



Organizator:
Data:
Miejsce:
Dystans:

Aktywa Bydgoszcz
2016-06-05
Bydgoszcz
10 km

BYDGOSKI BIEG PRZEDSIĘBIORCÓW

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	645		K-30	1	00:00:01	00:38:48.40	00:38:50.15		3:52	15,5 (100%)
2	WADZIŃSKA Paulina	831	TRISPACE	K-30	2	00:00:06	00:40:22.80	00:40:29.55	+00:01:34 (3.9%)	4:02	14,9 (93.3%)
3	WOŹNIAKOWSKA Agata	224	RUN BYDGOSZCZ	K-30	3	00:00:06	00:41:24.35	00:41:31.05	+00:02:35 (6.3%)	4:08	14,5 (93.3%)
4	ŻAL Jolanta	9	SPÓJNIA BIAŁE BŁOTA	K-30	4	00:00:06	00:42:37.65	00:42:43.85	+00:03:49 (9.0%)	4:15	14,1 (93.3%)
5	GURNA Jolanta	321		K-50	1	00:00:05	00:43:46.65	00:43:51.75	+00:04:58 (11.4%)	4:22	13,7 (86.7%)
6	WNĘK Natalia	919		K-20	1	00:00:09	00:44:34.40	00:44:44.30	+00:05:46 (12.9%)	4:27	13,5 (86.7%)
7	SCHULZ Milena	840		K-30	5	00:00:05	00:46:07.60	00:46:13.15	+00:07:19 (15.9%)	4:36	13 (86.7%)
8	WEISBROT Magdalena	369		K-20	2	00:00:26	00:46:54.10	00:47:20.15	+00:08:05 (17.3%)	4:41	12,8 (80.0%)
9	KMIEĆ Karolina	517	TRISPACE	K-30	6	00:00:17	00:47:30.65	00:47:47.95	+00:08:42 (18.3%)	4:45	12,6 (80.0%)
10	JOACHIMIAK Kinga	949	BANK SPÓŁDZIELCZY W NAKLE NAD NOTECIĄ	K-20	3	00:00:09	00:47:48.00	00:47:57.20	+00:08:59 (18.8%)	4:46	12,6 (80.0%)
11	TATULIŃSKA Aleksandra	284	RUN BYDGOSZCZ	K-30	7	00:00:22	00:48:19.55	00:48:42.40	+00:09:31 (19.7%)	4:50	12,4 (80.0%)
12	FAC Daria	470		K-20	4	00:00:32	00:49:10.25	00:49:42.40	+00:10:21 (21.1%)	4:55	12,2 (80.0%)
13	RASZLIŃSKA Mariola	813		K-40	1	00:00:47	00:49:10.35	00:49:57.45	+00:10:21 (21.1%)	4:55	12,2 (80.0%)
14	WOŹNIAK Małgorzata	334		K-20	5	00:00:09	00:49:32.20	00:49:41.25	+00:10:43 (21.7%)	4:57	12,1 (80.0%)
15	BŁĄŻEJEWSKA-GOLIŃSKA Karolina	254	TRISPACE	K-30	8	00:00:21	00:49:53.65	00:50:15.00	+00:11:05 (22.2%)	4:59	12 (80.0%)
16	STASZKIEWICZ Lucyna	281	STASHKY TEAM	K-40	2	00:00:25	00:49:54.90	00:50:20.55	+00:11:06 (22.3%)	4:59	12 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	WYSZKOWSKA Marzena	881	1BLOG	K-30	9	00:00:54	00:49:55.10	00:50:49.15	+00:11:06 (22.3%)	4:59	12 (80.0%)
18	FUZ Emilia	362		K-20	6	00:00:26	00:50:00.35	00:50:26.80	+00:11:11 (22.4%)	5:00	12 (80.0%)
19	BADOWIEC Magdalena	896	GOGGLE PEA TEAM	K-30	10	00:00:06	00:50:03.30	00:50:09.50	+00:11:14 (22.5%)	5:00	12 (80.0%)
20	HORYD Justyna	973	SPORT FACTORY	K-30	11	00:00:48	00:50:24.45	00:51:13.00	+00:11:36 (23.0%)	5:02	11,9 (73.3%)
21	CZAPLEWSKA Agnieszka	344	KB ŁAPKA	K-30	12	00:00:29	00:50:28.75	00:50:58.10	+00:11:40 (23.1%)	5:02	11,9 (73.3%)
22	PASZEK Maria	788	TKKF KOLEJARZ	K-30	13	00:00:31	00:51:05.20	00:51:36.50	+00:12:16 (24.0%)	5:06	11,7 (73.3%)
