



BYDGOSKI BIEG URODZINOWY

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Miasto Bydgoszcz
2023-04-23
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RACZYŃSKI Krzysztof	467	BIEGAJĄCY FILOZOF TEAM	M60	1	00:00:00	00:21:07.15	00:21:07.15		4:13	14.2 (100%)
2	NIEDBALSKI Grzegorz	1130	RUN BYDGOSZCZ	M60	2	00:00:16	00:23:16.90	00:23:33.75	+00:02:09 (9.3%)	4:39	12.9 (90.8%)
3	KOWALCZYK Edward	1075	KLINIKA TLENOWA INOWROCŁAW	M60	3	00:00:08	00:23:55.60	00:24:04.20	+00:02:48 (11.7%)	4:47	12.5 (88.0%)
4	TORCHALSKI Krzysztof	486		M60	4	00:00:36	00:25:18.75	00:25:55.70	+00:04:11 (16.6%)	5:03	11.9 (83.8%)
5	HŁAWNIAK Zbigniew	1187		M60	5	00:00:21	00:25:21.20	00:25:43.10	+00:04:14 (16.7%)	5:04	11.8 (83.1%)
6	GRUDA Mirosław	236		M60	6	00:00:54	00:26:24.05	00:27:18.55	+00:05:16 (20.0%)	5:16	11.4 (80.3%)
7	GODZIUK Roman	926		M60	7	00:00:25	00:26:31.30	00:26:56.95	+00:05:24 (20.4%)	5:18	11.3 (79.6%)
8	MAŁKIŃSKI Józef	823		M60	8	00:00:34	00:27:43.00	00:28:17.90	+00:06:35 (23.8%)	5:32	10.8 (76.1%)
9	KLENIEWSKI Piotr	1088		M60	9	00:00:45	00:27:45.35	00:28:30.45	+00:06:38 (23.9%)	5:33	10.8 (76.1%)
10	BAUMGART Jacek	921	BIEGAJ Z DĘBAMI	M60	10	00:01:47	00:27:53.15	00:29:40.80	+00:06:46 (24.3%)	5:34	10.8 (76.1%)
11	ANDRZEJEWSKI Ryszard	978	ŻÓŁTOKRÓLEWSCY	M60	11	00:00:36	00:28:34.30	00:29:10.90	+00:07:27 (26.1%)	5:42	10.5 (73.9%)
12	GRZELCZAK Tadeusz	288		M60	12	00:02:16	00:29:11.25	00:31:27.30	+00:08:04 (27.6%)	5:50	10.3 (72.5%)
13	MAZUR Wojciech	726	BYDGOSZCZ NA START	M60	13	00:00:24	00:29:12.10	00:29:36.95	+00:08:04 (27.7%)	5:50	10.3 (72.5%)
14	CZARNY Ryszard	161		M60	14	00:00:59	00:29:16.40	00:30:15.70	+00:08:09 (27.9%)	5:51	10.3 (72.5%)
15	WAWRZYŃIAK Andrzej	244	22. ODN	M60	15	00:01:31	00:29:50.30	00:31:21.40	+00:08:43 (29.2%)	5:58	10.1 (71.1%)
16	TRUDNOWSKI Janusz	1182		M60	16	00:00:56	00:30:11.10	00:31:07.70	+00:09:03 (30.0%)	6:02	9.9 (69.7%)
17	PASZKIET Witold	659	TKKF KOLEJARZ BYDGOSZCZ	M60	17	00:02:23	00:30:39.80	00:33:03.35	+00:09:32 (31.1%)	6:07	9.8 (69.0%)
18	LENKIEWICZ Andrzej	50	PIĘKNY	M60	18	00:00:32	00:31:09.05	00:31:42.00	+00:10:01 (32.2%)	6:13	9.6 (67.6%)
19	JAWORSKI Janusz	567		M60	19	00:00:49	00:31:26.15	00:32:16.00	+00:10:19 (32.8%)	6:17	9.5 (66.9%)
20	WIŚNIEWSKI Marek	729		M60	20	00:00:54	00:31:30.55	00:32:25.00	+00:10:23 (33.0%)	6:18	9.5 (66.9%)
21	JÓŻWIK Jacek	208	PARKUN	M60	21	00:02:47	00:32:58.40	00:35:46.35	+00:11:51 (36.0%)	6:35	9.1 (64.1%)
22	CHMIELEWSKI Ireneusz	378		M60	22	00:00:35	00:33:34.15	00:34:09.65	+00:12:27 (37.1%)	6:42	8.9 (62.7%)
23	KWIATKOWSKI Roman	229		M60	23	00:01:46	00:34:44.65	00:36:31.15	+00:13:37 (39.2%)	6:56	8.6 (60.6%)
24	ANGIEL Władysław	190	TKKF KOLEJARZ BYDGOSZCZ	M60	24	00:00:02	00:35:34.15	00:35:36.85	+00:14:27 (40.6%)	7:06	8.4 (59.2%)
25	KARSKI Hubert	531		M60	25	00:02:45	00:37:19.70	00:40:05.00	+00:16:12 (43.4%)	7:27	8 (56.3%)
26	GRALAK Jerzy	1076	GEORGE	M60	26	00:00:50	00:38:33.55	00:39:24.45	+00:17:26 (45.2%)	7:42	7.8 (54.9%)
27	PILECKI Gustaw	1148		M60	27	00:01:06	00:38:52.70	00:39:58.80	+00:17:45 (45.7%)	7:46	7.7 (54.2%)
28	GAPIŃSKI Jerzy	1024		M60	28	00:01:57	00:39:15.10	00:41:12.20	+00:18:07 (46.2%)	7:51	7.6 (53.5%)
29	GACKOWSKI Edward	987		M60	29	00:01:10	00:43:06.20	00:44:16.30	+00:21:59 (51.0%)	8:37	7 (49.3%)

