

Organizator: Stowarzyszenie Waleczne Serca
Data: 2020-07-26
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TOMCZYK Agata	284		U39 K	1	00:22:34.45	00:22:37.10		4:31	13.3 (100%)
2	BUCZKO Magdalena	34		U29 K	1	00:24:14.75	00:24:14.75	+00:01:37 (6.7%)	4:50	12.4 (93.2%)
2	RAKOWSKA Natalia	328		U29 K	1	00:24:04.70	00:24:14.75	+00:01:37 (6.7%)	4:48	12.5 (94.0%)
4	KRUBER Karolina	133		U39 K	2	00:24:12.05	00:24:16.10	+00:01:39 (6.8%)	4:50	12.4 (93.2%)
5	MROTEK Katarzyna	194		U39 K	3	00:24:11.30	00:24:17.55	+00:01:40 (6.9%)	4:50	12.4 (93.2%)
6	SAGANOWSKA Weronika	245		U39 K	4	00:24:24.95	00:24:42.75	+00:02:05 (8.5%)	4:53	12.3 (92.5%)
7	BORAKIEWICZ Agnieszka	27		U39 K	5	00:24:47.15	00:24:53.70	+00:02:16 (9.1%)	4:57	12.1 (91.0%)
8	WOJTANIŚ Magdalena	329		U39 K	6	00:24:51.75	00:24:54.45	+00:02:17 (9.2%)	4:58	12.1 (91.0%)
9	CHEŁMINIAK Monika	36		U39 K	7	00:24:56.90	00:25:02.45	+00:02:25 (9.7%)	4:59	12 (90.2%)
10	CICHOŃSKA-BAZAK Marzena	38		U49 K	1	00:24:57.95	00:25:04.75	+00:02:27 (9.8%)	4:59	12 (90.2%)
11	ŻYŁA Magdalena	320		U39 K	8	00:25:41.65	00:25:47.05	+00:03:09 (12.3%)	5:08	11.7 (88.0%)
12	CZAJA Agnieszka	44		U39 K	9	00:26:04.00	00:26:15.25	+00:03:38 (13.8%)	5:12	11.5 (86.5%)
13	CZAJA Anna	46		U7 K	1	00:26:03.60	00:26:15.30	+00:03:38 (13.9%)	5:12	11.5 (86.5%)
14	KOLIŃSKA Sylwia	117		U49 K	2	00:26:16.90	00:26:23.85	+00:03:46 (14.3%)	5:15	11.4 (85.7%)
15	BORAKIEWICZ Natalia	28		U29 K	3	00:26:16.95	00:26:24.10	+00:03:47 (14.3%)	5:15	11.4 (85.7%)
16	WAJER Marita	292		U29 K	4	00:26:56.15	00:27:03.45	+00:04:26 (16.4%)	5:23	11.1 (83.5%)
17	CZYŻEWSKA Justyna	48		U39 K	10	00:26:56.95	00:27:08.40	+00:04:31 (16.7%)	5:23	11.1 (83.5%)
18	ZGŁOBICA Magdalena	313		U29 K	5	00:27:21.45	00:27:29.15	+00:04:52 (17.7%)	5:28	11 (82.7%)
19	NAGORZYSKA Sylwia	196		U39 K	11	00:27:24.05	00:27:31.60	+00:04:54 (17.8%)	5:28	10.9 (82.0%)
20	BAGNIEWSKA Małgorzata	10		U29 K	6	00:27:29.55	00:27:38.00	+00:05:00 (18.1%)	5:30	10.9 (82.0%)
21	BARANOWSKA Julia	13		U29 K	7	00:27:28.95	00:27:41.45	+00:05:04 (18.3%)	5:29	10.9 (82.0%)
22	WOJCIECHOWSKA Emilia	302		U49 K	3	00:27:53.25	00:28:04.00	+00:05:26 (19.4%)	5:34	10.8 (81.2%)
