



Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2016-04-17
Bydgoszcz
5 km

BYDGOSKI BIEG URODZINOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SIWKOWSKI Roman	1061		M-50	1	00:00:02		00:19:39.00	00:19:41.00		3:55	15.3 (100%)
2	CZEPEK Aleksander	710	BRZOZA BIEGA	M-50	2	00:00:04	00:08:04	00:20:48.20	00:20:52.30	+00:01:09 (5.5%)	4:09	14.4 (94.1%)
3	TRZCIŃSKI Franciszek	1014	SID START	M-50	3	00:00:03	00:08:03	00:21:04.35	00:21:08.15	+00:01:25 (6.8%)	4:13	14.2 (92.8%)
4	KOWALIKOWSKI Tadeusz	883		M-50	4	00:00:05	00:08:04	00:21:27.85	00:21:33.50	+00:01:48 (8.5%)	4:17	14 (91.5%)
5	TORCHALSKI Krzysztof	570	RUN PASJA	M-50	5	00:00:04	00:08:22	00:21:48.95	00:21:52.95	+00:02:09 (9.9%)	4:21	13.8 (90.2%)
6	KUNDE Adam	771	BYDGOSZCZTRIATHLON	M-50	6	00:00:13	00:08:28	00:21:52.90	00:22:06.30	+00:02:13 (10.2%)	4:22	13.7 (89.5%)
7	ZIÓŁKOWSKI Mieczysław	282		M-50	7	00:00:03	00:08:19	00:22:05.40	00:22:09.00	+00:02:26 (11.0%)	4:25	13.6 (88.9%)
8	WIŚNIEWSKI Włodzimierz	245		M-50	8	00:00:39	00:08:53	00:22:27.50	00:23:07.45	+00:02:48 (12.5%)	4:29	13.4 (87.6%)
9	WYSOCKI Jerzy	688		M-50	9	00:00:34	00:09:17	00:22:39.75	00:23:14.20	+00:03:00 (13.3%)	4:32	13.2 (86.3%)
10	PARUCKI Zbigniew	288		M-50	10	00:00:20	00:09:19	00:23:05.05	00:23:25.50	+00:03:26 (14.9%)	4:37	13 (85.0%)
11	TRZCIŃSKI Eugeniusz	239	AKTYWNA BYDGOSZCZ	M-50	11	00:00:07	00:08:52	00:23:09.60	00:23:17.00	+00:03:30 (15.2%)	4:38	12.9 (84.3%)
12	KORDYLA Mirosław	546	SSJ TEAM	M-50	12	00:00:28	00:09:30	00:23:45.75	00:24:14.35	+00:04:06 (17.3%)	4:45	12.6 (82.4%)
13	WŁOCH Sylwester	1081		M-50	13	00:00:19	00:09:07	00:23:49.80	00:24:09.40	+00:04:10 (17.5%)	4:46	12.6 (82.4%)
14	SZCZEBLEWSKI Witold	482		M-50	14	00:00:37	00:09:36	00:23:59.10	00:24:36.80	+00:04:20 (18.1%)	4:47	12.5 (81.7%)
15	KOLANOWSKI Wojciech	507		M-50	15	00:00:18	00:09:27	00:24:10.40	00:24:29.10	+00:04:31 (18.7%)	4:50	12.4 (81.0%)
16	BRZozowski Mariusz	458		M-50	16	00:00:29	00:09:47	00:24:16.00	00:24:45.15	+00:04:37 (19.0%)	4:51	12.4 (81.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	BYCZKOWSKI Zenon	84		M-50	17	00:00:29	00:09:23	00:24:23.10	00:24:52.10	+00:04:44 (19.4%)	4:52	12.3 (80.4%)
18	WEGNER Roman	172		M-50	18	00:00:27	00:09:37	00:24:41.55	00:25:09.40	+00:05:02 (20.4%)	4:56	12.1 (79.1%)
