



BYDGOSKI BIEG NIEPODLEGŁOŚCI 2022

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2022-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	FUZ Marek	310	KABEL TEAM BYDGOSZCZ	M-50	1	00:00:02	00:19:01.90	00:19:04.50		3:48	15.8 (100%)
2	PAWLIK Stanisław	923		M-50	2	00:00:03	00:19:17.70	00:19:20.80	+00:00:15 (1.4%)	3:51	15.6 (98.7%)
3	BEJGIER Edmund	641	BIEGAM Z DĘBAMI OSIELSKO	M-50	3	00:00:03	00:19:33.50	00:19:37.00	+00:00:31 (2.7%)	3:54	15.3 (96.8%)
4	KRYGOWSKI Tomasz	256		M-50	4	00:00:03	00:20:01.45	00:20:05.30	+00:00:59 (5.0%)	4:00	15 (94.9%)
5	SKARBEK Marek	979	RUN BYDGOSZCZ	M-50	5	00:00:05	00:21:08.40	00:21:13.40	+00:02:06 (10.0%)	4:13	14.2 (89.9%)
6	GAŚSIOROWSKI Mariusz	431		M-50	6	00:00:13	00:21:25.05	00:21:38.95	+00:02:23 (11.1%)	4:17	14 (88.6%)
7	MEYER Marek	1070		M-50	7	00:00:39	00:21:27.60	00:22:07.45	+00:02:25 (11.3%)	4:17	14 (88.6%)
8	CHORAŻAK Sławek	966		M-50	8	00:00:18	00:21:47.90	00:22:06.70	+00:02:46 (12.7%)	4:21	13.8 (87.3%)
9	KRZYŻANOWSKI Robert	1167		M-50	9	00:00:09	00:22:08.80	00:22:18.15	+00:03:06 (14.1%)	4:25	13.6 (86.1%)
10	RYDLEWSKI Marek	661	RUN BYDGOSZCZ	M-50	10	00:00:09	00:22:13.40	00:22:23.20	+00:03:11 (14.4%)	4:26	13.5 (85.4%)
11	WNUCZYŃSKI Andrzej	379	ORANGE	M-50	11	00:00:08	00:22:15.05	00:22:23.65	+00:03:13 (14.5%)	4:27	13.5 (85.4%)
12	BARRKOWSKI Marek	1046	ENDURETEAM	M-50	12	00:00:15	00:22:16.15	00:22:31.80	+00:03:14 (14.5%)	4:27	13.5 (85.4%)
13	KAŻMIRSKI Dariusz	928	SUPRAVIS S.A.	M-50	13	00:00:02	00:22:30.60	00:22:32.85	+00:03:28 (15.5%)	4:30	13.3 (84.2%)
14	PAWŁOWSKI Radosław	233		M-50	14	00:00:27	00:22:31.80	00:22:59.60	+00:03:29 (15.5%)	4:30	13.3 (84.2%)
15	MICHALAK Wojciech	467		M-50	15	00:00:25	00:22:37.95	00:23:03.10	+00:03:36 (15.9%)	4:31	13.3 (84.2%)
16	JANCOWSKI Wojciech	1007		M-50	16	00:00:21	00:22:47.70	00:23:08.75	+00:03:45 (16.5%)	4:33	13.2 (83.5%)
17	DOMŻALSKI Marek	721		M-50	17	00:00:24	00:22:50.05	00:23:14.60	+00:03:48 (16.7%)	4:34	13.1 (82.9%)
18	KAZUBOWSKI Jacek	673	KAZUBKI TEAM/TRIDARKO	M-50	18	00:00:10	00:22:58.10	00:23:08.20	+00:03:56 (17.1%)	4:35	13.1 (82.9%)
19	NURKIEWICZ Jarosław	884	KUNG FU PANDY 3	M-50	19	00:00:22	00:23:01.10	00:23:24.00	+00:03:59 (17.3%)	4:36	13 (82.3%)
