



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2022-04-24
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	599		K40	1	00:00:02	00:18:55.30	00:18:57.35		3:47	15.9 (100%)
2	TOMCZYK Agata	625	SLA POLONIA BYDGOSZCZ	K30	1	00:00:02	00:19:42.75	00:19:45.30	+00:00:47 (4.0%)	3:56	15.2 (95.6%)
3	KUBIŃSKA Klaudyna	320		K20	1	00:00:16	00:21:26.10	00:21:42.85	+00:02:30 (11.7%)	4:17	14 (88.1%)
4	DERING Hanna	98	BYDGOSKIE ŻÓŁWIE	K40	2	00:00:07	00:21:58.80	00:22:06.60	+00:03:03 (13.9%)	4:23	13.7 (86.2%)
5	DOBRZYŃSKA Ewa	102		K30	2	00:00:08	00:22:04.25	00:22:12.60	+00:03:08 (14.3%)	4:24	13.6 (85.5%)
6	WITEK Magdalena	666		K20	2	00:00:20	00:22:20.60	00:22:40.95	+00:03:25 (15.3%)	4:28	13.4 (84.3%)
7	REDIS Agata	513	SZKÓŁKA JĘZYKA ANGIELSKIEGO AGATA REDIS	K30	3	00:00:03	00:22:27.00	00:22:30.75	+00:03:31 (15.7%)	4:29	13.4 (84.3%)
8	NOWAK Martyna	437	3GRAVITY	K20	3	00:00:03	00:22:32.40	00:22:36.15	+00:03:37 (16.1%)	4:30	13.3 (83.6%)
9	MICHALIK Joanna	406		K40	3	00:00:02	00:22:36.15	00:22:38.85	+00:03:40 (16.3%)	4:31	13.3 (83.6%)
10	RACZKO Agata	501		K30	4	00:00:44	00:22:47.45	00:23:32.40	+00:03:52 (17.0%)	4:33	13.2 (83.0%)
11	DRĘŻEK Ewelina	800		K30	5	00:00:05	00:23:07.80	00:23:13.75	+00:04:12 (18.2%)	4:37	13 (81.8%)
12	WOLAN Magdalena	674	AMOREK	K40	4	00:00:19	00:23:45.30	00:24:05.05	+00:04:50 (20.3%)	4:45	12.6 (79.2%)
13	RASZLIŃSKA Mariola	510		K50	1	00:01:05	00:23:55.40	00:25:00.40	+00:05:00 (20.9%)	4:47	12.5 (78.6%)
14	SZOPINSKA Justyna	604		K30	6	00:00:09	00:23:58.65	00:24:08.10	+00:05:03 (21.1%)	4:47	12.5 (78.6%)
15	STROKOWSKA Paulina	579		K20	4	00:00:14	00:24:03.80	00:24:18.65	+00:05:08 (21.4%)	4:48	12.5 (78.6%)
16	ANDRZEJEWSKA Sylwia	773		K30	7	00:00:16	00:24:10.70	00:24:27.05	+00:05:15 (21.7%)	4:50	12.4 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	CZYŻEWSKA Justyna	85		K30	8	00:00:16	00:24:14.50	00:24:30.60	+00:05:19 (21.9%)	4:50	12.4 (78.0%)
18	SOBANIA Grace	563	POINT COOK RUNNING CLUB	K50	2	00:00:20	00:24:32.10	00:24:52.35	+00:05:36 (22.9%)	4:54	12.2 (76.7%)
19	ŚWIETLIK Michalina	757		K30	9	00:00:20	00:24:35.35	00:24:55.75	+00:05:40 (23.0%)	4:55	12.2 (76.7%)
20	MŁYNARCZYK Ewa	763	BYDGOSKIE ŻÓŁWIE	K40	5	00:01:03	00:24:41.40	00:25:45.20	+00:05:46 (23.4%)	4:56	12.2 (76.7%)
21	FIRST Anna	125		K20	5	00:01:00	00:24:45.45	00:25:45.80	+00:05:50 (23.6%)	4:57	12.1 (76.1%)
22	BIEGAŁA Agnieszka	33		K40	6	00:00:21	00:24:46.85	00:25:08.10	+00:05:51 (23.6%)	4:57	12.1 (76.1%)
23	BIERNACKA Magdalena	37		K30	10	00:00:22	00:24:53.10	00:25:15.65	+00:05:57 (24.0%)	4:58	12.1 (76.1%)
24	KUJDA Dorota	327		K40	7	00:00:08	00:24:55.65	00:25:03.70	+00:06:00 (24.1%)	4:59	12 (75.5%)
25	KOPACZEWSKA Agnieszka	278	SZKOŁA JAZDY KOPACZEWSKI	K40	8	00:00:21	00:25:14.20	00:25:35.50	+00:06:18 (25.0%)	5:02	11.9 (74.8%)
26	WIECZOREK Izabela	779		K30	11	00:00:27	00:25:27.05	00:25:54.55	+00:06:31 (25.7%)	5:05	11.8 (74.2%)
27	NALEWALSKA Justyna	431	SERCE TYBETU/ WKURW_TEAM	K30	12	00:00:31	00:25:27.25	00:25:58.40	+00:06:31 (25.7%)	5:05	11.8 (74.2%)
28	WAJER Marita	637		K20	6	00:00:39	00:25:30.15	00:26:09.25	+00:06:34 (25.8%)	5:06	11.8 (74.2%)
29	MASŁOWSKA Angelika	397		K30	13	00:00:22	00:25:32.05	00:25:54.80	+00:06:36 (25.9%)	5:06	11.7 (73.6%)
30	MAJCHRZAK Katarzyna	384		K30	14	00:01:24	00:25:33.60	00:26:57.80	+00:06:38 (26.0%)	5:06	11.7 (73.6%)
31	MAŁKOWSKA Ewa	395		K20	7	00:00:24	00:25:36.00	00:26:00.15	+00:06:40 (26.1%)	5:07	11.7 (73.6%)
32	PIETRZAK Anna	472		K30	15	00:00:49	00:25:36.20	00:26:26.00	+00:06:40 (26.1%)	5:07	11.7 (73.6%)
33	SZABLINSKA Honorata	589		K40	9	00:00:23	00:25:45.65	00:26:08.75	+00:06:50 (26.5%)	5:09	11.7 (73.6%)
34	GROBELNA Monika	170		K40	10	00:01:12	00:25:46.50	00:26:59.35	+00:06:51 (26.6%)	5:09	11.6 (73.0%)
