



Organizator:
Data:
Miejsce:
Dystans:

Aktywna Bydgoszcz
2019-11-11
Bydgoszcz
5 km

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2019

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SIWKOWSKI Roman	473	BIEGAM, BAIEGAM	M-50	1	00:00:01	00:20:07.95	00:20:09.75		4:01	14.9 (100%)
2	MAKOWSKI Sławomir	50		M-50	2	00:00:22	00:20:21.55	00:20:44.20	+00:00:13 (1.1%)	4:04	14.7 (98.7%)
3	MICHALAK Wojtek	893		M-50	3	00:00:34	00:21:15.80	00:21:50.40	+00:01:07 (5.3%)	4:15	14.1 (94.6%)
4	MEYER Marek	1036		M-50	4	00:00:13	00:21:18.15	00:21:31.75	+00:01:10 (5.5%)	4:15	14.1 (94.6%)
5	WŁODARCZYK Wojciech	1107	CZARNE STOPY	M-50	5	00:00:15	00:21:33.00	00:21:48.70	+00:01:25 (6.6%)	4:18	13.9 (93.3%)
6	WŁOCH Sylwester	240		M-50	6	00:00:07	00:22:02.75	00:22:10.05	+00:01:54 (8.7%)	4:24	13.6 (91.3%)
7	BARTOS Arkadiusz	1006	WTORKOWY TRENING	M-50	7	00:00:12	00:22:19.75	00:22:32.30	+00:02:11 (9.8%)	4:28	13.4 (89.9%)
8	HŁAWNIAK Zbigniew	375		M-50	8	00:00:14	00:22:40.70	00:22:55.45	+00:02:32 (11.2%)	4:32	13.2 (88.6%)
9	PACEK Mirosław	600		M-50	9	00:00:11	00:22:48.00	00:22:59.15	+00:02:40 (11.7%)	4:33	13.2 (88.6%)
10	LUZAK Mirosław	727	MWIK BYDGOSZCZ	M-50	10	00:00:14	00:23:31.80	00:23:46.75	+00:03:23 (14.4%)	4:42	12.7 (85.2%)
11	KUCHCZYŃSKI Adam	352	BÓL TO ŚCIEMA	M-50	11	00:00:48	00:23:32.95	00:24:21.10	+00:03:25 (14.5%)	4:42	12.7 (85.2%)
12	RAUNEST Adam	835		M-50	12	00:00:21	00:23:33.40	00:23:54.80	+00:03:25 (14.5%)	4:42	12.7 (85.2%)
13	ZDEB Bogumił	847		M-50	13	00:01:06	00:24:00.20	00:25:06.55	+00:03:52 (16.1%)	4:48	12.5 (83.9%)
14	LICA Krzysztof	1280	SISU OWB	M-50	14	00:00:37	00:24:10.40	00:24:47.75	+00:04:02 (16.7%)	4:50	12.4 (83.2%)
15	ŻUCHOWSKI Dariusz	743		M-50	15	00:00:31	00:24:19.45	00:24:51.05	+00:04:11 (17.2%)	4:52	12.3 (82.6%)
16	ZUPA Wojciech	1394	SISU-OWB TEAM	M-50	16	00:00:37	00:24:32.85	00:25:10.00	+00:04:24 (18.0%)	4:54	12.2 (81.9%)
17	POPIELARZ Robert	13	WKURW_TEAM	M-50	17	00:00:09	00:24:46.10	00:24:55.70	+00:04:38 (18.7%)	4:57	12.1 (81.2%)
18	ANGLART Roman	292	RUN PASJA	M-50	18	00:00:32	00:24:49.40	00:25:21.95	+00:04:41 (18.9%)	4:57	12.1 (81.2%)
19	BIAŁOUS Krzysztof	1024	NIEZRZESZONY	M-50	19	00:00:18	00:24:52.00	00:25:10.95	+00:04:44 (19.0%)	4:58	12.1 (81.2%)
20	LEWANDOWSKI Adam	378	COOKIETEAMRUNNERS	M-50	20	00:01:08	00:24:53.75	00:26:01.95	+00:04:45 (19.1%)	4:58	12.1 (81.2%)
21	ŚWIETLIK Piotr	260		M-50	21	00:00:36	00:25:07.15	00:25:43.65	+00:04:59 (19.9%)	5:01	11.9 (79.9%)
