



Organiser:
Date:
Place:
Distance:

Aktywa Bydgoszcz
2016-06-05
Bydgoszcz
10 km

BYDGOSKI BIEG PRZEDSIĘBIORCÓW

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-20

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	TUCZYŃSKI Sylwester	411	BYDGOSKIE OKONIE	M-20	1	00:00:02	00:37:08.15	00:37:10.45		3:42	16,2 (100%)
2	SZYMAŃSKI Maciej	974		M-20	2	00:00:02	00:37:53.35	00:37:55.65	+00:00:45 (2.0%)	3:47	15,8 (93.8%)
3	KLÓSKA Fabian	151	SPÓJNIA BIAŁE BŁOTA	M-20	3	00:00:01	00:37:58.65	00:38:00.40	+00:00:50 (2.2%)	3:47	15,8 (93.8%)
4	GRALIK Jędrzej	159	BYDGOSKIE OKONIE	M-20	4	00:00:04	00:39:56.70	00:40:01.50	+00:02:48 (7.0%)	3:59	15 (93.8%)
5	SADECKI Karol	570	ATOS TEAM	M-20	5	00:00:04	00:40:39.25	00:40:43.80	+00:03:31 (8.7%)	4:03	14,8 (87.5%)
6	ZIELIŃSKI Nicolas	115	INTERSPORT POLSKA	M-20	6	00:00:05	00:41:03.85	00:41:08.95	+00:03:55 (9.6%)	4:06	14,6 (87.5%)
7	SIBIELAK Damian	956		M-20	7	00:00:18	00:41:44.45	00:42:03.35	+00:04:36 (11.0%)	4:10	14,4 (87.5%)
8	MOGILNICKI Dominik	903		M-20	8	00:00:46	00:42:05.70	00:42:52.00	+00:04:57 (11.8%)	4:12	14,3 (87.5%)
9	WARSZAWSKI Przemysław	34		M-20	9	00:00:03	00:42:42.35	00:42:46.25	+00:05:34 (13.0%)	4:16	14 (87.5%)
10	SZCZĘŚNY Piotr	1015	MVM	M-20	10	00:00:03	00:43:24.70	00:43:28.35	+00:06:16 (14.5%)	4:20	13,8 (81.3%)
11	KWIATKOWSKI Damian	1014	RUN BYDGOSZCZ	M-20	11	00:00:30	00:43:35.95	00:44:06.20	+00:06:27 (14.8%)	4:21	13,8 (81.3%)
12	BIĄŁY Dawid	431	SPÓJNIA BIAŁE BŁOTA	M-20	12	00:00:26	00:43:49.85	00:44:16.45	+00:06:41 (15.3%)	4:23	13,7 (81.3%)
13	DĘBSKI Rafał	90		M-20	13	00:00:03	00:44:09.20	00:44:12.65	+00:07:01 (15.9%)	4:24	13,6 (81.3%)
14	KANNENBERG Maciej	796	GREGORIAN RUN TEAM	M-20	14	00:00:46	00:44:23.55	00:45:10.10	+00:07:15 (16.3%)	4:26	13,5 (81.3%)
15	GWÓŹDŹ Kamil	240	TKKF WODNIK WIĘCIBORK	M-20	15	00:00:22	00:44:31.25	00:44:53.25	+00:07:23 (16.6%)	4:27	13,5 (81.3%)
16	SZCZEBLEWSKI Paweł	437		M-20	16	00:00:05	00:44:36.35	00:44:41.75	+00:07:28 (16.7%)	4:27	13,5 (81.3%)
17	SZYCHOWSKI Jarosław	1011	TKKF KOLEJARZ BYDGOSZCZ	M-20	17	00:00:11	00:44:44.05	00:44:55.90	+00:07:35 (17.0%)	4:28	13,4 (81.3%)
18	KURDELSKI Kamil	31		M-20	18	00:00:03	00:44:44.60	00:44:47.85	+00:07:36 (17.0%)	4:28	13,4 (81.3%)
19	HOŁTYN Patryk	390		M-20	19	00:00:03	00:44:46.35	00:44:49.40	+00:07:38 (17.1%)	4:28	13,4 (81.3%)
20	KABAT Błażej	98		M-20	20	00:00:13	00:44:51.85	00:45:05.15	+00:07:43 (17.2%)	4:29	13,4 (81.3%)
