



BYDGOSKI BIEG URODZINOWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Miasto Bydgoszcz
Data: 2017-04-23
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	FELCZAK Jakub	1308		M20	1	00:00:01	00:16:01.10	00:16:02.65		3:12	18.7 (100%)
2	BEDNAREK Adrian	1233	KUCHNIAISPORT.PL	M20	2	00:00:01	00:16:14.60	00:16:16.05	+00:00:13 (1.4%)	3:15	18.5 (98.9%)
3	WILKOSZ Tomasz	1428		M10	1	00:00:01	00:16:48.05	00:16:49.65	+00:00:46 (4.7%)	3:21	17.9 (95.7%)
4	TULEJA Jakub	1427		M10	2	00:00:01	00:17:10.80	00:17:12.35	+00:01:09 (6.8%)	3:26	17.5 (93.6%)
5	MRUK Tomasz	34	CZARNE STOPY.SM	M40	1	00:00:04	00:17:11.95	00:17:16.90	+00:01:10 (6.9%)	3:26	17.4 (93.0%)
6	SZENK Marta	846		K30	1	00:00:02	00:18:10.95	00:18:13.50	+00:02:09 (11.9%)	3:38	16.5 (88.2%)
7	WOJDAT Marta	382	FIT MAX GYM	K20	1	00:00:20	00:20:30.35	00:20:50.45	+00:04:29 (21.9%)	4:06	14.6 (78.1%)
8	WNĘK Natalia	1200		K20	2	00:00:14	00:21:05.25	00:21:19.35	+00:05:04 (24.0%)	4:13	14.2 (75.9%)
9	WOŹNIAK Anna	122	RUN PASJA	K30	3	00:00:05	00:21:28.20	00:21:34.10	+00:05:27 (25.4%)	4:17	14 (74.9%)
10	SOBCZAK Monika	1219		K30	2	00:00:26	00:21:14.20	00:21:40.80	+00:05:13 (24.6%)	4:14	14.1 (75.4%)
11	ŻAL Robert	1008	JFTC	M30	1	00:00:03	00:17:22.40	00:17:26.05	+00:01:21 (7.8%)	3:28	17.3 (92.5%)
12	DEROŃ Waldemar	337	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	2	00:00:03	00:17:37.40	00:17:40.90	+00:01:36 (9.1%)	3:31	17 (90.9%)
13	KLÓSKA Fabian	686	SPÓJNIA BIAŁE BŁOTA	M20	3	00:00:03	00:17:50.50	00:17:53.60	+00:01:49 (10.2%)	3:34	16.8 (89.8%)
14	KOWALSKI Bartek	1433		M10	3	00:00:01	00:17:57.25	00:17:59.15	+00:01:56 (10.8%)	3:35	16.7 (89.3%)
15	WAWRZY尼亚K Dominik	852	DART TAVERNA NAKŁO	M20	4	00:00:05	00:18:04.25	00:18:09.95	+00:02:03 (11.4%)	3:36	16.6 (88.8%)
16	BEDRA Robert	39		M30	3	00:00:02	00:18:10.35	00:18:12.95	+00:02:09 (11.9%)	3:38	16.5 (88.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	KARASZEWSKI Norbert	373	56 BAZA LOTNICZA	M30	4	00:00:05	00:18:17.05	00:18:22.90	+00:02:15 (12.4%)	3:39	16.4 (87.7%)
18	BONKOWSKI Piotr	180		M20	5	00:00:01	00:18:18.95	00:18:20.70	+00:02:17 (12.5%)	3:39	16.4 (87.7%)
19	MUĆKO Bartosz	330		M10	4	00:00:01	00:18:24.80	00:18:26.05	+00:02:23 (13.0%)	3:41	16.3 (87.2%)
20	MACKOWSKI Maciej	131	MYSLECINEK BDG	M30	5	00:00:01	00:18:25.00	00:18:26.30	+00:02:23 (13.0%)	3:41	16.3 (87.2%)
21	KWIATKOWSKI Damian	98	RUN BYDGOSZCZ	M20	6	00:00:04	00:18:26.90	00:18:31.60	+00:02:25 (13.2%)	3:41	16.3 (87.2%)
22	KURDELSKI Kamil	320		M20	7	00:00:02	00:18:27.90	00:18:30.10	+00:02:26 (13.3%)	3:41	16.2 (86.6%)
23	SZCZEPANIAK Cezary	1254		M40	2	00:00:02	00:18:37.10	00:18:39.15	+00:02:36 (14.0%)	3:43	16.1 (86.1%)
24	BATOR Michał	1382	STRAŻ MIEJSKA TORUŃ	M20	8	00:00:02	00:18:37.45	00:18:39.50	+00:02:36 (14.0%)	3:43	16.1 (86.1%)
25	ŚLEFARSKI Jacek	1025	TRIFRIENDS	M30	6	00:00:04	00:18:38.20	00:18:42.40	+00:02:37 (14.0%)	3:43	16.1 (86.1%)
26	FLOREK Paweł	16	RE MEDIA BYDGOSZCZ	M30	7	00:00:02	00:18:39.65	00:18:41.65	+00:02:38 (14.2%)	3:43	16.1 (86.1%)
27	JANCARZEWSKI Marcin	1430		M10	5	00:00:03	00:18:41.30	00:18:44.35	+00:02:40 (14.3%)	3:44	16.1 (86.1%)
28	KOZŁOWSKI Rafał	160		M40	3	00:00:02	00:18:43.35	00:18:45.80	+00:02:42 (14.4%)	3:44	16 (85.6%)
29	PRZYBYLSKI Bartek	830	RUN BYDGOSZCZ	M30	8	00:00:30	00:18:45.25	00:19:16.10	+00:02:44 (14.6%)	3:45	16 (85.6%)
30	CHOLEWIŃSKI Dariusz	671	HURAGAN MIEDZYŃ	M40	4	00:00:03	00:18:49.20	00:18:52.25	+00:02:48 (14.9%)	3:45	15.9 (85.0%)
31	GRALIK Jędrzej	543	BYDGOSKIE OKONIE	M20	9	00:00:04	00:18:52.80	00:18:57.50	+00:02:51 (15.2%)	3:46	15.9 (85.0%)
32	RYDLEWSKI Marek	147	RUN BYDGOSZCZ	M40	5	00:00:05	00:18:53.20	00:18:58.65	+00:02:52 (15.2%)	3:46	15.9 (85.0%)
33	KUROWSKI Kamil	287	ROWEROWA BRZOZA	M30	9	00:00:06	00:19:07.15	00:19:13.70	+00:03:06 (16.2%)	3:49	15.7 (84.0%)
34	OSTROWSKI Kacper	1268	JEDNEGO SERCA	M20	10	00:00:02	00:19:11.90	00:19:14.15	+00:03:10 (16.6%)	3:50	15.6 (83.4%)
35	SIWKOWSKI Roman	438	BIEGAM , BIEGAM, BIEGAM	M50	1	00:00:03	00:19:13.85	00:19:17.35	+00:03:12 (16.7%)	3:50	15.6 (83.4%)
36	MICHALCZAK Bartosz	1027	ŚLIMAKI BARCIN	M20	11	00:00:01	00:19:17.05	00:19:18.90	+00:03:15 (16.9%)	3:51	15.6 (83.4%)
37	RADECKI Przemysław	458		M40	6	00:00:12	00:19:21.90	00:19:34.40	+00:03:20 (17.3%)	3:52	15.5 (82.9%)
38	BEJGIER Edmund	1211	DĘBY OSIELSKO	M40	7	00:00:15	00:19:26.05	00:19:41.30	+00:03:24 (17.6%)	3:53	15.4 (82.4%)
39	WENDA Dawid	46	SZKOŁA JAZDY TOMAS	M20	12	00:00:03	00:19:27.15	00:19:30.80	+00:03:26 (17.7%)	3:53	15.4 (82.4%)

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40	SZOPINSKI Rafał	665		M30	10	00:00:09	00:19:29.95	00:19:39.85	+00:03:28 (17.9%)	3:54	15.4 (82.4%)
41	BRODOWSKI Daniel	1241		M18	1	00:00:07	00:19:33.40	00:19:41.10	+00:03:32 (18.1%)	3:54	15.3 (81.8%)
42	PORAJ Maciej	1077		M20	13	00:00:07	00:19:38.20	00:19:45.65	+00:03:37 (18.4%)	3:55	15.3 (81.8%)
43	PILEWSKI Mikołaj	226	BYDGOSZCZ TRIATHLON TEAM	M20	14	00:00:21	00:19:38.55	00:19:59.95	+00:03:37 (18.5%)	3:55	15.3 (81.8%)
44	BANACH Tomasz	1347		M30	11	00:00:12	00:19:42.55	00:19:55.00	+00:03:41 (18.7%)	3:56	15.2 (81.3%)
45	JENCZEWSKI Szymon	760		M20	15	00:00:02	00:19:45.40	00:19:47.90	+00:03:44 (18.9%)	3:57	15.2 (81.3%)
46	MIĘTKIEWICZ Rafał	1191	SPÓJNIA BIAŁE BŁOTA	M20	16	00:00:08	00:19:45.70	00:19:54.40	+00:03:44 (18.9%)	3:57	15.2 (81.3%)
47	OLSZYŃSKI Sebastian	118	SPARTANIE DZIECIOM	M40	8	00:00:15	00:19:46.40	00:20:02.10	+00:03:45 (19.0%)	3:57	15.2 (81.3%)
48	ROMANOWSKI Michał	369		M30	12	00:00:08	00:19:48.00	00:19:56.55	+00:03:46 (19.1%)	3:57	15.2 (81.3%)
49	FELKNER Kamil	1302		M10	6	00:00:02	00:19:48.80	00:19:51.55	+00:03:47 (19.2%)	3:57	15.1 (80.7%)
50	MUCHA Marcin	150	BATRUNNERS	M30	13	00:00:09	00:19:48.95	00:19:57.95	+00:03:47 (19.2%)	3:57	15.2 (81.3%)
51	GORCZYCA Maciej	658		M20	17	00:00:08	00:19:50.90	00:19:59.10	+00:03:49 (19.3%)	3:58	15.1 (80.7%)
52	KLUSKA Adam	1104	IWSP SZ BYDGOSZCZ	M30	14	00:00:02	00:19:51.75	00:19:54.50	+00:03:50 (19.4%)	3:58	15.1 (80.7%)
53	KOZIŃSKI Marek	736	RUN BYDGOSZCZ	M30	15	00:00:15	00:19:53.20	00:20:08.20	+00:03:52 (19.5%)	3:58	15.1 (80.7%)
54	BOROS Patryk	930		M20	18	00:02:08	00:19:54.50	00:22:03.45	+00:03:53 (19.5%)	3:59	15.1 (80.7%)
55	BZDZION Marcin	1371		M20	19	00:00:06	00:19:58.20	00:20:04.45	+00:03:57 (19.8%)	3:59	15 (80.2%)
56	KRYSPIN Arkadiusz	1173		M20	20	00:00:07	00:19:59.00	00:20:06.70	+00:03:57 (19.8%)	3:59	15 (80.2%)
57	WIERZYŃSKI Damian	1234	TCMS PESA BYDGOSZCZ	M20	21	00:00:10	00:19:59.70	00:20:10.10	+00:03:58 (19.9%)	4:00	15 (80.2%)
58	WENDA Mateusz	298	SZKOŁA JAZDY TOMAS	M20	22	00:00:07	00:20:00.90	00:20:08.00	+00:03:59 (20.0%)	4:00	15 (80.2%)
59	SPRYSZYŃSKI Wojciech	1273		M30	16	00:02:02	00:20:03.15	00:22:05.20	+00:04:02 (20.1%)	4:00	15 (80.2%)
60	JANKOWIAK Łukasz	730		M20	23	00:00:06	00:20:04.15	00:20:11.05	+00:04:03 (20.2%)	4:01	14.9 (79.7%)
61	KŁOSOWSKI Marcin	20	WWW.JABEX.COM.PL	M40	9	00:00:01	00:20:04.35	00:20:05.70	+00:04:03 (20.2%)	4:00	15 (80.2%)
62	WARSZAWSKI Przemysław	845		M20	24	00:00:11	00:20:05.30	00:20:16.90	+00:04:04 (20.3%)	4:01	14.9 (79.7%)

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63	SKUBISZEWSKI Damian	765	ARMIA CHRYSYUSA	M20	25	00:00:08	00:20:05.85	00:20:14.30	+00:04:04 (20.3%)	4:01	14.9 (79.7%)
64	DADZIBÓG Mariusz	1185	EVERYDAYRUNNING TEAM	M20	26	00:01:49	00:20:06.70	00:21:56.30	+00:04:05 (20.4%)	4:01	14.9 (79.7%)
65	BORCZYKOWSKI Rafał	318		M30	17	00:00:03	00:20:07.70	00:20:11.35	+00:04:06 (20.4%)	4:01	14.9 (79.7%)
66	DĘBSKI Adrian	409		M30	18	00:00:15	00:20:08.40	00:20:23.90	+00:04:07 (20.5%)	4:01	14.9 (79.7%)
67	MARTIN Paweł	606		M30	19	00:00:29	00:20:14.90	00:20:44.20	+00:04:13 (20.9%)	4:03	14.8 (79.1%)
68	KAMIŃSKI Jakub	1057		M20	27	00:00:04	00:20:17.55	00:20:22.05	+00:04:16 (21.1%)	4:03	14.8 (79.1%)
69	KUJAWA Kamil	96	ZESPÓŁ SZKÓŁ BUDOWLANYCH W BYDGOSZCZY	M30	20	00:00:13	00:20:17.90	00:20:31.55	+00:04:16 (21.1%)	4:03	14.8 (79.1%)
70	ZBORAŁA Mateusz	76		M20	28	00:00:06	00:20:18.55	00:20:25.40	+00:04:17 (21.1%)	4:03	14.8 (79.1%)
71	GWITT Bartosz	1420		M30	21	00:00:35	00:20:21.90	00:20:57.10	+00:04:20 (21.3%)	4:04	14.7 (78.6%)
72	SKUZA Sebastian	231		M20	29	00:00:26	00:20:23.95	00:20:50.30	+00:04:22 (21.5%)	4:04	14.7 (78.6%)
73	WALDA Łukasz	631		M30	22	00:00:17	00:20:24.65	00:20:41.85	+00:04:23 (21.5%)	4:04	14.7 (78.6%)
74	ŁYSZCZARZ Błażej	871		M30	23	00:00:13	00:20:26.20	00:20:40.15	+00:04:25 (21.6%)	4:05	14.7 (78.6%)
75	SAPA Kacper	1214	BYDGOSKIE ŻÓŁWIE	M20	30	00:00:27	00:20:27.60	00:20:55.45	+00:04:26 (21.7%)	4:05	14.7 (78.6%)
76	LOOSE Michał	73	LOS KUMPLOS	M20	31	00:00:06	00:20:28.95	00:20:35.50	+00:04:27 (21.8%)	4:05	14.6 (78.1%)
77	GURDAK Leszek	364		M40	10	00:00:05	00:20:30.35	00:20:36.20	+00:04:29 (21.9%)	4:06	14.6 (78.1%)
78	TRZCIŃSKI Franciszek	297	SPORT I REKREACJA START	M50	2	00:00:04	00:20:30.50	00:20:34.90	+00:04:29 (21.9%)	4:06	14.6 (78.1%)
79	ZIĘTAK Krzysztof	580		M50	3	00:00:10	00:20:31.25	00:20:41.25	+00:04:30 (21.9%)	4:06	14.6 (78.1%)
80	ANDRZEJEWSKI Paweł	1039		M30	24	00:00:09	00:20:34.45	00:20:44.05	+00:04:33 (22.1%)	4:07	14.6 (78.1%)
80	KRUPA Piotr	751		M30	25	00:00:19	00:20:34.45	00:20:53.65	+00:04:33 (22.1%)	4:06	14.6 (78.1%)
82	PAWLAK Jakub	446	JFTC SU	M30	26	00:00:28	00:20:35.00	00:21:03.30	+00:04:33 (22.2%)	4:07	14.6 (78.1%)
83	JUCHACZ Michał	336	DZIKI /TRI TEAM INO	M30	27	00:00:06	00:20:35.25	00:20:41.85	+00:04:34 (22.2%)	4:07	14.6 (78.1%)
84	ZBORAŁA Dawid	58		M20	32	00:00:05	00:20:35.60	00:20:41.50	+00:04:34 (22.2%)	4:07	14.6 (78.1%)
85	DĄBROWSKI Jarosław	211	CB163	M20	33	00:00:25	00:20:36.45	00:21:01.45	+00:04:35 (22.3%)	4:07	14.6 (78.1%)

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86	KOWALSKI Jacek	338		M40	11	00:00:11	00:20:38.00	00:20:49.90	+00:04:36 (22.4%)	4:07	14.5 (77.5%)
87	DZIEKAN Wojtek	826	KABEL TEAM BYDGOSZCZ	M30	28	00:00:17	00:20:38.35	00:20:56.05	+00:04:37 (22.4%)	4:07	14.5 (77.5%)
88	KUTOWSKI Przemysław	175		M40	12	00:00:04	00:20:38.85	00:20:43.25	+00:04:37 (22.4%)	4:07	14.5 (77.5%)
89	JOACHIMIAK Dariusz	151	KLINIKA TRIATHLONU BYDGOSZCZ	M20	34	00:00:07	00:20:41.25	00:20:48.70	+00:04:40 (22.6%)	4:08	14.5 (77.5%)
90	WELZ Robert	1186		M18	2	00:00:07	00:20:41.40	00:20:49.30	+00:04:40 (22.6%)	4:08	14.5 (77.5%)
91	ŚWITAJ Mateusz	1103	WTS ASTORIA	M10	7	00:00:03	00:20:41.85	00:20:45.50	+00:04:40 (22.6%)	4:08	14.5 (77.5%)
92	MIŁOSIERNY Oskar	1109		M20	35	00:00:19	00:20:42.05	00:21:01.85	+00:04:40 (22.6%)	4:08	14.5 (77.5%)
93	RZEKANOWSKI Paweł	217	RUN BYDGOSZCZ	M20	36	00:00:14	00:20:43.50	00:20:58.15	+00:04:42 (22.7%)	4:08	14.5 (77.5%)
94	JANYSKA Krzysztof	104		M30	29	00:00:10	00:20:43.55	00:20:54.40	+00:04:42 (22.7%)	4:08	14.5 (77.5%)
95	BASIŃSKI Łukasz	1202		M20	37	00:00:28	00:20:45.50	00:21:14.15	+00:04:44 (22.8%)	4:09	14.4 (77.0%)
96	MAGDZIARZ Jakub	931	KANCELARIA - HMM	M30	30	00:00:18	00:20:45.65	00:21:04.10	+00:04:44 (22.8%)	4:09	14.4 (77.0%)
97	BAZAK Cezary	617	CDIS SZ	M50	4	00:00:32	00:20:46.30	00:21:18.35	+00:04:45 (22.9%)	4:09	14.4 (77.0%)
98	TOMASZEWSKI Jordan	119	TRIFRIENDS	M30	31	00:00:11	00:20:46.55	00:20:58.45	+00:04:45 (22.9%)	4:09	14.4 (77.0%)
99	TRYT Maciej	1003	RUN BYDGOSZCZ	M30	32	00:00:11	00:20:46.90	00:20:58.50	+00:04:45 (22.9%)	4:09	14.4 (77.0%)
100	BRZEZIŃSKI Paweł	616	R2G	M40	13	00:00:31	00:20:47.95	00:21:19.40	+00:04:46 (23.0%)	4:09	14.4 (77.0%)
101	GALIŃSKI Bartosz	764	BYDGOSKIE OKONIE	M20	38	00:00:06	00:20:48.60	00:20:54.70	+00:04:47 (23.0%)	4:09	14.4 (77.0%)
102	BANASIAK Paweł	242		M20	39	00:00:16	00:20:49.25	00:21:05.50	+00:04:48 (23.1%)	4:09	14.4 (77.0%)
103	SUDOŁ Jacek	911	IPA BYDGOSZCZ	M30	33	00:00:08	00:20:51.05	00:20:59.80	+00:04:49 (23.2%)	4:10	14.4 (77.0%)
104	NAGORZYSKI Arkadiusz	384		M30	34	00:00:18	00:20:54.50	00:21:12.95	+00:04:53 (23.4%)	4:10	14.4 (77.0%)
105	MOGILNICKI Dominik	1031		M20	40	00:00:53	00:20:56.20	00:21:49.60	+00:04:55 (23.5%)	4:11	14.3 (76.5%)
106	NADRATOWSKI Maciej	1059	KABEL TEAM BYDGOSZCZ	M40	14	00:00:05	00:20:56.95	00:21:02.20	+00:04:55 (23.5%)	4:11	14.3 (76.5%)
107	TUBAJA Albert	53	KABEL TEAM BYDGOSZCZ	M40	15	00:00:03	00:20:58.35	00:21:01.90	+00:04:57 (23.6%)	4:11	14.3 (76.5%)
108	BANASZAK Krzysztof	1172		M20	41	00:00:17	00:20:58.40	00:21:15.85	+00:04:57 (23.6%)	4:11	14.3 (76.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	BANAŚ Adrian	1285	KLINIKA TRIATHLONU BYDGOSZCZ	M20	42	00:00:06	00:20:59.75	00:21:06.35	+00:04:58 (23.7%)	4:12	14.3 (76.5%)
110	BIEL Marek	293	1% DLA DARI BIEL	M40	16	00:00:10	00:21:01.15	00:21:11.55	+00:05:00 (23.8%)	4:12	14.3 (76.5%)
111	PIOTROWSKI Dariusz	328		M40	17	00:00:13	00:21:01.60	00:21:15.00	+00:05:00 (23.8%)	4:12	14.3 (76.5%)
112	SZWARC Paweł	191	RUN BYDGOSZCZ	M30	35	00:00:36	00:21:01.90	00:21:38.70	+00:05:00 (23.8%)	4:12	14.3 (76.5%)
113	LIPSKI Krzysztof	1121	RUN BYDGOSZCZ	M40	18	00:00:37	00:21:04.65	00:21:41.75	+00:05:03 (24.0%)	4:12	14.2 (75.9%)
114	ZIOMEK Piotr	1381	STRAŻ MIEJSKA TORUŃ	M30	36	00:00:03	00:21:04.75	00:21:08.70	+00:05:03 (24.0%)	4:13	14.2 (75.9%)
115	NOWICKI Tomasz	776	POWER FLOWER TEAM	M20	43	00:00:09	00:21:05.60	00:21:14.70	+00:05:04 (24.1%)	4:13	14.2 (75.9%)
116	BANASZAK Dawid	1176		M30	37	00:00:17	00:21:06.15	00:21:23.60	+00:05:05 (24.1%)	4:13	14.2 (75.9%)
117	GÓZDŹ Tomasz	433	JAŚ BIEGA	M40	19	00:00:28	00:21:07.50	00:21:36.00	+00:05:06 (24.2%)	4:13	14.2 (75.9%)
118	WŁODARCZYK Wojciech	620		M50	5	00:00:10	00:21:08.00	00:21:18.90	+00:05:06 (24.2%)	4:13	14.2 (75.9%)
119	KLINIKOWSKI Jacek	107	KOCHAM ŻYCIE I...	M40	20	00:00:09	00:21:08.45	00:21:17.80	+00:05:07 (24.2%)	4:13	14.2 (75.9%)
120	TOMKOWIAK Tomasz	52	SZKOŁA JAZDY TOMAS	M20	44	00:00:05	00:21:08.65	00:21:14.40	+00:05:07 (24.2%)	4:13	14.2 (75.9%)
121	LIGMANOWSKI Mateusz	84	OSP RATOWNIK ŚWIECIE	M20	45	00:00:41	00:21:08.85	00:21:50.30	+00:05:07 (24.3%)	4:13	14.2 (75.9%)
122	KANNEBERG Maciej	559	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	46	00:01:52	00:21:09.05	00:23:01.65	+00:05:07 (24.3%)	4:13	14.2 (75.9%)
123	GLIWKA Artur	1398	1. BLWL	M30	38	00:00:48	00:21:11.85	00:21:59.95	+00:05:10 (24.4%)	4:14	14.2 (75.9%)
124	HAMERSKI Dawid	389	GORDON RUN	M20	47	00:00:19	00:21:12.45	00:21:32.35	+00:05:11 (24.5%)	4:14	14.1 (75.4%)
125	GRECHUTA Tomasz	256		M30	39	00:00:05	00:21:12.50	00:21:17.60	+00:05:11 (24.5%)	4:14	14.2 (75.9%)
126	DACH Łukasz	676	MATATA	M30	40	00:00:08	00:21:17.75	00:21:26.00	+00:05:16 (24.8%)	4:15	14.1 (75.4%)
127	KRZYŻANOWSKI Robert	525		M40	21	00:00:11	00:21:18.70	00:21:30.05	+00:05:17 (24.8%)	4:15	14.1 (75.4%)
128	SOBCZAK Marcin	179	CZARNE STOPY.SM	M30	41	00:00:10	00:21:20.55	00:21:31.20	+00:05:19 (24.9%)	4:16	14.1 (75.4%)
129	GALIŃSKI Łukasz	1146		M18	3	00:00:10	00:21:21.35	00:21:31.50	+00:05:20 (25.0%)	4:16	14.1 (75.4%)
130	HASS Adam	701		M30	42	00:00:10	00:21:23.25	00:21:33.55	+00:05:22 (25.1%)	4:16	14 (74.9%)
131	PAKULSKI Rafał	1010		M40	22	00:00:20	00:21:27.10	00:21:47.10	+00:05:26 (25.3%)	4:17	14 (74.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
131	GACKOWSKI Szymon	1132	SŁUŻBA WIĘZIENNA	M30	43	00:00:11	00:21:27.10	00:21:39.00	+00:05:26 (25.3%)	4:17	14 (74.9%)
133	WRÓBLEWSKI Kewin	958		M18	4	00:00:12	00:21:28.25	00:21:41.10	+00:05:27 (25.4%)	4:17	14 (74.9%)
134	KAMIŃSKI Marcin	1410	POLITECHNIKA GDAŃSKA	M20	48	00:01:50	00:21:29.65	00:23:20.00	+00:05:28 (25.5%)	4:18	14 (74.9%)
135	BIAŁOUS Krzysztof	1015	NIEZRZESZONY	M50	6	00:00:05	00:21:31.60	00:21:37.20	+00:05:30 (25.6%)	4:18	13.9 (74.3%)
136	WIŚNIEWSKI Tomasz	425		M20	49	00:00:06	00:21:32.10	00:21:38.95	+00:05:31 (25.6%)	4:18	13.9 (74.3%)
137	SZCZĘSNY Arkadiusz	401	DYNAMO SKARPA	M30	44	00:00:23	00:21:32.20	00:21:56.05	+00:05:31 (25.6%)	4:18	13.9 (74.3%)
138	OMNICZYŃSKI Tomasz	1106	FORDON	M20	50	00:00:39	00:21:33.20	00:22:13.10	+00:05:32 (25.7%)	4:18	13.9 (74.3%)
139	KOŁACKI Jarosław	1140	DYNAMO SKARPA	M20	51	00:00:23	00:21:34.30	00:21:57.90	+00:05:33 (25.7%)	4:18	13.9 (74.3%)
140	WNĘK Martin	492		M20	52	00:00:29	00:21:34.65	00:22:03.75	+00:05:33 (25.8%)	4:18	13.9 (74.3%)
