



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2019-04-14
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MICHALAK Grzegorz	455		M20	1	00:00:02	00:16:17.85	00:16:20.30		3:15	18.4 (100%)
2	KULAI Taras	1192	SC ULTRA	M20	2	00:00:01	00:16:29.35	00:16:31.30	+00:00:11 (1.2%)	3:18	18.2 (98.9%)
3	FELCZAK Jakub	921		M20	3	00:00:01	00:16:43.35	00:16:44.40	+00:00:25 (2.5%)	3:20	17.9 (97.3%)
4	JAGODZIŃSKI Mateusz	56	BYDGOSKIE OKONIE	M20	4	00:00:02	00:17:31.60	00:17:34.05	+00:01:13 (7.0%)	3:30	17.1 (92.9%)
5	WOŁOSZCZAK Leszek	1480	6. KILOMETR	M20	5	00:00:04	00:18:06.95	00:18:11.60	+00:01:49 (10.0%)	3:37	16.6 (90.2%)
6	TUCHOLSKI Bartłomiej	158	BYDGOSKIE OKONIE	M20	6	00:00:01	00:18:23.25	00:18:25.15	+00:02:05 (11.4%)	3:40	16.3 (88.6%)
7	GRUSZKA Gracjan	1244	CWZS ZAWISZA BYDGOSZCZ SL	M20	7	00:00:00	00:18:33.20	00:18:34.05	+00:02:15 (12.2%)	3:42	16.2 (88.0%)
8	STRUGAŁA Maciej	137		M20	8	00:00:00	00:19:05.85	00:19:05.85	+00:02:48 (14.7%)	3:49	15.7 (85.3%)
9	STANKIEWICZ Jacek	108	MDANIELSA	M20	9	00:00:02	00:19:55.25	00:19:57.65	+00:03:37 (18.2%)	3:59	15.1 (82.1%)
10	PIC Dawid	271		M20	10	00:00:03	00:19:57.50	00:20:01.40	+00:03:39 (18.3%)	3:59	15 (81.5%)
11	SORGER Patryk	1379	ISKRA DULSK	M20	11	00:00:08	00:20:04.60	00:20:13.30	+00:03:46 (18.8%)	4:01	14.9 (81.0%)
12	WIECZOREK Michał	16	EDUTEAM	M20	12	00:00:35	00:20:05.75	00:20:40.80	+00:03:47 (18.9%)	4:01	14.9 (81.0%)
13	KANNEBERG Maciej	656	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	13	00:00:17	00:20:18.15	00:20:35.30	+00:04:00 (19.7%)	4:03	14.8 (80.4%)
14	DOMISIEWICZ Michał	572		M20	14	00:01:33	00:20:28.35	00:22:01.85	+00:04:10 (20.4%)	4:05	14.7 (79.9%)
15	ZBORAŁA Dawid	85	SZKOŁA JAZDY TOMAS	M20	15	00:00:02	00:20:28.70	00:20:31.55	+00:04:10 (20.4%)	4:05	14.6 (79.3%)
16	WASILEWSKI Wojtek	331		M20	16	00:00:04	00:20:41.80	00:20:46.45	+00:04:23 (21.3%)	4:08	14.5 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	BUBIAK Hubert	1475		M20	17	00:01:05	00:20:55.90	00:22:01.45	+00:04:38 (22.1%)	4:11	14.3 (77.7%)
18	WENDA Dawid	86	SZKOŁA JAZDY TOMAS	M20	18	00:00:02	00:20:56.80	00:20:59.45	+00:04:38 (22.2%)	4:11	14.3 (77.7%)
19	SOBCZAK Rafał	1267	BAŻANT TEAM	M20	19	00:00:01	00:21:14.55	00:21:16.45	+00:04:56 (23.3%)	4:15	14.1 (76.6%)
20	CHORZEWSKI Kamil	662		M20	20	00:00:04	00:21:25.25	00:21:30.05	+00:05:07 (23.9%)	4:17	14 (76.1%)
21	LORENC Michał	617		M20	21	00:00:06	00:21:25.80	00:21:32.60	+00:05:07 (24.0%)	4:17	14 (76.1%)
22	BZDZION Marcin	1201		M20	22	00:00:02	00:21:28.30	00:21:31.00	+00:05:10 (24.1%)	4:17	14 (76.1%)
