



Organizator: Miasto Bydgoszcz
Data: 2016-04-17
Miejsce: Bydgoszcz
Dystans: 5 km

BYDGOSKI BIEG URODZINOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	1035		K-30	1	00:00:01	00:07:03	00:18:00.65	00:18:02.15		3:36	16.7 (100%)
2	WNEK Natalia	981		K-20	1	00:00:05	00:07:45	00:19:51.90	00:19:56.95	+00:01:51 (9.3%)	3:58	15.1 (90.4%)
3	ŻAL Jolanta	81	GO GO! TEAM	K-30	2	00:00:06	00:07:39	00:19:54.15	00:20:01.10	+00:01:53 (9.5%)	3:59	15.1 (90.4%)
4	GURNA Jolanta	1012		K-50	1	00:00:03	00:08:02	00:20:35.75	00:20:39.40	+00:02:35 (12.6%)	4:07	14.6 (87.4%)
5	WOJDAT Marta	347		K-20	2	00:00:04	00:07:54	00:20:36.10	00:20:40.10	+00:02:35 (12.6%)	4:07	14.6 (87.4%)
6	KOŻUCHOWSKA Natalia	291		K-20	3	00:00:46	00:08:20	00:21:12.50	00:21:59.10	+00:03:11 (15.1%)	4:14	14.1 (84.4%)
7	PALACZ Wioletta	260		K-30	3	00:00:05	00:08:22	00:21:21.50	00:21:27.00	+00:03:20 (15.7%)	4:16	14 (83.8%)
8	NAPIERAJ Sonia	338	ALBANNERS	K-20	4	00:00:30	00:08:33	00:21:32.90	00:22:03.55	+00:03:32 (16.4%)	4:18	13.9 (83.2%)
9	WOŹNIAKOWSKA Agata	219	RUN BYDGOSZCZ	K-30	4	00:00:07	00:09:09	00:21:54.75	00:22:02.65	+00:03:54 (17.8%)	4:23	13.7 (82.0%)
10	SZWEDA Mirosława	1042		K-30	5	00:00:04	00:08:45	00:22:09.00	00:22:13.85	+00:04:08 (18.7%)	4:25	13.5 (80.8%)
11	SCHULZ Milena	854		K-30	6	00:00:10	00:08:34	00:22:10.60	00:22:20.80	+00:04:09 (18.8%)	4:26	13.5 (80.8%)
12	WŁÓDARCZAK Agata	993	TRISPACE	K-20	5	00:00:17	00:08:46	00:22:13.55	00:22:30.65	+00:04:12 (19.0%)	4:26	13.5 (80.8%)
13	KRANZ Magdalena	607	BYDGOSKIE OKONIE	K-20	6	00:00:07	00:08:32	00:22:14.80	00:22:22.20	+00:04:14 (19.0%)	4:27	13.5 (80.8%)
14	ŚWIATOWY Daria	333		K-20	7	00:00:10	00:08:59	00:22:19.00	00:22:29.80	+00:04:18 (19.3%)	4:27	13.4 (80.2%)
15	GŁOWSKA Magdalena	106		K-20	8	00:00:12	00:09:05	00:22:32.20	00:22:44.20	+00:04:31 (20.1%)	4:30	13.3 (79.6%)
16	KASPEREK Angelika	1023		K-10	1	00:00:24	00:08:47	00:22:38.10	00:23:02.35	+00:04:37 (20.4%)	4:31	13.3 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
17	LISEWSKA Kasia	832		K-20	9	00:00:05	00:08:47	00:22:39.55	00:22:44.60	+00:04:38 (20.5%)	4:31	13.2 (79.0%)
18	WOŹNIAK Małgorzata	195		K-20	10	00:00:07	00:08:43	00:22:46.75	00:22:54.20	+00:04:46 (20.9%)	4:33	13.2 (79.0%)
19	KURAS Klaudia	686		K-20	11	00:00:14	00:08:44	00:22:54.35	00:23:08.45	+00:04:53 (21.4%)	4:34	13.1 (78.4%)
20	MEJSNER-HERMELIN Monika	812	KANCELARIA HMM	K-30	7	00:00:14	00:08:48	00:22:54.80	00:23:09.45	+00:04:54 (21.4%)	4:35	13.1 (78.4%)
21	KOZIŃSKA Agata	560	RUN PASJA BYDGOSZCZ	K-20	12	00:00:22	00:08:45	00:23:08.90	00:23:31.60	+00:05:08 (22.2%)	4:37	13 (77.8%)
22	RUDOL Magdalena	749		K-40	1	00:00:05	00:09:04	00:23:12.85	00:23:18.10	+00:05:12 (22.4%)	4:38	12.9 (77.2%)
23	CZAPLEWSKA Agnieszka	1052	KB ŁAPKA	K-30	8	00:00:20	00:09:18	00:23:14.95	00:23:35.40	+00:05:14 (22.5%)	4:39	12.9 (77.2%)
24	KOŚCIŃSKA Marta	45		K-20	13	00:00:10	00:08:50	00:23:29.05	00:23:39.50	+00:05:28 (23.3%)	4:41	12.8 (76.6%)
25	GUMIENNA Natalia	471		K-20	14	00:00:21	00:09:21	00:23:29.25	00:23:50.50	+00:05:28 (23.3%)	4:41	12.8 (76.6%)
26	JANICKA Aneta	229		K-20	15	00:00:20	00:09:33	00:23:32.35	00:23:52.45	+00:05:31 (23.5%)	4:42	12.7 (76.0%)
27	BENTKOWSKA Natalia	265		K-20	16	00:00:47	00:09:33	00:23:39.50	00:24:27.25	+00:05:38 (23.9%)	4:44	12.7 (76.0%)
28	PIETRZAK Anna	201		K-20	17	00:00:15	00:09:41	00:23:41.65	00:23:57.25	+00:05:41 (24.0%)	4:44	12.7 (76.0%)
29	STASZKIEWICZ Lucyna	493	STASHKY TEAM	K-40	2	00:00:31	00:09:09	00:23:51.05	00:24:22.45	+00:05:50 (24.5%)	4:46	12.6 (75.4%)
30	GIERSZEWSKA Grażyna	198		K-40	3	00:00:38	00:09:44	00:23:52.65	00:24:31.10	+00:05:52 (24.6%)	4:46	12.6 (75.4%)
31	ADAMCZAK Marta	676	RUN-PASJA BYDGOSZCZ	K-30	9	00:00:25	00:09:35	00:23:53.90	00:24:19.85	+00:05:53 (24.6%)	4:46	12.6 (75.4%)
32	TATULIŃSKA Aleksandra	1060	RUN BYDGOSZCZ	K-30	10	00:01:25	00:09:52	00:24:02.45	00:25:27.90	+00:06:01 (25.1%)	4:48	12.5 (74.9%)
33	OSSOWSKA Joanna	946		K-30	11	00:00:30	00:09:37	00:24:06.60	00:24:36.90	+00:06:05 (25.3%)	4:49	12.4 (74.3%)
34	KRAINSKA Kamila	839		K-20	18	00:00:29	00:09:27	00:24:07.65	00:24:36.65	+00:06:07 (25.4%)	4:49	12.4 (74.3%)
35	MINDYKOWSKA Anna	225	RUN BYDGOSZCZ	K-40	4	00:00:48	00:09:47	00:24:12.55	00:25:01.35	+00:06:11 (25.6%)	4:50	12.4 (74.3%)
36	WOJCIECHOWSKA Emilia	554		K-40	5	00:00:13	00:09:31	00:24:18.95	00:24:32.20	+00:06:18 (25.9%)	4:51	12.3 (73.7%)
37	PRZYBYLSKA Karolina	76	EUROVIA ROAD&RUN	K-20	19	00:00:37	00:09:37	00:24:19.15	00:24:57.05	+00:06:18 (25.9%)	4:52	12.3 (73.7%)
38	WOŹNIAK Anna	525	RUN PASJA	K-30	12	00:00:55	00:09:29	00:24:19.90	00:25:15.50	+00:06:19 (26.0%)	4:52	12.3 (73.7%)
39	MURANITSKAYA Alesia	1010		K-20	20	00:00:17	00:09:09	00:24:19.95	00:24:37.35	+00:06:19 (26.0%)	4:52	12.3 (73.7%)

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								netto 5km	brutto 5km			
40	BŁAŻEJSKA-GOLIŃSKA Karolina	776	TRISPACE	K-30	13	00:00:15	00:09:36	00:24:20.75	00:24:36.35	+00:06:20 (26.0%)	4:52	12.3 (73.7%)