20	GLAMA Stanisław	414	ASBOX	M-50	20	00:00:23	00:23:04.65	00:23:27.95	+00:04:02 (17.5%)	4:36	13 (82.3%)
21	KAPANOWSKI Sylwester	39		M-50	21	00:00:36	00:23:21.95	00:23:58.30	+00:04:20 (18.5%)	4:40	12.8 (81.0%)
22	CIESIELSKI Arkadiusz	683	56 BLOT	M-50	22	00:00:17	00:23:28.45	00:23:45.85	+00:04:26 (18.9%)	4:41	12.8 (81.0%)
23	CIEMNY Tomasz	307		M-50	23	00:00:17	00:23:30.25	00:23:47.95	+00:04:28 (19.0%)	4:42	12.8 (81.0%)
24	SOBAŃSKI Mariusz	497		M-50	24	00:00:02	00:23:32.90	00:23:35.65	+00:04:31 (19.2%)	4:42	12.7 (80.4%)
25	WĘGRZYNOWSKI Sławomir	312	KABEL TEAM BYDGOSZCZ	M-50	25	00:00:56	00:23:38.25	00:24:35.00	+00:04:36 (19.5%)	4:43	12.7 (80.4%)
26	KALINOWSKI Zbigniew	560		M-50	26	00:00:32	00:23:56.90	00:24:29.15	+00:04:55 (20.5%)	4:47	12.5 (79.1%)
27	RÓŻYCKI Dariusz	1111	BYDGOSKIE ŻÓŁWIE	M-50	27	00:00:04	00:24:03.45	00:24:07.60	+00:05:01 (20.9%)	4:48	12.5 (79.1%)
28	PIASECKI Włodzimierz	1212		M-50	28	00:00:14	00:24:21.95	00:24:36.70	+00:05:20 (21.9%)	4:52	12.3 (77.8%)
29	ROSSA Sławomir	354		M-50	29	00:00:07	00:24:26.10	00:24:33.90	+00:05:24 (22.1%)	4:53	12.3 (77.8%)
30	KAJA Andrzej	1178		M-50	30	00:00:25	00:24:36.60	00:25:02.05	+00:05:34 (22.7%)	4:55	12.2 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	JESKE Marek	555	RUN BYDGOSZCZ	M-50	31	00:00:07	00:24:38.35	00:24:46.15	+00:05:36 (22.8%)	4:55	12.2 (77.2%)
32	WŁODARCZYK Wojciech	411		M-50	32	00:00:41	00:24:38.60	00:25:20.55	+00:05:36 (22.8%)	4:55	12.2 (77.2%)
33	SZMELTER Michał	527		M-50	33	00:00:49	00:24:51.60	00:25:40.70	+00:05:49 (23.4%)	4:58	12.1 (76.6%)
34	MROZIK Andrzej	672		M-50	34	00:00:47	00:24:54.20	00:25:41.80	+00:05:52 (23.6%)	4:58	12 (75.9%)
35	OWCZARZAK Michał	126	SMAKOSZE	M-50	35	00:00:52	00:25:20.10	00:26:12.90	+00:06:18 (24.9%)	5:04	11.8 (74.7%)
36	CIESIELSKI Mirosław	231		M-50	36	00:00:42	00:25:34.60	00:26:17.50	+00:06:32 (25.6%)	5:06	11.7 (74.1%)
37	KUĆMIERZ Mirosław	434		M-50	37	00:00:38	00:25:43.55	00:26:22.30	+00:06:41 (26.0%)	5:08	11.7 (74.1%)
38	ZAPARUCHA Mikołaj	361		M-50	38	00:00:41	00:25:45.40	00:26:26.85	+00:06:43 (26.1%)	5:09	11.7 (74.1%)
39	KRUCZKOWSKI Adam	817		M-50	39	00:00:04	00:25:55.65	00:26:00.00	+00:06:53 (26.6%)	5:11	11.6 (73.4%)
