



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2018-04-22
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JACKIEWICZ Mateusz	410		M20	1	00:00:00	00:16:06.25	00:16:06.75		3:13	18.6 (100%)
2	FELCZAK Jakub	138		M20	2	00:00:00	00:16:45.85	00:16:46.15	+00:00:39 (3.9%)	3:21	17.9 (96.2%)
3	KRYSKE Bartosz	1365	SPÓJNIA BIAŁE BŁOTA	M30	1	00:00:00	00:16:50.10	00:16:50.60	+00:00:43 (4.3%)	3:22	17.8 (95.7%)
4	PIETRYKA Grzegorz	1141	ZAKŁAD KARNY NR 2 W GRUDZIĄDZU	M30	2	00:00:01	00:16:54.45	00:16:55.45	+00:00:48 (4.8%)	3:22	17.8 (95.7%)
5	GOŚCINIAK Michał	1358	3GRAVITY	M30	3	00:00:01	00:17:17.65	00:17:18.90	+00:01:11 (6.9%)	3:27	17.4 (93.5%)
6	DEROŃ Waldemar	584	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	4	00:00:01	00:17:19.70	00:17:20.85	+00:01:13 (7.1%)	3:27	17.3 (93.0%)
7	BEDRA Robert	397	CZARNE STOPY SM	M30	5	00:00:01	00:17:25.35	00:17:26.60	+00:01:19 (7.6%)	3:29	17.2 (92.5%)
8	MRUK Tomasz	98	CZARNE STOPY.SM	M40	1	00:00:01	00:17:27.45	00:17:28.45	+00:01:21 (7.8%)	3:29	17.2 (92.5%)
9	MAĆKOWSKI Maciej	73	UPS BYDGOSZCZ TEAM	M30	6	00:00:00	00:17:49.80	00:17:50.65	+00:01:43 (9.7%)	3:34	16.8 (90.3%)
10	KOWALSKI Dawid	603	OPZS ZAWISZA MEKSYK	M20	3	00:00:03	00:18:03.35	00:18:06.65	+00:01:57 (10.8%)	3:36	16.6 (89.2%)
11	TUCHOLSKI Bartłomiej	341	BYDGOSKIE OKONIE	M20	4	00:00:01	00:18:13.65	00:18:15.20	+00:02:07 (11.6%)	3:38	16.5 (88.7%)
12	STALKA Jakub	816	OSL	M20	5	00:00:03	00:18:15.55	00:18:19.00	+00:02:09 (11.8%)	3:39	16.4 (88.2%)
13	KOWALSKI Krzysztof	794		M20	6	00:00:01	00:18:17.75	00:18:19.45	+00:02:11 (12.0%)	3:39	16.4 (88.2%)
14	POZNAŃSKI Szymon	1198	EDUTEAM	M20	7	00:00:07	00:18:39.05	00:18:47.00	+00:02:32 (13.7%)	3:44	16.1 (86.6%)
15	NOWICKI Tomasz	1254	BDG TRI	M20	8	00:00:05	00:18:40.20	00:18:46.10	+00:02:33 (13.7%)	3:44	16.1 (86.6%)
16	STARZYŃSKI Piotr	303		M30	7	00:00:07	00:18:52.85	00:19:00.45	+00:02:46 (14.7%)	3:46	15.9 (85.5%)
17	STRUGAŁA Maciej	659		M20	9	00:00:01	00:18:56.05	00:18:57.45	+00:02:49 (14.9%)	3:47	15.8 (84.9%)
18	ROMANOWSKI Michał	660		M30	8	00:00:01	00:18:57.00	00:18:58.75	+00:02:50 (15.0%)	3:47	15.8 (84.9%)
19	GROSKOP Grzegorz	322	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	10	00:00:00	00:18:59.05	00:18:59.55	+00:02:52 (15.2%)	3:47	15.8 (84.9%)
20	BANACH Tomasz	1258		M30	9	00:00:04	00:19:00.30	00:19:04.85	+00:02:54 (15.3%)	3:48	15.8 (84.9%)
21	SZOPIŃSKI Rafał	462		M30	10	00:00:05	00:19:00.70	00:19:06.55	+00:02:54 (15.3%)	3:48	15.8 (84.9%)
22	RADECKI Przemysław	288		M40	2	00:00:06	00:19:07.00	00:19:13.65	+00:03:00 (15.8%)	3:49	15.7 (84.4%)
23	WILK Łukasz	45	RUNADDICTS	M30	11	00:00:02	00:19:15.40	00:19:18.30	+00:03:09 (16.4%)	3:51	15.6 (83.9%)
24	MAGDZIARZ Jakub	1253	KANCELARIA HMM	M30	12	00:00:04	00:19:24.15	00:19:28.80	+00:03:17 (17.0%)	3:52	15.5 (83.3%)
25	STANIEC Tomasz	1139		M40	3	00:00:04	00:19:32.65	00:19:37.00	+00:03:26 (17.6%)	3:54	15.3 (82.3%)
26	MAŁAS Marcin	976		M18	1	00:00:05	00:19:38.35	00:19:43.45	+00:03:32 (18.0%)	3:55	15.3 (82.3%)
27	KUROWSKI Kamil	60	3GRAVITY	M30	13	00:00:03	00:19:39.85	00:19:43.55	+00:03:33 (18.1%)	3:56	15.3 (82.3%)
28	OLEJNIK Krzysztof	580		M30	14	00:00:05	00:19:40.90	00:19:46.30	+00:03:34 (18.2%)	3:56	15.2 (81.7%)
29	FIGURSKI Przemek	152		M30	15	00:00:02	00:19:46.75	00:19:49.25	+00:03:40 (18.6%)	3:57	15.2 (81.7%)
30	WRÓBLEWSKI Lech	323	ZK 2 GRUDZIĄDZ	M30	16	00:00:03	00:19:48.15	00:19:51.15	+00:03:41 (18.7%)	3:57	15.2 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	RACZYŃSKI Krzysztof	1183	BIEGAJĄCY FILOZOF TEAM	M50	1	00:00:02	00:19:51.95	00:19:54.60	+00:03:45 (18.9%)	3:58	15.1 (81.2%)
32	SZATTEN Dawid	420		M30	17	00:00:01	00:19:54.30	00:19:56.05	+00:03:48 (19.1%)	3:59	15.1 (81.2%)
33	GURDAK Leszek	622		M40	4	00:00:03	00:19:58.10	00:20:01.70	+00:03:51 (19.4%)	3:59	15 (80.6%)
33	FRAŃCZYK Jarosław	1131	PARKRUN TORUŃ	M40	5	00:00:04	00:19:58.10	00:20:02.85	+00:03:51 (19.4%)	3:59	15 (80.6%)
35	IWICKI Paweł	1222		M20	11	00:00:01	00:19:59.85	00:20:01.25	+00:03:53 (19.5%)	4:00	15 (80.6%)
36	JANCZYK Mariusz	1048	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	18	00:00:08	00:20:01.60	00:20:09.70	+00:03:55 (19.6%)	4:00	15 (80.6%)
37	RUDNICKI Michał	972		M30	19	00:00:04	00:20:01.95	00:20:06.00	+00:03:55 (19.6%)	4:00	15 (80.6%)
38	WADELSKI Maciej	1051	FITSERWIS MYB TEAM	M30	20	00:00:30	00:20:03.20	00:20:33.95	+00:03:56 (19.7%)	4:00	15 (80.6%)
39	KABACIŃSKI Marcin	761	WUKAES	M20	12	00:00:02	00:20:05.45	00:20:07.65	+00:03:59 (19.8%)	4:01	14.9 (80.1%)
40	DADZIBÓG Mariusz	1325		M20	13	00:01:28	00:20:07.60	00:21:36.45	+00:04:01 (20.0%)	4:01	14.9 (80.1%)
41	BANASIAK Paweł	351		M20	14	00:00:19	00:20:08.25	00:20:27.70	+00:04:02 (20.0%)	4:01	14.9 (80.1%)
42	NAMIEŚNIK Krzysztof	1033	KRZYSIEKN	M40	6	00:00:16	00:20:10.40	00:20:27.00	+00:04:04 (20.2%)	4:02	14.9 (80.1%)
43	WENDA Dawid	168	SZKOŁA JAZDY TOMAS	M20	15	00:00:01	00:20:12.75	00:20:14.65	+00:04:06 (20.3%)	4:02	14.8 (79.6%)
44	ANISZCZYK Hubert	752		M10	1	00:00:07	00:20:13.05	00:20:20.85	+00:04:06 (20.3%)	4:02	14.8 (79.6%)
45	GOŁATA Wojciech	51	WILCZA WATAHA	M30	21	00:00:06	00:20:14.15	00:20:21.00	+00:04:07 (20.4%)	4:03	14.8 (79.6%)
46	DUSZKA Łukasz	270		M30	22	00:00:06	00:20:15.30	00:20:21.65	+00:04:09 (20.5%)	4:03	14.8 (79.6%)
47	BZDZION Marcin	1037		M20	16	00:00:02	00:20:17.75	00:20:20.00	+00:04:11 (20.7%)	4:03	14.8 (79.6%)
48	OWCZARZAK Filip	1067		M30	23	00:00:04	00:20:18.00	00:20:22.00	+00:04:11 (20.7%)	4:03	14.8 (79.6%)
49	DĄBROWSKI Jarosław	23	CB163	M20	17	00:01:40	00:20:21.05	00:22:01.40	+00:04:14 (20.9%)	4:04	14.7 (79.0%)
50	WALKOWIAK Paweł	348		M20	18	00:00:05	00:20:23.30	00:20:28.55	+00:04:17 (21.0%)	4:04	14.7 (79.0%)
51	KŁOSOWSKI Marcin	667	GRUPA BANKIETOWA SPECJAL	M40	7	00:00:02	00:20:23.80	00:20:26.75	+00:04:17 (21.0%)	4:04	14.7 (79.0%)
52	PAPROCKI Rafał	887	CYBERMORSY	M30	24	00:00:18	00:20:25.20	00:20:43.50	+00:04:18 (21.1%)	4:05	14.7 (79.0%)
53	JUREK Piotr	744	BBL SZUBIN	M50	2	00:00:05	00:20:25.45	00:20:31.15	+00:04:19 (21.2%)	4:05	14.7 (79.0%)
54	KOWALSKI Jacek	545		M40	8	00:00:07	00:20:26.40	00:20:33.55	+00:04:20 (21.2%)	4:05	14.7 (79.0%)
55	OKOŃSKI Jarosław	69		M30	25	00:00:06	00:20:27.90	00:20:34.15	+00:04:21 (21.3%)	4:05	14.7 (79.0%)
56	TRZCIŃSKI Franciszek	677	SPORT I REKREACJA START (CHEŁMNO)	M50	3	00:00:03	00:20:32.95	00:20:36.15	+00:04:26 (21.6%)	4:06	14.6 (78.5%)
57	KUNDE Tomasz	1040	BYDGOSZCZ TRIATHLON	M20	19	00:00:02	00:20:35.10	00:20:37.50	+00:04:28 (21.8%)	4:07	14.6 (78.5%)
58	ZBORAŁA Dawid	509	SZKOŁA JAZDY TOMAS	M20	20	00:00:01	00:20:35.70	00:20:37.55	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
59	CZAPLEWSKI Krzysztof	772	FLORIAN CHOJNICE	M30	26	00:00:03	00:20:36.10	00:20:39.55	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
60	WŁODARCZYK Wojciech	321		M50	4	00:00:04	00:20:36.15	00:20:41.00	+00:04:29 (21.8%)	4:07	14.6 (78.5%)
61	PIKULSKI Paweł	583	TYPYGRUBE	M30	27	00:00:11	00:20:38.70	00:20:49.85	+00:04:32 (22.0%)	4:07	14.5 (78.0%)
62	SOBCZAK Marcin	186	CZARNE STOPY.SM	M30	28	00:00:04	00:20:40.95	00:20:45.30	+00:04:34 (22.1%)	4:08	14.5 (78.0%)
63	KUTOWSKI Przemysław	929		M40	9	00:00:02	00:20:41.75	00:20:44.55	+00:04:35 (22.2%)	4:08	14.5 (78.0%)
64	SADECKI Karol	468	ATOS TEAM	M30	29	00:00:40	00:20:43.70	00:21:24.00	+00:04:37 (22.3%)	4:08	14.5 (78.0%)
65	BOINSKI Rafal	994		M30	30	00:00:05	00:20:47.25	00:20:52.50	+00:04:41 (22.5%)	4:09	14.4 (77.4%)
66	WŁOCH Sylwester	578		M50	5	00:00:03	00:20:49.10	00:20:52.80	+00:04:42 (22.6%)	4:09	14.4 (77.4%)
67	WROBEL Mateusz	957		M20	21	00:00:03	00:20:51.95	00:20:55.05	+00:04:45 (22.8%)	4:10	14.4 (77.4%)
68	JANYSKA Krzysztof	229		M30	31	00:00:10	00:20:54.35	00:21:04.85	+00:04:48 (23.0%)	4:10	14.4 (77.4%)
69	ROSÓŁ Jacek	559		M30	32	00:00:07	00:20:56.10	00:21:03.55	+00:04:49 (23.1%)	4:11	14.3 (76.9%)
70	PACKI Łukasz	1221	WIELUŃ BIEGA	M20	22	00:00:05	00:20:57.60	00:21:03.00	+00:04:51 (23.2%)	4:11	14.3 (76.9%)
71	FELINIAK Daniel	1015		M30	33	00:00:17	00:20:58.95	00:21:16.75	+00:04:52 (23.2%)	4:11	14.3 (76.9%)
72	BIAŁY Dawid	1144	GKS SPÓJNIA BIAŁE BŁOTA	M20	23	00:00:10	00:20:59.55	00:21:10.05	+00:04:53 (23.3%)	4:12	14.3 (76.9%)
73	KURDELSKI Kamil	808		M20	24	00:00:02	00:21:00.55	00:21:02.75	+00:04:54 (23.3%)	4:12	14.3 (76.9%)
73	SUSKI Piotr	872		M40	10	00:00:13	00:21:00.55	00:21:14.15	+00:04:54 (23.3%)	4:12	14.3 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
75	ADAMCZAK Filip	967		M10	2	00:00:45	00:21:03.75	00:21:49.35	+00:04:57 (23.5%)	4:12	14.2 (76.3%)
76	ROGALSKI Maciej	1276		M30	34	00:01:44	00:21:04.40	00:22:48.45	+00:04:58 (23.6%)	4:12	14.2 (76.3%)
77	CZYZEWSKI Mateusz	600		M30	35	00:00:07	00:21:05.90	00:21:13.85	+00:04:59 (23.7%)	4:13	14.2 (76.3%)
78	SOBIERAJSKI Łukasz	385	WSPR BYDGOSZCZ	M20	25	00:01:29	00:21:06.35	00:22:35.50	+00:05:00 (23.7%)	4:13	14.2 (76.3%)
79	KLIMEK Paweł	811		M20	26	00:00:06	00:21:06.45	00:21:12.80	+00:05:00 (23.7%)	4:13	14.2 (76.3%)
80	HOC Marek	956	LEGE ARTIS	M40	11	00:01:21	00:21:09.15	00:22:30.25	+00:05:02 (23.9%)	4:13	14.2 (76.3%)
81	BOROWSKI Radosław	933	MLKS KRAJNA SĘPÓLNO	M20	27	00:00:35	00:21:11.30	00:21:47.05	+00:05:05 (24.0%)	4:14	14.2 (76.3%)
82	NALEŻYTY Piotr	118	KLINIKA TRIATHLONU	M30	36	00:00:28	00:21:12.55	00:21:40.90	+00:05:06 (24.1%)	4:14	14.2 (76.3%)
83	GRUSZECZKA Jacek	1174		M30	37	00:00:15	00:21:14.35	00:21:29.35	+00:05:08 (24.2%)	4:14	14.1 (75.8%)