35	OKULICZ Anita	747	MUD FOXES	K30	16	00:00:23	00:25:50.25	00:26:13.70	+00:06:54 (26.8%)	5:10	11.6 (73.0%)
36	NAGORZYSKA Sylwia	429	MUDFOXES	K40	11	00:00:23	00:25:50.30	00:26:14.25	+00:06:55 (26.8%)	5:10	11.6 (73.0%)
37	GĘSICKA Marta	792		K30	17	00:00:33	00:25:53.20	00:26:26.30	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
38	SPYCHALSKA Kinga	569		K30	18	00:00:12	00:26:00.45	00:26:13.35	+00:07:05 (27.2%)	5:12	11.5 (72.3%)
39	SCHUMACHER-RATAJ Marta	540		K30	19	00:00:28	00:26:00.65	00:26:29.20	+00:07:05 (27.3%)	5:12	11.5 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	CHRÓŚCIŃSKA Monika	71		K20	8	00:01:14	00:26:06.40	00:27:21.30	+00:07:11 (27.5%)	5:13	11.5 (72.3%)
41	GROBELNA Angelika	172	BYDGOSZCZ NA START	K40	12	00:01:35	00:26:07.35	00:27:42.35	+00:07:12 (27.6%)	5:13	11.5 (72.3%)
42	MAGDZIARZ Emilia	766		K18	1	00:00:16	00:26:08.05	00:26:24.40	+00:07:12 (27.6%)	5:13	11.5 (72.3%)
43	BIEŃKOWSKA Ania	36		K30	20	00:00:17	00:26:12.30	00:26:29.95	+00:07:17 (27.8%)	5:14	11.5 (72.3%)
44	BUDNY Ewa	50	MŁODZIEŻOWA RADA MIASTA	K10	1	00:00:08	00:26:15.45	00:26:24.20	+00:07:20 (27.9%)	5:15	11.4 (71.7%)
45	WOSZCZYK Agnieszka	1		K30	21	00:00:38	00:26:23.55	00:27:02.20	+00:07:28 (28.3%)	5:16	11.4 (71.7%)
46	KAZEK-ŁUKOWSKA Agnieszka	244		K30	22	00:00:26	00:26:24.15	00:26:50.70	+00:07:28 (28.3%)	5:16	11.4 (71.7%)
47	JANIKOWSKA Awa	204	CZARNE STOPY	K30	23	00:01:20	00:26:25.35	00:27:45.85	+00:07:30 (28.4%)	5:17	11.4 (71.7%)
48	PISKORSKA Marta	481		K40	13	00:00:17	00:26:26.85	00:26:44.55	+00:07:31 (28.5%)	5:17	11.3 (71.1%)
49	KRYSZTOFINSKA Aneta	316		K30	24	00:00:34	00:26:30.10	00:27:04.80	+00:07:34 (28.6%)	5:18	11.3 (71.1%)
50	ŁADNIAK Bernadeta	372	RUNMORS	K40	14	00:00:48	00:26:30.80	00:27:19.25	+00:07:35 (28.6%)	5:18	11.3 (71.1%)
51	KRUK Anna	310		K40	15	00:00:51	00:26:34.15	00:27:25.75	+00:07:38 (28.8%)	5:18	11.3 (71.1%)
52	OPATRZYK Kinga	453	ÓSEMKA	K20	9	00:00:27	00:26:40.05	00:27:07.35	+00:07:44 (29.0%)	5:20	11.3 (71.1%)
53	JASIŃSKA Małgorzata	217		K30	25	00:00:24	00:26:45.15	00:27:10.00	+00:07:49 (29.3%)	5:21	11.2 (70.4%)
54	LEWANDOWSKA Marlena	360		K20	10	00:00:24	00:26:45.70	00:27:10.25	+00:07:50 (29.3%)	5:21	11.2 (70.4%)
55	KARCZEWSKA Arletta	236	WHM TEAM	K40	16	00:00:22	00:26:45.80	00:27:08.25	+00:07:50 (29.3%)	5:21	11.2 (70.4%)
56	ZUZA-WITKOWSKA Anna	333		K50	3	00:00:18	00:26:57.75	00:27:16.00	+00:08:02 (29.8%)	5:23	11.1 (69.8%)
57	BOJAROWICZ Ewa	44		K20	11	00:00:40	00:27:00.55	00:27:41.50	+00:08:05 (29.9%)	5:24	11.1 (69.8%)
58	RESZELA Marta	515		K30	26	00:01:17	00:27:01.35	00:28:18.80	+00:08:06 (30.0%)	5:24	11.1 (69.8%)
59	AGACIAK Elżbieta	2		K40	17	00:00:16	00:27:04.70	00:27:21.15	+00:08:09 (30.1%)	5:24	11.1 (69.8%)
60	PAWLISZ Małgorzata	463		K30	27	00:01:18	00:27:06.80	00:28:24.85	+00:08:11 (30.2%)	5:25	11.1 (69.8%)
61	SOŁDON Halina	566	BIEGAJ Z NAMI	K50	4	00:00:45	00:27:07.00	00:27:52.95	+00:08:11 (30.2%)	5:25	11.1 (69.8%)
62	WIŚNIEWSKA Iga	663		K30	28	00:01:00	00:27:12.10	00:28:12.40	+00:08:16 (30.4%)	5:26	11 (69.2%)

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63	PRĄDZYŃSKA Weronika	489	AKADEMIAMISTRZOWSPORTU	K10	2	00:00:09	00:27:16.40	00:27:25.70	+00:08:21 (30.6%)	5:27	11 (69.2%)
64	BUREK Dorota	54		K40	18	00:00:23	00:27:17.60	00:27:40.80	+00:08:22 (30.7%)	5:27	11 (69.2%)
65	STEJUK Aleksandra	577	AKADEMIA MISTRZÓW SPORTU	K40	19	00:01:02	00:27:36.45	00:28:39.10	+00:08:41 (31.5%)	5:31	10.9 (68.6%)
66	ANASZEWICZ Marzena	3		K40	20	00:00:20	00:27:36.90	00:27:57.80	+00:08:41 (31.5%)	5:31	10.9 (68.6%)
67	ORZECHOWSKA Gabriela	455	ORZECZ BIEGA	K10	3	00:00:29	00:27:40.15	00:28:09.90	+00:08:44 (31.6%)	5:32	10.8 (67.9%)
68	SZOSTEK Katarzyna	606	KWIDZYN BIEGA	K40	21	00:00:10	00:27:41.10	00:27:51.60	+00:08:45 (31.7%)	5:32	10.8 (67.9%)
