



C&C PARTNERS PÓLMARATON LESZNO

B4SPORT

Wydarzenie: Leszczyński Festiwal Sportu
Organizator: Stowarzyszenie „Transformersi”
Data: 2023-09-10
Miejsce: Leszno
Dystans: 21.1 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SZYMANOWSKI Krzysztof	308	#SZYMANOWSKI TEAM	M30-39	1	#SzymanowskiTeam	00:00:00	01:21:19.35	01:21:19.70		3:51	15.6 (100%)
2	MIASKOWSKI Dawid	123	#SZYMANOWSKITEAM	M40-49	1	#SzymanowskiTeam	00:00:00	01:22:17.65	01:22:17.65	+00:00:58 (1.2%)	3:53	15.4 (98.7%)
3	MUSIAŁ Tomasz	175	#SZYMANOWSKITEAM	M40-49	2	#SzymanowskiTeam	00:00:00	01:25:52.60	01:25:53.10	+00:04:33 (5.3%)	4:04	14.7 (94.2%)
4	BROWARCZYK Marcin	270		M30-39	2		00:00:03	01:28:16.40	01:28:20.05	+00:06:57 (7.9%)	4:10	14.3 (91.7%)
5	ADLER Łukasz	349	LESZ NO LIMITS RUNNERS	M30-39	3		00:00:03	01:28:47.30	01:28:50.40	+00:07:27 (8.4%)	4:12	14.3 (91.7%)
6	MERTA Zbigniew	31	RUN-TEAM RYDZYNA	M50-59	1		00:00:03	01:29:10.95	01:29:14.00	+00:07:51 (8.8%)	4:13	14.2 (91.0%)
7	KORDEK Patryk	81	WALBET TEAM	M30-39	4		00:00:06	01:30:09.30	01:30:15.30	+00:08:49 (9.8%)	4:16	14 (89.7%)
8	KONRADOWSKI Adrian	210		M30-39	5		00:00:03	01:30:50.55	01:30:53.85	+00:09:31 (10.5%)	4:18	13.9 (89.1%)
9	MARCINKOWSKI Dominik	218	AM OFFICE LESZNO	M18-29	1	AM Office Leszno	00:00:00	01:30:59.00	01:30:59.60	+00:09:39 (10.6%)	4:18	13.9 (89.1%)
10	LOREK Adam	259	BIEGAJ LESZNO	M40-49	3	#BiegajLeszno	00:00:04	01:35:32.60	01:35:36.75	+00:14:13 (14.9%)	4:31	13.3 (85.3%)
11	KRASICKI Michał	147	RUNNIN-GYM	M40-49	4		00:00:03	01:35:39.05	01:35:42.60	+00:14:19 (15.0%)	4:31	13.2 (84.6%)
12	TEOFILEWSKA Zosia	429	UKS ACHILLES LESZNO	K18-29	1		00:00:00	01:35:44.55	01:35:45.15	+00:14:25 (15.1%)	4:32	13.2 (84.6%)
13	MIKOŁAJEWICZ Damian	224	WOLSZTYNSKI KLUB BIEGOWY	M30-39	6		00:00:01	01:36:53.90	01:36:55.35	+00:15:34 (16.1%)	4:35	13.1 (84.0%)
14	MANSFELD Jarosław	12		M40-49	5	TKH Group	00:00:02	01:37:08.95	01:37:11.15	+00:15:49 (16.3%)	4:36	13 (83.3%)

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15	STAMM Daniel	251	RUN FOR FUN TEAM	M30-39	7	RUN FOR FUN TEAM	00:00:15	01:37:47.30	01:38:02.30	+00:16:27 (16.8%)	4:38	12.9 (82.7%)
16	TYSPEK Kamil	417		M30-39	8		00:00:04	01:38:10.00	01:38:14.65	+00:16:50 (17.2%)	4:39	12.9 (82.7%)
17	HAMPEL Karolina	306	SZYMANOWSKI TEAM	K18-29	2	#SzymanowskiTeam	00:00:00	01:38:14.75	01:38:15.00	+00:16:55 (17.2%)	4:39	12.9 (82.7%)
18	MAŁECKI Krzysztof	150		M18-29	2		00:00:02	01:38:22.50	01:38:24.80	+00:17:03 (17.3%)	4:39	12.9 (82.7%)
19	BŁAŻEJCZAK Tomasz	323	#BIEGAJLESZNO	M30-39	9	#BiegajLeszno	00:00:00	01:40:05.50	01:40:06.05	+00:18:46 (18.8%)	4:44	12.6 (80.8%)
20	PIECHOCKI Romuald	318	ART TEAM TEATR WIELKI POZNAŃ	M50-59	2		00:00:02	01:41:45.85	01:41:48.15	+00:20:26 (20.1%)	4:49	12.4 (79.5%)
21	WRÓBLEWSK Marcin	87		M40-49	6		00:00:09	01:42:16.70	01:42:26.05	+00:20:57 (20.5%)	4:50	12.4 (79.5%)
22	ADAMSKA Joanna	442	ALOHA TEAM	K18-29	3		00:00:03	01:42:50.40	01:42:53.80	+00:21:31 (20.9%)	4:52	12.3 (78.8%)
23	BURA Krystian	108		M30-39	10	#BiegajLeszno	00:00:04	01:42:53.70	01:42:58.15	+00:21:34 (21.0%)	4:52	12.3 (78.8%)
24	MRÓZ Mariusz	149		M30-39	11		00:00:02	01:42:59.85	01:43:02.30	+00:21:40 (21.0%)	4:52	12.3 (78.8%)
25	WASILEWSKI Sławomir	126	LEŚNA RUNDA	M40-49	7	Leśna RUNda	00:00:00	01:43:07.20	01:43:07.20	+00:21:47 (21.1%)	4:53	12.3 (78.8%)
26	WRÓBLEWSKI Patryk	86		M30-39	12		00:00:03	01:43:14.05	01:43:17.90	+00:21:54 (21.2%)	4:53	12.3 (78.8%)
27	CIESIELSKI Bogdan	118		M30-39	14	#BiegajLeszno	00:00:01	01:43:50.00	01:43:51.10	+00:22:30 (21.7%)	4:55	12.2 (78.2%)
28	KOSEK Mateusz	275	SPINKO LESZNO	M30-39	13		00:00:21	01:43:38.15	01:43:59.20	+00:22:18 (21.5%)	4:54	12.2 (78.2%)
29	RABIEGA Szczepan	93	#BIEGAJLESZNO	M40-49	8	#BiegajLeszno	00:00:00	01:44:21.40	01:44:22.10	+00:23:02 (22.1%)	4:56	12.1 (77.6%)
30	NĘDZA Łukasz	258	WERNER KENKEL SPORT TEAM	M30-39	15	WERNER KENKEL SPORT TEAM	00:00:07	01:44:17.80	01:44:25.30	+00:22:58 (22.0%)	4:56	12.1 (77.6%)
31	DOBROWICZ Piotr	307		M18-29	3		00:00:15	01:44:38.35	01:44:53.80	+00:23:19 (22.3%)	4:57	12.1 (77.6%)
