



**Organizator:** Miasto Bydgoszcz  
**Data:** 2016-04-17  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

## BYDGOSKI BIEG URODZINOWY

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RUDOL Magdalena	749		K-40	1	00:00:05	00:09:04	00:23:12.85	00:23:18.10		4:38	12.9 (100%)
2	STASZKIEWICZ Lucyna	493	STASHKY TEAM	K-40	2	00:00:31	00:09:09	00:23:51.05	00:24:22.45	+00:00:38 (2.7%)	4:46	12.6 (97.7%)
3	GIERZIEWSKA Grażyna	198		K-40	3	00:00:38	00:09:44	00:23:52.65	00:24:31.10	+00:00:39 (2.8%)	4:46	12.6 (97.7%)
4	MINDYKOWSKA Anna	225	RUN BYDGOSZCZ	K-40	4	00:00:48	00:09:47	00:24:12.55	00:25:01.35	+00:00:59 (4.1%)	4:50	12.4 (96.1%)
5	WOJCIECHOWSKA Emilia	554		K-40	5	00:00:13	00:09:31	00:24:18.95	00:24:32.20	+00:01:06 (4.5%)	4:51	12.3 (95.3%)
6	RYBKA Ilona	596		K-40	6	00:00:15	00:09:33	00:24:41.80	00:24:57.60	+00:01:28 (6.0%)	4:56	12.1 (93.8%)
7	JANKOWSKA Katarzyna	1004		K-40	7	00:00:04	00:09:20	00:24:56.20	00:25:00.75	+00:01:43 (6.9%)	4:59	12 (93.0%)
8	KALINOWSKA Kamila	653	RUN BYDGOSZCZ	K-40	8	00:00:46	00:10:02	00:25:12.95	00:25:59.80	+00:02:00 (7.9%)	5:02	11.9 (92.2%)
9	JAMRÓZ Joanna	365		K-40	9	00:00:18	00:09:47	00:25:31.30	00:25:50.00	+00:02:18 (9.0%)	5:06	11.7 (90.7%)
10	GROBELNA Angelika	308		K-40	10	00:00:04	00:09:59	00:26:01.00	00:26:05.50	+00:02:48 (10.8%)	5:12	11.5 (89.1%)
11	NUNZEK Agnieszka	962		K-40	11	00:00:50	00:10:15	00:26:01.60	00:26:52.50	+00:02:48 (10.8%)	5:12	11.5 (89.1%)
12	CZYŻAK Asia	340	RUN BYDGOSZCZ	K-40	12	00:00:52	00:10:25	00:26:02.95	00:26:55.00	+00:02:50 (10.9%)	5:12	11.5 (89.1%)
13	CZUCZEJKO Jolanta	368	RUN BYDGOSZCZ	K-40	13	00:00:47	00:10:30	00:26:11.85	00:26:59.00	+00:02:59 (11.4%)	5:14	11.5 (89.1%)
14	PORAZINSKA Viktoria	723		K-40	14	00:00:34	00:10:19	00:26:23.50	00:26:57.65	+00:03:10 (12.0%)	5:16	11.4 (88.4%)
