



Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2016-04-17
Bydgoszcz
5 km

BYDGOSKI BIEG URODZINOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BISKUP Marcin	1026		M-10	1	00:00:00	00:06:32	00:16:06.15	00:16:07.10		3:13	18.6 (100%)
2	LASKOWSKI Miłosz	1027		M-10	2	00:00:01	00:06:31	00:16:08.90	00:16:10.20	+00:00:02 (0.3%)	3:13	18.6 (100%)
3	KRYSKE Bartosz	931	SPÓJNIA BIAŁE BŁOTA	M-30	1	00:00:01	00:06:30	00:16:17.10	00:16:19.00	+00:00:10 (1.1%)	3:15	18.4 (98.9%)
4	FELCZAK Jakub	1028	KOKOS TEAM	M-20	1	00:00:01	00:06:32	00:16:20.35	00:16:21.60	+00:00:14 (1.4%)	3:16	18.4 (98.9%)
5	KOŚMIEJA Marcin	89		M-30	2	00:00:10	00:06:57	00:16:54.85	00:17:05.20	+00:00:48 (4.8%)	3:23	17.7 (95.2%)
6	TUCZYŃSKI Sylwester	413	BYDGOSKIE OKONIE	M-20	2	00:00:01	00:06:32	00:16:55.00	00:16:56.55	+00:00:48 (4.8%)	3:23	17.7 (95.2%)
7	LARSEN Mikal	385		M-20	3	00:00:01	00:06:35	00:17:02.35	00:17:04.15	+00:00:56 (5.5%)	3:24	17.6 (94.6%)
8	MIKA Oskar	1034	KS ŁAPKA	M-30	3	00:00:01	00:06:36	00:17:17.55	00:17:18.70	+00:01:11 (6.9%)	3:27	17.4 (93.5%)
9	KLÓSKA Fabian	470		M-20	4	00:00:02	00:06:41	00:17:20.65	00:17:22.70	+00:01:14 (7.2%)	3:28	17.3 (93.0%)
10	ŻAL Robert	94	GO GO! TEAM	M-30	4	00:00:03	00:06:38	00:17:41.90	00:17:45.10	+00:01:35 (9.0%)	3:32	16.9 (90.9%)
11	STASIAK Michał	403		M-20	5	00:00:01	00:06:46	00:17:49.25	00:17:50.40	+00:01:43 (9.6%)	3:33	16.8 (90.3%)
12	BONKOWSKI Piotr	110		M-20	6	00:00:03	00:07:04	00:17:49.75	00:17:53.65	+00:01:43 (9.7%)	3:34	16.8 (90.3%)
13	RULEWSKI Michał	88		M-20	7	00:00:02	00:06:59	00:18:05.30	00:18:07.60	+00:01:59 (11.0%)	3:37	16.6 (89.2%)
14	KOWALSKI Dawid	127		M-10	3	00:00:03	00:06:55	00:18:06.20	00:18:10.10	+00:02:00 (11.1%)	3:37	16.6 (89.2%)
15	MALINOWSKI Olaf	1043	BTW	M-20	8	00:00:02	00:06:49	00:18:10.30	00:18:12.60	+00:02:04 (11.4%)	3:38	16.5 (88.7%)
16	GRALIK Jędrzej	577	BYDGOSKIE OKONIE	M-20	9	00:00:04	00:07:05	00:18:11.55	00:18:15.55	+00:02:05 (11.5%)	3:38	16.5 (88.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	DANIELSEN Vegard	398		M-20	10	00:00:01	00:07:22	00:18:12.45	00:18:14.20	+00:02:06 (11.6%)	3:38	16.5 (88.7%)
18	BARCZEWSKI Marek	619	BYDGOSZCZ TRIATHLON TEAM	M-20	11	00:00:01	00:06:47	00:18:15.95	00:18:17.70	+00:02:09 (11.8%)	3:39	16.4 (88.2%)
19	JAGODZIŃSKI Mateusz	6	BYDGOSKIE OKONIE	M-20	12	00:00:02	00:07:04	00:18:17.20	00:18:19.50	+00:02:11 (11.9%)	3:39	16.4 (88.2%)
20	ZALEWSKI Adrian	798	WTSASTORIA	M-10	4	00:00:01	00:06:49	00:18:17.80	00:18:19.30	+00:02:11 (12.0%)	3:39	16.4 (88.2%)
21	JANKOWSKI Karol	1005		M-10	5	00:00:03	00:07:01	00:18:20.25	00:18:23.95	+00:02:14 (12.2%)	3:40	16.4 (88.2%)
22	KLOSKOWSKI Adam	656	IWSP SZ BYDGOSZCZ	M-30	5	00:00:03	00:07:03	00:18:20.30	00:18:23.65	+00:02:14 (12.2%)	3:40	16.4 (88.2%)
23	KUBIŃSKI Jakub	674	BYDGOSZCZ TRIATHLON TEAM	M-20	13	00:00:03	00:07:25	00:18:23.60	00:18:26.70	+00:02:17 (12.5%)	3:40	16.3 (87.6%)
24	ŁĄCZNY Jarosław	372		M-30	6	00:00:04	00:07:18	00:18:27.80	00:18:32.00	+00:02:21 (12.8%)	3:41	16.2 (87.1%)
25	LEWANDOWSKI Rafał	512	B4SPORT.PL	M-30	7	00:00:05	00:07:15	00:18:30.40	00:18:36.10	+00:02:24 (13.0%)	3:42	16.2 (87.1%)
26	BEDRA Robert	199		M-30	8	00:00:03	00:07:24	00:18:35.05	00:18:38.40	+00:02:28 (13.4%)	3:43	16.1 (86.6%)
27	WOJCIECHOWSKI Dawid	1017		M-20	14	00:00:03	00:06:49	00:18:35.45	00:18:38.95	+00:02:29 (13.4%)	3:43	16.1 (86.6%)
28	GRACZYKOWSKI Jakub	119	AKTYWNA BYDGOSZCZ	M-20	15	00:00:02	00:07:14	00:18:37.95	00:18:40.25	+00:02:31 (13.6%)	3:43	16.1 (86.6%)
29	FUZ Marek	240	KABEL TEAM BYDGOSZCZ	M-40	1	00:00:08	00:07:20	00:18:39.70	00:18:47.80	+00:02:33 (13.7%)	3:43	16.1 (86.6%)
30	MRUK Tomasz	285		M-40	2	00:00:06	00:07:09	00:18:40.45	00:18:46.65	+00:02:34 (13.8%)	3:44	16.1 (86.6%)
31	LEWANDOWSKI Maciej	48	RUN BYDGOSZCZ	M-20	16	00:00:03	00:07:22	00:18:48.40	00:18:52.20	+00:02:42 (14.4%)	3:45	15.9 (85.5%)
32	KOLMAJER Rafał	885	RUN BYDGOSZCZ	M-30	9	00:00:03	00:07:14	00:18:48.60	00:18:52.20	+00:02:42 (14.4%)	3:45	15.9 (85.5%)
33	KWIATKOWSKI Damian	20	RUN BYDGOSZCZ	M-20	17	00:00:03	00:07:15	00:18:49.00	00:18:52.20	+00:02:42 (14.4%)	3:45	15.9 (85.5%)
34	SZOPINSKI Rafał	853		M-30	10	00:00:06	00:07:22	00:18:54.35	00:19:01.20	+00:02:48 (14.8%)	3:47	15.9 (85.5%)
35	HOC Marek	684	LEGE ARTIS	M-30	11	00:00:03	00:07:24	00:18:54.40	00:18:58.05	+00:02:48 (14.8%)	3:47	15.9 (85.5%)
36	PIEKARSKI Marek	791	RESTAURACJA KING FU BYDGOSZCZ	M-40	3	00:00:02	00:07:13	00:18:57.20	00:18:59.25	+00:02:51 (15.0%)	3:47	15.8 (84.9%)
37	KRAIŃSKI Michał	837		M-30	12	00:00:03	00:07:17	00:18:57.45	00:19:01.15	+00:02:51 (15.1%)	3:47	15.8 (84.9%)
37	PARUCKI Paweł	835		M-20	18	00:00:03	00:07:22	00:18:57.45	00:19:01.10	+00:02:51 (15.1%)	3:47	15.8 (84.9%)
39	KONOPIŃSKI Tomasz	692	RUN BYDGOSZCZ	M-30	13	00:00:07	00:07:25	00:19:03.00	00:19:10.45	+00:02:56 (15.5%)	3:48	15.7 (84.4%)

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40	ŚLEFARSKI Jacek	624		M-30	14	00:00:05	00:07:30	00:19:03.50	00:19:09.15	+00:02:57 (15.5%)	3:48	15.7 (84.4%)
41	KŁOSOWSKI Marcin	1040	WWW.JABEX.COM.PL	M-40	4	00:00:03	00:07:35	00:19:08.90	00:19:12.70	+00:03:02 (15.9%)	3:49	15.7 (84.4%)
42	KRYSKE Mariusz	1059	SPÓJNIA BIAŁE BŁOTA	M-30	15	00:00:03	00:07:29	00:19:12.25	00:19:15.25	+00:03:06 (16.2%)	3:50	15.6 (83.9%)
43	KUDALSKI Maciej	209	XYZ COPACABANA BYDGOSZCZ	M-20	19	00:00:05	00:07:44	00:19:18.85	00:19:23.90	+00:03:12 (16.6%)	3:51	15.5 (83.3%)
44	BZDZION Marcin	851		M-20	20	00:00:08	00:07:13	00:19:22.00	00:19:30.45	+00:03:15 (16.9%)	3:52	15.5 (83.3%)
45	CZARNECKI Grzegorz	759	BRZOZA BIEGA	M-30	16	00:00:03	00:07:24	00:19:24.20	00:19:28.15	+00:03:18 (17.0%)	3:53	15.5 (83.3%)
46	JANKIEWICZ Maciej	386		M-30	17	00:00:07	00:07:44	00:19:25.50	00:19:33.10	+00:03:19 (17.1%)	3:53	15.4 (82.8%)
47	KUROWSKI Kamil	83		M-30	18	00:00:09	00:07:24	00:19:29.40	00:19:39.10	+00:03:23 (17.4%)	3:54	15.4 (82.8%)
48	SZOCH Tomasz	843		M-40	5	00:00:01	00:07:17	00:19:30.25	00:19:32.00	+00:03:24 (17.4%)	3:54	15.4 (82.8%)
49	KUBIS Roman	483	RUN PASJA	M-40	6	00:00:03	00:07:26	00:19:32.35	00:19:35.95	+00:03:26 (17.6%)	3:54	15.4 (82.8%)
50	SIWKOWSKI Roman	1061		M-50	1	00:00:02		00:19:39.00	00:19:41.00	+00:03:32 (18.1%)	3:55	15.3 (82.3%)
51	ŚLUSARSKI Przemysław	42		M-30	19	00:00:05	00:07:28	00:19:39.35	00:19:45.20	+00:03:33 (18.1%)	3:56	15.3 (82.3%)
52	MAĆKOWSKI Maciej	252		M-30	20	00:00:02	00:07:15	00:19:41.15	00:19:43.25	+00:03:35 (18.2%)	3:56	15.2 (81.7%)
53	WARSZAWSKI Przemysław	341		M-20	21	00:00:08	00:07:37	00:19:41.40	00:19:49.40	+00:03:35 (18.2%)	3:56	15.2 (81.7%)
54	GOK Tufan	487		M-20	22	00:00:07	00:07:38	00:19:48.20	00:19:55.90	+00:03:42 (18.7%)	3:57	15.2 (81.7%)
55	KALACZYŃSKI Miłosz	850		M-10	6	00:00:04	00:07:22	00:19:48.30	00:19:52.45	+00:03:42 (18.7%)	3:57	15.2 (81.7%)
56	SZATTEN Dawid	25		M-30	21	00:00:05	00:07:37	00:19:48.55	00:19:54.50	+00:03:42 (18.7%)	3:57	15.1 (81.2%)
57	ZWIEWKA Sebastian	214	BUSHIDO BYDGOSZCZ	M-40	7	00:00:05	00:07:36	00:19:50.90	00:19:56.30	+00:03:44 (18.9%)	3:58	15.1 (81.2%)
58	WRÓBLEWSKI Kewin	222		M-10	7	00:00:04	00:07:40	00:19:51.85	00:19:55.85	+00:03:45 (18.9%)	3:58	15.1 (81.2%)
59	KURDELSKI Kamil	352		M-20	23	00:00:03	00:07:32	00:19:52.30	00:19:55.40	+00:03:46 (19.0%)	3:58	15.1 (81.2%)
60	BOINSKI Rafal	317		M-30	22	00:00:04	00:07:40	00:19:54.90	00:19:59.80	+00:03:48 (19.1%)	3:59	15.1 (81.2%)
61	DĄBROWSKI Paweł	169		M-20	24	00:00:10	00:07:50	00:19:55.65	00:20:06.45	+00:03:49 (19.2%)	3:59	15.1 (81.2%)
62	KUŁAKOWSKI Krzysztof	548		M-30	23	00:00:06	00:07:41	00:19:56.95	00:20:03.60	+00:03:50 (19.3%)	3:59	15 (80.6%)

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63	KOWALSKI Jacek	272		M-30	24	00:00:03	00:07:36	00:19:57.40	00:20:01.20	+00:03:51 (19.3%)	3:59	15 (80.6%)
64	RYDLEWSKI Marek	176	RUN BYDGOSZCZ	M-40	8	00:00:05	00:07:47	00:20:01.05	00:20:06.40	+00:03:54 (19.6%)	4:00	15 (80.6%)
65	GRALIK Kacper	450	BYDGOSKIE OKONIE	M-20	25	00:00:03	00:07:50	00:20:01.20	00:20:04.40	+00:03:55 (19.6%)	4:00	15 (80.6%)
