



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2017-04-23
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KALISZEWSKA Małgorzata	517	RUN PASJA	K40	1	00:00:05	00:22:52.65	00:22:57.90		4:34	13.1 (100%)
2	CICHOŃSKA- BAZAK Marzena	602	CZARNE STOPY.SM	K40	2	00:00:27	00:23:13.85	00:23:41.55	+00:00:21 (1.5%)	4:38	12.9 (98.5%)
3	RUDOL Magdalena	541		K40	3	00:00:43	00:23:43.35	00:24:26.90	+00:00:50 (3.6%)	4:44	12.6 (96.2%)
4	GIERSZEWSKA Grażyna	1114		K40	4	00:00:13	00:24:19.10	00:24:32.40	+00:01:26 (5.9%)	4:51	12.3 (93.9%)
5	WOJCIECHOWSKA Emilia	366		K40	5	00:00:16	00:24:23.50	00:24:40.35	+00:01:30 (6.2%)	4:52	12.3 (93.9%)
6	DUDZIŃSKA Aleksandra	314	RUN BYDGOSZCZ	K40	6	00:00:36	00:24:38.85	00:25:14.90	+00:01:46 (7.2%)	4:55	12.2 (93.1%)
7	MUSS Karolina	843		K40	7	00:00:55	00:24:41.55	00:25:36.70	+00:01:48 (7.4%)	4:56	12.2 (93.1%)
8	ZAMIATOWSKA Kinga	261	ROLL&RUN KRISMEDIATEAM	K40	8	00:00:16	00:24:44.05	00:25:00.60	+00:01:51 (7.5%)	4:56	12.1 (92.4%)
9	KAŁDAN Magdalena	991		K40	9	00:00:22	00:24:53.60	00:25:16.40	+00:02:00 (8.1%)	4:58	12 (91.6%)
10	MAZUREK Izabela	1394	NIEZALEŻNA	K40	10	00:00:07	00:25:12.90	00:25:20.20	+00:02:20 (9.3%)	5:02	11.9 (90.8%)
11	GROBELNA Angelika	583		K40	11	00:00:24	00:25:21.30	00:25:45.45	+00:02:28 (9.8%)	5:04	11.8 (90.1%)
12	JAMRÓZ Joanna	210		K40	12	00:00:22	00:25:22.55	00:25:44.85	+00:02:29 (9.8%)	5:04	11.8 (90.1%)
13	PASTWA Donata	822	SPORT FACTORY TEAM	K40	13	00:00:07	00:25:25.35	00:25:33.20	+00:02:32 (10.0%)	5:05	11.8 (90.1%)
14	KRUTUL Kasia	1171		K40	14	00:01:13	00:25:36.05	00:26:49.90	+00:02:43 (10.6%)	5:07	11.7 (89.3%)
15	LANGE Monika	463		K40	15	00:00:26	00:25:40.10	00:26:06.70	+00:02:47 (10.9%)	5:08	11.7 (89.3%)
16	PORAZINSKA Viktoria	395		K40	16	00:00:27	00:25:54.90	00:26:22.60	+00:03:02 (11.7%)	5:11	11.6 (88.5%)
17	KALLAS-LIPSKA Anetta	1122	RUN BYDGOSZCZ	K40	17	00:00:37	00:25:59.65	00:26:36.65	+00:03:07 (12.0%)	5:11	11.5 (87.8%)
18	MALATYŃSKA Barbara	807		K40	18	00:00:27	00:26:10.60	00:26:37.65	+00:03:17 (12.6%)	5:14	11.5 (87.8%)
19	BYSTRYK Renata	1067		K40	19	00:01:14	00:26:27.35	00:27:42.10	+00:03:34 (13.5%)	5:17	11.3 (86.3%)
20	DULIŃSKA Dorota	982	TRISPACE	K40	20	00:01:27	00:26:30.95	00:27:57.95	+00:03:38 (13.7%)	5:18	11.3 (86.3%)
21	MELLEM-ZWIEWKA Małgorzata	161	KLUB BIEGAJĄCE BABECZKI	K40	21	00:00:36	00:26:43.90	00:27:20.40	+00:03:51 (14.4%)	5:20	11.2 (85.5%)
22	HAUS Katarzyna	582	BBL SZUBIN	K40	22	00:00:05	00:26:46.00	00:26:51.90	+00:03:53 (14.5%)	5:21	11.2 (85.5%)