69	PAPIERSKA Kaja	459	AEROKLUB BYDGOSKI	K30	29	00:01:38	00:27:43.80	00:29:21.80	+00:08:48 (31.8%)	5:32	10.8 (67.9%)
70	MIEDZIŃSKA Katarzyna	410		K20	12	00:00:26	00:27:44.60	00:28:10.75	+00:08:49 (31.8%)	5:32	10.8 (67.9%)
71	KOLANOWSKA Grażyna	272		K60	1	00:00:37	00:27:45.05	00:28:22.50	+00:08:49 (31.8%)	5:33	10.8 (67.9%)
72	GROBELNA Ida	171		K20	13	00:00:19	00:27:47.70	00:28:06.75	+00:08:52 (31.9%)	5:33	10.8 (67.9%)
73	GŁOWACKA Kornelia	146		K10	4	00:00:44	00:27:48.75	00:28:33.50	+00:08:53 (32.0%)	5:33	10.8 (67.9%)
74	RÓŻYCZKA Joanna	524		K30	30	00:00:59	00:27:51.80	00:28:51.35	+00:08:56 (32.1%)	5:34	10.8 (67.9%)
75	KLEJNOWSKA-KRZYWAŃSKA Aleksandra	263		K40	22	00:00:23	00:27:57.10	00:28:21.05	+00:09:01 (32.3%)	5:35	10.7 (67.3%)
76	CHYLIŃSKA Monika	72		K40	23	00:01:07	00:27:58.05	00:29:05.60	+00:09:02 (32.3%)	5:35	10.7 (67.3%)
77	JACKOWIEC-JAGIELSKA Małgorzata	197		K40	24	00:01:18	00:27:58.15	00:29:16.35	+00:09:02 (32.3%)	5:35	10.7 (67.3%)
78	CYRANKOWSKA Agnieszka	79		K40	25	00:00:27	00:28:05.00	00:28:32.05	+00:09:09 (32.6%)	5:37	10.7 (67.3%)
79	KALEMBA Daria	233		K30	31	00:00:48	00:28:06.50	00:28:55.20	+00:09:11 (32.7%)	5:37	10.7 (67.3%)
80	BESS Ania	749		K40	26	00:01:03	00:28:08.95	00:29:12.75	+00:09:13 (32.8%)	5:37	10.7 (67.3%)
81	ŚWIGOŃ Aneta	618		K30	32	00:01:07	00:28:10.00	00:29:17.95	+00:09:14 (32.8%)	5:38	10.7 (67.3%)
82	WIŚNIEWSKA Aurelia	662		K30	33	00:01:00	00:28:10.55	00:29:11.50	+00:09:15 (32.8%)	5:38	10.7 (67.3%)
83	BAGNIEWSKA Sandra	5		K30	34	00:01:00	00:28:13.55	00:29:14.15	+00:09:18 (33.0%)	5:38	10.6 (66.7%)
84	ZIELIŃSKA Agnieszka	713	RUNNING STARS	K30	35	00:00:39	00:28:14.90	00:28:53.95	+00:09:19 (33.0%)	5:38	10.6 (66.7%)
85	LATOSIŃSKA Aleksandra	351		K30	36	00:00:37	00:28:16.50	00:28:54.10	+00:09:21 (33.1%)	5:39	10.6 (66.7%)

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86	RADZIŃSKA Joanna	504	TRISPACE/TREK	K30	37	00:00:53	00:28:20.50	00:29:14.45	+00:09:25 (33.2%)	5:40	10.6 (66.7%)
87	MALATYŃSKA Barbara	386		K40	27	00:00:21	00:28:21.25	00:28:42.30	+00:09:25 (33.3%)	5:40	10.6 (66.7%)
88	FUZ Gabriela	130	KABEL TEAM BYDGOSZCZ	K40	28	00:00:37	00:28:24.90	00:29:02.30	+00:09:29 (33.4%)	5:40	10.6 (66.7%)
89	SZKOPIAK-NOWAKOWSKA Oliwia	602		K20	14	00:00:38	00:28:26.45	00:29:04.45	+00:09:31 (33.5%)	5:41	10.6 (66.7%)
90	KOWALSKA Jolanta	292		K40	29	00:01:17	00:28:29.20	00:29:46.45	+00:09:33 (33.6%)	5:41	10.5 (66.0%)
91	SIUDZIŃSKA-BESS Anna	556		K30	38	00:01:03	00:28:32.40	00:29:35.60	+00:09:37 (33.7%)	5:42	10.5 (66.0%)
92	KLIMCZAK Justyna	264		K40	30	00:01:04	00:28:34.65	00:29:39.10	+00:09:39 (33.8%)	5:42	10.5 (66.0%)
93	MAZUR Paulina	400		K20	15	00:00:40	00:28:36.85	00:29:17.45	+00:09:41 (33.9%)	5:43	10.5 (66.0%)
94	KRASIŃSKA Katarzyna	305		K40	31	00:00:52	00:28:37.75	00:29:30.00	+00:09:42 (33.9%)	5:43	10.5 (66.0%)
95	GROCHOWSKA Zuzanna	174		K18	2	00:01:04	00:28:39.85	00:29:44.45	+00:09:44 (34.0%)	5:43	10.5 (66.0%)
96	SYGNECKA Kasia	588		K30	39	00:01:00	00:28:41.00	00:29:41.15	+00:09:45 (34.0%)	5:44	10.5 (66.0%)
97	WOJTYSIAK Dorota	673		K40	32	00:00:33	00:28:42.10	00:29:16.00	+00:09:46 (34.1%)	5:44	10.5 (66.0%)
98	LEMAŃSKA Agnieszka	354		K20	16	00:00:36	00:28:43.75	00:29:20.65	+00:09:48 (34.1%)	5:44	10.4 (65.4%)
99	PRZYBYLSKA Karolina	496		K30	40	00:00:53	00:28:51.85	00:29:45.20	+00:09:56 (34.4%)	5:46	10.4 (65.4%)
100	PIONTEK Elżbieta	477		K60	2	00:00:45	00:28:53.00	00:29:38.55	+00:09:57 (34.5%)	5:46	10.4 (65.4%)
101	JANUSZKIEWICZ Judyta	212		K30	41	00:00:43	00:28:53.45	00:29:36.70	+00:09:58 (34.5%)	5:46	10.4 (65.4%)
102	PRZERACKA Dominika	494		K18	3	00:01:20	00:28:54.10	00:30:14.75	+00:09:58 (34.5%)	5:46	10.4 (65.4%)
