



# BYDGOSKI BIEG URODZINOWY

B4SPORT

**Organizator:** Miasto Bydgoszcz  
**Data:** 2019-04-14  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: SM Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>PIETRYKA Grzegorz</b>	<b>1400</b>	ZAKŁAD KARNY NR 2 W GRUDZIĄDZU	M30	1	00:00:01	<b>00:17:48.00</b>	<b>00:17:49.20</b>		3:33	16.9 (100%)
2	<b>MRUK Tomasz</b>	<b>436</b>	CZARNE STOPY.SM	M40	1	00:00:02	<b>00:17:57.95</b>	<b>00:18:00.80</b>	+00:00:09 (0.9%)	3:35	16.7 (98.8%)
3	<b>WRÓBLEWSKI Lech</b>	<b>53</b>	ZK 2 GRUDZIĄDZ	M30	10	00:00:03	<b>00:19:44.65</b>	<b>00:19:48.45</b>	+00:01:56 (9.8%)	3:57	15.2 (89.9%)
4	<b>PIC Dawid</b>	<b>271</b>		M20	10	00:00:03	<b>00:19:57.50</b>	<b>00:20:01.40</b>	+00:02:09 (10.8%)	3:59	15 (88.8%)
5	<b>BRZEZIŃSKI Maciej</b>	<b>1072</b>		M40	11	00:00:06	<b>00:21:32.55</b>	<b>00:21:38.55</b>	+00:03:44 (17.4%)	4:18	13.9 (82.2%)
6	<b>KUJAWA Daniel</b>	<b>1431</b>	56. BAZA LOTNICZA	M30	38	00:00:03	<b>00:22:16.85</b>	<b>00:22:20.35</b>	+00:04:28 (20.1%)	4:27	13.5 (79.9%)
7	<b>AUGUSTYNOWICZ Andrzej</b>	<b>790</b>	RCI BYDGOSZCZ	M40	17	00:00:09	<b>00:22:24.85</b>	<b>00:22:34.60</b>	+00:04:36 (20.6%)	4:29	13.4 (79.3%)
8	<b>PTASZNIK Michał</b>	<b>1154</b>	PTACHOLRUN	M30	43	00:00:27	<b>00:22:25.75</b>	<b>00:22:53.10</b>	+00:04:37 (20.6%)	4:29	13.4 (79.3%)
9	<b>SUDOŁ Jacek</b>	<b>484</b>		M40	21	00:01:35	<b>00:22:42.45</b>	<b>00:24:17.85</b>	+00:04:54 (21.6%)	4:32	13.2 (78.1%)
10	<b>URBAŃSKI Tomasz</b>	<b>198</b>	JW 4326	M40	24	00:00:09	<b>00:22:56.05</b>	<b>00:23:05.70</b>	+00:05:08 (22.4%)	4:35	13.1 (77.5%)
11	<b>KLOSKOWSKI Adam</b>	<b>202</b>	JW1515	M30	55	00:01:13	<b>00:23:19.95</b>	<b>00:24:33.05</b>	+00:05:31 (23.7%)	4:40	12.9 (76.3%)
12	<b>BRZEZIŃSKI Sławomir</b>	<b>952</b>	CZARNE STOPY.SM	M40	34	00:00:17	<b>00:23:37.60</b>	<b>00:23:55.05</b>	+00:05:49 (24.7%)	4:43	12.7 (75.1%)
13	<b>RUCIŃSKI Rafał</b>	<b>870</b>	SELEKCJA NATURALNA	M30	64	00:00:48	<b>00:23:40.30</b>	<b>00:24:28.35</b>	+00:05:52 (24.8%)	4:44	12.7 (75.1%)
14	<b>LEWICKI Maciej</b>	<b>120</b>	BYDGOSZCZ NA START!	M40	36	00:00:27	<b>00:23:40.95</b>	<b>00:24:08.20</b>	+00:05:52 (24.8%)	4:44	12.7 (75.1%)
15	<b>KISZKA Marcin</b>	<b>1093</b>	RUN PASJA	M30	65	00:00:13	<b>00:23:41.55</b>	<b>00:23:55.35</b>	+00:05:53 (24.9%)	4:44	12.7 (75.1%)
16	<b>KRYSZTOFIAK Michał</b>	<b>1219</b>	ULUNG TEAM	M40	52	00:00:10	<b>00:24:45.30</b>	<b>00:24:55.70</b>	+00:06:57 (28.1%)	4:57	12.1 (71.6%)
17	<b>BISKUPIAK Robert</b>	<b>555</b>		M40	54	00:00:39	<b>00:24:51.85</b>	<b>00:25:31.55</b>	+00:07:03 (28.4%)	4:58	12.1 (71.6%)
18	<b>KOSIARSKI Tomasz</b>	<b>685</b>		M40	60	00:00:44	<b>00:25:06.50</b>	<b>00:25:50.55</b>	+00:07:18 (29.1%)	5:01	12 (71.0%)
19	<b>GROCHOWSKI Jakub</b>	<b>176</b>	JW1515	M30	93	00:01:14	<b>00:25:15.65</b>	<b>00:26:30.60</b>	+00:07:27 (29.5%)	5:03	11.9 (70.4%)
20	<b>SUCHOMSKA Beata</b>	<b>908</b>		M40	67	00:00:21	<b>00:25:29.10</b>	<b>00:25:50.35</b>	+00:07:41 (30.2%)	5:05	11.8 (69.8%)