23	STYKAŁA Adrianna	461		K-10	1	00:00:28	00:51:06.70	00:51:34.70	+00:12:18 (24.1%)	5:06	11,7 (73.3%)
24	BANASZAK Monika	631	RUN-PASJA BYDGOSZCZ	K-30	14	00:00:40	00:51:07.50	00:51:48.10	+00:12:19 (24.1%)	5:06	11,7 (73.3%)
25	WOŹNIAK Anna	220	RUN PASJA	K-30	15	00:00:24	00:51:28.05	00:51:52.80	+00:12:39 (24.6%)	5:08	11,7 (73.3%)
26	RUTKOWSKA Marta	452		K-10	2	00:00:12	00:52:06.20	00:52:18.90	+00:13:17 (25.5%)	5:12	11,5 (73.3%)
27	KWIATKOWSKA Bożena	136		K-40	3	00:00:35	00:52:14.85	00:52:50.45	+00:13:26 (25.7%)	5:13	11,5 (73.3%)
28	DUNAJEWSKA Magdalena	776		K-30	16	00:00:12	00:52:18.95	00:52:31.85	+00:13:30 (25.8%)	5:13	11,5 (73.3%)
29	MOLENDĄ Patrycja	448	KLINIKA TRIATHLONU	K-20	7	00:00:37	00:52:27.65	00:53:04.65	+00:13:39 (26.0%)	5:14	11,4 (73.3%)
30	POTRZEBOWSKA Agata	272		K-30	17	00:00:27	00:52:34.10	00:53:02.00	+00:13:45 (26.2%)	5:15	11,4 (73.3%)
31	ZAGOŹDŹON Wioleta	324		K-30	18	00:00:28	00:52:34.45	00:53:03.05	+00:13:46 (26.2%)	5:15	11,4 (73.3%)
32	KOLANOWSKA Grażyna	320		K-50	2	00:00:26	00:52:36.95	00:53:03.90	+00:13:48 (26.2%)	5:15	11,4 (73.3%)
33	PRZYBYLSKA Karolina	112	KLINIKA TRIATHLONU	K-20	8	00:00:37	00:52:40.15	00:53:17.75	+00:13:51 (26.3%)	5:16	11,4 (73.3%)
34	CHODUR Agnieszka	483		K-30	19	00:00:32	00:52:41.85	00:53:14.80	+00:13:53 (26.4%)	5:16	11,4 (73.3%)
35	MAZANOWSKA Ewa	29	RUN-PASJA	K-30	20	00:00:42	00:52:47.10	00:53:29.25	+00:13:58 (26.5%)	5:16	11,4 (73.3%)
36	MARAŚKIEWICZ Agnieszka	185		K-20	9	00:00:36	00:52:52.70	00:53:29.55	+00:14:04 (26.6%)	5:17	11,3 (73.3%)
37	DROŹDŹ Małgorzata	519	KLONIKTEAM	K-30	21	00:00:26	00:53:06.30	00:53:32.45	+00:14:17 (26.9%)	5:18	11,3 (73.3%)
38	BICKOWSKA Magdalena	283	RUN BYDGOSZCZ	K-30	22	00:00:29	00:53:17.25	00:53:47.00	+00:14:28 (27.2%)	5:19	11,3 (73.3%)
39	RYBKA Ilona	163		K-40	4	00:00:33	00:53:17.30	00:53:50.70	+00:14:28 (27.2%)	5:19	11,3 (73.3%)

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40	OSSOWSKA Joanna	633		K-30	23	00:00:54	00:53:18.65	00:54:12.85	+00:14:30 (27.2%)	5:19	11,3 (73.3%)
41	TOMCZAK Ewa	259		K-20	10	00:00:41	00:53:21.55	00:54:03.40	+00:14:33 (27.3%)	5:20	11,2 (73.3%)
42	WŁODARCZYK Olga	82		K-20	11	00:00:09	00:53:21.75	00:53:31.45	+00:14:33 (27.3%)	5:20	11,2 (73.3%)
43	BUCHHOLZ Monika	422		K-20	12	00:00:06	00:53:22.05	00:53:28.75	+00:14:33 (27.3%)	5:20	11,2 (73.3%)
44	STĘPIEŃ Monika	135		K-30	24	00:01:03	00:53:51.60	00:54:54.75	+00:15:03 (27.9%)	5:23	11,1 (73.3%)
45	KALLAS-LIPSKA Anetta	997	RUN BYDGOSZCZ	K-40	5	00:00:35	00:53:54.85	00:54:29.95	+00:15:06 (28.0%)	5:23	11,1 (73.3%)
46	WOJDAT Dominika	852		K-20	13	00:00:11	00:53:57.75	00:54:09.25	+00:15:09 (28.1%)	5:23	11,1 (73.3%)