103	KUSA Oliwia	334	ROLLTEAM BYDGOSZCZ	K10	5	00:00:31	00:28:54.60	00:29:26.20	+00:09:59 (34.5%)	5:46	10.4 (65.4%)
104	GIERSZEWSKA Grażyna	142		K50	5	00:01:16	00:28:56.30	00:30:12.30	+00:10:01 (34.6%)	5:47	10.4 (65.4%)
105	BĄCZKOWSKA Karolina	19		K30	42	00:00:57	00:28:56.50	00:29:54.25	+00:10:01 (34.6%)	5:47	10.4 (65.4%)
106	BINDEK Weronika	774	ROLLTEAM BYDGOSZCZ	K10	6	00:00:31	00:28:57.15	00:29:28.85	+00:10:01 (34.6%)	5:47	10.4 (65.4%)
107	KUSA Wiktoria	335	ROLLTEAM BYDGOSZCZ	K10	7	00:00:31	00:28:57.50	00:29:28.65	+00:10:02 (34.7%)	5:47	10.4 (65.4%)
107	RUMIANOWSKA Anna	525		K30	43	00:01:23	00:28:57.50	00:30:21.20	+00:10:02 (34.7%)	5:47	10.4 (65.4%)

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109	MISUN-NOWAK Katarzyna	416	AKADEMIA MISTRZÓW SPORTU	K40	33	00:01:04	00:28:57.75	00:30:02.35	+00:10:02 (34.7%)	5:47	10.4 (65.4%)
110	KWAŚNIEWSKA Aldona	348		K40	34	00:00:14	00:28:58.40	00:29:13.00	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
111	LEWANDOWSKA Wanda	358		K10	8	00:00:31	00:28:58.65	00:29:30.05	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
111	WESOŁOWSKA Aleksandra	646		K40	35	00:00:54	00:28:58.65	00:29:53.60	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
113	RUTKOWSKA Weronika	527		K30	44	00:01:48	00:28:59.20	00:30:47.90	+00:10:03 (34.7%)	5:47	10.4 (65.4%)
114	RUTKOWSKA Natalia	528	#GLUPIAKITKA	K20	17	00:01:48	00:28:59.75	00:30:48.60	+00:10:04 (34.7%)	5:47	10.4 (65.4%)
115	WÓJCIK Magda	694		K20	18	00:01:14	00:29:02.55	00:30:16.95	+00:10:07 (34.8%)	5:48	10.3 (64.8%)
116	MAŁKIŃSKA-BIĘGA Dorota	392		K30	45	00:00:34	00:29:04.20	00:29:39.15	+00:10:08 (34.9%)	5:48	10.3 (64.8%)
117	DOMEK Katarzyna	103		K30	46	00:01:01	00:29:04.25	00:30:05.25	+00:10:08 (34.9%)	5:48	10.3 (64.8%)
118	STEFANOWICZ Natalia	575		K30	47	00:01:14	00:29:06.70	00:30:20.80	+00:10:11 (35.0%)	5:49	10.3 (64.8%)
119	ZDUNKIEWICZ Hanna	709	#WIĘCEJ SPRZĘTU NIŻ TALENTU	K40	36	00:00:35	00:29:11.50	00:29:47.05	+00:10:16 (35.2%)	5:50	10.3 (64.8%)
120	ZAMIATOWSKA Kinga	702	BELLA LINE	K40	37	00:01:16	00:29:13.20	00:30:30.10	+00:10:17 (35.2%)	5:50	10.3 (64.8%)
121	CHMIELEWSKA Agnieszka	64		K40	38	00:00:16	00:29:17.65	00:29:33.70	+00:10:22 (35.4%)	5:51	10.2 (64.2%)
122	ZMUDA Aleksandra	719		K40	39	00:00:11	00:29:28.50	00:29:40.20	+00:10:33 (35.8%)	5:53	10.2 (64.2%)
123	KŁOS Katarzyna	270		K40	40	00:00:16	00:29:29.95	00:29:45.95	+00:10:34 (35.9%)	5:53	10.2 (64.2%)
124	PRIETZ Agata	491		K40	41	00:01:19	00:29:32.30	00:30:51.90	+00:10:37 (35.9%)	5:54	10.2 (64.2%)
125	SZULAKOWSKA Patrycja	608	TERENOWA MASAKRA TEAM	K40	42	00:01:39	00:29:36.00	00:31:15.05	+00:10:40 (36.1%)	5:55	10.1 (63.5%)
125	GADOMSKA Maria	135	RUN BYDGOSZCZ	K60	3	00:00:43	00:29:36.00	00:30:19.70	+00:10:40 (36.1%)	5:55	10.1 (63.5%)
127	MŁYNAREK-STASIAK Dorota	421		K40	43	00:00:32	00:29:37.45	00:30:09.45	+00:10:42 (36.1%)	5:55	10.1 (63.5%)
128	KUTKA Czesia	341		K40	44	00:00:18	00:29:37.60	00:29:56.10	+00:10:42 (36.1%)	5:55	10.1 (63.5%)
129	JAWORSKA Sylwia	219		K30	48	00:00:38	00:29:40.35	00:30:19.10	+00:10:45 (36.2%)	5:56	10.1 (63.5%)
130	BŁAŻEK-KOJRO Kasia	42		K30	49	00:00:59	00:29:42.25	00:30:41.65	+00:10:46 (36.3%)	5:56	10.1 (63.5%)
131	LEWANDOWSKA Sylwia	357		K40	45	00:00:59	00:29:42.30	00:30:41.85	+00:10:47 (36.3%)	5:56	10.1 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	KUŻBA Karolina	342		K20	19	00:00:39	00:29:43.40	00:30:23.25	+00:10:48 (36.3%)	5:56	10.1 (63.5%)
133	SKRZĄTEK Anna	558		K40	46	00:01:17	00:29:48.25	00:31:05.45	+00:10:52 (36.5%)	5:57	10.1 (63.5%)
134	KOMOROWSKA Hanna	276	BIEGACZE KCYNIA TEAM!	K30	50	00:01:24	00:29:49.75	00:31:14.65	+00:10:54 (36.6%)	5:57	10.1 (63.5%)
135	SIERADZKA Małgorzata	546		K40	47	00:01:13	00:29:51.10	00:31:05.00	+00:10:55 (36.6%)	5:58	10.1 (63.5%)