66	MUCHA Marcin	293	BATRUN	M-30	25	00:00:11	00:07:51	00:20:01.35	00:20:12.85	+00:03:55 (19.6%)	4:00	15 (80.6%)
67	DZIEWIĄTKOWSKI Michał	180		M-20	26	00:00:07	00:07:42	00:20:01.55	00:20:09.50	+00:03:55 (19.6%)	4:00	15 (80.6%)
68	KWAPINSKI Damian	963	FRIDAY STYLE	M-30	26	00:00:05	00:07:26	00:20:03.10	00:20:08.75	+00:03:56 (19.7%)	4:00	15 (80.6%)
69	WŁODARSKI Przemysław	961	FRIDAY STYLE	M-30	27	00:00:05	00:07:25	00:20:04.45	00:20:10.40	+00:03:58 (19.8%)	4:01	14.9 (80.1%)
70	SADECKI Karol	1067	ATOS TEAM	M-20	27	00:00:08	00:07:43	00:20:05.65	00:20:14.30	+00:03:59 (19.9%)	4:01	14.9 (80.1%)
71	ROSÓŁ Jacek	373		M-30	28	00:00:05	00:07:39	00:20:06.15	00:20:12.00	+00:04:00 (19.9%)	4:01	14.9 (80.1%)
72	SOBOCIŃSKI Mateusz	739		M-20	28	00:00:10	00:07:41	00:20:09.45	00:20:19.65	+00:04:03 (20.1%)	4:01	14.9 (80.1%)
73	DĘBSKI Adrian	376		M-30	29	00:00:05	00:07:37	00:20:11.90	00:20:17.60	+00:04:05 (20.3%)	4:02	14.9 (80.1%)
74	NAGORZYSKI Arek	63		M-30	30	00:00:04	00:07:40	00:20:12.20	00:20:16.40	+00:04:06 (20.3%)	4:02	14.9 (80.1%)
75	RUDNICKI Michał	147		M-30	31	00:00:05	00:07:53	00:20:17.20	00:20:23.05	+00:04:11 (20.6%)	4:03	14.8 (79.6%)
76	LEWANDOWSKI Tomasz	391	REGION WSPARCIA TELEINFORMATYCZNEGO W BYDGOSZCZY	M-30	32	00:00:25	00:07:46	00:20:17.50	00:20:42.95	+00:04:11 (20.6%)	4:03	14.8 (79.6%)
77	NOWAK Przemysław	691	KABEL TEAM	M-30	33	00:00:06	00:07:52	00:20:19.75	00:20:26.25	+00:04:13 (20.8%)	4:04	14.8 (79.6%)
78	DEJA Daniel	673		M-30	34	00:00:17	00:08:00	00:20:20.60	00:20:38.45	+00:04:14 (20.8%)	4:04	14.7 (79.0%)
79	KWIATKOWSKI Daniel	267		M-20	29	00:00:20	00:08:09	00:20:25.10	00:20:45.85	+00:04:18 (21.1%)	4:05	14.7 (79.0%)
80	TUCHOLSKI Bartłomiej	441	BYDGOSKIE OKONIE	M-20	30	00:00:07	00:07:43	00:20:28.95	00:20:36.40	+00:04:22 (21.4%)	4:05	14.6 (78.5%)
81	TOKARSKI Paweł	720		M-10	8	00:00:10	00:07:45	00:20:29.95	00:20:39.95	+00:04:23 (21.4%)	4:05	14.6 (78.5%)
82	HASS Adam	910		M-30	35	00:00:07	00:08:17	00:20:31.35	00:20:39.25	+00:04:25 (21.5%)	4:06	14.6 (78.5%)
83	NOWACZYK Eryk	634		M-10	9	00:00:01	00:07:48	00:20:31.60	00:20:33.35	+00:04:25 (21.6%)	4:06	14.6 (78.5%)
84	SZNAJDROWSKI Mateusz	95		M-20	31	00:00:22	00:08:11	00:20:35.35	00:20:58.00	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
85	WEISBROT Paweł	741		M-20	32	00:00:37	00:08:33	00:20:36.70	00:21:14.10	+00:04:30 (21.9%)	4:07	14.6 (78.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
						startu	2km					
86	WRZESIŃSKI Wojciech	408	RUN BYDGOSZCZ	M-40	9	00:00:06	00:07:55	00:20:37.50	00:20:44.45	+00:04:31 (21.9%)	4:07	14.5 (78.0%)
87	RADECKI Przemysław	66		M-40	10	00:00:06	00:07:58	00:20:44.30	00:20:50.50	+00:04:38 (22.4%)	4:08	14.5 (78.0%)
88	MIEDZIŃSKI Michał	276		M-20	33	00:00:22	00:08:06	00:20:47.90	00:21:10.25	+00:04:41 (22.6%)	4:09	14.4 (77.4%)
89	LISOWSKI Michał	35		M-30	36	00:00:28	00:08:16	00:20:48.15	00:21:16.75	+00:04:42 (22.6%)	4:09	14.4 (77.4%)
90	CZEPEK Aleksander	710	BRZOZA BIEGA	M-50	2	00:00:04	00:08:04	00:20:48.20	00:20:52.30	+00:04:42 (22.6%)	4:09	14.4 (77.4%)
91	KRAJNIK Jonatan	55		M-20	34	00:00:09	00:07:53	00:20:51.45	00:21:01.35	+00:04:45 (22.8%)	4:10	14.4 (77.4%)
92	JUCHACZ Michał	933	BBL INOWROCŁAW	M-30	37	00:00:09	00:08:06	00:20:52.95	00:21:02.10	+00:04:46 (22.9%)	4:10	14.4 (77.4%)
93	SZUBERGA Damian	109		M-20	35	00:00:05	00:07:51	00:20:54.50	00:20:59.90	+00:04:48 (23.0%)	4:10	14.4 (77.4%)
94	ZBORAŁA Mateusz	18	DIM	M-20	36	00:00:13	00:08:22	00:20:56.10	00:21:09.40	+00:04:49 (23.1%)	4:11	14.3 (76.9%)
95	CIEPŁOWSKI Robert	750	IPA BYDGOSZCZ	M-30	38	00:00:10	00:08:20	00:21:03.10	00:21:13.80	+00:04:56 (23.5%)	4:12	14.3 (76.9%)
96	DZIEKAN Wojciech	774	KABEL TEAM BYDGOSZCZ	M-30	39	00:00:12	00:08:18	00:21:03.80	00:21:16.45	+00:04:57 (23.6%)	4:12	14.2 (76.3%)
97	TRZCIŃSKI Franciszek	1014	SID START	M-50	3	00:00:03	00:08:03	00:21:04.35	00:21:08.15	+00:04:58 (23.6%)	4:13	14.2 (76.3%)
98	DACH Łukasz	428		M-30	40	00:00:11	00:08:22	00:21:04.65	00:21:15.95	+00:04:58 (23.6%)	4:12	14.2 (76.3%)
99	TUBAJA Albert	484	KABEL TEAM	M-40	11	00:00:10	00:08:20	00:21:06.50	00:21:16.75	+00:05:00 (23.7%)	4:13	14.2 (76.3%)
100	KĘDZIORA Krystian	734	STOWARZYSZENIE PIECZA	M-10	10	00:00:21	00:08:59	00:21:10.25	00:21:31.85	+00:05:04 (23.9%)	4:14	14.2 (76.3%)
101	GALIŃSKI Bartosz	735	BYDGOSKIE OKONIE	M-20	37	00:00:18	00:08:25	00:21:10.80	00:21:29.40	+00:05:04 (24.0%)	4:14	14.2 (76.3%)
102	DANIELEWSKI Rafał	983	DRUŻYNA SZPIKU	M-30	41	00:00:15	00:08:17	00:21:13.85	00:21:29.20	+00:05:07 (24.2%)	4:14	14.1 (75.8%)
103	ZBORAŁA Dawid	11	DIM	M-20	38	00:00:13	00:08:23	00:21:14.05	00:21:27.80	+00:05:07 (24.2%)	4:14	14.1 (75.8%)
104	ŻARKOWSKI Krzysztof	600	KABEL TEAM	M-40	12	00:00:00	00:08:30	00:21:16.50	00:21:16.50	+00:05:10 (24.3%)	4:15	14.1 (75.8%)
104	GURDAK Leszek	163		M-40	13	00:00:14	00:08:25	00:21:16.50	00:21:31.05	+00:05:10 (24.3%)	4:15	14.1 (75.8%)
106	GRECHUTA Tomasz	481		M-30	42	00:00:22	00:08:20	00:21:18.15	00:21:40.15	+00:05:12 (24.4%)	4:15	14.1 (75.8%)
107	LEŚNY Mateusz	1032		M-20	39	00:01:03	00:08:46	00:21:18.85	00:22:21.90	+00:05:12 (24.5%)	4:15	14.1 (75.8%)
108	WARCZAK Kuba	72		M-30	43	00:00:09	00:08:22	00:21:20.30	00:21:29.60	+00:05:14 (24.5%)	4:16	14.1 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	STRABEL Bartosz	47		M-20	40	00:00:11	00:08:22	00:21:20.75	00:21:32.50	+00:05:14 (24.6%)	4:16	14.1 (75.8%)
110	FIJĄŁKOWSKI Tomasz	982		M-20	41	00:00:31	00:08:32	00:21:26.95	00:21:58.30	+00:05:20 (24.9%)	4:17	14 (75.3%)
111	BIEL Marek	784	RUN BYDGOSZCZ	M-40	14	00:00:13	00:08:31	00:21:27.20	00:21:40.95	+00:05:21 (24.9%)	4:17	14 (75.3%)
112	SZWARC Paweł	690	RUN BYDGOSZCZ	M-30	44	00:00:12	00:08:40	00:21:27.25	00:21:39.75	+00:05:21 (24.9%)	4:17	14 (75.3%)
113	KOWALIKOWSKI Tadeusz	883		M-50	4	00:00:05	00:08:04	00:21:27.85	00:21:33.50	+00:05:21 (25.0%)	4:17	14 (75.3%)
114	ŚWITAJ Mateusz	301	WTS ASTORIA	M-10	11	00:00:01	00:07:52	00:21:30.95	00:21:32.45	+00:05:24 (25.2%)	4:18	13.9 (74.7%)
115	GRUBICH Arkadiusz	758		M-30	45	00:00:13	00:08:30	00:21:31.85	00:21:45.60	+00:05:25 (25.2%)	4:18	13.9 (74.7%)
116	KLISZEWSKI Adam	316		M-10	12	00:00:29	00:08:35	00:21:33.70	00:22:03.00	+00:05:27 (25.3%)	4:18	13.9 (74.7%)
117	RUDOL Sebastiana	746		M-40	15	00:00:06	00:08:14	00:21:33.80	00:21:40.15	+00:05:27 (25.3%)	4:18	13.9 (74.7%)
118	LIGMANOWSKI Mateusz	715	ŚWIECIE	M-20	42	00:00:38	00:09:13	00:21:36.95	00:22:15.45	+00:05:30 (25.5%)	4:19	13.9 (74.7%)
119	PRZERACKI Mirosław	558	PGB SPORTOWA PACZKA	M-40	16	00:00:19	00:08:26	00:21:39.65	00:21:59.25	+00:05:33 (25.7%)	4:20	13.8 (74.2%)
120	MICHAŁEK Daniel	7		M-20	43	00:00:08	00:08:21	00:21:43.40	00:21:51.60	+00:05:37 (25.9%)	4:20	13.8 (74.2%)
121	PROKOPOWICZ Igor	705		M-10	13	00:00:08	00:08:23	00:21:45.70	00:21:53.90	+00:05:39 (26.0%)	4:21	13.8 (74.2%)
122	SZRAJDA Marcin	647		M-30	46	00:00:04	00:08:27	00:21:45.90	00:21:50.75	+00:05:39 (26.0%)	4:21	13.8 (74.2%)
123	WIDŹGOWSKI Przemysław	526		M-30	47	00:00:12	00:08:39	00:21:46.25	00:21:58.30	+00:05:40 (26.0%)	4:21	13.8 (74.2%)
124	TORCHALSKI Krzysztof	570	RUN PASJA	M-50	5	00:00:04	00:08:22	00:21:48.95	00:21:52.95	+00:05:42 (26.2%)	4:21	13.8 (74.2%)
124	ŚWIATŁAK Piotr	246	SOWA BYDGOSZCZ	M-20	44	00:00:32	00:08:27	00:21:48.95	00:22:21.50	+00:05:42 (26.2%)	4:21	13.8 (74.2%)
126	KUTOWSKI Przemysław	253		M-30	48	00:00:09	00:08:33	00:21:51.70	00:22:01.10	+00:05:45 (26.3%)	4:22	13.7 (73.7%)
127	KOWALSKI Krzysztof	803	KK KRUSZYN KRAJEŃSKI	M-30	49	00:00:59	00:08:58	00:21:52.40	00:22:51.55	+00:05:46 (26.4%)	4:22	13.7 (73.7%)
128	KUNDE Adam	771	BYDGOSZCZTRIATHLON	M-50	6	00:00:13	00:08:28	00:21:52.90	00:22:06.30	+00:05:46 (26.4%)	4:22	13.7 (73.7%)
129	KLINIKOWSKI Jacek	221	KOCHAM ŻYCIE I...	M-40	17	00:00:09	00:09:07	00:21:52.95	00:22:02.25	+00:05:46 (26.4%)	4:22	13.7 (73.7%)
130	PAWLACZYK Szymon	357	TRISPACE	M-30	50	00:00:06	00:08:43	00:21:53.20	00:21:59.40	+00:05:47 (26.4%)	4:22	13.7 (73.7%)