41	KALISZEWSKA Małgorzata	537	RUN PASJA	K-30	14	00:00:23	00:09:29	00:24:25.80	00:24:49.45	+00:06:25 (26.3%)	4:53	12.3 (73.7%)
42	MIKOŁAJEWSKA Martyna	655	WTS ASTORIA BYDGOSZCZ	K-10	2	00:00:04	00:09:06	00:24:27.00	00:24:31.10	+00:06:26 (26.3%)	4:53	12.3 (73.7%)
43	WEISBROT Magdalena	793	CM UMK BYDGOSZCZ	K-20	21	00:01:08	00:10:42	00:24:28.05	00:25:36.65	+00:06:27 (26.4%)	4:53	12.3 (73.7%)
44	BICKOWSKA Magdalena	886	RUN BYDGOSZCZ	K-30	15	00:00:10	00:09:41	00:24:29.50	00:24:40.20	+00:06:28 (26.5%)	4:54	12.2 (73.1%)
45	SPÓZ Ewa	589		K-30	16	00:00:48	00:09:38	00:24:29.70	00:25:18.55	+00:06:29 (26.5%)	4:54	12.2 (73.1%)
46	GAPINSKA Patrycja	366		K-30	17	00:00:48	00:09:31	00:24:30.70	00:25:18.80	+00:06:30 (26.5%)	4:54	12.2 (73.1%)
47	BANASZAK Monika	713	RUN-PASJA	K-30	18	00:00:25	00:09:51	00:24:38.75	00:25:03.90	+00:06:38 (26.9%)	4:55	12.2 (73.1%)
48	POTRZEBOWSKA Agata	817		K-30	19	00:00:25	00:10:02	00:24:40.45	00:25:05.90	+00:06:39 (27.0%)	4:56	12.2 (73.1%)
49	RYBKA Ilona	596		K-40	6	00:00:15	00:09:33	00:24:41.80	00:24:57.60	+00:06:41 (27.1%)	4:56	12.1 (72.5%)
50	JANKOWSKA Katarzyna	1004		K-40	7	00:00:04	00:09:20	00:24:56.20	00:25:00.75	+00:06:55 (27.8%)	4:59	12 (71.9%)
51	PIECZYŃSKA Joanna	474		K-30	20	00:00:18	00:09:54	00:24:58.50	00:25:16.80	+00:06:57 (27.9%)	4:59	12 (71.9%)
52	OLSZEWSKA Adrianna	788		K-20	22	00:00:38	00:10:04	00:24:58.60	00:25:37.55	+00:06:57 (27.9%)	4:59	12 (71.9%)
53	STĘPIEŃ Monika	283		K-30	21	00:00:47	00:09:59	00:24:59.70	00:25:47.15	+00:06:59 (27.9%)	5:00	12 (71.9%)
54	ULATOWSKA Aleksandra	102		K-20	23	00:00:31	00:10:10	00:25:00.00	00:25:31.95	+00:06:59 (28.0%)	5:00	12 (71.9%)
55	BONALSKA Magdalena	362	RUN BYDGOSZCZ	K-30	22	00:00:47	00:09:59	00:25:00.90	00:25:48.50	+00:07:00 (28.0%)	5:00	12 (71.9%)
56	KOLANOWSKA Grażyna	501		K-50	2	00:00:18	00:09:40	00:25:01.65	00:25:20.55	+00:07:01 (28.0%)	5:00	12 (71.9%)
57	LEWANDOWSKA Paulina	522		K-20	24	00:00:08	00:09:56	00:25:06.20	00:25:14.65	+00:07:05 (28.3%)	5:01	12 (71.9%)
58	CHAROUX-BRIEU Margot	1037		K-20	25	00:00:08	00:09:56	00:25:07.00	00:25:15.25	+00:07:06 (28.3%)	5:01	11.9 (71.3%)
59	SZUBARTOWSKA Pola	514	ZESPÓŁ SZKÓŁ NR 5 MS	K-10	3	00:00:48	00:10:03	00:25:08.20	00:25:57.00	+00:07:07 (28.3%)	5:01	11.9 (71.3%)
59	MICHALAK Martyna	515	ZESPÓŁ SZKÓŁ NR 5 MS	K-10	4	00:00:49	00:10:03	00:25:08.20	00:25:57.30	+00:07:07 (28.3%)	5:01	11.9 (71.3%)
61	GADOMSKA Maria	617	RUN BYDGOSZCZ	K-60+	1	00:00:15	00:09:54	00:25:08.55	00:25:24.00	+00:07:07 (28.4%)	5:01	11.9 (71.3%)
62	FUZ Emilia	488		K-20	26	00:00:07	00:08:33	00:25:09.25	00:25:16.50	+00:07:08 (28.4%)	5:01	11.9 (71.3%)

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								netto 5km	brutto 5km			
63	BUJAK Olga	949		K-20	27	00:00:33	00:09:57	00:25:12.10	00:25:45.50	+00:07:11 (28.5%)	5:02	11.9 (71.3%)
64	KALINOWSKA Kamila	653	RUN BYDGOSZCZ	K-40	8	00:00:46	00:10:02	00:25:12.95	00:25:59.80	+00:07:12 (28.6%)	5:02	11.9 (71.3%)
65	GESZKIEWICZ Marta	1022		K-30	23	00:00:17	00:09:33	00:25:15.35	00:25:32.75	+00:07:14 (28.7%)	5:03	11.9 (71.3%)
66	TOMASZEWSKA Żaneta	1077		K-20	28	00:00:30	00:09:42	00:25:16.35	00:25:46.40	+00:07:15 (28.7%)	5:03	11.9 (71.3%)
67	WAWRZY尼亚K Paulina	436		K-20	29	00:00:32	00:10:06	00:25:20.25	00:25:53.20	+00:07:19 (28.9%)	5:04	11.8 (70.7%)
68	PADRAK Irmína	608		K-20	30	00:01:08	00:10:43	00:25:21.75	00:26:29.85	+00:07:21 (29.0%)	5:04	11.8 (70.7%)
69	SOBOLEWSKA Aleksandra	292		K-20	31	00:00:52	00:10:24	00:25:23.00	00:26:15.20	+00:07:22 (29.0%)	5:04	11.8 (70.7%)
70	CICHULSKA-QUAAS Izabela	384	RUN-PASJA	K-30	24	00:00:25	00:09:52	00:25:23.90	00:25:49.10	+00:07:23 (29.1%)	5:04	11.8 (70.7%)
71	PLUTKA Martyna	274		K-20	32	00:01:21	00:10:39	00:25:30.75	00:26:52.00	+00:07:30 (29.4%)	5:06	11.8 (70.7%)
72	JAMRÓZ Joanna	365		K-40	9	00:00:18	00:09:47	00:25:31.30	00:25:50.00	+00:07:30 (29.4%)	5:06	11.7 (70.1%)
73	BEDNAREK Patrycja	518	TRISPACE	K-30	25	00:00:16	00:10:12	00:25:37.85	00:25:54.40	+00:07:37 (29.7%)	5:07	11.7 (70.1%)
74	DERING Hanna	73		K-30	26	00:00:50	00:10:17	00:25:39.10	00:26:29.35	+00:07:38 (29.8%)	5:07	11.7 (70.1%)
75	WIENEKE Annika	845	BANTRY ATHLETICS	K-20	33	00:00:52	00:10:04	00:25:41.10	00:26:33.90	+00:07:40 (29.9%)	5:08	11.7 (70.1%)
76	KUŚMIDER Marta	254		K-20	34	00:00:39	00:10:33	00:25:41.30	00:26:20.65	+00:07:40 (29.9%)	5:08	11.7 (70.1%)
77	JURAS Małgorzata	822		K-20	35	00:00:34	00:10:20	00:25:42.15	00:26:16.15	+00:07:41 (29.9%)	5:08	11.7 (70.1%)
78	MAGDZIARZ Katarzyna	46	KANCELARIA HMM	K-30	27	00:00:29	00:10:34	00:25:43.35	00:26:13.10	+00:07:42 (30.0%)	5:08	11.7 (70.1%)
79	PRZEKWASIŃSKA Anna	56		K-30	28	00:00:30	00:10:34	00:25:43.40	00:26:13.45	+00:07:42 (30.0%)	5:08	11.7 (70.1%)
80	WIŚNIEWSKA Karina	744	RUN BYDGOSZCZ	K-10	5	00:00:12	00:09:58	00:25:43.75	00:25:56.10	+00:07:43 (30.0%)	5:08	11.7 (70.1%)
81	KŁOS Ewelina	879	ASTORIA	K-10	6	00:00:00	00:09:47	00:25:44.55	00:25:45.50	+00:07:43 (30.0%)	5:09	11.7 (70.1%)
