



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2023-04-23
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	STASZKIEWICZ Lucyna	751	STASHKY TEAM	K50	1	00:00:15	00:22:21.90	00:22:37.80		4:28	13.4 (100%)
2	WIERZCHOSŁAWSKA Renata	115		K50	2	00:00:17	00:27:47.55	00:28:05.00	+00:05:25 (19.5%)	5:33	10.8 (80.6%)
3	GIERZIEWSKA Grażyna	482		K50	3	00:00:37	00:28:04.45	00:28:41.55	+00:05:42 (20.3%)	5:36	10.7 (79.9%)
4	ROBACZEWSKA Lidia	843		K50	4	00:00:20	00:28:37.65	00:28:58.20	+00:06:15 (21.9%)	5:43	10.5 (78.4%)
5	GRACZKOWSKA Mirosława	573		K50	5	00:01:33	00:29:19.75	00:30:53.10	+00:06:57 (23.7%)	5:51	10.2 (76.1%)
6	ZUZA-WITKOWSKA Anna	1000		K50	6	00:01:34	00:29:55.05	00:31:29.15	+00:07:33 (25.2%)	5:59	10 (74.6%)
7	KRÓL Monika	649		K50	7	00:00:38	00:29:58.55	00:30:37.10	+00:07:36 (25.4%)	5:59	10 (74.6%)
8	DYNIEWSKA Agnieszka	1054		K50	8	00:02:21	00:30:33.20	00:32:54.30	+00:08:11 (26.8%)	6:06	9.8 (73.1%)
9	SZYMCZAK Barbara	112		K50	9	00:02:10	00:30:58.25	00:33:08.70	+00:08:36 (27.8%)	6:11	9.7 (72.4%)
10	WOŹNIACKA Beata	520	AZYL DLA JEŻY	K50	10	00:01:35	00:31:20.20	00:32:56.05	+00:08:58 (28.6%)	6:16	9.6 (71.6%)
11	KRANC Justyna	372		K50	11	00:01:13	00:31:26.85	00:32:40.65	+00:09:04 (28.9%)	6:17	9.5 (70.9%)
12	GRZELAK Sylwia	258		K50	12	00:01:09	00:31:40.15	00:32:49.55	+00:09:18 (29.4%)	6:20	9.5 (70.9%)
13	WOŹNIAK Anna	337		K50	13	00:01:22	00:32:09.35	00:33:32.25	+00:09:47 (30.4%)	6:25	9.3 (69.4%)
14	KORBEL Ewa	568		K50	14	00:01:36	00:32:29.15	00:34:05.80	+00:10:07 (31.2%)	6:29	9.2 (68.7%)
15	NOWAK Mariola	651		K50	15	00:00:28	00:32:30.35	00:32:59.05	+00:10:08 (31.2%)	6:30	9.2 (68.7%)
16	POLKOWSKA Katarzyna	294		K50	16	00:01:44	00:33:13.60	00:34:57.65	+00:10:51 (32.7%)	6:38	9 (67.2%)
17	KŁOSOWSKA-BUTOR Beata	75		K50	17	00:00:18	00:33:27.35	00:33:46.00	+00:11:05 (33.2%)	6:41	9 (67.2%)
18	ASTUKIEWICZ Agnieszka	545		K50	18	00:00:56	00:34:02.95	00:34:59.15	+00:11:41 (34.3%)	6:48	8.8 (65.7%)
19	WIŚNIEWSKA Lucyna	233	TRISPACE/TREK	K50	19	00:01:30	00:34:19.35	00:35:50.30	+00:11:57 (34.8%)	6:51	8.7 (64.9%)
20	LEWANDOWSKA Renata	875	ROLLTEAM BYDGOSZCZ	K50	20	00:01:26	00:34:57.75	00:36:23.90	+00:12:35 (36.0%)	6:59	8.6 (64.2%)
21	MOSUR-GALICKA Angelina	1104	AKADEMIA MISTRZÓW SPORTU	K50	21	00:02:32	00:35:11.95	00:37:44.85	+00:12:50 (36.5%)	7:02	8.5 (63.4%)
22	WITKOWSKA Marlena	366		K50	22	00:01:30	00:35:12.05	00:36:42.20	+00:12:50 (36.5%)	7:02	8.5 (63.4%)
23	KWASIGROCH Aleksandra	881		K50	23	00:00:39	00:35:44.30	00:36:23.75	+00:13:22 (37.4%)	7:08	8.4 (62.7%)
24	NAYDOWSKA Monika	666		K50	24	00:01:53	00:35:49.60	00:37:43.45	+00:13:27 (37.6%)	7:09	8.4 (62.7%)
25	RUJNER Klara	100		K50	25	00:01:40	00:35:56.20	00:37:36.65	+00:13:34 (37.8%)	7:11	8.3 (61.9%)
26	RYDELSKA Kinga	91		K50	26	00:02:20	00:36:04.70	00:38:25.00	+00:13:42 (38.0%)	7:12	8.3 (61.9%)
27	GROMOWSKA Grażyna	1169	TKKF KOLEJARZ	K50	27	00:02:47	00:36:09.65	00:38:56.65	+00:13:47 (38.2%)	7:13	8.3 (61.9%)
28	KOZIORZEMSKA Hanna	1188		K50	28	00:00:00	00:36:50.10	00:36:50.10	+00:14:28 (39.3%)	7:22	8.1 (60.4%)
29	LEWANDOWSKA Beata	553	FREAKY_FIT	K50	29	00:00:52	00:37:57.20	00:38:49.90	+00:15:35 (41.1%)	7:35	7.9 (59.0%)
30	TKACZUK Jolanta	1051	TG SOKÓŁ GNIEWKOWO	K50	30	00:01:21	00:39:30.75	00:40:52.40	+00:17:08 (43.4%)	7:54	7.6 (56.7%)

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31	WĘGIERSKA Iwona	825	KÓZKI DZIKUSKI	K50	31	00:02:43	00:40:09.10	00:42:52.75	+00:17:47 (44.3%)	8:01	7.5 (56.0%)
32	MŁYNAREK Daria	253		K50	32	00:01:50	00:40:49.75	00:42:40.45	+00:18:27 (45.2%)	8:09	7.3 (54.5%)
33	KRYMER Agnieszka	630		K50	33	00:02:09	00:41:14.25	00:43:23.55	+00:18:52 (45.8%)	8:14	7.3 (54.5%)
34	KABACIŃSKA-KOSTKOWSKA Barbara	703		K50	34	00:02:36	00:41:22.60	00:43:58.95	+00:19:00 (45.9%)	8:16	7.3 (54.5%)
35	SIERADZKA Małgorzata	201		K50	35	00:00:00	00:41:45.10	00:41:45.10	+00:19:23 (46.4%)	8:21	7.2 (53.7%)
36	NOWAKOWSKA-SZWAJCA Anna	53		K50	36	00:02:06	00:41:51.05	00:43:57.40	+00:19:29 (46.6%)	8:22	7.2 (53.7%)
37	SCHEFFLER-BOROWIECKA Danuta	638		K50	37	00:00:36			+	3:17	18.2 (135.8%)

Znaleziono 37 wynik(ów)