

BYDGOSZCZ JUMP & RUN CLASSIC

B4SPORT
INTELEGENCJA ZAWODY SPORTOWE

Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2021-08-28
Miejsce: Bydgoszcz
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	CHOJNICKI Damian	420	BORNTORUN-CHOJNICKI TEAM	Fala 1	1	1	00:21:30.80		4:18	14 (100%)
2	SKIBSKI Maciej	480		Fala 1	2	1	00:22:00.60	+00:00:29 (2.3%)	4:24	13.6 (97.1%)
3	WIŚNIEWSKI Krzysztof	565		Fala 3	1	3	00:28:18.20	+00:06:47 (24.0%)	5:39	10.6 (75.7%)
4	LACKOWSKI Piotr	516		Fala 2	1	2	00:28:21.55	+00:06:50 (24.1%)	5:40	10.6 (75.7%)
5	HAŃSKA Izabela	577		Fala 4	1	4	00:29:55.65	+00:08:24 (28.1%)	5:59	10 (71.4%)
6	KUBIŃSKA Klaudyna	448		Fala 1	3	1	00:31:15.75	+00:09:44 (31.2%)	6:15	9.6 (68.6%)
7	STUCKA Dorota	479		Fala 1	4	1	00:31:45.00	+00:10:14 (32.2%)	6:21	9.4 (67.1%)
8	MATYSIAK Przemysław	530		Fala 3	2	3	00:32:31.65	+00:11:00 (33.9%)	6:30	9.2 (65.7%)
9	LAMENTA Dawid	515		Fala 1	5	1	00:33:18.70	+00:11:47 (35.4%)	6:39	9 (64.3%)
10	SAK Joanna	432		Fala 1	6	1	00:33:48.95	+00:12:18 (36.4%)	6:45	8.9 (63.6%)
11	GIERMAZIŃSKI Marcin	566		Fala 3	3	3	00:33:50.45	+00:12:19 (36.4%)	6:46	8.9 (63.6%)
12	SZKUDLAREK Marcin	567		Fala 3	4	3	00:33:51.00	+00:12:20 (36.4%)	6:46	8.9 (63.6%)
13	CICHY Sebastian	481	STREET WORKOUT ŚWIECIE	Fala 1	7	1	00:34:13.50	+00:12:42 (37.1%)	6:50	8.8 (62.9%)
14	BIEGAŁA Agnieszka	402		Fala 1	8	1	00:34:35.70	+00:13:04 (37.8%)	6:55	8.7 (62.1%)
15	KUCZORA Kamil	405		Fala 1	9	1	00:35:18.55	+00:13:47 (39.1%)	7:03	8.5 (60.7%)
16	KORNACKI Radosław	568		Fala 3	5	3	00:35:21.35	+00:13:50 (39.2%)	7:04	8.5 (60.7%)
17	TALAR Cezary	415		Fala 1	10	1	00:35:26.80	+00:13:56 (39.3%)	7:05	8.5 (60.7%)
18	KACHAL Wojciech	531		Fala 3	6	3	00:35:38.70	+00:14:07 (39.6%)	7:07	8.4 (60.0%)
19	BAKALARZ Adam	562		Fala 3	7	3	00:36:38.40	+00:15:07 (41.3%)	7:19	8.2 (58.6%)
20	BAKALARZ Katarzyna	563		Fala 3	8	3	00:36:38.70	+00:15:07 (41.3%)	7:19	8.2 (58.6%)
21	BOM Dawid	513	DZIKI WSCHÓD	Fala 1	11	1	00:36:45.70	+00:15:14 (41.5%)	7:21	8.2 (58.6%)
22	ŻARLIŃSKA Olga	523		Fala 2	2	2	00:36:55.90	+00:15:25 (41.7%)	7:23	8.1 (57.9%)
23	MISZCZUK Małgorzata	522		Fala 2	3	2	00:36:59.10	+00:15:28 (41.8%)	7:23	8.1 (57.9%)
24	BONK Dawid	422		Fala 1	12	1	00:37:22.55	+00:15:51 (42.4%)	7:28	8 (57.1%)