15	FUZ Gabriela	248	KABEL TEAM BYDGOSZCZ	K-40	15	00:01:11	00:10:52	00:26:39.50	00:27:50.80	+00:03:26 (12.9%)	5:19	11.3 (87.6%)
16	GRACZKOWSKA Mirosława	924		K-40	16	00:00:31	00:10:22	00:27:04.70	00:27:36.15	+00:03:51 (14.3%)	5:25	11.1 (86.0%)
17	ZIĘTAK Joanna	447		K-40	17	00:00:25	00:11:06	00:27:07.45	00:27:32.90	+00:03:54 (14.4%)	5:25	11.1 (86.0%)
18	RÓŻAŃSKA Jowanka	766	BYDGOSZCZ TRIATHLON	K-40	18	00:00:19	00:10:42	00:27:08.25	00:27:28.20	+00:03:55 (14.5%)	5:25	11 (85.3%)
19	DURĄŁEK Anna	90	TEAM PRUSZCZ	K-40	19	00:00:48	00:10:56	00:27:16.45	00:28:04.80	+00:04:03 (14.9%)	5:27	11 (85.3%)
20	SUCHODOLSKA Agnieszka	144		K-40	20	00:00:36	00:10:49	00:27:51.10	00:28:27.50	+00:04:38 (16.7%)	5:34	10.8 (83.7%)
21	ŁAŃCUCKA Agnieszka	836		K-40	21	00:00:37	00:10:39	00:28:02.00	00:28:39.00	+00:04:49 (17.2%)	5:36	10.7 (82.9%)
22	BALCERZAK Dorota	330	BBL INOWROCLAW	K-40	22	00:00:42	00:11:04	00:28:05.70	00:28:47.70	+00:04:52 (17.4%)	5:37	10.7 (82.9%)
23	KRZYŻELEWSKA - SUŚ Anna	568	BYDZIA POWER	K-40	23	00:00:42	00:11:18	00:28:19.40	00:29:01.45	+00:05:06 (18.0%)	5:39	10.6 (82.2%)
24	KAMPER Małgorzata	604		K-40	24	00:00:40	00:11:26	00:28:29.15	00:29:09.60	+00:05:16 (18.5%)	5:41	10.5 (81.4%)
25	DYLEWSKA Marta	313		K-40	25	00:00:31	00:11:24	00:28:41.40	00:29:12.45	+00:05:28 (19.1%)	5:44	10.5 (81.4%)
26	PAPROCKA Małgorzata	343		K-40	26	00:00:58	00:11:36	00:28:45.75	00:29:44.60	+00:05:32 (19.3%)	5:45	10.4 (80.6%)
27	KLUGIEWICZ Dorota	783		K-40	27	00:00:58	00:11:26	00:29:19.10	00:30:17.60	+00:06:06 (20.8%)	5:51	10.2 (79.1%)
28	NOWAK Mariola	717		K-40	28	00:00:49	00:11:41	00:29:26.90	00:30:16.35	+00:06:14 (21.2%)	5:53	10.2 (79.1%)
29	SZPERA Joanna	400		K-40	29	00:00:44	00:11:31	00:29:37.00	00:30:21.90	+00:06:24 (21.6%)	5:55	10.1 (78.3%)
30	WIŚNIEWSKA-KRAWIEC Beata	740		K-40	30	00:00:57	00:11:47	00:29:58.10	00:30:55.15	+00:06:45 (22.5%)	5:59	10 (77.5%)

