



BYDGOSKI BIEG NIEPODLEGŁOŚCI 2021

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Organizator: Aktywna Bydgoszcz
Data: 2021-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKI Błażej	863	BRZEZIŃSKI RUN CLUB	M-30	1	00:00:02	00:15:11.60	00:15:14.55		3:02	19.8 (100%)
2	BISKUP Marcin	477	CWZS ZAWISZA BYDGOSZCZ	M-20	1	00:00:03	00:16:20.80	00:16:24.25	+00:01:09 (7.1%)	3:16	18.4 (92.9%)
3	DZIERLIŃSKI Paweł	1024	THE RUNNERS ŚWIEICE	M-30	2	00:00:04	00:17:10.10	00:17:14.40	+00:01:58 (11.5%)	3:26	17.5 (88.4%)
4	FELCZAK Jakub	283		M-20	2	00:00:03	00:17:14.95	00:17:18.65	+00:02:03 (11.9%)	3:26	17.4 (87.9%)
5	JURAK Krzysztof	1098	KUJAWSCY RUNNERS	M-30	3	00:00:03	00:17:46.20	00:17:50.05	+00:02:34 (14.5%)	3:33	16.9 (85.4%)
6	WIWATOWSKI Michał	262		M-40	1	00:00:04	00:17:48.85	00:17:52.85	+00:02:37 (14.7%)	3:33	16.9 (85.4%)
7	KUŁAKOWSKI Krzysztof	1097	CZARNE STOPY	M-30	4	00:00:04	00:17:52.10	00:17:56.10	+00:02:40 (15.0%)	3:34	16.8 (84.8%)
8	FLOREK Paweł	792	RUNADDICTS	M-30	5	00:00:04	00:17:54.50	00:17:59.30	+00:02:42 (15.2%)	3:34	16.8 (84.8%)
9	ŁAZ Kamil	906	WTLENIE.PL	M-30	6	00:00:03	00:18:09.25	00:18:12.70	+00:02:57 (16.3%)	3:37	16.5 (83.3%)
10	RYMER Jakub	681	KOTŁOWSKI RUN TEAM	M-30	7	00:00:04	00:18:19.35	00:18:23.70	+00:03:07 (17.1%)	3:39	16.4 (82.8%)
11	MAĆKOWSKI Maciej	221	UPSBYDOSZCZ/TEAMOCHAL	M-30	8	00:00:03	00:18:41.50	00:18:44.70	+00:03:29 (18.7%)	3:44	16.1 (81.3%)
12	OLEJNIK Krzysztof	738		M-30	9	00:00:06	00:18:42.65	00:18:49.40	+00:03:31 (18.8%)	3:44	16 (80.8%)
13	SOBIERAŁSKI Rafał	166		M-40	2	00:00:05	00:18:44.20	00:18:49.65	+00:03:32 (18.9%)	3:44	16 (80.8%)
14	BEDRA Robert	193		M-10	1	00:00:03	00:18:44.80	00:18:48.25	+00:03:33 (19.0%)	3:44	16 (80.8%)
15	WENZELEWSKI Daniel	1099	LOTTO-BYDGOSTIA	M-10	2	00:00:28	00:18:47.20	00:19:15.45	+00:03:35 (19.1%)	3:45	16 (80.8%)
16	TUCHOLSKI Bartłomiej	1028		M-20	3	00:00:04	00:18:48.35	00:18:52.70	+00:03:36 (19.2%)	3:45	16 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	KOLMAJER Rafał	34	ROWERTOUR	M-40	3	00:00:03	00:18:49.60	00:18:53.50	+00:03:38 (19.3%)	3:45	15.9 (80.3%)
18	BAK Oskar	767		M-30	10	00:00:04	00:18:49.90	00:18:54.35	+00:03:38 (19.3%)	3:45	15.9 (80.3%)
19	OSSOWSKI Jakub	553		M-10	3	00:00:14	00:18:59.30	00:19:13.90	+00:03:47 (20.0%)	3:47	15.8 (79.8%)
20	TYMEK Kamil	1085	ZAWISZA	M-10	4	00:00:04	00:19:06.55	00:19:10.55	+00:03:54 (20.5%)	3:49	15.7 (79.3%)
21	KALACZYŃSKI Miłosz	101	KS POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA IM. KLEMENSA BINIAKOWSKIEGO	M-20	4	00:00:04	00:19:09.65	00:19:14.55	+00:03:58 (20.7%)	3:49	15.7 (79.3%)
22	TELEJKO Łukasz	1089	RUN BYDGOSZCZ	M-20	5	00:00:09	00:19:10.70	00:19:20.60	+00:03:59 (20.8%)	3:50	15.7 (79.3%)
23	STANIEC Tomasz	1070		M-40	4	00:00:05	00:19:12.35	00:19:18.25	+00:04:00 (20.9%)	3:50	15.6 (78.8%)
24	SZYMAŃSKI Adam	559	BIEGAJ Z DYMKIEM	M-30	11	00:00:05	00:19:20.45	00:19:26.25	+00:04:08 (21.4%)	3:52	15.5 (78.3%)
25	SZENK Marta	138		K-40	1	00:00:04	00:19:21.30	00:19:25.60	+00:04:09 (21.5%)	3:52	15.5 (78.3%)
26	MENDEL Patryk	24	TM IRON TRI-TEAM/SLA POLONIA BYDGOSZCZ	M-20	6	00:00:03	00:19:28.65	00:19:32.00	+00:04:17 (22.0%)	3:53	15.4 (77.8%)
27	SZCZEPANIAK Cezary	484		M-40	5	00:00:05	00:19:47.35	00:19:52.55	+00:04:35 (23.2%)	3:57	15.2 (76.8%)
28	KOZŁOWSKI Rafał	13		M-40	6	00:00:04	00:19:48.10	00:19:52.40	+00:04:36 (23.3%)	3:57	15.2 (76.8%)
29	TOMCZYK Agata	521	SLA POLONIA BYDGOSZCZ	K-30	1	00:00:05	00:19:48.35	00:19:53.75	+00:04:36 (23.3%)	3:57	15.2 (76.8%)
30	FUZ Marek	700	KABEL TEAM BYDGOSZCZ	M-50	1	00:00:05	00:19:54.45	00:20:00.30	+00:04:42 (23.7%)	3:58	15.1 (76.3%)
31	PISARSKI Igor	673		M-20	7	00:00:08	00:19:57.00	00:20:05.05	+00:04:45 (23.8%)	3:59	15 (75.8%)
32	WALDA Łukasz	611		M-30	12	00:00:06	00:19:57.30	00:20:03.80	+00:04:45 (23.9%)	3:59	15 (75.8%)
33	DROBINSKI Daniel	209		M-30	13	00:00:06	00:19:58.15	00:20:04.30	+00:04:46 (23.9%)	3:59	15 (75.8%)
34	PĘDZIOCH Przemysław	662		M-30	14	00:00:06	00:19:59.00	00:20:05.35	+00:04:47 (24.0%)	3:59	15 (75.8%)
35	MACIOSZEK Piotr	884		M-20	8	00:00:06	00:20:00.95	00:20:07.05	+00:04:49 (24.1%)	4:00	15 (75.8%)
36	SZLINGER Jakub	908	BRAK	M-30	15	00:00:00	00:20:04.70	00:20:04.70	+00:04:53 (24.3%)	4:00	15 (75.8%)
37	MALICKI Łukasz	231	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	16	00:00:04	00:20:10.85	00:20:15.65	+00:04:59 (24.7%)	4:02	14.9 (75.3%)
38	KRUSZKA Łukasz	189	K. S. TRI BE.R	M-40	7	00:00:05	00:20:20.25	00:20:25.50	+00:05:08 (25.3%)	4:04	14.8 (74.7%)
39	CHODKIEWICZ Tomek	1117		M-20	9	00:00:06	00:20:20.95	00:20:27.10	+00:05:09 (25.3%)	4:04	14.8 (74.7%)
40	BALCEREK Mateusz	1000	GASTRO SZEf	M-30	17	00:00:06	00:20:28.60	00:20:35.35	+00:05:17 (25.8%)	4:05	14.7 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	WIECZOREK Michał	533	MAJKTEAM	M-30	17	00:00:07	00:20:28.60	00:20:36.40	+00:05:17 (25.8%)	4:05	14.7 (74.2%)
42	GURDAK Leszek	169	BYDGOSZCZ NA START	M-40	8	00:00:06	00:20:33.35	00:20:39.45	+00:05:21 (26.1%)	4:06	14.6 (73.7%)
43	STARZYŃSKI Piotr	855		M-40	9	00:00:08	00:20:37.05	00:20:45.95	+00:05:25 (26.3%)	4:07	14.6 (73.7%)
44	WOŹNIAKOWSKA Agata	916	WTLENIE.PL	K-30	2	00:00:00	00:20:40.50	00:20:40.50	+00:05:28 (26.5%)	4:08	14.5 (73.2%)
45	DROCIAK Michał	886	OGR OSOWA GÓRA RUNNER	M-40	10	00:00:06	00:20:41.55	00:20:47.75	+00:05:29 (26.6%)	4:08	14.5 (73.2%)
46	SZYMCZAK Maciej	222	AKTYWNA BYDGOSZCZ	M-50	2	00:00:05	00:20:42.40	00:20:47.90	+00:05:30 (26.6%)	4:08	14.5 (73.2%)
47	KHADDOUR Alex	203	BBL BYDGOSZCZ	M-30	19	00:00:06	00:20:44.30	00:20:50.65	+00:05:32 (26.7%)	4:08	14.5 (73.2%)
48	GŻYL Mikołaj	317	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	20	00:00:07	00:20:47.05	00:20:54.80	+00:05:35 (26.9%)	4:09	14.4 (72.7%)
49	MIRKIEWICZ Filip	453		M-10	5	00:00:22	00:20:51.00	00:21:13.85	+00:05:39 (27.1%)	4:10	14.4 (72.7%)
50	PAWLIK Stanisław	146		M-50	3	00:00:06	00:20:51.40	00:20:57.55	+00:05:39 (27.2%)	4:10	14.4 (72.7%)
51	LEWANDOWSKI Bartłomiej	899		M-20	10	00:00:08	00:20:57.90	00:21:06.25	+00:05:46 (27.5%)	4:11	14.3 (72.2%)
52	BETHKE Jakub	882		M-30	21	00:00:07	00:21:04.65	00:21:12.30	+00:05:53 (27.9%)	4:12	14.2 (71.7%)
53	BUZALSKI Robert	103	ORANGE POLSKA	M-40	11	00:00:06	00:21:07.70	00:21:14.65	+00:05:56 (28.1%)	4:13	14.2 (71.7%)
54	FRANKOWSKI Szymon	538		M-10	6	00:00:05	00:21:11.35	00:21:17.10	+00:05:59 (28.3%)	4:14	14.2 (71.7%)
55	GWIAZDOWSKI Dominik	140		M-10	7	00:00:04	00:21:12.00	00:21:16.30	+00:06:00 (28.3%)	4:14	14.2 (71.7%)
56	MEYER Marek	710		M-50	4	00:00:26	00:21:12.95	00:21:39.60	+00:06:01 (28.4%)	4:14	14.2 (71.7%)
57	JARMUŻ Adam	2	AJ TEAM	M-30	22	00:00:05	00:21:13.05	00:21:18.10	+00:06:01 (28.4%)	4:14	14.1 (71.2%)
58	ZIÓŁKOWSKI Włodek	534	FORDON BIEGA	M-30	23	00:00:04	00:21:14.05	00:21:18.90	+00:06:02 (28.4%)	4:14	14.1 (71.2%)
59	SUDOŁ Jacek	837	PARKRUN BYDGOSZCZ	M-40	12	00:00:07	00:21:14.70	00:21:21.95	+00:06:03 (28.5%)	4:14	14.1 (71.2%)
60	KŁOSOWSKI Marcin	542	CSM POLSKA	M-40	13	00:00:04	00:21:15.15	00:21:20.10	+00:06:03 (28.5%)	4:15	14.1 (71.2%)
61	SZYSZKA Radosław	915		M-30	24	00:00:06	00:21:16.20	00:21:22.95	+00:06:04 (28.6%)	4:15	14.1 (71.2%)
62	DUDKOWIAK Michał	1086	CHMIELARZ TEAM	M-30	25	00:00:07	00:21:18.25	00:21:25.55	+00:06:06 (28.7%)	4:15	14.1 (71.2%)
63	IGNACZAK Jarosław	598	3GRAVITY	M-40	14	00:00:07	00:21:22.25	00:21:30.05	+00:06:10 (28.9%)	4:16	14 (70.7%)
64	ZAJĄKAŁA Wojciech	1105		M-20	11	00:00:09	00:21:27.80	00:21:37.75	+00:06:16 (29.2%)	4:17	14 (70.7%)

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65	ŻUCHELKOWSKI Rafał	524		M-30	26	00:00:28	00:21:28.95	00:21:57.75	+00:06:17 (29.3%)	4:17	14 (70.7%)
66	WIECZOREK Waldemar	780		M-30	27	00:01:09	00:21:30.65	00:22:39.65	+00:06:19 (29.4%)	4:18	14 (70.7%)
67	MIZIKOWSKI Tomasz	608	MIZIK-TEAM	M-10	8	00:00:08	00:21:32.20	00:21:41.15	+00:06:20 (29.5%)	4:18	13.9 (70.2%)
68	MIZIKOWSKI Wojciech	530	MIZIK TEAM	M-40	15	00:00:09	00:21:33.10	00:21:42.55	+00:06:21 (29.5%)	4:18	13.9 (70.2%)
69	ZBORAŁA Dawid	1060		M-30	28	00:00:05	00:21:33.50	00:21:38.95	+00:06:21 (29.5%)	4:18	13.9 (70.2%)
70	WADZIŃSKA Paulina	57	TEAMOCHAL	K-30	3	00:00:06	00:21:34.10	00:21:41.05	+00:06:22 (29.6%)	4:18	13.9 (70.2%)
71	GRZECHULSKI Dariusz	571		M-40	16	00:00:07	00:21:34.55	00:21:41.70	+00:06:22 (29.6%)	4:18	13.9 (70.2%)
72	DAŃCZUK Jerzy	277		M-50	5	00:00:09	00:21:37.10	00:21:46.95	+00:06:25 (29.7%)	4:19	13.9 (70.2%)
73	KLINOWSKI Radosław	1076		M-30	29	00:00:31	00:21:37.95	00:22:08.95	+00:06:26 (29.8%)	4:19	13.9 (70.2%)
74	LEWANDOWSKI Piotr	684		M-20	12	00:00:06	00:21:38.75	00:21:45.10	+00:06:27 (29.8%)	4:19	13.9 (70.2%)
75	STRUGAŁA Maciej	178		M-20	13	00:00:13	00:21:39.55	00:21:52.90	+00:06:27 (29.9%)	4:19	13.9 (70.2%)
76	BZDZION Marcin	751		M-20	14	00:00:10	00:21:41.90	00:21:52.45	+00:06:30 (30.0%)	4:20	13.8 (69.7%)
77	KOLASSA Robert	939		M-20	15	00:00:07	00:21:42.30	00:21:49.60	+00:06:30 (30.0%)	4:20	13.8 (69.7%)
78	MAZUREK Damian	447		M-20	16	00:00:45	00:21:47.65	00:22:33.35	+00:06:36 (30.3%)	4:21	13.8 (69.7%)
79	ZBIRANEK Remigiusz	720	1 BRYGADA LOGISTYCZNA	M-40	17	00:00:11	00:21:48.90	00:22:00.55	+00:06:37 (30.4%)	4:21	13.8 (69.7%)
80	DZIKOWSKI Jakub	1018		M-20	17	00:00:06	00:21:49.95	00:21:56.00	+00:06:38 (30.4%)	4:21	13.8 (69.7%)
81	MARCINIAK Przemysław	176		M-30	30	00:00:45	00:21:54.75	00:22:40.15	+00:06:43 (30.7%)	4:22	13.7 (69.2%)
82	KILAN Kacper	606	SPOGLO	M-20	18	00:00:35	00:21:56.65	00:22:32.20	+00:06:45 (30.8%)	4:23	13.7 (69.2%)
83	SADECKI Karol	205		M-30	31	00:00:06	00:21:57.60	00:22:04.55	+00:06:46 (30.8%)	4:23	13.7 (69.2%)
84	RYBCZYŃSKI Łukasz	936		M-30	32	00:00:17	00:22:00.30	00:22:17.75	+00:06:48 (31.0%)	4:24	13.6 (68.7%)
85	NOWAKOWSKI Radosław	210		M-20	19	00:00:35	00:22:00.55	00:22:36.20	+00:06:48 (31.0%)	4:24	13.6 (68.7%)
86	MACIOSZEK Marcin	408	M.A.D.M.E.P.	M-40	18	00:00:09	00:22:03.05	00:22:12.10	+00:06:51 (31.1%)	4:24	13.6 (68.7%)
87	SIKORSKI Arkadiusz	3	MATEMATYKA Z PLUSEM	M-10	9	00:00:12	00:22:05.30	00:22:18.05	+00:06:53 (31.2%)	4:25	13.6 (68.7%)
88	BARCZAK Tomasz	329		M-50	6	00:00:07	00:22:07.00	00:22:14.85	+00:06:55 (31.3%)	4:25	13.6 (68.7%)

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89	WASILUK Tomasz	175		M-30	33	00:00:06	00:22:07.75	00:22:14.60	+00:06:56 (31.3%)	4:25	13.6 (68.7%)
90	PIEKARSKI Paweł	665		M-30	34	00:00:26	00:22:08.00	00:22:34.30	+00:06:56 (31.4%)	4:25	13.6 (68.7%)
91	RENC Patryk	543	SERCE TYBETU	M-30	35	00:00:08	00:22:09.05	00:22:17.30	+00:06:57 (31.4%)	4:25	13.5 (68.2%)
92	PINIARSKI Michał	1049	MOGILNO TEAM	M-40	19	00:00:21	00:22:09.60	00:22:30.75	+00:06:58 (31.4%)	4:25	13.5 (68.2%)
93	WÓJCIK Jacek	197	@RUN_JACEK	M-30	36	00:00:07	00:22:10.90	00:22:18.45	+00:06:59 (31.5%)	4:26	13.5 (68.2%)
94	MIĘKCZYŃSKI Miłosz	256	LUPUS TEAM	M-30	37	00:00:27	00:22:11.20	00:22:38.75	+00:06:59 (31.5%)	4:26	13.5 (68.2%)
95	SKUPSZ Jędrzej Kazmierz	782	FORDON	M-30	38	00:00:45	00:22:12.20	00:22:57.60	+00:07:00 (31.6%)	4:26	13.5 (68.2%)
96	SKORNIA Eliza	191	PARKA BIEGA	K-20	1	00:00:10	00:22:12.30	00:22:23.15	+00:07:00 (31.6%)	4:26	13.5 (68.2%)
97	DOMALEWSKI Łukasz	55		M-30	39	00:00:30	00:22:12.50	00:22:42.85	+00:07:00 (31.6%)	4:26	13.5 (68.2%)
98	WNUCZYŃSKI Kamil	85		M-10	10	00:00:35	00:22:14.00	00:22:49.55	+00:07:02 (31.7%)	4:26	13.5 (68.2%)
99	WESOŁOWSKI Mateusz	955	KOLEGIUM KUJAWSKIE	M-10	11	00:00:47	00:22:16.00	00:23:03.80	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
100	PAPROCKI Rafał	581	SLK POLONIA BYDGOSZCZ	M-40	20	00:00:32	00:22:16.35	00:22:48.45	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
101	BASA Mikołaj	1103		M-20	20	00:00:28	00:22:16.45	00:22:45.30	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
102	GOSPODARCZYK Marek	973		M-40	21	00:00:08	00:22:18.05	00:22:26.95	+00:07:06 (31.9%)	4:27	13.5 (68.2%)
103	BŁAŻEJAK Krzysztofa	907	WTLENIE.PL	K-40	2	00:00:05	00:22:18.70	00:22:24.40	+00:07:07 (31.9%)	4:27	13.5 (68.2%)
104	RASZKA Konrad	1077	RUN LOTTO-BYDGOSTIA	M-10	12	00:00:34	00:22:18.80	00:22:53.10	+00:07:07 (31.9%)	4:27	13.5 (68.2%)
105	STĘPNIEWSKA Marta	136		K-30	4	00:00:04	00:22:19.05	00:22:23.20	+00:07:07 (31.9%)	4:27	13.4 (67.7%)
106	WIKA Arkadiusz	518		M-20	21	00:00:08	00:22:19.35	00:22:28.10	+00:07:07 (31.9%)	4:27	13.4 (67.7%)
107	MIZERAKOWSKI Szymon	510		M-20	22	00:00:18	00:22:19.70	00:22:38.40	+00:07:08 (32.0%)	4:27	13.4 (67.7%)
108	ŁASSA Rafał	190	PARKA BIEGA	M-20	23	00:00:10	00:22:22.65	00:22:33.50	+00:07:11 (32.1%)	4:28	13.4 (67.7%)
109	SZARKOWSKI Fabian	32	BĄDŹ DOBRYM CZŁOWIEKIEM	M-20	24	00:00:31	00:22:22.75	00:22:54.45	+00:07:11 (32.1%)	4:28	13.4 (67.7%)
110	DOBRZYŃSKA Ewa	1042		K-30	5	00:00:05	00:22:22.85	00:22:28.45	+00:07:11 (32.1%)	4:28	13.4 (67.7%)
111	CENTKOWSKI Oliwier	909	KOLEGIUM KUJAWSKIE	M-10	13	00:00:47	00:22:24.00	00:23:11.40	+00:07:12 (32.2%)	4:28	13.4 (67.7%)
112	NOWAK Damian	729	-	M-10	14	00:00:04	00:22:24.65	00:22:28.65	+00:07:13 (32.2%)	4:28	13.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
113	ŁUKASZEWSKA Ewelina	1082		K-30	6	00:00:18	00:22:25.00	00:22:43.10	+00:07:13 (32.2%)	4:29	13.4 (67.7%)
114	KRETOWICZ Piotr	73		M-20	25	00:00:31	00:22:27.30	00:22:58.30	+00:07:15 (32.3%)	4:29	13.4 (67.7%)
115	SZYMAŃSKI Łukasz	584		M-30	40	00:00:07	00:22:27.50	00:22:35.45	+00:07:15 (32.3%)	4:29	13.4 (67.7%)
116	WĘGRZYNOWSKI Sławomir	569	KABEL TEAM BYDGOSZCZ	M-50	7	00:00:50	00:22:27.75	00:23:18.40	+00:07:16 (32.4%)	4:29	13.4 (67.7%)
117	CIEMNY Tomasz	591		M-40	22	00:00:11	00:22:28.80	00:22:39.95	+00:07:17 (32.4%)	4:29	13.4 (67.7%)
118	DOMŻALSKI Marek	841		M-50	8	00:00:13	00:22:29.15	00:22:43.10	+00:07:17 (32.4%)	4:29	13.3 (67.2%)
119	CENDROWSKA Weronika	787		K-20	2	00:00:30	00:22:31.55	00:23:01.75	+00:07:19 (32.6%)	4:30	13.3 (67.2%)
120	GROBLENY Szymon	301		M-30	41	00:00:24	00:22:32.10	00:22:56.75	+00:07:20 (32.6%)	4:30	13.3 (67.2%)
121	SZARLEJ Marcin	396	PKO BANK POLSKI SA	M-30	42	00:00:39	00:22:32.35	00:23:11.75	+00:07:20 (32.6%)	4:30	13.3 (67.2%)
122	WNUCZYŃSKI Jakub	201		M-10	15	00:00:34	00:22:32.50	00:23:07.25	+00:07:20 (32.6%)	4:30	13.3 (67.2%)
123	MICHALAK Wojciech	386		M-50	9	00:00:27	00:22:32.70	00:22:59.80	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
