



**Organizator:** Miasto Bydgoszcz  
**Data:** 2016-04-17  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

# BYDGOSKI BIEG URODZINOWY

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZENK Marta</b>	<b>1035</b>		K-30	1	00:00:01	00:07:03	<b>00:18:00.65</b>	<b>00:18:02.15</b>		3:36	16.7 (100%)
2	<b>WNEK Natalia</b>	<b>981</b>		K-20	1	00:00:05	00:07:45	<b>00:19:51.90</b>	<b>00:19:56.95</b>	+00:01:51 (9.3%)	3:58	15.1 (90.4%)
3	<b>ŻAL Jolanta</b>	<b>81</b>	GO GO! TEAM	K-30	2	00:00:06	00:07:39	<b>00:19:54.15</b>	<b>00:20:01.10</b>	+00:01:53 (9.5%)	3:59	15.1 (90.4%)
4	<b>GURNA Jolanta</b>	<b>1012</b>		K-50	1	00:00:03	00:08:02	<b>00:20:35.75</b>	<b>00:20:39.40</b>	+00:02:35 (12.6%)	4:07	14.6 (87.4%)
5	<b>WOJDAT Marta</b>	<b>347</b>		K-20	2	00:00:04	00:07:54	<b>00:20:36.10</b>	<b>00:20:40.10</b>	+00:02:35 (12.6%)	4:07	14.6 (87.4%)
6	<b>KOŻUCHOWSKA Natalia</b>	<b>291</b>		K-20	3	00:00:46	00:08:20	<b>00:21:12.50</b>	<b>00:21:59.10</b>	+00:03:11 (15.1%)	4:14	14.1 (84.4%)
7	<b>PALACZ Wioletta</b>	<b>260</b>		K-30	3	00:00:05	00:08:22	<b>00:21:21.50</b>	<b>00:21:27.00</b>	+00:03:20 (15.7%)	4:16	14 (83.8%)
8	<b>NAPIERAJ Sonia</b>	<b>338</b>	ALBANNERS	K-20	4	00:00:30	00:08:33	<b>00:21:32.90</b>	<b>00:22:03.55</b>	+00:03:32 (16.4%)	4:18	13.9 (83.2%)
9	<b>WOŹNIAKOWSKA Agata</b>	<b>219</b>	RUN BYDGOSZCZ	K-30	4	00:00:07	00:09:09	<b>00:21:54.75</b>	<b>00:22:02.65</b>	+00:03:54 (17.8%)	4:23	13.7 (82.0%)
10	<b>SZWEDA Mirosława</b>	<b>1042</b>		K-30	5	00:00:04	00:08:45	<b>00:22:09.00</b>	<b>00:22:13.85</b>	+00:04:08 (18.7%)	4:25	13.5 (80.8%)
11	<b>SCHULZ Milena</b>	<b>854</b>		K-30	6	00:00:10	00:08:34	<b>00:22:10.60</b>	<b>00:22:20.80</b>	+00:04:09 (18.8%)	4:26	13.5 (80.8%)
12	<b>WŁÓDARCZAK Agata</b>	<b>993</b>	TRISPACE	K-20	5	00:00:17	00:08:46	<b>00:22:13.55</b>	<b>00:22:30.65</b>	+00:04:12 (19.0%)	4:26	13.5 (80.8%)
13	<b>KRANZ Magdalena</b>	<b>607</b>	BYDGOSKIE OKONIE	K-20	6	00:00:07	00:08:32	<b>00:22:14.80</b>	<b>00:22:22.20</b>	+00:04:14 (19.0%)	4:27	13.5 (80.8%)
14	<b>ŚWIATOWY Daria</b>	<b>333</b>		K-20	7	00:00:10	00:08:59	<b>00:22:19.00</b>	<b>00:22:29.80</b>	+00:04:18 (19.3%)	4:27	13.4 (80.2%)
15	<b>GŁOWSKA Magdalena</b>	<b>106</b>		K-20	8	00:00:12	00:09:05	<b>00:22:32.20</b>	<b>00:22:44.20</b>	+00:04:31 (20.1%)	4:30	13.3 (79.6%)
16	<b>KASPEREK Angelika</b>	<b>1023</b>		K-10	1	00:00:24	00:08:47	<b>00:22:38.10</b>	<b>00:23:02.35</b>	+00:04:37 (20.4%)	4:31	13.3 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
17	<b>LISEWSKA Kasia</b>	<b>832</b>		K-20	9	00:00:05	00:08:47	<b>00:22:39.55</b>	<b>00:22:44.60</b>	+00:04:38 (20.5%)	4:31	13.2 (79.0%)
18	<b>WOŹNIAK Małgorzata</b>	<b>195</b>		K-20	10	00:00:07	00:08:43	<b>00:22:46.75</b>	<b>00:22:54.20</b>	+00:04:46 (20.9%)	4:33	13.2 (79.0%)
19	<b>KURAS Klaudia</b>	<b>686</b>		K-20	11	00:00:14	00:08:44	<b>00:22:54.35</b>	<b>00:23:08.45</b>	+00:04:53 (21.4%)	4:34	13.1 (78.4%)
20	<b>MEJSNER-HERMELIN Monika</b>	<b>812</b>	KANCELARIA HMM	K-30	7	00:00:14	00:08:48	<b>00:22:54.80</b>	<b>00:23:09.45</b>	+00:04:54 (21.4%)	4:35	13.1 (78.4%)
21	<b>KOZIŃSKA Agata</b>	<b>560</b>	RUN PASJA BYDGOSZCZ	K-20	12	00:00:22	00:08:45	<b>00:23:08.90</b>	<b>00:23:31.60</b>	+00:05:08 (22.2%)	4:37	13 (77.8%)
22	<b>RUDOL Magdalena</b>	<b>749</b>		K-40	1	00:00:05	00:09:04	<b>00:23:12.85</b>	<b>00:23:18.10</b>	+00:05:12 (22.4%)	4:38	12.9 (77.2%)
23	<b>CZAPLEWSKA Agnieszka</b>	<b>1052</b>	KB ŁAPKA	K-30	8	00:00:20	00:09:18	<b>00:23:14.95</b>	<b>00:23:35.40</b>	+00:05:14 (22.5%)	4:39	12.9 (77.2%)
24	<b>KOŚCIŃSKA Marta</b>	<b>45</b>		K-20	13	00:00:10	00:08:50	<b>00:23:29.05</b>	<b>00:23:39.50</b>	+00:05:28 (23.3%)	4:41	12.8 (76.6%)
25	<b>GUMIENNA Natalia</b>	<b>471</b>		K-20	14	00:00:21	00:09:21	<b>00:23:29.25</b>	<b>00:23:50.50</b>	+00:05:28 (23.3%)	4:41	12.8 (76.6%)
26	<b>JANICKA Aneta</b>	<b>229</b>		K-20	15	00:00:20	00:09:33	<b>00:23:32.35</b>	<b>00:23:52.45</b>	+00:05:31 (23.5%)	4:42	12.7 (76.0%)
27	<b>BENTKOWSKA Natalia</b>	<b>265</b>		K-20	16	00:00:47	00:09:33	<b>00:23:39.50</b>	<b>00:24:27.25</b>	+00:05:38 (23.9%)	4:44	12.7 (76.0%)
28	<b>PIETRZAK Anna</b>	<b>201</b>		K-20	17	00:00:15	00:09:41	<b>00:23:41.65</b>	<b>00:23:57.25</b>	+00:05:41 (24.0%)	4:44	12.7 (76.0%)
29	<b>STASZKIEWICZ Lucyna</b>	<b>493</b>	STASHKY TEAM	K-40	2	00:00:31	00:09:09	<b>00:23:51.05</b>	<b>00:24:22.45</b>	+00:05:50 (24.5%)	4:46	12.6 (75.4%)
30	<b>GIERSZEWSKA Grażyna</b>	<b>198</b>		K-40	3	00:00:38	00:09:44	<b>00:23:52.65</b>	<b>00:24:31.10</b>	+00:05:52 (24.6%)	4:46	12.6 (75.4%)
31	<b>ADAMCZAK Marta</b>	<b>676</b>	RUN-PASJA BYDGOSZCZ	K-30	9	00:00:25	00:09:35	<b>00:23:53.90</b>	<b>00:24:19.85</b>	+00:05:53 (24.6%)	4:46	12.6 (75.4%)
32	<b>TATULIŃSKA Aleksandra</b>	<b>1060</b>	RUN BYDGOSZCZ	K-30	10	00:01:25	00:09:52	<b>00:24:02.45</b>	<b>00:25:27.90</b>	+00:06:01 (25.1%)	4:48	12.5 (74.9%)
33	<b>OSSOWSKA Joanna</b>	<b>946</b>		K-30	11	00:00:30	00:09:37	<b>00:24:06.60</b>	<b>00:24:36.90</b>	+00:06:05 (25.3%)	4:49	12.4 (74.3%)
34	<b>KRAINSKA Kamila</b>	<b>839</b>		K-20	18	00:00:29	00:09:27	<b>00:24:07.65</b>	<b>00:24:36.65</b>	+00:06:07 (25.4%)	4:49	12.4 (74.3%)
35	<b>MINDYKOWSKA Anna</b>	<b>225</b>	RUN BYDGOSZCZ	K-40	4	00:00:48	00:09:47	<b>00:24:12.55</b>	<b>00:25:01.35</b>	+00:06:11 (25.6%)	4:50	12.4 (74.3%)
36	<b>WOJCIECHOWSKA Emilia</b>	<b>554</b>		K-40	5	00:00:13	00:09:31	<b>00:24:18.95</b>	<b>00:24:32.20</b>	+00:06:18 (25.9%)	4:51	12.3 (73.7%)
37	<b>PRZYBYLSKA Karolina</b>	<b>76</b>	EUROVIA ROAD&RUN	K-20	19	00:00:37	00:09:37	<b>00:24:19.15</b>	<b>00:24:57.05</b>	+00:06:18 (25.9%)	4:52	12.3 (73.7%)
38	<b>WOŹNIAK Anna</b>	<b>525</b>	RUN PASJA	K-30	12	00:00:55	00:09:29	<b>00:24:19.90</b>	<b>00:25:15.50</b>	+00:06:19 (26.0%)	4:52	12.3 (73.7%)
39	<b>MURANITSKAYA Alesia</b>	<b>1010</b>		K-20	20	00:00:17	00:09:09	<b>00:24:19.95</b>	<b>00:24:37.35</b>	+00:06:19 (26.0%)	4:52	12.3 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
40	<b>BŁAŻEJSKA-GOLIŃSKA Karolina</b>	<b>776</b>	TRISPACE	K-30	13	00:00:15	00:09:36	<b>00:24:20.75</b>	<b>00:24:36.35</b>	+00:06:20 (26.0%)	4:52	12.3 (73.7%)
