



# BYDGOSKI BIEG URODZINOWY

B4SPORT

**Organizator:** Miasto Bydgoszcz  
**Data:** 2017-04-23  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: SM Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>MRUK Tomasz</b>	<b>34</b>	CZARNE STOPY.SM	M40	1	00:00:04	<b>00:17:11.95</b>	<b>00:17:16.90</b>		3:26	17.4 (100%)
2	<b>ŻAL Robert</b>	<b>1008</b>	JFTC	M30	1	00:00:03	<b>00:17:22.40</b>	<b>00:17:26.05</b>	+00:00:10 (1.0%)	3:28	17.3 (99.4%)
3	<b>DEROŃ Waldemar</b>	<b>337</b>	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	2	00:00:03	<b>00:17:37.40</b>	<b>00:17:40.90</b>	+00:00:25 (2.4%)	3:31	17 (97.7%)
4	<b>BATOR Michał</b>	<b>1382</b>	STRAŻ MIEJSKA TORUŃ	M20	8	00:00:02	<b>00:18:37.45</b>	<b>00:18:39.50</b>	+00:01:25 (7.7%)	3:43	16.1 (92.5%)
5	<b>MICHALCZAK Bartosz</b>	<b>1027</b>	ŚLIMAKI BARCIN	M20	11	00:00:01	<b>00:19:17.05</b>	<b>00:19:18.90</b>	+00:02:05 (10.8%)	3:51	15.6 (89.7%)
6	<b>PORAJ Maciej</b>	<b>1077</b>		M20	13	00:00:07	<b>00:19:38.20</b>	<b>00:19:45.65</b>	+00:02:26 (12.4%)	3:55	15.3 (87.9%)
7	<b>SPRYSZYŃSKI Wojciech</b>	<b>1273</b>		M30	16	00:02:02	<b>00:20:03.15</b>	<b>00:22:05.20</b>	+00:02:51 (14.2%)	4:00	15 (86.2%)
8	<b>BAZAK Cezary</b>	<b>617</b>	CDIS SZ	M50	4	00:00:32	<b>00:20:46.30</b>	<b>00:21:18.35</b>	+00:03:34 (17.2%)	4:09	14.4 (82.8%)
9	<b>SUDOŁ Jacek</b>	<b>911</b>	IPA BYDGOSZCZ	M30	33	00:00:08	<b>00:20:51.05</b>	<b>00:20:59.80</b>	+00:03:39 (17.5%)	4:10	14.4 (82.8%)
10	<b>ZIOMEK Piotr</b>	<b>1381</b>	STRAŻ MIEJSKA TORUŃ	M30	36	00:00:03	<b>00:21:04.75</b>	<b>00:21:08.70</b>	+00:03:52 (18.4%)	4:13	14.2 (81.6%)
11	<b>KLINIKOWSKI Jacek</b>	<b>107</b>	KOCHAM ŻYCIE I...	M40	20	00:00:09	<b>00:21:08.45</b>	<b>00:21:17.80</b>	+00:03:56 (18.6%)	4:13	14.2 (81.6%)
12	<b>GRECHUTA Tomasz</b>	<b>256</b>		M30	39	00:00:05	<b>00:21:12.50</b>	<b>00:21:17.60</b>	+00:04:00 (18.9%)	4:14	14.2 (81.6%)
13	<b>GACKOWSKI Szymon</b>	<b>1132</b>	SŁUŻBA WIĘZIENNA	M30	43	00:00:11	<b>00:21:27.10</b>	<b>00:21:39.00</b>	+00:04:15 (19.8%)	4:17	14 (80.5%)
14	<b>KIELA Robert</b>	<b>1055</b>	CZARNE STOPY SM	M40	28	00:00:14	<b>00:21:59.65</b>	<b>00:22:14.55</b>	+00:04:47 (21.8%)	4:24	13.6 (78.2%)
15	<b>LEWICKI Maciej</b>	<b>1183</b>	SŁUŻBA WIĘZIENNA	M40	29	00:00:34	<b>00:22:01.25</b>	<b>00:22:35.65</b>	+00:04:49 (21.9%)	4:24	13.6 (78.2%)