23	JANKOWSKA Katarzyna	641		K40	23	00:00:54	00:27:13.55	00:28:08.35	+00:04:20 (16.0%)	5:26	11 (84.0%)
24	GOTOWICZ Beata	878		K40	24	00:00:10	00:27:40.15	00:27:51.00	+00:04:47 (17.3%)	5:32	10.8 (82.4%)
25	DUDZIŃSKA Małgorzata	919		K40	25	00:00:42	00:27:51.85	00:28:34.25	+00:04:59 (17.9%)	5:34	10.8 (82.4%)
26	TOMCZYK Agnieszka	497		K40	26	00:01:15	00:27:54.15	00:29:09.85	+00:05:01 (18.0%)	5:34	10.8 (82.4%)
27	KOZACZYK Joanna	888		K40	27	00:00:21	00:27:59.25	00:28:20.65	+00:05:06 (18.3%)	5:35	10.7 (81.7%)
28	ZAŁECH Barbara	1020		K40	28	00:01:25	00:28:02.25	00:29:28.15	+00:05:09 (18.4%)	5:36	10.7 (81.7%)
29	CZAIŃSKA Mariola	1356		K40	29	00:00:09	00:28:06.75	00:28:16.05	+00:05:14 (18.6%)	5:37	10.7 (81.7%)
30	DZIEŻA Roma	976		K40	30	00:01:25	00:28:06.80	00:29:32.00	+00:05:14 (18.6%)	5:37	10.7 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	SKORNIA Agata	1324		K40	31	00:01:04	00:28:15.50	00:29:20.40	+00:05:22 (19.0%)	5:39	10.6 (80.9%)
32	JACKOWIAK-ZALEWSKA Agnieszka	1051		K40	32	00:00:36	00:28:20.90	00:28:57.25	+00:05:28 (19.3%)	5:40	10.6 (80.9%)
33	OSSOWSKA Danuta	653		K40	33	00:01:01	00:28:21.45	00:29:23.10	+00:05:28 (19.3%)	5:40	10.6 (80.9%)
34	STYCZYŃSKA Anna	1328		K40	34	00:00:49	00:28:25.15	00:29:14.30	+00:05:32 (19.5%)	5:41	10.6 (80.9%)
35	RYDELSKA Kinga	429		K40	35	00:00:55	00:28:34.80	00:29:30.75	+00:05:42 (20.0%)	5:43	10.5 (80.2%)
36	RZEPECKA Katarzyna	13		K40	36	00:00:55	00:28:35.25	00:29:30.55	+00:05:42 (20.0%)	5:43	10.5 (80.2%)
37	SOBOWIEC Mirka	410	SOBOWIEC TEAM	K40	37	00:00:20	00:28:40.30	00:29:00.90	+00:05:47 (20.2%)	5:44	10.5 (80.2%)
38	ŁAŃCUCKA Agnieszka	504		K40	38	00:00:41	00:28:45.95	00:29:27.65	+00:05:53 (20.5%)	5:45	10.4 (79.4%)
39	DOMŻALSKA Sławomira	654		K40	39	00:01:26	00:28:54.10	00:30:20.50	+00:06:01 (20.8%)	5:46	10.4 (79.4%)
40	ŻMUDZIŃSKA Magdalena	659		K40	40	00:00:29	00:28:57.65	00:29:27.25	+00:06:05 (21.0%)	5:47	10.4 (79.4%)
41	KNIOŁA Lucyna	609		K40	41	00:00:30	00:29:07.15	00:29:38.00	+00:06:14 (21.4%)	5:49	10.3 (78.6%)
42	SOSNOWSKA Dorota	159		K40	42	00:00:14	00:29:12.40	00:29:26.50	+00:06:19 (21.7%)	5:50	10.3 (78.6%)
43	BINKOWSKA Anita	894		K40	43	00:00:21	00:29:12.55	00:29:34.50	+00:06:19 (21.7%)	5:50	10.3 (78.6%)
44	WIŚNIEWSKA-KRAWIEC Beata	938		K40	44	00:00:21	00:29:13.65	00:29:35.55	+00:06:21 (21.7%)	5:50	10.3 (78.6%)
45	GABRICH Żanetta	717		K40	45	00:00:20	00:29:28.10	00:29:49.05	+00:06:35 (22.4%)	5:53	10.2 (77.9%)
46	POKRZYWIŃSKA Dorota	315		K40	46	00:01:30	00:29:30.75	00:31:00.95	+00:06:38 (22.5%)	5:54	10.2 (77.9%)
