



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator: Miasto Bydgoszcz
Data: 2019-04-14
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PIETRYKA Grzegorz	1400	ZAKŁAD KARNY NR 2 W GRUDZIĄDZU	M30	1	00:00:01	00:17:48.00	00:17:49.20		3:33	16.9 (100%)
2	MAĆKOWSKI Maciej	9	UPS BYDGOSZCZ	M30	2	00:00:02	00:17:51.95	00:17:54.55	+00:00:03 (0.4%)	3:34	16.8 (99.4%)
3	BEDRA Robert	805	CZARNE STOPY.SM	M30	3	00:00:00	00:17:53.05	00:17:53.80	+00:00:05 (0.5%)	3:34	16.8 (99.4%)
4	LUTOWSKI Wojciech	792	TKKF KOLEJARZ BYDGOSZCZ	M30	4	00:00:02	00:18:19.00	00:18:21.30	+00:00:31 (2.8%)	3:39	16.4 (97.0%)
5	KUŁAKOWSKI Krzysztof	784	RUN PASJA	M30	5	00:00:02	00:18:26.15	00:18:28.70	+00:00:38 (3.4%)	3:41	16.3 (96.4%)
6	FLOREK Paweł	141	RUNADDICTS	M30	6	00:00:02	00:19:10.40	00:19:12.95	+00:01:22 (7.2%)	3:50	15.7 (92.9%)
7	MAGDZIARZ Jakub	987	KANCELARIA - HMM	M30	7	00:00:03	00:19:32.15	00:19:35.15	+00:01:44 (8.9%)	3:54	15.4 (91.1%)
8	PILCH Artur	1199	PIANIŚCI GÓRĄ	M30	8	00:00:02	00:19:41.50	00:19:43.95	+00:01:53 (9.6%)	3:56	15.2 (89.9%)
9	KACZMAREK Sebastian	1458		M30	9	00:00:04	00:19:42.10	00:19:46.65	+00:01:54 (9.7%)	3:56	15.2 (89.9%)
10	WRÓBLEWSKI Lech	53	ZK 2 GRUDZIĄDZ	M30	10	00:00:03	00:19:44.65	00:19:48.45	+00:01:56 (9.8%)	3:57	15.2 (89.9%)
11	MISIASZEK Marek	860		M30	11	00:00:04	00:19:46.05	00:19:50.25	+00:01:58 (10.0%)	3:57	15.2 (89.9%)
12	IGNACZAK Jarosław	603		M30	12	00:00:04	00:19:46.25	00:19:50.80	+00:01:58 (10.0%)	3:57	15.2 (89.9%)
13	OKOŃSKI Jarosław	337	BIEGOWEZAPARCIE.PL	M30	13	00:00:04	00:19:51.40	00:19:55.75	+00:02:03 (10.4%)	3:58	15.1 (89.3%)
14	GOŁATA Wojciech	188	WILCZA WATAHA	M30	14	00:00:06	00:20:07.55	00:20:14.30	+00:02:19 (11.6%)	4:01	14.9 (88.2%)
15	KOTULA Sławomir	26	GLS	M30	15	00:00:03	00:20:10.60	00:20:14.35	+00:02:22 (11.8%)	4:02	14.9 (88.2%)
16	ŻELAZKO Kamil	1222	NKUB	M30	16	00:00:04	00:20:16.60	00:20:20.95	+00:02:28 (12.2%)	4:03	14.8 (87.6%)
17	SOBCZAK Marcin	1453	CZARNE STOPY.SM	M30	17	00:00:05	00:20:24.95	00:20:30.80	+00:02:36 (12.8%)	4:05	14.7 (87.0%)
18	POZORSKI Adam	954	BIEGAJĄCE ŚLIWICE	M30	18	00:00:06	00:20:33.65	00:20:40.20	+00:02:45 (13.4%)	4:06	14.6 (86.4%)
19	ROMANOWSKI Michał	350		M30	19	00:00:01	00:20:41.05	00:20:42.85	+00:02:53 (13.9%)	4:08	14.5 (85.8%)
20	SZOPIŃSKI Rafał	289		M30	20	00:00:07	00:20:53.55	00:21:00.95	+00:03:05 (14.8%)	4:10	14.4 (85.2%)
21	MUSIAŁ Piotr	1011		M30	21	00:00:07	00:20:55.55	00:21:03.25	+00:03:07 (14.9%)	4:11	14.3 (84.6%)
22	BOIŃSKI Rafał	1346		M30	22	00:00:04	00:20:55.75	00:21:00.30	+00:03:07 (15.0%)	4:11	14.3 (84.6%)
23	KLINOWSKI Radosław	58	GALACTICA	M30	23	00:00:10	00:20:57.30	00:21:07.65	+00:03:09 (15.1%)	4:11	14.3 (84.6%)
24	CHEŁMIŃSKI Mateusz	1455		M30	24	00:00:10	00:21:00.30	00:21:11.15	+00:03:12 (15.3%)	4:12	14.3 (84.6%)
25	SKARWECKI Remigiusz	154	ŁABISZYN RUNNERS	M30	25	00:00:09	00:21:17.30	00:21:27.25	+00:03:29 (16.4%)	4:15	14.1 (83.4%)
26	SŁOMKA Maciej	516	MOŻE I POWOLI, ALE ZA TO BYLE JAK	M30	26	00:00:18	00:21:18.50	00:21:37.30	+00:03:30 (16.5%)	4:15	14.1 (83.4%)
27	ROSÓŁ Jacek	130		M30	27	00:00:05	00:21:19.55	00:21:25.15	+00:03:31 (16.5%)	4:16	14.1 (83.4%)
28	BAŁA Artur	607	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30	28	00:00:14	00:21:26.45	00:21:40.85	+00:03:38 (17.0%)	4:17	14 (82.8%)
29	KOWALSKI Krzysztof	932	OCELOTY KRUSZYN KRAJEŃSKI	M30	29	00:00:07	00:21:26.80	00:21:34.50	+00:03:38 (17.0%)	4:17	14 (82.8%)