25	LAMAŃCZYK Mateusz	512		Fala 1	13	1	00:37:51.50	+00:16:20 (43.2%)	7:34	7.9 (56.4%)
26	LACKOWSKI Maciej	507		Fala 2	4	2	00:38:02.05	+00:16:31 (43.4%)	7:36	7.9 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
27	MAKA Michał	466		Fala 1	14	1	00:38:26.95	+00:16:56 (44.0%)	7:41	7.8 (55.7%)
28	LATON Łukasz	491		Fala 1	15	1	00:38:30.85	+00:17:00 (44.1%)	7:42	7.8 (55.7%)
29	DOALSKA Marcelina	521		Fala 2	5	2	00:38:32.70	+00:17:01 (44.2%)	7:42	7.8 (55.7%)
30	WITKOWSKI Jakub	520		Fala 2	6	2	00:38:32.95	+00:17:02 (44.2%)	7:42	7.8 (55.7%)
31	JAKUBOWSKA Urszula	436		Fala 1	16	1	00:38:38.70	+00:17:07 (44.3%)	7:43	7.8 (55.7%)
32	ZAWADA Weronika	485		Fala 1	17	1	00:38:46.55	+00:17:15 (44.5%)	7:45	7.7 (55.0%)
33	MICHALCZYK Szymon	581		Fala 4	2	4	00:39:18.50	+00:17:47 (45.3%)	7:51	7.6 (54.3%)
34	KLAWIŃSKI Piotr	514		Fala 1	18	1	00:39:46.75	+00:18:15 (45.9%)	7:57	7.5 (53.6%)
35	WOSZCZYK Agnieszka	503		Fala 2	7	2	00:39:49.75	+00:18:18 (46.0%)	7:57	7.5 (53.6%)
36	KOLOMOYETS Alina	418		Fala 1	19	1	00:40:05.10	+00:18:34 (46.3%)	8:01	7.5 (53.6%)
37	WILMA Paweł	446		Fala 1	20	1	00:40:07.00	+00:18:36 (46.4%)	8:01	7.5 (53.6%)
38	ZANADETSKY Viktor	493		Fala 1	21	1	00:40:14.15	+00:18:43 (46.5%)	8:02	7.5 (53.6%)
39	MAZUR Dawid	511		Fala 1	22	1	00:40:18.90	+00:18:48 (46.6%)	8:03	7.4 (52.9%)
40	ŁUCZAJ Anna	510		Fala 1	23	1	00:40:19.00	+00:18:48 (46.6%)	8:03	7.4 (52.9%)
41	CISOŃ Andrzej	585		Fala 4	3	4	00:40:28.70	+00:18:57 (46.9%)	8:05	7.4 (52.9%)
42	CISOŃ Jakub	582		Fala 4	4	4	00:40:29.25	+00:18:58 (46.9%)	8:05	7.4 (52.9%)
43	CISOŃ Michał	584		Fala 4	5	4	00:40:29.45	+00:18:58 (46.9%)	8:05	7.4 (52.9%)
44	CISOŃ Kinga	583		Fala 4	6	4	00:40:52.00	+00:19:21 (47.4%)	8:10	7.3 (52.1%)
45	KORZENIOWSKA Agnieszka	401		Fala 1	24	1	00:40:56.10	+00:19:25 (47.4%)	8:11	7.3 (52.1%)
46	GRACZYK Daria	546		Fala 3	9	3	00:41:14.35	+00:19:43 (47.8%)	8:14	7.3 (52.1%)
47	CIEŚLAKIEWICZ Justyna	488		Fala 2	8	2	00:41:19.25	+00:19:48 (47.9%)	8:15	7.3 (52.1%)
48	LACKOWSKA Aleksandra	506		Fala 2	9	2	00:41:19.65	+00:19:48 (47.9%)	8:15	7.3 (52.1%)
49	CIESIELSKA Hanna	417		Fala 1	25	1	00:41:52.35	+00:20:21 (48.6%)	8:22	7.2 (51.4%)
50	KRYŚ Joanna	431		Fala 1	26	1	00:42:15.60	+00:20:44 (49.1%)	8:27	7.1 (50.7%)
51	JANOWSKI Jakub	413		Fala 1	27	1	00:42:28.85	+00:20:58 (49.4%)	8:29	7.1 (50.7%)