47	BOJAKOWSKA Małgorzata	859	BYDGOSKIE ZÓŁWIE	K40	47	00:01:03	00:29:33.15	00:30:36.70	+00:06:40 (22.6%)	5:54	10.2 (77.9%)
48	SMOLIŃSKA Beata	644	SIEDEM DZIEWCZĄT Z ALBATROSA	K40	48	00:01:42	00:29:33.95	00:31:16.25	+00:06:41 (22.6%)	5:54	10.1 (77.1%)
49	BASZANOWSKA Sylwia	959		K40	49	00:01:00	00:29:34.45	00:30:34.65	+00:06:41 (22.6%)	5:54	10.1 (77.1%)
50	SZCZEPAŃSKA-DOLNA Edyta	1339		K40	50	00:00:33	00:29:38.70	00:30:12.35	+00:06:46 (22.8%)	5:55	10.1 (77.1%)
51	RONKIEWICZ Dorota	1083	SPORT FACTORY	K40	51	00:01:07	00:29:38.90	00:30:46.45	+00:06:46 (22.8%)	5:55	10.1 (77.1%)
52	MARĆ Agnieszka	863		K40	52	00:01:34	00:29:44.20	00:31:18.50	+00:06:51 (23.1%)	5:56	10.1 (77.1%)
53	JARUSZEWSKA Jowita	1337		K40	53	00:00:47	00:30:02.00	00:30:49.95	+00:07:09 (23.8%)	6:00	10 (76.3%)
54	GROD-OBREMSKA Monika	872		K40	54	00:00:33	00:30:03.40	00:30:36.90	+00:07:10 (23.9%)	6:00	10 (76.3%)
55	GEHRKE Eliza	1377		K40	55	00:01:04	00:30:05.25	00:31:09.70	+00:07:12 (24.0%)	6:01	10 (76.3%)
56	SZCZEPANIAK Beata	902	KLUB ZDROWIA	K40	56	00:00:34	00:30:06.10	00:30:40.45	+00:07:13 (24.0%)	6:01	10 (76.3%)
57	ZUZA-WITKOWSKA Anna	93		K40	57	00:01:14	00:30:07.75	00:31:22.10	+00:07:15 (24.1%)	6:01	10 (76.3%)
58	NOWAK Mariola	377		K40	58	00:00:06	00:30:18.70	00:30:25.60	+00:07:26 (24.5%)	6:03	9.9 (75.6%)
59	MIKOŁAJCZAK Magdalena	689		K40	59	00:00:58	00:30:20.45	00:31:19.15	+00:07:27 (24.6%)	6:04	9.9 (75.6%)
60	BUDZIŃSKA Anita	1370		K40	60	00:00:24	00:30:24.45	00:30:48.90	+00:07:31 (24.8%)	6:04	9.9 (75.6%)
61	WITKOWSKA Karolina	875	CZARNE STOPY.SM	K40	61	00:01:07	00:30:30.15	00:31:38.00	+00:07:37 (25.0%)	6:06	9.8 (74.8%)
62	MICHALSKA Aleksandra	152		K40	62	00:00:34	00:30:35.45	00:31:09.80	+00:07:42 (25.2%)	6:07	9.8 (74.8%)
63	PATRZAŁEK Małgorzata	511		K40	63	00:01:05	00:31:14.65	00:32:20.10	+00:08:22 (26.8%)	6:15	9.6 (73.3%)
64	KORNACKA Sylwia	954		K40	64	00:00:43	00:31:15.35	00:31:58.90	+00:08:22 (26.8%)	6:15	9.6 (73.3%)
65	AUGUSTYNOWICZ Aurelia	724	RWT W BYDGOSZCZY	K40	65	00:01:17	00:31:20.90	00:32:38.55	+00:08:28 (27.0%)	6:16	9.6 (73.3%)
66	KACZMAREK Agnieszka	531		K40	66	00:00:31	00:31:43.05	00:32:14.05	+00:08:50 (27.9%)	6:20	9.5 (72.5%)
67	WYSMOLIŃSKA Barbara	127		K40	67	00:00:57	00:31:46.20	00:32:43.55	+00:08:53 (28.0%)	6:21	9.4 (71.8%)
68	LIBERA Sabina	1435	PARKRUN BYDGOSZCZ	K40	68	00:00:55	00:31:50.10	00:32:45.10	+00:08:57 (28.1%)	6:22	9.4 (71.8%)
69	ŻOŁNIERKIEWICZ Katarzyna	927	BBL INOWROCŁAW	K40	69	00:00:51	00:32:17.10	00:33:08.50	+00:09:24 (29.1%)	6:27	9.3 (71.0%)