84	MILOSIERNY Oskar	1335		M20	28	00:00:08	00:21:15.00	00:21:23.70	+00:05:08 (24.2%)	4:15	14.1 (75.8%)
85	MONDRY Waldemar	433		M50	6	00:00:16	00:21:15.10	00:21:31.15	+00:05:08 (24.2%)	4:15	14.1 (75.8%)
86	RATAJCZAK Arkadiusz	335		M40	12	00:00:02	00:21:15.25	00:21:18.15	+00:05:09 (24.2%)	4:15	14.1 (75.8%)
87	GLIWKA Artur	1031	1.BLWL	M30	38	00:00:16	00:21:17.40	00:21:33.40	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
88	PALIGA Antoni	425	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M50	7	00:00:17	00:21:18.00	00:21:35.05	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
89	BUZALSKI Robert	1298	ORANGE POLSKA	M40	13	00:00:08	00:21:18.10	00:21:26.65	+00:05:11 (24.4%)	4:15	14.1 (75.8%)
90	PAWLAK Jakub	1039	JFTC SU	M30	39	00:00:14	00:21:18.65	00:21:32.65	+00:05:12 (24.4%)	4:15	14.1 (75.8%)
91	WACHOWSKI Piotr	909		M30	40	00:00:01	00:21:18.80	00:21:19.90	+00:05:12 (24.4%)	4:15	14.1 (75.8%)
92	MROTEK Michał	828		M30	41	00:00:10	00:21:19.20	00:21:30.05	+00:05:12 (24.5%)	4:16	14.1 (75.8%)
93	TUBAJA Albert	1087	KABEL TEAM BYDGOSZCZ	M40	14	00:00:15	00:21:23.20	00:21:38.70	+00:05:16 (24.7%)	4:16	14 (75.3%)
94	KOZIAKOWSKI Klaudiusz	747	TRISPACE	M20	29	00:01:02	00:21:23.65	00:22:25.85	+00:05:17 (24.7%)	4:16	14 (75.3%)
95	PIASECKI Radosław	205		M20	30	00:00:15	00:21:26.25	00:21:42.00	+00:05:20 (24.9%)	4:17	14 (75.3%)
96	JANCOWSKI Wojciech	33		M40	15	00:00:09	00:21:26.50	00:21:36.10	+00:05:20 (24.9%)	4:17	14 (75.3%)
97	RUDOL Sebastian	824		M40	16	00:00:24	00:21:27.15	00:21:52.00	+00:05:20 (24.9%)	4:17	14 (75.3%)
98	PRZYBYLSKI Remi	917		M40	17	00:00:23	00:21:27.25	00:21:50.40	+00:05:21 (24.9%)	4:17	14 (75.3%)
99	SUDOŁ Jacek	222		M40	18	00:00:04	00:21:29.75	00:21:34.60	+00:05:23 (25.1%)	4:18	14 (75.3%)
100	ŁUKOMSKI Marcin	253		M30	42	00:01:21	00:21:30.05	00:22:52.00	+00:05:23 (25.1%)	4:18	13.9 (74.7%)
101	JĘDRUSIK Michał	1229	ARMIA CHRYSUSA	M20	31	00:00:17	00:21:30.20	00:21:48.15	+00:05:23 (25.1%)	4:18	13.9 (74.7%)
102	SZATKOWSKI Marcin	293		M30	43	00:00:28	00:21:31.25	00:21:59.95	+00:05:25 (25.2%)	4:18	13.9 (74.7%)
103	KACZMAREK Sebastian	709		M30	44	00:00:09	00:21:37.30	00:21:46.50	+00:05:31 (25.5%)	4:19	13.9 (74.7%)
104	MALESKA Michał	881		M20	32	00:01:16	00:21:38.00	00:22:54.45	+00:05:31 (25.6%)	4:19	13.9 (74.7%)
105	SZYSZKA Radosław	15	POLONIA BYDGOSZCZ SLA	M30	45	00:00:03	00:21:38.50	00:21:42.10	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
106	APANASIEWICZ Bartosz	1301	RUN PASJA	M40	19	00:00:22	00:21:38.55	00:22:01.50	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
107	MÄRTIN Paweł	450		M30	46	00:00:13	00:21:38.65	00:21:52.35	+00:05:32 (25.6%)	4:19	13.9 (74.7%)
108	LEŚNY Mateusz	1090		M20	33	00:01:34	00:21:40.30	00:23:14.50	+00:05:34 (25.7%)	4:20	13.8 (74.2%)
109	MALINOWSKI Igor	1134	BTW	M10	3	00:01:04	00:21:40.55	00:22:45.25	+00:05:34 (25.7%)	4:20	13.8 (74.2%)
110	KOCHAŃSKI Dariusz	1017		M50	8	00:00:15	00:21:41.50	00:21:56.75	+00:05:35 (25.8%)	4:20	13.8 (74.2%)
110	JANUSZKIEWICZ Piotr	1196		M30	47	00:01:28	00:21:41.50	00:23:10.00	+00:05:35 (25.8%)	4:20	13.8 (74.2%)
112	GÓRSKI Marian	960	SOLECCY BIEGACZE	M60	1	00:00:09	00:21:44.45	00:21:54.00	+00:05:38 (25.9%)	4:21	13.8 (74.2%)
113	GZYL Mikołaj	581	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	48	00:00:20	00:21:45.75	00:22:06.10	+00:05:39 (26.0%)	4:21	13.8 (74.2%)
114	SKRZYPIŃSKI Marek	1124		M30	49	00:00:11	00:21:46.40	00:21:57.55	+00:05:40 (26.0%)	4:21	13.8 (74.2%)
115	DURAJEWSKI Mateusz	86	DIRTY BOYS	M20	34	00:01:31	00:21:47.60	00:23:19.35	+00:05:41 (26.1%)	4:21	13.8 (74.2%)
116	GRECHUTA Tomasz	1177		M30	50	00:00:15	00:21:48.50	00:22:03.75	+00:05:42 (26.2%)	4:21	13.8 (74.2%)
117	WNEK Martin	1338		M20	35	00:00:12	00:21:49.55	00:22:02.25	+00:05:43 (26.2%)	4:22	13.7 (73.7%)
118	FUŁAT Karol	836	TKKF KOLEJARZ BYDGOSZCZ	M50	9	00:00:08	00:21:50.65	00:21:59.35	+00:05:44 (26.3%)	4:22	13.7 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
119	KABAT Jakub	82	RUN TEAM SĘPÓLNO KR	M10	4	00:01:01	00:21:50.70	00:22:52.00	+00:05:44 (26.3%)	4:22	13.7 (73.7%)
120	BYRTEK Marcin	844		M40	20	00:00:35	00:21:51.15	00:22:26.40	+00:05:44 (26.3%)	4:22	13.7 (73.7%)
121	BARCZAK Tomasz	1026		M40	21	00:00:06	00:21:52.50	00:21:58.55	+00:05:46 (26.4%)	4:22	13.7 (73.7%)
122	TUROWSKI Jakub	294		M20	36	00:00:14	00:21:54.95	00:22:09.65	+00:05:48 (26.5%)	4:23	13.7 (73.7%)
123	CZELEŃ Szymon	162		M30	51	00:00:18	00:21:55.20	00:22:13.75	+00:05:48 (26.5%)	4:23	13.7 (73.7%)
124	WANKIEWICZ Łukasz	359	SZURUSIE TEAM	M20	37	00:00:28	00:21:55.60	00:22:23.95	+00:05:49 (26.6%)	4:23	13.7 (73.7%)
125	GABRYCH Maciej	99	CZARNE STOPY SM	M30	52	00:00:05	00:21:58.15	00:22:03.70	+00:05:51 (26.7%)	4:23	13.7 (73.7%)
126	BINIENDA Mateusz	535	BIMAT	M40	22	00:00:08	00:21:59.20	00:22:07.55	+00:05:52 (26.8%)	4:23	13.6 (73.1%)
127	STĘPSKI Marek	157		M40	23	00:00:12	00:22:06.90	00:22:19.15	+00:06:00 (27.2%)	4:25	13.6 (73.1%)
128	DZIEKAN Wojtek	1277	KABEL TEAM BYDGOSZCZ	M30	53	00:00:16	00:22:07.15	00:22:23.35	+00:06:00 (27.2%)	4:25	13.6 (73.1%)
129	TOMKOWIAK Tomasz	181	SZKOŁA JAZDY TOMAS	M20	38	00:00:06	00:22:07.40	00:22:14.25	+00:06:01 (27.2%)	4:25	13.6 (73.1%)
130	CIEPŁOWSKI Robert	926	GRUPA WODA	M40	24	00:00:16	00:22:07.90	00:22:24.70	+00:06:01 (27.2%)	4:25	13.6 (73.1%)
131	MAZURKIEWICZ Piotr	831		M40	25	00:00:09	00:22:08.40	00:22:18.35	+00:06:02 (27.3%)	4:25	13.5 (72.6%)
132	GRZECHOWIAK Krzysztof	366	ZIELONY PELIKAN	M30	54	00:00:04	00:22:13.20	00:22:18.15	+00:06:06 (27.5%)	4:26	13.5 (72.6%)
133	SZULC Andrzej	357		M40	26	00:00:06	00:22:13.50	00:22:20.35	+00:06:07 (27.5%)	4:26	13.5 (72.6%)
134	WIELGOSZ Krzysztof	875		M20	39	00:01:12	00:22:14.60	00:23:26.60	+00:06:08 (27.6%)	4:26	13.5 (72.6%)
135	DERING Tomasz	676	BYDGOSKIE ŻÓŁWIE	M30	55	00:00:51	00:22:14.90	00:23:06.75	+00:06:08 (27.6%)	4:27	13.5 (72.6%)
136	ŚLEFARSKI Marcin	233		M30	56	00:00:11	00:22:15.45	00:22:26.60	+00:06:09 (27.6%)	4:27	13.5 (72.6%)
137	KODRANC Michał	184	TYPYGRUBE	M30	57	00:00:12	00:22:16.40	00:22:29.20	+00:06:10 (27.7%)	4:27	13.5 (72.6%)
138	KABATEK Janusz	1120		M30	58	00:00:11	00:22:17.80	00:22:29.45	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
139	ANDRYCH Wojtek	608	TYPYGRUBE	M30	59	00:00:12	00:22:18.00	00:22:30.25	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
140	ŁOBOCKI Krzysztof	240		M30	60	00:00:06	00:22:18.05	00:22:24.55	+00:06:11 (27.8%)	4:27	13.5 (72.6%)
141	KILAN Kacper	783	OSÓWIEC	M20	40	00:00:19	00:22:19.65	00:22:38.75	+00:06:13 (27.9%)	4:27	13.4 (72.0%)
142	SPYCHAŁSKI Bartosz	537		M20	41	00:00:38	00:22:20.75	00:22:59.70	+00:06:14 (27.9%)	4:28	13.4 (72.0%)
143	RUMIŃSKI Adam	1219	SZURUSIE TEAM	M30	61	00:00:10	00:22:21.50	00:22:32.10	+00:06:15 (28.0%)	4:28	13.4 (72.0%)
144	KAMIŃSKI Marek	495	TYPYGRUBE	M20	42	00:00:12	00:22:22.35	00:22:34.85	+00:06:16 (28.0%)	4:28	13.4 (72.0%)
145	KLEPACZEWSKI Arkadiusz	26		M30	62	00:00:13	00:22:23.05	00:22:36.60	+00:06:16 (28.1%)	4:28	13.4 (72.0%)
146	ŁADNIAK Dariusz	1224		M40	27	00:00:55	00:22:23.60	00:23:19.15	+00:06:17 (28.1%)	4:28	13.4 (72.0%)
147	PALIWODA Jakub	813		M20	43	00:00:45	00:22:26.65	00:23:11.65	+00:06:20 (28.2%)	4:29	13.4 (72.0%)
148	GAWROŃSKI Mateusz	814		M20	44	00:00:14	00:22:27.00	00:22:41.70	+00:06:20 (28.3%)	4:29	13.4 (72.0%)
149	GWIAZDOWSKI Dominik	453		M10	5	00:00:09	00:22:27.10	00:22:37.05	+00:06:20 (28.3%)	4:29	13.4 (72.0%)
150	GORDON Roman	641	RUN BYDGOSZCZ	M60	2	00:00:05	00:22:28.20	00:22:34.05	+00:06:21 (28.3%)	4:29	13.3 (71.5%)
151	BILSKI Marcin	1136		M30	63	00:00:17	00:22:28.55	00:22:45.95	+00:06:22 (28.3%)	4:29	13.4 (72.0%)
152	SZYMAŃSKI Bartłomiej	812		M20	45	00:00:44	00:22:29.70	00:23:14.10	+00:06:23 (28.4%)	4:30	13.3 (71.5%)
153	ROSZCZYŃ Dawid	164	CB163	M30	64	00:01:40	00:22:32.15	00:24:12.20	+00:06:25 (28.5%)	4:30	13.3 (71.5%)
154	RAUNEST Adam	596		M50	10	00:00:25	00:22:34.80	00:23:00.55	+00:06:28 (28.7%)	4:31	13.3 (71.5%)
155	ZYGLER Zbigniew	524	22.ODN	M40	28	00:00:13	00:22:37.05	00:22:50.45	+00:06:30 (28.8%)	4:31	13.3 (71.5%)
156	PAWLACZYK Paweł	1053	SPÓJNIA BIAŁE BŁOTA	M20	46	00:00:39	00:22:37.45	00:23:16.60	+00:06:31 (28.8%)	4:31	13.3 (71.5%)
157	NIEDBALSKI Paweł	446		M30	65	00:00:01	00:22:38.40	00:22:40.25	+00:06:32 (28.9%)	4:31	13.2 (71.0%)
158	WESOŁOWSKI Dariusz	990		M40	29	00:00:08	00:22:39.10	00:22:47.35	+00:06:32 (28.9%)	4:31	13.2 (71.0%)
159	PIEZONKA Adam	1044		M20	47	00:00:12	00:22:43.65	00:22:55.75	+00:06:37 (29.1%)	4:32	13.2 (71.0%)
160	BRZEZIŃSKI Sławomir	557	CZARNE STOPY.SM BYDGOSZCZ	M40	30	00:00:19	00:22:44.30	00:23:03.65	+00:06:38 (29.2%)	4:32	13.2 (71.0%)
161	GACKOWSKI Krzysztof	280		M40	31	00:00:04	00:22:45.90	00:22:50.65	+00:06:39 (29.3%)	4:33	13.2 (71.0%)
162	SIUDA Sebastian	58	SOLECCY BIEGACZE	M40	32	00:00:26	00:22:47.90	00:23:14.10	+00:06:41 (29.4%)	4:33	13.2 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
163	KUCHCZYŃSKI Jakub	716	BKS BYDGOSZCZ	M10	6	00:00:27	00:22:48.95	00:23:15.95	+00:06:42 (29.4%)	4:33	13.2 (71.0%)
164	GŁOWSKI Dariusz	200		M40	33	00:00:22	00:22:49.05	00:23:12.00	+00:06:42 (29.4%)	4:34	13.1 (70.4%)
165	ISELVMO Espen	1356		M20	48	00:00:41	00:22:49.10	00:23:30.70	+00:06:42 (29.4%)	4:33	13.1 (70.4%)
166	OMNICZYŃSKI Tomasz	428	FORDON	M20	49	00:01:21	00:22:51.95	00:24:13.40	+00:06:45 (29.6%)	4:34	13.1 (70.4%)
167	KWARDYS Karol	150		M30	66	00:00:11	00:22:53.70	00:23:05.60	+00:06:47 (29.7%)	4:34	13.1 (70.4%)