131	WOJCIECHOWSKI Grzegorz	492	TRUST ME, IM ENGINEER!	M-20	45	00:00:09	00:08:46	00:21:56.10	00:22:05.70	+00:05:49 (26.6%)	4:23	13.7 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	CZYŻNIKIEWICZ Paweł	873	WOOLFIK.PL	M-20	46	00:00:19	00:09:03	00:21:56.20	00:22:15.90	+00:05:50 (26.6%)	4:23	13.7 (73.7%)
133	RUTKOWSKI Tomasz	463		M-40	18	00:00:07	00:08:16	00:21:57.45	00:22:05.15	+00:05:51 (26.7%)	4:23	13.7 (73.7%)
134	RAKOWSKI Paweł	708	ŻANDARMİ Z BYDGOSZCZY	M-30	51	00:00:16	00:08:47	00:21:57.90	00:22:14.20	+00:05:51 (26.7%)	4:23	13.7 (73.7%)
135	ZYCH Grzegorz	1069		M-10	14	00:00:26	00:08:34	00:22:04.35	00:22:30.65	+00:05:58 (27.0%)	4:24	13.6 (73.1%)
136	ZIÓŁKOWSKI Mieczysław	282		M-50	7	00:00:03	00:08:19	00:22:05.40	00:22:09.00	+00:05:59 (27.1%)	4:25	13.6 (73.1%)
137	KOŚCIELAK Maciej	652	ŻANDARMİ Z BYDGOSZCZY	M-30	52	00:00:15	00:08:40	00:22:05.90	00:22:21.35	+00:05:59 (27.1%)	4:25	13.6 (73.1%)
138	KRUCZKOWSKI Jakub	998		M-10	15	00:00:18	00:08:13	00:22:06.80	00:22:24.90	+00:06:00 (27.2%)	4:25	13.6 (73.1%)
139	RYDLEWSKI Andrzej	709	RUN BYDGOSZCZ	M-30	53	00:00:12	00:08:41	00:22:08.70	00:22:21.05	+00:06:02 (27.3%)	4:25	13.5 (72.6%)
140	ANDRYSIAK Tomasz	237		M-40	19	00:00:17	00:08:33	00:22:10.30	00:22:27.70	+00:06:04 (27.4%)	4:26	13.5 (72.6%)
141	BYCZKOWSKI Michał	104		M-10	16	00:00:10	00:08:52	00:22:11.55	00:22:21.90	+00:06:05 (27.4%)	4:26	13.5 (72.6%)
142	IWANOWSKI Łukasz	312		M-20	47	00:00:21	00:08:52	00:22:11.95	00:22:33.85	+00:06:05 (27.5%)	4:26	13.5 (72.6%)
143	KRÓL Maciej	1036	TRISPACE	M-40	20	00:00:05	00:08:36	00:22:12.05	00:22:18.00	+00:06:05 (27.5%)	4:26	13.5 (72.6%)
144	MARĆ Robert	808		M-40	21	00:01:13	00:09:24	00:22:13.35	00:23:26.70	+00:06:07 (27.5%)	4:26	13.5 (72.6%)
145	GÓRECKI Łukasz	332	BYDGOSKIE OKONIE	M-30	54	00:00:55	00:08:55	00:22:13.70	00:23:09.05	+00:06:07 (27.6%)	4:26	13.5 (72.6%)
146	SUŚ Cyprian	571	BYDZIA POWER	M-10	17	00:00:05	00:08:39	00:22:15.00	00:22:20.10	+00:06:08 (27.6%)	4:27	13.5 (72.6%)
147	NALEWALSKI Marek	986		M-20	48	00:00:13	00:08:41	00:22:15.05	00:22:28.95	+00:06:08 (27.6%)	4:27	13.5 (72.6%)
148	GACKOWSKI Jarek	61	TRISTYLE.PL	M-40	22	00:00:13	00:08:44	00:22:15.95	00:22:29.25	+00:06:09 (27.7%)	4:27	13.5 (72.6%)
149	RETLEWSKI Adam	597		M-20	49	00:00:44	00:09:25	00:22:16.35	00:23:00.35	+00:06:10 (27.7%)	4:27	13.5 (72.6%)
150	STARCZEWSKI Kacper	875	ASTORIA.BYDGOSZCZ	M-10	18	00:00:03	00:08:19	00:22:16.55	00:22:20.00	+00:06:10 (27.7%)	4:27	13.5 (72.6%)
151	RETLEWSKI Łukasz	585		M-10	19	00:00:43	00:09:26	00:22:16.95	00:23:00.50	+00:06:10 (27.7%)	4:27	13.5 (72.6%)
152	MAGDZIARZ Jakub	764		M-30	55	00:00:29	00:08:42	00:22:18.25	00:22:48.00	+00:06:12 (27.8%)	4:27	13.4 (72.0%)
153	FILIPEK Patryk	286		M-20	50	00:00:11	00:08:58	00:22:18.40	00:22:29.45	+00:06:12 (27.8%)	4:27	13.5 (72.6%)
153	WNUK Sławomir	801		M-40	23	00:00:13	00:08:34	00:22:18.40	00:22:32.35	+00:06:12 (27.8%)	4:27	13.4 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	WNUK Piotr	826		M-10	20	00:00:13	00:08:34	00:22:18.95	00:22:32.65	+00:06:12 (27.8%)	4:27	13.4 (72.0%)
156	MAKLAKIEWICZ Łukasz	325		M-40	24	00:00:08	00:08:34	00:22:19.70	00:22:27.70	+00:06:13 (27.9%)	4:27	13.4 (72.0%)
157	FIGIEL Krzysztof	945	BBL INOWROCŁAW / BARBELL SQUAD	M-20	51	00:00:08	00:08:18	00:22:21.70	00:22:30.35	+00:06:15 (28.0%)	4:28	13.4 (72.0%)
158	TOMASZEWSKI Jordan	26	AFLOFARM RUNNING TEAM	M-30	56	00:00:04	00:08:40	00:22:23.35	00:22:28.15	+00:06:17 (28.1%)	4:28	13.4 (72.0%)
159	SZATKOWSKI Marcin	955	RUN LOTTO BYDGOSTIA	M-20	52	00:00:28	00:09:00	00:22:26.70	00:22:55.40	+00:06:20 (28.3%)	4:29	13.4 (72.0%)
160	WIŚNIEWSKI Włodzimierz	245		M-50	8	00:00:39	00:08:53	00:22:27.50	00:23:07.45	+00:06:21 (28.3%)	4:29	13.4 (72.0%)
161	BURITTTA Mariusz	752		M-30	57	00:00:12	00:08:42	00:22:28.10	00:22:40.60	+00:06:21 (28.3%)	4:29	13.4 (72.0%)
162	GZYL Mikołaj	762	JANUSZE TRIATHLONU-TEAM 'EXODUS'	M-30	58	00:00:27	00:08:45	00:22:31.15	00:22:58.95	+00:06:25 (28.5%)	4:30	13.3 (71.5%)
163	ŁAT Miłosz	1066	ASTORIA	M-10	21	00:00:03	00:08:32	00:22:33.95	00:22:37.25	+00:06:27 (28.6%)	4:30	13.3 (71.5%)
164	FOLERZYŃSKI Dawid	566	4 RUN TEAM	M-10	22	00:00:09	00:08:24	00:22:35.05	00:22:45.00	+00:06:28 (28.7%)	4:31	13.3 (71.5%)
165	PIOTROWSKI Dariusz	454		M-40	25	00:00:32	00:08:57	00:22:35.10	00:23:07.20	+00:06:28 (28.7%)	4:31	13.3 (71.5%)
166	KUBAS Łukasz	457	SOLIDARNOŚĆ KUMPLE	M-20	53	00:00:17	00:09:00	00:22:36.00	00:22:53.00	+00:06:29 (28.8%)	4:31	13.3 (71.5%)
167	DERENDA Mirosław	160	1.BLWL	M-30	59	00:00:28	00:08:39	00:22:36.80	00:23:04.90	+00:06:30 (28.8%)	4:31	13.3 (71.5%)
168	ISELVMO Espen	847		M-20	54	00:00:52	00:08:27	00:22:38.25	00:23:30.40	+00:06:32 (28.9%)	4:31	13.3 (71.5%)
169	GROCHOWSKI Jakub	667	JW1515	M-30	60	00:00:24	00:08:55	00:22:38.50	00:23:03.20	+00:06:32 (28.9%)	4:31	13.2 (71.0%)
170	WYSOCKI Jerzy	688		M-50	9	00:00:34	00:09:17	00:22:39.75	00:23:14.20	+00:06:33 (28.9%)	4:32	13.2 (71.0%)
171	JESIONOWSKI Arkadiusz	728	MI TO TITO	M-30	61	00:00:17	00:09:06	00:22:40.80	00:22:58.40	+00:06:34 (29.0%)	4:32	13.2 (71.0%)
172	STĘPSKI Marek	17	BBL	M-40	26	00:00:11	00:08:37	00:22:40.85	00:22:52.75	+00:06:34 (29.0%)	4:32	13.2 (71.0%)
173	OWCZARSKI Krzysztof	1044		M-30	62	00:00:05	00:08:36	00:22:41.10	00:22:46.45	+00:06:34 (29.0%)	4:32	13.2 (71.0%)
174	MAŁECKI Mariusz	1087		M-20	55	00:00:20	00:09:02	00:22:42.30	00:23:03.05	+00:06:36 (29.1%)	4:32	13.2 (71.0%)
175	LEWICKI Artur	696	LEGE ARTIS	M-40	27	00:00:36	00:09:17	00:22:45.10	00:23:21.30	+00:06:38 (29.2%)	4:33	13.2 (71.0%)
176	ANDRZEJAK Dawid	1056		M-10	23	00:00:24	00:08:47	00:22:45.50	00:23:09.80	+00:06:39 (29.2%)	4:33	13.2 (71.0%)
177	CYL Dawid	227	RUN BYDGOSZCZ	M-30	63	00:00:09	00:08:45	00:22:46.50	00:22:56.35	+00:06:40 (29.3%)	4:33	13.2 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	SZTEJKA Damian	85	BENEFITKSO	M-40	28	00:00:16	00:08:59	00:22:48.75	00:23:05.70	+00:06:42 (29.4%)	4:33	13.1 (70.4%)
179	NOWICKI Marcin	455		M-30	64	00:00:47	00:09:04	00:22:50.70	00:23:37.90	+00:06:44 (29.5%)	4:34	13.1 (70.4%)
180	BRZEZIŃSKI Sławomir	531		M-30	65	00:00:34	00:09:19	00:22:52.40	00:23:27.15	+00:06:46 (29.6%)	4:34	13.1 (70.4%)
181	WOJCIECHOWSKI Jarosław	544		M-40	29	00:00:13	00:08:53	00:22:52.90	00:23:06.05	+00:06:46 (29.6%)	4:34	13.1 (70.4%)
182	LULIŃSKI Igor	38	CB163	M-20	56	00:00:25	00:09:09	00:22:53.60	00:23:18.70	+00:06:47 (29.7%)	4:34	13.1 (70.4%)
183	HERMELIN Wojciech	369	KANCELARIA HMM	M-30	66	00:00:15	00:08:46	00:22:54.10	00:23:09.45	+00:06:47 (29.7%)	4:34	13.1 (70.4%)
184	OSSOWSKI Marcin	887		M-30	67	00:00:27	00:09:29	00:22:55.75	00:23:23.70	+00:06:49 (29.8%)	4:35	13.1 (70.4%)
185	CZYŻEWSKI Mateusz	1039		M-20	57	00:00:16	00:09:06	00:22:57.35	00:23:13.85	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
186	RYŚNIK Dariusz	584	ŻANDARMI Z BYDGOSZCZY	M-40	30	00:00:14	00:08:50	00:22:57.70	00:23:12.55	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
187	KUZIOŁA Łukasz	200		M-30	68	00:00:19	00:08:47	00:22:57.85	00:23:17.75	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
188	WENDA Mateusz	93	D&M	M-20	58	00:00:09	00:09:23	00:22:58.60	00:23:08.30	+00:06:52 (29.9%)	4:35	13.1 (70.4%)
189	SKUBISZEWSKI Damian	508	ARMIA CHRYSTUSA	M-20	59	00:00:45	00:09:12	00:22:59.65	00:23:44.95	+00:06:53 (30.0%)	4:35	13.1 (70.4%)
190	NOWICKI Adam	876		M-40	31	00:00:15	00:09:06	00:23:00.15	00:23:15.95	+00:06:54 (30.0%)	4:36	13 (69.9%)
191	GOZIMIRSKI Andrzej	1006	ROWEROWA BRZOZA	M-60+	1	00:00:03	00:08:43	00:23:00.40	00:23:04.20	+00:06:54 (30.0%)	4:36	13 (69.9%)
192	SUCHALSKI Damian	794	WTS ASTORIA BYDGOSZCZ	M-10	24	00:00:03	00:08:29	00:23:00.60	00:23:03.80	+00:06:54 (30.0%)	4:36	13 (69.9%)
193	MAJEWSKI Robert	1013	RUN PASJA	M-30	69	00:00:24	00:08:50	00:23:03.30	00:23:27.80	+00:06:57 (30.2%)	4:36	13 (69.9%)
194	KONKEL Bartosz	130		M-30	70	00:00:05	00:08:41	00:23:05.05	00:23:10.40	+00:06:58 (30.2%)	4:37	13 (69.9%)
194	PARUCKI Zbigniew	288		M-50	10	00:00:20	00:09:19	00:23:05.05	00:23:25.50	+00:06:58 (30.2%)	4:37	13 (69.9%)
196	QUAAS Łukasz	378	RUN-PASJA	M-30	71	00:00:21	00:08:41	00:23:06.90	00:23:28.30	+00:07:00 (30.3%)	4:37	13 (69.9%)
