



# BYDGOSKI BIEG NIEPODLEGŁOŚCI 2024

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organizator:** Aktywna Bydgoszcz  
**Data:** 2024-11-11  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>BISKUP Marcin</b>	<b>1283</b>	ZAWISZA BYDGOSZCZ SL / 8 KP BOT	M 20-29	1	00:00:02	00:07:46	00:15:02	<b>00:15:17.40</b>	<b>00:15:20.00</b>		3:03	19.6 (100%)
2	<b>RATAJCZYK Przemysław</b>	<b>1212</b>	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	1	00:00:03	00:08:08	00:15:19	<b>00:15:33.75</b>	<b>00:15:37.05</b>	+00:00:16 (1.8%)	3:06	19.3 (98.5%)
3	<b>KOPYCIŃSKI Wojciech</b>	<b>1535</b>		M 20-29	2	00:00:02	00:08:10	00:15:28	<b>00:15:44.30</b>	<b>00:15:46.85</b>	+00:00:26 (2.8%)	3:08	19.1 (97.4%)
4	<b>KOTŁOWSKI Bartosz</b>	<b>1053</b>	LKS OSTROMECKO / KOTLOWSKIRUNTEAM	M 30-39	2	00:00:02	00:08:10	00:15:38	<b>00:15:52.55</b>	<b>00:15:54.95</b>	+00:00:35 (3.7%)	3:10	18.9 (96.4%)
5	<b>RUDNIK Damian</b>	<b>1193</b>	TEAM RUDNIK	M 20-29	3	00:00:02	00:08:11	00:15:41	<b>00:15:56.90</b>	<b>00:15:59.60</b>	+00:00:39 (4.1%)	3:11	18.8 (95.9%)
6	<b>GÓRECKI Kuba</b>	<b>1369</b>	MKL TLEN MOGILNO	M 16-19	1	00:00:02	00:08:09	00:15:45	<b>00:15:59.60</b>	<b>00:16:02.50</b>	+00:00:42 (4.4%)	3:11	18.8 (95.9%)
7	<b>WITKOWSKI Mateusz</b>	<b>1255</b>	WWW.SMACZNAZUPKA.PL	M 30-39	3	00:00:02	00:08:10	00:15:46	<b>00:16:02.30</b>	<b>00:16:04.85</b>	+00:00:44 (4.7%)	3:12	18.7 (95.4%)
8	<b>ZIĘBA Mikołaj</b>	<b>441</b>		M 20-29	4	00:00:02	00:08:11	00:15:54	<b>00:16:10.00</b>	<b>00:16:12.50</b>	+00:00:52 (5.4%)	3:14	18.6 (94.9%)
9	<b>CZARNECKI Przemysław</b>	<b>1520</b>		M 30-39	4	00:00:03	00:08:27	00:16:10	<b>00:16:24.05</b>	<b>00:16:27.70</b>	+00:01:06 (6.8%)	3:16	18.3 (93.4%)
10	<b>JANUSZEWSKI Radosław</b>	<b>1195</b>	TEAM RUDNIK	M 20-29	5	00:00:03	00:08:33	00:16:26	<b>00:16:42.10</b>	<b>00:16:45.90</b>	+00:01:24 (8.5%)	3:20	18 (91.8%)
11	<b>GOŁDYN Sebastian</b>	<b>894</b>	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M 30-39	5	00:00:02	00:08:32	00:16:48	<b>00:17:04.90</b>	<b>00:17:07.55</b>	+00:01:47 (10.5%)	3:24	17.6 (89.8%)
12	<b>NIEMYT Tomasz</b>	<b>1332</b>		M 20-29	6	00:00:08	00:09:00	00:16:54	<b>00:17:07.10</b>	<b>00:17:16.05</b>	+00:01:49 (10.7%)	3:25	17.5 (89.3%)
13	<b>ROGOZINSKI Dawid</b>	<b>1165</b>	TEAMOCHAL	M 30-39	6	00:00:04	00:08:48	00:16:58	<b>00:17:12.10</b>	<b>00:17:17.05</b>	+00:01:54 (11.1%)	3:26	17.4 (88.8%)
14	<b>WADELSKI Maciej</b>	<b>892</b>	1BLOG / TRISPACE	M 30-39	7	00:00:04	00:08:49	00:17:00	<b>00:17:16.70</b>	<b>00:17:21.15</b>	+00:01:59 (11.5%)	3:27	17.4 (88.8%)
15	<b>KOLMAJER Rafał</b>	<b>1171</b>	TEAMOCHAL	M 40-49	1	00:00:03	00:08:51	00:17:04	<b>00:17:18.75</b>	<b>00:17:22.50</b>	+00:02:01 (11.7%)	3:27	17.3 (88.3%)
16	<b>STANISZEWSKI Sławomir</b>	<b>1098</b>	PAŁUKI RUNNING TEAM	M 30-39	8	00:00:02	00:08:44	00:17:05	<b>00:17:19.20</b>	<b>00:17:21.90</b>	+00:02:01 (11.7%)	3:27	17.3 (88.3%)
17	<b>GRABOWSKI Damian</b>	<b>1079</b>	MX WUDZYN	M 20-29	7	00:00:03	00:08:53	00:17:06	<b>00:17:22.20</b>	<b>00:17:25.20</b>	+00:02:04 (12.0%)	3:28	17.3 (88.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
18	<b>CZECHOWSKI Dawid</b>	<b>1442</b>	TM IRONTEAM	M 20-29	8	00:00:03	00:09:07	00:17:17	<b>00:17:33.55</b>	<b>00:17:37.30</b>	+00:02:16 (12.9%)	3:30	17.1 (87.2%)
19	<b>CHOSZCZ Jakub</b>	<b>490</b>		M 20-29	9	00:00:04	00:08:48	00:17:25	<b>00:17:41.75</b>	<b>00:17:46.10</b>	+00:02:24 (13.6%)	3:32	17 (86.7%)
20	<b>KUŁAKOWSKI Krzysztof</b>	<b>1455</b>	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	9	00:00:05	00:09:01	00:17:28	<b>00:17:43.00</b>	<b>00:17:48.35</b>	+00:02:25 (13.7%)	3:32	16.9 (86.2%)
21	<b>BRYŚ Kamil</b>	<b>1141</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 20-29	10	00:00:31	00:09:12	00:17:33	<b>00:17:50.20</b>	<b>00:18:21.65</b>	+00:02:32 (14.3%)	3:34	16.8 (85.7%)
22	<b>GWIAZDOWSKI Dominik</b>	<b>1653</b>		M 16-19	2	00:00:07	00:08:50	00:17:37	<b>00:17:51.15</b>	<b>00:17:58.50</b>	+00:02:33 (14.4%)	3:34	16.8 (85.7%)
23	<b>KWIATKOWSKI Maciej</b>	<b>994</b>	FC NA BOSAKA	M 20-29	11	00:00:04	00:08:59	00:17:42	<b>00:17:56.85</b>	<b>00:18:01.75</b>	+00:02:39 (14.8%)	3:35	16.7 (85.2%)
24	<b>SZATKOWSKI Karol</b>	<b>749</b>		M 30-39	10	00:00:03	00:09:02	00:17:44	<b>00:17:57.65</b>	<b>00:18:00.90</b>	+00:02:40 (14.9%)	3:35	16.7 (85.2%)
25	<b>ONDRA Karol</b>	<b>1127</b>	RUNBYDGOSZCZ	M 30-39	11	00:00:05	00:09:27	00:17:43	<b>00:17:57.75</b>	<b>00:18:02.80</b>	+00:02:40 (14.9%)	3:35	16.7 (85.2%)
26	<b>SKRZECZEWSKI Bartosz</b>	<b>1529</b>	EKOGRÓD SPORT TEAM	M 30-39	12	00:00:00	00:09:17	00:17:46	<b>00:18:00.60</b>	<b>00:18:00.60</b>	+00:02:43 (15.1%)	3:36	16.7 (85.2%)
27	<b>FOJUTOWSKI Jan</b>	<b>1071</b>	MKS 63 BYDGOSZCZ/TRISPACE/TREK	M 16-19	3	00:00:03	00:09:27	00:17:47	<b>00:18:02.35</b>	<b>00:18:06.00</b>	+00:02:44 (15.2%)	3:36	16.6 (84.7%)
28	<b>KLONOWSKI Mariusz</b>	<b>936</b>	BRZEZIŃSKI RUN CLUB	M 40-49	2	00:00:04	00:09:14	00:17:47	<b>00:18:03.65</b>	<b>00:18:07.80</b>	+00:02:46 (15.3%)	3:36	16.6 (84.7%)
29	<b>MARCHEL Tomasz</b>	<b>118</b>		M 30-39	13	00:00:05	00:09:12	00:17:46	<b>00:18:04.05</b>	<b>00:18:09.55</b>	+00:02:46 (15.4%)	3:36	16.6 (84.7%)
30	<b>GRACZYK Mateusz</b>	<b>784</b>		M 30-39	14	00:00:04	00:09:23	00:17:51	<b>00:18:06.50</b>	<b>00:18:10.85</b>	+00:02:49 (15.6%)	3:37	16.6 (84.7%)
31	<b>JAGODZIŃSKI Krzysztof</b>	<b>1054</b>	LZS JEDNOŚĆ ŁOBŻENICA	M 30-39	15	00:00:06	00:09:25	00:17:49	<b>00:18:07.30</b>	<b>00:18:13.65</b>	+00:02:49 (15.6%)	3:37	16.6 (84.7%)
32	<b>SZYMAŃSKI Adam</b>	<b>1188</b>	TEAM RUDNIK	M 30-39	16	00:00:06	00:09:25	00:17:52	<b>00:18:08.45</b>	<b>00:18:15.10</b>	+00:02:51 (15.7%)	3:37	16.5 (84.2%)
33	<b>DĄBROWSKI Robert</b>	<b>1097</b>	PAŁUKI RUNNING TEAM	M 40-49	3	00:00:05	00:09:19	00:17:54	<b>00:18:09.90</b>	<b>00:18:15.10</b>	+00:02:52 (15.8%)	3:37	16.5 (84.2%)
34	<b>ZEBIDA Kader</b>	<b>1132</b>	RUN BYDGOSZCZ	M 20-29	12	00:00:03	00:09:21	00:17:56	<b>00:18:11.20</b>	<b>00:18:14.45</b>	+00:02:53 (15.9%)	3:38	16.5 (84.2%)
35	<b>MRUK Tomasz</b>	<b>977</b>	CZARNE STOPY	M 40-49	4	00:00:05	00:09:17	00:17:56	<b>00:18:12.80</b>	<b>00:18:18.05</b>	+00:02:55 (16.1%)	3:38	16.5 (84.2%)
36	<b>ZIELIŃSKI Nicolas</b>	<b>992</b>	ELENSPORT.PL	M 30-39	17	00:00:04	00:09:20	00:17:57	<b>00:18:13.15</b>	<b>00:18:17.30</b>	+00:02:55 (16.1%)	3:38	16.5 (84.2%)
37	<b>SENGER Michał</b>	<b>1096</b>	PAŁUKI RUNNING TEAM	M 40-49	5	00:00:04	00:09:19	00:17:56	<b>00:18:14.25</b>	<b>00:18:19.05</b>	+00:02:56 (16.2%)	3:38	16.5 (84.2%)
38	<b>KENSIK Łukasz</b>	<b>1290</b>	TUCHOLANKA TUCHOLA	M 30-39	18	00:00:07	00:09:24	00:18:03	<b>00:18:16.40</b>	<b>00:18:23.45</b>	+00:02:59 (16.3%)	3:39	16.4 (83.7%)
39	<b>MACIEJUK Filip</b>	<b>1325</b>		M 20-29	13	00:00:06	00:09:26	00:18:03	<b>00:18:17.20</b>	<b>00:18:23.35</b>	+00:02:59 (16.4%)	3:39	16.4 (83.7%)
40	<b>KANNENBERG Maciej</b>	<b>1140</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 30-39	19	00:00:06	00:09:26	00:18:02	<b>00:18:18.05</b>	<b>00:18:24.40</b>	+00:03:00 (16.5%)	3:39	16.4 (83.7%)
41	<b>RYMER Jakub</b>	<b>1032</b>	KOTŁOWSKI RUN TEAM	M 30-39	20	00:00:03	00:09:14	00:18:02	<b>00:18:19.60</b>	<b>00:18:22.75</b>	+00:03:02 (16.6%)	3:39	16.4 (83.7%)
42	<b>STODOLNY Dawid</b>	<b>755</b>		M 30-39	21	00:00:10	00:09:26	00:18:03	<b>00:18:19.90</b>	<b>00:18:30.35</b>	+00:03:02 (16.6%)	3:39	16.4 (83.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
43	<b>GOŚCINIAK Michał</b>	<b>1507</b>	3GRAVITY	M 40-49	6	00:00:03	00:09:10	00:18:04	<b>00:18:20.40</b>	<b>00:18:23.65</b>	+00:03:03 (16.6%)	3:40	16.4 (83.7%)
44	<b>KUBIŃSKI Jakub</b>	<b>1427</b>	ENEA BYDGOSZCZ TRIATHLON TEAM	M 30-39	22	00:00:03	00:09:27	00:18:07	<b>00:18:24.45</b>	<b>00:18:27.75</b>	+00:03:07 (16.9%)	3:40	16.3 (83.2%)
45	<b>KAROLCZUK Aleksandra</b>	<b>1196</b>	TEAM RUDNIK/ CWZS ZAWISZA BYDGOSZCZ SL	K 20-29	1	00:00:04	00:09:24	00:18:10	<b>00:18:27.40</b>	<b>00:18:31.75</b>	+00:03:10 (17.2%)	3:41	16.3 (83.2%)
46	<b>OLEJNIK Krzysztof</b>	<b>359</b>		M 30-39	23	00:00:07	00:09:32	00:18:13	<b>00:18:28.20</b>	<b>00:18:35.85</b>	+00:03:10 (17.2%)	3:41	16.2 (82.7%)
47	<b>PAWLACZYK Szymon</b>	<b>600</b>		M 30-39	24	00:00:04	00:09:22	00:18:12	<b>00:18:28.95</b>	<b>00:18:33.00</b>	+00:03:11 (17.3%)	3:41	16.2 (82.7%)
48	<b>KARWECKI Patryk</b>	<b>934</b>	BRZEZINSKIRUNCLUB	M 30-39	25	00:00:04	00:09:24	00:18:14	<b>00:18:29.90</b>	<b>00:18:34.55</b>	+00:03:12 (17.3%)	3:41	16.2 (82.7%)
49	<b>ZIĘTAK Andrzej</b>	<b>1375</b>	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	1	00:00:05	00:09:31	00:18:16	<b>00:18:31.95</b>	<b>00:18:37.05</b>	+00:03:14 (17.5%)	3:42	16.2 (82.7%)
50	<b>STRENG Basia</b>	<b>1033</b>	KOTŁOWSKI RUN TEAM	K 20-29	2	00:00:04	00:09:34	00:18:15	<b>00:18:32.20</b>	<b>00:18:36.35</b>	+00:03:14 (17.5%)	3:42	16.2 (82.7%)
51	<b>RUTKOWSKI Mateusz</b>	<b>1448</b>		M 20-29	14	00:00:06	00:09:33	00:18:18	<b>00:18:32.70</b>	<b>00:18:38.85</b>	+00:03:15 (17.6%)	3:42	16.2 (82.7%)
52	<b>KARCZMARCZYK Mateusz</b>	<b>1</b>	FORDOŃSKIE GÓRKI	M 30-39	26	00:00:06	00:09:30	00:18:18	<b>00:18:34.10</b>	<b>00:18:40.45</b>	+00:03:16 (17.7%)	3:42	16.2 (82.7%)
53	<b>CIĘŻKI Bartosz</b>	<b>1072</b>	MKS ASTORIA BYDGOSZCZ	M 30-39	27	00:00:07	00:09:30	00:18:17	<b>00:18:34.60</b>	<b>00:18:42.25</b>	+00:03:17 (17.7%)	3:42	16.2 (82.7%)
54	<b>FOJUTOWSKI Filip</b>	<b>1646</b>		M 16-19	4	00:00:03	00:09:33	00:18:19	<b>00:18:34.75</b>	<b>00:18:38.00</b>	+00:03:17 (17.7%)	3:42	16.2 (82.7%)
55	<b>SAWICKI Marcin</b>	<b>1338</b>		M 40-49	7	00:00:04	00:09:31	00:18:19	<b>00:18:34.95</b>	<b>00:18:39.40</b>	+00:03:17 (17.7%)	3:42	16.2 (82.7%)
56	<b>ANTHONIS Kevin</b>	<b>1203</b>	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	28	00:00:05	00:09:25	00:18:25	<b>00:18:42.70</b>	<b>00:18:48.45</b>	+00:03:25 (18.3%)	3:44	16 (81.6%)
57	<b>WÓDKOWSKI Łukasz</b>	<b>899</b>	ADIDAS RUNNERS POZNAŃ	M 40-49	8	00:00:05	00:09:38	00:18:29	<b>00:18:45.25</b>	<b>00:18:50.75</b>	+00:03:27 (18.5%)	3:45	16 (81.6%)
58	<b>PIOTROWSKA Katarzyna</b>	<b>1414</b>	TEAMOCHAL	K 30-39	1	00:00:07	00:09:32	00:18:29	<b>00:18:48.25</b>	<b>00:18:55.80</b>	+00:03:30 (18.7%)	3:45	16 (81.6%)
59	<b>RZESZUT Tomasz</b>	<b>1243</b>	WATAHA L-PAAK	M 30-39	29	00:00:08	00:09:53	00:18:35	<b>00:18:49.70</b>	<b>00:18:58.40</b>	+00:03:32 (18.8%)	3:45	15.9 (81.1%)
60	<b>GREJCZYK Alan</b>	<b>1548</b>	CORTEZ TRIATHLON TEAM/PORSCHE LELLEK	M 30-39	30	00:00:05	00:09:39	00:18:34	<b>00:18:51.40</b>	<b>00:18:56.50</b>	+00:03:34 (18.9%)	3:46	15.9 (81.1%)
61	<b>MALINOWSKI Olaf</b>	<b>1419</b>	JW1515	M 20-29	15	00:00:04	00:09:32	00:18:39	<b>00:18:54.85</b>	<b>00:18:59.60</b>	+00:03:37 (19.2%)	3:46	15.9 (81.1%)
62	<b>KRZEWIŃSKI Radek</b>	<b>616</b>		M 20-29	16	00:00:04	00:09:36	00:18:39	<b>00:18:57.30</b>	<b>00:19:01.45</b>	+00:03:39 (19.3%)	3:47	15.8 (80.6%)
63	<b>TUCHOLSKI Bartłomiej</b>	<b>306</b>		M 30-39	31	00:00:07	00:09:40	00:18:43	<b>00:18:57.85</b>	<b>00:19:05.80</b>	+00:03:40 (19.4%)	3:47	15.8 (80.6%)
64	<b>EJSMONT Krzysiek</b>	<b>1459</b>		M 40-49	9	00:00:17	00:09:57	00:18:43	<b>00:19:00.15</b>	<b>00:19:17.60</b>	+00:03:42 (19.5%)	3:48	15.8 (80.6%)
65	<b>HOPPE Tomasz</b>	<b>1533</b>	CB163 TRISPACETREK	M 40-49	10	00:00:05	00:09:35	00:18:46	<b>00:19:02.05</b>	<b>00:19:07.60</b>	+00:03:44 (19.7%)	3:48	15.8 (80.6%)
66	<b>PRZYBYLSKI Remigiusz</b>	<b>1707</b>		M 30-39	32	00:00:03	00:09:39	00:18:49	<b>00:19:05.50</b>	<b>00:19:09.00</b>	+00:03:48 (19.9%)	3:49	15.7 (80.1%)
67	<b>BEJGIER Edmund</b>	<b>925</b>	BIEGAM Z DĘBAMI OSIELSKO	M 50-59	2	00:00:05	00:09:36	00:18:49	<b>00:19:06.10</b>	<b>00:19:12.00</b>	+00:03:48 (20.0%)	3:49	15.7 (80.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
68	WALKOWIAK Paweł	900	AKADEMIA MISTRZÓW SPORTU	M 30-39	33	00:00:09	00:10:01	00:18:51	00:19:06.65	00:19:16.05	+00:03:49 (20.0%)	3:49	15.7 (80.1%)
69	BOMBICKI Miłosz	1244	WATAHA L-PAAK	M 40-49	11	00:00:08	00:10:00	00:18:54	00:19:09.55	00:19:18.20	+00:03:52 (20.2%)	3:49	15.7 (80.1%)
70	KWAPIŃSKI Damian	1057	ŁAPA_TRI_RUN	M 40-49	12	00:00:03	00:09:28	00:18:52	00:19:10.25	00:19:14.10	+00:03:52 (20.2%)	3:50	15.7 (80.1%)
71	GOŁEMBIEWSKI Marek	1156	SP44/XVLO MS BYDGOSZCZ	M 50-59	3	00:00:05	00:09:58	00:18:56	00:19:11.55	00:19:16.95	+00:03:54 (20.3%)	3:50	15.6 (79.6%)
72	WILK Łukasz	1126	#RUNADDICTS	M 40-49	13	00:00:10	00:09:51	00:18:57	00:19:14.00	00:19:24.10	+00:03:56 (20.5%)	3:50	15.6 (79.6%)
73	CHMURZYŃSKI Tomasz	758		M 50-59	4	00:00:04	00:09:50	00:18:58	00:19:14.20	00:19:18.70	+00:03:56 (20.5%)	3:50	15.6 (79.6%)
74	MACIOSZEK Piotr	526		M 30-39	34	00:00:06	00:09:56	00:18:57	00:19:14.65	00:19:21.30	+00:03:57 (20.5%)	3:50	15.6 (79.6%)
75	JAGIEŁA Adam	1209	TKKF KOLEJARZ BYDGOSZCZ	M 40-49	14	00:00:07	00:09:41	00:18:59	00:19:15.35	00:19:22.70	+00:03:57 (20.6%)	3:51	15.6 (79.6%)
76	KLONOWSKI Dawid	863		M 40-49	15	00:00:06	00:09:40	00:18:57	00:19:16.25	00:19:23.00	+00:03:58 (20.7%)	3:51	15.6 (79.6%)
77	GĄGOLA Patryk	1069	MENDEL_RUN	M 30-39	35	00:00:05	00:09:58	00:19:00	00:19:16.65	00:19:22.00	+00:03:59 (20.7%)	3:51	15.6 (79.6%)
78	RUCINSKI Tymon	1173	TEAM OCHAL	M 30-39	36	00:00:07		00:18:58	00:19:17.05	00:19:24.10	+00:03:59 (20.7%)	3:51	15.6 (79.6%)
78	BEDRA Robert	1457	CZARNE STOPY	M 40-49	16	00:00:05	00:09:55	00:19:01	00:19:17.05	00:19:22.30	+00:03:59 (20.7%)	3:51	15.6 (79.6%)
80	TOKARSKI Paweł	1356		M 20-29	17	00:00:04	00:09:55	00:19:02	00:19:19.10	00:19:23.85	+00:04:01 (20.9%)	3:51	15.5 (79.1%)
81	BOROWSKI Radosław	1077	MLKS KRAJNA SĘPÓLNO	M 30-39	37	00:00:09	00:10:09	00:19:07	00:19:23.85	00:19:33.40	+00:04:06 (21.2%)	3:52	15.5 (79.1%)
82	GÓRNA Aleksandra	1385		K 20-29	3	00:00:06	00:10:00	00:19:10	00:19:25.60	00:19:32.55	+00:04:08 (21.3%)	3:53	15.5 (79.1%)
83	RZESZOTARSKI Daniel	435		M 40-49	17	00:00:09	00:10:16	00:19:12	00:19:26.15	00:19:35.80	+00:04:08 (21.3%)	3:53	15.4 (78.6%)
84	JAGIEŁA Jarosław	1537	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	5	00:00:07	00:10:02	00:19:12	00:19:27.60	00:19:35.55	+00:04:10 (21.4%)	3:53	15.4 (78.6%)
85	MAJCHER Elżbieta	1480	TEAM RUDNIK	K 40-49	1	00:00:04	00:10:00	00:19:11	00:19:27.70	00:19:32.30	+00:04:10 (21.4%)	3:53	15.4 (78.6%)
86	RENC Patryk	1148	SERCE TYBETU	M 30-39	38	00:00:05	00:10:09	00:19:13	00:19:28.55	00:19:34.30	+00:04:11 (21.5%)	3:53	15.4 (78.6%)
87	SUTKOWY Paweł	295		M 30-39	39	00:00:10		00:19:15	00:19:28.90	00:19:39.30	+00:04:11 (21.5%)	3:53	15.4 (78.6%)
88	PISARSKI Igor	553		M 30-39	40	00:00:08	00:10:08	00:19:16	00:19:32.95	00:19:41.70	+00:04:15 (21.8%)	3:54	15.4 (78.6%)
89	RZESZOTARSKA Aleksandra	1189	TEAM RUDNIK	K 20-29	4	00:00:09	00:10:14	00:19:19	00:19:35.75	00:19:44.75	+00:04:18 (22.0%)	3:55	15.3 (78.1%)
90	WAŚOWSKI Mateusz	1064	MARO TUR S.C.	M 20-29	18	00:00:03	00:10:13	00:19:20	00:19:36.45	00:19:40.30	+00:04:19 (22.0%)	3:55	15.3 (78.1%)
91	POĆWIARDOWSKI Kamil	492		M 20-29	19	00:00:06	00:10:10	00:19:21	00:19:36.55	00:19:43.00	+00:04:19 (22.0%)	3:55	15.3 (78.1%)
92	BRZEZINSKI Łukasz	55		M 30-39	41	00:00:07	00:10:10	00:19:22	00:19:38.45	00:19:45.80	+00:04:21 (22.2%)	3:55	15.3 (78.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
93	<b>KŁOSOWSKI Marcin</b>	<b>971</b>	CSM TEAM	M 40-49	18	00:00:05	00:10:09	00:19:21	<b>00:19:39.90</b>	<b>00:19:44.95</b>	+00:04:22 (22.2%)	3:55	15.3 (78.1%)
94	<b>MAŁAS Marcin</b>	<b>968</b>	CENTRUM ROWEROWE TEAM	M 20-29	20	00:00:09	00:10:08	00:19:27	<b>00:19:44.85</b>	<b>00:19:54.25</b>	+00:04:27 (22.6%)	3:56	15.2 (77.6%)
95	<b>SOBIERALSKI Rafał</b>	<b>110</b>		M 50-59	6	00:00:06	00:10:11	00:19:31	<b>00:19:47.25</b>	<b>00:19:54.05</b>	+00:04:29 (22.7%)	3:57	15.2 (77.6%)
96	<b>KATA Marcin</b>	<b>1308</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 30-39	42	00:00:19	00:10:15	00:19:33	<b>00:19:49.70</b>	<b>00:20:09.20</b>	+00:04:32 (22.9%)	3:57	15.1 (77.0%)
97	<b>WIELGOSZ Krzysztof</b>	<b>70</b>		M 30-39	43	00:00:07	00:10:11	00:19:35	<b>00:19:49.90</b>	<b>00:19:57.40</b>	+00:04:32 (22.9%)	3:57	15.1 (77.0%)
98	<b>RYDLEWSKI Marek</b>	<b>1192</b>	TEAM RUDNIK	M 50-59	7	00:00:05	00:10:14	00:19:33	<b>00:19:50.35</b>	<b>00:19:55.55</b>	+00:04:32 (22.9%)	3:58	15.1 (77.0%)
99	<b>WINIECKI Paweł</b>	<b>1185</b>	TEAM RUDNIK	M 30-39	44	00:00:16	00:10:12	00:19:35	<b>00:19:52.85</b>	<b>00:20:09.20</b>	+00:04:35 (23.1%)	3:58	15.1 (77.0%)
100	<b>OLSZEWSKI Tomasz</b>	<b>181</b>		M 30-39	45	00:00:06	00:10:16	00:19:36	<b>00:19:53.20</b>	<b>00:19:59.20</b>	+00:04:35 (23.1%)	3:58	15.1 (77.0%)
101	<b>WITEK Magdalena</b>	<b>76</b>		K 30-39	2	00:00:09	00:10:17	00:19:35	<b>00:19:53.90</b>	<b>00:20:03.45</b>	+00:04:36 (23.2%)	3:58	15.1 (77.0%)
102	<b>GÓRA Krystian</b>	<b>134</b>		M 40-49	19	00:00:09	00:10:15	00:19:37	<b>00:19:54.00</b>	<b>00:20:03.95</b>	+00:04:36 (23.2%)	3:58	15.1 (77.0%)
103	<b>LEWANDOWSKI Piotr</b>	<b>1159</b>	STREET WORKOUT ACADEMY TERMINATOR	M 30-39	46	00:00:06	00:10:05	00:19:38	<b>00:19:54.10</b>	<b>00:20:00.55</b>	+00:04:36 (23.2%)	3:58	15.1 (77.0%)
104	<b>GUMIŃSKI Szymon</b>	<b>686</b>		M 40-49	20	00:00:10	00:10:04	00:19:34	<b>00:19:54.55</b>	<b>00:20:05.35</b>	+00:04:37 (23.2%)	3:58	15.1 (77.0%)
105	<b>DEJEWSKI Arkadiusz</b>	<b>562</b>		M 40-49	21	00:00:09	00:10:25	00:19:39	<b>00:19:54.95</b>	<b>00:20:04.45</b>	+00:04:37 (23.2%)	3:58	15.1 (77.0%)
106	<b>CZYŻEWSKI Daniel</b>	<b>1152</b>	#SLIMAKIBARCIN	M 20-29	21	00:00:07	00:10:12	00:19:37	<b>00:19:55.15</b>	<b>00:20:02.20</b>	+00:04:37 (23.2%)	3:59	15.1 (77.0%)
107	<b>MUSS Aleksander</b>	<b>873</b>		M 50-59	8	00:00:10	00:10:14	00:19:39	<b>00:19:56.05</b>	<b>00:20:06.60</b>	+00:04:38 (23.3%)	3:59	15.1 (77.0%)
108	<b>FARMAS Tomek</b>	<b>1642</b>		M 16-19	5	00:00:12	00:10:24	00:19:41	<b>00:19:56.50</b>	<b>00:20:09.20</b>	+00:04:39 (23.3%)	3:59	15.1 (77.0%)
109	<b>CHOLEWIŃSKI Dariusz</b>	<b>1256</b>	WWW.SYSTEMY-PV.PL	M 50-59	9	00:00:08	00:10:20	00:19:41	<b>00:19:58.10</b>	<b>00:20:06.20</b>	+00:04:40 (23.4%)	3:59	15 (76.5%)
110	<b>GURDAK Leszek</b>	<b>959</b>	BYDGOSZCZ NA START	M 40-49	22	00:00:09	00:10:24	00:19:41	<b>00:19:58.65</b>	<b>00:20:08.00</b>	+00:04:41 (23.5%)	3:59	15 (76.5%)
111	<b>FELKNER Kamil</b>	<b>1470</b>		M 20-29	22	00:00:08		00:19:43	<b>00:20:01.15</b>	<b>00:20:09.20</b>	+00:04:43 (23.6%)	4:00	15 (76.5%)
112	<b>KOZŁOWSKI Rafał</b>	<b>353</b>		M 50-59	10	00:00:06	00:10:24	00:19:46	<b>00:20:03.60</b>	<b>00:20:09.85</b>	+00:04:46 (23.8%)	4:00	15 (76.5%)
113	<b>BETLEJEWSKI Sebastian</b>	<b>969</b>	CINKA	M 40-49	23	00:01:24	00:10:19	00:19:47	<b>00:20:04.60</b>	<b>00:21:28.90</b>	+00:04:47 (23.8%)	4:00	15 (76.5%)
114	<b>KWIATKOWSKI Damian</b>	<b>482</b>		M 30-39	47	00:00:20	00:10:18	00:19:47	<b>00:20:04.70</b>	<b>00:20:25.35</b>	+00:04:47 (23.8%)	4:00	15 (76.5%)
115	<b>CYWKA Marek</b>	<b>1374</b>	MENDEL_RUN	M 20-29	23	00:00:07	00:10:05	00:19:50	<b>00:20:05.00</b>	<b>00:20:12.95</b>	+00:04:47 (23.9%)	4:01	14.9 (76.0%)
116	<b>NEUMANN Paweł</b>	<b>1320</b>	LOTTO BYDGOSTIA	M 16-19	6	00:00:19	00:10:29	00:19:53	<b>00:20:05.65</b>	<b>00:20:25.40</b>	+00:04:48 (23.9%)	4:01	14.9 (76.0%)
117	<b>ŻMICH Antoni</b>	<b>1658</b>	BTW	M 16-19	7	00:00:08	00:10:06	00:19:54	<b>00:20:09.25</b>	<b>00:20:18.20</b>	+00:04:51 (24.1%)	4:01	14.9 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
118	<b>STELLER Igor</b>	<b>1625</b>		M 0-15	1	00:00:08	00:10:07	00:19:54	<b>00:20:09.90</b>	<b>00:20:18.50</b>	+00:04:52 (24.2%)	4:01	14.9 (76.0%)
119	<b>CHOJNACKA Kalina</b>	<b>1624</b>	FERMAX POLSKA	K 0-15	1	00:00:07	00:10:30	00:19:54	<b>00:20:10.90</b>	<b>00:20:18.75</b>	+00:04:53 (24.2%)	4:02	14.9 (76.0%)
120	<b>LEWANDOWSKI Tomasz</b>	<b>1251</b>	WIHURRA SOBIEJUCHY	M 40-49	24	00:01:16	00:10:18	00:19:54	<b>00:20:11.90</b>	<b>00:21:28.50</b>	+00:04:54 (24.3%)	4:02	14.9 (76.0%)
121	<b>KALINOWSKI Mikołaj</b>	<b>1245</b>	WATAHA L-PAAK	M 20-29	24	00:00:10	00:10:27	00:19:53	<b>00:20:11.95</b>	<b>00:20:22.65</b>	+00:04:54 (24.3%)	4:02	14.9 (76.0%)
122	<b>MYSZKOWSKA Diana</b>	<b>943</b>	BRZEZIŃSKI RUN CLUB	K 30-39	3	00:01:19	00:10:20	00:19:56	<b>00:20:12.75</b>	<b>00:21:32.45</b>	+00:04:55 (24.4%)	4:02	14.9 (76.0%)
123	<b>BRZEZIŃSKI Błażej</b>	<b>940</b>	BRZEZIŃSKI RUN CLUB	M 30-39	48	00:01:19	00:10:19	00:19:54	<b>00:20:13.15</b>	<b>00:21:32.50</b>	+00:04:55 (24.4%)	4:02	14.8 (75.5%)
124	<b>PUJANEK Michał</b>	<b>1581</b>	DENTAL ONE	M 0-15	2	00:00:18	00:10:38	00:19:59	<b>00:20:15.40</b>	<b>00:20:34.10</b>	+00:04:58 (24.5%)	4:03	14.8 (75.5%)
125	<b>BRYL Paweł</b>	<b>1477</b>	BRZEZIŃSKI RUN CLUB	M 30-39	49	00:01:20	00:10:33	00:20:00	<b>00:20:17.15</b>	<b>00:21:37.45</b>	+00:04:59 (24.6%)	4:03	14.8 (75.5%)
126	<b>RADECKI Przemysław</b>	<b>1116</b>	RADIO 357	M 50-59	11	00:00:11	00:10:24	00:19:58	<b>00:20:17.35</b>	<b>00:20:28.90</b>	+00:04:59 (24.6%)	4:03	14.8 (75.5%)
127	<b>SZYMCZAK Maciej</b>	<b>116</b>		M 50-59	12	00:00:11	00:10:24	00:19:58	<b>00:20:17.50</b>	<b>00:20:29.15</b>	+00:05:00 (24.6%)	4:03	14.8 (75.5%)
128	<b>ARNDT Jarek</b>	<b>88</b>		M 40-49	25	00:00:08	00:10:15	00:20:01	<b>00:20:18.90</b>	<b>00:20:27.20</b>	+00:05:01 (24.7%)	4:03	14.8 (75.5%)
129	<b>SZYMAŃSKI Wit</b>	<b>1342</b>	KANCELARIA	M 20-29	25	00:00:57	00:10:09	00:20:12	<b>00:20:26.40</b>	<b>00:21:24.25</b>	+00:05:09 (25.2%)	4:05	14.7 (75.0%)
130	<b>MAKOWSKI Sławomir</b>	<b>1253</b>	WTLENIE	M 50-59	13	00:00:07	00:10:28	00:20:08	<b>00:20:27.65</b>	<b>00:20:35.60</b>	+00:05:10 (25.3%)	4:05	14.7 (75.0%)
131	<b>LEWANDOWSKI Bartosz</b>	<b>1643</b>	LOTTO BYDGOSTIA	M 16-19	8	00:00:11	00:10:32	00:20:10	<b>00:20:29.95</b>	<b>00:20:41.30</b>	+00:05:12 (25.4%)	4:05	14.6 (74.5%)
132	<b>MIKULSKI Wojciech</b>	<b>18</b>		M 30-39	50	00:01:06	00:10:27	00:20:13	<b>00:20:31.25</b>	<b>00:21:38.00</b>	+00:05:13 (25.5%)	4:06	14.6 (74.5%)
133	<b>OWCZARZAK Michał</b>	<b>1129</b>	RUN BYDGOSZCZ	M 50-59	14	00:00:13	00:10:32	00:20:16	<b>00:20:31.95</b>	<b>00:20:45.10</b>	+00:05:14 (25.5%)	4:06	14.6 (74.5%)
134	<b>CIUPA Jarosław</b>	<b>1335</b>	AKADEMIA MISTRZÓW SPORTU	M 50-59	15	00:00:10	00:10:31	00:20:13	<b>00:20:32.85</b>	<b>00:20:43.70</b>	+00:05:15 (25.6%)	4:06	14.6 (74.5%)
135	<b>HIRT Tomasz</b>	<b>935</b>	BRZEZINSKIRUNCLUB	M 40-49	26	00:00:29	00:10:47	00:20:16	<b>00:20:34.40</b>	<b>00:21:03.50</b>	+00:05:17 (25.7%)	4:06	14.6 (74.5%)
136	<b>ADACH Paweł</b>	<b>1456</b>		M 40-49	27	00:00:13	00:10:37	00:20:18	<b>00:20:34.60</b>	<b>00:20:48.35</b>	+00:05:17 (25.7%)	4:06	14.6 (74.5%)
137	<b>ŁUCZAK Paweł</b>	<b>1341</b>	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	16	00:00:02	00:10:34	00:20:16	<b>00:20:35.30</b>	<b>00:20:38.25</b>	+00:05:17 (25.7%)	4:07	14.6 (74.5%)
138	<b>KAZUBSKI Piotr</b>	<b>1340</b>		M 30-39	51	00:00:10	00:10:44	00:20:22	<b>00:20:35.55</b>	<b>00:20:46.15</b>	+00:05:18 (25.7%)	4:07	14.6 (74.5%)
139	<b>KAŻMIRSKI Dariusz</b>	<b>765</b>		M 50-59	17	00:00:09	00:10:25	00:20:18	<b>00:20:37.20</b>	<b>00:20:46.75</b>	+00:05:19 (25.8%)	4:07	14.6 (74.5%)
140	<b>ANTOSIK Patryk</b>	<b>973</b>	CSWLĄD POZNAŃ	M 40-49	28	00:00:09	00:10:31	00:20:21	<b>00:20:37.80</b>	<b>00:20:47.60</b>	+00:05:20 (25.9%)	4:07	14.6 (74.5%)
141	<b>NIEDŹWIEDŹ Paweł</b>	<b>1483</b>		M 30-39	52	00:00:19	00:10:52	00:20:20	<b>00:20:38.40</b>	<b>00:20:57.65</b>	+00:05:21 (25.9%)	4:07	14.5 (74.0%)
142	<b>MAJCHRZAK Łukasz</b>	<b>308</b>		M 40-49	29	00:00:13	00:10:28	00:20:20	<b>00:20:38.65</b>	<b>00:20:51.80</b>	+00:05:21 (25.9%)	4:07	14.5 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
143	PRZYBYLSKI Dariusz	12		M 30-39	53	00:00:08	00:10:22	00:20:22	00:20:38.75	00:20:47.15	+00:05:21 (25.9%)	4:07	14.5 (74.0%)
143	WARLIKOWSKI Łukasz	9		M 40-49	30	00:00:34	00:10:55	00:20:21	00:20:38.75	00:21:13.05	+00:05:21 (25.9%)	4:07	14.5 (74.0%)
145	ZAJĄKAŁA Wojciech	734		M 20-29	26	00:00:11	00:10:41	00:20:23	00:20:39.40	00:20:51.05	+00:05:22 (26.0%)	4:07	14.5 (74.0%)
146	KRYGOWSKI Tomasz	200		M 50-59	18	00:00:15	00:10:46	00:20:22	00:20:39.60	00:20:54.70	+00:05:22 (26.0%)	4:07	14.5 (74.0%)
147	LEWANDOWSKI Kamil	1420	BYLE DO PRZODU !!!	M 40-49	31	00:00:09		00:20:21	00:20:40.35	00:20:49.75	+00:05:22 (26.0%)	4:08	14.5 (74.0%)
148	DOBRYŃSKI Kacper	1678	UKS KOPERNIK BYDGOSZCZ	M 0-15	3	00:00:03	00:10:13	00:20:22	00:20:41.05	00:20:44.45	+00:05:23 (26.1%)	4:08	14.5 (74.0%)
149	CHODKIEWICZ Tomasz	568		M 40-49	32	00:00:09	00:10:46	00:20:24	00:20:41.10	00:20:50.45	+00:05:23 (26.1%)	4:08	14.5 (74.0%)
150	PAPROCKI Rafał	1154	SLK POLONIA BYDGOSZCZ	M 40-49	33	00:00:10	00:10:32	00:20:21	00:20:41.40	00:20:51.85	+00:05:24 (26.1%)	4:08	14.5 (74.0%)
151	CIESIELSKI Artur	117		M 30-39	54	00:01:02	00:10:48	00:20:29	00:20:42.60	00:21:45.55	+00:05:25 (26.2%)	4:08	14.5 (74.0%)
152	GRUBICH Damian	1104	PARKRUN/AKTYWNY GRUDZIĄDZ	M 40-49	34	00:00:10	00:10:35	00:20:23	00:20:43.05	00:20:53.55	+00:05:25 (26.2%)	4:08	14.5 (74.0%)
152	SZNAJDER Paweł	966	CB163	M 30-39	55	00:01:28	00:10:52	00:20:29	00:20:43.05	00:22:11.40	+00:05:25 (26.2%)	4:08	14.5 (74.0%)
154	KRZYŚKÓW Mateusz	386		M 20-29	27	00:00:11	00:10:48	00:20:28	00:20:43.40	00:20:54.80	+00:05:26 (26.2%)	4:08	14.5 (74.0%)
155	SIKORSKI Arkadiusz	330		M 16-19	9	00:01:18	00:10:26	00:20:30	00:20:44.25	00:22:03.15	+00:05:26 (26.3%)	4:08	14.5 (74.0%)
156	ALEKSANDROWICZ Sebastian	637		M 20-29	28	00:00:05	00:10:16	00:20:31	00:20:45.65	00:20:50.85	+00:05:28 (26.4%)	4:09	14.5 (74.0%)
157	GROCHOWSKI Jarosław	509		M 40-49	35	00:00:22	00:10:46	00:20:28	00:20:46.65	00:21:08.70	+00:05:29 (26.4%)	4:09	14.4 (73.5%)
158	PILACHOWSKI Marcin	1099	PAŁUKI RUNNING TEAM	M 30-39	56	00:00:07	00:10:29	00:20:29	00:20:47.45	00:20:54.60	+00:05:30 (26.5%)	4:09	14.4 (73.5%)
159	TWARDY Adam	1138	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 30-39	57	00:00:57	00:10:45	00:20:33	00:20:50.65	00:21:48.20	+00:05:33 (26.6%)	4:10	14.4 (73.5%)
160	MIŚTAK Damian	253		M 30-39	58	00:00:07	00:10:43	00:20:37	00:20:52.15	00:21:00.05	+00:05:34 (26.7%)	4:10	14.4 (73.5%)
161	BARAŃSKI Łukasz	431		M 40-49	36	00:00:12	00:10:58	00:20:34	00:20:52.30	00:21:05.00	+00:05:34 (26.7%)	4:10	14.4 (73.5%)
162	ŚWIETLIK Michalina	937	BRZEZIŃSKIRUNCLUB	K 40-49	2	00:00:07	00:10:39	00:20:34	00:20:52.55	00:21:00.40	+00:05:35 (26.8%)	4:10	14.4 (73.5%)
163	SOBOTA Łukasz	465		M 40-49	37	00:00:42	00:10:42	00:20:35	00:20:53.45	00:21:35.50	+00:05:36 (26.8%)	4:10	14.4 (73.5%)
164	KASIOREK Wojciech	1347		M 30-39	59	00:01:02	00:10:50	00:20:37	00:20:56.85	00:21:59.80	+00:05:39 (27.0%)	4:11	14.3 (73.0%)
165	OSIŃSKI Miłosz	473		M 20-29	29	00:00:23	00:10:52	00:20:41	00:20:57.85	00:21:21.55	+00:05:40 (27.1%)	4:11	14.3 (73.0%)
166	PIECZKA Marcin	1265	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 30-39	60	00:00:06	00:10:32	00:20:39	00:20:58.00	00:21:04.45	+00:05:40 (27.1%)	4:11	14.3 (73.0%)
167	SAK Joanna	1292	DRUŻYNA SZPIKU	K 30-39	4	00:00:09	00:10:42	00:20:41	00:20:58.80	00:21:08.20	+00:05:41 (27.1%)	4:11	14.3 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
168	<b>BIAŁOWĄS Jakub</b>	<b>1679</b>	ZAWISZA BYDGOSZCZ	M 0-15	4	00:00:21	00:10:59	00:20:48	<b>00:21:02.95</b>	<b>00:21:24.00</b>	+00:05:45 (27.4%)	4:12	14.3 (73.0%)
169	<b>SLIWA Jakub</b>	<b>587</b>		M 20-29	30	00:00:45	00:10:45	00:20:47	<b>00:21:03.95</b>	<b>00:21:49.25</b>	+00:05:46 (27.4%)	4:12	14.3 (73.0%)
170	<b>KAMIŃSKI Krzysztof</b>	<b>1634</b>		M 0-15	5	00:00:06	00:10:13	00:20:43	<b>00:21:04.00</b>	<b>00:21:10.80</b>	+00:05:46 (27.4%)	4:12	14.2 (72.4%)
171	<b>WŁODARCZYK Wojciech</b>	<b>976</b>	CZARNE STOPY	M 60-69	1	00:00:14	00:10:57	00:20:46	<b>00:21:05.95</b>	<b>00:21:20.35</b>	+00:05:48 (27.5%)	4:13	14.2 (72.4%)
172	<b>SUDOŁ Jacek</b>	<b>1105</b>	PARKRUN BYDGOSZCZ	M 40-49	38	00:00:07	00:10:45	00:20:49	<b>00:21:07.65</b>	<b>00:21:15.50</b>	+00:05:50 (27.6%)	4:13	14.2 (72.4%)
173	<b>MISIASZEK Marek</b>	<b>137</b>		M 40-49	39	00:00:28	00:10:51	00:20:50	<b>00:21:08.00</b>	<b>00:21:36.00</b>	+00:05:50 (27.6%)	4:13	14.2 (72.4%)
174	<b>KAMIŃSKI Artur</b>	<b>1046</b>	LAPIS TEAM	M 40-49	40	00:00:25	00:11:03	00:20:51	<b>00:21:08.60</b>	<b>00:21:33.70</b>	+00:05:51 (27.7%)	4:13	14.2 (72.4%)
175	<b>UMIŃSKI Robert</b>	<b>1336</b>		M 40-49	41	00:01:05	00:10:44	00:20:49	<b>00:21:08.90</b>	<b>00:22:14.65</b>	+00:05:51 (27.7%)	4:13	14.2 (72.4%)
176	<b>BELNIK Michał</b>	<b>1234</b>	UKS TRAPER ZŁOCIENIEC	M 30-39	61	00:00:16	00:11:00	00:20:51	<b>00:21:09.40</b>	<b>00:21:26.30</b>	+00:05:52 (27.7%)	4:13	14.2 (72.4%)
177	<b>ZAWADZKI Marcin</b>	<b>1416</b>		M 30-39	62	00:01:06	00:11:15	00:20:53	<b>00:21:09.85</b>	<b>00:22:16.00</b>	+00:05:52 (27.8%)	4:13	14.2 (72.4%)
178	<b>JASTROWSKI Miłosz</b>	<b>537</b>		M 20-29	31	00:00:34	00:10:46	00:20:52	<b>00:21:10.10</b>	<b>00:21:44.15</b>	+00:05:52 (27.8%)	4:14	14.2 (72.4%)
179	<b>ŻYLSKA Zuzanna</b>	<b>1289</b>		K 20-29	5	00:00:08	00:10:45	00:20:54	<b>00:21:10.95</b>	<b>00:21:19.85</b>	+00:05:53 (27.8%)	4:14	14.2 (72.4%)
180	<b>LEWANDOWSKI Sebastian</b>	<b>1434</b>	BIEGOWY DOBR CZ	M 30-39	63	00:00:30	00:10:47	00:20:53	<b>00:21:12.10</b>	<b>00:21:42.20</b>	+00:05:54 (27.9%)	4:14	14.2 (72.4%)
181	<b>SZULC Jacek</b>	<b>572</b>		M 50-59	19	00:00:08	00:10:50	00:20:53	<b>00:21:12.55</b>	<b>00:21:21.20</b>	+00:05:55 (27.9%)	4:14	14.2 (72.4%)
182	<b>FIK Janusz</b>	<b>483</b>		M 30-39	64	00:01:19	00:11:12	00:20:59	<b>00:21:13.55</b>	<b>00:22:32.90</b>	+00:05:56 (28.0%)	4:14	14.1 (71.9%)
183	<b>URTNOWSKA Wiktoria</b>	<b>931</b>	BRAK	K 20-29	6	00:00:26	00:11:09	00:21:00	<b>00:21:16.40</b>	<b>00:21:42.80</b>	+00:05:59 (28.1%)	4:15	14.1 (71.9%)
184	<b>ULAN Natalia</b>	<b>467</b>		K 30-39	5	00:00:16	00:10:59	00:21:00	<b>00:21:17.85</b>	<b>00:21:33.85</b>	+00:06:00 (28.2%)	4:15	14.1 (71.9%)
185	<b>MEYER Marek</b>	<b>178</b>		M 50-59	20	00:00:11	00:11:07	00:21:02	<b>00:21:18.85</b>	<b>00:21:30.75</b>	+00:06:01 (28.3%)	4:15	14.1 (71.9%)
186	<b>BARANOWSKI Szymon</b>	<b>336</b>		M 30-39	65	00:01:45	00:11:11	00:21:04	<b>00:21:20.00</b>	<b>00:23:05.00</b>	+00:06:02 (28.3%)	4:16	14.1 (71.9%)
187	<b>KANIA Michał</b>	<b>1370</b>		M 40-49	42	00:00:11	00:10:54	00:21:02	<b>00:21:20.40</b>	<b>00:21:32.05</b>	+00:06:03 (28.4%)	4:16	14.1 (71.9%)
