



Organizator:
Data:
Miejsce:
Dystans:

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2018

Aktywna Bydgoszcz
2018-11-11
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PALACZ Wioletta	296		K-40	1	00:00:07	00:20:26.60	00:20:34.20		4:05	14.7 (100%)
2	ANDRZEJAK Sylwia	201		K-40	2	00:00:24	00:22:05.65	00:22:29.80	+00:01:39 (7.5%)	4:25	13.6 (92.5%)
3	GONIA Alicja	146		K-40	3	00:00:27	00:22:27.95	00:22:55.50	+00:02:01 (9.0%)	4:29	13.4 (91.2%)
4	HORYD Justyna	55		K-40	4	00:00:56	00:23:06.10	00:24:02.15	+00:02:39 (11.5%)	4:37	13 (88.4%)
5	BARTOS Ligia	231	WTORKOWY TRENING GRUDZIĄDZ	K-40	5	00:00:16	00:23:22.10	00:23:38.90	+00:02:55 (12.5%)	4:40	12.8 (87.1%)
6	MUSS Karolina	1076		K-40	6	00:01:10	00:23:48.95	00:24:59.55	+00:03:22 (14.2%)	4:45	12.6 (85.7%)
7	GIERSZEWSKA Grazyna	129		K-40	7	00:00:48	00:23:53.10	00:24:41.90	+00:03:26 (14.4%)	4:46	12.6 (85.7%)
8	GROBELNA Angelika	258	BYDGOSZCZ NA START	K-40	8	00:00:56	00:23:54.10	00:24:51.05	+00:03:27 (14.5%)	4:47	12.5 (85.0%)
9	CICHOŃSKA - BAZAK Marzena	1500	CZARNE STOPY.SM	K-40	9	00:00:08	00:24:02.30	00:24:10.95	+00:03:35 (15.0%)	4:48	12.5 (85.0%)
10	SZYCZEWSKA Ewa	269		K-40	10	00:00:19	00:24:02.85	00:24:22.35	+00:03:36 (15.0%)	4:48	12.5 (85.0%)
11	KWIATKOWSKA Bożena	717		K-40	11	00:00:28	00:24:20.40	00:24:48.55	+00:03:53 (16.0%)	4:52	12.3 (83.7%)
12	WOJCIECHOWSKA Emilia	136		K-40	12	00:00:27	00:24:21.10	00:24:48.90	+00:03:54 (16.0%)	4:52	12.3 (83.7%)
13	ZAMIATOWSKA Kinga	1119	BELLA LINE BDG	K-40	13	00:00:11	00:24:24.10	00:24:35.10	+00:03:57 (16.2%)	4:52	12.3 (83.7%)
14	POLACKA Jadwiga	794		K-40	14	00:00:12	00:24:43.35	00:24:56.25	+00:04:16 (17.3%)	4:56	12.1 (82.3%)
15	CZYŻAK Joanna	1179	AMS	K-40	15	00:00:41	00:24:49.75	00:25:30.75	+00:04:23 (17.7%)	4:57	12.1 (82.3%)
16	JANKOWSKA Katarzyna	808		K-40	16	00:00:49	00:24:53.15	00:25:42.25	+00:04:26 (17.9%)	4:58	12.1 (82.3%)
17	PAWLEWSKA Joanna	1138	SPORTWAY	K-40	17	00:00:38	00:25:00.85	00:25:39.30	+00:04:34 (18.3%)	5:00	12 (81.6%)
18	JURCZYK Ewa	867	AKADEMIA BIEGANIA GRUDZIĄDZ	K-40	18	00:00:48	00:25:07.00	00:25:55.25	+00:04:40 (18.6%)	5:01	11.9 (81.0%)
19	WOŹNIAK Anna	937		K-40	19	00:00:13	00:25:07.05	00:25:21.00	+00:04:40 (18.6%)	5:01	11.9 (81.0%)
