



Organizator:
Data:
Miejsce:
Dystans:

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2018

Aktywna Bydgoszcz
2018-11-11
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SIWKOWSKI Roman	151	BIEGAM BIEGAM	M-50	1	00:00:01	00:19:02.60	00:19:04.05		3:48	15.7 (100%)
2	PAWŁOWSKI Radosław	449		M-50	2	00:00:02	00:19:41.10	00:19:43.25	+00:00:38 (3.3%)	3:56	15.2 (96.8%)
3	MICHALAK Wojciech	685		M-50	3	00:00:31	00:20:27.25	00:20:58.25	+00:01:24 (6.9%)	4:05	14.7 (93.6%)
4	WŁOCH Sylwester	512		M-50	4	00:00:10	00:20:31.40	00:20:42.25	+00:01:28 (7.2%)	4:06	14.6 (93.0%)
5	BAGROWSKI Marek	691	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNR RATUJE I BIEGA	M-50	5	00:00:11	00:20:48.20	00:20:59.70	+00:01:45 (8.5%)	4:09	14.4 (91.7%)
6	KOCHAŃSKI Dariusz	695		M-50	6	00:00:07	00:20:48.50	00:20:55.65	+00:01:45 (8.5%)	4:09	14.4 (91.7%)
7	JUREK Piotr	442	BBL SZUBIN	M-50	7	00:00:21	00:21:22.65	00:21:44.10	+00:02:20 (10.9%)	4:16	14 (89.2%)
8	ZIELIŃSKI Waldemar	827		M-50	8	00:01:18	00:21:58.80	00:23:17.65	+00:02:56 (13.4%)	4:23	13.6 (86.6%)
9	CIOSEK Mirosław	1184		M-50	9	00:00:08	00:21:59.75	00:22:08.50	+00:02:57 (13.4%)	4:24	13.6 (86.6%)
10	RAUNEST Adam	1362		M-50	10	00:00:13	00:22:04.30	00:22:17.50	+00:03:01 (13.7%)	4:24	13.6 (86.6%)
11	KUCHCZYŃSKI Adam	834	BÓL TO ŚCIEMA	M-50	11	00:00:11	00:22:07.45	00:22:18.50	+00:03:04 (13.9%)	4:25	13.6 (86.6%)
12	BRYJA Robert	970		M-50	12	00:00:21	00:22:12.95	00:22:34.15	+00:03:10 (14.3%)	4:26	13.5 (86.0%)
13	LUZAK Mirosław	414	MWIK BYDGOSZCZ	M-50	13	00:00:11	00:22:30.20	00:22:41.75	+00:03:27 (15.4%)	4:30	13.3 (84.7%)
14	PACEK Mirosław	242		M-50	14	00:00:20	00:22:40.40	00:23:00.95	+00:03:37 (16.0%)	4:32	13.2 (84.1%)
15	ANGLART Roman	199	PARKRUN BYDGOSZCZ	M-50	15	00:00:31	00:23:12.35	00:23:43.50	+00:04:09 (17.9%)	4:38	12.9 (82.2%)
16	JEDLIŃSKI Janusz	1439	OFTALMIKA (SYMPATYK)	M-50	16	00:00:15	00:24:28.95	00:24:44.45	+00:05:26 (22.2%)	4:53	12.3 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	ŻUCHOWSKI Dariusz	1375		M-50	17	00:00:25	00:24:33.85	00:24:59.65	+00:05:31 (22.5%)	4:54	12.2 (77.7%)
18	KWASEK Wojciech	191	KABEL TEAM BYDGOSZCZ	M-50	18	00:00:28	00:24:35.15	00:25:03.20	+00:05:32 (22.5%)	4:55	12.2 (77.7%)
19	DUDZIC Sławek	354	SCERUN	M-50	19	00:00:59	00:24:43.35	00:25:42.65	+00:05:40 (23.0%)	4:56	12.1 (77.1%)
20	WOJCIESZAK Dariusz	501		M-50	20	00:00:15	00:24:50.90	00:25:06.75	+00:05:48 (23.4%)	4:58	12.1 (77.1%)
21	WIECZOREK Wojciech	472		M-50	21	00:00:59	00:24:58.80	00:25:58.45	+00:05:56 (23.8%)	4:59	12 (76.4%)
22	ŚWIETLIK Piotr	312		M-50	22	00:00:50	00:25:06.10	00:25:56.10	+00:06:03 (24.1%)	5:01	12 (76.4%)
23	WEGNER Roman	289		M-50	23	00:00:31	00:25:16.25	00:25:48.05	+00:06:13 (24.6%)	5:03	11.9 (75.8%)
24	PRZYBYLSKI Mariusz	580	BYDGOSZCZ NA START	M-50	24	00:00:57	00:25:19.15	00:26:16.95	+00:06:16 (24.8%)	5:03	11.8 (75.2%)
25	ARENT Jan	490		M-50	25	00:00:35	00:25:32.95	00:26:08.10	+00:06:30 (25.5%)	5:06	11.7 (74.5%)
26	NAWROCKI Dariusz	367	VAUPE TEAM	M-50	26	00:01:51	00:25:43.35	00:27:35.20	+00:06:40 (26.0%)	5:08	11.7 (74.5%)
27	PASIŃSKI Waldemar	579		M-50	27	00:00:23	00:26:08.70	00:26:31.75	+00:07:06 (27.2%)	5:13	11.5 (73.2%)