168	KLIMCZYK Bartosz	763		M20	50	00:00:45	00:22:55.00	00:23:40.15	+00:06:48 (29.7%)	4:35	13.1 (70.4%)
169	PIOTROWSKI Dariusz	326		M40	34	00:00:19	00:22:55.65	00:23:15.55	+00:06:49 (29.8%)	4:35	13.1 (70.4%)
170	LUBIŃSKI Robert	874		M30	67	00:00:08	00:22:55.70	00:23:03.95	+00:06:49 (29.8%)	4:35	13.1 (70.4%)
171	SZUBERT Maciej	230		M40	35	00:01:40	00:22:57.70	00:24:38.65	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
172	ĆWIKLIŃSKI Jarosław	688		M50	11	00:00:39	00:22:57.85	00:23:37.50	+00:06:51 (29.9%)	4:35	13.1 (70.4%)
173	WAJCHERT Łukasz	954	BBL INOWROCŁAW	M30	68	00:00:34	00:22:58.45	00:23:32.90	+00:06:52 (29.9%)	4:35	13.1 (70.4%)
174	KAMPER Jarosław	717		M40	36	00:00:28	00:22:59.30	00:23:28.20	+00:06:53 (29.9%)	4:36	13 (69.9%)
175	PACZKOWSKI Mirosław	950	CB163	M40	37	00:00:32	00:23:00.25	00:23:32.90	+00:06:54 (30.0%)	4:36	13 (69.9%)
176	WIECZOREK Waldek	532		M30	69	00:01:57	00:23:01.90	00:24:58.95	+00:06:55 (30.1%)	4:36	13 (69.9%)
177	SAWICKI Mikołaj	1207		M20	51	00:00:08	00:23:03.80	00:23:12.35	+00:06:57 (30.2%)	4:36	13 (69.9%)
178	MACIĄGA Jakub	471		M30	70	00:00:16	00:23:05.75	00:23:22.15	+00:06:59 (30.3%)	4:37	13 (69.9%)
179	MIKOŁAJCZAK Sławomir	231		M40	38	00:00:32	00:23:07.50	00:23:40.35	+00:07:01 (30.4%)	4:37	13 (69.9%)
180	GWIZDAŁA Mikołaj	1146		M20	52	00:00:21	00:23:10.35	00:23:32.15	+00:07:04 (30.5%)	4:38	12.9 (69.4%)
181	JARYSZ Adrian	863		M30	71	00:00:06	00:23:12.45	00:23:18.50	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
182	RZĘTKOWSKI Artur	585		M20	53	00:00:14	00:23:12.60	00:23:26.80	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
183	JURKOWSKI Paweł	999	KANCELARIA HMM	M30	72	00:01:30	00:23:13.30	00:24:43.60	+00:07:07 (30.7%)	4:38	12.9 (69.4%)
184	KUCHCZYŃSKI Adam	715	BÓL TO ŚCIEMA	M50	12	00:00:26	00:23:14.00	00:23:40.85	+00:07:07 (30.7%)	4:38	12.9 (69.4%)
185	BATAROWICZ Patryk	674	OSP NAKŁO	M20	54	00:00:02	00:23:16.65	00:23:19.30	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
186	SZATTEN Michał	408	TYPYGRUBE	M30	73	00:00:12	00:23:17.10	00:23:30.05	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
187	SKUBISZEWSKI Damian	328	ARMIA CHRYSTUSA	M30	74	00:00:18	00:23:17.75	00:23:36.20	+00:07:11 (30.9%)	4:39	12.9 (69.4%)
188	SZYMAŃSKI Tomasz	880		M30	75	00:00:09	00:23:18.15	00:23:27.95	+00:07:11 (30.9%)	4:39	12.9 (69.4%)
189	STAWCZYK Dariusz	126		M40	39	00:00:07	00:23:20.45	00:23:28.05	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
190	WOJCIECHOWSKI Grzegorz	360	ATOS BYDGOSZCZ	M20	55	00:00:17	00:23:21.00	00:23:38.20	+00:07:14 (31.0%)	4:40	12.8 (68.8%)
191	SZYMCZAK Maciej	723		M40	40	00:00:09	00:23:22.00	00:23:31.50	+00:07:15 (31.1%)	4:40	12.8 (68.8%)
192	ŁATKA Marcin	35		M40	41	00:00:12	00:23:22.85	00:23:34.85	+00:07:16 (31.1%)	4:40	12.8 (68.8%)
193	BRACIKOWSKI Bartosz	1269		M10	7	00:00:28	00:23:23.40	00:23:51.55	+00:07:17 (31.1%)	4:40	12.8 (68.8%)
194	RZENTKOWSKI Grzegorz	1055		M40	42	00:00:15	00:23:23.55	00:23:38.85	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
195	SZARLEJ Marcin	283		M30	76	00:01:21	00:23:23.60	00:24:44.75	+00:07:17 (31.2%)	4:40	12.8 (68.8%)
196	RAK Waldemar	725		M40	43	00:00:06	00:23:24.30	00:23:30.45	+00:07:18 (31.2%)	4:40	12.8 (68.8%)
197	ROŚ Sławek	121	ARMIA CHRYSTUSA	M30	77	00:00:17	00:23:26.05	00:23:43.90	+00:07:19 (31.3%)	4:41	12.8 (68.8%)
198	NOWAK Rafał	319	JYSK	M20	56	00:01:20	00:23:26.90	00:24:47.75	+00:07:20 (31.3%)	4:41	12.8 (68.8%)
199	ANGLART Roman	396	PARKRUN BYDGOSZCZ	M50	13	00:00:16	00:23:26.95	00:23:43.00	+00:07:20 (31.3%)	4:41	12.8 (68.8%)
200	KRÓL Maciej	896		M40	44	00:00:13	00:23:30.35	00:23:43.95	+00:07:24 (31.5%)	4:42	12.8 (68.8%)
201	NOWAKOWSKI Grzegorz	569	DAEF	M30	78	00:00:31	00:23:32.30	00:24:03.65	+00:07:26 (31.6%)	4:42	12.7 (68.3%)
202	KRÓL Damian	551		M20	57	00:01:29	00:23:32.35	00:25:01.85	+00:07:26 (31.6%)	4:42	12.7 (68.3%)
203	KORTAS Marcin	567		M40	45	00:00:42	00:23:33.25	00:24:15.55	+00:07:27 (31.6%)	4:42	12.7 (68.3%)
204	KOZŁOWSKI Łukasz	755		M20	58	00:01:00	00:23:33.50	00:24:34.45	+00:07:27 (31.6%)	4:42	12.7 (68.3%)
205	SHCHERBAN Dmytro	502		M20	59	00:00:18	00:23:33.85	00:23:52.45	+00:07:27 (31.7%)	4:42	12.7 (68.3%)
206	CELEGRAT Andrzej	913		M30	79	00:00:15	00:23:34.60	00:23:49.85	+00:07:28 (31.7%)	4:42	12.7 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
207	LUBISZEWSKI Bartosz	809		M30	80	00:00:14	00:23:34.95	00:23:49.10	+00:07:28 (31.7%)	4:43	12.7 (68.3%)
208	ŁABENDA Robert	63		M30	81	00:00:28	00:23:35.20	00:24:03.55	+00:07:28 (31.7%)	4:43	12.7 (68.3%)
209	NURKIEWICZ Jarosław	501	KUNG FU PANDY 3	M40	46	00:00:09	00:23:35.55	00:23:45.05	+00:07:29 (31.7%)	4:43	12.7 (68.3%)
210	URBAŃSKI Dawid	124		M30	82	00:00:29	00:23:35.90	00:24:05.60	+00:07:29 (31.8%)	4:43	12.7 (68.3%)
211	KOPICKI Mariusz	71		M40	47	00:00:03	00:23:36.25	00:23:40.05	+00:07:30 (31.8%)	4:43	12.7 (68.3%)
212	GWIAZDOWSKI Krzysztof	451		M40	48	00:00:10	00:23:37.50	00:23:47.55	+00:07:31 (31.8%)	4:43	12.7 (68.3%)
213	DANKOWSKI Błażej	1143		M10	8	00:00:09	00:23:38.65	00:23:48.15	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
214	PACEK Mirosław	358		M50	14	00:01:27	00:23:38.95	00:25:06.50	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
215	LICA Paweł	1128		M20	60	00:00:34	00:23:39.20	00:24:13.25	+00:07:32 (31.9%)	4:43	12.7 (68.3%)
216	LINKOWSKI Paweł	1309		M20	61	00:01:44	00:23:39.65	00:25:24.00	+00:07:33 (31.9%)	4:44	12.7 (68.3%)
217	DACH Łukasz	1047		M30	83	00:00:12	00:23:40.85	00:23:53.25	+00:07:34 (32.0%)	4:44	12.7 (68.3%)
218	SMUCZYŃSKI Wojciech	566		M30	84	00:01:25	00:23:41.00	00:25:06.55	+00:07:34 (32.0%)	4:44	12.7 (68.3%)
219	MRUGAŁA Bartosz	57		M30	85	00:01:05	00:23:42.20	00:24:48.00	+00:07:35 (32.1%)	4:44	12.6 (67.7%)
220	DONARSKI Maciej	173		M20	62	00:01:01	00:23:43.70	00:24:44.80	+00:07:37 (32.1%)	4:44	12.6 (67.7%)
221	WOJCIECHOWSKI Dawid	576		M20	63	00:01:28	00:23:43.95	00:25:12.80	+00:07:37 (32.1%)	4:44	12.6 (67.7%)
222	OCHIMOWSKI Tomasz	655		M20	64	00:00:20	00:23:44.65	00:24:05.30	+00:07:38 (32.2%)	4:45	12.6 (67.7%)
223	WOJTYSIAK Kamil	46		M30	86	00:00:53	00:23:45.20	00:24:39.00	+00:07:38 (32.2%)	4:45	12.6 (67.7%)
224	ŚWIĘCICKI Andrzej	459		M40	49	00:00:31	00:23:45.55	00:24:17.35	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
225	TWARDOWSKI Bartosz	243		M30	87	00:01:32	00:23:45.85	00:25:18.65	+00:07:39 (32.2%)	4:45	12.6 (67.7%)
226	KABACIŃSKI Maciej	733	WUKAES	M40	50	00:00:04	00:23:48.00	00:23:52.25	+00:07:41 (32.3%)	4:45	12.6 (67.7%)
227	FRAĆKOWIAK Waldemar	605		M40	51	00:00:41	00:23:49.00	00:24:30.00	+00:07:42 (32.4%)	4:45	12.6 (67.7%)
228	ZAMROWSKI Tomasz	419		M40	52	00:00:14	00:23:51.60	00:24:06.30	+00:07:45 (32.5%)	4:46	12.6 (67.7%)
229	KANNEBERG Maciej	1069	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	65	00:01:01	00:23:53.85	00:24:55.15	+00:07:47 (32.6%)	4:46	12.6 (67.7%)
230	SZCZERBINSKI Mariusz	312		M40	53	00:01:07	00:24:00.00	00:25:07.10	+00:07:53 (32.9%)	4:48	12.5 (67.2%)
231	PILARSKI Paweł	923		M20	66	00:00:14	00:24:01.90	00:24:16.30	+00:07:55 (33.0%)	4:48	12.5 (67.2%)
232	KIECA Andrzej	891	ROWEROWA BRZOZA / BRZOZA BIEGA	M50	15	00:00:38	00:24:02.15	00:24:41.05	+00:07:55 (33.0%)	4:48	12.5 (67.2%)
233	BYRTEK Grzegorz	142	CAŁY CZAS DO PRZODU	M40	54	00:00:34	00:24:03.10	00:24:38.00	+00:07:56 (33.0%)	4:48	12.5 (67.2%)
234	RENC Patryk	342	SERCE TYBETU	M20	67	00:00:14	00:24:03.35	00:24:17.70	+00:07:57 (33.1%)	4:48	12.5 (67.2%)
235	URBAŃSKI Tomasz	340	JW 4326	M30	88	00:00:32	00:24:03.55	00:24:35.60	+00:07:57 (33.1%)	4:48	12.5 (67.2%)
236	PIOTROWSKI Maciej	892		M30	89	00:01:07	00:24:04.30	00:25:11.50	+00:07:58 (33.1%)	4:48	12.5 (67.2%)
237	SKOPOWSKI Krzysztof	430		M40	55	00:00:18	00:24:05.25	00:24:24.00	+00:07:59 (33.1%)	4:49	12.4 (66.7%)
238	KOWALSKI Patryk	1267		M30	90	00:00:29	00:24:06.65	00:24:36.20	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
239	TUREK Józef	1275		M20	68	00:00:07	00:24:07.50	00:24:14.90	+00:08:01 (33.2%)	4:49	12.4 (66.7%)
240	KLINOWSKI Radosław	1173		M30	91	00:00:55	00:24:07.75	00:25:03.25	+00:08:01 (33.3%)	4:49	12.4 (66.7%)
241	NAWROCKI Dariusz	714	VAUPE TEAM	M50	16	00:00:57	00:24:09.20	00:25:07.10	+00:08:02 (33.3%)	4:50	12.4 (66.7%)
242	JAGIELSKI Szymon	1316		M20	69	00:00:41	00:24:12.15	00:24:53.15	+00:08:05 (33.5%)	4:50	12.4 (66.7%)
243	CIARKOWSKI Mirosław	1050		M30	92	00:00:16	00:24:13.75	00:24:29.85	+00:08:07 (33.5%)	4:50	12.4 (66.7%)
244	GRZEBIELUCHA Arkadiusz	452		M30	93	00:00:00	00:24:16.65	00:24:16.65	+00:08:10 (33.7%)	4:51	12.4 (66.7%)
245	POPIELARZ Robert	807		M40	56	00:00:21	00:24:17.40	00:24:38.55	+00:08:11 (33.7%)	4:51	12.4 (66.7%)
246	PAWLAK Waldemar	191	VEGERUNNERS	M30	94	00:00:23	00:24:17.90	00:24:41.65	+00:08:11 (33.7%)	4:51	12.3 (66.1%)
247	KOTWICA Kamil	1227		M20	70	00:00:22	00:24:18.60	00:24:40.65	+00:08:12 (33.8%)	4:51	12.3 (66.1%)
248	CHMIELEWSKI Ireneusz	55	CZARNE STOPY.SM	M50	17	00:00:18	00:24:18.70	00:24:37.40	+00:08:12 (33.8%)	4:51	12.3 (66.1%)
249	BRYJA Robert	1204		M50	18	00:00:48	00:24:21.15	00:25:09.20	+00:08:14 (33.9%)	4:52	12.3 (66.1%)
250	NOWAK Sławomir	1011		M20	71	00:00:14	00:24:22.15	00:24:36.55	+00:08:15 (33.9%)	4:52	12.3 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
251	MATTHEWS Karol	762		M30	95	00:00:20	00:24:22.30	00:24:42.65	+00:08:16 (33.9%)	4:52	12.3 (66.1%)
252	TRZCIŃSKI Eugeniusz	638	SZWEDEROWO	M60	3	00:00:08	00:24:22.90	00:24:31.65	+00:08:16 (33.9%)	4:52	12.3 (66.1%)