136	PIKULSKA Monika	475		K30	51	00:00:19	00:30:00.65	00:30:20.30	+00:11:05 (37.0%)	6:00	10 (62.9%)
137	GĘŚICKA Marta	793		K30	52	00:01:30	00:30:01.10	00:31:31.25	+00:11:05 (37.0%)	6:00	10 (62.9%)
138	SIEG Ewa	545		K30	53	00:01:03	00:30:01.25	00:31:04.80	+00:11:05 (37.0%)	6:00	10 (62.9%)
139	ROGOZIŃSKA Karolina	520	RUNMORS	K30	54	00:01:29	00:30:01.60	00:31:31.30	+00:11:06 (37.0%)	6:00	10 (62.9%)
140	JASIECKA Monika	214		K30	55	00:00:17	00:30:13.60	00:30:30.85	+00:11:18 (37.4%)	6:02	9.9 (62.3%)
141	SZAJDA Magdalena	591		K40	48	00:01:11	00:30:16.95	00:31:28.30	+00:11:21 (37.5%)	6:03	9.9 (62.3%)
142	MAĆKOWSKA Madzia	381	FIT_MADZIA_85	K30	56	00:01:11	00:30:17.25	00:31:28.65	+00:11:21 (37.5%)	6:03	9.9 (62.3%)
143	TELIŻYN Henryka	620		K50	6	00:00:38	00:30:21.50	00:30:59.80	+00:11:26 (37.7%)	6:04	9.9 (62.3%)
144	BARAŃSKA Sylwia	12	PARKRUN BYDGOSZCZ	K50	7	00:00:51	00:30:23.85	00:31:15.45	+00:11:28 (37.8%)	6:04	9.9 (62.3%)
145	RYDELSKA Kinga	531		K50	8	00:00:20	00:30:26.95	00:30:47.50	+00:11:31 (37.9%)	6:05	9.9 (62.3%)
146	GROD-OBREMSKA Monika	175		K40	49	00:00:10	00:30:28.40	00:30:38.90	+00:11:33 (37.9%)	6:05	9.8 (61.6%)
147	NOWICKA Małgorzata	444	#WKURW_TEAM	K20	20	00:01:42	00:30:38.95	00:32:21.65	+00:11:43 (38.3%)	6:07	9.8 (61.6%)
148	JANOWSKA Renata	208		K40	50	00:00:56	00:30:40.00	00:31:36.85	+00:11:44 (38.3%)	6:08	9.8 (61.6%)
149	KRYMER Agnieszka	786		K50	9	00:00:36	00:30:41.35	00:31:17.90	+00:11:46 (38.3%)	6:08	9.8 (61.6%)
150	GRYNIS Anna	769		K40	51	00:00:36	00:30:41.60	00:31:18.10	+00:11:46 (38.4%)	6:08	9.8 (61.6%)
151	ZYGIEL Paulina	723		K20	21	00:00:10	00:30:43.45	00:30:54.00	+00:11:48 (38.4%)	6:08	9.8 (61.6%)
152	SUDOŁ Karolina	582		K40	52	00:01:20	00:30:47.95	00:32:08.45	+00:11:52 (38.6%)	6:09	9.7 (61.0%)
153	ZIELIŃSKA Justyna	714		K40	53	00:00:18	00:30:48.75	00:31:07.05	+00:11:53 (38.6%)	6:09	9.7 (61.0%)
154	WOŹNIACKA Beata	679		K50	10	00:00:17	00:30:49.15	00:31:06.85	+00:11:53 (38.6%)	6:09	9.7 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	UMIŃSKA Marzena	633		K30	57	00:01:12	00:30:49.35	00:32:01.70	+00:11:54 (38.6%)	6:09	9.7 (61.0%)
156	PROKOPOWICZ Aleksandra	492		K40	54	00:00:59	00:30:58.00	00:31:57.80	+00:12:02 (38.9%)	6:11	9.7 (61.0%)
157	OBRZANOWSKA Zuzanna	448		K20	22	00:00:14	00:31:01.45	00:31:16.05	+00:12:06 (39.0%)	6:12	9.7 (61.0%)
158	BACZKOWSKA Maja	752	MŁODZIEŻOWA RADA MIASTA	K10	9	00:01:16	00:31:02.20	00:32:18.95	+00:12:06 (39.0%)	6:12	9.7 (61.0%)
159	ĆWIKLIŃSKA Anna	87	AKADEMIA MISTRZÓW SPORTU	K40	55	00:01:55	00:31:03.20	00:32:58.45	+00:12:07 (39.1%)	6:12	9.7 (61.0%)
160	ĆWIKLIŃSKA Antonina	88	AKADEMIA MISTRZÓW SPORTU	K10	10	00:01:55	00:31:03.40	00:32:59.35	+00:12:08 (39.1%)	6:12	9.7 (61.0%)
161	KEMPA Beata	251		K40	56	00:01:17	00:31:07.60	00:32:25.10	+00:12:12 (39.2%)	6:13	9.6 (60.4%)
162	MILARSKA Patrycja	414		K30	58	00:01:40	00:31:07.65	00:32:47.80	+00:12:12 (39.2%)	6:13	9.6 (60.4%)
163	BŁASZKIEWICZ Marzena	41		K40	57	00:01:11	00:31:10.75	00:32:21.95	+00:12:15 (39.3%)	6:14	9.6 (60.4%)
164	NOWAK Mariola	435		K50	11	00:00:56	00:31:12.85	00:32:09.80	+00:12:17 (39.4%)	6:14	9.6 (60.4%)
165	SZATKOWSKA Beata	595		K50	12	00:01:27	00:31:13.95	00:32:41.15	+00:12:18 (39.4%)	6:14	9.6 (60.4%)
166	KAŻMIERCZAK Monika	246		K30	59	00:00:33	00:31:18.65	00:31:51.90	+00:12:23 (39.6%)	6:15	9.6 (60.4%)
167	LEWANDOWSKA Renata	359		K40	58	00:00:53	00:31:19.00	00:32:12.90	+00:12:23 (39.6%)	6:15	9.6 (60.4%)
168	TUSZYŃSKA Anna	631		K20	23	00:00:40	00:31:21.55	00:32:02.30	+00:12:26 (39.7%)	6:16	9.6 (60.4%)
169	FRYDRYCHOWICZ Lilianna	128		K60	4	00:00:56	00:31:21.60	00:32:18.15	+00:12:26 (39.7%)	6:16	9.6 (60.4%)
170	TUCZKOWSKA Joanna	630		K30	60	00:01:11	00:31:29.65	00:32:41.20	+00:12:34 (39.9%)	6:17	9.5 (59.7%)
