



Organizator:
Data:
Miejsce:
Dystans:

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2018

Aktywna Bydgoszcz
2018-11-11
Bydgoszcz
5 km

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NARTOWSKI Kamil	1136		M-30	1	00:00:01	00:15:31.60	00:15:32.85		3:06	19.3 (100%)
2	SKIBA Łukasz	59	1BLOG	M-30	2	00:00:01	00:16:39.10	00:16:40.45	+00:01:07 (6.8%)	3:19	18 (93.3%)
3	GOŚCINIAK Michał	1396	3GRAVITY	M-30	3	00:00:01	00:16:43.80	00:16:45.05	+00:01:12 (7.2%)	3:20	17.9 (92.7%)
4	MAŁECKI Jakub	851	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	4	00:00:02	00:16:46.25	00:16:48.55	+00:01:14 (7.4%)	3:21	17.9 (92.7%)
5	KOŁAKOWSKI Tomasz	1400	DECATHLON FORDON TEAM	M-30	5	00:00:02	00:17:05.55	00:17:08.15	+00:01:33 (9.2%)	3:25	17.5 (90.7%)
6	PAWŁOWSKI Tomasz	450		M-20	1	00:00:02	00:17:07.80	00:17:09.95	+00:01:36 (9.4%)	3:25	17.5 (90.7%)
7	MAĆKOWSKI Maciej	157	UPS BYDGOSZCZ	M-30	6	00:00:01	00:17:08.20	00:17:09.45	+00:01:36 (9.4%)	3:25	17.5 (90.7%)
8	KOLMAJER Rafał	412		M-30	7	00:00:01	00:17:23.80	00:17:25.55	+00:01:52 (10.7%)	3:28	17.2 (89.1%)
9	PELC Marcin	424	TKKF KOLEJARZ BYDGOSZCZ	M-30	8	00:00:08	00:17:24.85	00:17:33.00	+00:01:53 (10.8%)	3:29	17.2 (89.1%)
10	SZYSZKA Mariusz	568	SPÓJNIA BIAŁE BŁOTA 1BLOG	M-40	1	00:00:01	00:17:26.65	00:17:28.30	+00:01:55 (11.0%)	3:29	17.2 (89.1%)
11	ŚLUSARSKI Przemysław	927	RUN PASJA	M-30	9	00:00:03	00:17:31.70	00:17:34.90	+00:02:00 (11.4%)	3:30	17.1 (88.6%)
12	SOSNOWSKI Krzysztof	908		M-30	10	00:00:02	00:17:34.10	00:17:36.40	+00:02:02 (11.6%)	3:30	17.1 (88.6%)
13	DĄBROWSKI Paweł	3		M-20	2	00:00:02	00:17:36.85	00:17:38.90	+00:02:05 (11.9%)	3:31	17 (88.1%)
14	WIWATOWSKI Michał	1245		M-30	11	00:00:02	00:17:38.65	00:17:40.65	+00:02:07 (12.0%)	3:31	17 (88.1%)
15	TUCHOLSKI Bartłomiej	353	BYDGOSKIE OKONIE	M-20	3	00:00:02	00:17:47.85	00:17:50.00	+00:02:16 (12.8%)	3:33	16.9 (87.6%)
16	KUŁAKOWSKI Krzysztof	756	RUN PASJA	M-30	12	00:00:07	00:17:49.85	00:17:57.25	+00:02:18 (12.9%)	3:34	16.8 (87.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	GRUSZKA Gracjan	1171	CWZS ZAWISZA BYDGOSZCZ SL	M-10	1	00:00:01	00:18:04.30	00:18:05.35	+00:02:32 (14.1%)	3:36	16.6 (86.0%)
18	DOMISIEWICZ Michał	822	NIE MAM KLUBU	M-20	4	00:00:06	00:18:07.55	00:18:14.50	+00:02:35 (14.3%)	3:37	16.5 (85.5%)
19	ZIELIŃSKI Nicolas	1176	OLIMPIASPORT.PL	M-20	5	00:00:05	00:18:07.95	00:18:12.95	+00:02:36 (14.4%)	3:37	16.6 (86.0%)
20	CHOLEWIŃSKI Dariusz	1483		M-40	2	00:00:02	00:18:08.45	00:18:11.25	+00:02:36 (14.4%)	3:37	16.5 (85.5%)
21	KARASZEWSKI Norbert	833	1. WSZP BYDGOSZCZ	M-30	13	00:00:02	00:18:08.50	00:18:11.10	+00:02:36 (14.4%)	3:37	16.5 (85.5%)
22	FUZ Marek	86	KABEL TEAM BYDGOSZCZ	M-40	3	00:00:04	00:18:09.40	00:18:13.55	+00:02:37 (14.5%)	3:37	16.5 (85.5%)
23	KOZŁOWSKI Rafał	341	RUN PASJA	M-40	4	00:00:01	00:18:13.80	00:18:15.45	+00:02:42 (14.8%)	3:38	16.5 (85.5%)
24	WŁODARSKI Przemysław	1165	SPÓJNIA BIAŁE BŁOTA	M-30	14	00:00:01	00:18:16.75	00:18:18.55	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
24	WARSZAWSKI Przemysław	1321		M-20	6	00:00:02	00:18:16.75	00:18:19.45	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
26	TACZYŃSKI Kamil	1489		M-10	2	00:00:01	00:18:16.90	00:18:18.45	+00:02:45 (15.1%)	3:39	16.4 (85.0%)
27	TACZKOWSKI Jarosław	874	ZESPÓŁ SZKÓŁ NR 5 MS W BYDGOSZCZY	M-40	5	00:00:02	00:18:18.95	00:18:21.55	+00:02:47 (15.2%)	3:39	16.4 (85.0%)
28	BASIŃSKI Łukasz	1092	OLIMPIASPORT.PL	M-20	7	00:00:05	00:18:22.40	00:18:28.10	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
28	WILK Łukasz	437	RUNADDICTS	M-30	15	00:00:05	00:18:22.40	00:18:27.80	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
30	CHMURZYŃSKI Tomasz	1205	OCULUS - NIEWIDOMI	M-40	6	00:00:01	00:18:22.50	00:18:24.25	+00:02:50 (15.5%)	3:40	16.3 (84.5%)
31	KUROWSKI Kamil	758	3GRAVITY	M-30	16	00:00:03	00:18:22.75	00:18:26.15	+00:02:51 (15.5%)	3:40	16.3 (84.5%)
32	WYSMOLIŃSKI Piotr	789		M-40	7	00:00:03	00:18:23.10	00:18:27.00	+00:02:51 (15.5%)	3:40	16.3 (84.5%)
33	BENTKOWSKI Marcin	1079	TRIPower	M-30	17	00:00:05	00:18:23.35	00:18:29.05	+00:02:51 (15.6%)	3:40	16.3 (84.5%)
34	WADELSKI Maciej	777	1BLOG	M-30	18	00:00:03	00:18:23.70	00:18:27.20	+00:02:52 (15.6%)	3:40	16.3 (84.5%)
35	ROMANOWSKI Michał	444		M-30	19	00:00:03	00:18:29.00	00:18:32.70	+00:02:57 (16.0%)	3:41	16.2 (83.9%)
36	BUKOWIŃSKI Michał	155		M-40	8	00:00:04	00:18:30.45	00:18:34.65	+00:02:58 (16.1%)	3:42	16.2 (83.9%)
37	SOBIERAŁSKI Rafał	482		M-40	9	00:00:04	00:18:32.35	00:18:36.50	+00:03:00 (16.2%)	3:42	16.2 (83.9%)
38	STRYCHAŁSKI Tomasz	418	BYDGOSZCZ RUN PROJECT	M-30	20	00:00:06	00:18:33.35	00:18:40.15	+00:03:01 (16.3%)	3:42	16.2 (83.9%)
39	KOPEĆ Michał	1225	FIDES MK	M-30	21	00:00:04	00:18:33.65	00:18:38.45	+00:03:02 (16.3%)	3:42	16.2 (83.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	BĄK Oskar	1389		M-30	22	00:00:04	00:18:36.30	00:18:41.15	+00:03:04 (16.5%)	3:43	16.1 (83.4%)
41	PAWLACZYK Szymon	223	TRISPACE	M-30	23	00:00:03	00:18:36.60	00:18:39.85	+00:03:05 (16.6%)	3:43	16.1 (83.4%)
42	MIZIKOWSKI Wojciech	1010	MIZIK-TEAM	M-40	10	00:00:08	00:18:38.35	00:18:47.20	+00:03:06 (16.7%)	3:43	16.1 (83.4%)
43	HAIZE Tomek	184	ARRK	M-40	11	00:00:02	00:18:42.95	00:18:45.55	+00:03:11 (17.0%)	3:44	16 (82.9%)
44	KRUPA Piotr	331	GLINKI TEAM	M-30	24	00:00:04	00:18:43.25	00:18:47.50	+00:03:11 (17.1%)	3:44	16 (82.9%)
45	FLOREK Paweł	1072	RUNADDICTS	M-30	25	00:00:04	00:18:48.40	00:18:53.35	+00:03:16 (17.4%)	3:45	15.9 (82.4%)
46	KŁOSOWSKI Marcin	210	GRUPA BANKIETOWA SPECJAL	M-40	12	00:00:04	00:18:52.65	00:18:57.15	+00:03:21 (17.8%)	3:46	15.9 (82.4%)
47	LEWANDOWSKI Tomasz	1325	RCI BYDGOSZCZ	M-30	26	00:00:10	00:18:54.05	00:19:04.50	+00:03:22 (17.9%)	3:46	15.9 (82.4%)
48	WALDA Łukasz	256		M-30	27	00:00:05	00:18:55.85	00:19:01.00	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
49	ADACH Paweł	1480	WEEKENDOWI BIEDACZE	M-30	28	00:00:03	00:18:56.05	00:18:59.50	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
50	KOWALSKI Jacek	228		M-40	13	00:00:07	00:18:56.15	00:19:03.40	+00:03:24 (18.0%)	3:47	15.8 (81.9%)
51	IGNACZAK Jarosław	356		M-30	29	00:00:04	00:18:57.30	00:19:01.65	+00:03:25 (18.1%)	3:47	15.8 (81.9%)
52	ANISZCZYK Hubert	1188	ZSE-A	M-10	3	00:00:08	00:18:57.45	00:19:05.85	+00:03:25 (18.1%)	3:47	15.8 (81.9%)
53	OKOŃSKI Jarosław	89		M-30	30	00:00:06	00:18:58.20	00:19:04.80	+00:03:26 (18.2%)	3:47	15.8 (81.9%)
54	KABACIŃSKI Marcin	168		M-20	8	00:00:02	00:19:00.45	00:19:02.80	+00:03:28 (18.3%)	3:48	15.8 (81.9%)
55	BERNATAJTYS Daniel	74		M-40	14	00:00:04	00:19:01.70	00:19:06.50	+00:03:30 (18.4%)	3:48	15.8 (81.9%)
56	KHADDOUR Alex	702		M-30	31	00:00:06	00:19:01.75	00:19:08.30	+00:03:30 (18.4%)	3:48	15.8 (81.9%)
57	SIWKOWSKI Roman	151	BIEGAM BIEGAM	M-50	1	00:00:01	00:19:02.60	00:19:04.05	+00:03:31 (18.5%)	3:48	15.7 (81.3%)
58	CHOROSZEWICZ Paweł	1014		M-20	9	00:00:05	00:19:04.40	00:19:09.65	+00:03:32 (18.6%)	3:48	15.7 (81.3%)
59	MAGDZIARZ Jakub	930	KANCELARIA - HMM	M-30	32	00:00:04	00:19:05.85	00:19:09.85	+00:03:34 (18.7%)	3:49	15.7 (81.3%)
60	CHODKIEWICZ Tomasz	1218	GARDENFLORA MTB TEAM	M-40	15	00:00:04	00:19:07.10	00:19:11.30	+00:03:35 (18.8%)	3:49	15.7 (81.3%)
61	SZLINGER Jakub	724		M-30	33	00:00:05	00:19:07.65	00:19:13.55	+00:03:36 (18.8%)	3:49	15.7 (81.3%)
62	PIEKARSKI Marek	24	RESTAURACJA KUNG FU BYDGOSZCZ	M-40	16	00:00:02	00:19:10.15	00:19:12.30	+00:03:38 (19.0%)	3:50	15.7 (81.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
63	KRUSZKA Łukasz	271		M-40	17	00:00:03	00:19:10.20	00:19:13.35	+00:03:38 (19.0%)	3:50	15.7 (81.3%)
64	SZATTEN Dawid	140		M-30	34	00:00:04	00:19:11.40	00:19:15.70	+00:03:39 (19.1%)	3:50	15.6 (80.8%)
65	MAKOWSKI Sławomir	582	RUN BYDGOSZCZ	M-40	18	00:00:24	00:19:15.45	00:19:39.85	+00:03:43 (19.4%)	3:51	15.6 (80.8%)
66	JAGIEŁA Bartosz	196	TKKF KOLEJARZ BYDGOSZCZ	M-30	35	00:00:02	00:19:16.25	00:19:18.65	+00:03:44 (19.4%)	3:51	15.6 (80.8%)
67	GĘSICKI Jan	1109		M-20	10	00:00:03	00:19:16.50	00:19:20.20	+00:03:44 (19.4%)	3:51	15.6 (80.8%)
68	MUCHA Marcin	204		M-40	19	00:00:08	00:19:17.75	00:19:25.90	+00:03:46 (19.5%)	3:51	15.6 (80.8%)
69	BRZUCHALSKI Mati	392		M-30	36	00:00:08	00:19:19.05	00:19:27.30	+00:03:47 (19.6%)	3:51	15.5 (80.3%)
70	STANIEC Tomasz	1306		M-40	20	00:00:06	00:19:20.90	00:19:27.00	+00:03:49 (19.8%)	3:52	15.5 (80.3%)
71	KOTULA Sławomir	1083		M-30	37	00:00:05	00:19:23.25	00:19:28.55	+00:03:51 (19.9%)	3:52	15.5 (80.3%)
72	KRZEMIŃSKI Bartosz	636	RUN PASJA	M-30	38	00:00:04	00:19:26.00	00:19:30.30	+00:03:54 (20.1%)	3:53	15.4 (79.8%)
73	WIELGOSZ Krzysztof	914		M-20	11	00:00:03	00:19:28.75	00:19:32.50	+00:03:57 (20.3%)	3:53	15.4 (79.8%)
74	RUDY Ariel	1118	LEGION BYDGOSZCZ	M-20	12	00:00:03	00:19:31.95	00:19:35.35	+00:04:00 (20.5%)	3:54	15.4 (79.8%)
75	WIŚNIEWSKI Wojciech	1173		M-10	4	00:00:01	00:19:33.55	00:19:35.25	+00:04:01 (20.6%)	3:54	15.3 (79.3%)
76	SMARZYŃSKI Sebastian	1111		M-20	13	00:00:14	00:19:38.70	00:19:53.30	+00:04:07 (21.0%)	3:55	15.3 (79.3%)
77	PAWŁOWSKI Radosław	449		M-50	2	00:00:02	00:19:41.10	00:19:43.25	+00:04:09 (21.1%)	3:56	15.2 (78.8%)
78	SIKORSKI Sikora	1181	LOTTO BYDGOSTIA	M-10	5	00:00:02	00:19:43.15	00:19:45.15	+00:04:11 (21.3%)	3:56	15.2 (78.8%)
79	FELKNER Kamil	315	TECHNIKUM MECHANICZNE NR 1	M-10	6	00:00:01	00:19:45.50	00:19:47.30	+00:04:13 (21.4%)	3:57	15.2 (78.8%)
80	NIEMIR Tomasz	1168		M-20	14	00:00:02	00:19:46.95	00:19:49.60	+00:04:15 (21.5%)	3:57	15.2 (78.8%)
81	JOPPEK Łukasz	960		M-20	15	00:00:01	00:19:48.45	00:19:49.65	+00:04:16 (21.6%)	3:57	15.2 (78.8%)
82	GRZYWIŃSKI Grzegorz	1238	RUN BYDGOSZCZ	M-40	21	00:00:30	00:19:48.65	00:20:19.05	+00:04:17 (21.6%)	3:57	15.1 (78.2%)
83	CZERNIAK Jakub	1259		M-20	16	00:00:37	00:19:49.60	00:20:27.15	+00:04:18 (21.7%)	3:58	15.1 (78.2%)
84	FILINGER Marcin	866	ZIELONY PELIKAN	M-20	17	00:00:07	00:19:50.65	00:19:58.40	+00:04:19 (21.8%)	3:58	15.1 (78.2%)
85	LECH Marek	648	WHM POLSKA	M-30	39	00:00:03	00:19:51.90	00:19:55.05	+00:04:20 (21.8%)	3:58	15.1 (78.2%)

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86	NISZCZOTA Karol	977	BRZOZA BIEGA	M-40	22	00:00:10	00:19:52.55	00:20:02.70	+00:04:20 (21.9%)	3:58	15.1 (78.2%)
87	CIĘSZKI Bartosz	1180		M-10	7	00:00:02	00:19:53.40	00:19:55.50	+00:04:21 (21.9%)	3:58	15.1 (78.2%)
88	ŚLEFARSKI Jacek	861		M-30	40	00:00:04	00:19:53.70	00:19:58.10	+00:04:22 (22.0%)	3:58	15.1 (78.2%)
89	ZBIRANEK Remigiusz	954	1 BRYGADA LOGISTYCZNA	M-40	23	00:00:05	00:19:54.70	00:20:00.55	+00:04:23 (22.0%)	3:59	15.1 (78.2%)
90	WIECZOREK Waldemar	148		M-30	41	00:01:52	00:19:54.85	00:21:46.95	+00:04:23 (22.0%)	3:58	15.1 (78.2%)
91	DRWĘCKI Daniel	749	BIEGNIJ Z PROSERVICE	M-30	42	00:00:09	00:19:55.15	00:20:04.60	+00:04:23 (22.1%)	3:59	15.1 (78.2%)
92	SUDOŁ Jacek	1085		M-40	24	00:00:06	00:19:58.35	00:20:05.15	+00:04:26 (22.3%)	3:59	15 (77.7%)
93	RAK Patryk	1405	LOTTO BYDGOSTIA	M-10	8	00:01:26	00:20:01.30	00:21:28.15	+00:04:29 (22.5%)	4:00	15 (77.7%)
94	JANYSKA Krzysztof	232		M-30	43	00:00:08	00:20:05.30	00:20:13.45	+00:04:33 (22.7%)	4:01	14.9 (77.2%)
