



Organiser:
Date:
Place:
Distance:

Aktywa Bydgoszcz
2016-06-05
Bydgoszcz
10 km

BYDGOSKI BIEG PRZEDSIĘBIORCÓW

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-40

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	ZIETAK Andrzej	627		M-40	1	00:00:02	00:37:58.05	00:38:00.15		3:47	15,8 (100%)
2	PIEKARSKI Marek	499	RESTAURACJA KING FU BYDGOSZCZ	M-40	2	00:00:02	00:38:49.40	00:38:51.45	+00:00:51 (2.2%)	3:52	15,5 (100%)
3	MRUK Tomasz	296	CZARNE STOPY	M-40	3	00:00:03	00:38:55.65	00:38:59.55	+00:00:57 (2.5%)	3:53	15,4 (100%)
4	CHMURZYŃSKI Tomasz	26	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-40	4	00:00:01	00:39:08.20	00:39:09.65	+00:01:10 (3.0%)	3:54	15,3 (100%)
5	CHOLEWIŃSKI Dariusz	705	HURAGAN MIEDZYŃ	M-40	5	00:00:05	00:39:50.25	00:39:56.10	+00:01:52 (4.7%)	3:59	15,1 (100%)
6	MOROSZCZAK Bogumił	495	SPÓJNIA BIAŁE BŁOTA	M-40	6	00:00:04	00:40:09.50	00:40:14.15	+00:02:11 (5.5%)	4:01	14,9 (93.3%)
7	FUZ Marek	339	KABEL TEAM BYDGOSZCZ	M-40	7	00:00:02	00:40:16.35	00:40:18.65	+00:02:18 (5.7%)	4:01	14,9 (93.3%)
8	KOŁODZIEJSKI Mieczysław	944	ATOS TEAM	M-40	8	00:00:05	00:40:51.95	00:40:57.55	+00:02:53 (7.1%)	4:05	14,7 (93.3%)
9	SZOCH Tomasz	826		M-40	9	00:00:04	00:41:39.10	00:41:43.15	+00:03:41 (8.8%)	4:09	14,4 (93.3%)
10	RADECKI Przemysław	589		M-40	10	00:00:08	00:42:04.40	00:42:13.00	+00:04:06 (9.8%)	4:12	14,3 (93.3%)
11	KUBIS Roman	181	RUN PASJA	M-40	11	00:00:03	00:42:08.10	00:42:11.15	+00:04:10 (9.9%)	4:12	14,2 (93.3%)
12	LEPRINCE Ludovic	85		M-40	12	00:00:04	00:42:15.35	00:42:19.40	+00:04:17 (10.1%)	4:13	14,2 (93.3%)
13	BZDAWKA Tomasz	610	NAKIELSKI KLUB BIEGACZA	M-40	13	00:00:20	00:42:31.25	00:42:51.55	+00:04:33 (10.7%)	4:15	14,1 (93.3%)
14	MARC Robert	635		M-40	14	00:00:19	00:43:05.20	00:43:24.40	+00:05:07 (11.9%)	4:18	13,9 (86.7%)
15	MAŁOWIECKI Grzegorz	65	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-40	15	00:00:02	00:43:29.65	00:43:32.20	+00:05:31 (12.7%)	4:21	13,8 (86.7%)
16	DURAŁEK Andrzej	16		M-40	16	00:00:18	00:43:36.20	00:43:54.45	+00:05:38 (12.9%)	4:21	13,8 (86.7%)
17	PAKUŁSKI Rafał	637		M-40	17	00:00:06	00:43:36.80	00:43:43.35	+00:05:38 (12.9%)	4:21	13,8 (86.7%)
18	WYPIJEWSKI Sebastian	792	BRACIA DALTON	M-40	18	00:00:16	00:43:48.50	00:44:04.95	+00:05:50 (13.3%)	4:22	13,7 (86.7%)