253	KITOWSKI Przemysław	148		M30	96	00:00:29	00:24:23.50	00:24:53.05	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
254	GRUBA Jacek	618		M50	19	00:00:13	00:24:23.55	00:24:36.60	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
255	SADOWSKI Bartosz	1111		M40	57	00:00:37	00:24:23.95	00:25:01.55	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
255	STRZAŁKOWSKI Dawid	919		M20	72	00:00:09	00:24:23.95	00:24:33.85	+00:08:17 (34.0%)	4:52	12.3 (66.1%)
257	D'ANGELO Antonio	1280		M20	73	00:00:45	00:24:25.35	00:25:10.65	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
258	JASIŃSKI Artur	421		M40	58	00:00:47	00:24:25.95	00:25:13.00	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
258	KOWALSKI Marek	1012	BYDGOSKIE ŻÓŁWIE	M40	59	00:00:52	00:24:25.95	00:25:18.05	+00:08:19 (34.1%)	4:53	12.3 (66.1%)
260	SAWIŃSKI Łukasz	820		M20	74	00:00:17	00:24:27.35	00:24:44.50	+00:08:21 (34.1%)	4:53	12.3 (66.1%)
261	WIŚNIEWSKI Włodzimierz	370	SPC	M50	20	00:01:44	00:24:27.60	00:26:12.45	+00:08:21 (34.2%)	4:53	12.3 (66.1%)
262	GROCHOWSKI Jakub	498	JW1515	M30	97	00:01:05	00:24:28.55	00:25:34.50	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
263	KUSZYŃSKI Robert	151	PJB	M40	60	00:00:35	00:24:29.05	00:25:04.20	+00:08:22 (34.2%)	4:53	12.3 (66.1%)
264	SZUKALSKI Piotr	1117		M20	75	00:00:41	00:24:30.20	00:25:11.50	+00:08:23 (34.3%)	4:54	12.2 (65.6%)
265	CZYŚCIECKI Adrian	72		M20	76	00:00:17	00:24:31.60	00:24:49.25	+00:08:25 (34.3%)	4:54	12.2 (65.6%)
266	CHRZĄSZCZ Michał	305	SISU-OWB TEAM	M20	77	00:01:22	00:24:33.10	00:25:55.85	+00:08:26 (34.4%)	4:54	12.2 (65.6%)
267	TYMEK Dariusz	590	TYPYGRUBE	M20	78	00:00:12	00:24:33.65	00:24:45.90	+00:08:27 (34.4%)	4:54	12.2 (65.6%)
268	WŁOCH Mateusz	582		M10	9	00:00:04	00:24:33.95	00:24:38.00	+00:08:27 (34.4%)	4:54	12.2 (65.6%)
269	KĘDZIERSKI Wojciech	1013		M40	61	00:00:22	00:24:34.10	00:24:56.40	+00:08:27 (34.5%)	4:54	12.2 (65.6%)
270	KOZICKI Marcin	657	BYDGOSKIE ŻÓŁWIE	M40	62	00:00:52	00:24:35.40	00:25:28.05	+00:08:29 (34.5%)	4:55	12.2 (65.6%)
271	DRZEWIECKI Radosław	1310		M30	98	00:00:39	00:24:36.20	00:25:15.35	+00:08:29 (34.5%)	4:55	12.2 (65.6%)
272	BRYCKI Łukasz	1202		M30	99	00:00:36	00:24:37.45	00:25:13.70	+00:08:31 (34.6%)	4:55	12.2 (65.6%)
273	HEIDAK Piotr	1042		M40	63	00:00:19	00:24:38.05	00:24:57.40	+00:08:31 (34.6%)	4:55	12.2 (65.6%)
274	DROZDOWSKI Krzysztof	663		M40	64	00:00:48	00:24:39.15	00:25:27.30	+00:08:32 (34.7%)	4:55	12.2 (65.6%)
274	FRANKÓW Łukasz	1350	OSP NAKŁO	M30	100	00:00:02	00:24:39.15	00:24:41.65	+00:08:32 (34.7%)	4:55	12.2 (65.6%)
276	PRZERACKI Mirosław	336	SZOSZONI	M40	65	00:01:20	00:24:39.95	00:26:00.75	+00:08:33 (34.7%)	4:56	12.2 (65.6%)
277	LESZCZYŃSKI Łukasz	196		M30	101	00:01:03	00:24:40.20	00:25:44.00	+00:08:33 (34.7%)	4:56	12.2 (65.6%)
278	TYMOSIAK Mateusz	434	GRUPA BIEGOWA SPÓJNIA BIAŁE BŁOTA	M20	79	00:00:39	00:24:40.30	00:25:19.55	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
279	MINTA Adam	904		M30	102	00:00:22	00:24:40.65	00:25:03.25	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
280	ŚWIATLAK Marek	963		M40	66	00:00:39	00:24:40.75	00:25:20.25	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
281	BLINET Jean-Baptiste	1341		M20	80	00:00:52	00:24:40.80	00:25:33.05	+00:08:34 (34.7%)	4:56	12.2 (65.6%)
282	GRYGIEL Mateusz	372		M30	103	00:01:04	00:24:41.00	00:25:45.45	+00:08:34 (34.8%)	4:56	12.2 (65.6%)
283	ŚCIBAK Wojciech	1043	JFTC SU	M30	104	00:00:18	00:24:44.05	00:25:02.55	+00:08:37 (34.9%)	4:56	12.1 (65.1%)
284	POLIWODZIŃSKI Mateusz	1100	KS WISŁKA BYDGOSZCZ-FORDON	M10	10	00:00:13	00:24:44.65	00:24:58.00	+00:08:38 (34.9%)	4:57	12.1 (65.1%)
285	SZYMKOWIAK Krzysztof	971		M10	11	00:01:18	00:24:46.70	00:26:04.70	+00:08:40 (35.0%)	4:57	12.1 (65.1%)
286	MOCZULSKI Tomek	398		M30	105	00:00:31	00:24:50.45	00:25:22.15	+00:08:44 (35.2%)	4:58	12.1 (65.1%)
287	POTRZEBOWSKI Marek	209		M30	106	00:00:30	00:24:51.85	00:25:22.70	+00:08:45 (35.2%)	4:58	12.1 (65.1%)
288	SPIRYDOWICZ Piotr	1192		M30	107	00:00:24	00:24:54.80	00:25:19.05	+00:08:48 (35.4%)	4:59	12 (64.5%)
289	MOKOS Tomasz	189	INOWROCŁAW BIEGA	M30	108	00:00:50	00:24:54.85	00:25:45.25	+00:08:48 (35.4%)	4:59	12 (64.5%)
290	ANTKOWIAK Bartosz	508	TCMS PESA BYDGOSZCZ	M30	109	00:01:52	00:24:54.90	00:26:46.90	+00:08:48 (35.4%)	4:58	12 (64.5%)
291	GAWRYCH Adam	985		M20	81	00:00:34	00:24:56.70	00:25:31.25	+00:08:50 (35.4%)	4:59	12 (64.5%)
292	POLIWODZIŃSKI Michał	22	KS WISŁKA BYDGOSZCZ-FORDON	M30	110	00:00:13	00:24:57.00	00:25:10.80	+00:08:50 (35.5%)	4:59	12 (64.5%)
293	DOMŻALSKI Lech	1344		M30	111	00:00:41	00:24:59.05	00:25:40.75	+00:08:52 (35.5%)	4:59	12 (64.5%)
294	FOJUTOWSKI Jan	484	MKS 63	M10	12	00:00:03	00:24:59.45	00:25:02.75	+00:08:53 (35.6%)	4:59	12 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
295	KARLIŃSKI Oskar	614	BYDGOSZCZ	M10	13	00:01:19	00:24:59.65	00:26:19.05	+00:08:53 (35.6%)	5:00	12 (64.5%)
296	KAZMIERCZAK Paweł	1172		M40	67	00:00:10	00:24:59.70	00:25:10.40	+00:08:53 (35.6%)	5:00	12 (64.5%)
297	KWASIGROCH Krzysztof	838	TKKF KOLEJARZ BYDGOSZCZ	M50	21	00:00:53	00:25:00.00	00:25:53.15	+00:08:53 (35.6%)	5:00	12 (64.5%)
298	DUDZIC Łukasz	859	CYBERMORSY	M20	82	00:00:24	00:25:01.10	00:25:25.70	+00:08:54 (35.6%)	5:00	12 (64.5%)
299	BUSSE Dariusz	1352		M40	68	00:00:59	00:25:01.35	00:26:00.45	+00:08:55 (35.6%)	5:00	12 (64.5%)
299	JAROCH Krzysztof	384		M20	83	00:01:22	00:25:01.35	00:26:23.75	+00:08:55 (35.6%)	5:00	12 (64.5%)
301	BARSZCZEWSKI Sebastian	1114		M30	112	00:00:50	00:25:02.55	00:25:53.00	+00:08:56 (35.7%)	5:00	12 (64.5%)
302	CZAJA Jarosław	251		M40	69	00:00:37	00:25:02.60	00:25:40.05	+00:08:56 (35.7%)	5:00	12 (64.5%)
303	SOSNA Mikolaj	207		M30	113	00:01:23	00:25:03.10	00:26:26.35	+00:08:56 (35.7%)	5:00	12 (64.5%)
304	CHRUPAŁA Rafał	768		M30	114	00:00:51	00:25:03.75	00:25:54.80	+00:08:57 (35.7%)	5:00	12 (64.5%)
305	ŚLADEWSKI Rafał	412		M30	115	00:00:41	00:25:03.90	00:25:45.40	+00:08:57 (35.8%)	5:00	12 (64.5%)
306	OSZUBSKI Kazimierz	934		M40	70	00:00:22	00:25:04.85	00:25:27.75	+00:08:58 (35.8%)	5:01	12 (64.5%)
307	GŁOWACKI Robert	400		M40	71	00:00:10	00:25:05.15	00:25:15.75	+00:08:58 (35.8%)	5:01	12 (64.5%)
308	ANDRZEJEWSKI Adam	406		M40	72	00:01:50	00:25:05.75	00:26:56.50	+00:08:59 (35.8%)	5:01	12 (64.5%)
309	PACANOWSKI Szymon	862		M10	14	00:00:16	00:25:06.95	00:25:23.65	+00:09:00 (35.9%)	5:01	11.9 (64.0%)
310	AFELT Jarosław	204		M30	116	00:01:07	00:25:07.35	00:26:14.80	+00:09:01 (35.9%)	5:01	11.9 (64.0%)
311	SIKORSKI Norbert	211		M40	73	00:00:18	00:25:08.00	00:25:26.30	+00:09:01 (35.9%)	5:01	11.9 (64.0%)
312	OSZUBSKI Dawid	969		M18	2	00:00:22	00:25:08.20	00:25:30.65	+00:09:01 (35.9%)	5:01	11.9 (64.0%)
313	DUDZIC Sławek	554		M50	22	00:00:11	00:25:11.85	00:25:22.90	+00:09:05 (36.1%)	5:02	11.9 (64.0%)
314	WILDHIRT Mariusz	216		M30	117	00:00:12	00:25:12.30	00:25:24.90	+00:09:06 (36.1%)	5:02	11.9 (64.0%)
315	WŁODARSKI Paweł	799		M30	118	00:01:01	00:25:14.35	00:26:16.05	+00:09:08 (36.2%)	5:03	11.9 (64.0%)
316	KARSKI Przemysław	771		M30	119	00:00:44	00:25:14.90	00:25:59.65	+00:09:08 (36.2%)	5:03	11.9 (64.0%)
317	NOWOSIELSKI Marcin	656		M40	74	00:00:38	00:25:16.25	00:25:55.00	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
317	TOMCZAK Sylwester	389	KLINIKA TRIATHLONU	M30	120	00:01:25	00:25:16.25	00:26:41.30	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
319	ŚWIETLIK Piotr	901		M50	23	00:00:36	00:25:16.75	00:25:53.70	+00:09:10 (36.3%)	5:03	11.9 (64.0%)
320	BARTNIK Mieczysław	1248		M50	24	00:01:18	00:25:18.00	00:26:36.05	+00:09:11 (36.3%)	5:03	11.9 (64.0%)
321	ŚWIETLIK Radosław	699		M20	84	00:01:03	00:25:18.70	00:26:22.05	+00:09:12 (36.4%)	5:03	11.8 (63.4%)
322	RADECKI Maciej	1149	CYBORGI	M40	75	00:01:55	00:25:22.35	00:27:17.90	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
323	WIŚNIEWSKI Paweł	1166		M20	85	00:01:34	00:25:25.10	00:26:59.10	+00:09:18 (36.6%)	5:05	11.8 (63.4%)
324	BALCERZAK Leszek	1095		M30	121	00:00:13	00:25:25.40	00:25:38.75	+00:09:19 (36.7%)	5:05	11.8 (63.4%)
325	SZYDŁOWSKI Rafał	85		M30	122	00:00:35	00:25:28.45	00:26:04.35	+00:09:22 (36.8%)	5:05	11.8 (63.4%)
326	ŁAWRYNOWICZ Tomasz	1021	SZKOŁA JAZDY TOMAS	M20	86	00:01:23	00:25:29.70	00:26:53.05	+00:09:23 (36.8%)	5:06	11.8 (63.4%)
327	GRUCHAŁA Wojciech	338		M50	25	00:00:08	00:25:30.10	00:25:38.95	+00:09:23 (36.9%)	5:06	11.8 (63.4%)
328	SKONIECZNY Daniel	507	TCMS PESA BYDGOSZCZ	M30	123	00:01:48	00:25:30.70	00:27:19.60	+00:09:24 (36.9%)	5:06	11.8 (63.4%)
329	ŁABENDA Piotr	792	TERENOWA MASAKRA TEAM	M40	76	00:00:42	00:25:31.85	00:26:14.35	+00:09:25 (36.9%)	5:06	11.7 (62.9%)
330	CIACHERA Ireneusz	1261	INDYWIDUALNIE	M50	26	00:00:37	00:25:33.70	00:26:11.00	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
330	GŁOGOWSKI Mateusz	857	CYBERMORSY	M30	124	00:00:24	00:25:33.70	00:25:58.15	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
332	MORZYK Michał	496		M30	125	00:01:07	00:25:34.05	00:26:41.75	+00:09:27 (37.0%)	5:06	11.7 (62.9%)
333	STĘPSKI Sławomir	202		M18	3	00:01:31	00:25:34.45	00:27:06.00	+00:09:28 (37.0%)	5:07	11.7 (62.9%)
334	BRZOZOWSKI Jarosław	97		M50	27	00:00:18	00:25:36.70	00:25:55.45	+00:09:30 (37.1%)	5:07	11.7 (62.9%)
335	MORAWSKI Marek	274	KK ASTORIA	M30	126	00:01:26	00:25:37.95	00:27:04.25	+00:09:31 (37.2%)	5:07	11.7 (62.9%)