188	<b>JACZYŃSKI Tomasz</b>	<b>743</b>		M 30-39	66	00:00:21	00:11:31	00:21:04	<b>00:21:20.75</b>	<b>00:21:42.25</b>	+00:06:03 (28.4%)	4:16	14.1 (71.9%)
189	<b>GOŚCINIAK Martyna</b>	<b>1299</b>	3GRAVITY	K 20-29	7	00:00:12	00:11:01	00:21:05	<b>00:21:21.50</b>	<b>00:21:33.60</b>	+00:06:04 (28.4%)	4:16	14.1 (71.9%)
190	<b>KALACZYŃSKI Miłosz</b>	<b>1043</b>	KS POLONIA BYDGOSZCZ SLA /TEAM RUDNIK	M 20-29	32	00:00:15	00:09:56	00:21:02	<b>00:21:22.50</b>	<b>00:21:38.00</b>	+00:06:05 (28.5%)	4:16	14 (71.4%)
191	<b>TRAWCZYŃSKI Jacek</b>	<b>1482</b>	ŁAPA_TRTI_RUN CREW	M 50-59	21	00:00:11	00:10:51	00:21:04	<b>00:21:22.90</b>	<b>00:21:33.90</b>	+00:06:05 (28.5%)	4:16	14 (71.4%)
192	<b>FLIS Paweł</b>	<b>1142</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 20-29	33	00:00:32	00:10:48	00:21:07	<b>00:21:24.20</b>	<b>00:21:56.65</b>	+00:06:06 (28.6%)	4:16	14 (71.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
193	<b>GIERACH Jakub</b>	<b>1693</b>	GIERACH-TEAM	M 0-15	6	00:00:07	00:10:42	00:21:09	<b>00:21:24.65</b>	<b>00:21:32.20</b>	+00:06:07 (28.6%)	4:16	14 (71.4%)
194	<b>BUZALSKI Robert</b>	<b>1178</b>	TEAM ORANGE	M 50-59	22	00:00:18	00:10:52	00:21:06	<b>00:21:24.80</b>	<b>00:21:43.00</b>	+00:06:07 (28.6%)	4:16	14 (71.4%)
195	<b>MALICKI Bartosz</b>	<b>351</b>		M 30-39	67	00:01:08	00:11:15	00:21:07	<b>00:21:26.15</b>	<b>00:22:34.30</b>	+00:06:08 (28.7%)	4:17	14 (71.4%)
196	<b>CIACIUCH Agnieszka</b>	<b>919</b>	BIEGACZE KCYNIA TEAM	K 20-29	8	00:00:17	00:11:02	00:21:07	<b>00:21:27.35</b>	<b>00:21:44.50</b>	+00:06:09 (28.7%)	4:17	14 (71.4%)
197	<b>BRACIKOWSKI Bartosz</b>	<b>1473</b>	PND RUNNING TEAM	M 20-29	34	00:00:22	00:11:19	00:21:11	<b>00:21:27.95</b>	<b>00:21:50.90</b>	+00:06:10 (28.8%)	4:17	14 (71.4%)
198	<b>GROSKOP Grzegorz</b>	<b>1139</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 30-39	68	00:00:06	00:10:48	00:21:08	<b>00:21:28.40</b>	<b>00:21:34.85</b>	+00:06:11 (28.8%)	4:17	14 (71.4%)
199	<b>MIZDALSKI Dawid</b>	<b>23</b>		M 20-29	35	00:00:28	00:11:09	00:21:12	<b>00:21:29.45</b>	<b>00:21:57.60</b>	+00:06:12 (28.9%)	4:17	14 (71.4%)
200	<b>KUBEŁ Marta</b>	<b>1402</b>	PND RUNNING TEAM	K 20-29	9	00:00:11	00:11:17	00:21:12	<b>00:21:29.60</b>	<b>00:21:40.70</b>	+00:06:12 (28.9%)	4:17	14 (71.4%)
201	<b>ZEZULA Norman</b>	<b>933</b>		M 20-29	36	00:00:20	00:11:15	00:21:14	<b>00:21:29.90</b>	<b>00:21:50.25</b>	+00:06:12 (28.9%)	4:17	14 (71.4%)
202	<b>KOZAK Krzysztof</b>	<b>918</b>	BB ACTIVE TEAM	M 30-39	69	00:00:28	00:11:02	00:21:10	<b>00:21:30.05</b>	<b>00:21:58.70</b>	+00:06:12 (28.9%)	4:18	14 (71.4%)
203	<b>KINDERMAN Robert</b>	<b>1246</b>	WATAHA L-PAAK	M 30-39	70	00:00:18	00:11:11	00:21:15	<b>00:21:30.70</b>	<b>00:21:48.90</b>	+00:06:13 (28.9%)	4:18	14 (71.4%)
204	<b>WIELGUSZ Grzegorz</b>	<b>1458</b>		M 20-29	37	00:00:14	00:11:14	00:21:15	<b>00:21:30.95</b>	<b>00:21:45.35</b>	+00:06:13 (28.9%)	4:18	14 (71.4%)
205	<b>SZARKOWSKI Fabian</b>	<b>807</b>		M 30-39	71	00:00:10	00:11:07	00:21:14	<b>00:21:32.40</b>	<b>00:21:42.95</b>	+00:06:15 (29.0%)	4:18	13.9 (70.9%)
206	<b>KOŁECKI Jakub</b>	<b>1358</b>	PTRC	M 20-29	38	00:00:18	00:11:03	00:21:13	<b>00:21:32.95</b>	<b>00:21:51.90</b>	+00:06:15 (29.0%)	4:18	13.9 (70.9%)
207	<b>STOPA Tomasz</b>	<b>740</b>		M 40-49	43	00:00:57	00:11:04	00:21:16	<b>00:21:35.60</b>	<b>00:22:33.15</b>	+00:06:18 (29.2%)	4:19	13.9 (70.9%)
208	<b>ROZKWITALSKI Bartosz</b>	<b>879</b>		M 30-39	72	00:00:10	00:11:05	00:21:17	<b>00:21:35.75</b>	<b>00:21:45.95</b>	+00:06:18 (29.2%)	4:19	13.9 (70.9%)
209	<b>RZESZUT Jerzy</b>	<b>1248</b>	WATAHA L-PAAK	M 60-69	2	00:00:17	00:11:11	00:21:17	<b>00:21:36.35</b>	<b>00:21:54.30</b>	+00:06:18 (29.2%)	4:19	13.9 (70.9%)
210	<b>ZASADA Dorian</b>	<b>947</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M 20-29	39	00:01:04	00:11:30	00:21:22	<b>00:21:36.55</b>	<b>00:22:41.40</b>	+00:06:19 (29.2%)	4:19	13.9 (70.9%)
211	<b>GŁOGOWSKI Krzysztof</b>	<b>700</b>		M 40-49	44	00:01:10	00:11:03	00:21:16	<b>00:21:36.65</b>	<b>00:22:47.60</b>	+00:06:19 (29.2%)	4:19	13.9 (70.9%)
212	<b>PAWLAK Jakub</b>	<b>303</b>		M 30-39	73	00:00:17	00:11:10	00:21:20	<b>00:21:37.20</b>	<b>00:21:54.50</b>	+00:06:19 (29.3%)	4:19	13.9 (70.9%)
213	<b>KOTOLIŃSKI Marcin</b>	<b>403</b>		M 16-19	10	00:00:10	00:10:32	00:21:21	<b>00:21:37.30</b>	<b>00:21:47.30</b>	+00:06:19 (29.3%)	4:19	13.9 (70.9%)
214	<b>KLAWIKOWSKI Oskar</b>	<b>1578</b>	TKKF KOLEJARZ BYDGOSZCZ	M 0-15	7	00:00:51	00:11:26	00:21:20	<b>00:21:37.50</b>	<b>00:22:28.65</b>	+00:06:20 (29.3%)	4:19	13.9 (70.9%)
215	<b>KNYPIŃSKI Wojciech</b>	<b>205</b>		M 30-39	74	00:00:23	00:10:51	00:21:21	<b>00:21:39.55</b>	<b>00:22:03.00</b>	+00:06:22 (29.4%)	4:19	13.9 (70.9%)
216	<b>JASKULSKA Mirela</b>	<b>1447</b>	GRUDZIĄDZ	K 50-59	1	00:00:28	00:11:11	00:21:20	<b>00:21:40.70</b>	<b>00:22:08.70</b>	+00:06:23 (29.5%)	4:20	13.8 (70.4%)
217	<b>KŁOBUKOWSKI Jan</b>	<b>1630</b>	FCNB	M 0-15	8	00:01:16	00:10:49	00:21:22	<b>00:21:43.15</b>	<b>00:22:59.20</b>	+00:06:25 (29.6%)	4:20	13.8 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
218	<b>DOBRZYŃSKA Ewa</b>	<b>1300</b>	TRISPACE TREK	K 30-39	6	00:00:12	00:11:10	00:21:26	<b>00:21:45.55</b>	<b>00:21:58.00</b>	+00:06:28 (29.7%)	4:21	13.8 (70.4%)
219	<b>PILEWSKI Mikołaj</b>	<b>660</b>		M 30-39	75	00:00:17	00:11:10	00:21:28	<b>00:21:46.70</b>	<b>00:22:04.35</b>	+00:06:29 (29.8%)	4:21	13.8 (70.4%)
219	<b>DOMAŃSKI Marcin</b>	<b>75</b>		M 30-39	75	00:00:20	00:11:16	00:21:30	<b>00:21:46.70</b>	<b>00:22:07.55</b>	+00:06:29 (29.8%)	4:21	13.8 (70.4%)
221	<b>SZUKALSKI Michał</b>	<b>1191</b>	TEAM RUDNIK	M 40-49	45	00:00:22	00:11:14	00:21:29	<b>00:21:49.95</b>	<b>00:22:12.45</b>	+00:06:32 (30.0%)	4:21	13.8 (70.4%)
222	<b>OLSZEWSKI Szymon</b>	<b>644</b>		M 40-49	46	00:00:08	00:11:17	00:21:35	<b>00:21:50.15</b>	<b>00:21:58.50</b>	+00:06:32 (30.0%)	4:22	13.7 (69.9%)
223	<b>STOSIK Krzysztof</b>	<b>820</b>		M 20-29	40	00:01:11	00:11:26	00:21:37	<b>00:21:50.75</b>	<b>00:23:02.50</b>	+00:06:33 (30.0%)	4:22	13.7 (69.9%)
224	<b>KIŻEWSKI Waldemar</b>	<b>442</b>		M 40-49	47	00:00:16	00:11:01	00:21:32	<b>00:21:50.85</b>	<b>00:22:07.70</b>	+00:06:33 (30.0%)	4:22	13.7 (69.9%)
225	<b>ŁUKASZEK Marzena</b>	<b>707</b>		K 30-39	7	00:00:14	00:11:14	00:21:33	<b>00:21:51.55</b>	<b>00:22:05.85</b>	+00:06:34 (30.1%)	4:22	13.7 (69.9%)
226	<b>PASIŃSKA Angelika</b>	<b>1504</b>		K 30-39	8	00:01:04	00:11:23	00:21:32	<b>00:21:51.85</b>	<b>00:22:55.90</b>	+00:06:34 (30.1%)	4:22	13.7 (69.9%)
227	<b>AFFELSKI Mateusz</b>	<b>277</b>		M 16-19	11	00:00:20	00:10:38	00:21:38	<b>00:21:54.60</b>	<b>00:22:14.75</b>	+00:06:37 (30.2%)	4:22	13.7 (69.9%)
228	<b>JAGODZIŃSKI Radosław</b>	<b>1703</b>		M 20-29	41	00:01:16	00:11:55	00:21:37	<b>00:21:55.15</b>	<b>00:23:11.95</b>	+00:06:37 (30.2%)	4:23	13.7 (69.9%)
229	<b>KASPEROWICZ Marcin</b>	<b>455</b>		M 40-49	48	00:00:09	00:11:04	00:21:37	<b>00:21:56.15</b>	<b>00:22:05.95</b>	+00:06:38 (30.3%)	4:23	13.7 (69.9%)
230	<b>KOTLENGA Michał</b>	<b>1352</b>		M 40-49	49	00:01:35	00:11:32	00:21:40	<b>00:21:56.20</b>	<b>00:23:31.45</b>	+00:06:38 (30.3%)	4:23	13.7 (69.9%)
231	<b>BARAŃSKI Piotr</b>	<b>481</b>		M 30-39	77	00:00:20	00:11:17	00:21:37	<b>00:21:58.95</b>	<b>00:22:19.30</b>	+00:06:41 (30.4%)	4:23	13.7 (69.9%)
232	<b>URTNOWSKI Krzysztof</b>	<b>932</b>	BRAK	M 30-39	78	00:00:29	00:11:21	00:21:41	<b>00:22:00.35</b>	<b>00:22:29.85</b>	+00:06:42 (30.5%)	4:24	13.6 (69.4%)
233	<b>MACIEJEWSKI Maciej</b>	<b>920</b>	BIEGACZE KCYNIA TEAM	M 40-49	50	00:00:16	00:11:14	00:21:43	<b>00:22:01.65</b>	<b>00:22:18.60</b>	+00:06:44 (30.6%)	4:24	13.6 (69.4%)
234	<b>PUJANEK Piotr</b>	<b>985</b>	DENTAL ONE	M 40-49	51	00:00:38	00:11:31	00:21:42	<b>00:22:01.85</b>	<b>00:22:40.70</b>	+00:06:44 (30.6%)	4:24	13.6 (69.4%)
235	<b>SZULC Marcin</b>	<b>866</b>		M 30-39	79	00:00:39	00:11:44	00:21:46	<b>00:22:02.10</b>	<b>00:22:41.35</b>	+00:06:44 (30.6%)	4:24	13.6 (69.4%)
236	<b>CIERNIAK Michał</b>	<b>923</b>	BIEGAM DLA SIEBIE	M 30-39	80	00:00:45	00:11:15	00:21:46	<b>00:22:02.45</b>	<b>00:22:47.45</b>	+00:06:45 (30.6%)	4:24	13.6 (69.4%)
237	<b>DOBRZYK Szymek</b>	<b>535</b>		M 16-19	12	00:00:18	00:12:06	00:21:46	<b>00:22:02.90</b>	<b>00:22:21.40</b>	+00:06:45 (30.7%)	4:24	13.6 (69.4%)
238	<b>MAJEWSKI Andrzej</b>	<b>797</b>		M 20-29	42	00:00:40	00:11:05	00:21:46	<b>00:22:04.40</b>	<b>00:22:45.30</b>	+00:06:47 (30.7%)	4:24	13.6 (69.4%)
239	<b>KAZUBOWSKI Jacek</b>	<b>1221</b>	TRIDARKO	M 50-59	23	00:00:14	00:11:28	00:21:46	<b>00:22:04.95</b>	<b>00:22:19.00</b>	+00:06:47 (30.8%)	4:24	13.6 (69.4%)
240	<b>KLESSA Kacper</b>	<b>1697</b>	FUNDACJA CZAS NA BYDGOSZCZ	M 0-15	9	00:01:15	00:11:31	00:21:48	<b>00:22:05.45</b>	<b>00:23:20.45</b>	+00:06:48 (30.8%)	4:25	13.6 (69.4%)
241	<b>STĘPIEŃ Michał</b>	<b>1055</b>	ŁAPA_TRI_RUN_CREW	M 40-49	52	00:01:48	00:11:18	00:21:48	<b>00:22:08.05</b>	<b>00:23:56.35</b>	+00:06:50 (30.9%)	4:25	13.6 (69.4%)
242	<b>RASZKOWSKI Dariusz</b>	<b>1264</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 50-59	24	00:00:34	00:11:33	00:21:48	<b>00:22:09.65</b>	<b>00:22:44.55</b>	+00:06:52 (31.0%)	4:25	13.5 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
243	<b>SZYCHOWSKI Jarosław</b>	<b>1207</b>	TKKF KOLEJARZ BYDGOSZCZ	M 30-39	81	00:00:22	00:11:16	00:21:52	<b>00:22:10.40</b>	<b>00:22:32.55</b>	+00:06:53 (31.0%)	4:26	13.5 (68.9%)
244	<b>PŁACHECKA Angelika</b>	<b>54</b>		K 20-29	10	00:00:11	00:11:11	00:21:53	<b>00:22:10.95</b>	<b>00:22:22.05</b>	+00:06:53 (31.1%)	4:26	13.5 (68.9%)
245	<b>KULBAT Krystian</b>	<b>1037</b>	KSN ŁUCZNICZKA	M 20-29	43	00:00:25	00:11:01	00:21:56	<b>00:22:13.00</b>	<b>00:22:38.80</b>	+00:06:55 (31.2%)	4:26	13.5 (68.9%)
245	<b>NITZA Cezary</b>	<b>489</b>		M 20-29	43	00:00:53	00:11:11	00:21:56	<b>00:22:13.00</b>	<b>00:23:06.70</b>	+00:06:55 (31.2%)	4:26	13.5 (68.9%)
247	<b>DELIŃSKI Jakub</b>	<b>1671</b>	LOTTO-BYDGOSTIA	M 16-19	13	00:00:23	00:11:25	00:21:53	<b>00:22:13.65</b>	<b>00:22:36.90</b>	+00:06:56 (31.2%)	4:26	13.5 (68.9%)
248	<b>SIERADZKI Bartosz</b>	<b>265</b>		M 50-59	25	00:00:24	00:11:37	00:21:56	<b>00:22:14.30</b>	<b>00:22:39.10</b>	+00:06:56 (31.2%)	4:26	13.5 (68.9%)
249	<b>GOŹDZIK Janek</b>	<b>1644</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M 16-19	14	00:00:42	00:11:56	00:21:58	<b>00:22:14.65</b>	<b>00:22:57.00</b>	+00:06:57 (31.3%)	4:26	13.5 (68.9%)
249	<b>SIELECKI Arkadiusz</b>	<b>452</b>		M 30-39	82	00:00:09	00:10:44	00:21:54	<b>00:22:14.65</b>	<b>00:22:24.00</b>	+00:06:57 (31.3%)	4:26	13.5 (68.9%)
251	<b>MILEWSKI Andrzej</b>	<b>1131</b>	RUN BYDGOSZCZ	M 50-59	26	00:00:13	00:11:21	00:21:58	<b>00:22:15.95</b>	<b>00:22:29.20</b>	+00:06:58 (31.3%)	4:27	13.5 (68.9%)
252	<b>ŁASSA Eliza</b>	<b>1102</b>	PARKA BIEGA / SKLEP BIEGACZA RUNNING TEAM	K 20-29	11	00:00:40	00:11:37	00:22:00	<b>00:22:16.75</b>	<b>00:22:57.50</b>	+00:06:59 (31.4%)	4:27	13.5 (68.9%)
253	<b>KLESSA Krystian</b>	<b>1166</b>	TEAMOCHAL	M 40-49	53	00:01:15	00:11:36	00:21:59	<b>00:22:16.90</b>	<b>00:23:32.85</b>	+00:06:59 (31.4%)	4:27	13.5 (68.9%)
254	<b>ŁASSA Rafał</b>	<b>1100</b>	PARKA BIEGA	M 20-29	45	00:00:40	00:11:37		<b>00:22:17.20</b>	<b>00:22:57.80</b>	+00:06:59 (31.4%)	4:27	13.5 (68.9%)
255	<b>FRAĆKOWIAK Agata</b>	<b>1525</b>	SJO POLITECHNIKA BYDGOSKA	K 20-29	12	00:01:55	00:11:46	00:22:01	<b>00:22:18.80</b>	<b>00:24:14.75</b>	+00:07:01 (31.5%)	4:27	13.5 (68.9%)
256	<b>DALECKA Magdalena</b>	<b>1399</b>		K 30-39	9	00:00:28	00:11:26	00:22:00	<b>00:22:20.05</b>	<b>00:22:48.35</b>	+00:07:02 (31.5%)	4:28	13.4 (68.4%)
257	<b>ŚWIETLIK Grzegorz</b>	<b>235</b>		M 40-49	54	00:01:04	00:11:41	00:22:02	<b>00:22:21.75</b>	<b>00:23:25.95</b>	+00:07:04 (31.6%)	4:28	13.4 (68.4%)
258	<b>JANCOWSKI Wojciech</b>	<b>1194</b>	TEAM RUDNIK	M 50-59	27	00:00:58	00:11:31	00:22:04	<b>00:22:22.45</b>	<b>00:23:20.85</b>	+00:07:05 (31.7%)	4:28	13.4 (68.4%)
259	<b>KONARSKI Krzysztof</b>	<b>409</b>		M 20-29	46	00:00:58	00:11:56	00:22:06	<b>00:22:22.60</b>	<b>00:23:21.40</b>	+00:07:05 (31.7%)	4:28	13.4 (68.4%)
260	<b>ZAKRZEWSKI Jarosław</b>	<b>42</b>		M 50-59	28	00:00:17	00:11:23	00:22:01	<b>00:22:22.70</b>	<b>00:22:40.40</b>	+00:07:05 (31.7%)	4:28	13.4 (68.4%)
261	<b>WĘSIERSKI Jarosław</b>	<b>1143</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 50-59	29	00:01:03	00:11:39	00:22:03	<b>00:22:23.10</b>	<b>00:23:26.75</b>	+00:07:05 (31.7%)	4:28	13.4 (68.4%)
262	<b>RYBAK Łukasz</b>	<b>762</b>		M 30-39	83	00:00:21	00:11:41	00:22:07	<b>00:22:23.45</b>	<b>00:22:44.65</b>	+00:07:06 (31.7%)	4:28	13.4 (68.4%)
263	<b>MICHALISZYN Mateusz</b>	<b>469</b>		M 30-39	84	00:02:14	00:11:56	00:22:09	<b>00:22:26.50</b>	<b>00:24:41.40</b>	+00:07:09 (31.9%)	4:29	13.4 (68.4%)
264	<b>KRUPA Piotr</b>	<b>157</b>		M 40-49	55	00:00:59	00:12:06	00:22:09	<b>00:22:27.70</b>	<b>00:23:27.35</b>	+00:07:10 (31.9%)	4:29	13.4 (68.4%)
265	<b>TAGLEWSKI Rafał</b>	<b>1263</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	56	00:00:41	00:11:15	00:22:08	<b>00:22:28.05</b>	<b>00:23:09.60</b>	+00:07:10 (31.9%)	4:29	13.4 (68.4%)
266	<b>KNAPIK Karol</b>	<b>1496</b>		M 30-39	85	00:00:26	00:11:37	00:22:08	<b>00:22:28.30</b>	<b>00:22:54.95</b>	+00:07:10 (32.0%)	4:29	13.4 (68.4%)
267	<b>SZUBIŃSKI Ireneusz</b>	<b>1257</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	57	00:00:23	00:11:35	00:22:08	<b>00:22:28.55</b>	<b>00:22:52.15</b>	+00:07:11 (32.0%)	4:29	13.4 (68.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
268	RZEPECKI Damian	566		M 30-39	86	00:01:08	00:11:40	00:22:10	00:22:29.95	00:23:38.10	+00:07:12 (32.0%)	4:29	13.3 (67.9%)
269	CHLEBOWSKI Piotr	1532	IWSPSZ	M 40-49	58	00:01:20	00:11:32	00:22:12	00:22:30.65	00:23:51.35	+00:07:13 (32.1%)	4:30	13.3 (67.9%)
270	PRZEKWAŚ Paweł	596		M 30-39	87	00:00:18	00:11:25	00:22:14	00:22:31.30	00:22:50.25	+00:07:13 (32.1%)	4:30	13.3 (67.9%)
271	JANOWSKI Kamil	1128	RUNTIME ERROR 404	M 30-39	88	00:01:07	00:11:55	00:22:12	00:22:31.40	00:23:39.05	+00:07:14 (32.1%)	4:30	13.3 (67.9%)
271	KULPA Paweł	1160	#SZWAGIERTEAM	M 30-39	88	00:01:52	00:11:58	00:22:16	00:22:31.40	00:24:23.50	+00:07:14 (32.1%)	4:30	13.3 (67.9%)
273	MIZERAKOWSKI Szymon	825		M 20-29	47	00:01:40	00:11:48	00:22:15	00:22:32.05	00:24:12.65	+00:07:14 (32.1%)	4:30	13.3 (67.9%)
274	POPIELARZ Robert	1062	MAKE LOVE NOT WAR	M 50-59	30	00:00:38	00:11:41	00:22:12	00:22:32.30	00:23:10.40	+00:07:14 (32.2%)	4:30	13.3 (67.9%)
275	JASKULSKI Patryk	199		M 30-39	90	00:00:26	00:11:01	00:22:10	00:22:32.60	00:22:59.50	+00:07:15 (32.2%)	4:30	13.3 (67.9%)
276	STRYCZYŃSKI Marek	1223	TRISPACE/TREK	M 30-39	91	00:00:13	00:11:19	00:22:13	00:22:33.45	00:22:47.05	+00:07:16 (32.2%)	4:30	13.3 (67.9%)
277	GIL-PILARSKI Szymon	620		M 20-29	48	00:01:10	00:11:54	00:22:14	00:22:33.50	00:23:43.55	+00:07:16 (32.2%)	4:30	13.3 (67.9%)
278	OZDARSKI Bartosz	1184	TEAM OZDAR	M 40-49	59	00:00:11	00:11:49	00:22:15	00:22:35.15	00:22:46.20	+00:07:17 (32.3%)	4:31	13.3 (67.9%)
279	KUBIACZYK Igor	864		M 20-29	49	00:02:23	00:11:59	00:22:17	00:22:35.70	00:24:59.10	+00:07:18 (32.3%)	4:31	13.3 (67.9%)
280	KRETOWICZ Piotr	1237	USŁUGI REMONTOWO-WYKOŃCZENIOWE BŁYSZCZĄCE ROZWIĄZANIA	M 20-29	50	00:00:32	00:11:49	00:22:18	00:22:35.80	00:23:08.45	+00:07:18 (32.3%)	4:31	13.3 (67.9%)
281	OPENCHOWSKI Michał	342		M 30-39	92	00:00:51	00:11:58	00:22:16	00:22:36.35	00:23:27.90	+00:07:18 (32.4%)	4:31	13.3 (67.9%)
282	RUTKOWSKI Igor	1407		M 20-29	51	00:02:20	00:11:29	00:22:19	00:22:37.35	00:24:57.90	+00:07:19 (32.4%)	4:31	13.3 (67.9%)
283	WADELSKA Joanna	28		K 30-39	10	00:00:15	00:11:41	00:22:17	00:22:37.55	00:22:53.35	+00:07:20 (32.4%)	4:31	13.3 (67.9%)
284	KOLANO Grzegorz	242		M 30-39	93	00:01:52	00:12:01	00:22:19	00:22:37.70	00:24:29.95	+00:07:20 (32.4%)	4:31	13.3 (67.9%)
285	KIERUJ Piotr	1307		M 30-39	94	00:01:48	00:11:58	00:22:21	00:22:38.65	00:24:27.25	+00:07:21 (32.5%)	4:31	13.3 (67.9%)
286	KUCIŃSKI Artur	1175	TEAM ORANGE	M 40-49	60	00:00:42	00:11:44	00:22:19	00:22:39.35	00:23:21.90	+00:07:21 (32.5%)	4:31	13.2 (67.3%)
287	OLEJNIK Franek	1704	LOTTO BYDGOSTIA	M 16-19	15	00:00:46	00:11:49	00:22:22	00:22:39.55	00:23:26.30	+00:07:22 (32.5%)	4:31	13.2 (67.3%)
288	ROSÓŁ Jacek	207		M 40-49	61	00:00:12	00:11:39	00:22:19	00:22:40.10	00:22:53.05	+00:07:22 (32.5%)	4:32	13.2 (67.3%)
289	PILARSKI Michał	826		M 30-39	95	00:00:21	00:12:00	00:22:22	00:22:40.15	00:23:01.30	+00:07:22 (32.6%)	4:32	13.2 (67.3%)
290	BERES Marcin	1008	HARPAGAN	M 40-49	62	00:00:43	00:11:44	00:22:21	00:22:40.80	00:23:24.60	+00:07:23 (32.6%)	4:32	13.2 (67.3%)
290	STEFANIK Kasia	942	BRZEZIŃSKI RUN CLUB	K 30-39	11	00:01:29	00:11:55	00:22:21	00:22:40.80	00:24:09.80	+00:07:23 (32.6%)	4:32	13.2 (67.3%)
292	AGARKOV Pavlo	1146	SANSARA RUN CLUB	M 30-39	96	00:00:05	00:11:33	00:22:24	00:22:43.60	00:22:49.55	+00:07:26 (32.7%)	4:32	13.2 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
293	MASŁOWSKI Łukasz	495		M 30-39	97	00:02:14	00:11:56	00:22:26	<b>00:22:43.65</b>	<b>00:24:58.40</b>	+00:07:26 (32.7%)	4:32	13.2 (67.3%)
294	ROSIŃSKI Maciej	457		M 50-59	31	00:01:00	00:12:03	00:22:21	<b>00:22:43.85</b>	<b>00:23:44.45</b>	+00:07:26 (32.7%)	4:32	13.2 (67.3%)
295	JAKUBCZAK Michał	73		M 30-39	98	00:01:16	00:11:47	00:22:23	<b>00:22:44.05</b>	<b>00:24:01.00</b>	+00:07:26 (32.7%)	4:32	13.2 (67.3%)
296	CHOIŃSKA Dominika	571		K 20-29	13	00:00:32	00:11:38	00:22:26	<b>00:22:44.50</b>	<b>00:23:16.85</b>	+00:07:27 (32.8%)	4:32	13.2 (67.3%)
296	CIECHANOWSKI Radosław	1305		M 30-39	99	00:01:26		00:22:26	<b>00:22:44.50</b>	<b>00:24:11.20</b>	+00:07:27 (32.8%)	4:32	13.2 (67.3%)
298	SULIŃSKI Bogdan	338		M 20-29	52	00:01:03	00:11:35	00:22:30	<b>00:22:45.20</b>	<b>00:23:48.55</b>	+00:07:27 (32.8%)	4:33	13.2 (67.3%)
299	KOWALSKI Krzysztof	1091	OCELOTY KRUSZYN KRAJEŃSKI	M 40-49	63	00:00:49	00:11:47	00:22:30	<b>00:22:47.30</b>	<b>00:23:36.95</b>	+00:07:29 (32.9%)	4:33	13.2 (67.3%)
300	DOMŻALSKI Marek	709		M 50-59	32	00:00:19	00:11:47	00:22:29	<b>00:22:47.60</b>	<b>00:23:06.60</b>	+00:07:30 (32.9%)	4:33	13.2 (67.3%)
301	SIKORSKI Jarosław	1023	KABEL TEAM BYDGOSZCZ	M 40-49	64	00:00:22	00:11:35	00:22:26	<b>00:22:47.65</b>	<b>00:23:10.60</b>	+00:07:30 (32.9%)	4:33	13.2 (67.3%)
302	KUCZEWSKI Łukasz	649		M 40-49	65	00:00:34	00:11:52	00:22:30	<b>00:22:47.95</b>	<b>00:23:22.00</b>	+00:07:30 (32.9%)	4:33	13.2 (67.3%)
303	SZATKOWSKI Dominik	385		M 20-29	53	00:00:54	00:11:33	00:22:27	<b>00:22:48.05</b>	<b>00:23:42.55</b>	+00:07:30 (32.9%)	4:33	13.2 (67.3%)
304	KABACIŃSKI Jarosław	1415		M 40-49	66	00:01:24	00:11:51	00:22:31	<b>00:22:48.30</b>	<b>00:24:12.85</b>	+00:07:30 (33.0%)	4:33	13.2 (67.3%)
305	LESIKOWSKI Sylwester	1443		M 30-39	100	00:01:30	00:11:56	00:22:31	<b>00:22:48.40</b>	<b>00:24:18.70</b>	+00:07:31 (33.0%)	4:33	13.2 (67.3%)
305	GUTKOWSKI Michał	1123	RTW LOTTO-BYDGOSTIA BYDGOSZCZ	M 16-19	16	00:00:48	00:11:35	00:22:28	<b>00:22:48.40</b>	<b>00:23:36.50</b>	+00:07:31 (33.0%)	4:33	13.2 (67.3%)
307	JASIŃSKI Wiktor	1639	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M 16-19	17	00:00:13	00:11:46	00:22:31	<b>00:22:49.20</b>	<b>00:23:03.15</b>	+00:07:31 (33.0%)	4:33	13.1 (66.8%)
308	ZIENKIEWICZ Marek	1355	ATOS	M 50-59	33	00:00:12	00:11:52	00:22:30	<b>00:22:49.30</b>	<b>00:23:01.60</b>	+00:07:31 (33.0%)	4:33	13.1 (66.8%)
309	HŁAWNIAK Zbigniew	379		M 60-69	3	00:00:22	00:11:54	00:22:31	<b>00:22:50.90</b>	<b>00:23:13.40</b>	+00:07:33 (33.1%)	4:34	13.1 (66.8%)
310	CHORAŻAK Sławek	271		M 50-59	34	00:02:02	00:11:58	00:22:33	<b>00:22:51.40</b>	<b>00:24:54.20</b>	+00:07:34 (33.1%)	4:34	13.1 (66.8%)
311	GUTKOWSKI Mikołaj	1668		M 16-19	18	00:00:49	00:11:58	00:22:34	<b>00:22:52.15</b>	<b>00:23:41.15</b>	+00:07:34 (33.1%)	4:34	13.1 (66.8%)
312	BICZKOWSKI Patryk	986	DRUŻYNA B	M 30-39	101	00:00:52	00:11:37	00:22:36	<b>00:22:53.60</b>	<b>00:23:46.05</b>	+00:07:36 (33.2%)	4:34	13.1 (66.8%)
313	KNITER Adrian	548		M 30-39	102	00:00:52	00:11:57	00:22:35	<b>00:22:53.95</b>	<b>00:23:46.20</b>	+00:07:36 (33.2%)	4:34	13.1 (66.8%)
314	KIEŁCZYŃSKI Tymoteusz	693		M 20-29	54	00:00:55	00:11:54	00:22:34	<b>00:22:54.35</b>	<b>00:23:49.35</b>	+00:07:36 (33.2%)	4:34	13.1 (66.8%)
315	WUCENS Piotr	398		M 40-49	67	00:01:46	00:11:44	00:22:34	<b>00:22:54.85</b>	<b>00:24:41.70</b>	+00:07:37 (33.3%)	4:34	13.1 (66.8%)
316	GAŚSIOROWSKI Mariusz	705		M 40-49	68	00:00:36	00:12:14	00:22:40	<b>00:22:56.35</b>	<b>00:23:33.10</b>	+00:07:38 (33.3%)	4:35	13.1 (66.8%)
317	RACZKO Agata	538		K 30-39	12	00:00:24	00:11:54	00:22:36	<b>00:22:57.55</b>	<b>00:23:22.20</b>	+00:07:40 (33.4%)	4:35	13.1 (66.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
318	<b>KOWALSKI Jacek</b>	<b>662</b>	BYDGOSKIE OKONIE	M 40-49	69	00:01:03	00:11:59	00:22:42	<b>00:22:58.95</b>	<b>00:24:02.70</b>	+00:07:41 (33.5%)	4:35	13.1 (66.8%)
318	<b>TOMCZAK Agnieszka</b>	<b>237</b>		K 40-49	3	00:00:13	00:11:43	00:22:39	<b>00:22:58.95</b>	<b>00:23:12.25</b>	+00:07:41 (33.5%)	4:35	13.1 (66.8%)
320	<b>ZABOROWSKI Krzysztof</b>	<b>10</b>		M 30-39	103	00:00:31	00:11:38	00:22:39	<b>00:22:59.05</b>	<b>00:23:30.35</b>	+00:07:41 (33.5%)	4:35	13.1 (66.8%)
320	<b>KOWALSKI Bartłomiej</b>	<b>1567</b>	BKS BYDGOSZCZ	M 0-15	10	00:01:03	00:11:59	00:22:42	<b>00:22:59.05</b>	<b>00:24:02.60</b>	+00:07:41 (33.5%)	4:35	13.1 (66.8%)
322	<b>MAŚLONKOWSKI Sebastian</b>	<b>967</b>	CDI KB	M 20-29	55	00:01:14	00:12:11	00:22:41	<b>00:22:59.10</b>	<b>00:24:13.45</b>	+00:07:41 (33.5%)	4:35	13.1 (66.8%)
323	<b>PIEKUT Marcel</b>	<b>1613</b>	BRZEZIŃSKI RUN CLUB	M 0-15	11	00:01:22	00:12:15	00:22:41	<b>00:23:00.25</b>	<b>00:24:22.25</b>	+00:07:42 (33.5%)	4:36	13 (66.3%)
324	<b>SIUDZIŃSKI Tomasz</b>	<b>426</b>		M 30-39	104	00:01:00	00:12:10	00:22:40	<b>00:23:00.45</b>	<b>00:24:00.70</b>	+00:07:43 (33.5%)	4:36	13 (66.3%)
325	<b>NADRATOWSKI Maciej</b>	<b>1021</b>	KABEL TEAM BYDGOSZCZ	M 40-49	70	00:00:22	00:11:53	00:22:44	<b>00:23:01.30</b>	<b>00:23:23.45</b>	+00:07:43 (33.6%)	4:36	13 (66.3%)
326	<b>KOTŁOWSKI Przemysław</b>	<b>1073</b>	MKS SP63	M 40-49	71	00:01:18	00:11:51	00:22:43	<b>00:23:02.70</b>	<b>00:24:21.45</b>	+00:07:45 (33.7%)	4:36	13 (66.3%)
327	<b>WĘGRZYNOWSKI Sławomir</b>	<b>1022</b>	KABEL TEAM BYDGOSZCZY	M 50-59	35	00:00:22	00:11:57	00:22:45	<b>00:23:03.10</b>	<b>00:23:25.45</b>	+00:07:45 (33.7%)	4:36	13 (66.3%)
328	<b>LIPIŃSKI Sebastian</b>	<b>1136</b>	RUN BYDGOSZCZ	M 50-59	36	00:00:22	00:12:07	00:22:47	<b>00:23:03.45</b>	<b>00:23:26.25</b>	+00:07:46 (33.7%)	4:36	13 (66.3%)
329	<b>FRANKOWSKI Jakub</b>	<b>1649</b>		M 16-19	19	00:00:39	00:11:43	00:22:43	<b>00:23:03.90</b>	<b>00:23:43.85</b>	+00:07:46 (33.7%)	4:36	13 (66.3%)
330	<b>KŁAK Michał</b>	<b>1294</b>		M 30-39	105	00:00:08	00:11:15	00:22:45	<b>00:23:04.20</b>	<b>00:23:12.55</b>	+00:07:46 (33.7%)	4:36	13 (66.3%)
331	<b>PIEKARSKI Paweł</b>	<b>827</b>		M 30-39	106	00:00:17	00:11:34	00:22:46	<b>00:23:04.45</b>	<b>00:23:21.90</b>	+00:07:47 (33.7%)	4:36	13 (66.3%)
332	<b>MICHAŁEK Daniel</b>	<b>924</b>	BIEGAM PO PIWO	M 30-39	107	00:00:54	00:11:58	00:22:49	<b>00:23:04.50</b>	<b>00:23:58.70</b>	+00:07:47 (33.7%)	4:36	13 (66.3%)
333	<b>JANUSZEWSKI Olaf</b>	<b>1641</b>	BYDGOSKIE TOWARZYSTWO WIOSLARSKIE	M 16-19	20	00:00:14	00:11:44	00:22:46	<b>00:23:04.65</b>	<b>00:23:19.55</b>	+00:07:47 (33.7%)	4:36	13 (66.3%)
334	<b>WATOROWSKI Irek</b>	<b>638</b>		M 30-39	108	00:00:58	00:12:08	00:22:49	<b>00:23:05.15</b>	<b>00:24:04.10</b>	+00:07:47 (33.8%)	4:37	13 (66.3%)
335	<b>ORZECZOWSKI Piotr</b>	<b>713</b>		M 40-49	72	00:00:34	00:12:11	00:22:47	<b>00:23:06.05</b>	<b>00:23:40.80</b>	+00:07:48 (33.8%)	4:37	13 (66.3%)
336	<b>LESZCZYŃSKI Tomasz</b>	<b>49</b>		M 40-49	73	00:00:24	00:12:04	00:22:47	<b>00:23:08.35</b>	<b>00:23:32.35</b>	+00:07:50 (33.9%)	4:37	13 (66.3%)
337	<b>LAKS Krzysztof</b>	<b>228</b>		M 30-39	109	00:01:35	00:12:26	00:22:51	<b>00:23:08.50</b>	<b>00:24:44.45</b>	+00:07:51 (33.9%)	4:37	13 (66.3%)
338	<b>WALCZAK Kamil</b>	<b>25</b>		M 30-39	110	00:00:14	00:12:00	00:22:53	<b>00:23:09.20</b>	<b>00:23:24.10</b>	+00:07:51 (34.0%)	4:37	13 (66.3%)
339	<b>MROKOWSKI Tomasz</b>	<b>390</b>		M 20-29	56	00:00:28	00:11:28	00:22:46	<b>00:23:10.70</b>	<b>00:23:38.95</b>	+00:07:53 (34.0%)	4:38	12.9 (65.8%)
340	<b>MARCHLEWSKI Szymon</b>	<b>243</b>		M 20-29	57	00:00:13	00:12:04	00:22:50	<b>00:23:11.05</b>	<b>00:23:24.30</b>	+00:07:53 (34.0%)	4:38	12.9 (65.8%)
341	<b>MISZCZYK Aragon</b>	<b>1652</b>		M 16-19	21	00:00:52	00:12:08	00:22:53	<b>00:23:11.25</b>	<b>00:24:03.40</b>	+00:07:53 (34.1%)	4:38	12.9 (65.8%)
342	<b>KRUSZYNA Adam</b>	<b>712</b>		M 50-59	37	00:00:41	00:12:14	00:22:56	<b>00:23:12.35</b>	<b>00:23:54.00</b>	+00:07:54 (34.1%)	4:38	12.9 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
342	SMOLAREK Szymon	1626	BTW	M 0-15	12	00:00:42	00:12:00	00:22:52	00:23:12.35	00:23:54.85	+00:07:54 (34.1%)	4:38	12.9 (65.8%)
344	PALIGA Maciej	250		M 30-39	111	00:00:27	00:11:40	00:22:53	00:23:12.45	00:23:40.00	+00:07:55 (34.1%)	4:38	12.9 (65.8%)
345	NOSKE Mateusz	1269	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 20-29	58	00:00:36	00:12:03	00:22:57	00:23:12.50	00:23:49.05	+00:07:55 (34.1%)	4:38	12.9 (65.8%)
346	DOROCIAK Krzysztof	1068	MEDICAL WARRIORS	M 40-49	74	00:00:17	00:11:56	00:22:49	00:23:13.30	00:23:30.45	+00:07:55 (34.2%)	4:38	12.9 (65.8%)
347	FELINIAK Daniel	239		M 40-49	75	00:01:11	00:12:09	00:22:54	00:23:13.45	00:24:24.70	+00:07:56 (34.2%)	4:38	12.9 (65.8%)
348	SOWIŃSKI Marcin	563		M 40-49	76	00:02:14	00:12:13	00:22:56	00:23:14.35	00:25:29.30	+00:07:56 (34.2%)	4:38	12.9 (65.8%)
349	KAŹMIERCZAK Jakub	119		M 40-49	77	00:00:51	00:12:01	00:22:54	00:23:14.40	00:24:05.55	+00:07:57 (34.2%)	4:38	12.9 (65.8%)
350	CHARYDCZAK Błażej	1147	S*****A TEAM	M 20-29	59	00:00:57	00:12:10	00:22:55	00:23:14.45	00:24:12.10	+00:07:57 (34.2%)	4:38	12.9 (65.8%)
351	MAR Milosz	446		M 30-39	112	00:00:39	00:12:24	00:22:59	00:23:15.85	00:23:55.30	+00:07:58 (34.3%)	4:39	12.9 (65.8%)
352	FRASZ Filip	1691		M 0-15	13	00:01:16	00:12:10	00:22:56	00:23:16.65	00:24:33.30	+00:07:59 (34.3%)	4:39	12.9 (65.8%)
353	BIENIEWICZ Kamila	1354		K 30-39	13	00:00:50	00:11:52	00:22:57	00:23:17.35	00:24:08.20	+00:07:59 (34.3%)	4:39	12.9 (65.8%)
354	CZAJKA Dawid	201		M 30-39	113	00:00:30	00:12:01	00:22:57	00:23:17.95	00:23:48.10	+00:08:00 (34.4%)	4:39	12.9 (65.8%)
355	NIESTĘPSKI Bartosz	855		M 30-39	114	00:01:44	00:12:24	00:23:00	00:23:18.95	00:25:03.35	+00:08:01 (34.4%)	4:39	12.9 (65.8%)
356	PSZCZOLIŃSKI Adam	1164	ŚWISZCZĄCE SZPRYCHY	M 40-49	78	00:02:30	00:12:08	00:23:01	00:23:19.10	00:25:49.75	+00:08:01 (34.4%)	4:39	12.9 (65.8%)
357	BIAŁY Dawid	105		M 30-39	115	00:01:14	00:12:09	00:23:00	00:23:20.15	00:24:35.10	+00:08:02 (34.5%)	4:40	12.9 (65.8%)
358	SCHMIDT Sebastian	1584	BB ACTIVE TEAM	M 0-15	14	00:00:53	00:12:01	00:23:02	00:23:21.25	00:24:14.35	+00:08:03 (34.5%)	4:40	12.8 (65.3%)
359	GARBULSKA Łucja	1618	CWZS ZAWISZA BYDGOSZCZ	K 0-15	2	00:00:16	00:11:53	00:23:02	00:23:21.45	00:23:37.80	+00:08:04 (34.5%)	4:40	12.8 (65.3%)
360	SZYMAN Jakub	425		M 20-29	60	00:01:14		00:23:03	00:23:21.80	00:24:35.85	+00:08:04 (34.6%)	4:40	12.8 (65.3%)
361	MAŁKOWSKI Iwo	905	ANTIDOTUM	M 30-39	116	00:00:06	00:11:36	00:23:03	00:23:23.10	00:23:29.65	+00:08:05 (34.6%)	4:40	12.8 (65.3%)
362	KAMIŃSKI Patryk	1110	POL	M 20-29	61	00:00:45	00:12:12	00:23:05	00:23:24.65	00:24:10.10	+00:08:07 (34.7%)	4:40	12.8 (65.3%)
363	LATOS Paweł	684		M 30-39	117	00:01:48	00:12:15	00:23:05	00:23:24.70	00:25:13.60	+00:08:07 (34.7%)	4:40	12.8 (65.3%)
364	MICHNA Marcin	906	ANTIDOTUM	M 30-39	118	00:00:07	00:11:34	00:23:03	00:23:24.85	00:23:32.00	+00:08:07 (34.7%)	4:40	12.8 (65.3%)
365	BIERYT Krzysztof	1111	POLIFAX UL. BOCZNA 10	M 30-39	119	00:01:12	00:12:49	00:23:11	00:23:26.95	00:24:38.95	+00:08:09 (34.8%)	4:41	12.8 (65.3%)
366	ŚPICA Grzegorz	690		M 30-39	120	00:01:27	00:11:57	00:23:12	00:23:28.25	00:24:55.25	+00:08:10 (34.9%)	4:41	12.8 (65.3%)
367	GLINKOWSKI Dariusz	911	B28	M 30-39	121	00:00:19	00:12:05	00:23:11	00:23:28.60	00:23:48.45	+00:08:11 (34.9%)	4:41	12.8 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
367	<b>KOWALCZEWSKA Magdalena</b>	<b>779</b>		K 20-29	14	00:01:15	00:12:09	00:23:08	<b>00:23:28.60</b>	<b>00:24:43.95</b>	+00:08:11 (34.9%)	4:41	12.8 (65.3%)
369	<b>DAHLKE Magdalena</b>	<b>1502</b>	CB163 BYDGOSZCZ	K 30-39	14	00:00:03		00:23:08	<b>00:23:28.95</b>	<b>00:23:32.80</b>	+00:08:11 (34.9%)	4:41	12.8 (65.3%)
370	<b>JANUSZEWSKI Radosław</b>	<b>842</b>		M 40-49	79	00:00:11	00:12:14	00:23:12	<b>00:23:29.25</b>	<b>00:23:41.00</b>	+00:08:11 (34.9%)	4:41	12.8 (65.3%)
371	<b>MODRAKOWSKI Roland</b>	<b>991</b>	DYSTRYBUCJA-REKLAM.PL	M 40-49	80	00:01:13	00:12:04	00:23:11	<b>00:23:29.60</b>	<b>00:24:42.85</b>	+00:08:12 (34.9%)	4:41	12.8 (65.3%)
372	<b>KOLSKI Michał</b>	<b>104</b>		M 40-49	81	00:00:27	00:12:16	00:23:12	<b>00:23:29.85</b>	<b>00:23:57.40</b>	+00:08:12 (34.9%)	4:41	12.8 (65.3%)
373	<b>FOJUT Artur</b>	<b>1049</b>	LAPIS TEAM	M 20-29	62	00:01:42	00:12:30	00:23:16	<b>00:23:31.75</b>	<b>00:25:14.10</b>	+00:08:14 (35.0%)	4:42	12.8 (65.3%)
374	<b>BOYSEN Mateusz</b>	<b>176</b>		M 20-29	63	00:00:53	00:12:12	00:23:13	<b>00:23:32.30</b>	<b>00:24:25.80</b>	+00:08:14 (35.0%)	4:42	12.7 (64.8%)
375	<b>CZAJA Jarosław</b>	<b>4</b>		M 40-49	82	00:00:24	00:12:11	00:23:15	<b>00:23:32.60</b>	<b>00:23:57.10</b>	+00:08:15 (35.1%)	4:42	12.7 (64.8%)
376	<b>GACKOWSKI Krzysztof</b>	<b>881</b>		M 50-59	38	00:00:33	00:12:14	00:23:14	<b>00:23:33.30</b>	<b>00:24:06.35</b>	+00:08:15 (35.1%)	4:42	12.7 (64.8%)
377	<b>ADAMCZAK Filip</b>	<b>373</b>		M 20-29	64	00:00:33	00:12:14	00:23:13	<b>00:23:33.35</b>	<b>00:24:07.20</b>	+00:08:15 (35.1%)	4:42	12.7 (64.8%)
378	<b>PAWŁOWSKA Agata</b>	<b>590</b>		K 20-29	15	00:00:37	00:11:57	00:23:14	<b>00:23:33.70</b>	<b>00:24:10.95</b>	+00:08:16 (35.1%)	4:42	12.7 (64.8%)
379	<b>BIAŁAS Tomasz</b>	<b>737</b>		M 30-39	122	00:00:50	00:12:12	00:23:15	<b>00:23:34.45</b>	<b>00:24:24.95</b>	+00:08:17 (35.1%)	4:42	12.7 (64.8%)
380		<b>1710</b>				00:01:54	00:12:54	00:23:17	<b>00:23:34.60</b>	<b>00:25:28.90</b>	+00:08:17 (35.1%)	4:42	12.7 (64.8%)