171	FILIPEK Mirosława	124		K40	59	00:00:33	00:31:30.10	00:32:03.55	+00:12:34 (39.9%)	6:18	9.5 (59.7%)
172	JANULEWICZ Monika	209		K40	60	00:01:11	00:31:30.35	00:32:41.45	+00:12:35 (39.9%)	6:18	9.5 (59.7%)
173	NOWICKA Danuta	445		K60	5	00:00:25	00:31:30.90	00:31:56.25	+00:12:35 (40.0%)	6:18	9.5 (59.7%)
174	KRAWCZYK Joanna	307		K30	61	00:01:45	00:31:31.65	00:33:17.35	+00:12:36 (40.0%)	6:18	9.5 (59.7%)
175	WIATROWSKA Katarzyna	738		K30	62	00:01:32	00:31:34.65	00:33:07.05	+00:12:39 (40.1%)	6:18	9.5 (59.7%)
176	WIATROWSKA Ewa	797		K10	11	00:01:32	00:31:34.95	00:33:07.10	+00:12:39 (40.1%)	6:18	9.5 (59.7%)
177	KOWALSKA Anna	293		K40	61	00:00:52	00:31:37.85	00:32:30.55	+00:12:42 (40.2%)	6:19	9.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	TRAWIŃSKA Adrianna	626		K30	63	00:00:56	00:31:43.05	00:32:39.85	+00:12:47 (40.3%)	6:20	9.5 (59.7%)
179	WŁOCH Justyna	668		K40	62	00:01:21	00:31:50.05	00:33:11.45	+00:12:54 (40.6%)	6:22	9.4 (59.1%)
180	KOSMAL Monika	743	TRYCHOLOG BYDGOSZCZ - MONIKA KOSMAL	K20	24	00:00:52	00:31:51.15	00:32:43.85	+00:12:55 (40.6%)	6:22	9.4 (59.1%)
181	MALICKA Beata	388		K50	13	00:00:20	00:31:54.80	00:32:14.90	+00:12:59 (40.7%)	6:22	9.4 (59.1%)
182	MŁYNARCZYK Monika	419		K30	64	00:01:42	00:31:54.90	00:33:37.45	+00:12:59 (40.7%)	6:22	9.4 (59.1%)
183	ŻUCHELKOWSKA Agata	727		K30	65	00:00:45	00:31:57.00	00:32:42.55	+00:13:01 (40.8%)	6:23	9.4 (59.1%)
184	TYKWIŃSKA Agnieszka	632		K30	66	00:00:34	00:32:13.45	00:32:47.50	+00:13:18 (41.3%)	6:26	9.3 (58.5%)
185	POBIEDZIŃSKA Marta	485	POLONIA BYDGOSZCZ SLA	K20	25	00:01:33	00:32:17.95	00:33:51.80	+00:13:22 (41.4%)	6:27	9.3 (58.5%)
186	GRZYNOWSKA Julia	181		K10	12	00:00:17	00:32:18.20	00:32:35.45	+00:13:22 (41.4%)	6:27	9.3 (58.5%)
187	KACPERSKA Anna	229	BIEGACZKI SIŁACZKI	K40	63	00:00:24	00:32:22.60	00:32:46.85	+00:13:27 (41.6%)	6:28	9.3 (58.5%)
188	CZAJA Sonia	81		K40	64	00:00:29	00:32:28.00	00:32:57.55	+00:13:32 (41.7%)	6:29	9.2 (57.9%)
189	DYNIEWSKA Agnieszka	114	BTŻ BYDGOSZCZ	K50	14	00:01:07	00:32:28.85	00:33:36.10	+00:13:33 (41.7%)	6:29	9.2 (57.9%)
190	MELLEM Ania	401		K30	67	00:00:42	00:32:29.85	00:33:11.95	+00:13:34 (41.8%)	6:29	9.2 (57.9%)
191	JENDRZEJEWSKA-JAROCHA Joanna	222		K30	68	00:01:30	00:32:45.35	00:34:15.95	+00:13:50 (42.2%)	6:33	9.2 (57.9%)
192	ERDMANN Agnieszka	118		K40	65	00:01:33	00:32:47.55	00:34:20.60	+00:13:52 (42.3%)	6:33	9.2 (57.9%)
193	DRAFC Mariola	107		K40	66	00:01:33	00:32:47.85	00:34:20.90	+00:13:52 (42.3%)	6:33	9.2 (57.9%)
194	GÓRAL Marzena	158		K50	15	00:01:50	00:32:48.65	00:34:39.10	+00:13:53 (42.3%)	6:33	9.1 (57.2%)
195	KAŻMIERCZAK Aleksandra	245	UG OSIELSKO/ BIEGAJ Z DĘBAMI	K40	67	00:01:39	00:32:52.65	00:34:32.30	+00:13:57 (42.4%)	6:34	9.1 (57.2%)
196	PISKRZYŃSKA Dominika	482		K30	69	00:01:32	00:33:03.05	00:34:35.15	+00:14:07 (42.7%)	6:36	9.1 (57.2%)
197	KORBEL Ewa	281		K50	16	00:00:25	00:33:04.55	00:33:30.40	+00:14:09 (42.8%)	6:36	9.1 (57.2%)
198	ZBIRANEK Beata	705		K40	68	00:00:25	00:33:04.95	00:33:30.40	+00:14:09 (42.8%)	6:36	9.1 (57.2%)
199	ZAWADZKA Monika	704		K30	70	00:01:20	00:33:13.50	00:34:33.70	+00:14:18 (43.0%)	6:38	9 (56.6%)
200	KILIŃSKA Magdalena	260	HELIX POMATIA	K30	71	00:03:32	00:33:16.35	00:36:49.05	+00:14:21 (43.1%)	6:39	9 (56.6%)

Msc		Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201		GROMOWSKA Grażyna	176	TKKF KOLEJARZ	K50	17	00:00:30	00:33:24.40	00:33:55.05	+00:14:29 (43.4%)	6:40	9 (56.6%)
202		WOJCIECHOWSKA Dagmara	671		K40	69	00:00:46	00:33:29.00	00:34:15.55	+00:14:33 (43.5%)	6:41	9 (56.6%)
203		NOWAKOWSKA Sylwia	440		K40	70	00:01:32	00:33:35.90	00:35:08.15	+00:14:40 (43.7%)	6:43	8.9 (56.0%)
204		ŁUSZCZYNA Karolina	760		K20	26	00:01:10	00:33:40.35	00:34:51.05	+00:14:45 (43.8%)	6:44	8.9 (56.0%)
