



# BYDGOSKI BIEG URODZINOWY

B4SPORT

**Organizator:** Miasto Bydgoszcz  
**Data:** 2018-04-22  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>JACKIEWICZ Mateusz</b>	<b>410</b>		M20	1	00:00:00	<b>00:16:06.25</b>	<b>00:16:06.75</b>		3:13	18.6 (100%)
2	<b>FELCZAK Jakub</b>	<b>138</b>		M20	2	00:00:00	<b>00:16:45.85</b>	<b>00:16:46.15</b>	+00:00:39 (3.9%)	3:21	17.9 (96.2%)
3	<b>KRYSKE Bartosz</b>	<b>1365</b>	SPÓJNIA BIAŁE BŁOTA	M30	1	00:00:00	<b>00:16:50.10</b>	<b>00:16:50.60</b>	+00:00:43 (4.3%)	3:22	17.8 (95.7%)
4	<b>PIETRYKA Grzegorz</b>	<b>1141</b>	ZAKŁAD KARNY NR 2 W GRUDZIĄDZU	M30	2	00:00:01	<b>00:16:54.45</b>	<b>00:16:55.45</b>	+00:00:48 (4.8%)	3:22	17.8 (95.7%)
5	<b>GOŚCINIAK Michał</b>	<b>1358</b>	3GRAVITY	M30	3	00:00:01	<b>00:17:17.65</b>	<b>00:17:18.90</b>	+00:01:11 (6.9%)	3:27	17.4 (93.5%)
6	<b>DEROŃ Waldemar</b>	<b>584</b>	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	4	00:00:01	<b>00:17:19.70</b>	<b>00:17:20.85</b>	+00:01:13 (7.1%)	3:27	17.3 (93.0%)
7	<b>BEDRA Robert</b>	<b>397</b>	CZARNE STOPY SM	M30	5	00:00:01	<b>00:17:25.35</b>	<b>00:17:26.60</b>	+00:01:19 (7.6%)	3:29	17.2 (92.5%)
8	<b>MRUK Tomasz</b>	<b>98</b>	CZARNE STOPY.SM	M40	1	00:00:01	<b>00:17:27.45</b>	<b>00:17:28.45</b>	+00:01:21 (7.8%)	3:29	17.2 (92.5%)
9	<b>MAĆKOWSKI Maciej</b>	<b>73</b>	UPS BYDGOSZCZ TEAM	M30	6	00:00:00	<b>00:17:49.80</b>	<b>00:17:50.65</b>	+00:01:43 (9.7%)	3:34	16.8 (90.3%)
10	<b>KOWALSKI Dawid</b>	<b>603</b>	OPZS ZAWISZA MEKSYK	M20	3	00:00:03	<b>00:18:03.35</b>	<b>00:18:06.65</b>	+00:01:57 (10.8%)	3:36	16.6 (89.2%)
11	<b>TUCHOLSKI Bartłomiej</b>	<b>341</b>	BYDGOSKIE OKONIE	M20	4	00:00:01	<b>00:18:13.65</b>	<b>00:18:15.20</b>	+00:02:07 (11.6%)	3:38	16.5 (88.7%)
12	<b>STALKA Jakub</b>	<b>816</b>	OSL	M20	5	00:00:03	<b>00:18:15.55</b>	<b>00:18:19.00</b>	+00:02:09 (11.8%)	3:39	16.4 (88.2%)
13	<b>KOWALSKI Krzysztof</b>	<b>794</b>		M20	6	00:00:01	<b>00:18:17.75</b>	<b>00:18:19.45</b>	+00:02:11 (12.0%)	3:39	16.4 (88.2%)
14	<b>SZENK Marta</b>	<b>555</b>		K30	1	00:00:01	<b>00:18:20.20</b>	<b>00:18:21.95</b>	+00:02:13 (12.2%)	3:40	16.4 (88.2%)
15	<b>POZNAŃSKI Szymon</b>	<b>1198</b>	EDUTEAM	M20	7	00:00:07	<b>00:18:39.05</b>	<b>00:18:47.00</b>	+00:02:32 (13.7%)	3:44	16.1 (86.6%)
16	<b>NOWICKI Tomasz</b>	<b>1254</b>	BDG TRI	M20	8	00:00:05	<b>00:18:40.20</b>	<b>00:18:46.10</b>	+00:02:33 (13.7%)	3:44	16.1 (86.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	STARZYŃSKI Piotr	303		M30	7	00:00:07	00:18:52.85	00:19:00.45	+00:02:46 (14.7%)	3:46	15.9 (85.5%)
18	STRUGAŁA Maciej	659		M20	9	00:00:01	00:18:56.05	00:18:57.45	+00:02:49 (14.9%)	3:47	15.8 (84.9%)
19	ROMANOWSKI Michal	660		M30	8	00:00:01	00:18:57.00	00:18:58.75	+00:02:50 (15.0%)	3:47	15.8 (84.9%)
20	GROSKOP Grzegorz	322	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	10	00:00:00	00:18:59.05	00:18:59.55	+00:02:52 (15.2%)	3:47	15.8 (84.9%)
21	BANACH Tomasz	1258		M30	9	00:00:04	00:19:00.30	00:19:04.85	+00:02:54 (15.3%)	3:48	15.8 (84.9%)
22	SZOPIŃSKI Rafał	462		M30	10	00:00:05	00:19:00.70	00:19:06.55	+00:02:54 (15.3%)	3:48	15.8 (84.9%)
23	RADECKI Przemysław	288		M40	2	00:00:06	00:19:07.00	00:19:13.65	+00:03:00 (15.8%)	3:49	15.7 (84.4%)
24	WILK Łukasz	45	RUNADDICTS	M30	11	00:00:02	00:19:15.40	00:19:18.30	+00:03:09 (16.4%)	3:51	15.6 (83.9%)
25	SZWEDA Mirosława	1336	DRUŻYNA SZPIKU	K30	2	00:00:01	00:19:17.85	00:19:19.25	+00:03:11 (16.5%)	3:51	15.5 (83.3%)
26	MAGDZIARZ Jakub	1253	KANCELARIA HMM	M30	12	00:00:04	00:19:24.15	00:19:28.80	+00:03:17 (17.0%)	3:52	15.5 (83.3%)
27	STANIEC Tomasz	1139		M40	3	00:00:04	00:19:32.65	00:19:37.00	+00:03:26 (17.6%)	3:54	15.3 (82.3%)
28	MAŁAS Marcin	976		M18	1	00:00:05	00:19:38.35	00:19:43.45	+00:03:32 (18.0%)	3:55	15.3 (82.3%)
29	KUROWSKI Kamil	60	3GRAVITY	M30	13	00:00:03	00:19:39.85	00:19:43.55	+00:03:33 (18.1%)	3:56	15.3 (82.3%)
30	OLEJNIK Krzysztof	580		M30	14	00:00:05	00:19:40.90	00:19:46.30	+00:03:34 (18.2%)	3:56	15.2 (81.7%)
31	FIGURSKI Przemek	152		M30	15	00:00:02	00:19:46.75	00:19:49.25	+00:03:40 (18.6%)	3:57	15.2 (81.7%)
32	WRÓBLEWSKI Lech	323	ZK 2 GRUDZIĄDZ	M30	16	00:00:03	00:19:48.15	00:19:51.15	+00:03:41 (18.7%)	3:57	15.2 (81.7%)
33	RACZYŃSKI Krzysztof	1183	BIEGAJĄCY FILOZOF TEAM	M50	1	00:00:02	00:19:51.95	00:19:54.60	+00:03:45 (18.9%)	3:58	15.1 (81.2%)
34	SZATTEN Dawid	420		M30	17	00:00:01	00:19:54.30	00:19:56.05	+00:03:48 (19.1%)	3:59	15.1 (81.2%)
35	GURDAK Leszek	622		M40	4	00:00:03	00:19:58.10	00:20:01.70	+00:03:51 (19.4%)	3:59	15 (80.6%)
35	FRĄCZYK Jarosław	1131	PARKRUN TORUŃ	M40	5	00:00:04	00:19:58.10	00:20:02.85	+00:03:51 (19.4%)	3:59	15 (80.6%)
37	WNEK Natalia	837	MASTIFF WEAR	K20	1	00:00:03	00:19:59.45	00:20:03.40	+00:03:53 (19.4%)	4:00	15 (80.6%)
38	IWICKI Paweł	1222		M20	11	00:00:01	00:19:59.85	00:20:01.25	+00:03:53 (19.5%)	4:00	15 (80.6%)
39	JANCZYK Mariusz	1048	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	18	00:00:08	00:20:01.60	00:20:09.70	+00:03:55 (19.6%)	4:00	15 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	<b>RUDNICKI Michał</b>	<b>972</b>		M30	19	00:00:04	<b>00:20:01.95</b>	<b>00:20:06.00</b>	+00:03:55 (19.6%)	4:00	15 (80.6%)
41	<b>WADELSKI Maciej</b>	<b>1051</b>	FITSERWIS MYB TEAM	M30	20	00:00:30	<b>00:20:03.20</b>	<b>00:20:33.95</b>	+00:03:56 (19.7%)	4:00	15 (80.6%)
42	<b>KABACIŃSKI Marcin</b>	<b>761</b>	WUKAES	M20	12	00:00:02	<b>00:20:05.45</b>	<b>00:20:07.65</b>	+00:03:59 (19.8%)	4:01	14.9 (80.1%)
43	<b>DADZIBÓG Mariusz</b>	<b>1325</b>		M20	13	00:01:28	<b>00:20:07.60</b>	<b>00:21:36.45</b>	+00:04:01 (20.0%)	4:01	14.9 (80.1%)
44	<b>BANASIAK Paweł</b>	<b>351</b>		M20	14	00:00:19	<b>00:20:08.25</b>	<b>00:20:27.70</b>	+00:04:02 (20.0%)	4:01	14.9 (80.1%)
45	<b>NAMIEŚNIK Krzysztof</b>	<b>1033</b>	KRZYSIEKN	M40	6	00:00:16	<b>00:20:10.40</b>	<b>00:20:27.00</b>	+00:04:04 (20.2%)	4:02	14.9 (80.1%)
46	<b>WENDA Dawid</b>	<b>168</b>	SZKOŁA JAZDY TOMAS	M20	15	00:00:01	<b>00:20:12.75</b>	<b>00:20:14.65</b>	+00:04:06 (20.3%)	4:02	14.8 (79.6%)
47	<b>ANISZCZYK Hubert</b>	<b>752</b>		M10	1	00:00:07	<b>00:20:13.05</b>	<b>00:20:20.85</b>	+00:04:06 (20.3%)	4:02	14.8 (79.6%)
48	<b>GOŁATA Wojciech</b>	<b>51</b>	WILCZA WATAHA	M30	21	00:00:06	<b>00:20:14.15</b>	<b>00:20:21.00</b>	+00:04:07 (20.4%)	4:03	14.8 (79.6%)
49	<b>DUSZKA Łukasz</b>	<b>270</b>		M30	22	00:00:06	<b>00:20:15.30</b>	<b>00:20:21.65</b>	+00:04:09 (20.5%)	4:03	14.8 (79.6%)
50	<b>BZDZION Marcin</b>	<b>1037</b>		M20	16	00:00:02	<b>00:20:17.75</b>	<b>00:20:20.00</b>	+00:04:11 (20.7%)	4:03	14.8 (79.6%)
51	<b>OWCZARZAK Filip</b>	<b>1067</b>		M30	23	00:00:04	<b>00:20:18.00</b>	<b>00:20:22.00</b>	+00:04:11 (20.7%)	4:03	14.8 (79.6%)
52	<b>DĄBROWSKI Jarosław</b>	<b>23</b>	CB163	M20	17	00:01:40	<b>00:20:21.05</b>	<b>00:22:01.40</b>	+00:04:14 (20.9%)	4:04	14.7 (79.0%)
53	<b>WALKOWIAK Paweł</b>	<b>348</b>		M20	18	00:00:05	<b>00:20:23.30</b>	<b>00:20:28.55</b>	+00:04:17 (21.0%)	4:04	14.7 (79.0%)
54	<b>KŁOSOWSKI Marcin</b>	<b>667</b>	GRUPA BANKIETOWA SPECJAL	M40	7	00:00:02	<b>00:20:23.80</b>	<b>00:20:26.75</b>	+00:04:17 (21.0%)	4:04	14.7 (79.0%)
55	<b>PERTEK Izabela</b>	<b>1210</b>		K20	2	00:00:00	<b>00:20:24.35</b>	<b>00:20:25.15</b>	+00:04:18 (21.1%)	4:05	14.7 (79.0%)
56	<b>PAPROCKI Rafał</b>	<b>887</b>	CYBERMORSY	M30	24	00:00:18	<b>00:20:25.20</b>	<b>00:20:43.50</b>	+00:04:18 (21.1%)	4:05	14.7 (79.0%)
57	<b>JUREK Piotr</b>	<b>744</b>	BBL SZUBIN	M50	2	00:00:05	<b>00:20:25.45</b>	<b>00:20:31.15</b>	+00:04:19 (21.2%)	4:05	14.7 (79.0%)
58	<b>KOWALSKI Jacek</b>	<b>545</b>		M40	8	00:00:07	<b>00:20:26.40</b>	<b>00:20:33.55</b>	+00:04:20 (21.2%)	4:05	14.7 (79.0%)
59	<b>OKOŃSKI Jarosław</b>	<b>69</b>		M30	25	00:00:06	<b>00:20:27.90</b>	<b>00:20:34.15</b>	+00:04:21 (21.3%)	4:05	14.7 (79.0%)
60	<b>TRZCIŃSKI Franciszek</b>	<b>677</b>	SPORT I REKREACJA START (CHELMNO)	M50	3	00:00:03	<b>00:20:32.95</b>	<b>00:20:36.15</b>	+00:04:26 (21.6%)	4:06	14.6 (78.5%)
61	<b>GURNA Jolanta</b>	<b>1126</b>		K50	1	00:00:03	<b>00:20:34.35</b>	<b>00:20:37.75</b>	+00:04:28 (21.7%)	4:06	14.6 (78.5%)
62	<b>KUNDE Tomasz</b>	<b>1040</b>	BYDGOSZCZ TRIATHLON	M20	19	00:00:02	<b>00:20:35.10</b>	<b>00:20:37.50</b>	+00:04:28 (21.8%)	4:07	14.6 (78.5%)

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63	ZBORAŁA Dawid	509	SZKOŁA JAZDY TOMAS	M20	20	00:00:01	00:20:35.70	00:20:37.55	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
64	CZAPLEWSKI Krzysztof	772	FLORIAN CHOJNICE	M30	26	00:00:03	00:20:36.10	00:20:39.55	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
65	WŁODARCZYK Wojciech	321		M50	4	00:00:04	00:20:36.15	00:20:41.00	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
66	PIKULSKI Paweł	583	TYPYGRUBE	M30	27	00:00:11	00:20:38.70	00:20:49.85	+00:04:32 (22.0%)	4:07	14.5 (78.0%)
67	SOBCZAK Marcin	186	CZARNE STOPY.SM	M30	28	00:00:04	00:20:40.95	00:20:45.30	+00:04:34 (22.1%)	4:08	14.5 (78.0%)
68	KUTOWSKI Przemysław	929		M40	9	00:00:02	00:20:41.75	00:20:44.55	+00:04:35 (22.2%)	4:08	14.5 (78.0%)
69	SADECKI Karol	468	ATOS TEAM	M30	29	00:00:40	00:20:43.70	00:21:24.00	+00:04:37 (22.3%)	4:08	14.5 (78.0%)
70	BOINSKI Rafal	994		M30	30	00:00:05	00:20:47.25	00:20:52.50	+00:04:41 (22.5%)	4:09	14.4 (77.4%)
71	WŁOCH Sylwester	578		M50	5	00:00:03	00:20:49.10	00:20:52.80	+00:04:42 (22.6%)	4:09	14.4 (77.4%)
72	WROBEL Mateusz	957		M20	21	00:00:03	00:20:51.95	00:20:55.05	+00:04:45 (22.8%)	4:10	14.4 (77.4%)
73	JANYSKA Krzysztof	229		M30	31	00:00:10	00:20:54.35	00:21:04.85	+00:04:48 (23.0%)	4:10	14.4 (77.4%)
74	ROSÓŁ Jacek	559		M30	32	00:00:07	00:20:56.10	00:21:03.55	+00:04:49 (23.1%)	4:11	14.3 (76.9%)
75	PACKI Łukasz	1221	WIELUŃ BIEGA	M20	22	00:00:05	00:20:57.60	00:21:03.00	+00:04:51 (23.2%)	4:11	14.3 (76.9%)
76	FELINIAK Daniel	1015		M30	33	00:00:17	00:20:58.95	00:21:16.75	+00:04:52 (23.2%)	4:11	14.3 (76.9%)
77	BIAŁY Dawid	1144	GKS SPÓJNIA BIAŁE BŁOTA	M20	23	00:00:10	00:20:59.55	00:21:10.05	+00:04:53 (23.3%)	4:12	14.3 (76.9%)
78	KURDELSKI Kamil	808		M20	24	00:00:02	00:21:00.55	00:21:02.75	+00:04:54 (23.3%)	4:12	14.3 (76.9%)
78	SUSKI Piotr	872		M40	10	00:00:13	00:21:00.55	00:21:14.15	+00:04:54 (23.3%)	4:12	14.3 (76.9%)
80	ADAMCZAK Filip	967		M10	2	00:00:45	00:21:03.75	00:21:49.35	+00:04:57 (23.5%)	4:12	14.2 (76.3%)
81	ROGALSKI Maciej	1276		M30	34	00:01:44	00:21:04.40	00:22:48.45	+00:04:58 (23.6%)	4:12	14.2 (76.3%)
82	CZYZEWSKI Mateusz	600		M30	35	00:00:07	00:21:05.90	00:21:13.85	+00:04:59 (23.7%)	4:13	14.2 (76.3%)
83	SOBIERAJSKI Łukasz	385	WSPR BYDGOSZCZ	M20	25	00:01:29	00:21:06.35	00:22:35.50	+00:05:00 (23.7%)	4:13	14.2 (76.3%)
84	KLIMEK Paweł	811		M20	26	00:00:06	00:21:06.45	00:21:12.80	+00:05:00 (23.7%)	4:13	14.2 (76.3%)
85	HOC Marek	956	LEGE ARTIS	M40	11	00:01:21	00:21:09.15	00:22:30.25	+00:05:02 (23.9%)	4:13	14.2 (76.3%)

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86	<b>BOROWSKI Radosław</b>	<b>933</b>	MLKS KRAJNA SĘPÓLNO	M20	27	00:00:35	<b>00:21:11.30</b>	<b>00:21:47.05</b>	+00:05:05 (24.0%)	4:14	14.2 (76.3%)
87	<b>NALEŻYTY Piotr</b>	<b>118</b>	KLINIKA TRIATHLONU	M30	36	00:00:28	<b>00:21:12.55</b>	<b>00:21:40.90</b>	+00:05:06 (24.1%)	4:14	14.2 (76.3%)
88	<b>GRUSZECZKA Jacek</b>	<b>1174</b>		M30	37	00:00:15	<b>00:21:14.35</b>	<b>00:21:29.35</b>	+00:05:08 (24.2%)	4:14	14.1 (75.8%)
89	<b>MIŁOSIERNY Oskar</b>	<b>1335</b>		M20	28	00:00:08	<b>00:21:15.00</b>	<b>00:21:23.70</b>	+00:05:08 (24.2%)	4:15	14.1 (75.8%)
90	<b>MONDRY Waldemar</b>	<b>433</b>		M50	6	00:00:16	<b>00:21:15.10</b>	<b>00:21:31.15</b>	+00:05:08 (24.2%)	4:15	14.1 (75.8%)
91	<b>RATAJCZAK Arkadius</b>	<b>335</b>		M40	12	00:00:02	<b>00:21:15.25</b>	<b>00:21:18.15</b>	+00:05:09 (24.2%)	4:15	14.1 (75.8%)
92	<b>GLIWKA Artur</b>	<b>1031</b>	1.BLWL	M30	38	00:00:16	<b>00:21:17.40</b>	<b>00:21:33.40</b>	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
93	<b>PALIGA Antoni</b>	<b>425</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M50	7	00:00:17	<b>00:21:18.00</b>	<b>00:21:35.05</b>	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
94	<b>BUZALSKI Robert</b>	<b>1298</b>	ORANGE POLSKA	M40	13	00:00:08	<b>00:21:18.10</b>	<b>00:21:26.65</b>	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
95	<b>PAWLAK Jakub</b>	<b>1039</b>	JFTC SU	M30	39	00:00:14	<b>00:21:18.65</b>	<b>00:21:32.65</b>	+00:05:12 (24.4%)	4:15	14.1 (75.8%)
96	<b>WACHOWSKI Piotr</b>	<b>909</b>		M30	40	00:00:01	<b>00:21:18.80</b>	<b>00:21:19.90</b>	+00:05:12 (24.4%)	4:15	14.1 (75.8%)
97	<b>MROTEK Michał</b>	<b>828</b>		M30	41	00:00:10	<b>00:21:19.20</b>	<b>00:21:30.05</b>	+00:05:12 (24.5%)	4:16	14.1 (75.8%)
98	<b>TUBAJA Albert</b>	<b>1087</b>	KABEL TEAM BYDGOSZCZ	M40	14	00:00:15	<b>00:21:23.20</b>	<b>00:21:38.70</b>	+00:05:16 (24.7%)	4:16	14 (75.3%)
99	<b>KOBZIAKOWSKI Klaudiusz</b>	<b>747</b>	TRISPACE	M20	29	00:01:02	<b>00:21:23.65</b>	<b>00:22:25.85</b>	+00:05:17 (24.7%)	4:16	14 (75.3%)
100	<b>PIASECKI Radosław</b>	<b>205</b>		M20	30	00:00:15	<b>00:21:26.25</b>	<b>00:21:42.00</b>	+00:05:20 (24.9%)	4:17	14 (75.3%)
101	<b>JANCOWSKI Wojciech</b>	<b>33</b>		M40	15	00:00:09	<b>00:21:26.50</b>	<b>00:21:36.10</b>	+00:05:20 (24.9%)	4:17	14 (75.3%)
102	<b>RUDOL Sebastian</b>	<b>824</b>		M40	16	00:00:24	<b>00:21:27.15</b>	<b>00:21:52.00</b>	+00:05:20 (24.9%)	4:17	14 (75.3%)
103	<b>PRZYBYLSKI Remi</b>	<b>917</b>		M40	17	00:00:23	<b>00:21:27.25</b>	<b>00:21:50.40</b>	+00:05:21 (24.9%)	4:17	14 (75.3%)
104	<b>SUDOŁ Jacek</b>	<b>222</b>		M40	18	00:00:04	<b>00:21:29.75</b>	<b>00:21:34.60</b>	+00:05:23 (25.1%)	4:18	14 (75.3%)
105	<b>ŁUKOMSKI Marcin</b>	<b>253</b>		M30	42	00:01:21	<b>00:21:30.05</b>	<b>00:22:52.00</b>	+00:05:23 (25.1%)	4:18	13.9 (74.7%)
106	<b>JĘDRUSIK Michał</b>	<b>1229</b>	ARMIA CHRYSTUSA	M20	31	00:00:17	<b>00:21:30.20</b>	<b>00:21:48.15</b>	+00:05:23 (25.1%)	4:18	13.9 (74.7%)
107	<b>SZATKOWSKI Marcin</b>	<b>293</b>		M30	43	00:00:28	<b>00:21:31.25</b>	<b>00:21:59.95</b>	+00:05:25 (25.2%)	4:18	13.9 (74.7%)
108	<b>KACZMAREK Sebastian</b>	<b>709</b>		M30	44	00:00:09	<b>00:21:37.30</b>	<b>00:21:46.50</b>	+00:05:31 (25.5%)	4:19	13.9 (74.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	<b>MALESKA Michał</b>	<b>881</b>		M20	32	00:01:16	<b>00:21:38.00</b>	<b>00:22:54.45</b>	+00:05:31 (25.6%)	4:19	13.9 (74.7%)
110	<b>SZYSZKA Radosław</b>	<b>15</b>	POLONIA BYDGOSZCZ SLA	M30	45	00:00:03	<b>00:21:38.50</b>	<b>00:21:42.10</b>	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
111	<b>APANASIEWICZ Bartosz</b>	<b>1301</b>	RUN PASJA	M40	19	00:00:22	<b>00:21:38.55</b>	<b>00:22:01.50</b>	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
112	<b>MÄRTIN Paweł</b>	<b>450</b>		M30	46	00:00:13	<b>00:21:38.65</b>	<b>00:21:52.35</b>	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
113	<b>LEŚNY Mateusz</b>	<b>1090</b>		M20	33	00:01:34	<b>00:21:40.30</b>	<b>00:23:14.50</b>	+00:05:34 (25.7%)	4:20	13.8 (74.2%)
114	<b>MALINOWSKI Igor</b>	<b>1134</b>	BTW	M10	3	00:01:04	<b>00:21:40.55</b>	<b>00:22:45.25</b>	+00:05:34 (25.7%)	4:20	13.8 (74.2%)
115	<b>KOCHAŃSKI Dariusz</b>	<b>1017</b>		M50	8	00:00:15	<b>00:21:41.50</b>	<b>00:21:56.75</b>	+00:05:35 (25.8%)	4:20	13.8 (74.2%)
115	<b>JANUSZKIEWICZ Piotr</b>	<b>1196</b>		M30	47	00:01:28	<b>00:21:41.50</b>	<b>00:23:10.00</b>	+00:05:35 (25.8%)	4:20	13.8 (74.2%)
117	<b>GÓRSKI Marian</b>	<b>960</b>	SOLECCY BIEGACZE	M60	1	00:00:09	<b>00:21:44.45</b>	<b>00:21:54.00</b>	+00:05:38 (25.9%)	4:21	13.8 (74.2%)
118	<b>GZYL Mikołaj</b>	<b>581</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	48	00:00:20	<b>00:21:45.75</b>	<b>00:22:06.10</b>	+00:05:39 (26.0%)	4:21	13.8 (74.2%)
119	<b>SKRZYPIŃSKI Marek</b>	<b>1124</b>		M30	49	00:00:11	<b>00:21:46.40</b>	<b>00:21:57.55</b>	+00:05:40 (26.0%)	4:21	13.8 (74.2%)
120	<b>DURAJEWSKI Mateusz</b>	<b>86</b>	DIRTY BOYS	M20	34	00:01:31	<b>00:21:47.60</b>	<b>00:23:19.35</b>	+00:05:41 (26.1%)	4:21	13.8 (74.2%)
121	<b>GRECHUTA Tomasz</b>	<b>1177</b>		M30	50	00:00:15	<b>00:21:48.50</b>	<b>00:22:03.75</b>	+00:05:42 (26.2%)	4:21	13.8 (74.2%)
122	<b>WNĘK Martin</b>	<b>1338</b>		M20	35	00:00:12	<b>00:21:49.55</b>	<b>00:22:02.25</b>	+00:05:43 (26.2%)	4:22	13.7 (73.7%)
123	<b>FUŁAT Karol</b>	<b>836</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	9	00:00:08	<b>00:21:50.65</b>	<b>00:21:59.35</b>	+00:05:44 (26.3%)	4:22	13.7 (73.7%)
124	<b>KABAT Jakub</b>	<b>82</b>	RUN TEAM SĘPÓLNO KR	M10	4	00:01:01	<b>00:21:50.70</b>	<b>00:22:52.00</b>	+00:05:44 (26.3%)	4:22	13.7 (73.7%)
125	<b>BYRTEK Marcin</b>	<b>844</b>		M40	20	00:00:35	<b>00:21:51.15</b>	<b>00:22:26.40</b>	+00:05:44 (26.3%)	4:22	13.7 (73.7%)
126	<b>BARCZAK Tomasz</b>	<b>1026</b>		M40	21	00:00:06	<b>00:21:52.50</b>	<b>00:21:58.55</b>	+00:05:46 (26.4%)	4:22	13.7 (73.7%)
127	<b>TUROWSKI Jakub</b>	<b>294</b>		M20	36	00:00:14	<b>00:21:54.95</b>	<b>00:22:09.65</b>	+00:05:48 (26.5%)	4:23	13.7 (73.7%)
128	<b>CZELEŃ Szymon</b>	<b>162</b>		M30	51	00:00:18	<b>00:21:55.20</b>	<b>00:22:13.75</b>	+00:05:48 (26.5%)	4:23	13.7 (73.7%)
129	<b>WANKIEWICZ Łukasz</b>	<b>359</b>	SZURUSIE TEAM	M20	37	00:00:28	<b>00:21:55.60</b>	<b>00:22:23.95</b>	+00:05:49 (26.6%)	4:23	13.7 (73.7%)
130	<b>GABRYCH Maciej</b>	<b>99</b>	CZARNE STOPY SM	M30	52	00:00:05	<b>00:21:58.15</b>	<b>00:22:03.70</b>	+00:05:51 (26.7%)	4:23	13.7 (73.7%)
131	<b>BINIENDA Mateusz</b>	<b>535</b>	BIMAT	M40	22	00:00:08	<b>00:21:59.20</b>	<b>00:22:07.55</b>	+00:05:52 (26.8%)	4:23	13.6 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	<b>WEŁNIŃSKA Patrycja</b>	<b>1029</b>	SZURUSIE TEAM	K20	3	00:00:26	<b>00:22:02.30</b>	<b>00:22:28.45</b>	+00:05:56 (26.9%)	4:24	13.6 (73.1%)
133	<b>DERING Hanna</b>	<b>675</b>	BYDGOSKIE ŻÓŁWIE	K30	3	00:00:19	<b>00:22:02.75</b>	<b>00:22:21.85</b>	+00:05:56 (27.0%)	4:24	13.6 (73.1%)
134	<b>STĘPSKI Marek</b>	<b>157</b>		M40	23	00:00:12	<b>00:22:06.90</b>	<b>00:22:19.15</b>	+00:06:00 (27.2%)	4:25	13.6 (73.1%)
135	<b>DZIEKAN Wojtek</b>	<b>1277</b>	KABEL TEAM BYDGOSZCZ	M30	53	00:00:16	<b>00:22:07.15</b>	<b>00:22:23.35</b>	+00:06:00 (27.2%)	4:25	13.6 (73.1%)
136	<b>TOMKOWIAK Tomasz</b>	<b>181</b>	SZKOŁA JAZDY TOMAS	M20	38	00:00:06	<b>00:22:07.40</b>	<b>00:22:14.25</b>	+00:06:01 (27.2%)	4:25	13.6 (73.1%)
137	<b>CIEPŁOWSKI Robert</b>	<b>926</b>	GRUPA WODA	M40	24	00:00:16	<b>00:22:07.90</b>	<b>00:22:24.70</b>	+00:06:01 (27.2%)	4:25	13.6 (73.1%)
138	<b>MAZURKIEWICZ Piotr</b>	<b>831</b>		M40	25	00:00:09	<b>00:22:08.40</b>	<b>00:22:18.35</b>	+00:06:02 (27.3%)	4:25	13.5 (72.6%)
139	<b>GRZECHOWIAK Krzysztof</b>	<b>366</b>	ZIELONY PELIKAN	M30	54	00:00:04	<b>00:22:13.20</b>	<b>00:22:18.15</b>	+00:06:06 (27.5%)	4:26	13.5 (72.6%)
140	<b>SZULC Andrzej</b>	<b>357</b>		M40	26	00:00:06	<b>00:22:13.50</b>	<b>00:22:20.35</b>	+00:06:07 (27.5%)	4:26	13.5 (72.6%)
141	<b>WIELGOSZ Krzysztof</b>	<b>875</b>		M20	39	00:01:12	<b>00:22:14.60</b>	<b>00:23:26.60</b>	+00:06:08 (27.6%)	4:26	13.5 (72.6%)
142	<b>DERING Tomasz</b>	<b>676</b>	BYDGOSKIE ŻÓŁWIE	M30	55	00:00:51	<b>00:22:14.90</b>	<b>00:23:06.75</b>	+00:06:08 (27.6%)	4:27	13.5 (72.6%)