30	WARLIKOWSKI Łukasz	876		M30	30	00:00:07	00:21:28.50	00:21:35.50	+00:03:40 (17.1%)	4:17	14 (82.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	ANTKOWIAK Bartosz	1165	TRISPACE	M30	31	00:00:11	00:21:29.65	00:21:41.55	+00:03:41 (17.2%)	4:18	14 (82.8%)
32	FELINIAK Daniel	731		M30	32	00:00:06	00:21:31.05	00:21:37.60	+00:03:43 (17.3%)	4:18	13.9 (82.2%)
33	WASILEWSKI Marcin	648	WIRTUALNESZLAKI.PL	M30	33	00:00:44	00:21:49.15	00:22:33.65	+00:04:01 (18.4%)	4:21	13.8 (81.7%)
34	ROGALSKI Maciej	468	OLOTEAM	M30	34	00:00:04	00:22:02.70	00:22:06.75	+00:04:14 (19.3%)	4:24	13.6 (80.5%)
35	JAKUBCZAK Michał	395		M30	35	00:00:08	00:22:03.00	00:22:11.90	+00:04:15 (19.3%)	4:24	13.6 (80.5%)
36	JANCZYSZYN Eryk	1416		M30	36	00:00:11	00:22:07.15	00:22:18.20	+00:04:19 (19.5%)	4:25	13.6 (80.5%)
37	STĘPIEŃ Bogdan	618	LUXTORPEDY	M30	37	00:00:22	00:22:10.60	00:22:33.25	+00:04:22 (19.7%)	4:26	13.5 (79.9%)
38	KUJAWA Daniel	1431	56. BAZA LOTNICZA	M30	38	00:00:03	00:22:16.85	00:22:20.35	+00:04:28 (20.1%)	4:27	13.5 (79.9%)
39	KAMIŃSKI Łukasz	1385	WATAHA BYDGOSZCZ	M30	39	00:00:11	00:22:18.55	00:22:29.70	+00:04:30 (20.2%)	4:27	13.5 (79.9%)
40	GŻYL Mikołaj	1065	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	40	00:00:13	00:22:20.60	00:22:33.85	+00:04:32 (20.3%)	4:28	13.4 (79.3%)
41	BUTRYM Piotr	164		M30	41	00:00:14	00:22:22.20	00:22:36.60	+00:04:34 (20.4%)	4:28	13.4 (79.3%)
42	SZARLEJ Marcin	472	PKOBPSA	M30	42	00:00:08	00:22:25.65	00:22:33.85	+00:04:37 (20.6%)	4:29	13.4 (79.3%)
43	PTASZNIK Michał	1154	PTACHOLRUN	M30	43	00:00:27	00:22:25.75	00:22:53.10	+00:04:37 (20.6%)	4:29	13.4 (79.3%)
44	CHOJNACKI Bartosz	740		M30	44	00:00:07	00:22:26.30	00:22:33.90	+00:04:38 (20.7%)	4:29	13.4 (79.3%)
45	BARSZCZ Tomasz	674		M30	45	00:00:13	00:22:32.25	00:22:45.40	+00:04:44 (21.0%)	4:30	13.3 (78.7%)
46	ŚLEFARSKI Marcin	68		M30	46	00:00:14	00:22:33.10	00:22:47.20	+00:04:45 (21.1%)	4:30	13.3 (78.7%)
47	JAŻDŻEWSKI Dawid	594	DESPERACI	M30	47	00:00:09	00:22:50.05	00:22:59.75	+00:05:02 (22.0%)	4:34	13.1 (77.5%)
48	PALIGA Maciej	41		M30	48	00:00:07	00:22:53.65	00:23:01.20	+00:05:05 (22.3%)	4:34	13.1 (77.5%)
49	DANIELEWSKI Rafał	992	ROBOTNIK TOPORZYSKO	M30	49	00:00:21	00:22:54.85	00:23:16.20	+00:05:06 (22.3%)	4:35	13.1 (77.5%)
50	ŁOBODA Maciej	597		M30	50	00:01:41	00:23:02.90	00:24:44.20	+00:05:14 (22.8%)	4:36	13 (76.9%)
51	AFELT Jarosław	721		M30	51	00:00:26	00:23:06.80	00:23:32.95	+00:05:18 (23.0%)	4:37	13 (76.9%)
52	WRÓBEL Grzegorz	1197	BYLE DO METY	M30	52	00:00:10	00:23:12.70	00:23:22.75	+00:05:24 (23.3%)	4:38	12.9 (76.3%)
53	JURKOWSKI Paweł	949	TOASTMATERS BYDGOSZCZ	M30	53	00:00:27	00:23:15.10	00:23:43.05	+00:05:27 (23.4%)	4:39	12.9 (76.3%)
54	BARAŃSKI Władysław	1059		M30	54	00:00:04	00:23:16.70	00:23:21.55	+00:05:28 (23.5%)	4:39	12.9 (76.3%)
55	KLOSKOWSKI Adam	202	JW1515	M30	55	00:01:13	00:23:19.95	00:24:33.05	+00:05:31 (23.7%)	4:40	12.9 (76.3%)
56	BAGIŃSKI Marcin	1407		M30	56	00:00:49	00:23:21.70	00:24:11.30	+00:05:33 (23.8%)	4:40	12.8 (75.7%)
57	WIECZOREK Waldemar	291		M30	57	00:00:31	00:23:22.70	00:23:53.75	+00:05:34 (23.9%)	4:40	12.8 (75.7%)
58	GABRYCH Maciej	163	CZARNE STOPY.SM	M30	58	00:00:05	00:23:23.25	00:23:29.20	+00:05:35 (23.9%)	4:40	12.8 (75.7%)
59	PASTWA Filip	1449	LUX-HAUS	M30	59	00:00:29	00:23:32.40	00:24:02.25	+00:05:44 (24.4%)	4:42	12.7 (75.1%)
60	SOKOŁOWSKI Piotr	1056	GORDON RUN	M30	60	00:00:06	00:23:33.60	00:23:40.05	+00:05:45 (24.4%)	4:42	12.7 (75.1%)