95	ŁASSA Rafał	45	SBRT BYDGOSZCZ	M-20	18	00:00:13	00:20:06.35	00:20:19.90	+00:04:34 (22.8%)	4:01	14.9 (77.2%)
96	CZEPEK Aleksander	723	BRZOZA BIEGA	M-60+	1	00:00:03	00:20:10.95	00:20:14.65	+00:04:39 (23.1%)	4:02	14.9 (77.2%)
97	BAŁDYGA Daniel	593	1 BRYGADA LOGISTYCZNA	M-30	44	00:00:05	00:20:11.35	00:20:16.90	+00:04:39 (23.1%)	4:02	14.9 (77.2%)
98	WŁOCH Mateusz	511		M-10	9	00:00:10	00:20:12.50	00:20:23.05	+00:04:40 (23.2%)	4:02	14.8 (76.7%)
99	WANKIEWICZ Łukasz	83	SZURUSIE TEAM	M-20	19	00:00:12	00:20:18.20	00:20:30.55	+00:04:46 (23.5%)	4:03	14.8 (76.7%)
100	SOBCZAK Rafał	1175		M-20	20	00:00:05	00:20:18.50	00:20:23.50	+00:04:46 (23.5%)	4:03	14.8 (76.7%)
101	SOKOŁOWSKI Tomasz	1444	KLINIKA TRIATHLONU	M-30	45	00:00:17	00:20:19.10	00:20:36.95	+00:04:47 (23.6%)	4:03	14.8 (76.7%)
102	SOBOWIEC Mateusz	351	MUKS 'PIĘTNASTKA' BYDGOSZCZ	M-10	10	00:00:07	00:20:19.85	00:20:27.45	+00:04:48 (23.6%)	4:04	14.8 (76.7%)
103	STREHLKE Mateusz	1386	AKPIAMETAL	M-10	11	00:00:05	00:20:21.45	00:20:27.05	+00:04:49 (23.7%)	4:04	14.7 (76.2%)
104	WIONCZEK Szymon	1174		M-10	12	00:01:26	00:20:21.60	00:21:47.85	+00:04:50 (23.7%)	4:04	14.7 (76.2%)
105	WARCZAK Kuba	739	TEAMOCHAL	M-30	46	00:00:10	00:20:21.70	00:20:32.05	+00:04:50 (23.7%)	4:04	14.7 (76.2%)
106	FRYDRYSZEK Michał	40	TRIPower	M-20	21	00:00:06	00:20:22.55	00:20:29.00	+00:04:50 (23.8%)	4:04	14.7 (76.2%)
107	OLSZYŃSKI Sebastian	1157	SPARTANIE DZIECIOM	M-40	25	00:00:21	00:20:24.70	00:20:46.55	+00:04:53 (23.9%)	4:05	14.7 (76.2%)
108	BOINSKI Rafal	893		M-30	47	00:00:09	00:20:25.05	00:20:34.50	+00:04:53 (24.0%)	4:05	14.7 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	SZYSZKA Radosław	297		M-30	48	00:00:07	00:20:26.65	00:20:34.50	+00:04:55 (24.1%)	4:05	14.7 (76.2%)
110	MICHALAK Wojciech	685		M-50	3	00:00:31	00:20:27.25	00:20:58.25	+00:04:55 (24.1%)	4:05	14.7 (76.2%)
111	NOWICKI Mateusz	1103		M-20	22	00:00:19	00:20:30.60	00:20:49.90	+00:04:59 (24.3%)	4:06	14.6 (75.6%)
112	WŁOCH Sylwester	512		M-50	4	00:00:10	00:20:31.40	00:20:42.25	+00:04:59 (24.3%)	4:06	14.6 (75.6%)
113	ŚLEFARSKI Marcin	872		M-30	49	00:00:17	00:20:34.95	00:20:52.25	+00:05:03 (24.6%)	4:07	14.6 (75.6%)
114	ŁOBODA Maciej	318		M-30	50	00:00:03	00:20:36.15	00:20:39.50	+00:05:04 (24.6%)	4:07	14.6 (75.6%)
115	KLINOWSKI Radosław	470		M-30	51	00:00:57	00:20:37.00	00:21:34.60	+00:05:05 (24.7%)	4:07	14.6 (75.6%)
116	GAWROŃSKI Mateusz	916		M-20	23	00:00:23	00:20:37.85	00:21:01.30	+00:05:06 (24.7%)	4:07	14.5 (75.1%)
117	KOWALSKI Kamil	1300		M-10	13	00:00:04	00:20:38.10	00:20:43.05	+00:05:06 (24.8%)	4:07	14.5 (75.1%)
118	SKARWECKI Remigiusz	589		M-30	52	00:00:13	00:20:38.55	00:20:51.90	+00:05:06 (24.8%)	4:07	14.5 (75.1%)
119	SKWARCZYNSKI Radek	529	TRIPOWER	M-20	24	00:00:06	00:20:38.75	00:20:44.75	+00:05:07 (24.8%)	4:07	14.5 (75.1%)
120	CIUPA Jarosław	158	ARRK	M-40	26	00:00:03	00:20:38.85	00:20:42.65	+00:05:07 (24.8%)	4:07	14.5 (75.1%)
121	CZYZEWSKI Mateusz	433	KUJAVIA3TEAM	M-30	53	00:00:07	00:20:40.20	00:20:47.65	+00:05:08 (24.9%)	4:08	14.5 (75.1%)
122	OCHNIEWSKI Wojciech	879		M-20	25	00:00:45	00:20:40.65	00:21:25.95	+00:05:09 (24.9%)	4:08	14.5 (75.1%)
123	FOLERZYŃSKI Dawid	1304		M-10	14	00:00:06	00:20:41.15	00:20:47.95	+00:05:09 (24.9%)	4:08	14.5 (75.1%)
124	WAŁĘŻA Hubert	857	KANAŁOWA TRI TEAM	M-30	54	00:00:12	00:20:41.90	00:20:54.35	+00:05:10 (25.0%)	4:08	14.5 (75.1%)
125	MALINOWSKI Igor	178		M-10	15	00:00:08	00:20:43.65	00:20:52.60	+00:05:12 (25.1%)	4:08	14.5 (75.1%)
126	DĄBROWSKI Jarosław	11	CB163	M-20	26	00:01:27	00:20:44.40	00:22:11.80	+00:05:12 (25.1%)	4:08	14.5 (75.1%)
127	HOC Marek	478	LEGE ARTIS	M-40	27	00:00:07	00:20:45.80	00:20:53.75	+00:05:14 (25.2%)	4:09	14.4 (74.6%)
128	ŁYSZCZARZ Błażej	1392		M-30	55	00:00:39	00:20:47.00	00:21:26.05	+00:05:15 (25.3%)	4:09	14.4 (74.6%)
129	WIDŹGOWSKI Przemysław	428		M-40	28	00:00:23	00:20:47.95	00:21:11.30	+00:05:16 (25.3%)	4:09	14.4 (74.6%)
130	POKORSKI Tomasz	809		M-30	56	00:00:19	00:20:48.10	00:21:07.60	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
131	POLACZYK Tomasz	295		M-30	57	00:00:38	00:20:48.15	00:21:27.10	+00:05:16 (25.4%)	4:09	14.4 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	BAGROWSKI Marek	691	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNR RATUJE I BIEGA	M-50	5	00:00:11	00:20:48.20	00:20:59.70	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
133	KOCHAŃSKI Dariusz	695		M-50	6	00:00:07	00:20:48.50	00:20:55.65	+00:05:16 (25.4%)	4:09	14.4 (74.6%)
134	HERMELIN Wojciech	1088	KANCELARIA-HMM	M-40	29	00:00:16	00:20:49.75	00:21:06.05	+00:05:18 (25.5%)	4:10	14.4 (74.6%)
135	NIEDBALSKI Grzegorz	1328	RUN BYDGOSZCZ	M-Open	1	00:00:09	00:20:50.45	00:21:00.30	+00:05:18 (25.5%)	4:10	14.4 (74.6%)
136	DURAJEWSKI Mateusz	68	SOFTMAKS.PL	M-20	27	00:00:32	00:20:52.40	00:21:25.15	+00:05:20 (25.6%)	4:10	14.4 (74.6%)
137	GALINSKI Bartosz	6	1 BLOG	M-20	28	00:00:05	00:20:52.80	00:20:58.10	+00:05:21 (25.6%)	4:10	14.4 (74.6%)
138	ISELVMO Espen	1282		M-20	29	00:00:34	00:20:53.55	00:21:27.70	+00:05:21 (25.7%)	4:10	14.4 (74.6%)
139	RIZVI Syed	1247		M-20	30	00:00:10	00:20:53.95	00:21:04.65	+00:05:22 (25.7%)	4:10	14.4 (74.6%)
140	NADRATOWSKI Maciej	486	KABEL TEAM BYDGOSZCZ	M-40	30	00:00:07	00:20:54.90	00:21:02.30	+00:05:23 (25.8%)	4:11	14.3 (74.1%)
141	BOŁKA Szymon	1198		M-30	58	00:00:20	00:20:56.10	00:21:16.25	+00:05:24 (25.8%)	4:11	14.3 (74.1%)
142	GZYL Mikołaj	983	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	59	00:01:40	00:20:56.65	00:22:36.95	+00:05:25 (25.9%)	4:11	14.3 (74.1%)
143	TUBAJA Albert	63	KABEL TEAM BYDGOSZCZ	M-40	31	00:00:06	00:20:58.05	00:21:04.85	+00:05:26 (25.9%)	4:11	14.3 (74.1%)
144	WESOŁOWSKI Dariusz	206		M-40	32	00:00:09	00:20:58.50	00:21:08.25	+00:05:26 (26.0%)	4:11	14.3 (74.1%)
145	CYL Dawid	693	FORDONRUNNERS	M-30	60	00:00:10	00:21:03.20	00:21:13.75	+00:05:31 (26.3%)	4:12	14.3 (74.1%)
146	MROTEK Michał	182	QUAPRO TEAM	M-30	61	00:00:06	00:21:03.75	00:21:09.75	+00:05:32 (26.3%)	4:12	14.3 (74.1%)
147	ROMEL Michał	1201		M-20	31	00:00:20	00:21:03.90	00:21:24.55	+00:05:32 (26.3%)	4:12	14.2 (73.6%)
148	TORCHALSKI Krzysztof	51	RUN PASJA	M-60+	2	00:00:02	00:21:04.40	00:21:07.25	+00:05:32 (26.3%)	4:13	14.2 (73.6%)
149	ROSIŃSKI Maciej	2		M-40	33	00:01:34	00:21:05.90	00:22:40.25	+00:05:34 (26.4%)	4:13	14.2 (73.6%)
150	KOWALSKI Marek	1298		M-40	34	00:00:04	00:21:07.50	00:21:11.55	+00:05:35 (26.5%)	4:13	14.2 (73.6%)
151	BILSKI Marcin	743	OPONEO	M-30	62	00:00:24	00:21:07.90	00:21:32.00	+00:05:36 (26.5%)	4:13	14.2 (73.6%)
152	KAMPER Jarosław	735		M-40	35	00:00:07	00:21:08.20	00:21:15.45	+00:05:36 (26.5%)	4:13	14.2 (73.6%)
153	WACHOWSKI Piotr	241		M-30	63	00:00:01	00:21:09.30	00:21:10.90	+00:05:37 (26.6%)	4:13	14.2 (73.6%)
154	ROSÓŁ Jacek	464		M-30	64	00:00:08	00:21:11.35	00:21:19.45	+00:05:39 (26.7%)	4:14	14.2 (73.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	BIAŁY Dawid	1082	SPÓJNIA BIAŁE BŁOTA	M-20	32	00:00:40	00:21:13.85	00:21:54.10	+00:05:42 (26.9%)	4:14	14.1 (73.1%)
156	PIECHOWIAK Jacek	508		M-40	36	00:00:12	00:21:16.60	00:21:29.50	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
157	DROŻYŃSKI Maciej	728	CB163	M-20	33	00:00:12	00:21:16.70	00:21:28.90	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
158	SZYMAŃSKI Bartłomiej	1113		M-20	34	00:01:38	00:21:16.75	00:22:55.65	+00:05:45 (27.0%)	4:15	14.1 (73.1%)
159	DZIEKAN Wojciech	1161	KABEL TEAM BYDGOSZCZ	M-30	65	00:00:07	00:21:17.05	00:21:24.65	+00:05:45 (27.1%)	4:15	14.1 (73.1%)
160	LATOS Paweł	236	BRACIA LATOS	M-30	66	00:00:11	00:21:19.05	00:21:30.65	+00:05:47 (27.2%)	4:15	14.1 (73.1%)
161	PALIGA Maciej	409		M-30	67	00:00:08	00:21:19.15	00:21:28.00	+00:05:47 (27.2%)	4:16	14.1 (73.1%)
162	GMOSINSKI Tomasz	1453		M-30	68	00:00:21	00:21:19.20	00:21:41.05	+00:05:47 (27.2%)	4:16	14.1 (73.1%)
163	BEDNAREK Piotr	1270	RUN PASJA	M-10	16	00:00:08	00:21:19.55	00:21:27.70	+00:05:47 (27.2%)	4:15	14.1 (73.1%)
164	RONALDOWSKI Kacper	920		M-20	35	00:00:14	00:21:19.65	00:21:33.95	+00:05:48 (27.2%)	4:15	14.1 (73.1%)
165	ROGALSKI Maciej	1434	OLOTEAM	M-30	69	00:00:08	00:21:20.35	00:21:28.90	+00:05:48 (27.2%)	4:16	14.1 (73.1%)
166	JUREK Piotr	442	BBL SZUBIN	M-50	7	00:00:21	00:21:22.65	00:21:44.10	+00:05:51 (27.4%)	4:16	14 (72.5%)
167	ŁOBOCKI Krzysztof	420		M-30	70	00:00:08	00:21:22.85	00:21:31.35	+00:05:51 (27.4%)	4:16	14 (72.5%)
168	JANCOWSKI Wojciech	1053		M-40	37	00:00:09	00:21:24.70	00:21:34.20	+00:05:53 (27.5%)	4:17	14 (72.5%)
169	ŚWIATŁAK Piotr	895	ATOS / PKO POMAGAMY Z KAŻDYM KROKIEM	M-20	36	00:00:12	00:21:25.65	00:21:37.80	+00:05:54 (27.5%)	4:17	14 (72.5%)
170	ŚLEFARSKI Rafał	860		M-40	38	00:00:17	00:21:26.50	00:21:43.65	+00:05:54 (27.6%)	4:17	14 (72.5%)
171	SALANOVA Angel	1296	Y4U	M-20	37	00:00:00	00:21:26.95	00:21:26.95	+00:05:55 (27.6%)	4:17	14 (72.5%)
172	LESZCZYŃSKI Łukasz	785		M-30	71	00:00:34	00:21:27.90	00:22:02.75	+00:05:56 (27.7%)	4:17	14 (72.5%)
173	FRANKOWSKI Paweł	1411		M-40	39	00:00:24	00:21:29.50	00:21:53.75	+00:05:57 (27.8%)	4:17	14 (72.5%)
174	STĘPSKI Marek	104		M-40	40	00:00:06	00:21:29.75	00:21:36.05	+00:05:58 (27.8%)	4:18	14 (72.5%)
175	BARAŃSKI Władysław	1373		M-30	72	00:00:02	00:21:33.45	00:21:36.05	+00:06:01 (28.0%)	4:18	13.9 (72.0%)
176	KOWALSKI Krzysztof	321	OCELOTY KRUSZYN KRAJEŃSKI	M-30	73	00:00:22	00:21:34.40	00:21:56.75	+00:06:02 (28.0%)	4:18	13.9 (72.0%)
177	RUMIŃSKI Adam	98	SZURUSIE TEAM	M-30	74	00:00:19	00:21:34.45	00:21:54.00	+00:06:02 (28.0%)	4:19	13.9 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	PIEKARSKI Arkadiusz	754		M-30	75	00:01:00	00:21:36.10	00:22:36.35	+00:06:04 (28.1%)	4:19	13.9 (72.0%)
179	ANTKOWIAK Bartosz	788	TCMS PESA BYDGOSZCZ	M-30	76	00:00:08	00:21:38.85	00:21:47.65	+00:06:07 (28.3%)	4:19	13.9 (72.0%)
180	HOLM HENRIKSEN Jonas	1244	COLLEGIUM MEDICUM	M-20	38	00:00:14	00:21:38.95	00:21:53.05	+00:06:07 (28.3%)	4:19	13.9 (72.0%)
181	CICHOWICZ Marcin	1337		M-40	41	00:00:06	00:21:40.40	00:21:46.75	+00:06:08 (28.4%)	4:20	13.8 (71.5%)
182	NADOLNY Sebastian	625		M-40	42	00:00:17	00:21:42.45	00:22:00.25	+00:06:10 (28.5%)	4:20	13.8 (71.5%)
183	WNUCZYŃSKI Jakub	1251		M-10	17	00:00:17	00:21:43.35	00:22:01.05	+00:06:11 (28.5%)	4:20	13.8 (71.5%)
184	BRAŹKIEWICZ Rafał	215		M-40	43	00:00:18	00:21:43.40	00:22:02.35	+00:06:11 (28.5%)	4:20	13.8 (71.5%)
185	WNUCZYŃSKI Andrzej	803	ORANGE POLSKA	M-40	44	00:00:18	00:21:43.70	00:22:02.15	+00:06:12 (28.5%)	4:20	13.8 (71.5%)
186	BIZON Bartosz	924		M-30	77	00:00:25	00:21:44.95	00:22:10.20	+00:06:13 (28.6%)	4:21	13.8 (71.5%)
187	GACKOWSKI Krzysztof	18	IRON&ONE TEAM	M-40	45	00:00:08	00:21:45.25	00:21:53.50	+00:06:13 (28.6%)	4:21	13.8 (71.5%)
188	SKUBISZAK Mateusz	1266		M-10	18	00:00:01	00:21:46.40	00:21:48.25	+00:06:14 (28.7%)	4:21	13.8 (71.5%)
189	GOŁĘBIEWSKI Piotr	805		M-40	46	00:00:08	00:21:47.15	00:21:55.90	+00:06:15 (28.7%)	4:21	13.8 (71.5%)
190	ADAMCZAK Filip	1156		M-10	19	00:00:06	00:21:50.90	00:21:57.55	+00:06:19 (28.9%)	4:22	13.7 (71.0%)
191	MROZIK Andrzej	688		M-40	47	00:00:15	00:21:51.80	00:22:07.50	+00:06:20 (29.0%)	4:22	13.7 (71.0%)