52	HAJDER Patryk	490		Fala 1	28	1	00:42:29.10	+00:20:58 (49.4%)	8:29	7.1 (50.7%)
53	BUROL Przemysław	578		Fala 4	7	4	00:42:32.50	+00:21:01 (49.4%)	8:30	7.1 (50.7%)
54	MATWIJ Paulina	489		Fala 1	29	1	00:42:33.20	+00:21:02 (49.4%)	8:30	7.1 (50.7%)
55	PIĄTKOWSKI Mateusz	463		Fala 1	30	1	00:42:55.00	+00:21:24 (49.9%)	8:35	7 (50.0%)
56	WOJER Marita	502		Fala 2	10	2	00:43:02.60	+00:21:31 (50.0%)	8:36	7 (50.0%)
57	ROMEL Anastazja	501		Fala 2	11	2	00:43:08.25	+00:21:37 (50.1%)	8:37	7 (50.0%)
58	BORZKIEWICZ Jakub	465		Fala 1	31	1	00:43:40.50	+00:22:09 (50.7%)	8:44	6.9 (49.3%)
59	NOWAKOWSKI Grzegorz	539		Fala 3	10	3	00:43:57.40	+00:22:26 (51.1%)	8:47	6.8 (48.6%)
60	TOMASZEWSKA Agnieszka	544		Fala 3	11	3	00:43:59.15	+00:22:28 (51.1%)	8:47	6.8 (48.6%)
61	ZIELIŃSKA Agnieszka	504	RUNNING STARS	Fala 2	12	2	00:44:03.10	+00:22:32 (51.2%)	8:48	6.8 (48.6%)
62	KUBIAK Filip	551		Fala 3	12	3	00:44:16.90	+00:22:46 (51.4%)	8:51	6.8 (48.6%)
63	GOREL Magdalena	536		Fala 3	13	3	00:44:20.40	+00:22:49 (51.5%)	8:52	6.8 (48.6%)
64	KUBACKA Edyta	527		Fala 3	14	3	00:45:20.70	+00:23:49 (52.6%)	9:04	6.6 (47.1%)
65	JASIŃSKA Dorota	526		Fala 3	15	3	00:45:21.00	+00:23:50 (52.6%)	9:04	6.6 (47.1%)
66	NAWROT Mariusz	529		Fala 3	16	3	00:45:21.05	+00:23:50 (52.6%)	9:04	6.6 (47.1%)
67	SMIDOWICZ Sławomir	525		Fala 3	17	3	00:45:21.10	+00:23:50 (52.6%)	9:04	6.6 (47.1%)
68	ŁOPATKA Bartłomiej	528		Fala 3	18	3	00:45:21.20	+00:23:50 (52.6%)	9:04	6.6 (47.1%)
69	DZIEDZIC Magdalena	442		Fala 1	32	1	00:47:12.75	+00:25:41 (54.4%)	9:26	6.4 (45.7%)
70	PATYK Tomasz	416		Fala 1	33	1	00:47:13.25	+00:25:42 (54.4%)	9:26	6.4 (45.7%)

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							5km	Różn		
71	JANAS Aleksandra	443		Fala 1	34	1	00:47:13.35	+00:25:42 (54.4%)	9:26	6.4 (45.7%)
72	JANAS Łukasz	428		Fala 1	35	1	00:47:15.50	+00:25:44 (54.5%)	9:27	6.3 (45.0%)
73	WIŚNIEWSKI Zbigniew	569		Fala 3	19	3	00:47:37.90	+00:26:07 (54.8%)	9:31	6.3 (45.0%)
74	GIZA Maciej	424		Fala 1	36	1	00:47:39.00	+00:26:08 (54.9%)	9:31	6.3 (45.0%)
75	GIZA Natalia	487		Fala 1	37	1	00:47:39.50	+00:26:08 (54.9%)	9:31	6.3 (45.0%)
76	OKULICZ Anita	452	MUDFOXES	Fala 1	38	1	00:48:01.55	+00:26:30 (55.2%)	9:36	6.2 (44.3%)
77	BRAGIEL Jakub	469		Fala 1	39	1	00:48:06.25	+00:26:35 (55.3%)	9:37	6.2 (44.3%)