143	<b>ŚLEFARSKI Marcin</b>	<b>233</b>		M30	56	00:00:11	<b>00:22:15.45</b>	<b>00:22:26.60</b>	+00:06:09 (27.6%)	4:27	13.5 (72.6%)
144	<b>KODRANC Michał</b>	<b>184</b>	TYPYGRUBE	M30	57	00:00:12	<b>00:22:16.40</b>	<b>00:22:29.20</b>	+00:06:10 (27.7%)	4:27	13.5 (72.6%)
145	<b>KABATEK Janusz</b>	<b>1120</b>		M30	58	00:00:11	<b>00:22:17.80</b>	<b>00:22:29.45</b>	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
146	<b>ANDRYCH Wojtek</b>	<b>608</b>	TYPYGRUBE	M30	59	00:00:12	<b>00:22:18.00</b>	<b>00:22:30.25</b>	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
147	<b>ŁOBOCKI Krzysztof</b>	<b>240</b>		M30	60	00:00:06	<b>00:22:18.05</b>	<b>00:22:24.55</b>	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
148	<b>KILAN Kacper</b>	<b>783</b>	OSÓWIEC	M20	40	00:00:19	<b>00:22:19.65</b>	<b>00:22:38.75</b>	+00:06:13 (27.9%)	4:27	13.4 (72.0%)
149	<b>SPYCHALSKI Bartosz</b>	<b>537</b>		M20	41	00:00:38	<b>00:22:20.75</b>	<b>00:22:59.70</b>	+00:06:14 (27.9%)	4:28	13.4 (72.0%)
150	<b>RUMIŃSKI Adam</b>	<b>1219</b>	SZURUSIE TEAM	M30	61	00:00:10	<b>00:22:21.50</b>	<b>00:22:32.10</b>	+00:06:15 (28.0%)	4:28	13.4 (72.0%)
151	<b>KAMIŃSKI Marek</b>	<b>495</b>	TYPYGRUBE	M20	42	00:00:12	<b>00:22:22.35</b>	<b>00:22:34.85</b>	+00:06:16 (28.0%)	4:28	13.4 (72.0%)
152	<b>KLEPACZEWSKI Arkadiusz</b>	<b>26</b>		M30	62	00:00:13	<b>00:22:23.05</b>	<b>00:22:36.60</b>	+00:06:16 (28.1%)	4:28	13.4 (72.0%)
153	<b>ŁADNIAK Dariusz</b>	<b>1224</b>		M40	27	00:00:55	<b>00:22:23.60</b>	<b>00:23:19.15</b>	+00:06:17 (28.1%)	4:28	13.4 (72.0%)
154	<b>PALIWODA Jakub</b>	<b>813</b>		M20	43	00:00:45	<b>00:22:26.65</b>	<b>00:23:11.65</b>	+00:06:20 (28.2%)	4:29	13.4 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	<b>GAWROŃSKI Mateusz</b>	<b>814</b>		M20	44	00:00:14	<b>00:22:27.00</b>	<b>00:22:41.70</b>	+00:06:20 (28.3%)	4:29	13.4 (72.0%)
156	<b>GWIAZDOWSKI Dominik</b>	<b>453</b>		M10	5	00:00:09	<b>00:22:27.10</b>	<b>00:22:37.05</b>	+00:06:20 (28.3%)	4:29	13.4 (72.0%)
157	<b>GORDON Roman</b>	<b>641</b>	RUN BYDGOSZCZ	M60	2	00:00:05	<b>00:22:28.20</b>	<b>00:22:34.05</b>	+00:06:21 (28.3%)	4:29	13.3 (71.5%)
158	<b>BILSKI Marcin</b>	<b>1136</b>		M30	63	00:00:17	<b>00:22:28.55</b>	<b>00:22:45.95</b>	+00:06:22 (28.3%)	4:29	13.4 (72.0%)
159	<b>SZYMAŃSKI Bartłomiej</b>	<b>812</b>		M20	45	00:00:44	<b>00:22:29.70</b>	<b>00:23:14.10</b>	+00:06:23 (28.4%)	4:30	13.3 (71.5%)
160	<b>MROTEK Katarzyna</b>	<b>154</b>	ON THE MOVE	K30	4	00:00:11	<b>00:22:31.35</b>	<b>00:22:42.40</b>	+00:06:25 (28.5%)	4:30	13.3 (71.5%)
161	<b>ROSZCZYN Dawid</b>	<b>164</b>	CB163	M30	64	00:01:40	<b>00:22:32.15</b>	<b>00:24:12.20</b>	+00:06:25 (28.5%)	4:30	13.3 (71.5%)
162	<b>SCHULZ Milena</b>	<b>834</b>	CB163	K30	5	00:00:09	<b>00:22:32.80</b>	<b>00:22:42.00</b>	+00:06:26 (28.6%)	4:30	13.3 (71.5%)
163	<b>RAUNEST Adam</b>	<b>596</b>		M50	10	00:00:25	<b>00:22:34.80</b>	<b>00:23:00.55</b>	+00:06:28 (28.7%)	4:31	13.3 (71.5%)
164	<b>ZYGLER Zbigniew</b>	<b>524</b>	22.ODN	M40	28	00:00:13	<b>00:22:37.05</b>	<b>00:22:50.45</b>	+00:06:30 (28.8%)	4:31	13.3 (71.5%)
165	<b>PAWLACZYK Paweł</b>	<b>1053</b>	SPÓJNIA BIAŁE BŁOTA	M20	46	00:00:39	<b>00:22:37.45</b>	<b>00:23:16.60</b>	+00:06:31 (28.8%)	4:31	13.3 (71.5%)
166	<b>PALACZ Wioletta</b>	<b>170</b>		K40	1	00:00:15	<b>00:22:38.05</b>	<b>00:22:53.80</b>	+00:06:31 (28.9%)	4:31	13.3 (71.5%)
167	<b>NIEDBALSKI Paweł</b>	<b>446</b>		M30	65	00:00:01	<b>00:22:38.40</b>	<b>00:22:40.25</b>	+00:06:32 (28.9%)	4:31	13.2 (71.0%)
168	<b>WESOŁOWSKI Dariusz</b>	<b>990</b>		M40	29	00:00:08	<b>00:22:39.10</b>	<b>00:22:47.35</b>	+00:06:32 (28.9%)	4:31	13.2 (71.0%)
169	<b>PIECZONKA Adam</b>	<b>1044</b>		M20	47	00:00:12	<b>00:22:43.65</b>	<b>00:22:55.75</b>	+00:06:37 (29.1%)	4:32	13.2 (71.0%)
170	<b>BRZEZIŃSKI Sławomir</b>	<b>557</b>	CZARNE STOPY.SM BYDGOSZCZ	M40	30	00:00:19	<b>00:22:44.30</b>	<b>00:23:03.65</b>	+00:06:38 (29.2%)	4:32	13.2 (71.0%)
171	<b>GACKOWSKI Krzysztof</b>	<b>280</b>		M40	31	00:00:04	<b>00:22:45.90</b>	<b>00:22:50.65</b>	+00:06:39 (29.3%)	4:33	13.2 (71.0%)
172	<b>SIUDA Sebastian</b>	<b>58</b>	SOLECCY BIEGACZE	M40	32	00:00:26	<b>00:22:47.90</b>	<b>00:23:14.10</b>	+00:06:41 (29.4%)	4:33	13.2 (71.0%)
173	<b>KUCHCZYŃSKI Jakub</b>	<b>716</b>	BKS BYDGOSZCZ	M10	6	00:00:27	<b>00:22:48.95</b>	<b>00:23:15.95</b>	+00:06:42 (29.4%)	4:33	13.2 (71.0%)
174	<b>GŁOWSKI Dariusz</b>	<b>200</b>		M40	33	00:00:22	<b>00:22:49.05</b>	<b>00:23:12.00</b>	+00:06:42 (29.4%)	4:34	13.1 (70.4%)
175	<b>ISELVMO Espen</b>	<b>1356</b>		M20	48	00:00:41	<b>00:22:49.10</b>	<b>00:23:30.70</b>	+00:06:42 (29.4%)	4:33	13.1 (70.4%)
176	<b>CICHOŃSKA - BAZAK Marzena</b>	<b>599</b>	CZARNE STOPY.SM	K40	2	00:00:08	<b>00:22:49.85</b>	<b>00:22:58.20</b>	+00:06:43 (29.5%)	4:34	13.1 (70.4%)
177	<b>OMNICZYŃSKI Tomasz</b>	<b>428</b>	FORDON	M20	49	00:01:21	<b>00:22:51.95</b>	<b>00:24:13.40</b>	+00:06:45 (29.6%)	4:34	13.1 (70.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	<b>KWARDYS Karol</b>	<b>150</b>		M30	66	00:00:11	<b>00:22:53.70</b>	<b>00:23:05.60</b>	+00:06:47 (29.7%)	4:34	13.1 (70.4%)
179	<b>MATOWSKA Monika</b>	<b>1323</b>		K30	6	00:00:12	<b>00:22:54.20</b>	<b>00:23:07.15</b>	+00:06:47 (29.7%)	4:35	13.1 (70.4%)
180	<b>KLIMCZYK Bartosz</b>	<b>763</b>		M20	50	00:00:45	<b>00:22:55.00</b>	<b>00:23:40.15</b>	+00:06:48 (29.7%)	4:35	13.1 (70.4%)
181	<b>PIOTROWSKI Dariusz</b>	<b>326</b>		M40	34	00:00:19	<b>00:22:55.65</b>	<b>00:23:15.55</b>	+00:06:49 (29.8%)	4:35	13.1 (70.4%)
182	<b>LUBIŃSKI Robert</b>	<b>874</b>		M30	67	00:00:08	<b>00:22:55.70</b>	<b>00:23:03.95</b>	+00:06:49 (29.8%)	4:35	13.1 (70.4%)
183	<b>SZUBERT Maciej</b>	<b>230</b>		M40	35	00:01:40	<b>00:22:57.70</b>	<b>00:24:38.65</b>	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
184	<b>ĆWIKLIŃSKI Jarosław</b>	<b>688</b>		M50	11	00:00:39	<b>00:22:57.85</b>	<b>00:23:37.50</b>	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
185	<b>WAJCHERT Łukasz</b>	<b>954</b>	BBL INOWROCŁAW	M30	68	00:00:34	<b>00:22:58.45</b>	<b>00:23:32.90</b>	+00:06:52 (29.9%)	4:35	13.1 (70.4%)
186	<b>PILAKOWSKA Angelika</b>	<b>347</b>		K30	7	00:00:06	<b>00:22:58.60</b>	<b>00:23:04.95</b>	+00:06:52 (29.9%)	4:35	13.1 (70.4%)
187	<b>KAMPER Jarosław</b>	<b>717</b>		M40	36	00:00:28	<b>00:22:59.30</b>	<b>00:23:28.20</b>	+00:06:53 (29.9%)	4:36	13 (69.9%)
188	<b>PACZKOWSKI Mirosław</b>	<b>950</b>	CB163	M40	37	00:00:32	<b>00:23:00.25</b>	<b>00:23:32.90</b>	+00:06:54 (30.0%)	4:36	13 (69.9%)
189	<b>WIECZOREK Waldek</b>	<b>532</b>		M30	69	00:01:57	<b>00:23:01.90</b>	<b>00:24:58.95</b>	+00:06:55 (30.1%)	4:36	13 (69.9%)
190	<b>SAWICKI Mikołaj</b>	<b>1207</b>		M20	51	00:00:08	<b>00:23:03.80</b>	<b>00:23:12.35</b>	+00:06:57 (30.2%)	4:36	13 (69.9%)
191	<b>MACIĄGA Jakub</b>	<b>471</b>		M30	70	00:00:16	<b>00:23:05.75</b>	<b>00:23:22.15</b>	+00:06:59 (30.3%)	4:37	13 (69.9%)
192	<b>JANIKOWSKA Awa</b>	<b>458</b>		K20	4	00:00:09	<b>00:23:07.10</b>	<b>00:23:16.45</b>	+00:07:00 (30.3%)	4:37	13 (69.9%)
193	<b>MIKOŁAJCZAK Sławomir</b>	<b>231</b>		M40	38	00:00:32	<b>00:23:07.50</b>	<b>00:23:40.35</b>	+00:07:01 (30.4%)	4:37	13 (69.9%)
194	<b>STASZKIEWICZ Lucyna</b>	<b>232</b>	CZARNE STOPY SM	K50	2	00:00:08	<b>00:23:08.30</b>	<b>00:23:16.35</b>	+00:07:02 (30.4%)	4:37	13 (69.9%)
195	<b>SIKORA Sylwia</b>	<b>1200</b>	1 BRYGADA LOGISTYCZNA	K30	8	00:00:06	<b>00:23:09.50</b>	<b>00:23:16.05</b>	+00:07:03 (30.5%)	4:38	12.9 (69.4%)
196	<b>GWIZDAŁA Mikołaj</b>	<b>1146</b>		M20	52	00:00:21	<b>00:23:10.35</b>	<b>00:23:32.15</b>	+00:07:04 (30.5%)	4:38	12.9 (69.4%)
197	<b>JARYSZ Adrian</b>	<b>863</b>		M30	71	00:00:06	<b>00:23:12.45</b>	<b>00:23:18.50</b>	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
198	<b>RZĘTKOWSKI Artur</b>	<b>585</b>		M20	53	00:00:14	<b>00:23:12.60</b>	<b>00:23:26.80</b>	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
199	<b>JURKOWSKI Paweł</b>	<b>999</b>	KANCELARIA HMM	M30	72	00:01:30	<b>00:23:13.30</b>	<b>00:24:43.60</b>	+00:07:07 (30.7%)	4:38	12.9 (69.4%)
200	<b>KUCHCZYŃSKI Adam</b>	<b>715</b>	BÓL TO ŚCIEMA	M50	12	00:00:26	<b>00:23:14.00</b>	<b>00:23:40.85</b>	+00:07:07 (30.7%)	4:38	12.9 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
201	<b>BATAROWICZ Patryk</b>	<b>674</b>	OSP NAKŁO	M20	54	00:00:02	<b>00:23:16.65</b>	<b>00:23:19.30</b>	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
202	<b>SZATTEN Michał</b>	<b>408</b>	TYPYGRUBE	M30	73	00:00:12	<b>00:23:17.10</b>	<b>00:23:30.05</b>	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
203	<b>SKUBISZEWSKI Damian</b>	<b>328</b>	ARMIA CHRYSTUSA	M30	74	00:00:18	<b>00:23:17.75</b>	<b>00:23:36.20</b>	+00:07:11 (30.9%)	4:39	12.9 (69.4%)
204	<b>SZYMAŃSKI Tomasz</b>	<b>880</b>		M30	75	00:00:09	<b>00:23:18.15</b>	<b>00:23:27.95</b>	+00:07:11 (30.9%)	4:39	12.9 (69.4%)
205	<b>STAWCZYK Dariusz</b>	<b>126</b>		M40	39	00:00:07	<b>00:23:20.45</b>	<b>00:23:28.05</b>	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
206	<b>ROGALSKA Justyna</b>	<b>1320</b>		K30	9	00:00:04	<b>00:23:20.55</b>	<b>00:23:25.40</b>	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
207	<b>WOJCIECHOWSKI Grzegorz</b>	<b>360</b>	ATOS BYDGOSZCZ	M20	55	00:00:17	<b>00:23:21.00</b>	<b>00:23:38.20</b>	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
208	<b>SZYMCZAK Maciej</b>	<b>723</b>		M40	40	00:00:09	<b>00:23:22.00</b>	<b>00:23:31.50</b>	+00:07:15 (31.1%)	4:40	12.8 (68.8%)
209	<b>ŁATKA Marcin</b>	<b>35</b>		M40	41	00:00:12	<b>00:23:22.85</b>	<b>00:23:34.85</b>	+00:07:16 (31.1%)	4:40	12.8 (68.8%)
210	<b>BRACIKOWSKI Bartosz</b>	<b>1269</b>		M10	7	00:00:28	<b>00:23:23.40</b>	<b>00:23:51.55</b>	+00:07:17 (31.1%)	4:40	12.8 (68.8%)
211	<b>RZENTKOWSKI Grzegorz</b>	<b>1055</b>		M40	42	00:00:15	<b>00:23:23.55</b>	<b>00:23:38.85</b>	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
212	<b>SZARLEJ Marcin</b>	<b>283</b>		M30	76	00:01:21	<b>00:23:23.60</b>	<b>00:24:44.75</b>	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
213	<b>FIGLER Iwona</b>	<b>1140</b>		K40	3	00:00:20	<b>00:23:23.70</b>	<b>00:23:44.45</b>	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
214	<b>WÓJT Monika</b>	<b>194</b>		K30	10	00:01:21	<b>00:23:23.75</b>	<b>00:24:45.05</b>	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
215	<b>RAK Waldemar</b>	<b>725</b>		M40	43	00:00:06	<b>00:23:24.30</b>	<b>00:23:30.45</b>	+00:07:18 (31.2%)	4:40	12.8 (68.8%)
216	<b>ROŚ Sławek</b>	<b>121</b>	ARMIA CHRYSTUSA	M30	77	00:00:17	<b>00:23:26.05</b>	<b>00:23:43.90</b>	+00:07:19 (31.3%)	4:41	12.8 (68.8%)
217	<b>NOWAK Rafał</b>	<b>319</b>	JYSK	M20	56	00:01:20	<b>00:23:26.90</b>	<b>00:24:47.75</b>	+00:07:20 (31.3%)	4:41	12.8 (68.8%)
218	<b>ANGLART Roman</b>	<b>396</b>	PARKRUN BYDGOSZCZ	M50	13	00:00:16	<b>00:23:26.95</b>	<b>00:23:43.00</b>	+00:07:20 (31.3%)	4:41	12.8 (68.8%)
219	<b>KRÓL Maciej</b>	<b>896</b>		M40	44	00:00:13	<b>00:23:30.35</b>	<b>00:23:43.95</b>	+00:07:24 (31.5%)	4:42	12.8 (68.8%)
220	<b>NOWAKOWSKI Grzegorz</b>	<b>569</b>	DAEF	M30	78	00:00:31	<b>00:23:32.30</b>	<b>00:24:03.65</b>	+00:07:26 (31.6%)	4:42	12.7 (68.3%)
221	<b>KRÓL Damian</b>	<b>551</b>		M20	57	00:01:29	<b>00:23:32.35</b>	<b>00:25:01.85</b>	+00:07:26 (31.6%)	4:42	12.7 (68.3%)
222	<b>KORTAS Marcin</b>	<b>567</b>		M40	45	00:00:42	<b>00:23:33.25</b>	<b>00:24:15.55</b>	+00:07:27 (31.6%)	4:42	12.7 (68.3%)
223	<b>KOZŁOWSKI Łukasz</b>	<b>755</b>		M20	58	00:01:00	<b>00:23:33.50</b>	<b>00:24:34.45</b>	+00:07:27 (31.6%)	4:42	12.7 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	SHCHERBAN Dmytro	502		M20	59	00:00:18	00:23:33.85	00:23:52.45	+00:07:27 (31.7%)	4:42	12.7 (68.3%)
225	CELEGRAT Andrzej	913		M30	79	00:00:15	00:23:34.60	00:23:49.85	+00:07:28 (31.7%)	4:42	12.7 (68.3%)
226	LUBISZEWSKI Bartosz	809		M30	80	00:00:14	00:23:34.95	00:23:49.10	+00:07:28 (31.7%)	4:43	12.7 (68.3%)
227	ŁABENDA Robert	63		M30	81	00:00:28	00:23:35.20	00:24:03.55	+00:07:28 (31.7%)	4:43	12.7 (68.3%)
228	NURKIEWICZ Jarosław	501	KUNG FU PANDY 3	M40	46	00:00:09	00:23:35.55	00:23:45.05	+00:07:29 (31.7%)	4:43	12.7 (68.3%)
229	URBAŃSKI Dawid	124		M30	82	00:00:29	00:23:35.90	00:24:05.60	+00:07:29 (31.8%)	4:43	12.7 (68.3%)
230	KOPICKI Mariusz	71		M40	47	00:00:03	00:23:36.25	00:23:40.05	+00:07:30 (31.8%)	4:43	12.7 (68.3%)
231	SZULC Małgorzata	6		K40	4	00:00:03	00:23:36.65	00:23:40.05	+00:07:30 (31.8%)	4:43	12.7 (68.3%)
232	GWIAZDOWSKI Krzysztof	451		M40	48	00:00:10	00:23:37.50	00:23:47.55	+00:07:31 (31.8%)	4:43	12.7 (68.3%)
233	DANKOWSKI Błażej	1143		M10	8	00:00:09	00:23:38.65	00:23:48.15	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
234	PACEK Mirosław	358		M50	14	00:01:27	00:23:38.95	00:25:06.50	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
235	KOPACZEWSKA Agata	267		K20	5	00:00:32	00:23:39.00	00:24:11.65	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
236	LICA Paweł	1128		M20	60	00:00:34	00:23:39.20	00:24:13.25	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
237	LINKOWSKI Paweł	1309		M20	61	00:01:44	00:23:39.65	00:25:24.00	+00:07:33 (31.9%)	4:44	12.7 (68.3%)
238	DACH Łukasz	1047		M30	83	00:00:12	00:23:40.85	00:23:53.25	+00:07:34 (32.0%)	4:44	12.7 (68.3%)
239	SMUCZYŃSKI Wojciech	566		M30	84	00:01:25	00:23:41.00	00:25:06.55	+00:07:34 (32.0%)	4:44	12.7 (68.3%)
240	MRUGAŁA Bartosz	57		M30	85	00:01:05	00:23:42.20	00:24:48.00	+00:07:35 (32.1%)	4:44	12.6 (67.7%)
241	DONARSKI Maciej	173		M20	62	00:01:01	00:23:43.70	00:24:44.80	+00:07:37 (32.1%)	4:44	12.6 (67.7%)
242	WOJCIECHOWSKI Dawid	576		M20	63	00:01:28	00:23:43.95	00:25:12.80	+00:07:37 (32.1%)	4:44	12.6 (67.7%)
243	FILARECKA Agnieszka	726	BYDGOSZCZ TRIATHLON/TRISPACE	K30	11	00:01:30	00:23:44.20	00:25:14.20	+00:07:37 (32.2%)	4:44	12.6 (67.7%)
243	WAWERKA Aleksandra	1348		K20	6	00:00:02	00:23:44.20	00:23:46.90	+00:07:37 (32.2%)	4:44	12.6 (67.7%)
245	OCHIMOWSKI Tomasz	655		M20	64	00:00:20	00:23:44.65	00:24:05.30	+00:07:38 (32.2%)	4:45	12.6 (67.7%)
246	WOJTYSIAK Kamil	46		M30	86	00:00:53	00:23:45.20	00:24:39.00	+00:07:38 (32.2%)	4:45	12.6 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	ŚWIĘCICKI Andrzej	459		M40	49	00:00:31	00:23:45.55	00:24:17.35	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
248	TWARDOWSKI Bartosz	243		M30	87	00:01:32	00:23:45.85	00:25:18.65	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
249	KABACIŃSKI Maciej	733	WUKAES	M40	50	00:00:04	00:23:48.00	00:23:52.25	+00:07:41 (32.3%)	4:45	12.6 (67.7%)
250	FRĄCKOWIAK Waldemar	605		M40	51	00:00:41	00:23:49.00	00:24:30.00	+00:07:42 (32.4%)	4:45	12.6 (67.7%)
251	WOJDAT Dominika	8	ZIELONY PELIKAN	K20	7	00:00:46	00:23:49.90	00:24:36.30	+00:07:43 (32.4%)	4:46	12.6 (67.7%)
252	ZAMROWSKI Tomasz	419		M40	52	00:00:14	00:23:51.60	00:24:06.30	+00:07:45 (32.5%)	4:46	12.6 (67.7%)
253	KANNEBERG Maciej	1069	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	65	00:01:01	00:23:53.85	00:24:55.15	+00:07:47 (32.6%)	4:46	12.6 (67.7%)
254	ŻARLIŃSKA Olga	315		K20	8	00:00:15	00:23:55.70	00:24:10.75	+00:07:49 (32.7%)	4:47	12.5 (67.2%)
255	STEJUK Aleksandra	868		K40	5	00:00:17	00:23:59.80	00:24:16.85	+00:07:53 (32.9%)	4:47	12.5 (67.2%)
256	SZCZERBINSKI Mariusz	312		M40	53	00:01:07	00:24:00.00	00:25:07.10	+00:07:53 (32.9%)	4:48	12.5 (67.2%)
257	PILARSKI Paweł	923		M20	66	00:00:14	00:24:01.90	00:24:16.30	+00:07:55 (33.0%)	4:48	12.5 (67.2%)
258	KIECA Andrzej	891	ROWEROWA BRZOZA / BRZOZA BIEGA	M50	15	00:00:38	00:24:02.15	00:24:41.05	+00:07:55 (33.0%)	4:48	12.5 (67.2%)
259	BYRTEK Grzegorz	142	CAŁY CZAS DO PRZODU	M40	54	00:00:34	00:24:03.10	00:24:38.00	+00:07:56 (33.0%)	4:48	12.5 (67.2%)
260	RENC Patryk	342	SERCE TYBETU	M20	67	00:00:14	00:24:03.35	00:24:17.70	+00:07:57 (33.1%)	4:48	12.5 (67.2%)
261	URBAŃSKI Tomasz	340	JW 4326	M30	88	00:00:32	00:24:03.55	00:24:35.60	+00:07:57 (33.1%)	4:48	12.5 (67.2%)
262	PIOTROWSKI Maciej	892		M30	89	00:01:07	00:24:04.30	00:25:11.50	+00:07:58 (33.1%)	4:48	12.5 (67.2%)
263	WOLAN Magdalena	32		K30	12	00:00:19	00:24:04.90	00:24:24.75	+00:07:58 (33.1%)	4:49	12.5 (67.2%)
264	SKOPOWSKI Krzysztof	430		M40	55	00:00:18	00:24:05.25	00:24:24.00	+00:07:59 (33.1%)	4:49	12.4 (66.7%)
265	KOWALSKI Patryk	1267		M30	90	00:00:29	00:24:06.65	00:24:36.20	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
266	JAŁOSZYŃSKA Agata	1295		K20	9	00:00:08	00:24:06.95	00:24:15.10	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
267	TUREK Józef	1275		M20	68	00:00:07	00:24:07.50	00:24:14.90	+00:08:01 (33.2%)	4:49	12.4 (66.7%)
268	KLINOWSKI Radosław	1173		M30	91	00:00:55	00:24:07.75	00:25:03.25	+00:08:01 (33.3%)	4:49	12.4 (66.7%)
269	NAWROCKI Dariusz	714	VAUPE TEAM	M50	16	00:00:57	00:24:09.20	00:25:07.10	+00:08:02 (33.3%)	4:50	12.4 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	<b>JAGIELSKI Szymon</b>	<b>1316</b>		M20	69	00:00:41	<b>00:24:12.15</b>	<b>00:24:53.15</b>	+00:08:05 (33.5%)	4:50	12.4 (66.7%)
271	<b>POTRZEBOWSKA Agata</b>	<b>214</b>		K30	13	00:00:29	<b>00:24:12.40</b>	<b>00:24:41.95</b>	+00:08:06 (33.5%)	4:50	12.4 (66.7%)
272	<b>CIARKOWSKI Mirosław</b>	<b>1050</b>		M30	92	00:00:16	<b>00:24:13.75</b>	<b>00:24:29.85</b>	+00:08:07 (33.5%)	4:50	12.4 (66.7%)
273	<b>RUDOL Magdalena</b>	<b>825</b>		K40	6	00:00:22	<b>00:24:14.05</b>	<b>00:24:36.95</b>	+00:08:07 (33.5%)	4:50	12.4 (66.7%)
274	<b>GRZEBIELUCHA Arkadiusz</b>	<b>452</b>		M30	93	00:00:00	<b>00:24:16.65</b>	<b>00:24:16.65</b>	+00:08:10 (33.7%)	4:51	12.4 (66.7%)
275	<b>POPIELARZ Robert</b>	<b>807</b>		M40	56	00:00:21	<b>00:24:17.40</b>	<b>00:24:38.55</b>	+00:08:11 (33.7%)	4:51	12.4 (66.7%)
276	<b>PAWLAK Waldemar</b>	<b>191</b>	VEGERUNNERS	M30	94	00:00:23	<b>00:24:17.90</b>	<b>00:24:41.65</b>	+00:08:11 (33.7%)	4:51	12.3 (66.1%)
277	<b>MAJEWSKA Ryszarda</b>	<b>179</b>		K60	1	00:00:06	<b>00:24:18.30</b>	<b>00:24:24.75</b>	+00:08:12 (33.7%)	4:51	12.3 (66.1%)
278	<b>KOTWICA Kamil</b>	<b>1227</b>		M20	70	00:00:22	<b>00:24:18.60</b>	<b>00:24:40.65</b>	+00:08:12 (33.8%)	4:51	12.3 (66.1%)
279	<b>CHMIELEWSKI Ireneusz</b>	<b>55</b>	CZARNE STOPY.SM	M50	17	00:00:18	<b>00:24:18.70</b>	<b>00:24:37.40</b>	+00:08:12 (33.8%)	4:51	12.3 (66.1%)
280	<b>GAWROŃSKA Magdalena</b>	<b>815</b>		K20	10	00:00:14	<b>00:24:20.05</b>	<b>00:24:34.45</b>	+00:08:13 (33.8%)	4:52	12.3 (66.1%)
281	<b>BRYJA Robert</b>	<b>1204</b>		M50	18	00:00:48	<b>00:24:21.15</b>	<b>00:25:09.20</b>	+00:08:14 (33.9%)	4:52	12.3 (66.1%)
282	<b>NOWAK Sławomir</b>	<b>1011</b>		M20	71	00:00:14	<b>00:24:22.15</b>	<b>00:24:36.55</b>	+00:08:15 (33.9%)	4:52	12.3 (66.1%)
283	<b>MATTHEWS Karol</b>	<b>762</b>		M30	95	00:00:20	<b>00:24:22.30</b>	<b>00:24:42.65</b>	+00:08:16 (33.9%)	4:52	12.3 (66.1%)
284	<b>TRZCIŃSKI Eugeniusz</b>	<b>638</b>	SZWEDEROWO	M60	3	00:00:08	<b>00:24:22.90</b>	<b>00:24:31.65</b>	+00:08:16 (33.9%)	4:52	12.3 (66.1%)
285	<b>KITOWSKI Przemysław</b>	<b>148</b>		M30	96	00:00:29	<b>00:24:23.50</b>	<b>00:24:53.05</b>	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
286	<b>GRUBA Jacek</b>	<b>618</b>		M50	19	00:00:13	<b>00:24:23.55</b>	<b>00:24:36.60</b>	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
