



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2017-04-23
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	846		K30	1	00:00:02	00:18:10.95	00:18:13.50		3:38	16.5 (100%)
2	WOJDAT Marta	382	FIT MAX GYM	K20	1	00:00:20	00:20:30.35	00:20:50.45	+00:02:19 (11.3%)	4:06	14.6 (88.5%)
3	WNEK Natalia	1200		K20	2	00:00:14	00:21:05.25	00:21:19.35	+00:02:54 (13.8%)	4:13	14.2 (86.1%)
4	WOŻNIAK Anna	122	RUN PASJA	K30	3	00:00:05	00:21:28.20	00:21:34.10	+00:03:17 (15.3%)	4:17	14 (84.8%)
5	SOBCZAK Monika	1219		K30	2	00:00:26	00:21:14.20	00:21:40.80	+00:03:03 (14.4%)	4:14	14.1 (85.5%)
6	SKORNIA Eliza	1325		K20	3	00:01:03	00:21:37.90	00:22:41.70	+00:03:26 (15.9%)	4:19	13.9 (84.2%)
7	STASZKIEWICZ Lucyna	214	CZARNE STOPY SM	K50	1	00:00:10	00:22:14.20	00:22:24.25	+00:04:03 (18.2%)	4:26	13.5 (81.8%)
8	JANIKOWSKA Awa	114	CZARNE STOPY.SM	K20	4	00:00:13	00:22:15.55	00:22:28.85	+00:04:04 (18.3%)	4:27	13.5 (81.8%)
9	KALISZEWSKA Małgorzata	517	RUN PASJA	K40	1	00:00:05	00:22:52.65	00:22:57.90	+00:04:41 (20.5%)	4:34	13.1 (79.4%)
10	KRASIŃSKA Katarzyna	439		K30	4	00:00:16	00:23:08.35	00:23:25.20	+00:04:57 (21.4%)	4:37	13 (78.8%)
11	BARTOSZYŃSKA Milena	524		K20	5	00:00:32	00:23:10.50	00:23:43.05	+00:04:59 (21.5%)	4:38	12.9 (78.2%)
12	CICHOŃSKA-BAZAK Marzena	602	CZARNE STOPY.SM	K40	2	00:00:27	00:23:13.85	00:23:41.55	+00:05:02 (21.7%)	4:38	12.9 (78.2%)
13	DOCZEKALSKA Paulina	1244	RUN BYDGOSZCZ	K30	5	00:00:16	00:23:15.50	00:23:31.70	+00:05:04 (21.8%)	4:39	12.9 (78.2%)
14	WOLAN Magdalena	1134		K30	6	00:00:05	00:23:15.65	00:23:21.50	+00:05:04 (21.8%)	4:39	12.9 (78.2%)
15	RUDOL Magdalena	541		K40	3	00:00:43	00:23:43.35	00:24:26.90	+00:05:32 (23.4%)	4:44	12.6 (76.4%)
16	KRUBER Karolina	1272		K20	6	00:00:37	00:23:50.15	00:24:27.80	+00:05:39 (23.7%)	4:46	12.6 (76.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	SZEWCZUK Małgorzata	166	ASSECO ACTIVE TEAM	K30	7	00:00:33	00:23:54.25	00:24:27.80	+00:05:43 (23.9%)	4:46	12.6 (76.4%)
18	MURAVITSKAYA Alesia	1250		K20	7	00:00:45	00:23:57.00	00:24:42.25	+00:05:46 (24.1%)	4:47	12.5 (75.8%)
19	GARBACIAK Ewa	1174		K20	8	00:00:18	00:24:05.40	00:24:23.40	+00:05:54 (24.5%)	4:49	12.5 (75.8%)
20	GRABOWSKA Dominika	1274	MOC I SIŁA	K20	9	00:00:35	00:24:10.15	00:24:45.55	+00:05:59 (24.8%)	4:50	12.4 (75.2%)
21	DERING Hanna	184	BYDGOSKIE ŻÓŁWIE	K30	8	00:01:02	00:24:14.60	00:25:16.70	+00:06:03 (25.0%)	4:50	12.4 (75.2%)
22	GIERSZEWSKA Grażyna	1114		K40	4	00:00:13	00:24:19.10	00:24:32.40	+00:06:08 (25.2%)	4:51	12.3 (74.5%)
23	ZIELIŃSKA Karolina	1157		K20	10	00:00:14	00:24:21.90	00:24:36.70	+00:06:10 (25.4%)	4:52	12.3 (74.5%)
24	MICHALAK Wiktoria	1235		K20	11	00:00:29	00:24:22.95	00:24:52.70	+00:06:12 (25.4%)	4:52	12.3 (74.5%)
25	NOWAK Roksana	154	AZS COLLEGIUM MEDICUM W BYDGOSZCZY	K20	12	00:00:23	00:24:23.40	00:24:47.10	+00:06:12 (25.5%)	4:52	12.3 (74.5%)
26	WOJCIECHOWSKA Emilia	366		K40	5	00:00:16	00:24:23.50	00:24:40.35	+00:06:12 (25.5%)	4:52	12.3 (74.5%)
27	WAWRZYŃIAK Dorota	808		K50	2	00:00:35	00:24:24.80	00:25:00.50	+00:06:13 (25.5%)	4:53	12.3 (74.5%)
28	JUREK Karolina	608	TKN	K30	9	00:00:12	00:24:29.80	00:24:42.25	+00:06:18 (25.8%)	4:54	12.2 (73.9%)
29	SAK Joanna	1131		K20	13	00:00:38	00:24:34.35	00:25:12.60	+00:06:23 (26.0%)	4:54	12.2 (73.9%)
30	OLSZEWSKA Marta	1147		K30	10	00:00:18	00:24:34.40	00:24:52.70	+00:06:23 (26.0%)	4:54	12.2 (73.9%)
31	WIŚNIEWSKA Aleksandra	663		K10	1	00:00:52	00:24:37.10	00:25:29.50	+00:06:26 (26.1%)	4:55	12.2 (73.9%)
32	DUDZIŃSKA Aleksandra	314	RUN BYDGOSZCZ	K40	6	00:00:36	00:24:38.85	00:25:14.90	+00:06:27 (26.2%)	4:55	12.2 (73.9%)
33	KLÓSKA Natalia	464	SPÓJNIA BIAŁE BŁOTA	K20	14	00:00:14	00:24:40.15	00:24:54.35	+00:06:29 (26.3%)	4:56	12.2 (73.9%)
34	MROTEK Katarzyna	171	QUAPRO TEAM	K30	11	00:00:30	00:24:41.30	00:25:11.90	+00:06:30 (26.4%)	4:56	12.2 (73.9%)
35	MUSS Karolina	843		K40	7	00:00:55	00:24:41.55	00:25:36.70	+00:06:30 (26.4%)	4:56	12.2 (73.9%)
36	ZAMIATOWSKA Kinga	261	ROLL&RUN KRISMEDIATEAM	K40	8	00:00:16	00:24:44.05	00:25:00.60	+00:06:33 (26.5%)	4:56	12.1 (73.3%)
37	JANUSZKIEWICZ Judyta	817	BIEGAM PO PIWO	K30	12	00:00:32	00:24:49.50	00:25:21.95	+00:06:38 (26.8%)	4:57	12.1 (73.3%)
38	KRYSZTOFIŃSKA Aneta	1155	WSG BYDGOSZCZ	K20	15	00:00:21	00:24:52.95	00:25:14.65	+00:06:42 (26.9%)	4:58	12.1 (73.3%)
39	KAŁDAN Magdalena	991		K40	9	00:00:22	00:24:53.60	00:25:16.40	+00:06:42 (27.0%)	4:58	12 (72.7%)

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40	BARANOWSKA Julia	639	KLUB ZDROWEGO STYLU ŻYCIA	K10	2	00:00:06	00:24:57.45	00:25:03.80	+00:06:46 (27.1%)	4:59	12 (72.7%)
41	LACH Bogumiła	1261		K30	13	00:00:38	00:25:00.95	00:25:39.15	+00:06:50 (27.3%)	5:00	12 (72.7%)
42	ADAMSKA Izabela	1384		K30	14	00:00:03	00:25:01.75	00:25:05.10	+00:06:50 (27.4%)	5:00	12 (72.7%)
43	HORYD Justyna	985	SPORT FACTORY	K30	15	00:01:05	00:25:02.25	00:26:07.85	+00:06:51 (27.4%)	5:00	12 (72.7%)
44	FRANK Agnieszka	716		K30	16	00:00:34	00:25:04.30	00:25:38.30	+00:06:53 (27.5%)	5:00	12 (72.7%)
45	SMAL Aleksandra	1212		K10	3	00:00:31	00:25:07.55	00:25:38.70	+00:06:56 (27.6%)	5:01	11.9 (72.1%)
46	SMAGAGOWSKA Anna	1047		K20	16	00:00:21	00:25:08.80	00:25:30.50	+00:06:57 (27.7%)	5:01	11.9 (72.1%)
47	CZYŻEWSKA Justyna	91		K30	17	00:00:08	00:25:10.80	00:25:19.55	+00:06:59 (27.8%)	5:02	11.9 (72.1%)
48	DROŹDŹ Małgorzata	94	KLONIKTEAM	K30	18	00:00:38	00:25:12.70	00:25:51.10	+00:07:01 (27.9%)	5:02	11.9 (72.1%)
49	MAZUREK Izabela	1394	NIEZALEŻNA	K40	10	00:00:07	00:25:12.90	00:25:20.20	+00:07:01 (27.9%)	5:02	11.9 (72.1%)
50	PRZYBYLSKA Anna	747	LOS KUMPLOS	K20	17	00:00:07	00:25:16.85	00:25:24.00	+00:07:05 (28.1%)	5:03	11.9 (72.1%)
51	BESSER Joanna	116		K20	18	00:00:09	00:25:19.95	00:25:29.05	+00:07:09 (28.2%)	5:04	11.8 (71.5%)
52	POTRZEBOWSKA Agata	163		K30	19	00:00:37	00:25:20.90	00:25:58.00	+00:07:09 (28.3%)	5:04	11.8 (71.5%)
53	GROBELNA Angelika	583		K40	11	00:00:24	00:25:21.30	00:25:45.45	+00:07:10 (28.3%)	5:04	11.8 (71.5%)
54	RONKIEWICZ Dominika	1086	SP 69 MS	K10	4	00:00:40	00:25:22.20	00:26:02.90	+00:07:11 (28.3%)	5:04	11.8 (71.5%)
