



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2023-04-23
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TULEJA Jakub	915		M20	1	00:00:02	00:15:13.10	00:15:15.65		3:02	19.7 (100%)
2	FELCZAK Jakub	334	CWZS ZAWISZA BYDGOSZCZ	M20	2	00:00:02	00:16:36.30	00:16:38.70	+00:01:23 (8.4%)	3:19	18.1 (91.9%)
3	RUDNIK Damian	155	TEAM RUDNIK	M20	3	00:00:02	00:17:07.35	00:17:10.00	+00:01:54 (11.1%)	3:25	17.5 (88.8%)
4	KRYSKE Bartosz	538	UKS BŁĘKITNY DELFIN BYDGOSZCZ	M30	1	00:00:03	00:18:03.00	00:18:06.00	+00:02:49 (15.7%)	3:36	16.6 (84.3%)
5	POZNAŃSKI Szymon	627	BIOTECH PRZYPRAWY	M30	2	00:00:02	00:18:09.80	00:18:12.70	+00:02:56 (16.2%)	3:37	16.5 (83.8%)
6	MAJEWSKI Robert	130	TEAMOCHAL	M40	1	00:00:03	00:18:58.75	00:19:02.55	+00:03:45 (19.8%)	3:47	15.8 (80.2%)
7	POPA Mariusz	817		M30	3	00:00:00	00:19:11.15	00:19:11.15	+00:03:58 (20.7%)	3:50	15.6 (79.2%)
8	KOŁAKOWSKI Tomasz	624	ELENSPORT.PL SKLEPY SPORTOWE	M30	4	00:00:03	00:19:17.30	00:19:20.90	+00:04:04 (21.1%)	3:51	15.6 (79.2%)
9	FUZ Marek	1007	KABEL TEAM BYDGOSZCZ	M50	1	00:00:04	00:19:18.30	00:19:22.65	+00:04:05 (21.2%)	3:51	15.5 (78.7%)
10	PERLIKOWSKI Sławek	1072	KLINIKA TLENOWA INOWROCŁAW	M40	2	00:00:04	00:19:21.70	00:19:26.60	+00:04:08 (21.4%)	3:52	15.5 (78.7%)
11	JANUSZEWSKI Radosław	175		M20	4	00:00:12	00:19:25.75	00:19:38.10	+00:04:12 (21.7%)	3:53	15.5 (78.7%)
12	WIŚNIEWSKI Dawid	1086		M40	3	00:00:08	00:19:27.65	00:19:36.00	+00:04:14 (21.8%)	3:53	15.4 (78.2%)
13	SAWICKI Marcin	1009		M40	4	00:00:00	00:19:29.30	00:19:29.30	+00:04:16 (21.9%)	3:53	15.4 (78.2%)
14	KOZŁOWSKI Rafał	489		M50	2	00:00:03	00:19:31.55	00:19:35.00	+00:04:18 (22.1%)	3:54	15.4 (78.2%)
15	KARCZMARCZYK Mateusz	1		M30	5	00:00:07	00:19:31.70	00:19:39.00	+00:04:18 (22.1%)	3:54	15.4 (78.2%)
16	OKOŃSKI Jarosław	217	DRUŻYNA PIERŚCIENIA	M30	6	00:00:05	00:19:36.40	00:19:42.00	+00:04:23 (22.4%)	3:55	15.3 (77.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	WADELSKI Maciej	910	1 BRYGADA LOGISTYCZNA	M30	7	00:00:06	00:19:41.50	00:19:48.00	+00:04:28 (22.7%)	3:56	15.2 (77.2%)
18	KAŁEK Artur	321	TM IRON TEAM	M40	5	00:00:03	00:19:41.55	00:19:45.00	+00:04:28 (22.7%)	3:56	15.2 (77.2%)
19	WIECZOREK Mateusz	1152		M30	8	00:00:07	00:19:46.00	00:19:53.00	+00:04:32 (23.0%)	3:57	15.2 (77.2%)
20	LEWANDOWSKI Tomasz	858	WIHURRA SOBIEJUCHY	M40	6	00:00:06	00:19:50.80	00:19:57.00	+00:04:37 (23.3%)	3:58	15.1 (76.6%)
21	WALKOWIAK Paweł	255		M30	9	00:00:04	00:19:56.85	00:20:00.95	+00:04:43 (23.7%)	3:59	15.1 (76.6%)
22	KWAŚNIEWSKI Waldemar	1195	AMATOR	M50	3	00:00:15	00:19:59.85	00:20:15.10	+00:04:46 (23.9%)	3:59	15 (76.1%)
23	MALICKI Bartosz	396		M30	10	00:00:13	00:20:01.40	00:20:15.00	+00:04:48 (24.0%)	4:00	15 (76.1%)
24	ONDRA Karol	514		M20	5	00:00:00	00:20:01.90	00:20:01.90	+00:04:48 (24.0%)	4:00	15 (76.1%)
25	MACIŃSKI Waldek	556		M40	7	00:00:12	00:20:04.10	00:20:16.40	+00:04:51 (24.2%)	4:00	15 (76.1%)
26	TOKARSKI Paweł	681		M20	6	00:00:08	00:20:04.70	00:20:13.05	+00:04:51 (24.2%)	4:00	15 (76.1%)
27	TUCHOLSKI Bartłomiej	756		M30	11	00:00:00	00:20:05.20	00:20:05.20	+00:04:52 (24.2%)	4:01	14.9 (75.6%)
28	SZALA Wojciech	994		M20	7	00:00:02	00:20:06.50	00:20:08.75	+00:04:53 (24.3%)	4:01	14.9 (75.6%)
29	DOMISIEWICZ Michał	1157		M20	8	00:00:00	00:20:13.05	00:20:13.05	+00:04:59 (24.7%)	4:02	14.8 (75.1%)
30	REWERS Robert	1168	TEL DAT	M30	12	00:00:04	00:20:13.80	00:20:18.00	+00:05:00 (24.8%)	4:02	14.8 (75.1%)
31	GRALIK Jędrzej	157	BYDGOSKIE OKONIE	M30	13	00:00:05	00:20:14.50	00:20:19.70	+00:05:01 (24.8%)	4:02	14.8 (75.1%)
32	BALCEREK Mateusz	738	GASTRO SZEŃ	M30	14	00:00:02	00:20:26.00	00:20:28.85	+00:05:12 (25.5%)	4:05	14.7 (74.6%)
33	KLINOWSKI Radosław	401		M30	15	00:00:14	00:20:28.45	00:20:42.50	+00:05:15 (25.7%)	4:05	14.7 (74.6%)
34	MENDEL Patryk	61	TM IRON TEAM	M20	9	00:00:03	00:20:32.35	00:20:35.50	+00:05:19 (25.9%)	4:06	14.6 (74.1%)
35	LEWANDOWSKI Piotr	385	STREET WORKOUT ACADEMY TERMINATOR	M20	10	00:00:03	00:20:36.30	00:20:39.85	+00:05:23 (26.1%)	4:07	14.6 (74.1%)
36	KRZYŻYKOWSKA Dominika	800		K18	1	00:00:03	00:20:38.20	00:20:41.35	+00:05:25 (26.3%)	4:07	14.5 (73.6%)
37	BEJFUS Mateusz	493		M20	11	00:00:08	00:20:43.55	00:20:52.00	+00:05:30 (26.6%)	4:08	14.5 (73.6%)
38	KRZEWIŃSKI Radek	96		M20	12	00:00:04	00:20:55.35	00:20:59.60	+00:05:42 (27.3%)	4:11	14.3 (72.6%)
39	KACZOREK Mateusz	794	LOCO	M30	16	00:00:12	00:20:57.80	00:21:10.00	+00:05:44 (27.4%)	4:11	14.3 (72.6%)

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40	CHOJNACKI Jakub	1005	BIAŁE KIEŁBASY MAKSYMILIANOWO NINJA CROSS FIGHTING GARAGE GYM TEAM	M30	17	00:00:14	00:21:03.35	00:21:18.15	+00:05:50 (27.7%)	4:12	14.3 (72.6%)
41	WROBEL Mateusz	430		M30	18	00:00:09	00:21:05.10	00:21:15.00	+00:05:52 (27.8%)	4:13	14.2 (72.1%)
42	SIKORSKI Arkadiusz	618	ZSE BYDGOSZCZ	M10	1	00:00:53	00:21:06.10	00:21:59.15	+00:05:53 (27.9%)	4:13	14.2 (72.1%)
43	MAZUR Łukasz	218		M20	13	00:00:11	00:21:06.75	00:21:18.45	+00:05:53 (27.9%)	4:13	14.2 (72.1%)
44	RACZYŃSKI Krzysztof	467	BIEGAJĄCY FILOZOF TEAM	M60	1	00:00:00	00:21:07.15	00:21:07.15	+00:05:54 (27.9%)	4:13	14.2 (72.1%)
45	STRUGAŁA Maciej	77		M20	14	00:00:03	00:21:08.75	00:21:12.00	+00:05:55 (28.0%)	4:13	14.2 (72.1%)
46	POSTÓJSKI Paweł	474		M30	19	00:00:04	00:21:14.30	00:21:19.00	+00:06:01 (28.3%)	4:14	14.1 (71.6%)
47	ARNDT Jarek	383		M40	8	00:00:04	00:21:16.20	00:21:20.80	+00:06:03 (28.5%)	4:15	14.1 (71.6%)
48	SZNAJDER Paweł	760	CB 163	M30	20	00:00:10	00:21:18.50	00:21:28.60	+00:06:05 (28.6%)	4:15	14.1 (71.6%)
49	CIUPA Jarosław	1151	AKADEMIA MISTRZÓW SPORTU	M50	4	00:00:25	00:21:19.25	00:21:44.70	+00:06:06 (28.6%)	4:15	14.1 (71.6%)
50	CHODKIEWICZ Tomasz	1038	GARDE FLORA MTB TEAM	M40	9	00:00:09	00:21:22.30	00:21:31.70	+00:06:09 (28.8%)	4:16	14 (71.1%)
51	GÓRNY Bartosz	419	TRISPACE/TREK	M30	21	00:00:08	00:21:22.70	00:21:30.90	+00:06:09 (28.8%)	4:16	14 (71.1%)
52	GROBELNY Szymon	158		M30	22	00:00:39	00:21:24.85	00:22:04.65	+00:06:11 (28.9%)	4:16	14 (71.1%)
53	SZYMCZAK Maciej	762		M50	5	00:00:10	00:21:26.55	00:21:36.95	+00:06:13 (29.0%)	4:17	14 (71.1%)
54	BYRTEK Marcin	472		M40	10	00:00:04	00:21:27.85	00:21:32.55	+00:06:14 (29.1%)	4:17	14 (71.1%)
55	GŻYL Mikołaj	31	JANUSZE TRIATHLONU EXODUS TEAM	M40	11	00:01:07	00:21:31.05	00:22:38.75	+00:06:17 (29.3%)	4:18	13.9 (70.6%)
56	KOWALSKI Jacek	510	BYDGOSKIE OKONIE	M40	12	00:00:07	00:21:32.75	00:21:40.25	+00:06:19 (29.4%)	4:18	13.9 (70.6%)
57	SKRZYPIŃSKI Marek	111		M30	23	00:00:45	00:21:32.90	00:22:18.45	+00:06:19 (29.4%)	4:18	13.9 (70.6%)
58	MROTEK Michał	71	AKADEMIA MISTRZOW SPORTU	M40	13	00:00:26	00:21:34.60	00:22:00.90	+00:06:21 (29.5%)	4:18	13.9 (70.6%)
59	NOWOTNIK Mariusz	460		M40	14	00:00:04	00:21:35.75	00:21:40.70	+00:06:22 (29.5%)	4:19	13.9 (70.6%)
60	JUREK Sławomir	88	BBN	M50	6	00:00:00	00:21:37.00	00:21:37.00	+00:06:23 (29.6%)	4:19	13.9 (70.6%)
60	WŁODARCZYK Adam	480		M30	24	00:00:24	00:21:37.00	00:22:01.40	+00:06:23 (29.6%)	4:19	13.9 (70.6%)
62	SAK Joanna	914	DRUŻYNA SZPIKU	K30	1	00:00:06	00:21:40.70	00:21:46.90	+00:06:27 (29.8%)	4:20	13.8 (70.1%)

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63	RENC Patryk	780	SERCE TYBETU	M30	25	00:01:25	00:21:44.00	00:23:09.15	+00:06:30 (30.0%)	4:20	13.8 (70.1%)
64	SZYSZKA Radosław	1164		M40	15	00:00:05	00:21:44.50	00:21:50.00	+00:06:31 (30.0%)	4:20	13.8 (70.1%)
65	BARANOWSKI Tomasz	359	SAPER TEAM	M50	7	00:00:07	00:21:45.55	00:21:53.50	+00:06:32 (30.1%)	4:21	13.8 (70.1%)
66	WITKOWSKI Łukasz	1109	RUN BYDGOSZCZ	M30	26	00:00:17	00:21:46.80	00:22:04.00	+00:06:33 (30.1%)	4:21	13.8 (70.1%)
67	WARCHOŁ Łukasz	329	REFIZJO	M30	27	00:00:21	00:21:49.25	00:22:10.95	+00:06:36 (30.3%)	4:21	13.8 (70.1%)
68	SZYCHOWSKI Jarosław	933	TKKF KOLEJARZ BYDGOSZCZ	M30	28	00:00:12	00:21:50.90	00:22:02.95	+00:06:37 (30.3%)	4:22	13.7 (69.5%)
69	NOWAKOWSKI Radosław	793		M20	15	00:00:14	00:21:51.35	00:22:06.00	+00:06:38 (30.4%)	4:22	13.7 (69.5%)
70	JANUSZKIEWICZ Piotr	93	REBELIA UNDERGROUND TRIATHLON	M40	16	00:01:36	00:21:52.80	00:23:29.20	+00:06:39 (30.4%)	4:22	13.7 (69.5%)
71	MIKOŁAJCZAK Jakub	408	RADA MIASTA BYDGOSZCZY	M40	17	00:00:30	00:21:58.35	00:22:28.50	+00:06:45 (30.7%)	4:23	13.7 (69.5%)
72	SZOPIŃSKI Rafał	856		M40	18	00:00:31	00:21:58.45	00:22:30.35	+00:06:45 (30.7%)	4:23	13.7 (69.5%)
73	PRZEKWAS Paweł	318		M30	29	00:00:20	00:22:03.05	00:22:23.30	+00:06:49 (31.0%)	4:24	13.6 (69.0%)
74	SZCZESNY Damian	339	GDAŃSKI UNIWERSYTET MEDYCZNY	M30	30	00:00:41	00:22:04.65	00:22:45.90	+00:06:51 (31.1%)	4:24	13.6 (69.0%)
75	MAJCHRZAK Łukasz	986		M40	19	00:00:07	00:22:05.05	00:22:12.05	+00:06:51 (31.1%)	4:25	13.6 (69.0%)
76	PUDO Mateusz	436		M30	31	00:00:06	00:22:06.20	00:22:12.75	+00:06:53 (31.1%)	4:25	13.6 (69.0%)
77	CIECHANOWSKI Maciej	9		M30	32	00:00:18	00:22:12.80	00:22:31.60	+00:06:59 (31.5%)	4:26	13.5 (68.5%)
78	CHRAPKOWSKI Marcel	333	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	20	00:02:02	00:22:14.80	00:24:17.60	+00:07:01 (31.6%)	4:26	13.5 (68.5%)
79	KAŻMIRSKI Dariusz	605	SUPRAVIS	M50	8	00:00:07	00:22:15.40	00:22:23.00	+00:07:02 (31.6%)	4:27	13.5 (68.5%)
80	GRUBICH Arkadiusz	210		M40	21	00:00:00	00:22:15.60	00:22:15.60	+00:07:02 (31.6%)	4:27	13.5 (68.5%)
81	WUJEK Magdalena	1055		K40	1	00:00:07	00:22:18.15	00:22:25.45	+00:07:05 (31.8%)	4:27	13.5 (68.5%)
82	ZBIRANEK Remigiusz	615	1 POMORSKA BRYGADA LOGISTYCZNA	M40	22	00:00:58	00:22:18.50	00:23:16.50	+00:07:05 (31.8%)	4:27	13.5 (68.5%)
83	WIECZOREK Waldemar	629		M30	33	00:01:19	00:22:19.05	00:23:38.55	+00:07:05 (31.8%)	4:27	13.4 (68.0%)
84	KRUPA Piotr	525		M40	23	00:01:14	00:22:19.25	00:23:34.00	+00:07:06 (31.8%)	4:27	13.4 (68.0%)
85	STASZKIEWICZ Lucyna	751	STASHKY TEAM	K50	1	00:00:15	00:22:21.90	00:22:37.80	+00:07:08 (32.0%)	4:28	13.4 (68.0%)

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86	PIERZGALSKI Damian	238	KABEL TEAM BYDGOSZCZ	M20	16	00:00:22	00:22:22.80	00:22:44.95	+00:07:09 (32.0%)	4:28	13.4 (68.0%)
87	BALCEREK Jan	981		M10	2	00:00:22	00:22:24.20	00:22:47.00	+00:07:11 (32.1%)	4:28	13.4 (68.0%)
88	SIKORSKI Jarek	596	KABEL TEAM BYDGOSZCZ	M40	24	00:00:55	00:22:27.25	00:23:22.65	+00:07:14 (32.2%)	4:29	13.4 (68.0%)
89	DRZEWIECKI Rafał	1065	AKADEMIA MISTRZÓW SPORTU	M40	25	00:00:24	00:22:28.40	00:22:52.80	+00:07:15 (32.3%)	4:29	13.4 (68.0%)
90	GRACZYKOWSKI Marek	752		M40	26	00:00:44	00:22:28.45	00:23:12.95	+00:07:15 (32.3%)	4:29	13.4 (68.0%)
91	WALISZEWSKI Adrian	4		M30	34	00:01:41	00:22:29.55	00:24:11.20	+00:07:16 (32.3%)	4:29	13.3 (67.5%)
92	WIECZOREK Michał	1124		M20	17	00:00:21	00:22:30.40	00:22:51.80	+00:07:17 (32.4%)	4:30	13.3 (67.5%)
93	BISKUPSKI Marcin	717		M40	27	00:02:16	00:22:31.10	00:24:47.80	+00:07:18 (32.4%)	4:30	13.3 (67.5%)
94	WŁODARCZYK Wojciech	502		M50	9	00:00:53	00:22:31.65	00:23:25.35	+00:07:18 (32.4%)	4:30	13.3 (67.5%)
95	WESOŁOWSKI Piotr	920	WSTAWAJ I WALCZ	M40	28	00:01:08	00:22:33.55	00:23:42.10	+00:07:20 (32.5%)	4:30	13.3 (67.5%)
96	GRZYWIŃSKI Dawid	976		M20	18	00:00:07	00:22:35.20	00:22:43.15	+00:07:22 (32.6%)	4:31	13.3 (67.5%)
97	BUZALSKI Robert	24	ORANGE POLSKA	M40	29	00:00:21	00:22:36.05	00:22:57.05	+00:07:22 (32.7%)	4:31	13.3 (67.5%)
98	KOTOŃSKI Damian	562		M30	35	00:01:33	00:22:36.25	00:24:09.90	+00:07:23 (32.7%)	4:31	13.3 (67.5%)
99	KRUSZKA Łukasz	763		M40	30	00:00:10	00:22:41.50	00:22:52.10	+00:07:28 (32.9%)	4:32	13.2 (67.0%)
100	DADZIBÓG Mariusz	185		M30	36	00:00:21	00:22:42.20	00:23:04.00	+00:07:29 (33.0%)	4:32	13.2 (67.0%)
101	WISNIEWSKI Rafał	1108	AMS	M40	31	00:00:25	00:22:42.50	00:23:08.25	+00:07:29 (33.0%)	4:32	13.2 (67.0%)
102	SZULC Angelika	1179	TEAMOCHAL	K40	2	00:00:05	00:22:43.20	00:22:49.00	+00:07:30 (33.0%)	4:32	13.2 (67.0%)
103	KRUSZYNA Robert	923		M40	32	00:00:39	00:22:46.85	00:23:26.15	+00:07:33 (33.2%)	4:33	13.2 (67.0%)
104	JURKOWSKI Paweł	311	PJKANCELARIA.PL	M30	37	00:01:09	00:22:47.55	00:23:56.75	+00:07:34 (33.2%)	4:33	13.2 (67.0%)
105	PUDO Wojciech	1011		M20	19	00:00:06	00:22:48.20	00:22:55.15	+00:07:35 (33.3%)	4:33	13.2 (67.0%)
106	FIK Janusz	60		M30	38	00:00:31	00:22:49.00	00:23:20.90	+00:07:35 (33.3%)	4:33	13.1 (66.5%)
107	ANDRZEJEWSKI Wojtek	862		M30	39	00:00:08	00:22:49.20	00:22:57.40	+00:07:36 (33.3%)	4:33	13.1 (66.5%)
108	JOPPEK Łukasz	298		M30	40	00:00:42	00:22:49.30	00:23:31.75	+00:07:36 (33.3%)	4:33	13.1 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	WOLAN Magdalena	198	AMOREK	K40	3	00:00:20	00:22:49.50	00:23:10.25	+00:07:36 (33.3%)	4:33	13.1 (66.5%)
110	BUTKIEWICZ Piotr	946		M30	41	00:00:54	00:22:50.40	00:23:44.90	+00:07:37 (33.4%)	4:34	13.1 (66.5%)
111	POPIELARZ Robert	511	MAKE LOVE NOT WAR	M50	10	00:01:25	00:22:53.75	00:24:18.90	+00:07:40 (33.5%)	4:34	13.1 (66.5%)
112	MROTEK Katarzyna	82	AKADEMIA MISTRZÓW SPORTU	K40	4	00:00:25	00:22:56.40	00:23:21.75	+00:07:43 (33.7%)	4:35	13.1 (66.5%)
113	ROSZAK Sylwester	1186	KSS HUSARIA LUBRANIEC	M30	42	00:00:43	00:22:56.75	00:23:39.85	+00:07:43 (33.7%)	4:35	13.1 (66.5%)
114	WŁOCH Jakub	940		M30	43	00:00:47	00:22:58.15	00:23:45.80	+00:07:45 (33.7%)	4:35	13.1 (66.5%)
115	OŚWIECIŃSKI Kacper	1125		M10	3	00:00:04	00:23:00.65	00:23:04.75	+00:07:47 (33.9%)	4:36	13 (66.0%)
116	LEWANDOWSKI Rafał	700		M40	33	00:01:15	00:23:02.65	00:24:17.70	+00:07:49 (34.0%)	4:36	13 (66.0%)
117	JAKUBCZAK Michał	22		M30	44	00:00:00	00:23:02.90	00:23:02.90	+00:07:49 (34.0%)	4:36	13 (66.0%)
118	MOROSZCZAK Bogumił	544	PGB SPORTOWA PACZKA	M40	34	00:00:06	00:23:03.70	00:23:10.15	+00:07:50 (34.0%)	4:36	13 (66.0%)
119	GAWRYCH Mariusz	787		M30	45	00:00:15	00:23:03.75	00:23:19.50	+00:07:50 (34.0%)	4:36	13 (66.0%)
120	DROZDOWSKI Tomasz	1036		M30	46	00:00:20	00:23:04.60	00:23:25.35	+00:07:51 (34.1%)	4:36	13 (66.0%)
120	KNAPIK Karol	846	DAWAJ KALACH TEAM	M30	46	00:00:48	00:23:04.60	00:23:53.25	+00:07:51 (34.1%)	4:36	13 (66.0%)
122	PULC Marcin	720	PULASS	M40	35	00:00:24	00:23:06.60	00:23:31.15	+00:07:53 (34.1%)	4:37	13 (66.0%)
123	KUBAŃSKI Mateusz	557		M40	36	00:00:05	00:23:06.95	00:23:12.05	+00:07:53 (34.2%)	4:37	13 (66.0%)
124	KRÓL Maciej	650		M50	11	00:00:38	00:23:09.00	00:23:47.00	+00:07:55 (34.3%)	4:37	13 (66.0%)
125	SKUPSZ Jędrzej Kazmierz	1183	FORDON TEAM	M30	48	00:00:55	00:23:10.35	00:24:05.35	+00:07:57 (34.3%)	4:38	12.9 (65.5%)
126	STOLARCZUK Mateusz	262		M30	49	00:01:36	00:23:10.90	00:24:47.00	+00:07:57 (34.4%)	4:38	12.9 (65.5%)
126	ROSÓŁ Jacek	12		M40	37	00:00:10	00:23:10.90	00:23:21.00	+00:07:57 (34.4%)	4:38	12.9 (65.5%)
128	LISTECKI Sebastian	898	ASTORIA BYDGOSZCZ	M30	50	00:00:21	00:23:11.10	00:23:32.65	+00:07:58 (34.4%)	4:38	12.9 (65.5%)
129	KAZUBOWSKI Jacek	219	TRIDARKO	M50	12	00:00:08	00:23:11.15	00:23:20.05	+00:07:58 (34.4%)	4:38	12.9 (65.5%)