20	PORAZINSKA Viktoria	273	BYDGOSZCZ NA START	K-40	20	00:00:57	00:25:13.25	00:26:10.60	+00:04:46 (18.9%)	5:02	11.9 (81.0%)
21	RAKAŁOWICZ Justyna	349	ATOS	K-40	21	00:00:26	00:25:14.15	00:25:40.25	+00:04:47 (19.0%)	5:02	11.9 (81.0%)
22	RZEPECKA Katarzyna	377		K-40	22	00:01:11	00:25:19.40	00:26:30.40	+00:04:52 (19.3%)	5:03	11.8 (80.3%)
23	HAUS Katarzyna	426	BBL SZUBIN	K-40	23	00:00:12	00:25:22.30	00:25:34.45	+00:04:55 (19.4%)	5:04	11.8 (80.3%)
24	STEJUK Aleksandra	1093	AMS TRIATHLON	K-40	24	00:00:39	00:25:51.90	00:26:31.55	+00:05:25 (21.0%)	5:10	11.6 (78.9%)
25	PESZYŃSKA Joanna	845		K-40	25	00:00:12	00:25:53.00	00:26:05.90	+00:05:26 (21.0%)	5:10	11.6 (78.9%)
26	ANDRZEJEWSKA Joanna	931		K-40	26	00:00:22	00:25:56.65	00:26:18.70	+00:05:30 (21.2%)	5:11	11.6 (78.9%)
27	ROMIANOWSKA Agnieszka	530		K-40	27	00:00:30	00:26:04.70	00:26:35.10	+00:05:38 (21.6%)	5:13	11.5 (78.2%)
28	KAMPER Małgorzata	769		K-40	28	00:01:18	00:26:05.05	00:27:23.35	+00:05:38 (21.6%)	5:13	11.5 (78.2%)
29	BURCZYK Katarzyna	516		K-40	29	00:01:36	00:26:14.85	00:27:51.35	+00:05:48 (22.1%)	5:15	11.4 (77.6%)
30	BOULGE Beata	360		K-40	30	00:00:53	00:26:15.30	00:27:08.85	+00:05:48 (22.1%)	5:15	11.4 (77.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	MARCZEWSKA Małgorzata	557	JW3775 CHOJNICE	K-40	31	00:00:42	00:26:23.75	00:27:05.95	+00:05:57 (22.6%)	5:16	11.4 (77.6%)
32	CHODUR Agnieszka	122	BYDGOSZCZ NA START	K-40	32	00:00:56	00:26:26.25	00:27:22.75	+00:05:59 (22.7%)	5:17	11.3 (76.9%)
33	SZAJDA Magdalena	1316		K-40	33	00:00:15	00:26:27.25	00:26:42.95	+00:06:00 (22.7%)	5:17	11.3 (76.9%)
34	JĘDRYCZKA Agnieszka	1027		K-40	34	00:00:55	00:26:29.55	00:27:24.85	+00:06:02 (22.8%)	5:17	11.3 (76.9%)
35	STIMMA Anna	1391	LUBIĘ SOBIE POBIEGAĆ	K-40	35	00:00:11	00:26:34.70	00:26:46.55	+00:06:08 (23.1%)	5:19	11.3 (76.9%)
36	NUNZEK Agnieszka	745		K-40	36	00:01:31	00:26:40.50	00:28:11.85	+00:06:13 (23.4%)	5:20	11.3 (76.9%)
37	FUZ Gabriela	87	KABEL TEAM BYDGOSZCZ	K-40	37	00:01:01	00:26:44.90	00:27:46.30	+00:06:18 (23.6%)	5:21	11.2 (76.2%)
38	DURAŁEK Anna	466		K-40	38	00:01:06	00:26:51.30	00:27:58.20	+00:06:24 (23.9%)	5:22	11.2 (76.2%)