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31	<b>PŁUCIENNIK Joanna</b>	<b>595</b>	STOWARZYSZENIE PIECZA	K-40	31	00:00:54	00:12:25	<b>00:30:32.40</b>	<b>00:31:26.50</b>	+00:07:19 (24.0%)	6:06	9.8 (76.0%)
32	<b>PAKULSKA Dorota</b>	<b>382</b>		K-40	32	00:00:45	00:12:01	<b>00:30:53.40</b>	<b>00:31:38.75</b>	+00:07:40 (24.8%)	6:10	9.7 (75.2%)
33	<b>BASZANOWSKA Sylwia</b>	<b>891</b>		K-40	33	00:01:19	00:12:19	<b>00:30:54.70</b>	<b>00:32:14.40</b>	+00:07:41 (24.9%)	6:11	9.7 (75.2%)
34	<b>OWCZAREK - BORACZYŃSKA Marta</b>	<b>625</b>		K-40	34	00:01:05	00:12:21	<b>00:30:55.60</b>	<b>00:32:01.25</b>	+00:07:42 (24.9%)	6:11	9.7 (75.2%)
35	<b>RYBKA Aldona</b>	<b>197</b>		K-40	35	00:00:30	00:11:47	<b>00:31:07.65</b>	<b>00:31:38.45</b>	+00:07:54 (25.4%)	6:13	9.6 (74.4%)
36	<b>ŻARKOWSKA Aleksandra</b>	<b>609</b>	KABEL TEAM	K-40	36	00:01:12	00:12:07	<b>00:31:19.20</b>	<b>00:32:31.35</b>	+00:08:06 (25.9%)	6:15	9.6 (74.4%)
37	<b>LASEK Małgorzata</b>	<b>218</b>		K-40	37	00:00:31	00:11:55	<b>00:31:36.45</b>	<b>00:32:07.85</b>	+00:08:23 (26.6%)	6:19	9.5 (73.6%)
38	<b>MARĆ Agnieszka</b>	<b>796</b>		K-40	38	00:01:11	00:12:30	<b>00:31:54.45</b>	<b>00:33:05.70</b>	+00:08:41 (27.2%)	6:22	9.4 (72.9%)
39	<b>KONARZEWSKA Jolanta</b>	<b>722</b>		K-40	39	00:01:10	00:12:53	<b>00:32:41.60</b>	<b>00:33:52.20</b>	+00:09:28 (29.0%)	6:32	9.2 (71.3%)
40	<b>LIBERA Sabina</b>	<b>37</b>	PARKRUN BYDGOSZCZ	K-40	40	00:01:00	00:12:46	<b>00:33:04.55</b>	<b>00:34:05.45</b>	+00:09:51 (29.8%)	6:37	9.1 (70.5%)
41	<b>SZOSTAK Magdalena</b>	<b>682</b>		K-40	41	00:00:57	00:12:48	<b>00:33:12.35</b>	<b>00:34:09.90</b>	+00:09:59 (30.1%)	6:38	9 (69.8%)
42	<b>CHŁOPECKA Iwona</b>	<b>971</b>		K-40	42	00:01:08	00:13:04	<b>00:33:19.00</b>	<b>00:34:27.80</b>	+00:10:06 (30.3%)	6:39	9 (69.8%)
43	<b>ZIENKOWSKA Joanna</b>	<b>967</b>		K-40	43	00:01:20	00:12:59	<b>00:33:32.65</b>	<b>00:34:52.75</b>	+00:10:19 (30.8%)	6:42	8.9 (69.0%)
44	<b>CZYŻYCKA Beata</b>	<b>171</b>		K-40	44	00:01:14	00:13:56	<b>00:34:50.85</b>	<b>00:36:05.00</b>	+00:11:38 (33.4%)	6:58	8.6 (66.7%)
45	<b>SZRAMSKA Violetta</b>	<b>630</b>		K-40	45	00:00:40	00:13:06	<b>00:34:54.50</b>	<b>00:35:34.50</b>	+00:11:41 (33.5%)	6:58	8.6 (66.7%)
46	<b>KWIATKOWSKA Renata</b>	<b>901</b>		K-40	46	00:00:49	00:13:58	<b>00:36:15.45</b>	<b>00:37:05.25</b>	+00:13:02 (36.0%)	7:15	8.3 (64.3%)
47	<b>MASKIEWICZ Renata</b>	<b>902</b>		K-40	47	00:00:49	00:13:57	<b>00:36:15.70</b>	<b>00:37:05.25</b>	+00:13:02 (36.0%)	7:15	8.3 (64.3%)
48	<b>RYŚNIK Wioletta</b>	<b>586</b>		K-40	48	00:00:40	00:14:10	<b>00:37:21.20</b>	<b>00:38:01.60</b>	+00:14:08 (37.9%)	7:28	8 (62.0%)
49	<b>KUFEL Aleksandra</b>	<b>310</b>		K-40	49	00:00:27	00:14:21	<b>00:37:51.95</b>	<b>00:38:19.80</b>	+00:14:39 (38.7%)	7:34	7.9 (61.2%)
50	<b>TOMASZEWSKA Katarzyna</b>	<b>1000</b>		K-40	50	00:01:16	00:14:38	<b>00:38:31.20</b>	<b>00:39:48.05</b>	+00:15:18 (39.7%)	7:42	7.8 (60.5%)
51	<b>RUTKOWSKA Anna</b>	<b>840</b>		K-40	51	00:00:57	00:15:22	<b>00:40:30.90</b>	<b>00:41:28.05</b>	+00:17:18 (42.7%)	8:06	7.4 (57.4%)

Znaleziono 51 wynik(ów)