55	JAMRÓZ Joanna	210		K40	12	00:00:22	00:25:22.55	00:25:44.85	+00:07:11 (28.3%)	5:04	11.8 (71.5%)
56	PASTWA Donata	822	SPORT FACTORY TEAM	K40	13	00:00:07	00:25:25.35	00:25:33.20	+00:07:14 (28.5%)	5:05	11.8 (71.5%)
57	KOPACZEWSKA Agata	974		K20	19	00:00:42	00:25:27.90	00:26:10.15	+00:07:16 (28.6%)	5:05	11.8 (71.5%)
58	BRUDNOCH Aleksandra	820		K20	20	00:00:16	00:25:31.35	00:25:47.65	+00:07:20 (28.8%)	5:06	11.8 (71.5%)
59	DOBUCKA Katarzyna	290	CHONAROWER.PL	K20	21	00:00:48	00:25:32.45	00:26:21.10	+00:07:21 (28.8%)	5:06	11.7 (70.9%)
60	ZDROJOWA Agnieszka	1277		K30	20	00:00:11	00:25:32.65	00:25:43.80	+00:07:21 (28.8%)	5:06	11.7 (70.9%)
61	ĆWIKLIŃSKA Anna	97	KLONIKTEAM	K30	21	00:00:38	00:25:34.05	00:26:12.40	+00:07:23 (28.9%)	5:06	11.7 (70.9%)
62	KRUTUL Kasia	1171		K40	14	00:01:13	00:25:36.05	00:26:49.90	+00:07:25 (29.0%)	5:07	11.7 (70.9%)

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63	BRYWCZYŃSKA Justyna	70	RODOS TEAM	K30	22	00:00:44	00:25:37.35	00:26:21.50	+00:07:26 (29.0%)	5:07	11.7 (70.9%)
64	GRZESIAK - KNUT Lucyna	467		K30	23	00:00:26	00:25:40.05	00:26:06.40	+00:07:29 (29.2%)	5:08	11.7 (70.9%)
65	LANGE Monika	463		K40	15	00:00:26	00:25:40.10	00:26:06.70	+00:07:29 (29.2%)	5:08	11.7 (70.9%)
66	DOBBER Anna	702	MAŁA MI	K20	22	00:00:09	00:25:41.00	00:25:50.90	+00:07:30 (29.2%)	5:08	11.7 (70.9%)
67	KOWALSKA Anna	1373	BOOM	K30	24	00:00:45	00:25:42.25	00:26:28.20	+00:07:31 (29.3%)	5:08	11.7 (70.9%)
68	GOŁATTA Magdalena	450		K30	25	00:00:25	00:25:42.30	00:26:07.60	+00:07:31 (29.3%)	5:08	11.7 (70.9%)
69	GONCERZ Katarzyna	862		K30	26	00:00:30	00:25:43.45	00:26:13.55	+00:07:32 (29.3%)	5:08	11.7 (70.9%)
69	GESZKIEWICZ Marta	564	TOASTMASTERS SPEAKERS ZONE	K30	27	00:00:50	00:25:43.45	00:26:34.15	+00:07:32 (29.3%)	5:08	11.7 (70.9%)
71	GONCERZEWICZ Katarzyna	646		K30	28	00:01:00	00:25:44.40	00:26:45.10	+00:07:33 (29.4%)	5:09	11.7 (70.9%)
72	SKUCIŃSKA Karolina	262		K30	29	00:00:41	00:25:44.45	00:26:26.10	+00:07:33 (29.4%)	5:09	11.7 (70.9%)
73	ROGALSKA Justyna	678	BIEGAJĄCE KEBABY	K30	30	00:01:13	00:25:46.85	00:27:00.50	+00:07:35 (29.5%)	5:09	11.6 (70.3%)
74	NITKA Dominika	274		K20	23	00:00:41	00:25:47.85	00:26:29.50	+00:07:36 (29.5%)	5:09	11.6 (70.3%)
75	HOŁOWNIA Karolina	157		K20	24	00:00:50	00:25:53.35	00:26:43.90	+00:07:42 (29.8%)	5:10	11.6 (70.3%)
76	PORAZINSKA Viktoria	395		K40	16	00:00:27	00:25:54.90	00:26:22.60	+00:07:43 (29.8%)	5:11	11.6 (70.3%)
77	PANFIL Oliwia	855		K10	5	00:00:31	00:25:56.20	00:26:27.30	+00:07:45 (29.9%)	5:11	11.6 (70.3%)
78	JEZIORSKA Monika	308	ANIOŁY	K30	31	00:01:00	00:25:57.20	00:26:57.90	+00:07:46 (29.9%)	5:11	11.6 (70.3%)
79	WOSZCZYK Agnieszka	1207		K20	25	00:00:44	00:25:59.15	00:26:43.30	+00:07:48 (30.0%)	5:11	11.5 (69.7%)
80	GRALAK Martyna	501		K10	6	00:00:19	00:25:59.50	00:26:18.60	+00:07:48 (30.0%)	5:11	11.5 (69.7%)
81	KALLAS-LIPSKA Anetta	1122	RUN BYDGOSZCZ	K40	17	00:00:37	00:25:59.65	00:26:36.65	+00:07:48 (30.1%)	5:11	11.5 (69.7%)
82	KULAS Natalia	193		K18	1	00:00:49	00:25:59.95	00:26:49.20	+00:07:49 (30.1%)	5:12	11.5 (69.7%)
83	ORZAŁKIEWICZ Agata	722		K20	26	00:01:42	00:26:03.70	00:27:46.55	+00:07:52 (30.2%)	5:12	11.5 (69.7%)
84	KUBEŁ Marta	694	CWZS ZAWISZA / WSG BYDGOSZCZ	K20	27	00:00:30	00:26:09.00	00:26:39.35	+00:07:58 (30.5%)	5:13	11.5 (69.7%)
85	MALATYŃSKA Barbara	807		K40	18	00:00:27	00:26:10.60	00:26:37.65	+00:07:59 (30.5%)	5:14	11.5 (69.7%)

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86	SKWAREK Oliwia	1318		K20	28	00:00:50	00:26:12.30	00:27:02.65	+00:08:01 (30.6%)	5:14	11.5 (69.7%)
87	PADZIKOWSKA Agnieszka	362		K30	32	00:00:46	00:26:13.15	00:26:59.40	+00:08:02 (30.7%)	5:14	11.4 (69.1%)
88	JAKUBIEC Adrianna	1243		K20	29	00:00:40	00:26:13.50	00:26:53.85	+00:08:02 (30.7%)	5:14	11.4 (69.1%)
89	SKWAREK Bogumiła	1317		K50	3	00:00:52	00:26:17.60	00:27:09.60	+00:08:06 (30.8%)	5:15	11.4 (69.1%)
90	STOKŁOSA Natalia	428		K30	33	00:01:11	00:26:19.65	00:27:31.10	+00:08:08 (30.9%)	5:16	11.4 (69.1%)
91	HANCZEWSKA Sonia	514		K20	30	00:00:19	00:26:21.50	00:26:41.10	+00:08:10 (31.0%)	5:16	11.4 (69.1%)
92	BIERNAT Magdalena	590	PKO DREAM TEAM	K30	34	00:00:40	00:26:21.80	00:27:01.85	+00:08:10 (31.0%)	5:16	11.4 (69.1%)
93	ANDRZEJEWSKA Sylwia	1369		K20	31	00:01:14	00:26:23.10	00:27:37.60	+00:08:12 (31.1%)	5:16	11.4 (69.1%)
94	MAZURKIEWICZ Anna	1386		K30	35	00:00:17	00:26:23.30	00:26:41.00	+00:08:12 (31.1%)	5:16	11.4 (69.1%)
95	PIŃSKA Sylwia	1018	INOWROCŁAW BIEGA	K30	36	00:00:52	00:26:24.95	00:27:17.15	+00:08:14 (31.2%)	5:17	11.4 (69.1%)
96	MICHLIC Ines	350		K18	2	00:01:17	00:26:25.65	00:27:43.45	+00:08:14 (31.2%)	5:17	11.3 (68.5%)
97	BYSTRYK Renata	1067		K40	19	00:01:14	00:26:27.35	00:27:42.10	+00:08:16 (31.3%)	5:17	11.3 (68.5%)
98	BRONA Ewelina	1065		K20	32	00:00:57	00:26:28.05	00:27:25.90	+00:08:17 (31.3%)	5:17	11.3 (68.5%)
99	WOJDAT Dominika	190		K20	33	00:01:07	00:26:29.60	00:27:37.15	+00:08:18 (31.4%)	5:18	11.3 (68.5%)
100	DULIŃSKA Dorota	982	TRISPACE	K40	20	00:01:27	00:26:30.95	00:27:57.95	+00:08:20 (31.4%)	5:18	11.3 (68.5%)
101	JURKIEWICZ Patrycja	925		K18	3	00:00:09	00:26:31.40	00:26:40.70	+00:08:20 (31.4%)	5:18	11.3 (68.5%)
102	KOZACZYK Julia	890		K10	7	00:00:21	00:26:32.05	00:26:53.70	+00:08:21 (31.5%)	5:18	11.3 (68.5%)
103	JESZKA Adrianna	368		K20	34	00:00:27	00:26:33.70	00:27:00.70	+00:08:22 (31.5%)	5:18	11.3 (68.5%)
103	TURZYŃSKA Marta	952		K30	37	00:00:42	00:26:33.70	00:27:16.40	+00:08:22 (31.5%)	5:18	11.3 (68.5%)
105	MIKSZTOWICZ Oliwia	1376		K18	4	00:01:10	00:26:35.25	00:27:46.15	+00:08:24 (31.6%)	5:19	11.3 (68.5%)
106	ULATOWSKA Sylwia	1165		K30	38	00:01:05	00:26:36.05	00:27:41.95	+00:08:25 (31.6%)	5:19	11.3 (68.5%)
107	CZAPLEWSKA Alicja	1363		K30	39	00:01:18	00:26:38.05	00:27:56.20	+00:08:27 (31.7%)	5:19	11.3 (68.5%)
108	SIEWNIAK Patrycja	545		K18	5	00:01:14	00:26:38.20	00:27:52.25	+00:08:27 (31.7%)	5:19	11.3 (68.5%)

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109	SCHUMACHER-RATAJ Marta	786		K30	40	00:00:07	00:26:39.60	00:26:47.30	+00:08:28 (31.8%)	5:20	11.3 (68.5%)