61	WESOŁOWSKI Rafał	1178		M30	61	00:01:35	00:23:34.15	00:25:10.00	+00:05:46 (24.5%)	4:43	12.7 (75.1%)
62	BORAKIEWICZ Arkadiusz	1098	TEAM RUN GOŁAŃCZ	M30	62	00:00:38	00:23:36.25	00:24:14.50	+00:05:48 (24.6%)	4:43	12.7 (75.1%)
63	CELEGRAT Andrzej	1174		M30	63	00:00:14	00:23:37.45	00:23:51.55	+00:05:49 (24.7%)	4:43	12.7 (75.1%)
64	RUCIŃSKI Rafał	870	SELEKCJA NATURALNA	M30	64	00:00:48	00:23:40.30	00:24:28.35	+00:05:52 (24.8%)	4:44	12.7 (75.1%)
65	KISZKA Marcin	1093	RUN PASJA	M30	65	00:00:13	00:23:41.55	00:23:55.35	+00:05:53 (24.9%)	4:44	12.7 (75.1%)
66	URBAŃSKI Dawid	45		M30	66	00:00:17	00:23:43.80	00:24:01.35	+00:05:55 (25.0%)	4:44	12.6 (74.6%)
67	OLBORSKI Lukasz	838		M30	67	00:00:12	00:23:57.10	00:24:09.65	+00:06:09 (25.7%)	4:47	12.5 (74.0%)
68	WIŚNIEWSKI Leszek	971		M30	68	00:00:20	00:23:59.35	00:24:19.80	+00:06:11 (25.8%)	4:47	12.5 (74.0%)
69	HASS Adam	321		M30	69	00:00:39	00:24:00.45	00:24:39.65	+00:06:12 (25.9%)	4:48	12.5 (74.0%)
70	ŁOBOCKI Krzysztof	232	TKKF KOLEJARZ BYDGOSZCZ	M30	70	00:00:29	00:24:02.10	00:24:31.55	+00:06:14 (25.9%)	4:48	12.5 (74.0%)
71	SIEG Marcin	639		M30	71	00:00:37	00:24:06.35	00:24:44.20	+00:06:18 (26.2%)	4:49	12.4 (73.4%)
72	DRZEWIECKI Radosław	1487		M30	72	00:00:22	00:24:09.00	00:24:31.10	+00:06:21 (26.3%)	4:49	12.4 (73.4%)
73	MACIĄGA Jakub	996		M30	73	00:00:28	00:24:11.95	00:24:40.70	+00:06:23 (26.4%)	4:50	12.4 (73.4%)
74	SKRZYPIŃSKI Marek	224		M30	74	00:00:43	00:24:19.25	00:25:03.20	+00:06:31 (26.8%)	4:52	12.3 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
75	WONS Rafał	1356		M30	75	00:01:33	00:24:21.15	00:25:54.25	+00:06:33 (26.9%)	4:52	12.3 (72.8%)
76	JAKUBCZAK Łukasz	849		M30	76	00:00:08	00:24:23.70	00:24:31.85	+00:06:35 (27.0%)	4:52	12.3 (72.8%)
77	SCHNEIDER Krystian	307		M30	77	00:00:30	00:24:31.90	00:25:02.45	+00:06:43 (27.4%)	4:54	12.2 (72.2%)
78	WAWRZYŃCZAK Grzegorz	73		M30	78	00:01:01	00:24:34.75	00:25:36.65	+00:06:46 (27.6%)	4:55	12.2 (72.2%)
79	DANIELEWICZ Bartosz	1298		M30	79	00:01:11	00:24:36.05	00:25:47.25	+00:06:48 (27.6%)	4:55	12.2 (72.2%)
80	JANUSZKIEWICZ Piotr	589		M30	80	00:01:07	00:24:37.90	00:25:45.60	+00:06:49 (27.7%)	4:55	12.2 (72.2%)
81	ARACH Przemysław	961		M30	81	00:02:03	00:24:38.75	00:26:41.80	+00:06:50 (27.8%)	4:55	12.2 (72.2%)
82	TOMCZYŃSKI Jacek	1483		M30	82	00:01:14	00:24:40.25	00:25:55.20	+00:06:52 (27.9%)	4:56	12.2 (72.2%)
83	GULCZYŃSKI Dawid	1497		M30	83	00:00:45	00:24:52.90	00:25:37.90	+00:07:04 (28.5%)	4:58	12.1 (71.6%)
84	WŁODARSKI Paweł	744		M30	84	00:00:53	00:24:53.15	00:25:46.90	+00:07:05 (28.5%)	4:58	12.1 (71.6%)
85	ROSZCZYN Dawid	1216	CB163	M30	85	00:01:58	00:24:53.55	00:26:52.35	+00:07:05 (28.5%)	4:58	12 (71.0%)
86	BIZON Bartosz	735		M30	86	00:01:12	00:24:53.90	00:26:06.45	+00:07:05 (28.5%)	4:58	12 (71.0%)
87	SZYMAŃSKI Tomasz	970		M30	87	00:00:16	00:24:57.70	00:25:14.30	+00:07:09 (28.7%)	4:59	12 (71.0%)
88	LESZCZYŃSKI Łukasz	409		M30	88	00:01:51	00:24:58.20	00:26:49.65	+00:07:10 (28.7%)	4:59	12 (71.0%)
89	DEREZIŃSKI Tomasz	236		M30	89	00:00:27	00:25:04.90	00:25:31.95	+00:07:16 (29.0%)	5:00	12 (71.0%)
90	WAJCHERT Łukasz	1437	TURBOGROSZKI.RUN	M30	90	00:00:20	00:25:09.00	00:25:29.55	+00:07:21 (29.2%)	5:01	11.9 (70.4%)
91	URBAŃSKI Kamil	397		M30	91	00:02:05	00:25:11.00	00:27:16.25	+00:07:23 (29.3%)	5:02	11.9 (70.4%)
92	GLAMA Jakub	1489		M30	92	00:00:54	00:25:13.70	00:26:08.15	+00:07:25 (29.4%)	5:02	11.9 (70.4%)