23	SAWIŃSKI Łukasz	823		M20	23	00:00:04	00:21:55.50	00:21:59.85	+00:05:37 (25.7%)	4:23	13.7 (74.5%)
24	JĘDRUSIK Krzysztof	394	BIEGACZE OD PIERWSZEGO KROKU DO METYWIDOKU	M20	24	00:00:05	00:22:01.35	00:22:07.05	+00:05:43 (26.0%)	4:24	13.6 (73.9%)
25	KOSEK Stanisław	1253		M20	25	00:00:07	00:22:07.65	00:22:15.15	+00:05:49 (26.3%)	4:25	13.6 (73.9%)
26	RONALDOWSKI Kacper	363		M20	26	00:00:05	00:22:08.55	00:22:14.25	+00:05:50 (26.4%)	4:25	13.5 (73.4%)
27	WIELGOSZ Krzysztof	1018		M20	27	00:00:15	00:22:10.95	00:22:26.50	+00:05:53 (26.5%)	4:26	13.5 (73.4%)
28	PALIWODA Jakub	329		M20	28	00:00:53	00:22:19.05	00:23:12.50	+00:06:01 (27.0%)	4:27	13.4 (72.8%)
29	WNĘK Martin	663		M20	29	00:00:04	00:22:20.65	00:22:25.60	+00:06:02 (27.1%)	4:28	13.4 (72.8%)
30	TOKARSKI Paweł	1077		M20	30	00:00:11	00:22:34.90	00:22:46.50	+00:06:17 (27.8%)	4:31	13.3 (72.3%)
31	JASIECKI Sebastian	615	CROSSTEAM BYDGOSZCZ	M20	31	00:00:06	00:22:51.55	00:22:57.70	+00:06:33 (28.7%)	4:34	13.1 (71.2%)
32	DARO Jakub	682		M20	32	00:00:06	00:22:56.00	00:23:02.85	+00:06:38 (28.9%)	4:35	13.1 (71.2%)
33	MYLER Łukasz	675		M20	33	00:01:00	00:23:12.85	00:24:12.90	+00:06:55 (29.8%)	4:38	12.9 (70.1%)
34	WOJCIECHOWSKI Grzegorz	14	ATOS BYDGOSZCZ	M20	34	00:00:10	00:23:19.90	00:23:30.55	+00:07:02 (30.1%)	4:40	12.9 (70.1%)
35	MARCINKOWSKI Artur	545		M20	35	00:00:27	00:23:24.70	00:23:52.40	+00:07:06 (30.4%)	4:41	12.8 (69.6%)
36	ISELVMO Espen	612		M20	36	00:00:15	00:23:26.05	00:23:41.90	+00:07:08 (30.5%)	4:41	12.8 (69.6%)
37	NOWAK Rafał	411		M20	37	00:01:31	00:23:31.35	00:25:03.10	+00:07:13 (30.7%)	4:42	12.7 (69.0%)
38	GRUSZCZYK Maciej	927		M20	38	00:00:41	00:23:34.00	00:24:15.25	+00:07:16 (30.8%)	4:42	12.7 (69.0%)
39	SZYMAŃSKI Bartłomiej	326		M20	39	00:00:54	00:23:35.45	00:24:29.65	+00:07:17 (30.9%)	4:43	12.7 (69.0%)

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							netto 5km	brutto 5km			
40	SZOT Kacper	586		M20	40	00:00:51	00:23:43.90	00:24:35.20	+00:07:26 (31.3%)	4:44	12.6 (68.5%)
41	KUDALSKI Maciej	264	XYZ FIGHT ACADEMY	M20	41	00:00:35	00:23:46.25	00:24:21.90	+00:07:28 (31.4%)	4:45	12.6 (68.5%)
42	KOŁSUT Sebastian	1325		M20	42	00:00:09	00:23:50.45	00:23:59.75	+00:07:32 (31.6%)	4:46	12.6 (68.5%)
43	MAZUR Jakub	742	BIEGAJ Z DĘBAMI	M20	43	00:00:12	00:24:05.55	00:24:18.10	+00:07:47 (32.4%)	4:49	12.4 (67.4%)
44	GAWROŃSKI Mateusz	573		M20	44	00:01:06	00:24:08.85	00:25:14.85	+00:07:51 (32.5%)	4:49	12.4 (67.4%)
45	KAMIŃSKI Marek	93	TYPYGRUBE	M20	45	00:02:06	00:24:09.20	00:26:16.10	+00:07:51 (32.5%)	4:50	12.4 (67.4%)
