



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organiser: Miasto Bydgoszcz
Date: 2017-04-23
Place: Bydgoszcz
Distance: 5 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Classification: K20

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WOJDAT Marta	382	FIT MAX GYM	K20	1	00:00:20	00:20:30.35	00:20:50.45		4:06	14.6 (100%)
2	WNEK Natalia	1200		K20	2	00:00:14	00:21:05.25	00:21:19.35	+00:00:34 (2.8%)	4:13	14.2 (97.3%)
3	SKORNIA Eliza	1325		K20	3	00:01:03	00:21:37.90	00:22:41.70	+00:01:07 (5.2%)	4:19	13.9 (95.2%)
4	JANIKOWSKA Awa	114	CZARNE STOPY.SM	K20	4	00:00:13	00:22:15.55	00:22:28.85	+00:01:45 (7.9%)	4:27	13.5 (92.5%)
5	BARTOSZYŃSKA Milena	524		K20	5	00:00:32	00:23:10.50	00:23:43.05	+00:02:40 (11.5%)	4:38	12.9 (88.4%)
6	KRUBER Karolina	1272		K20	6	00:00:37	00:23:50.15	00:24:27.80	+00:03:19 (14.0%)	4:46	12.6 (86.3%)
7	MURAVITSKAYA Alesia	1250		K20	7	00:00:45	00:23:57.00	00:24:42.25	+00:03:26 (14.4%)	4:47	12.5 (85.6%)
8	GARBACIAK Ewa	1174		K20	8	00:00:18	00:24:05.40	00:24:23.40	+00:03:35 (14.9%)	4:49	12.5 (85.6%)
9	GRABOWSKA Dominika	1274	MOC I SIŁA	K20	9	00:00:35	00:24:10.15	00:24:45.55	+00:03:39 (15.2%)	4:50	12.4 (84.9%)
10	ZIELIŃSKA Karolina	1157		K20	10	00:00:14	00:24:21.90	00:24:36.70	+00:03:51 (15.8%)	4:52	12.3 (84.2%)
11	MICHALAK Wiktoria	1235		K20	11	00:00:29	00:24:22.95	00:24:52.70	+00:03:52 (15.9%)	4:52	12.3 (84.2%)
12	NOWAK Roksana	154	AZS COLLEGIUM MEDICUM W BYDGOSZCZY	K20	12	00:00:23	00:24:23.40	00:24:47.10	+00:03:53 (15.9%)	4:52	12.3 (84.2%)
13	SAK Joanna	1131		K20	13	00:00:38	00:24:34.35	00:25:12.60	+00:04:04 (16.5%)	4:54	12.2 (83.6%)
14	KLÓSKA Natalia	464	SPÓJNIA BIAŁE BŁOTA	K20	14	00:00:14	00:24:40.15	00:24:54.35	+00:04:09 (16.9%)	4:56	12.2 (83.6%)
15	KRYSZTOFINSKA Aneta	1155	WSG BYDGOSZCZ	K20	15	00:00:21	00:24:52.95	00:25:14.65	+00:04:22 (17.6%)	4:58	12.1 (82.9%)
16	SMAGAGOWSKA Anna	1047		K20	16	00:00:21	00:25:08.80	00:25:30.50	+00:04:38 (18.5%)	5:01	11.9 (81.5%)
17	PRZYBYLSKA Anna	747	LOS KUMPLOS	K20	17	00:00:07	00:25:16.85	00:25:24.00	+00:04:46 (18.9%)	5:03	11.9 (81.5%)
18	BESSER Joanna	116		K20	18	00:00:09	00:25:19.95	00:25:29.05	+00:04:49 (19.1%)	5:04	11.8 (80.8%)
19	KOPACZEWSKA Agata	974		K20	19	00:00:42	00:25:27.90	00:26:10.15	+00:04:57 (19.5%)	5:05	11.8 (80.8%)