78	ŻURAWSKA Magdalena	505		Fala 2	13	2	00:48:27.70	+00:26:56 (55.6%)	9:41	6.2 (44.3%)
79	NAGORZYSKI Arkadiusz	453		Fala 1	40	1	00:49:03.20	+00:27:32 (56.1%)	9:48	6.1 (43.6%)
80	NAGORZYSKA Sylwia	454		Fala 1	41	1	00:49:03.75	+00:27:32 (56.2%)	9:48	6.1 (43.6%)
81	PUDLEWSKA Paulina	404		Fala 1	42	1	00:49:04.05	+00:27:33 (56.2%)	9:48	6.1 (43.6%)
82	KELER Krzysztof	433		Fala 1	43	1	00:49:18.35	+00:27:47 (56.4%)	9:51	6.1 (43.6%)
83	KOMOROWSKA-TRACZ Iga	547		Fala 3	20	3	00:49:43.70	+00:28:12 (56.7%)	9:56	6 (42.9%)
84	SZEWS-SZYDŁOWSKA Wiktoria	548		Fala 3	21	3	00:49:43.75	+00:28:12 (56.7%)	9:56	6 (42.9%)
85	NAWROTEK Izabela	558		Fala 3	22	3	00:49:58.60	+00:28:27 (57.0%)	9:59	6 (42.9%)
85	SZULC-TRAWIŃSKA Katarzyna	559		Fala 3	22	3	00:49:58.60	+00:28:27 (57.0%)	9:59	6 (42.9%)
87	CIŻMIAN Katarzyna	429		Fala 1	44	1	00:50:16.40	+00:28:45 (57.2%)	10:03	6 (42.9%)
88	KOWALSKA Monika	430		Fala 1	45	1	00:50:16.75	+00:28:45 (57.2%)	10:03	6 (42.9%)
89	ZABEL Radosław	494		Fala 2	14	2	00:50:56.00	+00:29:25 (57.8%)	10:11	5.9 (42.1%)
90	MODLIŃSKI Sławomir	434		Fala 1	46	1	00:50:59.50	+00:29:28 (57.8%)	10:11	5.9 (42.1%)
91	ZIELEWSKA Wioletta	468		Fala 1	47	1	00:51:26.50	+00:29:55 (58.2%)	10:17	5.8 (41.4%)
92	GRZESIAK Łukasz	482		Fala 1	48	1	00:51:35.95	+00:30:05 (58.3%)	10:19	5.8 (41.4%)
93	CHMARYŃSKI Daniel	486	STREET WORKOUT ŚWIECIE	Fala 1	49	1	00:51:41.40	+00:30:10 (58.4%)	10:20	5.8 (41.4%)
94	NOCZULSKA Magdalena	570		Fala 3	24	3	00:51:46.05	+00:30:15 (58.4%)	10:21	5.8 (41.4%)
95	MAŁAK Bartosz	571		Fala 3	25	3	00:51:46.15	+00:30:15 (58.4%)	10:21	5.8 (41.4%)
96	MARZKO Agnieszka	483		Fala 1	50	1	00:51:49.30	+00:30:18 (58.5%)	10:21	5.8 (41.4%)
97	RYSZEWSKI Szymon	478		Fala 1	51	1	00:51:57.95	+00:30:27 (58.6%)	10:23	5.8 (41.4%)
98	SKÓRCZEWSKI Daniel	575		Fala 4	8	4	00:52:10.10	+00:30:39 (58.8%)	10:26	5.8 (41.4%)
99	FRĄC Patryk	576		Fala 4	9	4	00:52:10.55	+00:30:39 (58.8%)	10:26	5.8 (41.4%)
100	SOKOŁOWSKI Mateusz	573		Fala 4	10	4	00:52:10.85	+00:30:40 (58.8%)	10:26	5.8 (41.4%)
101	WILMA Patrycja	406		Fala 1	52	1	00:52:22.40	+00:30:51 (58.9%)	10:28	5.7 (40.7%)
102	ZIELIŃSKI Krzysztof	497		Fala 2	15	2	00:52:47.85	+00:31:17 (59.3%)	10:33	5.7 (40.7%)
103	KOZŁOWSKI Piotr	555		Fala 3	26	3	00:52:50.75	+00:31:19 (59.3%)	10:34	5.7 (40.7%)
