



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organiser: Miasto Bydgoszcz
Date: 2024-04-14
Place: Bydgoszcz
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K20

Place	Participant	Number	Club	Category	MCat	sponsorzy	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	RZESZOTARSKA Aleksandra	912	TEAM RUDNIK	K20	1	1	00:00:05	00:21:43.90	00:21:49.10		4:20	13.8 (100%)
2	PŁACHECKA Angelika	820		K20	2		00:00:14	00:22:59.40	00:23:13.75	+00:01:15 (5.5%)	4:35	13.1 (94.9%)
3	FRAĆKOWIAK Agata	210	KOTLOWSKIRUNTEAM	K20	3		00:00:09	00:23:00.85	00:23:10.25	+00:01:16 (5.6%)	4:36	13 (94.2%)
4	FRYDRYCH Daria	211		K20	4		00:00:44	00:24:36.00	00:25:20.40	+00:02:52 (11.7%)	4:55	12.2 (88.4%)
5	KUBIŃSKA Klaudyna	535		K20	5		00:00:13	00:25:31.20	00:25:45.10	+00:03:47 (14.8%)	5:06	11.8 (85.5%)
6	BIEGAŃSKA Monika	46	SPALANIA OPONKI	K20	6		00:00:50	00:25:43.15	00:26:33.20	+00:03:59 (15.5%)	5:08	11.7 (84.8%)
7	RYCZAK Julia	903		K20	7		00:00:07	00:25:53.75	00:26:01.35	+00:04:09 (16.1%)	5:10	11.6 (84.1%)
8	TRAWCZYŃSKA Katarzyna	1057	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	8		00:00:43	00:26:06.90	00:26:49.90	+00:04:23 (16.8%)	5:13	11.5 (83.3%)
9	KUFEL Viola	540		K20	9		00:01:06	00:26:09.40	00:27:15.60	+00:04:25 (16.9%)	5:13	11.5 (83.3%)
10	DZIELAK Marta	189	SAPER TEAM	K20	10		00:00:19	00:26:15.95	00:26:35.55	+00:04:32 (17.3%)	5:15	11.4 (82.6%)
11	WOŹNIAK Agnieszka	1151		K20	11		00:00:21	00:26:33.20	00:26:54.80	+00:04:49 (18.2%)	5:18	11.3 (81.9%)
12	SZATKOWSKA Natalia	1001	RUN BYDGOSZCZ	K20	12		00:00:21	00:26:34.60	00:26:56.15	+00:04:50 (18.2%)	5:18	11.3 (81.9%)
13	SENIO Marta	924		K20	13		00:00:57	00:27:56.45	00:28:54.00	+00:06:12 (22.2%)	5:35	10.7 (77.5%)
14	GAMELSKA Julia	226		K20	14		00:01:27	00:28:09.70	00:29:36.95	+00:06:25 (22.8%)	5:37	10.7 (77.5%)
15	SZKOPIAK Oliwia	1014		K20	15		00:01:11	00:28:27.35	00:29:38.40	+00:06:43 (23.6%)	5:41	10.5 (76.1%)
16	WAJER Marita	1081		K20	16		00:00:32	00:28:30.15	00:29:02.60	+00:06:46 (23.8%)	5:42	10.5 (76.1%)

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17	WIRWICKA Magdalena	1112		K20	17	00:00:14	00:28:51.35	00:29:05.85	+00:07:07 (24.7%)	5:46	10.4 (75.4%)
18	STRYBEL Małgorzata	982		K20	18	00:01:24	00:29:08.85	00:30:33.40	+00:07:24 (25.4%)	5:49	10.3 (74.6%)
19	MICHALSKA Karolina	661	KAROFITKA	K20	19	00:00:49	00:29:18.15	00:30:07.40	+00:07:34 (25.8%)	5:51	10.2 (73.9%)
20	KRZESZEWSKA Magdalena	530		K20	20	00:00:40	00:29:26.80	00:30:06.95	+00:07:42 (26.2%)	5:53	10.2 (73.9%)
21	KARBOWIAK Katarzyna	413		K20	21	00:01:45	00:29:52.70	00:31:37.75	+00:08:08 (27.3%)	5:58	10 (72.5%)
22	BUCZKOWSKA Klaudia	75		K20	22	00:01:17	00:30:16.70	00:31:33.95	+00:08:32 (28.2%)	6:03	9.9 (71.7%)
23	POLEWKA Aleksandra	1303	UKS KOMETA GLIWICE	K20	23	00:01:04	00:30:34.10	00:31:38.20	+00:08:50 (28.9%)	6:06	9.8 (71.0%)
24	CIECIÓRSKA Justyna	1239		K20	24	00:00:41	00:30:53.65	00:31:34.70	+00:09:09 (29.7%)	6:10	9.7 (70.3%)
25	ISHCHENKO Daria	327		K20	25	00:01:17	00:30:55.40	00:32:13.10	+00:09:11 (29.7%)	6:11	9.7 (70.3%)
26	SIEKIERKOWSKA Wiktoria	928		K20	26	00:00:41	00:31:03.70	00:31:45.30	+00:09:19 (30.0%)	6:12	9.7 (70.3%)
27	BARANEK Aleksandra	25		K20	27	00:00:24	00:31:06.40	00:31:31.30	+00:09:22 (30.1%)	6:13	9.6 (69.6%)
28	ZYGIEL Paulina	1188		K20	28	00:00:17	00:31:14.95	00:31:32.75	+00:09:31 (30.5%)	6:14	9.6 (69.6%)
29	FYDRYCH Dagmara	214		K20	29	00:00:33	00:31:54.90	00:32:28.45	+00:10:11 (31.9%)	6:22	9.4 (68.1%)
30	GIERSZEWSKA Kinga	237		K20	30	00:00:39	00:32:15.40	00:32:54.80	+00:10:31 (32.6%)	6:27	9.3 (67.4%)
31	PARADOWSKA Natalia	770	RUN BYDGOSZCZ	K20	31	00:00:00	00:32:17.45	00:32:17.45	+00:10:33 (32.7%)	6:27	9.3 (67.4%)
32	DEMBSKA Patrycja	148	TEAM PATROL	K20	32	00:01:07	00:32:30.80	00:33:38.05	+00:10:46 (33.2%)	6:30	9.2 (66.7%)
33	KNIOŁA Lucyna	1255		K20	33	00:00:32	00:33:12.55	00:33:44.55	+00:11:28 (34.6%)	6:38	9 (65.2%)
34	WOŹNA Patrycja	1145		K20	34	00:01:48	00:33:46.85	00:35:35.25	+00:12:02 (35.7%)	6:45	8.9 (64.5%)
35	NOWAKOWSKA Izabella	729		K20	35	00:02:06	00:33:48.20	00:35:54.85	+00:12:04 (35.7%)	6:45	8.9 (64.5%)
36	PUDO Daria	844		K20	36	00:00:53	00:34:13.90	00:35:07.30	+00:12:30 (36.5%)	6:50	8.8 (63.8%)
37	KACZMAREK Judyta	393		K20	37	00:02:04	00:34:14.00	00:36:18.75	+00:12:30 (36.5%)	6:50	8.8 (63.8%)
38	MATUSIAK Natalia	648		K20	38	00:01:22	00:34:17.30	00:35:39.55	+00:12:33 (36.6%)	6:51	8.8 (63.8%)
39	OLSZEWSKA Joanna	741		K20	39	00:00:55	00:34:27.00	00:35:22.00	+00:12:43 (36.9%)	6:53	8.7 (63.0%)