141	WENDT Grzegorz	1223		M40	23	00:00:30	00:21:35.35	00:22:05.90	+00:05:34 (25.8%)	4:19	13.9 (74.3%)
142	KARPACZ Jarek	506		M20	53	00:00:15	00:21:36.00	00:21:51.90	+00:05:34 (25.8%)	4:19	13.9 (74.3%)
143	BONKOWSKI Wojciech	177		M30	45	00:00:02	00:21:37.85	00:21:40.10	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
144	SKORNIA Eliza	1325		K20	3	00:01:03	00:21:37.90	00:22:41.70	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
145	SALAMON Wojtek	1296		M30	46	00:00:09	00:21:39.45	00:21:49.20	+00:05:38 (26.0%)	4:20	13.8 (73.8%)
146	WIDŹGOWSKI Przemysław	250		M30	47	00:00:09	00:21:39.55	00:21:48.65	+00:05:38 (26.0%)	4:19	13.9 (74.3%)
147	LEŚNY Mateusz	815		M20	54	00:00:59	00:21:39.60	00:22:39.05	+00:05:38 (26.0%)	4:20	13.8 (73.8%)
148	MAKLAKIEWICZ Łukasz	679		M40	24	00:00:16	00:21:39.75	00:21:56.55	+00:05:38 (26.1%)	4:20	13.8 (73.8%)
149	PALIGA Antoni	619	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M50	7	00:00:13	00:21:40.80	00:21:54.40	+00:05:39 (26.1%)	4:20	13.8 (73.8%)
150	SOKOŁOWSKI Piotr	28	GORDON RUN	M30	48	00:00:19	00:21:48.00	00:22:07.30	+00:05:46 (26.5%)	4:21	13.8 (73.8%)
151	MIKOŁAJSKI Krzysztof	565		M20	55	00:00:10	00:21:50.85	00:22:01.00	+00:05:49 (26.7%)	4:22	13.7 (73.3%)
152	WĘGRZYNOWSKI Sławomir	102	KABEL TEAM BYDGOSZCZ	M40	25	00:00:17	00:21:53.90	00:22:11.05	+00:05:52 (26.9%)	4:22	13.7 (73.3%)
153	PARUCKI Paweł	611	SPÓJNIA BIAŁE BŁOTA	M20	56	00:00:32	00:21:54.45	00:22:27.40	+00:05:53 (26.9%)	4:23	13.7 (73.3%)
154	WIADERKIEWICZ Mariusz	342	CLIMAG	M40	26	00:00:19	00:21:57.00	00:22:16.00	+00:05:55 (27.0%)	4:23	13.7 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	SKRZYPIŃSKI Marek	1195		M30	49	00:00:16	00:21:57.70	00:22:14.05	+00:05:56 (27.1%)	4:23	13.7 (73.3%)
156	STARSZAK Paweł	1113		M30	50	00:00:09	00:21:59.40	00:22:08.50	+00:05:58 (27.2%)	4:23	13.6 (72.7%)
157	RUTKOWSKI Tomasz	346		M40	27	00:00:20	00:21:59.60	00:22:19.80	+00:05:58 (27.2%)	4:23	13.6 (72.7%)
158	KIELA Robert	1055	CZARNE STOPY SM	M40	28	00:00:14	00:21:59.65	00:22:14.55	+00:05:58 (27.2%)	4:24	13.6 (72.7%)
159	LEWICKI Maciej	1183	SŁUŻBA WIĘZIENNA	M40	29	00:00:34	00:22:01.25	00:22:35.65	+00:06:00 (27.3%)	4:24	13.6 (72.7%)
160	KUK Piotr	538	KABEL TAEM	M40	30	00:00:09	00:22:01.45	00:22:10.75	+00:06:00 (27.3%)	4:24	13.6 (72.7%)
161	BRZEZIŃSKI Sławomir	1164	CZARNE STOPY.SM	M40	31	00:00:15	00:22:01.80	00:22:17.30	+00:06:00 (27.3%)	4:24	13.6 (72.7%)
162	FOLERZYŃSKI Dawid	234	SPÓJNIA BIAŁE BŁOTA	M18	5	00:00:09	00:22:02.70	00:22:12.45	+00:06:01 (27.3%)	4:24	13.6 (72.7%)
163	WESOŁOWSKI Krzysztof	801	RUN BYDGOSZCZ	M40	32	00:00:23	00:22:03.45	00:22:26.55	+00:06:02 (27.4%)	4:24	13.6 (72.7%)
164	SZNAJDROWSKI Mateusz	809		M20	57	00:00:24	00:22:04.25	00:22:28.40	+00:06:03 (27.4%)	4:24	13.6 (72.7%)
165	STĘPSKI Marek	252		M40	33	00:00:13	00:22:04.65	00:22:17.65	+00:06:03 (27.4%)	4:24	13.6 (72.7%)
166	SZNAJDROWSKI Jerzy	810		M50	8	00:00:21	00:22:05.60	00:22:27.20	+00:06:04 (27.5%)	4:25	13.6 (72.7%)
167	CHORZĘPA Bogusław	1061	BYDGOSZCZ	M30	51	00:00:27	00:22:06.45	00:22:34.40	+00:06:05 (27.5%)	4:25	13.6 (72.7%)
168	SZARLEJ Marcin	316		M30	52	00:00:14	00:22:09.10	00:22:23.65	+00:06:08 (27.7%)	4:25	13.5 (72.2%)
169	PAWLAK Robert	893	IPA BYDGOSZCZ	M40	34	00:00:46	00:22:09.90	00:22:56.45	+00:06:08 (27.7%)	4:26	13.5 (72.2%)
170	ROGALSKI Maciej	928		M30	53	00:02:08	00:22:10.40	00:24:19.20	+00:06:09 (27.8%)	4:26	13.5 (72.2%)
171	JUREK Piotr	1304	BBL	M50	9	00:00:19	00:22:10.80	00:22:30.30	+00:06:09 (27.8%)	4:26	13.5 (72.2%)
172	BIAŁKA Kamil	254	PEWNIAKI	M20	58	00:00:31	00:22:11.00	00:22:42.75	+00:06:09 (27.8%)	4:26	13.5 (72.2%)
173	SIUDA Rafał	1351	RUN BYDGOSZCZ	M40	35	00:02:00	00:22:11.35	00:24:11.60	+00:06:10 (27.8%)	4:26	13.5 (72.2%)
174	GUZOWSKI Rafał	286	TCMS PESA BYDGOSZCZ	M20	59	00:01:27	00:22:12.25	00:23:39.75	+00:06:11 (27.9%)	4:26	13.5 (72.2%)
175	STASZKIEWICZ Lucyna	214	CZARNE STOPY SM	K50	1	00:00:10	00:22:14.20	00:22:24.25	+00:06:13 (28.0%)	4:26	13.5 (72.2%)
176	KOPACZEWSKI Marcin	453		M30	54	00:00:15	00:22:14.40	00:22:29.60	+00:06:13 (28.0%)	4:26	13.5 (72.2%)
177	JANIKOWSKA Awa	114	CZARNE STOPY.SM	K20	4	00:00:13	00:22:15.55	00:22:28.85	+00:06:14 (28.0%)	4:27	13.5 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	SZUBERT Maciej	592		M40	36	00:00:24	00:22:16.45	00:22:41.30	+00:06:15 (28.1%)	4:27	13.5 (72.2%)
179	GRZONKA Michał	1232	TCMS PESA BYDGOSZCZ	M30	55	00:01:30	00:22:16.90	00:23:47.05	+00:06:15 (28.1%)	4:27	13.5 (72.2%)
180	ŻEGLICZ Marek	1007	SPÓJNIA BIAŁE BŁOTA	M20	60	00:00:24	00:22:17.15	00:22:41.20	+00:06:16 (28.1%)	4:27	13.5 (72.2%)
181	BINIENDA Mateusz	340	BIMAT	M30	56	00:00:18	00:22:17.20	00:22:36.00	+00:06:16 (28.1%)	4:27	13.5 (72.2%)
182	WYSOCKI Piotr	568	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	57	00:01:53	00:22:17.60	00:24:11.10	+00:06:16 (28.1%)	4:27	13.5 (72.2%)
183	WAJCHERT Łukasz	472		M30	58	00:00:05	00:22:18.55	00:22:23.55	+00:06:17 (28.2%)	4:27	13.5 (72.2%)
184	WIŚNIEWSKI Paweł	358		M20	61	00:00:31	00:22:19.10	00:22:51.05	+00:06:18 (28.2%)	4:28	13.4 (71.7%)
185	PALIGA Mateusz	618	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	62	00:01:53	00:22:20.75	00:24:14.50	+00:06:19 (28.3%)	4:28	13.4 (71.7%)
186	FUŁAT Karol	1107	TKKF KOLEJARZ BYDGOSZCZ	M50	10	00:01:20	00:22:21.60	00:23:42.30	+00:06:20 (28.4%)	4:28	13.4 (71.7%)
187	CYL Dawid	351	RUN BYDGOSZCZ	M30	59	00:00:22	00:22:27.75	00:22:50.25	+00:06:26 (28.7%)	4:29	13.4 (71.7%)
188	RAUNEST Adam	546		M50	11	00:00:29	00:22:27.85	00:22:57.45	+00:06:26 (28.7%)	4:29	13.4 (71.7%)
189	NAWROCKI Dawid	1177		M20	63	00:00:39	00:22:31.90	00:23:11.05	+00:06:30 (28.9%)	4:30	13.3 (71.1%)
190	GOZIMIRSKI Andrzej	692	SGUASH POINT BYDGOSZCZ	M60	1	00:00:02	00:22:32.75	00:22:35.25	+00:06:31 (29.0%)	4:30	13.3 (71.1%)
191	KAMPER Jarosław	526		M40	37	00:00:14	00:22:32.80	00:22:47.00	+00:06:31 (29.0%)	4:30	13.3 (71.1%)
192	GACKOWSKI Krzysztof	792		M40	38	00:00:09	00:22:32.90	00:22:42.60	+00:06:31 (29.0%)	4:30	13.3 (71.1%)
193	MALINOWSKI Waldemar	396	RUN LOTTO-BYDGOSTIA	M40	39	00:00:25	00:22:34.65	00:23:00.10	+00:06:33 (29.1%)	4:31	13.3 (71.1%)
194	SZULC Rafał	208	RUN BYDGOSZCZ	M30	60	00:00:37	00:22:35.50	00:23:12.60	+00:06:34 (29.1%)	4:31	13.3 (71.1%)
195	KUCHCZYŃSKI Adam	596	BÓL TO ŚCIEMA	M50	12	00:00:31	00:22:35.90	00:23:07.40	+00:06:34 (29.1%)	4:31	13.3 (71.1%)
196	GRZECHOWIAK Krzysztof	581		M30	61	00:01:45	00:22:36.95	00:24:22.00	+00:06:35 (29.2%)	4:31	13.3 (71.1%)
197	BRYWCZYŃSKI Krystian	75	RODOS TEAM	M30	62	00:00:49	00:22:37.25	00:23:26.70	+00:06:36 (29.2%)	4:31	13.3 (71.1%)
198	JANYSKA Adam	1299	UKS KOPERNIK BYDGOSZCZ	M18	6	00:00:11	00:22:38.95	00:22:49.95	+00:06:37 (29.3%)	4:31	13.3 (71.1%)
199	LEWANDOWSKI Sławomir	1043	KLUBZDROWIA24H	M30	63	00:00:56	00:22:43.65	00:23:40.40	+00:06:42 (29.5%)	4:32	13.2 (70.6%)
200	SADKOWSKI Adrian	534	RUN BYDGOSZCZ	M18	7	00:00:32	00:22:46.15	00:23:18.20	+00:06:45 (29.6%)	4:33	13.2 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	KARPIŃSKI Daniel	305	FC KOBYLARNIA	M30	64	00:00:17	00:22:47.00	00:23:04.90	+00:06:45 (29.7%)	4:33	13.2 (70.6%)
202	WŁOCH Sylwester	630		M50	13	00:00:04	00:22:51.95	00:22:56.15	+00:06:50 (29.9%)	4:34	13.1 (70.1%)
203	ZIELINSKI Marcin	745		M30	65	00:00:07	00:22:52.55	00:22:59.85	+00:06:51 (30.0%)	4:34	13.1 (70.1%)
204	KALISZEWSKI Daniel	515		M40	40	00:00:05	00:22:52.60	00:22:58.00	+00:06:51 (30.0%)	4:34	13.1 (70.1%)
205	KALISZEWSKA Małgorzata	517	RUN PASJA	K40	1	00:00:05	00:22:52.65	00:22:57.90	+00:06:51 (30.0%)	4:34	13.1 (70.1%)
206	BAGROWSKI Marek	200	UMK COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZNE JANOWO BIEGA	M50	14	00:00:19	00:22:52.90	00:23:12.20	+00:06:51 (30.0%)	4:34	13.1 (70.1%)
207	OWCZARSKI Krzysztof	1036		M30	66	00:00:45	00:22:54.45	00:23:40.40	+00:06:53 (30.1%)	4:35	13.1 (70.1%)
208	SIEMASZKO Michał	1225	SZYSZKI	M30	67	00:00:11	00:22:54.90	00:23:06.80	+00:06:53 (30.1%)	4:35	13.1 (70.1%)
209	BISKUPSKI Marcin	375		M30	68	00:01:33	00:22:55.00	00:24:28.85	+00:06:53 (30.1%)	4:35	13.1 (70.1%)
210	SZEWCZYKOWSKI Grzegorz	1197	BYDGOSKIE ŻÓŁWIE	M30	69	00:01:00	00:22:55.20	00:23:55.85	+00:06:54 (30.1%)	4:35	13.1 (70.1%)
211	WOJCIECHOWSKI Jarosław	367		M40	41	00:00:17	00:22:57.55	00:23:14.65	+00:06:56 (30.2%)	4:35	13.1 (70.1%)
212	CZAPLEWSKI Krzysztof	1365		M30	70	00:01:18	00:22:58.80	00:24:16.80	+00:06:57 (30.3%)	4:35	13.1 (70.1%)
213	LEMAŃSKI Jacek	552		M20	64	00:00:03	00:22:59.20	00:23:03.05	+00:06:58 (30.3%)	4:36	13 (69.5%)
214	ROSÓŁ Jacek	26		M30	71	00:00:28	00:23:01.20	00:23:29.70	+00:07:00 (30.4%)	4:36	13 (69.5%)
215	WÓJTOWICZ Ryszard	1240	WÓJTOWICZ TEAM	M20	65	00:00:05	00:23:01.25	00:23:07.10	+00:07:00 (30.4%)	4:36	13 (69.5%)
216	JACIUBEK Andrzej	1163	NIEZRZESZONY - AMATOR	M50	15	00:00:46	00:23:01.80	00:23:48.50	+00:07:00 (30.4%)	4:36	13 (69.5%)
217	KARASZEWSKI Marcin	510		M30	72	00:00:42	00:23:05.70	00:23:47.95	+00:07:04 (30.6%)	4:37	13 (69.5%)
218	BUTRYM Piotr	700		M30	73	00:01:06	00:23:06.10	00:24:12.15	+00:07:05 (30.7%)	4:37	13 (69.5%)
219	BUTRYM Dariusz	303		M40	42	00:01:05	00:23:06.60	00:24:12.35	+00:07:05 (30.7%)	4:37	13 (69.5%)
220	MYLER Łukasz	802		M20	66	00:00:49	00:23:07.55	00:23:57.45	+00:07:06 (30.7%)	4:37	13 (69.5%)
221	KOŚCIELAK Maciej	1030	ŻANDARMI Z BYDGOSZCZY	M30	74	00:00:35	00:23:08.00	00:23:43.10	+00:07:06 (30.8%)	4:37	13 (69.5%)
222	DULIŃSKI Bartek	1387		M10	8	00:00:42	00:23:08.20	00:23:51.15	+00:07:07 (30.8%)	4:37	13 (69.5%)
223	KRASIŃSKA Katarzyna	439		K30	4	00:00:16	00:23:08.35	00:23:25.20	+00:07:07 (30.8%)	4:37	13 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	ŻUCHOWSKI Dariusz	430		M40	43	00:00:19	00:23:08.60	00:23:28.05	+00:07:07 (30.8%)	4:37	13 (69.5%)
225	KANIEWSKI Łukasz	67		M30	75	00:00:30	00:23:09.50	00:23:39.65	+00:07:08 (30.8%)	4:37	13 (69.5%)
226	WALENCIAK Jarosław	43	CZARNE STOPY.SM	M40	44	00:00:15	00:23:09.60	00:23:24.85	+00:07:08 (30.8%)	4:37	13 (69.5%)
227	STYCZYŃSKI Oskar	1329		M10	9	00:00:49	00:23:10.25	00:23:59.40	+00:07:09 (30.9%)	4:38	12.9 (69.0%)
228	BARTOSZYŃSKA Milena	524		K20	5	00:00:32	00:23:10.50	00:23:43.05	+00:07:09 (30.9%)	4:38	12.9 (69.0%)
229	CECHOWSKI Marcin	27		M30	76	00:00:32	00:23:10.90	00:23:43.30	+00:07:09 (30.9%)	4:38	12.9 (69.0%)
230	MIKOŁAJCZAK Sławomir	687		M40	45	00:00:36	00:23:11.35	00:23:47.55	+00:07:10 (30.9%)	4:38	12.9 (69.0%)
231	NAGOW Michał	95		M40	46	00:01:31	00:23:11.60	00:24:42.85	+00:07:10 (30.9%)	4:38	12.9 (69.0%)
232	NOWAKOWSKI Oskar	1290		M10	10	00:00:12	00:23:12.20	00:23:24.70	+00:07:11 (31.0%)	4:38	12.9 (69.0%)
233	GAŚSIOR Mariusz	874		M40	47	00:00:15	00:23:13.35	00:23:28.45	+00:07:12 (31.0%)	4:38	12.9 (69.0%)
234	CICHOŃSKA-BAZAK Marzena	602	CZARNE STOPY.SM	K40	2	00:00:27	00:23:13.85	00:23:41.55	+00:07:12 (31.0%)	4:38	12.9 (69.0%)
235	SCHNEIDER Krystian	904		M20	67	00:00:37	00:23:14.35	00:23:52.05	+00:07:13 (31.1%)	4:39	12.9 (69.0%)
236	PAWLAK Waldemar	11	VEGERUNNERS	M30	77	00:00:06	00:23:15.45	00:23:21.55	+00:07:14 (31.1%)	4:39	12.9 (69.0%)
237	DOCZEKALSKA Paulina	1244	RUN BYDGOSZCZ	K30	5	00:00:16	00:23:15.50	00:23:31.70	+00:07:14 (31.1%)	4:39	12.9 (69.0%)
238	WOLAN Magdalena	1134		K30	6	00:00:05	00:23:15.65	00:23:21.50	+00:07:14 (31.1%)	4:39	12.9 (69.0%)
238	DERENDA Mirosław	714		M30	78	00:00:47	00:23:15.65	00:24:02.95	+00:07:14 (31.1%)	4:39	12.9 (69.0%)
240	JANUSZKIEWICZ Piotr	424		M30	79	00:00:11	00:23:15.75	00:23:27.25	+00:07:14 (31.1%)	4:39	12.9 (69.0%)
241	PILARSKI Paweł	1204		M20	68	00:00:08	00:23:15.95	00:23:24.10	+00:07:14 (31.2%)	4:39	12.9 (69.0%)
242	MINTA Adam	579		M30	80	00:00:31	00:23:16.35	00:23:47.50	+00:07:15 (31.2%)	4:39	12.9 (69.0%)
243	BOROWSKI Radosław	870	KRAJNA SĘPÓLNO	M20	69	00:00:34	00:23:18.35	00:23:52.45	+00:07:17 (31.3%)	4:39	12.9 (69.0%)
244	STYCZYŃSKI Olaf	1330		M10	11	00:00:49	00:23:18.95	00:24:08.70	+00:07:17 (31.3%)	4:39	12.9 (69.0%)
245	JAMRÓZ Robert	206		M40	48	00:00:22	00:23:19.10	00:23:41.60	+00:07:18 (31.3%)	4:39	12.9 (69.0%)
246	WOJCIECHOWSKI Grzegorz	15		M20	70	00:00:44	00:23:19.45	00:24:03.75	+00:07:18 (31.3%)	4:39	12.9 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	GORDON Roman	172	RUN BYDGOSZCZ	M60	2	00:00:18	00:23:20.85	00:23:39.05	+00:07:19 (31.4%)	4:40	12.8 (68.4%)
248	STAŃCZUK Wojtek	1284	FREEDOM	M40	49	00:00:21	00:23:21.05	00:23:42.15	+00:07:19 (31.4%)	4:40	12.8 (68.4%)
249	RZĘTKOWSKI Artur	1221		M20	71	00:00:06	00:23:21.75	00:23:27.85	+00:07:20 (31.4%)	4:40	12.8 (68.4%)
250	CADER Ryszard	185	SPÓJNIA BIAŁE BŁOTA	M30	81	00:00:17	00:23:22.75	00:23:40.45	+00:07:21 (31.5%)	4:40	12.8 (68.4%)
251	SKÓRA Damian	1222		M30	82	00:00:25	00:23:23.00	00:23:48.50	+00:07:21 (31.5%)	4:40	12.8 (68.4%)
252	LASKA Artur	1110		M30	83	00:00:20	00:23:23.25	00:23:44.15	+00:07:22 (31.5%)	4:40	12.8 (68.4%)
253	JURKOWSKI Paweł	1252	KANCELARIA HMM	M30	84	00:00:23	00:23:23.40	00:23:46.60	+00:07:22 (31.5%)	4:40	12.8 (68.4%)
254	SKUPSZ Jędrzej Kazmierz	567	FORDON	M20	72	00:00:52	00:23:23.75	00:24:16.40	+00:07:22 (31.5%)	4:40	12.8 (68.4%)
255	BŁAŻEJEWSKI Kacper	219	CB163	M20	73	00:00:24	00:23:24.30	00:23:49.00	+00:07:23 (31.6%)	4:41	12.8 (68.4%)
256	ROSZCZYN Dawid	229	AS BOX	M30	85	00:00:25	00:23:24.65	00:23:50.60	+00:07:23 (31.6%)	4:41	12.8 (68.4%)
257	STAWCZYK Dariusz	17		M40	50	00:00:23	00:23:26.00	00:23:49.85	+00:07:24 (31.6%)	4:41	12.8 (68.4%)
258	RUDOL Sebastian	537		M40	51	00:00:43	00:23:26.15	00:24:09.40	+00:07:25 (31.7%)	4:41	12.8 (68.4%)
259	ŚWIETLIK Piotr	1091		M50	16	00:00:04	00:23:28.80	00:23:32.90	+00:07:27 (31.8%)	4:41	12.8 (68.4%)
260	PORAJ Artur	967		M30	86	00:00:35	00:23:28.85	00:24:04.65	+00:07:27 (31.8%)	4:41	12.8 (68.4%)
261	BYRTEK Grzegorz	555		M40	52	00:00:28	00:23:30.50	00:23:59.10	+00:07:29 (31.9%)	4:42	12.8 (68.4%)
262	ŁOŚ Dariusz	1275		M50	17	00:00:48	00:23:31.10	00:24:19.50	+00:07:30 (31.9%)	4:42	12.8 (68.4%)
263	KORTAS Marcin	276		M40	53	00:01:00	00:23:31.15	00:24:32.05	+00:07:30 (31.9%)	4:42	12.7 (67.9%)
264	SZATKOWSKI Marcin	248	RUN LOTTO BYDGOSTIA	M20	74	00:01:56	00:23:31.20	00:25:27.90	+00:07:30 (31.9%)	4:42	12.8 (68.4%)
265	KORZENECKI Piotr	1102	4RUN	M30	87	00:00:21	00:23:36.30	00:23:57.30	+00:07:35 (32.1%)	4:43	12.7 (67.9%)
266	SZEWCZUK Sebastian	176	ASSECO ACTIVE TEAM	M30	88	00:00:35	00:23:36.70	00:24:11.75	+00:07:35 (32.2%)	4:43	12.7 (67.9%)
267	LIPIŃSKI Sebastian	1216		M40	54	00:00:03	00:23:36.95	00:23:40.80	+00:07:35 (32.2%)	4:43	12.7 (67.9%)
268	BUDKIEWICZ Radosław	1411		M20	75	00:00:34	00:23:37.55	00:24:11.90	+00:07:36 (32.2%)	4:43	12.7 (67.9%)
269	ERBER Piotr	164		M20	76	00:00:20	00:23:37.75	00:23:58.45	+00:07:36 (32.2%)	4:43	12.7 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	WANKIEWICZ Łukasz	1367		M20	77	00:01:04	00:23:38.55	00:24:43.45	+00:07:37 (32.2%)	4:43	12.7 (67.9%)
271	GEHRKE Szymon	435	VISATON POLSKA	M30	89	00:00:47	00:23:39.20	00:24:27.10	+00:07:38 (32.3%)	4:44	12.7 (67.9%)
272	KOSIŁO Marcin	898	RUNBUSTERS	M30	90	00:00:49	00:23:39.50	00:24:29.35	+00:07:38 (32.3%)	4:44	12.7 (67.9%)
273	BEDNAREK Paweł	87	GORDON RUN	M20	78	00:00:20	00:23:43.25	00:24:03.55	+00:07:42 (32.5%)	4:44	12.6 (67.4%)
274	RUDOL Magdalena	541		K40	3	00:00:43	00:23:43.35	00:24:26.90	+00:07:42 (32.5%)	4:44	12.6 (67.4%)
275	RYMER Adam	398		M30	91	00:00:18	00:23:43.55	00:24:02.15	+00:07:42 (32.5%)	4:44	12.6 (67.4%)
276	RATAJCZAK Arkadiusz	963		M40	55	00:01:24	00:23:46.00	00:25:10.00	+00:07:44 (32.6%)	4:45	12.6 (67.4%)
277	LEWICKI Artur	474	LEGE ARTIS	M40	56	00:01:29	00:23:47.95	00:25:17.90	+00:07:46 (32.7%)	4:45	12.6 (67.4%)
278	DOLNY Krzysztof	1359		M20	79	00:00:10	00:23:48.50	00:23:59.20	+00:07:47 (32.7%)	4:45	12.6 (67.4%)
279	ŚWIATLAK Marek	1004	SOWA BYDGOSZCZ	M40	57	00:00:29	00:23:49.75	00:24:19.55	+00:07:48 (32.8%)	4:46	12.6 (67.4%)
280	KRUBER Karolina	1272		K20	6	00:00:37	00:23:50.15	00:24:27.80	+00:07:49 (32.8%)	4:46	12.6 (67.4%)
281	GROCHOWSKI Jakub	312	JW 1515 BYDGOSZCZ	M30	92	00:00:16	00:23:50.40	00:24:06.75	+00:07:49 (32.8%)	4:46	12.6 (67.4%)
282	BRZUCHALSKI Krzysztof	1150		M30	93	00:01:16	00:23:50.50	00:25:07.40	+00:07:49 (32.8%)	4:46	12.6 (67.4%)