130	JAGIEŁA Adam	1053	TKKF KOLEJARZ BYDGOSZCZ	M40	38	00:00:13	00:23:13.30	00:23:26.75	+00:08:00 (34.5%)	4:38	12.9 (65.5%)
131	PIOTROWSKI Dariusz	404	GARDENFLORA SPORT TEAM	M40	39	00:00:47	00:23:13.65	00:24:01.00	+00:08:00 (34.5%)	4:38	12.9 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	BYRTEK Grzegorz	418	TRIDROPSY	M40	40	00:00:05	00:23:14.60	00:23:20.50	+00:08:01 (34.5%)	4:38	12.9 (65.5%)
133	SKARWECKI Remigiusz	434	ŁABISZYN RUNNERS	M30	51	00:00:16	00:23:15.05	00:23:31.05	+00:08:01 (34.5%)	4:39	12.9 (65.5%)
134	WĘGRZYNOWSKI Sławomir	1105	KABEL TEAM BYDGOSZCZ	M50	13	00:00:57	00:23:16.55	00:24:13.60	+00:08:03 (34.6%)	4:39	12.9 (65.5%)
135	LEŚNIEWSKI Łukasz	783		M40	41	00:01:58	00:23:16.70	00:25:15.65	+00:08:03 (34.6%)	4:39	12.9 (65.5%)
136	NIEDBALSKI Grzegorz	1130	RUN BYDGOSZCZ	M60	2	00:00:16	00:23:16.90	00:23:33.75	+00:08:03 (34.6%)	4:39	12.9 (65.5%)
137	PISARSKI Igor	893		M30	52	00:00:17	00:23:18.05	00:23:35.45	+00:08:04 (34.7%)	4:39	12.9 (65.5%)
138	WIŚNIEWSKI Piotr	690		M30	53	00:01:18	00:23:18.95	00:24:37.45	+00:08:05 (34.7%)	4:39	12.9 (65.5%)
139	NAGOW Michał	529		M40	42	00:00:09	00:23:20.75	00:23:30.20	+00:08:07 (34.8%)	4:40	12.9 (65.5%)
140	CIEMNY Tomasz	985		M50	14	00:00:28	00:23:21.05	00:23:50.00	+00:08:07 (34.8%)	4:40	12.8 (65.0%)
141	WRZESIŃSKI Krzysztof	1003		M30	54	00:00:53	00:23:23.25	00:24:16.90	+00:08:10 (34.9%)	4:40	12.8 (65.0%)
142	BARSZCZ Tomasz	747		M40	43	00:01:06	00:23:26.80	00:24:32.80	+00:08:13 (35.1%)	4:41	12.8 (65.0%)
143	BASA Mikołaj	1039		M20	20	00:00:46	00:23:27.30	00:24:13.50	+00:08:14 (35.1%)	4:41	12.8 (65.0%)
144	BIAŁEK Marcin	917	BIEGAJ Z DĘBAMI	M10	4	00:01:17	00:23:28.70	00:24:46.15	+00:08:15 (35.2%)	4:41	12.8 (65.0%)
145	KOWALSKI Krzysztof	844	OCELOTY KRUSZYN KRAJEŃSKI	M40	44	00:00:27	00:23:29.60	00:23:56.65	+00:08:16 (35.2%)	4:41	12.8 (65.0%)
146	SZULC Andrzej	1180		M50	15	00:00:05	00:23:29.85	00:23:35.55	+00:08:16 (35.2%)	4:41	12.8 (65.0%)
147	JANKOWSKI Marcin	240	YES ENGLISH	M40	45	00:00:15	00:23:32.45	00:23:47.45	+00:08:19 (35.4%)	4:42	12.7 (64.5%)
148	KRASIŃSKI Piotr	108		M40	46	00:01:16	00:23:32.85	00:24:49.80	+00:08:19 (35.4%)	4:42	12.7 (64.5%)
149	KAPANOWSKI Sylwester	49		M50	16	00:00:39	00:23:33.15	00:24:13.00	+00:08:20 (35.4%)	4:42	12.7 (64.5%)
150	PALIGA Mateusz	521	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	21	00:00:04	00:23:34.25	00:23:38.30	+00:08:21 (35.4%)	4:42	12.7 (64.5%)
151	WIERZCHOSŁAWSKI Tomasz	113		M20	22	00:00:17	00:23:34.65	00:23:52.15	+00:08:21 (35.5%)	4:42	12.7 (64.5%)
152	GROSKOP Grzegorz	526	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	55	00:00:03	00:23:34.75	00:23:38.25	+00:08:21 (35.5%)	4:42	12.7 (64.5%)
153	OWSIANNY Patryk	490		M30	56	00:00:34	00:23:34.85	00:24:09.00	+00:08:21 (35.5%)	4:42	12.7 (64.5%)
154	MICHALIK Joanna	95		K40	5	00:00:07	00:23:35.45	00:23:43.15	+00:08:22 (35.5%)	4:43	12.7 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	DALEWSKA Kamila	51		K30	2	00:00:46	00:23:36.30	00:24:22.60	+00:08:23 (35.5%)	4:43	12.7 (64.5%)
156	BONDARCZYK Filip	740		M20	23	00:00:39	00:23:36.85	00:24:16.05	+00:08:23 (35.6%)	4:43	12.7 (64.5%)
157	DERING Hanna	102	BYDGOSKIE ŻÓŁWIE	K40	6	00:00:30	00:23:38.80	00:24:09.15	+00:08:25 (35.6%)	4:43	12.7 (64.5%)
158	ZBIRANEK Artur	689		M40	47	00:01:31	00:23:40.25	00:25:11.55	+00:08:27 (35.7%)	4:44	12.7 (64.5%)
159	BUTRYM Piotr	586		M40	48	00:03:05	00:23:42.75	00:26:48.10	+00:08:29 (35.8%)	4:44	12.7 (64.5%)
160	SALAMON Wojciech	173		M40	49	00:00:41	00:23:43.15	00:24:24.35	+00:08:30 (35.8%)	4:44	12.6 (64.0%)
161	ŻEGLICZ Marek	405	SPÓJNIA BIAŁE BŁOTA (#SPORTOWYKOCUR)	M20	24	00:00:05	00:23:44.60	00:23:50.00	+00:08:31 (35.9%)	4:44	12.6 (64.0%)
162	GACKOWSKI Krzysztof	154		M50	17	00:00:14	00:23:46.95	00:24:01.60	+00:08:33 (36.0%)	4:45	12.6 (64.0%)
163	RYWOLT Paweł	655		M30	57	00:01:08	00:23:47.30	00:24:55.70	+00:08:34 (36.0%)	4:45	12.6 (64.0%)
164	ŚLAZIŃSKI Daniel	181		M40	50	00:00:50	00:23:51.55	00:24:42.20	+00:08:38 (36.2%)	4:46	12.6 (64.0%)
165	PUCHACZ Marcin	522		M30	58	00:01:11	00:23:51.80	00:25:03.70	+00:08:38 (36.2%)	4:46	12.6 (64.0%)
166	KITOWSKI Hubert	303		M20	25	00:00:15	00:23:52.00	00:24:07.25	+00:08:38 (36.2%)	4:46	12.6 (64.0%)
167	SIEJEK Błażej	455		M30	59	00:00:11	00:23:54.50	00:24:06.10	+00:08:41 (36.3%)	4:46	12.6 (64.0%)
168	KOWALCZYK Edward	1075	KLINIKA TLENOWA INOWROCŁAW	M60	3	00:00:08	00:23:55.60	00:24:04.20	+00:08:42 (36.4%)	4:47	12.5 (63.5%)
169	ŁADNIAK Dariusz	323		M40	51	00:02:00	00:23:56.85	00:25:57.45	+00:08:43 (36.5%)	4:47	12.5 (63.5%)
170	CYWIŃSKI Artur	508		M30	60	00:00:17	00:23:57.35	00:24:14.95	+00:08:44 (36.5%)	4:47	12.5 (63.5%)
170	LEWANDOWSKI Patryk	1134	BAMBUS	M30	60	00:03:25	00:23:57.35	00:27:23.00	+00:08:44 (36.5%)	4:47	12.5 (63.5%)
172	BARAŃSKI Władysław	536		M40	52	00:00:10	00:23:59.50	00:24:10.40	+00:08:46 (36.6%)	4:47	12.5 (63.5%)
173	WASILUK Tomasz	126		M30	62	00:00:24	00:24:00.20	00:24:25.05	+00:08:47 (36.6%)	4:48	12.5 (63.5%)
174	SZMYT Patryk	443	CSAIU	M20	26	00:00:08	00:24:02.70	00:24:11.30	+00:08:49 (36.7%)	4:48	12.5 (63.5%)
175	DEMBOWSKI Łukasz	1095		M30	63	00:00:30	00:24:03.10	00:24:34.00	+00:08:50 (36.7%)	4:48	12.5 (63.5%)
176	OLEJNIK Mateusz	658		M30	64	00:00:11	00:24:03.45	00:24:15.05	+00:08:50 (36.7%)	4:48	12.5 (63.5%)
177	SIERADZKI Bartosz	176		M50	18	00:02:22	00:24:03.70	00:26:26.65	+00:08:50 (36.8%)	4:48	12.5 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	WOLSKI Krzysztof	1077		M30	65	00:00:42	00:24:03.95	00:24:46.00	+00:08:50 (36.8%)	4:48	12.5 (63.5%)
179	WAWRZYNIAK Maciej	215		M40	53	00:00:50	00:24:04.10	00:24:55.05	+00:08:51 (36.8%)	4:48	12.5 (63.5%)
180	GALICKI Jakub	1107	AKADEMIA MISTRZÓW SPORTU	M40	54	00:00:42	00:24:04.60	00:24:46.70	+00:08:51 (36.8%)	4:48	12.5 (63.5%)
181	BARSZCZ Krzysztof	723		M30	66	00:01:06	00:24:05.30	00:25:11.60	+00:08:52 (36.8%)	4:49	12.5 (63.5%)
182	MALEC Karol	313	BIUEL TEAM	M40	55	00:01:54	00:24:09.10	00:26:03.65	+00:08:56 (37.0%)	4:49	12.4 (62.9%)
183	FELINIAK Daniel	546		M40	56	00:00:41	00:24:11.10	00:24:52.50	+00:08:58 (37.1%)	4:50	12.4 (62.9%)
184	WARLIKOWSKI Łukasz	512		M30	67	00:00:41	00:24:11.35	00:24:52.60	+00:08:58 (37.1%)	4:50	12.4 (62.9%)
185	RUNNER Andrzej	688	RUN BDG	M50	19	00:00:16	00:24:11.95	00:24:28.10	+00:08:58 (37.1%)	4:50	12.4 (62.9%)
186	DŁUŻEWSKI Wojciech	326		M50	20	00:00:17	00:24:12.50	00:24:30.10	+00:08:59 (37.1%)	4:50	12.4 (62.9%)
187	LESZCZYŃSKI Tomasz	956	FOREST GUMP	M40	57	00:00:31	00:24:13.05	00:24:45.00	+00:08:59 (37.2%)	4:50	12.4 (62.9%)
188	FIRYN Piotr	745		M20	27	00:01:02	00:24:15.45	00:25:18.15	+00:09:02 (37.3%)	4:51	12.4 (62.9%)
189	HELIASZ Krystian	847		M40	58	00:00:00	00:24:16.65	00:24:16.65	+00:09:03 (37.3%)	4:51	12.4 (62.9%)
190	PAWŁOWSKI Patryk	364		M30	68	00:01:22	00:24:16.85	00:25:39.60	+00:09:03 (37.3%)	4:51	12.4 (62.9%)
191	ZAGÓRSKI Artur	406		M30	69	00:00:32	00:24:17.35	00:24:50.20	+00:09:04 (37.3%)	4:51	12.4 (62.9%)
192	KOZŁOWSKI Rafał	1034		M20	28	00:00:32	00:24:19.00	00:24:51.25	+00:09:05 (37.4%)	4:51	12.3 (62.4%)
193	WNUCZYŃSKI Andrzej	869	ORANGE POLSKA	M50	21	00:00:00	00:24:20.15	00:24:20.15	+00:09:07 (37.5%)	4:52	12.3 (62.4%)
194	LEWANDOWSKI Michał	87		M40	59	00:01:19	00:24:20.80	00:25:39.90	+00:09:07 (37.5%)	4:52	12.3 (62.4%)
195	CHROMIŃSKI Fabian	132		M30	70	00:00:19	00:24:21.60	00:24:41.25	+00:09:08 (37.5%)	4:52	12.3 (62.4%)
196	JAWORSKI Krzysztof	297		M50	22	00:00:29	00:24:25.20	00:24:54.20	+00:09:12 (37.7%)	4:53	12.3 (62.4%)
197	ROBACZEWSKI Artur	842		M50	23	00:00:20	00:24:25.25	00:24:45.50	+00:09:12 (37.7%)	4:53	12.3 (62.4%)
198	SZYMAŃSKI Paweł	1112		M40	60	00:00:48	00:24:26.30	00:25:14.50	+00:09:13 (37.7%)	4:53	12.3 (62.4%)
199	BERENDA Damian	435	BREMAX DAMIAN BERENDA	M40	61	00:00:40	00:24:27.40	00:25:08.30	+00:09:14 (37.8%)	4:53	12.3 (62.4%)
200	SZUKALSKI Michał	47		M40	62	00:00:10	00:24:28.00	00:24:38.20	+00:09:14 (37.8%)	4:53	12.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	GLAMA Stanisław	316		M50	24	00:00:55	00:24:28.20	00:25:23.90	+00:09:15 (37.8%)	4:53	12.3 (62.4%)
202	RYDLEWSKI Marek	481	TEAM RUDNIK / RUN BYDGOSZCZ	M50	25	00:00:09	00:24:28.70	00:24:38.30	+00:09:15 (37.8%)	4:53	12.3 (62.4%)
203	PUJANEK Michał	1175		M10	5	00:01:08	00:24:29.10	00:25:37.25	+00:09:16 (37.8%)	4:53	12.3 (62.4%)
204	NADOLNY Sebastian	527		M40	63	00:00:12	00:24:29.15	00:24:41.55	+00:09:16 (37.8%)	4:53	12.3 (62.4%)
205	TOMACKI Michał	1119		M40	64	00:02:55	00:24:29.80	00:27:25.10	+00:09:16 (37.9%)	4:53	12.3 (62.4%)
206	KRUK Szymon	864		M18	1	00:01:58	00:24:30.60	00:26:28.70	+00:09:17 (37.9%)	4:54	12.2 (61.9%)
207	KOSEK Mariusz	801	RCI	M50	26	00:00:15	00:24:31.20	00:24:47.10	+00:09:18 (37.9%)	4:54	12.2 (61.9%)
208	YALPI Hasan	39		M30	71	00:01:00	00:24:31.65	00:25:32.30	+00:09:18 (38.0%)	4:54	12.2 (61.9%)
209	GROSKOP Michał	550		M30	72	00:01:06	00:24:32.00	00:25:38.15	+00:09:18 (38.0%)	4:54	12.2 (61.9%)
210	KRETOWICZ Piotr	352	AKADEMIA LISKA	M20	29	00:01:36	00:24:32.70	00:26:09.40	+00:09:19 (38.0%)	4:54	12.2 (61.9%)
211	WOJCIECHOWSKI Grzegorz	33		M30	73	00:01:14	00:24:33.55	00:25:47.75	+00:09:20 (38.0%)	4:54	12.2 (61.9%)
212	RACZYŃSKA Magdalena	375		K30	3	00:00:23	00:24:34.00	00:24:57.00	+00:09:20 (38.1%)	4:54	12.2 (61.9%)
213	ODYA Hubert	892		M20	30	00:02:08	00:24:36.60	00:26:45.05	+00:09:23 (38.2%)	4:55	12.2 (61.9%)
214	TWARDOWSKI Krzysztof	25		M20	31	00:01:13	00:24:38.65	00:25:52.05	+00:09:25 (38.2%)	4:55	12.2 (61.9%)
215	DROCIĄK Michał	577	OGR OSOWA GÓRA RUNNER	M40	65	00:00:31	00:24:38.70	00:25:10.15	+00:09:25 (38.2%)	4:55	12.2 (61.9%)
216	KUBIŃSKA Klaudyna	1116		K20	1	00:01:47	00:24:40.75	00:26:28.70	+00:09:27 (38.3%)	4:56	12.2 (61.9%)
217	URBAŃSKI Dawid	773		M40	66	00:01:31	00:24:40.95	00:26:12.10	+00:09:27 (38.3%)	4:56	12.2 (61.9%)
218	BYLICA Robert	120		M40	67	00:00:49	00:24:41.30	00:25:30.75	+00:09:28 (38.4%)	4:56	12.2 (61.9%)
219	JANYSKA Adam	528	UKS KOPERNIK BYDGOSZCZ	M20	32	00:00:13	00:24:43.10	00:24:56.70	+00:09:30 (38.4%)	4:56	12.1 (61.4%)
220	GRAJEWSKI Tomasz	379		M40	68	00:02:06	00:24:43.25	00:26:49.30	+00:09:30 (38.4%)	4:56	12.1 (61.4%)
221	BANAŚ Adrian	473	VENICCI POLSKA	M30	74	00:00:17	00:24:45.00	00:25:02.15	+00:09:31 (38.5%)	4:57	12.1 (61.4%)
222	SZEIB Robert	1158		M40	69	00:00:40	00:24:47.95	00:25:28.90	+00:09:34 (38.6%)	4:57	12.1 (61.4%)
223	MAJCHRZAK Kasia	41		K30	4	00:00:18	00:24:48.25	00:25:07.00	+00:09:35 (38.6%)	4:57	12.1 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	KIEŁCZYŃSKI Marek	669	CSM POLSKA	M40	70	00:01:54	00:24:48.30	00:26:43.20	+00:09:35 (38.6%)	4:57	12.1 (61.4%)
225	KŁOSOWSKI Marcin	648	CSM POLSKA	M40	71	00:01:55	00:24:50.80	00:26:46.00	+00:09:37 (38.8%)	4:58	12.1 (61.4%)
226	BIERNACKA Magdalena	226	1 BRYGADA LOGISTYCZNA	K30	5	00:00:36	00:24:55.55	00:25:31.55	+00:09:42 (38.9%)	4:59	12 (60.9%)
227	JACZYŃSKI Tomasz	310	FORESTEAM	M30	75	00:02:30	00:24:56.00	00:27:26.20	+00:09:42 (39.0%)	4:59	12 (60.9%)
228	RYBAK Łukasz	309	FORESTEAM	M30	76	00:02:30	00:24:56.05	00:27:26.05	+00:09:42 (39.0%)	4:59	12 (60.9%)
229	KOLASIŃSKI Tomasz	358		M50	27	00:00:16	00:24:56.10	00:25:12.80	+00:09:43 (39.0%)	4:59	12 (60.9%)
230	MAZUR Dariusz	464		M40	72	00:02:27	00:24:56.25	00:27:23.25	+00:09:43 (39.0%)	4:59	12 (60.9%)
231	KAŹMIERCZAK Sławek	488		M20	33	00:00:32	00:24:58.15	00:25:30.70	+00:09:45 (39.1%)	4:59	12 (60.9%)
232	ŻABIŃSKI Remigiusz	868	BUDSTOL INVEST	M20	34	00:01:01	00:24:58.50	00:25:59.75	+00:09:45 (39.1%)	4:59	12 (60.9%)
233	WIDŹGOWSKI Przemysław	137		M40	73	00:00:31	00:24:58.75	00:25:29.95	+00:09:45 (39.1%)	4:59	12 (60.9%)
234	KUŹNIEWSKI Oliwier	925	SP 15 BYDGOSZCZ	M10	6	00:00:15	00:25:00.65	00:25:16.25	+00:09:47 (39.2%)	5:00	12 (60.9%)
235	WINIARSKI Kacper	697		M10	7	00:00:35	00:25:03.45	00:25:38.85	+00:09:50 (39.3%)	5:00	12 (60.9%)
236	BRAŃGIEL Jakub	755	VEGE RUNNERS	M40	74	00:02:15	00:25:03.80	00:27:19.75	+00:09:50 (39.3%)	5:00	12 (60.9%)
237	DOBIECKI Szczepan	174		M40	75	00:01:20	00:25:05.60	00:26:26.50	+00:09:52 (39.4%)	5:01	12 (60.9%)
238	TKACZYK Szymon	308		M20	35	00:00:15	00:25:06.05	00:25:21.70	+00:09:52 (39.4%)	5:01	12 (60.9%)
239	SAK Anna	927	SOLANKOWI BIEGACZE	K40	7	00:00:13	00:25:08.05	00:25:21.90	+00:09:54 (39.5%)	5:01	11.9 (60.4%)
240	KUCZEWSKI Łukasz	285		M40	76	00:00:57	00:25:10.70	00:26:07.95	+00:09:57 (39.6%)	5:02	11.9 (60.4%)
241	REPKE Patrycja	912		K30	6	00:00:22	00:25:10.75	00:25:33.15	+00:09:57 (39.6%)	5:02	11.9 (60.4%)
242	POLAŃCZYK Paulina	73		K30	7	00:01:11	00:25:11.00	00:26:22.00	+00:09:57 (39.6%)	5:02	11.9 (60.4%)
243	SŁODOWNIK Maciej	721	TMPB	M40	77	00:02:18	00:25:13.50	00:27:32.20	+00:10:00 (39.7%)	5:02	11.9 (60.4%)
244	ŚLIŹ Bartosz	991	LUKS SEROCK	M10	8	00:00:13	00:25:13.80	00:25:27.15	+00:10:00 (39.7%)	5:02	11.9 (60.4%)
245	SZUBIŃSKI Ireneusz	563		M40	78	00:00:24	00:25:14.40	00:25:39.25	+00:10:01 (39.7%)	5:02	11.9 (60.4%)
246	MRUGAŁA Bartosz	1027		M30	77	00:02:31	00:25:14.60	00:27:45.85	+00:10:01 (39.7%)	5:02	11.9 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	LEWANDOWSKI Bartosz	701	LOTTO BYDGOSTIA	M10	9	00:01:11	00:25:15.50	00:26:27.00	+00:10:02 (39.7%)	5:03	11.9 (60.4%)
248	DONARSKI Karol	730		M20	36	00:00:49	00:25:16.70	00:26:06.40	+00:10:03 (39.8%)	5:03	11.9 (60.4%)
249	PIETRASZAK Tomasz	38	RUN BYDGOSZCZ	M50	28	00:00:18	00:25:18.20	00:25:36.55	+00:10:05 (39.9%)	5:03	11.9 (60.4%)
250	SIWIAK Łukasz	758		M30	78	00:00:43	00:25:18.45	00:26:02.05	+00:10:05 (39.9%)	5:03	11.9 (60.4%)
251	TORCHALSKI Krzysztof	486		M60	4	00:00:36	00:25:18.75	00:25:55.70	+00:10:05 (39.9%)	5:03	11.9 (60.4%)
252	FIRST Anna	941	RUN BYDGOSZCZ	K20	2	00:00:19	00:25:19.15	00:25:38.50	+00:10:06 (39.9%)	5:03	11.8 (59.9%)
253	NIEDBALSKI Paweł	684	MARTYRIA BYDGOSZCZ	M40	79	00:01:50	00:25:19.75	00:27:10.20	+00:10:06 (39.9%)	5:03	11.8 (59.9%)
254	NOWAKOWSKI Grzegorz	507	DEAF GARMIN_GIANT	M30	79	00:00:43	00:25:19.95	00:26:03.15	+00:10:06 (39.9%)	5:03	11.8 (59.9%)
255	HŁAWNIAK Zbigniew	1187		M60	5	00:00:21	00:25:21.20	00:25:43.10	+00:10:08 (40.0%)	5:04	11.8 (59.9%)
256	ADAMCZYK Wojciech	966		M40	80	00:00:56	00:25:22.10	00:26:18.20	+00:10:09 (40.0%)	5:04	11.8 (59.9%)
257	BRZEZIŃSKI Maciej	665		M30	80	00:01:52	00:25:23.00	00:27:15.25	+00:10:09 (40.0%)	5:04	11.8 (59.9%)
258	KRUSZYNA Renata	924		K30	8	00:00:38	00:25:23.30	00:26:01.30	+00:10:10 (40.1%)	5:04	11.8 (59.9%)
259	BOJAROWSKI Krzysztof	1128		M30	81	00:01:45	00:25:26.05	00:27:11.95	+00:10:12 (40.2%)	5:05	11.8 (59.9%)
260	KOSIARSKI Tomasz	830		M40	81	00:00:46	00:25:28.80	00:26:15.75	+00:10:15 (40.3%)	5:05	11.8 (59.9%)
261	ZŁOTOWSKI Piotr	934	RUN BYDGOSZCZ	M40	82	00:00:17	00:25:30.75	00:25:47.75	+00:10:17 (40.3%)	5:06	11.8 (59.9%)