41	<b>KALISZEWSKA Małgorzata</b>	<b>537</b>	RUN PASJA	K-30	14	00:00:23	00:09:29	<b>00:24:25.80</b>	<b>00:24:49.45</b>	+00:06:25 (26.3%)	4:53	12.3 (73.7%)
42	<b>MIKOŁAJEWSKA Martyna</b>	<b>655</b>	WTS ASTORIA BYDGOSZCZ	K-10	2	00:00:04	00:09:06	<b>00:24:27.00</b>	<b>00:24:31.10</b>	+00:06:26 (26.3%)	4:53	12.3 (73.7%)
43	<b>WEISBROT Magdalena</b>	<b>793</b>	CM UMK BYDGOSZCZ	K-20	21	00:01:08	00:10:42	<b>00:24:28.05</b>	<b>00:25:36.65</b>	+00:06:27 (26.4%)	4:53	12.3 (73.7%)
44	<b>BICKOWSKA Magdalena</b>	<b>886</b>	RUN BYDGOSZCZ	K-30	15	00:00:10	00:09:41	<b>00:24:29.50</b>	<b>00:24:40.20</b>	+00:06:28 (26.5%)	4:54	12.2 (73.1%)
45	<b>SPÓZ Ewa</b>	<b>589</b>		K-30	16	00:00:48	00:09:38	<b>00:24:29.70</b>	<b>00:25:18.55</b>	+00:06:29 (26.5%)	4:54	12.2 (73.1%)
46	<b>GAPINSKA Patrycja</b>	<b>366</b>		K-30	17	00:00:48	00:09:31	<b>00:24:30.70</b>	<b>00:25:18.80</b>	+00:06:30 (26.5%)	4:54	12.2 (73.1%)
47	<b>BANASZAK Monika</b>	<b>713</b>	RUN-PASJA	K-30	18	00:00:25	00:09:51	<b>00:24:38.75</b>	<b>00:25:03.90</b>	+00:06:38 (26.9%)	4:55	12.2 (73.1%)
48	<b>POTRZEBOWSKA Agata</b>	<b>817</b>		K-30	19	00:00:25	00:10:02	<b>00:24:40.45</b>	<b>00:25:05.90</b>	+00:06:39 (27.0%)	4:56	12.2 (73.1%)
49	<b>RYBKA Ilona</b>	<b>596</b>		K-40	6	00:00:15	00:09:33	<b>00:24:41.80</b>	<b>00:24:57.60</b>	+00:06:41 (27.1%)	4:56	12.1 (72.5%)
50	<b>JANKOWSKA Katarzyna</b>	<b>1004</b>		K-40	7	00:00:04	00:09:20	<b>00:24:56.20</b>	<b>00:25:00.75</b>	+00:06:55 (27.8%)	4:59	12 (71.9%)
51	<b>PIECZYŃSKA Joanna</b>	<b>474</b>		K-30	20	00:00:18	00:09:54	<b>00:24:58.50</b>	<b>00:25:16.80</b>	+00:06:57 (27.9%)	4:59	12 (71.9%)
52	<b>OLSZEWSKA Adrianna</b>	<b>788</b>		K-20	22	00:00:38	00:10:04	<b>00:24:58.60</b>	<b>00:25:37.55</b>	+00:06:57 (27.9%)	4:59	12 (71.9%)
53	<b>STĘPIEŃ Monika</b>	<b>283</b>		K-30	21	00:00:47	00:09:59	<b>00:24:59.70</b>	<b>00:25:47.15</b>	+00:06:59 (27.9%)	5:00	12 (71.9%)
54	<b>ULATOWSKA Aleksandra</b>	<b>102</b>		K-20	23	00:00:31	00:10:10	<b>00:25:00.00</b>	<b>00:25:31.95</b>	+00:06:59 (28.0%)	5:00	12 (71.9%)
55	<b>BONALSKA Magdalena</b>	<b>362</b>	RUN BYDGOSZCZ	K-30	22	00:00:47	00:09:59	<b>00:25:00.90</b>	<b>00:25:48.50</b>	+00:07:00 (28.0%)	5:00	12 (71.9%)
56	<b>KOLANOWSKA Grażyna</b>	<b>501</b>		K-50	2	00:00:18	00:09:40	<b>00:25:01.65</b>	<b>00:25:20.55</b>	+00:07:01 (28.0%)	5:00	12 (71.9%)
57	<b>LEWANDOWSKA Paulina</b>	<b>522</b>		K-20	24	00:00:08	00:09:56	<b>00:25:06.20</b>	<b>00:25:14.65</b>	+00:07:05 (28.3%)	5:01	12 (71.9%)
58	<b>CHAROUX-BRIEU Margot</b>	<b>1037</b>		K-20	25	00:00:08	00:09:56	<b>00:25:07.00</b>	<b>00:25:15.25</b>	+00:07:06 (28.3%)	5:01	11.9 (71.3%)
59	<b>SZUBARTOWSKA Pola</b>	<b>514</b>	ZESPÓŁ SZKÓŁ NR 5 MS	K-10	3	00:00:48	00:10:03	<b>00:25:08.20</b>	<b>00:25:57.00</b>	+00:07:07 (28.3%)	5:01	11.9 (71.3%)
59	<b>MICHALAK Martyna</b>	<b>515</b>	ZESPÓŁ SZKÓŁ NR 5 MS	K-10	4	00:00:49	00:10:03	<b>00:25:08.20</b>	<b>00:25:57.30</b>	+00:07:07 (28.3%)	5:01	11.9 (71.3%)
61	<b>GADOMSKA Maria</b>	<b>617</b>	RUN BYDGOSZCZ	K-60+	1	00:00:15	00:09:54	<b>00:25:08.55</b>	<b>00:25:24.00</b>	+00:07:07 (28.4%)	5:01	11.9 (71.3%)
62	<b>FUZ Emilia</b>	<b>488</b>		K-20	26	00:00:07	00:08:33	<b>00:25:09.25</b>	<b>00:25:16.50</b>	+00:07:08 (28.4%)	5:01	11.9 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
63	<b>BUJAK Olga</b>	<b>949</b>		K-20	27	00:00:33	00:09:57	<b>00:25:12.10</b>	<b>00:25:45.50</b>	+00:07:11 (28.5%)	5:02	11.9 (71.3%)
64	<b>KALINOWSKA Kamila</b>	<b>653</b>	RUN BYDGOSZCZ	K-40	8	00:00:46	00:10:02	<b>00:25:12.95</b>	<b>00:25:59.80</b>	+00:07:12 (28.6%)	5:02	11.9 (71.3%)
65	<b>GESZKIEWICZ Marta</b>	<b>1022</b>		K-30	23	00:00:17	00:09:33	<b>00:25:15.35</b>	<b>00:25:32.75</b>	+00:07:14 (28.7%)	5:03	11.9 (71.3%)
66	<b>TOMASZEWSKA Żaneta</b>	<b>1077</b>		K-20	28	00:00:30	00:09:42	<b>00:25:16.35</b>	<b>00:25:46.40</b>	+00:07:15 (28.7%)	5:03	11.9 (71.3%)
67	<b>WAWRZY尼亚K Paulina</b>	<b>436</b>		K-20	29	00:00:32	00:10:06	<b>00:25:20.25</b>	<b>00:25:53.20</b>	+00:07:19 (28.9%)	5:04	11.8 (70.7%)
68	<b>PADRAK Irmína</b>	<b>608</b>		K-20	30	00:01:08	00:10:43	<b>00:25:21.75</b>	<b>00:26:29.85</b>	+00:07:21 (29.0%)	5:04	11.8 (70.7%)
69	<b>SOBOLEWSKA Aleksandra</b>	<b>292</b>		K-20	31	00:00:52	00:10:24	<b>00:25:23.00</b>	<b>00:26:15.20</b>	+00:07:22 (29.0%)	5:04	11.8 (70.7%)
70	<b>CICHULSKA-QUAAS Izabela</b>	<b>384</b>	RUN-PASJA	K-30	24	00:00:25	00:09:52	<b>00:25:23.90</b>	<b>00:25:49.10</b>	+00:07:23 (29.1%)	5:04	11.8 (70.7%)
71	<b>PLUTKA Martyna</b>	<b>274</b>		K-20	32	00:01:21	00:10:39	<b>00:25:30.75</b>	<b>00:26:52.00</b>	+00:07:30 (29.4%)	5:06	11.8 (70.7%)
72	<b>JAMRÓZ Joanna</b>	<b>365</b>		K-40	9	00:00:18	00:09:47	<b>00:25:31.30</b>	<b>00:25:50.00</b>	+00:07:30 (29.4%)	5:06	11.7 (70.1%)
73	<b>BEDNAREK Patrycja</b>	<b>518</b>	TRISPACE	K-30	25	00:00:16	00:10:12	<b>00:25:37.85</b>	<b>00:25:54.40</b>	+00:07:37 (29.7%)	5:07	11.7 (70.1%)
74	<b>DERING Hanna</b>	<b>73</b>		K-30	26	00:00:50	00:10:17	<b>00:25:39.10</b>	<b>00:26:29.35</b>	+00:07:38 (29.8%)	5:07	11.7 (70.1%)
75	<b>WIENEKE Annika</b>	<b>845</b>	BANTRY ATHLETICS	K-20	33	00:00:52	00:10:04	<b>00:25:41.10</b>	<b>00:26:33.90</b>	+00:07:40 (29.9%)	5:08	11.7 (70.1%)
76	<b>KUŚMIDER Marta</b>	<b>254</b>		K-20	34	00:00:39	00:10:33	<b>00:25:41.30</b>	<b>00:26:20.65</b>	+00:07:40 (29.9%)	5:08	11.7 (70.1%)
77	<b>JURAS Małgorzata</b>	<b>822</b>		K-20	35	00:00:34	00:10:20	<b>00:25:42.15</b>	<b>00:26:16.15</b>	+00:07:41 (29.9%)	5:08	11.7 (70.1%)
78	<b>MAGDZIARZ Katarzyna</b>	<b>46</b>	KANCELARIA HMM	K-30	27	00:00:29	00:10:34	<b>00:25:43.35</b>	<b>00:26:13.10</b>	+00:07:42 (30.0%)	5:08	11.7 (70.1%)
79	<b>PRZEKWASIŃSKA Anna</b>	<b>56</b>		K-30	28	00:00:30	00:10:34	<b>00:25:43.40</b>	<b>00:26:13.45</b>	+00:07:42 (30.0%)	5:08	11.7 (70.1%)
80	<b>WIŚNIEWSKA Karina</b>	<b>744</b>	RUN BYDGOSZCZ	K-10	5	00:00:12	00:09:58	<b>00:25:43.75</b>	<b>00:25:56.10</b>	+00:07:43 (30.0%)	5:08	11.7 (70.1%)
81	<b>KŁOS Ewelina</b>	<b>879</b>	ASTORIA	K-10	6	00:00:00	00:09:47	<b>00:25:44.55</b>	<b>00:25:45.50</b>	+00:07:43 (30.0%)	5:09	11.7 (70.1%)