20	BRUDNOCH Aleksandra	820		K20	20	00:00:16	00:25:31.35	00:25:47.65	+00:05:01 (19.7%)	5:06	11.8 (80.8%)
21	DOBUCKA Katarzyna	290	CHONAROWER.PL	K20	21	00:00:48	00:25:32.45	00:26:21.10	+00:05:02 (19.7%)	5:06	11.7 (80.1%)
22	DOBBER Anna	702	MAŁA MI	K20	22	00:00:09	00:25:41.00	00:25:50.90	+00:05:10 (20.2%)	5:08	11.7 (80.1%)
23	NITKA Dominika	274		K20	23	00:00:41	00:25:47.85	00:26:29.50	+00:05:17 (20.5%)	5:09	11.6 (79.5%)
24	HOŁOWNIA Karolina	157		K20	24	00:00:50	00:25:53.35	00:26:43.90	+00:05:23 (20.8%)	5:10	11.6 (79.5%)
25	WOSZCZYK Agnieszka	1207		K20	25	00:00:44	00:25:59.15	00:26:43.30	+00:05:28 (21.1%)	5:11	11.5 (78.8%)
26	ORZAŁKIEWICZ Agata	722		K20	26	00:01:42	00:26:03.70	00:27:46.55	+00:05:33 (21.3%)	5:12	11.5 (78.8%)
27	KUBEŁ Marta	694	CWZS ZAWISZA / WSG BYDGOSZCZ	K20	27	00:00:30	00:26:09.00	00:26:39.35	+00:05:38 (21.6%)	5:13	11.5 (78.8%)
28	SKWAREK Oliwia	1318		K20	28	00:00:50	00:26:12.30	00:27:02.65	+00:05:41 (21.7%)	5:14	11.5 (78.8%)
29	JAKUBIEC Adrianna	1243		K20	29	00:00:40	00:26:13.50	00:26:53.85	+00:05:43 (21.8%)	5:14	11.4 (78.1%)
30	HANCZEWSKA Sonia	514		K20	30	00:00:19	00:26:21.50	00:26:41.10	+00:05:51 (22.2%)	5:16	11.4 (78.1%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
31	ANDRZEJEWSKA Sylwia	1369		K20	31	00:01:14	00:26:23.10	00:27:37.60	+00:05:52 (22.3%)	5:16	11.4 (78.1%)
32	BRONA Ewelina	1065		K20	32	00:00:57	00:26:28.05	00:27:25.90	+00:05:57 (22.5%)	5:17	11.3 (77.4%)
33	WOJDAT Dominika	190		K20	33	00:01:07	00:26:29.60	00:27:37.15	+00:05:59 (22.6%)	5:18	11.3 (77.4%)
34	JESZKA Adrianna	368		K20	34	00:00:27	00:26:33.70	00:27:00.70	+00:06:03 (22.8%)	5:18	11.3 (77.4%)
35	SKURCZYŃSKA Magdalena	849		K20	35	00:00:03	00:26:42.60	00:26:46.40	+00:06:12 (23.2%)	5:20	11.2 (76.7%)
36	AFELT Luiza	909		K20	36	00:00:49	00:26:47.25	00:27:37.10	+00:06:16 (23.4%)	5:21	11.2 (76.7%)
37	CEMKE Magdalena	329		K20	37	00:00:58	00:26:48.40	00:27:46.55	+00:06:18 (23.5%)	5:21	11.2 (76.7%)
38	KALINOWSKA Patrycja	964		K20	38	00:00:44	00:26:57.80	00:27:42.65	+00:06:27 (23.9%)	5:23	11.1 (76.0%)
39	ADAMCZYK Sonia	771	KLUB ZDROWEGO STYLU ŻYCIA	K20	39	00:00:05	00:27:00.35	00:27:06.10	+00:06:30 (24.1%)	5:24	11.1 (76.0%)
40	DRÓZDŹ Małgorzata	1048		K20	40	00:01:15	00:27:05.55	00:28:20.85	+00:06:35 (24.3%)	5:25	11.1 (76.0%)
41	SOKÓŁ Krystyna	22		K20	41	00:01:35	00:27:15.55	00:28:51.15	+00:06:45 (24.8%)	5:27	11 (75.3%)