124	POPIELARZ Robert	212		M-50	10	00:00:09	00:22:32.75	00:22:42.60	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
125	JURKOWSKI Paweł	406	PJKANCELARIA.PL	M-30	43	00:00:37	00:22:32.85	00:23:09.85	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
126	SZULC Jacek	848	WAKE UP	M-20	26	00:00:08	00:22:33.10	00:22:41.20	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
127	GRZYWACZEWSKI Marcin	1075		M-20	27	00:00:44	00:22:34.40	00:23:18.75	+00:07:22 (32.7%)	4:30	13.3 (67.2%)
128	MOMOT Mieczysław	332		M-40	23	00:00:13	00:22:35.40	00:22:48.60	+00:07:23 (32.7%)	4:31	13.3 (67.2%)
129	WITEK Magdalena	251		K-20	3	00:00:13	00:22:35.60	00:22:49.55	+00:07:24 (32.8%)	4:31	13.3 (67.2%)
130	SZCZEPANIK Bartosz	218		M-10	16	00:00:38	00:22:38.65	00:23:17.25	+00:07:27 (32.9%)	4:31	13.3 (67.2%)
131	DZIEKAN Wojciech	387	KABEL TEAM BYDGOSZCZ	M-40	24	00:00:49	00:22:39.00	00:23:28.75	+00:07:27 (32.9%)	4:31	13.2 (66.7%)
132	MENDEL Magdalena	1090	TM IRON TEAM	K-30	7	00:00:04	00:22:39.15	00:22:43.45	+00:07:27 (32.9%)	4:31	13.2 (66.7%)
133	NOWACZYK Bartosz	1023		M-30	44	00:00:08	00:22:41.45	00:22:49.85	+00:07:29 (33.0%)	4:32	13.2 (66.7%)
134	NEUMANN Paweł	1093	LOTTO-BYDGOSTIA	M-10	17	00:00:33	00:22:42.75	00:23:15.95	+00:07:31 (33.1%)	4:32	13.2 (66.7%)
135	KUJAWA Kamil	956		M-30	45	00:00:05	00:22:44.60	00:22:50.00	+00:07:33 (33.2%)	4:32	13.2 (66.7%)
136	URBAŃSKA Ewa	179	TM IRON TEAM	K-40	3	00:00:07	00:22:45.95	00:22:53.70	+00:07:34 (33.3%)	4:33	13.2 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
137	PRZEKWAŚ Paweł	791		M-30	46	00:00:08	00:22:46.80	00:22:55.05	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
138	KAŹMIRSKI Dariusz	252		M-50	11	00:00:03	00:22:46.95	00:22:50.50	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
139	KRAWCZYŚZYN Tomasz	412		M-30	47	00:00:14	00:22:47.45	00:23:01.70	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
140	WRZESIŃSKI Artur	46		M-30	48	00:00:42	00:22:48.35	00:23:30.55	+00:07:36 (33.4%)	4:33	13.2 (66.7%)
141	WRZESIŃSKI Krzysztof	82		M-30	49	00:00:41	00:22:51.15	00:23:32.60	+00:07:39 (33.5%)	4:34	13.1 (66.2%)
142	WNUCZYŃSKI Andrzej	81	ORANGE POLSKA	M-40	25	00:00:34	00:22:53.95	00:23:28.75	+00:07:42 (33.7%)	4:34	13.1 (66.2%)
143	MROTEK Michał	667	AKADEMIA MISTRZOW SPORTU	M-40	26	00:00:15	00:22:54.25	00:23:09.30	+00:07:42 (33.7%)	4:34	13.1 (66.2%)
144	CIEŚLEWICZ Karol	809	OLAF CREW	M-40	27	00:00:10	00:22:55.05	00:23:05.85	+00:07:43 (33.7%)	4:35	13.1 (66.2%)
145	FUŁAT Karol	704	TKKF KOLEJARZ BYDGOSZCZ	M-50	12	00:00:13	00:22:55.45	00:23:09.00	+00:07:43 (33.7%)	4:35	13.1 (66.2%)
146	GRUBICH Arkadiusz	121		M-40	28	00:00:14	00:22:58.65	00:23:13.60	+00:07:47 (33.9%)	4:35	13.1 (66.2%)
147	RACZKO Agata	953		K-30	8	00:00:37	00:22:59.20	00:23:36.20	+00:07:47 (33.9%)	4:35	13.1 (66.2%)
148	RÓLKA Robert	997		M-30	50	00:00:34	00:22:59.60	00:23:34.00	+00:07:48 (33.9%)	4:35	13.1 (66.2%)
149	DROŹYŃSKI Maciej	230		M-30	51	00:00:27	00:23:01.90	00:23:29.65	+00:07:50 (34.0%)	4:36	13 (65.7%)
150	GACKOWSKI Krzysztof	49		M-40	29	00:00:08	00:23:02.05	00:23:10.85	+00:07:50 (34.0%)	4:36	13 (65.7%)
151	JAKUBCZAK Michał	685		M-30	52	00:00:15	00:23:03.40	00:23:18.60	+00:07:51 (34.1%)	4:36	13 (65.7%)
152	SOWIŃSKI Marcin	871		M-30	53	00:00:32	00:23:05.30	00:23:37.45	+00:07:53 (34.2%)	4:37	13 (65.7%)
153	BARTOS Arkadiusz	1118		M-20	28	00:00:08	00:23:06.40	00:23:14.95	+00:07:54 (34.2%)	4:37	13 (65.7%)
154	KAZUBOWSKI Jacek	247	TRIDARKO/KAZUBKI TEAM	M-50	13	00:00:09	00:23:07.30	00:23:17.05	+00:07:55 (34.3%)	4:37	13 (65.7%)
155	MICHALIK Joanna	106		K-40	4	00:00:38	00:23:08.05	00:23:46.50	+00:07:56 (34.3%)	4:37	13 (65.7%)
156	ZARECKI Piotr	1035	PAŁUKI RUNNING TEAM	M-30	54	00:00:32	00:23:09.00	00:23:41.65	+00:07:57 (34.4%)	4:37	13 (65.7%)
157	GRACZYK Przemysław	1001		M-30	55	00:00:09	00:23:10.25	00:23:19.60	+00:07:58 (34.4%)	4:38	12.9 (65.2%)
158	GRUŹEWSKI Michał	384		M-10	18	00:00:26	00:23:10.35	00:23:37.25	+00:07:58 (34.4%)	4:38	12.9 (65.2%)
159	STEFAŃSKI Marcin	327	KOJOTY	M-40	30	00:00:12	00:23:13.75	00:23:26.50	+00:08:02 (34.6%)	4:38	12.9 (65.2%)
160	LACHOWICZ Robert	237		M-50	14	00:00:12	00:23:14.95	00:23:27.70	+00:08:03 (34.6%)	4:38	12.9 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
161	PIEŁOWSKA Roma	821		K-20	4	00:00:11	00:23:15.35	00:23:27.15	+00:08:03 (34.7%)	4:39	12.9 (65.2%)
162	BILSKI Marcin	690		M-40	31	00:00:31	00:23:16.20	00:23:47.60	+00:08:04 (34.7%)	4:39	12.9 (65.2%)
163	POLIWODZIŃSKI Mateusz	514	WISŁA FORDON	M-10	19	00:00:13	00:23:16.80	00:23:30.75	+00:08:05 (34.7%)	4:39	12.9 (65.2%)
164	KRASIŃSKI Piotr	784		M-40	32	00:00:16	00:23:17.20	00:23:33.60	+00:08:05 (34.8%)	4:39	12.9 (65.2%)
165	HRYCZ Paweł	948	PAWEŁ BIEGA I KIBICUJE	M-40	33	00:00:29	00:23:18.55	00:23:47.65	+00:08:06 (34.8%)	4:39	12.9 (65.2%)
166	NEUMANN Andrzej	845		M-50	15	00:00:15	00:23:20.50	00:23:36.40	+00:08:08 (34.9%)	4:40	12.9 (65.2%)
167	WIECZOREK Jakub	372		M-20	29	00:00:14	00:23:20.60	00:23:35.50	+00:08:09 (34.9%)	4:40	12.9 (65.2%)
168	ROBACZEWSKI Artur	370		M-40	34	00:00:14	00:23:20.70	00:23:35.65	+00:08:09 (34.9%)	4:40	12.9 (65.2%)
169	STRAMEK Marta	638		K-20	5	00:00:27	00:23:22.80	00:23:50.50	+00:08:11 (35.0%)	4:40	12.8 (64.6%)
170	SĘK Tobiasz	546		M-10	20	00:00:39	00:23:22.85	00:24:01.85	+00:08:11 (35.0%)	4:40	12.8 (64.6%)
171	GÓRKA Adrian	324	-	M-10	21	00:00:12	00:23:23.60	00:23:36.20	+00:08:12 (35.1%)	4:40	12.8 (64.6%)
172	SOŁTYSIUK Bartosz	489		M-30	56	00:00:36	00:23:23.95	00:24:00.15	+00:08:12 (35.1%)	4:40	12.8 (64.6%)
173	ANDRZEJEWSKA Sylwia	992		K-30	9	00:00:05	00:23:25.30	00:23:31.15	+00:08:13 (35.1%)	4:41	12.8 (64.6%)
174	KOPIEC Mateusz	432		M-20	30	00:01:18	00:23:26.50	00:24:45.45	+00:08:14 (35.2%)	4:41	12.8 (64.6%)
175	RÓŻAŃSKI Kamil	401	3GRAVITY	M-30	57	00:00:29	00:23:27.80	00:23:57.30	+00:08:16 (35.2%)	4:41	12.8 (64.6%)
176	KRZYŻANOWSKI Robert	1071		M-50	16	00:00:12	00:23:28.85	00:23:41.10	+00:08:17 (35.3%)	4:41	12.8 (64.6%)
177	WENDA Dawid	1092		M-30	58	00:00:05	00:23:29.55	00:23:35.10	+00:08:17 (35.3%)	4:41	12.8 (64.6%)
178	CHROMIŃSKI Fabian	143		M-20	31	00:00:15	00:23:29.80	00:23:45.40	+00:08:18 (35.3%)	4:41	12.8 (64.6%)
179	SZATKOWSKI Oskar	724		M-20	32	00:00:19	00:23:31.10	00:23:50.85	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
180	STĘPSKI Marek	265	BBL	M-40	35	00:00:07	00:23:31.15	00:23:38.15	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
181	FELINIAK Daniel	123		M-30	59	00:00:29	00:23:31.50	00:24:01.30	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
182	WARLIKOWSKI Łukasz	161		M-30	60	00:00:29	00:23:32.00	00:24:01.40	+00:08:20 (35.4%)	4:42	12.7 (64.1%)
183	DERC Krzysztof	452	KPBPPR W BYDGOSZCZY	M-20	33	00:00:52	00:23:33.45	00:24:26.40	+00:08:21 (35.5%)	4:42	12.7 (64.1%)
184	KAMIŃSKI Marek	261	TYPYGRUBE	M-20	34	00:01:06	00:23:33.90	00:24:40.30	+00:08:22 (35.5%)	4:42	12.7 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
185	WŁODARCZYK Wojciech	604	CZARNE STOPY	M-50	17	00:00:17	00:23:34.10	00:23:51.10	+00:08:22 (35.5%)	4:42	12.7 (64.1%)
186	CIEPŁOWSKI Robert	731		M-40	36	00:00:48	00:23:34.70	00:24:23.05	+00:08:23 (35.6%)	4:42	12.7 (64.1%)
187	MODRAKOWSKI Roland	1010	DYSTRYBUCJA-REKLAM.PL	M-30	61	00:00:09	00:23:36.25	00:23:46.00	+00:08:24 (35.6%)	4:43	12.7 (64.1%)
188	WOLSKI Marcin	392		M-40	37	00:00:45	00:23:36.60	00:24:21.70	+00:08:25 (35.6%)	4:43	12.7 (64.1%)
189	WIDŹGOWSKI Przemysław	253		M-40	38	00:00:30	00:23:39.75	00:24:09.95	+00:08:28 (35.8%)	4:43	12.7 (64.1%)
190	ŚWIERCZYŃSKI Marcin	585	ATHLETICOMED.PL BYDGOSZCZ	M-30	62	00:00:38	00:23:40.15	00:24:18.75	+00:08:28 (35.8%)	4:44	12.7 (64.1%)
191	KOZIOŁ Łukasz	786		M-30	63	00:00:23	00:23:40.75	00:24:04.00	+00:08:29 (35.8%)	4:44	12.7 (64.1%)
192	PSZCZOLIŃSKI Adam	239	ŚWISZCZĄCE SZPRYCHY	M-40	39	00:01:22	00:23:40.80	00:25:02.80	+00:08:29 (35.8%)	4:44	12.7 (64.1%)
193	ZIMOSZ Wiktoria	337		K-20	6	00:00:44	00:23:41.50	00:24:25.75	+00:08:29 (35.9%)	4:44	12.7 (64.1%)
194	SKRZYNIARZ Hubert	691		M-30	64	00:00:05	00:23:42.60	00:23:48.45	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
195	CHOJECKI Jan	580		M-10	22	00:00:50	00:23:42.65	00:24:32.75	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
196	ROZKWITALSKI Bartosz	38		M-30	65	00:00:32	00:23:42.70	00:24:15.35	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
197	RZENTKOWSKI Grzegorz	754		M-40	40	00:00:11	00:23:43.30	00:23:55.25	+00:08:31 (36.0%)	4:44	12.6 (63.6%)
198	MROTEK Katarzyna	663	AKADEMIA MISTRZÓW SPORTU	K-40	5	00:00:15	00:23:43.90	00:23:59.45	+00:08:32 (36.0%)	4:44	12.6 (63.6%)
199	KRYSZTOFORSKI Wojciech	122	TEAMOCHAL (ZOSIA TEAM)	M-30	66	00:00:54	00:23:44.25	00:24:38.35	+00:08:32 (36.0%)	4:44	12.6 (63.6%)
200	DZIENNIK Maciej	349	THE RUNNERS ŚWIECIE	M-40	41	00:00:10	00:23:45.60	00:23:56.55	+00:08:34 (36.1%)	4:45	12.6 (63.6%)
201	JASIŃSKI Tymon	1013		M-10	23	00:01:12	00:23:46.90	00:24:59.40	+00:08:35 (36.1%)	4:45	12.6 (63.6%)
202	GUTKOWSKI Michał	1058	RUN LOTTO-BYDGOSTIA	M-10	24	00:00:33	00:23:46.95	00:24:20.75	+00:08:35 (36.1%)	4:45	12.6 (63.6%)
203	DOLNY Marcin	1026	FOREST GANG	M-40	42	00:01:17	00:23:50.20	00:25:08.05	+00:08:38 (36.3%)	4:46	12.6 (63.6%)
204	SIERADZKI Bartosz	874		M-40	43	00:01:24	00:23:51.40	00:25:15.55	+00:08:39 (36.3%)	4:46	12.6 (63.6%)
205	HIPNAROWICZ Grzegorz	1069	SPORTTREND.PL	M-40	44	00:00:44	00:23:53.35	00:24:38.20	+00:08:41 (36.4%)	4:46	12.6 (63.6%)
206	QUAAS Łukasz	93		M-40	45	00:00:29	00:23:55.90	00:24:25.00	+00:08:44 (36.5%)	4:47	12.5 (63.1%)
207	NOWOTNIK Mariusz	86		M-40	46	00:00:31	00:23:57.85	00:24:29.40	+00:08:46 (36.6%)	4:47	12.5 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
208	REDIS Szkółka Języka Angielskiego	468	SZKÓŁKA JĘZYKA ANGIELSKIEGO AGATA REDIS	K-30	10	00:00:08	00:23:59.00	00:24:07.05	+00:08:47 (36.7%)	4:47	12.5 (63.1%)
209	BARSZCZ Tomasz	735		M-30	67	00:00:12	00:23:59.05	00:24:11.25	+00:08:47 (36.7%)	4:47	12.5 (63.1%)
210	DROZOWSKI Daniel	411	M.A.D.M.E.P.	M-40	47	00:00:09	00:24:01.75	00:24:10.85	+00:08:50 (36.8%)	4:48	12.5 (63.1%)
211	LIPIŃSKI Sebastian	316	EPROSUMENT/KOJOTY RUNNING TEAM	M-40	48	00:00:12	00:24:03.00	00:24:15.55	+00:08:51 (36.8%)	4:48	12.5 (63.1%)
212	RYDLEWSKI Marek	273	RUN BYDGOSZCZ	M-50	18	00:00:42	00:24:03.25	00:24:45.45	+00:08:51 (36.8%)	4:48	12.5 (63.1%)
213	KLAWIKOWSKI Dawid	108	TKKF KOLEJARZ BYDGOSZCZ	M-30	68	00:00:06	00:24:04.20	00:24:10.80	+00:08:52 (36.9%)	4:48	12.5 (63.1%)
214	KAŻMIRSKI Krzysztof	315		M-10	25	00:00:03	00:24:04.45	00:24:08.20	+00:08:52 (36.9%)	4:48	12.5 (63.1%)
215	SZYMCZAK Elwira	777		K-20	7	00:00:38	00:24:04.50	00:24:42.60	+00:08:52 (36.9%)	4:48	12.5 (63.1%)
216	PINIARSKI Paweł	1106	MOGILNO TEAM	M-30	69	00:00:21	00:24:07.10	00:24:28.50	+00:08:55 (37.0%)	4:49	12.4 (62.6%)
217	JANCOWSKI Wojciech	928	LEŚNE DZIADKI TEAM	M-50	19	00:00:42	00:24:07.20	00:24:49.70	+00:08:55 (37.0%)	4:49	12.4 (62.6%)
218	RUNNER Andrzej	310		M-50	20	00:00:09	00:24:09.05	00:24:18.25	+00:08:57 (37.1%)	4:49	12.4 (62.6%)
219	KAPANOWSKI Sylwester	23		M-40	49	00:00:32	00:24:11.60	00:24:43.90	+00:09:00 (37.2%)	4:50	12.4 (62.6%)
220	BAUMGART Jacek	595	BIEGAJ Z DĘBAMI	M-50	21	00:01:20	00:24:12.05	00:25:32.45	+00:09:00 (37.2%)	4:50	12.4 (62.6%)
221	SZULC Jarosław	677	SZULC TEAM	M-40	50	00:00:08	00:24:12.70	00:24:21.15	+00:09:01 (37.2%)	4:50	12.4 (62.6%)
222	LESZCZYŃSKI Tomasz	407		M-40	51	00:00:39	00:24:13.75	00:24:52.95	+00:09:02 (37.3%)	4:50	12.4 (62.6%)
223	GŁOGOWSKI Mateusz	583	SELEKCJA NATURALNA	M-30	70	00:00:31	00:24:14.60	00:24:46.55	+00:09:03 (37.3%)	4:50	12.4 (62.6%)
224	STROKOWSKA Paulina	1021		K-20	8	00:00:09	00:24:14.85	00:24:23.95	+00:09:03 (37.3%)	4:50	12.4 (62.6%)
225	DANIELEK Piotr	17	BYDGOSZCZ@BIEGA	M-40	52	00:00:17	00:24:15.35	00:24:32.95	+00:09:03 (37.4%)	4:51	12.4 (62.6%)
226	KASZUBA Marek	403		M-30	71	00:00:29	00:24:18.20	00:24:47.80	+00:09:06 (37.5%)	4:51	12.3 (62.1%)
227	POCZTÓŁ Paulina	1078		K-30	11	00:00:26	00:24:18.85	00:24:45.70	+00:09:07 (37.5%)	4:51	12.3 (62.1%)
228	JASIENIECKI Piotr	879		M-50	22	00:00:09	00:24:19.40	00:24:29.00	+00:09:07 (37.5%)	4:51	12.3 (62.1%)
229	ZĄBKOWSKI Krzysztof	683		M-30	72	00:00:22	00:24:20.70	00:24:43.25	+00:09:09 (37.6%)	4:52	12.3 (62.1%)
230	KARCZ Jan	927	R.K.S. HUWDU	M-10	26	00:00:59	00:24:23.55	00:25:22.95	+00:09:11 (37.7%)	4:52	12.3 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
231	DĄBROWSKI Michał	110	MYLEASE.PL	M-30	73	00:00:34	00:24:24.35	00:24:58.35	+00:09:12 (37.7%)	4:52	12.3 (62.1%)
232	JAŹDŻEWSKI Dawid	424		M-40	53	00:01:29	00:24:24.70	00:25:54.55	+00:09:13 (37.8%)	4:52	12.3 (62.1%)
233	JAWORSKI Krzysztof	815		M-40	54	00:00:40	00:24:26.05	00:25:06.05	+00:09:14 (37.8%)	4:53	12.3 (62.1%)
234	SZCZĘSNY Arkadiusz	1036	DYNAMO SKARPA	M-40	55	00:01:09	00:24:26.60	00:25:35.75	+00:09:15 (37.8%)	4:53	12.3 (62.1%)
234	BOHDANOWICZ Patrycja	26		K-30	12	00:00:22	00:24:26.60	00:24:49.00	+00:09:15 (37.8%)	4:53	12.3 (62.1%)
236	NALEWALSKA Justyna	79	SERCE TYBETU	K-30	13	00:00:21	00:24:27.85	00:24:49.15	+00:09:16 (37.9%)	4:53	12.3 (62.1%)
237	GŁOWACKI Robert	72		M-40	56	00:00:04	00:24:30.05	00:24:34.80	+00:09:18 (38.0%)	4:54	12.2 (61.6%)
238	GURZYŃSKI Marcin	762		M-20	35	00:00:21	00:24:30.15	00:24:52.05	+00:09:18 (38.0%)	4:54	12.2 (61.6%)
239	ŻYŁKOWSKI Jarosław	989		M-30	74	00:00:09	00:24:30.80	00:24:40.35	+00:09:19 (38.0%)	4:54	12.2 (61.6%)
240	IWANIUK Mateusz	135		M-10	27	00:00:50	00:24:30.90	00:25:21.25	+00:09:19 (38.0%)	4:54	12.2 (61.6%)
241	GURZYŃSKA Beata	823		K-30	14	00:00:21	00:24:31.25	00:24:53.20	+00:09:19 (38.0%)	4:54	12.2 (61.6%)
242	MUCHA Marcin	257	BATRUN	M-40	57	00:00:30	00:24:31.65	00:25:02.55	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
243	KUCZEWSKI Łukasz	435		M-40	58	00:00:22	00:24:31.85	00:24:54.10	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
244	KAŹMIERCZAK Jakub	338		M-10	28	00:00:06	00:24:32.10	00:24:39.05	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
245	KASZUBA Konrad	376		M-30	75	00:00:49	00:24:32.55	00:25:21.80	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