70	LASEK Małgorzata	1407		K40	70	00:00:56	00:32:19.50	00:33:15.55	+00:09:26 (29.2%)	6:27	9.3 (71.0%)
71	PAWLAK Żaneta	461		K40	71	00:00:56	00:32:22.45	00:33:18.80	+00:09:29 (29.3%)	6:28	9.3 (71.0%)
72	RYBKA Aldona	81	BIEGINSTALATORA.PL	K40	72	00:01:31	00:32:27.40	00:33:58.80	+00:09:34 (29.5%)	6:29	9.2 (70.2%)
73	NUNZEK Agnieszka	918		K40	73	00:01:31	00:32:27.70	00:33:59.20	+00:09:35 (29.5%)	6:29	9.2 (70.2%)
74	SCIGOCKA Beata	987		K40	74	00:00:50	00:32:32.85	00:33:23.80	+00:09:40 (29.7%)	6:30	9.2 (70.2%)

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75	IDCZAK-BOREK Hanna	1257		K40	75	00:01:14	00:32:40.75	00:33:55.35	+00:09:48 (30.0%)	6:32	9.2 (70.2%)
76	ANIUKIEWICZ-KUBAS Anna	1005		K40	76	00:01:35	00:32:47.30	00:34:22.85	+00:09:54 (30.2%)	6:33	9.2 (70.2%)
77	KONARZEWSKA Jolanta	125		K40	77	00:01:12	00:32:48.00	00:34:00.05	+00:09:55 (30.3%)	6:33	9.1 (69.5%)
78	JANKOWIAK Barbara	806		K40	78	00:01:15	00:33:27.75	00:34:43.25	+00:10:35 (31.6%)	6:41	9 (68.7%)
79	WIŚNIEWSKA Ewa	661		K40	79	00:00:53	00:33:35.75	00:34:28.85	+00:10:43 (31.9%)	6:43	8.9 (67.9%)
80	ANDRYSZAK Karolina	423		K40	80	00:01:30	00:33:41.30	00:35:11.90	+00:10:48 (32.1%)	6:44	8.9 (67.9%)
81	PRZERACKA Violetta	420	BYDGOSZCZ	K40	81	00:01:34	00:34:39.55	00:36:14.30	+00:11:46 (34.0%)	6:56	8.7 (66.4%)
82	STĘPSKA Krystyna	386		K40	82	00:00:13	00:34:48.90	00:35:02.10	+00:11:56 (34.3%)	6:57	8.6 (65.6%)
83	BILKIEWICZ Anna Maria	741		K40	83	00:01:26	00:35:10.95	00:36:36.95	+00:12:18 (35.0%)	7:02	8.5 (64.9%)
84	ŁAKOMSKA Anna	811		K40	84	00:00:30	00:35:17.15	00:35:47.50	+00:12:24 (35.2%)	7:03	8.5 (64.9%)
85	MAJORKOWSKA Anna	1009	DREAMTEAM	K40	85	00:01:00	00:35:25.60	00:36:26.50	+00:12:32 (35.4%)	7:05	8.5 (64.9%)
86	CZYŻYCKA Beata	667		K40	86	00:01:36	00:35:47.45	00:37:23.50	+00:12:54 (36.1%)	7:09	8.4 (64.1%)
87	CYBUL Anna	1342		K40	87	00:00:57	00:36:24.75	00:37:22.30	+00:13:32 (37.2%)	7:17	8.2 (62.6%)
88	SAWICKA Alicja	527		K40	88	00:01:23	00:36:33.40	00:37:56.40	+00:13:40 (37.4%)	7:18	8.2 (62.6%)
89	FARBOTKO Anna	1082	GALACTICA.PL	K40	89	00:01:32	00:37:29.00	00:39:01.95	+00:14:36 (39.0%)	7:29	8 (61.1%)
90	RUTKOWSKA Ania	637		K40	90	00:01:32	00:37:30.15	00:39:02.50	+00:14:37 (39.0%)	7:30	8 (61.1%)
91	ZELEK Aleksandra	995		K40	91	00:01:36	00:37:53.60	00:39:30.55	+00:15:00 (39.6%)	7:34	7.9 (60.3%)
92	HASSI Iwona (Ivet)	793	DYNAMO SKARPA	K40	92	00:00:40	00:49:09.40	00:49:50.30	+00:26:16 (53.5%)	9:50	6.1 (46.6%)

Znaleziono 92 wynik(ów)