



Organizator:
Data:
Miejsce:
Dystans:

Aktywna Bydgoszcz
2019-11-11
Bydgoszcz
5 km

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2019

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PAPROCKA Małgosia	164		K-50	1	00:00:06	00:21:09.60	00:21:15.80		4:13	14.2 (100%)
2	WIŚNIEWSKA Lucyna	203	TRISPACE/TREK	K-50	2	00:00:30	00:26:30.60	00:27:00.65	+00:05:21 (20.2%)	5:18	11.3 (79.6%)
3	BRZOZOWSKA Jolanta	658		K-50	3	00:00:30	00:26:55.65	00:27:26.35	+00:05:46 (21.4%)	5:23	11.1 (78.2%)
4	DRZEWUCKA Anna	398		K-50	4	00:01:00	00:27:24.15	00:28:24.60	+00:06:14 (22.8%)	5:28	10.9 (76.8%)
5	FRYDRYCHOWICZ Lilianna	975		K-50	5	00:00:25	00:28:00.05	00:28:25.95	+00:06:50 (24.4%)	5:36	10.7 (75.4%)
6	WYDRZYŃSKA Katarzyna	519	SOLECCYBIEGACZE	K-50	6	00:00:35	00:28:34.40	00:29:09.85	+00:07:24 (25.9%)	5:42	10.5 (73.9%)
7	KOLANOWSKA Grażyna	394		K-50	7	00:01:01	00:28:43.50	00:29:44.65	+00:07:33 (26.3%)	5:44	10.4 (73.2%)
8	BŁAŻEJEWSKA Anna	1170		K-50	8	00:00:12	00:29:10.60	00:29:23.15	+00:08:01 (27.5%)	5:50	10.3 (72.5%)
9	RADOWSKA Helena	1254		K-50	9	00:00:52	00:29:26.40	00:30:19.25	+00:08:16 (28.1%)	5:53	10.2 (71.8%)
10	LUZAK Jadwiga	557		K-50	10	00:00:39	00:29:33.40	00:30:13.15	+00:08:23 (28.4%)	5:54	10.1 (71.1%)
11	KOPACZ Elżbieta	960		K-50	11	00:00:54	00:29:52.05	00:30:46.40	+00:08:42 (29.2%)	5:58	10 (70.4%)
12	MALICKA Beata	475		K-50	12	00:00:52	00:29:59.70	00:30:51.95	+00:08:50 (29.5%)	5:59	10 (70.4%)
13	JURUŚ Jolanta	776	HERBALIFE	K-50	13	00:00:38	00:30:02.15	00:30:40.35	+00:08:52 (29.6%)	6:00	10 (70.4%)
14	KNIOŁA Lucyna	463		K-50	14	00:01:27	00:30:23.45	00:31:50.60	+00:09:13 (30.4%)	6:04	9.9 (69.7%)
15	WOŹNIACKA Beata	579	AZYL DLA JEŻY	K-50	15	00:00:45	00:31:21.90	00:32:07.60	+00:10:12 (32.5%)	6:16	9.6 (67.6%)
16	SZCZEPAŃSKA-DOLNA Edyta	1475	FOREST GANG	K-50	16	00:01:33	00:31:22.75	00:32:56.20	+00:10:13 (32.6%)	6:16	9.6 (67.6%)
17	ARENT Marzena	1138		K-50	17	00:01:14	00:32:32.05	00:33:46.15	+00:11:22 (35.0%)	6:30	9.2 (64.8%)
18	KLEWICZ Jolanta	852		K-50	18	00:00:42	00:32:36.50	00:33:18.50	+00:11:26 (35.1%)	6:31	9.2 (64.8%)
19	SZATKOWSKA Beata	509		K-50	19	00:01:33	00:32:52.80	00:34:25.90	+00:11:43 (35.6%)	6:34	9.1 (64.1%)
20	ASTUKIEWICZ Agnieszka	540		K-50	20	00:01:08	00:34:23.90	00:35:32.85	+00:13:14 (38.5%)	6:52	8.7 (61.3%)
21	KUZIĄK Ola	329		K-50	21	00:01:22	00:34:25.45	00:35:48.30	+00:13:15 (38.5%)	6:53	8.7 (61.3%)
22	CHMURZYŃSKA Ewa	1329		K-50	22	00:00:55	00:38:51.55	00:39:47.15	+00:17:41 (45.5%)	7:46	7.7 (54.2%)
23	SROCZYŃSKA Aldona	967	KS POLONIA BYDGOSZCZ SEKCJA LA	K-50	23	00:01:26	00:38:59.85	00:40:26.10	+00:17:50 (45.7%)	7:48	7.7 (54.2%)

Znaleziono 23 wynik(ów)