39	KRÓL Katarzyna	630		K-40	39	00:00:36	00:26:51.70	00:27:28.00	+00:06:25 (23.9%)	5:22	11.2 (76.2%)
40	MALATYŃSKA Barbara	1019		K-40	40	00:00:54	00:26:52.20	00:27:46.45	+00:06:25 (23.9%)	5:22	11.2 (76.2%)
41	NAROŻNIAK Justyna	978		K-40	41	00:00:39	00:26:56.75	00:27:35.75	+00:06:30 (24.1%)	5:23	11.1 (75.5%)
42	BEDNAREK Grażyna	1191	RUN PASJA	K-40	42	00:01:17	00:27:02.65	00:28:20.15	+00:06:36 (24.4%)	5:24	11.1 (75.5%)
43	SUCHODOLSKA Agnieszka	1012		K-40	43	00:00:08	00:27:04.05	00:27:12.95	+00:06:37 (24.5%)	5:24	11.1 (75.5%)
44	KORBEL Ewa	1249		K-40	44	00:00:45	00:27:07.40	00:27:53.20	+00:06:40 (24.6%)	5:25	11.1 (75.5%)
45	RADWANSKA Monika	744		K-40	45	00:01:35	00:27:08.45	00:28:43.70	+00:06:41 (24.7%)	5:25	11.1 (75.5%)
46	RYDELSKA Kinga	348		K-40	46	00:00:37	00:27:13.55	00:27:51.10	+00:06:46 (24.9%)	5:26	11 (74.8%)
47	KOCHAŃSKA Wioletta	626		K-40	47	00:00:46	00:27:22.45	00:28:08.80	+00:06:55 (25.3%)	5:28	11 (74.8%)
48	MAZUREK Anita	727		K-40	48	00:01:20	00:27:23.80	00:28:44.60	+00:06:57 (25.4%)	5:28	10.9 (74.1%)
49	KASPRZAK Ewa	1382	PRZYJACIÓŁKI	K-40	49	00:00:39	00:27:28.00	00:28:07.85	+00:07:01 (25.6%)	5:29	10.9 (74.1%)
50	KĘDZIERSKA Marzena	961		K-40	50	00:00:20	00:27:30.45	00:27:51.10	+00:07:03 (25.7%)	5:30	10.9 (74.1%)
51	FILIPEK Mirosława	106		K-40	51	00:00:17	00:27:31.05	00:27:48.20	+00:07:04 (25.7%)	5:30	10.9 (74.1%)
52	SZULC Małgorzata	535		K-40	52	00:00:17	00:27:33.95	00:27:51.80	+00:07:07 (25.8%)	5:30	10.9 (74.1%)
53	WYSMOLIŃSKA Barbara	703		K-40	53	00:00:32	00:27:41.85	00:28:14.15	+00:07:15 (26.2%)	5:32	10.8 (73.5%)
54	PRUS Karolina	355		K-40	54	00:01:08	00:27:43.75	00:28:51.95	+00:07:17 (26.3%)	5:32	10.8 (73.5%)
55	GADZIŃSKA Aleksandra	305		K-40	55	00:00:38	00:27:45.45	00:28:24.35	+00:07:18 (26.4%)	5:33	10.8 (73.5%)
56	DZIŻA-KONICZYŃSKA Zuzanna	649	BYDGOSKI KLUB MORSÓW	K-40	56	00:00:11	00:27:59.30	00:28:10.75	+00:07:32 (27.0%)	5:35	10.7 (72.8%)
57	ZUZA-WITKOWSKA Anna	67	KTR MASA TURYSTYCZNA	K-40	57	00:01:20	00:28:04.40	00:29:25.20	+00:07:37 (27.2%)	5:37	10.7 (72.8%)
58	LENSER Ewa	715	SOLECCY BIEGACZE	K-40	58	00:01:02	00:28:07.75	00:29:10.25	+00:07:41 (27.3%)	5:37	10.7 (72.8%)
59	BRAŹKIEWCZ Izabela	217		K-40	59	00:00:19	00:28:12.45	00:28:31.70	+00:07:45 (27.5%)	5:38	10.6 (72.1%)