283	WALUSIAK Miłosz	744		M30	94	00:00:29	00:23:52.75	00:24:22.50	+00:07:51 (32.9%)	4:46	12.6 (67.4%)
284	DONARSKI Maciej	1354		M20	80	00:00:42	00:23:53.00	00:24:35.30	+00:07:51 (32.9%)	4:46	12.6 (67.4%)
285	GŁOWSKI Dariusz	56		M40	58	00:00:40	00:23:53.10	00:24:33.60	+00:07:52 (32.9%)	4:46	12.6 (67.4%)
286	ROŚ Sławek	243	ARMIA CHRYSYUSA	M20	81	00:00:20	00:23:53.20	00:24:13.25	+00:07:52 (32.9%)	4:46	12.6 (67.4%)
287	KAŻMIERCZAK Paweł	196		M40	59	00:00:16	00:23:54.15	00:24:10.70	+00:07:53 (33.0%)	4:46	12.6 (67.4%)
288	SZEWCZUK Małgorzata	166	ASSECO ACTIVE TEAM	K30	7	00:00:33	00:23:54.25	00:24:27.80	+00:07:53 (33.0%)	4:46	12.6 (67.4%)
289	LACH Paweł	1260		M30	95	00:00:38	00:23:54.30	00:24:33.00	+00:07:53 (33.0%)	4:47	12.5 (66.8%)
290	ŚWIATOWY Ryszard	1060	DAWCA KRWI	M40	60	00:00:20	00:23:54.50	00:24:15.10	+00:07:53 (33.0%)	4:47	12.5 (66.8%)
291	STRYCZYŃSKI Marek	203	KLINIKA TRIATHLONU BYDGOSZCZ	M30	96	00:00:08	00:23:56.20	00:24:04.40	+00:07:55 (33.1%)	4:47	12.5 (66.8%)
292	ANTKOWIAK Bartosz	223	TCMS PESA BYDGOSZCZ	M20	82	00:01:28	00:23:56.35	00:25:24.60	+00:07:55 (33.1%)	4:47	12.5 (66.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	PIETROWSKI Radosław	1402		M20	83	00:00:04	00:23:56.55	00:24:00.95	+00:07:55 (33.1%)	4:47	12.5 (66.8%)
294	MURAVITSKAYA Alesia	1250		K20	7	00:00:45	00:23:57.00	00:24:42.25	+00:07:55 (33.1%)	4:47	12.5 (66.8%)
295	WILCZYŃSKI Jacek	3		M40	61	00:00:28	00:23:57.10	00:24:25.90	+00:07:56 (33.1%)	4:47	12.5 (66.8%)
296	CHUDZIŃSKI Rafał	1236		M40	62	00:00:34	00:23:58.35	00:24:33.25	+00:07:57 (33.2%)	4:47	12.5 (66.8%)
297	GUMMER Andrzej	282		M30	97	00:00:22	00:23:59.10	00:24:21.50	+00:07:58 (33.2%)	4:47	12.5 (66.8%)
298	PIKOR Patryk	235		M20	84	00:01:11	00:24:00.10	00:25:11.15	+00:07:59 (33.3%)	4:48	12.5 (66.8%)
299	KRAWIEC Mariusz	939		M40	63	00:00:18	00:24:00.15	00:24:18.60	+00:07:59 (33.3%)	4:48	12.5 (66.8%)
299	MATEUSZCZYK Dawid	1215		M30	98	00:00:04	00:24:00.15	00:24:04.60	+00:07:59 (33.3%)	4:48	12.5 (66.8%)
301	CZYŻNIKIEWICZ Karol	165		M20	85	00:00:58	00:24:02.35	00:25:00.80	+00:08:01 (33.4%)	4:48	12.5 (66.8%)
302	STASIEWSKI Mariusz	520	TRISPACE	M40	64	00:00:38	00:24:02.40	00:24:40.60	+00:08:01 (33.4%)	4:48	12.5 (66.8%)
302	ROEDING Robert	187		M40	65	00:01:01	00:24:02.40	00:25:04.20	+00:08:01 (33.4%)	4:48	12.5 (66.8%)
304	SZULC Edmund	1159		M50	18	00:00:46	00:24:02.45	00:24:49.30	+00:08:01 (33.4%)	4:48	12.5 (66.8%)
305	ŁABENDA Robert	1361		M30	99	00:01:04	00:24:02.65	00:25:07.15	+00:08:01 (33.4%)	4:48	12.5 (66.8%)
306	GRAPATYN Piotr	881	SŁUŻBA WIĘZIENNA	M40	66	00:00:19	00:24:04.55	00:24:23.55	+00:08:03 (33.5%)	4:48	12.5 (66.8%)
307	KRAWIEC Patryk	940		M18	8	00:00:18	00:24:04.85	00:24:23.60	+00:08:03 (33.5%)	4:49	12.5 (66.8%)
308	HEIDAK Piotr	1035		M40	67	00:00:47	00:24:04.90	00:24:51.95	+00:08:03 (33.5%)	4:48	12.5 (66.8%)
309	GARBACIAK Ewa	1174		K20	8	00:00:18	00:24:05.40	00:24:23.40	+00:08:04 (33.5%)	4:49	12.5 (66.8%)
310	WOJTYSIAK Kamil	657		M30	100	00:00:38	00:24:05.75	00:24:44.35	+00:08:04 (33.5%)	4:49	12.4 (66.3%)
311	LIWOCH Grzegorz	141		M50	19	00:00:30	00:24:05.80	00:24:36.10	+00:08:04 (33.5%)	4:49	12.4 (66.3%)
312	WIECZOREK Waldek	86		M30	101	00:01:54	00:24:06.30	00:26:00.75	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
312	KOŚMIŃSKI Krzysztof	1408		M40	68	00:00:32	00:24:06.30	00:24:38.55	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
314	GUMOWSKI Kamil	1090	SZKOŁA JAZDY TOMAS	M20	86	00:00:14	00:24:07.30	00:24:21.90	+00:08:06 (33.6%)	4:49	12.4 (66.3%)
315	JURSKI Robert	946		M40	69	00:01:24	00:24:08.55	00:25:32.90	+00:08:07 (33.7%)	4:49	12.4 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	GWIZDAŁA Mikołaj	468		M20	87	00:01:00	00:24:09.25	00:25:09.60	+00:08:08 (33.7%)	4:49	12.4 (66.3%)
317	TRUDNOWSKI Janusz	133	PARKRUN BYDGOSZCZ	M60	3	00:00:03	00:24:09.50	00:24:13.15	+00:08:08 (33.7%)	4:50	12.4 (66.3%)
318	GRABOWSKA Dominika	1274	MOC I SIŁA	K20	9	00:00:35	00:24:10.15	00:24:45.55	+00:08:09 (33.7%)	4:50	12.4 (66.3%)
319	RÓŻYCKI Marcin	566		M20	88	00:00:08	00:24:10.25	00:24:18.70	+00:08:09 (33.7%)	4:50	12.4 (66.3%)
320	BŁAWAT Damian	1267		M30	102	00:00:34	00:24:11.10	00:24:45.50	+00:08:10 (33.8%)	4:50	12.4 (66.3%)
321	ANISZEWSKI Dariusz	900		M40	70	00:00:28	00:24:11.50	00:24:39.80	+00:08:10 (33.8%)	4:50	12.4 (66.3%)
322	MIS Michał	381	LUKA START NAKŁO	M20	89	00:00:07	00:24:11.75	00:24:19.60	+00:08:10 (33.8%)	4:50	12.4 (66.3%)
323	SZYMAŃSKI Andrzej	948		M30	103	00:01:02	00:24:13.25	00:25:16.00	+00:08:12 (33.9%)	4:50	12.4 (66.3%)
324	CZUBKOWSKI Sebastian	841	FIT CLUB	M30	104	00:00:15	00:24:14.45	00:24:29.95	+00:08:13 (33.9%)	4:50	12.4 (66.3%)
325	DERING Hanna	184	BYDGOSKIE ŻÓŁWIE	K30	8	00:01:02	00:24:14.60	00:25:16.70	+00:08:13 (33.9%)	4:50	12.4 (66.3%)
326	MAZURKIEWICZ Piotr	1295		M30	105	00:00:16	00:24:15.00	00:24:31.85	+00:08:13 (33.9%)	4:51	12.4 (66.3%)
327	MUSZYŃSKI Radosław	1391		M40	71	00:00:57	00:24:15.30	00:25:13.00	+00:08:14 (34.0%)	4:51	12.4 (66.3%)
328	ŚLEFARSKI Marcin	394		M30	106	00:00:41	00:24:15.40	00:24:56.60	+00:08:14 (34.0%)	4:51	12.4 (66.3%)
328	WESOŁOWSKI Dariusz	1100	ICH DWOJE	M40	72	00:01:08	00:24:15.40	00:25:23.40	+00:08:14 (34.0%)	4:51	12.4 (66.3%)
330	GŁYSZ Dawid	266		M30	107	00:00:18	00:24:16.55	00:24:35.25	+00:08:15 (34.0%)	4:51	12.4 (66.3%)
331	TRZCIŃSKI Eugeniusz	1072	AKTYWNE SZWEDEROWO	M60	4	00:00:25	00:24:16.70	00:24:41.80	+00:08:15 (34.0%)	4:51	12.4 (66.3%)
332	MINSCHINSKI Daniel	1358	WWW.STRONANOWOCZESNA.PL	M20	90	00:00:16	00:24:18.35	00:24:34.55	+00:08:17 (34.1%)	4:51	12.3 (65.8%)
333	DĄBROWSKI Bartosz	834	SPORTOWA PASJA	M30	108	00:00:19	00:24:18.45	00:24:38.05	+00:08:17 (34.1%)	4:51	12.3 (65.8%)
334	GIERSZEWSKA Grażyna	1114		K40	4	00:00:13	00:24:19.10	00:24:32.40	+00:08:18 (34.1%)	4:51	12.3 (65.8%)
335	GRYGIEL Mateusz	816		M30	109	00:00:37	00:24:20.65	00:24:58.30	+00:08:19 (34.2%)	4:52	12.3 (65.8%)
336	KIECA Andrzej	1026	BBL BYDGOSZCZ	M50	20	00:01:06	00:24:21.10	00:25:27.10	+00:08:20 (34.2%)	4:52	12.3 (65.8%)
337	ZIELIŃSKA Karolina	1157		K20	10	00:00:14	00:24:21.90	00:24:36.70	+00:08:20 (34.3%)	4:52	12.3 (65.8%)
338	MICHALAK Wiktoria	1235		K20	11	00:00:29	00:24:22.95	00:24:52.70	+00:08:21 (34.3%)	4:52	12.3 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	DOLATA Grzegorz	413	OCELOTY	M40	73	00:00:54	00:24:23.20	00:25:17.55	+00:08:22 (34.3%)	4:52	12.3 (65.8%)
340	NOWAK Roksana	154	AZS COLLEGIUM MEDICUM W BYDGOSZCZY	K20	12	00:00:23	00:24:23.40	00:24:47.10	+00:08:22 (34.3%)	4:52	12.3 (65.8%)
341	WOJCIECHOWSKA Emilia	366		K40	5	00:00:16	00:24:23.50	00:24:40.35	+00:08:22 (34.3%)	4:52	12.3 (65.8%)
342	WAWRZY尼亚K Dorota	808		K50	2	00:00:35	00:24:24.80	00:25:00.50	+00:08:23 (34.4%)	4:53	12.3 (65.8%)
343	WAWRZY尼亚K Andrzej	332	22. ODN	M50	21	00:00:35	00:24:25.30	00:25:00.35	+00:08:24 (34.4%)	4:53	12.3 (65.8%)
344	AUGUSTYNOWICZ Andrzej	723	RWT W BYDGOSZCZY	M40	74	00:01:16	00:24:25.35	00:25:41.60	+00:08:24 (34.4%)	4:53	12.3 (65.8%)
345	DWOJACZNY Jakub	762		M30	110	00:00:26	00:24:25.50	00:24:52.30	+00:08:24 (34.4%)	4:53	12.3 (65.8%)
346	SZAFKOWSKI Arek	1414	SOLECCY BIEGACZE	M40	75	00:00:34	00:24:26.30	00:25:00.95	+00:08:25 (34.5%)	4:53	12.3 (65.8%)
347	JĘDRZEJCZYK Jacek	294		M20	91	00:00:55	00:24:26.70	00:25:21.70	+00:08:25 (34.5%)	4:53	12.3 (65.8%)
348	BUSSE Piotr	969		M30	111	00:00:13	00:24:26.95	00:24:40.35	+00:08:25 (34.5%)	4:53	12.3 (65.8%)
349	SAWICKI Mikołaj	528	ELEKTRONIK BYDGOSZCZ	M20	92	00:00:11	00:24:27.30	00:24:38.80	+00:08:26 (34.5%)	4:53	12.3 (65.8%)
350	CUSKE Roman	992		M40	76	00:00:23	00:24:28.85	00:24:52.05	+00:08:27 (34.6%)	4:53	12.3 (65.8%)
351	JUREK Karolina	608	TKN	K30	9	00:00:12	00:24:29.80	00:24:42.25	+00:08:28 (34.6%)	4:54	12.2 (65.2%)
352	SPIRYDOWICZ Piotr	695		M30	112	00:00:21	00:24:30.35	00:24:51.55	+00:08:29 (34.6%)	4:54	12.2 (65.2%)
353	NOWAKOWSKI Tomasz	615		M30	113	00:00:24	00:24:30.40	00:24:54.55	+00:08:29 (34.6%)	4:54	12.2 (65.2%)
354	BRZUSKIEWICZ Sławomir	977		M50	22	00:00:08	00:24:30.95	00:24:39.30	+00:08:29 (34.7%)	4:54	12.2 (65.2%)
355	WIŚNIEWSKI Włodzimierz	240		M50	23	00:00:45	00:24:31.05	00:25:16.95	+00:08:29 (34.7%)	4:54	12.2 (65.2%)
356	KARLIŃSKI Oskar	549	BYDGOSZCZ	M10	12	00:00:37	00:24:31.30	00:25:08.80	+00:08:30 (34.7%)	4:54	12.2 (65.2%)
357	KUJAWA Sebastian	891	BBL INOWROCLAW	M40	77	00:00:52	00:24:32.05	00:25:24.85	+00:08:30 (34.7%)	4:54	12.2 (65.2%)
358	SAK Joanna	1131		K20	13	00:00:38	00:24:34.35	00:25:12.60	+00:08:33 (34.8%)	4:54	12.2 (65.2%)
359	OLSZEWSKA Marta	1147		K30	10	00:00:18	00:24:34.40	00:24:52.70	+00:08:33 (34.8%)	4:54	12.2 (65.2%)
360	PRIEWE Paweł	71	DYNAMO SKARPA	M30	114	00:00:24	00:24:34.80	00:24:58.95	+00:08:33 (34.8%)	4:54	12.2 (65.2%)
361	KITOWSKI Przemysław	1360		M30	115	00:01:03	00:24:35.00	00:25:38.55	+00:08:33 (34.8%)	4:55	12.2 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	AFELT Adrian	812		M10	13	00:00:08	00:24:36.00	00:24:44.00	+00:08:34 (34.9%)	4:55	12.2 (65.2%)
363	WIŚNIEWSKA Aleksandra	663		K10	1	00:00:52	00:24:37.10	00:25:29.50	+00:08:36 (34.9%)	4:55	12.2 (65.2%)
364	ILNICKI Artur	899		M30	116	00:00:27	00:24:38.30	00:25:06.15	+00:08:37 (35.0%)	4:55	12.2 (65.2%)
365	DUDZIŃSKA Aleksandra	314	RUN BYDGOSZCZ	K40	6	00:00:36	00:24:38.85	00:25:14.90	+00:08:37 (35.0%)	4:55	12.2 (65.2%)
366	TUREK Mateusz	761	BRAK	M20	93	00:00:43	00:24:39.15	00:25:23.00	+00:08:38 (35.0%)	4:56	12.2 (65.2%)
367	CHMIELEWSKI Ireneusz	65	CZARNE STOPY.SM	M50	24	00:00:28	00:24:40.00	00:25:08.90	+00:08:38 (35.1%)	4:56	12.2 (65.2%)
368	KLÓSKA Natalia	464	SPÓJNIA BIAŁE BŁOTA	K20	14	00:00:14	00:24:40.15	00:24:54.35	+00:08:39 (35.1%)	4:56	12.2 (65.2%)
369	ZASKURSKI Tomasz	947	BYDGOSKIE ŻÓŁWIE	M30	117	00:01:02	00:24:40.20	00:25:42.75	+00:08:39 (35.1%)	4:56	12.2 (65.2%)
370	MROTEK Katarzyna	171	QUAPRO TEAM	K30	11	00:00:30	00:24:41.30	00:25:11.90	+00:08:40 (35.1%)	4:56	12.2 (65.2%)
371	MUSS Karolina	843		K40	7	00:00:55	00:24:41.55	00:25:36.70	+00:08:40 (35.1%)	4:56	12.2 (65.2%)
372	BELIŃSKI Maciej	255	TEAM MAKO	M30	118	00:00:54	00:24:41.90	00:25:36.55	+00:08:40 (35.1%)	4:56	12.1 (64.7%)
373	DOMAŃSKI Szymon	509		M20	94	00:00:42	00:24:42.25	00:25:24.75	+00:08:41 (35.2%)	4:56	12.1 (64.7%)
374	RZEPCZYŃSKI Tomasz	1139	DYNAMO SKARPA	M40	78	00:00:25	00:24:42.55	00:25:08.05	+00:08:41 (35.2%)	4:56	12.1 (64.7%)
375	SZREIBER Tomasz	1162		M20	95	00:00:36	00:24:42.85	00:25:19.55	+00:08:41 (35.2%)	4:56	12.1 (64.7%)
376	GROSKOP Grzegorz	212	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	96	00:01:59	00:24:43.40	00:26:42.75	+00:08:42 (35.2%)	4:56	12.1 (64.7%)
377	KOZICKI Marcin	734	BYDGOSKIE ŻÓŁWIE	M30	119	00:01:02	00:24:44.00	00:25:46.75	+00:08:42 (35.2%)	4:56	12.1 (64.7%)
378	ZAMIATOWSKA Kinga	261	ROLL&RUN KRISMEDIATEAM	K40	8	00:00:16	00:24:44.05	00:25:00.60	+00:08:42 (35.2%)	4:56	12.1 (64.7%)
379	BINKOWSKI Kamil	895		M10	14	00:00:21	00:24:45.55	00:25:06.90	+00:08:44 (35.3%)	4:57	12.1 (64.7%)
380	JARZYŃSKI Maciej	660	BYDGOSKI DZIK BIEGOWY	M20	97	00:00:13	00:24:46.15	00:24:59.20	+00:08:45 (35.3%)	4:57	12.1 (64.7%)
381	KLEPACZEWSKI Arkadiusz	1338		M30	120	00:00:33	00:24:47.50	00:25:21.15	+00:08:46 (35.4%)	4:57	12.1 (64.7%)
382	GRZECHNIK Mateusz	1321		M20	98	00:00:31	00:24:47.55	00:25:19.35	+00:08:46 (35.4%)	4:57	12.1 (64.7%)
383	CEGIELSKI Maciej	885	SZKARŁATNI TEAM	M40	79	00:00:11	00:24:47.65	00:24:59.45	+00:08:46 (35.4%)	4:57	12.1 (64.7%)
384	FELINIAK Daniel	1279		M30	121	00:01:10	00:24:47.75	00:25:58.45	+00:08:46 (35.4%)	4:57	12.1 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	SKIERA Kris	399	ROLL&RUN KRISMEDIA TEAM	M40	80	00:00:17	00:24:48.40	00:25:05.40	+00:08:47 (35.4%)	4:57	12.1 (64.7%)
386	KONDEL Kamil	740		M30	122	00:00:28	00:24:48.50	00:25:16.65	+00:08:47 (35.4%)	4:57	12.1 (64.7%)
387	BARANEK Sebastian	1145	DYNAMO SKARPA	M20	99	00:00:24	00:24:49.30	00:25:14.20	+00:08:48 (35.5%)	4:58	12.1 (64.7%)
388	JANUSZKIEWICZ Judyta	817	BIEGAM PO PIWO	K30	12	00:00:32	00:24:49.50	00:25:21.95	+00:08:48 (35.5%)	4:57	12.1 (64.7%)
389	DURKA Krzysztof	1357		M40	81	00:00:09	00:24:49.55	00:24:59.15	+00:08:48 (35.5%)	4:58	12.1 (64.7%)
390	MICHAŁEK Daniel	818	BIEGAM PO PIWO	M30	123	00:00:32	00:24:49.70	00:25:22.25	+00:08:48 (35.5%)	4:58	12.1 (64.7%)
391	ZWIETRZAŁA Adrian	1032		M40	82	00:00:56	00:24:50.75	00:25:46.75	+00:08:49 (35.5%)	4:58	12.1 (64.7%)
392	SZYMAŃSKI Tomasz	962		M30	124	00:01:00	00:24:51.45	00:25:52.10	+00:08:50 (35.6%)	4:58	12.1 (64.7%)
393	DURAJEWSKI Mateusz	68		M20	100	00:01:22	00:24:52.00	00:26:14.80	+00:08:50 (35.6%)	4:58	12.1 (64.7%)
394	KRYSZTOFINSKA Aneta	1155	WSG BYDGOSZCZ	K20	15	00:00:21	00:24:52.95	00:25:14.65	+00:08:51 (35.6%)	4:58	12.1 (64.7%)
395	SONTOWSKI Eryk	789		M10	15	00:00:03	00:24:53.10	00:24:56.25	+00:08:52 (35.6%)	4:58	12.1 (64.7%)
396	MIERZWA Damian	257	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	101	00:01:49	00:24:53.40	00:26:42.45	+00:08:52 (35.6%)	4:58	12.1 (64.7%)
397	KAŁDAN Magdalena	991		K40	9	00:00:22	00:24:53.60	00:25:16.40	+00:08:52 (35.7%)	4:58	12 (64.2%)
398	JASIEK Dawid	1002	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M18	9	00:01:48	00:24:53.70	00:26:42.50	+00:08:52 (35.7%)	4:58	12 (64.2%)
399	WŁODARSKI Paweł	352		M30	125	00:01:24	00:24:55.70	00:26:20.55	+00:08:54 (35.7%)	4:59	12 (64.2%)
400	DRZYCIMSKI Karol	1178		M18	10	00:00:29	00:24:55.90	00:25:25.45	+00:08:54 (35.8%)	4:59	12 (64.2%)
401	NOWAKOWSKI Grzegorz	333		M30	126	00:00:38	00:24:57.35	00:25:35.95	+00:08:56 (35.8%)	4:59	12 (64.2%)
402	BARANOWSKA Julia	639	KLUB ZDROWEGO STYLU ŻYCIA	K10	2	00:00:06	00:24:57.45	00:25:03.80	+00:08:56 (35.8%)	4:59	12 (64.2%)
403	DOBEK Maciej	1313		M20	102	00:00:51	00:24:57.90	00:25:49.15	+00:08:56 (35.8%)	4:59	12 (64.2%)
404	PALIGA Maciej	277		M30	127	00:01:34	00:24:57.95	00:26:31.95	+00:08:56 (35.8%)	4:59	12 (64.2%)
405	SOSNA Mikołaj	1096		M30	128	00:00:38	00:24:58.25	00:25:36.85	+00:08:57 (35.9%)	4:59	12 (64.2%)
406	RUTKOWSKI Michał	640		M18	11	00:00:46	00:24:58.30	00:25:44.50	+00:08:57 (35.9%)	4:59	12 (64.2%)
407	MOCNY Piotr	1138	DYNAMO SKARPA	M30	129	00:00:24	00:24:59.10	00:25:23.15	+00:08:58 (35.9%)	4:59	12 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	GRUBICH Arkadiusz	232	BRACIA DALTON	M30	130	00:00:49	00:25:00.85	00:25:50.40	+00:08:59 (36.0%)	5:00	12 (64.2%)
409	LACH Bogumiła	1261		K30	13	00:00:38	00:25:00.95	00:25:39.15	+00:08:59 (36.0%)	5:00	12 (64.2%)
410	ADAMSKA Izabela	1384		K30	14	00:00:03	00:25:01.75	00:25:05.10	+00:09:00 (36.0%)	5:00	12 (64.2%)
411	KUJAWA Maciej	1374		M20	103	00:00:56	00:25:01.90	00:25:58.80	+00:09:00 (36.0%)	5:00	12 (64.2%)
412	HORYD Justyna	985	SPORT FACTORY	K30	15	00:01:05	00:25:02.25	00:26:07.85	+00:09:01 (36.0%)	5:00	12 (64.2%)
413	BRZOZOWSKI Marek	709		M50	25	00:00:33	00:25:02.30	00:25:35.45	+00:09:01 (36.0%)	5:00	12 (64.2%)
414	FRANK Agnieszka	716		K30	16	00:00:34	00:25:04.30	00:25:38.30	+00:09:03 (36.1%)	5:00	12 (64.2%)
415	KIELIŃSKI Patryk	578	JS 4033	M20	104	00:00:04	00:25:05.65	00:25:09.75	+00:09:04 (36.2%)	5:01	12 (64.2%)
416	MICHALAK Robert	14	GORDON RUN	M20	105	00:00:49	00:25:05.90	00:25:55.10	+00:09:04 (36.2%)	5:01	12 (64.2%)
417	STARSZAK Seweryn	1117		M10	16	00:00:39	00:25:06.50	00:25:45.75	+00:09:05 (36.2%)	5:01	12 (64.2%)
418	TADROWSKI Rafał	785		M30	131	00:01:36	00:25:06.75	00:26:43.40	+00:09:05 (36.2%)	5:01	11.9 (63.6%)
419	SMAL Aleksandra	1212		K10	3	00:00:31	00:25:07.55	00:25:38.70	+00:09:06 (36.2%)	5:01	11.9 (63.6%)
420	SZPERKOWSKI Tomasz	971		M40	83	00:00:52	00:25:07.70	00:26:00.50	+00:09:06 (36.3%)	5:01	11.9 (63.6%)
421	SCIGOCKI Waldemar	758		M40	84	00:00:52	00:25:08.20	00:26:00.50	+00:09:07 (36.3%)	5:01	11.9 (63.6%)
422	SMAGAGOWSKA Anna	1047		K20	16	00:00:21	00:25:08.80	00:25:30.50	+00:09:07 (36.3%)	5:01	11.9 (63.6%)
423	DROZDOWSKI Krzysiek	360		M40	85	00:00:55	00:25:10.35	00:26:06.30	+00:09:09 (36.4%)	5:02	11.9 (63.6%)
424	SWAKOWSKI Przemysław	418		M20	106	00:00:34	00:25:10.55	00:25:45.15	+00:09:09 (36.4%)	5:02	11.9 (63.6%)