336	KONWIŃSKI Daniel	513	CYBERMORSY	M30	127	00:01:26	00:25:38.90	00:27:05.85	+00:09:32 (37.2%)	5:07	11.7 (62.9%)
337	MALINOWSKI Waldemar	457	RUN LOTTO-BYDGOSTIA	M40	77	00:01:21	00:25:40.45	00:27:01.45	+00:09:34 (37.3%)	5:08	11.7 (62.9%)
338	GOŁCZYŃSKI Tomasz	995		M40	78	00:00:22	00:25:40.70	00:26:02.75	+00:09:34 (37.3%)	5:08	11.7 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
339	BORZYSZKOWSKI Grzegorz	105	STARY FORDON	M30	128	00:00:13	00:25:43.60	00:25:56.65	+00:09:37 (37.4%)	5:08	11.7 (62.9%)
340	PANKOWSKI Przemysław	1056	1. BLWL	M30	129	00:00:16	00:25:44.35	00:26:00.65	+00:09:38 (37.4%)	5:08	11.7 (62.9%)
341	GŁOWACKI Jarosław	1345	ADP BYDGOSZCZ	M18	4	00:00:21	00:25:45.00	00:26:06.65	+00:09:38 (37.5%)	5:09	11.7 (62.9%)
342	SONTOWSKI Eryk	893		M10	15	00:00:12	00:25:45.80	00:25:58.10	+00:09:39 (37.5%)	5:09	11.6 (62.4%)
343	DANKOWSKI Rafał	1142		M40	79	00:00:10	00:25:46.35	00:25:56.55	+00:09:40 (37.5%)	5:09	11.6 (62.4%)
344	SALA Tymoteusz	1243		M20	87	00:00:25	00:25:47.10	00:26:12.95	+00:09:40 (37.5%)	5:09	11.6 (62.4%)
345	DERESZYŃSKI Piotr	592		M40	80	00:00:57	00:25:47.95	00:26:45.60	+00:09:41 (37.6%)	5:09	11.6 (62.4%)
346	FABROWSKI Dawid	34	PRACOWNIAFIZJO ROMET	M30	130	00:01:45	00:25:49.30	00:27:34.85	+00:09:43 (37.6%)	5:09	11.6 (62.4%)
347	WALERYCH Jarosław	1294	TYPYGRUBE	M30	131	00:00:11	00:25:51.75	00:26:03.35	+00:09:45 (37.7%)	5:10	11.6 (62.4%)
348	KONOWECKI Bartosz	1199		M20	88	00:01:11	00:25:52.10	00:27:03.85	+00:09:45 (37.7%)	5:10	11.6 (62.4%)
349	GRZELAK Łukasz	1337		M40	81	00:01:07	00:25:55.50	00:27:03.40	+00:09:49 (37.9%)	5:11	11.6 (62.4%)
350	REPCZYŃSKI Tomek	107		M20	89	00:01:14	00:25:56.25	00:27:10.40	+00:09:50 (37.9%)	5:11	11.6 (62.4%)
351	KIJEWSKI Maciej	263	KABEL TEAM	M30	132	00:01:18	00:25:56.45	00:27:15.00	+00:09:50 (37.9%)	5:11	11.6 (62.4%)
352	LEŚNIEWSKI Tomasz	125		M40	82	00:00:23	00:25:57.40	00:26:21.25	+00:09:51 (38.0%)	5:11	11.6 (62.4%)
353	NAWROCKI Damian	1153		M20	90	00:00:43	00:25:59.30	00:26:42.60	+00:09:53 (38.0%)	5:11	11.5 (61.8%)
354	DEREZIŃSKI Tomasz	316		M30	133	00:01:03	00:26:01.20	00:27:04.25	+00:09:54 (38.1%)	5:12	11.5 (61.8%)
355	KOPACZ Radosław	939	PĘDZĄCE ŻÓŁWITI	M30	134	00:01:18	00:26:01.35	00:27:19.90	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
356	KLINIKOWSKI Jacek	367	KOCHAM ŻYCIE I...	M40	83	00:00:47	00:26:02.10	00:26:49.95	+00:09:55 (38.1%)	5:12	11.5 (61.8%)
357	TRUDNOWSKI Janusz	424		M60	4	00:01:02	00:26:02.55	00:27:05.35	+00:09:56 (38.2%)	5:12	11.5 (61.8%)
358	DACIO Darek	968		M20	91	00:00:17	00:26:02.70	00:26:20.55	+00:09:56 (38.2%)	5:12	11.5 (61.8%)
359	MAŁACHOWSKI Mateusz	1255		M20	92	00:00:24	00:26:03.40	00:26:27.65	+00:09:57 (38.2%)	5:12	11.5 (61.8%)
359	BIERYT Krzysztof	542	POLI-FAX UL. BOCZNA 10	M30	135	00:00:55	00:26:03.40	00:26:58.70	+00:09:57 (38.2%)	5:12	11.5 (61.8%)
361	GRALAK Jacek	601		M40	84	00:00:11	00:26:04.70	00:26:16.55	+00:09:58 (38.2%)	5:13	11.5 (61.8%)
362	DĘBICKI Mateusz	895		M10	16	00:00:12	00:26:05.15	00:26:17.85	+00:09:58 (38.3%)	5:13	11.5 (61.8%)
363	LEWANDOWSKI Damian	299	TEAM	M30	136	00:00:43	00:26:05.50	00:26:49.40	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
364	NOWAKOWSKI Tomasz	426		M30	137	00:00:42	00:26:05.60	00:26:48.15	+00:09:59 (38.3%)	5:13	11.5 (61.8%)
365	GOSIENIECKI Konrad	281		M20	93	00:00:40	00:26:10.50	00:26:51.05	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
366	KALA Michał	1315		M30	138	00:01:14	00:26:11.10	00:27:25.55	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
367	ROSINSKI Przemysław	346		M30	139	00:01:34	00:26:11.20	00:27:45.55	+00:10:04 (38.5%)	5:14	11.5 (61.8%)
368	ŻUCHELKOWSKI Rafał	958		M30	140	00:00:30	00:26:11.80	00:26:41.95	+00:10:05 (38.5%)	5:14	11.5 (61.8%)
369	KIEŁCZYŃSKI Marek	1278		M40	85	00:00:15	00:26:12.40	00:26:27.95	+00:10:06 (38.5%)	5:14	11.5 (61.8%)
370	JESKE Marek	870	RUN BYDGOSZCZ	M40	86	00:00:22	00:26:15.70	00:26:38.10	+00:10:09 (38.7%)	5:15	11.4 (61.3%)
371	ARENT Jan	753		M50	28	00:01:00	00:26:16.25	00:27:16.75	+00:10:10 (38.7%)	5:15	11.4 (61.3%)
372	CĄBROWSKI Piotr	1006		M40	87	00:00:50	00:26:16.70	00:27:07.55	+00:10:10 (38.7%)	5:15	11.4 (61.3%)
373	KUNDE Adam	1041	BYDGOSZCZ TRIATHLON	M50	29	00:01:08	00:26:19.60	00:27:28.55	+00:10:13 (38.8%)	5:16	11.4 (61.3%)
374	BIELENNY Michał	494		M60	5	00:01:35	00:26:21.75	00:27:57.00	+00:10:15 (38.9%)	5:16	11.4 (61.3%)
375	WDOWIAK Piotr	115		M20	94	00:01:22	00:26:21.95	00:27:44.40	+00:10:15 (38.9%)	5:16	11.4 (61.3%)
376	ŁABĘCKI Kordian	1214		M20	95	00:00:22	00:26:25.90	00:26:48.00	+00:10:19 (39.1%)	5:17	11.3 (60.8%)
377	BEJGER Łukasz	505	TCMS PESA BYDGOSZCZ	M30	141	00:01:49	00:26:26.85	00:28:16.45	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
378	PAPIS Piotr	386		M30	142	00:00:46	00:26:26.95	00:27:13.65	+00:10:20 (39.1%)	5:17	11.3 (60.8%)
379	SZEWCZUK Sebastian	879		M30	143	00:01:13	00:26:27.65	00:27:41.45	+00:10:21 (39.1%)	5:17	11.3 (60.8%)
380	PRZYBYLSKI Mariusz	353		M50	30	00:00:32	00:26:29.70	00:27:02.05	+00:10:23 (39.2%)	5:18	11.3 (60.8%)
381	BŁĄŻEJEWSKI Kacper	193	CB163	M20	96	00:01:37	00:26:30.10	00:28:07.55	+00:10:23 (39.2%)	5:18	11.3 (60.8%)
382	JAROCH Rafał	383		M30	144	00:01:21	00:26:31.25	00:27:53.15	+00:10:25 (39.3%)	5:18	11.3 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
383	KAPELA Jacek	415	KS WISŁKA BYDGOSZCZ-FORDON	M40	88	00:00:14	00:26:32.60	00:26:47.20	+00:10:26 (39.3%)	5:18	11.3 (60.8%)
384	DOBZĄSKI Dariusz	77	3GRAVITY	M20	97	00:01:38	00:26:34.00	00:28:12.85	+00:10:27 (39.4%)	5:18	11.3 (60.8%)
385	CISZEWSKI Paweł	1288		M30	145	00:00:27	00:26:38.20	00:27:05.45	+00:10:31 (39.5%)	5:19	11.3 (60.8%)
386	BUGARA Piotr	996		M20	98	00:00:40	00:26:39.35	00:27:20.20	+00:10:33 (39.6%)	5:20	11.3 (60.8%)
387	GRUSZCZKA Patryk	1176		M30	146	00:00:14	00:26:41.10	00:26:55.55	+00:10:34 (39.7%)	5:20	11.2 (60.2%)
388	JARZEMSKI Marcin	1324	BYDGOSZCZ TRIATHLON TEAM	M30	147	00:01:50	00:26:44.90	00:28:35.15	+00:10:38 (39.8%)	5:21	11.2 (60.2%)
389	MIERZWA Damian	42	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	148	00:00:59	00:26:45.25	00:27:44.80	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
390	KAMASZ Dawid	627		M20	99	00:01:24	00:26:45.65	00:28:10.55	+00:10:39 (39.8%)	5:21	11.2 (60.2%)
391	ŚNIECHOTA Konrad	176	TYPYGRUBE	M30	149	00:00:11	00:26:46.45	00:26:57.90	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
391	WALENCIAK Jarosław	289	CZARNE STOPY.SM	M40	89	00:00:19	00:26:46.45	00:27:06.35	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
393	CZUBKOWSKI Sebastian	423	RUN TEAM	M30	150	00:00:57	00:26:47.10	00:27:44.60	+00:10:40 (39.9%)	5:21	11.2 (60.2%)
394	KILANOWSKI Darek	1240		M30	151	00:01:29	00:26:48.55	00:28:18.15	+00:10:42 (39.9%)	5:21	11.2 (60.2%)
395	BIZON Bartosz	927		M30	152	00:01:24	00:26:49.95	00:28:14.00	+00:10:43 (40.0%)	5:22	11.2 (60.2%)
396	WARCZAK Kuba	208	TEAMOCHAL	M30	153	00:00:31	00:26:50.45	00:27:21.60	+00:10:44 (40.0%)	5:22	11.2 (60.2%)
397	OGRODOWICZ Marcin	354	MIODOWE	M40	90	00:00:31	00:26:53.45	00:27:25.05	+00:10:47 (40.1%)	5:22	11.2 (60.2%)
398	PODGÓRSKI Jakub	3	ZIELONY PELIKAN	M30	154	00:00:47	00:26:54.85	00:27:42.05	+00:10:48 (40.2%)	5:23	11.1 (59.7%)
399	WITKOWSKI Błażej	757		M20	100	00:01:37	00:26:55.60	00:28:32.65	+00:10:49 (40.2%)	5:23	11.1 (59.7%)
400	DĄBROWSKI Bartosz	550	SPORTOWA PASJA	M30	155	00:00:59	00:26:56.65	00:27:56.50	+00:10:50 (40.2%)	5:23	11.1 (59.7%)
401	DOLNY Kajetan	526		M10	17	00:00:50	00:26:57.00	00:27:47.05	+00:10:50 (40.2%)	5:23	11.1 (59.7%)
402	JANKE Damian	781		M30	156	00:00:58	00:26:58.50	00:27:56.70	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
403	BARAŃSKI Maciej	644		M30	157	00:02:21	00:26:58.70	00:29:20.55	+00:10:52 (40.3%)	5:23	11.1 (59.7%)
404	WYPORKIEWICZ Jerzy	436		M50	31	00:00:40	00:27:01.20	00:27:41.55	+00:10:54 (40.4%)	5:24	11.1 (59.7%)
405	GÓRNIAK Jakub	647		M20	101	00:00:15	00:27:02.55	00:27:17.70	+00:10:56 (40.4%)	5:24	11.1 (59.7%)
406	WIELIŃSKI Rafał	1073		M30	158	00:01:15	00:27:05.75	00:28:21.45	+00:10:59 (40.6%)	5:25	11.1 (59.7%)
407	BRAĞIEL Jakub	399	VEGE RUNNERS	M30	159	00:00:41	00:27:10.45	00:27:52.35	+00:11:04 (40.7%)	5:26	11 (59.1%)
408	BYCZKOWSKI Zenon	1035	INDYWIDUALNIE	M50	32	00:01:17	00:27:10.50	00:28:27.85	+00:11:04 (40.7%)	5:26	11 (59.1%)
409	DURĄŁEK Andrzej	888		M40	91	00:00:57	00:27:10.70	00:28:08.00	+00:11:04 (40.7%)	5:26	11 (59.1%)
410	ŁUKAWSKI Damian	989		M20	102	00:00:35	00:27:15.25	00:27:50.60	+00:11:09 (40.9%)	5:27	11 (59.1%)
411	SOBOTA Piotr	482		M40	92	00:00:19	00:27:17.15	00:27:36.75	+00:11:10 (41.0%)	5:27	11 (59.1%)
412	ISKRA Jacek	849		M40	93	00:01:19	00:27:17.40	00:28:36.45	+00:11:11 (41.0%)	5:27	11 (59.1%)
413	KOTECKI Marcin	334		M30	160	00:00:50	00:27:17.80	00:28:08.25	+00:11:11 (41.0%)	5:27	11 (59.1%)
414	TUPTANOWSKI Przemysław	1078	WELD-LINE	M30	161	00:01:15	00:27:17.90	00:28:33.45	+00:11:11 (41.0%)	5:27	11 (59.1%)
415	GUŻDZIOŁ Jarek	527	SOLECCY BIEGACZE	M40	94	00:00:30	00:27:18.05	00:27:48.55	+00:11:11 (41.0%)	5:27	11 (59.1%)
416	RĘDZINA Michał	50		M30	162	00:00:49	00:27:19.65	00:28:08.95	+00:11:13 (41.1%)	5:27	11 (59.1%)
417	JANKOWSKI Tomasz Michał	804	RUN DELFIN	M50	33	00:00:17	00:27:21.45	00:27:39.10	+00:11:15 (41.1%)	5:28	11 (59.1%)
418	ARENT Dawid	754		M20	103	00:01:00	00:27:21.90	00:28:22.70	+00:11:15 (41.2%)	5:28	11 (59.1%)
419	KORDAS Jacek	221		M20	104	00:01:31	00:27:23.90	00:28:55.85	+00:11:17 (41.2%)	5:28	10.9 (58.6%)
