



# BYDGOSKI BIEG NIEPODLEGŁOŚCI 2023

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Organizator:** Aktywna Bydgoszcz  
**Data:** 2023-11-11  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>RUDNIK Damian</b>	<b>260</b>	TEAM RUDNIK	M-20	1	00:00:02	00:00:33	00:07:49	00:14:51	<b>00:15:42.80</b>	<b>00:15:44.85</b>		3:08	19.1 (100%)
2	<b>RATAJCZYK Przemysław</b>	<b>17</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	1	00:00:02	00:00:33	00:07:48	00:14:52	<b>00:15:46.70</b>	<b>00:15:48.75</b>	+00:00:03 (0.4%)	3:09	19 (99.5%)
3	<b>KOTŁOWSKI Bartosz</b>	<b>1426</b>	LKS OSTROMECKO / KOTŁOWSKIRUNTEAM	M-30	2	00:00:01	00:00:34	00:07:49	00:14:56	<b>00:15:52.50</b>	<b>00:15:54.30</b>	+00:00:09 (1.0%)	3:10	18.9 (99.0%)
4	<b>FELCZAK Jakub</b>	<b>1160</b>		M-20	2	00:00:02	00:00:33	00:07:49	00:15:08	<b>00:16:04.40</b>	<b>00:16:06.65</b>	+00:00:21 (2.2%)	3:12	18.7 (97.9%)
5	<b>BIEGAŁA Leszek</b>	<b>662</b>	LINGUA PRO	M-40	1	00:00:01	00:00:36	00:07:51	00:15:25	<b>00:16:24.05</b>	<b>00:16:25.80</b>	+00:00:41 (4.2%)	3:16	18.3 (95.8%)
6	<b>PAWŁOWSKI Tomasz</b>	<b>487</b>		M-30	3	00:00:02	00:00:35	00:07:59	00:15:44	<b>00:16:45.35</b>	<b>00:16:47.70</b>	+00:01:02 (6.2%)	3:21	17.9 (93.7%)
7	<b>DZIERLIŃSKI Paweł</b>	<b>307</b>	THEO RUNNERS ŚWIECIE	M-30	4	00:00:02	00:00:37	00:08:11	00:15:56	<b>00:16:55.40</b>	<b>00:16:57.90</b>	+00:01:12 (7.1%)	3:23	17.7 (92.7%)
8	<b>JANUSZEWSKI Radosław</b>	<b>426</b>	TEAM RUDNIK	M-20	3	00:00:02	00:00:36	00:08:29	00:16:26	<b>00:17:31.05</b>	<b>00:17:33.55</b>	+00:01:48 (10.3%)	3:30	17.1 (89.5%)
9	<b>ŁAZ Kamil</b>	<b>147</b>	WTLENIE	M-40	2	00:00:01	00:00:39	00:08:32	00:16:40	<b>00:17:41.65</b>	<b>00:17:43.20</b>	+00:01:58 (11.2%)	3:32	17 (89.0%)
10	<b>POZNAŃSKI Szymon</b>	<b>853</b>	BIOTECH PRZYPRAWY	M-30	5	00:00:05	00:00:36	00:08:45	00:17:07	<b>00:18:07.65</b>	<b>00:18:13.20</b>	+00:02:24 (13.3%)	3:37	16.6 (86.9%)
11	<b>SZCZĘSNY Piotr</b>	<b>1319</b>		M-30	6	00:00:02	00:00:37	00:08:43	00:17:12	<b>00:18:10.50</b>	<b>00:18:12.75</b>	+00:02:27 (13.5%)	3:38	16.5 (86.4%)
12	<b>MARCHEL Tomasz</b>	<b>898</b>		M-30	7	00:00:03	00:00:36	00:08:42	00:17:08	<b>00:18:12.00</b>	<b>00:18:15.05</b>	+00:02:29 (13.7%)	3:38	16.5 (86.4%)
13	<b>MAJEWSKI Robert</b>	<b>848</b>	#TEAMOCHAL	M-40	3	00:00:03	00:00:35	00:08:47	00:17:12	<b>00:18:15.05</b>	<b>00:18:18.55</b>	+00:02:32 (13.9%)	3:39	16.4 (85.9%)
14	<b>SZLINGER Jakub</b>	<b>91</b>	BYDGOSKIE OKONIE/DRUŻYNA STASIA	M-30	8	00:00:03	00:00:40	00:08:46	00:17:13	<b>00:18:16.05</b>	<b>00:18:19.50</b>	+00:02:33 (14.0%)	3:39	16.4 (85.9%)
15	<b>DEPTUŁA Grzegorz</b>	<b>399</b>	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M-40	4	00:00:02	00:00:35	00:08:49	00:17:16	<b>00:18:19.65</b>	<b>00:18:22.20</b>	+00:02:36 (14.3%)	3:39	16.4 (85.9%)
16	<b>WADELSKI Maciej</b>	<b>268</b>	1 BRYGADA LOGISTYCZNA	M-30	9	00:00:02	00:00:38	00:08:50	00:17:15	<b>00:18:20.70</b>	<b>00:18:23.25</b>	+00:02:37 (14.3%)	3:40	16.4 (85.9%)
17	<b>NOWAKOWSKA Anna</b>	<b>1146</b>	ZAWISZA BYDGOSZCZ	K-30	1	00:00:02		00:08:50	00:17:21	<b>00:18:22.15</b>	<b>00:18:25.00</b>	+00:02:39 (14.5%)	3:40	16.3 (85.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
18	<b>ROGOZINSKI Dawid</b>	<b>223</b>	TEAMOCHAL	M-30	10	00:00:03	00:00:39	00:08:50	00:17:18	<b>00:18:29.05</b>	<b>00:18:32.55</b>	+00:02:46 (15.0%)	3:41	16.2 (84.8%)
19	<b>SUTKOWY Paweł</b>	<b>1063</b>		M-30	11	00:00:05	00:00:42	00:09:10	00:17:38	<b>00:18:32.70</b>	<b>00:18:38.55</b>	+00:02:49 (15.3%)	3:42	16.2 (84.8%)
20	<b>TYMEK Kamil</b>	<b>1216</b>	ZAWISZA	M-10	1	00:00:03	00:00:35	00:08:49	00:17:31	<b>00:18:35.35</b>	<b>00:18:38.35</b>	+00:02:52 (15.5%)	3:43	16.1 (84.3%)
21	<b>BURDANOWSKI Adam</b>	<b>575</b>	BRZEZIŃSKI RUN CLUB	M-30	12	00:00:02	00:00:43	00:08:56	00:17:35	<b>00:18:40.40</b>	<b>00:18:43.05</b>	+00:02:57 (15.9%)	3:44	16.1 (84.3%)
22	<b>BASIŃSKI Łukasz</b>	<b>218</b>	ELENSPORT.PL SKLEPY SPORTOWE	M-30	13	00:00:03	00:00:39	00:09:10	00:17:39	<b>00:18:40.50</b>	<b>00:18:44.20</b>	+00:02:57 (15.9%)	3:44	16.1 (84.3%)
23	<b>KILJAŃCZYK Piotr</b>	<b>445</b>		M-40	5	00:00:10	00:00:45	00:09:16	00:17:47	<b>00:18:49.10</b>	<b>00:19:00.05</b>	+00:03:06 (16.5%)	3:45	15.9 (83.2%)
24	<b>KAROLCZUK Aleksandra</b>	<b>1456</b>		K-10	1	00:00:03	00:00:39	00:09:15	00:17:46	<b>00:18:52.05</b>	<b>00:18:55.65</b>	+00:03:09 (16.7%)	3:46	15.9 (83.2%)
25	<b>KLONOWSKI Mariusz</b>	<b>1344</b>	PRIMIGENIUS	M-40	6	00:00:03	00:00:39	00:09:09	00:17:48	<b>00:18:54.35</b>	<b>00:18:57.55</b>	+00:03:11 (16.9%)	3:46	15.9 (83.2%)
26	<b>KOŁAKOWSKI Tomasz</b>	<b>729</b>	ELENSPORT.PL SKLEPY SPORTOWE	M-30	14	00:00:04	00:00:40	00:09:09	00:17:50	<b>00:18:57.95</b>	<b>00:19:02.10</b>	+00:03:15 (17.1%)	3:47	15.8 (82.7%)
27	<b>MRUK Tomasz</b>	<b>1442</b>	CZARNE STOPY	M-40	7	00:00:04	00:00:40	00:09:11	00:17:53	<b>00:18:59.25</b>	<b>00:19:03.40</b>	+00:03:16 (17.2%)	3:47	15.8 (82.7%)
28	<b>KALOTA Tomasz</b>	<b>713</b>		M-30	15	00:00:04	00:00:41	00:09:13	00:17:54	<b>00:18:59.70</b>	<b>00:19:03.85</b>	+00:03:16 (17.3%)	3:47	15.8 (82.7%)
29	<b>KALACZYŃSKI Miłosz</b>	<b>1076</b>	POLONIA BYDGOSZCZ SLA/ RUDNIK TEAM	M-20	4	00:00:03		00:09:17	00:17:59	<b>00:19:00.65</b>	<b>00:19:04.15</b>	+00:03:17 (17.3%)	3:48	15.8 (82.7%)
30	<b>KAROLCZUK Martyna</b>	<b>1457</b>		K-10	2	00:00:02	00:00:40	00:09:17	00:17:58	<b>00:19:01.00</b>	<b>00:19:03.85</b>	+00:03:18 (17.4%)	3:48	15.8 (82.7%)
31	<b>SZOT Bartosz</b>	<b>1379</b>	1 BRYGADA LOGISTYCZNA	M-30	16	00:00:02	00:00:38	00:08:55	00:17:50	<b>00:19:01.20</b>	<b>00:19:03.40</b>	+00:03:18 (17.4%)	3:48	15.8 (82.7%)
32	<b>KARASZEWSKI Norbert</b>	<b>432</b>	1. WOJSKOWY SZPITAL POLOWY	M-30	17	00:00:03	00:00:38	00:09:10	00:18:00	<b>00:19:03.05</b>	<b>00:19:06.25</b>	+00:03:20 (17.5%)	3:48	15.7 (82.2%)
33	<b>DULIŃSKI Bartosz</b>	<b>625</b>	TRISPACE / TREK	M-10	2	00:00:03	00:00:39	00:09:06	00:17:57	<b>00:19:04.00</b>	<b>00:19:07.20</b>	+00:03:21 (17.6%)	3:48	15.7 (82.2%)
34	<b>KALOTA Joanna</b>	<b>712</b>		K-30	2	00:00:03	00:00:40	00:09:17	00:18:01	<b>00:19:05.95</b>	<b>00:19:09.85</b>	+00:03:23 (17.7%)	3:49	15.7 (82.2%)
35	<b>ONDRA Karol</b>	<b>34</b>	RUN BYDGOSZCZ	M-20	5	00:00:04	00:00:41	00:09:18	00:18:10	<b>00:19:16.30</b>	<b>00:19:21.05</b>	+00:03:33 (18.5%)	3:51	15.6 (81.7%)
36	<b>MACIŃSKI Waldek</b>	<b>648</b>	ZAKŁADY CHEMICZNE „NITRO-CHEM” S.A.	M-40	8	00:00:03	00:00:36	00:09:16	00:18:13	<b>00:19:19.25</b>	<b>00:19:23.05</b>	+00:03:36 (18.7%)	3:51	15.5 (81.2%)
37	<b>TOPCZEWSKI Gracjan</b>	<b>573</b>	BRC	M-40	9	00:00:04	00:00:44	00:09:31	00:18:14	<b>00:19:19.30</b>	<b>00:19:23.60</b>	+00:03:36 (18.7%)	3:51	15.5 (81.2%)
38	<b>FOJUTOWSKI Filip</b>	<b>374</b>	MKS 63 BYDGOSZCZ	M-10	3	00:00:02	00:00:41	00:09:19	00:18:14	<b>00:19:20.70</b>	<b>00:19:23.10</b>	+00:03:37 (18.8%)	3:52	15.5 (81.2%)
39	<b>BEJGIER Edmund</b>	<b>313</b>	BIEGAM Z DĘBAMI OSIELSKO	M-50	1	00:00:05	00:00:36	00:09:15	00:18:16	<b>00:19:24.55</b>	<b>00:19:29.60</b>	+00:03:41 (19.0%)	3:52	15.5 (81.2%)
40	<b>KANNENBERG Maciej</b>	<b>1031</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	6	00:00:07	00:00:42	00:09:18	00:18:17	<b>00:19:26.30</b>	<b>00:19:34.05</b>	+00:03:43 (19.2%)	3:53	15.4 (80.6%)
41	<b>TOMCZYK Agata</b>	<b>80</b>	SLA POLONIA BYDGOSZCZ	K-30	3	00:00:02	00:00:40	00:09:21	00:18:20	<b>00:19:30.30</b>	<b>00:19:32.80</b>	+00:03:47 (19.4%)	3:54	15.4 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
42	<b>DOMISIEWICZ Michał</b>	<b>466</b>		M-20	7	00:00:05	00:00:43	00:09:27	00:18:24	<b>00:19:33.10</b>	<b>00:19:38.65</b>	+00:03:50 (19.6%)	3:54	15.3 (80.1%)
43	<b>SOBIERSKI Rafał</b>	<b>928</b>		M-40	10	00:00:03	00:00:41	00:09:31	00:18:30	<b>00:19:38.95</b>	<b>00:19:42.45</b>	+00:03:56 (20.0%)	3:55	15.3 (80.1%)
44	<b>FOGT Maciej</b>	<b>1357</b>	BRZEZIŃSKI RUN CLUB	M-40	11	00:00:10	00:00:44	00:09:26	00:18:27	<b>00:19:39.20</b>	<b>00:19:50.15</b>	+00:03:56 (20.0%)	3:55	15.3 (80.1%)
45	<b>TUCHOLSKI Bartłomiej</b>	<b>304</b>		M-30	18	00:00:04	00:00:38	00:09:17	00:18:30	<b>00:19:42.80</b>	<b>00:19:47.00</b>	+00:04:00 (20.3%)	3:56	15.2 (79.6%)
46	<b>SIELECKI Arkadiusz</b>	<b>689</b>		M-30	19	00:00:05	00:00:42	00:09:37	00:18:39	<b>00:19:43.90</b>	<b>00:19:49.50</b>	+00:04:01 (20.4%)	3:56	15.2 (79.6%)
47	<b>NIBUS Michał</b>	<b>1298</b>	TEAM RUDNIK	M-30	20	00:00:07	00:00:47	00:09:31	00:18:34	<b>00:19:45.10</b>	<b>00:19:53.00</b>	+00:04:02 (20.4%)	3:57	15.2 (79.6%)
48	<b>GRALIK Jędrzej</b>	<b>317</b>	BYDGOSKIE OKONIE	M-30	21	00:00:07	00:00:43	00:09:33	00:18:43	<b>00:19:46.60</b>	<b>00:19:54.20</b>	+00:04:03 (20.5%)	3:57	15.2 (79.6%)
49	<b>WINIECKI Patryk</b>	<b>398</b>		M-40	12	00:00:02	00:00:38	00:09:29	00:18:42	<b>00:19:46.75</b>	<b>00:19:49.60</b>	+00:04:03 (20.6%)	3:57	15.2 (79.6%)
50	<b>RZESZOTARSKI Daniel</b>	<b>402</b>	EFINANSOWI	M-30	22	00:00:14	00:00:47	00:09:48	00:18:43	<b>00:19:46.85</b>	<b>00:20:01.15</b>	+00:04:04 (20.6%)	3:57	15.2 (79.6%)
51	<b>FOJUTOWSKI Jan</b>	<b>189</b>	MKS 63 BYDGOSZCZ	M-10	4	00:00:02	00:00:43	00:09:43	00:18:44	<b>00:19:47.10</b>	<b>00:19:49.65</b>	+00:04:04 (20.6%)	3:57	15.2 (79.6%)
52	<b>WIECZOREK Mateusz</b>	<b>446</b>	MATIAS TEAM	M-30	23	00:00:03	00:00:39	00:09:20	00:18:40	<b>00:19:48.30</b>	<b>00:19:51.70</b>	+00:04:05 (20.7%)	3:57	15.2 (79.6%)
53	<b>MALICKI Łukasz</b>	<b>94</b>	KOTŁOWSKI RUN TEAM	M-30	24	00:00:06	00:00:44	00:09:35	00:18:40	<b>00:19:49.40</b>	<b>00:19:55.60</b>	+00:04:06 (20.7%)	3:57	15.1 (79.1%)
54	<b>GROCHOWSKI Kacper</b>	<b>820</b>		M-20	8	00:00:14	00:00:51	00:09:41	00:18:47	<b>00:19:55.40</b>	<b>00:20:09.80</b>	+00:04:12 (21.1%)	3:59	15.1 (79.1%)
55	<b>KULA Artur</b>	<b>148</b>	WTLENIE	M-20	9	00:00:08	00:00:48	00:09:53	00:18:53	<b>00:19:57.00</b>	<b>00:20:05.40</b>	+00:04:14 (21.2%)	3:59	15 (78.5%)
56	<b>STASIEWICZ Filip</b>	<b>988</b>	SPÓJNIA BIAŁE BŁOTA	M-30	25	00:00:09	00:00:52	00:09:41	00:18:52	<b>00:19:57.15</b>	<b>00:20:07.00</b>	+00:04:14 (21.2%)	3:59	15 (78.5%)
57	<b>MARCINIAK Przemysław</b>	<b>508</b>		M-40	13	00:00:04	00:00:40	00:09:33	00:18:48	<b>00:19:58.15</b>	<b>00:20:03.10</b>	+00:04:15 (21.3%)	3:59	15 (78.5%)
58	<b>NOWAKOWSKI Radosław</b>	<b>89</b>		M-20	10	00:00:02	00:00:39	00:09:33	00:18:58	<b>00:20:00.95</b>	<b>00:20:03.05</b>	+00:04:18 (21.5%)	4:00	15 (78.5%)
59	<b>SZULC Jacek</b>	<b>74</b>		M-30	26	00:00:07	00:00:47	00:09:47	00:18:54	<b>00:20:01.20</b>	<b>00:20:08.95</b>	+00:04:18 (21.5%)	4:00	15 (78.5%)
60	<b>STANIEC Tomasz</b>	<b>1334</b>		M-40	14	00:00:05	00:00:43	00:09:48	00:19:00	<b>00:20:04.30</b>	<b>00:20:09.95</b>	+00:04:21 (21.7%)	4:00	15 (78.5%)
61	<b>PIEKUT Aleksandra</b>	<b>572</b>	BRZEZIŃSKI RUN CLUB	K-30	4	00:00:02	00:00:42	00:09:40	00:18:56	<b>00:20:06.10</b>	<b>00:20:08.90</b>	+00:04:23 (21.8%)	4:01	14.9 (78.0%)
62	<b>KRYGOWSKI Tomasz</b>	<b>340</b>		M-50	2	00:00:05	00:00:43	00:09:46	00:18:58	<b>00:20:07.20</b>	<b>00:20:12.75</b>	+00:04:24 (21.9%)	4:01	14.9 (78.0%)
63	<b>SZYMAŃSKI Adam</b>	<b>468</b>	RUDNIK TEAM	M-30	27	00:00:06	00:00:42	00:09:48	00:18:58	<b>00:20:07.40</b>	<b>00:20:14.30</b>	+00:04:24 (21.9%)	4:01	14.9 (78.0%)
64	<b>WALKOWIAK Paweł</b>	<b>531</b>		M-30	28	00:00:08	00:00:48	00:09:59	00:19:03	<b>00:20:07.65</b>	<b>00:20:16.40</b>	+00:04:24 (21.9%)	4:01	14.9 (78.0%)
65	<b>GŻYL Mikołaj</b>	<b>646</b>	JANUSZE TRIATHLONU EXODUS TEAM	M-40	15	00:00:09	00:00:43	00:09:36	00:18:57	<b>00:20:08.05</b>	<b>00:20:17.45</b>	+00:04:25 (22.0%)	4:01	14.9 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
66	<b>KŁOSOWSKI Marcin</b>	<b>566</b>	CSM TEAM	M-40	16	00:00:02	00:00:44	00:09:58	00:19:05	<b>00:20:11.70</b>	<b>00:20:14.65</b>	+00:04:28 (22.2%)	4:02	14.9 (78.0%)
67	<b>MAJCHER Elżbieta</b>	<b>1458</b>		K-30	5	00:00:03	00:00:42	00:09:54	00:19:06	<b>00:20:12.20</b>	<b>00:20:15.25</b>	+00:04:29 (22.2%)	4:02	14.9 (78.0%)
68	<b>BOROWSKI Radosław</b>	<b>1395</b>	MLKS KRAJNA SĘPÓLNO	M-30	29	00:00:03	00:00:43	00:09:50	00:19:03	<b>00:20:12.95</b>	<b>00:20:16.85</b>	+00:04:30 (22.3%)	4:02	14.9 (78.0%)
69	<b>KRZEWIŃSKI Radek</b>	<b>197</b>		M-20	11	00:00:04	00:00:40	00:09:56	00:19:08	<b>00:20:16.05</b>	<b>00:20:20.20</b>	+00:04:33 (22.5%)	4:03	14.8 (77.5%)
70	<b>SIKORSKI Arkadiusz</b>	<b>598</b>		M-10	5	00:00:14	00:00:51	00:09:55	00:19:10	<b>00:20:16.75</b>	<b>00:20:31.35</b>	+00:04:33 (22.5%)	4:03	14.8 (77.5%)
71	<b>KOZŁOWSKI Rafał</b>	<b>110</b>		M-50	3	00:00:02	00:00:40	00:09:31	00:18:17	<b>00:20:17.30</b>	<b>00:20:20.00</b>	+00:04:34 (22.5%)	4:03	14.8 (77.5%)
72	<b>LEWANDOWSKI Piotr</b>	<b>537</b>	STREETWORKOUTACADEMYTERMINATOR	M-20	12	00:00:08	00:00:44	00:09:25	00:19:07	<b>00:20:18.55</b>	<b>00:20:26.90</b>	+00:04:35 (22.6%)	4:03	14.8 (77.5%)
73	<b>ZIÓŁKOWSKI Włodek</b>	<b>1358</b>		M-30	30	00:00:02	00:00:43	00:09:58	00:19:05	<b>00:20:18.80</b>	<b>00:20:21.75</b>	+00:04:36 (22.6%)	4:03	14.8 (77.5%)
74	<b>TROYANO Enrique</b>	<b>610</b>	CAFELITO TEAM	M-40	17	00:00:07	00:00:47	00:09:50	00:19:12	<b>00:20:21.90</b>	<b>00:20:29.30</b>	+00:04:39 (22.8%)	4:04	14.7 (77.0%)
75	<b>MACIOSZEK Piotr</b>	<b>914</b>		M-30	31	00:00:16	00:00:47	00:10:00	00:19:13	<b>00:20:22.15</b>	<b>00:20:38.95</b>	+00:04:39 (22.9%)	4:04	14.7 (77.0%)
76	<b>PAŁCZYŃSKI Przemysław</b>	<b>824</b>		M-30	32	00:00:11	00:00:50	00:10:01	00:19:18	<b>00:20:23.75</b>	<b>00:20:34.80</b>	+00:04:40 (23.0%)	4:04	14.7 (77.0%)
77	<b>CHMIELEWSKI Tomasz</b>	<b>172</b>	AGA MED BYDGOSZCZ TRIATHLON	M-50	4	00:00:04	00:00:44	00:09:54	00:19:20	<b>00:20:26.25</b>	<b>00:20:30.80</b>	+00:04:43 (23.1%)	4:05	14.7 (77.0%)
78	<b>WARSZWSKI Przemysław</b>	<b>323</b>		M-30	33	00:00:04	00:00:43	00:10:03	00:19:16	<b>00:20:27.65</b>	<b>00:20:32.10</b>	+00:04:44 (23.2%)	4:05	14.7 (77.0%)
79	<b>KOLMAJER Rafał</b>	<b>1119</b>	TEAMOCHAL	M-40	18	00:00:06	00:00:49	00:10:04	00:19:21	<b>00:20:30.80</b>	<b>00:20:37.75</b>	+00:04:48 (23.4%)	4:06	14.6 (76.4%)
80	<b>RYBAK Remigiusz</b>	<b>73</b>	TRISPACE/TREK	M-40	19	00:00:05	00:00:44	00:09:55	00:19:18	<b>00:20:30.90</b>	<b>00:20:36.05</b>	+00:04:48 (23.4%)	4:06	14.6 (76.4%)
81	<b>LUTY Tomasz</b>	<b>483</b>	FUNDACJA CZAS NA BYDGOSZCZ	M-10	6	00:00:04	00:00:42	00:09:42	00:19:18	<b>00:20:31.30</b>	<b>00:20:35.45</b>	+00:04:48 (23.4%)	4:06	14.6 (76.4%)
82	<b>WALDA Łukasz</b>	<b>458</b>		M-30	34	00:00:04	00:00:42	00:09:50	00:19:21	<b>00:20:32.70</b>	<b>00:20:37.00</b>	+00:04:49 (23.5%)	4:06	14.6 (76.4%)
83	<b>SKORECKI Aleksander</b>	<b>342</b>	WTLENIE / BYDGOSZCZ TRIATHLON TEAM	M-30	35	00:00:08	00:00:44	00:09:58	00:19:25	<b>00:20:34.10</b>	<b>00:20:42.35</b>	+00:04:51 (23.6%)	4:06	14.6 (76.4%)
84	<b>LUTOWSKI Wojciech</b>	<b>858</b>		M-30	36	00:00:06	00:00:48	00:10:37	00:19:27	<b>00:20:34.75</b>	<b>00:20:41.45</b>	+00:04:51 (23.6%)	4:06	14.6 (76.4%)
85	<b>WNUK Mateusz</b>	<b>1181</b>		M-10	7	00:00:05	00:00:44	00:09:55	00:19:29	<b>00:20:35.95</b>	<b>00:20:41.00</b>	+00:04:53 (23.7%)	4:07	14.6 (76.4%)
86	<b>WOLSKI Tomasz</b>	<b>348</b>	ENEA BYDGOSZCZ TRIATHLON / WTLENIE	M-30	37	00:00:08	00:00:48	00:09:57	00:19:26	<b>00:20:36.35</b>	<b>00:20:44.45</b>	+00:04:53 (23.7%)	4:07	14.6 (76.4%)
87	<b>LEWANDOWSKI Tomasz</b>	<b>254</b>	WIHURRA SOBIEJUCHY	M-40	20	00:00:06	00:00:43	00:09:54	00:19:29	<b>00:20:37.00</b>	<b>00:20:43.45</b>	+00:04:54 (23.8%)	4:07	14.6 (76.4%)
88	<b>JAŹDŹEWSKI Kacper</b>	<b>1137</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-20	13	00:00:06	00:00:46	00:09:44	00:19:29	<b>00:20:37.30</b>	<b>00:20:43.95</b>	+00:04:54 (23.8%)	4:07	14.6 (76.4%)
89	<b>OLEJNIK Krzysztof</b>	<b>790</b>		M-30	38	00:00:09	00:00:45	00:09:59	00:19:24	<b>00:20:37.80</b>	<b>00:20:47.50</b>	+00:04:55 (23.8%)	4:07	14.6 (76.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
90	<b>ŚWIATOWY Sara</b>	<b>1260</b>		K-20	1	00:00:08	00:00:45	00:09:59	00:19:25	<b>00:20:38.45</b>	<b>00:20:47.30</b>	+00:04:55 (23.9%)	4:07	14.5 (75.9%)
90	<b>KLINOWSKI Radosław</b>	<b>857</b>		M-30	39	00:00:17	00:00:51	00:09:54	00:19:20	<b>00:20:38.45</b>	<b>00:20:55.60</b>	+00:04:55 (23.9%)	4:07	14.5 (75.9%)
92	<b>KASPRZAK Kacper</b>	<b>628</b>		M-20	14	00:00:11	00:00:44	00:09:55	00:19:28	<b>00:20:41.05</b>	<b>00:20:52.10</b>	+00:04:58 (24.0%)	4:08	14.5 (75.9%)
93	<b>GURDAK Leszek</b>	<b>799</b>	BYDGOSZCZ NA START	M-40	21	00:00:04	00:00:44	00:10:02	00:19:36	<b>00:20:46.40</b>	<b>00:20:50.70</b>	+00:05:03 (24.4%)	4:09	14.4 (75.4%)
94	<b>RZESZUT Tomasz</b>	<b>1228</b>		M-30	40	00:00:09	00:00:46	00:10:11	00:19:41	<b>00:20:46.50</b>	<b>00:20:55.50</b>	+00:05:03 (24.4%)	4:09	14.4 (75.4%)
95	<b>WOŹNIAKOWSKA Agata</b>	<b>155</b>	WTLENIE	K-30	6	00:00:12	00:00:52	00:10:06	00:19:35	<b>00:20:47.85</b>	<b>00:21:00.25</b>	+00:05:05 (24.4%)	4:09	14.4 (75.4%)
96	<b>ZIÓŁKOWSKI Maciej</b>	<b>1097</b>	GOLDEN DRAGON	M-30	41	00:00:03	00:00:38	00:09:45	00:19:35	<b>00:20:48.40</b>	<b>00:20:51.90</b>	+00:05:05 (24.5%)	4:09	14.4 (75.4%)
97	<b>BALCEREK Mateusz</b>	<b>1466</b>	GASTRO SZEŃ	M-30	42	00:00:44	00:01:03	00:10:23	00:19:46	<b>00:20:50.55</b>	<b>00:21:34.85</b>	+00:05:07 (24.6%)	4:10	14.4 (75.4%)
98	<b>BEDRA Robert</b>	<b>1443</b>	CZARNE STOPY	M-40	22	00:00:04	00:00:43	00:10:05	00:19:44	<b>00:20:51.85</b>	<b>00:20:55.85</b>	+00:05:09 (24.7%)	4:10	14.4 (75.4%)
98	<b>MALICKI Bartosz</b>	<b>756</b>		M-30	43	00:00:12	00:00:52	00:10:07	00:19:38	<b>00:20:51.85</b>	<b>00:21:04.20</b>	+00:05:09 (24.7%)	4:10	14.4 (75.4%)
100	<b>BOROŃSKI Tomasz</b>	<b>1474</b>		M-40	23	00:00:04	00:00:42	00:10:03	00:19:43	<b>00:20:52.75</b>	<b>00:20:56.90</b>	+00:05:09 (24.7%)	4:10	14.4 (75.4%)
101	<b>CIĘŻKI Bartosz</b>	<b>84</b>	MKS ASTORIA BYDGOSZCZ	M-20	15	00:00:15	00:00:50	00:09:51	00:19:35	<b>00:20:53.50</b>	<b>00:21:09.10</b>	+00:05:10 (24.8%)	4:10	14.4 (75.4%)
102	<b>BRYŚ Kamil</b>	<b>1050</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	16	00:00:12	00:00:53	00:10:19	00:19:43	<b>00:20:55.90</b>	<b>00:21:08.40</b>	+00:05:13 (24.9%)	4:11	14.3 (74.9%)
103	<b>NOWOTNIK Mariusz</b>	<b>1217</b>		M-40	24	00:00:03	00:00:40	00:10:01	00:19:48	<b>00:20:57.40</b>	<b>00:21:00.75</b>	+00:05:14 (25.0%)	4:11	14.3 (74.9%)
104	<b>OLSZEWSKI Daniel</b>	<b>158</b>	WTLENIE	M-30	44	00:00:10	00:00:51	00:10:22	00:19:54	<b>00:20:57.95</b>	<b>00:21:08.10</b>	+00:05:15 (25.1%)	4:11	14.3 (74.9%)
105	<b>ZAPILAJ Daniel</b>	<b>1244</b>	EŁK TU BIEGAM	M-30	45	00:00:06	00:00:48	00:10:26	00:19:51	<b>00:21:00.35</b>	<b>00:21:07.05</b>	+00:05:17 (25.2%)	4:12	14.3 (74.9%)
106	<b>ZBIRANEK Remigiusz</b>	<b>1159</b>	1. BRYGADA LOGISTYCZNA	M-40	25	00:00:07	00:00:43	00:10:07	00:19:50	<b>00:21:00.40</b>	<b>00:21:07.60</b>	+00:05:17 (25.2%)	4:12	14.3 (74.9%)
107	<b>BAGIŃSKI Marcin</b>	<b>170</b>		M-30	46	00:00:07	00:00:44	00:10:01	00:19:49	<b>00:21:02.10</b>	<b>00:21:09.25</b>	+00:05:19 (25.3%)	4:12	14.3 (74.9%)
108	<b>SZYMCZAK Maciej</b>	<b>863</b>	AKTYWNA BYDGOSZCZ	M-50	5	00:00:05	00:00:44	00:10:12	00:19:55	<b>00:21:02.25</b>	<b>00:21:07.55</b>	+00:05:19 (25.3%)	4:12	14.3 (74.9%)
109	<b>WITUCKI Tomasz</b>	<b>1463</b>		M-10	8	00:00:10	00:00:45	00:10:02	00:19:52	<b>00:21:04.40</b>	<b>00:21:14.70</b>	+00:05:21 (25.4%)	4:12	14.2 (74.3%)
110	<b>CIACIUCH Agnieszka</b>	<b>179</b>	BIEGACZE KCYNIA TEAM	K-20	2	00:00:23	00:00:53	00:10:25	00:19:55	<b>00:21:05.20</b>	<b>00:21:28.45</b>	+00:05:22 (25.5%)	4:13	14.2 (74.3%)
111	<b>RZESZOTARSKA Aleksandra</b>	<b>1355</b>	TEAM RUDNIK	K-20	3	00:00:04	00:00:40	00:10:05	00:19:57	<b>00:21:05.60</b>	<b>00:21:10.55</b>	+00:05:22 (25.5%)	4:13	14.2 (74.3%)
112	<b>SOBCZAK Marcin</b>	<b>138</b>		M-40	26	00:00:07	00:00:43	00:10:06	00:19:53	<b>00:21:07.15</b>	<b>00:21:14.95</b>	+00:05:24 (25.6%)	4:13	14.2 (74.3%)
113	<b>GĄGOLA Patryk</b>	<b>532</b>		M-30	47	00:00:04	00:00:43	00:10:10	00:19:59	<b>00:21:08.60</b>	<b>00:21:13.10</b>	+00:05:25 (25.7%)	4:13	14.2 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
114	<b>HIRT Tomasz</b>	<b>328</b>	BRZEZIŃSKI RUN CLUB	M-40	27	00:00:03	00:00:45	00:10:15	00:19:56	<b>00:21:09.80</b>	<b>00:21:13.60</b>	+00:05:27 (25.8%)	4:13	14.2 (74.3%)
115	<b>WITKOWSKI Łukasz</b>	<b>930</b>	RUN BYDGOSZCZ	M-30	48	00:00:38	00:00:52	00:10:20	00:20:01	<b>00:21:11.05</b>	<b>00:21:49.20</b>	+00:05:28 (25.8%)	4:14	14.2 (74.3%)
116	<b>WITEK Magdalena</b>	<b>121</b>		K-30	7	00:00:15	00:00:52	00:10:20	00:20:03	<b>00:21:13.40</b>	<b>00:21:29.20</b>	+00:05:30 (26.0%)	4:14	14.1 (73.8%)
117	<b>KRUCZKOWSKA Magdalena</b>	<b>1468</b>	BRZEZIŃSKI RUN CLUB	K-40	1	00:00:10	00:00:48	00:10:23	00:20:04	<b>00:21:15.75</b>	<b>00:21:26.65</b>	+00:05:32 (26.1%)	4:15	14.1 (73.8%)
118	<b>SZULC Jacek</b>	<b>563</b>		M-50	6	00:00:03	00:00:44	00:10:20	00:20:04	<b>00:21:16.25</b>	<b>00:21:19.60</b>	+00:05:33 (26.1%)	4:15	14.1 (73.8%)
119	<b>BARAŃSKI Łukasz</b>	<b>660</b>		M-40	28	00:00:26	00:00:58	00:10:39	00:20:06	<b>00:21:16.75</b>	<b>00:21:43.55</b>	+00:05:33 (26.2%)	4:15	14.1 (73.8%)
120	<b>DOBRZYŃSKI Kacper</b>	<b>760</b>		M-10	9	00:00:00	00:01:02	00:10:31	00:20:07	<b>00:21:17.20</b>	<b>00:21:17.20</b>	+00:05:34 (26.2%)	4:15	14.1 (73.8%)
121	<b>PIEKARSKI Paweł</b>	<b>108</b>		M-30	49	00:00:36	00:00:46	00:10:23	00:20:06	<b>00:21:18.30</b>	<b>00:21:54.90</b>	+00:05:35 (26.2%)	4:15	14.1 (73.8%)
122	<b>ZASADA Dorian</b>	<b>670</b>	CWZS ZAWISZA BYDGOSZCZ - SEKCJA WIOŚLARSKA	M-10	10	00:00:14	00:00:55	00:10:51	00:20:15	<b>00:21:18.40</b>	<b>00:21:32.90</b>	+00:05:35 (26.3%)	4:15	14.1 (73.8%)
123	<b>KNYPIŃSKI Wojciech</b>	<b>963</b>		M-30	50	00:00:25		00:10:12	00:20:05	<b>00:21:19.15</b>	<b>00:21:44.65</b>	+00:05:36 (26.3%)	4:15	14.1 (73.8%)
124	<b>RADOWSKI Cezary</b>	<b>1185</b>		M-50	7	00:00:38	00:00:58	00:10:41	00:20:10	<b>00:21:19.55</b>	<b>00:21:58.15</b>	+00:05:36 (26.3%)	4:15	14.1 (73.8%)
125	<b>GROSKOP Grzegorz</b>	<b>846</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	51	00:00:12	00:00:52	00:10:23	00:20:08	<b>00:21:19.85</b>	<b>00:21:32.65</b>	+00:05:37 (26.3%)	4:15	14.1 (73.8%)
126	<b>ALEKSANDROWICZ Sebastian</b>	<b>1325</b>	GÓRZNO	M-20	17	00:00:23	00:00:50	00:10:18	00:20:11	<b>00:21:20.70</b>	<b>00:21:44.25</b>	+00:05:37 (26.4%)	4:16	14.1 (73.8%)
127	<b>ARNDT Jarosław</b>	<b>1301</b>		M-40	29	00:00:16	00:00:57	00:10:23	00:20:09	<b>00:21:24.05</b>	<b>00:21:40.20</b>	+00:05:41 (26.6%)	4:16	14 (73.3%)
128	<b>STRAMEK Marta</b>	<b>1131</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-30	8	00:00:03	00:00:44	00:10:16	00:20:13	<b>00:21:24.40</b>	<b>00:21:27.90</b>	+00:05:41 (26.6%)	4:16	14 (73.3%)
128	<b>PUJANEK Michał</b>	<b>226</b>	JUVENTUS ACADEMY BYDGOSZCZ	M-10	11	00:00:04	00:00:43	00:10:09	00:20:13	<b>00:21:24.40</b>	<b>00:21:29.35</b>	+00:05:41 (26.6%)	4:16	14 (73.3%)
130	<b>MAŁKOWSKI Iwo</b>	<b>779</b>	ANTIDOTUM	M-30	52	00:00:04	00:00:43	00:10:06	00:20:07	<b>00:21:26.05</b>	<b>00:21:30.45</b>	+00:05:43 (26.7%)	4:17	14 (73.3%)
131	<b>PAWŁOWSKI Kamil</b>	<b>704</b>		M-20	18	00:00:21	00:00:45	00:10:27	00:20:11	<b>00:21:28.05</b>	<b>00:21:50.00</b>	+00:05:45 (26.8%)	4:17	14 (73.3%)
132	<b>SZCZESNY Damian</b>	<b>983</b>	GDAŃSKI UNIWERSYTET MEDYCZNY	M-30	53	00:00:16	00:00:54	00:10:30	00:20:13	<b>00:21:28.35</b>	<b>00:21:44.65</b>	+00:05:45 (26.8%)	4:17	14 (73.3%)
133	<b>CIECHANOWSKI Maciej</b>	<b>912</b>		M-30	54	00:00:21	00:00:54	00:10:45	00:20:20	<b>00:21:29.00</b>	<b>00:21:50.95</b>	+00:05:46 (26.9%)	4:17	14 (73.3%)
134	<b>STAŃCZYK Martyna</b>	<b>201</b>		K-30	9	00:00:07	00:00:49	00:10:27	00:20:16	<b>00:21:30.00</b>	<b>00:21:37.75</b>	+00:05:47 (26.9%)	4:18	14 (73.3%)
135	<b>BĄCZKOWSKI Rafał</b>	<b>514</b>	BRZEZIŃSKI RUN CLUB	M-40	30	00:00:05	00:00:44	00:10:16	00:20:15	<b>00:21:31.65</b>	<b>00:21:36.75</b>	+00:05:48 (27.0%)	4:18	13.9 (72.8%)
136	<b>MACIEJEWSKI Maciej</b>	<b>376</b>	BIEGACZE KCYNIA TEAM	M-40	31	00:00:23	00:00:51	00:10:28	00:20:20	<b>00:21:33.40</b>	<b>00:21:57.30</b>	+00:05:50 (27.1%)	4:18	13.9 (72.8%)
137	<b>BYRTEK Marcin</b>	<b>831</b>	TRIDROPSY	M-40	32	00:00:07	00:00:45	00:10:03	00:20:18	<b>00:21:34.25</b>	<b>00:21:42.00</b>	+00:05:51 (27.2%)	4:18	13.9 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
138	<b>KOTOŃSKI Damian</b>	<b>961</b>		M-30	55	00:00:09	00:00:48	00:10:17	00:20:24	<b>00:21:35.85</b>	<b>00:21:45.20</b>	+00:05:53 (27.2%)	4:19	13.9 (72.8%)
139	<b>FARMAS Tomek</b>	<b>406</b>		M-10	12	00:00:06	00:00:47	00:10:09	00:20:18	<b>00:21:38.35</b>	<b>00:21:44.40</b>	+00:05:55 (27.4%)	4:19	13.9 (72.8%)
140	<b>BARSZCZEWSKI Sebastian</b>	<b>62</b>		M-40	33	00:00:03	00:00:44	00:10:21	00:20:28	<b>00:21:38.60</b>	<b>00:21:42.10</b>	+00:05:55 (27.4%)	4:19	13.9 (72.8%)
141	<b>MAKOWSKI Sławomir</b>	<b>169</b>	WTLENIE	M-50	8	00:00:35	00:00:58	00:10:37	00:20:25	<b>00:21:38.80</b>	<b>00:22:14.20</b>	+00:05:56 (27.4%)	4:19	13.9 (72.8%)
142	<b>STARZYŃSKI Piotr</b>	<b>656</b>	#PROHOMOLUDENS	M-40	34	00:00:10	00:00:54	00:10:59	00:20:29	<b>00:21:39.00</b>	<b>00:21:49.90</b>	+00:05:56 (27.4%)	4:19	13.9 (72.8%)
143	<b>SAK Joanna</b>	<b>694</b>	DRUŻYNA SZPIKU	K-30	10	00:00:12	00:00:48	00:10:23	00:20:25	<b>00:21:39.15</b>	<b>00:21:51.15</b>	+00:05:56 (27.4%)	4:19	13.9 (72.8%)
144	<b>MAZUR Szymon</b>	<b>902</b>	ZAWISZA BYDGOSZCZ LEKKOATLETYKA	M-10	13	00:00:47	00:01:06	00:11:09	00:20:34	<b>00:21:40.15</b>	<b>00:22:27.40</b>	+00:05:57 (27.5%)	4:20	13.8 (72.3%)
145	<b>KRUPA Piotr</b>	<b>92</b>		M-40	35	00:00:08	00:00:49	00:10:42	00:20:31	<b>00:21:41.70</b>	<b>00:21:50.00</b>	+00:05:58 (27.6%)	4:20	13.8 (72.3%)
146	<b>MISIASZEK Marek</b>	<b>688</b>		M-40	36	00:00:07	00:00:48	00:10:23	00:20:29	<b>00:21:41.90</b>	<b>00:21:49.30</b>	+00:05:59 (27.6%)	4:20	13.8 (72.3%)
147	<b>KRZYŚKÓW Mateusz</b>	<b>696</b>	ZIELONY PELIKAN	M-20	19	00:00:06	00:00:46	00:10:33	00:20:30	<b>00:21:42.40</b>	<b>00:21:48.45</b>	+00:05:59 (27.6%)	4:20	13.8 (72.3%)
148	<b>ADAMCZAK Filip</b>	<b>436</b>		M-20	20	00:00:17	00:00:54	00:10:33	00:20:31	<b>00:21:43.80</b>	<b>00:22:01.65</b>	+00:06:01 (27.7%)	4:20	13.8 (72.3%)
149	<b>CHODKIEWICZ Tomasz</b>	<b>98</b>	GARDENFLORA MTB TEAM	M-40	37	00:00:05	00:00:46	00:10:35	00:20:32	<b>00:21:45.25</b>	<b>00:21:50.50</b>	+00:06:02 (27.8%)	4:21	13.8 (72.3%)
150	<b>DAWIDZIAK Dominik</b>	<b>702</b>		M-20	21	00:00:23	00:00:52	00:10:44	00:20:37	<b>00:21:47.40</b>	<b>00:22:11.25</b>	+00:06:04 (27.9%)	4:21	13.8 (72.3%)
151	<b>FIK Janusz</b>	<b>1234</b>		M-30	56	00:00:35	00:00:51	00:10:54	00:20:43	<b>00:21:47.65</b>	<b>00:22:22.90</b>	+00:06:04 (27.9%)	4:21	13.8 (72.3%)
152	<b>LEWANDOWSKI Bartosz</b>	<b>305</b>	LOTTO-BYDGOSTIA	M-10	14	00:00:15	00:00:50	00:10:31	00:20:31	<b>00:21:49.40</b>	<b>00:22:05.00</b>	+00:06:06 (28.0%)	4:21	13.8 (72.3%)
153	<b>MAŁAS Marcin</b>	<b>721</b>	CENTRUMROWEROWE.PL / AZS POLITECHNIKA GDAŃSKA	M-20	22	00:00:04	00:00:40	00:09:53	00:20:26	<b>00:21:49.45</b>	<b>00:21:53.90</b>	+00:06:06 (28.0%)	4:21	13.8 (72.3%)
154	<b>SZYCHOWSKI Jarosław</b>	<b>247</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	57	00:00:17	00:00:47	00:10:28	00:20:34	<b>00:21:49.85</b>	<b>00:22:07.10</b>	+00:06:07 (28.0%)	4:21	13.8 (72.3%)
155	<b>KLICKI Marcin</b>	<b>1306</b>		M-30	58	00:00:36	00:00:48	00:10:52	00:20:44	<b>00:21:51.70</b>	<b>00:22:27.95</b>	+00:06:08 (28.1%)	4:22	13.7 (71.7%)
156	<b>PŁACHECKA Angelika</b>	<b>296</b>		K-20	4	00:00:22	00:00:52	00:10:40	00:20:42	<b>00:21:52.55</b>	<b>00:22:14.90</b>	+00:06:09 (28.2%)	4:22	13.7 (71.7%)
157	<b>LEŚNIEWSKI Łukasz</b>	<b>28</b>		M-40	38	00:00:05	00:00:46	00:10:35	00:20:36	<b>00:21:53.00</b>	<b>00:21:58.55</b>	+00:06:10 (28.2%)	4:22	13.7 (71.7%)
158	<b>NEUMANN Paweł</b>	<b>1250</b>		M-10	15	00:00:09	00:00:52	00:10:42	00:20:48	<b>00:21:53.15</b>	<b>00:22:02.65</b>	+00:06:10 (28.2%)	4:22	13.7 (71.7%)
159	<b>RYDLEWSKI Marek</b>	<b>273</b>	TEAM RUDNIK	M-50	9	00:00:18	00:00:51	00:10:47	00:20:40	<b>00:21:53.30</b>	<b>00:22:11.65</b>	+00:06:10 (28.2%)	4:22	13.7 (71.7%)