32	PELEC Bartosz	362		M18-29	4		00:00:30	01:44:42.55	01:45:13.15	+00:23:23 (22.3%)	4:57	12.1 (77.6%)
33	RYCHARSKI Konrad	124	LEŚNA RUNDA	M30-39	16	Leśna RUNda	00:00:32	01:44:53.40	01:45:25.40	+00:23:34 (22.5%)	4:58	12.1 (77.6%)
34	SZYMKOWIAK Norbert	358		M18-29	5		00:00:32	01:45:39.20	01:46:11.25	+00:24:19 (23.0%)	5:00	12 (76.9%)
35	ŻUREK Damian	319	SPINKO LESZNO	M40-49	10		00:00:00	01:46:21.60	01:46:21.60	+00:25:02 (23.5%)	5:02	11.9 (76.3%)
36	NOWAK Szymon	25		M40-49	9		00:00:30	01:45:56.20	01:46:26.20	+00:24:36 (23.2%)	5:01	12 (76.9%)
37	WOSIEK Konrad	138		M40-49	11		00:00:06	01:46:31.05	01:46:37.95	+00:25:11 (23.7%)	5:02	11.9 (76.3%)

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38	BŁASZYK Arkadiusz	298		M18-29	6		00:00:09	01:46:39.90	01:46:49.00	+00:25:20 (23.8%)	5:03	11.9 (76.3%)
39	SZKARDEK Łukasz	75		M30-39	17		00:00:06	01:46:45.70	01:46:52.00	+00:25:26 (23.8%)	5:03	11.9 (76.3%)
40	GIRTLER Tomasz	297		M40-49	12		00:00:12	01:46:41.25	01:46:53.25	+00:25:21 (23.8%)	5:03	11.9 (76.3%)
41	NOWIŃSKI Rafał	170	ENDORFINA WSCHOWA	M40-49	14	Endorfina Wschowa	00:00:05	01:47:15.20	01:47:20.60	+00:25:55 (24.2%)	5:04	11.8 (75.6%)
42	WINKLER Wiktor	261	BRAK	M40-49	13		00:00:29	01:47:08.40	01:47:38.10	+00:25:49 (24.1%)	5:04	11.8 (75.6%)
43	NĘDZA Sebastian	256	WERNER KENKEL SPORT TEAM	M30-39	18	WERNER KENKEL SPORT TEAM	00:00:06	01:47:43.65	01:47:49.75	+00:26:24 (24.5%)	5:06	11.8 (75.6%)
44	WALKOWIAK Dominika	70	#BIEGAJLESZNO	K30-39	1	#BiegajLeszno	00:00:05	01:48:01.20	01:48:06.35	+00:26:41 (24.7%)	5:07	11.7 (75.0%)
45	JESKE Przemysław	199		M40-49	15		00:00:07	01:48:10.30	01:48:17.60	+00:26:50 (24.8%)	5:07	11.7 (75.0%)
46	PAWLIK Piotr	141	ENEA TEAM	M30-39	19		00:00:21	01:48:05.50	01:48:27.15	+00:26:46 (24.8%)	5:07	11.7 (75.0%)
47	SZKUDLARCZYK Szymon	315		M18-29	7		00:00:05	01:48:29.55	01:48:34.60	+00:27:10 (25.0%)	5:08	11.7 (75.0%)
48	PAWLISIAK Karol	367	#ZOMBIEHUNTERS	M18-29	8		00:00:13	01:48:31.30	01:48:44.80	+00:27:11 (25.1%)	5:08	11.7 (75.0%)
49	WOJCIECHOWSKI Rafał	10		M40-49	16	TKH Group	00:00:14	01:48:37.75	01:48:51.80	+00:27:18 (25.1%)	5:08	11.7 (75.0%)
50	BŁACHOWIAK Mariusz	326	AMBIT RACING TEAM/MARATON LESZNO	M50-59	3		00:00:08	01:49:19.40	01:49:27.85	+00:28:00 (25.6%)	5:10	11.6 (74.4%)
51	NOWACKA Marlena	353		K40-49	1		00:00:01	01:49:29.15	01:49:30.55	+00:28:09 (25.7%)	5:11	11.6 (74.4%)
52	RATAJCZAK Mateusz	46	MFS	M40-49	17		00:00:03	01:49:46.35	01:49:49.40	+00:28:27 (25.9%)	5:12	11.5 (73.7%)
53	RODZIEWICZ Kajetan	303	CIAŁO WYTRZYMA	M18-29	9		00:00:02	01:49:52.30	01:49:54.90	+00:28:32 (26.0%)	5:12	11.5 (73.7%)
54	BRZozowski Artur	263		M18-29	10		00:00:29	01:50:28.10	01:50:57.50	+00:29:08 (26.4%)	5:14	11.5 (73.7%)
55	BŁACH Dawid	265		M18-29	11		00:00:22	01:50:38.30	01:51:00.90	+00:29:18 (26.5%)	5:14	11.4 (73.1%)
56	CHUDY Ariel	37	RUN TEAM RYDZYNA	M40-49	18		00:00:11	01:50:47.50	01:50:59.10	+00:29:28 (26.6%)	5:15	11.4 (73.1%)
57	GRAF Remigiusz	192	TURBO RUN LESZNO	M50-59	4		00:00:04	01:51:03.15	01:51:07.75	+00:29:43 (26.8%)	5:15	11.4 (73.1%)
58	JANOWICZ ORZAŁKIEWICZ Agnieszka	316	COFIT19 DOMINTEAM	K40-49	2		00:00:14	01:51:15.65	01:51:29.90	+00:29:56 (26.9%)	5:16	11.4 (73.1%)
59	GABRYŚ Jakub	310		M18-29	12		00:00:25	01:51:19.35	01:51:44.45	+00:30:00 (26.9%)	5:16	11.4 (73.1%)
60	FIEBIG Stefan	144	WWW.FIEBIG.PL	M50-59	5		00:00:06	01:51:21.75	01:51:28.10	+00:30:02 (27.0%)	5:16	11.4 (73.1%)

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61	JĘSIEK Aleksander	169	CIESIÓŁKA TEAM / MARATON LESZNO	M60-69	1		00:00:07	01:51:36.55	01:51:44.35	+00:30:17 (27.1%)	5:17	11.3 (72.4%)
62	KACZMAREK Jacek	312	GALIBIER BIKEFUN	M40-49	19		00:00:15	01:51:36.95	01:51:52.50	+00:30:17 (27.1%)	5:17	11.3 (72.4%)
63	MATYSIAK Piotr	203	MORSY GMINY I MIASTA STAWISZYN	M30-39	20		00:00:18	01:51:39.50	01:51:58.10	+00:30:20 (27.2%)	5:17	11.3 (72.4%)
64	JÓZEFIAK Tomasz	340		M30-39	21	TKH Group	00:00:10	01:51:49.60	01:52:00.25	+00:30:30 (27.3%)	5:17	11.3 (72.4%)
65	RODZIEWICZ Igor	304	CIAŁO WYTRZYMA	M18-29	13		00:00:02	01:51:55.80	01:51:58.50	+00:30:36 (27.3%)	5:18	11.3 (72.4%)