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40	WOJNOWSKA Joanna	1136		K20	40		00:00:55	00:34:36.45	00:35:31.45	+00:12:52 (37.2%)	6:55	8.7 (63.0%)
41	RZEPA Karolina	909	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	41		00:01:55	00:34:37.10	00:36:32.90	+00:12:53 (37.2%)	6:55	8.7 (63.0%)
42	URBAŃCZYK Justyna	1073		K20	42		00:01:22	00:34:51.95	00:36:14.40	+00:13:08 (37.7%)	6:58	8.6 (62.3%)
43	GĄSIOROWSKA Marta	231		K20	43		00:01:46	00:34:55.30	00:36:41.65	+00:13:11 (37.8%)	6:59	8.6 (62.3%)
44	LOSKOT Paulina	598	KALORYFER	K20	44		00:01:38	00:35:14.10	00:36:52.20	+00:13:30 (38.3%)	7:02	8.5 (61.6%)
45	SZEMROWICZ Kamila	1011		K20	45		00:01:22	00:35:23.60	00:36:45.95	+00:13:39 (38.6%)	7:04	8.5 (61.6%)
46	PIECZYŃSKA Maja	794		K20	46		00:00:51	00:35:43.30	00:36:34.75	+00:13:59 (39.2%)	7:08	8.4 (60.9%)
47	SZYMCZAK Magdalena	1028		K20	47		00:00:39	00:36:26.35	00:37:05.40	+00:14:42 (40.4%)	7:17	8.2 (59.4%)
48	NOWAK Paulina	728		K20	48		00:01:39	00:36:31.10	00:38:10.65	+00:14:47 (40.5%)	7:18	8.2 (59.4%)
49	DUBIELEWSKA Joanna	180	KALORYFER	K20	49		00:01:38	00:36:43.40	00:38:21.55	+00:14:59 (40.8%)	7:20	8.2 (59.4%)
50	PATZER Patrycja	775		K20	50		00:02:04	00:37:58.20	00:40:02.85	+00:16:14 (42.8%)	7:35	7.9 (57.2%)
51	KWAŚNIEWSKA Justyna	554		K20	51		00:01:26	00:38:29.45	00:39:55.60	+00:16:45 (43.5%)	7:41	7.8 (56.5%)
52	MAZUR Karolina	654		K20	52		00:01:26	00:38:50.40	00:40:17.30	+00:17:06 (44.0%)	7:46	7.7 (55.8%)
53	BIESEK Oliwia	56		K20	53		00:01:00	00:39:14.85	00:40:15.55	+00:17:30 (44.6%)	7:50	7.6 (55.1%)
54	ŻUCHOWSKA Emilia	1191		K20	54		00:01:30	00:39:56.25	00:41:27.10	+00:18:12 (45.6%)	7:59	7.5 (54.3%)
55	SKOWRON Inga	944	MANY TEAM	K20	55		00:01:08	00:40:15.25	00:41:23.50	+00:18:31 (46.0%)	8:03	7.5 (54.3%)
56	NIEŚCIERUK Monika	721		K20	56		00:01:51	00:40:40.80	00:42:32.75	+00:18:56 (46.6%)	8:08	7.4 (53.6%)
57	MALESZA Paulina	623		K20	57		00:00:50	00:43:16.10	00:44:06.60	+00:21:32 (49.8%)	8:39	6.9 (50.0%)
58	ŻUBKOWSKA Kornelia	1190	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	58		00:00:17	00:46:33.20	00:46:50.75	+00:24:49 (53.3%)	9:18	6.4 (46.4%)
59	ŚWIĄTEK Katarzyna	1038	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	K20	59		00:00:18	00:47:57.40	00:48:15.55	+00:26:13 (54.7%)	9:35	6.3 (45.7%)

Total 59 results.