19	RYDLEWSKI Marek	285	RUN BYDGOSZCZ	M-40	19	00:00:08	00:44:05.80	00:44:14.40	+00:06:07 (13.9%)	4:24	13,6 (86.7%)
20	FRĄCKOWIAK Marek	737	NKB	M-40	20	00:00:08	00:44:14.95	00:44:22.95	+00:06:16 (14.2%)	4:25	13,6 (86.7%)
21	GURDAK Leszek	651		M-40	21	00:00:14	00:44:30.85	00:44:45.20	+00:06:32 (14.7%)	4:27	13,5 (86.7%)
22	KRÓL Maciej	274	TRISPACE	M-40	22	00:00:12	00:44:48.85	00:45:01.60	+00:06:50 (15.3%)	4:28	13,4 (86.7%)
23	GAPA Wiesław	1003		M-40	23	00:00:10	00:45:14.35	00:45:25.20	+00:07:16 (16.1%)	4:31	13,3 (86.7%)
24	KLINIKOWSKI Jacek	168	KOCHAM ŻYCIE I...	M-40	24	00:00:12	00:45:17.45	00:45:30.20	+00:07:19 (16.2%)	4:31	13,2 (86.7%)
25	STYKAŁA Sebastian	456		M-40	25	00:00:11	00:45:41.85	00:45:53.00	+00:07:43 (16.9%)	4:34	13,1 (86.7%)
26	RUDOL Sebastiana	419		M-40	26	00:00:10	00:46:12.85	00:46:23.35	+00:08:14 (17.8%)	4:37	13 (86.7%)
27	BUDZIAK Włodzimierz	815		M-40	27	00:00:04	00:46:17.60	00:46:21.85	+00:08:19 (18.0%)	4:37	13 (86.7%)
28	RUTKOWSKI Tomasz	446		M-40	28	00:00:12	00:46:19.35	00:46:31.45	+00:08:21 (18.0%)	4:37	13 (86.7%)
29	LIPSKI Krzysztof	998	RUN BYDGOSZCZ	M-40	29	00:00:24	00:46:32.80	00:46:57.15	+00:08:34 (18.4%)	4:39	12,9 (80.0%)
30	KISIEL Tomasz	496	RUN BYDGOSZCZ	M-40	30	00:00:31	00:46:35.20	00:47:06.65	+00:08:37 (18.5%)	4:39	12,9 (80.0%)

						Net time 10km	Czas brutto 10km			Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Start time		Gap			
31	ANDRYSIAK Tomasz	855	NAKIELSKI KLUB BIEGACZA	M-40	31	00:00:17	00:46:42.35	00:47:00.00	+00:08:44 (18.7%)	4:40	12,8 (80.0%)
32	KONIECZNY Robert	187		M-40	32	00:00:20	00:46:49.80	00:47:10.45	+00:08:51 (18.9%)	4:41	12,8 (80.0%)
33	BIEL Marek	465		M-40	33	00:00:14	00:47:06.50	00:47:20.60	+00:09:08 (19.4%)	4:42	12,7 (80.0%)
34	DOMŻALSKI Marek	685		M-40	34	00:00:14	00:47:23.95	00:47:38.05	+00:09:25 (19.9%)	4:44	12,7 (80.0%)
35	KALISZEWSKI Daniel	653		M-40	35	00:00:13	00:47:24.20	00:47:37.95	+00:09:26 (19.9%)	4:44	12,7 (80.0%)
36	DREWS Grzegorz	476	RUN BYDGOSZCZ	M-40	36	00:00:25	00:47:36.10	00:48:01.65	+00:09:38 (20.2%)	4:45	12,6 (80.0%)
37	DUNAJEWSKI Marcin	775		M-40	37	00:00:12	00:47:39.65	00:47:52.55	+00:09:41 (20.3%)	4:46	12,6 (80.0%)
38	NOWICKI Adam	222		M-40	38	00:00:07	00:47:42.50	00:47:49.85	+00:09:44 (20.4%)	4:46	12,6 (80.0%)