287	<b>SADOWSKI Bartosz</b>	<b>1111</b>		M40	57	00:00:37	<b>00:24:23.95</b>	<b>00:25:01.55</b>	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
287	<b>STRZAŁKOWSKI Dawid</b>	<b>919</b>		M20	72	00:00:09	<b>00:24:23.95</b>	<b>00:24:33.85</b>	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
289	<b>D'ANGELO Antonio</b>	<b>1280</b>		M20	73	00:00:45	<b>00:24:25.35</b>	<b>00:25:10.65</b>	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
290	<b>JASIŃSKI Artur</b>	<b>421</b>		M40	58	00:00:47	<b>00:24:25.95</b>	<b>00:25:13.00</b>	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
290	<b>KOWALSKI Marek</b>	<b>1012</b>	BYDGOSKIE ŻÓŁWIE	M40	59	00:00:52	<b>00:24:25.95</b>	<b>00:25:18.05</b>	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
292	<b>STRÓŻYK Grażyna</b>	<b>7</b>		K20	11	00:00:21	<b>00:24:26.20</b>	<b>00:24:47.75</b>	+00:08:19 (34.1%)	4:53	12.3 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	<b>NOWAKOWSKA Edyta</b>	<b>850</b>		K30	14	00:00:41	<b>00:24:26.40</b>	<b>00:25:07.75</b>	+00:08:20 (34.1%)	4:53	12.3 (66.1%)
294	<b>KUŹMA Anna</b>	<b>363</b>	THE RUNNERS ŚWIECIE	K40	7	00:00:10	<b>00:24:26.70</b>	<b>00:24:37.55</b>	+00:08:20 (34.1%)	4:53	12.3 (66.1%)
295	<b>SAWIŃSKI Łukasz</b>	<b>820</b>		M20	74	00:00:17	<b>00:24:27.35</b>	<b>00:24:44.50</b>	+00:08:21 (34.1%)	4:53	12.3 (66.1%)
296	<b>WIŚNIEWSKI Włodzimierz</b>	<b>370</b>	SPC	M50	20	00:01:44	<b>00:24:27.60</b>	<b>00:26:12.45</b>	+00:08:21 (34.2%)	4:53	12.3 (66.1%)
297	<b>GROCHOWSKI Jakub</b>	<b>498</b>	JW1515	M30	97	00:01:05	<b>00:24:28.55</b>	<b>00:25:34.50</b>	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
298	<b>KUSZYŃSKI Robert</b>	<b>151</b>	PJB	M40	60	00:00:35	<b>00:24:29.05</b>	<b>00:25:04.20</b>	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
299	<b>SZUKALSKI Piotr</b>	<b>1117</b>		M20	75	00:00:41	<b>00:24:30.20</b>	<b>00:25:11.50</b>	+00:08:23 (34.3%)	4:54	12.2 (65.6%)
300	<b>HARASIMCZYK Weronika</b>	<b>37</b>	BYDGOSKIE OKONIE	K20	12	00:00:17	<b>00:24:31.25</b>	<b>00:24:49.15</b>	+00:08:25 (34.3%)	4:54	12.2 (65.6%)
300	<b>WŁODARCZYK Anna</b>	<b>728</b>		K30	15	00:00:16	<b>00:24:31.25</b>	<b>00:24:47.85</b>	+00:08:25 (34.3%)	4:54	12.2 (65.6%)
302	<b>CZYŚCIECKI Adrian</b>	<b>72</b>		M20	76	00:00:17	<b>00:24:31.60</b>	<b>00:24:49.25</b>	+00:08:25 (34.3%)	4:54	12.2 (65.6%)
303	<b>CHRZĄSZCZ Michał</b>	<b>305</b>	SISU-OWB TEAM	M20	77	00:01:22	<b>00:24:33.10</b>	<b>00:25:55.85</b>	+00:08:26 (34.4%)	4:54	12.2 (65.6%)
304	<b>TYMEK Dariusz</b>	<b>590</b>	TYPYGRUBE	M20	78	00:00:12	<b>00:24:33.65</b>	<b>00:24:45.90</b>	+00:08:27 (34.4%)	4:54	12.2 (65.6%)
305	<b>GIERJATOWICZ Maria</b>	<b>286</b>		K40	8	00:01:02	<b>00:24:33.90</b>	<b>00:25:36.25</b>	+00:08:27 (34.4%)	4:54	12.2 (65.6%)
306	<b>WŁOCH Mateusz</b>	<b>582</b>		M10	9	00:00:04	<b>00:24:33.95</b>	<b>00:24:38.00</b>	+00:08:27 (34.4%)	4:54	12.2 (65.6%)
307	<b>KĘDZIERSKI Wojciech</b>	<b>1013</b>		M40	61	00:00:22	<b>00:24:34.10</b>	<b>00:24:56.40</b>	+00:08:27 (34.5%)	4:54	12.2 (65.6%)
308	<b>SZCZUKOWSKA Nicol</b>	<b>948</b>	GIMNAZJUM KORYTOWO	K10	1	00:00:23	<b>00:24:35.10</b>	<b>00:24:58.60</b>	+00:08:28 (34.5%)	4:55	12.2 (65.6%)
309	<b>KOZICKI Marcin</b>	<b>657</b>	BYDGOSKIE ŻÓŁWIE	M40	62	00:00:52	<b>00:24:35.40</b>	<b>00:25:28.05</b>	+00:08:29 (34.5%)	4:55	12.2 (65.6%)
310	<b>DRZEWIECKI Radosław</b>	<b>1310</b>		M30	98	00:00:39	<b>00:24:36.20</b>	<b>00:25:15.35</b>	+00:08:29 (34.5%)	4:55	12.2 (65.6%)
311	<b>MASŁOWSKA Angelika</b>	<b>922</b>		K30	16	00:00:22	<b>00:24:36.95</b>	<b>00:24:58.95</b>	+00:08:30 (34.6%)	4:55	12.2 (65.6%)
312	<b>BRYCKI Łukasz</b>	<b>1202</b>		M30	99	00:00:36	<b>00:24:37.45</b>	<b>00:25:13.70</b>	+00:08:31 (34.6%)	4:55	12.2 (65.6%)
313	<b>HEIDAK Piotr</b>	<b>1042</b>		M40	63	00:00:19	<b>00:24:38.05</b>	<b>00:24:57.40</b>	+00:08:31 (34.6%)	4:55	12.2 (65.6%)
314	<b>DROZDOWSKI Krzysztof</b>	<b>663</b>		M40	64	00:00:48	<b>00:24:39.15</b>	<b>00:25:27.30</b>	+00:08:32 (34.7%)	4:55	12.2 (65.6%)
314	<b>FRANKÓW Łukasz</b>	<b>1350</b>	OSP NAKŁO	M30	100	00:00:02	<b>00:24:39.15</b>	<b>00:24:41.65</b>	+00:08:32 (34.7%)	4:55	12.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	<b>PRZERACKI Mirosław</b>	<b>336</b>	SZOSZONI	M40	65	00:01:20	<b>00:24:39.95</b>	<b>00:26:00.75</b>	+00:08:33 (34.7%)	4:56	12.2 (65.6%)
317	<b>LESZCZYŃSKI Łukasz</b>	<b>196</b>		M30	101	00:01:03	<b>00:24:40.20</b>	<b>00:25:44.00</b>	+00:08:33 (34.7%)	4:56	12.2 (65.6%)
318	<b>TYMOSIAK Mateusz</b>	<b>434</b>	GRUPA BIEGOWA SPÓJNIA BIAŁE BŁOTA	M20	79	00:00:39	<b>00:24:40.30</b>	<b>00:25:19.55</b>	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
319	<b>MINTA Adam</b>	<b>904</b>		M30	102	00:00:22	<b>00:24:40.65</b>	<b>00:25:03.25</b>	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
320	<b>ŚWIATLAK Marek</b>	<b>963</b>		M40	66	00:00:39	<b>00:24:40.75</b>	<b>00:25:20.25</b>	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
321	<b>BLINET Jean-Baptiste</b>	<b>1341</b>		M20	80	00:00:52	<b>00:24:40.80</b>	<b>00:25:33.05</b>	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
322	<b>GRYGIEL Mateusz</b>	<b>372</b>		M30	103	00:01:04	<b>00:24:41.00</b>	<b>00:25:45.45</b>	+00:08:34 (34.8%)	4:56	12.2 (65.6%)
323	<b>GANDZIAROWSKA Anna</b>	<b>149</b>		K20	13	00:00:11	<b>00:24:41.45</b>	<b>00:24:53.30</b>	+00:08:35 (34.8%)	4:56	12.1 (65.1%)
324	<b>ŚCIBAK Wojciech</b>	<b>1043</b>	JFTC SU	M30	104	00:00:18	<b>00:24:44.05</b>	<b>00:25:02.55</b>	+00:08:37 (34.9%)	4:56	12.1 (65.1%)
325	<b>POLIWODZIŃSKI Mateusz</b>	<b>1100</b>	KS WISŁKA BYDGOSZCZ-FORDON	M10	10	00:00:13	<b>00:24:44.65</b>	<b>00:24:58.00</b>	+00:08:38 (34.9%)	4:57	12.1 (65.1%)
326	<b>CHMIELARZ Karina</b>	<b>133</b>		K20	14	00:01:04	<b>00:24:45.35</b>	<b>00:25:50.10</b>	+00:08:39 (34.9%)	4:57	12.1 (65.1%)
327	<b>OSSETE Julia</b>	<b>764</b>		K20	15	00:00:45	<b>00:24:45.50</b>	<b>00:25:30.75</b>	+00:08:39 (35.0%)	4:57	12.1 (65.1%)
328	<b>SZYMKOWIAK Krzysztof</b>	<b>971</b>		M10	11	00:01:18	<b>00:24:46.70</b>	<b>00:26:04.70</b>	+00:08:40 (35.0%)	4:57	12.1 (65.1%)
329	<b>RAKAŁOWICZ Justyna</b>	<b>217</b>	ATOS	K40	9	00:00:28	<b>00:24:47.65</b>	<b>00:25:16.20</b>	+00:08:41 (35.0%)	4:57	12.1 (65.1%)
330	<b>ULATOWSKA Sylwia</b>	<b>558</b>		K30	17	00:00:43	<b>00:24:48.95</b>	<b>00:25:32.70</b>	+00:08:42 (35.1%)	4:57	12.1 (65.1%)
331	<b>MOCZULSKI Tomek</b>	<b>398</b>		M30	105	00:00:31	<b>00:24:50.45</b>	<b>00:25:22.15</b>	+00:08:44 (35.2%)	4:58	12.1 (65.1%)
332	<b>POTRZEBOWSKI Marek</b>	<b>209</b>		M30	106	00:00:30	<b>00:24:51.85</b>	<b>00:25:22.70</b>	+00:08:45 (35.2%)	4:58	12.1 (65.1%)
333	<b>SPIRYDOWICZ Piotr</b>	<b>1192</b>		M30	107	00:00:24	<b>00:24:54.80</b>	<b>00:25:19.05</b>	+00:08:48 (35.4%)	4:59	12 (64.5%)
334	<b>MOKOS Tomasz</b>	<b>189</b>	INOWROCŁAW BIEGA	M30	108	00:00:50	<b>00:24:54.85</b>	<b>00:25:45.25</b>	+00:08:48 (35.4%)	4:59	12 (64.5%)
335	<b>ANTKOWIAK Bartosz</b>	<b>508</b>	TCMS PESA BYDGOSZCZ	M30	109	00:01:52	<b>00:24:54.90</b>	<b>00:26:46.90</b>	+00:08:48 (35.4%)	4:58	12 (64.5%)
336	<b>GAWRYCH Adam</b>	<b>985</b>		M20	81	00:00:34	<b>00:24:56.70</b>	<b>00:25:31.25</b>	+00:08:50 (35.4%)	4:59	12 (64.5%)
337	<b>POLIWODZIŃSKI Michał</b>	<b>22</b>	KS WISŁKA BYDGOSZCZ-FORDON	M30	110	00:00:13	<b>00:24:57.00</b>	<b>00:25:10.80</b>	+00:08:50 (35.5%)	4:59	12 (64.5%)
338	<b>DOMŻALSKI Lech</b>	<b>1344</b>		M30	111	00:00:41	<b>00:24:59.05</b>	<b>00:25:40.75</b>	+00:08:52 (35.5%)	4:59	12 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	<b>OTT Joanna</b>	<b>48</b>	MLKS TUCHOLANKA TUCHOLA	K18	1	00:00:57	<b>00:24:59.20</b>	<b>00:25:56.40</b>	+00:08:52 (35.5%)	4:59	12 (64.5%)
340	<b>FOJUTOWSKI Jan</b>	<b>484</b>	MKS 63	M10	12	00:00:03	<b>00:24:59.45</b>	<b>00:25:02.75</b>	+00:08:53 (35.6%)	4:59	12 (64.5%)
341	<b>KARLIŃSKI Oskar</b>	<b>614</b>	BYDGOSZCZ	M10	13	00:01:19	<b>00:24:59.65</b>	<b>00:26:19.05</b>	+00:08:53 (35.6%)	5:00	12 (64.5%)
342	<b>KAŻMIERCZAK Paweł</b>	<b>1172</b>		M40	67	00:00:10	<b>00:24:59.70</b>	<b>00:25:10.40</b>	+00:08:53 (35.6%)	5:00	12 (64.5%)
343	<b>KWASIGROCH Krzysztof</b>	<b>838</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	21	00:00:53	<b>00:25:00.00</b>	<b>00:25:53.15</b>	+00:08:53 (35.6%)	5:00	12 (64.5%)
344	<b>SZYMCZAK Sandra</b>	<b>898</b>		K20	16	00:00:54	<b>00:25:00.30</b>	<b>00:25:54.80</b>	+00:08:54 (35.6%)	5:00	12 (64.5%)
345	<b>DUDZIC Łukasz</b>	<b>859</b>	CYBERMORSY	M20	82	00:00:24	<b>00:25:01.10</b>	<b>00:25:25.70</b>	+00:08:54 (35.6%)	5:00	12 (64.5%)
346	<b>KAMINSKA Julia</b>	<b>1081</b>		K10	2	00:01:17	<b>00:25:01.15</b>	<b>00:26:18.85</b>	+00:08:54 (35.6%)	5:00	12 (64.5%)
347	<b>BUSSE Dariusz</b>	<b>1352</b>		M40	68	00:00:59	<b>00:25:01.35</b>	<b>00:26:00.45</b>	+00:08:55 (35.6%)	5:00	12 (64.5%)
347	<b>JAROCH Krzysztof</b>	<b>384</b>		M20	83	00:01:22	<b>00:25:01.35</b>	<b>00:26:23.75</b>	+00:08:55 (35.6%)	5:00	12 (64.5%)
349	<b>BARSZCZEWSKI Sebastian</b>	<b>1114</b>		M30	112	00:00:50	<b>00:25:02.55</b>	<b>00:25:53.00</b>	+00:08:56 (35.7%)	5:00	12 (64.5%)
350	<b>CZAJA Jarosław</b>	<b>251</b>		M40	69	00:00:37	<b>00:25:02.60</b>	<b>00:25:40.05</b>	+00:08:56 (35.7%)	5:00	12 (64.5%)
351	<b>SOSNA Mikolaj</b>	<b>207</b>		M30	113	00:01:23	<b>00:25:03.10</b>	<b>00:26:26.35</b>	+00:08:56 (35.7%)	5:00	12 (64.5%)
352	<b>CHRUPAŁA Rafał</b>	<b>768</b>		M30	114	00:00:51	<b>00:25:03.75</b>	<b>00:25:54.80</b>	+00:08:57 (35.7%)	5:00	12 (64.5%)
353	<b>ŚLADEWSKI Rafał</b>	<b>412</b>		M30	115	00:00:41	<b>00:25:03.90</b>	<b>00:25:45.40</b>	+00:08:57 (35.8%)	5:00	12 (64.5%)
354	<b>OSZUBSKI Kazimierz</b>	<b>934</b>		M40	70	00:00:22	<b>00:25:04.85</b>	<b>00:25:27.75</b>	+00:08:58 (35.8%)	5:01	12 (64.5%)
355	<b>ZALEWSKA Paulina</b>	<b>497</b>		K10	3	00:00:31	<b>00:25:05.00</b>	<b>00:25:36.45</b>	+00:08:58 (35.8%)	5:01	12 (64.5%)
356	<b>GŁOWACKI Robert</b>	<b>400</b>		M40	71	00:00:10	<b>00:25:05.15</b>	<b>00:25:15.75</b>	+00:08:58 (35.8%)	5:01	12 (64.5%)
357	<b>ANDRZEJEWSKI Adam</b>	<b>406</b>		M40	72	00:01:50	<b>00:25:05.75</b>	<b>00:26:56.50</b>	+00:08:59 (35.8%)	5:01	12 (64.5%)
358	<b>PACANOWSKI Szymon</b>	<b>862</b>		M10	14	00:00:16	<b>00:25:06.95</b>	<b>00:25:23.65</b>	+00:09:00 (35.9%)	5:01	11.9 (64.0%)
359	<b>AFELT Jarosław</b>	<b>204</b>		M30	116	00:01:07	<b>00:25:07.35</b>	<b>00:26:14.80</b>	+00:09:01 (35.9%)	5:01	11.9 (64.0%)
360	<b>SIKORSKI Norbert</b>	<b>211</b>		M40	73	00:00:18	<b>00:25:08.00</b>	<b>00:25:26.30</b>	+00:09:01 (35.9%)	5:01	11.9 (64.0%)
361	<b>OSZUBSKI Dawid</b>	<b>969</b>		M18	2	00:00:22	<b>00:25:08.20</b>	<b>00:25:30.65</b>	+00:09:01 (35.9%)	5:01	11.9 (64.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	DUDZIC Sławek	554		M50	22	00:00:11	00:25:11.85	00:25:22.90	+00:09:05 (36.1%)	5:02	11.9 (64.0%)
363	WRÓBLEWSKA Justyna	877		K20	17	00:00:17	00:25:12.05	00:25:29.90	+00:09:05 (36.1%)	5:02	11.9 (64.0%)
364	WILDHIRT Mariusz	216		M30	117	00:00:12	00:25:12.30	00:25:24.90	+00:09:06 (36.1%)	5:02	11.9 (64.0%)
365	WŁODARSKI Paweł	799		M30	118	00:01:01	00:25:14.35	00:26:16.05	+00:09:08 (36.2%)	5:03	11.9 (64.0%)
366	KARSKI Przemysław	771		M30	119	00:00:44	00:25:14.90	00:25:59.65	+00:09:08 (36.2%)	5:03	11.9 (64.0%)
367	NOWOSIELSKI Marcin	656		M40	74	00:00:38	00:25:16.25	00:25:55.00	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
367	TOMCZAK Sylwester	389	KLINIKA TRIATHLONU	M30	120	00:01:25	00:25:16.25	00:26:41.30	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
369	ŚWIETLIK Piotr	901		M50	23	00:00:36	00:25:16.75	00:25:53.70	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
370	BARTNIK Mieczysław	1248		M50	24	00:01:18	00:25:18.00	00:26:36.05	+00:09:11 (36.3%)	5:03	11.9 (64.0%)
371	ŚWIETLIK Radosław	699		M20	84	00:01:03	00:25:18.70	00:26:22.05	+00:09:12 (36.4%)	5:03	11.8 (63.4%)
372	KAJA Dominika	731		K20	18	00:00:47	00:25:19.70	00:26:07.20	+00:09:13 (36.4%)	5:04	11.8 (63.4%)
373	RADECKI Maciej	1149	CYBORGI	M40	75	00:01:55	00:25:22.35	00:27:17.90	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
374	ZAGOZDZON Wioleta	223	SOLECCY BIEGACZE	K30	18	00:00:30	00:25:22.80	00:25:53.30	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
375	WIŚNIEWSKI Paweł	1166		M20	85	00:01:34	00:25:25.10	00:26:59.10	+00:09:18 (36.6%)	5:05	11.8 (63.4%)
376	BALCERZAK Leszek	1095		M30	121	00:00:13	00:25:25.40	00:25:38.75	+00:09:19 (36.7%)	5:05	11.8 (63.4%)
377	SZYDŁOWSKI Rafał	85		M30	122	00:00:35	00:25:28.45	00:26:04.35	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
378	WŁODARSKA Roksana	1027	SZURUSIE TEAM	K20	19	00:00:30	00:25:29.20	00:25:59.20	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
379	ŁAWRYNOWICZ Tomasz	1021	SZKOŁA JAZDY TOMAS	M20	86	00:01:23	00:25:29.70	00:26:53.05	+00:09:23 (36.8%)	5:06	11.8 (63.4%)
380	GRUCHAŁA Wojciech	338		M50	25	00:00:08	00:25:30.10	00:25:38.95	+00:09:23 (36.9%)	5:06	11.8 (63.4%)
381	SKONIECZNY Daniel	507	TCMS PESA BYDGOSZCZ	M30	123	00:01:48	00:25:30.70	00:27:19.60	+00:09:24 (36.9%)	5:06	11.8 (63.4%)
382	STĘPSKA Ola	190		K10	4	00:01:31	00:25:30.80	00:27:01.95	+00:09:24 (36.9%)	5:06	11.8 (63.4%)
383	ŁABENDA Piotr	792	TERENOWA MASAKRA TEAM	M40	76	00:00:42	00:25:31.85	00:26:14.35	+00:09:25 (36.9%)	5:06	11.7 (62.9%)
384	CIACHERA Ireneusz	1261	INDYWIDUALNIE	M50	26	00:00:37	00:25:33.70	00:26:11.00	+00:09:27 (37.0%)	5:06	11.7 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
384	<b>GŁOGOWSKI Mateusz</b>	<b>857</b>	CYBERMORSY	M30	124	00:00:24	<b>00:25:33.70</b>	<b>00:25:58.15</b>	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
386	<b>CHODUR Agnieszka</b>	<b>278</b>		K40	10	00:00:41	<b>00:25:33.95</b>	<b>00:26:15.10</b>	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
387	<b>MORZYK Michał</b>	<b>496</b>		M30	125	00:01:07	<b>00:25:34.05</b>	<b>00:26:41.75</b>	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
388	<b>STĘPSKI Sławomir</b>	<b>202</b>		M18	3	00:01:31	<b>00:25:34.45</b>	<b>00:27:06.00</b>	+00:09:28 (37.0%)	5:07	11.7 (62.9%)
389	<b>HORBACZEWSKA-PIOTROWSKA Iga</b>	<b>885</b>		K20	20	00:01:03	<b>00:25:35.90</b>	<b>00:26:39.15</b>	+00:09:29 (37.1%)	5:07	11.7 (62.9%)
390	<b>BRZOZOWSKI Jarosław</b>	<b>97</b>		M50	27	00:00:18	<b>00:25:36.70</b>	<b>00:25:55.45</b>	+00:09:30 (37.1%)	5:07	11.7 (62.9%)
391	<b>MORAWSKI Marek</b>	<b>274</b>	KK ASTORIA	M30	126	00:01:26	<b>00:25:37.95</b>	<b>00:27:04.25</b>	+00:09:31 (37.2%)	5:07	11.7 (62.9%)
392	<b>KONWIŃSKI Daniel</b>	<b>513</b>	CYBERMORSY	M30	127	00:01:26	<b>00:25:38.90</b>	<b>00:27:05.85</b>	+00:09:32 (37.2%)	5:07	11.7 (62.9%)
393	<b>MALINOWSKI Waldemar</b>	<b>457</b>	RUN LOTTO-BYDGOSTIA	M40	77	00:01:21	<b>00:25:40.45</b>	<b>00:27:01.45</b>	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
394	<b>GOŁCZYŃSKI Tomasz</b>	<b>995</b>		M40	78	00:00:22	<b>00:25:40.70</b>	<b>00:26:02.75</b>	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
395	<b>JANKOWSKA Katarzyna</b>	<b>782</b>		K40	11	00:00:25	<b>00:25:41.15</b>	<b>00:26:06.65</b>	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
396	<b>KOWALSKA Aleksandra</b>	<b>795</b>		K20	21	00:00:26	<b>00:25:41.50</b>	<b>00:26:07.65</b>	+00:09:35 (37.3%)	5:08	11.7 (62.9%)
397	<b>BORZYSZKOWSKI Grzegorz</b>	<b>105</b>	STARY FORDON	M30	128	00:00:13	<b>00:25:43.60</b>	<b>00:25:56.65</b>	+00:09:37 (37.4%)	5:08	11.7 (62.9%)
398	<b>PANKOWSKI Przemysław</b>	<b>1056</b>	1. BLWL	M30	129	00:00:16	<b>00:25:44.35</b>	<b>00:26:00.65</b>	+00:09:38 (37.4%)	5:08	11.7 (62.9%)
399	<b>GRALAK Martyna</b>	<b>604</b>		K10	5	00:00:04	<b>00:25:44.75</b>	<b>00:25:48.90</b>	+00:09:38 (37.4%)	5:08	11.7 (62.9%)
400	<b>GŁOWACKI Jarosław</b>	<b>1345</b>	ADP BYDGOSZCZ	M18	4	00:00:21	<b>00:25:45.00</b>	<b>00:26:06.65</b>	+00:09:38 (37.5%)	5:09	11.7 (62.9%)
401	<b>SONTOWSKI Eryk</b>	<b>893</b>		M10	15	00:00:12	<b>00:25:45.80</b>	<b>00:25:58.10</b>	+00:09:39 (37.5%)	5:09	11.6 (62.4%)
402	<b>DANKOWSKI Rafał</b>	<b>1142</b>		M40	79	00:00:10	<b>00:25:46.35</b>	<b>00:25:56.55</b>	+00:09:40 (37.5%)	5:09	11.6 (62.4%)
403	<b>SALA Tymoteusz</b>	<b>1243</b>		M20	87	00:00:25	<b>00:25:47.10</b>	<b>00:26:12.95</b>	+00:09:40 (37.5%)	5:09	11.6 (62.4%)
404	<b>DERESZYŃSKI Piotr</b>	<b>592</b>		M40	80	00:00:57	<b>00:25:47.95</b>	<b>00:26:45.60</b>	+00:09:41 (37.6%)	5:09	11.6 (62.4%)
405	<b>MOLENDPA Patrycja</b>	<b>1206</b>	KLINIKA TRIATHLONU	K20	22	00:01:06	<b>00:25:49.05</b>	<b>00:26:55.20</b>	+00:09:42 (37.6%)	5:09	11.6 (62.4%)
406	<b>FABROWSKI Dawid</b>	<b>34</b>	PRACOWNIAFIZJO ROMET	M30	130	00:01:45	<b>00:25:49.30</b>	<b>00:27:34.85</b>	+00:09:43 (37.6%)	5:09	11.6 (62.4%)
407	<b>MELWIŃSKA Paulina</b>	<b>549</b>		K30	19	00:00:33	<b>00:25:50.85</b>	<b>00:26:24.50</b>	+00:09:44 (37.7%)	5:10	11.6 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	WALERYCH Jarosław	1294	TYPYGRUBE	M30	131	00:00:11	00:25:51.75	00:26:03.35	+00:09:45 (37.7%)	5:10	11.6 (62.4%)
409	KONOWECKI Bartosz	1199		M20	88	00:01:11	00:25:52.10	00:27:03.85	+00:09:45 (37.7%)	5:10	11.6 (62.4%)
410	SZEWCZUK Małgorzata	876		K30	20	00:01:13	00:25:54.15	00:27:07.20	+00:09:47 (37.8%)	5:10	11.6 (62.4%)
411	CZYŻEWSKA Justyna	20		K30	21	00:00:34	00:25:55.05	00:26:29.20	+00:09:48 (37.9%)	5:11	11.6 (62.4%)
412	MAGDZIARZ Katarzyna	212	KANCELARIA HMM	K30	22	00:00:49	00:25:55.30	00:26:44.40	+00:09:49 (37.9%)	5:11	11.6 (62.4%)
413	GRZELAK Łukasz	1337		M40	81	00:01:07	00:25:55.50	00:27:03.40	+00:09:49 (37.9%)	5:11	11.6 (62.4%)
414	REPCZYŃSKI Tomek	107		M20	89	00:01:14	00:25:56.25	00:27:10.40	+00:09:50 (37.9%)	5:11	11.6 (62.4%)
415	KIJEWSKI Maciej	263	KABEL TEAM	M30	132	00:01:18	00:25:56.45	00:27:15.00	+00:09:50 (37.9%)	5:11	11.6 (62.4%)
416	LEŚNIEWSKI Tomasz	125		M40	82	00:00:23	00:25:57.40	00:26:21.25	+00:09:51 (38.0%)	5:11	11.6 (62.4%)
417	MATERA Magda	1238		K20	23	00:00:23	00:25:57.55	00:26:21.25	+00:09:51 (38.0%)	5:11	11.6 (62.4%)
418	NAWROCKI Damian	1153		M20	90	00:00:43	00:25:59.30	00:26:42.60	+00:09:53 (38.0%)	5:11	11.5 (61.8%)
419	DEREZIŃSKI Tomasz	316		M30	133	00:01:03	00:26:01.20	00:27:04.25	+00:09:54 (38.1%)	5:12	11.5 (61.8%)
420	MIKSZTOWICZ Oliwia	178		K20	24	00:01:28	00:26:01.30	00:27:30.15	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
421	KOPACZ Radosław	939	PĘDZĄCE ŻÓŁWITI	M30	134	00:01:18	00:26:01.35	00:27:19.90	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
422	WIŚNIEWSKA Aleksandra	395		K18	2	00:01:05	00:26:01.50	00:27:06.75	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
423	KLINIKOWSKI Jacek	367	KOCHAM ŻYCIE I...	M40	83	00:00:47	00:26:02.10	00:26:49.95	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
424	POGORZELSKA Bogusia	382		K40	12	00:00:47	00:26:02.20	00:26:50.15	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
425	TRUDNOWSKI Janusz	424		M60	4	00:01:02	00:26:02.55	00:27:05.35	+00:09:56 (38.2%)	5:12	11.5 (61.8%)
426	DACIO Darek	968		M20	91	00:00:17	00:26:02.70	00:26:20.55	+00:09:56 (38.2%)	5:12	11.5 (61.8%)
427	MAŁACHOWSKI Mateusz	1255		M20	92	00:00:24	00:26:03.40	00:26:27.65	+00:09:57 (38.2%)	5:12	11.5 (61.8%)