110	JELEŃ Agnieszka	778	VEGE RUNNERS	K30	41	00:00:57	00:26:39.85	00:27:37.70	+00:08:28 (31.8%)	5:20	11.3 (68.5%)
111	SIWIŃSKA Elżbieta	643	BBL INOWROCŁAW	K50	4	00:00:21	00:26:41.95	00:27:03.05	+00:08:31 (31.9%)	5:20	11.2 (67.9%)
112	SKURCZYŃSKA Magdalena	849		K20	35	00:00:03	00:26:42.60	00:26:46.40	+00:08:31 (31.9%)	5:20	11.2 (67.9%)
113	MELLEM-ZWIEWKA Małgorzata	161	KLUB BIEGAJĄCE BABECZKI	K40	21	00:00:36	00:26:43.90	00:27:20.40	+00:08:32 (32.0%)	5:20	11.2 (67.9%)
113	GADOMSKA Maria	339	RUN BYDGOSZCZ	K60	1	00:00:52	00:26:43.90	00:27:36.30	+00:08:32 (32.0%)	5:20	11.2 (67.9%)
115	HAUS Katarzyna	582	BBL SZUBIN	K40	22	00:00:05	00:26:46.00	00:26:51.90	+00:08:35 (32.1%)	5:21	11.2 (67.9%)
116	BOROWIEC Wioleta	584	BBL SZUBIN	K30	42	00:00:05	00:26:46.10	00:26:51.80	+00:08:35 (32.1%)	5:21	11.2 (67.9%)
117	NOWICKA Izabela	275		K30	43	00:00:25	00:26:47.00	00:27:12.60	+00:08:36 (32.1%)	5:21	11.2 (67.9%)
118	AFELT Luiza	909		K20	36	00:00:49	00:26:47.25	00:27:37.10	+00:08:36 (32.1%)	5:21	11.2 (67.9%)
119	CICHULSKA QUAAS Izabela	123	RUN PASJA	K30	44	00:00:04	00:26:48.30	00:26:52.65	+00:08:37 (32.2%)	5:21	11.2 (67.9%)
120	CEMKE Magdalena	329		K20	37	00:00:58	00:26:48.40	00:27:46.55	+00:08:37 (32.2%)	5:21	11.2 (67.9%)
121	NIKOŁAJEW Monika	186		K30	45	00:00:42	00:26:50.20	00:27:32.35	+00:08:39 (32.2%)	5:22	11.2 (67.9%)
122	KARAŚ Monika	1383		K30	46	00:00:03	00:26:52.95	00:26:56.00	+00:08:42 (32.4%)	5:22	11.2 (67.9%)
123	JAGIEŁO Sylwia	896	BBL INOWROCŁAW BIEGA	K30	47	00:00:51	00:26:56.60	00:27:48.55	+00:08:45 (32.5%)	5:23	11.1 (67.3%)
124	KALINOWSKA Patrycja	964		K20	38	00:00:44	00:26:57.80	00:27:42.65	+00:08:46 (32.6%)	5:23	11.1 (67.3%)
125	ADAMCZYK Sonia	771	KLUB ZDROWEGO STYLU ŻYCIA	K20	39	00:00:05	00:27:00.35	00:27:06.10	+00:08:49 (32.7%)	5:24	11.1 (67.3%)
126	GUMIENNA Monika	757	LAKIERYGUMIENNY.PL	K30	48	00:01:07	00:27:00.50	00:28:07.70	+00:08:49 (32.7%)	5:24	11.1 (67.3%)
127	DRÓŹDŹ Małgorzata	1048		K20	40	00:01:15	00:27:05.55	00:28:20.85	+00:08:54 (32.9%)	5:25	11.1 (67.3%)
128	CHYLIŃSKA Monika	1385		K30	49	00:00:46	00:27:08.10	00:27:54.65	+00:08:57 (33.0%)	5:25	11.1 (67.3%)
129	WISNIEWSKA Małgorzata	113		K30	50	00:01:18	00:27:09.85	00:28:28.10	+00:08:58 (33.1%)	5:26	11 (66.7%)
129	KONOPIŃSKA Agnieszka	90	RUN BYDGOSZCZ	K30	51	00:01:18	00:27:09.85	00:28:28.25	+00:08:58 (33.1%)	5:26	11 (66.7%)
131	KROPIDŁOWSKA Magdalena	994	OCELOTY KRUSZYN KRAJEŃSKI	K30	52	00:00:57	00:27:12.40	00:28:10.05	+00:09:01 (33.2%)	5:26	11 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	PRZYBYLSKA Grażyna	936		K50	5	00:01:07	00:27:12.75	00:28:20.10	+00:09:01 (33.2%)	5:26	11 (66.7%)
133	JANKOWSKA Katarzyna	641		K40	23	00:00:54	00:27:13.55	00:28:08.35	+00:09:02 (33.2%)	5:26	11 (66.7%)
134	MALICKA Beata	183		K50	6	00:00:26	00:27:14.00	00:27:40.10	+00:09:03 (33.2%)	5:26	11 (66.7%)
135	STRABEL Maria	124		K50	7	00:00:15	00:27:14.10	00:27:30.05	+00:09:03 (33.2%)	5:27	11 (66.7%)
136	STARSZAK Julia	1118		K10	8	00:00:40	00:27:14.15	00:27:54.55	+00:09:03 (33.2%)	5:26	11 (66.7%)
137	SOKÓŁ Krystyna	22		K20	41	00:01:35	00:27:15.55	00:28:51.15	+00:09:04 (33.3%)	5:27	11 (66.7%)
138	WUJEK Magdalena	950		K30	53	00:01:27	00:27:21.20	00:28:48.55	+00:09:10 (33.5%)	5:28	11 (66.7%)
139	ZYGMUNT Paulina	241		K20	42	00:00:23	00:27:22.85	00:27:46.15	+00:09:11 (33.6%)	5:28	11 (66.7%)
140	CISZEWSKA Emilia	283		K30	54	00:00:54	00:27:23.15	00:28:17.50	+00:09:12 (33.6%)	5:28	11 (66.7%)
141	CHWEDORCZUK Diana	313		K20	43	00:00:20	00:27:23.65	00:27:43.85	+00:09:12 (33.6%)	5:28	11 (66.7%)
142	GRZONKA Emilia	1050		K20	44	00:00:30	00:27:24.45	00:27:54.55	+00:09:13 (33.7%)	5:28	10.9 (66.1%)
142	WASILEWSKA-MICHALAK Agata	489		K30	55	00:00:46	00:27:24.45	00:28:10.65	+00:09:13 (33.7%)	5:28	10.9 (66.1%)
144	WASILEWSKA Martyna	488		K30	56	00:00:46	00:27:24.60	00:28:10.65	+00:09:13 (33.7%)	5:28	10.9 (66.1%)
145	GÓRSKA Joanna	74		K30	57	00:00:50	00:27:28.70	00:28:19.30	+00:09:17 (33.8%)	5:29	10.9 (66.1%)
146	OWCZAREK Agnieszka	595	BIEGAM BO LUBIĘ	K30	58	00:00:44	00:27:29.40	00:28:14.10	+00:09:18 (33.9%)	5:30	10.9 (66.1%)
147	PILIUKH Marharyta	1142		K20	45	00:00:47	00:27:31.65	00:28:19.15	+00:09:20 (33.9%)	5:30	10.9 (66.1%)
148	WIŚNIEWSKA Karolina	365		K20	46	00:00:33	00:27:32.35	00:28:05.80	+00:09:21 (34.0%)	5:30	10.9 (66.1%)
149	MARĆ Klara	865		K10	9	00:01:40	00:27:33.80	00:29:14.55	+00:09:22 (34.0%)	5:30	10.9 (66.1%)
150	SZADKOWSKA Anna	624	INOWROCLAW BIEGA	K60	2	00:00:20	00:27:35.75	00:27:56.65	+00:09:24 (34.1%)	5:31	10.9 (66.1%)
151	GOTOWICZ Beata	878		K40	24	00:00:10	00:27:40.15	00:27:51.00	+00:09:29 (34.3%)	5:32	10.8 (65.5%)
152	PIECYK-CZAJA Sonia	227		K30	59	00:00:45	00:27:41.45	00:28:27.10	+00:09:30 (34.3%)	5:32	10.8 (65.5%)
153	FLOREK Milena	495	RE MEDIA BYDGOSZCZ	K30	60	00:01:26	00:27:41.60	00:29:08.20	+00:09:30 (34.3%)	5:32	10.8 (65.5%)
154	BIERNAT Justyna	591	MKS INOWROCLAW	K10	10	00:00:39	00:27:43.30	00:28:22.90	+00:09:32 (34.4%)	5:32	10.8 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	OBREMSKA Natalia	182		K20	47	00:01:02	00:27:43.75	00:28:46.00	+00:09:32 (34.4%)	5:32	10.8 (65.5%)
156	LOOSE Paulina	748	LOS KUMPLOS	K20	48	00:00:07	00:27:44.40	00:27:51.60	+00:09:33 (34.5%)	5:32	10.8 (65.5%)
157	SZUBARTOWSKA Pola	990		K10	11	00:01:26	00:27:50.60	00:29:16.70	+00:09:39 (34.7%)	5:34	10.8 (65.5%)
158	RADŁOWSKA Małgorzata	1403		K50	8	00:00:05	00:27:50.65	00:27:55.75	+00:09:39 (34.7%)	5:34	10.8 (65.5%)
159	WRÓBLEWSKA Marzena	1246		K50	9	00:00:21	00:27:51.00	00:28:12.80	+00:09:40 (34.7%)	5:34	10.8 (65.5%)
160	DUDZIŃSKA Małgorzata	919		K40	25	00:00:42	00:27:51.85	00:28:34.25	+00:09:40 (34.7%)	5:34	10.8 (65.5%)
161	JUNKA Karolina	682		K20	49	00:00:36	00:27:52.50	00:28:28.80	+00:09:41 (34.8%)	5:34	10.8 (65.5%)
162	PŁACZKOWSKA Magdalena	478		K30	61	00:01:09	00:27:53.10	00:29:02.85	+00:09:42 (34.8%)	5:34	10.8 (65.5%)
163	CHRÓŚCIŃSKA Justyna	19	GORDON RUN	K20	50	00:01:20	00:27:53.55	00:29:13.95	+00:09:42 (34.8%)	5:34	10.8 (65.5%)
164	WAWRZYŃIAK Karolina	479		K30	62	00:01:09	00:27:54.05	00:29:03.15	+00:09:43 (34.8%)	5:34	10.8 (65.5%)