60	MAZUR Agnieszka	53		K-40	60	00:00:14	00:28:19.50	00:28:33.65	+00:07:52 (27.8%)	5:39	10.6 (72.1%)
61	SZRAMSKA Violetta	176		K-40	61	00:00:21	00:28:48.75	00:29:09.90	+00:08:22 (29.0%)	5:45	10.4 (70.7%)
62	CHILEWSKA Lidia	525	CB163	K-40	62	00:01:23	00:28:50.20	00:30:13.20	+00:08:23 (29.1%)	5:46	10.4 (70.7%)
63	RASSALSKA Roma	19		K-40	63	00:00:57	00:28:52.75	00:29:50.25	+00:08:26 (29.2%)	5:46	10.4 (70.7%)
64	SARNECKA Małgorzata	57		K-40	64	00:01:21	00:28:54.70	00:30:15.85	+00:08:28 (29.3%)	5:46	10.4 (70.7%)
65	WUDNIAK Agnieszka	620		K-40	65	00:00:56	00:28:55.90	00:29:52.40	+00:08:29 (29.3%)	5:47	10.4 (70.7%)
66	MICHALAK Anita	179		K-40	66	00:01:34	00:29:03.20	00:30:37.55	+00:08:36 (29.6%)	5:48	10.3 (70.1%)
67	CHMIELEWSKA Agnieszka	1324		K-40	67	00:00:04	00:29:03.75	00:29:07.90	+00:08:37 (29.7%)	5:48	10.3 (70.1%)
68	MEGER Agnieszka	984		K-40	68	00:00:35	00:29:06.70	00:29:41.85	+00:08:40 (29.8%)	5:49	10.3 (70.1%)
69	PIÓRKOWSKA Aga	34	BRB BYDGOSZCZ	K-40	69	00:01:02	00:29:10.05	00:30:12.70	+00:08:43 (29.9%)	5:50	10.3 (70.1%)
70	ZMUDZIŃSKA Anna	1470	TEAM RUN KCYNIA	K-40	70	00:00:02	00:29:13.80	00:29:16.70	+00:08:47 (30.1%)	5:50	10.3 (70.1%)
71	SIERADZKA Małgorzata	897		K-40	71	00:00:58	00:29:16.50	00:30:14.85	+00:08:49 (30.2%)	5:51	10.3 (70.1%)
72	BRZEZIŃSKA-HAFFKE Sylwia	989		K-40	72	00:01:27	00:29:27.85	00:30:55.50	+00:09:01 (30.6%)	5:53	10.2 (69.4%)
73	KŁOS Katarzyna	1336		K-40	73	00:00:03	00:29:34.95	00:29:38.65	+00:09:08 (30.9%)	5:55	10.1 (68.7%)
74	RATAJCZAK Arleta	967		K-40	74	00:00:38	00:29:36.45	00:30:15.20	+00:09:09 (31.0%)	5:55	10.1 (68.7%)

						Czas netto 5km	Czas brutto 5km		Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu		Różn		
75	SZPERA Joanna	290	RUN BYDGOSZCZ	K-40	75	00:00:26	00:29:50.35	00:30:17.00	+00:09:23 (31.5%)	5:58 10.1 (68.7%)
76	MIŁKOWSKA Monika	587		K-40	76	00:00:35	00:29:52.80	00:30:28.35	+00:09:26 (31.6%)	5:58 10 (68.0%)
77	WOJTAL Emilia	1016		K-40	77	00:00:37	00:30:15.45	00:30:53.05	+00:09:48 (32.4%)	6:03 9.9 (67.3%)
78	SKORNIA Agata	62		K-40	78	00:01:29	00:30:19.55	00:31:49.50	+00:09:52 (32.6%)	6:04 9.9 (67.3%)