425	CZYŻEWSKA Justyna	91		K30	17	00:00:08	00:25:10.80	00:25:19.55	+00:09:09 (36.4%)	5:02	11.9 (63.6%)
426	MAŁECKI Tomasz	327		M30	132	00:00:09	00:25:11.20	00:25:20.30	+00:09:10 (36.4%)	5:02	11.9 (63.6%)
427	ŁOBOCKI Krzysztof	7		M30	133	00:01:36	00:25:11.85	00:26:48.35	+00:09:10 (36.4%)	5:02	11.9 (63.6%)
428	PIASECZNY Dawid	593		M30	134	00:00:28	00:25:12.65	00:25:41.00	+00:09:11 (36.5%)	5:02	11.9 (63.6%)
429	DROŹDŹ Małgorzata	94	KLONIKTEAM	K30	18	00:00:38	00:25:12.70	00:25:51.10	+00:09:11 (36.5%)	5:02	11.9 (63.6%)
430	QUAAS Łukasz	117	RUN PASJA	M30	135	00:00:05	00:25:12.85	00:25:18.10	+00:09:11 (36.5%)	5:02	11.9 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	MAZUREK Izabela	1394	NIEZALEŻNA	K40	10	00:00:07	00:25:12.90	00:25:20.20	+00:09:11 (36.5%)	5:02	11.9 (63.6%)
432	JARYSZ Adrian	558		M30	136	00:01:04	00:25:13.10	00:26:17.90	+00:09:12 (36.5%)	5:02	11.9 (63.6%)
433	MACKIEWICZ Piotr	1206		M30	137	00:01:19	00:25:14.60	00:26:33.80	+00:09:13 (36.5%)	5:02	11.9 (63.6%)
434	KOTECKI Marcin	1281		M30	138	00:00:24	00:25:14.95	00:25:39.45	+00:09:13 (36.6%)	5:03	11.9 (63.6%)
435	PORCZEK Bartłomiej	729		M20	107	00:01:18	00:25:15.40	00:26:33.95	+00:09:14 (36.6%)	5:03	11.9 (63.6%)
436	SYNAKIEWICZ Adam	1239		M40	86	00:00:57	00:25:15.50	00:26:12.55	+00:09:14 (36.6%)	5:03	11.9 (63.6%)
436	PROCZEK Jakub	1291		M20	108	00:00:22	00:25:15.50	00:25:38.00	+00:09:14 (36.6%)	5:03	11.9 (63.6%)
438	WEGNER Roman	302		M50	26	00:00:26	00:25:16.50	00:25:43.20	+00:09:15 (36.6%)	5:03	11.9 (63.6%)
439	PRZYBYLSKA Anna	747	LOS KUMPLOS	K20	17	00:00:07	00:25:16.85	00:25:24.00	+00:09:15 (36.6%)	5:03	11.9 (63.6%)
440	GRZESIAK Jakub	1404		M10	17	00:00:42	00:25:17.35	00:25:59.35	+00:09:16 (36.7%)	5:03	11.9 (63.6%)
441	BESSER Joanna	116		K20	18	00:00:09	00:25:19.95	00:25:29.05	+00:09:18 (36.8%)	5:04	11.8 (63.1%)
442	POTRZEBOWSKA Agata	163		K30	19	00:00:37	00:25:20.90	00:25:58.00	+00:09:19 (36.8%)	5:04	11.8 (63.1%)
443	ROSINSKI Przemysław	1012		M30	139	00:00:12	00:25:21.25	00:25:33.45	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
444	GROBELNA Angelika	583		K40	11	00:00:24	00:25:21.30	00:25:45.45	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
445	STEFAŃSKI Marcin	721		M40	87	00:00:48	00:25:21.65	00:26:09.75	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
445	KANIEWSKI Mateusz	821		M20	109	00:00:37	00:25:21.65	00:25:59.05	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
447	GRUCHAŁA Wojciech	132	SAMOTNY WILK	M50	27	00:01:23	00:25:21.70	00:26:45.05	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
447	CIERZNIIEWSKI Mirosław	494	ELTEKO-RUN	M50	28	00:00:51	00:25:21.70	00:26:13.10	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
449	KRESIŃSKI Andrzej	403	BYDGOSZCZ	M30	140	00:01:03	00:25:21.80	00:26:25.65	+00:09:20 (36.8%)	5:04	11.8 (63.1%)
450	RONKIEWICZ Dominika	1086	SP 69 MS	K10	4	00:00:40	00:25:22.20	00:26:02.90	+00:09:21 (36.9%)	5:04	11.8 (63.1%)
451	JAMRÓZ Joanna	210		K40	12	00:00:22	00:25:22.55	00:25:44.85	+00:09:21 (36.9%)	5:04	11.8 (63.1%)
452	SKONIECZNY Daniel	319	TCMS PESA BYDGOSZCZ	M20	110	00:01:23	00:25:24.95	00:26:48.65	+00:09:23 (37.0%)	5:05	11.8 (63.1%)
453	PASTWA Donata	822	SPORT FACTORY TEAM	K40	13	00:00:07	00:25:25.35	00:25:33.20	+00:09:24 (37.0%)	5:05	11.8 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	KORZEŃSKI Przemysław	858		M30	141	00:00:32	00:25:25.90	00:25:58.75	+00:09:24 (37.0%)	5:05	11.8 (63.1%)
455	WÓJCIK Jakub	1238		M10	18	00:00:16	00:25:26.05	00:25:42.85	+00:09:24 (37.0%)	5:05	11.8 (63.1%)
456	SZUBERGA Damian	1184		M20	111	00:00:03	00:25:26.95	00:25:30.30	+00:09:25 (37.1%)	5:05	11.8 (63.1%)
457	IWANUSEK Paweł	577	GRUPA BANKIETOWA SPECJAL	M40	88	00:00:22	00:25:27.25	00:25:49.65	+00:09:26 (37.1%)	5:05	11.8 (63.1%)
458	KOPACZEWSKA Agata	974		K20	19	00:00:42	00:25:27.90	00:26:10.15	+00:09:26 (37.1%)	5:05	11.8 (63.1%)
459	CIEPLINSKI Robert	861		M40	89	00:01:25	00:25:29.80	00:26:55.65	+00:09:28 (37.2%)	5:06	11.8 (63.1%)
460	WASZAK Konrad	169	FORDON NA CO DZIEŃ	M20	112	00:00:28	00:25:30.60	00:25:59.00	+00:09:29 (37.2%)	5:06	11.8 (63.1%)
460	KOZAKIEWICZ Marcin	1087		M40	90	00:00:27	00:25:30.60	00:25:58.15	+00:09:29 (37.2%)	5:06	11.8 (63.1%)
462	BRUDNOCH Aleksandra	820		K20	20	00:00:16	00:25:31.35	00:25:47.65	+00:09:30 (37.2%)	5:06	11.8 (63.1%)
463	DOBUCKA Katarzyna	290	CHONAROWER.PL	K20	21	00:00:48	00:25:32.45	00:26:21.10	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
464	ZDROJOWA Agnieszka	1277		K30	20	00:00:11	00:25:32.65	00:25:43.80	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
465	JAWORSKI Janusz	575		M50	29	00:00:05	00:25:32.75	00:25:38.00	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
466	PRZYBYLSKI Mariusz	892		M50	30	00:00:32	00:25:32.80	00:26:04.85	+00:09:31 (37.3%)	5:06	11.7 (62.6%)
467	FOJUTOWSKI Jan	1326	ROK	M10	19	00:00:43	00:25:33.65	00:26:17.20	+00:09:32 (37.3%)	5:06	11.7 (62.6%)
468	ZGÓRSKI Maciej	144	LEVEL 10 TUCHOLA	M30	142	00:00:26	00:25:33.85	00:26:00.20	+00:09:32 (37.3%)	5:06	11.7 (62.6%)
469	ĆWIKLIŃSKA Anna	97	KLONIKTEAM	K30	21	00:00:38	00:25:34.05	00:26:12.40	+00:09:32 (37.3%)	5:06	11.7 (62.6%)
470	KARSKI Przemysław	707		M30	143	00:01:26	00:25:34.80	00:27:00.80	+00:09:33 (37.4%)	5:06	11.7 (62.6%)
471	LATOS Piotr	1092		M30	144	00:01:29	00:25:35.15	00:27:05.10	+00:09:34 (37.4%)	5:07	11.7 (62.6%)
472	KRUTUL Kasia	1171		K40	14	00:01:13	00:25:36.05	00:26:49.90	+00:09:34 (37.4%)	5:07	11.7 (62.6%)
473	NOWOSIELSKI Marcin	633		M40	91	00:00:59	00:25:36.65	00:26:36.40	+00:09:35 (37.5%)	5:07	11.7 (62.6%)
474	SZLINGER Jakub	823	BWM	M30	145	00:01:13	00:25:36.80	00:26:50.35	+00:09:35 (37.5%)	5:07	11.7 (62.6%)
475	RUBASZEWSKI Marcin	1099		M30	146	00:00:10	00:25:37.35	00:25:48.20	+00:09:36 (37.5%)	5:07	11.7 (62.6%)
475	BRYWCZYŃSKA Justyna	70	RODOS TEAM	K30	22	00:00:44	00:25:37.35	00:26:21.50	+00:09:36 (37.5%)	5:07	11.7 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	KUBIAK Jarosław	50		M30	147	00:01:15	00:25:37.45	00:26:52.95	+00:09:36 (37.5%)	5:07	11.7 (62.6%)
478	GRACZYK Dawid	1372		M20	113	00:00:20	00:25:37.60	00:25:58.25	+00:09:36 (37.5%)	5:07	11.7 (62.6%)
479	WŁOCH Mateusz	1170		M10	20	00:00:05	00:25:38.50	00:25:43.65	+00:09:37 (37.5%)	5:07	11.7 (62.6%)
480	DEREZIŃSKI Tomasz	341		M30	148	00:00:47	00:25:39.50	00:26:27.30	+00:09:38 (37.6%)	5:08	11.7 (62.6%)
481	GRZESIAK - KNUT Lucyna	467		K30	23	00:00:26	00:25:40.05	00:26:06.40	+00:09:38 (37.6%)	5:08	11.7 (62.6%)
482	LANGE Monika	463		K40	15	00:00:26	00:25:40.10	00:26:06.70	+00:09:39 (37.6%)	5:08	11.7 (62.6%)
483	BRZOZOWSKI Jarosław	23	BRZOZA TRI TEAM	M50	31	00:00:15	00:25:40.45	00:25:56.40	+00:09:39 (37.6%)	5:08	11.7 (62.6%)
484	ROSZCZYN Michał	442		M20	114	00:00:26	00:25:40.50	00:26:06.70	+00:09:39 (37.6%)	5:08	11.7 (62.6%)
485	DOBBER Anna	702	MAŁA MI	K20	22	00:00:09	00:25:41.00	00:25:50.90	+00:09:39 (37.6%)	5:08	11.7 (62.6%)
486	USS Aliaksandr	647		M40	92	00:00:46	00:25:41.75	00:26:28.50	+00:09:40 (37.7%)	5:08	11.7 (62.6%)
487	KOWALSKA Anna	1373	BOOM	K30	24	00:00:45	00:25:42.25	00:26:28.20	+00:09:41 (37.7%)	5:08	11.7 (62.6%)
488	GOŁATTA Magdalena	450		K30	25	00:00:25	00:25:42.30	00:26:07.60	+00:09:41 (37.7%)	5:08	11.7 (62.6%)
489	GONCERZ Katarzyna	862		K30	26	00:00:30	00:25:43.45	00:26:13.55	+00:09:42 (37.7%)	5:08	11.7 (62.6%)
489	GESZKIEWICZ Marta	564	TOASTMASTERS SPEAKERS ZONE	K30	27	00:00:50	00:25:43.45	00:26:34.15	+00:09:42 (37.7%)	5:08	11.7 (62.6%)
491	GONCERZEWICZ Katarzyna	646		K30	28	00:01:00	00:25:44.40	00:26:45.10	+00:09:43 (37.8%)	5:09	11.7 (62.6%)
492	SKUCIŃSKA Karolina	262		K30	29	00:00:41	00:25:44.45	00:26:26.10	+00:09:43 (37.8%)	5:09	11.7 (62.6%)
493	ROGALSKA Justyna	678	BIEGAJĄCE KEBABY	K30	30	00:01:13	00:25:46.85	00:27:00.50	+00:09:45 (37.9%)	5:09	11.6 (62.0%)
494	GORCZYCA Rafał	496		M40	93	00:01:54	00:25:47.30	00:27:42.05	+00:09:46 (37.9%)	5:09	11.6 (62.0%)
495	NITKA Dominika	274		K20	23	00:00:41	00:25:47.85	00:26:29.50	+00:09:46 (37.9%)	5:09	11.6 (62.0%)
496	MATTHEWS Karol	1249	DLA ZDROWIA	M30	149	00:00:27	00:25:48.15	00:26:15.70	+00:09:47 (37.9%)	5:09	11.6 (62.0%)
497	HOŁOWNIA Karolina	157		K20	24	00:00:50	00:25:53.35	00:26:43.90	+00:09:52 (38.1%)	5:10	11.6 (62.0%)
498	DORAWA Mirosław	677		M30	150	00:01:21	00:25:53.85	00:27:15.80	+00:09:52 (38.1%)	5:10	11.6 (62.0%)
499	PORAZIŃSKA Viktoria	395		K40	16	00:00:27	00:25:54.90	00:26:22.60	+00:09:53 (38.2%)	5:11	11.6 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	JESZKA Patryk	1153	BBL SZUBIN	M20	115	00:01:02	00:25:55.00	00:26:57.25	+00:09:53 (38.2%)	5:11	11.6 (62.0%)
501	RADECKI Maciej	1314		M40	94	00:01:39	00:25:56.20	00:27:35.40	+00:09:55 (38.2%)	5:11	11.6 (62.0%)
501	PANFIL Oliwia	855		K10	5	00:00:31	00:25:56.20	00:26:27.30	+00:09:55 (38.2%)	5:11	11.6 (62.0%)
503	MIERZYŃSKI Jakub	1154		M20	116	00:00:35	00:25:56.25	00:26:31.40	+00:09:55 (38.2%)	5:11	11.6 (62.0%)
504	WIŚNIEWSKI Piotr	1033		M20	117	00:00:59	00:25:56.50	00:26:56.30	+00:09:55 (38.3%)	5:11	11.6 (62.0%)
505	JEZIORSKA Monika	308	ANIOŁY	K30	31	00:01:00	00:25:57.20	00:26:57.90	+00:09:56 (38.3%)	5:11	11.6 (62.0%)
506	HASEK Patryk	848		M20	118	00:01:13	00:25:57.40	00:27:11.05	+00:09:56 (38.3%)	5:11	11.6 (62.0%)
506	MADEJ Adam	153		M20	119	00:01:00	00:25:57.40	00:26:57.60	+00:09:56 (38.3%)	5:11	11.6 (62.0%)
508	PYTLIŃSKI Paweł	719	BYDGOSKIE ŻÓŁWIE	M30	151	00:01:03	00:25:58.05	00:27:01.10	+00:09:56 (38.3%)	5:11	11.6 (62.0%)
509	NOWAK Tomasz	379	GORDON RUN	M40	95	00:01:17	00:25:59.10	00:27:16.30	+00:09:58 (38.4%)	5:11	11.5 (61.5%)
510	WOSZCZYK Agnieszka	1207		K20	25	00:00:44	00:25:59.15	00:26:43.30	+00:09:58 (38.4%)	5:11	11.5 (61.5%)
511	GRALAK Martyna	501		K10	6	00:00:19	00:25:59.50	00:26:18.60	+00:09:58 (38.4%)	5:11	11.5 (61.5%)
512	KALLAS-LIPSKA Anetta	1122	RUN BYDGOSZCZ	K40	17	00:00:37	00:25:59.65	00:26:36.65	+00:09:58 (38.4%)	5:11	11.5 (61.5%)
513	KULAS Natalia	193		K18	1	00:00:49	00:25:59.95	00:26:49.20	+00:09:58 (38.4%)	5:12	11.5 (61.5%)
514	KARWASZ Adam	685		M30	152	00:00:26	00:26:00.50	00:26:27.10	+00:09:59 (38.4%)	5:12	11.5 (61.5%)
515	KŁOSIŃSKI Marian	1421		M30	153	00:01:28	00:26:03.55	00:27:32.45	+00:10:02 (38.5%)	5:12	11.5 (61.5%)
516	ORZAŁKIEWICZ Agata	722		K20	26	00:01:42	00:26:03.70	00:27:46.55	+00:10:02 (38.5%)	5:12	11.5 (61.5%)
517	POTRZEBOWSKI Marek	156		M30	154	00:00:39	00:26:06.90	00:26:46.05	+00:10:05 (38.7%)	5:13	11.5 (61.5%)
518	CZAJA Jarosław	230		M30	155	00:00:45	00:26:06.95	00:26:52.20	+00:10:05 (38.7%)	5:13	11.5 (61.5%)
518	WIŚNIEWSKI Maksymilian	244		M18	12	00:00:46	00:26:06.95	00:26:53.55	+00:10:05 (38.7%)	5:13	11.5 (61.5%)
520	MILNER Szymon	1052		M30	156	00:01:40	00:26:07.80	00:27:48.55	+00:10:06 (38.7%)	5:13	11.5 (61.5%)
521	KUŹNIAR Robert	688	WSG BYDGOSZCZ	M20	120	00:00:29	00:26:08.45	00:26:37.75	+00:10:07 (38.7%)	5:13	11.5 (61.5%)
522	KIJEWSKI Maciej	323	KABEL TEAM BYDGOSZCZ	M30	157	00:01:08	00:26:08.60	00:27:17.05	+00:10:07 (38.7%)	5:13	11.5 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	KUBEŁ Marta	694	CWZS ZAWISZA / WSG BYDGOSZCZ	K20	27	00:00:30	00:26:09.00	00:26:39.35	+00:10:07 (38.7%)	5:13	11.5 (61.5%)
524	DOLNY Marcin	1341		M40	96	00:00:34	00:26:09.45	00:26:43.60	+00:10:08 (38.8%)	5:13	11.5 (61.5%)
525	URBAŃSKI Dawid	675		M30	158	00:00:51	00:26:10.10	00:27:01.40	+00:10:09 (38.8%)	5:14	11.5 (61.5%)
526	MALATYŃSKA Barbara	807		K40	18	00:00:27	00:26:10.60	00:26:37.65	+00:10:09 (38.8%)	5:14	11.5 (61.5%)
527	JURCZAK Robert	986		M30	159	00:01:27	00:26:11.30	00:27:38.60	+00:10:10 (38.8%)	5:14	11.5 (61.5%)
528	SKWAREK Oliwia	1318		K20	28	00:00:50	00:26:12.30	00:27:02.65	+00:10:11 (38.9%)	5:14	11.5 (61.5%)
529	JANUCHOWSKI Damian	361		M20	121	00:01:17	00:26:12.70	00:27:30.05	+00:10:11 (38.9%)	5:14	11.4 (61.0%)
530	PADZIKOWSKA Agnieszka	362		K30	32	00:00:46	00:26:13.15	00:26:59.40	+00:10:12 (38.9%)	5:14	11.4 (61.0%)
531	JAKUBIEC Adrianna	1243		K20	29	00:00:40	00:26:13.50	00:26:53.85	+00:10:12 (38.9%)	5:14	11.4 (61.0%)
532	RAKOWSKI Piotr	670	ŻANDARMERIA BYDGOSKA	M60	5	00:01:30	00:26:13.65	00:27:44.10	+00:10:12 (38.9%)	5:14	11.4 (61.0%)
533	KISIEL Krystian	40	EKIPABSW	M30	160	00:01:10	00:26:15.00	00:27:25.55	+00:10:13 (39.0%)	5:15	11.4 (61.0%)
534	GOŁCZYŃSKI Tomasz	622		M40	97	00:00:46	00:26:15.10	00:27:01.85	+00:10:14 (39.0%)	5:15	11.4 (61.0%)
535	KARSKI Marcin	704		M40	98	00:01:26	00:26:17.55	00:27:44.15	+00:10:16 (39.1%)	5:15	11.4 (61.0%)
536	SKWAREK Bogumiła	1317		K50	3	00:00:52	00:26:17.60	00:27:09.60	+00:10:16 (39.1%)	5:15	11.4 (61.0%)
537	KARSKI Krzysztof	705		M10	21	00:01:27	00:26:18.20	00:27:45.30	+00:10:17 (39.1%)	5:15	11.4 (61.0%)
538	STOKŁOSA Natalia	428		K30	33	00:01:11	00:26:19.65	00:27:31.10	+00:10:18 (39.2%)	5:16	11.4 (61.0%)
539	HANCZEWSKA Sonia	514		K20	30	00:00:19	00:26:21.50	00:26:41.10	+00:10:20 (39.2%)	5:16	11.4 (61.0%)
540	BIERNAT Magdalena	590	PKO DREAM TEAM	K30	34	00:00:40	00:26:21.80	00:27:01.85	+00:10:20 (39.2%)	5:16	11.4 (61.0%)
541	TUCZYNSKI Maciej	322		M30	161	00:00:33	00:26:21.90	00:26:55.35	+00:10:20 (39.2%)	5:16	11.4 (61.0%)
542	KOWALIKOWSKI Daniel	72		M20	122	00:00:19	00:26:22.85	00:26:42.45	+00:10:21 (39.3%)	5:16	11.4 (61.0%)
543	DOLNY Kajetan	1340		M10	22	00:00:33	00:26:23.10	00:26:56.30	+00:10:22 (39.3%)	5:16	11.4 (61.0%)
543	ANDRZEJEWSKA Sylwia	1369		K20	31	00:01:14	00:26:23.10	00:27:37.60	+00:10:22 (39.3%)	5:16	11.4 (61.0%)
545	MAZURKIEWICZ Anna	1386		K30	35	00:00:17	00:26:23.30	00:26:41.00	+00:10:22 (39.3%)	5:16	11.4 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	KORDAS Jacek	326		M20	123	00:01:00	00:26:24.05	00:27:24.15	+00:10:22 (39.3%)	5:16	11.4 (61.0%)
547	POPŁAWSKI Tomasz	1141	DYNAMO SKARPA	M30	162	00:00:23	00:26:24.10	00:26:47.50	+00:10:23 (39.3%)	5:16	11.4 (61.0%)
548	PIŃSKA Sylwia	1018	INOWROCŁAW BIEGA	K30	36	00:00:52	00:26:24.95	00:27:17.15	+00:10:23 (39.4%)	5:17	11.4 (61.0%)
549	SZMELTER Michał	656		M40	99	00:00:52	00:26:25.50	00:27:18.45	+00:10:24 (39.4%)	5:17	11.3 (60.4%)
550	MICHLIC Ines	350		K18	2	00:01:17	00:26:25.65	00:27:43.45	+00:10:24 (39.4%)	5:17	11.3 (60.4%)
551	BYSTRYK Renata	1067		K40	19	00:01:14	00:26:27.35	00:27:42.10	+00:10:26 (39.5%)	5:17	11.3 (60.4%)
552	BŁAŻEJewski Dariusz	993		M40	100	00:01:15	00:26:27.90	00:27:43.50	+00:10:26 (39.5%)	5:17	11.3 (60.4%)
553	BRONA Ewelina	1065		K20	32	00:00:57	00:26:28.05	00:27:25.90	+00:10:26 (39.5%)	5:17	11.3 (60.4%)
554	WOJDAT Dominika	190		K20	33	00:01:07	00:26:29.60	00:27:37.15	+00:10:28 (39.5%)	5:18	11.3 (60.4%)
555	JACEK Oskar	1283		M18	13	00:00:09	00:26:29.70	00:26:39.60	+00:10:28 (39.5%)	5:18	11.3 (60.4%)
556	DULIŃSKA Dorota	982	TRISPACE	K40	20	00:01:27	00:26:30.95	00:27:57.95	+00:10:29 (39.6%)	5:18	11.3 (60.4%)
557	DULIŃSKI Jacek	1315		M40	101	00:01:27	00:26:31.10	00:27:58.20	+00:10:30 (39.6%)	5:18	11.3 (60.4%)
558	JURKIEWICZ Patrycja	925		K18	3	00:00:09	00:26:31.40	00:26:40.70	+00:10:30 (39.6%)	5:18	11.3 (60.4%)
559	ŚWIERCZYŃSKI Jakub	1406		M10	23	00:00:53	00:26:31.70	00:27:25.55	+00:10:30 (39.6%)	5:18	11.3 (60.4%)
560	KOZACZYK Julia	890		K10	7	00:00:21	00:26:32.05	00:26:53.70	+00:10:30 (39.6%)	5:18	11.3 (60.4%)
561	STOKŁOSA Maciej	431		M20	124	00:00:58	00:26:32.50	00:27:31.10	+00:10:31 (39.6%)	5:18	11.3 (60.4%)
562	JESZKA Adrianna	368		K20	34	00:00:27	00:26:33.70	00:27:00.70	+00:10:32 (39.7%)	5:18	11.3 (60.4%)
562	TURZYŃSKA Marta	952		K30	37	00:00:42	00:26:33.70	00:27:16.40	+00:10:32 (39.7%)	5:18	11.3 (60.4%)
562	IWAN Remigiusz	1419		M40	102	00:01:12	00:26:33.70	00:27:46.65	+00:10:32 (39.7%)	5:18	11.3 (60.4%)
565	MIKSZTOWICZ Oliwia	1376		K18	4	00:01:10	00:26:35.25	00:27:46.15	+00:10:34 (39.8%)	5:19	11.3 (60.4%)
566	ULATOWSKA Sylwia	1165		K30	38	00:01:05	00:26:36.05	00:27:41.95	+00:10:34 (39.8%)	5:19	11.3 (60.4%)
567	KORALEWSKI Jakub	924		M20	125	00:00:03	00:26:36.50	00:26:39.55	+00:10:35 (39.8%)	5:19	11.3 (60.4%)
568	CHMIELARSKI Michał	1115		M20	126	00:01:34	00:26:36.60	00:28:10.60	+00:10:35 (39.8%)	5:19	11.3 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	CZAPLEWSKA Alicja	1363		K30	39	00:01:18	00:26:38.05	00:27:56.20	+00:10:36 (39.9%)	5:19	11.3 (60.4%)