192	KRAWCZYK Arkadiusz	1346		M-20	39	00:00:24	00:21:53.30	00:22:17.70	+00:06:21 (29.1%)	4:22	13.7 (71.0%)
193	SZUBERSKI Michał	117	DESPERACI	M-40	48	00:00:29	00:21:53.45	00:22:22.80	+00:06:21 (29.1%)	4:22	13.7 (71.0%)
194	GŁOWSKI Dariusz	435		M-40	49	00:00:12	00:21:54.30	00:22:07.25	+00:06:22 (29.1%)	4:23	13.7 (71.0%)
195	SZEWCZYKOWSKI Grzegorz	763	BYDGOSKIE ŻÓŁWIE	M-30	78	00:00:20	00:21:54.50	00:22:14.65	+00:06:22 (29.1%)	4:22	13.7 (71.0%)
196	QUAAS Łukasz	43		M-30	79	00:00:10	00:21:54.95	00:22:05.00	+00:06:23 (29.2%)	4:23	13.7 (71.0%)
196	KRZYSZTOŃ Emanuel	692		M-20	40	00:00:46	00:21:54.95	00:22:41.65	+00:06:23 (29.2%)	4:23	13.7 (71.0%)
198	ŻMICH Tomasz	302		M-40	50	00:00:10	00:21:55.75	00:22:05.90	+00:06:24 (29.2%)	4:23	13.7 (71.0%)
199	MALINOWSKI Artur	205		M-40	51	00:00:24	00:21:56.75	00:22:20.95	+00:06:25 (29.3%)	4:23	13.7 (71.0%)
200	GABRYCH Maciej	23	CZARNE STOPY.SM	M-30	80	00:00:10	00:21:57.15	00:22:07.80	+00:06:25 (29.3%)	4:23	13.7 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	GLAZA Patryk	639		M-30	81	00:00:27	00:21:58.60	00:22:26.45	+00:06:27 (29.3%)	4:23	13.6 (70.5%)
202	ZIELIŃSKI Waldemar	827		M-50	8	00:01:18	00:21:58.80	00:23:17.65	+00:06:27 (29.4%)	4:23	13.6 (70.5%)
203	CIOSEK Mirosław	1184		M-50	9	00:00:08	00:21:59.75	00:22:08.50	+00:06:28 (29.4%)	4:24	13.6 (70.5%)
204	PERLINSKI Damian	325	MOŻE I POWOLI ALE ZA TO BYLE JAK	M-30	82	00:00:45	00:22:01.85	00:22:47.20	+00:06:30 (29.5%)	4:24	13.6 (70.5%)
205	GRAJEWSKI Tomasz	347		M-30	83	00:00:18	00:22:02.90	00:22:21.80	+00:06:31 (29.6%)	4:24	13.6 (70.5%)
206	RAUNEST Adam	1362		M-50	10	00:00:13	00:22:04.30	00:22:17.50	+00:06:32 (29.7%)	4:24	13.6 (70.5%)
207	KUCHCZYŃSKI Adam	834	BÓL TO ŚCIEMA	M-50	11	00:00:11	00:22:07.45	00:22:18.50	+00:06:35 (29.8%)	4:25	13.6 (70.5%)
208	KAMIŃSKI Marek	187	TYPYGRUBE	M-20	41	00:01:14	00:22:08.70	00:23:23.25	+00:06:37 (29.9%)	4:25	13.5 (69.9%)
209	BRYJA Robert	970		M-50	12	00:00:21	00:22:12.95	00:22:34.15	+00:06:41 (30.1%)	4:26	13.5 (69.9%)
210	BEŁKOWSKI Artur	621		M-20	42	00:00:23	00:22:16.30	00:22:39.60	+00:06:44 (30.3%)	4:27	13.5 (69.9%)
211	ROSIAK Jarosław	38	3KR	M-40	52	00:00:47	00:22:16.70	00:23:04.00	+00:06:45 (30.3%)	4:27	13.5 (69.9%)
212	CIEMNY Tomasz	627		M-40	53	00:00:20	00:22:17.90	00:22:38.50	+00:06:46 (30.4%)	4:27	13.5 (69.9%)
213	SZMELTER Michał	458		M-40	54	00:00:20	00:22:21.25	00:22:42.00	+00:06:49 (30.5%)	4:28	13.4 (69.4%)
214	SZYMCZAK Maciej	527		M-40	55	00:00:09	00:22:22.15	00:22:31.35	+00:06:50 (30.6%)	4:28	13.4 (69.4%)
214	REPCZYŃSKI Tomek	340		M-20	43	00:01:14	00:22:22.15	00:23:36.45	+00:06:50 (30.6%)	4:28	13.4 (69.4%)
216	SZUBARTOWSKI Robert	1322		M-40	56	00:00:16	00:22:24.65	00:22:41.15	+00:06:53 (30.7%)	4:29	13.4 (69.4%)
217	JASIŃSKI Artur	578		M-40	57	00:00:59	00:22:24.90	00:23:24.50	+00:06:53 (30.7%)	4:29	13.4 (69.4%)
218	NOWAK Rafał	711	JYSK TEAM	M-20	44	00:00:21	00:22:25.35	00:22:46.40	+00:06:53 (30.8%)	4:29	13.4 (69.4%)
219	BARSZCZ Tomasz	1262		M-30	84	00:00:17	00:22:25.60	00:22:43.40	+00:06:54 (30.8%)	4:29	13.4 (69.4%)
220	JAŹDŻEWSKI Dawid	91	DESPERACI BYDGOSZCZ	M-30	85	00:00:28	00:22:26.85	00:22:55.80	+00:06:55 (30.8%)	4:29	13.4 (69.4%)
221	KLIMCZAK Piotr	1204	OCULUS - NIEWIDOMI	M-10	20	00:01:02	00:22:27.60	00:23:30.10	+00:06:56 (30.9%)	4:29	13.4 (69.4%)
222	SAS Robert	660		M-40	58	00:00:17	00:22:28.25	00:22:45.85	+00:06:56 (30.9%)	4:29	13.4 (69.4%)
223	PAWLAK Jakub	770	JFTC SU	M-30	86	00:00:17	00:22:30.05	00:22:47.55	+00:06:58 (31.0%)	4:30	13.3 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	LUZAK Mirosław	414	MWIK BYDGOSZCZ	M-50	13	00:00:11	00:22:30.20	00:22:41.75	+00:06:58 (31.0%)	4:30	13.3 (68.9%)
225	NOWAKOWSKI Oskar	144		M-10	21	00:00:11	00:22:30.40	00:22:41.65	+00:06:58 (31.0%)	4:30	13.3 (68.9%)
226	KRUCZKOWSKI Adam	1220	OCULUS - NIEWIDOMI	M-40	59	00:00:05	00:22:30.85	00:22:36.25	+00:06:59 (31.0%)	4:30	13.3 (68.9%)
227	MAŁOWIECKI Grzegorz	1223	OCULUS - NIEWIDOMI	M-40	60	00:00:05	00:22:31.00	00:22:36.15	+00:06:59 (31.0%)	4:30	13.3 (68.9%)
228	JAROCH Krzysztof	113		M-20	45	00:01:09	00:22:32.00	00:23:41.30	+00:07:00 (31.1%)	4:30	13.3 (68.9%)
229	PIEKARSKI Wojciech	755		M-40	61	00:01:00	00:22:32.50	00:23:32.75	+00:07:00 (31.1%)	4:30	13.3 (68.9%)
230	LEWICKI Maciej	764	BYDGOSZCZ NA START	M-40	62	00:00:16	00:22:33.85	00:22:50.45	+00:07:02 (31.2%)	4:30	13.3 (68.9%)
231	MAZURKIEWICZ Piotr	899		M-40	63	00:00:33	00:22:35.65	00:23:09.25	+00:07:04 (31.3%)	4:31	13.3 (68.9%)
232	WESOŁOWSKI Krzysztof	374		M-40	64	00:00:18	00:22:35.85	00:22:53.90	+00:07:04 (31.3%)	4:31	13.3 (68.9%)
233	NIEDBALSKI Paweł	163		M-30	87	00:00:01	00:22:37.30	00:22:39.25	+00:07:05 (31.4%)	4:31	13.3 (68.9%)
233	GWIAZDOWSKI Krzysztof	790		M-40	65	00:00:04	00:22:37.30	00:22:42.10	+00:07:05 (31.4%)	4:31	13.3 (68.9%)
235	TWARDOWSKI Bartosz	1473		M-30	88	00:00:49	00:22:38.20	00:23:27.25	+00:07:06 (31.4%)	4:31	13.3 (68.9%)
236	KARCZEWSKI Sławomir	287	CWU	M-30	89	00:00:17	00:22:38.30	00:22:55.30	+00:07:06 (31.4%)	4:31	13.3 (68.9%)
237	BIAŁOWĄS Dariusz	65		M-40	66	00:00:35	00:22:39.70	00:23:15.35	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
238	KRZYŚKÓW Mateusz	538	ZIELONY PELIKAN	M-20	46	00:00:07	00:22:40.15	00:22:47.35	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
239	NAPORA Mateusz	665		M-20	47	00:01:16	00:22:40.35	00:23:56.45	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
240	PACEK Mirosław	242		M-50	14	00:00:20	00:22:40.40	00:23:00.95	+00:07:08 (31.5%)	4:32	13.2 (68.4%)
241	WALUSIAK Miłosz	1308	RUN PASJA	M-30	90	00:00:14	00:22:41.80	00:22:56.45	+00:07:10 (31.6%)	4:32	13.2 (68.4%)
242	DOMEK Aleksander	154		M-30	91	00:01:08	00:22:42.95	00:23:51.20	+00:07:11 (31.6%)	4:32	13.2 (68.4%)
243	BURY Tomasz	563		M-30	92	00:00:09	00:22:43.65	00:22:53.30	+00:07:12 (31.7%)	4:32	13.2 (68.4%)
244	SPYCHALSKI Bartosz	828		M-20	48	00:00:31	00:22:47.05	00:23:18.95	+00:07:15 (31.9%)	4:33	13.2 (68.4%)
245	POBIEDZIŃSKI Robert	900	POLONIA BYDGOSZCZ SLA	M-20	49	00:01:15	00:22:47.80	00:24:03.20	+00:07:16 (31.9%)	4:33	13.2 (68.4%)
246	PALIWODA Jakub	1114		M-20	50	00:01:39	00:22:50.05	00:24:29.30	+00:07:18 (32.0%)	4:34	13.1 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	KLEPACZEWSKI Arkadiusz	298		M-30	93	00:00:14	00:22:53.40	00:23:07.45	+00:07:21 (32.2%)	4:34	13.1 (67.9%)
248	PAWLAK Dawid	766	ESKIMOS	M-40	67	00:00:09	00:22:54.10	00:23:04.00	+00:07:22 (32.2%)	4:35	13.1 (67.9%)
249	SIUDA Sebastian	41	SOLECCY BIEGACZE	M-40	68	00:00:45	00:22:55.95	00:23:41.60	+00:07:24 (32.3%)	4:35	13.1 (67.9%)
250	ŁABENDA Robert	84	SZURUSIE	M-30	94	00:00:18	00:22:57.25	00:23:16.20	+00:07:25 (32.4%)	4:35	13.1 (67.9%)
251	BEDNAREK Paweł	776	GORDON RUN	M-30	95	00:00:14	00:22:57.90	00:23:12.30	+00:07:26 (32.4%)	4:35	13.1 (67.9%)
252	WOJCIECHOWSKI Dawid	1193		M-20	51	00:00:55	00:22:58.75	00:23:54.50	+00:07:27 (32.4%)	4:35	13.1 (67.9%)
253	WROBEL Mateusx	1167		M-20	52	00:00:02	00:22:59.05	00:23:01.95	+00:07:27 (32.4%)	4:35	13.1 (67.9%)
254	DACH Łukasz	873		M-30	96	00:00:10	00:23:00.95	00:23:11.15	+00:07:29 (32.5%)	4:36	13 (67.4%)
255	PAWLACZYK Paweł	1338	SPÓJNIA BIAŁE BŁOTA	M-20	53	00:00:50	00:23:02.25	00:23:52.40	+00:07:30 (32.6%)	4:36	13 (67.4%)
256	NIEDBALSKI Szymon	128	SKLEP BIEGACZA BYDGOSZCZ	M-20	54	00:00:13	00:23:05.35	00:23:18.55	+00:07:33 (32.8%)	4:37	13 (67.4%)
257	GROCHOWSKI Piotr	1449		M-30	97	00:00:51	00:23:06.00	00:23:57.20	+00:07:34 (32.8%)	4:37	13 (67.4%)
258	STAWCZYK Dariusz	142		M-40	69	00:00:22	00:23:09.20	00:23:31.70	+00:07:37 (32.9%)	4:37	13 (67.4%)
258	CICHOWICZ Tomasz	1101		M-20	55	00:01:28	00:23:09.20	00:24:37.75	+00:07:37 (32.9%)	4:37	13 (67.4%)
260	DOMERACKI Damian	507		M-30	98	00:00:07	00:23:09.45	00:23:17.25	+00:07:37 (33.0%)	4:38	12.9 (66.8%)
261	LEWANDOWSKI Michał	980		M-30	99	00:01:35	00:23:11.25	00:24:47.15	+00:07:39 (33.0%)	4:38	12.9 (66.8%)
262	LEWANDOWSKI Rafał	498		M-30	100	00:01:11	00:23:11.55	00:24:22.85	+00:07:39 (33.1%)	4:38	12.9 (66.8%)
263	MRUGAŁA Bartosz	141		M-30	101	00:00:21	00:23:11.60	00:23:33.35	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
264	KIEŁCZYŃSKI Marek	493		M-40	70	00:00:14	00:23:11.80	00:23:26.70	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
265	STASIEWSKI Mariusz	1127	TRISPACE	M-40	71	00:00:16	00:23:11.85	00:23:28.15	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
266	ANGLART Roman	199	PARKRUN BYDGOSZCZ	M-50	15	00:00:31	00:23:12.35	00:23:43.50	+00:07:40 (33.1%)	4:38	12.9 (66.8%)
267	ANDRYSIAK Tomasz	1443		M-40	72	00:00:30	00:23:12.75	00:23:43.45	+00:07:41 (33.1%)	4:38	12.9 (66.8%)
268	MAŁECKI Damian	896		M-20	56	00:00:07	00:23:12.85	00:23:20.65	+00:07:41 (33.1%)	4:38	12.9 (66.8%)
269	KAMIŃSKI Łukasz	79	QBOWICZ RODZINNA MAFIA BIEGOWA	M-30	102	00:01:11	00:23:13.85	00:24:25.15	+00:07:42 (33.2%)	4:38	12.9 (66.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	ŚLIWIŃSKI Piotr	1234	OCULUS - NIEWIDOMI	M-40	73	00:00:05	00:23:13.90	00:23:19.65	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
271	CHMURZYŃSKI Jakub	1206	OCULUS - NIEWIDOMI	M-20	57	00:00:05	00:23:13.95	00:23:19.40	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
272	BAGCI Ugur	1299	Y4U	M-20	58	00:00:00	00:23:14.10	00:23:14.10	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
273	MAICHSZAK Michał	1222	OCULUS - NIEWIDOMI	M-30	103	00:00:05	00:23:14.25	00:23:19.60	+00:07:42 (33.2%)	4:38	12.9 (66.8%)
274	DULIŃSKI Bartosz	958	SP NIEMCZ	M-10	22	00:00:33	00:23:15.40	00:23:48.40	+00:07:43 (33.2%)	4:39	12.9 (66.8%)
275	WIENEKE Jonathan	1246		M-20	59	00:00:34	00:23:15.50	00:23:49.95	+00:07:43 (33.2%)	4:39	12.9 (66.8%)
276	TRUDNOWSKI Janusz	130		M-60+	3	00:00:11	00:23:15.90	00:23:27.20	+00:07:44 (33.3%)	4:39	12.9 (66.8%)
277	DULIŃSKI Jacek	957		M-40	74	00:00:32	00:23:19.25	00:23:51.40	+00:07:47 (33.4%)	4:39	12.9 (66.8%)
278	MARCINKOWSKI Artur	1017		M-20	60	00:00:19	00:23:19.45	00:23:38.45	+00:07:47 (33.4%)	4:39	12.9 (66.8%)
279	BARSZCZ Krzysztof	1462		M-30	104	00:00:17	00:23:20.00	00:23:37.15	+00:07:48 (33.5%)	4:40	12.9 (66.8%)
280	FOJUTOWSKI Jan	696		M-10	23	00:00:30	00:23:20.90	00:23:51.75	+00:07:49 (33.5%)	4:40	12.8 (66.3%)
281	PIASECKI Radosław	807		M-20	61	00:00:31	00:23:21.05	00:23:52.65	+00:07:49 (33.5%)	4:40	12.8 (66.3%)
282	MOLENDĄ Piotr	1347		M-20	62	00:00:08	00:23:23.65	00:23:32.15	+00:07:52 (33.6%)	4:40	12.8 (66.3%)
283	FOJUTOWSKI Filip	697		M-10	24	00:00:31	00:23:23.75	00:23:55.40	+00:07:52 (33.6%)	4:40	12.8 (66.3%)
284	MAJCHRZAK Dawid	194	ZOSIA TEAM	M-30	105	00:00:46	00:23:25.55	00:24:11.95	+00:07:53 (33.7%)	4:41	12.8 (66.3%)
285	ŁAWNICZAK Paweł	567		M-30	106	00:00:07	00:23:26.85	00:23:34.45	+00:07:55 (33.8%)	4:41	12.8 (66.3%)
286	PRUSINOWSKI Jakub	1106		M-20	63	00:00:13	00:23:27.65	00:23:41.45	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
287	GŁOWACKI Robert	1414		M-40	75	00:00:05	00:23:27.85	00:23:33.55	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
288	KALIŃSKI Grzegorz	1089		M-40	76	00:00:03	00:23:28.00	00:23:31.25	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