205		NOWAKOWSKA Iwona	439		K30	72	00:00:40	00:33:41.75	00:34:22.20	+00:14:46 (43.8%)	6:44	8.9 (56.0%)
206		TRYNKIEWICZ-KUGLARZ Karolina	629		K40	71	00:01:36	00:33:47.30	00:35:23.70	+00:14:52 (44.0%)	6:45	8.9 (56.0%)
207		MICHALSKA Aleksandra	407		K50	18	00:01:02	00:33:50.25	00:34:52.70	+00:14:54 (44.1%)	6:46	8.9 (56.0%)
208		KUKUŁA Aleksandra	329		K20	27	00:01:44	00:33:55.60	00:35:40.15	+00:15:00 (44.2%)	6:47	8.8 (55.3%)
209		MICHTA Iwona	409		K30	73	00:01:46	00:33:57.10	00:35:43.35	+00:15:01 (44.3%)	6:47	8.8 (55.3%)
210		BIELUSZEWSKA Mirela	35		K30	74	00:01:46	00:33:57.20	00:35:43.40	+00:15:01 (44.3%)	6:47	8.8 (55.3%)
211		BONIN Karolina	45		K30	75	00:00:22	00:33:57.25	00:34:19.35	+00:15:01 (44.3%)	6:47	8.8 (55.3%)
212		KUBERSKA Roma	319		K40	72	00:01:24	00:34:02.00	00:35:26.60	+00:15:06 (44.4%)	6:48	8.8 (55.3%)
213		RASSALSKA-KAUSA Jola	509		K40	73	00:01:24	00:34:02.05	00:35:26.60	+00:15:06 (44.4%)	6:48	8.8 (55.3%)
213		ZŁOTOWSKA Julia	717		K10	13	00:01:28	00:34:02.05	00:35:30.20	+00:15:06 (44.4%)	6:48	8.8 (55.3%)
215		GRABOWICZ Uljana	162	ZABIEGANE SMOKI	K30	76	00:01:40	00:34:10.25	00:35:50.80	+00:15:14 (44.6%)	6:50	8.8 (55.3%)
216		JANICKA Maria	203		K30	77	00:01:21	00:34:14.55	00:35:35.95	+00:15:19 (44.7%)	6:50	8.8 (55.3%)
217		PIÓRKOWSKA Aga	480	BRB BYDGOSZCZ	K40	74	00:01:35	00:34:35.20	00:36:10.85	+00:15:39 (45.3%)	6:55	8.7 (54.7%)
218		SURMACZ Natalia	586		K10	14	00:00:50	00:34:48.00	00:35:38.65	+00:15:52 (45.6%)	6:57	8.6 (54.1%)
219		LUTOSTAŃSKA Monika	785		K40	75	00:01:20	00:34:53.65	00:36:13.75	+00:15:58 (45.8%)	6:58	8.6 (54.1%)
220		URBANCZYK Justine	635		K20	28	00:01:46	00:35:04.55	00:36:50.75	+00:16:09 (46.1%)	7:00	8.6 (54.1%)
221		TEWS Marzena	622		K40	76	00:01:11	00:35:09.00	00:36:20.75	+00:16:13 (46.2%)	7:01	8.5 (53.5%)
222		HATŁAS Małgorzata	190		K40	77	00:00:16	00:35:16.25	00:35:33.05	+00:16:20 (46.4%)	7:03	8.5 (53.5%)
223		BARCZYKOWSKA Marlena	13		K30	78	00:00:47	00:35:23.50	00:36:11.10	+00:16:28 (46.5%)	7:04	8.5 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	KUSOWSKA Emilia	337	ZIELONY PELIKAN	K20	29	00:01:25	00:35:23.95	00:36:49.70	+00:16:28 (46.5%)	7:04	8.5 (53.5%)
225	OLECH Justyna	450	ZIELONY PELIKAN	K30	79	00:01:25	00:35:25.00	00:36:50.70	+00:16:29 (46.6%)	7:05	8.5 (53.5%)
226	KWASIGROCH Aleksandra	347		K50	19	00:00:18	00:35:29.10	00:35:48.05	+00:16:33 (46.7%)	7:05	8.5 (53.5%)
227	ŁUKASZCZYK Joanna	377		K40	78	00:01:42	00:35:42.35	00:37:25.25	+00:16:47 (47.0%)	7:08	8.4 (52.8%)
228	KĘDZIERSKA Marzena	252	FAMILY MWS	K40	79	00:00:57	00:35:44.00	00:36:41.60	+00:16:48 (47.0%)	7:08	8.4 (52.8%)
229	KRYSIŃSKA Kamila	314		K40	80	00:00:58	00:35:45.85	00:36:44.35	+00:16:50 (47.1%)	7:09	8.4 (52.8%)
230	REINKE Joanna	794		K40	81	00:00:13	00:35:47.90	00:36:01.30	+00:16:52 (47.1%)	7:09	8.4 (52.8%)
231	BORDON Monika	46		K30	80	00:00:50	00:35:58.40	00:36:48.95	+00:17:03 (47.4%)	7:11	8.3 (52.2%)
232	RAMZA Kamila	507		K40	82	00:01:16	00:36:01.55	00:37:18.10	+00:17:06 (47.5%)	7:12	8.3 (52.2%)
233	BARAŃCZAK Weronika	10		K30	81	00:00:23	00:36:08.50	00:36:31.70	+00:17:13 (47.6%)	7:13	8.3 (52.2%)
234	LESZCZYŃSKA Liza	356		K30	82	00:01:40	00:36:16.85	00:37:57.25	+00:17:21 (47.8%)	7:15	8.3 (52.2%)
235	DZIŻA-KONICZYŃSKA Zuzanna	117		K40	83	00:00:31	00:36:18.40	00:36:49.55	+00:17:23 (47.9%)	7:15	8.3 (52.2%)
236	MALCZEWSKA Mirka	387	FORDONRUNNERS	K60	6	00:00:58	00:36:19.90	00:37:18.40	+00:17:24 (47.9%)	7:15	8.3 (52.2%)
237	MARKOWSKA-BAUMGART Aneta	730	DĘBY OSIELSKO	K60	7	00:01:41	00:36:20.95	00:38:01.95	+00:17:25 (47.9%)	7:16	8.3 (52.2%)
238	CHODOROWSKA Maria	67		K30	83	00:01:39	00:36:27.60	00:38:07.25	+00:17:32 (48.1%)	7:17	8.2 (51.6%)