246	JASIŃSKA Małgorzata	1012		K-40	6	00:01:12	00:24:33.35	00:25:45.90	+00:09:21 (38.1%)	4:54	12.2 (61.6%)
247	CZYŻEWSKA Justyna	137		K-30	15	00:00:15	00:24:35.05	00:24:50.95	+00:09:23 (38.2%)	4:55	12.2 (61.6%)
248	BEDNAREK Waldemar	68		M-40	59	00:00:35	00:24:35.60	00:25:11.35	+00:09:24 (38.2%)	4:55	12.2 (61.6%)
249	MAJCHRZAK Kasia	355		K-30	16	00:00:04	00:24:36.50	00:24:40.65	+00:09:24 (38.3%)	4:55	12.2 (61.6%)
250	PSZCZOLIŃSKI Maciej	245	ŚWISZCZĄCE SZPRYCHY	M-40	60	00:01:22	00:24:37.05	00:25:59.70	+00:09:25 (38.3%)	4:55	12.2 (61.6%)
251	BARSCZ Krzysztof	752		M-30	76	00:00:12	00:24:38.65	00:24:50.85	+00:09:27 (38.3%)	4:55	12.2 (61.6%)
252	POLAŃCZYK Paulina	58		K-30	17	00:01:02	00:24:39.25	00:25:41.85	+00:09:27 (38.4%)	4:55	12.2 (61.6%)
253	KLAJBOR Mariusz	566	78112416374	M-40	61	00:00:15	00:24:40.10	00:24:56.05	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
254	LUZAK Mirosław	490	TKKF KOLEJARZ	M-60+	1	00:00:09	00:24:40.20	00:24:50.10	+00:09:28 (38.4%)	4:56	12.2 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
255	GOŁEMBIEWSKI Marcin	993	MEGAGOLOMB	M-40	62	00:00:11	00:24:40.35	00:24:51.85	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
256	RADECKI Maciej	385		M-40	63	00:00:15	00:24:40.40	00:24:55.60	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
257	WINKLEWSKI Tomasz	1123	PGB SPORTOWA PACZKA	M-30	77	00:00:59	00:24:40.65	00:25:40.60	+00:09:29 (38.4%)	4:56	12.2 (61.6%)
258	FIRST Anna	342		K-20	9	00:00:12	00:24:41.40	00:24:53.65	+00:09:29 (38.5%)	4:56	12.2 (61.6%)
259	JABŁOŃSKI Jakub	695	MELLO TEAM	M-10	29	00:01:19	00:24:41.50	00:26:01.05	+00:09:29 (38.5%)	4:56	12.2 (61.6%)
260	WOLAN Magdalena	62	AMOREK	K-40	7	00:00:18	00:24:42.40	00:25:01.25	+00:09:30 (38.5%)	4:56	12.1 (61.1%)
261	GROCHOWSKI Piotr	444		M-40	64	00:00:07	00:24:42.60	00:24:50.05	+00:09:31 (38.5%)	4:56	12.1 (61.1%)
262	ZAPARUCHA Mikołaj	287		M-40	65	00:00:22	00:24:42.70	00:25:05.20	+00:09:31 (38.5%)	4:56	12.1 (61.1%)
263	KRUPIŃSKI Artur	1044		M-10	30	00:00:38	00:24:44.45	00:25:23.25	+00:09:32 (38.6%)	4:56	12.1 (61.1%)
264	SZEIB Robert	1031		M-40	66	00:00:09	00:24:45.50	00:24:55.35	+00:09:33 (38.6%)	4:57	12.1 (61.1%)
265	URBAŃSKI Dawid	16		M-40	67	00:00:36	00:24:46.70	00:25:22.75	+00:09:35 (38.7%)	4:57	12.1 (61.1%)
266	BRYLIŃSKI Jakub	326		M-30	78	00:01:30	00:24:48.85	00:26:19.70	+00:09:37 (38.8%)	4:57	12.1 (61.1%)
267	STAWCZYK Dariusz	109		M-40	68	00:00:28	00:24:50.60	00:25:19.55	+00:09:39 (38.8%)	4:58	12.1 (61.1%)
268	WOJCIECHOWSKI Grzegorz	423		M-20	36	00:00:20	00:24:51.85	00:25:11.95	+00:09:40 (38.9%)	4:58	12.1 (61.1%)
269	MACIEJCZAK Marcin	402	3GRAVITY	M-40	69	00:00:29	00:24:52.85	00:25:22.45	+00:09:41 (38.9%)	4:58	12.1 (61.1%)
270	KRUPINSKI Tomasz	1043		M-50	23	00:00:18	00:24:53.45	00:25:11.85	+00:09:41 (39.0%)	4:58	12.1 (61.1%)
271	MOCZYNSKI Leszek	772	BYDGOSZCZ BIEGA	M-60+	2	00:00:08	00:24:54.90	00:25:03.85	+00:09:43 (39.0%)	4:58	12 (60.6%)
272	KUFLEWICZ Mirko	27		M-30	79	00:00:23	00:24:55.00	00:25:18.15	+00:09:43 (39.0%)	4:59	12 (60.6%)
273	MARACH Kinga	1122		K-50	1	00:00:37	00:24:56.15	00:25:33.50	+00:09:44 (39.1%)	4:59	12 (60.6%)
274	BEDNAREK Marta	67	CZARNE STOPY	K-40	8	00:00:32	00:24:56.20	00:25:29.10	+00:09:44 (39.1%)	4:59	12 (60.6%)
275	JABŁOŃSKI Tomasz	254	MELLO TEAM	M-30	80	00:01:19	00:24:56.65	00:26:15.90	+00:09:45 (39.1%)	4:59	12 (60.6%)
276	PUDO Wojciech	255		M-20	37	00:00:11	00:24:56.95	00:25:08.90	+00:09:45 (39.1%)	4:59	12 (60.6%)
276	TUROWSKA Patrycja	771	TEAMOCHAL	K-30	18	00:00:14	00:24:56.95	00:25:10.95	+00:09:45 (39.1%)	4:59	12 (60.6%)
278	PUDO Mateusz	259		M-20	38	00:00:11	00:24:57.30	00:25:08.85	+00:09:45 (39.1%)	4:59	12 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
279	GRUDA Mirosław	96		M-60+	3	00:00:11	00:24:57.80	00:25:09.70	+00:09:46 (39.1%)	4:59	12 (60.6%)
280	GRUŻEWSKI Jarosław	383		M-40	70	00:00:27	00:25:02.70	00:25:29.70	+00:09:51 (39.3%)	5:00	12 (60.6%)
281	BIZON Bartosz	763		M-30	81	00:00:40	00:25:02.85	00:25:43.40	+00:09:51 (39.3%)	5:00	12 (60.6%)
282	ŚWIETLIK Michalina	517	#SWIETLIKIFAMILJA	K-30	19	00:00:17	00:25:03.50	00:25:20.60	+00:09:51 (39.4%)	5:00	12 (60.6%)
283	WAJER Marita	451		K-20	10	00:00:40	00:25:04.25	00:25:44.50	+00:09:52 (39.4%)	5:00	12 (60.6%)
284	CICHOWICZ Marcin	269		M-40	71	00:00:08	00:25:06.65	00:25:14.70	+00:09:55 (39.5%)	5:01	12 (60.6%)
285	WOLNY Ryszard	64		M-40	72	00:01:17	00:25:07.55	00:26:24.75	+00:09:55 (39.5%)	5:01	11.9 (60.1%)
286	KORPALSKI Andrzej	961		M-40	73	00:01:15	00:25:08.65	00:26:23.85	+00:09:57 (39.6%)	5:01	11.9 (60.1%)
287	MRUGAŁA Bartosz	113		M-30	82	00:00:44	00:25:09.60	00:25:54.55	+00:09:58 (39.6%)	5:01	11.9 (60.1%)
288	KUBIS Sylwia	872		K-40	9	00:01:15	00:25:09.80	00:26:25.65	+00:09:58 (39.6%)	5:01	11.9 (60.1%)
289	PŁACHECKA Angelika	878		K-20	11	00:00:38	00:25:10.30	00:25:49.05	+00:09:58 (39.6%)	5:02	11.9 (60.1%)
290	BRZEZINSKI Łukasz	877		M-20	39	00:00:39	00:25:10.75	00:25:50.00	+00:09:59 (39.7%)	5:02	11.9 (60.1%)
291	GALICKI Jakub	829	AKADEMIA MISTRZÓW SPORTU	M-40	74	00:00:51	00:25:11.70	00:26:03.15	+00:10:00 (39.7%)	5:02	11.9 (60.1%)
292	HASS Adam	911		M-40	75	00:00:23	00:25:12.65	00:25:36.40	+00:10:01 (39.7%)	5:02	11.9 (60.1%)
293	GŁOWACKI Tomek	759		M-40	76	00:00:07	00:25:13.45	00:25:20.90	+00:10:01 (39.8%)	5:02	11.9 (60.1%)
294	BIELICKI Waldemar	141		M-40	77	00:00:35	00:25:13.55	00:25:48.55	+00:10:01 (39.8%)	5:02	11.9 (60.1%)
295	LEWANDOWSKA Marlena	689		K-20	12	00:00:34	00:25:13.60	00:25:48.55	+00:10:02 (39.8%)	5:02	11.9 (60.1%)
296	GUDELL Radosław	733	GRUPA MODERATOR	M-40	78	00:00:58	00:25:16.65	00:26:14.85	+00:10:05 (39.9%)	5:03	11.9 (60.1%)
297	NURKIEWICZ Jarosław	1008	KUNG FU PANDY 3	M-50	24	00:00:49	00:25:16.70	00:26:06.20	+00:10:05 (39.9%)	5:03	11.9 (60.1%)
298	CHACIŃSKI Maciej	929	KOLEGIUM KUJAWSKIE	M-10	31	00:00:48	00:25:17.25	00:26:05.60	+00:10:05 (39.9%)	5:03	11.9 (60.1%)
299	KALACZYŃSKI Grzegorz	214		M-50	25	00:01:20	00:25:17.85	00:26:38.55	+00:10:06 (39.9%)	5:03	11.9 (60.1%)
300	MAŁKOWSKA Joanna	398		K-30	20	00:00:00	00:25:18.65	00:25:18.65	+00:10:07 (40.0%)	5:03	11.9 (60.1%)
301	LEWICKI Piotr	181		M-40	79	00:01:00	00:25:18.95	00:26:19.85	+00:10:07 (40.0%)	5:03	11.9 (60.1%)
302	WIECZOREK Sonita	371		K-20	13	00:00:26	00:25:21.50	00:25:48.25	+00:10:09 (40.1%)	5:04	11.8 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
303	MIŁKOŚ Filip	599		M-10	32	00:00:37	00:25:21.90	00:25:59.30	+00:10:10 (40.1%)	5:04	11.8 (59.6%)
304	DROZDOWSKA Paulina	410	M.A.D.M.E.P.	K-30	21	00:00:08	00:25:22.05	00:25:30.45	+00:10:10 (40.1%)	5:04	11.8 (59.6%)
305	KARASZEWSKI Aleksander	827		M-30	83	00:00:08	00:25:23.50	00:25:32.35	+00:10:11 (40.2%)	5:04	11.8 (59.6%)
306	BAGNIEWSKA Małgorzata	1011		K-30	22	00:01:13	00:25:25.30	00:26:38.95	+00:10:13 (40.2%)	5:05	11.8 (59.6%)
307	BUTOWSKI Michał	157		M-40	80	00:01:13	00:25:25.40	00:26:39.15	+00:10:13 (40.2%)	5:05	11.8 (59.6%)
308	MACKIEWICZ Mariusz	223		M-40	81	00:00:26	00:25:26.00	00:25:52.15	+00:10:14 (40.3%)	5:05	11.8 (59.6%)
308	CZAJA Jarosław	37		M-40	81	00:00:20	00:25:26.00	00:25:46.50	+00:10:14 (40.3%)	5:05	11.8 (59.6%)
310	CHYLIŃSKA Monika	70	-	K-30	23	00:00:29	00:25:26.25	00:25:55.35	+00:10:14 (40.3%)	5:05	11.8 (59.6%)
311	CHOJNACKI Patryk	934		M-20	40	00:00:33	00:25:26.80	00:25:59.90	+00:10:15 (40.3%)	5:05	11.8 (59.6%)
312	KUJDA Dorota	924		K-40	10	00:00:10	00:25:26.85	00:25:37.75	+00:10:15 (40.3%)	5:05	11.8 (59.6%)
313	ŚWIĄTKOWSKI Marcin	975	KOLEGIUM KUJAWSKIE	M-40	83	00:00:40	00:25:27.10	00:26:07.10	+00:10:15 (40.3%)	5:05	11.8 (59.6%)
314	KOWALEWSKI Mariusz	672		M-30	84	00:00:55	00:25:28.10	00:26:23.95	+00:10:16 (40.3%)	5:05	11.8 (59.6%)
315	CZECHOWSKI Paweł	854	81 BLP	M-30	85	00:00:38	00:25:30.00	00:26:08.50	+00:10:18 (40.4%)	5:06	11.8 (59.6%)
316	CZERNY Szymon	890	KOLEGIUM KUJAWSKI	M-10	33	00:00:47	00:25:30.25	00:26:17.25	+00:10:18 (40.4%)	5:06	11.8 (59.6%)
317	MACIOSZEK Ewa	409	M.A.D.M.E.P.	K-40	11	00:00:08	00:25:31.60	00:25:40.40	+00:10:20 (40.5%)	5:06	11.8 (59.6%)
318	PIĄTEK Justyna	120		K-30	24	00:00:17	00:25:32.55	00:25:49.55	+00:10:20 (40.5%)	5:06	11.7 (59.1%)
319	BARTOS Ligia	963	WTORKOWY TRENING	K-40	12	00:00:12	00:25:35.15	00:25:47.60	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
320	KRÓL Karol	153	TKKF KOLEJARZ BYDGOSZCZ	M-40	84	00:00:04	00:25:35.20	00:25:39.95	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
321	MASŁOWSKA Angelika	597		K-30	25	00:00:39	00:25:35.35	00:26:15.05	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
322	BANASIAK Paweł	712	8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-30	86	00:00:35	00:25:35.50	00:26:11.05	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
323	SŁOWIŃSKI Paweł	348	KPCP SMUKAŁA	M-40	85	00:00:56	00:25:35.95	00:26:32.60	+00:10:24 (40.6%)	5:07	11.7 (59.1%)
324	DRÓZDŹ Małgorzata	84		K-30	26	00:00:44	00:25:36.90	00:26:21.40	+00:10:25 (40.7%)	5:07	11.7 (59.1%)
325	KULKA Marek	394		M-60+	4	00:00:46	00:25:37.60	00:26:23.60	+00:10:26 (40.7%)	5:07	11.7 (59.1%)
326	SCHMIDT Marcin	300		M-40	86	00:00:23	00:25:37.65	00:26:01.20	+00:10:26 (40.7%)	5:07	11.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
327	JĘDRZEJCZYK Iwona	818		K-40	13	00:00:00	00:25:40.70	00:25:40.70	+00:10:29 (40.8%)	5:08	11.7 (59.1%)
328	ZŁOTOWSKI Piotr	94	RUN BYDGOSZCZ	M-40	87	00:00:31	00:25:42.75	00:26:14.25	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
329	KOZAK Krzysztof	304		M-30	87	00:00:24	00:25:43.35	00:26:08.10	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
330	KIEŁCZYŃSKI Andrzej	640		M-30	88	00:00:16	00:25:43.45	00:25:59.95	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
331	GREŃ Sebastian	639		M-20	41	00:00:16	00:25:43.85	00:26:00.05	+00:10:32 (41.0%)	5:08	11.7 (59.1%)
332	WOŹNICKI Michał	448		M-20	42	00:01:03	00:25:43.90	00:26:47.05	+00:10:32 (41.0%)	5:08	11.7 (59.1%)
333	SAJDAK Marcin	739		M-30	89	00:00:31	00:25:44.05	00:26:15.60	+00:10:32 (41.0%)	5:08	11.7 (59.1%)
334	MELWIŃSKA Paulina	33	RUN BYDGOSZCZ	K-40	14	00:00:24	00:25:45.40	00:26:09.45	+00:10:33 (41.0%)	5:09	11.7 (59.1%)
335	DZIEŻA Roma	47	RUN BYDGOSZCZ	K-50	2	00:00:24	00:25:45.45	00:26:09.50	+00:10:33 (41.0%)	5:09	11.7 (59.1%)
336	SKRZĄTEK Anna	558		K-40	15	00:00:26	00:25:45.70	00:26:12.35	+00:10:34 (41.0%)	5:09	11.7 (59.1%)
337	SZUMSKI Kamil	833		M-30	90	00:00:59	00:25:45.90	00:26:45.00	+00:10:34 (41.0%)	5:09	11.7 (59.1%)
338	FELIŃCZAK Marcin	987		M-40	88	00:00:58	00:25:45.95	00:26:44.25	+00:10:34 (41.0%)	5:09	11.7 (59.1%)
339	WENDA Mateusz	258		M-30	91	00:00:52	00:25:46.75	00:26:38.80	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
340	KOPACZ Radosław	1102		M-40	89	00:01:02	00:25:47.10	00:26:49.45	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
341	NAWROCKI Dariusz	263	OPEN PL	M-50	26	00:01:39	00:25:47.30	00:27:26.45	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
342	STASIEWSKI Mariusz	294	TRISPACE	M-40	90	00:00:39	00:25:47.95	00:26:27.65	+00:10:36 (41.1%)	5:09	11.6 (58.6%)
343	STAWICKI Paweł	379		M-40	91	00:00:55	00:25:49.45	00:26:44.70	+00:10:37 (41.2%)	5:09	11.6 (58.6%)
344	DEMSKI Krzysztof	737		M-20	43	00:00:34	00:25:49.50	00:26:23.65	+00:10:37 (41.2%)	5:09	11.6 (58.6%)
345	JESKE Marek	268	RUN BYDGOSZCZ	M-50	27	00:00:31	00:25:49.95	00:26:21.30	+00:10:38 (41.2%)	5:09	11.6 (58.6%)
346	KWASEK Wojciech	846	KABEL TEAM BYDGOSZCZ	M-50	28	00:00:51	00:25:50.00	00:26:41.15	+00:10:38 (41.2%)	5:10	11.6 (58.6%)
347	SZOPINSKA Wiktoria	931		K-10	1	00:00:47	00:25:50.15	00:26:38.05	+00:10:38 (41.2%)	5:10	11.6 (58.6%)
348	JANECZKO Emilia	900	SKRA PATEREK	K-30	27	00:00:09	00:25:50.45	00:26:00.40	+00:10:38 (41.2%)	5:10	11.6 (58.6%)
349	GROBELNA Monika	95		K-30	28	00:00:13	00:25:50.75	00:26:04.10	+00:10:39 (41.2%)	5:10	11.6 (58.6%)
350	ŻMICH Tomasz	92	MEMO AT HOME BY RAFAŁ GODZIEMSKI	M-40	92	00:00:29	00:25:52.95	00:26:22.35	+00:10:41 (41.3%)	5:10	11.6 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
351	PAWLAK Robert	291		M-50	29	00:01:05	00:25:53.10	00:26:58.65	+00:10:41 (41.3%)	5:10	11.6 (58.6%)
352	FROELICH Łukasz	967		M-30	92	00:00:49	00:25:54.10	00:26:43.85	+00:10:42 (41.3%)	5:10	11.6 (58.6%)
353	KLIN Paulina	554		K-30	29	00:00:46	00:25:54.35	00:26:41.00	+00:10:42 (41.4%)	5:10	11.6 (58.6%)
354	KRYSPIN Marta	986	RUNPROGRESSTEAM	K-30	30	00:00:54	00:25:54.60	00:26:49.55	+00:10:43 (41.4%)	5:10	11.6 (58.6%)
355	PAPROCKI Jakub	616	SPOGLO	M-20	44	00:00:18	00:25:54.70	00:26:13.30	+00:10:43 (41.4%)	5:10	11.6 (58.6%)
356	OWCZARZAK Michał	180		M-40	93	00:01:01	00:25:54.90	00:26:56.80	+00:10:43 (41.4%)	5:10	11.6 (58.6%)
357	ZDUNKIEWICZ Marcin	99		M-40	94	00:00:54	00:25:55.50	00:26:49.95	+00:10:43 (41.4%)	5:11	11.6 (58.6%)
358	PIOTROWICZ Wojciech	952	URBEXONIKA	M-30	93	00:00:58	00:25:55.55	00:26:54.25	+00:10:43 (41.4%)	5:11	11.6 (58.6%)
359	LASKOWSKI Wojciech	577	WOJCIECH LASKOWSKI FIRMA DORADCZA	M-40	95	00:00:25	00:25:56.30	00:26:21.70	+00:10:44 (41.4%)	5:11	11.6 (58.6%)
360	DOMAN Janusz	730	UKS SZABLA BRZOZA	M-60+	5	00:00:22	00:25:56.50	00:26:19.45	+00:10:44 (41.4%)	5:11	11.6 (58.6%)
361	WALKOWIAK Paweł	393		M-20	45	00:00:24	00:25:57.95	00:26:22.70	+00:10:46 (41.5%)	5:11	11.6 (58.6%)
362	KRZESZEWSKA Agnieszka	357		K-40	16	00:00:19	00:25:58.10	00:26:17.70	+00:10:46 (41.5%)	5:11	11.6 (58.6%)
363	SIUDA Marek	360	KLINIKA TRIATHLONU	M-40	96	00:01:06	00:25:59.20	00:27:05.95	+00:10:47 (41.5%)	5:11	11.5 (58.1%)
364	SZUMIŃSKI Jan	497		M-60+	6	00:00:13	00:26:00.60	00:26:14.40	+00:10:49 (41.6%)	5:12	11.5 (58.1%)
365	POTRZEBOWSKI Marek	950	DEAF	M-30	94	00:00:58	00:26:01.65	00:26:59.85	+00:10:50 (41.6%)	5:12	11.5 (58.1%)
366	KOSIŃSKI Jerzy	796		M-50	30	00:00:11	00:26:01.75	00:26:13.55	+00:10:50 (41.6%)	5:12	11.5 (58.1%)
367	MICHALAK Mariusz	788		M-40	97	00:00:16	00:26:02.45	00:26:18.85	+00:10:50 (41.7%)	5:12	11.5 (58.1%)
368	SOSNA Mikołaj	186		M-40	98	00:00:13	00:26:02.95	00:26:16.65	+00:10:51 (41.7%)	5:12	11.5 (58.1%)
369	SZOPINSKA Agnieszka	930		K-40	17	00:00:59	00:26:03.60	00:27:02.75	+00:10:52 (41.7%)	5:12	11.5 (58.1%)
370	KALEMBA Daria	395		K-20	14	00:00:20	00:26:06.40	00:26:26.85	+00:10:54 (41.8%)	5:13	11.5 (58.1%)