289	BARTCZAK Radosław	335	CB163	M-20	64	00:01:28	00:23:28.25	00:24:56.25	+00:07:56 (33.8%)	4:41	12.8 (66.3%)
290	ŻUCHELKOWSKI Rafał	1008	AGATA & RAFAŁ & ADAŚ TEAM	M-30	107	00:01:02	00:23:29.65	00:24:31.90	+00:07:58 (33.9%)	4:41	12.8 (66.3%)
291	BRZEZIŃSKI Sławomir	1315	CZARNE STOPY.SM	M-40	77	00:00:25	00:23:29.90	00:23:55.55	+00:07:58 (33.9%)	4:42	12.8 (66.3%)
292	NALEŻYTY Piotr	35	KLINIKA TRIATHLONU	M-30	108	00:00:18	00:23:30.65	00:23:49.30	+00:07:59 (34.0%)	4:42	12.8 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
292	LITKOWSKI Marek	797	DMK LEE	M-40	78	00:00:50	00:23:30.65	00:24:21.15	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
294	SAJDAK Marcin	1055	PĘDZĄCE ŻÓŁWIE	M-30	109	00:00:14	00:23:30.90	00:23:45.70	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
295	ŁABENDA Piotr	211	TERENOWA MASAKRA TEAM	M-40	79	00:00:16	00:23:31.55	00:23:47.70	+00:07:59 (34.0%)	4:42	12.8 (66.3%)
296	MALICKI Łukasz	504	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	110	00:00:17	00:23:31.70	00:23:49.45	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
297	BYRTEK Grzegorz	314		M-40	80	00:00:20	00:23:31.85	00:23:52.30	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
298	PRZEWŁOCKI Jakub	1056	KLINIKA TRIATHLONU	M-30	111	00:00:17	00:23:32.35	00:23:49.55	+00:08:00 (34.0%)	4:42	12.7 (65.8%)
299	SZATKOWSKI Oskar	1058	KLINIKA TRIATHLONU	M-20	65	00:00:17	00:23:33.40	00:23:51.25	+00:08:01 (34.1%)	4:42	12.7 (65.8%)
300	PAWŁOWSKI Kamil	452		M-20	66	00:00:07	00:23:33.85	00:23:41.00	+00:08:02 (34.1%)	4:42	12.7 (65.8%)
301	BŁAŻEJEWSKI Kacper	684	CB163	M-20	67	00:01:31	00:23:35.85	00:25:07.35	+00:08:04 (34.2%)	4:43	12.7 (65.8%)
302	GRZYWIŃSKI Łukasz	1481		M-30	112	00:00:44	00:23:37.50	00:24:22.25	+00:08:05 (34.3%)	4:43	12.7 (65.8%)
303	ARENT Piotr	658		M-20	68	00:00:34	00:23:37.80	00:24:12.45	+00:08:06 (34.3%)	4:43	12.7 (65.8%)
304	PYTLIŃSKI Paweł	681	BYDGOSKIE ŻÓŁWIE	M-30	113	00:00:44	00:23:38.20	00:24:22.70	+00:08:06 (34.3%)	4:43	12.7 (65.8%)
305	ROŚ Sławek	389		M-30	114	00:00:15	00:23:39.25	00:23:54.50	+00:08:07 (34.4%)	4:43	12.7 (65.8%)
306	KISZKA Marcin	207	RUN PASJA	M-30	115	00:00:10	00:23:39.75	00:23:50.05	+00:08:08 (34.4%)	4:44	12.7 (65.8%)
307	JURKOWSKI Paweł	670	TOASTMASTERS BYDGOSZCZ	M-30	116	00:01:30	00:23:40.65	00:25:11.05	+00:08:09 (34.4%)	4:44	12.7 (65.8%)
308	MALEWICZ Paweł	686		M-30	117	00:00:17	00:23:41.55	00:23:58.90	+00:08:09 (34.5%)	4:44	12.7 (65.8%)
309	KITOWSKI Przemysław	1440		M-30	118	00:00:19	00:23:44.90	00:24:04.05	+00:08:13 (34.6%)	4:45	12.6 (65.3%)
310	DURCZAK Jerzy	459	BYDGOSKIE OKONIE	M-30	119	00:01:01	00:23:45.80	00:24:47.75	+00:08:14 (34.7%)	4:45	12.6 (65.3%)
311	MINNOCK Ivan	1486		M-20	69	00:00:34	00:23:47.05	00:24:21.95	+00:08:15 (34.7%)	4:45	12.6 (65.3%)
312	CHOJNACKI Arkadiusz	212	NIGHT RUNNERS	M-20	70	00:01:06	00:23:48.15	00:24:54.95	+00:08:16 (34.8%)	4:45	12.6 (65.3%)
313	NAWROCKI Damian	1477		M-20	71	00:00:39	00:23:49.00	00:24:28.20	+00:08:17 (34.8%)	4:45	12.6 (65.3%)
314	NOWICKI Adam	757	PENTEL	M-40	81	00:01:09	00:23:49.40	00:24:59.00	+00:08:17 (34.8%)	4:46	12.6 (65.3%)
315	SOŁTYSIUK Bartosz	1130	FC PIECZARA	M-30	120	00:01:29	00:23:50.85	00:25:20.65	+00:08:19 (34.9%)	4:46	12.6 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	TRZCIŃSKI Eugeniusz	358		M-60+	4	00:00:20	00:23:50.90	00:24:11.05	+00:08:19 (34.9%)	4:46	12.6 (65.3%)
316	KWIATKOWSKI Karol	1331	CFR	M-40	82	00:00:59	00:23:50.90	00:24:49.95	+00:08:19 (34.9%)	4:46	12.6 (65.3%)
318	FRAĆKOWIAK Waldemar	1145		M-40	83	00:01:15	00:23:52.30	00:25:07.65	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
319	LEŚNIEWSKI Tomasz	333		M-40	84	00:00:08	00:23:52.35	00:24:00.85	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
320	IWANUSEK Paweł	528	GRUPA BANKIETOWA SPECJAL	M-40	85	00:01:20	00:23:52.50	00:25:13.45	+00:08:20 (35.0%)	4:46	12.6 (65.3%)
321	POZNAŃ Łukasz	181		M-30	121	00:01:30	00:23:52.80	00:25:23.55	+00:08:21 (35.0%)	4:46	12.6 (65.3%)
322	KILANOWSKI Dariusz	1242		M-30	122	00:01:28	00:23:53.45	00:25:22.15	+00:08:21 (35.0%)	4:46	12.6 (65.3%)
323	PAWLAK Robert	1329	NIE ZRZESZONY	M-40	86	00:00:32	00:23:54.10	00:24:26.30	+00:08:22 (35.0%)	4:46	12.6 (65.3%)
324	RADULSKI Dawid	441		M-20	72	00:00:38	00:23:54.40	00:24:32.85	+00:08:22 (35.1%)	4:46	12.6 (65.3%)
325	ŻEBRACKI Artur	406		M-30	123	00:01:25	00:23:56.25	00:25:21.85	+00:08:24 (35.1%)	4:47	12.5 (64.8%)
326	ROSZCZYN Dawid	275	CB163	M-30	124	00:01:34	00:23:56.40	00:25:31.05	+00:08:24 (35.1%)	4:47	12.5 (64.8%)
327	WIŚNIEWSKI Jacek	193		M-30	125	00:00:03	00:23:56.75	00:24:00.65	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
328	DUDKOWIAK Michał	1330		M-30	126	00:00:16	00:23:56.90	00:24:13.45	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
329	DROZDOWSKI Krzysztof	654		M-40	87	00:00:40	00:23:57.30	00:24:37.65	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
330	APPEL Karol	1000		M-20	73	00:00:23	00:23:57.55	00:24:21.15	+00:08:25 (35.2%)	4:47	12.5 (64.8%)
331	KOWALCZYK Tomasz	1374		M-40	88	00:00:15	00:23:58.90	00:24:14.00	+00:08:27 (35.3%)	4:47	12.5 (64.8%)
332	SIUDA Marek	124		M-40	89	00:00:46	00:23:59.70	00:24:46.25	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
333	KUTOWSKI Przemysław	299	PRUSZCZ	M-40	90	00:00:10	00:23:59.95	00:24:10.55	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
334	SOSNA Mikołaj	92		M-30	127	00:01:19	00:24:00.20	00:25:19.60	+00:08:28 (35.3%)	4:48	12.5 (64.8%)
335	GÓRSKI Michał	853		M-30	128	00:00:07	00:24:00.75	00:24:08.05	+00:08:29 (35.3%)	4:48	12.5 (64.8%)
336	HORODYSKI Paweł	1077	PMN	M-30	129	00:00:51	00:24:00.90	00:24:52.25	+00:08:29 (35.3%)	4:48	12.5 (64.8%)
337	LUDWICZAK Oskar	1227	OCULUS - NIEWIDOMI	M-30	130	00:01:02	00:24:01.05	00:25:03.30	+00:08:29 (35.4%)	4:48	12.5 (64.8%)
338	HRYCZ Paweł	905	#BBKTS	M-40	91	00:00:25	00:24:01.35	00:24:27.15	+00:08:29 (35.4%)	4:48	12.5 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	ŚWIATLAK Marek	237		M-40	92	00:00:57	00:24:01.95	00:24:59.30	+00:08:30 (35.4%)	4:48	12.5 (64.8%)
340	MEYER Maciej	1260		M-20	74	00:01:39	00:24:02.90	00:25:42.40	+00:08:31 (35.4%)	4:48	12.5 (64.8%)
341	MEYER Marek	844		M-40	93	00:01:39	00:24:02.95	00:25:42.65	+00:08:31 (35.4%)	4:48	12.5 (64.8%)
342	BURCZYK Roman	517		M-40	94	00:01:36	00:24:04.50	00:25:41.25	+00:08:32 (35.5%)	4:49	12.5 (64.8%)
343	KARLIŃSKI Oskar	391	BYDGOSZCZ	M-10	25	00:00:41	00:24:04.70	00:24:45.85	+00:08:33 (35.5%)	4:48	12.5 (64.8%)
344	BĄBOLEWSKI Łukasz	172		M-30	131	00:01:09	00:24:05.25	00:25:14.65	+00:08:33 (35.5%)	4:49	12.5 (64.8%)
345	DĄBROWSKI Bartosz	1431	SPORTOWA PASJA	M-30	132	00:00:39	00:24:07.00	00:24:46.85	+00:08:35 (35.6%)	4:49	12.4 (64.2%)
346	MALINOWSKI Waldemar	677	RUN LOTTO BYDGOSTIA	M-40	95	00:00:43	00:24:07.45	00:24:51.05	+00:08:35 (35.6%)	4:49	12.4 (64.2%)
347	GAWRYCH Adam	602		M-20	75	00:00:51	00:24:08.05	00:24:59.90	+00:08:36 (35.7%)	4:49	12.4 (64.2%)
348	SIEKIERKA Jarosław	85		M-30	133	00:00:03	00:24:11.70	00:24:15.20	+00:08:40 (35.8%)	4:50	12.4 (64.2%)
349	KRYSZTOFORSKI Wojciech	1487	ZOSIA TEAM	M-30	134	00:01:00	00:24:13.65	00:25:14.20	+00:08:42 (35.9%)	4:50	12.4 (64.2%)
350	KACZMARCZYK Maciek	1023		M-10	26	00:00:48	00:24:15.55	00:25:04.10	+00:08:43 (36.0%)	4:51	12.4 (64.2%)
351	KRESIŃSKI Andrzej	415	BYDGOSZCZ	M-30	135	00:01:21	00:24:16.00	00:25:37.55	+00:08:44 (36.0%)	4:51	12.4 (64.2%)
352	STELMASZEK Patryk	203		M-10	27	00:01:07	00:24:17.45	00:25:24.65	+00:08:45 (36.1%)	4:51	12.4 (64.2%)
353	LEWANDOWSKI Adam	153	TEAM KUCYKI	M-40	96	00:00:57	00:24:17.60	00:25:15.15	+00:08:46 (36.1%)	4:51	12.3 (63.7%)
354	WOJCIECHOWSKI Jarosław	138		M-40	97	00:00:27	00:24:21.10	00:24:48.85	+00:08:49 (36.2%)	4:52	12.3 (63.7%)
355	ZABROCKI Marcin	1007		M-20	76	00:00:42	00:24:21.45	00:25:03.50	+00:08:49 (36.3%)	4:52	12.3 (63.7%)
356	KOLSKI Radek	306	VAUPE TEAM	M-40	98	00:01:00	00:24:22.80	00:25:22.80	+00:08:51 (36.3%)	4:52	12.3 (63.7%)
357	LICA Paweł	58		M-20	77	00:01:30	00:24:23.00	00:25:53.35	+00:08:51 (36.3%)	4:52	12.3 (63.7%)
358	GRACZ Adam	1460		M-30	136	00:01:25	00:24:26.00	00:25:51.25	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
359	TYLKOWSKI Łukasz Piotr	488	TURBOGROSZKI.RUN	M-20	78	00:00:32	00:24:26.30	00:24:58.70	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
360	GORCZYCA Rafał	871		M-40	99	00:01:50	00:24:26.50	00:26:16.70	+00:08:54 (36.5%)	4:53	12.3 (63.7%)
361	RÓLKA Robert	782		M-30	137	00:01:38	00:24:26.85	00:26:04.95	+00:08:55 (36.5%)	4:53	12.3 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	SZARLEJ Marcin	1393		M-30	138	00:01:01	00:24:27.00	00:25:28.30	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
363	ŁUDZIŃSKI Jakub	564		M-30	139	00:01:26	00:24:27.20	00:25:53.95	+00:08:55 (36.5%)	4:53	12.3 (63.7%)
364	LEWANDOWSKI Michał	1183	WEKENDOWI BIEGACZE	M-30	140	00:01:01	00:24:27.75	00:25:29.20	+00:08:56 (36.5%)	4:53	12.3 (63.7%)
365	KLINOWSKI Przemysław	884	BRACTWO WOJOWNIKOW KRUKI	M-30	141	00:01:11	00:24:28.30	00:25:39.60	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
366	JURSKI Robert	514		M-40	100	00:00:26	00:24:28.45	00:24:54.55	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
367	WOLAK Piotr	1454		M-30	142	00:01:25	00:24:28.55	00:25:54.45	+00:08:56 (36.6%)	4:53	12.3 (63.7%)
368	JEDLIŃSKI Janusz	1439	OFTALMIKA (SYMPATYK)	M-50	16	00:00:15	00:24:28.95	00:24:44.45	+00:08:57 (36.6%)	4:53	12.3 (63.7%)
369	SZYMAŃSKI Tomasz	611		M-30	143	00:00:07	00:24:29.90	00:24:36.90	+00:08:58 (36.6%)	4:53	12.3 (63.7%)
370	JEDRZEJCZYK Wojciech	401		M-10	28	00:00:37	00:24:32.65	00:25:10.30	+00:09:01 (36.7%)	4:54	12.2 (63.2%)
371	PIOTROWSKI Dariusz	66		M-40	101	00:01:06	00:24:33.45	00:25:39.90	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
371	DURALEK Oskar	463		M-10	29	00:01:07	00:24:33.45	00:25:40.85	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
373	NAGORZYSKI Arkadiusz	16	BIEGAMWSPIERAMMOTYWUJĘ	M-30	144	00:00:09	00:24:33.50	00:24:42.60	+00:09:01 (36.8%)	4:54	12.2 (63.2%)
374	ŻUCHOWSKI Dariusz	1375		M-50	17	00:00:25	00:24:33.85	00:24:59.65	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
375	SZYDŁOWSKI Rafał	73	SOFTMAKS.PL	M-30	145	00:01:17	00:24:33.90	00:25:51.25	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
376	DERESZYŃSKI Jan	503	CYSTERSI	M-30	146	00:01:07	00:24:34.30	00:25:41.55	+00:09:02 (36.8%)	4:54	12.2 (63.2%)
377	KWASEK Wojciech	191	KABEL TEAM BYDGOSZCZ	M-50	18	00:00:28	00:24:35.15	00:25:03.20	+00:09:03 (36.8%)	4:55	12.2 (63.2%)
378	KIJEWSKI Maciej	52	KABEL TEAM BYDGOSZCZ	M-30	147	00:00:32	00:24:35.30	00:25:07.50	+00:09:03 (36.9%)	4:55	12.2 (63.2%)
379	KROPIDŁOWSKI Bartosz	500		M-30	148	00:00:32	00:24:35.75	00:25:07.80	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
380	CZAJA Tomasz	752		M-30	149	00:00:31	00:24:35.90	00:25:07.20	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
381	PYJOS Rafał	1028		M-30	150	00:00:24	00:24:36.25	00:25:01.10	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
