



# BYDGOSKI BIEG URODZINOWY

B4SPORT

**Organizator:** Miasto Bydgoszcz  
**Data:** 2024-04-14  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	sponsorzy	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KACZMAREK Mateusz</b>	<b>395</b>	TEAM RUDNIK	M20	1		00:00:01	<b>00:16:02.45</b>	<b>00:16:03.50</b>		3:12	18.7 (100%)
2	<b>JANUSZEWSKI Radosław</b>	<b>353</b>	TEAM RUDNIK	M20	2		00:00:01	<b>00:17:07.30</b>	<b>00:17:09.10</b>	+00:01:04 (6.3%)	3:25	17.5 (93.6%)
3	<b>KRAWCZAK Adrian</b>	<b>510</b>	TEAMOCHAL	M20	3		00:00:01	<b>00:17:32.45</b>	<b>00:17:34.10</b>	+00:01:30 (8.6%)	3:30	17.1 (91.4%)
4	<b>KALACZYŃSKI Miłosz</b>	<b>397</b>	POLONIA BYDGOSZCZ SLA	M20	4		00:00:02	<b>00:18:36.50</b>	<b>00:18:39.05</b>	+00:02:34 (13.8%)	3:43	16.1 (86.1%)
5	<b>SIERADZKI Mateusz</b>	<b>1198</b>		M20	5		00:00:03	<b>00:19:22.15</b>	<b>00:19:25.45</b>	+00:03:19 (17.2%)	3:52	15.5 (82.9%)
6	<b>ZŁOTNICKI Adam</b>	<b>1184</b>		M20	6		00:00:04	<b>00:19:53.50</b>	<b>00:19:58.40</b>	+00:03:51 (19.4%)	3:58	15.1 (80.7%)
7	<b>MIKOŁAJCZYK Damian</b>	<b>670</b>		M20	7		00:00:13	<b>00:19:57.25</b>	<b>00:20:11.00</b>	+00:03:54 (19.6%)	3:59	15 (80.2%)
8	<b>RAJEWSKI Aleksander</b>	<b>865</b>		M20	8		00:00:02	<b>00:20:02.80</b>	<b>00:20:05.35</b>	+00:04:00 (20.0%)	4:00	15 (80.2%)
9	<b>MIKOŁAJCZYK Kacper</b>	<b>669</b>		M20	9		00:00:01	<b>00:20:10.35</b>	<b>00:20:12.05</b>	+00:04:07 (20.5%)	4:02	14.9 (79.7%)
10	<b>POĆWIARDOWSKI Kamil</b>	<b>823</b>		M20	10		00:00:24	<b>00:21:13.70</b>	<b>00:21:38.55</b>	+00:05:11 (24.4%)	4:14	14.1 (75.4%)
11	<b>KALINOWSKI Mikołaj</b>	<b>399</b>	WATAHA L-PAAK	M20	11		00:00:02	<b>00:21:34.15</b>	<b>00:21:36.75</b>	+00:05:31 (25.6%)	4:18	13.9 (74.3%)
12	<b>KRZYŚKÓW Mateusz</b>	<b>531</b>	ZIELONY PELIKAN	M20	12		00:00:05	<b>00:21:39.35</b>	<b>00:21:44.80</b>	+00:05:36 (25.9%)	4:19	13.9 (74.3%)
13	<b>JURKIEWICZ Hubert</b>	<b>386</b>	ROZBIEGANY SUSZ	M20	13		00:00:34	<b>00:21:53.35</b>	<b>00:22:27.45</b>	+00:05:50 (26.7%)	4:22	13.7 (73.3%)
14	<b>JASTROWSKI Miłosz</b>	<b>371</b>		M20	14		00:00:08	<b>00:22:10.55</b>	<b>00:22:19.10</b>	+00:06:08 (27.7%)	4:26	13.5 (72.2%)
15	<b>PENDER Radosław</b>	<b>783</b>		M20	15		00:00:03	<b>00:22:13.10</b>	<b>00:22:16.60</b>	+00:06:10 (27.8%)	4:26	13.5 (72.2%)