82	MENDEL Magdalena	712		K-20	36	00:00:26	00:09:52	00:25:47.25	00:26:13.30	+00:07:46 (30.2%)	5:09	11.6 (69.5%)
83	LASOTA Klaudia	321	ASTORIA	K-10	7	00:00:01	00:09:46	00:25:47.90	00:25:49.05	+00:07:47 (30.2%)	5:09	11.6 (69.5%)
84	GÓRNA Karolina	952	BBL INOWROCLAW	K-20	37	00:00:40	00:10:36	00:25:54.25	00:26:34.35	+00:07:53 (30.5%)	5:10	11.6 (69.5%)
85	STRZESZAK Sylwia	290		K-20	38	00:00:06	00:10:05	00:25:58.20	00:26:05.15	+00:07:57 (30.6%)	5:11	11.5 (68.9%)

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								netto 5km	brutto 5km			
86	GONCARZ Katarzyna	1045	CZELADŹ	K-30	29	00:00:24	00:10:25	00:25:59.85	00:26:24.10	+00:07:59 (30.7%)	5:12	11.5 (68.9%)
87	DZIEWIECZYŃSKA Kasia	864		K-20	39	00:00:37	00:10:46	00:26:00.80	00:26:38.30	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
88	GROBELNA Angelika	308		K-40	10	00:00:04	00:09:59	00:26:01.00	00:26:05.50	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
89	NUNZEK Agnieszka	962		K-40	11	00:00:50	00:10:15	00:26:01.60	00:26:52.50	+00:08:00 (30.8%)	5:12	11.5 (68.9%)
90	CZYŻAK Asia	340	RUN BYDGOSZCZ	K-40	12	00:00:52	00:10:25	00:26:02.95	00:26:55.00	+00:08:02 (30.9%)	5:12	11.5 (68.9%)
91	KĄTNIK Dorota	348	RUN PASJA	K-20	40	00:00:23	00:10:04	00:26:05.10	00:26:28.90	+00:08:04 (31.0%)	5:13	11.5 (68.9%)
92	KULBAKA Sylwia	196		K-30	30	00:00:40	00:10:18	00:26:05.60	00:26:45.75	+00:08:04 (31.0%)	5:13	11.5 (68.9%)
93	BEDNAREK Marta	1072		K-30	31	00:01:25	00:10:16	00:26:07.45	00:27:32.90	+00:08:06 (31.1%)	5:13	11.5 (68.9%)
94	DOBUCKA Katarzyna	940	CHONAROWER.PL	K-20	41	00:00:47	00:10:12	00:26:09.55	00:26:57.05	+00:08:08 (31.1%)	5:14	11.5 (68.9%)
95	MAZANOWSKA Ewa	27	RUN-PASJA BYDGOSZCZ	K-30	32	00:00:24	00:10:26	00:26:11.05	00:26:35.40	+00:08:10 (31.2%)	5:14	11.5 (68.9%)
96	FUJARSKA Agata	603		K-10	8	00:00:11	00:10:21	00:26:11.35	00:26:22.95	+00:08:10 (31.2%)	5:14	11.5 (68.9%)
97	CZUCZEJKO Jolanta	368	RUN BYDGOSZCZ	K-40	13	00:00:47	00:10:30	00:26:11.85	00:26:59.00	+00:08:11 (31.2%)	5:14	11.5 (68.9%)
98	WŁODARSKA Katarzyna	547		K-20	42	00:00:56	00:10:49	00:26:12.45	00:27:09.10	+00:08:11 (31.3%)	5:14	11.4 (68.3%)
99	ORŁOWSKA Aneta	336		K-20	43	00:00:44	00:10:41	00:26:20.35	00:27:05.10	+00:08:19 (31.6%)	5:16	11.4 (68.3%)
100	PORAZINSKA Viktoria	723		K-40	14	00:00:34	00:10:19	00:26:23.50	00:26:57.65	+00:08:22 (31.8%)	5:16	11.4 (68.3%)
101	KLISZEWSKA Paulina	305		K-20	44	00:00:50	00:10:47	00:26:29.70	00:27:20.35	+00:08:29 (32.0%)	5:18	11.3 (67.7%)
102	FUZ Gabriela	248	KABEL TEAM BYDGOSZCZ	K-40	15	00:01:11	00:10:52	00:26:39.50	00:27:50.80	+00:08:38 (32.4%)	5:19	11.3 (67.7%)
103	MALICKA Beata	318		K-50	3	00:00:43	00:10:34	00:26:40.10	00:27:23.40	+00:08:39 (32.5%)	5:20	11.3 (67.7%)
104	GLISZCZYŃSKA Joanna	773		K-20	45	00:00:23	00:10:06	00:26:42.15	00:27:05.65	+00:08:41 (32.6%)	5:20	11.2 (67.1%)
105	WESOŁOWSKA Anna	468		K-30	33	00:01:05	00:10:20	00:26:46.00	00:27:51.50	+00:08:45 (32.7%)	5:21	11.2 (67.1%)
106	PADZIKOWSKA Agnieszka	623		K-30	34	00:00:11	00:09:22	00:26:46.75	00:26:58.60	+00:08:46 (32.7%)	5:21	11.2 (67.1%)
107	MARAŚKIEWICZ Agnieszka	995		K-20	46	00:00:42	00:11:14	00:26:48.40	00:27:30.90	+00:08:47 (32.8%)	5:21	11.2 (67.1%)
108	ĆWIKLIŃSKA Anna	205	KLONIKTEAM	K-30	35	00:01:02	00:10:54	00:26:49.05	00:27:51.80	+00:08:48 (32.8%)	5:21	11.2 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
109	DROŹDŹ Małgorzata	207	KLONIKTEAM	K-30	36	00:01:02	00:10:54	00:26:49.10	00:27:52.05	+00:08:48 (32.8%)	5:22	11.2 (67.1%)
110	MOLENDĄ Patrycja	833		K-20	47	00:00:42	00:11:15	00:26:49.55	00:27:32.15	+00:08:48 (32.9%)	5:22	11.2 (67.1%)
111	BUKOWSKA Anna	53		K-20	48	00:01:02	00:10:43	00:26:50.95	00:27:52.95	+00:08:50 (32.9%)	5:22	11.2 (67.1%)
112	MELLEM-ZWIEWKA Małgorzata	234	BIEGAJĄCE BABECZKI	K-30	37	00:00:29	00:11:05	00:26:51.35	00:27:21.20	+00:08:50 (32.9%)	5:22	11.2 (67.1%)
113	JANIK Agnieszka	311	PARIS TEAM	K-30	38	00:01:02	00:10:43	00:26:53.70	00:27:56.30	+00:08:53 (33.0%)	5:22	11.2 (67.1%)
114	KOŚMICKA Emilia	231		K-30	39	00:00:48	00:10:53	00:26:54.40	00:27:42.50	+00:08:53 (33.1%)	5:22	11.2 (67.1%)
115	GIŁKA Małgorzata	120		K-20	49	00:00:30	00:10:18	00:26:55.15	00:27:25.65	+00:08:54 (33.1%)	5:23	11.1 (66.5%)
116	MUCHA-BOINSKA Anna	309		K-30	40	00:00:11	00:10:32	00:26:55.80	00:27:07.10	+00:08:55 (33.1%)	5:23	11.1 (66.5%)
117	STRABEL Maria	65		K-50	4	00:00:15	00:10:23	00:26:56.85	00:27:12.00	+00:08:56 (33.2%)	5:23	11.1 (66.5%)
118	PRZYBYŁA Agata	540		K-20	50	00:00:53	00:10:57	00:26:57.45	00:27:50.60	+00:08:56 (33.2%)	5:23	11.1 (66.5%)
119	KRUPA Katarzyna	827	DECATHLON TEAM FORDON	K-20	51	00:01:01	00:11:34	00:27:02.15	00:28:03.85	+00:09:01 (33.4%)	5:24	11.1 (66.5%)
120	MARCINIAK Marta	430		K-10	9	00:00:59	00:11:24	00:27:03.20	00:28:02.75	+00:09:02 (33.4%)	5:24	11.1 (66.5%)
121	GWÓŹDŹ Katarzyna	996	TKKF WODNIK WIĘCIBORK	K-20	52	00:00:38	00:10:31	00:27:04.55	00:27:42.65	+00:09:03 (33.5%)	5:24	11.1 (66.5%)
122	GRACZKOWSKA Mirosława	924		K-40	16	00:00:31	00:10:22	00:27:04.70	00:27:36.15	+00:09:04 (33.5%)	5:25	11.1 (66.5%)