66	WILK Dawid	360		M18-29	14		00:00:20	01:52:02.30	01:52:22.55	+00:30:42 (27.4%)	5:18	11.3 (72.4%)
67	SENFLEBEN Marek	190	TEB EDUKACJA	M30-39	22	TEB EDUKACJA	00:00:13	01:52:03.95	01:52:17.75	+00:30:44 (27.4%)	5:18	11.3 (72.4%)
68	STACHOWIAK Mateusz	198		M18-29	15		00:00:30	01:52:04.35	01:52:35.10	+00:30:45 (27.4%)	5:18	11.3 (72.4%)
69	STROIŃSKI Wojciech	14		M40-49	20	TKH Group	00:00:13	01:52:17.75	01:52:30.75	+00:30:58 (27.6%)	5:19	11.3 (72.4%)
70	RAZIK Tadeusz	234	-	M70+	1		00:00:12	01:52:19.50	01:52:31.60	+00:31:00 (27.6%)	5:19	11.3 (72.4%)
71	KOSMOWSKI Wiesław	189	TEB EDUKACJA	M30-39	23	TEB EDUKACJA	00:00:13	01:52:22.30	01:52:35.50	+00:31:02 (27.6%)	5:19	11.3 (72.4%)
72	SIKORA Piotr	331	SPEED FEET'16	M40-49	21		00:00:19	01:52:29.10	01:52:49.00	+00:31:09 (27.7%)	5:19	11.3 (72.4%)
73	LASIK Bartłomiej	208		M30-39	24		00:00:21	01:52:32.25	01:52:54.20	+00:31:12 (27.7%)	5:20	11.3 (72.4%)
74	DERLATKO Marek	209		M40-49	22		00:00:21	01:52:33.25	01:52:54.35	+00:31:13 (27.7%)	5:20	11.2 (71.8%)
75	KAJDAS Małgorzata	266		K40-49	3		00:00:04	01:52:40.30	01:52:44.45	+00:31:20 (27.8%)	5:20	11.2 (71.8%)
76	POLASZEK Tomasz	112	SGB GRONOWO	M40-49	23		00:00:11	01:52:50.20	01:53:01.40	+00:31:30 (27.9%)	5:20	11.2 (71.8%)
77	TÓRZ Krzysztof	161		M40-49	24		00:00:03	01:52:59.50	01:53:02.55	+00:31:40 (28.0%)	5:21	11.2 (71.8%)
78	RÓZGA Jarosław	292		M30-39	25		00:00:18	01:53:16.35	01:53:34.65	+00:31:57 (28.2%)	5:22	11.2 (71.8%)
79	SOBAŃSKI Filip	291		M18-29	16		00:00:30	01:53:26.35	01:53:56.80	+00:32:07 (28.3%)	5:22	11.2 (71.8%)
80	JANOWICZ Marek	347		M40-49	25	TKH Group	00:00:07	01:53:35.85	01:53:43.45	+00:32:16 (28.4%)	5:22	11.1 (71.2%)
81	SKRZYPCZAK Dariusz	272		M30-39	26		00:00:21	01:54:08.25	01:54:29.95	+00:32:48 (28.8%)	5:24	11.1 (71.2%)
82	PIOTROWIAK Tomasz	322	ENTOPI	M30-39	27		00:00:21	01:54:12.60	01:54:34.55	+00:32:53 (28.8%)	5:24	11.1 (71.2%)
83	GRYPCZYŃSKI Przemysław	55		M50-59	6		00:00:18	01:54:25.05	01:54:43.10	+00:33:05 (28.9%)	5:25	11.1 (71.2%)

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84	DRATWA Damian	359	ART FITNESS KOŚCIAN	M40-49	26		00:00:19	01:54:41.85	01:55:01.30	+00:33:22 (29.1%)	5:26	11 (70.5%)
85	ŻYTO Karol	134		M30-39	28		00:00:02	01:54:44.95	01:54:47.55	+00:33:25 (29.1%)	5:26	11 (70.5%)
86	STRÓŻYCKI Maksymilian	122		M18-29	17		00:00:20	01:54:48.85	01:55:09.65	+00:33:29 (29.2%)	5:26	11 (70.5%)
87	FEDOROWICZ Dariusz	60		M30-39	29		00:00:17	01:54:58.40	01:55:16.30	+00:33:39 (29.3%)	5:26	11 (70.5%)
88	GIEŁDA Agnieszka	296	SPINKO LESZNO	K40-49	4		00:00:21	01:54:58.65	01:55:19.70	+00:33:39 (29.3%)	5:26	11 (70.5%)
89	WOŚ Łukasz	328	WOLSZTYŃSKA AKADEMIA BIEGOWA	M40-49	27		00:00:00	01:55:10.80	01:55:10.80	+00:33:51 (29.4%)	5:27	11 (70.5%)
90	NADOLNY Arkadiusz	188		M30-39	30		00:00:28	01:55:13.35	01:55:42.30	+00:33:54 (29.4%)	5:27	11 (70.5%)
91	KARAŚ Sławomir	432	RUN FOR FUN	M40-49	28		00:00:17	01:55:36.65	01:55:54.35	+00:34:17 (29.7%)	5:28	11 (70.5%)
92	MICHALSKI Mateusz	27		M18-29	18		00:00:20	01:55:43.00	01:56:03.80	+00:34:23 (29.7%)	5:29	10.9 (69.9%)
93	ROICHUK Mykola	83	BIKE RAWICZ	M18-29	19		00:00:22	01:56:22.95	01:56:45.15	+00:35:03 (30.1%)	5:30	10.9 (69.9%)
94	RYCHARSKA Sylwia	121	LEŚNA RUNDA	K30-39	2	Leśna RUNda	00:00:31	01:56:29.55	01:57:01.45	+00:35:10 (30.2%)	5:31	10.9 (69.9%)
95	KUIK Anna	173	MIASTO LESZNO	K18-29	4		00:00:22	01:56:44.80	01:57:07.70	+00:35:25 (30.3%)	5:31	10.8 (69.2%)
96	MAJCHRZAK Piotr	348		M18-29	20		00:00:05	01:57:01.15	01:57:06.25	+00:35:41 (30.5%)	5:32	10.8 (69.2%)
97	WIATROWSKI Mateusz	212		M18-29	21		00:00:05	01:57:01.95	01:57:07.65	+00:35:42 (30.5%)	5:32	10.8 (69.2%)
98	RABIEGA Wiktoria	94	UKS ACHILLES LESZNO	K18-29	5	UKS Achilles Leszno	00:00:01	01:57:05.90	01:57:07.00	+00:35:46 (30.6%)	5:32	10.8 (69.2%)
99	KACZMAREK Mateusz	20	#BIEGAJLESZNO	M40-49	29	#BiegajLeszno	00:00:05	01:57:28.65	01:57:34.15	+00:36:09 (30.8%)	5:34	10.8 (69.2%)
100	SAJNÓG Leszek	165	#BIEGAJLESZNO	M40-49	30		00:00:04	01:57:29.40	01:57:34.35	+00:36:10 (30.8%)	5:34	10.8 (69.2%)