160	<b>DURCZAK Jerzy</b>	<b>946</b>		M-40	39	00:00:50	00:00:52	00:11:00	00:20:47	<b>00:21:53.35</b>	<b>00:22:43.80</b>	+00:06:10 (28.2%)	4:22	13.7 (71.7%)
161	<b>BUDZIK Ireneusz</b>	<b>833</b>		M-50	10	00:00:10	00:00:50	00:10:45	00:20:39	<b>00:21:53.85</b>	<b>00:22:03.85</b>	+00:06:11 (28.2%)	4:22	13.7 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
162	BUTKIEWICZ Piotr	2		M-30	59	00:00:59		00:10:35	00:20:40	00:21:53.95	00:22:53.50	+00:06:11 (28.2%)	4:22	13.7 (71.7%)
163	PISARSKI Igor	276		M-30	60	00:00:11	00:00:53	00:10:50	00:20:47	00:21:54.05	00:22:05.90	+00:06:11 (28.3%)	4:22	13.7 (71.7%)
164	TUSZYŃSKA Marcela	1307		K-30	11	00:00:06	00:00:46	00:10:40	00:20:41	00:21:54.35	00:22:01.15	+00:06:11 (28.3%)	4:22	13.7 (71.7%)
165	MAJCHRZAK Łukasz	284		M-40	40	00:00:07	00:00:46	00:10:35	00:20:40	00:21:54.95	00:22:02.75	+00:06:12 (28.3%)	4:22	13.7 (71.7%)
166	DOBRZYK Szymek	1224		M-10	16	00:00:11	00:00:51	00:10:39	00:20:41	00:21:56.85	00:22:08.30	+00:06:14 (28.4%)	4:23	13.7 (71.7%)
167	KIEŁCZYŃSKI Andrzej	1145	KSN ŁUCZNICZKA BYDGOSZCZ	M-40	41	00:00:15	00:01:00	00:10:54	00:20:47	00:21:57.40	00:22:12.50	+00:06:14 (28.4%)	4:23	13.7 (71.7%)
168	BRZEZINSKI Łukasz	297		M-30	61	00:00:22	00:00:49	00:10:40	00:20:46	00:21:58.20	00:22:20.35	+00:06:15 (28.5%)	4:23	13.7 (71.7%)
169	JAKUBCZAK Michał	638		M-30	62	00:00:07	00:00:48	00:10:33	00:20:43	00:21:59.45	00:22:06.65	+00:06:16 (28.5%)	4:23	13.6 (71.2%)
170	SIKORSKI Jarosław	692	KABEL TEAM BYDGOSZCZ	M-40	42	00:00:24	00:00:51	00:10:41	00:20:41	00:21:59.60	00:22:24.35	+00:06:16 (28.6%)	4:23	13.6 (71.2%)
170	GORNOWICZ Marcin	357		M-50	11	00:00:34	00:00:48	00:10:31	00:20:44	00:21:59.60	00:22:33.65	+00:06:16 (28.6%)	4:23	13.6 (71.2%)
172	STASZKIEWICZ Lucyna	981	STASHKY TEAM	K-50	1	00:00:09	00:00:48	00:10:37	00:20:40	00:22:00.10	00:22:09.95	+00:06:17 (28.6%)	4:24	13.6 (71.2%)
173	BŁĄŻEJAK Krzysia	153	WTLENIE	K-40	2	00:00:04	00:00:49	00:10:45	00:20:43	00:22:00.55	00:22:05.50	+00:06:17 (28.6%)	4:24	13.6 (71.2%)
174	ŻÓŁTAŃSKI Rafał	1498		M-30	63	00:01:11	00:01:06	00:10:48	00:20:46	00:22:00.95	00:23:12.75	+00:06:18 (28.6%)	4:24	13.6 (71.2%)
175	ZAJDLEWICZ Daniel	419		M-40	43	00:00:17	00:00:55	00:10:41	00:20:42	00:22:01.35	00:22:18.80	+00:06:18 (28.6%)	4:24	13.6 (71.2%)
176	JUREK Sławomir	700		M-50	12	00:00:17	00:00:55	00:10:42	00:20:45	00:22:04.75	00:22:22.45	+00:06:21 (28.8%)	4:24	13.6 (71.2%)
177	PERDELWITZ Jakub	1092		M-10	17	00:00:05	00:00:40	00:10:18	00:20:46	00:22:05.05	00:22:10.65	+00:06:22 (28.8%)	4:25	13.6 (71.2%)
178	GÓRNY Bartosz	716	TRISPACE/TREK	M-30	64	00:00:16	00:00:55	00:10:56	00:20:55	00:22:06.30	00:22:23.00	+00:06:23 (28.9%)	4:25	13.6 (71.2%)
179	KOGUT Piotr	469	BIEGAM CZYSTĄ PRZYJEMNOŚCIĄ KWIDZYN	M-40	44	00:00:23	00:00:53	00:10:41	00:20:56	00:22:08.00	00:22:31.75	+00:06:25 (29.0%)	4:25	13.6 (71.2%)
180	GÓRA Krystian	478		M-40	45	00:00:11	00:00:52	00:10:42	00:20:50	00:22:08.30	00:22:20.25	+00:06:25 (29.0%)	4:25	13.6 (71.2%)
181	WARLIKOWSKI Łukasz	687		M-30	65	00:00:21	00:01:03	00:11:14	00:20:55	00:22:08.95	00:22:30.10	+00:06:26 (29.1%)	4:25	13.6 (71.2%)
182	WNUCZYŃSKI Kamil	921		M-10	18	00:00:24	00:00:58	00:10:58	00:21:08	00:22:09.95	00:22:34.75	+00:06:27 (29.1%)	4:25	13.5 (70.7%)
183	ANISZCZYK Igor	550	LOTTO BYDGOSTIA	M-10	19	00:00:15	00:00:48	00:10:19	00:20:53	00:22:10.15	00:22:25.25	+00:06:27 (29.1%)	4:26	13.5 (70.7%)
184	NAPORA Mateusz	396		M-30	66	00:00:11	00:00:52	00:10:52	00:21:04	00:22:10.75	00:22:22.20	+00:06:27 (29.2%)	4:26	13.5 (70.7%)
185	DROZDOWSKI Tomasz	664		M-30	67	00:00:28	00:00:58	00:10:50	00:20:59	00:22:10.90	00:22:39.10	+00:06:28 (29.2%)	4:26	13.5 (70.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
186	<b>PUDO Mateusz</b>	<b>134</b>	@MATI_TRITATA	M-30	68	00:00:06	00:00:41	00:10:18	00:20:50	<b>00:22:12.05</b>	<b>00:22:18.15</b>	+00:06:29 (29.2%)	4:26	13.5 (70.7%)
187	<b>WAWRZYŃCZAK Arek</b>	<b>997</b>		M-40	46	00:00:22	00:00:56	00:10:45	00:20:57	<b>00:22:13.00</b>	<b>00:22:35.60</b>	+00:06:30 (29.3%)	4:26	13.5 (70.7%)
188	<b>BASA Mikołaj</b>	<b>708</b>		M-20	23	00:00:10	00:00:53	00:11:01	00:21:06	<b>00:22:13.20</b>	<b>00:22:23.20</b>	+00:06:30 (29.3%)	4:26	13.5 (70.7%)
189	<b>GUTKOWSKI Michał</b>	<b>1114</b>	LOTTO-BYDGOSTIA	M-10	20	00:00:08	00:00:49	00:10:49	00:20:57	<b>00:22:14.75</b>	<b>00:22:22.95</b>	+00:06:31 (29.4%)	4:26	13.5 (70.7%)
190	<b>SZERWIŃSKI Mateusz</b>	<b>1381</b>	AZS POLITECHNIKA BYDGOSKA	M-20	24	00:00:07	00:00:46	00:10:34	00:20:53	<b>00:22:15.70</b>	<b>00:22:23.30</b>	+00:06:32 (29.4%)	4:27	13.5 (70.7%)
191	<b>MAZUR Łukasz</b>	<b>738</b>		M-20	25	00:00:14	00:00:46	00:10:42	00:21:01	<b>00:22:18.90</b>	<b>00:22:32.90</b>	+00:06:36 (29.6%)	4:27	13.5 (70.7%)
192	<b>BAK Mateusz</b>	<b>1445</b>	FUNDACJA CZAS NA BYDGOSZCZ	M-10	21	00:00:25	00:01:00	00:11:11	00:21:05	<b>00:22:19.20</b>	<b>00:22:44.70</b>	+00:06:36 (29.6%)	4:27	13.4 (70.2%)
193	<b>BUTRYM Piotr</b>	<b>114</b>		M-40	47	00:00:35	00:00:51	00:10:57	00:21:06	<b>00:22:20.60</b>	<b>00:22:56.50</b>	+00:06:37 (29.7%)	4:28	13.4 (70.2%)
194	<b>BUZALSKI Robert</b>	<b>355</b>		M-40	48	00:00:16	00:00:56	00:10:41	00:21:01	<b>00:22:21.50</b>	<b>00:22:37.80</b>	+00:06:38 (29.7%)	4:28	13.4 (70.2%)
195	<b>SZYSZKA Radosław</b>	<b>1052</b>		M-40	49	00:00:05	00:00:48	00:10:48	00:21:01	<b>00:22:22.00</b>	<b>00:22:27.65</b>	+00:06:39 (29.7%)	4:28	13.4 (70.2%)
196	<b>KAMIŃSKI Michał</b>	<b>795</b>		M-30	69	00:00:18	00:00:59	00:11:17	00:21:12	<b>00:22:22.45</b>	<b>00:22:41.35</b>	+00:06:39 (29.8%)	4:28	13.4 (70.2%)
197	<b>RUNNER Andrzej</b>	<b>686</b>	RUN BYDGOSZCZ	M-50	13	00:00:05	00:00:45	00:10:47	00:21:12	<b>00:22:23.00</b>	<b>00:22:28.75</b>	+00:06:40 (29.8%)	4:28	13.4 (70.2%)
198	<b>CHORAŻAK Sławek</b>	<b>199</b>		M-50	14	00:00:40	00:00:59	00:11:08	00:21:13	<b>00:22:24.35</b>	<b>00:23:04.50</b>	+00:06:41 (29.9%)	4:28	13.4 (70.2%)
199	<b>BANASZAK Dawid</b>	<b>802</b>		M-30	70	00:00:13	00:00:52	00:11:19	00:21:11	<b>00:22:25.50</b>	<b>00:22:39.45</b>	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
200	<b>GAPIŃSKA Alicja</b>	<b>431</b>		K-30	12	00:00:04	00:00:45	00:10:52	00:21:13	<b>00:22:25.70</b>	<b>00:22:30.15</b>	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
201	<b>MIŚTAK Damian</b>	<b>748</b>		M-30	71	00:00:37	00:00:55	00:11:10	00:21:18	<b>00:22:27.40</b>	<b>00:23:05.25</b>	+00:06:44 (30.0%)	4:29	13.4 (70.2%)
202	<b>BIAŁAS Tomasz</b>	<b>1312</b>		M-30	72	00:00:28	00:01:00	00:11:29	00:21:19	<b>00:22:30.90</b>	<b>00:22:59.35</b>	+00:06:48 (30.2%)	4:30	13.3 (69.6%)
203	<b>SKARBEEK Marek</b>	<b>1236</b>	RUN BYDGOSZCZ	M-50	15	00:00:17	00:00:49	00:11:01	00:21:24	<b>00:22:31.40</b>	<b>00:22:48.85</b>	+00:06:48 (30.2%)	4:30	13.3 (69.6%)
204	<b>ŻECH Tomasz</b>	<b>306</b>		M-30	73	00:00:04	00:00:42	00:10:18	00:21:13	<b>00:22:31.65</b>	<b>00:22:36.15</b>	+00:06:48 (30.2%)	4:30	13.3 (69.6%)
205	<b>DOBRZYŃSKA Ewa</b>	<b>759</b>		K-30	13	00:00:11	00:00:54	00:11:05	00:21:17	<b>00:22:33.15</b>	<b>00:22:44.40</b>	+00:06:50 (30.3%)	4:30	13.3 (69.6%)
206	<b>SMARZ Karol</b>	<b>673</b>		M-30	74	00:00:03	00:00:41	00:10:48	00:21:17	<b>00:22:33.45</b>	<b>00:22:36.65</b>	+00:06:50 (30.3%)	4:30	13.3 (69.6%)
207	<b>ZBIRANEK Artur</b>	<b>400</b>		M-40	50	00:00:08	00:00:50	00:10:28	00:20:57	<b>00:22:33.60</b>	<b>00:22:42.50</b>	+00:06:50 (30.3%)	4:30	13.3 (69.6%)
208	<b>ZABOROWSKI Krzysztof</b>	<b>48</b>		M-30	75	00:00:13	00:00:52	00:11:09	00:21:30	<b>00:22:35.55</b>	<b>00:22:48.55</b>	+00:06:52 (30.4%)	4:31	13.3 (69.6%)
209	<b>KOLANO Grzegorz</b>	<b>1481</b>		M-30	76	00:00:40	00:01:00	00:11:18	00:21:23	<b>00:22:35.70</b>	<b>00:23:15.95</b>	+00:06:52 (30.5%)	4:31	13.3 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
210	<b>KOŁACKI Jarosław</b>	<b>30</b>	VVD BYDGOSZCZ	M-30	77	00:00:35	00:00:57	00:11:15	00:21:23	<b>00:22:36.15</b>	<b>00:23:11.70</b>	+00:06:53 (30.5%)	4:31	13.3 (69.6%)
211	<b>KIEŁCZYŃSKI Marek</b>	<b>373</b>	CSM POLSKA	M-40	51	00:00:05	00:00:46	00:11:03	00:21:26	<b>00:22:37.40</b>	<b>00:22:42.90</b>	+00:06:54 (30.5%)	4:31	13.3 (69.6%)
211	<b>KRZYŻANOWSKI Robert</b>	<b>1346</b>	ANDRO	M-50	16	00:00:12	00:00:51	00:10:52	00:21:18	<b>00:22:37.40</b>	<b>00:22:49.40</b>	+00:06:54 (30.5%)	4:31	13.3 (69.6%)
213	<b>BETLEWSKI Szymon</b>	<b>923</b>	AZS POLITECHNIKA BYDGOSKA	M-20	26	00:00:18	00:00:55	00:11:25	00:21:29	<b>00:22:38.70</b>	<b>00:22:57.25</b>	+00:06:55 (30.6%)	4:31	13.3 (69.6%)
214	<b>PIĘNKOSZ Mirosław</b>	<b>1199</b>		M-60+	1	00:00:10	00:00:51	00:11:09	00:21:28	<b>00:22:39.35</b>	<b>00:22:49.45</b>	+00:06:56 (30.6%)	4:31	13.2 (69.1%)
215	<b>RACZKO Agata</b>	<b>358</b>		K-30	14	00:00:14	00:00:51	00:11:01	00:21:21	<b>00:22:39.60</b>	<b>00:22:54.35</b>	+00:06:56 (30.7%)	4:31	13.2 (69.1%)
216	<b>SIERADZKI Bartosz</b>	<b>14</b>		M-50	17	00:00:10	00:00:54	00:11:12	00:21:24	<b>00:22:40.15</b>	<b>00:22:50.65</b>	+00:06:57 (30.7%)	4:32	13.2 (69.1%)
217	<b>SKRZYPIŃSKI Marek</b>	<b>667</b>		M-30	78	00:00:36	00:01:00	00:11:03	00:21:27	<b>00:22:40.35</b>	<b>00:23:17.20</b>	+00:06:57 (30.7%)	4:32	13.2 (69.1%)
218	<b>JASTROWSKI Miłosz</b>	<b>1230</b>		M-20	27	00:00:18	00:00:55	00:11:02	00:21:24	<b>00:22:40.45</b>	<b>00:22:59.05</b>	+00:06:57 (30.7%)	4:32	13.2 (69.1%)
219	<b>ŚWIETLIK Michalina</b>	<b>145</b>	#BRZEZIŃSKIRUNCLUB	K-40	3	00:00:00	00:00:49	00:10:54	00:21:19	<b>00:22:42.00</b>	<b>00:22:42.00</b>	+00:06:59 (30.8%)	4:32	13.2 (69.1%)
219	<b>LIPIŃSKI Sebastian</b>	<b>303</b>	RUN BYDGOSZCZ	M-50	18	00:00:19	00:00:53	00:11:01	00:21:26	<b>00:22:42.00</b>	<b>00:23:01.35</b>	+00:06:59 (30.8%)	4:32	13.2 (69.1%)
221	<b>WŁODARCZYK Wojciech</b>	<b>973</b>		M-50	19	00:00:27	00:00:57	00:11:14	00:21:24	<b>00:22:42.55</b>	<b>00:23:10.25</b>	+00:06:59 (30.8%)	4:32	13.2 (69.1%)
222	<b>KAZUBOWSKI Jacek</b>	<b>1064</b>	KAZUBKI TEAM/TRIDARKO	M-50	20	00:00:10	00:00:51	00:10:56	00:21:23	<b>00:22:42.65</b>	<b>00:22:53.30</b>	+00:06:59 (30.8%)	4:32	13.2 (69.1%)
223	<b>FRĄCKOWIAK Agata</b>	<b>1422</b>	KOTŁOWSKIRUNTEAM	K-20	5	00:00:17	00:00:53	00:11:01	00:21:25	<b>00:22:43.40</b>	<b>00:23:01.25</b>	+00:07:00 (30.8%)	4:32	13.2 (69.1%)
224	<b>BZDZION Marcin</b>	<b>1366</b>		M-30	79	00:00:12	00:00:46	00:11:05	00:21:26	<b>00:22:45.30</b>	<b>00:22:57.70</b>	+00:07:02 (30.9%)	4:33	13.2 (69.1%)
225	<b>MIAZGA Marek</b>	<b>13</b>		M-30	80	00:00:08	00:00:47	00:11:06	00:21:29	<b>00:22:45.90</b>	<b>00:22:54.25</b>	+00:07:03 (31.0%)	4:33	13.2 (69.1%)
226	<b>FUZ Marek</b>	<b>875</b>	KABEL TEAM BYDGOSZCZ	M-50	21	00:00:35	00:01:07	00:11:56	00:21:35	<b>00:22:45.95</b>	<b>00:23:21.15</b>	+00:07:03 (31.0%)	4:33	13.2 (69.1%)
226	<b>RYBAK Tomasz</b>	<b>1280</b>	TEAM RUDNIK	M-40	52	00:00:46	00:00:57	00:11:09	00:21:27	<b>00:22:45.95</b>	<b>00:23:32.45</b>	+00:07:03 (31.0%)	4:33	13.2 (69.1%)
228	<b>SZULC Marcin</b>	<b>582</b>		M-30	81	00:00:17		00:11:20	00:21:35	<b>00:22:47.35</b>	<b>00:23:05.20</b>	+00:07:04 (31.0%)	4:33	13.2 (69.1%)
229	<b>LISTECKI Sebastian</b>	<b>112</b>	ASTORIA BYDGOSZCZ	M-30	82	00:00:29	00:00:56	00:11:03	00:21:26	<b>00:22:47.40</b>	<b>00:23:16.60</b>	+00:07:04 (31.1%)	4:33	13.2 (69.1%)
230	<b>OLSZEWSKI Szymon</b>	<b>783</b>		M-40	53	00:00:23	00:00:57	00:11:17	00:21:41	<b>00:22:49.50</b>	<b>00:23:13.25</b>	+00:07:06 (31.2%)	4:33	13.1 (68.6%)
230	<b>KLAWIKOWSKI Oskar</b>	<b>889</b>	TKKF KOLEJARZ BYDGOSZCZ	M-10	22	00:00:28	00:01:01	00:11:24	00:21:28	<b>00:22:49.50</b>	<b>00:23:17.55</b>	+00:07:06 (31.2%)	4:33	13.1 (68.6%)
232	<b>PAWLAK Łukasz</b>	<b>814</b>		M-30	83	00:00:14	00:00:57	00:11:09	00:21:31	<b>00:22:50.05</b>	<b>00:23:04.80</b>	+00:07:07 (31.2%)	4:34	13.1 (68.6%)
233	<b>FRANKOWSKI Przemysław</b>	<b>927</b>		M-30	84	00:00:14	00:00:57	00:11:06	00:21:30	<b>00:22:51.25</b>	<b>00:23:06.20</b>	+00:07:08 (31.2%)	4:34	13.1 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
234	<b>WUJEK Magdalena</b>	<b>1423</b>	RUN BYDGOSZCZ	K-40	4	00:00:17	00:00:53	00:11:03	00:21:36	<b>00:22:52.25</b>	<b>00:23:10.15</b>	+00:07:09 (31.3%)	4:34	13.1 (68.6%)
235	<b>MOGILNICKI Dominik</b>	<b>1016</b>		M-30	85	00:00:48	00:00:55	00:11:08	00:21:39	<b>00:22:52.95</b>	<b>00:23:41.60</b>	+00:07:10 (31.3%)	4:34	13.1 (68.6%)
236	<b>KASPEROWICZ Marcin</b>	<b>653</b>	PREDATORS 3TEAM	M-40	54	00:00:16	00:00:53	00:11:11	00:21:37	<b>00:22:54.15</b>	<b>00:23:10.55</b>	+00:07:11 (31.4%)	4:34	13.1 (68.6%)
237	<b>MINICHOWSKI Rafał</b>	<b>595</b>		M-40	55	00:00:18	00:00:52	00:11:12	00:21:42	<b>00:22:57.95</b>	<b>00:23:16.20</b>	+00:07:15 (31.6%)	4:35	13.1 (68.6%)
238	<b>ROSÓŁ Jacek</b>	<b>51</b>		M-40	56	00:00:25	00:00:54	00:11:19	00:21:37	<b>00:22:58.10</b>	<b>00:23:23.10</b>	+00:07:15 (31.6%)	4:35	13.1 (68.6%)
239	<b>JOŁTUCHOWSKI Roman</b>	<b>124</b>		M-30	86	00:00:02	00:00:39	00:10:35	00:21:35	<b>00:22:59.75</b>	<b>00:23:02.30</b>	+00:07:16 (31.7%)	4:35	13.1 (68.6%)
240	<b>MIZERAKOWSKI Szymon</b>	<b>860</b>		M-20	28	00:00:14	00:00:48	00:11:01	00:21:39	<b>00:23:00.00</b>	<b>00:23:14.40</b>	+00:07:17 (31.7%)	4:36	13 (68.1%)
241	<b>JURKOWSKI Paweł</b>	<b>337</b>	PJKANCELARIA.PL	M-30	87	00:00:41	00:00:55	00:11:16	00:21:47	<b>00:23:00.60</b>	<b>00:23:41.80</b>	+00:07:17 (31.7%)	4:36	13 (68.1%)
242	<b>BETLEWSKI Jakub</b>	<b>732</b>		M-10	23	00:00:17	00:00:57	00:11:27	00:21:53	<b>00:23:01.80</b>	<b>00:23:19.25</b>	+00:07:19 (31.8%)	4:36	13 (68.1%)
243	<b>BARTKOWSKI Tomasz</b>	<b>904</b>		M-40	57	00:00:32	00:00:55	00:11:03	00:21:43	<b>00:23:02.20</b>	<b>00:23:34.90</b>	+00:07:19 (31.8%)	4:36	13 (68.1%)
244	<b>WINIECKI Paweł</b>	<b>196</b>	AKADEMIA MISTRZÓW SPORTU	M-30	88	00:00:35	00:00:59	00:11:16	00:21:47	<b>00:23:03.25</b>	<b>00:23:38.40</b>	+00:07:20 (31.8%)	4:36	13 (68.1%)
245	<b>PIERZGALSKI Damian</b>	<b>327</b>		M-20	29	00:00:11	00:00:53	00:11:27	00:21:47	<b>00:23:04.20</b>	<b>00:23:15.65</b>	+00:07:21 (31.9%)	4:36	13 (68.1%)
246	<b>KWAŚNIK Sławomir</b>	<b>529</b>	TEAM RUDNIK	M-30	89	00:00:10	00:00:51	00:10:41	00:21:44	<b>00:23:04.55</b>	<b>00:23:15.10</b>	+00:07:21 (31.9%)	4:36	13 (68.1%)
247	<b>GŁOGOWSKI Krzysztof</b>	<b>126</b>		M-40	58	00:00:24	00:00:52	00:10:48	00:21:40	<b>00:23:04.75</b>	<b>00:23:29.10</b>	+00:07:21 (31.9%)	4:36	13 (68.1%)
248	<b>TOMCZAK Katarzyna</b>	<b>1132</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-40	5	00:00:06	00:00:57	00:11:06	00:21:42	<b>00:23:04.90</b>	<b>00:23:11.70</b>	+00:07:22 (31.9%)	4:36	13 (68.1%)
249	<b>GUTTMANN Jacek</b>	<b>1102</b>	BIEGAJ Z DĘBAMI	M-20	30	00:00:13	00:00:52	00:11:03	00:21:40	<b>00:23:05.60</b>	<b>00:23:19.25</b>	+00:07:22 (32.0%)	4:37	13 (68.1%)
250	<b>JANCOWSKI Wojciech</b>	<b>392</b>	TEAM RUDNIK	M-50	22	00:00:28	00:00:56	00:11:12	00:21:48	<b>00:23:05.70</b>	<b>00:23:33.85</b>	+00:07:22 (32.0%)	4:37	13 (68.1%)
251	<b>KANDYBA Sebastian</b>	<b>614</b>		M-30	90	00:01:09	00:01:17	00:12:08	00:21:52	<b>00:23:06.70</b>	<b>00:24:15.75</b>	+00:07:23 (32.0%)	4:37	13 (68.1%)
252	<b>KOZAK Krzysztof</b>	<b>533</b>	BB ACTIVE TEAM	M-30	91	00:00:13	00:00:53	00:11:07	00:21:44	<b>00:23:06.75</b>	<b>00:23:20.45</b>	+00:07:23 (32.0%)	4:37	13 (68.1%)
253	<b>MIEKCYŃSKI Miłosz</b>	<b>630</b>	LUPUS TEAM	M-40	59	00:00:12	00:00:51	00:11:19	00:21:56	<b>00:23:07.00</b>	<b>00:23:19.10</b>	+00:07:24 (32.0%)	4:37	13 (68.1%)
254	<b>KŁOSKA Anna</b>	<b>1095</b>		K-20	6	00:00:16	00:00:52	00:10:54	00:21:50	<b>00:23:07.55</b>	<b>00:23:23.80</b>	+00:07:24 (32.1%)	4:37	13 (68.1%)
255	<b>ŻYŁA Magdalena</b>	<b>1285</b>		K-40	6	00:00:14	00:00:52	00:11:19	00:21:59	<b>00:23:07.85</b>	<b>00:23:22.05</b>	+00:07:25 (32.1%)	4:37	13 (68.1%)
256	<b>TWARDY Adam</b>	<b>1400</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-30	92	00:00:16	00:00:57	00:11:35	00:21:59	<b>00:23:11.25</b>	<b>00:23:27.75</b>	+00:07:28 (32.2%)	4:38	12.9 (67.5%)
257	<b>RYWOLT Paweł</b>	<b>5</b>		M-30	93	00:00:13	00:00:55	00:11:32	00:22:01	<b>00:23:11.60</b>	<b>00:23:25.40</b>	+00:07:28 (32.3%)	4:38	12.9 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
258	<b>MATYJASEK Lidia</b>	<b>1284</b>		K-10	3	00:00:57	00:01:05	00:11:26	00:21:58	<b>00:23:11.65</b>	<b>00:24:09.45</b>	+00:07:28 (32.3%)	4:38	12.9 (67.5%)
259	<b>WÓJCIK Jacek</b>	<b>128</b>		M-30	94	00:00:30	00:01:04	00:11:28	00:21:56	<b>00:23:12.30</b>	<b>00:23:42.70</b>	+00:07:29 (32.3%)	4:38	12.9 (67.5%)
260	<b>PUDO Wojciech</b>	<b>1251</b>		M-20	31	00:00:06	00:00:47	00:11:08	00:21:54	<b>00:23:12.45</b>	<b>00:23:18.65</b>	+00:07:29 (32.3%)	4:38	12.9 (67.5%)
260	<b>WARCZAK Damian</b>	<b>798</b>		M-20	31	00:00:18	00:00:59	00:11:27	00:21:58	<b>00:23:12.45</b>	<b>00:23:30.90</b>	+00:07:29 (32.3%)	4:38	12.9 (67.5%)
262	<b>WARCZAK Alicja</b>	<b>1322</b>	ZAWISZA BYDGOSZCZ	K-10	4	00:00:18	00:00:59	00:11:26	00:21:58	<b>00:23:12.80</b>	<b>00:23:31.30</b>	+00:07:30 (32.3%)	4:38	12.9 (67.5%)
263	<b>KORDAS Nikita</b>	<b>964</b>	BTW	M-10	24	00:01:24	00:01:07	00:12:07	00:22:07	<b>00:23:13.00</b>	<b>00:24:37.70</b>	+00:07:30 (32.3%)	4:38	12.9 (67.5%)
264	<b>CIESIELSKI Artur</b>	<b>812</b>		M-30	95	00:00:16	00:00:52	00:11:28	00:22:00	<b>00:23:13.20</b>	<b>00:23:29.30</b>	+00:07:30 (32.3%)	4:38	12.9 (67.5%)
265	<b>BARSZCZ Tomasz</b>	<b>1209</b>		M-10	25	00:00:15	00:00:54	00:11:17	00:21:58	<b>00:23:14.00</b>	<b>00:23:29.50</b>	+00:07:31 (32.4%)	4:38	12.9 (67.5%)
266	<b>PALIGA Maciej</b>	<b>918</b>		M-30	96	00:00:17	00:00:58	00:11:13	00:21:56	<b>00:23:14.25</b>	<b>00:23:32.15</b>	+00:07:31 (32.4%)	4:38	12.9 (67.5%)
267	<b>NITZA Cezary</b>	<b>54</b>		M-20	33	00:00:21	00:00:58	00:11:11	00:22:01	<b>00:23:15.95</b>	<b>00:23:37.15</b>	+00:07:33 (32.5%)	4:39	12.9 (67.5%)
268	<b>KOWALSKI Jacek</b>	<b>227</b>	BYDGOSKIE OKONIE	M-40	60	00:00:18	00:00:55	00:11:01	00:21:54	<b>00:23:16.25</b>	<b>00:23:34.30</b>	+00:07:33 (32.5%)	4:39	12.9 (67.5%)
269	<b>MAGDZIARZ Jan</b>	<b>570</b>		M-10	26	00:00:21	00:01:00	00:11:58	00:22:06	<b>00:23:17.95</b>	<b>00:23:39.90</b>	+00:07:35 (32.6%)	4:39	12.9 (67.5%)
270	<b>NADRATOWSKI Maciej</b>	<b>765</b>	KABEL TEAM BYDGOSZCZ	M-40	61	00:00:12	00:00:50	00:11:16	00:22:01	<b>00:23:18.00</b>	<b>00:23:30.00</b>	+00:07:35 (32.6%)	4:39	12.9 (67.5%)
270	<b>PERKOWSKI Paweł</b>	<b>19</b>		M-40	61	00:00:48		00:11:04	00:21:56	<b>00:23:18.00</b>	<b>00:24:06.55</b>	+00:07:35 (32.6%)	4:39	12.9 (67.5%)
272	<b>SZARKOWSKI Fabian</b>	<b>1225</b>	MASAŻYSTA	M-30	97	00:00:18	00:00:57	00:11:22	00:21:59	<b>00:23:18.05</b>	<b>00:23:36.30</b>	+00:07:35 (32.6%)	4:39	12.9 (67.5%)
273	<b>BIZON Bartosz</b>	<b>1232</b>		M-30	98	00:01:16	00:01:12	00:11:58	00:22:09	<b>00:23:18.75</b>	<b>00:24:35.05</b>	+00:07:35 (32.6%)	4:39	12.9 (67.5%)
274	<b>MAGDZIARZ Jakub</b>	<b>567</b>		M-40	63	00:00:21	00:00:59	00:11:58	00:22:06	<b>00:23:18.90</b>	<b>00:23:40.45</b>	+00:07:36 (32.6%)	4:39	12.9 (67.5%)
275	<b>NIEDBALSKI Grzegorz</b>	<b>1321</b>	RUN BYDGOSZCZ	M-60+	2	00:00:40	00:00:56	00:11:28	00:22:04	<b>00:23:20.40</b>	<b>00:24:00.45</b>	+00:07:37 (32.7%)	4:40	12.9 (67.5%)
276	<b>BICZKOWSKI Patryk</b>	<b>52</b>	DRUŻYNA B	M-30	99	00:00:20	00:00:58	00:11:14	00:22:06	<b>00:23:20.65</b>	<b>00:23:41.40</b>	+00:07:37 (32.7%)	4:40	12.9 (67.5%)
277	<b>DOMŻALSKI Marek</b>	<b>1273</b>		M-50	23	00:00:22	00:00:54	00:11:32	00:22:07	<b>00:23:20.90</b>	<b>00:23:43.85</b>	+00:07:38 (32.7%)	4:40	12.9 (67.5%)
278	<b>ZAKRZEWSKI Jarosław</b>	<b>356</b>		M-50	24	00:00:06	00:00:49	00:11:05	00:22:01	<b>00:23:21.00</b>	<b>00:23:27.20</b>	+00:07:38 (32.7%)	4:40	12.8 (67.0%)
279	<b>KALINOWSKI Krzysztof</b>	<b>778</b>		M-10	27	00:00:09	00:00:55	00:11:16	00:22:00	<b>00:23:21.35</b>	<b>00:23:30.50</b>	+00:07:38 (32.7%)	4:40	12.8 (67.0%)
280	<b>KOTOWSKI-MARCINIAK Wiktor</b>	<b>731</b>	LOTTO BYDGOSTIA	M-10	28	00:00:10	00:00:54	00:11:22	00:22:05	<b>00:23:22.25</b>	<b>00:23:32.65</b>	+00:07:39 (32.8%)	4:40	12.8 (67.0%)
281	<b>ANTOSIK Patryk</b>	<b>77</b>	CSWLĄD	M-30	100	00:00:56	00:01:02	00:11:26	00:22:01	<b>00:23:23.00</b>	<b>00:24:19.80</b>	+00:07:40 (32.8%)	4:40	12.8 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
282	<b>KALEK Artur</b>	<b>821</b>	TM IRON TEAM	M-40	64	00:00:59	00:01:14	00:12:33	00:22:12	<b>00:23:23.05</b>	<b>00:24:22.60</b>	+00:07:40 (32.8%)	4:40	12.8 (67.0%)
283	<b>MATEUSZCZYK Dawid</b>	<b>416</b>	RUN BYDGOSZCZ	M-30	101	00:00:18	00:00:55	00:11:05	00:22:06	<b>00:23:23.75</b>	<b>00:23:42.40</b>	+00:07:40 (32.8%)	4:40	12.8 (67.0%)
284	<b>MOMOT Mieczysław</b>	<b>1380</b>		M-40	65	00:00:14		00:11:21	00:22:06	<b>00:23:24.80</b>	<b>00:23:39.60</b>	+00:07:42 (32.9%)	4:40	12.8 (67.0%)
285	<b>WNUK Rafał</b>	<b>944</b>	RUN BYDGOSZCZ	M-40	66	00:00:19	00:00:54	00:11:13	00:22:05	<b>00:23:25.45</b>	<b>00:23:45.25</b>	+00:07:42 (32.9%)	4:41	12.8 (67.0%)
286	<b>BIAŁOWĄS Jakub</b>	<b>878</b>		M-10	29	00:00:15	00:00:57	00:11:47	00:22:19	<b>00:23:27.65</b>	<b>00:23:43.60</b>	+00:07:44 (33.0%)	4:41	12.8 (67.0%)
287	<b>OSIŃSKI Miłosz</b>	<b>1429</b>		M-20	34	00:01:33	00:00:58	00:11:48	00:22:23	<b>00:23:29.15</b>	<b>00:25:02.20</b>	+00:07:46 (33.1%)	4:41	12.8 (67.0%)
288	<b>RASZKOWSKI Dariusz</b>	<b>1384</b>	NITROCHEM	M-50	25	00:00:31	00:01:01	00:11:48	00:22:09	<b>00:23:30.75</b>	<b>00:24:02.15</b>	+00:07:47 (33.2%)	4:42	12.8 (67.0%)
289	<b>KRASIŃSKI Piotr</b>	<b>1331</b>		M-40	67	00:00:21	00:00:53	00:11:33	00:22:13	<b>00:23:30.90</b>	<b>00:23:52.75</b>	+00:07:48 (33.2%)	4:42	12.8 (67.0%)
290	<b>GUDELL Radosław</b>	<b>510</b>	GRUPA MODERATOR	M-40	68	00:00:13	00:00:56	00:11:25	00:22:13	<b>00:23:30.95</b>	<b>00:23:44.55</b>	+00:07:48 (33.2%)	4:42	12.8 (67.0%)
291	<b>FLOREK Paweł</b>	<b>274</b>	RUNADDICTS	M-30	102	00:01:30	00:01:06	00:11:52	00:22:27	<b>00:23:31.35</b>	<b>00:25:02.30</b>	+00:07:48 (33.2%)	4:42	12.8 (67.0%)
292	<b>KOSSMANN Franciszek</b>	<b>837</b>		M-20	35	00:01:32	00:00:57	00:11:46	00:22:23	<b>00:23:31.80</b>	<b>00:25:04.60</b>	+00:07:49 (33.2%)	4:42	12.8 (67.0%)
293	<b>WĘGRZYNOWSKI Sławomir</b>	<b>411</b>	KABEL TEAM BYDGOSZCZ	M-50	26	00:00:34	00:01:07	00:11:58	00:22:23	<b>00:23:34.15</b>	<b>00:24:08.85</b>	+00:07:51 (33.3%)	4:42	12.7 (66.5%)
294	<b>CIERNIAK Michał</b>	<b>1043</b>		M-20	36	00:00:16	00:00:51	00:11:14	00:22:13	<b>00:23:34.60</b>	<b>00:23:50.90</b>	+00:07:51 (33.4%)	4:42	12.7 (66.5%)
295	<b>KUCZEWSKI Łukasz</b>	<b>663</b>		M-40	69	00:00:21	00:00:56	00:11:26	00:22:15	<b>00:23:35.30</b>	<b>00:23:56.85</b>	+00:07:52 (33.4%)	4:43	12.7 (66.5%)
296	<b>FRANKOWSKI Szymon</b>	<b>864</b>		M-10	30	00:00:09	00:00:50	00:11:11	00:22:12	<b>00:23:35.90</b>	<b>00:23:45.05</b>	+00:07:53 (33.4%)	4:43	12.7 (66.5%)
297	<b>MODRAKOWSKI Roland</b>	<b>622</b>	DYSTRYBUCJA-REKLAM.PL	M-40	70	00:01:12	00:00:58	00:11:30	00:22:24	<b>00:23:36.80</b>	<b>00:24:49.00</b>	+00:07:54 (33.5%)	4:43	12.7 (66.5%)
298	<b>SUCHACKI Kacper</b>	<b>50</b>	LOTTO BYDGOSTIA	M-10	31	00:00:09	00:00:53	00:11:24	00:22:23	<b>00:23:37.15</b>	<b>00:23:47.05</b>	+00:07:54 (33.5%)	4:43	12.7 (66.5%)
299	<b>WIELGOSZ Krzysztof</b>	<b>1335</b>		M-30	103	00:00:17	00:01:00	00:12:05	00:22:28	<b>00:23:41.05</b>	<b>00:23:58.30</b>	+00:07:58 (33.7%)	4:44	12.7 (66.5%)
300	<b>JANKOWSKI Marcin</b>	<b>939</b>	YES ENGLISH	M-40	71	00:00:22	00:01:00	00:11:34	00:22:25	<b>00:23:41.85</b>	<b>00:24:04.55</b>	+00:07:59 (33.7%)	4:44	12.7 (66.5%)
301	<b>CZAJA Jarosław</b>	<b>220</b>		M-40	72	00:00:20	00:00:55	00:11:27	00:22:20	<b>00:23:41.95</b>	<b>00:24:02.55</b>	+00:07:59 (33.7%)	4:44	12.7 (66.5%)
302	<b>PUCHACZ Marcin</b>	<b>87</b>	PUCHACZE	M-30	104	00:00:07	00:00:53	00:11:10	00:22:16	<b>00:23:42.00</b>	<b>00:23:49.75</b>	+00:07:59 (33.7%)	4:44	12.7 (66.5%)
303	<b>URBAŃSKA Ewa</b>	<b>1330</b>	TM IRONTEAM	K-40	7	00:01:36	00:00:54	00:11:31	00:22:23	<b>00:23:43.35</b>	<b>00:25:20.25</b>	+00:08:00 (33.8%)	4:44	12.6 (66.0%)
304	<b>GIZA Izabela</b>	<b>473</b>		K-20	7	00:00:10	00:00:54	00:11:38	00:22:25	<b>00:23:43.40</b>	<b>00:23:54.35</b>	+00:08:00 (33.8%)	4:44	12.6 (66.0%)
305	<b>GĘBICKA Kornelia</b>	<b>885</b>	GOLDEN DRAGON	K-30	15	00:00:32	00:00:49	00:11:08	00:22:32	<b>00:23:44.60</b>	<b>00:24:16.90</b>	+00:08:01 (33.8%)	4:44	12.6 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
306	<b>ROZKWITALSKI Bartosz</b>	<b>1226</b>		M-30	105	00:00:19	00:00:55	00:11:24	00:22:21	<b>00:23:44.65</b>	<b>00:24:03.85</b>	+00:08:01 (33.8%)	4:44	12.6 (66.0%)
306	<b>LEWANDOWSKI Michał</b>	<b>96</b>		M-40	73	00:01:27	00:01:03	00:11:45	00:22:26	<b>00:23:44.65</b>	<b>00:25:12.50</b>	+00:08:01 (33.8%)	4:44	12.6 (66.0%)
308	<b>ŻMICH Antoni</b>	<b>984</b>	BTW	M-10	32	00:01:16	00:01:02	00:11:36	00:22:26	<b>00:23:44.80</b>	<b>00:25:01.70</b>	+00:08:02 (33.8%)	4:44	12.6 (66.0%)
309	<b>GARBIEC Mirosław</b>	<b>661</b>		M-60+	3	00:00:13	00:00:55	00:11:35	00:22:28	<b>00:23:45.20</b>	<b>00:23:59.00</b>	+00:08:02 (33.8%)	4:45	12.6 (66.0%)
310	<b>TOMCZAK Agnieszka</b>	<b>1072</b>	BRZEZIŃSKI RUN CLUB	K-40	8	00:00:05	00:00:47	00:11:31	00:22:25	<b>00:23:45.95</b>	<b>00:23:51.85</b>	+00:08:03 (33.9%)	4:45	12.6 (66.0%)
311	<b>FELINIAK Daniel</b>	<b>615</b>		M-40	74	00:00:22	00:01:01	00:11:44	00:22:30	<b>00:23:46.20</b>	<b>00:24:08.85</b>	+00:08:03 (33.9%)	4:45	12.6 (66.0%)
312	<b>MAGDZIAK Kasia</b>	<b>556</b>	ŁAPA TRI RUN	K-20	8	00:00:08	00:00:47	00:11:11	00:22:24	<b>00:23:47.15</b>	<b>00:23:55.20</b>	+00:08:04 (33.9%)	4:45	12.6 (66.0%)
313	<b>GRAJEWSKI Tomasz</b>	<b>1208</b>		M-40	75	00:01:26	00:01:01	00:11:46	00:22:31	<b>00:23:47.75</b>	<b>00:25:13.80</b>	+00:08:04 (34.0%)	4:45	12.6 (66.0%)
314	<b>NAJSZTUB Sławomir</b>	<b>1036</b>		M-20	37	00:00:37	00:01:01	00:11:44	00:22:31	<b>00:23:48.00</b>	<b>00:24:25.35</b>	+00:08:05 (34.0%)	4:45	12.6 (66.0%)
315	<b>NOWAK Janek</b>	<b>1303</b>		M-20	38	00:01:06	00:01:12	00:12:05	00:22:35	<b>00:23:49.35</b>	<b>00:24:55.95</b>	+00:08:06 (34.0%)	4:45	12.6 (66.0%)
316	<b>STELLER Igor</b>	<b>913</b>		M-10	33	00:01:25	00:01:06	00:12:07	00:22:31	<b>00:23:49.65</b>	<b>00:25:14.90</b>	+00:08:06 (34.1%)	4:45	12.6 (66.0%)
317	<b>OGONOWSKI Przemysław</b>	<b>1204</b>		M-30	106	00:00:10	00:00:49	00:11:17	00:22:29	<b>00:23:50.10</b>	<b>00:24:00.10</b>	+00:08:07 (34.1%)	4:46	12.6 (66.0%)
318	<b>LUTKOWSKI Dariusz</b>	<b>951</b>	LUFT TRI TEAM	M-40	76	00:00:19	00:01:01	00:11:50	00:22:30	<b>00:23:50.55</b>	<b>00:24:10.35</b>	+00:08:07 (34.1%)	4:46	12.6 (66.0%)
319	<b>GACKOWSKI Krzysztof</b>	<b>56</b>		M-50	27	00:00:08	00:00:49	00:11:23	00:22:31	<b>00:23:52.50</b>	<b>00:24:01.25</b>	+00:08:09 (34.2%)	4:46	12.6 (66.0%)
320	<b>FIRST Anna</b>	<b>1098</b>	RUN BYDGOSZCZ	K-20	9	00:00:18	00:00:55	00:11:25	00:22:36	<b>00:23:53.90</b>	<b>00:24:12.35</b>	+00:08:11 (34.2%)	4:46	12.6 (66.0%)
321	<b>BRZÓSKA Hubert</b>	<b>286</b>		M-10	34	00:00:55		00:12:36	00:22:30	<b>00:23:53.95</b>	<b>00:24:49.45</b>	+00:08:11 (34.3%)	4:46	12.6 (66.0%)
322	<b>PYZ Paweł</b>	<b>351</b>		M-20	39	00:00:09	00:00:50	00:10:59	00:22:25	<b>00:23:54.00</b>	<b>00:24:03.15</b>	+00:08:11 (34.3%)	4:46	12.6 (66.0%)
323	<b>BILSKI Marcin</b>	<b>1061</b>		M-40	77	00:00:52	00:00:57	00:11:32	00:22:33	<b>00:23:55.40</b>	<b>00:24:47.85</b>	+00:08:12 (34.3%)	4:47	12.5 (65.4%)
324	<b>KABACIŃSKI Jarosław</b>	<b>950</b>	EFINANSOWI	M-40	78	00:00:48	00:00:55	00:11:46	00:22:41	<b>00:23:55.90</b>	<b>00:24:44.30</b>	+00:08:13 (34.3%)	4:47	12.5 (65.4%)
325	<b>ZĄBKOWSKI Krzysztof</b>	<b>479</b>		M-30	107	00:00:27	00:00:56	00:11:46	00:22:41	<b>00:23:56.40</b>	<b>00:24:23.95</b>	+00:08:13 (34.4%)	4:47	12.5 (65.4%)
326	<b>WASIELEWSKI Robert</b>	<b>787</b>		M-30	108	00:00:28	00:00:59	00:11:50	00:22:42	<b>00:23:57.05</b>	<b>00:24:25.35</b>	+00:08:14 (34.4%)	4:47	12.5 (65.4%)
327	<b>SZUBIŃSKI Ireneusz</b>	<b>462</b>	KOMPLETNY AMATOR	M-40	79	00:00:27	00:01:03	00:11:39	00:22:34	<b>00:23:58.05</b>	<b>00:24:25.75</b>	+00:08:15 (34.4%)	4:47	12.5 (65.4%)
