena	109		K-30	99	00:01:21	00:28:54.65	00:30:15.95	+00:13:23 (46.3%)	5:46	10.4 (53.9%)
879	SARNECKA Małgorzata	57		K-40	64	00:01:21	00:28:54.70	00:30:15.85	+00:13:23 (46.3%)	5:46	10.4 (53.9%)
880	GRALAK Jacek	218	8 K-P BWOT	M-40	160	00:01:00	00:28:54.95	00:29:55.15	+00:13:23 (46.3%)	5:47	10.4 (53.9%)
881	WUDNIAK Agnieszka	620		K-40	65	00:00:56	00:28:55.90	00:29:52.40	+00:13:24 (46.3%)	5:47	10.4 (53.9%)
882	BRĄGIEL Anna	1158		K-30	100	00:01:23	00:28:57.70	00:30:21.45	+00:13:26 (46.4%)	5:47	10.4 (53.9%)
883	PRZYBYSZEWSKI Marcin	595		M-40	161	00:00:24	00:28:57.90	00:29:22.15	+00:13:26 (46.4%)	5:47	10.4 (53.9%)
884	GRUŻEWSKA Justyna	716		K-30	101	00:00:55	00:29:02.10	00:29:57.75	+00:13:30 (46.5%)	5:48	10.3 (53.4%)
885	MICHALAK Anita	179		K-40	66	00:01:34	00:29:03.20	00:30:37.55	+00:13:31 (46.6%)	5:48	10.3 (53.4%)
886	RADZIŃSKA Joanna	545	EXIMO EXTREME TEAM	K-30	102	00:01:09	00:29:03.25	00:30:12.70	+00:13:31 (46.6%)	5:48	10.3 (53.4%)
887	ZDUNKIEWICZ Hanna	177		K-30	103	00:01:34	00:29:03.65	00:30:37.95	+00:13:32 (46.6%)	5:48	10.3 (53.4%)
888	STEFAŃSKA Wiesława	175		K-30	104	00:01:33	00:29:03.70	00:30:37.45	+00:13:32 (46.6%)	5:48	10.3 (53.4%)
889	CHMIELEWSKA Agnieszka	1324		K-40	67	00:00:04	00:29:03.75	00:29:07.90	+00:13:32 (46.6%)	5:48	10.3 (53.4%)
890	TRUŚ Karolina	826		K-30	105	00:01:00	00:29:04.25	00:30:05.05	+00:13:32 (46.6%)	5:49	10.3 (53.4%)
891	RATAJCZAK Marcel	968		M-10	52	00:00:39	00:29:04.30	00:29:43.35	+00:13:32 (46.6%)	5:48	10.3 (53.4%)
892	JELENIEWSKA Oliwia	1475		K-10	21	00:00:35	00:29:05.65	00:29:41.40	+00:13:34 (46.6%)	5:49	10.3 (53.4%)
893	JARUSZEWSKA Joanna	876		K-30	106	00:01:02	00:29:05.70	00:30:08.00	+00:13:34 (46.6%)	5:49	10.3 (53.4%)
894	ADAMCZYK - FRANKOWSKA Anna	1412		K-30	107	00:00:36	00:29:06.05	00:29:42.20	+00:13:34 (46.6%)	5:49	10.3 (53.4%)
895	MEGER Agnieszka	984		K-40	68	00:00:35	00:29:06.70	00:29:41.85	+00:13:35 (46.7%)	5:49	10.3 (53.4%)
896	PIKULIK Natalia	310		K-30	108	00:01:27	00:29:08.30	00:30:36.25	+00:13:36 (46.7%)	5:49	10.3 (53.4%)
897	BILON-MOLENDA Alicja	1075		K-30	109	00:00:25	00:29:08.40	00:29:33.45	+00:13:36 (46.7%)	5:49	10.3 (53.4%)
898	ZGÓRSKA Irmína	1448	OFTALMIKA	K-20	86	00:00:51	00:29:09.50	00:30:00.95	+00:13:37 (46.8%)	5:49	10.3 (53.4%)
899	PIÓRKOWSKA Aga	34	BRB BYDGOSZCZ	K-40	69	00:01:02	00:29:10.05	00:30:12.70	+00:13:38 (46.8%)	5:50	10.3 (53.4%)
900	PIEKARSKA Joanna	753		K-30	110	00:01:01	00:29:10.55	00:30:12.30	+00:13:38 (46.8%)	5:50	10.3 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
901	MALICKA Beata	471	MALMEDIA.PL	K-50	9	00:00:18	00:29:11.55	00:29:30.15	+00:13:39 (46.8%)	5:50	10.3 (53.4%)
902	SZCZYPIŃSKA Justyna	226		K-30	111	00:00:05	00:29:12.10	00:29:17.85	+00:13:40 (46.8%)	5:50	10.3 (53.4%)
903	WESOŁEK Kacper	1497	PROJECT SOCIETY	M-30	226	00:00:34	00:29:12.75	00:29:47.50	+00:13:41 (46.8%)	5:50	10.3 (53.4%)
904	GLANC Katarzyna	1013		K-20	87	00:00:20	00:29:13.65	00:29:33.90	+00:13:42 (46.9%)	5:50	10.3 (53.4%)
904	SKROBACKA Izabela	1011		K-20	88	00:00:19	00:29:13.65	00:29:33.45	+00:13:42 (46.9%)	5:50	10.3 (53.4%)
904	ZIELIŃSKA Justyna	32		K-30	112	00:00:26	00:29:13.65	00:29:40.05	+00:13:42 (46.9%)	5:50	10.3 (53.4%)
907	ZMUDZIŃSKA Anna	1470	TEAM RUN KCYNIA	K-40	70	00:00:02	00:29:13.80	00:29:16.70	+00:13:42 (46.9%)	5:50	10.3 (53.4%)
908	LEWICKA Dagmara	1141		K-20	89	00:00:33	00:29:13.95	00:29:47.20	+00:13:42 (46.9%)	5:50	10.3 (53.4%)
909	SIERADZKA Małgorzata	897		K-40	71	00:00:58	00:29:16.50	00:30:14.85	+00:13:44 (47.0%)	5:51	10.3 (53.4%)
909	FABROWSKI Dawid	25		M-30	227	00:01:37	00:29:16.50	00:30:54.25	+00:13:44 (47.0%)	5:51	10.2 (52.8%)
911	OTT Małgorzata	1240		K-10	22	00:00:54	00:29:16.75	00:30:11.05	+00:13:45 (47.0%)	5:51	10.2 (52.8%)
912	SZYMAŃSKA Adrianna	854		K-30	113	00:00:29	00:29:18.70	00:29:47.85	+00:13:47 (47.0%)	5:51	10.2 (52.8%)
913	RATAJCZAK Arkadiusz	965		M-40	162	00:00:38	00:29:19.60	00:29:58.50	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
914	ŁUCZKOWSKA Sylwia	1152	BIEGAM Z BRATEM BO SAMEJ SIĘ NIE CHCE	K-20	90	00:00:11	00:29:19.75	00:29:31.00	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
915	KUBIAK Tomasz	562		M-50	41	00:01:25	00:29:19.85	00:30:45.50	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
916	DRYLL Dominik	257		M-10	53	00:00:19	00:29:20.40	00:29:40.00	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
917	ŁUCZKOWSKI Rafał	1151	JAK NIE ZEMDLEJĘ TO DOBIEGNĘ	M-30	228	00:00:11	00:29:21.10	00:29:32.55	+00:13:49 (47.1%)	5:52	10.2 (52.8%)
918	DRYLL Marek	255		M-40	163	00:00:19	00:29:22.00	00:29:41.70	+00:13:50 (47.1%)	5:52	10.2 (52.8%)
919	TYLKOWSKA Marta	1182	REEBOK RUN CREW	K-20	91	00:00:48	00:29:23.40	00:30:11.95	+00:13:51 (47.2%)	5:52	10.2 (52.8%)
920	GWÓŹDŹ Kamil	772	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-20	117	00:00:46	00:29:23.70	00:30:10.15	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
921	GWÓŹDŹ Orest	775	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-10	54	00:00:45	00:29:24.25	00:30:09.85	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
922	GWÓŹDŹ Nataniel	774	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-10	55	00:00:45	00:29:24.40	00:30:09.70	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
923	PRZEWŁOCKI Sławomir	1068	KLINIKA TRIATHLONU	M-60+	8	00:01:16	00:29:24.60	00:30:41.40	+00:13:53 (47.2%)	5:53	10.2 (52.8%)
924	RÓŻAŃSKI Janusz	1035		M-50	42	00:00:23	00:29:25.50	00:29:49.40	+00:13:53 (47.2%)	5:53	10.2 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
925	GWÓZDŹ Katarzyna	773	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	K-20	92	00:00:43	00:29:26.50	00:30:10.45	+00:13:54 (47.3%)	5:53	10.2 (52.8%)