82	<b>MENDEL Magdalena</b>	<b>712</b>		K-20	36	00:00:26	00:09:52	<b>00:25:47.25</b>	<b>00:26:13.30</b>	+00:07:46 (30.2%)	5:09	11.6 (69.5%)
83	<b>LASOTA Klaudia</b>	<b>321</b>	ASTORIA	K-10	7	00:00:01	00:09:46	<b>00:25:47.90</b>	<b>00:25:49.05</b>	+00:07:47 (30.2%)	5:09	11.6 (69.5%)
84	<b>GÓRNA Karolina</b>	<b>952</b>	BBL INOWROCLAW	K-20	37	00:00:40	00:10:36	<b>00:25:54.25</b>	<b>00:26:34.35</b>	+00:07:53 (30.5%)	5:10	11.6 (69.5%)
85	<b>STRZESZAK Sylwia</b>	<b>290</b>		K-20	38	00:00:06	00:10:05	<b>00:25:58.20</b>	<b>00:26:05.15</b>	+00:07:57 (30.6%)	5:11	11.5 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
86	<b>GONCARZ Katarzyna</b>	<b>1045</b>	CZELADŹ	K-30	29	00:00:24	00:10:25	<b>00:25:59.85</b>	<b>00:26:24.10</b>	+00:07:59 (30.7%)	5:12	11.5 (68.9%)
87	<b>DZIEWIECZYŃSKA Kasia</b>	<b>864</b>		K-20	39	00:00:37	00:10:46	<b>00:26:00.80</b>	<b>00:26:38.30</b>	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
88	<b>GROBELNA Angelika</b>	<b>308</b>		K-40	10	00:00:04	00:09:59	<b>00:26:01.00</b>	<b>00:26:05.50</b>	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
89	<b>NUNZEK Agnieszka</b>	<b>962</b>		K-40	11	00:00:50	00:10:15	<b>00:26:01.60</b>	<b>00:26:52.50</b>	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
90	<b>CZYŻAK Asia</b>	<b>340</b>	RUN BYDGOSZCZ	K-40	12	00:00:52	00:10:25	<b>00:26:02.95</b>	<b>00:26:55.00</b>	+00:08:02 (30.9%)	5:12	11.5 (68.9%)
91	<b>KĄTNIK Dorota</b>	<b>348</b>	RUN PASJA	K-20	40	00:00:23	00:10:04	<b>00:26:05.10</b>	<b>00:26:28.90</b>	+00:08:04 (31.0%)	5:13	11.5 (68.9%)
92	<b>KULBAKA Sylwia</b>	<b>196</b>		K-30	30	00:00:40	00:10:18	<b>00:26:05.60</b>	<b>00:26:45.75</b>	+00:08:04 (31.0%)	5:13	11.5 (68.9%)
93	<b>BEDNAREK Marta</b>	<b>1072</b>		K-30	31	00:01:25	00:10:16	<b>00:26:07.45</b>	<b>00:27:32.90</b>	+00:08:06 (31.1%)	5:13	11.5 (68.9%)
94	<b>DOBUCKA Katarzyna</b>	<b>940</b>	CHONAROWER.PL	K-20	41	00:00:47	00:10:12	<b>00:26:09.55</b>	<b>00:26:57.05</b>	+00:08:08 (31.1%)	5:14	11.5 (68.9%)
95	<b>MAZANOWSKA Ewa</b>	<b>27</b>	RUN-PASJA BYDGOSZCZ	K-30	32	00:00:24	00:10:26	<b>00:26:11.05</b>	<b>00:26:35.40</b>	+00:08:10 (31.2%)	5:14	11.5 (68.9%)
96	<b>FUJARSKA Agata</b>	<b>603</b>		K-10	8	00:00:11	00:10:21	<b>00:26:11.35</b>	<b>00:26:22.95</b>	+00:08:10 (31.2%)	5:14	11.5 (68.9%)
97	<b>CZUCZEJKO Jolanta</b>	<b>368</b>	RUN BYDGOSZCZ	K-40	13	00:00:47	00:10:30	<b>00:26:11.85</b>	<b>00:26:59.00</b>	+00:08:11 (31.2%)	5:14	11.5 (68.9%)
98	<b>WŁODARSKA Katarzyna</b>	<b>547</b>		K-20	42	00:00:56	00:10:49	<b>00:26:12.45</b>	<b>00:27:09.10</b>	+00:08:11 (31.3%)	5:14	11.4 (68.3%)
99	<b>ORŁOWSKA Aneta</b>	<b>336</b>		K-20	43	00:00:44	00:10:41	<b>00:26:20.35</b>	<b>00:27:05.10</b>	+00:08:19 (31.6%)	5:16	11.4 (68.3%)
100	<b>PORAZINSKA Viktoria</b>	<b>723</b>		K-40	14	00:00:34	00:10:19	<b>00:26:23.50</b>	<b>00:26:57.65</b>	+00:08:22 (31.8%)	5:16	11.4 (68.3%)
101	<b>KLISZEWSKA Paulina</b>	<b>305</b>		K-20	44	00:00:50	00:10:47	<b>00:26:29.70</b>	<b>00:27:20.35</b>	+00:08:29 (32.0%)	5:18	11.3 (67.7%)
102	<b>FUZ Gabriela</b>	<b>248</b>	KABEL TEAM BYDGOSZCZ	K-40	15	00:01:11	00:10:52	<b>00:26:39.50</b>	<b>00:27:50.80</b>	+00:08:38 (32.4%)	5:19	11.3 (67.7%)
103	<b>MALICKA Beata</b>	<b>318</b>		K-50	3	00:00:43	00:10:34	<b>00:26:40.10</b>	<b>00:27:23.40</b>	+00:08:39 (32.5%)	5:20	11.3 (67.7%)
104	<b>GLISZCZYŃSKA Joanna</b>	<b>773</b>		K-20	45	00:00:23	00:10:06	<b>00:26:42.15</b>	<b>00:27:05.65</b>	+00:08:41 (32.6%)	5:20	11.2 (67.1%)
105	<b>WESOŁOWSKA Anna</b>	<b>468</b>		K-30	33	00:01:05	00:10:20	<b>00:26:46.00</b>	<b>00:27:51.50</b>	+00:08:45 (32.7%)	5:21	11.2 (67.1%)
106	<b>PADZIKOWSKA Agnieszka</b>	<b>623</b>		K-30	34	00:00:11	00:09:22	<b>00:26:46.75</b>	<b>00:26:58.60</b>	+00:08:46 (32.7%)	5:21	11.2 (67.1%)
107	<b>MARAŚKIEWICZ Agnieszka</b>	<b>995</b>		K-20	46	00:00:42	00:11:14	<b>00:26:48.40</b>	<b>00:27:30.90</b>	+00:08:47 (32.8%)	5:21	11.2 (67.1%)
108	<b>ĆWIKLIŃSKA Anna</b>	<b>205</b>	KLONIKTEAM	K-30	35	00:01:02	00:10:54	<b>00:26:49.05</b>	<b>00:27:51.80</b>	+00:08:48 (32.8%)	5:21	11.2 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
109	<b>DROŹDŹ Małgorzata</b>	<b>207</b>	KLONIKTEAM	K-30	36	00:01:02	00:10:54	<b>00:26:49.10</b>	<b>00:27:52.05</b>	+00:08:48 (32.8%)	5:22	11.2 (67.1%)
110	<b>MOLENDĄ Patrycja</b>	<b>833</b>		K-20	47	00:00:42	00:11:15	<b>00:26:49.55</b>	<b>00:27:32.15</b>	+00:08:48 (32.9%)	5:22	11.2 (67.1%)
111	<b>BUKOWSKA Anna</b>	<b>53</b>		K-20	48	00:01:02	00:10:43	<b>00:26:50.95</b>	<b>00:27:52.95</b>	+00:08:50 (32.9%)	5:22	11.2 (67.1%)
112	<b>MELLEM-ZWIEWKA Małgorzata</b>	<b>234</b>	BIEGAJĄCE BABECZKI	K-30	37	00:00:29	00:11:05	<b>00:26:51.35</b>	<b>00:27:21.20</b>	+00:08:50 (32.9%)	5:22	11.2 (67.1%)
113	<b>JANIK Agnieszka</b>	<b>311</b>	PARIS TEAM	K-30	38	00:01:02	00:10:43	<b>00:26:53.70</b>	<b>00:27:56.30</b>	+00:08:53 (33.0%)	5:22	11.2 (67.1%)
114	<b>KOŚMICKA Emilia</b>	<b>231</b>		K-30	39	00:00:48	00:10:53	<b>00:26:54.40</b>	<b>00:27:42.50</b>	+00:08:53 (33.1%)	5:22	11.2 (67.1%)
115	<b>GIŁKA Małgorzata</b>	<b>120</b>		K-20	49	00:00:30	00:10:18	<b>00:26:55.15</b>	<b>00:27:25.65</b>	+00:08:54 (33.1%)	5:23	11.1 (66.5%)
116	<b>MUCHA-BOINSKA Anna</b>	<b>309</b>		K-30	40	00:00:11	00:10:32	<b>00:26:55.80</b>	<b>00:27:07.10</b>	+00:08:55 (33.1%)	5:23	11.1 (66.5%)
117	<b>STRABEL Maria</b>	<b>65</b>		K-50	4	00:00:15	00:10:23	<b>00:26:56.85</b>	<b>00:27:12.00</b>	+00:08:56 (33.2%)	5:23	11.1 (66.5%)
118	<b>PRZYBYŁA Agata</b>	<b>540</b>		K-20	50	00:00:53	00:10:57	<b>00:26:57.45</b>	<b>00:27:50.60</b>	+00:08:56 (33.2%)	5:23	11.1 (66.5%)
119	<b>KRUPA Katarzyna</b>	<b>827</b>	DECATHLON TEAM FORDON	K-20	51	00:01:01	00:11:34	<b>00:27:02.15</b>	<b>00:28:03.85</b>	+00:09:01 (33.4%)	5:24	11.1 (66.5%)
120	<b>MARCINIĄK Marta</b>	<b>430</b>		K-10	9	00:00:59	00:11:24	<b>00:27:03.20</b>	<b>00:28:02.75</b>	+00:09:02 (33.4%)	5:24	11.1 (66.5%)
121	<b>GWÓŹDŹ Katarzyna</b>	<b>996</b>	TKKF WODNIK WIĘCIBORK	K-20	52	00:00:38	00:10:31	<b>00:27:04.55</b>	<b>00:27:42.65</b>	+00:09:03 (33.5%)	5:24	11.1 (66.5%)
122	<b>GRACZKOWSKA Mirosława</b>	<b>924</b>		K-40	16	00:00:31	00:10:22	<b>00:27:04.70</b>	<b>00:27:36.15</b>	+00:09:04 (33.5%)	5:25	11.1 (66.5%)