23	KUJDA Dorota	148		U49 K	4	00:27:58.70	00:28:05.50	+00:05:28 (19.5%)	5:35	10.7 (80.5%)
24	LATTA-SCHIRAKOWSKA Zuzanna	162		U39 K	12	00:27:43.85	00:28:15.90	+00:05:38 (20.0%)	5:32	10.8 (81.2%)
25	ZIELIŃSKA Agnieszka	316		U29 K	8	00:28:17.65	00:28:25.05	+00:05:47 (20.4%)	5:39	10.6 (79.7%)
26	TYLL Anna	286		U39 K	13	00:28:40.10	00:28:49.55	+00:06:12 (21.5%)	5:44	10.5 (78.9%)
27	DEKOWSKA Monika	49		U39 K	14	00:28:56.60	00:29:01.75	+00:06:24 (22.1%)	5:47	10.4 (78.2%)
28	WIŚNIEWSKA Izabela	300		U39 K	15	00:29:03.95	00:29:15.65	+00:06:38 (22.7%)	5:48	10.3 (77.4%)
29	DEMBIŃSKA Katarzyna	50		U29 K	9	00:28:56.20	00:29:17.35	+00:06:40 (22.8%)	5:47	10.4 (78.2%)
30	ZIOMKOWSKA Beata	317		U39 K	16	00:29:19.70	00:29:23.45	+00:06:46 (23.0%)	5:52	10.2 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
31	KASTNER Beata	107		U39 K	17	00:29:13.30	00:29:25.30	+00:06:48 (23.1%)	5:50	10.3 (77.4%)
32	HAN Agnieszka	85		U39 K	18	00:29:19.40	00:29:30.05	+00:06:52 (23.3%)	5:52	10.2 (76.7%)
33	RÓŻYCZKA Joanna	239		U39 K	19	00:29:40.10	00:29:48.50	+00:07:11 (24.1%)	5:56	10.1 (75.9%)
34	RYDELSKA Marysia	243		U39 K	20	00:29:57.55	00:30:00.55	+00:07:23 (24.6%)	5:59	10 (75.2%)
35	SOŁDYGA Jolanta	255		U39 K	21	00:30:00.10	00:30:06.90	+00:07:29 (24.9%)	6:00	10 (75.2%)
36	KRUSZYNA Renata	135		U39 K	22	00:29:32.25	00:30:06.95	+00:07:29 (24.9%)	5:54	10.2 (76.7%)
37	GRYNIENKO Alicja	82		U17 K	1	00:30:00.05	00:30:09.60	+00:07:32 (25.0%)	6:00	10 (75.2%)
38	KUCZKOWSKA-WRÓBEL Małgorzata	143		U39 K	23	00:29:54.90	00:30:12.40	+00:07:35 (25.1%)	5:59	10 (75.2%)
39	PIONTEK Elżbieta	221		U69 K	1	00:30:01.85	00:30:14.30	+00:07:37 (25.2%)	6:00	10 (75.2%)
40	KAJA Dominika	100		U29 K	10	00:29:58.55	00:30:15.45	+00:07:38 (25.2%)	5:59	10 (75.2%)
41	MALATYŃSKA Barbara	180		U49 K	5	00:29:58.15	00:30:22.25	+00:07:45 (25.5%)	5:59	10 (75.2%)
42	DUSZYŃSKA Kasia	58		U49 K	6	00:30:12.90	00:30:27.05	+00:07:49 (25.7%)	6:02	9.9 (74.4%)
43	NOWICKA Marta	205		U39 K	24	00:30:37.55	00:30:48.10	+00:08:11 (26.6%)	6:07	9.8 (73.7%)
44	KRASIŃSKA Katarzyna	321		U39 K	25	00:30:55.25	00:31:08.75	+00:08:31 (27.4%)	6:11	9.7 (72.9%)
