

BYDGOSKI BIEG PO ODDECH

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Stowarzyszenie Waleczne Serca
Data: 2020-07-26
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: U49 M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**KRYGOWSKI Tomasz**	**137**		U49 M	1	**00:22:14.05**	**00:22:17.15**		4:26	13.5 (100%)
2	**UMIŃSKI Robert**	**291**		U49 M	2	**00:22:14.20**	**00:22:24.15**	+00:00:07 (0.5%)	4:27	13.5 (100%)
3	**SZEIB Robert**	**275**		U49 M	3	**00:24:48.75**	**00:24:53.70**	+00:02:36 (10.5%)	4:57	12.1 (89.6%)
4	**SIUDA Sebastian**	**248**		U49 M	4	**00:25:03.40**	**00:25:09.95**	+00:02:52 (11.4%)	5:00	12 (88.9%)
5	**SOŁDYGA Paweł**	**256**		U49 M	5	**00:25:09.85**	**00:25:12.95**	+00:02:55 (11.6%)	5:01	11.9 (88.1%)
6	**FIEGEL Wojciech**	**60**		U49 M	6	**00:25:30.15**	**00:25:34.20**	+00:03:17 (12.8%)	5:06	11.8 (87.4%)
7	**HRYCZ Paweł**	**91**		U49 M	7	**00:26:12.65**	**00:26:18.55**	+00:04:01 (15.3%)	5:14	11.4 (84.4%)
8	**KONDEK Jakub**	**119**		U49 M	8	**00:27:22.55**	**00:27:29.55**	+00:05:12 (18.9%)	5:28	11 (81.5%)
9	**WOJCIECHOWSKI Jarosław**	**303**		U49 M	9	**00:27:52.15**	**00:28:03.65**	+00:05:46 (20.6%)	5:34	10.8 (80.0%)
10	**MACIEJEWSKI Maciej**	**178**		U49 M	10	**00:27:58.45**	**00:28:06.55**	+00:05:49 (20.7%)	5:35	10.7 (79.3%)
11	**WOLSZCZAK Rafał**	**306**		U49 M	11	**00:28:04.25**	**00:28:29.70**	+00:06:12 (21.8%)	5:36	10.7 (79.3%)
12	**FRYDRYCH Paweł**	**67**		U49 M	12	**00:29:09.95**	**00:29:23.45**	+00:07:06 (24.2%)	5:50	10.3 (76.3%)
13	**KOTECKI Marcin**	**126**		U49 M	13	**00:31:38.65**	**00:31:59.50**	+00:09:42 (30.3%)	6:19	9.5 (70.4%)
14	**MEZYKOWSKI Krzysztof**	**186**		U49 M	14	**00:32:58.80**	**00:33:10.05**	+00:10:52 (32.8%)	6:35	9.1 (67.4%)
15	**NOWIŃSKI Jarosław**	**208**		U49 M	15	**00:33:09.45**	**00:33:19.10**	+00:11:01 (33.1%)	6:38	9 (66.7%)
16	**GOLIK Krzysztof**	**76**		U49 M	16	**00:33:39.25**	**00:33:54.00**	+00:11:36 (34.3%)	6:44	8.9 (65.9%)
17	**SAWIEŁAJC Michał**	**246**		U49 M	17	**00:33:40.20**	**00:33:56.25**	+00:11:39 (34.3%)	6:44	8.9 (65.9%)
18	**TARASIK Krzysztof**	**281**		U49 M	18	**00:33:58.45**	**00:34:26.35**	+00:12:09 (35.3%)	6:47	8.8 (65.2%)
19	**KRUSZYNA Robert**	**134**		U49 M	19	**00:34:09.75**	**00:34:34.35**	+00:12:17 (35.5%)	6:50	8.8 (65.2%)
20	**STRZYŻOWSKI Paweł**	**265**		U49 M	20	**00:34:34.50**	**00:35:03.00**	+00:12:45 (36.4%)	6:55	8.7 (64.4%)
21	**DUSZYŃSKI Filip**	**59**		U49 M	21	**00:36:31.80**	**00:36:46.35**	+00:14:29 (39.4%)	7:18	8.2 (60.7%)
22	**LEWANDOWSKI Robert**	**172**		U49 M	22	**00:39:41.65**	**00:40:00.65**	+00:17:43 (44.3%)	7:56	7.6 (56.3%)
23	**PISZCZYŃSKI Rafał**	**222**		U49 M	23	**00:42:04.25**	**00:42:29.45**	+00:20:12 (47.6%)	8:24	7.1 (52.6%)
24	**GOLA Grzegorz**	**75**		U49 M	24	**00:42:16.60**	**00:42:43.35**	+00:20:26 (47.8%)	8:27	7.1 (52.6%)
25	**ANDRYSZCZYK Grzegorz**	**5**		U49 M	25	**00:42:43.55**	**00:43:02.45**	+00:20:45 (48.2%)	8:32	7 (51.9%)
26	**PIWECKI Paweł**	**224**		U49 M	26	**00:44:59.85**	**00:45:24.40**	+00:23:07 (50.9%)	9:00	6.7 (49.6%)
27	**MALATYŃSKI Krzysztof**	**181**		U49 M	27	**00:50:05.20**	**00:50:33.15**	+00:28:16 (55.9%)	10:01	6 (44.4%)
28	**HORKA Adam**	**89**		U49 M	28	**00:52:34.55**	**00:53:00.90**	+00:30:43 (58.0%)	10:30	5.7 (42.2%)

Znaleziono 28 wynik(ów)