

**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Stowarzyszenie Waleczne Serca  
2020-07-26  
Bydgoszcz  
5 km

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOLIŃSKI Dawid	327		U39 M	1	00:19:25.25	00:19:28.05		3:53	15.4 (100%)
2	RACZYŃSKI Krzysztof	326		U69 M	1	00:21:15.75	00:21:19.05	+00:01:51 (8.7%)	4:15	14.1 (91.6%)
3	GUCZAŁSKI Paweł	325		U39 M	2	00:21:30.95	00:21:34.55	+00:02:06 (9.8%)	4:18	13.9 (90.3%)
4	NAGORZYŃSKI Arkadiusz	198		U39 M	3	00:21:33.65	00:21:37.05	+00:02:09 (9.9%)	4:18	13.9 (90.3%)
5	MACIŃSKI Waldek	179		U39 M	4	00:21:55.10	00:21:59.45	+00:02:31 (11.5%)	4:23	13.7 (89.0%)
6	KRYGOWSKI Tomasz	137		U49 M	1	00:22:14.05	00:22:17.15	+00:02:49 (12.6%)	4:26	13.5 (87.7%)
7	SKUPSZ Jędrzej Kazmierz	250		U39 M	5	00:22:10.95	00:22:19.95	+00:02:51 (12.8%)	4:26	13.5 (87.7%)
8	UMIŃSKI Robert	291		U49 M	2	00:22:14.20	00:22:24.15	+00:02:56 (13.1%)	4:27	13.5 (87.7%)
9	SZULC Mateusz	277		U29 M	1	00:22:23.50	00:22:27.55	+00:02:59 (13.3%)	4:28	13.4 (87.0%)
10	ZAJĄKAŁA Wojciech	311		U29 M	2	00:21:51.00	00:22:38.00	+00:03:09 (14.0%)	4:22	13.7 (89.0%)
11	GACKA Julian	69		U11 M	1	00:22:23.60	00:22:51.30	+00:03:23 (14.8%)	4:28	13.4 (87.0%)
12	MENDEL Patryk	185		U29 M	3	00:22:56.45	00:22:58.65	+00:03:30 (15.3%)	4:35	13.1 (85.1%)
13	HAN Sławomir	84		U39 M	6	00:23:38.90	00:23:48.75	+00:04:20 (18.2%)	4:43	12.7 (82.5%)
14	PIWECKI Mikołaj	225		U29 M	4	00:23:51.10	00:23:55.95	+00:04:27 (18.7%)	4:46	12.6 (81.8%)
15	SAGANOWSKI Michał	330		U39 M	7	00:24:15.65	00:24:34.05	+00:05:06 (20.8%)	4:51	12.4 (80.5%)
16	MICHAŁAK Marek	187		U39 M	8	00:24:36.85	00:24:40.45	+00:05:12 (21.1%)	4:55	12.2 (79.2%)
17	FRYDRYCH Marcin	66		U39 M	9	00:24:38.20	00:24:49.30	+00:05:21 (21.6%)	4:55	12.2 (79.2%)
18	SZEIB Robert	275		U49 M	3	00:24:48.75	00:24:53.70	+00:05:25 (21.8%)	4:57	12.1 (78.6%)
19	NOWAK Waldemar	203		U59 M	1	00:24:57.05	00:25:00.90	+00:05:32 (22.2%)	4:59	12 (77.9%)
20	SIUDA Sebastian	248		U49 M	4	00:25:03.40	00:25:09.95	+00:05:41 (22.6%)	5:00	12 (77.9%)
21	SOŁDYGA Paweł	256		U49 M	5	00:25:09.85	00:25:12.95	+00:05:44 (22.8%)	5:01	11.9 (77.3%)
22	LEWANDOWSKI Maciej	171		U29 M	5	00:25:07.55	00:25:16.90	+00:05:48 (23.0%)	5:01	11.9 (77.3%)
23	LUBERDA Łukasz	175		U29 M	6	00:25:21.40	00:25:26.35	+00:05:58 (23.5%)	5:04	11.8 (76.6%)
24	FIGEL Wojciech	60		U49 M	6	00:25:30.15	00:25:34.20	+00:06:06 (23.9%)	5:06	11.8 (76.6%)