47	SCHUMACHER-RATAJ Marta	907		K-30	25	00:00:11	00:54:09.15	00:54:20.80	+00:15:20 (28.3%)	5:24	11,1 (73.3%)
48	GUMIENNA Natalia	155	SPÓJNIA BIAŁE BŁOTA	K-20	14	00:00:24	00:54:09.80	00:54:34.75	+00:15:21 (28.4%)	5:25	11,1 (73.3%)
49	DERING Hanna	466		K-30	26	00:00:23	00:54:11.45	00:54:34.85	+00:15:23 (28.4%)	5:25	11,1 (73.3%)
50	FAC Dorota	394		K-30	27	00:00:32	00:54:15.60	00:54:48.40	+00:15:27 (28.5%)	5:25	11,1 (73.3%)
51	MOROSZCZAK Dominika	498	SPÓJNIA BIAŁE BŁOTA	K-30	28	00:00:26	00:54:16.70	00:54:43.45	+00:15:28 (28.5%)	5:25	11,1 (73.3%)
52	ANDRZEJEWSKA Agnieszka	760	BYLE NIE KIEPSCY	K-30	29	00:00:38	00:54:28.50	00:55:07.35	+00:15:40 (28.8%)	5:26	11 (73.3%)
53	ETTINGER Justyna	987	RUN BYDGOSZCZ	K-30	30	00:00:46	00:54:35.80	00:55:22.65	+00:15:47 (28.9%)	5:27	11 (73.3%)
54	DOBIES Maria	40	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	K-40	6	00:00:05	00:54:48.20	00:54:53.45	+00:15:59 (29.2%)	5:28	10,9 (66.7%)
55	KAMIŃSKA Agnieszka	699		K-30	31	00:00:14	00:54:49.35	00:55:03.85	+00:16:00 (29.2%)	5:28	10,9 (66.7%)
56	MONARCHA Eryka	854		K-10	3	00:01:16	00:54:52.45	00:56:09.20	+00:16:04 (29.3%)	5:29	10,9 (66.7%)
57	BEDNAREK Marta	316		K-30	32	00:00:41	00:55:14.05	00:55:55.70	+00:16:25 (29.7%)	5:31	10,9 (66.7%)
58	PADZIKOWSKA Agnieszka	201		K-30	33	00:00:26	00:55:23.70	00:55:50.65	+00:16:35 (29.9%)	5:32	10,8 (66.7%)
59	BOULGE Beata	765		K-40	7	00:00:31	00:55:31.95	00:56:03.75	+00:16:43 (30.1%)	5:33	10,8 (66.7%)
60	DULIŃSKA Dorota	630	TRISPACE	K-40	8	00:00:32	00:55:33.35	00:56:05.35	+00:16:44 (30.1%)	5:33	10,8 (66.7%)
61	MALINOWSKA Anna	835		K-30	34	00:00:31	00:55:43.30	00:56:14.30	+00:16:54 (30.4%)	5:34	10,8 (66.7%)
62	BEDNAREK Magdalena	444	ANDOMA	K-30	35	00:00:33	00:55:44.15	00:56:17.55	+00:16:55 (30.4%)	5:34	10,8 (66.7%)

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63	KWIATKOWSKA Karolina	123		K-20	15	00:00:35	00:55:44.55	00:56:20.15	+00:16:56 (30.4%)	5:34	10,8 (66.7%)
64	MARKLIK Grażyna	561		K-40	9	00:00:32	00:55:44.60	00:56:17.15	+00:16:56 (30.4%)	5:34	10,8 (66.7%)
65	KALISZEWSKA Małgorzata	628	RUN-PASJA	K-30	36	00:00:45	00:55:46.60	00:56:32.35	+00:16:58 (30.4%)	5:34	10,8 (66.7%)
66	WOJDAT Marta	853	BLACK PANTHER	K-20	16	00:00:04	00:56:04.75	00:56:09.15	+00:17:16 (30.8%)	5:36	10,7 (66.7%)
67	SIEWERT Hanna	55		K-30	37	00:00:53	00:56:15.50	00:57:09.40	+00:17:27 (31.0%)	5:37	10,7 (66.7%)
68	CICHULSKA-QUAAS Izabela	353	RUN PASJA BYDGOSZCZ	K-30	38	00:00:41	00:56:18.00	00:56:59.75	+00:17:29 (31.1%)	5:37	10,7 (66.7%)
69	MUSZYŃSKA Agata	963		K-20	17	00:00:43	00:56:25.85	00:57:08.85	+00:17:37 (31.2%)	5:38	10,6 (66.7%)
70	BRZozowska Elżbieta	602	BRZOZA TRI TEAM	K-50	3	00:00:48	00:56:33.65	00:57:22.35	+00:17:45 (31.4%)	5:39	10,6 (66.7%)