16	<b>BRZEZIŃSKI Sławomir</b>	<b>1164</b>	CZARNE STOPY.SM	M40	31	00:00:15	<b>00:22:01.80</b>	<b>00:22:17.30</b>	+00:04:49 (21.9%)	4:24	13.6 (78.2%)
17	<b>PAWLAK Robert</b>	<b>893</b>	IPA BYDGOSZCZ	M40	34	00:00:46	<b>00:22:09.90</b>	<b>00:22:56.45</b>	+00:04:57 (22.4%)	4:26	13.5 (77.6%)
18	<b>SZEWczykowski Grzegorz</b>	<b>1197</b>	BYDGOSKIE ŻÓŁWIE	M30	69	00:01:00	<b>00:22:55.20</b>	<b>00:23:55.85</b>	+00:05:43 (25.0%)	4:35	13.1 (75.3%)
19	<b>WALENCIAK Jarosław</b>	<b>43</b>	CZARNE STOPY.SM	M40	44	00:00:15	<b>00:23:09.60</b>	<b>00:23:24.85</b>	+00:05:57 (25.7%)	4:37	13 (74.7%)
20	<b>GRAPATYN Piotr</b>	<b>881</b>	SŁUŻBA WIĘZIENNA	M40	66	00:00:19	<b>00:24:04.55</b>	<b>00:24:23.55</b>	+00:06:52 (28.6%)	4:48	12.5 (71.8%)
21	<b>CHMIELEWSKI Ireneusz</b>	<b>65</b>	CZARNE STOPY.SM	M50	24	00:00:28	<b>00:24:40.00</b>	<b>00:25:08.90</b>	+00:07:28 (30.3%)	4:56	12.2 (70.1%)
22	<b>QUAAS Łukasz</b>	<b>117</b>	RUN PASJA	M30	135	00:00:05	<b>00:25:12.85</b>	<b>00:25:18.10</b>	+00:08:00 (31.8%)	5:02	11.9 (68.4%)
23	<b>WŁOCH Mateusz</b>	<b>1170</b>		M10	20	00:00:05	<b>00:25:38.50</b>	<b>00:25:43.65</b>	+00:08:26 (32.9%)	5:07	11.7 (67.2%)
24	<b>WIŚNIEWSKI Piotr</b>	<b>1033</b>		M20	117	00:00:59	<b>00:25:56.50</b>	<b>00:26:56.30</b>	+00:08:44 (33.7%)	5:11	11.6 (66.7%)
25	<b>RAKOWSKI Piotr</b>	<b>670</b>	ŻANDARMERIA BYDGOSKA	M60	5	00:01:30	<b>00:26:13.65</b>	<b>00:27:44.10</b>	+00:09:01 (34.4%)	5:14	11.4 (65.5%)
26	<b>CZARNECKI Dawid</b>	<b>1380</b>	STRAŻ MIEJSKA TORUŃ	M20	133	00:00:04	<b>00:27:08.45</b>	<b>00:27:13.10</b>	+00:09:56 (36.6%)	5:25	11 (63.2%)
27	<b>TARASZKA Ireneusz</b>	<b>1422</b>	JRG 1 INOWROCŁAW	M50	36	00:01:01	<b>00:27:09.80</b>	<b>00:28:10.80</b>	+00:09:57 (36.7%)	5:25	11 (63.2%)
28	<b>STASZKIEWICZ Radosław</b>	<b>77</b>	CZARNE STOPY SM	M40	107	00:00:55	<b>00:27:13.80</b>	<b>00:28:09.75</b>	+00:10:01 (36.8%)	5:26	11 (63.2%)
29	<b>NIEZBRZYCKI Janusz</b>	<b>775</b>	JA	M60	10	00:01:31	<b>00:28:49.55</b>	<b>00:30:20.65</b>	+00:11:37 (40.3%)	5:45	10.4 (59.8%)
30	<b>RÓŻYCKI Sławomir</b>	<b>1198</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	50	00:01:13	<b>00:29:09.05</b>	<b>00:30:22.40</b>	+00:11:57 (41.0%)	5:49	10.3 (59.2%)

Znaleziono 30 wynik(ów)