262	BICZKOWSKI Patryk	766	KPBPPIR	M30	82	00:01:57	00:25:31.00	00:27:28.15	+00:10:17 (40.4%)	5:06	11.8 (59.9%)
263	ROSSA Sławomir	118		M50	29	00:00:11	00:25:33.80	00:25:45.50	+00:10:20 (40.5%)	5:06	11.7 (59.4%)
264	KŁOSKOWSKI Adam	411	JW1515 BYDGOSZCZ	M30	83	00:01:19	00:25:34.10	00:26:53.55	+00:10:21 (40.5%)	5:06	11.7 (59.4%)
265	MODRAKOWSKI Roland	1063	DYSTRYBUCJA-REKLAM.PL	M40	83	00:01:09	00:25:34.80	00:26:44.20	+00:10:21 (40.5%)	5:06	11.7 (59.4%)
266	KASZUBA Konrad	447		M30	84	00:01:55	00:25:34.95	00:27:30.75	+00:10:21 (40.5%)	5:06	11.7 (59.4%)
267	SZYMCZAK Elwira	114		K20	3	00:00:07	00:25:35.45	00:25:42.60	+00:10:22 (40.5%)	5:07	11.7 (59.4%)
268	MICHALAK Mariusz	342		M50	30	00:01:30	00:25:37.80	00:27:08.50	+00:10:24 (40.6%)	5:07	11.7 (59.4%)
269	SZYMAŃSKI Jakub	1074		M40	84	00:00:48	00:25:39.30	00:26:27.50	+00:10:26 (40.7%)	5:07	11.7 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	CIESIELSKI Arkadiusz	799		M50	31	00:00:31	00:25:39.70	00:26:11.15	+00:10:26 (40.7%)	5:07	11.7 (59.4%)
271	RYGIEWICZ Wojciech	785		M50	32	00:00:21	00:25:41.00	00:26:02.70	+00:10:27 (40.7%)	5:08	11.7 (59.4%)
272	PAŁCZYŃSKI Przemysław	1153		M30	85	00:00:15	00:25:42.90	00:25:58.15	+00:10:29 (40.8%)	5:08	11.7 (59.4%)
273	PYJOS Rafał	1097	UMB	M30	86	00:00:50	00:25:44.25	00:26:35.20	+00:10:31 (40.9%)	5:08	11.7 (59.4%)
274	BIEGAŃSKI Andrzej	832		M20	37	00:00:21	00:25:45.95	00:26:07.00	+00:10:32 (40.9%)	5:09	11.7 (59.4%)
275	WOJTKOWIAK Monika	833		K20	4	00:00:20	00:25:46.45	00:26:07.20	+00:10:33 (41.0%)	5:09	11.6 (58.9%)
276	JESKE Marek	938	RUN BYDGOSZCZ	M50	33	00:00:16	00:25:47.10	00:26:03.50	+00:10:34 (41.0%)	5:09	11.6 (58.9%)
277	SUCHACKI Kacper	1019	RTW LOTTO-BYDGOSTIA	M10	10	00:01:28	00:25:49.00	00:27:17.00	+00:10:35 (41.1%)	5:09	11.6 (58.9%)
278	BARCZYŃSKI Mateusz	742		M30	87	00:01:17	00:25:50.05	00:27:07.85	+00:10:36 (41.1%)	5:10	11.6 (58.9%)
279	SIUDA Piotr	939		M40	85	00:02:26	00:25:50.60	00:28:17.40	+00:10:37 (41.1%)	5:10	11.6 (58.9%)
280	GROBELNA Angelika	1049	BYDGOSZCZ NA START	K40	8	00:00:00	00:25:51.50	00:25:51.50	+00:10:38 (41.1%)	5:10	11.6 (58.9%)
281	TĘGOS Daniel	1178		M30	88	00:00:19	00:25:51.75	00:26:10.90	+00:10:38 (41.2%)	5:10	11.6 (58.9%)
282	KAMIŃSKI Michał	569		M40	86	00:01:19	00:25:52.05	00:27:11.05	+00:10:38 (41.2%)	5:10	11.6 (58.9%)
283	NIKODEM Łukasz	99		M30	89	00:00:28	00:25:52.25	00:26:20.75	+00:10:39 (41.2%)	5:10	11.6 (58.9%)
284	NURKIEWICZ Jarosław	1069	KUNG FU PANDY 3	M50	34	00:00:30	00:25:52.95	00:26:23.45	+00:10:39 (41.2%)	5:10	11.6 (58.9%)
285	STĘPIEŃ Tomasz	778		M40	87	00:01:32	00:25:53.20	00:27:25.20	+00:10:40 (41.2%)	5:10	11.6 (58.9%)
286	PRĄDZYŃSKI Marcin	83	TMIRONTEAM	M40	88	00:00:33	00:25:56.15	00:26:29.75	+00:10:43 (41.3%)	5:11	11.6 (58.9%)
287	FOX Magbel	85		K30	9	00:00:33	00:25:56.45	00:26:30.15	+00:10:43 (41.3%)	5:11	11.6 (58.9%)
288	BŁASZAK Piotr	350	PARKRUN SŁODOWO, WŁOCŁAWEK	M30	90	00:02:06	00:25:57.40	00:28:04.30	+00:10:44 (41.4%)	5:11	11.6 (58.9%)
289	PACEK Mirosław	818		M50	35	00:00:19	00:26:00.45	00:26:19.55	+00:10:47 (41.5%)	5:12	11.5 (58.4%)
290	KRYWALD Michał	1113		M30	91	00:00:44	00:26:00.50	00:26:45.00	+00:10:47 (41.5%)	5:12	11.5 (58.4%)
291	ZAPARUCHA Mikołaj	1062		M50	36	00:01:00	00:26:02.85	00:27:03.00	+00:10:49 (41.6%)	5:12	11.5 (58.4%)
292	MIKOŁAJEWSKI Piotr	1192		M40	89	00:00:23	00:26:03.25	00:26:26.65	+00:10:50 (41.6%)	5:12	11.5 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	BIZON Bartosz	485		M30	92	00:00:53	00:26:06.10	00:26:59.35	+00:10:53 (41.7%)	5:13	11.5 (58.4%)
294	BOJAROWICZ Ewa	484		K20	5	00:00:57	00:26:07.25	00:27:04.30	+00:10:54 (41.7%)	5:13	11.5 (58.4%)
295	MAŁECKI Mateusz	1167	ZSGH	M18	2	00:00:05	00:26:08.75	00:26:14.15	+00:10:55 (41.8%)	5:13	11.5 (58.4%)
296	WADELSKA Joanna	706	PSY GOŃCZE JANKIEGO	K30	10	00:00:26	00:26:12.85	00:26:39.40	+00:10:59 (41.9%)	5:14	11.5 (58.4%)
296	GACKOWSKA Daria	1018		K30	10	00:00:34	00:26:12.85	00:26:47.60	+00:10:59 (41.9%)	5:14	11.5 (58.4%)
298	MASŁOWSKA Angelika	855		K30	12	00:00:25	00:26:12.90	00:26:38.80	+00:10:59 (41.9%)	5:14	11.5 (58.4%)
299	RAMZA Adam	734		M40	90	00:02:03	00:26:13.50	00:28:17.30	+00:11:00 (42.0%)	5:14	11.4 (57.9%)
300	DONARSKI Janusz	530	DONARY	M50	37	00:00:38	00:26:14.05	00:26:52.10	+00:11:00 (42.0%)	5:14	11.4 (57.9%)
301	PRIETZ Bartosz	661	SUPRAVIS	M40	91	00:02:18	00:26:15.55	00:28:33.70	+00:11:02 (42.0%)	5:15	11.4 (57.9%)
302	KWASEK Wojciech	1047	KABEL TEAM BYDGOSZCZ	M50	38	00:00:53	00:26:15.95	00:27:09.00	+00:11:02 (42.1%)	5:15	11.4 (57.9%)
303	WIECZOREK Izabela	1176		K30	13	00:00:08	00:26:16.20	00:26:24.40	+00:11:03 (42.1%)	5:15	11.4 (57.9%)
304	KIERNICKI Jarosław	286		M50	39	00:01:23	00:26:16.55	00:27:40.00	+00:11:03 (42.1%)	5:15	11.4 (57.9%)
305	KRUPINSKI Tomasz	1185		M50	40	00:01:12	00:26:16.80	00:27:29.10	+00:11:03 (42.1%)	5:15	11.4 (57.9%)
306	PIETRZAK Anna	741		K30	14	00:01:15	00:26:18.15	00:27:33.20	+00:11:05 (42.1%)	5:15	11.4 (57.9%)
307	SCHMIDT Marcin	119	BB ACTIVE TEAM	M40	92	00:01:40	00:26:18.85	00:27:59.60	+00:11:05 (42.2%)	5:15	11.4 (57.9%)
308	MAKUSZEWSKI Mateusz	153		M30	93	00:00:50	00:26:19.40	00:27:10.30	+00:11:06 (42.2%)	5:15	11.4 (57.9%)
309	OSZUBSKI Kazimierz	1093		M50	41	00:00:45	00:26:19.90	00:27:04.95	+00:11:06 (42.2%)	5:15	11.4 (57.9%)
310	PYTLIŃSKI Marek	65	BYDGOSKIE ŻÓŁWIE	M10	11	00:00:36	00:26:20.45	00:26:57.40	+00:11:07 (42.2%)	5:16	11.4 (57.9%)
311	SCHMIDT Artur	122	BB ACTIVE TEAM	M10	12	00:01:40	00:26:20.85	00:28:01.60	+00:11:07 (42.2%)	5:16	11.4 (57.9%)
312	BŁAŻEJEWSKA Marta	287		K30	15	00:00:37	00:26:20.95	00:26:58.30	+00:11:07 (42.2%)	5:16	11.4 (57.9%)
313	GRACZ Adam	458		M40	93	00:00:32	00:26:22.15	00:26:54.55	+00:11:09 (42.3%)	5:16	11.4 (57.9%)
313	WOLAK Piotr	465		M40	93	00:00:32	00:26:22.15	00:26:55.00	+00:11:09 (42.3%)	5:16	11.4 (57.9%)
315	JANUSZEWSKI Radosław	90		M40	95	00:01:41	00:26:22.75	00:28:04.10	+00:11:09 (42.3%)	5:16	11.4 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	PYTLIŃSKI Paweł	64	BYDGOSKIE ŻÓŁWIE	M40	96	00:00:36	00:26:23.80	00:27:00.75	+00:11:10 (42.3%)	5:16	11.4 (57.9%)
317	CIESIELSKI Mirosław	840		M50	42	00:02:10	00:26:23.90	00:28:34.80	+00:11:10 (42.4%)	5:16	11.4 (57.9%)
318	KOWALSKA Jolanta	781		K40	9	00:00:22	00:26:24.05	00:26:46.70	+00:11:10 (42.4%)	5:16	11.4 (57.9%)
318	GRUDA Mirosław	236		M60	6	00:00:54	00:26:24.05	00:27:18.55	+00:11:10 (42.4%)	5:16	11.4 (57.9%)
320	RUTKOWSKI Tomasz	134		M50	43	00:00:22	00:26:27.65	00:26:50.15	+00:11:14 (42.5%)	5:17	11.3 (57.4%)
321	ANDRZEJEWSKI Robert	980		M10	13	00:00:36	00:26:28.05	00:27:04.50	+00:11:14 (42.5%)	5:17	11.3 (57.4%)
322	MISIAK Agata	558		K20	6	00:00:36	00:26:28.25	00:27:04.90	+00:11:15 (42.5%)	5:17	11.3 (57.4%)
323	CZAJA Jarosław	81		M40	97	00:00:40	00:26:29.45	00:27:10.00	+00:11:16 (42.6%)	5:17	11.3 (57.4%)
324	GODZIUK Roman	926		M60	7	00:00:25	00:26:31.30	00:26:56.95	+00:11:18 (42.6%)	5:18	11.3 (57.4%)
325	KLAWIKOWSKI Oskar	496	TKKF KOLEJARZ BYDGOSZCZ	M10	14	00:02:46	00:26:32.35	00:29:19.20	+00:11:19 (42.7%)	5:18	11.3 (57.4%)
326	JAKUBCZAK Rafał	237		M30	94	00:00:58	00:26:33.65	00:27:32.35	+00:11:20 (42.7%)	5:18	11.3 (57.4%)
327	PIĄTEK Justyna	98	TEAM RUDNIK	K30	16	00:00:43	00:26:34.60	00:27:18.10	+00:11:21 (42.7%)	5:18	11.3 (57.4%)
328	MAŁKOWSKA Ewa	471		K20	7	00:00:52	00:26:35.00	00:27:27.50	+00:11:21 (42.8%)	5:19	11.3 (57.4%)
329	POTRZEBOWSKA Agata	438	LIFE BALANCE PLACE I DEAF	K30	17	00:00:41	00:26:35.30	00:27:17.15	+00:11:22 (42.8%)	5:19	11.3 (57.4%)
330	SŁODOWNIK Rafał	731	TOWARZYSKI MARATON PUSZCZY BYDGOSKIEJ	M50	44	00:02:17	00:26:35.50	00:28:52.95	+00:11:22 (42.8%)	5:19	11.3 (57.4%)
331	POTRZEBOWSKI Marek	439	LIFE BALANCE PLACE I DEAF	M40	98	00:00:43	00:26:35.55	00:27:18.55	+00:11:22 (42.8%)	5:19	11.3 (57.4%)
332	WIŚNIEWSKI Leszek	445		M30	95	00:01:22	00:26:36.75	00:27:58.95	+00:11:23 (42.8%)	5:19	11.3 (57.4%)
333	KABACIŃSKA Kinga	400		K30	18	00:00:00	00:26:37.35	00:26:37.35	+00:11:24 (42.8%)	5:19	11.3 (57.4%)
334	KARPIŃSKI Łukasz Cezary	459	AKTYWNA BYDGOSZCZ	M40	99	00:00:25	00:26:42.45	00:27:08.20	+00:11:29 (43.0%)	5:20	11.2 (56.9%)
335	WOLNY Tomasz	13		M40	100	00:00:11	00:26:43.10	00:26:54.60	+00:11:30 (43.0%)	5:20	11.2 (56.9%)
336	ZAGOZDZON Wioleta	1022	SOLECCY BIEGACZE /KOLOROWE GACIE	K30	19	00:01:35	00:26:44.00	00:28:19.40	+00:11:30 (43.1%)	5:20	11.2 (56.9%)
337	KŁONOWSKI Kacper	362		M20	38	00:01:45	00:26:46.40	00:28:32.00	+00:11:33 (43.2%)	5:21	11.2 (56.9%)
338	STYKAŁA Magdalena	1026		K40	10	00:00:17	00:26:47.55	00:27:05.35	+00:11:34 (43.2%)	5:21	11.2 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	WOSZCZYK Agnieszka	1111		K30	20	00:00:00	00:26:47.75	00:26:47.75	+00:11:34 (43.2%)	5:21	11.2 (56.9%)
340	SZABLINSKA Honorata	836		K40	11	00:00:25	00:26:48.75	00:27:13.90	+00:11:35 (43.2%)	5:21	11.2 (56.9%)
341	KRZYŚKÓW Mateusz	1156	ZIELONY PELIKAN	M20	39	00:01:42	00:26:49.90	00:28:32.40	+00:11:36 (43.3%)	5:21	11.2 (56.9%)
342	KRAWIEC Jacek	417		M50	45	00:02:34	00:26:50.20	00:29:25.00	+00:11:37 (43.3%)	5:22	11.2 (56.9%)
343	GIL Wiktor	106	#MAMWYBIEGANE	M40	101	00:01:41	00:26:50.45	00:28:32.35	+00:11:37 (43.3%)	5:22	11.2 (56.9%)
344	CIEŚLEWICZ Karol	187	OLAFCREW	M40	102	00:01:32	00:26:50.70	00:28:23.45	+00:11:37 (43.3%)	5:22	11.2 (56.9%)
345	WAJER Marita	139		K20	8	00:00:42	00:26:51.90	00:27:34.00	+00:11:38 (43.4%)	5:22	11.2 (56.9%)
346	ISKRA Marcel	387		M10	15	00:00:14	00:26:54.05	00:27:08.15	+00:11:40 (43.4%)	5:22	11.2 (56.9%)
346	APPEL Oskar	56		M20	40	00:02:42	00:26:54.05	00:29:36.35	+00:11:40 (43.4%)	5:22	11.2 (56.9%)
348	SIERACKI Krzysztof	993	RUN BYDGOSZCZ	M30	96	00:02:03	00:26:55.25	00:28:58.50	+00:11:42 (43.5%)	5:23	11.1 (56.3%)
349	SZMELTER Natalia	853		K20	9	00:00:07	00:26:55.80	00:27:03.30	+00:11:42 (43.5%)	5:23	11.1 (56.3%)
350	CZYŻEWSKA Justyna	603		K40	12	00:00:49	00:26:56.80	00:27:46.10	+00:11:43 (43.5%)	5:23	11.1 (56.3%)
351	FURMAN Paweł	952		M40	103	00:02:22	00:26:56.85	00:29:19.40	+00:11:43 (43.5%)	5:23	11.1 (56.3%)
352	GURZYŃSKA Beata	660	SUPRAVIS	K30	21	00:02:20	00:26:57.45	00:29:17.45	+00:11:44 (43.5%)	5:23	11.1 (56.3%)
353	DEMBSKI Marek	20	TEAM PATROL	M40	104	00:00:27	00:26:57.55	00:27:25.20	+00:11:44 (43.6%)	5:23	11.1 (56.3%)
354	SZALA Marcin	944		M40	105	00:00:30	00:26:58.55	00:27:29.35	+00:11:45 (43.6%)	5:23	11.1 (56.3%)
355	JAŚNIEWSKA Julia	826		K20	10	00:02:24	00:26:59.55	00:29:23.60	+00:11:46 (43.6%)	5:23	11.1 (56.3%)
356	GORGOL Tomasz	315	LP500	M40	106	00:00:52	00:26:59.65	00:27:52.00	+00:11:46 (43.6%)	5:23	11.1 (56.3%)
357	LEŚNIEWSKI Tomasz	450		M40	107	00:01:05	00:27:01.75	00:28:07.20	+00:11:48 (43.7%)	5:24	11.1 (56.3%)
357	KRÓL Karol	564	TKKF KOLEJARZ BYDGOSZCZ	M40	107	00:02:44	00:27:01.75	00:29:45.75	+00:11:48 (43.7%)	5:24	11.1 (56.3%)
359	STEJUK Aleksandra	889	AKADEMIA MISTRZÓW SPORTU	K40	13	00:00:40	00:27:02.35	00:27:42.90	+00:11:49 (43.7%)	5:24	11.1 (56.3%)
360	JANKOWSKI Dariusz	851		M50	46	00:00:39	00:27:04.50	00:27:44.35	+00:11:51 (43.8%)	5:24	11.1 (56.3%)
361	ŻUCHELKOWSKI Rafał	448	BIEGNĘ BO MI ŻONA KAZAŁA	M40	109	00:02:49	00:27:05.10	00:29:54.15	+00:11:52 (43.8%)	5:25	11.1 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	DEMBINSKI Piotr	249		M30	97	00:01:11	00:27:05.55	00:28:17.15	+00:11:52 (43.8%)	5:25	11.1 (56.3%)
363	LEWANDOWSKI Jacek	692	AKADEMIA MISTRZÓW SPORTU	M40	110	00:00:40	00:27:07.20	00:27:47.85	+00:11:54 (43.9%)	5:25	11.1 (56.3%)
364	BERES Marcin	761		M40	111	00:02:19	00:27:07.55	00:29:27.25	+00:11:54 (43.9%)	5:25	11.1 (56.3%)
365	ŚWITEK Emil	325		M30	98	00:00:44	00:27:08.35	00:27:53.30	+00:11:55 (43.9%)	5:25	11.1 (56.3%)
366	PACANOWSKA Magda	324		K30	22	00:00:45	00:27:08.55	00:27:53.60	+00:11:55 (43.9%)	5:25	11.1 (56.3%)
367	MATOWSKA Monika	169		K30	23	00:00:16	00:27:10.75	00:27:26.95	+00:11:57 (44.0%)	5:26	11 (55.8%)
368	PUJANEK Piotr	1174		M40	112	00:01:07	00:27:10.80	00:28:18.75	+00:11:57 (44.0%)	5:26	11 (55.8%)
369	PASZKIEWICZ Mateusz	713		M30	99	00:00:21	00:27:11.95	00:27:32.95	+00:11:58 (44.0%)	5:26	11 (55.8%)
369	WILK Oliver	903		M18	3	00:00:59	00:27:11.95	00:28:11.55	+00:11:58 (44.0%)	5:26	11 (55.8%)
371	GŁADYSZ Krzysztof	982	GLADZIORKI	M40	113	00:00:49	00:27:19.40	00:28:09.15	+00:12:06 (44.3%)	5:27	11 (55.8%)
371	ZĄBKOWSKI Krzysztof	969		M30	100	00:02:29	00:27:19.40	00:29:48.90	+00:12:06 (44.3%)	5:27	11 (55.8%)
373	JACKOWIEC-JAGIELSKA Małgorzata	143		K40	14	00:01:08	00:27:21.55	00:28:30.00	+00:12:08 (44.4%)	5:28	11 (55.8%)
374	KWIATKOWSKI Piotr	213		M30	101	00:01:44	00:27:23.55	00:29:07.90	+00:12:10 (44.4%)	5:28	11 (55.8%)
375	SIKORSKI Norbert	619		M50	47	00:01:18	00:27:24.50	00:28:43.10	+00:12:11 (44.5%)	5:28	10.9 (55.3%)
376	TOMACKA Aneta	1117		K40	15	00:02:54	00:27:27.90	00:30:22.70	+00:12:14 (44.6%)	5:29	10.9 (55.3%)
377	GIL Jarosław	151		M30	102	00:01:20	00:27:28.45	00:28:48.85	+00:12:15 (44.6%)	5:29	10.9 (55.3%)
378	NAUMCHYK Ihor	901		M30	103	00:02:38	00:27:29.50	00:30:07.95	+00:12:16 (44.6%)	5:29	10.9 (55.3%)
379	WOŹNIAK Krzysztof	949		M40	114	00:01:50	00:27:29.65	00:29:19.80	+00:12:16 (44.6%)	5:29	10.9 (55.3%)
380	DRZEWIECKI Mikołaj	686	FILIGRANOWI ZAWODNICY	M30	104	00:01:35	00:27:30.25	00:29:06.20	+00:12:17 (44.7%)	5:30	10.9 (55.3%)
381	MIKHNEVICH Yury	897		M30	105	00:02:38	00:27:30.35	00:30:08.70	+00:12:17 (44.7%)	5:30	10.9 (55.3%)
382	JASIŃSKI Grzegorz	57	JASINSKI.IT	M30	106	00:00:08	00:27:31.00	00:27:39.15	+00:12:17 (44.7%)	5:30	10.9 (55.3%)
383	JASIŃSKI Kacper	59	JASINSKI.IT	M10	16	00:00:07	00:27:31.70	00:27:39.40	+00:12:18 (44.7%)	5:30	10.9 (55.3%)
384	SZPYRKA Sebastian	768		M30	107	00:01:06	00:27:32.30	00:28:38.80	+00:12:19 (44.7%)	5:30	10.9 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	WACHOWSKI Piotr	776		M50	48	00:01:39	00:27:33.30	00:29:12.70	+00:12:20 (44.8%)	5:30	10.9 (55.3%)
386	DRUŻYŃSKA Anna	899		K30	24	00:00:58	00:27:33.50	00:28:32.40	+00:12:20 (44.8%)	5:30	10.9 (55.3%)
386	KAZEK-ŁUKOWSKA Agnieszka	574		K30	24	00:01:15	00:27:33.50	00:28:48.55	+00:12:20 (44.8%)	5:30	10.9 (55.3%)
388	SŁOWIŃSKI Sławek	104		M40	115	00:00:29	00:27:34.80	00:28:04.10	+00:12:21 (44.8%)	5:30	10.9 (55.3%)
389	SIUDA Marek	381		M50	49	00:01:38	00:27:35.20	00:29:13.85	+00:12:22 (44.8%)	5:31	10.9 (55.3%)
390	JAKUBCZAK Łukasz	17		M40	116	00:00:58	00:27:35.80	00:28:34.70	+00:12:22 (44.9%)	5:31	10.9 (55.3%)
391	KRZESZEWSKA Magdalena	995		K20	11	00:00:58	00:27:36.00	00:28:34.00	+00:12:22 (44.9%)	5:31	10.9 (55.3%)
392	PIASECZNY Dawid	860		M40	117	00:01:43	00:27:36.50	00:29:19.70	+00:12:23 (44.9%)	5:31	10.9 (55.3%)
393	KULCZYŃSKI Przemysław	687	TYPYGRUBE	M40	118	00:01:36	00:27:37.70	00:29:13.95	+00:12:24 (44.9%)	5:31	10.9 (55.3%)
394	WALCZAK Szymon	1133		M20	41	00:00:20	00:27:40.10	00:28:00.25	+00:12:27 (45.0%)	5:32	10.8 (54.8%)