371	RASSALSKA-KAUSA Jola	903		K-40	18	00:00:20	00:26:06.60	00:26:26.85	+00:10:55 (41.8%)	5:13	11.5 (58.1%)
372	LEWANDOWSKI Michał	267		M-40	99	00:00:10	00:26:06.70	00:26:17.05	+00:10:55 (41.8%)	5:13	11.5 (58.1%)
373	GREGO Mateusz	472		M-20	46	00:00:37	00:26:07.35	00:26:44.85	+00:10:55 (41.8%)	5:13	11.5 (58.1%)
374	WÓJCIK Piotr	8		M-10	34	00:00:45	00:26:10.35	00:26:56.25	+00:10:58 (41.9%)	5:14	11.5 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
375	ROBACZEWSKA Lidia	368		K-40	19	00:00:27	00:26:10.90	00:26:38.05	+00:10:59 (42.0%)	5:14	11.5 (58.1%)
376	PSZCZOLIŃSKI Michał	241		M-20	47	00:01:22	00:26:12.70	00:27:35.55	+00:11:01 (42.0%)	5:14	11.5 (58.1%)
377	JELEŃ-KOTLAREK Agnieszka	119	VEGE RUNNERS	K-30	31	00:00:21	00:26:13.50	00:26:34.70	+00:11:01 (42.1%)	5:14	11.4 (57.6%)
378	MAJEWSKA Ryszarda	128		K-60+	1	00:01:08	00:26:14.20	00:27:22.35	+00:11:02 (42.1%)	5:14	11.4 (57.6%)
379	DERECKI Piotr	753	KABEL TEAM BYDGOSZCZ	M-50	31	00:01:03	00:26:16.80	00:27:20.20	+00:11:05 (42.2%)	5:15	11.4 (57.6%)
380	LWOWSKI Zbigniew	487		M-40	100	00:01:16	00:26:18.30	00:27:34.65	+00:11:06 (42.2%)	5:15	11.4 (57.6%)
381	PIECZYŃSKA Joanna	71		K-30	32	00:00:11	00:26:19.35	00:26:31.25	+00:11:07 (42.3%)	5:15	11.4 (57.6%)
382	KUFLEWICZ Justyna	31	MATKA TYMKA	K-30	33	00:00:22	00:26:19.85	00:26:42.65	+00:11:08 (42.3%)	5:15	11.4 (57.6%)
383	CHOJNACKI Tomasz	390		M-40	101	00:01:26	00:26:20.10	00:27:46.80	+00:11:08 (42.3%)	5:16	11.4 (57.6%)
384	KOSZAREK Artur	1029		M-40	102	00:01:26	00:26:20.55	00:27:47.05	+00:11:08 (42.3%)	5:16	11.4 (57.6%)
385	RÓŻYCZKA Joanna	142		K-30	34	00:00:34	00:26:21.00	00:26:55.65	+00:11:09 (42.3%)	5:16	11.4 (57.6%)
386	PASZKIET Witold	159	TKKF KOLEJARZ	M-60+	7	00:00:14	00:26:21.30	00:26:35.40	+00:11:09 (42.4%)	5:16	11.4 (57.6%)
387	SKÓRCZEWSKI Jacek	1047		M-50	32	00:00:34	00:26:21.95	00:26:55.95	+00:11:10 (42.4%)	5:16	11.4 (57.6%)
388	MUSS Karolina	959		K-40	20	00:01:18	00:26:22.25	00:27:41.00	+00:11:10 (42.4%)	5:16	11.4 (57.6%)
389	BYLICA Robert	982		M-40	103	00:00:52	00:26:25.00	00:27:17.05	+00:11:13 (42.5%)	5:17	11.4 (57.6%)
390	ZIELIŃSKI Jakub	893	KOLEGIUM KUJAWSKIE	M-10	35	00:00:46	00:26:25.70	00:27:12.55	+00:11:14 (42.5%)	5:17	11.4 (57.6%)
391	BERNADY Dawid	505		M-30	95	00:00:23	00:26:27.75	00:26:51.00	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
392	KUĆMIERZ Mirosław	658		M-50	33	00:00:43	00:26:28.40	00:27:12.35	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
393	RYBAK Marcin	1039	8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-40	104	00:00:34	00:26:28.50	00:27:03.30	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
394	KOPCZYŃSKI Marcin	187		M-40	105	00:00:10	00:26:28.70	00:26:39.40	+00:11:17 (42.6%)	5:17	11.3 (57.1%)
395	GROCHOWSKA Zuzanna	69		K-10	2	00:00:49	00:26:29.40	00:27:19.05	+00:11:17 (42.6%)	5:17	11.3 (57.1%)
396	PRIETZ Monika	556		K-30	35	00:01:10	00:26:29.55	00:27:40.50	+00:11:17 (42.7%)	5:17	11.3 (57.1%)
397	KARCZEWSKA Arletta	117	WHM POLSKA	K-40	21	00:00:33	00:26:29.70	00:27:02.80	+00:11:18 (42.7%)	5:17	11.3 (57.1%)
398	PRIETZ Bartosz	555		M-40	106	00:01:10	00:26:29.85	00:27:40.35	+00:11:18 (42.7%)	5:17	11.3 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
399	CHOJNACKI Damian	399		M-20	48	00:01:27	00:26:30.35	00:27:57.70	+00:11:18 (42.7%)	5:18	11.3 (57.1%)
399	PUZIO Justyna	814		K-10	3	00:00:41	00:26:30.35	00:27:11.90	+00:11:18 (42.7%)	5:18	11.3 (57.1%)
401	LECH Marek	116	WHM POLSKA	M-40	107	00:00:32	00:26:30.65	00:27:03.25	+00:11:19 (42.7%)	5:18	11.3 (57.1%)
402	LEWANDOWSKI Patryk	810		M-10	36	00:00:18	00:26:32.00	00:26:50.40	+00:11:20 (42.7%)	5:18	11.3 (57.1%)
403	ZAGÓRSKI Artur	949	URBEXONIKA	M-20	49	00:00:58	00:26:33.65	00:27:31.70	+00:11:22 (42.8%)	5:18	11.3 (57.1%)
404	KLAWIKOWSKA Julita	107	TKKF KOLEJARZ BYDGOSZCZ	K-30	36	00:00:06	00:26:33.95	00:26:40.55	+00:11:22 (42.8%)	5:18	11.3 (57.1%)
405	SZMELTER Michał	160		M-40	108	00:01:02	00:26:34.00	00:27:36.40	+00:11:22 (42.8%)	5:18	11.3 (57.1%)
406	KOLASSA Michał	938		M-20	50	00:00:07	00:26:34.95	00:26:42.35	+00:11:23 (42.8%)	5:18	11.3 (57.1%)
407	KOSTRZAK Dominik	305	SKLEPSAKRALNY.PL	M-30	96	00:00:20	00:26:36.55	00:26:56.55	+00:11:24 (42.9%)	5:19	11.3 (57.1%)
408	KAJA Dominika	367	KPCP SMUKAŁA	K-30	37	00:00:56	00:26:38.60	00:27:34.75	+00:11:27 (43.0%)	5:19	11.3 (57.1%)
409	ŁEMPICKI Marek	977		M-30	97	00:00:17	00:26:41.65	00:26:58.65	+00:11:30 (43.1%)	5:20	11.2 (56.6%)
410	GRUDOWSKI Jarek	547		M-40	109	00:00:13	00:26:42.25	00:26:55.90	+00:11:30 (43.1%)	5:20	11.2 (56.6%)
411	KĘSIK Roman	803	13 WOG GRUDZIĄDZ	M-50	34	00:00:47	00:26:43.75	00:27:31.55	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
412	SIWAK Anna	526		K-40	22	00:01:07	00:26:43.85	00:27:51.70	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
413	BOROWCZAK Paweł	185		M-20	51	00:00:11	00:26:44.15	00:26:55.15	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
414	BOROWCZAK Julita	184		K-30	38	00:00:10	00:26:44.40	00:26:55.10	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
415	GOŁĘBIEWSKI Piotr	491		M-40	110	00:01:05	00:26:44.65	00:27:50.25	+00:11:33 (43.2%)	5:20	11.2 (56.6%)
416	PRACA Szymon	495		M-10	37	00:00:21	00:26:45.80	00:27:07.75	+00:11:34 (43.2%)	5:21	11.2 (56.6%)
417	POTRZEBOWSKA Agata	951	DEAF	K-30	39	00:00:55	00:26:46.50	00:27:41.50	+00:11:34 (43.3%)	5:21	11.2 (56.6%)
418	PROKOPOWICZ Paweł	868		M-40	111	00:01:24	00:26:46.55	00:28:10.85	+00:11:34 (43.3%)	5:21	11.2 (56.6%)
419	RATAJ Maciej	1009		M-40	112	00:00:22	00:26:46.60	00:27:08.80	+00:11:35 (43.3%)	5:21	11.2 (56.6%)
419	LASKOWSKA Aleksandra	576		K-30	40	00:00:26	00:26:46.60	00:27:12.65	+00:11:35 (43.3%)	5:21	11.2 (56.6%)
421	ŁUKASIEWICZ Krzysztof	52	MAJA	M-40	113	00:00:27	00:26:46.70	00:27:14.40	+00:11:35 (43.3%)	5:21	11.2 (56.6%)
422	ZDANOWICZ Joanna	552		K-10	4	00:00:43	00:26:49.45	00:27:33.20	+00:11:37 (43.4%)	5:21	11.2 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
423	WITKOWSKA Mariola	1038		K-40	23	00:00:25	00:26:49.75	00:27:15.10	+00:11:38 (43.4%)	5:21	11.2 (56.6%)
424	WOLNY Tomasz	653		M-30	98	00:00:10	00:26:50.15	00:27:00.65	+00:11:38 (43.4%)	5:22	11.2 (56.6%)
425	KASPRZAK Wojciech	462		M-40	114	00:00:40	00:26:50.25	00:27:30.60	+00:11:38 (43.4%)	5:22	11.2 (56.6%)
426	LIS Janusz	605	TKKF CHEŁMNO	M-50	35	00:00:18	00:26:51.00	00:27:09.55	+00:11:39 (43.4%)	5:22	11.2 (56.6%)
427	DOMAGAŁA Mikołaj	945	KOLEGIUM KUJAWSKI	M-10	38	00:00:48	00:26:52.05	00:27:40.15	+00:11:40 (43.5%)	5:22	11.2 (56.6%)
428	LEWICKI Aleksander	182		M-10	39	00:01:00	00:26:52.20	00:27:52.65	+00:11:40 (43.5%)	5:22	11.2 (56.6%)
429	JACUK Julia	1007	MKS ASTORIA	K-10	5	00:01:10	00:26:52.50	00:28:02.70	+00:11:40 (43.5%)	5:22	11.2 (56.6%)
430	WOŹNIAK Anna	405		K-50	3	00:00:20	00:26:52.90	00:27:13.40	+00:11:41 (43.5%)	5:22	11.2 (56.6%)
431	JANOWSKI Piotr	656	TKKF CHEŁMNO	M-50	36	00:00:18	00:26:53.05	00:27:11.50	+00:11:41 (43.5%)	5:22	11.2 (56.6%)
432	ŁATKA Marcin	902		M-40	115	00:00:19	00:26:54.15	00:27:13.65	+00:11:42 (43.5%)	5:22	11.2 (56.6%)
433	PIOTROWSKI Dariusz	74		M-40	116	00:01:05	00:26:55.15	00:28:00.15	+00:11:43 (43.6%)	5:23	11.1 (56.1%)
434	KUCZEWSKI Damian	436		M-10	40	00:00:21	00:26:55.80	00:27:17.40	+00:11:44 (43.6%)	5:23	11.1 (56.1%)
435	WAWRZYNIAK Andrzej	118	22.ODN	M-60+	8	00:00:31	00:26:57.25	00:27:29.10	+00:11:45 (43.6%)	5:23	11.1 (56.1%)
436	MAJEWSKA Monika	446		K-30	41	00:00:22	00:26:57.35	00:27:20.05	+00:11:45 (43.6%)	5:23	11.1 (56.1%)
437	ŻYDOWICZ Piotr	75		M-30	99	00:00:34	00:26:59.15	00:27:33.55	+00:11:47 (43.7%)	5:23	11.1 (56.1%)
438	MROZIK Andrzej	741		M-40	117	00:01:03	00:26:59.60	00:28:03.00	+00:11:48 (43.7%)	5:23	11.1 (56.1%)
439	ZUZA-WITKOWSKA Anna	1		K-50	4	00:01:02	00:26:59.90	00:28:02.00	+00:11:48 (43.7%)	5:23	11.1 (56.1%)
440	WILCZYŃSKI Arkadiusz	156		M-30	100	00:01:00	00:27:01.15	00:28:01.85	+00:11:49 (43.8%)	5:24	11.1 (56.1%)
441	GOŁĘBIEWSKI Paweł	145		M-40	118	00:01:00	00:27:01.45	00:28:01.90	+00:11:49 (43.8%)	5:24	11.1 (56.1%)
442	SZERWIŃSKI Mateusz	345		M-20	52	00:01:18	00:27:02.05	00:28:20.25	+00:11:50 (43.8%)	5:24	11.1 (56.1%)
443	WINIARSKI Kacper	1110		M-10	41	00:00:48	00:27:03.05	00:27:51.45	+00:11:51 (43.8%)	5:24	11.1 (56.1%)
444	LUDWINIAK Paweł	325		M-20	53	00:00:19	00:27:03.35	00:27:22.65	+00:11:51 (43.8%)	5:24	11.1 (56.1%)
445	KRAJDA Piotr	574	BBL BYDGOSZCZ	M-40	119	00:00:20	00:27:04.40	00:27:25.25	+00:11:52 (43.9%)	5:24	11.1 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
446	KULCZYŃSKI Przemysław	219		M-30	101	00:01:02	00:27:04.50	00:28:07.35	+00:11:52 (43.9%)	5:24	11.1 (56.1%)
447	KALINOWSKA Patrycja	1088		K-30	42	00:01:10	00:27:06.55	00:28:16.75	+00:11:54 (44.0%)	5:25	11.1 (56.1%)
448	ŚWIETLIK Grzegorz	516	#SWIETLIKIFAMILJA	M-30	102	00:00:17	00:27:07.45	00:27:24.95	+00:11:55 (44.0%)	5:25	11.1 (56.1%)
449	HERMAN Olga	910		K-20	15	00:00:24	00:27:07.85	00:27:32.20	+00:11:56 (44.0%)	5:25	11.1 (56.1%)
450	GESING Joanna	734		K-30	43	00:00:30	00:27:08.00	00:27:38.05	+00:11:56 (44.0%)	5:25	11.1 (56.1%)
451	BRAĞIEL Jakub	298	MUD FOXES	M-30	103	00:01:06	00:27:08.05	00:28:14.50	+00:11:56 (44.0%)	5:25	11.1 (56.1%)
452	GŁOWACKI Bartosz	311		M-20	54	00:00:49	00:27:09.70	00:27:59.65	+00:11:58 (44.1%)	5:25	11 (55.6%)
453	BOROWIEC Michał	341	VENEZUELATEAM	M-30	104	00:01:22	00:27:11.75	00:28:34.55	+00:12:00 (44.1%)	5:26	11 (55.6%)
453	ILNITSKYI Ivan	36		M-20	55	00:00:18	00:27:11.75	00:27:29.85	+00:12:00 (44.1%)	5:26	11 (55.6%)
455	KRUSZYŃSKA Anna	457		K-30	44	00:00:49	00:27:15.55	00:28:04.55	+00:12:03 (44.3%)	5:27	11 (55.6%)
456	RUMIANOWSKA Anna	364		K-30	45	00:00:04	00:27:16.20	00:27:20.80	+00:12:04 (44.3%)	5:27	11 (55.6%)
457	ZNANIECKI Wojciech	282		M-30	105	00:00:54	00:27:17.00	00:28:11.55	+00:12:05 (44.3%)	5:27	11 (55.6%)
458	MAŁKIŃSKI Józef	766		M-60+	9	00:00:56	00:27:22.05	00:28:18.80	+00:12:10 (44.5%)	5:28	11 (55.6%)
459	OSZUBSKI Kazimierz	1121	PGB	M-40	120	00:00:30	00:27:23.10	00:27:53.80	+00:12:11 (44.5%)	5:28	11 (55.6%)
460	GRALAK Martyna	562		K-10	6	00:00:24	00:27:23.55	00:27:47.80	+00:12:11 (44.5%)	5:28	11 (55.6%)
461	MICHAŁOWSKI Bartosz	1052		M-20	56	00:00:33	00:27:23.75	00:27:57.30	+00:12:12 (44.5%)	5:28	11 (55.6%)
462	GOTOWICZ Mariusz	243		M-50	37	00:00:45	00:27:23.85	00:28:09.70	+00:12:12 (44.5%)	5:28	11 (55.6%)
463	SOBOLEWSKA Aleksandra	1046		K-20	16	00:00:10	00:27:23.90	00:27:34.25	+00:12:12 (44.5%)	5:28	11 (55.6%)
464	WOJTYSIAK Dorota	104		K-40	24	00:00:23	00:27:27.10	00:27:50.60	+00:12:15 (44.7%)	5:29	10.9 (55.1%)
465	GĘSICKA Marta	441		K-30	46	00:01:02	00:27:28.00	00:28:30.95	+00:12:16 (44.7%)	5:29	10.9 (55.1%)
466	BANDOCH Arkadiusz	565		M-40	121	00:00:26	00:27:30.15	00:27:57.00	+00:12:18 (44.8%)	5:30	10.9 (55.1%)
467	CZYNSZ Łukasz	125		M-30	106	00:01:03	00:27:30.35	00:28:33.70	+00:12:18 (44.8%)	5:30	10.9 (55.1%)
468	ZAMIATOWSKA Kinga	531	BELLA LINE, NARTOROLKI BDG	K-40	25	00:00:26	00:27:30.45	00:27:56.90	+00:12:18 (44.8%)	5:30	10.9 (55.1%)
469	WOJCIESZAK Dariusz	728		M-50	38	00:00:51	00:27:30.85	00:28:22.05	+00:12:19 (44.8%)	5:30	10.9 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
470	OKRĘGLICKI Antoni	1040		M-60+	10	00:00:51	00:27:30.95	00:28:22.85	+00:12:19 (44.8%)	5:30	10.9 (55.1%)
471	KARAKIEWICZ Marzena	876	BIEGACZE KCYNIA TEAM	K-50	5	00:00:28	00:27:32.00	00:28:00.15	+00:12:20 (44.8%)	5:30	10.9 (55.1%)
472	LAPKE Róża	147		K-30	47	00:00:30	00:27:33.20	00:28:04.10	+00:12:21 (44.9%)	5:30	10.9 (55.1%)
472	MAKUSZEWSKI Mateusz	40		M-30	107	00:00:30	00:27:33.20	00:28:03.85	+00:12:21 (44.9%)	5:30	10.9 (55.1%)
474	SYBILA Michał	346	VENEZUELATEAM	M-30	108	00:01:22	00:27:35.00	00:28:57.35	+00:12:23 (44.9%)	5:31	10.9 (55.1%)
475	ŚWIETLIK Piotr	313		M-50	39	00:00:33	00:27:35.35	00:28:08.60	+00:12:23 (44.9%)	5:31	10.9 (55.1%)
476	MIELCARSKI Michał	302	MIELCAR TEAM	M-40	122	00:01:10	00:27:35.80	00:28:46.25	+00:12:24 (44.9%)	5:31	10.9 (55.1%)
477	CIACHERA Ireneusz	44	INDYWIDUALNIE	M-50	40	00:00:52	00:27:37.45	00:28:29.80	+00:12:25 (45.0%)	5:31	10.9 (55.1%)
478	DOLNY Kajetan	1030	FOREST GANG	M-10	42	00:01:17	00:27:38.55	00:28:56.40	+00:12:26 (45.0%)	5:31	10.9 (55.1%)
479	MAZUR Wojciech	671		M-50	41	00:00:52	00:27:38.60	00:28:31.20	+00:12:27 (45.0%)	5:31	10.9 (55.1%)
480	SIKORSKI Norbert	4	MATEMATYKA Z PLUSEM	M-40	123	00:00:13	00:27:39.30	00:27:52.50	+00:12:27 (45.1%)	5:31	10.8 (54.5%)
481	BŁAŻEJSKI Dariusz	520		M-50	42	00:01:01	00:27:39.70	00:28:40.95	+00:12:28 (45.1%)	5:31	10.8 (54.5%)
482	SZULC Magda	680	SZULC TEAM	K-40	26	00:00:53	00:27:40.05	00:28:33.05	+00:12:28 (45.1%)	5:32	10.8 (54.5%)
483	WOJTECKA Ewelina	445	MUZEUM SOLCA	K-30	48	00:01:09	00:27:41.05	00:28:50.75	+00:12:29 (45.1%)	5:32	10.8 (54.5%)
484	DĄBROWSKI Bartosz	960	SPORTOWA PASJA	M-30	109	00:00:59	00:27:41.55	00:28:41.30	+00:12:29 (45.1%)	5:32	10.8 (54.5%)
485	TADROWSKI Rafał	56		M-40	124	00:00:29	00:27:42.25	00:28:11.45	+00:12:30 (45.2%)	5:32	10.8 (54.5%)
486	GRUBA Grzegorz	844	KOLEGIUM KUJAWSKIE	M-40	125	00:00:36	00:27:42.45	00:28:19.10	+00:12:30 (45.2%)	5:32	10.8 (54.5%)
487	ZIÓLKOWSKI Marek	717		M-30	110	00:01:04	00:27:43.40	00:28:47.70	+00:12:31 (45.2%)	5:32	10.8 (54.5%)
488	DURAJEWSKI Mateusz	144		M-30	111	00:01:00	00:27:43.45	00:28:43.60	+00:12:31 (45.2%)	5:32	10.8 (54.5%)
489	OKRĘGLICKA Barbara	1041		K-50	6	00:00:52	00:27:46.65	00:28:38.95	+00:12:35 (45.3%)	5:33	10.8 (54.5%)
490	BESS Ania	328		K-30	49	00:00:14	00:27:47.65	00:28:02.55	+00:12:36 (45.3%)	5:33	10.8 (54.5%)
491	RATAJCZAK Robert	1114	TG SOKÓŁ I	M-50	43	00:01:12	00:27:48.15	00:29:00.55	+00:12:36 (45.4%)	5:33	10.8 (54.5%)
492	KŁOS Kamila	1055	TG SOKÓŁ I	K-40	27	00:01:12	00:27:48.25	00:29:00.45	+00:12:36 (45.4%)	5:33	10.8 (54.5%)
493	SOBOTA Piotr	513		M-50	44	00:00:53	00:27:48.55	00:28:41.85	+00:12:36 (45.4%)	5:33	10.8 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
494	ŻURYŃ Aldona	999	ORANGE POLSKA	K-40	28	00:00:59	00:27:49.00	00:28:48.55	+00:12:37 (45.4%)	5:33	10.8 (54.5%)
495	BURNICKI Mariusz	428		M-50	45	00:00:34	00:27:50.80	00:28:25.65	+00:12:39 (45.4%)	5:34	10.8 (54.5%)