79	SUDOŁ Karolina	1086		K-40	79	00:01:08	00:30:20.05	00:31:28.70	+00:09:53 (32.6%)	6:04 9.9 (67.3%)
80	POCZWARDOWSKA Wioletta	819	OFTALMIKA	K-40	80	00:01:01	00:30:26.95	00:31:28.10	+00:10:00 (32.9%)	6:05 9.9 (67.3%)
81	ZIELIŃSKA Dorota	227		K-40	81	00:00:14	00:30:31.65	00:30:46.60	+00:10:05 (33.0%)	6:06 9.8 (66.7%)
82	JANOWSKA Renata	1048		K-40	82	00:01:30	00:30:44.75	00:32:15.65	+00:10:18 (33.5%)	6:09 9.8 (66.7%)
83	KOCHANOWSKA Joanna	1447		K-40	83	00:00:51	00:30:45.20	00:31:36.75	+00:10:18 (33.5%)	6:09 9.8 (66.7%)
84	ZECH Izabela	1170		K-40	84	00:01:42	00:30:54.90	00:32:36.90	+00:10:28 (33.9%)	6:10 9.7 (66.0%)
85	FOJUTOWSKA Hanna	1456	OGRODY	K-40	85	00:01:13	00:30:56.70	00:32:10.60	+00:10:30 (33.9%)	6:11 9.7 (66.0%)
86	GRALLA Aida	1099		K-40	86	00:01:36	00:31:05.45	00:32:41.85	+00:10:38 (34.2%)	6:13 9.7 (66.0%)
87	BUDZIAK Mirosława	408		K-40	87	00:00:48	00:31:05.80	00:31:54.55	+00:10:39 (34.3%)	6:13 9.6 (65.3%)
88	CHWIEDUK Magdalena	429		K-40	88	00:00:48	00:31:06.05	00:31:54.90	+00:10:39 (34.3%)	6:13 9.6 (65.3%)
89	LEMAŃSKA Magdalena	672		K-40	89	00:01:12	00:31:08.75	00:32:21.35	+00:10:42 (34.4%)	6:13 9.6 (65.3%)
90	DRABIK Karolina	650	IMMORTAL	K-40	90	00:00:47	00:31:16.00	00:32:03.45	+00:10:49 (34.6%)	6:15 9.6 (65.3%)
91	BUZALSKA Agnieszka	505		K-40	91	00:00:28	00:31:20.15	00:31:48.60	+00:10:53 (34.8%)	6:16 9.6 (65.3%)
92	SZCZEPAŃSKA-DOLNA Edyta	1164		K-40	92	00:01:41	00:31:29.75	00:33:11.20	+00:11:03 (35.1%)	6:18 9.5 (64.6%)
93	TOMASZEWICZ Wioletta	887		K-40	93	00:01:22	00:31:32.20	00:32:54.70	+00:11:05 (35.2%)	6:18 9.5 (64.6%)
94	IWANIEC Ewelina	1342		K-40	94	00:00:21	00:31:35.05	00:31:56.50	+00:11:08 (35.3%)	6:19 9.5 (64.6%)
95	BEŁKA-SIEMION Aneta	682	GALOPUJĄCE SAFANDUŁY	K-40	95	00:00:52	00:31:36.30	00:32:28.95	+00:11:09 (35.3%)	6:19 9.5 (64.6%)
96	PATRZĄLEK Małgorzata	612		K-40	96	00:00:35	00:31:47.10	00:32:22.65	+00:11:20 (35.7%)	6:21 9.4 (63.9%)
97	ANDRUSEWICZ Hanna	683		K-40	97	00:01:11	00:31:47.40	00:32:58.95	+00:11:20 (35.7%)	6:21 9.4 (63.9%)
98	RASSALSKA-KAUSA Jola	12		K-40	98	00:00:57	00:31:51.60	00:32:48.80	+00:11:25 (35.8%)	6:22 9.4 (63.9%)
99	CELUSTA Sylwia	1367		K-40	99	00:01:02	00:32:31.85	00:33:34.65	+00:12:05 (37.2%)	6:30 9.2 (62.6%)