101	KNAFLEWSKI Krystian	26	RUN TEAM RYDZYNA	M40-49	31		00:00:07	01:57:31.70	01:57:39.65	+00:36:12 (30.8%)	5:34	10.8 (69.2%)
102	KOZAL Sebastian	268		M18-29	22		00:00:10	01:57:35.20	01:57:46.10	+00:36:15 (30.8%)	5:34	10.8 (69.2%)
103	JANOWICZ Kamil	255	RUN FOR FUN TEAM	M18-29	23	RUN FOR FUN TEAM	00:00:19	01:57:59.30	01:58:18.65	+00:36:39 (31.1%)	5:35	10.7 (68.6%)
104	SOBIESZCZAŃSKA Mirosława	89	RAMIRENT	K30-39	3	RAMIRENT	00:00:17	01:58:11.90	01:58:29.65	+00:36:52 (31.2%)	5:36	10.7 (68.6%)
105	OLEJNICZAK Piotr	220	AM OFFICE LESZNO	M40-49	32	AM Office Leszno	00:00:05	01:58:55.50	01:59:01.35	+00:37:36 (31.6%)	5:38	10.6 (67.9%)
106	JANKOWIAK Przemysław	249		M50-59	7	Chłodnia Misiorny TEAM	00:00:08	01:58:59.85	01:59:07.85	+00:37:40 (31.7%)	5:38	10.6 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
107	JANOWICZ Artur	254	RUN FOR FUN TEAM	M30-39	31	RUN FOR FUN TEAM	00:00:20	01:59:20.45	01:59:40.50	+00:38:01 (31.9%)	5:39	10.6 (67.9%)
108	STAMM Waldemar	252	RUN FOR FUN TEAM	M50-59	8	RUN FOR FUN TEAM	00:00:22	01:59:22.35	01:59:45.15	+00:38:03 (31.9%)	5:39	10.6 (67.9%)
109	CHODZIŃSKI Rafał	233		M50-59	9		00:00:14	01:59:26.50	01:59:40.75	+00:38:07 (31.9%)	5:39	10.6 (67.9%)
110	GALON Maciej	262		M40-49	33		00:00:29	01:59:57.05	02:00:26.90	+00:38:37 (32.2%)	5:41	10.6 (67.9%)
111	POLOWCZYK Łukasz	98		M30-39	32		00:00:26	02:00:12.10	02:00:38.70	+00:38:52 (32.3%)	5:41	10.5 (67.3%)
112	JANKOWIAK Łukasz	174		M30-39	33		00:00:14	02:00:17.30	02:00:31.30	+00:38:57 (32.4%)	5:42	10.5 (67.3%)
113	SIEBNER Dawid	4		M40-49	34	TKH Group	00:00:18	02:00:31.70	02:00:49.90	+00:39:12 (32.5%)	5:42	10.5 (67.3%)
114	URBAŃCZAK Szymon	361	DOBICONNECT	M40-49	35		00:00:03	02:00:40.85	02:00:44.40	+00:39:21 (32.6%)	5:43	10.5 (67.3%)
115	BAJON Agnieszka	351	SZOGUNY KRZYCKO WIELKIE	K30-39	4		00:00:01	02:00:57.10	02:00:58.60	+00:39:37 (32.8%)	5:43	10.5 (67.3%)
116	JÓSKA Łukasz	281	LESZNO SPINKO	M40-49	36		00:00:21	02:01:05.10	02:01:26.50	+00:39:45 (32.8%)	5:44	10.5 (67.3%)
117	RATAJCZAK Małgorzata	320		K40-49	5		00:00:22	02:01:29.60	02:01:52.40	+00:40:10 (33.1%)	5:45	10.4 (66.7%)
118		450-2					00:00:02	02:01:29.80	02:01:32.60	+00:40:10 (33.1%)	5:45	10.4 (66.7%)
119	SZYMKOWIAK Dominik	61		M40-49	37		00:00:08	02:01:35.15	02:01:44.05	+00:40:15 (33.1%)	5:45	10.4 (66.7%)
120	KASPRZAK Joanna	154		K30-39	5	Robert Meble	00:00:08	02:01:46.80	02:01:55.30	+00:40:27 (33.2%)	5:46	10.4 (66.7%)
121	SKAŁECKI Grzegorz	440	TGV CLUB KOŚCIAN	M40-49	38		00:00:21	02:01:54.30	02:02:15.90	+00:40:34 (33.3%)	5:46	10.4 (66.7%)
122	SZCZEPANIAK Marcin	215	AM OFFICE LESZNO	M40-49	39	AM Office Leszno	00:00:12	02:01:55.75	02:02:08.45	+00:40:36 (33.3%)	5:46	10.4 (66.7%)
123	PODLIPNY Dennis	301	CIAŁO WYTRZYMA	M18-29	24		00:00:02	02:01:56.25	02:01:58.40	+00:40:36 (33.3%)	5:46	10.4 (66.7%)
124	TURBAŃSKA Beata	321	#BIEGAJLESZNO	K40-49	6	#BiegajLeszno	00:00:01	02:02:23.40	02:02:25.20	+00:41:04 (33.6%)	5:48	10.3 (66.0%)
125	BAKSALARY Lidia	295	#BIEGAJLESZNO	K50-59	1		00:00:04	02:02:26.70	02:02:31.15	+00:41:07 (33.6%)	5:48	10.3 (66.0%)
126	JANIAK Monika	67		K40-49	7		00:00:04	02:02:30.85	02:02:35.50	+00:41:11 (33.6%)	5:48	10.3 (66.0%)
127	SZYMAŃSKI Karol	196		M40-49	40		00:00:16	02:02:36.65	02:02:52.70	+00:41:17 (33.7%)	5:48	10.3 (66.0%)
128	JUSKOWIAK Maciej	283	MACIIBIKERUN	M18-29	25		00:00:30	02:02:37.80	02:03:08.45	+00:41:18 (33.7%)	5:48	10.3 (66.0%)
129	RYBIŃSKI Jakub	346		M30-39	34	TKH Group	00:00:05	02:02:39.95	02:02:45.40	+00:41:20 (33.7%)	5:48	10.3 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
130	ORZEŁ Marcin	130	AM OFFICE LESZNO	M40-49	41	AM Office Leszno	00:00:13	02:03:32.70	02:03:46.20	+00:42:13 (34.2%)	5:51	10.2 (65.4%)
131	MANEL Mariusz	80	DRUŻYNA SZPIKU	M50-59	10		00:00:12	02:03:42.45	02:03:55.30	+00:42:23 (34.3%)	5:51	10.2 (65.4%)
132	RABIEGA Monika	92	#BIEGAJLESZNO	K40-49	8	#BiegajLeszno	00:00:00	02:03:52.00	02:03:52.20	+00:42:32 (34.3%)	5:52	10.2 (65.4%)
133	GABRYSZ Mikołaj	205		M30-39	35		00:00:32	02:04:20.50	02:04:53.25	+00:43:01 (34.6%)	5:53	10.2 (65.4%)