165	TOMCZYK Agnieszka	497		K40	26	00:01:15	00:27:54.15	00:29:09.85	+00:09:43 (34.8%)	5:34	10.8 (65.5%)
166	ŻUCHELKOWSKA Agata	451		K30	63	00:01:13	00:27:55.10	00:29:08.20	+00:09:44 (34.9%)	5:35	10.7 (64.8%)
167	BIEGAŁA Renata	652		K50	10	00:01:01	00:27:57.10	00:28:58.20	+00:09:46 (35.0%)	5:35	10.7 (64.8%)
168	KENSIK Joanna	949		K20	51	00:01:25	00:27:57.70	00:29:22.70	+00:09:46 (35.0%)	5:35	10.7 (64.8%)
169	WORONIECKA Anna	189		K30	64	00:01:12	00:27:58.60	00:29:10.75	+00:09:47 (35.0%)	5:35	10.7 (64.8%)
170	PAWLAK Monika	1327		K30	65	00:00:10	00:27:58.85	00:28:09.80	+00:09:47 (35.0%)	5:35	10.7 (64.8%)
171	KOZACZYK Joanna	888		K40	27	00:00:21	00:27:59.25	00:28:20.65	+00:09:48 (35.0%)	5:35	10.7 (64.8%)
172	JARZĄB Joanna	1417		K30	66	00:00:07	00:27:59.65	00:28:07.15	+00:09:48 (35.0%)	5:36	10.7 (64.8%)
173	KUGACZ Aneta	205	RUN BYDGOSZCZ	K30	67	00:00:45	00:28:00.80	00:28:45.80	+00:09:49 (35.1%)	5:36	10.7 (64.8%)
174	ZALECH Barbara	1020		K40	28	00:01:25	00:28:02.25	00:29:28.15	+00:09:51 (35.1%)	5:36	10.7 (64.8%)
175	SKORNIA Marika	1322		K20	52	00:01:04	00:28:02.60	00:29:07.20	+00:09:51 (35.2%)	5:36	10.7 (64.8%)
176	CZAIŃSKA Mariola	1356		K40	29	00:00:09	00:28:06.75	00:28:16.05	+00:09:55 (35.3%)	5:37	10.7 (64.8%)
177	DZIEŻA Roma	976		K40	30	00:01:25	00:28:06.80	00:29:32.00	+00:09:55 (35.3%)	5:37	10.7 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	MICHALAK Agnieszka	400		K30	68	00:00:35	00:28:07.60	00:28:43.25	+00:09:56 (35.4%)	5:37	10.7 (64.8%)
179	RADZIŃSKA Joanna	627		K30	69	00:00:53	00:28:09.25	00:29:02.45	+00:09:58 (35.4%)	5:37	10.7 (64.8%)
180	SAMOĆKO Katarzyna	285		K30	70	00:00:43	00:28:11.20	00:28:54.55	+00:10:00 (35.5%)	5:38	10.6 (64.2%)
181	KMIECIAK Wiktoria	1016		K18	6	00:00:02	00:28:13.10	00:28:15.35	+00:10:02 (35.6%)	5:38	10.6 (64.2%)
182	KIEDROWSKA Magdalena	1194		K30	71	00:00:02	00:28:13.25	00:28:15.70	+00:10:02 (35.6%)	5:38	10.6 (64.2%)
183	SKORNIA Agata	1324		K40	31	00:01:04	00:28:15.50	00:29:20.40	+00:10:04 (35.7%)	5:39	10.6 (64.2%)
184	STANISZEWSKA Marta	831		K30	72	00:00:32	00:28:17.25	00:28:49.50	+00:10:06 (35.7%)	5:39	10.6 (64.2%)
185	PRZYBYŁA Agata	1094		K20	53	00:00:43	00:28:17.50	00:29:01.40	+00:10:06 (35.7%)	5:39	10.6 (64.2%)
186	KRASZKIEWICZ Monika	777	BIEGNĘ ZA MARTYNKĘ	K20	54	00:01:08	00:28:18.60	00:29:26.90	+00:10:07 (35.8%)	5:39	10.6 (64.2%)
187	OŹGA Agnieszka	325		K20	55	00:01:20	00:28:18.85	00:29:38.90	+00:10:07 (35.8%)	5:39	10.6 (64.2%)
188	ZABDYR Ewelina	1148		K20	56	00:01:37	00:28:20.00	00:29:57.10	+00:10:09 (35.8%)	5:40	10.6 (64.2%)
189	ZALEWSKA Michalina	738		K10	12	00:00:03	00:28:20.30	00:28:23.35	+00:10:09 (35.8%)	5:40	10.6 (64.2%)
190	JACKOWIAK-ZALEWSKA Agnieszka	1051		K40	32	00:00:36	00:28:20.90	00:28:57.25	+00:10:09 (35.9%)	5:40	10.6 (64.2%)
191	GRZECHOWIAK Ania	634		K20	57	00:01:42	00:28:20.95	00:30:03.60	+00:10:10 (35.9%)	5:40	10.6 (64.2%)
192	OSSOWSKA Danuta	653		K40	33	00:01:01	00:28:21.45	00:29:23.10	+00:10:10 (35.9%)	5:40	10.6 (64.2%)
193	AMBROZIAK Martyna	884		K20	58	00:01:00	00:28:22.45	00:29:22.65	+00:10:11 (35.9%)	5:40	10.6 (64.2%)
194	TRELA Jolanta	726		K30	73	00:00:51	00:28:22.50	00:29:14.25	+00:10:11 (35.9%)	5:40	10.6 (64.2%)
195	PAWELEC Pola	742		K10	13	00:00:47	00:28:23.90	00:29:11.55	+00:10:12 (36.0%)	5:40	10.6 (64.2%)
195	MIKLER Aleksandra	1416		K20	59	00:01:04	00:28:23.90	00:29:28.80	+00:10:12 (36.0%)	5:40	10.6 (64.2%)
197	STYCZYŃSKA Anna	1328		K40	34	00:00:49	00:28:25.15	00:29:14.30	+00:10:14 (36.0%)	5:41	10.6 (64.2%)
198	GRZYWACZ Agata	247		K20	60	00:00:14	00:28:30.00	00:28:44.20	+00:10:19 (36.2%)	5:42	10.5 (63.6%)
199	GIZIŃSKA Aleksandra	129	RAFSONGA	K20	61	00:00:41	00:28:33.65	00:29:14.80	+00:10:22 (36.3%)	5:42	10.5 (63.6%)
200	TARASZKA Olga	1423	JRG 1 INOWROCŁAW	K20	62	00:01:00	00:28:33.80	00:29:34.45	+00:10:22 (36.3%)	5:42	10.5 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	RYDELSKA Kinga	429		K40	35	00:00:55	00:28:34.80	00:29:30.75	+00:10:23 (36.4%)	5:43	10.5 (63.6%)
202	RZEPECKA Katarzyna	13		K40	36	00:00:55	00:28:35.25	00:29:30.55	+00:10:24 (36.4%)	5:43	10.5 (63.6%)
203	ANDRYSZAK Vanessa	854		K10	14	00:00:17	00:28:35.60	00:28:53.05	+00:10:24 (36.4%)	5:43	10.5 (63.6%)
204	TOBOLSKA Małgorzata	1011		K30	74	00:00:33	00:28:38.50	00:29:11.70	+00:10:27 (36.5%)	5:43	10.5 (63.6%)
205	SOBOWIEC Mirka	410	SOBOWIEC TEAM	K40	37	00:00:20	00:28:40.30	00:29:00.90	+00:10:29 (36.6%)	5:44	10.5 (63.6%)
206	STAFIŃSKA Paulina	47		K30	75	00:00:55	00:28:41.50	00:29:36.50	+00:10:30 (36.6%)	5:44	10.5 (63.6%)
207	STRZESZAK Sylwia	30		K30	76	00:00:54	00:28:42.60	00:29:37.50	+00:10:31 (36.7%)	5:44	10.4 (63.0%)
208	ŁAŃCUCKA Agnieszka	504		K40	38	00:00:41	00:28:45.95	00:29:27.65	+00:10:35 (36.8%)	5:45	10.4 (63.0%)
209	SZWEDA Mirosława	1227		K30	77	00:00:14	00:28:49.25	00:29:03.80	+00:10:38 (36.9%)	5:45	10.4 (63.0%)
210	CHMIELARZ Karina	835		K20	63	00:01:00	00:28:51.55	00:29:52.20	+00:10:40 (37.0%)	5:46	10.4 (63.0%)
211	GRUSZCZYŃSKA Monika	1218		K20	64	00:00:13	00:28:53.25	00:29:06.55	+00:10:42 (37.1%)	5:46	10.4 (63.0%)
211	MENDEL Karolina	78		K18	7	00:00:33	00:28:53.25	00:29:26.50	+00:10:42 (37.1%)	5:46	10.4 (63.0%)
213	DOMŻALSKA Sławomira	654		K40	39	00:01:26	00:28:54.10	00:30:20.50	+00:10:43 (37.1%)	5:46	10.4 (63.0%)
214	MICHALAK Martyna	1199		K10	15	00:01:26	00:28:54.85	00:30:21.35	+00:10:43 (37.1%)	5:47	10.4 (63.0%)
215	JARMOŁOWICZ Aleksandra	1269		K20	65	00:00:57	00:28:56.45	00:29:53.65	+00:10:45 (37.2%)	5:47	10.4 (63.0%)
216	ŻMUDZIŃSKA Magdalena	659		K40	40	00:00:29	00:28:57.65	00:29:27.25	+00:10:46 (37.2%)	5:47	10.4 (63.0%)
217	MEGER Agnieszka	311		K30	78	00:01:11	00:28:59.15	00:30:10.30	+00:10:48 (37.3%)	5:47	10.4 (63.0%)
218	WIŚNIEWSKA-KACZOR Iga	371		K20	66	00:01:11	00:29:01.45	00:30:12.75	+00:10:50 (37.4%)	5:48	10.3 (62.4%)
219	PODOSEK Magdalena	547	BYDGOSZCZ	K30	79	00:00:40	00:29:02.20	00:29:42.25	+00:10:51 (37.4%)	5:48	10.3 (62.4%)
220	RAKAŁOWICZ Weronika	299	INTERACT CLUB BYDGOSZCZ	K10	16	00:01:04	00:29:04.55	00:30:08.65	+00:10:53 (37.5%)	5:48	10.3 (62.4%)