104	KOZŁOWSKI Jacek	554		Fala 3	27	3	00:52:52.75	+00:31:21 (59.3%)	10:34	5.7 (40.7%)
105	WALEWSKI Andrzej	435		Fala 1	53	1	00:52:54.75	+00:31:23 (59.3%)	10:34	5.7 (40.7%)
106	GORUL Artur	535		Fala 3	28	3	00:53:18.80	+00:31:48 (59.6%)	10:39	5.6 (40.0%)
107	PRZYBYLSKI Łukasz	560		Fala 3	29	3	00:53:19.90	+00:31:49 (59.7%)	10:39	5.6 (40.0%)
108	PRZYBYLSKA Dominika	561		Fala 3	30	3	00:53:20.55	+00:31:49 (59.7%)	10:40	5.6 (40.0%)
109	BORAKI Robert	445		Fala 1	54	1	00:53:30.60	+00:31:59 (59.8%)	10:42	5.6 (40.0%)
110	CHRIN Agata	444		Fala 1	55	1	00:53:43.50	+00:32:12 (60.0%)	10:44	5.6 (40.0%)
111	WILIŃSKA Monika	579		Fala 4	11	4	00:54:10.20	+00:32:39 (60.3%)	10:50	5.5 (39.3%)
112	SYNAKIEWICZ Karol	557		Fala 3	31	3	00:54:15.75	+00:32:44 (60.4%)	10:51	5.5 (39.3%)
113	KOZŁOWSKA Kornelia	556		Fala 3	32	3	00:54:15.95	+00:32:45 (60.4%)	10:51	5.5 (39.3%)
114	WASILUK Tomasz	519		Fala 2	16	2	00:54:29.85	+00:32:59 (60.5%)	10:53	5.5 (39.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
115	KWASIK Marlena	524		Fala 2	17	2	00:54:30.25	+00:32:59 (60.5%)	10:54	5.5 (39.3%)
116	SOBIERALSKA Sandra	403		Fala 1	56	1	00:54:42.25	+00:33:11 (60.7%)	10:56	5.5 (39.3%)
117	GRACZYK Mateusz	552		Fala 3	33	3	00:54:53.00	+00:33:22 (60.8%)	10:58	5.5 (39.3%)
118	BIELEWSKI Kamil	553		Fala 3	34	3	00:54:53.35	+00:33:22 (60.8%)	10:58	5.5 (39.3%)
119	GRACZYK Marta	550		Fala 3	35	3	00:54:53.40	+00:33:22 (60.8%)	10:58	5.5 (39.3%)
120	ZIWICIA-BIELAWSKA Dominika	549		Fala 3	36	3	00:54:53.80	+00:33:23 (60.8%)	10:58	5.5 (39.3%)
121	PÓŁTORAK Szymon	426		Fala 1	57	1	00:55:28.10	+00:33:57 (61.2%)	11:05	5.4 (38.6%)
122	TOKARZ Mateusz	407		Fala 1	58	1	00:55:28.20	+00:33:57 (61.2%)	11:05	5.4 (38.6%)
123	NOWIŃSKI Jarosław	447		Fala 1	59	1	00:55:31.25	+00:34:00 (61.3%)	11:06	5.4 (38.6%)
124	FRELIK Julia	461		Fala 1	60	1	00:55:35.00	+00:34:04 (61.3%)	11:07	5.4 (38.6%)
125	WALEWICZ Piotr	509		Fala 2	18	2	00:55:50.35	+00:34:19 (61.5%)	11:10	5.4 (38.6%)
126	WALEWICZ Mirela	508		Fala 2	19	2	00:55:50.55	+00:34:19 (61.5%)	11:10	5.4 (38.6%)
127	BOCIAN Sandra	419		Fala 1	61	1	00:56:20.20	+00:34:49 (61.8%)	11:16	5.3 (37.9%)
128	MARCINIAK Katarzyna	464		Fala 1	62	1	00:56:21.85	+00:34:51 (61.8%)	11:16	5.3 (37.9%)
129	MARCINIAK Paweł	408		Fala 1	63	1	00:56:22.80	+00:34:52 (61.8%)	11:16	5.3 (37.9%)