123	SZMATUŁA Elżbieta	431		K-20	53	00:00:53	00:10:59	00:27:06.75	00:28:00.45	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
124	ZIĘTAK Joanna	447		K-40	17	00:00:25	00:11:06	00:27:07.45	00:27:32.90	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
125	RASZKOWSKA Klaudia	574		K-20	54	00:00:52	00:10:59	00:27:07.60	00:28:00.30	+00:09:06 (33.6%)	5:25	11.1 (66.5%)
126	KRASIŃSKA Katarzyna	359		K-30	41	00:00:18	00:10:18	00:27:07.80	00:27:25.90	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
127	JACHIMOWSKA Malwina	549		K-20	55	00:00:52	00:10:59	00:27:07.85	00:28:00.45	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
128	JAŹDŹEWSKA Alicja	399		K-30	42	00:00:39	00:10:46	00:27:07.95	00:27:47.65	+00:09:07 (33.6%)	5:25	11.1 (66.5%)
129	RÓŹAŃSKA Jowanka	766	BYDGOSZCZ TRIATHLON	K-40	18	00:00:19	00:10:42	00:27:08.25	00:27:28.20	+00:09:07 (33.6%)	5:25	11 (65.9%)
130	AFELT Luiza	297		K-20	56	00:01:06	00:10:59	00:27:09.00	00:28:15.05	+00:09:08 (33.7%)	5:25	11 (65.9%)
131	DROŹ Katarzyna	426		K-10	10	00:00:59	00:11:24	00:27:09.60	00:28:08.60	+00:09:08 (33.7%)	5:25	11 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
132	PIĄTEK Lidia	241	BIEGAJĄCE BABECZKI	K-30	43	00:00:29	00:11:05	00:27:11.70	00:27:41.50	+00:09:11 (33.8%)	5:26	11 (65.9%)
133	SIEWERT Hanna	364		K-30	44	00:00:45	00:11:20	00:27:12.45	00:27:58.30	+00:09:11 (33.8%)	5:26	11 (65.9%)
134	JABŁOŃSKA Monika	24		K-20	57	00:00:18	00:11:00	00:27:15.70	00:27:34.15	+00:09:15 (33.9%)	5:27	11 (65.9%)
135	DURAŁEK Anna	90	TEAM PRUSZCZ	K-40	19	00:00:48	00:10:56	00:27:16.45	00:28:04.80	+00:09:15 (34.0%)	5:27	11 (65.9%)
136	PŁÓCIENNIK Anna	107	BARCA	K-30	45	00:00:44	00:10:40	00:27:25.55	00:28:10.05	+00:09:24 (34.3%)	5:29	10.9 (65.3%)
137	SOSIŃSKA Agata	54		K-20	58	00:00:14	00:10:24	00:27:27.45	00:27:41.55	+00:09:26 (34.4%)	5:29	10.9 (65.3%)
138	TARASZKA Olga	96	UMK TORUŃ	K-20	59	00:00:19	00:10:53	00:27:30.35	00:27:49.45	+00:09:29 (34.5%)	5:30	10.9 (65.3%)
139	FAC Dorota	50		K-30	46	00:00:33	00:10:58	00:27:30.75	00:28:04.30	+00:09:30 (34.5%)	5:30	10.9 (65.3%)
140	ULATOWSKA Sylwia	578		K-30	47	00:01:13	00:11:30	00:27:31.00	00:28:44.50	+00:09:30 (34.5%)	5:30	10.9 (65.3%)
141	SULSKA Marta	173		K-30	48	00:00:33	00:10:52	00:27:31.45	00:28:04.50	+00:09:30 (34.6%)	5:30	10.9 (65.3%)
142	MUCYK Małgosia	361		K-30	49	00:00:58	00:10:58	00:27:31.75	00:28:29.75	+00:09:31 (34.6%)	5:30	10.9 (65.3%)
143	WIŚNIEWSKA Alicja	856	KABEL TEAM BYDGOSZCZ	K-30	50	00:01:15	00:11:26	00:27:32.10	00:28:47.30	+00:09:31 (34.6%)	5:30	10.9 (65.3%)
144	JĘDRZEJEWSKA Joanna	401		K-20	60	00:01:06	00:11:06	00:27:34.30	00:28:41.20	+00:09:33 (34.7%)	5:31	10.9 (65.3%)
145	FLORCZAK Barbara	395	RUN PASJA	K-30	51	00:00:24	00:10:34	00:27:34.75	00:27:59.05	+00:09:34 (34.7%)	5:31	10.9 (65.3%)
146	ZATOŃ Bożena	410	RUN PASJA	K-50	5	00:01:08	00:11:21	00:27:35.90	00:28:44.30	+00:09:35 (34.7%)	5:31	10.9 (65.3%)
147	ZYGMUNT Aneta	838	RUN BDG	K-20	61	00:00:10	00:10:14	00:27:35.95	00:27:45.95	+00:09:35 (34.7%)	5:31	10.9 (65.3%)
148	MOROSZCZAK Dominika	849	4RUN TEAM BYDGOSZCZ	K-30	52	00:00:34	00:11:09	00:27:40.45	00:28:14.60	+00:09:39 (34.9%)	5:32	10.8 (64.7%)
149	JÓZEFIAK Magdalena	866		K-50	6	00:00:42	00:10:45	00:27:42.20	00:28:24.55	+00:09:41 (35.0%)	5:32	10.8 (64.7%)
150	PROKOPOWICZ Agnieszka	701		K-30	53	00:01:10	00:11:13	00:27:44.75	00:28:54.85	+00:09:44 (35.1%)	5:32	10.8 (64.7%)
151	ZAMIATOWSKA Kinga	703	RUN BYDGOSZCZ	K-30	54	00:01:10	00:11:12	00:27:44.85	00:28:55.00	+00:09:44 (35.1%)	5:33	10.8 (64.7%)
152	CEMKE Magdalena	121		K-20	62	00:00:14	00:10:12	00:27:45.05	00:27:59.90	+00:09:44 (35.1%)	5:33	10.8 (64.7%)
153	BIŁYK Marta	495		K-30	55	00:00:14	00:10:46	00:27:46.15	00:28:01.00	+00:09:45 (35.1%)	5:33	10.8 (64.7%)
154	HARASZKIEWICZ Małgorzata	863		K-20	63	00:00:38	00:11:09	00:27:50.25	00:28:28.55	+00:09:49 (35.3%)	5:34	10.8 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
155	SUCHODOLSKA Agnieszka	144		K-40	20	00:00:36	00:10:49	00:27:51.10	00:28:27.50	+00:09:50 (35.3%)	5:34	10.8 (64.7%)
156	NALEWALSKA Justyna	331		K-20	64	00:00:55	00:11:03	00:27:54.70	00:28:50.65	+00:09:54 (35.5%)	5:35	10.7 (64.1%)
156	KUGACZ Aneta	354	RUN BYDGOSZCZ	K-30	56	00:00:53	00:11:06	00:27:54.70	00:28:48.20	+00:09:54 (35.5%)	5:35	10.7 (64.1%)
158	RUTKOWSKA Dorota	491		K-10	11	00:00:26	00:10:58	00:27:56.75	00:28:22.80	+00:09:56 (35.6%)	5:35	10.7 (64.1%)
159	CZARNECKA -PIJAROWSKA Dominika	680		K-30	57	00:01:12	00:10:51	00:27:57.90	00:29:10.80	+00:09:57 (35.6%)	5:35	10.7 (64.1%)
160	CZESZUMSKA Karolina	505		K-30	58	00:00:25	00:11:04	00:27:58.05	00:28:23.55	+00:09:57 (35.6%)	5:35	10.7 (64.1%)
161	FLORCZAK Monika	754	KLUB BIEGACZA RTV URO AGD	K-30	59	00:00:40	00:11:13	00:27:59.05	00:28:39.45	+00:09:58 (35.6%)	5:35	10.7 (64.1%)
162	PIECYK-CZAJA Sonia	534		K-30	60	00:00:53	00:11:06	00:27:59.85	00:28:53.15	+00:09:59 (35.7%)	5:36	10.7 (64.1%)