46	WASTOWSKI Dawid	874		M20	46	00:00:39	00:24:18.15	00:24:57.25	+00:08:00 (32.9%)	4:51	12.3 (66.8%)
47	JAGIELSKI Szymon	1419		M20	47	00:00:52	00:24:18.90	00:25:11.00	+00:08:01 (33.0%)	4:51	12.3 (66.8%)
48	STĘPSKI Sławomir	348	ZSM1	M20	48	00:00:54	00:24:45.45	00:25:39.60	+00:08:27 (34.2%)	4:57	12.1 (65.8%)
49	MENDEL Patryk	483		M20	49	00:00:14	00:24:52.05	00:25:06.95	+00:08:34 (34.5%)	4:58	12.1 (65.8%)
50	TWARDOWSKI Krzysztof	1142		M20	50	00:01:06	00:24:56.75	00:26:03.15	+00:08:38 (34.7%)	4:59	12 (65.2%)
51	GWIZDAŁA Mikołaj	1438		M20	51	00:01:00	00:24:58.45	00:25:59.30	+00:08:40 (34.7%)	4:59	12 (65.2%)
52	POPŁAWSKI Damian	487	RIMB	M20	52	00:01:52	00:25:33.40	00:27:25.90	+00:09:15 (36.2%)	5:06	11.7 (63.6%)
53	TOMCZYŃSKI Krystian	1229		M20	53	00:01:11	00:25:36.30	00:26:47.90	+00:09:18 (36.4%)	5:07	11.7 (63.6%)
54	HÖFT Karol	665		M20	54	00:01:11	00:25:55.25	00:27:06.80	+00:09:37 (37.1%)	5:11	11.6 (63.0%)
55	KOZŁOWSKI Łukasz	715		M20	55	00:00:58	00:26:17.50	00:27:15.60	+00:09:59 (38.0%)	5:15	11.4 (62.0%)
56	MICHALSKI Damian	1474		M20	56	00:01:11	00:26:19.50	00:27:30.70	+00:10:01 (38.1%)	5:15	11.4 (62.0%)
57	KRETKOWSKI Piotr	1081		M20	57	00:00:33	00:26:26.45	00:27:00.00	+00:10:08 (38.4%)	5:17	11.3 (61.4%)
58	DOBRZAŃSKI Dariusz	1169	3GRAVITY	M20	58	00:01:09	00:26:35.05	00:27:44.10	+00:10:17 (38.7%)	5:19	11.3 (61.4%)
59	WEŁNIŃSKA Patrycja	519	SZURUSIE TEAM	M20	59	00:01:47	00:26:39.05	00:28:26.45	+00:10:21 (38.8%)	5:19	11.3 (61.4%)
60	BOENISCH Konstantin	309		M20	60	00:00:37	00:26:40.10	00:27:17.70	+00:10:22 (38.9%)	5:20	11.3 (61.4%)
61	KOTWICA Kamil	293		M20	61	00:01:52	00:26:51.15	00:28:44.05	+00:10:33 (39.3%)	5:22	11.2 (60.9%)
62	KAMIŃSKI Dawid	354	TYPYGRUBE	M20	62	00:02:05	00:26:53.65	00:28:59.30	+00:10:35 (39.4%)	5:22	11.2 (60.9%)

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63	SAWICKI Mikołaj	340		M20	63	00:00:26	00:26:54.60	00:27:21.55	+00:10:36 (39.4%)	5:23	11.1 (60.3%)
64	WORZAŁA Michał	107		M20	64	00:02:16	00:27:02.40	00:29:18.45	+00:10:44 (39.7%)	5:24	11.1 (60.3%)
65	BAŁYS Krzysztof	437		M20	65	00:01:56	00:27:03.35	00:28:59.95	+00:10:45 (39.8%)	5:24	11.1 (60.3%)
66	TUREK Józef	1149		M20	66	00:01:34	00:27:08.75	00:28:42.95	+00:10:50 (40.0%)	5:25	11.1 (60.3%)
67	BANDOCH Jacek	52		M20	67	00:00:25	00:27:17.05	00:27:42.40	+00:10:59 (40.3%)	5:27	11 (59.8%)
68	MADEJ Adam	135		M20	68	00:01:54	00:27:18.05	00:29:12.35	+00:11:00 (40.3%)	5:27	11 (59.8%)
69	BYCZKOWSKI Michał	1025		M20	69	00:00:30	00:27:24.95	00:27:55.90	+00:11:07 (40.6%)	5:29	10.9 (59.2%)