21	KARPACZ Jarek	482		M-20	21	00:00:09	00:45:04.20	00:45:13.85	+00:07:56 (17.6%)	4:30	13,3 (81.3%)
22	LISS Michał	941		M-20	22	00:00:18	00:45:11.15	00:45:29.25	+00:08:03 (17.8%)	4:31	13,3 (81.3%)
23	CZYŻNIKIEWICZ Paweł	311	WOOLFIK.PL	M-20	23	00:00:05	00:45:56.05	00:46:01.60	+00:08:47 (19.2%)	4:35	13,1 (81.3%)
24	DĘBIEC Adam	341		M-20	24	00:00:27	00:46:17.15	00:46:44.85	+00:09:09 (19.8%)	4:37	13 (81.3%)
25	STRABEL Bartosz	304		M-20	25	00:00:14	00:46:24.70	00:46:38.95	+00:09:16 (20.0%)	4:38	12,9 (75.0%)
26	WIŚNIEWSKI Paweł	750		M-20	26	00:00:38	00:46:30.80	00:47:09.35	+00:09:22 (20.2%)	4:39	12,9 (75.0%)
27	SZUBERGA Damian	137		M-20	27	00:00:05	00:46:40.25	00:46:45.40	+00:09:32 (20.4%)	4:40	12,9 (75.0%)
28	WEISBROT Paweł	131	OSP RATOWNIK	M-20	28	00:00:26	00:46:55.80	00:47:21.95	+00:09:47 (20.9%)	4:41	12,8 (75.0%)
29	SZATKOWSKI Marcin	409	RUN LOTTO BYDGOSTIA	M-20	29	00:00:33	00:47:09.90	00:47:43.85	+00:10:01 (21.3%)	4:43	12,7 (75.0%)
30	KRYSPIŃ Arkadiusz	539		M-20	30	00:00:10	00:47:39.30	00:47:50.25	+00:10:31 (22.1%)	4:46	12,6 (75.0%)

							Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Start time					
31	WOJCIECHOWSKI Grzegorz	538	TRUST ME, IM THE ENGINEER!	M-20	31	00:00:47	00:47:56.10	00:48:44.05	+00:10:47 (22.5%)	4:47	12,5 (75.0%)
32	MIĘTKIEWICZ Rafał	984		M-20	32	00:00:28	00:48:02.85	00:48:31.70	+00:10:54 (22.7%)	4:48	12,5 (75.0%)
33	PAWLACZYK Paweł	308	SPÓJNIA BIAŁE BŁOTA	M-20	33	00:00:26	00:48:05.10	00:48:31.70	+00:10:56 (22.8%)	4:48	12,5 (75.0%)
34	SZNAJDROWSKI Mateusz	149		M-20	34	00:00:30	00:48:19.75	00:48:49.90	+00:11:11 (23.2%)	4:49	12,4 (75.0%)
35	TARŁOWSKI Łukasz	758	LIDL	M-20	35	00:00:14	00:48:20.05	00:48:34.30	+00:11:11 (23.2%)	4:50	12,4 (75.0%)
36	CIECHANOWSKI Maciej	888		M-20	36	00:00:07	00:48:28.80	00:48:35.80	+00:11:20 (23.4%)	4:50	12,4 (75.0%)
37	JAKIMCZUK Przemysław	228		M-20	37	00:00:40	00:48:36.65	00:49:17.15	+00:11:28 (23.6%)	4:51	12,3 (75.0%)
38	PARUCKI Paweł	331	SPÓJNIA BIAŁE BŁOTA	M-20	38	00:00:08	00:48:41.00	00:48:49.60	+00:11:32 (23.7%)	4:52	12,3 (75.0%)
39	PROCZEK Jakub	127		M-20	39	00:00:07	00:48:44.40	00:48:52.00	+00:11:36 (23.8%)	4:52	12,3 (75.0%)
40	SKWARCZYŃSKI Radek	829		M-20	40	00:00:23	00:48:46.30	00:49:09.95	+00:11:38 (23.9%)	4:52	12,3 (75.0%)
41	PALIGA Mateusz	819		M-20	41	00:00:46	00:48:47.70	00:49:34.55	+00:11:39 (23.9%)	4:52	12,3 (75.0%)