926	WESOŁOWSKI Wiktor	551		M-10	56	00:01:04	00:29:26.60	00:30:31.55	+00:13:55 (47.3%)	5:53	10.2 (52.8%)
927	BRZEZIŃSKA-HAFFKE Sylwia	989		K-40	72	00:01:27	00:29:27.85	00:30:55.50	+00:13:56 (47.3%)	5:53	10.2 (52.8%)
928	REINKE Justyna	1267		K-20	93	00:00:40	00:29:30.45	00:30:11.05	+00:13:58 (47.4%)	5:54	10.2 (52.8%)
929	GRUBICH Kacper	607		M-10	57	00:00:59	00:29:30.85	00:30:30.05	+00:13:59 (47.4%)	5:54	10.2 (52.8%)
930	WESOŁOWSKI Tomasz	553		M-40	164	00:01:05	00:29:31.25	00:30:36.50	+00:13:59 (47.4%)	5:54	10.2 (52.8%)
931	SKÓRCZ Małgorzata	947		K-50	10	00:01:23	00:29:32.45	00:30:55.80	+00:14:00 (47.4%)	5:54	10.2 (52.8%)
932	JAWORSKI Kamil	1465		M-30	229	00:01:24	00:29:32.55	00:30:56.90	+00:14:00 (47.4%)	5:54	10.2 (52.8%)
933	MURAWKA Rafał	1049		M-10	58	00:01:17	00:29:32.60	00:30:50.20	+00:14:01 (47.4%)	5:54	10.2 (52.8%)
934	KUCZMA Monika	1422	TRISPACE	K-30	114	00:01:28	00:29:34.40	00:31:03.10	+00:14:02 (47.5%)	5:55	10.1 (52.3%)
935	PALIGA Mateusz	445	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	118	00:01:47	00:29:34.45	00:31:21.80	+00:14:02 (47.5%)	5:54	10.1 (52.3%)
936	KARADAG Burak Can	1252	KPSW	M-20	119	00:01:28	00:29:34.55	00:31:03.30	+00:14:02 (47.5%)	5:55	10.1 (52.3%)
937	KŁOS Katarzyna	1336		K-40	73	00:00:03	00:29:34.95	00:29:38.65	+00:14:03 (47.5%)	5:55	10.1 (52.3%)
938	FORBOT Łukasz	1366		M-20	120	00:00:50	00:29:36.15	00:30:26.85	+00:14:04 (47.5%)	5:55	10.1 (52.3%)
939	FORBOT Natalia	1348		K-20	94	00:00:50	00:29:36.25	00:30:26.95	+00:14:04 (47.6%)	5:55	10.1 (52.3%)
940	RATAJCZAK Arleta	967		K-40	74	00:00:38	00:29:36.45	00:30:15.20	+00:14:04 (47.6%)	5:55	10.1 (52.3%)
941	KORBEL Julia	1250		K-10	23	00:00:46	00:29:36.50	00:30:22.75	+00:14:04 (47.6%)	5:55	10.1 (52.3%)
942	MIERZWA Damian	402	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	230	00:01:44	00:29:36.85	00:31:21.50	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
943	PALIGA Antoni	446	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	43	00:01:45	00:29:36.90	00:31:22.30	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
944	DOMERACKA Oliwia	635	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-20	95	00:01:44	00:29:36.95	00:31:21.70	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
945	KANNEBERG Maciej	387	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	121	00:01:44	00:29:37.00	00:31:21.45	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
945	PISZCZ Andrzej	1185		M-40	165	00:01:10	00:29:37.00	00:30:47.40	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
947	PALIGA Radosław	447	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-10	59	00:01:43	00:29:37.65	00:31:21.25	+00:14:06 (47.6%)	5:55	10.1 (52.3%)
948	KABAT Jakub	410	RUN TEAM SĘPOLNO KRAJEŃSKIE	M-10	60	00:01:44	00:29:37.70	00:31:22.05	+00:14:06 (47.6%)	5:55	10.1 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
949	JANKE Damian	875	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	231	00:01:44	00:29:37.75	00:31:22.10	+00:14:06 (47.6%)	5:55	10.1 (52.3%)
950	GROSKOP Grzegorz	380	RUN TEAM SĘPOLNO KRAJEŃSKIE	M-20	122	00:01:43	00:29:38.95	00:31:22.80	+00:14:07 (47.6%)	5:55	10.1 (52.3%)
951	NAPIÓRKOWSKA Ewa	996		K-60+	3	00:01:07	00:29:39.10	00:30:47.00	+00:14:07 (47.6%)	5:56	10.1 (52.3%)
952	STAWICKA Ewelina	381	AKTYWNE LISEWO	K-20	96	00:01:42	00:29:39.15	00:31:22.00	+00:14:07 (47.6%)	5:56	10.1 (52.3%)
953	JAZIENICKI Hubert	1354		M-20	123	00:01:39	00:29:39.70	00:31:19.25	+00:14:08 (47.7%)	5:56	10.1 (52.3%)
954	JAWORSKI Mateusz	476	ADAM-POL	M-10	61	00:01:10	00:29:41.85	00:30:52.35	+00:14:10 (47.7%)	5:56	10.1 (52.3%)
955	NOWAK Paulina	629		K-20	97	00:00:56	00:29:41.95	00:30:38.35	+00:14:10 (47.7%)	5:56	10.1 (52.3%)
956	MAGIEROWSKA-GRUBICH Daria	609		K-30	115	00:00:59	00:29:44.25	00:30:43.55	+00:14:12 (47.8%)	5:56	10.1 (52.3%)
957	MICHALAK Mariusz	1359		M-40	166	00:00:27	00:29:44.45	00:30:11.45	+00:14:12 (47.8%)	5:56	10.1 (52.3%)
957	MICHALAK Martyna	1357		K-10	24	00:00:26	00:29:44.45	00:30:11.20	+00:14:12 (47.8%)	5:57	10.1 (52.3%)
959	GRUBICH Arkadiusz	608		M-40	167	00:00:58	00:29:44.55	00:30:43.45	+00:14:12 (47.8%)	5:57	10.1 (52.3%)
960	CEMKE Tomasz	1105		M-40	168	00:01:16	00:29:46.95	00:31:03.05	+00:14:15 (47.9%)	5:57	10.1 (52.3%)
961	LOOSE Łukasz	1003		M-20	124	00:00:56	00:29:47.80	00:30:44.55	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
962	OLKOWSKI Eugeniusz	585		M-60+	9	00:01:37	00:29:47.90	00:31:25.40	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
963	RADOMSKA Marta	1002	LOS KUMPLOS	K-30	116	00:00:56	00:29:47.95	00:30:44.70	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
964	PAPROCKA Małgosia	646		K-50	11	00:01:04	00:29:48.00	00:30:52.40	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
965	NIEMCZEWSKA Patrycja	1005	LOS KUMPLOS	K-20	98	00:00:56	00:29:48.25	00:30:44.50	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
966	JURUŚ Jolanta	714		K-50	12	00:01:04	00:29:48.30	00:30:52.40	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
967	MURAWKA Łukasz	1047		M-30	232	00:01:17	00:29:48.35	00:31:06.15	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
967	BEDNARCZYK Joanna	1134	AXA RUNNING TEAM	K-30	117	00:00:44	00:29:48.35	00:30:32.45	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
969	GLAMA Remigiusz	1132	LNIANO TEAM	M-30	233	00:00:44	00:29:48.45	00:30:32.45	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
970	GRUSZKA Marek	264		M-50	44	00:00:22	00:29:48.75	00:30:10.75	+00:14:17 (47.9%)	5:57	10.1 (52.3%)
971	KOSMALA Mateusz	934		M-20	125	00:00:56	00:29:49.05	00:30:45.05	+00:14:17 (47.9%)	5:57	10.1 (52.3%)
972	TOMCZAK Marzena	81		K-20	99	00:00:12	00:29:49.85	00:30:02.60	+00:14:18 (48.0%)	5:58	10.1 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