221	KNIOŁA Lucyna	609		K40	41	00:00:30	00:29:07.15	00:29:38.00	+00:10:56 (37.6%)	5:49	10.3 (62.4%)
222	PIÓRKOWSKA Anna	1071		K30	80	00:00:58	00:29:09.40	00:30:08.20	+00:10:58 (37.6%)	5:50	10.3 (62.4%)
223	PRZYGOCKA Katarzyna	1167		K20	67	00:00:14	00:29:11.60	00:29:26.50	+00:11:00 (37.7%)	5:50	10.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	SOSNOWSKA Dorota	159		K40	42	00:00:14	00:29:12.40	00:29:26.50	+00:11:01 (37.7%)	5:50	10.3 (62.4%)
225	BINKOWSKA Anita	894		K40	43	00:00:21	00:29:12.55	00:29:34.50	+00:11:01 (37.8%)	5:50	10.3 (62.4%)
226	WIŚNIEWSKA-KRAWIEC Beata	938		K40	44	00:00:21	00:29:13.65	00:29:35.55	+00:11:02 (37.8%)	5:50	10.3 (62.4%)
227	CZECZINSKA Pamela	857		K20	68	00:01:03	00:29:15.60	00:30:19.10	+00:11:04 (37.9%)	5:51	10.3 (62.4%)
228	FLORCZAK Barbara	1355		K30	81	00:00:24	00:29:15.85	00:29:39.90	+00:11:04 (37.9%)	5:51	10.3 (62.4%)
228	SIUDA Anita	220		K20	69	00:00:11	00:29:15.85	00:29:27.65	+00:11:04 (37.9%)	5:51	10.3 (62.4%)
230	URBAŃSKA Patrycja	289		K20	70	00:00:34	00:29:16.50	00:29:50.60	+00:11:05 (37.9%)	5:51	10.3 (62.4%)
230	JURUŚ Jolanta	903	PARKRUN	K50	11	00:00:18	00:29:16.50	00:29:35.25	+00:11:05 (37.9%)	5:51	10.2 (61.8%)
232	NOWICKA Justyna	487		K30	82	00:00:51	00:29:17.05	00:30:08.05	+00:11:06 (37.9%)	5:51	10.2 (61.8%)
233	CZECH Dominika	699		K20	71	00:00:44	00:29:19.05	00:30:04.00	+00:11:08 (38.0%)	5:52	10.2 (61.8%)
234	WILMA Patrycja	814		K20	72	00:01:07	00:29:22.85	00:30:30.40	+00:11:11 (38.1%)	5:52	10.2 (61.8%)
235	BUBLIK Aleksandra	245		K20	73	00:01:02	00:29:24.50	00:30:27.40	+00:11:13 (38.2%)	5:53	10.2 (61.8%)
236	KAJKO Wiktoria	452		K10	17	00:01:04	00:29:25.60	00:30:30.50	+00:11:14 (38.2%)	5:53	10.2 (61.8%)
237	WĘGLARZ Arleta	706		K20	74	00:00:37	00:29:27.15	00:30:04.15	+00:11:16 (38.3%)	5:53	10.2 (61.8%)
238	TOMCZAK Marzena	1161		K20	75	00:00:39	00:29:28.05	00:30:07.55	+00:11:17 (38.3%)	5:53	10.2 (61.8%)
239	GABRICH Żanetta	717		K40	45	00:00:20	00:29:28.10	00:29:49.05	+00:11:17 (38.3%)	5:53	10.2 (61.8%)
240	NOSKOWIAK-BAJNO Alicja	957		K30	83	00:00:44	00:29:29.70	00:30:13.85	+00:11:18 (38.4%)	5:53	10.2 (61.8%)
241	BRUSKA Agata	1034		K10	18	00:00:01	00:29:30.55	00:29:32.45	+00:11:19 (38.4%)	5:54	10.2 (61.8%)
242	POKRZYWIŃSKA Dorota	315		K40	46	00:01:30	00:29:30.75	00:31:00.95	+00:11:19 (38.4%)	5:54	10.2 (61.8%)
243	KONKEL Agata	750		K30	84	00:01:15	00:29:32.90	00:30:47.90	+00:11:21 (38.5%)	5:54	10.2 (61.8%)
244	BOJAKOWSKA Małgorzata	859	BYDGOSKIE ZÓŁWIE	K40	47	00:01:03	00:29:33.15	00:30:36.70	+00:11:22 (38.5%)	5:54	10.2 (61.8%)
245	KOSECKA Justyna	1309	ORTIMED RUNNERS TEAM	K30	85	00:01:18	00:29:33.80	00:30:52.60	+00:11:22 (38.5%)	5:54	10.1 (61.2%)
246	SMOLIŃSKA Beata	644	SIEDEM DZIEWCZĄT Z ALBATROSA	K40	48	00:01:42	00:29:33.95	00:31:16.25	+00:11:23 (38.5%)	5:54	10.1 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	PASIEKA Magda	710	MAM TĘ MOC	K30	86	00:01:17	00:29:34.25	00:30:52.05	+00:11:23 (38.5%)	5:55	10.1 (61.2%)
248	DUTKIEWICZ Urszula	1056	TKKF KOLEJARZ BYDGOSZCZ	K30	87	00:00:43	00:29:34.35	00:30:17.60	+00:11:23 (38.5%)	5:54	10.1 (61.2%)
249	BASZANOWSKA Sylwia	959		K40	49	00:01:00	00:29:34.45	00:30:34.65	+00:11:23 (38.5%)	5:54	10.1 (61.2%)
250	MOLEND Patrycja	768	KLINIKA TRIATHLONU TEAM	K20	76	00:01:30	00:29:35.35	00:31:06.10	+00:11:24 (38.6%)	5:55	10.1 (61.2%)
251	PRZEWOŹNIAK Marta	780		K20	77	00:01:06	00:29:36.40	00:30:43.00	+00:11:25 (38.6%)	5:55	10.1 (61.2%)
252	SZATKOWSKA Beata	469		K50	12	00:01:22	00:29:37.10	00:30:59.40	+00:11:26 (38.6%)	5:55	10.1 (61.2%)
253	SZCZEPAŃSKA-DOLNA Edyta	1339		K40	50	00:00:33	00:29:38.70	00:30:12.35	+00:11:27 (38.7%)	5:55	10.1 (61.2%)
254	CHLEBOSZ Sylwia	932		K30	88	00:00:33	00:29:38.75	00:30:12.35	+00:11:27 (38.7%)	5:55	10.1 (61.2%)
255	KACZMAREK Anna	85		K30	89	00:00:23	00:29:38.85	00:30:02.40	+00:11:27 (38.7%)	5:55	10.1 (61.2%)
256	RONKIEWICZ Dorota	1083	SPORT FACTORY	K40	51	00:01:07	00:29:38.90	00:30:46.45	+00:11:27 (38.7%)	5:55	10.1 (61.2%)
257	GAJEK Agnieszka	355	ASSECO ACTIVE TEAM	K30	90	00:00:39	00:29:38.95	00:30:18.05	+00:11:28 (38.7%)	5:55	10.1 (61.2%)
258	MAKOWSKA Justyna	354	TASAK TEAM	K30	91	00:00:38	00:29:39.60	00:30:18.20	+00:11:28 (38.7%)	5:56	10.1 (61.2%)
259	GRABARSKA Agata	1023		K20	78	00:00:43	00:29:39.70	00:30:23.30	+00:11:28 (38.7%)	5:56	10.1 (61.2%)
260	BRONIKOWSKA Berenike	839		K20	79	00:01:51	00:29:41.90	00:31:32.90	+00:11:30 (38.8%)	5:56	10.1 (61.2%)
261	SKWAREK Agata	1319		K20	80	00:00:51	00:29:43.30	00:30:35.15	+00:11:32 (38.8%)	5:56	10.1 (61.2%)
262	MARĆ Agnieszka	863		K40	52	00:01:34	00:29:44.20	00:31:18.50	+00:11:33 (38.9%)	5:56	10.1 (61.2%)
263	WIATROWSKA Izabela	1248		K30	92	00:00:08	00:29:45.60	00:29:53.80	+00:11:34 (38.9%)	5:57	10.1 (61.2%)
264	ŻMICH Aleksandra	813		K30	93	00:00:35	00:29:47.40	00:30:22.95	+00:11:36 (39.0%)	5:57	10.1 (61.2%)
265	KUFLEWICZ Justyna	755		K20	81	00:00:58	00:29:50.40	00:30:48.40	+00:11:39 (39.1%)	5:58	10.1 (61.2%)
266	KWASIGROCH Ida	836		K20	82	00:01:36	00:29:53.90	00:31:30.05	+00:11:42 (39.2%)	5:58	10 (60.6%)
267	SZULAKOWSKA Patrycja	672	TERENOWA MASAKRA TEAM	K30	94	00:01:19	00:29:54.70	00:31:14.30	+00:11:43 (39.2%)	5:59	10 (60.6%)
268	OSIŃSKA Alicja	1127	AA	K30	95	00:01:30	00:29:55.40	00:31:25.60	+00:11:44 (39.2%)	5:59	10 (60.6%)
269	MIKA Monika	417		K20	83	00:01:38	00:29:57.75	00:31:35.95	+00:11:46 (39.3%)	5:59	10 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	MŁYNARCZYK Monika	1019		K20	84	00:00:51	00:30:00.40	00:30:52.10	+00:11:49 (39.4%)	6:00	10 (60.6%)
271	RAUNEST Katarzyna	599		K20	85	00:01:21	00:30:01.45	00:31:23.15	+00:11:50 (39.4%)	6:00	10 (60.6%)
272	JARUSZEWSKA Jowita	1337		K40	53	00:00:47	00:30:02.00	00:30:49.95	+00:11:51 (39.5%)	6:00	10 (60.6%)
273	GROD-OBREMSKA Monika	872		K40	54	00:00:33	00:30:03.40	00:30:36.90	+00:11:52 (39.5%)	6:00	10 (60.6%)
274	GEHRKE Eliza	1377		K40	55	00:01:04	00:30:05.25	00:31:09.70	+00:11:54 (39.6%)	6:01	10 (60.6%)
275	SZCZEPANIAK Beata	902	KLUB ZDROWIA	K40	56	00:00:34	00:30:06.10	00:30:40.45	+00:11:55 (39.6%)	6:01	10 (60.6%)