395	WALCZAK Maciej	932		M50	50	00:00:19	00:27:40.90	00:28:00.85	+00:12:27 (45.0%)	5:32	10.8 (54.8%)
396	ŚWIETLIK Michalina	301	#ŚWIETLIKITEAM	K40	16	00:02:13	00:27:41.55	00:29:55.25	+00:12:28 (45.0%)	5:32	10.8 (54.8%)
397	KRZESZEWSKA Agnieszka	975		K40	17	00:00:57	00:27:41.65	00:28:39.35	+00:12:28 (45.0%)	5:32	10.8 (54.8%)
398	KILAN Kacper	589	SPOGLO	M20	42	00:02:09	00:27:42.55	00:29:51.55	+00:12:29 (45.1%)	5:32	10.8 (54.8%)
399	MAŁKIŃSKI Józef	823		M60	8	00:00:34	00:27:43.00	00:28:17.90	+00:12:29 (45.1%)	5:32	10.8 (54.8%)
400	ŚWIETLIK Grzegorz	300		M30	108	00:02:12	00:27:44.55	00:29:57.45	+00:12:31 (45.1%)	5:32	10.8 (54.8%)
401	KLENIEWSKI Piotr	1088		M60	9	00:00:45	00:27:45.35	00:28:30.45	+00:12:32 (45.2%)	5:33	10.8 (54.8%)
402	JASIŃSKA Małgorzata	888		K30	26	00:01:49	00:27:45.95	00:29:35.20	+00:12:32 (45.2%)	5:33	10.8 (54.8%)
403	SOSINSKI Marcin	1189		M40	119	00:00:34	00:27:46.75	00:28:21.20	+00:12:33 (45.2%)	5:33	10.8 (54.8%)
404	WIERZCHOSŁAWSKA Renata	115		K50	2	00:00:17	00:27:47.55	00:28:05.00	+00:12:34 (45.2%)	5:33	10.8 (54.8%)
405	SZUKAJ Karol	149		M30	109	00:01:23	00:27:47.90	00:29:11.65	+00:12:34 (45.3%)	5:33	10.8 (54.8%)
406	KONWIŃSKI Dariusz	1155		M50	51	00:00:25	00:27:49.30	00:28:14.40	+00:12:36 (45.3%)	5:33	10.8 (54.8%)
407	NADOLNY Paweł	997	POLAND	M18	4	00:00:12	00:27:49.70	00:28:02.00	+00:12:36 (45.3%)	5:33	10.8 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	BAGNIEWSKA Małgorzata	68		K30	27	00:01:38	00:27:49.75	00:29:28.40	+00:12:36 (45.3%)	5:33	10.8 (54.8%)
409	KOTECKI Marcin	127	GANG KOCURA	M40	120	00:01:54	00:27:50.10	00:29:45.00	+00:12:37 (45.3%)	5:34	10.8 (54.8%)
410	OBRZANOWSKI Maciej	191		M50	52	00:00:35	00:27:50.65	00:28:25.85	+00:12:37 (45.3%)	5:34	10.8 (54.8%)
411	ŁATKA Marcin	585		M40	121	00:00:59	00:27:52.30	00:28:52.00	+00:12:39 (45.4%)	5:34	10.8 (54.8%)
412	JANKOWSKI Tomasz	312	DĘBY OSIELSKO	M50	53	00:01:47	00:27:52.80	00:29:40.40	+00:12:39 (45.4%)	5:34	10.8 (54.8%)
413	BAUMGART Jacek	921	BIEGAJ Z DĘBAMI	M60	10	00:01:47	00:27:53.15	00:29:40.80	+00:12:40 (45.4%)	5:34	10.8 (54.8%)
414	PISKRZYŃSKI Krzysztof	1066		M40	122	00:02:14	00:27:54.80	00:30:08.80	+00:12:41 (45.5%)	5:34	10.8 (54.8%)
415	MAZUR Paulina	1068		K20	12	00:01:03	00:27:55.35	00:28:59.10	+00:12:42 (45.5%)	5:35	10.7 (54.3%)
416	BUKOWSKI Sebastian	282		M40	123	00:02:09	00:27:58.00	00:30:07.80	+00:12:44 (45.6%)	5:35	10.7 (54.3%)
417	KOCZOROWSKA Anna	281		K30	28	00:02:09	00:27:58.15	00:30:07.95	+00:12:45 (45.6%)	5:35	10.7 (54.3%)
418	PIERZGALSKI Jarek	676	KABEL TEAM BYDGOSZCZ	M50	54	00:01:33	00:27:58.25	00:29:32.20	+00:12:45 (45.6%)	5:35	10.7 (54.3%)
419	GŁOWACKI Tomek	929		M40	124	00:01:35	00:28:01.10	00:29:36.35	+00:12:48 (45.7%)	5:36	10.7 (54.3%)
420	GRUDZKA Agata	1129		K40	18	00:01:40	00:28:01.35	00:29:42.30	+00:12:48 (45.7%)	5:36	10.7 (54.3%)
421	GRACZYK Dawid	1006		M20	43	00:01:38	00:28:02.55	00:29:41.05	+00:12:49 (45.7%)	5:36	10.7 (54.3%)
422	PLOCIENNIK Anna	1154		K40	19	00:00:24	00:28:04.10	00:28:28.95	+00:12:51 (45.8%)	5:36	10.7 (54.3%)
423	GIERSZEWSKA Grażyna	482		K50	3	00:00:37	00:28:04.45	00:28:41.55	+00:12:51 (45.8%)	5:36	10.7 (54.3%)
424	GIERCZAK Dorota	248		K30	29	00:01:22	00:28:07.85	00:29:30.35	+00:12:54 (45.9%)	5:37	10.7 (54.3%)
425	SZYMCZYK Radosław	1140	SOLANKOWI BIEGACZE INOWROCŁAW	M50	55	00:00:36	00:28:08.15	00:28:44.50	+00:12:55 (45.9%)	5:37	10.7 (54.3%)
425	SŁOWIŃSKI Paweł	1030		M40	125	00:01:39	00:28:08.15	00:29:47.95	+00:12:55 (45.9%)	5:37	10.7 (54.3%)
427	STACHOWICZ Justyna	1032		K30	30	00:02:54	00:28:08.30	00:31:03.00	+00:12:55 (45.9%)	5:37	10.7 (54.3%)
428	MUSS Karolina	906		K40	20	00:01:38	00:28:08.55	00:29:46.60	+00:12:55 (45.9%)	5:37	10.7 (54.3%)
429	MACHNIK Karol	1163		M40	126	00:00:51	00:28:08.65	00:29:00.55	+00:12:55 (45.9%)	5:37	10.7 (54.3%)
430	DWOJACZNA-CHRAPKOWSKA Ania	327	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40	21	00:02:07	00:28:09.40	00:30:16.40	+00:12:56 (46.0%)	5:37	10.7 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	KORPALSKI Andrzej	908		M50	56	00:01:37	00:28:09.50	00:29:47.30	+00:12:56 (46.0%)	5:37	10.7 (54.3%)
432	KRUK Łukasz	865		M10	17	00:01:56	00:28:09.85	00:30:06.55	+00:12:56 (46.0%)	5:37	10.7 (54.3%)
433	DANIELEK Piotr	599		M40	127	00:01:48	00:28:10.00	00:29:58.25	+00:12:56 (46.0%)	5:38	10.7 (54.3%)
434	BESS Ania	501		K40	22	00:00:23	00:28:10.70	00:28:34.10	+00:12:57 (46.0%)	5:38	10.7 (54.3%)
435	KWIATKOWSKI Piotr	199	MORŚWIRY BYDGOSZCZ	M40	128	00:02:18	00:28:10.85	00:30:29.40	+00:12:57 (46.0%)	5:38	10.7 (54.3%)
436	WILK Darek	900		M40	129	00:01:03	00:28:11.00	00:29:14.15	+00:12:57 (46.0%)	5:38	10.6 (53.8%)
437	NALEWALSKA Justyna	437	SERCE TYBETU	K30	31	00:01:25	00:28:11.10	00:29:36.90	+00:12:58 (46.0%)	5:38	10.6 (53.8%)
438	KULIKOWSKI Krystian	1096		M30	110	00:00:37	00:28:11.30	00:28:49.05	+00:12:58 (46.0%)	5:38	10.6 (53.8%)
439	KRUCZKOWSKI Piotr	247		M50	57	00:00:09	00:28:12.40	00:28:21.50	+00:12:59 (46.0%)	5:38	10.6 (53.8%)
440	BINEK Paulina	171	CORTEZ SPORT	K20	13	00:00:27	00:28:16.35	00:28:44.00	+00:13:03 (46.2%)	5:39	10.6 (53.8%)
441	DROBCZYŃSKI Wojciech	1126		M20	44	00:02:48	00:28:16.60	00:31:05.10	+00:13:03 (46.2%)	5:39	10.6 (53.8%)
442	JASIENIECKI Piotr	391		M50	58	00:01:12	00:28:19.10	00:29:31.95	+00:13:06 (46.3%)	5:39	10.6 (53.8%)
443	JAGIELSKI Łukasz	142		M40	130	00:01:09	00:28:19.30	00:29:28.90	+00:13:06 (46.3%)	5:39	10.6 (53.8%)
444	KUIK STUDZIŃSKA Karolina	1067		K20	14	00:00:13	00:28:20.95	00:28:34.15	+00:13:07 (46.3%)	5:40	10.6 (53.8%)
445	KAJA Dominika	1043		K30	32	00:01:38	00:28:21.45	00:30:00.30	+00:13:08 (46.3%)	5:40	10.6 (53.8%)
445	ŻUCHOWSKI Dariusz	656	PARKRUN BYDGOSZCZ	M50	59	00:00:57	00:28:21.45	00:29:18.60	+00:13:08 (46.3%)	5:40	10.6 (53.8%)
447	TOMASZEWSKI Jordan	1061		M30	111	00:02:04	00:28:21.75	00:30:26.15	+00:13:08 (46.3%)	5:40	10.6 (53.8%)
448	SURMACZ Marcin	206		M40	131	00:01:54	00:28:22.40	00:30:16.95	+00:13:09 (46.4%)	5:40	10.6 (53.8%)
449	RACIBORSKI Grzegorz	732	TKKF KOLEJARZ BYDGOSZCZ	M40	132	00:02:13	00:28:23.40	00:30:36.70	+00:13:10 (46.4%)	5:40	10.6 (53.8%)
450	KIERSTAN Damian	696		M30	112	00:01:12	00:28:23.50	00:29:35.70	+00:13:10 (46.4%)	5:40	10.6 (53.8%)
451	OKULICZ Anita	595	MUD FOXES	K30	33	00:02:13	00:28:23.55	00:30:37.35	+00:13:10 (46.4%)	5:40	10.6 (53.8%)
452	JANASZ Krzysztof	30		M50	60	00:01:43	00:28:24.45	00:30:07.95	+00:13:11 (46.4%)	5:40	10.6 (53.8%)
453	BAŁYS Łukasz	1048		M30	113	00:01:53	00:28:24.60	00:30:17.90	+00:13:11 (46.4%)	5:40	10.6 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
453	MAGDZIARZ Janek	822		M10	18	00:02:51	00:28:24.60	00:31:16.45	+00:13:11 (46.4%)	5:40	10.6 (53.8%)
455	MAGDZIARZ Jakub	821		M40	133	00:02:51	00:28:25.65	00:31:17.40	+00:13:12 (46.5%)	5:41	10.6 (53.8%)
456	DOLATA Rafał	815		M40	134	00:00:38	00:28:26.00	00:29:04.40	+00:13:12 (46.5%)	5:41	10.6 (53.8%)
457	BUTOWSKI Michał	136		M50	61	00:01:39	00:28:26.55	00:30:05.55	+00:13:13 (46.5%)	5:41	10.6 (53.8%)
458	SZKOPIAK-NOWAKOWSKA Oliwia	29		K20	15	00:01:44	00:28:27.55	00:30:11.55	+00:13:14 (46.5%)	5:41	10.5 (53.3%)
459	OKULSKA Paulina	673		K20	16	00:01:32	00:28:27.70	00:30:00.55	+00:13:14 (46.5%)	5:41	10.5 (53.3%)
460	TOKARSKI Sebastian	961	FKS WISŁA FORDON	M10	19	00:00:45	00:28:28.00	00:29:13.05	+00:13:14 (46.5%)	5:41	10.5 (53.3%)
461	KRUK Krzysztof	863		M50	62	00:01:57	00:28:29.65	00:30:26.80	+00:13:16 (46.6%)	5:41	10.5 (53.3%)
462	SZARUGA Paweł	674		M20	45	00:01:32	00:28:29.80	00:30:02.30	+00:13:16 (46.6%)	5:41	10.5 (53.3%)
463	WENDA Mateusz	245		M30	114	00:01:16	00:28:30.15	00:29:46.50	+00:13:17 (46.6%)	5:42	10.5 (53.3%)
464	WÓJCIK Jacek	235		M30	115	00:00:42	00:28:30.25	00:29:12.90	+00:13:17 (46.6%)	5:42	10.5 (53.3%)
465	WŁODARCZYK Sławomir	254		M40	135	00:01:20	00:28:30.60	00:29:50.70	+00:13:17 (46.6%)	5:42	10.5 (53.3%)
465	SPEJER Piotr	304		M40	135	00:01:30	00:28:30.60	00:30:00.70	+00:13:17 (46.6%)	5:42	10.5 (53.3%)
467	CYGANEK Grzegorz	227		M50	63	00:00:26	00:28:30.80	00:28:56.80	+00:13:17 (46.6%)	5:42	10.5 (53.3%)
468	ZAMIATOWSKA Kinga	999	BELLA LINE	K40	23	00:00:54	00:28:31.40	00:29:26.30	+00:13:18 (46.6%)	5:42	10.5 (53.3%)
469	MAŁKIŃSKA-BIĘGA Dorota	813		K30	34	00:00:35	00:28:31.45	00:29:07.35	+00:13:18 (46.6%)	5:42	10.5 (53.3%)
470	CHMIELEWSKI Mateusz	570		M30	116	00:01:18	00:28:32.45	00:29:51.20	+00:13:19 (46.7%)	5:42	10.5 (53.3%)
471	WIATRAKOWSKA Ewa	265		K10	1	00:01:03	00:28:32.80	00:29:36.75	+00:13:19 (46.7%)	5:42	10.5 (53.3%)
472	KARCZEWSKA Arletta	643		K40	24	00:07:25	00:28:32.90	00:35:57.90	+00:13:19 (46.7%)	5:42	10.5 (53.3%)
473	LECH Marek	642		M40	137	00:07:25	00:28:33.25	00:35:58.25	+00:13:20 (46.7%)	5:42	10.5 (53.3%)
474	ANDRZEJEWSKI Ryszard	978	ŻÓŁTOKRÓLEWSCY	M60	11	00:00:36	00:28:34.30	00:29:10.90	+00:13:21 (46.7%)	5:42	10.5 (53.3%)
475	GIL Michał	72		M30	117	00:01:18	00:28:35.20	00:29:53.25	+00:13:22 (46.8%)	5:43	10.5 (53.3%)
476	LOSEK Michał	1081		M40	138	00:00:45	00:28:37.20	00:29:22.95	+00:13:24 (46.8%)	5:43	10.5 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	BIELSKI Dawid	1146		M30	118	00:01:46	00:28:37.65	00:30:23.65	+00:13:24 (46.8%)	5:43	10.5 (53.3%)
477	ROBACZEWSKA Lidia	843		K50	4	00:00:20	00:28:37.65	00:28:58.20	+00:13:24 (46.8%)	5:43	10.5 (53.3%)
479	OLSZEWSKA Dorota	1084		K30	35	00:01:16	00:28:38.30	00:29:54.80	+00:13:25 (46.9%)	5:43	10.5 (53.3%)
480	DOLATA Aneta	816		K40	25	00:00:40	00:28:38.60	00:29:18.60	+00:13:25 (46.9%)	5:43	10.5 (53.3%)
481	SOBIERAJ Krzysztof	1080		M40	139	00:01:15	00:28:39.75	00:29:55.60	+00:13:26 (46.9%)	5:43	10.5 (53.3%)
482	ZHURAVEL Yevhenii	1056		M30	119	00:02:57	00:28:40.80	00:31:38.00	+00:13:27 (46.9%)	5:44	10.5 (53.3%)
483	NAGORZYSKA Sylwia	560	MUD FOXES	K40	26	00:02:14	00:28:43.25	00:30:57.65	+00:13:30 (47.0%)	5:44	10.4 (52.8%)
484	NAGORZYSKI Arkadiusz	559	MUD FOXES	M40	140	00:02:14	00:28:43.75	00:30:57.80	+00:13:30 (47.0%)	5:44	10.4 (52.8%)
485	WOJCIESZAK Dariusz	591		M50	64	00:00:33	00:28:44.35	00:29:17.95	+00:13:31 (47.0%)	5:44	10.4 (52.8%)
486	KONOPIŃSKI Tomasz	771		M40	141	00:00:44	00:28:46.25	00:29:30.35	+00:13:33 (47.1%)	5:45	10.4 (52.8%)
487	BINDEK Łukasz	880		M40	142	00:01:18	00:28:47.45	00:30:05.85	+00:13:34 (47.1%)	5:45	10.4 (52.8%)
488	CIESIÓŁKA Marcin	413		M40	143	00:00:00	00:28:48.65	00:28:48.65	+00:13:35 (47.2%)	5:45	10.4 (52.8%)
489	KOWALCZYK Grzegorz	361		M30	120	00:02:57	00:28:49.00	00:31:46.00	+00:13:35 (47.2%)	5:45	10.4 (52.8%)
490	RESZELA Marta	319		K30	36	00:01:37	00:28:49.05	00:30:26.55	+00:13:35 (47.2%)	5:45	10.4 (52.8%)
491	FILIPEK Mirosława	129		K40	27	00:00:23	00:28:49.35	00:29:12.60	+00:13:36 (47.2%)	5:45	10.4 (52.8%)
492	OLBORSKA Joanna	1103		K30	37	00:01:01	00:28:49.65	00:29:51.50	+00:13:36 (47.2%)	5:45	10.4 (52.8%)
493	OLBORSKI Łukasz	1004	16	M30	121	00:01:01	00:28:50.20	00:29:51.90	+00:13:37 (47.2%)	5:46	10.4 (52.8%)
494	MOLENDĄ Patrycja	280		K30	38	00:01:40	00:28:51.10	00:30:31.25	+00:13:38 (47.3%)	5:46	10.4 (52.8%)
495	ZYGADLIŃSKA Aleksandra	1173		K20	17	00:00:09	00:28:51.95	00:29:01.05	+00:13:38 (47.3%)	5:46	10.4 (52.8%)
496	SZUBARTOWSKA Pola	336		K20	18	00:01:29	00:28:52.35	00:30:21.75	+00:13:39 (47.3%)	5:46	10.4 (52.8%)
497	ORZECHOWSKI Zbigniew	80	ORZECH BIEGA	M40	144	00:00:38	00:28:55.10	00:29:33.85	+00:13:42 (47.4%)	5:47	10.4 (52.8%)
498	DZIĘCIOŁOWSKI Łukasz	273		M30	122	00:02:55	00:28:55.15	00:31:50.95	+00:13:42 (47.4%)	5:47	10.4 (52.8%)
499	SZŁAPKA Karol	452		M30	123	00:00:54	00:28:57.05	00:29:51.40	+00:13:43 (47.4%)	5:47	10.4 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	GĘSICKA Marta	913		K30	39	00:01:59	00:28:58.00	00:30:57.55	+00:13:44 (47.5%)	5:47	10.4 (52.8%)
501	ORZECHOWSKA Gabriela	84	ORZECZ BIEGA	K10	2	00:00:38	00:29:00.80	00:29:39.15	+00:13:47 (47.5%)	5:48	10.3 (52.3%)
502	KRÓLIKOWSKA Beata	679		K40	28	00:02:26	00:29:01.35	00:31:27.55	+00:13:48 (47.6%)	5:48	10.3 (52.3%)
503	CHYŁKA Mikołaj	996		M20	46	00:00:48	00:29:02.30	00:29:51.10	+00:13:49 (47.6%)	5:48	10.3 (52.3%)
504	GRZYWACZ Konrad	121		M30	124	00:01:22	00:29:03.05	00:30:25.20	+00:13:49 (47.6%)	5:48	10.3 (52.3%)
505	MAGDZIARZ Katarzyna	820		K40	29	00:02:52	00:29:03.35	00:31:55.80	+00:13:50 (47.6%)	5:48	10.3 (52.3%)
506	PRIETZ Monika	667	W2 RUN TEAM	K40	30	00:02:18	00:29:03.75	00:31:21.95	+00:13:50 (47.6%)	5:48	10.3 (52.3%)
507	KA Gosia	561		K30	40	00:01:15	00:29:03.90	00:30:19.55	+00:13:50 (47.6%)	5:48	10.3 (52.3%)
508	KAZUBOWSKI Jeremiasz	221	KAZUBKI TEAM	M20	47	00:00:14	00:29:05.25	00:29:19.40	+00:13:52 (47.7%)	5:49	10.3 (52.3%)
509	GRACZYK Krzysztof	1023		M40	145	00:01:30	00:29:05.85	00:30:36.55	+00:13:52 (47.7%)	5:49	10.3 (52.3%)
510	GRACZYK Agata	1045		K30	41	00:01:31	00:29:06.20	00:30:37.20	+00:13:53 (47.7%)	5:49	10.3 (52.3%)
511	DOLNY Marcin	519		M40	146	00:03:13	00:29:08.65	00:32:22.05	+00:13:55 (47.8%)	5:49	10.3 (52.3%)
512	PILCH Ariel	330		M40	147	00:01:28	00:29:09.70	00:30:38.05	+00:13:56 (47.8%)	5:49	10.3 (52.3%)
513	ZIELIŃSKI Radosław	62		M30	125	00:01:25	00:29:09.90	00:30:35.20	+00:13:56 (47.8%)	5:49	10.3 (52.3%)
514	SZYPERSKI Sławomir	1110		M50	65	00:00:00	00:29:11.05	00:29:11.05	+00:13:57 (47.9%)	5:50	10.3 (52.3%)
515	GRZELCZAK Tadeusz	288		M60	12	00:02:16	00:29:11.25	00:31:27.30	+00:13:58 (47.9%)	5:50	10.3 (52.3%)
516	MAZUR Wojciech	726	BYDGOSZCZ NA START	M60	13	00:00:24	00:29:12.10	00:29:36.95	+00:13:59 (47.9%)	5:50	10.3 (52.3%)
517	WŁODARCZYK Hanna	251		K40	31	00:01:19	00:29:13.15	00:30:32.35	+00:14:00 (47.9%)	5:50	10.3 (52.3%)
518	WÓJCIK Magda	617		K20	19	00:02:07	00:29:14.95	00:31:22.55	+00:14:01 (48.0%)	5:50	10.3 (52.3%)
519	OWCZARSKI Krzysztof	272		M40	148	00:00:47	00:29:15.25	00:30:02.65	+00:14:02 (48.0%)	5:51	10.3 (52.3%)
520	MUSOLF Patryk	1050		M30	126	00:02:35	00:29:15.50	00:31:50.70	+00:14:02 (48.0%)	5:51	10.3 (52.3%)
521	BYCZKOWSKI Michał	461		M20	48	00:01:56	00:29:16.00	00:31:12.70	+00:14:02 (48.0%)	5:51	10.3 (52.3%)
522	CZARNY Ryszard	161		M60	14	00:00:59	00:29:16.40	00:30:15.70	+00:14:03 (48.0%)	5:51	10.3 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	SZCZERBA Dariusz	616		M40	149	00:02:07	00:29:18.25	00:31:26.10	+00:14:05 (48.1%)	5:51	10.2 (51.8%)
524	JAWORSKA Sylwia	964		K30	42	00:01:23	00:29:18.60	00:30:42.00	+00:14:05 (48.1%)	5:51	10.2 (51.8%)
525	BIAŁOWĄS Dariusz	1141		M50	66	00:02:36	00:29:18.80	00:31:55.00	+00:14:05 (48.1%)	5:51	10.2 (51.8%)
526	GRACZKOWSKA Mirosława	573		K50	5	00:01:33	00:29:19.75	00:30:53.10	+00:14:06 (48.1%)	5:51	10.2 (51.8%)
527	LEWANDOWSKI Andrzej	790		M40	150	00:02:02	00:29:22.10	00:31:24.75	+00:14:09 (48.2%)	5:52	10.2 (51.8%)
528	SPYCHALSKA Kinga	663		K30	43	00:01:34	00:29:22.45	00:30:57.25	+00:14:09 (48.2%)	5:52	10.2 (51.8%)