973	TOMCZAK Krzysztof	77		M-30	234	00:00:12	00:29:50.15	00:30:02.70	+00:14:18 (48.0%)	5:58	10.1 (52.3%)
974	SZPERA Joanna	290		K-40	75	00:00:26	00:29:50.35	00:30:17.00	+00:14:18 (48.0%)	5:58	10.1 (52.3%)
975	FELKNER Sylwia	319		K-10	25	00:01:30	00:29:50.60	00:31:20.85	+00:14:19 (48.0%)	5:58	10.1 (52.3%)
976	OSTROWSKA Renata	889		K-30	118	00:00:54	00:29:51.80	00:30:46.05	+00:14:20 (48.0%)	5:58	10 (51.8%)
977	MIŁKOWSKA Monika	587	RUN BYDGOSZCZ	K-40	76	00:00:35	00:29:52.80	00:30:28.35	+00:14:21 (48.0%)	5:58	10 (51.8%)
978	HINZ-BRYLEW Natalia	403	PRZYCHODNIA ROMET	K-30	119	00:01:38	00:29:54.45	00:31:32.45	+00:14:22 (48.1%)	5:58	10 (51.8%)
979	KURTYSIAK Roman	842		M-50	45	00:01:19	00:29:55.85	00:31:15.00	+00:14:24 (48.1%)	5:59	10 (51.8%)
980	LEWANDOWSKI Jarosław	570		M-30	235	00:01:43	00:29:56.00	00:31:39.25	+00:14:24 (48.1%)	5:59	10 (51.8%)
981	ZIELIŃSKA Marzena	552		K-30	120	00:01:42	00:29:56.10	00:31:38.80	+00:14:24 (48.1%)	5:59	10 (51.8%)
982	BUTRYM Piotr	307		M-30	236	00:01:43	00:29:56.25	00:31:39.30	+00:14:24 (48.1%)	5:59	10 (51.8%)
983	BANNACH Aleksander	543		M-20	126	00:01:40	00:29:57.35	00:31:37.95	+00:14:25 (48.2%)	5:59	10 (51.8%)
984	SZYMAŃSKA Magdalena	541	ZIELONY PELIKAN	K-20	100	00:01:40	00:29:57.75	00:31:38.50	+00:14:26 (48.2%)	5:59	10 (51.8%)
985	JAGIELSKA Patrycja	149		K-20	101	00:01:39	00:29:57.90	00:31:37.35	+00:14:26 (48.2%)	5:59	10 (51.8%)
986	PIETKUN Ryszard	748		M-60+	10	00:01:40	00:29:58.75	00:31:38.80	+00:14:27 (48.2%)	5:59	10 (51.8%)
987	BELIŃSKI Maciej	185	TYPYGRUBE	M-30	237	00:01:24	00:29:59.00	00:31:23.20	+00:14:27 (48.2%)	5:59	10 (51.8%)
988	ROMIŃSKA Aleksandra	892		K-20	102	00:01:24	00:29:59.20	00:31:23.25	+00:14:27 (48.2%)	5:59	10 (51.8%)
989	LUDKOWSKI Filip	123		M-10	62	00:00:44	00:29:59.65	00:30:43.90	+00:14:28 (48.2%)	5:59	10 (51.8%)
990	KORBEL Marian	1248		M-40	169	00:00:46	00:30:00.60	00:30:46.85	+00:14:29 (48.3%)	6:00	10 (51.8%)
991	ARENT Marzena	491		K-50	13	00:00:43	00:30:01.20	00:30:45.00	+00:14:29 (48.3%)	6:00	10 (51.8%)
992	BUJAK Olga	559		K-30	121	00:01:25	00:30:03.20	00:31:28.90	+00:14:31 (48.3%)	6:00	10 (51.8%)
992	KUBIAK Katarzyna	560		K-30	122	00:01:25	00:30:03.20	00:31:28.75	+00:14:31 (48.3%)	6:00	10 (51.8%)
994	LUDKOWSKI Dawid	343		M-30	238	00:00:44	00:30:03.25	00:30:47.95	+00:14:31 (48.3%)	6:00	10 (51.8%)
995	KANDER Michał	1057		M-30	239	00:01:33	00:30:04.50	00:31:37.70	+00:14:32 (48.4%)	6:00	10 (51.8%)
996	GRZELAK Łukasz	497	BYDGOSZCZNASTART	M-40	170	00:01:46	00:30:04.90	00:31:51.50	+00:14:33 (48.4%)	6:01	10 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
997	OŻGA Agnieszka	56		K-30	123	00:00:35	00:30:06.35	00:30:42.25	+00:14:34 (48.4%)	6:01	10 (51.8%)
998	MUCHA-BOINSKA Anna	894		K-30	124	00:00:09	00:30:07.50	00:30:16.85	+00:14:35 (48.5%)	6:01	10 (51.8%)
999	ZATOŃ Bożena	799	RUN PASJA	K-50	14	00:00:50	00:30:07.60	00:30:58.20	+00:14:36 (48.5%)	6:01	10 (51.8%)
1000	ROSZCZYN Kamil	276		M-20	127	00:01:35	00:30:09.25	00:31:44.65	+00:14:37 (48.5%)	6:01	10 (51.8%)
1001	CISEWSKI Mateusz	121		M-20	128	00:01:07	00:30:11.40	00:31:18.50	+00:14:39 (48.6%)	6:02	9.9 (51.3%)
1002	SZELAĞOWSKI Tomasz	1137		M-40	171	00:00:05	00:30:11.80	00:30:17.25	+00:14:40 (48.6%)	6:02	9.9 (51.3%)
1003	CHOLEWCZYŃSKI Dariusz	1211	OCULUS - NIEWIDOMI	M-40	172	00:01:22	00:30:12.70	00:31:34.70	+00:14:41 (48.6%)	6:02	9.9 (51.3%)
1004	SYBILA Michał	663		M-30	240	00:01:17	00:30:13.90	00:31:30.95	+00:14:42 (48.6%)	6:02	9.9 (51.3%)
1005	WOJTAL Emilia	1016		K-40	77	00:00:37	00:30:15.45	00:30:53.05	+00:14:43 (48.7%)	6:03	9.9 (51.3%)
1006	BUCHHOLZ Krzysztof	240		M-50	46	00:00:37	00:30:15.85	00:30:52.95	+00:14:44 (48.7%)	6:03	9.9 (51.3%)
1007	WAWRZYŃIAK Sandra	1311		K-20	103	00:00:48	00:30:16.00	00:31:04.15	+00:14:44 (48.7%)	6:03	9.9 (51.3%)
1008	GRALLA Łukasz	1098		M-30	241	00:01:36	00:30:17.20	00:31:53.55	+00:14:45 (48.7%)	6:03	9.9 (51.3%)
1009	ŚWIERCZYŃSKA Anna	1496	ATHLETICOMED.PL	K-30	125	00:01:37	00:30:18.45	00:31:55.65	+00:14:46 (48.8%)	6:03	9.9 (51.3%)
1010	GORZYCKA Ewa	791		K-30	126	00:01:34	00:30:19.55	00:31:54.10	+00:14:47 (48.8%)	6:04	9.9 (51.3%)
1010	SKORNIA Agata	62		K-40	78	00:01:29	00:30:19.55	00:31:49.50	+00:14:47 (48.8%)	6:04	9.9 (51.3%)
1010	MACHNIKOWSKI Rafał	1221	OCULUS - NIEWIDOMI	M-40	173	00:00:56	00:30:19.55	00:31:16.50	+00:14:47 (48.8%)	6:04	9.9 (51.3%)
1013	WITKOWSKA Dominika	1369		K-20	104	00:00:27	00:30:19.75	00:30:47.50	+00:14:48 (48.8%)	6:04	9.9 (51.3%)
1014	SUDOŁ Karolina	1086		K-40	79	00:01:08	00:30:20.05	00:31:28.70	+00:14:48 (48.8%)	6:04	9.9 (51.3%)
1014	BOROWIEC Michał	655		M-30	242	00:01:16	00:30:20.05	00:31:36.80	+00:14:48 (48.8%)	6:04	9.9 (51.3%)
1016	ŚWIERCZYŃSKI Marcin	1495	ATHLETICOMED.PL	M-30	243	00:01:37	00:30:21.10	00:31:58.50	+00:14:49 (48.8%)	6:04	9.9 (51.3%)
1017	BADOWSKI Krzysztof	1202	OCULUS - NIEWIDOMI	M-50	47	00:00:55	00:30:22.15	00:31:17.30	+00:14:50 (48.9%)	6:04	9.9 (51.3%)
1018	KOT Franciszek	550	BBL INOWROCLAW	M-60+	11	00:00:34	00:30:22.75	00:30:56.75	+00:14:51 (48.9%)	6:04	9.9 (51.3%)
1019	KOWALSKA Irena	814		K-50	15	00:01:26	00:30:23.45	00:31:50.30	+00:14:51 (48.9%)	6:04	9.9 (51.3%)
1020	KOWALSKA Karolina	944		K-20	105	00:01:26	00:30:23.50	00:31:50.15	+00:14:51 (48.9%)	6:04	9.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1021	JAŹDŹEWSKI Kacper	1224	OCULUS - NIEWIDOMI	M-20	129	00:01:08	00:30:25.90	00:31:34.40	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1021	BIELUSZEWSKA Mirela	596	BBTS	K-30	127	00:01:20	00:30:25.90	00:31:46.55	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1023	WÓJCIK Piotr	111		M-10	63	00:00:59	00:30:25.95	00:31:25.15	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1024	ŁUKASZCZYK Joanna	1484		K-30	128	00:01:39	00:30:26.00	00:32:05.40	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1025	SKĄPSKI Łukasz	1232	OCULUS - NIEWIDOMI	M-30	244	00:01:08	00:30:26.05	00:31:34.10	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1026	MICHTA Iwona	765	SPÓJNIA BIAŁE BŁOTA	K-30	129	00:01:20	00:30:26.20	00:31:46.45	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