42	BAŁYS Krzysztof	120		M-20	42	00:00:24	00:48:53.30	00:49:18.15	+00:11:45 (24.0%)	4:53	12,3 (75.0%)
43	BANASIAK Paweł	708		M-20	43	00:00:45	00:49:06.70	00:49:52.15	+00:11:58 (24.4%)	4:54	12,2 (75.0%)
44	DELINGER Mateusz	942		M-20	44	00:00:31	00:49:07.55	00:49:39.35	+00:11:59 (24.4%)	4:54	12,2 (75.0%)
45	BIAŁKA Kamil	754	PEWNIAKI	M-20	45	00:00:22	00:49:08.35	00:49:30.55	+00:12:00 (24.4%)	4:54	12,2 (75.0%)
46	GROSKOP Grzegorz	795	GREGORIAN RUN TEAM	M-20	46	00:00:01	00:49:10.75	00:49:12.45	+00:12:02 (24.5%)	4:55	12,2 (75.0%)
47	TYMOSIAK Mateusz	520	SPÓJNIA BIAŁE BŁOTA	M-20	47	00:00:29	00:49:18.15	00:49:47.30	+00:12:10 (24.7%)	4:55	12,2 (75.0%)
48	SKUBISZEWSKI Damian	674	ARMIA CHRYSYUSA	M-20	48	00:00:06	00:49:21.90	00:49:28.60	+00:12:13 (24.8%)	4:56	12,2 (75.0%)
49	MIS Michał	87	LUKS START NAKŁO	M-20	49	00:00:25	00:49:40.80	00:50:06.15	+00:12:32 (25.2%)	4:58	12,1 (75.0%)
50	BOROWSKI Mateusz	964		M-20	50	00:00:42	00:50:01.20	00:50:43.45	+00:12:53 (25.8%)	5:00	12 (75.0%)
51	BRZOZOWSKI Marcin	608	BRZOZA TRI TEAM	M-20	51	00:00:47	00:50:13.55	00:51:00.60	+00:13:05 (26.1%)	5:01	11,9 (68.8%)
52	HASEK Patryk	526		M-20	52	00:00:12	00:50:37.40	00:50:49.60	+00:13:29 (26.6%)	5:03	11,9 (68.8%)
53	RÓŻYCKI Marcin	273		M-20	53	00:00:02	00:50:40.90	00:50:43.45	+00:13:32 (26.7%)	5:04	11,8 (68.8%)
54	MALAK Maciej	381		M-20	54	00:01:20	00:50:50.80	00:52:11.35	+00:13:42 (27.0%)	5:05	11,8 (68.8%)
55	BEDNAREK Mikołaj	778	RUN PASJA	M-20	55	00:00:45	00:51:02.35	00:51:47.85	+00:13:54 (27.2%)	5:06	11,8 (68.8%)
56	STOKŁOSA Maciej	92	C-130	M-20	56	00:00:10	00:51:32.30	00:51:43.15	+00:14:24 (27.9%)	5:09	11,6 (68.8%)
57	CHMURZYŃSKI Jakub	30	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-20	57	00:00:03	00:51:44.10	00:51:47.45	+00:14:35 (28.2%)	5:10	11,6 (68.8%)
58	DYLEWSKI Artur	755	PEWNIAKI	M-20	58	00:00:22	00:51:49.10	00:52:11.40	+00:14:40 (28.3%)	5:10	11,6 (68.8%)
59	UROWSKI Radek	593	ATOS RUN TEAM	M-20	59	00:00:49	00:52:08.30	00:52:57.30	+00:15:00 (28.8%)	5:12	11,5 (68.8%)
60	WOŹNIAK Rafał	871		M-20	60	00:00:34	00:52:14.00	00:52:48.00	+00:15:05 (28.9%)	5:13	11,5 (68.8%)
61	KOFI Mateusz	621		M-20	61	00:00:53	00:52:22.80	00:53:16.55	+00:15:14 (29.1%)	5:14	11,5 (68.8%)
62	CZYŻEWSKI Mateusz	1007	KOCHAM SOLEC	M-20	62	00:00:39	00:52:50.50	00:53:29.50	+00:15:42 (29.7%)	5:17	11,4 (68.8%)