19	WAWRZYNIAK Andrzej	412	22. ODN	M-50	19	00:00:32	00:10:06	00:25:08.90	00:25:41.65	+00:05:29 (21.9%)	5:01	11.9 (77.8%)
20	BAGROWSKI Marek	98	UMK COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZNE BIEGA	M-50	20	00:00:12	00:09:43	00:25:22.15	00:25:34.65	+00:05:43 (22.5%)	5:04	11.8 (77.1%)
21	KUBIK Krzysztof	188	DRUŻYNA SZPIKU	M-50	21	00:01:15	00:10:38	00:25:24.15	00:26:39.65	+00:05:45 (22.6%)	5:04	11.8 (77.1%)
22	ANGLART Roman	988		M-50	22	00:01:06	00:10:05	00:25:24.65	00:26:31.55	+00:05:45 (22.7%)	5:05	11.8 (77.1%)
23	BRZozowski Jarosław	141	BRZOZA TRI TEAM	M-50	23	00:00:21	00:10:07	00:25:28.15	00:25:49.40	+00:05:49 (22.8%)	5:05	11.8 (77.1%)
24	SIERANT Marian	816		M-50	24	00:00:28	00:09:59	00:25:47.85	00:26:16.35	+00:06:08 (23.8%)	5:09	11.6 (75.8%)
25	DROŻ Krzysztof	375	ZPSERWIS BYDGOSZCZ	M-50	25	00:00:44	00:10:27	00:26:12.25	00:26:56.90	+00:06:33 (25.0%)	5:14	11.5 (75.2%)
26	JANKOWSKI Tomasz Michał	731		M-50	26	00:01:01	00:11:00	00:27:07.40	00:28:09.25	+00:07:28 (27.6%)	5:25	11.1 (72.5%)
27	TARASZKA Ireneusz	68	JRG 1 INOWROCLAW	M-50	27	00:00:19	00:10:53	00:27:11.80	00:27:31.30	+00:07:32 (27.7%)	5:26	11 (71.9%)
28	WOŁOSZYN Kazimierz	75	BRZOZA BIEGA	M-50	28	00:01:09	00:10:51	00:27:14.90	00:28:24.45	+00:07:35 (27.9%)	5:27	11 (71.9%)
29	GANCKOWSKI Piotr	679		M-50	29	00:00:36	00:10:57	00:27:36.35	00:28:12.40	+00:07:57 (28.8%)	5:31	10.9 (71.2%)
30	ZYCH Grzegorz	1068		M-50	30	00:00:27	00:10:56	00:28:29.00	00:28:56.10	+00:08:50 (31.0%)	5:41	10.5 (68.6%)
31	ŁOŚ Dariusz	157		M-50	31	00:01:10	00:11:42	00:28:48.00	00:29:58.65	+00:09:09 (31.8%)	5:45	10.4 (68.0%)
32	DĘBSKI Arkadiusz	370		M-50	32	00:00:52	00:11:34	00:30:17.50	00:31:09.65	+00:10:38 (35.1%)	6:03	9.9 (64.7%)
33	JAKUBOWSKI Mirosław	937	URZĄD MIASTA BYDGOSZCZY	M-50	33	00:01:18	00:12:39	00:30:35.25	00:31:54.05	+00:10:56 (35.8%)	6:07	9.8 (64.1%)
34	SZNAJDROWSKI Jerzy	116		M-50	34	00:00:45	00:12:00	00:31:25.60	00:32:11.40	+00:11:46 (37.5%)	6:17	9.5 (62.1%)
35	PORA Jacek	681		M-50	35	00:00:55	00:12:42	00:33:14.50	00:34:09.90	+00:13:35 (40.9%)	6:38	9 (58.8%)
36	PODKÓWKA Zbigniew	101	BYDGOSKIE MORSY	M-50	36	00:01:04	00:14:57	00:37:38.90	00:38:43.30	+00:17:59 (47.8%)	7:31	8 (52.3%)