328	<b>KASZUBA Konrad</b>	<b>53</b>		M-30	109	00:00:21	00:00:55	00:11:43	00:22:37	<b>00:23:58.20</b>	<b>00:24:20.10</b>	+00:08:15 (34.4%)	4:47	12.5 (65.4%)
329	<b>KODRANC Michał</b>	<b>552</b>	TYPYGRUBE	M-30	110	00:00:33		00:11:55	00:22:38	<b>00:23:58.35</b>	<b>00:24:31.90</b>	+00:08:15 (34.5%)	4:47	12.5 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
330	<b>LESZCZYŃSKI Tomasz</b>	<b>346</b>		M-40	80	00:00:15	00:01:03	00:11:34	00:22:33	<b>00:23:59.40</b>	<b>00:24:14.75</b>	+00:08:16 (34.5%)	4:47	12.5 (65.4%)
331	<b>BREDOW Marek</b>	<b>380</b>		M-60+	4	00:01:09		00:11:29	00:22:35	<b>00:23:59.75</b>	<b>00:25:09.25</b>	+00:08:16 (34.5%)	4:47	12.5 (65.4%)
332	<b>BŁAŻEJEWSKA Marta</b>	<b>203</b>		K-30	16	00:00:05	00:00:46	00:11:32	00:22:44	<b>00:24:01.20</b>	<b>00:24:06.25</b>	+00:08:18 (34.6%)	4:48	12.5 (65.4%)
333	<b>MICHALAK Wojciech</b>	<b>364</b>		M-50	28	00:00:41	00:01:01	00:11:45	00:22:43	<b>00:24:01.25</b>	<b>00:24:43.00</b>	+00:08:18 (34.6%)	4:48	12.5 (65.4%)
334	<b>SEMRAU Nikodem</b>	<b>505</b>		M-10	35	00:01:03		00:11:50	00:22:39	<b>00:24:02.35</b>	<b>00:25:05.35</b>	+00:08:19 (34.6%)	4:48	12.5 (65.4%)
335	<b>WNUCZYŃSKI Andrzej</b>	<b>796</b>	ORANGE POLSKA	M-50	29	00:00:25	00:00:56	00:11:29	00:22:37	<b>00:24:02.60</b>	<b>00:24:27.70</b>	+00:08:19 (34.6%)	4:48	12.5 (65.4%)
336	<b>KALINOWSKI Sławomir</b>	<b>776</b>		M-40	81	00:00:08	00:00:52	00:11:37	00:22:35	<b>00:24:03.40</b>	<b>00:24:11.95</b>	+00:08:20 (34.7%)	4:48	12.5 (65.4%)
337	<b>GŁOWACKI Robert</b>	<b>194</b>		M-40	82	00:00:11	00:00:52	00:11:34	00:22:46	<b>00:24:03.60</b>	<b>00:24:15.10</b>	+00:08:20 (34.7%)	4:48	12.5 (65.4%)
338	<b>BELNIK Michał</b>	<b>1391</b>	UKS TRAPER ZŁOCIENIEC	M-30	111	00:00:42	00:01:12	00:12:06	00:22:50	<b>00:24:04.05</b>	<b>00:24:46.25</b>	+00:08:21 (34.7%)	4:48	12.5 (65.4%)
338	<b>GÓRSKI Roger</b>	<b>810</b>		M-40	83	00:01:35	00:01:08	00:11:53	00:22:44	<b>00:24:04.05</b>	<b>00:25:39.10</b>	+00:08:21 (34.7%)	4:48	12.5 (65.4%)
340	<b>KAPANOWSKI Sylwester</b>	<b>49</b>		M-50	30	00:00:16	00:00:58	00:11:34	00:22:47	<b>00:24:07.10</b>	<b>00:24:24.05</b>	+00:08:24 (34.8%)	4:49	12.4 (64.9%)
341	<b>WINIARSKI Kacper</b>	<b>699</b>		M-10	36	00:00:14	00:00:55	00:11:47	00:22:48	<b>00:24:07.25</b>	<b>00:24:21.25</b>	+00:08:24 (34.9%)	4:49	12.4 (64.9%)
342	<b>WILK Łukasz</b>	<b>275</b>	RUNADDICTS	M-40	84	00:01:31	00:01:05	00:11:52	00:22:39	<b>00:24:07.70</b>	<b>00:25:38.95</b>	+00:08:24 (34.9%)	4:49	12.4 (64.9%)
343	<b>WOLAN Magdalena</b>	<b>195</b>		K-40	9	00:00:08	00:00:54	00:11:35	00:22:47	<b>00:24:07.90</b>	<b>00:24:16.55</b>	+00:08:25 (34.9%)	4:49	12.4 (64.9%)
344	<b>ZIELIŃSKI Paweł</b>	<b>279</b>		M-30	112	00:00:31	00:01:00	00:11:52	00:22:47	<b>00:24:08.65</b>	<b>00:24:39.75</b>	+00:08:25 (34.9%)	4:49	12.4 (64.9%)
345	<b>MUSIAŁ Przemysław</b>	<b>1135</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-40	85	00:01:36	00:01:05	00:11:58	00:22:57	<b>00:24:12.35</b>	<b>00:25:48.40</b>	+00:08:29 (35.1%)	4:50	12.4 (64.9%)
346	<b>BARRIO Alfonso</b>	<b>624</b>		M-10	37	00:00:09	00:00:48	00:11:24	00:23:07	<b>00:24:12.90</b>	<b>00:24:22.00</b>	+00:08:30 (35.1%)	4:50	12.4 (64.9%)
347	<b>MIHNIEVIČ Juraś</b>	<b>695</b>		M-30	113	00:00:26	00:01:07	00:12:13	00:22:56	<b>00:24:15.85</b>	<b>00:24:42.45</b>	+00:08:33 (35.2%)	4:51	12.4 (64.9%)
348	<b>PUSZCZ Sławek</b>	<b>481</b>		M-40	86	00:00:20	00:00:56	00:11:30	00:22:49	<b>00:24:16.35</b>	<b>00:24:36.35</b>	+00:08:33 (35.3%)	4:51	12.4 (64.9%)
349	<b>MAKUSZEWSKI Mateusz</b>	<b>321</b>	WTLENIE	M-30	114	00:00:48	00:00:57	00:11:59	00:22:56	<b>00:24:17.20</b>	<b>00:25:05.60</b>	+00:08:34 (35.3%)	4:51	12.4 (64.9%)
350	<b>WADELSKA Joanna</b>	<b>264</b>	PSY GOŃCZE JANKIEGO	K-30	17	00:00:00	00:01:03	00:11:56	00:22:56	<b>00:24:17.50</b>	<b>00:24:17.50</b>	+00:08:34 (35.3%)	4:51	12.4 (64.9%)
351	<b>LUZAK Magdalena</b>	<b>805</b>		K-30	18	00:00:09	00:00:52	00:11:30	00:22:49	<b>00:24:18.75</b>	<b>00:24:28.30</b>	+00:08:35 (35.4%)	4:51	12.3 (64.4%)
352	<b>SKUPSZ Jędrzej</b>	<b>1264</b>	TEAM FORDON	M-30	115	00:00:45	00:01:01	00:11:56	00:23:06	<b>00:24:19.35</b>	<b>00:25:04.90</b>	+00:08:36 (35.4%)	4:51	12.3 (64.4%)
353	<b>PUJANEK Piotr</b>	<b>57</b>	DENTAL ONE BYDGOSZCZ	M-40	87	00:00:10	00:00:53	00:11:50	00:22:59	<b>00:24:19.45</b>	<b>00:24:30.15</b>	+00:08:36 (35.4%)	4:51	12.3 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
354	<b>NAWROCKI Hubert</b>	<b>437</b>		M-20	40	00:00:19	00:01:05	00:12:32	00:23:09	<b>00:24:19.55</b>	<b>00:24:39.15</b>	+00:08:36 (35.4%)	4:51	12.3 (64.4%)
355	<b>JASIŃSKI Wiktor</b>	<b>1022</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M-10	38	00:01:24	00:01:08	00:12:08	00:23:00	<b>00:24:20.25</b>	<b>00:25:44.35</b>	+00:08:37 (35.4%)	4:52	12.3 (64.4%)
356	<b>YALPI Hasan</b>	<b>896</b>		M-30	116	00:00:20	00:00:54	00:11:26	00:22:53	<b>00:24:21.30</b>	<b>00:24:41.85</b>	+00:08:38 (35.5%)	4:52	12.3 (64.4%)
356	<b>FIGURSKA Joanna</b>	<b>16</b>		K-30	19	00:00:48	00:00:59	00:11:59	00:23:01	<b>00:24:21.30</b>	<b>00:25:09.35</b>	+00:08:38 (35.5%)	4:52	12.3 (64.4%)
358	<b>SCHMIDT Marcin</b>	<b>211</b>	BB ACTIVE TEAM	M-40	88	00:00:11	00:00:51	00:11:23	00:22:56	<b>00:24:21.90</b>	<b>00:24:33.15</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
359	<b>KOSIOROWSKI Przemysław</b>	<b>55</b>		M-40	89	00:00:21	00:00:57	00:11:44	00:22:58	<b>00:24:21.95</b>	<b>00:24:43.30</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
360	<b>BASZYŃSKI Adam</b>	<b>865</b>		M-30	117	00:00:36	00:00:56	00:11:52	00:22:58	<b>00:24:22.20</b>	<b>00:24:58.90</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
361	<b>ŚLAZIŃSKI Daniel</b>	<b>590</b>		M-40	90	00:00:20	00:01:04	00:12:07	00:22:59	<b>00:24:22.30</b>	<b>00:24:42.45</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
362	<b>KRETOWICZ Piotr</b>	<b>209</b>	PODWYKONAWCY POWAŻNYCH PRZEDSIĘBIORCÓW	M-20	41	00:00:40	00:01:02	00:12:06	00:23:09	<b>00:24:22.35</b>	<b>00:25:02.90</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
363	<b>WARCZAK Katarzyna</b>	<b>1324</b>	TEAMOCHAL	K-40	10	00:00:19	00:01:01	00:11:57	00:23:02	<b>00:24:22.65</b>	<b>00:24:42.45</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
364	<b>NEUMANN Ariel</b>	<b>949</b>		M-30	118	00:01:03	00:01:09	00:12:01	00:23:04	<b>00:24:22.70</b>	<b>00:25:26.50</b>	+00:08:39 (35.5%)	4:52	12.3 (64.4%)
365	<b>RACIBORSKI Grzegorz</b>	<b>592</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	91	00:00:12	00:01:01	00:12:10	00:23:03	<b>00:24:23.10</b>	<b>00:24:35.90</b>	+00:08:40 (35.6%)	4:52	12.3 (64.4%)
366	<b>OKULICZ Anita</b>	<b>530</b>		K-30	20	00:00:12	00:01:00	00:12:10	00:23:02	<b>00:24:23.80</b>	<b>00:24:36.70</b>	+00:08:41 (35.6%)	4:52	12.3 (64.4%)
367	<b>KLAWIKOWSKA Julita</b>	<b>890</b>	TKKF KOLEJARZ BYDGOSZCZ	K-30	21	00:00:28	00:00:59	00:11:43	00:23:02	<b>00:24:24.35</b>	<b>00:24:52.55</b>	+00:08:41 (35.6%)	4:52	12.3 (64.4%)
368	<b>MALECKI Lukasz</b>	<b>728</b>		M-30	119	00:01:23		00:12:22	00:23:17	<b>00:24:24.80</b>	<b>00:25:48.20</b>	+00:08:42 (35.6%)	4:52	12.3 (64.4%)
369	<b>CIESIELSKI Mirosław</b>	<b>242</b>		M-50	31	00:00:08	00:00:56	00:11:38	00:22:58	<b>00:24:25.15</b>	<b>00:24:33.90</b>	+00:08:42 (35.7%)	4:53	12.3 (64.4%)
370	<b>CHYLIŃSKI Kamil</b>	<b>485</b>		M-10	39	00:01:25		00:12:57	00:23:15	<b>00:24:25.30</b>	<b>00:25:50.80</b>	+00:08:42 (35.7%)	4:53	12.3 (64.4%)
371	<b>SZATKOWSKI Oskar</b>	<b>911</b>		M-30	120	00:00:40	00:01:04	00:11:43	00:23:02	<b>00:24:26.95</b>	<b>00:25:07.85</b>	+00:08:44 (35.7%)	4:53	12.3 (64.4%)
372	<b>SCHMIDT Artur</b>	<b>214</b>	BB ACTIVE TEAM	M-10	40	00:00:13	00:00:54	00:11:40	00:23:04	<b>00:24:27.30</b>	<b>00:24:41.00</b>	+00:08:44 (35.7%)	4:53	12.3 (64.4%)
373	<b>SOŁTYSIAK Mariusz</b>	<b>1163</b>		M-30	121	00:00:28	00:00:57	00:12:04	00:23:04	<b>00:24:27.35</b>	<b>00:24:55.95</b>	+00:08:44 (35.7%)	4:53	12.3 (64.4%)
374	<b>SZCZĘSNY Arkadiusz</b>	<b>1071</b>	DYNAMO SKARPA	M-40	92	00:00:29	00:00:54	00:11:41	00:23:03	<b>00:24:28.90</b>	<b>00:24:58.10</b>	+00:08:46 (35.8%)	4:53	12.3 (64.4%)
375	<b>KLAWIKOWSKI Dawid</b>	<b>888</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	122	00:00:29		00:11:52	00:23:08	<b>00:24:29.80</b>	<b>00:24:58.90</b>	+00:08:47 (35.9%)	4:53	12.3 (64.4%)
375	<b>FABIAŃSKI Rafał</b>	<b>635</b>		M-30	122	00:01:03	00:01:09	00:12:01	00:23:04	<b>00:24:29.80</b>	<b>00:25:33.70</b>	+00:08:47 (35.9%)	4:53	12.3 (64.4%)
377	<b>KIEŁCZYŃSKA Agnieszka</b>	<b>1147</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-30	22	00:00:15	00:00:59	00:12:11	00:23:11	<b>00:24:29.95</b>	<b>00:24:45.15</b>	+00:08:47 (35.9%)	4:53	12.3 (64.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
378	JOPPEK Łukasz	897		M-30	124	00:00:08	00:00:54	00:11:50	00:23:03	00:24:30.15	00:24:38.80	+00:08:47 (35.9%)	4:54	12.2 (63.9%)
378	GRABIŃSKI Sławomir	1469	NITROCHEM	M-30	124	00:00:38	00:01:04	00:12:29	00:23:08	00:24:30.15	00:25:08.70	+00:08:47 (35.9%)	4:54	12.2 (63.9%)
380	BIAŁY Dawid	1487		M-30	126	00:01:19	00:01:07	00:12:26	00:23:16	00:24:32.45	00:25:51.60	+00:08:49 (36.0%)	4:54	12.2 (63.9%)
381	MALINOWSKA Joanna	1077		K-20	10	00:00:07	00:00:49	00:11:52	00:23:10	00:24:33.00	00:24:40.15	+00:08:50 (36.0%)	4:54	12.2 (63.9%)
382	MALINOWSKI Olaf	1394		M-20	42	00:00:07	00:00:49	00:11:52	00:23:10	00:24:33.35	00:24:40.55	+00:08:50 (36.0%)	4:54	12.2 (63.9%)
383	ZIMOSZ Wiktoria	1075		K-20	11	00:00:14	00:00:57	00:11:52	00:23:12	00:24:34.85	00:24:49.30	+00:08:52 (36.1%)	4:54	12.2 (63.9%)
383	FIRYN Piotr	786		M-20	43	00:01:10	00:01:03	00:12:05	00:23:13	00:24:34.85	00:25:44.95	+00:08:52 (36.1%)	4:54	12.2 (63.9%)
385	ŁAWSKI Kamil	920		M-30	127	00:00:41	00:01:03	00:12:03	00:23:15	00:24:34.95	00:25:16.85	+00:08:52 (36.1%)	4:54	12.2 (63.9%)
386	WALCZAK Kamil	129		M-30	128	00:00:09	00:00:56	00:12:00	00:23:16	00:24:36.40	00:24:45.80	+00:08:53 (36.1%)	4:55	12.2 (63.9%)
387	GWIAZDOWSKI Dominik	167	CWZS ZAWISZA BYDGOSZCZ	M-10	41	00:01:02	00:01:00	00:12:09	00:23:19	00:24:36.60	00:25:38.95	+00:08:53 (36.2%)	4:55	12.2 (63.9%)
387	NATYWO Gerard	808	MOLDY UNICORNS	M-30	129	00:01:32	00:01:16	00:12:40	00:23:13	00:24:36.60	00:26:09.10	+00:08:53 (36.2%)	4:55	12.2 (63.9%)
389	STĘPOWSKI Marcel	603		M-10	42	00:00:31	00:00:58	00:11:56	00:23:20	00:24:37.45	00:25:08.95	+00:08:54 (36.2%)	4:55	12.2 (63.9%)
390	CZERNAK Marcin	1080		M-40	93	00:00:16	00:01:06	00:12:16	00:23:11	00:24:38.10	00:24:54.90	+00:08:55 (36.2%)	4:55	12.2 (63.9%)
391	PIETRYCH Paweł	893		M-20	44	00:01:03	00:01:11	00:12:12	00:23:11	00:24:38.35	00:25:42.25	+00:08:55 (36.2%)	4:55	12.2 (63.9%)
392	NIESTĘPSKI Bartosz	1106		M-30	130	00:00:35	00:01:02	00:12:15	00:23:25	00:24:39.20	00:25:14.40	+00:08:56 (36.3%)	4:55	12.2 (63.9%)
393	OLEJNICZAK Tomasz	1369	NITROCHEM	M-30	131	00:00:32	00:00:59	00:12:00	00:23:16	00:24:39.50	00:25:11.95	+00:08:56 (36.3%)	4:55	12.2 (63.9%)
394	MAJCHRZAK Bartosz	658		M-20	45	00:01:34	00:01:00	00:12:16	00:23:30	00:24:39.65	00:26:14.30	+00:08:56 (36.3%)	4:55	12.2 (63.9%)
395	ZIĘTARA Marek	1338		M-40	94	00:00:05	00:00:56	00:11:59	00:23:15	00:24:41.05	00:24:46.30	+00:08:58 (36.3%)	4:56	12.2 (63.9%)
396	APPEL Oskar	654		M-20	46	00:01:33	00:01:10	00:12:50	00:23:31	00:24:41.15	00:26:14.55	+00:08:58 (36.3%)	4:56	12.2 (63.9%)
397	KUCIŃSKI Artur	311		M-40	95	00:00:16	00:00:57	00:11:49	00:23:14	00:24:41.40	00:24:57.90	+00:08:58 (36.4%)	4:56	12.2 (63.9%)
398	JAWORSKI Krzysztof	1085		M-50	32	00:00:59	00:01:13	00:12:35	00:23:20	00:24:41.60	00:25:40.70	+00:08:58 (36.4%)	4:56	12.2 (63.9%)
399	PARÓL Karolina	1348	BYDGOSKIE PSIEROTKI	K-20	12	00:01:20	00:01:08	00:12:16	00:23:21	00:24:42.25	00:26:02.55	+00:08:59 (36.4%)	4:56	12.1 (63.4%)
400	SKÓRCZEWSKI Jacek	339		M-60+	5	00:00:26	00:00:59	00:11:52	00:23:13	00:24:42.35	00:25:09.25	+00:08:59 (36.4%)	4:56	12.1 (63.4%)
401	PRZYBYLSKI Dariusz	649		M-30	132	00:00:20	00:00:55	00:12:00	00:23:15	00:24:42.45	00:25:02.90	+00:08:59 (36.4%)	4:56	12.1 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
402	<b>PIECHOWIAK Jacek</b>	<b>1105</b>		M-50	33	00:00:50	00:00:54	00:12:15	00:23:27	<b>00:24:43.35</b>	<b>00:25:34.10</b>	+00:09:00 (36.4%)	4:56	12.1 (63.4%)
403	<b>HŁAWNIAK Zbigniew</b>	<b>770</b>		M-60+	6	00:00:06	00:00:53	00:12:08	00:23:26	<b>00:24:45.80</b>	<b>00:24:52.40</b>	+00:09:03 (36.5%)	4:57	12.1 (63.4%)
404	<b>NURKIEWICZ Jarosław</b>	<b>1116</b>	KUNG FU PANDY 3	M-50	34	00:00:29	00:00:58	00:11:56	00:23:24	<b>00:24:46.20</b>	<b>00:25:15.20</b>	+00:09:03 (36.6%)	4:57	12.1 (63.4%)
405	<b>KOWALSKA Julia</b>	<b>413</b>		K-20	13	00:00:30	00:00:59	00:12:11	00:23:10	<b>00:24:46.75</b>	<b>00:25:17.25</b>	+00:09:03 (36.6%)	4:57	12.1 (63.4%)
406	<b>JANYSKA Adam</b>	<b>535</b>		M-20	47	00:00:39	00:01:00	00:12:22	00:23:38	<b>00:24:47.15</b>	<b>00:25:26.50</b>	+00:09:04 (36.6%)	4:57	12.1 (63.4%)
407	<b>FIKSAT Mateusz</b>	<b>1305</b>		M-30	133	00:00:19		00:11:44	00:23:22	<b>00:24:47.40</b>	<b>00:25:06.90</b>	+00:09:04 (36.6%)	4:57	12.1 (63.4%)
408	<b>CZAJKOWSKI Kamil</b>	<b>135</b>		M-20	48	00:00:16	00:00:56	00:12:06	00:23:27	<b>00:24:48.45</b>	<b>00:25:04.65</b>	+00:09:05 (36.7%)	4:57	12.1 (63.4%)
409	<b>ANTCZAK Paweł</b>	<b>58</b>		M-40	96	00:00:46	00:01:17	00:12:13	00:23:21	<b>00:24:49.40</b>	<b>00:25:35.90</b>	+00:09:06 (36.7%)	4:57	12.1 (63.4%)
410	<b>SULECKI Maciej</b>	<b>1497</b>		M-40	97	00:00:24	00:01:07	00:11:53	00:23:21	<b>00:24:49.65</b>	<b>00:25:13.95</b>	+00:09:06 (36.7%)	4:57	12.1 (63.4%)
411	<b>ZAGAJEWSKA Marcelina</b>	<b>804</b>		K-20	14	00:00:24	00:00:55	00:11:48	00:23:26	<b>00:24:50.40</b>	<b>00:25:15.20</b>	+00:09:07 (36.7%)	4:58	12.1 (63.4%)
412	<b>KARSKI Krzysztof</b>	<b>488</b>		M-10	43	00:01:04	00:00:59	00:12:31	00:23:40	<b>00:24:50.95</b>	<b>00:25:55.90</b>	+00:09:08 (36.8%)	4:58	12.1 (63.4%)
413	<b>BIEGAŁA Agnieszka</b>	<b>161</b>		K-40	11	00:00:05	00:00:51	00:12:07	00:23:27	<b>00:24:53.45</b>	<b>00:24:59.30</b>	+00:09:10 (36.9%)	4:58	12.1 (63.4%)
414	<b>CIEŚLIK Jan</b>	<b>1150</b>	LOTTO BYDGOSTIA	M-10	44	00:01:09	00:01:17	00:13:04	00:23:37	<b>00:24:53.90</b>	<b>00:26:03.65</b>	+00:09:11 (36.9%)	4:58	12.1 (63.4%)
415	<b>BIEDROŃ Rafał</b>	<b>183</b>		M-20	49	00:00:08	00:00:56	00:12:16	00:23:40	<b>00:24:55.25</b>	<b>00:25:04.00</b>	+00:09:12 (36.9%)	4:59	12 (62.8%)
416	<b>RUTKOWSKA-PISZCZYŃSKA Agata</b>	<b>577</b>	BRZEZIŃSKI RUN CLUB	K-40	12	00:00:05	00:00:49	00:11:56	00:23:28	<b>00:24:56.10</b>	<b>00:25:01.35</b>	+00:09:13 (37.0%)	4:59	12 (62.8%)
417	<b>MIKULSKI Wojciech</b>	<b>1081</b>		M-30	134	00:01:14	00:01:06	00:12:22	00:23:35	<b>00:24:56.90</b>	<b>00:26:11.70</b>	+00:09:14 (37.0%)	4:59	12 (62.8%)
418	<b>PRĘDKI Jarosław</b>	<b>1329</b>		M-30	135	00:00:16	00:01:02	00:12:30	00:23:33	<b>00:24:57.05</b>	<b>00:25:13.05</b>	+00:09:14 (37.0%)	4:59	12 (62.8%)
419	<b>RYGIEWICZ Wojciech</b>	<b>315</b>		M-50	35	00:00:14	00:00:56	00:12:07	00:23:34	<b>00:24:57.55</b>	<b>00:25:12.15</b>	+00:09:14 (37.0%)	4:59	12 (62.8%)
419	<b>OZDARSKI Bartosz</b>	<b>177</b>		M-40	98	00:00:39	00:01:08	00:12:26	00:23:37	<b>00:24:57.55</b>	<b>00:25:36.85</b>	+00:09:14 (37.0%)	4:59	12 (62.8%)
421	<b>CHMURZYŃSKI Tomasz</b>	<b>1134</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-50	36	00:00:06	00:00:55	00:12:10	00:23:38	<b>00:24:57.70</b>	<b>00:25:03.70</b>	+00:09:14 (37.1%)	4:59	12 (62.8%)
421	<b>LAKS Krzysztof</b>	<b>633</b>		M-30	136	00:00:25	00:01:04	00:12:15	00:23:37	<b>00:24:57.70</b>	<b>00:25:23.10</b>	+00:09:14 (37.1%)	4:59	12 (62.8%)
423	<b>GREŃ Sebastian</b>	<b>1129</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-30	137	00:00:05	00:00:56	00:12:10	00:23:39	<b>00:24:57.85</b>	<b>00:25:03.60</b>	+00:09:15 (37.1%)	4:59	12 (62.8%)
424	<b>KANTORSKI Zbysław</b>	<b>555</b>	COKE RUNNERS	M-50	37	00:01:02	00:01:04	00:12:14	00:23:34	<b>00:24:58.40</b>	<b>00:26:00.70</b>	+00:09:15 (37.1%)	4:59	12 (62.8%)
425	<b>ŚWIERCZYŃSKI Marcin</b>	<b>71</b>	ATHLETICOMED.PL BYDGOSZCZ	M-30	138	00:00:45	00:01:07	00:12:17	00:23:30	<b>00:24:59.00</b>	<b>00:25:44.50</b>	+00:09:16 (37.1%)	4:59	12 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
425	<b>GORGOL Tomasz</b>	<b>163</b>	LP500/WTLENIE	M-40	99	00:00:46	00:00:58	00:12:19	00:23:34	<b>00:24:59.00</b>	<b>00:25:45.85</b>	+00:09:16 (37.1%)	4:59	12 (62.8%)
427	<b>KRÓL Karol</b>	<b>371</b>	TKKF KOLEJARZ BYDGOSZCZ	M-40	100	00:00:25	00:00:52	00:11:56	00:23:37	<b>00:24:59.50</b>	<b>00:25:25.00</b>	+00:09:16 (37.1%)	4:59	12 (62.8%)
428	<b>CIEPŁOWSKI Robert</b>	<b>1107</b>		M-40	101	00:00:56	00:01:02	00:12:31	00:23:38	<b>00:25:00.10</b>	<b>00:25:56.70</b>	+00:09:17 (37.2%)	5:00	12 (62.8%)
429	<b>MASŁOWSKI Łukasz</b>	<b>1491</b>		M-30	139	00:00:11	00:00:58	00:12:25	00:23:48	<b>00:25:00.50</b>	<b>00:25:11.85</b>	+00:09:17 (37.2%)	5:00	12 (62.8%)
430	<b>SZYDLIK Karol</b>	<b>1430</b>		M-20	50	00:01:11	00:01:09	00:12:30	00:23:45	<b>00:25:01.20</b>	<b>00:26:12.30</b>	+00:09:18 (37.2%)	5:00	12 (62.8%)
431	<b>ŁOJEWSKI Mariusz</b>	<b>1333</b>		M-40	102	00:00:52		00:12:03	00:23:37	<b>00:25:01.75</b>	<b>00:25:54.55</b>	+00:09:18 (37.2%)	5:00	12 (62.8%)
432	<b>PAWLACZYK Paweł</b>	<b>602</b>		M-30	140	00:01:08	00:01:07	00:12:40	00:23:46	<b>00:25:02.25</b>	<b>00:26:10.45</b>	+00:09:19 (37.2%)	5:00	12 (62.8%)
433	<b>JANUSZEWSKI Radosław</b>	<b>536</b>		M-40	103	00:00:00	00:01:16	00:12:31	00:23:38	<b>00:25:02.35</b>	<b>00:25:02.35</b>	+00:09:19 (37.2%)	5:00	12 (62.8%)
434	<b>NEUMANN Magdalena</b>	<b>1249</b>		K-40	13	00:00:22	00:01:00	00:12:15	00:23:39	<b>00:25:02.75</b>	<b>00:25:25.35</b>	+00:09:19 (37.3%)	5:00	12 (62.8%)
435	<b>GOŹDZIK Janek</b>	<b>947</b>	BTW	M-10	45	00:01:25	00:01:06	00:12:06	00:23:40	<b>00:25:04.10</b>	<b>00:26:29.70</b>	+00:09:21 (37.3%)	5:00	12 (62.8%)
436	<b>WIECZOREK Antek</b>	<b>1144</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-10	46	00:00:07	00:00:53	00:12:11	00:23:34	<b>00:25:04.45</b>	<b>00:25:12.20</b>	+00:09:21 (37.3%)	5:00	12 (62.8%)
436	<b>STĘPIEŃ Tomasz</b>	<b>794</b>		M-40	104	00:01:02	00:01:01	00:12:11	00:23:34	<b>00:25:04.45</b>	<b>00:26:06.60</b>	+00:09:21 (37.3%)	5:00	12 (62.8%)
438	<b>WIECZOREK Paweł</b>	<b>1149</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-30	141	00:00:07	00:00:53	00:12:11	00:23:34	<b>00:25:04.65</b>	<b>00:25:11.85</b>	+00:09:21 (37.3%)	5:00	12 (62.8%)
439	<b>GRUDA Mirosław</b>	<b>202</b>		M-60+	7	00:00:10	00:00:57	00:12:19	00:23:44	<b>00:25:05.15</b>	<b>00:25:15.30</b>	+00:09:22 (37.4%)	5:01	12 (62.8%)
440	<b>DANIELEK Piotr</b>	<b>1030</b>		M-40	105	00:00:47	00:00:59	00:11:56	00:23:35	<b>00:25:06.30</b>	<b>00:25:53.45</b>	+00:09:23 (37.4%)	5:01	12 (62.8%)
441	<b>SIUDA Piotr</b>	<b>499</b>		M-40	106	00:00:41	00:01:07	00:12:22	00:23:41	<b>00:25:06.50</b>	<b>00:25:47.75</b>	+00:09:23 (37.4%)	5:01	12 (62.8%)
442	<b>KWIATKOWSKI Piotr</b>	<b>520</b>		M-30	142	00:00:32	00:01:04	00:12:34	00:23:41	<b>00:25:06.95</b>	<b>00:25:39.15</b>	+00:09:24 (37.4%)	5:01	12 (62.8%)
443	<b>ŚWIĘCICKI Andrzej</b>	<b>952</b>	BYDGOSKIE ŻÓŁWIE	M-50	38	00:00:48	00:01:06	00:12:27	00:23:42	<b>00:25:07.10</b>	<b>00:25:55.20</b>	+00:09:24 (37.4%)	5:01	11.9 (62.3%)
444	<b>BYRTEK Grzegorz</b>	<b>832</b>	TRIDRIPSY	M-40	107	00:00:00	00:01:47	00:12:34	00:23:43	<b>00:25:07.35</b>	<b>00:25:07.35</b>	+00:09:24 (37.5%)	5:01	11.9 (62.3%)
445	<b>KOSIARSKI Tomasz</b>	<b>1396</b>		M-40	108	00:01:03	00:01:12	00:12:58	00:23:49	<b>00:25:08.40</b>	<b>00:26:11.50</b>	+00:09:25 (37.5%)	5:01	11.9 (62.3%)
446	<b>ŁATKA Marcin</b>	<b>1382</b>		M-40	109	00:00:24	00:00:55	00:12:10	00:23:41	<b>00:25:11.05</b>	<b>00:25:35.55</b>	+00:09:28 (37.6%)	5:02	11.9 (62.3%)
447	<b>OELRICH Henryk</b>	<b>1112</b>	PK TUCHOLA	M-50	39	00:00:47	00:01:06	00:12:22	00:23:48	<b>00:25:12.85</b>	<b>00:26:00.40</b>	+00:09:30 (37.7%)	5:02	11.9 (62.3%)
448	<b>TKACZYK Szymon</b>	<b>813</b>		M-20	51	00:00:46	00:01:02	00:12:20	00:23:51	<b>00:25:13.25</b>	<b>00:25:59.60</b>	+00:09:30 (37.7%)	5:02	11.9 (62.3%)
449	<b>KLEPACZEWSKI Arkadiusz</b>	<b>79</b>		M-30	143	00:00:10	00:01:01	00:12:15	00:23:45	<b>00:25:14.25</b>	<b>00:25:24.65</b>	+00:09:31 (37.7%)	5:02	11.9 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
450	WOLSKI Michał	26	OKOLE	M-30	144	00:01:08	00:01:18	00:12:56	00:23:50	00:25:14.65	00:26:23.10	+00:09:31 (37.8%)	5:02	11.9 (62.3%)
451	NIEBALSKI Paweł	1483	MARTYRIA BYDGOSZCZ	M-40	110	00:01:04	00:01:05	00:12:24	00:23:48	00:25:14.80	00:26:18.90	+00:09:32 (37.8%)	5:02	11.9 (62.3%)
452	PRIETZ Bartosz	239		M-40	111	00:01:02	00:01:11	00:12:56	00:23:58	00:25:15.35	00:26:18.15	+00:09:32 (37.8%)	5:03	11.9 (62.3%)
453	RATAJ Szymon	233		M-10	47	00:00:28	00:01:05	00:12:27	00:23:51	00:25:15.40	00:25:43.70	+00:09:32 (37.8%)	5:03	11.9 (62.3%)
454	CHOJNACKI Patryk	1408		M-20	52	00:00:30	00:01:04	00:12:10	00:23:44	00:25:15.75	00:25:46.60	+00:09:32 (37.8%)	5:03	11.9 (62.3%)
455	RUTKOWSKI Tomasz	63		M-50	40	00:00:31	00:00:57	00:12:12	00:23:50	00:25:16.30	00:25:47.75	+00:09:33 (37.8%)	5:03	11.9 (62.3%)
456	KAJA Dominika	672		K-30	23	00:00:46	00:01:11	00:12:34	00:24:01	00:25:16.75	00:26:02.85	+00:09:33 (37.8%)	5:03	11.9 (62.3%)
457	VILLAVERDE CALVO Eduardo	608		M-40	112	00:01:37	00:01:16	00:13:40	00:23:59	00:25:17.35	00:26:54.60	+00:09:34 (37.9%)	5:03	11.9 (62.3%)
458	PYTLIŃSKI Marek	736	BYDGOSKIE ŻÓŁWIE	M-10	48	00:00:46	00:01:03	00:12:32	00:23:54	00:25:17.75	00:26:04.70	+00:09:34 (37.9%)	5:03	11.9 (62.3%)
459	KUBIAK Błażej	578		M-30	145	00:00:12	00:00:57	00:12:04	00:23:49	00:25:17.85	00:25:29.85	+00:09:35 (37.9%)	5:03	11.9 (62.3%)
460	KOWALEWSKI Marcin	1323		M-40	113	00:00:26	00:01:04	00:12:43	00:23:55	00:25:17.90	00:25:44.80	+00:09:35 (37.9%)	5:03	11.9 (62.3%)
461	ZIAJKO Marcin	136		M-30	146	00:00:07	00:00:57	00:12:23	00:23:56	00:25:19.15	00:25:26.60	+00:09:36 (37.9%)	5:03	11.8 (61.8%)
462	RYDLEWSKI Andrzej	288	TEAM RUDNIK	M-40	114	00:01:13	00:01:07	00:12:47	00:23:59	00:25:20.80	00:26:34.15	+00:09:38 (38.0%)	5:04	11.8 (61.8%)
463	KITOWSKI Hubert	762		M-20	53	00:00:46	00:01:02	00:12:20	00:23:57	00:25:21.15	00:26:07.20	+00:09:38 (38.0%)	5:04	11.8 (61.8%)
464	JAŻWIŃSKI Damian	979		M-20	54	00:00:34	00:00:57	00:11:53	00:24:02	00:25:21.95	00:25:56.60	+00:09:39 (38.1%)	5:04	11.8 (61.8%)
465	GRACZYKOWSKI Jakub	883		M-10	49	00:00:47	00:01:11	00:12:42	00:23:57	00:25:22.15	00:26:09.30	+00:09:39 (38.1%)	5:04	11.8 (61.8%)
466	CIEŚLEWICZ Karol	9	OLAFCREW	M-40	115	00:01:20	00:01:12	00:12:39	00:24:00	00:25:22.25	00:26:42.55	+00:09:39 (38.1%)	5:04	11.8 (61.8%)
467	RATAJ Maciej	78		M-40	116	00:00:28	00:01:04	00:12:27	00:23:54	00:25:22.35	00:25:51.20	+00:09:39 (38.1%)	5:04	11.8 (61.8%)
468	DĄBROWSKI Michał	164	MYLEASE.PL	M-40	117	00:00:50	00:01:08	00:12:43	00:23:58	00:25:22.85	00:26:13.50	+00:09:40 (38.1%)	5:04	11.8 (61.8%)
469	KAWKA Piotr	1113		M-30	147	00:00:28	00:00:59	00:12:19	00:24:03	00:25:23.90	00:25:52.30	+00:09:41 (38.1%)	5:04	11.8 (61.8%)
470	KUBASIAK Artur	632		M-40	118	00:00:08	00:00:50	00:11:51	00:23:47	00:25:24.15	00:25:32.35	+00:09:41 (38.1%)	5:04	11.8 (61.8%)
471	DRÓZDŹ Małgorzata	683		K-30	24	00:00:31	00:00:55	00:12:29	00:24:03	00:25:24.60	00:25:56.30	+00:09:41 (38.2%)	5:04	11.8 (61.8%)
472	WIATROWSKA Ewa	755		K-10	5	00:00:00	00:01:42	00:12:36	00:24:05	00:25:24.70	00:25:24.70	+00:09:41 (38.2%)	5:04	11.8 (61.8%)
473	ŚMIGIELSKI Jarosław	1495		M-20	55	00:00:16	00:01:03	00:12:32	00:24:09	00:25:25.70	00:25:42.20	+00:09:42 (38.2%)	5:05	11.8 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
474	<b>DROŻYŃSKI Maciej</b>	<b>381</b>		M-30	148	00:00:34	00:01:01	00:12:19	00:23:57	<b>00:25:25.90</b>	<b>00:26:00.60</b>	+00:09:43 (38.2%)	5:05	11.8 (61.8%)
475	<b>PIOTROWSKA-RADZIEJEWSKA Marzena</b>	<b>61</b>	TEAMOCHAL	K-40	14	00:00:25	00:01:02	00:12:26	00:24:05	<b>00:25:26.25</b>	<b>00:25:51.35</b>	+00:09:43 (38.2%)	5:05	11.8 (61.8%)
476	<b>MICHALAK Krzysztof</b>	<b>1078</b>		M-30	149	00:01:14	00:01:05	00:12:43	00:24:02	<b>00:25:26.65</b>	<b>00:26:40.85</b>	+00:09:43 (38.2%)	5:05	11.8 (61.8%)
477	<b>MAJCHRZAK Katarzyna</b>	<b>924</b>		K-30	25	00:00:30		00:12:26	00:24:03	<b>00:25:28.80</b>	<b>00:25:59.40</b>	+00:09:46 (38.3%)	5:05	11.8 (61.8%)
478	<b>RADZIEJEWSKI Tomasz</b>	<b>59</b>	TEAMOCHAL	M-40	119	00:00:25	00:01:02	00:12:25	00:24:04	<b>00:25:29.45</b>	<b>00:25:54.55</b>	+00:09:46 (38.4%)	5:05	11.8 (61.8%)
479	<b>PASEK Szymon</b>	<b>502</b>		M-20	56	00:01:21	00:01:09	00:12:18	00:24:10	<b>00:25:30.95</b>	<b>00:26:52.30</b>	+00:09:48 (38.4%)	5:06	11.8 (61.8%)
480	<b>AGARKOV Pavlo</b>	<b>970</b>	SANSARA	M-30	150	00:00:05	00:00:53	00:12:30	00:24:05	<b>00:25:31.10</b>	<b>00:25:37.00</b>	+00:09:48 (38.4%)	5:06	11.8 (61.8%)
481	<b>LAPKE Róża</b>	<b>855</b>		K-30	26	00:00:47	00:01:12	00:12:41	00:24:10	<b>00:25:31.95</b>	<b>00:26:19.45</b>	+00:09:49 (38.5%)	5:06	11.8 (61.8%)
482	<b>SOBOLEWSKA Aleksandra</b>	<b>568</b>	BRZEZIŃSKI RUN CLUB	K-20	15	00:00:10	00:00:57	00:12:29	00:24:07	<b>00:25:32.65</b>	<b>00:25:42.75</b>	+00:09:49 (38.5%)	5:06	11.7 (61.3%)
483	<b>POLAŃCZYK Paulina</b>	<b>775</b>		K-30	27	00:00:57	00:01:11	00:12:48	00:24:12	<b>00:25:35.75</b>	<b>00:26:33.55</b>	+00:09:52 (38.6%)	5:07	11.7 (61.3%)
484	<b>IRZA Michał</b>	<b>1176</b>		M-30	151	00:00:50	00:01:06	00:12:43	00:24:12	<b>00:25:36.10</b>	<b>00:26:26.20</b>	+00:09:53 (38.6%)	5:07	11.7 (61.3%)
485	<b>FILIPEK Małgorzata</b>	<b>1243</b>	TEAM RUDNIK	K-30	28	00:00:41	00:01:02	00:12:20	00:24:06	<b>00:25:36.90</b>	<b>00:26:18.45</b>	+00:09:54 (38.7%)	5:07	11.7 (61.3%)
486	<b>POPA Kamil</b>	<b>1343</b>		M-20	57	00:00:48	00:00:54	00:11:36	00:23:55	<b>00:25:37.10</b>	<b>00:26:25.15</b>	+00:09:54 (38.7%)	5:07	11.7 (61.3%)
487	<b>BARAŃSKI Władysław</b>	<b>828</b>		M-40	120	00:00:24	00:01:02	00:12:42	00:24:17	<b>00:25:39.30</b>	<b>00:26:03.50</b>	+00:09:56 (38.8%)	5:07	11.7 (61.3%)
488	<b>ZAGÓRSKI Artur</b>	<b>105</b>		M-30	152	00:01:18	00:01:12	00:12:46	00:24:12	<b>00:25:39.40</b>	<b>00:26:57.60</b>	+00:09:56 (38.8%)	5:07	11.7 (61.3%)
489	<b>TORCHALSKI Krzysztof</b>	<b>910</b>		M-60+	8	00:00:42	00:01:13	00:12:58	00:24:15	<b>00:25:39.90</b>	<b>00:26:22.80</b>	+00:09:57 (38.8%)	5:07	11.7 (61.3%)
490	<b>WILK Darek</b>	<b>384</b>		M-40	121	00:00:17	00:01:02	00:12:48	00:24:15	<b>00:25:40.30</b>	<b>00:25:58.00</b>	+00:09:57 (38.8%)	5:08	11.7 (61.3%)
491	<b>DULIŃSKA Dorota</b>	<b>291</b>	TRISPACE/TREK	K-40	15	00:00:28	00:01:00	00:12:31	00:24:15	<b>00:25:41.40</b>	<b>00:26:10.00</b>	+00:09:58 (38.8%)	5:08	11.7 (61.3%)
492	<b>GACKOWSKA Daria</b>	<b>157</b>		K-30	29	00:00:05	00:00:57	00:12:23	00:24:18	<b>00:25:42.20</b>	<b>00:25:47.75</b>	+00:09:59 (38.9%)	5:08	11.7 (61.3%)
493	<b>HYZY Piotr</b>	<b>343</b>		M-30	153	00:01:00	00:01:18	00:13:31	00:24:22	<b>00:25:43.90</b>	<b>00:26:44.85</b>	+00:10:01 (38.9%)	5:08	11.7 (61.3%)
494	<b>RUTKOWSKI Piotr</b>	<b>1320</b>		M-40	122	00:00:13	00:00:58	00:12:20	00:24:16	<b>00:25:45.05</b>	<b>00:25:58.75</b>	+00:10:02 (39.0%)	5:09	11.7 (61.3%)
495	<b>DOBOSIEWICZ Sebastian</b>	<b>1109</b>		M-40	123	00:00:27	00:00:57	00:12:36	00:24:18	<b>00:25:45.10</b>	<b>00:26:12.50</b>	+00:10:02 (39.0%)	5:09	11.7 (61.3%)
496	<b>PACEK Mirosław</b>	<b>1087</b>		M-50	41	00:01:07	00:01:13	00:12:31	00:24:17	<b>00:25:45.20</b>	<b>00:26:53.10</b>	+00:10:02 (39.0%)	5:09	11.7 (61.3%)
497	<b>ZIEMSKI Dawid</b>	<b>395</b>		M-40	124	00:00:08	00:01:00	00:12:18	00:24:22	<b>00:25:46.20</b>	<b>00:25:54.85</b>	+00:10:03 (39.0%)	5:09	11.6 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
498	<b>BAGIŃSKI Aleksander</b>	<b>1361</b>	NITROCHEM	M-50	42	00:00:32	00:00:58	00:12:38	00:24:23	<b>00:25:47.70</b>	<b>00:26:20.15</b>	+00:10:04 (39.1%)	5:09	11.6 (60.7%)