570	SIEWNIAK Patrycja	545		K18	5	00:01:14	00:26:38.20	00:27:52.25	+00:10:37 (39.9%)	5:19	11.3 (60.4%)
571	SCHUMACHER-RATAJ Marta	786		K30	40	00:00:07	00:26:39.60	00:26:47.30	+00:10:38 (39.9%)	5:20	11.3 (60.4%)
572	ZDZIAREK Artur	1053		M30	163	00:01:16	00:26:39.85	00:27:56.20	+00:10:38 (39.9%)	5:20	11.3 (60.4%)
572	JELEŃ Agnieszka	778	VEGE RUNNERS	K30	41	00:00:57	00:26:39.85	00:27:37.70	+00:10:38 (39.9%)	5:20	11.3 (60.4%)
574	SIWIŃSKA Elżbieta	643	BBL INOWROCŁAW	K50	4	00:00:21	00:26:41.95	00:27:03.05	+00:10:40 (40.0%)	5:20	11.2 (59.9%)
575	SKURCZYŃSKA Magdalena	849		K20	35	00:00:03	00:26:42.60	00:26:46.40	+00:10:41 (40.0%)	5:20	11.2 (59.9%)
576	SZMYRGAŁA Zdzisław	518	BRACIA DALTON	M50	32	00:00:49	00:26:43.40	00:27:32.70	+00:10:42 (40.1%)	5:20	11.2 (59.9%)
577	MELLEM-ZWIEWKA Małgorzata	161	KLUB BIEGAJĄCE BABECZKI	K40	21	00:00:36	00:26:43.90	00:27:20.40	+00:10:42 (40.1%)	5:20	11.2 (59.9%)
577	GADOMSKA Maria	339	RUN BYDGOSZCZ	K60	1	00:00:52	00:26:43.90	00:27:36.30	+00:10:42 (40.1%)	5:20	11.2 (59.9%)
579	STĘPSKI Sławomir	387		M18	14	00:00:13	00:26:44.80	00:26:58.10	+00:10:43 (40.1%)	5:21	11.2 (59.9%)
580	HAUS Katarzyna	582	BBL SZUBIN	K40	22	00:00:05	00:26:46.00	00:26:51.90	+00:10:44 (40.2%)	5:21	11.2 (59.9%)
581	BOROWIEC Wioleta	584	BBL SZUBIN	K30	42	00:00:05	00:26:46.10	00:26:51.80	+00:10:45 (40.2%)	5:21	11.2 (59.9%)
582	NOWICKI Adam	272		M40	103	00:00:26	00:26:46.60	00:27:12.80	+00:10:45 (40.2%)	5:21	11.2 (59.9%)
583	NOWICKA Izabela	275		K30	43	00:00:25	00:26:47.00	00:27:12.60	+00:10:45 (40.2%)	5:21	11.2 (59.9%)
584	AFELT Luiza	909		K20	36	00:00:49	00:26:47.25	00:27:37.10	+00:10:46 (40.2%)	5:21	11.2 (59.9%)
585	CICHULSKA QUAAS Izabela	123	RUN PASJA	K30	44	00:00:04	00:26:48.30	00:26:52.65	+00:10:47 (40.2%)	5:21	11.2 (59.9%)
586	CEMKE Magdalena	329		K20	37	00:00:58	00:26:48.40	00:27:46.55	+00:10:47 (40.2%)	5:21	11.2 (59.9%)
587	STANKIEWICZ Dariusz	626	BÓL TO ŚCIEMA	M50	33	00:00:31	00:26:49.20	00:27:20.90	+00:10:48 (40.3%)	5:21	11.2 (59.9%)
588	NIKOŁAJEW Monika	186		K30	45	00:00:42	00:26:50.20	00:27:32.35	+00:10:49 (40.3%)	5:22	11.2 (59.9%)
589	KUK Bartłomiej	540		M10	24	00:01:01	00:26:50.25	00:27:51.60	+00:10:49 (40.3%)	5:22	11.2 (59.9%)
590	GIEŁDON Paweł	1158		M30	164	00:00:29	00:26:50.75	00:27:20.50	+00:10:49 (40.3%)	5:22	11.2 (59.9%)
590	MATUSZCZAK Tomasz	926		M40	104	00:00:32	00:26:50.75	00:27:23.20	+00:10:49 (40.3%)	5:22	11.2 (59.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	CHMIELARSKI Maciej	1169		M20	127	00:01:33	00:26:51.40	00:28:24.95	+00:10:50 (40.4%)	5:22	11.2 (59.9%)
593	RACIBORSKI Grzegorz	1389	TASAK TEAM	M30	165	00:00:38	00:26:52.65	00:27:31.25	+00:10:51 (40.4%)	5:22	11.2 (59.9%)
594	KARAŚ Monika	1383		K30	46	00:00:03	00:26:52.95	00:26:56.00	+00:10:51 (40.4%)	5:22	11.2 (59.9%)
595	PORA Dariusz	148	BRACIA DALTON	M50	34	00:00:51	00:26:53.90	00:27:44.95	+00:10:52 (40.4%)	5:22	11.2 (59.9%)
596	MLICKI Marcin	441		M40	105	00:00:28	00:26:56.40	00:27:25.20	+00:10:55 (40.5%)	5:23	11.1 (59.4%)
597	JAGIEŁO Sylwia	896	BBL INOWROCLAW BIEGA	K30	47	00:00:51	00:26:56.60	00:27:48.55	+00:10:55 (40.5%)	5:23	11.1 (59.4%)
598	NURKIEWICZ Jarosław	273	KUNG FU PANDY 3	M40	106	00:01:43	00:26:56.75	00:28:40.35	+00:10:55 (40.6%)	5:23	11.1 (59.4%)
599	KALINOWSKI Dariusz	965		M30	166	00:00:45	00:26:57.40	00:27:42.60	+00:10:56 (40.6%)	5:23	11.1 (59.4%)
600	GUMIENNY Tomasz	756	LAKIERYGUMIENNY.PL	M20	128	00:01:07	00:26:57.45	00:28:05.10	+00:10:56 (40.6%)	5:23	11.1 (59.4%)
601	KALINOWSKA Patrycja	964		K20	38	00:00:44	00:26:57.80	00:27:42.65	+00:10:56 (40.6%)	5:23	11.1 (59.4%)
602	KILAN Kacper	134		M20	129	00:00:42	00:26:58.25	00:27:40.85	+00:10:57 (40.6%)	5:23	11.1 (59.4%)
603	MADEJ Kamil	715		M30	167	00:01:02	00:26:58.95	00:28:00.95	+00:10:57 (40.6%)	5:23	11.1 (59.4%)
604	SKÓRCZ Tomasz	697		M50	35	00:01:35	00:26:59.70	00:28:35.00	+00:10:58 (40.7%)	5:24	11.1 (59.4%)
605	ŚLEFARSKI Paweł	343		M20	130	00:00:45	00:26:59.95	00:27:45.90	+00:10:58 (40.7%)	5:24	11.1 (59.4%)
606	GÓRKA Łukasz	784		M20	131	00:00:11	00:27:00.00	00:27:11.20	+00:10:58 (40.7%)	5:24	11.1 (59.4%)
607	ADAMCZYK Sonia	771	KLUB ZDROWEGO STYLU ŻYCIA	K20	39	00:00:05	00:27:00.35	00:27:06.10	+00:10:59 (40.7%)	5:24	11.1 (59.4%)
608	GUMIENNA Monika	757	LAKIERYGUMIENNY.PL	K30	48	00:01:07	00:27:00.50	00:28:07.70	+00:10:59 (40.7%)	5:24	11.1 (59.4%)
609	GRUBICH Kacper	238	BRACIA DALTON	M10	25	00:00:49	00:27:03.55	00:27:53.40	+00:11:02 (40.8%)	5:24	11.1 (59.4%)
610	CYBUL Krzysztof	879		M30	168	00:01:40	00:27:04.10	00:28:45.00	+00:11:03 (40.8%)	5:25	11.1 (59.4%)
611	DRÓŹDŹ Małgorzata	1048		K20	40	00:01:15	00:27:05.55	00:28:20.85	+00:11:04 (40.9%)	5:25	11.1 (59.4%)
612	KOZAK Piotr	944		M20	132	00:01:05	00:27:05.95	00:28:11.20	+00:11:04 (40.9%)	5:25	11.1 (59.4%)
613	CHYLIŃSKA Monika	1385		K30	49	00:00:46	00:27:08.10	00:27:54.65	+00:11:07 (41.0%)	5:25	11.1 (59.4%)
614	CZARNECKI Dawid	1380	STRAŻ MIEJSKA TORUŃ	M20	133	00:00:04	00:27:08.45	00:27:13.10	+00:11:07 (41.0%)	5:25	11 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
615	TARASZKA Ireneusz	1422	JRG 1 INOWROCŁAW	M50	36	00:01:01	00:27:09.80	00:28:10.80	+00:11:08 (41.0%)	5:25	11 (58.8%)
616	WISNIEWSKA Małgorzata	113		K30	50	00:01:18	00:27:09.85	00:28:28.10	+00:11:08 (41.0%)	5:26	11 (58.8%)
616	KONOPIŃSKA Agnieszka	90	RUN BYDGOSZCZ	K30	51	00:01:18	00:27:09.85	00:28:28.25	+00:11:08 (41.0%)	5:26	11 (58.8%)
618	KROPIDŁOWSKA Magdalena	994	OCELOTY KRUSZYN KRAJEŃSKI	K30	52	00:00:57	00:27:12.40	00:28:10.05	+00:11:11 (41.1%)	5:26	11 (58.8%)
619	PRZYBYLSKA Grażyna	936		K50	5	00:01:07	00:27:12.75	00:28:20.10	+00:11:11 (41.1%)	5:26	11 (58.8%)
620	JANKOWSKA Katarzyna	641		K40	23	00:00:54	00:27:13.55	00:28:08.35	+00:11:12 (41.2%)	5:26	11 (58.8%)
621	STASZKIEWICZ Radosław	77	CZARNE STOPY SM	M40	107	00:00:55	00:27:13.80	00:28:09.75	+00:11:12 (41.2%)	5:26	11 (58.8%)
622	MALICKA Beata	183		K50	6	00:00:26	00:27:14.00	00:27:40.10	+00:11:12 (41.2%)	5:26	11 (58.8%)
623	STRABEL Maria	124		K50	7	00:00:15	00:27:14.10	00:27:30.05	+00:11:13 (41.2%)	5:27	11 (58.8%)
624	STARSZAK Julia	1118		K10	8	00:00:40	00:27:14.15	00:27:54.55	+00:11:13 (41.2%)	5:26	11 (58.8%)
625	SOKÓŁ Krystyna	22		K20	41	00:01:35	00:27:15.55	00:28:51.15	+00:11:14 (41.2%)	5:27	11 (58.8%)
626	KRYSZTOFIAK Robert	249		M40	108	00:00:35	00:27:17.00	00:27:52.75	+00:11:15 (41.3%)	5:27	11 (58.8%)
627	SZULC Radek	1112		M30	169	00:01:29	00:27:18.85	00:28:48.30	+00:11:17 (41.4%)	5:27	11 (58.8%)
628	WUJEK Magdalena	950		K30	53	00:01:27	00:27:21.20	00:28:48.55	+00:11:20 (41.4%)	5:28	11 (58.8%)
629	SKWARCZYŃSKI Radek	763		M20	134	00:00:59	00:27:21.25	00:28:20.70	+00:11:20 (41.4%)	5:28	11 (58.8%)
630	KAPELIŃSKI Sebastian	979	RODOS TEAM	M20	135	00:00:49	00:27:22.20	00:28:12.10	+00:11:21 (41.5%)	5:28	11 (58.8%)
631	ZYGMUNT Paulina	241		K20	42	00:00:23	00:27:22.85	00:27:46.15	+00:11:21 (41.5%)	5:28	11 (58.8%)
632	KULINSKI Zbigniew	239		M30	170	00:01:37	00:27:22.90	00:29:00.30	+00:11:21 (41.5%)	5:28	11 (58.8%)
633	CISZEWSKA Emilia	283		K30	54	00:00:54	00:27:23.15	00:28:17.50	+00:11:22 (41.5%)	5:28	11 (58.8%)
634	CHWEDORCZUK Diana	313		K20	43	00:00:20	00:27:23.65	00:27:43.85	+00:11:22 (41.5%)	5:28	11 (58.8%)
635	ŚLADEWSKI Rafał	264		M30	171	00:00:03	00:27:23.95	00:27:27.75	+00:11:22 (41.5%)	5:28	10.9 (58.3%)
636	GRZONKA Emilia	1050		K20	44	00:00:30	00:27:24.45	00:27:54.55	+00:11:23 (41.6%)	5:28	10.9 (58.3%)
636	WASILEWSKA-MICHALAK Agata	489		K30	55	00:00:46	00:27:24.45	00:28:10.65	+00:11:23 (41.6%)	5:28	10.9 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	WASILEWSKA Martyna	488		K30	56	00:00:46	00:27:24.60	00:28:10.65	+00:11:23 (41.6%)	5:28	10.9 (58.3%)
639	WAWRZYNIAK Arkadiusz	851	DART TAVERNA NAKŁO	M40	109	00:00:31	00:27:25.85	00:27:57.60	+00:11:24 (41.6%)	5:29	10.9 (58.3%)
640	BRZOZOWSKI Mariusz	981		M50	37	00:00:56	00:27:26.65	00:28:23.05	+00:11:25 (41.6%)	5:29	10.9 (58.3%)
641	ŚCIBAK Wojciech	1344	JFTC SU	M30	172	00:00:55	00:27:27.25	00:28:23.20	+00:11:26 (41.7%)	5:29	10.9 (58.3%)
642	GÓRSKA Joanna	74		K30	57	00:00:50	00:27:28.70	00:28:19.30	+00:11:27 (41.7%)	5:29	10.9 (58.3%)
643	OWCZAREK Agnieszka	595	BIEGAM BO LUBIĘ	K30	58	00:00:44	00:27:29.40	00:28:14.10	+00:11:28 (41.7%)	5:30	10.9 (58.3%)
644	CIACHERA Ireneusz	1307		M50	38	00:01:19	00:27:30.30	00:28:49.60	+00:11:29 (41.8%)	5:30	10.9 (58.3%)
645	JAGIEŁO Radosław	897		M30	173	00:00:51	00:27:31.20	00:28:23.15	+00:11:30 (41.8%)	5:30	10.9 (58.3%)
645	STRZAŁKOWSKI Sergiusz	603		M10	26	00:00:44	00:27:31.20	00:28:15.35	+00:11:30 (41.8%)	5:30	10.9 (58.3%)
647	PILIUKH Marharyta	1142		K20	45	00:00:47	00:27:31.65	00:28:19.15	+00:11:30 (41.8%)	5:30	10.9 (58.3%)
648	WIŚNIEWSKA Karolina	365		K20	46	00:00:33	00:27:32.35	00:28:05.80	+00:11:31 (41.8%)	5:30	10.9 (58.3%)
649	CHMIELEWSKI Mateusz	607		M20	136	00:00:33	00:27:32.80	00:28:05.95	+00:11:31 (41.9%)	5:30	10.9 (58.3%)
650	WIERSKI Jarosław	170	KUJAWSKO-POMORSKIE.PL	M40	110	00:00:50	00:27:33.10	00:28:23.95	+00:11:32 (41.9%)	5:30	10.9 (58.3%)
650	NOWICKI Sławomir	485	CZARNE STOPY.SM	M30	174	00:00:51	00:27:33.10	00:28:24.35	+00:11:32 (41.9%)	5:30	10.9 (58.3%)
652	MARĆ Klara	865		K10	9	00:01:40	00:27:33.80	00:29:14.55	+00:11:32 (41.9%)	5:30	10.9 (58.3%)
653	MARĆ Robert	864		M40	111	00:01:41	00:27:34.85	00:29:15.90	+00:11:33 (41.9%)	5:30	10.9 (58.3%)
654	KARSKI Hubert	713		M60	6	00:01:26	00:27:35.25	00:29:01.75	+00:11:34 (41.9%)	5:31	10.9 (58.3%)
655	AFELT Jarosław	908		M30	175	00:01:41	00:27:35.55	00:29:16.55	+00:11:34 (41.9%)	5:31	10.9 (58.3%)
656	SZADKOWSKA Anna	624	INOWROCŁAW BIEGA	K60	2	00:00:20	00:27:35.75	00:27:56.65	+00:11:34 (42.0%)	5:31	10.9 (58.3%)
657	GOTOWICZ Beata	878		K40	24	00:00:10	00:27:40.15	00:27:51.00	+00:11:39 (42.1%)	5:32	10.8 (57.8%)
658	GOTOWICZ Mariusz	363		M50	39	00:01:01	00:27:40.20	00:28:41.95	+00:11:39 (42.1%)	5:32	10.8 (57.8%)
659	PIECYK-CZAJA Sonia	227		K30	59	00:00:45	00:27:41.45	00:28:27.10	+00:11:40 (42.2%)	5:32	10.8 (57.8%)
660	FLOREK Milena	495	RE MEDIA BYDGOSZCZ	K30	60	00:01:26	00:27:41.60	00:29:08.20	+00:11:40 (42.2%)	5:32	10.8 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	JAKUBOWSKI Mirosław	459	URZĄD MIASTA	M50	40	00:01:07	00:27:41.85	00:28:49.70	+00:11:40 (42.2%)	5:32	10.8 (57.8%)
662	BIERNAT Justyna	591	MKS INOWROCŁAW	K10	10	00:00:39	00:27:43.30	00:28:22.90	+00:11:42 (42.2%)	5:32	10.8 (57.8%)
663	OBREMSKA Natalia	182		K20	47	00:01:02	00:27:43.75	00:28:46.00	+00:11:42 (42.2%)	5:32	10.8 (57.8%)
664	GADASZEWSKI Damian	1349	STEP	M20	137	00:01:41	00:27:44.25	00:29:25.95	+00:11:43 (42.3%)	5:32	10.8 (57.8%)
665	DEMBEK Maciej	1070		M20	138	00:00:07	00:27:44.40	00:27:51.80	+00:11:43 (42.3%)	5:32	10.8 (57.8%)
665	LOOSE Paulina	748	LOS KUMPLÓS	K20	48	00:00:07	00:27:44.40	00:27:51.60	+00:11:43 (42.3%)	5:32	10.8 (57.8%)
667	TUPTANOWSKI Przemek	1388	WELD-LINE SPORTTEAM	M30	176	00:01:02	00:27:46.45	00:28:48.70	+00:11:45 (42.3%)	5:33	10.8 (57.8%)
668	BYCZKOWSKI Zenon	279	INDYWIDUALNIE	M50	41	00:00:55	00:27:46.50	00:28:41.80	+00:11:45 (42.3%)	5:33	10.8 (57.8%)
669	MULLER Jakub	295	INTERACT CLUB BYDGOSZCZ	M10	27	00:01:04	00:27:47.10	00:28:51.20	+00:11:46 (42.3%)	5:33	10.8 (57.8%)
670	TOMCZAK Sylwester	1280		M20	139	00:00:27	00:27:47.75	00:28:14.85	+00:11:46 (42.4%)	5:33	10.8 (57.8%)
671	SIERANT Paweł	860		M40	112	00:00:12	00:27:48.25	00:28:00.50	+00:11:47 (42.4%)	5:33	10.8 (57.8%)
672	ORNATOWSKI Marcin	59	GORDON RUN	M30	177	00:01:25	00:27:48.85	00:29:14.15	+00:11:47 (42.4%)	5:33	10.8 (57.8%)
673	BRUSKI Marek	1038		M10	28	00:00:02	00:27:49.45	00:27:51.90	+00:11:48 (42.4%)	5:33	10.8 (57.8%)
674	SZUBARTOWSKA Pola	990		K10	11	00:01:26	00:27:50.60	00:29:16.70	+00:11:49 (42.5%)	5:34	10.8 (57.8%)
675	RADŁOWSKA Małgorzata	1403		K50	8	00:00:05	00:27:50.65	00:27:55.75	+00:11:49 (42.5%)	5:34	10.8 (57.8%)
676	WRÓBLEWSKA Marzena	1246		K50	9	00:00:21	00:27:51.00	00:28:12.80	+00:11:49 (42.5%)	5:34	10.8 (57.8%)
677	DUDZIŃSKA Małgorzata	919		K40	25	00:00:42	00:27:51.85	00:28:34.25	+00:11:50 (42.5%)	5:34	10.8 (57.8%)
678	JUNKA Karolina	682		K20	49	00:00:36	00:27:52.50	00:28:28.80	+00:11:51 (42.5%)	5:34	10.8 (57.8%)
679	PŁACZKOWSKA Magdalena	478		K30	61	00:01:09	00:27:53.10	00:29:02.85	+00:11:52 (42.6%)	5:34	10.8 (57.8%)
680	GŁOWSKI Damian	345		M10	29	00:00:41	00:27:53.40	00:28:34.55	+00:11:52 (42.6%)	5:34	10.8 (57.8%)
681	CHRÓŚCIŃSKA Justyna	19	GORDON RUN	K20	50	00:01:20	00:27:53.55	00:29:13.95	+00:11:52 (42.6%)	5:34	10.8 (57.8%)
682	WAWRZYŃIAK Karolina	479		K30	62	00:01:09	00:27:54.05	00:29:03.15	+00:11:52 (42.6%)	5:34	10.8 (57.8%)
683	TOMCZYK Agnieszka	497		K40	26	00:01:15	00:27:54.15	00:29:09.85	+00:11:53 (42.6%)	5:34	10.8 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	ŻUCHELKOWSKA Agata	451		K30	63	00:01:13	00:27:55.10	00:29:08.20	+00:11:54 (42.6%)	5:35	10.7 (57.2%)
685	ZNANIECKI Wojciech	317		M30	178	00:00:52	00:27:56.00	00:28:48.55	+00:11:54 (42.7%)	5:35	10.7 (57.2%)
686	BIEGAŁA Renata	652		K50	10	00:01:01	00:27:57.10	00:28:58.20	+00:11:56 (42.7%)	5:35	10.7 (57.2%)
687	JANKOWSKI Tomasz Michał	1123		M50	42	00:01:22	00:27:57.35	00:29:19.60	+00:11:56 (42.7%)	5:35	10.7 (57.2%)
688	PRIEBE Krzysztof	1418		M50	43	00:01:08	00:27:57.65	00:29:06.40	+00:11:56 (42.7%)	5:35	10.7 (57.2%)
689	KENSIK Joanna	949		K20	51	00:01:25	00:27:57.70	00:29:22.70	+00:11:56 (42.7%)	5:35	10.7 (57.2%)
690	WORONIECKA Anna	189		K30	64	00:01:12	00:27:58.60	00:29:10.75	+00:11:57 (42.7%)	5:35	10.7 (57.2%)
691	PAWLAK Monika	1327		K30	65	00:00:10	00:27:58.85	00:28:09.80	+00:11:57 (42.8%)	5:35	10.7 (57.2%)
692	KOZACZYK Joanna	888		K40	27	00:00:21	00:27:59.25	00:28:20.65	+00:11:58 (42.8%)	5:35	10.7 (57.2%)
693	JARZĄB Joanna	1417		K30	66	00:00:07	00:27:59.65	00:28:07.15	+00:11:58 (42.8%)	5:36	10.7 (57.2%)
694	SZUBARTOWSKI Robert	989		M40	113	00:01:25	00:27:59.90	00:29:25.70	+00:11:58 (42.8%)	5:36	10.7 (57.2%)
695	KUGACZ Aneta	205	RUN BYDGOSZCZ	K30	67	00:00:45	00:28:00.80	00:28:45.80	+00:11:59 (42.8%)	5:36	10.7 (57.2%)
696	ZALECH Barbara	1020		K40	28	00:01:25	00:28:02.25	00:29:28.15	+00:12:01 (42.9%)	5:36	10.7 (57.2%)
697	SKORNIA Marika	1322		K20	52	00:01:04	00:28:02.60	00:29:07.20	+00:12:01 (42.9%)	5:36	10.7 (57.2%)
698	NIEDBALSKI Edward	1166		M60	7	00:01:31	00:28:02.80	00:29:34.20	+00:12:01 (42.9%)	5:36	10.7 (57.2%)
699	NIEDBALSKI Paweł	498		M30	179	00:01:31	00:28:03.25	00:29:35.05	+00:12:02 (42.9%)	5:36	10.7 (57.2%)
700	PIETRASZAK Tomasz	145	RUN BYDGOSZCZ	M40	114	00:00:54	00:28:05.30	00:28:59.35	+00:12:04 (43.0%)	5:37	10.7 (57.2%)
701	SZCZYGIEŁ Michał	419		M30	180	00:00:55	00:28:05.65	00:29:01.30	+00:12:04 (43.0%)	5:37	10.7 (57.2%)
702	CZAIŃSKA Mariola	1356		K40	29	00:00:09	00:28:06.75	00:28:16.05	+00:12:05 (43.0%)	5:37	10.7 (57.2%)
703	DZIEŻA Roma	976		K40	30	00:01:25	00:28:06.80	00:29:32.00	+00:12:05 (43.0%)	5:37	10.7 (57.2%)
704	LEWANDOWSKI Andrzej	570		M40	115	00:01:33	00:28:07.15	00:29:40.40	+00:12:06 (43.0%)	5:37	10.7 (57.2%)
705	MICHALAK Agnieszka	400		K30	68	00:00:35	00:28:07.60	00:28:43.25	+00:12:06 (43.0%)	5:37	10.7 (57.2%)
706	RADZIŃSKA Joanna	627		K30	69	00:00:53	00:28:09.25	00:29:02.45	+00:12:08 (43.1%)	5:37	10.7 (57.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	SAMOĆKO Katarzyna	285		K30	70	00:00:43	00:28:11.20	00:28:54.55	+00:12:10 (43.2%)	5:38	10.6 (56.7%)
708	KMIECIAK Wiktoria	1016		K18	6	00:00:02	00:28:13.10	00:28:15.35	+00:12:12 (43.2%)	5:38	10.6 (56.7%)
709	KIEDROWSKA Magdalena	1194		K30	71	00:00:02	00:28:13.25	00:28:15.70	+00:12:12 (43.2%)	5:38	10.6 (56.7%)
710	SKORNIA Agata	1324		K40	31	00:01:04	00:28:15.50	00:29:20.40	+00:12:14 (43.3%)	5:39	10.6 (56.7%)
711	HARACEWIAT Michał	961		M20	140	00:01:15	00:28:16.90	00:29:32.70	+00:12:15 (43.4%)	5:39	10.6 (56.7%)
712	STANISZEWSKA Marta	831		K30	72	00:00:32	00:28:17.25	00:28:49.50	+00:12:16 (43.4%)	5:39	10.6 (56.7%)
713	PRZYBYŁA Agata	1094		K20	53	00:00:43	00:28:17.50	00:29:01.40	+00:12:16 (43.4%)	5:39	10.6 (56.7%)