381	<b>SĄDOWSKI Adam</b>	<b>1662</b>		M 16-19	22	00:00:52		00:23:18	<b>00:23:34.90</b>	<b>00:24:26.90</b>	+00:08:17 (35.2%)	4:42	12.7 (64.8%)
382	<b>ŁOBODA Andrzej</b>	<b>258</b>		M 60-69	4	00:01:16	00:12:23	00:23:16	<b>00:23:36.05</b>	<b>00:24:52.05</b>	+00:08:18 (35.2%)	4:43	12.7 (64.8%)
383	<b>FIRYN Piotr</b>	<b>86</b>		M 20-29	65	00:01:51	00:12:39	00:23:18	<b>00:23:36.40</b>	<b>00:25:27.80</b>	+00:08:19 (35.2%)	4:43	12.7 (64.8%)
384	<b>KAŻMIERCZAK Piotr</b>	<b>416</b>		M 30-39	123	00:01:53	00:12:13	00:23:17	<b>00:23:36.45</b>	<b>00:25:29.75</b>	+00:08:19 (35.2%)	4:43	12.7 (64.8%)
385	<b>SZPERKIEWICZ Katarzyna</b>	<b>1513</b>	AZS AWF POZNAŃ	K 20-29	16	00:00:22	00:12:20	00:23:20	<b>00:23:36.65</b>	<b>00:23:59.00</b>	+00:08:19 (35.2%)	4:43	12.7 (64.8%)
386	<b>KOCHAŃSKI Sebastian</b>	<b>245</b>		M 30-39	124	00:01:03	00:12:20	00:23:17	<b>00:23:36.70</b>	<b>00:24:40.25</b>	+00:08:19 (35.2%)	4:43	12.7 (64.8%)
387	<b>KOCHAŃSKI Przemysław</b>	<b>1350</b>		M 30-39	125	00:01:03	00:12:20	00:23:17	<b>00:23:37.00</b>	<b>00:24:40.55</b>	+00:08:19 (35.3%)	4:43	12.7 (64.8%)
388	<b>SUCHACKI Kacper</b>	<b>1669</b>	LOTTO BYDGOSTIA BYDGOSZCZ	M 16-19	23	00:00:52	00:12:38	00:23:19	<b>00:23:37.35</b>	<b>00:24:30.10</b>	+00:08:19 (35.3%)	4:43	12.7 (64.8%)
389	<b>BARAŃSKI Władysław</b>	<b>702</b>		M 40-49	83	00:00:48	00:12:17	00:23:20	<b>00:23:37.40</b>	<b>00:24:26.00</b>	+00:08:20 (35.3%)	4:43	12.7 (64.8%)
390	<b>KRUCZKOWSKI Przemysław</b>	<b>579</b>		M 20-29	66	00:00:57	00:12:17	00:23:15	<b>00:23:37.45</b>	<b>00:24:35.30</b>	+00:08:20 (35.3%)	4:43	12.7 (64.8%)
391	<b>PROMIANOWSKI Marcin</b>	<b>868</b>		M 30-39	126	00:01:00	00:12:25	00:23:23	<b>00:23:38.90</b>	<b>00:24:39.40</b>	+00:08:21 (35.3%)	4:43	12.7 (64.8%)
392	<b>RYŻOWICZ Maksymilian</b>	<b>815</b>		M 16-19	24	00:02:25	00:12:44	00:23:19	<b>00:23:39.40</b>	<b>00:26:04.45</b>	+00:08:22 (35.4%)	4:43	12.7 (64.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
393	KRAJEWSKI Norbert	542		M 20-29	67	00:01:09	00:12:53	00:23:23	00:23:39.75	00:24:49.35	+00:08:22 (35.4%)	4:43	12.7 (64.8%)
394	KONICZYŃSKA Jowita	1577		K 0-15	3	00:00:03	00:11:33	00:23:18	00:23:39.95	00:23:43.40	+00:08:22 (35.4%)	4:43	12.7 (64.8%)
395	NAPORA Mateusz	731		M 30-39	127	00:00:59	00:12:17	00:23:21	00:23:41.20	00:24:40.25	+00:08:23 (35.4%)	4:44	12.7 (64.8%)
396	MALINOWSKA Asia	144		K 20-29	17	00:01:14	00:12:14	00:23:21	00:23:41.25	00:24:56.00	+00:08:23 (35.5%)	4:44	12.7 (64.8%)
397	GWIAZDOWSKI Krzysztof	257		M 40-49	84	00:00:30	00:12:19	00:23:24	00:23:43.35	00:24:14.20	+00:08:25 (35.5%)	4:44	12.6 (64.3%)
398	SZEWczykowski Grzegorz	949	BYDGOSKIE ŻÓŁWIE	M 40-49	85	00:02:43	00:12:44	00:23:26	00:23:43.40	00:26:27.30	+00:08:26 (35.5%)	4:44	12.6 (64.3%)
399	NIEZRĘCKI Kamil	639		M 30-39	128	00:00:54	00:12:03	00:23:23	00:23:43.70	00:24:38.50	+00:08:26 (35.6%)	4:44	12.6 (64.3%)
400	BIERNACKA Magdalena	1014	INSPEKTORAT WSPARCIA SIŁ ZBROJNYCH	K 30-39	15	00:00:19	00:12:02	00:23:21	00:23:44.40	00:24:03.90	+00:08:27 (35.6%)	4:44	12.6 (64.3%)
401	SOBKIEWICZ Michał	565		M 20-29	68	00:00:45	00:12:09	00:23:22	00:23:44.65	00:24:30.20	+00:08:27 (35.6%)	4:44	12.6 (64.3%)
402	KASZUBA Konrad	346		M 30-39	129	00:00:53	00:12:09	00:23:28	00:23:45.95	00:24:39.05	+00:08:28 (35.7%)	4:45	12.6 (64.3%)
403	SOCHA Mateusz	1155	SOCHA	M 20-29	69	00:00:15	00:12:04	00:23:25	00:23:46.55	00:24:02.30	+00:08:29 (35.7%)	4:45	12.6 (64.3%)
404	WIKA Damian	953	BYDGOSKI KLUB MORSÓW	M 30-39	130	00:01:45	00:12:50	00:23:31	00:23:46.85	00:25:32.75	+00:08:29 (35.7%)	4:45	12.6 (64.3%)
405	MASEŁKO Michał	522		M 20-29	70	00:02:46	00:13:19	00:23:26	00:23:48.35	00:26:34.35	+00:08:30 (35.8%)	4:45	12.6 (64.3%)
406	MICHAŁEK Krzysztof	846		M 20-29	71	00:00:59	00:12:28	00:23:30	00:23:48.55	00:24:47.90	+00:08:31 (35.8%)	4:45	12.6 (64.3%)
407	WALICKI Wiktor	1445		M 20-29	72	00:00:24	00:11:44	00:23:28	00:23:49.05	00:24:13.45	+00:08:31 (35.8%)	4:45	12.6 (64.3%)
408	BARTKOWSKI Tomasz	477		M 40-49	86	00:00:44	00:12:03	00:23:28	00:23:49.70	00:24:33.80	+00:08:32 (35.8%)	4:45	12.6 (64.3%)
409	WILMA Paweł	499		M 40-49	87	00:00:40	00:12:19	00:23:31	00:23:49.80	00:24:30.20	+00:08:32 (35.8%)	4:45	12.6 (64.3%)
410	KONKEL Bartosz	1309		M 30-39	131	00:00:13	00:12:15	00:23:31	00:23:50.10	00:24:03.55	+00:08:32 (35.9%)	4:46	12.6 (64.3%)
411	WOJCIECHOWSKI Grzegorz	19		M 30-39	132	00:00:34	00:12:19	00:23:33	00:23:50.75	00:24:25.10	+00:08:33 (35.9%)	4:46	12.6 (64.3%)
411	SCHMIDT Artur	1609	BB ACTIVE TEAM	M 0-15	15	00:00:53	00:12:03	00:23:34	00:23:50.75	00:24:43.85	+00:08:33 (35.9%)	4:46	12.6 (64.3%)
411	LEWANDOWSKI Karol	1066	MC37	M 30-39	132	00:00:54	00:11:42	00:23:29	00:23:50.75	00:24:45.05	+00:08:33 (35.9%)	4:46	12.6 (64.3%)
414	KANTORSKI Zbysław	262		M 50-59	39	00:01:26	00:12:20	00:23:32	00:23:51.00	00:25:17.40	+00:08:33 (35.9%)	4:46	12.6 (64.3%)
415	JAWORSKI Krzysztof	136		M 50-59	40	00:01:58	00:12:26	00:23:28	00:23:51.35	00:25:50.00	+00:08:33 (35.9%)	4:46	12.6 (64.3%)
416	JOPPEK Łukasz	561		M 30-39	134	00:01:58	00:12:25	00:23:29	00:23:51.60	00:25:49.90	+00:08:34 (35.9%)	4:46	12.6 (64.3%)
417	MARTYNOWICZ Maria	907	AN-TRI-KO	K 50-59	2	00:00:13	00:11:59	00:23:30	00:23:51.75	00:24:05.70	+00:08:34 (35.9%)	4:46	12.6 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
418	<b>MARTYNOWICZ Michał</b>	<b>1059</b>	ŁAPA_TRI_RUN CREW	M 50-59	41	00:00:14	00:11:58	00:23:29	<b>00:23:51.80</b>	<b>00:24:06.20</b>	+00:08:34 (35.9%)	4:46	12.6 (64.3%)
419	<b>GRAJEWSKI Tomasz</b>	<b>121</b>		M 40-49	88	00:01:29	00:12:20	00:23:34	<b>00:23:51.95</b>	<b>00:25:21.75</b>	+00:08:34 (35.9%)	4:46	12.6 (64.3%)
420	<b>GALICKI Jakub</b>	<b>1438</b>	AKADEMIA MISTRZÓW SPORTU	M 50-59	42	00:01:32	00:12:26	00:23:35	<b>00:23:53.35</b>	<b>00:25:25.85</b>	+00:08:35 (36.0%)	4:46	12.6 (64.3%)
421	<b>KRAWCZYKOWSKI Przemysław</b>	<b>1386</b>	KABEL TEAM BYDGOSZCZ	M 30-39	135	00:00:56	00:12:36	00:23:35	<b>00:23:53.80</b>	<b>00:24:50.25</b>	+00:08:36 (36.0%)	4:46	12.6 (64.3%)
422	<b>CIEPŁOWSKI Robert</b>	<b>123</b>		M 40-49	89	00:00:54	00:12:36	00:23:34	<b>00:23:54.10</b>	<b>00:24:48.90</b>	+00:08:36 (36.0%)	4:46	12.6 (64.3%)
423	<b>KRZYŻANIAK Adrian</b>	<b>611</b>		M 40-49	90	00:01:46	00:12:27	00:23:35	<b>00:23:54.55</b>	<b>00:25:40.70</b>	+00:08:37 (36.0%)	4:46	12.6 (64.3%)
424	<b>ZAJĄC Jakub</b>	<b>472</b>		M 20-29	73	00:02:02	00:12:25	00:23:37	<b>00:23:54.70</b>	<b>00:25:57.20</b>	+00:08:37 (36.1%)	4:46	12.6 (64.3%)
425	<b>KLAWIKOWSKI Dawid</b>	<b>1204</b>	TKKF KOLEJARZ BYDGOSZCZ	M 40-49	91	00:00:52	00:12:12	00:23:34	<b>00:23:54.75</b>	<b>00:24:46.80</b>	+00:08:37 (36.1%)	4:46	12.6 (64.3%)
426	<b>MASŁOWSKA Angelika</b>	<b>1446</b>		K 40-49	4	00:01:35	00:12:28	00:23:36	<b>00:23:54.80</b>	<b>00:25:30.60</b>	+00:08:37 (36.1%)	4:46	12.6 (64.3%)
427	<b>SZATTEN Dawid</b>	<b>630</b>		M 40-49	92	00:02:49	00:12:32	00:23:40	<b>00:23:55.90</b>	<b>00:26:45.65</b>	+00:08:38 (36.1%)	4:47	12.5 (63.8%)
428	<b>LEWANDOWSKI Michał</b>	<b>1421</b>		M 40-49	93	00:01:29	00:12:25	00:23:37	<b>00:23:56.15</b>	<b>00:25:25.35</b>	+00:08:38 (36.1%)	4:47	12.5 (63.8%)
429	<b>KLAWIKOWSKI Nikodem</b>	<b>1672</b>		M 16-19	25	00:00:49	00:12:15	00:23:36	<b>00:23:56.50</b>	<b>00:24:46.40</b>	+00:08:39 (36.1%)	4:47	12.5 (63.8%)
430	<b>WOJCIECHOWSKI Michał</b>	<b>396</b>		M 30-39	136	00:01:03	00:12:19	00:23:33	<b>00:23:56.75</b>	<b>00:25:00.20</b>	+00:08:39 (36.1%)	4:47	12.5 (63.8%)
431	<b>CIEŚLEWICZ Karol</b>	<b>1092</b>	OLAF CREW	M 40-49	94	00:00:29	00:12:05	00:23:34	<b>00:23:57.15</b>	<b>00:24:26.30</b>	+00:08:39 (36.2%)	4:47	12.5 (63.8%)
432	<b>SKÓRCZEWSKI Jacek</b>	<b>67</b>		M 60-69	5	00:02:41	00:12:29	00:23:36	<b>00:23:57.30</b>	<b>00:26:38.30</b>	+00:08:39 (36.2%)	4:47	12.5 (63.8%)
433	<b>DZIANKOWSKA Oliwia</b>	<b>829</b>		K 20-29	18	00:01:54	00:12:33	00:23:37	<b>00:23:58.10</b>	<b>00:25:52.65</b>	+00:08:40 (36.2%)	4:47	12.5 (63.8%)
434	<b>DOBOSIEWICZ Sebastian</b>	<b>1247</b>	WATAHA L-PAAK	M 40-49	95	00:00:12	00:12:18	00:23:37	<b>00:23:58.35</b>	<b>00:24:10.80</b>	+00:08:40 (36.2%)	4:47	12.5 (63.8%)
435	<b>DWOJACZNY Mikołaj</b>	<b>1607</b>		M 0-15	16	00:01:59	00:12:36	00:23:43	<b>00:23:59.00</b>	<b>00:25:58.85</b>	+00:08:41 (36.2%)	4:47	12.5 (63.8%)
436	<b>ZIMOSZ Wiktoria</b>	<b>299</b>		K 20-29	19	00:00:34	00:12:25	00:23:37	<b>00:24:00.15</b>	<b>00:24:34.90</b>	+00:08:42 (36.3%)	4:48	12.5 (63.8%)
437	<b>GAWRYCH Adam</b>	<b>1506</b>		M 30-39	137	00:01:04	00:12:10	00:23:38	<b>00:24:00.25</b>	<b>00:25:04.75</b>	+00:08:42 (36.3%)	4:48	12.5 (63.8%)
438	<b>MIECZKOWSKA-LAPKE Weronika</b>	<b>1401</b>	TM IRONTEAM	K 30-39	16	00:00:29	00:12:33	00:23:39	<b>00:24:00.35</b>	<b>00:24:29.65</b>	+00:08:42 (36.3%)	4:48	12.5 (63.8%)
439	<b>WASIELEWSKA Anetta</b>	<b>1168</b>	TEAMOCHAL	K 50-59	3	00:00:26	00:12:18	00:23:39	<b>00:24:00.55</b>	<b>00:24:26.70</b>	+00:08:43 (36.3%)	4:48	12.5 (63.8%)
440	<b>SOBCZYŃSKI Michał</b>	<b>145</b>		M 30-39	138	00:00:19	00:12:20	00:23:40	<b>00:24:00.80</b>	<b>00:24:19.80</b>	+00:08:43 (36.3%)	4:48	12.5 (63.8%)
441	<b>DANIEL Tomasz</b>	<b>1074</b>	MKS SP63 BYDGOSZCZ	M 40-49	96	00:01:01	00:12:34	00:23:41	<b>00:24:01.15</b>	<b>00:25:02.40</b>	+00:08:43 (36.3%)	4:48	12.5 (63.8%)
442	<b>STACHOWICZ Karol</b>	<b>190</b>		M 30-39	139	00:02:01	00:12:11	00:23:39	<b>00:24:01.45</b>	<b>00:26:02.65</b>	+00:08:44 (36.4%)	4:48	12.5 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
443	BŁĘDOWSKA Alicja	220		K 30-39	17	00:02:08	00:12:23	00:23:44	00:24:01.85	00:26:10.00	+00:08:44 (36.4%)	4:48	12.5 (63.8%)
444	MIŚTAK Kamila	254		K 20-29	20	00:00:46	00:12:25	00:23:42	00:24:01.95	00:24:48.55	+00:08:44 (36.4%)	4:48	12.5 (63.8%)
445	WASILEWSKA Joanna	903	AKTYWNY GRUDZIĄDZ	K 30-39	18	00:00:26	00:12:27	00:23:40	00:24:02.70	00:24:29.10	+00:08:45 (36.4%)	4:48	12.5 (63.8%)
446	ZAWADZKI Remigiusz	1492	ŚLIMAKI BARCIN	M 30-39	140	00:01:49	00:12:30	00:23:45	00:24:02.95	00:25:52.65	+00:08:45 (36.4%)	4:48	12.5 (63.8%)
447	PANAS Błażej	735		M 30-39	141	00:02:10		00:23:47	00:24:03.75	00:26:14.20	+00:08:46 (36.5%)	4:48	12.5 (63.8%)
448	JANKOWSKI Jakub	404		M 30-39	142	00:01:51	00:12:33	00:23:44	00:24:04.80	00:25:56.50	+00:08:47 (36.5%)	4:48	12.5 (63.8%)
449	TARGOWSKI Marcin	1075	MKS SP 63 BYDGOSZCZ	M 40-49	97	00:00:31	00:12:41	00:23:44	00:24:04.90	00:24:36.35	+00:08:47 (36.5%)	4:48	12.5 (63.8%)
450	BARRIO Javier	961	CAFELITO TEAM	M 50-59	43	00:02:16	00:12:30	00:23:47	00:24:04.95	00:26:21.50	+00:08:47 (36.5%)	4:48	12.5 (63.8%)
451	PIKULIK Agnieszka	878		K 20-29	21	00:01:39	00:12:40	00:23:46	00:24:05.65	00:25:45.00	+00:08:48 (36.5%)	4:49	12.5 (63.8%)
452	MIKOŁAJCZAK Błażej	763		M 20-29	74	00:01:15	00:12:39	00:23:41	00:24:06.00	00:25:21.25	+00:08:48 (36.6%)	4:49	12.4 (63.3%)
452	AL-DRAWI Joanna	1441	TRISPACE TREK	K 40-49	5	00:01:50	00:12:50	00:23:45	00:24:06.00	00:25:56.65	+00:08:48 (36.6%)	4:49	12.4 (63.3%)
454	KWIATKOWSKI-SMAK Tomasz	1516		M 20-29	75	00:01:38	00:12:42	00:23:45	00:24:06.45	00:25:44.45	+00:08:49 (36.6%)	4:49	12.4 (63.3%)
455	KOCZOROWSKI Mateusz	1512	MK STUDIO TRENINGU I FIZJOTERAPII	M 30-39	143	00:00:27	00:11:50	00:23:41	00:24:06.90	00:24:34.75	+00:08:49 (36.6%)	4:49	12.4 (63.3%)
456	MAŁKIŃSKI Józef	691		M 60-69	6	00:00:18	00:12:32	00:23:46	00:24:07.70	00:24:26.20	+00:08:50 (36.6%)	4:49	12.4 (63.3%)
457	STĘPSKI Marek	858		M 50-59	44	00:00:15	00:12:23	00:23:48	00:24:08.60	00:24:23.80	+00:08:51 (36.7%)	4:49	12.4 (63.3%)
458	OLKOWSKI Dariusz	646		M 30-39	144	00:00:14	00:12:26	00:23:51	00:24:08.75	00:24:23.50	+00:08:51 (36.7%)	4:49	12.4 (63.3%)
459	MROZIK Andrzej	140		M 50-59	45	00:00:41	00:12:31	00:23:47	00:24:09.45	00:24:51.40	+00:08:52 (36.7%)	4:49	12.4 (63.3%)
460	KOZAK Adam	1605		M 0-15	17	00:00:53	00:12:05	00:23:53	00:24:10.60	00:25:03.85	+00:08:53 (36.8%)	4:50	12.4 (63.3%)
461	KLAWIKOWSKA Julita	1205	TKKF KOLEJARZ BYDGOSZCZ	K 30-39	19	00:00:51	00:12:20	00:23:51	00:24:11.30	00:25:02.30	+00:08:53 (36.8%)	4:50	12.4 (63.3%)
462	SAJDAK Marcin	1108	PĘDZĄCE ŻÓŁWIE	M 40-49	98	00:01:00	00:12:23	00:23:50	00:24:11.75	00:25:12.00	+00:08:54 (36.8%)	4:50	12.4 (63.3%)
463	CYBULSKI Mateusz	407		M 30-39	145	00:00:24	00:12:19	00:23:49	00:24:11.90	00:24:36.35	+00:08:54 (36.8%)	4:50	12.4 (63.3%)
464	KOWALEWSKI Błażej	1595		M 0-15	18	00:00:55	00:12:35	00:23:54	00:24:11.95	00:25:07.10	+00:08:54 (36.8%)	4:50	12.4 (63.3%)
465	MIRGOS Dariusz	619		M 40-49	99	00:00:19	00:12:27	00:23:53	00:24:14.05	00:24:33.90	+00:08:56 (36.9%)	4:50	12.4 (63.3%)
466	PUDO Mateusz	1118	RECONEXT TEAM	M 30-39	146	00:00:19	00:12:43	00:23:56	00:24:15.20	00:24:34.20	+00:08:57 (37.0%)	4:51	12.4 (63.3%)
466	PUDO Wojciech	214		M 20-29	76	00:00:19	00:12:42	00:23:56	00:24:15.20	00:24:34.80	+00:08:57 (37.0%)	4:51	12.4 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
468	<b>KALINOWSKI Sławek</b>	<b>519</b>		M 30-39	147	00:00:12	00:12:06	00:23:54	<b>00:24:15.30</b>	<b>00:24:28.20</b>	+00:08:57 (37.0%)	4:51	12.4 (63.3%)
469	<b>BARWIŃSKI Tomasz</b>	<b>1268</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	100	00:00:35	00:12:18	00:23:55	<b>00:24:15.70</b>	<b>00:24:50.80</b>	+00:08:58 (37.0%)	4:51	12.4 (63.3%)
470	<b>ZAWADZKI Mikołaj</b>	<b>1696</b>		M 16-19	26	00:00:14	00:11:07	00:23:53	<b>00:24:16.60</b>	<b>00:24:30.95</b>	+00:08:59 (37.0%)	4:51	12.4 (63.3%)
471	<b>DĄBROWSKI Michał</b>	<b>458</b>		M 40-49	101	00:02:26	00:12:45	00:23:56	<b>00:24:17.60</b>	<b>00:26:43.60</b>	+00:09:00 (37.1%)	4:51	12.4 (63.3%)
471	<b>OŚWIECIŃSKI Kacper</b>	<b>294</b>		M 16-19	27	00:01:50	00:12:07	00:24:00	<b>00:24:17.60</b>	<b>00:26:08.55</b>	+00:09:00 (37.1%)	4:51	12.4 (63.3%)
473	<b>WIŚNIEWSKI Łukasz</b>	<b>617</b>		M 30-39	148	00:00:47	00:12:52	00:23:56	<b>00:24:18.20</b>	<b>00:25:05.85</b>	+00:09:00 (37.1%)	4:51	12.3 (62.8%)
473	<b>SZCZĘSNY Arkadiusz</b>	<b>990</b>	DYNAMO SKARPA	M 40-49	102	00:01:14	00:12:48	00:23:59	<b>00:24:18.20</b>	<b>00:25:32.80</b>	+00:09:00 (37.1%)	4:51	12.3 (62.8%)
475	<b>NIEBALSKI Paweł</b>	<b>1065</b>	MARTYRIA BYDGOSZCZ	M 40-49	103	00:00:49	00:12:38	00:23:58	<b>00:24:18.60</b>	<b>00:25:08.55</b>	+00:09:01 (37.1%)	4:51	12.3 (62.8%)
476	<b>MRÓZ Magdalena</b>	<b>377</b>		K 40-49	6	00:01:08	00:12:42	00:23:59	<b>00:24:18.90</b>	<b>00:25:27.60</b>	+00:09:01 (37.1%)	4:51	12.3 (62.8%)
477	<b>OLSZYŃSKI Adam</b>	<b>1666</b>	TEAM OJCIEC I SYN :)	M 16-19	28	00:02:19	00:12:59	00:24:00	<b>00:24:19.30</b>	<b>00:26:39.15</b>	+00:09:01 (37.1%)	4:51	12.3 (62.8%)
478	<b>RYWOLT Paweł</b>	<b>168</b>		M 30-39	149	00:02:33	00:12:50	00:24:02	<b>00:24:20.10</b>	<b>00:26:53.30</b>	+00:09:02 (37.2%)	4:52	12.3 (62.8%)
479	<b>OLSZYŃSKI Sebastian</b>	<b>1174</b>	TEAM OJCIEC I SYN :)	M 40-49	104	00:02:18	00:12:55	00:24:03	<b>00:24:21.25</b>	<b>00:26:39.50</b>	+00:09:03 (37.2%)	4:52	12.3 (62.8%)
480	<b>PRZYBYLSKA Karolina</b>	<b>909</b>	ATLAS WARD POLSKA	K 30-39	20	00:00:16	00:12:34	00:23:53	<b>00:24:21.80</b>	<b>00:24:38.45</b>	+00:09:04 (37.2%)	4:52	12.3 (62.8%)
481	<b>WNUCZYŃSKI Kamil</b>	<b>1659</b>	GWIAZDA BYDGOSZCZ	M 16-19	29	00:00:55	00:12:39	00:24:06	<b>00:24:22.60</b>	<b>00:25:17.65</b>	+00:09:05 (37.3%)	4:52	12.3 (62.8%)
482	<b>KOWALCZEWSKI Michał</b>	<b>780</b>		M 30-39	150	00:01:23	00:12:45	00:24:04	<b>00:24:22.90</b>	<b>00:25:46.75</b>	+00:09:05 (37.3%)	4:52	12.3 (62.8%)
483	<b>DULIŃSKA Dorota</b>	<b>1227</b>	TRISPACE TREK	K 40-49	7	00:00:47	00:12:39	00:24:01	<b>00:24:23.10</b>	<b>00:25:10.30</b>	+00:09:05 (37.3%)	4:52	12.3 (62.8%)
484	<b>ZAGÓRSKI Artur</b>	<b>412</b>		M 30-39	151	00:00:15	00:12:15	00:24:01	<b>00:24:23.25</b>	<b>00:24:38.45</b>	+00:09:05 (37.3%)	4:52	12.3 (62.8%)
485	<b>MAT Dorota</b>	<b>59</b>		K 40-49	8	00:00:46	00:12:35	00:24:04	<b>00:24:24.70</b>	<b>00:25:11.05</b>	+00:09:07 (37.4%)	4:52	12.3 (62.8%)
486	<b>WIERZCHOSŁAWSKI Tomasz</b>	<b>319</b>		M 30-39	152	00:01:36	00:13:15	00:24:03	<b>00:24:24.80</b>	<b>00:26:01.55</b>	+00:09:07 (37.4%)	4:52	12.3 (62.8%)
487	<b>BARTOSZYŃSKI Michał</b>	<b>1260</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	105	00:00:47	00:13:08	00:24:04	<b>00:24:24.85</b>	<b>00:25:12.65</b>	+00:09:07 (37.4%)	4:52	12.3 (62.8%)
488	<b>ZIAJKO Marcin</b>	<b>1119</b>	RECONEXT TEAM	M 30-39	153	00:00:19	00:12:43	00:24:04	<b>00:24:26.45</b>	<b>00:24:46.30</b>	+00:09:09 (37.4%)	4:53	12.3 (62.8%)
489	<b>PAWLACZYK Maximilian</b>	<b>21</b>		M 30-39	154	00:02:11	00:12:44	00:24:09	<b>00:24:26.50</b>	<b>00:26:38.30</b>	+00:09:09 (37.4%)	4:53	12.3 (62.8%)
490	<b>OKOŃSKA Emilia</b>	<b>1536</b>		K 40-49	9	00:00:41	00:12:20	00:24:08	<b>00:24:27.30</b>	<b>00:25:08.75</b>	+00:09:09 (37.5%)	4:53	12.3 (62.8%)
491	<b>RYMER Adam</b>	<b>809</b>		M 40-49	106	00:00:20	00:12:19	00:24:06	<b>00:24:27.40</b>	<b>00:24:47.65</b>	+00:09:10 (37.5%)	4:53	12.3 (62.8%)
492	<b>SOBCZYŃSKA Dominika</b>	<b>146</b>		K 30-39	21	00:00:18	00:12:30	00:24:06	<b>00:24:28.25</b>	<b>00:24:46.90</b>	+00:09:10 (37.5%)	4:53	12.3 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
493	<b>DROŻYŃSKI Maciej</b>	<b>80</b>		M 30-39	155	00:01:01	00:12:40	00:24:11	<b>00:24:28.75</b>	<b>00:25:30.40</b>	+00:09:11 (37.5%)	4:53	12.3 (62.8%)
494	<b>RADECKI Maciej</b>	<b>208</b>		M 40-49	107	00:01:26	00:13:01	00:24:12	<b>00:24:29.70</b>	<b>00:25:56.45</b>	+00:09:12 (37.6%)	4:53	12.3 (62.8%)
495	<b>SIWIŃSKI Maciej</b>	<b>1378</b>		M 20-29	77	00:01:44	00:13:07	00:24:09	<b>00:24:30.25</b>	<b>00:26:14.75</b>	+00:09:12 (37.6%)	4:54	12.2 (62.2%)
496	<b>JORDANOWSKA Agata</b>	<b>1494</b>		K 30-39	22	00:01:31	00:12:53	00:24:10	<b>00:24:30.85</b>	<b>00:26:02.10</b>	+00:09:13 (37.6%)	4:54	12.2 (62.2%)
496	<b>KULIGOWSKI Mateusz</b>	<b>393</b>		M 30-39	156	00:00:41	00:12:25	00:24:09	<b>00:24:30.85</b>	<b>00:25:12.35</b>	+00:09:13 (37.6%)	4:54	12.2 (62.2%)
498	<b>MONDRY Waldemar</b>	<b>302</b>		M 50-59	46	00:01:55	00:13:01	00:24:12	<b>00:24:31.25</b>	<b>00:26:26.50</b>	+00:09:13 (37.6%)	4:54	12.2 (62.2%)
499	<b>WASIELEWSKI Robert</b>	<b>83</b>		M 30-39	157	00:01:14	00:12:37	00:24:10	<b>00:24:32.00</b>	<b>00:25:46.95</b>	+00:09:14 (37.7%)	4:54	12.2 (62.2%)
500	<b>BRAĞIEL Jakub</b>	<b>1238</b>	VEGE RUNNERS	M 40-49	108	00:01:29	00:12:35	00:24:15	<b>00:24:32.50</b>	<b>00:26:01.50</b>	+00:09:15 (37.7%)	4:54	12.2 (62.2%)
501	<b>ŁUCZAK Anna</b>	<b>1343</b>	TKKF KOLEJARZ BYDGOSZCZ	K 50-59	4	00:00:16	00:12:41	00:24:12	<b>00:24:32.80</b>	<b>00:24:49.65</b>	+00:09:15 (37.7%)	4:54	12.2 (62.2%)
502	<b>SAK Anna</b>	<b>1311</b>	SOLANKOWI BIEGACZE	K 40-49	10	00:00:18	00:12:44	00:24:10	<b>00:24:33.10</b>	<b>00:24:51.20</b>	+00:09:15 (37.7%)	4:54	12.2 (62.2%)
503	<b>WRÓBLEWSKI Tomasz</b>	<b>358</b>		M 30-39	158	00:00:34	00:12:51	00:24:09	<b>00:24:33.20</b>	<b>00:25:07.20</b>	+00:09:15 (37.7%)	4:54	12.2 (62.2%)
504	<b>RUTKOWSKI Piotr</b>	<b>1015</b>	IZOLAND	M 40-49	109	00:02:21	00:12:47	00:24:13	<b>00:24:34.35</b>	<b>00:26:55.50</b>	+00:09:16 (37.8%)	4:54	12.2 (62.2%)
505	<b>PASZKIEWICZ Mateusz</b>	<b>343</b>		M 30-39	159	00:00:19	00:12:26	00:24:13	<b>00:24:35.00</b>	<b>00:24:54.95</b>	+00:09:17 (37.8%)	4:55	12.2 (62.2%)
506	<b>GŻYL Mikołaj</b>	<b>1016</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M 40-49	110	00:00:00		00:24:18	<b>00:24:35.65</b>	<b>00:24:35.65</b>	+00:09:18 (37.8%)	4:55	12.2 (62.2%)
507	<b>OLEJNICZAK Tomasz</b>	<b>1267</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	111	00:00:35	00:12:41	00:24:14	<b>00:24:35.95</b>	<b>00:25:11.70</b>	+00:09:18 (37.8%)	4:55	12.2 (62.2%)
508	<b>SZABLINSKA Honorata</b>	<b>1436</b>		K 40-49	11	00:01:35		00:24:15	<b>00:24:36.35</b>	<b>00:26:11.60</b>	+00:09:18 (37.9%)	4:55	12.2 (62.2%)
509	<b>BARTCZAK Antoni</b>	<b>1045</b>	LAPIS TEAM	M 20-29	78	00:01:11	00:12:35	00:24:17	<b>00:24:37.05</b>	<b>00:25:48.10</b>	+00:09:19 (37.9%)	4:55	12.2 (62.2%)
510	<b>DUSZYŃSKI Jan</b>	<b>577</b>		M 40-49	112	00:01:01	00:12:47	00:24:18	<b>00:24:37.85</b>	<b>00:25:39.25</b>	+00:09:20 (37.9%)	4:55	12.2 (62.2%)
511	<b>MAGDZIARZ Klaudia</b>	<b>941</b>	BRZEZIŃSKI RUN CLUB	K 20-29	22	00:00:29	00:12:36	00:24:20	<b>00:24:39.25</b>	<b>00:25:08.95</b>	+00:09:21 (38.0%)	4:55	12.2 (62.2%)
512	<b>SZEWCZUK Tomasz</b>	<b>754</b>		M 40-49	113	00:01:18	00:13:12	00:24:23	<b>00:24:41.75</b>	<b>00:26:00.20</b>	+00:09:24 (38.1%)	4:56	12.2 (62.2%)
513	<b>STĘPIEŃ Tomasz</b>	<b>655</b>		M 50-59	47	00:00:46	00:12:50	00:24:22	<b>00:24:42.00</b>	<b>00:25:28.60</b>	+00:09:24 (38.1%)	4:56	12.1 (61.7%)
514	<b>MOMOT Mieczysław</b>	<b>1368</b>		M 50-59	48	00:00:23	00:12:08	00:24:17	<b>00:24:42.40</b>	<b>00:25:06.30</b>	+00:09:25 (38.1%)	4:56	12.1 (61.7%)
515	<b>MYCZKA Piotr</b>	<b>1664</b>		M 16-19	30	00:02:19	00:12:56	00:24:26	<b>00:24:43.75</b>	<b>00:27:03.30</b>	+00:09:26 (38.2%)	4:56	12.1 (61.7%)
516	<b>GBURCZYK Grzegorz</b>	<b>175</b>		M 20-29	79	00:00:54	00:12:34	00:24:23	<b>00:24:44.30</b>	<b>00:25:38.30</b>	+00:09:26 (38.2%)	4:56	12.1 (61.7%)
517	<b>JAWORSKI Ireneusz</b>	<b>1439</b>		M 20-29	80	00:02:06	00:13:31	00:24:26	<b>00:24:44.90</b>	<b>00:26:51.00</b>	+00:09:27 (38.2%)	4:56	12.1 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
518	<b>LEWANDOWSKI Rafał</b>	<b>913</b>	B4SPORT.PL	M 40-49	114	00:01:31	00:13:07	00:24:25	<b>00:24:44.95</b>	<b>00:26:16.25</b>	+00:09:27 (38.2%)	4:56	12.1 (61.7%)
519	<b>KLAWIKOWSKI Michał</b>	<b>851</b>		M 40-49	115	00:00:49	00:12:28	00:24:22	<b>00:24:45.15</b>	<b>00:25:34.30</b>	+00:09:27 (38.2%)	4:57	12.1 (61.7%)
520	<b>MŁYNARCZYK Ewa</b>	<b>951</b>	BYDGOSKIE ŻÓŁWIE	K 40-49	12	00:00:17	00:12:51	00:24:24	<b>00:24:45.30</b>	<b>00:25:02.75</b>	+00:09:27 (38.2%)	4:57	12.1 (61.7%)
521	<b>RÓŻYCKI Dariusz</b>	<b>952</b>	BYDGOSKIE ŻÓŁWIE	M 50-59	49	00:00:16	00:12:52	00:24:25	<b>00:24:46.15</b>	<b>00:25:03.00</b>	+00:09:28 (38.3%)	4:57	12.1 (61.7%)
522	<b>CHMIELEWSKI Michał</b>	<b>930</b>	BRAK	M 20-29	81	00:01:42	00:13:12	00:24:31	<b>00:24:46.20</b>	<b>00:26:29.15</b>	+00:09:28 (38.3%)	4:57	12.1 (61.7%)
523	<b>OLLER Kinga</b>	<b>849</b>		K 30-39	23	00:00:58	00:13:05	00:24:28	<b>00:24:48.10</b>	<b>00:25:46.90</b>	+00:09:30 (38.4%)	4:57	12.1 (61.7%)
524	<b>KOPCZYŃSKI Marcin</b>	<b>1286</b>		M 20-29	82	00:01:42	00:13:12	00:24:31	<b>00:24:48.60</b>	<b>00:26:31.05</b>	+00:09:31 (38.4%)	4:57	12.1 (61.7%)
525	<b>MARCINKOWSKI Artur</b>	<b>46</b>		M 30-39	160	00:01:43	00:13:12	00:24:32	<b>00:24:48.75</b>	<b>00:26:32.00</b>	+00:09:31 (38.4%)	4:57	12.1 (61.7%)
525	<b>BELING Tomasz</b>	<b>1534</b>		M 20-29	83	00:02:47	00:13:47	00:24:30	<b>00:24:48.75</b>	<b>00:27:36.55</b>	+00:09:31 (38.4%)	4:57	12.1 (61.7%)
527	<b>ZAPARUCHA Mikołaj</b>	<b>824</b>		M 50-59	50	00:01:10	00:12:55	00:24:31	<b>00:24:50.75</b>	<b>00:26:01.25</b>	+00:09:33 (38.5%)	4:58	12.1 (61.7%)
528	<b>WACHOWIAK Mikołaj</b>	<b>710</b>		M 20-29	84	00:02:43	00:13:38	00:24:28	<b>00:24:50.90</b>	<b>00:27:33.95</b>	+00:09:33 (38.5%)	4:58	12.1 (61.7%)
528	<b>DUTKIEWICZ Krzysztof</b>	<b>1616</b>		M 50-59	51	00:00:34	00:12:42	00:24:28	<b>00:24:50.90</b>	<b>00:25:25.20</b>	+00:09:33 (38.5%)	4:58	12.1 (61.7%)
530	<b>NURKIEWICZ Jarosław</b>	<b>1044</b>	KUNG FU PANDY 3	M 50-59	52	00:00:58	00:12:36	00:24:30	<b>00:24:51.05</b>	<b>00:25:49.75</b>	+00:09:33 (38.5%)	4:58	12.1 (61.7%)
531	<b>ZYGADŁO Artur</b>	<b>350</b>		M 30-39	161	00:00:30	00:12:30	00:24:30	<b>00:24:51.60</b>	<b>00:25:22.35</b>	+00:09:34 (38.5%)	4:58	12.1 (61.7%)
532	<b>RATAJCZAK Arkadiusz</b>	<b>268</b>		M 50-59	53	00:01:01	00:13:01	00:24:29	<b>00:24:51.65</b>	<b>00:25:53.55</b>	+00:09:34 (38.5%)	4:58	12.1 (61.7%)
533	<b>OELRICH Henryk</b>	<b>1109</b>	PK TUCHOLA	M 50-59	54	00:00:34	00:12:41	00:24:29	<b>00:24:51.85</b>	<b>00:25:26.45</b>	+00:09:34 (38.5%)	4:58	12.1 (61.7%)
534	<b>TUBAJA Albert</b>	<b>1380</b>	KABEL TEAM BYDGOSZCZ	M 40-49	116	00:00:24	00:12:58	00:24:31	<b>00:24:53.70</b>	<b>00:25:18.60</b>	+00:09:36 (38.6%)	4:58	12.1 (61.7%)
535	<b>LIPIŃSKI Piotr</b>	<b>1391</b>		M 30-39	162	00:02:11	00:13:06	00:24:32	<b>00:24:53.75</b>	<b>00:27:05.40</b>	+00:09:36 (38.6%)	4:58	12.1 (61.7%)
536	<b>GLAMA Stanisław</b>	<b>828</b>		M 50-59	55	00:01:04	00:13:01	00:24:33	<b>00:24:54.00</b>	<b>00:25:58.60</b>	+00:09:36 (38.6%)	4:58	12 (61.2%)
536	<b>JANKIEWICZ Michał</b>	<b>91</b>		M 40-49	117	00:01:18	00:13:06	00:24:31	<b>00:24:54.00</b>	<b>00:26:12.40</b>	+00:09:36 (38.6%)	4:58	12 (61.2%)
538	<b>CHROMIŃSKI Fabian</b>	<b>148</b>		M 30-39	163	00:01:50	00:13:20	00:24:38	<b>00:24:54.95</b>	<b>00:26:45.45</b>	+00:09:37 (38.6%)	4:58	12 (61.2%)
539	<b>NAPIERAŁA Przemysław</b>	<b>1493</b>		M 30-39	164	00:02:48		00:24:32	<b>00:24:55.00</b>	<b>00:27:43.05</b>	+00:09:37 (38.6%)	4:59	12 (61.2%)
540	<b>GACKOWSKA Daria</b>	<b>278</b>		K 30-39	24	00:00:15	00:12:44	00:24:37	<b>00:24:56.00</b>	<b>00:25:11.20</b>	+00:09:38 (38.7%)	4:59	12 (61.2%)
541	<b>KLIN Paulina</b>	<b>1396</b>	BIEGAJĄCE ŚLIWICE	K 30-39	25	00:01:20	00:13:09	00:24:36	<b>00:24:56.50</b>	<b>00:26:17.15</b>	+00:09:39 (38.7%)	4:59	12 (61.2%)
542	<b>GŁOCKA Magdalena</b>	<b>628</b>		K 30-39	26	00:00:24	00:13:07	00:24:35	<b>00:24:57.00</b>	<b>00:25:21.15</b>	+00:09:39 (38.7%)	4:59	12 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
543	<b>KAJA Dominika</b>	<b>318</b>		K 30-39	27	00:01:09	00:13:22	00:24:39	<b>00:24:57.55</b>	<b>00:26:06.80</b>	+00:09:40 (38.7%)	4:59	12 (61.2%)
543	<b>BIEGAŃSKI Andrzej</b>	<b>585</b>		M 20-29	85	00:00:43	00:13:05	00:24:40	<b>00:24:57.55</b>	<b>00:25:41.10</b>	+00:09:40 (38.7%)	4:59	12 (61.2%)
545	<b>WOJTKOWIAK Monika</b>	<b>584</b>		K 20-29	23	00:00:43	00:13:04	00:24:41	<b>00:24:57.65</b>	<b>00:25:40.90</b>	+00:09:40 (38.7%)	4:59	12 (61.2%)
546	<b>LEMAŃSKI Marcin</b>	<b>768</b>		M 30-39	165	00:02:02	00:12:45	00:24:37	<b>00:24:58.45</b>	<b>00:27:00.50</b>	+00:09:41 (38.8%)	4:59	12 (61.2%)
547	<b>BIZON Bartosz</b>	<b>37</b>		M 30-39	166	00:01:04	00:13:02	00:24:38	<b>00:24:58.60</b>	<b>00:26:02.95</b>	+00:09:41 (38.8%)	4:59	12 (61.2%)
548	<b>BARRIO Gonzalo</b>	<b>1636</b>	CAFELITO TEAM	M 0-15	19	00:02:18	00:12:44	00:24:41	<b>00:25:00.05</b>	<b>00:27:18.25</b>	+00:09:42 (38.8%)	5:00	12 (61.2%)
549	<b>TARGOWSKA Małgorzata</b>	<b>910</b>	AZS PBŚ	K 40-49	13	00:01:00	00:12:40	00:24:37	<b>00:25:00.75</b>	<b>00:26:01.25</b>	+00:09:43 (38.9%)	5:00	12 (61.2%)
550	<b>KAZBERUK Maciej</b>	<b>831</b>		M 40-49	118	00:02:17	00:12:58	00:24:38	<b>00:25:02.20</b>	<b>00:27:19.95</b>	+00:09:44 (38.9%)	5:00	12 (61.2%)
551	<b>BUKOLT Bartosz</b>	<b>464</b>		M 40-49	119	00:02:25	00:12:59	00:24:41	<b>00:25:03.30</b>	<b>00:27:29.10</b>	+00:09:45 (39.0%)	5:00	12 (61.2%)
552	<b>TOCZKO Jarosław</b>	<b>1270</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	120	00:00:31	00:12:17	00:24:42	<b>00:25:04.80</b>	<b>00:25:36.55</b>	+00:09:47 (39.0%)	5:00	12 (61.2%)
553	<b>RYGIEWICZ Wojciech</b>	<b>507</b>		M 50-59	56	00:00:14	00:12:40	00:24:43	<b>00:25:05.15</b>	<b>00:25:20.05</b>	+00:09:47 (39.0%)	5:01	12 (61.2%)
554	<b>GRABIŃSKI Sławomir</b>	<b>1272</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 30-39	167	00:00:31	00:12:09	00:24:43	<b>00:25:06.30</b>	<b>00:25:37.55</b>	+00:09:48 (39.1%)	5:01	12 (61.2%)
555	<b>WESOŁOWSKA Magdalena</b>	<b>668</b>		K 30-39	28	00:01:03	00:12:48	00:24:48	<b>00:25:07.10</b>	<b>00:26:11.05</b>	+00:09:49 (39.1%)	5:01	11.9 (60.7%)
556	<b>FRAĆKOWIAK Marta</b>	<b>718</b>		K 30-39	29	00:01:10	00:13:00	00:24:46	<b>00:25:08.05</b>	<b>00:26:18.25</b>	+00:09:50 (39.2%)	5:01	11.9 (60.7%)
557	<b>SYGNECKA Kasia</b>	<b>1031</b>	KLUB SPORTOWY FIT NOWA	K 30-39	30	00:00:18	00:13:15	00:24:50	<b>00:25:08.30</b>	<b>00:25:26.50</b>	+00:09:50 (39.2%)	5:01	11.9 (60.7%)
558	<b>KRÓL Karol</b>	<b>1210</b>	TKKF KOLEJARZ BYDGOSZCZ	M 40-49	121	00:00:47	00:12:47	00:24:50	<b>00:25:09.35</b>	<b>00:25:57.15</b>	+00:09:51 (39.2%)	5:01	11.9 (60.7%)
559	<b>GIERCZAK Dorota</b>	<b>1058</b>	ŁAPA_TRI_RUN CREW	K 30-39	31	00:01:48	00:13:12	00:24:48	<b>00:25:09.65</b>	<b>00:26:58.00</b>	+00:09:52 (39.2%)	5:01	11.9 (60.7%)
559	<b>PIŁAT Mikołaj</b>	<b>1684</b>		M 0-15	20	00:00:45	00:13:22	00:24:49	<b>00:25:09.65</b>	<b>00:25:55.20</b>	+00:09:52 (39.2%)	5:01	11.9 (60.7%)
561	<b>SOŁDON Halina</b>	<b>433</b>		K 50-59	5	00:00:48	00:13:05	00:24:51	<b>00:25:10.70</b>	<b>00:25:59.25</b>	+00:09:53 (39.3%)	5:02	11.9 (60.7%)
562	<b>KOSIARSKI Tomasz</b>	<b>726</b>		M 50-59	57	00:00:42	00:13:18	00:24:51	<b>00:25:11.20</b>	<b>00:25:54.00</b>	+00:09:53 (39.3%)	5:02	11.9 (60.7%)
563	<b>KIEŁCZYŃSKI Marek</b>	<b>972</b>	CSM TEAM	M 40-49	122	00:01:02	00:12:33	00:24:49	<b>00:25:11.55</b>	<b>00:26:14.15</b>	+00:09:54 (39.3%)	5:02	11.9 (60.7%)
564	<b>RUCIŃSKI Korneliusz</b>	<b>378</b>		M 30-39	168	00:01:09	00:13:12	00:24:52	<b>00:25:11.60</b>	<b>00:26:21.15</b>	+00:09:54 (39.3%)	5:02	11.9 (60.7%)
565	<b>PAPROCKA Maja</b>	<b>1587</b>	SLK POLONIA BYDGOSZCZ	K 0-15	4	00:00:13	00:12:38	00:24:54	<b>00:25:12.55</b>	<b>00:25:26.20</b>	+00:09:55 (39.3%)	5:02	11.9 (60.7%)
566	<b>PIOTROWSKI Dariusz</b>	<b>1001</b>	GARDENFLORA SPORT TEAM	M 40-49	123	00:02:18	00:14:45	00:24:57	<b>00:25:14.50</b>	<b>00:27:33.10</b>	+00:09:57 (39.4%)	5:02	11.9 (60.7%)
567	<b>RACHWAŁSKI Zbigniew</b>	<b>1026</b>	KLECZEW	M 50-59	58	00:00:23	00:13:20	00:24:54	<b>00:25:14.55</b>	<b>00:25:38.15</b>	+00:09:57 (39.4%)	5:02	11.9 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
568	PYJOS Rafał	1235	UMB	M 40-49	124	00:01:14	00:13:02	00:24:57	00:25:15.05	00:26:29.20	+00:09:57 (39.4%)	5:03	11.9 (60.7%)
569	STYKOWSKI Jakub	679		M 30-39	169	00:01:33	00:13:03	00:24:52	00:25:15.35	00:26:48.90	+00:09:57 (39.5%)	5:03	11.9 (60.7%)
570	BOJAROWSKI Krzysztof	648		M 30-39	170	00:00:29	00:13:25	00:24:59	00:25:15.85	00:25:45.50	+00:09:58 (39.5%)	5:03	11.9 (60.7%)
571	GIL Michał	1573		M 0-15	21	00:02:06	00:13:28	00:24:58	00:25:16.20	00:27:22.45	+00:09:58 (39.5%)	5:03	11.9 (60.7%)
572	GRABOWSKI Tomasz	1519		M 30-39	171	00:01:49	00:13:28	00:24:58	00:25:16.25	00:27:05.65	+00:09:58 (39.5%)	5:03	11.9 (60.7%)
573	FUZ Gabriela	1020	KABEL TEAM BYDGOSZCZ	K 50-59	6	00:00:25	00:13:00	00:24:53	00:25:16.30	00:25:41.80	+00:09:58 (39.5%)	5:03	11.9 (60.7%)