21	<b>PYTLIŃSKI Paweł</b>	<b>914</b>	BYDGOSKIE ŻÓŁWIE	M40	70	00:00:09	<b>00:25:40.40</b>	<b>00:25:49.70</b>	+00:07:52 (30.7%)	5:08	11.7 (69.2%)
22	<b>RYGIEWICZ Wojciech</b>	<b>155</b>		M50	23	00:01:04	<b>00:26:02.35</b>	<b>00:27:07.05</b>	+00:08:14 (31.6%)	5:12	11.5 (68.0%)
23	<b>GÓRSKI Michał</b>	<b>1421</b>		M30	106	00:00:30	<b>00:26:16.65</b>	<b>00:26:47.60</b>	+00:08:28 (32.3%)	5:15	11.4 (67.5%)
24	<b>KĘSIK Roman</b>	<b>1109</b>	13 WOG GRUDZIADZ	M50	24	00:00:10	<b>00:26:22.35</b>	<b>00:26:33.00</b>	+00:08:34 (32.5%)	5:16	11.4 (67.5%)
25	<b>KOSIAK Jacek</b>	<b>1406</b>	RUN FOR FUN	M40	95	00:00:08	<b>00:26:36.30</b>	<b>00:26:44.65</b>	+00:08:48 (33.1%)	5:19	11.3 (66.9%)
26	<b>CĄBROWSKI Piotr</b>	<b>1053</b>	ZK NR 2 W GRUDZIĄDZU	M40	97	00:01:37	<b>00:26:41.10</b>	<b>00:28:18.10</b>	+00:08:53 (33.3%)	5:20	11.2 (66.3%)
27	<b>GRALAK Jacek</b>	<b>552</b>	81 BLP	M40	100	00:01:27	<b>00:26:47.40</b>	<b>00:28:14.85</b>	+00:08:59 (33.6%)	5:21	11.2 (66.3%)
28	<b>DAWIDOWICZ Kacper</b>	<b>1184</b>		M30	128	00:00:14	<b>00:27:12.05</b>	<b>00:27:26.65</b>	+00:09:24 (34.6%)	5:26	11 (65.1%)
29	<b>GRAPATYN Piotr</b>	<b>951</b>	ARESzt ŚLEDZCY BYDGOSZCZ	M40	115	00:00:38	<b>00:27:40.70</b>	<b>00:28:19.55</b>	+00:09:52 (35.7%)	5:32	10.8 (63.9%)
30	<b>KOZIŃSKI Grzegorz</b>	<b>809</b>	81 BLP	M40	130	00:01:28	<b>00:28:14.65</b>	<b>00:29:43.45</b>	+00:10:26 (37.0%)	5:39	10.6 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	<b>CIACHERA Ireneusz</b>	<b>1035</b>	2 BATALION LOGISTYCZNA	M50	34	00:01:08	<b>00:28:17.65</b>	<b>00:29:25.95</b>	+00:10:29 (37.1%)	5:39	10.6 (62.7%)
32	<b>SENSKI Przemysław</b>	<b>1191</b>		M30	173	00:01:48	<b>00:28:57.75</b>	<b>00:30:46.55</b>	+00:11:09 (38.5%)	5:47	10.4 (61.5%)
33	<b>ŻUCHELKOWSKI Rafał</b>	<b>404</b>	TEAM OF BOBICZEK	M30	179	00:01:37	<b>00:29:19.05</b>	<b>00:30:56.25</b>	+00:11:31 (39.3%)	5:51	10.2 (60.4%)
34	<b>CHMIELEWSKI Ireneusz</b>	<b>148</b>		M50	41	00:00:44	<b>00:29:20.75</b>	<b>00:30:05.45</b>	+00:11:32 (39.3%)	5:52	10.2 (60.4%)
35	<b>BYCZKOWSKA Zenon</b>	<b>1022</b>	INDYWIDUALNIE	M50	44	00:00:49	<b>00:29:34.10</b>	<b>00:30:23.70</b>	+00:11:46 (39.8%)	5:54	10.1 (59.8%)
36	<b>JAW Pablo</b>	<b>1321</b>		M40	156	00:01:44	<b>00:29:46.70</b>	<b>00:31:31.15</b>	+00:11:58 (40.2%)	5:57	10.1 (59.8%)
37	<b>SZECÓWKA Marcin</b>	<b>215</b>		M30	195	00:01:25	<b>00:30:14.15</b>	<b>00:31:39.80</b>	+00:12:26 (41.1%)	6:02	9.9 (58.6%)
38	<b>LIEDKE Tomasz</b>	<b>179</b>	BLIŻNIAKI	M30	200	00:00:40	<b>00:30:21.95</b>	<b>00:31:02.75</b>	+00:12:33 (41.4%)	6:04	9.9 (58.6%)
39	<b>ÇIKAR Engin</b>	<b>1230</b>	GALATASARAY SK	M20	112	00:01:17	<b>00:30:56.00</b>	<b>00:32:13.50</b>	+00:13:08 (42.5%)	6:11	9.7 (57.4%)
40	<b>BIERYT Arkadiusz</b>	<b>1150</b>	POLI-FAX AGENCJA REKLAMOWA UL. BOCZNA 10	M50	58	00:01:59	<b>00:33:56.15</b>	<b>00:35:56.10</b>	+00:16:08 (47.5%)	6:47	8.8 (52.1%)

Znaleziono 40 wynik(ów)