420	ZIELIŃSKI Radosław	101		M30	163	00:00:43	00:27:24.25	00:28:07.25	+00:11:18 (41.2%)	5:28	10.9 (58.6%)
421	WÓJCIK Jakub	297		M18	5	00:00:59	00:27:28.65	00:28:28.05	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
422	CHMIELEWSKI Mateusz	1232		M20	105	00:01:32	00:27:28.70	00:29:01.45	+00:11:22 (41.4%)	5:29	10.9 (58.6%)
423	GOTOWICZ Mariusz	36	KDP GOTOWICZ	M50	34	00:01:02	00:27:29.95	00:28:32.30	+00:11:23 (41.4%)	5:30	10.9 (58.6%)
424	DEPTUŁA Stanisław	845		M10	18	00:01:03	00:27:30.55	00:28:33.75	+00:11:24 (41.5%)	5:30	10.9 (58.6%)
425	MARZEC Maciej	944	TEBI	M40	95	00:01:16	00:27:34.20	00:28:50.95	+00:11:27 (41.6%)	5:30	10.9 (58.6%)
426	JANUSZEWSKI Marcin	475		M30	164	00:00:50	00:27:36.85	00:28:27.40	+00:11:30 (41.7%)	5:31	10.9 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
427	RUCIŃSKI Rafał	511	CYBERMORSY	M30	165	00:01:26	00:27:37.05	00:29:03.70	+00:11:30 (41.7%)	5:31	10.9 (58.6%)
428	ŚWIATLAK Piotr	931	SOWA BYDGOSZCZ	M20	106	00:00:53	00:27:38.10	00:28:31.25	+00:11:31 (41.7%)	5:31	10.9 (58.6%)
429	OBREMSKI Wojciech	1054		M30	166	00:00:12	00:27:38.25	00:27:50.85	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
430	SIWIAK Łukasz	998		M30	167	00:01:21	00:27:38.30	00:28:59.35	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
431	JURCZYK Piotr	417	VIRTUAL RUNNER CLUB	M40	96	00:00:50	00:27:38.50	00:28:29.35	+00:11:32 (41.7%)	5:31	10.8 (58.1%)
432	KRUK Krzysztof	662		M40	97	00:00:40	00:27:38.60	00:28:18.90	+00:11:32 (41.7%)	5:31	10.9 (58.6%)
433	MARKIEWICZ Jakub	1101		M30	168	00:00:21	00:27:39.65	00:28:00.65	+00:11:33 (41.8%)	5:31	10.8 (58.1%)
434	PRZYBYTKOWSKI Mateusz	1312		M20	107	00:00:28	00:27:45.55	00:28:13.65	+00:11:39 (42.0%)	5:33	10.8 (58.1%)
435	JĘDRZEJAK Karol	1272		M20	108	00:00:13	00:27:47.45	00:28:01.25	+00:11:41 (42.1%)	5:33	10.8 (58.1%)
436	UHLENBERG Marek	743		M30	169	00:01:16	00:27:47.90	00:29:04.75	+00:11:41 (42.1%)	5:33	10.8 (58.1%)
437	KORALEWSKI Jakub	1314		M20	109	00:00:41	00:27:48.35	00:28:30.05	+00:11:42 (42.1%)	5:33	10.8 (58.1%)
438	OSTACH Michał	1287	GRUPA BIEGOWA IM. ŚW. STANISŁAWA KOSTKI	M30	170	00:01:20	00:27:48.85	00:29:09.55	+00:11:42 (42.1%)	5:33	10.8 (58.1%)
439	DĘBIEC Andrzej	668		M30	171	00:01:16	00:27:49.35	00:29:05.80	+00:11:43 (42.1%)	5:33	10.8 (58.1%)
440	RATAJCZAK Marcel	339		M10	19	00:00:09	00:27:50.35	00:27:59.55	+00:11:44 (42.2%)	5:34	10.8 (58.1%)
441	KOPERSKI Jan	1082		M60	6	00:00:36	00:27:54.00	00:28:30.50	+00:11:47 (42.3%)	5:34	10.8 (58.1%)
442	PACEWICZ Wojciech	1246		M30	172	00:01:14	00:27:55.05	00:29:09.20	+00:11:48 (42.3%)	5:35	10.7 (57.5%)
443	NIEDBALSKI Karol	1334		M30	173	00:00:28	00:27:56.55	00:28:25.20	+00:11:50 (42.4%)	5:35	10.7 (57.5%)
444	NIEDBALSKI Edward	1132	NIE ZRZESZONY	M60	7	00:00:28	00:27:56.80	00:28:25.20	+00:11:50 (42.4%)	5:35	10.7 (57.5%)
445	HULISZ Daniel	1291		M20	110	00:00:33	00:27:57.35	00:28:31.30	+00:11:51 (42.4%)	5:35	10.7 (57.5%)
446	BURCZYK Roman	461		M40	98	00:01:32	00:27:58.40	00:29:30.95	+00:11:52 (42.4%)	5:35	10.7 (57.5%)
447	OLKOWSKI Eugeniusz	980		M60	8	00:01:01	00:27:59.75	00:29:01.35	+00:11:53 (42.5%)	5:36	10.7 (57.5%)
448	KASPROWICZ Piotr	525	JW 1515	M30	174	00:00:26	00:28:00.10	00:28:26.55	+00:11:53 (42.5%)	5:36	10.7 (57.5%)
449	KRYSZTOFIAK Robert	639		M40	99	00:00:48	00:28:00.60	00:28:48.80	+00:11:54 (42.5%)	5:36	10.7 (57.5%)
450	DEPTUŁA Wojciech	843	NIE ZRZESZONY	M60	9	00:01:03	00:28:02.35	00:29:06.15	+00:11:56 (42.6%)	5:36	10.7 (57.5%)
451	KOŁODZIEJSKI Błażej	748		M30	175	00:01:11	00:28:04.20	00:29:15.50	+00:11:57 (42.6%)	5:36	10.7 (57.5%)
452	ŁUKASIK Leszek	1289	LEADER SCHOOL GNIEZNO	M30	176	00:01:21	00:28:04.65	00:29:25.65	+00:11:58 (42.6%)	5:36	10.7 (57.5%)
453	SCIGOCKI Waldemar	1001	BIEGNIJ Z PROSERVICE	M40	100	00:01:28	00:28:05.75	00:29:34.10	+00:11:59 (42.7%)	5:37	10.7 (57.5%)
454	DRWĘCKI Daniel	520	BIEGNIJ Z PROSERVICE	M30	177	00:01:28	00:28:07.00	00:29:35.50	+00:12:00 (42.7%)	5:37	10.7 (57.5%)
455	CIECHANOWSKI Radosław	1328		M20	111	00:01:12	00:28:09.15	00:29:21.50	+00:12:02 (42.8%)	5:37	10.7 (57.5%)
456	RADZIKOWSKI Przemysław	285		M40	101	00:00:26	00:28:10.60	00:28:37.25	+00:12:04 (42.8%)	5:38	10.6 (57.0%)
457	GREGO Mateusz	756		M20	112	00:01:15	00:28:12.00	00:29:27.85	+00:12:05 (42.9%)	5:38	10.6 (57.0%)
458	GRACZYKOWSKI Andrzej	197	NADTO SIĘ JADŁO	M40	102	00:01:46	00:28:12.80	00:29:59.00	+00:12:06 (42.9%)	5:38	10.6 (57.0%)
459	KOMAJDA Jarosław	959	SOLECCY BIEGACZE	M50	35	00:01:11	00:28:13.60	00:29:25.10	+00:12:07 (42.9%)	5:38	10.6 (57.0%)
460	WOLNY Tomasz	791	DELTA	M30	178	00:00:12	00:28:14.15	00:28:26.25	+00:12:07 (43.0%)	5:38	10.6 (57.0%)
461	BRZOZOWSKI Krzysztof	376		M30	179	00:01:03	00:28:14.30	00:29:17.55	+00:12:08 (43.0%)	5:38	10.6 (57.0%)
462	WITKOWSKI Tomasz	1195	VIVA LA VIDA	M30	180	00:00:27	00:28:14.60	00:28:42.45	+00:12:08 (43.0%)	5:39	10.6 (57.0%)
463	LASKOWSKI Wojciech	1059		M40	103	00:01:10	00:28:19.20	00:29:29.45	+00:12:12 (43.1%)	5:39	10.6 (57.0%)
464	JAGIELSKI Łukasz	1299		M30	181	00:00:33	00:28:20.10	00:28:53.40	+00:12:13 (43.2%)	5:40	10.6 (57.0%)
465	DĄBROWSKI Michał	594		M20	113	00:01:22	00:28:21.15	00:29:43.85	+00:12:14 (43.2%)	5:40	10.6 (57.0%)
466	SZCZEPKOWSKI Andrzej	689		M50	36	00:01:19	00:28:25.80	00:29:44.80	+00:12:19 (43.4%)	5:41	10.6 (57.0%)
467	MADEJ Adam	1145		M20	114	00:00:58	00:28:27.20	00:29:25.75	+00:12:20 (43.4%)	5:41	10.5 (56.5%)
468	NAGORZYSKI Arkadiusz	109	BIEGAM WSPIERAM MOTYWUJĘ	M30	182	00:00:26	00:28:27.25	00:28:53.30	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
469	KIERNICKI Jarosław	1123		M40	104	00:01:09	00:28:27.40	00:29:36.45	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
470	JASKÓLSKI Andrzej	1300		M40	105	00:00:30	00:28:28.20	00:28:58.50	+00:12:21 (43.4%)	5:41	10.5 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
470	KWIATKOWSKI Tomasz	719	KAWUES	M50	37	00:01:05	00:28:28.20	00:29:33.55	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
470	LICZMAŃSKI Maciej	992		M30	183	00:01:30	00:28:28.20	00:29:58.60	+00:12:21 (43.4%)	5:41	10.5 (56.5%)
473	BUTRYM Dariusz	749		M40	106	00:01:47	00:28:32.60	00:30:19.95	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
474	SIUDA Marek	1025		M40	107	00:01:31	00:28:32.75	00:30:04.40	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
475	HEŁMINIAK Michał	962		M30	184	00:01:20	00:28:33.10	00:29:53.15	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
476	BUTRYM Piotr	380		M30	185	00:01:46	00:28:33.15	00:30:19.95	+00:12:26 (43.6%)	5:42	10.5 (56.5%)
477	JAROCHA Michał	1108		M20	115	00:00:26	00:28:33.60	00:29:00.45	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
478	STASZKIEWICZ Radosław	464	CZARNE STOPY SM	M50	38	00:00:31	00:28:33.65	00:29:05.55	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
479	PROSEK Krzysztof	841		M40	108	00:01:30	00:28:33.90	00:30:04.00	+00:12:27 (43.6%)	5:42	10.5 (56.5%)
480	PRIEBE Krzysztof	801		M50	39	00:00:32	00:28:36.35	00:29:09.20	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
481	BURNICKI Mariusz	672	BYDGOSKI KLUB MORSÓW	M50	40	00:01:29	00:28:36.65	00:30:05.70	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
482	WIŚNIEWSKI Maksymilian	373		M20	116	00:01:44	00:28:37.05	00:30:21.55	+00:12:30 (43.7%)	5:43	10.5 (56.5%)
483	KUTER Wojciech	633		M20	117	00:01:35	00:28:37.65	00:30:13.05	+00:12:31 (43.7%)	5:43	10.5 (56.5%)
484	LEWANDOWSKI Piotr	1118		M40	109	00:01:15	00:28:37.85	00:29:53.75	+00:12:31 (43.8%)	5:43	10.5 (56.5%)
485	ADAMCZAK Damian	965		M30	186	00:00:44	00:28:38.75	00:29:23.55	+00:12:32 (43.8%)	5:43	10.5 (56.5%)
486	RUTKOWSKI Damian	687		M20	118	00:01:19	00:28:39.10	00:29:58.45	+00:12:32 (43.8%)	5:43	10.5 (56.5%)
487	KOŁODZIEJCZAK Adam	1103		M20	119	00:01:48	00:28:40.20	00:30:29.10	+00:12:33 (43.8%)	5:44	10.5 (56.5%)
488	OSSOWSKI Łukasz	577		M30	187	00:01:55	00:28:40.55	00:30:36.45	+00:12:34 (43.8%)	5:44	10.5 (56.5%)
489	PIÓRKOWSKI Rafał	343		M40	110	00:00:49	00:28:41.45	00:29:30.55	+00:12:35 (43.9%)	5:44	10.5 (56.5%)
490	GERLACH Waldemar	1060		M40	111	00:01:33	00:28:41.55	00:30:14.65	+00:12:35 (43.9%)	5:44	10.5 (56.5%)
491	NOWAKOWSKI Dawid	886		M20	120	00:00:19	00:28:42.70	00:29:01.75	+00:12:36 (43.9%)	5:44	10.5 (56.5%)
492	PORCZEK Bartłomiej	1068		M20	121	00:01:30	00:28:43.10	00:30:13.65	+00:12:36 (43.9%)	5:44	10.4 (55.9%)
493	KAMINSKI Mariusz	1080		M40	112	00:01:17	00:28:43.90	00:30:01.60	+00:12:37 (43.9%)	5:44	10.4 (55.9%)
494	LUKASIEWICZ Krzysztof	777		M40	113	00:01:47	00:28:43.95	00:30:31.75	+00:12:37 (44.0%)	5:44	10.4 (55.9%)
495	KORZENIEWSKI Jacek	443		M30	188	00:01:19	00:28:44.90	00:30:04.55	+00:12:38 (44.0%)	5:45	10.4 (55.9%)
496	CIERŻNICKI Zbigniew	839	TKKF KOLEJARZ BYDGOSZCZ	M50	41	00:00:54	00:28:46.50	00:29:40.50	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
497	GALIŃSKI Bartosz	1	BYDGOSKIE OKONIE	M20	122	00:00:46	00:28:46.75	00:29:33.15	+00:12:40 (44.0%)	5:45	10.4 (55.9%)
498	ŻMICH Tomasz	1329		M40	114	00:01:26	00:28:48.30	00:30:14.55	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
499	SZCZĘSNY Arkadiusz	201	DYNAMO SKARPA	M40	115	00:01:51	00:28:48.80	00:30:40.50	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
500	QUAAS Łukasz	314		M30	189	00:01:25	00:28:49.15	00:30:14.50	+00:12:42 (44.1%)	5:45	10.4 (55.9%)
501	PRIEWE Paweł	111	DYNAMO SKARPA	M30	190	00:01:50	00:28:50.30	00:30:40.60	+00:12:44 (44.2%)	5:46	10.4 (55.9%)