197	GACKOWSKI Napoleon	591		M-30	72	00:00:27	00:09:20	00:23:07.20	00:23:35.10	+00:07:01 (30.4%)	4:37	13 (69.9%)
198	PAWLACZYK Łukasz	959		M-30	73	00:00:43	00:09:20	00:23:07.40	00:23:51.30	+00:07:01 (30.4%)	4:37	13 (69.9%)
199	KRASIŃSKI Piotr	360		M-40	32	00:00:18	00:09:03	00:23:08.90	00:23:27.00	+00:07:02 (30.4%)	4:37	13 (69.9%)
200	CHOSINSKI Tomek	925		M-30	74	00:00:17	00:08:58	00:23:09.20	00:23:26.20	+00:07:03 (30.5%)	4:37	13 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	TRZCIŃSKI Eugeniusz	239	AKTYWNA BYDGOSZCZ	M-50	11	00:00:07	00:08:52	00:23:09.60	00:23:17.00	+00:07:03 (30.5%)	4:38	12.9 (69.4%)
202	SOKOŁOWSKI Piotr	1053	GORDON	M-30	75	00:01:03	00:09:33	00:23:10.70	00:24:14.60	+00:07:04 (30.5%)	4:38	12.9 (69.4%)
203	CHWIŁKA Daniel	208	TASAK TEAM	M-30	76	00:00:07	00:08:59	00:23:11.00	00:23:18.90	+00:07:04 (30.5%)	4:38	12.9 (69.4%)
204	BUDZIAK Bartosz	363		M-40	33	00:00:18	00:09:28	00:23:11.25	00:23:29.35	+00:07:05 (30.6%)	4:38	12.9 (69.4%)
205	GOŁDA Piotr	1055		M-30	77	00:00:49	00:09:09	00:23:11.90	00:24:01.00	+00:07:05 (30.6%)	4:38	12.9 (69.4%)
206	RUDY-NAJMAN Ariel	1033	MUAYTHAI LEGION BYDGOSZCZ	M-20	60	00:00:41	00:09:07	00:23:17.05	00:23:58.75	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
207	KARBOWNIK Marcin	99	LKS OSTROMECKO	M-20	61	00:00:09	00:09:23	00:23:20.05	00:23:29.85	+00:07:13 (31.0%)	4:40	12.9 (69.4%)
208	KUJAWA Sebastian	407	BBL INOWROCŁAW	M-40	34	00:00:13	00:09:02	00:23:21.10	00:23:34.55	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
208	KRUCZKOWSKI Adam	999		M-40	35	00:00:19	00:08:50	00:23:21.10	00:23:40.80	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
210	WOŹNY Łukasz	502		M-30	78	00:00:15	00:09:03	00:23:21.30	00:23:36.65	+00:07:15 (31.1%)	4:40	12.8 (68.8%)
211	JĘDRZEJEWSKI Tomasz	767		M-10	25	00:01:07	00:10:08	00:23:23.30	00:24:30.60	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
212	DOLATA Łukasz	927		M-30	79	00:00:22	00:09:33	00:23:25.05	00:23:47.80	+00:07:18 (31.2%)	4:41	12.8 (68.8%)
213	WIŚNIEWSKI Przemysław	747	RUN BYDGOSZCZ	M-30	80	00:00:12	00:08:58	00:23:25.30	00:23:37.75	+00:07:19 (31.2%)	4:41	12.8 (68.8%)
214	GRĄDZKI Mateusz	805	ASTORIA	M-10	26	00:00:04	00:08:50	00:23:25.60	00:23:29.60	+00:07:19 (31.3%)	4:41	12.8 (68.8%)
215	KOPCZYK Wojciech	823	NIEZALEŻNI CHEŁMŻA	M-20	62	00:00:37	00:09:22	00:23:26.45	00:24:03.95	+00:07:20 (31.3%)	4:41	12.8 (68.8%)
216	KARPIŃSKI Daniel	100		M-30	81	00:00:06	00:09:10	00:23:28.10	00:23:34.25	+00:07:21 (31.4%)	4:41	12.8 (68.8%)
217	SZYMCZAK Marcin	34		M-20	63	00:00:10	00:08:50	00:23:28.50	00:23:39.20	+00:07:22 (31.4%)	4:41	12.8 (68.8%)
218	SAYDY Adrian	1065		M-10	27	00:00:03	00:08:47	00:23:30.20	00:23:33.50	+00:07:24 (31.5%)	4:42	12.8 (68.8%)
219	KELMAN Marcin	307		M-30	82	00:00:24	00:09:16	00:23:31.05	00:23:55.70	+00:07:24 (31.5%)	4:42	12.8 (68.8%)
220	OPASKA Marcin	189		M-30	83	00:00:28	00:09:46	00:23:33.30	00:24:02.20	+00:07:27 (31.6%)	4:42	12.7 (68.3%)
221	ŚWIĘCICKI Andrzej	142	BYDGOSZCZ	M-40	36	00:00:28	00:09:27	00:23:34.00	00:24:02.80	+00:07:27 (31.7%)	4:42	12.7 (68.3%)
222	BŁAWAT Damian	1041		M-30	84	00:00:26	00:09:01	00:23:35.25	00:24:02.05	+00:07:29 (31.7%)	4:43	12.7 (68.3%)
223	TOBOLSKI Tomasz	268		M-20	64	00:00:36	00:09:32	00:23:37.75	00:24:14.55	+00:07:31 (31.9%)	4:43	12.7 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	PRZYBYTKOWSKI Marek	262		M-20	65	00:00:49	00:09:30	00:23:37.80	00:24:27.50	+00:07:31 (31.9%)	4:43	12.7 (68.3%)
225	STANGRECKI Dariusz	1051	KB ŁAPKA	M-30	85	00:00:22	00:09:16	00:23:41.60	00:24:03.95	+00:07:35 (32.0%)	4:44	12.7 (68.3%)
226	GOTOWALSKI Damian	611		M-20	66	00:00:42	00:09:29	00:23:42.05	00:24:24.95	+00:07:35 (32.1%)	4:44	12.7 (68.3%)
227	WINEK Krystian	807	RUNNERS SWIECIE	M-20	67	00:00:16	00:09:09	00:23:45.00	00:24:01.90	+00:07:38 (32.2%)	4:45	12.6 (67.7%)
228	STEFANOWICZ Łukasz	621		M-30	86	00:00:09	00:09:01	00:23:45.30	00:23:54.60	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
229	MASŁOWSKI Michał	1082		M-30	87	00:00:42	00:10:06	00:23:45.75	00:24:27.80	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
229	KORDYLA Mirosław	546	SSJ TEAM	M-50	12	00:00:28	00:09:30	00:23:45.75	00:24:14.35	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
231	GIERSZ Krzysztof	906		M-40	37	00:00:50	00:10:23	00:23:47.50	00:24:37.50	+00:07:41 (32.3%)	4:45	12.6 (67.7%)
232	KUJAWA Kamil	80		M-30	88	00:00:25	00:09:35	00:23:48.50	00:24:14.25	+00:07:42 (32.4%)	4:45	12.6 (67.7%)
233	WALENCIAK Jarosław	263		M-40	38	00:00:11	00:09:01	00:23:48.55	00:23:59.55	+00:07:42 (32.4%)	4:45	12.6 (67.7%)
233	LIWOCH Grzegorz	32	OSIELSKO	M-40	39	00:00:28	00:09:15	00:23:48.55	00:24:17.00	+00:07:42 (32.4%)	4:45	12.6 (67.7%)
235	WAWRZYNIAK Dawid	323	RUN BYDGOSZCZ	M-20	68	00:00:51	00:09:53	00:23:49.15	00:24:40.65	+00:07:43 (32.4%)	4:45	12.6 (67.7%)
236	WŁOCH Sylwester	1081		M-50	13	00:00:19	00:09:07	00:23:49.80	00:24:09.40	+00:07:43 (32.4%)	4:46	12.6 (67.7%)
237	SCHMIDT Marcin	388		M-30	89	00:00:25	00:09:06	00:23:50.65	00:24:16.30	+00:07:44 (32.5%)	4:46	12.6 (67.7%)
238	HASEK Patryk	418		M-20	69	00:00:50	00:09:56	00:23:52.95	00:24:43.45	+00:07:46 (32.6%)	4:46	12.6 (67.7%)
239	WILCZYŃSKI Jacek	103		M-40	40	00:00:29	00:09:25	00:23:55.40	00:24:24.60	+00:07:49 (32.7%)	4:47	12.5 (67.2%)
240	MAREK Sławomir	769	STALE BIEGAM NOVA TRADING	M-30	90	00:00:16	00:09:14	00:23:55.80	00:24:12.00	+00:07:49 (32.7%)	4:47	12.5 (67.2%)
241	SZADKOWSKI Maciej	1054		M-40	41	00:00:41	00:09:36	00:23:57.55	00:24:39.00	+00:07:51 (32.8%)	4:47	12.5 (67.2%)
242	SZARLEJ Marcin	944		M-30	91	00:00:32	00:09:32	00:23:57.65	00:24:30.20	+00:07:51 (32.8%)	4:47	12.5 (67.2%)
243	LUBIŃSKI Robert	249		M-30	92	00:00:21	00:09:12	00:23:57.75	00:24:18.80	+00:07:51 (32.8%)	4:47	12.5 (67.2%)
244	WACHOWSKI Piotr	425		M-40	42	00:00:36	00:09:40	00:23:58.35	00:24:34.45	+00:07:52 (32.8%)	4:47	12.5 (67.2%)
245	SZCZEBLEWSKI Witold	482		M-50	14	00:00:37	00:09:36	00:23:59.10	00:24:36.80	+00:07:52 (32.9%)	4:47	12.5 (67.2%)
246	KLINOWSKI Radosław	57		M-30	93	00:01:25	00:09:04	00:23:59.45	00:25:24.90	+00:07:53 (32.9%)	4:47	12.5 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	TŁUSTY Przemysław	1064		M-20	70	00:01:27	00:09:36	00:24:03.95	00:25:31.20	+00:07:57 (33.1%)	4:48	12.5 (67.2%)
248	BINDEK Łukasz	30		M-30	94	00:00:21	00:09:32	00:24:06.45	00:24:27.50	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
249	KULINSKI Zbigniew	969		M-30	95	00:00:21	00:09:03	00:24:06.65	00:24:28.10	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
250	ŻUCHOWSKI Dariusz	1011		M-40	43	00:00:37	00:09:28	00:24:06.80	00:24:43.80	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
251	NADRATOWSKI Maciej	671	KABEL TEAM	M-40	44	00:00:11	00:09:26	00:24:10.00	00:24:21.65	+00:08:03 (33.4%)	4:50	12.4 (66.7%)
252	WĘGRZYNOWSKI Sławomir	693	KABEL TEAM	M-40	45	00:00:11	00:09:26	00:24:10.10	00:24:21.50	+00:08:03 (33.4%)	4:50	12.4 (66.7%)
253	KOLANOWSKI Wojciech	507		M-50	15	00:00:18	00:09:27	00:24:10.40	00:24:29.10	+00:08:04 (33.4%)	4:50	12.4 (66.7%)
254	LANGOWSKI Piotr	899		M-10	28	00:01:17	00:09:29	00:24:11.50	00:25:28.70	+00:08:05 (33.4%)	4:50	12.4 (66.7%)
255	JOACHIMIAK Dariusz	337		M-20	71	00:00:23	00:09:47	00:24:12.55	00:24:35.65	+00:08:06 (33.5%)	4:50	12.4 (66.7%)
256	BRZOZOWSKI Mariusz	458		M-50	16	00:00:29	00:09:47	00:24:16.00	00:24:45.15	+00:08:09 (33.6%)	4:51	12.4 (66.7%)
257	ŚCIBAK Wojciech	472	JFTC SU	M-30	96	00:00:28	00:09:48	00:24:16.60	00:24:45.30	+00:08:10 (33.7%)	4:51	12.4 (66.7%)
258	DĄBROWSKI Bartosz	149	BARTOSZDABROWSKI.PL	M-30	97	00:00:27	00:09:18	00:24:16.65	00:24:44.40	+00:08:10 (33.7%)	4:51	12.4 (66.7%)
259	MALINOWSKI Igor	614	BTW	M-10	29	00:00:13	00:09:44	00:24:17.45	00:24:31.35	+00:08:11 (33.7%)	4:51	12.3 (66.1%)
260	APANASIEWICZ Bartosz	1020		M-30	98	00:00:55	00:09:29	00:24:20.60	00:25:15.80	+00:08:14 (33.9%)	4:52	12.3 (66.1%)
261	ŚWIATLAK Marek	256	SOWA BYDGOSZCZ	M-40	46	00:00:33	00:09:46	00:24:22.85	00:24:56.40	+00:08:16 (34.0%)	4:52	12.3 (66.1%)