574	JAGUSZEWSKA Żaneta	1387		K 30-39	32	00:00:17	00:13:10	00:24:56	00:25:16.80	00:25:34.50	+00:09:59 (39.5%)	5:03	11.9 (60.7%)
575	DOMINAS Natan	1542	RTW BYDGOSTIA	M 16-19	31	00:00:46	00:13:13	00:25:00	00:25:17.00	00:26:03.35	+00:09:59 (39.5%)	5:03	11.9 (60.7%)
576	GRABOWSKA Maja	1524		K 20-29	24	00:01:48	00:13:29	00:24:58	00:25:17.35	00:27:05.95	+00:09:59 (39.5%)	5:03	11.9 (60.7%)
577	FUZ Marek	1019	KABEL TEAM BYDGOSZCZ	M 50-59	59	00:00:23	00:13:01	00:24:54	00:25:18.30	00:25:42.20	+00:10:00 (39.6%)	5:03	11.9 (60.7%)
578	KUBIŃSKI Julian	1576	HARPAGAN	M 0-15	22	00:02:16	00:13:41	00:25:00	00:25:19.95	00:27:36.10	+00:10:02 (39.6%)	5:03	11.8 (60.2%)
579	LICA Krzysztof	974	CYKLO BYDGOSZCZ	M 60-69	7	00:01:44	00:13:07	00:24:56	00:25:20.40	00:27:04.60	+00:10:03 (39.7%)	5:04	11.8 (60.2%)
580	GREGO Mateusz	1003	GREGORKI	M 20-29	86	00:00:37	00:12:53	00:24:58	00:25:21.30	00:25:58.45	+00:10:03 (39.7%)	5:04	11.8 (60.2%)
581	PROKOPOWICZ Hubert	1663		M 16-19	32	00:00:40	00:12:49	00:25:03	00:25:21.40	00:26:01.80	+00:10:04 (39.7%)	5:04	11.8 (60.2%)
582	PIERZGALSKI Jarek	1379	KABEL TEAM BYDGOSZCZ	M 50-59	60	00:00:30	00:12:59	00:24:56	00:25:21.75	00:25:51.95	+00:10:04 (39.7%)	5:04	11.8 (60.2%)
583	PIJAROWSKI Piotr	109		M 40-49	125	00:02:36	00:13:44	00:25:02	00:25:22.30	00:27:59.15	+00:10:04 (39.7%)	5:04	11.8 (60.2%)
584	CZYŻEWSKA Justyna	544		K 40-49	14	00:01:37	00:13:10	00:24:58	00:25:22.40	00:26:59.60	+00:10:05 (39.7%)	5:04	11.8 (60.2%)
585	KWIATKOWSKI Piotr	665		M 30-39	172	00:00:21	00:13:37	00:25:04	00:25:22.55	00:25:43.95	+00:10:05 (39.7%)	5:04	11.8 (60.2%)
586	LIŚKIEWICZ Łukasz	1293	LIŚKIEWICZ TEAM	M 40-49	126	00:01:10	00:12:56	00:25:00	00:25:23.00	00:26:33.10	+00:10:05 (39.8%)	5:04	11.8 (60.2%)
587	GOŁEMBIEWSKI Marcin	221		M 40-49	127	00:00:31	00:13:29	00:25:03	00:25:23.10	00:25:54.15	+00:10:05 (39.8%)	5:04	11.8 (60.2%)
588	GRZĘDZICKI Witold	850		M 40-49	128	00:00:20	00:13:02	00:25:01	00:25:23.30	00:25:43.90	+00:10:05 (39.8%)	5:04	11.8 (60.2%)
589	BIELSKI Dawid	1301		M 30-39	173	00:00:31	00:13:25	00:25:06	00:25:23.35	00:25:55.10	+00:10:05 (39.8%)	5:04	11.8 (60.2%)
590	MOTOCZYŃSKA Maria	1418	TKKF KOLEJARZ BYDGOSZCZ	K 40-49	15	00:00:37	00:13:20	00:25:03	00:25:24.60	00:26:02.05	+00:10:07 (39.8%)	5:04	11.8 (60.2%)
591	BICZKOWSKA Magdalena	703		K 40-49	16	00:00:48	00:12:54	00:25:03	00:25:27.00	00:26:15.60	+00:10:09 (39.9%)	5:05	11.8 (60.2%)
592	BALCERAK Magdalena	801		K 40-49	17	00:02:03	00:13:25	00:25:08	00:25:29.40	00:27:32.80	+00:10:12 (40.0%)	5:05	11.8 (60.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
593	PASZKIEWICZ Jaroslaw	800		M 50-59	61	00:02:03	00:13:27	00:25:09	00:25:29.75	00:27:32.85	+00:10:12 (40.0%)	5:05	11.8 (60.2%)
594	RUMIŃSKI Adam	615		M 40-49	129	00:01:25	00:13:16	00:25:11	00:25:30.35	00:26:55.50	+00:10:12 (40.1%)	5:06	11.8 (60.2%)
595	PIEKUT Leon	1632	BRZEZIŃSKI RUN CLUB	M 0-15	23	00:01:23	00:13:46	00:25:12	00:25:30.80	00:26:54.65	+00:10:13 (40.1%)	5:06	11.8 (60.2%)
596	PSZCZOLIŃSKI Michał	782		M 30-39	174	00:02:29	00:13:37	00:25:12	00:25:31.50	00:28:01.40	+00:10:14 (40.1%)	5:06	11.8 (60.2%)
597	KUĆMIERZ Mirosław	583		M 50-59	62	00:01:45	00:13:15	00:25:11	00:25:31.65	00:27:17.20	+00:10:14 (40.1%)	5:06	11.8 (60.2%)
598	KUĆMIERZ Michał	582		M 20-29	87	00:01:45	00:13:15	00:25:11	00:25:31.70	00:27:17.20	+00:10:14 (40.1%)	5:06	11.8 (60.2%)
599	SZKOPIAK Oliwia	232		K 20-29	25	00:00:43	00:13:17	00:25:10	00:25:32.85	00:26:16.80	+00:10:15 (40.2%)	5:06	11.7 (59.7%)
599	PIECZYŃSKI Marek	1027	KLECZEW	M 50-59	63	00:00:22	00:13:21	00:25:10	00:25:32.85	00:25:55.70	+00:10:15 (40.2%)	5:06	11.7 (59.7%)
601	SMOCZYŃSKI Bartosz	1551		M-Open	1	00:01:51	00:13:28	00:25:12	00:25:33.00	00:27:24.55	+00:10:15 (40.2%)	5:06	11.7 (59.7%)
602	GRUBA Jacek	1484	TRISPACE/TREK	M 60-69	8	00:00:28	00:12:56	00:25:10	00:25:33.35	00:26:01.90	+00:10:15 (40.2%)	5:06	11.7 (59.7%)
603	SCHMIDT Marcin	917	BB ACTIVE TEAM	M 40-49	130	00:00:53	00:12:51	00:25:13	00:25:34.00	00:26:27.55	+00:10:16 (40.2%)	5:06	11.7 (59.7%)
604	KARSKI Marcin	115		M 40-49	131	00:02:33	00:13:44	00:25:24	00:25:39.80	00:28:13.60	+00:10:22 (40.4%)	5:07	11.7 (59.7%)
605	BOSAK Maciej	698		M 30-39	175	00:01:11	00:14:03	00:25:20	00:25:40.55	00:26:51.80	+00:10:23 (40.4%)	5:08	11.7 (59.7%)
606	MIODUSZEWSKI Paweł	1640		M 16-19	33	00:01:28	00:14:37	00:25:22	00:25:41.90	00:27:10.20	+00:10:24 (40.5%)	5:08	11.7 (59.7%)
607	CIOCH Mateusz	880		M 20-29	88	00:02:49	00:12:58	00:25:20	00:25:42.80	00:28:32.25	+00:10:25 (40.5%)	5:08	11.7 (59.7%)
608	GŁOWACKI Tomek	531		M 40-49	132	00:02:09	00:13:24	00:25:21	00:25:42.95	00:27:52.55	+00:10:25 (40.5%)	5:08	11.7 (59.7%)
609	ZABŁOCKA Wiktoria	1495		K 20-29	26	00:02:03	00:13:45	00:25:21	00:25:43.30	00:27:47.20	+00:10:25 (40.6%)	5:08	11.7 (59.7%)
610	GRZELCZAK Wojciech	757		M 20-29	89	00:02:18	00:13:54	00:25:22	00:25:44.65	00:28:03.05	+00:10:27 (40.6%)	5:08	11.7 (59.7%)
611	BARANOWSKI Bartosz	853		M 30-39	176	00:01:30	00:13:26	00:25:26	00:25:46.30	00:27:16.30	+00:10:28 (40.7%)	5:09	11.6 (59.2%)
612	LEWANDOWSKA Nina	1572	WIHURRA SOBIEJUCHY	K 0-15	5	00:01:21	00:13:31	00:25:30	00:25:46.45	00:27:08.10	+00:10:29 (40.7%)	5:09	11.6 (59.2%)
613	WYSOCKI Jerzy	975	CZARNE STOPY	M 60-69	9	00:01:04	00:13:44	00:25:26	00:25:47.15	00:26:51.95	+00:10:29 (40.7%)	5:09	11.6 (59.2%)
614	SADZIKOWSKA Beata	747		K 40-49	18	00:01:22	00:13:06	00:25:23	00:25:47.35	00:27:10.20	+00:10:29 (40.7%)	5:09	11.6 (59.2%)
615	PIKUL Mateusz	589		M 20-29	90	00:00:16	00:12:36	00:25:27	00:25:47.45	00:26:03.90	+00:10:30 (40.7%)	5:09	11.6 (59.2%)
616	GARLICKA Paulina	1052	LIRIO	K 30-39	33	00:01:28	00:13:38	00:25:26	00:25:47.80	00:27:16.45	+00:10:30 (40.7%)	5:09	11.6 (59.2%)
617	GUDELL Radosław	1005	GRUPA MODERATOR	M 40-49	133	00:02:19	00:13:25	00:25:32	00:25:48.25	00:28:07.30	+00:10:30 (40.7%)	5:09	11.6 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
618	MUSS Karolina	460		K 40-49	19	00:01:10	00:12:58	00:25:25	00:25:49.95	00:26:59.95	+00:10:32 (40.8%)	5:09	11.6 (59.2%)
619	OLSZEWSKI Rafał	479		M 30-39	177	00:01:52	00:13:53	00:25:30	00:25:51.10	00:27:43.80	+00:10:33 (40.9%)	5:10	11.6 (59.2%)
620	BAGNIEWSKA Małgorzata	252		K 30-39	34	00:01:09	00:13:33	00:25:29	00:25:52.15	00:27:01.70	+00:10:34 (40.9%)	5:10	11.6 (59.2%)
621	SIKORSKI Filip	708		M 20-29	91	00:01:30	00:13:48	00:25:30	00:25:52.75	00:27:23.70	+00:10:35 (40.9%)	5:10	11.6 (59.2%)
622	MAGDZIAK Kasia	1056	ŁAPA_TRI_RUN_CREW	K 20-29	27	00:01:49	00:13:10	00:25:33	00:25:53.25	00:27:42.35	+00:10:35 (40.9%)	5:10	11.6 (59.2%)
623	BUDZIAK Bartosz	14		M 40-49	134	00:01:42	00:13:30	00:25:32	00:25:53.45	00:27:35.50	+00:10:36 (40.9%)	5:10	11.6 (59.2%)
624	KĘDZIORSKA Beata	476		K 50-59	7	00:01:04	00:13:26	00:25:31	00:25:54.00	00:26:58.80	+00:10:36 (41.0%)	5:10	11.6 (59.2%)
625	BOBOWSKI Piotr	865		M 40-49	135	00:02:33	00:13:11	00:25:34	00:25:56.45	00:28:29.70	+00:10:39 (41.1%)	5:11	11.6 (59.2%)
626	LUZAK Mirosław	1211	TKKF KOLEJARZ BYDGOSZCZ	M 60-69	10	00:00:54	00:13:36	00:25:35	00:25:57.30	00:26:51.40	+00:10:39 (41.1%)	5:11	11.6 (59.2%)
627	NOWACKI Rafał	1117	RAKIETA ZAMOŚĆ	M 50-59	64	00:02:17		00:25:34	00:25:57.65	00:28:15.00	+00:10:40 (41.1%)	5:11	11.6 (59.2%)
628	GUZIK Krzysztof	1404		M 40-49	136	00:01:29	00:13:13	00:25:36	00:25:58.20	00:27:27.85	+00:10:40 (41.1%)	5:11	11.6 (59.2%)
629	JESKE Marek	1134	RUN BYDGOSZCZ	M 50-59	65	00:01:12	00:13:32	00:25:40	00:25:58.60	00:27:11.10	+00:10:41 (41.1%)	5:11	11.6 (59.2%)
630	RĘDZINA Michał	1106	PEDZACE ŚLIMAKI	M 40-49	137	00:00:51	00:13:26	00:25:34	00:25:59.40	00:26:50.40	+00:10:42 (41.2%)	5:11	11.5 (58.7%)
631	BADURA Anna	365		K 30-39	35	00:00:24	00:13:08	00:25:35	00:25:59.45	00:26:23.85	+00:10:42 (41.2%)	5:11	11.5 (58.7%)
631	KANDYBA Sebastian	93		M 30-39	178	00:01:33	00:14:24	00:25:40	00:25:59.45	00:27:33.10	+00:10:42 (41.2%)	5:11	11.5 (58.7%)
633	GACKA Michalina	1591	KOPERNIK BYDGOSZCZ	K 0-15	6	00:00:12	00:12:58	00:25:38	00:25:59.50	00:26:12.15	+00:10:42 (41.2%)	5:11	11.5 (58.7%)
634	POSKROP Jacek	394		M 40-49	138	00:02:44	00:14:35	00:25:38	00:26:00.10	00:28:44.80	+00:10:42 (41.2%)	5:12	11.5 (58.7%)
635	NAPIERAŁA Katarzyna	1080	NAPIERAŁKI	K 40-49	20	00:01:11	00:13:48	00:25:39	00:26:00.30	00:27:12.10	+00:10:42 (41.2%)	5:12	11.5 (58.7%)
636	KWASEK Wojciech	1024	KABEL TEAM BYDGOSZCZ	M 50-59	66	00:00:25	00:13:08	00:25:37	00:26:00.65	00:26:26.60	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
636	BOGUCKA Wiktoria	1048	LAPIS TEAM	K 20-29	28	00:01:41	00:13:56	00:25:39	00:26:00.65	00:27:42.10	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
638	CZERNAK Marcin	315		M 40-49	139	00:00:50	00:13:25	00:25:35	00:26:00.75	00:26:50.95	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
638	MAKSIMOVICIUTE Zydre	960	CAFELITO TEAM	K 30-39	36	00:02:29	00:13:55	00:25:39	00:26:00.75	00:28:30.65	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
640	KRAJEWSKA Andżelika	320		K 20-29	29	00:01:08	00:13:32	00:25:39	00:26:01.10	00:27:09.70	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
641	CHAMIER CIEMINSKA Monika	274		K 20-29	30	00:01:50	00:13:51	00:25:41	00:26:01.30	00:27:51.60	+00:10:43 (41.2%)	5:12	11.5 (58.7%)
642	KOLASIŃSKI Tomasz	852		M 50-59	67	00:00:38	00:13:35	00:25:40	00:26:01.65	00:26:40.60	+00:10:44 (41.3%)	5:12	11.5 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
643	<b>KANIA Daniel</b>	<b>1371</b>		M 40-49	140	00:01:06	00:13:22	00:25:41	<b>00:26:01.95</b>	<b>00:27:08.45</b>	+00:10:44 (41.3%)	5:12	11.5 (58.7%)
644	<b>SZCZĘSNY Rafał</b>	<b>1361</b>		M 50-59	68	00:00:36	00:13:25	00:25:42	<b>00:26:03.10</b>	<b>00:26:40.05</b>	+00:10:45 (41.3%)	5:12	11.5 (58.7%)
645	<b>SZYPERSKI Sławomir</b>	<b>216</b>		M 50-59	69	00:00:32	00:13:17	00:25:39	<b>00:26:03.65</b>	<b>00:26:35.75</b>	+00:10:46 (41.3%)	5:12	11.5 (58.7%)
646	<b>KRAWCZYK Joanna</b>	<b>516</b>		K 30-39	37	00:01:07	00:13:54	00:25:44	<b>00:26:03.80</b>	<b>00:27:11.70</b>	+00:10:46 (41.3%)	5:12	11.5 (58.7%)
647	<b>DWOJACZNY Jakub</b>	<b>8</b>		M 40-49	141	00:01:59	00:13:49	00:25:46	<b>00:26:04.45</b>	<b>00:28:03.75</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
648	<b>ŚWIETLIK Piotr</b>	<b>397</b>		M 60-69	11	00:01:13	00:13:37	00:25:43	<b>00:26:04.55</b>	<b>00:27:18.50</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
649	<b>KUKLIŃSKI Kamil</b>	<b>316</b>		M 20-29	92	00:01:27	00:14:04	00:25:40	<b>00:26:04.65</b>	<b>00:27:32.25</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
650	<b>RODRIGUEZ GARCIA Manuel</b>	<b>965</b>	CAFELITO TEAM	M 50-59	70	00:02:30	00:13:55	00:25:41	<b>00:26:04.70</b>	<b>00:28:34.85</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
650	<b>KĘDZIORSKI Marek</b>	<b>471</b>		M 60-69	12	00:01:05	00:13:26	00:25:44	<b>00:26:04.70</b>	<b>00:27:10.15</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
652	<b>KAPUŚNIAK Kornel</b>	<b>658</b>		M 20-29	93	00:00:57	00:13:37	00:25:42	<b>00:26:04.75</b>	<b>00:27:02.50</b>	+00:10:47 (41.4%)	5:12	11.5 (58.7%)
653	<b>BURDAJEWICZ Kamil</b>	<b>545</b>		M 20-29	94	00:01:08	00:13:08	00:25:44	<b>00:26:05.10</b>	<b>00:27:13.20</b>	+00:10:47 (41.4%)	5:13	11.5 (58.7%)
654	<b>ŁAWSKI Kamil</b>	<b>156</b>		M 40-49	142	00:00:16	00:13:14	00:25:46	<b>00:26:05.25</b>	<b>00:26:21.50</b>	+00:10:47 (41.4%)	5:13	11.5 (58.7%)
655	<b>LEWANDOWSKI Dominik</b>	<b>1538</b>	LOTTO BYDGOSTIA	M 16-19	34	00:00:47	00:13:12	00:25:43	<b>00:26:05.50</b>	<b>00:26:53.00</b>	+00:10:48 (41.4%)	5:13	11.5 (58.7%)
656	<b>POTRZEBOWSKI Marek</b>	<b>984</b>	DEAF	M 40-49	143	00:01:17	00:13:47	00:25:49	<b>00:26:06.60</b>	<b>00:27:24.25</b>	+00:10:49 (41.4%)	5:13	11.5 (58.7%)
657	<b>BŁASZCZYK Monika</b>	<b>1510</b>		K 20-29	31	00:01:00	00:13:33	00:25:46	<b>00:26:07.15</b>	<b>00:27:07.70</b>	+00:10:49 (41.5%)	5:13	11.5 (58.7%)
658	<b>WALCZAK Krzysztof</b>	<b>314</b>		M 30-39	179	00:00:07	00:13:11	00:25:45	<b>00:26:07.30</b>	<b>00:26:15.15</b>	+00:10:49 (41.5%)	5:13	11.5 (58.7%)
659	<b>PRĘDKI Jarosław</b>	<b>366</b>		M 30-39	180	00:02:31	00:14:14	00:25:47	<b>00:26:07.80</b>	<b>00:28:39.65</b>	+00:10:50 (41.5%)	5:13	11.5 (58.7%)
660	<b>PISKRZYŃSKI Krzysztof</b>	<b>61</b>		M 40-49	144	00:01:56	00:13:59	00:25:49	<b>00:26:09.10</b>	<b>00:28:05.60</b>	+00:10:51 (41.5%)	5:13	11.5 (58.7%)
661	<b>PIOTROWSKA-RADZIEJEWSKA Marzena</b>	<b>1167</b>	TEAMOCHAL	K 40-49	21	00:02:11	00:13:22	00:25:49	<b>00:26:09.20</b>	<b>00:28:21.05</b>	+00:10:51 (41.5%)	5:13	11.5 (58.7%)
662	<b>KONIEC Krzysztof</b>	<b>752</b>		M 50-59	71	00:01:12	00:13:31	00:25:48	<b>00:26:10.45</b>	<b>00:27:22.95</b>	+00:10:53 (41.6%)	5:14	11.5 (58.7%)
663	<b>GĘBALA Maja</b>	<b>1656</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K 16-19	1	00:00:37	00:13:01	00:25:46	<b>00:26:10.95</b>	<b>00:26:48.30</b>	+00:10:53 (41.6%)	5:14	11.5 (58.7%)
664	<b>KOWALSKI Szymon</b>	<b>1638</b>		M 16-19	35	00:00:15	00:13:33	00:25:50	<b>00:26:11.00</b>	<b>00:26:26.50</b>	+00:10:53 (41.6%)	5:14	11.5 (58.7%)
665	<b>LEWICKI Piotr</b>	<b>1306</b>		M 50-59	72	00:01:07	00:13:50	00:25:53	<b>00:26:12.45</b>	<b>00:27:20.00</b>	+00:10:55 (41.7%)	5:14	11.5 (58.7%)
666	<b>PUZIAK Rafał</b>	<b>534</b>		M 30-39	181	00:00:27	00:13:35	00:25:50	<b>00:26:13.00</b>	<b>00:26:40.95</b>	+00:10:55 (41.7%)	5:14	11.4 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
667	<b>PUZIAK Karolina</b>	<b>533</b>		K 30-39	38	00:00:27	00:13:35	00:25:50	<b>00:26:13.30</b>	<b>00:26:41.25</b>	+00:10:55 (41.7%)	5:14	11.4 (58.2%)
668	<b>KOWALSKA Małgorzata</b>	<b>1511</b>	MK STUDIO TRENINGU I FIZJOTERAPII	K 30-39	39	00:00:26	00:13:20	00:25:53	<b>00:26:13.55</b>	<b>00:26:40.50</b>	+00:10:56 (41.7%)	5:14	11.4 (58.2%)
669	<b>SIUDA Bartosz</b>	<b>1120</b>	RECONEXT TEAM	M 40-49	145	00:01:44	00:13:47	00:25:56	<b>00:26:13.85</b>	<b>00:27:58.65</b>	+00:10:56 (41.7%)	5:14	11.4 (58.2%)
670	<b>SZUMIŃSKI Jan</b>	<b>212</b>		M 60-69	13	00:00:16	00:13:29	00:25:50	<b>00:26:15.40</b>	<b>00:26:32.15</b>	+00:10:58 (41.8%)	5:15	11.4 (58.2%)
671	<b>JAGIELSKI Łukasz</b>	<b>152</b>		M 40-49	146	00:01:13	00:13:45	00:25:54	<b>00:26:15.65</b>	<b>00:27:29.55</b>	+00:10:58 (41.8%)	5:15	11.4 (58.2%)
672	<b>MICHALAK Krzysztof</b>	<b>5</b>		M 30-39	182	00:02:14	00:13:49	00:25:46	<b>00:26:17.75</b>	<b>00:28:32.25</b>	+00:11:00 (41.9%)	5:15	11.4 (58.2%)
673	<b>RADECKI Michał</b>	<b>1162</b>	ŚLIMAKI BARCIN	M 30-39	183	00:02:13	00:13:57	00:25:54	<b>00:26:17.90</b>	<b>00:28:31.05</b>	+00:11:00 (41.9%)	5:15	11.4 (58.2%)
674	<b>KUBIŃSKI Daniel</b>	<b>1010</b>	HARPAGAN	M 40-49	147	00:02:18	00:13:59	00:25:54	<b>00:26:17.95</b>	<b>00:28:36.65</b>	+00:11:00 (41.9%)	5:15	11.4 (58.2%)
675	<b>ANDRZEJEWSKA Roksana</b>	<b>339</b>		K 30-39	40	00:01:45	00:13:58	00:25:58	<b>00:26:18.05</b>	<b>00:28:03.75</b>	+00:11:00 (41.9%)	5:15	11.4 (58.2%)
676	<b>KULCZYK Albert</b>	<b>736</b>		M 30-39	184	00:02:41	00:13:40	00:25:58	<b>00:26:18.30</b>	<b>00:28:59.75</b>	+00:11:00 (41.9%)	5:15	11.4 (58.2%)
677	<b>GAŁCZYŃSKI Piotr</b>	<b>570</b>		M 30-39	185	00:00:37	00:13:19	00:26:00	<b>00:26:18.40</b>	<b>00:26:56.20</b>	+00:11:01 (41.9%)	5:15	11.4 (58.2%)
678	<b>POSKROP Miłosława</b>	<b>1622</b>		K 0-15	7	00:02:44	00:14:16	00:26:00	<b>00:26:19.75</b>	<b>00:29:04.45</b>	+00:11:02 (41.9%)	5:15	11.4 (58.2%)
679	<b>ŚWIDERSKI Bartosz</b>	<b>186</b>		M 30-39	186	00:01:25	00:14:37	00:26:02	<b>00:26:20.15</b>	<b>00:27:45.75</b>	+00:11:02 (41.9%)	5:16	11.4 (58.2%)
680	<b>JANASZ Krzysztof</b>	<b>233</b>		M 50-59	73	00:00:44	00:13:17	00:26:01	<b>00:26:21.30</b>	<b>00:27:05.95</b>	+00:11:03 (42.0%)	5:16	11.4 (58.2%)
681	<b>ZAWADZKA Justyna</b>	<b>1467</b>	ŚLIMAKI BARCIN	K 30-39	41	00:01:49	00:13:31	00:25:59	<b>00:26:21.55</b>	<b>00:28:11.15</b>	+00:11:04 (42.0%)	5:16	11.4 (58.2%)
682	<b>GARBARCZYK Adam</b>	<b>654</b>		M 30-39	187	00:02:24	00:13:59	00:26:00	<b>00:26:21.95</b>	<b>00:28:46.25</b>	+00:11:04 (42.0%)	5:16	11.4 (58.2%)
683	<b>KAMIŃSKI Patryk</b>	<b>574</b>		M 30-39	188	00:00:32	00:13:54	00:26:01	<b>00:26:22.20</b>	<b>00:26:55.10</b>	+00:11:04 (42.0%)	5:16	11.4 (58.2%)
684	<b>WYSOCKA Magdalena</b>	<b>1550</b>		K 20-29	32	00:01:49	00:13:35	00:26:01	<b>00:26:22.70</b>	<b>00:28:12.30</b>	+00:11:05 (42.0%)	5:16	11.4 (58.2%)
685	<b>KUNICKI Michał</b>	<b>112</b>		M 20-29	95	00:01:49	00:13:34	00:26:01	<b>00:26:22.90</b>	<b>00:28:12.60</b>	+00:11:05 (42.0%)	5:16	11.4 (58.2%)
686	<b>JANOWSKI Dawid</b>	<b>1499</b>		M 20-29	96	00:02:04	00:13:48	00:26:00	<b>00:26:23.40</b>	<b>00:28:28.15</b>	+00:11:06 (42.1%)	5:16	11.4 (58.2%)
687	<b>TORCHALSKI Krzysztof</b>	<b>95</b>		M 60-69	14	00:02:24		00:25:55	<b>00:26:23.50</b>	<b>00:28:48.25</b>	+00:11:06 (42.1%)	5:16	11.4 (58.2%)
688	<b>JACKOWIEC-JAGIELSKA Małgorzata</b>	<b>153</b>		K 40-49	22	00:01:13	00:13:45	00:26:04	<b>00:26:23.80</b>	<b>00:27:37.20</b>	+00:11:06 (42.1%)	5:16	11.4 (58.2%)
689	<b>GRZECHULSKI Bartosz</b>	<b>1583</b>		M 0-15	24	00:01:40	00:13:42	00:26:06	<b>00:26:26.50</b>	<b>00:28:06.75</b>	+00:11:09 (42.2%)	5:17	11.3 (57.7%)
690	<b>MELA Paweł</b>	<b>1262</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 50-59	74	00:00:30	00:13:03	00:26:01	<b>00:26:27.25</b>	<b>00:26:57.45</b>	+00:11:09 (42.2%)	5:17	11.3 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
691	<b>NALEWALSKA Justyna</b>	<b>1149</b>	SERCE TYBETU	K 30-39	42	00:00:38	00:13:34	00:26:05	<b>00:26:28.10</b>	<b>00:27:07.05</b>	+00:11:10 (42.2%)	5:17	11.3 (57.7%)
692	<b>POTRZEBOWSKA Agata</b>	<b>983</b>	DEAF	K 30-39	43	00:01:18	00:14:06	00:26:05	<b>00:26:28.20</b>	<b>00:27:46.60</b>	+00:11:10 (42.2%)	5:17	11.3 (57.7%)
693	<b>GROBELNA Monika</b>	<b>128</b>		K 40-49	23	00:02:06	00:13:50	00:26:08	<b>00:26:28.95</b>	<b>00:28:35.20</b>	+00:11:11 (42.3%)	5:17	11.3 (57.7%)
694	<b>IGNACIK Jan</b>	<b>746</b>		M 20-29	97	00:02:43	00:13:37	00:26:07	<b>00:26:29.05</b>	<b>00:29:12.60</b>	+00:11:11 (42.3%)	5:17	11.3 (57.7%)
694	<b>RYDLICHOWSKI Hubert</b>	<b>321</b>		M 20-29	97	00:01:46	00:13:47	00:26:10	<b>00:26:29.05</b>	<b>00:28:15.75</b>	+00:11:11 (42.3%)	5:17	11.3 (57.7%)
696	<b>GRUDA Mirosław</b>	<b>129</b>		M 60-69	15	00:02:06	00:13:44	00:26:07	<b>00:26:29.10</b>	<b>00:28:35.35</b>	+00:11:11 (42.3%)	5:17	11.3 (57.7%)
697	<b>BOROWIEC Michał</b>	<b>1239</b>	VENEZUELA TEAM	M 40-49	148	00:02:22	00:13:57	00:26:10	<b>00:26:29.60</b>	<b>00:28:52.30</b>	+00:11:12 (42.3%)	5:17	11.3 (57.7%)
698	<b>WOJTALUK Gosia</b>	<b>560</b>		K 20-29	33	00:02:03	00:13:52	00:26:11	<b>00:26:30.40</b>	<b>00:28:34.00</b>	+00:11:13 (42.3%)	5:18	11.3 (57.7%)
699	<b>PIETRASZAK Tomasz</b>	<b>1135</b>	RUN BYDGOSZCZ	M 50-59	75	00:01:15	00:13:42	00:26:09	<b>00:26:32.05</b>	<b>00:27:47.90</b>	+00:11:14 (42.4%)	5:18	11.3 (57.7%)
700	<b>MANDOSIK Jerzy</b>	<b>1170</b>	TEAMOCHAL	M 70+	1	00:01:11	00:13:31	00:26:06	<b>00:26:32.45</b>	<b>00:27:44.20</b>	+00:11:15 (42.4%)	5:18	11.3 (57.7%)
701	<b>FRĄCZEK-STACHOWICZ Kinga</b>	<b>191</b>		K 30-39	44	00:01:59	00:13:43	00:26:11	<b>00:26:32.50</b>	<b>00:28:32.05</b>	+00:11:15 (42.4%)	5:18	11.3 (57.7%)
702	<b>FIELD Benjamin</b>	<b>1526</b>	SJO POLITECHNIKA BYDGOSKA	M 20-29	99	00:01:56	00:14:23	00:26:12	<b>00:26:32.75</b>	<b>00:28:29.05</b>	+00:11:15 (42.4%)	5:18	11.3 (57.7%)
702	<b>CHAJDAS Bartosz</b>	<b>322</b>		M 20-29	99	00:01:46	00:13:49	00:26:10	<b>00:26:32.75</b>	<b>00:28:19.15</b>	+00:11:15 (42.4%)	5:18	11.3 (57.7%)
704	<b>JENEK Marcin</b>	<b>1285</b>	ZIELONY PELIKAN	M 40-49	149	00:02:01	00:13:58	00:26:10	<b>00:26:33.40</b>	<b>00:28:34.85</b>	+00:11:16 (42.4%)	5:18	11.3 (57.7%)
705	<b>MARCZYK Sebastian</b>	<b>1373</b>		M 30-39	189	00:02:43		00:26:10	<b>00:26:35.00</b>	<b>00:29:18.90</b>	+00:11:17 (42.5%)	5:19	11.3 (57.7%)
706	<b>KURS Jarosław</b>	<b>1409</b>	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	76	00:00:51	00:13:47	00:26:14	<b>00:26:35.85</b>	<b>00:27:27.35</b>	+00:11:18 (42.5%)	5:19	11.3 (57.7%)
707	<b>ORZECZOWSKI Zbigniew</b>	<b>1095</b>	ORZECZ BIEGA	M 40-49	150	00:00:16	00:13:26	00:26:14	<b>00:26:36.55</b>	<b>00:26:52.55</b>	+00:11:19 (42.5%)	5:19	11.3 (57.7%)
708	<b>LEWANDOWSKI Bartosz</b>	<b>1497</b>		M 20-29	101	00:01:41	00:14:35	00:26:17	<b>00:26:37.35</b>	<b>00:28:18.50</b>	+00:11:19 (42.6%)	5:19	11.3 (57.7%)
709	<b>KARDACH Filip</b>	<b>1685</b>		M 16-19	36	00:02:22	00:13:48	00:26:16	<b>00:26:37.80</b>	<b>00:29:00.50</b>	+00:11:20 (42.6%)	5:19	11.3 (57.7%)
710	<b>DABROWSKI Tomasz</b>	<b>1323</b>		M 40-49	151	00:00:38	00:14:09	00:26:18	<b>00:26:39.55</b>	<b>00:27:17.80</b>	+00:11:22 (42.6%)	5:19	11.3 (57.7%)
711	<b>JĘDRYCH Adam</b>	<b>614</b>		M 40-49	152	00:01:42	00:14:02	00:26:19	<b>00:26:39.70</b>	<b>00:28:21.95</b>	+00:11:22 (42.7%)	5:19	11.3 (57.7%)
712	<b>KORPALSKI Andrzej</b>	<b>834</b>		M 50-59	77	00:01:10	00:13:44	00:26:17	<b>00:26:39.75</b>	<b>00:27:50.40</b>	+00:11:22 (42.7%)	5:19	11.3 (57.7%)
713	<b>WAŁCZYK Iwona</b>	<b>133</b>		K 30-39	45	00:02:33	00:13:57	00:26:17	<b>00:26:41.35</b>	<b>00:29:14.35</b>	+00:11:23 (42.7%)	5:20	11.2 (57.1%)
714	<b>JANUSZEWSKA Kamila</b>	<b>843</b>		K 40-49	24	00:00:12	00:13:41	00:26:19	<b>00:26:41.70</b>	<b>00:26:53.80</b>	+00:11:24 (42.7%)	5:20	11.2 (57.1%)
715	<b>NAZAREWICZ Kacper</b>	<b>612</b>		M 20-29	102	00:00:43	00:13:03	00:26:17	<b>00:26:41.80</b>	<b>00:27:25.75</b>	+00:11:24 (42.7%)	5:20	11.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
716	<b>WACHOWSKI Dominik</b>	<b>500</b>		M 30-39	190	00:02:21	00:13:53	00:26:19	<b>00:26:42.15</b>	<b>00:29:03.60</b>	+00:11:24 (42.7%)	5:20	11.2 (57.1%)
717	<b>CHELMINIAK Megi</b>	<b>575</b>		K 30-39	46	00:00:00			<b>00:26:42.40</b>	<b>00:26:42.40</b>	+00:11:25 (42.7%)	5:20	11.2 (57.1%)
718	<b>JASKÓLSKI Andrzej</b>	<b>173</b>		M 50-59	78	00:01:02	00:13:39	00:26:22	<b>00:26:43.05</b>	<b>00:27:45.40</b>	+00:11:25 (42.8%)	5:20	11.2 (57.1%)
718	<b>WŁOCH Sylwester</b>	<b>886</b>		M 60-69	16	00:01:12	00:13:37	00:26:20	<b>00:26:43.05</b>	<b>00:27:55.70</b>	+00:11:25 (42.8%)	5:20	11.2 (57.1%)
720	<b>CZERNAK Joanna</b>	<b>927</b>	BORÓWNO BIEGA	K 40-49	25	00:00:34	00:13:50	00:26:18	<b>00:26:43.10</b>	<b>00:27:17.20</b>	+00:11:25 (42.8%)	5:20	11.2 (57.1%)
721	<b>BRZEZIŃSKA Sylwia</b>	<b>1298</b>		K 30-39	47	00:01:30	00:14:02	00:26:22	<b>00:26:44.60</b>	<b>00:28:14.85</b>	+00:11:27 (42.8%)	5:20	11.2 (57.1%)
722	<b>WOŹNIAK Adam</b>	<b>1101</b>	PARKA BIEGA TEAM	M 40-49	153	00:02:43	00:14:16	00:26:23	<b>00:26:45.00</b>	<b>00:29:28.60</b>	+00:11:27 (42.8%)	5:21	11.2 (57.1%)
723	<b>RADECKA Aleksandra</b>	<b>1284</b>	ZIELONY PELIKAN	K 40-49	26	00:02:31	00:14:14	00:26:25	<b>00:26:45.85</b>	<b>00:29:17.75</b>	+00:11:28 (42.9%)	5:21	11.2 (57.1%)
724	<b>MAJCHRZAK Laura</b>	<b>1620</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K 0-15	8	00:02:07	00:13:45	00:26:26	<b>00:26:46.20</b>	<b>00:28:53.25</b>	+00:11:28 (42.9%)	5:21	11.2 (57.1%)
725	<b>RUSS Aleksandra</b>	<b>832</b>		K 50-59	8	00:00:11	00:13:23	00:26:22	<b>00:26:47.00</b>	<b>00:26:58.90</b>	+00:11:29 (42.9%)	5:21	11.2 (57.1%)
726	<b>BUKOLT Krzysztof</b>	<b>1226</b>	TRISPACE TREK	M 30-39	191	00:01:33	00:14:28	00:26:26	<b>00:26:47.10</b>	<b>00:28:20.15</b>	+00:11:29 (42.9%)	5:21	11.2 (57.1%)
727	<b>MIKULSKI Włodek</b>	<b>263</b>		M 40-49	154	00:00:36	00:13:45	00:26:22	<b>00:26:47.60</b>	<b>00:27:24.25</b>	+00:11:30 (42.9%)	5:21	11.2 (57.1%)
728	<b>JACKOWIAK Agnieszka</b>	<b>256</b>		K 40-49	27	00:00:36	00:13:45	00:26:23	<b>00:26:47.75</b>	<b>00:27:23.80</b>	+00:11:30 (42.9%)	5:21	11.2 (57.1%)
729	<b>SIUDA Marek</b>	<b>154</b>		M 50-59	79	00:01:28	00:14:14	00:26:28	<b>00:26:47.80</b>	<b>00:28:16.15</b>	+00:11:30 (42.9%)	5:21	11.2 (57.1%)
730	<b>SZYMAN Renata</b>	<b>286</b>		K 40-49	28	00:02:10	00:13:57	00:26:26	<b>00:26:48.35</b>	<b>00:28:58.50</b>	+00:11:30 (43.0%)	5:21	11.2 (57.1%)
731	<b>KOWALSKA Jolanta</b>	<b>680</b>		K 40-49	29	00:01:54	00:14:26	00:26:30	<b>00:26:48.90</b>	<b>00:28:43.85</b>	+00:11:31 (43.0%)	5:21	11.2 (57.1%)
732	<b>PRZYBYSZ Ignacy</b>	<b>1612</b>		M 0-15	25	00:00:56	00:14:01	00:26:31	<b>00:26:49.40</b>	<b>00:27:45.90</b>	+00:11:32 (43.0%)	5:21	11.2 (57.1%)
733	<b>CIESIELSKI Mirosław</b>	<b>179</b>		M 50-59	80	00:01:15	00:14:05	00:26:29	<b>00:26:50.75</b>	<b>00:28:06.05</b>	+00:11:33 (43.0%)	5:22	11.2 (57.1%)
734	<b>SZUFRAJDA Angelika</b>	<b>883</b>		K 30-39	48	00:02:02	00:13:59	00:26:31	<b>00:26:51.25</b>	<b>00:28:53.25</b>	+00:11:33 (43.1%)	5:22	11.2 (57.1%)
735	<b>ADAMCZYK Mateusz</b>	<b>1598</b>		M 0-15	26	00:01:26	00:15:00	00:26:29	<b>00:26:51.60</b>	<b>00:28:17.70</b>	+00:11:34 (43.1%)	5:22	11.2 (57.1%)
736	<b>SZTUBA Mirosław</b>	<b>871</b>		M 50-59	81	00:00:29	00:14:00	00:26:29	<b>00:26:52.05</b>	<b>00:27:21.55</b>	+00:11:34 (43.1%)	5:22	11.2 (57.1%)
737	<b>WŁAŚNIAK Antoni</b>	<b>1431</b>		M 20-29	103	00:01:01	00:13:52	00:26:28	<b>00:26:52.40</b>	<b>00:27:53.75</b>	+00:11:35 (43.1%)	5:22	11.2 (57.1%)
738	<b>WILMA Bartek</b>	<b>1313</b>		M 40-49	155	00:02:30	00:14:12	00:26:30	<b>00:26:52.70</b>	<b>00:29:23.65</b>	+00:11:35 (43.1%)	5:22	11.2 (57.1%)
739	<b>ŻUBKOWSKI Jakub</b>	<b>769</b>		M 20-29	104	00:01:34	00:14:10	00:26:29	<b>00:26:52.80</b>	<b>00:28:27.50</b>	+00:11:35 (43.1%)	5:22	11.2 (57.1%)
740	<b>GROCHAŁA Michał</b>	<b>982</b>	DĄBROWSKI TEAM	M 30-39	192	00:00:27	00:13:42	00:26:28	<b>00:26:53.05</b>	<b>00:27:20.25</b>	+00:11:35 (43.1%)	5:22	11.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
741	KULPEKSZA Karolina	1406		K 40-49	30	00:02:30	00:14:37	00:26:32	<b>00:26:53.65</b>	<b>00:29:24.15</b>	+00:11:36 (43.1%)	5:22	11.2 (57.1%)
742	KOWALCZYK Magdalena	26		K 30-39	49	00:00:26	00:13:44	00:26:30	<b>00:26:53.85</b>	<b>00:27:20.45</b>	+00:11:36 (43.2%)	5:22	11.2 (57.1%)
743	RATAJCZAK Agnieszka	293		K 30-39	50	00:00:27	00:14:21	00:26:33	<b>00:26:54.30</b>	<b>00:27:21.30</b>	+00:11:36 (43.2%)	5:22	11.2 (57.1%)
744	ŚWIETLIK Dawid	247		M 30-39	193	00:01:13	00:14:07	00:26:31	<b>00:26:54.60</b>	<b>00:28:08.55</b>	+00:11:37 (43.2%)	5:22	11.2 (57.1%)
745	RYBARCZYK Marcelina	1705		K 20-29	34	00:00:26	00:14:21	00:26:34	<b>00:26:55.00</b>	<b>00:27:21.70</b>	+00:11:37 (43.2%)	5:23	11.1 (56.6%)
746	GREGO Katarzyna	1004	GREGORKI	K 20-29	35	00:00:37	00:13:58	00:26:32	<b>00:26:55.15</b>	<b>00:27:32.25</b>	+00:11:37 (43.2%)	5:23	11.1 (56.6%)
746	KASZUBOWSKI Daniel	36		M 30-39	194	00:02:00	00:13:49	00:26:35	<b>00:26:55.15</b>	<b>00:28:55.20</b>	+00:11:37 (43.2%)	5:23	11.1 (56.6%)
748	LEWICKI Jan	1621	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M 0-15	27	00:02:02	00:13:47	00:26:36	<b>00:26:55.75</b>	<b>00:28:57.75</b>	+00:11:38 (43.2%)	5:23	11.1 (56.6%)
749	GERUS Krzysztof	1490		M 40-49	156	00:01:35	00:14:06	00:26:35	<b>00:26:56.95</b>	<b>00:28:32.90</b>	+00:11:39 (43.3%)	5:23	11.1 (56.6%)
750	ROBACZEWSKA Kinga	1509		K 40-49	31	00:00:34	00:13:52	00:26:32	<b>00:26:57.15</b>	<b>00:27:31.15</b>	+00:11:39 (43.3%)	5:23	11.1 (56.6%)
751	MIKUL Damian	1363		M 30-39	195	00:01:11	00:14:04	00:26:32	<b>00:26:57.65</b>	<b>00:28:08.70</b>	+00:11:40 (43.3%)	5:23	11.1 (56.6%)
751	LECH Marek	184		M 40-49	157	00:02:25	00:14:08	00:26:36	<b>00:26:57.65</b>	<b>00:29:22.85</b>	+00:11:40 (43.3%)	5:23	11.1 (56.6%)
751	KARCZEWSKA Arletta	185		K 40-49	32	00:02:25	00:14:10	00:26:36	<b>00:26:57.65</b>	<b>00:29:23.00</b>	+00:11:40 (43.3%)	5:23	11.1 (56.6%)
754	JAKUBOWSKI Szymon	58		M 30-39	196	00:01:50	00:14:28	00:26:43	<b>00:26:59.50</b>	<b>00:28:50.30</b>	+00:11:42 (43.4%)	5:23	11.1 (56.6%)
755	BISKUPSKI Robert	126		M 40-49	158	00:02:24	00:14:13	00:26:36	<b>00:27:00.75</b>	<b>00:29:24.95</b>	+00:11:43 (43.4%)	5:24	11.1 (56.6%)
756	KOWALSKA Julia	783		K 20-29	36	00:01:43	00:14:19	00:26:40	<b>00:27:01.50</b>	<b>00:28:44.95</b>	+00:11:44 (43.4%)	5:24	11.1 (56.6%)
757	BERNACKI Andrzej	745		M 50-59	82	00:00:28	00:14:00	00:26:37	<b>00:27:01.55</b>	<b>00:27:30.20</b>	+00:11:44 (43.4%)	5:24	11.1 (56.6%)
758	DURSKA Dorota	1491		K 20-29	37	00:00:59	00:14:00	00:26:40	<b>00:27:02.30</b>	<b>00:28:01.95</b>	+00:11:44 (43.5%)	5:24	11.1 (56.6%)
759	RATAJCZYK Szymon	1596		M 0-15	28	00:01:25	00:14:53	00:26:41	<b>00:27:03.00</b>	<b>00:28:28.90</b>	+00:11:45 (43.5%)	5:24	11.1 (56.6%)
760	FUNDATOR Wiktor	833		M 30-39	197	00:02:29	00:14:32	00:26:41	<b>00:27:03.55</b>	<b>00:29:32.60</b>	+00:11:46 (43.5%)	5:24	11.1 (56.6%)
761	WIERZCHOSŁAWSKA Renata	305		K 50-59	9	00:01:36	00:13:55	00:26:40	<b>00:27:04.95</b>	<b>00:28:41.65</b>	+00:11:47 (43.5%)	5:24	11.1 (56.6%)
762	SŁOWIŃSKI Sławek	629		M 50-59	83	00:01:25	00:13:36	00:26:45	<b>00:27:05.15</b>	<b>00:28:30.80</b>	+00:11:47 (43.5%)	5:25	11.1 (56.6%)
763	OLAWIŃSKI Paweł	127		M 30-39	198	00:02:23	00:14:55	00:26:46	<b>00:27:05.75</b>	<b>00:29:29.15</b>	+00:11:48 (43.6%)	5:25	11.1 (56.6%)
764	GIRUĆ Przemysław	766		M 50-59	84	00:01:47	00:14:14	00:26:45	<b>00:27:06.70</b>	<b>00:28:54.30</b>	+00:11:49 (43.6%)	5:25	11.1 (56.6%)
765	PASZKIET Witold	1201	TKKF KOLEJARZ BYDGOSZCZ	M 70+	2	00:01:36	00:13:59	00:26:41	<b>00:27:07.55</b>	<b>00:28:44.10</b>	+00:11:50 (43.6%)	5:25	11.1 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
766	<b>NOWA Dorota</b>	<b>1461</b>		K 30-39	51	00:02:37	00:14:22	00:26:49	<b>00:27:07.60</b>	<b>00:29:44.95</b>	+00:11:50 (43.6%)	5:25	11.1 (56.6%)
767	<b>JANYSKA Adam</b>	<b>1232</b>	UKS KOPERNIK BYDGOSZCZ	M 20-29	105	00:01:38	00:13:57	00:26:48	<b>00:27:08.90</b>	<b>00:28:47.65</b>	+00:11:51 (43.7%)	5:25	11.1 (56.6%)
768	<b>MAZUR Wojciech</b>	<b>958</b>	BYDGOSZCZ NA START	M 60-69	17	00:00:48	00:14:11	00:26:47	<b>00:27:09.20</b>	<b>00:27:57.80</b>	+00:11:51 (43.7%)	5:25	11 (56.1%)
769	<b>FELTYNOWSKI Michał</b>	<b>876</b>		M 30-39	199	00:00:21	00:13:30	00:26:49	<b>00:27:09.70</b>	<b>00:27:31.20</b>	+00:11:52 (43.7%)	5:25	11 (56.1%)
769	<b>GIERACH Grzegorz</b>	<b>1694</b>	GIERACH-TEAM	M 0-15	29	00:00:25	00:13:49	00:26:50	<b>00:27:09.70</b>	<b>00:27:35.25</b>	+00:11:52 (43.7%)	5:25	11 (56.1%)
771	<b>GIERACH Marcin</b>	<b>1430</b>	GIERACH-TEAM	M 40-49	159	00:00:25	00:13:47	00:26:50	<b>00:27:09.75</b>	<b>00:27:35.10</b>	+00:11:52 (43.7%)	5:25	11 (56.1%)