71	OŻGA Agnieszka	846		K-20	18	00:00:37	00:56:44.05	00:57:21.65	+00:17:55 (31.6%)	5:40	10,6 (66.7%)
72	MICHTA Iwona	414	SPÓJNIA BIAŁE BŁOTA	K-30	39	00:00:49	00:56:46.65	00:57:35.65	+00:17:58 (31.7%)	5:40	10,6 (66.7%)
73	ĆWIKLIŃSKA Anna	515	KLONIKTEAM	K-30	40	00:00:30	00:56:48.70	00:57:19.65	+00:18:00 (31.7%)	5:40	10,6 (66.7%)
74	RUDOL Magdalena	424		K-40	10	00:00:10	00:57:02.00	00:57:12.55	+00:18:13 (32.0%)	5:42	10,5 (66.7%)
75	WAWIERNIA Kamila	521	SPÓJNIA BIAŁE BŁOTA	K-20	19	00:00:47	00:57:09.95	00:57:57.60	+00:18:21 (32.1%)	5:43	10,5 (66.7%)
76	MALICKA Beata	290	BYDGOSZCZ	K-50	4	00:00:29	00:57:12.50	00:57:42.40	+00:18:24 (32.2%)	5:43	10,5 (66.7%)
77	FUZ Gabriela	346	KABEL TEAM BYDGOSZCZ	K-40	11	00:00:26	00:57:22.60	00:57:49.50	+00:18:34 (32.4%)	5:44	10,5 (66.7%)
78	KISZKA Justyna	756	RUNPASJA	K-30	41	00:00:43	00:57:22.95	00:58:06.55	+00:18:34 (32.4%)	5:44	10,5 (66.7%)
79	CIECHANOWSKA Agnieszka	892		K-20	20	00:00:09	00:57:23.95	00:57:33.65	+00:18:35 (32.4%)	5:44	10,5 (66.7%)
80	CZARNECKA-PIJAROWSKA Dominika	1005		K-30	42	00:00:02	00:57:28.15	00:57:30.60	+00:18:39 (32.5%)	5:44	10,4 (66.7%)
81	ZABDYR Ewelina	930		K-20	21	00:00:34	00:57:28.60	00:58:03.55	+00:18:40 (32.5%)	5:44	10,4 (66.7%)
81	JANIK Agnieszka	99		K-30	43	00:00:19	00:57:28.60	00:57:48.30	+00:18:40 (32.5%)	5:44	10,4 (66.7%)
83	BIERNAT Renata	887	RUNERS TEAM JEŻEWO	K-20	22	00:00:44	00:57:46.35	00:58:31.00	+00:18:57 (32.8%)	5:46	10,4 (66.7%)
84	JĘDRZEJCZAK Aleksandra	257		K-20	23	00:00:36	00:58:00.90	00:58:37.35	+00:19:12 (33.1%)	5:48	10,3 (66.7%)
85	FLOREK Milena	566	REMEDIA	K-30	44	00:00:46	00:58:08.45	00:58:54.80	+00:19:20 (33.3%)	5:48	10,3 (66.7%)

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86	STRABEL Maria	306		K-50	5	00:00:14	00:58:12.45	00:58:26.60	+00:19:24 (33.3%)	5:49	10,3 (66.7%)
87	HARASIMCZYK Weronika	84		K-20	24	00:00:47	00:58:16.25	00:59:04.20	+00:19:27 (33.4%)	5:49	10,3 (66.7%)
88	PROKOPOWICZ Agnieszka	179		K-30	45	00:00:14	00:58:24.45	00:58:39.10	+00:19:36 (33.6%)	5:50	10,3 (66.7%)
89	WAWRZYNIAK Karolina	355		K-30	46	00:00:52	00:58:34.10	00:59:26.45	+00:19:45 (33.7%)	5:51	10,2 (66.7%)
90	PŁACZKOWSKA Magdalena	359		K-30	47	00:00:52	00:58:34.35	00:59:26.60	+00:19:45 (33.7%)	5:51	10,2 (66.7%)
91	SULSKA Marta	36		K-30	48	00:00:43	00:58:38.00	00:59:21.15	+00:19:49 (33.8%)	5:51	10,2 (66.7%)
92	KUGACZ Aneta	607	RUN BYDGOSZCZ	K-30	49	00:00:39	00:58:39.85	00:59:19.65	+00:19:51 (33.8%)	5:52	10,2 (66.7%)
93	TOMCZYK Agnieszka	698		K-30	50	00:00:49	00:58:42.30	00:59:31.35	+00:19:53 (33.9%)	5:52	10,2 (66.7%)