496	POLIWKA Ula	888	ABRAMCZYK	K-40	29	00:00:43	00:27:50.85	00:28:34.75	+00:12:39 (45.4%)	5:34	10.8 (54.5%)
497	KWASIGROCH Wiktor	549		M-20	57	00:00:41	00:27:50.95	00:28:32.25	+00:12:39 (45.4%)	5:34	10.8 (54.5%)
498	DROSDOWSKA Klara	769		K-20	17	00:01:03	00:27:54.70	00:28:58.35	+00:12:43 (45.6%)	5:34	10.8 (54.5%)
499	GAPINSKA Bogna	29		K-30	50	00:00:09	00:27:54.80	00:28:04.35	+00:12:43 (45.6%)	5:34	10.8 (54.5%)
500	FRANKÓW Łukasz	1005		M-30	112	00:00:19	00:27:55.10	00:28:14.55	+00:12:43 (45.6%)	5:35	10.7 (54.0%)
501	CZECH Dominika	1091		K-20	18	00:00:19	00:27:55.85	00:28:14.85	+00:12:44 (45.6%)	5:35	10.7 (54.0%)
502	FRANCIS Khalil	312		M-40	126	00:00:25	00:27:57.05	00:28:22.45	+00:12:45 (45.6%)	5:35	10.7 (54.0%)
503	DRZEWIECKI Mikołaj	207		M-30	113	00:01:02	00:27:57.15	00:28:59.15	+00:12:45 (45.6%)	5:35	10.7 (54.0%)
504	ŻEREK Magdalena	976	KOLEGIUM KUJAWSKIE	K-40	30	00:00:37	00:27:59.00	00:28:36.15	+00:12:47 (45.7%)	5:35	10.7 (54.0%)
505	JANKOWSKA Anna	932		K-30	51	00:00:24	00:28:00.10	00:28:24.75	+00:12:48 (45.7%)	5:36	10.7 (54.0%)
506	WILMA Paweł	426		M-30	114	00:01:26	00:28:00.30	00:29:26.45	+00:12:48 (45.7%)	5:36	10.7 (54.0%)
507	GOŁCZYŃSKI Tomasz	496		M-40	127	00:00:57	00:28:00.95	00:28:58.35	+00:12:49 (45.8%)	5:36	10.7 (54.0%)
508	BIDAS Wiktor	114	MATEMATYKA Z PLUSEM	M-10	43	00:00:13	00:28:02.50	00:28:16.15	+00:12:50 (45.8%)	5:36	10.7 (54.0%)
509	CHĘSY Jacek	232		M-40	128	00:00:49	00:28:04.40	00:28:53.95	+00:12:52 (45.9%)	5:36	10.7 (54.0%)
510	FELKNER Alicja	502		K-10	7	00:01:24	00:28:04.45	00:29:28.80	+00:12:52 (45.9%)	5:36	10.7 (54.0%)
511	ZIELIŃSKI Radosław	925		M-30	115	00:00:49	00:28:05.85	00:28:55.30	+00:12:54 (45.9%)	5:37	10.7 (54.0%)
512	OPALA Marcin	272		M-40	129	00:00:57	00:28:06.30	00:29:03.35	+00:12:54 (45.9%)	5:37	10.7 (54.0%)
513	GRACZKOWSKA Mirosława	192		K-50	7	00:01:07	00:28:07.80	00:29:15.30	+00:12:56 (46.0%)	5:37	10.7 (54.0%)
514	WILCZYŃSKI Łukasz	200		M-30	116	00:00:57	00:28:09.35	00:29:06.70	+00:12:57 (46.0%)	5:37	10.7 (54.0%)
515	LENSER Ewa	473	MUZEUM SOLCA	K-40	31	00:01:09	00:28:09.50	00:29:19.25	+00:12:57 (46.0%)	5:37	10.7 (54.0%)
516	MAJEWSKA Barbara	450		K-40	32	00:00:13	00:28:10.00	00:28:23.50	+00:12:58 (46.1%)	5:38	10.7 (54.0%)
517	GRALAK Jacek	422		M-40	130	00:00:47	00:28:11.30	00:28:58.40	+00:12:59 (46.1%)	5:38	10.6 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
518	GACZKOWSKI Paweł	548		M-40	131	00:00:12	00:28:11.50	00:28:24.10	+00:12:59 (46.1%)	5:38	10.6 (53.5%)
519	LEWICKI Arkadiusz	607		M-30	117	00:01:12	00:28:11.55	00:29:24.20	+00:12:59 (46.1%)	5:38	10.6 (53.5%)
520	GŁOWACKI Kamil	761		M-10	44	00:00:08	00:28:13.40	00:28:21.75	+00:13:01 (46.2%)	5:38	10.6 (53.5%)
521	KWIATKOWSKI Michał	880	KOLEGIUM KUJAWSKIE	M-30	118	00:00:39	00:28:13.45	00:28:53.35	+00:13:01 (46.2%)	5:38	10.6 (53.5%)
522	PRZYBYLSKA Karolina	61		K-30	52	00:00:46	00:28:13.65	00:29:00.45	+00:13:02 (46.2%)	5:38	10.6 (53.5%)
523	PRUSZAK Julian	805	LAERDAL MEDICAL POLAND	M-30	119	00:01:14	00:28:13.85	00:29:27.95	+00:13:02 (46.2%)	5:38	10.6 (53.5%)
524	BUDCZAN Oliwier	991	KOLEGIUM KUJAWSKIE	M-10	45	00:00:44	00:28:14.60	00:28:59.15	+00:13:03 (46.2%)	5:38	10.6 (53.5%)
525	NOWICKA Małgorzata	572		K-20	19	00:00:36	00:28:15.00	00:28:51.85	+00:13:03 (46.2%)	5:39	10.6 (53.5%)
526	GLINKOWSKI Dariusz	63	B28	M-30	120	00:00:17	00:28:15.65	00:28:32.95	+00:13:04 (46.2%)	5:39	10.6 (53.5%)
527	KOSIARSKI Tomasz	417		M-40	132	00:00:39	00:28:16.00	00:28:55.65	+00:13:04 (46.3%)	5:39	10.6 (53.5%)
528	JAWORSKA KACZMAREK Sylwia	420	#4FAJTER	K-40	33	00:00:39	00:28:16.45	00:28:55.90	+00:13:04 (46.3%)	5:39	10.6 (53.5%)
529	JANYSKA Adam	594	UKS KOPERNIK BYDGOSZCZ	M-20	58	00:00:07	00:28:17.00	00:28:24.75	+00:13:05 (46.3%)	5:39	10.6 (53.5%)
530	SMUCZYŃSKI Wojciech	278		M-30	121	00:01:02	00:28:18.35	00:29:20.85	+00:13:06 (46.3%)	5:39	10.6 (53.5%)
531	BARAŃSKA Sylwia	958	PARKRUN BYDGOSZCZ	K-40	34	00:00:37	00:28:19.90	00:28:57.25	+00:13:08 (46.4%)	5:39	10.6 (53.5%)
532	KRAJEWSKI Kamil	309		M-20	59	00:01:08	00:28:20.20	00:29:28.65	+00:13:08 (46.4%)	5:40	10.6 (53.5%)
533	KOSEK Mariusz	813		M-40	133	00:00:58	00:28:21.20	00:29:19.75	+00:13:09 (46.4%)	5:40	10.6 (53.5%)
534	MLICKI Marcin	66		M-40	134	00:01:26	00:28:22.05	00:29:48.95	+00:13:10 (46.4%)	5:40	10.6 (53.5%)
535	BRZYKCY Artur	812	BIEGACZE KCYNIA TEAM	M-20	60	00:00:28	00:28:22.55	00:28:51.50	+00:13:10 (46.5%)	5:40	10.6 (53.5%)
536	BĄKOWSKI Dawid	654		M-30	122	00:00:52	00:28:22.80	00:29:15.10	+00:13:11 (46.5%)	5:40	10.6 (53.5%)
537	DAMBECKI Piotr	194	POLISH AIR FORCE FAMILY FAN CLUB	M-40	135	00:00:57	00:28:23.50	00:29:20.75	+00:13:11 (46.5%)	5:40	10.6 (53.5%)
537	KEMNITZ Agnieszka	275	BIEGACZE KCYNIA TEAM	K-30	53	00:00:28	00:28:23.50	00:28:51.50	+00:13:11 (46.5%)	5:40	10.6 (53.5%)
539	GOLIK Krzysztof	19	FORDONRUNNERS	M-40	136	00:01:05	00:28:24.05	00:29:29.30	+00:13:12 (46.5%)	5:40	10.6 (53.5%)
540	MAŁKIŃSKA-BIĘGA Dorota	655		K-30	54	00:00:52	00:28:24.15	00:29:16.35	+00:13:12 (46.5%)	5:40	10.6 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
541	WOJTCZAK Arkadiusz	757		M-20	61	00:01:22	00:28:25.50	00:29:48.15	+00:13:13 (46.5%)	5:41	10.6 (53.5%)
542	KOZICKA Magdalena	755		K-20	20	00:01:22	00:28:25.75	00:29:48.05	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
543	WESOŁOWSKA Aleksandra	171		K-40	35	00:00:14	00:28:25.85	00:28:40.20	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
544	DOMBROWSKI Łukasz	440		M-30	123	00:01:09	00:28:25.95	00:29:35.05	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
545	WESOŁOWSKI Dariusz	172		M-50	46	00:00:14	00:28:26.15	00:28:40.30	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
546	PIONTEK Elżbieta	30		K-60+	2	00:00:09	00:28:26.50	00:28:35.75	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
547	KASZUBOWSKI Daniel	318		M-30	124	00:01:25	00:28:26.55	00:29:51.80	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
548	JAGIELSKI Łukasz	1116		M-40	137	00:00:27	00:28:27.50	00:28:54.85	+00:13:15 (46.6%)	5:41	10.5 (53.0%)
549	BARWIKOWSKA Bogusia	1048		K-40	36	00:01:09	00:28:29.25	00:29:39.20	+00:13:17 (46.7%)	5:41	10.5 (53.0%)
550	POLACKA Jadwiga	225	BIEGAJ Z DĘBAMI	K-40	37	00:01:20	00:28:30.05	00:29:50.45	+00:13:18 (46.7%)	5:42	10.5 (53.0%)
551	SPYCHALSKA Kinga	39		K-30	55	00:01:12	00:28:30.65	00:29:42.70	+00:13:19 (46.7%)	5:42	10.5 (53.0%)
552	LIPOWSKA Joanna	895		K-10	8	00:00:46	00:28:32.35	00:29:18.85	+00:13:20 (46.8%)	5:42	10.5 (53.0%)
553	JACKOWIEC-JAGIELSKA Małgorzata	331		K-40	38	00:00:27	00:28:32.55	00:28:59.80	+00:13:20 (46.8%)	5:42	10.5 (53.0%)
554	GRECZANIUK Ewa	968	KOLEGIUM KUJAWSKIE	K-10	9	00:00:45	00:28:33.45	00:29:19.05	+00:13:21 (46.8%)	5:42	10.5 (53.0%)
555	OKOŃSKA Emilia	1068		K-40	39	00:01:18	00:28:33.65	00:29:52.10	+00:13:22 (46.8%)	5:42	10.5 (53.0%)
556	KWAŚNIEWSKA Aldona	587		K-40	40	00:01:11	00:28:36.05	00:29:47.60	+00:13:24 (46.9%)	5:43	10.5 (53.0%)
557	KWAŚNIEWSKI Waldemar	588		M-50	47	00:01:11	00:28:36.80	00:29:47.90	+00:13:25 (46.9%)	5:43	10.5 (53.0%)
558	SARNECKI Waldemar	404		M-30	125	00:00:13	00:28:37.20	00:28:50.65	+00:13:25 (46.9%)	5:43	10.5 (53.0%)
559	MAGOŃ Emilia	705	KABEL TEAM BYDGOSZCZ	K-20	21	00:01:11	00:28:37.60	00:29:48.95	+00:13:26 (46.9%)	5:43	10.5 (53.0%)
560	HEINRICH Julia	1111		K-10	10	00:00:33	00:28:38.10	00:29:11.50	+00:13:26 (46.9%)	5:43	10.5 (53.0%)
561	JUNKA Małgorzata	593	KS JASTRZĘBIE BYDGOSZCZ	K-50	8	00:00:33	00:28:38.50	00:29:11.70	+00:13:26 (47.0%)	5:43	10.5 (53.0%)
562	NOWAK Marcin	235		M-40	138	00:00:12	00:28:38.55	00:28:51.50	+00:13:26 (47.0%)	5:43	10.5 (53.0%)
563	KUK Bartłomiej	132		M-10	46	00:00:48	00:28:39.55	00:29:28.15	+00:13:27 (47.0%)	5:43	10.5 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
564	FUZ Gabriela	697	KABEL TEAM BYDGOSZCZ	K-40	41	00:01:11	00:28:40.15	00:29:51.80	+00:13:28 (47.0%)	5:44	10.5 (53.0%)
565	ŁĘGA Mariusz	369		M-20	62	00:00:25	00:28:40.60	00:29:06.00	+00:13:29 (47.0%)	5:44	10.5 (53.0%)
566	SZAMP Krzysztof	560		M-40	139	00:00:32	00:28:41.05	00:29:13.65	+00:13:29 (47.0%)	5:44	10.5 (53.0%)
567	LESZCZYŃSKA Kinga	380		K-40	42	00:00:53	00:28:43.30	00:29:36.95	+00:13:31 (47.1%)	5:44	10.4 (52.5%)
568	PRZYBYLSKI Mariusz	206	BYDGOSZCZ NA START	M-50	48	00:00:57	00:28:45.90	00:29:43.25	+00:13:34 (47.2%)	5:45	10.4 (52.5%)
569	PRZYBYLSKA Grażyna	745		K-50	9	00:00:57	00:28:46.00	00:29:43.25	+00:13:34 (47.2%)	5:45	10.4 (52.5%)
570	CIEŚLIŃSKI Krzysztof	582	SISU TEAM	M-30	126	00:01:13	00:28:49.00	00:30:02.35	+00:13:37 (47.3%)	5:45	10.4 (52.5%)
571		1129				00:00:59	00:28:51.15	00:29:50.20	+00:13:39 (47.3%)	5:46	10.4 (52.5%)
572	SIUDZIŃSKA-BESS Ania	15		K-30	56	00:00:14	00:28:55.60	00:29:10.05	+00:13:44 (47.5%)	5:47	10.4 (52.5%)
573	SZKOPIAK-NOWAKOWSKA Oliwia	795		K-20	22	00:00:50	00:28:58.20	00:29:48.30	+00:13:46 (47.6%)	5:47	10.4 (52.5%)
574	KABACIŃSKA Kinga	196		K-30	57	00:00:25	00:28:59.70	00:29:25.35	+00:13:48 (47.6%)	5:47	10.4 (52.5%)
575	KOPCZYŃSKI Piotr	726		M-20	63	00:00:13	00:28:59.75	00:29:12.95	+00:13:48 (47.6%)	5:47	10.4 (52.5%)
576	JANKOWSKI Marcin	1100		M-20	64	00:01:30	00:28:59.80	00:30:30.60	+00:13:48 (47.6%)	5:47	10.4 (52.5%)
577	JAKUBOWSKA Sabina	1019		K-30	58	00:00:24	00:29:03.35	00:29:28.25	+00:13:51 (47.7%)	5:48	10.3 (52.0%)
578	FABROWSKI Dawid	238	TRITATA TEAMOCHAL	M-40	140	00:01:16	00:29:06.55	00:30:22.85	+00:13:54 (47.8%)	5:49	10.3 (52.0%)
579	CHODOROWSKA Maria	124		K-30	59	00:01:03	00:29:06.75	00:30:10.20	+00:13:55 (47.8%)	5:49	10.3 (52.0%)
580	ŁUDZIŃSKI Jakub	706		M-30	127	00:01:04	00:29:07.45	00:30:11.45	+00:13:55 (47.8%)	5:49	10.3 (52.0%)
581	SZAJDA Magdalena	188		K-40	43	00:01:15	00:29:09.00	00:30:24.85	+00:13:57 (47.9%)	5:49	10.3 (52.0%)
582	PAPIS Piotr	742	BACKONIK	M-40	141	00:00:52	00:29:09.30	00:30:02.20	+00:13:57 (47.9%)	5:49	10.3 (52.0%)
583	SCIGOŃSKI Waldemar	165		M-50	49	00:00:21	00:29:09.85	00:29:30.95	+00:13:58 (47.9%)	5:49	10.3 (52.0%)
584	BANDOCH Jacek	158		M-30	128	00:01:30	00:29:11.70	00:30:42.00	+00:14:00 (48.0%)	5:50	10.3 (52.0%)
585	DOMINICZAK Robert	499		M-50	50	00:00:48	00:29:12.40	00:30:01.10	+00:14:00 (48.0%)	5:50	10.3 (52.0%)
586	MIKLASZEWSKA Karolina	822		K-20	23	00:00:53	00:29:12.95	00:30:06.60	+00:14:01 (48.0%)	5:50	10.3 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
587	GUŹDZIOŁ Jarek	990	TBKM WILK SOLEC KUJAWSKI	M-40	142	00:01:12	00:29:13.60	00:30:25.80	+00:14:02 (48.0%)	5:50	10.3 (52.0%)
588	NOSKOWIAK-BAJNO Alicja	985		K-40	44	00:01:10	00:29:14.80	00:30:25.65	+00:14:03 (48.1%)	5:50	10.3 (52.0%)
589	MALATYŃSKA Barbara	670		K-40	45	00:00:59	00:29:15.35	00:30:15.20	+00:14:03 (48.1%)	5:51	10.3 (52.0%)
590	LEWANDOWSKA Sylwia	53		K-40	46	00:00:34	00:29:15.50	00:29:50.35	+00:14:03 (48.1%)	5:51	10.3 (52.0%)
591	KURYŁO Julia	296	I LO BYDGOSZCZ	K-10	11	00:00:27	00:29:16.20	00:29:44.15	+00:14:04 (48.1%)	5:51	10.3 (52.0%)
592	CEJKO Sławomir	1004		M-40	143	00:01:25	00:29:16.60	00:30:41.85	+00:14:05 (48.1%)	5:51	10.3 (52.0%)
593	GROBELNA Ida	774		K-20	24	00:00:41	00:29:17.95	00:29:59.40	+00:14:06 (48.1%)	5:51	10.2 (51.5%)
594	KOLANOWSKI Wojciech	820		M-50	51	00:00:24	00:29:18.30	00:29:43.00	+00:14:06 (48.2%)	5:51	10.2 (51.5%)
595	KOLANOWSKA Grażyna	819		K-50	10	00:00:24	00:29:18.70	00:29:42.90	+00:14:07 (48.2%)	5:51	10.2 (51.5%)
596	WYPORKIEWICZ Jerzy	719	KLINIKA TRIATHLONU	M-50	52	00:01:00	00:29:19.65	00:30:19.85	+00:14:08 (48.2%)	5:51	10.2 (51.5%)
597	SIERADZKA Małgorzata	610		K-40	47	00:01:20	00:29:20.05	00:30:40.45	+00:14:08 (48.2%)	5:52	10.2 (51.5%)
598	ZIELIŃSKA Justyna	51	KAPITEAM	K-40	48	00:01:11	00:29:20.70	00:30:31.85	+00:14:09 (48.2%)	5:52	10.2 (51.5%)
599	MYSYK Igor	1033		M-20	65	00:00:25	00:29:21.20	00:29:46.95	+00:14:09 (48.2%)	5:52	10.2 (51.5%)
600	ZDUNKIEWICZ Filip	100	#WIĘCEJSPRZĘTUNIŻTALENTU	M-10	47	00:00:57	00:29:21.45	00:30:18.85	+00:14:09 (48.2%)	5:52	10.2 (51.5%)
601	ROK Agnieszka	971		K-20	25	00:01:01	00:29:22.05	00:30:23.90	+00:14:10 (48.3%)	5:52	10.2 (51.5%)
602	BURCHARD Remigiusz	504		M-40	144	00:00:56	00:29:22.55	00:30:19.00	+00:14:10 (48.3%)	5:52	10.2 (51.5%)
603	BĄBOLEWSKI Łukasz	97	#WIĘCEJSPRZĘTUNIŻTALENTU	M-30	129	00:00:56	00:29:23.15	00:30:19.55	+00:14:11 (48.3%)	5:52	10.2 (51.5%)
604	BŁAŻEK-KOJRO Kasia	54		K-30	60	00:00:34	00:29:23.80	00:29:58.70	+00:14:12 (48.3%)	5:52	10.2 (51.5%)
605	HAWRYŁO Mariusz	389		M-30	130	00:00:17	00:29:24.35	00:29:42.15	+00:14:12 (48.3%)	5:52	10.2 (51.5%)
606	HAWRYŁO Marta	374		K-20	26	00:00:17	00:29:24.75	00:29:42.35	+00:14:13 (48.3%)	5:52	10.2 (51.5%)
606	TYKWIŃSKA Agnieszka	826		K-30	61	00:00:11	00:29:24.75	00:29:35.90	+00:14:13 (48.3%)	5:52	10.2 (51.5%)
608	STRUGAŁA Łukasz	202		M-30	131	00:00:21	00:29:25.25	00:29:46.85	+00:14:13 (48.4%)	5:53	10.2 (51.5%)
609	BANSZAK Ewa	1094		K-20	27	00:00:47	00:29:26.25	00:30:13.95	+00:14:14 (48.4%)	5:53	10.2 (51.5%)
610	KAMYSZEK Ewa	901	SPC	K-50	11	00:01:21	00:29:28.45	00:30:49.80	+00:14:16 (48.5%)	5:53	10.2 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
611	PRĄDZYŃSKI Marcin	229	AKADEMIAMISTRZOWSPORTU	M-40	145	00:01:13	00:29:31.90	00:30:45.70	+00:14:20 (48.6%)	5:54	10.2 (51.5%)
612	STEJUK Aleksandra	279	AKADEMIA MISTRZÓW SPORTU	K-40	49	00:01:14	00:29:34.25	00:30:48.95	+00:14:22 (48.6%)	5:54	10.1 (51.0%)
613	WASILEWSKA Agata	285		K-40	50	00:01:14	00:29:34.30	00:30:48.95	+00:14:22 (48.6%)	5:54	10.1 (51.0%)
614	WASILEWSKA Martyna	711	AMS BYDGOSZCZ	K-30	62	00:01:14	00:29:34.40	00:30:49.00	+00:14:22 (48.6%)	5:54	10.1 (51.0%)
615	MISUN-NOWAK Katarzyna	281	AKADEMIA MISTRZÓW SPORTU	K-40	51	00:01:14	00:29:34.80	00:30:49.20	+00:14:23 (48.6%)	5:54	10.1 (51.0%)
615	KUSA Piotr	944		M-40	146	00:01:13	00:29:34.80	00:30:48.10	+00:14:23 (48.6%)	5:54	10.1 (51.0%)
617	ROGOZIŃSKA Karolina	217	RUNMORS	K-30	63	00:00:30	00:29:34.85	00:30:05.45	+00:14:23 (48.6%)	5:54	10.1 (51.0%)
618	BEAUVALE Monika	1064		K-40	52	00:00:26	00:29:36.25	00:30:02.85	+00:14:24 (48.7%)	5:55	10.1 (51.0%)
619	DEPTUŁA Stanisław	154	NIEZRZESZONY	M-10	48	00:00:27	00:29:37.40	00:30:05.35	+00:14:25 (48.7%)	5:55	10.1 (51.0%)
620	KOWALSKA Jolanta	1066		K-40	53	00:00:19	00:29:38.05	00:29:57.75	+00:14:26 (48.7%)	5:55	10.1 (51.0%)