262	BYCZKOWSKI Zenon	84		M-50	17	00:00:29	00:09:23	00:24:23.10	00:24:52.10	+00:08:16 (34.0%)	4:52	12.3 (66.1%)
263	KORDAS Jacek	31		M-20	72	00:00:53	00:09:25	00:24:23.30	00:25:17.00	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
264	WIŚNIEWSKI Maksymilian	266		M-10	30	00:00:41	00:10:20	00:24:28.30	00:25:09.30	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
265	FABROWSKI Dawid	247		M-30	99	00:00:53	00:09:50	00:24:28.35	00:25:21.65	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
266	KIECA Andrzej	339	BBL BYDGOSZCZ	M-40	47	00:00:56	00:10:10	00:24:28.40	00:25:25.10	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
267	PRIEWE Paweł	342		M-30	100	00:00:13	00:09:52	00:24:28.70	00:24:41.70	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
267	ŚWIERCZYŃSKI Marcin	13		M-30	101	00:01:02	00:10:27	00:24:28.70	00:25:31.45	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
269	SZUBARTOWSKI Robert	511	ZESPÓŁ SZKÓŁ NR 5 MS	M-40	48	00:00:49	00:09:58	00:24:30.15	00:25:19.25	+00:08:24 (34.3%)	4:54	12.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	OSZUBSKI Dawid	689		M-10	31	00:00:17	00:09:52	00:24:30.90	00:24:48.10	+00:08:24 (34.3%)	4:54	12.2 (65.6%)
271	MICHALAK Robert	358	GORDON RUN	M-20	73	00:01:03	00:09:57	00:24:31.05	00:25:34.30	+00:08:24 (34.3%)	4:54	12.2 (65.6%)
272	OSZUBSKI Kazimierz	645		M-40	49	00:00:16	00:09:53	00:24:32.30	00:24:48.55	+00:08:26 (34.4%)	4:54	12.2 (65.6%)
273	PALIGA Maciej	181		M-20	74	00:00:39	00:09:32	00:24:33.00	00:25:12.40	+00:08:26 (34.4%)	4:54	12.2 (65.6%)
274	JASŁOWSKI Sebastian	896		M-30	102	00:00:24	00:09:42	00:24:34.95	00:24:59.20	+00:08:28 (34.5%)	4:55	12.2 (65.6%)
275	DROŻ Marcin	434		M-10	32	00:00:43	00:09:38	00:24:36.75	00:25:20.65	+00:08:30 (34.6%)	4:55	12.2 (65.6%)
276	KORTAS Marcin	994		M-40	50	00:00:27	00:09:40	00:24:38.35	00:25:05.45	+00:08:32 (34.6%)	4:55	12.2 (65.6%)
277	SKWARCZYŃSKI Radek	553		M-20	75	00:00:49	00:10:01	00:24:38.95	00:25:28.50	+00:08:32 (34.7%)	4:55	12.2 (65.6%)
278	KUBIAK Jarosław	809	WISŁA FORDON	M-30	103	00:00:22	00:09:37	00:24:40.40	00:25:02.40	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
279	KONWIŃSKI Dariusz	22	BARCA	M-40	51	00:00:07	00:09:12	00:24:40.70	00:24:48.00	+00:08:34 (34.8%)	4:56	12.2 (65.6%)
280	WEGNER Roman	172		M-50	18	00:00:27	00:09:37	00:24:41.55	00:25:09.40	+00:08:35 (34.8%)	4:56	12.1 (65.1%)
281	KOLSKI Radek	780		M-40	52	00:00:33	00:09:47	00:24:42.40	00:25:15.80	+00:08:36 (34.8%)	4:56	12.1 (65.1%)
282	KILAN Kacper	973		M-10	33	00:00:47	00:10:56	00:24:46.30	00:25:33.50	+00:08:40 (35.0%)	4:57	12.1 (65.1%)
283	SUCHODOLSKI Sebastian	168		M-40	53	00:00:19	00:09:30	00:24:49.35	00:25:08.50	+00:08:43 (35.1%)	4:57	12.1 (65.1%)
284	GUMOWSKI Kamil	815		M-20	76	00:00:14	00:09:19	00:24:49.95	00:25:04.00	+00:08:43 (35.2%)	4:58	12.1 (65.1%)
285	KRAWIEC Mariusz	737		M-40	54	00:00:57	00:10:06	00:24:50.45	00:25:48.15	+00:08:44 (35.2%)	4:58	12.1 (65.1%)
286	KUFEL Mateusz	1008		M-20	77	00:00:39	00:09:26	00:24:50.85	00:25:30.05	+00:08:44 (35.2%)	4:58	12.1 (65.1%)
287	SAWICKI Mikołaj	797	ELEKTRONIK BYDGOSZCZ	M-10	34	00:00:06	00:09:00	00:24:51.45	00:24:58.25	+00:08:45 (35.2%)	4:58	12.1 (65.1%)
287	ZIELIŃSKI Stanisław	610	GORDON RUN	M-30	104	00:01:04	00:09:59	00:24:51.45	00:25:56.15	+00:08:45 (35.2%)	4:58	12.1 (65.1%)
289	CIECHANOWSKI Tomasz	820	KK KRUSZYN KRAJEŃSKI	M-30	105	00:01:00	00:09:56	00:24:51.95	00:25:52.10	+00:08:45 (35.2%)	4:58	12.1 (65.1%)
290	MULLER Jakub	528	GIMNAZJUM 38	M-10	35	00:00:08	00:08:46	00:24:54.35	00:25:03.15	+00:08:48 (35.3%)	4:59	12 (64.5%)
291	LEWANDOWSKI Radosław	1048		M-40	55	00:01:12	00:10:52	00:24:54.65	00:26:07.15	+00:08:48 (35.4%)	4:59	12 (64.5%)
292	RENC Patryk	834		M-20	78	00:00:43	00:10:43	00:25:00.50	00:25:43.50	+00:08:54 (35.6%)	5:00	12 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	RAUT Wiesław	987		M-60+	2	00:00:39	00:10:26	00:25:04.95	00:25:44.50	+00:08:58 (35.8%)	5:01	12 (64.5%)
294	POCHOWSKI Robert	111		M-30	106	00:00:32	00:09:49	00:25:06.15	00:25:38.40	+00:09:00 (35.9%)	5:01	12 (64.5%)
295	KARASZEWSKI Marcin	824		M-30	107	00:00:36	00:10:40	00:25:06.65	00:25:43.60	+00:09:00 (35.9%)	5:01	11.9 (64.0%)
296	KOLDUN Łukasz	379	FORDON	M-20	79	00:00:35	00:10:05	00:25:06.80	00:25:42.70	+00:09:00 (35.9%)	5:01	11.9 (64.0%)
297	WAWRZYNIAK Andrzej	412	22. ODN	M-50	19	00:00:32	00:10:06	00:25:08.90	00:25:41.65	+00:09:02 (36.0%)	5:01	11.9 (64.0%)
298	MALINOWSKI Waldemar	58	RUN LOTTO-BYDGOSTIA	M-40	56	00:00:14	00:09:43	00:25:11.25	00:25:25.65	+00:09:05 (36.1%)	5:02	11.9 (64.0%)
299	KAMPER Jarosław	598		M-30	108	00:00:40	00:10:41	00:25:11.40	00:25:52.30	+00:09:05 (36.1%)	5:02	11.9 (64.0%)
300	KRAWCZYK Przemysław	159	CROSSFIT TORUŃ	M-30	109	00:00:56	00:10:10	00:25:14.20	00:26:10.60	+00:09:08 (36.2%)	5:02	11.9 (64.0%)
301	TWARDOWSKI Wojciech	328	RUN BYDGOSZCZ	M-40	57	00:00:48	00:10:11	00:25:14.55	00:26:02.90	+00:09:08 (36.2%)	5:02	11.9 (64.0%)
301	ŻABOWSKI Marek	636	RZABA TEAM	M-30	110	00:00:17	00:09:33	00:25:14.55	00:25:32.35	+00:09:08 (36.2%)	5:03	11.9 (64.0%)
303	MENDYK Tomasz	346		M-30	111	00:00:59	00:10:04	00:25:16.95	00:26:16.80	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
304	SEROCKI Bartosz	415	KCBM FRANEK I RÓŻA	M-30	112	00:00:52	00:10:09	00:25:18.90	00:26:11.45	+00:09:12 (36.4%)	5:03	11.8 (63.4%)
305	SZALA Paweł	10	B4SPORT	M-20	80	00:00:20	00:10:26	00:25:19.00	00:25:39.65	+00:09:12 (36.4%)	5:03	11.8 (63.4%)
306	TRUDNOWSKI Janusz	39		M-60+	3	00:00:16	00:09:48	00:25:19.80	00:25:35.80	+00:09:13 (36.4%)	5:03	11.8 (63.4%)
307	KRYSZTOFIAK Robert	40		M-40	58	00:00:21	00:09:52	00:25:21.15	00:25:42.40	+00:09:15 (36.5%)	5:04	11.8 (63.4%)
308	MAŁECKI Tomasz	211		M-30	113	00:00:46	00:09:49	00:25:21.30	00:26:08.20	+00:09:15 (36.5%)	5:04	11.8 (63.4%)
309	BAGROWSKI Marek	98	UMK COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZNE BIEGA	M-50	20	00:00:12	00:09:43	00:25:22.15	00:25:34.65	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
310	KAPELIŃSKI Sebastian	193		M-20	81	00:00:46	00:10:23	00:25:22.35	00:26:08.80	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
311	DĘBSKI Rafał	377		M-20	82	00:00:17	00:09:44	00:25:22.75	00:25:40.25	+00:09:16 (36.6%)	5:04	11.8 (63.4%)
312	KIEŁCZYŃSKI Waldemar	575		M-30	114	00:01:06	00:10:13	00:25:23.60	00:26:29.80	+00:09:17 (36.6%)	5:04	11.8 (63.4%)
313	ZABOROWSKI Robert	5	PGB SPORTOWA PACZKA	M-30	115	00:00:34	00:10:09	00:25:24.10	00:25:58.15	+00:09:17 (36.6%)	5:04	11.8 (63.4%)
314	KUBIK Krzysztof	188	DRUŻYNA SZPIKU	M-50	21	00:01:15	00:10:38	00:25:24.15	00:26:39.65	+00:09:18 (36.6%)	5:04	11.8 (63.4%)
315	CZYŚCIECKI Adrian	602	STAFF BYDGOSZCZ TRIATHLON	M-20	83	00:01:08	00:10:30	00:25:24.30	00:26:32.60	+00:09:18 (36.6%)	5:04	11.8 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	ANGLART Roman	988		M-50	22	00:01:06	00:10:05	00:25:24.65	00:26:31.55	+00:09:18 (36.6%)	5:05	11.8 (63.4%)
317	BRYLEW Tomasz	662	AGENCJA SITAB	M-40	59	00:01:22	00:09:58	00:25:26.05	00:26:48.25	+00:09:19 (36.7%)	5:05	11.8 (63.4%)
318	ZNANIECKI Wojciech	389		M-30	116	00:00:54	00:10:06	00:25:26.50	00:26:21.00	+00:09:20 (36.7%)	5:05	11.8 (63.4%)
319	BRZOZOWSKI Jarosław	141	BRZOZA TRI TEAM	M-50	23	00:00:21	00:10:07	00:25:28.15	00:25:49.40	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
320	CEMKE Tomasz	128		M-40	60	00:00:14	00:10:12	00:25:28.25	00:25:43.10	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
321	SYNAKIEWICZ Piotr	890	B4SPORT	M-30	117	00:00:44	00:10:15	00:25:28.65	00:26:13.15	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
322	ŚLADEWSKI Rafał	43		M-30	118	00:00:19	00:09:31	00:25:29.80	00:25:48.90	+00:09:23 (36.8%)	5:05	11.8 (63.4%)
323	STASZKIEWICZ Radosław	422	STASHKY TEAM	M-40	61	00:00:32	00:10:08	00:25:31.80	00:26:04.65	+00:09:25 (36.9%)	5:06	11.7 (62.9%)
324	BYRTEK Grzegorz	469		M-40	62	00:00:29	00:09:46	00:25:33.45	00:26:03.15	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
325	WEYER Łukasz	264		M-30	119	00:01:00	00:10:31	00:25:36.25	00:26:36.75	+00:09:30 (37.1%)	5:07	11.7 (62.9%)