123	<b>SZMATUŁA Elżbieta</b>	<b>431</b>		K-20	53	00:00:53	00:10:59	<b>00:27:06.75</b>	<b>00:28:00.45</b>	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
124	<b>ZIĘTAK Joanna</b>	<b>447</b>		K-40	17	00:00:25	00:11:06	<b>00:27:07.45</b>	<b>00:27:32.90</b>	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
125	<b>RASZKOWSKA Klaudia</b>	<b>574</b>		K-20	54	00:00:52	00:10:59	<b>00:27:07.60</b>	<b>00:28:00.30</b>	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
126	<b>KRASIŃSKA Katarzyna</b>	<b>359</b>		K-30	41	00:00:18	00:10:18	<b>00:27:07.80</b>	<b>00:27:25.90</b>	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
127	<b>JACHIMOWSKA Malwina</b>	<b>549</b>		K-20	55	00:00:52	00:10:59	<b>00:27:07.85</b>	<b>00:28:00.45</b>	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
128	<b>JAŹDŹEWSKA Alicja</b>	<b>399</b>		K-30	42	00:00:39	00:10:46	<b>00:27:07.95</b>	<b>00:27:47.65</b>	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
129	<b>RÓŹAŃSKA Jowanka</b>	<b>766</b>	BYDGOSZCZ TRIATHLON	K-40	18	00:00:19	00:10:42	<b>00:27:08.25</b>	<b>00:27:28.20</b>	+00:09:07 (33.6%)	5:25	11 (65.9%)
130	<b>AFELT Luiza</b>	<b>297</b>		K-20	56	00:01:06	00:10:59	<b>00:27:09.00</b>	<b>00:28:15.05</b>	+00:09:08 (33.7%)	5:25	11 (65.9%)
131	<b>DROŹ Katarzyna</b>	<b>426</b>		K-10	10	00:00:59	00:11:24	<b>00:27:09.60</b>	<b>00:28:08.60</b>	+00:09:08 (33.7%)	5:25	11 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
132	<b>PIĄTEK Lidia</b>	<b>241</b>	BIEGAJĄCE BABECZKI	K-30	43	00:00:29	00:11:05	<b>00:27:11.70</b>	<b>00:27:41.50</b>	+00:09:11 (33.8%)	5:26	11 (65.9%)
133	<b>SIEWERT Hanna</b>	<b>364</b>		K-30	44	00:00:45	00:11:20	<b>00:27:12.45</b>	<b>00:27:58.30</b>	+00:09:11 (33.8%)	5:26	11 (65.9%)
134	<b>JABŁOŃSKA Monika</b>	<b>24</b>		K-20	57	00:00:18	00:11:00	<b>00:27:15.70</b>	<b>00:27:34.15</b>	+00:09:15 (33.9%)	5:27	11 (65.9%)
135	<b>DURAŁEK Anna</b>	<b>90</b>	TEAM PRUSZCZ	K-40	19	00:00:48	00:10:56	<b>00:27:16.45</b>	<b>00:28:04.80</b>	+00:09:15 (34.0%)	5:27	11 (65.9%)
136	<b>PŁÓCIENNIK Anna</b>	<b>107</b>	BARCA	K-30	45	00:00:44	00:10:40	<b>00:27:25.55</b>	<b>00:28:10.05</b>	+00:09:24 (34.3%)	5:29	10.9 (65.3%)
137	<b>SOSIŃSKA Agata</b>	<b>54</b>		K-20	58	00:00:14	00:10:24	<b>00:27:27.45</b>	<b>00:27:41.55</b>	+00:09:26 (34.4%)	5:29	10.9 (65.3%)
138	<b>TARASZKA Olga</b>	<b>96</b>	UMK TORUŃ	K-20	59	00:00:19	00:10:53	<b>00:27:30.35</b>	<b>00:27:49.45</b>	+00:09:29 (34.5%)	5:30	10.9 (65.3%)
139	<b>FAC Dorota</b>	<b>50</b>		K-30	46	00:00:33	00:10:58	<b>00:27:30.75</b>	<b>00:28:04.30</b>	+00:09:30 (34.5%)	5:30	10.9 (65.3%)
140	<b>ULATOWSKA Sylwia</b>	<b>578</b>		K-30	47	00:01:13	00:11:30	<b>00:27:31.00</b>	<b>00:28:44.50</b>	+00:09:30 (34.5%)	5:30	10.9 (65.3%)
141	<b>SULSKA Marta</b>	<b>173</b>		K-30	48	00:00:33	00:10:52	<b>00:27:31.45</b>	<b>00:28:04.50</b>	+00:09:30 (34.6%)	5:30	10.9 (65.3%)
142	<b>MUCYK Małgosia</b>	<b>361</b>		K-30	49	00:00:58	00:10:58	<b>00:27:31.75</b>	<b>00:28:29.75</b>	+00:09:31 (34.6%)	5:30	10.9 (65.3%)
143	<b>WIŚNIEWSKA Alicja</b>	<b>856</b>	KABEL TEAM BYDGOSZCZ	K-30	50	00:01:15	00:11:26	<b>00:27:32.10</b>	<b>00:28:47.30</b>	+00:09:31 (34.6%)	5:30	10.9 (65.3%)
144	<b>JĘDRZEJEWSKA Joanna</b>	<b>401</b>		K-20	60	00:01:06	00:11:06	<b>00:27:34.30</b>	<b>00:28:41.20</b>	+00:09:33 (34.7%)	5:31	10.9 (65.3%)
145	<b>FLORCZAK Barbara</b>	<b>395</b>	RUN PASJA	K-30	51	00:00:24	00:10:34	<b>00:27:34.75</b>	<b>00:27:59.05</b>	+00:09:34 (34.7%)	5:31	10.9 (65.3%)
146	<b>ZATOŃ Bożena</b>	<b>410</b>	RUN PASJA	K-50	5	00:01:08	00:11:21	<b>00:27:35.90</b>	<b>00:28:44.30</b>	+00:09:35 (34.7%)	5:31	10.9 (65.3%)
147	<b>ZYGMUNT Aneta</b>	<b>838</b>	RUN BDG	K-20	61	00:00:10	00:10:14	<b>00:27:35.95</b>	<b>00:27:45.95</b>	+00:09:35 (34.7%)	5:31	10.9 (65.3%)
148	<b>MOROSZCZAK Dominika</b>	<b>849</b>	4RUN TEAM BYDGOSZCZ	K-30	52	00:00:34	00:11:09	<b>00:27:40.45</b>	<b>00:28:14.60</b>	+00:09:39 (34.9%)	5:32	10.8 (64.7%)
149	<b>JÓZEFIAK Magdalena</b>	<b>866</b>		K-50	6	00:00:42	00:10:45	<b>00:27:42.20</b>	<b>00:28:24.55</b>	+00:09:41 (35.0%)	5:32	10.8 (64.7%)
150	<b>PROKOPOWICZ Agnieszka</b>	<b>701</b>		K-30	53	00:01:10	00:11:13	<b>00:27:44.75</b>	<b>00:28:54.85</b>	+00:09:44 (35.1%)	5:32	10.8 (64.7%)
151	<b>ZAMIATOWSKA Kinga</b>	<b>703</b>	RUN BYDGOSZCZ	K-30	54	00:01:10	00:11:12	<b>00:27:44.85</b>	<b>00:28:55.00</b>	+00:09:44 (35.1%)	5:33	10.8 (64.7%)
152	<b>CEMKE Magdalena</b>	<b>121</b>		K-20	62	00:00:14	00:10:12	<b>00:27:45.05</b>	<b>00:27:59.90</b>	+00:09:44 (35.1%)	5:33	10.8 (64.7%)
153	<b>BIŁYK Marta</b>	<b>495</b>		K-30	55	00:00:14	00:10:46	<b>00:27:46.15</b>	<b>00:28:01.00</b>	+00:09:45 (35.1%)	5:33	10.8 (64.7%)
154	<b>HARASZKIEWICZ Małgorzata</b>	<b>863</b>		K-20	63	00:00:38	00:11:09	<b>00:27:50.25</b>	<b>00:28:28.55</b>	+00:09:49 (35.3%)	5:34	10.8 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
155	<b>SUCHODOLSKA Agnieszka</b>	<b>144</b>		K-40	20	00:00:36	00:10:49	<b>00:27:51.10</b>	<b>00:28:27.50</b>	+00:09:50 (35.3%)	5:34	10.8 (64.7%)
156	<b>NALEWALSKA Justyna</b>	<b>331</b>		K-20	64	00:00:55	00:11:03	<b>00:27:54.70</b>	<b>00:28:50.65</b>	+00:09:54 (35.5%)	5:35	10.7 (64.1%)
156	<b>KUGACZ Aneta</b>	<b>354</b>	RUN BYDGOSZCZ	K-30	56	00:00:53	00:11:06	<b>00:27:54.70</b>	<b>00:28:48.20</b>	+00:09:54 (35.5%)	5:35	10.7 (64.1%)
158	<b>RUTKOWSKA Dorota</b>	<b>491</b>		K-10	11	00:00:26	00:10:58	<b>00:27:56.75</b>	<b>00:28:22.80</b>	+00:09:56 (35.6%)	5:35	10.7 (64.1%)
159	<b>CZARNECKA -PIJAROWSKA Dominika</b>	<b>680</b>		K-30	57	00:01:12	00:10:51	<b>00:27:57.90</b>	<b>00:29:10.80</b>	+00:09:57 (35.6%)	5:35	10.7 (64.1%)
160	<b>CZESZUMSKA Karolina</b>	<b>505</b>		K-30	58	00:00:25	00:11:04	<b>00:27:58.05</b>	<b>00:28:23.55</b>	+00:09:57 (35.6%)	5:35	10.7 (64.1%)
161	<b>FLORCZAK Monika</b>	<b>754</b>	KLUB BIEGACZA RTV URO AGD	K-30	59	00:00:40	00:11:13	<b>00:27:59.05</b>	<b>00:28:39.45</b>	+00:09:58 (35.6%)	5:35	10.7 (64.1%)
162	<b>PIECYK-CZAJA Sonia</b>	<b>534</b>		K-30	60	00:00:53	00:11:06	<b>00:27:59.85</b>	<b>00:28:53.15</b>	+00:09:59 (35.7%)	5:36	10.7 (64.1%)