620	DALKIEWICZ Igor	573		M-20	66	00:00:36	00:29:38.05	00:30:14.15	+00:14:26 (48.7%)	5:55	10.1 (51.0%)
622	ZDUNKIEWICZ Hania	98	#WIĘCEJSPRZĘTUNIŻTALENTU	K-40	54	00:00:57	00:29:39.00	00:30:36.55	+00:14:27 (48.8%)	5:55	10.1 (51.0%)
623	SZCZERBA Dariusz	83		M-40	147	00:01:00	00:29:40.15	00:30:41.00	+00:14:28 (48.8%)	5:56	10.1 (51.0%)
624	WÓJCIK Magda	80		K-20	28	00:01:00	00:29:40.20	00:30:40.65	+00:14:28 (48.8%)	5:56	10.1 (51.0%)
625	KOZŁOWSKI Przemysław	359		M-20	67	00:01:00	00:29:40.80	00:30:40.95	+00:14:29 (48.8%)	5:56	10.1 (51.0%)
626	WRZESIŃSKI Maciej	914	KOLEGIUM KUJAWSKIE	M-10	49	00:00:47	00:29:42.90	00:30:30.65	+00:14:31 (48.9%)	5:56	10.1 (51.0%)
627	ŚWIĄTKOWSKA Weronika	974	KOLEGIUM KUJAWSKIE	K-10	12	00:00:48	00:29:43.00	00:30:31.25	+00:14:31 (48.9%)	5:56	10.1 (51.0%)
628	SKORNIA Marika	198		K-20	29	00:01:06	00:29:43.40	00:30:49.45	+00:14:31 (48.9%)	5:56	10.1 (51.0%)
629	SKORNIA Paweł	199		M-30	132	00:01:05	00:29:46.35	00:30:52.05	+00:14:34 (49.0%)	5:57	10.1 (51.0%)
630	KOTARSKA-SKONIECZKA Anna	905	PND RUNNING TEAM	K-40	55	00:00:42	00:29:46.85	00:30:29.55	+00:14:35 (49.0%)	5:57	10.1 (51.0%)
631	WYRĄBKIEWICZ Hanna	723		K-30	64	00:00:18	00:29:46.95	00:30:05.05	+00:14:35 (49.0%)	5:57	10.1 (51.0%)
632	KRASIŃSKA Katarzyna	783		K-40	56	00:00:16	00:29:47.70	00:30:04.10	+00:14:36 (49.0%)	5:57	10.1 (51.0%)
633	REINKE Kajetan	129		M-10	50	00:00:05	00:29:47.75	00:29:52.95	+00:14:36 (49.0%)	5:57	10.1 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
634	KWIATKOWSKI Konrad	892	KOLEGIUM KUJAWSKIE	M-10	51	00:00:45	00:29:48.80	00:30:33.85	+00:14:37 (49.0%)	5:57	10.1 (51.0%)
635	ŚWIATLAK Marek	527	TEAM BYDGOSZCZ	M-50	53	00:00:54	00:29:48.95	00:30:43.65	+00:14:37 (49.0%)	5:57	10.1 (51.0%)
636	WOŁOWIEC Dawid	964		M-10	52	00:00:40	00:29:49.50	00:30:30.05	+00:14:37 (49.1%)	5:57	10.1 (51.0%)
637	BURY Tomasz	240		M-30	133	00:00:18	00:29:50.00	00:30:08.05	+00:14:38 (49.1%)	5:58	10.1 (51.0%)
638	KOSIOROWSKI Przemysław	965		M-40	148	00:00:50	00:29:52.05	00:30:42.60	+00:14:40 (49.1%)	5:58	10 (50.5%)
639	FURMAN Paweł	668	SFORA BMK	M-30	134	00:01:22	00:29:54.05	00:31:16.85	+00:14:42 (49.2%)	5:58	10 (50.5%)
640	WOJCIECHOWSKA Dagmara	570		K-40	57	00:00:10	00:29:54.10	00:30:04.85	+00:14:42 (49.2%)	5:58	10 (50.5%)
641	FURMAN Małgorzata	669		K-40	58	00:01:21	00:29:54.95	00:31:16.55	+00:14:43 (49.2%)	5:58	10 (50.5%)
642	SZATKOWSKA Beata	220		K-50	12	00:00:53	00:29:55.35	00:30:48.40	+00:14:43 (49.2%)	5:59	10 (50.5%)
643	GREILICH Paulina	507	Z ŁĄCZNIKA	K-30	65	00:00:47	00:29:55.50	00:30:42.60	+00:14:43 (49.2%)	5:59	10 (50.5%)
644	WOŹNIAK-KRÓLIKOWSKA Milena	508	Z ŁĄCZNIKA	K-30	66	00:00:47	00:29:55.70	00:30:42.70	+00:14:44 (49.2%)	5:59	10 (50.5%)
645	KOBYLARZ Małgorzata	736		K-20	30	00:00:36	00:29:56.60	00:30:32.70	+00:14:45 (49.3%)	5:59	10 (50.5%)
646	WOLAN Krzysztof	59	PRZEŻYĆ !	M-40	149	00:00:19	00:29:57.45	00:30:16.50	+00:14:45 (49.3%)	5:59	10 (50.5%)
647	KOWALCZYK Magdalena	12		K-30	67	00:00:58	00:30:00.65	00:30:59.10	+00:14:49 (49.4%)	6:00	10 (50.5%)
648	GROCHALA Michał	11		M-30	135	00:00:58	00:30:00.80	00:30:59.55	+00:14:49 (49.4%)	6:00	10 (50.5%)
649	DOMARADZKA Małgorzata	894		K-20	31	00:00:46	00:30:02.00	00:30:48.50	+00:14:50 (49.4%)	6:00	10 (50.5%)
650	KORNACKI Tobiasz	922	KOLEGIUM KUJAWSKIE	M-10	53	00:00:47	00:30:02.25	00:30:49.50	+00:14:50 (49.4%)	6:00	10 (50.5%)
651	LEMAŃSKA Agnieszka	295		K-20	32	00:00:29	00:30:02.60	00:30:32.50	+00:14:51 (49.4%)	6:00	10 (50.5%)
652	LEWANDOWSKI Marek	980		M-40	150	00:01:13	00:30:03.30	00:31:16.45	+00:14:51 (49.4%)	6:00	10 (50.5%)
653	CZARNECKA - PIJAROWSKA Dominika	488		K-40	59	00:00:43	00:30:04.05	00:30:47.35	+00:14:52 (49.5%)	6:00	10 (50.5%)
654	PESZYŃSKA Joanna	692		K-40	60	00:00:54	00:30:08.95	00:31:03.65	+00:14:57 (49.6%)	6:01	10 (50.5%)
655	KULPA Szymon	164		M-30	136	00:01:02	00:30:11.10	00:31:13.30	+00:14:59 (49.7%)	6:02	9.9 (50.0%)
656	OKULICZ Anita	297	MUD FOXES	K-30	68	00:01:06	00:30:11.20	00:31:17.20	+00:14:59 (49.7%)	6:02	9.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
657	OLEKSIUK Monika	804		K-20	33	00:01:06	00:30:11.30	00:31:17.45	+00:14:59 (49.7%)	6:02	9.9 (50.0%)
658	KASZTELAN Agnieszka	984		K-40	61	00:00:37	00:30:12.45	00:30:50.30	+00:15:00 (49.7%)	6:02	9.9 (50.0%)
659	POZNAŃSKI Szymon	978		M-30	137	00:00:24	00:30:14.55	00:30:38.65	+00:15:02 (49.8%)	6:02	9.9 (50.0%)
659	WYPYCH Zuzanna	979		K-20	34	00:00:23	00:30:14.55	00:30:38.45	+00:15:02 (49.8%)	6:02	9.9 (50.0%)
661	WŁAŚNIAK Sylwia	586		K-40	62	00:00:17	00:30:15.05	00:30:32.20	+00:15:03 (49.8%)	6:03	9.9 (50.0%)
662	PANASENKO Olexandr	764		M-20	68	00:01:06	00:30:16.40	00:31:22.65	+00:15:04 (49.8%)	6:03	9.9 (50.0%)
663	FILIPEK Mirosława	168		K-40	63	00:00:27	00:30:16.55	00:30:44.00	+00:15:04 (49.8%)	6:03	9.9 (50.0%)
664	RUTKOWSKI Tomasz	167		M-50	54	00:00:27	00:30:16.85	00:30:44.00	+00:15:05 (49.8%)	6:03	9.9 (50.0%)
665	KRANC Justyna	904		K-50	13	00:00:46	00:30:16.90	00:31:03.25	+00:15:05 (49.8%)	6:03	9.9 (50.0%)
666	ZMUDA Aleksandra	414		K-40	64	00:00:37	00:30:20.90	00:30:57.90	+00:15:09 (49.9%)	6:04	9.9 (50.0%)
667	KASPRZAK Ewa	701		K-40	65	00:00:37	00:30:21.60	00:30:58.95	+00:15:10 (50.0%)	6:04	9.9 (50.0%)
668	MAĆKOWSKA Madzia	76	FIT_MADZIA_85	K-30	69	00:01:15	00:30:22.65	00:31:38.60	+00:15:11 (50.0%)	6:04	9.9 (50.0%)
669	PAWLEWSKA Joanna	811	SPORTWAY	K-40	66	00:00:23	00:30:23.00	00:30:46.75	+00:15:11 (50.0%)	6:04	9.9 (50.0%)
670	CZERNAK Marcin	609		M-30	138	00:01:01	00:30:24.25	00:31:25.90	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
671	FYDRYCH Dagmara	461		K-20	35	00:01:04	00:30:24.35	00:31:29.20	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
672	GAWŁOWSKA Kinga	463		K-20	36	00:01:04	00:30:24.40	00:31:29.25	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
672	RĘDZINA Michał	87	ŚLIMAKI RĘDZINIAKI	M-30	139	00:01:01	00:30:24.40	00:31:25.75	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
674	GRUZDOWSKI Jakub	460		M-20	69	00:01:04	00:30:24.70	00:31:29.25	+00:15:13 (50.0%)	6:04	9.9 (50.0%)
675	MAŁAS Marcin	250		M-30	140	00:00:17	00:30:26.40	00:30:44.30	+00:15:14 (50.1%)	6:05	9.9 (50.0%)
676	JAROCHA Michał	474		M-30	141	00:00:50	00:30:27.35	00:31:17.70	+00:15:15 (50.1%)	6:05	9.9 (50.0%)
677	KRUSZYŃSKA Magdalena	1020		K-40	67	00:00:24	00:30:29.25	00:30:54.20	+00:15:17 (50.2%)	6:05	9.8 (49.5%)
678	ŁUCZAK Monika	1084	MORSIAKI	K-30	70	00:00:24	00:30:29.30	00:30:54.20	+00:15:17 (50.2%)	6:05	9.8 (49.5%)
679	NAWROCKA Joanna	264	OPEN PL	K-40	68	00:00:24	00:30:33.00	00:30:57.30	+00:15:21 (50.3%)	6:06	9.8 (49.5%)
680	MARACH Kinga	1115		K-30	71	00:01:05	00:30:33.20	00:31:38.30	+00:15:21 (50.3%)	6:06	9.8 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
681	GULKA Wojciech	718		M-20	70	00:00:48	00:30:33.35	00:31:21.80	+00:15:21 (50.3%)	6:06	9.8 (49.5%)
682	FRYDRYCHOWICZ Lilianna	149		K-60+	3	00:01:05	00:30:33.40	00:31:38.40	+00:15:21 (50.3%)	6:06	9.8 (49.5%)
683	KRZEMIŃSKA Jolanta	482	8K-PBOT	K-30	72	00:00:22	00:30:34.25	00:30:57.10	+00:15:22 (50.3%)	6:06	9.8 (49.5%)
684	JAKUBIK LORENC Aneta	391	NIE MAM	K-40	69	00:00:28	00:30:34.90	00:31:03.35	+00:15:23 (50.3%)	6:06	9.8 (49.5%)
685	DOMŻALSKA Sławomira	842		K-50	14	00:00:34	00:30:35.95	00:31:10.05	+00:15:24 (50.3%)	6:07	9.8 (49.5%)
686	ŻUKOWSKI Jakub	646		M-20	71	00:01:13	00:30:36.30	00:31:49.45	+00:15:24 (50.4%)	6:07	9.8 (49.5%)
687	KASZTELAN Marek	981		M-40	151	00:00:38	00:30:36.95	00:31:15.30	+00:15:25 (50.4%)	6:07	9.8 (49.5%)
688	GRUŻEWSKA Justyna	382	46	K-40	70	00:00:27	00:30:37.85	00:31:05.70	+00:15:26 (50.4%)	6:07	9.8 (49.5%)
689	GABRICH Zaneta	500		K-40	71	00:00:25	00:30:38.00	00:31:03.70	+00:15:26 (50.4%)	6:07	9.8 (49.5%)
690	ERDMANN Agnieszka	940		K-40	72	00:00:53	00:30:38.50	00:31:31.95	+00:15:26 (50.4%)	6:07	9.8 (49.5%)
691	TOMCZAK Marzena	891		K-30	73	00:00:20	00:30:40.35	00:31:00.85	+00:15:28 (50.5%)	6:08	9.8 (49.5%)
692	GŁĘBOCKA Agnieszka	523		K-40	73	00:01:16	00:30:42.20	00:31:58.65	+00:15:30 (50.5%)	6:08	9.8 (49.5%)
693	WEGLARZ Łukasz	493		M-30	142	00:01:16	00:30:42.30	00:31:58.85	+00:15:30 (50.5%)	6:08	9.8 (49.5%)
694	KORNACKI Mateusz	539		M-10	54	00:00:26	00:30:43.10	00:31:09.45	+00:15:31 (50.5%)	6:08	9.8 (49.5%)
695	KAPELA Sebastian	1101		M-10	55	00:00:00	00:30:43.80	00:30:43.80	+00:15:32 (50.6%)	6:08	9.8 (49.5%)
696	ZIÓŁKOWSKA Gosia	535	FORDON BIEGA	K-30	74	00:00:11	00:30:45.20	00:30:56.55	+00:15:33 (50.6%)	6:09	9.8 (49.5%)
697	WISNIEWSKA Małgorzata	887		K-40	74	00:01:11	00:30:46.35	00:31:58.00	+00:15:34 (50.6%)	6:09	9.8 (49.5%)
698	BŁASZKIEWICZ Marzena	850		K-40	75	00:01:11	00:30:46.45	00:31:58.40	+00:15:34 (50.6%)	6:09	9.8 (49.5%)
699	SYGNECKA Kasia	869		K-30	75	00:01:28	00:30:47.70	00:32:16.35	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
700	FIUT Kazimierz	626		M-60+	11	00:01:15	00:30:48.10	00:32:03.90	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
701	RZEPA Karolina	627		K-20	37	00:01:15	00:30:48.30	00:32:03.80	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
702	SYGNECKI Marcin	937		M-30	143	00:01:28	00:30:48.45	00:32:16.90	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
703	OPRAWA Jerzy	1067		M-50	55	00:00:41	00:30:49.00	00:31:30.90	+00:15:37 (50.7%)	6:09	9.7 (49.0%)
704	DORNIAC Krzysztof	50		M-40	152	00:00:52	00:30:50.80	00:31:43.60	+00:15:39 (50.7%)	6:10	9.7 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
705	OPRAWA Michał	707		M-30	144	00:00:43	00:30:51.40	00:31:34.70	+00:15:39 (50.8%)	6:10	9.7 (49.0%)
706	OSTROWSKI Łukasz	388		M-30	145	00:01:14	00:30:51.45	00:32:06.05	+00:15:39 (50.8%)	6:10	9.7 (49.0%)
707	PREUSS Daniel	415		M-40	153	00:01:06	00:30:53.10	00:31:59.20	+00:15:41 (50.8%)	6:10	9.7 (49.0%)
708	NOWICKI Marek	416		M-40	154	00:01:06	00:30:54.55	00:32:00.90	+00:15:42 (50.8%)	6:10	9.7 (49.0%)
709	MALICKA Beata	486		K-50	15	00:00:15	00:30:56.05	00:31:11.85	+00:15:44 (50.9%)	6:11	9.7 (49.0%)
710	DROB Julian	770		M-30	146	00:01:03	00:30:57.50	00:32:00.95	+00:15:45 (50.9%)	6:11	9.7 (49.0%)
711	PRIETZ Agata	289		K-40	76	00:01:07	00:30:57.95	00:32:04.95	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
712	AUGUSTYNOWICZ Katarzyna	249	TKKF KOLEJARZ	K-40	77	00:00:24	00:30:58.00	00:31:22.95	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
713	SZYCHOWSKI Jarosław	292	TKKF KOLEJARZ BYDGOSZCZ	M-30	147	00:00:24	00:30:58.20	00:31:23.05	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
714	TROJAŃCZYK Krzysztof	248		M-40	155	00:01:12	00:30:58.45	00:32:11.40	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
715	SIEDLECKI Rafał	693		M-20	72	00:01:19	00:31:00.00	00:32:19.70	+00:15:48 (51.0%)	6:12	9.7 (49.0%)
716	GIERACH Marcin	798		M-40	156	00:00:42	00:31:02.35	00:31:45.30	+00:15:50 (51.1%)	6:12	9.7 (49.0%)
717	GIERACH Krzysztof	797		M-60+	12	00:00:42	00:31:02.70	00:31:45.15	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
718	ORZECHOWSKA Gabriela	679	ORZECH BIEGA	K-10	13	00:00:29	00:31:03.15	00:31:32.90	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
718	RÓŻYCKI Maciej	778		M-30	148	00:00:23	00:31:03.15	00:31:26.75	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
720	ORZECHOWSKI Zbigniew	280	ORZECH BIEGA	M-40	157	00:00:29	00:31:03.25	00:31:33.10	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
721	KORNACKA Katarzyna	537		K-40	78	00:00:26	00:31:05.40	00:31:31.45	+00:15:53 (51.1%)	6:13	9.7 (49.0%)
722	IDZIŃSKA Natalia	260	BRAK- OS.PRYWATNA	K-30	76	00:01:18	00:31:07.45	00:32:26.15	+00:15:55 (51.2%)	6:13	9.6 (48.5%)
723	ŻUCHELKOWSKA Agata	525		K-30	77	00:00:52	00:31:09.45	00:32:02.35	+00:15:57 (51.2%)	6:13	9.6 (48.5%)
724	LESZCZYŃSKA Iza	528		K-30	78	00:00:59	00:31:12.25	00:32:11.40	+00:16:00 (51.3%)	6:14	9.6 (48.5%)
725	MICHALAK Krzysztof	458		M-20	73	00:00:31	00:31:12.65	00:31:44.40	+00:16:01 (51.3%)	6:14	9.6 (48.5%)
726	BIEDROŃ Aleksandra	65	B28	K-20	38	00:00:16	00:31:13.45	00:31:30.15	+00:16:01 (51.3%)	6:14	9.6 (48.5%)
727	PIERZCHAŁSKA Kasia	459		K-40	79	00:00:40	00:31:14.15	00:31:55.10	+00:16:02 (51.4%)	6:14	9.6 (48.5%)
728	ZYGIEL Marcin	351	WITKOWO BIEGA	M-30	149	00:01:00	00:31:15.20	00:32:15.40	+00:16:03 (51.4%)	6:15	9.6 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
729	SIELSKI Kamil	361	WISEŁKA FORDON	M-30	150	00:01:18	00:31:15.50	00:32:33.55	+00:16:03 (51.4%)	6:15	9.6 (48.5%)
730	RADATZ Magdalena	306		K-30	79	00:01:08	00:31:15.60	00:32:24.55	+00:16:04 (51.4%)	6:15	9.6 (48.5%)
731	OKUPNIAK Monika	211		K-30	80	00:01:08	00:31:15.70	00:32:24.55	+00:16:04 (51.4%)	6:15	9.6 (48.5%)
732	WOŹNIACKA Beata	503		K-50	16	00:01:10	00:31:15.85	00:32:26.60	+00:16:04 (51.4%)	6:15	9.6 (48.5%)
733	WIOTROWSKA Ewa	431		K-30	81	00:00:22	00:31:16.15	00:31:38.65	+00:16:04 (51.4%)	6:15	9.6 (48.5%)
734	KAZUBOWSKI Jeremiasz	266	KAZUBKI TEAM	M-20	74	00:00:15	00:31:16.60	00:31:32.05	+00:16:05 (51.4%)	6:15	9.6 (48.5%)
735		1124				00:00:55	00:31:17.40	00:32:13.20	+00:16:05 (51.4%)	6:15	9.6 (48.5%)
736	KOWALSKI Jacek	246		M-40	158	00:00:54	00:31:18.25	00:32:12.80	+00:16:06 (51.5%)	6:15	9.6 (48.5%)
737	HAŁAS Ewa	276	BIEGACZE KCYNIA TEAM	K-40	80	00:00:28	00:31:18.55	00:31:47.35	+00:16:06 (51.5%)	6:15	9.6 (48.5%)
738		1128				00:00:54	00:31:18.65	00:32:12.90	+00:16:07 (51.5%)	6:15	9.6 (48.5%)
739	CIACIUCH Agnieszka	274	BIEGACZE KCYNIA TEAM	K-20	39	00:00:28	00:31:19.15	00:31:47.40	+00:16:07 (51.5%)	6:15	9.6 (48.5%)
740	WIATROWSKA Katarzyna	430		K-30	82	00:00:22	00:31:19.70	00:31:41.95	+00:16:08 (51.5%)	6:15	9.6 (48.5%)
741	LEWANDOWSKA Renata	983		K-40	81	00:01:12	00:31:21.45	00:32:34.40	+00:16:09 (51.5%)	6:16	9.6 (48.5%)
742	JOŃCA Grzegorz	1003		M-20	75	00:00:46	00:31:22.30	00:32:08.80	+00:16:10 (51.6%)	6:16	9.6 (48.5%)
743	MURAL Natalia	1002		K-Open	1	00:00:46	00:31:22.45	00:32:08.80	+00:16:10 (51.6%)	6:16	9.6 (48.5%)
744	KURTYSIAK Roman	333	BYDGOSZCZ NA START	M-50	56	00:00:51	00:31:25.40	00:32:16.75	+00:16:13 (51.6%)	6:17	9.5 (48.0%)
745	DEPTUŁA Wojciech	152	NIEZRZESZONY	M-60+	13	00:00:28	00:31:26.50	00:31:54.50	+00:16:14 (51.7%)	6:17	9.5 (48.0%)