239	GROT Monika	177		K30	84	00:01:56	00:36:39.00	00:38:35.90	+00:17:43 (48.4%)	7:19	8.2 (51.6%)
240	KUŹNIEWSKA Aleksandra	343		K30	85	00:00:43	00:36:40.50	00:37:24.40	+00:17:45 (48.4%)	7:20	8.2 (51.6%)
241	GRABSKA-ZIELIŃSKA Sylwia	164		K30	86	00:00:36	00:36:48.55	00:37:25.45	+00:17:53 (48.6%)	7:21	8.2 (51.6%)
242	NOWAKOWSKA-SZWAJCA Anna	441		K50	20	00:00:47	00:36:52.30	00:37:39.35	+00:17:57 (48.7%)	7:22	8.1 (50.9%)
243	KACZMAREK Marta	230		K30	87	00:01:44	00:37:01.30	00:38:45.65	+00:18:06 (48.9%)	7:24	8.1 (50.9%)
244	DOMERADZKA Jagoda	104		K30	88	00:01:45	00:37:04.75	00:38:50.00	+00:18:09 (49.0%)	7:24	8.1 (50.9%)
245	KACZMAREK Dominika	231		K30	89	00:01:44	00:37:16.70	00:39:00.95	+00:18:21 (49.2%)	7:27	8.1 (50.9%)
246	ZWOLAK Danuta	722	BIEGACZE KCYNIA TEAM	K40	84	00:01:24	00:37:16.80	00:38:41.45	+00:18:21 (49.2%)	7:27	8.1 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	MLYNAREK Daria	418		K40	85	00:00:32	00:37:18.85	00:37:51.05	+00:18:23 (49.3%)	7:27	8 (50.3%)
248	ŻEBROWSKA Martyna	726		K40	86	00:01:25	00:37:24.90	00:38:50.05	+00:18:29 (49.4%)	7:28	8 (50.3%)
249	MAZUR Karolina	399		K20	30	00:01:06	00:37:40.25	00:38:46.60	+00:18:44 (49.8%)	7:32	8 (50.3%)
250	WYPYCH-KLUNDER Katarzyna	697		K40	87	00:01:19	00:37:41.95	00:39:00.95	+00:18:46 (49.8%)	7:32	8 (50.3%)
251	HOLWEG Karolina	192		K20	31	00:01:31	00:38:26.80	00:39:58.00	+00:19:31 (50.8%)	7:41	7.8 (49.1%)
252	WOŹNIAK Alina	680		K50	21	00:01:23	00:38:31.20	00:39:54.45	+00:19:35 (50.9%)	7:42	7.8 (49.1%)
253	BIAŁEK Anna	25		K40	88	00:01:41	00:38:36.90	00:40:18.65	+00:19:41 (51.0%)	7:43	7.8 (49.1%)
254	GALICKA Nina	136	AKADEMIA MISTRZÓW SPORTU	K10	15	00:01:05	00:38:37.00	00:39:42.80	+00:19:41 (51.0%)	7:43	7.8 (49.1%)
255	MOSUR-GALICKA Angelina	423	AKADEMIA MISTRZÓW SPORTU	K50	22	00:01:06	00:38:37.45	00:39:43.60	+00:19:42 (51.0%)	7:43	7.8 (49.1%)
256	PLUCIŃSKA Aleksandra	484	PACTUM	K40	89	00:00:46	00:38:39.05	00:39:25.95	+00:19:43 (51.0%)	7:43	7.8 (49.1%)
257	STEFANOWSKA Sara	576		K20	32	00:01:01	00:39:48.30	00:40:49.85	+00:20:53 (52.5%)	7:57	7.5 (47.2%)
258	WÓJCIK Anna	687		K40	90	00:00:55	00:40:12.65	00:41:08.45	+00:21:17 (52.9%)	8:02	7.5 (47.2%)
259	NOWAKOWSKA Anastazja	438		K10	16	00:01:34	00:40:14.55	00:41:49.30	+00:21:19 (53.0%)	8:02	7.5 (47.2%)
260	PIĘKNA Monika	474		K40	91	00:01:07	00:40:26.45	00:41:33.65	+00:21:31 (53.2%)	8:05	7.4 (46.5%)
261	RASZLIŃSKA Kasia	511		K20	33	00:01:49	00:40:47.20	00:42:36.80	+00:21:51 (53.6%)	8:09	7.4 (46.5%)
262	GĄGOLA Ewelina	139		K30	90	00:01:31	00:40:50.00	00:42:21.95	+00:21:54 (53.7%)	8:10	7.3 (45.9%)
263	BURCHARD Natalia	53		K10	17	00:01:35	00:40:58.80	00:42:34.05	+00:22:03 (53.8%)	8:11	7.3 (45.9%)
264	KRZEMIŃSKA Jolanta	317		K30	91	00:01:34	00:41:02.60	00:42:36.85	+00:22:07 (53.9%)	8:12	7.3 (45.9%)
265	ZELEK Aleksandra	711		K40	92	00:01:35	00:41:04.80	00:42:40.65	+00:22:09 (53.9%)	8:12	7.3 (45.9%)
266	MARCHESANI Hanna	781		K10	18	00:01:27	00:41:16.80	00:42:43.85	+00:22:21 (54.2%)	8:15	7.3 (45.9%)
267	MARCHESANI Barbara	782		K10	19	00:01:26	00:41:17.80	00:42:44.30	+00:22:22 (54.2%)	8:15	7.3 (45.9%)
268	MARCHESANI Aleksandra	783		K10	20	00:01:26	00:42:43.40	00:44:10.15	+00:23:48 (55.7%)	8:32	7 (44.0%)
269	MASŁOWSKA Weronika	780		K40	93	00:01:26	00:42:45.65	00:44:11.95	+00:23:50 (55.8%)	8:33	7 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	MIKOŁAJSKA Agata	413		K20	34	00:01:22	00:43:02.35	00:44:25.00	+00:24:07 (56.0%)	8:36	7 (44.0%)
271	SERLIKOWSKA Agnieszka	542		K30	92	00:00:42	00:43:22.25	00:44:04.85	+00:24:26 (56.4%)	8:40	6.9 (43.4%)
272	DURA Barbara	113		K60	8	00:00:21	00:44:56.80	00:45:18.00	+00:26:01 (57.9%)	8:59	6.7 (42.1%)
273	PUŁKOWNIK Gabriela	499		K20	35	00:00:00			+	5:33	10.8 (67.9%)

Znaleziono 273 wynik(ów)