714	KRASZKIEWICZ Monika	777	BIEGNĘ ZA MARTYNKĘ	K20	54	00:01:08	00:28:18.60	00:29:26.90	+00:12:17 (43.4%)	5:39	10.6 (56.7%)
715	OŻGA Agnieszka	325		K20	55	00:01:20	00:28:18.85	00:29:38.90	+00:12:17 (43.4%)	5:39	10.6 (56.7%)
716	ZABDYR Ewelina	1148		K20	56	00:01:37	00:28:20.00	00:29:57.10	+00:12:18 (43.5%)	5:40	10.6 (56.7%)
717	ZALEWSKA Michalina	738		K10	12	00:00:03	00:28:20.30	00:28:23.35	+00:12:19 (43.5%)	5:40	10.6 (56.7%)
718	JACKOWIAK-ZALEWSKA Agnieszka	1051		K40	32	00:00:36	00:28:20.90	00:28:57.25	+00:12:19 (43.5%)	5:40	10.6 (56.7%)
719	GRZECHOWIAK Ania	634		K20	57	00:01:42	00:28:20.95	00:30:03.60	+00:12:19 (43.5%)	5:40	10.6 (56.7%)
720	OSSOWSKA Danuta	653		K40	33	00:01:01	00:28:21.45	00:29:23.10	+00:12:20 (43.5%)	5:40	10.6 (56.7%)
721	ŁOBODZIŃSKI Mateusz	1378		M20	141	00:00:30	00:28:21.75	00:28:52.05	+00:12:20 (43.5%)	5:40	10.6 (56.7%)
722	AMBROZIAK Martyna	884		K20	58	00:01:00	00:28:22.45	00:29:22.65	+00:12:21 (43.5%)	5:40	10.6 (56.7%)
723	TRELA Jolanta	726		K30	73	00:00:51	00:28:22.50	00:29:14.25	+00:12:21 (43.5%)	5:40	10.6 (56.7%)
724	MUSIAŁA Adam	945		M30	181	00:00:51	00:28:23.35	00:29:15.10	+00:12:22 (43.6%)	5:40	10.6 (56.7%)
725	PAWELEC Pola	742		K10	13	00:00:47	00:28:23.90	00:29:11.55	+00:12:22 (43.6%)	5:40	10.6 (56.7%)
725	MIKLER Aleksandra	1416		K20	59	00:01:04	00:28:23.90	00:29:28.80	+00:12:22 (43.6%)	5:40	10.6 (56.7%)
727	PAWELEC Witold	743		M10	30	00:00:47	00:28:23.95	00:29:11.60	+00:12:22 (43.6%)	5:40	10.6 (56.7%)
728	STYCZYŃSKA Anna	1328		K40	34	00:00:49	00:28:25.15	00:29:14.30	+00:12:24 (43.6%)	5:41	10.6 (56.7%)
729	JASTRZEMBSKI Tomasz	1278	DYNAMO SKARPA	M30	182	00:01:39	00:28:26.95	00:30:06.65	+00:12:25 (43.7%)	5:41	10.5 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	BASZANOWSKI Tomasz	960		M30	183	00:00:59	00:28:27.30	00:29:26.40	+00:12:26 (43.7%)	5:41	10.5 (56.1%)
731	KAPELIŃSKI Stanisław	1045	RODOS TEAM	M50	44	00:00:44	00:28:27.70	00:29:12.40	+00:12:26 (43.7%)	5:41	10.5 (56.1%)
732	GRZYWACZ Agata	247		K20	60	00:00:14	00:28:30.00	00:28:44.20	+00:12:28 (43.8%)	5:42	10.5 (56.1%)
733	WYPORKIEWICZ Jerzy	397		M50	45	00:01:01	00:28:30.60	00:29:32.00	+00:12:29 (43.8%)	5:42	10.5 (56.1%)
734	ZABOROWSKI Robert	82	PGB SPORTOWA PACZKA	M30	184	00:00:33	00:28:30.95	00:29:04.80	+00:12:29 (43.8%)	5:42	10.5 (56.1%)
735	DROŻ Krzysztof	25		M50	46	00:01:12	00:28:31.40	00:29:44.00	+00:12:30 (43.8%)	5:42	10.5 (56.1%)
736	WALKOWIAK Rafał	66		M20	142	00:00:42	00:28:31.85	00:29:13.85	+00:12:30 (43.9%)	5:42	10.5 (56.1%)
737	GIZIŃSKA Aleksandra	129	RAFSONGA	K20	61	00:00:41	00:28:33.65	00:29:14.80	+00:12:32 (43.9%)	5:42	10.5 (56.1%)
738	TARASZKA Olga	1423	JRG 1 INOWROCLAW	K20	62	00:01:00	00:28:33.80	00:29:34.45	+00:12:32 (43.9%)	5:42	10.5 (56.1%)
739	RYDELSKA Kinga	429		K40	35	00:00:55	00:28:34.80	00:29:30.75	+00:12:33 (44.0%)	5:43	10.5 (56.1%)
740	RZEPECKA Katarzyna	13		K40	36	00:00:55	00:28:35.25	00:29:30.55	+00:12:34 (44.0%)	5:43	10.5 (56.1%)
740	MALAK Maciej	357		M20	143	00:01:45	00:28:35.25	00:30:20.35	+00:12:34 (44.0%)	5:43	10.5 (56.1%)
742	ANDRYSZAK Vanessa	854		K10	14	00:00:17	00:28:35.60	00:28:53.05	+00:12:34 (44.0%)	5:43	10.5 (56.1%)
743	BEJGER Łukasz	505	TCMS PESA BYDGOSZCZ	M20	144	00:01:28	00:28:35.90	00:30:04.45	+00:12:34 (44.0%)	5:43	10.5 (56.1%)
744	MILCZAREK Bartosz	1029		M20	145	00:01:39	00:28:36.00	00:30:15.85	+00:12:34 (44.0%)	5:43	10.5 (56.1%)
745	SKUCIŃSKI Rafał	491	KABEL TEAM BYDGOSZCZ	M30	185	00:01:13	00:28:37.40	00:29:50.45	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
746	TOBOLSKA Małgorzata	1011		K30	74	00:00:33	00:28:38.50	00:29:11.70	+00:12:37 (44.1%)	5:43	10.5 (56.1%)
747	OWIEŚNY Leszek	1286		M40	116	00:01:34	00:28:39.15	00:30:13.60	+00:12:38 (44.1%)	5:43	10.5 (56.1%)
748	ZALEWSKI Sebastian	111		M20	146	00:00:57	00:28:39.50	00:29:36.55	+00:12:38 (44.1%)	5:43	10.5 (56.1%)
749	SOBOWIEC Mirka	410	SOBOWIEC TEAM	K40	37	00:00:20	00:28:40.30	00:29:00.90	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
750	ŚNIECHOTA Konrad	519	TYPYGRUBE	M30	186	00:00:58	00:28:40.50	00:29:39.20	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
750	DUDZIAK Tomasz	597	TATA FRANKA	M30	187	00:00:54	00:28:40.50	00:29:34.65	+00:12:39 (44.1%)	5:44	10.5 (56.1%)
752	SOBOWIEC Szymon	404	SOBOWIEC TEAM	M40	117	00:00:20	00:28:40.60	00:29:00.80	+00:12:39 (44.1%)	5:44	10.5 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	GACKOWSKI Edward	1133	BYDGOSZCZ NA START	M60	8	00:00:29	00:28:41.45	00:29:10.90	+00:12:40 (44.2%)	5:44	10.5 (56.1%)
754	PIECHOWIAK Dawid	499		M40	118	00:01:23	00:28:41.50	00:30:05.35	+00:12:40 (44.2%)	5:44	10.5 (56.1%)
754	STAFIŃSKA Paulina	47		K30	75	00:00:55	00:28:41.50	00:29:36.50	+00:12:40 (44.2%)	5:44	10.5 (56.1%)
756	KWIATKOWSKI Tomasz	1242	KAWUES	M50	47	00:01:09	00:28:42.05	00:29:51.65	+00:12:40 (44.2%)	5:44	10.5 (56.1%)
757	STRZESZAK Sylwia	30		K30	76	00:00:54	00:28:42.60	00:29:37.50	+00:12:41 (44.2%)	5:44	10.4 (55.6%)
758	KRUK Szymon	587		M10	31	00:01:23	00:28:44.20	00:30:07.50	+00:12:43 (44.3%)	5:44	10.4 (55.6%)
759	KRUK Łukasz	588		M10	32	00:01:23	00:28:44.40	00:30:07.65	+00:12:43 (44.3%)	5:44	10.4 (55.6%)
760	OLKOWSKI Eugeniusz	825		M60	9	00:01:22	00:28:44.90	00:30:07.35	+00:12:43 (44.3%)	5:45	10.4 (55.6%)
761	SZUDA Waldemar	774		M50	48	00:01:14	00:28:45.35	00:30:00.10	+00:12:44 (44.3%)	5:45	10.4 (55.6%)
762	ŁAŃCUCKA Agnieszka	504		K40	38	00:00:41	00:28:45.95	00:29:27.65	+00:12:44 (44.3%)	5:45	10.4 (55.6%)
763	WYCZISŁOK Jakub	502		M20	147	00:00:05	00:28:47.25	00:28:52.50	+00:12:46 (44.4%)	5:45	10.4 (55.6%)
764	SZWEDA Mirosława	1227		K30	77	00:00:14	00:28:49.25	00:29:03.80	+00:12:48 (44.4%)	5:45	10.4 (55.6%)
765	NIEZBRZYCKI Janusz	775	JA	M60	10	00:01:31	00:28:49.55	00:30:20.65	+00:12:48 (44.4%)	5:45	10.4 (55.6%)
766	CHMIELARZ Karina	835		K20	63	00:01:00	00:28:51.55	00:29:52.20	+00:12:50 (44.5%)	5:46	10.4 (55.6%)
767	GRUSZCZYŃSKA Monika	1218		K20	64	00:00:13	00:28:53.25	00:29:06.55	+00:12:52 (44.5%)	5:46	10.4 (55.6%)
767	MENDEL Karolina	78		K18	7	00:00:33	00:28:53.25	00:29:26.50	+00:12:52 (44.5%)	5:46	10.4 (55.6%)
769	KRUK Krzysztof	586		M40	119	00:01:23	00:28:53.90	00:30:17.30	+00:12:52 (44.6%)	5:46	10.4 (55.6%)
770	DOMŻALSKA Sławomira	654		K40	39	00:01:26	00:28:54.10	00:30:20.50	+00:12:53 (44.6%)	5:46	10.4 (55.6%)
771	GODZIK Kamil	796	DYNAMO SKARPA	M40	120	00:00:41	00:28:54.50	00:29:35.90	+00:12:53 (44.6%)	5:46	10.4 (55.6%)
772	MICHALAK Martyna	1199		K10	15	00:01:26	00:28:54.85	00:30:21.35	+00:12:53 (44.6%)	5:47	10.4 (55.6%)
773	WYPIJEWSKI Sebastian	1301	BRACIA DALTON	M40	121	00:00:54	00:28:56.30	00:29:50.45	+00:12:55 (44.6%)	5:47	10.4 (55.6%)
774	JARMOŁOWICZ Aleksandra	1269		K20	65	00:00:57	00:28:56.45	00:29:53.65	+00:12:55 (44.7%)	5:47	10.4 (55.6%)
775	PAPIS Piotr	1390	BACK_ON	M30	188	00:00:53	00:28:56.60	00:29:50.15	+00:12:55 (44.7%)	5:47	10.4 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
776	ŻMUDZIŃSKA Magdalena	659		K40	40	00:00:29	00:28:57.65	00:29:27.25	+00:12:56 (44.7%)	5:47	10.4 (55.6%)
777	CIERŻNICKI Zbigniew	1228	TKKF KOLEJARZ BYDGOSZCZ	M50	49	00:01:21	00:28:57.70	00:30:19.05	+00:12:56 (44.7%)	5:47	10.4 (55.6%)
778	GOGOLEWSKI Adam	1180		M20	148	00:00:14	00:28:58.20	00:29:12.90	+00:12:57 (44.7%)	5:47	10.4 (55.6%)
779	MEGER Agnieszka	311		K30	78	00:01:11	00:28:59.15	00:30:10.30	+00:12:58 (44.7%)	5:47	10.4 (55.6%)
780	TWARDOWSKI Wojciech	309	RUN BYDGOSZCZ	M40	122	00:01:08	00:28:59.35	00:30:07.65	+00:12:58 (44.7%)	5:47	10.4 (55.6%)
781	WIŚNIEWSKA-KACZOR Iga	371		K20	66	00:01:11	00:29:01.45	00:30:12.75	+00:13:00 (44.8%)	5:48	10.3 (55.1%)
782	PODOSEK Magdalena	547	BYDGOSZCZ	K30	79	00:00:40	00:29:02.20	00:29:42.25	+00:13:01 (44.8%)	5:48	10.3 (55.1%)
783	RAKAŁOWICZ Weronika	299	INTERACT CLUB BYDGOSZCZ	K10	16	00:01:04	00:29:04.55	00:30:08.65	+00:13:03 (44.9%)	5:48	10.3 (55.1%)
784	KNIOŁA Lucyna	609		K40	41	00:00:30	00:29:07.15	00:29:38.00	+00:13:06 (45.0%)	5:49	10.3 (55.1%)
785	KRAWIEC Kuba	942		M10	33	00:00:22	00:29:08.20	00:29:30.20	+00:13:07 (45.0%)	5:49	10.3 (55.1%)
786	ŚWIATŁY Andrzej	1405		M40	123	00:00:55	00:29:08.55	00:30:04.50	+00:13:07 (45.0%)	5:49	10.3 (55.1%)
787	LUTOWSKI Wojciech	1068	TKKF KOLEJARZ BYDGOSZCZ	M30	189	00:01:13	00:29:08.65	00:30:22.35	+00:13:07 (45.0%)	5:49	10.3 (55.1%)
788	RÓŻYCKI Sławomir	1198	TKKF KOLEJARZ BYDGOSZCZ	M50	50	00:01:13	00:29:09.05	00:30:22.40	+00:13:07 (45.1%)	5:49	10.3 (55.1%)
788	STOKŁOSA Kamil	427		M30	190	00:01:21	00:29:09.05	00:30:30.05	+00:13:07 (45.1%)	5:49	10.3 (55.1%)
790	PIÓRKOWSKA Anna	1071		K30	80	00:00:58	00:29:09.40	00:30:08.20	+00:13:08 (45.1%)	5:50	10.3 (55.1%)
791	BOGUCKI Mariusz	978	-	M40	124	00:00:59	00:29:10.80	00:30:10.25	+00:13:09 (45.1%)	5:50	10.3 (55.1%)
792	PODGÓRSKI Jakub	194		M20	149	00:01:07	00:29:10.95	00:30:18.80	+00:13:09 (45.1%)	5:50	10.3 (55.1%)
793	PRZYGOCKA Katarzyna	1167		K20	67	00:00:14	00:29:11.60	00:29:26.50	+00:13:10 (45.1%)	5:50	10.3 (55.1%)
794	SOSNOWSKA Dorota	159		K40	42	00:00:14	00:29:12.40	00:29:26.50	+00:13:11 (45.2%)	5:50	10.3 (55.1%)
795	BINKOWSKA Anita	894		K40	43	00:00:21	00:29:12.55	00:29:34.50	+00:13:11 (45.2%)	5:50	10.3 (55.1%)
796	GLIBOWSKI Damian	1336		M20	150	00:01:34	00:29:12.90	00:30:47.50	+00:13:11 (45.2%)	5:50	10.3 (55.1%)
797	WIŚNIEWSKA-KRAWIEC Beata	938		K40	44	00:00:21	00:29:13.65	00:29:35.55	+00:13:12 (45.2%)	5:50	10.3 (55.1%)
798	CZECZINSKA Pamela	857		K20	68	00:01:03	00:29:15.60	00:30:19.10	+00:13:14 (45.3%)	5:51	10.3 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
799	FLORCZAK Barbara	1355		K30	81	00:00:24	00:29:15.85	00:29:39.90	+00:13:14 (45.3%)	5:51	10.3 (55.1%)
799	SIUDA Anita	220		K20	69	00:00:11	00:29:15.85	00:29:27.65	+00:13:14 (45.3%)	5:51	10.3 (55.1%)
801	PYSZKA Maciej	1413		M20	151	00:01:33	00:29:16.35	00:30:49.95	+00:13:15 (45.3%)	5:51	10.3 (55.1%)
802	URBAŃSKA Patrycja	289		K20	70	00:00:34	00:29:16.50	00:29:50.60	+00:13:15 (45.3%)	5:51	10.3 (55.1%)
802	JURUŚ Jolanta	903	PARKRUN	K50	11	00:00:18	00:29:16.50	00:29:35.25	+00:13:15 (45.3%)	5:51	10.2 (54.5%)
804	NOWICKA Justyna	487		K30	82	00:00:51	00:29:17.05	00:30:08.05	+00:13:15 (45.3%)	5:51	10.2 (54.5%)
805	GAWRYCH Adam	698		M20	152	00:00:44	00:29:19.00	00:30:03.65	+00:13:17 (45.4%)	5:51	10.2 (54.5%)
806	CZECH Dominika	699		K20	71	00:00:44	00:29:19.05	00:30:04.00	+00:13:17 (45.4%)	5:52	10.2 (54.5%)
807	SAWIŃSKI Łukasz	601		M20	153	00:00:53	00:29:20.70	00:30:13.80	+00:13:19 (45.4%)	5:52	10.2 (54.5%)
808	PRZEWOŹNIAK Rafał	37		M20	154	00:01:05	00:29:20.90	00:30:26.50	+00:13:19 (45.4%)	5:52	10.2 (54.5%)
809	MIKOŁAJEWSKI Jacek	263	ROWERBYDGOSZCZ.PL	M40	125	00:01:13	00:29:22.50	00:30:35.55	+00:13:21 (45.5%)	5:52	10.2 (54.5%)
810	WILMA Patrycja	814		K20	72	00:01:07	00:29:22.85	00:30:30.40	+00:13:21 (45.5%)	5:52	10.2 (54.5%)
811	TOMCZAK Krzysztof	1160		M20	155	00:00:40	00:29:22.90	00:30:03.70	+00:13:21 (45.5%)	5:52	10.2 (54.5%)
812	BUBLIK Aleksandra	245		K20	73	00:01:02	00:29:24.50	00:30:27.40	+00:13:23 (45.5%)	5:53	10.2 (54.5%)
813	MALINOWSKI Mateusz	880		M20	156	00:00:36	00:29:24.95	00:30:01.25	+00:13:23 (45.5%)	5:53	10.2 (54.5%)
814	KAJKO Wiktoria	452		K10	17	00:01:04	00:29:25.60	00:30:30.50	+00:13:24 (45.6%)	5:53	10.2 (54.5%)
815	WĘGLARZ Arleta	706		K20	74	00:00:37	00:29:27.15	00:30:04.15	+00:13:26 (45.6%)	5:53	10.2 (54.5%)
816	TOMCZAK Marzena	1161		K20	75	00:00:39	00:29:28.05	00:30:07.55	+00:13:26 (45.6%)	5:53	10.2 (54.5%)
817	GABRICH Żanetta	717		K40	45	00:00:20	00:29:28.10	00:29:49.05	+00:13:27 (45.6%)	5:53	10.2 (54.5%)
818	MIKOŁAJCZAK Jędrzej	691		M10	34	00:00:58	00:29:29.65	00:30:28.15	+00:13:28 (45.7%)	5:54	10.2 (54.5%)
819	NOSKOWIAK-BAJNO Alicja	957		K30	83	00:00:44	00:29:29.70	00:30:13.85	+00:13:28 (45.7%)	5:53	10.2 (54.5%)
820	BRUSKA Agata	1034		K10	18	00:00:01	00:29:30.55	00:29:32.45	+00:13:29 (45.7%)	5:54	10.2 (54.5%)
821	POKRZYWIŃSKA Dorota	315		K40	46	00:01:30	00:29:30.75	00:31:00.95	+00:13:29 (45.7%)	5:54	10.2 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
822	MODRZEWSKI Łukasz	436		M40	126	00:00:30	00:29:31.00	00:30:01.55	+00:13:29 (45.7%)	5:54	10.2 (54.5%)
823	KONKEL Bartosz	405		M30	191	00:01:13	00:29:31.65	00:30:45.60	+00:13:30 (45.8%)	5:54	10.2 (54.5%)
824	PASIEKA Tomasz	711		M40	127	00:01:19	00:29:32.60	00:30:52.35	+00:13:31 (45.8%)	5:54	10.2 (54.5%)
825	KONKEL Agata	750		K30	84	00:01:15	00:29:32.90	00:30:47.90	+00:13:31 (45.8%)	5:54	10.2 (54.5%)
826	BOJAKOWSKA Małgorzata	859	BYDGOSKIE ZÓŁWIE	K40	47	00:01:03	00:29:33.15	00:30:36.70	+00:13:32 (45.8%)	5:54	10.2 (54.5%)
827	KOSECKA Justyna	1309	ORTIMED RUNNERS TEAM	K30	85	00:01:18	00:29:33.80	00:30:52.60	+00:13:32 (45.8%)	5:54	10.1 (54.0%)
828	SMOLIŃSKA Beata	644	SIEDEM DZIEWCZĄT Z ALBATROSA	K40	48	00:01:42	00:29:33.95	00:31:16.25	+00:13:32 (45.8%)	5:54	10.1 (54.0%)
829	PASIEKA Magda	710	MAM TĘ MOC	K30	86	00:01:17	00:29:34.25	00:30:52.05	+00:13:33 (45.8%)	5:55	10.1 (54.0%)
830	DUTKIEWICZ Urszula	1056	TKKF KOLEJARZ BYDGOSZCZ	K30	87	00:00:43	00:29:34.35	00:30:17.60	+00:13:33 (45.8%)	5:54	10.1 (54.0%)
831	BASZANOWSKA Sylwia	959		K40	49	00:01:00	00:29:34.45	00:30:34.65	+00:13:33 (45.8%)	5:54	10.1 (54.0%)
832	CHODOR Tomasz	204		M40	128	00:00:40	00:29:34.90	00:30:15.25	+00:13:33 (45.9%)	5:55	10.1 (54.0%)
833	OKONEK Marcin	1042	KLUBZDROWIA24H	M40	129	00:00:56	00:29:35.35	00:30:31.70	+00:13:34 (45.9%)	5:55	10.1 (54.0%)
833	MOLENDĄ Patrycja	768	KLINIKA TRIATHLONU TEAM	K20	76	00:01:30	00:29:35.35	00:31:06.10	+00:13:34 (45.9%)	5:55	10.1 (54.0%)
835	ŻURAWSKI Michał	921	RUN LOTTO-BYDGOSTIA	M40	130	00:01:31	00:29:35.95	00:31:07.70	+00:13:34 (45.9%)	5:55	10.1 (54.0%)
836	PRZEWOŹNIAK Marta	780		K20	77	00:01:06	00:29:36.40	00:30:43.00	+00:13:35 (45.9%)	5:55	10.1 (54.0%)
837	PODOLSKI Mariusz	1189	EVERYDAYRUNNING TEAM	M20	157	00:01:48	00:29:36.70	00:31:25.45	+00:13:35 (45.9%)	5:55	10.1 (54.0%)
838	RONKIEWICZ Bartosz	1084	SPORT FACTORY	M30	192	00:01:09	00:29:36.80	00:30:46.30	+00:13:35 (45.9%)	5:55	10.1 (54.0%)
839	SZATKOWSKA Beata	469		K50	12	00:01:22	00:29:37.10	00:30:59.40	+00:13:36 (45.9%)	5:55	10.1 (54.0%)
840	GAŁCZYŃSKI Piotr	48		M20	158	00:00:24	00:29:38.65	00:30:02.70	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
841	SZCZEPAŃSKA-DOLNA Edyta	1339		K40	50	00:00:33	00:29:38.70	00:30:12.35	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
842	CHLEBOSZ Sylwia	932		K30	88	00:00:33	00:29:38.75	00:30:12.35	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
843	KACZMAREK Anna	85		K30	89	00:00:23	00:29:38.85	00:30:02.40	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
844	RONKIEWICZ Dorota	1083	SPORT FACTORY	K40	51	00:01:07	00:29:38.90	00:30:46.45	+00:13:37 (46.0%)	5:55	10.1 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
845	GAJEK Agnieszka	355	ASSECO ACTIVE TEAM	K30	90	00:00:39	00:29:38.95	00:30:18.05	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
846	KUKLIŃSKI Rafał	331		M30	193	00:01:15	00:29:39.05	00:30:54.05	+00:13:37 (46.0%)	5:55	10.1 (54.0%)
847	POLEWSKI Damian	1024		M30	194	00:00:44	00:29:39.25	00:30:23.45	+00:13:38 (46.0%)	5:55	10.1 (54.0%)
848	PIASECKI Damian	1137	DYNAMO SKARPA	M30	195	00:00:40	00:29:39.50	00:30:19.90	+00:13:38 (46.0%)	5:55	10.1 (54.0%)
849	WARACZEWSKI Paweł	88		M30	196	00:00:23	00:29:39.60	00:30:02.70	+00:13:38 (46.0%)	5:55	10.1 (54.0%)
849	MAKOWSKA Justyna	354	TASAK TEAM	K30	91	00:00:38	00:29:39.60	00:30:18.20	+00:13:38 (46.0%)	5:56	10.1 (54.0%)
851	GRABARSKA Agata	1023		K20	78	00:00:43	00:29:39.70	00:30:23.30	+00:13:38 (46.0%)	5:56	10.1 (54.0%)
852	PÓŁGĘSEK Rafał	63		M40	131	00:02:04	00:29:41.60	00:31:46.10	+00:13:40 (46.1%)	5:56	10.1 (54.0%)
853	MILER Adam	838		M20	159	00:01:51	00:29:41.85	00:31:33.00	+00:13:40 (46.1%)	5:56	10.1 (54.0%)
854	BRONIKOWSKA Berenike	839		K20	79	00:01:51	00:29:41.90	00:31:32.90	+00:13:40 (46.1%)	5:56	10.1 (54.0%)
855	SKWAREK Agata	1319		K20	80	00:00:51	00:29:43.30	00:30:35.15	+00:13:42 (46.1%)	5:56	10.1 (54.0%)
856	ŁUKAWSKI Damian	1168		M20	160	00:00:05	00:29:43.55	00:29:48.80	+00:13:42 (46.1%)	5:56	10.1 (54.0%)