42	ZYGMUNT Paulina	241		K20	42	00:00:23	00:27:22.85	00:27:46.15	+00:06:52 (25.1%)	5:28	11 (75.3%)
43	CHWEDORCZUK Diana	313		K20	43	00:00:20	00:27:23.65	00:27:43.85	+00:06:53 (25.1%)	5:28	11 (75.3%)
44	GRZONKA Emilia	1050		K20	44	00:00:30	00:27:24.45	00:27:54.55	+00:06:54 (25.2%)	5:28	10.9 (74.7%)
45	PILIUKH Marharyta	1142		K20	45	00:00:47	00:27:31.65	00:28:19.15	+00:07:01 (25.5%)	5:30	10.9 (74.7%)
46	WIŚNIEWSKA Karolina	365		K20	46	00:00:33	00:27:32.35	00:28:05.80	+00:07:02 (25.5%)	5:30	10.9 (74.7%)
47	OBREMSKA Natalia	182		K20	47	00:01:02	00:27:43.75	00:28:46.00	+00:07:13 (26.0%)	5:32	10.8 (74.0%)
48	LOOSE Paulina	748	LOS KUMPLOS	K20	48	00:00:07	00:27:44.40	00:27:51.60	+00:07:14 (26.1%)	5:32	10.8 (74.0%)
49	JUNKA Karolina	682		K20	49	00:00:36	00:27:52.50	00:28:28.80	+00:07:22 (26.4%)	5:34	10.8 (74.0%)
50	CHRÓŚCIŃSKA Justyna	19	GORDON RUN	K20	50	00:01:20	00:27:53.55	00:29:13.95	+00:07:23 (26.5%)	5:34	10.8 (74.0%)
51	KENSIK Joanna	949		K20	51	00:01:25	00:27:57.70	00:29:22.70	+00:07:27 (26.7%)	5:35	10.7 (73.3%)
52	SKORNIA Marika	1322		K20	52	00:01:04	00:28:02.60	00:29:07.20	+00:07:32 (26.9%)	5:36	10.7 (73.3%)
53	PRZYBYŁA Agata	1094		K20	53	00:00:43	00:28:17.50	00:29:01.40	+00:07:47 (27.5%)	5:39	10.6 (72.6%)
54	KRASZKIEWICZ Monika	777	BIEGNĘ ZA MARTYNKĘ	K20	54	00:01:08	00:28:18.60	00:29:26.90	+00:07:48 (27.6%)	5:39	10.6 (72.6%)
55	OŻGA Agnieszka	325		K20	55	00:01:20	00:28:18.85	00:29:38.90	+00:07:48 (27.6%)	5:39	10.6 (72.6%)
56	ZABDYR Ewelina	1148		K20	56	00:01:37	00:28:20.00	00:29:57.10	+00:07:49 (27.6%)	5:40	10.6 (72.6%)
57	GRZECHOWIAK Ania	634		K20	57	00:01:42	00:28:20.95	00:30:03.60	+00:07:50 (27.7%)	5:40	10.6 (72.6%)
58	AMBROZIAK Martyna	884		K20	58	00:01:00	00:28:22.45	00:29:22.65	+00:07:52 (27.7%)	5:40	10.6 (72.6%)
59	MIKLER Aleksandra	1416		K20	59	00:01:04	00:28:23.90	00:29:28.80	+00:07:53 (27.8%)	5:40	10.6 (72.6%)
60	GRZYWACZ Agata	247		K20	60	00:00:14	00:28:30.00	00:28:44.20	+00:07:59 (28.0%)	5:42	10.5 (71.9%)
61	GIZIŃSKA Aleksandra	129	RAFSONGA	K20	61	00:00:41	00:28:33.65	00:29:14.80	+00:08:03 (28.2%)	5:42	10.5 (71.9%)
62	TARASZKA Olga	1423	JRG 1 INOWROCŁAW	K20	62	00:01:00	00:28:33.80	00:29:34.45	+00:08:03 (28.2%)	5:42	10.5 (71.9%)
63	CHMIELARZ Karina	835		K20	63	00:01:00	00:28:51.55	00:29:52.20	+00:08:21 (28.9%)	5:46	10.4 (71.2%)