1027	POCZWARDOWSKA Wioletta	819		K-40	80	00:01:01	00:30:26.95	00:31:28.10	+00:14:55 (49.0%)	6:05	9.9 (51.3%)
1028	REINKE Joanna	1280		K-30	130	00:00:05	00:30:28.70	00:30:34.30	+00:14:57 (49.1%)	6:05	9.8 (50.8%)
1029	KUJAWSKA Klaudia	590		K-10	26	00:01:07	00:30:30.20	00:31:37.25	+00:14:58 (49.1%)	6:06	9.8 (50.8%)
1030	STACHEWICZ Sławomir	619		M-40	174	00:00:55	00:30:30.25	00:31:25.65	+00:14:58 (49.1%)	6:06	9.8 (50.8%)
1031	LEWANDOWSKA Malwina	1358		K-30	131	00:01:25	00:30:30.45	00:31:55.60	+00:14:58 (49.1%)	6:06	9.8 (50.8%)
1032	KALACZYŃSKI Grzegorz	1310		M-40	175	00:01:29	00:30:30.60	00:32:00.25	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
1033	MARCINKOWSKI Kamil	1363	BRAK	M-20	130	00:01:24	00:30:30.80	00:31:55.75	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
1034	ŁUKASZEWSKA Ewelina	1360		K-20	106	00:01:24	00:30:31.05	00:31:55.75	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
1035	KISTOWSKA Agata	1376		K-20	107	00:01:24	00:30:31.30	00:31:55.50	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
1036	ZIELIŃSKA Dorota	227		K-40	81	00:00:14	00:30:31.65	00:30:46.60	+00:15:00 (49.1%)	6:06	9.8 (50.8%)
1037	DEPTUŁA Stanisław	732	NIE ZRZESZONY	M-10	64	00:01:15	00:30:32.00	00:31:47.35	+00:15:00 (49.1%)	6:06	9.8 (50.8%)
1038	WRÓBLEWSKA Oliwia	368		K-10	27	00:00:49	00:30:32.15	00:31:22.10	+00:15:00 (49.2%)	6:06	9.8 (50.8%)
1039	LEMAŃSKI Kacper	673		M-10	65	00:01:12	00:30:32.55	00:31:45.25	+00:15:00 (49.2%)	6:06	9.8 (50.8%)
1040	WOJCIECHOWSKA Maja	383		K-10	28	00:00:50	00:30:32.95	00:31:23.20	+00:15:01 (49.2%)	6:06	9.8 (50.8%)
1041	WIŚNIEWSKA Aurelia	722		K-20	108	00:01:10	00:30:33.45	00:31:43.50	+00:15:01 (49.2%)	6:06	9.8 (50.8%)
1042	WÓJCIK Anna	108		K-30	132	00:00:59	00:30:33.80	00:31:32.80	+00:15:02 (49.2%)	6:06	9.8 (50.8%)
1043	GERUZEL Paulina	640		K-30	133	00:00:16	00:30:34.30	00:30:50.80	+00:15:02 (49.2%)	6:06	9.8 (50.8%)
1044	GILL Daniel	388		M-30	245	00:01:00	00:30:35.30	00:31:35.55	+00:15:03 (49.2%)	6:07	9.8 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1045	BORKOWSKI Paweł	245		M-20	131	00:01:16	00:30:35.90	00:31:52.45	+00:15:04 (49.3%)	6:07	9.8 (50.8%)
1046	KURZAWA Iwona	246		K-20	109	00:01:16	00:30:36.15	00:31:52.55	+00:15:04 (49.3%)	6:07	9.8 (50.8%)
1047	KOWALSKA Justyna	787		K-20	110	00:00:54	00:30:36.90	00:31:31.85	+00:15:05 (49.3%)	6:07	9.8 (50.8%)
1048	GRUBICH Patrycja	603		K-20	111	00:00:58	00:30:37.05	00:31:35.65	+00:15:05 (49.3%)	6:07	9.8 (50.8%)
1049	KRUPA Błażej	279	CIMAT BIEGA	M-30	246	00:01:48	00:30:38.30	00:32:26.50	+00:15:06 (49.3%)	6:07	9.8 (50.8%)
1050	KANCLERZEWSKA Alicja	164	1. LO	K-10	29	00:01:46	00:30:39.90	00:32:26.65	+00:15:08 (49.4%)	6:08	9.8 (50.8%)
1051	DANIELEK Adam	39	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	176	00:01:06	00:30:40.55	00:31:46.55	+00:15:08 (49.4%)	6:08	9.8 (50.8%)
1052	SMERLIŃSKI Robert	532	-	M-40	177	00:01:40	00:30:41.65	00:32:21.65	+00:15:10 (49.4%)	6:08	9.8 (50.8%)
1053	JANOWSKA Renata	1048		K-40	82	00:01:30	00:30:44.75	00:32:15.65	+00:15:13 (49.5%)	6:09	9.8 (50.8%)
1054	LEWICKI Jarek	1050		M-30	247	00:01:31	00:30:44.85	00:32:16.10	+00:15:13 (49.5%)	6:09	9.8 (50.8%)
1055	KOCHANOWSKA Joanna	1447	OFTALMIKA	K-40	83	00:00:51	00:30:45.20	00:31:36.75	+00:15:13 (49.5%)	6:09	9.8 (50.8%)
1056	URBAŃSKA Agnieszka	372		K-30	134	00:01:33	00:30:48.45	00:32:22.20	+00:15:16 (49.6%)	6:09	9.7 (50.3%)
1057	BIERNACKA Anna	810		K-30	135	00:01:32	00:30:48.55	00:32:21.00	+00:15:16 (49.6%)	6:09	9.7 (50.3%)
1058	BIERNACKI Łukasz	813		M-40	178	00:01:32	00:30:48.65	00:32:21.10	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
1059	MALCZEWSKA Mirka	506		K-60+	4	00:01:05	00:30:48.75	00:31:54.70	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
1060	BIERNACKI Wojtek	812		M-10	66	00:01:32	00:30:48.80	00:32:21.15	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
1060	MATTHEWS Karol	1368		M-30	248	00:00:53	00:30:48.80	00:31:42.35	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
1062	SASIN-MATTHEWS Anna	1424	OFTALMIKA	K-30	136	00:00:53	00:30:49.00	00:31:42.55	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
1063	SENDEL Sebastian	1062		M-30	249	00:01:34	00:30:50.95	00:32:25.90	+00:15:19 (49.7%)	6:10	9.7 (50.3%)
1064	PIJAROWSKI Milan	1147	KU BLISKOŚCI	M-10	67	00:00:59	00:30:51.60	00:31:50.80	+00:15:20 (49.7%)	6:10	9.7 (50.3%)
1065	KRAJEWSKA Jagoda	1436		K-30	137	00:01:27	00:30:51.80	00:32:19.15	+00:15:20 (49.7%)	6:10	9.7 (50.3%)
1066	SOLEC KUJAWSKI Azył Dla Jeży	468	FUNDACJA JEKO	K-50	16	00:01:32	00:30:52.40	00:32:24.85	+00:15:20 (49.7%)	6:10	9.7 (50.3%)
1067	BOROWIAK Agnieszka	1469	TEAM RUN KCYNIA	K-30	138	00:00:03	00:30:52.80	00:30:55.85	+00:15:21 (49.7%)	6:10	9.7 (50.3%)
1068	GRZECHOWIAK Anna	1452	ZIELONY PELIKAN	K-20	112	00:01:10	00:30:53.60	00:32:04.25	+00:15:22 (49.7%)	6:10	9.7 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1069	TWARDOWSKA Sylwia	802		K-30	139	00:00:06	00:30:53.90	00:31:00.25	+00:15:22 (49.7%)	6:10	9.7 (50.3%)
1070	PODEMSKA Patrycja	935		K-30	140	00:01:42	00:30:54.40	00:32:36.60	+00:15:22 (49.8%)	6:10	9.7 (50.3%)
1071	ZECH Izabela	1170		K-40	84	00:01:42	00:30:54.90	00:32:36.90	+00:15:23 (49.8%)	6:10	9.7 (50.3%)