772	<b>PISANKO Rafał</b>	<b>1600</b>	BTW	M 0-15	30	00:01:42	00:13:27	00:26:44	<b>00:27:10.00</b>	<b>00:28:52.55</b>	+00:11:52 (43.7%)	5:26	11 (56.1%)
772	<b>BYCZKOWSKA Patrycja</b>	<b>1560</b>	INDYWIDUALNIE	K 0-15	9	00:02:12		00:26:45	<b>00:27:10.00</b>	<b>00:29:22.40</b>	+00:11:52 (43.7%)	5:26	11 (56.1%)
774	<b>PISANKO Marcin</b>	<b>595</b>		M 40-49	160	00:01:43	00:13:40	00:26:45	<b>00:27:10.15</b>	<b>00:28:53.20</b>	+00:11:52 (43.7%)	5:26	11 (56.1%)
775	<b>MISIAK Agata</b>	<b>81</b>		K 30-39	52	00:01:32	00:13:57	00:26:49	<b>00:27:10.70</b>	<b>00:28:42.90</b>	+00:11:53 (43.7%)	5:26	11 (56.1%)
776	<b>KEMPCZYŃSKI Dariusz</b>	<b>1083</b>	NFZ BYDGOSZCZ	M 40-49	161	00:01:59	00:14:17	00:26:48	<b>00:27:11.05</b>	<b>00:29:10.70</b>	+00:11:53 (43.8%)	5:26	11 (56.1%)
777	<b>SMERLIŃSKA Katarzyna</b>	<b>20</b>		K 30-39	53	00:00:23	00:13:56	00:26:49	<b>00:27:11.30</b>	<b>00:27:34.65</b>	+00:11:53 (43.8%)	5:26	11 (56.1%)
778	<b>WOJCIESZAK Dariusz</b>	<b>103</b>		M 50-59	85	00:02:03	00:14:11	00:26:50	<b>00:27:11.35</b>	<b>00:29:15.00</b>	+00:11:53 (43.8%)	5:26	11 (56.1%)
779	<b>GLOWICKI Adam</b>	<b>581</b>		M 40-49	162	00:02:41	00:14:15	00:26:50	<b>00:27:11.80</b>	<b>00:29:53.15</b>	+00:11:54 (43.8%)	5:26	11 (56.1%)
780	<b>MOSTAFA Eslam</b>	<b>1469</b>		M 20-29	106	00:02:40	00:13:37	00:26:54	<b>00:27:12.30</b>	<b>00:29:52.70</b>	+00:11:54 (43.8%)	5:26	11 (56.1%)
781	<b>KARAKUŁA Michał</b>	<b>844</b>		M 20-29	107	00:01:28	00:14:01	00:26:44	<b>00:27:12.80</b>	<b>00:28:41.70</b>	+00:11:55 (43.8%)	5:26	11 (56.1%)
782	<b>STEJUK Aleksandra</b>	<b>902</b>	AKADEMIA MISTRZÓW SPORTU	K 40-49	33	00:00:57	00:13:51	00:26:52	<b>00:27:15.50</b>	<b>00:28:13.45</b>	+00:11:58 (43.9%)	5:27	11 (56.1%)
783	<b>LEWANDOWSKI Jacek</b>	<b>901</b>	AKADEMIA MISTRZÓW SPORTU	M 40-49	163	00:00:58	00:13:50	00:26:51	<b>00:27:15.80</b>	<b>00:28:14.10</b>	+00:11:58 (43.9%)	5:27	11 (56.1%)
784	<b>PYTYŃSKI Oskar</b>	<b>887</b>		M 20-29	108	00:01:27	00:14:24	00:26:56	<b>00:27:16.45</b>	<b>00:28:44.05</b>	+00:11:59 (43.9%)	5:27	11 (56.1%)
785	<b>GRAJNERT Katarzyna</b>	<b>1346</b>		K 30-39	54	00:00:35	00:13:45	00:26:52	<b>00:27:17.15</b>	<b>00:27:52.30</b>	+00:11:59 (44.0%)	5:27	11 (56.1%)
786	<b>WAWRZYŃIAK Michał</b>	<b>1198</b>	TEAM ZOOT/TRIDOCOR	M 40-49	164	00:01:01	00:14:15	00:26:54	<b>00:27:17.75</b>	<b>00:28:19.65</b>	+00:12:00 (44.0%)	5:27	11 (56.1%)
787	<b>KAMIŃSKA Agnieszka</b>	<b>634</b>		K 40-49	34	00:01:00	00:14:16	00:26:55	<b>00:27:18.85</b>	<b>00:28:19.65</b>	+00:12:01 (44.0%)	5:27	11 (56.1%)
788	<b>BURZYCH Rafał</b>	<b>1034</b>	KPCP SMUKAŁA TEAM	M 40-49	165	00:01:52	00:14:18	00:26:56	<b>00:27:19.45</b>	<b>00:29:12.15</b>	+00:12:02 (44.0%)	5:27	11 (56.1%)
789	<b>ZŁOTOWSKI Piotr</b>	<b>1133</b>	RUN BYDGOSZCZ	M 40-49	166	00:01:11	00:13:52	00:26:55	<b>00:27:21.65</b>	<b>00:28:33.60</b>	+00:12:04 (44.1%)	5:28	11 (56.1%)
790	<b>GOSZCZAK Marcin</b>	<b>760</b>		M 20-29	109	00:01:39	00:14:39	00:27:04	<b>00:27:22.15</b>	<b>00:29:01.90</b>	+00:12:04 (44.1%)	5:28	11 (56.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
791	<b>CHWIAŁKOWSKA Anna</b>	<b>793</b>		K 40-49	35	00:01:50	00:14:25	00:26:58	<b>00:27:22.60</b>	<b>00:29:12.75</b>	+00:12:05 (44.1%)	5:28	11 (56.1%)
792	<b>PAWEŁKOWSKI Patryk</b>	<b>1266</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 30-39	200	00:00:43	00:13:36	00:27:01	<b>00:27:23.45</b>	<b>00:28:06.80</b>	+00:12:06 (44.2%)	5:28	11 (56.1%)
793	<b>WIŚNIEWSKA Wiktoria</b>	<b>888</b>		K 16-19	2	00:00:56		00:27:00	<b>00:27:23.70</b>	<b>00:28:20.45</b>	+00:12:06 (44.2%)	5:28	11 (56.1%)
794	<b>CHWIAŁKOWSKI Rafał</b>	<b>860</b>		M 40-49	167	00:01:48	00:14:27	00:27:00	<b>00:27:24.30</b>	<b>00:29:12.35</b>	+00:12:06 (44.2%)	5:28	10.9 (55.6%)
795	<b>ONDRA Julia</b>	<b>151</b>		K 20-29	38	00:01:47	00:14:22	00:27:00	<b>00:27:24.40</b>	<b>00:29:11.85</b>	+00:12:07 (44.2%)	5:28	10.9 (55.6%)
796	<b>KOTLENGA Anna</b>	<b>1353</b>		K 40-49	36	00:01:36	00:14:33	00:27:04	<b>00:27:24.70</b>	<b>00:29:01.25</b>	+00:12:07 (44.2%)	5:28	10.9 (55.6%)
797	<b>RYBARCZYK Radosław</b>	<b>65</b>		M 20-29	110	00:01:27	00:14:13	00:27:00	<b>00:27:25.05</b>	<b>00:28:52.55</b>	+00:12:07 (44.2%)	5:29	10.9 (55.6%)
798	<b>OLSZEWSKA Małgorzata</b>	<b>64</b>		K 20-29	39	00:01:27	00:14:14	00:27:00	<b>00:27:25.20</b>	<b>00:28:52.55</b>	+00:12:07 (44.2%)	5:29	10.9 (55.6%)
799	<b>KURZYŃSKA Natalia</b>	<b>1082</b>	NATKA	K 20-29	40	00:01:46	00:14:36	00:27:01	<b>00:27:25.25</b>	<b>00:29:11.40</b>	+00:12:07 (44.2%)	5:29	10.9 (55.6%)
800	<b>STACHOWICZ Kacper</b>	<b>1564</b>		M 0-15	31	00:02:19	00:15:13	00:27:07	<b>00:27:25.40</b>	<b>00:29:44.40</b>	+00:12:08 (44.2%)	5:29	10.9 (55.6%)
801	<b>MICHALAK Agata</b>	<b>1411</b>		K 30-39	55	00:01:04	00:14:09	00:27:04	<b>00:27:27.25</b>	<b>00:28:31.50</b>	+00:12:09 (44.3%)	5:29	10.9 (55.6%)
802	<b>ŁĄCKI Krzysztof</b>	<b>847</b>		M 30-39	201	00:01:58	00:14:29	00:27:06	<b>00:27:27.50</b>	<b>00:29:25.70</b>	+00:12:10 (44.3%)	5:29	10.9 (55.6%)
803	<b>WOJTYSIAK Patryk</b>	<b>1647</b>	BTW	M 16-19	37	00:02:02	00:13:44	00:27:09	<b>00:27:28.85</b>	<b>00:29:31.10</b>	+00:12:11 (44.4%)	5:29	10.9 (55.6%)
804	<b>BYCZKOWSKA Aneta</b>	<b>1013</b>	INDYWIDUALNIE	K 30-39	56	00:02:12		00:27:02	<b>00:27:29.35</b>	<b>00:29:41.60</b>	+00:12:11 (44.4%)	5:29	10.9 (55.6%)
805	<b>KUĆ Darek</b>	<b>1321</b>	OLIMPIC ACADEMY	M 30-39	202	00:02:15	00:14:48	00:27:11	<b>00:27:29.40</b>	<b>00:29:45.10</b>	+00:12:12 (44.4%)	5:29	10.9 (55.6%)
806	<b>KONWIŃSKI Dariusz</b>	<b>915</b>	BARCA	M 50-59	86	00:02:09	00:14:18	00:27:06	<b>00:27:30.40</b>	<b>00:29:40.00</b>	+00:12:13 (44.4%)	5:30	10.9 (55.6%)
807	<b>KOTŁOWSKI Bartosz</b>	<b>1676</b>	MKS SP63 BYDGOSZCZ	M 16-19	38	00:01:19	00:14:17	00:27:10	<b>00:27:34.25</b>	<b>00:28:54.10</b>	+00:12:16 (44.5%)	5:30	10.9 (55.6%)
808	<b>OLSZEWSKA Dorota</b>	<b>695</b>		K 30-39	57	00:02:01	00:14:54	00:27:16	<b>00:27:34.85</b>	<b>00:29:36.30</b>	+00:12:17 (44.6%)	5:30	10.9 (55.6%)
809	<b>WOŹNIAK Agnieszka</b>	<b>494</b>		K 20-29	41	00:01:16	00:14:09	00:27:12	<b>00:27:34.95</b>	<b>00:28:51.50</b>	+00:12:17 (44.6%)	5:30	10.9 (55.6%)
809	<b>SOBIERAJ Krzysztof</b>	<b>696</b>		M 40-49	168	00:02:01	00:14:56	00:27:16	<b>00:27:34.95</b>	<b>00:29:36.45</b>	+00:12:17 (44.6%)	5:30	10.9 (55.6%)
811	<b>KOWALSKI Miłosz</b>	<b>618</b>		M 20-29	111	00:00:28	00:14:05	00:27:16	<b>00:27:36.05</b>	<b>00:28:04.55</b>	+00:12:18 (44.6%)	5:31	10.9 (55.6%)
812	<b>GŁOGOWSKI Krzysztof</b>	<b>856</b>		M 30-39	203	00:00:34	00:14:16	00:27:14	<b>00:27:36.30</b>	<b>00:28:10.65</b>	+00:12:18 (44.6%)	5:31	10.9 (55.6%)
813	<b>WIŚNIEWSKI Tomasz</b>	<b>697</b>		M 30-39	204	00:01:19	00:14:41	00:27:13	<b>00:27:36.65</b>	<b>00:28:56.55</b>	+00:12:19 (44.6%)	5:31	10.9 (55.6%)
814	<b>PROKOPOWICZ Paweł</b>	<b>421</b>		M 40-49	169	00:00:39	00:14:27	00:27:14	<b>00:27:36.80</b>	<b>00:28:16.75</b>	+00:12:19 (44.6%)	5:31	10.9 (55.6%)
815	<b>PIETRYGA Jakub</b>	<b>1333</b>	UKW BYDGOSZCZ	M 20-29	112	00:00:21	00:14:04	00:27:20	<b>00:27:37.00</b>	<b>00:27:58.95</b>	+00:12:19 (44.6%)	5:31	10.9 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
816	DULIŃSKA Alicja	513		K 20-29	42	00:02:04	00:14:03	00:27:13	<b>00:27:37.25</b>	<b>00:29:41.70</b>	+00:12:19 (44.6%)	5:31	10.9 (55.6%)
817	LAUDAŃSKA Natalia	830		K 30-39	58	00:01:54	00:14:32	00:27:14	<b>00:27:37.40</b>	<b>00:29:31.75</b>	+00:12:20 (44.6%)	5:31	10.9 (55.6%)
818	WÓJCIK Jacek	31		M 30-39	205	00:01:21	00:14:39	00:27:12	<b>00:27:37.85</b>	<b>00:28:59.40</b>	+00:12:20 (44.7%)	5:31	10.9 (55.6%)
819	FELKNER Alicja	1472		K 16-19	3	00:01:54	00:14:31	00:27:17	<b>00:27:38.45</b>	<b>00:29:33.00</b>	+00:12:21 (44.7%)	5:31	10.9 (55.6%)
820	CĄBROWSKI Piotr	1103	PARKRAN GRUDZIĄDZ	M 40-49	170	00:01:12	00:14:26	00:27:19	<b>00:27:40.00</b>	<b>00:28:52.20</b>	+00:12:22 (44.7%)	5:32	10.8 (55.1%)
821	KORZENECKI Waldemar	1351	WALDIKO	M 40-49	171	00:01:27	00:14:08	00:27:18	<b>00:27:40.20</b>	<b>00:29:07.35</b>	+00:12:22 (44.7%)	5:32	10.8 (55.1%)
822	PIENIAK Anna	163		K 40-49	37	00:02:04	00:14:25	00:27:16	<b>00:27:40.90</b>	<b>00:29:45.55</b>	+00:12:23 (44.8%)	5:32	10.8 (55.1%)
823	ŚWIDERSKI Jaromir	1161	ŚLĘZAK TEAM	M 60-69	18	00:01:25	00:14:35	00:27:19	<b>00:27:41.00</b>	<b>00:29:06.40</b>	+00:12:23 (44.8%)	5:32	10.8 (55.1%)
824	DZIECIELSKA Bogna	1410		K 20-29	43	00:01:02	00:14:07	00:27:17	<b>00:27:41.40</b>	<b>00:28:44.05</b>	+00:12:24 (44.8%)	5:32	10.8 (55.1%)
825	SIKORSKI Norbert	331		M 50-59	87	00:00:28	00:14:04	00:27:18	<b>00:27:41.45</b>	<b>00:28:10.35</b>	+00:12:24 (44.8%)	5:32	10.8 (55.1%)
826	KASPROWICZ Piotr	1018	JW1515	M 40-49	172	00:02:14	00:14:51	00:27:24	<b>00:27:45.45</b>	<b>00:29:59.90</b>	+00:12:28 (44.9%)	5:33	10.8 (55.1%)
826	SAS Arkadiusz	1451		M 20-29	113	00:01:05	00:14:10	00:27:20	<b>00:27:45.45</b>	<b>00:28:50.90</b>	+00:12:28 (44.9%)	5:33	10.8 (55.1%)
828	CIEMNY Piotr	751		M 30-39	206	00:02:08	00:15:07	00:27:25	<b>00:27:46.65</b>	<b>00:29:54.65</b>	+00:12:29 (45.0%)	5:33	10.8 (55.1%)
829	FRANCZYK Wojciech	897	3PSAP	M 30-39	207	00:01:19	00:14:45	00:27:24	<b>00:27:47.15</b>	<b>00:29:06.20</b>	+00:12:29 (45.0%)	5:33	10.8 (55.1%)
830	LEWANDOWSKA Anna	1254	WT TORUŃ	K 30-39	59	00:01:19	00:14:45	00:27:24	<b>00:27:47.30</b>	<b>00:29:06.40</b>	+00:12:29 (45.0%)	5:33	10.8 (55.1%)
831	KILIŃSKA Magdalena	938	BRZEZIŃSKI RUN CLUB	K 40-49	38	00:02:09	00:14:29	00:27:23	<b>00:27:47.75</b>	<b>00:29:57.35</b>	+00:12:30 (45.0%)	5:33	10.8 (55.1%)
832	KALEMBA Daria	40		K 30-39	60	00:01:21	00:14:09	00:27:24	<b>00:27:48.05</b>	<b>00:29:09.20</b>	+00:12:30 (45.0%)	5:33	10.8 (55.1%)
833	GĘSICKA Marta	1508		K 30-39	61	00:02:39	00:14:44	00:27:27	<b>00:27:48.10</b>	<b>00:30:27.65</b>	+00:12:30 (45.0%)	5:33	10.8 (55.1%)
834	SMUCZYŃSKI Wojciech	79		M 30-39	208	00:02:38	00:14:43	00:27:27	<b>00:27:48.90</b>	<b>00:30:27.85</b>	+00:12:31 (45.0%)	5:33	10.8 (55.1%)
835	LEWANDOWSKI Jakub	1558	MC37	M 0-15	32	00:02:32	00:14:38	00:27:28	<b>00:27:48.95</b>	<b>00:30:21.85</b>	+00:12:31 (45.0%)	5:33	10.8 (55.1%)
836	JAKUBOWSKI Artur	1463	#SLIMKIBARCIN	M 40-49	173	00:02:30	00:15:23	00:27:27	<b>00:27:49.35</b>	<b>00:30:20.15</b>	+00:12:31 (45.0%)	5:33	10.8 (55.1%)
837	LEWANDOWSKI Marcin	1702		M 40-49	174	00:00:47	00:13:48	00:27:25	<b>00:27:49.90</b>	<b>00:28:37.25</b>	+00:12:32 (45.1%)	5:33	10.8 (55.1%)
838	CIEMNY Tomasz	122		M 50-59	88	00:02:04	00:14:12	00:27:29	<b>00:27:50.30</b>	<b>00:29:54.50</b>	+00:12:32 (45.1%)	5:34	10.8 (55.1%)
839	CIEMNY Wiktor	1606		M 0-15	33	00:02:03	00:14:13	00:27:28	<b>00:27:50.35</b>	<b>00:29:54.20</b>	+00:12:32 (45.1%)	5:34	10.8 (55.1%)
840	PARADOWSKA Bogumiła	269		K 40-49	39	00:01:40	00:14:43	00:27:24	<b>00:27:50.40</b>	<b>00:29:30.45</b>	+00:12:33 (45.1%)	5:34	10.8 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
841	<b>NAPIERAŁA Marcin</b>	<b>1081</b>	NAPIERAŁKI	M 40-49	175	00:01:11	00:14:03	00:27:26	<b>00:27:50.60</b>	<b>00:29:02.55</b>	+00:12:33 (45.1%)	5:34	10.8 (55.1%)
841	<b>WNUCZYŃSKI Andrzej</b>	<b>1094</b>	ORANGE POLSKA	M 50-59	89	00:00:55	00:13:45	00:27:24	<b>00:27:50.60</b>	<b>00:28:46.25</b>	+00:12:33 (45.1%)	5:34	10.8 (55.1%)
843	<b>STRASZEWSKA Paulina</b>	<b>948</b>	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K 30-39	62	00:02:16	00:14:41	00:27:25	<b>00:27:50.85</b>	<b>00:30:07.60</b>	+00:12:33 (45.1%)	5:34	10.8 (55.1%)
844	<b>POSKROP Aleksandra</b>	<b>1675</b>		K 16-19	4	00:02:45	00:14:34	00:27:27	<b>00:27:51.50</b>	<b>00:30:36.50</b>	+00:12:34 (45.1%)	5:34	10.8 (55.1%)
845	<b>JASIENIECKI Piotr</b>	<b>689</b>		M 50-59	90	00:01:07	00:14:35	00:27:28	<b>00:27:51.55</b>	<b>00:28:59.10</b>	+00:12:34 (45.1%)	5:34	10.8 (55.1%)
846	<b>SOSNA Mikołaj</b>	<b>15</b>		M 40-49	176	00:01:24	00:14:31	00:27:25	<b>00:27:52.05</b>	<b>00:29:16.90</b>	+00:12:34 (45.1%)	5:34	10.8 (55.1%)
846	<b>WŁODARCZYK Hanna</b>	<b>34</b>		K 40-49	40	00:01:56	00:14:35	00:27:30	<b>00:27:52.05</b>	<b>00:29:48.80</b>	+00:12:34 (45.1%)	5:34	10.8 (55.1%)
848	<b>KONIECZNY Rafał</b>	<b>621</b>		M 20-29	114	00:00:58	00:13:29	00:27:28	<b>00:27:52.10</b>	<b>00:28:50.35</b>	+00:12:34 (45.1%)	5:34	10.8 (55.1%)
849	<b>BARTON Krystyna</b>	<b>1114</b>	PRZECHLEWO	K 60-69	1	00:00:31	00:13:53	00:27:25	<b>00:27:52.40</b>	<b>00:28:23.80</b>	+00:12:35 (45.1%)	5:34	10.8 (55.1%)
850	<b>STAŃCO Leszek</b>	<b>486</b>		M 30-39	209	00:02:46	00:14:30	00:27:29	<b>00:27:52.75</b>	<b>00:30:38.85</b>	+00:12:35 (45.2%)	5:34	10.8 (55.1%)
850	<b>MATEJA Piotr</b>	<b>504</b>		M 30-39	209	00:01:29	00:14:23	00:27:29	<b>00:27:52.75</b>	<b>00:29:22.25</b>	+00:12:35 (45.2%)	5:34	10.8 (55.1%)
852	<b>LEWANDOWSKI Szymon</b>	<b>1608</b>	WIHURRA SOBIEJUCHY	M 0-15	34	00:01:23	00:14:18	00:27:30	<b>00:27:53.95</b>	<b>00:29:17.10</b>	+00:12:36 (45.2%)	5:34	10.8 (55.1%)
853	<b>SMAGA Monika</b>	<b>756</b>		K 30-39	63	00:02:11	00:14:50	00:27:34	<b>00:27:54.80</b>	<b>00:30:06.60</b>	+00:12:37 (45.2%)	5:34	10.8 (55.1%)
854	<b>FERNANDEZ Rocio</b>	<b>962</b>	CAFELITO TEAM	K 40-49	41	00:02:29		00:27:31	<b>00:27:54.90</b>	<b>00:30:24.30</b>	+00:12:37 (45.2%)	5:34	10.8 (55.1%)
855	<b>JASIŃSKI Grzegorz</b>	<b>1017</b>	JASINSKI.IT	M 30-39	211	00:00:48	00:15:09	00:27:37	<b>00:27:55.10</b>	<b>00:28:43.10</b>	+00:12:37 (45.2%)	5:35	10.7 (54.6%)
856	<b>WILCZYŃSKI Andrzej</b>	<b>1222</b>	TRIPAKA PRZECHLEWO	M 60-69	19	00:02:11	00:14:50	00:27:34	<b>00:27:55.45</b>	<b>00:30:06.80</b>	+00:12:38 (45.2%)	5:35	10.7 (54.6%)
856	<b>AGACIAK Elzbieta</b>	<b>491</b>		K 40-49	42	00:01:10	00:14:15	00:27:32	<b>00:27:55.45</b>	<b>00:29:06.05</b>	+00:12:38 (45.2%)	5:35	10.7 (54.6%)
856	<b>HOŁOWNIA Wojciech</b>	<b>206</b>		M 60-69	19	00:00:39	00:14:32	00:27:32	<b>00:27:55.45</b>	<b>00:28:35.30</b>	+00:12:38 (45.2%)	5:35	10.7 (54.6%)
859	<b>RYBARCZYK Patrycja</b>	<b>1527</b>		K 20-29	44	00:00:27	00:14:31	00:27:31	<b>00:27:55.65</b>	<b>00:28:23.30</b>	+00:12:38 (45.3%)	5:35	10.7 (54.6%)
860	<b>BIEŃKOWSKA Anna</b>	<b>512</b>		K 30-39	64	00:01:10	00:14:14	00:27:32	<b>00:27:55.80</b>	<b>00:29:06.30</b>	+00:12:38 (45.3%)	5:35	10.7 (54.6%)
861	<b>CIESIELSKA Jagoda</b>	<b>664</b>		K 20-29	45	00:00:55	00:14:30	00:27:31	<b>00:27:55.95</b>	<b>00:28:51.70</b>	+00:12:38 (45.3%)	5:35	10.7 (54.6%)
862	<b>PORĘBA Paweł</b>	<b>1180</b>	TEAM ORANGE	M 30-39	212	00:01:25	00:14:19	00:27:31	<b>00:27:56.05</b>	<b>00:29:21.15</b>	+00:12:38 (45.3%)	5:35	10.7 (54.6%)
863	<b>GORNOWICZ Grzegorz</b>	<b>554</b>		M 30-39	213	00:00:49	00:14:29	00:27:31	<b>00:27:56.20</b>	<b>00:28:45.80</b>	+00:12:38 (45.3%)	5:35	10.7 (54.6%)
864	<b>BARTNICZAK Bartosz</b>	<b>778</b>		M 20-29	115	00:02:18	00:14:50	00:27:31	<b>00:27:56.40</b>	<b>00:30:15.10</b>	+00:12:39 (45.3%)	5:35	10.7 (54.6%)
865	<b>BIĄŁOWĄS Dariusz</b>	<b>187</b>		M 50-59	91	00:01:21	00:14:28	00:27:32	<b>00:27:57.15</b>	<b>00:29:18.30</b>	+00:12:39 (45.3%)	5:35	10.7 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
866	KARBOWSKI Maciej	261		M 30-39	214	00:01:50	00:14:29	00:27:32	<b>00:27:58.10</b>	<b>00:29:48.75</b>	+00:12:40 (45.3%)	5:35	10.7 (54.6%)
867	MIKOŁAJCZAK Artur	244		M 40-49	177	00:00:37	00:14:16	00:27:36	<b>00:27:58.15</b>	<b>00:28:35.90</b>	+00:12:40 (45.3%)	5:35	10.7 (54.6%)
868	LIZOŃ Dawid	29		M 30-39	215	00:02:13	00:14:34	00:27:37	<b>00:27:59.55</b>	<b>00:30:13.10</b>	+00:12:42 (45.4%)	5:35	10.7 (54.6%)
869	MORZYK Michał	528		M 40-49	178	00:02:15	00:14:52	00:27:34	<b>00:27:59.60</b>	<b>00:30:14.70</b>	+00:12:42 (45.4%)	5:35	10.7 (54.6%)
870	KIERSZNICKI Przemysław	659		M 30-39	216	00:01:09	00:14:23	00:27:35	<b>00:27:59.65</b>	<b>00:29:08.90</b>	+00:12:42 (45.4%)	5:35	10.7 (54.6%)
871	QUAAS Mikołaj	1593		M 0-15	35	00:02:13	00:14:34	00:27:38	<b>00:28:00.10</b>	<b>00:30:13.65</b>	+00:12:42 (45.4%)	5:36	10.7 (54.6%)
872	WOŹNIAK Piotr	529		M 40-49	179	00:01:58	00:14:48	00:27:41	<b>00:28:00.15</b>	<b>00:29:58.20</b>	+00:12:42 (45.4%)	5:36	10.7 (54.6%)
872	DZIDUCH Arkadiusz	389		M 40-49	179	00:01:41	00:14:25	00:27:35	<b>00:28:00.15</b>	<b>00:29:42.10</b>	+00:12:42 (45.4%)	5:36	10.7 (54.6%)
874	DONDALSKA Monika	573		K 40-49	43	00:02:19	00:14:41	00:27:36	<b>00:28:00.35</b>	<b>00:30:19.60</b>	+00:12:42 (45.4%)	5:36	10.7 (54.6%)
875	BAGROWSKA Agnieszka	411		K 40-49	44	00:01:37	00:15:30	00:27:38	<b>00:28:00.40</b>	<b>00:29:37.80</b>	+00:12:43 (45.4%)	5:36	10.7 (54.6%)
876	ŁĘGOWSKA Anna	410		K 30-39	65	00:01:37	00:15:30	00:27:38	<b>00:28:00.65</b>	<b>00:29:37.65</b>	+00:12:43 (45.4%)	5:36	10.7 (54.6%)
877	BURNICKI Mariusz	90		M 50-59	92	00:01:45	00:14:56	00:27:39	<b>00:28:00.70</b>	<b>00:29:46.45</b>	+00:12:43 (45.4%)	5:36	10.7 (54.6%)
878	DĄBROWSKI Jarosław	672		M 50-59	93	00:01:20	00:14:24	00:27:36	<b>00:28:01.10</b>	<b>00:29:22.05</b>	+00:12:43 (45.4%)	5:36	10.7 (54.6%)
879	JASIŃSKI Kacper	1580	JASINSKI.IT	M 0-15	36	00:00:47	00:15:09	00:27:42	<b>00:28:01.25</b>	<b>00:28:48.30</b>	+00:12:43 (45.4%)	5:36	10.7 (54.6%)
880	SIERADZKI Antoni	1665		M 16-19	39	00:00:41	00:15:06	00:27:47	<b>00:28:02.25</b>	<b>00:28:43.40</b>	+00:12:44 (45.5%)	5:36	10.7 (54.6%)
881	DUDEK Jarosław	1271	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 30-39	217	00:00:42	00:13:57	00:27:38	<b>00:28:03.50</b>	<b>00:28:46.35</b>	+00:12:46 (45.5%)	5:36	10.7 (54.6%)
882	BRODZIŃSKA Marta	1389		K 40-49	45	00:00:24	00:14:49	00:27:38	<b>00:28:04.25</b>	<b>00:28:28.45</b>	+00:12:46 (45.5%)	5:36	10.7 (54.6%)
883	PRĄDZYŃSKI Marcin	1216	TMIRONTEAM	M 40-49	181	00:00:23	00:14:50	00:27:38	<b>00:28:04.85</b>	<b>00:28:28.70</b>	+00:12:47 (45.6%)	5:36	10.7 (54.6%)
884	GRZANKA Sebastian	652		M 40-49	182	00:02:05	00:14:22	00:27:41	<b>00:28:05.40</b>	<b>00:30:10.75</b>	+00:12:48 (45.6%)	5:37	10.7 (54.6%)
885	MIKULSKA Anna	1462	#SLIMAKIBARCIN	K 30-39	66	00:02:30	00:15:23	00:27:42	<b>00:28:06.85</b>	<b>00:30:37.05</b>	+00:12:49 (45.6%)	5:37	10.7 (54.6%)
886	JANKOWSKI Tomasz	1500		M 20-29	116	00:01:38	00:14:12	00:27:45	<b>00:28:07.20</b>	<b>00:29:45.70</b>	+00:12:49 (45.6%)	5:37	10.7 (54.6%)
887	BEJNAROWICZ Paulina	1417	BIEGAJĄCY GÓRNIK WAPNO	K 40-49	46	00:01:48	00:15:01	00:27:48	<b>00:28:07.75</b>	<b>00:29:55.75</b>	+00:12:50 (45.6%)	5:37	10.7 (54.6%)
888	GRZYBOWSKA Agnieszka	347		K 20-29	46	00:01:56	00:15:01	00:27:43	<b>00:28:08.45</b>	<b>00:30:05.10</b>	+00:12:51 (45.7%)	5:37	10.7 (54.6%)
889	FORMICA Gladys	1172	TEAM CAFELITO	K 40-49	47	00:02:31	00:14:33	00:27:47	<b>00:28:08.75</b>	<b>00:30:40.00</b>	+00:12:51 (45.7%)	5:37	10.7 (54.6%)
890	PAWLIKOWSKI Jacek	41		M 30-39	218	00:01:21	00:15:15	00:27:47	<b>00:28:08.90</b>	<b>00:29:30.70</b>	+00:12:51 (45.7%)	5:37	10.7 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
891	PIĄTEK Jacek	773		M 40-49	183	00:00:45	00:14:46	00:27:47	00:28:09.05	00:28:54.50	+00:12:51 (45.7%)	5:37	10.7 (54.6%)
892	ŻUBKA Zuzanna	1408	-	K 20-29	47	00:02:21	00:14:45	00:27:48	00:28:10.20	00:30:31.45	+00:12:52 (45.7%)	5:38	10.7 (54.6%)
893	PUŁKOWNIK Gabriela	643		K 30-39	67	00:00:59	00:14:30	00:27:47	00:28:10.50	00:29:09.55	+00:12:53 (45.7%)	5:38	10.7 (54.6%)
894	GOLIMOWSKI Mariusz	656		M 40-49	184	00:02:14	00:15:09	00:27:45	00:28:10.80	00:30:25.45	+00:12:53 (45.7%)	5:38	10.7 (54.6%)
895	SIATKOWSKA Patrycja	1220	TM IRON TEAM	K 40-49	48	00:00:29	00:14:21	00:27:45	00:28:10.90	00:28:40.70	+00:12:53 (45.7%)	5:38	10.7 (54.6%)
895	PŁOTKA Anna	520		K 30-39	68	00:01:24	00:14:44	00:27:47	00:28:10.90	00:29:35.10	+00:12:53 (45.7%)	5:38	10.7 (54.6%)
897	BOROWICZ Patryk	1288		M 20-29	117	00:01:56	00:15:11	00:27:48	00:28:11.80	00:30:07.90	+00:12:54 (45.8%)	5:38	10.6 (54.1%)
898	RYSKA Jakub	1377		M 20-29	118	00:01:56	00:15:09	00:27:48	00:28:11.90	00:30:07.90	+00:12:54 (45.8%)	5:38	10.6 (54.1%)
899	ZGÓRSKI Maciej	517		M 40-49	185	00:01:05	00:14:38	00:27:46	00:28:12.90	00:29:18.45	+00:12:55 (45.8%)	5:38	10.6 (54.1%)
900	ADAMSKA-DZIESZKA Dagmara	794		K 20-29	48	00:00:48	00:15:12	00:27:53	00:28:13.35	00:29:02.20	+00:12:55 (45.8%)	5:38	10.6 (54.1%)
901	CIEŚLICKI Krzysztof	1150	SISU TEAM	M 30-39	219	00:02:40	00:14:58	00:27:50	00:28:14.05	00:30:54.35	+00:12:56 (45.8%)	5:38	10.6 (54.1%)
902	JELONEK Błażej	327		M 20-29	119	00:01:09	00:15:30	00:27:54	00:28:14.60	00:29:24.15	+00:12:57 (45.9%)	5:38	10.6 (54.1%)
903	DRAŻEK Monika	1041	KSN ŁUCZNICZKA BYDGOSZCZ	K 40-49	49	00:02:35	00:14:58	00:27:51	00:28:14.95	00:30:50.05	+00:12:57 (45.9%)	5:38	10.6 (54.1%)
904	STACHOWICZ Justyna	135		K 30-39	69	00:02:19	00:15:13	00:27:52	00:28:15.20	00:30:34.75	+00:12:57 (45.9%)	5:39	10.6 (54.1%)
905	MACHOWSKI Przemysław	956	BYDGOSKI KLUB MORSÓW	M 40-49	186	00:01:45	00:14:17	00:27:43	00:28:15.25	00:30:00.40	+00:12:57 (45.9%)	5:39	10.6 (54.1%)
906	BURBO Marta	487		K 30-39	70	00:02:07	00:15:02	00:27:57	00:28:15.30	00:30:23.20	+00:12:57 (45.9%)	5:39	10.6 (54.1%)
907	GESING Joanna	309		K 30-39	71	00:02:04	00:14:44	00:27:52	00:28:15.85	00:30:20.75	+00:12:58 (45.9%)	5:39	10.6 (54.1%)
908	ŻUCHOWSKA Monika	1503		K 30-39	72	00:01:20	00:15:08	00:27:53	00:28:16.75	00:29:37.20	+00:12:59 (45.9%)	5:39	10.6 (54.1%)
909	ŻUCHOWSKI Dariusz	1202	TKKF KOLEJARZ BYDGOSZCZ	M 50-59	94	00:01:43	00:14:34	00:27:51	00:28:17.00	00:30:00.85	+00:12:59 (45.9%)	5:39	10.6 (54.1%)
910	PSZCZOLIŃSKI Maciej	1163	ŚWIECĄCE SZPRYCHY	M 40-49	187	00:02:30	00:14:35	00:27:51	00:28:17.75	00:30:48.55	+00:13:00 (46.0%)	5:39	10.6 (54.1%)
911	WARMBIER Andrzej	859		M 50-59	95	00:00:28	00:14:16	00:27:51	00:28:18.15	00:28:46.95	+00:13:00 (46.0%)	5:39	10.6 (54.1%)
912	KOWALEWSKI Sebastian	1362	TEAM RUDNIK	M 40-49	188	00:01:53	00:14:32	00:27:51	00:28:18.25	00:30:11.85	+00:13:00 (46.0%)	5:39	10.6 (54.1%)
913	KOWALEWSKA Monika	1364		K 40-49	50	00:01:53	00:14:32	00:27:52	00:28:18.65	00:30:12.30	+00:13:01 (46.0%)	5:39	10.6 (54.1%)
914	REZMER Kamil	771		M 20-29	120	00:02:02	00:15:02	00:27:59	00:28:19.75	00:30:22.55	+00:13:02 (46.0%)	5:39	10.6 (54.1%)
915	RYBKA Sylwia	503		K 20-29	49	00:00:18	00:14:28	00:27:54	00:28:19.95	00:28:38.50	+00:13:02 (46.0%)	5:39	10.6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
916	SADŁOCHA Paweł	424		M 30-39	220	00:00:35	00:14:30	00:27:55	<b>00:28:20.30</b>	<b>00:28:55.45</b>	+00:13:02 (46.0%)	5:40	10.6 (54.1%)
917	NAGÓRSKI Ryszard	7		M 60-69	21	00:01:26		00:27:55	<b>00:28:20.70</b>	<b>00:29:47.15</b>	+00:13:03 (46.1%)	5:40	10.6 (54.1%)
918	JABŁOŃSKI Michał	310		M 40-49	189	00:01:34	00:15:01	00:27:59	<b>00:28:22.05</b>	<b>00:29:56.75</b>	+00:13:04 (46.1%)	5:40	10.6 (54.1%)
919	GAJ Adam	1038	KSN ŁUCZNICZKA	M 20-29	121	00:02:35	00:14:32	00:27:58	<b>00:28:22.15</b>	<b>00:30:57.75</b>	+00:13:04 (46.1%)	5:40	10.6 (54.1%)
920	MENDOCHA Kornel	1176	TEAM ORANGE	M 20-29	122	00:02:05	00:15:06	00:28:05	<b>00:28:22.50</b>	<b>00:30:28.10</b>	+00:13:05 (46.1%)	5:40	10.6 (54.1%)
921	BRZEZIŃSKI Maciej	297		M 30-39	221	00:02:26	00:14:44	00:28:04	<b>00:28:24.00</b>	<b>00:30:50.60</b>	+00:13:06 (46.2%)	5:40	10.6 (54.1%)
922	CHOLEWIŃSKA Zuzanna	1628	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	K 0-15	10	00:02:06	00:14:34	00:28:00	<b>00:28:24.10</b>	<b>00:30:30.80</b>	+00:13:06 (46.2%)	5:40	10.6 (54.1%)
923	SAMROWSKA Sandra	1444		K 20-29	50	00:00:25	00:14:26	00:27:58	<b>00:28:24.80</b>	<b>00:28:50.00</b>	+00:13:07 (46.2%)	5:40	10.6 (54.1%)
924	CONTRERAS PÉREZ Manuel	964	CAFELITO TEAM	M 30-39	222	00:02:31	00:14:17	00:27:58	<b>00:28:25.45</b>	<b>00:30:56.90</b>	+00:13:08 (46.2%)	5:41	10.6 (54.1%)
925	KARCZMARCZYK Dorota	1000		K 30-39	73	00:01:59	00:14:54	00:28:04	<b>00:28:25.55</b>	<b>00:30:24.80</b>	+00:13:08 (46.2%)	5:41	10.6 (54.1%)
926	GÓRSKI Łukasz	255		M 30-39	223	00:02:54	00:15:52	00:28:04	<b>00:28:26.40</b>	<b>00:31:21.10</b>	+00:13:09 (46.2%)	5:41	10.6 (54.1%)
927	ŚCIBAK Wojciech	845		M 40-49	190	00:00:47	00:14:43	00:28:00	<b>00:28:26.70</b>	<b>00:29:14.20</b>	+00:13:09 (46.2%)	5:41	10.6 (54.1%)
928	SKAWIŃSKI Łukasz	1701		M 40-49	191	00:01:20	00:14:39	00:28:09	<b>00:28:27.00</b>	<b>00:29:47.60</b>	+00:13:09 (46.3%)	5:41	10.5 (53.6%)
929	LIS Beata	1449		K 40-49	51	00:00:20	00:14:21	00:28:01	<b>00:28:27.35</b>	<b>00:28:48.30</b>	+00:13:09 (46.3%)	5:41	10.5 (53.6%)
930	DOLATA Rafał	1295		M 40-49	192	00:01:57	00:15:01	00:28:08	<b>00:28:28.15</b>	<b>00:30:25.90</b>	+00:13:10 (46.3%)	5:41	10.5 (53.6%)
931	DOBRYŃSKI Maciej	1316	MKS SP63 BYDGOSZCZ	M 40-49	193	00:02:36	00:14:48	00:28:01	<b>00:28:28.25</b>	<b>00:31:04.45</b>	+00:13:10 (46.3%)	5:41	10.5 (53.6%)
931	LIS Piotr	1423		M 40-49	193	00:00:20	00:14:21	00:28:02	<b>00:28:28.25</b>	<b>00:28:49.00</b>	+00:13:10 (46.3%)	5:41	10.5 (53.6%)
933	FILIPOWICZ-SKAWIŃSKA Sylwia	1549		K 30-39	74	00:01:20	00:14:40	00:28:09	<b>00:28:28.45</b>	<b>00:29:48.80</b>	+00:13:11 (46.3%)	5:41	10.5 (53.6%)
934	WERKOWSKA Justyna	885		K 30-39	75	00:01:13	00:14:50	00:28:03	<b>00:28:29.35</b>	<b>00:29:42.75</b>	+00:13:11 (46.3%)	5:41	10.5 (53.6%)
935	KOZICKI Przemysław	1523		M 30-39	224	00:01:39	00:14:56	00:28:04	<b>00:28:29.80</b>	<b>00:30:09.70</b>	+00:13:12 (46.3%)	5:41	10.5 (53.6%)
936	KOZICKA Karolina	1182	TEAM ORANGE	K 30-39	76	00:01:40	00:15:05	00:28:03	<b>00:28:29.85</b>	<b>00:30:10.10</b>	+00:13:12 (46.3%)	5:41	10.5 (53.6%)
937	GRALIK Jędrzej	946	BYDGOSKIE OKONIE	M 30-39	225	00:02:10	00:15:35	00:28:03	<b>00:28:30.60</b>	<b>00:30:41.05</b>	+00:13:13 (46.4%)	5:42	10.5 (53.6%)
938	GRALIK Kacper	945	BYDGOSKIE OKONIE	M 20-29	123	00:02:10	00:15:34	00:28:03	<b>00:28:30.70</b>	<b>00:30:41.25</b>	+00:13:13 (46.4%)	5:42	10.5 (53.6%)
939	FRASZ Wojciech	1424		M 50-59	96	00:01:17	00:14:40	00:28:11	<b>00:28:30.85</b>	<b>00:29:48.60</b>	+00:13:13 (46.4%)	5:42	10.5 (53.6%)
940	SOŁDON Bogusław	434		M 70+	3	00:00:48	00:14:38	00:28:07	<b>00:28:31.50</b>	<b>00:29:20.35</b>	+00:13:14 (46.4%)	5:42	10.5 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
941	<b>RZESZOTARSKA Joanna</b>	<b>1084</b>	NFZ BYDGOSZCZ	K 50-59	10	00:00:44	00:14:22	00:28:05	<b>00:28:31.70</b>	<b>00:29:16.15</b>	+00:13:14 (46.4%)	5:42	10.5 (53.6%)
942	<b>DOMAN Janusz</b>	<b>1233</b>	UKS SZABLA BRZOZA	M 70+	4	00:01:50	00:14:44	00:28:08	<b>00:28:32.90</b>	<b>00:30:23.10</b>	+00:13:15 (46.4%)	5:42	10.5 (53.6%)
943	<b>SKONIECZNA Magdalena</b>	<b>418</b>		K 30-39	77	00:01:52	00:15:18	00:28:09	<b>00:28:32.95</b>	<b>00:30:25.35</b>	+00:13:15 (46.4%)	5:42	10.5 (53.6%)
944	<b>MAĆKOWSKI Kuba</b>	<b>345</b>		M 20-29	124	00:00:50	00:14:39	00:28:08	<b>00:28:33.10</b>	<b>00:29:23.80</b>	+00:13:15 (46.4%)	5:42	10.5 (53.6%)
945	<b>KONWIŃSKA Anna</b>	<b>914</b>	BARCA	K 40-49	52	00:02:10	00:14:35	00:28:06	<b>00:28:33.90</b>	<b>00:30:44.00</b>	+00:13:16 (46.5%)	5:42	10.5 (53.6%)
946	<b>POBIEDZIŃSKI Robert</b>	<b>1530</b>	PBSLA	M 30-39	226	00:00:25	00:14:19	00:27:59	<b>00:28:34.50</b>	<b>00:28:59.95</b>	+00:13:17 (46.5%)	5:42	10.5 (53.6%)
947	<b>MAKUSZEWSKI Łukasz</b>	<b>63</b>		M 40-49	195	00:02:07	00:14:34	00:28:10	<b>00:28:34.55</b>	<b>00:30:41.90</b>	+00:13:17 (46.5%)	5:42	10.5 (53.6%)
948	<b>PIECHOWSKA Magdalena</b>	<b>202</b>		K 40-49	53	00:02:11	00:14:44	00:28:11	<b>00:28:34.95</b>	<b>00:30:46.30</b>	+00:13:17 (46.5%)	5:42	10.5 (53.6%)
949	<b>TUI Samer</b>	<b>1450</b>	RADZYMIN RUN TEAM	M 40-49	196	00:02:17	00:14:49	00:28:16	<b>00:28:35.55</b>	<b>00:30:53.30</b>	+00:13:18 (46.5%)	5:43	10.5 (53.6%)
950	<b>KOŁODZIEJCZYK Mateusz</b>	<b>11</b>		M 20-29	125	00:02:35	00:14:38	00:28:10	<b>00:28:36.55</b>	<b>00:31:12.25</b>	+00:13:19 (46.6%)	5:43	10.5 (53.6%)
951	<b>MOTYLIŃSKI Paweł</b>	<b>47</b>		M 30-39	227	00:01:51	00:14:36	00:28:14	<b>00:28:37.80</b>	<b>00:30:29.20</b>	+00:13:20 (46.6%)	5:43	10.5 (53.6%)
952	<b>DUSZYŃSKA Joanna</b>	<b>578</b>		K 40-49	54	00:01:04	00:15:05	00:28:15	<b>00:28:38.60</b>	<b>00:29:42.80</b>	+00:13:21 (46.6%)	5:43	10.5 (53.6%)
953	<b>BIELIŃSKA Dorota</b>	<b>188</b>		K 20-29	51	00:01:29	00:14:34	00:28:11	<b>00:28:38.65</b>	<b>00:30:08.20</b>	+00:13:21 (46.6%)	5:43	10.5 (53.6%)
954	<b>OLAWIŃSKA Julita</b>	<b>292</b>		K 30-39	78	00:02:22	00:14:58	00:28:16	<b>00:28:38.90</b>	<b>00:31:00.95</b>	+00:13:21 (46.6%)	5:43	10.5 (53.6%)
955	<b>BORUTA Dorota</b>	<b>475</b>		K 40-49	55	00:02:08	00:15:02	00:28:15	<b>00:28:40.05</b>	<b>00:30:48.05</b>	+00:13:22 (46.7%)	5:44	10.5 (53.6%)
956	<b>LEWANDOWSKI Maciej</b>	<b>1586</b>	MC37	M 0-15	37	00:02:34	00:14:58	00:28:22	<b>00:28:40.30</b>	<b>00:31:15.25</b>	+00:13:22 (46.7%)	5:44	10.5 (53.6%)
957	<b>SOSINSKI Marcin</b>	<b>279</b>		M 40-49	197	00:00:15	00:14:28	00:28:14	<b>00:28:40.70</b>	<b>00:28:56.35</b>	+00:13:23 (46.7%)	5:44	10.5 (53.6%)
958	<b>DOLATA Martyna</b>	<b>1680</b>		K 16-19	5	00:01:57	00:15:04	00:28:21	<b>00:28:40.90</b>	<b>00:30:38.40</b>	+00:13:23 (46.7%)	5:44	10.5 (53.6%)
959	<b>MARCHLEWSKA Maja</b>	<b>1689</b>		K 16-19	6	00:01:57	00:15:05	00:28:22	<b>00:28:41.45</b>	<b>00:30:38.55</b>	+00:13:24 (46.7%)	5:44	10.5 (53.6%)
960	<b>MAKSELLON Monika</b>	<b>450</b>		K 30-39	79	00:02:07	00:15:08	00:28:19	<b>00:28:42.45</b>	<b>00:30:49.80</b>	+00:13:25 (46.7%)	5:44	10.5 (53.6%)
961	<b>MICHALSKI Maciej</b>	<b>423</b>		M 30-39	228	00:00:36	00:15:04	00:28:28	<b>00:28:44.30</b>	<b>00:29:20.50</b>	+00:13:26 (46.8%)	5:44	10.4 (53.1%)
962	<b>CIEŚLEWICZ Waldemar</b>	<b>802</b>		M 50-59	97	00:00:15	00:14:18	00:28:17	<b>00:28:44.60</b>	<b>00:29:00.10</b>	+00:13:27 (46.8%)	5:44	10.4 (53.1%)
963	<b>DOLATA Aneta</b>	<b>1296</b>		K 40-49	56	00:01:56	00:15:05	00:28:23	<b>00:28:45.55</b>	<b>00:30:42.50</b>	+00:13:28 (46.8%)	5:45	10.4 (53.1%)
964	<b>GACKOWSKI Mikołaj</b>	<b>1686</b>		M 0-15	38	00:00:44	00:15:09	00:28:26	<b>00:28:45.75</b>	<b>00:29:30.45</b>	+00:13:28 (46.8%)	5:45	10.4 (53.1%)
965	<b>MIŁKOWSKI Maciej</b>	<b>1514</b>		M 40-49	198	00:02:17	00:14:47	00:28:23	<b>00:28:45.85</b>	<b>00:31:03.75</b>	+00:13:28 (46.8%)	5:45	10.4 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
966	<b>KOTECKI Paweł</b>	<b>493</b>		M 30-39	229	00:02:03	00:14:48	00:28:20	<b>00:28:46.10</b>	<b>00:30:49.10</b>	+00:13:28 (46.9%)	5:45	10.4 (53.1%)
967	<b>MALATYŃSKA Barbara</b>	<b>1190</b>	TEAM RUDNIK	K 50-59	11	00:01:22	00:14:59	00:28:20	<b>00:28:46.30</b>	<b>00:30:08.60</b>	+00:13:28 (46.9%)	5:45	10.4 (53.1%)