22	BURNICKI Mariusz	1296	BYDGOSKI KLUB MORSÓW	M-50	22	00:00:07	00:25:11.95	00:25:19.50	+00:05:04 (20.1%)	5:02	11.9 (79.9%)
23	MARCHEL Leszek	1041	KMW	M-50	23	00:00:39	00:25:24.70	00:26:04.40	+00:05:16 (20.8%)	5:05	11.8 (79.2%)
24	ZDROJEWSKI Mirosław	362		M-50	24	00:01:32	00:25:32.00	00:27:04.30	+00:05:24 (21.2%)	5:06	11.7 (78.5%)
25	WOJCIESZAK Dariusz	987		M-50	25	00:00:30	00:25:34.10	00:26:04.60	+00:05:26 (21.3%)	5:06	11.7 (78.5%)
26	KWASEK Wojciech	898	KABEL TEAM BYDGOSZCZ	M-50	26	00:00:32	00:25:47.05	00:26:19.10	+00:05:39 (21.9%)	5:09	11.6 (77.9%)
27	NAWROCKI Dariusz	194	VAUPE TEAM	M-50	27	00:01:52	00:25:49.95	00:27:42.00	+00:05:42 (22.1%)	5:10	11.6 (77.9%)
28	WARMBIER Andrzej	1385		M-50	28	00:00:17	00:25:51.80	00:26:09.05	+00:05:43 (22.2%)	5:10	11.6 (77.9%)
29	BRZOZOWSKI Marek	868		M-50	29	00:00:31	00:25:53.35	00:26:25.20	+00:05:45 (22.2%)	5:10	11.6 (77.9%)
30	KUNDE Adam	1462		M-50	30	00:00:38	00:25:55.30	00:26:33.90	+00:05:47 (22.3%)	5:11	11.6 (77.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	PRZYBYLSKI Mariusz	98	BYDGOSZCZ NA STRART	M-50	31	00:01:09	00:25:55.75	00:27:05.60	+00:05:47 (22.4%)	5:11	11.6 (77.9%)
32	WIŚNIEWSKI Marek	381		M-50	32	00:00:36	00:26:31.10	00:27:07.45	+00:06:23 (24.1%)	5:18	11.3 (75.8%)
33	JAGODZIŃSKI Karol	1313		M-50	33	00:01:18	00:26:39.20	00:27:57.55	+00:06:31 (24.5%)	5:19	11.3 (75.8%)
34	WAWRZY尼亚K Andrzej	765	22.ODN	M-50	34	00:00:40	00:26:50.80	00:27:31.20	+00:06:42 (25.0%)	5:22	11.2 (75.2%)
35	KUŻAJ Sławomir	965	PIŁA	M-50	35	00:00:09	00:27:05.45	00:27:15.25	+00:06:57 (25.7%)	5:25	11.1 (74.5%)
36	PALIGA Antoni	370	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	36	00:01:34	00:27:14.40	00:28:48.60	+00:07:06 (26.1%)	5:26	11 (73.8%)
37	SIEŃSKI Jacek	606	RUN BYDGOSZCZ	M-50	37	00:00:57	00:27:26.35	00:28:23.50	+00:07:18 (26.6%)	5:29	10.9 (73.2%)
38	KOSIŃSKI Jerzy	1262		M-50	38	00:00:45	00:27:29.55	00:28:15.25	+00:07:21 (26.8%)	5:30	10.9 (73.2%)
39	WIŚNIEWSKI Krzysztof	111	TRISPACE/TREK	M-50	39	00:00:33	00:27:41.15	00:28:14.15	+00:07:33 (27.3%)	5:32	10.8 (72.5%)
40	WYPORKIEWICZ Jerzy	485	KLINIKA TRIATHLONU	M-50	40	00:00:55	00:27:44.45	00:28:39.45	+00:07:36 (27.4%)	5:32	10.8 (72.5%)
41	ROZBICKI Grzegorz	639		M-50	41	00:01:11	00:27:46.40	00:28:58.10	+00:07:38 (27.5%)	5:33	10.8 (72.5%)
42	KLONOWSKI Krzysztof	1442		M-50	42	00:00:06	00:27:58.35	00:28:05.15	+00:07:50 (28.0%)	5:35	10.7 (71.8%)
43	ŚWIETLIK Tomasz	1030		M-50	43	00:00:36	00:28:00.50	00:28:36.65	+00:07:52 (28.1%)	5:36	10.7 (71.8%)