499	<b>POTRZEBOWSKI Marek</b>	<b>747</b>	LIFE BALANCE PLACE AND DEAF	M-40	125	00:00:31	00:01:03	00:12:48	00:24:29	<b>00:25:47.90</b>	<b>00:26:19.05</b>	+00:10:05 (39.1%)	5:09	11.6 (60.7%)
500	<b>GRUBA Jacek</b>	<b>1223</b>	TRISPACE/TREK	M-60+	9	00:00:38	00:01:03	00:12:37	00:24:22	<b>00:25:48.40</b>	<b>00:26:26.95</b>	+00:10:05 (39.1%)	5:09	11.6 (60.7%)
501	<b>PISKORSKA Marta</b>	<b>1182</b>	KOLOROWE GACIE	K-40	16	00:00:31	00:01:03	00:12:49	00:24:23	<b>00:25:48.75</b>	<b>00:26:20.15</b>	+00:10:05 (39.1%)	5:09	11.6 (60.7%)
502	<b>SITKO Przemysław</b>	<b>544</b>		M-40	126	00:00:13	00:00:54	00:12:08	00:24:18	<b>00:25:50.25</b>	<b>00:26:03.25</b>	+00:10:07 (39.2%)	5:10	11.6 (60.7%)
502	<b>ZAJĄC Tomasz</b>	<b>43</b>	BIEGAJ Z DĘBAMI	M-50	43	00:01:03	00:01:07	00:12:40	00:24:28	<b>00:25:50.25</b>	<b>00:26:54.10</b>	+00:10:07 (39.2%)	5:10	11.6 (60.7%)
504	<b>CHAMIER CIEMINSKA Monika</b>	<b>1482</b>		K-20	16	00:00:40	00:01:06	00:12:26	00:24:26	<b>00:25:50.50</b>	<b>00:26:30.80</b>	+00:10:07 (39.2%)	5:10	11.6 (60.7%)
505	<b>BAUMGART Jacek</b>	<b>44</b>	BIEGAJ Z DĘBAMI	M-60+	10	00:01:03	00:01:08	00:12:40	00:24:27	<b>00:25:50.95</b>	<b>00:26:54.40</b>	+00:10:08 (39.2%)	5:10	11.6 (60.7%)
506	<b>KACZMARCZYK Krzysztof</b>	<b>645</b>	BIELPARTNER	M-40	127	00:00:14	00:01:09	00:12:44	00:24:28	<b>00:25:51.00</b>	<b>00:26:05.10</b>	+00:10:08 (39.2%)	5:10	11.6 (60.7%)
507	<b>MISIAK Agata</b>	<b>477</b>		K-20	17	00:00:58	00:01:09	00:13:04	00:24:28	<b>00:25:51.50</b>	<b>00:26:50.15</b>	+00:10:08 (39.2%)	5:10	11.6 (60.7%)
508	<b>JAŻWIŃSKI Janusz</b>	<b>737</b>		M-30	154	00:00:20	00:00:59	00:12:34	00:24:21	<b>00:25:51.65</b>	<b>00:26:12.20</b>	+00:10:08 (39.2%)	5:10	11.6 (60.7%)
509	<b>GAZDA Andrzej</b>	<b>1435</b>	NITROCHEM	M-40	128	00:00:37	00:01:11	00:12:52	00:24:21	<b>00:25:51.70</b>	<b>00:26:29.05</b>	+00:10:08 (39.2%)	5:10	11.6 (60.7%)
510	<b>MAGDZIARZ Klaudia</b>	<b>574</b>	BRZEZIŃSKIRUNCLUB	K-20	18	00:00:43	00:01:14	00:12:54	00:24:25	<b>00:25:51.80</b>	<b>00:26:35.30</b>	+00:10:09 (39.2%)	5:10	11.6 (60.7%)
511	<b>MAŁECKI Mateusz</b>	<b>85</b>		M-10	50	00:00:03	00:00:47	00:12:13	00:24:17	<b>00:25:53.25</b>	<b>00:25:57.05</b>	+00:10:10 (39.3%)	5:10	11.6 (60.7%)
512	<b>GLAMA Stanisław</b>	<b>525</b>		M-50	44	00:01:16	00:01:14	00:13:00	00:24:32	<b>00:25:54.75</b>	<b>00:27:11.50</b>	+00:10:11 (39.4%)	5:10	11.6 (60.7%)
513	<b>SZATKOWSKI Dominik</b>	<b>1399</b>		M-20	58	00:00:45	00:01:09	00:13:01	00:24:36	<b>00:25:54.85</b>	<b>00:26:39.85</b>	+00:10:12 (39.4%)	5:10	11.6 (60.7%)
514	<b>MAŁKOWSKA Ewa</b>	<b>1231</b>		K-20	19	00:01:16	00:01:14	00:13:00	00:24:32	<b>00:25:54.90</b>	<b>00:27:11.40</b>	+00:10:12 (39.4%)	5:10	11.6 (60.7%)
515	<b>RÓŻYCKI Dariusz</b>	<b>1045</b>	BYDGOSKIE ŻÓŁWIE	M-50	45	00:00:20	00:01:02	00:12:49	00:24:32	<b>00:25:55.45</b>	<b>00:26:15.60</b>	+00:10:12 (39.4%)	5:11	11.6 (60.7%)
516	<b>MŁYNARCZYK Ewa</b>	<b>1044</b>	BYDGOSKIE ŻÓŁWIE	K-40	17	00:00:20	00:01:02	00:12:49	00:24:32	<b>00:25:55.60</b>	<b>00:26:15.75</b>	+00:10:12 (39.4%)	5:11	11.6 (60.7%)
517	<b>DERING Tomasz</b>	<b>788</b>	BYDGOSKIE ŻÓŁWIE	M-40	129	00:00:20	00:01:02	00:12:49	00:24:32	<b>00:25:56.60</b>	<b>00:26:16.60</b>	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
518	<b>CZYŻEWSKA Justyna</b>	<b>69</b>		K-40	18	00:00:40	00:01:03	00:12:40	00:24:32	<b>00:25:56.65</b>	<b>00:26:37.60</b>	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
519	<b>LEWANDOWSKA Wanda</b>	<b>1046</b>		K-10	6	00:00:41	00:01:10	00:13:20	00:24:38	<b>00:25:57.00</b>	<b>00:26:38.75</b>	+00:10:14 (39.4%)	5:11	11.6 (60.7%)
520	<b>BARAN Anna</b>	<b>1337</b>		K-20	20	00:01:13	00:01:10	00:12:41	00:24:28	<b>00:25:57.30</b>	<b>00:27:10.80</b>	+00:10:14 (39.5%)	5:11	11.6 (60.7%)
521	<b>CIESIELSKI Mateusz</b>	<b>422</b>		M-30	155	00:00:44	00:01:08	00:13:07	00:24:39	<b>00:25:58.05</b>	<b>00:26:42.25</b>	+00:10:15 (39.5%)	5:11	11.6 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
522	<b>BRAĞIEL Jakub</b>	<b>741</b>	VEGE RUNNERS	M-40	130	00:01:32	00:01:09	00:12:56	00:24:42	<b>00:25:59.05</b>	<b>00:27:31.30</b>	+00:10:16 (39.5%)	5:11	11.5 (60.2%)
523	<b>JASTER Jakub</b>	<b>547</b>	KLOCKU.PL	M-30	156	00:00:17	00:01:07	00:12:57	00:24:42	<b>00:25:59.50</b>	<b>00:26:17.25</b>	+00:10:16 (39.5%)	5:11	11.5 (60.2%)
524	<b>KRZYWAŃSKA Aleksandra</b>	<b>843</b>		K-40	19	00:00:06	00:01:00	00:12:47	00:24:36	<b>00:26:00.00</b>	<b>00:26:06.50</b>	+00:10:17 (39.6%)	5:12	11.5 (60.2%)
525	<b>ZIÓŁKOWSKI Marek</b>	<b>1238</b>		M-30	157	00:01:07	00:01:16	00:12:45	00:24:34	<b>00:26:00.20</b>	<b>00:27:07.40</b>	+00:10:17 (39.6%)	5:12	11.5 (60.2%)
526	<b>SURMACZ Marcin</b>	<b>231</b>		M-40	131	00:00:39	00:01:09	00:12:49	00:24:28	<b>00:26:01.20</b>	<b>00:26:41.05</b>	+00:10:18 (39.6%)	5:12	11.5 (60.2%)
527	<b>WIDEROWSKI Kamil</b>	<b>368</b>		M-20	59	00:01:02	00:01:14	00:13:12	00:24:38	<b>00:26:01.40</b>	<b>00:27:04.20</b>	+00:10:18 (39.6%)	5:12	11.5 (60.2%)
528	<b>ZAPARUCHA Mikołaj</b>	<b>942</b>		M-50	46	00:01:10	00:01:16	00:12:55	00:24:43	<b>00:26:02.80</b>	<b>00:27:13.70</b>	+00:10:20 (39.7%)	5:12	11.5 (60.2%)
529	<b>LUZAK Mirosław</b>	<b>1342</b>	TKKF KOLEJARZ BYDGOSZCZ	M-60+	11	00:00:15	00:00:59	00:12:45	00:24:35	<b>00:26:03.45</b>	<b>00:26:19.25</b>	+00:10:20 (39.7%)	5:12	11.5 (60.2%)
530	<b>RĘDZINA Michał</b>	<b>246</b>		M-40	132	00:00:17	00:01:06	00:12:36	00:24:32	<b>00:26:03.75</b>	<b>00:26:20.75</b>	+00:10:20 (39.7%)	5:12	11.5 (60.2%)
531	<b>KARSKI Marcin</b>	<b>486</b>		M-40	133	00:01:25	00:01:13	00:12:59	00:24:45	<b>00:26:05.40</b>	<b>00:27:31.10</b>	+00:10:22 (39.8%)	5:13	11.5 (60.2%)
532	<b>ANDRZEJ Jarosław</b>	<b>1450</b>		M-40	134	00:00:23	00:01:07	00:12:49	00:24:46	<b>00:26:06.15</b>	<b>00:26:29.85</b>	+00:10:23 (39.8%)	5:13	11.5 (60.2%)
533	<b>OLKOWSKI Dariusz</b>	<b>1328</b>		M-30	158	00:00:45	00:01:11	00:13:11	00:24:40	<b>00:26:07.30</b>	<b>00:26:52.80</b>	+00:10:24 (39.8%)	5:13	11.5 (60.2%)
534	<b>OLKOWSKA Patrycja</b>	<b>1339</b>		K-20	21	00:00:44	00:01:11	00:13:12	00:24:41	<b>00:26:08.45</b>	<b>00:26:52.95</b>	+00:10:25 (39.9%)	5:13	11.5 (60.2%)
535	<b>POTRZEBOWSKA Agata</b>	<b>750</b>	LIFE BALANCE PLACE AND DEAF	K-30	30	00:00:29	00:01:06	00:13:01	00:24:43	<b>00:26:09.15</b>	<b>00:26:38.75</b>	+00:10:26 (39.9%)	5:13	11.5 (60.2%)
535	<b>KUBIAK Marcin</b>	<b>490</b>	GDAKK	M-20	60	00:00:32	00:01:03	00:12:38	00:24:34	<b>00:26:09.15</b>	<b>00:26:42.10</b>	+00:10:26 (39.9%)	5:13	11.5 (60.2%)
537	<b>SZKUTA Sławka</b>	<b>10</b>	100% BANANA	K-30	31	00:00:21	00:00:58	00:12:43	00:24:36	<b>00:26:09.60</b>	<b>00:26:30.80</b>	+00:10:26 (39.9%)	5:13	11.5 (60.2%)
538	<b>KOZAK Adam</b>	<b>534</b>	BB ACIVE TEAM	M-10	51	00:00:14	00:01:14	00:13:17	00:24:53	<b>00:26:14.05</b>	<b>00:26:28.30</b>	+00:10:31 (40.1%)	5:14	11.4 (59.7%)
539	<b>SKOWROŃSKI Szymon</b>	<b>542</b>		M-20	61	00:00:14	00:00:58	00:12:59	00:24:58	<b>00:26:14.35</b>	<b>00:26:28.90</b>	+00:10:31 (40.1%)	5:14	11.4 (59.7%)
540	<b>TRAWCZYŃSKA Katarzyna</b>	<b>834</b>		K-30	32	00:00:16	00:01:02	00:12:58	00:24:51	<b>00:26:14.45</b>	<b>00:26:30.60</b>	+00:10:31 (40.1%)	5:14	11.4 (59.7%)
541	<b>TOMCZYŃSKI Krystian</b>	<b>178</b>		M-30	159	00:00:51	00:01:12	00:12:40	00:24:44	<b>00:26:14.60</b>	<b>00:27:06.15</b>	+00:10:31 (40.1%)	5:14	11.4 (59.7%)
541	<b>JASIŃSKI Szymon</b>	<b>926</b>		M-30	159	00:00:54	00:01:10	00:12:51	00:24:43	<b>00:26:14.60</b>	<b>00:27:09.40</b>	+00:10:31 (40.1%)	5:14	11.4 (59.7%)
543	<b>MAKSIMOVICIUTE Zydre</b>	<b>606</b>		K-30	33	00:00:09	00:01:02	00:12:59	00:24:46	<b>00:26:14.95</b>	<b>00:26:24.55</b>	+00:10:32 (40.1%)	5:14	11.4 (59.7%)
544	<b>RODRIGUEZ GARCIA Manuel</b>	<b>607</b>		M-50	47	00:00:09	00:01:03	00:12:59	00:24:46	<b>00:26:15.00</b>	<b>00:26:24.90</b>	+00:10:32 (40.1%)	5:15	11.4 (59.7%)
545	<b>MAJEWSKA Ryszarda</b>	<b>976</b>		K-60+	1	00:00:19	00:01:09	00:13:12	00:24:50	<b>00:26:15.15</b>	<b>00:26:34.65</b>	+00:10:32 (40.1%)	5:15	11.4 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	<b>ORZECHOWSKA Gabriela</b>	<b>1012</b>	ORZECH BIEGA	K-10	7	00:00:12	00:01:02	00:13:23	00:25:04	<b>00:26:16.00</b>	<b>00:26:28.30</b>	+00:10:33 (40.2%)	5:15	11.4 (59.7%)
547	<b>SCHMIDT Sebastian</b>	<b>215</b>	BB ACTIVE TEAM	M-10	52	00:00:12	00:00:55	00:12:55	00:24:56	<b>00:26:17.70</b>	<b>00:26:30.10</b>	+00:10:34 (40.2%)	5:15	11.4 (59.7%)
548	<b>WOSMAN Janusz</b>	<b>415</b>		M-30	161	00:00:24	00:01:05	00:12:48	00:24:49	<b>00:26:18.20</b>	<b>00:26:42.55</b>	+00:10:35 (40.3%)	5:15	11.4 (59.7%)
549	<b>GURZYŃSKA Beata</b>	<b>1345</b>	SUPRAVIS	K-30	34	00:01:01		00:13:09	00:24:57	<b>00:26:20.20</b>	<b>00:27:22.05</b>	+00:10:37 (40.3%)	5:16	11.4 (59.7%)
550	<b>SAJDAK Marcin</b>	<b>192</b>		M-40	135	00:00:41	00:01:02	00:12:35	00:24:49	<b>00:26:20.55</b>	<b>00:27:02.00</b>	+00:10:37 (40.3%)	5:16	11.4 (59.7%)
551	<b>SAK Anna</b>	<b>1413</b>	SOLANKOWI BIEGACZE	K-40	20	00:00:08	00:00:58	00:12:43	00:24:48	<b>00:26:21.60</b>	<b>00:26:29.95</b>	+00:10:38 (40.4%)	5:16	11.4 (59.7%)
552	<b>PIOTEREK Michał</b>	<b>521</b>		M-30	162	00:01:07	00:01:18	00:13:08	00:24:54	<b>00:26:22.10</b>	<b>00:27:30.00</b>	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
553	<b>SULIŃSKI Bogdan</b>	<b>669</b>		M-20	62	00:00:15	00:00:55	00:11:40	00:24:53	<b>00:26:22.15</b>	<b>00:26:37.35</b>	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
554	<b>KOLCZYŃSKI Sebastian</b>	<b>1084</b>		M-30	163	00:01:37	00:01:07	00:13:00	00:25:02	<b>00:26:22.45</b>	<b>00:28:00.15</b>	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
555	<b>SŁOWIŃSKI Sławek</b>	<b>287</b>		M-40	136	00:00:33	00:01:00	00:12:43	00:24:58	<b>00:26:22.75</b>	<b>00:26:56.55</b>	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
556	<b>ŚWIETLIK Grzegorz</b>	<b>143</b>	#ŚWIETLIKITEAM	M-30	164	00:00:37	00:01:01	00:13:08	00:25:01	<b>00:26:23.30</b>	<b>00:27:00.60</b>	+00:10:40 (40.5%)	5:16	11.4 (59.7%)
557	<b>CIEŚLICKI Krzysztof</b>	<b>100</b>	SISU TEAM	M-30	165	00:00:07	00:00:55	00:12:38	00:24:51	<b>00:26:23.65</b>	<b>00:26:30.75</b>	+00:10:40 (40.5%)	5:16	11.4 (59.7%)
558	<b>MAGIERA Hubert</b>	<b>428</b>		M-40	137	00:00:23	00:01:08	00:13:06	00:24:52	<b>00:26:24.45</b>	<b>00:26:48.30</b>	+00:10:41 (40.5%)	5:16	11.4 (59.7%)
559	<b>KUĆMIERZ Michał</b>	<b>761</b>		M-10	53	00:01:08	00:01:11	00:13:20	00:24:59	<b>00:26:24.75</b>	<b>00:27:32.75</b>	+00:10:41 (40.5%)	5:16	11.4 (59.7%)
560	<b>STADNIICHUK Vita</b>	<b>974</b>		K-20	22	00:00:06	00:00:52	00:12:33	00:24:52	<b>00:26:24.85</b>	<b>00:26:31.25</b>	+00:10:42 (40.5%)	5:16	11.4 (59.7%)
561	<b>ŁUKASIEWICZ Krzysztof</b>	<b>1155</b>	MAJA	M-40	138	00:00:25	00:01:05	00:12:59	00:24:57	<b>00:26:25.00</b>	<b>00:26:50.80</b>	+00:10:42 (40.5%)	5:17	11.4 (59.7%)
562	<b>ŚWIDERSKI Bartosz</b>	<b>519</b>		M-20	63	00:00:13	00:00:55	00:13:10	00:25:04	<b>00:26:26.30</b>	<b>00:26:39.40</b>	+00:10:43 (40.6%)	5:17	11.3 (59.2%)
563	<b>POCZTAREK Michał</b>	<b>1472</b>	NITROCHEM	M-40	139	00:00:50	00:01:10	00:13:31	00:24:56	<b>00:26:27.25</b>	<b>00:27:18.00</b>	+00:10:44 (40.6%)	5:17	11.3 (59.2%)
564	<b>KOŁODZIEJSKI Stanisław</b>	<b>886</b>		M-50	48	00:00:33	00:01:01	00:13:07	00:25:09	<b>00:26:27.85</b>	<b>00:27:01.10</b>	+00:10:45 (40.6%)	5:17	11.3 (59.2%)
565	<b>DYBOWSKI Dominik</b>	<b>1416</b>		M-30	166	00:01:14	00:01:13	00:13:20	00:25:08	<b>00:26:28.80</b>	<b>00:27:43.50</b>	+00:10:46 (40.7%)	5:17	11.3 (59.2%)
566	<b>CYGANEK Grzegorz</b>	<b>262</b>	TEAM RUDNIK	M-50	49	00:00:15	00:00:55	00:12:39	00:24:56	<b>00:26:29.70</b>	<b>00:26:45.60</b>	+00:10:46 (40.7%)	5:17	11.3 (59.2%)
567	<b>ŚWIETLIK Piotr</b>	<b>117</b>		M-50	50	00:00:38	00:01:01	00:12:49	00:25:01	<b>00:26:30.75</b>	<b>00:27:09.50</b>	+00:10:47 (40.7%)	5:18	11.3 (59.2%)
568	<b>KAZEK-ŁUKOWSKA Agnieszka</b>	<b>777</b>		K-30	35	00:00:49	00:01:03	00:13:10	00:25:02	<b>00:26:31.50</b>	<b>00:27:20.50</b>	+00:10:48 (40.8%)	5:18	11.3 (59.2%)
569	<b>SZUKALSKI Michał</b>	<b>401</b>	TEAM RUDNIK	M-40	140	00:01:11	00:01:06	00:12:56	00:25:00	<b>00:26:33.15</b>	<b>00:27:44.75</b>	+00:10:50 (40.8%)	5:18	11.3 (59.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
570	<b>KAZMIERCZAK Sławomir</b>	<b>701</b>		M-20	64	00:01:18	00:01:11	00:12:47	00:25:05	<b>00:26:33.95</b>	<b>00:27:52.30</b>	+00:10:51 (40.9%)	5:18	11.3 (59.2%)
571	<b>WRZESIŃSKI Jan</b>	<b>1254</b>	THE ORZEŁS	M-20	65	00:00:03	00:00:45	00:12:05	00:25:28	<b>00:26:34.05</b>	<b>00:26:37.85</b>	+00:10:51 (40.9%)	5:18	11.3 (59.2%)
572	<b>GŁOWACKI Tomek</b>	<b>1239</b>		M-40	141	00:00:37	00:01:02	00:12:50	00:25:03	<b>00:26:34.90</b>	<b>00:27:12.40</b>	+00:10:52 (40.9%)	5:18	11.3 (59.2%)
573	<b>KULCZYŃSKI Przemysław</b>	<b>289</b>	TYPYGRUBE	M-40	142	00:00:33	00:01:01	00:12:42	00:25:06	<b>00:26:35.75</b>	<b>00:27:09.15</b>	+00:10:52 (40.9%)	5:19	11.3 (59.2%)
574	<b>KOLANOWSKA Grażyna</b>	<b>1441</b>		K-60+	2	00:00:14	00:00:56	00:12:55	00:25:02	<b>00:26:35.95</b>	<b>00:26:50.80</b>	+00:10:53 (40.9%)	5:19	11.3 (59.2%)
575	<b>PIĄTEK Justyna</b>	<b>76</b>	TEAM RUDNIK	K-30	36	00:00:29	00:01:06	00:12:47	00:25:11	<b>00:26:37.05</b>	<b>00:27:06.75</b>	+00:10:54 (41.0%)	5:19	11.3 (59.2%)
576	<b>NAPIERAŁA Przemysław</b>	<b>809</b>		M-30	167	00:01:12	00:01:09	00:13:06	00:25:04	<b>00:26:37.10</b>	<b>00:27:49.80</b>	+00:10:54 (41.0%)	5:19	11.3 (59.2%)
577	<b>ŻMICH Tomasz</b>	<b>882</b>	WOPR WOJEWÓDZTWA KUJAWSKO-POMORSKIEGO	M-40	143	00:01:26	00:01:13	00:13:26	00:25:11	<b>00:26:38.05</b>	<b>00:28:04.85</b>	+00:10:55 (41.0%)	5:19	11.3 (59.2%)
578	<b>STĘPIEŃ Michał</b>	<b>816</b>	TEAM RUDNIK	M-30	168	00:01:06	00:01:09	00:12:58	00:25:12	<b>00:26:38.20</b>	<b>00:27:44.20</b>	+00:10:55 (41.0%)	5:19	11.3 (59.2%)
579	<b>SZARMACH Stanisław</b>	<b>1300</b>	DIABELSKIE PIORUNY	M-70+	1	00:00:59	00:01:10	00:13:11	00:25:10	<b>00:26:38.95</b>	<b>00:27:37.95</b>	+00:10:56 (41.0%)	5:19	11.3 (59.2%)
580	<b>PAPIERSKA Kaja</b>	<b>1214</b>		K-30	37	00:01:13	00:01:10	00:12:53	00:25:05	<b>00:26:39.65</b>	<b>00:27:53.55</b>	+00:10:56 (41.1%)	5:19	11.3 (59.2%)
581	<b>CIEMNY Wiktor</b>	<b>252</b>		M-10	54	00:00:33	00:01:11	00:13:32	00:25:21	<b>00:26:40.80</b>	<b>00:27:14.45</b>	+00:10:58 (41.1%)	5:20	11.3 (59.2%)
582	<b>CIEMNY Tomasz</b>	<b>248</b>		M-50	51	00:00:33	00:01:11	00:13:32	00:25:21	<b>00:26:41.10</b>	<b>00:27:14.85</b>	+00:10:58 (41.1%)	5:20	11.2 (58.6%)
583	<b>WYSOCKI Jerzy</b>	<b>705</b>	CZARNE STOPY	M-60+	12	00:00:53		00:13:21	00:25:20	<b>00:26:41.40</b>	<b>00:27:34.50</b>	+00:10:58 (41.1%)	5:20	11.2 (58.6%)
584	<b>MUSS Karolina</b>	<b>518</b>		K-40	21	00:00:54	00:01:12	00:13:19	00:25:11	<b>00:26:41.70</b>	<b>00:27:36.00</b>	+00:10:58 (41.1%)	5:20	11.2 (58.6%)
585	<b>MODLIŃSKI Miłosz</b>	<b>1079</b>		M-30	169	00:01:12	00:01:08	00:13:04	00:25:18	<b>00:26:44.35</b>	<b>00:27:56.70</b>	+00:11:01 (41.2%)	5:20	11.2 (58.6%)
586	<b>TONDERA-BLIZIŃSKI Artur</b>	<b>1118</b>		M-40	144	00:00:55	00:01:13	00:13:15	00:25:15	<b>00:26:45.70</b>	<b>00:27:41.10</b>	+00:11:02 (41.3%)	5:21	11.2 (58.6%)
587	<b>GROCHOWSKI Jakub</b>	<b>350</b>		M-30	170	00:00:07	00:00:56	00:12:45	00:25:12	<b>00:26:45.85</b>	<b>00:26:53.75</b>	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
588	<b>KULKA Marek</b>	<b>334</b>		M-60+	13	00:00:35	00:01:07	00:13:13	00:25:15	<b>00:26:45.90</b>	<b>00:27:21.45</b>	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
589	<b>PIETRASZAK Tomasz</b>	<b>103</b>	RUN BYDGOSZCZ	M-50	52	00:00:42	00:01:07	00:13:09	00:25:16	<b>00:26:46.45</b>	<b>00:27:28.45</b>	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
590	<b>DROZDOWSKI Michał</b>	<b>856</b>	ASTORIA BYDGOSZCZ	M-30	171	00:00:30	00:00:56	00:12:52	00:25:16	<b>00:26:46.70</b>	<b>00:27:16.70</b>	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
591	<b>WRZESIŃSKA-CZACHÓR Małgorzata</b>	<b>1414</b>		K-20	23	00:00:02	00:00:51	00:12:48	00:25:14	<b>00:26:46.90</b>	<b>00:26:49.15</b>	+00:11:04 (41.3%)	5:21	11.2 (58.6%)
592	<b>ŚWIDERSKI Jaromir</b>	<b>1259</b>	ŚLĘZAK TEAM	M-60+	14	00:00:12	00:00:55	00:13:10	00:25:22	<b>00:26:47.10</b>	<b>00:26:59.90</b>	+00:11:04 (41.3%)	5:21	11.2 (58.6%)
593	<b>CZACHÓR Łukasz</b>	<b>1415</b>		M-30	172	00:00:02	00:00:52	00:12:49	00:25:14	<b>00:26:47.15</b>	<b>00:26:49.20</b>	+00:11:04 (41.3%)	5:21	11.2 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
594	<b>KUĆMIERZ Mirosław</b>	<b>763</b>		M-50	53	00:01:07	00:01:11	00:13:21	00:25:20	<b>00:26:48.05</b>	<b>00:27:55.85</b>	+00:11:05 (41.4%)	5:21	11.2 (58.6%)
595	<b>WIECZOREK Łukasz</b>	<b>1363</b>		M-30	173	00:00:58	00:01:13	00:13:22	00:25:15	<b>00:26:48.10</b>	<b>00:27:46.80</b>	+00:11:05 (41.4%)	5:21	11.2 (58.6%)
596	<b>NAGORZYSKA Sylwia</b>	<b>171</b>	MUD FOXES	K-40	22	00:00:12	00:01:09	00:13:18	00:25:21	<b>00:26:48.45</b>	<b>00:27:01.35</b>	+00:11:05 (41.4%)	5:21	11.2 (58.6%)
597	<b>ROSSA Przemysław</b>	<b>190</b>		M-20	66	00:00:05	00:00:56	00:13:08	00:25:29	<b>00:26:48.75</b>	<b>00:26:53.75</b>	+00:11:05 (41.4%)	5:21	11.2 (58.6%)
597	<b>DAWIDZIAK Emilia</b>	<b>703</b>		K-20	24	00:00:24	00:01:01	00:13:07	00:25:18	<b>00:26:48.75</b>	<b>00:27:12.85</b>	+00:11:05 (41.4%)	5:21	11.2 (58.6%)
599	<b>NAGORZYSKI Arkadiusz</b>	<b>173</b>	MUD FOXES	M-40	145	00:00:12	00:01:09	00:13:18	00:25:21	<b>00:26:48.80</b>	<b>00:27:01.50</b>	+00:11:06 (41.4%)	5:21	11.2 (58.6%)
600	<b>ROSSA Sławomir</b>	<b>191</b>		M-50	54	00:00:04	00:00:56	00:13:08	00:25:29	<b>00:26:49.05</b>	<b>00:26:53.80</b>	+00:11:06 (41.4%)	5:21	11.2 (58.6%)
601	<b>BAGNIEWSKA Małgorzata</b>	<b>185</b>		K-30	38	00:00:46	00:01:10	00:13:11	00:25:21	<b>00:26:49.40</b>	<b>00:27:36.25</b>	+00:11:06 (41.4%)	5:21	11.2 (58.6%)
602	<b>KOLASIŃSKI Tomasz</b>	<b>619</b>		M-50	55	00:00:26	00:01:06	00:13:21	00:25:18	<b>00:26:52.65</b>	<b>00:27:19.10</b>	+00:11:09 (41.5%)	5:22	11.2 (58.6%)
603	<b>JAKUBCZAK Rafał</b>	<b>640</b>		M-30	174	00:00:14	00:01:01	00:12:49	00:25:19	<b>00:26:53.65</b>	<b>00:27:07.90</b>	+00:11:10 (41.6%)	5:22	11.2 (58.6%)
604	<b>PALIGA Antoni</b>	<b>1007</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	56	00:00:16	00:01:01	00:13:23	00:25:23	<b>00:26:53.70</b>	<b>00:27:10.50</b>	+00:11:10 (41.6%)	5:22	11.2 (58.6%)
604	<b>SOBCZYŃSKA Dominika</b>	<b>847</b>		K-30	39	00:00:56	00:01:13	00:13:30	00:25:25	<b>00:26:53.70</b>	<b>00:27:49.70</b>	+00:11:10 (41.6%)	5:22	11.2 (58.6%)
606	<b>PALIGA Radosław</b>	<b>1009</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-10	55	00:00:16	00:01:03	00:13:24	00:25:24	<b>00:26:53.75</b>	<b>00:27:10.05</b>	+00:11:10 (41.6%)	5:22	11.2 (58.6%)
607	<b>SKONIECZKA Paweł</b>	<b>265</b>		M-10	56	00:00:32	00:01:15	00:13:24	00:25:21	<b>00:26:53.90</b>	<b>00:27:26.05</b>	+00:11:11 (41.6%)	5:22	11.2 (58.6%)
608	<b>KALEMBA Daria</b>	<b>388</b>		K-30	40	00:00:14	00:01:07	00:12:44	00:25:22	<b>00:26:54.45</b>	<b>00:27:08.80</b>	+00:11:11 (41.6%)	5:22	11.2 (58.6%)
609	<b>CABAJ Agata</b>	<b>1060</b>		K-20	25	00:00:23	00:00:59	00:12:56	00:25:22	<b>00:26:56.10</b>	<b>00:27:19.35</b>	+00:11:13 (41.7%)	5:23	11.1 (58.1%)
610	<b>MINISZEWSKI Wojtek</b>	<b>1431</b>		M-30	175	00:00:54		00:13:03	00:25:27	<b>00:26:56.45</b>	<b>00:27:50.55</b>	+00:11:13 (41.7%)	5:23	11.1 (58.1%)
611	<b>PALIGA Mateusz</b>	<b>1005</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-20	67	00:00:13	00:01:03	00:13:27	00:25:26	<b>00:26:57.50</b>	<b>00:27:10.85</b>	+00:11:14 (41.7%)	5:23	11.1 (58.1%)
612	<b>BADOWSKI Krzysztof</b>	<b>1120</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-60+	15	00:00:41	00:01:15	00:13:48	00:25:32	<b>00:26:57.60</b>	<b>00:27:39.10</b>	+00:11:14 (41.7%)	5:23	11.1 (58.1%)
613	<b>JACKOWIEC-JAGIELSKA Małgorzata</b>	<b>210</b>		K-40	23	00:00:13	00:01:01	00:13:14	00:25:30	<b>00:26:58.85</b>	<b>00:27:12.25</b>	+00:11:16 (41.8%)	5:23	11.1 (58.1%)
613	<b>BOROWIEC Michał</b>	<b>565</b>	VENEZUELA TEAM	M-30	176	00:01:23	00:01:10	00:13:33	00:25:35	<b>00:26:58.85</b>	<b>00:28:22.45</b>	+00:11:16 (41.8%)	5:23	11.1 (58.1%)
615	<b>WOŹNIAK Piotr</b>	<b>829</b>		M-30	177	00:00:39	00:01:08	00:13:05	00:25:24	<b>00:26:59.00</b>	<b>00:27:38.20</b>	+00:11:16 (41.8%)	5:23	11.1 (58.1%)
616	<b>KILIŃSKA Magdalena</b>	<b>569</b>	BRZEZIŃSKI RUN CLUB	K-40	24	00:00:44	00:01:10	00:12:57	00:25:27	<b>00:26:59.65</b>	<b>00:27:43.80</b>	+00:11:16 (41.8%)	5:23	11.1 (58.1%)
617	<b>BARRIO Javier</b>	<b>620</b>	ESPAÑA	M-40	146	00:00:08	00:00:50	00:12:36	00:25:30	<b>00:27:00.30</b>	<b>00:27:08.60</b>	+00:11:17 (41.8%)	5:24	11.1 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
618	KOWALIK Adrian	90		M-30	178	00:00:34	00:01:03	00:13:17	00:25:40	00:27:00.45	00:27:34.65	+00:11:17 (41.8%)	5:24	11.1 (58.1%)
618	GÓRECKI Sławomir	1370	NITROCHEM	M-30	178	00:00:38	00:01:16	00:14:03	00:25:34	00:27:00.45	00:27:39.35	+00:11:17 (41.8%)	5:24	11.1 (58.1%)
620	ORZECHOWSKI Zbigniew	1010	ORZECH BIEGA	M-40	147	00:00:00	00:01:14	00:13:35	00:25:31	00:27:00.60	00:27:00.60	+00:11:17 (41.8%)	5:24	11.1 (58.1%)
621	APPEL Karol	879		M-20	68	00:01:32	00:01:11	00:13:23	00:25:46	00:27:02.75	00:28:35.70	+00:11:19 (41.9%)	5:24	11.1 (58.1%)
622	CZYŻNIKIEWICZ Paweł	475		M-30	180	00:00:43	00:01:12	00:13:16	00:25:47	00:27:02.85	00:27:46.75	+00:11:20 (41.9%)	5:24	11.1 (58.1%)
623	SZYPERSKI Sławomir	1266		M-50	57	00:00:19	00:01:06	00:13:05	00:25:31	00:27:03.10	00:27:22.80	+00:11:20 (41.9%)	5:24	11.1 (58.1%)
624	IWIN Patryk	1437	NITROCHEM	M-30	181	00:00:42	00:01:17	00:14:07	00:25:38	00:27:03.15	00:27:45.20	+00:11:20 (41.9%)	5:24	11.1 (58.1%)
624	SZCZETENKO Daniel	1439		M-20	69	00:00:56	00:01:02	00:13:08	00:25:26	00:27:03.15	00:27:59.65	+00:11:20 (41.9%)	5:24	11.1 (58.1%)
626	OZDARSKA Amelia	181		K-10	8	00:00:37	00:01:09	00:13:13	00:25:44	00:27:05.30	00:27:42.95	+00:11:22 (42.0%)	5:25	11.1 (58.1%)
627	MAJEWSKI Marcel	251		M-10	57	00:00:29	00:01:05	00:13:19	00:25:39	00:27:06.15	00:27:35.55	+00:11:23 (42.0%)	5:25	11.1 (58.1%)
628	OBRZANOWSKI Maciej	22		M-50	58	00:00:11	00:01:01	00:13:05	00:25:29	00:27:07.10	00:27:18.30	+00:11:24 (42.1%)	5:25	11.1 (58.1%)
629	SUDAS Alena	1018		K-30	41	00:00:26	00:01:07	00:13:02	00:25:32	00:27:07.40	00:27:33.55	+00:11:24 (42.1%)	5:25	11.1 (58.1%)
630	GROCHALA Michał	95	DĄBROWSKI TEAM	M-30	182	00:00:13	00:00:58	00:13:02	00:25:33	00:27:07.45	00:27:20.90	+00:11:24 (42.1%)	5:25	11.1 (58.1%)
631	KOWALCZYK Magdalena	99		K-30	42	00:00:13	00:00:58	00:13:03	00:25:35	00:27:07.50	00:27:20.50	+00:11:24 (42.1%)	5:25	11.1 (58.1%)
632	TARGOWSKI Marcin	335		M-40	148	00:01:30	00:01:08	00:13:38	00:25:37	00:27:09.15	00:28:39.45	+00:11:26 (42.1%)	5:25	11 (57.6%)
633	DRUŻYŃSKA Anna	639		K-30	43	00:00:23	00:01:04	00:13:00	00:25:43	00:27:10.00	00:27:33.00	+00:11:27 (42.2%)	5:26	11 (57.6%)
634	DROZDOWSKI Juliusz	553		M-20	70	00:01:24	00:01:13	00:13:12	00:25:38	00:27:10.10	00:28:34.15	+00:11:27 (42.2%)	5:26	11 (57.6%)
635	GACZKOWSKI Paweł	1478	FORDON	M-40	149	00:00:17	00:00:58	00:12:50	00:25:32	00:27:10.15	00:27:27.40	+00:11:27 (42.2%)	5:26	11 (57.6%)
635	BIERNACKA Magdalena	494	1BLOG	K-30	44	00:00:47	00:00:59	00:12:55	00:25:33	00:27:10.15	00:27:57.70	+00:11:27 (42.2%)	5:26	11 (57.6%)
637	SOBCZYŃSKI Michał	845		M-30	183	00:00:57	00:01:12	00:13:31	00:25:45	00:27:10.90	00:28:07.95	+00:11:28 (42.2%)	5:26	11 (57.6%)
638	SOSNA Mikołaj	88	SOS NA START	M-40	150	00:00:52	00:01:03	00:13:08	00:25:35	00:27:11.30	00:28:03.40	+00:11:28 (42.2%)	5:26	11 (57.6%)
639	MIEKCYŃSKI Artur	693	POLONIA BYDGOSZCZ	M-30	184	00:00:42	00:01:14	00:13:29	00:25:39	00:27:12.65	00:27:54.95	+00:11:29 (42.3%)	5:26	11 (57.6%)
640	KASPROWICZ Piotr	1252	JW 1515	M-40	151	00:00:20		00:13:26	00:25:45	00:27:13.90	00:27:34.65	+00:11:31 (42.3%)	5:26	11 (57.6%)
641	BARTCZAK Radosław	1500		M-30	185	00:00:45	00:01:07	00:13:21	00:25:43	00:27:14.40	00:28:00.00	+00:11:31 (42.3%)	5:26	11 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
642	<b>STACHOWICZ Justyna</b>	<b>65</b>		K-30	45	00:01:06	00:01:13	00:13:20	00:25:45	<b>00:27:14.70</b>	<b>00:28:20.75</b>	+00:11:31 (42.3%)	5:26	11 (57.6%)
643	<b>JASTRZĄB Michał</b>	<b>1287</b>		M-40	152	00:01:02	00:01:12	00:13:25	00:25:45	<b>00:27:15.20</b>	<b>00:28:17.60</b>	+00:11:32 (42.3%)	5:27	11 (57.6%)
644	<b>MYK Edyta</b>	<b>224</b>	CB163	K-30	46	00:00:23	00:01:06	00:13:06	00:25:42	<b>00:27:16.45</b>	<b>00:27:40.30</b>	+00:11:33 (42.4%)	5:27	11 (57.6%)
645	<b>WALCZAK Maciej</b>	<b>386</b>	TEAM RUDNIK	M-50	59	00:00:33	00:00:58	00:13:02	00:25:39	<b>00:27:17.55</b>	<b>00:27:51.30</b>	+00:11:34 (42.4%)	5:27	11 (57.6%)
646	<b>KOCHAŃSKI Sebastian</b>	<b>1156</b>	KOCHAŚ TEAM	M-30	186	00:00:58		00:13:31	00:25:51	<b>00:27:17.80</b>	<b>00:28:16.00</b>	+00:11:35 (42.4%)	5:27	11 (57.6%)
647	<b>OWCZARZAK Michał</b>	<b>146</b>	RUN BYDGOSZCZ	M-50	60	00:01:11	00:01:18	00:13:28	00:25:47	<b>00:27:19.70</b>	<b>00:28:30.90</b>	+00:11:36 (42.5%)	5:27	11 (57.6%)
648	<b>ZIELIŃSKI Robert</b>	<b>394</b>	KOLOROWE GACIE	M-40	153	00:00:31	00:01:03	00:13:07	00:25:37	<b>00:27:20.05</b>	<b>00:27:51.15</b>	+00:11:37 (42.5%)	5:28	11 (57.6%)
649	<b>CHYLIŃSKI Mateusz</b>	<b>470</b>		M-20	71	00:01:25	00:01:13	00:14:08	00:26:03	<b>00:27:20.45</b>	<b>00:28:45.60</b>	+00:11:37 (42.5%)	5:28	11 (57.6%)
650	<b>JANASZ Krzysztof</b>	<b>319</b>		M-50	61	00:01:14	00:01:18	00:13:48	00:25:51	<b>00:27:20.85</b>	<b>00:28:35.50</b>	+00:11:38 (42.5%)	5:28	11 (57.6%)
651	<b>KOŁODZIEJCZAK Michał</b>	<b>743</b>		M-30	187	00:00:47	00:01:10	00:13:39	00:25:52	<b>00:27:21.10</b>	<b>00:28:08.70</b>	+00:11:38 (42.6%)	5:28	11 (57.6%)
652	<b>SZKOPIAK-NOWAKOWSKA Oliwia</b>	<b>93</b>		K-20	26	00:01:14	00:01:18	00:13:48	00:25:51	<b>00:27:21.15</b>	<b>00:28:35.30</b>	+00:11:38 (42.6%)	5:28	11 (57.6%)
653	<b>SIUDA Marek</b>	<b>354</b>		M-50	62	00:01:05	00:01:18	00:14:00	00:25:59	<b>00:27:21.65</b>	<b>00:28:27.05</b>	+00:11:38 (42.6%)	5:28	11 (57.6%)
654	<b>KARCZMARCZYK Dorota</b>	<b>1000</b>		K-30	47	00:00:58	00:01:11	00:13:22	00:25:49	<b>00:27:22.95</b>	<b>00:28:21.35</b>	+00:11:40 (42.6%)	5:28	11 (57.6%)
655	<b>MASŁOWSKA Kamila</b>	<b>1492</b>		K-20	27	00:00:11	00:00:57	00:12:54	00:25:47	<b>00:27:23.25</b>	<b>00:27:34.65</b>	+00:11:40 (42.6%)	5:28	11 (57.6%)
656	<b>KARCZEWSKA Arletta</b>	<b>992</b>		K-40	25	00:00:58	00:01:20	00:14:00	00:25:55	<b>00:27:24.00</b>	<b>00:28:22.35</b>	+00:11:41 (42.7%)	5:28	10.9 (57.1%)
657	<b>WITKOWSKI Maciej</b>	<b>586</b>		M-50	63	00:00:24	00:01:05	00:13:19	00:25:53	<b>00:27:24.30</b>	<b>00:27:48.60</b>	+00:11:41 (42.7%)	5:28	10.9 (57.1%)
658	<b>LECH Marek</b>	<b>991</b>		M-40	154	00:00:58	00:01:20	00:13:59	00:25:55	<b>00:27:24.40</b>	<b>00:28:22.50</b>	+00:11:41 (42.7%)	5:28	10.9 (57.1%)
659	<b>TUREK Mateusz</b>	<b>554</b>		M-30	188	00:00:54	00:01:17	00:14:10	00:25:59	<b>00:27:24.60</b>	<b>00:28:19.40</b>	+00:11:41 (42.7%)	5:28	10.9 (57.1%)
660	<b>SPYCHALSKA Kinga</b>	<b>118</b>		K-30	48	00:00:30	00:01:04	00:13:18	00:25:55	<b>00:27:25.00</b>	<b>00:27:55.25</b>	+00:11:42 (42.7%)	5:29	10.9 (57.1%)
661	<b>TUROWSKA Patrycja</b>	<b>1446</b>	TEAMOCHAL	K-40	26	00:00:32	00:01:01	00:13:32	00:25:51	<b>00:27:25.80</b>	<b>00:27:58.20</b>	+00:11:43 (42.7%)	5:29	10.9 (57.1%)
662	<b>UCHMAN DĄBROWSKA Dorota</b>	<b>6</b>		K-40	27	00:00:14	00:01:09	00:13:54	00:26:01	<b>00:27:27.45</b>	<b>00:27:42.05</b>	+00:11:44 (42.8%)	5:29	10.9 (57.1%)
663	<b>HULAJ Jan</b>	<b>1269</b>		M-10	58	00:01:12	00:01:09	00:13:25	00:25:59	<b>00:27:27.65</b>	<b>00:28:40.30</b>	+00:11:44 (42.8%)	5:29	10.9 (57.1%)
664	<b>DĄBROWSKI Tomasz</b>	<b>8</b>		M-40	155	00:00:13	00:01:11	00:13:56	00:26:02	<b>00:27:27.70</b>	<b>00:27:41.40</b>	+00:11:44 (42.8%)	5:29	10.9 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