968	<b>BEJNAROWICZ Zuzanna</b>	<b>1690</b>	BIEGAJĄCY GÓRNIK WAPNO	K 0-15	11	00:01:47	00:15:01	00:28:25	<b>00:28:47.90</b>	<b>00:30:35.75</b>	+00:13:30 (46.9%)	5:45	10.4 (53.1%)
969	<b>MICHALSKA Karolina</b>	<b>1322</b>	KAROFITKA	K 20-29	52	00:00:37	00:15:05	00:28:29	<b>00:28:49.65</b>	<b>00:29:26.70</b>	+00:13:32 (47.0%)	5:45	10.4 (53.1%)
970	<b>WÓJCIK Tomasz</b>	<b>52</b>		M 50-59	98	00:01:44	00:15:01	00:28:27	<b>00:28:50.40</b>	<b>00:30:35.10</b>	+00:13:33 (47.0%)	5:46	10.4 (53.1%)
971	<b>GODZIK Kamil</b>	<b>989</b>	DYNAMO SKARPA	M 40-49	199	00:01:14	00:14:52	00:28:25	<b>00:28:51.70</b>	<b>00:30:06.15</b>	+00:13:34 (47.0%)	5:46	10.4 (53.1%)
972	<b>SZYMAN Maciej</b>	<b>287</b>		M 40-49	200	00:02:09	00:14:48	00:28:25	<b>00:28:52.00</b>	<b>00:31:01.85</b>	+00:13:34 (47.0%)	5:46	10.4 (53.1%)
973	<b>FOJUT Adrian</b>	<b>1047</b>	LAPIS TEAM	M 30-39	230	00:01:41	00:15:17	00:28:29	<b>00:28:53.20</b>	<b>00:30:34.65</b>	+00:13:35 (47.1%)	5:46	10.4 (53.1%)
974	<b>DRUŻYŃSKA Anna</b>	<b>78</b>		K 30-39	80	00:01:31	00:15:16	00:28:28	<b>00:28:53.45</b>	<b>00:30:25.10</b>	+00:13:36 (47.1%)	5:46	10.4 (53.1%)
975	<b>GADOMSKA Maria</b>	<b>1137</b>	RUN BYDGOSZCZ	K-70+	1	00:01:13	00:14:41	00:28:25	<b>00:28:53.95</b>	<b>00:30:07.55</b>	+00:13:36 (47.1%)	5:46	10.4 (53.1%)
976	<b>GROCHALA Paulina</b>	<b>98</b>		K 20-29	53	00:01:22	00:15:34	00:28:36	<b>00:28:54.30</b>	<b>00:30:17.20</b>	+00:13:36 (47.1%)	5:46	10.4 (53.1%)
977	<b>KORDAS Jacek</b>	<b>48</b>		M 30-39	231	00:01:50	00:14:46	00:28:33	<b>00:28:54.75</b>	<b>00:30:45.10</b>	+00:13:37 (47.1%)	5:46	10.4 (53.1%)
978	<b>ŻURAŃSKI Błażej</b>	<b>670</b>		M 20-29	126	00:01:07	00:15:07	00:28:33	<b>00:28:55.05</b>	<b>00:30:02.10</b>	+00:13:37 (47.1%)	5:47	10.4 (53.1%)
978	<b>RONA Michał</b>	<b>657</b>		M 20-29	126	00:01:07	00:15:06	00:28:34	<b>00:28:55.05</b>	<b>00:30:02.20</b>	+00:13:37 (47.1%)	5:47	10.4 (53.1%)
980	<b>MICHALAK Weronika</b>	<b>100</b>		K 20-29	54	00:01:22	00:15:34	00:28:36	<b>00:28:56.15</b>	<b>00:30:18.50</b>	+00:13:38 (47.2%)	5:47	10.4 (53.1%)
980	<b>SYGNECKI Marcin</b>	<b>723</b>		M 40-49	201	00:00:40	00:14:27	00:28:30	<b>00:28:56.15</b>	<b>00:29:36.15</b>	+00:13:38 (47.2%)	5:47	10.4 (53.1%)
982	<b>DYMSKI Tomasz</b>	<b>328</b>		M 20-29	128	00:01:11	00:15:28	00:28:32	<b>00:28:56.90</b>	<b>00:30:08.10</b>	+00:13:39 (47.2%)	5:47	10.4 (53.1%)
983	<b>WAŚNIEWSKA Ewa</b>	<b>1153</b>	SLK POLONIA BYDGOSZCZ	K 30-39	81	00:00:13	00:14:37	00:28:32	<b>00:28:57.45</b>	<b>00:29:10.70</b>	+00:13:40 (47.2%)	5:47	10.4 (53.1%)
984	<b>SZEPLER Anna</b>	<b>954</b>	BYDGOSKI KLUB MORSÓW	K 30-39	82	00:01:46	00:15:09	00:28:31	<b>00:28:57.55</b>	<b>00:30:44.25</b>	+00:13:40 (47.2%)	5:47	10.4 (53.1%)
985	<b>LUDWIK Dominika</b>	<b>862</b>		K 20-29	55	00:02:20	00:15:11	00:28:36	<b>00:28:57.60</b>	<b>00:31:18.40</b>	+00:13:40 (47.2%)	5:47	10.4 (53.1%)
986	<b>SŁOWIŃSKI Adam</b>	<b>1231</b>	UCHIHA CLAN	M 30-39	232	00:01:39	00:15:00	00:28:39	<b>00:28:58.60</b>	<b>00:30:37.65</b>	+00:13:41 (47.2%)	5:47	10.4 (53.1%)
987	<b>RUCIŃSKA Anna</b>	<b>1250</b>	WHY BOTHER	K 30-39	83	00:01:08	00:15:30	00:28:34	<b>00:28:59.10</b>	<b>00:30:07.90</b>	+00:13:41 (47.2%)	5:47	10.4 (53.1%)
988	<b>SIERADZKA Małgorzata</b>	<b>246</b>		K 50-59	12	00:00:37	00:15:10	00:28:37	<b>00:29:01.20</b>	<b>00:29:39.05</b>	+00:13:43 (47.3%)	5:48	10.3 (52.6%)
989	<b>DAMBECKI Piotr</b>	<b>1112</b>	POLISH AIR FORCE FAMILY FANCLUB	M 50-59	99	00:01:30	00:14:52	00:28:36	<b>00:29:01.45</b>	<b>00:30:31.65</b>	+00:13:44 (47.3%)	5:48	10.3 (52.6%)
990	<b>DROZDOWSKA Paulina</b>	<b>837</b>		K 40-49	57	00:02:24	00:15:30	00:28:39	<b>00:29:03.40</b>	<b>00:31:28.15</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
991	<b>FERNANDEZ VIDAL Magdalena</b>	<b>963</b>	CAFELITO TEAM	K 40-49	58	00:02:30	00:14:48	00:28:39	<b>00:29:03.50</b>	<b>00:31:33.60</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
992	<b>CHRUSZCZEWSKI Andrzej</b>	<b>839</b>		M 40-49	202	00:02:24	00:15:30	00:28:40	<b>00:29:03.55</b>	<b>00:31:28.20</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
993	<b>WIŚNIEWSKA Joanna</b>	<b>770</b>		K 40-49	59	00:00:32	00:15:11	00:28:42	<b>00:29:03.70</b>	<b>00:29:35.80</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
994	<b>MACIOSZEK Marcin</b>	<b>835</b>		M 40-49	203	00:02:24	00:15:32	00:28:40	<b>00:29:03.95</b>	<b>00:31:28.10</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
995	<b>DROZDOWSKI Daniel</b>	<b>838</b>		M 40-49	204	00:02:23	00:15:32	00:28:41	<b>00:29:04.20</b>	<b>00:31:28.10</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
996	<b>KORNACKA Katarzyna</b>	<b>470</b>		K 40-49	60	00:00:13	00:14:24	00:28:39	<b>00:29:04.30</b>	<b>00:29:17.85</b>	+00:13:46 (47.4%)	5:48	10.3 (52.6%)
997	<b>BANASZEWSKA Edyta</b>	<b>926</b>	B&K&K	K 40-49	61	00:02:21	00:14:47	00:28:41	<b>00:29:04.50</b>	<b>00:31:25.75</b>	+00:13:47 (47.4%)	5:48	10.3 (52.6%)
998	<b>MACIOSZEK Ewa</b>	<b>836</b>		K 40-49	62	00:02:23	00:15:32	00:28:40	<b>00:29:04.90</b>	<b>00:31:28.70</b>	+00:13:47 (47.4%)	5:48	10.3 (52.6%)
999	<b>WIERZCHUCKI Mikołaj</b>	<b>1329</b>		M 20-29	129	00:01:43	00:14:32	00:28:41	<b>00:29:05.90</b>	<b>00:30:49.15</b>	+00:13:48 (47.5%)	5:49	10.3 (52.6%)
1000	<b>KUREK Dorota</b>	<b>1042</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K 40-49	63	00:02:34	00:14:59	00:28:37	<b>00:29:06.95</b>	<b>00:31:41.85</b>	+00:13:49 (47.5%)	5:49	10.3 (52.6%)
1001	<b>SZRAMA Marian</b>	<b>916</b>	BAZA 44	M 50-59	100	00:02:28	00:15:19	00:28:46	<b>00:29:08.00</b>	<b>00:31:36.50</b>	+00:13:50 (47.5%)	5:49	10.3 (52.6%)
1002	<b>ZIÓLKOWSKI Piotr</b>	<b>580</b>		M 30-39	233	00:00:55	00:14:59	00:28:41	<b>00:29:08.25</b>	<b>00:30:03.90</b>	+00:13:50 (47.5%)	5:49	10.3 (52.6%)
1003	<b>PRZYBYŁA Paweł</b>	<b>822</b>		M 30-39	234	00:01:06	00:14:33	00:28:44	<b>00:29:08.50</b>	<b>00:30:15.00</b>	+00:13:51 (47.5%)	5:49	10.3 (52.6%)
1004	<b>GÓRSKI Przemysław</b>	<b>177</b>		M 20-29	130	00:00:54	00:14:32	00:28:46	<b>00:29:08.95</b>	<b>00:30:03.45</b>	+00:13:51 (47.5%)	5:49	10.3 (52.6%)
1005	<b>RYBACKA Iwona</b>	<b>1487</b>		K 40-49	64	00:01:27	00:14:50	00:28:40	<b>00:29:09.05</b>	<b>00:30:36.55</b>	+00:13:51 (47.5%)	5:49	10.3 (52.6%)
1006	<b>KOWALCZYK Zuzanna</b>	<b>823</b>		K 20-29	56	00:01:05	00:14:34	00:28:45	<b>00:29:09.20</b>	<b>00:30:15.00</b>	+00:13:51 (47.6%)	5:49	10.3 (52.6%)
1007	<b>BĄK Kamila</b>	<b>1029</b>	KLUB BIEGOWY TSK ORZEŁ OSIEK	K 40-49	65	00:01:32	00:15:09	00:28:42	<b>00:29:09.75</b>	<b>00:30:42.65</b>	+00:13:52 (47.6%)	5:49	10.3 (52.6%)
1008	<b>GUGAŁKA Kamila</b>	<b>131</b>		K 30-39	84	00:02:28	00:15:20	00:28:46	<b>00:29:09.85</b>	<b>00:31:38.50</b>	+00:13:52 (47.6%)	5:49	10.3 (52.6%)
1009	<b>ZAKROCKA Paulina</b>	<b>1501</b>		K 30-39	85	00:01:40	00:16:06	00:28:49	<b>00:29:11.10</b>	<b>00:30:51.80</b>	+00:13:53 (47.6%)	5:50	10.3 (52.6%)
1010	<b>OWCZARSKI Krzysztof</b>	<b>74</b>		M 40-49	205	00:00:44	00:15:32	00:28:53	<b>00:29:11.35</b>	<b>00:29:56.30</b>	+00:13:53 (47.6%)	5:50	10.3 (52.6%)
1011	<b>KODZIK Agata</b>	<b>1699</b>	ZAWISZA	K 0-15	12	00:01:12		00:28:54	<b>00:29:12.25</b>	<b>00:30:24.75</b>	+00:13:54 (47.6%)	5:50	10.3 (52.6%)
1012	<b>MATUSZAK Wojciech</b>	<b>60</b>		M 40-49	206	00:00:46	00:15:08	00:28:46	<b>00:29:13.20</b>	<b>00:29:59.25</b>	+00:13:55 (47.7%)	5:50	10.3 (52.6%)
1013	<b>WESOŁOWSKI Dariusz</b>	<b>593</b>		M 50-59	101	00:01:53	00:15:07	00:28:51	<b>00:29:14.20</b>	<b>00:31:07.55</b>	+00:13:56 (47.7%)	5:50	10.3 (52.6%)
1014	<b>STARZYŃSKA Lena</b>	<b>1619</b>		K 0-15	13	00:01:12	00:15:22	00:28:53	<b>00:29:14.40</b>	<b>00:30:27.00</b>	+00:13:57 (47.7%)	5:50	10.3 (52.6%)
1015	<b>WESOŁOWSKA Aleksandra</b>	<b>592</b>		K 40-49	66	00:01:52	00:15:21	00:28:51	<b>00:29:14.55</b>	<b>00:31:07.40</b>	+00:13:57 (47.7%)	5:50	10.3 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1016	<b>MIŁOSZ Daria</b>	<b>92</b>		K 20-29	57	00:01:23		00:28:47	<b>00:29:15.90</b>	<b>00:30:39.05</b>	+00:13:58 (47.8%)	5:51	10.3 (52.6%)
1017	<b>ALEKSANDER Emilia</b>	<b>329</b>		K 20-29	58	00:02:01	00:15:23	00:28:56	<b>00:29:18.55</b>	<b>00:31:20.45</b>	+00:14:01 (47.8%)	5:51	10.2 (52.0%)
1018	<b>SYBILA Michał</b>	<b>527</b>		M 30-39	235	00:02:20	00:15:08	00:28:57	<b>00:29:19.50</b>	<b>00:31:39.65</b>	+00:14:02 (47.9%)	5:51	10.2 (52.0%)
1019	<b>GRZYBOWSKI Marek Igor</b>	<b>1553</b>	KLESZCZE Z ZAWISZY	M 0-15	39	00:02:28	00:16:08	00:29:00	<b>00:29:20.00</b>	<b>00:31:48.00</b>	+00:14:02 (47.9%)	5:52	10.2 (52.0%)
1019	<b>CZELINSKI Michał</b>	<b>1692</b>	KLESZCZE Z ZAWISZY	M 0-15	39	00:02:28	00:16:08	00:29:01	<b>00:29:20.00</b>	<b>00:31:48.65</b>	+00:14:02 (47.9%)	5:52	10.2 (52.0%)
1021	<b>CZELINSKI Filip</b>	<b>1426</b>	KLESZCZE Z ZAWISZY	M 30-39	236	00:02:28	00:16:09	00:29:01	<b>00:29:20.20</b>	<b>00:31:49.00</b>	+00:14:02 (47.9%)	5:52	10.2 (52.0%)
1022	<b>MIGDALSKI Igor</b>	<b>1465</b>		M 16-19	40	00:00:39	00:13:55	00:28:56	<b>00:29:20.65</b>	<b>00:30:00.60</b>	+00:14:03 (47.9%)	5:52	10.2 (52.0%)
1023	<b>BALCEROWSKI Krystian</b>	<b>1617</b>		M 0-15	41	00:00:41	00:15:21	00:29:01	<b>00:29:20.75</b>	<b>00:30:02.60</b>	+00:14:03 (47.9%)	5:52	10.2 (52.0%)
1024	<b>MADAJEWSKA Martyna</b>	<b>1611</b>		K 0-15	14	00:01:01	00:15:07	00:28:53	<b>00:29:20.80</b>	<b>00:30:22.15</b>	+00:14:03 (47.9%)	5:52	10.2 (52.0%)
1025	<b>MALINOWSKI Przemysław</b>	<b>323</b>		M 50-59	102	00:01:48	00:15:31	00:28:58	<b>00:29:21.45</b>	<b>00:31:09.75</b>	+00:14:04 (47.9%)	5:52	10.2 (52.0%)
1026	<b>NOWICKI Bartosz</b>	<b>1249</b>	WHY BOTHER	M 30-39	237	00:01:10	00:15:33	00:28:59	<b>00:29:22.05</b>	<b>00:30:32.55</b>	+00:14:04 (47.9%)	5:52	10.2 (52.0%)
1027	<b>JOACHIMIAK Mateusz</b>	<b>332</b>		M 30-39	238	00:01:51	00:15:21	00:28:58	<b>00:29:22.10</b>	<b>00:31:13.50</b>	+00:14:04 (47.9%)	5:52	10.2 (52.0%)
1028	<b>MADAJEWSKA Małgorzata</b>	<b>209</b>		K 40-49	67	00:01:00	00:15:08	00:28:54	<b>00:29:22.20</b>	<b>00:30:22.70</b>	+00:14:04 (47.9%)	5:52	10.2 (52.0%)
1029	<b>FRANKOWSKA Małgorzata</b>	<b>240</b>		K 40-49	68	00:02:30	00:15:37	00:29:01	<b>00:29:22.25</b>	<b>00:31:52.85</b>	+00:14:04 (47.9%)	5:52	10.2 (52.0%)
1030	<b>BEJENKA Kamila</b>	<b>1488</b>		K 30-39	86	00:01:08		00:29:01	<b>00:29:23.35</b>	<b>00:30:32.25</b>	+00:14:05 (48.0%)	5:52	10.2 (52.0%)
1031	<b>WIŚNIEWSKI Marek</b>	<b>604</b>		M 40-49	207	00:00:43	00:15:10	00:28:56	<b>00:29:24.55</b>	<b>00:30:07.60</b>	+00:14:07 (48.0%)	5:52	10.2 (52.0%)
1032	<b>GRACZYK Agata</b>	<b>241</b>		K 20-29	59	00:01:03		00:28:57	<b>00:29:25.15</b>	<b>00:30:28.40</b>	+00:14:07 (48.0%)	5:53	10.2 (52.0%)
1033	<b>PIONTEK Elżbieta</b>	<b>213</b>		K 60-69	2	00:01:53	00:15:38	00:28:57	<b>00:29:25.70</b>	<b>00:31:19.45</b>	+00:14:08 (48.0%)	5:53	10.2 (52.0%)
1034	<b>MADAJEWSKI Łukasz</b>	<b>210</b>		M 40-49	208	00:01:02	00:15:11	00:29:01	<b>00:29:26.50</b>	<b>00:30:28.80</b>	+00:14:09 (48.1%)	5:53	10.2 (52.0%)
1035	<b>RUDEWICZ Monika</b>	<b>814</b>		K 20-29	60	00:01:41	00:15:09	00:29:02	<b>00:29:26.70</b>	<b>00:31:08.65</b>	+00:14:09 (48.1%)	5:53	10.2 (52.0%)
1036	<b>KOSIEDOWSKI Filip</b>	<b>1312</b>		M 20-29	131	00:00:00		00:29:04	<b>00:29:27.55</b>	<b>00:29:27.55</b>	+00:14:10 (48.1%)	5:53	10.2 (52.0%)
1037	<b>TRAWIT Dawid</b>	<b>1060</b>	ŁUCZNICZKA	M 40-49	209	00:02:40	00:15:28	00:29:05	<b>00:29:28.55</b>	<b>00:32:09.30</b>	+00:14:11 (48.1%)	5:53	10.2 (52.0%)
1038	<b>RZEPA Karolina</b>	<b>1035</b>	KSN ŁUCZNICZKA	K 30-39	87	00:02:40	00:15:29	00:29:05	<b>00:29:28.90</b>	<b>00:32:09.00</b>	+00:14:11 (48.1%)	5:53	10.2 (52.0%)
1039	<b>MADAJEWSKI Filip</b>	<b>1623</b>		M 0-15	42	00:00:59	00:15:14	00:29:04	<b>00:29:28.95</b>	<b>00:30:28.40</b>	+00:14:11 (48.1%)	5:53	10.2 (52.0%)
1040	<b>OSIŃSKI Dominik</b>	<b>1366</b>		M 30-39	239	00:02:14	00:14:38	00:27:19	<b>00:29:29.30</b>	<b>00:31:43.90</b>	+00:14:11 (48.1%)	5:53	10.2 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1041	<b>TYBURSKA Ewa</b>	<b>1276</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 30-39	88	00:00:39	00:15:07	00:29:02	<b>00:29:29.80</b>	<b>00:30:08.85</b>	+00:14:12 (48.2%)	5:53	10.2 (52.0%)
1041	<b>DEMBOWSKI Łukasz</b>	<b>419</b>		M 30-39	240	00:02:15	00:14:38	00:27:18	<b>00:29:29.80</b>	<b>00:31:45.35</b>	+00:14:12 (48.2%)	5:53	10.2 (52.0%)
1043	<b>MISTRZAK Maciej</b>	<b>622</b>		M 40-49	210	00:01:49	00:15:28	00:29:02	<b>00:29:31.75</b>	<b>00:31:21.25</b>	+00:14:14 (48.2%)	5:54	10.2 (52.0%)
1044	<b>STRZYŻEWSKI Mariusz</b>	<b>164</b>		M 40-49	211	00:02:03	00:15:26	00:29:08	<b>00:29:32.85</b>	<b>00:31:36.40</b>	+00:14:15 (48.3%)	5:54	10.2 (52.0%)
1045	<b>PANKOWSKI Przemysław</b>	<b>1087</b>	NFZ BYDGOSZCZ	M 40-49	212	00:02:00	00:15:18	00:29:12	<b>00:29:33.60</b>	<b>00:31:33.80</b>	+00:14:16 (48.3%)	5:54	10.2 (52.0%)
1046	<b>RYDZKOWSKI Tomasz</b>	<b>282</b>		M 40-49	213	00:00:59	00:15:47	00:29:15	<b>00:29:37.55</b>	<b>00:30:37.35</b>	+00:14:20 (48.4%)	5:55	10.1 (51.5%)
1047	<b>GACZKOWSKI Paweł</b>	<b>1706</b>	FORDON	M 40-49	214	00:01:28	00:14:49	00:29:12	<b>00:29:37.70</b>	<b>00:31:06.40</b>	+00:14:20 (48.4%)	5:55	10.1 (51.5%)
1048	<b>SERAFINOWICZ Marta</b>	<b>291</b>		K 30-39	89	00:02:22	00:15:16	00:29:11	<b>00:29:37.80</b>	<b>00:32:00.65</b>	+00:14:20 (48.4%)	5:55	10.1 (51.5%)
1049	<b>POLIŃSKI Grzegorz</b>	<b>1633</b>		M 0-15	43	00:00:51	00:14:43	00:29:13	<b>00:29:38.25</b>	<b>00:30:29.55</b>	+00:14:20 (48.4%)	5:55	10.1 (51.5%)
1050	<b>KARSKI Hubert</b>	<b>1599</b>		M 0-15	44	00:01:28	00:15:21	00:29:14	<b>00:29:39.65</b>	<b>00:31:07.95</b>	+00:14:22 (48.5%)	5:55	10.1 (51.5%)
1051	<b>CZUB Katarzyna</b>	<b>427</b>		K 50-59	13	00:00:42	00:15:04	00:29:14	<b>00:29:39.75</b>	<b>00:30:21.80</b>	+00:14:22 (48.5%)	5:55	10.1 (51.5%)
1051	<b>KOCIETKOWA Eugenia</b>	<b>466</b>		K 30-39	90	00:00:14	00:15:07	00:29:23	<b>00:29:39.75</b>	<b>00:29:54.05</b>	+00:14:22 (48.5%)	5:55	10.1 (51.5%)
1051	<b>AMROSZ Angelika</b>	<b>375</b>		K 30-39	90	00:00:11	00:14:52	00:29:10	<b>00:29:39.75</b>	<b>00:29:51.70</b>	+00:14:22 (48.5%)	5:55	10.1 (51.5%)
1054	<b>PRIETZ Monika</b>	<b>1240</b>	W2 RUN TEAM	K 40-49	69	00:01:16	00:15:21	00:29:15	<b>00:29:40.30</b>	<b>00:30:57.10</b>	+00:14:22 (48.5%)	5:56	10.1 (51.5%)
1055	<b>PRIETZ Bartosz</b>	<b>546</b>		M 40-49	215	00:01:16	00:15:13	00:29:15	<b>00:29:40.60</b>	<b>00:30:57.15</b>	+00:14:23 (48.5%)	5:56	10.1 (51.5%)
1055	<b>MALISZEWSKI Michał</b>	<b>606</b>		M 30-39	241	00:01:16	00:15:08	00:29:14	<b>00:29:40.60</b>	<b>00:30:56.60</b>	+00:14:23 (48.5%)	5:56	10.1 (51.5%)
1057	<b>BANDOCH Jacek</b>	<b>497</b>		M 30-39	242	00:01:53	00:15:16	00:29:21	<b>00:29:42.05</b>	<b>00:31:35.05</b>	+00:14:24 (48.5%)	5:56	10.1 (51.5%)
1058	<b>GROCHOCKI Daniel</b>	<b>767</b>		M 20-29	132	00:00:53	00:15:05	00:29:19	<b>00:29:42.15</b>	<b>00:30:35.55</b>	+00:14:24 (48.5%)	5:56	10.1 (51.5%)
1059	<b>WASIELEWSKA Zuzanna</b>	<b>139</b>		K 30-39	92	00:01:15	00:15:08	00:29:16	<b>00:29:42.45</b>	<b>00:30:58.30</b>	+00:14:25 (48.5%)	5:56	10.1 (51.5%)
1060	<b>MAZANOWSKA Ewa</b>	<b>790</b>		K 40-49	70	00:02:06	00:15:41	00:29:20	<b>00:29:44.30</b>	<b>00:31:50.95</b>	+00:14:26 (48.6%)	5:56	10.1 (51.5%)
1061	<b>ZELMA Natalia</b>	<b>1183</b>	TEAM ORANGE	K 30-39	93	00:01:40	00:15:14	00:29:20	<b>00:29:44.60</b>	<b>00:31:25.30</b>	+00:14:27 (48.6%)	5:56	10.1 (51.5%)
1062	<b>CIEŚLAK Wiktoria</b>	<b>872</b>		K 20-29	61	00:01:44	00:15:38	00:29:21	<b>00:29:45.20</b>	<b>00:31:29.25</b>	+00:14:27 (48.6%)	5:57	10.1 (51.5%)
1063	<b>FROEHLKE Anna</b>	<b>1522</b>		K 30-39	94	00:01:38	00:16:20	00:29:24	<b>00:29:45.25</b>	<b>00:31:23.60</b>	+00:14:27 (48.6%)	5:57	10.1 (51.5%)
1064	<b>RADZIEJEWSKI Michał</b>	<b>874</b>		M 20-29	133	00:01:44	00:15:38	00:29:22	<b>00:29:45.95</b>	<b>00:31:30.00</b>	+00:14:28 (48.6%)	5:57	10.1 (51.5%)
1065	<b>MAŁKIEWICZ Grzegorz</b>	<b>355</b>		M 40-49	216	00:02:01	00:14:48	00:29:19	<b>00:29:46.00</b>	<b>00:31:47.90</b>	+00:14:28 (48.6%)	5:57	10.1 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1066	<b>KOCZOROWSKA Kamila</b>	<b>667</b>		K 30-39	95	00:00:39	00:14:58	00:29:17	<b>00:29:46.05</b>	<b>00:30:25.60</b>	+00:14:28 (48.6%)	5:57	10.1 (51.5%)
1067	<b>NOWICKI Krystian</b>	<b>891</b>	1BLOG	M 30-39	243	00:02:26	00:15:35	00:29:22	<b>00:29:46.50</b>	<b>00:32:13.20</b>	+00:14:29 (48.6%)	5:57	10.1 (51.5%)
1067	<b>KWIATKOWSKA Justyna</b>	<b>893</b>	1 POMORSKA BRYGADA LOGISTYCZNA	K 30-39	96	00:02:26	00:15:37	00:29:22	<b>00:29:46.50</b>	<b>00:32:12.80</b>	+00:14:29 (48.6%)	5:57	10.1 (51.5%)
1069	<b>DOBRZYŃSKA Katarzyna</b>	<b>1317</b>	MKS SP63 BYDGOSZCZ	K 40-49	71	00:02:24	00:15:25	00:29:25	<b>00:29:47.25</b>	<b>00:32:11.80</b>	+00:14:29 (48.7%)	5:57	10.1 (51.5%)
1070	<b>GOLIK Krzysztof</b>	<b>999</b>	FORDON RUNNERS	M 40-49	217	00:02:17	00:15:40	00:29:22	<b>00:29:47.50</b>	<b>00:32:05.40</b>	+00:14:30 (48.7%)	5:57	10.1 (51.5%)
1071	<b>BOBEREK Wojciech</b>	<b>368</b>		M 60-69	22	00:01:33	00:16:19	00:29:20	<b>00:29:48.10</b>	<b>00:31:21.90</b>	+00:14:30 (48.7%)	5:57	10.1 (51.5%)
1072	<b>KURTYSIAK Roman</b>	<b>957</b>	BYDGOSZCZ NA START	M 50-59	103	00:02:12	00:15:34	00:29:22	<b>00:29:48.70</b>	<b>00:32:01.60</b>	+00:14:31 (48.7%)	5:57	10.1 (51.5%)
1073	<b>NAWROCKA Agnieszka</b>	<b>774</b>		K 30-39	97	00:00:53	00:15:41	00:29:25	<b>00:29:49.45</b>	<b>00:30:43.20</b>	+00:14:32 (48.7%)	5:57	10.1 (51.5%)
1073	<b>JOZWIK Jacek</b>	<b>62</b>		M 70+	5	00:01:47	00:15:33	00:29:24	<b>00:29:49.45</b>	<b>00:31:36.45</b>	+00:14:32 (48.7%)	5:57	10.1 (51.5%)
1075	<b>PIOTROWICZ Wojciech</b>	<b>413</b>		M 30-39	244	00:02:39	00:15:55	00:29:28	<b>00:29:49.95</b>	<b>00:32:29.60</b>	+00:14:32 (48.7%)	5:57	10.1 (51.5%)
1076	<b>JASIONOWSKI Tomasz</b>	<b>484</b>		M 30-39	245	00:01:36	00:15:15	00:29:23	<b>00:29:50.10</b>	<b>00:31:26.55</b>	+00:14:32 (48.8%)	5:58	10.1 (51.5%)
1077	<b>SZWOCH Radosław</b>	<b>348</b>		M 40-49	218	00:00:27	00:14:33	00:29:30	<b>00:29:50.30</b>	<b>00:30:17.95</b>	+00:14:32 (48.8%)	5:58	10.1 (51.5%)
1078	<b>TRZCIŃSKA Magdalena</b>	<b>311</b>		K 20-29	62	00:01:26		00:29:26	<b>00:29:50.40</b>	<b>00:31:16.85</b>	+00:14:33 (48.8%)	5:58	10.1 (51.5%)
1079	<b>WAWRZYŃIAK Andrzej</b>	<b>895</b>	22.ODN	M 60-69	23	00:02:38	00:15:55	00:29:29	<b>00:29:51.40</b>	<b>00:32:30.30</b>	+00:14:34 (48.8%)	5:58	10.1 (51.5%)
1080	<b>POLIWODZIŃSKA Agnieszka</b>	<b>1372</b>	TEAMOCHAL	K 40-49	72	00:02:13	00:15:43	00:29:26	<b>00:29:51.90</b>	<b>00:32:04.90</b>	+00:14:34 (48.8%)	5:58	10.1 (51.5%)
1081	<b>KOTARSKA-SKONIECZKA Anna</b>	<b>101</b>		K 40-49	73	00:01:00	00:15:31	00:29:28	<b>00:29:54.05</b>	<b>00:30:54.45</b>	+00:14:36 (48.9%)	5:58	10 (51.0%)
1082	<b>ROSSA Przemysław</b>	<b>1382</b>		M 20-29	134	00:00:13	00:15:04	00:29:33	<b>00:29:54.95</b>	<b>00:30:08.40</b>	+00:14:37 (48.9%)	5:58	10 (51.0%)
1083	<b>CHUDZIŃSKI Konrad</b>	<b>312</b>		M 20-29	135	00:01:40	00:16:02	00:29:32	<b>00:29:55.05</b>	<b>00:31:35.85</b>	+00:14:37 (48.9%)	5:59	10 (51.0%)
1084	<b>ADAMCZYK Mariusz</b>	<b>251</b>		M 40-49	219	00:01:25	00:15:22	00:29:35	<b>00:29:55.55</b>	<b>00:31:21.00</b>	+00:14:38 (48.9%)	5:59	10 (51.0%)
1085	<b>ROSSA Sławomir</b>	<b>27</b>		M 50-59	104	00:00:12	00:15:05	00:29:34	<b>00:29:55.70</b>	<b>00:30:08.65</b>	+00:14:38 (48.9%)	5:59	10 (51.0%)
1086	<b>GREGO Marcel</b>	<b>1667</b>	GREGORKI	M 16-19	41	00:00:37	00:14:25	00:29:29	<b>00:29:56.75</b>	<b>00:30:34.60</b>	+00:14:39 (48.9%)	5:59	10 (51.0%)
1087	<b>LIPIŃSKI Tomasz</b>	<b>704</b>		M 30-39	246	00:02:06	00:16:25	00:29:35	<b>00:29:57.05</b>	<b>00:32:03.10</b>	+00:14:39 (48.9%)	5:59	10 (51.0%)
1088	<b>SWISTAK Karolina</b>	<b>539</b>		K 40-49	74	00:01:16	00:15:38	00:29:31	<b>00:29:57.20</b>	<b>00:31:13.30</b>	+00:14:39 (49.0%)	5:59	10 (51.0%)
1089	<b>KORZENIOWSKA Ewa</b>	<b>530</b>		K 20-29	63	00:01:30	00:15:21	00:29:30	<b>00:29:57.40</b>	<b>00:31:27.90</b>	+00:14:40 (49.0%)	5:59	10 (51.0%)
1090	<b>REPKE Patrycja</b>	<b>1337</b>		K 30-39	98	00:01:41	00:15:33	00:29:43	<b>00:29:58.60</b>	<b>00:31:39.90</b>	+00:14:41 (49.0%)	5:59	10 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1091	ROSŁOŃSKA Kinga	280		K 30-39	99	00:01:35	00:15:37	00:29:33	<b>00:29:58.70</b>	<b>00:31:33.80</b>	+00:14:41 (49.0%)	5:59	10 (51.0%)
1092	ANASZEWICZ Marzena	66		K 50-59	14	00:01:38	00:15:32	00:29:34	<b>00:29:58.85</b>	<b>00:31:37.20</b>	+00:14:41 (49.0%)	5:59	10 (51.0%)
1093	LICA Agnieszka	1395		K 30-39	100	00:00:24	00:15:31	00:29:33	<b>00:29:59.40</b>	<b>00:30:23.80</b>	+00:14:42 (49.0%)	5:59	10 (51.0%)
1094	ŁABENDA Piotr	591		M 50-59	105	00:01:15	00:15:22	00:29:32	<b>00:29:59.90</b>	<b>00:31:15.75</b>	+00:14:42 (49.0%)	5:59	10 (51.0%)
1095	SZYMCZAK Jacek	474		M 50-59	106	00:02:31	00:15:35	00:29:35	<b>00:30:00.45</b>	<b>00:32:31.90</b>	+00:14:43 (49.0%)	6:00	10 (51.0%)
1096	GIERSZEWSKA Kinga	741		K 20-29	64	00:01:48	00:15:43	00:29:37	<b>00:30:01.10</b>	<b>00:31:49.25</b>	+00:14:43 (49.1%)	6:00	10 (51.0%)
1097	GĄSIOROWSKA Barbara	706		K 30-39	101	00:00:36	00:15:36	00:29:42	<b>00:30:01.50</b>	<b>00:30:37.50</b>	+00:14:44 (49.1%)	6:00	10 (51.0%)
1098	SOMYK Karyna	1547	3K	K 20-29	65	00:00:14	00:15:08	00:29:38	<b>00:30:02.30</b>	<b>00:30:16.60</b>	+00:14:44 (49.1%)	6:00	10 (51.0%)
1099	ZIĘTARA Mikołaj	1687		M 0-15	45	00:02:03	00:15:58	00:29:38	<b>00:30:02.85</b>	<b>00:32:06.70</b>	+00:14:45 (49.1%)	6:00	10 (51.0%)
1100	SZATKOWSKA Aleksandra	841		K 20-29	66	00:01:29	00:16:29	00:29:41	<b>00:30:03.00</b>	<b>00:31:32.10</b>	+00:14:45 (49.1%)	6:00	10 (51.0%)
1101	SZYMCZAK Barbara	33		K 50-59	15	00:02:32	00:16:01	00:29:39	<b>00:30:03.70</b>	<b>00:32:36.30</b>	+00:14:46 (49.1%)	6:00	10 (51.0%)
1102	LESZCZYŃSKI-BAKALARZ Artur	1517	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M 0-15	46	00:02:02	00:15:01	00:29:38	<b>00:30:03.80</b>	<b>00:32:06.50</b>	+00:14:46 (49.1%)	6:00	10 (51.0%)
1103	KURYŁO Julia	223		K 16-19	7	00:00:56	00:15:09	00:29:43	<b>00:30:04.00</b>	<b>00:31:00.70</b>	+00:14:46 (49.1%)	6:00	10 (51.0%)
1104	KONOPIŃSKI Piotr	1645		M 16-19	42	00:02:19	00:15:36	00:29:43	<b>00:30:04.70</b>	<b>00:32:23.70</b>	+00:14:47 (49.2%)	6:00	10 (51.0%)
1105	KRYMER Agnieszka	437		K 50-59	16	00:00:57	00:15:30	00:29:39	<b>00:30:05.55</b>	<b>00:31:02.70</b>	+00:14:48 (49.2%)	6:01	10 (51.0%)
1106	REPKE Damian	1405		M 30-39	247	00:01:44	00:15:31	00:29:43	<b>00:30:05.65</b>	<b>00:31:49.85</b>	+00:14:48 (49.2%)	6:01	10 (51.0%)
1107	CZUBKOWSKI Sebastian	1394	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M 40-49	220	00:00:41	00:15:18	00:29:44	<b>00:30:06.05</b>	<b>00:30:47.80</b>	+00:14:48 (49.2%)	6:01	10 (51.0%)
1108	KONOPIŃSKI Tomasz	259		M 40-49	221	00:02:19	00:15:36	00:29:43	<b>00:30:06.85</b>	<b>00:32:25.90</b>	+00:14:49 (49.2%)	6:01	10 (51.0%)
1109	SKARBEK-ZEBIDA Emilia	380		K 20-29	67	00:02:21	00:15:40	00:29:43	<b>00:30:07.45</b>	<b>00:32:29.30</b>	+00:14:50 (49.2%)	6:01	10 (51.0%)
1110	DOLNA Patrycja	150		K 30-39	102	00:02:39	00:15:42	00:29:43	<b>00:30:08.55</b>	<b>00:32:48.10</b>	+00:14:51 (49.3%)	6:01	10 (51.0%)
1111	DOLNY Andrzej	149		M 40-49	222	00:02:39	00:15:42	00:29:44	<b>00:30:09.25</b>	<b>00:32:48.40</b>	+00:14:51 (49.3%)	6:01	10 (51.0%)
1112	PACEK Mirosław	180		M 60-69	24	00:00:58	00:15:35	00:29:50	<b>00:30:09.40</b>	<b>00:31:07.80</b>	+00:14:52 (49.3%)	6:01	10 (51.0%)
1112	WYRĄBKIEWICZ Karolina	333		K 20-29	68	00:00:55		00:29:40	<b>00:30:09.40</b>	<b>00:31:05.35</b>	+00:14:52 (49.3%)	6:01	10 (51.0%)
1114	HERBA Kamila	929	BRAK	K 30-39	103	00:02:12	00:15:19	00:29:39	<b>00:30:09.45</b>	<b>00:32:22.15</b>	+00:14:52 (49.3%)	6:01	10 (51.0%)
1115	PACEK Anna	189		K 20-29	69	00:00:58	00:15:34	00:29:50	<b>00:30:09.80</b>	<b>00:31:08.40</b>	+00:14:52 (49.3%)	6:01	10 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1116	<b>WOŹNIACKA Beata</b>	<b>543</b>		K 50-59	17	00:00:29	00:15:23	00:29:44	<b>00:30:09.85</b>	<b>00:30:39.70</b>	+00:14:52 (49.3%)	6:01	10 (51.0%)
1117	<b>AUGUSTYNOWICZ Katarzyna</b>	<b>1206</b>	TKKF KOLEJARZ BYDGOSZCZ	K 40-49	75	00:02:43	00:15:49	00:29:49	<b>00:30:10.40</b>	<b>00:32:53.80</b>	+00:14:53 (49.3%)	6:02	9.9 (50.5%)
1118	<b>DYLEWICZ Agnieszka</b>	<b>987</b>	DRUŻYNA SMA	K 40-49	76	00:00:50	00:15:14	00:29:42	<b>00:30:10.90</b>	<b>00:31:01.25</b>	+00:14:53 (49.3%)	6:02	9.9 (50.5%)
1119	<b>GUGAŁKA Tomasz</b>	<b>132</b>		M 30-39	248	00:02:28	00:15:54	00:29:48	<b>00:30:11.70</b>	<b>00:32:40.65</b>	+00:14:54 (49.4%)	6:02	9.9 (50.5%)
1120	<b>ZAORSKA-PIŁAT Magdalena</b>	<b>552</b>		K 40-49	77	00:01:53	00:15:22	00:29:47	<b>00:30:13.20</b>	<b>00:32:06.70</b>	+00:14:55 (49.4%)	6:02	9.9 (50.5%)
1121	<b>GŁOWACKI Kamil</b>	<b>532</b>		M 20-29	136	00:02:09	00:15:20	00:29:45	<b>00:30:13.45</b>	<b>00:32:22.50</b>	+00:14:56 (49.4%)	6:02	9.9 (50.5%)
1122	<b>BARAŃSKA Sylwia</b>	<b>1528</b>	TRISPICE	K 50-59	18	00:00:25	00:15:32	00:29:46	<b>00:30:13.85</b>	<b>00:30:38.90</b>	+00:14:56 (49.4%)	6:02	9.9 (50.5%)
1123	<b>MAJORKOWSKA Anna</b>	<b>238</b>		K 50-59	19	00:01:36	00:15:46	00:29:49	<b>00:30:14.20</b>	<b>00:31:50.30</b>	+00:14:56 (49.4%)	6:02	9.9 (50.5%)
1124	<b>SUSZEK Anna</b>	<b>367</b>		K 40-49	78	00:00:55	00:15:43	00:29:42	<b>00:30:14.80</b>	<b>00:31:10.35</b>	+00:14:57 (49.4%)	6:02	9.9 (50.5%)
1125	<b>GĘBALA Izabela</b>	<b>369</b>		K 40-49	79	00:01:39	00:15:57	00:29:49	<b>00:30:15.10</b>	<b>00:31:54.30</b>	+00:14:57 (49.5%)	6:03	9.9 (50.5%)
1126	<b>CYL-GESZKIEWICZ Justyna</b>	<b>1460</b>		K 40-49	80	00:01:14	00:16:13	00:29:51	<b>00:30:15.40</b>	<b>00:31:29.85</b>	+00:14:58 (49.5%)	6:03	9.9 (50.5%)
1127	<b>SMOLIŃSKI Michał</b>	<b>182</b>		M 30-39	249	00:01:33	00:16:11	00:29:49	<b>00:30:15.65</b>	<b>00:31:49.25</b>	+00:14:58 (49.5%)	6:03	9.9 (50.5%)
1128	<b>BIEDROŃ Aleksandra</b>	<b>912</b>	B28	K 30-39	104	00:00:21	00:15:19	00:29:51	<b>00:30:17.00</b>	<b>00:30:38.75</b>	+00:14:59 (49.5%)	6:03	9.9 (50.5%)
1129	<b>ORZECZOWSKA Gabriela</b>	<b>1614</b>	ORZECZ BIEGA	K 0-15	15	00:00:15	00:13:26	00:29:55	<b>00:30:17.50</b>	<b>00:30:33.40</b>	+00:15:00 (49.5%)	6:03	9.9 (50.5%)
1129	<b>PALACZ Mirosław</b>	<b>194</b>		M 60-69	25	00:01:34	00:16:09	00:29:50	<b>00:30:17.50</b>	<b>00:31:52.20</b>	+00:15:00 (49.5%)	6:03	9.9 (50.5%)
1131	<b>BREDOW Marek</b>	<b>272</b>		M 60-69	26	00:01:30	00:16:00	00:29:52	<b>00:30:17.85</b>	<b>00:31:48.70</b>	+00:15:00 (49.5%)	6:03	9.9 (50.5%)
1132	<b>MAKOWSKA Zuzanna</b>	<b>1651</b>		K 16-19	8	00:02:09	00:15:53	00:29:58	<b>00:30:18.30</b>	<b>00:32:27.90</b>	+00:15:00 (49.5%)	6:03	9.9 (50.5%)
1133	<b>GROCHAL Patryk</b>	<b>468</b>		M 30-39	250	00:01:30	00:16:00	00:29:52	<b>00:30:18.45</b>	<b>00:31:49.25</b>	+00:15:01 (49.6%)	6:03	9.9 (50.5%)
1134	<b>SZYMAŃSKI Dobromir</b>	<b>1344</b>	KANCELARIA	M 20-29	137	00:00:56	00:13:26	00:29:52	<b>00:30:18.60</b>	<b>00:31:15.35</b>	+00:15:01 (49.6%)	6:03	9.9 (50.5%)
1135	<b>POKORNIECKI Michał</b>	<b>288</b>		M 30-39	251	00:01:33	00:16:32	00:29:59	<b>00:30:19.85</b>	<b>00:31:53.75</b>	+00:15:02 (49.6%)	6:03	9.9 (50.5%)
1136	<b>MAKOWSKI Patryk</b>	<b>234</b>		M 40-49	223	00:02:09	00:15:50	00:29:59	<b>00:30:20.50</b>	<b>00:32:30.10</b>	+00:15:03 (49.6%)	6:04	9.9 (50.5%)
1137	<b>ZAKRZEWSKI Karol</b>	<b>1422</b>		M 20-29	138	00:02:29	00:16:42	00:29:57	<b>00:30:21.20</b>	<b>00:32:50.80</b>	+00:15:03 (49.6%)	6:04	9.9 (50.5%)
1138	<b>BRZEZIŃSKA Marta</b>	<b>296</b>		K 30-39	105	00:02:27	00:15:36	00:29:57	<b>00:30:21.60</b>	<b>00:32:48.60</b>	+00:15:04 (49.6%)	6:04	9.9 (50.5%)
1139	<b>MANDOSIK Bernadeta</b>	<b>1359</b>	TEAMOCHAL	K-70+	2	00:01:56	00:15:35	00:29:54	<b>00:30:22.75</b>	<b>00:32:18.95</b>	+00:15:05 (49.7%)	6:04	9.9 (50.5%)
1139	<b>KRZYSZTOŃ Karolina</b>	<b>1365</b>		K 20-29	70	00:01:49	00:15:37	00:30:01	<b>00:30:22.75</b>	<b>00:32:11.95</b>	+00:15:05 (49.7%)	6:04	9.9 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1141	<b>RYBACKA Dora</b>	<b>1357</b>		K 30-39	106	00:02:42	00:15:51	00:29:52	<b>00:30:23.40</b>	<b>00:33:05.75</b>	+00:15:06 (49.7%)	6:04	9.9 (50.5%)
1142	<b>QUAAS Mateusz</b>	<b>1660</b>		M 16-19	43	00:02:14	00:15:28	00:30:04	<b>00:30:24.35</b>	<b>00:32:38.40</b>	+00:15:06 (49.7%)	6:04	9.9 (50.5%)
1143	<b>MAĆKOWSKI Kacper</b>	<b>72</b>		M 20-29	139	00:00:49	00:15:34	00:29:59	<b>00:30:24.60</b>	<b>00:31:14.20</b>	+00:15:07 (49.7%)	6:04	9.9 (50.5%)
1144	<b>PREDER Bartosz</b>	<b>453</b>		M 40-49	224	00:02:03	00:16:01	00:30:09	<b>00:30:27.85</b>	<b>00:32:31.30</b>	+00:15:10 (49.8%)	6:05	9.9 (50.5%)
1145	<b>WIŚNIEWSKA Anna</b>	<b>447</b>		K 20-29	71	00:00:36	00:15:50	00:30:05	<b>00:30:27.95</b>	<b>00:31:04.25</b>	+00:15:10 (49.8%)	6:05	9.9 (50.5%)
1146	<b>LEWICKA Alicja</b>	<b>550</b>		K 40-49	81	00:02:32	00:16:14	00:30:06	<b>00:30:28.60</b>	<b>00:33:01.25</b>	+00:15:11 (49.8%)	6:05	9.8 (50.0%)
1147	<b>STEFAŃSKI Krzysztof</b>	<b>1274</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 50-59	107	00:00:55	00:15:29	00:30:05	<b>00:30:28.70</b>	<b>00:31:24.05</b>	+00:15:11 (49.8%)	6:05	9.8 (50.0%)
1147	<b>MAJDA Karolina</b>	<b>661</b>		K 30-39	107	00:00:23	00:15:34	00:30:00	<b>00:30:28.70</b>	<b>00:30:52.40</b>	+00:15:11 (49.8%)	6:05	9.8 (50.0%)
1149	<b>GÓRSKA Paulina</b>	<b>1007</b>	HARCOROWE KREWETY	K 40-49	82	00:02:37	00:15:53	00:30:03	<b>00:30:29.50</b>	<b>00:33:06.65</b>	+00:15:12 (49.9%)	6:05	9.8 (50.0%)
1150	<b>KNIOŁA Lucyna</b>	<b>356</b>		K 50-59	20	00:00:54	00:15:38	00:30:02	<b>00:30:29.65</b>	<b>00:31:24.55</b>	+00:15:12 (49.9%)	6:05	9.8 (50.0%)
1151	<b>SOSNOWSKA Dorota</b>	<b>43</b>		K 40-49	83	00:01:38	00:15:38	00:30:03	<b>00:30:29.95</b>	<b>00:32:08.35</b>	+00:15:12 (49.9%)	6:05	9.8 (50.0%)
1152	<b>SIWIAK Łukasz</b>	<b>812</b>		M 30-39	252	00:02:32	00:16:10	00:30:08	<b>00:30:30.25</b>	<b>00:33:02.85</b>	+00:15:12 (49.9%)	6:06	9.8 (50.0%)
1153	<b>POLASIK Dawid</b>	<b>1541</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 40-49	225	00:02:32	00:16:11	00:30:09	<b>00:30:30.60</b>	<b>00:33:03.00</b>	+00:15:13 (49.9%)	6:06	9.8 (50.0%)
1154	<b>ROJEWSKI Jarosław</b>	<b>995</b>	FC PAPA JERRY 84	M 40-49	226	00:02:32	00:16:10	00:30:08	<b>00:30:31.20</b>	<b>00:33:03.30</b>	+00:15:13 (49.9%)	6:06	9.8 (50.0%)