25	ŁUKASIK Adam	176		U29 M	7	00:25:36.50	00:25:53.85	+00:06:25 (24.8%)	5:07	11.7 (76.0%)
26	CZAPLICKI Bartłomiej	47		U39 M	10	00:25:57.90	00:26:08.50	+00:06:40 (25.5%)	5:11	11.6 (75.3%)
27	ŻEGLICZ Marek	319		U29 M	8	00:26:03.20	00:26:11.20	+00:06:43 (25.7%)	5:12	11.5 (74.7%)
28	CZAJA Stanisław	45		U9 M	1	00:26:02.75	00:26:14.75	+00:06:46 (25.8%)	5:12	11.5 (74.7%)
29	HRYCZ Paweł	91		U49 M	7	00:26:12.65	00:26:18.55	+00:06:50 (26.0%)	5:14	11.4 (74.0%)
30	MATUSIAK Daniel	184		U29 M	9	00:26:11.65	00:26:20.05	+00:06:52 (26.1%)	5:14	11.5 (74.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						5km	5km			
31	<b>GDANIEC Grzegorz</b>	<b>72</b>		U29 M	10	<b>00:26:16.15</b>	<b>00:26:20.50</b>	+00:06:52 (26.1%)	5:15	11.4 (74.0%)
32	<b>WNUKIEWICZ Mikołaj</b>	<b>324</b>		U7 M	1	<b>00:26:18.70</b>	<b>00:26:23.40</b>	+00:06:55 (26.2%)	5:15	11.4 (74.0%)
33	<b>POSERT Przemysław</b>	<b>226</b>		U39 M	11	<b>00:26:13.35</b>	<b>00:26:23.50</b>	+00:06:55 (26.2%)	5:14	11.4 (74.0%)
34	<b>GLINKOWSKI Dariusz</b>	<b>74</b>		U39 M	12	<b>00:26:25.40</b>	<b>00:26:29.95</b>	+00:07:01 (26.5%)	5:17	11.4 (74.0%)
35	<b>CIEŚLIK Marek</b>	<b>39</b>		U59 M	2	<b>00:26:34.00</b>	<b>00:26:46.65</b>	+00:07:18 (27.3%)	5:18	11.3 (73.4%)
36	<b>KONDEK Jakub</b>	<b>119</b>		U49 M	8	<b>00:27:22.55</b>	<b>00:27:29.55</b>	+00:08:01 (29.2%)	5:28	11 (71.4%)
37	<b>DRAPIŃSKI Maciej</b>	<b>57</b>		U39 M	13	<b>00:27:30.85</b>	<b>00:27:47.80</b>	+00:08:19 (30.0%)	5:30	10.9 (70.8%)
38	<b>GROSSKREUTZ Łukasz</b>	<b>77</b>		U39 M	14	<b>00:27:46.55</b>	<b>00:27:58.90</b>	+00:08:30 (30.4%)	5:33	10.8 (70.1%)
39	<b>BRYLIŃSKI Jakub</b>	<b>32</b>		U39 M	15	<b>00:27:38.80</b>	<b>00:27:59.45</b>	+00:08:31 (30.5%)	5:31	10.8 (70.1%)
40	<b>WOJCIECHOWSKI Jarosław</b>	<b>303</b>		U49 M	9	<b>00:27:52.15</b>	<b>00:28:03.65</b>	+00:08:35 (30.6%)	5:34	10.8 (70.1%)
41	<b>MACIEJEWSKI Maciej</b>	<b>178</b>		U49 M	10	<b>00:27:58.45</b>	<b>00:28:06.55</b>	+00:08:38 (30.7%)	5:35	10.7 (69.5%)
42	<b>WOLSZCZAK Rafał</b>	<b>306</b>		U49 M	11	<b>00:28:04.25</b>	<b>00:28:29.70</b>	+00:09:01 (31.7%)	5:36	10.7 (69.5%)
43	<b>BARTCZAK Wojciech</b>	<b>16</b>		U39 M	16	<b>00:28:09.60</b>	<b>00:28:32.90</b>	+00:09:04 (31.8%)	5:37	10.7 (69.5%)
44	<b>KALINOWSKI Radosław</b>	<b>102</b>		U39 M	17	<b>00:28:56.10</b>	<b>00:29:08.75</b>	+00:09:40 (33.2%)	5:47	10.4 (67.5%)