130	IWICKA-EMPEL Monika	540	DEAF	Fala 3	37	3	00:57:38.95	+00:36:08 (62.7%)	11:31	5.2 (37.1%)
131	KERNER Dorota	537		Fala 3	38	3	00:57:40.25	+00:36:09 (62.7%)	11:32	5.2 (37.1%)
132	EMPOL Robert	543		Fala 3	39	3	00:57:40.90	+00:36:10 (62.7%)	11:32	5.2 (37.1%)
133	DAMSKA Monika	412	CIOCIE	Fala 1	64	1	00:57:57.15	+00:36:26 (62.9%)	11:35	5.2 (37.1%)
134	KRĘŻEL Kamila	440	TASW TORUŃ	Fala 1	65	1	00:58:14.75	+00:36:43 (63.1%)	11:38	5.2 (37.1%)
135	BUBSTARSKA Anita	441	TASW TORUŃ	Fala 1	66	1	00:58:15.10	+00:36:44 (63.1%)	11:39	5.2 (37.1%)
136	GIZIELSKA Joanna	437		Fala 1	67	1	00:58:15.20	+00:36:44 (63.1%)	11:39	5.2 (37.1%)
137	RUTKOWSKA Karolina	438	TASW TORUŃ	Fala 1	68	1	00:58:15.65	+00:36:44 (63.1%)	11:39	5.2 (37.1%)
138	TRZECIAK Marika	439		Fala 1	69	1	00:58:15.90	+00:36:45 (63.1%)	11:39	5.2 (37.1%)
139	ANDRYSZAK Kamil	580		Fala 4	12	4	00:58:18.15	+00:36:47 (63.1%)	11:39	5.1 (36.4%)
140	MUMIN Marcin	423		Fala 1	70	1	00:59:38.60	+00:38:07 (63.9%)	11:55	5 (35.7%)
141	TOMASZEWSKI Tomasz	564	DEAF	Fala 3	40	3	00:59:41.75	+00:38:10 (64.0%)	11:56	5 (35.7%)
142	BRONIKOWSKA Anna	545		Fala 3	41	3	00:59:42.95	+00:38:12 (64.0%)	11:56	5 (35.7%)
143	KOBYLARZ Aleksandra	534		Fala 3	42	3	00:59:52.65	+00:38:21 (64.1%)	11:58	5 (35.7%)
144	NOWACKA Katarzyna	456	MUDFOXES	Fala 1	71	1	01:00:00.45	+00:38:29 (64.1%)	12:00	5 (35.7%)
145	WALENTYN Katarzyna	532		Fala 3	43	3	01:00:04.05	+00:38:33 (64.2%)	12:00	5 (35.7%)
146	KOZŁOWSKI Krzysztof	533		Fala 3	44	3	01:00:04.15	+00:38:33 (64.2%)	12:00	5 (35.7%)
147	KOSTOŃSKA Kinga	459		Fala 1	72	1	01:00:14.05	+00:38:43 (64.3%)	12:02	5 (35.7%)
147	GRYTA Karol	462		Fala 1	72	1	01:00:14.05	+00:38:43 (64.3%)	12:02	5 (35.7%)
147	STEINBOR Krzysztof	460		Fala 1	72	1	01:00:14.05	+00:38:43 (64.3%)	12:02	5 (35.7%)
150	GOZIŃSKA Oliwia	458		Fala 1	75	1	01:00:14.10	+00:38:43 (64.3%)	12:02	5 (35.7%)
151	ZUIKOWSKA Pamela	449		Fala 1	76	1	01:00:14.20	+00:38:43 (64.3%)	12:02	5 (35.7%)
151	STRZELSKI Jarosław	484		Fala 1	76	1	01:00:14.20	+00:38:43 (64.3%)	12:02	5 (35.7%)
153	KASPRZAK Paweł	457	BŁOTNE GOŚCIE	Fala 1	78	1	01:00:14.30	+00:38:43 (64.3%)	12:02	5 (35.7%)
154	JANICKI Robert	518		Fala 1	79	1	01:00:14.60	+00:38:43 (64.3%)	12:02	5 (35.7%)