94	STAFIŃSKA Paulina	209		K-30	51	00:00:22	00:58:42.55	00:59:05.35	+00:19:54 (33.9%)	5:52	10,2 (66.7%)
95	STRZESZAK Sylwia	197		K-30	52	00:00:22	00:58:43.00	00:59:05.25	+00:19:54 (33.9%)	5:52	10,2 (66.7%)
96	FLORCZAK Monika	386	RTV EURO AGD	K-30	53	00:00:50	00:58:58.40	00:59:48.75	+00:20:10 (34.2%)	5:53	10,2 (66.7%)
97	BURCHARDT Mirosława	712	RWT W BYDGOSZCZY	K-60+	1	00:01:00	00:59:04.90	01:00:05.60	+00:20:16 (34.3%)	5:54	10,2 (66.7%)
98	ZATOŃ Bożena	644	RUN PASJA BYDGOSZCZ	K-50	6	00:00:41	00:59:11.50	00:59:52.65	+00:20:23 (34.4%)	5:55	10,1 (66.7%)
99	MENDEL Magdalena	288		K-20	25	00:00:22	00:59:12.65	00:59:35.45	+00:20:24 (34.5%)	5:55	10,1 (66.7%)
100	KAMPER Małgorzata	340		K-40	12	00:00:51	00:59:18.25	01:00:10.00	+00:20:29 (34.6%)	5:55	10,1 (66.7%)
101	PULKOWSKA Natalia	392		K-30	54	00:00:50	00:59:22.60	01:00:12.75	+00:20:34 (34.6%)	5:56	10,1 (66.7%)
102	GLISZCZYŃSKA Joanna	89		K-20	26	00:00:55	00:59:26.40	01:00:21.50	+00:20:38 (34.7%)	5:56	10,1 (66.7%)
103	KOŚMICKA Emilia	857		K-30	55	00:01:06	00:59:28.10	01:00:34.45	+00:20:39 (34.7%)	5:56	10,1 (66.7%)
104	RAKAŁOWICZ Justyna	32		K-30	56	00:00:20	00:59:31.60	00:59:52.45	+00:20:43 (34.8%)	5:57	10,1 (66.7%)
105	SOSIŃSKA Agata	279		K-20	27	00:00:13	00:59:32.45	00:59:46.25	+00:20:44 (34.8%)	5:57	10,1 (66.7%)
106	POPIELA-LICA Iwona	676		K-30	57	00:00:57	00:59:43.45	01:00:40.70	+00:20:55 (35.0%)	5:58	10 (66.7%)
107	CUDAK Małgorzata	545	AQUA 4	K-30	58	00:00:36	00:59:46.20	01:00:22.95	+00:20:57 (35.1%)	5:58	10 (66.7%)
108	MARCINIAK Justyna	261	RUN BYDGOSZCZ	K-30	59	00:00:50	00:59:48.30	01:00:38.85	+00:20:59 (35.1%)	5:58	10 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
109	NUNZEK Agnieszka	335		K-40	13	00:00:43	00:59:53.75	01:00:37.50	+00:21:05 (35.2%)	5:59	10 (66.7%)
110	STYPCZYŃSKA Natalia	428		K-20	28	00:00:49	01:00:00.15	01:00:49.25	+00:21:11 (35.3%)	6:00	10 (66.7%)
111	PYTLIK Agnieszka	522		K-20	29	00:00:30	01:00:04.60	01:00:34.85	+00:21:16 (35.4%)	6:00	10 (66.7%)
112	PIECYK-CZAJA Sonia	671		K-30	60	00:00:40	01:00:17.20	01:00:57.30	+00:21:28 (35.6%)	6:01	10 (66.7%)
113	NALEWALSKA Justyna	739		K-20	30	00:00:45	01:00:20.45	01:01:05.70	+00:21:32 (35.7%)	6:02	9,9 (60.0%)
114	MYLER Georgina	61	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	K-30	61	00:00:00	01:00:23.20	01:00:23.20	+00:21:34 (35.7%)	6:02	9,9 (60.0%)
115	WIŚNIEWSKA Karina	198	RUN BYDGOSZCZ	K-10	4	00:00:15	01:00:29.65	01:00:45.35	+00:21:41 (35.9%)	6:03	9,9 (60.0%)
116	KOSECKA Justyna	103	ORTIMED RUNNERS TEAM	K-30	62	00:00:52	01:00:31.55	01:01:23.90	+00:21:43 (35.9%)	6:03	9,9 (60.0%)
117	WRZYSZCZ Marzena	407		K-30	63	00:00:07	01:00:31.65	01:00:38.65	+00:21:43 (35.9%)	6:03	9,9 (60.0%)