39	ŚWIĘCICKI Andrzej	514		M-40	39	00:00:38	00:47:44.00	00:48:22.40	+00:09:45 (20.5%)	4:46	12,6 (80.0%)
40	DUDZIŃSKI Tomasz	682		M-40	40	00:00:22	00:47:57.05	00:48:19.90	+00:09:59 (20.8%)	4:47	12,5 (80.0%)
41	PIOTROWSKI Dariusz	439	LEGE ARTIS	M-40	41	00:00:27	00:47:59.25	00:48:26.50	+00:10:01 (20.9%)	4:47	12,5 (80.0%)
42	RYCHLEWSKI Tomasz	678		M-40	42	00:00:23	00:48:12.90	00:48:36.85	+00:10:14 (21.3%)	4:49	12,4 (80.0%)
43	LEWICKI Artur	378		M-40	43	00:00:59	00:48:37.60	00:49:37.30	+00:10:39 (21.9%)	4:51	12,3 (80.0%)
44	KUCHCZYŃSKI Adam	793		M-40	44	00:00:18	00:48:43.85	00:49:02.00	+00:10:45 (22.1%)	4:52	12,3 (80.0%)
45	STĘPSKI Marek	293		M-40	45	00:00:14	00:48:47.50	00:49:02.00	+00:10:49 (22.2%)	4:52	12,3 (80.0%)
46	ZACHEJA Mariusz	79	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-40	46	00:00:04	00:48:50.85	00:48:55.10	+00:10:52 (22.3%)	4:53	12,3 (80.0%)
47	KŁOSOWSKI Marcin	600		M-40	47	00:01:09	00:48:50.90	00:50:00.85	+00:10:52 (22.3%)	4:53	12,3 (80.0%)
48	NADRATOWSKI Maciej	328		M-40	48	00:00:22	00:49:04.70	00:49:26.70	+00:11:06 (22.6%)	4:54	12,2 (80.0%)
49	WĘGRZYNOWSKI Sławomir	349		M-40	49	00:00:19	00:49:07.30	00:49:26.70	+00:11:09 (22.7%)	4:54	12,2 (80.0%)
50	PALIGA Antoni	820		M-40	50	00:00:46	00:49:11.90	00:49:58.20	+00:11:13 (22.8%)	4:55	12,2 (80.0%)
51	KIECA Andrzej	713	BBL BYDGOSZCZ	M-40	51	00:00:42	00:49:26.70	00:50:09.15	+00:11:28 (23.2%)	4:56	12,1 (80.0%)
52	WNUK Sławomir	821		M-40	52	00:00:09	00:49:30.55	00:49:39.95	+00:11:32 (23.3%)	4:57	12,1 (80.0%)
53	JURSKI Robert	785		M-40	53	00:00:26	00:49:34.65	00:50:01.10	+00:11:36 (23.4%)	4:57	12,1 (80.0%)
54	KUBOWICZ Piotr	266		M-40	54	00:00:21	00:49:44.90	00:50:06.00	+00:11:46 (23.7%)	4:58	12,1 (80.0%)
55	JANISZEWSKI Jakub	845		M-40	55	00:00:31	00:49:59.95	00:50:31.55	+00:12:01 (24.1%)	5:00	12 (80.0%)
56	WOJCIECHOWSKI Jarosław	202	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-40	56	00:01:03	00:50:22.30	00:51:25.30	+00:12:24 (24.6%)	5:02	11,9 (73.3%)
57	KRUCZKOWSKI Adam	771		M-40	57	00:00:05	00:50:43.00	00:50:48.25	+00:12:44 (25.1%)	5:04	11,8 (73.3%)
58	KORTAS Marcin	286		M-40	58	00:01:00	00:51:19.35	00:52:19.65	+00:13:21 (26.0%)	5:07	11,7 (73.3%)
59	OSZUBSKI Kazimierz	336		M-40	59	00:00:12	00:51:38.35	00:51:50.80	+00:13:40 (26.5%)	5:09	11,6 (73.3%)
60	MACHNIKOWSKI Rafał	60		M-40	60	00:00:03	00:51:44.30	00:51:47.75	+00:13:46 (26.6%)	5:10	11,6 (73.3%)