134	BLACHNIEREK Krystian	299		M30-39	36		00:00:28	02:04:26.75	02:04:55.40	+00:43:07 (34.7%)	5:53	10.2 (65.4%)
135	DWORNICZAK Patryk	271	RUN TEAM RYDZYNA	M30-39	37	Run Team Rydzyna	00:00:10	02:04:29.65	02:04:40.35	+00:43:10 (34.7%)	5:53	10.2 (65.4%)
136	WASIOŁKA Bartosz	336		M18-29	26	TKH Group	00:00:26	02:04:44.90	02:05:11.50	+00:43:25 (34.8%)	5:54	10.1 (64.7%)
137	CYBULSKI Piotr	50		M40-49	42		00:00:33	02:04:45.40	02:05:18.60	+00:43:26 (34.8%)	5:54	10.1 (64.7%)
138	MIGDAŁEK Artur	313	SZOGUNY KRZYCKO WIELKIE	M30-39	38		00:00:06	02:04:46.85	02:04:53.15	+00:43:27 (34.8%)	5:54	10.1 (64.7%)
139	KACZMAREK -HOJZLER Sylwia	330		K40-49	9		00:00:06	02:05:02.40	02:05:09.10	+00:43:43 (35.0%)	5:55	10.1 (64.7%)
140	KUBIŚ Andrzej	279	RUN TEAM RYDZYNA	M60-69	2	Run Team Rydzyna	00:00:09	02:05:09.25	02:05:18.90	+00:43:49 (35.0%)	5:55	10.1 (64.7%)
141	DOPIERA Damian	2		M40-49	43	TKH Group	00:00:15	02:05:11.10	02:05:26.85	+00:43:51 (35.0%)	5:55	10.1 (64.7%)
142	MUSZYŃSKI Paweł	227	ZALASEWO ZAIWANIA	M40-49	44		00:00:25	02:05:19.70	02:05:45.65	+00:44:00 (35.1%)	5:56	10.1 (64.7%)
143	KAŻMIERCZAK Anna	177	#BIEGAJLESZNO	K40-49	10	#BiegajLeszno	00:00:11	02:05:28.70	02:05:40.55	+00:44:09 (35.2%)	5:56	10.1 (64.7%)
144	ŁAWECKI Bartosz	159		M18-29	27		00:00:22	02:05:35.70	02:05:57.70	+00:44:16 (35.3%)	5:57	10.1 (64.7%)
145	DANIELCZYK Maria	38		K30-39	6		00:00:19	02:05:44.80	02:06:04.55	+00:44:25 (35.3%)	5:57	10.1 (64.7%)
146	KRZYSZCZUK-SIBILA Agnieszka	166		K40-49	11		00:00:14	02:06:41.20	02:06:55.75	+00:45:21 (35.8%)	6:00	10 (64.1%)
147	KOZŁOWSKI Tomasz	143	LESZNO LIMITS RUNNERS	M50-59	11		00:00:07	02:06:56.30	02:07:04.10	+00:45:36 (35.9%)	6:00	10 (64.1%)
148	BIELECKI Robert	131		M50-59	12		00:00:32	02:07:09.65	02:07:42.25	+00:45:50 (36.0%)	6:01	10 (64.1%)
149	KUPCZYK Michał	76	WALBET TEAM	M30-39	39		00:00:33	02:07:12.75	02:07:46.40	+00:45:53 (36.1%)	6:01	10 (64.1%)
150	WUJCZAK Bartosz	17		M30-39	40		00:00:03	02:07:16.80	02:07:20.50	+00:45:57 (36.1%)	6:01	9.9 (63.5%)
151	MUSZYŃSKI Tomasz	47		M50-59	13		00:00:26	02:07:18.00	02:07:44.55	+00:45:58 (36.1%)	6:01	9.9 (63.5%)
152	POMYKAŁA Michał	305		M18-29	28		00:00:23	02:07:46.80	02:08:10.55	+00:46:27 (36.4%)	6:03	9.9 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
153	DUTKIEWICZ Krystian	152		M40-49	45	Robert Meble	00:00:12	02:07:58.00	02:08:10.10	+00:46:38 (36.5%)	6:03	9.9 (63.5%)
154	WOJTASIK Sylwia	201	NOWOSOLSKA GRUPA BIEGOWA	K40-49	12		00:00:16	02:08:05.45	02:08:22.15	+00:46:46 (36.5%)	6:04	9.9 (63.5%)
155	WASIOŁKA Szymon	289	ORZEŁ LIPNO	M30-39	41		00:00:25	02:08:09.65	02:08:35.00	+00:46:50 (36.5%)	6:04	9.9 (63.5%)
156	PISZCZYGŁOWA Robert	194	NO MERCY	M40-49	46		00:00:28	02:08:55.45	02:09:24.20	+00:47:36 (36.9%)	6:06	9.8 (62.8%)
157	KOWALSKI Jarosław	160	3:33 TEAM	M50-59	14		00:00:24	02:09:08.70	02:09:32.80	+00:47:49 (37.0%)	6:07	9.8 (62.8%)
158	BAUM Tomasz	101		M30-39	42		00:00:23	02:09:19.20	02:09:43.00	+00:47:59 (37.1%)	6:07	9.8 (62.8%)
159	JANUSZKIEWICZ Dariusz	79		M40-49	47		00:00:13	02:09:48.05	02:10:01.40	+00:48:28 (37.3%)	6:09	9.8 (62.8%)
160	SZAJERKA Tomasz	115		M40-49	48		00:00:10	02:09:50.50	02:10:01.45	+00:48:31 (37.4%)	6:09	9.8 (62.8%)
161	MISIAK Krzysztof	36		M60-69	3		00:00:21	02:09:51.45	02:10:12.80	+00:48:32 (37.4%)	6:09	9.7 (62.2%)
162	KORZENIOWSKI Krzysztof	204	OKNADRZWIFASADY.PL	M40-49	49		00:00:32	02:09:53.80	02:10:25.85	+00:48:34 (37.4%)	6:09	9.7 (62.2%)
163	KAPSA Dawid	344		M30-39	43	TKH Group	00:00:24	02:09:56.45	02:10:20.50	+00:48:37 (37.4%)	6:09	9.7 (62.2%)
164	OSOWSKI Dawid	13		M18-29	29	TKH Group	00:00:17	02:09:56.50	02:10:13.55	+00:48:37 (37.4%)	6:09	9.7 (62.2%)
165	KUŹNIAK Szymon	142		M30-39	44		00:00:29	02:10:04.30	02:10:34.05	+00:48:44 (37.5%)	6:09	9.7 (62.2%)
166	PRZYWARCZAK-OLEJNIK Arleta	117		K30-39	7		00:00:28	02:10:06.30	02:10:34.95	+00:48:46 (37.5%)	6:09	9.7 (62.2%)
167	WAJDA Grzegorz	164		M18-29	30		00:00:00	02:10:10.45	02:10:11.25	+00:48:51 (37.5%)	6:10	9.7 (62.2%)
168	RUTA Robert	238		M30-39	45		00:00:08	02:10:10.75	02:10:19.25	+00:48:51 (37.5%)	6:10	9.7 (62.2%)