118	JĘDRZEJEWSKA Joanna	106		K-20	31	00:00:59	01:00:36.20	01:01:36.05	+00:21:47 (36.0%)	6:03	9,9 (60.0%)
119	WORONIECKA Anna	219		K-30	64	00:00:13	01:00:43.70	01:00:57.55	+00:21:55 (36.1%)	6:04	9,9 (60.0%)
120	KUBIAK Małgorzata	435	FIRMA SZKOLENIOWO - USŁUGOWO - HANDLOWA 'DITTO'	K-30	65	00:01:14	01:00:51.85	01:02:05.90	+00:22:03 (36.2%)	6:05	9,9 (60.0%)
121	DOMŻALSKA Sławomira	686		K-40	14	00:01:11	01:00:54.90	01:02:06.80	+00:22:06 (36.3%)	6:05	9,8 (60.0%)
122	KACZMAREK Anna	110		K-30	66	00:00:36	01:00:59.90	01:01:36.75	+00:22:11 (36.4%)	6:06	9,8 (60.0%)
123	KOBYLARZ Paulina Róża	425		K-20	32	00:00:32	01:01:02.55	01:01:34.60	+00:22:14 (36.4%)	6:06	9,8 (60.0%)
124	SZPERA Joanna	640		K-40	15	00:00:41	01:01:04.80	01:01:46.10	+00:22:16 (36.5%)	6:06	9,8 (60.0%)
125	NOWAK Justyna	415		K-20	33	00:00:48	01:01:14.95	01:02:03.00	+00:22:26 (36.6%)	6:07	9,8 (60.0%)
126	JACKOWIAK-ZALEWSKA Agnieszka	718		K-30	67	00:01:01	01:01:21.75	01:02:23.15	+00:22:33 (36.8%)	6:08	9,8 (60.0%)
127	BEDNAREK Grażyna	666	RUN PASJA	K-40	16	00:00:44	01:01:24.40	01:02:08.65	+00:22:36 (36.8%)	6:08	9,8 (60.0%)
128	RZEPECKA Katarzyna	625		K-30	68	00:01:02	01:01:27.10	01:02:29.75	+00:22:38 (36.9%)	6:08	9,8 (60.0%)
129	RASSALSKA-KAUSA Jola	6		K-30	69	00:00:48	01:01:51.30	01:02:40.00	+00:23:02 (37.3%)	6:11	9,7 (60.0%)
130	CZYŻEWSKA Justyna	616		K-30	70	00:00:47	01:02:04.35	01:02:52.30	+00:23:15 (37.5%)	6:12	9,7 (60.0%)
131	WEŁNIŃSKA Aleksandra	314		K-20	34	00:00:39	01:02:10.15	01:02:49.40	+00:23:21 (37.6%)	6:13	9,7 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
132	BIAŁOBLÓCKA Patrycja	861	KB LECH RYPIN	K-20	35	00:00:54	01:02:24.70	01:03:18.90	+00:23:36 (37.8%)	6:14	9,6 (60.0%)
133	SZMATUŁA Elżbieta	319		K-20	36	00:01:08	01:02:25.30	01:03:33.50	+00:23:36 (37.8%)	6:14	9,6 (60.0%)
134	BALCERZAK Dorota	883	BBL INOWROCŁAW	K-40	17	00:00:44	01:02:32.45	01:03:17.30	+00:23:44 (37.9%)	6:15	9,6 (60.0%)
135	WOJCIECHOWSKA Emilia	213		K-40	18	00:01:04	01:03:01.05	01:04:05.40	+00:24:12 (38.4%)	6:18	9,5 (60.0%)
136	FINGAS Natalia	991		K-20	37	00:00:52	01:03:22.05	01:04:15.00	+00:24:33 (38.8%)	6:20	9,5 (60.0%)
137	CHRÓŚCIŃSKA Justyna	95	GORDON RUN	K-20	38	00:00:59	01:03:22.70	01:04:22.40	+00:24:34 (38.8%)	6:20	9,5 (60.0%)
138	ANDRZEJEWSKA Monika	762	BYLE NIE KIEPSCY	K-30	71	00:00:38	01:03:42.45	01:04:21.30	+00:24:54 (39.1%)	6:22	9,4 (60.0%)
139	SOKÓŁ Krystyna	107		K-20	39	00:00:54	01:03:57.80	01:04:52.40	+00:25:09 (39.3%)	6:23	9,4 (60.0%)
140	CEMKE Magdalena	66		K-20	40	00:00:41	01:04:07.90	01:04:49.80	+00:25:19 (39.5%)	6:24	9,4 (60.0%)