665	<b>RADULSKI Tomasz</b>	<b>492</b>		M-50	64	00:00:51	00:01:06	00:13:18	00:25:45	<b>00:27:28.05</b>	<b>00:28:19.60</b>	+00:11:45 (42.8%)	5:29	10.9 (57.1%)
666	<b>KIJEWSKI Maciej</b>	<b>908</b>	KABEL TEAM BYDGOSZCZ	M-40	156	00:00:59	00:01:10	00:13:08	00:25:57	<b>00:27:28.55</b>	<b>00:28:28.10</b>	+00:11:45 (42.8%)	5:29	10.9 (57.1%)
667	<b>ŚWIATOWY Daria</b>	<b>1412</b>		K-20	28	00:00:10	00:01:01	00:13:08	00:26:04	<b>00:27:29.85</b>	<b>00:27:40.50</b>	+00:11:47 (42.9%)	5:29	10.9 (57.1%)
668	<b>CIESIELSKI Arkadiusz</b>	<b>375</b>		M-50	65	00:00:59	00:01:13	00:13:56	00:25:58	<b>00:27:29.95</b>	<b>00:28:29.70</b>	+00:11:47 (42.9%)	5:29	10.9 (57.1%)
669	<b>PŁOCIŃSKA Patrycja</b>	<b>345</b>		K-30	49	00:01:00	00:01:18	00:13:31	00:25:54	<b>00:27:30.35</b>	<b>00:28:31.30</b>	+00:11:47 (42.9%)	5:30	10.9 (57.1%)
670	<b>RYMER Jarosław</b>	<b>968</b>	7LO BYDGOSZCZ	M-10	59	00:01:17	00:01:10	00:13:43	00:26:08	<b>00:27:32.30</b>	<b>00:28:50.00</b>	+00:11:49 (42.9%)	5:30	10.9 (57.1%)
671	<b>SIUDA Bartosz</b>	<b>222</b>		M-40	157	00:00:06	00:00:58	00:13:07	00:25:55	<b>00:27:32.80</b>	<b>00:27:39.50</b>	+00:11:50 (43.0%)	5:30	10.9 (57.1%)
672	<b>IWIN Jakub</b>	<b>1470</b>	NITROCHEM	M-20	72	00:00:42	00:01:16	00:14:07	00:25:58	<b>00:27:33.40</b>	<b>00:28:15.60</b>	+00:11:50 (43.0%)	5:30	10.9 (57.1%)
673	<b>GROBELNA Ida</b>	<b>730</b>		K-30	50	00:00:50	00:01:08	00:13:36	00:26:02	<b>00:27:34.30</b>	<b>00:28:24.95</b>	+00:11:51 (43.0%)	5:30	10.9 (57.1%)
674	<b>RYMER Adam</b>	<b>969</b>		M-40	158	00:01:18	00:01:05	00:13:58	00:26:08	<b>00:27:34.90</b>	<b>00:28:53.60</b>	+00:11:52 (43.0%)	5:30	10.9 (57.1%)
675	<b>DZIĘCIOŁOWSKI Łukasz</b>	<b>370</b>		M-30	189	00:00:56	00:01:15	00:13:49	00:26:11	<b>00:27:35.20</b>	<b>00:28:31.50</b>	+00:11:52 (43.0%)	5:31	10.9 (57.1%)
676	<b>ROBACZEWSKA Lidia</b>	<b>785</b>		K-50	2	00:01:00	00:01:17	00:13:46	00:26:04	<b>00:27:37.70</b>	<b>00:28:37.90</b>	+00:11:54 (43.1%)	5:31	10.9 (57.1%)
677	<b>ROBACZEWSKI Artur</b>	<b>784</b>		M-50	66	00:01:00	00:01:18	00:13:46	00:26:04	<b>00:27:38.05</b>	<b>00:28:38.10</b>	+00:11:55 (43.1%)	5:31	10.9 (57.1%)
678	<b>DANIEL Tomasz</b>	<b>336</b>		M-40	159	00:01:30	00:01:09	00:13:45	00:26:09	<b>00:27:38.45</b>	<b>00:29:08.45</b>	+00:11:55 (43.2%)	5:31	10.9 (57.1%)
679	<b>MIŚTAK Kamila</b>	<b>751</b>		K-20	29	00:00:37	00:01:07	00:13:36	00:26:04	<b>00:27:38.50</b>	<b>00:28:16.15</b>	+00:11:55 (43.2%)	5:31	10.9 (57.1%)
680	<b>GŁOWACKI Kamil</b>	<b>1240</b>		M-20	73	00:00:38	00:01:18	00:13:43	00:26:07	<b>00:27:39.45</b>	<b>00:28:17.75</b>	+00:11:56 (43.2%)	5:31	10.8 (56.5%)
681	<b>LEWANDOWSKI Piotr</b>	<b>1047</b>		M-20	74	00:00:37	00:01:02	00:11:45	00:25:48	<b>00:27:39.65</b>	<b>00:28:17.15</b>	+00:11:56 (43.2%)	5:31	10.8 (56.5%)
682	<b>FUZ Gabriela</b>	<b>874</b>	KABEL TEAM BYDGOSZCZ	K-40	28	00:00:38	00:01:08	00:13:32	00:26:00	<b>00:27:39.70</b>	<b>00:28:17.95</b>	+00:11:56 (43.2%)	5:31	10.8 (56.5%)
683	<b>DWOJAK Artur</b>	<b>517</b>		M-20	75	00:00:17	00:01:07	00:13:02	00:26:04	<b>00:27:40.60</b>	<b>00:27:58.50</b>	+00:11:57 (43.2%)	5:32	10.8 (56.5%)
684	<b>ŻUBROWSKA Weronika</b>	<b>1191</b>		K-20	30	00:01:19	00:01:15	00:13:39	00:26:09	<b>00:27:40.70</b>	<b>00:29:00.10</b>	+00:11:57 (43.2%)	5:32	10.8 (56.5%)
685	<b>LEWANDOWSKA Nina</b>	<b>412</b>		K-10	9	00:00:13	00:01:03	00:13:22	00:26:30	<b>00:27:40.85</b>	<b>00:27:54.20</b>	+00:11:58 (43.2%)	5:32	10.8 (56.5%)
685	<b>WITKOWSKA Katarzyna</b>	<b>807</b>	MOLDY UNICORNS	K-30	51	00:01:32	00:01:16	00:13:43	00:26:10	<b>00:27:40.85</b>	<b>00:29:13.70</b>	+00:11:58 (43.2%)	5:32	10.8 (56.5%)
687	<b>DĄBROWSKI Arkadiusz</b>	<b>333</b>		M-30	190	00:01:51	00:00:58	00:12:51	00:26:14	<b>00:27:43.40</b>	<b>00:29:34.65</b>	+00:12:00 (43.3%)	5:32	10.8 (56.5%)
688	<b>MIECZKOWSKA-LAPKE Weronika</b>	<b>175</b>		K-30	52	00:00:49	00:01:11	00:13:12	00:26:08	<b>00:27:44.80</b>	<b>00:28:34.15</b>	+00:12:02 (43.4%)	5:32	10.8 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
689	<b>RUMIANOWSKA Anna</b>	<b>1067</b>		K-30	53	00:00:30	00:01:02	00:13:28	00:26:12	<b>00:27:46.00</b>	<b>00:28:16.20</b>	+00:12:03 (43.4%)	5:33	10.8 (56.5%)
690	<b>GRYSZÓWKA Gryszówka</b>	<b>1247</b>		K-20	31	00:01:26	00:01:12	00:13:56	00:26:21	<b>00:27:46.45</b>	<b>00:29:13.15</b>	+00:12:03 (43.4%)	5:33	10.8 (56.5%)
691	<b>KOWALEWSKI Błażej</b>	<b>710</b>		M-10	60	00:00:57	00:01:16	00:14:07	00:26:29	<b>00:27:46.60</b>	<b>00:28:43.90</b>	+00:12:03 (43.4%)	5:33	10.8 (56.5%)
692	<b>STEFANIAK Michał</b>	<b>1221</b>	ZAWODY WYCIĄGANIA CZEGOŚ Z WODY	M-20	76	00:01:27	00:01:19	00:13:53	00:26:17	<b>00:27:47.00</b>	<b>00:29:14.60</b>	+00:12:04 (43.4%)	5:33	10.8 (56.5%)
693	<b>KOPLINER Mariusz</b>	<b>1070</b>	TEAM RUN GOŁAŃCZ	M-30	191	00:00:21	00:01:01	00:13:06	00:26:06	<b>00:27:47.30</b>	<b>00:28:09.10</b>	+00:12:04 (43.5%)	5:33	10.8 (56.5%)
694	<b>BEJMA Karol</b>	<b>959</b>	TEAM RUN GOŁAŃCZ	M-40	160	00:00:20	00:01:02	00:13:06	00:26:06	<b>00:27:47.75</b>	<b>00:28:08.70</b>	+00:12:04 (43.5%)	5:33	10.8 (56.5%)
695	<b>BUDZIAK Bartosz</b>	<b>561</b>		M-40	161	00:01:06	00:01:17	00:13:51	00:26:19	<b>00:27:47.90</b>	<b>00:28:54.10</b>	+00:12:05 (43.5%)	5:33	10.8 (56.5%)
696	<b>SZMELTER Michał</b>	<b>849</b>		M-50	67	00:01:09	00:01:09	00:13:26	00:26:19	<b>00:27:47.95</b>	<b>00:28:57.80</b>	+00:12:05 (43.5%)	5:33	10.8 (56.5%)
697	<b>BEJMA Magdalena</b>	<b>958</b>	TEAM RUN GOŁAŃCZ	K-40	29	00:00:20	00:01:03	00:13:06	00:26:06	<b>00:27:48.10</b>	<b>00:28:08.60</b>	+00:12:05 (43.5%)	5:33	10.8 (56.5%)
698	<b>BAK Remigiusz</b>	<b>1002</b>		M-40	162	00:01:06	00:01:11	00:13:27	00:26:13	<b>00:27:48.35</b>	<b>00:28:54.85</b>	+00:12:05 (43.5%)	5:33	10.8 (56.5%)
699	<b>ZAWODNA Natalia</b>	<b>1161</b>		K-30	54	00:00:10	00:00:58	00:13:32	00:26:20	<b>00:27:48.75</b>	<b>00:27:59.15</b>	+00:12:05 (43.5%)	5:33	10.8 (56.5%)
700	<b>KRYWALD Michał</b>	<b>1041</b>		M-30	192	00:01:21	00:01:10	00:13:53	00:26:28	<b>00:27:49.30</b>	<b>00:29:10.50</b>	+00:12:06 (43.5%)	5:33	10.8 (56.5%)
701	<b>POLASIK Dawid</b>	<b>1371</b>	NITROCHEM	M-40	163	00:00:39	00:01:18	00:14:06	00:26:15	<b>00:27:49.40</b>	<b>00:28:29.10</b>	+00:12:06 (43.5%)	5:33	10.8 (56.5%)
702	<b>WIECZOREK Wiktoria</b>	<b>1402</b>		K-10	10	00:00:09	00:00:57	00:13:01	00:26:19	<b>00:27:50.85</b>	<b>00:28:00.40</b>	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
702	<b>KOWALEWSKI Mariusz</b>	<b>709</b>		M-40	164	00:00:57	00:01:17	00:14:07	00:26:29	<b>00:27:50.85</b>	<b>00:28:48.15</b>	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
704	<b>MERING Marta</b>	<b>1277</b>		K-40	30	00:01:24	00:01:17	00:14:02	00:26:22	<b>00:27:51.00</b>	<b>00:29:15.95</b>	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
705	<b>SZMIDT-SZYPURA Agnieszka</b>	<b>1451</b>		K-30	55	00:01:17	00:01:17	00:14:15	00:26:22	<b>00:27:51.90</b>	<b>00:29:09.15</b>	+00:12:09 (43.6%)	5:34	10.8 (56.5%)
706	<b>LISIŃSKI Kacper</b>	<b>612</b>		M-20	77	00:00:26	00:01:04	00:13:57	00:26:35	<b>00:27:54.85</b>	<b>00:28:21.00</b>	+00:12:12 (43.7%)	5:34	10.8 (56.5%)
707	<b>MACHNIK Karol</b>	<b>801</b>	ROWEROWE KORONOWO	M-40	165	00:00:37	00:01:19	00:14:23	00:26:39	<b>00:27:55.35</b>	<b>00:28:32.40</b>	+00:12:12 (43.7%)	5:35	10.7 (56.0%)
708	<b>GŁOWACKI Sławomir</b>	<b>754</b>		M-40	166	00:01:17	00:01:18	00:14:16	00:26:23	<b>00:27:56.00</b>	<b>00:29:13.55</b>	+00:12:13 (43.7%)	5:35	10.7 (56.0%)
709	<b>WIŚNIEWSKI Remigiusz</b>	<b>1462</b>		M-50	68	00:00:40	00:01:07	00:13:26	00:26:13	<b>00:27:57.00</b>	<b>00:28:37.60</b>	+00:12:14 (43.8%)	5:35	10.7 (56.0%)
710	<b>WOLSKA Katarzyna</b>	<b>25</b>		K-30	56	00:01:08	00:01:18	00:13:47	00:26:28	<b>00:27:57.70</b>	<b>00:29:06.10</b>	+00:12:14 (43.8%)	5:35	10.7 (56.0%)
711	<b>GRZESIAK-KNUT Lucyna</b>	<b>1351</b>		K-40	31	00:00:39	00:01:10	00:13:51	00:26:29	<b>00:27:58.45</b>	<b>00:28:38.10</b>	+00:12:15 (43.8%)	5:35	10.7 (56.0%)
712	<b>GOŁATTA Magdalena</b>	<b>1352</b>		K-40	32	00:00:39	00:01:10	00:13:52	00:26:29	<b>00:27:58.90</b>	<b>00:28:38.30</b>	+00:12:16 (43.8%)	5:35	10.7 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
713	<b>JANKOWSKA Żaneta</b>	<b>941</b>	YES ENGLISH	K-40	33	00:00:23		00:13:32	00:26:33	<b>00:28:00.25</b>	<b>00:28:23.50</b>	+00:12:17 (43.9%)	5:36	10.7 (56.0%)
714	<b>DUSZYŃSKI Jan</b>	<b>1024</b>		M-40	167	00:01:01	00:01:20	00:13:51	00:26:22	<b>00:28:00.75</b>	<b>00:29:02.70</b>	+00:12:17 (43.9%)	5:36	10.7 (56.0%)
715	<b>DROCIAK Michał</b>	<b>1074</b>	OGR OSOWA GÓRA RUNNER	M-40	168	00:01:00	00:01:12	00:13:36	00:26:19	<b>00:28:00.80</b>	<b>00:29:01.35</b>	+00:12:18 (43.9%)	5:36	10.7 (56.0%)
716	<b>KWASEK Wojciech</b>	<b>894</b>	KABEL TEAM BYDGOSZCZ	M-50	69	00:00:35	00:01:08	00:13:17	00:26:27	<b>00:28:00.85</b>	<b>00:28:36.00</b>	+00:12:18 (43.9%)	5:36	10.7 (56.0%)
717	<b>DUSZYŃSKA Joanna</b>	<b>1025</b>		K-40	34	00:01:01	00:01:20	00:13:51	00:26:23	<b>00:28:01.00</b>	<b>00:29:02.45</b>	+00:12:18 (43.9%)	5:36	10.7 (56.0%)
718	<b>DOMARADZKA-MAZUREK Małgorzata</b>	<b>1282</b>		K-20	32	00:00:47	00:01:07	00:13:57	00:26:41	<b>00:28:01.20</b>	<b>00:28:49.00</b>	+00:12:18 (43.9%)	5:36	10.7 (56.0%)
719	<b>MAZUREK Damian</b>	<b>1281</b>		M-30	193	00:00:47	00:01:07	00:13:57	00:26:41	<b>00:28:01.45</b>	<b>00:28:49.20</b>	+00:12:18 (43.9%)	5:36	10.7 (56.0%)
720	<b>BANASZAK Ewa</b>	<b>150</b>	RUN BYDGOSZCZ	K-30	57	00:00:40	00:01:11	00:14:02	00:26:33	<b>00:28:02.45</b>	<b>00:28:43.25</b>	+00:12:19 (44.0%)	5:36	10.7 (56.0%)
721	<b>CIEŚLEWICZ Waldemar</b>	<b>617</b>		M-50	70	00:00:08	00:01:02	00:13:17	00:26:27	<b>00:28:05.10</b>	<b>00:28:13.85</b>	+00:12:22 (44.1%)	5:37	10.7 (56.0%)
722	<b>GROBELNA Monika</b>	<b>200</b>		K-40	35	00:00:09	00:00:58	00:13:38	00:26:44	<b>00:28:05.45</b>	<b>00:28:14.45</b>	+00:12:22 (44.1%)	5:37	10.7 (56.0%)
723	<b>BARANOWSKI Adam</b>	<b>652</b>		M-30	194	00:00:08	00:01:03	00:13:17	00:26:27	<b>00:28:05.70</b>	<b>00:28:14.45</b>	+00:12:22 (44.1%)	5:37	10.7 (56.0%)
724	<b>BIELUSZEWSKA Mirela</b>	<b>869</b>		K-30	58	00:01:33	00:01:13	00:13:46	00:26:28	<b>00:28:06.05</b>	<b>00:29:39.30</b>	+00:12:23 (44.1%)	5:37	10.7 (56.0%)
725	<b>JASIŃSKI Grzegorz</b>	<b>900</b>	JASINSKI.IT	M-30	195	00:00:09	00:01:01	00:14:00	00:26:49	<b>00:28:06.30</b>	<b>00:28:15.90</b>	+00:12:23 (44.1%)	5:37	10.7 (56.0%)
726	<b>FRANKOWSKA Małgorzata</b>	<b>861</b>		K-40	36	00:00:38	00:01:05	00:13:39	00:26:33	<b>00:28:06.40</b>	<b>00:28:44.70</b>	+00:12:23 (44.1%)	5:37	10.7 (56.0%)
727	<b>GRZYBOWSKI Marek Igor</b>	<b>583</b>	FC PONAŁEWCE	M-10	61	00:00:26	00:01:12	00:13:53	00:26:36	<b>00:28:07.05</b>	<b>00:28:33.20</b>	+00:12:24 (44.1%)	5:37	10.7 (56.0%)
728	<b>JASKÓLSKI Andrzej</b>	<b>515</b>		M-50	71	00:00:38	00:01:02	00:13:26	00:26:32	<b>00:28:07.10</b>	<b>00:28:46.05</b>	+00:12:24 (44.1%)	5:37	10.7 (56.0%)
729	<b>JASIŃSKI Kacper</b>	<b>899</b>		M-10	62	00:00:09	00:01:01	00:14:00	00:26:48	<b>00:28:07.25</b>	<b>00:28:17.15</b>	+00:12:24 (44.1%)	5:37	10.7 (56.0%)
730	<b>BOROWCZAK Paweł</b>	<b>208</b>		M-30	196	00:01:28	00:01:05	00:13:57	00:26:37	<b>00:28:09.25</b>	<b>00:29:37.70</b>	+00:12:26 (44.2%)	5:37	10.7 (56.0%)
731	<b>SKOPOWSKI Krzysztof</b>	<b>1493</b>	SALUS	M-40	169	00:01:16	00:01:09	00:13:45	00:26:39	<b>00:28:09.85</b>	<b>00:29:26.65</b>	+00:12:27 (44.2%)	5:37	10.7 (56.0%)
732	<b>ZIELIŃSKA Justyna</b>	<b>133</b>	KOLOROWE GACIE	K-40	37	00:00:31	00:01:04	00:13:33	00:26:29	<b>00:28:10.40</b>	<b>00:28:41.65</b>	+00:12:27 (44.2%)	5:38	10.7 (56.0%)
733	<b>MICHAŁEK Krzysztof</b>	<b>152</b>		M-20	78	00:00:53	00:01:11	00:13:58	00:26:46	<b>00:28:12.25</b>	<b>00:29:05.80</b>	+00:12:29 (44.3%)	5:38	10.6 (55.5%)
734	<b>WAŁCZYK Iwona</b>	<b>1327</b>		K-30	59	00:01:00	00:01:14	00:13:41	00:26:36	<b>00:28:12.50</b>	<b>00:29:12.70</b>	+00:12:29 (44.3%)	5:38	10.6 (55.5%)
734	<b>CICHOWICZ Marcin</b>	<b>109</b>		M-40	170	00:01:34	00:01:14	00:13:59	00:26:44	<b>00:28:12.50</b>	<b>00:29:47.25</b>	+00:12:29 (44.3%)	5:38	10.6 (55.5%)
736	<b>LISIŃSKA Zuzanna</b>	<b>362</b>		K-20	33	00:00:27	00:01:04	00:13:45	00:26:45	<b>00:28:13.25</b>	<b>00:28:40.30</b>	+00:12:30 (44.3%)	5:38	10.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
737	<b>KAPSA Dawid</b>	<b>1473</b>	TRISPACE/TREK	M-40	171	00:00:49	00:00:54	00:13:46	00:26:57	<b>00:28:14.20</b>	<b>00:29:03.35</b>	+00:12:31 (44.4%)	5:38	10.6 (55.5%)
738	<b>BOROWCZAK Julita</b>	<b>207</b>		K-30	60	00:01:23	00:01:10	00:14:00	00:26:42	<b>00:28:14.40</b>	<b>00:29:38.00</b>	+00:12:31 (44.4%)	5:38	10.6 (55.5%)
739	<b>WOLNY Tomasz</b>	<b>11</b>		M-40	172	00:00:07	00:00:59	00:13:01	00:26:25	<b>00:28:14.65</b>	<b>00:28:22.10</b>	+00:12:31 (44.4%)	5:38	10.6 (55.5%)
740	<b>PROKOPOWICZ Hubert</b>	<b>1293</b>		M-10	63	00:01:13	00:01:17	00:14:16	00:26:53	<b>00:28:16.15</b>	<b>00:29:29.50</b>	+00:12:33 (44.4%)	5:39	10.6 (55.5%)
741	<b>PASZKIET Witold</b>	<b>452</b>	TKKF KOLEJARZ BYDGOSZCZ	M-60+	16	00:00:48	00:01:09	00:14:02	00:26:37	<b>00:28:16.85</b>	<b>00:29:05.60</b>	+00:12:34 (44.4%)	5:39	10.6 (55.5%)
742	<b>DZIERZANOWSKA Eliza</b>	<b>1203</b>		K-20	34	00:01:27	00:01:10	00:14:10	00:26:46	<b>00:28:18.25</b>	<b>00:29:45.75</b>	+00:12:35 (44.5%)	5:39	10.6 (55.5%)
743	<b>JANUSZEWSKA Kamila</b>	<b>1218</b>		K-40	38	00:00:18	00:01:11	00:13:57	00:26:42	<b>00:28:18.90</b>	<b>00:28:37.25</b>	+00:12:36 (44.5%)	5:39	10.6 (55.5%)
744	<b>PROKOPOWICZ Paweł</b>	<b>1292</b>		M-40	173	00:01:13	00:01:18	00:14:17	00:26:54	<b>00:28:19.20</b>	<b>00:29:32.70</b>	+00:12:36 (44.5%)	5:39	10.6 (55.5%)
745	<b>SOSNOWSKA Julia</b>	<b>1360</b>		K-10	11	00:01:30	00:01:09	00:14:10	00:26:54	<b>00:28:19.40</b>	<b>00:29:50.20</b>	+00:12:36 (44.5%)	5:39	10.6 (55.5%)
746	<b>ZGÓRSKI Maciej</b>	<b>723</b>		M-40	174	00:00:20	00:01:10	00:13:57	00:26:43	<b>00:28:19.95</b>	<b>00:28:40.05</b>	+00:12:37 (44.5%)	5:39	10.6 (55.5%)
746	<b>WŁODARCZYK Hanna</b>	<b>142</b>		K-40	39	00:00:47	00:01:14	00:13:55	00:26:41	<b>00:28:19.95</b>	<b>00:29:07.20</b>	+00:12:37 (44.5%)	5:39	10.6 (55.5%)
748	<b>MAKSELLON Monika</b>	<b>545</b>		K-30	61	00:00:54	00:01:15	00:14:01	00:26:47	<b>00:28:20.05</b>	<b>00:29:14.80</b>	+00:12:37 (44.5%)	5:40	10.6 (55.5%)
749	<b>BARRI Farkad</b>	<b>187</b>		M-40	175	00:01:03	00:01:11	00:14:00	00:26:47	<b>00:28:20.10</b>	<b>00:29:23.90</b>	+00:12:37 (44.5%)	5:40	10.6 (55.5%)
750	<b>GRZYBOWSKI Marek</b>	<b>580</b>	FC PONAŁEWCE	M-40	176	00:00:26	00:01:12	00:13:53	00:26:39	<b>00:28:20.55</b>	<b>00:28:47.10</b>	+00:12:37 (44.6%)	5:40	10.6 (55.5%)
751	<b>SOSINSKI Marcin</b>	<b>149</b>		M-40	177	00:00:06	00:00:57	00:13:28	00:26:46	<b>00:28:21.80</b>	<b>00:28:28.20</b>	+00:12:39 (44.6%)	5:40	10.6 (55.5%)
752	<b>PARADOWSKA Bogumiła</b>	<b>1393</b>		K-40	40	00:00:18	00:01:12	00:13:50	00:26:41	<b>00:28:22.00</b>	<b>00:28:40.30</b>	+00:12:39 (44.6%)	5:40	10.6 (55.5%)
753	<b>OLECHNOWICZ Tomasz</b>	<b>1476</b>	SMB	M-50	72	00:01:36	00:01:11	00:14:47	00:26:58	<b>00:28:22.20</b>	<b>00:29:58.70</b>	+00:12:39 (44.6%)	5:40	10.6 (55.5%)
754	<b>SYGNECKA Kasia</b>	<b>3</b>		K-30	62	00:01:11	00:01:20	00:14:18	00:27:01	<b>00:28:23.50</b>	<b>00:29:34.75</b>	+00:12:40 (44.7%)	5:40	10.6 (55.5%)
755	<b>CZYŻNIKIEWICZ Karol</b>	<b>584</b>		M-30	197	00:00:43	00:01:13	00:13:18	00:26:42	<b>00:28:24.15</b>	<b>00:29:07.45</b>	+00:12:41 (44.7%)	5:40	10.6 (55.5%)
756	<b>KRZESZEWSKA Magdalena</b>	<b>1315</b>		K-20	35	00:00:07	00:01:03	00:13:55	00:27:02	<b>00:28:25.50</b>	<b>00:28:33.10</b>	+00:12:42 (44.7%)	5:41	10.6 (55.5%)
757	<b>DAMBECKI Piotr</b>	<b>151</b>	POLISH AIR FORCE FAMILY FAN CLUB	M-50	73	00:00:36		00:13:35	00:26:46	<b>00:28:27.85</b>	<b>00:29:04.50</b>	+00:12:45 (44.8%)	5:41	10.5 (55.0%)
758	<b>PIECHOCIŃSKA Dorota</b>	<b>934</b>	RINO	K-30	63	00:00:33	00:01:11	00:14:42	00:27:03	<b>00:28:27.95</b>	<b>00:29:01.50</b>	+00:12:45 (44.8%)	5:41	10.5 (55.0%)
759	<b>KRZESZEWSKA Agnieszka</b>	<b>1313</b>		K-40	41	00:00:08	00:01:02	00:13:55	00:27:02	<b>00:28:29.20</b>	<b>00:28:37.20</b>	+00:12:46 (44.8%)	5:41	10.5 (55.0%)
760	<b>BARTNICZAK Bartosz</b>	<b>943</b>		M-20	79	00:01:18	00:01:18	00:14:38	00:27:07	<b>00:28:29.75</b>	<b>00:29:47.80</b>	+00:12:46 (44.9%)	5:41	10.5 (55.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
761	<b>KOTECKI Marcin</b>	<b>82</b>		M-40	178	00:00:53	00:01:21	00:14:15	00:26:56	<b>00:28:30.20</b>	<b>00:29:23.60</b>	+00:12:47 (44.9%)	5:42	10.5 (55.0%)
762	<b>JANUSZEWSKI Marcin</b>	<b>141</b>		M-40	179	00:00:52	00:01:21	00:14:16	00:26:57	<b>00:28:31.10</b>	<b>00:29:23.95</b>	+00:12:48 (44.9%)	5:42	10.5 (55.0%)
763	<b>RADECKA Aleksandra</b>	<b>1386</b>	ZIELONY PELIKAN	K-40	42	00:00:29	00:01:11	00:14:00	00:27:03	<b>00:28:31.45</b>	<b>00:29:00.65</b>	+00:12:48 (44.9%)	5:42	10.5 (55.0%)
764	<b>KWASIGROCH Krzysztof</b>	<b>1048</b>	TKKF KOLEJARZ BYDGOSZCZ	M-50	74	00:01:39	00:01:05	00:14:10	00:27:12	<b>00:28:31.65</b>	<b>00:30:11.40</b>	+00:12:48 (44.9%)	5:42	10.5 (55.0%)
765	<b>RYDZKOWSKI Tomasz</b>	<b>325</b>		M-40	180	00:00:37	00:01:18	00:14:12	00:27:00	<b>00:28:32.55</b>	<b>00:29:10.20</b>	+00:12:49 (44.9%)	5:42	10.5 (55.0%)
766	<b>MACHNIK Kornelia</b>	<b>803</b>	ROWEROWE KORONOWO	K-30	64	00:00:00	00:01:56	00:15:01		<b>00:28:32.70</b>	<b>00:28:32.70</b>	+00:12:49 (45.0%)	5:42	10.5 (55.0%)
767	<b>OLSZAK Anna</b>	<b>516</b>		K-30	65	00:01:15	00:01:17	00:14:12	00:27:04	<b>00:28:33.15</b>	<b>00:29:48.80</b>	+00:12:50 (45.0%)	5:42	10.5 (55.0%)
768	<b>KRASIŃSKA Katarzyna</b>	<b>1332</b>		K-40	43	00:00:43	00:00:59	00:14:01	00:26:57	<b>00:28:33.40</b>	<b>00:29:16.80</b>	+00:12:50 (45.0%)	5:42	10.5 (55.0%)
769	<b>WAWRZYNIAK Andrzej</b>	<b>70</b>	22. ODN	M-60+	17	00:00:42	00:01:17	00:14:08	00:26:52	<b>00:28:33.50</b>	<b>00:29:16.30</b>	+00:12:50 (45.0%)	5:42	10.5 (55.0%)
770	<b>BASZKIEWICZ Justyna</b>	<b>651</b>		K-40	44	00:00:44	00:01:09	00:13:50	00:26:56	<b>00:28:33.95</b>	<b>00:29:18.10</b>	+00:12:51 (45.0%)	5:42	10.5 (55.0%)
771	<b>STRZYŻOWSKI Nikodem</b>	<b>417</b>		M-10	64	00:00:51	00:01:07	00:14:11	00:27:08	<b>00:28:34.00</b>	<b>00:29:25.50</b>	+00:12:51 (45.0%)	5:42	10.5 (55.0%)
772	<b>PIECHOWSKA Magdalena</b>	<b>341</b>		K-40	45	00:00:57	00:01:08	00:13:59	00:27:00	<b>00:28:34.70</b>	<b>00:29:32.40</b>	+00:12:51 (45.0%)	5:42	10.5 (55.0%)
773	<b>CZARNECKI Sławek</b>	<b>391</b>		M-40	181	00:00:51	00:01:11	00:13:40	00:26:48	<b>00:28:34.75</b>	<b>00:29:26.55</b>	+00:12:51 (45.0%)	5:42	10.5 (55.0%)
774	<b>PIENIAK Anna</b>	<b>797</b>		K-40	46	00:01:19	00:01:21	00:14:20	00:27:00	<b>00:28:37.80</b>	<b>00:29:57.05</b>	+00:12:55 (45.1%)	5:43	10.5 (55.0%)
775	<b>GAWRYCH Adam</b>	<b>1167</b>		M-30	198	00:01:00	00:01:10	00:13:22	00:26:49	<b>00:28:39.05</b>	<b>00:29:39.70</b>	+00:12:56 (45.2%)	5:43	10.5 (55.0%)
776	<b>KORWEL Robert</b>	<b>1213</b>		M-40	182	00:00:23	00:00:53	00:13:26	00:26:59	<b>00:28:39.75</b>	<b>00:29:03.60</b>	+00:12:56 (45.2%)	5:43	10.5 (55.0%)
777	<b>WOŹNIACKA Beata</b>	<b>294</b>	KOLOROWE GACIE	K-50	3	00:00:30	00:01:05	00:13:48	00:27:04	<b>00:28:40.65</b>	<b>00:29:11.20</b>	+00:12:57 (45.2%)	5:44	10.5 (55.0%)
778	<b>IRZA Katarzyna</b>	<b>1175</b>		K-30	66	00:00:49	00:01:01	00:13:14	00:27:01	<b>00:28:41.30</b>	<b>00:29:30.80</b>	+00:12:58 (45.2%)	5:44	10.5 (55.0%)
779	<b>PUDLICH Krzysztof</b>	<b>726</b>		M-40	183	00:01:22	00:01:14	00:14:07	00:27:07	<b>00:28:41.70</b>	<b>00:30:04.00</b>	+00:12:58 (45.2%)	5:44	10.5 (55.0%)
780	<b>SIKORSKI Norbert</b>	<b>599</b>		M-50	75	00:01:01	00:01:09	00:13:50	00:27:03	<b>00:28:42.55</b>	<b>00:29:43.90</b>	+00:12:59 (45.3%)	5:44	10.5 (55.0%)
781	<b>KAŹMIERCZAK Paweł</b>	<b>115</b>		M-40	184	00:00:21	00:01:05	00:13:52	00:27:06	<b>00:28:43.40</b>	<b>00:29:04.45</b>	+00:13:00 (45.3%)	5:44	10.4 (54.5%)
782	<b>FILIPEK Mirosława</b>	<b>68</b>		K-40	47	00:00:31	00:01:07	00:13:54	00:27:10	<b>00:28:43.95</b>	<b>00:29:15.65</b>	+00:13:01 (45.3%)	5:44	10.4 (54.5%)
783	<b>GREGO Mateusz</b>	<b>24</b>	GREGORKI	M-20	80	00:00:33	00:01:07	00:14:00	00:27:03	<b>00:28:45.10</b>	<b>00:29:18.90</b>	+00:13:02 (45.3%)	5:45	10.4 (54.5%)
784	<b>GMIŃSKI Wojtek</b>	<b>1489</b>		M-10	65	00:00:25	00:01:06	00:14:16	00:27:28	<b>00:28:45.35</b>	<b>00:29:10.95</b>	+00:13:02 (45.4%)	5:45	10.4 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
785	<b>DOMBROWSKI Kamil</b>	<b>676</b>	MISIEK TEAM	M-10	66	00:00:15	00:01:07	00:13:59	00:27:16	<b>00:28:47.25</b>	<b>00:29:02.25</b>	+00:13:04 (45.4%)	5:45	10.4 (54.5%)
786	<b>ŻUCHOWSKI Dariusz</b>	<b>1347</b>	TKKF KOLEJARZ BYDGOSZCZ	M-50	76	00:00:42	00:01:03	00:13:42	00:27:08	<b>00:28:48.35</b>	<b>00:29:30.75</b>	+00:13:05 (45.5%)	5:45	10.4 (54.5%)
787	<b>ŚWIETLIK Dawid</b>	<b>453</b>		M-30	199	00:00:39	00:01:05	00:13:38	00:27:10	<b>00:28:48.60</b>	<b>00:29:27.90</b>	+00:13:05 (45.5%)	5:45	10.4 (54.5%)
788	<b>SYBILA Michał</b>	<b>596</b>	VENEZUELA TEAM	M-30	200	00:01:24	00:01:14	00:14:19	00:27:15	<b>00:28:51.10</b>	<b>00:30:15.40</b>	+00:13:08 (45.5%)	5:46	10.4 (54.5%)
789	<b>HAWRYLEWICZ Julia</b>	<b>1015</b>	BTW	K-10	12	00:01:24	00:01:16	00:14:45	00:27:28	<b>00:28:51.50</b>	<b>00:30:16.45</b>	+00:13:08 (45.6%)	5:46	10.4 (54.5%)
790	<b>GRONOWSKI Bartosz</b>	<b>272</b>		M-40	185	00:00:53	00:01:10	00:14:28	00:27:18	<b>00:28:51.95</b>	<b>00:29:45.05</b>	+00:13:09 (45.6%)	5:46	10.4 (54.5%)
791	<b>GORSKI Sławomir</b>	<b>739</b>		M-40	186	00:00:19	00:01:07	00:14:07	00:27:18	<b>00:28:52.90</b>	<b>00:29:12.30</b>	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
792	<b>KOPCZYŃSKA Ewelina</b>	<b>217</b>		K-40	48	00:00:50	00:01:15	00:14:36	00:27:22	<b>00:28:53.25</b>	<b>00:29:43.35</b>	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
793	<b>FIEDLER Krzysztof</b>	<b>1419</b>		M-40	187	00:01:04	00:01:21	00:14:28	00:27:12	<b>00:28:53.30</b>	<b>00:29:57.30</b>	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
794	<b>KOPCZYŃSKI Marcin</b>	<b>216</b>		M-40	188	00:00:49	00:01:16	00:14:37	00:27:23	<b>00:28:53.35</b>	<b>00:29:42.80</b>	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
795	<b>PALACZ Mirosław</b>	<b>1317</b>		M-60+	18	00:01:10	00:01:15	00:13:51	00:27:11	<b>00:28:53.75</b>	<b>00:30:04.40</b>	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
796	<b>ZAMIATOWSKA Kinga</b>	<b>740</b>	BELLA LINE	K-40	49	00:00:18	00:01:07	00:14:07	00:27:19	<b>00:28:54.25</b>	<b>00:29:12.70</b>	+00:13:11 (45.6%)	5:46	10.4 (54.5%)
797	<b>KOSIŃSKI Jerzy</b>	<b>887</b>		M-50	77	00:00:06	00:00:57	00:13:27	00:27:07	<b>00:28:55.25</b>	<b>00:29:01.35</b>	+00:13:12 (45.7%)	5:47	10.4 (54.5%)
798	<b>GRZECHULSKI Bartosz</b>	<b>524</b>		M-10	67	00:01:18	00:01:18	00:14:42	00:27:22	<b>00:28:55.35</b>	<b>00:30:14.30</b>	+00:13:12 (45.7%)	5:47	10.4 (54.5%)
799	<b>WRZESIŃSKA Joanna</b>	<b>132</b>	WOPR WOJEWÓDZTWA KUJAWSKO-POMORSKIEGO	K-40	50	00:01:26	00:01:16	00:14:34	00:27:24	<b>00:28:57.05</b>	<b>00:30:23.95</b>	+00:13:14 (45.7%)	5:47	10.4 (54.5%)
800	<b>RUTKOWSKA Virginia</b>	<b>576</b>	BRZEZINSKI RUN CLUB	K-30	67	00:00:05	00:00:59	00:14:03	00:27:23	<b>00:28:57.25</b>	<b>00:29:02.50</b>	+00:13:14 (45.7%)	5:47	10.4 (54.5%)
801	<b>BISKUPSKI Robert</b>	<b>270</b>		M-40	189	00:00:19	00:01:03	00:13:39	00:27:14	<b>00:28:58.25</b>	<b>00:29:17.40</b>	+00:13:15 (45.8%)	5:47	10.4 (54.5%)
802	<b>SŁOWIŃSKI Adam</b>	<b>259</b>		M-30	201	00:01:27	00:01:10	00:14:24	00:27:27	<b>00:28:59.25</b>	<b>00:30:26.55</b>	+00:13:16 (45.8%)	5:47	10.4 (54.5%)
803	<b>GMIŃSKI Piotr</b>	<b>1488</b>		M-40	190	00:00:25	00:01:06	00:14:16	00:27:28	<b>00:28:59.75</b>	<b>00:29:25.35</b>	+00:13:16 (45.8%)	5:47	10.4 (54.5%)
804	<b>CHĘSY Jacek</b>	<b>332</b>		M-40	191	00:00:55	00:01:11	00:14:15	00:27:14	<b>00:29:00.45</b>	<b>00:29:55.95</b>	+00:13:17 (45.8%)	5:48	10.3 (53.9%)
805	<b>KILKOWSKI Maciej</b>	<b>1028</b>		M-40	192	00:01:03	00:01:15	00:14:19	00:27:30	<b>00:29:02.30</b>	<b>00:30:05.35</b>	+00:13:19 (45.9%)	5:48	10.3 (53.9%)
806	<b>WRÓBLEWSKA Dominika</b>	<b>425</b>		K-20	36	00:00:10	00:00:54	00:13:29	00:27:26	<b>00:29:04.00</b>	<b>00:29:14.00</b>	+00:13:21 (45.9%)	5:48	10.3 (53.9%)
807	<b>KRZYWDZIŃSKA Julia</b>	<b>423</b>		K-20	37	00:00:09	00:00:54	00:13:30	00:27:26	<b>00:29:04.90</b>	<b>00:29:14.30</b>	+00:13:22 (46.0%)	5:48	10.3 (53.9%)
808	<b>MENDOCHA Kornel</b>	<b>344</b>		M-20	81	00:00:23	00:01:02	00:14:07	00:27:46	<b>00:29:06.10</b>	<b>00:29:29.30</b>	+00:13:23 (46.0%)	5:49	10.3 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
809	<b>SPYCHALSKI Krystian</b>	<b>1434</b>	NITROCHEM	M-30	202	00:00:39	00:01:15	00:14:07	00:27:23	<b>00:29:07.65</b>	<b>00:29:47.50</b>	+00:13:24 (46.1%)	5:49	10.3 (53.9%)
810	<b>NOWICKI Krystian</b>	<b>293</b>	1BLOG	M-30	203	00:00:51	00:01:22	00:14:40	00:27:42	<b>00:29:08.65</b>	<b>00:29:59.70</b>	+00:13:25 (46.1%)	5:49	10.3 (53.9%)
811	<b>CZEKALSKI Patryk</b>	<b>383</b>		M-40	193	00:00:46	00:01:19	00:14:54	00:27:48	<b>00:29:09.00</b>	<b>00:29:55.40</b>	+00:13:26 (46.1%)	5:49	10.3 (53.9%)
812	<b>FOJUCIK Sylwia</b>	<b>1038</b>		K-20	38	00:00:56	00:01:13	00:14:02	00:27:24	<b>00:29:09.95</b>	<b>00:30:05.95</b>	+00:13:27 (46.1%)	5:49	10.3 (53.9%)
813	<b>DRZEWIECKA Ada</b>	<b>205</b>		K-30	68	00:00:27	00:01:05	00:14:01	00:27:35	<b>00:29:10.80</b>	<b>00:29:38.60</b>	+00:13:28 (46.2%)	5:50	10.3 (53.9%)
814	<b>KOWALIK Waldemar</b>	<b>372</b>		M-50	78	00:01:01	00:01:21	00:14:18	00:27:32	<b>00:29:11.45</b>	<b>00:30:13.05</b>	+00:13:28 (46.2%)	5:50	10.3 (53.9%)
815	<b>PACZKOWSKA-PAPCZYŃSKA Joanna</b>	<b>1001</b>	TRISPACE/TREK	K-30	69	00:01:04	00:01:20	00:14:47	00:27:47	<b>00:29:11.90</b>	<b>00:30:16.60</b>	+00:13:29 (46.2%)	5:50	10.3 (53.9%)
816	<b>SZCZECINA Krzysztof</b>	<b>366</b>		M-40	194	00:00:58	00:01:25	00:14:22	00:27:35	<b>00:29:14.20</b>	<b>00:30:12.90</b>	+00:13:31 (46.3%)	5:50	10.3 (53.9%)
817	<b>KRAJDA Piotr</b>	<b>1398</b>	BBL BYDGOSZCZ	M-40	195	00:00:34	00:01:11	00:14:08	00:27:42	<b>00:29:17.40</b>	<b>00:29:51.70</b>	+00:13:34 (46.4%)	5:51	10.2 (53.4%)
818	<b>PAWEŁKOWSKI Patryk</b>	<b>1372</b>	NITROCHEM	M-30	204	00:00:40	00:01:15	00:14:25	00:27:43	<b>00:29:17.50</b>	<b>00:29:58.00</b>	+00:13:34 (46.4%)	5:51	10.2 (53.4%)
819	<b>REDELBACH Maciej</b>	<b>256</b>		M-30	205	00:00:49		00:14:46	00:27:37	<b>00:29:18.15</b>	<b>00:30:07.90</b>	+00:13:35 (46.4%)	5:51	10.2 (53.4%)
819	<b>GRZESZCZAK Łukasz</b>	<b>929</b>		M-40	196	00:01:30	00:01:16	00:15:14	00:27:48	<b>00:29:18.15</b>	<b>00:30:48.95</b>	+00:13:35 (46.4%)	5:51	10.2 (53.4%)
821	<b>GNIOT Henryk</b>	<b>1173</b>		M-50	79	00:00:50	00:01:16	00:14:32	00:27:41	<b>00:29:19.05</b>	<b>00:30:09.10</b>	+00:13:36 (46.4%)	5:51	10.2 (53.4%)
822	<b>GNIOT Bożena</b>	<b>1172</b>		K-40	51	00:00:49	00:01:17	00:14:32	00:27:41	<b>00:29:19.45</b>	<b>00:30:09.20</b>	+00:13:36 (46.4%)	5:51	10.2 (53.4%)
822	<b>PRIETZ Monika</b>	<b>243</b>	W2 RUN TEAM	K-40	51	00:01:02	00:01:11	00:14:46	00:27:54	<b>00:29:19.45</b>	<b>00:30:22.15</b>	+00:13:36 (46.4%)	5:51	10.2 (53.4%)
824	<b>ŁUKASIK Agnieszka</b>	<b>474</b>		K-30	70	00:00:10	00:01:03	00:14:29	00:27:29	<b>00:29:19.75</b>	<b>00:29:30.30</b>	+00:13:36 (46.4%)	5:51	10.2 (53.4%)
825	<b>ŁUDZIŃSKI Jakub</b>	<b>1190</b>		M-30	206	00:00:50		00:14:45	00:27:38	<b>00:29:19.85</b>	<b>00:30:09.90</b>	+00:13:37 (46.4%)	5:51	10.2 (53.4%)
826	<b>ŁUDZIŃSKI Marek</b>	<b>257</b>		M-60+	19	00:00:47		00:14:50	00:27:39	<b>00:29:19.90</b>	<b>00:30:07.85</b>	+00:13:37 (46.4%)	5:51	10.2 (53.4%)
827	<b>SMUCZYŃSKI Wojciech</b>	<b>29</b>		M-30	207	00:01:11	00:01:13	00:14:35	00:27:53	<b>00:29:23.15</b>	<b>00:30:34.30</b>	+00:13:40 (46.5%)	5:52	10.2 (53.4%)
828	<b>KOSECKA Martyna</b>	<b>659</b>		K-20	39	00:01:32	00:01:12	00:14:02	00:27:45	<b>00:29:23.95</b>	<b>00:30:56.35</b>	+00:13:41 (46.6%)	5:52	10.2 (53.4%)
829	<b>ZIELIŃSKI Tomasz</b>	<b>679</b>		M-50	80	00:00:55		00:14:55	00:27:54	<b>00:29:25.80</b>	<b>00:30:21.70</b>	+00:13:43 (46.6%)	5:53	10.2 (53.4%)