276	ZUZA-WITKOWSKA Anna	93		K40	57	00:01:14	00:30:07.75	00:31:22.10	+00:11:56 (39.7%)	6:01	10 (60.6%)
277	ANTCZAK Karolina	867		K30	96	00:01:08	00:30:07.95	00:31:16.90	+00:11:57 (39.7%)	6:01	10 (60.6%)
278	SOSIŃSKA Agata	146		K20	86	00:00:48	00:30:09.40	00:30:57.60	+00:11:58 (39.7%)	6:01	10 (60.6%)
279	NOWAK Mariola	377		K40	58	00:00:06	00:30:18.70	00:30:25.60	+00:12:07 (40.0%)	6:03	9.9 (60.0%)
280	NOWAK Anna	380		K20	87	00:00:06	00:30:18.80	00:30:25.60	+00:12:07 (40.0%)	6:03	9.9 (60.0%)
281	MIŁKOWSKA Monika	725		K30	97	00:01:27	00:30:19.80	00:31:47.30	+00:12:08 (40.1%)	6:04	9.9 (60.0%)
282	MIKOŁAJCZAK Magdalena	689		K40	59	00:00:58	00:30:20.45	00:31:19.15	+00:12:09 (40.1%)	6:04	9.9 (60.0%)
283	STELMACH Agata	1188	3ATHLETE	K20	88	00:01:08	00:30:20.50	00:31:29.45	+00:12:09 (40.1%)	6:04	9.9 (60.0%)
284	SOBCZYŃSKA Aleksandra	112	GRAŻYNY BIEGANIA	K20	89	00:01:19	00:30:23.35	00:31:42.55	+00:12:12 (40.2%)	6:04	9.9 (60.0%)
285	BUDZIŃSKA Anita	1370		K40	60	00:00:24	00:30:24.45	00:30:48.90	+00:12:13 (40.2%)	6:04	9.9 (60.0%)
286	PŁACZKOWSKA Justyna	449	WEEKENDOWY BIEGACZ	K20	90	00:00:18	00:30:24.95	00:30:42.95	+00:12:14 (40.2%)	6:04	9.9 (60.0%)
287	GRABSKA Sylwia	278		K20	91	00:00:35	00:30:27.80	00:31:02.90	+00:12:16 (40.3%)	6:05	9.9 (60.0%)
288	WITKOWSKA Karolina	875	CZARNE STOPY.SM	K40	61	00:01:07	00:30:30.15	00:31:38.00	+00:12:19 (40.4%)	6:06	9.8 (59.4%)
289	WRZYSZCZ Marzena	669		K30	98	00:01:33	00:30:30.45	00:32:04.10	+00:12:19 (40.4%)	6:06	9.8 (59.4%)
290	KOZAK Alicja	943	BIEGAMYRAZEM	K10	19	00:01:01	00:30:31.25	00:31:33.20	+00:12:20 (40.4%)	6:06	9.8 (59.4%)
291	WAWERKA Aleksandra	1182		K20	92	00:00:03	00:30:34.85	00:30:38.35	+00:12:23 (40.5%)	6:07	9.8 (59.4%)
292	MICHALSKA Aleksandra	152		K40	62	00:00:34	00:30:35.45	00:31:09.80	+00:12:24 (40.6%)	6:07	9.8 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	WOŁOSIŃSKA Małgorzata	1320		K20	93	00:01:02	00:30:36.65	00:31:39.55	+00:12:25 (40.6%)	6:07	9.8 (59.4%)
294	BONALSKA Magdalena	155	RUN BYDGOSZCZ	K30	99	00:01:27	00:30:40.45	00:32:08.25	+00:12:29 (40.7%)	6:08	9.8 (59.4%)
295	SZALA Monika	1101	ICH DWOJE	K30	100	00:01:32	00:30:40.65	00:32:13.15	+00:12:29 (40.7%)	6:08	9.8 (59.4%)
296	SZCZEPANEK-KOZIŃSKA Justyna	1353	1 BLOG	K30	101	00:00:59	00:30:46.35	00:31:45.45	+00:12:35 (40.9%)	6:09	9.8 (59.4%)
297	MAKLAKIEWICZ Agnieszka	680		K30	102	00:00:17	00:30:51.40	00:31:08.50	+00:12:40 (41.1%)	6:10	9.7 (58.8%)
298	NACZKE Anna	1208		K20	94	00:01:17	00:30:52.85	00:32:10.25	+00:12:41 (41.1%)	6:10	9.7 (58.8%)
299	MAKOWSKA Justyna	953		K30	103	00:00:42	00:30:53.40	00:31:36.35	+00:12:42 (41.1%)	6:10	9.7 (58.8%)
300	KATLEWSKA Marika	128		K30	104	00:01:12	00:30:56.50	00:32:08.55	+00:12:45 (41.2%)	6:11	9.7 (58.8%)
301	LUBIŃSKA Patrycja	1098		K20	95	00:00:13	00:30:58.55	00:31:11.55	+00:12:47 (41.3%)	6:11	9.7 (58.8%)
302	FRANCISZKIEWICZ Monika	103	RODOS TEAM	K20	96	00:00:50	00:30:58.80	00:31:49.05	+00:12:47 (41.3%)	6:11	9.7 (58.8%)
303	PIÓRKOWSKA Aga	54		K30	105	00:01:16	00:30:59.55	00:32:16.50	+00:12:48 (41.3%)	6:12	9.7 (58.8%)
304	MICHTA Iwona	934	SPÓJNIA BIAŁE BŁOTA	K30	106	00:00:57	00:30:59.75	00:31:57.40	+00:12:48 (41.3%)	6:12	9.7 (58.8%)
305	MICHALSKA Daria	798	SZAFIRKI	K20	97	00:01:16	00:31:11.65	00:32:28.15	+00:13:00 (41.7%)	6:14	9.6 (58.2%)
306	KUK Sylwia	536		K30	107	00:01:04	00:31:13.25	00:32:18.15	+00:13:02 (41.8%)	6:14	9.6 (58.2%)
307	BŁASZKIEWICZ Marzena	956		K30	108	00:00:44	00:31:13.35	00:31:58.05	+00:13:02 (41.8%)	6:14	9.6 (58.2%)
308	MAJKOWSKA-LUBIŃSKA Judyta	61		K20	98	00:00:27	00:31:14.55	00:31:41.95	+00:13:03 (41.8%)	6:14	9.6 (58.2%)
309	PATRZAŁEK Małgorzata	511		K40	63	00:01:05	00:31:14.65	00:32:20.10	+00:13:03 (41.8%)	6:15	9.6 (58.2%)
310	KORNACKA Sylwia	954		K40	64	00:00:43	00:31:15.35	00:31:58.90	+00:13:04 (41.8%)	6:15	9.6 (58.2%)
311	NURKIEWICZ Zofia	271	KUNG FU PANDY 3	K10	20	00:01:43	00:31:15.45	00:32:59.00	+00:13:04 (41.8%)	6:15	9.6 (58.2%)
312	CHOJNACKA Monika	445		K30	109	00:00:42	00:31:15.90	00:31:58.85	+00:13:04 (41.8%)	6:15	9.6 (58.2%)
313	GROMOWSKA Grażyna	1130	TKKF KOLEJARZ BYDGOSZCZ	K50	13	00:01:22	00:31:19.50	00:32:41.55	+00:13:08 (42.0%)	6:15	9.6 (58.2%)
314	BUSSE Jagoda	970		K30	110	00:00:13	00:31:19.85	00:31:33.75	+00:13:08 (42.0%)	6:16	9.6 (58.2%)
315	AUGUSTYNOWICZ Aurelia	724	RWT W BYDGOSZCZY	K40	65	00:01:17	00:31:20.90	00:32:38.55	+00:13:09 (42.0%)	6:16	9.6 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	LIGMANN Anna	529		K30	111	00:01:32	00:31:27.80	00:33:00.75	+00:13:16 (42.2%)	6:17	9.5 (57.6%)
317	WOŹNIACKA Beata	560	POMÓŻMY JEŻOM	K50	14	00:00:45	00:31:38.75	00:32:24.25	+00:13:27 (42.5%)	6:19	9.5 (57.6%)
318	BRĄGIEL Anna	92	VEGE RUNNERS	K30	112	00:01:54	00:31:39.05	00:33:33.50	+00:13:28 (42.6%)	6:19	9.5 (57.6%)
319	GRZYWACZ Karolina	236	BBL BYDGOSZCZ	K30	113	00:00:15	00:31:40.00	00:31:55.00	+00:13:29 (42.6%)	6:20	9.5 (57.6%)
319	CHMIELEWSKA Agnieszka	233		K30	114	00:00:14	00:31:40.00	00:31:54.60	+00:13:29 (42.6%)	6:20	9.5 (57.6%)
321	DERDA Hanna	1021	-	K50	15	00:00:48	00:31:43.00	00:32:31.95	+00:13:32 (42.7%)	6:20	9.5 (57.6%)
322	KACZMAREK Agnieszka	531		K40	66	00:00:31	00:31:43.05	00:32:14.05	+00:13:32 (42.7%)	6:20	9.5 (57.6%)
323	WYSMOLIŃSKA Barbara	127		K40	67	00:00:57	00:31:46.20	00:32:43.55	+00:13:35 (42.8%)	6:21	9.4 (57.0%)
324	OKRÓJ Dagmara	625		K30	115	00:00:35	00:31:48.55	00:32:24.25	+00:13:37 (42.8%)	6:21	9.4 (57.0%)
325	LIBERA Sabina	1435	PARKRUN BYDGOSZCZ	K40	68	00:00:55	00:31:50.10	00:32:45.10	+00:13:39 (42.9%)	6:22	9.4 (57.0%)
326	CHROMIŃSKA Paulina	38		K20	99	00:00:11	00:31:51.60	00:32:02.80	+00:13:40 (42.9%)	6:22	9.4 (57.0%)
327	SOŁOBODOWSKA Weronika	1058		K20	100	00:01:24	00:31:52.40	00:33:17.35	+00:13:41 (43.0%)	6:22	9.4 (57.0%)
328	URBAŃSKA Kamila	1409	REGIONALNE CENTRUM KRWIODAWSTWA I KRWIOLECZNICTWA W BYDGOSZCZY	K30	116	00:00:00	00:31:52.55	00:31:52.55	+00:13:41 (43.0%)	6:22	9.4 (57.0%)
329	OLKOWSKA Magdalena	828		K30	117	00:01:14	00:31:58.60	00:33:13.10	+00:13:47 (43.1%)	6:23	9.4 (57.0%)
330	PRZYBYLSKA Karolina	444	KLINIKA TRIATHLONU TEAM	K20	101	00:01:35	00:31:59.10	00:33:34.10	+00:13:48 (43.2%)	6:23	9.4 (57.0%)