326	KUBOWICZ Piotr	242	DRUŻYNA..GOCHY	M-40	63	00:00:08	00:09:59	00:25:36.80	00:25:45.70	+00:09:30 (37.1%)	5:07	11.7 (62.9%)
327	SENDROWICZ Mariusz	132		M-30	120	00:00:54	00:10:45	00:25:39.50	00:26:33.80	+00:09:33 (37.2%)	5:07	11.7 (62.9%)
328	KRAWCZYK Mateusz	258		M-20	84	00:00:40	00:10:32	00:25:39.65	00:26:20.30	+00:09:33 (37.2%)	5:08	11.7 (62.9%)
329	STOKŁOSA Maciej	497	C-130 TEAM	M-20	85	00:00:36	00:10:12	00:25:40.20	00:26:16.70	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
330	PIESIK Marcin	572	STOWARZYSZENIE PIECZA	M-10	36	00:01:59	00:10:53	00:25:40.40	00:27:39.50	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
331	ANDRYSZAK Piotr	913		M-40	64	00:00:16	00:09:56	00:25:44.60	00:26:01.10	+00:09:38 (37.4%)	5:09	11.7 (62.9%)
332	MRÓWCZYŃSKI Sebastian	250	22. ODN	M-30	121	00:00:32	00:10:14	00:25:44.95	00:26:17.20	+00:09:38 (37.5%)	5:09	11.7 (62.9%)
333	STYPCZYŃSKI Radek	60		M-20	86	00:01:16	00:10:42	00:25:45.30	00:27:01.45	+00:09:39 (37.5%)	5:09	11.7 (62.9%)
334	BARTECKI Paweł	108		M-30	122	00:00:32	00:10:08	00:25:46.70	00:26:18.95	+00:09:40 (37.5%)	5:09	11.6 (62.4%)
335	WOŹNIAK Adam	844		M-30	123	00:01:11	00:10:02	00:25:47.45	00:26:59.35	+00:09:41 (37.6%)	5:09	11.6 (62.4%)
336	SIERANT Marian	816		M-50	24	00:00:28	00:09:59	00:25:47.85	00:26:16.35	+00:09:41 (37.6%)	5:09	11.6 (62.4%)
337	ŚWIERCZYŃSKI Michał	182		M-10	37	00:01:03	00:10:27	00:25:50.20	00:26:53.80	+00:09:44 (37.7%)	5:10	11.6 (62.4%)
338	SZAFKOWSKI Arkadiusz	232		M-40	65	00:00:28	00:10:05	00:25:52.70	00:26:21.40	+00:09:46 (37.8%)	5:10	11.6 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	ŚWIATŁY Andrzej	212		M-40	66	00:00:31	00:10:29	00:25:53.25	00:26:24.75	+00:09:47 (37.8%)	5:10	11.6 (62.4%)
340	MIŚ Michał	8	LUKS START NAKŁO	M-20	87	00:00:35	00:10:27	00:25:55.20	00:26:30.70	+00:09:49 (37.9%)	5:11	11.6 (62.4%)
341	STAWCZYK Dariusz	44		M-30	124	00:00:45	00:10:54	00:25:56.75	00:26:42.30	+00:09:50 (37.9%)	5:11	11.6 (62.4%)
342	KIJEWSKI Maciej	517		M-30	125	00:00:26	00:09:49	00:25:57.30	00:26:24.15	+00:09:51 (38.0%)	5:11	11.6 (62.4%)
343	KREŃSKI Tomasz	452		M-30	126	00:00:49	00:10:24	00:25:58.05	00:26:47.45	+00:09:51 (38.0%)	5:11	11.6 (62.4%)
344	MILDA Maciej	1009		M-20	88	00:00:41	00:09:52	00:25:58.30	00:26:39.75	+00:09:52 (38.0%)	5:11	11.6 (62.4%)
345	KONDEL Kamil	687	SITAB	M-30	127	00:00:26	00:10:18	00:26:01.30	00:26:27.35	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
346	ANDREASSEN Brynjar	478		M-20	89	00:00:57	00:09:30	00:26:02.00	00:26:59.35	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
347	GÓRSKI Kamil	112		M-20	90	00:00:22	00:09:52	00:26:04.00	00:26:26.10	+00:09:57 (38.2%)	5:12	11.5 (61.8%)
348	KULBAKA Dawid	228		M-30	128	00:00:40	00:10:17	00:26:04.95	00:26:45.75	+00:09:58 (38.3%)	5:13	11.5 (61.8%)
349	GORDON Roman	779	RUN BYDGOSZCZ	M-60+	4	00:00:46	00:10:31	00:26:07.45	00:26:54.40	+00:10:01 (38.4%)	5:13	11.5 (61.8%)
350	NOWAKOWSKI Tomasz	314		M-30	129	00:00:05	00:09:59	00:26:07.55	00:26:12.80	+00:10:01 (38.4%)	5:13	11.5 (61.8%)
351	BURITTA Robert	629		M-20	91	00:00:12	00:10:20	00:26:09.15	00:26:21.15	+00:10:03 (38.4%)	5:13	11.5 (61.8%)
352	CHUDZIŃSKI Adrian	919	AQUA4	M-20	92	00:00:26	00:11:09	00:26:10.30	00:26:36.85	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
353	RUTKOWSKI Michał	628		M-10	38	00:00:55	00:10:24	00:26:12.15	00:27:07.90	+00:10:06 (38.5%)	5:14	11.5 (61.8%)
354	DROŻ Krzysztof	375	ZPSERWIS BYDGOSZCZ	M-50	25	00:00:44	00:10:27	00:26:12.25	00:26:56.90	+00:10:06 (38.5%)	5:14	11.5 (61.8%)
354	WŁODARSKI Paweł	543		M-30	130	00:00:57	00:10:49	00:26:12.25	00:27:09.25	+00:10:06 (38.5%)	5:14	11.5 (61.8%)
356	BEDNAREK Waldemar	1071		M-40	67	00:01:25	00:10:28	00:26:13.55	00:27:39.20	+00:10:07 (38.6%)	5:14	11.4 (61.3%)
357	KLISZEWSKI Piotr	329	KS GWIAZDA	M-10	39	00:00:50	00:10:47	00:26:13.95	00:27:04.70	+00:10:07 (38.6%)	5:14	11.4 (61.3%)
358	TOMASZEWSKI Marcin	1018		M-30	131	00:00:36	00:10:41	00:26:14.40	00:26:50.45	+00:10:08 (38.6%)	5:14	11.4 (61.3%)
359	SZCZĘSNY Arkadiusz	464		M-30	132	00:00:12	00:09:53	00:26:15.30	00:26:27.95	+00:10:09 (38.7%)	5:15	11.4 (61.3%)
360	BĄCZKOWSKI Adam	1024		M-20	93	00:00:22	00:09:44	00:26:17.15	00:26:39.15	+00:10:11 (38.7%)	5:15	11.4 (61.3%)
361	STRZAŁKOWSKI Sergiusz	770		M-10	40	00:01:01	00:10:50	00:26:17.40	00:27:18.50	+00:10:11 (38.8%)	5:15	11.4 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	GRACZYK Przemysław	535		M-20	94	00:01:06	00:11:01	00:26:25.30	00:27:32.05	+00:10:19 (39.1%)	5:17	11.3 (60.8%)
363	SZMELTER Michał	203		M-40	68	00:00:43	00:10:36	00:26:25.75	00:27:09.45	+00:10:19 (39.1%)	5:17	11.3 (60.8%)
364	KLISZEWSKI Maciej	327	KS GWIAZDA	M-10	41	00:00:51	00:10:46	00:26:26.60	00:27:17.65	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
365	BORACZYŃSKI Kacper	639		M-10	42	00:01:06	00:11:12	00:26:28.45	00:27:34.80	+00:10:22 (39.2%)	5:17	11.3 (60.8%)
366	FILOSEK Paweł	1030		M-20	95	00:00:59	00:11:03	00:26:29.35	00:27:28.60	+00:10:23 (39.2%)	5:17	11.3 (60.8%)
367	BORZYSZKOWSKI Grzegorz	92	STARY FORDON	M-30	133	00:00:26	00:10:10	00:26:31.05	00:26:57.65	+00:10:24 (39.3%)	5:18	11.3 (60.8%)
368	BAUMAN Krystian	516	DRUŻYNA SZPIKU	M-30	134	00:00:59	00:10:20	00:26:32.20	00:27:32.15	+00:10:26 (39.3%)	5:18	11.3 (60.8%)
369	WOJTYSIAK Szymon	59	BYDGOSKIE OKONIE	M-20	96	00:00:38	00:10:46	00:26:32.50	00:27:10.70	+00:10:26 (39.3%)	5:18	11.3 (60.8%)
370	MYCZKO Dariusz	675	CPR BYDGOSZCZ	M-30	135	00:00:40	00:10:16	00:26:34.10	00:27:14.10	+00:10:27 (39.4%)	5:18	11.3 (60.8%)
371	KRAŚKIEWICZ Szymon	444		M-20	97	00:00:43	00:10:11	00:26:36.45	00:27:19.95	+00:10:30 (39.5%)	5:19	11.3 (60.8%)
372	DROZDOWSKI Krzysiek	765		M-40	69	00:00:38	00:10:07	00:26:36.80	00:27:15.75	+00:10:30 (39.5%)	5:19	11.3 (60.8%)
373	DUDZIAK Tomasz	374	PYSZCZOSZCZYPIE	M-30	136	00:00:54	00:10:30	00:26:43.40	00:27:37.70	+00:10:37 (39.7%)	5:20	11.2 (60.2%)
374	AFTYKA Mateusz	947		M-10	43	00:00:47	00:10:56	00:26:45.65	00:27:33.25	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
375	PADZIKOWSKI Marcin	683	DAM RADĘ	M-30	137	00:00:10	00:09:23	00:26:48.30	00:26:58.40	+00:10:42 (39.9%)	5:21	11.2 (60.2%)
376	RACIBORSKI Grzegorz	846		M-30	138	00:01:03	00:11:07	00:26:53.70	00:27:57.40	+00:10:47 (40.1%)	5:22	11.2 (60.2%)
377	WOLSKI Adam	117	REAL MADRYT	M-30	139	00:00:33	00:10:23	00:26:58.45	00:27:31.45	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
378	FRYDRYSZEK Michał	874		M-20	98	00:00:50	00:10:16	00:27:03.65	00:27:54.30	+00:10:57 (40.5%)	5:24	11.1 (59.7%)
379	CHUDZIŃSKI Krystian	916	AQUA 4	M-20	99	00:00:26	00:11:06	00:27:04.75	00:27:30.80	+00:10:58 (40.5%)	5:24	11.1 (59.7%)
380	JANKOWSKI Tomasz Michał	731		M-50	26	00:01:01	00:11:00	00:27:07.40	00:28:09.25	+00:11:01 (40.6%)	5:25	11.1 (59.7%)
381	MIKUŁA Tomasz	123	GORDON RUN	M-30	140	00:01:09	00:11:13	00:27:07.45	00:28:17.15	+00:11:01 (40.6%)	5:25	11.1 (59.7%)
382	KROPIDŁOWSKI Bartosz	1047		M-30	141	00:00:36	00:11:07	00:27:10.85	00:27:47.05	+00:11:04 (40.8%)	5:26	11 (59.1%)
383	TARASZKA Ireneusz	68	JRG 1 INOWROCŁAW	M-50	27	00:00:19	00:10:53	00:27:11.80	00:27:31.30	+00:11:05 (40.8%)	5:26	11 (59.1%)
384	CEGIELSKI Maciej	322	ŻANDARMI Z BYDGOSZCZY	M-40	70	00:00:16	00:10:12	00:27:12.60	00:27:28.70	+00:11:06 (40.8%)	5:26	11 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	KLONOWSKI Sławomir	28		M-40	71	00:01:08	00:11:13	00:27:13.20	00:28:21.20	+00:11:07 (40.8%)	5:26	11 (59.1%)
386	WOŁOSZYN Kazimierz	75	BRZOZA BIEGA	M-50	28	00:01:09	00:10:51	00:27:14.90	00:28:24.45	+00:11:08 (40.9%)	5:27	11 (59.1%)
387	DULAT Roland	49		M-20	100	00:00:19	00:11:00	00:27:15.20	00:27:34.40	+00:11:09 (40.9%)	5:27	11 (59.1%)
388	DURAŁEK Andrzej	87	TEAM PRUSZCZ	M-40	72	00:00:48	00:10:56	00:27:16.80	00:28:04.85	+00:11:10 (41.0%)	5:27	11 (59.1%)
389	DOBRZYŃSKI Mateusz	1075	ZAWISZA	M-10	44	00:01:07	00:10:28	00:27:29.00	00:28:36.60	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