169	MACIUK Krzysztof	39	ACTIVE LIFESTYLE	M30-39	46		00:00:12	02:10:58.45	02:11:10.75	+00:49:39 (37.9%)	6:12	9.7 (62.2%)
170	KOWAL Dawid	217	AM OFFICE LESZNO	M18-29	31	AM Office Leszno	00:00:14	02:11:25.30	02:11:40.05	+00:50:05 (38.1%)	6:13	9.6 (61.5%)
171	KOWAL Ireneusz	216	AM OFFICE LESZNO	M40-49	50	AM Office Leszno	00:00:14	02:11:25.40	02:11:39.85	+00:50:06 (38.1%)	6:13	9.6 (61.5%)
172	PACHOLSKI Bernard	168	RUN TEAM RYDZYNA	M40-49	51		00:00:12	02:11:29.00	02:11:41.60	+00:50:09 (38.1%)	6:13	9.6 (61.5%)
173	NAPIERKOWSKI Patryk	332		M18-29	32		00:00:29	02:11:32.75	02:12:02.45	+00:50:13 (38.2%)	6:14	9.6 (61.5%)
174	MROZEK Natalia	58		K30-39	8		00:00:06	02:11:38.70	02:11:45.00	+00:50:19 (38.2%)	6:14	9.6 (61.5%)
175	SŁOWEK Bartłomiej	350	PRZYCHODNIA WETERYNARYJNA ZWIERZAK	M40-49	52		00:00:34	02:11:40.90	02:12:15.65	+00:50:21 (38.2%)	6:14	9.6 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
176	KOTLARCZYK Marek	288		M50-59	15		00:00:29	02:11:59.20	02:12:28.75	+00:50:39 (38.4%)	6:15	9.6 (61.5%)
177	KUCHARCZYK Łukasz	356		M30-39	47		00:00:08	02:13:00.95	02:13:09.40	+00:51:41 (38.9%)	6:18	9.5 (60.9%)
178	MAZUREK Wojciech	269		M30-39	48		00:00:12	02:13:29.45	02:13:41.95	+00:52:10 (39.1%)	6:19	9.5 (60.9%)
179	PRZYMENCKI Maciej	333		M18-29	33		00:00:20	02:13:30.35	02:13:51.00	+00:52:11 (39.1%)	6:19	9.5 (60.9%)
180	ŁUPICKI Andrzej Marek	69	OSIECZNA BIEGA	M50-59	16		00:00:24	02:13:32.65	02:13:57.35	+00:52:13 (39.1%)	6:19	9.5 (60.9%)
181	GĄD Mikołaj	30	NIERUCHOMOŚCI GĄD	M18-29	34		00:00:22	02:13:39.45	02:14:02.35	+00:52:20 (39.2%)	6:20	9.5 (60.9%)
182	JARCZEWSKI Łukasz	116		M30-39	49		00:00:08	02:13:41.85	02:13:50.60	+00:52:22 (39.2%)	6:20	9.5 (60.9%)
183	FAJFER Aleksander	96	RUN TEAM RYDZYNA	M18-29	35		00:00:14	02:13:59.10	02:14:13.85	+00:52:39 (39.3%)	6:20	9.4 (60.3%)
184	MUSIELAK Mariusz	369	HUSARIA RACE TEAM	M40-49	53		00:00:25	02:14:06.75	02:14:31.85	+00:52:47 (39.4%)	6:21	9.4 (60.3%)
185	DUDZIŃSKA Małgorzata	223		K50-59	2		00:00:33	02:14:26.60	02:15:00.30	+00:53:07 (39.5%)	6:22	9.4 (60.3%)
186	CZERNAK Krzysztof	267		M18-29	36		00:00:04	02:14:31.65	02:14:35.70	+00:53:12 (39.5%)	6:22	9.4 (60.3%)
187	KASPRZAK Adam	156		M30-39	50	Robert Meble	00:00:20	02:14:36.00	02:14:56.70	+00:53:16 (39.6%)	6:22	9.4 (60.3%)
188	SKIBA Dawid	157		M18-29	37	Robert Meble	00:00:20	02:14:36.25	02:14:56.95	+00:53:16 (39.6%)	6:22	9.4 (60.3%)
189	HOFFMANN Wiola	22	DOMIN TEAM	K30-39	9		00:00:25	02:14:45.15	02:15:10.30	+00:53:25 (39.7%)	6:23	9.4 (60.3%)
190	MICHAŁOWICZ Tomasz	140		M40-49	54		00:00:00	02:14:52.05	02:14:52.05	+00:53:32 (39.7%)	6:23	9.4 (60.3%)
191	OWCZARCZYK Bogumił	90		M50-59	17		00:00:09	02:15:01.80	02:15:11.45	+00:53:42 (39.8%)	6:23	9.4 (60.3%)
192	GIDASZEWSKA Jolanta	23	SĄSIEDZKA GRUPA BIEGOWA GRONOWO	K40-49	13		00:00:11	02:15:21.00	02:15:32.00	+00:54:01 (39.9%)	6:24	9.4 (60.3%)
192	STRZELCZYK Paulina	236		K30-39	10		00:00:11	02:15:21.00	02:15:32.10	+00:54:01 (39.9%)	6:24	9.4 (60.3%)
194	KSIUK Jarosław	132		M50-59	18		00:00:33	02:15:43.45	02:16:16.95	+00:54:24 (40.1%)	6:25	9.3 (59.6%)
195	LALA Katarzyna	248	CHŁODNIA MISIORNY TEAM	K40-49	14	Chłodnia Misiorny TEAM	00:00:13	02:16:00.55	02:16:14.20	+00:54:41 (40.2%)	6:26	9.3 (59.6%)
196	POPIELA Sebastian	16	OPTYK BARTKOWIAK TEAM	M30-39	51		00:00:24	02:16:25.05	02:16:49.60	+00:55:05 (40.4%)	6:27	9.3 (59.6%)
197	DEMBOWY Dominik	339		M30-39	52	TKH Group	00:00:22	02:17:38.35	02:18:01.30	+00:56:19 (40.9%)	6:31	9.2 (59.0%)
198	ROSŁOŃ Łukasz	155		M40-49	55	Robert Meble	00:00:12	02:17:42.50	02:17:54.60	+00:56:23 (40.9%)	6:31	9.2 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
199	KOBIERSKI Michał	264	#BIEGAJLESZNO	M40-49	56	#BiegajLeszno	00:00:25	02:18:21.40	02:18:47.05	+00:57:02 (41.2%)	6:33	9.2 (59.0%)
200	GRABOWSKI Krzysztof	228		M30-39	53		00:00:18	02:18:30.85	02:18:49.20	+00:57:11 (41.3%)	6:33	9.1 (58.3%)
201	ZYDLEWICZ Kamil	213		M18-29	38		00:00:05	02:18:41.90	02:18:47.65	+00:57:22 (41.4%)	6:34	9.1 (58.3%)
202	HOFFMANN Dorota	54		K30-39	11		00:00:33	02:18:52.30	02:19:25.70	+00:57:32 (41.4%)	6:34	9.1 (58.3%)