93	GROCHOWSKI Jakub	176	JW1515	M30	93	00:01:14	00:25:15.65	00:26:30.60	+00:07:27 (29.5%)	5:03	11.9 (70.4%)
94	KLEPACZEWSKI Arkadiusz	977		M30	94	00:01:08	00:25:17.75	00:26:26.05	+00:07:29 (29.6%)	5:03	11.9 (70.4%)
95	KASPROWICZ Piotr	241	JW 1515	M30	95	00:00:32	00:25:19.15	00:25:51.55	+00:07:31 (29.7%)	5:03	11.8 (69.8%)
96	NAGORZYSKI Arkadiusz	149	BIEGAM WSPIERAM MOTYWUJĘ	M30	96	00:00:09	00:25:27.95	00:25:37.10	+00:07:39 (30.1%)	5:05	11.8 (69.8%)
97	SPIRYDOWICZ Piotr	1375		M30	97	00:00:17	00:25:28.10	00:25:45.25	+00:07:40 (30.1%)	5:05	11.8 (69.8%)
98	SKUPSZ Jędrzej Kazimierz	965		M30	98	00:01:30	00:25:30.40	00:27:00.55	+00:07:42 (30.2%)	5:06	11.8 (69.8%)
99	WOLSKI Adam	171		M30	99	00:02:05	00:25:47.30	00:27:52.75	+00:07:59 (31.0%)	5:09	11.6 (68.6%)
100	PAWLAK Maciej	955		M30	100	00:01:19	00:25:50.30	00:27:10.00	+00:08:02 (31.1%)	5:10	11.6 (68.6%)
101	UMIŃSKI Robert	657		M30	101	00:00:14	00:25:54.80	00:26:09.70	+00:08:06 (31.3%)	5:11	11.6 (68.6%)
102	WALUSIAK Miłosz	776	RUN PASJA	M30	102	00:00:42	00:25:55.70	00:26:37.70	+00:08:07 (31.3%)	5:11	11.6 (68.6%)
103	KRESIŃSKI Andrzej	47		M30	103	00:00:05	00:25:58.40	00:26:03.45	+00:08:10 (31.5%)	5:11	11.6 (68.6%)
104	GILL Daniel	894	BOGMAR	M30	104	00:00:58	00:26:01.85	00:26:59.95	+00:08:13 (31.6%)	5:12	11.5 (68.0%)
105	GRACZYK Przemysław	269		M30	105	00:01:34	00:26:10.40	00:27:45.25	+00:08:22 (32.0%)	5:14	11.5 (68.0%)
106	GÓRSKI Michał	1421		M30	106	00:00:30	00:26:16.65	00:26:47.60	+00:08:28 (32.3%)	5:15	11.4 (67.5%)
107	KIJEWSKI Maciej	410	KABEL TEAM BYDGOSZCZ	M30	107	00:01:17	00:26:17.00	00:27:34.05	+00:08:29 (32.3%)	5:15	11.4 (67.5%)
108	GLINKOWSKI Dariusz	1033	B28	M30	108	00:00:45	00:26:24.05	00:27:09.80	+00:08:36 (32.6%)	5:16	11.4 (67.5%)
109	STOKŁOSA Maciej	131		M30	109	00:00:45	00:26:28.90	00:27:14.20	+00:08:40 (32.8%)	5:17	11.3 (66.9%)
110	ŁUDZIŃSKI Jakub	123		M30	110	00:02:00	00:26:29.85	00:28:30.25	+00:08:41 (32.8%)	5:18	11.3 (66.9%)
110	FURMAN Paweł	1336		M30	111	00:01:20	00:26:29.85	00:27:50.80	+00:08:41 (32.8%)	5:18	11.3 (66.9%)
112	BOROWICZ Ireneusz	830		M30	112	00:00:38	00:26:33.05	00:27:11.20	+00:08:45 (33.0%)	5:18	11.3 (66.9%)
113	TWARDOWSKI Łukasz	280		M30	113	00:00:32	00:26:33.15	00:27:05.20	+00:08:45 (33.0%)	5:18	11.3 (66.9%)
114	ŁABENDA Robert	20	SZURUSIE TEAM	M30	114	00:01:47	00:26:39.35	00:28:27.05	+00:08:51 (33.2%)	5:20	11.3 (66.9%)
115	NOWAKOWSKI Grzegorz	800	DEAF GARMIN	M30	115	00:00:31	00:26:39.80	00:27:11.55	+00:08:51 (33.2%)	5:20	11.3 (66.9%)
116	DĘBIEC Andrzej	856		M30	116	00:01:10	00:26:44.60	00:27:55.00	+00:08:56 (33.4%)	5:21	11.2 (66.3%)
117	PAPIS Piotr	325	BACK_ON	M30	117	00:00:50	00:26:46.80	00:27:37.30	+00:08:58 (33.5%)	5:21	11.2 (66.3%)
117	POTRZEBOWSKI Marek	653	DEAF I #B3K	M30	118	00:00:26	00:26:46.80	00:27:13.75	+00:08:58 (33.5%)	5:21	11.2 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
119	PRIEWE Paweł	115	DYNAMO SKARPA	M30	119	00:01:49	00:26:48.40	00:28:37.95	+00:09:00 (33.6%)	5:21	11.2 (66.3%)
120	BRUGIER Andrzej	585		M30	120	00:01:26	00:26:48.80	00:28:15.65	+00:09:00 (33.6%)	5:21	11.2 (66.3%)
121	SZAFLIK Łukasz	824	TEAM SŁOWACKI	M30	121	00:01:43	00:26:59.90	00:28:43.55	+00:09:11 (34.1%)	5:24	11.1 (65.7%)
122	SIWIAK Łukasz	839		M30	122	00:00:21	00:27:05.75	00:27:27.60	+00:09:17 (34.3%)	5:25	11.1 (65.7%)
123	ŚWIETLIK Grzegorz	448		M30	123	00:01:09	00:27:06.60	00:28:15.95	+00:09:18 (34.3%)	5:25	11.1 (65.7%)