529	TOMCZEWSKI Wojtek	356	RÓŻOWE LANDRYNY	M10	20	00:02:29	00:29:22.60	00:31:52.00	+00:14:09 (48.2%)	5:52	10.2 (51.8%)
530	KUBSKI Jarosław	1138		M50	67	00:00:19	00:29:23.85	00:29:43.45	+00:14:10 (48.2%)	5:52	10.2 (51.8%)
531	CHYLIŃSKA Monika	885		K40	32	00:01:33	00:29:24.50	00:30:58.45	+00:14:11 (48.3%)	5:52	10.2 (51.8%)
532	PROKOPOWICZ Paweł	462		M40	151	00:02:27	00:29:25.95	00:31:53.00	+00:14:12 (48.3%)	5:53	10.2 (51.8%)
533	WILMA Paweł	628		M30	127	00:02:11	00:29:26.00	00:31:37.20	+00:14:12 (48.3%)	5:53	10.2 (51.8%)
534	PUDO Dorota	580		K20	20	00:00:13	00:29:26.40	00:29:39.45	+00:14:13 (48.3%)	5:53	10.2 (51.8%)
535	STASZEWSKA Alicja	582		K20	21	00:00:13	00:29:26.70	00:29:39.70	+00:14:13 (48.3%)	5:53	10.2 (51.8%)
536	MACHNIK Kornelia	1162		K30	44	00:00:51	00:29:28.75	00:30:20.50	+00:14:15 (48.4%)	5:53	10.2 (51.8%)
537	SIKORSKI Wojtek	551		M40	152	00:00:00	00:29:30.05	00:29:30.05	+00:14:16 (48.4%)	5:54	10.2 (51.8%)
538	KEMNITZ Agnieszka	798	KOBIETA RAKIETA	K40	33	00:00:45	00:29:30.25	00:30:15.90	+00:14:17 (48.4%)	5:54	10.2 (51.8%)
539	GRAJNERT Katarzyna	1122	THE RUNNING REVOLUTION	K30	45	00:01:27	00:29:30.40	00:30:58.10	+00:14:17 (48.4%)	5:54	10.2 (51.8%)
540	HAŁAS Ewa	796	URZĄD MIEJSKI W KCYNI	K40	34	00:00:44	00:29:31.70	00:30:15.90	+00:14:18 (48.5%)	5:54	10.2 (51.8%)
541	SARNECKI Bartosz	441		M30	128	00:02:16	00:29:32.40	00:31:49.00	+00:14:19 (48.5%)	5:54	10.2 (51.8%)
542	ŚLIŻ Anna	989	LUKS SEROCK	K40	35	00:00:13	00:29:32.75	00:29:46.20	+00:14:19 (48.5%)	5:54	10.2 (51.8%)
543	KILIŃSKA Magdalena	416	BRZEZIŃSKI RUN CLUB	K40	36	00:00:46	00:29:34.00	00:30:20.80	+00:14:20 (48.5%)	5:54	10.1 (51.3%)
544	ZHURAVEL Olena	1057		K30	46	00:02:57	00:29:35.70	00:32:33.30	+00:14:22 (48.6%)	5:55	10.1 (51.3%)
545	WITKOWSKA Joanna	970		K40	37	00:01:27	00:29:38.50	00:31:06.35	+00:14:25 (48.7%)	5:55	10.1 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	PSZCZOLINSKI Mateusz	279		M30	129	00:01:41	00:29:39.10	00:31:20.15	+00:14:26 (48.7%)	5:55	10.1 (51.3%)
547	WARYWODA Karolina	1196		K20	22	00:00:12	00:29:41.50	00:29:53.80	+00:14:28 (48.7%)	5:56	10.1 (51.3%)
548	LIPSKI Tomasz	837	SAINT- GOBAIN SQUAD	M40	153	00:00:00	00:29:41.60	00:29:41.60	+00:14:28 (48.7%)	5:56	10.1 (51.3%)
549	STASIAK Jacek	491		M40	154	00:01:50	00:29:41.90	00:31:31.90	+00:14:28 (48.8%)	5:56	10.1 (51.3%)
550	KOSECKI Tomasz	429		M30	130	00:01:20	00:29:42.75	00:31:02.80	+00:14:29 (48.8%)	5:56	10.1 (51.3%)
551	RUMIANOWSKA Anna	499	FURIATKI	K30	47	00:00:18	00:29:43.20	00:30:02.00	+00:14:30 (48.8%)	5:56	10.1 (51.3%)
552	WITKOWSKI Marek	971		M40	155	00:01:28	00:29:45.25	00:31:13.35	+00:14:32 (48.9%)	5:57	10.1 (51.3%)
553	PIĘTA Darek	40		M50	68	00:01:54	00:29:46.85	00:31:41.00	+00:14:33 (48.9%)	5:57	10.1 (51.3%)
554	KUSA Piotr	583	ROLLTEAM BYDGOSZCZ	M40	156	00:01:25	00:29:47.70	00:31:13.65	+00:14:34 (48.9%)	5:57	10.1 (51.3%)
555	CZYŻ-DOMAŃSKA Agnieszka	576		K40	38	00:00:24	00:29:47.95	00:30:12.05	+00:14:34 (48.9%)	5:57	10.1 (51.3%)
555	SOŁDON Mateusz	951		M30	131	00:02:56	00:29:47.95	00:32:44.25	+00:14:34 (48.9%)	5:57	10.1 (51.3%)
557	ZGÓRSKI Maciej	420		M40	157	00:01:22	00:29:49.25	00:31:12.05	+00:14:36 (49.0%)	5:57	10.1 (51.3%)
558	WAWRZYNIAK Andrzej	244	22. ODN	M60	15	00:01:31	00:29:50.30	00:31:21.40	+00:14:37 (49.0%)	5:58	10.1 (51.3%)
559	LEWANDOWSKA Marlena	887		K30	48	00:01:49	00:29:52.75	00:31:42.30	+00:14:39 (49.1%)	5:58	10 (50.8%)
560	MIKOŁAJEWSKA Anna	1190		K40	39	00:00:23	00:29:54.25	00:30:18.10	+00:14:41 (49.1%)	5:58	10 (50.8%)
561	KWAŚNIEWSKA Aldona	1194	AMATOR	K40	40	00:00:28	00:29:54.85	00:30:22.95	+00:14:41 (49.1%)	5:58	10 (50.8%)
562	ZUZA-WITKOWSKA Anna	1000		K50	6	00:01:34	00:29:55.05	00:31:29.15	+00:14:41 (49.1%)	5:59	10 (50.8%)
563	PIENIAK Anna	186		K40	41	00:01:52	00:29:55.15	00:31:48.05	+00:14:42 (49.1%)	5:59	10 (50.8%)
564	JANUSZEWSKI Marcin	495		M40	158	00:02:52	00:29:55.30	00:32:47.65	+00:14:42 (49.1%)	5:59	10 (50.8%)
565	ZIELIŃSKI Robert	963		M40	159	00:01:34	00:29:57.15	00:31:31.85	+00:14:44 (49.2%)	5:59	10 (50.8%)
566	STRZYŻEWSKI Mariusz	886		M40	160	00:01:20	00:29:57.25	00:31:17.30	+00:14:44 (49.2%)	5:59	10 (50.8%)
567	KORWEL Robert	1083		M40	161	00:01:38	00:29:57.45	00:31:36.40	+00:14:44 (49.2%)	5:59	10 (50.8%)
567	SYGNECKA Kasia	410	KS FIT NOWA	K30	49	00:02:25	00:29:57.45	00:32:22.55	+00:14:44 (49.2%)	5:59	10 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	KRÓL Monika	649		K50	7	00:00:38	00:29:58.55	00:30:37.10	+00:14:45 (49.2%)	5:59	10 (50.8%)
570	RÓŻYCZKA Joanna	152		K30	50	00:01:40	00:29:58.60	00:31:38.75	+00:14:45 (49.2%)	5:59	10 (50.8%)
571	KOŁCON Szczepan	159		M30	132	00:02:21	00:29:59.25	00:32:20.40	+00:14:46 (49.3%)	5:59	10 (50.8%)
572	KUGLARZ Dominik	353		M40	162	00:02:51	00:29:59.50	00:32:51.35	+00:14:46 (49.3%)	5:59	10 (50.8%)
573	BESS Marcin	534		M30	133	00:00:24	00:30:00.00	00:30:24.10	+00:14:46 (49.3%)	6:00	10 (50.8%)
574	KEMPA Marek	360	MŁYNY ROTHERA	M50	69	00:00:40	00:30:00.25	00:30:40.25	+00:14:47 (49.3%)	6:00	10 (50.8%)
575	PIĄTKOWSKI Patryk	78		M20	49	00:00:29	00:30:01.05	00:30:30.55	+00:14:47 (49.3%)	6:00	10 (50.8%)
576	GOŁATTA Magdalena	345		K40	42	00:01:43	00:30:04.65	00:31:47.90	+00:14:51 (49.4%)	6:00	10 (50.8%)
577	BŁASZAK Urszula	317	PARKRUN SŁODOWO, WŁOCŁAWEK	K30	51	00:02:05	00:30:06.60	00:32:11.80	+00:14:53 (49.5%)	6:01	10 (50.8%)
578	ŚPICA Grzegorz	719		M30	134	00:02:14	00:30:07.40	00:32:22.00	+00:14:54 (49.5%)	6:01	10 (50.8%)
579	ŚWIETLIK Dawid	32		M30	135	00:01:45	00:30:07.60	00:31:53.20	+00:14:54 (49.5%)	6:01	10 (50.8%)
580	PRZYBYLAK Marta	293		K30	52	00:00:33	00:30:08.45	00:30:42.15	+00:14:55 (49.5%)	6:01	10 (50.8%)
581	KSYTA Wojciech	250	3ROTHERHOOD TEAM	M30	136	00:00:00	00:30:10.05	00:30:10.05	+00:14:56 (49.6%)	6:02	9.9 (50.3%)
582	GRZESIAK-KNUT Lucyna	347		K40	43	00:01:42	00:30:10.15	00:31:52.60	+00:14:57 (49.6%)	6:02	9.9 (50.3%)
583	WAWROCKA Anna	746	BYDGOSKI KLUB WIOŚLAREK	K30	53	00:00:48	00:30:10.20	00:30:58.80	+00:14:57 (49.6%)	6:02	9.9 (50.3%)
584	KNIEĆ Zofia	346		K40	44	00:01:42	00:30:10.40	00:31:53.20	+00:14:57 (49.6%)	6:02	9.9 (50.3%)
585	WITKOWSKA Katarzyna	578		K30	54	00:02:40	00:30:10.55	00:32:51.40	+00:14:57 (49.6%)	6:02	9.9 (50.3%)
586	TRUDNOWSKI Janusz	1182		M60	16	00:00:56	00:30:11.10	00:31:07.70	+00:14:58 (49.6%)	6:02	9.9 (50.3%)
587	NATYWO Gerard	579		M30	137	00:02:40	00:30:11.35	00:32:51.65	+00:14:58 (49.6%)	6:02	9.9 (50.3%)
588	DYMSKI Mateusz	15		M30	138	00:02:58	00:30:12.15	00:33:10.80	+00:14:59 (49.6%)	6:02	9.9 (50.3%)
589	WOŹNIAK Paweł	11		M30	139	00:02:58	00:30:12.85	00:33:11.15	+00:14:59 (49.6%)	6:02	9.9 (50.3%)
590	GRAMCZEWSKI Michał	503		M40	163	00:00:44	00:30:13.25	00:30:57.25	+00:15:00 (49.6%)	6:02	9.9 (50.3%)
591	KALEMBA Daria	424		K30	55	00:01:21	00:30:13.55	00:31:34.80	+00:15:00 (49.7%)	6:02	9.9 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	SZKOPIAK Marcin	19		M40	164	00:00:28	00:30:14.05	00:30:42.15	+00:15:00 (49.7%)	6:02	9.9 (50.3%)
593	REINKE Kajetan	812		M10	21	00:00:13	00:30:14.65	00:30:28.55	+00:15:01 (49.7%)	6:02	9.9 (50.3%)
594	ZAWIDZKA Anna	183		K20	23	00:02:41	00:30:16.50	00:32:57.65	+00:15:03 (49.7%)	6:03	9.9 (50.3%)
595	KLAWIKOWSKA Julita	494	TKKF KOLEJARZ BYDGOSZCZ	K30	56	00:00:00	00:30:18.20	00:30:18.20	+00:15:05 (49.8%)	6:03	9.9 (50.3%)
596	BARTNIK Eryk	456		M30	140	00:00:54	00:30:20.80	00:31:15.60	+00:15:07 (49.9%)	6:04	9.9 (50.3%)
597	CHESY Jacek	449		M40	165	00:00:27	00:30:20.85	00:30:47.90	+00:15:07 (49.9%)	6:04	9.9 (50.3%)
598	JABŁOŃSKI Michał	977	PKO BP	M40	166	00:01:47	00:30:23.45	00:32:10.90	+00:15:10 (49.9%)	6:04	9.9 (50.3%)
599	BOGUSŁAWSKA Katarzyna	376		K30	57	00:02:47	00:30:23.80	00:33:11.20	+00:15:10 (49.9%)	6:04	9.9 (50.3%)
600	WIŚNIEWSKI Adrian	1078		M20	50	00:00:46	00:30:23.85	00:31:10.45	+00:15:10 (49.9%)	6:04	9.9 (50.3%)
600	DOMŻALSKI Marek	848		M50	70	00:02:48	00:30:23.85	00:33:12.25	+00:15:10 (49.9%)	6:04	9.9 (50.3%)
602	NIEDBALSKI Krzysztof	754	BIEGAJĄCE BEBOKI	M30	141	00:02:02	00:30:24.20	00:32:26.70	+00:15:11 (49.9%)	6:04	9.9 (50.3%)
603	DRÓZDŹ Małgosia	395		K30	58	00:02:31	00:30:25.00	00:32:56.80	+00:15:11 (50.0%)	6:05	9.9 (50.3%)
604	JEZIORSKA Monika	373		K30	59	00:02:46	00:30:25.50	00:33:12.30	+00:15:12 (50.0%)	6:05	9.9 (50.3%)
605	ŚWIGOŃ Aneta	427		K30	60	00:02:17	00:30:25.85	00:32:42.85	+00:15:12 (50.0%)	6:05	9.9 (50.3%)
606	MICHALAK Agnieszka	672	SUPRAVIS	K30	61	00:02:20	00:30:26.30	00:32:46.45	+00:15:13 (50.0%)	6:05	9.9 (50.3%)
607	HALAREWICZ Joanna	685	SUPRARUN	K40	45	00:02:20	00:30:26.70	00:32:46.95	+00:15:13 (50.0%)	6:05	9.9 (50.3%)
608	MIŚTAK Kamila	850		K20	24	00:00:00	00:30:27.45	00:30:27.45	+00:15:14 (50.0%)	6:05	9.9 (50.3%)
609	BABACHANIAN Artur	1060		M30	142	00:00:00	00:30:27.95	00:30:27.95	+00:15:14 (50.0%)	6:05	9.9 (50.3%)
610	ZIELIŃSKA Agnieszka	117	RUNNING STARS	K30	62	00:00:29	00:30:28.90	00:30:58.60	+00:15:15 (50.1%)	6:05	9.8 (49.7%)
611	KĘDZIERSKI Sebastian	750		M10	22	00:01:30	00:30:30.10	00:32:00.50	+00:15:17 (50.1%)	6:06	9.8 (49.7%)
612	GŁOWACKI Kamil	930		M20	51	00:01:37	00:30:30.80	00:32:08.00	+00:15:17 (50.1%)	6:06	9.8 (49.7%)
613	LEWANDOWSKA Sylwia	52		K40	46	00:01:39	00:30:31.30	00:32:11.00	+00:15:18 (50.1%)	6:06	9.8 (49.7%)
614	IGNASIAK Bernadeta	103		K40	47	00:00:29	00:30:32.10	00:31:01.10	+00:15:19 (50.2%)	6:06	9.8 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	KŁOS Katarzyna	89		K40	48	00:00:54	00:30:32.15	00:31:26.95	+00:15:19 (50.2%)	6:06	9.8 (49.7%)
616	DYNIĘWSKA Agnieszka	1054		K50	8	00:02:21	00:30:33.20	00:32:54.30	+00:15:20 (50.2%)	6:06	9.8 (49.7%)
617	PUDO Daria	581		K20	25	00:00:12	00:30:36.40	00:30:49.00	+00:15:23 (50.3%)	6:07	9.8 (49.7%)
618	CHRUŚCICKI Zbigniew	882	CST COACHING	M40	167	00:01:01	00:30:36.95	00:31:38.75	+00:15:23 (50.3%)	6:07	9.8 (49.7%)
619	KĘDZIERSKI Wojtek	748		M40	168	00:01:26	00:30:37.55	00:32:04.40	+00:15:24 (50.3%)	6:07	9.8 (49.7%)
620	SACHA Jakub	782		M10	23	00:00:21	00:30:38.35	00:30:59.85	+00:15:25 (50.3%)	6:07	9.8 (49.7%)
621	PASZKIET Witold	659	TKKF KOLEJARZ BYDGOSZCZ	M60	17	00:02:23	00:30:39.80	00:33:03.35	+00:15:26 (50.4%)	6:07	9.8 (49.7%)
622	KIJEWSKI Maciej	1199		M40	169	00:00:59	00:30:40.05	00:31:39.50	+00:15:26 (50.4%)	6:08	9.8 (49.7%)
623	GADOMSKA Maria	58	RUN BYDGOSZCZ	K60	1	00:00:18	00:30:40.85	00:30:59.40	+00:15:27 (50.4%)	6:08	9.8 (49.7%)
624	KRASIŃSKA Katarzyna	107		K40	49	00:00:55	00:30:41.10	00:31:37.00	+00:15:28 (50.4%)	6:08	9.8 (49.7%)
625	OSSOWSKI Łukasz	1052		M30	143	00:02:32	00:30:44.15	00:33:16.65	+00:15:31 (50.5%)	6:08	9.8 (49.7%)
626	FUZ Gabriela	1012	KABEL TEAM BYDGOSZCZ	K40	50	00:02:15	00:30:45.80	00:33:01.40	+00:15:32 (50.5%)	6:09	9.8 (49.7%)
627	SZYMCZAK Jacek	133		M50	71	00:02:10	00:30:48.65	00:32:59.10	+00:15:35 (50.6%)	6:09	9.7 (49.2%)
628	KOCZOROWSKA Kamila	389		K30	63	00:01:31	00:30:51.15	00:32:23.00	+00:15:38 (50.7%)	6:10	9.7 (49.2%)
629	ANDRZEJEWSKI Łukasz	463		M30	144	00:01:55	00:30:51.65	00:32:47.25	+00:15:38 (50.7%)	6:10	9.7 (49.2%)
630	SZAFRAN-PYJOS Karolina	1098	UMB	K30	64	00:01:53	00:30:51.80	00:32:44.90	+00:15:38 (50.7%)	6:10	9.7 (49.2%)
631	KACZMAREK Igor	788		M20	52	00:00:17	00:30:52.55	00:31:09.70	+00:15:39 (50.7%)	6:10	9.7 (49.2%)
632	MOLENDĄ Piotr	335		M20	53	00:00:00	00:30:56.00	00:30:56.00	+00:15:42 (50.8%)	6:11	9.7 (49.2%)
633	LEWANDOWSKA Wanda	874	ROLLTEAM BYDGOSZCZ	K10	3	00:00:24	00:30:57.05	00:31:21.45	+00:15:43 (50.8%)	6:11	9.7 (49.2%)
634	SZYMCZAK Barbara	112		K50	9	00:02:10	00:30:58.25	00:33:08.70	+00:15:45 (50.9%)	6:11	9.7 (49.2%)
635	KALINOWSKA Dorota	600		K30	65	00:02:51	00:30:58.80	00:33:50.20	+00:15:45 (50.9%)	6:11	9.7 (49.2%)
636	GAŚIOR Alina	891		K40	51	00:01:05	00:31:02.05	00:32:08.00	+00:15:48 (51.0%)	6:12	9.7 (49.2%)
637	RADECKA Aleksandra	140		K40	52	00:02:15	00:31:02.25	00:33:17.70	+00:15:49 (51.0%)	6:12	9.7 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	PASIŃSKA Julia	55		K20	26	00:02:42	00:31:02.60	00:33:44.80	+00:15:49 (51.0%)	6:12	9.7 (49.2%)
639	ŻURYŃ Aldona	849	ORANGE POLSKA	K40	53	00:01:29	00:31:02.70	00:32:32.00	+00:15:49 (51.0%)	6:12	9.7 (49.2%)
640	WIŚNIEWSKI Adam	877		M20	54	00:00:39	00:31:02.85	00:31:42.00	+00:15:49 (51.0%)	6:12	9.7 (49.2%)
641	KLEISA Wiktoria	879		K20	27	00:00:39	00:31:03.00	00:31:42.00	+00:15:49 (51.0%)	6:12	9.7 (49.2%)
642	POCIOT Małgorzata	380		K30	66	00:02:38	00:31:03.10	00:33:41.10	+00:15:50 (51.0%)	6:12	9.7 (49.2%)
643	MIERZBICZAK Łukasz	220	DZICZKI BYDGOSZCZ	M30	145	00:02:34	00:31:03.20	00:33:37.30	+00:15:50 (51.0%)	6:12	9.7 (49.2%)
644	SZULC Marta	179	CORTEZ SPORT	K20	28	00:00:28	00:31:04.85	00:31:33.10	+00:15:51 (51.0%)	6:12	9.7 (49.2%)
645	LIPINSKA Karolina	168	CORTEZ SPORT	K30	67	00:00:26	00:31:06.60	00:31:33.10	+00:15:53 (51.1%)	6:13	9.6 (48.7%)
646	LENKIEWICZ Andrzej	50	PIĘKNY	M60	18	00:00:32	00:31:09.05	00:31:42.00	+00:15:55 (51.1%)	6:13	9.6 (48.7%)
647	ŚWIERCZYŃSKI Michał	228		M40	170	00:02:31	00:31:10.70	00:33:42.35	+00:15:57 (51.2%)	6:14	9.6 (48.7%)
648	NOWAK Paulina	504		K20	29	00:01:44	00:31:11.50	00:32:56.35	+00:15:58 (51.2%)	6:14	9.6 (48.7%)
649	KISIEL Michał	725		M20	55	00:01:48	00:31:14.60	00:33:03.40	+00:16:01 (51.3%)	6:14	9.6 (48.7%)
650	BARTOSZ Ola	194		K20	30	00:02:15	00:31:16.20	00:33:31.20	+00:16:03 (51.3%)	6:15	9.6 (48.7%)
651	SIUDA Bartosz	540	OSOWAGÓRA	M40	171	00:01:45	00:31:16.25	00:33:01.70	+00:16:03 (51.3%)	6:15	9.6 (48.7%)
652	BARTOSZ Marek	192	GKS FABIANKI	M40	172	00:02:15	00:31:16.40	00:33:31.45	+00:16:03 (51.3%)	6:15	9.6 (48.7%)
653	NOWACKA Katarzyna	1102		K30	68	00:02:48	00:31:16.45	00:34:05.15	+00:16:03 (51.3%)	6:15	9.6 (48.7%)
654	MIKA-WOŹNICKA Monika	338		K30	69	00:01:33	00:31:16.50	00:32:50.00	+00:16:03 (51.3%)	6:15	9.6 (48.7%)
655	KUBSKI Michał	1137	DRUŻYNA JOBA	M20	56	00:00:20	00:31:17.55	00:31:37.70	+00:16:04 (51.4%)	6:15	9.6 (48.7%)
656	PUZYREWSKI Michał	896	ASTORIA BYDGOSZCZ	M40	173	00:00:21	00:31:18.10	00:31:40.00	+00:16:05 (51.4%)	6:15	9.6 (48.7%)
657	BIAŁEK Łukasz	919		M40	174	00:01:49	00:31:18.25	00:33:07.25	+00:16:05 (51.4%)	6:15	9.6 (48.7%)
658	NOWICKA Małgorzata	296	WKURW_TEAM	K30	70	00:02:27	00:31:18.45	00:33:46.10	+00:16:05 (51.4%)	6:15	9.6 (48.7%)
658	DALKIEWICZ Igor	295		M20	57	00:02:28	00:31:18.45	00:33:46.45	+00:16:05 (51.4%)	6:15	9.6 (48.7%)
660	SCHMIDT Sebastian	123	BB ACTIVE TEAM	M10	24	00:01:41	00:31:19.15	00:33:01.05	+00:16:06 (51.4%)	6:15	9.6 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	GOLIK Krzysztof	74	FORDONRUNNERS	M40	175	00:00:47	00:31:19.75	00:32:07.00	+00:16:06 (51.4%)	6:15	9.6 (48.7%)
662	WOŹNIACKA Beata	520	AZYL DLA JEŻY	K50	10	00:01:35	00:31:20.20	00:32:56.05	+00:16:07 (51.4%)	6:16	9.6 (48.7%)