45	CYBUL Anna	41		U49 K	7	00:31:04.90	00:31:12.00	+00:08:34 (27.5%)	6:13	9.7 (72.9%)
46	BONDAS Marta	25		U39 K	26	00:31:09.75	00:31:19.90	+00:08:42 (27.8%)	6:13	9.6 (72.2%)
47	MROCZEK Barbara	193		U39 K	27	00:31:33.00	00:31:50.95	+00:09:13 (29.0%)	6:18	9.5 (71.4%)
48	PIECHOWSKA Magdalena	219		U49 K	8	00:31:44.60	00:31:56.90	+00:09:19 (29.2%)	6:20	9.5 (71.4%)
49	WIATROWSKA Katarzyna	299		U39 K	28	00:32:03.40	00:32:12.35	+00:09:35 (29.8%)	6:24	9.4 (70.7%)
50	NOGA Magdalena	201		U49 K	9	00:32:13.25	00:32:17.35	+00:09:40 (30.0%)	6:26	9.3 (69.9%)
51	JACKOWIEC-JAGIELSKA Małgorzata	92		U49 K	10	00:32:10.15	00:32:31.80	+00:09:54 (30.5%)	6:26	9.3 (69.9%)
52	MOROSZCZAK Dominika	192		U39 K	29	00:32:31.50	00:32:44.45	+00:10:07 (30.9%)	6:30	9.2 (69.2%)
53	TELIŻYN Henryka	283		U59 K	1	00:32:36.65	00:32:56.80	+00:10:19 (31.3%)	6:31	9.2 (69.2%)
54	BIEDROŃ Aleksandra	22		U29 K	11	00:32:43.05	00:33:05.15	+00:10:28 (31.6%)	6:32	9.2 (69.2%)
55	SUCHARSKA Magdalena	271		U39 K	30	00:32:57.80	00:33:15.75	+00:10:38 (32.0%)	6:35	9.1 (68.4%)
56	NOWICKA Tatiana	206		U49 K	11	00:33:06.70	00:33:22.15	+00:10:45 (32.2%)	6:37	9.1 (68.4%)
57	KLAMECKA Agnieszka	111		U39 K	31	00:33:21.90	00:33:33.00	+00:10:55 (32.6%)	6:40	9 (67.7%)
58	CYWKA Katarzyna	43		U29 K	12	00:33:21.60	00:33:39.45	+00:11:02 (32.8%)	6:40	9 (67.7%)
59	GIERCZAK Dorota	73		U39 K	32	00:33:36.75	00:33:48.75	+00:11:11 (33.1%)	6:43	8.9 (66.9%)
60	OSTROWSKA Justyna	213		U39 K	33	00:34:04.35	00:34:18.70	+00:11:41 (34.1%)	6:48	8.8 (66.2%)
61	WESOŁOWSKA Agnieszka	298		U39 K	34	00:34:12.70	00:34:30.40	+00:11:53 (34.5%)	6:50	8.8 (66.2%)
62	KABLUKA Valeriya	98		U29 K	13	00:34:38.40	00:34:53.45	+00:12:16 (35.2%)	6:55	8.7 (65.4%)
63	WÓJCIK Anna	308		U39 K	35	00:35:02.15	00:35:12.70	+00:12:35 (35.8%)	7:00	8.6 (64.7%)
64	FRYCA Aleksandra	64		U39 K	36	00:34:58.20	00:35:18.95	+00:12:41 (36.0%)	6:59	8.6 (64.7%)
65	SUCHARA Magdalena	267		U39 K	37	00:35:05.50	00:35:21.80	+00:12:44 (36.0%)	7:01	8.6 (64.7%)
66	LEWANDOWSKA Sylwia	166		U49 K	12	00:35:13.60	00:35:22.35	+00:12:45 (36.1%)	7:02	8.5 (63.9%)
67	FIEREK Bernadeta	61		U59 K	2	00:36:05.85	00:36:08.55	+00:13:31 (37.4%)	7:13	8.3 (62.4%)