124	KARSKI Przemysław	351		M30	124	00:00:53	00:27:07.30	00:28:01.15	+00:09:19 (34.4%)	5:25	11.1 (65.7%)
125	POLAKOWSKI Tomasz	1050		M30	125	00:01:36	00:27:09.15	00:28:45.25	+00:09:21 (34.4%)	5:25	11 (65.1%)
126	DAMSKI Bartek	795		M30	126	00:01:31	00:27:10.50	00:28:42.20	+00:09:22 (34.5%)	5:26	11 (65.1%)
127	SZATTEN Michał	162	TYPYGRUBE	M30	127	00:02:10	00:27:11.75	00:29:22.65	+00:09:23 (34.5%)	5:26	11 (65.1%)
128	DAWIDOWICZ Kacper	1184		M30	128	00:00:14	00:27:12.05	00:27:26.65	+00:09:24 (34.6%)	5:26	11 (65.1%)
129	WEDEL Maciej	1365		M30	129	00:01:34	00:27:13.65	00:28:47.80	+00:09:25 (34.6%)	5:26	11 (65.1%)
130	CHRZĄSZCZ Michał	1207	SISU-OWB TEAM	M30	130	00:00:33	00:27:14.40	00:27:47.45	+00:09:26 (34.7%)	5:26	11 (65.1%)
131	KISIEL Krystian	705		M30	131	00:00:34	00:27:16.85	00:27:51.15	+00:09:28 (34.8%)	5:27	11 (65.1%)
132	TRYT Maciej	1037		M30	132	00:00:35	00:27:18.90	00:27:54.80	+00:09:30 (34.8%)	5:27	11 (65.1%)
133	HEŁMINIAK Michał	1171		M30	133	00:00:19	00:27:21.90	00:27:41.10	+00:09:33 (35.0%)	5:28	11 (65.1%)
134	SIEKIERKA Jarosław	127		M30	134	00:00:05	00:27:23.45	00:27:29.15	+00:09:35 (35.0%)	5:28	10.9 (64.5%)
135	GONIA Paweł	1190		M30	135	00:00:42	00:27:26.15	00:28:09.10	+00:09:38 (35.1%)	5:29	10.9 (64.5%)
136	FABROWSKI Dawid	134		M30	136	00:01:52	00:27:26.75	00:29:19.50	+00:09:38 (35.1%)	5:29	10.9 (64.5%)
137	ROSZCZYN Michał	625		M30	137	00:02:01	00:27:27.80	00:29:28.95	+00:09:39 (35.2%)	5:29	10.9 (64.5%)
138	JANYSKA Krzysztof	945		M30	138	00:00:22	00:27:28.65	00:27:51.30	+00:09:40 (35.2%)	5:29	10.9 (64.5%)
139	DRAPIŃSKI Maciej	620	DRAPEK	M30	139	00:01:36	00:27:30.55	00:29:06.70	+00:09:42 (35.3%)	5:30	10.9 (64.5%)
139	KITOWSKI Przemysław	24	SZURUSIE TEAM	M30	140	00:01:48	00:27:30.55	00:29:18.75	+00:09:42 (35.3%)	5:30	10.9 (64.5%)
141	GOŚCINNY Michał	1166		M30	141	00:00:38	00:27:34.35	00:28:12.60	+00:09:46 (35.4%)	5:30	10.9 (64.5%)
142	GNIEWKOWSKI Daniel	423		M30	142	00:01:10	00:27:35.05	00:28:45.25	+00:09:47 (35.5%)	5:31	10.9 (64.5%)
143	KWIATKOWSKA Małgorzata	1048		M30	143	00:01:21	00:27:36.35	00:28:57.95	+00:09:48 (35.5%)	5:31	10.9 (64.5%)
144	RADECKI Krzysztof	1318		M30	144	00:00:53	00:27:48.45	00:28:41.45	+00:10:00 (36.0%)	5:33	10.8 (63.9%)
145	ZIELIŃSKI Radosław	2		M30	145	00:00:36	00:27:49.00	00:28:25.30	+00:10:01 (36.0%)	5:33	10.8 (63.9%)
146	RYBICKA Ilona	383		M30	146	00:00:52	00:27:53.85	00:28:46.15	+00:10:05 (36.2%)	5:34	10.8 (63.9%)
147	MICHAŁEK Daniel	493	BIEGAM PO PIWO	M30	147	00:00:18	00:27:54.40	00:28:12.75	+00:10:06 (36.2%)	5:34	10.8 (63.9%)
148	JANKIEWICZ Marek	1415	POLISH DENTAL SQUAD	M30	148	00:01:11	00:27:54.75	00:29:06.30	+00:10:06 (36.2%)	5:35	10.7 (63.3%)
149	KANDER Michał	180		M30	149	00:01:32	00:27:55.40	00:29:28.30	+00:10:07 (36.3%)	5:35	10.7 (63.3%)
150	DOMŻALSKI Kamil	356		M30	150	00:00:25	00:27:56.85	00:28:22.80	+00:10:08 (36.3%)	5:35	10.7 (63.3%)
151	ROGOZIŃSKI Aleksander	884		M30	151	00:01:25	00:28:00.20	00:29:26.15	+00:10:12 (36.4%)	5:36	10.7 (63.3%)
152	BŁĄŻEJWSKI Kacper	112	CB163	M30	152	00:01:59	00:28:05.45	00:30:04.80	+00:10:17 (36.6%)	5:37	10.7 (63.3%)
153	ŚWIĄTEK Daniel	384		M30	153	00:00:24	00:28:07.15	00:28:31.20	+00:10:19 (36.7%)	5:37	10.7 (63.3%)
154	FITA Kamil	301		M30	154	00:00:49	00:28:07.90	00:28:57.85	+00:10:19 (36.7%)	5:37	10.7 (63.3%)
155	MELLER Krzysztof	1226		M30	155	00:01:50	00:28:08.70	00:29:58.75	+00:10:20 (36.8%)	5:37	10.7 (63.3%)