163	DUZOWSKA Kamila	557	STOWARZYSZENIE PIECZA	K-10	12	00:00:24	00:10:46	00:28:01.50	00:28:25.50	+00:10:00 (35.7%)	5:36	10.7 (64.1%)
164	ŁAŃCUCKA Agnieszka	836		K-40	21	00:00:37	00:10:39	00:28:02.00	00:28:39.00	+00:10:01 (35.8%)	5:36	10.7 (64.1%)
165	WORONIECKA Anna	917		K-30	61	00:01:08	00:11:16	00:28:02.80	00:29:11.75	+00:10:02 (35.8%)	5:36	10.7 (64.1%)
166	STRÓŻYK Grażyna	795		K-20	65	00:00:50	00:11:38	00:28:05.05	00:28:55.15	+00:10:04 (35.9%)	5:37	10.7 (64.1%)
167	BALCERZAK Dorota	330	BBL INOWROCŁAW	K-40	22	00:00:42	00:11:04	00:28:05.70	00:28:47.70	+00:10:05 (35.9%)	5:37	10.7 (64.1%)
167	CHRÓŚCIŃSKA Justyna	393	GORDON RUN	K-20	66	00:01:07	00:11:06	00:28:05.70	00:29:12.90	+00:10:05 (35.9%)	5:37	10.7 (64.1%)
169	PRZYGODA Katarzyna	1007		K-20	67	00:00:27	00:10:49	00:28:06.70	00:28:34.00	+00:10:06 (35.9%)	5:37	10.7 (64.1%)
170	JARZEMSKA Alicja	786	BYDGOSZCZ TRIATHLON TEAM	K-20	68	00:00:22	00:11:04	00:28:06.95	00:28:29.90	+00:10:06 (35.9%)	5:37	10.7 (64.1%)
171	KOBYLARZ Paulina	1019		K-20	69	00:01:03	00:11:36	00:28:07.50	00:29:10.70	+00:10:06 (36.0%)	5:37	10.7 (64.1%)
172	DUDZIAK Elżbieta	1058		K-30	62	00:00:22	00:11:06	00:28:07.70	00:28:30.65	+00:10:07 (36.0%)	5:37	10.7 (64.1%)
173	RAKAŁOWICZ Justyna	707	STAFF TRIATHLON BYDGOSZCZ	K-30	63	00:00:27	00:11:09	00:28:08.25	00:28:35.65	+00:10:07 (36.0%)	5:37	10.7 (64.1%)
174	HARASIMCZYK Weronika	12		K-20	70	00:00:26	00:11:07	00:28:09.30	00:28:36.10	+00:10:08 (36.0%)	5:38	10.7 (64.1%)
175	KRZYŻELEWSKA - SUŚ Anna	568	BYDZIA POWER	K-40	23	00:00:42	00:11:18	00:28:19.40	00:29:01.45	+00:10:18 (36.4%)	5:39	10.6 (63.5%)
176	BINDEK Marta	763		K-30	64	00:00:20	00:10:46	00:28:19.90	00:28:40.40	+00:10:19 (36.4%)	5:40	10.6 (63.5%)
177	BOCIAN Natalia	324	BYDGOSZCZ TRIATHLON TEAM	K-20	71	00:00:10	00:10:53	00:28:20.05	00:28:30.05	+00:10:19 (36.4%)	5:40	10.6 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							2km	5km				
178	PULKOWSKA Natalia	831		K-30	65	00:00:41	00:11:17	00:28:22.90	00:29:04.00	+00:10:22 (36.5%)	5:40	10.6 (63.5%)
179	KULAS Natalia	828		K-10	13	00:01:00	00:11:37	00:28:27.25	00:29:27.45	+00:10:26 (36.7%)	5:41	10.5 (62.9%)
180	KAMPER Małgorzata	604		K-40	24	00:00:40	00:11:26	00:28:29.15	00:29:09.60	+00:10:28 (36.8%)	5:41	10.5 (62.9%)
181	DUTKIEWICZ Urszula	651	TKKF KOLEJARZ BYDGOSZCZ	K-30	66	00:00:55	00:11:03	00:28:32.20	00:29:28.05	+00:10:31 (36.9%)	5:42	10.5 (62.9%)
182	JURASZEK Karolina	1003		K-20	72	00:01:01	00:10:54	00:28:37.70	00:29:39.55	+00:10:37 (37.1%)	5:43	10.5 (62.9%)
183	SZTEJKA Jolanta	91	BENEFITKSO	K-30	67	00:01:05	00:11:36	00:28:38.55	00:29:43.75	+00:10:37 (37.1%)	5:43	10.5 (62.9%)
184	BUSSE Jagoda	606		K-30	68	00:01:05	00:11:27	00:28:40.35	00:29:46.10	+00:10:39 (37.2%)	5:44	10.5 (62.9%)
185	DYLEWSKA Marta	313		K-40	25	00:00:31	00:11:24	00:28:41.40	00:29:12.45	+00:10:40 (37.2%)	5:44	10.5 (62.9%)
186	PAPROCKA Małgorzata	343		K-40	26	00:00:58	00:11:36	00:28:45.75	00:29:44.60	+00:10:45 (37.4%)	5:45	10.4 (62.3%)
187	RYBICKA Anna	706		K-30	69	00:00:15	00:10:45	00:28:46.95	00:29:02.00	+00:10:46 (37.4%)	5:45	10.4 (62.3%)
188	WYSOTA Gabrysia	271		K-10	14	00:00:44	00:11:56	00:28:48.15	00:29:32.60	+00:10:47 (37.5%)	5:45	10.4 (62.3%)
189	SOKÓŁ Krystyna	697		K-20	73	00:00:34	00:10:46	00:28:49.80	00:29:24.70	+00:10:49 (37.5%)	5:46	10.4 (62.3%)
190	GRZONKA Emilia	1079		K-20	74	00:00:23	00:10:48	00:28:56.60	00:29:20.10	+00:10:55 (37.8%)	5:47	10.4 (62.3%)
191	ROZWADOWSKA Zofia	74		K-20	75	00:01:27	00:11:49	00:28:58.55	00:30:25.65	+00:10:57 (37.8%)	5:47	10.4 (62.3%)
192	PODEMSKA Patrycja	345		K-20	76	00:00:38	00:11:38	00:29:02.20	00:29:40.80	+00:11:01 (38.0%)	5:48	10.3 (61.7%)
193	KACZMAREK Anna	473	REPREZENTACJA GET RUN	K-30	70	00:00:37	00:11:31	00:29:06.15	00:29:43.20	+00:11:05 (38.1%)	5:49	10.3 (61.7%)
194	CISZEWSKA Emilia	802		K-30	71	00:00:56	00:11:40	00:29:06.85	00:30:03.45	+00:11:06 (38.1%)	5:49	10.3 (61.7%)
195	RASSALSKA Roma	217		K-30	72	00:01:02	00:11:35	00:29:07.70	00:30:09.85	+00:11:07 (38.2%)	5:49	10.3 (61.7%)
196	RASSALSKA-KAUSA Jola	215		K-30	73	00:01:03	00:11:34	00:29:10.05	00:30:13.10	+00:11:09 (38.3%)	5:50	10.3 (61.7%)
197	ROSZCZYŃIAŁA Marlena	903		K-30	74	00:01:04	00:11:34	00:29:15.15	00:30:19.85	+00:11:14 (38.4%)	5:51	10.3 (61.7%)
198	PŁACZKOWSKA Magdalena	118		K-30	75	00:00:30	00:11:26	00:29:15.20	00:29:45.70	+00:11:14 (38.4%)	5:51	10.3 (61.7%)
199	FRYDRYSZEK Monika	1057		K-20	77	00:00:48	00:11:41	00:29:15.80	00:30:04.00	+00:11:15 (38.5%)	5:51	10.3 (61.7%)
200	KLUGIEWICZ Dorota	783		K-40	27	00:00:58	00:11:26	00:29:19.10	00:30:17.60	+00:11:18 (38.6%)	5:51	10.2 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
201	JEZIORSKA Monika	907	ANIOŁY	K-30	76	00:01:12	00:11:55	00:29:21.60	00:30:34.30	+00:11:20 (38.7%)	5:52	10.2 (61.1%)
202	PODOSEK Magdalena	1021		K-30	77	00:01:01	00:11:43	00:29:23.10	00:30:24.20	+00:11:22 (38.7%)	5:52	10.2 (61.1%)
203	RUTKOWSKA Marta	490		K-10	15	00:00:26	00:10:58	00:29:25.60	00:29:52.50	+00:11:24 (38.8%)	5:53	10.2 (61.1%)