382	CZAJA Jarosław	26		M-40	102	00:00:48	00:24:36.30	00:25:24.90	+00:09:04 (36.9%)	4:55	12.2 (63.2%)
383	PRACKI Łukasz	1427		M-20	79	00:00:27	00:24:37.55	00:25:04.55	+00:09:05 (36.9%)	4:55	12.2 (63.2%)
384	ŚNIECHOTA Konrad	188	TYPYGRUBE	M-30	151	00:01:14	00:24:38.90	00:25:53.75	+00:09:07 (37.0%)	4:55	12.2 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	TUREK Józef	747		M-20	80	00:00:44	00:24:39.20	00:25:23.60	+00:09:07 (37.0%)	4:55	12.2 (63.2%)
386	KORNACKI Artur	855		M-40	103	00:00:13	00:24:42.70	00:24:56.65	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
387	DUDZIC Sławek	354	SCERUN	M-50	19	00:00:59	00:24:43.35	00:25:42.65	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
388	KODRANC Michał	254	TYPYGRUBE	M-30	152	00:01:21	00:24:43.55	00:26:05.45	+00:09:11 (37.2%)	4:56	12.1 (62.7%)
389	KISIEL Krystian	555		M-30	153	00:00:26	00:24:46.25	00:25:13.20	+00:09:14 (37.3%)	4:57	12.1 (62.7%)
390	KULAS Bartosz	1190		M-40	104	00:00:28	00:24:47.60	00:25:15.65	+00:09:16 (37.4%)	4:57	12.1 (62.7%)
391	WOJCIESZAK Dariusz	501		M-50	20	00:00:15	00:24:50.90	00:25:06.75	+00:09:19 (37.5%)	4:58	12.1 (62.7%)
392	ANDRZEJEWSKI Adam	278		M-40	105	00:00:59	00:24:52.40	00:25:51.90	+00:09:20 (37.6%)	4:58	12.1 (62.7%)
393	RYMER Adam	1458		M-30	154	00:01:40	00:24:55.55	00:26:35.85	+00:09:23 (37.7%)	4:59	12 (62.2%)
394	JASINIECKI Wojciech	405	RUN BARTODZIEJE	M-30	155	00:01:20	00:24:56.45	00:26:16.60	+00:09:24 (37.7%)	4:59	12 (62.2%)
395	PUFAL Adrian	537		M-20	81	00:00:22	00:24:57.10	00:25:19.55	+00:09:25 (37.8%)	4:59	12 (62.2%)
396	CEGŁOWSKI Marcin	186		M-40	106	00:00:34	00:24:57.80	00:25:32.25	+00:09:26 (37.8%)	4:59	12 (62.2%)
397	WIECZOREK Wojciech	472		M-50	21	00:00:59	00:24:58.80	00:25:58.45	+00:09:27 (37.8%)	4:59	12 (62.2%)
398	KARPIŃSKI Łukasz	195		M-30	156	00:00:32	00:25:01.20	00:25:33.35	+00:09:29 (37.9%)	5:00	12 (62.2%)
399	GULCZYŃSKI Dawid	1186		M-30	157	00:00:04	00:25:02.05	00:25:06.10	+00:09:30 (38.0%)	5:00	12 (62.2%)
400	OKUPNIAK Bartosz	1031		M-30	158	00:01:13	00:25:03.55	00:26:16.75	+00:09:31 (38.0%)	5:00	12 (62.2%)
401	GEHRKE Szymon	1066		M-30	159	00:00:51	00:25:03.70	00:25:55.20	+00:09:32 (38.0%)	5:00	12 (62.2%)
402	KANCLERZEWSKI Stanisław	118		M-40	107	00:01:48	00:25:04.15	00:26:52.55	+00:09:32 (38.1%)	5:00	12 (62.2%)
403	DACIO Darek	443		M-20	82	00:00:29	00:25:05.00	00:25:34.60	+00:09:33 (38.1%)	5:01	12 (62.2%)
404	JURCZYK Piotr	868	GIM NR 2 GRUDZIĄDZ	M-10	30	00:00:48	00:25:06.00	00:25:54.25	+00:09:34 (38.1%)	5:01	12 (62.2%)
405	ŚWIETLIK Piotr	312		M-50	22	00:00:50	00:25:06.10	00:25:56.10	+00:09:34 (38.1%)	5:01	12 (62.2%)
406	GOŁĘBIEWSKI Paweł	75	SOFTMAKS.PL	M-30	160	00:01:17	00:25:06.15	00:26:23.50	+00:09:34 (38.1%)	5:01	12 (62.2%)
407	POTRZEBOWSKI Marek	134	DEAF I #B3K	M-30	161	00:00:10	00:25:07.00	00:25:17.15	+00:09:35 (38.2%)	5:01	11.9 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	WOŹNIAK Piotr	938		M-40	108	00:00:13	00:25:07.50	00:25:21.35	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
409	STOKŁOSA Maciej	440		M-30	162	00:00:57	00:25:07.55	00:26:05.30	+00:09:35 (38.2%)	5:01	11.9 (61.7%)
410	NOWAKOWSKI Grzegorz	1125	DEAF	M-30	163	00:00:09	00:25:07.70	00:25:17.35	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
411	DOMŻALSKI Kamil	729		M-30	164	00:01:12	00:25:07.95	00:26:19.95	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
412	KAŹMIERCZAK Paweł	171		M-40	109	00:00:18	00:25:08.25	00:25:27.05	+00:09:36 (38.2%)	5:01	11.9 (61.7%)
413	TACZYŃSKI Mariusz	1491		M-40	110	00:00:02	00:25:09.50	00:25:12.10	+00:09:37 (38.3%)	5:02	11.9 (61.7%)
414	JĘDRZEJCZYK Piotr	849		M-40	111	00:01:45	00:25:09.65	00:26:55.15	+00:09:38 (38.3%)	5:02	11.9 (61.7%)
414	ANDRYCH Wojciech	192	TYPYGRUBE	M-30	165	00:01:14	00:25:09.65	00:26:24.60	+00:09:38 (38.3%)	5:02	11.9 (61.7%)
416	PAWŁOWICZ Patryk	1268		M-10	31	00:00:33	00:25:11.95	00:25:45.00	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
417	SCHMIDT Marcin	1272		M-30	166	00:00:12	00:25:12.25	00:25:24.35	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
418	WOJCIECHOWSKI Grzegorz	359	ATOS BYDGOSZCZ	M-20	83	00:01:35	00:25:12.30	00:26:47.75	+00:09:40 (38.4%)	5:02	11.9 (61.7%)
419	MAZUR Mariusz	386		M-40	112	00:00:14	00:25:12.75	00:25:27.05	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
420	LEWANDOWSKI Damian	115		M-30	167	00:00:49	00:25:12.80	00:26:02.25	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
421	SZPERKOWSKI Tomasz	1276		M-40	113	00:00:59	00:25:12.85	00:26:12.00	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
422	DURAŁEK Andrzej	467		M-40	114	00:01:06	00:25:12.95	00:26:19.75	+00:09:41 (38.4%)	5:02	11.9 (61.7%)
423	ASTUKIEWICZ Tomasz	90		M-40	115	00:01:31	00:25:14.25	00:26:46.05	+00:09:42 (38.5%)	5:03	11.9 (61.7%)
424	DERESZYŃSKI Piotr	485		M-40	116	00:01:08	00:25:14.50	00:26:22.75	+00:09:42 (38.5%)	5:02	11.9 (61.7%)
425	ROSZCZYN Michał	806		M-20	84	00:01:33	00:25:15.55	00:26:49.30	+00:09:43 (38.5%)	5:03	11.9 (61.7%)
426	WEGNER Roman	289		M-50	23	00:00:31	00:25:16.25	00:25:48.05	+00:09:44 (38.6%)	5:03	11.9 (61.7%)
427	PRZYBYLSKI Mariusz	580	BYDGOSZCZ NA START	M-50	24	00:00:57	00:25:19.15	00:26:16.95	+00:09:47 (38.7%)	5:03	11.8 (61.1%)
428	TOKARSKI Maciej	1022		M-10	32	00:00:15	00:25:19.50	00:25:34.75	+00:09:47 (38.7%)	5:03	11.8 (61.1%)
429	BORZYSZKOWSKI Grzegorz	292	STARY FORDON	M-30	168	00:00:11	00:25:21.10	00:25:32.70	+00:09:49 (38.8%)	5:04	11.8 (61.1%)
430	LUTRZYKOWSKI Krzysztof	465		M-30	169	00:00:04	00:25:21.60	00:25:26.35	+00:09:50 (38.8%)	5:04	11.8 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	SIELSKI Kamil	1402	WISEŁKA FORDON	M-20	85	00:00:33	00:25:22.05	00:25:55.85	+00:09:50 (38.8%)	5:04	11.8 (61.1%)
432	KLIMCZYK Marcin	997		M-40	117	00:00:53	00:25:22.70	00:26:16.15	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
433	PODGÓRSKI Jakub	539	ZIELONY PELIKAN	M-30	170	00:01:10	00:25:23.20	00:26:33.55	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
434	SZEWCZUK Sebastian	1200		M-30	171	00:00:36	00:25:23.30	00:25:59.85	+00:09:51 (38.8%)	5:04	11.8 (61.1%)
435	RADECKI Maciej	1274	CYBORGI	M-40	118	00:00:41	00:25:23.75	00:26:04.75	+00:09:52 (38.9%)	5:04	11.8 (61.1%)
436	PATRZAŁEK Oskar	617		M-10	33	00:00:33	00:25:23.80	00:25:57.45	+00:09:52 (38.9%)	5:04	11.8 (61.1%)
437	PAPIS Piotr	170	BACKONIK	M-30	172	00:00:25	00:25:24.85	00:25:50.50	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
438	DOBROWOLSKI Krzysztof	1150		M-40	119	00:00:25	00:25:25.40	00:25:50.60	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
439	BRAĞIEL Jakub	1154	VEGE RUNNERS	M-30	173	00:01:24	00:25:25.50	00:26:49.60	+00:09:53 (38.9%)	5:05	11.8 (61.1%)
440	ILNITSKYI Ivan	925		M-20	86	00:01:06	00:25:26.65	00:26:32.90	+00:09:55 (39.0%)	5:05	11.8 (61.1%)
441	WITKOWSKI Tomasz	416	VIVA LA VIDA	M-30	174	00:01:05	00:25:28.95	00:26:34.75	+00:09:57 (39.1%)	5:05	11.8 (61.1%)
442	GRAMOWSKI Jakub	1313		M-30	175	00:00:52	00:25:31.65	00:26:24.40	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
443	WNOROWSKI Mirosław	1395		M-40	120	00:00:19	00:25:32.20	00:25:51.20	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
444	ARENT Dawid	489		M-20	87	00:00:35	00:25:32.30	00:26:07.90	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
445	JARACH Rafał	105		M-30	176	00:01:11	00:25:32.45	00:26:43.50	+00:10:00 (39.2%)	5:06	11.7 (60.6%)
446	ARENT Jan	490		M-50	25	00:00:35	00:25:32.95	00:26:08.10	+00:10:01 (39.2%)	5:06	11.7 (60.6%)
447	MODRZEJEWSKI Wojciech	1361	JW 3775	M-40	121	00:00:42	00:25:33.20	00:26:15.95	+00:10:01 (39.2%)	5:06	11.7 (60.6%)
448	KUKLIŃSKI Rafał	674		M-40	122	00:00:40	00:25:35.25	00:26:16.15	+00:10:03 (39.3%)	5:07	11.7 (60.6%)
449	WOJTYSIAK Kamil	1102		M-30	177	00:00:10	00:25:35.30	00:25:46.05	+00:10:03 (39.3%)	5:07	11.7 (60.6%)
450	KOZICKI Marcin	669	BYDGOSKIE ŻÓŁWIE	M-40	123	00:00:46	00:25:37.15	00:26:23.75	+00:10:05 (39.4%)	5:07	11.7 (60.6%)
451	SZAFKOWSKI Arkadiusz	8	SOLECCY BIEGACZE	M-40	124	00:00:46	00:25:37.95	00:26:24.65	+00:10:06 (39.4%)	5:07	11.7 (60.6%)
452	DĘBIEC Andrzej	407		M-30	178	00:01:20	00:25:39.40	00:26:59.40	+00:10:07 (39.5%)	5:07	11.7 (60.6%)
453	PALIGA Arkadiusz	883		M-40	125	00:01:29	00:25:41.00	00:27:10.10	+00:10:09 (39.5%)	5:08	11.7 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	NAWROCKI Dariusz	367	VAUPE TEAM	M-50	26	00:01:51	00:25:43.35	00:27:35.20	+00:10:11 (39.6%)	5:08	11.7 (60.6%)
455	ŁANGOWSKI Jacek	818		M-40	126	00:00:37	00:25:44.90	00:26:22.25	+00:10:13 (39.7%)	5:09	11.7 (60.6%)
456	OLSZEWSKI Michał	544		M-20	88	00:01:08	00:25:46.25	00:26:55.00	+00:10:14 (39.8%)	5:09	11.6 (60.1%)
457	KOTECKI Paweł	1476	LOTTO BYDGOSTIA	M-20	89	00:01:46	00:25:46.45	00:27:32.90	+00:10:14 (39.8%)	5:09	11.6 (60.1%)
458	NURKIEWICZ Jarosław	156	KUNG FU PANDY 3	M-40	127	00:01:00	00:25:46.65	00:26:47.55	+00:10:15 (39.8%)	5:09	11.6 (60.1%)
459	WITKOWSKI Błażej	7		M-20	90	00:01:25	00:25:50.90	00:27:16.25	+00:10:19 (39.9%)	5:10	11.6 (60.1%)
460	STEJUK Antoni	1095	AMS TRIATHLON	M-10	34	00:00:39	00:25:52.20	00:26:31.75	+00:10:20 (40.0%)	5:10	11.6 (60.1%)
461	STEJUK Jan	1094	AMS BYDGOSZCZ	M-10	35	00:00:39	00:25:52.45	00:26:31.65	+00:10:20 (40.0%)	5:10	11.6 (60.1%)
462	SOBOTA Piotr	189		M-40	128	00:00:57	00:25:52.90	00:26:50.20	+00:10:21 (40.0%)	5:10	11.6 (60.1%)
463	LASKOWSKI Wojciech	1435		M-40	129	00:01:10	00:25:56.45	00:27:06.85	+00:10:24 (40.1%)	5:11	11.6 (60.1%)
464	WITKOWSKI Piotr	704	VIVA LA VIDA	M-20	91	00:01:05	00:25:56.60	00:27:02.10	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
465	ANDRZEJEWSKI Paweł	1339		M-40	130	00:00:21	00:25:57.05	00:26:19.00	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
466	PALIŃSKI Grzegorz	1253		M-30	179	00:01:26	00:25:57.25	00:27:23.90	+00:10:25 (40.2%)	5:11	11.6 (60.1%)
467	KNIOŁA Przemek	4		M-10	36	00:00:37	00:26:01.75	00:26:39.70	+00:10:30 (40.3%)	5:12	11.5 (59.6%)
468	RĄCZKOWIAK Piotr	1195		M-30	180	00:00:30	00:26:04.30	00:26:34.50	+00:10:32 (40.4%)	5:12	11.5 (59.6%)
469	PIÓRKOWSKI Rafał	577		M-40	131	00:00:54	00:26:04.45	00:26:59.10	+00:10:32 (40.5%)	5:13	11.5 (59.6%)
470	GROCHAŁA Michał	1038		M-30	181	00:00:17	00:26:04.50	00:26:22.45	+00:10:32 (40.5%)	5:13	11.5 (59.6%)
471	JANUSZEWSKI Marcin	431		M-30	182	00:01:06	00:26:06.10	00:27:12.35	+00:10:34 (40.5%)	5:13	11.5 (59.6%)
472	PASIŃSKI Waldemar	579		M-50	27	00:00:23	00:26:08.70	00:26:31.75	+00:10:37 (40.6%)	5:13	11.5 (59.6%)
473	TALAR Cezary	569		M-10	37	00:00:33	00:26:09.15	00:26:42.65	+00:10:37 (40.6%)	5:13	11.5 (59.6%)
474	KORDAS Jacek	29		M-20	92	00:00:42	00:26:11.35	00:26:53.65	+00:10:39 (40.7%)	5:14	11.5 (59.6%)
475	TUREK Mateusz	1468		M-20	93	00:00:40	00:26:11.50	00:26:51.75	+00:10:39 (40.7%)	5:14	11.5 (59.6%)
476	WIŚNIEWSKI Włodzimierz	61	SPC	M-50	28	00:01:38	00:26:14.05	00:27:52.15	+00:10:42 (40.8%)	5:14	11.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	WOLSKI Marek	1120		M-30	183	00:01:28	00:26:14.80	00:27:43.10	+00:10:43 (40.8%)	5:15	11.4 (59.1%)