663	ZIÓŁKOWSKI Piotr	124	MORŚWIRY	M50	72	00:02:19	00:31:20.45	00:33:40.20	+00:16:07 (51.4%)	6:16	9.6 (48.7%)
664	KOZAK Krzysztof	425	BB ACTIVE TEAM	M30	146	00:01:41	00:31:21.75	00:33:03.15	+00:16:08 (51.5%)	6:16	9.6 (48.7%)
665	ZDUNIAK Krzysztof	1136		M40	176	00:02:00	00:31:21.95	00:33:22.50	+00:16:08 (51.5%)	6:16	9.6 (48.7%)
666	HALAREWICZ Artur	1132		M40	177	00:00:00	00:31:22.85	00:31:22.85	+00:16:09 (51.5%)	6:16	9.6 (48.7%)
667	OPALA Marcin	744		M40	178	00:02:06	00:31:23.55	00:33:29.60	+00:16:10 (51.5%)	6:16	9.6 (48.7%)
668	SŁOWIŃSKI Adam	369		M30	147	00:00:32	00:31:23.95	00:31:56.00	+00:16:10 (51.5%)	6:16	9.6 (48.7%)
669	KŁONOWSKA Anna	363		K20	31	00:01:45	00:31:24.55	00:33:10.15	+00:16:11 (51.5%)	6:16	9.6 (48.7%)
670	SEKLECKI Artur	884	MORŚWIRY	M40	179	00:02:15	00:31:24.65	00:33:39.90	+00:16:11 (51.6%)	6:16	9.6 (48.7%)
671	JANKOWSKA Agnieszka	772		K40	54	00:00:34	00:31:25.65	00:31:59.65	+00:16:12 (51.6%)	6:17	9.5 (48.2%)
672	JAWORSKI Janusz	567		M60	19	00:00:49	00:31:26.15	00:32:16.00	+00:16:13 (51.6%)	6:17	9.5 (48.2%)
673	SZYŁO Tomasz	371		M40	180	00:01:13	00:31:26.80	00:32:40.45	+00:16:13 (51.6%)	6:17	9.5 (48.2%)
674	KRANC Justyna	372		K50	11	00:01:13	00:31:26.85	00:32:40.65	+00:16:13 (51.6%)	6:17	9.5 (48.2%)
675	KLIMCZAK Justyna	292		K40	55	00:00:24	00:31:27.90	00:31:52.00	+00:16:14 (51.6%)	6:17	9.5 (48.2%)
676	MŁYNAREK-STASIAK Dorota	492		K40	56	00:01:50	00:31:29.00	00:33:19.05	+00:16:15 (51.7%)	6:17	9.5 (48.2%)
677	GALESKA Ewa	97		K30	71	00:01:17	00:31:30.30	00:32:48.10	+00:16:17 (51.7%)	6:18	9.5 (48.2%)
678	WIŚNIEWSKI Marek	729		M60	20	00:00:54	00:31:30.55	00:32:25.00	+00:16:17 (51.7%)	6:18	9.5 (48.2%)
679	TUSZYŃSKA Anna	795		K20	32	00:00:56	00:31:31.05	00:32:27.35	+00:16:17 (51.7%)	6:18	9.5 (48.2%)
680	WOŹNIAK Bartłomiej	652		M40	181	00:01:12	00:31:31.20	00:32:43.70	+00:16:18 (51.7%)	6:18	9.5 (48.2%)
681	WALDEMAR Zmuda	344		M40	182	00:00:51	00:31:31.40	00:32:23.00	+00:16:18 (51.7%)	6:18	9.5 (48.2%)
682	WÓJCIK Tomasz	46		M50	73	00:01:51	00:31:31.50	00:33:23.45	+00:16:18 (51.7%)	6:18	9.5 (48.2%)
683	BITNER Jan	1015		M30	148	00:01:50	00:31:33.30	00:33:24.00	+00:16:20 (51.8%)	6:18	9.5 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	ZMUDA Aleksandra	243		K40	57	00:00:52	00:31:33.75	00:32:26.00	+00:16:20 (51.8%)	6:18	9.5 (48.2%)
685	GAUS Agnieszka	1131	TESSA DOM	K40	58	00:01:08	00:31:34.90	00:32:43.80	+00:16:21 (51.8%)	6:18	9.5 (48.2%)
686	BANDOCH Jacek	263		M30	149	00:01:23	00:31:36.60	00:32:59.90	+00:16:23 (51.9%)	6:19	9.5 (48.2%)
687	TESSA Karol	767	BYDGOSZCZ FAN MARATON	M40	183	00:01:08	00:31:36.80	00:32:45.20	+00:16:23 (51.9%)	6:19	9.5 (48.2%)
688	MICHALAK Martyna	343		K20	33	00:01:29	00:31:37.80	00:33:07.35	+00:16:24 (51.9%)	6:19	9.5 (48.2%)
689	DERESZYŃSKI Piotr	777		M40	184	00:02:39	00:31:38.70	00:34:17.90	+00:16:25 (51.9%)	6:19	9.5 (48.2%)
690	KRUTUL Maciej	693	AMATOR	M50	74	00:00:56	00:31:39.45	00:32:36.30	+00:16:26 (51.9%)	6:19	9.5 (48.2%)
691	GACKOWSKI Mikołaj	990		M10	25	00:01:10	00:31:39.55	00:32:50.20	+00:16:26 (51.9%)	6:19	9.5 (48.2%)
692	GACKOWSKI Szymon	988		M40	185	00:01:11	00:31:39.80	00:32:50.80	+00:16:26 (51.9%)	6:19	9.5 (48.2%)
693	GRZELAK Sylwia	258		K50	12	00:01:09	00:31:40.15	00:32:49.55	+00:16:27 (51.9%)	6:20	9.5 (48.2%)
694	RUTKOWSKA Milena	861		K20	34	00:01:05	00:31:41.65	00:32:47.30	+00:16:28 (52.0%)	6:20	9.5 (48.2%)
695	GRZELAK Robert	257	GMINA GARDEJA BIEGA	M50	75	00:01:09	00:31:41.85	00:32:51.10	+00:16:28 (52.0%)	6:20	9.5 (48.2%)
696	GAPIŃSKA Anna	105		K40	59	00:00:53	00:31:43.15	00:32:36.70	+00:16:30 (52.0%)	6:20	9.5 (48.2%)
697	NAWROCKA Joanna	260		K40	60	00:01:14	00:31:43.80	00:32:58.00	+00:16:30 (52.0%)	6:20	9.5 (48.2%)
698	TOKARSKA Katarzyna	827		K40	61	00:00:11	00:31:44.55	00:31:56.00	+00:16:31 (52.1%)	6:20	9.5 (48.2%)
699	SZYMAŃSKA Adrianna	469		K30	72	00:01:45	00:31:45.65	00:33:30.80	+00:16:32 (52.1%)	6:21	9.4 (47.7%)
700	CISEWSKI Mateusz	727		M30	150	00:01:12	00:31:47.70	00:33:00.25	+00:16:34 (52.1%)	6:21	9.4 (47.7%)
701	KUGACZ-SZTALMIRSKA Ewa	907		K30	73	00:01:06	00:31:49.90	00:32:56.15	+00:16:36 (52.2%)	6:21	9.4 (47.7%)
702	GÓRSKI Łukasz	241	HARPAGAN RUNNERS	M30	151	00:01:05	00:31:50.75	00:32:55.90	+00:16:37 (52.2%)	6:22	9.4 (47.7%)
703	STACHOWIAK Jacek	809	MORŚWIRY	M50	76	00:02:17	00:31:51.90	00:34:09.75	+00:16:38 (52.2%)	6:22	9.4 (47.7%)
704	GÓRSKA Paulina	242	HARPAGAN RUNNERS	K30	74	00:01:03	00:31:52.35	00:32:56.05	+00:16:39 (52.3%)	6:22	9.4 (47.7%)
705	GŁOWACKI Sławomir	269		M40	186	00:01:04	00:31:52.60	00:32:57.30	+00:16:39 (52.3%)	6:22	9.4 (47.7%)
706	GUSOWSKA Agata	728		K40	62	00:00:22	00:31:53.05	00:32:16.00	+00:16:39 (52.3%)	6:22	9.4 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	NOWAK Adam	943		M30	152	00:02:07	00:31:57.85	00:34:05.70	+00:16:44 (52.4%)	6:23	9.4 (47.7%)
708	SIEJEK Paulina	457		K30	75	00:00:34	00:31:58.95	00:32:33.25	+00:16:45 (52.4%)	6:23	9.4 (47.7%)
709	MAJ Małgorzata	695		K30	76	00:00:49	00:31:59.95	00:32:49.25	+00:16:46 (52.4%)	6:23	9.4 (47.7%)
710	AUGUSTYNOWICZ Katarzyna	931	TKKF KOLEJARZ BYDGOSZCZ	K40	63	00:00:56	00:32:00.75	00:32:57.50	+00:16:47 (52.5%)	6:24	9.4 (47.7%)
711	SZALA Katarzyna	945		K40	64	00:00:31	00:32:02.55	00:32:33.65	+00:16:49 (52.5%)	6:24	9.4 (47.7%)
712	MATEJA Piotr	188		M30	153	00:01:48	00:32:02.70	00:33:51.40	+00:16:49 (52.5%)	6:24	9.4 (47.7%)
713	KASPROWICZ Piotr	466	JW 1515	M40	187	00:01:20	00:32:03.75	00:33:24.00	+00:16:50 (52.5%)	6:24	9.4 (47.7%)
714	NOWAK Janek	27		M20	58	00:02:42	00:32:03.80	00:34:46.35	+00:16:50 (52.5%)	6:24	9.4 (47.7%)
715	SOSNOWSKA Julia	1172		K18	2	00:02:41	00:32:04.65	00:34:46.55	+00:16:51 (52.6%)	6:24	9.4 (47.7%)
716	SKOPOWSKI Krzysztof	370	SALUS	M40	188	00:03:16	00:32:05.30	00:35:21.60	+00:16:52 (52.6%)	6:25	9.4 (47.7%)
717	WOŹNIAK Anna	337		K50	13	00:01:22	00:32:09.35	00:33:32.25	+00:16:56 (52.7%)	6:25	9.3 (47.2%)
718	BYSTREK Jarosław	657		M40	189	00:02:21	00:32:10.40	00:34:32.05	+00:16:57 (52.7%)	6:26	9.3 (47.2%)
719	BISKUPSKI Robert	1170		M40	190	00:02:33	00:32:11.10	00:34:44.40	+00:16:58 (52.7%)	6:26	9.3 (47.2%)
720	DĄBROWSKI Bartosz	859	SPORTOWA PASJA	M30	154	00:01:29	00:32:11.35	00:33:40.55	+00:16:58 (52.7%)	6:26	9.3 (47.2%)
721	KASIOREK Tomasz	211	ZUOMPL	M40	191	00:02:08	00:32:12.45	00:34:21.15	+00:16:59 (52.7%)	6:26	9.3 (47.2%)
722	ŻEBROWSKI Radosław	654	SANDO	M40	192	00:02:00	00:32:15.80	00:34:16.70	+00:17:02 (52.8%)	6:27	9.3 (47.2%)
723	BURCZYK Roman	1099	GRUPA BIEGOWA AMATOR	M40	193	00:02:36	00:32:16.35	00:34:52.85	+00:17:03 (52.8%)	6:27	9.3 (47.2%)
724	BURCZYK Katarzyna	1100	GRUPA BIEGOWA AMATOR	K40	65	00:02:35	00:32:16.65	00:34:52.55	+00:17:03 (52.9%)	6:27	9.3 (47.2%)
725	KASZUBOWSKI Daniel	509		M30	155	00:03:06	00:32:17.15	00:35:23.85	+00:17:04 (52.9%)	6:27	9.3 (47.2%)
726	DRAŻEK-KRAKOWSKA Agnieszka	21		K40	66	00:00:30	00:32:18.35	00:32:48.40	+00:17:05 (52.9%)	6:27	9.3 (47.2%)
727	KORBEL Ewa	568		K50	14	00:01:36	00:32:29.15	00:34:05.80	+00:17:16 (53.2%)	6:29	9.2 (46.7%)
728	CZACHOROWSKA Ewelina	872		K30	77	00:00:46	00:32:29.90	00:33:16.35	+00:17:16 (53.2%)	6:29	9.2 (46.7%)
729	LEWANDOWSKI Marek	878	ROLLTEAM BYDGOSZCZ	M50	77	00:01:16	00:32:30.10	00:33:46.45	+00:17:17 (53.2%)	6:30	9.2 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	NOWAK Mariola	651		K50	15	00:00:28	00:32:30.35	00:32:59.05	+00:17:17 (53.2%)	6:30	9.2 (46.7%)
731	WASIELEWSKA Daria	775		K40	67	00:02:04	00:32:30.55	00:34:34.55	+00:17:17 (53.2%)	6:30	9.2 (46.7%)
732	CZACHOROWSKI Michał	873		M30	156	00:00:45	00:32:31.15	00:33:16.85	+00:17:18 (53.2%)	6:30	9.2 (46.7%)
733	KUCA Aga	216		K30	78	00:01:37	00:32:34.00	00:34:11.20	+00:17:20 (53.3%)	6:30	9.2 (46.7%)
734	KEMPA Beata	518		K40	68	00:00:39	00:32:37.50	00:33:17.10	+00:17:24 (53.4%)	6:31	9.2 (46.7%)
735	MLICKI Marcin	426		M40	194	00:02:53	00:32:38.30	00:35:31.80	+00:17:25 (53.4%)	6:31	9.2 (46.7%)
736	SZULAKOWSKI Rafał	1144	TERENOWA MASAKRA TEAM	M40	195	00:01:43	00:32:38.75	00:34:22.40	+00:17:25 (53.4%)	6:31	9.2 (46.7%)
737	ZYGIEL Paulina	6		K20	35	00:00:32	00:32:39.90	00:33:12.75	+00:17:26 (53.4%)	6:31	9.2 (46.7%)
738	ŁAWNIK Piotr	355	RÓŻOWE LANDRYNY	M10	26	00:02:29	00:32:40.55	00:35:10.20	+00:17:27 (53.4%)	6:32	9.2 (46.7%)
739	HOŁYŃSKA Katarzyna	699		K40	69	00:02:49	00:32:41.85	00:35:31.00	+00:17:28 (53.5%)	6:32	9.2 (46.7%)
740	BŁOCH Katarzyna	805		K30	79	00:02:07	00:32:44.05	00:34:51.25	+00:17:30 (53.5%)	6:32	9.2 (46.7%)
741	KACPERSKA Anna	575	BIEGACZKI-SIŁACZKI	K40	70	00:00:10	00:32:44.90	00:32:55.50	+00:17:31 (53.5%)	6:32	9.2 (46.7%)
742	SIUDZIŃSKA-BESS Anna	505		K30	80	00:00:23	00:32:45.60	00:33:09.45	+00:17:32 (53.5%)	6:33	9.2 (46.7%)
742	KOZICKA Magdalena	808		K20	36	00:02:06	00:32:45.60	00:34:52.50	+00:17:32 (53.5%)	6:33	9.2 (46.7%)
744	MACEK Rafał	349		M40	196	00:01:01	00:32:46.30	00:33:47.60	+00:17:33 (53.6%)	6:33	9.2 (46.7%)
745	CYGANKIEWICZ Łukasz	965	SAINT- GOBAIN SQUAD	M40	197	00:00:49	00:32:47.10	00:33:36.40	+00:17:34 (53.6%)	6:33	9.2 (46.7%)
746	SONTOWSKI Sebastian	974		M40	198	00:01:07	00:32:49.60	00:33:56.70	+00:17:36 (53.6%)	6:33	9.1 (46.2%)
747	PRZYBYSZEWSKI Marcin	984		M50	78	00:00:35	00:32:50.55	00:33:26.15	+00:17:37 (53.7%)	6:34	9.1 (46.2%)
748	GELERT Dariusz	838		M40	199	00:00:19	00:32:50.90	00:33:10.00	+00:17:37 (53.7%)	6:34	9.1 (46.2%)
749	WAŻNA Paulina	148	MORŚWIRY BYDGOSZCZ	K30	81	00:02:14	00:32:51.65	00:35:06.15	+00:17:38 (53.7%)	6:34	9.1 (46.2%)
750	DONIECKA Edyta	1071		K30	82	00:00:37	00:32:53.10	00:33:30.65	+00:17:40 (53.7%)	6:34	9.1 (46.2%)
751	GRZYMAŁA Kornelia	1150		K30	83	00:00:37	00:32:53.65	00:33:31.10	+00:17:40 (53.7%)	6:34	9.1 (46.2%)
752	LATUSZEK Daria	1091		K20	37	00:01:24	00:32:56.35	00:34:20.60	+00:17:43 (53.8%)	6:35	9.1 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	DWORECKI Rafał	1092		M30	157	00:01:24	00:32:56.45	00:34:20.70	+00:17:43 (53.8%)	6:35	9.1 (46.2%)
754	BUKOWSKI Paweł	109	CONTRACTORS.MS	M30	158	00:02:58	00:32:57.05	00:35:55.15	+00:17:43 (53.8%)	6:35	9.1 (46.2%)
755	ZIELIŃSKI Maciej	1020	KABEL TEAM BYDGOSZCZ	M40	200	00:02:29	00:32:57.65	00:35:26.75	+00:17:44 (53.8%)	6:35	9.1 (46.2%)
756	GELERT Oliwia	715		K10	4	00:00:18	00:32:57.85	00:33:16.10	+00:17:44 (53.8%)	6:35	9.1 (46.2%)
757	ZIELIŃSKI Beniamin	1059	AMS	M10	27	00:02:28	00:32:58.05	00:35:26.80	+00:17:44 (53.8%)	6:35	9.1 (46.2%)
758	RUMIANOWSKI Piotr	549	FURIAT	M30	159	00:00:00	00:32:58.20	00:32:58.20	+00:17:45 (53.8%)	6:35	9.1 (46.2%)
759	JÓŻWIK Jacek	208	PARKUN	M60	21	00:02:47	00:32:58.40	00:35:46.35	+00:17:45 (53.8%)	6:35	9.1 (46.2%)
760	DUSZYŃSKA Kasia	36		K40	71	00:00:36	00:32:58.75	00:33:34.95	+00:17:45 (53.9%)	6:35	9.1 (46.2%)
761	RUTKOWSKA Virginia	594	CHMURA COACHING	K30	84	00:02:13	00:32:59.25	00:35:12.55	+00:17:46 (53.9%)	6:35	9.1 (46.2%)
762	REBELSKI Filip	1142		M30	160	00:02:53	00:33:01.60	00:35:54.60	+00:17:48 (53.9%)	6:36	9.1 (46.2%)
763	WIŚNIEWSKA Alicja	1021	KABEL TEAM BYDGOSZCZ	K30	85	00:02:28	00:33:02.45	00:35:31.00	+00:17:49 (53.9%)	6:36	9.1 (46.2%)
764	STEFAŃSKA Joanna	852		K30	86	00:00:30	00:33:03.60	00:33:34.20	+00:17:50 (54.0%)	6:36	9.1 (46.2%)
765	NIEDBALSKA Agnieszka	640		K40	72	00:03:01	00:33:03.90	00:36:05.40	+00:17:50 (54.0%)	6:36	9.1 (46.2%)
766	CZAJKOWSKI Kamil	678		M20	59	00:02:30	00:33:04.65	00:35:35.35	+00:17:51 (54.0%)	6:36	9.1 (46.2%)
767	HUZARSKI Jaroslaw	1002		M40	201	00:01:51	00:33:05.30	00:34:57.10	+00:17:52 (54.0%)	6:37	9.1 (46.2%)
768	GĘBKA Bartłomiej	759		M30	161	00:00:53	00:33:05.40	00:33:58.75	+00:17:52 (54.0%)	6:37	9.1 (46.2%)
769	SZYMAŃSKI Bogdan	983		M40	202	00:01:51	00:33:05.55	00:34:57.35	+00:17:52 (54.0%)	6:37	9.1 (46.2%)
770	GRABSKA-ZIELIŃSKA Sylwia	63		K30	87	00:01:26	00:33:06.25	00:34:32.30	+00:17:53 (54.0%)	6:37	9.1 (46.2%)
771	SIUDA LESIKOWSKA Hanna	831		K30	88	00:00:11	00:33:06.85	00:33:18.20	+00:17:53 (54.0%)	6:37	9.1 (46.2%)
772	NIEDBALSKI Karol	608		M40	203	00:03:02	00:33:10.25	00:36:13.00	+00:17:57 (54.1%)	6:38	9 (45.7%)
773	MEGER Agnieszka	707		K40	73	00:02:01	00:33:11.55	00:35:13.25	+00:17:58 (54.2%)	6:38	9 (45.7%)
774	NIEDBALSKA Weronika	641		K10	5	00:03:01	00:33:11.70	00:36:13.20	+00:17:58 (54.2%)	6:38	9 (45.7%)
775	KONDRACKA Alicja	1041		K40	74	00:03:15	00:33:12.00	00:36:27.30	+00:17:58 (54.2%)	6:38	9 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
776	BURDAK Janusz	680		M50	79	00:02:26	00:33:12.70	00:35:39.10	+00:17:59 (54.2%)	6:38	9 (45.7%)
777	POLKOWSKA Katarzyna	294		K50	16	00:01:44	00:33:13.60	00:34:57.65	+00:18:00 (54.2%)	6:38	9 (45.7%)
778	KOWALCZYK Aleksandra	163		K20	38	00:02:15	00:33:13.85	00:35:29.15	+00:18:00 (54.2%)	6:38	9 (45.7%)
779	ZINKIEWICZ Karolina	708		K40	75	00:02:01	00:33:14.95	00:35:16.60	+00:18:01 (54.2%)	6:38	9 (45.7%)
780	KOSTKOWSKI Michał	1147		M20	60	00:02:36	00:33:16.20	00:35:52.45	+00:18:03 (54.3%)	6:39	9 (45.7%)
781	PIOTROWSKA Aleksandra	328		K20	39	00:02:42	00:33:20.65	00:36:02.75	+00:18:07 (54.4%)	6:40	9 (45.7%)
782	KUKLIŃSKI Rafał	958		M40	204	00:01:57	00:33:21.55	00:35:18.65	+00:18:08 (54.4%)	6:40	9 (45.7%)
783	CHRZANOWSKA Cecylia	1159	AKTYWNE LISEWO	K60	2	00:02:00	00:33:22.75	00:35:23.30	+00:18:09 (54.4%)	6:40	9 (45.7%)
784	UMIŃSKA Marzena	43		K30	89	00:01:35	00:33:25.10	00:35:00.50	+00:18:12 (54.5%)	6:41	9 (45.7%)
785	UMIŃSKI Robert	384		M40	205	00:01:35	00:33:25.60	00:35:00.80	+00:18:12 (54.5%)	6:41	9 (45.7%)
786	KŁOSOWSKA-BUTOR Beata	75		K50	17	00:00:18	00:33:27.35	00:33:46.00	+00:18:14 (54.5%)	6:41	9 (45.7%)
787	MALINOWSKI Jakub	593		M10	28	00:01:54	00:33:29.15	00:35:23.60	+00:18:16 (54.6%)	6:41	9 (45.7%)
788	WIERZBOWSKI Adam	607	VIVALAVIDA	M40	206	00:03:09	00:33:29.80	00:36:39.40	+00:18:16 (54.6%)	6:41	9 (45.7%)
789	GELERT Żaneta	716		K40	76	00:00:19	00:33:30.15	00:33:49.25	+00:18:17 (54.6%)	6:42	9 (45.7%)
790	STOJAK Norbert	138	MORŚWIRY BYDGOSZCZ	M40	207	00:02:14	00:33:32.25	00:35:47.15	+00:18:19 (54.6%)	6:42	8.9 (45.2%)
791	LEWANDOWSKI Igor	803	FUNDACJA CZAS NA BYDGOSZCZ	M10	29	00:01:33	00:33:32.55	00:35:05.70	+00:18:19 (54.6%)	6:42	8.9 (45.2%)
792	GŁOWACKA Kornelia	180	GŁÓWKA	K10	6	00:01:31	00:33:32.70	00:35:03.95	+00:18:19 (54.6%)	6:42	8.9 (45.2%)
793	MATUSZEWSKA Agnieszka	857		K40	77	00:01:34	00:33:32.95	00:35:07.45	+00:18:19 (54.6%)	6:42	8.9 (45.2%)
794	CHMIELEWSKI Ireneusz	378		M60	22	00:00:35	00:33:34.15	00:34:09.65	+00:18:21 (54.7%)	6:42	8.9 (45.2%)
795	ZMITROWICZ Hanna	954	WWW.FITFORMABYDGOSZCZ.PL	K30	90	00:01:20	00:33:35.45	00:34:55.60	+00:18:22 (54.7%)	6:43	8.9 (45.2%)
796	BOJAS Emilia	819		K30	91	00:00:25	00:33:35.70	00:34:00.85	+00:18:22 (54.7%)	6:43	8.9 (45.2%)
797	ZBIRANEK Beata	644		K40	78	00:01:32	00:33:37.60	00:35:09.90	+00:18:24 (54.7%)	6:43	8.9 (45.2%)