857	MARĆ Agnieszka	863		K40	52	00:01:34	00:29:44.20	00:31:18.50	+00:13:43 (46.1%)	5:56	10.1 (54.0%)
858	SIWKOWSKI Dawid	574	BARDZO LUBIĘ	M20	161	00:01:28	00:29:45.05	00:31:13.60	+00:13:43 (46.2%)	5:57	10.1 (54.0%)
859	WIATROWSKA Izabela	1248		K30	92	00:00:08	00:29:45.60	00:29:53.80	+00:13:44 (46.2%)	5:57	10.1 (54.0%)
860	ŻMICH Aleksandra	813		K30	93	00:00:35	00:29:47.40	00:30:22.95	+00:13:46 (46.2%)	5:57	10.1 (54.0%)
861	PERA Marek	951		M30	197	00:01:28	00:29:49.35	00:31:17.90	+00:13:48 (46.3%)	5:57	10.1 (54.0%)
862	KUFLEWICZ Justyna	755		K20	81	00:00:58	00:29:50.40	00:30:48.40	+00:13:49 (46.3%)	5:58	10.1 (54.0%)
863	PALIŃSKI Grzegorz	1129		M30	198	00:01:32	00:29:51.80	00:31:24.00	+00:13:50 (46.4%)	5:58	10 (53.5%)
864	SZULAKOWSKI Tomasz	1175	KURCZE JAK DALEKO	M40	132	00:01:22	00:29:51.95	00:31:14.55	+00:13:50 (46.4%)	5:58	10 (53.5%)
865	ŁABENDA Piotr	889	TERENOWA MASAKRA TEAM	M40	133	00:01:22	00:29:52.05	00:31:14.55	+00:13:50 (46.4%)	5:58	10 (53.5%)
866	BRZOZOWSKI Krzysztof	388		M30	199	00:01:40	00:29:52.20	00:31:32.20	+00:13:51 (46.4%)	5:58	10 (53.5%)
867	KWASIGROCH Ida	836		K20	82	00:01:36	00:29:53.90	00:31:30.05	+00:13:52 (46.4%)	5:58	10 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
868	MIKUŁA Tomasz	41	GORDON RUN	M30	200	00:01:25	00:29:54.45	00:31:19.95	+00:13:53 (46.4%)	5:58	10 (53.5%)
869	SZULAKOWSKI Rafał	621	TERENOWA MASAKRA TEAM	M40	134	00:01:19	00:29:54.60	00:31:14.45	+00:13:53 (46.4%)	5:59	10 (53.5%)
870	SZULAKOWSKA Patrycja	672	TERENOWA MASAKRA TEAM	K30	94	00:01:19	00:29:54.70	00:31:14.30	+00:13:53 (46.4%)	5:59	10 (53.5%)
871	KUJAWA Eugeniusz	1331	TERENOWA MASAKRA TEAM	M50	51	00:01:19	00:29:54.75	00:31:14.50	+00:13:53 (46.4%)	5:59	10 (53.5%)
872	OSIŃSKA Alicja	1127	AA	K30	95	00:01:30	00:29:55.40	00:31:25.60	+00:13:54 (46.5%)	5:59	10 (53.5%)
873	KUJAWA Patryk	795	DYNAMO SKARPA	M20	162	00:00:41	00:29:55.65	00:30:36.80	+00:13:54 (46.5%)	5:59	10 (53.5%)
874	OSIŃSKI Adam	1128	AA	M40	135	00:01:29	00:29:55.85	00:31:25.60	+00:13:54 (46.5%)	5:59	10 (53.5%)
875	BRAĞIEL Jakub	51	VEGE RUNNERS	M30	201	00:01:55	00:29:57.50	00:31:53.35	+00:13:56 (46.5%)	5:59	10 (53.5%)
876	MIKA Monika	417		K20	83	00:01:38	00:29:57.75	00:31:35.95	+00:13:56 (46.5%)	5:59	10 (53.5%)
877	MŁYNARCZYK Monika	1019		K20	84	00:00:51	00:30:00.40	00:30:52.10	+00:13:59 (46.6%)	6:00	10 (53.5%)
878	KULA Karol	1303		M30	202	00:00:33	00:30:01.45	00:30:34.50	+00:14:00 (46.6%)	6:00	10 (53.5%)
878	RAUNEST Katarzyna	599		K20	85	00:01:21	00:30:01.45	00:31:23.15	+00:14:00 (46.6%)	6:00	10 (53.5%)
880	JARUSZEWSKA Jowita	1337		K40	53	00:00:47	00:30:02.00	00:30:49.95	+00:14:00 (46.7%)	6:00	10 (53.5%)
881	JANIK Mariusz	937		M40	136	00:01:10	00:30:02.10	00:31:13.00	+00:14:01 (46.7%)	6:00	10 (53.5%)
882	MIKOŁAJCZAK Jan	690		M10	35	00:00:58	00:30:02.45	00:31:00.75	+00:14:01 (46.7%)	6:00	10 (53.5%)
883	GROD-OBREMSKA Monika	872		K40	54	00:00:33	00:30:03.40	00:30:36.90	+00:14:02 (46.7%)	6:00	10 (53.5%)
884	GEHRKE Eliza	1377		K40	55	00:01:04	00:30:05.25	00:31:09.70	+00:14:04 (46.8%)	6:01	10 (53.5%)
885	SZCZEPANIAK Beata	902	KLUB ZDROWIA	K40	56	00:00:34	00:30:06.10	00:30:40.45	+00:14:05 (46.8%)	6:01	10 (53.5%)
886	CHRÓSCIŃSKI Michał	359	MANUFAKTURA SŁODYCZY KARMELOWA KRAINA	M20	163	00:01:24	00:30:06.55	00:31:30.95	+00:14:05 (46.8%)	6:01	10 (53.5%)
887	ZUZA-WITKOWSKA Anna	93		K40	57	00:01:14	00:30:07.75	00:31:22.10	+00:14:06 (46.8%)	6:01	10 (53.5%)
888	ANTCZAK Karolina	867		K30	96	00:01:08	00:30:07.95	00:31:16.90	+00:14:06 (46.8%)	6:01	10 (53.5%)
888	SOBIERAJSKI Łukasz	225		M20	164	00:01:18	00:30:07.95	00:31:26.75	+00:14:06 (46.8%)	6:01	10 (53.5%)
890	STRABEL Bartosz	79		M20	165	00:00:49	00:30:08.55	00:30:57.55	+00:14:07 (46.9%)	6:01	10 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
891	DUDZIAK Michał	207	CPR BYDGOSZCZ	M30	203	00:01:38	00:30:08.70	00:31:47.30	+00:14:07 (46.9%)	6:01	10 (53.5%)
891	ANTCZAK Filip	866		M30	204	00:01:08	00:30:08.70	00:31:16.95	+00:14:07 (46.9%)	6:01	10 (53.5%)
893	PAWSKI Przemysław	335	BIEGAJĄCE KEBABY	M20	166	00:01:16	00:30:09.20	00:31:25.90	+00:14:08 (46.9%)	6:01	10 (53.5%)
894	SOSIŃSKA Agata	146		K20	86	00:00:48	00:30:09.40	00:30:57.60	+00:14:08 (46.9%)	6:01	10 (53.5%)
895	KWASIGROCH Krzysztof	1229	TKKF KOLEJARZ BYDGOSZCZ	M50	52	00:01:20	00:30:09.70	00:31:30.10	+00:14:08 (46.9%)	6:02	9.9 (52.9%)
896	KMIEĆ Norbert	348		M40	137	00:00:28	00:30:17.00	00:30:45.80	+00:14:15 (47.1%)	6:03	9.9 (52.9%)
897	DANIELEK Adam	24	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M30	205	00:01:02	00:30:18.55	00:31:21.10	+00:14:17 (47.2%)	6:03	9.9 (52.9%)
898	NOWAK Mariola	377		K40	58	00:00:06	00:30:18.70	00:30:25.60	+00:14:17 (47.2%)	6:03	9.9 (52.9%)
899	NOWAK Anna	380		K20	87	00:00:06	00:30:18.80	00:30:25.60	+00:14:17 (47.2%)	6:03	9.9 (52.9%)
900	KUZIOŁA Marcin	972		M30	206	00:01:27	00:30:19.50	00:31:47.10	+00:14:18 (47.2%)	6:04	9.9 (52.9%)
901	MILKOWSKA Monika	725		K30	97	00:01:27	00:30:19.80	00:31:47.30	+00:14:18 (47.2%)	6:04	9.9 (52.9%)
902	MIKOŁAJCZAK Magdalena	689		K40	59	00:00:58	00:30:20.45	00:31:19.15	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
903	STELMACH Agata	1188	3ATHLETE	K20	88	00:01:08	00:30:20.50	00:31:29.45	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
904	HARACEWIAT Cezary	935		M50	53	00:01:15	00:30:22.05	00:31:37.25	+00:14:20 (47.3%)	6:04	9.9 (52.9%)
905	KUBOWICZ Piotr	739	MAŁGOŚ...TEAM	M50	54	00:00:45	00:30:23.15	00:31:09.10	+00:14:22 (47.3%)	6:04	9.9 (52.9%)
906	SOBCZYŃSKA Aleksandra	112	GRAŻYNY BIEGANIA	K20	89	00:01:19	00:30:23.35	00:31:42.55	+00:14:22 (47.3%)	6:04	9.9 (52.9%)
907	BUDZIŃSKA Anita	1370		K40	60	00:00:24	00:30:24.45	00:30:48.90	+00:14:23 (47.3%)	6:04	9.9 (52.9%)
908	PŁACZKOWSKA Justyna	449	WEEKENDOWY BIEGACZ	K20	90	00:00:18	00:30:24.95	00:30:42.95	+00:14:23 (47.3%)	6:04	9.9 (52.9%)
909	GRABSKA Sylwia	278		K20	91	00:00:35	00:30:27.80	00:31:02.90	+00:14:26 (47.4%)	6:05	9.9 (52.9%)
910	WITKOWSKA Karolina	875	CZARNE STOPY.SM	K40	61	00:01:07	00:30:30.15	00:31:38.00	+00:14:29 (47.5%)	6:06	9.8 (52.4%)
911	WRZYSZCZ Marzena	669		K30	98	00:01:33	00:30:30.45	00:32:04.10	+00:14:29 (47.5%)	6:06	9.8 (52.4%)
912	KOZAK Krzysztof	941	BIEGAMYRAZEM	M50	55	00:01:02	00:30:30.85	00:31:33.75	+00:14:29 (47.5%)	6:06	9.8 (52.4%)
913	KOZAK Alicja	943	BIEGAMYRAZEM	K10	19	00:01:01	00:30:31.25	00:31:33.20	+00:14:30 (47.5%)	6:06	9.8 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
914	WRZYSZCZ Adam	1181		M40	138	00:01:34	00:30:31.70	00:32:05.70	+00:14:30 (47.5%)	6:06	9.8 (52.4%)
915	GABRIELSKI Dariusz	998	KLUBZDROWIA24H	M40	139	00:00:57	00:30:33.65	00:31:31.50	+00:14:32 (47.6%)	6:06	9.8 (52.4%)
916	KOLASA Robert	651		M30	207	00:00:56	00:30:34.85	00:31:31.45	+00:14:33 (47.6%)	6:07	9.8 (52.4%)
916	WAWERKA Aleksandra	1182		K20	92	00:00:03	00:30:34.85	00:30:38.35	+00:14:33 (47.6%)	6:07	9.8 (52.4%)
918	MICHALSKA Aleksandra	152		K40	62	00:00:34	00:30:35.45	00:31:09.80	+00:14:34 (47.6%)	6:07	9.8 (52.4%)
919	ŚMIESZEK Mateusz	1323		M20	167	00:01:03	00:30:35.60	00:31:39.15	+00:14:34 (47.6%)	6:07	9.8 (52.4%)
920	WOŁOSIŃSKA Małgorzata	1320		K20	93	00:01:02	00:30:36.65	00:31:39.55	+00:14:35 (47.7%)	6:07	9.8 (52.4%)
921	ORZECHOWSKI Michał	5		M30	208	00:01:21	00:30:38.00	00:31:59.75	+00:14:36 (47.7%)	6:07	9.8 (52.4%)
922	POLAKIEWICZ Dariusz	448	SOLECCY BIEGACZE	M50	56	00:00:20	00:30:39.65	00:31:00.25	+00:14:38 (47.8%)	6:08	9.8 (52.4%)
923	BONALSKA Magdalena	155	RUN BYDGOSZCZ	K30	99	00:01:27	00:30:40.45	00:32:08.25	+00:14:39 (47.8%)	6:08	9.8 (52.4%)
924	SZALA Monika	1101	ICH DWOJE	K30	100	00:01:32	00:30:40.65	00:32:13.15	+00:14:39 (47.8%)	6:08	9.8 (52.4%)
925	BYCZYŃSKI Michał	421		M20	168	00:01:29	00:30:42.20	00:32:11.45	+00:14:41 (47.8%)	6:08	9.8 (52.4%)
926	KOZIŃSKI Tomasz	718	BYDGOSKIE ŻÓŁWIE	M40	140	00:01:02	00:30:43.80	00:31:46.35	+00:14:42 (47.9%)	6:08	9.8 (52.4%)
927	SZCZEPANEK-KOZIŃSKA Justyna	1353	1 BLOG	K30	101	00:00:59	00:30:46.35	00:31:45.45	+00:14:45 (47.9%)	6:09	9.8 (52.4%)
928	MAKLAKIEWICZ Agnieszka	680		K30	102	00:00:17	00:30:51.40	00:31:08.50	+00:14:50 (48.1%)	6:10	9.7 (51.9%)
929	NACZKE Anna	1208		K20	94	00:01:17	00:30:52.85	00:32:10.25	+00:14:51 (48.1%)	6:10	9.7 (51.9%)
930	MAKOWSKA Justyna	953		K30	103	00:00:42	00:30:53.40	00:31:36.35	+00:14:52 (48.1%)	6:10	9.7 (51.9%)
931	KATLEWSKA Marika	128		K30	104	00:01:12	00:30:56.50	00:32:08.55	+00:14:55 (48.2%)	6:11	9.7 (51.9%)
932	CISZEWSKI Paweł	1013		M20	169	00:01:38	00:30:58.50	00:32:36.60	+00:14:57 (48.3%)	6:11	9.7 (51.9%)
933	LUBIŃSKA Patrycja	1098		K20	95	00:00:13	00:30:58.55	00:31:11.55	+00:14:57 (48.3%)	6:11	9.7 (51.9%)
934	FRANCISZKIEWICZ Monika	103	RODOS TEAM	K20	96	00:00:50	00:30:58.80	00:31:49.05	+00:14:57 (48.3%)	6:11	9.7 (51.9%)
935	PIÓRKOWSKA Aga	54		K30	105	00:01:16	00:30:59.55	00:32:16.50	+00:14:58 (48.3%)	6:12	9.7 (51.9%)
936	MICHTA Iwona	934	SPÓJNIA BIAŁE BŁOTA	K30	106	00:00:57	00:30:59.75	00:31:57.40	+00:14:58 (48.3%)	6:12	9.7 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
937	ARENT Jan	1213		M50	57	00:01:20	00:31:00.20	00:32:20.75	+00:14:59 (48.3%)	6:12	9.7 (51.9%)
938	MICHALSKA Daria	798	SZAFIRKI	K20	97	00:01:16	00:31:11.65	00:32:28.15	+00:15:10 (48.6%)	6:14	9.6 (51.3%)
938	MICHALSKI Piotr	800		M20	170	00:01:16	00:31:11.65	00:32:27.95	+00:15:10 (48.6%)	6:14	9.6 (51.3%)
940	KUK Sylwia	536		K30	107	00:01:04	00:31:13.25	00:32:18.15	+00:15:12 (48.7%)	6:14	9.6 (51.3%)
941	BŁASZKIEWICZ Marzena	956		K30	108	00:00:44	00:31:13.35	00:31:58.05	+00:15:12 (48.7%)	6:14	9.6 (51.3%)
942	PATRZAŁEK Tomasz	508		M40	141	00:01:05	00:31:14.45	00:32:19.95	+00:15:13 (48.7%)	6:14	9.6 (51.3%)
943	MAJKOWSKA-LUBIŃSKA Judyta	61		K20	98	00:00:27	00:31:14.55	00:31:41.95	+00:15:13 (48.7%)	6:14	9.6 (51.3%)
944	PATRZAŁEK Małgorzata	511		K40	63	00:01:05	00:31:14.65	00:32:20.10	+00:15:13 (48.7%)	6:15	9.6 (51.3%)
945	LEMIEŻ Andrzej	265	SOLECCY BIEGACZE	M40	142	00:00:15	00:31:15.05	00:31:30.05	+00:15:13 (48.7%)	6:15	9.6 (51.3%)
946	KORNACKA Sylwia	954		K40	64	00:00:43	00:31:15.35	00:31:58.90	+00:15:14 (48.8%)	6:15	9.6 (51.3%)
947	NURKIEWICZ Zofia	271	KUNG FU PANDY 3	K10	20	00:01:43	00:31:15.45	00:32:59.00	+00:15:14 (48.8%)	6:15	9.6 (51.3%)
948	GURYN Wiktor	749		M30	209	00:02:06	00:31:15.60	00:33:21.60	+00:15:14 (48.8%)	6:15	9.6 (51.3%)
949	CHOJNACKA Monika	445		K30	109	00:00:42	00:31:15.90	00:31:58.85	+00:15:14 (48.8%)	6:15	9.6 (51.3%)
950	GROMOWSKA Grażyna	1130	TKKF KOLEJARZ BYDGOSZCZ	K50	13	00:01:22	00:31:19.50	00:32:41.55	+00:15:18 (48.9%)	6:15	9.6 (51.3%)
951	BUSSE Jagoda	970		K30	110	00:00:13	00:31:19.85	00:31:33.75	+00:15:18 (48.9%)	6:16	9.6 (51.3%)
952	JAWORSKI Paweł	554		M30	210	00:00:41	00:31:20.45	00:32:01.50	+00:15:19 (48.9%)	6:16	9.6 (51.3%)
953	AUGUSTYNOWICZ Aurelia	724	RWT W BYDGOSZCZY	K40	65	00:01:17	00:31:20.90	00:32:38.55	+00:15:19 (48.9%)	6:16	9.6 (51.3%)
954	GROCHOWALSKI Arkadiusz	1124		M40	143	00:01:09	00:31:23.80	00:32:32.80	+00:15:22 (49.0%)	6:16	9.6 (51.3%)
955	KUŹNIAR Patryk	693	UMK CM BYDGOSZCZ	M20	171	00:00:41	00:31:27.45	00:32:09.40	+00:15:26 (49.1%)	6:17	9.5 (50.8%)
955	ZAKRZEWSKI Adam	1125		M20	172	00:01:23	00:31:27.45	00:32:50.80	+00:15:26 (49.1%)	6:17	9.5 (50.8%)
957	LIGMANN Anna	529		K30	111	00:01:32	00:31:27.80	00:33:00.75	+00:15:26 (49.1%)	6:17	9.5 (50.8%)
958	GRALAK Jacek	476		M40	144	00:01:01	00:31:34.00	00:32:35.65	+00:15:32 (49.3%)	6:18	9.5 (50.8%)
959	WOŹNIACKA Beata	560	POMÓŻMY JEŻOM	K50	14	00:00:45	00:31:38.75	00:32:24.25	+00:15:37 (49.4%)	6:19	9.5 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
960	BRĄGIEL Anna	92	VEGE RUNNERS	K30	112	00:01:54	00:31:39.05	00:33:33.50	+00:15:37 (49.4%)	6:19	9.5 (50.8%)
961	GRZYWACZ Karolina	236	BBL BYDGOSZCZ	K30	113	00:00:15	00:31:40.00	00:31:55.00	+00:15:38 (49.4%)	6:20	9.5 (50.8%)
961	CHMIELEWSKA Agnieszka	233		K30	114	00:00:14	00:31:40.00	00:31:54.60	+00:15:38 (49.4%)	6:20	9.5 (50.8%)
963	MRÓWCZYŃSKI Mikołaj	737	MRÓWKI	M10	36	00:00:38	00:31:41.95	00:32:20.55	+00:15:40 (49.5%)	6:20	9.5 (50.8%)
964	DERDA Hanna	1021	-	K50	15	00:00:48	00:31:43.00	00:32:31.95	+00:15:41 (49.5%)	6:20	9.5 (50.8%)
965	KACZMAREK Agnieszka	531		K40	66	00:00:31	00:31:43.05	00:32:14.05	+00:15:41 (49.5%)	6:20	9.5 (50.8%)
966	DERDA Rafał	1022	-	M50	58	00:00:48	00:31:43.60	00:32:32.00	+00:15:42 (49.5%)	6:20	9.5 (50.8%)
967	WYSMOLIŃSKA Barbara	127		K40	67	00:00:57	00:31:46.20	00:32:43.55	+00:15:45 (49.6%)	6:21	9.4 (50.3%)
968	WITKOWSKI Patryk	105		M10	37	00:01:18	00:31:48.10	00:33:06.30	+00:15:47 (49.6%)	6:21	9.4 (50.3%)
969	LUKASIEWICZ Krzysztof	1089		M30	211	00:01:25	00:31:48.45	00:33:14.00	+00:15:47 (49.6%)	6:21	9.4 (50.3%)
970	OKRÓJ Dagmara	625		K30	115	00:00:35	00:31:48.55	00:32:24.25	+00:15:47 (49.6%)	6:21	9.4 (50.3%)
971	PUCHALSKI Rafał	1049	KLUBZDROWIA24H	M40	145	00:00:57	00:31:49.85	00:32:47.25	+00:15:48 (49.7%)	6:22	9.4 (50.3%)
972	LIBERA Sabina	1435	PARKRUN BYDGOSZCZ	K40	68	00:00:55	00:31:50.10	00:32:45.10	+00:15:49 (49.7%)	6:22	9.4 (50.3%)
973	CZAJKOWSKI Kamil	1392	RUN BYDGOSZCZ	M20	173	00:01:21	00:31:50.75	00:33:11.95	+00:15:49 (49.7%)	6:22	9.4 (50.3%)
973	WITKOWSKI Paweł	99		M10	38	00:01:16	00:31:50.75	00:33:07.00	+00:15:49 (49.7%)	6:22	9.4 (50.3%)
975	JAKIMCZUK Przemysław	703		M20	174	00:01:37	00:31:51.25	00:33:28.95	+00:15:50 (49.7%)	6:22	9.4 (50.3%)
976	CHROMIŃSKA Paulina	38		K20	99	00:00:11	00:31:51.60	00:32:02.80	+00:15:50 (49.7%)	6:22	9.4 (50.3%)
977	SOŁOBODOWSKA Weronika	1058		K20	100	00:01:24	00:31:52.40	00:33:17.35	+00:15:51 (49.7%)	6:22	9.4 (50.3%)
978	URBAŃSKA Kamila	1409	REGIONALNE CENTRUM KRWIODAWSTWA I KRWIOLECNICTWA W BYDGOSZCZY	K30	116	00:00:00	00:31:52.55	00:31:52.55	+00:15:51 (49.7%)	6:22	9.4 (50.3%)
979	ROBAKOWSKI Waldemar	1346		M40	146	00:00:00	00:31:53.05	00:31:53.05	+00:15:51 (49.8%)	6:22	9.4 (50.3%)
980	GRODZKI Daniel	473		M30	212	00:00:27	00:31:55.15	00:32:22.85	+00:15:54 (49.8%)	6:23	9.4 (50.3%)
981	OLKOWSKA Magdalena	828		K30	117	00:01:14	00:31:58.60	00:33:13.10	+00:15:57 (49.9%)	6:23	9.4 (50.3%)
982	PRZYBYLSKA Karolina	444	KLINIKA TRIATHLONU TEAM	K20	101	00:01:35	00:31:59.10	00:33:34.10	+00:15:58 (49.9%)	6:23	9.4 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
983	PRZYBYLSKA Inez	824		K20	102	00:01:34	00:31:59.50	00:33:33.80	+00:15:58 (49.9%)	6:23	9.4 (50.3%)
984	SMERLIŃSKI Robert	2		M30	213	00:01:23	00:32:00.90	00:33:24.50	+00:15:59 (50.0%)	6:24	9.4 (50.3%)
985	SUDOŁ Karolina	984		K30	118	00:01:17	00:32:01.90	00:33:19.10	+00:16:00 (50.0%)	6:24	9.4 (50.3%)
986	TYBURSKI Maciej	347		M30	214	00:01:20	00:32:04.10	00:33:24.25	+00:16:03 (50.0%)	6:24	9.4 (50.3%)
987	RASSALSKA-KAUSA Jola	267		K30	119	00:01:10	00:32:04.25	00:33:14.75	+00:16:03 (50.1%)	6:24	9.4 (50.3%)
988	RASSALSKA Roma	269		K30	120	00:01:10	00:32:04.40	00:33:14.45	+00:16:03 (50.1%)	6:24	9.4 (50.3%)
989	DOBRAKKA Anna	89		K20	103	00:01:20	00:32:04.55	00:33:24.60	+00:16:03 (50.1%)	6:24	9.4 (50.3%)
990	CHŁYSTEK Joanna	383		K20	104	00:01:30	00:32:05.35	00:33:36.20	+00:16:04 (50.1%)	6:25	9.3 (49.7%)
991	WAWROWSKA-GRODZKA Marta	470		K30	121	00:00:26	00:32:13.50	00:32:40.40	+00:16:12 (50.3%)	6:26	9.3 (49.7%)
992	BISKUPSKA Maja	378		K18	8	00:01:29	00:32:14.50	00:33:44.35	+00:16:13 (50.3%)	6:27	9.3 (49.7%)
993	ROGALSKA Marcelina	642	BIEGAJĄCE KEBABY	K20	105	00:01:16	00:32:15.35	00:33:31.40	+00:16:14 (50.3%)	6:27	9.3 (49.7%)
994	NOWAKOWSKA Marta	344		K30	122	00:00:37	00:32:16.65	00:32:53.70	+00:16:15 (50.4%)	6:27	9.3 (49.7%)
995	ŻOŁNIERKIEWICZ Katarzyna	927	BBL INOWROCŁAW	K40	69	00:00:51	00:32:17.10	00:33:08.50	+00:16:16 (50.4%)	6:27	9.3 (49.7%)
996	ZIELIŃSKA Justyna	781	SOLECCY BIEGACZE	K30	123	00:01:29	00:32:17.40	00:33:46.85	+00:16:16 (50.4%)	6:27	9.3 (49.7%)
997	WYPYCH-KLUNDER Katarzyna	856		K30	124	00:01:06	00:32:18.50	00:33:25.40	+00:16:17 (50.4%)	6:27	9.3 (49.7%)
998	LASEK Małgorzata	1407		K40	70	00:00:56	00:32:19.50	00:33:15.55	+00:16:18 (50.4%)	6:27	9.3 (49.7%)
999	KUTOWSKI Janusz	306	INTERACT CLUB BYDGOSZCZ	M50	59	00:01:02	00:32:20.55	00:33:23.30	+00:16:19 (50.5%)	6:28	9.3 (49.7%)