746	OLSZEWSKI Mikołaj	995	SUP POINT [♂]	M-30	151	00:01:07	00:31:26.75	00:32:34.10	+00:16:15 (51.7%)	6:17	9.5 (48.0%)
747	GRZELAK Robert	541	GMINA GARDEJA BIEGA	M-50	57	00:01:12	00:31:28.25	00:32:40.30	+00:16:16 (51.7%)	6:17	9.5 (48.0%)
748	GRZELAK Sylwia	744		K-50	17	00:01:10	00:31:29.25	00:32:39.75	+00:16:17 (51.7%)	6:17	9.5 (48.0%)
749	WIŚNIEWSKI Konrad	857		M-10	56	00:00:42	00:31:29.40	00:32:11.65	+00:16:17 (51.8%)	6:17	9.5 (48.0%)
750	SZULAKOWSKI Rafał	377	TERENOWA MASAKRA TEAM	M-40	159	00:01:21	00:31:29.55	00:32:50.90	+00:16:17 (51.8%)	6:17	9.5 (48.0%)
751	ŁABENDA Piotr	330	TERENOWA MASAKRA TEAM	M-50	58	00:01:21	00:31:29.95	00:32:50.95	+00:16:18 (51.8%)	6:17	9.5 (48.0%)
752	SZULAKOWSKA Patrycja	378	TERENOWA MASAKRA TEAM	K-40	82	00:01:20	00:31:30.50	00:32:51.20	+00:16:18 (51.8%)	6:18	9.5 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	POBIEDZIŃSKA Marta	897	KS POLONIA BYDGOSZCZ	K-20	40	00:00:55	00:31:31.30	00:32:26.80	+00:16:19 (51.8%)	6:18	9.5 (48.0%)
754	JANIC Joanna	228		K-40	83	00:00:56	00:31:34.20	00:32:30.65	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
755	KARSKI Marcin	339		M-40	160	00:00:56	00:31:34.25	00:32:30.25	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
755	MURAWSKA Marta	575		K-40	84	00:00:21	00:31:34.25	00:31:55.30	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
757	KARSKI Hubert	215		M-60+	14	00:00:56	00:31:34.30	00:32:30.55	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
758	LEWANDOWSKA Agnieszka	861	FREAKY_FIT	K-30	83	00:01:11	00:31:35.15	00:32:46.80	+00:16:23 (51.9%)	6:19	9.5 (48.0%)
759	SZECÓWKA Marcin	862	FREAKY_FIT	M-30	152	00:01:11	00:31:35.50	00:32:47.20	+00:16:23 (51.9%)	6:19	9.5 (48.0%)
760	GINTER Kacper	568		M-20	76	00:01:19	00:31:37.15	00:32:56.70	+00:16:25 (51.9%)	6:19	9.5 (48.0%)
761	CHEŁMIŃSKI Dawid	865	R.K.S. HUWDU	M-20	77	00:01:09	00:31:41.20	00:32:50.75	+00:16:29 (52.1%)	6:20	9.5 (48.0%)
762	WIŚNIEWSKI Jacek	475		M-30	153	00:00:54	00:31:41.25	00:32:35.35	+00:16:29 (52.1%)	6:20	9.5 (48.0%)
763	KOWALIK Adrian	1062		M-30	154	00:00:59	00:31:42.35	00:32:41.75	+00:16:30 (52.1%)	6:20	9.5 (48.0%)
764	WAWRZYSZKO Kamil	966		M-40	161	00:01:16	00:31:46.35	00:33:03.30	+00:16:34 (52.2%)	6:21	9.4 (47.5%)
765	KALINOWSKA Marta	824		K-10	14	00:01:03	00:31:47.15	00:32:50.20	+00:16:35 (52.2%)	6:21	9.4 (47.5%)
766	SŁOWIŃSKA Lidia	41		K-20	41	00:00:30	00:31:48.15	00:32:18.30	+00:16:36 (52.2%)	6:21	9.4 (47.5%)
767	PROKOPOWICZ Aleksandra	866		K-40	85	00:01:28	00:31:49.10	00:33:17.10	+00:16:37 (52.2%)	6:21	9.4 (47.5%)
768	ZYGIEL Paulina	350		K-20	42	00:01:00	00:31:49.60	00:32:49.70	+00:16:38 (52.3%)	6:21	9.4 (47.5%)
769	GŁOGOWSKI Krzysztof	233		M-40	162	00:00:56	00:31:50.00	00:32:46.30	+00:16:38 (52.3%)	6:22	9.4 (47.5%)
770	MAKUSZEWSKI Łukasz	840	812 BLP	M-40	163	00:00:21	00:31:51.05	00:32:12.65	+00:16:39 (52.3%)	6:22	9.4 (47.5%)
771	MUSIAŁA Adam	847		M-40	164	00:00:48	00:31:51.50	00:32:40.45	+00:16:39 (52.3%)	6:22	9.4 (47.5%)
772	PRZYBYLAK Marta	600		K-30	84	00:00:10	00:31:51.85	00:32:02.10	+00:16:40 (52.3%)	6:22	9.4 (47.5%)
773	PRACA Joanna	173		K-40	86	00:00:17	00:31:52.00	00:32:09.80	+00:16:40 (52.3%)	6:22	9.4 (47.5%)
774	TEWS Marzena	177		K-40	87	00:00:17	00:31:52.85	00:32:10.10	+00:16:41 (52.3%)	6:22	9.4 (47.5%)
775	SPYCHAJ Piotr	698		M-30	155	00:01:19	00:31:52.90	00:33:11.90	+00:16:41 (52.3%)	6:22	9.4 (47.5%)
776	SPYCHAJ Ania	702		K-30	85	00:01:18	00:31:53.35	00:33:11.80	+00:16:41 (52.4%)	6:22	9.4 (47.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
777	FILIPEK Emilia	994	SUP POINT ♀♀	K-20	43	00:01:07	00:31:58.35	00:33:05.90	+00:16:46 (52.5%)	6:23	9.4 (47.5%)
778	JAWORSKI Marek	858	STOWARZYSZENIE "DZIĘKI WAM"	M-10	57	00:00:30	00:31:59.60	00:32:30.40	+00:16:48 (52.5%)	6:23	9.4 (47.5%)
779	MAZELA Aleksandra	816		K-20	44	00:00:21	00:32:00.50	00:32:22.05	+00:16:48 (52.5%)	6:24	9.4 (47.5%)
780	GRUSZKA Marek	42	NIEZRZESZONY	M-60+	15	00:00:15	00:32:02.20	00:32:17.80	+00:16:50 (52.6%)	6:24	9.4 (47.5%)
781	PRUSZAK Monika	806	LAERDAL MEDICAL POLAND	K-30	86	00:01:13	00:32:05.65	00:33:19.60	+00:16:54 (52.7%)	6:25	9.4 (47.5%)
782	SOSNOWSKA Martyna	851		K-20	45	00:00:55	00:32:10.60	00:33:06.10	+00:16:59 (52.8%)	6:26	9.3 (47.0%)
783	WOLSKI Patryk	853		M-20	78	00:00:55	00:32:11.20	00:33:06.40	+00:16:59 (52.8%)	6:26	9.3 (47.0%)
784	WAWRZY尼亚K Sandra	216	BYDGOSZCZ NA START	K-30	87	00:01:13	00:32:12.05	00:33:25.05	+00:17:00 (52.8%)	6:26	9.3 (47.0%)
785	GRZYBOWSKA Julia	456		K-10	15	00:00:50	00:32:15.75	00:33:06.60	+00:17:04 (52.9%)	6:27	9.3 (47.0%)
786	KRZYŻANOWSKA Patrycja	234		K-30	88	00:00:53	00:32:16.25	00:33:09.30	+00:17:04 (52.9%)	6:27	9.3 (47.0%)
787	GRZYBOWSKI Marek	454		M-40	165	00:00:50	00:32:16.30	00:33:06.85	+00:17:04 (52.9%)	6:27	9.3 (47.0%)
788	CISEWSKI Mateusz	519		M-30	156	00:01:25	00:32:17.15	00:33:42.60	+00:17:05 (52.9%)	6:27	9.3 (47.0%)
789	REINKE Olivia	127		K-10	16	00:00:05	00:32:18.70	00:32:23.80	+00:17:07 (53.0%)	6:27	9.3 (47.0%)
790	GÓRSKA Paulina	466		K-30	89	00:00:16	00:32:19.80	00:32:36.20	+00:17:08 (53.0%)	6:27	9.3 (47.0%)
791	GÓRSKI Łukasz	467		M-30	157	00:00:15	00:32:20.60	00:32:36.55	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
791	BUTRYM Dariusz	590	ZABEK	M-40	166	00:01:19	00:32:20.60	00:33:40.45	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
793	BUTRYM Piotr	885		M-40	167	00:01:19	00:32:20.70	00:33:40.55	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
794	DERECKA Katarzyna	756	KABEL TEAM BYDGOSZCZ	K-40	88	00:01:11	00:32:21.45	00:33:33.20	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
795	KUK Sylwia	131		K-40	89	00:01:04	00:32:22.00	00:33:26.90	+00:17:10 (53.1%)	6:28	9.3 (47.0%)
796	WICHTOWSKA Ewa	163		K-30	90	00:01:04	00:32:22.55	00:33:27.15	+00:17:10 (53.1%)	6:28	9.3 (47.0%)
797	WILMA Patrycja	425		K-30	91	00:01:23	00:32:23.60	00:33:46.80	+00:17:12 (53.1%)	6:28	9.3 (47.0%)
798	WIOSNA Tomasz	449		M-30	158	00:01:20	00:32:25.60	00:33:46.35	+00:17:14 (53.1%)	6:29	9.3 (47.0%)
799	MUSZYŃSKI Adam	494		M-30	159	00:01:16	00:32:26.00	00:33:42.75	+00:17:14 (53.2%)	6:29	9.2 (46.5%)
800	DRESLERSKA Agnieszka	353		K-30	92	00:01:16	00:32:26.65	00:33:43.00	+00:17:15 (53.2%)	6:29	9.2 (46.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
801	ASTUKIEWICZ Agnieszka	299	FREAKY FIT	K-50	18	00:00:32	00:32:28.15	00:33:00.45	+00:17:16 (53.2%)	6:29	9.2 (46.5%)
802	ASTUKIEWICZ Tomasz	288		M-50	59	00:00:32	00:32:28.20	00:33:00.65	+00:17:16 (53.2%)	6:29	9.2 (46.5%)
803	UMIŃSKI Robert	614		M-40	168	00:01:15	00:32:31.50	00:33:46.95	+00:17:19 (53.3%)	6:30	9.2 (46.5%)
804	SZULC Piotr	613		M-30	160	00:01:15	00:32:31.70	00:33:47.10	+00:17:20 (53.3%)	6:30	9.2 (46.5%)
805	SZULC Piotr	615		M-10	58	00:01:15	00:32:31.80	00:33:47.50	+00:17:20 (53.3%)	6:30	9.2 (46.5%)
806	UMIŃSKA Marzena	612		K-30	93	00:01:14	00:32:33.10	00:33:48.00	+00:17:21 (53.3%)	6:30	9.2 (46.5%)
807	PIETRZYKOWSKI Adam	790		M-20	79	00:01:17	00:32:33.60	00:33:50.95	+00:17:22 (53.3%)	6:30	9.2 (46.5%)
808	MOSUR-GALICKA Angelina	828	AKADEMIA MISTRZÓW SPORTU	K-50	19	00:00:54	00:32:33.85	00:33:28.00	+00:17:22 (53.3%)	6:30	9.2 (46.5%)
809	TOKARSKA Alicja	271	VEGE RUNNERS	K-40	90	00:00:51	00:32:35.20	00:33:26.40	+00:17:23 (53.4%)	6:31	9.2 (46.5%)
810	WÓJCIK Tomasz	7		M-50	60	00:00:50	00:32:37.25	00:33:27.85	+00:17:25 (53.4%)	6:31	9.2 (46.5%)
811	POLIWODZIŃSKA Agnieszka	515	WISŁA FORDON	K-40	91	00:00:14	00:32:40.20	00:32:54.30	+00:17:28 (53.5%)	6:32	9.2 (46.5%)
812	BŁOCH Katarzyna	758		K-20	46	00:01:22	00:32:42.55	00:34:04.90	+00:17:30 (53.6%)	6:32	9.2 (46.5%)
813	ZADROŻNA Magdalena	666		K-40	92	00:00:17	00:32:44.60	00:33:02.25	+00:17:33 (53.6%)	6:32	9.2 (46.5%)
814	SOLAK Karolina	917	KOLEGIUM KUJAWSKIE	K-10	17	00:00:41	00:32:46.20	00:33:27.70	+00:17:34 (53.6%)	6:33	9.2 (46.5%)
815	MAJEWSKI Mirosław	130		M-60+	16	00:01:07	00:32:50.80	00:33:58.60	+00:17:39 (53.7%)	6:34	9.1 (46.0%)
816	ZAWADZKA Monika	290		K-30	94	00:01:07	00:32:50.95	00:33:58.00	+00:17:39 (53.7%)	6:34	9.1 (46.0%)
817	WRÓBLEWSKA Oliwia	544		K-10	18	00:00:43	00:32:51.30	00:33:34.90	+00:17:39 (53.8%)	6:34	9.1 (46.0%)
818	WOJCIECHOWSKA Maja	545		K-10	19	00:00:43	00:32:51.50	00:33:34.95	+00:17:39 (53.8%)	6:34	9.1 (46.0%)
819	JANUSZEWSKI Marcin	478		M-40	169	00:01:02	00:32:53.40	00:33:55.75	+00:17:41 (53.8%)	6:34	9.1 (46.0%)
820	KOTECKI Marcin	78		M-40	170	00:01:01	00:32:53.95	00:33:55.90	+00:17:42 (53.8%)	6:34	9.1 (46.0%)
821	SZCZEPAŃSKA-DOLNA Edyta	1027	FOREST GANG	K-50	20	00:01:17	00:32:57.10	00:34:14.40	+00:17:45 (53.9%)	6:35	9.1 (46.0%)
822	ZECH Izabela	1025	FOREST GANG	K-40	93	00:01:16	00:32:57.50	00:34:14.40	+00:17:45 (53.9%)	6:35	9.1 (46.0%)
823	SZCZUTOWSKA Olga	352		K-40	94	00:01:09	00:32:58.80	00:34:08.15	+00:17:47 (53.9%)	6:35	9.1 (46.0%)
824	LEWANDOWSKA Malwina	1079		K-30	95	00:00:47	00:33:02.75	00:33:50.05	+00:17:51 (54.0%)	6:36	9.1 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
825	JAGODZINSKI Łukasz	1083		M-20	80	00:00:47	00:33:02.90	00:33:50.15	+00:17:51 (54.0%)	6:36	9.1 (46.0%)
826	JAGODZINSKA Angelika	1081		K-20	47	00:00:47	00:33:03.00	00:33:50.15	+00:17:51 (54.0%)	6:36	9.1 (46.0%)
827	POZORSKA Klaudia	996		K-10	20	00:00:55	00:33:03.85	00:33:59.55	+00:17:52 (54.0%)	6:36	9.1 (46.0%)
828	RYMER Jarosław	676		M-10	59	00:01:22	00:33:06.35	00:34:29.25	+00:17:54 (54.1%)	6:37	9.1 (46.0%)
829	JARZEMSKI Marcin	785		M-30	161	00:00:45	00:33:06.50	00:33:52.25	+00:17:54 (54.1%)	6:37	9.1 (46.0%)
830	JARZEMSKA Alicja	688		K-30	96	00:00:45	00:33:06.70	00:33:52.10	+00:17:55 (54.1%)	6:37	9.1 (46.0%)
831		1125				00:00:45	00:33:06.80	00:33:52.35	+00:17:55 (54.1%)	6:37	9.1 (46.0%)
832	DUDZIAK Adam	768		M-50	61	00:00:44	00:33:08.20	00:33:52.45	+00:17:56 (54.1%)	6:37	9.1 (46.0%)
833	LASKOWSKA Daria	550		K-20	48	00:00:42	00:33:08.75	00:33:50.85	+00:17:57 (54.2%)	6:37	9.1 (46.0%)
834	SOBOTA Beata	512		K-40	95	00:00:53	00:33:09.00	00:34:02.25	+00:17:57 (54.2%)	6:37	9 (45.5%)
835	TYKWIŃSKI Krzysztof	650		M-40	171	00:00:33	00:33:12.20	00:33:46.05	+00:18:00 (54.2%)	6:38	9 (45.5%)
836	SKĄPSKI Łukasz	631		M-Open	1	00:00:33	00:33:12.35	00:33:46.10	+00:18:00 (54.2%)	6:38	9 (45.5%)
837	JEN Andrzej	643		M-50	62	00:00:12	00:33:13.70	00:33:26.55	+00:18:02 (54.3%)	6:38	9 (45.5%)
838	BONIN Karolina	962		K-30	97	00:01:19	00:33:14.30	00:34:33.55	+00:18:02 (54.3%)	6:38	9 (45.5%)
839	RZEPczyński Tomasz	776	GRYF BYDGOSZCZ	M-40	172	00:00:43	00:33:17.10	00:34:00.65	+00:18:05 (54.4%)	6:39	9 (45.5%)
840	PŁOMIŃSKA Monika	919		K-30	98	00:00:16	00:33:18.05	00:33:34.75	+00:18:06 (54.4%)	6:39	9 (45.5%)
841	SERAFIN Paulina	867		K-10	21	00:00:44	00:33:18.70	00:34:03.60	+00:18:07 (54.4%)	6:39	9 (45.5%)
842	URBANEK Magda	1120	SPORTOWA PACZKA POCZTOWA GRUPA BIEGOWA	K-30	99	00:01:10	00:33:18.75	00:34:29.25	+00:18:07 (54.4%)	6:39	9 (45.5%)
843	WŁODARCZYK Olga	1014	Z BUTA W ŚWIAT	K-20	49	00:01:10	00:33:18.80	00:34:29.50	+00:18:07 (54.4%)	6:39	9 (45.5%)
844	DEMBOWSKI Łukasz	601		M-20	81	00:01:24	00:33:19.20	00:34:43.90	+00:18:07 (54.4%)	6:39	9 (45.5%)
845	DEMBOWSKA Marta	602		K-20	50	00:01:24	00:33:19.40	00:34:43.75	+00:18:07 (54.4%)	6:39	9 (45.5%)
846	JAWORSKA Michalina	859	STOWARZYSZENIE "DZIĘKI WAM"	K-10	22	00:00:30	00:33:23.25	00:33:54.10	+00:18:11 (54.5%)	6:40	9 (45.5%)
847	SZCZEPAŃSKA Jarka	1065		K-30	100	00:00:14	00:33:23.50	00:33:37.75	+00:18:11 (54.5%)	6:40	9 (45.5%)
848	IWANIUK Jacek	43		M-40	173	00:00:50	00:33:24.65	00:34:15.20	+00:18:13 (54.5%)	6:40	9 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
849	TEMPSKA Agnieszka	843	FREAKY FIT TEAM	K-40	96	00:00:32	00:33:25.75	00:33:57.90	+00:18:14 (54.6%)	6:41	9 (45.5%)
850	GURYN Wiktor	334	ZIELONY PELIKAN	M-30	162	00:00:36	00:33:31.20	00:34:07.60	+00:18:19 (54.7%)	6:42	9 (45.5%)
851	STOIŃSKI Paweł	801		M-20	82	00:01:26	00:33:31.75	00:34:57.80	+00:18:20 (54.7%)	6:42	9 (45.5%)
852	GÓRNA Michalina	800		K-30	101	00:01:25	00:33:32.00	00:34:57.80	+00:18:20 (54.7%)	6:42	8.9 (44.9%)
853	RADZIEJEWSKA Grażyna	105		K-50	21	00:00:55	00:33:32.50	00:34:27.80	+00:18:20 (54.7%)	6:42	8.9 (44.9%)
853	MARKOWSKA-BAUMGART Aneta	596	BIEGAJ Z DĘBAMI	K-60+	4	00:01:26	00:33:32.50	00:34:58.65	+00:18:20 (54.7%)	6:42	8.9 (44.9%)
855	OWCZARSKI Krzysztof	832		M-30	163	00:00:45	00:33:34.95	00:34:20.40	+00:18:23 (54.8%)	6:42	8.9 (44.9%)
856	JAGODZIŃSKI Karol	365		M-50	63	00:01:16	00:33:35.75	00:34:52.20	+00:18:24 (54.8%)	6:43	8.9 (44.9%)
857	SURMACZ Marcin	479		M-40	174	00:00:50	00:33:36.30	00:34:26.55	+00:18:24 (54.8%)	6:43	8.9 (44.9%)
858	PIÓRKOWSKA Aga	28	BRB BYDGOSZCZ	K-40	97	00:01:12	00:33:46.05	00:34:58.85	+00:18:34 (55.0%)	6:45	8.9 (44.9%)
859	TARKA Agnieszka	322		K-30	102	00:00:10	00:33:46.80	00:33:57.15	+00:18:35 (55.0%)	6:45	8.9 (44.9%)
860	MIKOŁAJEWSKA Dominika	362		K-20	51	00:01:18	00:33:48.15	00:35:06.20	+00:18:36 (55.1%)	6:45	8.9 (44.9%)
861	FRĄCKOWSKI Łukasz	90	THE TRI DOCTOR	M-20	83	00:01:28	00:33:48.20	00:35:16.35	+00:18:36 (55.1%)	6:45	8.9 (44.9%)
862	FRĄCKOWSKA Daria	91	LEKARKA W BIEGU	K-20	52	00:01:27	00:33:48.85	00:35:16.70	+00:18:37 (55.1%)	6:45	8.9 (44.9%)
863	KARCZ Marta	864	R.K.S. HUWDU	K-30	103	00:01:09	00:33:50.20	00:34:59.65	+00:18:38 (55.1%)	6:46	8.9 (44.9%)
864	SIEWERT Nadia	1054		K-10	23	00:00:20	00:33:53.85	00:34:14.65	+00:18:42 (55.2%)	6:46	8.9 (44.9%)
865	JAWORSKA Marcelina	860	STOWARZYSZENIE "DZIĘKI WAM"	K-10	24	00:00:31	00:33:54.45	00:34:25.90	+00:18:42 (55.2%)	6:46	8.8 (44.4%)
866	JAWORSKI Adam	856	STOWARZYSZENIE "DZIĘKI WAM"	M-40	175	00:00:30	00:33:55.05	00:34:26.00	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
867	OLECHNOWICZ Tomasz	1056	WALECZNE DZIECIAKI	M-50	64	00:01:10	00:33:55.10	00:35:05.15	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
868	OLECHNOWICZ Maciej	1057	GWIAZDA BYDGOSZCZ	M-10	60	00:01:09	00:33:55.30	00:35:05.15	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
869	GACKOWSKI Edward	536		M-60+	17	00:01:15	00:33:59.20	00:35:14.25	+00:18:47 (55.3%)	6:47	8.8 (44.4%)
870	RYMER Agnieszka	675		K-40	98	00:01:24	00:34:01.25	00:35:26.20	+00:18:49 (55.3%)	6:48	8.8 (44.4%)