478	STANISŁAWSKI Zdzisław	1399		M-60+	5	00:00:53	00:26:15.10	00:27:08.85	+00:10:43 (40.9%)	5:15	11.4 (59.1%)
479	ZIELIŃSKI Radosław	99		M-30	184	00:00:12	00:26:16.45	00:26:29.30	+00:10:44 (40.9%)	5:15	11.4 (59.1%)
480	GRACZYK Przemysław	923	REH MED BYDGOSZCZ	M-30	185	00:01:47	00:26:20.75	00:28:08.60	+00:10:49 (41.1%)	5:16	11.4 (59.1%)
481	SIĘŃSKI Jacek	1090	RUN BYDGOSZCZ	M-50	29	00:01:51	00:26:21.15	00:28:12.35	+00:10:49 (41.1%)	5:16	11.4 (59.1%)
482	DOLATA Łukasz	1309	STRZELCE GÓRNE	M-30	186	00:01:09	00:26:21.65	00:27:30.65	+00:10:50 (41.1%)	5:16	11.4 (59.1%)
483	BORYS Rafał	1144		M-40	132	00:00:41	00:26:22.35	00:27:03.80	+00:10:50 (41.1%)	5:16	11.4 (59.1%)
484	DOBRZAŃSKI Dariusz	313	3GRAVITY	M-20	94	00:01:37	00:26:23.65	00:28:01.00	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
485	HÖFT Karol	940	SPECIALSPACE	M-20	95	00:01:38	00:26:23.75	00:28:02.35	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
486	ŁUKASIEWICZ Krzysztof	126		M-40	133	00:01:28	00:26:24.15	00:27:52.35	+00:10:52 (41.2%)	5:16	11.4 (59.1%)
487	SMUCZYŃSKI Wojciech	432		M-30	187	00:01:25	00:26:26.95	00:27:52.65	+00:10:55 (41.3%)	5:17	11.3 (58.5%)
488	FOJUTOWSKI Sławomir	1457		M-40	134	00:01:14	00:26:29.20	00:27:43.75	+00:10:57 (41.4%)	5:17	11.3 (58.5%)
489	WILCZYŃSKI Jacek	300		M-40	135	00:01:08	00:26:30.05	00:27:38.40	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
490	BANDOCH Jacek	213		M-20	96	00:01:10	00:26:30.15	00:27:40.65	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
491	NIEWIEDZIAŁA Artur	233		M-40	136	00:00:15	00:26:30.35	00:26:45.50	+00:10:58 (41.4%)	5:18	11.3 (58.5%)
492	PATKOWSKI Maciej	1494		M-30	188	00:01:03	00:26:30.75	00:27:34.60	+00:10:59 (41.4%)	5:18	11.3 (58.5%)
493	JANKOWSKI Szymon	859		M-10	38	00:00:57	00:26:32.50	00:27:29.70	+00:11:00 (41.5%)	5:18	11.3 (58.5%)
494	BAŁYS Łukasz	1117		M-20	97	00:00:23	00:26:32.80	00:26:55.80	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
494	BAŁYS Krzysztof	1124		M-20	98	00:00:22	00:26:32.80	00:26:55.45	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
496	KASPROWICZ Piotr	1258	JW 1515	M-30	189	00:00:32	00:26:33.25	00:27:05.30	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
497	SZMYRGAŁA Zdzisław	610		M-50	30	00:00:59	00:26:33.40	00:27:33.15	+00:11:01 (41.5%)	5:18	11.3 (58.5%)
498	CISZEWSKI Paweł	1417		M-30	190	00:00:50	00:26:34.55	00:27:25.35	+00:11:02 (41.6%)	5:19	11.3 (58.5%)
499	SZYMCZAK Piotr	1233	OCULUS - NIEWIDOMI	M-30	191	00:00:58	00:26:36.10	00:27:34.30	+00:11:04 (41.6%)	5:19	11.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	KWIATKOWSKI Marcin	1107	FORDONRUNNERS	M-30	192	00:01:31	00:26:36.70	00:28:07.85	+00:11:05 (41.7%)	5:19	11.3 (58.5%)
501	KOTECKI Marcin	161	GANG KOCURA	M-30	193	00:01:04	00:26:42.80	00:27:47.75	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
502	BOROWICKI Paweł	1059		M-30	194	00:00:31	00:26:43.10	00:27:14.25	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
503	WAWRZYNIAK Andrzej	581	22. ODN	M-50	31	00:01:22	00:26:43.40	00:28:05.90	+00:11:11 (41.9%)	5:20	11.2 (58.0%)
504	CZARNECKI Marek	798		M-40	137	00:00:29	00:26:44.60	00:27:14.35	+00:11:13 (41.9%)	5:21	11.2 (58.0%)
505	KRUK Łukasz	520		M-10	39	00:00:49	00:26:50.90	00:27:40.55	+00:11:19 (42.2%)	5:22	11.2 (58.0%)
506	KRUK Szymon	521		M-10	40	00:00:49	00:26:51.50	00:27:41.15	+00:11:19 (42.2%)	5:22	11.2 (58.0%)
507	WOLAN Krzysztof	15		M-30	195	00:00:49	00:26:51.80	00:27:40.85	+00:11:20 (42.2%)	5:22	11.2 (58.0%)
508	LUCZAK Adrian	1446		M-20	99	00:00:40	00:26:53.60	00:27:34.45	+00:11:22 (42.3%)	5:22	11.2 (58.0%)
509	KRUK Krzysztof	519		M-40	138	00:00:49	00:26:53.80	00:27:43.45	+00:11:22 (42.3%)	5:22	11.2 (58.0%)
510	MŁODZIKOWSKI Dariusz	1025		M-30	196	00:00:29	00:26:54.85	00:27:24.75	+00:11:23 (42.3%)	5:23	11.1 (57.5%)
511	NIEDBALSKI Edward	584		M-60+	6	00:00:37	00:26:55.35	00:27:32.40	+00:11:23 (42.3%)	5:23	11.1 (57.5%)
512	BLEJA Krystian	434		M-30	197	00:00:43	00:26:56.25	00:27:40.10	+00:11:24 (42.4%)	5:23	11.1 (57.5%)
513	PORCZEK Bartłomiej	1377		M-20	100	00:01:08	00:26:56.65	00:28:04.70	+00:11:25 (42.4%)	5:23	11.1 (57.5%)
514	DOMINICZAK Robert	1194		M-50	32	00:00:42	00:26:57.60	00:27:39.65	+00:11:26 (42.4%)	5:23	11.1 (57.5%)
515	KRZYŻYŃSKI Oskar	270		M-40	139	00:00:19	00:26:58.60	00:27:18.40	+00:11:27 (42.4%)	5:23	11.1 (57.5%)
516	HANKIEWICZ Krzysztof	979		M-30	198	00:00:35	00:26:59.00	00:27:34.30	+00:11:27 (42.5%)	5:23	11.1 (57.5%)
517	GUŹDZIOŁ Jarek	49	TBKM WILK SOLEC KUJAWSKI	M-40	140	00:01:05	00:27:01.45	00:28:07.25	+00:11:29 (42.5%)	5:24	11.1 (57.5%)
518	JASKÓLSKI Andrzej	781		M-40	141	00:00:33	00:27:03.85	00:27:36.85	+00:11:32 (42.6%)	5:24	11.1 (57.5%)
519	GÓRA Edward	778	1BLOG	M-40	142	00:00:31	00:27:07.35	00:27:38.35	+00:11:35 (42.8%)	5:25	11.1 (57.5%)
520	WÓJCIK Jakub	823		M-10	41	00:00:14	00:27:08.70	00:27:23.00	+00:11:37 (42.8%)	5:25	11 (57.0%)
521	RATAJCZAK Michał	1420	KUŹNIA SIŁY	M-30	199	00:01:17	00:27:11.80	00:28:29.55	+00:11:40 (42.9%)	5:26	11 (57.0%)
522	PERA Marek	1302		M-30	200	00:01:10	00:27:13.35	00:28:24.05	+00:11:41 (43.0%)	5:26	11 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	RYBCZYŃSKI Ryszard	379		M-50	33	00:00:26	00:27:14.40	00:27:41.25	+00:11:42 (43.0%)	5:27	11 (57.0%)
524	BORAKIEWICZ Przemysław	222		M-30	201	00:01:17	00:27:14.55	00:28:31.55	+00:11:42 (43.0%)	5:26	11 (57.0%)
525	JAGIELSKI Łukasz	870		M-30	202	00:00:41	00:27:15.10	00:27:56.25	+00:11:43 (43.0%)	5:27	11 (57.0%)
526	DUDZIŃSKI Paweł	457		M-30	203	00:01:15	00:27:15.95	00:28:31.70	+00:11:44 (43.1%)	5:27	11 (57.0%)
527	GROSZKOWSKI Henryk	1213	OCULUS - NIEWIDOMI	M-60+	7	00:00:06	00:27:16.35	00:27:22.45	+00:11:44 (43.1%)	5:27	11 (57.0%)
528	DOLNY Kajetan	1166		M-10	42	00:01:38	00:27:17.80	00:28:56.35	+00:11:46 (43.1%)	5:27	11 (57.0%)
529	GOŁECKI Jacek	676		M-30	204	00:01:31	00:27:19.35	00:28:50.40	+00:11:47 (43.2%)	5:27	11 (57.0%)
530	OSSOWSKI Łukasz	733		M-30	205	00:01:50	00:27:24.85	00:29:15.10	+00:11:53 (43.4%)	5:29	10.9 (56.5%)
531	CHABOWSKI Karol	1140		M-30	206	00:00:23	00:27:25.20	00:27:48.75	+00:11:53 (43.4%)	5:29	10.9 (56.5%)
532	KULPA Szymon	274		M-30	207	00:01:04	00:27:26.20	00:28:30.90	+00:11:54 (43.4%)	5:29	10.9 (56.5%)
533	JENCZEWSKI Szymon	95	ALBATROSY	M-20	101	00:00:34	00:27:27.75	00:28:02.55	+00:11:56 (43.5%)	5:29	10.9 (56.5%)
534	BRZOZOWSKI Krzysztof	107		M-30	208	00:00:55	00:27:29.15	00:28:24.55	+00:11:57 (43.5%)	5:29	10.9 (56.5%)
535	MADEJ Adam	361	WA	M-20	102	00:00:47	00:27:29.95	00:28:17.45	+00:11:58 (43.5%)	5:30	10.9 (56.5%)
536	KĘDZIERSKI Wojciech	962		M-40	143	00:00:20	00:27:30.35	00:27:51.10	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
537	GUZ Piotr	995	-	M-40	144	00:01:29	00:27:30.55	00:29:00.20	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
537	BEBYN Marek	950		M-20	103	00:00:41	00:27:30.55	00:28:12.50	+00:11:58 (43.6%)	5:30	10.9 (56.5%)
539	RUTKOWSKI Tomasz	101		M-40	145	00:00:16	00:27:31.50	00:27:48.30	+00:11:59 (43.6%)	5:30	10.9 (56.5%)
540	ZIÓŁKOWSKI Marek	546		M-30	209	00:01:18	00:27:34.80	00:28:53.15	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
541	DROB Julian	373		M-20	104	00:00:00	00:27:35.15	00:27:35.15	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
542	SKUBISZAK Jacek	1256		M-40	146	00:00:29	00:27:35.35	00:28:05.30	+00:12:03 (43.7%)	5:31	10.9 (56.5%)
543	JEŻOWSKI Sławomir	1216	OCULUS - NIEWIDOMI	M-50	34	00:00:58	00:27:36.05	00:28:34.25	+00:12:04 (43.7%)	5:31	10.9 (56.5%)
544	CIARKOWSKI Mirosław	939	-	M-30	210	00:00:29	00:27:36.15	00:28:05.40	+00:12:04 (43.7%)	5:31	10.9 (56.5%)
545	ANDRYSZAK Łukasz	1069		M-30	211	00:01:05	00:27:40.10	00:28:45.60	+00:12:08 (43.9%)	5:32	10.8 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	WIŚNIEWSKI Krzysztof	1499	TRISPACE BYDGOSZCZ	M-50	35	00:01:20	00:27:41.85	00:29:02.45	+00:12:10 (43.9%)	5:32	10.8 (56.0%)
547	LEWANDOWSKI Pawel	120		M-30	212	00:01:03	00:27:43.10	00:28:46.85	+00:12:11 (44.0%)	5:32	10.8 (56.0%)
548	KOZAKIEWICZ Marcin	37		M-40	147	00:00:38	00:27:43.55	00:28:21.70	+00:12:11 (44.0%)	5:32	10.8 (56.0%)
549	BACH Bartłomiej	838		M-20	105	00:01:34	00:27:44.60	00:29:18.85	+00:12:13 (44.0%)	5:32	10.8 (56.0%)
550	GNIOT Wojciech	422		M-10	43	00:00:52	00:27:45.05	00:28:38.00	+00:12:13 (44.0%)	5:33	10.8 (56.0%)
551	GADZIŃSKI Jakub	303		M-10	44	00:00:39	00:27:45.25	00:28:24.45	+00:12:13 (44.1%)	5:33	10.8 (56.0%)
552	GNIOT Henryk	421		M-40	148	00:00:52	00:27:45.30	00:28:37.85	+00:12:13 (44.1%)	5:33	10.8 (56.0%)
553	KUŚ Michał	759		M-30	213	00:00:42	00:27:46.00	00:28:28.35	+00:12:14 (44.1%)	5:33	10.8 (56.0%)
554	PRZEWOŹNIAK Rafał	513	TRI FAMILY	M-20	106	00:00:55	00:27:46.90	00:28:42.15	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
555	RĘDZINA Michał	127		M-30	214	00:01:03	00:27:47.00	00:28:50.65	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
556	TWARDOWSKI Wojciech	363	RUN BYDGOSZCZ	M-50	36	00:01:23	00:27:47.25	00:29:10.90	+00:12:15 (44.1%)	5:33	10.8 (56.0%)
557	GOLIK Krzysztof	282		M-30	215	00:01:19	00:27:52.90	00:29:11.95	+00:12:21 (44.3%)	5:34	10.8 (56.0%)
558	LECIEJEWSKI Błażej	268		M-20	107	00:01:02	00:27:54.75	00:28:57.70	+00:12:23 (44.4%)	5:35	10.7 (55.4%)
559	OJRZANOWSKI Waldemar	601		M-30	216	00:00:54	00:27:57.70	00:28:52.35	+00:12:26 (44.5%)	5:35	10.7 (55.4%)
560	CHMIELEWSKI Ireneusz	1284	CZARNE STOPY.SM	M-50	37	00:00:39	00:27:58.70	00:28:38.40	+00:12:27 (44.5%)	5:35	10.7 (55.4%)
561	KARPIŃSKI Błażej	423		M-30	217	00:01:19	00:28:03.70	00:29:23.50	+00:12:32 (44.7%)	5:36	10.7 (55.4%)
562	PROSEK Krzysztof	1148		M-40	149	00:01:07	00:28:04.10	00:29:11.75	+00:12:32 (44.7%)	5:36	10.7 (55.4%)
563	WITKOWSKI Patryk	71	ASTORIA	M-10	45	00:01:20	00:28:04.25	00:29:25.10	+00:12:32 (44.7%)	5:37	10.7 (55.4%)
564	KĄŁUŻNY Jakub	1289	OFTALMIKA	M-40	150	00:00:52	00:28:04.80	00:28:57.55	+00:12:33 (44.7%)	5:37	10.7 (55.4%)
565	BOROWCZAK Paweł	1341		M-20	108	00:01:09	00:28:05.10	00:29:14.50	+00:12:33 (44.7%)	5:37	10.7 (55.4%)
566	KĄŁUŻNY Bartłomiej	1292	OFTALMIKA	M-40	151	00:00:52	00:28:06.10	00:28:59.05	+00:12:34 (44.7%)	5:37	10.7 (55.4%)
567	WITKOWSKI Paweł	69	KTR MASA TURYSTYCZNA	M-10	46	00:01:42	00:28:06.50	00:29:48.95	+00:12:34 (44.8%)	5:37	10.7 (55.4%)
568	CHEŁMIŃSKI Dawid	1430		M-20	109	00:00:27	00:28:08.75	00:28:36.40	+00:12:37 (44.8%)	5:37	10.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	WYPORKIEWICZ Jerzy	694		M-50	38	00:00:56	00:28:10.45	00:29:07.00	+00:12:38 (44.9%)	5:38	10.6 (54.9%)
570	SZTANKOWSKI Damian	1428		M-20	110	00:00:27	00:28:10.50	00:28:37.55	+00:12:38 (44.9%)	5:38	10.7 (55.4%)
571	SZECÓWKA Marcin	30		M-30	218	00:01:11	00:28:12.50	00:29:24.00	+00:12:40 (45.0%)	5:38	10.6 (54.9%)
572	MLICKI Marcin	1401		M-40	152	00:01:35	00:28:13.95	00:29:49.35	+00:12:42 (45.0%)	5:38	10.6 (54.9%)
573	MAŁECKI Tomasz	1129		M-30	219	00:00:39	00:28:18.95	00:28:58.75	+00:12:47 (45.2%)	5:39	10.6 (54.9%)
574	KWIATKOWSKI Paweł	332		M-20	111	00:01:28	00:28:22.10	00:29:50.90	+00:12:50 (45.3%)	5:40	10.6 (54.9%)