156	WILCZYŃSKI Marek	590		M30	156	00:01:06	00:28:10.90	00:29:17.00	+00:10:22 (36.8%)	5:38	10.6 (62.7%)
157	WŁOCH Michał	871		M30	157	00:01:00	00:28:12.35	00:29:12.60	+00:10:24 (36.9%)	5:38	10.6 (62.7%)
158	DORAWA Mirosław	419		M30	158	00:00:24	00:28:13.45	00:28:37.95	+00:10:25 (36.9%)	5:38	10.6 (62.7%)
159	WIELIŃSKI Rafał	622		M30	159	00:01:01	00:28:16.25	00:29:17.65	+00:10:28 (37.0%)	5:39	10.6 (62.7%)
160	SARNECKI Bartosz	811		M30	160	00:00:44	00:28:17.00	00:29:01.40	+00:10:29 (37.1%)	5:39	10.6 (62.7%)
161	CZARNECKA Monika	788	BRZOZA BIEGA	M30	161	00:00:25	00:28:19.70	00:28:45.35	+00:10:31 (37.2%)	5:40	10.6 (62.7%)
162	SZALA Wojciech	747		M30	162	00:01:20	00:28:20.15	00:29:40.70	+00:10:32 (37.2%)	5:40	10.6 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
163	MATUSZEWSKI Tomasz	344		M30	163	00:00:43	00:28:20.75	00:29:04.40	+00:10:32 (37.2%)	5:40	10.6 (62.7%)
164	DWORECKI Rafał	521	KS FUTGOL	M30	164	00:00:51	00:28:26.15	00:29:17.35	+00:10:38 (37.4%)	5:41	10.6 (62.7%)
165	WOLSKI Marek	338		M30	165	00:02:09	00:28:26.75	00:30:36.00	+00:10:38 (37.4%)	5:41	10.5 (62.1%)
166	OWCZARSKI Krzysztof	631		M30	166	00:00:47	00:28:35.65	00:29:22.85	+00:10:47 (37.7%)	5:43	10.5 (62.1%)
167	STRYCZYŃSKI Marek	279	TRISPACE	M30	167	00:01:18	00:28:41.30	00:29:59.90	+00:10:53 (38.0%)	5:44	10.5 (62.1%)
168	WOLNY Tomasz	102		M30	168	00:00:20	00:28:42.95	00:29:03.85	+00:10:54 (38.0%)	5:44	10.4 (61.5%)
169	CHRUPAŁA Rafał	1147		M30	169	00:01:47	00:28:47.60	00:30:34.85	+00:10:59 (38.2%)	5:45	10.4 (61.5%)
170	KIELMANN Marcin	641	SZURUSIE TEAM	M30	170	00:01:46	00:28:50.05	00:30:36.65	+00:11:02 (38.3%)	5:46	10.4 (61.5%)
171	PLUCIŃSKI Piotr	975		M30	171	00:00:50	00:28:55.80	00:29:46.50	+00:11:07 (38.5%)	5:47	10.4 (61.5%)
172	OLSZEWSKI Rafał	1383		M30	172	00:00:50	00:28:57.05	00:29:47.40	+00:11:09 (38.5%)	5:47	10.4 (61.5%)
173	SENSKI Przemysław	1191		M30	173	00:01:48	00:28:57.75	00:30:46.55	+00:11:09 (38.5%)	5:47	10.4 (61.5%)
174	WAWRZYŃIAK Tomasz	1258		M30	174	00:01:07	00:28:59.15	00:30:06.70	+00:11:11 (38.6%)	5:47	10.4 (61.5%)
175	KORZENIEWSKI Jacek	434		M30	175	00:01:19	00:29:07.25	00:30:27.05	+00:11:19 (38.9%)	5:49	10.3 (60.9%)
176	WIELIŃSKI Wojciech	621		M30	176	00:01:00	00:29:10.20	00:30:10.55	+00:11:22 (39.0%)	5:50	10.3 (60.9%)
177	PAPIEROWSKI Piotr	939		M30	177	00:01:24	00:29:13.75	00:30:38.10	+00:11:25 (39.1%)	5:50	10.3 (60.9%)
178	JARZEMSKI Marcin	1368	BYDGOSZCZ TRIATHLON TEAM	M30	178	00:01:31	00:29:16.00	00:30:47.05	+00:11:28 (39.2%)	5:51	10.3 (60.9%)
179	ŻUCHELKOWSKI Rafał	404	TEAM OF BOBICZEK	M30	179	00:01:37	00:29:19.05	00:30:56.25	+00:11:31 (39.3%)	5:51	10.2 (60.4%)
180	ŁOBODA Sylwia	598		M30	180	00:01:41	00:29:19.10	00:31:00.50	+00:11:31 (39.3%)	5:51	10.2 (60.4%)
181	KORDAS Jacek	159		M30	181	00:00:46	00:29:21.25	00:30:07.35	+00:11:33 (39.4%)	5:52	10.2 (60.4%)
182	KABATEK Janusz	544		M30	182	00:00:31	00:29:24.75	00:29:56.10	+00:11:36 (39.5%)	5:53	10.2 (60.4%)
183	POBŁOCKI Tomasz	298	WATAHA BYDGOSZCZ	M30	183	00:02:07	00:29:25.40	00:31:33.25	+00:11:37 (39.5%)	5:53	10.2 (60.4%)
184	BRAĞIEL Jakub	1024	VEGE RUNNERS	M30	184	00:01:37	00:29:26.05	00:31:03.05	+00:11:38 (39.5%)	5:53	10.2 (60.4%)
185	DOBIECKI Szczepan	843		M30	185	00:00:56	00:29:32.10	00:30:28.45	+00:11:44 (39.7%)	5:54	10.2 (60.4%)
186	CIEŚLIICKI Krzysztof	681	SISU TEAM	M30	186	00:01:45	00:29:33.30	00:31:19.00	+00:11:45 (39.8%)	5:54	10.1 (59.8%)