1072	HAMES Dorota	734		K-30	141	00:01:18	00:30:56.70	00:32:15.25	+00:15:25 (49.8%)	6:11	9.7 (50.3%)
1072	FOJUTOWSKA Hanna	1456		K-40	85	00:01:13	00:30:56.70	00:32:10.60	+00:15:25 (49.8%)	6:11	9.7 (50.3%)
1074	ŻURAWSKI Michał	219	RUN LOTTO-BYDGOSTIA	M-40	179	00:01:30	00:30:58.50	00:32:28.60	+00:15:26 (49.9%)	6:11	9.7 (50.3%)
1075	DUBIELEWSKA Anna	951		K-20	113	00:00:53	00:31:01.50	00:31:55.20	+00:15:29 (50.0%)	6:12	9.7 (50.3%)
1076	WISNIEWSKI Tadeusz	982		M-50	48	00:01:10	00:31:02.40	00:32:13.05	+00:15:30 (50.0%)	6:12	9.7 (50.3%)
1077	DEPTUŁA Wojciech	730	NIE ZRZESZONY	M-60+	12	00:01:15	00:31:03.15	00:32:18.25	+00:15:31 (50.0%)	6:12	9.7 (50.3%)
1078	GRALLA Aida	1099		K-40	86	00:01:36	00:31:05.45	00:32:41.85	+00:15:33 (50.1%)	6:13	9.7 (50.3%)
1079	ZAGALAK Rafał	430		M-40	180	00:00:48	00:31:05.65	00:31:54.55	+00:15:34 (50.1%)	6:13	9.6 (49.7%)
1080	BUDZIAK Mirosława	408		K-40	87	00:00:48	00:31:05.80	00:31:54.55	+00:15:34 (50.1%)	6:13	9.6 (49.7%)
1081	CHWIEDUK Magdalena	429		K-40	88	00:00:48	00:31:06.05	00:31:54.90	+00:15:34 (50.1%)	6:13	9.6 (49.7%)
1082	RYBCZYŃSKI Grzegorz	634		M-20	132	00:00:56	00:31:07.05	00:32:03.70	+00:15:35 (50.1%)	6:13	9.6 (49.7%)
1083	LEMAŃSKA Magdalena	672		K-40	89	00:01:12	00:31:08.75	00:32:21.35	+00:15:37 (50.1%)	6:13	9.6 (49.7%)
1084	LORENC-KRUSZYŃSKA Sylwia	346		K-30	142	00:01:03	00:31:08.85	00:32:12.60	+00:15:37 (50.2%)	6:13	9.6 (49.7%)
1085	RACZYCKI Tomasz	1429		M-40	181	00:00:45	00:31:10.35	00:31:55.80	+00:15:38 (50.2%)	6:14	9.6 (49.7%)
1086	KRÓLAK Anna	831		K-30	143	00:00:22	00:31:11.35	00:31:34.20	+00:15:39 (50.2%)	6:14	9.6 (49.7%)
1087	KRÓLAK Tomasz	832		M-30	250	00:00:23	00:31:11.45	00:31:34.55	+00:15:39 (50.2%)	6:14	9.6 (49.7%)
1088	KALISZEWSKI Sławomir	20	3KR	M-30	251	00:00:38	00:31:12.35	00:31:51.10	+00:15:40 (50.2%)	6:14	9.6 (49.7%)
1089	OLIFIERKO Barbara	1288	OFTALMIKA	K-50	17	00:00:51	00:31:12.50	00:32:04.35	+00:15:40 (50.2%)	6:14	9.6 (49.7%)
1090	KLAFETKA Mateusz	966		M-20	133	00:01:27	00:31:12.85	00:32:39.95	+00:15:41 (50.3%)	6:14	9.6 (49.7%)
1090	CILSKA Agnieszka	1432		K-30	144	00:00:45	00:31:12.85	00:31:58.75	+00:15:41 (50.3%)	6:14	9.6 (49.7%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
1092	NOWAKOWSKA Marta	1123	DEAF		K-30	145	00:00:10	00:31:13.05	00:31:23.70	+00:15:41 (50.3%)	6:14	9.6 (49.7%)
1093	KLAFETKA Marzena	933			K-20	114	00:01:26	00:31:13.20	00:32:40.05	+00:15:41 (50.3%)	6:14	9.6 (49.7%)
1094	HARACEWIAT Cezary	214			M-50	49	00:01:05	00:31:13.70	00:32:19.30	+00:15:42 (50.3%)	6:14	9.6 (49.7%)
1095	JUREK Sławomir	1163	FUNDACJA HORYZONT		M-40	182	00:00:53	00:31:14.10	00:32:07.55	+00:15:42 (50.3%)	6:14	9.6 (49.7%)
1096	SPYCHAJ Piotr	1471			M-30	252	00:01:01	00:31:14.55	00:32:16.25	+00:15:42 (50.3%)	6:15	9.6 (49.7%)
1097	SOCHALSKI Dariusz	1472			M-30	253	00:01:01	00:31:14.65	00:32:16.60	+00:15:43 (50.3%)	6:15	9.6 (49.7%)
1098	MANOWSKA Arletta	1162	FUNDACJA HORYZONT		K-20	115	00:00:53	00:31:14.70	00:32:08.15	+00:15:43 (50.3%)	6:15	9.6 (49.7%)
1099	DRABIK Karolina	650			K-40	90	00:00:47	00:31:16.00	00:32:03.45	+00:15:44 (50.3%)	6:15	9.6 (49.7%)
1100	DRABIK Anna	651			K-10	30	00:00:47	00:31:16.25	00:32:03.55	+00:15:44 (50.3%)	6:15	9.6 (49.7%)
1101	ŁĄCZNA Agnieszka	239	PBSLA		K-Open	3	00:01:33	00:31:16.60	00:32:49.80	+00:15:45 (50.4%)	6:15	9.6 (49.7%)
1102	MIECH Wiesław	1226	OCULUS - NIEWIDOMI		M-60+	13	00:00:00	00:31:18.20	00:31:18.20	+00:15:46 (50.4%)	6:15	9.6 (49.7%)
1103	BUZALSKA Agnieszka	505	OGRODY		K-40	91	00:00:28	00:31:20.15	00:31:48.60	+00:15:48 (50.5%)	6:16	9.6 (49.7%)
1104	BUZALSKI Robert	395	ORANGE POLSKA		M-40	183	00:00:27	00:31:21.50	00:31:49.05	+00:15:49 (50.5%)	6:16	9.6 (49.7%)
1105	KALISZEWSKI Wojciech	31	3KR		M-30	254	00:00:16	00:31:25.30	00:31:41.30	+00:15:53 (50.6%)	6:17	9.5 (49.2%)
1106	DRAUS-LATAŁA Katarzyna	1326			K-30	146	00:00:03	00:31:28.20	00:31:31.35	+00:15:56 (50.7%)	6:17	9.5 (49.2%)
1107	MIKLER Aleksandra	413			K-20	116	00:01:42	00:31:28.35	00:33:11.30	+00:15:56 (50.7%)	6:17	9.5 (49.2%)
1108	BYCZYŃSKI Michał	1394			M-20	134	00:01:40	00:31:28.50	00:33:08.80	+00:15:56 (50.7%)	6:17	9.5 (49.2%)
1109	PREDER Bartosz	1415			M-40	184	00:01:24	00:31:29.15	00:32:53.85	+00:15:57 (50.7%)	6:17	9.5 (49.2%)
1110	SZCZEPAŃSKA-DOLNA Edyta	1164			K-40	92	00:01:41	00:31:29.75	00:33:11.20	+00:15:58 (50.7%)	6:18	9.5 (49.2%)
1111	ZAWADA Bartosz	615			M-30	255	00:01:31	00:31:30.60	00:33:01.95	+00:15:59 (50.7%)	6:18	9.5 (49.2%)
1111	ŚWINOGA Karolina	614			K-30	147	00:01:31	00:31:30.60	00:33:01.65	+00:15:59 (50.7%)	6:18	9.5 (49.2%)
1113	KOWALSKA Agnieszka	244			K-20	117	00:01:22	00:31:30.90	00:32:53.40	+00:15:59 (50.7%)	6:18	9.5 (49.2%)
1114	GRABSKA-ZIELIŃSKA Sylwia	100			K-20	118	00:00:12	00:31:31.70	00:31:44.45	+00:16:00 (50.8%)	6:18	9.5 (49.2%)
1115	ZIELIŃSKA Aleksandra	901			K-30	148	00:00:51	00:31:31.95	00:32:23.40	+00:16:00 (50.8%)	6:18	9.5 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1116	TOMASZEWICZ Wioletta	887		K-40	93	00:01:22	00:31:32.20	00:32:54.70	+00:16:00 (50.8%)	6:18	9.5 (49.2%)
1117	ZIELIŃSKI Stanisław	903	GORDON RUN	M-30	256	00:00:51	00:31:32.45	00:32:23.55	+00:16:00 (50.8%)	6:18	9.5 (49.2%)
1118	IWANIEC Ewelina	1342		K-40	94	00:00:21	00:31:35.05	00:31:56.50	+00:16:03 (50.8%)	6:19	9.5 (49.2%)
1119	POWAŁKA Grzegorz	1231	OCULUS - NIEWIDOMI	M-50	50	00:00:00	00:31:35.20	00:31:35.20	+00:16:03 (50.8%)	6:19	9.5 (49.2%)
1120	BĘŁKA-SIEMION Aneta	682		K-40	95	00:00:52	00:31:36.30	00:32:28.95	+00:16:04 (50.9%)	6:19	9.5 (49.2%)
1121	MIKUŁA Tomasz	308	GORDON RUN	M-30	257	00:01:32	00:31:37.60	00:33:10.25	+00:16:06 (50.9%)	6:19	9.5 (49.2%)
1122	URBANSKI Hubert	572	RUN TEAM PRUSZCZ	M-10	68	00:01:32	00:31:38.30	00:33:10.85	+00:16:06 (50.9%)	6:19	9.5 (49.2%)