575	PRZYBYLSKI Adam	975		M-30	220	00:01:29	00:28:22.30	00:29:51.35	+00:12:50 (45.3%)	5:40	10.6 (54.9%)
576	PISARSKI Igor	666		M-20	112	00:01:15	00:28:23.00	00:29:38.95	+00:12:51 (45.3%)	5:40	10.6 (54.9%)
577	GRABOWSKI Klaudiusz	1351	SLOW JOGGING BYDGOSZCZ	M-50	39	00:00:04	00:28:25.40	00:28:30.00	+00:12:53 (45.4%)	5:41	10.6 (54.9%)
578	STEFAŃSKI Bartosz	378		M-10	47	00:01:19	00:28:25.70	00:29:45.05	+00:12:54 (45.4%)	5:41	10.6 (54.9%)
579	JAWORSKI Marek	477	ADAM-POL	M-10	48	00:01:10	00:28:27.10	00:29:37.15	+00:12:55 (45.4%)	5:41	10.5 (54.4%)
580	STEFAŃSKI Marcin	375		M-40	153	00:01:20	00:28:28.95	00:29:49.05	+00:12:57 (45.5%)	5:41	10.5 (54.4%)
581	RATAJ Szymon	394		M-10	49	00:00:56	00:28:29.60	00:29:25.80	+00:12:58 (45.5%)	5:41	10.5 (54.4%)
582	GADZIŃSKI Tomasz	304		M-40	154	00:00:39	00:28:29.75	00:29:09.05	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
582	RATAJ Maciej	393		M-40	155	00:00:56	00:28:29.75	00:29:26.00	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
584	KIELMANN Marcin	1290		M-30	221	00:01:14	00:28:30.40	00:29:44.65	+00:12:58 (45.5%)	5:42	10.5 (54.4%)
585	CIECHANOWSKI Bartłomiej	1064		M-10	50	00:01:13	00:28:30.80	00:29:44.75	+00:12:59 (45.5%)	5:42	10.5 (54.4%)
586	WÓJCIK Tomasz	110		M-40	156	00:01:00	00:28:30.85	00:29:31.60	+00:12:59 (45.5%)	5:42	10.5 (54.4%)
587	RATAJ Krzysztof	220	POLONIA BYDGOSZCZ SLA	M-30	222	00:00:54	00:28:31.45	00:29:26.25	+00:12:59 (45.6%)	5:42	10.5 (54.4%)
588	DEBNER Wojciech	1209	OCULUS - NIEWIDOMI	M-30	223	00:01:16	00:28:32.80	00:29:48.85	+00:13:01 (45.6%)	5:42	10.5 (54.4%)
589	BŁAŻEJCZYK Paweł	1423		M-20	113	00:01:17	00:28:33.35	00:29:51.00	+00:13:01 (45.6%)	5:42	10.5 (54.4%)
590	OSSOWSKI Tomek	1065		M-20	114	00:01:13	00:28:34.30	00:29:47.90	+00:13:02 (45.7%)	5:42	10.5 (54.4%)
591	KULCZYŃSKI Przemysław	262	TYPYGRUBE	M-30	224	00:01:21	00:28:35.10	00:29:57.05	+00:13:03 (45.7%)	5:43	10.5 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	ORNATOWSKI Marcin	1265	GORDON RUN	M-30	225	00:00:51	00:28:37.35	00:29:29.25	+00:13:05 (45.8%)	5:43	10.5 (54.4%)
593	SKÓRCZ Tomasz	948		M-50	40	00:01:23	00:28:37.70	00:30:00.80	+00:13:06 (45.8%)	5:43	10.5 (54.4%)
594	PIETRASZAK Tomasz	366	RUN BYDGOSZCZ	M-40	157	00:01:30	00:28:41.85	00:30:12.10	+00:13:10 (45.9%)	5:44	10.5 (54.4%)
595	ROGUSZCZAK Maciej	864	HAROMA TEAM	M-40	158	00:01:20	00:28:43.40	00:30:03.40	+00:13:11 (45.9%)	5:44	10.4 (53.9%)
596	CHILEWSKI Jan	526	WISELKA BYDGOSZCZ	M-10	51	00:01:23	00:28:45.00	00:30:08.60	+00:13:13 (46.0%)	5:45	10.4 (53.9%)
597	HOLC Radosław	1293	OFTALMIKA (SYMPATYK)	M-20	115	00:00:52	00:28:49.00	00:29:41.15	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
598	FORBOT Piotr	1287	OFTALMIKA	M-20	116	00:00:52	00:28:49.40	00:29:41.55	+00:13:17 (46.1%)	5:45	10.4 (53.9%)
599	CHILEWSKI Arkadiusz	277	CB163	M-40	159	00:01:23	00:28:50.25	00:30:13.35	+00:13:18 (46.2%)	5:46	10.4 (53.9%)
600	GRALAK Jacek	218	8 K-P BWOT	M-40	160	00:01:00	00:28:54.95	00:29:55.15	+00:13:23 (46.3%)	5:47	10.4 (53.9%)
601	PRZYBYSZEWSKI Marcin	595		M-40	161	00:00:24	00:28:57.90	00:29:22.15	+00:13:26 (46.4%)	5:47	10.4 (53.9%)
602	RATAJCZAK Marcel	968		M-10	52	00:00:39	00:29:04.30	00:29:43.35	+00:13:32 (46.6%)	5:48	10.3 (53.4%)
603	WESOŁEK Kacper	1497	PROJECT SOCIETY	M-30	226	00:00:34	00:29:12.75	00:29:47.50	+00:13:41 (46.8%)	5:50	10.3 (53.4%)
604	FABROWSKI Dawid	25		M-30	227	00:01:37	00:29:16.50	00:30:54.25	+00:13:44 (47.0%)	5:51	10.2 (52.8%)
605	RATAJCZAK Arkadiusz	965		M-40	162	00:00:38	00:29:19.60	00:29:58.50	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
606	KUBIAK Tomasz	562		M-50	41	00:01:25	00:29:19.85	00:30:45.50	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
607	DRYLL Dominik	257		M-10	53	00:00:19	00:29:20.40	00:29:40.00	+00:13:48 (47.1%)	5:52	10.2 (52.8%)
608	ŁUCZKOWSKI Rafał	1151	JAK NIE ZEMDLEJĘ TO DOBIEGNĘ	M-30	228	00:00:11	00:29:21.10	00:29:32.55	+00:13:49 (47.1%)	5:52	10.2 (52.8%)
609	DRYLL Marek	255		M-40	163	00:00:19	00:29:22.00	00:29:41.70	+00:13:50 (47.1%)	5:52	10.2 (52.8%)
610	GWÓŹDŹ Kamil	772	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-20	117	00:00:46	00:29:23.70	00:30:10.15	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
611	GWÓŹDŹ Orest	775	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-10	54	00:00:45	00:29:24.25	00:30:09.85	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
612	GWÓŹDŹ Nataniel	774	TKKF WODNIK WIĘCBORK - BIEGAJĄCA RODZINKA	M-10	55	00:00:45	00:29:24.40	00:30:09.70	+00:13:52 (47.2%)	5:52	10.2 (52.8%)
613	PRZEWŁOCKI Sławomir	1068	KLINIKA TRIATHLONU	M-60+	8	00:01:16	00:29:24.60	00:30:41.40	+00:13:53 (47.2%)	5:53	10.2 (52.8%)
614	RÓŻAŃSKI Janusz	1035		M-50	42	00:00:23	00:29:25.50	00:29:49.40	+00:13:53 (47.2%)	5:53	10.2 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	WESOŁOWSKI Wiktor	551		M-10	56	00:01:04	00:29:26.60	00:30:31.55	+00:13:55 (47.3%)	5:53	10.2 (52.8%)
616	GRUBICH Kacper	607		M-10	57	00:00:59	00:29:30.85	00:30:30.05	+00:13:59 (47.4%)	5:54	10.2 (52.8%)
617	WESOŁOWSKI Tomasz	553		M-40	164	00:01:05	00:29:31.25	00:30:36.50	+00:13:59 (47.4%)	5:54	10.2 (52.8%)
618	JAWORSKI Kamil	1465		M-30	229	00:01:24	00:29:32.55	00:30:56.90	+00:14:00 (47.4%)	5:54	10.2 (52.8%)
619	MURAWKA Rafał	1049		M-10	58	00:01:17	00:29:32.60	00:30:50.20	+00:14:01 (47.4%)	5:54	10.2 (52.8%)
620	PALIGA Mateusz	445	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	118	00:01:47	00:29:34.45	00:31:21.80	+00:14:02 (47.5%)	5:54	10.1 (52.3%)
621	KARADAG Burak Can	1252	KPSW	M-20	119	00:01:28	00:29:34.55	00:31:03.30	+00:14:02 (47.5%)	5:55	10.1 (52.3%)
622	FORBOT Łukasz	1366		M-20	120	00:00:50	00:29:36.15	00:30:26.85	+00:14:04 (47.5%)	5:55	10.1 (52.3%)
623	MIERZWA Damian	402	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	230	00:01:44	00:29:36.85	00:31:21.50	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
624	PALIGA Antoni	446	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	43	00:01:45	00:29:36.90	00:31:22.30	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
625	KANNEBERG Maciej	387	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	121	00:01:44	00:29:37.00	00:31:21.45	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
625	PISZCZ Andrzej	1185		M-40	165	00:01:10	00:29:37.00	00:30:47.40	+00:14:05 (47.6%)	5:55	10.1 (52.3%)
627	PALIGA Radosław	447	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-10	59	00:01:43	00:29:37.65	00:31:21.25	+00:14:06 (47.6%)	5:55	10.1 (52.3%)
628	KABAT Jakub	410	RUN TEAM SĘPOLNO KRAJEŃSKIE	M-10	60	00:01:44	00:29:37.70	00:31:22.05	+00:14:06 (47.6%)	5:55	10.1 (52.3%)
629	JANKE Damian	875	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	231	00:01:44	00:29:37.75	00:31:22.10	+00:14:06 (47.6%)	5:55	10.1 (52.3%)
630	GROSKOP Grzegorz	380	RUN TEAM SĘPOLNO KRAJEŃSKIE	M-20	122	00:01:43	00:29:38.95	00:31:22.80	+00:14:07 (47.6%)	5:55	10.1 (52.3%)
631	JAZIENICKI Hubert	1354		M-20	123	00:01:39	00:29:39.70	00:31:19.25	+00:14:08 (47.7%)	5:56	10.1 (52.3%)
632	JAWORSKI Mateusz	476	ADAM-POL	M-10	61	00:01:10	00:29:41.85	00:30:52.35	+00:14:10 (47.7%)	5:56	10.1 (52.3%)
633	MICHALAK Mariusz	1359		M-40	166	00:00:27	00:29:44.45	00:30:11.45	+00:14:12 (47.8%)	5:56	10.1 (52.3%)
634	GRUBICH Arkadiusz	608		M-40	167	00:00:58	00:29:44.55	00:30:43.45	+00:14:12 (47.8%)	5:57	10.1 (52.3%)
635	CEMKE Tomasz	1105		M-40	168	00:01:16	00:29:46.95	00:31:03.05	+00:14:15 (47.9%)	5:57	10.1 (52.3%)
636	LOOSE Łukasz	1003		M-20	124	00:00:56	00:29:47.80	00:30:44.55	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
637	OLKOWSKI Eugeniusz	585		M-60+	9	00:01:37	00:29:47.90	00:31:25.40	+00:14:16 (47.9%)	5:57	10.1 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	MURAWKA Łukasz	1047		M-30	232	00:01:17	00:29:48.35	00:31:06.15	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
639	GLAMA Remigiusz	1132	LNIANO TEAM	M-30	233	00:00:44	00:29:48.45	00:30:32.45	+00:14:16 (47.9%)	5:57	10.1 (52.3%)
640	GRUSZKA Marek	264		M-50	44	00:00:22	00:29:48.75	00:30:10.75	+00:14:17 (47.9%)	5:57	10.1 (52.3%)
641	KOSMALA Mateusz	934		M-20	125	00:00:56	00:29:49.05	00:30:45.05	+00:14:17 (47.9%)	5:57	10.1 (52.3%)
642	TOMCZAK Krzysztof	77		M-30	234	00:00:12	00:29:50.15	00:30:02.70	+00:14:18 (48.0%)	5:58	10.1 (52.3%)
643	KURTYSIAK Roman	842		M-50	45	00:01:19	00:29:55.85	00:31:15.00	+00:14:24 (48.1%)	5:59	10 (51.8%)
644	LEWANDOWSKI Jarosław	570		M-30	235	00:01:43	00:29:56.00	00:31:39.25	+00:14:24 (48.1%)	5:59	10 (51.8%)
645	BUTRYM Piotr	307		M-30	236	00:01:43	00:29:56.25	00:31:39.30	+00:14:24 (48.1%)	5:59	10 (51.8%)
646	BANNACH Aleksander	543		M-20	126	00:01:40	00:29:57.35	00:31:37.95	+00:14:25 (48.2%)	5:59	10 (51.8%)
647	PIETKUN Ryszard	748		M-60+	10	00:01:40	00:29:58.75	00:31:38.80	+00:14:27 (48.2%)	5:59	10 (51.8%)
648	BELIŃSKI Maciej	185	TYPYGRUBE	M-30	237	00:01:24	00:29:59.00	00:31:23.20	+00:14:27 (48.2%)	5:59	10 (51.8%)
649	LUDKOWSKI Filip	123		M-10	62	00:00:44	00:29:59.65	00:30:43.90	+00:14:28 (48.2%)	5:59	10 (51.8%)
650	KORBEL Marian	1248		M-40	169	00:00:46	00:30:00.60	00:30:46.85	+00:14:29 (48.3%)	6:00	10 (51.8%)
651	LUDKOWSKI Dawid	343		M-30	238	00:00:44	00:30:03.25	00:30:47.95	+00:14:31 (48.3%)	6:00	10 (51.8%)
652	KANDER Michał	1057		M-30	239	00:01:33	00:30:04.50	00:31:37.70	+00:14:32 (48.4%)	6:00	10 (51.8%)
653	GRZELAK Łukasz	497	BYDGOSZCZNASTART	M-40	170	00:01:46	00:30:04.90	00:31:51.50	+00:14:33 (48.4%)	6:01	10 (51.8%)
654	ROSZCZYN Kamil	276		M-20	127	00:01:35	00:30:09.25	00:31:44.65	+00:14:37 (48.5%)	6:01	10 (51.8%)
655	CISEWSKI Mateusz	121		M-20	128	00:01:07	00:30:11.40	00:31:18.50	+00:14:39 (48.6%)	6:02	9.9 (51.3%)
656	SZELAĞOWSKI Tomasz	1137		M-40	171	00:00:05	00:30:11.80	00:30:17.25	+00:14:40 (48.6%)	6:02	9.9 (51.3%)
657	CHOLEWCZYŃSKI Dariusz	1211	OCULUS - NIEWIDOMI	M-40	172	00:01:22	00:30:12.70	00:31:34.70	+00:14:41 (48.6%)	6:02	9.9 (51.3%)
658	SYBILA Michał	663		M-30	240	00:01:17	00:30:13.90	00:31:30.95	+00:14:42 (48.6%)	6:02	9.9 (51.3%)
659	BUCHHOLZ Krzysztof	240		M-50	46	00:00:37	00:30:15.85	00:30:52.95	+00:14:44 (48.7%)	6:03	9.9 (51.3%)
660	GRALLA Łukasz	1098		M-30	241	00:01:36	00:30:17.20	00:31:53.55	+00:14:45 (48.7%)	6:03	9.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	MACHNIKOWSKI Rafał	1221	OCULUS - NIEWIDOMI	M-40	173	00:00:56	00:30:19.55	00:31:16.50	+00:14:47 (48.8%)	6:04	9.9 (51.3%)
662	BOROWIEC Michał	655		M-30	242	00:01:16	00:30:20.05	00:31:36.80	+00:14:48 (48.8%)	6:04	9.9 (51.3%)
663	ŚWIERCZYŃSKI Marcin	1495	ATHLETICOMED.PL	M-30	243	00:01:37	00:30:21.10	00:31:58.50	+00:14:49 (48.8%)	6:04	9.9 (51.3%)
664	BADOWSKI Krzysztof	1202	OCULUS - NIEWIDOMI	M-50	47	00:00:55	00:30:22.15	00:31:17.30	+00:14:50 (48.9%)	6:04	9.9 (51.3%)
665	KOT Franciszek	550	BBL INOWROCLAW	M-60+	11	00:00:34	00:30:22.75	00:30:56.75	+00:14:51 (48.9%)	6:04	9.9 (51.3%)
666	JAŹDŻEWSKI Kacper	1224	OCULUS - NIEWIDOMI	M-20	129	00:01:08	00:30:25.90	00:31:34.40	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
667	WÓJCIK Piotr	111		M-10	63	00:00:59	00:30:25.95	00:31:25.15	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