163	<b>DUZOWSKA Kamila</b>	<b>557</b>	STOWARZYSZENIE PIECZA	K-10	12	00:00:24	00:10:46	<b>00:28:01.50</b>	<b>00:28:25.50</b>	+00:10:00 (35.7%)	5:36	10.7 (64.1%)
164	<b>ŁAŃCUCKA Agnieszka</b>	<b>836</b>		K-40	21	00:00:37	00:10:39	<b>00:28:02.00</b>	<b>00:28:39.00</b>	+00:10:01 (35.8%)	5:36	10.7 (64.1%)
165	<b>WORONIECKA Anna</b>	<b>917</b>		K-30	61	00:01:08	00:11:16	<b>00:28:02.80</b>	<b>00:29:11.75</b>	+00:10:02 (35.8%)	5:36	10.7 (64.1%)
166	<b>STRÓŻYK Grażyna</b>	<b>795</b>		K-20	65	00:00:50	00:11:38	<b>00:28:05.05</b>	<b>00:28:55.15</b>	+00:10:04 (35.9%)	5:37	10.7 (64.1%)
167	<b>BALCERZAK Dorota</b>	<b>330</b>	BBL INOWROCŁAW	K-40	22	00:00:42	00:11:04	<b>00:28:05.70</b>	<b>00:28:47.70</b>	+00:10:05 (35.9%)	5:37	10.7 (64.1%)
167	<b>CHRÓŚCIŃSKA Justyna</b>	<b>393</b>	GORDON RUN	K-20	66	00:01:07	00:11:06	<b>00:28:05.70</b>	<b>00:29:12.90</b>	+00:10:05 (35.9%)	5:37	10.7 (64.1%)
169	<b>PRZYGODA Katarzyna</b>	<b>1007</b>		K-20	67	00:00:27	00:10:49	<b>00:28:06.70</b>	<b>00:28:34.00</b>	+00:10:06 (35.9%)	5:37	10.7 (64.1%)
170	<b>JARZEMSKA Alicja</b>	<b>786</b>	BYDGOSZCZ TRIATHLON TEAM	K-20	68	00:00:22	00:11:04	<b>00:28:06.95</b>	<b>00:28:29.90</b>	+00:10:06 (35.9%)	5:37	10.7 (64.1%)
171	<b>KOBYLARZ Paulina</b>	<b>1019</b>		K-20	69	00:01:03	00:11:36	<b>00:28:07.50</b>	<b>00:29:10.70</b>	+00:10:06 (36.0%)	5:37	10.7 (64.1%)
172	<b>DUDZIAK Elżbieta</b>	<b>1058</b>		K-30	62	00:00:22	00:11:06	<b>00:28:07.70</b>	<b>00:28:30.65</b>	+00:10:07 (36.0%)	5:37	10.7 (64.1%)
173	<b>RAKAŁOWICZ Justyna</b>	<b>707</b>	STAFF TRIATHLON BYDGOSZCZ	K-30	63	00:00:27	00:11:09	<b>00:28:08.25</b>	<b>00:28:35.65</b>	+00:10:07 (36.0%)	5:37	10.7 (64.1%)
174	<b>HARASIMCZYK Weronika</b>	<b>12</b>		K-20	70	00:00:26	00:11:07	<b>00:28:09.30</b>	<b>00:28:36.10</b>	+00:10:08 (36.0%)	5:38	10.7 (64.1%)
175	<b>KRZYŻELEWSKA - SUŚ Anna</b>	<b>568</b>	BYDZIA POWER	K-40	23	00:00:42	00:11:18	<b>00:28:19.40</b>	<b>00:29:01.45</b>	+00:10:18 (36.4%)	5:39	10.6 (63.5%)
176	<b>BINDEK Marta</b>	<b>763</b>		K-30	64	00:00:20	00:10:46	<b>00:28:19.90</b>	<b>00:28:40.40</b>	+00:10:19 (36.4%)	5:40	10.6 (63.5%)
177	<b>BOCIAN Natalia</b>	<b>324</b>	BYDGOSZCZ TRIATHLON TEAM	K-20	71	00:00:10	00:10:53	<b>00:28:20.05</b>	<b>00:28:30.05</b>	+00:10:19 (36.4%)	5:40	10.6 (63.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
178	<b>PULKOWSKA Natalia</b>	<b>831</b>		K-30	65	00:00:41	00:11:17	<b>00:28:22.90</b>	<b>00:29:04.00</b>	+00:10:22 (36.5%)	5:40	10.6 (63.5%)
179	<b>KULAS Natalia</b>	<b>828</b>		K-10	13	00:01:00	00:11:37	<b>00:28:27.25</b>	<b>00:29:27.45</b>	+00:10:26 (36.7%)	5:41	10.5 (62.9%)
180	<b>KAMPER Małgorzata</b>	<b>604</b>		K-40	24	00:00:40	00:11:26	<b>00:28:29.15</b>	<b>00:29:09.60</b>	+00:10:28 (36.8%)	5:41	10.5 (62.9%)
181	<b>DUTKIEWICZ Urszula</b>	<b>651</b>	TKKF KOLEJARZ BYDGOSZCZ	K-30	66	00:00:55	00:11:03	<b>00:28:32.20</b>	<b>00:29:28.05</b>	+00:10:31 (36.9%)	5:42	10.5 (62.9%)
182	<b>JURASZEK Karolina</b>	<b>1003</b>		K-20	72	00:01:01	00:10:54	<b>00:28:37.70</b>	<b>00:29:39.55</b>	+00:10:37 (37.1%)	5:43	10.5 (62.9%)
183	<b>SZTEJKA Jolanta</b>	<b>91</b>	BENEFITKSO	K-30	67	00:01:05	00:11:36	<b>00:28:38.55</b>	<b>00:29:43.75</b>	+00:10:37 (37.1%)	5:43	10.5 (62.9%)
184	<b>BUSSE Jagoda</b>	<b>606</b>		K-30	68	00:01:05	00:11:27	<b>00:28:40.35</b>	<b>00:29:46.10</b>	+00:10:39 (37.2%)	5:44	10.5 (62.9%)
185	<b>DYLEWSKA Marta</b>	<b>313</b>		K-40	25	00:00:31	00:11:24	<b>00:28:41.40</b>	<b>00:29:12.45</b>	+00:10:40 (37.2%)	5:44	10.5 (62.9%)
186	<b>PAPROCKA Małgorzata</b>	<b>343</b>		K-40	26	00:00:58	00:11:36	<b>00:28:45.75</b>	<b>00:29:44.60</b>	+00:10:45 (37.4%)	5:45	10.4 (62.3%)
187	<b>RYBICKA Anna</b>	<b>706</b>		K-30	69	00:00:15	00:10:45	<b>00:28:46.95</b>	<b>00:29:02.00</b>	+00:10:46 (37.4%)	5:45	10.4 (62.3%)
188	<b>WYSOTA Gabrysia</b>	<b>271</b>		K-10	14	00:00:44	00:11:56	<b>00:28:48.15</b>	<b>00:29:32.60</b>	+00:10:47 (37.5%)	5:45	10.4 (62.3%)
189	<b>SOKÓŁ Krystyna</b>	<b>697</b>		K-20	73	00:00:34	00:10:46	<b>00:28:49.80</b>	<b>00:29:24.70</b>	+00:10:49 (37.5%)	5:46	10.4 (62.3%)
190	<b>GRZONKA Emilia</b>	<b>1079</b>		K-20	74	00:00:23	00:10:48	<b>00:28:56.60</b>	<b>00:29:20.10</b>	+00:10:55 (37.8%)	5:47	10.4 (62.3%)
191	<b>ROZWADOWSKA Zofia</b>	<b>74</b>		K-20	75	00:01:27	00:11:49	<b>00:28:58.55</b>	<b>00:30:25.65</b>	+00:10:57 (37.8%)	5:47	10.4 (62.3%)
192	<b>PODEMSKA Patrycja</b>	<b>345</b>		K-20	76	00:00:38	00:11:38	<b>00:29:02.20</b>	<b>00:29:40.80</b>	+00:11:01 (38.0%)	5:48	10.3 (61.7%)
193	<b>KACZMAREK Anna</b>	<b>473</b>	REPREZENTACJA GET RUN	K-30	70	00:00:37	00:11:31	<b>00:29:06.15</b>	<b>00:29:43.20</b>	+00:11:05 (38.1%)	5:49	10.3 (61.7%)
194	<b>CISZEWSKA Emilia</b>	<b>802</b>		K-30	71	00:00:56	00:11:40	<b>00:29:06.85</b>	<b>00:30:03.45</b>	+00:11:06 (38.1%)	5:49	10.3 (61.7%)
195	<b>RASSALSKA Roma</b>	<b>217</b>		K-30	72	00:01:02	00:11:35	<b>00:29:07.70</b>	<b>00:30:09.85</b>	+00:11:07 (38.2%)	5:49	10.3 (61.7%)
196	<b>RASSALSKA-KAUSA Jola</b>	<b>215</b>		K-30	73	00:01:03	00:11:34	<b>00:29:10.05</b>	<b>00:30:13.10</b>	+00:11:09 (38.3%)	5:50	10.3 (61.7%)
197	<b>ROSZCZYŃIAŁA Marlena</b>	<b>903</b>		K-30	74	00:01:04	00:11:34	<b>00:29:15.15</b>	<b>00:30:19.85</b>	+00:11:14 (38.4%)	5:51	10.3 (61.7%)
198	<b>PŁACZKOWSKA Magdalena</b>	<b>118</b>		K-30	75	00:00:30	00:11:26	<b>00:29:15.20</b>	<b>00:29:45.70</b>	+00:11:14 (38.4%)	5:51	10.3 (61.7%)
199	<b>FRYDRYSZEK Monika</b>	<b>1057</b>		K-20	77	00:00:48	00:11:41	<b>00:29:15.80</b>	<b>00:30:04.00</b>	+00:11:15 (38.5%)	5:51	10.3 (61.7%)
200	<b>KLUGIEWICZ Dorota</b>	<b>783</b>		K-40	27	00:00:58	00:11:26	<b>00:29:19.10</b>	<b>00:30:17.60</b>	+00:11:18 (38.6%)	5:51	10.2 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
201	<b>JEZIORSKA Monika</b>	<b>907</b>	ANIOŁY	K-30	76	00:01:12	00:11:55	<b>00:29:21.60</b>	<b>00:30:34.30</b>	+00:11:20 (38.7%)	5:52	10.2 (61.1%)
202	<b>PODOSEK Magdalena</b>	<b>1021</b>		K-30	77	00:01:01	00:11:43	<b>00:29:23.10</b>	<b>00:30:24.20</b>	+00:11:22 (38.7%)	5:52	10.2 (61.1%)
203	<b>RUTKOWSKA Marta</b>	<b>490</b>		K-10	15	00:00:26	00:10:58	<b>00:29:25.60</b>	<b>00:29:52.50</b>	+00:11:24 (38.8%)	5:53	10.2 (61.1%)