204	MIKA Monika	404	CPR BYDGOSZCZ	K-20	78	00:01:12	00:12:13	00:29:26.85	00:30:39.05	+00:11:26 (38.8%)	5:53	10.2 (61.1%)
205	NOWAK Mariola	717		K-40	28	00:00:49	00:11:41	00:29:26.90	00:30:16.35	+00:11:26 (38.8%)	5:53	10.2 (61.1%)
206	MARTYN Katarzyna	302		K-20	79	00:00:46	00:11:24	00:29:34.05	00:30:20.15	+00:11:33 (39.1%)	5:54	10.1 (60.5%)
207	KORPAL Anna	860		K-20	80	00:01:01	00:12:03	00:29:34.60	00:30:36.10	+00:11:33 (39.1%)	5:55	10.1 (60.5%)
208	SZPERA Joanna	400		K-40	29	00:00:44	00:11:31	00:29:37.00	00:30:21.90	+00:11:36 (39.2%)	5:55	10.1 (60.5%)
209	WAWRZY尼亚K Karolina	2		K-30	78	00:00:30	00:11:26	00:29:38.50	00:30:09.10	+00:11:37 (39.2%)	5:55	10.1 (60.5%)
210	NYBAK Beata	814		K-30	79	00:00:56	00:11:40	00:29:41.85	00:30:38.70	+00:11:41 (39.4%)	5:56	10.1 (60.5%)
211	DZIEKAN Monika	775	KABEL TEAM BYDGOSZCZ	K-30	80	00:01:11	00:11:36	00:29:45.20	00:30:57.10	+00:11:44 (39.5%)	5:57	10.1 (60.5%)
212	ŻMICH Aleksandra	852		K-20	81	00:00:38	00:11:27	00:29:45.35	00:30:23.35	+00:11:44 (39.5%)	5:57	10.1 (60.5%)
213	DANIELEK Ewa	4		K-30	81	00:00:39	00:11:25	00:29:45.85	00:30:24.85	+00:11:45 (39.5%)	5:57	10.1 (60.5%)
214	WEŁNIŃSKA Aleksandra	506		K-20	82	00:01:07	00:12:19	00:29:48.75	00:30:56.65	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
215	WÓJT Monika	335		K-30	82	00:00:31	00:11:49	00:29:49.05	00:30:20.75	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
216	CZYŻEWSKA Bernadeta	423		K-30	83	00:00:57	00:11:50	00:29:49.60	00:30:46.90	+00:11:48 (39.6%)	5:57	10.1 (60.5%)
217	GROCHOWALSKA Marzena	479		K-30	84	00:01:04	00:12:10	00:29:50.75	00:30:54.85	+00:11:50 (39.7%)	5:58	10.1 (60.5%)
218	ŁOŚ Katarzyna	165		K-50	7	00:01:09	00:11:44	00:29:56.85	00:31:05.90	+00:11:56 (39.9%)	5:59	10 (59.9%)
219	WIŚNIEWSKA-KRAWIEC Beata	740		K-40	30	00:00:57	00:11:47	00:29:58.10	00:30:55.15	+00:11:57 (39.9%)	5:59	10 (59.9%)
220	MRÓWCZYŃSKA Agnieszka	261		K-30	85	00:00:33	00:11:48	00:30:02.20	00:30:35.85	+00:12:01 (40.0%)	6:00	10 (59.9%)
221	MUCHA Natalia	304	BATRUN	K-10	16	00:00:57	00:12:07	00:30:05.70	00:31:03.40	+00:12:05 (40.2%)	6:01	10 (59.9%)
222	MIKLER Aleksandra	191		K-20	83	00:00:51	00:11:56	00:30:09.70	00:31:01.40	+00:12:09 (40.3%)	6:02	9.9 (59.3%)
223	TOMCZAK Magdalena	1038		K-20	84	00:01:19	00:12:04	00:30:10.55	00:31:30.00	+00:12:09 (40.3%)	6:02	9.9 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
224	JURUŚ Jolanta	451	PARKRUN	K-50	8	00:00:58	00:11:41	00:30:13.15	00:31:11.65	+00:12:12 (40.4%)	6:02	9.9 (59.3%)
225	THIEDE Magdalena	21		K-20	85	00:00:38	00:11:46	00:30:18.60	00:30:57.40	+00:12:17 (40.6%)	6:03	9.9 (59.3%)
226	NAPIÓRKOWSKA Ewa	155		K-50	9	00:00:50	00:12:17	00:30:21.95	00:31:12.40	+00:12:21 (40.7%)	6:04	9.9 (59.3%)
227	CIESIELSKA Oktawia	730	DECATHLON TEAM FORDON	K-20	86	00:01:02	00:12:05	00:30:22.50	00:31:24.70	+00:12:21 (40.7%)	6:04	9.9 (59.3%)
228	HINZ-BRYLEW Natalia	666	PRZYCHODNIA ROMET	K-30	86	00:01:22	00:11:53	00:30:24.20	00:31:46.50	+00:12:23 (40.8%)	6:04	9.9 (59.3%)
229	PŁUCIENNIK Joanna	595	STOWARZYSZENIE PIECZA	K-40	31	00:00:54	00:12:25	00:30:32.40	00:31:26.50	+00:12:31 (41.0%)	6:06	9.8 (58.7%)
230	ZIĘTAK Zuzanna	445		K-10	17	00:00:25	00:11:29	00:30:36.35	00:31:01.35	+00:12:35 (41.2%)	6:07	9.8 (58.7%)
231	PAKULSKA Małgorzata	392		K-20	87	00:00:44	00:11:40	00:30:44.35	00:31:28.80	+00:12:43 (41.4%)	6:08	9.8 (58.7%)
232	HAŁAS Weronika	243		K-10	18	00:01:00	00:11:38	00:30:44.85	00:31:45.05	+00:12:44 (41.4%)	6:09	9.8 (58.7%)
233	SUDOŁ Karolina	446	LIMONKA TEAM	K-30	87	00:00:24	00:11:46	00:30:45.90	00:31:10.00	+00:12:45 (41.5%)	6:09	9.8 (58.7%)
234	RUDOL Małgorzata	755		K-30	88	00:00:07	00:11:48	00:30:47.05	00:30:54.85	+00:12:46 (41.5%)	6:09	9.7 (58.1%)
235	JANICKA Kamila	235		K-20	88	00:00:21	00:11:29	00:30:49.25	00:31:10.80	+00:12:48 (41.6%)	6:09	9.7 (58.1%)
236	PAKULSKA Dorota	382		K-40	32	00:00:45	00:12:01	00:30:53.40	00:31:38.75	+00:12:52 (41.7%)	6:10	9.7 (58.1%)
237	BASZANOWSKA Sylwia	891		K-40	33	00:01:19	00:12:19	00:30:54.70	00:32:14.40	+00:12:54 (41.7%)	6:11	9.7 (58.1%)
238	OWCZAREK - BORACZYŃSKA Marta	625		K-40	34	00:01:05	00:12:21	00:30:55.60	00:32:01.25	+00:12:54 (41.8%)	6:11	9.7 (58.1%)
239	NAPIERAŁA Anna	668		K-30	89	00:00:36	00:12:13	00:31:00.45	00:31:37.10	+00:12:59 (41.9%)	6:12	9.7 (58.1%)
240	MALCZEWSKA Mirka	29	SPORT FAKTORY	K-50	10	00:00:54	00:11:59	00:31:04.40	00:31:59.10	+00:13:03 (42.0%)	6:13	9.7 (58.1%)
240	DOŁKOWSKA Lena	821		K-10	19	00:00:29	00:11:42	00:31:04.40	00:31:33.90	+00:13:03 (42.0%)	6:12	9.7 (58.1%)
242	RYBKA Aldona	197		K-40	35	00:00:30	00:11:47	00:31:07.65	00:31:38.45	+00:13:07 (42.1%)	6:13	9.6 (57.5%)
243	RUDOL Marzena	757		K-30	90	00:00:08	00:11:47	00:31:13.10	00:31:21.10	+00:13:12 (42.3%)	6:14	9.6 (57.5%)
244	ŻARKOWSKA Aleksandra	609	KABEL TEAM	K-40	36	00:01:12	00:12:07	00:31:19.20	00:32:31.35	+00:13:18 (42.5%)	6:15	9.6 (57.5%)
244	TUBAJA Anita	486	KABEL TEAM	K-30	91	00:01:11	00:12:08	00:31:19.20	00:32:31.05	+00:13:18 (42.5%)	6:16	9.6 (57.5%)