16	<b>ADAMCZAK Filip</b>	<b>1193</b>		M20	16		00:00:09	<b>00:22:45.05</b>	<b>00:22:54.80</b>	+00:06:42 (29.5%)	4:33	13.2 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	sponsorzy	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	<b>ŻEGLICZ Marek</b>	<b>1222</b>	GKS SPÓJNIA BIAŁE BŁOTA	M20	17		00:00:12	<b>00:22:57.65</b>	<b>00:23:09.65</b>	+00:06:55 (30.1%)	4:35	13.1 (70.1%)
18	<b>SOCHA Mateusz</b>	<b>956</b>	SOSZKA	M20	18		00:00:05	<b>00:23:00.95</b>	<b>00:23:06.00</b>	+00:06:58 (30.3%)	4:36	13 (69.5%)
19	<b>OKUNIEWSKI Robert</b>	<b>1256</b>		M20	19		00:00:06	<b>00:23:13.35</b>	<b>00:23:19.55</b>	+00:07:10 (30.9%)	4:38	12.9 (69.0%)
20	<b>DIDYK Leszek</b>	<b>152</b>		M20	20		00:00:08	<b>00:23:20.85</b>	<b>00:23:29.40</b>	+00:07:18 (31.3%)	4:40	12.9 (69.0%)
21	<b>MIZDALSKI Dawid</b>	<b>681</b>		M20	21		00:00:07	<b>00:23:23.05</b>	<b>00:23:30.70</b>	+00:07:20 (31.4%)	4:40	12.8 (68.4%)
22	<b>STYPCZYŃSKI Kuba</b>	<b>984</b>	SPORHUB	M20	22		00:01:16	<b>00:23:48.50</b>	<b>00:25:04.90</b>	+00:07:46 (32.6%)	4:45	12.6 (67.4%)
23	<b>PIKUL Mateusz</b>	<b>807</b>	DOWIDZENIE	M20	23		00:00:43	<b>00:24:07.60</b>	<b>00:24:51.00</b>	+00:08:05 (33.5%)	4:49	12.4 (66.3%)
24	<b>KOWALSKI Miłosz</b>	<b>492</b>		M20	24		00:00:14	<b>00:24:26.50</b>	<b>00:24:41.35</b>	+00:08:24 (34.4%)	4:53	12.3 (65.8%)
25	<b>MACHŁAJEWSKI Jacek</b>	<b>1207</b>	LZS KRYNKI	M20	25		00:01:08	<b>00:24:42.95</b>	<b>00:25:51.35</b>	+00:08:40 (35.1%)	4:56	12.1 (64.7%)
26	<b>KONARSKI Krzysztof</b>	<b>466</b>		M20	26		00:01:46	<b>00:24:48.40</b>	<b>00:26:35.20</b>	+00:08:45 (35.3%)	4:57	12.1 (64.7%)
27	<b>JANYSKA Adam</b>	<b>356</b>	UKS KOPERNIK BYDGOSZCZ	M20	27		00:00:07	<b>00:25:04.90</b>	<b>00:25:12.85</b>	+00:09:02 (36.0%)	5:00	12 (64.2%)
28	<b>KILAN Kacper</b>	<b>442</b>	SPOGLO	M20	28		00:00:24	<b>00:25:13.55</b>	<b>00:25:38.35</b>	+00:09:11 (36.4%)	5:02	11.9 (63.6%)
29	<b>MAJEWSKI Andrzej</b>	<b>619</b>		M20	29		00:01:08	<b>00:25:19.75</b>	<b>00:26:27.75</b>	+00:09:17 (36.7%)	5:03	11.8 (63.1%)
30	<b>SKOWROŃSKI Szymon</b>	<b>945</b>		M20	30		00:00:26	<b>00:25:21.40</b>	<b>00:25:47.65</b>	+00:09:18 (36.7%)	5:04	11.8 (63.1%)
31	<b>PALIGA Mateusz</b>	<b>762</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	31		00:00:42	<b>00:25:26.25</b>	<b>00:26:08.35</b>	+00:09:23 (36.9%)	5:05	11.8 (63.1%)
32	<b>PALIGA Radosław</b>	<b>764</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	32		00:00:41	<b>00:25:26.30</b>	<b>00:26:08.20</b>	+00:09:23 (36.9%)	5:05	11.8 (63.1%)