70	WÓJTOWICZ Ryszard	323		M20	70	00:02:07	00:27:26.60	00:29:34.00	+00:11:08 (40.6%)	5:29	10.9 (59.2%)
71	WITKOWSKI Błażej	133		M20	71	00:01:26	00:27:31.10	00:28:57.85	+00:11:13 (40.8%)	5:30	10.9 (59.2%)
72	WIŚNIEWSKI Maksymilian	536	SPC	M20	72	00:02:09	00:27:32.20	00:29:41.50	+00:11:14 (40.8%)	5:30	10.9 (59.2%)
73	DROBCZYŃSKI Wojciech	576		M20	73	00:01:23	00:27:38.60	00:29:02.45	+00:11:20 (41.0%)	5:31	10.8 (58.7%)
74	BAŁYS Łukasz	1217		M20	74	00:01:56	00:27:45.55	00:29:42.05	+00:11:27 (41.3%)	5:33	10.8 (58.7%)
75	ARENT Dawid	482		M20	75	00:00:56	00:28:08.70	00:29:04.90	+00:11:50 (42.1%)	5:37	10.7 (58.2%)
76	ŚWIATLAK Piotr	1308	ATOS / WINGS FOR LIFE	M20	76	00:00:15	00:28:12.60	00:28:27.65	+00:11:54 (42.2%)	5:38	10.6 (57.6%)
77	AFFELDT Magdalena	1079		M20	77	00:00:37	00:28:13.25	00:28:50.55	+00:11:55 (42.3%)	5:38	10.6 (57.6%)
78	MALISZEWSKI Kamil	869	APPSDREAMS KAMIL MALISZEWSKI	M20	78	00:00:42	00:28:17.50	00:28:59.50	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
79	OLSZEWSKI Michał	318		M20	79	00:00:35	00:28:18.25	00:28:53.45	+00:12:00 (42.4%)	5:39	10.6 (57.6%)
80	TRZYMKOWSKI Adrian	542		M20	80	00:00:42	00:28:23.55	00:29:05.60	+00:12:05 (42.6%)	5:40	10.6 (57.6%)
81	JENCZEWSKI Szymon	213	ALBATROSY	M20	81	00:00:02	00:28:29.80	00:28:32.15	+00:12:11 (42.8%)	5:42	10.5 (57.1%)
82	SZUKALSKI Piotr	1128		M20	82	00:00:58	00:28:31.45	00:29:29.85	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
83	LANDOWSKI Konrad	837		M20	83	00:00:16	00:28:31.80	00:28:48.60	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
84	CHOJNACKI Patryk	1469		M20	84	00:00:59	00:28:32.50	00:29:31.95	+00:12:14 (42.9%)	5:42	10.5 (57.1%)
85	JANKOWSKI Damian	1126		M20	85	00:00:53	00:28:44.40	00:29:37.40	+00:12:26 (43.3%)	5:44	10.4 (56.5%)

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86	WANKIEWICZ Łukasz	7	SZURUSIE TEAM	M20	86	00:01:48	00:28:48.65	00:30:36.65	+00:12:30 (43.4%)	5:45	10.4 (56.5%)
87	OWCZARSKA Magdalena	757		M20	87	00:01:36	00:29:00.80	00:30:37.35	+00:12:42 (43.8%)	5:48	10.3 (56.0%)
88	GRABISZEWSKI Michał	1204		M20	88	00:01:02	00:29:01.35	00:30:03.50	+00:12:43 (43.8%)	5:48	10.3 (56.0%)
89	ŻOŁNIERKIEWICZ Bartosz	1274		M20	89	00:01:43	00:29:05.25	00:30:48.80	+00:12:47 (44.0%)	5:49	10.3 (56.0%)
90	BESS Marcin	420		M20	90	00:01:39	00:29:06.10	00:30:45.25	+00:12:48 (44.0%)	5:49	10.3 (56.0%)
91	RESZKE Mateusz	588	KU AZS UKW BYDGOSZCZ	M20	91	00:00:02	00:29:06.35	00:29:08.85	+00:12:48 (44.0%)	5:49	10.3 (56.0%)