203	KOTERWA Dawid	145		M18-29	39		00:00:34	02:18:55.40	02:19:29.95	+00:57:36 (41.5%)	6:35	9.1 (58.3%)
204	KMIEĆ Piotr	250		M30-39	54		00:00:26	02:19:16.10	02:19:42.15	+00:57:56 (41.6%)	6:36	9.1 (58.3%)
205	KACZMAREK Kamil	78		M30-39	55		00:00:20	02:19:19.55	02:19:39.75	+00:58:00 (41.6%)	6:36	9.1 (58.3%)
206	ZIELIŃSKI Piotr	230		M30-39	56		00:00:27	02:19:33.50	02:20:00.90	+00:58:14 (41.7%)	6:36	9.1 (58.3%)
207	CHRZANOWSKA Natalia	178		K18-29	6		00:00:33	02:19:40.20	02:20:14.05	+00:58:20 (41.8%)	6:37	9.1 (58.3%)
208	STACHOWIAK Magda	447	RUN TEAM RYDZYNA	K30-39	12		00:00:11	02:19:52.90	02:20:04.40	+00:58:33 (41.9%)	6:37	9.1 (58.3%)
209	CIELUCH Martyna	48		K30-39	13		00:00:09	02:19:54.15	02:20:03.40	+00:58:34 (41.9%)	6:37	9 (57.7%)
210	GRYZIECKI Sebastian	85		M30-39	57		00:00:31	02:19:59.50	02:20:31.20	+00:58:40 (41.9%)	6:38	9 (57.7%)
211	SZAFRANIEC Piotr	207	TEB EDUKACJA	M30-39	58	TEB EDUKACJA	00:00:16	02:20:00.75	02:20:16.85	+00:58:41 (41.9%)	6:38	9 (57.7%)
212	BŁAŻEJCZAK Konrad	49		M30-39	59		00:00:34	02:20:25.20	02:20:59.40	+00:59:05 (42.1%)	6:39	9 (57.7%)
213	CZARNECKA Karina	99	LOCO	K40-49	15		00:00:06	02:20:36.40	02:20:43.20	+00:59:17 (42.2%)	6:39	9 (57.7%)
214	NALEWAJKO Justyna	354		K40-49	16		00:00:28	02:20:38.95	02:21:07.90	+00:59:19 (42.2%)	6:39	9 (57.7%)
215	PICZ Łukasz	211		M30-39	60		00:00:06	02:20:47.20	02:20:53.50	+00:59:27 (42.2%)	6:40	9 (57.7%)
216	LOMAN Przemysław	286	PRZEMYSŁAW LOMAN ELEKTROINSTALACJE	M30-39	61		00:00:32	02:20:55.55	02:21:28.15	+00:59:36 (42.3%)	6:40	9 (57.7%)
217	BAWOROWSKA Zuzanna	285		K18-29	7		00:00:29	02:21:18.95	02:21:48.50	+00:59:59 (42.5%)	6:41	9 (57.7%)
218	KAŹMIERCZAK Mikołaj	28	KAŹMIERCZAKI	M18-29	40		00:00:23	02:21:54.70	02:22:18.45	+01:00:35 (42.7%)	6:43	8.9 (57.1%)
219	KAŹMIERCZAK Bronisław	29	KAŹMIERCZAKI	M60-69	4		00:00:23	02:21:54.75	02:22:18.50	+01:00:35 (42.7%)	6:43	8.9 (57.1%)
220	PLEBAŃSKI Jarosław	136		M30-39	62		00:00:25	02:22:11.20	02:22:37.05	+01:00:51 (42.8%)	6:44	8.9 (57.1%)
221	KRÓLIKOWSKI Jacek	119		M40-49	57		00:00:30	02:22:13.40	02:22:44.15	+01:00:54 (42.8%)	6:44	8.9 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
222	JAKUBOWSKA Natasza	135		K40-49	17		00:00:27	02:22:19.60	02:22:47.50	+01:01:00 (42.9%)	6:44	8.9 (57.1%)
223	KASPRZAK Maciej	100		M40-49	58		00:00:10	02:22:35.00	02:22:45.00	+01:01:15 (43.0%)	6:45	8.9 (57.1%)
224	ADAMCZAK Jolanta	158	ROBERT MEBLE	K50-59	3	Robert Meble	00:00:09	02:22:35.05	02:22:44.90	+01:01:15 (43.0%)	6:45	8.9 (57.1%)
225	SNELA Aleksandra	35		K30-39	14		00:00:10	02:22:35.20	02:22:45.20	+01:01:15 (43.0%)	6:45	8.9 (57.1%)
226	HAŁKA Marcin	151		M40-49	59		00:00:26	02:22:53.50	02:23:20.00	+01:01:34 (43.1%)	6:46	8.9 (57.1%)
227	TERCZEWSKA Małgorzata	163	KOŚCIAN TEAM	K40-49	18		00:00:29	02:23:11.20	02:23:40.50	+01:01:51 (43.2%)	6:47	8.8 (56.4%)
228	WALKOWIAK Natalia	232	SOKÓŁ WŁOSZAKOWICE	K30-39	15		00:00:02	02:23:28.60	02:23:30.75	+01:02:09 (43.3%)	6:47	8.8 (56.4%)
229	SIESICKA-WASILEWSKA Marta	127	LEŚNA RUNDA	K40-49	19	Leśna RUNda	00:00:32	02:24:10.35	02:24:42.70	+01:02:51 (43.6%)	6:49	8.8 (56.4%)
230	TERLEGA Jakub	280		M30-39	63		00:00:22	02:24:43.10	02:25:05.75	+01:03:23 (43.8%)	6:51	8.7 (55.8%)
231	STROŃSKA Iwona	15		K40-49	20	TKH Group	00:00:13	02:25:06.70	02:25:20.20	+01:03:47 (44.0%)	6:52	8.7 (55.8%)
232	WOJTASIK Łukasz	200	NOWOSOLSKA GRUPA BIEGOWA	M40-49	60		00:00:19	02:25:28.10	02:25:47.25	+01:04:08 (44.1%)	6:53	8.7 (55.8%)
233	KAWAŁA Szymon	182		M18-29	41		00:00:01	02:25:31.30	02:25:32.60	+01:04:11 (44.1%)	6:53	8.7 (55.8%)
234	ZALESIŃSKI Krzysztof	167	STREFASPORTU.PL MW INVEST	M30-39	64	StrefaSportu.pl MW Invest	00:00:18	02:25:34.05	02:25:52.70	+01:04:14 (44.1%)	6:53	8.7 (55.8%)
235	TOBÓŁKA Maciej	424		M18-29	42		00:00:27	02:25:46.10	02:26:13.50	+01:04:26 (44.2%)	6:54	8.7 (55.8%)
236	DYBOWSKI Rafał	84		M30-39	65		00:00:17	02:25:50.40	02:26:08.30	+01:04:31 (44.2%)	6:54	8.7 (55.8%)
237	HRYSZKIEWICZ Andrzej	219	AM OFFICE LESZNO	M30-39	66	AM Office Leszno	00:00:35	02:26:21.85	02:26:57.50	+01:05:02 (44.4%)	6:56	8.7 (55.8%)