331	PRZYBYLSKA Inez	824		K20	102	00:01:34	00:31:59.50	00:33:33.80	+00:13:48 (43.2%)	6:23	9.4 (57.0%)
332	SUDOŁ Karolina	984		K30	118	00:01:17	00:32:01.90	00:33:19.10	+00:13:50 (43.2%)	6:24	9.4 (57.0%)
333	RASSALSKA-KAUSA Jola	267		K30	119	00:01:10	00:32:04.25	00:33:14.75	+00:13:53 (43.3%)	6:24	9.4 (57.0%)
334	RASSALSKA Roma	269		K30	120	00:01:10	00:32:04.40	00:33:14.45	+00:13:53 (43.3%)	6:24	9.4 (57.0%)
335	DOBRACKA Anna	89		K20	103	00:01:20	00:32:04.55	00:33:24.60	+00:13:53 (43.3%)	6:24	9.4 (57.0%)
336	CHŁYSTEK Joanna	383		K20	104	00:01:30	00:32:05.35	00:33:36.20	+00:13:54 (43.3%)	6:25	9.3 (56.4%)
337	WAWROWSKA-GRODZKA Marta	470		K30	121	00:00:26	00:32:13.50	00:32:40.40	+00:14:02 (43.6%)	6:26	9.3 (56.4%)
338	BISKUPSKA Maja	378		K18	8	00:01:29	00:32:14.50	00:33:44.35	+00:14:03 (43.6%)	6:27	9.3 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	ROGALSKA Marcelina	642	BIEGAJĄCE KEBABY	K20	105	00:01:16	00:32:15.35	00:33:31.40	+00:14:04 (43.6%)	6:27	9.3 (56.4%)
340	NOWAKOWSKA Marta	344		K30	122	00:00:37	00:32:16.65	00:32:53.70	+00:14:05 (43.7%)	6:27	9.3 (56.4%)
341	ŻÓŁNIERKIEWICZ Katarzyna	927	BBL INOWROCŁAW	K40	69	00:00:51	00:32:17.10	00:33:08.50	+00:14:06 (43.7%)	6:27	9.3 (56.4%)
342	ZIELIŃSKA Justyna	781	SOLECCY BIEGACZE	K30	123	00:01:29	00:32:17.40	00:33:46.85	+00:14:06 (43.7%)	6:27	9.3 (56.4%)
343	WYPYCH-KLUNDER Katarzyna	856		K30	124	00:01:06	00:32:18.50	00:33:25.40	+00:14:07 (43.7%)	6:27	9.3 (56.4%)
344	LASEK Małgorzata	1407		K40	70	00:00:56	00:32:19.50	00:33:15.55	+00:14:08 (43.8%)	6:27	9.3 (56.4%)
345	ZAORSKA Joanna	137		K30	125	00:00:56	00:32:22.15	00:33:18.70	+00:14:11 (43.8%)	6:28	9.3 (56.4%)
346	PAWLAK Żaneta	461		K40	71	00:00:56	00:32:22.45	00:33:18.80	+00:14:11 (43.8%)	6:28	9.3 (56.4%)
347	SONTOWSKA Sylwia	788		K30	126	00:00:03	00:32:22.50	00:32:26.00	+00:14:11 (43.8%)	6:28	9.3 (56.4%)
348	BERNADY Maja	910		K10	21	00:01:38	00:32:26.05	00:34:04.35	+00:14:15 (43.9%)	6:29	9.2 (55.8%)
349	KONOPA Wiktoria	916		K10	22	00:01:38	00:32:26.35	00:34:04.65	+00:14:15 (43.9%)	6:29	9.2 (55.8%)
350	RYBKA Aldona	81	BIEGINSTALATORA.PL	K40	72	00:01:31	00:32:27.40	00:33:58.80	+00:14:16 (44.0%)	6:29	9.2 (55.8%)
351	NUNZEK Agnieszka	918		K40	73	00:01:31	00:32:27.70	00:33:59.20	+00:14:16 (44.0%)	6:29	9.2 (55.8%)
352	DEPKA Agnieszka	493		K30	127	00:01:16	00:32:28.30	00:33:44.80	+00:14:17 (44.0%)	6:29	9.2 (55.8%)
353	KOTOWSKA-KOWALSKA Anna	1041	GORZEŃ RUN	K30	128	00:01:30	00:32:28.40	00:33:59.00	+00:14:17 (44.0%)	6:29	9.2 (55.8%)
354	LEPPERT Monika	1149	BBL SZUBIN	K20	106	00:01:11	00:32:29.25	00:33:40.30	+00:14:18 (44.0%)	6:29	9.2 (55.8%)
355	DUDEK Joanna	1136	FORDONRUNNERS	K30	129	00:01:28	00:32:29.85	00:33:58.40	+00:14:18 (44.0%)	6:30	9.2 (55.8%)
356	SCIGOCKA Beata	987		K40	74	00:00:50	00:32:32.85	00:33:23.80	+00:14:21 (44.1%)	6:30	9.2 (55.8%)
357	BABIŃSKA Agata	614		K30	130	00:01:33	00:32:33.35	00:34:06.80	+00:14:22 (44.1%)	6:30	9.2 (55.8%)
358	IDCZAK-BOREK Hanna	1257		K40	75	00:01:14	00:32:40.75	00:33:55.35	+00:14:29 (44.4%)	6:32	9.2 (55.8%)
359	MUCHA Natalia	1066	BATRUNNERS	K10	23	00:00:47	00:32:46.50	00:33:33.60	+00:14:35 (44.5%)	6:33	9.2 (55.8%)
360	ANIUKIEWICZ-KUBAS Anna	1005		K40	76	00:01:35	00:32:47.30	00:34:22.85	+00:14:36 (44.5%)	6:33	9.2 (55.8%)
361	KONARZEWSKA Jolanta	125		K40	77	00:01:12	00:32:48.00	00:34:00.05	+00:14:37 (44.6%)	6:33	9.1 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	WÓJCIK Anna	1300		K30	131	00:00:47	00:32:48.75	00:33:35.90	+00:14:37 (44.6%)	6:33	9.1 (55.2%)
363	BRUSKA Joanna	1040		K18	9	00:00:02	00:32:51.20	00:32:53.70	+00:14:40 (44.7%)	6:34	9.1 (55.2%)
364	TRZEBIATOWSKA Agata	215	PRZECHOWO TEAM	K20	107	00:00:22	00:32:52.75	00:33:15.35	+00:14:41 (44.7%)	6:34	9.1 (55.2%)
365	HOŁOWNIA-MLECZEK Izabela	334		K30	132	00:00:50	00:32:57.05	00:33:47.40	+00:14:46 (44.8%)	6:35	9.1 (55.2%)
366	MALCZEWSKA Mirka	426	SPORT FAKTORY	K60	3	00:00:57	00:32:59.75	00:33:56.75	+00:14:48 (44.9%)	6:35	9.1 (55.2%)
367	KOWALSKA Klaudia	213		K18	10	00:01:04	00:33:00.00	00:34:04.10	+00:14:49 (44.9%)	6:36	9.1 (55.2%)
368	KOWALSKA Katarzyna	216		K30	133	00:01:03	00:33:01.50	00:34:05.30	+00:14:50 (44.9%)	6:36	9.1 (55.2%)
369	LASOTA Anna	1425		K30	134	00:00:34	00:33:02.00	00:33:36.50	+00:14:51 (45.0%)	6:36	9.1 (55.2%)
370	BOCHAŃSKA Agnieszka	1224	SZYSZKI	K30	135	00:01:34	00:33:06.35	00:34:41.15	+00:14:55 (45.1%)	6:37	9.1 (55.2%)
371	ROMANOWSKA Barbara	1226	SZYSZKI	K18	11	00:01:34	00:33:06.60	00:34:41.55	+00:14:55 (45.1%)	6:37	9.1 (55.2%)
372	KUJAWA Sylwia	407	DYNAMO SKARPA	K20	108	00:00:40	00:33:07.35	00:33:47.40	+00:14:56 (45.1%)	6:37	9.1 (55.2%)
373	MATUSZEWSKA Agnieszka	178		K30	136	00:01:11	00:33:11.65	00:34:23.45	+00:15:00 (45.2%)	6:38	9 (54.5%)
374	WŁODARCZYK Olga	195	#BANANATEAM	K20	109	00:01:27	00:33:15.50	00:34:43.00	+00:15:04 (45.3%)	6:39	9 (54.5%)
375	SKALIŃSKA Klaudia	803		K20	110	00:00:24	00:33:17.10	00:33:42.00	+00:15:06 (45.4%)	6:39	9 (54.5%)
376	OSTASZ Katarzyna	920		K20	111	00:01:39	00:33:20.70	00:35:00.65	+00:15:09 (45.5%)	6:40	9 (54.5%)
377	NOWAKOWSKA Sylwia	353		K30	137	00:01:35	00:33:23.10	00:34:58.65	+00:15:12 (45.5%)	6:40	9 (54.5%)
378	GÓZDŹ Hanna	457	JAŚ BIEGA	K60	4	00:00:38	00:33:26.20	00:34:04.40	+00:15:15 (45.6%)	6:41	9 (54.5%)
379	JANKOWIAK Barbara	806		K40	78	00:01:15	00:33:27.75	00:34:43.25	+00:15:16 (45.7%)	6:41	9 (54.5%)
380	NOWAKOWSKA Anna	1289		K30	138	00:00:12	00:33:31.95	00:33:44.80	+00:15:21 (45.8%)	6:42	8.9 (53.9%)
381	WIŚNIEWSKA Ewa	661		K40	79	00:00:53	00:33:35.75	00:34:28.85	+00:15:24 (45.9%)	6:43	8.9 (53.9%)
382	ANDRYSZAK Karolina	423		K40	80	00:01:30	00:33:41.30	00:35:11.90	+00:15:30 (46.0%)	6:44	8.9 (53.9%)
383	KLIMKIEWICZ Elżbieta	770		K10	24	00:01:17	00:33:42.10	00:34:59.80	+00:15:31 (46.0%)	6:44	8.9 (53.9%)
384	WALKOWIAK Greta	310	RAFSONGA	K50	16	00:00:38	00:33:42.60	00:34:21.00	+00:15:31 (46.1%)	6:44	8.9 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	SZULC Joanna	1111		K30	139	00:01:29	00:33:42.65	00:35:11.95	+00:15:31 (46.1%)	6:44	8.9 (53.9%)