61	LIWOCH Grzegorz	299	RWT W BYDGOSZCZY	M-40	61	00:00:40	00:51:47.80	00:52:28.65	+00:13:49 (26.7%)	5:10	11,6 (73.3%)
62	BUCZKOWSKI Wojciech	748		M-40	62	00:00:25	00:51:55.95	00:52:21.20	+00:13:57 (26.9%)	5:11	11,6 (73.3%)
63	KASZOWICZ Marek	406		M-40	63	00:01:00	00:52:07.55	00:53:07.85	+00:14:09 (27.2%)	5:12	11,5 (73.3%)
64	OPIC Witold	751		M-40	64	00:00:37	00:52:19.25	00:52:56.75	+00:14:21 (27.4%)	5:13	11,5 (73.3%)
65	WALENCIAK Jarosław	596		M-40	65	00:00:49	00:52:24.85	00:53:14.80	+00:14:26 (27.6%)	5:14	11,4 (73.3%)
66	GŁOWSKI Dariusz	981	CZARNE STOPY	M-40	66	00:00:51	00:53:16.55	00:54:07.55	+00:15:18 (28.7%)	5:19	11,3 (73.3%)
67	RUTKOWSKI Adam	206		M-40	67	00:00:34	00:53:41.25	00:54:15.45	+00:15:43 (29.3%)	5:22	11,2 (73.3%)
68	KASZEWSKI Sebastian	683		M-40	68	00:00:26	00:53:44.25	00:54:10.25	+00:15:46 (29.3%)	5:22	11,2 (73.3%)
69	NOWAK Adam	1000		M-40	69	00:01:01	00:53:47.60	00:54:49.00	+00:15:49 (29.4%)	5:22	11,2 (73.3%)
70	WIESE Sławomir	554		M-40	70	00:01:00	00:54:20.55	00:55:21.25	+00:16:22 (30.1%)	5:26	11 (73.3%)
71	MAJEWSKI Tomasz	862	PRZEBIEGLI UNISŁAW I OKOLICE	M-40	71	00:00:47	00:54:22.50	00:55:09.60	+00:16:24 (30.2%)	5:26	11 (73.3%)
72	NOWAK Tomasz	709		M-40	72	00:00:27	00:54:32.15	00:54:59.50	+00:16:34 (30.4%)	5:27	11 (73.3%)
73	NURKIEWICZ Jarosław	742		M-40	73	00:00:37	00:54:51.85	00:55:29.40	+00:16:53 (30.8%)	5:29	10,9 (66.7%)
74	STASZKIEWICZ Radosław	130		M-40	74	00:00:44	00:55:16.25	00:56:01.20	+00:17:18 (31.3%)	5:31	10,9 (66.7%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
75	MLICKI Marcin	248		M-40	75	00:00:20	00:55:42.25	00:56:02.35	+00:17:44 (31.8%)	5:34	10,8 (66.7%)
76	MALINOWSKI Waldemar	719	RUN LOTTO BYDGOSTIA	M-40	76	00:00:52	00:55:45.10	00:56:37.35	+00:17:47 (31.9%)	5:34	10,8 (66.7%)
77	TWARDOWSKI Wojciech	258	RUN BYDGOSZCZ	M-40	77	00:00:29	00:55:46.35	00:56:15.95	+00:17:48 (31.9%)	5:34	10,8 (66.7%)
78	PIECHOWIAK Dawid	494		M-40	78	00:00:42	00:55:50.25	00:56:33.10	+00:17:52 (32.0%)	5:35	10,7 (66.7%)
79	SZMELTER Michał	814		M-40	79	00:00:45	00:55:52.15	00:56:37.60	+00:17:54 (32.0%)	5:35	10,7 (66.7%)
80	KRYSZTOFIAK Robert	105		M-40	80	00:00:45	00:55:53.45	00:56:39.15	+00:17:55 (32.1%)	5:35	10,7 (66.7%)