204	<b>MIKA Monika</b>	<b>404</b>	CPR BYDGOSZCZ	K-20	78	00:01:12	00:12:13	<b>00:29:26.85</b>	<b>00:30:39.05</b>	+00:11:26 (38.8%)	5:53	10.2 (61.1%)
205	<b>NOWAK Mariola</b>	<b>717</b>		K-40	28	00:00:49	00:11:41	<b>00:29:26.90</b>	<b>00:30:16.35</b>	+00:11:26 (38.8%)	5:53	10.2 (61.1%)
206	<b>MARTYN Katarzyna</b>	<b>302</b>		K-20	79	00:00:46	00:11:24	<b>00:29:34.05</b>	<b>00:30:20.15</b>	+00:11:33 (39.1%)	5:54	10.1 (60.5%)
207	<b>KORPAL Anna</b>	<b>860</b>		K-20	80	00:01:01	00:12:03	<b>00:29:34.60</b>	<b>00:30:36.10</b>	+00:11:33 (39.1%)	5:55	10.1 (60.5%)
208	<b>SZPERA Joanna</b>	<b>400</b>		K-40	29	00:00:44	00:11:31	<b>00:29:37.00</b>	<b>00:30:21.90</b>	+00:11:36 (39.2%)	5:55	10.1 (60.5%)
209	<b>WAWRZYNIAK Karolina</b>	<b>2</b>		K-30	78	00:00:30	00:11:26	<b>00:29:38.50</b>	<b>00:30:09.10</b>	+00:11:37 (39.2%)	5:55	10.1 (60.5%)
210	<b>NYBAK Beata</b>	<b>814</b>		K-30	79	00:00:56	00:11:40	<b>00:29:41.85</b>	<b>00:30:38.70</b>	+00:11:41 (39.4%)	5:56	10.1 (60.5%)
211	<b>DZIEKAN Monika</b>	<b>775</b>	KABEL TEAM BYDGOSZCZ	K-30	80	00:01:11	00:11:36	<b>00:29:45.20</b>	<b>00:30:57.10</b>	+00:11:44 (39.5%)	5:57	10.1 (60.5%)
212	<b>ŻMICH Aleksandra</b>	<b>852</b>		K-20	81	00:00:38	00:11:27	<b>00:29:45.35</b>	<b>00:30:23.35</b>	+00:11:44 (39.5%)	5:57	10.1 (60.5%)
213	<b>DANIELEK Ewa</b>	<b>4</b>		K-30	81	00:00:39	00:11:25	<b>00:29:45.85</b>	<b>00:30:24.85</b>	+00:11:45 (39.5%)	5:57	10.1 (60.5%)
214	<b>WEŁNIŃSKA Aleksandra</b>	<b>506</b>		K-20	82	00:01:07	00:12:19	<b>00:29:48.75</b>	<b>00:30:56.65</b>	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
215	<b>WÓJT Monika</b>	<b>335</b>		K-30	82	00:00:31	00:11:49	<b>00:29:49.05</b>	<b>00:30:20.75</b>	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
216	<b>CZYŻEWSKA Bernadeta</b>	<b>423</b>		K-30	83	00:00:57	00:11:50	<b>00:29:49.60</b>	<b>00:30:46.90</b>	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
217	<b>GROCHOWALSKA Marzena</b>	<b>479</b>		K-30	84	00:01:04	00:12:10	<b>00:29:50.75</b>	<b>00:30:54.85</b>	+00:11:50 (39.7%)	5:58	10.1 (60.5%)
218	<b>ŁOŚ Katarzyna</b>	<b>165</b>		K-50	7	00:01:09	00:11:44	<b>00:29:56.85</b>	<b>00:31:05.90</b>	+00:11:56 (39.9%)	5:59	10 (59.9%)
219	<b>WIŚNIEWSKA-KRAWIEC Beata</b>	<b>740</b>		K-40	30	00:00:57	00:11:47	<b>00:29:58.10</b>	<b>00:30:55.15</b>	+00:11:57 (39.9%)	5:59	10 (59.9%)
220	<b>MRÓWCZYŃSKA Agnieszka</b>	<b>261</b>		K-30	85	00:00:33	00:11:48	<b>00:30:02.20</b>	<b>00:30:35.85</b>	+00:12:01 (40.0%)	6:00	10 (59.9%)
221	<b>MUCHA Natalia</b>	<b>304</b>	BATRUN	K-10	16	00:00:57	00:12:07	<b>00:30:05.70</b>	<b>00:31:03.40</b>	+00:12:05 (40.2%)	6:01	10 (59.9%)
222	<b>MIKLER Aleksandra</b>	<b>191</b>		K-20	83	00:00:51	00:11:56	<b>00:30:09.70</b>	<b>00:31:01.40</b>	+00:12:09 (40.3%)	6:02	9.9 (59.3%)
223	<b>TOMCZAK Magdalena</b>	<b>1038</b>		K-20	84	00:01:19	00:12:04	<b>00:30:10.55</b>	<b>00:31:30.00</b>	+00:12:09 (40.3%)	6:02	9.9 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
224	<b>JURUŚ Jolanta</b>	<b>451</b>	PARKRUN	K-50	8	00:00:58	00:11:41	<b>00:30:13.15</b>	<b>00:31:11.65</b>	+00:12:12 (40.4%)	6:02	9.9 (59.3%)
225	<b>THIEDE Magdalena</b>	<b>21</b>		K-20	85	00:00:38	00:11:46	<b>00:30:18.60</b>	<b>00:30:57.40</b>	+00:12:17 (40.6%)	6:03	9.9 (59.3%)
226	<b>NAPIÓRKOWSKA Ewa</b>	<b>155</b>		K-50	9	00:00:50	00:12:17	<b>00:30:21.95</b>	<b>00:31:12.40</b>	+00:12:21 (40.7%)	6:04	9.9 (59.3%)
227	<b>CIESIELSKA Oktawia</b>	<b>730</b>	DECATHLON TEAM FORDON	K-20	86	00:01:02	00:12:05	<b>00:30:22.50</b>	<b>00:31:24.70</b>	+00:12:21 (40.7%)	6:04	9.9 (59.3%)
228	<b>HINZ-BRYLEW Natalia</b>	<b>666</b>	PRZYCHODNIA ROMET	K-30	86	00:01:22	00:11:53	<b>00:30:24.20</b>	<b>00:31:46.50</b>	+00:12:23 (40.8%)	6:04	9.9 (59.3%)
229	<b>PŁUCIENNIK Joanna</b>	<b>595</b>	STOWARZYSZENIE PIECZA	K-40	31	00:00:54	00:12:25	<b>00:30:32.40</b>	<b>00:31:26.50</b>	+00:12:31 (41.0%)	6:06	9.8 (58.7%)
230	<b>ZIĘTAK Zuzanna</b>	<b>445</b>		K-10	17	00:00:25	00:11:29	<b>00:30:36.35</b>	<b>00:31:01.35</b>	+00:12:35 (41.2%)	6:07	9.8 (58.7%)
231	<b>PAKULSKA Małgorzata</b>	<b>392</b>		K-20	87	00:00:44	00:11:40	<b>00:30:44.35</b>	<b>00:31:28.80</b>	+00:12:43 (41.4%)	6:08	9.8 (58.7%)
232	<b>HAŁAS Weronika</b>	<b>243</b>		K-10	18	00:01:00	00:11:38	<b>00:30:44.85</b>	<b>00:31:45.05</b>	+00:12:44 (41.4%)	6:09	9.8 (58.7%)
233	<b>SUDOŁ Karolina</b>	<b>446</b>	LIMONKA TEAM	K-30	87	00:00:24	00:11:46	<b>00:30:45.90</b>	<b>00:31:10.00</b>	+00:12:45 (41.5%)	6:09	9.8 (58.7%)
234	<b>RUDOL Małgorzata</b>	<b>755</b>		K-30	88	00:00:07	00:11:48	<b>00:30:47.05</b>	<b>00:30:54.85</b>	+00:12:46 (41.5%)	6:09	9.7 (58.1%)
235	<b>JANICKA Kamila</b>	<b>235</b>		K-20	88	00:00:21	00:11:29	<b>00:30:49.25</b>	<b>00:31:10.80</b>	+00:12:48 (41.6%)	6:09	9.7 (58.1%)
236	<b>PAKULSKA Dorota</b>	<b>382</b>		K-40	32	00:00:45	00:12:01	<b>00:30:53.40</b>	<b>00:31:38.75</b>	+00:12:52 (41.7%)	6:10	9.7 (58.1%)
237	<b>BASZANOWSKA Sylwia</b>	<b>891</b>		K-40	33	00:01:19	00:12:19	<b>00:30:54.70</b>	<b>00:32:14.40</b>	+00:12:54 (41.7%)	6:11	9.7 (58.1%)
238	<b>OWCZAREK - BORACZYŃSKA Marta</b>	<b>625</b>		K-40	34	00:01:05	00:12:21	<b>00:30:55.60</b>	<b>00:32:01.25</b>	+00:12:54 (41.8%)	6:11	9.7 (58.1%)
239	<b>NAPIERAŁA Anna</b>	<b>668</b>		K-30	89	00:00:36	00:12:13	<b>00:31:00.45</b>	<b>00:31:37.10</b>	+00:12:59 (41.9%)	6:12	9.7 (58.1%)
240	<b>MALCZEWSKA Mirka</b>	<b>29</b>	SPORT FAKTORY	K-50	10	00:00:54	00:11:59	<b>00:31:04.40</b>	<b>00:31:59.10</b>	+00:13:03 (42.0%)	6:13	9.7 (58.1%)
240	<b>DOŁKOWSKA Lena</b>	<b>821</b>		K-10	19	00:00:29	00:11:42	<b>00:31:04.40</b>	<b>00:31:33.90</b>	+00:13:03 (42.0%)	6:12	9.7 (58.1%)
242	<b>RYBKA Aldona</b>	<b>197</b>		K-40	35	00:00:30	00:11:47	<b>00:31:07.65</b>	<b>00:31:38.45</b>	+00:13:07 (42.1%)	6:13	9.6 (57.5%)
243	<b>RUDOL Marzena</b>	<b>757</b>		K-30	90	00:00:08	00:11:47	<b>00:31:13.10</b>	<b>00:31:21.10</b>	+00:13:12 (42.3%)	6:14	9.6 (57.5%)
244	<b>ŻARKOWSKA Aleksandra</b>	<b>609</b>	KABEL TEAM	K-40	36	00:01:12	00:12:07	<b>00:31:19.20</b>	<b>00:32:31.35</b>	+00:13:18 (42.5%)	6:15	9.6 (57.5%)