33	<b>KITOWSKI Hubert</b>	<b>446</b>		M20	33		00:00:34	<b>00:25:28.40</b>	<b>00:26:02.50</b>	+00:09:25 (37.0%)	5:05	11.8 (63.1%)
34	<b>KOZŁOWSKI Rafał</b>	<b>504</b>		M20	34		00:00:37	<b>00:25:35.40</b>	<b>00:26:13.35</b>	+00:09:32 (37.3%)	5:07	11.7 (62.6%)
35	<b>ŁADIŃSKI Kacper</b>	<b>600</b>		M20	35		00:00:24	<b>00:25:38.65</b>	<b>00:26:03.00</b>	+00:09:36 (37.4%)	5:07	11.7 (62.6%)
36	<b>TWARDOWSKI Krzysztof</b>	<b>1065</b>		M20	36		00:00:20	<b>00:25:43.70</b>	<b>00:26:04.05</b>	+00:09:41 (37.7%)	5:08	11.7 (62.6%)
37	<b>BIEGAŃSKI Andrzej</b>	<b>47</b>	SPALANIA OPONKI	M20	37		00:00:50	<b>00:25:46.15</b>	<b>00:26:36.45</b>	+00:09:43 (37.8%)	5:09	11.6 (62.0%)
38	<b>KONCZAL Krzysztof</b>	<b>467</b>	BK	M20	38		00:02:12	<b>00:25:46.20</b>	<b>00:27:58.70</b>	+00:09:43 (37.8%)	5:09	11.6 (62.0%)
39	<b>ROCHOWIAK Mikołaj</b>	<b>883</b>		M20	39		00:00:58	<b>00:26:04.45</b>	<b>00:27:03.35</b>	+00:10:02 (38.5%)	5:12	11.5 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	sponsorzy	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	<b>MŁYNIUK Patryk</b>	<b>686</b>		M20	40		00:01:20	<b>00:26:43.95</b>	<b>00:28:04.20</b>	+00:10:41 (40.0%)	5:20	11.2 (59.9%)
41	<b>GOLLA Wiktor</b>	<b>262</b>	KABEL TEAM BYDGOSZCZ	M20	41		00:01:41	<b>00:26:53.75</b>	<b>00:28:34.75</b>	+00:10:51 (40.4%)	5:22	11.2 (59.9%)
42	<b>GRACZYK Dawid</b>	<b>277</b>		M20	42		00:00:20	<b>00:27:03.95</b>	<b>00:27:24.50</b>	+00:11:01 (40.7%)	5:24	11.1 (59.4%)
43	<b>GOŁĄBIEWSKI Mateusz</b>	<b>263</b>		M20	43		00:00:48	<b>00:27:08.30</b>	<b>00:27:57.25</b>	+00:11:05 (40.9%)	5:25	11.1 (59.4%)
44	<b>KOŁSUT Sebastian</b>	<b>464</b>	KAROFITKA FC	M20	44		00:00:48	<b>00:27:20.20</b>	<b>00:28:08.65</b>	+00:11:17 (41.3%)	5:28	11 (58.8%)
45	<b>CZAJKOWSKI Kamil</b>	<b>123</b>		M20	45		00:03:10	<b>00:27:21.75</b>	<b>00:30:32.00</b>	+00:11:19 (41.4%)	5:28	11 (58.8%)
46	<b>STĘPNIEWSKI Paweł</b>	<b>976</b>		M20	46		00:01:16	<b>00:27:51.20</b>	<b>00:29:07.30</b>	+00:11:48 (42.4%)	5:34	10.8 (57.8%)
47	<b>SULIŃSKI Bogdan</b>	<b>986</b>		M20	47		00:00:48	<b>00:27:51.55</b>	<b>00:28:40.00</b>	+00:11:49 (42.4%)	5:34	10.8 (57.8%)
48	<b>KNIOŁA Przemek</b>	<b>1259</b>		M20	48		00:02:06	<b>00:28:11.60</b>	<b>00:30:17.85</b>	+00:12:09 (43.1%)	5:38	10.6 (56.7%)
49	<b>LEWANDOWSKI Paweł</b>	<b>586</b>	BK	M20	49		00:02:14	<b>00:28:39.25</b>	<b>00:30:53.40</b>	+00:12:36 (44.0%)	5:43	10.5 (56.1%)