427	BIERYT Krzysztof	542	POLI-FAX UL. BOCZNA 10	M30	135	00:00:55	00:26:03.40	00:26:58.70	+00:09:57 (38.2%)	5:12	11.5 (61.8%)
429	KOSIŃSKA Ania	1096		K10	6	00:01:04	00:26:04.25	00:27:08.95	+00:09:58 (38.2%)	5:12	11.5 (61.8%)
430	PUZIO Justyna	1098		K10	7	00:01:05	00:26:04.60	00:27:09.85	+00:09:58 (38.2%)	5:12	11.5 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	<b>GRALAK Jacek</b>	<b>601</b>		M40	84	00:00:11	<b>00:26:04.70</b>	<b>00:26:16.55</b>	+00:09:58 (38.2%)	5:13	11.5 (61.8%)
432	<b>DZIEŻA Roma</b>	<b>242</b>	RUN BYDGOSZCZ	K40	13	00:01:03	<b>00:26:05.15</b>	<b>00:27:08.25</b>	+00:09:58 (38.3%)	5:13	11.5 (61.8%)
432	<b>DĘBICKI Mateusz</b>	<b>895</b>		M10	16	00:00:12	<b>00:26:05.15</b>	<b>00:26:17.85</b>	+00:09:58 (38.3%)	5:13	11.5 (61.8%)
434	<b>LEWANDOWSKI Damian</b>	<b>299</b>	TEAM	M30	136	00:00:43	<b>00:26:05.50</b>	<b>00:26:49.40</b>	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
435	<b>SZABLINSKA Honorata</b>	<b>546</b>		K30	23	00:00:21	<b>00:26:05.55</b>	<b>00:26:26.90</b>	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
436	<b>NOWAKOWSKI Tomasz</b>	<b>426</b>		M30	137	00:00:42	<b>00:26:05.60</b>	<b>00:26:48.15</b>	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
437	<b>NAPIERALSKA Natalia</b>	<b>1247</b>		K30	24	00:01:05	<b>00:26:05.90</b>	<b>00:27:11.55</b>	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
438	<b>KANIA Dorota</b>	<b>1270</b>		K40	14	00:01:05	<b>00:26:06.85</b>	<b>00:27:12.70</b>	+00:10:00 (38.3%)	5:13	11.5 (61.8%)
439	<b>DOBRZAŃSKA Małgorzata</b>	<b>1343</b>		K20	25	00:01:07	<b>00:26:07.05</b>	<b>00:27:14.75</b>	+00:10:00 (38.3%)	5:13	11.5 (61.8%)
440	<b>NALEWALSKA Justyna</b>	<b>2</b>	SERCE TYBETU	K20	26	00:00:14	<b>00:26:08.45</b>	<b>00:26:23.40</b>	+00:10:02 (38.4%)	5:13	11.5 (61.8%)
441	<b>PIETRZAK Anna</b>	<b>198</b>		K20	27	00:01:09	<b>00:26:09.15</b>	<b>00:27:18.80</b>	+00:10:02 (38.4%)	5:13	11.5 (61.8%)
442	<b>ROBACZEWSKA Kinga</b>	<b>784</b>		K30	25	00:00:44	<b>00:26:09.65</b>	<b>00:26:53.85</b>	+00:10:03 (38.4%)	5:13	11.5 (61.8%)
443	<b>GOSIENIECKI Konrad</b>	<b>281</b>		M20	93	00:00:40	<b>00:26:10.50</b>	<b>00:26:51.05</b>	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
444	<b>KALA Michał</b>	<b>1315</b>		M30	138	00:01:14	<b>00:26:11.10</b>	<b>00:27:25.55</b>	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
445	<b>ROSINSKI Przemysław</b>	<b>346</b>		M30	139	00:01:34	<b>00:26:11.20</b>	<b>00:27:45.55</b>	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
446	<b>ŻUCHELKOWSKI Rafał</b>	<b>958</b>		M30	140	00:00:30	<b>00:26:11.80</b>	<b>00:26:41.95</b>	+00:10:05 (38.5%)	5:14	11.5 (61.8%)
447	<b>KIEŁCZYŃSKI Marek</b>	<b>1278</b>		M40	85	00:00:15	<b>00:26:12.40</b>	<b>00:26:27.95</b>	+00:10:06 (38.5%)	5:14	11.5 (61.8%)
448	<b>PILIUKH Marharyta</b>	<b>1066</b>	TRISPACE	K20	28	00:00:21	<b>00:26:14.05</b>	<b>00:26:35.70</b>	+00:10:07 (38.6%)	5:14	11.4 (61.3%)
449	<b>JESKE Marek</b>	<b>870</b>	RUN BYDGOSZCZ	M40	86	00:00:22	<b>00:26:15.70</b>	<b>00:26:38.10</b>	+00:10:09 (38.7%)	5:15	11.4 (61.3%)
450	<b>ARENT Jan</b>	<b>753</b>		M50	28	00:01:00	<b>00:26:16.25</b>	<b>00:27:16.75</b>	+00:10:10 (38.7%)	5:15	11.4 (61.3%)
451	<b>CĄBROWSKI Piotr</b>	<b>1006</b>		M40	87	00:00:50	<b>00:26:16.70</b>	<b>00:27:07.55</b>	+00:10:10 (38.7%)	5:15	11.4 (61.3%)
452	<b>WIENEKE Annika</b>	<b>1357</b>		K30	26	00:00:42	<b>00:26:18.70</b>	<b>00:27:01.00</b>	+00:10:12 (38.8%)	5:15	11.4 (61.3%)
453	<b>MAZANOWSKA Ewa</b>	<b>215</b>		K40	15	00:00:24	<b>00:26:18.85</b>	<b>00:26:42.85</b>	+00:10:12 (38.8%)	5:15	11.4 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	<b>KUNDE Adam</b>	<b>1041</b>	BYDGOSZCZ TRIATHLON	M50	29	00:01:08	<b>00:26:19.60</b>	<b>00:27:28.55</b>	+00:10:13 (38.8%)	5:16	11.4 (61.3%)
455	<b>BOROWIEC Wioleta</b>	<b>727</b>	BBL SZUBIN	K30	27	00:00:17	<b>00:26:20.40</b>	<b>00:26:37.45</b>	+00:10:14 (38.9%)	5:16	11.4 (61.3%)
456	<b>BIELENNY Michał</b>	<b>494</b>		M60	5	00:01:35	<b>00:26:21.75</b>	<b>00:27:57.00</b>	+00:10:15 (38.9%)	5:16	11.4 (61.3%)
457	<b>WDOWIAK Piotr</b>	<b>115</b>		M20	94	00:01:22	<b>00:26:21.95</b>	<b>00:27:44.40</b>	+00:10:15 (38.9%)	5:16	11.4 (61.3%)
458	<b>CZECZINSKA Pamela</b>	<b>369</b>		K20	29	00:00:33	<b>00:26:22.65</b>	<b>00:26:55.80</b>	+00:10:16 (38.9%)	5:16	11.4 (61.3%)
459	<b>ANDRZEJEWSKA Sylwia</b>	<b>43</b>		K30	28	00:01:07	<b>00:26:24.30</b>	<b>00:27:31.85</b>	+00:10:18 (39.0%)	5:16	11.4 (61.3%)
460	<b>AFELT Luiza</b>	<b>79</b>		K20	30	00:01:07	<b>00:26:25.00</b>	<b>00:27:32.30</b>	+00:10:18 (39.0%)	5:17	11.4 (61.3%)
461	<b>ŁABĘCKI Kordian</b>	<b>1214</b>		M20	95	00:00:22	<b>00:26:25.90</b>	<b>00:26:48.00</b>	+00:10:19 (39.1%)	5:17	11.3 (60.8%)
462	<b>DOBUCKA Katarzyna</b>	<b>112</b>	CHONAROWER.PL	K20	31	00:01:23	<b>00:26:26.50</b>	<b>00:27:50.15</b>	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
463	<b>BEJGER Łukasz</b>	<b>505</b>	TCMS PESA BYDGOSZCZ	M30	141	00:01:49	<b>00:26:26.85</b>	<b>00:28:16.45</b>	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
464	<b>PAPIS Piotr</b>	<b>386</b>		M30	142	00:00:46	<b>00:26:26.95</b>	<b>00:27:13.65</b>	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
465	<b>KOSIŃSKA Patrycja</b>	<b>817</b>		K20	32	00:00:08	<b>00:26:27.10</b>	<b>00:26:36.05</b>	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
466	<b>SZEWCZUK Sebastian</b>	<b>879</b>		M30	143	00:01:13	<b>00:26:27.65</b>	<b>00:27:41.45</b>	+00:10:21 (39.1%)	5:17	11.3 (60.8%)
467	<b>PRZYBYLSKI Mariusz</b>	<b>353</b>		M50	30	00:00:32	<b>00:26:29.70</b>	<b>00:27:02.05</b>	+00:10:23 (39.2%)	5:18	11.3 (60.8%)
468	<b>BŁAŻEJEWSKI Kacper</b>	<b>193</b>	CB163	M20	96	00:01:37	<b>00:26:30.10</b>	<b>00:28:07.55</b>	+00:10:23 (39.2%)	5:18	11.3 (60.8%)
469	<b>MATUSIAK Aneta</b>	<b>1321</b>		K30	29	00:01:22	<b>00:26:30.20</b>	<b>00:27:53.15</b>	+00:10:23 (39.2%)	5:18	11.3 (60.8%)
470	<b>JAROCH Rafał</b>	<b>383</b>		M30	144	00:01:21	<b>00:26:31.25</b>	<b>00:27:53.15</b>	+00:10:25 (39.3%)	5:18	11.3 (60.8%)
471	<b>BĘC Dominika</b>	<b>712</b>		K20	33	00:01:36	<b>00:26:31.95</b>	<b>00:28:08.65</b>	+00:10:25 (39.3%)	5:18	11.3 (60.8%)
472	<b>KAPELA Jacek</b>	<b>415</b>	KS WISŁKA BYDGOSZCZ-FORDON	M40	88	00:00:14	<b>00:26:32.60</b>	<b>00:26:47.20</b>	+00:10:26 (39.3%)	5:18	11.3 (60.8%)
473	<b>HAUS Katarzyna</b>	<b>729</b>	BBL SZUBIN	K40	16	00:00:17	<b>00:26:33.95</b>	<b>00:26:51.15</b>	+00:10:27 (39.4%)	5:18	11.3 (60.8%)
474	<b>DOBRZAŃSKI Dariusz</b>	<b>77</b>	3GRAVITY	M20	97	00:01:38	<b>00:26:34.00</b>	<b>00:28:12.85</b>	+00:10:27 (39.4%)	5:18	11.3 (60.8%)
475	<b>CISZEWSKI Paweł</b>	<b>1288</b>		M30	145	00:00:27	<b>00:26:38.20</b>	<b>00:27:05.45</b>	+00:10:31 (39.5%)	5:19	11.3 (60.8%)
476	<b>BARCZAK Agnieszka</b>	<b>1034</b>	AGNIESZKAB	K30	30	00:00:15	<b>00:26:38.70</b>	<b>00:26:54.65</b>	+00:10:32 (39.6%)	5:19	11.3 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	<b>OSTROWSKA Anna</b>	<b>937</b>		K10	8	00:01:01	<b>00:26:39.15</b>	<b>00:27:40.25</b>	+00:10:32 (39.6%)	5:19	11.3 (60.8%)
478	<b>BUGARA Piotr</b>	<b>996</b>		M20	98	00:00:40	<b>00:26:39.35</b>	<b>00:27:20.20</b>	+00:10:33 (39.6%)	5:20	11.3 (60.8%)
479	<b>FRANK Agnieszka</b>	<b>180</b>		K30	31	00:00:52	<b>00:26:40.20</b>	<b>00:27:32.85</b>	+00:10:33 (39.6%)	5:20	11.3 (60.8%)
480	<b>SKWAREK Oliwia</b>	<b>1303</b>		K20	34	00:00:43	<b>00:26:41.05</b>	<b>00:27:24.35</b>	+00:10:34 (39.6%)	5:20	11.2 (60.2%)
481	<b>GRUSZECZKA Patryk</b>	<b>1176</b>		M30	146	00:00:14	<b>00:26:41.10</b>	<b>00:26:55.55</b>	+00:10:34 (39.7%)	5:20	11.2 (60.2%)
482	<b>DUDZIŃSKA Małgorzata</b>	<b>219</b>		K40	17	00:00:38	<b>00:26:42.35</b>	<b>00:27:20.75</b>	+00:10:36 (39.7%)	5:20	11.2 (60.2%)
483	<b>JARZEMSKI Marcin</b>	<b>1324</b>	BYDGOSZCZ TRIATHLON TEAM	M30	147	00:01:50	<b>00:26:44.90</b>	<b>00:28:35.15</b>	+00:10:38 (39.8%)	5:21	11.2 (60.2%)
484	<b>MIERZWA Damian</b>	<b>42</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	148	00:00:59	<b>00:26:45.25</b>	<b>00:27:44.80</b>	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
485	<b>KAMASZ Dawid</b>	<b>627</b>		M20	99	00:01:24	<b>00:26:45.65</b>	<b>00:28:10.55</b>	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
486	<b>SZYNWELSKA Marlena</b>	<b>295</b>		K50	3	00:00:20	<b>00:26:46.00</b>	<b>00:27:06.40</b>	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
487	<b>ŚNIECHOTA Konrad</b>	<b>176</b>	TYPYGRUBE	M30	149	00:00:11	<b>00:26:46.45</b>	<b>00:26:57.90</b>	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
487	<b>WALENCIAK Jarosław</b>	<b>289</b>	CZARNE STOPY.SM	M40	89	00:00:19	<b>00:26:46.45</b>	<b>00:27:06.35</b>	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
489	<b>TOMYS Julia</b>	<b>1245</b>		K20	35	00:00:25	<b>00:26:47.00</b>	<b>00:27:12.20</b>	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
490	<b>CZUBKOWSKI Sebastian</b>	<b>423</b>	RUN TEAM	M30	150	00:00:57	<b>00:26:47.10</b>	<b>00:27:44.60</b>	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
491	<b>GRABOWSKA Dominika</b>	<b>318</b>		K20	36	00:00:11	<b>00:26:48.15</b>	<b>00:26:59.60</b>	+00:10:41 (39.9%)	5:21	11.2 (60.2%)
492	<b>KILANOWSKI Darek</b>	<b>1240</b>		M30	151	00:01:29	<b>00:26:48.55</b>	<b>00:28:18.15</b>	+00:10:42 (39.9%)	5:21	11.2 (60.2%)
493	<b>BEŁKOWSKA Paulina</b>	<b>1191</b>		K30	32	00:00:33	<b>00:26:49.90</b>	<b>00:27:22.90</b>	+00:10:43 (40.0%)	5:21	11.2 (60.2%)
494	<b>BIZON Bartosz</b>	<b>927</b>		M30	152	00:01:24	<b>00:26:49.95</b>	<b>00:28:14.00</b>	+00:10:43 (40.0%)	5:22	11.2 (60.2%)
495	<b>WARCZAK Kuba</b>	<b>208</b>	TEAMOCHAL	M30	153	00:00:31	<b>00:26:50.45</b>	<b>00:27:21.60</b>	+00:10:44 (40.0%)	5:22	11.2 (60.2%)
496	<b>OGRODOWICZ Marcin</b>	<b>354</b>	MIODOWE	M40	90	00:00:31	<b>00:26:53.45</b>	<b>00:27:25.05</b>	+00:10:47 (40.1%)	5:22	11.2 (60.2%)
497	<b>CYBUL Anna</b>	<b>982</b>		K40	18	00:00:19	<b>00:26:53.75</b>	<b>00:27:13.10</b>	+00:10:47 (40.1%)	5:22	11.2 (60.2%)
498	<b>PODGÓRSKI Jakub</b>	<b>3</b>	ZIELONY PELIKAN	M30	154	00:00:47	<b>00:26:54.85</b>	<b>00:27:42.05</b>	+00:10:48 (40.2%)	5:23	11.1 (59.7%)
499	<b>JARZEMSKA Alicja</b>	<b>1326</b>	BYDGOSZCZ TRIATHLON TEAM	K30	33	00:01:49	<b>00:26:55.45</b>	<b>00:28:45.25</b>	+00:10:49 (40.2%)	5:23	11.1 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	WITKOWSKI Błażej	757		M20	100	00:01:37	00:26:55.60	00:28:32.65	+00:10:49 (40.2%)	5:23	11.1 (59.7%)
501	TOMCZYK Agnieszka	645		K40	19	00:00:36	00:26:55.70	00:27:32.15	+00:10:49 (40.2%)	5:23	11.1 (59.7%)
502	JANUSZEWSKA Natalia	935		K20	37	00:00:10	00:26:55.95	00:27:06.15	+00:10:49 (40.2%)	5:23	11.1 (59.7%)
503	DĄBROWSKI Bartosz	550	SPORTOWA PASJA	M30	155	00:00:59	00:26:56.65	00:27:56.50	+00:10:50 (40.2%)	5:23	11.1 (59.7%)
504	DOLNY Kajetan	526		M10	17	00:00:50	00:26:57.00	00:27:47.05	+00:10:50 (40.2%)	5:23	11.1 (59.7%)
505	REDECKA Karolina	1104		K30	34	00:00:20	00:26:57.75	00:27:18.45	+00:10:51 (40.3%)	5:23	11.1 (59.7%)
506	NIKOLAJEW Monika	1022	--	K30	35	00:00:23	00:26:58.10	00:27:21.20	+00:10:51 (40.3%)	5:23	11.1 (59.7%)
507	WORONIECKA Anna	732		K40	20	00:00:25	00:26:58.45	00:27:23.85	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
508	JANKE Damian	781		M30	156	00:00:58	00:26:58.50	00:27:56.70	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
509	BARAŃSKI Maciej	644		M30	157	00:02:21	00:26:58.70	00:29:20.55	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
510	JELEŃ Agnieszka	470		K30	36	00:00:13	00:27:01.10	00:27:14.95	+00:10:54 (40.4%)	5:24	11.1 (59.7%)
511	WYPORKIEWICZ Jerzy	436		M50	31	00:00:40	00:27:01.20	00:27:41.55	+00:10:54 (40.4%)	5:24	11.1 (59.7%)
512	RUDZKA Monika	1014		K20	38	00:01:10	00:27:02.00	00:28:12.65	+00:10:55 (40.4%)	5:24	11.1 (59.7%)
513	GÓRNIAK Jakub	647		M20	101	00:00:15	00:27:02.55	00:27:17.70	+00:10:56 (40.4%)	5:24	11.1 (59.7%)
514	WIELIŃSKI Rafał	1073		M30	158	00:01:15	00:27:05.75	00:28:21.45	+00:10:59 (40.6%)	5:25	11.1 (59.7%)
515	PLATH - KOPERSKA Krystyna	1084		K50	4	00:00:36	00:27:10.10	00:27:46.75	+00:11:03 (40.7%)	5:26	11 (59.1%)
516	BRĄGIEL Jakub	399	VEGE RUNNERS	M30	159	00:00:41	00:27:10.45	00:27:52.35	+00:11:04 (40.7%)	5:26	11 (59.1%)
517	BYCZKOWSKI Zenon	1035	INDYWIDUALNIE	M50	32	00:01:17	00:27:10.50	00:28:27.85	+00:11:04 (40.7%)	5:26	11 (59.1%)
517	DURAŁEK Laura	504		K10	9	00:00:56	00:27:10.50	00:28:07.35	+00:11:04 (40.7%)	5:26	11 (59.1%)
519	DURAŁEK Andrzej	888		M40	91	00:00:57	00:27:10.70	00:28:08.00	+00:11:04 (40.7%)	5:26	11 (59.1%)
520	SCHUMACHER-RATAJ Marta	630	BRAK	K30	37	00:00:44	00:27:13.10	00:27:57.55	+00:11:06 (40.8%)	5:26	11 (59.1%)
521	CRÉPIN Tiffaine	1342		K20	39	00:00:53	00:27:14.75	00:28:08.00	+00:11:08 (40.9%)	5:27	11 (59.1%)
522	ŁUKAWSKI Damian	989		M20	102	00:00:35	00:27:15.25	00:27:50.60	+00:11:09 (40.9%)	5:27	11 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	<b>DURAŁEK Anna</b>	<b>503</b>		K40	21	00:00:56	<b>00:27:16.55</b>	<b>00:28:13.50</b>	+00:11:10 (41.0%)	5:27	11 (59.1%)
524	<b>SIWIŃSKA Elżbieta</b>	<b>469</b>	BBL INOWROCŁAW	K50	5	00:00:33	<b>00:27:17.15</b>	<b>00:27:50.90</b>	+00:11:10 (41.0%)	5:27	11 (59.1%)
524	<b>SOBOTA Piotr</b>	<b>482</b>		M40	92	00:00:19	<b>00:27:17.15</b>	<b>00:27:36.75</b>	+00:11:10 (41.0%)	5:27	11 (59.1%)
526	<b>ISKRA Jacek</b>	<b>849</b>		M40	93	00:01:19	<b>00:27:17.40</b>	<b>00:28:36.45</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
527	<b>KOTECKI Marcin</b>	<b>334</b>		M30	160	00:00:50	<b>00:27:17.80</b>	<b>00:28:08.25</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
528	<b>TUPTANOWSKI Przemysław</b>	<b>1078</b>	WELD-LINE	M30	161	00:01:15	<b>00:27:17.90</b>	<b>00:28:33.45</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
529	<b>PŁACZKOWSKA Magdalena</b>	<b>320</b>		K30	38	00:00:21	<b>00:27:17.95</b>	<b>00:27:39.40</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
529	<b>BORUCH Martyna</b>	<b>669</b>		K20	40	00:00:56	<b>00:27:17.95</b>	<b>00:28:14.05</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
531	<b>GUŹDZIOŁ Jarek</b>	<b>527</b>	SOLECCY BIEGACZE	M40	94	00:00:30	<b>00:27:18.05</b>	<b>00:27:48.55</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
532	<b>ANASZEWICZ Marzena</b>	<b>1018</b>		K40	22	00:00:37	<b>00:27:18.20</b>	<b>00:27:55.90</b>	+00:11:11 (41.0%)	5:27	11 (59.1%)
533	<b>SAJUR Sylwia</b>	<b>1233</b>		K20	41	00:00:39	<b>00:27:18.40</b>	<b>00:27:57.55</b>	+00:11:12 (41.0%)	5:27	11 (59.1%)
534	<b>MALATYŃSKA Barbara</b>	<b>75</b>		K40	23	00:00:37	<b>00:27:18.70</b>	<b>00:27:56.40</b>	+00:11:12 (41.0%)	5:27	11 (59.1%)
535	<b>KRAKOWIAK Marta</b>	<b>128</b>		K20	42	00:00:08	<b>00:27:19.00</b>	<b>00:27:27.75</b>	+00:11:12 (41.0%)	5:27	11 (59.1%)
536	<b>RĘDZINA Michał</b>	<b>50</b>		M30	162	00:00:49	<b>00:27:19.65</b>	<b>00:28:08.95</b>	+00:11:13 (41.1%)	5:27	11 (59.1%)
537	<b>KONOWECKA Ewelina</b>	<b>1163</b>		K20	43	00:01:10	<b>00:27:21.25</b>	<b>00:28:31.85</b>	+00:11:15 (41.1%)	5:28	11 (59.1%)
538	<b>STĘŻEWSKA Emilia</b>	<b>1010</b>		K20	44	00:01:10	<b>00:27:21.40</b>	<b>00:28:32.10</b>	+00:11:15 (41.1%)	5:28	11 (59.1%)
539	<b>JANKOWSKI Tomasz Michał</b>	<b>804</b>	RUN DELFIN	M50	33	00:00:17	<b>00:27:21.45</b>	<b>00:27:39.10</b>	+00:11:15 (41.1%)	5:28	11 (59.1%)
540	<b>GIPP Małgorzata</b>	<b>1347</b>		K30	39	00:00:05	<b>00:27:21.80</b>	<b>00:27:26.95</b>	+00:11:15 (41.1%)	5:28	11 (59.1%)
541	<b>ARENT Dawid</b>	<b>754</b>		M20	103	00:01:00	<b>00:27:21.90</b>	<b>00:28:22.70</b>	+00:11:15 (41.2%)	5:28	11 (59.1%)
542	<b>KORDAS Jacek</b>	<b>221</b>		M20	104	00:01:31	<b>00:27:23.90</b>	<b>00:28:55.85</b>	+00:11:17 (41.2%)	5:28	10.9 (58.6%)
543	<b>ZIELIŃSKI Radosław</b>	<b>101</b>		M30	163	00:00:43	<b>00:27:24.25</b>	<b>00:28:07.25</b>	+00:11:18 (41.2%)	5:28	10.9 (58.6%)
544	<b>KOCHAŃSKA Wioletta</b>	<b>1259</b>		K40	24	00:01:04	<b>00:27:27.95</b>	<b>00:28:32.90</b>	+00:11:21 (41.4%)	5:29	10.9 (58.6%)
544	<b>WOSZCZYK Agnieszka</b>	<b>489</b>		K20	45	00:01:14	<b>00:27:27.95</b>	<b>00:28:42.25</b>	+00:11:21 (41.4%)	5:29	10.9 (58.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	<b>CHMIELEWSKA Agnieszka</b>	<b>521</b>		K30	40	00:00:09	<b>00:27:28.35</b>	<b>00:27:37.95</b>	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
547	<b>WÓJCIK Jakub</b>	<b>297</b>		M18	5	00:00:59	<b>00:27:28.65</b>	<b>00:28:28.05</b>	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
548	<b>CHMIELEWSKI Mateusz</b>	<b>1232</b>		M20	105	00:01:32	<b>00:27:28.70</b>	<b>00:29:01.45</b>	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
549	<b>GUTKOWSKA Agnieszka</b>	<b>512</b>		K30	41	00:01:10	<b>00:27:28.95</b>	<b>00:28:39.85</b>	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
550	<b>GROBELNA Angelika</b>	<b>239</b>	BYDGOSZCZ NA START	K40	25	00:00:42	<b>00:27:29.90</b>	<b>00:28:12.40</b>	+00:11:23 (41.4%)	5:30	10.9 (58.6%)
551	<b>GOTOWICZ Mariusz</b>	<b>36</b>	KDP GOTOWICZ	M50	34	00:01:02	<b>00:27:29.95</b>	<b>00:28:32.30</b>	+00:11:23 (41.4%)	5:30	10.9 (58.6%)
552	<b>RAKOCZY Justyna</b>	<b>602</b>		K40	26	00:00:42	<b>00:27:30.20</b>	<b>00:28:12.60</b>	+00:11:23 (41.4%)	5:30	10.9 (58.6%)
553	<b>WITOS Ania</b>	<b>1296</b>		K20	46	00:00:08	<b>00:27:30.55</b>	<b>00:27:39.30</b>	+00:11:24 (41.5%)	5:30	10.9 (58.6%)
553	<b>DEPTUŁA Stanisław</b>	<b>845</b>		M10	18	00:01:03	<b>00:27:30.55</b>	<b>00:28:33.75</b>	+00:11:24 (41.5%)	5:30	10.9 (58.6%)
555	<b>SKORNIA Marika</b>	<b>1093</b>		K20	47	00:00:33	<b>00:27:33.05</b>	<b>00:28:06.50</b>	+00:11:26 (41.5%)	5:30	10.9 (58.6%)
556	<b>MARZEC Maciej</b>	<b>944</b>	TEBI	M40	95	00:01:16	<b>00:27:34.20</b>	<b>00:28:50.95</b>	+00:11:27 (41.6%)	5:30	10.9 (58.6%)
557	<b>GRZONKA Emilia</b>	<b>595</b>		K20	48	00:01:06	<b>00:27:34.45</b>	<b>00:28:40.90</b>	+00:11:28 (41.6%)	5:30	10.9 (58.6%)
558	<b>MARZEC Małgorzata</b>	<b>946</b>	TEBI	K40	27	00:01:16	<b>00:27:36.25</b>	<b>00:28:52.35</b>	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
559	<b>LASKOWSKA Aleksandra</b>	<b>1058</b>		K30	42	00:01:10	<b>00:27:36.55</b>	<b>00:28:47.15</b>	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
560	<b>JANUSZEWSKI Marcin</b>	<b>475</b>		M30	164	00:00:50	<b>00:27:36.85</b>	<b>00:28:27.40</b>	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
561	<b>RUCIŃSKI Rafał</b>	<b>511</b>	CYBERMORSY	M30	165	00:01:26	<b>00:27:37.05</b>	<b>00:29:03.70</b>	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
562	<b>ŚWIATLAK Piotr</b>	<b>931</b>	SOWA BYDGOSZCZ	M20	106	00:00:53	<b>00:27:38.10</b>	<b>00:28:31.25</b>	+00:11:31 (41.7%)	5:31	10.9 (58.6%)
563	<b>OBREMSKI Wojciech</b>	<b>1054</b>		M30	166	00:00:12	<b>00:27:38.25</b>	<b>00:27:50.85</b>	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
564	<b>SIWIAK Łukasz</b>	<b>998</b>		M30	167	00:01:21	<b>00:27:38.30</b>	<b>00:28:59.35</b>	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
565	<b>JURCZYK Piotr</b>	<b>417</b>	VIRTUAL RUNNER CLUB	M40	96	00:00:50	<b>00:27:38.50</b>	<b>00:28:29.35</b>	+00:11:32 (41.7%)	5:31	10.8 (58.1%)
566	<b>KRUK Krzysztof</b>	<b>662</b>		M40	97	00:00:40	<b>00:27:38.60</b>	<b>00:28:18.90</b>	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