1123	URBANSKI Piotr	571	RUN TEAM PRUSZCZ	M-40	185	00:01:32	00:31:38.35	00:33:10.70	+00:16:06 (50.9%)	6:19	9.5 (49.2%)
1124	ZAKRZEWSKI Adam	112		M-20	135	00:00:54	00:31:42.45	00:32:36.70	+00:16:10 (51.0%)	6:20	9.5 (49.2%)
1125	PATRZAŁEK Małgorzata	612		K-40	96	00:00:35	00:31:47.10	00:32:22.65	+00:16:15 (51.2%)	6:21	9.4 (48.7%)
1126	ANDRUSEWICZ Hanna	683		K-40	97	00:01:11	00:31:47.40	00:32:58.95	+00:16:15 (51.2%)	6:21	9.4 (48.7%)
1127	GAWROŃSKI Bartosz	918		M-20	136	00:00:59	00:31:48.30	00:32:48.20	+00:16:16 (51.2%)	6:21	9.4 (48.7%)
1128	GAŁGAŃSKA Monika	919		K-20	119	00:00:59	00:31:48.50	00:32:48.20	+00:16:16 (51.2%)	6:21	9.4 (48.7%)
1129	KONOWALSKA Agnieszka	283		K-30	149	00:01:36	00:31:49.45	00:33:25.80	+00:16:17 (51.2%)	6:21	9.4 (48.7%)
1130	OWCZARZ Łukasz	583		M-30	258	00:00:47	00:31:50.65	00:32:37.80	+00:16:19 (51.2%)	6:22	9.4 (48.7%)
1131	DUTKIEWICZ Urszula	751	TKKF KOLEJARZ BYDGOSZCZ	K-30	150	00:01:16	00:31:50.85	00:33:06.95	+00:16:19 (51.2%)	6:22	9.4 (48.7%)
1132	HEJANKOWSKI Sebastian	999		M-30	259	00:01:15	00:31:51.00	00:33:06.75	+00:16:19 (51.3%)	6:22	9.4 (48.7%)
1133	WYPYCH-KLUNDER Katarzyna	719		K-30	151	00:00:28	00:31:51.45	00:32:20.20	+00:16:19 (51.3%)	6:22	9.4 (48.7%)
1134	RASSALSKA-KAUSA Jola	12		K-40	98	00:00:57	00:31:51.60	00:32:48.80	+00:16:20 (51.3%)	6:22	9.4 (48.7%)
1135	MARASZEK Dorota	690		K-20	120	00:01:32	00:31:53.65	00:33:25.80	+00:16:22 (51.3%)	6:22	9.4 (48.7%)
1136	LUBIŃSKI Robert	878	CS GROUP RUNNERS TEAM	M-30	260	00:01:04	00:31:56.55	00:33:01.05	+00:16:24 (51.4%)	6:23	9.4 (48.7%)
1137	MAJKOWSKA-LUBIŃSKA Judyta	877	CS GROUP RUNNERS TEAM	K-20	121	00:01:01	00:31:59.35	00:33:01.10	+00:16:27 (51.5%)	6:24	9.4 (48.7%)
1138	BIELUSZEWSKI Artur	597	BBTS	M-40	186	00:01:20	00:32:02.80	00:33:23.65	+00:16:31 (51.5%)	6:24	9.4 (48.7%)
1139	ZAREMBA Rafał	338		M-30	261	00:01:18	00:32:03.65	00:33:22.10	+00:16:32 (51.6%)	6:24	9.4 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1140	GRZYBOWSKA Paulina	566		K-20	122	00:01:32	00:32:08.80	00:33:40.80	+00:16:37 (51.7%)	6:25	9.3 (48.2%)
1141	KUŁAKOWSKI Robert	1131	#BBKTS	M-40	187	00:00:26	00:32:09.75	00:32:36.45	+00:16:38 (51.7%)	6:26	9.3 (48.2%)
1142	MOCARSKA Monika	1390	PRZYJACIÓŁKI	K-30	152	00:00:39	00:32:10.05	00:32:49.60	+00:16:38 (51.7%)	6:26	9.3 (48.2%)
1143	STREHLKE Łukasz	1385	AKPIAMETAL	M-30	262	00:00:33	00:32:12.45	00:32:46.35	+00:16:40 (51.8%)	6:26	9.3 (48.2%)
1144	STREHLKE Szymon	1416	AKPIAMETAL	M-10	69	00:00:33	00:32:12.65	00:32:46.25	+00:16:41 (51.8%)	6:26	9.3 (48.2%)
1145	WIŚNIEWSKI Adam	36		M-30	263	00:01:11	00:32:15.20	00:33:27.00	+00:16:43 (51.9%)	6:27	9.3 (48.2%)
1146	DUDZIAK Michał	96	CPR BYDGOSZCZ	M-30	264	00:01:18	00:32:20.40	00:33:39.35	+00:16:48 (52.0%)	6:28	9.3 (48.2%)
1147	LISEWSKA Marta	1408		K-20	123	00:01:36	00:32:21.75	00:33:57.80	+00:16:50 (52.0%)	6:28	9.3 (48.2%)
1148	CHWIAŁKOWSKI Maksymilian	1279		M-10	70	00:01:26	00:32:29.60	00:33:56.45	+00:16:58 (52.2%)	6:30	9.2 (47.7%)
1149	DUDZIAK Adam	1159	URZĄD MIASTA BYDGOSZCZY	M-40	188	00:01:38	00:32:29.65	00:34:07.75	+00:16:58 (52.2%)	6:29	9.2 (47.7%)
1150	CELUSTA Sylwia	1367	IMMORTAL	K-40	99	00:01:02	00:32:31.85	00:33:34.65	+00:17:00 (52.3%)	6:30	9.2 (47.7%)
1151	DANILEWICZ Ryszard	1410		M-40	189	00:00:35	00:32:32.05	00:33:07.95	+00:17:00 (52.3%)	6:30	9.2 (47.7%)
1152	TUCZKOWSKA Joanna	656		K-20	124	00:01:28	00:32:32.30	00:34:00.35	+00:17:00 (52.3%)	6:30	9.2 (47.7%)
1153	BALCERZAK DANILEWICZ Katarzyna	1409		K-30	153	00:00:35	00:32:32.75	00:33:08.05	+00:17:01 (52.3%)	6:30	9.2 (47.7%)
1154	SKOWRON Monika	657		K-30	154	00:01:27	00:32:33.20	00:34:00.65	+00:17:01 (52.3%)	6:30	9.2 (47.7%)
1155	CHWIAŁKOWSKA Joanna	1278		K-40	100	00:01:26	00:32:33.55	00:33:59.85	+00:17:01 (52.3%)	6:30	9.2 (47.7%)
1156	ZWOLIŃSKA Karolina	1277		K-20	125	00:01:26	00:32:34.05	00:34:00.10	+00:17:02 (52.3%)	6:30	9.2 (47.7%)
1157	LENC Agnieszka	1207	POLONIA BYDGOSZCZ	K-30	155	00:01:33	00:32:35.75	00:34:08.95	+00:17:04 (52.4%)	6:31	9.2 (47.7%)
1158	JEDRZEJCZYK Jacek	397		M-40	190	00:00:38	00:32:42.60	00:33:20.65	+00:17:11 (52.5%)	6:32	9.2 (47.7%)
1159	JEDRZEJCZYK Iwona	399		K-40	101	00:00:37	00:32:42.90	00:33:20.45	+00:17:11 (52.5%)	6:32	9.2 (47.7%)
1160	WARSZAWSKA Beata	820		K-40	102	00:01:17	00:32:43.95	00:34:01.25	+00:17:12 (52.6%)	6:32	9.2 (47.7%)
1161	GÓZDŹ Hanna	1189	JAŚ BIEGA	K-60+	5	00:00:30	00:32:44.15	00:33:14.20	+00:17:12 (52.6%)	6:32	9.2 (47.7%)
1162	ORLIŃSKI Andrzej	1033		M-40	191	00:01:14	00:32:45.30	00:34:00.05	+00:17:13 (52.6%)	6:33	9.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
1163	KĄTNIK Dorota	253	RUN PASJA	K-30	156	00:00:18	00:32:48.35	00:33:06.75	+00:17:16 (52.7%)	6:33	9.1 (47.2%)
1164	NOWAKOWSKA Patrycja	249		K-20	126	00:00:18	00:32:48.50	00:33:07.15	+00:17:16 (52.7%)	6:33	9.1 (47.2%)
1165	PATRZAŁEK Tomasz	616		M-40	192	00:00:34	00:32:50.80	00:33:24.90	+00:17:19 (52.7%)	6:34	9.1 (47.2%)
1166	GROCHOWSKI Patryk	180		M-30	265	00:01:07	00:32:52.65	00:34:00.05	+00:17:21 (52.8%)	6:34	9.1 (47.2%)
1167	SCHLABS Magdalena	173		K-20	127	00:01:06	00:32:53.20	00:33:59.85	+00:17:21 (52.8%)	6:34	9.1 (47.2%)
1168	SKARBIŃSKI Krzysztof	1323		M-20	137	00:01:12	00:32:56.35	00:34:09.05	+00:17:24 (52.9%)	6:35	9.1 (47.2%)
1169	OLSZEWSKA Karolina	712		K-30	157	00:01:12	00:32:58.50	00:34:10.65	+00:17:26 (52.9%)	6:35	9.1 (47.2%)
1170	KAŁUŻNA Antonina	1485	OFTALMIKA	K-10	31	00:00:52	00:32:58.90	00:33:51.35	+00:17:27 (52.9%)	6:35	9.1 (47.2%)
1171	MOCNA Anna	737		K-20	128	00:01:07	00:32:59.70	00:34:06.85	+00:17:28 (52.9%)	6:35	9.1 (47.2%)
1172	PÓŁGĘSEK Rafał	243		M-40	193	00:01:04	00:33:06.70	00:34:11.35	+00:17:35 (53.1%)	6:37	9.1 (47.2%)
1173	CZUBEK Bartek	272		M-30	266	00:01:36	00:33:08.75	00:34:45.00	+00:17:37 (53.2%)	6:37	9 (46.6%)