871	RYMER Adam	674		M-40	176	00:01:24	00:34:01.50	00:35:26.35	+00:18:49 (55.3%)	6:48	8.8 (44.4%)
872	BIESEK Oliwia	839		K-10	25	00:00:19	00:34:03.10	00:34:23.05	+00:18:51 (55.4%)	6:48	8.8 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
873	MIELCARSKA Izabela	303	MIELCAR TEAM	K-40	99	00:01:11	00:34:03.40	00:35:15.15	+00:18:51 (55.4%)	6:48	8.8 (44.4%)
874	KŁODA Karolina	838		K-40	100	00:00:20	00:34:03.75	00:34:23.90	+00:18:52 (55.4%)	6:48	8.8 (44.4%)
875	TARKA Roksana	323		K-10	26	00:00:10	00:34:04.55	00:34:14.85	+00:18:52 (55.4%)	6:48	8.8 (44.4%)
876	NOWACKA Katarzyna	354		K-30	104	00:01:09	00:34:05.30	00:35:15.15	+00:18:53 (55.4%)	6:49	8.8 (44.4%)
877	PIETKUN Ryszard	743		M-60+	18	00:01:08	00:34:10.50	00:35:19.05	+00:18:58 (55.5%)	6:50	8.8 (44.4%)
878	WOŹNIAK Anna	21		K-40	101	00:00:16	00:34:11.65	00:34:28.35	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
878	OSTROWSKA Renata	25		K-40	101	00:00:16	00:34:11.65	00:34:28.30	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
880	SOCHACKI Przemysław	699		M-10	61	00:00:27	00:34:11.75	00:34:39.40	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
881	FLORCZAK Krzysztof	722		M-10	62	00:00:27	00:34:12.15	00:34:39.50	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
882	LENC Janusz	343	TKKF KOLEJARZ BYDGOSZCZ	M-60+	19	00:01:02	00:34:14.20	00:35:16.65	+00:19:02 (55.6%)	6:50	8.8 (44.4%)
883	KWASIGROCH Aleksandra	732		K-50	22	00:00:20	00:34:18.05	00:34:38.55	+00:19:06 (55.7%)	6:51	8.7 (43.9%)
884	ŻELAZKO Anna	366		K-30	105	00:01:09	00:34:20.20	00:35:29.85	+00:19:08 (55.8%)	6:52	8.7 (43.9%)
885	KUJAWA Iwona	957		K-30	106	00:00:39	00:34:23.85	00:35:03.80	+00:19:12 (55.8%)	6:52	8.7 (43.9%)
886	ANESZKO Bartłomiej	476		M-30	164	00:00:54	00:34:24.25	00:35:18.75	+00:19:12 (55.8%)	6:52	8.7 (43.9%)
887	WEGNER Roman	1022		M-50	65	00:00:43	00:34:24.60	00:35:07.75	+00:19:13 (55.8%)	6:52	8.7 (43.9%)
888	MALCZEWSKA Mirka	242		K-60+	5	00:00:40	00:34:30.30	00:35:11.00	+00:19:18 (56.0%)	6:54	8.7 (43.9%)
889	MIELCAREK Ania	356		K-40	103	00:01:04	00:34:31.35	00:35:36.10	+00:19:19 (56.0%)	6:54	8.7 (43.9%)
890	ZIELIŃSKA Agnieszka	781		K-40	104	00:00:21	00:34:35.25	00:34:57.00	+00:19:23 (56.1%)	6:55	8.7 (43.9%)
891	KOŹMA Paweł	433		M-30	165	00:00:36	00:34:40.30	00:35:17.25	+00:19:28 (56.2%)	6:56	8.7 (43.9%)
892	POROŻYŃSKA Anna	434		K-30	107	00:00:36	00:34:40.80	00:35:16.90	+00:19:29 (56.2%)	6:56	8.7 (43.9%)
893	BURNICKA Ewa	429		K-50	23	00:00:34	00:34:42.20	00:35:16.35	+00:19:30 (56.2%)	6:56	8.6 (43.4%)
894	ŁAKOMSKA - OPALA Iwona	270		K-40	105	00:00:56	00:34:42.50	00:35:39.45	+00:19:30 (56.2%)	6:56	8.6 (43.4%)
895	OSIŃSKI Dominik	603		M-30	166	00:00:00	00:34:43.45	00:34:43.45	+00:19:31 (56.2%)	6:56	8.6 (43.4%)
896	PIĄTEK Marta	661		K-20	53	00:00:22	00:34:46.00	00:35:08.70	+00:19:34 (56.3%)	6:57	8.6 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
897	SURMACZ Natalia	480		K-10	27	00:00:50	00:34:46.10	00:35:36.70	+00:19:34 (56.3%)	6:57	8.6 (43.4%)
898	KOPYTOWSKA Mariola	721		K-30	108	00:00:22	00:34:46.30	00:35:08.80	+00:19:34 (56.3%)	6:57	8.6 (43.4%)
899	CZAJKOWSKI Kamil	703		M-20	84	00:01:06	00:34:50.15	00:35:56.95	+00:19:38 (56.4%)	6:58	8.6 (43.4%)
900	RATAJCZAK Aurelia	660		K-40	106	00:00:19	00:34:51.45	00:35:10.75	+00:19:39 (56.4%)	6:58	8.6 (43.4%)
901	GORZYNSKI Arkadiusz	659	ŻÓŁTOKRÓLEWSCY	M-40	177	00:00:19	00:34:51.70	00:35:10.90	+00:19:40 (56.4%)	6:58	8.6 (43.4%)
902	RUJNER Klara	111	KTR MASA TURYSTYCZNA	K-50	24	00:01:01	00:34:57.40	00:35:58.90	+00:19:45 (56.5%)	6:59	8.6 (43.4%)
903	WYPYCH-KLUNDER Katarzyna	174		K-30	109	00:00:22	00:34:58.35	00:35:20.55	+00:19:46 (56.6%)	6:59	8.6 (43.4%)
904	MĄDRY Wojciech	1087	POLI-FAX UL. BOCZNA 10	M-30	167	00:00:25	00:35:00.85	00:35:26.60	+00:19:49 (56.6%)	7:00	8.6 (43.4%)
905	JASIŃSKI Kacper	831		M-10	63	00:00:04	00:35:01.90	00:35:06.05	+00:19:50 (56.6%)	7:00	8.6 (43.4%)
906	JASIŃSKI Grzegorz	830		M-30	168	00:00:04	00:35:01.95	00:35:06.30	+00:19:50 (56.6%)	7:00	8.6 (43.4%)
907	PRUS-FABISZAK Beata	935		K-30	110	00:00:44	00:35:06.75	00:35:51.25	+00:19:55 (56.7%)	7:01	8.5 (42.9%)
908	KOPACZYK Maciej	926		M-20	85	00:00:48	00:35:08.65	00:35:57.45	+00:19:57 (56.8%)	7:01	8.5 (42.9%)
908	URBANIAK Martyna	849		K-10	28	00:00:48	00:35:08.65	00:35:57.45	+00:19:57 (56.8%)	7:01	8.5 (42.9%)
910	SMUŁKA Patryk	727		M-30	169	00:01:00	00:35:09.55	00:36:10.50	+00:19:57 (56.8%)	7:01	8.5 (42.9%)
911	RUDNIKOWSKI Andrzej	148		M-50	66	00:00:58	00:35:10.05	00:36:08.80	+00:19:58 (56.8%)	7:02	8.5 (42.9%)
912	ŁUSZCZYNA Karolina	1119		K-40	107	00:00:42	00:35:12.65	00:35:55.30	+00:20:01 (56.9%)	7:02	8.5 (42.9%)
913	GOZDZIK Tomasz	760		M-30	170	00:00:42	00:35:12.90	00:35:55.55	+00:20:01 (56.9%)	7:02	8.5 (42.9%)
914	MIKOŁAJCZAK Martyna	375	KPCP SMUKAŁA	K-20	54	00:00:55	00:35:14.75	00:36:10.25	+00:20:03 (56.9%)	7:02	8.5 (42.9%)
915	GARBACZEWSKA Anna	943		K-30	111	00:00:25	00:35:27.05	00:35:52.75	+00:20:15 (57.1%)	7:05	8.5 (42.9%)
916	WISNIEWSKA Malgorzata	483		K-50	25	00:01:02	00:35:31.70	00:36:34.15	+00:20:20 (57.2%)	7:06	8.4 (42.4%)
917	CHMARA-SZATKOWSKA Paulina	657	BECOME ONE	K-20	55	00:00:20	00:35:36.95	00:35:56.95	+00:20:25 (57.3%)	7:07	8.4 (42.4%)
918	NOWAKOWSKA-SZWAJCA Anna	18		K-50	26	00:00:54	00:35:38.00	00:36:32.10	+00:20:26 (57.4%)	7:07	8.4 (42.4%)
919	KANJERSKI Jerzy	427	RUN BYDGOSZCZ	M-60+	20	00:00:47	00:35:39.00	00:36:26.75	+00:20:27 (57.4%)	7:07	8.4 (42.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
920	CZYŻNIKOWSKA Anna	807		K-30	112	00:01:07	00:35:43.50	00:36:51.00	+00:20:31 (57.5%)	7:08	8.4 (42.4%)
921	PROWADZISZ Justyna	870		K-40	108	00:01:21	00:35:43.85	00:37:05.20	+00:20:32 (57.5%)	7:08	8.4 (42.4%)
922	SKRODZKA Natalia	970		K-10	29	00:00:39	00:35:45.45	00:36:25.35	+00:20:33 (57.5%)	7:09	8.4 (42.4%)
923	SKRODZKA Anna	969		K-40	109	00:00:38	00:35:47.10	00:36:25.25	+00:20:35 (57.5%)	7:09	8.4 (42.4%)
924	WIESE Grzegorz	236		M-60+	21	00:00:55	00:35:49.35	00:36:45.15	+00:20:37 (57.6%)	7:09	8.4 (42.4%)
925	CHOLEWCZYŃSKI Dariusz	641		M-Open	2	00:00:41	00:36:03.55	00:36:44.90	+00:20:51 (57.9%)	7:12	8.3 (41.9%)
926	REINKE Joanna	126		K-30	113	00:00:05	00:36:03.60	00:36:09.10	+00:20:52 (57.9%)	7:12	8.3 (41.9%)
927	CHOLEWCZYŃSKA Dorota	642		K-50	27	00:00:41	00:36:03.65	00:36:44.70	+00:20:52 (57.9%)	7:12	8.3 (41.9%)
928	BRODA Nadia	918	KOLEGIUM KUJAWSKIE	K-10	30	00:00:42	00:36:03.80	00:36:45.85	+00:20:52 (57.9%)	7:12	8.3 (41.9%)
929	SIEWERT Iwona	1053		K-40	110	00:00:21	00:36:04.65	00:36:25.70	+00:20:53 (57.9%)	7:12	8.3 (41.9%)
930	SAWIEŁAJC Michał	320	BIZON	M-40	178	00:00:33	00:36:09.30	00:36:42.50	+00:20:57 (58.0%)	7:13	8.3 (41.9%)
931	RYCIO-SAWIEŁAJC Joanna	321		K-40	111	00:00:32	00:36:09.80	00:36:42.75	+00:20:58 (58.0%)	7:13	8.3 (41.9%)
932	SPRENGEL Agnieszka	682		K-40	112	00:01:19	00:36:10.15	00:37:29.80	+00:20:58 (58.0%)	7:14	8.3 (41.9%)
933	KASPEROWICZ Paweł	694		M-30	171	00:00:29	00:36:11.10	00:36:40.20	+00:20:59 (58.0%)	7:14	8.3 (41.9%)
934	ŻURAWSKI Michał	14	RUN LOTTO-BYDGOSTIA	M-40	179	00:01:25	00:36:11.55	00:37:37.00	+00:20:59 (58.0%)	7:14	8.3 (41.9%)
935	KASPEROWICZ Jakub	696		M-10	64	00:00:28	00:36:11.65	00:36:40.20	+00:21:00 (58.0%)	7:14	8.3 (41.9%)
936	PIĘKNA Monika	204		K-40	113	00:01:04	00:36:16.30	00:37:20.45	+00:21:04 (58.1%)	7:15	8.3 (41.9%)
937	DYNIĘWSKA Agnieszka	208	GRUPABTŻ	K-50	28	00:01:04	00:36:16.40	00:37:20.40	+00:21:04 (58.1%)	7:15	8.3 (41.9%)
938	WILANDT-SOBKO Marta	708		K-20	56	00:00:18	00:36:19.45	00:36:38.20	+00:21:07 (58.2%)	7:15	8.3 (41.9%)
939	WILANDT Natalia	709		K-20	57	00:00:18	00:36:19.65	00:36:38.25	+00:21:08 (58.2%)	7:15	8.3 (41.9%)
940	MAZURKIEWICZ Aniela	972	KOLEGIUM KUJAWSKIE	K-50	29	00:00:38	00:36:31.90	00:37:10.05	+00:21:20 (58.4%)	7:18	8.2 (41.4%)
941	MAJEWSKA Martyna	286		K-10	31	00:00:00	00:36:34.15	00:36:34.15	+00:21:22 (58.5%)	7:18	8.2 (41.4%)
942	KUKUŁA Aleksandra	567		K-20	58	00:01:19	00:36:51.10	00:38:10.95	+00:21:39 (58.8%)	7:22	8.1 (40.9%)
943	PALACZ Wioletta	469	POLONIA BYDGOSZCZ SLA	K-40	114	00:00:58	00:36:54.35	00:37:52.35	+00:21:42 (58.8%)	7:22	8.1 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
944	PALACZ Dawid	470		M-10	65	00:00:57	00:36:54.45	00:37:52.20	+00:21:42 (58.8%)	7:22	8.1 (40.9%)
945	STANISZEWSKA Aleksandra	913		K-30	114	00:00:40	00:36:58.80	00:37:39.25	+00:21:47 (58.9%)	7:23	8.1 (40.9%)
946	RAPCA Krzysztof	1063		M-40	180	00:00:14	00:37:09.50	00:37:24.15	+00:21:57 (59.1%)	7:25	8.1 (40.9%)
947	POLITOWSKA Ewa	1104		K-30	115	00:00:14	00:37:09.60	00:37:24.20	+00:21:58 (59.1%)	7:25	8.1 (40.9%)
948	WIŚNIEWSKA Karina	716		K-20	59	00:00:00	00:37:19.00	00:37:19.00	+00:22:07 (59.3%)	7:27	8 (40.4%)
949	GILEWSKA Julia	740		K-20	60	00:00:00	00:37:22.05	00:37:22.05	+00:22:10 (59.3%)	7:28	8 (40.4%)
950	PILECKI Gustaw	715	BRZOZA BIEGA	M-60+	22	00:00:11	00:37:23.30	00:37:34.90	+00:22:11 (59.4%)	7:28	8 (40.4%)
951	WÓJCIK Mikołaj	9		M-10	66	00:00:45	00:37:28.40	00:38:13.80	+00:22:16 (59.5%)	7:29	8 (40.4%)
952	WÓJCIK Anna	6		K-40	115	00:00:45	00:37:29.55	00:38:14.75	+00:22:17 (59.5%)	7:29	8 (40.4%)
953	LEWANDOWSKA Weronika	921		K-10	32	00:00:46	00:37:29.90	00:38:16.20	+00:22:18 (59.5%)	7:29	8 (40.4%)
954	WIATROWSKA Wiktoria	947		K-10	33	00:00:46	00:37:30.05	00:38:16.40	+00:22:18 (59.5%)	7:30	8 (40.4%)
955	BIERYT Arkadiusz	1074	POLI-FAX UL. BOCZNA 10	M-50	67	00:00:13	00:37:34.25	00:37:47.25	+00:22:22 (59.6%)	7:30	8 (40.4%)
956	MIKOŁAJSKA Agata	896		K-20	61	00:00:04	00:37:35.50	00:37:40.40	+00:22:23 (59.6%)	7:31	8 (40.4%)
957	KARDASIŃSKA Marta	89		K-20	62	00:00:34	00:37:37.80	00:38:11.80	+00:22:26 (59.6%)	7:31	8 (40.4%)
958	KACZMAREK Adam	421	#4FAJTER	M-40	181	00:00:40	00:37:39.00	00:38:19.70	+00:22:27 (59.6%)	7:31	8 (40.4%)
959	TYMIŃSKI Łukasz	419	4FAJTER	M-30	172	00:00:40	00:37:39.50	00:38:20.00	+00:22:27 (59.7%)	7:31	8 (40.4%)
960	TYMIŃSKA Beata	418	4FAJTER	K-30	116	00:00:40	00:37:39.75	00:38:19.75	+00:22:28 (59.7%)	7:31	8 (40.4%)
961	WOŹNIAK Alina	592		K-50	30	00:00:42	00:37:41.60	00:38:23.85	+00:22:30 (59.7%)	7:32	8 (40.4%)
962	SŁOMSKI Jakub	835	BYDGOSKA SEKCJA WKKK	M-10	67	00:00:05	00:38:02.10	00:38:07.45	+00:22:50 (60.1%)	7:36	7.9 (39.9%)
963	GORZYCKI Dariusz	465	BYDGOSKA SEKCJA WKKK	M-50	68	00:00:05	00:38:03.05	00:38:08.55	+00:22:51 (60.1%)	7:36	7.9 (39.9%)
964	KOTECKA Agnieszka	284		K-20	63	00:00:32	00:38:16.75	00:38:48.75	+00:23:05 (60.3%)	7:39	7.8 (39.4%)
965	WIDAWSKA Anna	750		K-40	116	00:01:17	00:38:24.75	00:39:42.45	+00:23:13 (60.4%)	7:40	7.8 (39.4%)
966	MARĆ Natalia	748		K-30	117	00:01:18	00:38:24.80	00:39:42.80	+00:23:13 (60.4%)	7:40	7.8 (39.4%)
967	OSUCH Małgorzata	381		K-30	118	00:00:29	00:39:04.15	00:39:33.75	+00:23:52 (61.1%)	7:48	7.7 (38.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
968	PILARSKI Adam	1096		M-20	86	00:01:01	00:39:08.00	00:40:09.05	+00:23:56 (61.2%)	7:49	7.7 (38.9%)
969	KARWASZ Martyna	1095		K-20	64	00:01:00	00:39:08.50	00:40:09.25	+00:23:56 (61.2%)	7:49	7.7 (38.9%)
970	KULCZYŃSKI Robert	883	KOLEGIUM KUJAWSKIE	M-40	182	00:00:37	00:39:30.75	00:40:08.05	+00:24:19 (61.5%)	7:54	7.6 (38.4%)
971	REINHOLZ Mateusz	1072		M-20	87	00:00:11	00:39:49.80	00:40:01.35	+00:24:38 (61.9%)	7:57	7.5 (37.9%)
972	WŁOCH Sandra	1073		K-20	65	00:00:11	00:39:49.85	00:40:01.20	+00:24:38 (61.9%)	7:57	7.5 (37.9%)
973	HEYMANN Maria	88		K-50	31	00:00:33	00:40:11.15	00:40:44.85	+00:24:59 (62.2%)	8:02	7.5 (37.9%)
974	MAŁKOWSKA Dorota	898		K-30	119	00:00:49	00:40:18.10	00:41:07.65	+00:25:06 (62.3%)	8:03	7.4 (37.4%)
975	BOROWICZ Malgorzata	563	KLUB ZDROWIA	K-40	117	00:00:00	00:40:37.55	00:40:37.55	+00:25:25 (62.6%)	8:07	7.4 (37.4%)
976	JANKOWSKA Małgorzata	1037	KOLEGIUM KUJAWSKIE	K-40	118	00:00:43	00:40:38.90	00:41:22.10	+00:25:27 (62.6%)	8:07	7.4 (37.4%)
977	CHOLEWCZYŃSKA Barbara	150		K-40	119	00:00:41	00:41:08.05	00:41:49.65	+00:25:56 (63.1%)	8:13	7.3 (36.9%)
978	CHOLEWCZYŃSKA Martyna	151		K-10	34	00:00:41	00:41:08.30	00:41:49.75	+00:25:56 (63.1%)	8:13	7.3 (36.9%)
979	LATOS Paweł	133		M-30	173	00:01:17	00:41:11.15	00:42:28.60	+00:25:59 (63.1%)	8:14	7.3 (36.9%)
979	LATOS Barbara	134		K-30	120	00:01:17	00:41:11.15	00:42:28.70	+00:25:59 (63.1%)	8:14	7.3 (36.9%)
981	MACKIEWICZ Beata	224		K-40	120	00:00:26	00:41:25.95	00:41:52.00	+00:26:14 (63.3%)	8:17	7.2 (36.4%)
982	POPIELARZ Anna	213		K-50	32	00:00:25	00:41:26.75	00:41:52.30	+00:26:15 (63.3%)	8:17	7.2 (36.4%)
983	PĘKALA Wojciech	589	BLUSZCZOWA RZEKA	M-60+	23	00:00:19	00:41:40.75	00:41:59.90	+00:26:29 (63.5%)	8:20	7.2 (36.4%)
984	ŚWIĄTEK Katarzyna	625		K-20	66	00:01:15	00:43:22.00	00:44:37.45	+00:28:10 (65.0%)	8:40	6.9 (34.8%)
985	LEWANDOWSKI Mateusz	628		M-20	88	00:01:15	00:43:22.50	00:44:37.75	+00:28:10 (65.0%)	8:40	6.9 (34.8%)
986	ANGIEL Władysław	344	TKKF KOLEJARZ BYDGOSZCZ	M-60+	24	00:00:04	00:44:50.15	00:44:55.00	+00:29:38 (66.1%)	8:58	6.7 (33.8%)
987	KRUPA Paulina	651		K-20	67	00:00:36	00:47:25.35	00:48:02.05	+00:32:13 (68.0%)	9:29	6.3 (31.8%)
988	KUZNIAR Daniel	647		M-30	174	00:00:37	00:47:25.65	00:48:03.05	+00:32:14 (68.0%)	9:29	6.3 (31.8%)
989	BADOWSKI Krzysztof	617		M-50	69	00:00:36	00:47:25.75	00:48:01.90	+00:32:14 (68.0%)	9:29	6.3 (31.8%)
990	WRÓBEL Antoni	621		M-10	68	00:00:00	00:48:04.05	00:48:04.05	+00:32:52 (68.4%)	9:36	6.2 (31.3%)
991	GRUSZCZYŃSKI Marcin	618		M-Open	3	00:00:00	00:48:04.25	00:48:04.25	+00:32:52 (68.4%)	9:36	6.2 (31.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
992	WRZESIŃSKA Anna	22		K-30	121	00:00:00			+	3:46	15.9 (80.3%)
993	OSIŃSKI Dominik	603		M-30	175	00:00:00			+	7:00	8.6 (43.4%)
994	TOMCZAK Katarzyna	637		K-40	121	00:00:39					(0.0%)
995	CHNURZYŃSKA Ewa	633		K-Open	2	00:00:39					(0.0%)
996	CICHY Łukasz	648		M-30	176	00:00:39					(0.0%)
997	KRUCZKOWSKI Adam	644		M-50	70	00:00:39					(0.0%)
998	KRÓL Wiesław	635		M-50	71	00:00:40					(0.0%)
999	GŁOWACKI Jarosław	579	ADP BYDGOSZCZ	M-20	89	00:01:01					(0.0%)
1000	ŚLIWIŃSKI Piotr	632		M-50	72	00:01:26					(0.0%)
1001	KRÓL Janina	634		K-50	33	00:01:27					(0.0%)
1002	MYLER Georgina	630		K-30	122	00:01:27					(0.0%)
1003	CHMURZYŃSKI Tomasz	620		M-50	73	00:01:27					(0.0%)

Znaleziono 1003 wynik(ów)