830	<b>ZUZA-WITKOWSKA Anna</b>	<b>1111</b>		K-50	4	00:00:54	00:01:22	00:15:22	00:27:56	<b>00:29:26.70</b>	<b>00:30:20.70</b>	+00:13:43 (46.6%)	5:53	10.2 (53.4%)
831	<b>WOŹNIAK Bartłomiej</b>	<b>300</b>		M-40	197	00:01:28	00:01:16	00:14:45	00:27:48	<b>00:29:26.75</b>	<b>00:30:55.60</b>	+00:13:43 (46.6%)	5:53	10.2 (53.4%)
832	<b>RYDELSKA Marysia</b>	<b>1440</b>		K-30	71	00:01:00	00:01:23	00:14:31	00:27:47	<b>00:29:27.75</b>	<b>00:30:28.55</b>	+00:13:44 (46.7%)	5:53	10.2 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
833	<b>GĘBALA Maja</b>	<b>1020</b>	BTW BYDGOSZCZ	K-10	13	00:01:24	00:01:16	00:14:45	00:27:53	<b>00:29:28.15</b>	<b>00:30:53.10</b>	+00:13:45 (46.7%)	5:53	10.2 (53.4%)
834	<b>LIZOŃ Dawid</b>	<b>33</b>		M-30	208	00:01:23	00:01:12	00:14:38	00:28:02	<b>00:29:30.20</b>	<b>00:30:53.20</b>	+00:13:47 (46.7%)	5:54	10.2 (53.4%)
835	<b>MALATYŃSKA Barbara</b>	<b>338</b>	TEAM RUDNIK	K-40	53	00:00:26	00:01:03	00:14:21	00:27:53	<b>00:29:32.35</b>	<b>00:29:58.75</b>	+00:13:49 (46.8%)	5:54	10.2 (53.4%)
836	<b>SPEJER Anna</b>	<b>1385</b>	NITROCHEM	K-40	54	00:00:36	00:01:14	00:14:31	00:27:56	<b>00:29:33.35</b>	<b>00:30:10.05</b>	+00:13:50 (46.8%)	5:54	10.2 (53.4%)
837	<b>MICHALSKI Maciej</b>	<b>1068</b>		M-30	209	00:00:35	00:01:13	00:14:34	00:28:12	<b>00:29:33.90</b>	<b>00:30:08.90</b>	+00:13:51 (46.9%)	5:54	10.2 (53.4%)
838	<b>TAGLEWSKI Rafał</b>	<b>1375</b>	NITROCHEM	M-40	198	00:00:36	00:01:14	00:14:31	00:27:56	<b>00:29:34.10</b>	<b>00:30:10.65</b>	+00:13:51 (46.9%)	5:54	10.1 (52.9%)
839	<b>WOJCIECHOWSKI Michał</b>	<b>998</b>		M-30	210	00:01:01	00:01:21	00:14:39	00:28:00	<b>00:29:35.05</b>	<b>00:30:36.50</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
840	<b>UMIŃSKA Marzena</b>	<b>965</b>		K-30	72	00:01:01	00:01:21	00:14:40	00:28:00	<b>00:29:35.40</b>	<b>00:30:36.40</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
841	<b>BADZIŃSKI Jacek</b>	<b>1117</b>		M-40	199	00:00:42	00:01:15	00:14:28	00:27:56	<b>00:29:35.45</b>	<b>00:30:17.85</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
842	<b>WOJTCZAK Arkadiusz</b>	<b>1188</b>		M-30	211	00:00:37	00:01:12	00:14:18	00:27:54	<b>00:29:35.55</b>	<b>00:30:12.75</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
843	<b>TOCZKO Jarosław</b>	<b>1376</b>	NITROCHEM	M-40	200	00:00:35	00:01:15	00:14:31	00:27:56	<b>00:29:35.70</b>	<b>00:30:11.50</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
843	<b>KOZICKA Magdalena</b>	<b>1187</b>		K-20	40	00:00:36	00:01:12	00:14:18	00:27:55	<b>00:29:35.70</b>	<b>00:30:12.35</b>	+00:13:52 (46.9%)	5:55	10.1 (52.9%)
845	<b>KNASIECKA Martyna</b>	<b>454</b>		K-20	41	00:01:28	00:01:10	00:14:23	00:27:27	<b>00:29:35.90</b>	<b>00:31:03.90</b>	+00:13:53 (46.9%)	5:55	10.1 (52.9%)
846	<b>LEWANDOWSKA Sylwia</b>	<b>250</b>		K-40	55	00:00:23	00:01:07	00:14:34	00:27:58	<b>00:29:36.00</b>	<b>00:29:59.60</b>	+00:13:53 (46.9%)	5:55	10.1 (52.9%)
847	<b>WÓJCIK Tomasz</b>	<b>182</b>		M-50	81	00:00:12	00:01:00	00:13:55	00:27:54	<b>00:29:36.05</b>	<b>00:29:48.05</b>	+00:13:53 (46.9%)	5:55	10.1 (52.9%)
848	<b>MICHALAK Agnieszka</b>	<b>1354</b>	SUPRAVIS	K-30	73	00:01:02	00:01:16	00:14:46	00:27:55	<b>00:29:38.15</b>	<b>00:30:40.50</b>	+00:13:55 (47.0%)	5:55	10.1 (52.9%)
849	<b>QUAAS Mikołaj</b>	<b>1183</b>		M-10	68	00:01:23	00:01:11	00:14:33	00:28:13	<b>00:29:39.20</b>	<b>00:31:03.15</b>	+00:13:56 (47.0%)	5:55	10.1 (52.9%)
850	<b>PAWELCZYK Grzegorz</b>	<b>862</b>		M-20	82	00:00:15	00:01:02	00:13:44	00:27:55	<b>00:29:39.30</b>	<b>00:29:54.95</b>	+00:13:56 (47.0%)	5:55	10.1 (52.9%)
851	<b>QUAAS Łukasz</b>	<b>594</b>		M-40	201	00:01:23	00:01:12	00:14:34	00:28:13	<b>00:29:39.80</b>	<b>00:31:03.35</b>	+00:13:57 (47.0%)	5:55	10.1 (52.9%)
852	<b>BURNICKI Mariusz</b>	<b>1174</b>		M-50	82	00:01:32	00:01:16	00:15:16	00:28:02	<b>00:29:40.00</b>	<b>00:31:12.40</b>	+00:13:57 (47.0%)	5:56	10.1 (52.9%)
853	<b>JANUSZEWSKI Wojciech</b>	<b>1057</b>		M-30	212	00:00:26	00:01:03	00:14:26	00:28:10	<b>00:29:40.95</b>	<b>00:30:07.85</b>	+00:13:58 (47.1%)	5:56	10.1 (52.9%)
854	<b>MARCZYŃSKA-PYZ Anna</b>	<b>352</b>		K-20	42	00:00:08	00:01:07	00:14:21	00:28:05	<b>00:29:41.75</b>	<b>00:29:50.65</b>	+00:13:58 (47.1%)	5:56	10.1 (52.9%)
855	<b>MAĆKOWSKI Kacper</b>	<b>593</b>		M-20	83	00:00:39	00:01:04	00:14:32	00:28:06	<b>00:29:42.70</b>	<b>00:30:22.45</b>	+00:13:59 (47.1%)	5:56	10.1 (52.9%)
856	<b>CIĄRZYŃSKA Wiktoria</b>	<b>1056</b>		K-20	43	00:00:34	00:01:04	00:14:10	00:28:02	<b>00:29:42.90</b>	<b>00:30:17.80</b>	+00:14:00 (47.1%)	5:56	10.1 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
857	<b>PIETRZYKOWSKI Adam</b>	<b>414</b>	POWAŻNI PRZEDSIĘBIORCY	M-20	84	00:01:12	00:01:16	00:15:07	00:28:18	<b>00:29:43.00</b>	<b>00:30:55.50</b>	+00:14:00 (47.1%)	5:56	10.1 (52.9%)
858	<b>RATAJCZAK Emil</b>	<b>465</b>		M-10	69	00:00:53	00:01:07	00:14:31	00:28:12	<b>00:29:43.40</b>	<b>00:30:37.35</b>	+00:14:00 (47.1%)	5:56	10.1 (52.9%)
859	<b>OLEKSIAK Adam</b>	<b>1499</b>		M-30	213	00:01:12	00:01:19	00:14:26	00:28:12	<b>00:29:43.45</b>	<b>00:30:56.10</b>	+00:14:00 (47.1%)	5:56	10.1 (52.9%)
860	<b>WOJCIESZAK Dariusz</b>	<b>40</b>		M-50	83	00:01:06	00:01:12	00:14:35	00:28:14	<b>00:29:45.50</b>	<b>00:30:52.20</b>	+00:14:02 (47.2%)	5:57	10.1 (52.9%)
861	<b>MIKULSKI Adam</b>	<b>1026</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M-10	70	00:01:19	00:01:14	00:14:25	00:28:13	<b>00:29:45.90</b>	<b>00:31:04.90</b>	+00:14:03 (47.2%)	5:57	10.1 (52.9%)
862	<b>CIESELSKA Jagoda</b>	<b>940</b>		K-20	44	00:00:27	00:01:03	00:13:50	00:28:06	<b>00:29:46.20</b>	<b>00:30:14.05</b>	+00:14:03 (47.2%)	5:57	10.1 (52.9%)
863	<b>ZDUŃCZUK Julia</b>	<b>1029</b>		K-10	14	00:00:11	00:00:59	00:14:12	00:28:08	<b>00:29:46.35</b>	<b>00:29:57.40</b>	+00:14:03 (47.2%)	5:57	10.1 (52.9%)
864	<b>DONDALSKA Monika</b>	<b>1193</b>		K-40	56	00:00:30	00:01:12	00:14:31	00:28:06	<b>00:29:46.85</b>	<b>00:30:17.20</b>	+00:14:04 (47.2%)	5:57	10.1 (52.9%)
864	<b>PILEWSKA Marta</b>	<b>917</b>		K-30	74	00:00:33	00:01:22	00:14:49	00:28:16	<b>00:29:46.85</b>	<b>00:30:20.20</b>	+00:14:04 (47.2%)	5:57	10.1 (52.9%)
866	<b>KOCZOROWSKA Kamila</b>	<b>579</b>		K-30	75	00:00:12	00:01:06	00:14:20	00:28:03	<b>00:29:47.30</b>	<b>00:29:59.85</b>	+00:14:04 (47.3%)	5:57	10.1 (52.9%)
867	<b>PILEWSKI Mikołaj</b>	<b>916</b>		M-30	214	00:00:32	00:01:23	00:14:50	00:28:16	<b>00:29:47.45</b>	<b>00:30:20.20</b>	+00:14:04 (47.3%)	5:57	10.1 (52.9%)
868	<b>SIERADZKA Małgorzata</b>	<b>1</b>		K-50	5	00:01:10	00:01:14	00:14:04	00:28:04	<b>00:29:48.40</b>	<b>00:30:59.10</b>	+00:14:05 (47.3%)	5:57	10.1 (52.9%)
869	<b>PUSTELNIK Rafał</b>	<b>1418</b>		M-40	202	00:00:13	00:01:10	00:14:35	00:28:12	<b>00:29:51.70</b>	<b>00:30:04.90</b>	+00:14:08 (47.4%)	5:58	10.1 (52.9%)
870	<b>MALINOWSKI Przemysław</b>	<b>20</b>		M-50	84	00:01:01	00:01:19	00:14:48	00:28:11	<b>00:29:52.90</b>	<b>00:30:53.95</b>	+00:14:10 (47.4%)	5:58	10 (52.4%)
871	<b>URBANSKI Piotr</b>	<b>455</b>	RUNTEAMPRUSZCZ	M-50	85	00:01:08	00:01:22	00:15:16	00:28:25	<b>00:29:52.95</b>	<b>00:31:01.90</b>	+00:14:10 (47.4%)	5:58	10 (52.4%)
872	<b>MICHALSKA Karolina</b>	<b>601</b>	KAROFITKA	K-20	45	00:00:35	00:01:12	00:14:33	00:28:12	<b>00:29:53.20</b>	<b>00:30:28.95</b>	+00:14:10 (47.4%)	5:58	10 (52.4%)
873	<b>FATZ Joanna</b>	<b>993</b>		K-30	76	00:01:07	00:01:17	00:14:55	00:28:16	<b>00:29:55.85</b>	<b>00:31:03.25</b>	+00:14:13 (47.5%)	5:59	10 (52.4%)
874	<b>SZURGOT Piotr</b>	<b>994</b>		M-30	215	00:01:07	00:01:17	00:14:55	00:28:16	<b>00:29:57.05</b>	<b>00:31:04.55</b>	+00:14:14 (47.5%)	5:59	10 (52.4%)
875	<b>KORZENIOWSKA Ewa</b>	<b>642</b>		K-20	46	00:00:22	00:01:06	00:14:02	00:28:11	<b>00:29:57.40</b>	<b>00:30:19.80</b>	+00:14:14 (47.5%)	5:59	10 (52.4%)
876	<b>JUNKA Małgorzata</b>	<b>678</b>	JASTRZĘBIE BYDGOSZCZ	K-50	6	00:00:41	00:01:08	00:14:30	00:28:15	<b>00:29:58.40</b>	<b>00:30:40.15</b>	+00:14:15 (47.6%)	5:59	10 (52.4%)
877	<b>DRZEWIECKA-PINDEL Martyna</b>	<b>616</b>		K-30	77	00:00:51	00:01:21	00:15:18	00:28:36	<b>00:29:58.75</b>	<b>00:30:50.10</b>	+00:14:15 (47.6%)	5:59	10 (52.4%)
878	<b>ŚPICA Grzegorz</b>	<b>433</b>		M-30	216	00:01:27	00:01:11	00:14:10	00:28:38	<b>00:29:58.85</b>	<b>00:31:26.80</b>	+00:14:16 (47.6%)	5:59	10 (52.4%)
879	<b>NOWACKI Rafał</b>	<b>972</b>	RAKIETA ZAMOŚĆ	M-40	203	00:00:53	00:01:12	00:14:44	00:28:21	<b>00:29:59.05</b>	<b>00:30:52.60</b>	+00:14:16 (47.6%)	5:59	10 (52.4%)
880	<b>KURTYSIAK Roman</b>	<b>1059</b>	BYDGOSZCZ NA START	M-50	86	00:01:11	00:01:25	00:15:01	00:28:18	<b>00:29:59.50</b>	<b>00:31:11.05</b>	+00:14:16 (47.6%)	5:59	10 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
881	<b>DRZEWIECKI</b> Mikołaj	<b>302</b>		M-30	217	00:00:51	00:01:21	00:15:17	00:28:36	<b>00:29:59.55</b>	<b>00:30:50.75</b>	+00:14:16 (47.6%)	5:59	10 (52.4%)
882	<b>SZPEJNOWSKA</b> Monika	<b>1425</b>		K-30	78	00:01:29	00:01:18	00:15:04	00:28:18	<b>00:29:59.60</b>	<b>00:31:28.90</b>	+00:14:16 (47.6%)	5:59	10 (52.4%)
883	<b>SMOLAREK</b> Szymon	<b>1051</b>	BTW	M-10	71	00:01:17	00:01:11	00:14:48	00:28:33	<b>00:29:59.90</b>	<b>00:31:17.50</b>	+00:14:17 (47.6%)	5:59	10 (52.4%)
884	<b>ISKRA</b> Marcel	<b>234</b>		M-10	72	00:00:59	00:01:24	00:16:30	00:28:39	<b>00:30:00.05</b>	<b>00:31:00.00</b>	+00:14:17 (47.6%)	6:00	10 (52.4%)
885	<b>WESOŁOWSKA</b> Aleksandra	<b>166</b>		K-40	57	00:00:19	00:01:08	00:14:40	00:28:21	<b>00:30:01.55</b>	<b>00:30:20.90</b>	+00:14:18 (47.7%)	6:00	10 (52.4%)
886	<b>NAGÓRSKI</b> Ryszard	<b>144</b>		M-60+	20	00:00:44	00:01:08	00:14:18	00:28:19	<b>00:30:03.40</b>	<b>00:30:48.20</b>	+00:14:20 (47.7%)	6:00	10 (52.4%)
887	<b>KSYTA</b> Wojciech	<b>922</b>	3ROTHERHOOD TEAM	M-30	218	00:00:49	00:01:07	00:14:10	00:28:20	<b>00:30:03.75</b>	<b>00:30:53.35</b>	+00:14:20 (47.7%)	6:00	10 (52.4%)
888	<b>GRACZYKOWSKA</b> Izabela	<b>1299</b>		K-10	15	00:00:52	00:01:21	00:15:52	00:28:44	<b>00:30:04.95</b>	<b>00:30:57.60</b>	+00:14:22 (47.8%)	6:00	10 (52.4%)
889	<b>GRACZYKOWSKI</b> Marek	<b>781</b>		M-40	204	00:00:52	00:01:20	00:16:00	00:28:44	<b>00:30:05.40</b>	<b>00:30:57.95</b>	+00:14:22 (47.8%)	6:01	10 (52.4%)
890	<b>WOLFF</b> Katarzyna	<b>1336</b>	KABEL TEAM BYDGOSZCZ	K-20	47	00:00:26		00:15:11	00:28:29	<b>00:30:06.00</b>	<b>00:30:32.50</b>	+00:14:23 (47.8%)	6:01	10 (52.4%)
891	<b>MAZUR</b> Wojciech	<b>1108</b>	BYDGOSZCZ NA START	M-60+	21	00:00:48	00:01:19	00:15:05	00:28:33	<b>00:30:08.35</b>	<b>00:30:57.10</b>	+00:14:25 (47.9%)	6:01	10 (52.4%)
892	<b>CHRUŚCICKI</b> Paweł	<b>1017</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M-10	73	00:01:07	00:01:22	00:16:28	00:28:42	<b>00:30:10.20</b>	<b>00:31:18.00</b>	+00:14:27 (47.9%)	6:02	9.9 (51.8%)
893	<b>DUBEL</b> Gracjan	<b>1013</b>	BTW	M-10	74	00:01:07	00:01:21	00:16:29	00:28:47	<b>00:30:10.50</b>	<b>00:31:17.70</b>	+00:14:27 (47.9%)	6:02	9.9 (51.8%)
894	<b>GADOMSKA</b> Maria	<b>127</b>	RUN BYDGOSZCZ	K-70+	1	00:00:41	00:01:11	00:14:37	00:28:32	<b>00:30:12.70</b>	<b>00:30:54.10</b>	+00:14:29 (48.0%)	6:02	9.9 (51.8%)
895	<b>KUTOWSKI</b> Marcel	<b>314</b>	BYDGOSZCZ	M-10	75	00:00:45	00:01:17	00:15:55	00:28:44	<b>00:30:12.95</b>	<b>00:30:57.95</b>	+00:14:30 (48.0%)	6:02	9.9 (51.8%)
896	<b>ZIOŁECKI</b> Grzegorz	<b>1278</b>		M-30	219	00:01:26	00:01:15	00:15:15	00:28:59	<b>00:30:13.80</b>	<b>00:31:39.90</b>	+00:14:31 (48.0%)	6:02	9.9 (51.8%)
897	<b>CHUDZIŃSKI</b> Konrad	<b>1202</b>		M-20	85	00:01:28	00:01:05	00:14:16	00:28:43	<b>00:30:14.40</b>	<b>00:31:42.70</b>	+00:14:31 (48.0%)	6:02	9.9 (51.8%)
898	<b>RATKOWSKA-KACPERSKA</b> Anna	<b>971</b>	BIEGACZKI SIŁACZKI	K-40	58	00:00:06	00:01:07	00:14:34	00:28:29	<b>00:30:15.30</b>	<b>00:30:21.90</b>	+00:14:32 (48.1%)	6:03	9.9 (51.8%)
899	<b>BUREK</b> Dorota	<b>1021</b>		K-40	59	00:00:06	00:01:08	00:14:34	00:28:29	<b>00:30:15.35</b>	<b>00:30:21.95</b>	+00:14:32 (48.1%)	6:03	9.9 (51.8%)
900	<b>LIS</b> Piotr	<b>675</b>		M-40	205	00:00:48	00:01:16	00:15:02	00:28:36	<b>00:30:16.15</b>	<b>00:31:04.75</b>	+00:14:33 (48.1%)	6:03	9.9 (51.8%)
901	<b>LIS</b> Beata	<b>674</b>		K-40	60	00:00:47	00:01:17	00:15:04	00:28:37	<b>00:30:17.00</b>	<b>00:31:04.55</b>	+00:14:34 (48.1%)	6:03	9.9 (51.8%)
902	<b>CIARZYŃSKA</b> Tamara	<b>1004</b>		K-40	61	00:01:24	00:01:20	00:14:44	00:28:31	<b>00:30:17.70</b>	<b>00:31:42.60</b>	+00:14:34 (48.1%)	6:03	9.9 (51.8%)
903	<b>PASIŃSKA</b> Julia	<b>655</b>		K-20	48	00:01:32	00:01:18	00:15:33	00:28:56	<b>00:30:18.00</b>	<b>00:31:50.75</b>	+00:14:35 (48.1%)	6:03	9.9 (51.8%)
904	<b>TRZCIŃSKI</b> Brian	<b>1242</b>		M-10	76	00:00:11	00:00:58	00:13:36	00:28:37	<b>00:30:18.25</b>	<b>00:30:29.90</b>	+00:14:35 (48.1%)	6:03	9.9 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
905	WYSOCKA Kinga	714		K-40	62	00:00:36	00:01:15	00:14:42	00:28:39	<b>00:30:18.70</b>	<b>00:30:55.00</b>	+00:14:35 (48.2%)	6:03	9.9 (51.8%)
906	JANKE Marzena	1268		K-30	79	00:00:29	00:01:04	00:14:40	00:28:28	<b>00:30:19.55</b>	<b>00:30:48.70</b>	+00:14:36 (48.2%)	6:03	9.9 (51.8%)
907	SZCZYGIELSKA-GRZYBOWSKA Violetta	1082		K-50	7	00:00:43	00:01:16	00:15:21	00:28:44	<b>00:30:22.15</b>	<b>00:31:05.55</b>	+00:14:39 (48.3%)	6:04	9.9 (51.8%)
908	GACKA Paula	931	RUN BYDGOSZCZ	K-20	49	00:00:40	00:01:12	00:14:41	00:28:33	<b>00:30:22.60</b>	<b>00:31:03.25</b>	+00:14:39 (48.3%)	6:04	9.9 (51.8%)
909	ŁADIŃSKI Kacper	623		M-20	86	00:00:55	00:01:13	00:15:12	00:28:45	<b>00:30:24.00</b>	<b>00:31:19.60</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
910	DOLATA Rafał	935		M-40	206	00:01:26	00:01:15	00:15:30	00:28:52	<b>00:30:24.15</b>	<b>00:31:50.95</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
911	SIEKIERKOWSKA Wiktoria	605		K-20	50	00:00:55	00:01:14	00:15:12	00:28:46	<b>00:30:24.45</b>	<b>00:31:19.65</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
912	WRZESIŃSKI Wojciech	1207	WOPR WOJEWÓDZTWA KUJAWSKO POMORSKIEGO	M-50	87	00:00:00				<b>00:30:24.55</b>	<b>00:30:24.55</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
913	PODSIEDLIK Zbigniew	1479	22 ODN	M-40	207	00:01:14	00:01:17	00:15:32	00:28:57	<b>00:30:24.65</b>	<b>00:31:39.05</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
913	RÓŻYCKA Anna	503		K-30	80	00:01:27	00:01:18	00:14:42	00:28:45	<b>00:30:24.65</b>	<b>00:31:52.35</b>	+00:14:41 (48.3%)	6:04	9.9 (51.8%)
915	OŹDŹYŃSKA Patrycja	995	ANTIDOTUM	K-30	81	00:00:39	00:01:15	00:15:17	00:28:45	<b>00:30:25.00</b>	<b>00:31:04.25</b>	+00:14:42 (48.3%)	6:05	9.9 (51.8%)
916	JAKUBCZAK Łukasz	637		M-40	208	00:00:22	00:01:05	00:14:22	00:28:35	<b>00:30:25.50</b>	<b>00:30:47.90</b>	+00:14:42 (48.4%)	6:05	9.9 (51.8%)
917	JANICKA Maria	1195		K-30	82	00:00:52	00:01:15	00:14:54	00:28:43	<b>00:30:27.05</b>	<b>00:31:19.40</b>	+00:14:44 (48.4%)	6:05	9.9 (51.8%)
918	BŁĄŻEK-KOJRO Kasia	266		K-40	63	00:00:23	00:01:07	00:14:41	00:28:50	<b>00:30:27.85</b>	<b>00:30:51.70</b>	+00:14:45 (48.4%)	6:05	9.9 (51.8%)
919	DUDZIŃSKA Małgorzata	677		K-50	8	00:00:06	00:00:54	00:15:07	00:28:44	<b>00:30:28.60</b>	<b>00:30:34.70</b>	+00:14:45 (48.4%)	6:05	9.8 (51.3%)
920	JOZWIK Jacek	1042	PARKUN	M-70+	2	00:00:18	00:01:10	00:14:27	00:28:43	<b>00:30:30.40</b>	<b>00:30:49.25</b>	+00:14:47 (48.5%)	6:06	9.8 (51.3%)
921	WALCZAK Krzysztof	1157	NIEZRZESZONY	M-30	220	00:00:54	00:01:09	00:15:00	00:28:57	<b>00:30:31.15</b>	<b>00:31:25.90</b>	+00:14:48 (48.5%)	6:06	9.8 (51.3%)
922	PARTYKA Dawid	225		M-30	221	00:01:31	00:01:19	00:15:22	00:28:52	<b>00:30:31.35</b>	<b>00:32:03.30</b>	+00:14:48 (48.5%)	6:06	9.8 (51.3%)
923	RYBKA Sylwia	434		K-20	51	00:01:32	00:01:19	00:15:22	00:28:52	<b>00:30:31.45</b>	<b>00:32:03.60</b>	+00:14:48 (48.5%)	6:06	9.8 (51.3%)
924	SADOWSKA Iwona	410		K-30	83	00:00:12	00:01:04	00:14:15	00:28:42	<b>00:30:31.65</b>	<b>00:30:44.40</b>	+00:14:48 (48.5%)	6:06	9.8 (51.3%)
925	RÓZGA Dariusz	318	DARO BOSS	M-40	209	00:00:50	00:01:15	00:15:15	00:28:52	<b>00:30:32.40</b>	<b>00:31:22.85</b>	+00:14:49 (48.5%)	6:06	9.8 (51.3%)
925	PRZYBYLSKA Paulina	255		K-40	64	00:00:50	00:01:16	00:15:14	00:28:52	<b>00:30:32.40</b>	<b>00:31:22.95</b>	+00:14:49 (48.5%)	6:06	9.8 (51.3%)
927	PERDELWITZ Małgorzata	1091		K-50	9	00:00:52	00:01:26	00:15:39	00:28:56	<b>00:30:32.60</b>	<b>00:31:24.70</b>	+00:14:49 (48.6%)	6:06	9.8 (51.3%)
928	ZACZEK Paulina	1090		K-30	84	00:00:51	00:01:26	00:15:39	00:28:56	<b>00:30:33.15</b>	<b>00:31:24.70</b>	+00:14:50 (48.6%)	6:06	9.8 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
929	<b>CHROMIŃSKI Fabian</b>	<b>745</b>		M-30	222	00:00:54	00:01:17	00:14:12	00:28:51	<b>00:30:35.25</b>	<b>00:31:30.05</b>	+00:14:52 (48.6%)	6:07	9.8 (51.3%)
930	<b>ZABRZEŃSKA Małgorzata</b>	<b>980</b>	BTW BYDGOSZCZ	K-10	16	00:01:07	00:01:22	00:16:29	00:29:07	<b>00:30:35.85</b>	<b>00:31:43.15</b>	+00:14:53 (48.6%)	6:07	9.8 (51.3%)
931	<b>WESOŁOWSKA Aleksandra</b>	<b>680</b>		K-40	65	00:00:57	00:01:14	00:15:09	00:28:59	<b>00:30:36.00</b>	<b>00:31:33.30</b>	+00:14:53 (48.6%)	6:07	9.8 (51.3%)
932	<b>GUŚCIORA Anita</b>	<b>1471</b>		K-30	85	00:00:17	00:01:12	00:14:36	00:28:50	<b>00:30:36.50</b>	<b>00:30:54.35</b>	+00:14:53 (48.7%)	6:07	9.8 (51.3%)
933	<b>CHOLEWCZYŃSKI Dariusz</b>	<b>1126</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-50	88	00:01:40	00:01:15	00:15:21	00:28:54	<b>00:30:36.85</b>	<b>00:32:17.15</b>	+00:14:54 (48.7%)	6:07	9.8 (51.3%)
934	<b>CHYLIŃSKI Igor</b>	<b>484</b>		M-20	87	00:01:24	00:01:16	00:14:50	00:28:51	<b>00:30:36.90</b>	<b>00:32:01.25</b>	+00:14:54 (48.7%)	6:07	9.8 (51.3%)
935	<b>NOWICKI Marek</b>	<b>1143</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-40	210	00:01:40	00:01:15	00:15:21	00:28:54	<b>00:30:37.00</b>	<b>00:32:17.30</b>	+00:14:54 (48.7%)	6:07	9.8 (51.3%)
936	<b>WESOŁOWSKI Dariusz</b>	<b>681</b>		M-50	89	00:00:58	00:01:14	00:15:08	00:28:58	<b>00:30:37.25</b>	<b>00:31:35.60</b>	+00:14:54 (48.7%)	6:07	9.8 (51.3%)
937	<b>MATEJA Anna</b>	<b>629</b>		K-30	86	00:01:29	00:01:22	00:15:45	00:29:15	<b>00:30:38.30</b>	<b>00:32:08.20</b>	+00:14:55 (48.7%)	6:07	9.8 (51.3%)
938	<b>KUKLIŃSKI Rafał</b>	<b>382</b>		M-40	211	00:00:47	00:01:10	00:14:55	00:28:58	<b>00:30:38.40</b>	<b>00:31:26.35</b>	+00:14:55 (48.7%)	6:07	9.8 (51.3%)
939	<b>CHELMINIAK Megi</b>	<b>1417</b>		K-30	87	00:00:13	00:01:09	00:14:35	00:29:12	<b>00:30:39.00</b>	<b>00:30:52.95</b>	+00:14:56 (48.7%)	6:07	9.8 (51.3%)
940	<b>NOWICKA Małgorzata</b>	<b>767</b>		K-30	88	00:01:05	00:01:21	00:15:47	00:29:09	<b>00:30:39.20</b>	<b>00:31:45.10</b>	+00:14:56 (48.7%)	6:07	9.8 (51.3%)
941	<b>KARSKI Hubert</b>	<b>489</b>		M-70+	3	00:01:26	00:01:14	00:15:00	00:29:14	<b>00:30:40.00</b>	<b>00:32:06.10</b>	+00:14:57 (48.8%)	6:08	9.8 (51.3%)
942	<b>MAJCHRZAK Laura</b>	<b>925</b>		K-10	17	00:01:26	00:01:24	00:15:53	00:29:06	<b>00:30:40.50</b>	<b>00:32:06.80</b>	+00:14:57 (48.8%)	6:08	9.8 (51.3%)
943	<b>BANNACH Jakub</b>	<b>1289</b>	NIEPODLEGŁE BLONDYNKI	M-30	223	00:00:30	00:01:23	00:15:09	00:29:03	<b>00:30:40.70</b>	<b>00:31:11.65</b>	+00:14:57 (48.8%)	6:08	9.8 (51.3%)
944	<b>OPALA Marcin</b>	<b>851</b>		M-40	212	00:01:14	00:01:19	00:15:00	00:29:03	<b>00:30:41.45</b>	<b>00:31:56.30</b>	+00:14:58 (48.8%)	6:08	9.8 (51.3%)
945	<b>ANDRZEJEWSKI Tomasz</b>	<b>589</b>	CHICAGO BULLS	M-40	213	00:00:22	00:01:17	00:15:28	00:29:14	<b>00:30:42.75</b>	<b>00:31:05.45</b>	+00:14:59 (48.8%)	6:08	9.8 (51.3%)
946	<b>IGNASIAK Bernadeta</b>	<b>285</b>		K-40	66	00:00:33	00:01:06	00:14:54	00:29:02	<b>00:30:43.30</b>	<b>00:31:16.95</b>	+00:15:00 (48.9%)	6:08	9.8 (51.3%)
947	<b>MAKUSZEWSKI Łukasz</b>	<b>1054</b>		M-40	214	00:00:50	00:01:05	00:14:13	00:29:06	<b>00:30:44.65</b>	<b>00:31:35.35</b>	+00:15:01 (48.9%)	6:08	9.8 (51.3%)
948	<b>ZIOŁECKA Dominika</b>	<b>1279</b>		K-30	89	00:01:26		00:15:15	00:28:59	<b>00:30:46.00</b>	<b>00:32:12.00</b>	+00:15:03 (48.9%)	6:09	9.8 (51.3%)
949	<b>SZPOTKOWSKA Julia</b>	<b>35</b>		K-20	52	00:00:48	00:01:18	00:15:19	00:29:09	<b>00:30:46.10</b>	<b>00:31:34.45</b>	+00:15:03 (48.9%)	6:09	9.8 (51.3%)
950	<b>MŁYNNARCZYK Monika</b>	<b>309</b>	GÓRALECZKI	K-30	90	00:00:34	00:01:12	00:14:42	00:28:56	<b>00:30:47.25</b>	<b>00:31:22.20</b>	+00:15:04 (49.0%)	6:09	9.7 (50.8%)
951	<b>GRZANKA Sebastian</b>	<b>665</b>		M-40	215	00:01:06	00:01:14	00:14:40	00:29:02	<b>00:30:47.30</b>	<b>00:31:53.90</b>	+00:15:04 (49.0%)	6:09	9.7 (50.8%)
952	<b>MRUGAŁA Bartosz</b>	<b>1350</b>		M-30	224	00:00:30	00:01:03	00:14:13	00:28:50	<b>00:30:48.50</b>	<b>00:31:18.85</b>	+00:15:05 (49.0%)	6:09	9.7 (50.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
953	<b>SZYMCZAK Barbara</b>	<b>204</b>		K-50	10	00:00:59	00:01:19	00:15:18	00:29:04	<b>00:30:51.65</b>	<b>00:31:50.65</b>	+00:15:08 (49.1%)	6:10	9.7 (50.8%)
954	<b>NOWICKA Tattiana</b>	<b>122</b>		K-40	67	00:00:55	00:01:14	00:14:47	00:29:06	<b>00:30:53.70</b>	<b>00:31:49.60</b>	+00:15:10 (49.1%)	6:10	9.7 (50.8%)
955	<b>KRUTUL Maciej</b>	<b>990</b>	ZIELONY PELIKAN	M-50	90	00:01:03	00:01:20	00:15:20	00:29:10	<b>00:30:55.60</b>	<b>00:31:58.90</b>	+00:15:12 (49.2%)	6:11	9.7 (50.8%)
956	<b>WEŁNICKI Paweł</b>	<b>881</b>		M-30	225	00:01:31	00:01:13	00:15:02	00:29:07	<b>00:30:55.80</b>	<b>00:32:27.25</b>	+00:15:13 (49.2%)	6:11	9.7 (50.8%)
957	<b>KAJA Michalina</b>	<b>439</b>	TEAM RUDNIK	K-10	18	00:00:55	00:01:23	00:15:51	00:29:22	<b>00:30:55.95</b>	<b>00:31:51.15</b>	+00:15:13 (49.2%)	6:11	9.7 (50.8%)
958	<b>KASPRZAK Wojciech</b>	<b>249</b>		M-40	216	00:01:15	00:01:14	00:15:06	00:29:19	<b>00:30:59.10</b>	<b>00:32:14.70</b>	+00:15:16 (49.3%)	6:11	9.7 (50.8%)
959	<b>ŁOBODA Andrzej</b>	<b>1311</b>		M-60+	22	00:00:37	00:01:14	00:15:45	00:29:22	<b>00:30:59.20</b>	<b>00:31:36.65</b>	+00:15:16 (49.3%)	6:11	9.7 (50.8%)
960	<b>KUZNIAR Daniel</b>	<b>1139</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-30	226	00:00:40	00:01:20	00:15:15	00:29:12	<b>00:31:01.85</b>	<b>00:31:42.35</b>	+00:15:19 (49.4%)	6:12	9.7 (50.8%)
961	<b>RETKOWSKI Damian</b>	<b>1424</b>		M-30	227	00:00:25	00:01:14	00:15:24	00:29:34	<b>00:31:03.50</b>	<b>00:31:29.00</b>	+00:15:20 (49.4%)	6:12	9.7 (50.8%)
962	<b>NOWACKA Katarzyna</b>	<b>1387</b>		K-30	91	00:01:31	00:01:20	00:15:52	00:29:26	<b>00:31:03.55</b>	<b>00:32:35.35</b>	+00:15:20 (49.4%)	6:12	9.7 (50.8%)
963	<b>WIŚNIEWSKA Joanna</b>	<b>1365</b>		K-40	68	00:00:40	00:01:21	00:15:32	00:29:25	<b>00:31:03.90</b>	<b>00:31:44.70</b>	+00:15:21 (49.4%)	6:12	9.7 (50.8%)
964	<b>STACHOWICZ Karol</b>	<b>707</b>		M-30	228	00:00:24	00:01:15	00:15:25	00:29:35	<b>00:31:04.50</b>	<b>00:31:29.30</b>	+00:15:21 (49.4%)	6:12	9.7 (50.8%)
965	<b>SZYMECZKO Aleksandra</b>	<b>1433</b>		K-30	92	00:00:20	00:01:10	00:15:08	00:29:18	<b>00:31:04.75</b>	<b>00:31:24.90</b>	+00:15:21 (49.4%)	6:12	9.7 (50.8%)
966	<b>RESZELA Marta</b>	<b>551</b>		K-30	93	00:01:24	00:01:15	00:15:48	00:29:24	<b>00:31:05.00</b>	<b>00:32:29.05</b>	+00:15:22 (49.4%)	6:13	9.7 (50.8%)
967	<b>PAWLIKOWSKI Jacek</b>	<b>390</b>		M-30	229	00:01:28	00:01:16	00:15:54	00:29:34	<b>00:31:05.95</b>	<b>00:32:34.25</b>	+00:15:23 (49.5%)	6:13	9.7 (50.8%)
968	<b>KORBEL Ewa</b>	<b>240</b>	KORBI	K-50	11	00:00:54	00:01:13	00:15:00	00:29:14	<b>00:31:06.50</b>	<b>00:32:00.80</b>	+00:15:23 (49.5%)	6:13	9.6 (50.3%)
969	<b>SKOTAREK Kamil</b>	<b>1449</b>		M-10	77	00:00:57	00:01:18	00:16:30	00:29:47	<b>00:31:07.65</b>	<b>00:32:05.35</b>	+00:15:24 (49.5%)	6:13	9.6 (50.3%)
970	<b>WIŚNIEWSKI Jacek</b>	<b>884</b>		M-40	217	00:01:31	00:01:21	00:15:45	00:29:22	<b>00:31:08.40</b>	<b>00:32:39.40</b>	+00:15:25 (49.5%)	6:13	9.6 (50.3%)
971	<b>LISEWSKI Jacek</b>	<b>42</b>	TRI ŚWINKI	M-30	230	00:01:05	00:01:14	00:14:16	00:29:26	<b>00:31:08.90</b>	<b>00:32:14.10</b>	+00:15:26 (49.6%)	6:13	9.6 (50.3%)
972	<b>GRYNIS Anna</b>	<b>1035</b>		K-40	69	00:01:04	00:01:21	00:15:11	00:29:20	<b>00:31:09.25</b>	<b>00:32:13.75</b>	+00:15:26 (49.6%)	6:13	9.6 (50.3%)
973	<b>KRYMER Agnieszka</b>	<b>1032</b>		K-50	12	00:01:04	00:01:21	00:15:12	00:29:21	<b>00:31:09.30</b>	<b>00:32:13.60</b>	+00:15:26 (49.6%)	6:13	9.6 (50.3%)
974	<b>LEWANDOWSKI Igor</b>	<b>393</b>	FUNDACJA CZAS NA BYDGOSZCZ	M-10	78	00:00:53	00:01:21	00:15:03	00:29:02	<b>00:31:10.45</b>	<b>00:32:04.35</b>	+00:15:27 (49.6%)	6:14	9.6 (50.3%)
975	<b>DĄBROWSKA Aleksandra</b>	<b>1390</b>		K-20	53	00:00:26	00:01:16	00:15:13	00:29:26	<b>00:31:11.05</b>	<b>00:31:37.10</b>	+00:15:28 (49.6%)	6:14	9.6 (50.3%)
976	<b>PALIGA Arkadiusz</b>	<b>1297</b>		M-40	218	00:01:19	00:01:07	00:14:17	00:29:21	<b>00:31:11.80</b>	<b>00:32:31.70</b>	+00:15:29 (49.6%)	6:14	9.6 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
977	<b>AUGUSTYNOWICZ Katarzyna</b>	<b>244</b>	TKKF KOLEJARZ BYDGOSZCZ	K-40	70	00:00:58	00:01:14	00:15:00	00:29:31	<b>00:31:12.55</b>	<b>00:32:11.25</b>	+00:15:29 (49.7%)	6:14	9.6 (50.3%)
978	<b>JAWORSKI Janusz</b>	<b>1212</b>		M-60+	23	00:00:44	00:01:04	00:14:35	00:29:21	<b>00:31:13.45</b>	<b>00:31:57.85</b>	+00:15:30 (49.7%)	6:14	9.6 (50.3%)
979	<b>MALICKA Beata</b>	<b>815</b>		K-50	13	00:00:24		00:15:07	00:29:25	<b>00:31:13.95</b>	<b>00:31:38.10</b>	+00:15:31 (49.7%)	6:14	9.6 (50.3%)
980	<b>CZUBKOWSKI Sebastian</b>	<b>1011</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-40	219	00:00:14	00:01:03	00:14:24	00:29:22	<b>00:31:14.70</b>	<b>00:31:29.30</b>	+00:15:31 (49.7%)	6:14	9.6 (50.3%)
981	<b>SULECKA Katarzyna</b>	<b>1496</b>		K-30	94	00:00:24	00:01:09	00:14:51	00:29:30	<b>00:31:15.80</b>	<b>00:31:39.80</b>	+00:15:33 (49.7%)	6:15	9.6 (50.3%)
982	<b>SERAFINOWICZ Marta</b>	<b>64</b>		K-30	95	00:00:18	00:01:10	00:14:51	00:29:31	<b>00:31:17.25</b>	<b>00:31:36.15</b>	+00:15:34 (49.8%)	6:15	9.6 (50.3%)
983	<b>CIEŚLIK Rafał</b>	<b>1151</b>		M-30	231	00:01:10	00:01:17	00:14:49	00:29:39	<b>00:31:19.25</b>	<b>00:32:29.65</b>	+00:15:36 (49.8%)	6:15	9.6 (50.3%)
984	<b>GÓRSKA Paulina</b>	<b>528</b>		K-30	96	00:00:23	00:01:17	00:15:26	00:29:39	<b>00:31:20.10</b>	<b>00:31:43.60</b>	+00:15:37 (49.9%)	6:16	9.6 (50.3%)
985	<b>KAŹMIERCZAK Jakub</b>	<b>718</b>		M-30	232	00:01:00	00:01:20	00:15:55	00:29:46	<b>00:31:20.55</b>	<b>00:32:20.90</b>	+00:15:37 (49.9%)	6:16	9.6 (50.3%)
986	<b>GÓRSKI Łukasz</b>	<b>527</b>		M-30	233	00:00:22	00:01:17	00:15:26	00:29:39	<b>00:31:20.80</b>	<b>00:31:43.75</b>	+00:15:38 (49.9%)	6:16	9.6 (50.3%)
987	<b>DALKIEWICZ Igor</b>	<b>766</b>		M-20	88	00:01:06	00:01:20	00:15:47	00:29:46	<b>00:31:21.50</b>	<b>00:32:27.60</b>	+00:15:38 (49.9%)	6:16	9.6 (50.3%)
988	<b>WYRĄBKIEWICZ Monika</b>	<b>424</b>		K-30	97	00:00:44	00:01:15	00:15:33	00:30:03	<b>00:31:25.80</b>	<b>00:32:10.60</b>	+00:15:43 (50.0%)	6:17	9.5 (49.7%)
989	<b>JANKOWSKA Katarzyna</b>	<b>1288</b>		K-50	14	00:01:33	00:01:19	00:15:24	00:29:40	<b>00:31:26.65</b>	<b>00:33:00.30</b>	+00:15:43 (50.0%)	6:17	9.5 (49.7%)
990	<b>PRZYBYŁA Paweł</b>	<b>1179</b>		M-30	234	00:00:54	00:01:26	00:16:24	00:30:06	<b>00:31:26.95</b>	<b>00:32:21.25</b>	+00:15:44 (50.0%)	6:17	9.5 (49.7%)
991	<b>PIECHOCIŃSKI Jarosław</b>	<b>933</b>	RINO	M-60+	24	00:00:33	00:01:11	00:15:06	00:29:46	<b>00:31:28.45</b>	<b>00:32:01.65</b>	+00:15:45 (50.1%)	6:17	9.5 (49.7%)
992	<b>SMUŁKA Patryk</b>	<b>72</b>		M-30	235	00:00:27	00:01:14	00:15:54	00:29:43	<b>00:31:28.60</b>	<b>00:31:55.80</b>	+00:15:45 (50.1%)	6:17	9.5 (49.7%)
993	<b>KOŹMA Paweł</b>	<b>840</b>		M-40	220	00:00:47	00:01:22	00:15:33	00:29:41	<b>00:31:28.75</b>	<b>00:32:15.85</b>	+00:15:45 (50.1%)	6:17	9.5 (49.7%)
994	<b>SZCZEPAŃSKA Agnieszka</b>	<b>360</b>		K-40	71	00:01:04		00:15:15	00:29:40	<b>00:31:29.10</b>	<b>00:32:33.50</b>	+00:15:46 (50.1%)	6:17	9.5 (49.7%)
995	<b>RUMIŃSKI Adam</b>	<b>597</b>	SZURUSIE TEAM	M-30	236	00:01:43	00:01:05	00:14:52	00:29:45	<b>00:31:31.85</b>	<b>00:33:15.65</b>	+00:15:49 (50.2%)	6:18	9.5 (49.7%)