1155	<b>SPEJER Anna</b>	<b>1540</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 40-49	84	00:02:31	00:16:12	00:30:10	<b>00:30:31.30</b>	<b>00:33:02.60</b>	+00:15:13 (49.9%)	6:06	9.8 (50.0%)
1156	<b>CERAJEWSKI Artur</b>	<b>813</b>		M 30-39	253	00:02:31	00:16:11	00:30:10	<b>00:30:31.50</b>	<b>00:33:03.10</b>	+00:15:14 (49.9%)	6:06	9.8 (50.0%)
1157	<b>MALINOWSKI Jakub</b>	<b>324</b>		M 16-19	44	00:01:52	00:16:01	00:30:11	<b>00:30:31.70</b>	<b>00:32:23.90</b>	+00:15:14 (49.9%)	6:06	9.8 (50.0%)
1158	<b>WYSOCKA Joanna</b>	<b>674</b>		K 30-39	108	00:01:49	00:16:42	00:30:09	<b>00:30:32.10</b>	<b>00:32:21.35</b>	+00:15:14 (49.9%)	6:06	9.8 (50.0%)
1159	<b>CHĘSY Jacek</b>	<b>204</b>		M 40-49	227	00:02:25	00:15:41	00:30:04	<b>00:30:33.05</b>	<b>00:32:58.70</b>	+00:15:15 (50.0%)	6:06	9.8 (50.0%)
1160	<b>ZABRZEŃSKA Małgorzata</b>	<b>1629</b>	BTW	K 0-15	16	00:00:38	00:16:21	00:30:12	<b>00:30:33.10</b>	<b>00:31:11.25</b>	+00:15:15 (50.0%)	6:06	9.8 (50.0%)
1161	<b>GOLIMOWSKA Anna</b>	<b>742</b>		K 40-49	85	00:02:14	00:16:12	00:30:06	<b>00:30:33.40</b>	<b>00:32:47.85</b>	+00:15:16 (50.0%)	6:06	9.8 (50.0%)
1162	<b>KORBEL Ewa</b>	<b>445</b>		K 50-59	21	00:01:05	00:15:28	00:30:05	<b>00:30:34.65</b>	<b>00:31:39.80</b>	+00:15:17 (50.0%)	6:06	9.8 (50.0%)
1163	<b>KACPROWICZ Hubert</b>	<b>1544</b>		M 16-19	45	00:02:41	00:16:59	00:30:13	<b>00:30:34.95</b>	<b>00:33:16.35</b>	+00:15:17 (50.0%)	6:06	9.8 (50.0%)
1164	<b>ZOMKOWSKA Marta</b>	<b>1259</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 40-49	86	00:00:47	00:16:13	00:30:13	<b>00:30:36.10</b>	<b>00:31:23.60</b>	+00:15:18 (50.0%)	6:07	9.8 (50.0%)
1165	<b>CYL-KLEDZIK Karina</b>	<b>1453</b>		K 40-49	87	00:01:14	00:16:14	00:30:10	<b>00:30:37.05</b>	<b>00:31:51.10</b>	+00:15:19 (50.1%)	6:07	9.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1166	SIKORSKI Piotr	1637		M 16-19	46	00:01:28	00:14:43	00:30:15	00:30:39.05	00:32:07.35	+00:15:21 (50.1%)	6:07	9.8 (50.0%)
1167	SYBILSKA Agnieszka	750		K 40-49	88	00:00:54	00:15:16	00:30:12	00:30:39.65	00:31:34.55	+00:15:22 (50.1%)	6:07	9.8 (50.0%)
1168	CZARNY Ryszard	172		M 60-69	27	00:00:38	00:16:15	00:30:12	00:30:39.80	00:31:18.65	+00:15:22 (50.1%)	6:07	9.8 (50.0%)
1169	KAZUBOWSKI Jeremiasz	1025	KAZUBKI TEAM	M 20-29	140	00:01:38	00:16:14	00:30:18	00:30:39.90	00:32:18.65	+00:15:22 (50.1%)	6:07	9.8 (50.0%)
1170	KOWALSKI Krzysztof	980	CZYKOWKO TEAM	M 40-49	228	00:01:37	00:16:00	00:30:22	00:30:41.80	00:32:18.85	+00:15:24 (50.2%)	6:08	9.8 (50.0%)
1171	GIRARD Valérie	1367		K 30-39	109	00:02:01	00:15:50	00:30:05	00:30:42.60	00:32:43.85	+00:15:25 (50.2%)	6:08	9.8 (50.0%)
1172	MARCHLEWICZ Artur	586		M 40-49	229	00:01:37	00:15:26	00:30:15	00:30:42.70	00:32:20.25	+00:15:25 (50.2%)	6:08	9.8 (50.0%)
1173	BAWÓŁ Bartosz	564		M 20-29	141	00:01:27	00:15:30	00:30:20	00:30:43.45	00:32:10.50	+00:15:26 (50.2%)	6:08	9.8 (50.0%)
1174	MACIEJCZAK Nikodem	1412		M 16-19	47	00:02:24	00:15:23	00:30:16	00:30:44.00	00:33:08.00	+00:15:26 (50.2%)	6:08	9.8 (50.0%)
1175	JANKE Marzena	307		K 30-39	110	00:01:36	00:15:27	00:30:15	00:30:44.50	00:32:21.40	+00:15:27 (50.3%)	6:08	9.8 (50.0%)
1176	WIELUŃSKA Dorota	50		K 30-39	111	00:01:19	00:16:17	00:30:22	00:30:45.55	00:32:05.20	+00:15:28 (50.3%)	6:09	9.8 (50.0%)
1177	KĄŁUŻNA Maja	440		K 20-29	72	00:01:05	00:15:50	00:30:22	00:30:47.20	00:31:52.70	+00:15:29 (50.3%)	6:09	9.7 (49.5%)
1178	KOWALSKA Karolina	422		K 20-29	73	00:00:20	00:15:13	00:30:23	00:30:47.55	00:31:07.70	+00:15:30 (50.3%)	6:09	9.7 (49.5%)
1179	BYCZKOWSKI Miłosz	1661	INDYWIDUALNIE	M 16-19	48	00:02:13	00:16:26	00:30:25	00:30:49.05	00:33:02.85	+00:15:31 (50.4%)	6:09	9.7 (49.5%)
1180	PIĄTEK Marta	370		K 20-29	74	00:00:55	00:15:42	00:30:22	00:30:51.65	00:31:47.60	+00:15:34 (50.5%)	6:10	9.7 (49.5%)
1180	NALEWALSKI Marek	1515		M 20-29	142	00:01:37	00:17:32	00:30:35	00:30:51.65	00:32:29.35	+00:15:34 (50.5%)	6:10	9.7 (49.5%)
1182	STOŻEK Michał	283		M 40-49	230	00:02:24	00:16:09	00:30:26	00:30:51.85	00:33:16.50	+00:15:34 (50.5%)	6:10	9.7 (49.5%)
1183	KRYSIAK Magdalena	981	CZYKOWKO TEAM	K 40-49	89	00:01:37	00:16:01	00:30:25	00:30:52.15	00:32:29.50	+00:15:34 (50.5%)	6:10	9.7 (49.5%)
1184	STARZYŃSKA Joanna	525		K 40-49	90	00:01:12	00:16:01	00:30:27	00:30:54.15	00:32:06.50	+00:15:36 (50.5%)	6:10	9.7 (49.5%)
1185	PRIETZ Agata	147		K 40-49	91	00:00:23	00:15:35	00:30:29	00:30:56.80	00:31:19.95	+00:15:39 (50.6%)	6:11	9.7 (49.5%)
1186	SZKOPIAK Marcin	162		M 50-59	108	00:02:15	00:15:40	00:30:39	00:30:56.85	00:33:12.80	+00:15:39 (50.6%)	6:11	9.7 (49.5%)
1187	DZIERZANOWSKA Eliza	313		K 20-29	75	00:01:39	00:16:05	00:30:28	00:30:57.40	00:32:36.70	+00:15:40 (50.6%)	6:11	9.7 (49.5%)
1188	ŻURAWSKA Magda	1390		K 30-39	112	00:02:31	00:16:19	00:30:32	00:31:00.65	00:33:31.95	+00:15:43 (50.7%)	6:12	9.7 (49.5%)
1189	SIEJEK Paulina	594		K 30-39	113	00:01:39	00:15:56	00:30:37	00:31:04.35	00:32:43.55	+00:15:46 (50.8%)	6:12	9.7 (49.5%)
1190	ŚWITALSKA Ewelina	217		K 30-39	114	00:02:08	00:15:50	00:30:36	00:31:05.05	00:33:13.60	+00:15:47 (50.8%)	6:13	9.7 (49.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1191	<b>BORZYSZKOWSKI Grzegorz</b>	<b>1158</b>	STARY FORDON	M 40-49	231	00:00:13	00:15:14	00:30:41	<b>00:31:05.35</b>	<b>00:31:19.20</b>	+00:15:47 (50.8%)	6:13	9.7 (49.5%)
1191	<b>ŻUBROWSKI Arkadiusz</b>	<b>1440</b>		M 20-29	143	00:01:23	00:15:54	00:30:40	<b>00:31:05.35</b>	<b>00:32:29.10</b>	+00:15:47 (50.8%)	6:13	9.7 (49.5%)
1193	<b>ZUDZIN Natalia</b>	<b>524</b>		K 20-29	76	00:02:03	00:16:28	00:30:44	<b>00:31:05.55</b>	<b>00:33:09.40</b>	+00:15:48 (50.8%)	6:13	9.7 (49.5%)
1194	<b>ŻUBROWSKA Weronika</b>	<b>716</b>		K 20-29	77	00:01:22	00:15:56	00:30:41	<b>00:31:05.80</b>	<b>00:32:28.75</b>	+00:15:48 (50.8%)	6:13	9.7 (49.5%)
1195	<b>PARTYKA Dawid</b>	<b>142</b>		M 30-39	254	00:01:53	00:15:21	00:30:38	<b>00:31:05.85</b>	<b>00:32:59.60</b>	+00:15:48 (50.8%)	6:13	9.7 (49.5%)
1196	<b>GŁOWACKA Kinga</b>	<b>996</b>	FERMAX POLSKA	K 40-49	92	00:00:14	00:15:59	00:30:43	<b>00:31:07.55</b>	<b>00:31:21.85</b>	+00:15:50 (50.9%)	6:13	9.6 (49.0%)
1197	<b>KOWALEWSKI Mariusz</b>	<b>480</b>		M 40-49	232	00:00:57	00:15:47	00:30:42	<b>00:31:08.70</b>	<b>00:32:05.70</b>	+00:15:51 (50.9%)	6:13	9.6 (49.0%)
1198	<b>KOWALEWSKI Bartek</b>	<b>1557</b>		M 0-15	47	00:00:57	00:15:47	00:30:42	<b>00:31:08.85</b>	<b>00:32:06.10</b>	+00:15:51 (50.9%)	6:13	9.6 (49.0%)
1199	<b>DYNIEWSKA Agnieszka</b>	<b>352</b>		K 50-59	22	00:01:57	00:16:08	00:30:43	<b>00:31:11.80</b>	<b>00:33:09.35</b>	+00:15:54 (51.0%)	6:14	9.6 (49.0%)
1200	<b>MŁYNARCZYK Monika</b>	<b>2</b>		K 30-39	115	00:02:17	00:16:20	00:30:47	<b>00:31:13.45</b>	<b>00:33:30.80</b>	+00:15:56 (51.0%)	6:14	9.6 (49.0%)
1201	<b>OKOŃSKA Żaneta</b>	<b>1130</b>	RUN BYDGOSZCZ	K 40-49	93	00:01:50	00:15:49	00:30:51	<b>00:31:14.40</b>	<b>00:33:04.40</b>	+00:15:57 (51.1%)	6:14	9.6 (49.0%)
1202	<b>ZAKRZEWSKA Marta</b>	<b>1236</b>	USŁUGI REMONTOWO-WYKOŃCZENIOWE BŁYSZCZĄCE ROZWIĄZANIA	K 20-29	78	00:01:06	00:16:11	00:30:52	<b>00:31:14.95</b>	<b>00:32:21.80</b>	+00:15:57 (51.1%)	6:14	9.6 (49.0%)
1203	<b>IGNASIAK Bernadeta</b>	<b>1228</b>	TRISPACE TRK	K 40-49	94	00:01:25	00:15:59	00:30:49	<b>00:31:15.00</b>	<b>00:32:40.90</b>	+00:15:57 (51.1%)	6:15	9.6 (49.0%)
1204	<b>ANASZEWICZ Dawid</b>	<b>671</b>		M 40-49	233	00:01:57	00:15:53	00:30:47	<b>00:31:15.55</b>	<b>00:33:12.80</b>	+00:15:58 (51.1%)	6:15	9.6 (49.0%)
1205	<b>BRODALKA Patryk</b>	<b>415</b>		M 20-29	144	00:00:31	00:15:52	00:30:50	<b>00:31:16.90</b>	<b>00:31:48.60</b>	+00:15:59 (51.1%)	6:15	9.6 (49.0%)
1206	<b>PAPIEROWSKI Piotr</b>	<b>1327</b>		M 30-39	255	00:02:09	00:16:31	00:30:59	<b>00:31:21.90</b>	<b>00:33:31.50</b>	+00:16:04 (51.3%)	6:16	9.6 (49.0%)
1207	<b>RYBICKA Marta</b>	<b>1331</b>		K 30-39	116	00:02:09	00:16:31	00:30:59	<b>00:31:22.05</b>	<b>00:33:31.50</b>	+00:16:04 (51.3%)	6:16	9.6 (49.0%)
1208	<b>LIŚKIEWICZ Agnieszka</b>	<b>1291</b>		K 40-49	95	00:01:10	00:15:50	00:30:55	<b>00:31:22.60</b>	<b>00:32:33.25</b>	+00:16:05 (51.3%)	6:16	9.6 (49.0%)
1209	<b>CHROBAK Przemek</b>	<b>363</b>		M 40-49	234	00:01:55	00:16:31	00:30:59	<b>00:31:23.20</b>	<b>00:33:18.80</b>	+00:16:05 (51.3%)	6:16	9.6 (49.0%)
1210	<b>SZYMECZKO Aleksandra</b>	<b>597</b>		K 30-39	117	00:00:36	00:16:06	00:30:56	<b>00:31:23.25</b>	<b>00:31:59.90</b>	+00:16:05 (51.3%)	6:16	9.6 (49.0%)
1211	<b>MOSUR-GALICKA Angelina</b>	<b>1437</b>	AKADEMIA MISTRZÓW SPORTU	K 50-59	23	00:02:05	00:16:15	00:30:56	<b>00:31:23.30</b>	<b>00:33:28.35</b>	+00:16:05 (51.3%)	6:16	9.6 (49.0%)
1212	<b>BONDARCZYK Filip</b>	<b>1485</b>		M 20-29	145	00:01:43	00:16:32	00:31:00	<b>00:31:23.75</b>	<b>00:33:07.00</b>	+00:16:06 (51.3%)	6:16	9.6 (49.0%)
1213	<b>MIĄZEK Patrycja</b>	<b>267</b>		K 20-29	79	00:01:49	00:15:41	00:31:00	<b>00:31:23.90</b>	<b>00:33:13.45</b>	+00:16:06 (51.3%)	6:16	9.6 (49.0%)
1214	<b>MIĄZEK Daniel</b>	<b>196</b>		M 30-39	256	00:01:49	00:15:41	00:31:00	<b>00:31:24.00</b>	<b>00:33:13.25</b>	+00:16:06 (51.3%)	6:16	9.6 (49.0%)
1215	<b>BONDARCZYK Karolina</b>	<b>1486</b>		K 30-39	118	00:01:43	00:16:32	00:31:00	<b>00:31:24.25</b>	<b>00:33:07.60</b>	+00:16:06 (51.3%)	6:16	9.6 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1216	<b>MODRZEJEWSKA Natalia</b>	<b>588</b>		K 30-39	119	00:01:48	00:15:41	00:31:01	<b>00:31:25.25</b>	<b>00:33:13.60</b>	+00:16:07 (51.3%)	6:17	9.5 (48.5%)
1217	<b>PIJAROWSKA Ilona</b>	<b>1575</b>		K 0-15	17	00:02:35	00:15:46	00:31:00	<b>00:31:27.95</b>	<b>00:34:03.50</b>	+00:16:10 (51.4%)	6:17	9.5 (48.5%)
1218	<b>KASPRZAK Wojciech</b>	<b>341</b>		M 40-49	235	00:01:28	00:17:37	00:31:09	<b>00:31:29.30</b>	<b>00:32:57.40</b>	+00:16:11 (51.4%)	6:17	9.5 (48.5%)
1219	<b>KLONOWSKA Katarzyna</b>	<b>551</b>		K 40-49	96	00:01:53	00:16:06	00:31:04	<b>00:31:31.90</b>	<b>00:33:25.60</b>	+00:16:14 (51.5%)	6:18	9.5 (48.5%)
1220	<b>JANKOWSKA Katarzyna</b>	<b>1478</b>		K 50-59	24	00:02:49	00:16:16	00:31:03	<b>00:31:32.90</b>	<b>00:34:22.15</b>	+00:16:15 (51.5%)	6:18	9.5 (48.5%)
1221	<b>JĘDRYCH Elżbieta</b>	<b>1304</b>		K 30-39	120	00:01:42	00:16:13	00:31:08	<b>00:31:33.35</b>	<b>00:33:15.60</b>	+00:16:15 (51.5%)	6:18	9.5 (48.5%)
1222	<b>KOLLIT Paulina</b>	<b>688</b>		K 30-39	121	00:01:59	00:16:20	00:31:07	<b>00:31:33.55</b>	<b>00:33:33.50</b>	+00:16:16 (51.6%)	6:18	9.5 (48.5%)
1223	<b>GRABOWSKA Marlena</b>	<b>890</b>	-	K 40-49	97	00:01:58	00:16:19	00:31:08	<b>00:31:34.25</b>	<b>00:33:33.20</b>	+00:16:16 (51.6%)	6:18	9.5 (48.5%)
1224	<b>WIOSNA Tomasz</b>	<b>408</b>		M 30-39	257	00:01:59	00:16:14	00:31:09	<b>00:31:34.80</b>	<b>00:33:33.85</b>	+00:16:17 (51.6%)	6:18	9.5 (48.5%)
1225	<b>KUKLIŃSKI Rafał</b>	<b>211</b>		M 40-49	236	00:00:54	00:16:14	00:31:19	<b>00:31:35.25</b>	<b>00:32:29.70</b>	+00:16:17 (51.6%)	6:19	9.5 (48.5%)
1226	<b>GOŁDYŃ Zuzanna</b>	<b>230</b>		K 30-39	122	00:00:56	00:16:39	00:31:12	<b>00:31:37.30</b>	<b>00:32:33.45</b>	+00:16:19 (51.6%)	6:19	9.5 (48.5%)
1227	<b>BUKOWIŃSKA Grażyna</b>	<b>730</b>		K 60-69	3	00:01:35	00:16:35	00:31:10	<b>00:31:37.55</b>	<b>00:33:13.30</b>	+00:16:20 (51.7%)	6:19	9.5 (48.5%)
1228	<b>CIESIELSKI Mateusz</b>	<b>229</b>		M 30-39	258	00:00:57	00:16:37	00:31:12	<b>00:31:37.85</b>	<b>00:32:35.15</b>	+00:16:20 (51.7%)	6:19	9.5 (48.5%)
1229	<b>WOJTCZAK Arkadiusz</b>	<b>388</b>		M 30-39	259	00:01:24	00:16:30	00:31:09	<b>00:31:38.60</b>	<b>00:33:02.90</b>	+00:16:21 (51.7%)	6:19	9.5 (48.5%)
1230	<b>KOZICKA Magdalena</b>	<b>387</b>		K 30-39	123	00:01:24	00:16:30	00:31:09	<b>00:31:38.85</b>	<b>00:33:02.85</b>	+00:16:21 (51.7%)	6:19	9.5 (48.5%)
1231	<b>KLAFETKA Mateusz</b>	<b>1107</b>	PESA SPORT TEAM	M 30-39	260	00:01:29	00:15:38	00:31:12	<b>00:31:39.40</b>	<b>00:33:08.80</b>	+00:16:22 (51.7%)	6:19	9.5 (48.5%)
1232	<b>KACPERSKA Anna</b>	<b>922</b>	BIEGACZKI SIŁACZKI	K 40-49	98	00:00:18	00:15:33	00:31:14	<b>00:31:39.80</b>	<b>00:31:58.05</b>	+00:16:22 (51.7%)	6:19	9.5 (48.5%)
1233	<b>BUREK Dorota</b>	<b>753</b>		K 40-49	99	00:00:18	00:15:33	00:31:14	<b>00:31:39.85</b>	<b>00:31:58.35</b>	+00:16:22 (51.7%)	6:19	9.5 (48.5%)
1234	<b>SZYMANIAK-KLEJMAN Anita</b>	<b>786</b>		K 30-39	124	00:00:46	00:16:05	00:31:14	<b>00:31:40.35</b>	<b>00:32:26.50</b>	+00:16:22 (51.7%)	6:20	9.5 (48.5%)
1235	<b>DUSZYŃSKA Katarzyna</b>	<b>928</b>	BORÓWNO BIEGA	K 50-59	25	00:00:46	00:16:40	00:31:18	<b>00:31:41.00</b>	<b>00:32:27.60</b>	+00:16:23 (51.7%)	6:20	9.5 (48.5%)
1236	<b>WŁAŚNIAK Sylwia</b>	<b>1433</b>		K 40-49	100	00:01:02	00:16:15	00:31:16	<b>00:31:41.20</b>	<b>00:32:43.25</b>	+00:16:23 (51.7%)	6:20	9.5 (48.5%)
1237	<b>KURYŁO Tomasz</b>	<b>226</b>		M 40-49	237	00:00:58	00:15:49	00:31:17	<b>00:31:41.60</b>	<b>00:32:40.25</b>	+00:16:24 (51.8%)	6:20	9.5 (48.5%)
1238	<b>KOSIOROWSKI Przemysław</b>	<b>875</b>		M 40-49	238	00:01:32	00:16:09	00:31:18	<b>00:31:41.90</b>	<b>00:33:14.05</b>	+00:16:24 (51.8%)	6:20	9.5 (48.5%)
1239	<b>RÓZGA Dariusz</b>	<b>811</b>		M 40-49	239	00:01:23	00:15:46	00:31:16	<b>00:31:43.60</b>	<b>00:33:07.10</b>	+00:16:26 (51.8%)	6:20	9.5 (48.5%)
1240	<b>PRZYBYLSKA Paulina</b>	<b>810</b>		K 40-49	101	00:01:22	00:15:46	00:31:16	<b>00:31:44.10</b>	<b>00:33:06.95</b>	+00:16:26 (51.8%)	6:20	9.5 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1241	KUGLARZ Dominik	555		M 40-49	240	00:00:52	00:16:22	00:31:18	<b>00:31:44.95</b>	<b>00:32:37.30</b>	+00:16:27 (51.8%)	6:20	9.5 (48.5%)
1242	JANUSZEWSKI Marcin	439		M 40-49	241	00:00:52	00:16:22	00:31:19	<b>00:31:45.40</b>	<b>00:32:37.40</b>	+00:16:28 (51.9%)	6:21	9.4 (48.0%)
1243	MALICKA Beata	715		K 50-59	26	00:01:00	00:16:17	00:31:17	<b>00:31:45.45</b>	<b>00:32:45.55</b>	+00:16:28 (51.9%)	6:21	9.4 (48.0%)
1244	KOTECKI Marcin	102		M 40-49	242	00:00:51	00:16:25	00:31:19	<b>00:31:45.65</b>	<b>00:32:37.25</b>	+00:16:28 (51.9%)	6:21	9.4 (48.0%)
1245	MARCINIAK Oskar	1230	TRISWINKI	M 40-49	243	00:01:07	00:16:07	00:31:17	<b>00:31:46.05</b>	<b>00:32:53.30</b>	+00:16:28 (51.9%)	6:21	9.4 (48.0%)
1246	GIL Martyna	260		K 30-39	125	00:02:06	00:15:59	00:31:23	<b>00:31:47.10</b>	<b>00:33:53.15</b>	+00:16:29 (51.9%)	6:21	9.4 (48.0%)
1247	NOWAK Jakub	399		M 40-49	244	00:01:54	00:16:31	00:31:23	<b>00:31:47.15</b>	<b>00:33:41.90</b>	+00:16:29 (51.9%)	6:21	9.4 (48.0%)
1248	PTAK Renata	632		K 50-59	27	00:00:50	00:17:02	00:31:24	<b>00:31:47.20</b>	<b>00:32:37.75</b>	+00:16:29 (51.9%)	6:21	9.4 (48.0%)
1249	MALISZEWSKA Aleksandra	1330		K 20-29	80	00:02:31	00:16:12	00:31:26	<b>00:31:52.10</b>	<b>00:34:23.65</b>	+00:16:34 (52.0%)	6:22	9.4 (48.0%)
1250	TARGOWSKA Wiktoria	1604	MKS SP 63 BYDGOSZCZ	K 0-15	18	00:01:02	00:16:19	00:31:35	<b>00:31:54.95</b>	<b>00:32:57.40</b>	+00:16:37 (52.1%)	6:22	9.4 (48.0%)
1251	DANIEL Izabela	1588	MKS SP63 BYDGOSZCZ	K 0-15	19	00:01:01	00:16:19		<b>00:31:56.15</b>	<b>00:32:58.10</b>	+00:16:38 (52.1%)	6:23	9.4 (48.0%)
1252	KWIATKOWSKI Roman	567		M 60-69	28	00:00:20	00:16:33	00:31:26	<b>00:31:57.65</b>	<b>00:32:18.55</b>	+00:16:40 (52.2%)	6:23	9.4 (48.0%)
1253	PODRALSKA Monika	506		K 30-39	126	00:01:40	00:16:31	00:31:30	<b>00:31:59.85</b>	<b>00:33:40.65</b>	+00:16:42 (52.2%)	6:23	9.4 (48.0%)
1254	WOJTAŚ Samira	1648	BTW	K 16-19	9	00:00:38	00:16:24	00:31:38	<b>00:32:00.55</b>	<b>00:32:39.30</b>	+00:16:43 (52.2%)	6:24	9.4 (48.0%)
1255	CHUDZIŃSKA Alicja	626		K 30-39	127	00:01:07	00:16:12	00:31:31	<b>00:32:01.55</b>	<b>00:33:08.90</b>	+00:16:44 (52.3%)	6:24	9.4 (48.0%)
1255	NOWICKA Aleksandra	1650	BTW	K 16-19	10	00:00:38	00:16:24	00:31:39	<b>00:32:01.55</b>	<b>00:32:40.05</b>	+00:16:44 (52.3%)	6:24	9.4 (48.0%)
1257	WIŚNIEWSKA Lucyna	1224	TRISPACE/TREK	K 50-59	28	00:01:32	00:16:34	00:31:34	<b>00:32:01.65</b>	<b>00:33:34.05</b>	+00:16:44 (52.3%)	6:24	9.4 (48.0%)
1258	KERL-FABROWSKA Paulina	420		K 30-39	128	00:02:53	00:17:01	00:31:41	<b>00:32:01.70</b>	<b>00:34:55.20</b>	+00:16:44 (52.3%)	6:24	9.4 (48.0%)
1259	CIEŚLIK Iwona	1388		K 30-39	129	00:02:48	00:16:47	00:31:39	<b>00:32:02.60</b>	<b>00:34:51.35</b>	+00:16:45 (52.3%)	6:24	9.4 (48.0%)
1260	FABROWSKI Dawid	400		M 40-49	245	00:02:53	00:17:01	00:31:42	<b>00:32:03.25</b>	<b>00:34:57.05</b>	+00:16:45 (52.3%)	6:24	9.4 (48.0%)
1261	DRAŻEK-KRAKOWSKA Agnieszka	1115	PSYCHOFAN MARCINA	K 40-49	102	00:02:16	00:16:28	00:31:37	<b>00:32:05.00</b>	<b>00:34:21.30</b>	+00:16:47 (52.3%)	6:25	9.4 (48.0%)
1261	GRYSZÓWKA Angelika	193		K 20-29	81	00:00:33	00:16:07	00:31:43	<b>00:32:05.00</b>	<b>00:32:38.40</b>	+00:16:47 (52.3%)	6:25	9.4 (48.0%)
1263	WOJNOWSKA Joanna	195		K 20-29	82	00:00:33		00:31:42	<b>00:32:05.20</b>	<b>00:32:38.60</b>	+00:16:47 (52.3%)	6:25	9.4 (48.0%)
1264	MANDRA Wojciech	627		M 30-39	261	00:00:33	00:16:09	00:31:43	<b>00:32:06.00</b>	<b>00:32:39.25</b>	+00:16:48 (52.4%)	6:25	9.3 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1265	<b>SADOWSKA-CHORAŻAK Aneta</b>	<b>270</b>		K 40-49	103	00:02:05	00:16:24	00:31:42	<b>00:32:07.35</b>	<b>00:34:12.95</b>	+00:16:49 (52.4%)	6:25	9.3 (47.4%)
1266	<b>PISKRZYŃSKA Dominika</b>	<b>215</b>		K 30-39	130	00:01:56	00:16:43	00:31:39	<b>00:32:08.00</b>	<b>00:34:04.55</b>	+00:16:50 (52.4%)	6:25	9.3 (47.4%)
1267	<b>JARZEMSKA Anna</b>	<b>462</b>		K 50-59	29	00:01:49	00:16:51	00:31:45	<b>00:32:10.50</b>	<b>00:34:00.00</b>	+00:16:53 (52.5%)	6:26	9.3 (47.4%)
1268	<b>RESZKA Mateusz</b>	<b>677</b>		M 20-29	146	00:01:52	00:17:32	00:31:47	<b>00:32:10.55</b>	<b>00:34:03.40</b>	+00:16:53 (52.5%)	6:26	9.3 (47.4%)
1269	<b>PYTLIŃSKA Małgorzata</b>	<b>676</b>		K 20-29	83	00:01:52	00:17:33	00:31:47	<b>00:32:10.70</b>	<b>00:34:02.95</b>	+00:16:53 (52.5%)	6:26	9.3 (47.4%)
1270	<b>LELONKIEWICZ Krzysztof</b>	<b>24</b>		M 50-59	109	00:00:34	00:15:55	00:31:41	<b>00:32:11.00</b>	<b>00:32:45.10</b>	+00:16:53 (52.5%)	6:26	9.3 (47.4%)
1271	<b>WALCZAK Michalina</b>	<b>1585</b>	KLUB PRZYJACIÓŁ MYSZKI MIKI	K 0-15	20	00:02:21		00:31:52	<b>00:32:11.95</b>	<b>00:34:33.40</b>	+00:16:54 (52.5%)	6:26	9.3 (47.4%)
1272	<b>FIUT Kazimierz</b>	<b>1036</b>	KSN ŁUCZNICZKA	M 60-69	29	00:02:36	00:16:12	00:31:40	<b>00:32:12.95</b>	<b>00:34:49.75</b>	+00:16:55 (52.5%)	6:26	9.3 (47.4%)
1273	<b>KACPROWICZ Julia</b>	<b>1543</b>		K 20-29	84	00:02:41	00:16:59	00:31:48	<b>00:32:13.00</b>	<b>00:34:54.15</b>	+00:16:55 (52.5%)	6:26	9.3 (47.4%)
1274	<b>DUDZIAK Tomasz</b>	<b>456</b>		M 40-49	246	00:02:25	00:16:17	00:31:49	<b>00:32:13.10</b>	<b>00:34:38.15</b>	+00:16:55 (52.5%)	6:26	9.3 (47.4%)
1275	<b>BINDEK Milena</b>	<b>1566</b>		K 0-15	21	00:00:25	00:16:24	00:31:55	<b>00:32:17.65</b>	<b>00:32:43.60</b>	+00:17:00 (52.7%)	6:27	9.3 (47.4%)
1276	<b>BINDEK Łukasz</b>	<b>6</b>		M 40-49	247	00:00:25	00:16:24	00:31:55	<b>00:32:18.35</b>	<b>00:32:44.30</b>	+00:17:00 (52.7%)	6:27	9.3 (47.4%)
1277	<b>JAKUBCZAK Agata</b>	<b>1592</b>		K 0-15	22	00:01:55	00:16:49	00:31:55	<b>00:32:18.70</b>	<b>00:34:13.85</b>	+00:17:01 (52.7%)	6:27	9.3 (47.4%)
1278	<b>LEWANDOWSKA Izabela</b>	<b>889</b>	-	K 30-39	131	00:01:59	00:16:20	00:31:52	<b>00:32:19.10</b>	<b>00:34:18.25</b>	+00:17:01 (52.7%)	6:27	9.3 (47.4%)
1279	<b>DOMAGALSKA Małgorzata</b>	<b>733</b>		K 30-39	132	00:01:38	00:17:07	00:31:52	<b>00:32:19.35</b>	<b>00:33:57.55</b>	+00:17:01 (52.7%)	6:27	9.3 (47.4%)
1280	<b>JAKUBCZAK Łukasz</b>	<b>84</b>		M 40-49	248	00:01:54	00:16:50	00:31:57	<b>00:32:20.90</b>	<b>00:34:15.85</b>	+00:17:03 (52.7%)	6:28	9.3 (47.4%)
1280	<b>BOBOWSKA Kinga</b>	<b>803</b>		K 40-49	104	00:01:36	00:16:41	00:31:53	<b>00:32:20.90</b>	<b>00:33:57.05</b>	+00:17:03 (52.7%)	6:28	9.3 (47.4%)
1282	<b>JURKIEWICZ Sylwia</b>	<b>68</b>		K 20-29	85	00:01:37	00:17:33	00:32:01	<b>00:32:21.15</b>	<b>00:33:58.80</b>	+00:17:03 (52.7%)	6:28	9.3 (47.4%)
1283	<b>ŻELAZNY Marcin</b>	<b>821</b>		M 50-59	110	00:02:48	00:17:07	00:31:57	<b>00:32:25.40</b>	<b>00:35:13.60</b>	+00:17:08 (52.8%)	6:29	9.3 (47.4%)
1284	<b>SIKORSKI Maciej</b>	<b>727</b>		M 30-39	262	00:01:34	00:17:05	00:31:57	<b>00:32:25.90</b>	<b>00:34:00.80</b>	+00:17:08 (52.9%)	6:29	9.3 (47.4%)
1285	<b>KRYSZTOFIŃSKA Aneta</b>	<b>908</b>	AQUAANETA	K 30-39	133	00:02:20		00:31:58	<b>00:32:25.95</b>	<b>00:34:46.60</b>	+00:17:08 (52.9%)	6:29	9.3 (47.4%)
1286	<b>OKPISZ Robert</b>	<b>647</b>		M 40-49	249	00:00:41	00:17:38	00:32:05	<b>00:32:27.95</b>	<b>00:33:09.10</b>	+00:17:10 (52.9%)	6:29	9.2 (46.9%)
1287	<b>BINDER Sebastian</b>	<b>1177</b>	TEAM ORANGE	M 30-39	263	00:01:24	00:16:08	00:31:59	<b>00:32:29.60</b>	<b>00:33:54.50</b>	+00:17:12 (52.9%)	6:29	9.2 (46.9%)
1288	<b>DWORAŻNY Sławomir</b>	<b>788</b>		M 50-59	111	00:00:00	00:15:23	00:32:00	<b>00:32:31.05</b>	<b>00:32:31.05</b>	+00:17:13 (53.0%)	6:30	9.2 (46.9%)
1289	<b>DUDZIŃSKA Magda</b>	<b>414</b>		K 30-39	134	00:01:42	00:16:36	00:32:07	<b>00:32:31.55</b>	<b>00:34:14.20</b>	+00:17:14 (53.0%)	6:30	9.2 (46.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1290	KULIGOWSKA Julia	1349		K 20-29	86	00:00:41	00:16:26	00:32:12	<b>00:32:33.45</b>	<b>00:33:14.90</b>	+00:17:16 (53.0%)	6:30	9.2 (46.9%)
1291	ŻAK Zuzanna	381		K 20-29	87	00:01:01	00:16:38	00:32:04	<b>00:32:36.30</b>	<b>00:33:38.20</b>	+00:17:18 (53.1%)	6:31	9.2 (46.9%)
1292	ŁUCZKOWSKA Sylwia	725		K 30-39	135	00:00:30	00:16:17	00:32:11	<b>00:32:37.80</b>	<b>00:33:08.60</b>	+00:17:20 (53.1%)	6:31	9.2 (46.9%)
1293	WITOŃSKA Angelika	89		K 40-49	105	00:01:20	00:16:41	00:32:19	<b>00:32:38.80</b>	<b>00:33:58.80</b>	+00:17:21 (53.2%)	6:31	9.2 (46.9%)
1294	SZATKOWSKA Monika	997	FIT FORMA	K 30-39	136	00:02:26	00:16:52	00:32:07	<b>00:32:39.25</b>	<b>00:35:05.80</b>	+00:17:21 (53.2%)	6:31	9.2 (46.9%)
1295	CHUDZIŃSKA Justyna	625		K 40-49	106	00:01:13	00:16:23	00:32:12	<b>00:32:39.85</b>	<b>00:33:53.25</b>	+00:17:22 (53.2%)	6:31	9.2 (46.9%)
1296	BANIA-JASKULSKA Karolina	1302		K 30-39	137	00:02:26	00:16:53	00:32:08	<b>00:32:40.10</b>	<b>00:35:06.50</b>	+00:17:22 (53.2%)	6:32	9.2 (46.9%)
1297	LEWANDOWSKA Dorota	1067	MC37	K 30-39	138	00:02:33	00:17:10	00:32:13	<b>00:32:40.95</b>	<b>00:35:14.15</b>	+00:17:23 (53.2%)	6:32	9.2 (46.9%)
1298	MACIEJEWSKA Kasia	669		K 30-39	139	00:01:07	00:16:31	00:32:18	<b>00:32:45.65</b>	<b>00:33:52.70</b>	+00:17:28 (53.3%)	6:33	9.2 (46.9%)
1299	SMUŁKA Patryk	30		M 30-39	264	00:01:24	00:17:04	00:32:22	<b>00:32:46.00</b>	<b>00:34:10.85</b>	+00:17:28 (53.3%)	6:33	9.2 (46.9%)
1300	RATAJCZYK Natalia	360		K 20-29	88	00:01:25	00:16:10	00:32:16	<b>00:32:46.75</b>	<b>00:34:12.40</b>	+00:17:29 (53.4%)	6:33	9.2 (46.9%)
1300	CZURYK Amelia	1657	CZECZURO TEAM	K 16-19	11	00:01:18	00:15:36	00:32:22	<b>00:32:46.75</b>	<b>00:34:05.30</b>	+00:17:29 (53.4%)	6:33	9.2 (46.9%)
1302	ŚLIWIŃSKI Wojciech	281		M 20-29	147	00:01:39	00:16:53	00:32:11	<b>00:32:47.70</b>	<b>00:34:27.60</b>	+00:17:30 (53.4%)	6:33	9.2 (46.9%)
1303	GOLENIA Alina	1531		K 30-39	140	00:00:32	00:17:41	00:32:27	<b>00:32:48.75</b>	<b>00:33:20.90</b>	+00:17:31 (53.4%)	6:33	9.1 (46.4%)
1304	STRAMOWSKI Marcin	603		M 50-59	112	00:02:16	00:17:20	00:32:17	<b>00:32:49.10</b>	<b>00:35:05.65</b>	+00:17:31 (53.4%)	6:33	9.1 (46.4%)
1305	QUAAS Łukasz	38		M 40-49	250	00:02:13	00:15:29	00:32:18	<b>00:32:49.40</b>	<b>00:35:03.10</b>	+00:17:32 (53.4%)	6:33	9.1 (46.4%)
1306	KOWALEWSKA Katarzyna	1050	LEŚNA WATAHA	K 30-39	141	00:02:20	00:17:19	00:32:26	<b>00:32:49.45</b>	<b>00:35:09.90</b>	+00:17:32 (53.4%)	6:33	9.1 (46.4%)
1307	KOWALEWSKI Mateusz	1051	LEŚNA WATAHA	M 30-39	265	00:02:20	00:17:16	00:32:25	<b>00:32:49.50</b>	<b>00:35:10.35</b>	+00:17:32 (53.4%)	6:33	9.1 (46.4%)
1308	DOBROWOLSKA Patrycja	1435		K 30-39	142	00:01:33	00:16:58	00:32:23	<b>00:32:50.20</b>	<b>00:34:23.20</b>	+00:17:32 (53.4%)	6:34	9.1 (46.4%)
1309	BRZUSZKIEWICZ Krzysztof	1552		M 0-15	48	00:02:38	00:17:39	00:32:27	<b>00:32:51.40</b>	<b>00:35:29.75</b>	+00:17:34 (53.5%)	6:34	9.1 (46.4%)
1310	ZBORALSKI Piotr	602		M 40-49	251	00:02:38	00:17:39	00:32:27	<b>00:32:51.50</b>	<b>00:35:30.05</b>	+00:17:34 (53.5%)	6:34	9.1 (46.4%)
1311	SKRZESZEWSKA Cecylia	1452		K 50-59	30	00:01:39	00:16:42	00:32:24	<b>00:32:53.15</b>	<b>00:34:32.25</b>	+00:17:35 (53.5%)	6:34	9.1 (46.4%)
1312	CHMURZYŃSKA Ewa	759		K 50-59	31	00:01:47	00:16:50	00:32:25	<b>00:32:55.75</b>	<b>00:34:42.95</b>	+00:17:38 (53.6%)	6:35	9.1 (46.4%)
1313	BUKOWSKI Wiktor	138		M 20-29	148	00:02:36	00:17:34	00:32:28	<b>00:32:57.75</b>	<b>00:35:34.20</b>	+00:17:40 (53.6%)	6:35	9.1 (46.4%)
1314	SOKÓŁ Rafał	56		M 40-49	252	00:02:39	00:17:31	00:32:28	<b>00:32:58.55</b>	<b>00:35:37.70</b>	+00:17:41 (53.6%)	6:35	9.1 (46.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1314	<b>PASKO-SOKOL</b> Patrycja	<b>57</b>		K 40-49	107	00:02:38	00:17:15	00:32:31	<b>00:32:58.55</b>	<b>00:35:37.45</b>	+00:17:41 (53.6%)	6:35	9.1 (46.4%)
1316	<b>BILSKI</b> Marcin	<b>1002</b>	GPKART.PL	M 40-49	253	00:02:17	00:17:32	00:32:33	<b>00:32:59.25</b>	<b>00:35:16.70</b>	+00:17:41 (53.6%)	6:35	9.1 (46.4%)
1317	<b>BILSKA</b> Katarzyna	<b>854</b>		K 40-49	108	00:02:16	00:17:33	00:32:33	<b>00:32:59.75</b>	<b>00:35:16.60</b>	+00:17:42 (53.7%)	6:35	9.1 (46.4%)
1318	<b>WOŹNIAK</b> Mateusz	<b>192</b>		M-Open	2	00:01:46	00:17:09	00:32:32	<b>00:32:59.90</b>	<b>00:34:46.80</b>	+00:17:42 (53.7%)	6:35	9.1 (46.4%)
1319	<b>RADZIMSKI</b> Kamil	<b>304</b>		M 30-39	266	00:02:29	00:17:40	00:32:45	<b>00:33:01.30</b>	<b>00:35:30.35</b>	+00:17:43 (53.7%)	6:36	9.1 (46.4%)
1320	<b>RYNKIEWICZ</b> Łukasz`	<b>334</b>		M 30-39	267	00:01:33	00:16:24	00:32:37	<b>00:33:05.35</b>	<b>00:34:38.60</b>	+00:17:47 (53.8%)	6:37	9.1 (46.4%)
1321	<b>RYNKIEWICZ</b> Iwona	<b>335</b>		K 30-39	143	00:01:33	00:16:24	00:32:37	<b>00:33:05.60</b>	<b>00:34:38.85</b>	+00:17:48 (53.8%)	6:37	9.1 (46.4%)
1322	<b>RAKOWSKA</b> Natalia	<b>631</b>		K 30-39	144	00:00:50	00:17:02	00:32:36	<b>00:33:05.75</b>	<b>00:33:56.10</b>	+00:17:48 (53.8%)	6:37	9.1 (46.4%)
1323	<b>WIŚNIEWSKA</b> Małgorzata	<b>97</b>		K 50-59	32	00:00:36	00:16:52	00:32:43	<b>00:33:05.80</b>	<b>00:33:42.00</b>	+00:17:48 (53.8%)	6:37	9.1 (46.4%)
1324	<b>LUZAK</b> Jadwiga	<b>608</b>		K 60-69	4	00:00:44	00:16:42	00:32:37	<b>00:33:07.25</b>	<b>00:33:51.40</b>	+00:17:49 (53.8%)	6:37	9.1 (46.4%)
1325	<b>RZEP CZYNSKI</b> Tomasz	<b>1006</b>	GRYF	M 40-49	254	00:02:05	00:16:44	00:32:42	<b>00:33:07.35</b>	<b>00:35:12.70</b>	+00:17:49 (53.8%)	6:37	9.1 (46.4%)
1326	<b>BUZALSKA</b> Agnieszka	<b>988</b>	DRUŻYNA WILKA	K 50-59	33	00:01:23	00:16:40	00:32:45	<b>00:33:11.55</b>	<b>00:34:35.00</b>	+00:17:54 (53.9%)	6:38	9 (45.9%)
1327	<b>MUSIAŁ</b> Łukasz	<b>401</b>		M 30-39	268	00:01:47	00:17:16	00:32:45	<b>00:33:16.55</b>	<b>00:35:04.30</b>	+00:17:59 (54.1%)	6:39	9 (45.9%)
1328	<b>GAŚSIOROWSKA</b> Marta	<b>402</b>		K 20-29	89	00:01:47	00:17:16	00:32:46	<b>00:33:17.65</b>	<b>00:35:04.70</b>	+00:18:00 (54.1%)	6:39	9 (45.9%)
1329	<b>GIERACH</b> Krzysztof	<b>197</b>		M 70+	6	00:00:26	00:17:07	00:32:52	<b>00:33:20.00</b>	<b>00:33:46.40</b>	+00:18:02 (54.1%)	6:40	9 (45.9%)
1330	<b>KŁOBUKOWSKA</b> Anna	<b>993</b>	FCNB	K 40-49	109	00:01:37	00:17:01	00:32:53	<b>00:33:20.15</b>	<b>00:34:57.45</b>	+00:18:02 (54.1%)	6:40	9 (45.9%)
1331	<b>MIKOŁAJCZAK</b> Adam	<b>1314</b>	NFZ BYDGOSZCZ	M 30-39	269	00:01:24	00:17:14	00:32:59	<b>00:33:23.55</b>	<b>00:34:47.75</b>	+00:18:06 (54.2%)	6:40	9 (45.9%)
1332	<b>KONWENT</b> Marta	<b>1315</b>		K 30-39	145	00:01:24	00:17:14	00:32:59	<b>00:33:24.00</b>	<b>00:34:48.20</b>	+00:18:06 (54.2%)	6:40	9 (45.9%)
1333	<b>CZYŻNIKIEWICZ</b> Paweł	<b>1326</b>	KIEDYŚ ZNOWU BĘDĘ CHUDY	M 30-39	270	00:00:53	00:19:51	00:33:09	<b>00:33:26.15</b>	<b>00:34:19.40</b>	+00:18:08 (54.3%)	6:41	9 (45.9%)
1334	<b>DOMAŃSKI</b> Szymon	<b>635</b>		M 30-39	271	00:02:35	00:17:28	00:33:00	<b>00:33:26.25</b>	<b>00:36:02.15</b>	+00:18:08 (54.3%)	6:41	9 (45.9%)
1335	<b>DOMAŃSKI</b> Tomasz	<b>633</b>		M 20-29	149	00:02:35	00:17:28	00:32:59	<b>00:33:26.75</b>	<b>00:36:02.60</b>	+00:18:09 (54.3%)	6:41	9 (45.9%)
1335	<b>DOMAŃSKA</b> Daria	<b>636</b>		K 30-39	146	00:02:35	00:17:29	00:33:00	<b>00:33:26.75</b>	<b>00:36:02.15</b>	+00:18:09 (54.3%)	6:41	9 (45.9%)
1337	<b>OLEJNICZAK</b> Magdalena	<b>167</b>		K 40-49	110	00:02:35	00:17:28	00:32:59	<b>00:33:27.20</b>	<b>00:36:02.75</b>	+00:18:09 (54.3%)	6:41	9 (45.9%)
1338	<b>KOWAL</b> Sebastian	<b>1009</b>	HARPAGAN	M 40-49	255	00:02:16	00:17:06	00:33:01	<b>00:33:27.55</b>	<b>00:35:43.85</b>	+00:18:10 (54.3%)	6:41	9 (45.9%)
1339	<b>PIASECKA</b> Oliwia	<b>120</b>		K 20-29	90	00:02:36	00:17:37	00:32:54	<b>00:33:28.75</b>	<b>00:36:05.70</b>	+00:18:11 (54.3%)	6:41	9 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1340	<b>JANKOWSKA Adrianna</b>	<b>405</b>		K 20-29	91	00:02:36	00:17:37	00:32:54	<b>00:33:29.00</b>	<b>00:36:05.65</b>	+00:18:11 (54.3%)	6:41	9 (45.9%)
1341	<b>PIĘKNA Monika</b>	<b>1145</b>	RUSZ CZTERY LITERY	K 40-49	111	00:01:57	00:17:10	00:33:04	<b>00:33:29.70</b>	<b>00:35:27.10</b>	+00:18:12 (54.4%)	6:41	9 (45.9%)
1342	<b>GOŹDZIK Karolina</b>	<b>511</b>		K 30-39	147	00:02:48	00:17:45	00:33:03	<b>00:33:30.60</b>	<b>00:36:18.65</b>	+00:18:13 (54.4%)	6:42	9 (45.9%)
1343	<b>GOŹDZIK Tomasz</b>	<b>510</b>		M 30-39	272	00:02:48	00:17:45	00:33:03	<b>00:33:31.20</b>	<b>00:36:19.20</b>	+00:18:13 (54.4%)	6:42	9 (45.9%)
1344	<b>RETKOWSKI Damian</b>	<b>719</b>		M 30-39	273	00:01:36	00:16:27	00:33:01	<b>00:33:32.15</b>	<b>00:35:08.70</b>	+00:18:14 (54.4%)	6:42	8.9 (45.4%)
1345	<b>STACHOWSKA-DALKE Teresa</b>	<b>1428</b>		K 60-69	5	00:00:43	00:17:02	00:33:02	<b>00:33:32.40</b>	<b>00:34:16.05</b>	+00:18:15 (54.4%)	6:42	8.9 (45.4%)
1346	<b>MELLER Andrzej</b>	<b>1429</b>		M 50-59	113	00:00:43	00:17:02	00:33:02	<b>00:33:32.90</b>	<b>00:34:16.30</b>	+00:18:15 (54.4%)	6:42	8.9 (45.4%)
1347	<b>RYDZKOWSKI Michał</b>	<b>1597</b>		M 0-15	49	00:01:00	00:16:48	00:33:07	<b>00:33:33.65</b>	<b>00:34:34.10</b>	+00:18:16 (54.4%)	6:42	8.9 (45.4%)
1348	<b>KURZAJ Beata</b>	<b>32</b>		K 60-69	6	00:01:21	00:17:03	00:33:06	<b>00:33:34.00</b>	<b>00:34:55.60</b>	+00:18:16 (54.4%)	6:42	8.9 (45.4%)
1349	<b>RETKOWSKI Marta</b>	<b>720</b>		K 30-39	148	00:01:35	00:16:30	00:33:02	<b>00:33:34.05</b>	<b>00:35:09.15</b>	+00:18:16 (54.4%)	6:42	8.9 (45.4%)