50	<b>OLSZEWSKI Kacper</b>	<b>744</b>		M20	50		00:01:24	<b>00:28:55.35</b>	<b>00:30:20.30</b>	+00:12:52 (44.5%)	5:47	10.4 (55.6%)
51	<b>MACIEJCZYK Tomasz</b>	<b>1265</b>		M20	51		00:00:42	<b>00:29:05.05</b>	<b>00:29:47.10</b>	+00:13:02 (44.8%)	5:49	10.3 (55.1%)
52	<b>HANCZEWSKI Remigiusz</b>	<b>311</b>	DOWIDZENIE	M20	52		00:00:44	<b>00:29:11.65</b>	<b>00:29:55.95</b>	+00:13:09 (45.1%)	5:50	10.3 (55.1%)
53	<b>APPEL Karol</b>	<b>9</b>	DŻEM Z KIEŁBASY	M20	53		00:00:31	<b>00:29:36.65</b>	<b>00:30:08.20</b>	+00:13:34 (45.8%)	5:55	10.1 (54.0%)
54	<b>JANKOWSKI Konrad</b>	<b>348</b>		M20	54		00:01:45	<b>00:29:53.30</b>	<b>00:31:38.35</b>	+00:13:50 (46.3%)	5:58	10 (53.5%)
55	<b>ZAREMBA Tomasz</b>	<b>1168</b>		M20	55		00:00:46	<b>00:30:03.70</b>	<b>00:30:50.05</b>	+00:14:01 (46.6%)	6:00	10 (53.5%)
56	<b>KOCIŃSKI Dawid</b>	<b>458</b>	BK	M20	56		00:02:12	<b>00:30:14.95</b>	<b>00:32:27.85</b>	+00:14:12 (47.0%)	6:02	9.9 (52.9%)
57	<b>MRUKOWSKA Mikołaj</b>	<b>693</b>		M20	57		00:01:00	<b>00:30:20.45</b>	<b>00:31:20.95</b>	+00:14:18 (47.1%)	6:04	9.9 (52.9%)
58	<b>MURAWSKI Marcin</b>	<b>697</b>		M20	58		00:01:46	<b>00:30:21.55</b>	<b>00:32:07.75</b>	+00:14:19 (47.2%)	6:04	9.9 (52.9%)
59	<b>GROCHOCKI Daniel</b>	<b>290</b>		M20	59		00:01:24	<b>00:30:29.60</b>	<b>00:31:53.95</b>	+00:14:27 (47.4%)	6:05	9.8 (52.4%)
60	<b>GŁOWACKI Kamil</b>	<b>257</b>		M20	60		00:00:29	<b>00:30:32.15</b>	<b>00:31:01.50</b>	+00:14:29 (47.5%)	6:06	9.8 (52.4%)
61	<b>WASIELEWSKI Karol</b>	<b>1089</b>		M20	61		00:01:08	<b>00:30:38.45</b>	<b>00:31:47.20</b>	+00:14:36 (47.6%)	6:07	9.8 (52.4%)
62	<b>ĆWIKLIŃSKI Kacper</b>	<b>135</b>		M20	62		00:00:41	<b>00:30:59.05</b>	<b>00:31:40.10</b>	+00:14:56 (48.2%)	6:11	9.7 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	sponsorzy	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
63	<b>BĄKOWSKI</b> Mikołaj	<b>1213</b>		M20	63		00:00:00	<b>00:31:11.60</b>	<b>00:31:11.60</b>	+00:15:09 (48.6%)	6:14	9.6 (51.3%)
64	<b>PRYBIŃSKI</b> Wojciech	<b>1224</b>		M20	64		00:01:39	<b>00:31:32.00</b>	<b>00:33:11.75</b>	+00:15:29 (49.1%)	6:18	9.5 (50.8%)
65	<b>SZYMAŃSKI</b> Radosław	<b>1025</b>		M20	65		00:01:12	<b>00:31:33.85</b>	<b>00:32:46.35</b>	+00:15:31 (49.2%)	6:18	9.5 (50.8%)
66	<b>PAWELEC</b> Sebastian	<b>776</b>		M20	66		00:01:23	<b>00:31:38.35</b>	<b>00:33:01.65</b>	+00:15:35 (49.3%)	6:19	9.5 (50.8%)