141	MACIEJEWSKA-BŁACHEWICZ Joanna	1010	RUNSPACE	K-30	72	00:01:01	01:04:14.30	01:05:16.00	+00:25:25 (39.6%)	6:25	9,3 (60.0%)
142	KLUGIEWICZ Dorota	658		K-40	19	00:00:43	01:04:29.70	01:05:13.55	+00:25:41 (39.8%)	6:27	9,3 (60.0%)
143	JURUŚ Jolanta	232		K-50	7	00:00:44	01:04:34.25	01:05:18.70	+00:25:45 (39.9%)	6:27	9,3 (60.0%)
144	ANDRZEJEWSKA Kamila	763	BYLE NIE KIEPSCY	K-20	41	00:00:38	01:04:55.75	01:05:34.60	+00:26:07 (40.2%)	6:29	9,2 (60.0%)
145	ŁABUŚ-CENTEK Marta	540		K-30	73	00:00:57	01:04:59.25	01:05:56.95	+00:26:10 (40.3%)	6:29	9,2 (60.0%)
146	SZATKOWSKA Beata	893		K-50	8	00:01:10	01:05:10.65	01:06:21.05	+00:26:22 (40.5%)	6:31	9,2 (60.0%)
147	DEPKA Agnieszka	42		K-30	74	00:01:08	01:05:15.25	01:06:24.20	+00:26:26 (40.5%)	6:31	9,2 (60.0%)
148	DAŃCZUK Agnieszka	427		K-40	20	00:01:01	01:05:20.90	01:06:22.35	+00:26:32 (40.6%)	6:32	9,2 (60.0%)
149	OSSOWSKA Danka	734		K-40	21	00:00:53	01:05:21.05	01:06:14.50	+00:26:32 (40.6%)	6:32	9,2 (60.0%)
150	WITKOWSKA Marta	370		K-20	42	00:00:57	01:05:23.65	01:06:20.85	+00:26:35 (40.7%)	6:32	9,2 (60.0%)
151	BIEGALA Renata	733		K-50	9	00:00:53	01:05:23.75	01:06:17.15	+00:26:35 (40.7%)	6:32	9,2 (60.0%)
152	GORGOL Renata	350	CARREFOUR	K-40	22	00:01:03	01:06:14.50	01:07:17.90	+00:27:26 (41.4%)	6:37	9,1 (60.0%)
153	RATAJCZAK Natalia	799		K-20	43	00:01:05	01:06:28.55	01:07:34.05	+00:27:40 (41.6%)	6:38	9 (60.0%)
154	RASSALSKA Roma	10		K-30	75	00:00:47	01:06:31.95	01:07:19.60	+00:27:43 (41.7%)	6:39	9 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
155	BORKOWSKA Karolina	45		K-20	44	00:00:57	01:06:45.00	01:07:42.30	+00:27:56 (41.9%)	6:40	9 (60.0%)
156	PAKULSKA Dorota	638		K-40	23	00:00:41	01:06:47.15	01:07:28.40	+00:27:58 (41.9%)	6:40	9 (60.0%)
157	SZAŁAPSKA Monika	985		K-30	76	00:01:08	01:07:00.95	01:08:09.30	+00:28:12 (42.1%)	6:42	9 (60.0%)
158	PŁACZKOWSKA Justyna	565	WEEKENDOWY BIEGACZ	K-20	45	00:00:58	01:07:12.65	01:08:11.45	+00:28:24 (42.3%)	6:43	8,9 (53.3%)
159	RASZKOWSKA Klaudia	244		K-20	46	00:01:08	01:07:34.20	01:08:42.25	+00:28:45 (42.6%)	6:45	8,9 (53.3%)
160	KUFTA Ewelina	332	ATOS TEAM	K-30	77	00:00:43	01:07:34.90	01:08:18.70	+00:28:46 (42.6%)	6:45	8,9 (53.3%)
161	JACHIMOWSKA Malwina	241		K-20	47	00:01:07	01:07:34.95	01:08:42.35	+00:28:46 (42.6%)	6:45	8,9 (53.3%)
162	KOTOWSKA-KOWALSKA Anna	237	RUN BYDGOSZCZ	K-30	78	00:01:02	01:07:38.95	01:08:41.40	+00:28:50 (42.6%)	6:45	8,9 (53.3%)
163	NADOLNA Aurelia	298	WEEKENDOWY BIEGACZ	K-30	79	00:00:58	01:07:43.50	01:08:41.55	+00:28:55 (42.7%)	6:46	8,9 (53.3%)
164	KARDACH Magdalena	397	ALLIANZ RUNNING TEAM	K-30	80	00:00:58	01:07:43.65	01:08:41.65	+00:28:55 (42.7%)	6:46	8,9 (53.3%)