1350	<b>MARCZYŃSKA Iwona</b>	<b>1383</b>		K 50-59	34	00:01:59	00:17:29	00:33:10	<b>00:33:36.35</b>	<b>00:35:35.40</b>	+00:18:18 (54.5%)	6:43	8.9 (45.4%)
1351	<b>PIECHOCIŃSKI Jarosław</b>	<b>1121</b>	RINO	M 60-69	30	00:01:59	00:17:29	00:33:10	<b>00:33:36.75</b>	<b>00:35:36.00</b>	+00:18:19 (54.5%)	6:43	8.9 (45.4%)
1352	<b>GRĄDZIEL Daria</b>	<b>1489</b>	TERENOWA MASAKRA BYDGOSZCZ	K 30-39	149	00:02:40	00:17:31	00:33:07	<b>00:33:37.30</b>	<b>00:36:17.40</b>	+00:18:19 (54.5%)	6:43	8.9 (45.4%)
1353	<b>SZULAKOWSKA Patrycja</b>	<b>1200</b>	TERENOWA MASAKRA BYDGOSZCZ	K 40-49	112	00:02:39	00:17:13	00:33:07	<b>00:33:37.75</b>	<b>00:36:17.60</b>	+00:18:20 (54.5%)	6:43	8.9 (45.4%)
1354	<b>NOWACKA Jolanta</b>	<b>502</b>		K 50-59	35	00:00:54	00:17:03	00:33:09	<b>00:33:38.50</b>	<b>00:34:33.35</b>	+00:18:21 (54.6%)	6:43	8.9 (45.4%)
1355	<b>SZULAKOWSKI Rafał</b>	<b>1199</b>	TERENOWA MASAKRA BYDGOSZCZ	M 40-49	256	00:02:39	00:17:31	00:33:07	<b>00:33:38.70</b>	<b>00:36:18.35</b>	+00:18:21 (54.6%)	6:43	8.9 (45.4%)
1356	<b>IGNASIAK Julia</b>	<b>1674</b>		K 16-19	12	00:01:27	00:17:08	00:33:22	<b>00:33:40.90</b>	<b>00:35:08.55</b>	+00:18:23 (54.6%)	6:44	8.9 (45.4%)
1357	<b>BYCZKOWSKI Szymon</b>	<b>781</b>		M 40-49	257	00:02:08	00:17:27	00:33:16	<b>00:33:43.40</b>	<b>00:35:51.75</b>	+00:18:26 (54.7%)	6:44	8.9 (45.4%)
1358	<b>FELKNER Sylwia</b>	<b>1468</b>		K 40-49	113	00:02:42	00:17:25	00:33:11	<b>00:33:43.75</b>	<b>00:36:26.40</b>	+00:18:26 (54.7%)	6:44	8.9 (45.4%)
1359	<b>ROSTKOWSKA Pola</b>	<b>1631</b>	BTW	K 0-15	23	00:02:07	00:16:00	00:33:17	<b>00:33:45.05</b>	<b>00:35:52.40</b>	+00:18:27 (54.7%)	6:45	8.9 (45.4%)
1360	<b>GUTKOWSKI Marek</b>	<b>344</b>		M 40-49	258	00:02:08	00:17:05	00:33:21	<b>00:33:46.05</b>	<b>00:35:54.60</b>	+00:18:28 (54.7%)	6:45	8.9 (45.4%)
1361	<b>HERBA Anastazja</b>	<b>1570</b>	SP60	K 0-15	24	00:02:13	00:16:57	00:33:25	<b>00:33:51.20</b>	<b>00:36:04.65</b>	+00:18:33 (54.8%)	6:46	8.9 (45.4%)
1362	<b>PŁOMIŃSKI Nikodem</b>	<b>1571</b>	GWIAZDA BYDGOSZCZ	M 0-15	50	00:02:05	00:15:36	00:33:18	<b>00:33:51.40</b>	<b>00:35:56.45</b>	+00:18:34 (54.8%)	6:46	8.9 (45.4%)
1363	<b>KRUSZYŃSKA Monika</b>	<b>406</b>		K 20-29	92	00:00:35	00:17:07	00:33:24	<b>00:33:52.05</b>	<b>00:34:27.60</b>	+00:18:34 (54.9%)	6:46	8.9 (45.4%)
1364	<b>MURAWSKI Łukasz</b>	<b>1545</b>		M 30-39	274	00:00:17	00:16:53	00:33:31	<b>00:33:52.50</b>	<b>00:34:10.25</b>	+00:18:35 (54.9%)	6:46	8.9 (45.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1365	WAŚIK Kamila	651		K 30-39	150	00:02:27	00:18:11	00:33:32	<b>00:33:54.50</b>	<b>00:36:22.45</b>	+00:18:37 (54.9%)	6:46	8.8 (44.9%)
1366	MARACH Weronika	650		K 20-29	93	00:02:27	00:18:12	00:33:33	<b>00:33:54.80</b>	<b>00:36:22.50</b>	+00:18:37 (54.9%)	6:46	8.8 (44.9%)
1367	GRUSZKA Marek	1090	NIEZRZESZONY	M 60-69	31	00:00:42	00:17:27	00:33:32	<b>00:33:58.10</b>	<b>00:34:40.85</b>	+00:18:40 (55.0%)	6:47	8.8 (44.9%)
1368	KWIATKOWSKA Agnieszka	666		K 30-39	151	00:00:21	00:17:50	00:33:33	<b>00:33:59.50</b>	<b>00:34:21.25</b>	+00:18:42 (55.0%)	6:47	8.8 (44.9%)
1369	ERDMANN Agnieszka	155		K 40-49	114	00:01:48	00:17:16	00:33:31	<b>00:34:02.30</b>	<b>00:35:51.25</b>	+00:18:44 (55.1%)	6:48	8.8 (44.9%)
1370	LIŚKIEWICZ Alicja	1297		K 20-29	94	00:01:10	00:16:50	00:33:36	<b>00:34:03.70</b>	<b>00:35:14.65</b>	+00:18:46 (55.1%)	6:48	8.8 (44.9%)
1371	KWASIGROCH Aleksandra	808		K 50-59	36	00:00:49	00:17:00	00:33:33	<b>00:34:06.80</b>	<b>00:34:56.35</b>	+00:18:49 (55.2%)	6:49	8.8 (44.9%)
1372	CIESIELSKA Beata	35		K 50-59	37	00:02:06	00:17:51	00:33:35	<b>00:34:07.45</b>	<b>00:36:14.00</b>	+00:18:50 (55.2%)	6:49	8.8 (44.9%)
1373	ROGALSKI Eugeniusz	1475		M 50-59	114	00:01:51	00:18:11	00:33:43	<b>00:34:11.85</b>	<b>00:36:03.30</b>	+00:18:54 (55.3%)	6:50	8.8 (44.9%)
1374	BETHKA Agata	22		K 30-39	152	00:01:19	00:17:34	00:33:46	<b>00:34:15.50</b>	<b>00:35:34.55</b>	+00:18:58 (55.4%)	6:51	8.8 (44.9%)
1375	BRZEZIŃSKI Michał	298		M 30-39	275	00:02:28	00:17:33	00:34:06	<b>00:34:27.85</b>	<b>00:36:56.30</b>	+00:19:10 (55.6%)	6:53	8.7 (44.4%)
1376	SCHMELTER Wiktoria	694		K 16-19	13	00:00:06	00:16:38	00:34:06	<b>00:34:29.70</b>	<b>00:34:36.50</b>	+00:19:12 (55.7%)	6:53	8.7 (44.4%)
1377	RYŃSKA Anna	275		K 50-59	38	00:02:20	00:17:42	00:34:01	<b>00:34:29.85</b>	<b>00:36:50.00</b>	+00:19:12 (55.7%)	6:53	8.7 (44.4%)
1378	BAUŻA Kornelia	1476	WATAHA L-PAAK	K 20-29	95	00:02:08	00:17:54	00:34:03	<b>00:34:31.45</b>	<b>00:36:40.10</b>	+00:19:14 (55.7%)	6:54	8.7 (44.4%)
1379	PŁOMIŃSKA Monika	376		K 30-39	153	00:02:05	00:17:17	00:34:03	<b>00:34:34.70</b>	<b>00:36:40.50</b>	+00:19:17 (55.8%)	6:54	8.7 (44.4%)
1380	SZYMCZAK Natalia	717		K 20-29	96	00:00:44	00:17:15	00:34:13	<b>00:34:34.80</b>	<b>00:35:19.50</b>	+00:19:17 (55.8%)	6:54	8.7 (44.4%)
1381	KAMIŃSKA Monika	1088	NFZ BYDGOSZCZ	K 40-49	115	00:01:06	00:17:21	00:34:18	<b>00:34:43.95</b>	<b>00:35:50.40</b>	+00:19:26 (56.0%)	6:56	8.6 (43.9%)
1382	PRZYBYSZEWSKI Marcin	443		M 50-59	115	00:00:14	00:17:19	00:34:14	<b>00:34:46.25</b>	<b>00:35:01.20</b>	+00:19:28 (56.0%)	6:57	8.6 (43.9%)
1383	PERS Emilis	1569	KOPERNIK	K 0-15	25	00:01:31	00:17:00	00:34:28	<b>00:34:51.55</b>	<b>00:36:23.35</b>	+00:19:34 (56.1%)	6:58	8.6 (43.9%)
1384	URBAŃSKI Przemysław	448		M 20-29	150	00:02:38	00:18:27	00:34:34	<b>00:34:59.20</b>	<b>00:37:37.65</b>	+00:19:41 (56.3%)	6:59	8.6 (43.9%)
1385	BIERYT Arkadiusz	1030	KLUB POLI-FAX UL. BOCZNA 10	M 50-59	116	00:01:09	00:18:08	00:34:30	<b>00:35:00.50</b>	<b>00:36:10.10</b>	+00:19:43 (56.3%)	7:00	8.6 (43.9%)
1386	PIERZCHALSKA Kasia	340		K 40-49	116	00:01:26	00:17:40	00:34:33	<b>00:35:04.95</b>	<b>00:36:31.65</b>	+00:19:47 (56.4%)	7:00	8.6 (43.9%)
1387	WÓJCIK Damian	549		M 30-39	276	00:02:34	00:18:51	00:34:41	<b>00:35:08.50</b>	<b>00:37:43.10</b>	+00:19:51 (56.5%)	7:01	8.5 (43.4%)
1388	SPRENGEL Agnieszka	461		K 40-49	117	00:01:29	00:17:39	00:34:39	<b>00:35:10.05</b>	<b>00:36:39.85</b>	+00:19:52 (56.5%)	7:02	8.5 (43.4%)
1389	GRZYBOWSKI Marek Grzegorz	1028	KLESZCZE Z ZAWISZY	M 40-49	259	00:02:28	00:16:55	00:34:45	<b>00:35:10.50</b>	<b>00:37:39.30</b>	+00:19:53 (56.5%)	7:02	8.5 (43.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1390	<b>SOBKO Artur</b>	<b>383</b>		M 30-39	277	00:01:41	00:17:48	00:34:42	<b>00:35:10.70</b>	<b>00:36:52.45</b>	+00:19:53 (56.5%)	7:02	8.5 (43.4%)
1390	<b>RESZELA Marta</b>	<b>505</b>		K 30-39	154	00:01:31	00:18:29	00:34:45	<b>00:35:10.70</b>	<b>00:36:42.60</b>	+00:19:53 (56.5%)	7:02	8.5 (43.4%)
1392	<b>WILANDT-SOBKO Marta</b>	<b>382</b>		K 30-39	155	00:01:41	00:17:48	00:34:42	<b>00:35:11.75</b>	<b>00:36:53.40</b>	+00:19:54 (56.6%)	7:02	8.5 (43.4%)
1393	<b>MILARSKA Patrycja</b>	<b>1454</b>		K 30-39	156	00:01:50	00:18:02	00:34:51	<b>00:35:18.75</b>	<b>00:37:09.70</b>	+00:20:01 (56.7%)	7:03	8.5 (43.4%)
1394	<b>TUBAJA-SOBKÓW Anita</b>	<b>1381</b>	KABEL TEAM BYDGOSZCZ	K 40-49	118	00:00:30	00:17:46	00:34:53	<b>00:35:19.60</b>	<b>00:35:50.35</b>	+00:20:02 (56.7%)	7:03	8.5 (43.4%)
1395	<b>PERZ Daniel</b>	<b>1334</b>		M 30-39	278	00:02:45	00:17:41	00:34:51	<b>00:35:19.70</b>	<b>00:38:04.90</b>	+00:20:02 (56.7%)	7:03	8.5 (43.4%)
1396	<b>SZYSZKA Natalia</b>	<b>785</b>		K 30-39	157	00:01:50	00:18:02	00:34:51	<b>00:35:19.75</b>	<b>00:37:10.10</b>	+00:20:02 (56.7%)	7:03	8.5 (43.4%)
1397	<b>SUCHOCKI Kamil</b>	<b>777</b>		M 30-39	279	00:02:45	00:17:41	00:34:52	<b>00:35:23.35</b>	<b>00:38:09.10</b>	+00:20:05 (56.8%)	7:04	8.5 (43.4%)
1398	<b>JASKULSKA Agnieszka</b>	<b>569</b>		K 30-39	158	00:01:47	00:18:22	00:34:54	<b>00:35:23.60</b>	<b>00:37:10.60</b>	+00:20:06 (56.8%)	7:04	8.5 (43.4%)
1399	<b>FRITZKOWSKA Julia</b>	<b>1555</b>		K 0-15	26	00:01:17	00:17:58	00:34:54	<b>00:35:24.25</b>	<b>00:36:42.15</b>	+00:20:06 (56.8%)	7:04	8.5 (43.4%)
1400	<b>FRITZKOWSKI Łukasz</b>	<b>624</b>		M 40-49	260	00:01:18	00:18:04	00:34:55	<b>00:35:24.40</b>	<b>00:36:42.90</b>	+00:20:07 (56.8%)	7:04	8.5 (43.4%)
1401	<b>LUTOWSKI Wojciech</b>	<b>861</b>		M 30-39	280	00:01:13	00:18:41	00:35:06	<b>00:35:25.85</b>	<b>00:36:39.00</b>	+00:20:08 (56.8%)	7:05	8.5 (43.4%)
1402	<b>LUTOWSKI Filip</b>	<b>1565</b>		M 0-15	51	00:01:12	00:18:42	00:35:07	<b>00:35:26.10</b>	<b>00:36:39.00</b>	+00:20:08 (56.9%)	7:05	8.5 (43.4%)
1403	<b>RESZELA Aleksandra</b>	<b>558</b>		K 30-39	159	00:01:31	00:18:46	00:35:05	<b>00:35:29.50</b>	<b>00:37:00.60</b>	+00:20:12 (56.9%)	7:05	8.5 (43.4%)
1404	<b>MUSIAŁ Artur</b>	<b>904</b>	ALKOKADRA 69	M 50-59	117	00:01:31	00:18:45	00:35:04	<b>00:35:29.70</b>	<b>00:37:01.00</b>	+00:20:12 (56.9%)	7:05	8.5 (43.4%)
1405	<b>KOWALSKA Katarzyna</b>	<b>218</b>		K 20-29	97	00:02:08	00:17:33	00:35:08	<b>00:35:36.20</b>	<b>00:37:44.85</b>	+00:20:18 (57.1%)	7:07	8.4 (42.9%)
1406	<b>KARAMUCKA Marta</b>	<b>219</b>		K 30-39	160	00:02:07	00:17:35	00:35:09	<b>00:35:36.80</b>	<b>00:37:44.50</b>	+00:20:19 (57.1%)	7:07	8.4 (42.9%)
1407	<b>UMIŃSKA Marzena</b>	<b>85</b>		K 40-49	119	00:01:06	00:18:20	00:35:14	<b>00:35:36.90</b>	<b>00:36:43.40</b>	+00:20:19 (57.1%)	7:07	8.4 (42.9%)
1408	<b>WOJCIECHOWSKA Aleksandra</b>	<b>395</b>		K 30-39	161	00:01:06	00:18:21	00:35:15	<b>00:35:37.20</b>	<b>00:36:43.35</b>	+00:20:19 (57.1%)	7:07	8.4 (42.9%)
1409	<b>KWAŚNIEWSKA Justyna</b>	<b>337</b>		K 20-29	98	00:01:24	00:17:57	00:35:13	<b>00:35:43.35</b>	<b>00:37:07.40</b>	+00:20:25 (57.2%)	7:08	8.4 (42.9%)
1410	<b>ANTCZAK Krzysztof</b>	<b>1093</b>	OLIMPIJSKIE ANTKI	M 40-49	261	00:01:17	00:18:04	00:35:20	<b>00:35:45.05</b>	<b>00:37:02.85</b>	+00:20:27 (57.2%)	7:09	8.4 (42.9%)
1411	<b>SKALSKI Krzysztof</b>	<b>1063</b>	MARGAJE	M 40-49	262	00:01:17	00:18:02	00:35:18	<b>00:35:45.55</b>	<b>00:37:03.10</b>	+00:20:28 (57.2%)	7:09	8.4 (42.9%)
1411	<b>ANTCZAK Olimpia</b>	<b>1556</b>	OLIMPIJSKIE ANTKI	K 0-15	27	00:01:17	00:18:03	00:35:20	<b>00:35:45.55</b>	<b>00:37:03.10</b>	+00:20:28 (57.2%)	7:09	8.4 (42.9%)
1413	<b>SKALSKA Hanna</b>	<b>1559</b>	MARGAJE	K 0-15	28	00:01:17	00:17:57	00:35:19	<b>00:35:47.10</b>	<b>00:37:04.25</b>	+00:20:29 (57.3%)	7:09	8.4 (42.9%)
1414	<b>STRZYŻEWSKA Beata</b>	<b>165</b>		K 40-49	120	00:02:03	00:18:09	00:35:16	<b>00:35:47.50</b>	<b>00:37:50.75</b>	+00:20:30 (57.3%)	7:09	8.4 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1415	WÓJCIK Mikołaj	1574		M 0-15	52	00:01:43	00:18:26	00:35:27	<b>00:35:49.55</b>	<b>00:37:33.00</b>	+00:20:32 (57.3%)	7:09	8.4 (42.9%)
1416	DAMBECKI Mateusz	653		M 20-29	151	00:00:55	00:17:10	00:35:31	<b>00:35:52.10</b>	<b>00:36:47.85</b>	+00:20:34 (57.4%)	7:10	8.4 (42.9%)
1417	ORZECZOWSKI Patryk	1277	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	M 30-39	281	00:00:48	00:17:31	00:35:22	<b>00:35:52.50</b>	<b>00:36:40.60</b>	+00:20:35 (57.4%)	7:10	8.4 (42.9%)
1418	DEPTUŁA Stanisław	541		M 16-19	49	00:02:21	00:18:00	00:35:23	<b>00:35:55.20</b>	<b>00:38:17.10</b>	+00:20:37 (57.4%)	7:11	8.4 (42.9%)
1419	DEPTUŁA Bartosz	547		M 40-49	263	00:02:22	00:18:00	00:35:24	<b>00:35:55.65</b>	<b>00:38:18.50</b>	+00:20:38 (57.4%)	7:11	8.4 (42.9%)
1420	DEPTUŁA Wojciech	540		M 70+	7	00:02:22	00:18:02	00:35:23	<b>00:35:55.75</b>	<b>00:38:18.10</b>	+00:20:38 (57.4%)	7:11	8.4 (42.9%)
1421	PIĄTEK Izabela	772		K 40-49	121	00:00:46	00:17:39	00:35:25	<b>00:35:56.25</b>	<b>00:36:42.30</b>	+00:20:38 (57.5%)	7:11	8.3 (42.3%)
1422	GORDON Maciej	1479		M 30-39	282	00:01:21	00:18:07	00:35:30	<b>00:35:58.85</b>	<b>00:37:20.20</b>	+00:20:41 (57.5%)	7:11	8.3 (42.3%)
1423	JAWORSKI Kamil	789		M 30-39	283	00:02:44	00:18:45	00:35:32	<b>00:36:00.10</b>	<b>00:38:44.40</b>	+00:20:42 (57.5%)	7:12	8.3 (42.3%)
1424	MĄDRY Magdalena	428		K 30-39	162	00:01:10	00:18:08	00:35:31	<b>00:36:00.70</b>	<b>00:37:10.75</b>	+00:20:43 (57.5%)	7:12	8.3 (42.3%)
1425	GRACZYKOWSKI Andrzej	819		M 50-59	118	00:02:37	00:18:47	00:35:29	<b>00:36:00.75</b>	<b>00:38:38.60</b>	+00:20:43 (57.5%)	7:12	8.3 (42.3%)
1426	SALACH Małgorzata	711		K 30-39	163	00:02:30	00:18:54	00:35:34	<b>00:36:01.25</b>	<b>00:38:31.85</b>	+00:20:43 (57.6%)	7:12	8.3 (42.3%)
1427	SZYMCZAK Magdalena	678		K 20-29	99	00:01:50	00:19:16	00:35:43	<b>00:36:07.20</b>	<b>00:37:57.40</b>	+00:20:49 (57.7%)	7:13	8.3 (42.3%)
1428	JANKOWSKI Dawid	816		M 20-29	152	00:02:34	00:18:39	00:35:49	<b>00:36:07.70</b>	<b>00:38:41.95</b>	+00:20:50 (57.7%)	7:13	8.3 (42.3%)
1429	KOSECKA Wiktoria	817		K 20-29	100	00:02:34	00:18:39	00:35:49	<b>00:36:08.60</b>	<b>00:38:42.85</b>	+00:20:51 (57.7%)	7:13	8.3 (42.3%)
1429	JEDRZEJCZYK Jacek	792		M 50-59	119	00:02:43	00:18:24	00:35:37	<b>00:36:08.60</b>	<b>00:38:52.30</b>	+00:20:51 (57.7%)	7:13	8.3 (42.3%)
1431	SURMACZ Marcin	125		M 40-49	264	00:02:48	00:18:57	00:35:49	<b>00:36:11.40</b>	<b>00:39:00.00</b>	+00:20:54 (57.8%)	7:14	8.3 (42.3%)
1432	KOLCZYŃSKI Dawid	536		M 30-39	284	00:02:49	00:18:34	00:35:44	<b>00:36:11.80</b>	<b>00:39:00.85</b>	+00:20:54 (57.8%)	7:14	8.3 (42.3%)
1433	SURMACZ Natalia	1654		K 16-19	14	00:02:46	00:18:59	00:35:51	<b>00:36:13.20</b>	<b>00:39:00.10</b>	+00:20:55 (57.8%)	7:14	8.3 (42.3%)
1434	DEMBEK Natalia	1466		K 30-39	164	00:02:23	00:17:57	00:35:43	<b>00:36:14.50</b>	<b>00:38:38.35</b>	+00:20:57 (57.8%)	7:14	8.3 (42.3%)
1435	KOCZWARA-SAJDAK Katarzyna	99		K 30-39	165	00:01:01	00:17:59	00:35:46	<b>00:36:15.15</b>	<b>00:37:16.70</b>	+00:20:57 (57.8%)	7:15	8.3 (42.3%)
1436	KANDYBA Paulina	699		K 30-39	166	00:01:34	00:18:24	00:35:50	<b>00:36:15.40</b>	<b>00:37:49.60</b>	+00:20:58 (57.8%)	7:15	8.3 (42.3%)
1437	RADASZEWSKA Angelika	203		K 30-39	167	00:01:34	00:18:25	00:35:50	<b>00:36:18.20</b>	<b>00:37:52.60</b>	+00:21:00 (57.9%)	7:15	8.3 (42.3%)
1438	SOŁTYSIAK Mariusz	300		M 40-49	265	00:02:00	00:18:05	00:35:48	<b>00:36:21.80</b>	<b>00:38:22.45</b>	+00:21:04 (58.0%)	7:16	8.3 (42.3%)
1439	CZURYK Bartosz	978	CZECZURO TEAM	M 40-49	266	00:01:20	00:18:30	00:35:53	<b>00:36:21.90</b>	<b>00:37:42.05</b>	+00:21:04 (58.0%)	7:16	8.3 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1440	<b>SOŁTYSIAK Edyta</b>	<b>301</b>		K 30-39	168	00:02:00	00:18:06	00:35:48	<b>00:36:22.05</b>	<b>00:38:22.90</b>	+00:21:04 (58.0%)	7:16	8.2 (41.8%)
1441	<b>BYCZKOWSKI Zenon</b>	<b>1012</b>	INDYWIDUALNIE	M 50-59	120	00:02:13	00:17:03	00:35:53	<b>00:36:22.20</b>	<b>00:38:35.20</b>	+00:21:04 (58.0%)	7:16	8.2 (41.8%)
1441	<b>GÓRZYŃSKI Arkadiusz</b>	<b>266</b>		M 40-49	267	00:02:42	00:19:02	00:35:56	<b>00:36:22.20</b>	<b>00:39:04.65</b>	+00:21:04 (58.0%)	7:16	8.2 (41.8%)
1443	<b>ANTCZAK Natalia</b>	<b>1086</b>	NFZ BYDGOSZCZ	K 30-39	169	00:01:37	00:19:04	00:36:03	<b>00:36:22.30</b>	<b>00:38:00.20</b>	+00:21:04 (58.0%)	7:16	8.2 (41.8%)
1444	<b>ŚWIĘCICKI Andrzej</b>	<b>950</b>	BYDGOSKIE ŻÓŁWIE	M 50-59	121	00:02:13	00:17:04	00:35:52	<b>00:36:22.40</b>	<b>00:38:36.10</b>	+00:21:05 (58.0%)	7:16	8.2 (41.8%)
1445	<b>CZURYK Karolina</b>	<b>979</b>	CZECZURO TEAM	K 40-49	122	00:01:18	00:18:30	00:35:54	<b>00:36:22.65</b>	<b>00:37:41.35</b>	+00:21:05 (58.0%)	7:16	8.2 (41.8%)
1446	<b>GOŁĘBIEWSKI Paweł</b>	<b>1085</b>	NFZ BYDGOSZCZ	M 40-49	268	00:01:37	00:19:04	00:36:03	<b>00:36:22.75</b>	<b>00:38:00.50</b>	+00:21:05 (58.0%)	7:16	8.2 (41.8%)
1447	<b>RATAJCZAK Emil</b>	<b>1568</b>		M 0-15	53	00:02:42	00:19:04	00:35:56	<b>00:36:23.25</b>	<b>00:39:05.30</b>	+00:21:05 (58.0%)	7:16	8.2 (41.8%)
1448	<b>JAMRÓZ Karolina</b>	<b>805</b>		K 20-29	101	00:01:46	00:18:06	00:35:47	<b>00:36:26.55</b>	<b>00:38:12.65</b>	+00:21:09 (58.0%)	7:17	8.2 (41.8%)
1449	<b>FINGAS Adam</b>	<b>840</b>		M 30-39	285	00:01:45	00:18:06	00:35:47	<b>00:36:27.75</b>	<b>00:38:13.15</b>	+00:21:10 (58.1%)	7:17	8.2 (41.8%)
1450	<b>ŻARNOWSKA Joanna</b>	<b>1258</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 30-39	170	00:00:35	00:18:12	00:35:57	<b>00:36:29.40</b>	<b>00:37:05.25</b>	+00:21:12 (58.1%)	7:17	8.2 (41.8%)
1451	<b>ALEXANDER Magdalena</b>	<b>94</b>		K 30-39	171	00:01:31	00:17:57	00:35:59	<b>00:36:30.60</b>	<b>00:38:02.20</b>	+00:21:13 (58.1%)	7:18	8.2 (41.8%)
1452	<b>ZINCHENKO Serhii</b>	<b>514</b>		M 20-29	153	00:02:05	00:18:37	00:36:17	<b>00:36:43.70</b>	<b>00:38:49.05</b>	+00:21:26 (58.4%)	7:20	8.2 (41.8%)
1453	<b>KWASEK Magdalena</b>	<b>1273</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 30-39	172	00:00:37	00:18:12	00:36:26	<b>00:36:59.05</b>	<b>00:37:36.70</b>	+00:21:41 (58.7%)	7:23	8.1 (41.3%)
1454	<b>RUDOWICZ Wiktoria</b>	<b>599</b>		K 16-19	15	00:01:29	00:18:25	00:36:40	<b>00:37:07.15</b>	<b>00:38:36.35</b>	+00:21:49 (58.8%)	7:25	8.1 (41.3%)
1455	<b>MIELCAREK Ania</b>	<b>77</b>		K 40-49	123	00:01:53	00:18:26	00:36:37	<b>00:37:08.70</b>	<b>00:39:02.55</b>	+00:21:51 (58.8%)	7:25	8.1 (41.3%)
1456	<b>KOTLENGA Joanna</b>	<b>605</b>		K 30-39	173	00:02:46	00:18:55	00:36:42	<b>00:37:09.60</b>	<b>00:39:55.95</b>	+00:21:52 (58.9%)	7:25	8.1 (41.3%)
1457	<b>GRZECHULSKA Agata</b>	<b>1561</b>		K 0-15	29	00:02:23	00:19:04	00:36:45	<b>00:37:10.45</b>	<b>00:39:33.60</b>	+00:21:53 (58.9%)	7:26	8.1 (41.3%)
1458	<b>GRZECHULSKI Dariusz</b>	<b>222</b>		M 40-49	269	00:02:22	00:19:05	00:36:45	<b>00:37:10.90</b>	<b>00:39:33.85</b>	+00:21:53 (58.9%)	7:26	8.1 (41.3%)
1459	<b>CIESIELSKA Daria</b>	<b>673</b>		K 30-39	174	00:02:32	00:18:49	00:36:37	<b>00:37:11.10</b>	<b>00:39:43.80</b>	+00:21:53 (58.9%)	7:26	8.1 (41.3%)
1460	<b>OLLER Patrycja</b>	<b>1089</b>	NIESTOWARZYSZONA	K 20-29	102	00:02:27	00:18:51	00:36:44	<b>00:37:13.35</b>	<b>00:39:40.85</b>	+00:21:55 (58.9%)	7:26	8.1 (41.3%)
1461	<b>STELMACH Kornelia</b>	<b>87</b>		K 20-29	103	00:02:27	00:18:52	00:36:45	<b>00:37:14.20</b>	<b>00:39:41.30</b>	+00:21:56 (58.9%)	7:26	8.1 (41.3%)
1462	<b>KWIATKOWSKA Jagoda</b>	<b>877</b>		K 20-29	104	00:01:39	00:18:02	00:36:52	<b>00:37:17.20</b>	<b>00:38:57.10</b>	+00:21:59 (59.0%)	7:27	8 (40.8%)
1463	<b>PALACZ Dawid</b>	<b>1594</b>	SP60	M 0-15	54	00:01:57	00:18:30	00:36:56	<b>00:37:18.45</b>	<b>00:39:15.80</b>	+00:22:01 (59.0%)	7:27	8 (40.8%)
1464	<b>PALACZ Wioletta</b>	<b>1113</b>	POLONIA BYDGOSZCZ SLA	K 40-49	124	00:01:58	00:18:29	00:36:57	<b>00:37:18.90</b>	<b>00:39:17.35</b>	+00:22:01 (59.0%)	7:27	8 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1465	CZEPULONIS Karol	317		M 20-29	154	00:01:39	00:18:06	00:36:54	<b>00:37:19.70</b>	<b>00:38:59.60</b>	+00:22:02 (59.0%)	7:27	8 (40.8%)
1466	WOŹNIAK Kinga	515		K 40-49	125	00:02:00	00:18:22	00:36:54	<b>00:37:21.15</b>	<b>00:39:21.45</b>	+00:22:03 (59.1%)	7:28	8 (40.8%)
1467	WÓJCIK Anna	51		K 40-49	126	00:01:40	00:19:27	00:36:56	<b>00:37:22.95</b>	<b>00:39:03.50</b>	+00:22:05 (59.1%)	7:28	8 (40.8%)
1468	MALCZEWSKA Mirka	998	FORDONRUNNERS	K 60-69	7	00:02:07	00:18:57	00:36:58	<b>00:37:24.15</b>	<b>00:39:31.80</b>	+00:22:06 (59.1%)	7:28	8 (40.8%)
1469	RASSALSKA-KAUSA Jola	71		K 40-49	127	00:02:07	00:18:58	00:36:59	<b>00:37:24.45</b>	<b>00:39:31.70</b>	+00:22:07 (59.1%)	7:28	8 (40.8%)
1470	MAGIERA Anieli	1682		K 0-15	30	00:00:33	00:19:15	00:36:52	<b>00:37:25.50</b>	<b>00:37:58.70</b>	+00:22:08 (59.1%)	7:29	8 (40.8%)
1471	MODLIŃSKA Katarzyna	1280	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 20-29	105	00:00:40	00:18:53	00:36:56	<b>00:37:25.60</b>	<b>00:38:06.25</b>	+00:22:08 (59.1%)	7:29	8 (40.8%)
1472	MAGIERA Hubert	357		M 40-49	270	00:00:33	00:19:15	00:36:53	<b>00:37:26.15</b>	<b>00:37:59.40</b>	+00:22:08 (59.2%)	7:29	8 (40.8%)
1473	SPORNY Patryk	641		M 20-29	155	00:01:05	00:18:52	00:37:07	<b>00:37:27.15</b>	<b>00:38:32.60</b>	+00:22:09 (59.2%)	7:29	8 (40.8%)
1474	KULIGOWSKA Dominika	1698		K 16-19	16	00:01:28	00:19:36	00:37:04	<b>00:37:27.95</b>	<b>00:38:55.95</b>	+00:22:10 (59.2%)	7:29	8 (40.8%)
1475	PRĄDZYŃSKI Mikołaj	1474		M 16-19	50	00:01:27	00:19:36	00:37:05	<b>00:37:29.25</b>	<b>00:38:56.70</b>	+00:22:11 (59.2%)	7:29	8 (40.8%)
1476	BĄK Marta	1610		K 0-15	31	00:02:20	00:18:50	00:37:16	<b>00:37:37.95</b>	<b>00:39:57.95</b>	+00:22:20 (59.4%)	7:31	8 (40.8%)
1477	WIŚNIEWSKI Jacek	107		M 40-49	271	00:02:00	00:18:23	00:37:07	<b>00:37:39.50</b>	<b>00:39:40.00</b>	+00:22:22 (59.4%)	7:31	8 (40.8%)
1478	ANESZKO Bartholomew	576		M 30-39	286	00:02:00	00:18:23	00:37:07	<b>00:37:39.95</b>	<b>00:39:40.30</b>	+00:22:22 (59.4%)	7:31	8 (40.8%)
1479	BĄK Remigiusz	249		M 40-49	272	00:02:20	00:18:50	00:37:16	<b>00:37:40.45</b>	<b>00:40:00.45</b>	+00:22:23 (59.4%)	7:32	8 (40.8%)
1480	DZIŻA-KONICZYŃSKA Zuzanna	1078	MORŚWIRY	K 50-59	39	00:00:39	00:19:11	00:37:13	<b>00:37:43.85</b>	<b>00:38:23.10</b>	+00:22:26 (59.5%)	7:32	8 (40.8%)
1481	KACZMAREK Marta	724		K 30-39	175	00:01:34	00:20:17	00:37:18	<b>00:37:45.00</b>	<b>00:39:19.55</b>	+00:22:27 (59.5%)	7:33	7.9 (40.3%)
1482	GACKOWSKI Edward	738		M 70+	8	00:00:45	00:19:00	00:37:20	<b>00:37:46.25</b>	<b>00:38:31.55</b>	+00:22:28 (59.5%)	7:33	7.9 (40.3%)
1483	DEKAŃSKA Joanna	642		K 20-29	106	00:01:05	00:18:51	00:37:13	<b>00:37:47.45</b>	<b>00:38:53.20</b>	+00:22:30 (59.5%)	7:33	7.9 (40.3%)
1484	JANIK Patrycja	848		K 30-39	176	00:01:23	00:18:52	00:37:24	<b>00:37:52.85</b>	<b>00:39:16.20</b>	+00:22:35 (59.6%)	7:34	7.9 (40.3%)
1485	MACHOWSKA Magdalena	955	BYDGOSKI KLUB MORSÓW	K 40-49	128	00:01:47	00:19:28	00:37:29	<b>00:38:02.45</b>	<b>00:39:50.10</b>	+00:22:45 (59.8%)	7:36	7.9 (40.3%)
1486	KACZOROWSKI Adrian	806		M 30-39	287	00:01:45	00:19:07	00:37:32	<b>00:38:06.10</b>	<b>00:39:52.00</b>	+00:22:48 (59.9%)	7:37	7.9 (40.3%)
1487	KACZOROWSKA Marta	804		K 20-29	107	00:01:44	00:19:07	00:37:33	<b>00:38:06.20</b>	<b>00:39:51.00</b>	+00:22:48 (59.9%)	7:37	7.9 (40.3%)
1488	WIŚNIEWSKI Krzysztof	1225	TRISPACE/TREK	M 50-59	122	00:01:34	00:19:27	00:37:33	<b>00:38:08.90</b>	<b>00:39:43.00</b>	+00:22:51 (59.9%)	7:37	7.9 (40.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km	5km	5km			
1489	<b>WESOŁOWSKI Aleksander</b>	<b>1579</b>		M 0-15	55	00:01:39	00:19:00	00:37:44	<b>00:38:10.50</b>	<b>00:39:49.50</b>	+00:22:53 (59.9%)	7:38	7.9 (40.3%)
1490	<b>WESOŁOWSKI Paweł</b>	<b>598</b>		M 40-49	273	00:01:38	00:19:00	00:37:45	<b>00:38:11.45</b>	<b>00:39:49.80</b>	+00:22:54 (60.0%)	7:38	7.9 (40.3%)
1491	<b>ALEKSANDER Magdalena</b>	<b>39</b>		K 50-59	40	00:02:02	00:20:13	00:37:54	<b>00:38:28.85</b>	<b>00:40:31.35</b>	+00:23:11 (60.3%)	7:41	7.8 (39.8%)
1492	<b>PAPUŻYŃSKA Katarzyna</b>	<b>1546</b>		K 30-39	177	00:00:17	00:19:49	00:38:01	<b>00:38:30.70</b>	<b>00:38:48.00</b>	+00:23:13 (60.3%)	7:42	7.8 (39.8%)
1493	<b>SZYMCZAK Magdalena</b>	<b>796</b>		K 20-29	108	00:02:11	00:19:40		<b>00:38:37.40</b>	<b>00:40:48.65</b>	+00:23:20 (60.4%)	7:43	7.8 (39.8%)
1494	<b>THOMAS Łukasz</b>	<b>289</b>		M 30-39	288	00:02:30	00:20:22		<b>00:38:38.15</b>	<b>00:41:08.35</b>	+00:23:20 (60.4%)	7:43	7.8 (39.8%)
1495	<b>MOLENDĄ Sebastian</b>	<b>795</b>		M 30-39	289	00:02:10	00:19:41		<b>00:38:39.40</b>	<b>00:40:49.95</b>	+00:23:22 (60.4%)	7:43	7.8 (39.8%)
1496	<b>SZEWczykowska Joanna</b>	<b>1345</b>		K 30-39	178	00:01:09	00:20:04	00:38:15	<b>00:38:41.45</b>	<b>00:39:51.30</b>	+00:23:24 (60.5%)	7:44	7.8 (39.8%)
1497	<b>MATUSZEWSKI Paweł</b>	<b>729</b>		M 50-59	123	00:01:36		00:37:59	<b>00:38:43.65</b>	<b>00:40:20.10</b>	+00:23:26 (60.5%)	7:44	7.7 (39.3%)
1498	<b>LENC Janusz</b>	<b>1214</b>	TKKT KOLEJARZ BYDGOSZCZ	M 70+	9	00:02:26	00:19:57		<b>00:38:46.30</b>	<b>00:41:12.85</b>	+00:23:28 (60.6%)	7:45	7.7 (39.3%)
1499	<b>GRUDA Wojciech</b>	<b>1518</b>	BLUEMED BYDGOSZCZ	M 30-39	290	00:01:22	00:20:59	00:38:29	<b>00:38:52.05</b>	<b>00:40:14.40</b>	+00:23:34 (60.7%)	7:46	7.7 (39.3%)
1500	<b>ZDZIAREK Lena</b>	<b>1615</b>		K 0-15	32	00:01:25	00:20:30	00:38:26	<b>00:38:58.90</b>	<b>00:40:24.45</b>	+00:23:41 (60.8%)	7:47	7.7 (39.3%)
1501	<b>ZDZIAREK Joanna</b>	<b>869</b>		K 40-49	129	00:01:24	00:20:30	00:38:27	<b>00:39:01.00</b>	<b>00:40:25.60</b>	+00:23:43 (60.8%)	7:48	7.7 (39.3%)
1502	<b>ŻUBKOWSKA Kornelia</b>	<b>1040</b>	KSN ŁUCZNiczka BYDGOSZCZ	K 20-29	109	00:02:34	00:19:55		<b>00:39:24.80</b>	<b>00:41:58.95</b>	+00:24:07 (61.2%)	7:52	7.6 (38.8%)
1503	<b>BURCHARD Natalia</b>	<b>1589</b>	RODZINKA B	K 0-15	33	00:02:12	00:19:35		<b>00:39:25.40</b>	<b>00:41:37.50</b>	+00:24:08 (61.2%)	7:53	7.6 (38.8%)
1504	<b>BURCHARD Remigiusz</b>	<b>1122</b>	RODZINKA B	M 40-49	274	00:02:11	00:19:35		<b>00:39:26.75</b>	<b>00:41:38.40</b>	+00:24:09 (61.2%)	7:53	7.6 (38.8%)
1505	<b>FUNDATOR Dariusz</b>	<b>1376</b>		M 50-59	124	00:00:00	00:22:00	00:39:04	<b>00:39:33.05</b>	<b>00:39:33.05</b>	+00:24:15 (61.3%)	7:54	7.6 (38.8%)
1506	<b>BOGUSŁAWSKA Agnieszka</b>	<b>1360</b>		K 30-39	179	00:00:25	00:19:31	00:39:11	<b>00:39:44.25</b>	<b>00:40:09.30</b>	+00:24:26 (61.5%)	7:56	7.6 (38.8%)
1507	<b>LEWANDOWSKA Paulina</b>	<b>685</b>		K 30-39	180	00:02:32	00:20:55		<b>00:39:49.20</b>	<b>00:42:22.10</b>	+00:24:31 (61.6%)	7:57	7.5 (38.3%)
1508	<b>CZUBEK Teresa</b>	<b>1603</b>		K 0-15	34	00:02:44	00:20:02		<b>00:39:52.30</b>	<b>00:42:36.50</b>	+00:24:34 (61.7%)	7:58	7.5 (38.3%)
1509	<b>JAKÓBOWSKA Edyta</b>	<b>45</b>		K 50-59	41	00:02:01	00:20:29		<b>00:39:56.95</b>	<b>00:41:58.10</b>	+00:24:39 (61.7%)	7:59	7.5 (38.3%)
1510	<b>PERS Łukasz</b>	<b>867</b>		M 40-49	275	00:01:32	00:20:18		<b>00:40:00.30</b>	<b>00:41:33.05</b>	+00:24:42 (61.8%)	8:00	7.5 (38.3%)
1511	<b>THOMAS Kamila</b>	<b>290</b>		K 30-39	181	00:02:29	00:20:22		<b>00:40:00.45</b>	<b>00:42:30.15</b>	+00:24:43 (61.8%)	8:00	7.5 (38.3%)
1512	<b>CZYŻNIKIEWICZ Bettina</b>	<b>1562</b>		K 0-15	35	00:00:52	00:19:48		<b>00:40:04.00</b>	<b>00:40:56.30</b>	+00:24:46 (61.8%)	8:00	7.5 (38.3%)
1513	<b>CZYŻNIKIEWICZ Karol</b>	<b>236</b>		M 30-39	291	00:00:52	00:19:48		<b>00:40:04.25</b>	<b>00:40:56.70</b>	+00:24:46 (61.8%)	8:00	7.5 (38.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2.5km	4.9km					
1514	<b>CZUBEK Teresa</b>	<b>374</b>		K 40-49	130	00:02:20	00:19:32		<b>00:40:17.00</b>	<b>00:42:37.90</b>	+00:24:59 (62.0%)	8:03	7.4 (37.8%)
1515	<b>BETLEJEWSKA Beata</b>	<b>970</b>	CINKA	K 30-39	182	00:01:40	00:20:40		<b>00:40:40.10</b>	<b>00:42:20.15</b>	+00:25:22 (62.4%)	8:08	7.4 (37.8%)
1516	<b>CZARNECKA - PIJAROWSKA Dominika</b>	<b>106</b>		K 40-49	131	00:02:37	00:19:30		<b>00:40:41.70</b>	<b>00:43:19.35</b>	+00:25:24 (62.4%)	8:08	7.4 (37.8%)
1517	<b>PIJAROWSKA Emilia</b>	<b>1554</b>		K 0-15	36	00:02:36	00:19:30		<b>00:40:42.65</b>	<b>00:43:19.00</b>	+00:25:25 (62.4%)	8:08	7.4 (37.8%)
1518	<b>OSUCH Krzysztof</b>	<b>1563</b>		M 0-15	56	00:02:04	00:20:19		<b>00:40:42.75</b>	<b>00:42:47.10</b>	+00:25:25 (62.4%)	8:08	7.4 (37.8%)
1519	<b>ZYŚK Elżbieta</b>	<b>1279</b>	ZAKŁADY CHEMICZNE "NITRO-CHEM" S.A.	K 50-59	42	00:00:40	00:20:34		<b>00:40:46.85</b>	<b>00:41:27.50</b>	+00:25:29 (62.5%)	8:09	7.4 (37.8%)
1520	<b>OSUCH Małgorzata</b>	<b>623</b>		K 30-39	183	00:02:03	00:20:20		<b>00:40:47.05</b>	<b>00:42:50.65</b>	+00:25:29 (62.5%)	8:09	7.4 (37.8%)
1521	<b>KACZMAREK Dominika</b>	<b>799</b>		K 30-39	184	00:01:34	00:20:18		<b>00:41:02.85</b>	<b>00:42:37.70</b>	+00:25:45 (62.8%)	8:12	7.3 (37.2%)
1522	<b>SIKORSKA Aleksandra</b>	<b>728</b>		K 30-39	185	00:01:35	00:21:50		<b>00:41:05.90</b>	<b>00:42:41.35</b>	+00:25:48 (62.8%)	8:13	7.3 (37.2%)
1523	<b>TRUSKAWA Maciej</b>	<b>1481</b>		M 40-49	276	00:01:23	00:20:59		<b>00:41:08.25</b>	<b>00:42:31.30</b>	+00:25:50 (62.8%)	8:13	7.3 (37.2%)
1524	<b>PYTLIŃSKI Marek</b>	<b>1673</b>	BYDGOSKIE ŻÓŁWIE	M 16-19	51	00:01:55	00:21:29		<b>00:41:20.75</b>	<b>00:43:16.60</b>	+00:26:03 (63.0%)	8:16	7.3 (37.2%)
1525	<b>SIEWASZKO Piotr</b>	<b>640</b>		M 20-29	156	00:01:55	00:21:29		<b>00:41:21.20</b>	<b>00:43:16.80</b>	+00:26:03 (63.0%)	8:16	7.3 (37.2%)
1526	<b>SZEFLER Dominika</b>	<b>1677</b>		K 16-19	17	00:01:02	00:20:12		<b>00:41:39.30</b>	<b>00:42:42.20</b>	+00:26:21 (63.3%)	8:19	7.2 (36.7%)
1527	<b>CAŁBECKA Monika</b>	<b>1282</b>		K 20-29	110	00:01:02	00:20:19		<b>00:41:40.90</b>	<b>00:42:43.65</b>	+00:26:23 (63.3%)	8:20	7.2 (36.7%)
1528	<b>CAŁBECKA Natalia</b>	<b>1403</b>		K 16-19	18	00:01:02	00:20:20		<b>00:41:41.40</b>	<b>00:42:44.30</b>	+00:26:24 (63.3%)	8:20	7.2 (36.7%)
1529	<b>RUSIN Joanna</b>	<b>744</b>		K 30-39	186	00:01:35	00:21:50		<b>00:41:47.95</b>	<b>00:43:23.75</b>	+00:26:30 (63.4%)	8:21	7.2 (36.7%)
1530	<b>WIESE Grzegorz</b>	<b>1208</b>	TKKF KOLEJARZ BYDGOSZCZ	M 60-69	32	00:02:07	00:21:42		<b>00:42:23.70</b>	<b>00:44:30.95</b>	+00:27:06 (63.9%)	8:28	7.1 (36.2%)
1531	<b>NOWAKOWSKA- SZWAJCA Anna</b>	<b>430</b>		K 50-59	43	00:02:36	00:21:16		<b>00:42:33.45</b>	<b>00:45:10.30</b>	+00:27:16 (64.1%)	8:30	7.1 (36.2%)
1532	<b>ROGALSKA Kamila</b>	<b>1498</b>		K 40-49	132	00:02:13	00:21:19		<b>00:42:57.95</b>	<b>00:45:11.75</b>	+00:27:40 (64.4%)	8:35	7 (35.7%)
1533	<b>SURMACZ Agata</b>	<b>124</b>		K 40-49	133	00:02:47	00:21:58		<b>00:43:07.35</b>	<b>00:45:54.45</b>	+00:27:49 (64.5%)	8:37	7 (35.7%)
1534	<b>GORDON Jarosław</b>	<b>161</b>		M 30-39	292	00:02:00	00:21:51		<b>00:44:00.10</b>	<b>00:46:00.60</b>	+00:28:42 (65.3%)	8:48	6.8 (34.7%)
1535	<b>ŚWIĄTEK Katarzyna</b>	<b>1039</b>	KSN ŁUCZNICZKA BYDGOSZCZ	K 20-29	111	00:02:38	00:22:45		<b>00:46:05.70</b>	<b>00:48:44.45</b>	+00:30:48 (66.8%)	9:13	6.5 (33.2%)
1536	<b>GRZYBCZYŃSKA Monika</b>	<b>1061</b>	ŁUCZNICZKA BYDGOSZCZ	K 40-49	134	00:02:38	00:22:45		<b>00:46:06.50</b>	<b>00:48:44.65</b>	+00:30:49 (66.8%)	9:13	6.5 (33.2%)
1537	<b>RATAJCZAK Aurelia</b>	<b>225</b>		K 40-49	135	00:02:43	00:23:56		<b>00:47:32.85</b>	<b>00:50:16.10</b>	+00:32:15 (67.8%)	9:30	6.3 (32.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1538	<b>ANDRYSZAK Karolina</b>	<b>1464</b>		K 40-49	136	00:02:42	00:23:56		<b>00:47:33.45</b>	<b>00:50:16.25</b>	+00:32:16 (67.8%)	9:30	6.3 (32.1%)
1539	<b>ANGIEL Władysław</b>	<b>1215</b>	TKKT KOLEJARZ BYDGOSZCZ	M 70+	10	00:02:15	00:26:04		<b>00:52:57.65</b>	<b>00:55:13.30</b>	+00:37:40 (71.1%)	10:35	5.7 (29.1%)
1540	<b>RYMER Jarosław</b>	<b>1695</b>		M 16-19	52	00:00:14	00:10:41	00:20:46			+00:05:44	4:14	14.2 (72.4%)
1541	<b>OKPISZ Agnieszka</b>	<b>645</b>		K 30-39	187	00:00:00		00:32:47			+	6:41	9 (45.9%)
1542	<b>MODRZEJEWSKI Rafał</b>	<b>361</b>		M 30-39	293	00:01:27	00:13:18				+00:05:32	5:19	11.3 (57.7%)
1543	<b>SIELSKI Kamil</b>	<b>1252</b>	WISEŁKA FORDON	M 30-39	294	00:00:43							(0.0%)

Znaleziono 1543 wynik(ów)