502	RUBASZEWSKI Marcin	352		M30	191	00:01:33	00:28:50.90	00:30:24.15	+00:12:44 (44.2%)	5:46	10.4 (55.9%)
503	ZIELIŃSKI Robert	530		M30	192	00:01:03	00:28:57.50	00:30:01.30	+00:12:51 (44.4%)	5:47	10.4 (55.9%)
504	CIEŚLICKI Krzysztof	199	SISU TEAM	M30	193	00:00:34	00:28:57.90	00:29:31.95	+00:12:51 (44.4%)	5:47	10.4 (55.9%)
505	PRUSINOWSKI Jakub	1213		M20	123	00:01:11	00:29:01.90	00:30:13.05	+00:12:55 (44.5%)	5:48	10.3 (55.4%)
506	NOWICKI Adam	650		M40	116	00:01:06	00:29:03.20	00:30:09.95	+00:12:56 (44.6%)	5:48	10.3 (55.4%)
507	AUGUSTYNIAK Piotr	103		M40	117	00:01:15	00:29:08.55	00:30:23.80	+00:13:02 (44.7%)	5:49	10.3 (55.4%)
508	SULIKOWSKI Jakub	1251		M20	124	00:01:11	00:29:10.75	00:30:22.05	+00:13:04 (44.8%)	5:50	10.3 (55.4%)
509	PISZCZ Andrzej	706		M40	118	00:01:06	00:29:10.90	00:30:17.35	+00:13:04 (44.8%)	5:50	10.3 (55.4%)
510	GODZIK Kamil	174	DYNAMO SKARPA	M40	119	00:00:29	00:29:12.60	00:29:42.35	+00:13:06 (44.9%)	5:50	10.3 (55.4%)
511	MULLER Jakub	705	STOWARZYSZENIE SERDUSZKO NA DŁONI	M10	20	00:00:07	00:29:14.55	00:29:21.55	+00:13:08 (44.9%)	5:50	10.3 (55.4%)
512	SIUPKA Paweł	737		M20	125	00:01:37	00:29:14.60	00:30:51.95	+00:13:08 (44.9%)	5:50	10.3 (55.4%)
513	RATKE Kamil	1293		M30	194	00:00:22	00:29:15.05	00:29:37.65	+00:13:08 (44.9%)	5:51	10.3 (55.4%)
514	PODOLSKI Mariusz	1353	EVERY DAY RUNNING TEAM	M30	195	00:01:28	00:29:17.15	00:30:45.65	+00:13:10 (45.0%)	5:51	10.2 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
515	BOREK Marcin	432		M40	120	00:00:49	00:29:18.10	00:30:08.00	+00:13:11 (45.0%)	5:51	10.2 (54.8%)
516	ORZECHOWSKI Michał	17		M30	196	00:00:17	00:29:18.20	00:29:36.15	+00:13:11 (45.0%)	5:51	10.2 (54.8%)
517	BANDOCH Jacek	908		M20	126	00:01:08	00:29:18.25	00:30:27.20	+00:13:12 (45.0%)	5:51	10.2 (54.8%)
518	ZAKRZEWSKI Adam	356		M20	127	00:00:52	00:29:20.55	00:30:13.25	+00:13:14 (45.1%)	5:52	10.2 (54.8%)
519	WOŁOSZYN Kazimierz	269	ROWEROWA BRZOZA /BRZOZA BIEGA	M60	10	00:01:05	00:29:23.80	00:30:29.15	+00:13:17 (45.2%)	5:52	10.2 (54.8%)
520	PALIGA Mateusz	422	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	128	00:01:01	00:29:24.05	00:30:25.35	+00:13:17 (45.2%)	5:52	10.2 (54.8%)
521	JODKOWSKI Rafał	819		M20	129	00:01:53	00:29:25.25	00:31:18.80	+00:13:19 (45.3%)	5:53	10.2 (54.8%)
522	RUTKOWSKI Tomasz	40		M40	121	00:00:23	00:29:27.90	00:29:51.40	+00:13:21 (45.3%)	5:53	10.2 (54.8%)
523	KULCZYK Sebastian	973		M40	122	00:00:38	00:29:29.15	00:30:07.90	+00:13:22 (45.4%)	5:53	10.2 (54.8%)
524	TWARDOWSKI Łukasz	878		M30	197	00:00:53	00:29:30.45	00:30:24.30	+00:13:24 (45.4%)	5:54	10.2 (54.8%)
525	WALKOWIAK Rafał	686		M20	130	00:01:11	00:29:30.60	00:30:42.50	+00:13:24 (45.4%)	5:54	10.2 (54.8%)
526	BANASIK Marcin	664		M20	131	00:00:40	00:29:31.70	00:30:12.00	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
527	TREPANOWSKI Tomasz	786		M50	42	00:01:14	00:29:31.90	00:30:45.90	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
528	ZABOROWSKI Robert	742		M40	123	00:00:43	00:29:32.20	00:30:15.90	+00:13:25 (45.5%)	5:54	10.2 (54.8%)
529	DANIELEK Adam	25	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M40	124	00:01:12	00:29:32.40	00:30:44.45	+00:13:26 (45.5%)	5:54	10.2 (54.8%)
530	LIPIŃSKI Adam	847		M20	132	00:01:18	00:29:33.60	00:30:52.40	+00:13:27 (45.5%)	5:54	10.1 (54.3%)
531	KAMIŃSKI Michał	345		M40	125	00:00:51	00:29:35.75	00:30:27.35	+00:13:29 (45.6%)	5:55	10.1 (54.3%)
532	CYBUL Krzysztof	379		M30	198	00:00:39	00:29:40.15	00:30:20.00	+00:13:33 (45.7%)	5:56	10.1 (54.3%)
533	ANDRZEJEWSKI Paweł	911		M40	126	00:00:31	00:29:40.95	00:30:12.30	+00:13:34 (45.7%)	5:56	10.1 (54.3%)
534	DANKOWIAKOWSKI Paweł	456		M30	199	00:01:01	00:29:42.20	00:30:44.10	+00:13:35 (45.8%)	5:56	10.1 (54.3%)
535	DZEDZEJ Bartłomiej	271	KK ASTORIA	M30	200	00:01:27	00:29:45.70	00:31:13.30	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
536	SMERLIŃSKI Robert	710	-	M40	127	00:01:36	00:29:45.80	00:31:22.45	+00:13:39 (45.9%)	5:57	10.1 (54.3%)
537	KOT Franciszek	678	DECATHLON TEAM INOWROCŁAW	M60	11	00:00:36	00:29:50.70	00:30:27.55	+00:13:44 (46.0%)	5:58	10.1 (54.3%)
538	STACHEWICZ Sławomir	617		M40	128	00:00:25	00:29:52.30	00:30:17.50	+00:13:46 (46.1%)	5:58	10 (53.8%)
539	JANKOWSKI Rafał	80	7 BDH SZARE WILKI	M40	129	00:00:55	00:29:53.80	00:30:49.45	+00:13:47 (46.1%)	5:58	10 (53.8%)
540	SKUPSZ Jędrzej Kazmierz	260	RZEKA SPORTU	M30	201	00:01:52	00:29:53.95	00:31:46.00	+00:13:47 (46.1%)	5:58	10 (53.8%)
541	WIŚNIEWSKI Krzysztof	680		M50	43	00:00:21	00:29:54.80	00:30:16.25	+00:13:48 (46.2%)	5:59	10 (53.8%)
542	ŁUDZIŃSKI Marek	610		M50	44	00:01:36	00:29:57.20	00:31:33.85	+00:13:50 (46.2%)	5:59	10 (53.8%)
543	SZEWCZYKOWSKI Grzegorz	418	BYDGOSKIE ŻÓŁWIE	M30	202	00:00:54	00:30:01.30	00:30:56.10	+00:13:55 (46.4%)	6:00	10 (53.8%)
544	KROPIDŁOWSKI Bartosz	1279		M30	203	00:01:41	00:30:01.45	00:31:42.60	+00:13:55 (46.4%)	6:00	10 (53.8%)
545	STĘPIEŃ Bogdan	329	LUXTORPEDY	M30	204	00:00:49	00:30:01.55	00:30:51.15	+00:13:55 (46.4%)	6:00	10 (53.8%)
546	DOLATA Grzegorz	404		M40	130	00:00:57	00:30:06.55	00:31:03.60	+00:14:00 (46.5%)	6:01	10 (53.8%)
547	ASTUKIEWICZ Maksymilian	1125		M20	133	00:01:52	00:30:07.35	00:31:59.95	+00:14:01 (46.5%)	6:01	10 (53.8%)
548	PAWSKI Przemysław	1318		M20	134	00:00:34	00:30:07.60	00:30:42.30	+00:14:01 (46.5%)	6:01	10 (53.8%)
549	ROSADA Marcin	671		M20	135	00:01:19	00:30:07.85	00:31:27.60	+00:14:01 (46.6%)	6:01	10 (53.8%)
550	PRZEWOŹNIAK Rafał	254	TRI FAMILY	M20	136	00:00:29	00:30:10.80	00:30:40.65	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
551	JANICKI Robert	414	RUN BYDGOSZCZ	M30	205	00:00:50	00:30:10.90	00:31:01.70	+00:14:04 (46.6%)	6:02	9.9 (53.2%)
552	LEMIEŻ Andrzej	842	SOLECCY BIEGACZE	M40	131	00:01:05	00:30:11.75	00:31:17.10	+00:14:05 (46.7%)	6:02	9.9 (53.2%)
553	ASTUKIEWICZ Tomasz	24		M40	132	00:01:52	00:30:16.70	00:32:09.25	+00:14:10 (46.8%)	6:03	9.9 (53.2%)
554	DZIEWIECZYŃSKI Maciej	1170		M30	206	00:00:27	00:30:19.20	00:30:47.15	+00:14:12 (46.9%)	6:04	9.9 (53.2%)
555	SIEDLECKI Rafał	984		M20	137	00:01:35	00:30:19.75	00:31:55.65	+00:14:13 (46.9%)	6:04	9.9 (53.2%)
556	MARZEC Michał	955	ZARZĄD	M20	138	00:01:37	00:30:20.60	00:31:58.55	+00:14:14 (46.9%)	6:04	9.9 (53.2%)
557	CENTAŁA Jarosław	227	WUJEK PORADA	M30	207	00:01:26	00:30:21.30	00:31:47.60	+00:14:15 (46.9%)	6:04	9.9 (53.2%)
558	KASZUBOWSKI Daniel	767		M20	139	00:00:56	00:30:22.45	00:31:18.85	+00:14:16 (47.0%)	6:04	9.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
559	MIKOŁAJEWSKI Jacek	1161	'ROWER' S.C. WIŚLANA	M40	133	00:01:14	00:30:22.65	00:31:36.90	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
560	IWAN Remigiusz	1160		M40	134	00:01:13	00:30:23.00	00:31:36.70	+00:14:16 (47.0%)	6:04	9.9 (53.2%)
561	WESOŁOWSKI Rafał	1076	SZURUSIE TEAM	M40	135	00:00:32	00:30:24.20	00:30:56.75	+00:14:17 (47.0%)	6:04	9.9 (53.2%)
562	JABŁOŃSKI Szymon	1077		M20	140	00:00:31	00:30:25.15	00:30:56.15	+00:14:18 (47.1%)	6:05	9.9 (53.2%)
563	PYSZKA Maciej	510		M20	141	00:01:39	00:30:32.40	00:32:12.05	+00:14:26 (47.3%)	6:06	9.8 (52.7%)
564	KULCZYŃSKI Przemysław	1038	TYPYGRUBE	M30	208	00:00:11	00:30:36.40	00:30:47.75	+00:14:30 (47.4%)	6:07	9.8 (52.7%)
565	GRACZYK Dawid	1156		M20	142	00:00:10	00:30:37.70	00:30:47.95	+00:14:31 (47.4%)	6:07	9.8 (52.7%)
566	JANIC Arek	856		M10	21	00:00:46	00:30:38.00	00:31:24.15	+00:14:31 (47.4%)	6:07	9.8 (52.7%)
567	ŁUDZIŃSKI Jakub	606	CALISTHENICS ACADEMY	M30	209	00:00:35	00:30:43.90	00:31:19.10	+00:14:37 (47.6%)	6:08	9.8 (52.7%)
568	PRZYBYSZEWSKI Marcin	1175		M40	136	00:00:25	00:30:44.75	00:31:10.25	+00:14:38 (47.6%)	6:09	9.8 (52.7%)
569	KARSKI Hubert	802		M60	12	00:00:46	00:30:45.25	00:31:32.15	+00:14:39 (47.6%)	6:09	9.8 (52.7%)
570	STEFAŃSKI Dawid	564		M10	22	00:01:14	00:30:45.40	00:32:00.00	+00:14:39 (47.6%)	6:09	9.8 (52.7%)
571	SZYMAŃSKI Bartosz	1212		M30	210	00:01:20	00:30:46.65	00:32:06.85	+00:14:40 (47.7%)	6:09	9.8 (52.7%)
572	WÓJCIK Tomasz	113		M40	137	00:00:31	00:30:51.10	00:31:22.15	+00:14:44 (47.8%)	6:10	9.7 (52.2%)
573	GUMIENNY Maciej	673		M40	138	00:01:47	00:30:52.75	00:32:40.35	+00:14:46 (47.8%)	6:10	9.7 (52.2%)
574	GRUSZKA Marek	1045	NIEZRZESZONY	M50	45	00:00:18	00:30:54.40	00:31:12.40	+00:14:48 (47.9%)	6:10	9.7 (52.2%)
575	BUDZIAK Tymoteusz	287		M10	23	00:01:41	00:30:57.45	00:32:39.25	+00:14:51 (48.0%)	6:11	9.7 (52.2%)
576	OWCZARZ Łukasz	1205		M30	211	00:00:22	00:31:02.50	00:31:24.90	+00:14:56 (48.1%)	6:12	9.7 (52.2%)
577	BŁAŻEJCZYK Paweł	1332		M20	143	00:01:31	00:31:04.15	00:32:35.25	+00:14:57 (48.2%)	6:12	9.7 (52.2%)
578	BUDZIAK Bartosz	282		M40	139	00:01:40	00:31:04.85	00:32:45.00	+00:14:58 (48.2%)	6:13	9.7 (52.2%)
579	JENCZEWSKI Szymon	649	ALBATROSY	M20	144	00:00:23	00:31:06.70	00:31:30.10	+00:15:00 (48.2%)	6:13	9.6 (51.6%)
579	WIELIŃSKI Wojciech	169		M30	212	00:01:12	00:31:06.70	00:32:18.90	+00:15:00 (48.2%)	6:13	9.6 (51.6%)
581	WISNIEWSKI Tadeusz	1127		M50	46	00:01:07	00:31:07.70	00:32:14.85	+00:15:01 (48.3%)	6:13	9.6 (51.6%)
582	KIERZKOWSKI Paweł	970		M30	213	00:01:23	00:31:12.55	00:32:35.90	+00:15:06 (48.4%)	6:14	9.6 (51.6%)
583	KOWALSKI Bartosz	409		M30	214	00:01:09	00:31:14.25	00:32:23.30	+00:15:08 (48.4%)	6:14	9.6 (51.6%)
584	FARBOTKO Marcin	1285	FARBOTKI	M40	140	00:01:41	00:31:19.05	00:33:00.95	+00:15:12 (48.6%)	6:15	9.6 (51.6%)