244	<b>TUBAJA Anita</b>	<b>486</b>	KABEL TEAM	K-30	91	00:01:11	00:12:08	<b>00:31:19.20</b>	<b>00:32:31.05</b>	+00:13:18 (42.5%)	6:16	9.6 (57.5%)
246	<b>SZNAJDROWSKA Judyta</b>	<b>114</b>		K-20	89	00:00:46	00:11:59	<b>00:31:25.25</b>	<b>00:32:11.55</b>	+00:13:24 (42.7%)	6:17	9.5 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
247	<b>PERTEK Joanna</b>	<b>113</b>		K-20	90	00:00:19	00:11:48	<b>00:31:28.35</b>	<b>00:31:48.15</b>	+00:13:27 (42.8%)	6:17	9.5 (56.9%)
248	<b>MILER Martyna</b>	<b>1085</b>		K-10	20	00:00:14	00:12:28	<b>00:31:29.05</b>	<b>00:31:43.65</b>	+00:13:28 (42.8%)	6:17	9.5 (56.9%)
249	<b>LASEK Małgorzata</b>	<b>218</b>		K-40	37	00:00:31	00:11:55	<b>00:31:36.45</b>	<b>00:32:07.85</b>	+00:13:35 (43.0%)	6:19	9.5 (56.9%)
250	<b>NADOLNA Aurelia</b>	<b>865</b>	WEEKENDOWY BIEGACZ	K-30	92	00:00:51	00:12:08	<b>00:31:36.80</b>	<b>00:32:28.45</b>	+00:13:36 (43.0%)	6:19	9.5 (56.9%)
251	<b>KARDACH Magdalena</b>	<b>869</b>	ALLIANZ RUNNING TEAM	K-30	93	00:00:51	00:12:08	<b>00:31:37.15</b>	<b>00:32:28.35</b>	+00:13:36 (43.0%)	6:19	9.5 (56.9%)
252	<b>DREWS Angelika</b>	<b>894</b>	OKOLE	K-30	94	00:01:18	00:12:06	<b>00:31:37.85</b>	<b>00:32:55.85</b>	+00:13:37 (43.1%)	6:19	9.5 (56.9%)
253	<b>BRAĞIEL Anna</b>	<b>139</b>	VEGE RUNNERS	K-30	95	00:01:06	00:12:42	<b>00:31:42.60</b>	<b>00:32:49.40</b>	+00:13:41 (43.2%)	6:20	9.5 (56.9%)
254	<b>DOBRACTKA Anna</b>	<b>187</b>		K-20	91	00:01:10	00:13:05	<b>00:31:48.75</b>	<b>00:32:59.70</b>	+00:13:48 (43.4%)	6:21	9.4 (56.3%)
255	<b>MARC Agnieszka</b>	<b>796</b>		K-40	38	00:01:11	00:12:30	<b>00:31:54.45</b>	<b>00:33:05.70</b>	+00:13:53 (43.6%)	6:22	9.4 (56.3%)
256	<b>DZIEŁAK Ola</b>	<b>281</b>		K-10	21	00:00:55	00:12:00	<b>00:32:04.75</b>	<b>00:33:00.70</b>	+00:14:04 (43.9%)	6:25	9.4 (56.3%)
257	<b>LEWICKA Antonina</b>	<b>699</b>		K-10	22	00:01:13	00:12:56	<b>00:32:06.15</b>	<b>00:33:20.00</b>	+00:14:05 (43.9%)	6:25	9.3 (55.7%)
258	<b>JABŁOŃSKA Agnieszka</b>	<b>105</b>		K-30	96	00:01:25	00:12:25	<b>00:32:06.45</b>	<b>00:33:32.10</b>	+00:14:05 (43.9%)	6:25	9.3 (55.7%)
259	<b>WAWERKA Aleksandra</b>	<b>137</b>		K-20	92	00:00:04	00:11:36	<b>00:32:23.85</b>	<b>00:32:28.05</b>	+00:14:23 (44.4%)	6:28	9.3 (55.7%)
260	<b>RYDLEWSKA Kinga</b>	<b>704</b>	RUN BYDGOSZCZ	K-30	97	00:00:41	00:12:16	<b>00:32:34.55</b>	<b>00:33:16.45</b>	+00:14:33 (44.7%)	6:31	9.2 (55.1%)
261	<b>WRÓBLEWSKA Józefina</b>	<b>724</b>		K-10	23	00:00:58	00:12:41	<b>00:32:36.30</b>	<b>00:33:34.30</b>	+00:14:35 (44.8%)	6:31	9.2 (55.1%)
262	<b>KONARZEWSKA Jolanta</b>	<b>722</b>		K-40	39	00:01:10	00:12:53	<b>00:32:41.60</b>	<b>00:33:52.20</b>	+00:14:40 (44.9%)	6:32	9.2 (55.1%)
262	<b>DEPKA Agnieszka</b>	<b>192</b>		K-30	98	00:01:08	00:13:20	<b>00:32:41.60</b>	<b>00:33:50.35</b>	+00:14:40 (44.9%)	6:32	9.2 (55.1%)
264	<b>KONOPIŃSKA Agnieszka</b>	<b>727</b>	RUN BYDGOSZCZ	K-30	99	00:01:09	00:12:54	<b>00:32:42.80</b>	<b>00:33:52.65</b>	+00:14:42 (44.9%)	6:32	9.2 (55.1%)
265	<b>MUSS Urszula</b>	<b>1001</b>		K-10	24	00:00:35	00:12:35	<b>00:32:51.80</b>	<b>00:33:27.00</b>	+00:14:51 (45.2%)	6:34	9.1 (54.5%)
266	<b>ZACNIEWSKA Karolina</b>	<b>62</b>		K-20	93	00:00:18	00:12:04	<b>00:32:56.30</b>	<b>00:33:14.80</b>	+00:14:55 (45.3%)	6:35	9.1 (54.5%)
267	<b>LIBERA Sabina</b>	<b>37</b>	PARKRUN BYDGOSZCZ	K-40	40	00:01:00	00:12:46	<b>00:33:04.55</b>	<b>00:34:05.45</b>	+00:15:03 (45.5%)	6:37	9.1 (54.5%)
268	<b>BRZOZOWSKA Anna</b>	<b>380</b>		K-30	100	00:01:16	00:13:19	<b>00:33:11.00</b>	<b>00:34:27.20</b>	+00:15:10 (45.7%)	6:38	9 (53.9%)
269	<b>SZOSTAK Magdalena</b>	<b>682</b>		K-40	41	00:00:57	00:12:48	<b>00:33:12.35</b>	<b>00:34:09.90</b>	+00:15:11 (45.8%)	6:38	9 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							2km	5km				
270	<b>NOWAKOWSKA Sylwia</b>	<b>161</b>		K-30	101	00:01:13	00:13:53	<b>00:33:12.45</b>	<b>00:34:26.40</b>	+00:15:11 (45.8%)	6:38	9 (53.9%)
271	<b>PIŃSKA Magdalena</b>	<b>206</b>		K-30	102	00:01:27	00:13:28	<b>00:33:13.15</b>	<b>00:34:40.95</b>	+00:15:12 (45.8%)	6:38	9 (53.9%)
272	<b>CHŁOPECKA Iwona</b>	<b>971</b>		K-40	42	00:01:08	00:13:04	<b>00:33:19.00</b>	<b>00:34:27.80</b>	+00:15:18 (45.9%)	6:39	9 (53.9%)
273	<b>MUSIAŁ Elwira</b>	<b>152</b>	BYDGOSZCZ TRIATHLON TEAM	K-30	103	00:00:22	00:12:53	<b>00:33:19.65</b>	<b>00:33:42.10</b>	+00:15:19 (46.0%)	6:40	9 (53.9%)
274	<b>KRZYŻAŃSKA Pola</b>	<b>1049</b>	BYDGOSZCZ TRIATHLON TEAM	K-Open	1	00:00:22	00:12:53	<b>00:33:19.80</b>	<b>00:33:42.10</b>	+00:15:19 (46.0%)	6:40	9 (53.9%)
275	<b>SZMELTER Jagoda</b>	<b>210</b>		K-20	94	00:01:07	00:12:44	<b>00:33:21.45</b>	<b>00:34:29.15</b>	+00:15:20 (46.0%)	6:40	9 (53.9%)
276	<b>WOŹNIAK Alina</b>	<b>349</b>		K-50	11	00:01:03	00:12:44	<b>00:33:27.00</b>	<b>00:34:30.80</b>	+00:15:26 (46.2%)	6:41	9 (53.9%)
277	<b>ZIENKOWSKA Joanna</b>	<b>967</b>		K-40	43	00:01:20	00:12:59	<b>00:33:32.65</b>	<b>00:34:52.75</b>	+00:15:32 (46.3%)	6:42	8.9 (53.3%)
278	<b>KIPKA Michalina</b>	<b>716</b>		K-20	95	00:00:18	00:12:10	<b>00:33:40.50</b>	<b>00:33:58.90</b>	+00:15:39 (46.5%)	6:44	8.9 (53.3%)
279	<b>MYLVAGANAM Sujiga</b>	<b>383</b>		K-20	96	00:00:34	00:12:28	<b>00:33:53.10</b>	<b>00:34:27.25</b>	+00:15:52 (46.8%)	6:46	8.9 (53.3%)
280	<b>KORDAS-LEWANDOWSKA Agnieszka</b>	<b>186</b>	BIL BYDGOSZCZ	K-30	104	00:01:00	00:13:04	<b>00:34:08.90</b>	<b>00:35:09.70</b>	+00:16:08 (47.3%)	6:49	8.8 (52.7%)
281	<b>MAKLAKIEWICZ Agnieszka</b>	<b>319</b>		K-30	105	00:01:01	00:13:03	<b>00:34:16.20</b>	<b>00:35:17.20</b>	+00:16:15 (47.4%)	6:51	8.8 (52.7%)
282	<b>LIPSKA Patrycja</b>	<b>41</b>		K-20	97	00:00:19	00:12:30	<b>00:34:17.70</b>	<b>00:34:37.40</b>	+00:16:17 (47.5%)	6:51	8.7 (52.1%)
283	<b>MAŁAWA Katarzyna</b>	<b>277</b>	BENEFITKSO	K-20	98	00:01:06	00:13:50	<b>00:34:29.95</b>	<b>00:35:36.30</b>	+00:16:29 (47.8%)	6:54	8.7 (52.1%)
284	<b>PAPROCKA Magdalena</b>	<b>956</b>		K-20	99	00:00:20	00:12:40	<b>00:34:37.00</b>	<b>00:34:57.35</b>	+00:16:36 (48.0%)	6:55	8.7 (52.1%)
285	<b>JAROCKA Aleksandra</b>	<b>350</b>		K-20	100	00:01:14	00:13:36	<b>00:34:37.45</b>	<b>00:35:52.20</b>	+00:16:36 (48.0%)	6:55	8.7 (52.1%)
286	<b>SMOLEŃ Joanna</b>	<b>555</b>		K-30	106	00:01:10	00:13:16	<b>00:34:38.25</b>	<b>00:35:48.75</b>	+00:16:37 (48.0%)	6:55	8.7 (52.1%)