44	ANDRUSZKIEWICZ Stanisław	978	BYDGOSZCZ FORDON TEAM	M-50	44	00:00:14	00:28:23.45	00:28:37.90	+00:08:15 (29.1%)	5:40	10.6 (71.1%)
45	CHMIELEWSKI Ireneusz	465	CZARNE STOPY SM	M-50	45	00:00:45	00:28:27.75	00:29:12.75	+00:08:19 (29.3%)	5:41	10.5 (70.5%)
46	RATAJCZAK Arkadiusz	820		M-50	46	00:00:51	00:28:40.35	00:29:32.05	+00:08:32 (29.8%)	5:44	10.5 (70.5%)
47	KOLANOWSKI Wojciech	397		M-50	47	00:01:00	00:28:43.95	00:29:44.80	+00:08:36 (29.9%)	5:44	10.4 (69.8%)
48	JAKUBOWSKI Mirosław	587	URZĄD MIASTA BYDGOSZCZY	M-50	48	00:01:37	00:29:18.90	00:30:56.35	+00:09:10 (31.3%)	5:51	10.2 (68.5%)
49	KURTYSIAK Roman	291		M-50	49	00:00:50	00:29:22.25	00:30:12.45	+00:09:14 (31.5%)	5:52	10.2 (68.5%)
50	WEGNER Roman	135		M-50	50	00:00:49	00:29:27.70	00:30:17.00	+00:09:19 (31.7%)	5:53	10.2 (68.5%)
51	POWAŁKA Grzegorz	1378		M-50	51	00:00:43	00:29:34.95	00:30:18.75	+00:09:27 (31.9%)	5:55	10.1 (67.8%)
52	GRUSZKA Marek	506	NIEZRZESZONY	M-50	52	00:00:19	00:30:19.20	00:30:38.30	+00:10:11 (33.6%)	6:03	9.9 (66.4%)
53	KOPROWICZ Adam	798	THE RUNNERS ŚWIECIE	M-50	53	00:01:08	00:30:19.45	00:31:27.55	+00:10:11 (33.6%)	6:03	9.9 (66.4%)
54	KLINIKOWSKI Jacek	392	KOCHAM ŻYCIE I...	M-50	54	00:00:38	00:30:22.60	00:31:00.65	+00:10:14 (33.7%)	6:04	9.9 (66.4%)
55	SMOLIŃSKI Piotr	204	BBL SZUBIN	M-50	55	00:01:02	00:30:37.75	00:31:40.15	+00:10:29 (34.3%)	6:07	9.8 (65.8%)
56	ARENT Jan	1146		M-50	56	00:01:16	00:30:42.45	00:31:59.25	+00:10:34 (34.4%)	6:08	9.8 (65.8%)
57	BYCZKOWSKI Zenon	1222	INDYWIDUALNIE	M-50	57	00:01:24	00:31:01.20	00:32:25.20	+00:10:53 (35.1%)	6:12	9.7 (65.1%)
58	TWARDOWSKI Wojciech	22	RUN BYDGOSZCZ	M-50	58	00:01:01	00:31:09.80	00:32:10.95	+00:11:01 (35.4%)	6:13	9.6 (64.4%)
59	LIWOCH Grzegorz	425		M-50	59	00:01:23	00:31:39.25	00:33:02.80	+00:11:31 (36.4%)	6:19	9.5 (63.8%)
60	HARACEWIAT Cezary	702	CHUPACABRAS	M-50	60	00:01:19	00:32:48.80	00:34:08.45	+00:12:40 (38.6%)	6:33	9.1 (61.1%)
61	KACZMAREK Dariusz	1215		M-50	61	00:01:26	00:33:00.15	00:34:27.00	+00:12:52 (39.0%)	6:36	9.1 (61.1%)
62	OLECHNOWICZ Tomasz	634	WALECZNE DZIECIAKI	M-50	62	00:01:28	00:33:46.35	00:35:15.00	+00:13:38 (40.4%)	6:45	8.9 (59.7%)
63	JEŻOWSKI Sławomir	1350		M-50	63	00:00:44	00:37:49.60	00:38:33.85	+00:17:41 (46.8%)	7:33	7.9 (53.0%)
64	BADOWSKI Krzysztof	1328		M-50	64	00:00:00	00:44:16.10	00:44:16.10	+00:24:08 (54.5%)	8:51	6.8 (45.6%)
65	CHMURZYŃSKI Tomasz	1332		M-50	65	00:00:00			+	6:06	9.8 (65.8%)

Znaleziono 65 wynik(ów)