81	ANDRYSZAK Piotr	731		M-40	81	00:00:23	00:56:23.40	00:56:46.55	+00:18:25 (32.7%)	5:38	10,6 (66.7%)
82	GRAPATYN Piotr	663	BYDGOSZCZ NA START	M-40	82	00:00:27	00:56:24.20	00:56:51.85	+00:18:26 (32.7%)	5:38	10,6 (66.7%)
83	GUDELL Radosław	923	MODERATOR INWESTYCJE	M-40	83	00:00:56	00:56:25.15	00:57:21.75	+00:18:27 (32.7%)	5:38	10,6 (66.7%)
84	STANKIEWICZ Dariusz	794	BÓL TO ŚCIEMA	M-40	84	00:00:44	00:56:37.70	00:57:21.85	+00:18:39 (33.0%)	5:39	10,6 (66.7%)
85	KOLSKI Radek	690	VAUPE	M-40	85	00:00:28	00:56:45.45	00:57:13.70	+00:18:47 (33.1%)	5:40	10,6 (66.7%)
86	PISZCZ Andrzej	885	PENTEL TEAM	M-40	86	00:00:50	00:57:07.80	00:57:58.45	+00:19:09 (33.5%)	5:42	10,5 (66.7%)
87	RATAJ Maciej	182		M-40	87	00:00:21	00:57:23.70	00:57:45.05	+00:19:25 (33.8%)	5:44	10,5 (66.7%)
88	WALCZAK Piotr	946		M-40	88	00:00:54	00:57:29.35	00:58:23.95	+00:19:31 (34.0%)	5:44	10,4 (66.7%)
89	KRUSZYŃSKI Mariusz	141	DRUŻYNA SZPIKU	M-40	89	00:00:54	00:57:41.65	00:58:36.40	+00:19:43 (34.2%)	5:46	10,4 (66.7%)
90	KRZYŻANOWSKI Wojciech	874		M-40	90	00:01:12	00:58:20.35	00:59:32.45	+00:20:22 (34.9%)	5:50	10,3 (66.7%)
91	KLÓSKA Roman	654		M-40	91	00:01:11	00:58:42.85	00:59:54.80	+00:20:44 (35.3%)	5:52	10,2 (66.7%)
92	PASIEKA Tomasz	23		M-40	92	00:00:52	01:00:32.70	01:01:25.15	+00:22:34 (37.3%)	6:03	9,9 (60.0%)
93	KAWA Marcin	37	CUKIER & SERCE	M-40	93	00:00:55	01:01:53.50	01:02:49.45	+00:23:55 (38.7%)	6:11	9,7 (60.0%)
94	ORLIŃSKI Andrzej	807		M-40	94	00:00:24	01:03:18.15	01:03:42.40	+00:25:20 (40.0%)	6:19	9,5 (60.0%)
95	LEMAŃCZYK Zygmunt	462	RUN BYDGOSZCZ	M-40	95	00:01:02	01:03:19.90	01:04:21.90	+00:25:21 (40.0%)	6:19	9,5 (60.0%)
96	WRZESIŃSKI Wojciech	13	RUN BYDGOSZCZ	M-40	96	00:01:02	01:04:08.90	01:05:11.45	+00:26:10 (40.8%)	6:24	9,4 (60.0%)
97	KLIMKIEWICZ Maciej	673		M-40	97	00:01:10	01:08:03.45	01:09:13.85	+00:30:05 (44.2%)	6:48	8,8 (53.3%)
98	JANKOWSKI Rafał	579		M-40	98	00:01:11	01:08:29.45	01:09:40.60	+00:30:31 (44.6%)	6:50	8,8 (53.3%)
99	PÓŁGĘSEK Rafał	604		M-40	99	00:01:16	01:11:16.50	01:12:32.50	+00:33:18 (46.7%)	7:07	8,4 (53.3%)
100	ŚLIWIŃSKI Piotr	76	MP NIEWIDOMYCH I SŁABOWIDZĄCYCH	M-40	100	00:00:58	01:19:56.85	01:20:55.35	+00:41:58 (52.5%)	7:59	7,5 (46.7%)
101	RYŚNIK Dariusz	955	ŻANDARMI Z BYDGOSZCZY	M-40	101	00:00:58	01:20:56.00	01:21:54.90	+00:42:57 (53.1%)	8:05	7,4 (46.7%)

Total 101 results.