567	<b>COUREL DEL RIO Virginia</b>	<b>1339</b>		K20	49	00:00:52	<b>00:27:38.90</b>	<b>00:28:31.35</b>	+00:11:32 (41.8%)	5:31	10.8 (58.1%)
568	<b>MARKIEWICZ Jakub</b>	<b>1101</b>		M30	168	00:00:21	<b>00:27:39.65</b>	<b>00:28:00.65</b>	+00:11:33 (41.8%)	5:31	10.8 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	WESOŁOWSKA Daniela	1075	SZURUSIE TEAM	K40	28	00:00:32	00:27:40.65	00:28:13.15	+00:11:34 (41.8%)	5:32	10.8 (58.1%)
570	ZALEWSKA Michalina	796	UKS KOPERNIK	K10	10	00:01:09	00:27:42.20	00:28:51.35	+00:11:35 (41.9%)	5:32	10.8 (58.1%)
571	WIELUŃSKA Dorota	182		K20	50	00:01:23	00:27:42.45	00:29:06.10	+00:11:36 (41.9%)	5:32	10.8 (58.1%)
572	LICZMAŃSKA Anna	991		K30	43	00:01:29	00:27:42.65	00:29:12.25	+00:11:36 (41.9%)	5:32	10.8 (58.1%)
573	PRZYBYTKOWSKI Mateusz	1312		M20	107	00:00:28	00:27:45.55	00:28:13.65	+00:11:39 (42.0%)	5:33	10.8 (58.1%)
574	JĘDRZEJAK Karol	1272		M20	108	00:00:13	00:27:47.45	00:28:01.25	+00:11:41 (42.1%)	5:33	10.8 (58.1%)
575	UHLENBERG Marek	743		M30	169	00:01:16	00:27:47.90	00:29:04.75	+00:11:41 (42.1%)	5:33	10.8 (58.1%)
576	KORALEWSKI Jakub	1314		M20	109	00:00:41	00:27:48.35	00:28:30.05	+00:11:42 (42.1%)	5:33	10.8 (58.1%)
577	OSTACH Michał	1287	GRUPA BIEGOWA IM. ŚW. STANISŁAWA KOSTKI	M30	170	00:01:20	00:27:48.85	00:29:09.55	+00:11:42 (42.1%)	5:33	10.8 (58.1%)
578	DĘBIEC Andrzej	668		M30	171	00:01:16	00:27:49.35	00:29:05.80	+00:11:43 (42.1%)	5:33	10.8 (58.1%)
579	RATAJCZAK Marcel	339		M10	19	00:00:09	00:27:50.35	00:27:59.55	+00:11:44 (42.2%)	5:34	10.8 (58.1%)
580	SKWAREK Bogumiła	1302		K50	6	00:00:42	00:27:51.95	00:28:34.60	+00:11:45 (42.2%)	5:34	10.8 (58.1%)
581	SKORA-TUPTANOWSKA Monika	1085		K30	44	00:01:16	00:27:52.10	00:29:08.25	+00:11:45 (42.2%)	5:34	10.8 (58.1%)
582	KOPERSKI Jan	1082		M60	6	00:00:36	00:27:54.00	00:28:30.50	+00:11:47 (42.3%)	5:34	10.8 (58.1%)
582	KLIMCZAK Justyna	140		K30	45	00:00:52	00:27:54.00	00:28:46.95	+00:11:47 (42.3%)	5:34	10.8 (58.1%)
584	PACEWICZ Wojciech	1246		M30	172	00:01:14	00:27:55.05	00:29:09.20	+00:11:48 (42.3%)	5:35	10.7 (57.5%)
585	NIEDBALSKI Karol	1334		M30	173	00:00:28	00:27:56.55	00:28:25.20	+00:11:50 (42.4%)	5:35	10.7 (57.5%)
586	NIEDBALSKI Edward	1132	NIE ZRZESZONY	M60	7	00:00:28	00:27:56.80	00:28:25.20	+00:11:50 (42.4%)	5:35	10.7 (57.5%)
587	HULISZ Daniel	1291		M20	110	00:00:33	00:27:57.35	00:28:31.30	+00:11:51 (42.4%)	5:35	10.7 (57.5%)
588	BURCZYK Roman	461		M40	98	00:01:32	00:27:58.40	00:29:30.95	+00:11:52 (42.4%)	5:35	10.7 (57.5%)
589	KRZYŻANOWSKA Patrycja	262		K20	51	00:00:40	00:27:59.10	00:28:39.65	+00:11:52 (42.5%)	5:35	10.7 (57.5%)
590	OLKOWSKI Eugeniusz	980		M60	8	00:01:01	00:27:59.75	00:29:01.35	+00:11:53 (42.5%)	5:36	10.7 (57.5%)
591	KASPROWICZ Piotr	525	JW 1515	M30	174	00:00:26	00:28:00.10	00:28:26.55	+00:11:53 (42.5%)	5:36	10.7 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	<b>KRYSTOFIAK Robert</b>	<b>639</b>		M40	99	00:00:48	<b>00:28:00.60</b>	<b>00:28:48.80</b>	+00:11:54 (42.5%)	5:36	10.7 (57.5%)
593	<b>DEPTUŁA Wojciech</b>	<b>843</b>	NIE ZRZESZONY	M60	9	00:01:03	<b>00:28:02.35</b>	<b>00:29:06.15</b>	+00:11:56 (42.6%)	5:36	10.7 (57.5%)
594	<b>WÓJCIK Marika</b>	<b>760</b>	BBL INOWROCLAW / INOWROCLAW BIEGA	K20	52	00:00:35	<b>00:28:02.85</b>	<b>00:28:38.75</b>	+00:11:56 (42.6%)	5:36	10.7 (57.5%)
595	<b>DRZEWIECKA Maria</b>	<b>1306</b>		K30	46	00:00:37	<b>00:28:03.50</b>	<b>00:28:41.40</b>	+00:11:57 (42.6%)	5:36	10.7 (57.5%)
596	<b>KOŁODZIEJSKI Błażej</b>	<b>748</b>		M30	175	00:01:11	<b>00:28:04.20</b>	<b>00:29:15.50</b>	+00:11:57 (42.6%)	5:36	10.7 (57.5%)
597	<b>ŁUKASIK Leszek</b>	<b>1289</b>	LEADER SCHOOL GNIEZNO	M30	176	00:01:21	<b>00:28:04.65</b>	<b>00:29:25.65</b>	+00:11:58 (42.6%)	5:36	10.7 (57.5%)
598	<b>SCIGOCKI Waldemar</b>	<b>1001</b>	BIEGNIJ Z PROSERVICE	M40	100	00:01:28	<b>00:28:05.75</b>	<b>00:29:34.10</b>	+00:11:59 (42.7%)	5:37	10.7 (57.5%)
599	<b>DRWĘCKI Daniel</b>	<b>520</b>	BIEGNIJ Z PROSERVICE	M30	177	00:01:28	<b>00:28:07.00</b>	<b>00:29:35.50</b>	+00:12:00 (42.7%)	5:37	10.7 (57.5%)
600	<b>WOJTYSIAK Alicja</b>	<b>95</b>		K30	47	00:00:53	<b>00:28:08.65</b>	<b>00:29:01.75</b>	+00:12:02 (42.8%)	5:37	10.7 (57.5%)
601	<b>BIERNAT Renata</b>	<b>1327</b>		K20	53	00:01:12	<b>00:28:08.95</b>	<b>00:29:21.50</b>	+00:12:02 (42.8%)	5:37	10.7 (57.5%)
602	<b>CIECHANOWSKI Radosław</b>	<b>1328</b>		M20	111	00:01:12	<b>00:28:09.15</b>	<b>00:29:21.50</b>	+00:12:02 (42.8%)	5:37	10.7 (57.5%)
603	<b>PRZYBYLSKA Grażyna</b>	<b>290</b>		K50	7	00:01:17	<b>00:28:09.85</b>	<b>00:29:27.55</b>	+00:12:03 (42.8%)	5:38	10.7 (57.5%)
604	<b>RADZIKOWSKI Przemysław</b>	<b>285</b>		M40	101	00:00:26	<b>00:28:10.60</b>	<b>00:28:37.25</b>	+00:12:04 (42.8%)	5:38	10.6 (57.0%)
605	<b>GREGO Mateusz</b>	<b>756</b>		M20	112	00:01:15	<b>00:28:12.00</b>	<b>00:29:27.85</b>	+00:12:05 (42.9%)	5:38	10.6 (57.0%)
606	<b>GRACZYKOWSKI Andrzej</b>	<b>197</b>	NADTO SIĘ JADŁO	M40	102	00:01:46	<b>00:28:12.80</b>	<b>00:29:59.00</b>	+00:12:06 (42.9%)	5:38	10.6 (57.0%)
607	<b>SMOCZYŃSKA Agnieszka</b>	<b>250</b>		K20	54	00:01:32	<b>00:28:13.00</b>	<b>00:29:45.65</b>	+00:12:06 (42.9%)	5:38	10.6 (57.0%)
608	<b>KOMAJDA Jarosław</b>	<b>959</b>	SOLECCY BIEGACZE	M50	35	00:01:11	<b>00:28:13.60</b>	<b>00:29:25.10</b>	+00:12:07 (42.9%)	5:38	10.6 (57.0%)
609	<b>WOLNY Tomasz</b>	<b>791</b>	DELTA	M30	178	00:00:12	<b>00:28:14.15</b>	<b>00:28:26.25</b>	+00:12:07 (43.0%)	5:38	10.6 (57.0%)
610	<b>BRZozowski Krzysztof</b>	<b>376</b>		M30	179	00:01:03	<b>00:28:14.30</b>	<b>00:29:17.55</b>	+00:12:08 (43.0%)	5:38	10.6 (57.0%)
611	<b>KOWALCZYK Zuzanna</b>	<b>910</b>		K20	55	00:01:16	<b>00:28:14.45</b>	<b>00:29:30.80</b>	+00:12:08 (43.0%)	5:38	10.6 (57.0%)
612	<b>WITKOWSKI Tomasz</b>	<b>1195</b>	VIVA LA VIDA	M30	180	00:00:27	<b>00:28:14.60</b>	<b>00:28:42.45</b>	+00:12:08 (43.0%)	5:39	10.6 (57.0%)
613	<b>WITKOWSKA Paulina</b>	<b>1264</b>	VIVA LA VIDA	K30	48	00:00:27	<b>00:28:15.25</b>	<b>00:28:42.65</b>	+00:12:09 (43.0%)	5:39	10.6 (57.0%)
614	<b>GADOMSKA Maria</b>	<b>735</b>	RUN BYDGOSZCZ	K60	2	00:00:33	<b>00:28:16.15</b>	<b>00:28:49.70</b>	+00:12:09 (43.0%)	5:39	10.6 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	<b>OLSZEWSKA-PAWLACZYK Dorota</b>	<b>93</b>		K30	49	00:00:18	<b>00:28:18.20</b>	<b>00:28:36.80</b>	+00:12:11 (43.1%)	5:39	10.6 (57.0%)
616	<b>LASKOWSKI Wojciech</b>	<b>1059</b>		M40	103	00:01:10	<b>00:28:19.20</b>	<b>00:29:29.45</b>	+00:12:12 (43.1%)	5:39	10.6 (57.0%)
617	<b>LEWANDOWSKA Izabela</b>	<b>745</b>		K30	50	00:00:16	<b>00:28:19.90</b>	<b>00:28:35.90</b>	+00:12:13 (43.2%)	5:39	10.6 (57.0%)
618	<b>JAGIELSKI Łukasz</b>	<b>1299</b>		M30	181	00:00:33	<b>00:28:20.10</b>	<b>00:28:53.40</b>	+00:12:13 (43.2%)	5:40	10.6 (57.0%)
619	<b>MIĘTKOWSKA Paulina</b>	<b>1239</b>		K20	56	00:01:11	<b>00:28:20.75</b>	<b>00:29:32.05</b>	+00:12:14 (43.2%)	5:40	10.6 (57.0%)
620	<b>DĄBROWSKI Michał</b>	<b>594</b>		M20	113	00:01:22	<b>00:28:21.15</b>	<b>00:29:43.85</b>	+00:12:14 (43.2%)	5:40	10.6 (57.0%)
621	<b>MIŁKOWSKA Monika</b>	<b>589</b>	RUN BYDGOSZCZ	K40	29	00:01:05	<b>00:28:22.60</b>	<b>00:29:28.35</b>	+00:12:16 (43.2%)	5:40	10.6 (57.0%)
622	<b>JACKOWIAK -ZALEWSKA Agnieszka</b>	<b>245</b>		K40	30	00:00:31	<b>00:28:22.80</b>	<b>00:28:54.70</b>	+00:12:16 (43.3%)	5:40	10.6 (57.0%)
623	<b>PODEMSKA Patrycja</b>	<b>177</b>	HDR WATAHA BYDGOSZCZ	K30	51	00:00:50	<b>00:28:25.35</b>	<b>00:29:16.05</b>	+00:12:19 (43.3%)	5:41	10.6 (57.0%)
624	<b>TRELA Jolanta</b>	<b>1201</b>		K30	52	00:00:57	<b>00:28:25.45</b>	<b>00:29:23.35</b>	+00:12:19 (43.3%)	5:41	10.6 (57.0%)
625	<b>DRÓŹDŹ Małgorzata</b>	<b>66</b>		K30	53	00:01:08	<b>00:28:25.55</b>	<b>00:29:33.85</b>	+00:12:19 (43.3%)	5:41	10.6 (57.0%)
626	<b>SZCZEPKOWSKI Andrzej</b>	<b>689</b>		M50	36	00:01:19	<b>00:28:25.80</b>	<b>00:29:44.80</b>	+00:12:19 (43.4%)	5:41	10.6 (57.0%)
627	<b>PIOTROWSKA Katarzyna</b>	<b>487</b>		K20	57	00:01:07	<b>00:28:26.25</b>	<b>00:29:33.85</b>	+00:12:20 (43.4%)	5:41	10.6 (57.0%)
628	<b>MAZUREK Anita</b>	<b>68</b>		K40	31	00:01:28	<b>00:28:26.75</b>	<b>00:29:55.60</b>	+00:12:20 (43.4%)	5:41	10.5 (56.5%)
629	<b>MADEJ Adam</b>	<b>1145</b>		M20	114	00:00:58	<b>00:28:27.20</b>	<b>00:29:25.75</b>	+00:12:20 (43.4%)	5:41	10.5 (56.5%)
630	<b>NAGORZYSKI Arkadiusz</b>	<b>109</b>	BIEGAM WSPIERAM MOTYWUJĘ	M30	182	00:00:26	<b>00:28:27.25</b>	<b>00:28:53.30</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
631	<b>NAGORZYSKA Sylwia</b>	<b>96</b>	BIEGAM WSPIERAM MOTYWUJĘ	K30	54	00:00:25	<b>00:28:27.40</b>	<b>00:28:53.00</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
631	<b>KIERNICKI Jarosław</b>	<b>1123</b>		M40	104	00:01:09	<b>00:28:27.40</b>	<b>00:29:36.45</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
633	<b>JEZIORSKA Monika</b>	<b>1097</b>		K30	55	00:00:59	<b>00:28:27.90</b>	<b>00:29:27.30</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
634	<b>JASKÓLSKI Andrzej</b>	<b>1300</b>		M40	105	00:00:30	<b>00:28:28.20</b>	<b>00:28:58.50</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
634	<b>KWIATKOWSKI Tomasz</b>	<b>719</b>	KAWUES	M50	37	00:01:05	<b>00:28:28.20</b>	<b>00:29:33.55</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
634	<b>LICZMAŃSKI Maciej</b>	<b>992</b>		M30	183	00:01:30	<b>00:28:28.20</b>	<b>00:29:58.60</b>	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
637	<b>KAMPER Małgorzata</b>	<b>1188</b>	BÓL TO ŚCIEMA	K40	32	00:00:29	<b>00:28:28.30</b>	<b>00:28:57.40</b>	+00:12:22 (43.4%)	5:41	10.5 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	BURCZYK Katarzyna	460		K40	33	00:01:32	00:28:29.75	00:30:02.10	+00:12:23 (43.5%)	5:42	10.5 (56.5%)
639	GIZIŃSKA Aleksandra	701		K20	58	00:01:10	00:28:30.50	00:29:41.15	+00:12:24 (43.5%)	5:42	10.5 (56.5%)
640	BUTRYM Dariusz	749		M40	106	00:01:47	00:28:32.60	00:30:19.95	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
641	SIUDA Marek	1025		M40	107	00:01:31	00:28:32.75	00:30:04.40	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
642	HEŁMINIAK Michał	962		M30	184	00:01:20	00:28:33.10	00:29:53.15	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
643	BUTRYM Piotr	380		M30	185	00:01:46	00:28:33.15	00:30:19.95	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
644	JAROCHA Michał	1108		M20	115	00:00:26	00:28:33.60	00:29:00.45	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
645	STASZKIEWICZ Radosław	464	CZARNE STOPY SM	M50	38	00:00:31	00:28:33.65	00:29:05.55	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
646	PROSEK Krzysztof	841		M40	108	00:01:30	00:28:33.90	00:30:04.00	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
647	PRIEBE Krzysztof	801		M50	39	00:00:32	00:28:36.35	00:29:09.20	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
648	BURNICKI Mariusz	672	BYDGOSKI KLUB MORSÓW	M50	40	00:01:29	00:28:36.65	00:30:05.70	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
649	WIŚNIEWSKI Maksymilian	373		M20	116	00:01:44	00:28:37.05	00:30:21.55	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
650	CEMKE Magdalena	31		K20	59	00:00:39	00:28:37.15	00:29:16.80	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
651	KUTER Wojciech	633		M20	117	00:01:35	00:28:37.65	00:30:13.05	+00:12:31 (43.7%)	5:43	10.5 (56.5%)
652	TOKARCZYK Maria	692		K30	56	00:01:11	00:28:37.75	00:29:49.15	+00:12:31 (43.7%)	5:43	10.5 (56.5%)
653	LEWANDOWSKI Piotr	1118		M40	109	00:01:15	00:28:37.85	00:29:53.75	+00:12:31 (43.8%)	5:43	10.5 (56.5%)
654	ADAMCZAK Damian	965		M30	186	00:00:44	00:28:38.75	00:29:23.55	+00:12:32 (43.8%)	5:43	10.5 (56.5%)
655	PIECYK-CZAJA Sonia	248		K30	57	00:00:37	00:28:38.80	00:29:16.35	+00:12:32 (43.8%)	5:43	10.5 (56.5%)
656	RUTKOWSKI Damian	687		M20	118	00:01:19	00:28:39.10	00:29:58.45	+00:12:32 (43.8%)	5:43	10.5 (56.5%)
657	KOŁODZIEJCZAK Adam	1103		M20	119	00:01:48	00:28:40.20	00:30:29.10	+00:12:33 (43.8%)	5:44	10.5 (56.5%)
658	OSSOWSKI Łukasz	577		M30	187	00:01:55	00:28:40.55	00:30:36.45	+00:12:34 (43.8%)	5:44	10.5 (56.5%)
659	PIÓRKOWSKI Rafał	343		M40	110	00:00:49	00:28:41.45	00:29:30.55	+00:12:35 (43.9%)	5:44	10.5 (56.5%)
660	GERLACH Waldemar	1060		M40	111	00:01:33	00:28:41.55	00:30:14.65	+00:12:35 (43.9%)	5:44	10.5 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	<b>RADZIŃSKA Joanna</b>	<b>568</b>	ZIELONY PELIKAN	K30	58	00:00:46	<b>00:28:41.70</b>	<b>00:29:27.75</b>	+00:12:35 (43.9%)	5:44	10.5 (56.5%)
662	<b>SERAP Sinem</b>	<b>514</b>		K30	59	00:01:11	<b>00:28:42.55</b>	<b>00:29:53.75</b>	+00:12:36 (43.9%)	5:44	10.5 (56.5%)
663	<b>NOWAKOWSKI Dawid</b>	<b>886</b>		M20	120	00:00:19	<b>00:28:42.70</b>	<b>00:29:01.75</b>	+00:12:36 (43.9%)	5:44	10.5 (56.5%)
664	<b>MIKA Monika</b>	<b>137</b>	KRAJNA SĘPÓLNO	K20	60	00:01:02	<b>00:28:42.85</b>	<b>00:29:45.05</b>	+00:12:36 (43.9%)	5:44	10.4 (55.9%)
665	<b>PORCZEK Bartłomiej</b>	<b>1068</b>		M20	121	00:01:30	<b>00:28:43.10</b>	<b>00:30:13.65</b>	+00:12:36 (43.9%)	5:44	10.4 (55.9%)
666	<b>SKORNIA Agata</b>	<b>1092</b>		K40	34	00:00:33	<b>00:28:43.85</b>	<b>00:29:17.45</b>	+00:12:37 (43.9%)	5:44	10.4 (55.9%)
667	<b>KAMINSKI Mariusz</b>	<b>1080</b>		M40	112	00:01:17	<b>00:28:43.90</b>	<b>00:30:01.60</b>	+00:12:37 (43.9%)	5:44	10.4 (55.9%)
668	<b>LUKASIEWICZ Krzysztof</b>	<b>777</b>		M40	113	00:01:47	<b>00:28:43.95</b>	<b>00:30:31.75</b>	+00:12:37 (44.0%)	5:44	10.4 (55.9%)
669	<b>KORZENIEWSKI Jacek</b>	<b>443</b>		M30	188	00:01:19	<b>00:28:44.90</b>	<b>00:30:04.55</b>	+00:12:38 (44.0%)	5:45	10.4 (55.9%)
670	<b>KOZACZYK Julia</b>	<b>1250</b>	BBL INOWROCŁAW	K10	11	00:00:34	<b>00:28:45.80</b>	<b>00:29:20.35</b>	+00:12:39 (44.0%)	5:45	10.4 (55.9%)
671	<b>CIERŹNICKI Zbigniew</b>	<b>839</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	41	00:00:54	<b>00:28:46.50</b>	<b>00:29:40.50</b>	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
672	<b>FOSS Dorota</b>	<b>952</b>	LEGE ARTIS	K30	60	00:01:49	<b>00:28:46.55</b>	<b>00:30:35.60</b>	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
673	<b>GALIŃSKI Bartosz</b>	<b>1</b>	BYDGOSKIE OKONIE	M20	122	00:00:46	<b>00:28:46.75</b>	<b>00:29:33.15</b>	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
674	<b>KUJAWSKA Klaudia</b>	<b>44</b>		K10	12	00:00:46	<b>00:28:46.95</b>	<b>00:29:33.25</b>	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
675	<b>LORENC-KRUSZYŃSKA Sylwia</b>	<b>953</b>		K30	61	00:01:10	<b>00:28:47.60</b>	<b>00:29:57.70</b>	+00:12:41 (44.1%)	5:45	10.4 (55.9%)
676	<b>ŻMICH Tomasz</b>	<b>1329</b>		M40	114	00:01:26	<b>00:28:48.30</b>	<b>00:30:14.55</b>	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
677	<b>SZATKOWSKA Beata</b>	<b>449</b>		K50	8	00:01:24	<b>00:28:48.55</b>	<b>00:30:12.60</b>	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
678	<b>SZCZĘSNY Arkadiusz</b>	<b>201</b>	DYNAMO SKARPA	M40	115	00:01:51	<b>00:28:48.80</b>	<b>00:30:40.50</b>	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
679	<b>QUAAS Łukasz</b>	<b>314</b>		M30	189	00:01:25	<b>00:28:49.15</b>	<b>00:30:14.50</b>	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
680	<b>CICHULSKA-QUAAS Izabela</b>	<b>852</b>	#BIEGAMJAION	K30	62	00:01:25	<b>00:28:49.35</b>	<b>00:30:14.50</b>	+00:12:43 (44.1%)	5:45	10.4 (55.9%)
681	<b>PRIEWE Paweł</b>	<b>111</b>	DYNAMO SKARPA	M30	190	00:01:50	<b>00:28:50.30</b>	<b>00:30:40.60</b>	+00:12:44 (44.2%)	5:46	10.4 (55.9%)
682	<b>CHMIELEWSKA Sylwia</b>	<b>681</b>	DYNAMO SKARPA	K20	61	00:01:49	<b>00:28:50.35</b>	<b>00:30:40.10</b>	+00:12:44 (44.2%)	5:46	10.4 (55.9%)
683	<b>RUBASZEWSKI Marcin</b>	<b>352</b>		M30	191	00:01:33	<b>00:28:50.90</b>	<b>00:30:24.15</b>	+00:12:44 (44.2%)	5:46	10.4 (55.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	<b>DZIERZANOWSKA Eliza</b>	<b>906</b>		K18	3	00:01:34	<b>00:28:53.20</b>	<b>00:30:27.95</b>	+00:12:46 (44.3%)	5:46	10.4 (55.9%)
685	<b>MROCZEK Barbara</b>	<b>1159</b>		K30	63	00:00:20	<b>00:28:53.80</b>	<b>00:29:14.65</b>	+00:12:47 (44.3%)	5:46	10.4 (55.9%)
686	<b>ZIELIŃSKI Robert</b>	<b>530</b>		M30	192	00:01:03	<b>00:28:57.50</b>	<b>00:30:01.30</b>	+00:12:51 (44.4%)	5:47	10.4 (55.9%)
687	<b>CIEŚLICKI Krzysztof</b>	<b>199</b>	SISU TEAM	M30	193	00:00:34	<b>00:28:57.90</b>	<b>00:29:31.95</b>	+00:12:51 (44.4%)	5:47	10.4 (55.9%)
688	<b>GRYGORCZUK Elżbieta</b>	<b>724</b>		K60	3	00:00:20	<b>00:28:58.45</b>	<b>00:29:19.40</b>	+00:12:52 (44.4%)	5:47	10.4 (55.9%)
689	<b>ADAMCZAK Ewa</b>	<b>964</b>		K30	64	00:00:45	<b>00:28:58.90</b>	<b>00:29:44.35</b>	+00:12:52 (44.4%)	5:47	10.4 (55.9%)
690	<b>MIKOŁAJCZAK Magdalena</b>	<b>237</b>		K40	35	00:00:35	<b>00:28:59.80</b>	<b>00:29:35.00</b>	+00:12:53 (44.5%)	5:48	10.3 (55.4%)
691	<b>BOROWICZ Anna</b>	<b>120</b>		K30	65	00:00:54	<b>00:28:59.85</b>	<b>00:29:54.80</b>	+00:12:53 (44.5%)	5:48	10.3 (55.4%)
691	<b>ROGOZIŃSKA Karolina</b>	<b>1154</b>		K30	66	00:00:54	<b>00:28:59.85</b>	<b>00:29:54.80</b>	+00:12:53 (44.5%)	5:48	10.3 (55.4%)
693	<b>KOZACZYK Joanna</b>	<b>1249</b>	BBL INOWROCŁAW	K40	36	00:00:34	<b>00:29:01.00</b>	<b>00:29:35.85</b>	+00:12:54 (44.5%)	5:48	10.3 (55.4%)
694	<b>MICHNIEWICZ Małgorzata</b>	<b>53</b>		K30	67	00:00:44	<b>00:29:01.90</b>	<b>00:29:46.45</b>	+00:12:55 (44.5%)	5:48	10.3 (55.4%)
694	<b>PRUSINOWSKI Jakub</b>	<b>1213</b>		M20	123	00:01:11	<b>00:29:01.90</b>	<b>00:30:13.05</b>	+00:12:55 (44.5%)	5:48	10.3 (55.4%)
696	<b>STĘPIEŃ Monika</b>	<b>1065</b>	CZARNE STOPYSM	K40	37	00:00:48	<b>00:29:02.30</b>	<b>00:29:50.85</b>	+00:12:56 (44.5%)	5:48	10.3 (55.4%)
697	<b>NOWICKI Adam</b>	<b>650</b>		M40	116	00:01:06	<b>00:29:03.20</b>	<b>00:30:09.95</b>	+00:12:56 (44.6%)	5:48	10.3 (55.4%)
698	<b>BIERNACKA Julia</b>	<b>1363</b>		K10	13	00:00:20	<b>00:29:07.15</b>	<b>00:29:27.60</b>	+00:13:00 (44.7%)	5:49	10.3 (55.4%)
699	<b>BIERNACKA Anka</b>	<b>257</b>		K30	68	00:00:20	<b>00:29:07.35</b>	<b>00:29:27.65</b>	+00:13:01 (44.7%)	5:49	10.3 (55.4%)
700	<b>PORAZINSKA Viktoria</b>	<b>4</b>		K40	38	00:01:15	<b>00:29:08.55</b>	<b>00:30:23.65</b>	+00:13:02 (44.7%)	5:49	10.3 (55.4%)
700	<b>AUGUSTYNIAK Piotr</b>	<b>103</b>		M40	117	00:01:15	<b>00:29:08.55</b>	<b>00:30:23.80</b>	+00:13:02 (44.7%)	5:49	10.3 (55.4%)
702	<b>NAPIÓRKOWSKA Ewa</b>	<b>670</b>		K60	4	00:00:41	<b>00:29:08.60</b>	<b>00:29:49.90</b>	+00:13:02 (44.7%)	5:49	10.3 (55.4%)
703	<b>SZULC Joanna</b>	<b>89</b>		K40	39	00:01:15	<b>00:29:08.70</b>	<b>00:30:23.80</b>	+00:13:02 (44.7%)	5:49	10.3 (55.4%)
704	<b>PODOSEK Magdalena</b>	<b>613</b>	BYDGOSZCZ	K30	69	00:01:20	<b>00:29:10.10</b>	<b>00:30:30.95</b>	+00:13:03 (44.8%)	5:50	10.3 (55.4%)
705	<b>SULIKOWSKI Jakub</b>	<b>1251</b>		M20	124	00:01:11	<b>00:29:10.75</b>	<b>00:30:22.05</b>	+00:13:04 (44.8%)	5:50	10.3 (55.4%)
706	<b>PISZCZ Andrzej</b>	<b>706</b>		M40	118	00:01:06	<b>00:29:10.90</b>	<b>00:30:17.35</b>	+00:13:04 (44.8%)	5:50	10.3 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	<b>JĘDRYCZKA Agnieszka</b>	<b>616</b>		K40	40	00:00:25	<b>00:29:11.05</b>	<b>00:29:36.40</b>	+00:13:04 (44.8%)	5:50	10.3 (55.4%)