68	SZEIB Honorata	274		U49 K	13	00:36:04.30	00:36:09.65	+00:13:32 (37.5%)	7:12	8.3 (62.4%)
69	KULIK Viktoriia	150		U39 K	38	00:36:17.85	00:36:23.30	+00:13:46 (37.8%)	7:15	8.3 (62.4%)
70	BALCERZAK Milena	11		U29 K	14	00:35:58.35	00:36:29.60	+00:13:52 (38.0%)	7:11	8.3 (62.4%)
71	ZDUNKIEWICZ Hania	312		U39 K	39	00:36:42.15	00:36:42.15	+00:14:05 (38.4%)	7:20	8.2 (61.7%)
72	MALCZEWSKA Mirka	182		U69 K	2	00:36:54.65	00:37:00.70	+00:14:23 (38.9%)	7:22	8.1 (60.9%)
73	MILEWSKA Violetta	190		U49 K	14	00:36:58.00	00:37:02.55	+00:14:25 (38.9%)	7:23	8.1 (60.9%)
74	PIWECKA Karolina	223		U49 K	15	00:36:58.35	00:37:03.60	+00:14:26 (39.0%)	7:23	8.1 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo	Tempo
						netto	brutto		min/km	km/h
						5km	5km			
75	KLAMECKA Paulina	110		U39 K	40	00:37:18.30	00:37:29.45	+00:14:52 (39.7%)	7:27	8 (60.2%)
76	BARTCZAK Natalia	18		U39 K	41	00:37:15.85	00:37:29.50	+00:14:52 (39.7%)	7:27	8.1 (60.9%)
77	ŚLEDZIŃSKA Aleksandra	280		U29 K	15	00:37:39.50	00:37:58.85	+00:15:21 (40.4%)	7:31	8 (60.2%)
78	PAWŁOWSKA Anna	218		U39 K	42	00:37:53.10	00:38:05.70	+00:15:28 (40.6%)	7:34	7.9 (59.4%)
79	SOBOCZYŃSKA Barbara	254		U69 K	3	00:38:00.75	00:38:15.10	+00:15:38 (40.9%)	7:36	7.9 (59.4%)
80	LEŚNIAK Edyta	164		U39 K	43	00:38:21.85	00:38:26.60	+00:15:49 (41.2%)	7:40	7.8 (58.6%)
81	WAWRZYŃIAK Sandra	294		U29 K	16	00:38:53.65	00:39:10.65	+00:16:33 (42.3%)	7:46	7.7 (57.9%)
82	GALCZAK Ewa	70		U49 K	16	00:38:53.85	00:39:12.45	+00:16:35 (42.3%)	7:46	7.7 (57.9%)
83	SKRZYPINSKA Roksana	249		U29 K	17	00:39:08.75	00:39:25.05	+00:16:47 (42.6%)	7:49	7.7 (57.9%)
84	GARBACZEWSKA Anna	71		U39 K	44	00:39:19.55	00:39:41.65	+00:17:04 (43.0%)	7:51	7.6 (57.1%)
85	WOLSZCZAK Joanna	305		U49 K	17	00:39:30.80	00:39:56.55	+00:17:19 (43.4%)	7:54	7.6 (57.1%)
86	JELIŃSKA Beata	96		U49 K	18	00:39:32.05	00:39:57.40	+00:17:20 (43.4%)	7:54	7.6 (57.1%)
87	ASTUKIEWICZ Agnieszka	7		U59 K	3	00:40:00.70	00:40:13.45	+00:17:36 (43.8%)	8:00	7.5 (56.4%)
88	RĘDZINA Agnieszka	234		U49 K	19	00:39:40.40	00:40:17.85	+00:17:40 (43.9%)	7:56	7.6 (57.1%)