155	STRZELIŃSKA Marta	411	BŁOTNE GUŻCE	Fala 1	80	1	01:00:14.70	+00:38:43 (64.3%)	12:02	5 (35.7%)
156	PILUTKA Martyna	517	GRAŻYNA I JANUSZ	Fala 1	81	1	01:00:14.90	+00:38:44 (64.3%)	12:02	5 (35.7%)
157	PAŁASZYŃSKA Beata	450	MUDFOXES	Fala 1	82	1	01:00:35.90	+00:39:05 (64.5%)	12:07	5 (35.7%)
158	OLSZEWSKA Iwona	473		Fala 1	83	1	01:00:36.25	+00:39:05 (64.5%)	12:07	5 (35.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
159	BORKOWSKA Magdalena	476		Fala 1	84	1	01:00:37.10	+00:39:06 (64.5%)	12:07	4.9 (35.0%)
160	RUTKOWSKA Daria	474		Fala 1	85	1	01:00:37.55	+00:39:06 (64.5%)	12:07	4.9 (35.0%)
161	WESOŁOWSKA Dorota	471		Fala 1	86	1	01:00:37.70	+00:39:06 (64.5%)	12:07	4.9 (35.0%)
162	SROKA Beata	475		Fala 1	87	1	01:00:37.75	+00:39:06 (64.5%)	12:07	4.9 (35.0%)
163	GAJEK Kasia	409		Fala 1	88	1	01:00:37.85	+00:39:07 (64.5%)	12:07	4.9 (35.0%)
163	MURAWSKA Magdalena	477		Fala 1	88	1	01:00:37.85	+00:39:07 (64.5%)	12:07	4.9 (35.0%)
165	STOSIK Karolina	472		Fala 1	90	1	01:00:38.10	+00:39:07 (64.5%)	12:07	4.9 (35.0%)
166	PŁOMICHOWSKA Marta	470		Fala 1	91	1	01:00:38.35	+00:39:07 (64.5%)	12:07	4.9 (35.0%)
167	KROKOWSKA Dorota	538	DEAF	Fala 3	45	3	01:01:30.35	+00:39:59 (65.0%)	12:18	4.9 (35.0%)
167	NOWAKOWSKA Marta	541		Fala 3	45	3	01:01:30.35	+00:39:59 (65.0%)	12:18	4.9 (35.0%)
169	TOMCZYK Kamila	467		Fala 1	92	1	01:01:38.30	+00:40:07 (65.1%)	12:19	4.9 (35.0%)
170	OLESIUK Monika	455	MUDFOXES	Fala 1	93	1	01:01:38.55	+00:40:07 (65.1%)	12:19	4.9 (35.0%)
171	ŻMIJEWSKA Agata	572		Fala 4	13	4	01:03:15.20	+00:41:44 (66.0%)	12:39	4.7 (33.6%)
172	JASTRZĘBSKA Natalia	574		Fala 4	14	4	01:03:17.00	+00:41:46 (66.0%)	12:39	4.7 (33.6%)
173	KŁODOWSKA Angelika	542		Fala 3	47	3	01:05:46.50	+00:44:15 (67.3%)	13:09	4.6 (32.9%)
174	TYGIEL Jakub	492		Fala 1	94	1	01:12:41.35	+00:51:10 (70.4%)	14:32	4.1 (29.3%)
175	PAŁECKI Adam	498		Fala 2	20	2	01:17:08.00	+00:55:37 (72.1%)	15:25	3.9 (27.9%)
176	ZIELIŃSKA Marta	496	STOWARZYSZENIE KRWIODAWCÓW FARA	Fala 2	21	2	01:17:08.30	+00:55:37 (72.1%)	15:25	3.9 (27.9%)
177	BRZÓZKA Maciej	495		Fala 1	95	1	01:17:45.70	+00:56:14 (72.3%)	15:33	3.9 (27.9%)
178	CIABAŃSKI Jacek	499		Fala 2	22	2	01:18:39.50	+00:57:08 (72.6%)	15:43	3.8 (27.1%)
179	KOPAŃSKA Agnieszka	500		Fala 2	23	2	01:18:39.90	+00:57:09 (72.7%)	15:43	3.8 (27.1%)

Znaleziono 179 wynik(ów)