287	<b>KRANC Magdalena</b>	<b>409</b>		K-20	101	00:01:11	00:13:26	<b>00:34:40.60</b>	<b>00:35:52.05</b>	+00:16:39 (48.1%)	6:56	8.6 (51.5%)
288	<b>CZYŻYCKA Beata</b>	<b>171</b>		K-40	44	00:01:14	00:13:56	<b>00:34:50.85</b>	<b>00:36:05.00</b>	+00:16:50 (48.3%)	6:58	8.6 (51.5%)
289	<b>BORUCKA Paulina</b>	<b>77</b>		K-20	102	00:00:45	00:13:01	<b>00:34:52.15</b>	<b>00:35:37.50</b>	+00:16:51 (48.3%)	6:58	8.6 (51.5%)
290	<b>SZRAMSKA Violetta</b>	<b>630</b>		K-40	45	00:00:40	00:13:06	<b>00:34:54.50</b>	<b>00:35:34.50</b>	+00:16:53 (48.4%)	6:58	8.6 (51.5%)
291	<b>ROMANOWSKA-OLSZYŃSKA Aleksandra</b>	<b>16</b>		K-30	107	00:01:23	00:13:24	<b>00:35:14.50</b>	<b>00:36:38.20</b>	+00:17:13 (48.9%)	7:03	8.5 (50.9%)
292	<b>OLSZYŃSKA Antonia</b>	<b>695</b>		K-10	25	00:01:23	00:13:24	<b>00:35:15.10</b>	<b>00:36:38.40</b>	+00:17:14 (48.9%)	7:03	8.5 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
293	<b>KLUCZYŃSKA Blanka</b>	<b>213</b>		K-30	108	00:00:57	00:12:54	<b>00:35:49.05</b>	<b>00:36:46.35</b>	+00:17:48 (49.7%)	7:09	8.4 (50.3%)
294	<b>BORKO Liola</b>	<b>1084</b>		K-30	109	00:00:14	00:13:38	<b>00:35:56.60</b>	<b>00:36:10.90</b>	+00:17:55 (49.9%)	7:11	8.3 (49.7%)
295	<b>ULATOWSKA Agnieszka</b>	<b>582</b>		K-30	110	00:01:13	00:13:40	<b>00:36:06.70</b>	<b>00:37:20.40</b>	+00:18:06 (50.1%)	7:13	8.3 (49.7%)
296	<b>LUDKOWSKA Alicja</b>	<b>1016</b>		K-30	111	00:00:35	00:13:13	<b>00:36:09.65</b>	<b>00:36:45.20</b>	+00:18:09 (50.2%)	7:14	8.3 (49.7%)
297	<b>SZMIDT Anna</b>	<b>417</b>		K-20	103	00:00:17	00:13:27	<b>00:36:11.45</b>	<b>00:36:28.85</b>	+00:18:10 (50.2%)	7:14	8.3 (49.7%)
298	<b>BRYLEW-PŁOSZYŃSKA Dorota</b>	<b>829</b>	SKLEP PIWOSZA JONIKO KORONOWO	K-30	112	00:01:20	00:13:45	<b>00:36:11.75</b>	<b>00:37:32.70</b>	+00:18:11 (50.2%)	7:14	8.3 (49.7%)
299	<b>KWIATKOWSKA Renata</b>	<b>901</b>		K-40	46	00:00:49	00:13:58	<b>00:36:15.45</b>	<b>00:37:05.25</b>	+00:18:14 (50.3%)	7:15	8.3 (49.7%)
300	<b>MASKIEWICZ Renata</b>	<b>902</b>		K-40	47	00:00:49	00:13:57	<b>00:36:15.70</b>	<b>00:37:05.25</b>	+00:18:15 (50.3%)	7:15	8.3 (49.7%)
301	<b>KWIATOŃ-KLINOWSKA Olga</b>	<b>36</b>		K-30	113	00:01:24	00:13:49	<b>00:36:16.85</b>	<b>00:37:40.95</b>	+00:18:16 (50.4%)	7:15	8.3 (49.7%)
302	<b>ROGULSKA Ewelina</b>	<b>918</b>		K-20	104	00:00:38	00:13:30	<b>00:36:26.40</b>	<b>00:37:04.60</b>	+00:18:25 (50.6%)	7:17	8.2 (49.1%)
303	<b>SIKORA Karolina</b>	<b>233</b>		K-30	114	00:01:12	00:14:19	<b>00:36:41.10</b>	<b>00:37:53.35</b>	+00:18:40 (50.9%)	7:20	8.2 (49.1%)
304	<b>MAJEWSKA Monika</b>	<b>133</b>		K-20	105	00:00:54	00:14:12	<b>00:37:02.10</b>	<b>00:37:56.85</b>	+00:19:01 (51.4%)	7:24	8.1 (48.5%)
305	<b>RYŚNIK Wioletta</b>	<b>586</b>		K-40	48	00:00:40	00:14:10	<b>00:37:21.20</b>	<b>00:38:01.60</b>	+00:19:20 (51.8%)	7:28	8 (47.9%)
306	<b>DORSZEWSKA Bożena</b>	<b>125</b>		K-50	12	00:01:04	00:14:57	<b>00:37:36.75</b>	<b>00:38:40.85</b>	+00:19:36 (52.1%)	7:31	8 (47.9%)
307	<b>RUDNICKA Karolina</b>	<b>153</b>		K-30	115	00:01:06	00:14:28	<b>00:37:42.65</b>	<b>00:38:49.20</b>	+00:19:42 (52.2%)	7:32	8 (47.9%)
308	<b>KUFEL Aleksandra</b>	<b>310</b>		K-40	49	00:00:27	00:14:21	<b>00:37:51.95</b>	<b>00:38:19.80</b>	+00:19:51 (52.4%)	7:34	7.9 (47.3%)
309	<b>JANKOWSKA Marta</b>	<b>97</b>		K-10	26	00:01:18	00:14:36	<b>00:38:26.85</b>	<b>00:39:45.65</b>	+00:20:26 (53.2%)	7:41	7.8 (46.7%)
310	<b>TOMASZEWSKA Katarzyna</b>	<b>1000</b>		K-40	50	00:01:16	00:14:38	<b>00:38:31.20</b>	<b>00:39:48.05</b>	+00:20:30 (53.2%)	7:42	7.8 (46.7%)
311	<b>LASOK Milena</b>	<b>954</b>		K-Open	2	00:00:58	00:15:29	<b>00:40:00.05</b>	<b>00:40:58.35</b>	+00:21:59 (55.0%)	8:00	7.5 (44.9%)
312	<b>SKRZYPEK-LASOK Agnieszka</b>	<b>948</b>		K-30	116	00:00:57	00:15:34	<b>00:40:00.70</b>	<b>00:40:58.60</b>	+00:22:00 (55.0%)	8:00	7.5 (44.9%)
313	<b>MULLER Bogumila</b>	<b>524</b>	STOWARZYSZENIE PIECZA	K-50	13	00:01:14	00:17:45	<b>00:40:12.00</b>	<b>00:41:26.40</b>	+00:22:11 (55.2%)	8:02	7.5 (44.9%)
314	<b>OGARA Zuzanna</b>	<b>616</b>	STOWARZYSZENIE PIECZA	K-10	27	00:01:18	00:17:44	<b>00:40:16.20</b>	<b>00:41:34.50</b>	+00:22:15 (55.3%)	8:03	7.5 (44.9%)
315	<b>LIS Zuzanna</b>	<b>545</b>	STOWARZYSZENIE PIECZA	K-Open	3	00:01:17	00:17:44	<b>00:40:16.55</b>	<b>00:41:33.75</b>	+00:22:15 (55.3%)	8:03	7.5 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	<b>RUTKOWSKA Anna</b>	<b>840</b>		K-40	51	00:00:57	00:15:22	<b>00:40:30.90</b>	<b>00:41:28.05</b>	+00:22:30 (55.5%)	8:06	7.4 (44.3%)
317	<b>GACKOWSKA Zuzia</b>	<b>167</b>	RUN BDG	K-Open	4	00:01:13	00:15:47	<b>00:40:35.65</b>	<b>00:41:48.70</b>	+00:22:35 (55.6%)	8:07	7.4 (44.3%)
318	<b>GACKOWSKA Małgorzata</b>	<b>156</b>		K-30	117	00:01:13	00:15:49	<b>00:40:36.80</b>	<b>00:41:50.00</b>	+00:22:36 (55.7%)	8:07	7.4 (44.3%)
319	<b>ŻURAWSKA Roksana</b>	<b>859</b>		K-30	118	00:01:20	00:15:47	<b>00:41:00.00</b>	<b>00:42:20.50</b>	+00:22:59 (56.1%)	8:12	7.3 (43.7%)
320	<b>OLECHOWICZ Aneta</b>	<b>1074</b>	SP 34	K-10	28	00:00:59	00:16:11	<b>00:41:02.70</b>	<b>00:42:02.55</b>	+00:23:02 (56.1%)	8:12	7.3 (43.7%)
321	<b>DUZOWSKA Anna</b>	<b>569</b>	STOWARZYSZENIE PIECZA	K-10	29	00:00:00	00:19:01	<b>00:41:32.35</b>	<b>00:41:32.35</b>	+00:23:31 (56.6%)	8:18	7.2 (43.1%)
322	<b>WIERZBICKA Kamila</b>	<b>567</b>	STOWARZYSZENIE PIECZA	K-Open	5	00:01:16	00:15:19	<b>00:42:14.05</b>	<b>00:43:30.40</b>	+00:24:13 (57.4%)	8:26	7.1 (42.5%)
323	<b>MIKUŁA Danuta</b>	<b>126</b>		K-30	119	00:01:09	00:16:12	<b>00:42:21.30</b>	<b>00:43:30.40</b>	+00:24:20 (57.5%)	8:28	7.1 (42.5%)
324	<b>SAMUL Ewa</b>	<b>414</b>		K-30	120	00:01:22	00:14:43	<b>00:42:26.20</b>	<b>00:43:49.15</b>	+00:24:25 (57.6%)	8:29	7.1 (42.5%)
325	<b>ANTAS-WOŹNIEWSKA Danuta</b>	<b>694</b>	ABREN	K-50	14	00:01:23	00:16:17	<b>00:42:26.75</b>	<b>00:43:50.35</b>	+00:24:26 (57.6%)	8:29	7.1 (42.5%)
326	<b>NAWROCKA Joanna</b>	<b>870</b>	VAUPE	K-30	121	00:00:00	00:14:03			+	7:01	8.5 (50.9%)
327	<b>PIESIK Małgorzata</b>	<b>551</b>	STOWARZYSZENIE PIECZA	K-20	106	00:01:17	00:18:39			+00:11:35	9:19	6.4 (38.3%)

Znaleziono 327 wynik(ów)