386	HILLER Marta	1333	HILLERTEAM	K20	112	00:01:36	00:33:56.70	00:35:33.05	+00:15:45 (46.4%)	6:47	8.8 (53.3%)
387	KUFEL Maria	1350		K20	113	00:01:36	00:33:56.85	00:35:33.05	+00:15:45 (46.4%)	6:47	8.8 (53.3%)
388	MRÓWCZYŃSKA Agnieszka	735	MRÓWKI	K30	140	00:00:39	00:33:59.30	00:34:38.80	+00:15:48 (46.5%)	6:47	8.8 (53.3%)
389	FINGAS Natalia	1126		K20	114	00:01:17	00:34:16.15	00:35:33.50	+00:16:05 (46.9%)	6:51	8.8 (53.3%)
390	GADASZEWSKA Marta	1348	STEP	K20	115	00:01:41	00:34:34.70	00:36:16.30	+00:16:23 (47.4%)	6:55	8.7 (52.7%)
391	PRZERACKA Violetta	420	BYDGOSZCZ	K40	81	00:01:34	00:34:39.55	00:36:14.30	+00:16:28 (47.5%)	6:56	8.7 (52.7%)
392	OLECHNOWICZ Aneta	754	RÓŻOWA KSIĘŻNICZKA	K10	25	00:02:19	00:34:41.20	00:37:01.00	+00:16:30 (47.6%)	6:56	8.6 (52.1%)
393	BOSAK Patrycja	1401		K30	141	00:01:42	00:34:43.00	00:36:25.35	+00:16:32 (47.6%)	6:56	8.6 (52.1%)
394	ANDRZEJCZAK Natalia	604		K20	116	00:00:53	00:34:46.85	00:35:40.10	+00:16:35 (47.7%)	6:57	8.6 (52.1%)
395	STĘPSKA Krystyna	386		K40	82	00:00:13	00:34:48.90	00:35:02.10	+00:16:37 (47.8%)	6:57	8.6 (52.1%)
396	JENDRZEJEWSKA Joanna	60		K20	117	00:01:38	00:34:49.80	00:36:27.80	+00:16:38 (47.8%)	6:57	8.6 (52.1%)
397	MINISZEWSKA Irena	462		K30	142	00:01:06	00:34:55.40	00:36:02.00	+00:16:44 (47.9%)	6:59	8.6 (52.1%)
398	ROLIRAD Barbara	1028		K20	118	00:01:41	00:34:58.60	00:36:40.20	+00:16:47 (48.0%)	6:59	8.6 (52.1%)
399	JAROCKA Aleksandra	1196		K20	119	00:01:41	00:34:59.00	00:36:40.50	+00:16:48 (48.0%)	6:59	8.6 (52.1%)
400	RUDNICKI Karolina	31	TASAK TEAM	K30	143	00:00:50	00:35:00.20	00:35:50.70	+00:16:49 (48.1%)	7:00	8.6 (52.1%)
401	FOLERZYŃSKA Sandra	222		K20	120	00:01:25	00:35:10.70	00:36:35.95	+00:16:59 (48.3%)	7:02	8.5 (51.5%)
402	BILKIEWICZ Anna Maria	741		K40	83	00:01:26	00:35:10.95	00:36:36.95	+00:17:00 (48.3%)	7:02	8.5 (51.5%)
403	ŁAKOMSKA Anna	811		K40	84	00:00:30	00:35:17.15	00:35:47.50	+00:17:06 (48.5%)	7:03	8.5 (51.5%)
404	KRÓL Marta	18	GRAŻYNY BIEGANIA	K20	121	00:01:19	00:35:21.30	00:36:40.40	+00:17:10 (48.6%)	7:04	8.5 (51.5%)
405	MAJORKOWSKA Anna	1009	DREAMTEAM	K40	85	00:01:00	00:35:25.60	00:36:26.50	+00:17:14 (48.7%)	7:05	8.5 (51.5%)
406	PIJAROWSKA Angelika	623		K20	122	00:00:53	00:35:27.75	00:36:21.30	+00:17:16 (48.7%)	7:05	8.5 (51.5%)
407	DOMERADZKA Jagoda	1119		K20	123	00:01:25	00:35:32.10	00:36:57.70	+00:17:21 (48.8%)	7:06	8.4 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	STĘPSKA Aleksandra	1120		K10	26	00:00:13	00:35:32.25	00:35:46.15	+00:17:21 (48.8%)	7:06	8.4 (50.9%)
409	CZYŻYCKA Beata	667		K40	86	00:01:36	00:35:47.45	00:37:23.50	+00:17:36 (49.2%)	7:09	8.4 (50.9%)
410	WITKOWSKA Kamila	45		K20	124	00:00:27	00:35:54.95	00:36:22.25	+00:17:44 (49.4%)	7:11	8.4 (50.9%)
411	DUL Paulina	914		K18	12	00:01:28	00:35:57.80	00:37:26.10	+00:17:46 (49.4%)	7:11	8.3 (50.3%)
412	STACHOWSKA Aleksandra	886		K30	144	00:00:59	00:36:03.55	00:37:03.40	+00:17:52 (49.6%)	7:12	8.3 (50.3%)
413	TUBAJA Anita	57	KABEL TEAM BYDGOSZCZ	K30	145	00:00:45	00:36:12.05	00:36:57.30	+00:18:01 (49.8%)	7:14	8.3 (50.3%)
414	CSONOPIOLI Viktoria	1447		K30	146	00:00:37	00:36:15.20	00:36:52.60	+00:18:04 (49.8%)	7:15	8.3 (50.3%)
415	LEWICKA Antonina	475	VILO	K10	27	00:01:31	00:36:16.20	00:37:47.60	+00:18:05 (49.9%)	7:15	8.3 (50.3%)
416	LEWICKA Julia	477	VILO	K10	28	00:01:31	00:36:16.30	00:37:47.70	+00:18:05 (49.9%)	7:15	8.3 (50.3%)
417	CYBUL Anna	1342		K40	87	00:00:57	00:36:24.75	00:37:22.30	+00:18:13 (50.1%)	7:17	8.2 (49.7%)
418	PARTATUS-SKRZYPIŃSKA Barbara	1192		K30	147	00:00:16	00:36:33.35	00:36:49.55	+00:18:22 (50.3%)	7:18	8.2 (49.7%)
419	SAWICKA Alicja	527		K40	88	00:01:23	00:36:33.40	00:37:56.40	+00:18:22 (50.3%)	7:18	8.2 (49.7%)
420	LEPPERT Marta	1152	BBL SZUBIN	K60	5	00:01:11	00:36:37.20	00:37:48.50	+00:18:26 (50.3%)	7:19	8.2 (49.7%)
421	KAPTUR Małgorzata	613		K30	148	00:01:33	00:36:37.85	00:38:10.95	+00:18:26 (50.4%)	7:19	8.2 (49.7%)
422	SZMELTER Jagoda	674		K20	125	00:00:59	00:36:50.55	00:37:49.80	+00:18:39 (50.6%)	7:22	8.1 (49.1%)
423	GROCHOWALSKA Maja	202	GROSZKI	K10	29	00:01:10	00:36:53.00	00:38:03.65	+00:18:42 (50.7%)	7:22	8.1 (49.1%)
424	GROCHOWALSKA Marzena	199	GROSZKI	K30	149	00:01:10	00:36:53.45	00:38:03.50	+00:18:42 (50.7%)	7:22	8.1 (49.1%)
425	KLUCZYŃSKA Blanka	44		K30	150	00:01:01	00:37:05.00	00:38:06.05	+00:18:54 (51.0%)	7:25	8.1 (49.1%)
426	CIEMNY Sylwia	901		K20	126	00:01:24	00:37:19.50	00:38:44.10	+00:19:08 (51.3%)	7:28	8 (48.5%)
427	FARBOTKO Anna	1082	GALACTICA.PL	K40	89	00:01:32	00:37:29.00	00:39:01.95	+00:19:18 (51.5%)	7:29	8 (48.5%)
428	RUTKOWSKA Ania	637		K40	90	00:01:32	00:37:30.15	00:39:02.50	+00:19:19 (51.5%)	7:30	8 (48.5%)
429	ZELEK Aleksandra	995		K40	91	00:01:36	00:37:53.60	00:39:30.55	+00:19:42 (52.0%)	7:34	7.9 (47.9%)
430	PŁOCKA Patrycja	923		K30	151	00:00:42	00:39:15.55	00:39:58.25	+00:21:04 (53.7%)	7:51	7.6 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	SMOLEŃ Aleksandra	292		K10	30	00:01:55	00:39:57.50	00:41:52.90	+00:21:46 (54.5%)	7:59	7.5 (45.5%)
432	SMOLEŃ Joanna	291		K30	152	00:01:55	00:39:58.95	00:41:54.50	+00:21:48 (54.5%)	7:59	7.5 (45.5%)
433	STANISZEWSKA Aleksandra	832		K20	127	00:00:31	00:40:34.80	00:41:05.90	+00:22:23 (55.2%)	8:06	7.4 (44.8%)
434	UMIŃSKA Anna	799		K30	153	00:01:24	00:40:50.15	00:42:15.10	+00:22:39 (55.5%)	8:10	7.3 (44.2%)
435	MINDIKOWSKA Julia	139		K10	31	00:01:12	00:41:15.25	00:42:27.25	+00:23:04 (55.9%)	8:15	7.3 (44.2%)
436	MINDIKOWSKA Agnieszka	136		K30	154	00:01:11	00:42:34.15	00:43:45.90	+00:24:23 (57.3%)	8:30	7 (42.4%)
437	PŁÓCIENNICZAK Izabella	645	IZA Z MATIZA, MONIKA Z CIĄGNIKA	K30	155	00:01:42	00:44:53.45	00:46:36.30	+00:26:42 (59.5%)	8:58	6.7 (40.6%)
438	KUTOWSKA Oliwia	307	INTERACT CLUB BYDGOSZCZ	K10	32	00:01:03	00:45:31.70	00:46:35.60	+00:27:20 (60.1%)	9:06	6.6 (40.0%)
439	HASSI Iwona (Ivet)	793	DYNAMO SKARPA	K40	92	00:00:40	00:49:09.40	00:49:50.30	+00:30:58 (63.0%)	9:50	6.1 (37.0%)
440	- -	733		K20	128	00:00:26			+00:09:19	5:30	10.9 (66.1%)
	BOREK Lena	1258		K10		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 441 wynik(ów)