45	<b>DOBROWOLSKI Grzegorz</b>	<b>52</b>		U39 M	18	<b>00:28:48.85</b>	<b>00:29:15.50</b>	+00:09:47 (33.5%)	5:45	10.4 (67.5%)
46	<b>BORAKIEWICZ Przemysław</b>	<b>26</b>		U39 M	19	<b>00:29:12.55</b>	<b>00:29:19.05</b>	+00:09:51 (33.6%)	5:50	10.3 (66.9%)
47	<b>FRYDRYCH Paweł</b>	<b>67</b>		U49 M	12	<b>00:29:09.95</b>	<b>00:29:23.45</b>	+00:09:55 (33.8%)	5:50	10.3 (66.9%)
48	<b>SŁOWIŃSKI Paweł</b>	<b>251</b>		U39 M	20	<b>00:29:26.70</b>	<b>00:29:44.10</b>	+00:10:16 (34.5%)	5:53	10.2 (66.2%)
49	<b>ANDRUSZKIEWICZ Stanisław</b>	<b>1</b>		U59 M	3	<b>00:29:39.10</b>	<b>00:29:47.90</b>	+00:10:19 (34.7%)	5:55	10.1 (65.6%)
50	<b>GRALAK Robert</b>	<b>78</b>		U39 M	21	<b>00:29:42.25</b>	<b>00:29:55.90</b>	+00:10:27 (35.0%)	5:56	10.1 (65.6%)
51	<b>BARAŃSKI Dawid</b>	<b>14</b>		U29 M	11	<b>00:29:59.35</b>	<b>00:30:07.35</b>	+00:10:39 (35.4%)	5:59	10 (64.9%)
52	<b>JĘDRZEJEWSKI Adrian</b>	<b>97</b>		U39 M	22	<b>00:30:07.65</b>	<b>00:30:13.90</b>	+00:10:45 (35.6%)	6:01	10 (64.9%)
53	<b>KLAMECKI Marcin</b>	<b>112</b>		U39 M	23	<b>00:30:18.05</b>	<b>00:30:29.75</b>	+00:11:01 (36.2%)	6:03	9.9 (64.3%)
54	<b>KUCHARCZYK Dariusz</b>	<b>142</b>		U59 M	4	<b>00:30:21.95</b>	<b>00:30:34.75</b>	+00:11:06 (36.3%)	6:04	9.9 (64.3%)
55	<b>AWIZEN Antoni</b>	<b>9</b>		U70+ M	1	<b>00:31:09.60</b>	<b>00:31:12.15</b>	+00:11:44 (37.6%)	6:14	9.6 (62.3%)
56	<b>ROSZAK Zbigniew</b>	<b>238</b>		U39 M	24	<b>00:31:24.25</b>	<b>00:31:29.50</b>	+00:12:01 (38.2%)	6:16	9.6 (62.3%)
57	<b>JÓŻWIK Jacek</b>	<b>334</b>		U69 M	2	<b>00:31:30.50</b>	<b>00:31:37.35</b>	+00:12:09 (38.4%)	6:18	9.5 (61.7%)
58	<b>KULPA Szymon</b>	<b>152</b>		U39 M	25	<b>00:31:33.50</b>	<b>00:31:57.50</b>	+00:12:29 (39.1%)	6:18	9.5 (61.7%)
59	<b>RĘZINA Michał</b>	<b>235</b>		U39 M	26	<b>00:31:37.40</b>	<b>00:31:59.20</b>	+00:12:31 (39.1%)	6:19	9.5 (61.7%)
60	<b>KOTECKI Marcin</b>	<b>126</b>		U49 M	13	<b>00:31:38.65</b>	<b>00:31:59.50</b>	+00:12:31 (39.1%)	6:19	9.5 (61.7%)
61	<b>JARZEMBSKI Piotr</b>	<b>95</b>		U59 M	5	<b>00:32:50.40</b>	<b>00:32:59.85</b>	+00:13:31 (41.0%)	6:34	9.1 (59.1%)
62	<b>MEZYKOWSKI Krzysztof</b>	<b>186</b>		U49 M	14	<b>00:32:58.80</b>	<b>00:33:10.05</b>	+00:13:42 (41.3%)	6:35	9.1 (59.1%)
63	<b>KANARSKI Wojciech</b>	<b>106</b>		U14 M	1	<b>00:32:53.10</b>	<b>00:33:15.55</b>	+00:13:47 (41.5%)	6:34	9.1 (59.1%)