187	ZNANIECKI Wojciech	768	BYDGOSZCZ NA START	M30	187	00:00:41	00:29:39.50	00:30:20.75	+00:11:51 (40.0%)	5:55	10.1 (59.8%)
188	OSSOWSKI Łukasz	248		M30	188	00:02:13	00:29:40.75	00:31:54.70	+00:11:52 (40.0%)	5:56	10.1 (59.8%)
189	WILCZYŃSKI Arkadiusz	1013		M30	189	00:01:17	00:29:49.25	00:31:06.50	+00:12:01 (40.3%)	5:57	10.1 (59.8%)
190	KULPA Szymon	186		M30	190	00:01:02	00:29:56.05	00:30:58.70	+00:12:08 (40.5%)	5:59	10 (59.2%)
191	ŚNIECHOTA Konrad	92	TYPYGRUBE	M30	191	00:02:10	00:29:56.90	00:32:07.35	+00:12:08 (40.6%)	5:59	10 (59.2%)
192	RĘDZINA Michał	199		M30	192	00:01:02	00:29:58.90	00:31:01.50	+00:12:10 (40.6%)	5:59	10 (59.2%)
193	KOLMAJER Rafał	167	RUNADDICTS	M30	193	00:01:02	00:30:06.25	00:31:08.25	+00:12:18 (40.9%)	6:01	10 (59.2%)
194	PRUSIŃSKI Michał	1299		M30	194	00:01:11	00:30:08.10	00:31:19.95	+00:12:20 (40.9%)	6:01	10 (59.2%)
195	SZECÓWKA Marcin	215		M30	195	00:01:25	00:30:14.15	00:31:39.80	+00:12:26 (41.1%)	6:02	9.9 (58.6%)
196	BEJGER Łukasz	1186		M30	196	00:00:57	00:30:18.15	00:31:16.05	+00:12:30 (41.3%)	6:03	9.9 (58.6%)
197	KASPEROWICZ Paweł	600		M30	197	00:01:35	00:30:18.90	00:31:54.25	+00:12:30 (41.3%)	6:03	9.9 (58.6%)
198	JABŁOŃSKI Tomek	1208		M30	198	00:02:04	00:30:20.70	00:32:25.05	+00:12:32 (41.3%)	6:04	9.9 (58.6%)
199	BROWNELL Mackie	1287		M30	199	00:01:21	00:30:21.40	00:31:42.85	+00:12:33 (41.4%)	6:04	9.9 (58.6%)
200	LIEDKE Tomasz	179	BLIŻNIAKI	M30	200	00:00:40	00:30:21.95	00:31:02.75	+00:12:33 (41.4%)	6:04	9.9 (58.6%)
201	PODGÓRSKI Jakub	105	ZIELONY PELIKAN	M30	201	00:02:04	00:30:24.50	00:32:29.15	+00:12:36 (41.5%)	6:05	9.9 (58.6%)
202	SENDEL Sebastian	182		M30	202	00:01:33	00:30:25.80	00:31:59.30	+00:12:37 (41.5%)	6:05	9.9 (58.6%)
203	PECHE Marek	963	KLUBZDROWIA 24H	M30	203	00:01:15	00:30:29.00	00:31:44.45	+00:12:41 (41.6%)	6:05	9.8 (58.0%)
204	ŚLADEWSKI Rafał	208		M30	204	00:00:22	00:30:29.40	00:30:51.50	+00:12:41 (41.6%)	6:05	9.8 (58.0%)
205	CZUBKOWSKI Sebastian	936	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	205	00:01:55	00:30:32.20	00:32:28.15	+00:12:44 (41.7%)	6:06	9.8 (58.0%)
206	MAKOWSKI Tomasz	347		M30	206	00:01:54	00:30:37.05	00:32:31.05	+00:12:49 (41.9%)	6:07	9.8 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
207	SZOPINSKA Justyna	1044		M30	207	00:01:51	00:30:38.90	00:32:30.05	+00:12:50 (41.9%)	6:07	9.8 (58.0%)
208	SZOPIŃSKI Wojtek	1403		M30	208	00:01:50	00:30:39.40	00:32:30.15	+00:12:51 (41.9%)	6:08	9.8 (58.0%)
209	SKIBIŃSKI Sebastian	1129		M30	209	00:01:57	00:30:41.55	00:32:38.85	+00:12:53 (42.0%)	6:08	9.8 (58.0%)
210	HOMZA Mateusz	575		M30	210	00:01:28	00:30:45.55	00:32:13.60	+00:12:57 (42.1%)	6:09	9.8 (58.0%)
211	GOGOLEWSKI Adam	549		M30	211	00:01:41	00:30:47.70	00:32:29.55	+00:12:59 (42.2%)	6:09	9.7 (57.4%)
212	BRZOZOWSKI Krzysztof	170		M30	212	00:01:36	00:30:47.95	00:32:24.50	+00:12:59 (42.2%)	6:09	9.7 (57.4%)
213	GRAJKOWSKI Julian	1238	J&D&J	M30	213	00:02:05	00:30:49.65	00:32:54.90	+00:13:01 (42.3%)	6:09	9.7 (57.4%)
214	MURAWKA Łukasz	726		M30	214	00:00:49	00:30:51.55	00:31:40.70	+00:13:03 (42.3%)	6:10	9.7 (57.4%)
215	GRUŻEWSKI Jarosław	816		M30	215	00:01:31	00:31:24.55	00:32:56.00	+00:13:36 (43.3%)	6:17	9.5 (56.2%)
216	RATKE Kamil	1132		M30	216	00:00:55	00:31:27.70	00:32:23.25	+00:13:39 (43.4%)	6:17	9.5 (56.2%)
217	SERAP Sinem	1214		M30	217	00:01:19	00:31:32.65	00:32:52.00	+00:13:44 (43.6%)	6:18	9.5 (56.2%)