708	<b>GODZIK Kamil</b>	<b>174</b>	DYNAMO SKARPA	M40	119	00:00:29	<b>00:29:12.60</b>	<b>00:29:42.35</b>	+00:13:06 (44.9%)	5:50	10.3 (55.4%)
709	<b>KOCHAŃSKA Natalia</b>	<b>1086</b>		K20	62	00:01:04	<b>00:29:13.85</b>	<b>00:30:18.15</b>	+00:13:07 (44.9%)	5:50	10.3 (55.4%)
710	<b>MULLER Jakub</b>	<b>705</b>	STOWARZYSZENIE SERDUSZKO NA DŁONI	M10	20	00:00:07	<b>00:29:14.55</b>	<b>00:29:21.55</b>	+00:13:08 (44.9%)	5:50	10.3 (55.4%)
711	<b>SIUPKA Paweł</b>	<b>737</b>		M20	125	00:01:37	<b>00:29:14.60</b>	<b>00:30:51.95</b>	+00:13:08 (44.9%)	5:50	10.3 (55.4%)
712	<b>RATKE Kamil</b>	<b>1293</b>		M30	194	00:00:22	<b>00:29:15.05</b>	<b>00:29:37.65</b>	+00:13:08 (44.9%)	5:51	10.3 (55.4%)
713	<b>MIKLER Aleksandra</b>	<b>29</b>		K20	63	00:00:51	<b>00:29:15.15</b>	<b>00:30:06.60</b>	+00:13:08 (44.9%)	5:51	10.3 (55.4%)
714	<b>PODOLSKI Mariusz</b>	<b>1353</b>	EVERY DAY RUNNING TEAM	M30	195	00:01:28	<b>00:29:17.15</b>	<b>00:30:45.65</b>	+00:13:10 (45.0%)	5:51	10.2 (54.8%)
715	<b>BOREK Marcin</b>	<b>432</b>		M40	120	00:00:49	<b>00:29:18.10</b>	<b>00:30:08.00</b>	+00:13:11 (45.0%)	5:51	10.2 (54.8%)
716	<b>ORZECHOWSKI Michał</b>	<b>17</b>		M30	196	00:00:17	<b>00:29:18.20</b>	<b>00:29:36.15</b>	+00:13:11 (45.0%)	5:51	10.2 (54.8%)
717	<b>BANDOCH Jacek</b>	<b>908</b>		M20	126	00:01:08	<b>00:29:18.25</b>	<b>00:30:27.20</b>	+00:13:12 (45.0%)	5:51	10.2 (54.8%)
718	<b>KOWALKOWSKA Alicja</b>	<b>1361</b>	EVERY DAY RUNNING TEAM	K20	64	00:01:27	<b>00:29:18.50</b>	<b>00:30:46.15</b>	+00:13:12 (45.1%)	5:51	10.2 (54.8%)
719	<b>IDCZAK-BOREK Hania</b>	<b>429</b>		K40	41	00:00:49	<b>00:29:19.00</b>	<b>00:30:08.75</b>	+00:13:12 (45.1%)	5:51	10.2 (54.8%)
720	<b>ZAKRZEWSKI Adam</b>	<b>356</b>		M20	127	00:00:52	<b>00:29:20.55</b>	<b>00:30:13.25</b>	+00:13:14 (45.1%)	5:52	10.2 (54.8%)
721	<b>BRĄGIEL Anna</b>	<b>401</b>	VEGE RUNNERS	K30	70	00:00:41	<b>00:29:22.60</b>	<b>00:30:04.55</b>	+00:13:16 (45.2%)	5:52	10.2 (54.8%)
722	<b>WOŁOSZYN Kazimierz</b>	<b>269</b>	ROWEROWA BRZOZA /BRZOZA BIEGA	M60	10	00:01:05	<b>00:29:23.80</b>	<b>00:30:29.15</b>	+00:13:17 (45.2%)	5:52	10.2 (54.8%)
723	<b>PALIGA Mateusz</b>	<b>422</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	128	00:01:01	<b>00:29:24.05</b>	<b>00:30:25.35</b>	+00:13:17 (45.2%)	5:52	10.2 (54.8%)
724	<b>JODKOWSKI Rafał</b>	<b>819</b>		M20	129	00:01:53	<b>00:29:25.25</b>	<b>00:31:18.80</b>	+00:13:19 (45.3%)	5:53	10.2 (54.8%)
725	<b>DOMERACKA Oliwia</b>	<b>114</b>	MLKS TUCHOLANKA TUCHOLA	K20	65	00:00:59	<b>00:29:25.50</b>	<b>00:30:25.25</b>	+00:13:19 (45.3%)	5:53	10.2 (54.8%)
726	<b>FILIPEK Mirosława</b>	<b>16</b>	PTASIE MLECZKA	K40	42	00:00:24	<b>00:29:27.70</b>	<b>00:29:51.75</b>	+00:13:21 (45.3%)	5:53	10.2 (54.8%)
727	<b>RUTKOWSKI Tomasz</b>	<b>40</b>		M40	121	00:00:23	<b>00:29:27.90</b>	<b>00:29:51.40</b>	+00:13:21 (45.3%)	5:53	10.2 (54.8%)
728	<b>KULCZYK Sebastian</b>	<b>973</b>		M40	122	00:00:38	<b>00:29:29.15</b>	<b>00:30:07.90</b>	+00:13:22 (45.4%)	5:53	10.2 (54.8%)
729	<b>TWARDOWSKI Łukasz</b>	<b>878</b>		M30	197	00:00:53	<b>00:29:30.45</b>	<b>00:30:24.30</b>	+00:13:24 (45.4%)	5:54	10.2 (54.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	<b>WALKOWIAK Rafał</b>	<b>686</b>		M20	130	00:01:11	<b>00:29:30.60</b>	<b>00:30:42.50</b>	+00:13:24 (45.4%)	5:54	10.2 (54.8%)
731	<b>WAWRZY尼亚K Karolina</b>	<b>324</b>		K30	71	00:00:21	<b>00:29:31.30</b>	<b>00:29:52.45</b>	+00:13:25 (45.4%)	5:54	10.2 (54.8%)
732	<b>SKRZĄTEK Anna</b>	<b>1147</b>		K40	43	00:01:14	<b>00:29:31.45</b>	<b>00:30:45.85</b>	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
733	<b>BANASIK Marcin</b>	<b>664</b>		M20	131	00:00:40	<b>00:29:31.70</b>	<b>00:30:12.00</b>	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
733	<b>REREK Agnieszka</b>	<b>531</b>		K20	66	00:00:40	<b>00:29:31.70</b>	<b>00:30:11.70</b>	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
735	<b>TREPANOWSKI Tomasz</b>	<b>786</b>		M50	42	00:01:14	<b>00:29:31.90</b>	<b>00:30:45.90</b>	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
736	<b>ZABOROWSKI Robert</b>	<b>742</b>		M40	123	00:00:43	<b>00:29:32.20</b>	<b>00:30:15.90</b>	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
737	<b>PIKULIK Natalia</b>	<b>83</b>		K30	72	00:00:24	<b>00:29:32.30</b>	<b>00:29:57.15</b>	+00:13:26 (45.5%)	5:54	10.2 (54.8%)
738	<b>DANIELEK Adam</b>	<b>25</b>	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M40	124	00:01:12	<b>00:29:32.40</b>	<b>00:30:44.45</b>	+00:13:26 (45.5%)	5:54	10.2 (54.8%)
739	<b>LIPIŃSKI Adam</b>	<b>847</b>		M20	132	00:01:18	<b>00:29:33.60</b>	<b>00:30:52.40</b>	+00:13:27 (45.5%)	5:54	10.1 (54.3%)
740	<b>CHROMIŃSKA Paulina</b>	<b>1079</b>		K20	67	00:00:07	<b>00:29:33.85</b>	<b>00:29:41.00</b>	+00:13:27 (45.5%)	5:54	10.1 (54.3%)
741	<b>BUSKA Aleksandra</b>	<b>918</b>		K20	68	00:00:46	<b>00:29:34.75</b>	<b>00:30:21.70</b>	+00:13:28 (45.6%)	5:55	10.1 (54.3%)
742	<b>KAMIŃSKI Michał</b>	<b>345</b>		M40	125	00:00:51	<b>00:29:35.75</b>	<b>00:30:27.35</b>	+00:13:29 (45.6%)	5:55	10.1 (54.3%)
743	<b>MEGER Agnieszka</b>	<b>228</b>		K40	44	00:00:26	<b>00:29:36.50</b>	<b>00:30:02.55</b>	+00:13:30 (45.6%)	5:55	10.1 (54.3%)
744	<b>PIETRUSZKIEWICZ Klaudia</b>	<b>235</b>		K20	69	00:01:06	<b>00:29:38.60</b>	<b>00:30:45.25</b>	+00:13:32 (45.7%)	5:55	10.1 (54.3%)
745	<b>CISZEWSKA Emilia</b>	<b>362</b>		K30	73	00:00:39	<b>00:29:38.80</b>	<b>00:30:18.45</b>	+00:13:32 (45.7%)	5:55	10.1 (54.3%)
746	<b>CYBUL Krzysztof</b>	<b>379</b>		M30	198	00:00:39	<b>00:29:40.15</b>	<b>00:30:20.00</b>	+00:13:33 (45.7%)	5:56	10.1 (54.3%)
747	<b>ANDRZEJEWSKA Joanna</b>	<b>912</b>		K40	45	00:00:31	<b>00:29:40.85</b>	<b>00:30:12.15</b>	+00:13:34 (45.7%)	5:56	10.1 (54.3%)
748	<b>ANDRZEJEWSKI Paweł</b>	<b>911</b>		M40	126	00:00:31	<b>00:29:40.95</b>	<b>00:30:12.30</b>	+00:13:34 (45.7%)	5:56	10.1 (54.3%)
749	<b>SARNECKA Małgorzata</b>	<b>691</b>	BANDA ŁYSEGO	K40	46	00:01:10	<b>00:29:41.90</b>	<b>00:30:52.60</b>	+00:13:35 (45.8%)	5:56	10.1 (54.3%)
750	<b>DANKOWIAKOWSKA Anna</b>	<b>1072</b>		K20	70	00:01:01	<b>00:29:42.20</b>	<b>00:30:43.95</b>	+00:13:35 (45.8%)	5:56	10.1 (54.3%)
750	<b>DANKOWIAKOWSKI Paweł</b>	<b>456</b>		M30	199	00:01:01	<b>00:29:42.20</b>	<b>00:30:44.10</b>	+00:13:35 (45.8%)	5:56	10.1 (54.3%)
752	<b>LEWANDOWSKA Magdalena</b>	<b>690</b>	BANDA ŁYSEGO	K30	74	00:01:10	<b>00:29:42.35</b>	<b>00:30:52.95</b>	+00:13:36 (45.8%)	5:56	10.1 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	<b>POCZWARDOWSKA Wioletta</b>	<b>810</b>		K40	47	00:00:38	<b>00:29:45.50</b>	<b>00:30:23.60</b>	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
754	<b>DZEDZEJ Bartłomiej</b>	<b>271</b>	KK ASTORIA	M30	200	00:01:27	<b>00:29:45.70</b>	<b>00:31:13.30</b>	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
755	<b>DĘBICKA Joanna</b>	<b>272</b>	KK ASTORIA	K20	71	00:01:27	<b>00:29:45.75</b>	<b>00:31:13.15</b>	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
756	<b>SMERLIŃSKI Robert</b>	<b>710</b>	-	M40	127	00:01:36	<b>00:29:45.80</b>	<b>00:31:22.45</b>	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
757	<b>SOBOTA Beata</b>	<b>480</b>		K30	75	00:00:19	<b>00:29:46.50</b>	<b>00:30:06.25</b>	+00:13:40 (45.9%)	5:57	10.1 (54.3%)
758	<b>FRELICHOWSKA Karolina</b>	<b>130</b>	CB163	K30	76	00:01:39	<b>00:29:46.70</b>	<b>00:31:25.95</b>	+00:13:40 (45.9%)	5:57	10.1 (54.3%)
759	<b>MŁYNARCZYK Monika</b>	<b>493</b>		K20	72	00:00:42	<b>00:29:47.40</b>	<b>00:30:29.65</b>	+00:13:41 (45.9%)	5:57	10.1 (54.3%)
760	<b>JAROSZEWSKA Małgorzata</b>	<b>902</b>		K30	77	00:00:56	<b>00:29:49.35</b>	<b>00:30:45.75</b>	+00:13:43 (46.0%)	5:57	10.1 (54.3%)
761	<b>KOT Franciszek</b>	<b>678</b>	DECATHLON TEAM INOWROCŁAW	M60	11	00:00:36	<b>00:29:50.70</b>	<b>00:30:27.55</b>	+00:13:44 (46.0%)	5:58	10.1 (54.3%)
762	<b>GRZYWACZ Karolina</b>	<b>766</b>		K30	78	00:00:09	<b>00:29:51.80</b>	<b>00:30:01.10</b>	+00:13:45 (46.1%)	5:58	10 (53.8%)
763	<b>STACHEWICZ Sławomir</b>	<b>617</b>		M40	128	00:00:25	<b>00:29:52.30</b>	<b>00:30:17.50</b>	+00:13:46 (46.1%)	5:58	10 (53.8%)
764	<b>SZYDŁOWSKA Beata</b>	<b>823</b>	KLUB ZDROWIA	K50	9	00:00:37	<b>00:29:52.40</b>	<b>00:30:29.85</b>	+00:13:46 (46.1%)	5:58	10 (53.8%)
765	<b>SZCZEPAŃSKA-DOLNA Edyta</b>	<b>522</b>		K40	48	00:00:50	<b>00:29:53.30</b>	<b>00:30:43.35</b>	+00:13:47 (46.1%)	5:58	10 (53.8%)
766	<b>JANKOWSKI Rafał</b>	<b>80</b>	7 BDH SZARE WILKI	M40	129	00:00:55	<b>00:29:53.80</b>	<b>00:30:49.45</b>	+00:13:47 (46.1%)	5:58	10 (53.8%)
767	<b>SKUPSZ Jędrzej Kazmierz</b>	<b>260</b>	RZEKA SPORTU	M30	201	00:01:52	<b>00:29:53.95</b>	<b>00:31:46.00</b>	+00:13:47 (46.1%)	5:58	10 (53.8%)
768	<b>WIŚNIEWSKI Krzysztof</b>	<b>680</b>		M50	43	00:00:21	<b>00:29:54.80</b>	<b>00:30:16.25</b>	+00:13:48 (46.2%)	5:59	10 (53.8%)
768	<b>WIŚNIEWSKA Lucyna</b>	<b>679</b>		K50	10	00:00:21	<b>00:29:54.80</b>	<b>00:30:16.45</b>	+00:13:48 (46.2%)	5:59	10 (53.8%)
770	<b>ŁUDZIŃSKI Marek</b>	<b>610</b>		M50	44	00:01:36	<b>00:29:57.20</b>	<b>00:31:33.85</b>	+00:13:50 (46.2%)	5:59	10 (53.8%)
771	<b>OTT Małgorzata</b>	<b>110</b>		K18	4	00:00:57	<b>00:29:57.70</b>	<b>00:30:55.50</b>	+00:13:51 (46.3%)	5:59	10 (53.8%)
772	<b>OŻGA Agnieszka</b>	<b>13</b>	NOKIA BYDGOSZCZ	K30	79	00:00:48	<b>00:29:57.80</b>	<b>00:30:46.15</b>	+00:13:51 (46.3%)	5:59	10 (53.8%)
773	<b>RATAJCZAK Arleta</b>	<b>1168</b>		K40	49	00:00:33	<b>00:29:59.30</b>	<b>00:30:32.30</b>	+00:13:53 (46.3%)	5:59	10 (53.8%)
774	<b>MAĆKOWIAK Magdalena</b>	<b>332</b>	LUXTORPEDY	K30	80	00:00:49	<b>00:30:01.15</b>	<b>00:30:51.10</b>	+00:13:54 (46.4%)	6:00	10 (53.8%)
775	<b>SZEWczykowski Grzegorz</b>	<b>418</b>	BYDGOSKIE ŻÓŁWIE	M30	202	00:00:54	<b>00:30:01.30</b>	<b>00:30:56.10</b>	+00:13:55 (46.4%)	6:00	10 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
776	<b>KROPIDŁOWSKI Bartosz</b>	<b>1279</b>		M30	203	00:01:41	<b>00:30:01.45</b>	<b>00:31:42.60</b>	+00:13:55 (46.4%)	6:00	10 (53.8%)
777	<b>STĘPIEŃ Bogdan</b>	<b>329</b>	LUXTORPEDY	M30	204	00:00:49	<b>00:30:01.55</b>	<b>00:30:51.15</b>	+00:13:55 (46.4%)	6:00	10 (53.8%)
778	<b>PAPROCKA Małgorzata</b>	<b>873</b>		K50	11	00:01:03	<b>00:30:02.00</b>	<b>00:31:05.80</b>	+00:13:55 (46.4%)	6:00	10 (53.8%)
779	<b>MYK-KOPACZ Agnieszka</b>	<b>941</b>		K30	81	00:01:04	<b>00:30:02.10</b>	<b>00:31:06.85</b>	+00:13:55 (46.4%)	6:00	10 (53.8%)
780	<b>CZARNECKA -PIJAROWSKA Dominika</b>	<b>1181</b>	WUJEK PORADA TEAM	K30	82	00:00:36	<b>00:30:03.45</b>	<b>00:30:39.80</b>	+00:13:57 (46.4%)	6:00	10 (53.8%)
781	<b>WRÓBLEWSKA Oliwia</b>	<b>833</b>		K10	14	00:00:58	<b>00:30:04.85</b>	<b>00:31:03.65</b>	+00:13:58 (46.5%)	6:01	10 (53.8%)
782	<b>RYDELSKA Kinga</b>	<b>327</b>		K40	50	00:00:55	<b>00:30:06.10</b>	<b>00:31:01.70</b>	+00:13:59 (46.5%)	6:01	10 (53.8%)
783	<b>DOLATA Grzegorz</b>	<b>404</b>		M40	130	00:00:57	<b>00:30:06.55</b>	<b>00:31:03.60</b>	+00:14:00 (46.5%)	6:01	10 (53.8%)
784	<b>ASTUKIEWICZ Maksymilian</b>	<b>1125</b>		M20	133	00:01:52	<b>00:30:07.35</b>	<b>00:31:59.95</b>	+00:14:01 (46.5%)	6:01	10 (53.8%)
785	<b>PAWSKI Przemysław</b>	<b>1318</b>		M20	134	00:00:34	<b>00:30:07.60</b>	<b>00:30:42.30</b>	+00:14:01 (46.5%)	6:01	10 (53.8%)
786	<b>ROSADA Marcin</b>	<b>671</b>		M20	135	00:01:19	<b>00:30:07.85</b>	<b>00:31:27.60</b>	+00:14:01 (46.6%)	6:01	10 (53.8%)
787	<b>DRESLERSKA Agnieszka</b>	<b>730</b>		K30	83	00:00:37	<b>00:30:08.45</b>	<b>00:30:45.55</b>	+00:14:02 (46.6%)	6:01	10 (53.8%)
788	<b>KOWALSKA Justyna</b>	<b>1062</b>	BIEGAJĄCE PSYCHOPATKI	K20	73	00:01:43	<b>00:30:10.00</b>	<b>00:31:53.45</b>	+00:14:03 (46.6%)	6:02	9.9 (53.2%)
789	<b>PLUTKA Martyna</b>	<b>413</b>		K20	74	00:00:51	<b>00:30:10.50</b>	<b>00:31:01.50</b>	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
790	<b>PRZEWOŹNIAK Rafał</b>	<b>254</b>	TRI FAMILY	M20	136	00:00:29	<b>00:30:10.80</b>	<b>00:30:40.65</b>	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
791	<b>JANICKI Robert</b>	<b>414</b>	RUN BYDGOSZCZ	M30	205	00:00:50	<b>00:30:10.90</b>	<b>00:31:01.70</b>	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
792	<b>PRZEWOŹNIAK Marta</b>	<b>19</b>		K20	75	00:00:29	<b>00:30:11.00</b>	<b>00:30:40.90</b>	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
793	<b>LEMIEŻ Andrzej</b>	<b>842</b>	SOLECCY BIEGACZE	M40	131	00:01:05	<b>00:30:11.75</b>	<b>00:31:17.10</b>	+00:14:05 (46.7%)	6:02	9.9 (53.2%)
794	<b>SAPALSKA Michalina</b>	<b>213</b>		K20	76	00:00:45	<b>00:30:11.85</b>	<b>00:30:57.40</b>	+00:14:05 (46.7%)	6:02	9.9 (53.2%)
795	<b>ASTUKIEWICZ Tomasz</b>	<b>24</b>		M40	132	00:01:52	<b>00:30:16.70</b>	<b>00:32:09.25</b>	+00:14:10 (46.8%)	6:03	9.9 (53.2%)
796	<b>MICHALSKA Aleksandra</b>	<b>570</b>		K40	51	00:00:44	<b>00:30:16.75</b>	<b>00:31:01.70</b>	+00:14:10 (46.8%)	6:03	9.9 (53.2%)
797	<b>SZTEJKA Jolanta</b>	<b>374</b>	BENEFITKSO	K40	52	00:01:24	<b>00:30:18.05</b>	<b>00:31:42.90</b>	+00:14:11 (46.9%)	6:03	9.9 (53.2%)
798	<b>PADZIKOWSKA Agnieszka</b>	<b>447</b>		K30	84	00:01:42	<b>00:30:18.10</b>	<b>00:32:00.85</b>	+00:14:11 (46.9%)	6:03	9.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
799	<b>DZIEWIECZYŃSKI Maciej</b>	<b>1170</b>		M30	206	00:00:27	<b>00:30:19.20</b>	<b>00:30:47.15</b>	+00:14:12 (46.9%)	6:04	9.9 (53.2%)
800	<b>SIEDLECKI Rafał</b>	<b>984</b>		M20	137	00:01:35	<b>00:30:19.75</b>	<b>00:31:55.65</b>	+00:14:13 (46.9%)	6:04	9.9 (53.2%)
801	<b>MARZEC Michał</b>	<b>955</b>	ZARZĄD	M20	138	00:01:37	<b>00:30:20.60</b>	<b>00:31:58.55</b>	+00:14:14 (46.9%)	6:04	9.9 (53.2%)
802	<b>WUDNIAK Agnieszka</b>	<b>615</b>		K40	53	00:00:24	<b>00:30:21.00</b>	<b>00:30:45.55</b>	+00:14:14 (46.9%)	6:04	9.9 (53.2%)
803	<b>CENTAŁA Jarosław</b>	<b>227</b>	WUJEK PORADA	M30	207	00:01:26	<b>00:30:21.30</b>	<b>00:31:47.60</b>	+00:14:15 (46.9%)	6:04	9.9 (53.2%)
804	<b>NOSKOWIAK-BAJNO Alicja</b>	<b>361</b>		K30	85	00:00:30	<b>00:30:22.35</b>	<b>00:30:53.00</b>	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
805	<b>KASZUBOWSKI Daniel</b>	<b>767</b>		M20	139	00:00:56	<b>00:30:22.45</b>	<b>00:31:18.85</b>	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
806	<b>MIKOŁAJEWSKI Jacek</b>	<b>1161</b>	'ROWER' S.C. WIŚLANA	M40	133	00:01:14	<b>00:30:22.65</b>	<b>00:31:36.90</b>	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
807	<b>KOSTRZEWSKA Agata</b>	<b>1049</b>		K30	86	00:00:36	<b>00:30:23.00</b>	<b>00:30:59.15</b>	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
807	<b>IWAN Remigiusz</b>	<b>1160</b>		M40	134	00:01:13	<b>00:30:23.00</b>	<b>00:31:36.70</b>	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
809	<b>WESOŁOWSKI Rafał</b>	<b>1076</b>	SZURUSIE TEAM	M40	135	00:00:32	<b>00:30:24.20</b>	<b>00:30:56.75</b>	+00:14:17 (47.0%)	6:04	9.9 (53.2%)
810	<b>ZADWORNA Kasia</b>	<b>903</b>		K30	87	00:00:56	<b>00:30:25.05</b>	<b>00:31:21.30</b>	+00:14:18 (47.1%)	6:05	9.9 (53.2%)
811	<b>JABŁOŃSKI Szymon</b>	<b>1077</b>		M20	140	00:00:31	<b>00:30:25.15</b>	<b>00:30:56.15</b>	+00:14:18 (47.1%)	6:05	9.9 (53.2%)
812	<b>MAJEWSKA Aleksandra</b>	<b>12</b>	TEBI	K20	77	00:01:37	<b>00:30:25.75</b>	<b>00:32:02.90</b>	+00:14:19 (47.1%)	6:05	9.9 (53.2%)
813	<b>KROLL Agnieszka</b>	<b>1110</b>	RUN BYDGOSZCZ	K20	78	00:00:53	<b>00:30:27.70</b>	<b>00:31:21.15</b>	+00:14:21 (47.1%)	6:05	9.8 (52.7%)
814	<b>ROGALSKA Marcelina</b>	<b>1319</b>		K20	79	00:00:34	<b>00:30:28.55</b>	<b>00:31:02.85</b>	+00:14:22 (47.2%)	6:05	9.8 (52.7%)
815	<b>KONOPIŃSKA Agnieszka</b>	<b>544</b>		K30	88	00:00:26	<b>00:30:32.25</b>	<b>00:30:58.50</b>	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
816	<b>PYSZKA Maciej</b>	<b>510</b>		M20	141	00:01:39	<b>00:30:32.40</b>	<b>00:32:12.05</b>	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
817	<b>TOKARSKA Alicja</b>	<b>147</b>	VEGE RUNNERS	K30	89	00:01:21	<b>00:30:32.65</b>	<b>00:31:54.05</b>	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
818	<b>RZEŹNIKOWSKA Anna</b>	<b>776</b>		K30	90	00:01:51	<b>00:30:32.95</b>	<b>00:32:24.20</b>	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
819	<b>ZAMIATOWSKA Kinga</b>	<b>515</b>	BELLA LINE BDB	K40	54	00:00:25	<b>00:30:33.20</b>	<b>00:30:58.55</b>	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
820	<b>OSTROWSKA Justyna</b>	<b>195</b>		K30	91	00:01:51	<b>00:30:34.20</b>	<b>00:32:25.70</b>	+00:14:27 (47.3%)	6:06	9.8 (52.7%)
821	<b>CENTKOWSKA Ewelina</b>	<b>1292</b>		K30	92	00:01:44	<b>00:30:34.50</b>	<b>00:32:18.65</b>	+00:14:28 (47.3%)	6:06	9.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
822	STANISZEWSKA Joanna	1290		K30	93	00:01:44	00:30:34.80	00:32:18.80	+00:14:28 (47.3%)	6:06	9.8 (52.7%)
823	KULCZYŃSKI Przemysław	1038	TYPYGRUBE	M30	208	00:00:11	00:30:36.40	00:30:47.75	+00:14:30 (47.4%)	6:07	9.8 (52.7%)
824	FELKNER Alicja	938		K10	15	00:00:48	00:30:36.65	00:31:25.25	+00:14:30 (47.4%)	6:07	9.8 (52.7%)
825	GRACZYK Dawid	1156		M20	142	00:00:10	00:30:37.70	00:30:47.95	+00:14:31 (47.4%)	6:07	9.8 (52.7%)
826	JANIC Arek	856		M10	21	00:00:46	00:30:38.00	00:31:24.15	+00:14:31 (47.4%)	6:07	9.8 (52.7%)
827	SZOŁDRA Marta	226	WPL BYDGOSZCZ	K20	80	00:01:04	00:30:41.95	00:31:46.20	+00:14:35 (47.5%)	6:08	9.8 (52.7%)
828	KOTLĘGA Agata	1305		K20	81	00:00:44	00:30:43.50	00:31:28.15	+00:14:37 (47.6%)	6:08	9.8 (52.7%)
829	ŁUDZIŃSKI Jakub	606	CALISTHENICS ACADEMY	M30	209	00:00:35	00:30:43.90	00:31:19.10	+00:14:37 (47.6%)	6:08	9.8 (52.7%)
830	PRZYBYSZEWSKI Marcin	1175		M40	136	00:00:25	00:30:44.75	00:31:10.25	+00:14:38 (47.6%)	6:09	9.8 (52.7%)
831	KARSKI Hubert	802		M60	12	00:00:46	00:30:45.25	00:31:32.15	+00:14:39 (47.6%)	6:09	9.8 (52.7%)
832	STEFAŃSKI Dawid	564		M10	22	00:01:14	00:30:45.40	00:32:00.00	+00:14:39 (47.6%)	6:09	9.8 (52.7%)
833	SZYMAŃSKI Bartosz	1212		M30	210	00:01:20	00:30:46.65	00:32:06.85	+00:14:40 (47.7%)	6:09	9.8 (52.7%)
834	JANIC Dagmara	861		K10	16	00:00:46	00:30:46.80	00:31:32.95	+00:14:40 (47.7%)	6:09	9.8 (52.7%)
835	KULCZYK Żaneta	18	TEBI	K20	82	00:01:37	00:30:49.35	00:32:26.80	+00:14:43 (47.8%)	6:09	9.7 (52.2%)
836	STREICH Marlena	607	CALISTHENICS ACADEMY	K20	83	00:00:35	00:30:49.85	00:31:25.05	+00:14:43 (47.8%)	6:10	9.7 (52.2%)
837	RUTKOWSKA Weronika	848		K20	84	00:00:54	00:30:50.00	00:31:44.65	+00:14:43 (47.8%)	6:10	9.7 (52.2%)
838	JAROMIRSKA Karolina	1064		K20	85	00:00:33	00:30:50.20	00:31:23.25	+00:14:43 (47.8%)	6:10	9.7 (52.2%)
839	WIŚNIEWSKA-KACZOR Iga	175		K30	94	00:01:07	00:30:50.70	00:31:58.45	+00:14:44 (47.8%)	6:10	9.7 (52.2%)
840	RUTKOWSKA Natalia	867		K20	86	00:00:54	00:30:50.80	00:31:44.80	+00:14:44 (47.8%)	6:10	9.7 (52.2%)
841	WÓJCIK Tomasz	113		M40	137	00:00:31	00:30:51.10	00:31:22.15	+00:14:44 (47.8%)	6:10	9.7 (52.2%)
842	ŁASICKA Katarzyna	106	TEBI	K40	55	00:01:38	00:30:51.55	00:32:29.60	+00:14:45 (47.8%)	6:10	9.7 (52.2%)
843	GUMIENNY Maciej	673		M40	138	00:01:47	00:30:52.75	00:32:40.35	+00:14:46 (47.8%)	6:10	9.7 (52.2%)
844	GRUSZKA Marek	1045	NIEZRZESZONY	M50	45	00:00:18	00:30:54.40	00:31:12.40	+00:14:48 (47.9%)	6:10	9.7 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