63	KORDAS Jacek	543		M-20	63	00:00:24	00:52:56.80	00:53:21.15	+00:15:48 (29.9%)	5:17	11,3 (68.8%)
64	ZBORAŁA Dawid	472	D&M	M-20	64	00:01:09	00:52:58.65	00:54:08.45	+00:15:50 (29.9%)	5:17	11,3 (68.8%)
65	TOMKOWIAK Tomasz	1017	SZKOŁA JAZDY TOMAS	M-20	65	00:01:09	00:52:59.20	00:54:08.85	+00:15:51 (29.9%)	5:17	11,3 (68.8%)
66	WENDA Mateusz	786		M-20	66	00:01:09	00:52:59.40	00:54:08.95	+00:15:51 (29.9%)	5:17	11,3 (68.8%)
67	WENDA Dawid	491	DIM	M-20	67	00:01:08	00:52:59.60	00:54:08.40	+00:15:51 (29.9%)	5:18	11,3 (68.8%)
68	KWIATKOWSKI Jakub	947		M-20	68	00:01:08	00:53:00.00	00:54:08.40	+00:15:51 (29.9%)	5:18	11,3 (68.8%)
69	ZBORAŁA Mateusz	474	D&M	M-20	69	00:01:08	00:53:00.10	00:54:08.75	+00:15:51 (29.9%)	5:18	11,3 (68.8%)
70	HOMSKI Filip	802		M-20	70	00:01:05	00:53:03.60	00:54:09.15	+00:15:55 (30.0%)	5:18	11,3 (68.8%)
71	SZYMAŃSKI Michał	729	GORDON RUN	M-20	71	00:00:51	00:53:35.05	00:54:26.30	+00:16:26 (30.7%)	5:21	11,2 (68.8%)
72	BRZOZOWSKI Krzysztof	970		M-20	72	00:01:05	00:54:09.40	00:55:14.60	+00:17:01 (31.4%)	5:24	11,1 (68.8%)
73	STRYCYŃSKI Marek	109		M-20	73	00:00:39	00:54:26.15	00:55:05.20	+00:17:18 (31.8%)	5:26	11 (68.8%)
74	TROJANOWSKI Rafał	934		M-20	74	00:00:00	00:54:28.55	00:54:28.55	+00:17:20 (31.8%)	5:26	11 (68.8%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
75	KACZMAREK Paweł	1006		M-20	75	00:00:39	00:54:32.85	00:55:12.35	+00:17:24 (31.9%)	5:27	11 (68.8%)
76	OCHOCKI Maciej	957		M-20	76	00:00:49	00:54:46.20	00:55:35.85	+00:17:38 (32.2%)	5:28	11 (68.8%)
77	WAWRZYNIAK Dawid	194	RUN BYDGOSZCZ	M-20	77	00:01:07	00:55:11.05	00:56:18.90	+00:18:02 (32.7%)	5:31	10,9 (62.5%)
78	JASIŃSKI Paweł	385		M-20	78	00:01:13	00:55:36.05	00:56:49.65	+00:18:27 (33.2%)	5:33	10,8 (62.5%)
79	GAWRYCH Adam	551		M-20	79	00:01:13	00:55:38.55	00:56:52.10	+00:18:30 (33.3%)	5:33	10,8 (62.5%)
80	KRUG Marcin	100	RUN PASJA	M-20	80	00:00:44	00:55:42.95	00:56:27.60	+00:18:34 (33.3%)	5:34	10,8 (62.5%)
81	WOJTYSIAK Szymon	183	BYDGOSKIE OKONIE	M-20	81	00:00:47	00:55:44.65	00:56:32.30	+00:18:36 (33.4%)	5:34	10,8 (62.5%)
82	WDOWIAK Kamil	882		M-20	82	00:00:39	00:56:19.40	00:56:59.05	+00:19:11 (34.1%)	5:38	10,7 (62.5%)
83	FILOSEK Paweł	69		M-20	83	00:00:59	00:56:31.15	00:57:30.30	+00:19:23 (34.3%)	5:39	10,6 (62.5%)
84	GRACZYK Przemysław	147		M-20	84	00:00:57	00:56:46.40	00:57:43.70	+00:19:38 (34.6%)	5:40	10,6 (62.5%)