92	AUKUNAS Marcin	561		M20	92	00:01:27	00:29:07.50	00:30:35.25	+00:12:49 (44.0%)	5:49	10.3 (56.0%)
93	POZNAŃSKI Szymon	268	EDUTEAM	M20	93	00:00:36	00:29:09.00	00:29:45.25	+00:12:51 (44.1%)	5:49	10.3 (56.0%)
94	KAMIŃSKA Magdalena	745		M20	94	00:01:34	00:29:10.55	00:30:44.75	+00:12:52 (44.1%)	5:50	10.3 (56.0%)
95	ASTUKIEWICZ Maksymilian	324		M20	95	00:02:02	00:29:11.55	00:31:13.95	+00:12:53 (44.2%)	5:50	10.3 (56.0%)
96	SZYMCZUK Filip	126		M20	96	00:01:16	00:29:21.55	00:30:38.25	+00:13:03 (44.5%)	5:52	10.2 (55.4%)
97	SOBOCIŃSKI Mateusz	1471		M20	97	00:01:35	00:29:25.35	00:31:00.95	+00:13:07 (44.6%)	5:53	10.2 (55.4%)
98	DREŻEWSKI Łukasz	934		M20	98	00:01:02	00:29:38.05	00:30:40.70	+00:13:20 (45.0%)	5:55	10.1 (54.9%)
99	APTOWICZ Damian	707		M20	99	00:01:31	00:29:39.20	00:31:10.75	+00:13:21 (45.0%)	5:55	10.1 (54.9%)
100	BRZYKCY Łukasz	445		M20	100	00:01:46	00:30:08.25	00:31:55.15	+00:13:50 (45.9%)	6:01	10 (54.3%)
101	WALKOWIAK Rafał	431		M20	101	00:00:55	00:30:24.55	00:31:19.80	+00:14:06 (46.4%)	6:04	9.9 (53.8%)
102	PIOTROWSKI Grzegorz	1120		M20	102	00:02:06	00:30:25.30	00:32:31.75	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
103	KACZOROWSKI Bartosz	748		M20	103	00:01:33	00:30:31.95	00:32:05.90	+00:14:14 (46.6%)	6:06	9.8 (53.3%)
104	SZETELA Łukasz	670		M20	104	00:01:21	00:30:35.00	00:31:56.60	+00:14:17 (46.7%)	6:07	9.8 (53.3%)
105	BACH Bartłomiej	89		M20	105	00:01:44	00:30:36.00	00:32:20.85	+00:14:18 (46.7%)	6:07	9.8 (53.3%)
106	PRZEWOŹNIAK Rafał	284	TRI FAMILY	M20	106	00:00:47	00:30:36.85	00:31:23.85	+00:14:19 (46.8%)	6:07	9.8 (53.3%)
107	BALCERZAK Daniel	1260	SPORTOWY ZARZĄD	M20	107	00:01:09	00:30:38.90	00:31:48.05	+00:14:21 (46.8%)	6:07	9.8 (53.3%)
108	KRETOWICZ Piotr	357		M20	108	00:01:22	00:30:40.05	00:32:02.10	+00:14:22 (46.9%)	6:08	9.8 (53.3%)

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109	LESZCZYŃSKI Bartosz	1276		M20	109	00:01:38	00:30:41.00	00:32:19.65	+00:14:23 (46.9%)	6:08	9.8 (53.3%)
110	MICHALSKI Piotr	414		M20	110	00:02:07	00:30:51.95	00:32:59.55	+00:14:34 (47.2%)	6:10	9.7 (52.7%)
111	GROBELNY Michał	61		M20	111	00:01:07	00:30:54.15	00:32:01.65	+00:14:36 (47.3%)	6:10	9.7 (52.7%)
112	ÇIKAR Engin	1230	GALATASARAY SK	M20	112	00:01:17	00:30:56.00	00:32:13.50	+00:14:38 (47.3%)	6:11	9.7 (52.7%)
112	POKORSKI Adam	1101		M20	113	00:01:56	00:30:56.00	00:32:52.50	+00:14:38 (47.3%)	6:11	9.7 (52.7%)
114	GRACZYK Dawid	877		M20	114	00:00:33	00:31:07.60	00:31:41.05	+00:14:49 (47.6%)	6:13	9.6 (52.2%)
115	MALINOWSKI Miłosz	789		M20	115	00:01:52	00:31:12.15	00:33:04.50	+00:14:54 (47.8%)	6:14	9.6 (52.2%)