165	KATLEWSKA Marika	513		K-30	81	00:01:07	01:07:47.25	01:08:54.35	+00:28:58 (42.8%)	6:46	8,9 (53.3%)
166	PLEWIŃSKA Renata	67	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	K-40	24	00:00:05	01:07:58.40	01:08:04.30	+00:29:10 (42.9%)	6:47	8,8 (53.3%)
167	SMOLEŃ Joanna	967		K-30	82	00:01:04	01:08:02.00	01:09:06.45	+00:29:13 (43.0%)	6:48	8,8 (53.3%)
168	BORDON Monika	873		K-20	48	00:00:32	01:08:03.40	01:08:36.20	+00:29:15 (43.0%)	6:48	8,8 (53.3%)
169	PIETRZAK Katarzyna	958		K-10	5	00:01:05	01:08:12.00	01:09:17.15	+00:29:23 (43.1%)	6:49	8,8 (53.3%)
170	BŁACHEWICZ Magdalena	725		K-30	83	00:01:04	01:08:20.80	01:09:25.45	+00:29:32 (43.2%)	6:50	8,8 (53.3%)
171	SUDOŁ Karolina	972	LIMONKA TEAM	K-30	84	00:01:01	01:08:53.65	01:09:55.05	+00:30:05 (43.7%)	6:53	8,7 (53.3%)
172	KACHELSKA Aleksandra	715		K-30	85	00:01:01	01:09:36.65	01:10:37.75	+00:30:48 (44.3%)	6:57	8,6 (53.3%)
173	MIKLER Aleksandra	190		K-20	49	00:01:14	01:10:18.05	01:11:32.70	+00:31:29 (44.8%)	7:01	8,5 (53.3%)
174	LIBERA Sabina	88	PARKRUN BYDGOSZCZ	K-40	25	00:00:54	01:12:06.65	01:13:01.25	+00:33:18 (46.2%)	7:12	8,3 (53.3%)
175	BINDEK Marta	789		K-30	86	00:00:16	01:12:41.55	01:12:57.70	+00:33:53 (46.6%)	7:16	8,3 (53.3%)
176	PIKAŁA Magda	348		K-20	50	00:01:10	01:13:50.60	01:15:01.55	+00:35:02 (47.4%)	7:23	8,1 (53.3%)
177	LASOK Milena	549		K-Open	1	00:01:07	01:14:30.20	01:15:37.60	+00:35:41 (47.9%)	7:27	8,1 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	KORDAS-LEWANDOWSKA Agnieszka	687	BIL BIEGA	K-30	87	00:00:58	01:15:18.45	01:16:17.05	+00:36:30 (48.5%)	7:31	8 (53.3%)
179	PASIEKA Magda	15		K-30	88	00:00:53	01:15:23.75	01:16:16.90	+00:36:35 (48.5%)	7:32	8 (53.3%)
180	DZIEŁAK Ola	277		K-10	6	00:00:49	01:18:35.35	01:19:24.70	+00:39:46 (50.6%)	7:51	7,6 (46.7%)
181	KARAŚ Anna	53	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	K-40	26	00:00:58	01:19:58.20	01:20:56.30	+00:41:09 (51.5%)	7:59	7,5 (46.7%)
182	KOWALSKA Klaudia	408	III LO IM.ADAMA MICKIEWICZ	K-10	7	00:00:45	01:20:55.50	01:21:40.90	+00:42:07 (52.0%)	8:05	7,4 (46.7%)
183	PLIT Klaudia	417		K-10	8	00:00:45	01:20:57.15	01:21:42.95	+00:42:08 (52.1%)	8:05	7,4 (46.7%)
184	SKRZYPEK-LASOK Agnieszka	544		K-30	89	00:00:35	01:20:57.25	01:21:33.00	+00:42:08 (52.1%)	8:05	7,4 (46.7%)
185	RYŚNIK Wioletta	954		K-40	27	00:00:56	01:20:57.80	01:21:54.70	+00:42:09 (52.1%)	8:05	7,4 (46.7%)
186	RUDNICKA Karolina	208	TASAK TEAM	K-30	90	00:00:55	01:21:06.35	01:22:02.15	+00:42:17 (52.2%)	8:06	7,4 (46.7%)
187	KOSOŃ Danuta	57	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	K-60+	2	00:00:05					(0.0%)
188	RUTKOWSKA Dorota	459		K-10	9	00:00:11					(0.0%)

Znaleziono 188 wynik(ów)