64	GRUSZCZYŃSKA Monika	1218		K20	64	00:00:13	00:28:53.25	00:29:06.55	+00:08:22 (29.0%)	5:46	10.4 (71.2%)
65	JARMOŁOWICZ Aleksandra	1269		K20	65	00:00:57	00:28:56.45	00:29:53.65	+00:08:26 (29.1%)	5:47	10.4 (71.2%)
66	WIŚNIEWSKA-KACZOR Iga	371		K20	66	00:01:11	00:29:01.45	00:30:12.75	+00:08:31 (29.3%)	5:48	10.3 (70.5%)
67	PRZYGOCKA Katarzyna	1167		K20	67	00:00:14	00:29:11.60	00:29:26.50	+00:08:41 (29.8%)	5:50	10.3 (70.5%)
68	CZECZINSKA Pamela	857		K20	68	00:01:03	00:29:15.60	00:30:19.10	+00:08:45 (29.9%)	5:51	10.3 (70.5%)
69	SIUDA Anita	220		K20	69	00:00:11	00:29:15.85	00:29:27.65	+00:08:45 (29.9%)	5:51	10.3 (70.5%)
70	URBAŃSKA Patrycja	289		K20	70	00:00:34	00:29:16.50	00:29:50.60	+00:08:46 (30.0%)	5:51	10.3 (70.5%)
71	CZECH Dominika	699		K20	71	00:00:44	00:29:19.05	00:30:04.00	+00:08:48 (30.1%)	5:52	10.2 (69.9%)
72	WILMA Patrycja	814		K20	72	00:01:07	00:29:22.85	00:30:30.40	+00:08:52 (30.2%)	5:52	10.2 (69.9%)
73	BUBLIK Aleksandra	245		K20	73	00:01:02	00:29:24.50	00:30:27.40	+00:08:54 (30.3%)	5:53	10.2 (69.9%)
74	WĘGLARZ Arleta	706		K20	74	00:00:37	00:29:27.15	00:30:04.15	+00:08:56 (30.4%)	5:53	10.2 (69.9%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
75	TOMCZAK Marzena	1161		K20	75	00:00:39	00:29:28.05	00:30:07.55	+00:08:57 (30.4%)	5:53	10.2 (69.9%)
76	MOLENDĄ Patrycja	768	KLINIKĄ TRIATHLONU TEAM	K20	76	00:01:30	00:29:35.35	00:31:06.10	+00:09:05 (30.7%)	5:55	10.1 (69.2%)
77	PRZEWOŹNIAK Marta	780		K20	77	00:01:06	00:29:36.40	00:30:43.00	+00:09:06 (30.7%)	5:55	10.1 (69.2%)
78	GRABARSKĄ Agata	1023		K20	78	00:00:43	00:29:39.70	00:30:23.30	+00:09:09 (30.9%)	5:56	10.1 (69.2%)
79	BRONIKOWSKĄ Berenike	839		K20	79	00:01:51	00:29:41.90	00:31:32.90	+00:09:11 (31.0%)	5:56	10.1 (69.2%)
80	SKWAREK Agata	1319		K20	80	00:00:51	00:29:43.30	00:30:35.15	+00:09:12 (31.0%)	5:56	10.1 (69.2%)
81	KUFLEWICZ Justyna	755		K20	81	00:00:58	00:29:50.40	00:30:48.40	+00:09:20 (31.3%)	5:58	10.1 (69.2%)
82	KWASIGROCH Ida	836		K20	82	00:01:36	00:29:53.90	00:31:30.05	+00:09:23 (31.4%)	5:58	10 (68.5%)
83	MIKĄ Monika	417		K20	83	00:01:38	00:29:57.75	00:31:35.95	+00:09:27 (31.6%)	5:59	10 (68.5%)
84	MŁYNARCZYK Monika	1019		K20	84	00:00:51	00:30:00.40	00:30:52.10	+00:09:30 (31.7%)	6:00	10 (68.5%)
85	RAUNEST Katarzyna	599		K20	85	00:01:21	00:30:01.45	00:31:23.15	+00:09:31 (31.7%)	6:00	10 (68.5%)
