



# BYTÓW - "POMOC DLA KUBY - NORDIC WALKING"

B4SPORT  
INTELEKTUALNE SPORTE

**Organizator:** Klub Biegacza „Goch” Bytów  
**Data:** 2016-09-25  
**Miejsce:** Bytów  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1km	Start_All 2km	Start_All 3km	Start_All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>JUSTYNA Karpieńska</b>	<b>3</b>		Kobiety	1	00:00:11	00:08:40	00:16:38	00:24:41	00:32:44	<b>00:40:46.60</b>	<b>00:40:58.50</b>		8:09	7.4 (100%)
2	<b>ANNA Polak</b>	<b>12</b>		Kobiety	2	00:00:11	00:08:15	00:16:28	00:24:50	00:33:14	<b>00:41:55.70</b>	<b>00:42:06.70</b>	+00:01:09 (2.7%)	8:23	7.2 (97.3%)
3	<b>KATARZYNA Wilkowska-Taber</b>	<b>8</b>	ACTIVE PROSPERIA RUNNING TEAM/STO-NOGI MILANÓWEK	Kobiety	3	00:00:09	00:08:24	00:16:55	00:25:41	00:34:35	<b>00:43:10.90</b>	<b>00:43:20.65</b>	+00:02:24 (5.6%)	8:38	6.9 (93.2%)
4	<b>RYSZARD Lewandowski</b>	<b>7</b>	FORREST GUMP KOŚCIERZYNA(NIEDAMOWO)	Mężczyźni	1	00:00:11	00:08:26	00:16:54	00:25:41	00:34:35	<b>00:43:37.10</b>	<b>00:43:48.50</b>	+00:02:50 (6.5%)	8:43	6.9 (93.2%)
5	<b>IZABELA Metel</b>	<b>6</b>		Kobiety	4	00:00:12	00:08:54	00:17:48	00:26:33	00:35:23	<b>00:43:44.60</b>	<b>00:43:57.00</b>	+00:02:58 (6.8%)	8:45	6.9 (93.2%)
6	<b>MAŁGORZATA Malkiewicz</b>	<b>9</b>	AKTYWNE KOŁCZYGŁOWY	Kobiety	5	00:00:09	00:08:29	00:17:23	00:26:24	00:35:28	<b>00:44:31.50</b>	<b>00:44:41.35</b>	+00:03:44 (8.4%)	8:54	6.7 (90.5%)
7	<b>JACEK Stepień</b>	<b>16</b>		Mężczyźni	2	00:00:15	00:08:25	00:16:26	00:26:28	00:34:26	<b>00:45:32.65</b>	<b>00:45:48.30</b>	+00:04:46 (10.5%)	9:06	6.6 (89.2%)
8	<b>EWA Cichanowicz-Stepień</b>	<b>11</b>		Kobiety	6	00:00:10	00:08:29	00:17:28	00:26:33	00:35:58	<b>00:45:38.60</b>	<b>00:45:48.95</b>	+00:04:52 (10.7%)	9:07	6.6 (89.2%)
9	<b>FRANCISZEK Borzyskowski</b>	<b>10</b>		Mężczyźni	3	00:00:11	00:08:49	00:18:00	00:27:26	00:37:10	<b>00:46:45.75</b>	<b>00:46:57.05</b>	+00:05:59 (12.8%)	9:21	6.4 (86.5%)
10	<b>DOROTA Karpieńska</b>	<b>2</b>		Kobiety	7	00:00:12	00:09:05	00:18:29	00:28:15	00:38:10	<b>00:47:33.10</b>	<b>00:47:45.45</b>	+00:06:46 (14.2%)	9:30	6.3 (85.1%)
11	<b>ALICJA Dallig</b>	<b>1</b>		Kobiety	8	00:00:14	00:09:11	00:18:57	00:29:07	00:39:27	<b>00:49:58.50</b>	<b>00:50:12.75</b>	+00:09:11 (18.4%)	9:59	6 (81.1%)
12	<b>ANNA Dułak-Frymer</b>	<b>4</b>		Kobiety	9	00:00:10	00:08:52	00:19:01	00:29:11	00:39:32	<b>00:50:01.95</b>	<b>00:50:12.15</b>	+00:09:15 (18.5%)	10:00	6 (81.1%)
13	<b>NINA Czech</b>	<b>15</b>		Kobiety	10	00:00:13	00:09:21	00:19:18	00:29:39	00:40:01	<b>00:50:20.35</b>	<b>00:50:33.85</b>	+00:09:33 (19.0%)	10:04	6 (81.1%)
14	<b>MIROSŁAW Bierkus</b>	<b>5</b>	RÓŻA WIATRÓW DARŁÓWKO	Mężczyźni	4	00:00:13	00:08:37	00:16:35	00:24:39	00:32:43	<b>00:50:21.00</b>	<b>00:50:34.95</b>	+00:09:34 (19.0%)	10:04	6 (81.1%)
15	<b>SYLWIA Miot</b>	<b>14</b>		Kobiety	11	00:00:10	00:09:24	00:19:21	00:29:42	00:40:04	<b>00:50:22.80</b>	<b>00:50:33.55</b>	+00:09:36 (19.1%)	10:04	6 (81.1%)

Znaleziono 15 wynik(ów)