100	CHWIAŁKOWSKA Joanna	1278		K-40	100	00:01:26	00:32:33.55	00:33:59.85	+00:12:06 (37.2%)	6:30 9.2 (62.6%)
101	JEDRZEJCZYK Iwona	399		K-40	101	00:00:37	00:32:42.90	00:33:20.45	+00:12:16 (37.5%)	6:32 9.2 (62.6%)
102	WARSZAWSKA Beata	820		K-40	102	00:01:17	00:32:43.95	00:34:01.25	+00:12:17 (37.5%)	6:32 9.2 (62.6%)
103	KORNACKA Sylwia	856		K-40	103	00:00:14	00:33:13.60	00:33:27.70	+00:12:47 (38.5%)	6:38 9 (61.2%)
104	KALEK Iwona	847		K-40	104	00:01:13	00:33:28.65	00:34:42.25	+00:13:02 (38.9%)	6:41 9 (61.2%)
105	BOJARSKA Bożena	985		K-40	105	00:01:33	00:33:43.80	00:35:17.00	+00:13:17 (39.4%)	6:44 8.9 (60.5%)
106	SAWKÓW Ola	816		K-40	106	00:00:43	00:33:53.40	00:34:36.80	+00:13:26 (39.7%)	6:46 8.9 (60.5%)
107	PISKOZUB Halina	839		K-40	107	00:00:42	00:33:53.80	00:34:36.75	+00:13:27 (39.7%)	6:46 8.8 (59.9%)
108	TOKARSKA Agnieszka	1026		K-40	108	00:00:15	00:34:24.40	00:34:39.60	+00:13:57 (40.6%)	6:52 8.7 (59.2%)
109	BIELENNA Eliza	653		K-40	109	00:01:33	00:35:20.45	00:36:53.55	+00:14:53 (42.2%)	7:04 8.5 (57.8%)
110	ZALEWSKA Justyna	137	OFTALMIKA	K-40	110	00:00:00	00:35:32.50	00:35:32.50	+00:15:05 (42.5%)	7:06 8.4 (57.1%)
111	RESMER Anna	294		K-40	111	00:00:22	00:35:53.25	00:36:15.90	+00:15:26 (43.0%)	7:10 8.4 (57.1%)
112	ŁAKOMSKA Anna	183		K-40	112	00:00:22	00:35:53.65	00:36:15.85	+00:15:27 (43.0%)	7:10 8.4 (57.1%)
113	KAŁUŻNA Agnieszka	1291		K-40	113	00:00:52	00:35:57.90	00:36:50.35	+00:15:31 (43.2%)	7:11 8.3 (56.5%)
114	KONARZEWSKA Jolanta	167		K-40	114	00:00:36	00:36:11.15	00:36:48.10	+00:15:44 (43.5%)	7:14 8.3 (56.5%)
115	LIBERA Sabina	738	TRISPACE	K-40	115	00:01:05	00:37:24.00	00:38:29.45	+00:16:57 (45.3%)	7:28 8 (54.4%)
116	NOWACKA Jolanta	881		K-40	116	00:01:24	00:38:03.10	00:39:27.60	+00:17:36 (46.3%)	7:36 7.9 (53.7%)
117	WOŹNIAK Monika	1467		K-40	117	00:00:43	00:38:06.60	00:38:49.90	+00:17:40 (46.4%)	7:37 7.9 (53.7%)
118	DULIŃSKA Dorota	955		K-40	118	00:01:14	00:39:57.35	00:41:12.15	+00:19:30 (48.8%)	7:59 7.5 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
119	MAZANOWSKA Ewa	47		K-40	119	00:01:22	00:41:18.50	00:42:41.15	+00:20:51 (50.5%)	8:15	7.3 (49.7%)
120	KARAŚ Anna	1217		K-40	120	00:00:55					(0.0%)

Znaleziono 120 wynik(ów)