67	<b>SITARZ</b> Damian	<b>935</b>		M20	67		00:00:33	<b>00:31:55.20</b>	<b>00:32:28.65</b>	+00:15:52 (49.7%)	6:23	9.4 (50.3%)
68	<b>KAZUBOWSKI</b> Jeremiasz	<b>426</b>	KAZUBKI TEAM	M20	68		00:00:14	<b>00:32:50.15</b>	<b>00:33:04.40</b>	+00:16:47 (51.1%)	6:34	9.1 (48.7%)
69	<b>BONDARCZYK</b> Filip	<b>1206</b>		M20	69		00:01:09	<b>00:33:36.30</b>	<b>00:34:45.80</b>	+00:17:33 (52.3%)	6:43	8.9 (47.6%)
70	<b>WIŚNIEWSKI</b> Adrian	<b>1116</b>		M20	70		00:01:48	<b>00:33:49.95</b>	<b>00:35:38.65</b>	+00:17:47 (52.6%)	6:45	8.9 (47.6%)
71	<b>RESZKE</b> Mateusz	<b>881</b>		M20	71		00:00:43	<b>00:33:57.45</b>	<b>00:34:40.55</b>	+00:17:55 (52.8%)	6:47	8.8 (47.1%)
72	<b>PRĘDKI</b> Jarosław	<b>832</b>	KLUB SPORTOWY NIEWIDOMYCH ŁUCZNICZKA BYDGOSZCZ	M20	72		00:01:59	<b>00:34:24.15</b>	<b>00:36:23.45</b>	+00:18:21 (53.4%)	6:52	8.7 (46.5%)
73	<b>PUDO</b> Wojciech	<b>845</b>		M20	73		00:00:54	<b>00:34:38.00</b>	<b>00:35:32.70</b>	+00:18:35 (53.7%)	6:55	8.7 (46.5%)
74	<b>WITKOWSKI</b> Marcin	<b>1123</b>		M20	74		00:01:49	<b>00:35:13.55</b>	<b>00:37:02.55</b>	+00:19:11 (54.5%)	7:02	8.5 (45.5%)
75	<b>HULAJ</b> Janek	<b>320</b>		M20	75		00:01:22	<b>00:35:23.90</b>	<b>00:36:46.65</b>	+00:19:21 (54.7%)	7:04	8.5 (45.5%)
76	<b>URBAŃSKI</b> Przemysław	<b>1076</b>		M20	76		00:02:01	<b>00:35:41.60</b>	<b>00:37:43.55</b>	+00:19:39 (55.1%)	7:08	8.4 (44.9%)
77	<b>URBAŃSKI</b> Krzysztof	<b>1300</b>		M20	77		00:01:35	<b>00:36:00.50</b>	<b>00:37:35.80</b>	+00:19:58 (55.5%)	7:12	8.3 (44.4%)
78	<b>ORZOŁ</b> Bartek	<b>749</b>		M20	78		00:01:26	<b>00:36:21.20</b>	<b>00:37:47.55</b>	+00:20:18 (55.9%)	7:16	8.3 (44.4%)
79	<b>ZINCHENKO</b> Serhii	<b>1180</b>		M20	79		00:01:55	<b>00:38:26.90</b>	<b>00:40:22.20</b>	+00:22:24 (58.3%)	7:41	7.8 (41.7%)
80	<b>SZCZEPANIAK</b> Jakub	<b>1004</b>		M20	80		00:00:50	<b>00:39:44.05</b>	<b>00:40:34.95</b>	+00:23:41 (59.6%)	7:56	7.6 (40.6%)
81	<b>BIELEC</b> Jakub	<b>48</b>		M20	81		00:01:30	<b>00:39:56.90</b>	<b>00:41:27.45</b>	+00:23:54 (59.8%)	7:59	7.5 (40.1%)
82	<b>LISZEWSKI</b> Piotr	<b>597</b>	MANY TEAM	M20	82		00:01:08	<b>00:40:08.20</b>	<b>00:41:16.45</b>	+00:24:05 (60.0%)	8:01	7.5 (40.1%)
83	<b>WITKOWSKI</b> Dorian	<b>1288</b>		M20	83		00:01:04	<b>00:40:26.65</b>	<b>00:41:30.70</b>	+00:24:24 (60.3%)	8:05	7.4 (39.6%)
84	<b>KASPRZAK</b> Patryk	<b>423</b>	CASTORAMA	M20	84		00:00:56	<b>00:43:53.25</b>	<b>00:44:50.15</b>	+00:27:50 (63.5%)	8:46	6.8 (36.4%)

Znaleziono 84 wynik(ów)