996	<b>ROJEWSKI Jarosław</b>	<b>1349</b>	KS PAPA JERRY 84	M-30	237	00:00:58	00:01:23	00:15:57	00:29:48	<b>00:31:32.00</b>	<b>00:32:30.10</b>	+00:15:49 (50.2%)	6:18	9.5 (49.7%)
997	<b>PRIEWE Paweł</b>	<b>1274</b>	DYNAMO SKARPA	M-40	221	00:01:01	00:01:18	00:15:34	00:29:59	<b>00:31:34.35</b>	<b>00:32:36.15</b>	+00:15:51 (50.2%)	6:18	9.5 (49.7%)
998	<b>RYBACKA Iwona</b>	<b>1389</b>		K-40	72	00:01:35	00:01:14	00:15:21	00:29:06	<b>00:31:34.80</b>	<b>00:33:10.40</b>	+00:15:52 (50.2%)	6:18	9.5 (49.7%)
999	<b>RAMPALSKA Alicja</b>	<b>697</b>		K-30	98	00:00:26	00:01:14	00:15:29	00:29:49	<b>00:31:35.50</b>	<b>00:32:02.40</b>	+00:15:52 (50.3%)	6:19	9.5 (49.7%)
1000	<b>MAJDA Karolina</b>	<b>627</b>		K-30	99	00:00:27	00:01:14	00:15:28	00:29:49	<b>00:31:35.65</b>	<b>00:32:03.00</b>	+00:15:52 (50.3%)	6:19	9.5 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
1001	ZBIRANEK Beata	295		K-40	73	00:00:34	00:01:10	00:15:08	00:29:45	00:31:36.65	00:32:11.25	+00:15:53 (50.3%)	6:19	9.5 (49.7%)
1002	JAROCHA Michał	476		M-30	238	00:00:53	00:01:14	00:15:45	00:30:01	00:31:37.10	00:32:30.50	+00:15:54 (50.3%)	6:19	9.5 (49.7%)
1003	ANESZKO Bartek	871		M-30	239	00:01:30	00:01:22	00:15:44	00:29:58	00:31:40.20	00:33:10.70	+00:15:57 (50.4%)	6:20	9.5 (49.7%)
1004	KOSZOWSKI Leszek	758		M-40	222	00:00:42	00:01:19	00:15:21	00:29:51	00:31:40.40	00:32:23.00	+00:15:57 (50.4%)	6:20	9.5 (49.7%)
1005	ŚWIERCZYŃSKI Michał	791		M-40	223	00:01:15	00:01:15	00:15:10	00:30:04	00:31:41.25	00:32:57.20	+00:15:58 (50.4%)	6:20	9.5 (49.7%)
1006	PIESIK-WIECZOREK Magdalena	1246		K-20	54	00:01:37	00:01:19	00:16:03	00:30:08	00:31:43.00	00:33:20.50	+00:16:00 (50.5%)	6:20	9.5 (49.7%)
1007	WIECZOREK Michał	1245		M-20	89	00:01:37	00:01:18	00:16:04	00:30:08	00:31:43.60	00:33:20.90	+00:16:00 (50.5%)	6:20	9.5 (49.7%)
1008	KUBIAK Rafał	509		M-40	224	00:01:32	00:01:20	00:16:10	00:30:06	00:31:44.45	00:33:16.85	+00:16:01 (50.5%)	6:20	9.5 (49.7%)
1009	PIONTEK Elżbieta	292		K-60+	3	00:01:13	00:01:19	00:15:41	00:29:56	00:31:44.60	00:32:57.90	+00:16:01 (50.5%)	6:20	9.5 (49.7%)
1010	KOWALCZYK Zuzanna	1490		K-20	55	00:00:53	00:01:26	00:16:25	00:30:07	00:31:45.20	00:32:38.45	+00:16:02 (50.5%)	6:21	9.4 (49.2%)
1011	CZARNECKA - PIJAROWSKA Dominika	1454		K-40	74	00:01:04	00:01:18	00:15:33	00:29:58	00:31:45.70	00:32:50.65	+00:16:02 (50.5%)	6:21	9.4 (49.2%)
1012	BORZYSZKOWSKI Grzegorz	298	STARY FORDON	M-40	225	00:00:16	00:01:03	00:15:02	00:30:09	00:31:47.30	00:32:04.00	+00:16:04 (50.6%)	6:21	9.4 (49.2%)
1013	GROCHAL Patryk	880	KS SZOSA ŻNIN	M-30	240	00:01:11	00:01:21	00:18:09	00:30:16	00:31:48.95	00:33:00.55	+00:16:06 (50.6%)	6:21	9.4 (49.2%)
1014	LEWANDOWSKA Renata	773	ROLLTEAM BYDGOSZCZ	K-50	15	00:01:06	00:01:19	00:15:37	00:30:03	00:31:49.55	00:32:56.15	+00:16:06 (50.6%)	6:21	9.4 (49.2%)
1015	KAWSKA Aneta	1158		K-30	100	00:00:28	00:01:07	00:14:59	00:30:08	00:31:49.80	00:32:17.85	+00:16:07 (50.6%)	6:21	9.4 (49.2%)
1016	SZCZEPAŃSKA Jarosława	39		K-30	101	00:00:33	00:01:15	00:15:35	00:30:04	00:31:50.15	00:32:23.45	+00:16:07 (50.6%)	6:22	9.4 (49.2%)
1017	KOTARSKA-SKONIECZKA Anna	263		K-40	75	00:00:31	00:01:23	00:15:40	00:30:06	00:31:54.25	00:32:26.00	+00:16:11 (50.7%)	6:22	9.4 (49.2%)
1018	STASZAK Justyna	1237		K-40	76	00:00:31	00:01:23	00:15:40	00:30:06	00:31:54.45	00:32:25.80	+00:16:11 (50.8%)	6:22	9.4 (49.2%)
1019	DOBIJA Kamila	719		K-30	102	00:01:08	00:01:27	00:16:09	00:30:06	00:31:54.55	00:33:02.80	+00:16:11 (50.8%)	6:22	9.4 (49.2%)
1020	DOBIJA Jakub	722		M-30	241	00:01:08	00:01:27	00:16:08	00:30:04	00:31:54.70	00:33:03.25	+00:16:11 (50.8%)	6:22	9.4 (49.2%)
1021	SIUDZIŃSKA-BESS Anna	75		M-30	242	00:00:24	00:01:14	00:15:35	00:30:08	00:31:55.90	00:32:20.30	+00:16:13 (50.8%)	6:23	9.4 (49.2%)
1022	CIECHANOWSKI Oskar	564	MAXIMUS-KLUB	M-10	79	00:01:03	00:01:11	00:14:58	00:30:07	00:31:56.35	00:33:00.00	+00:16:13 (50.8%)	6:23	9.4 (49.2%)
1023	KONDRACKA Alicja	193		K-40	77	00:01:16	00:01:18	00:15:56	00:30:08	00:31:56.50	00:33:13.25	+00:16:13 (50.8%)	6:23	9.4 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1024	<b>PODSIEDLIK Zuzanna</b>	<b>989</b>	2BLOG	K-40	78	00:01:13	00:01:17	00:15:57	00:30:16	<b>00:31:57.35</b>	<b>00:33:11.30</b>	+00:16:14 (50.8%)	6:23	9.4 (49.2%)
1025	<b>TRYBOCKA Beata</b>	<b>1100</b>		K-50	16	00:00:19	00:01:01	00:14:40	00:29:59	<b>00:31:59.00</b>	<b>00:32:18.30</b>	+00:16:16 (50.9%)	6:23	9.4 (49.2%)
1026	<b>FALATYN Katarzyna</b>	<b>1089</b>		K-40	79	00:00:52	00:01:10	00:15:25	00:30:13	<b>00:32:06.50</b>	<b>00:32:59.45</b>	+00:16:23 (51.1%)	6:25	9.3 (48.7%)
1027	<b>WYRĄBKIEWICZ Karolina</b>	<b>429</b>		K-20	56	00:00:44	00:01:15	00:15:33	00:30:24	<b>00:32:08.75</b>	<b>00:32:53.70</b>	+00:16:25 (51.1%)	6:25	9.3 (48.7%)
1028	<b>SZKOPIAK Marcin</b>	<b>116</b>		M-40	226	00:01:04	00:01:22	00:15:49	00:30:38	<b>00:32:08.90</b>	<b>00:33:13.80</b>	+00:16:26 (51.1%)	6:25	9.3 (48.7%)
1029	<b>WIOSNA Tomasz</b>	<b>647</b>		M-30	243	00:01:20	00:01:15	00:16:07	00:30:24	<b>00:32:10.30</b>	<b>00:33:30.30</b>	+00:16:27 (51.2%)	6:26	9.3 (48.7%)
1030	<b>STOIŃSKI Paweł</b>	<b>691</b>		M-30	244	00:01:18	00:01:21	00:15:48	00:30:24	<b>00:32:10.65</b>	<b>00:33:28.65</b>	+00:16:27 (51.2%)	6:26	9.3 (48.7%)
1031	<b>GREGO Katarzyna</b>	<b>1162</b>	GREGORKI	K-20	57	00:00:34	00:01:08	00:14:23	00:29:55	<b>00:32:10.70</b>	<b>00:32:45.00</b>	+00:16:27 (51.2%)	6:26	9.3 (48.7%)
1032	<b>GÓRNA Michalina</b>	<b>671</b>		K-30	103	00:01:17	00:01:20	00:15:48	00:30:24	<b>00:32:11.80</b>	<b>00:33:29.20</b>	+00:16:29 (51.2%)	6:26	9.3 (48.7%)
1033	<b>GREGO Marcel</b>	<b>23</b>	GREGORKI	M-10	80	00:00:33	00:01:08	00:14:23	00:30:12	<b>00:32:11.90</b>	<b>00:32:45.30</b>	+00:16:29 (51.2%)	6:26	9.3 (48.7%)
1034	<b>LEWANDOWSKI Tomasz</b>	<b>841</b>		M-40	227	00:00:55	00:01:13	00:15:57	00:30:28	<b>00:32:14.95</b>	<b>00:33:09.95</b>	+00:16:32 (51.3%)	6:26	9.3 (48.7%)
1035	<b>GRZYBCZYŃSKA Monika</b>	<b>1124</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-40	80	00:00:41	00:01:20	00:15:31	00:30:28	<b>00:32:21.25</b>	<b>00:33:02.75</b>	+00:16:38 (51.4%)	6:28	9.3 (48.7%)
1036	<b>OBREMSKI Jacek</b>	<b>919</b>	BYDGOSKIE TOWARZYSTWO WIOSLARSKIE	M-10	81	00:01:07	00:01:21	00:16:29	00:31:03	<b>00:32:24.05</b>	<b>00:33:31.55</b>	+00:16:41 (51.5%)	6:28	9.3 (48.7%)
1037	<b>DOLNY Andrzej</b>	<b>1410</b>		M-40	228	00:01:01	00:01:20	00:16:15	00:30:42	<b>00:32:24.45</b>	<b>00:33:26.15</b>	+00:16:41 (51.5%)	6:28	9.3 (48.7%)
1038	<b>KAMECKA-DOLNA Patrycja</b>	<b>1411</b>		K-30	104	00:01:00	00:01:21	00:16:16	00:30:43	<b>00:32:24.50</b>	<b>00:33:25.35</b>	+00:16:41 (51.5%)	6:28	9.3 (48.7%)
1039	<b>TRAWCZYŃSKA Katarzyna</b>	<b>1140</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-40	81	00:00:44	00:01:18	00:15:48	00:30:36	<b>00:32:24.70</b>	<b>00:33:08.85</b>	+00:16:41 (51.5%)	6:28	9.3 (48.7%)
1040	<b>MUSIAŁ Daria</b>	<b>818</b>		K-20	58	00:00:28	00:01:04	00:15:08	00:30:31	<b>00:32:25.65</b>	<b>00:32:54.25</b>	+00:16:42 (51.5%)	6:29	9.3 (48.7%)
1040	<b>RZEPA Karolina</b>	<b>1123</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-20	58	00:00:43	00:01:19	00:15:49	00:30:37	<b>00:32:25.65</b>	<b>00:33:09.10</b>	+00:16:42 (51.5%)	6:29	9.3 (48.7%)
1042	<b>PASIŃSKA Monika</b>	<b>819</b>		K-20	60	00:00:28	00:01:04	00:15:08	00:30:32	<b>00:32:26.50</b>	<b>00:32:54.50</b>	+00:16:43 (51.6%)	6:29	9.2 (48.2%)
1043	<b>CHMARA Anna</b>	<b>1003</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K-20	61	00:01:19	00:01:18	00:16:14	00:30:39	<b>00:32:26.90</b>	<b>00:33:46.30</b>	+00:16:44 (51.6%)	6:29	9.2 (48.2%)
1044	<b>LUZAK Jadwiga</b>	<b>842</b>		K-60+	4	00:00:16	00:01:06	00:15:31	00:30:35	<b>00:32:28.95</b>	<b>00:32:45.25</b>	+00:16:46 (51.6%)	6:29	9.2 (48.2%)
1044	<b>KASZUBOWSKI Daniel</b>	<b>120</b>		M-30	245	00:01:35	00:01:09	00:15:16	00:30:32	<b>00:32:28.95</b>	<b>00:34:04.55</b>	+00:16:46 (51.6%)	6:29	9.2 (48.2%)
1046	<b>NIEMIELEWSKI Aleksander</b>	<b>495</b>		M-20	90	00:00:48	00:01:17	00:15:04	00:31:00	<b>00:32:29.20</b>	<b>00:33:17.25</b>	+00:16:46 (51.6%)	6:29	9.2 (48.2%)
1047	<b>QUAAS Mateusz</b>	<b>1189</b>		M-10	82	00:01:26	00:01:14	00:15:01	00:30:54	<b>00:32:29.65</b>	<b>00:33:55.95</b>	+00:16:46 (51.6%)	6:29	9.2 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1048	<b>DRAŻEK-KRAKOWSKA Agnieszka</b>	<b>125</b>		K-40	82	00:01:03	00:01:21	00:15:51	00:30:39	<b>00:32:31.35</b>	<b>00:33:34.60</b>	+00:16:48 (51.7%)	6:30	9.2 (48.2%)
1049	<b>FIUT Kazimierz</b>	<b>1125</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-60+	25	00:00:40	00:01:21	00:15:36	00:30:29	<b>00:32:32.15</b>	<b>00:33:12.80</b>	+00:16:49 (51.7%)	6:30	9.2 (48.2%)
1050	<b>BRZEZIŃSKA Marta</b>	<b>774</b>		K-30	105	00:01:15	00:01:23	00:16:04	00:30:47	<b>00:32:32.55</b>	<b>00:33:48.25</b>	+00:16:49 (51.7%)	6:30	9.2 (48.2%)
1051	<b>DOBROWOLSKA Patrycja</b>	<b>38</b>		K-30	106	00:00:31		00:15:14	00:30:34	<b>00:32:33.50</b>	<b>00:33:05.25</b>	+00:16:50 (51.7%)	6:30	9.2 (48.2%)
1052	<b>ZALIŃSKI Przemysław</b>	<b>546</b>		M-20	91	00:00:20	00:01:14	00:15:54	00:30:54	<b>00:32:34.15</b>	<b>00:32:55.05</b>	+00:16:51 (51.8%)	6:30	9.2 (48.2%)
1053	<b>MAJCHROWICZ Alicja</b>	<b>1310</b>		K-20	62	00:00:56	00:01:24	00:15:59	00:30:43	<b>00:32:35.80</b>	<b>00:33:32.75</b>	+00:16:53 (51.8%)	6:31	9.2 (48.2%)
1054	<b>NOWAKOWSKA Marta</b>	<b>1378</b>	DEAF GARMIN_CUBE	K-30	107	00:00:31	00:01:17	00:15:35	00:30:46	<b>00:32:36.65</b>	<b>00:33:07.70</b>	+00:16:53 (51.8%)	6:31	9.2 (48.2%)
1055	<b>JEKEL Aneta</b>	<b>1485</b>		K-40	83	00:00:38	00:01:17	00:16:31	00:30:48	<b>00:32:37.00</b>	<b>00:33:15.25</b>	+00:16:54 (51.8%)	6:31	9.2 (48.2%)
1056	<b>CICHULSKA-QUAA Izabela</b>	<b>1184</b>		K-40	84	00:01:26	00:01:18	00:15:43	00:30:55	<b>00:32:37.05</b>	<b>00:34:03.35</b>	+00:16:54 (51.8%)	6:31	9.2 (48.2%)
1057	<b>ŁUCZKOWSKI Rafał</b>	<b>1309</b>		M-30	246	00:00:56	00:01:25	00:16:01	00:30:44	<b>00:32:37.10</b>	<b>00:33:33.25</b>	+00:16:54 (51.8%)	6:31	9.2 (48.2%)
1058	<b>NEUFELD Julia</b>	<b>1006</b>	BTW BYDGOSZCZ	K-10	19	00:01:07	00:01:22	00:16:29	00:30:56	<b>00:32:38.85</b>	<b>00:33:46.75</b>	+00:16:56 (51.9%)	6:31	9.2 (48.2%)
1059	<b>SYGNECKI Marcin</b>	<b>4</b>		M-40	229	00:01:12	00:01:16	00:15:33	00:31:03	<b>00:32:39.80</b>	<b>00:33:52.45</b>	+00:16:57 (51.9%)	6:31	9.2 (48.2%)
1060	<b>SZARAFIŃSKI Waldemar</b>	<b>1241</b>		M-50	91	00:00:55	00:01:16	00:14:57	00:30:43	<b>00:32:41.15</b>	<b>00:33:36.55</b>	+00:16:58 (51.9%)	6:32	9.2 (48.2%)
1061	<b>WIATROWSKA Katarzyna</b>	<b>746</b>		K-40	85	00:00:17	00:01:13	00:15:30	00:30:55	<b>00:32:42.45</b>	<b>00:33:00.35</b>	+00:16:59 (52.0%)	6:32	9.2 (48.2%)
1061	<b>MAJEWSKA Monika</b>	<b>245</b>		K-40	85	00:00:29	00:01:08	00:15:47	00:30:52	<b>00:32:42.45</b>	<b>00:33:12.40</b>	+00:16:59 (52.0%)	6:32	9.2 (48.2%)
1063	<b>SEKUŁA Krzysztof</b>	<b>365</b>		M-40	230	00:00:59	00:01:23	00:15:44	00:31:01	<b>00:32:43.35</b>	<b>00:33:43.10</b>	+00:17:00 (52.0%)	6:32	9.2 (48.2%)
1064	<b>SZOSTAK Katarzyna</b>	<b>742</b>		K-30	108	00:01:02	00:01:21	00:16:11	00:30:52	<b>00:32:43.75</b>	<b>00:33:46.10</b>	+00:17:00 (52.0%)	6:32	9.2 (48.2%)
1065	<b>BALICKA Joanna</b>	<b>37</b>		K-30	109	00:00:32	00:01:15	00:15:37	00:30:55	<b>00:32:44.60</b>	<b>00:33:17.55</b>	+00:17:01 (52.0%)	6:32	9.2 (48.2%)
1066	<b>RUMIŃSKA Kornelia</b>	<b>347</b>		K-20	63	00:00:34	00:01:08	00:15:10	00:30:49	<b>00:32:45.05</b>	<b>00:33:19.40</b>	+00:17:02 (52.0%)	6:33	9.2 (48.2%)
1067	<b>ZIELIŃSKA Agnieszka</b>	<b>1215</b>	RUNNING STARS	K-30	110	00:00:53	00:01:14	00:15:17	00:30:51	<b>00:32:48.45</b>	<b>00:33:41.75</b>	+00:17:05 (52.1%)	6:33	9.1 (47.6%)
1068	<b>WIŚNIEWSKI Adrian</b>	<b>685</b>		M-20	92	00:00:30	00:01:12	00:14:54	00:30:57	<b>00:32:48.75</b>	<b>00:33:18.80</b>	+00:17:05 (52.1%)	6:33	9.1 (47.6%)
1069	<b>WITKOWSKI Marcin</b>	<b>1083</b>		M-20	93	00:00:30	00:01:12	00:14:54	00:30:58	<b>00:32:49.20</b>	<b>00:33:19.30</b>	+00:17:06 (52.1%)	6:33	9.1 (47.6%)
1070	<b>SKONIECZKA Marek</b>	<b>975</b>		M-40	231	00:00:32		00:15:40	00:31:05	<b>00:32:49.30</b>	<b>00:33:21.45</b>	+00:17:06 (52.1%)	6:33	9.1 (47.6%)
1071	<b>ALEXANDER Marek</b>	<b>967</b>		M-50	92	00:00:49	00:01:12	00:15:47	00:30:56	<b>00:32:49.55</b>	<b>00:33:39.30</b>	+00:17:06 (52.1%)	6:33	9.1 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	0.2km	2.5km	4.6km					
1072	ZAWIDZKA Anna	711		K-20	64	00:01:30	00:01:20	00:16:23	00:31:03	00:32:49.85	00:34:20.65	+00:17:07 (52.1%)	6:33	9.1 (47.6%)
1073	CHROSTOWSKA Patrycja	1099		K-20	65	00:00:45	00:01:13	00:16:12	00:31:05	00:32:52.45	00:33:38.00	+00:17:09 (52.2%)	6:34	9.1 (47.6%)
1074	MALINOWSKI Jakub	21		M-10	83	00:01:02	00:01:20	00:16:44	00:31:18	00:32:53.80	00:33:55.95	+00:17:11 (52.2%)	6:34	9.1 (47.6%)
1075	BRODACKA Aleksandra	1392		K-40	87	00:00:30	00:01:11	00:15:50	00:30:59	00:32:55.75	00:33:25.85	+00:17:12 (52.3%)	6:35	9.1 (47.6%)
1076	GĘSICKA Marta	1341		K-30	111	00:00:29	00:01:12	00:15:51	00:31:00	00:32:56.25	00:33:25.85	+00:17:13 (52.3%)	6:35	9.1 (47.6%)
1077	KOWALSKI Szymon	1165		M-10	84	00:00:29	00:01:02	00:15:38	00:31:14	00:32:57.80	00:33:26.80	+00:17:15 (52.3%)	6:35	9.1 (47.6%)
1078	OKOŃSKA Żaneta	27	ADAM BORKOWSKI TEAM	K-40	88	00:00:50	00:01:22	00:15:39	00:31:09	00:32:58.05	00:33:48.10	+00:17:15 (52.3%)	6:35	9.1 (47.6%)
1079	FELCZYKOWSKI Piotr	389		M-40	232	00:00:59	00:01:26	00:15:42	00:31:01	00:33:00.60	00:34:00.50	+00:17:17 (52.4%)	6:36	9.1 (47.6%)
1080	URBAŃSKI Tomasz	363		M-40	233	00:00:58	00:01:26	00:15:45	00:31:02	00:33:01.35	00:34:00.20	+00:17:18 (52.4%)	6:36	9.1 (47.6%)
1081	KRAWCZUK Andrzej	668	BT-ELBLĄG BARTNICKI TEAM	M-60+	26	00:00:44	00:01:27	00:16:26	00:31:12	00:33:01.45	00:33:45.90	+00:17:18 (52.4%)	6:36	9.1 (47.6%)
1082	ADAM Jarosław	500		M-20	94	00:00:55	00:01:24	00:16:20	00:31:20	00:33:02.05	00:33:58.00	+00:17:19 (52.4%)	6:36	9.1 (47.6%)
1083	GRZYBOWSKA Julia	581	FC PONAŁEWCE	K-10	20	00:00:27	00:01:18	00:14:20	00:31:35	00:33:02.15	00:33:29.70	+00:17:19 (52.4%)	6:36	9.1 (47.6%)
1084	PIĘKNA Monika	954		K-40	89	00:00:54	00:01:23	00:16:04	00:31:12	00:33:02.35	00:33:56.55	+00:17:19 (52.4%)	6:36	9.1 (47.6%)
1085	RZEP CZYŃSKI Tomasz	186	GRYF	M-40	234	00:01:01	00:01:15	00:15:37	00:31:29	00:33:03.10	00:34:04.10	+00:17:20 (52.5%)	6:36	9.1 (47.6%)
1086	CZUBEK Konrad	892		M-10	85	00:01:38	00:01:01	00:15:01	00:31:07	00:33:03.25	00:34:42.10	+00:17:20 (52.5%)	6:36	9.1 (47.6%)
1087	KRZESZEWSKA Weronika	985		K-20	66	00:00:43	00:01:25	00:16:45	00:31:28	00:33:03.40	00:33:46.75	+00:17:20 (52.5%)	6:36	9.1 (47.6%)
1088	SZYMAŃSKI Radosław	838		M-20	95	00:00:15	00:01:01	00:15:53	00:31:13	00:33:03.45	00:33:18.80	+00:17:20 (52.5%)	6:36	9.1 (47.6%)
1089	PRZYGOCKA Katarzyna	1110		K-30	112	00:01:01	00:01:20	00:15:51	00:31:10	00:33:03.55	00:34:05.20	+00:17:20 (52.5%)	6:36	9.1 (47.6%)
1090	SIERADZKI Antoni	15		M-10	86	00:01:13	00:01:18	00:14:44	00:31:28	00:33:05.30	00:34:18.70	+00:17:22 (52.5%)	6:37	9.1 (47.6%)
1091	WYSOCKA Joanna	835	ASTORIA BYDGOSZCZ	K-30	113	00:00:58	00:01:27	00:16:37	00:31:26	00:33:06.05	00:34:04.20	+00:17:23 (52.5%)	6:37	9.1 (47.6%)
1092	KAZUBOWSKI Jeremiasz	1318	KAZUBKI TEAM	M-20	96	00:00:51	00:01:15	00:15:49	00:31:27	00:33:06.55	00:33:57.80	+00:17:23 (52.5%)	6:37	9.1 (47.6%)
1093	CZUBAJ-JERZYŃSKA Nina	744		K-40	90	00:00:57	00:01:27	00:16:39	00:31:26	00:33:07.20	00:34:04.45	+00:17:24 (52.6%)	6:37	9.1 (47.6%)
1094	DAMBECKI Mateusz	938		M-20	97	00:00:27		00:15:30	00:31:27	00:33:09.25	00:33:37.05	+00:17:26 (52.6%)	6:37	9 (47.1%)
1095	ZYGIEL Paulina	430		K-20	67	00:00:45	00:01:20	00:16:22	00:31:17	00:33:09.35	00:33:55.00	+00:17:26 (52.6%)	6:37	9 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1096	<b>PALACZ Dawid</b>	<b>188</b>	SP60	M-10	87	00:00:35	00:01:14	00:15:47	00:31:46	<b>00:33:10.35</b>	<b>00:33:46.10</b>	+00:17:27 (52.6%)	6:38	9 (47.1%)
1097	<b>OLECHNOWICZ Maciej</b>	<b>1475</b>	ELEKTRONIK	M-10	88	00:01:36	00:01:11	00:15:45	00:31:48	<b>00:33:10.60</b>	<b>00:34:47.25</b>	+00:17:27 (52.6%)	6:38	9 (47.1%)
1098	<b>BRUDNICKI Jakub</b>	<b>1027</b>	BTW	M-10	89	00:01:06	00:01:22	00:16:29	00:31:28	<b>00:33:10.65</b>	<b>00:34:16.90</b>	+00:17:27 (52.6%)	6:38	9 (47.1%)
1099	<b>GRABOWSKA Marlena</b>	<b>587</b>	-	K-40	91	00:00:39	00:01:19	00:16:54	00:31:42	<b>00:33:12.55</b>	<b>00:33:52.25</b>	+00:17:29 (52.7%)	6:38	9 (47.1%)
1100	<b>POLACKA Jadwiga</b>	<b>312</b>	BIEGAJ Z DĘBAMI	K-50	17	00:01:30	00:01:16	00:16:03	00:31:24	<b>00:33:13.85</b>	<b>00:34:44.55</b>	+00:17:31 (52.7%)	6:38	9 (47.1%)
1101	<b>MAZUR Krzysztof</b>	<b>261</b>	BIEGAJ Z DĘBAMI	M-60+	27	00:01:30	00:01:18	00:16:04	00:31:24	<b>00:33:14.70</b>	<b>00:34:44.90</b>	+00:17:31 (52.7%)	6:38	9 (47.1%)
1102	<b>ISKRA Jacek</b>	<b>236</b>		M-50	93	00:01:00	00:01:23	00:16:31	00:31:37	<b>00:33:15.70</b>	<b>00:34:15.75</b>	+00:17:32 (52.8%)	6:39	9 (47.1%)
1103	<b>PAPROCKA Angelika</b>	<b>241</b>		K-30	114	00:01:00	00:01:22	00:16:29	00:31:37	<b>00:33:16.20</b>	<b>00:34:16.55</b>	+00:17:33 (52.8%)	6:39	9 (47.1%)
1104	<b>PALACZ Wioletta</b>	<b>184</b>	POLONIA BYDGOSZCZ SLA	K-40	92	00:00:35	00:01:15	00:15:47	00:31:47	<b>00:33:17.00</b>	<b>00:33:52.60</b>	+00:17:34 (52.8%)	6:39	9 (47.1%)
1105	<b>FELINIAK Ewelina</b>	<b>613</b>		K-30	115	00:00:22	00:01:08	00:15:51	00:31:30	<b>00:33:18.40</b>	<b>00:33:40.60</b>	+00:17:35 (52.8%)	6:39	9 (47.1%)
1106	<b>OSUCH Małgorzata</b>	<b>137</b>		K-30	116	00:00:19	00:01:06	00:15:44	00:31:26	<b>00:33:18.65</b>	<b>00:33:37.85</b>	+00:17:35 (52.8%)	6:39	9 (47.1%)
1107	<b>ZMITROWICZ Hanna</b>	<b>435</b>	FIT FORMA BYDGOSZCZ - FITFORMABYDGOSZCZ.PL	K-30	117	00:01:15	00:01:22	00:16:31	00:31:21	<b>00:33:18.80</b>	<b>00:34:34.35</b>	+00:17:36 (52.8%)	6:39	9 (47.1%)
1108	<b>KOWALSKI Łukasz</b>	<b>1166</b>		M-10	90	00:00:28	00:01:06	00:15:32	00:31:20	<b>00:33:19.05</b>	<b>00:33:47.65</b>	+00:17:36 (52.8%)	6:39	9 (47.1%)
1109	<b>MARKOWSKA-BAUMGART Aneta</b>	<b>46</b>	BIEGAJ Z DĘBAMI	K-60+	5	00:01:31	00:01:14	00:16:07	00:31:28	<b>00:33:19.55</b>	<b>00:34:51.25</b>	+00:17:36 (52.8%)	6:39	9 (47.1%)
1110	<b>BANIA-JASKULSKA Karolina</b>	<b>447</b>		K-30	118	00:01:14	00:01:23	00:16:32	00:31:23	<b>00:33:20.55</b>	<b>00:34:35.35</b>	+00:17:37 (52.9%)	6:40	9 (47.1%)
1111	<b>FELSKA Katarzyna</b>	<b>221</b>		K-30	119	00:01:14	00:01:24	00:16:32	00:31:22	<b>00:33:20.60</b>	<b>00:34:34.80</b>	+00:17:37 (52.9%)	6:40	9 (47.1%)
1112	<b>KOZIOŁ Magdalena</b>	<b>212</b>		K-30	120	00:01:14	00:01:23	00:16:32	00:31:23	<b>00:33:21.00</b>	<b>00:34:35.35</b>	+00:17:38 (52.9%)	6:40	9 (47.1%)
1113	<b>ZALEWSKI Łukasz</b>	<b>258</b>		M-40	235	00:01:02	00:01:20	00:15:57	00:31:27	<b>00:33:21.20</b>	<b>00:34:23.90</b>	+00:17:38 (52.9%)	6:40	9 (47.1%)
1114	<b>RYDELSKA Kinga</b>	<b>130</b>		K-50	18	00:00:55	00:01:25	00:16:24	00:31:35	<b>00:33:21.75</b>	<b>00:34:17.10</b>	+00:17:38 (52.9%)	6:40	9 (47.1%)
1115	<b>LELONKIEWICZ Krzysztof</b>	<b>104</b>		M-50	94	00:00:36	00:01:17	00:15:32	00:31:19	<b>00:33:22.40</b>	<b>00:33:58.60</b>	+00:17:39 (52.9%)	6:40	9 (47.1%)
1116	<b>ADAMSKA Anna</b>	<b>1401</b>		K-30	121	00:01:20	00:01:21	00:16:47	00:31:33	<b>00:33:22.60</b>	<b>00:34:43.10</b>	+00:17:39 (52.9%)	6:40	9 (47.1%)
1117	<b>WYPYCH Zuzanna</b>	<b>903</b>	BIOTECH PRZYPRAWY	K-20	68	00:01:11	00:01:16	00:16:32	00:31:38	<b>00:33:24.10</b>	<b>00:34:35.70</b>	+00:17:41 (53.0%)	6:40	9 (47.1%)
1118	<b>PRIETZ Agata</b>	<b>513</b>		K-40	93	00:00:45	00:01:16	00:16:29	00:31:44	<b>00:33:27.70</b>	<b>00:34:13.30</b>	+00:17:44 (53.0%)	6:41	9 (47.1%)
1119	<b>BAWÓŁ Bartosz</b>	<b>1154</b>		M-20	98	00:00:59	00:01:20	00:16:23	00:31:48	<b>00:33:27.80</b>	<b>00:34:26.95</b>	+00:17:45 (53.0%)	6:41	9 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1120	<b>PESTKA Anna</b>	<b>1316</b>		K-40	94	00:00:50	00:01:21	00:15:55	00:31:38	<b>00:33:28.90</b>	<b>00:34:19.45</b>	+00:17:46 (53.1%)	6:41	9 (47.1%)
1121	<b>OLSZEWSKA Joanna</b>	<b>102</b>		K-20	69	00:01:17	00:01:16	00:15:50	00:31:42	<b>00:33:31.40</b>	<b>00:34:48.70</b>	+00:17:48 (53.1%)	6:42	9 (47.1%)
1122	<b>BADOWSKA Mariola</b>	<b>1138</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-50	19	00:00:41	00:01:29	00:16:51	00:31:45	<b>00:33:34.60</b>	<b>00:34:16.35</b>	+00:17:51 (53.2%)	6:42	8.9 (46.6%)
1123	<b>MADAJEWSKI Lukasz</b>	<b>868</b>	BRAK	M-40	236	00:00:51	00:01:11	00:15:58	00:31:48	<b>00:33:34.90</b>	<b>00:34:26.25</b>	+00:17:52 (53.2%)	6:42	8.9 (46.6%)
1124	<b>ZALEWSKA Natalia</b>	<b>1055</b>		K-20	70	00:00:34	00:01:22	00:16:13	00:31:48	<b>00:33:35.75</b>	<b>00:34:09.90</b>	+00:17:52 (53.2%)	6:43	8.9 (46.6%)
1125	<b>SARNECKI Adrian</b>	<b>955</b>		M-40	237	00:00:27	00:01:21	00:16:43	00:31:38	<b>00:33:35.95</b>	<b>00:34:03.30</b>	+00:17:53 (53.2%)	6:43	8.9 (46.6%)
1126	<b>LUTKOWSKA Katarzyna</b>	<b>1308</b>	LUFT TRI TEAM	K-40	95	00:00:26	00:01:22	00:16:44	00:31:38	<b>00:33:36.40</b>	<b>00:34:03.15</b>	+00:17:53 (53.2%)	6:43	8.9 (46.6%)
1126	<b>PAULA Paulina</b>	<b>1314</b>	DUO CASA	K-40	95	00:00:26	00:01:23	00:16:46	00:31:39	<b>00:33:36.40</b>	<b>00:34:03.15</b>	+00:17:53 (53.2%)	6:43	8.9 (46.6%)
1128	<b>DAŃCZYSZYN Dominika</b>	<b>1486</b>		K-20	71	00:00:38	00:01:17	00:16:31	00:32:04	<b>00:33:36.50</b>	<b>00:34:14.50</b>	+00:17:53 (53.2%)	6:43	8.9 (46.6%)
1129	<b>OSTRY Karolina</b>	<b>641</b>		K-30	122	00:00:29	00:01:23	00:16:21	00:31:59	<b>00:33:37.35</b>	<b>00:34:06.90</b>	+00:17:54 (53.3%)	6:43	8.9 (46.6%)
1129	<b>WIŚNIEWSKI Marek</b>	<b>636</b>		M-40	238	00:00:29	00:01:23	00:16:21	00:31:58	<b>00:33:37.35</b>	<b>00:34:06.95</b>	+00:17:54 (53.3%)	6:43	8.9 (46.6%)
1131	<b>DORNIAK Krzysztof</b>	<b>97</b>		M-40	239	00:01:11	00:01:09	00:16:04	00:31:39	<b>00:33:37.95</b>	<b>00:34:49.55</b>	+00:17:55 (53.3%)	6:43	8.9 (46.6%)
1132	<b>ORZECZOWSKI Patryk</b>	<b>1377</b>	NITROCHEM	M-30	247	00:00:38	00:01:20	00:16:21	00:32:00	<b>00:33:39.90</b>	<b>00:34:18.15</b>	+00:17:57 (53.3%)	6:43	8.9 (46.6%)
1133	<b>KRZESZEWSKI Jakub</b>	<b>986</b>		M-40	240	00:00:43	00:01:25	00:16:45	00:31:58	<b>00:33:42.85</b>	<b>00:34:26.00</b>	+00:18:00 (53.4%)	6:44	8.9 (46.6%)
1134	<b>PUZYREWSKI Michał</b>	<b>496</b>	ASTORIA BYDGOSZCZ	M-40	241	00:00:28	00:01:12	00:16:06	00:32:02	<b>00:33:43.35</b>	<b>00:34:11.85</b>	+00:18:00 (53.4%)	6:44	8.9 (46.6%)
1134	<b>ŻEBROWSKI Jakub</b>	<b>1219</b>		M-30	248	00:01:05	00:01:26	00:17:18	00:32:01	<b>00:33:43.35</b>	<b>00:34:48.85</b>	+00:18:00 (53.4%)	6:44	8.9 (46.6%)
1136	<b>KRZESZEWSKA Dorota</b>	<b>987</b>		K-60+	6	00:00:43	00:01:25	00:16:46	00:31:58	<b>00:33:43.55</b>	<b>00:34:26.95</b>	+00:18:00 (53.4%)	6:44	8.9 (46.6%)
1137	<b>SIENKIEWICZ Sebastian</b>	<b>1467</b>		M-10	91	00:00:24	00:01:12	00:16:50	00:32:12	<b>00:33:47.05</b>	<b>00:34:11.85</b>	+00:18:04 (53.5%)	6:45	8.9 (46.6%)
1137	<b>GABRICH Żanetta</b>	<b>932</b>		K-50	20	00:00:27	00:01:18	00:16:25	00:31:55	<b>00:33:47.05</b>	<b>00:34:14.30</b>	+00:18:04 (53.5%)	6:45	8.9 (46.6%)
1139	<b>CHMIELEWSKA Agnieszka</b>	<b>154</b>		K-40	97	00:00:21	00:01:05	00:15:39	00:32:08	<b>00:33:48.40</b>	<b>00:34:09.75</b>	+00:18:05 (53.5%)	6:45	8.9 (46.6%)
1140	<b>CHOLEWIŃSKA Zuzanna</b>	<b>1008</b>	BTW	K-10	21	00:01:26	00:01:24	00:16:36	00:32:04	<b>00:33:49.40</b>	<b>00:35:15.50</b>	+00:18:06 (53.5%)	6:45	8.9 (46.6%)
1141	<b>KWIATKOWSKA Malgorzata</b>	<b>463</b>		K-60+	7	00:00:34	00:01:26	00:16:46	00:32:01	<b>00:33:50.20</b>	<b>00:34:24.55</b>	+00:18:07 (53.6%)	6:46	8.9 (46.6%)
1142	<b>KWIATKOWSKI Roman</b>	<b>459</b>		M-60+	28	00:00:34	00:01:25	00:16:46	00:32:01	<b>00:33:50.45</b>	<b>00:34:25.05</b>	+00:18:07 (53.6%)	6:46	8.9 (46.6%)
1143	<b>TOMASZEWSKA Karolina</b>	<b>1448</b>		K-10	22	00:00:57	00:01:19	00:16:36	00:32:22	<b>00:33:51.10</b>	<b>00:34:48.35</b>	+00:18:08 (53.6%)	6:46	8.9 (46.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1144	HUBER Joanna	715		K-40	98	00:01:05	00:01:22	00:16:56	00:32:06	00:33:51.30	00:34:57.25	+00:18:08 (53.6%)	6:46	8.9 (46.6%)
1145	MARUT Joanna	682		K-30	123	00:01:05	00:01:22	00:16:57	00:32:06	00:33:51.65	00:34:57.20	+00:18:08 (53.6%)	6:46	8.9 (46.6%)
1146	TOMASZEWSKA Emilia	1447		K-40	99	00:00:57	00:01:19	00:16:36	00:32:21	00:33:51.75	00:34:49.60	+00:18:08 (53.6%)	6:46	8.9 (46.6%)
1147	KRAJEWSKI Adam	471		M-50	95	00:01:21	00:01:22	00:16:26	00:32:03	00:33:52.60	00:35:14.10	+00:18:09 (53.6%)	6:46	8.9 (46.6%)
1148	RADOWSKA Helena	1186		K-50	21	00:01:28	00:01:20	00:16:42	00:32:10	00:33:55.40	00:35:23.90	+00:18:12 (53.7%)	6:47	8.8 (46.1%)
1149	GRUSZKA Marek	403	NIEZRZESZONY	M-60+	29	00:00:25	00:01:07	00:16:02	00:32:07	00:33:56.10	00:34:21.80	+00:18:13 (53.7%)	6:47	8.8 (46.1%)
1150	TOMASZEWSKA Agnieszka	1257		K-30	124	00:00:38	00:01:11	00:15:57	00:31:58	00:33:56.60	00:34:35.20	+00:18:13 (53.7%)	6:47	8.8 (46.1%)
1151	CHROSTOWSKI Adam	1290		M-20	99	00:00:43	00:01:14	00:16:16	00:32:06	00:33:58.20	00:34:41.90	+00:18:15 (53.7%)	6:47	8.8 (46.1%)
1152	GRABSKA-ZIELIŃSKA Sylwia	836		K-30	125	00:00:57	00:01:13	00:16:12	00:32:02	00:34:00.60	00:34:57.80	+00:18:17 (53.8%)	6:48	8.8 (46.1%)
1153	PIĄTEK Andrzej	526		M-70+	4	00:01:03	00:01:20	00:16:16	00:32:04	00:34:00.70	00:35:04.00	+00:18:17 (53.8%)	6:48	8.8 (46.1%)
1154	MAJEWSKI Mirosław	978		M-60+	30	00:00:21	00:01:25	00:17:12	00:32:15	00:34:02.85	00:34:23.85	+00:18:20 (53.8%)	6:48	8.8 (46.1%)
1155	KŁODA Karolina	228		K-40	100	00:01:01	00:01:24	00:16:42	00:32:07	00:34:10.65	00:35:11.70	+00:18:27 (54.0%)	6:50	8.8 (46.1%)
1156	DROŻNIEWSKA Marzena	206		K-50	22	00:01:11	00:01:23	00:16:57	00:32:22	00:34:11.25	00:35:22.80	+00:18:28 (54.0%)	6:50	8.8 (46.1%)
1157	SADOWSKA-CHORAŻAK Aneta	253		K-40	101	00:00:41	00:01:15	00:16:19	00:32:19	00:34:14.60	00:34:56.15	+00:18:31 (54.1%)	6:50	8.8 (46.1%)
1158	SĄŁEK Krzysztofa	982		K-20	72	00:00:22	00:01:14	00:16:19	00:32:19	00:34:15.65	00:34:38.35	+00:18:32 (54.1%)	6:51	8.8 (46.1%)
1159	KERL FABROWSKA Paulina	1356	TRITATA	K-30	126	00:00:31	00:01:14	00:16:59	00:32:49	00:34:15.95	00:34:47.85	+00:18:33 (54.1%)	6:51	8.8 (46.1%)
1160	ŁAKOMSKA - OPALA Iwona	850		K-40	102	00:01:15	00:01:18	00:16:30	00:32:21	00:34:16.20	00:35:31.40	+00:18:33 (54.1%)	6:51	8.8 (46.1%)
1161	MONDRY Waldemar	901		M-50	96	00:00:22	00:01:14	00:12:43	00:32:20	00:34:16.45	00:34:39.00	+00:18:33 (54.2%)	6:51	8.8 (46.1%)
1162	MONDRA Magdalena	909		K-20	73	00:00:22	00:01:14	00:16:20	00:32:20	00:34:16.70	00:34:38.80	+00:18:33 (54.2%)	6:51	8.8 (46.1%)
1163	FILIPEK Iwona	1171		K-40	103	00:00:53	00:01:23	00:16:51	00:32:18	00:34:17.35	00:35:10.45	+00:18:34 (54.2%)	6:51	8.8 (46.1%)
1164	STOŻEK Michał	174		M-40	242	00:01:21	00:01:24	00:16:55	00:32:26	00:34:21.10	00:35:42.95	+00:18:38 (54.3%)	6:52	8.7 (45.5%)
1165	SURMACZ Natalia	235		K-10	23	00:01:19	00:01:24	00:17:16	00:32:36	00:34:22.40	00:35:41.55	+00:18:39 (54.3%)	6:52	8.7 (45.5%)
1166	RATAJCZAK Filip	464		M-10	92	00:00:52	00:01:06	00:14:42	00:32:34	00:34:22.45	00:35:15.25	+00:18:39 (54.3%)	6:52	8.7 (45.5%)
1167	PISKRZYŃSKA Dominika	1353		K-30	127	00:01:27	00:01:19	00:16:54	00:32:27	00:34:24.20	00:35:51.40	+00:18:41 (54.3%)	6:52	8.7 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1168	<b>KWASIGROCH Aleksandra</b>	<b>706</b>		K-50	23	00:00:29	00:01:08	00:15:55	00:32:18	<b>00:34:30.70</b>	<b>00:35:00.40</b>	+00:18:47 (54.5%)	6:54	8.7 (45.5%)
1169	<b>SEKLECKA Kasia</b>	<b>768</b>		K-40	104	00:00:27	00:01:18	00:16:25	00:31:55	<b>00:34:34.75</b>	<b>00:35:02.35</b>	+00:18:51 (54.6%)	6:54	8.7 (45.5%)
1170	<b>ILCEWICZ Monika</b>	<b>232</b>	RUN BYDGOSZCZ	K-30	128	00:01:11	00:01:22	00:16:36	00:32:39	<b>00:34:37.40</b>	<b>00:35:48.65</b>	+00:18:54 (54.6%)	6:55	8.7 (45.5%)
1171	<b>TOKARSKA Alicja</b>	<b>106</b>	VEGE RUNNERS	K-40	105	00:01:28	00:01:19	00:16:47	00:32:42	<b>00:34:37.65</b>	<b>00:36:06.35</b>	+00:18:54 (54.6%)	6:55	8.7 (45.5%)