89	RUTKOWSKA Karolina	241		U49 K	20	00:40:15.30	00:40:23.95	+00:17:46 (44.0%)	8:03	7.5 (56.4%)
90	KUZIEMSKA Monika	155		U29 K	18	00:40:10.20	00:40:26.25	+00:17:49 (44.1%)	8:02	7.5 (56.4%)
91	MIGDALSKA Justyna	188		U39 K	45	00:40:07.55	00:40:34.55	+00:17:57 (44.3%)	8:01	7.5 (56.4%)
92	GROCHOWSKA Ania	79		U39 K	46	00:40:44.50	00:41:07.70	+00:18:30 (45.0%)	8:08	7.4 (55.6%)
93	WRUK Justyna	310		U49 K	21	00:41:03.10	00:41:17.55	+00:18:40 (45.2%)	8:12	7.3 (54.9%)
94	BARTELA Alicja	19		U39 K	47	00:41:02.15	00:41:21.20	+00:18:44 (45.3%)	8:12	7.3 (54.9%)
95	MUZOLF Natalia	195		U29 K	19	00:41:05.50	00:41:28.05	+00:18:50 (45.5%)	8:13	7.3 (54.9%)
96	MLICKA Agnieszka	191		U49 K	22	00:41:16.05	00:41:34.05	+00:18:56 (45.6%)	8:15	7.3 (54.9%)
97	SPYCHAJ Ania	260		U39 K	48	00:41:16.75	00:41:35.05	+00:18:57 (45.6%)	8:15	7.3 (54.9%)
98	KLEWICZ Jolanta	113		U59 K	4	00:41:38.75	00:41:47.80	+00:19:10 (45.9%)	8:19	7.2 (54.1%)
99	SZULC Marlena	276		U49 K	23	00:41:33.05	00:42:04.20	+00:19:27 (46.2%)	8:18	7.2 (54.1%)
100	UMIŃSKA Marzena	290		U39 K	49	00:41:58.00	00:42:08.95	+00:19:31 (46.3%)	8:23	7.1 (53.4%)
101	RUTKOWSKA PISZCZYŃSKA Agata	242		U39 K	50	00:42:04.70	00:42:29.65	+00:19:52 (46.8%)	8:25	7.1 (53.4%)
102	LATOSIŃSKA Aleksandra	160		U39 K	51	00:42:19.70	00:42:42.10	+00:20:05 (47.0%)	8:28	7.1 (53.4%)
103	KRZYWDZIŃSKA Alicja	139		U49 K	24	00:42:26.50	00:42:43.10	+00:20:06 (47.1%)	8:29	7.1 (53.4%)
104	KOŁECKA Magdalena	118		U49 K	25	00:42:27.50	00:42:44.15	+00:20:07 (47.1%)	8:29	7.1 (53.4%)
105	ANDRYSZCZYK Alicja	4		U7 K	2	00:42:42.65	00:43:01.40	+00:20:24 (47.4%)	8:32	7 (52.6%)
106	ANDRYSZCZYK Olga	2		U49 K	26	00:42:46.25	00:43:02.90	+00:20:25 (47.5%)	8:33	7 (52.6%)
107	KULPA Ewelina	153		U39 K	52	00:42:44.15	00:43:05.95	+00:20:28 (47.5%)	8:32	7 (52.6%)
108	STRZYŻOWSKA Monika	264		U49 K	27	00:42:39.20	00:43:07.70	+00:20:30 (47.6%)	8:31	7 (52.6%)
109	WITKIEWICZ-ŁUKASZEK Sandra	301		U29 K	20	00:42:39.75	00:43:09.00	+00:20:31 (47.6%)	8:32	7 (52.6%)
110	SOSIŃSKA Angelika	258		U29 K	21	00:43:24.35	00:43:31.65	+00:20:54 (48.0%)	8:40	6.9 (51.9%)
110	LEWANDOWSKA Kornelia	167		U7 K	3	00:43:25.75	00:43:31.65	+00:20:54 (48.0%)	8:41	6.9 (51.9%)