116	GUZIŃSKI Mateusz	902		M20	116	00:01:50	00:31:14.35	00:33:04.80	+00:14:56 (47.8%)	6:14	9.6 (52.2%)
117	SIEROCKI Mikołaj	228		M20	117	00:00:32	00:31:30.15	00:32:02.80	+00:15:12 (48.3%)	6:18	9.5 (51.6%)
118	BIAŁOBLÓCKI Mariusz	1382		M20	118	00:00:51	00:31:34.25	00:32:26.05	+00:15:16 (48.4%)	6:19	9.5 (51.6%)
119	TUBISZ Dawid	1397	NONE	M20	119	00:01:20	00:31:35.75	00:32:56.55	+00:15:17 (48.4%)	6:19	9.5 (51.6%)
120	DEMBEK Maciej	364	LOSKUMPLOS	M20	120	00:01:10	00:31:55.15	00:33:05.55	+00:15:37 (48.9%)	6:23	9.4 (51.1%)
121	ŁABĘCKI Kordian	263		M20	121	00:01:53	00:31:59.45	00:33:52.85	+00:15:41 (49.1%)	6:23	9.4 (51.1%)
122	JAWORSKI Daniel	187		M20	122	00:00:41	00:32:04.20	00:32:46.10	+00:15:46 (49.2%)	6:25	9.4 (51.1%)
123	PIEKARZ Sławek	1284		M20	123	00:01:58	00:32:12.10	00:34:10.60	+00:15:54 (49.4%)	6:26	9.3 (50.5%)
124	BANASIK Marcin	1334	WPL	M20	124	00:01:44	00:32:15.65	00:33:59.95	+00:15:57 (49.5%)	6:27	9.3 (50.5%)
125	RYBCZYŃSKI Grzegorz	756		M20	125	00:01:33	00:32:16.70	00:33:50.10	+00:15:58 (49.5%)	6:27	9.3 (50.5%)
126	SIEDLECKI Rafał	355		M20	126	00:01:03	00:32:39.10	00:33:43.00	+00:16:21 (50.1%)	6:32	9.2 (50.0%)
127	DOMACHOWSKI Filip	1281		M20	127	00:01:57	00:32:56.80	00:34:54.75	+00:16:38 (50.5%)	6:35	9.1 (49.5%)
128	PORCZEK Jarosław	1390		M20	128	00:01:09	00:33:02.55	00:34:11.80	+00:16:44 (50.7%)	6:36	9.1 (49.5%)
129	TARASIEWICZ Maciej	565		M20	129	00:00:46	00:33:12.95	00:33:59.85	+00:16:55 (50.9%)	6:38	9 (48.9%)
130	WIŚNIEWSKA Katarzyna	486		M20	130	00:00:24	00:33:34.20	00:33:59.05	+00:17:16 (51.5%)	6:43	8.9 (48.4%)
131	FILIPIAK Tobiasz	1349		M20	131	00:01:42	00:34:02.30	00:35:45.25	+00:17:44 (52.1%)	6:48	8.8 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	ZABIELSKI Wojtek	831	CS GROUP RUNNERS TEAM	M20	132	00:01:47	00:34:02.75	00:35:50.00	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
133	KUŹNIAR Patryk	1067		M20	133	00:01:24	00:34:20.55	00:35:44.80	+00:18:02 (52.5%)	6:52	8.7 (47.3%)
134	BUZA Szymon	1409		M20	134	00:01:52	00:35:34.95	00:37:27.10	+00:19:17 (54.2%)	7:07	8.4 (45.7%)
135	KURZEJA Łukasz	1221		M20	135	00:01:57	00:35:49.65	00:37:46.65	+00:19:31 (54.5%)	7:09	8.4 (45.7%)
136	JASIK Jarosław	1255		M20	136	00:01:03	00:36:08.85	00:37:12.65	+00:19:51 (54.9%)	7:13	8.3 (45.1%)
137	PAWSKI Przemysław	925		M20	137	00:02:06	00:37:37.65	00:39:44.00	+00:21:19 (56.7%)	7:31	8 (43.5%)
138	WITKIEWICZ-ŁUKASZEK Sandra	339		M20	138	00:01:56	00:40:22.95	00:42:19.00	+00:24:05 (59.6%)	8:04	7.4 (40.2%)

Znaleziono 138 wynik(ów)