1174	MOCZYŃSKA Maria	862		K-60+	6	00:01:00	00:33:10.75	00:34:11.25	+00:17:39 (53.2%)	6:38	9 (46.6%)
1175	KORNACKA Sylwia	856		K-40	103	00:00:14	00:33:13.60	00:33:27.70	+00:17:42 (53.3%)	6:38	9 (46.6%)
1176	CENTAŁA Jarosław	1261	CIASTECZKOWE POTWORKI	M-30	267	00:01:27	00:33:18.20	00:34:45.60	+00:17:46 (53.4%)	6:39	9 (46.6%)
1177	RADATZ Magdalena	886		K-20	129	00:01:12	00:33:19.45	00:34:32.15	+00:17:47 (53.4%)	6:40	9 (46.6%)
1178	LEBA Monika	907		K-20	130	00:01:12	00:33:22.20	00:34:35.05	+00:17:50 (53.5%)	6:40	9 (46.6%)
1179	CZAJKOWSKI Maciej	1177		M-10	71	00:00:15	00:33:22.35	00:33:37.95	+00:17:50 (53.5%)	6:40	9 (46.6%)
1180	CZAJKOWSKA Patrycja	1178		K-30	158	00:00:16	00:33:22.50	00:33:39.10	+00:17:50 (53.5%)	6:40	9 (46.6%)
1181	RYBKA Magdalena	42	NOKIA TEAM	K-30	159	00:00:45	00:33:22.55	00:34:07.55	+00:17:50 (53.5%)	6:40	9 (46.6%)
1182	KAŁEK Artur	846	KLINIKA TRIATHLONU BYDGOSZCZ	M-40	194	00:01:13	00:33:28.55	00:34:42.35	+00:17:56 (53.6%)	6:41	9 (46.6%)
1183	KALEK Iwona	847		K-40	104	00:01:13	00:33:28.65	00:34:42.25	+00:17:57 (53.6%)	6:41	9 (46.6%)
1184	JAWORSKI Krzysztof	949		M-40	195	00:01:13	00:33:29.70	00:34:43.15	+00:17:58 (53.6%)	6:42	9 (46.6%)
1185	KOŁODZIŃSKI Łukasz	988		M-20	138	00:00:12	00:33:31.95	00:33:44.35	+00:18:00 (53.7%)	6:42	8.9 (46.1%)
1186	ZIĘTARA Wiktoria	771		K-10	32	00:00:08	00:33:32.20	00:33:40.20	+00:18:00 (53.7%)	6:42	8.9 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1187	CHYŁKOWSKA Marta	993		K-20	131	00:00:11	00:33:32.50	00:33:44.35	+00:18:00 (53.7%)	6:42	8.9 (46.1%)
1188	KUŹNIAR Patryk	371		M-20	139	00:01:26	00:33:38.35	00:35:04.35	+00:18:06 (53.8%)	6:43	8.9 (46.1%)
1189	ZAWORSKA Anna	718		K-20	132	00:00:31	00:33:41.15	00:34:12.30	+00:18:09 (53.9%)	6:44	8.9 (46.1%)
1190	BOJARSKI Jarosław	941		M-50	51	00:01:33	00:33:43.25	00:35:16.80	+00:18:11 (54.0%)	6:44	8.9 (46.1%)
1191	BOJARSKA Bożena	985		K-40	105	00:01:33	00:33:43.80	00:35:17.00	+00:18:12 (54.0%)	6:44	8.9 (46.1%)
1192	PYJOS Marcin	1356	ATOS	M-30	268	00:00:40	00:33:47.15	00:34:27.90	+00:18:15 (54.0%)	6:45	8.9 (46.1%)
1193	ZALEWSKI Łukasz	133		M-40	196	00:01:44	00:33:47.50	00:35:31.95	+00:18:15 (54.1%)	6:45	8.9 (46.1%)
1194	PTASZYŃSKI Mateusz	1406		M-20	140	00:01:35	00:33:48.95	00:35:24.20	+00:18:17 (54.1%)	6:45	8.9 (46.1%)
1195	PTASZYŃSKA Agnieszka	1407		K-20	133	00:01:35	00:33:49.05	00:35:24.35	+00:18:17 (54.1%)	6:45	8.9 (46.1%)
1196	BIERNACKA Julia	811		K-10	33	00:01:27	00:33:50.05	00:35:17.75	+00:18:18 (54.1%)	6:46	8.9 (46.1%)
1197	SAWKÓW Ola	816	GALOPUJĄCE SAFANDUŁY	K-40	106	00:00:43	00:33:53.40	00:34:36.80	+00:18:21 (54.2%)	6:46	8.9 (46.1%)
1198	PISKOZUB Halina	839		K-40	107	00:00:42	00:33:53.80	00:34:36.75	+00:18:22 (54.2%)	6:46	8.8 (45.6%)
1199	BARANOWSKA Izabela	494	DECATHLON TEAM INOWROCŁAW	K-50	18	00:00:33	00:33:55.75	00:34:29.15	+00:18:24 (54.2%)	6:47	8.8 (45.6%)
1200	ZIELIŃSKA Kamila	952	HARPAGAN TEAM BYDGOSZCZ	K-20	134	00:00:45	00:33:56.95	00:34:42.00	+00:18:25 (54.3%)	6:47	8.8 (45.6%)
1201	KRAJNIAK Jarosław	906	HARPAGAN TEAM BYDGOSZCZ	M-20	141	00:00:45	00:33:57.00	00:34:42.30	+00:18:25 (54.3%)	6:47	8.8 (45.6%)
1202	NOWAKOWSKA Anna	143		K-30	160	00:01:16	00:34:09.10	00:35:25.95	+00:18:37 (54.5%)	6:49	8.8 (45.6%)
1203	KISZKA Justyna	208	RUN PASJA	K-30	161	00:00:51	00:34:10.75	00:35:01.80	+00:18:39 (54.6%)	6:50	8.8 (45.6%)
1204	FURGAŁA-KUJAWA Anna	598		K-30	162	00:01:02	00:34:23.85	00:35:26.10	+00:18:52 (54.9%)	6:52	8.7 (45.1%)
1205	TOKARSKA Agnieszka	1026		K-40	108	00:00:15	00:34:24.40	00:34:39.60	+00:18:52 (54.9%)	6:52	8.7 (45.1%)
1206	JAWORSKI Marek	1463	0	M-30	269	00:01:23	00:34:55.05	00:36:18.05	+00:19:23 (55.5%)	6:59	8.6 (44.6%)
1207	STASIAK Renata	1271		K-50	19	00:01:41	00:34:58.40	00:36:39.50	+00:19:26 (55.6%)	6:59	8.6 (44.6%)
1208	KARDASIŃSKA Marta	594		K-20	135	00:01:38	00:34:59.90	00:36:38.75	+00:19:28 (55.6%)	7:00	8.6 (44.6%)
1209	PORA Dariusz	1039		M-50	52	00:01:00	00:35:02.85	00:36:03.45	+00:19:31 (55.7%)	7:00	8.6 (44.6%)
1210	PORA Julia	1040		K-10	34	00:00:59	00:35:03.40	00:36:03.35	+00:19:31 (55.7%)	7:00	8.6 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1211	KUZIĄK Aleksandra	1264		K-50	20	00:01:41	00:35:07.55	00:36:49.10	+00:19:35 (55.8%)	7:01	8.5 (44.0%)
1212	BIELENNY Michał	652		M-60+	14	00:01:33	00:35:20.00	00:36:53.70	+00:19:48 (56.1%)	7:04	8.5 (44.0%)
1213	BIELENNNA Eliza	653		K-40	109	00:01:33	00:35:20.45	00:36:53.55	+00:19:48 (56.1%)	7:04	8.5 (44.0%)
1214	POCHOWSKI Mariusz	1384		M-30	270	00:01:08	00:35:23.75	00:36:31.80	+00:19:52 (56.1%)	7:04	8.5 (44.0%)
1215	MARC Natalia	1388		K-30	163	00:01:07	00:35:23.80	00:36:31.75	+00:19:52 (56.1%)	7:04	8.5 (44.0%)
1216	MAJEWSKI Tomasz	1332	SZKOŁA PODSTAWOWA NR 66 W BYDGOSZCZY	M-40	197	00:01:47	00:35:27.30	00:37:14.55	+00:19:55 (56.2%)	7:05	8.5 (44.0%)
1217	ZALEWSKA Justyna	137		K-40	110	00:00:00	00:35:32.50	00:35:32.50	+00:20:00 (56.3%)	7:06	8.4 (43.5%)
1218	DOMAN Patrycja	1230	OCULUS - NIEWIDOMI	K-10	35	00:01:04	00:35:35.95	00:36:40.60	+00:20:04 (56.4%)	7:07	8.4 (43.5%)
1219	HEYMANN Maria	1352		K-50	21	00:01:38	00:35:39.15	00:37:17.85	+00:20:07 (56.4%)	7:07	8.4 (43.5%)
1220	FOLHER Jagoda	1237	OCULUS - NIEWIDOMI	K-10	36	00:01:04	00:35:39.45	00:36:43.90	+00:20:07 (56.5%)	7:07	8.4 (43.5%)
1221	JAROCH Magdalena	103	ZS 19	K-Open	4	00:01:11	00:35:43.40	00:36:54.75	+00:20:11 (56.5%)	7:08	8.4 (43.5%)
1222	ŚCIŚLAK Wojciech	1096		M-20	142	00:00:25	00:35:44.15	00:36:09.35	+00:20:12 (56.6%)	7:08	8.4 (43.5%)
1223	KUKUŁA Aleksandra	411		K-20	136	00:01:34	00:35:52.30	00:37:26.45	+00:20:20 (56.7%)	7:10	8.4 (43.5%)
1224	RESMER Anna	294		K-40	111	00:00:22	00:35:53.25	00:36:15.90	+00:20:21 (56.7%)	7:10	8.4 (43.5%)