64	<b>NOWIŃSKI Jarosław</b>	<b>208</b>		U49 M	15	<b>00:33:09.45</b>	<b>00:33:19.10</b>	+00:13:51 (41.6%)	6:38	9 (58.4%)
65	<b>RUDNIKOWSKI Andrzej</b>	<b>240</b>		U59 M	6	<b>00:33:04.05</b>	<b>00:33:23.50</b>	+00:13:55 (41.7%)	6:36	9.1 (59.1%)
66	<b>GOLIK Krzysztof</b>	<b>76</b>		U49 M	16	<b>00:33:39.25</b>	<b>00:33:54.00</b>	+00:14:25 (42.6%)	6:44	8.9 (57.8%)
67	<b>SAWIEŁAJC Michał</b>	<b>246</b>		U49 M	17	<b>00:33:40.20</b>	<b>00:33:56.25</b>	+00:14:28 (42.6%)	6:44	8.9 (57.8%)
68	<b>WÓJCIK Piotr</b>	<b>309</b>		U14 M	2	<b>00:33:57.05</b>	<b>00:34:07.40</b>	+00:14:39 (42.9%)	6:47	8.8 (57.1%)
69	<b>STANISZEWSKI Konrad</b>	<b>262</b>		U39 M	27	<b>00:33:48.80</b>	<b>00:34:08.15</b>	+00:14:40 (43.0%)	6:45	8.9 (57.8%)
70	<b>TARASIK Krzysztof</b>	<b>281</b>		U49 M	18	<b>00:33:58.45</b>	<b>00:34:26.35</b>	+00:14:58 (43.5%)	6:47	8.8 (57.1%)
71	<b>KRUSZYNA Robert</b>	<b>134</b>		U49 M	19	<b>00:34:09.75</b>	<b>00:34:34.35</b>	+00:15:06 (43.7%)	6:50	8.8 (57.1%)
71	<b>KRUSZYNA Wiktor</b>	<b>136</b>		U11 M	2	<b>00:34:10.30</b>	<b>00:34:34.35</b>	+00:15:06 (43.7%)	6:50	8.8 (57.1%)
73	<b>STRZYŻOWSKI Paweł</b>	<b>265</b>		U49 M	20	<b>00:34:34.50</b>	<b>00:35:03.00</b>	+00:15:34 (44.5%)	6:55	8.7 (56.5%)
74	<b>BITNER Jan</b>	<b>23</b>		U39 M	28	<b>00:35:20.90</b>	<b>00:35:34.95</b>	+00:16:06 (45.3%)	7:04	8.5 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	<b>KULIK Stanislaw</b>	<b>151</b>		U39 M	29	<b>00:36:17.85</b>	<b>00:36:23.60</b>	+00:16:55 (46.5%)	7:15	8.3 (53.9%)
76	<b>DUSZYŃSKI Filip</b>	<b>59</b>		U49 M	21	<b>00:36:31.80</b>	<b>00:36:46.35</b>	+00:17:18 (47.1%)	7:18	8.2 (53.2%)
77	<b>BARTCZAK Piotr</b>	<b>17</b>		U39 M	30	<b>00:37:17.05</b>	<b>00:37:30.45</b>	+00:18:02 (48.1%)	7:27	8 (51.9%)
78	<b>KANARSKI Józef Grzegorz</b>	<b>105</b>		U59 M	7	<b>00:37:18.40</b>	<b>00:37:40.55</b>	+00:18:12 (48.3%)	7:27	8 (51.9%)
79	<b>ANGIEL Władysław</b>	<b>6</b>		U70+ M	2	<b>00:37:59.75</b>	<b>00:38:03.85</b>	+00:18:35 (48.9%)	7:35	7.9 (51.3%)
80	<b>LENC Janusz</b>	<b>163</b>		U69 M	3	<b>00:37:47.70</b>	<b>00:38:04.60</b>	+00:18:36 (48.9%)	7:33	7.9 (51.3%)
81	<b>ANDRYSZCZYK Paweł</b>	<b>3</b>		U11 M	3	<b>00:39:05.20</b>	<b>00:39:20.75</b>	+00:19:52 (50.5%)	7:49	7.7 (50.0%)
82	<b>GORCZYŃSKI Michał</b>	<b>332</b>		U29 M	12	<b>00:39:10.75</b>	<b>00:39:26.50</b>	+00:19:58 (50.6%)	7:50	7.7 (50.0%)