845	<b>RUTKOWSKA Kinga</b>	<b>865</b>		K20	87	00:00:53	<b>00:30:54.85</b>	<b>00:31:48.55</b>	+00:14:48 (47.9%)	6:11	9.7 (52.2%)
846	<b>STEFAŃSKA Wiesława</b>	<b>563</b>		K30	95	00:01:14	<b>00:30:57.15</b>	<b>00:32:11.75</b>	+00:14:50 (48.0%)	6:11	9.7 (52.2%)
847	<b>BUDZIAK Tymoteusz</b>	<b>287</b>		M10	23	00:01:41	<b>00:30:57.45</b>	<b>00:32:39.25</b>	+00:14:51 (48.0%)	6:11	9.7 (52.2%)
848	<b>JANIC Joanna</b>	<b>853</b>		K40	56	00:00:46	<b>00:30:58.70</b>	<b>00:31:45.05</b>	+00:14:52 (48.0%)	6:11	9.7 (52.2%)
849	<b>PACYNA Ewa</b>	<b>206</b>		K20	88	00:01:09	<b>00:31:01.55</b>	<b>00:32:11.20</b>	+00:14:55 (48.1%)	6:12	9.7 (52.2%)
850	<b>OWCZARZ Łukasz</b>	<b>1205</b>		M30	211	00:00:22	<b>00:31:02.50</b>	<b>00:31:24.90</b>	+00:14:56 (48.1%)	6:12	9.7 (52.2%)
851	<b>BUDZIAK Zuzanna</b>	<b>337</b>		K10	17	00:01:41	<b>00:31:03.90</b>	<b>00:32:45.05</b>	+00:14:57 (48.2%)	6:12	9.7 (52.2%)
852	<b>BŁAŻEJCZYK Pawel</b>	<b>1332</b>		M20	143	00:01:31	<b>00:31:04.15</b>	<b>00:32:35.25</b>	+00:14:57 (48.2%)	6:12	9.7 (52.2%)
853	<b>BUDZIŃSKA Anita</b>	<b>759</b>		K40	57	00:00:21	<b>00:31:04.30</b>	<b>00:31:26.10</b>	+00:14:58 (48.2%)	6:13	9.7 (52.2%)
854	<b>GOŁATA Agnieszka</b>	<b>70</b>	WILCZA WATAHA	K30	96	00:01:08	<b>00:31:04.50</b>	<b>00:32:12.65</b>	+00:14:58 (48.2%)	6:12	9.7 (52.2%)
855	<b>BUDZIAK Bartosz</b>	<b>282</b>		M40	139	00:01:40	<b>00:31:04.85</b>	<b>00:32:45.00</b>	+00:14:58 (48.2%)	6:13	9.7 (52.2%)
856	<b>DANIELEK Ewa</b>	<b>108</b>		K30	97	00:01:11	<b>00:31:05.85</b>	<b>00:32:17.50</b>	+00:14:59 (48.2%)	6:13	9.6 (51.6%)
857	<b>KRUSIK Aleksandra</b>	<b>536</b>	ALBATROSY	K20	89	00:00:24	<b>00:31:05.95</b>	<b>00:31:30.25</b>	+00:14:59 (48.2%)	6:13	9.6 (51.6%)
858	<b>JENCZEWSKI Szymon</b>	<b>649</b>	ALBATROSY	M20	144	00:00:23	<b>00:31:06.70</b>	<b>00:31:30.10</b>	+00:15:00 (48.2%)	6:13	9.6 (51.6%)
858	<b>WIELIŃSKI Wojciech</b>	<b>169</b>		M30	212	00:01:12	<b>00:31:06.70</b>	<b>00:32:18.90</b>	+00:15:00 (48.2%)	6:13	9.6 (51.6%)
860	<b>WÓJCIK Anna</b>	<b>123</b>		K30	98	00:00:30	<b>00:31:07.20</b>	<b>00:31:37.65</b>	+00:15:00 (48.3%)	6:13	9.6 (51.6%)
861	<b>WISNIEWSKI Tadeusz</b>	<b>1127</b>		M50	46	00:01:07	<b>00:31:07.70</b>	<b>00:32:14.85</b>	+00:15:01 (48.3%)	6:13	9.6 (51.6%)
862	<b>KŁOBUKOWSKA Patrycja</b>	<b>658</b>		K20	90	00:00:52	<b>00:31:08.90</b>	<b>00:32:01.55</b>	+00:15:02 (48.3%)	6:13	9.6 (51.6%)
863	<b>OKRĘGLICKA Barbara</b>	<b>84</b>		K50	12	00:00:14	<b>00:31:12.15</b>	<b>00:31:27.00</b>	+00:15:05 (48.4%)	6:14	9.6 (51.6%)
864	<b>NELKE Monika</b>	<b>864</b>		K40	58	00:01:14	<b>00:31:12.45</b>	<b>00:32:27.40</b>	+00:15:06 (48.4%)	6:14	9.6 (51.6%)
865	<b>KIERZKOWSKI Paweł</b>	<b>970</b>		M30	213	00:01:23	<b>00:31:12.55</b>	<b>00:32:35.90</b>	+00:15:06 (48.4%)	6:14	9.6 (51.6%)
866	<b>SOBOTA Gracja</b>	<b>454</b>		K30	99	00:01:18	<b>00:31:13.15</b>	<b>00:32:31.75</b>	+00:15:06 (48.4%)	6:14	9.6 (51.6%)
867	<b>KOWALSKI Bartosz</b>	<b>409</b>		M30	214	00:01:09	<b>00:31:14.25</b>	<b>00:32:23.30</b>	+00:15:08 (48.4%)	6:14	9.6 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
868	<b>STELAK-KOWALSKA Joanna</b>	<b>411</b>		K30	100	00:01:08	<b>00:31:14.55</b>	<b>00:32:23.20</b>	+00:15:08 (48.5%)	6:15	9.6 (51.6%)
869	<b>SZCZEPANIAK Natalia</b>	<b>640</b>		K30	101	00:01:23	<b>00:31:17.20</b>	<b>00:32:40.65</b>	+00:15:10 (48.5%)	6:15	9.6 (51.6%)
870	<b>KRAWCZYK Martyna</b>	<b>1260</b>		K20	91	00:01:10	<b>00:31:18.60</b>	<b>00:32:28.95</b>	+00:15:12 (48.6%)	6:15	9.6 (51.6%)
871	<b>FARBOTKO Marcin</b>	<b>1285</b>	FARBOTKI	M40	140	00:01:41	<b>00:31:19.05</b>	<b>00:33:00.95</b>	+00:15:12 (48.6%)	6:15	9.6 (51.6%)
872	<b>ZUZA-WITKOWSKA Anna</b>	<b>1000</b>	KTR MASA TURYSTYCZNA	K40	59	00:01:26	<b>00:31:19.20</b>	<b>00:32:45.85</b>	+00:15:12 (48.6%)	6:15	9.6 (51.6%)
873	<b>WITKOWSKI Paweł</b>	<b>100</b>	KTR MASA TURYSTYCZNA	M10	24	00:01:26	<b>00:31:19.30</b>	<b>00:32:46.15</b>	+00:15:13 (48.6%)	6:16	9.6 (51.6%)
874	<b>DROŻNIEWSKA Ada</b>	<b>1308</b>		K20	92	00:00:38	<b>00:31:20.10</b>	<b>00:31:58.65</b>	+00:15:13 (48.6%)	6:16	9.6 (51.6%)
875	<b>PALIŃSKI Grzegorz</b>	<b>897</b>		M30	215	00:01:38	<b>00:31:20.35</b>	<b>00:32:58.70</b>	+00:15:14 (48.6%)	6:16	9.6 (51.6%)
876	<b>DZIEWIECZYŃSKA Arleta</b>	<b>1169</b>		K30	102	00:00:27	<b>00:31:22.15</b>	<b>00:31:49.20</b>	+00:15:15 (48.7%)	6:16	9.6 (51.6%)
877	<b>MUCHA-BOINSKA Anna</b>	<b>993</b>		K30	103	00:00:43	<b>00:31:22.95</b>	<b>00:32:06.90</b>	+00:15:16 (48.7%)	6:16	9.6 (51.6%)
878	<b>FELKNER Sylwia</b>	<b>936</b>		K40	60	00:01:01	<b>00:31:23.15</b>	<b>00:32:24.75</b>	+00:15:16 (48.7%)	6:16	9.6 (51.6%)
878	<b>WORZAŁA Michał</b>	<b>59</b>		M20	145	00:01:54	<b>00:31:23.15</b>	<b>00:33:17.85</b>	+00:15:16 (48.7%)	6:16	9.6 (51.6%)
880	<b>JASIACZYK Krystyna</b>	<b>1252</b>	BBL INOWROCŁAW	K50	13	00:01:18	<b>00:31:24.25</b>	<b>00:32:42.25</b>	+00:15:18 (48.7%)	6:16	9.6 (51.6%)
881	<b>DOBROWOLSKI Krzysztof</b>	<b>943</b>		M40	141	00:00:47	<b>00:31:26.20</b>	<b>00:32:13.40</b>	+00:15:19 (48.8%)	6:17	9.5 (51.1%)
882	<b>PIÓRKOWSKA Aga</b>	<b>27</b>	BRB BYDGOSZCZ	K40	61	00:00:45	<b>00:31:27.65</b>	<b>00:32:13.50</b>	+00:15:21 (48.8%)	6:17	9.5 (51.1%)
883	<b>GAJEWSKA Monika</b>	<b>1190</b>		K30	104	00:01:40	<b>00:31:28.00</b>	<b>00:33:08.70</b>	+00:15:21 (48.8%)	6:17	9.5 (51.1%)
884	<b>KOWALSKA Magdalena</b>	<b>390</b>		K20	93	00:01:44	<b>00:31:28.05</b>	<b>00:33:12.40</b>	+00:15:21 (48.8%)	6:17	9.5 (51.1%)
885	<b>BIAŁKOWSKI Kamil</b>	<b>304</b>		M30	216	00:01:41	<b>00:31:28.35</b>	<b>00:33:09.50</b>	+00:15:22 (48.8%)	6:17	9.5 (51.1%)
886	<b>LEBA Monika</b>	<b>244</b>		K20	94	00:01:43	<b>00:31:28.55</b>	<b>00:33:12.45</b>	+00:15:22 (48.8%)	6:17	9.5 (51.1%)
887	<b>FARBOTKO Amelia</b>	<b>1284</b>	FARBOTKI	K10	18	00:01:42	<b>00:31:29.05</b>	<b>00:33:11.10</b>	+00:15:22 (48.8%)	6:17	9.5 (51.1%)
888	<b>ZYGMUNT Paulina</b>	<b>172</b>		K20	95	00:01:39	<b>00:31:29.10</b>	<b>00:33:08.85</b>	+00:15:22 (48.9%)	6:17	9.5 (51.1%)
889	<b>FLORCZAK Monika</b>	<b>704</b>		K40	62	00:01:04	<b>00:31:29.80</b>	<b>00:32:34.10</b>	+00:15:23 (48.9%)	6:18	9.5 (51.1%)
890	<b>PIJAROWSKI Milan</b>	<b>1182</b>		M10	25	00:00:35	<b>00:31:30.05</b>	<b>00:32:06.00</b>	+00:15:23 (48.9%)	6:18	9.5 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
891	KATLEWSKI Marcin	167		M30	217	00:01:08	00:31:30.45	00:32:38.85	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
892	KATLEWSKA Marika	163		K30	105	00:01:08	00:31:30.50	00:32:38.80	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
893	WŁODARCZYK Adam	718		M20	146	00:01:41	00:31:31.05	00:33:12.95	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
894	SŁOWIŃSKA Joanna	930		K40	63	00:01:09	00:31:31.10	00:32:40.95	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
895	MIKOŁAJCZAK Aleksandra	161	SOLECCY BIEGACZE	K40	64	00:00:45	00:31:31.90	00:32:17.45	+00:15:25 (48.9%)	6:18	9.5 (51.1%)
896	FARBOTKO Amelia	1283	FARBOTKI	K10	19	00:01:43	00:31:33.05	00:33:16.45	+00:15:26 (49.0%)	6:18	9.5 (51.1%)
897	FARBOTKO Ania	1282	FARBOTKI	K40	65	00:01:43	00:31:33.10	00:33:16.15	+00:15:26 (49.0%)	6:18	9.5 (51.1%)
898	PULKOWSKA Natalia	707		K30	106	00:01:04	00:31:35.90	00:32:40.00	+00:15:29 (49.0%)	6:19	9.5 (51.1%)
899	NAWROCKA Joanna	713	VAUPE TEAM	K30	107	00:00:58	00:31:37.00	00:32:35.95	+00:15:30 (49.1%)	6:19	9.5 (51.1%)
900	FLOREK Piotr	52	RUNADDICTS	M50	47	00:01:52	00:31:38.60	00:33:31.20	+00:15:32 (49.1%)	6:19	9.5 (51.1%)
901	SMYŁA Krzysztof	1242		M30	218	00:01:47	00:31:40.70	00:33:27.85	+00:15:34 (49.2%)	6:20	9.5 (51.1%)
902	KUBICKA Sandra	1063	BIEGAJĄCE PSYCHOPATKI	K20	96	00:01:42	00:31:40.75	00:33:23.10	+00:15:34 (49.2%)	6:20	9.5 (51.1%)
903	JUAN Lea	1340		K20	97	00:00:52	00:31:40.85	00:32:33.80	+00:15:34 (49.2%)	6:20	9.5 (51.1%)
904	MAJKA Jagoda	1241		K30	108	00:01:46	00:31:41.10	00:33:28.05	+00:15:34 (49.2%)	6:20	9.5 (51.1%)
905	DOBRZAŃSKA Anna	104		K20	98	00:01:38	00:31:42.20	00:33:20.95	+00:15:35 (49.2%)	6:20	9.5 (51.1%)
906	KORZENIOWSKA Beata	1197	EMOTION	K40	66	00:00:35	00:31:42.30	00:32:18.05	+00:15:36 (49.2%)	6:20	9.5 (51.1%)
907	TUBAJA Anita	1088	KABEL TEAM BYDGOSZCZ	K40	67	00:00:39	00:31:45.20	00:32:25.00	+00:15:38 (49.3%)	6:21	9.4 (50.5%)
908	URBAŃSKA Agnieszka	697		K30	109	00:00:47	00:31:48.00	00:32:35.40	+00:15:41 (49.4%)	6:21	9.4 (50.5%)
909	WITKOWSKA Karolina	1157		K40	68	00:01:21	00:31:48.65	00:33:10.45	+00:15:42 (49.4%)	6:21	9.4 (50.5%)
910	JAWORSKI Paweł	624		M30	219	00:01:22	00:31:51.60	00:33:13.90	+00:15:45 (49.5%)	6:22	9.4 (50.5%)
911	GRZECHOWIAK Ania	403		K20	99	00:01:21	00:31:52.80	00:33:14.70	+00:15:46 (49.5%)	6:22	9.4 (50.5%)
912	WANKE Przemysław	311		M40	142	00:01:26	00:31:53.80	00:33:20.00	+00:15:47 (49.5%)	6:22	9.4 (50.5%)
913	ZAWORSKA Anna	491		K20	100	00:00:24	00:31:54.45	00:32:19.40	+00:15:48 (49.5%)	6:23	9.4 (50.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
914	<b>BIAŁEK Roman</b>	<b>1005</b>		M20	147	00:00:40	<b>00:31:55.60</b>	<b>00:32:36.00</b>	+00:15:49 (49.6%)	6:23	9.4 (50.5%)
915	<b>LEWANDOWSKA Beata</b>	<b>1119</b>		K40	69	00:01:15	<b>00:31:55.65</b>	<b>00:33:11.05</b>	+00:15:49 (49.6%)	6:23	9.4 (50.5%)
916	<b>SOŁOBODOWSKA Weronika</b>	<b>1137</b>		K20	101	00:01:05	<b>00:31:56.25</b>	<b>00:33:01.75</b>	+00:15:50 (49.6%)	6:23	9.4 (50.5%)
917	<b>WICHROWSKA Marta</b>	<b>1244</b>		K20	102	00:00:26	<b>00:31:58.95</b>	<b>00:32:25.30</b>	+00:15:52 (49.6%)	6:23	9.4 (50.5%)
918	<b>BETKA Marta</b>	<b>1115</b>		K30	110	00:01:35	<b>00:32:00.00</b>	<b>00:33:35.05</b>	+00:15:53 (49.7%)	6:24	9.4 (50.5%)
919	<b>JAGOS Olimpia</b>	<b>1116</b>		K20	103	00:01:34	<b>00:32:00.35</b>	<b>00:33:35.30</b>	+00:15:54 (49.7%)	6:24	9.4 (50.5%)
920	<b>ŚLĘZAK Rafał</b>	<b>1317</b>		M40	143	00:01:22	<b>00:32:01.75</b>	<b>00:33:23.95</b>	+00:15:55 (49.7%)	6:24	9.4 (50.5%)
921	<b>KUJAWA Kamil</b>	<b>427</b>		M30	220	00:01:09	<b>00:32:02.50</b>	<b>00:33:11.75</b>	+00:15:56 (49.7%)	6:24	9.4 (50.5%)
921	<b>KUJAWA Iwona</b>	<b>431</b>		K30	111	00:01:09	<b>00:32:02.50</b>	<b>00:33:11.60</b>	+00:15:56 (49.7%)	6:24	9.4 (50.5%)
923	<b>MODRZEWSKI Łukasz</b>	<b>579</b>		M40	144	00:00:19	<b>00:32:05.00</b>	<b>00:32:24.60</b>	+00:15:58 (49.8%)	6:25	9.4 (50.5%)
924	<b>ŻARNOCH Patrycja</b>	<b>1271</b>		K20	104	00:00:13	<b>00:32:06.40</b>	<b>00:32:20.20</b>	+00:16:00 (49.8%)	6:25	9.3 (50.0%)
925	<b>HARACEWIAT Cezary</b>	<b>368</b>		M50	48	00:00:33	<b>00:32:08.00</b>	<b>00:32:41.35</b>	+00:16:01 (49.9%)	6:25	9.3 (50.0%)
926	<b>TEWS Marzena</b>	<b>866</b>		K40	70	00:01:01	<b>00:32:08.85</b>	<b>00:33:10.00</b>	+00:16:02 (49.9%)	6:25	9.3 (50.0%)
927	<b>OSTROWSKA Renata</b>	<b>711</b>		K30	112	00:01:00	<b>00:32:09.15</b>	<b>00:33:09.80</b>	+00:16:02 (49.9%)	6:25	9.3 (50.0%)
928	<b>LISOWSKI Sebastian</b>	<b>572</b>		M40	145	00:01:40	<b>00:32:12.45</b>	<b>00:33:53.40</b>	+00:16:06 (50.0%)	6:26	9.3 (50.0%)
929	<b>ORZECHOWSKA Agnieszka</b>	<b>1265</b>		K30	113	00:00:26	<b>00:32:12.65</b>	<b>00:32:39.40</b>	+00:16:06 (50.0%)	6:26	9.3 (50.0%)
930	<b>KMIEĆ Norbert</b>	<b>565</b>	NORBI	M40	146	00:00:32	<b>00:32:13.90</b>	<b>00:32:46.85</b>	+00:16:07 (50.0%)	6:26	9.3 (50.0%)
931	<b>GNIEWKOWSKI Daniel</b>	<b>1263</b>		M30	221	00:00:27	<b>00:32:15.95</b>	<b>00:32:43.80</b>	+00:16:09 (50.1%)	6:27	9.3 (50.0%)
932	<b>KUŹNIAR Melisa</b>	<b>478</b>		K20	105	00:00:58	<b>00:32:18.00</b>	<b>00:33:16.60</b>	+00:16:11 (50.1%)	6:27	9.3 (50.0%)
933	<b>KUŹNIAR Patryk</b>	<b>476</b>		M20	148	00:00:59	<b>00:32:19.20</b>	<b>00:33:18.30</b>	+00:16:12 (50.2%)	6:27	9.3 (50.0%)
933	<b>ZŁAKOWSKA Sandra</b>	<b>1360</b>		K20	106	00:01:00	<b>00:32:19.20</b>	<b>00:33:19.45</b>	+00:16:12 (50.2%)	6:27	9.3 (50.0%)
935	<b>ZŁAKOWSKA Amelia</b>	<b>1359</b>		K10	20	00:01:00	<b>00:32:20.05</b>	<b>00:33:20.40</b>	+00:16:13 (50.2%)	6:28	9.3 (50.0%)
936	<b>NOWAKOWSKA Sylwia</b>	<b>388</b>		K40	71	00:01:12	<b>00:32:20.40</b>	<b>00:33:33.05</b>	+00:16:14 (50.2%)	6:28	9.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
937	<b>GRABOWSKA Ilona</b>	<b>47</b>		K30	114	00:01:06	<b>00:32:20.70</b>	<b>00:33:27.45</b>	+00:16:14 (50.2%)	6:28	9.3 (50.0%)
938	<b>RÓŻAŃSKI Kamil</b>	<b>218</b>	3GRAVITY	M30	222	00:01:40	<b>00:32:22.00</b>	<b>00:34:02.15</b>	+00:16:15 (50.2%)	6:28	9.3 (50.0%)
939	<b>BIERYT Arkadiusz</b>	<b>435</b>	POLI-FAX UL. BOCZNA 10	M50	49	00:00:55	<b>00:32:22.60</b>	<b>00:33:18.55</b>	+00:16:16 (50.3%)	6:28	9.3 (50.0%)
940	<b>RÓŻAŃSKA Marta</b>	<b>220</b>		K30	115	00:01:38	<b>00:32:22.95</b>	<b>00:34:01.85</b>	+00:16:16 (50.3%)	6:28	9.3 (50.0%)
941	<b>GROCHOWALSKI Arkadiusz</b>	<b>1074</b>		M40	147	00:01:41	<b>00:32:23.70</b>	<b>00:34:05.15</b>	+00:16:17 (50.3%)	6:28	9.3 (50.0%)
942	<b>MARĆ Robert</b>	<b>1235</b>		M40	148	00:01:27	<b>00:32:26.05</b>	<b>00:33:53.90</b>	+00:16:19 (50.3%)	6:29	9.2 (49.5%)
943	<b>GROBELNA Ida</b>	<b>1007</b>		K20	107	00:01:35	<b>00:32:26.15</b>	<b>00:34:01.70</b>	+00:16:19 (50.4%)	6:29	9.2 (49.5%)
944	<b>MARĆ Agnieszka</b>	<b>1234</b>		K40	72	00:01:27	<b>00:32:26.35</b>	<b>00:33:53.90</b>	+00:16:20 (50.4%)	6:29	9.2 (49.5%)
945	<b>MARĆ Klara</b>	<b>1236</b>		K10	21	00:01:27	<b>00:32:26.45</b>	<b>00:33:53.75</b>	+00:16:20 (50.4%)	6:29	9.2 (49.5%)
946	<b>DEMBEK Maciej</b>	<b>284</b>	LOS KUMPLOS	M20	149	00:00:45	<b>00:32:27.00</b>	<b>00:33:12.15</b>	+00:16:20 (50.4%)	6:29	9.2 (49.5%)
947	<b>ŻMICH Aleksandra</b>	<b>806</b>		K30	116	00:01:13	<b>00:32:28.65</b>	<b>00:33:41.90</b>	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
947	<b>NOWOSADKO Przemysław</b>	<b>905</b>		M30	223	00:01:12	<b>00:32:28.65</b>	<b>00:33:41.55</b>	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
949	<b>GRZESZAK Sławomir</b>	<b>890</b>		M20	150	00:01:12	<b>00:32:29.00</b>	<b>00:33:41.30</b>	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
950	<b>KULCZYK Albert</b>	<b>28</b>		M20	151	00:01:45	<b>00:32:29.05</b>	<b>00:34:14.80</b>	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
951	<b>BIELUSZEWSKA Mirela</b>	<b>65</b>		K30	117	00:01:32	<b>00:32:29.40</b>	<b>00:34:01.60</b>	+00:16:23 (50.4%)	6:29	9.2 (49.5%)
952	<b>MICHTA Iwona</b>	<b>387</b>	SPÓJNIA BIAŁE BŁOTA	K30	118	00:01:32	<b>00:32:29.55</b>	<b>00:34:01.90</b>	+00:16:23 (50.4%)	6:29	9.2 (49.5%)
953	<b>STĘPKOWSKA Izabela</b>	<b>11</b>	TEBI	K40	73	00:01:44	<b>00:32:31.30</b>	<b>00:34:15.95</b>	+00:16:25 (50.5%)	6:30	9.2 (49.5%)
954	<b>KRZEMIŃSKI Piotr</b>	<b>291</b>		M30	224	00:01:52	<b>00:32:33.55</b>	<b>00:34:25.55</b>	+00:16:27 (50.5%)	6:30	9.2 (49.5%)
955	<b>KOSZCZYŃSKA Kinga</b>	<b>275</b>		K30	119	00:01:51	<b>00:32:33.90</b>	<b>00:34:25.35</b>	+00:16:27 (50.5%)	6:30	9.2 (49.5%)
956	<b>ŻEBROWSKI Michał</b>	<b>264</b>		M30	225	00:01:30	<b>00:32:34.40</b>	<b>00:34:05.25</b>	+00:16:28 (50.6%)	6:31	9.2 (49.5%)
957	<b>PYTLIŃSKI Paweł</b>	<b>653</b>	BYDGOSKIE ŻÓŁWIE	M30	226	00:00:54	<b>00:32:38.05</b>	<b>00:33:32.35</b>	+00:16:31 (50.7%)	6:31	9.2 (49.5%)
958	<b>TWARDOWSKA Katarzyna</b>	<b>827</b>		K40	74	00:01:16	<b>00:32:40.75</b>	<b>00:33:56.90</b>	+00:16:34 (50.7%)	6:32	9.2 (49.5%)
959	<b>MAJEWSKI Mirosław</b>	<b>1036</b>		M50	50	00:00:57	<b>00:32:41.15</b>	<b>00:33:38.20</b>	+00:16:34 (50.7%)	6:32	9.2 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
960	<b>SUDOŁ Karolina</b>	<b>185</b>		K40	75	00:01:22	<b>00:32:41.60</b>	<b>00:34:04.55</b>	+00:16:35 (50.7%)	6:32	9.2 (49.5%)
961	<b>BANASZAK Arleta</b>	<b>1105</b>		K40	76	00:01:12	<b>00:32:41.90</b>	<b>00:33:54.65</b>	+00:16:35 (50.7%)	6:32	9.2 (49.5%)
962	<b>SOBACKA Kamila</b>	<b>134</b>	GALERIA WHISKY	K30	120	00:01:09	<b>00:32:42.70</b>	<b>00:33:52.65</b>	+00:16:36 (50.8%)	6:32	9.2 (49.5%)
963	<b>BUCHOLC Dominika</b>	<b>1155</b>		K18	5	00:00:36	<b>00:32:42.90</b>	<b>00:33:19.15</b>	+00:16:36 (50.8%)	6:32	9.2 (49.5%)
964	<b>BARANOWSKA Izabela</b>	<b>448</b>	DECATHLON TEAM INOWROCLAW	K50	14	00:00:35	<b>00:32:43.40</b>	<b>00:33:19.15</b>	+00:16:37 (50.8%)	6:32	9.2 (49.5%)
965	<b>GRUBICH Arkadiusz</b>	<b>750</b>		M40	149	00:01:17	<b>00:32:43.80</b>	<b>00:34:00.95</b>	+00:16:37 (50.8%)	6:32	9.2 (49.5%)
966	<b>MAGIEROWSKA-GRUBICH Daria</b>	<b>751</b>		K30	121	00:01:17	<b>00:32:44.05</b>	<b>00:34:01.10</b>	+00:16:37 (50.8%)	6:32	9.2 (49.5%)
967	<b>GRABSKA Patrycja</b>	<b>846</b>		K20	108	00:00:43	<b>00:32:47.75</b>	<b>00:33:31.35</b>	+00:16:41 (50.9%)	6:33	9.1 (48.9%)
968	<b>PLUCIŃSKA-HUK Aleksandra</b>	<b>787</b>	PACTUM	K40	77	00:01:33	<b>00:32:53.55</b>	<b>00:34:26.95</b>	+00:16:47 (51.0%)	6:34	9.1 (48.9%)
969	<b>ROBAKOWSKI Waldemar</b>	<b>788</b>	PACTUM	M40	150	00:01:33	<b>00:32:54.05</b>	<b>00:34:27.35</b>	+00:16:47 (51.1%)	6:34	9.1 (48.9%)
970	<b>SZALA Monika</b>	<b>39</b>		K30	122	00:00:51	<b>00:32:55.20</b>	<b>00:33:46.85</b>	+00:16:48 (51.1%)	6:35	9.1 (48.9%)
970	<b>NADRAJKOWSKA Joanna</b>	<b>90</b>		K30	123	00:01:28	<b>00:32:55.20</b>	<b>00:34:23.65</b>	+00:16:48 (51.1%)	6:35	9.1 (48.9%)
972	<b>TUBISZ Agnieszka</b>	<b>738</b>		K30	124	00:00:51	<b>00:32:55.50</b>	<b>00:33:47.15</b>	+00:16:49 (51.1%)	6:35	9.1 (48.9%)
973	<b>KLUGIEWICZ Dorota</b>	<b>758</b>		K40	78	00:01:08	<b>00:32:56.45</b>	<b>00:34:04.85</b>	+00:16:50 (51.1%)	6:35	9.1 (48.9%)
974	<b>WOŹNIACKA Beata</b>	<b>407</b>	AZYL DLA JEŻY	K50	15	00:01:18	<b>00:32:57.60</b>	<b>00:34:15.70</b>	+00:16:51 (51.1%)	6:35	9.1 (48.9%)
975	<b>GROT Monika</b>	<b>21</b>		K30	125	00:01:59	<b>00:32:58.40</b>	<b>00:34:58.10</b>	+00:16:52 (51.2%)	6:35	9.1 (48.9%)
976	<b>ŚWIDER Patrycja</b>	<b>143</b>	ARMIA CHRYSYUSA	K20	109	00:01:32	<b>00:32:59.30</b>	<b>00:34:31.65</b>	+00:16:53 (51.2%)	6:35	9.1 (48.9%)
977	<b>PIÓRKOWSKA Anna</b>	<b>331</b>		K40	79	00:00:47	<b>00:33:02.30</b>	<b>00:33:50.25</b>	+00:16:56 (51.3%)	6:36	9.1 (48.9%)
978	<b>ZALEWSKA Paulina</b>	<b>797</b>		K30	126	00:01:09	<b>00:33:04.90</b>	<b>00:34:14.25</b>	+00:16:58 (51.3%)	6:37	9.1 (48.9%)
979	<b>KONIEC Piotr</b>	<b>466</b>	#IRONTATA	M40	151	00:01:27	<b>00:33:05.20</b>	<b>00:34:32.75</b>	+00:16:58 (51.3%)	6:37	9.1 (48.9%)
980	<b>DUDZIAK Michał</b>	<b>249</b>	CPR BYDGOSZCZ	M30	227	00:01:02	<b>00:33:05.50</b>	<b>00:34:08.15</b>	+00:16:59 (51.3%)	6:37	9.1 (48.9%)
981	<b>ZELEK Janusz</b>	<b>523</b>		M40	152	00:00:51	<b>00:33:06.55</b>	<b>00:33:58.40</b>	+00:17:00 (51.4%)	6:37	9.1 (48.9%)
982	<b>ROGOZIŃSKI Aleksander</b>	<b>1223</b>		M30	228	00:00:55	<b>00:33:09.50</b>	<b>00:34:05.10</b>	+00:17:03 (51.4%)	6:38	9 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
983	<b>CZERENKIEWICZ Magdalena</b>	<b>465</b>		K20	110	00:01:27	<b>00:33:10.30</b>	<b>00:34:37.85</b>	+00:17:04 (51.5%)	6:38	9 (48.4%)
984	<b>ŁADNIAK Bernadeta</b>	<b>1225</b>		K30	127	00:00:54	<b>00:33:10.90</b>	<b>00:34:05.50</b>	+00:17:04 (51.5%)	6:38	9 (48.4%)
985	<b>BOROWICZ Ireneusz</b>	<b>81</b>		M30	229	00:00:53	<b>00:33:11.40</b>	<b>00:34:05.25</b>	+00:17:05 (51.5%)	6:38	9 (48.4%)
986	<b>WANKE Marzena</b>	<b>310</b>		K40	80	00:01:25	<b>00:33:12.35</b>	<b>00:34:38.00</b>	+00:17:06 (51.5%)	6:38	9 (48.4%)
987	<b>GROSZEWSKA Mirela</b>	<b>1130</b>	RUNTEAMPRUSZCZ	K40	81	00:01:13	<b>00:33:13.80</b>	<b>00:34:27.50</b>	+00:17:07 (51.5%)	6:38	9 (48.4%)