112	LEWANDOWSKA Sylwia	165		U39 K	53	00:43:26.25	00:43:32.15	+00:20:55 (48.0%)	8:41	6.9 (51.9%)
113	ŁUKASZEK Halina	177		U69 K	4	00:44:19.80	00:44:27.55	+00:21:50 (49.1%)	8:52	6.8 (51.1%)
114	ŚLEDZIŃSKA Jolanta	279		U59 K	5	00:44:26.00	00:44:45.95	+00:22:08 (49.5%)	8:53	6.8 (51.1%)
115	ŚLEDZIŃSKA Paulina	278		U29 K	22	00:44:26.20	00:44:46.35	+00:22:09 (49.5%)	8:53	6.8 (51.1%)
116	SUCHARA Maria	270		U5 K	1	00:45:08.95	00:45:23.80	+00:22:46 (50.2%)	9:01	6.6 (49.6%)
117	WOŹNIAK Monika	307		U49 K	28	00:45:55.85	00:46:05.70	+00:23:28 (50.9%)	9:11	6.5 (48.9%)
118	WELSBERG Magdalena	296		U49 K	29	00:46:56.85	00:47:11.10	+00:24:34 (52.1%)	9:23	6.4 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
119	HENCLIK Aleksandra	86		U29 K	23	00:47:22.80	00:47:43.65	+00:25:06 (52.6%)	9:28	6.3 (47.4%)
120	NOWAK Monika	202		U49 K	30	00:48:57.90	00:49:27.10	+00:26:50 (54.3%)	9:47	6.1 (45.9%)
121	SMARUJ - SADOWSKA Janina	252		U69 K	5	00:49:00.40	00:49:31.10	+00:26:54 (54.3%)	9:48	6.1 (45.9%)
122	GACKA Lucyna	68		U49 K	31	00:49:08.55	00:49:37.65	+00:27:00 (54.4%)	9:49	6.1 (45.9%)
123	TARASIK Elżbieta	282		U49 K	32	00:49:08.45	00:49:38.55	+00:27:01 (54.4%)	9:49	6.1 (45.9%)
124	WOLSKA Katarzyna	304		U29 K	24	00:50:34.45	00:50:34.45	+00:27:57 (55.3%)	10:06	5.9 (44.4%)
125	HORKA Izabela	88		U49 K	33	00:52:36.40	00:53:01.45	+00:30:24 (57.3%)	10:31	5.7 (42.9%)
126	KANARSKA Nina	104		U7 K	4	00:55:16.55	00:55:42.00	+00:33:04 (59.4%)	11:03	5.4 (40.6%)
127	KANARSKA Edyta	103		U59 K	6	00:55:17.80	00:55:42.45	+00:33:05 (59.4%)	11:03	5.4 (40.6%)
128	TYSZLUKIEWICZ Danuta	288		U69 K	6	01:02:31.05	01:03:03.40	+00:40:26 (64.1%)	12:30	4.8 (36.1%)
129	GROCHOWSKA Karolina	80		U49 K	34					(0.0%)
	HORKA Natalka	90		U11 K		DNF	DNF		-	- (0.0%)
	KOŁEK Jadwiga	342		U11 K		DNF	DNF		-	- (0.0%)
	LATRSKA Julia	161		U11 K		DNF	DNF		-	- (0.0%)
	PALUCH Patrycja	215		U39 K		DNF	DNF		-	- (0.0%)
	SOŁDYGA Urszula	257		U9 K		DNF	DNF		-	- (0.0%)
	FIK Agata	63		U9 K		DNF	DNF		-	- (0.0%)
	KRÓL Agnieszka	132		U49 K		DNF	DNF		-	- (0.0%)
	KIJAS Sylwia	109		U39 K		DNF	DNF		-	- (0.0%)

Znaleziono 137 wynik(ów)