668	SKĄPSKI Łukasz	1232	OCULUS - NIEWIDOMI	M-30	244	00:01:08	00:30:26.05	00:31:34.10	+00:14:54 (49.0%)	6:05	9.9 (51.3%)
669	STACHEWICZ Sławomir	619		M-40	174	00:00:55	00:30:30.25	00:31:25.65	+00:14:58 (49.1%)	6:06	9.8 (50.8%)
670	KALACZYŃSKI Grzegorz	1310		M-40	175	00:01:29	00:30:30.60	00:32:00.25	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
671	MARCINKOWSKI Kamil	1363	BRAK	M-20	130	00:01:24	00:30:30.80	00:31:55.75	+00:14:59 (49.1%)	6:06	9.8 (50.8%)
672	DEPTUŁA Stanisław	732	NIE ZRZESZONY	M-10	64	00:01:15	00:30:32.00	00:31:47.35	+00:15:00 (49.1%)	6:06	9.8 (50.8%)
673	LEMAŃSKI Kacper	673		M-10	65	00:01:12	00:30:32.55	00:31:45.25	+00:15:00 (49.2%)	6:06	9.8 (50.8%)
674	GILL Daniel	388		M-30	245	00:01:00	00:30:35.30	00:31:35.55	+00:15:03 (49.2%)	6:07	9.8 (50.8%)
675	BORKOWSKI Paweł	245		M-20	131	00:01:16	00:30:35.90	00:31:52.45	+00:15:04 (49.3%)	6:07	9.8 (50.8%)
676	KRUPA Błażej	279	CIMAT BIEGA	M-30	246	00:01:48	00:30:38.30	00:32:26.50	+00:15:06 (49.3%)	6:07	9.8 (50.8%)
677	DANIELEK Adam	39	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	176	00:01:06	00:30:40.55	00:31:46.55	+00:15:08 (49.4%)	6:08	9.8 (50.8%)
678	SMERLIŃSKI Robert	532	-	M-40	177	00:01:40	00:30:41.65	00:32:21.65	+00:15:10 (49.4%)	6:08	9.8 (50.8%)
679	LEWICKI Jarek	1050		M-30	247	00:01:31	00:30:44.85	00:32:16.10	+00:15:13 (49.5%)	6:09	9.8 (50.8%)
680	BIERNACKI Łukasz	813		M-40	178	00:01:32	00:30:48.65	00:32:21.10	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
681	BIERNACKI Wojtek	812		M-10	66	00:01:32	00:30:48.80	00:32:21.15	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
681	MATTHEWS Karol	1368		M-30	248	00:00:53	00:30:48.80	00:31:42.35	+00:15:17 (49.6%)	6:09	9.7 (50.3%)
683	SENDEL Sebastian	1062		M-30	249	00:01:34	00:30:50.95	00:32:25.90	+00:15:19 (49.7%)	6:10	9.7 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	PIJAROWSKI Milan	1147	KU BLISKOŚCI	M-10	67	00:00:59	00:30:51.60	00:31:50.80	+00:15:20 (49.7%)	6:10	9.7 (50.3%)
685	ŻURAWSKI Michał	219	RUN LOTTO-BYDGOSTIA	M-40	179	00:01:30	00:30:58.50	00:32:28.60	+00:15:26 (49.9%)	6:11	9.7 (50.3%)
686	WISNIEWSKI Tadeusz	982		M-50	48	00:01:10	00:31:02.40	00:32:13.05	+00:15:30 (50.0%)	6:12	9.7 (50.3%)
687	DEPTUŁA Wojciech	730	NIE ZRZESZONY	M-60+	12	00:01:15	00:31:03.15	00:32:18.25	+00:15:31 (50.0%)	6:12	9.7 (50.3%)
688	ZAGALAK Rafał	430		M-40	180	00:00:48	00:31:05.65	00:31:54.55	+00:15:34 (50.1%)	6:13	9.6 (49.7%)
689	RYBCZYŃSKI Grzegorz	634		M-20	132	00:00:56	00:31:07.05	00:32:03.70	+00:15:35 (50.1%)	6:13	9.6 (49.7%)
690	RACZYCKI Tomasz	1429		M-40	181	00:00:45	00:31:10.35	00:31:55.80	+00:15:38 (50.2%)	6:14	9.6 (49.7%)
691	KRÓLAK Tomasz	832		M-30	250	00:00:23	00:31:11.45	00:31:34.55	+00:15:39 (50.2%)	6:14	9.6 (49.7%)
692	KALISZEWSKI Sławomir	20	3KR	M-30	251	00:00:38	00:31:12.35	00:31:51.10	+00:15:40 (50.2%)	6:14	9.6 (49.7%)
693	KLAFETKA Mateusz	966		M-20	133	00:01:27	00:31:12.85	00:32:39.95	+00:15:41 (50.3%)	6:14	9.6 (49.7%)
694	HARACEWIAT Cezary	214		M-50	49	00:01:05	00:31:13.70	00:32:19.30	+00:15:42 (50.3%)	6:14	9.6 (49.7%)
695	JUREK Sławomir	1163	FUNDACJA HORYZONT	M-40	182	00:00:53	00:31:14.10	00:32:07.55	+00:15:42 (50.3%)	6:14	9.6 (49.7%)
696	SPYCHAJ Piotr	1471		M-30	252	00:01:01	00:31:14.55	00:32:16.25	+00:15:42 (50.3%)	6:15	9.6 (49.7%)
697	SOCHALSKI Dariusz	1472		M-30	253	00:01:01	00:31:14.65	00:32:16.60	+00:15:43 (50.3%)	6:15	9.6 (49.7%)
698	MIECH Wiesław	1226	OCULUS - NIEWIDOMI	M-60+	13	00:00:00	00:31:18.20	00:31:18.20	+00:15:46 (50.4%)	6:15	9.6 (49.7%)
699	BUZALSKI Robert	395	ORANGE POLSKA	M-40	183	00:00:27	00:31:21.50	00:31:49.05	+00:15:49 (50.5%)	6:16	9.6 (49.7%)
700	KALISZEWSKI Wojciech	31	3KR	M-30	254	00:00:16	00:31:25.30	00:31:41.30	+00:15:53 (50.6%)	6:17	9.5 (49.2%)
701	BYCZYŃSKI Michał	1394		M-20	134	00:01:40	00:31:28.50	00:33:08.80	+00:15:56 (50.7%)	6:17	9.5 (49.2%)
702	PREDER Bartosz	1415		M-40	184	00:01:24	00:31:29.15	00:32:53.85	+00:15:57 (50.7%)	6:17	9.5 (49.2%)
703	ZAWADA Bartosz	615		M-30	255	00:01:31	00:31:30.60	00:33:01.95	+00:15:59 (50.7%)	6:18	9.5 (49.2%)
704	ZIELIŃSKI Stanisław	903	GORDON RUN	M-30	256	00:00:51	00:31:32.45	00:32:23.55	+00:16:00 (50.8%)	6:18	9.5 (49.2%)
705	POWAŁKA Grzegorz	1231	OCULUS - NIEWIDOMI	M-50	50	00:00:00	00:31:35.20	00:31:35.20	+00:16:03 (50.8%)	6:19	9.5 (49.2%)
706	MIKUŁA Tomasz	308	GORDON RUN	M-30	257	00:01:32	00:31:37.60	00:33:10.25	+00:16:06 (50.9%)	6:19	9.5 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	URBANSKI Hubert	572	RUN TEAM PRUSZCZ	M-10	68	00:01:32	00:31:38.30	00:33:10.85	+00:16:06 (50.9%)	6:19	9.5 (49.2%)
708	URBANSKI Piotr	571	RUN TEAM PRUSZCZ	M-40	185	00:01:32	00:31:38.35	00:33:10.70	+00:16:06 (50.9%)	6:19	9.5 (49.2%)
709	ZAKRZEWSKI Adam	112		M-20	135	00:00:54	00:31:42.45	00:32:36.70	+00:16:10 (51.0%)	6:20	9.5 (49.2%)
710	GAWROŃSKI Bartosz	918		M-20	136	00:00:59	00:31:48.30	00:32:48.20	+00:16:16 (51.2%)	6:21	9.4 (48.7%)
711	OWCZARZ Łukasz	583		M-30	258	00:00:47	00:31:50.65	00:32:37.80	+00:16:19 (51.2%)	6:22	9.4 (48.7%)
712	HEJANKOWSKI Sebastian	999		M-30	259	00:01:15	00:31:51.00	00:33:06.75	+00:16:19 (51.3%)	6:22	9.4 (48.7%)
713	LUBIŃSKI Robert	878	CS GROUP RUNNERS TEAM	M-30	260	00:01:04	00:31:56.55	00:33:01.05	+00:16:24 (51.4%)	6:23	9.4 (48.7%)
714	BIELUSZEWSKI Artur	597	BBTS	M-40	186	00:01:20	00:32:02.80	00:33:23.65	+00:16:31 (51.5%)	6:24	9.4 (48.7%)
715	ZAREMBA Rafał	338		M-30	261	00:01:18	00:32:03.65	00:33:22.10	+00:16:32 (51.6%)	6:24	9.4 (48.7%)
716	KUŁAKOWSKI Robert	1131	#BBKTS	M-40	187	00:00:26	00:32:09.75	00:32:36.45	+00:16:38 (51.7%)	6:26	9.3 (48.2%)
717	STREHLKE Łukasz	1385	AKPIAMETAL	M-30	262	00:00:33	00:32:12.45	00:32:46.35	+00:16:40 (51.8%)	6:26	9.3 (48.2%)
718	STREHLKE Szymon	1416	AKPIAMETAL	M-10	69	00:00:33	00:32:12.65	00:32:46.25	+00:16:41 (51.8%)	6:26	9.3 (48.2%)
719	WIŚNIEWSKI Adam	36		M-30	263	00:01:11	00:32:15.20	00:33:27.00	+00:16:43 (51.9%)	6:27	9.3 (48.2%)
720	DUDZIAK Michał	96	CPR BYDGOSZCZ	M-30	264	00:01:18	00:32:20.40	00:33:39.35	+00:16:48 (52.0%)	6:28	9.3 (48.2%)
721	CHWIAŁKOWSKI Maksymilian	1279		M-10	70	00:01:26	00:32:29.60	00:33:56.45	+00:16:58 (52.2%)	6:30	9.2 (47.7%)
722	DUDZIAK Adam	1159	URZĄD MIASTA BYDGOSZCZY	M-40	188	00:01:38	00:32:29.65	00:34:07.75	+00:16:58 (52.2%)	6:29	9.2 (47.7%)
723	DANILEWICZ Ryszard	1410		M-40	189	00:00:35	00:32:32.05	00:33:07.95	+00:17:00 (52.3%)	6:30	9.2 (47.7%)
724	JEDRZEJCZYK Jacek	397		M-40	190	00:00:38	00:32:42.60	00:33:20.65	+00:17:11 (52.5%)	6:32	9.2 (47.7%)
725	ORLIŃSKI Andrzej	1033		M-40	191	00:01:14	00:32:45.30	00:34:00.05	+00:17:13 (52.6%)	6:33	9.2 (47.7%)
726	PATRZAŁEK Tomasz	616		M-40	192	00:00:34	00:32:50.80	00:33:24.90	+00:17:19 (52.7%)	6:34	9.1 (47.2%)
727	GROCHOWSKI Patryk	180		M-30	265	00:01:07	00:32:52.65	00:34:00.05	+00:17:21 (52.8%)	6:34	9.1 (47.2%)
728	SKARBIŃSKI Krzysztof	1323		M-20	137	00:01:12	00:32:56.35	00:34:09.05	+00:17:24 (52.9%)	6:35	9.1 (47.2%)
729	PÓŁGĘSEK Rafał	243		M-40	193	00:01:04	00:33:06.70	00:34:11.35	+00:17:35 (53.1%)	6:37	9.1 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	CZUBEK Bartek	272		M-30	266	00:01:36	00:33:08.75	00:34:45.00	+00:17:37 (53.2%)	6:37	9 (46.6%)
731	CENTAŁA Jarosław	1261	CIASTECZKOWE POTWORKI	M-30	267	00:01:27	00:33:18.20	00:34:45.60	+00:17:46 (53.4%)	6:39	9 (46.6%)
732	CZAJKOWSKI Maciej	1177		M-10	71	00:00:15	00:33:22.35	00:33:37.95	+00:17:50 (53.5%)	6:40	9 (46.6%)
733	KĄŁEK Artur	846	KLINIKA TRIATHLONU BYDGOSZCZ	M-40	194	00:01:13	00:33:28.55	00:34:42.35	+00:17:56 (53.6%)	6:41	9 (46.6%)
734	JAWORSKI Krzysztof	949		M-40	195	00:01:13	00:33:29.70	00:34:43.15	+00:17:58 (53.6%)	6:42	9 (46.6%)
735	KOŁODZIŃSKI Łukasz	988		M-20	138	00:00:12	00:33:31.95	00:33:44.35	+00:18:00 (53.7%)	6:42	8.9 (46.1%)
736	KUŹNIAR Patryk	371		M-20	139	00:01:26	00:33:38.35	00:35:04.35	+00:18:06 (53.8%)	6:43	8.9 (46.1%)
737	BOJARSKI Jarosław	941		M-50	51	00:01:33	00:33:43.25	00:35:16.80	+00:18:11 (54.0%)	6:44	8.9 (46.1%)
738	PYJOS Marcin	1356	ATOS	M-30	268	00:00:40	00:33:47.15	00:34:27.90	+00:18:15 (54.0%)	6:45	8.9 (46.1%)
739	ZALEWSKI Łukasz	133		M-40	196	00:01:44	00:33:47.50	00:35:31.95	+00:18:15 (54.1%)	6:45	8.9 (46.1%)
740	PTASZYŃSKI Mateusz	1406		M-20	140	00:01:35	00:33:48.95	00:35:24.20	+00:18:17 (54.1%)	6:45	8.9 (46.1%)
741	KRAJNIAK Jarosław	906	HARPAGAN TEAM BYDGOSZCZ	M-20	141	00:00:45	00:33:57.00	00:34:42.30	+00:18:25 (54.3%)	6:47	8.8 (45.6%)
742	JAWORSKI Marek	1463	0	M-30	269	00:01:23	00:34:55.05	00:36:18.05	+00:19:23 (55.5%)	6:59	8.6 (44.6%)
743	PORA Dariusz	1039		M-50	52	00:01:00	00:35:02.85	00:36:03.45	+00:19:31 (55.7%)	7:00	8.6 (44.6%)
744	BIELENNY Michał	652		M-60+	14	00:01:33	00:35:20.00	00:36:53.70	+00:19:48 (56.1%)	7:04	8.5 (44.0%)
745	POCHOWSKI Mariusz	1384		M-30	270	00:01:08	00:35:23.75	00:36:31.80	+00:19:52 (56.1%)	7:04	8.5 (44.0%)
746	MAJEWSKI Tomasz	1332	SZKOŁA PODSTAWOWA NR 66 W BYDGOSZCZY	M-40	197	00:01:47	00:35:27.30	00:37:14.55	+00:19:55 (56.2%)	7:05	8.5 (44.0%)
747	ŚCIŚLAK Wojciech	1096		M-20	142	00:00:25	00:35:44.15	00:36:09.35	+00:20:12 (56.6%)	7:08	8.4 (43.5%)
748	KOWALSKI Tymoteusz	973		M-10	72	00:01:34	00:35:53.60	00:37:28.15	+00:20:22 (56.7%)	7:10	8.4 (43.5%)
749	SAPA Dariusz	1255	BYDGOSKIE ŻÓŁWIE	M-50	53	00:01:23	00:35:53.85	00:37:17.65	+00:20:22 (56.7%)	7:10	8.4 (43.5%)
750	KOWALSKI Piotr	971		M-40	198	00:01:34	00:35:55.30	00:37:29.65	+00:20:23 (56.8%)	7:11	8.4 (43.5%)
751	KAMIŃSKI Jakub	80	QBOWICZ RODZINNA MAFIA BIEGOWA	M-10	73	00:01:12	00:36:12.95	00:37:25.50	+00:20:41 (57.1%)	7:14	8.3 (43.0%)
752	ŁANOCH Janusz	1043		M-50	54	00:01:01	00:36:21.40	00:37:22.45	+00:20:49 (57.3%)	7:16	8.3 (43.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	BULIŃSKI Arkadiusz	987		M-30	271	00:01:25	00:37:10.50	00:38:35.85	+00:21:38 (58.2%)	7:26	8.1 (42.0%)
754	KEMPA Arkadiusz	767		M-40	199	00:01:41	00:37:14.10	00:38:55.75	+00:21:42 (58.3%)	7:26	8.1 (42.0%)
755	WENGLER Sebastian	779		M-40	200	00:00:28	00:37:30.05	00:37:58.70	+00:21:58 (58.6%)	7:30	8 (41.5%)
756	WALCZAK Marcin	641		M-40	201	00:00:44	00:37:35.30	00:38:19.50	+00:22:03 (58.7%)	7:31	8 (41.5%)
757	KASZUBOWSKI Daniel	339		M-20	143	00:01:29	00:38:16.75	00:39:45.90	+00:22:45 (59.4%)	7:39	7.8 (40.4%)
758	KONARZEWSKI Arkadiusz	166		M-40	202	00:00:36	00:39:02.25	00:39:38.80	+00:23:30 (60.2%)	7:48	7.7 (39.9%)
759	HAMES Łukasz	731		M-30	272	00:01:17	00:39:03.45	00:40:21.05	+00:23:31 (60.2%)	7:48	7.7 (39.9%)
760	RUDNICKI Michał	1327	TASAK TEAM	M-30	273	00:01:42	00:39:15.30	00:40:58.05	+00:23:43 (60.4%)	7:51	7.6 (39.4%)
761	DULIŃSKI Radosław	959	SP NIEMCZ	M-10	74	00:01:13	00:39:56.85	00:41:10.50	+00:24:25 (61.1%)	7:59	7.5 (38.9%)
762	KAWA Marcin	824	CUKIER & SERCE	M-40	203	00:01:22	00:41:19.00	00:42:41.00	+00:25:47 (62.4%)	8:15	7.3 (37.8%)
763	STEFAŃSKI Krzysztof	882		M-40	204	00:01:22	00:41:26.70	00:42:48.75	+00:25:55 (62.5%)	8:17	7.2 (37.3%)
764	OLENDRZYŃSKI Mateusz	1229	OCULUS - NIEWIDOMI	M-10	75	00:01:03					(0.0%)
765	IKS Patryk	1214	OCULUS - NIEWIDOMI	M-20	144	00:01:04					(0.0%)

Znaleziono 765 wynik(ów)