798	KELLER Magdalena	895		K40	79	00:01:32	00:33:37.85	00:35:09.85	+00:18:24 (54.7%)	6:43	8.9 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
799	KOZIOŁ Magdalena	18		K30	92	00:01:17	00:33:38.45	00:34:55.90	+00:18:25 (54.8%)	6:43	8.9 (45.2%)
800	FELSKA Katarzyna	16		K30	93	00:01:16	00:33:39.15	00:34:55.70	+00:18:26 (54.8%)	6:43	8.9 (45.2%)
801	BINEK Daria	160	CORTEZ SPORT	K20	40	00:00:27	00:33:39.65	00:34:07.45	+00:18:26 (54.8%)	6:43	8.9 (45.2%)
802	KACPEREK Eliza	7	CORTEZ SPORT	K40	80	00:00:27	00:33:39.95	00:34:07.60	+00:18:26 (54.8%)	6:43	8.9 (45.2%)
803	SADOWSKI Wojciech	397		M30	162	00:01:45	00:33:43.05	00:35:28.05	+00:18:29 (54.9%)	6:44	8.9 (45.2%)
804	KRAWCZUK Aleksandra	824		K30	94	00:00:00	00:33:44.35	00:33:44.35	+00:18:31 (54.9%)	6:44	8.9 (45.2%)
805	GRZYBOWSKA Julia	145		K10	7	00:02:13	00:33:45.85	00:35:59.30	+00:18:32 (54.9%)	6:45	8.9 (45.2%)
806	GRZYBOWSKI Marek Igor	146		M10	30	00:02:12	00:33:46.45	00:35:59.00	+00:18:33 (54.9%)	6:45	8.9 (45.2%)
807	DUDA-NOWICKA Anna	797	URZĄD MIEJSKI W KCYNI	K40	81	00:00:45	00:33:47.00	00:34:32.65	+00:18:33 (55.0%)	6:45	8.9 (45.2%)
807	GRZYBOWSKA Marek	144		M40	208	00:02:12	00:33:47.00	00:35:59.35	+00:18:33 (55.0%)	6:45	8.9 (45.2%)
809	OSSOWSKA Paulina	1073		K30	95	00:02:32	00:33:47.75	00:36:19.80	+00:18:34 (55.0%)	6:45	8.9 (45.2%)
810	OSTROWSKA Renata	421	MŁODZI DUCHEM	K40	82	00:00:15	00:33:47.90	00:34:03.55	+00:18:34 (55.0%)	6:45	8.9 (45.2%)
811	KRAJEWSKI Adam	271		M50	80	00:01:07	00:33:54.85	00:35:02.25	+00:18:41 (55.1%)	6:46	8.8 (44.7%)
812	MUSIAŁ Artur	918		M50	81	00:02:37	00:33:57.60	00:36:35.20	+00:18:44 (55.2%)	6:47	8.8 (44.7%)
813	KUDŁAK-MACEK Aneta	348		K40	83	00:01:00	00:34:01.25	00:35:01.75	+00:18:48 (55.3%)	6:48	8.8 (44.7%)
814	SERAFINOWICZ Marta	1171		K30	96	00:02:33	00:34:01.30	00:36:34.60	+00:18:48 (55.3%)	6:48	8.8 (44.7%)
815	JANUSZEWSKA Kamila	1177		K40	84	00:02:32	00:34:01.40	00:36:34.35	+00:18:48 (55.3%)	6:48	8.8 (44.7%)
816	SZULC Robert	1149		M40	209	00:02:32	00:34:01.70	00:36:34.60	+00:18:48 (55.3%)	6:48	8.8 (44.7%)
817	OSUCH Małgorzata	513		K30	97	00:01:21	00:34:02.50	00:35:23.85	+00:18:49 (55.3%)	6:48	8.8 (44.7%)
818	MICHNIEWICZ Małgorzata	377		K40	85	00:00:35	00:34:02.75	00:34:38.05	+00:18:49 (55.3%)	6:48	8.8 (44.7%)
819	PRIETZ Agata	612		K40	86	00:01:51	00:34:02.85	00:35:53.85	+00:18:49 (55.3%)	6:48	8.8 (44.7%)
819	ZAWADZKA Monika	613		K30	98	00:01:51	00:34:02.85	00:35:54.15	+00:18:49 (55.3%)	6:48	8.8 (44.7%)
821	ASTUKIEWICZ Agnieszka	545		K50	18	00:00:56	00:34:02.95	00:34:59.15	+00:18:49 (55.3%)	6:48	8.8 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
822	NOWAKOWSKA Marta	506	DEAF GARMIN_CUBE	K30	99	00:00:42	00:34:03.80	00:34:46.30	+00:18:50 (55.3%)	6:48	8.8 (44.7%)
823	KWIATKOWSKA Małgorzata	270		K40	87	00:02:00	00:34:07.35	00:36:07.85	+00:18:54 (55.4%)	6:49	8.8 (44.7%)
824	ROGOZIŃSKA Karolina	639	RUNMORS	K40	88	00:01:59	00:34:08.25	00:36:07.95	+00:18:55 (55.4%)	6:49	8.8 (44.7%)
825	PISKRZYŃSKA Dominika	1058		K30	100	00:02:14	00:34:10.70	00:36:24.70	+00:18:57 (55.5%)	6:50	8.8 (44.7%)
826	WIOSNA Tomasz	94	MAZDASPEED	M30	163	00:01:13	00:34:12.90	00:35:26.20	+00:18:59 (55.5%)	6:50	8.8 (44.7%)
827	SZYMAŃSKA Maria	28		K20	41	00:02:47	00:34:15.65	00:37:02.65	+00:19:02 (55.6%)	6:51	8.8 (44.7%)
828	RAKOCZY Justyna	1121		K40	89	00:01:17	00:34:16.80	00:35:34.05	+00:19:03 (55.6%)	6:51	8.8 (44.7%)
829	WIŚNIEWSKA Lucyna	233	TRISPACE/TREK	K50	19	00:01:30	00:34:19.35	00:35:50.30	+00:19:06 (55.7%)	6:51	8.7 (44.2%)
830	ŁABENDA Piotr	37	TERENOWA MASAKRA TEAM	M50	82	00:02:19	00:34:19.90	00:36:39.55	+00:19:06 (55.7%)	6:51	8.7 (44.2%)
831	SZULAKOWSKA Patrycja	1145	TERENOWA MASAKRA TEAM	K40	90	00:00:00	00:34:22.40	00:34:22.40	+00:19:09 (55.7%)	6:52	8.7 (44.2%)
832	WOJCIECHOWSKA Martyna	737		K10	8	00:01:02	00:34:22.45	00:35:25.40	+00:19:09 (55.7%)	6:52	8.7 (44.2%)
833	SOSNA Mikołaj	10		M40	210	00:01:28	00:34:23.45	00:35:52.40	+00:19:10 (55.7%)	6:52	8.7 (44.2%)
834	NOWACKI Rafał	299		M40	211	00:02:50	00:34:25.85	00:37:16.65	+00:19:12 (55.8%)	6:53	8.7 (44.2%)
835	WIATRAKOWSKA Katarzyna	264		K40	91	00:01:04	00:34:28.50	00:35:33.40	+00:19:15 (55.9%)	6:53	8.7 (44.2%)
836	MURAWSKI Marcin	500		M20	61	00:01:06	00:34:28.95	00:35:35.75	+00:19:15 (55.9%)	6:53	8.7 (44.2%)
837	URBANCZYK Justyna	354		K20	42	00:02:23	00:34:42.45	00:37:06.20	+00:19:29 (56.2%)	6:56	8.6 (43.7%)
838	CESARZ Bartosz	1165		M40	212	00:01:52	00:34:42.70	00:36:35.35	+00:19:29 (56.2%)	6:56	8.6 (43.7%)
839	STEGNERSKA Agnieszka	1135		K40	92	00:00:34	00:34:43.45	00:35:18.05	+00:19:30 (56.2%)	6:56	8.6 (43.7%)
840	BRZEZIŃSKA Marta	1025		K30	101	00:01:54	00:34:43.95	00:36:38.10	+00:19:30 (56.2%)	6:56	8.6 (43.7%)
841	WITKOWSKI Tomasz	497		M30	164	00:03:11	00:34:44.35	00:37:55.50	+00:19:31 (56.2%)	6:56	8.6 (43.7%)
842	GOŁATTA Tomasz	694	BKTR GRYF	M40	213	00:01:43	00:34:44.65	00:36:28.60	+00:19:31 (56.2%)	6:56	8.6 (43.7%)
842	KWIATKOWSKI Roman	229		M60	23	00:01:46	00:34:44.65	00:36:31.15	+00:19:31 (56.2%)	6:56	8.6 (43.7%)
844	GIERSZEWSKI Antoni	774		M10	31	00:00:55	00:34:44.85	00:35:39.85	+00:19:31 (56.2%)	6:56	8.6 (43.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
845	WITKOWSKA Paula	498		K40	93	00:03:10	00:34:45.05	00:37:55.60	+00:19:31 (56.2%)	6:57	8.6 (43.7%)
846	MAŁAS Marcin	587		M30	165	00:02:40	00:34:45.55	00:37:25.60	+00:19:32 (56.2%)	6:57	8.6 (43.7%)
847	CICHOWICZ Marcin	340		M40	214	00:01:32	00:34:46.45	00:36:18.65	+00:19:33 (56.2%)	6:57	8.6 (43.7%)
848	MALISZEWSKA Aleksandra	1114		K20	43	00:02:37	00:34:46.60	00:37:23.90	+00:19:33 (56.2%)	6:57	8.6 (43.7%)
849	MISZTELA Justyna	702		K30	102	00:02:27	00:34:47.35	00:37:14.70	+00:19:34 (56.3%)	6:57	8.6 (43.7%)
850	JANICKA Maria	623		K30	103	00:00:29	00:34:49.70	00:35:19.15	+00:19:36 (56.3%)	6:57	8.6 (43.7%)
851	SIKORSKA Joanna	552		K40	94	00:00:39	00:34:50.45	00:35:30.15	+00:19:37 (56.3%)	6:58	8.6 (43.7%)
852	KEDZIA Jarek	584	TRIDROPSY	M40	215	00:00:42	00:34:53.15	00:35:35.35	+00:19:40 (56.4%)	6:58	8.6 (43.7%)
853	WITUCKA Joanna	1085		K40	95	00:01:17	00:34:54.40	00:36:11.55	+00:19:41 (56.4%)	6:58	8.6 (43.7%)
854	RESZELA Aleksandra	320		K30	104	00:01:37	00:34:56.90	00:36:34.85	+00:19:43 (56.5%)	6:59	8.6 (43.7%)
855	LEWANDOWSKA Renata	875	ROLLTEAM BYDGOSZCZ	K50	20	00:01:26	00:34:57.75	00:36:23.90	+00:19:44 (56.5%)	6:59	8.6 (43.7%)
856	PARTYKA Dawid	968		M30	166	00:02:49	00:34:58.05	00:37:47.70	+00:19:44 (56.5%)	6:59	8.6 (43.7%)
857	BIELUSZEWSKI Artur	565		M50	83	00:03:07	00:35:00.85	00:38:08.15	+00:19:47 (56.5%)	7:00	8.6 (43.7%)
858	WITKOWSKA Marta	610	VIVA LA VIDA	K30	105	00:03:08	00:35:03.15	00:38:11.50	+00:19:50 (56.6%)	7:00	8.6 (43.7%)
859	GŁOWACKI Robert	177	GŁÓWKA	M40	216	00:00:00	00:35:04.70	00:35:04.70	+00:19:51 (56.6%)	7:00	8.6 (43.7%)
860	PYTLIK Dariusz	845	SAINT GOBAIN SQUAD	M50	84	00:00:50	00:35:04.80	00:35:55.50	+00:19:51 (56.6%)	7:00	8.6 (43.7%)
861	WITKOWSKI Piotr	609	VIVA LA VIDA	M30	167	00:03:09	00:35:05.35	00:38:15.05	+00:19:52 (56.6%)	7:01	8.6 (43.7%)
862	RZEPZYNSKI Tomasz	156	GRYF BYDGOSZCZ	M40	217	00:01:22	00:35:08.50	00:36:31.00	+00:19:55 (56.7%)	7:01	8.5 (43.1%)
863	MOSUR-GALICKA Angelina	1104	AKADEMIA MISTRZÓW SPORTU	K50	21	00:02:32	00:35:11.95	00:37:44.85	+00:19:58 (56.8%)	7:02	8.5 (43.1%)
864	WITKOWSKA Marlena	366		K50	22	00:01:30	00:35:12.05	00:36:42.20	+00:19:58 (56.8%)	7:02	8.5 (43.1%)
865	WITKOWSKI Maciej	365		M50	85	00:01:29	00:35:12.45	00:36:42.35	+00:19:59 (56.8%)	7:02	8.5 (43.1%)
866	SONTOWSKA Magdalena	278		K30	106	00:02:34	00:35:12.60	00:37:47.10	+00:19:59 (56.8%)	7:02	8.5 (43.1%)
867	KWASIGROCH Krzysztof	601	TKKF KOLEJARZ	M50	86	00:02:48	00:35:15.95	00:38:04.50	+00:20:02 (56.8%)	7:03	8.5 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
868	KRÓL Dominika	1166	TKKF KOLEJARZ	K10	9	00:02:46	00:35:17.45	00:38:03.55	+00:20:04 (56.9%)	7:03	8.5 (43.1%)
869	WOJTYSZYN Barbara	1064		K40	96	00:00:00	00:35:19.60	00:35:19.60	+00:20:06 (56.9%)	7:03	8.5 (43.1%)
870	KONICZYŃSKA Jowita	393		K10	10	00:00:45	00:35:24.45	00:36:09.60	+00:20:11 (57.0%)	7:04	8.5 (43.1%)
871	PROKOPOWICZ Aleksandra	414		K40	97	00:02:26	00:35:24.70	00:37:51.50	+00:20:11 (57.0%)	7:04	8.5 (43.1%)
872	BETLEJ Karolina	698		K20	44	00:00:48	00:35:24.80	00:36:13.40	+00:20:11 (57.0%)	7:04	8.5 (43.1%)
873	ASTUKIEWICZ Tomasz	543		M50	87	00:00:56	00:35:27.90	00:36:24.40	+00:20:14 (57.1%)	7:05	8.5 (43.1%)
874	STOŻEK Michał	636		M40	218	00:02:42	00:35:28.55	00:38:11.45	+00:20:15 (57.1%)	7:05	8.5 (43.1%)
875	ZDZIEBŁOWSKI Wojtek	894		M40	219	00:01:10	00:35:28.65	00:36:39.00	+00:20:15 (57.1%)	7:05	8.5 (43.1%)
876	RASSALSKA-KAUSA Jola	231		K40	98	00:01:26	00:35:30.35	00:36:56.90	+00:20:17 (57.1%)	7:06	8.5 (43.1%)
877	ISKRA Jacek	386		M50	88	00:00:14	00:35:33.00	00:35:47.80	+00:20:19 (57.2%)	7:06	8.4 (42.6%)
878	PAPROCKA Angelika	388		K30	107	00:00:14	00:35:33.30	00:35:48.00	+00:20:20 (57.2%)	7:06	8.4 (42.6%)
879	BONIN Karolina	470		K30	108	00:02:13	00:35:33.40	00:37:47.00	+00:20:20 (57.2%)	7:06	8.4 (42.6%)
880	ANGIEL Władysław	190	TKKF KOLEJARZ BYDGOSZCZ	M60	24	00:00:02	00:35:34.15	00:35:36.85	+00:20:21 (57.2%)	7:06	8.4 (42.6%)
881	SURMACZ Natalia	205		K10	11	00:01:57	00:35:36.55	00:37:33.95	+00:20:23 (57.3%)	7:07	8.4 (42.6%)
882	WOJCIECHOWSKA Dagmara	736		K40	99	00:01:02	00:35:36.70	00:36:39.55	+00:20:23 (57.3%)	7:07	8.4 (42.6%)
883	IWANIUK Jacek	222	PĘDZĄCE CHOMIKI	M50	89	00:01:33	00:35:38.25	00:37:11.95	+00:20:25 (57.3%)	7:07	8.4 (42.6%)
884	SZPOTKOWSKA Julia	1001		K20	45	00:01:13	00:35:41.00	00:36:54.40	+00:20:27 (57.4%)	7:08	8.4 (42.6%)
885	KWASIGROCH Aleksandra	881		K50	23	00:00:39	00:35:44.30	00:36:23.75	+00:20:31 (57.4%)	7:08	8.4 (42.6%)
886	WILMA Patrycja	626		K30	109	00:02:11	00:35:44.40	00:37:55.80	+00:20:31 (57.4%)	7:08	8.4 (42.6%)
887	FILAR Michał	828	CDI	M30	168	00:00:11	00:35:44.70	00:35:56.05	+00:20:31 (57.4%)	7:08	8.4 (42.6%)
888	ŻUCHELKOWSKA Agata	407		K30	110	00:02:44	00:35:48.50	00:38:32.85	+00:20:35 (57.5%)	7:09	8.4 (42.6%)
889	SONTOWSKI Eryk	972		M10	32	00:01:07	00:35:48.70	00:36:56.20	+00:20:35 (57.5%)	7:09	8.4 (42.6%)
890	MAJEWSKA Dorota	131		K30	111	00:00:27	00:35:49.35	00:36:17.30	+00:20:36 (57.5%)	7:09	8.4 (42.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
891	NAYDOWSKA Monika	666		K50	24	00:01:53	00:35:49.60	00:37:43.45	+00:20:36 (57.5%)	7:09	8.4 (42.6%)
892	SCIGOCKI Waldemar	953		M50	90	00:01:53	00:35:50.10	00:37:43.70	+00:20:37 (57.5%)	7:10	8.4 (42.6%)
893	JOCHIM Łukasz	967		M30	169	00:02:48	00:35:52.05	00:38:40.25	+00:20:38 (57.6%)	7:10	8.4 (42.6%)
894	GRZESZCZUK Filip	423		M18	5	00:01:04	00:35:55.40	00:36:59.95	+00:20:42 (57.6%)	7:11	8.4 (42.6%)
895	GRZESZCZUK Zuzanna	431		K10	12	00:01:04	00:35:55.65	00:36:59.65	+00:20:42 (57.6%)	7:11	8.4 (42.6%)
896	GRZESZCZUK Karol	960		M40	220	00:01:03	00:35:56.10	00:36:59.85	+00:20:43 (57.7%)	7:11	8.3 (42.1%)
897	RUJNER Klara	100		K50	25	00:01:40	00:35:56.20	00:37:36.65	+00:20:43 (57.7%)	7:11	8.3 (42.1%)
898	MŁYNAREK Waldemar	256		M50	91	00:01:50	00:36:04.25	00:37:54.85	+00:20:51 (57.8%)	7:12	8.3 (42.1%)
899	RYDELSKA Kinga	91		K50	26	00:02:20	00:36:04.70	00:38:25.00	+00:20:51 (57.8%)	7:12	8.3 (42.1%)
900	OLSZEWSKA Wiktoria	647		K10	13	00:00:27	00:36:06.15	00:36:33.20	+00:20:53 (57.8%)	7:13	8.3 (42.1%)
901	OLSZEWSKA Joanna	645		K20	46	00:00:26	00:36:06.90	00:36:33.20	+00:20:53 (57.9%)	7:13	8.3 (42.1%)
902	GROMOWSKA Grażyna	1169	TKKF KOLEJARZ	K50	27	00:02:47	00:36:09.65	00:38:56.65	+00:20:56 (57.9%)	7:13	8.3 (42.1%)
903	JODKOWSKI Rafał	116		M30	170	00:02:58	00:36:12.10	00:39:10.15	+00:20:59 (58.0%)	7:14	8.3 (42.1%)
904	ŁUKASIEWICZ Maja	955	MAJA	K10	14	00:02:26	00:36:12.25	00:38:38.35	+00:20:59 (58.0%)	7:14	8.3 (42.1%)
905	ŁUKASIEWICZ Krzysztof	403	MAJA	M40	221	00:02:25	00:36:13.70	00:38:39.50	+00:21:00 (58.0%)	7:14	8.3 (42.1%)
906	BACZKOWSKA Maja	1181		K18	3	00:01:26	00:36:14.50	00:37:41.35	+00:21:01 (58.0%)	7:14	8.3 (42.1%)
907	MISUN Mariola	1014	AMS	K60	3	00:00:40	00:36:18.85	00:36:59.25	+00:21:05 (58.1%)	7:15	8.3 (42.1%)
908	JĘDRYCZKA Dorota	1016	NIRAA	K30	112	00:01:15	00:36:28.50	00:37:44.30	+00:21:15 (58.3%)	7:17	8.2 (41.6%)
909	APTOWICZ Damian	539		M20	62	00:01:52	00:36:28.90	00:38:21.15	+00:21:15 (58.3%)	7:17	8.2 (41.6%)
910	CIESZYŃSKA Barbara	209		K20	47	00:01:37	00:36:29.40	00:38:06.90	+00:21:16 (58.3%)	7:17	8.2 (41.6%)
911	WIERZBICKA Ania	182		K40	100	00:00:31	00:36:31.50	00:37:02.95	+00:21:18 (58.3%)	7:18	8.2 (41.6%)
912	MIERZBICZAK Natalia	811		K30	113	00:02:34	00:36:31.55	00:39:05.60	+00:21:18 (58.3%)	7:18	8.2 (41.6%)
913	SURMACZ Agata	204		K40	101	00:01:55	00:36:34.90	00:38:30.50	+00:21:21 (58.4%)	7:18	8.2 (41.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
914	SONTOWSKA Sylwia	973		K40	102	00:01:07	00:36:36.25	00:37:43.75	+00:21:23 (58.4%)	7:19	8.2 (41.6%)
915	PALACZ Dawid	516		M10	33	00:02:21	00:36:41.05	00:39:03.00	+00:21:27 (58.5%)	7:20	8.2 (41.6%)
916	WABIK Natalia	259		K30	114	00:01:57	00:36:44.35	00:38:42.25	+00:21:31 (58.6%)	7:20	8.2 (41.6%)
917	GURYN Wiktor	1040	ZIELONY PELIKAN	M40	222	00:01:27	00:36:45.50	00:38:13.20	+00:21:32 (58.6%)	7:21	8.2 (41.6%)
918	KOZIORZEMSKA Hanna	1188		K50	28	00:00:00	00:36:50.10	00:36:50.10	+00:21:37 (58.7%)	7:22	8.1 (41.1%)
919	REINKE Olivia	810		M10	34	00:00:14	00:36:50.60	00:37:04.85	+00:21:37 (58.7%)	7:22	8.1 (41.1%)
920	REINKE Joanna	814		K40	103	00:00:14	00:36:50.80	00:37:05.50	+00:21:37 (58.7%)	7:22	8.1 (41.1%)
921	KUGLARZ Karolina	357		K40	104	00:02:52	00:36:57.05	00:39:49.10	+00:21:43 (58.8%)	7:23	8.1 (41.1%)
922	BINEK Alicja	178	CORTEZ SPORT	K20	48	00:00:28	00:36:57.75	00:37:26.00	+00:21:44 (58.8%)	7:23	8.1 (41.1%)
923	WILANDT Natalia	664		K30	115	00:01:21	00:36:58.65	00:38:20.25	+00:21:45 (58.8%)	7:23	8.1 (41.1%)
924	TYKWIŃSKA Agnieszka	1143		K40	105	00:01:29	00:36:58.70	00:38:28.25	+00:21:45 (58.8%)	7:23	8.1 (41.1%)
925	WILANDT-SOBKO Marta	302		K30	116	00:01:20	00:36:59.15	00:38:20.05	+00:21:46 (58.9%)	7:23	8.1 (41.1%)
926	BAK Marta	911		K10	15	00:00:43	00:37:02.70	00:37:46.25	+00:21:49 (58.9%)	7:24	8.1 (41.1%)
927	BAK Remigiusz	909		M40	223	00:00:44	00:37:05.00	00:37:49.00	+00:21:51 (59.0%)	7:25	8.1 (41.1%)
928	KWIATKOWSKA Katarzyna	200	MORŚWIRY BYDGOSZCZ	K40	106	00:02:19	00:37:10.20	00:39:29.40	+00:21:57 (59.1%)	7:26	8.1 (41.1%)
929	WOLAN Krzysztof	598		M40	224	00:01:57	00:37:11.25	00:39:09.05	+00:21:58 (59.1%)	7:26	8.1 (41.1%)
930	KĘDZIERSKA Marzena	749		K40	107	00:01:26	00:37:15.00	00:38:41.00	+00:22:01 (59.1%)	7:27	8.1 (41.1%)
931	KARSKI Marcin	571		M40	225	00:02:45	00:37:19.65	00:40:05.05	+00:22:06 (59.2%)	7:27	8 (40.6%)
932	KARSKI Hubert	531		M60	25	00:02:45	00:37:19.70	00:40:05.00	+00:22:06 (59.2%)	7:27	8 (40.6%)