218	WIŚNIEWSKI Grzegorz	1444		M30	218	00:01:16	00:31:51.75	00:33:07.85	+00:14:03 (44.1%)	6:22	9.4 (55.6%)
219	ZDUNKIEWICZ Marcin	661		M30	219	00:02:01	00:32:03.35	00:34:04.80	+00:14:15 (44.5%)	6:24	9.4 (55.6%)
220	KATLEWSKI Marcin	702		M30	220	00:01:38	00:32:09.15	00:33:47.40	+00:14:21 (44.6%)	6:25	9.3 (55.0%)
221	KACZYŃSKI Rafał	305		M30	221	00:01:45	00:32:12.30	00:33:57.45	+00:14:24 (44.7%)	6:26	9.3 (55.0%)
222	KUJAWA Przemysław	1369		M30	222	00:01:08	00:32:22.15	00:33:30.90	+00:14:34 (45.0%)	6:28	9.3 (55.0%)
223	BARANEK Sebastian	998		M30	223	00:01:50	00:32:22.50	00:34:13.15	+00:14:34 (45.0%)	6:28	9.3 (55.0%)
224	TOMCZAK Krzysztof	66	DZIUPLA KOMPANY	M30	224	00:00:53	00:32:22.60	00:33:16.45	+00:14:34 (45.0%)	6:28	9.3 (55.0%)
225	MĄDRY Wojciech	1108		M30	225	00:01:58	00:32:27.50	00:34:26.25	+00:14:39 (45.2%)	6:29	9.2 (54.4%)
226	KUKOWSKI Artur	1451		M30	226	00:01:59	00:32:30.30	00:34:29.40	+00:14:42 (45.2%)	6:30	9.2 (54.4%)
227	OLSZAŃSKI Jakub	533		M30	227	00:00:50	00:32:34.55	00:33:25.35	+00:14:46 (45.4%)	6:31	9.2 (54.4%)
228	STADNICKA Katarzyna	1223	PRLBMX	M30	228	00:01:09	00:32:43.05	00:33:53.00	+00:14:55 (45.6%)	6:32	9.2 (54.4%)
229	WOŹNIAK Kinga	1061		M30	229	00:00:04	00:33:17.35	00:33:21.55	+00:15:29 (46.5%)	6:39	9 (53.3%)
230	DUDZIAK Michał	489	CPR BYDGOSZCZ	M30	230	00:02:07	00:33:42.35	00:35:49.95	+00:15:54 (47.2%)	6:44	8.9 (52.7%)
231	DZIEWIECZYŃSKI Maciej	427		M30	231	00:01:12	00:33:50.15	00:35:02.60	+00:16:02 (47.4%)	6:46	8.9 (52.7%)
232	GURYN Wiktor	169	ZIELONY PELIKAN	M30	232	00:00:59	00:33:52.90	00:34:52.75	+00:16:04 (47.5%)	6:46	8.9 (52.7%)
233	KĄTNIK Dorota	717	RUN PASJA	M30	233	00:01:18	00:33:55.75	00:35:13.80	+00:16:07 (47.5%)	6:47	8.8 (52.1%)
234	RYMER Adam	157		M30	234	00:02:03	00:34:25.05	00:36:28.50	+00:16:37 (48.3%)	6:53	8.7 (51.5%)
235	SYROCKA Ilona	1377		M30	235	00:01:49	00:34:27.50	00:36:17.05	+00:16:39 (48.3%)	6:53	8.7 (51.5%)
236	TONDER Mateusz	813		M30	236	00:00:27	00:34:30.85	00:34:58.20	+00:16:42 (48.4%)	6:54	8.7 (51.5%)
237	OWCZARZ Łukasz	924		M30	237	00:00:34	00:34:41.65	00:35:16.40	+00:16:53 (48.7%)	6:56	8.6 (50.9%)
238	DOMERADZKA Jagoda	1008		M30	238	00:01:39	00:34:48.05	00:36:27.75	+00:17:00 (48.9%)	6:57	8.6 (50.9%)
239	ŁUCZKOWSKI Rafał	1426		M30	239	00:02:04	00:34:50.85	00:36:54.90	+00:17:02 (48.9%)	6:58	8.6 (50.9%)
240	BIAŁEK Łukasz	1262	BIEGAJ Z DĘBAMI	M30	240	00:00:39	00:34:54.15	00:35:34.10	+00:17:06 (49.0%)	6:59	8.6 (50.9%)
241	ORZECHOWSKI Michał	90		M30	241	00:02:06	00:34:59.50	00:37:06.25	+00:17:11 (49.1%)	7:00	8.6 (50.9%)
242	KRZEMIŃSKI Piotr	1054		M30	242	00:01:32	00:35:16.30	00:36:48.30	+00:17:28 (49.5%)	7:03	8.5 (50.3%)
243	TOMASZEWSKI Tomasz	1134		M30	243	00:01:33	00:35:23.10	00:36:56.25	+00:17:35 (49.7%)	7:04	8.5 (50.3%)
244	RÓŻAŃSKI Wojciech	10		M30	244	00:01:40	00:35:41.05	00:37:21.85	+00:17:53 (50.1%)	7:08	8.4 (49.7%)
245	MRUGAŁA Bartosz	6		M30	245	00:01:13	00:36:36.45	00:37:49.80	+00:18:48 (51.4%)	7:19	8.2 (48.5%)
246	CZUBEK Bartosz	1160		M30	246	00:01:21	00:38:04.20	00:39:25.85	+00:20:16 (53.2%)	7:36	7.9 (46.7%)
247	KOZIEŁ Tomasz	859		M30	247	00:01:29	00:38:04.50	00:39:34.30	+00:20:16 (53.3%)	7:37	7.9 (46.7%)
248	KRZEMIŃSKI Łukasz	852		M30	248	00:01:03	00:38:24.40	00:39:27.50	+00:20:36 (53.7%)	7:40	7.8 (46.2%)
249	STEFANOWICZ Łukasz	1218		M30	249	00:00:00			+	5:35	10.7 (63.3%)
250	POLIWODZIŃSKA Agnieszka	1122	KS WISŁKA BYDGOSZCZ-FORDON	M30	250	00:01:53					(0.0%)

Znaleziono 250 wynik(ów)