988	<b>KRANC Magdalena</b>	<b>1102</b>		K20	111	00:01:49	<b>00:33:14.20</b>	<b>00:35:03.20</b>	+00:17:07 (51.5%)	6:38	9 (48.4%)
989	<b>LEWANDOWSKA Magdalena</b>	<b>626</b>	ATOS BYDGOSZCZ	K20	112	00:01:06	<b>00:33:17.75</b>	<b>00:34:24.20</b>	+00:17:11 (51.6%)	6:39	9 (48.4%)
990	<b>NOWAK Anna</b>	<b>78</b>		K20	113	00:00:29	<b>00:33:19.60</b>	<b>00:33:49.00</b>	+00:17:13 (51.7%)	6:40	9 (48.4%)
991	<b>NOWAK Mariola</b>	<b>64</b>		K40	82	00:00:28	<b>00:33:20.10</b>	<b>00:33:48.95</b>	+00:17:13 (51.7%)	6:40	9 (48.4%)
992	<b>KAWA Marcin</b>	<b>1311</b>		M40	153	00:00:48	<b>00:33:25.00</b>	<b>00:34:13.95</b>	+00:17:18 (51.8%)	6:41	9 (48.4%)
993	<b>BOJARSKI Jarosław</b>	<b>619</b>		M50	51	00:00:48	<b>00:33:26.25</b>	<b>00:34:14.30</b>	+00:17:20 (51.8%)	6:41	9 (48.4%)
994	<b>TEWS Sebastian</b>	<b>869</b>		M40	154	00:01:01	<b>00:33:26.60</b>	<b>00:34:28.20</b>	+00:17:20 (51.8%)	6:41	9 (48.4%)
995	<b>BOJARSKA Bożena</b>	<b>620</b>		K40	83	00:00:47	<b>00:33:27.10</b>	<b>00:34:14.50</b>	+00:17:20 (51.9%)	6:41	9 (48.4%)
996	<b>MAJORKOWSKA Anna</b>	<b>1274</b>		K40	84	00:00:38	<b>00:33:29.35</b>	<b>00:34:07.55</b>	+00:17:23 (51.9%)	6:41	9 (48.4%)
997	<b>URBANSKI Piotr</b>	<b>1129</b>	RUNTEAMPRUSZCZ	M40	155	00:01:14	<b>00:33:29.40</b>	<b>00:34:44.35</b>	+00:17:23 (51.9%)	6:42	9 (48.4%)
998	<b>FABIANOWSKA Karolina</b>	<b>1297</b>		K30	128	00:01:09	<b>00:33:29.70</b>	<b>00:34:39.65</b>	+00:17:23 (51.9%)	6:42	9 (48.4%)
999	<b>GÓZDŹ Hanna</b>	<b>560</b>	JAŚ BIEGA	K60	5	00:00:44	<b>00:33:30.00</b>	<b>00:34:14.95</b>	+00:17:23 (51.9%)	6:42	9 (48.4%)
1000	<b>DZBANUSZEK Joanna</b>	<b>1228</b>		K20	114	00:00:22	<b>00:33:31.60</b>	<b>00:33:54.20</b>	+00:17:25 (52.0%)	6:42	8.9 (47.8%)
1001	<b>KARDASIŃSKA Marta</b>	<b>740</b>		K20	115	00:01:34	<b>00:33:32.30</b>	<b>00:35:06.65</b>	+00:17:26 (52.0%)	6:42	8.9 (47.8%)
1002	<b>GWIZDAŁA Katarzyna</b>	<b>1307</b>		K40	85	00:00:44	<b>00:33:32.95</b>	<b>00:34:17.15</b>	+00:17:26 (52.0%)	6:42	8.9 (47.8%)
1003	<b>KRAJEWSKA Katarzyna</b>	<b>131</b>		K30	129	00:01:20	<b>00:33:33.05</b>	<b>00:34:53.30</b>	+00:17:26 (52.0%)	6:42	8.9 (47.8%)
1004	<b>JĘDRYCZKA Dorota</b>	<b>132</b>		K30	130	00:01:20	<b>00:33:33.15</b>	<b>00:34:53.35</b>	+00:17:26 (52.0%)	6:42	8.9 (47.8%)
1005	<b>ŻURAWSKA Marta</b>	<b>62</b>		K30	131	00:01:19	<b>00:33:33.80</b>	<b>00:34:53.20</b>	+00:17:27 (52.0%)	6:42	8.9 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1006	<b>OSIŃSKA Justyna</b>	<b>129</b>	PRZYCHODNIA ROMET	K20	116	00:01:43	<b>00:33:39.25</b>	<b>00:35:22.75</b>	+00:17:33 (52.1%)	6:43	8.9 (47.8%)
1007	<b>NUNZEK Agnieszka</b>	<b>860</b>		K40	86	00:02:04	<b>00:33:41.85</b>	<b>00:35:46.00</b>	+00:17:35 (52.2%)	6:44	8.9 (47.8%)
1008	<b>RYBKA Aldona</b>	<b>444</b>	BIEGINSTALATORA.PL	K40	87	00:02:04	<b>00:33:41.95</b>	<b>00:35:46.40</b>	+00:17:35 (52.2%)	6:44	8.9 (47.8%)
1009	<b>WŁODARCZYK Olga</b>	<b>234</b>	#TEAMFARFALLA	K20	117	00:02:03	<b>00:33:42.35</b>	<b>00:35:46.20</b>	+00:17:36 (52.2%)	6:44	8.9 (47.8%)
1010	<b>KOŁC Katarzyna</b>	<b>543</b>	POLI-FAX UL. BOCZNA 10	K40	88	00:01:15	<b>00:33:44.10</b>	<b>00:34:59.85</b>	+00:17:37 (52.3%)	6:44	8.9 (47.8%)
1011	<b>NOWAKOWSKA Marta</b>	<b>821</b>	DEAF	K30	132	00:00:30	<b>00:33:47.70</b>	<b>00:34:17.75</b>	+00:17:41 (52.3%)	6:45	8.9 (47.8%)
1012	<b>GORZYCKI Dariusz</b>	<b>455</b>	BYDGOSKA SEKCJA KARATE IKO KYOKUSHINKAIKAN	M40	156	00:00:08	<b>00:33:47.75</b>	<b>00:33:55.90</b>	+00:17:41 (52.3%)	6:45	8.9 (47.8%)
1013	<b>MATUSZEWSKA Monika</b>	<b>587</b>		K30	133	00:01:39	<b>00:33:51.90</b>	<b>00:35:31.25</b>	+00:17:45 (52.4%)	6:46	8.9 (47.8%)
1014	<b>CIECHOŃSKA Karina</b>	<b>402</b>		K40	89	00:01:38	<b>00:33:52.70</b>	<b>00:35:31.15</b>	+00:17:46 (52.5%)	6:46	8.9 (47.8%)
1015	<b>TOMCZAK Krzysztof</b>	<b>183</b>		M30	230	00:01:00	<b>00:33:56.25</b>	<b>00:34:56.55</b>	+00:17:50 (52.5%)	6:47	8.8 (47.3%)
1016	<b>TOMCZAK Marzena</b>	<b>188</b>		K20	118	00:00:59	<b>00:33:56.65</b>	<b>00:34:56.60</b>	+00:17:50 (52.6%)	6:47	8.8 (47.3%)
1017	<b>MATUSZEWSKI Tomasz</b>	<b>588</b>		M30	231	00:01:39	<b>00:33:57.60</b>	<b>00:35:36.90</b>	+00:17:51 (52.6%)	6:47	8.8 (47.3%)
1018	<b>KIERASZEWICZ Daria</b>	<b>1304</b>		K30	134	00:01:38	<b>00:33:58.30</b>	<b>00:35:36.90</b>	+00:17:52 (52.6%)	6:47	8.8 (47.3%)
1019	<b>PILECKI Gustaw</b>	<b>561</b>	BRZOZA BIEGA	M60	13	00:01:18	<b>00:33:58.70</b>	<b>00:35:17.25</b>	+00:17:52 (52.6%)	6:47	8.8 (47.3%)
1020	<b>WALEWSKA Magdalena</b>	<b>1268</b>		K30	135	00:00:31	<b>00:34:00.35</b>	<b>00:34:31.35</b>	+00:17:54 (52.6%)	6:48	8.8 (47.3%)
1021	<b>REINKE Joanna</b>	<b>840</b>		K30	136	00:00:52	<b>00:34:01.35</b>	<b>00:34:53.50</b>	+00:17:55 (52.7%)	6:48	8.8 (47.3%)
1022	<b>DOBRACTKA Anna</b>	<b>56</b>		K20	119	00:00:47	<b>00:34:01.75</b>	<b>00:34:49.10</b>	+00:17:55 (52.7%)	6:48	8.8 (47.3%)
1023	<b>TYBURSKI Maciej</b>	<b>116</b>		M30	232	00:00:47	<b>00:34:01.80</b>	<b>00:34:49.30</b>	+00:17:55 (52.7%)	6:48	8.8 (47.3%)
1024	<b>BIERYT Magdalena</b>	<b>445</b>	POLI-FAX UL. BOCZNA 10	K20	120	00:01:15	<b>00:34:02.35</b>	<b>00:35:17.35</b>	+00:17:56 (52.7%)	6:48	8.8 (47.3%)
1025	<b>DEMSKI Krzysztof</b>	<b>920</b>		M20	152	00:01:30	<b>00:34:03.10</b>	<b>00:35:33.80</b>	+00:17:56 (52.7%)	6:48	8.8 (47.3%)
1026	<b>KOBYLARZ Małgorzata</b>	<b>921</b>		K20	121	00:01:30	<b>00:34:03.90</b>	<b>00:35:34.15</b>	+00:17:57 (52.7%)	6:48	8.8 (47.3%)
1027	<b>SZCZESZAK Miłosz</b>	<b>156</b>		M40	157	00:01:43	<b>00:34:04.85</b>	<b>00:35:48.55</b>	+00:17:58 (52.7%)	6:49	8.8 (47.3%)
1028	<b>FLOREK Magdalena</b>	<b>67</b>	RUNADDICTS	K50	16	00:01:52	<b>00:34:10.85</b>	<b>00:36:03.65</b>	+00:18:04 (52.9%)	6:50	8.8 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1029	RASSALSKA Roma	49		K40	90	00:01:24	00:34:11.70	00:35:36.45	+00:18:05 (52.9%)	6:50	8.8 (47.3%)
1030	GRABSKA Sylwia	241		K20	122	00:00:43	00:34:11.90	00:34:55.25	+00:18:05 (52.9%)	6:50	8.8 (47.3%)
1031	ŻURAWSKI Michał	378	RUN LOTTO-BYDGOSTIA	M40	158	00:01:36	00:34:12.75	00:35:49.00	+00:18:06 (52.9%)	6:50	8.8 (47.3%)
1032	JODŁOWSKA Marta	1094		K10	22	00:00:39	00:34:12.85	00:34:52.60	+00:18:06 (52.9%)	6:50	8.8 (47.3%)
1033	KITOWSKI Andrzej	1070		M40	159	00:00:15	00:34:20.05	00:34:35.85	+00:18:13 (53.1%)	6:52	8.7 (46.8%)
1034	RASSALSKA-KAUSA Jola	10		K40	91	00:01:24	00:34:23.15	00:35:47.65	+00:18:16 (53.2%)	6:52	8.7 (46.8%)
1035	JAROCH Magdalena	355	ZS 19	K30	137	00:01:23	00:34:23.50	00:35:47.15	+00:18:17 (53.2%)	6:52	8.7 (46.8%)
1036	STĘPSKA Krystyna	171		K40	92	00:00:49	00:34:24.55	00:35:14.25	+00:18:18 (53.2%)	6:53	8.7 (46.8%)
1037	HALAMUS Norbert	915		M30	233	00:01:36	00:34:26.05	00:36:02.05	+00:18:19 (53.2%)	6:53	8.7 (46.8%)
1038	KOSIŃSKA Magdalena	914		K30	138	00:01:36	00:34:26.25	00:36:02.25	+00:18:20 (53.2%)	6:53	8.7 (46.8%)
1039	ANDRZEJCZAK Natalia	818		K20	123	00:00:36	00:34:26.45	00:35:03.30	+00:18:20 (53.2%)	6:53	8.7 (46.8%)
1040	RESZELA Marta	642		K30	139	00:01:03	00:34:30.45	00:35:34.40	+00:18:24 (53.3%)	6:54	8.7 (46.8%)
1041	RESZELA Aleksandra	597		K30	140	00:01:03	00:34:31.05	00:35:34.60	+00:18:24 (53.3%)	6:54	8.7 (46.8%)
1042	RUBASZEWSKA Magdalena	393		K30	141	00:01:35	00:34:33.55	00:36:09.00	+00:18:27 (53.4%)	6:54	8.7 (46.8%)
1043	JURCZYK Anna	987		K40	93	00:01:45	00:34:35.40	00:36:20.80	+00:18:29 (53.4%)	6:55	8.7 (46.8%)
1044	ZELEK Aleksandra	61		K40	94	00:00:50	00:34:35.50	00:35:26.05	+00:18:29 (53.4%)	6:55	8.7 (46.8%)
1044	JURCZYK Artur	988		M40	160	00:01:45	00:34:35.50	00:36:21.15	+00:18:29 (53.4%)	6:55	8.7 (46.8%)
1046	KORDAS-LEWANDOWSKA Agnieszka	631		K30	142	00:01:31	00:34:35.80	00:36:07.65	+00:18:29 (53.5%)	6:55	8.7 (46.8%)
1047	KLABACHA Piotr	381		M40	161	00:00:27	00:34:37.90	00:35:05.75	+00:18:31 (53.5%)	6:55	8.7 (46.8%)
1048	ZALEWSKI Łukasz	350		M40	162	00:01:29	00:34:42.50	00:36:12.30	+00:18:36 (53.6%)	6:56	8.6 (46.2%)
1049	ZNANIECKI Wojciech	553	BYDGOSZCZ NA START	M30	234	00:01:43	00:34:52.25	00:36:35.65	+00:18:46 (53.8%)	6:58	8.6 (46.2%)
1050	ZNANIECKA Dominika	575	BYĆ MOŻE	K30	143	00:01:42	00:34:52.85	00:36:35.75	+00:18:46 (53.8%)	6:58	8.6 (46.2%)
1051	GÓRAS Sandra	1186		K20	124	00:00:49	00:34:57.70	00:35:47.15	+00:18:51 (53.9%)	6:59	8.6 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1052	<b>GÓRAS Monika</b>	<b>1185</b>		K20	125	00:00:49	<b>00:34:57.75</b>	<b>00:35:47.00</b>	+00:18:51 (53.9%)	6:59	8.6 (46.2%)
1053	<b>LOOSE Michał</b>	<b>1180</b>	LOS KUMPLOS	M20	153	00:00:48	<b>00:34:58.60</b>	<b>00:35:47.25</b>	+00:18:52 (54.0%)	6:59	8.6 (46.2%)
1054	<b>WIŚNIEWSKA Ewa</b>	<b>394</b>		K50	17	00:01:05	<b>00:34:59.45</b>	<b>00:36:05.20</b>	+00:18:53 (54.0%)	7:00	8.6 (46.2%)
1055	<b>KUCHARSKI Adam</b>	<b>392</b>		M50	52	00:01:05	<b>00:35:00.05</b>	<b>00:36:05.80</b>	+00:18:53 (54.0%)	7:00	8.6 (46.2%)
1056	<b>KAMIŃSKA Monika</b>	<b>586</b>		K30	144	00:01:24	<b>00:35:01.15</b>	<b>00:36:25.25</b>	+00:18:54 (54.0%)	7:00	8.6 (46.2%)
1057	<b>WYPYCH-KLUNDER Katarzyna</b>	<b>1083</b>		K30	145	00:00:37	<b>00:35:04.10</b>	<b>00:35:41.35</b>	+00:18:57 (54.1%)	7:00	8.6 (46.2%)
1058	<b>SMOLEŃ Joanna</b>	<b>574</b>		K40	95	00:01:41	<b>00:35:04.75</b>	<b>00:36:46.35</b>	+00:18:58 (54.1%)	7:01	8.6 (46.2%)
1059	<b>SENDROWICZ Gaja</b>	<b>365</b>		K30	146	00:01:22	<b>00:35:06.95</b>	<b>00:36:29.40</b>	+00:19:00 (54.1%)	7:01	8.5 (45.7%)
1060	<b>GURYN Wiktor</b>	<b>472</b>	ZIELONY PELIKAN	M30	235	00:01:39	<b>00:35:07.50</b>	<b>00:36:46.75</b>	+00:19:01 (54.2%)	7:01	8.5 (45.7%)
1061	<b>PESTKA Anna</b>	<b>1113</b>		K30	147	00:00:24	<b>00:35:07.85</b>	<b>00:35:32.50</b>	+00:19:01 (54.2%)	7:01	8.5 (45.7%)
1062	<b>PIEKUŚ Aleksandra</b>	<b>325</b>		K30	148	00:00:55	<b>00:35:23.70</b>	<b>00:36:18.80</b>	+00:19:17 (54.5%)	7:04	8.5 (45.7%)
1063	<b>CIEMNY Sylwia</b>	<b>1138</b>		K20	126	00:01:04	<b>00:35:25.00</b>	<b>00:36:29.90</b>	+00:19:18 (54.5%)	7:05	8.5 (45.7%)
1064	<b>MALCZEWSKA Mirka</b>	<b>247</b>	SPORT FAKTORY	K60	6	00:01:37	<b>00:35:28.05</b>	<b>00:37:05.50</b>	+00:19:21 (54.6%)	7:05	8.5 (45.7%)
1065	<b>OLECHNOWICZ Aneta</b>	<b>975</b>	KOCIAKI	K10	23	00:01:47	<b>00:35:28.60</b>	<b>00:37:16.25</b>	+00:19:22 (54.6%)	7:05	8.5 (45.7%)
1066	<b>MARCINIAK Jolanta</b>	<b>317</b>		K40	96	00:00:45	<b>00:35:30.00</b>	<b>00:36:15.85</b>	+00:19:23 (54.6%)	7:06	8.5 (45.7%)
1067	<b>PERS Aleksandra</b>	<b>773</b>		K40	97	00:01:02	<b>00:35:30.85</b>	<b>00:36:33.70</b>	+00:19:24 (54.7%)	7:06	8.4 (45.2%)
1068	<b>PERS Łukasz</b>	<b>774</b>		M30	236	00:01:02	<b>00:35:31.20</b>	<b>00:36:34.00</b>	+00:19:24 (54.7%)	7:06	8.4 (45.2%)
1069	<b>STACHOWSKA Aleksandra</b>	<b>1121</b>		K30	149	00:00:59	<b>00:35:32.05</b>	<b>00:36:31.20</b>	+00:19:25 (54.7%)	7:06	8.4 (45.2%)
1070	<b>SAPA Dariusz</b>	<b>798</b>	BYDGOSKIE ŻÓŁWIE	M50	53	00:00:53	<b>00:35:33.40</b>	<b>00:36:26.80</b>	+00:19:27 (54.7%)	7:06	8.4 (45.2%)
1071	<b>REMUS Sandra</b>	<b>273</b>		K20	127	00:00:54	<b>00:35:33.50</b>	<b>00:36:28.30</b>	+00:19:27 (54.7%)	7:06	8.4 (45.2%)
1072	<b>REMUS Magdalena</b>	<b>277</b>		K30	150	00:00:54	<b>00:35:33.65</b>	<b>00:36:28.45</b>	+00:19:27 (54.7%)	7:06	8.4 (45.2%)
1073	<b>KOCHAŃSKA Anna</b>	<b>1112</b>		K30	151	00:00:24	<b>00:35:44.10</b>	<b>00:36:08.70</b>	+00:19:37 (54.9%)	7:08	8.4 (45.2%)
1074	<b>WALKOWIAK Greta</b>	<b>700</b>		K50	18	00:01:09	<b>00:35:45.55</b>	<b>00:36:55.20</b>	+00:19:39 (55.0%)	7:09	8.4 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1075	<b>JACKOWIAK Anna</b>	<b>256</b>		K60	7	00:00:32	<b>00:35:49.75</b>	<b>00:36:21.95</b>	+00:19:43 (55.1%)	7:09	8.4 (45.2%)
1076	<b>KUBOWICZ-KAMIŃSKA Hania</b>	<b>516</b>	QBOWICZ RODZINNA MAFIA BIEGOWA	K30	152	00:01:16	<b>00:35:50.55</b>	<b>00:37:06.95</b>	+00:19:44 (55.1%)	7:10	8.4 (45.2%)
1077	<b>KAMIŃSKI Jakub</b>	<b>518</b>	QBOWICZ RODZINNA MAFIA BIEGOWA	M10	26	00:01:16	<b>00:35:50.65</b>	<b>00:37:06.95</b>	+00:19:44 (55.1%)	7:10	8.4 (45.2%)
1078	<b>KUBOWICZ Piotr</b>	<b>636</b>		M50	54	00:01:15	<b>00:35:51.90</b>	<b>00:37:07.45</b>	+00:19:45 (55.1%)	7:10	8.4 (45.2%)
1079	<b>CISZEWSKA Daria</b>	<b>932</b>		K20	128	00:01:36	<b>00:35:54.45</b>	<b>00:37:31.10</b>	+00:19:48 (55.2%)	7:11	8.4 (45.2%)
1079	<b>PRZYBYSZ Patryk</b>	<b>483</b>		M20	154	00:01:36	<b>00:35:54.45</b>	<b>00:37:31.30</b>	+00:19:48 (55.2%)	7:11	8.4 (45.2%)
1081	<b>LUBIŃSKA Patrycja</b>	<b>349</b>		K20	129	00:01:34	<b>00:35:55.00</b>	<b>00:37:29.70</b>	+00:19:48 (55.2%)	7:11	8.4 (45.2%)
1082	<b>CICHOCKA Maria</b>	<b>1019</b>	CYBERMORSY	K60	8	00:01:21	<b>00:36:02.45</b>	<b>00:37:24.20</b>	+00:19:56 (55.3%)	7:12	8.3 (44.6%)
1083	<b>ŁANOCH Janusz</b>	<b>695</b>		M50	55	00:01:17	<b>00:36:05.60</b>	<b>00:37:23.45</b>	+00:19:59 (55.4%)	7:13	8.3 (44.6%)
1084	<b>LEDKIEWICZ Grzegorz</b>	<b>696</b>		M50	56	00:01:18	<b>00:36:09.00</b>	<b>00:37:27.30</b>	+00:20:02 (55.5%)	7:13	8.3 (44.6%)
1085	<b>RÓŻYCKA Jagoda</b>	<b>252</b>		K60	9	00:00:52	<b>00:36:09.20</b>	<b>00:37:02.15</b>	+00:20:02 (55.5%)	7:14	8.3 (44.6%)
1086	<b>PORA Julia</b>	<b>694</b>		K18	6	00:01:17	<b>00:36:09.35</b>	<b>00:37:26.40</b>	+00:20:03 (55.5%)	7:13	8.3 (44.6%)
1087	<b>PORA Dariusz</b>	<b>693</b>		M50	57	00:01:17	<b>00:36:09.85</b>	<b>00:37:27.55</b>	+00:20:03 (55.5%)	7:14	8.3 (44.6%)
1088	<b>MALATYŃSKA Agnieszka</b>	<b>54</b>	TEBI	K20	130	00:01:37	<b>00:36:13.15</b>	<b>00:37:51.10</b>	+00:20:06 (55.5%)	7:14	8.3 (44.6%)
1089	<b>PŁOCKA Patrycja</b>	<b>146</b>		K30	153	00:00:38	<b>00:36:34.20</b>	<b>00:37:12.65</b>	+00:20:27 (56.0%)	7:18	8.2 (44.1%)
1090	<b>LISOWSKI Mikołaj</b>	<b>573</b>	SP 14	M10	27	00:01:41	<b>00:36:38.05</b>	<b>00:38:19.20</b>	+00:20:31 (56.0%)	7:19	8.2 (44.1%)
1091	<b>BŁAŻEJEWSKA Anna</b>	<b>1150</b>		K20	131	00:01:12	<b>00:36:39.55</b>	<b>00:37:52.45</b>	+00:20:33 (56.1%)	7:20	8.2 (44.1%)
1092	<b>LEWANDOWSKI Paweł</b>	<b>74</b>	BIEGAMY DLA KORNELKI	M30	237	00:00:28	<b>00:36:40.05</b>	<b>00:37:08.30</b>	+00:20:33 (56.1%)	7:20	8.2 (44.1%)
1093	<b>LEWANDOWSKA Sylwia</b>	<b>88</b>	BIEGAMY DLA KORNELKI	K30	154	00:00:28	<b>00:36:40.35</b>	<b>00:37:08.45</b>	+00:20:34 (56.1%)	7:20	8.2 (44.1%)
1094	<b>LEWANDOWSKA Kornelia</b>	<b>153</b>	BIEGAMY DLA KORNELKI	K10	24	00:00:27	<b>00:36:40.50</b>	<b>00:37:08.10</b>	+00:20:34 (56.1%)	7:20	8.2 (44.1%)
1095	<b>KORNIK Agata</b>	<b>139</b>		K50	19	00:00:54	<b>00:36:41.15</b>	<b>00:37:35.80</b>	+00:20:34 (56.1%)	7:20	8.2 (44.1%)
1096	<b>LIBERA Sabina</b>	<b>344</b>		K40	98	00:01:04	<b>00:36:42.40</b>	<b>00:37:46.50</b>	+00:20:36 (56.1%)	7:20	8.2 (44.1%)
1097	<b>KLIMKIEWICZ Elżbieta</b>	<b>855</b>	SETOPOOLS	K10	25	00:01:26	<b>00:36:45.40</b>	<b>00:38:11.45</b>	+00:20:39 (56.2%)	7:21	8.2 (44.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1098	KONARZEWSKA Hanna	541		K10	26	00:01:13	00:36:47.50	00:38:01.00	+00:20:41 (56.2%)	7:21	8.2 (44.1%)
1099	KONARZEWSKA Jolanta	538		K40	99	00:01:13	00:36:47.70	00:38:01.10	+00:20:41 (56.2%)	7:21	8.2 (44.1%)
1100	KUBIAK Daria	165	ARMIA CHRYSSTUSA	K30	155	00:01:31	00:36:50.95	00:38:22.60	+00:20:44 (56.3%)	7:22	8.1 (43.5%)
1101	KLIMKIEWICZ Maciej	854	SETOPOOLS	M40	163	00:01:25	00:36:52.60	00:38:18.55	+00:20:46 (56.3%)	7:22	8.1 (43.5%)
1102	ŚCIŚLAK Wojtek	736	RYJĄCE KUNY	M20	155	00:01:23	00:36:54.50	00:38:17.95	+00:20:48 (56.4%)	7:22	8.1 (43.5%)
1103	KOZŁOWSKA Natalia	1331		K30	156	00:01:30	00:37:08.35	00:38:39.10	+00:21:02 (56.6%)	7:25	8.1 (43.5%)
1104	KRZEMIŃSKA Jolanta	1089		K30	157	00:01:50	00:37:12.60	00:39:02.70	+00:21:06 (56.7%)	7:26	8.1 (43.5%)
1105	SZTEJKA Damian	375		M40	164	00:01:26	00:37:17.55	00:38:43.55	+00:21:11 (56.8%)	7:27	8 (43.0%)
1106	ŁUKOMSKA Kasia	203		K20	132	00:01:25	00:37:17.65	00:38:43.30	+00:21:11 (56.8%)	7:27	8 (43.0%)
1107	KLABACHA Katarzyna	377		K40	100	00:00:27	00:37:18.20	00:37:45.80	+00:21:11 (56.8%)	7:27	8 (43.0%)
1108	MULLER Bogumiła	702	STOWARZYSZENIE SERDUSZKO NA DŁONI	K50	20	00:00:06	00:37:20.40	00:37:27.25	+00:21:14 (56.9%)	7:28	8 (43.0%)
1109	OLECHNOWICZ Tomasz	978	SMUKAŁA TEAM	M40	165	00:01:47	00:37:21.80	00:39:09.70	+00:21:15 (56.9%)	7:28	8 (43.0%)
1110	OLECHNOWICZ Maciej	977	KRÓL MACIUS 1	M10	28	00:01:47	00:37:22.45	00:39:09.55	+00:21:16 (56.9%)	7:28	8 (43.0%)
1111	SUSKA Sylwia	871		K40	101	00:00:58	00:37:32.40	00:38:30.90	+00:21:26 (57.1%)	7:30	8 (43.0%)
1112	JAWORSKA Kalina	625		K10	27	00:01:22	00:37:32.95	00:38:55.40	+00:21:26 (57.1%)	7:30	8 (43.0%)
1113	KUŹNIAR Zbigniew	477		M50	58	00:00:58	00:37:48.35	00:38:47.00	+00:21:42 (57.4%)	7:33	7.9 (42.5%)
1114	RUDNICKA Karolina	974	TASAK TEAM	K30	158	00:01:34	00:37:53.60	00:39:27.75	+00:21:47 (57.5%)	7:34	7.9 (42.5%)
1115	RAKAŁOWICZ Krzysztof	683	PL	M40	166	00:00:29	00:38:21.85	00:38:50.95	+00:22:15 (58.0%)	7:40	7.8 (41.9%)
1116	KONARZEWSKI Arkadiusz	539		M40	167	00:01:13	00:38:26.65	00:39:40.05	+00:22:20 (58.1%)	7:41	7.8 (41.9%)
1117	RAKAŁOWICZ Jakub	685	PL	M10	29	00:00:29	00:39:11.50	00:39:40.65	+00:23:05 (58.9%)	7:50	7.7 (41.4%)
1118	GRZESZAK Patrycja	889		K20	133	00:01:12	00:39:15.35	00:40:27.75	+00:23:09 (59.0%)	7:51	7.6 (40.9%)
1119	KOŁC Jessica	629	POLI-FAX UL. BOCZNA 10	K10	28	00:01:15	00:39:16.75	00:40:31.85	+00:23:10 (59.0%)	7:51	7.6 (40.9%)
1120	CZYŻYCKA Beata	1257		K40	102	00:01:11	00:39:24.40	00:40:36.15	+00:23:18 (59.1%)	7:53	7.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1121	<b>WASIELEWSKA-KASZUBOWSKA</b> Julietta	<b>769</b>		K20	134	00:00:56	<b>00:39:26.90</b>	<b>00:40:23.75</b>	+00:23:20 (59.2%)	7:53	7.6 (40.9%)
1122	<b>BIERYT</b> Joanna	<b>439</b>	POLI-FAX UL. BOCZNA 10	K50	21	00:01:15	<b>00:39:53.55</b>	<b>00:41:08.65</b>	+00:23:47 (59.6%)	7:58	7.5 (40.3%)
1123	<b>KOŁECKI</b> Mateusz	<b>1362</b>		M20	156	00:00:10	<b>00:40:45.20</b>	<b>00:40:55.70</b>	+00:24:38 (60.5%)	8:09	7.4 (39.8%)
1124	<b>ORLIŃSKI</b> Andrzej	<b>1008</b>		M40	168	00:01:33	<b>00:40:46.30</b>	<b>00:42:20.15</b>	+00:24:40 (60.5%)	8:09	7.4 (39.8%)
1125	<b>ORLIŃSKI</b> Mateusz	<b>1009</b>		M10	30	00:01:34	<b>00:40:59.30</b>	<b>00:42:33.30</b>	+00:24:53 (60.7%)	8:11	7.3 (39.2%)
1126	<b>LESINSKA</b> Danuta	<b>1165</b>		K50	22	00:00:55	<b>00:41:42.25</b>	<b>00:42:37.85</b>	+00:25:36 (61.4%)	8:20	7.2 (38.7%)
1127	<b>TOMCZAK</b> Anna	<b>916</b>		K10	29	00:01:24	<b>00:42:08.90</b>	<b>00:43:33.25</b>	+00:26:02 (61.8%)	8:25	7.1 (38.2%)
1128	<b>ZABOROWSKI</b> Marek	<b>654</b>		M10	31	00:00:43	<b>00:43:31.55</b>	<b>00:44:14.85</b>	+00:27:25 (63.0%)	8:42	6.9 (37.1%)
1129	<b>PAWELCZAK - ZABOROWSKA</b> Joanna	<b>651</b>		K40	103	00:00:43	<b>00:43:31.95</b>	<b>00:44:14.95</b>	+00:27:25 (63.0%)	8:42	6.9 (37.1%)
1130	--	<b>981</b>		K20	135	00:00:17			+00:11:12	5:32	10.8 (58.1%)
	<b>WIECZOREK</b> Marcin	<b>533</b>		M30		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DOMERADZKA</b> Jagoda	<b>805</b>		K20		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BILKIEWICZ</b> Anna Maria	<b>528</b>	#B3K	K40		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KONARZEWSKI</b> Piotr	<b>540</b>		M10		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRUCZKOWSKI</b> Marek	<b>800</b>		M30		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 1135 wynik(ów)