85	OSSOWSKI Tomek	890		M-20	85	00:00:10	00:57:23.35	00:57:33.55	+00:20:15 (35.3%)	5:44	10,5 (62.5%)
86	CIECHANOWSKI Radosław	884		M-20	86	00:00:44	00:57:46.95	00:58:31.30	+00:20:38 (35.7%)	5:46	10,4 (62.5%)
87	NIEDBAŁA Mariusz	256		M-20	87	00:00:36	00:58:01.25	00:58:37.35	+00:20:53 (36.0%)	5:48	10,3 (62.5%)
88	PRZEWOŹNIAK Rafał	48		M-20	88	00:01:02	00:58:08.80	00:59:10.90	+00:21:00 (36.1%)	5:48	10,3 (62.5%)
89	KARBOWNIK Marcin	783	BOGMAR OSTROMECKO	M-20	89	00:01:03	00:58:21.80	00:59:25.50	+00:21:13 (36.4%)	5:50	10,3 (62.5%)
90	KARBOWNIK Mateusz	782	BOGMAR OSTROMECKO	M-20	90	00:01:04	00:58:21.90	00:59:25.95	+00:21:13 (36.4%)	5:50	10,3 (62.5%)
91	SZALA Paweł	81	B4SPORT	M-20	91	00:00:56	00:58:40.05	00:59:36.75	+00:21:31 (36.7%)	5:52	10,2 (63.8%)
92	GÓRKA Łukasz	996		M-20	92	00:00:51	00:58:54.10	00:59:45.95	+00:21:45 (37.0%)	5:53	10,2 (62.5%)
93	JACOBI Maciej	111		M-20	93	00:00:45	00:59:11.85	00:59:57.05	+00:22:03 (37.3%)	5:55	10,1 (62.5%)
94	SOBIERAJSKI Łukasz	809		M-20	94	00:00:52	00:59:21.00	01:00:13.65	+00:22:12 (37.4%)	5:56	10,1 (62.5%)
95	ROS Sławek	684	ARMIA CHRYSTUSA	M-20	95	00:01:07	00:59:51.00	01:00:58.95	+00:22:42 (38.0%)	5:59	10 (62.5%)
96	OLESZEIN Mateusz	1013		M-20	96	00:00:43	00:59:54.65	01:00:38.10	+00:22:46 (38.0%)	5:59	10 (62.5%)
97	CYWIŃSKI Artur	282		M-20	97	00:00:39	01:00:25.30	01:01:05.25	+00:23:17 (38.5%)	6:02	9,9 (56.3%)
98	BREZWAN Tomasz	418		M-20	98	00:00:47	01:01:15.25	01:02:03.20	+00:24:07 (39.4%)	6:07	9,8 (56.3%)
99	LULIŃSKI Igor	154		M-20	99	00:01:02	01:01:27.20	01:02:29.90	+00:24:19 (39.6%)	6:08	9,8 (56.3%)
100	JARZYŃSKI Maciej	931	CENTRUM KLUB SPORTOWY	M-20	100	00:01:05	01:03:12.40	01:04:17.90	+00:26:04 (41.2%)	6:19	9,5 (56.3%)
101	PACHURA Michał	152		M-20	101	00:00:25	01:03:56.90	01:04:22.20	+00:26:48 (41.9%)	6:23	9,4 (56.3%)
102	BURITTA Robert	662		M-20	102	00:00:17	01:07:32.55	01:07:49.55	+00:30:24 (45.0%)	6:45	8,9 (50.0%)
103	POKRZYWIŃSKI Bartosz	863		M-20	103	00:01:03	01:08:25.45	01:09:29.20	+00:31:17 (45.7%)	6:50	8,8 (50.0%)
104	DUDZIAK Michał	233	CPR BYDGOSZCZ	M-20	104	00:01:06	01:12:02.35	01:13:08.90	+00:34:54 (48.5%)	7:12	8,3 (50.0%)
105	GÓRSKI Kamil	342		M-20	105	00:01:11	01:13:50.50	01:15:01.65	+00:36:42 (49.7%)	7:23	8,1 (50.0%)
106	CZAJKOWSKI Kamil	260	RUN BYDGOSZCZ	M-20	106	00:00:50	01:18:35.30	01:19:25.45	+00:41:27 (52.7%)	7:51	7,6 (43.8%)

Total 106 results.