40	KONIEC Krzysztof	726	MK-BUD ATLAS RACING TEAM	M-50	40	00:00:20	00:25:56.30	00:26:17.20	+00:06:54 (26.6%)	5:11	11.6 (73.4%)
41	KOSEK Mariusz	787	RCI	M-50	41	00:00:22	00:25:57.25	00:26:19.40	+00:06:55 (26.7%)	5:11	11.6 (73.4%)
42	CHMURZYŃSKI Tomasz	806		M-50	42	00:00:00	00:25:59.50	00:25:59.50	+00:06:57 (26.8%)	5:11	11.5 (72.8%)
43	JASIENIECKI Piotr	1053		M-50	43	00:00:32	00:26:01.95	00:26:34.45	+00:07:00 (26.9%)	5:12	11.5 (72.8%)
44	NAWROCKI Jarosław	965		M-50	44	00:00:37	00:26:07.20	00:26:45.00	+00:07:05 (27.1%)	5:13	11.5 (72.8%)
45	KWASIGROCH Krzysztof	542	TKKF KOLEJARZ BYDGOSZCZ	M-50	45	00:00:45	00:26:22.15	00:27:07.80	+00:07:20 (27.8%)	5:16	11.4 (72.2%)
46	NAWROCKI Dariusz	1073	OPEN PL	M-50	46	00:01:37	00:26:23.30	00:28:00.90	+00:07:21 (27.9%)	5:16	11.4 (72.2%)
47	KOLASIŃSKI Tomasz	386		M-50	47	00:00:21	00:26:23.75	00:26:45.45	+00:07:21 (27.9%)	5:16	11.4 (72.2%)
48	ŁABENDA Piotr	651	TERENOWA MASAKRA TEAM	M-50	48	00:00:42	00:26:33.70	00:27:16.60	+00:07:31 (28.3%)	5:18	11.3 (71.5%)
49	JANKOWSKI Tomasz	691	DĘBY OSIELSKO	M-50	49	00:00:27	00:26:39.00	00:27:06.15	+00:07:37 (28.6%)	5:19	11.3 (71.5%)
50	PIETRASZAK Tomasz	89	RUN BYDGOSZCZ	M-50	50	00:00:45	00:26:54.35	00:27:40.00	+00:07:52 (29.3%)	5:22	11.2 (70.9%)
51	CIEŚLEWICZ Waldemar	1152		M-50	51	00:00:31	00:26:57.10	00:27:28.80	+00:07:55 (29.4%)	5:23	11.1 (70.3%)
52	KALACZYŃSKI Grzegorz	615		M-50	52	00:01:17	00:26:58.00	00:28:15.50	+00:07:56 (29.4%)	5:23	11.1 (70.3%)
53	WIERZBICKI Zbigniew	623		M-50	53	00:00:40	00:27:05.15	00:27:45.60	+00:08:03 (29.7%)	5:25	11.1 (70.3%)
54	JANASZ Krzysztof	281		M-50	54	00:00:43	00:27:13.50	00:27:56.90	+00:08:11 (30.1%)	5:26	11 (69.6%)
55	SIKORSKI Norbert	325		M-50	55	00:00:17	00:27:26.30	00:27:44.00	+00:08:24 (30.6%)	5:29	10.9 (69.0%)
56	MAZUR Wojciech	610	BYDGOSZCZ NA START	M-50	56	00:00:52	00:27:34.25	00:28:26.40	+00:08:32 (31.0%)	5:30	10.9 (69.0%)
57	KOSIEDOWSKI Jacek	771		M-50	57	00:00:14	00:27:44.65	00:27:59.50	+00:08:42 (31.4%)	5:32	10.8 (68.4%)
58	ARENT Jan	303		M-50	58	00:00:53	00:27:55.25	00:28:49.10	+00:08:53 (31.8%)	5:35	10.7 (67.7%)
59	CIACHERA Ireneusz	840	INDYWIDUALNIE	M-50	59	00:00:25	00:28:16.35	00:28:42.00	+00:09:14 (32.7%)	5:39	10.6 (67.1%)