390	RAPACZ Krzysztof	958		M-30	142	00:00:45	00:10:38	00:27:29.35	00:28:14.90	+00:11:23 (41.4%)	5:29	10.9 (58.6%)
391	DZEDZEJ Bartłomiej	9	KK ASTORIA	M-30	143	00:00:43	00:10:52	00:27:31.20	00:28:14.50	+00:11:25 (41.5%)	5:30	10.9 (58.6%)
392	SMERLIŃSKI Robert	974		M-30	144	00:00:51	00:10:40	00:27:31.40	00:28:22.75	+00:11:25 (41.5%)	5:30	10.9 (58.6%)
393	ZIELIŃSKI Maciej	855	KABEL TEAM BYDGOSZCZ	M-30	145	00:01:15	00:11:26	00:27:31.80	00:28:47.40	+00:11:25 (41.5%)	5:30	10.9 (58.6%)
394	BORACZYŃSKI Filip	642		M-10	45	00:01:05	00:12:02	00:27:32.35	00:28:37.85	+00:11:26 (41.5%)	5:30	10.9 (58.6%)
395	JASTRZEMBSKI Tomasz	792		M-30	146	00:00:13	00:10:29	00:27:32.45	00:27:45.75	+00:11:26 (41.5%)	5:30	10.9 (58.6%)
396	STRYCYŃSKI Marek	997		M-20	101	00:00:42	00:11:15	00:27:32.75	00:28:15.50	+00:11:26 (41.5%)	5:30	10.9 (58.6%)
397	BORACZYŃSKI Krzysztof	637		M-40	73	00:01:06	00:12:02	00:27:33.60	00:28:39.65	+00:11:27 (41.6%)	5:30	10.9 (58.6%)
398	GANCKOWSKI Piotr	679		M-50	29	00:00:36	00:10:57	00:27:36.35	00:28:12.40	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
399	WIERSKI Marcin	760		M-10	46	00:00:43	00:10:58	00:27:36.85	00:28:20.20	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
400	DREWS Grzegorz	456	RUN BYDGOSZCZ	M-40	74	00:00:54	00:11:24	00:27:48.95	00:28:43.00	+00:11:42 (42.1%)	5:33	10.8 (58.1%)
401	MOROSZCZAK Bogumił	857		M-40	75	00:00:35	00:11:07	00:27:53.00	00:28:28.15	+00:11:46 (42.3%)	5:34	10.8 (58.1%)
402	JAŹDŻEWSKI Jarosław	565		M-30	147	00:00:42	00:11:15	00:27:54.95	00:28:36.95	+00:11:48 (42.3%)	5:34	10.8 (58.1%)
403	STRABEL Marek	394	LUKAS	M-20	102	00:00:16	00:10:42	00:28:02.05	00:28:18.85	+00:11:55 (42.6%)	5:36	10.7 (57.5%)
404	STASZKIEWICZ Jakub	496	STASHKY TEAM	M-10	47	00:00:33	00:10:34	00:28:04.20	00:28:37.75	+00:11:58 (42.6%)	5:36	10.7 (57.5%)
405	POTRZEBOWSKI Marek	818		M-30	148	00:01:03	00:11:28	00:28:04.45	00:29:07.50	+00:11:58 (42.6%)	5:36	10.7 (57.5%)
406	JARZEMSKI Marcin	761	BYDGOSZCZ TRIATHLON TEAM	M-20	103	00:00:23	00:11:05	00:28:08.15	00:28:31.40	+00:12:02 (42.8%)	5:37	10.7 (57.5%)
407	ORNATOWSKI Marcin	521		M-30	149	00:01:07	00:11:02	00:28:14.15	00:29:21.85	+00:12:08 (43.0%)	5:38	10.6 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	PRZYMUS Arkadiusz	519		M-30	150	00:01:15	00:11:20	00:28:15.00	00:29:30.20	+00:12:08 (43.0%)	5:39	10.6 (57.0%)
409	PRZYMUS Gracjan	523		M-10	48	00:01:15	00:11:20	00:28:15.10	00:29:30.15	+00:12:08 (43.0%)	5:39	10.6 (57.0%)
410	BRONISZ Patryk	1080		M-20	104	00:01:14	00:11:15	00:28:18.20	00:29:32.60	+00:12:12 (43.1%)	5:39	10.6 (57.0%)
411	JAKIMCZUK Przemysław	500		M-20	105	00:01:08	00:12:19	00:28:19.15	00:29:27.30	+00:12:13 (43.1%)	5:39	10.6 (57.0%)
412	LEMAŃSKI Michał	1063		M-20	106	00:01:27	00:10:11	00:28:26.35	00:29:53.55	+00:12:20 (43.4%)	5:41	10.6 (57.0%)
413	FILOSEK Marcin	1031		M-30	151	00:00:00	00:12:02	00:28:26.90	00:28:26.90	+00:12:20 (43.4%)	5:41	10.6 (57.0%)
414	ZYCH Grzegorz	1068		M-50	30	00:00:27	00:10:56	00:28:29.00	00:28:56.10	+00:12:22 (43.5%)	5:41	10.5 (56.5%)
415	KOGUC Artur	893		M-40	76	00:00:32	00:10:42	00:28:29.55	00:29:01.80	+00:12:23 (43.5%)	5:41	10.5 (56.5%)
416	PIETRASZAK Tomasz	499	RUN BYDGOSZCZ	M-40	77	00:00:53	00:11:25	00:28:32.35	00:29:25.85	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
417	BUSSE Piotr	581		M-30	152	00:01:05	00:11:27	00:28:40.95	00:29:46.15	+00:12:34 (43.9%)	5:44	10.5 (56.5%)
418	RYŚNIK Krystian	659	RYŚPOWER	M-20	107	00:01:04	00:11:08	00:28:44.50	00:29:48.50	+00:12:38 (44.0%)	5:44	10.4 (55.9%)
419	KISIEL Krystian	953		M-20	108	00:01:01	00:11:33	00:28:44.60	00:29:45.70	+00:12:38 (44.0%)	5:44	10.4 (55.9%)
420	PALIŃSKI Grzegorz	813		M-30	153	00:00:58	00:11:30	00:28:45.70	00:29:44.30	+00:12:39 (44.0%)	5:45	10.4 (55.9%)
421	ZIĘTAK Andrzej	435		M-40	78	00:00:26	00:11:26	00:28:46.40	00:29:13.00	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
422	ZIĘTAK Kornel	449		M-10	49	00:00:25	00:11:27	00:28:47.70	00:29:13.15	+00:12:41 (44.1%)	5:45	10.4 (55.9%)
423	ŁOŚ Dariusz	157		M-50	31	00:01:10	00:11:42	00:28:48.00	00:29:58.65	+00:12:41 (44.1%)	5:45	10.4 (55.9%)
424	LEWANDOWSKI Arkadiusz	1046		M-30	154	00:00:42	00:11:25	00:28:53.95	00:29:36.00	+00:12:47 (44.3%)	5:46	10.4 (55.9%)
425	CYWIŃSKI Artur	702		M-20	109	00:01:08	00:12:19	00:28:54.60	00:30:02.90	+00:12:48 (44.3%)	5:46	10.4 (55.9%)
426	KLIMKIEWICZ Maciej	777		M-40	79	00:00:59	00:11:14	00:28:57.00	00:29:56.00	+00:12:50 (44.4%)	5:47	10.4 (55.9%)
427	JAWORSKI Mateusz	143		M-10	50	00:00:23	00:10:41	00:28:57.05	00:29:20.55	+00:12:50 (44.4%)	5:47	10.4 (55.9%)
428	BUTRYM Piotr	238		M-30	155	00:00:52	00:11:29	00:29:04.70	00:29:57.10	+00:12:58 (44.6%)	5:49	10.3 (55.4%)
429	WARACZEWSKI Paweł	480		M-30	156	00:00:37	00:11:31	00:29:06.60	00:29:43.70	+00:13:00 (44.7%)	5:49	10.3 (55.4%)
430	SOPALSKI Piotr	592	PESA	M-30	157	00:01:14	00:12:02	00:29:10.45	00:30:24.60	+00:13:04 (44.8%)	5:50	10.3 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	JACOBI Maciej	872		M-20	110	00:01:05	00:11:18	00:29:13.50	00:30:19.15	+00:13:07 (44.9%)	5:50	10.3 (55.4%)
432	DEPTUŁA Wojciech	51		M-60+	5	00:00:16	00:11:36	00:29:14.95	00:29:31.05	+00:13:08 (44.9%)	5:51	10.3 (55.4%)
433	DEPTUŁA Stanisław	64		M-10	51	00:00:15	00:11:37	00:29:15.05	00:29:31.00	+00:13:08 (45.0%)	5:51	10.3 (55.4%)
434	RYŚNIK Marcin	654	RYŚPOWER	M-20	111	00:01:04	00:11:06	00:29:18.60	00:30:23.05	+00:13:12 (45.1%)	5:51	10.2 (54.8%)
435	KAPELIŃSKI Stanisław	69		M-40	80	00:00:46	00:11:18	00:29:18.85	00:30:05.15	+00:13:12 (45.1%)	5:51	10.2 (54.8%)
436	NURKIEWICZ Jarosław	905	ANIOŁY	M-40	81	00:01:13	00:11:54	00:29:20.55	00:30:34.15	+00:13:14 (45.1%)	5:52	10.2 (54.8%)
437	STOKŁOSA Kamil	70		M-30	158	00:00:37	00:11:24	00:29:20.65	00:29:58.35	+00:13:14 (45.1%)	5:52	10.2 (54.8%)
438	KOŁODZIEJCZAK Adam	278		M-20	112	00:01:11	00:12:18	00:29:21.25	00:30:32.80	+00:13:15 (45.1%)	5:52	10.2 (54.8%)
439	JAWORSKI Paweł	1029		M-30	159	00:01:01	00:11:44	00:29:22.50	00:30:24.00	+00:13:16 (45.2%)	5:52	10.2 (54.8%)
440	WYGONOWSKI Paweł	742		M-20	113	00:01:12	00:12:13	00:29:26.40	00:30:39.30	+00:13:20 (45.3%)	5:53	10.2 (54.8%)
441	MYLER Łukasz	726		M-20	114	00:00:46	00:11:25	00:29:33.80	00:30:20.25	+00:13:27 (45.5%)	5:54	10.1 (54.3%)
442	WOJCIEKIEWICZ Tomasz	957		M-60+	6	00:01:10	00:11:41	00:29:38.35	00:30:49.00	+00:13:32 (45.7%)	5:55	10.1 (54.3%)
443	KLISZEWSKI Damian	320		M-40	82	00:00:51	00:11:35	00:29:40.20	00:30:31.65	+00:13:34 (45.7%)	5:56	10.1 (54.3%)
444	SYNAKIEWICZ Ryszard	926		M-60+	7	00:00:45	00:11:45	00:29:41.40	00:30:26.60	+00:13:35 (45.8%)	5:56	10.1 (54.3%)
445	BRZOZOWSKI Krzysztof	344		M-30	160	00:01:13	00:11:59	00:29:55.40	00:31:09.30	+00:13:49 (46.2%)	5:59	10 (53.8%)
446	MUSIAŁA Adam	672		M-30	161	00:00:29	00:11:01	00:29:57.30	00:30:27.25	+00:13:51 (46.2%)	5:59	10 (53.8%)
447	ARENTEWICZ Tomasz	351		M-20	115	00:01:03	00:12:07	00:30:01.65	00:31:05.00	+00:13:55 (46.4%)	6:00	10 (53.8%)
448	BRAĞIEL Jakub	136	VEGE RUNNERS	M-30	162	00:01:07	00:12:35	00:30:13.05	00:31:20.45	+00:14:06 (46.7%)	6:02	9.9 (53.2%)
449	DĘBSKI Arkadiusz	370		M-50	32	00:00:52	00:11:34	00:30:17.50	00:31:09.65	+00:14:11 (46.8%)	6:03	9.9 (53.2%)
450	WIERSKI Jarosław	753		M-40	83	00:00:43	00:11:31	00:30:21.15	00:31:04.70	+00:14:15 (46.9%)	6:04	9.9 (53.2%)
451	PŁUCIENNIK Jakub	650	STOWARZYSZENIE PIECZA	M-10	52	00:00:55	00:12:24	00:30:22.00	00:31:17.70	+00:14:15 (47.0%)	6:04	9.9 (53.2%)
452	CHODOR Tomasz	396		M-40	84	00:01:00	00:12:14	00:30:27.10	00:31:27.45	+00:14:20 (47.1%)	6:05	9.9 (53.2%)
453	DANIELEK Adam	14		M-30	163	00:00:41	00:11:44	00:30:34.00	00:31:15.15	+00:14:27 (47.3%)	6:06	9.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	MAZURKIEWICZ Grzegorz	861	CAMEL	M-60+	8	00:01:20	00:12:01	00:30:34.35	00:31:54.35	+00:14:28 (47.3%)	6:06	9.8 (52.7%)
455	JAKUBOWSKI Mirosław	937	URZĄD MIASTA BYDGOSZCZY	M-50	33	00:01:18	00:12:39	00:30:35.25	00:31:54.05	+00:14:29 (47.4%)	6:07	9.8 (52.7%)
456	HOŁTYN Patryk	778		M-20	116	00:00:26	00:11:27	00:30:37.05	00:31:03.25	+00:14:30 (47.4%)	6:07	9.8 (52.7%)