86	SOSIŃSKĄ Agata	146		K20	86	00:00:48	00:30:09.40	00:30:57.60	+00:09:39 (32.0%)	6:01	10 (68.5%)
87	NOWAK Anna	380		K20	87	00:00:06	00:30:18.80	00:30:25.60	+00:09:48 (32.4%)	6:03	9.9 (67.8%)
88	STELMACH Agata	1188	3ATHLETE	K20	88	00:01:08	00:30:20.50	00:31:29.45	+00:09:50 (32.4%)	6:04	9.9 (67.8%)
89	SOBCZYŃSKĄ Aleksandra	112	GRAŹYNY BIEGANIA	K20	89	00:01:19	00:30:23.35	00:31:42.55	+00:09:53 (32.5%)	6:04	9.9 (67.8%)
90	PŁACZKOWSKĄ Justyna	449	WEEKENDOWY BIEGACZ	K20	90	00:00:18	00:30:24.95	00:30:42.95	+00:09:54 (32.6%)	6:04	9.9 (67.8%)
91	GRABSKĄ Sylwia	278		K20	91	00:00:35	00:30:27.80	00:31:02.90	+00:09:57 (32.7%)	6:05	9.9 (67.8%)
92	WAWERKĄ Aleksandra	1182		K20	92	00:00:03	00:30:34.85	00:30:38.35	+00:10:04 (32.9%)	6:07	9.8 (67.1%)
93	WOŁOSIŃSKĄ Małgorzata	1320		K20	93	00:01:02	00:30:36.65	00:31:39.55	+00:10:06 (33.0%)	6:07	9.8 (67.1%)
94	NACZKE Anna	1208		K20	94	00:01:17	00:30:52.85	00:32:10.25	+00:10:22 (33.6%)	6:10	9.7 (66.4%)
95	LUBIŃSKĄ Patrycja	1098		K20	95	00:00:13	00:30:58.55	00:31:11.55	+00:10:28 (33.8%)	6:11	9.7 (66.4%)
96	FRANCISZKIEWICZ Monika	103	RODOS TEAM	K20	96	00:00:50	00:30:58.80	00:31:49.05	+00:10:28 (33.8%)	6:11	9.7 (66.4%)
97	MICHALSKĄ Daria	798	SZAFIRKI	K20	97	00:01:16	00:31:11.65	00:32:28.15	+00:10:41 (34.3%)	6:14	9.6 (65.8%)
98	MAJKOWSKĄ-LUBIŃSKĄ Judyta	61		K20	98	00:00:27	00:31:14.55	00:31:41.95	+00:10:44 (34.4%)	6:14	9.6 (65.8%)
99	CHROMIŃSKĄ Paulina	38		K20	99	00:00:11	00:31:51.60	00:32:02.80	+00:11:21 (35.6%)	6:22	9.4 (64.4%)
100	SOŁOBODOWSKĄ Weronika	1058		K20	100	00:01:24	00:31:52.40	00:33:17.35	+00:11:22 (35.7%)	6:22	9.4 (64.4%)
101	PRZYBYLSKĄ Karolina	444	KLINIKĄ TRIATHLONU TEAM	K20	101	00:01:35	00:31:59.10	00:33:34.10	+00:11:28 (35.9%)	6:23	9.4 (64.4%)
102	PRZYBYLSKĄ Inez	824		K20	102	00:01:34	00:31:59.50	00:33:33.80	+00:11:29 (35.9%)	6:23	9.4 (64.4%)
103	DOBRACKĄ Anna	89		K20	103	00:01:20	00:32:04.55	00:33:24.60	+00:11:34 (36.1%)	6:24	9.4 (64.4%)
104	CHŁYSTEK Joanna	383		K20	104	00:01:30	00:32:05.35	00:33:36.20	+00:11:35 (36.1%)	6:25	9.3 (63.7%)
105	ROGALSKĄ Marcelina	642	BIEGAJĄCE KEBABY	K20	105	00:01:16	00:32:15.35	00:33:31.40	+00:11:45 (36.4%)	6:27	9.3 (63.7%)
106	LEPPERT Monika	1149	BBL SZUBIN	K20	106	00:01:11	00:32:29.25	00:33:40.30	+00:11:58 (36.9%)	6:29	9.2 (63.0%)