933	KARSKA Alicja	634		K10	16	00:02:45	00:37:21.55	00:40:07.15	+00:22:08 (59.3%)	7:28	8 (40.6%)
934	JANIC Joanna	535		K40	108	00:02:45	00:37:22.75	00:40:08.35	+00:22:09 (59.3%)	7:28	8 (40.6%)
935	POŁA Monika	1046		K40	109	00:02:53	00:37:27.40	00:40:21.00	+00:22:14 (59.4%)	7:29	8 (40.6%)
936	SZYMCZYK Joanna	1139	SOLANKOWI BIEGACZE INOWROCŁAW	K40	110	00:00:37	00:37:28.10	00:38:05.35	+00:22:15 (59.4%)	7:29	8 (40.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
937	MARKOWSKA-BAUMGART Aneta	922	BIEGAJ Z DĘBAMI	K60	4	00:02:57	00:37:28.50	00:40:25.60	+00:22:15 (59.4%)	7:29	8 (40.6%)
938	KASZUBOWSKA Anna	428		K40	111	00:02:50	00:37:28.75	00:40:18.85	+00:22:15 (59.4%)	7:29	8 (40.6%)
939	MUSIAŁA Adam	432		M40	226	00:00:51	00:37:30.15	00:38:21.80	+00:22:17 (59.4%)	7:30	8 (40.6%)
940	LEWANDOWSKA Piotr	554	FREAKY_FIT	M50	92	00:00:55	00:37:36.80	00:38:32.70	+00:22:23 (59.5%)	7:31	8 (40.6%)
941	MIKOŁAJEWSKA Zuzanna	1191		K10	17	00:00:23	00:37:37.55	00:38:01.40	+00:22:24 (59.6%)	7:31	8 (40.6%)
942	PIETRZAK Aleksandra	537		K10	18	00:00:53	00:37:38.70	00:38:32.25	+00:22:25 (59.6%)	7:31	8 (40.6%)
943	MILARSKA Patrycja	791		K30	117	00:02:28	00:37:40.30	00:40:08.85	+00:22:27 (59.6%)	7:32	8 (40.6%)
944	ILCEWICZ Monika	150		K30	118	00:00:44	00:37:55.50	00:38:39.60	+00:22:42 (59.9%)	7:35	7.9 (40.1%)
945	TALAŚKA Waldemar	902		M40	227	00:01:59	00:37:56.55	00:39:55.55	+00:22:43 (59.9%)	7:35	7.9 (40.1%)
946	LEWANDOWSKA Beata	553	FREAKY_FIT	K50	29	00:00:52	00:37:57.20	00:38:49.90	+00:22:44 (59.9%)	7:35	7.9 (40.1%)
947	TALAŚKA Zuzanna	905		K10	19	00:01:59	00:37:59.00	00:39:58.15	+00:22:45 (59.9%)	7:35	7.9 (40.1%)
948	DZIŻA-KONICZYŃSKA Zuzanna	398		K40	112	00:00:47	00:37:59.40	00:38:46.50	+00:22:46 (59.9%)	7:35	7.9 (40.1%)
949	MIELCAREK Ania	446		K40	113	00:01:48	00:38:00.90	00:39:49.10	+00:22:47 (60.0%)	7:36	7.9 (40.1%)
950	SKIBIŃSKA Paulina	517		K30	119	00:00:00	00:38:02.20	00:38:02.20	+00:22:49 (60.0%)	7:36	7.9 (40.1%)
951	ŁAKOMSKA - OPALA Iwona	743		K40	114	00:02:06	00:38:05.10	00:40:11.60	+00:22:52 (60.0%)	7:37	7.9 (40.1%)
952	CZOPIK Anna	305		K40	115	00:00:00	00:38:10.50	00:38:10.50	+00:22:57 (60.1%)	7:38	7.9 (40.1%)
953	ZALEWSKI Franek	959		M10	35	00:02:49	00:38:11.95	00:41:01.90	+00:22:58 (60.2%)	7:38	7.9 (40.1%)
954	TOMCZAK Wojciech	67		M10	36	00:03:03	00:38:12.55	00:41:16.05	+00:22:59 (60.2%)	7:38	7.9 (40.1%)
955	BIAŁEK Anna	916	BIEGAJ Z DĘBAMI	K40	116	00:01:49	00:38:13.75	00:40:03.30	+00:23:00 (60.2%)	7:38	7.8 (39.6%)
956	BIAŁAS-SKRZYPCZAK Oliwia	1031		K30	120	00:01:29	00:38:14.00	00:39:43.20	+00:23:00 (60.2%)	7:38	7.8 (39.6%)
957	CZYŻEWSKI Piotr	604		M40	228	00:00:58	00:38:14.05	00:39:12.65	+00:23:00 (60.2%)	7:38	7.8 (39.6%)
958	MAĆKOWSKA Magdalena	477		K30	121	00:02:55	00:38:15.15	00:41:10.50	+00:23:02 (60.2%)	7:39	7.8 (39.6%)
959	ZALEWSKI Łukasz	957		M40	229	00:02:50	00:38:19.60	00:41:10.20	+00:23:06 (60.3%)	7:39	7.8 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
960	BIELUSZEWSKA Mirela	566		K30	122	00:00:00	00:38:21.10	00:38:21.10	+00:23:08 (60.3%)	7:40	7.8 (39.6%)
961	TOMCZAK Krzysztof	66		M30	171	00:03:03	00:38:22.45	00:41:25.95	+00:23:09 (60.3%)	7:40	7.8 (39.6%)
962	TOMCZAK Marzena	207		K30	123	00:03:02	00:38:23.40	00:41:25.70	+00:23:10 (60.4%)	7:40	7.8 (39.6%)
963	TOMCZAK Zofia	69		K10	20	00:03:02	00:38:23.55	00:41:26.15	+00:23:10 (60.4%)	7:40	7.8 (39.6%)
964	ZIELIŃSKI Andrzej	246		M40	230	00:02:15	00:38:30.55	00:40:45.70	+00:23:17 (60.5%)	7:42	7.8 (39.6%)
965	KOLCZYŃSKI Dawid	1044		M20	63	00:03:11	00:38:30.70	00:41:41.75	+00:23:17 (60.5%)	7:42	7.8 (39.6%)
966	GRALAK Jerzy	1076	GEORGE	M60	26	00:00:50	00:38:33.55	00:39:24.45	+00:23:20 (60.5%)	7:42	7.8 (39.6%)
967	OSAŁKOWSKA Anna	625		K30	124	00:01:24	00:38:36.60	00:40:01.20	+00:23:23 (60.6%)	7:43	7.8 (39.6%)
968	PESTKA Anna	533		K40	117	00:00:00	00:38:36.75	00:38:36.75	+00:23:23 (60.6%)	7:43	7.8 (39.6%)
969	MALISZEWSKI Mateusz	1118		M20	64	00:02:38	00:38:40.30	00:41:18.30	+00:23:27 (60.6%)	7:44	7.8 (39.6%)
970	FRANCKE Joanna	1115		K20	49	00:02:37	00:38:40.50	00:41:18.00	+00:23:27 (60.7%)	7:44	7.8 (39.6%)
971	PIĘKNA Monika	548		K40	118	00:02:21	00:38:46.95	00:41:08.35	+00:23:33 (60.8%)	7:45	7.7 (39.1%)
972	PALACZ Wioletta	515	POLONIA BYDGOSZCZ SLA	K40	119	00:02:21	00:38:49.60	00:41:11.55	+00:23:36 (60.8%)	7:45	7.7 (39.1%)
973	CZEKAJEWSKA Alicja	1070		K30	125	00:01:16	00:38:51.40	00:40:08.30	+00:23:38 (60.8%)	7:46	7.7 (39.1%)
974	PILECKI Gustaw	1148		M60	27	00:01:06	00:38:52.70	00:39:58.80	+00:23:39 (60.9%)	7:46	7.7 (39.1%)
975	BYCZKOWSKI Zenon	597	INDYWIDUALNIE	M50	93	00:03:00	00:39:04.60	00:42:04.85	+00:23:51 (61.1%)	7:48	7.7 (39.1%)
976	KUJDA Dorota	1198		K40	120	00:01:46	00:39:07.10	00:40:53.50	+00:23:54 (61.1%)	7:49	7.7 (39.1%)
977	KUJDA Remigiusz	1200		M10	37	00:01:46	00:39:07.55	00:40:53.60	+00:23:54 (61.1%)	7:49	7.7 (39.1%)
978	DWORCZAK Rafał	1106		M40	231	00:01:11	00:39:09.25	00:40:20.45	+00:23:56 (61.1%)	7:49	7.7 (39.1%)
979	GAPIŃSKI Jerzy	1024		M60	28	00:01:57	00:39:15.10	00:41:12.20	+00:24:02 (61.2%)	7:51	7.6 (38.6%)
980	WIĘCZKOWSKA Daria	203		K20	50	00:10:38	00:39:23.60	00:50:02.20	+00:24:10 (61.4%)	7:52	7.6 (38.6%)
981	KLINIKOWSKI Jacek	483	KOCHAM ŻYCIE I...	M50	94	00:00:58	00:39:26.75	00:40:24.85	+00:24:13 (61.4%)	7:53	7.6 (38.6%)
982	KLINIKOWSKA Bogusia	479		K40	121	00:00:57	00:39:26.85	00:40:24.75	+00:24:13 (61.4%)	7:53	7.6 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
983	PIONTEK Elżbieta	202		K60	5	00:01:22	00:39:30.20	00:40:52.40	+00:24:17 (61.5%)	7:54	7.6 (38.6%)
984	TKACZUK Jolanta	1051	TG SOKÓŁ GNIEWKOWO	K50	30	00:01:21	00:39:30.75	00:40:52.40	+00:24:17 (61.5%)	7:54	7.6 (38.6%)
985	WÓJCIK Anna	42		K40	122	00:01:12	00:39:31.50	00:40:43.80	+00:24:18 (61.5%)	7:54	7.6 (38.6%)
986	KUBERSKA Roma	232		K40	123	00:01:27	00:39:38.70	00:41:05.85	+00:24:25 (61.6%)	7:55	7.6 (38.6%)
987	CHOJNOWSKI Jordan	284		M40	232	00:01:49	00:39:41.85	00:41:31.40	+00:24:28 (61.7%)	7:56	7.6 (38.6%)
988	KOZIEŁ Bartłomiej	948		M10	38	00:01:46	00:39:47.40	00:41:34.30	+00:24:34 (61.8%)	7:57	7.5 (38.1%)
989	KOZIEŁ Tomasz	947		M30	172	00:01:46	00:39:47.45	00:41:34.05	+00:24:34 (61.8%)	7:57	7.5 (38.1%)
990	ALEXANDER Marek	440		M50	95	00:02:23	00:39:47.50	00:42:10.50	+00:24:34 (61.8%)	7:57	7.5 (38.1%)
991	KOSNOWICZ Alicja	267		K10	21	00:02:12	00:39:50.25	00:42:02.50	+00:24:37 (61.8%)	7:58	7.5 (38.1%)
992	KOSNOWICZ Krzysztof	266		M40	233	00:02:12	00:39:51.05	00:42:03.15	+00:24:37 (61.8%)	7:58	7.5 (38.1%)
993	RAMZA Kamila	733		K40	124	00:02:04	00:39:56.55	00:42:01.45	+00:24:43 (61.9%)	7:59	7.5 (38.1%)
994	ANTCZAK Natalia	225		K30	126	00:02:49	00:39:58.30	00:42:48.00	+00:24:45 (61.9%)	7:59	7.5 (38.1%)
995	GOŁĘBIEWSKI Paweł	224		M40	234	00:02:49	00:40:02.40	00:42:52.25	+00:24:49 (62.0%)	8:00	7.5 (38.1%)
996	WĘGIERSKA Iwona	825		K50	31	00:02:43	00:40:09.10	00:42:52.75	+00:24:56 (62.1%)	8:01	7.5 (38.1%)
997	BREJER Rafał	802		M40	235	00:02:43	00:40:09.15	00:42:52.40	+00:24:56 (62.1%)	8:01	7.5 (38.1%)
998	POSTÓJSKI Juliusz	1089		M10	39	00:02:53	00:40:09.25	00:43:03.15	+00:24:56 (62.1%)	8:01	7.5 (38.1%)
999	KACZMAREK Marta	3		K30	127	00:00:00	00:40:13.00	00:40:13.00	+00:24:59 (62.2%)	8:02	7.5 (38.1%)
1000	MAŁYSZ Natalia	1120		K30	128	00:02:45	00:40:13.45	00:42:59.05	+00:25:00 (62.2%)	8:02	7.5 (38.1%)
1001	MALCZEWSKA Mirka	475	FORDONRUNNERS	K60	6	00:01:14	00:40:14.40	00:41:29.05	+00:25:01 (62.2%)	8:02	7.5 (38.1%)
1002	PALIGA Arkadiusz	834		M40	236	00:03:05	00:40:29.50	00:43:34.80	+00:25:16 (62.4%)	8:05	7.4 (37.6%)
1002	PALIGA Maria	835		K10	22	00:03:05	00:40:29.50	00:43:34.90	+00:25:16 (62.4%)	8:05	7.4 (37.6%)
1004	GORGOL Renia	341	LP500	K40	125	00:00:58	00:40:30.55	00:41:28.65	+00:25:17 (62.4%)	8:06	7.4 (37.6%)
1005	SZMELTER Michał	382		M50	96	00:00:00	00:40:45.50	00:40:45.50	+00:25:32 (62.7%)	8:09	7.4 (37.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1006	MŁYNAREK Daria	253		K50	32	00:01:50	00:40:49.75	00:42:40.45	+00:25:36 (62.7%)	8:09	7.3 (37.1%)
1007	ZŁOTOWSKA Weronika	14		K20	51	00:02:47	00:41:10.50	00:43:57.65	+00:25:57 (63.0%)	8:14	7.3 (37.1%)
1008	HASS Paweł	770		M10	40	00:00:00	00:41:11.35	00:41:11.35	+00:25:58 (63.1%)	8:14	7.3 (37.1%)
1009	DUDZIŃSKI Adrian	306		M20	65	00:02:47	00:41:11.80	00:43:59.40	+00:25:58 (63.1%)	8:14	7.3 (37.1%)
1010	KRYMER Agnieszka	630	KÓZKI DZIKUSKI	K50	33	00:02:09	00:41:14.25	00:43:23.55	+00:26:01 (63.1%)	8:14	7.3 (37.1%)
1011	JUSZCZAK Barbara	883		K40	126	00:02:08	00:41:14.60	00:43:23.40	+00:26:01 (63.1%)	8:14	7.3 (37.1%)
1012	GRYNIS Anna	632		K40	127	00:02:08	00:41:14.80	00:43:23.30	+00:26:01 (63.1%)	8:14	7.3 (37.1%)
1013	RASZTUBOWICZ Agnieszka	631		K40	128	00:02:09	00:41:14.85	00:43:24.15	+00:26:01 (63.1%)	8:14	7.3 (37.1%)
1014	HEBISZ Artur	854		M40	237	00:02:09	00:41:15.05	00:43:24.05	+00:26:01 (63.1%)	8:15	7.3 (37.1%)
1015	TEWS Marzena	646		K40	129	00:03:05	00:41:17.90	00:44:23.65	+00:26:04 (63.2%)	8:15	7.3 (37.1%)
1016	KABACIŃSKA-KOSTKOWSKA Barbara	703		K50	34	00:02:36	00:41:22.60	00:43:58.95	+00:26:09 (63.2%)	8:16	7.3 (37.1%)
1017	ŁADNIAK Bernadeta	322	RUNMORS	K40	130	00:02:00	00:41:31.05	00:43:31.25	+00:26:17 (63.3%)	8:18	7.2 (36.5%)
1018	KUCZYŃSKA Agnieszka	92		K40	131	00:01:59	00:41:31.25	00:43:31.00	+00:26:18 (63.3%)	8:18	7.2 (36.5%)
1019	WÓJCIK Marika	1082		K30	129	00:01:47	00:41:31.45	00:43:19.20	+00:26:18 (63.4%)	8:18	7.2 (36.5%)
1020	KLEWICZ Jolanta	444		K60	7	00:00:33	00:41:34.95	00:42:08.30	+00:26:21 (63.4%)	8:18	7.2 (36.5%)
1021	JAGODZIŃSKI Karol	128		M50	97	00:02:38	00:41:37.65	00:44:15.70	+00:26:24 (63.4%)	8:19	7.2 (36.5%)
1022	SIERADZKA Małgorzata	201		K50	35	00:00:00	00:41:45.10	00:41:45.10	+00:26:32 (63.6%)	8:21	7.2 (36.5%)
1023	PIERZGALSKA Anita	239	ZAMULONE OSTRYGI	K40	132	00:01:35	00:41:47.00	00:43:22.40	+00:26:33 (63.6%)	8:21	7.2 (36.5%)
1024	SIONEK Katarzyna	786		K30	130	00:03:00	00:41:49.45	00:44:50.05	+00:26:36 (63.6%)	8:21	7.2 (36.5%)
1025	RUTKOWSKA Mariola	765		K30	131	00:03:00	00:41:49.75	00:44:50.65	+00:26:36 (63.6%)	8:21	7.2 (36.5%)
1026	NOWAKOWSKA-SZWAJCA Anna	53		K50	36	00:02:06	00:41:51.05	00:43:57.40	+00:26:37 (63.6%)	8:22	7.2 (36.5%)
1027	DUDZIAK Michał	8		M30	173	00:02:23	00:41:57.80	00:44:21.00	+00:26:44 (63.7%)	8:23	7.2 (36.5%)
1028	MARSZAŁKIEWICZ Natalia	172	CORTEZ SPORT	K20	52	00:00:27	00:42:05.65	00:42:33.00	+00:26:52 (63.8%)	8:25	7.1 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1029	KLIMEK Anna	166	CORTEZ SPORT	K40	133	00:00:27	00:42:09.90	00:42:37.10	+00:26:56 (63.9%)	8:25	7.1 (36.0%)
1030	WÓJCIK Mikołaj	44		M10	41	00:01:13	00:42:11.90	00:43:25.00	+00:26:58 (63.9%)	8:26	7.1 (36.0%)
1031	JOCHIM Anna	992		K30	132	00:02:49	00:42:12.00	00:45:01.35	+00:26:58 (63.9%)	8:26	7.1 (36.0%)
1032	IWANIUK Anita	223	PĘDZĄCE CHOMIKI	K40	134	00:01:33	00:42:20.30	00:43:54.25	+00:27:07 (64.1%)	8:28	7.1 (36.0%)
1033	KACZMAREK Dominika	5		K30	133	00:02:58	00:42:20.55	00:45:19.30	+00:27:07 (64.1%)	8:28	7.1 (36.0%)
1034	ZDZIEBŁOWSKA Joanna	876		K40	135	00:01:06	00:42:25.00	00:43:31.85	+00:27:11 (64.1%)	8:29	7.1 (36.0%)
1035	DEMBSKA Anita	79	TEAM PATROL	K40	136	00:00:29	00:42:39.25	00:43:08.35	+00:27:26 (64.3%)	8:31	7 (35.5%)
1036	GACKOWSKI Edward	987		M60	29	00:01:10	00:43:06.20	00:44:16.30	+00:27:53 (64.7%)	8:37	7 (35.5%)
1037	BŁAŻEJEWSKA Anna	193		K10	23	00:01:02	00:43:20.70	00:44:22.85	+00:28:07 (64.9%)	8:40	6.9 (35.0%)
1038	PRZYGOCKI Szymon	197		M10	42	00:01:37	00:43:27.80	00:45:05.25	+00:28:14 (65.0%)	8:41	6.9 (35.0%)
1039	PRZYGOCKA Katarzyna	196		K30	134	00:01:37	00:43:28.05	00:45:05.05	+00:28:14 (65.0%)	8:41	6.9 (35.0%)
1040	ŻEBROWSKA Martyna	653	SANDO	K40	137	00:01:58	00:43:33.55	00:45:31.80	+00:28:20 (65.1%)	8:42	6.9 (35.0%)
1041	ŚCIUK Wiktoria Anastazja	590	SP PRZYŁĘKI, ZHP BIAŁE CZAPLE	K10	24	00:02:09	00:45:01.85	00:47:11.45	+00:29:48 (66.2%)	9:00	6.7 (34.0%)
1042	ŚCIUK Julia	588	S.P PRZYŁĘKI,ZHP BIAŁE CZAPLE	K10	25	00:02:09	00:45:02.60	00:47:12.50	+00:29:49 (66.2%)	9:00	6.7 (34.0%)
1043	BURCHARD Natalia	290	RODZINKA B	K10	26	00:02:02	00:45:08.40	00:47:10.75	+00:29:55 (66.3%)	9:01	6.6 (33.5%)
1044	BURCHARD Weronika	291	RODZINKA B	K40	138	00:02:01	00:45:10.75	00:47:12.55	+00:29:57 (66.3%)	9:02	6.6 (33.5%)
1045	BURCHARD Remigiusz	289	RODZINKA B	M40	238	00:02:02	00:45:13.35	00:47:15.55	+00:30:00 (66.3%)	9:02	6.6 (33.5%)
1046	BŁAŻEJEWSKA Joanna	35		K40	139	00:01:01	00:45:15.80	00:46:17.60	+00:30:02 (66.4%)	9:03	6.6 (33.5%)
1047	TWAROWSKA-ANTCZAK Emilia	621	OLIMPIJSKIE ANTKI	K40	140	00:02:29	00:45:33.05	00:48:02.70	+00:30:19 (66.6%)	9:06	6.6 (33.5%)
1048	ANTCZAK Olimpia	622	OLIMPIJSKIE ANTKI	K10	27	00:02:29	00:45:33.90	00:48:03.10	+00:30:20 (66.6%)	9:06	6.6 (33.5%)
1049	ANTCZAK Krzysztof	620	OLIMPIJSKIE ANTKI	M40	239	00:02:29	00:45:34.15	00:48:03.20	+00:30:21 (66.6%)	9:06	6.6 (33.5%)
1050	KUSZYŃSKA Lena	1029	TRIDROPSY	K10	28	00:02:54	00:45:58.70	00:48:53.25	+00:30:45 (66.9%)	9:11	6.5 (33.0%)
1051	MATUSZEWSKA Agnieszka	950		K40	141	00:02:39	00:46:08.70	00:48:48.15	+00:30:55 (67.0%)	9:13	6.5 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1052	PIĄTEK Monika	189		K30	135	00:02:07	00:46:16.75	00:48:24.60	+00:31:03 (67.1%)	9:15	6.5 (33.0%)
1053	BARTNIK Agnieszka	839		K30	136	00:02:07	00:46:17.50	00:48:24.80	+00:31:04 (67.1%)	9:15	6.5 (33.0%)
1054	PIĄTEK Iwona	711		K10	29	00:02:07	00:46:17.70	00:48:25.05	+00:31:04 (67.1%)	9:15	6.5 (33.0%)
1055	POSTÓJSKA Alicja	1090		K10	30	00:02:56	00:47:16.80	00:50:13.25	+00:32:03 (67.8%)	9:27	6.3 (32.0%)
1056	KUSZYŃSKI Robert	1028	TRIDROPSY	M40	240	00:02:54	00:47:19.75	00:50:14.10	+00:32:06 (67.8%)	9:27	6.3 (32.0%)
1057	BOROWIECKI Maciej	637		M50	98	00:00:34	00:47:34.75	00:48:09.55	+00:32:21 (68.0%)	9:30	6.3 (32.0%)
1058	GOLA Grzegorz	1160	GRZEGORZ GOLA	M50	99	00:03:10	00:47:45.95	00:50:56.50	+00:32:32 (68.1%)	9:33	6.3 (32.0%)
1059	GÓRNY Łukasz	487		M30	174	00:02:33	00:47:56.45	00:50:30.20	+00:32:43 (68.3%)	9:35	6.3 (32.0%)
1060	SOKOŁOWSKA Joanna	635		K40	142	00:01:59	00:47:56.55	00:49:56.50	+00:32:43 (68.3%)	9:35	6.3 (32.0%)
1061	SCHEFFLER-BOROWIECKA Danuta	638		K50	37	00:00:36				3:17	18.2 (92.4%)
1062	ZABOROWSKI Krzysztof	683		M30	175	00:00:10				4:32	13.2 (67.0%)
1063	TOBOLSKA Kinga	1161		K30	137	00:00:23					(0.0%)
1064	SIERSZULSKA Anna	48		K30	138	00:00:46					(0.0%)
1065	WILCZYŃSKI Łukasz	23		M30	176	00:00:48					(0.0%)
1066	CICHOWICZ Agnieszka	935		K30	139	00:01:32					(0.0%)
1067	ŚWIETLIK Piotr	841		M50	100	00:01:44					(0.0%)
1068	MALINOWSKI Przemysław	592		M50	101	00:01:53					(0.0%)
1069	SZEIDL Olga	26		K20	53	00:02:40					(0.0%)
1070	POSTÓJSKA Marta	1087		K30	140	00:02:56					(0.0%)

Znaleziono 1070 wynik(ów)