585	WITKOWSKI Paweł	100	KTR MASA TURYSTYCZNA	M10	24	00:01:26	00:31:19.30	00:32:46.15	+00:15:13 (48.6%)	6:16	9.6 (51.6%)
586	PALIŃSKI Grzegorz	897		M30	215	00:01:38	00:31:20.35	00:32:58.70	+00:15:14 (48.6%)	6:16	9.6 (51.6%)
587	WORZAŁA Michał	59		M20	145	00:01:54	00:31:23.15	00:33:17.85	+00:15:16 (48.7%)	6:16	9.6 (51.6%)
588	DOBROWOLSKI Krzysztof	943		M40	141	00:00:47	00:31:26.20	00:32:13.40	+00:15:19 (48.8%)	6:17	9.5 (51.1%)
589	BIAŁKOWSKI Kamil	304		M30	216	00:01:41	00:31:28.35	00:33:09.50	+00:15:22 (48.8%)	6:17	9.5 (51.1%)
590	PIJAROWSKI Milan	1182		M10	25	00:00:35	00:31:30.05	00:32:06.00	+00:15:23 (48.9%)	6:18	9.5 (51.1%)
591	KATLEWSKI Marcin	167		M30	217	00:01:08	00:31:30.45	00:32:38.85	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
592	WŁODARCZYK Adam	718		M20	146	00:01:41	00:31:31.05	00:33:12.95	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
593	FLOREK Piotr	52	RUNADDICTS	M50	47	00:01:52	00:31:38.60	00:33:31.20	+00:15:32 (49.1%)	6:19	9.5 (51.1%)
594	SMYŁA Krzysztof	1242		M30	218	00:01:47	00:31:40.70	00:33:27.85	+00:15:34 (49.2%)	6:20	9.5 (51.1%)
595	JAWORSKI Paweł	624		M30	219	00:01:22	00:31:51.60	00:33:13.90	+00:15:45 (49.5%)	6:22	9.4 (50.5%)
596	WANKE Przemysław	311		M40	142	00:01:26	00:31:53.80	00:33:20.00	+00:15:47 (49.5%)	6:22	9.4 (50.5%)
597	BIAŁEK Roman	1005		M20	147	00:00:40	00:31:55.60	00:32:36.00	+00:15:49 (49.6%)	6:23	9.4 (50.5%)
598	ŚLĘZAK Rafał	1317		M40	143	00:01:22	00:32:01.75	00:33:23.95	+00:15:55 (49.7%)	6:24	9.4 (50.5%)
599	KUJAWA Kamil	427		M30	220	00:01:09	00:32:02.50	00:33:11.75	+00:15:56 (49.7%)	6:24	9.4 (50.5%)
600	MODRZEWSKI Łukasz	579		M40	144	00:00:19	00:32:05.00	00:32:24.60	+00:15:58 (49.8%)	6:25	9.4 (50.5%)
601	HARACEWIAT Cezary	368		M50	48	00:00:33	00:32:08.00	00:32:41.35	+00:16:01 (49.9%)	6:25	9.3 (50.0%)
602	LISOWSKI Sebastian	572		M40	145	00:01:40	00:32:12.45	00:33:53.40	+00:16:06 (50.0%)	6:26	9.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
603	KMIEĆ Norbert	565	NORBI	M40	146	00:00:32	00:32:13.90	00:32:46.85	+00:16:07 (50.0%)	6:26	9.3 (50.0%)
604	GNIWKOWSKI Daniel	1263		M30	221	00:00:27	00:32:15.95	00:32:43.80	+00:16:09 (50.1%)	6:27	9.3 (50.0%)
605	KUŹNIAR Patryk	476		M20	148	00:00:59	00:32:19.20	00:33:18.30	+00:16:12 (50.2%)	6:27	9.3 (50.0%)
606	RÓŹAŃSKI Kamil	218	3GRAVITY	M30	222	00:01:40	00:32:22.00	00:34:02.15	+00:16:15 (50.2%)	6:28	9.3 (50.0%)
607	BIERYT Arkadiusz	435	POLI-FAX UL. BOCZNA 10	M50	49	00:00:55	00:32:22.60	00:33:18.55	+00:16:16 (50.3%)	6:28	9.3 (50.0%)
608	GROCHOWALSKI Arkadiusz	1074		M40	147	00:01:41	00:32:23.70	00:34:05.15	+00:16:17 (50.3%)	6:28	9.3 (50.0%)
609	MARĆ Robert	1235		M40	148	00:01:27	00:32:26.05	00:33:53.90	+00:16:19 (50.3%)	6:29	9.2 (49.5%)
610	DEMBEK Maciej	284	LOS KUMPLoS	M20	149	00:00:45	00:32:27.00	00:33:12.15	+00:16:20 (50.4%)	6:29	9.2 (49.5%)
611	NOWOSADKO Przemysław	905		M30	223	00:01:12	00:32:28.65	00:33:41.55	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
612	GRZESZAK Sławomir	890		M20	150	00:01:12	00:32:29.00	00:33:41.30	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
613	KULCZYK Albert	28		M20	151	00:01:45	00:32:29.05	00:34:14.80	+00:16:22 (50.4%)	6:29	9.2 (49.5%)
614	KRZEMIŃSKI Piotr	291		M30	224	00:01:52	00:32:33.55	00:34:25.55	+00:16:27 (50.5%)	6:30	9.2 (49.5%)
615	ŻEBROWSKI Michał	264		M30	225	00:01:30	00:32:34.40	00:34:05.25	+00:16:28 (50.6%)	6:31	9.2 (49.5%)
616	PYTLIŃSKI Paweł	653	BYDGOSKIE ŻÓŁWIE	M30	226	00:00:54	00:32:38.05	00:33:32.35	+00:16:31 (50.7%)	6:31	9.2 (49.5%)
617	MAJEWSKI Mirosław	1036		M50	50	00:00:57	00:32:41.15	00:33:38.20	+00:16:34 (50.7%)	6:32	9.2 (49.5%)
618	GRUBICH Arkadiusz	750		M40	149	00:01:17	00:32:43.80	00:34:00.95	+00:16:37 (50.8%)	6:32	9.2 (49.5%)
619	ROBAKOWSKI Waldemar	788	PACTUM	M40	150	00:01:33	00:32:54.05	00:34:27.35	+00:16:47 (51.1%)	6:34	9.1 (48.9%)
620	KONIEC Piotr	466	#IRONTATA	M40	151	00:01:27	00:33:05.20	00:34:32.75	+00:16:58 (51.3%)	6:37	9.1 (48.9%)
621	DUDZIAK Michał	249	CPR BYDGOSZCZ	M30	227	00:01:02	00:33:05.50	00:34:08.15	+00:16:59 (51.3%)	6:37	9.1 (48.9%)
622	ZELEK Janusz	523		M40	152	00:00:51	00:33:06.55	00:33:58.40	+00:17:00 (51.4%)	6:37	9.1 (48.9%)
623	ROGOZIŃSKI Aleksander	1223		M30	228	00:00:55	00:33:09.50	00:34:05.10	+00:17:03 (51.4%)	6:38	9 (48.4%)
624	BOROWICZ Ireneusz	81		M30	229	00:00:53	00:33:11.40	00:34:05.25	+00:17:05 (51.5%)	6:38	9 (48.4%)
625	KAWA Marcin	1311		M40	153	00:00:48	00:33:25.00	00:34:13.95	+00:17:18 (51.8%)	6:41	9 (48.4%)
626	BOJARSKI Jarosław	619		M50	51	00:00:48	00:33:26.25	00:34:14.30	+00:17:20 (51.8%)	6:41	9 (48.4%)
627	TEWS Sebastian	869		M40	154	00:01:01	00:33:26.60	00:34:28.20	+00:17:20 (51.8%)	6:41	9 (48.4%)
628	URBAŃSKI Piotr	1129	RUNTEAMPRUSZCZ	M40	155	00:01:14	00:33:29.40	00:34:44.35	+00:17:23 (51.9%)	6:42	9 (48.4%)
629	GORZYCKI Dariusz	455	BYDGOSKA SEKCJA KARATE IKO KYOKUSHINKAIKAN	M40	156	00:00:08	00:33:47.75	00:33:55.90	+00:17:41 (52.3%)	6:45	8.9 (47.8%)
630	TOMCZAK Krzysztof	183		M30	230	00:01:00	00:33:56.25	00:34:56.55	+00:17:50 (52.5%)	6:47	8.8 (47.3%)
631	MATUSZEWSKI Tomasz	588		M30	231	00:01:39	00:33:57.60	00:35:36.90	+00:17:51 (52.6%)	6:47	8.8 (47.3%)
632	PILECKI Gustaw	561	BRZOZA BIEGA	M60	13	00:01:18	00:33:58.70	00:35:17.25	+00:17:52 (52.6%)	6:47	8.8 (47.3%)
633	TYBURSKI Maciej	116		M30	232	00:00:47	00:34:01.80	00:34:49.30	+00:17:55 (52.7%)	6:48	8.8 (47.3%)
634	DEMSKI Krzysztof	920		M20	152	00:01:30	00:34:03.10	00:35:33.80	+00:17:56 (52.7%)	6:48	8.8 (47.3%)
635	SZCZESZAK Miłosz	156		M40	157	00:01:43	00:34:04.85	00:35:48.55	+00:17:58 (52.7%)	6:49	8.8 (47.3%)
636	ŻURAWSKI Michał	378	RUN LOTTO-BYDGOSTIA	M40	158	00:01:36	00:34:12.75	00:35:49.00	+00:18:06 (52.9%)	6:50	8.8 (47.3%)
637	KITOWSKI Andrzej	1070		M40	159	00:00:15	00:34:20.05	00:34:35.85	+00:18:13 (53.1%)	6:52	8.7 (46.8%)
638	HALAMUS Norbert	915		M30	233	00:01:36	00:34:26.05	00:36:02.05	+00:18:19 (53.2%)	6:53	8.7 (46.8%)
639	JURCZYK Artur	988		M40	160	00:01:45	00:34:35.50	00:36:21.15	+00:18:29 (53.4%)	6:55	8.7 (46.8%)
640	KLABACHA Piotr	381		M40	161	00:00:27	00:34:37.90	00:35:05.75	+00:18:31 (53.5%)	6:55	8.7 (46.8%)
641	ZALEWSKI Łukasz	350		M40	162	00:01:29	00:34:42.50	00:36:12.30	+00:18:36 (53.6%)	6:56	8.6 (46.2%)
642	ZNANIECKI Wojciech	553	BYDGOSZCZ NA START	M30	234	00:01:43	00:34:52.25	00:36:35.65	+00:18:46 (53.8%)	6:58	8.6 (46.2%)
643	LOOSE Michał	1180	LOS KUMPLoS	M20	153	00:00:48	00:34:58.60	00:35:47.25	+00:18:52 (54.0%)	6:59	8.6 (46.2%)
644	KUCHARSKI Adam	392		M50	52	00:01:05	00:35:00.05	00:36:05.80	+00:18:53 (54.0%)	7:00	8.6 (46.2%)
645	GURYN Wiktor	472	ZIELONY PELIKAN	M30	235	00:01:39	00:35:07.50	00:36:46.75	+00:19:01 (54.2%)	7:01	8.5 (45.7%)
646	PERS Łukasz	774		M30	236	00:01:02	00:35:31.20	00:36:34.00	+00:19:24 (54.7%)	7:06	8.4 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
647	SAPA Dariusz	798	BYDGOSKIE ŻÓŁWIE	M50	53	00:00:53	00:35:33.40	00:36:26.80	+00:19:27 (54.7%)	7:06	8.4 (45.2%)
648	KAMIŃSKI Jakub	518	QBOWICZ RODZINNA MAFIA BIEGOWA	M10	26	00:01:16	00:35:50.65	00:37:06.95	+00:19:44 (55.1%)	7:10	8.4 (45.2%)
649	KUBOWICZ Piotr	636		M50	54	00:01:15	00:35:51.90	00:37:07.45	+00:19:45 (55.1%)	7:10	8.4 (45.2%)
650	PRZYBYSZ Patryk	483		M20	154	00:01:36	00:35:54.45	00:37:31.30	+00:19:48 (55.2%)	7:11	8.4 (45.2%)
651	ŁANOCH Janusz	695		M50	55	00:01:17	00:36:05.60	00:37:23.45	+00:19:59 (55.4%)	7:13	8.3 (44.6%)
652	LEDKIEWICZ Grzegorz	696		M50	56	00:01:18	00:36:09.00	00:37:27.30	+00:20:02 (55.5%)	7:13	8.3 (44.6%)
653	PORA Dariusz	693		M50	57	00:01:17	00:36:09.85	00:37:27.55	+00:20:03 (55.5%)	7:14	8.3 (44.6%)
654	LISOWSKI Mikołaj	573	SP 14	M10	27	00:01:41	00:36:38.05	00:38:19.20	+00:20:31 (56.0%)	7:19	8.2 (44.1%)
655	LEWANDOWSKI Paweł	74	BIEGAMY DLA KORNELKI	M30	237	00:00:28	00:36:40.05	00:37:08.30	+00:20:33 (56.1%)	7:20	8.2 (44.1%)
656	KLIMKIEWICZ Maciej	854	SETOPOOLS	M40	163	00:01:25	00:36:52.60	00:38:18.55	+00:20:46 (56.3%)	7:22	8.1 (43.5%)
657	ŚCIŚLAK Wojtek	736	RYJĄCE KUNY	M20	155	00:01:23	00:36:54.50	00:38:17.95	+00:20:48 (56.4%)	7:22	8.1 (43.5%)
658	SZTEJKA Damian	375		M40	164	00:01:26	00:37:17.55	00:38:43.55	+00:21:11 (56.8%)	7:27	8 (43.0%)
659	OLECHNOWICZ Tomasz	978	SMUKAŁA TEAM	M40	165	00:01:47	00:37:21.80	00:39:09.70	+00:21:15 (56.9%)	7:28	8 (43.0%)
660	OLECHNOWICZ Maciej	977	KRÓL MACIUŚ 1	M10	28	00:01:47	00:37:22.45	00:39:09.55	+00:21:16 (56.9%)	7:28	8 (43.0%)
661	KUŻNIAR Zbigniew	477		M50	58	00:00:58	00:37:48.35	00:38:47.00	+00:21:42 (57.4%)	7:33	7.9 (42.5%)
662	RAKAŁOWICZ Krzysztof	683	PL	M40	166	00:00:29	00:38:21.85	00:38:50.95	+00:22:15 (58.0%)	7:40	7.8 (41.9%)
663	KONARZEWSKI Arkadiusz	539		M40	167	00:01:13	00:38:26.65	00:39:40.05	+00:22:20 (58.1%)	7:41	7.8 (41.9%)
664	RAKAŁOWICZ Jakub	685	PL	M10	29	00:00:29	00:39:11.50	00:39:40.65	+00:23:05 (58.9%)	7:50	7.7 (41.4%)
665	KOŁECKI Mateusz	1362		M20	156	00:00:10	00:40:45.20	00:40:55.70	+00:24:38 (60.5%)	8:09	7.4 (39.8%)
666	ORLIŃSKI Andrzej	1008		M40	168	00:01:33	00:40:46.30	00:42:20.15	+00:24:40 (60.5%)	8:09	7.4 (39.8%)
667	ORLIŃSKI Mateusz	1009		M10	30	00:01:34	00:40:59.30	00:42:33.30	+00:24:53 (60.7%)	8:11	7.3 (39.2%)
668	ZABOROWSKI Marek	654		M10	31	00:00:43	00:43:31.55	00:44:14.85	+00:27:25 (63.0%)	8:42	6.9 (37.1%)
	WIECZOREK Marcin	533		M30		DNF	DNF	DNF	-	-	- (0.0%)
	KONARZEWSKI Piotr	540		M10		DNF	DNF	DNF	-	-	- (0.0%)
	KRUCZKOWSKI Marek	800		M30		DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 671 wynik(ów)