246	SZNAJDROWSKA Judyta	114		K-20	89	00:00:46	00:11:59	00:31:25.25	00:32:11.55	+00:13:24 (42.7%)	6:17	9.5 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 5km	brutto 5km			
247	PERTEK Joanna	113		K-20	90	00:00:19	00:11:48	00:31:28.35	00:31:48.15	+00:13:27 (42.8%)	6:17	9.5 (56.9%)
248	MILER Martyna	1085		K-10	20	00:00:14	00:12:28	00:31:29.05	00:31:43.65	+00:13:28 (42.8%)	6:17	9.5 (56.9%)
249	LASEK Małgorzata	218		K-40	37	00:00:31	00:11:55	00:31:36.45	00:32:07.85	+00:13:35 (43.0%)	6:19	9.5 (56.9%)
250	NADOLNA Aurelia	865	WEEKENDOWY BIEGACZ	K-30	92	00:00:51	00:12:08	00:31:36.80	00:32:28.45	+00:13:36 (43.0%)	6:19	9.5 (56.9%)
251	KARDACH Magdalena	869	ALLIANZ RUNNING TEAM	K-30	93	00:00:51	00:12:08	00:31:37.15	00:32:28.35	+00:13:36 (43.0%)	6:19	9.5 (56.9%)
252	DREWS Angelika	894	OKOLE	K-30	94	00:01:18	00:12:06	00:31:37.85	00:32:55.85	+00:13:37 (43.1%)	6:19	9.5 (56.9%)
253	BRAĞIEL Anna	139	VEGE RUNNERS	K-30	95	00:01:06	00:12:42	00:31:42.60	00:32:49.40	+00:13:41 (43.2%)	6:20	9.5 (56.9%)
254	DOBRACKA Anna	187		K-20	91	00:01:10	00:13:05	00:31:48.75	00:32:59.70	+00:13:48 (43.4%)	6:21	9.4 (56.3%)
255	MARC Agnieszka	796		K-40	38	00:01:11	00:12:30	00:31:54.45	00:33:05.70	+00:13:53 (43.6%)	6:22	9.4 (56.3%)
256	DZIEŁAK Ola	281		K-10	21	00:00:55	00:12:00	00:32:04.75	00:33:00.70	+00:14:04 (43.9%)	6:25	9.4 (56.3%)
257	LEWICKA Antonina	699		K-10	22	00:01:13	00:12:56	00:32:06.15	00:33:20.00	+00:14:05 (43.9%)	6:25	9.3 (55.7%)
258	JABŁOŃSKA Agnieszka	105		K-30	96	00:01:25	00:12:25	00:32:06.45	00:33:32.10	+00:14:05 (43.9%)	6:25	9.3 (55.7%)
259	WAWERKA Aleksandra	137		K-20	92	00:00:04	00:11:36	00:32:23.85	00:32:28.05	+00:14:23 (44.4%)	6:28	9.3 (55.7%)
260	RYDLEWSKA Kinga	704	RUN BYDGOSZCZ	K-30	97	00:00:41	00:12:16	00:32:34.55	00:33:16.45	+00:14:33 (44.7%)	6:31	9.2 (55.1%)
261	WRÓBLEWSKA Józefina	724		K-10	23	00:00:58	00:12:41	00:32:36.30	00:33:34.30	+00:14:35 (44.8%)	6:31	9.2 (55.1%)
262	KONARZEWSKA Jolanta	722		K-40	39	00:01:10	00:12:53	00:32:41.60	00:33:52.20	+00:14:40 (44.9%)	6:32	9.2 (55.1%)
262	DEPKA Agnieszka	192		K-30	98	00:01:08	00:13:20	00:32:41.60	00:33:50.35	+00:14:40 (44.9%)	6:32	9.2 (55.1%)
264	KONOPIŃSKA Agnieszka	727	RUN BYDGOSZCZ	K-30	99	00:01:09	00:12:54	00:32:42.80	00:33:52.65	+00:14:42 (44.9%)	6:32	9.2 (55.1%)
265	MUSS Urszula	1001		K-10	24	00:00:35	00:12:35	00:32:51.80	00:33:27.00	+00:14:51 (45.2%)	6:34	9.1 (54.5%)
266	ZACNIEWSKA Karolina	62		K-20	93	00:00:18	00:12:04	00:32:56.30	00:33:14.80	+00:14:55 (45.3%)	6:35	9.1 (54.5%)
267	LIBERA Sabina	37	PARKRUN BYDGOSZCZ	K-40	40	00:01:00	00:12:46	00:33:04.55	00:34:05.45	+00:15:03 (45.5%)	6:37	9.1 (54.5%)
268	BRZOZOWSKA Anna	380		K-30	100	00:01:16	00:13:19	00:33:11.00	00:34:27.20	+00:15:10 (45.7%)	6:38	9 (53.9%)
269	SZOSTAK Magdalena	682		K-40	41	00:00:57	00:12:48	00:33:12.35	00:34:09.90	+00:15:11 (45.8%)	6:38	9 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							2km	5km				
270	NOWAKOWSKA Sylwia	161		K-30	101	00:01:13	00:13:53	00:33:12.45	00:34:26.40	+00:15:11 (45.8%)	6:38	9 (53.9%)
271	PIŃSKA Magdalena	206		K-30	102	00:01:27	00:13:28	00:33:13.15	00:34:40.95	+00:15:12 (45.8%)	6:38	9 (53.9%)
272	CHŁOPECKA Iwona	971		K-40	42	00:01:08	00:13:04	00:33:19.00	00:34:27.80	+00:15:18 (45.9%)	6:39	9 (53.9%)
273	MUSIAŁ Elwira	152	BYDGOSZCZ TRIATHLON TEAM	K-30	103	00:00:22	00:12:53	00:33:19.65	00:33:42.10	+00:15:19 (46.0%)	6:40	9 (53.9%)
274	KRZYŻAŃSKA Pola	1049	BYDGOSZCZ TRIATHLON TEAM	K-Open	1	00:00:22	00:12:53	00:33:19.80	00:33:42.10	+00:15:19 (46.0%)	6:40	9 (53.9%)
275	SZMELTER Jagoda	210		K-20	94	00:01:07	00:12:44	00:33:21.45	00:34:29.15	+00:15:20 (46.0%)	6:40	9 (53.9%)
276	WOŹNIAK Alina	349		K-50	11	00:01:03	00:12:44	00:33:27.00	00:34:30.80	+00:15:26 (46.2%)	6:41	9 (53.9%)
277	ZIENKOWSKA Joanna	967		K-40	43	00:01:20	00:12:59	00:33:32.65	00:34:52.75	+00:15:32 (46.3%)	6:42	8.9 (53.3%)
278	KIPKA Michalina	716		K-20	95	00:00:18	00:12:10	00:33:40.50	00:33:58.90	+00:15:39 (46.5%)	6:44	8.9 (53.3%)
279	MYLVAGANAM Sujiga	383		K-20	96	00:00:34	00:12:28	00:33:53.10	00:34:27.25	+00:15:52 (46.8%)	6:46	8.9 (53.3%)
280	KORDAS-LEWANDOWSKA Agnieszka	186	BIL BYDGOSZCZ	K-30	104	00:01:00	00:13:04	00:34:08.90	00:35:09.70	+00:16:08 (47.3%)	6:49	8.8 (52.7%)
281	MAKLAKIEWICZ Agnieszka	319		K-30	105	00:01:01	00:13:03	00:34:16.20	00:35:17.20	+00:16:15 (47.4%)	6:51	8.8 (52.7%)
282	LIPSKA Patrycja	41		K-20	97	00:00:19	00:12:30	00:34:17.70	00:34:37.40	+00:16:17 (47.5%)	6:51	8.7 (52.1%)
283	MAŁAWA Katarzyna	277	BENEFITKSO	K-20	98	00:01:06	00:13:50	00:34:29.95	00:35:36.30	+00:16:29 (47.8%)	6:54	8.7 (52.1%)
284	PAPROCKA Magdalena	956		K-20	99	00:00:20	00:12:40	00:34:37.00	00:34:57.35	+00:16:36 (48.0%)	6:55	8.7 (52.1%)
285	JAROCKA Aleksandra	350		K-20	100	00:01:14	00:13:36	00:34:37.45	00:35:52.20	+00:16:36 (48.0%)	6:55	8.7 (52.1%)
286	SMOLEŃ Joanna	555		K-30	106	00:01:10	00:13:16	00:34:38.25	00:35:48.75	+00:16:37 (48.0%)	6:55	8.7 (52.1%)