1172	<b>ZIEMSKA Aneta</b>	<b>397</b>		K-40	106	00:00:08	00:01:00	00:16:03	00:32:37	<b>00:34:38.15</b>	<b>00:34:47.00</b>	+00:18:55 (54.6%)	6:55	8.7 (45.5%)
1173	<b>KUKUŁA Piotr</b>	<b>1201</b>		M-30	249	00:01:09	00:01:18	00:16:55	00:32:56	<b>00:34:38.35</b>	<b>00:35:48.15</b>	+00:18:55 (54.6%)	6:55	8.7 (45.5%)
1174	<b>CZURYK Karolina</b>	<b>727</b>	CZURYKI	K-40	107	00:01:22	00:01:20	00:16:58	00:32:48	<b>00:34:38.65</b>	<b>00:36:01.35</b>	+00:18:55 (54.6%)	6:55	8.7 (45.5%)
1175	<b>KUĆMIERZ Daria</b>	<b>1200</b>		K-20	74	00:01:08	00:01:19	00:16:56	00:32:57	<b>00:34:38.85</b>	<b>00:35:47.60</b>	+00:18:56 (54.6%)	6:55	8.7 (45.5%)
1176	<b>CZURYK Bartosz</b>	<b>560</b>	CZURYKI	M-40	243	00:01:23	00:01:20	00:16:57	00:32:47	<b>00:34:39.20</b>	<b>00:36:02.20</b>	+00:18:56 (54.7%)	6:55	8.7 (45.5%)
1177	<b>GRZECHULSKA Agata</b>	<b>523</b>		K-10	24	00:01:20	00:01:31	00:18:02	00:33:03	<b>00:34:41.20</b>	<b>00:36:01.70</b>	+00:18:58 (54.7%)	6:56	8.6 (45.0%)
1178	<b>GRZECHULSKI Dariusz</b>	<b>522</b>		M-40	244	00:01:20	00:01:30	00:18:03	00:33:03	<b>00:34:41.75</b>	<b>00:36:02.20</b>	+00:18:58 (54.7%)	6:56	8.6 (45.0%)
1179	<b>OSTROWSKI Lukasz</b>	<b>162</b>		M-30	250	00:01:50	00:01:17	00:17:16	00:32:53	<b>00:34:41.90</b>	<b>00:36:32.00</b>	+00:18:59 (54.7%)	6:56	8.6 (45.0%)
1180	<b>SCHMELTER Wiktoria</b>	<b>442</b>		K-10	25	00:00:25		00:16:08	00:32:55	<b>00:34:42.05</b>	<b>00:35:07.55</b>	+00:18:59 (54.7%)	6:56	8.6 (45.0%)
1181	<b>ZAWADZKA Monika</b>	<b>1088</b>		K-30	129	00:00:45	00:01:15	00:16:29	00:32:39	<b>00:34:43.05</b>	<b>00:35:28.95</b>	+00:19:00 (54.7%)	6:56	8.6 (45.0%)
1182	<b>ERDMANN Agnieszka</b>	<b>830</b>		K-40	108	00:00:57	00:01:28	00:16:40	00:32:47	<b>00:34:47.25</b>	<b>00:35:44.25</b>	+00:19:04 (54.8%)	6:57	8.6 (45.0%)
1183	<b>WOŹNIAK Kinga</b>	<b>618</b>		K-40	109	00:00:40	00:01:19	00:17:02	00:32:59	<b>00:34:47.40</b>	<b>00:35:27.45</b>	+00:19:04 (54.8%)	6:57	8.6 (45.0%)
1184	<b>DRAFC Mariola</b>	<b>1062</b>		K-40	110	00:00:56	00:01:29	00:16:41	00:32:47	<b>00:34:47.55</b>	<b>00:35:44.30</b>	+00:19:04 (54.8%)	6:57	8.6 (45.0%)
1185	<b>CIEŚLIK Iwona</b>	<b>1152</b>		K-30	130	00:01:10	00:01:31	00:17:30	00:32:54	<b>00:34:48.30</b>	<b>00:35:58.95</b>	+00:19:05 (54.9%)	6:57	8.6 (45.0%)
1186	<b>GOTOWICZ Mariusz</b>	<b>404</b>	KDG GOTOWICZ	M-60+	31	00:00:49	00:01:16	00:16:51	00:33:04	<b>00:34:57.15</b>	<b>00:35:46.20</b>	+00:19:14 (55.0%)	6:59	8.6 (45.0%)
1187	<b>MIELCAREK Gosia</b>	<b>407</b>	KDP GOTOWICZ	K-40	111	00:00:48	00:01:18	00:16:51	00:33:06	<b>00:34:58.25</b>	<b>00:35:46.30</b>	+00:19:15 (55.1%)	6:59	8.6 (45.0%)
1188	<b>BIESEK Oliwia</b>	<b>229</b>		K-10	26	00:01:01	00:01:23	00:16:41	00:32:47	<b>00:34:58.85</b>	<b>00:36:00.30</b>	+00:19:16 (55.1%)	6:59	8.6 (45.0%)
1189	<b>PIERZCHALSKA Katarzyna</b>	<b>237</b>		K-40	112	00:01:13	00:01:22	00:16:48	00:32:56	<b>00:35:01.45</b>	<b>00:36:14.85</b>	+00:19:18 (55.1%)	7:00	8.6 (45.0%)
1190	<b>OLSZEWSKA Emilia</b>	<b>1039</b>	SUP POINT BYDGOSZCZ	K-30	131	00:01:38	00:01:19	00:16:12	00:33:10	<b>00:35:04.90</b>	<b>00:36:43.40</b>	+00:19:22 (55.2%)	7:00	8.6 (45.0%)
1191	<b>MANDZI Gabriela</b>	<b>1037</b>		K-30	132	00:00:36	00:01:17	00:16:47	00:33:05	<b>00:35:05.30</b>	<b>00:35:41.55</b>	+00:19:22 (55.2%)	7:01	8.6 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1192	<b>BULCZYŃSKA Izabela</b>	<b>1049</b>		K-30	133	00:00:36	00:01:17	00:16:48	00:33:05	<b>00:35:05.70</b>	<b>00:35:42.40</b>	+00:19:22 (55.2%)	7:01	8.6 (45.0%)
1193	<b>LEWANDOWSKA Iza</b>	<b>585</b>	-	K-30	134	00:00:39	00:01:20	00:16:56	00:33:10	<b>00:35:06.25</b>	<b>00:35:45.80</b>	+00:19:23 (55.2%)	7:01	8.5 (44.5%)
1194	<b>WIŚNIEWSKA Lucyna</b>	<b>558</b>	TRISPACE/TREK	K-50	24	00:00:49	00:01:23	00:17:07	00:33:12	<b>00:35:10.25</b>	<b>00:35:59.55</b>	+00:19:27 (55.3%)	7:02	8.5 (44.5%)
1195	<b>WIŚNIEWSKI Krzysztof</b>	<b>559</b>	TRISPACE/TREK	M-50	97	00:00:49	00:01:23	00:17:09	00:33:12	<b>00:35:10.40</b>	<b>00:35:59.85</b>	+00:19:27 (55.3%)	7:02	8.5 (44.5%)
1196	<b>SKRĘTNY Adam</b>	<b>131</b>		M-30	251	00:00:48	00:01:28	00:18:19	00:33:28	<b>00:35:10.45</b>	<b>00:35:58.80</b>	+00:19:27 (55.3%)	7:02	8.5 (44.5%)
1197	<b>MREŁA Adrian</b>	<b>634</b>		M-40	245	00:01:28	00:01:20	00:17:21	00:33:29	<b>00:35:10.50</b>	<b>00:36:39.30</b>	+00:19:27 (55.3%)	7:02	8.5 (44.5%)
1198	<b>GRANICZNA Justyna</b>	<b>1484</b>		K-20	75	00:00:52	00:01:24	00:19:50	00:33:19	<b>00:35:11.35</b>	<b>00:36:03.70</b>	+00:19:28 (55.3%)	7:02	8.5 (44.5%)
1199	<b>KOLLIT Paulina</b>	<b>548</b>		K-30	135	00:00:38	00:01:22	00:16:48	00:33:11	<b>00:35:12.15</b>	<b>00:35:50.75</b>	+00:19:29 (55.4%)	7:02	8.5 (44.5%)
1200	<b>CZERNIAK Beata</b>	<b>1168</b>		K-50	25	00:00:51	00:01:24	00:16:53	00:33:20	<b>00:35:12.30</b>	<b>00:36:04.15</b>	+00:19:29 (55.4%)	7:02	8.5 (44.5%)
1201	<b>WITUCKA Joanna</b>	<b>1464</b>		K-40	113	00:01:15	00:01:21	00:16:33	00:33:22	<b>00:35:12.35</b>	<b>00:36:27.95</b>	+00:19:29 (55.4%)	7:02	8.5 (44.5%)
1202	<b>RÓŻOWICZ Roman</b>	<b>1404</b>		M-60+	32	00:01:29	00:01:19	00:17:20	00:33:28	<b>00:35:24.20</b>	<b>00:36:53.40</b>	+00:19:41 (55.6%)	7:04	8.5 (44.5%)
1203	<b>MURAWKA Łukasz</b>	<b>538</b>		M-40	246	00:01:18	00:01:16	00:16:36	00:33:18	<b>00:35:26.25</b>	<b>00:36:44.85</b>	+00:19:43 (55.7%)	7:05	8.5 (44.5%)
1204	<b>KOWALSKA Weronika</b>	<b>1220</b>	ZAWODY WYCIĄGANIA CZEGOŚ Z WODY	K-20	76	00:01:27	00:01:19	00:16:51	00:33:19	<b>00:35:28.80</b>	<b>00:36:56.50</b>	+00:19:46 (55.7%)	7:05	8.5 (44.5%)
1205	<b>PREDER Bartosz</b>	<b>299</b>		M-40	247	00:01:05	00:01:21	00:16:58	00:33:22	<b>00:35:31.60</b>	<b>00:36:37.40</b>	+00:19:48 (55.8%)	7:06	8.4 (44.0%)
1206	<b>KWAŚNIEWSKA Justyna</b>	<b>876</b>		K-20	77	00:00:58	00:01:17	00:17:08	00:33:33	<b>00:35:32.40</b>	<b>00:36:31.05</b>	+00:19:49 (55.8%)	7:06	8.4 (44.0%)
1207	<b>ALEXANDER Magdalena</b>	<b>643</b>		K-30	136	00:00:22	00:01:07	00:16:49	00:33:41	<b>00:35:34.40</b>	<b>00:35:57.20</b>	+00:19:51 (55.8%)	7:06	8.4 (44.0%)
1207	<b>KOLCZYŃSKI Dawid</b>	<b>460</b>		M-20	100	00:01:37	00:01:14	00:16:56	00:33:55	<b>00:35:34.40</b>	<b>00:37:11.60</b>	+00:19:51 (55.8%)	7:06	8.4 (44.0%)
1209	<b>KALACZYŃSKI Grzegorz</b>	<b>948</b>		M-50	98	00:01:18	00:01:27	00:17:29	00:33:33	<b>00:35:34.45</b>	<b>00:36:52.80</b>	+00:19:51 (55.8%)	7:06	8.4 (44.0%)
1210	<b>KURZAJ Beata</b>	<b>277</b>		K-50	26	00:00:27	00:01:14	00:17:12	00:33:44	<b>00:35:39.45</b>	<b>00:36:06.50</b>	+00:19:56 (55.9%)	7:07	8.4 (44.0%)
1211	<b>BUZALSKA Agnieszka</b>	<b>1096</b>		K-50	27	00:01:26	00:01:23	00:17:28	00:33:45	<b>00:35:40.85</b>	<b>00:37:07.45</b>	+00:19:58 (56.0%)	7:08	8.4 (44.0%)
1212	<b>NAWROCKA Małgorzata</b>	<b>895</b>		K-40	114	00:00:40	00:01:20	00:17:02	00:33:37	<b>00:35:41.35</b>	<b>00:36:21.65</b>	+00:19:58 (56.0%)	7:08	8.4 (44.0%)
1213	<b>ORDON Martyna</b>	<b>1066</b>		K-10	27	00:01:23	00:01:17	00:16:38	00:33:53	<b>00:35:43.35</b>	<b>00:37:06.75</b>	+00:20:00 (56.0%)	7:08	8.4 (44.0%)
1214	<b>ORDON Jakub</b>	<b>1065</b>	BTW BYDGOSZCZ	M-10	93	00:01:22	00:01:16	00:16:38	00:33:54	<b>00:35:43.80</b>	<b>00:37:06.60</b>	+00:20:01 (56.0%)	7:08	8.4 (44.0%)
1215	<b>KALLAS-LIPSKA Anetta</b>	<b>1461</b>		K-40	115	00:01:30	00:01:20	00:16:59	00:33:53	<b>00:35:44.55</b>	<b>00:37:14.85</b>	+00:20:01 (56.0%)	7:08	8.4 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1216	WÓJCIK Anna	180		K-40	116	00:00:10	00:01:17	00:17:31	00:33:58	00:35:46.40	00:35:57.30	+00:20:03 (56.1%)	7:09	8.4 (44.0%)
1217	SPRENGEL Agnieszka	451		K-40	117	00:01:11	00:01:22	00:16:41	00:33:44	00:35:47.30	00:36:58.30	+00:20:04 (56.1%)	7:09	8.4 (44.0%)
1218	GRYSZÓWKA Angelika	1388		K-20	78	00:01:25	00:01:19	00:17:02	00:33:50	00:35:51.10	00:37:16.40	+00:20:08 (56.2%)	7:10	8.4 (44.0%)
1219	MANDRA Wojciech	1248		M-30	252	00:01:25	00:01:18	00:17:02	00:33:48	00:35:51.65	00:37:17.45	+00:20:08 (56.2%)	7:10	8.4 (44.0%)
1220	RESZELA Aleksandra	609		K-30	137	00:01:24	00:01:23	00:17:44	00:33:55	00:35:52.65	00:37:16.80	+00:20:09 (56.2%)	7:10	8.4 (44.0%)
1221	BARAŃCZAK Weronika	156		K-30	138	00:01:07	00:01:26	00:18:02	00:34:15	00:35:56.30	00:37:04.10	+00:20:13 (56.3%)	7:11	8.3 (43.5%)
1222	RAJS Arkadiusz	1291		M-50	99	00:01:18	00:01:22	00:17:27	00:33:59	00:35:57.50	00:37:15.80	+00:20:14 (56.3%)	7:11	8.3 (43.5%)
1223	ROMANEK Anna	962		K-30	139	00:00:56	00:01:25	00:17:47	00:34:02	00:36:03.30	00:36:59.60	+00:20:20 (56.4%)	7:12	8.3 (43.5%)
1224	CHOLEWCZYŃSKA Dorota	1127	KSN ŁUCZNICZKA BYDGOSZCZ	K-50	28	00:01:05	00:01:32	00:17:49	00:34:00	00:36:03.50	00:37:08.70	+00:20:20 (56.4%)	7:12	8.3 (43.5%)
1225	CHMURZYŃSKA Ewa	1133	KSN ŁUCZNICZKA BYDGOSZCZ	K-50	29	00:01:05	00:01:32	00:17:49	00:34:00	00:36:03.80	00:37:08.90	+00:20:21 (56.4%)	7:12	8.3 (43.5%)
1226	MARCHLEWICZ Artur	1272		M-30	253	00:00:29	00:01:04	00:16:58	00:34:10	00:36:06.10	00:36:35.25	+00:20:23 (56.5%)	7:13	8.3 (43.5%)
1227	LIPSKI Krzysztof	1460		M-40	248	00:01:30	00:01:21	00:16:59	00:33:53	00:36:06.50	00:37:36.70	+00:20:23 (56.5%)	7:13	8.3 (43.5%)
1228	MADAJEWSKA Gosia	866	BRAK	K-40	118	00:00:52	00:01:11	00:16:20	00:34:15	00:36:07.60	00:36:59.60	+00:20:24 (56.5%)	7:13	8.3 (43.5%)
1229	MADAJEWSKA Martynka	872	BRAK	K-10	28	00:00:51	00:01:12	00:16:21	00:34:16	00:36:09.05	00:37:00.35	+00:20:26 (56.5%)	7:13	8.3 (43.5%)
1230	DOLATA Aneta	937		K-40	119	00:01:27	00:01:20	00:16:47	00:34:11	00:36:10.20	00:37:37.30	+00:20:27 (56.6%)	7:14	8.3 (43.5%)
1231	DOLATA Martyna	936		K-10	29	00:01:26	00:01:20	00:16:48	00:34:11	00:36:10.45	00:37:37.15	+00:20:27 (56.6%)	7:14	8.3 (43.5%)
1232	GUTKOWSKI Marek	1115	FREE RUN JUST FOR FUN	M-40	249	00:01:42	00:01:29	00:17:47	00:34:28	00:36:12.80	00:37:55.30	+00:20:30 (56.6%)	7:14	8.3 (43.5%)
1233	BURY Tomasz	377		M-30	254	00:00:19	00:01:15	00:17:18	00:34:13	00:36:13.60	00:36:32.90	+00:20:30 (56.6%)	7:14	8.3 (43.5%)
1234	WISNIEWSKA Malgorzata	238		K-50	30	00:00:22	00:01:13	00:17:19	00:34:17	00:36:13.65	00:36:35.75	+00:20:30 (56.6%)	7:14	8.3 (43.5%)
1235	MACHTEL Izabela	379		K-30	140	00:00:19	00:01:14	00:17:19	00:34:13	00:36:14.00	00:36:33.30	+00:20:31 (56.6%)	7:14	8.3 (43.5%)
1236	RASSALSKA-KAUSA Jola	512		K-40	120	00:01:09	00:01:27	00:17:49	00:34:19	00:36:15.95	00:37:25.55	+00:20:33 (56.7%)	7:15	8.3 (43.5%)
1237	KUBERSKA Roma	1480		K-40	121	00:01:09	00:01:27	00:17:49	00:34:19	00:36:16.10	00:37:25.35	+00:20:33 (56.7%)	7:15	8.3 (43.5%)
1238	MALCZEWSKA Mirka	159	FORDONRUNNERS	K-60+	8	00:01:09	00:01:27	00:17:48	00:34:19	00:36:16.30	00:37:25.50	+00:20:33 (56.7%)	7:15	8.3 (43.5%)
1239	HETEL Beata	1465		K-30	141	00:00:31	00:01:23	00:17:41	00:34:14	00:36:16.40	00:36:47.45	+00:20:33 (56.7%)	7:15	8.3 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1240	<b>LEMAŃSKA Magdalena</b>	<b>1283</b>		K-40	122	00:00:37	00:01:23	00:17:45	00:34:15	<b>00:36:16.95</b>	<b>00:36:54.10</b>	+00:20:34 (56.7%)	7:15	8.3 (43.5%)
1241	<b>SZYMAŃSKA Maria</b>	<b>666</b>		K-20	79	00:01:30	00:01:19	00:17:59	00:34:39	<b>00:36:24.45</b>	<b>00:37:55.40</b>	+00:20:41 (56.8%)	7:16	8.2 (42.9%)
1242	<b>KWINTA Anika</b>	<b>1373</b>	NITROCHEM	K-30	142	00:00:33	00:01:16	00:17:16	00:34:26	<b>00:36:29.00</b>	<b>00:37:02.10</b>	+00:20:46 (56.9%)	7:17	8.2 (42.9%)
1243	<b>BARAŃCZAK Paweł</b>	<b>160</b>		M-30	255	00:01:10	00:01:23	00:17:59	00:34:32	<b>00:36:30.05</b>	<b>00:37:40.80</b>	+00:20:47 (57.0%)	7:18	8.2 (42.9%)
1244	<b>MAKA Beata</b>	<b>1374</b>	NITROCHEM	K-40	123	00:00:31	00:01:18	00:17:17	00:34:28	<b>00:36:31.15</b>	<b>00:37:02.60</b>	+00:20:48 (57.0%)	7:18	8.2 (42.9%)
1245	<b>JAROSZEWSKI Filip</b>	<b>1421</b>		M-10	94	00:00:16	00:01:11	00:17:25	00:34:47	<b>00:36:33.65</b>	<b>00:36:50.15</b>	+00:20:50 (57.0%)	7:18	8.2 (42.9%)
1246	<b>BINDER Sebastian</b>	<b>353</b>		M-30	256	00:00:57	00:01:14	00:16:30	00:34:14	<b>00:36:39.20</b>	<b>00:37:36.50</b>	+00:20:56 (57.1%)	7:19	8.2 (42.9%)
1247	<b>WILANDT-SOBKO Marta</b>	<b>66</b>		K-30	143	00:01:16	00:01:29	00:17:47	00:34:35	<b>00:36:42.00</b>	<b>00:37:58.65</b>	+00:20:59 (57.2%)	7:20	8.2 (42.9%)
1248	<b>JAROSZEWSKA Ewelina</b>	<b>1407</b>		K-40	124	00:00:16	00:01:11	00:17:25	00:34:47	<b>00:36:46.70</b>	<b>00:37:03.65</b>	+00:21:03 (57.3%)	7:21	8.2 (42.9%)
1249	<b>KUTOWSKI Janusz</b>	<b>310</b>	BYDGOSZCZ	M-50	100	00:00:45	00:01:18	00:17:25	00:34:34	<b>00:36:47.75</b>	<b>00:37:33.55</b>	+00:21:04 (57.3%)	7:21	8.2 (42.9%)
1250	<b>CIESIELSKA Daria</b>	<b>811</b>		K-20	80	00:00:15	00:01:01	00:17:05	00:34:50	<b>00:36:49.60</b>	<b>00:37:04.90</b>	+00:21:06 (57.3%)	7:21	8.1 (42.4%)
1251	<b>SUCHOCKI Kamil</b>	<b>1444</b>		M-30	257	00:01:09	00:01:23	00:17:23	00:35:17	<b>00:37:02.05</b>	<b>00:38:11.90</b>	+00:21:19 (57.6%)	7:24	8.1 (42.4%)
1252	<b>OLSZEWSKI Mikołaj</b>	<b>1073</b>		M-30	258	00:01:39	00:01:17	00:16:12	00:35:20	<b>00:37:03.15</b>	<b>00:38:42.45</b>	+00:21:20 (57.6%)	7:24	8.1 (42.4%)
1253	<b>ŻARNOWSKA Joanna</b>	<b>1368</b>	NITROCHEM	K-30	144	00:00:00				<b>00:37:03.80</b>	<b>00:37:03.80</b>	+00:21:21 (57.6%)	7:24	8.1 (42.4%)
1254	<b>ANTCZAK Natalia</b>	<b>283</b>		K-30	145	00:01:15	00:01:24	00:18:29	00:35:40	<b>00:37:04.70</b>	<b>00:38:20.30</b>	+00:21:21 (57.6%)	7:24	8.1 (42.4%)
1255	<b>GOŁĘBIEWSKI Paweł</b>	<b>280</b>		M-40	250	00:01:15	00:01:25	00:18:29	00:35:40	<b>00:37:05.20</b>	<b>00:38:20.85</b>	+00:21:22 (57.6%)	7:25	8.1 (42.4%)
1256	<b>MICHNA Paweł</b>	<b>1121</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-40	251	00:00:44	00:01:26	00:17:52	00:35:26	<b>00:37:16.85</b>	<b>00:38:01.55</b>	+00:21:34 (57.9%)	7:27	8.1 (42.4%)
1257	<b>WOLNIKOWSKA Monika</b>	<b>1122</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-40	125	00:00:45	00:01:25	00:17:51	00:35:26	<b>00:37:17.00</b>	<b>00:38:02.05</b>	+00:21:34 (57.9%)	7:27	8 (41.9%)
1258	<b>PERZ Daniel</b>	<b>1455</b>		M-30	259	00:01:09	00:01:22	00:17:21	00:35:17	<b>00:37:17.55</b>	<b>00:38:27.35</b>	+00:21:34 (57.9%)	7:27	8 (41.9%)
1259	<b>GRZYBOWSKA Katarzyna</b>	<b>604</b>	FC PONAŁEWCE	K-40	126	00:00:27	00:01:17	00:17:31	00:35:22	<b>00:37:18.55</b>	<b>00:37:46.20</b>	+00:21:35 (57.9%)	7:27	8 (41.9%)
1260	<b>RYDZKOWSKA Nicola</b>	<b>329</b>		K-20	81	00:00:46	00:01:32	00:18:39	00:35:25	<b>00:37:18.75</b>	<b>00:38:05.45</b>	+00:21:35 (57.9%)	7:27	8 (41.9%)
1261	<b>CZEPULONIS Karol</b>	<b>324</b>		M-20	101	00:01:28	00:01:17	00:17:09	00:35:31	<b>00:37:19.20</b>	<b>00:38:47.70</b>	+00:21:36 (57.9%)	7:27	8 (41.9%)
1262	<b>RYDZKOWSKA Dorota</b>	<b>330</b>		K-40	127	00:00:46	00:01:32	00:18:39	00:35:26	<b>00:37:19.35</b>	<b>00:38:05.70</b>	+00:21:36 (57.9%)	7:27	8 (41.9%)
1263	<b>CIĄRZYŃSKA Weronika</b>	<b>1058</b>		K-20	82	00:00:34	00:01:04	00:17:15	00:35:31	<b>00:37:28.65</b>	<b>00:38:03.55</b>	+00:21:45 (58.1%)	7:29	8 (41.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1264	<b>ZAKRZEWSKA Marta</b>	<b>213</b>		K-20	83	00:00:55	00:01:25	00:17:55	00:35:35	<b>00:37:33.60</b>	<b>00:38:29.10</b>	+00:21:50 (58.2%)	7:30	8 (41.9%)
1265	<b>ORZECHOWSKI Bartosz</b>	<b>1367</b>	NITROCHEM	M-20	102	00:00:37	00:01:21	00:17:27	00:35:32	<b>00:37:36.70</b>	<b>00:38:14.65</b>	+00:21:53 (58.2%)	7:31	8 (41.9%)
1266	<b>KACZMAREK Marta</b>	<b>506</b>		K-30	146	00:01:29	00:01:27	00:19:03	00:35:58	<b>00:37:37.75</b>	<b>00:39:07.10</b>	+00:21:54 (58.2%)	7:31	8 (41.9%)
1267	<b>KOSNOWICZ Maks</b>	<b>753</b>		M-10	95	00:01:21	00:01:21	00:18:29	00:35:58	<b>00:37:47.80</b>	<b>00:39:09.15</b>	+00:22:05 (58.4%)	7:33	7.9 (41.4%)
1268	<b>GLAZIK Dorota</b>	<b>369</b>		K-40	128	00:00:15	00:01:25	00:19:12	00:36:06	<b>00:38:01.35</b>	<b>00:38:16.75</b>	+00:22:18 (58.7%)	7:36	7.9 (41.4%)
1269	<b>BUKOWSKI Tomasz</b>	<b>1294</b>	OLUCHA RUN	M-30	260	00:01:05	00:01:21	00:18:10	00:36:05	<b>00:38:01.75</b>	<b>00:39:07.05</b>	+00:22:18 (58.7%)	7:36	7.9 (41.4%)
1270	<b>WINSKI Adrian</b>	<b>1295</b>		M-30	261	00:01:05	00:01:21	00:18:11	00:36:04	<b>00:38:02.40</b>	<b>00:39:08.10</b>	+00:22:19 (58.7%)	7:36	7.9 (41.4%)
1271	<b>RAK Justyna</b>	<b>591</b>		K-20	84	00:00:53	00:01:25	00:17:58	00:36:05	<b>00:38:02.95</b>	<b>00:38:56.75</b>	+00:22:20 (58.7%)	7:36	7.9 (41.4%)
1272	<b>RAK Tomasz</b>	<b>1178</b>		M-30	262	00:00:54	00:01:26	00:17:58	00:36:04	<b>00:38:03.00</b>	<b>00:38:57.10</b>	+00:22:20 (58.7%)	7:36	7.9 (41.4%)
1273	<b>OZOG Laura</b>	<b>1258</b>		K-20	85	00:01:18	00:01:22	00:17:28	00:36:46	<b>00:38:12.45</b>	<b>00:39:30.80</b>	+00:22:29 (58.9%)	7:38	7.9 (41.4%)
1274	<b>OŻÓG Jarosław</b>	<b>1222</b>		M-50	101	00:01:18	00:01:22	00:17:27	00:36:47	<b>00:38:13.75</b>	<b>00:39:32.30</b>	+00:22:30 (58.9%)	7:38	7.8 (40.8%)
1275	<b>STĘPCZYŃSKI Jacek</b>	<b>448</b>		M-40	252	00:01:16	00:01:23	00:19:01	00:36:20	<b>00:38:18.20</b>	<b>00:39:35.10</b>	+00:22:35 (59.0%)	7:39	7.8 (40.8%)
1276	<b>BAUM Maja</b>	<b>387</b>		K-10	30	00:00:11	00:01:13	00:17:41	00:36:47	<b>00:38:20.05</b>	<b>00:38:31.80</b>	+00:22:37 (59.0%)	7:40	7.8 (40.8%)
1277	<b>SKOWROŃSKA Kinga</b>	<b>541</b>		K-20	86	00:00:20	00:01:15	00:18:38	00:36:25	<b>00:38:21.15</b>	<b>00:38:41.45</b>	+00:22:38 (59.0%)	7:40	7.8 (40.8%)
1278	<b>SUMIŃSKA Karolina</b>	<b>60</b>		K-30	147	00:00:48	00:01:28	00:19:00	00:36:32	<b>00:38:21.35</b>	<b>00:39:09.95</b>	+00:22:38 (59.0%)	7:40	7.8 (40.8%)
1279	<b>BUTOWSKI Michał</b>	<b>953</b>		M-50	102	00:00:49	00:01:27	00:18:59	00:36:32	<b>00:38:21.80</b>	<b>00:39:11.00</b>	+00:22:39 (59.0%)	7:40	7.8 (40.8%)
1280	<b>ROMMEL Bartosz</b>	<b>320</b>		M-20	103	00:01:09	00:01:27	00:18:44	00:36:26	<b>00:38:29.55</b>	<b>00:39:38.75</b>	+00:22:46 (59.2%)	7:41	7.8 (40.8%)
1281	<b>HASS Adam</b>	<b>906</b>		M-40	253	00:01:06	00:01:22	00:18:17	00:36:56	<b>00:38:34.25</b>	<b>00:39:41.15</b>	+00:22:51 (59.3%)	7:42	7.8 (40.8%)
1282	<b>HASS Paweł</b>	<b>907</b>		M-10	96	00:01:07	00:01:23	00:18:17	00:36:56	<b>00:38:35.45</b>	<b>00:39:42.55</b>	+00:22:52 (59.3%)	7:43	7.8 (40.8%)
1283	<b>KUŁAK Anna</b>	<b>123</b>		K-30	148	00:00:12	00:01:13	00:17:41	00:36:47	<b>00:38:39.75</b>	<b>00:38:51.80</b>	+00:22:56 (59.4%)	7:43	7.8 (40.8%)
1284	<b>BIAŁEK Anna</b>	<b>367</b>	BIEGAJ Z DĘBAMI	K-40	129	00:00:34	00:01:30	00:19:08	00:36:34	<b>00:38:39.95</b>	<b>00:39:14.40</b>	+00:22:57 (59.4%)	7:43	7.8 (40.8%)
1285	<b>BIAŁEK Łukasz</b>	<b>915</b>	BIEGAJ Z DĘBAMI	M-40	254	00:00:33	00:01:31	00:19:09	00:36:34	<b>00:38:40.75</b>	<b>00:39:14.60</b>	+00:22:57 (59.4%)	7:44	7.8 (40.8%)
1286	<b>SURMACZ Agata</b>	<b>230</b>		K-40	130	00:01:19	00:01:24	00:18:50	00:36:34	<b>00:38:42.80</b>	<b>00:40:02.10</b>	+00:23:00 (59.4%)	7:44	7.8 (40.8%)
1287	<b>WOLAN Krzysztof</b>	<b>198</b>		M-40	255	00:01:10	00:01:27	00:19:12	00:36:55	<b>00:38:45.05</b>	<b>00:39:55.45</b>	+00:23:02 (59.5%)	7:45	7.7 (40.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1288	KOPACKI Mariusz	1383	NITROCHEM	M-40	256	00:01:00	00:01:12	00:18:02	00:36:40	00:38:47.60	00:39:47.85	+00:23:04 (59.5%)	7:45	7.7 (40.3%)
1289	HEYMANN Maria	1397		K-50	31	00:00:44	00:01:21	00:18:33	00:36:38	00:38:48.10	00:39:32.90	+00:23:05 (59.5%)	7:45	7.7 (40.3%)
1290	STAWSKA Joanna	501		K-40	131	00:01:19	00:01:19	00:18:21	00:36:42	00:38:48.45	00:40:08.40	+00:23:05 (59.5%)	7:45	7.7 (40.3%)
1291	RADTKE Joanna	1170		K-40	132	00:00:53	00:01:23	00:18:08	00:36:31	00:38:50.65	00:39:43.65	+00:23:07 (59.5%)	7:46	7.7 (40.3%)
1292	ZIĘTARA Łukasz	418		M-30	263	00:01:31	00:01:22	00:17:42	00:36:42	00:38:52.75	00:40:23.95	+00:23:09 (59.6%)	7:46	7.7 (40.3%)
1293	KOSNOWICZ Alicja	752		K-10	31	00:01:21	00:01:20	00:18:25	00:36:45	00:38:53.45	00:40:14.65	+00:23:10 (59.6%)	7:46	7.7 (40.3%)
1294	KOSNOWICZ Krzysztof	749		M-40	257	00:01:20	00:01:21	00:18:26	00:36:46	00:38:54.40	00:40:15.20	+00:23:11 (59.6%)	7:46	7.7 (40.3%)
1295	BARCZYŃSKA Marta	1069		K-30	149	00:00:31	00:01:23	00:18:17	00:36:39	00:38:55.15	00:39:26.20	+00:23:12 (59.6%)	7:47	7.7 (40.3%)
1296	GROCHAL Zuzanna	854	KS SZOSA ŻNIN	K-10	32	00:01:12	00:01:22	00:18:10	00:37:02	00:38:59.70	00:40:11.85	+00:23:16 (59.7%)	7:47	7.7 (40.3%)
1297	GAPINSKA Dorota	977		K-30	150	00:01:19	00:01:28	00:19:11	00:36:59	00:39:06.75	00:40:26.60	+00:23:23 (59.8%)	7:49	7.7 (40.3%)
1298	GAPIŃSKI Jerzy	457		M-70+	5	00:01:19	00:01:28	00:19:10	00:36:59	00:39:06.85	00:40:26.55	+00:23:24 (59.8%)	7:49	7.7 (40.3%)
1299	CZUBEK Teresa	891		K-30	151	00:01:33	00:01:18	00:19:07	00:37:16	00:39:15.45	00:40:49.00	+00:23:32 (60.0%)	7:51	7.6 (39.8%)
1300	KACZMAREK Dominika	507		K-30	152	00:01:29	00:01:27	00:19:10	00:37:20	00:39:21.50	00:40:51.00	+00:23:38 (60.1%)	7:52	7.6 (39.8%)
1301	WESOŁOWSKI Aleksander	1428		M-10	97	00:01:15	00:01:27	00:19:04	00:37:06	00:39:22.25	00:40:37.25	+00:23:39 (60.1%)	7:52	7.6 (39.8%)
1302	WESOŁOWSKI Paweł	1436		M-40	258	00:01:15	00:01:27	00:19:04	00:37:06	00:39:22.70	00:40:37.75	+00:23:39 (60.1%)	7:52	7.6 (39.8%)
1303	NOWAKOWSKA-SZWAJCA Anna	271		K-50	32	00:00:42	00:01:30	00:18:49	00:37:10	00:39:33.20	00:40:15.20	+00:23:50 (60.3%)	7:54	7.6 (39.8%)
1304	PIJAROWSKI Piotr	1452		M-40	259	00:01:23	00:01:21	00:18:47	00:37:39	00:39:37.85	00:41:01.10	+00:23:55 (60.4%)	7:55	7.6 (39.8%)
1305	PIJAROWSKA Emilia	1453		K-10	33	00:01:23	00:01:20	00:18:46	00:37:39	00:39:38.40	00:41:01.95	+00:23:55 (60.4%)	7:55	7.6 (39.8%)
1306	PIERZGALSKI Jarek	326	ZAMULONE OSTRYGI	M-50	103	00:00:11	00:01:16	00:18:48	00:37:33	00:39:44.45	00:39:56.10	+00:24:01 (60.5%)	7:56	7.6 (39.8%)
1307	PIERZGALSKA Anita	322	ZAMULONE OSTRYGI	K-40	133	00:00:10	00:01:17	00:18:49	00:37:34	00:39:44.85	00:39:55.65	+00:24:02 (60.5%)	7:56	7.6 (39.8%)
1308	DONIECKA Dorota	1271	NIEPODLEGŁE BLONDYNKI	K-40	134	00:00:30	00:01:23	00:19:29	00:38:33	00:41:07.80	00:41:38.20	+00:25:25 (61.8%)	8:13	7.3 (38.2%)
1309	DONIECKA Edyta	1270	NIEPODLEGŁE BLONDYNKI	K-40	135	00:00:28	00:01:21	00:19:28	00:38:34	00:41:08.05	00:41:36.95	+00:25:25 (61.8%)	8:13	7.3 (38.2%)
1310	NOWAK Marysia	1302		K-20	87	00:01:34	00:01:32	00:20:46	00:39:24	00:41:18.10	00:42:52.65	+00:25:35 (62.0%)	8:15	7.3 (38.2%)
1311	SERLIKOWSKA Agnieszka	1263		K-30	153	00:00:45	00:01:25	00:20:00	00:39:16	00:41:40.40	00:42:25.60	+00:25:57 (62.3%)	8:20	7.2 (37.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1312	<b>OLECHNOWICZ Aneta</b>	<b>1477</b>	PLASTYK	K-10	34	00:00:21	00:01:06	00:21:01	00:39:37	<b>00:41:45.85</b>	<b>00:42:07.10</b>	+00:26:03 (62.4%)	8:21	7.2 (37.7%)
1313	<b>KOWALSKA Karolina</b>	<b>1197</b>		K-20	88	00:00:46	00:01:16	00:19:28	00:39:22	<b>00:41:54.45</b>	<b>00:42:41.10</b>	+00:26:11 (62.5%)	8:22	7.2 (37.7%)
1314	<b>KOWALSKA Irena</b>	<b>1198</b>		K-60+	9	00:00:47	00:01:16	00:19:28	00:39:22	<b>00:41:55.45</b>	<b>00:42:42.70</b>	+00:26:12 (62.5%)	8:23	7.2 (37.7%)
1315	<b>JANKOWSKA Katarzyna</b>	<b>47</b>	BIEGAJ Z DĘBAMI	K-50	33	00:01:17	00:01:27	00:19:41	00:39:37	<b>00:42:04.15</b>	<b>00:43:21.45</b>	+00:26:21 (62.6%)	8:24	7.1 (37.2%)
1316	<b>RATAJCZAK Aurelia</b>	<b>308</b>		K-40	136	00:00:54	00:01:14	00:19:33	00:39:55	<b>00:42:04.60</b>	<b>00:42:59.10</b>	+00:26:21 (62.7%)	8:24	7.1 (37.2%)
1317	<b>JANKOWSKI Tomasz</b>	<b>45</b>	BIEGAJ Z DĘBAMI	M-50	104	00:01:17	00:01:28	00:19:41	00:39:38	<b>00:42:04.70</b>	<b>00:43:21.75</b>	+00:26:21 (62.7%)	8:24	7.1 (37.2%)
1318	<b>GORGOL Renata</b>	<b>165</b>	LP500	K-40	137	00:00:54	00:01:14	00:19:34	00:39:57	<b>00:42:05.75</b>	<b>00:42:59.80</b>	+00:26:22 (62.7%)	8:25	7.1 (37.2%)
1319	<b>ZŁOTOWSKA Weronika</b>	<b>1304</b>		K-20	89	00:01:34	00:01:32	00:20:46	00:40:12	<b>00:42:26.90</b>	<b>00:44:01.05</b>	+00:26:44 (63.0%)	8:29	7.1 (37.2%)
1320	<b>SIEMIĄTKOWSKA Aleksandra</b>	<b>1494</b>		K-20	90	00:00:53	00:01:23	00:19:50	00:39:57	<b>00:42:29.70</b>	<b>00:43:23.00</b>	+00:26:46 (63.0%)	8:29	7.1 (37.2%)
1321	<b>ANTCZAK Olimpia</b>	<b>1034</b>	OLIMPIJSKIE ANTKI	K-10	35	00:00:21	00:01:16	00:19:51	00:41:04	<b>00:42:50.65</b>	<b>00:43:12.40</b>	+00:27:07 (63.3%)	8:34	7 (36.6%)
1322	<b>ANTCZAK Krzysztof</b>	<b>1033</b>	OLIMPIJSKIE ANTKI	M-40	260	00:00:22	00:01:16	00:19:51	00:41:04	<b>00:42:51.15</b>	<b>00:43:13.55</b>	+00:27:08 (63.3%)	8:34	7 (36.6%)
1323	<b>ŚLIWIŃSKI Piotr</b>	<b>1136</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-50	105	00:01:26	00:01:52	00:20:11	00:40:20	<b>00:42:51.85</b>	<b>00:44:18.55</b>	+00:27:09 (63.3%)	8:34	7 (36.6%)
1324	<b>MACHNIKOWSKI Rafał</b>	<b>1128</b>	KSN ŁUCZNICZKA BYDGOSZCZ	M-40	261	00:01:26	00:02:02			<b>00:42:52.10</b>	<b>00:44:18.70</b>	+00:27:09 (63.3%)	8:34	7 (36.6%)
1325	<b>NASTAŁA Julia</b>	<b>349</b>		K-20	91	00:01:07	00:01:27	00:21:07	00:40:42	<b>00:43:05.20</b>	<b>00:44:12.70</b>	+00:27:22 (63.5%)	8:37	7 (36.6%)
1326	<b>MIKULSKA Małgorzata</b>	<b>269</b>		K-50	34	00:00:19	00:01:15	00:20:16	00:40:44	<b>00:43:14.90</b>	<b>00:43:34.40</b>	+00:27:32 (63.7%)	8:38	6.9 (36.1%)
1327	<b>JAGODZIŃSKI Karol</b>	<b>1019</b>		M-50	106	00:01:21	00:01:40	00:20:12	00:41:46	<b>00:43:31.75</b>	<b>00:44:53.55</b>	+00:27:48 (63.9%)	8:42	6.9 (36.1%)
1328	<b>SIKORSKA Joanna</b>	<b>600</b>		K-40	138	00:01:16	00:01:30	00:21:10	00:41:48	<b>00:44:05.10</b>	<b>00:45:21.60</b>	+00:28:22 (64.4%)	8:49	6.8 (35.6%)
1329	<b>DRYLL Monika</b>	<b>957</b>	BTW BYDGOSZCZ	K-10	36	00:01:25	00:01:25	00:20:50	00:42:14	<b>00:44:18.65</b>	<b>00:45:43.85</b>	+00:28:35 (64.5%)	8:51	6.8 (35.6%)
1330	<b>DRYLL Joanna</b>	<b>956</b>		K-40	139	00:01:24	00:01:26	00:20:50	00:42:15	<b>00:44:30.20</b>	<b>00:45:54.70</b>	+00:28:47 (64.7%)	8:54	6.7 (35.1%)
1331	<b>KONDEK Jakub</b>	<b>1153</b>		M-40	262	00:01:48	00:01:21	00:20:06	00:42:08	<b>00:44:31.75</b>	<b>00:46:20.15</b>	+00:28:48 (64.7%)	8:54	6.7 (35.1%)
1332	<b>BURETA Henryk</b>	<b>1267</b>		M-50	107	00:00:27	00:01:18	00:21:25	00:42:17	<b>00:44:55.25</b>	<b>00:45:22.75</b>	+00:29:12 (65.0%)	8:59	6.7 (35.1%)
1333	<b>KRUPA Paulina</b>	<b>1141</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-20	92	00:00:40	00:01:32	00:22:25	00:43:04	<b>00:45:19.55</b>	<b>00:45:59.55</b>	+00:29:36 (65.3%)	9:03	6.6 (34.6%)
1334	<b>JENDRZEJEWSKI Ryszard</b>	<b>491</b>		M-60+	33	00:00:53	00:01:13	00:21:24	00:42:50	<b>00:45:30.65</b>	<b>00:46:24.55</b>	+00:29:47 (65.5%)	9:06	6.6 (34.6%)
1335	<b>ŚWIĄTEK Katarzyna</b>	<b>1130</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-20	93	00:00:39	00:01:31	00:22:26	00:43:04	<b>00:45:41.35</b>	<b>00:46:21.10</b>	+00:29:58 (65.6%)	9:08	6.6 (34.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	0.2km	2.5km	4.6km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1336	<b>MYLER Georgina</b>	<b>1142</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K-30	154	00:00:39	00:01:31	00:22:26	00:43:04	<b>00:45:41.40</b>	<b>00:46:20.80</b>	+00:29:58 (65.6%)	9:08	6.6 (34.6%)
1337	<b>ZALIŃSKA Agnieszka</b>	<b>540</b>		K-30	155	00:00:20	00:01:48	00:22:07	00:43:16	<b>00:45:42.25</b>	<b>00:46:03.10</b>	+00:29:59 (65.6%)	9:08	6.6 (34.6%)
1338	<b>SCHMIDT Małgorzata</b>	<b>1205</b>	BB ACTIVE TEAM	K-60+	10	00:00:13	00:01:19		00:44:54	<b>00:47:59.05</b>	<b>00:48:12.40</b>	+00:32:16 (67.3%)	9:35	6.3 (33.0%)
1339	<b>SZELIGA Paulina</b>	<b>1255</b>		K-30	156	00:00:11	00:01:09	00:20:06	00:44:54	<b>00:47:59.40</b>	<b>00:48:11.10</b>	+00:32:16 (67.3%)	9:35	6.3 (33.0%)
1340	<b>WEDDZEL Anna</b>	<b>1256</b>		K-30	157	00:00:00	00:01:21	00:20:17	00:45:05	<b>00:48:11.50</b>	<b>00:48:11.50</b>	+00:32:28 (67.4%)	9:38	6.2 (32.5%)
1341	<b>RUTKOWSKA Ola</b>	<b>1275</b>	NIEPODLEGŁE BLONDYNKI	K-40	140	00:00:29	00:01:24	00:22:11	00:47:34	<b>00:51:30.35</b>	<b>00:52:00.30</b>	+00:35:47 (69.5%)	10:18	5.8 (30.4%)
1342	<b>KOWALCZYK Grzegorz</b>	<b>480</b>		M-30	264	00:00:56		00:13:49	00:41:19			+00:26:28	8:25	7.1 (37.2%)
1343	<b>GROCHOCKI Daniel</b>	<b>782</b>		M-20	104	00:01:02	00:01:19	00:14:54				+00:07:05	5:57	10.1 (52.9%)

Znaleziono 1343 wynik(ów)