107	TRZEBIATOWSKĄ Agata	215	PRZECHOWO TEAM	K20	107	00:00:22	00:32:52.75	00:33:15.35	+00:12:22 (37.6%)	6:34	9.1 (62.3%)
108	KUJAWĄ Sylwia	407	DYNAMO SKARPA	K20	108	00:00:40	00:33:07.35	00:33:47.40	+00:12:37 (38.1%)	6:37	9.1 (62.3%)
109	WŁODARCZYK Olga	195	#BANANATEAM	K20	109	00:01:27	00:33:15.50	00:34:43.00	+00:12:45 (38.3%)	6:39	9 (61.6%)
110	SKALIŃSKĄ Klaudia	803		K20	110	00:00:24	00:33:17.10	00:33:42.00	+00:12:46 (38.4%)	6:39	9 (61.6%)
111	OSTASZ Katarzyna	920		K20	111	00:01:39	00:33:20.70	00:35:00.65	+00:12:50 (38.5%)	6:40	9 (61.6%)
112	HILLER Marta	1333	HILLERTEAM	K20	112	00:01:36	00:33:56.70	00:35:33.05	+00:13:26 (39.6%)	6:47	8.8 (60.3%)
113	KUFEL Maria	1350		K20	113	00:01:36	00:33:56.85	00:35:33.05	+00:13:26 (39.6%)	6:47	8.8 (60.3%)
114	FINGAS Natalia	1126		K20	114	00:01:17	00:34:16.15	00:35:33.50	+00:13:45 (40.2%)	6:51	8.8 (60.3%)
115	GADASZEWSKĄ Marta	1348	STEP	K20	115	00:01:41	00:34:34.70	00:36:16.30	+00:14:04 (40.7%)	6:55	8.7 (59.6%)
116	ANDRZEJCZAK Natalia	604		K20	116	00:00:53	00:34:46.85	00:35:40.10	+00:14:16 (41.0%)	6:57	8.6 (58.9%)
117	JENDRZEJEWSKĄ Joanna	60		K20	117	00:01:38	00:34:49.80	00:36:27.80	+00:14:19 (41.1%)	6:57	8.6 (58.9%)
118	ROLIRAD Barbara	1028		K20	118	00:01:41	00:34:58.60	00:36:40.20	+00:14:28 (41.4%)	6:59	8.6 (58.9%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
119	JAROCKA Aleksandra	1196		K20	119	00:01:41	00:34:59.00	00:36:40.50	+00:14:28 (41.4%)	6:59	8.6 (58.9%)
120	FOLERZYŃSKA Sandra	222		K20	120	00:01:25	00:35:10.70	00:36:35.95	+00:14:40 (41.7%)	7:02	8.5 (58.2%)
121	KRÓL Marta	18	GRAŻYNY BIEGANIA	K20	121	00:01:19	00:35:21.30	00:36:40.40	+00:14:50 (42.0%)	7:04	8.5 (58.2%)
122	PIJAROWSKA Angelika	623		K20	122	00:00:53	00:35:27.75	00:36:21.30	+00:14:57 (42.2%)	7:05	8.5 (58.2%)
123	DOMERADZKA Jagoda	1119		K20	123	00:01:25	00:35:32.10	00:36:57.70	+00:15:01 (42.3%)	7:06	8.4 (57.5%)
124	WITKOWSKA Kamila	45		K20	124	00:00:27	00:35:54.95	00:36:22.25	+00:15:24 (42.9%)	7:11	8.4 (57.5%)
125	SZMELTER Jagoda	674		K20	125	00:00:59	00:36:50.55	00:37:49.80	+00:16:20 (44.3%)	7:22	8.1 (55.5%)
126	CIEMNY Sylwia	901		K20	126	00:01:24	00:37:19.50	00:38:44.10	+00:16:49 (45.1%)	7:28	8 (54.8%)
127	STANISZEWSKA Aleksandra	832		K20	127	00:00:31	00:40:34.80	00:41:05.90	+00:20:04 (49.5%)	8:06	7.4 (50.7%)
128	- -	733		K20	128	00:00:26			+00:06:59	5:30	10.9 (74.7%)

Total 128 results.