287	KRANC Magdalena	409		K-20	101	00:01:11	00:13:26	00:34:40.60	00:35:52.05	+00:16:39 (48.1%)	6:56	8.6 (51.5%)
288	CZYŻYCKA Beata	171		K-40	44	00:01:14	00:13:56	00:34:50.85	00:36:05.00	+00:16:50 (48.3%)	6:58	8.6 (51.5%)
289	BORUCKA Paulina	77		K-20	102	00:00:45	00:13:01	00:34:52.15	00:35:37.50	+00:16:51 (48.3%)	6:58	8.6 (51.5%)
290	SZRAMSKA Violetta	630		K-40	45	00:00:40	00:13:06	00:34:54.50	00:35:34.50	+00:16:53 (48.4%)	6:58	8.6 (51.5%)
291	ROMANOWSKA-OLSZYŃSKA Aleksandra	16		K-30	107	00:01:23	00:13:24	00:35:14.50	00:36:38.20	+00:17:13 (48.9%)	7:03	8.5 (50.9%)
292	OLSZYŃSKA Antonia	695		K-10	25	00:01:23	00:13:24	00:35:15.10	00:36:38.40	+00:17:14 (48.9%)	7:03	8.5 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h	
							2km	5km				
293	KLUCZYŃSKA Blanka	213		K-30	108	00:00:57	00:12:54	00:35:49.05	00:36:46.35	+00:17:48 (49.7%)	7:09	8.4 (50.3%)
294	BORKO Liola	1084		K-30	109	00:00:14	00:13:38	00:35:56.60	00:36:10.90	+00:17:55 (49.9%)	7:11	8.3 (49.7%)
295	ULATOWSKA Agnieszka	582		K-30	110	00:01:13	00:13:40	00:36:06.70	00:37:20.40	+00:18:06 (50.1%)	7:13	8.3 (49.7%)
296	LUDKOWSKA Alicja	1016		K-30	111	00:00:35	00:13:13	00:36:09.65	00:36:45.20	+00:18:09 (50.2%)	7:14	8.3 (49.7%)
297	SZMIDT Anna	417		K-20	103	00:00:17	00:13:27	00:36:11.45	00:36:28.85	+00:18:10 (50.2%)	7:14	8.3 (49.7%)
298	BRYLEW-PŁOSZYŃSKA Dorota	829	SKLEP PIWOSZA JONIKO KORONOWO	K-30	112	00:01:20	00:13:45	00:36:11.75	00:37:32.70	+00:18:11 (50.2%)	7:14	8.3 (49.7%)
299	KWIATKOWSKA Renata	901		K-40	46	00:00:49	00:13:58	00:36:15.45	00:37:05.25	+00:18:14 (50.3%)	7:15	8.3 (49.7%)
300	MASKIEWICZ Renata	902		K-40	47	00:00:49	00:13:57	00:36:15.70	00:37:05.25	+00:18:15 (50.3%)	7:15	8.3 (49.7%)
301	KWIATOŃ-KLINOWSKA Olga	36		K-30	113	00:01:24	00:13:49	00:36:16.85	00:37:40.95	+00:18:16 (50.4%)	7:15	8.3 (49.7%)
302	ROGULSKA Ewelina	918		K-20	104	00:00:38	00:13:30	00:36:26.40	00:37:04.60	+00:18:25 (50.6%)	7:17	8.2 (49.1%)
303	SIKORA Karolina	233		K-30	114	00:01:12	00:14:19	00:36:41.10	00:37:53.35	+00:18:40 (50.9%)	7:20	8.2 (49.1%)
304	MAJEWSKA Monika	133		K-20	105	00:00:54	00:14:12	00:37:02.10	00:37:56.85	+00:19:01 (51.4%)	7:24	8.1 (48.5%)
305	RYŚNIK Wioletta	586		K-40	48	00:00:40	00:14:10	00:37:21.20	00:38:01.60	+00:19:20 (51.8%)	7:28	8 (47.9%)
306	DORSZEWSKA Bożena	125		K-50	12	00:01:04	00:14:57	00:37:36.75	00:38:40.85	+00:19:36 (52.1%)	7:31	8 (47.9%)
307	RUDNICKA Karolina	153		K-30	115	00:01:06	00:14:28	00:37:42.65	00:38:49.20	+00:19:42 (52.2%)	7:32	8 (47.9%)
308	KUFEL Aleksandra	310		K-40	49	00:00:27	00:14:21	00:37:51.95	00:38:19.80	+00:19:51 (52.4%)	7:34	7.9 (47.3%)
309	JANKOWSKA Marta	97		K-10	26	00:01:18	00:14:36	00:38:26.85	00:39:45.65	+00:20:26 (53.2%)	7:41	7.8 (46.7%)
310	TOMASZEWSKA Katarzyna	1000		K-40	50	00:01:16	00:14:38	00:38:31.20	00:39:48.05	+00:20:30 (53.2%)	7:42	7.8 (46.7%)
311	LASOK Milena	954		K-Open	2	00:00:58	00:15:29	00:40:00.05	00:40:58.35	+00:21:59 (55.0%)	8:00	7.5 (44.9%)
312	SKRZYPEK-LASOK Agnieszka	948		K-30	116	00:00:57	00:15:34	00:40:00.70	00:40:58.60	+00:22:00 (55.0%)	8:00	7.5 (44.9%)
313	MULLER Bogumila	524	STOWARZYSZENIE PIECZA	K-50	13	00:01:14	00:17:45	00:40:12.00	00:41:26.40	+00:22:11 (55.2%)	8:02	7.5 (44.9%)
314	OGARA Zuzanna	616	STOWARZYSZENIE PIECZA	K-10	27	00:01:18	00:17:44	00:40:16.20	00:41:34.50	+00:22:15 (55.3%)	8:03	7.5 (44.9%)
315	LIS Zuzanna	545	STOWARZYSZENIE PIECZA	K-Open	3	00:01:17	00:17:44	00:40:16.55	00:41:33.75	+00:22:15 (55.3%)	8:03	7.5 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	RUTKOWSKA Anna	840		K-40	51	00:00:57	00:15:22	00:40:30.90	00:41:28.05	+00:22:30 (55.5%)	8:06	7.4 (44.3%)
317	GACKOWSKA Zuzia	167	RUN BDG	K-Open	4	00:01:13	00:15:47	00:40:35.65	00:41:48.70	+00:22:35 (55.6%)	8:07	7.4 (44.3%)
318	GACKOWSKA Małgorzata	156		K-30	117	00:01:13	00:15:49	00:40:36.80	00:41:50.00	+00:22:36 (55.7%)	8:07	7.4 (44.3%)
319	ŻURAWSKA Roksana	859		K-30	118	00:01:20	00:15:47	00:41:00.00	00:42:20.50	+00:22:59 (56.1%)	8:12	7.3 (43.7%)
320	OLECHOWICZ Aneta	1074	SP 34	K-10	28	00:00:59	00:16:11	00:41:02.70	00:42:02.55	+00:23:02 (56.1%)	8:12	7.3 (43.7%)
321	DUZOWSKA Anna	569	STOWARZYSZENIE PIECZA	K-10	29	00:00:00	00:19:01	00:41:32.35	00:41:32.35	+00:23:31 (56.6%)	8:18	7.2 (43.1%)
322	WIERZBICKA Kamila	567	STOWARZYSZENIE PIECZA	K-Open	5	00:01:16	00:15:19	00:42:14.05	00:43:30.40	+00:24:13 (57.4%)	8:26	7.1 (42.5%)
323	MIKUŁA Danuta	126		K-30	119	00:01:09	00:16:12	00:42:21.30	00:43:30.40	+00:24:20 (57.5%)	8:28	7.1 (42.5%)
324	SAMUL Ewa	414		K-30	120	00:01:22	00:14:43	00:42:26.20	00:43:49.15	+00:24:25 (57.6%)	8:29	7.1 (42.5%)
325	ANTAS-WOŹNIEWSKA Danuta	694	ABREN	K-50	14	00:01:23	00:16:17	00:42:26.75	00:43:50.35	+00:24:26 (57.6%)	8:29	7.1 (42.5%)
326	NAWROCKA Joanna	870	VAUPE	K-30	121	00:00:00	00:14:03			+	7:01	8.5 (50.9%)
327	PIESIK Małgorzata	551	STOWARZYSZENIE PIECZA	K-20	106	00:01:17	00:18:39			+00:11:35	9:19	6.4 (38.3%)

Znaleziono 327 wynik(ów)