1000	SIKORSKI Arkadiusz	1312		M10	39	00:01:43	00:32:21.15	00:34:05.05	+00:16:20 (50.5%)	6:28	9.3 (49.7%)
1001	ZAORSKA Joanna	137		K30	125	00:00:56	00:32:22.15	00:33:18.70	+00:16:21 (50.5%)	6:28	9.3 (49.7%)
1002	PAWLAK Żaneta	461		K40	71	00:00:56	00:32:22.45	00:33:18.80	+00:16:21 (50.5%)	6:28	9.3 (49.7%)
1002	SIKORSKI Norbert	1311		M40	147	00:01:43	00:32:22.45	00:34:06.10	+00:16:21 (50.5%)	6:28	9.3 (49.7%)
1004	SONTOWSKA Sylwia	788		K30	126	00:00:03	00:32:22.50	00:32:26.00	+00:16:21 (50.5%)	6:28	9.3 (49.7%)
1005	BERNADY Maja	910		K10	21	00:01:38	00:32:26.05	00:34:04.35	+00:16:24 (50.6%)	6:29	9.2 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1006	KONOPA Wiktoria	916		K10	22	00:01:38	00:32:26.35	00:34:04.65	+00:16:25 (50.6%)	6:29	9.2 (49.2%)
1007	RYBKA Aldona	81	BIEGINSTALATORA.PL	K40	72	00:01:31	00:32:27.40	00:33:58.80	+00:16:26 (50.6%)	6:29	9.2 (49.2%)
1008	NUNZEK Agnieszka	918		K40	73	00:01:31	00:32:27.70	00:33:59.20	+00:16:26 (50.7%)	6:29	9.2 (49.2%)
1009	DEPKA Agnieszka	493		K30	127	00:01:16	00:32:28.30	00:33:44.80	+00:16:27 (50.7%)	6:29	9.2 (49.2%)
1010	KOTOWSKA-KOWALSKA Anna	1041	GORZEŃ RUN	K30	128	00:01:30	00:32:28.40	00:33:59.00	+00:16:27 (50.7%)	6:29	9.2 (49.2%)
1011	LEPPERT Monika	1149	BBL SZUBIN	K20	106	00:01:11	00:32:29.25	00:33:40.30	+00:16:28 (50.7%)	6:29	9.2 (49.2%)
1012	WRZESIŃSKI Wojciech	62	FORDONRUNNERS	M40	148	00:01:29	00:32:29.50	00:33:58.80	+00:16:28 (50.7%)	6:29	9.2 (49.2%)
1013	DUDEK Joanna	1136	FORDONRUNNERS	K30	129	00:01:28	00:32:29.85	00:33:58.40	+00:16:28 (50.7%)	6:30	9.2 (49.2%)
1014	RATAJ Maciej	455		M40	149	00:01:06	00:32:29.90	00:33:36.80	+00:16:28 (50.7%)	6:30	9.2 (49.2%)
1015	RATAJ Szymon	456		M10	40	00:01:06	00:32:29.95	00:33:36.65	+00:16:28 (50.7%)	6:30	9.2 (49.2%)
1016	SCIGOCKA Beata	987		K40	74	00:00:50	00:32:32.85	00:33:23.80	+00:16:31 (50.8%)	6:30	9.2 (49.2%)
1017	BABIŃSKA Agata	614		K30	130	00:01:33	00:32:33.35	00:34:06.80	+00:16:32 (50.8%)	6:30	9.2 (49.2%)
1018	IDCZAK-BOREK Hanna	1257		K40	75	00:01:14	00:32:40.75	00:33:55.35	+00:16:39 (51.0%)	6:32	9.2 (49.2%)
1019	BOREK Marcin	1256		M40	150	00:01:14	00:32:40.90	00:33:55.50	+00:16:39 (51.0%)	6:32	9.2 (49.2%)
1020	MUCHA Natalia	1066	BATRINNERS	K10	23	00:00:47	00:32:46.50	00:33:33.60	+00:16:45 (51.1%)	6:33	9.2 (49.2%)
1021	ANIUKIEWICZ-KUBAS Anna	1005		K40	76	00:01:35	00:32:47.30	00:34:22.85	+00:16:46 (51.1%)	6:33	9.2 (49.2%)
1022	KONARZEWSKA Jolanta	125		K40	77	00:01:12	00:32:48.00	00:34:00.05	+00:16:46 (51.2%)	6:33	9.1 (48.7%)
1023	WÓJCIK Anna	1300		K30	131	00:00:47	00:32:48.75	00:33:35.90	+00:16:47 (51.2%)	6:33	9.1 (48.7%)
1024	BRUSKA Joanna	1040		K18	9	00:00:02	00:32:51.20	00:32:53.70	+00:16:50 (51.2%)	6:34	9.1 (48.7%)
1025	TRZEBIATOWSKA Agata	215	PRZECHOWO TEAM	K20	107	00:00:22	00:32:52.75	00:33:15.35	+00:16:51 (51.3%)	6:34	9.1 (48.7%)
1026	KĘSKA Rafał	218	PRZECHOWO TEAM	M20	175	00:00:22	00:32:53.70	00:33:15.90	+00:16:52 (51.3%)	6:34	9.1 (48.7%)
1027	HOŁOWNIA-MLECZEK Izabela	334		K30	132	00:00:50	00:32:57.05	00:33:47.40	+00:16:55 (51.4%)	6:35	9.1 (48.7%)
1028	BIERYT Arkadiusz	968		M50	60	00:00:45	00:32:59.65	00:33:44.80	+00:16:58 (51.5%)	6:35	9.1 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1029	MALCZEWSKA Mirka	426	SPORT FAKTORY	K60	3	00:00:57	00:32:59.75	00:33:56.75	+00:16:58 (51.5%)	6:35	9.1 (48.7%)
1030	KOWALSKA Klaudia	213		K18	10	00:01:04	00:33:00.00	00:34:04.10	+00:16:58 (51.5%)	6:36	9.1 (48.7%)
1031	KOWALSKA Katarzyna	216		K30	133	00:01:03	00:33:01.50	00:34:05.30	+00:17:00 (51.5%)	6:36	9.1 (48.7%)
1032	MIRONCZUK Paweł	1426		M20	176	00:00:35	00:33:01.55	00:33:36.65	+00:17:00 (51.5%)	6:36	9.1 (48.7%)
1033	LASOTA Anna	1425		K30	134	00:00:34	00:33:02.00	00:33:36.50	+00:17:00 (51.5%)	6:36	9.1 (48.7%)
1034	GRALAK Mikołaj	483		M18	15	00:00:58	00:33:02.35	00:34:01.15	+00:17:01 (51.5%)	6:36	9.1 (48.7%)
1035	OSSOWSKI Łukasz	408		M30	215	00:01:39	00:33:04.05	00:34:43.15	+00:17:02 (51.6%)	6:36	9.1 (48.7%)
1036	BOCHAŃSKA Agnieszka	1224	SZYSZKI	K30	135	00:01:34	00:33:06.35	00:34:41.15	+00:17:05 (51.6%)	6:37	9.1 (48.7%)
1037	ROMANOWSKA Barbara	1226	SZYSZKI	K18	11	00:01:34	00:33:06.60	00:34:41.55	+00:17:05 (51.6%)	6:37	9.1 (48.7%)
1038	KUJAWA Sylwia	407	DYNAMO SKARPA	K20	108	00:00:40	00:33:07.35	00:33:47.40	+00:17:06 (51.6%)	6:37	9.1 (48.7%)
1039	KUBAS Marek	1006		M50	61	00:01:35	00:33:09.25	00:34:44.80	+00:17:08 (51.7%)	6:37	9 (48.1%)
1040	MATUSZEWSKA Agnieszka	178		K30	136	00:01:11	00:33:11.65	00:34:23.45	+00:17:10 (51.7%)	6:38	9 (48.1%)
1041	KIELMANN Marcin	1362		M30	216	00:01:09	00:33:13.65	00:34:22.90	+00:17:12 (51.8%)	6:38	9 (48.1%)
1042	WŁODARCZYK Olga	195	#BANANATEAM	K20	109	00:01:27	00:33:15.50	00:34:43.00	+00:17:14 (51.8%)	6:39	9 (48.1%)
1043	FILOSEK Paweł	535		M20	177	00:01:27	00:33:15.90	00:34:43.25	+00:17:14 (51.8%)	6:39	9 (48.1%)
1044	SKALIŃSKA Klaudia	803		K20	110	00:00:24	00:33:17.10	00:33:42.00	+00:17:16 (51.9%)	6:39	9 (48.1%)
1044	GUŻLECKI Krzysztof	804		M20	178	00:00:25	00:33:17.10	00:33:42.20	+00:17:16 (51.9%)	6:39	9 (48.1%)
1046	OSTASZ Katarzyna	920		K20	111	00:01:39	00:33:20.70	00:35:00.65	+00:17:19 (52.0%)	6:40	9 (48.1%)
1047	ŻEBROWSKI Michał	569		M30	217	00:01:39	00:33:20.85	00:35:00.80	+00:17:19 (52.0%)	6:40	9 (48.1%)
1048	NOWAKOWSKA Sylwia	353		K30	137	00:01:35	00:33:23.10	00:34:58.65	+00:17:22 (52.0%)	6:40	9 (48.1%)
1049	GÓZDŹ Hanna	457	JAŚ BIEGA	K60	4	00:00:38	00:33:26.20	00:34:04.40	+00:17:25 (52.1%)	6:41	9 (48.1%)
1050	JANKOWIAK Barbara	806		K40	78	00:01:15	00:33:27.75	00:34:43.25	+00:17:26 (52.1%)	6:41	9 (48.1%)
1051	NOWAKOWSKA Anna	1289		K30	138	00:00:12	00:33:31.95	00:33:44.80	+00:17:30 (52.2%)	6:42	8.9 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1052	GRZESZAK Sławomir	251	ASSECO ACTIVE TEAM	M20	179	00:01:12	00:33:32.00	00:34:44.30	+00:17:30 (52.2%)	6:42	8.9 (47.6%)
1053	WIŚNIEWSKA Ewa	661		K40	79	00:00:53	00:33:35.75	00:34:28.85	+00:17:34 (52.3%)	6:43	8.9 (47.6%)
1054	ANDRYSZAK Karolina	423		K40	80	00:01:30	00:33:41.30	00:35:11.90	+00:17:40 (52.5%)	6:44	8.9 (47.6%)
1055	KLIMKIEWICZ Elżbieta	770		K10	24	00:01:17	00:33:42.10	00:34:59.80	+00:17:41 (52.5%)	6:44	8.9 (47.6%)
1056	WALKOWIAK Greta	310	RAFSONGA	K50	16	00:00:38	00:33:42.60	00:34:21.00	+00:17:41 (52.5%)	6:44	8.9 (47.6%)
1057	SZULC Joanna	1111		K30	139	00:01:29	00:33:42.65	00:35:11.95	+00:17:41 (52.5%)	6:44	8.9 (47.6%)
1058	KLIMKIEWICZ Maciej	769		M40	151	00:01:17	00:33:44.00	00:35:01.60	+00:17:42 (52.5%)	6:44	8.9 (47.6%)
1059	OLECHNOWICZ Maciej	752	SPORT SMUKAŁA OPŁAWIEC JANOWO	M10	41	00:02:20	00:33:46.80	00:36:07.35	+00:17:45 (52.6%)	6:45	8.9 (47.6%)
1060	PIETROWSKI Tomasz	1395		M40	152	00:00:05	00:33:52.75	00:33:57.85	+00:17:51 (52.7%)	6:46	8.9 (47.6%)
1061	HILLER Marta	1333	HILLERTEAM	K20	112	00:01:36	00:33:56.70	00:35:33.05	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
1062	KUFEL Maria	1350		K20	113	00:01:36	00:33:56.85	00:35:33.05	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
1063	HILLER Andrzej	1335	HILLERTEAM	M10	42	00:01:35	00:33:57.05	00:35:32.90	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
1064	MRÓWCZYŃSKI Sebastian	260	MRÓWKI	M30	218	00:00:39	00:33:59.05	00:34:38.95	+00:17:57 (52.9%)	6:47	8.8 (47.1%)
1065	MRÓWCZYŃSKA Agnieszka	735	MRÓWKI	K30	140	00:00:39	00:33:59.30	00:34:38.80	+00:17:58 (52.9%)	6:47	8.8 (47.1%)
1066	PARUCKI Zbigniew	174		M50	62	00:01:23	00:34:08.05	00:35:32.00	+00:18:06 (53.1%)	6:49	8.8 (47.1%)
1066	KOCZOROWSKI Maciej	929		M10	43	00:01:23	00:34:08.05	00:35:31.90	+00:18:06 (53.1%)	6:49	8.8 (47.1%)
1068	FINGAS Natalia	1126		K20	114	00:01:17	00:34:16.15	00:35:33.50	+00:18:15 (53.3%)	6:51	8.8 (47.1%)
1069	GADASZEWSKA Marta	1348	STEP	K20	115	00:01:41	00:34:34.70	00:36:16.30	+00:18:33 (53.7%)	6:55	8.7 (46.5%)
1070	PRZERACKI Mirosław	416	BYDGOSZCZ	M40	153	00:01:34	00:34:39.45	00:36:14.40	+00:18:38 (53.8%)	6:56	8.7 (46.5%)
1071	PRZERACKA Violetta	420	BYDGOSZCZ	K40	81	00:01:34	00:34:39.55	00:36:14.30	+00:18:38 (53.8%)	6:56	8.7 (46.5%)
1072	OLECHNOWICZ Tomasz	753	SPORT SMUKAŁA OPŁAWIEC JANOWO	M40	154	00:02:20	00:34:40.00	00:37:00.95	+00:18:38 (53.8%)	6:56	8.7 (46.5%)
1073	OLECHNOWICZ Aneta	754	RÓŻOWA KSIĘŻNICZKA	K10	25	00:02:19	00:34:41.20	00:37:01.00	+00:18:40 (53.8%)	6:56	8.6 (46.0%)
1074	BOSAK Patrycja	1401		K30	141	00:01:42	00:34:43.00	00:36:25.35	+00:18:41 (53.9%)	6:56	8.6 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1075	RAKAŁOWICZ Jakub	530		M20	180	00:00:48	00:34:46.20	00:35:35.10	+00:18:45 (53.9%)	6:57	8.6 (46.0%)
1076	RAKAŁOWICZ Krzysztof	576	MANCHESTER	M30	219	00:00:48	00:34:46.30	00:35:35.20	+00:18:45 (53.9%)	6:57	8.6 (46.0%)
1077	ANDRZEJCZAK Natalia	604		K20	116	00:00:53	00:34:46.85	00:35:40.10	+00:18:45 (53.9%)	6:57	8.6 (46.0%)
1078	STĘPSKA Krystyna	386		K40	82	00:00:13	00:34:48.90	00:35:02.10	+00:18:47 (54.0%)	6:57	8.6 (46.0%)
1079	JAROCHA Michał	49		M20	181	00:01:38	00:34:49.80	00:36:27.85	+00:18:48 (54.0%)	6:57	8.6 (46.0%)
1079	JENDRZEJEWSKA Joanna	60		K20	117	00:01:38	00:34:49.80	00:36:27.80	+00:18:48 (54.0%)	6:57	8.6 (46.0%)
1081	MINISZEWSKA Irena	462		K30	142	00:01:06	00:34:55.40	00:36:02.00	+00:18:54 (54.1%)	6:59	8.6 (46.0%)
1082	ROLIRAD Barbara	1028		K20	118	00:01:41	00:34:58.60	00:36:40.20	+00:18:57 (54.2%)	6:59	8.6 (46.0%)
1083	JAROCKA Aleksandra	1196		K20	119	00:01:41	00:34:59.00	00:36:40.50	+00:18:57 (54.2%)	6:59	8.6 (46.0%)
1084	RUDNICKI Karolina	31	TASAK TEAM	K30	143	00:00:50	00:35:00.20	00:35:50.70	+00:18:59 (54.2%)	7:00	8.6 (46.0%)
1085	BIELENNY Michał	628	BYDGOSZCZ	M60	11	00:01:10	00:35:04.85	00:36:15.00	+00:19:03 (54.3%)	7:01	8.6 (46.0%)
1086	FOLERZYŃSKA Sandra	222		K20	120	00:01:25	00:35:10.70	00:36:35.95	+00:19:09 (54.5%)	7:02	8.5 (45.5%)
1087	BILKIEWICZ Anna Maria	741		K40	83	00:01:26	00:35:10.95	00:36:36.95	+00:19:09 (54.5%)	7:02	8.5 (45.5%)
1088	ŁAKOMSKA Anna	811		K40	84	00:00:30	00:35:17.15	00:35:47.50	+00:19:16 (54.6%)	7:03	8.5 (45.5%)
1089	KRÓL Marta	18	GRAŻYNY BIEGANIA	K20	121	00:01:19	00:35:21.30	00:36:40.40	+00:19:20 (54.7%)	7:04	8.5 (45.5%)
1090	MAJORKOWSKA Anna	1009	DREAMTEAM	K40	85	00:01:00	00:35:25.60	00:36:26.50	+00:19:24 (54.8%)	7:05	8.5 (45.5%)
1091	PIJAROWSKA Angelika	623		K20	122	00:00:53	00:35:27.75	00:36:21.30	+00:19:26 (54.8%)	7:05	8.5 (45.5%)
1092	DOMERADZKA Jagoda	1119		K20	123	00:01:25	00:35:32.10	00:36:57.70	+00:19:31 (54.9%)	7:06	8.4 (44.9%)
1093	STĘPSKA Aleksandra	1120		K10	26	00:00:13	00:35:32.25	00:35:46.15	+00:19:31 (54.9%)	7:06	8.4 (44.9%)
1094	KONARZEWSKI Arkadiusz	1306		M40	155	00:01:11	00:35:35.05	00:36:46.95	+00:19:33 (55.0%)	7:07	8.4 (44.9%)
1095	LISOWSKI Mikołaj	284		M10	44	00:01:55	00:35:36.50	00:37:32.20	+00:19:35 (55.0%)	7:07	8.4 (44.9%)
1096	DREWNIAK Paweł	471		M20	182	00:01:31	00:35:40.35	00:37:11.55	+00:19:39 (55.1%)	7:08	8.4 (44.9%)
1097	ORLIŃSKI Mateusz	1288		M10	45	00:01:39	00:35:40.95	00:37:20.60	+00:19:39 (55.1%)	7:08	8.4 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1098	ORLIŃSKI Andrzej	1287		M40	156	00:01:39	00:35:41.15	00:37:20.20	+00:19:40 (55.1%)	7:08	8.4 (44.9%)
1099	CZYŻYCKA Beata	667		K40	86	00:01:36	00:35:47.45	00:37:23.50	+00:19:46 (55.2%)	7:09	8.4 (44.9%)
1100	WITKOWSKA Kamila	45		K20	124	00:00:27	00:35:54.95	00:36:22.25	+00:19:53 (55.4%)	7:11	8.4 (44.9%)
1101	DUL Paulina	914		K18	12	00:01:28	00:35:57.80	00:37:26.10	+00:19:56 (55.5%)	7:11	8.3 (44.4%)
1102	DUL Marcin	917		M40	157	00:01:28	00:35:58.05	00:37:26.10	+00:19:56 (55.5%)	7:11	8.3 (44.4%)
1103	STACHOWSKA Aleksandra	886		K30	144	00:00:59	00:36:03.55	00:37:03.40	+00:20:02 (55.6%)	7:12	8.3 (44.4%)
1104	TUBAJA Anita	57	KABEL TEAM BYDGOSZCZ	K30	145	00:00:45	00:36:12.05	00:36:57.30	+00:20:10 (55.8%)	7:14	8.3 (44.4%)
1105	CSONOPIOLI Viktoria	1447		K30	146	00:00:37	00:36:15.20	00:36:52.60	+00:20:14 (55.8%)	7:15	8.3 (44.4%)
1106	LEWICKA Antonina	475	VILO	K10	27	00:01:31	00:36:16.20	00:37:47.60	+00:20:15 (55.8%)	7:15	8.3 (44.4%)
1107	LEWICKA Julia	477	VILO	K10	28	00:01:31	00:36:16.30	00:37:47.70	+00:20:15 (55.8%)	7:15	8.3 (44.4%)
1108	KORPAS Mikołaj	1046	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M10	46	00:00:35	00:36:22.10	00:36:58.00	+00:20:21 (56.0%)	7:16	8.2 (43.9%)
1109	GORZYCKI Dariusz	1014	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M40	158	00:00:37	00:36:23.95	00:37:01.55	+00:20:22 (56.0%)	7:16	8.2 (43.9%)
1110	CYBUL Anna	1342		K40	87	00:00:57	00:36:24.75	00:37:22.30	+00:20:23 (56.0%)	7:17	8.2 (43.9%)
1111	PARTATUS-SKRZYPIŃSKA Barbara	1192		K30	147	00:00:16	00:36:33.35	00:36:49.55	+00:20:32 (56.2%)	7:18	8.2 (43.9%)
1112	SAWICKA Alicja	527		K40	88	00:01:23	00:36:33.40	00:37:56.40	+00:20:32 (56.2%)	7:18	8.2 (43.9%)
1113	LEPPERT Marta	1152	BBL SZUBIN	K60	5	00:01:11	00:36:37.20	00:37:48.50	+00:20:36 (56.3%)	7:19	8.2 (43.9%)
1114	KAPTUR Małgorzata	613		K30	148	00:01:33	00:36:37.85	00:38:10.95	+00:20:36 (56.3%)	7:19	8.2 (43.9%)
1115	SZMELTER Jagoda	674		K20	125	00:00:59	00:36:50.55	00:37:49.80	+00:20:49 (56.5%)	7:22	8.1 (43.3%)
1116	GROCHOWALSKA Maja	202	GROSZKI	K10	29	00:01:10	00:36:53.00	00:38:03.65	+00:20:51 (56.6%)	7:22	8.1 (43.3%)
1117	GROCHOWALSKA Marzena	199	GROSZKI	K30	149	00:01:10	00:36:53.45	00:38:03.50	+00:20:52 (56.6%)	7:22	8.1 (43.3%)
1118	KLUCZYŃSKA Blanka	44		K30	150	00:01:01	00:37:05.00	00:38:06.05	+00:21:03 (56.8%)	7:25	8.1 (43.3%)
1119	CIEMNY Sylwia	901		K20	126	00:01:24	00:37:19.50	00:38:44.10	+00:21:18 (57.1%)	7:28	8 (42.8%)
1120	FARBOTKO Anna	1082	GALACTICA.PL	K40	89	00:01:32	00:37:29.00	00:39:01.95	+00:21:27 (57.3%)	7:29	8 (42.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1121	FARBOTKO Marcin	1085	GALACTICA.PL	M40	159	00:01:32	00:37:29.60	00:39:01.80	+00:21:28 (57.3%)	7:29	8 (42.8%)
1122	RUTKOWSKA Ania	637		K40	90	00:01:32	00:37:30.15	00:39:02.50	+00:21:29 (57.3%)	7:30	8 (42.8%)
1122	RUTKOWSKI Adam	638		M40	160	00:01:32	00:37:30.15	00:39:02.25	+00:21:29 (57.3%)	7:30	8 (42.8%)
1124	JANKOWSKI Rafał	6		M40	161	00:01:37	00:37:53.30	00:39:30.70	+00:21:52 (57.7%)	7:34	7.9 (42.2%)
1125	ZELEK Aleksandra	995		K40	91	00:01:36	00:37:53.60	00:39:30.55	+00:21:52 (57.7%)	7:34	7.9 (42.2%)
1126	PŁOCKA Patrycja	923		K30	151	00:00:42	00:39:15.55	00:39:58.25	+00:23:14 (59.2%)	7:51	7.6 (40.6%)
1127	SMOLEŃ Aleksandra	292		K10	30	00:01:55	00:39:57.50	00:41:52.90	+00:23:56 (59.9%)	7:59	7.5 (40.1%)
1128	SMOLEŃ Joanna	291		K30	152	00:01:55	00:39:58.95	00:41:54.50	+00:23:57 (59.9%)	7:59	7.5 (40.1%)
1129	LISOWSKI Sebastian	280		M30	220	00:01:55	00:39:59.00	00:41:54.15	+00:23:57 (59.9%)	7:59	7.5 (40.1%)
1130	STANISZEWSKA Aleksandra	832		K20	127	00:00:31	00:40:34.80	00:41:05.90	+00:24:33 (60.5%)	8:06	7.4 (39.6%)
1131	UMIŃSKA Anna	799		K30	153	00:01:24	00:40:50.15	00:42:15.10	+00:24:49 (60.8%)	8:10	7.3 (39.0%)
1132	MINDIKOWSKA Julia	139		K10	31	00:01:12	00:41:15.25	00:42:27.25	+00:25:14 (61.2%)	8:15	7.3 (39.0%)
1133	WIECZOREK Marcin	829		M30	221	00:01:54	00:41:19.65	00:43:13.95	+00:25:18 (61.2%)	8:15	7.3 (39.0%)
1134	MINDIKOWSKI Dawid	143		M10	47	00:01:12	00:42:33.15	00:43:45.60	+00:26:32 (62.4%)	8:30	7.1 (38.0%)
1135	ZGIEP Maciej	142		M30	222	00:01:12	00:42:33.20	00:43:45.80	+00:26:32 (62.4%)	8:30	7.1 (38.0%)
1136	MINDIKOWSKA Agnieszka	136		K30	154	00:01:11	00:42:34.15	00:43:45.90	+00:26:33 (62.4%)	8:30	7 (37.4%)
1137	PŁÓCIENNICZAK Izabella	645	IZA Z MATIZA, MONIKA Z CIĄGNIKA	K30	155	00:01:42	00:44:53.45	00:46:36.30	+00:28:52 (64.3%)	8:58	6.7 (35.8%)
1138	ATTA Summer	301	INTERACT CLUB BYDGOSZCZ	M10	48	00:01:04	00:45:30.40	00:46:34.60	+00:29:29 (64.8%)	9:06	6.6 (35.3%)
1139	KUTOWSKA Oliwia	307	INTERACT CLUB BYDGOSZCZ	K10	32	00:01:03	00:45:31.70	00:46:35.60	+00:29:30 (64.8%)	9:06	6.6 (35.3%)
1140	HASSI Iwona (Ivet)	793	DYNAMO SKARPA	K40	92	00:00:40	00:49:09.40	00:49:50.30	+00:33:08 (67.4%)	9:50	6.1 (32.6%)
1141	- -	733		K20	128	00:00:26			+00:11:28	5:30	10.9 (58.3%)
	BOREK Lena	1258		K10		DNF	DNF	DNF		-	- (0.0%)
	BOREK Jerzy	1259		M10		DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
	GIŻA Maciej	905		M20		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 1144 wynik(ów)