28	WIŚNIEWSKI Włodzimierz	61	SPC	M-50	28	00:01:38	00:26:14.05	00:27:52.15	+00:07:11 (27.4%)	5:14	11.4 (72.6%)
29	SIEŃSKI Jacek	1090	RUN BYDGOSZCZ	M-50	29	00:01:51	00:26:21.15	00:28:12.35	+00:07:18 (27.7%)	5:16	11.4 (72.6%)
30	SZMYRGAŁA Zdzisław	610		M-50	30	00:00:59	00:26:33.40	00:27:33.15	+00:07:30 (28.3%)	5:18	11.3 (72.0%)
31	WAWRZYNIAK Andrzej	581	22. ODN	M-50	31	00:01:22	00:26:43.40	00:28:05.90	+00:07:40 (28.7%)	5:20	11.2 (71.3%)
32	DOMINICZAK Robert	1194		M-50	32	00:00:42	00:26:57.60	00:27:39.65	+00:07:55 (29.4%)	5:23	11.1 (70.7%)
33	RYBCZYŃSKI Ryszard	379		M-50	33	00:00:26	00:27:14.40	00:27:41.25	+00:08:11 (30.1%)	5:27	11 (70.1%)
34	JEŻOWSKI Sławomir	1216	OCULUS - NIEWIDOMI	M-50	34	00:00:58	00:27:36.05	00:28:34.25	+00:08:33 (31.0%)	5:31	10.9 (69.4%)
35	WIŚNIEWSKI Krzysztof	1499	TRISPACE BYDGOSZCZ	M-50	35	00:01:20	00:27:41.85	00:29:02.45	+00:08:39 (31.2%)	5:32	10.8 (68.8%)
36	TWARDOWSKI Wojciech	363	RUN BYDGOSZCZ	M-50	36	00:01:23	00:27:47.25	00:29:10.90	+00:08:44 (31.5%)	5:33	10.8 (68.8%)
37	CHMIELEWSKI Ireneusz	1284	CZARNE STOPY.SM	M-50	37	00:00:39	00:27:58.70	00:28:38.40	+00:08:56 (31.9%)	5:35	10.7 (68.2%)
38	WYPORKIEWICZ Jerzy	694		M-50	38	00:00:56	00:28:10.45	00:29:07.00	+00:09:07 (32.4%)	5:38	10.6 (67.5%)
39	GRABOWSKI Klaudiusz	1351	SLOW JOGGING BYDGOSZCZ	M-50	39	00:00:04	00:28:25.40	00:28:30.00	+00:09:22 (33.0%)	5:41	10.6 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	SKÓRCZ Tomasz	948		M-50	40	00:01:23	00:28:37.70	00:30:00.80	+00:09:35 (33.5%)	5:43	10.5 (66.9%)
41	KUBIAK Tomasz	562		M-50	41	00:01:25	00:29:19.85	00:30:45.50	+00:10:17 (35.1%)	5:52	10.2 (65.0%)
42	RÓŻAŃSKI Janusz	1035		M-50	42	00:00:23	00:29:25.50	00:29:49.40	+00:10:22 (35.3%)	5:53	10.2 (65.0%)
43	PALIGA Antoni	446	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	43	00:01:45	00:29:36.90	00:31:22.30	+00:10:34 (35.7%)	5:55	10.1 (64.3%)
44	GRUSZKA Marek	264		M-50	44	00:00:22	00:29:48.75	00:30:10.75	+00:10:46 (36.1%)	5:57	10.1 (64.3%)
45	KURTYSIAK Roman	842		M-50	45	00:01:19	00:29:55.85	00:31:15.00	+00:10:53 (36.4%)	5:59	10 (63.7%)
46	BUCHHOLZ Krzysztof	240		M-50	46	00:00:37	00:30:15.85	00:30:52.95	+00:11:13 (37.1%)	6:03	9.9 (63.1%)
47	BADOWSKI Krzysztof	1202	OCULUS - NIEWIDOMI	M-50	47	00:00:55	00:30:22.15	00:31:17.30	+00:11:19 (37.3%)	6:04	9.9 (63.1%)
48	WISNIEWSKI Tadeusz	982		M-50	48	00:01:10	00:31:02.40	00:32:13.05	+00:11:59 (38.6%)	6:12	9.7 (61.8%)
49	HARACEWIAT Cezary	214		M-50	49	00:01:05	00:31:13.70	00:32:19.30	+00:12:11 (39.0%)	6:14	9.6 (61.1%)
50	POWAŁKA Grzegorz	1231	OCULUS - NIEWIDOMI	M-50	50	00:00:00	00:31:35.20	00:31:35.20	+00:12:32 (39.7%)	6:19	9.5 (60.5%)
51	BOJARSKI Jarosław	941		M-50	51	00:01:33	00:33:43.25	00:35:16.80	+00:14:40 (43.5%)	6:44	8.9 (56.7%)
52	PORA Dariusz	1039		M-50	52	00:01:00	00:35:02.85	00:36:03.45	+00:16:00 (45.7%)	7:00	8.6 (54.8%)
53	SAPA Dariusz	1255	BYDGOSKIE ŻÓŁWIE	M-50	53	00:01:23	00:35:53.85	00:37:17.65	+00:16:51 (47.0%)	7:10	8.4 (53.5%)
54	ŁANOCH Janusz	1043		M-50	54	00:01:01	00:36:21.40	00:37:22.45	+00:17:18 (47.6%)	7:16	8.3 (52.9%)

Znaleziono 54 wynik(ów)