83	<b>LEWANDOWSKI Robert</b>	<b>172</b>		U49 M	22	<b>00:39:41.65</b>	<b>00:40:00.65</b>	+00:20:32 (51.3%)	7:56	7.6 (49.4%)
84	<b>FRYCA Hubert</b>	<b>65</b>		U39 M	31	<b>00:39:51.00</b>	<b>00:40:11.55</b>	+00:20:43 (51.6%)	7:58	7.5 (48.7%)
85	<b>ASTUKIEWICZ Tomasz</b>	<b>8</b>		U59 M	8	<b>00:40:00.40</b>	<b>00:40:13.70</b>	+00:20:45 (51.6%)	8:00	7.5 (48.7%)
86	<b>SCHNEIDER Krzysztof</b>	<b>247</b>		U59 M	9	<b>00:40:34.90</b>	<b>00:40:52.10</b>	+00:21:24 (52.4%)	8:07	7.4 (48.1%)
87	<b>PISZCZYŃSKI Rafał</b>	<b>222</b>		U49 M	23	<b>00:42:04.25</b>	<b>00:42:29.45</b>	+00:23:01 (54.2%)	8:24	7.1 (46.1%)
88	<b>GOLA Grzegorz</b>	<b>75</b>		U49 M	24	<b>00:42:16.60</b>	<b>00:42:43.35</b>	+00:23:15 (54.4%)	8:27	7.1 (46.1%)
89	<b>ANDRYSZCZYK Grzegorz</b>	<b>5</b>		U49 M	25	<b>00:42:43.55</b>	<b>00:43:02.45</b>	+00:23:34 (54.8%)	8:32	7 (45.5%)
90	<b>SUCHARA Jan</b>	<b>269</b>		U7 M	2	<b>00:45:08.15</b>	<b>00:45:23.20</b>	+00:25:55 (57.1%)	9:01	6.6 (42.9%)
91	<b>SUCHARA Dariusz</b>	<b>268</b>		U39 M	32	<b>00:45:07.70</b>	<b>00:45:23.50</b>	+00:25:55 (57.1%)	9:01	6.6 (42.9%)
92	<b>PIWECKI Paweł</b>	<b>224</b>		U49 M	26	<b>00:44:59.85</b>	<b>00:45:24.40</b>	+00:25:56 (57.1%)	9:00	6.7 (43.5%)
93	<b>HENCLIK Jacek</b>	<b>87</b>		U29 M	13	<b>00:47:22.95</b>	<b>00:47:43.65</b>	+00:28:15 (59.2%)	9:28	6.3 (40.9%)
94	<b>MALATYŃSKI Krzysztof</b>	<b>181</b>		U49 M	27	<b>00:50:05.20</b>	<b>00:50:33.15</b>	+00:31:05 (61.5%)	10:01	6 (39.0%)
95	<b>KOŚCIELSKI Marcin</b>	<b>124</b>		U29 M	14	<b>00:50:35.75</b>	<b>00:50:35.75</b>	+00:31:07 (61.5%)	10:07	5.9 (38.3%)
96	<b>HORKA Adam</b>	<b>89</b>		U49 M	28	<b>00:52:34.55</b>	<b>00:53:00.90</b>	+00:33:32 (63.3%)	10:30	5.7 (37.0%)
97	<b>STRZYŻOWSKI Nikodem</b>	<b>266</b>		U14 M	3	<b>01:01:15.70</b>	<b>01:01:48.65</b>	+00:42:20 (68.5%)	12:15	4.9 (31.8%)
98	<b>KOŚMIEJA Filip</b>	<b>125</b>		U14 M	4	<b>01:01:23.30</b>	<b>01:01:56.90</b>	+00:42:28 (68.6%)	12:16	4.9 (31.8%)
99	<b>GROCHOWSKI Jan</b>	<b>81</b>		U7 M	3	<b>01:01:34.65</b>	<b>01:02:06.40</b>	+00:42:38 (68.7%)	12:19	4.9 (31.8%)
100	<b>TYSZLUKIEWICZ Włodzimierz</b>	<b>289</b>		U69 M	4	<b>01:02:31.35</b>	<b>01:03:04.15</b>	+00:43:36 (69.1%)	12:30	4.8 (31.2%)
	<b>FIK Marek</b>	<b>62</b>		U39 M		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 101 wynik(ów)