60	ŻUCHOWSKI Dariusz	163	PARKRUN BYDGOSZCZ	M-50	60	00:00:27	00:28:22.85	00:28:50.00	+00:09:20 (32.9%)	5:40	10.6 (67.1%)
61	BURNICKI Mariusz	688		M-50	61	00:00:31	00:28:54.25	00:29:26.20	+00:09:52 (34.2%)	5:46	10.4 (65.8%)
62	WÓJCIK Tomasz	183		M-50	62	00:00:49	00:28:56.60	00:29:46.40	+00:09:54 (34.2%)	5:47	10.4 (65.8%)
63	GRZELAK Robert	1023	GGB	M-50	63	00:00:56	00:29:51.85	00:30:48.30	+00:10:49 (36.3%)	5:58	10.1 (63.9%)
64	SZYMCZAK Jacek	1219		M-50	64	00:00:33	00:30:17.70	00:30:50.75	+00:11:15 (37.2%)	6:03	9.9 (62.7%)
65	JANKOWSKI Tomasz Michał	235	RUN DELFIN	M-50	65	00:00:51	00:30:59.85	00:31:51.10	+00:11:57 (38.6%)	6:11	9.7 (61.4%)
66	OBRZANOWSKI Maciej	574		M-50	66	00:00:48	00:31:25.80	00:32:14.10	+00:12:23 (39.4%)	6:17	9.5 (60.1%)
67	BYCZKOWSKI Zenon	903		M-50	67	00:00:57	00:31:59.95	00:32:57.00	+00:12:58 (40.5%)	6:23	9.4 (59.5%)
68	LIWOCH Grzegorz	142		M-50	68	00:00:55	00:32:01.25	00:32:56.90	+00:12:59 (40.6%)	6:24	9.4 (59.5%)
69	WIŚNIEWSKI Krzysztof	302	TRISPACE/TREK	M-50	69	00:00:39	00:32:03.20	00:32:42.80	+00:13:01 (40.6%)	6:24	9.4 (59.5%)
70	PRZERACKI Mirosław	337	PGB SPORTOWA PACZKA	M-50	70	00:00:42	00:32:16.05	00:32:58.35	+00:13:14 (41.0%)	6:27	9.3 (58.9%)
71	JEDRZEJCZYK Jacek	901		M-50	71	00:01:10	00:32:50.40	00:34:00.85	+00:13:48 (42.0%)	6:34	9.1 (57.6%)
72	KRÓL Wiesław	812		M-50	72	00:01:20	00:33:34.60	00:34:55.30	+00:14:32 (43.3%)	6:42	8.9 (56.3%)
73	NIEDZIELSKI Tomasz	1083		M-50	73	00:00:37	00:35:11.55	00:35:48.85	+00:16:09 (45.9%)	7:02	8.5 (53.8%)
74	RUDNIKOWSKI Andrzej	109		M-50	74	00:00:41	00:35:32.60	00:36:14.35	+00:16:30 (46.5%)	7:06	8.4 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	LEWANDOWSKI Robert	120	FUNDACJA SZTUKA WYBORU	M-50	75	00:01:04	00:35:47.15	00:36:51.25	+00:16:45 (46.8%)	7:09	8.4 (53.2%)
76	JAGODZIŃSKI Karol	73		M-50	76	00:01:11	00:36:15.85	00:37:27.10	+00:17:13 (47.5%)	7:15	8.3 (52.5%)
77	ALEXANDER Marek	83		M-50	77	00:00:53	00:36:38.80	00:37:32.30	+00:17:36 (48.1%)	7:19	8.2 (51.9%)
78	PIERZGALSKI Jarek	97	ZAMULONE OSTRYGI	M-50	78	00:00:53	00:39:06.60	00:40:00.05	+00:20:04 (51.3%)	7:49	7.7 (48.7%)
	OGONOWSKI Radosław	245		M-50		DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 79 wynik(ów)