1225	KOWALSKI Tymoteusz	973		M-10	72	00:01:34	00:35:53.60	00:37:28.15	+00:20:22 (56.7%)	7:10	8.4 (43.5%)
1226	ŁAKOMSKA Anna	183		K-40	112	00:00:22	00:35:53.65	00:36:15.85	+00:20:22 (56.7%)	7:10	8.4 (43.5%)
1227	SAPA Dariusz	1255	BYDGOSKIE ŻÓŁWIE	M-50	53	00:01:23	00:35:53.85	00:37:17.65	+00:20:22 (56.7%)	7:10	8.4 (43.5%)
1228	KOWALSKI Piotr	971		M-40	198	00:01:34	00:35:55.30	00:37:29.65	+00:20:23 (56.8%)	7:11	8.4 (43.5%)
1229	FOLERZYŃSKA Sandra	1303		K-20	137	00:00:28	00:35:57.60	00:36:26.20	+00:20:26 (56.8%)	7:11	8.3 (43.0%)
1230	KAŁUŻNA Agnieszka	1291	OFTALMIKA	K-40	113	00:00:52	00:35:57.90	00:36:50.35	+00:20:26 (56.8%)	7:11	8.3 (43.0%)
1231	SROCZYŃSKA Aldona	902	POLONIA BYDGOSZCZ SLA	K-50	22	00:01:32	00:35:58.75	00:37:31.35	+00:20:27 (56.8%)	7:11	8.3 (43.0%)
1232	SROCZYŃSKA Marta	904	POLONIA BYDGOSZCZ SLA	K-20	138	00:01:32	00:35:59.30	00:37:31.65	+00:20:27 (56.9%)	7:11	8.3 (43.0%)
1233	KONARZEWSKA Jolanta	167		K-40	114	00:00:36	00:36:11.15	00:36:48.10	+00:20:39 (57.1%)	7:14	8.3 (43.0%)
1234	KAMIŃSKI Jakub	80	QBOWICZ RODZINNA MAFIA BIEGOWA	M-10	73	00:01:12	00:36:12.95	00:37:25.50	+00:20:41 (57.1%)	7:14	8.3 (43.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1235	KUBOWICZ-KAMIŃSKA Hania	78	QBOWICZ RODZINNA MAFIA BIEGOWA	K-30	164	00:01:12	00:36:13.80	00:37:26.10	+00:20:42 (57.1%)	7:14	8.3 (43.0%)
1236	KOWALSKA Zuzanna	974		K-10	37	00:01:35	00:36:16.55	00:37:52.10	+00:20:44 (57.2%)	7:15	8.3 (43.0%)
1237	FEDOROWSKA Oliwia	576		K-10	38	00:01:35	00:36:18.65	00:37:54.35	+00:20:47 (57.2%)	7:15	8.3 (43.0%)
1238	KOWALSKA Anna	972		K-30	165	00:01:35	00:36:19.25	00:37:54.25	+00:20:47 (57.3%)	7:15	8.3 (43.0%)
1239	ŁANOCH Janusz	1043		M-50	54	00:01:01	00:36:21.40	00:37:22.45	+00:20:49 (57.3%)	7:16	8.3 (43.0%)
1240	KALINOWSKA Joanna	709		K-30	166	00:00:33	00:36:22.35	00:36:55.85	+00:20:50 (57.3%)	7:16	8.2 (42.5%)
1241	ROGOZIECKA Paulina	1307		K-30	167	00:00:03	00:36:24.85	00:36:28.05	+00:20:53 (57.4%)	7:17	8.2 (42.5%)
1242	KONARZEWSKA Hanna	169		K-10	39	00:00:00	00:36:41.75	00:36:41.75	+00:21:10 (57.7%)	7:20	8.2 (42.5%)
1243	BULIŃSKI Arkadiusz	987		M-30	271	00:01:25	00:37:10.50	00:38:35.85	+00:21:38 (58.2%)	7:26	8.1 (42.0%)
1244	LEMPEK Wiktoria	890		K-10	40	00:01:42	00:37:12.90	00:38:55.45	+00:21:41 (58.3%)	7:26	8.1 (42.0%)
1245	LEMPEK Dominika	891	BŁĘKITNY DELFIN	K-10	41	00:01:42	00:37:13.00	00:38:55.45	+00:21:41 (58.3%)	7:26	8.1 (42.0%)
1246	SCHUETZMANN Patrycja	969		K-30	168	00:01:22	00:37:13.10	00:38:35.65	+00:21:41 (58.3%)	7:26	8.1 (42.0%)
1247	KEMPA Julia	768	BŁĘKITNY DELFIN	K-10	42	00:01:42	00:37:13.50	00:38:55.55	+00:21:41 (58.3%)	7:26	8.1 (42.0%)
1248	KEMPA Arkadiusz	767		M-40	199	00:01:41	00:37:14.10	00:38:55.75	+00:21:42 (58.3%)	7:26	8.1 (42.0%)
1249	WIECZOREK Jolanta	147		K-30	169	00:01:37	00:37:20.85	00:38:58.10	+00:21:49 (58.4%)	7:28	8 (41.5%)
1250	LIBERA Sabina	738		K-40	115	00:01:05	00:37:24.00	00:38:29.45	+00:21:52 (58.5%)	7:28	8 (41.5%)
1251	WENGLER Paulina	780		K-30	170	00:00:29	00:37:29.60	00:37:58.85	+00:21:58 (58.6%)	7:29	8 (41.5%)
1252	WENGLER Sebastian	779		M-40	200	00:00:28	00:37:30.05	00:37:58.70	+00:21:58 (58.6%)	7:30	8 (41.5%)
1253	WALCZAK Marcin	641		M-40	201	00:00:44	00:37:35.30	00:38:19.50	+00:22:03 (58.7%)	7:31	8 (41.5%)
1254	NOWACKA Jolanta	881		K-40	116	00:01:24	00:38:03.10	00:39:27.60	+00:22:31 (59.2%)	7:36	7.9 (40.9%)
1255	RAPKIEWICZ Ilona	1466		K-30	171	00:00:43	00:38:06.45	00:38:49.45	+00:22:34 (59.3%)	7:37	7.9 (40.9%)
1256	WOŹNIAK Monika	1467		K-40	117	00:00:43	00:38:06.60	00:38:49.90	+00:22:35 (59.3%)	7:37	7.9 (40.9%)
1257	WASIELEWSKA-KASZUBOWSKA Julietta	336		K-20	139	00:01:28	00:38:16.50	00:39:45.35	+00:22:44 (59.4%)	7:39	7.8 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1258	KASZUBOWSKI Daniel	339		M-20	143	00:01:29	00:38:16.75	00:39:45.90	+00:22:45 (59.4%)	7:39	7.8 (40.4%)
1259	KONARZEWSKI Arkadiusz	166		M-40	202	00:00:36	00:39:02.25	00:39:38.80	+00:23:30 (60.2%)	7:48	7.7 (39.9%)
1260	HAMES Łukasz	731		M-30	272	00:01:17	00:39:03.45	00:40:21.05	+00:23:31 (60.2%)	7:48	7.7 (39.9%)
1261	RUDNICKI Michał	1327	TASAK TEAM	M-30	273	00:01:42	00:39:15.30	00:40:58.05	+00:23:43 (60.4%)	7:51	7.6 (39.4%)
1262	GÓRSKA Joanna	202	TASAK TEAM	K-30	172	00:01:42	00:39:15.40	00:40:57.75	+00:23:43 (60.4%)	7:51	7.6 (39.4%)
1263	RUDNICKA Karolina	174	TASAK TEAM	K-30	173	00:01:42	00:39:16.05	00:40:58.05	+00:23:44 (60.5%)	7:51	7.6 (39.4%)
1264	KROPIŃSKA Monika	865		K-30	174	00:01:33	00:39:24.50	00:40:57.95	+00:23:52 (60.6%)	7:52	7.6 (39.4%)
1265	DULIŃSKI Radosław	959	SP NIEMCZ	M-10	74	00:01:13	00:39:56.85	00:41:10.50	+00:24:25 (61.1%)	7:59	7.5 (38.9%)
1266	DULIŃSKA Dorota	955	TRISPACE	K-40	118	00:01:14	00:39:57.35	00:41:12.15	+00:24:25 (61.1%)	7:59	7.5 (38.9%)
1267	KAWA Liliana	725		K-10	43	00:01:21	00:41:17.80	00:42:39.75	+00:25:46 (62.4%)	8:15	7.3 (37.8%)
1268	MAZANOWSKA Ewa	47		K-40	119	00:01:22	00:41:18.50	00:42:41.15	+00:25:46 (62.4%)	8:15	7.3 (37.8%)
1269	KAWA Marcin	824	CUKIER & SERCE	M-40	203	00:01:22	00:41:19.00	00:42:41.00	+00:25:47 (62.4%)	8:15	7.3 (37.8%)
1270	FEDOROWSKA Joanna	575		K-30	175	00:01:35	00:41:20.35	00:42:56.05	+00:25:48 (62.4%)	8:16	7.3 (37.8%)
1271	STEFAŃSKI Krzysztof	882		M-40	204	00:01:22	00:41:26.70	00:42:48.75	+00:25:55 (62.5%)	8:17	7.2 (37.3%)
1272	KUCHARSKA Adrianna	499		K-10	44	00:00:50	00:41:53.65	00:42:43.85	+00:26:22 (62.9%)	8:22	7.2 (37.3%)
1273	KARAŚ Anna	1217		K-40	120	00:00:55					(0.0%)
1274	OLENDRZYŃSKI Mateusz	1229	OCULUS - NIEWIDOMI	M-10	75	00:01:03					(0.0%)
1275	MYLER Georgina	1228	OCULUS - NIEWIDOMI	K-60+	7	00:01:03					(0.0%)
1276	IKS Patryk	1214	OCULUS - NIEWIDOMI	M-20	144	00:01:04					(0.0%)

Znaleziono 1276 wynik(ów)