457	DRAPIEWSKI Przemysław	977	RUN BYDGOSZCZ	M-40	85	00:00:54	00:11:17	00:30:39.90	00:31:34.20	+00:14:33 (47.5%)	6:08	9.8 (52.7%)
458	PRZEWOŹNIAK Rafał	402		M-20	117	00:01:09	00:12:35	00:30:43.65	00:31:53.60	+00:14:37 (47.6%)	6:08	9.8 (52.7%)
459	SUDOŁO Jacek	420		M-30	164	00:00:24	00:11:46	00:30:45.50	00:31:10.20	+00:14:39 (47.6%)	6:09	9.8 (52.7%)
460	PAKULSKI Rafał	381		M-40	86	00:00:45	00:12:00	00:30:54.00	00:31:39.20	+00:14:47 (47.9%)	6:10	9.7 (52.2%)
461	BASZANOWSKI Tomasz	892		M-30	165	00:01:19	00:12:19	00:30:55.05	00:32:14.45	+00:14:48 (47.9%)	6:11	9.7 (52.2%)
462	RAKAŁOWICZ Krzysztof	898	MANCHESTER	M-30	166	00:00:00	00:11:37	00:31:01.40	00:31:01.40	+00:14:55 (48.1%)	6:12	9.7 (52.2%)
463	MODRZEWSKI Łukasz	520		M-40	87	00:01:04	00:11:50	00:31:01.80	00:32:06.70	+00:14:55 (48.1%)	6:12	9.7 (52.2%)
464	DREWS Marcel	882	OKOLE	M-10	53	00:01:17	00:12:05	00:31:07.80	00:32:25.55	+00:15:01 (48.3%)	6:13	9.6 (51.6%)
465	NEBAK Krzysztof	148		M-40	88	00:00:31	00:11:28	00:31:16.65	00:31:47.85	+00:15:10 (48.5%)	6:15	9.6 (51.6%)
466	KRZYŻAŃSKI Przemysław	166	BYDGOSZCZ TRIATHLON TEAM	M-40	89	00:00:23	00:11:56	00:31:25.35	00:31:49.15	+00:15:19 (48.8%)	6:17	9.5 (51.1%)
467	SZNAJDROWSKI Jerzy	116		M-50	34	00:00:45	00:12:00	00:31:25.60	00:32:11.40	+00:15:19 (48.8%)	6:17	9.5 (51.1%)
468	KRZYŻAŃSKI Kacper	1050	BYDGOSZCZ TRIATHLON TEAM	M-10	54	00:00:21	00:11:59	00:31:27.45	00:31:49.05	+00:15:21 (48.8%)	6:17	9.5 (51.1%)
469	MILER Jakub	1083		M-10	55	00:00:14	00:12:27	00:31:29.00	00:31:43.60	+00:15:22 (48.9%)	6:17	9.5 (51.1%)
470	MILER Szymon	1086		M-10	56	00:00:13	00:12:30	00:31:29.65	00:31:43.60	+00:15:23 (48.9%)	6:18	9.5 (51.1%)
471	DREWS Maciej	880	OKOLE	M-30	167	00:01:18	00:12:06	00:31:37.90	00:32:55.90	+00:15:31 (49.1%)	6:19	9.5 (51.1%)
472	TYBURSKI Maciej	300		M-30	168	00:01:10	00:13:04	00:31:49.30	00:33:00.00	+00:15:43 (49.4%)	6:22	9.4 (50.5%)
473	RATAJ Maciej	868		M-40	90	00:01:16	00:12:25	00:31:50.00	00:33:06.00	+00:15:43 (49.4%)	6:22	9.4 (50.5%)
474	FILARECKI Wojciech	82	CB163	M-20	118	00:00:25	00:10:49	00:31:56.05	00:32:21.30	+00:15:49 (49.6%)	6:23	9.4 (50.5%)
475	CZAJKOWSKI Kamil	280	RUN BYDGOSZCZ	M-20	119	00:00:56	00:11:59	00:32:04.40	00:33:00.85	+00:15:58 (49.8%)	6:24	9.4 (50.5%)
476	ANDRZEJCZAK Wojciech	124		M-40	91	00:01:25	00:12:25	00:32:06.25	00:33:32.20	+00:16:00 (49.8%)	6:25	9.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	BOMBAS Jacek	620		M-30	169	00:01:24	00:12:26	00:32:07.55	00:33:32.40	+00:16:01 (49.9%)	6:25	9.3 (50.0%)
478	WRÓBLEWSKI Bolesław	719		M-40	92	00:00:58	00:12:47	00:32:37.55	00:33:35.60	+00:16:31 (50.6%)	6:31	9.2 (49.5%)
479	LISOWSKI Sebastian	542		M-30	170	00:01:10	00:12:46	00:32:38.95	00:33:49.55	+00:16:32 (50.7%)	6:31	9.2 (49.5%)
480	ZIENKOWSKI Dominik	968		M-10	57	00:01:20	00:11:46	00:32:43.50	00:34:04.00	+00:16:37 (50.8%)	6:32	9.2 (49.5%)
481	JAWORSKI Adam	140		M-30	171	00:00:23	00:12:43	00:32:47.30	00:33:10.70	+00:16:41 (50.9%)	6:33	9.2 (49.5%)
482	JAWORSKI Marek	146		M-10	58	00:00:22	00:12:44	00:32:47.40	00:33:10.35	+00:16:41 (50.9%)	6:33	9.1 (48.9%)
483	WOJTYSIAK Kamil	1062		M-10	59	00:00:04	00:15:00	00:32:51.05	00:32:55.60	+00:16:44 (51.0%)	6:34	9.1 (48.9%)
484	KAWA Marcin	183	CUKIER & SERCE	M-40	93	00:01:02	00:12:38	00:32:53.80	00:33:56.25	+00:16:47 (51.1%)	6:34	9.1 (48.9%)
485	MUSS Aleksander	1002		M-10	60	00:00:35	00:12:29	00:32:55.45	00:33:30.75	+00:16:49 (51.1%)	6:35	9.1 (48.9%)
486	LASOK Piotr	951		M-30	172	00:00:55	00:12:36	00:32:55.75	00:33:50.95	+00:16:49 (51.1%)	6:35	9.1 (48.9%)
487	CHŁOPECKI Bartosz	1025		M-10	61	00:01:09	00:12:45	00:32:56.85	00:34:05.90	+00:16:50 (51.1%)	6:35	9.1 (48.9%)
488	LASOK Wiktor	950		M-10	62	00:00:55	00:12:36	00:33:00.40	00:33:56.20	+00:16:54 (51.2%)	6:36	9.1 (48.9%)
489	PILECKI Gustaw	825	BRZOZA BIEGA	M-60+	9	00:01:01	00:13:07	00:33:12.30	00:34:14.15	+00:17:06 (51.5%)	6:38	9 (48.4%)
490	SZOSTAK Tomasz	678	MBANK	M-40	94	00:00:56	00:12:40	00:33:13.05	00:34:10.00	+00:17:06 (51.5%)	6:38	9 (48.4%)
491	PIŃSKI Marek	204		M-30	173	00:01:27	00:13:29	00:33:13.15	00:34:40.80	+00:17:07 (51.5%)	6:38	9 (48.4%)
492	PORA Jacek	681		M-50	35	00:00:55	00:12:42	00:33:14.50	00:34:09.90	+00:17:08 (51.6%)	6:38	9 (48.4%)
493	ZIENKOWSKI Damian	970		M-10	63	00:01:22	00:12:57	00:33:30.55	00:34:52.90	+00:17:24 (51.9%)	6:42	9 (48.4%)
494	ZIENKOWSKI Cezary	965		M-40	95	00:01:21	00:12:58	00:33:37.80	00:34:59.00	+00:17:31 (52.1%)	6:43	8.9 (47.8%)
495	TOKARZ Mateusz	714		M-20	120	00:00:17	00:12:11	00:33:41.20	00:33:58.75	+00:17:35 (52.2%)	6:44	8.9 (47.8%)
496	OSSOWSKI Łukasz	842		M-30	174	00:01:26	00:12:22	00:33:46.95	00:35:13.35	+00:17:40 (52.3%)	6:45	8.9 (47.8%)
497	BOROWICZ Adam	980		M-10	64	00:00:41	00:12:35	00:34:12.65	00:34:54.20	+00:18:06 (52.9%)	6:50	8.8 (47.3%)
498	OLSZYŃSKI Adam	698		M-10	65	00:01:24	00:13:15	00:35:14.35	00:36:38.70	+00:19:08 (54.3%)	7:02	8.5 (45.7%)
499	OLSZYŃSKI Sebastian	1		M-30	175	00:01:23	00:13:25	00:35:15.10	00:36:38.60	+00:19:08 (54.3%)	7:03	8.5 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	DUDZIAK Michał	663	CPR BYDGOSZCZ	M-20	121	00:01:12	00:13:20	00:35:22.60	00:36:35.20	+00:19:16 (54.5%)	7:04	8.5 (45.7%)
501	WOJCIECHOWSKI Adrian	559		M-10	66	00:00:49	00:12:48	00:35:35.25	00:36:24.25	+00:19:29 (54.8%)	7:07	8.4 (45.2%)
502	LUDKOWSKI Dawid	1015		M-30	176	00:00:35	00:13:14	00:36:09.75	00:36:45.05	+00:20:03 (55.5%)	7:14	8.3 (44.6%)
503	SIKORA Krystian	236		M-10	67	00:01:12	00:14:19	00:36:40.75	00:37:53.15	+00:20:34 (56.1%)	7:20	8.2 (44.1%)
504	BAŁYS Krzysztof	131		M-20	122	00:00:54	00:14:12	00:37:02.00	00:37:56.90	+00:20:55 (56.5%)	7:24	8.1 (43.5%)
505	PODKÓWKA Zbigniew	101	BYDGOSKIE MORSY	M-50	36	00:01:04	00:14:57	00:37:38.90	00:38:43.30	+00:21:32 (57.2%)	7:31	8 (43.0%)
506	KUFEL Jacek	303		M-40	96	00:00:27	00:14:22	00:37:52.65	00:38:19.75	+00:21:46 (57.5%)	7:34	7.9 (42.5%)
507	PRĄDZYŃSKI Mateusz	1076		M-10	68	00:01:07	00:14:38	00:38:09.75	00:39:17.25	+00:22:03 (57.8%)	7:38	7.9 (42.5%)
508	RAKAŁOWICZ Weronika	527	STOWARZYSZENIE PIECZA	M-10	69	00:00:08	00:14:59	00:38:19.45	00:38:27.90	+00:22:13 (58.0%)	7:39	7.8 (41.9%)
509	JANKOWSKI Rafał	67		M-40	97	00:01:18	00:14:36	00:38:26.45	00:39:45.35	+00:22:20 (58.1%)	7:41	7.8 (41.9%)
510	LISOWSKI Mikołaj	562	SP14	M-10	70	00:01:11	00:15:33	00:39:12.95	00:40:24.25	+00:23:06 (58.9%)	7:50	7.6 (40.9%)
511	JABŁOŃSKI Janusz	587	STOWARZYSZENIE PIECZA	M-40	98	00:01:17	00:17:44	00:40:16.00	00:41:33.00	+00:24:09 (60.0%)	8:03	7.5 (40.3%)
512	RUTKOWSKI Adam	613		M-40	99	00:00:56	00:15:23	00:40:31.55	00:41:27.80	+00:24:25 (60.3%)	8:06	7.4 (39.8%)
513	GACKOWSKI Michał	52	RUN BDG	M-30	177	00:01:13	00:15:47	00:40:35.15	00:41:48.50	+00:24:29 (60.3%)	8:07	7.4 (39.8%)
514	ŻURAWSKI Michał	858	RUN LOTTO-BYDGOSTIA	M-40	100	00:01:20	00:15:47	00:41:00.75	00:42:20.75	+00:24:54 (60.7%)	8:12	7.3 (39.2%)
515	OLECHOWICZ Maciej	1073	SP 34	M-10	71	00:01:00	00:16:12	00:41:04.95	00:42:05.25	+00:24:58 (60.8%)	8:13	7.3 (39.2%)
516	OLECHNOWICZ Tomasz	867	SM BUDOWLANI	M-40	101	00:00:59	00:16:11	00:41:06.75	00:42:06.35	+00:25:00 (60.8%)	8:13	7.3 (39.2%)
517	ATTA Saamer	529	SP 25	M-10	72	00:01:14	00:15:55	00:42:14.50	00:43:29.35	+00:26:08 (61.9%)	8:27	7.1 (38.2%)
518	SAMUL Wojciech	421		M-20	123	00:01:22	00:14:43	00:42:26.05	00:43:48.90	+00:26:19 (62.1%)	8:29	7.1 (38.2%)
519	BĄCZKOWSKI Andrzej	661	ABREN	M-60+	10	00:01:23	00:16:16	00:42:26.40	00:43:49.90	+00:26:20 (62.1%)	8:29	7.1 (38.2%)
520	SAMUL Antoni	416		M-10	73	00:01:21	00:14:43	00:42:27.20	00:43:49.10	+00:26:21 (62.1%)	8:29	7.1 (38.2%)
521	GIERSZAL Zygmunt	1078		M-60+	11	00:01:06	00:15:56	00:42:52.35	00:43:58.40	+00:26:46 (62.4%)	8:34	7 (37.6%)
522	WOŹNIAKOWSKI Kacper	781		M-20	124	00:00:00	00:10:45			+	5:22	11.2 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	KATAFIASZ Radosław	561	STOWARZYSZENIE PIECZA	M-10	74	00:00:00	00:19:54			+	9:57	6 (32.3%)
	NEBAK Dominik	154		M-10		DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 524 wynik(ów)