238	BARTKOWIAK Szymon	11		M30-39	67	TKH Group	00:00:19	02:26:23.40	02:26:42.85	+01:05:04 (44.4%)	6:56	8.6 (55.1%)
239	LESTER Anna	300		K30-39	16		00:00:25	02:26:24.00	02:26:49.00	+01:05:04 (44.5%)	6:56	8.6 (55.1%)
240	WIELANT Lidia	368		K50-59	4		00:00:10	02:26:26.95	02:26:37.50	+01:05:07 (44.5%)	6:56	8.6 (55.1%)
241	ADAMSKI Rafał	290	PARKRUN WROCŁAW	M50-59	19		00:00:15	02:26:40.65	02:26:56.50	+01:05:21 (44.6%)	6:57	8.6 (55.1%)
242	ŚLAŃSKI Marcin	51		M40-49	61		00:00:15	02:26:41.45	02:26:57.00	+01:05:22 (44.6%)	6:57	8.6 (55.1%)
243	RUSKOWIAK Anna	366	UKS JUNIOR NIETAŻKOWO	K30-39	17	Robert Meble	00:00:10	02:26:45.45	02:26:55.85	+01:05:26 (44.6%)	6:57	8.6 (55.1%)
244	OSTOJSKI Michał	335		M30-39	68	TKH Group	00:00:16	02:26:59.20	02:27:15.70	+01:05:39 (44.7%)	6:57	8.6 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
245	KRZYCKA Katarzyna	327	KOMORNIKI MTB TEAM	K40-49	21		00:00:02	02:27:28.20	02:27:30.30	+01:06:08 (44.9%)	6:59	8.6 (55.1%)
246	MISIEK Bartosz	241		M30-39	69		00:00:26	02:28:07.40	02:28:33.80	+01:06:48 (45.1%)	7:01	8.5 (54.5%)
247	SYMULEWICZ Natalia	245		K30-39	18		00:00:17	02:28:16.65	02:28:33.70	+01:06:57 (45.2%)	7:01	8.5 (54.5%)
248	KRZYSZOWSKI Paweł	6		M30-39	70	TKH Group	00:00:19	02:29:05.40	02:29:24.70	+01:07:46 (45.5%)	7:03	8.5 (54.5%)
249	ANDRZEJEWSKI Kacper	226		M18-29	43		00:00:06	02:29:12.45	02:29:19.35	+01:07:53 (45.5%)	7:04	8.5 (54.5%)
250	SZYMCZAK Daniel	337		M30-39	71	TKH Group	00:00:23	02:29:32.45	02:29:55.85	+01:08:13 (45.6%)	7:05	8.5 (54.5%)
251	GRZELCZAK Bartek	62		M40-49	62		00:00:35	02:29:52.80	02:30:28.15	+01:08:33 (45.7%)	7:06	8.4 (53.8%)
252	DOMAGAŁA Michał	104		M40-49	63		00:00:27	02:29:57.30	02:30:24.30	+01:08:37 (45.8%)	7:06	8.4 (53.8%)
253	BIERNAT Piotr	276		M18-29	44		00:00:07	02:30:01.50	02:30:08.60	+01:08:42 (45.8%)	7:06	8.4 (53.8%)
254	MOCHALSKI Marcin	66	NO MERCY	M40-49	64		00:00:35	02:30:07.40	02:30:42.80	+01:08:48 (45.8%)	7:06	8.4 (53.8%)
255	BIEDZIAK Adam	355		M30-39	72		00:00:18	02:30:30.75	02:30:49.65	+01:09:11 (46.0%)	7:07	8.4 (53.8%)
256	BARTOSIK Daniel	105	DRUŻYNA SZPIKU	M40-49	65	DRUŻYNA SZPIKU	00:00:12	02:30:52.30	02:31:04.60	+01:09:32 (46.1%)	7:09	8.4 (53.8%)
257	WOJCIECHOWSKA Katarzyna	34	SĄSIEDZKA GRUPA BIEGOWA GRONOWO	K30-39	19	Sąsiedzka Grupa Biegowa Gronowo	00:00:13	02:30:53.05	02:31:06.25	+01:09:33 (46.1%)	7:09	8.4 (53.8%)
258	DZIEDZIC Mikołaj	338		M18-29	45	TKH Group	00:00:23	02:31:09.35	02:31:32.95	+01:09:50 (46.2%)	7:09	8.4 (53.8%)
259	MAŻNICA Artur	282		M18-29	46		00:00:24	02:31:46.25	02:32:10.90	+01:10:26 (46.4%)	7:11	8.3 (53.2%)
260	KRZYSZOWSKA Magdalena	7		K30-39	20	TKH Group	00:00:18	02:31:56.35	02:32:15.30	+01:10:37 (46.5%)	7:12	8.3 (53.2%)
261	NADOLNY Tomasz	231	AM OFFICE LESZNO	M40-49	66	AM Office Leszno	00:00:27	02:32:07.85	02:32:35.75	+01:10:48 (46.5%)	7:12	8.3 (53.2%)
262	KOLAŃCZYK Jacek	111		M50-59	20		00:00:09	02:32:08.55	02:32:17.95	+01:10:49 (46.5%)	7:12	8.3 (53.2%)
263	PERNAK Łukasz	113		M30-39	73		00:00:11	02:32:10.50	02:32:21.75	+01:10:51 (46.6%)	7:12	8.3 (53.2%)
264	WILIŃSKA-CHRASTEK Edyta	329		K40-49	22		00:00:13	02:32:11.70	02:32:24.90	+01:10:52 (46.6%)	7:12	8.3 (53.2%)
265	SKIBA Łukasz	274	SPINKO LESZNO	M30-39	74	Spinko Leszno	00:00:22	02:32:33.25	02:32:55.50	+01:11:13 (46.7%)	7:13	8.3 (53.2%)
266	DZIATKOWIAK Michał	187		M30-39	75		00:00:28	02:33:42.40	02:34:10.90	+01:12:23 (47.1%)	7:17	8.2 (52.6%)
267	SPLISTESER Rafał	107	WERNER KENKEL SPORT TEAM	M40-49	67		00:00:09	02:34:07.40	02:34:16.65	+01:12:48 (47.2%)	7:18	8.2 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
268	SZWARC Mariusz	206		M40-49	68	TEB EDUKACJA	00:00:15	02:34:57.65	02:35:13.10	+01:13:38 (47.5%)	7:20	8.2 (52.6%)
269	MUSIELAK Maciej	191	AEROKLUB LESZCZYŃSKI	M40-49	69		00:00:27	02:36:02.65	02:36:29.80	+01:14:43 (47.9%)	7:23	8.1 (51.9%)
270	ANTKOWIAK Joanna	418	#BIEGAJLESZNO	K40-49	23	#BiegajLeszno	00:00:27	02:36:13.00	02:36:40.80	+01:14:53 (47.9%)	7:24	8.1 (51.9%)
271	PIEPZYCKA Agata	71	#BIEGAJLESZNO	K40-49	24		00:00:27	02:36:13.40	02:36:40.70	+01:14:54 (47.9%)	7:24	8.1 (51.9%)
272	KAMIŃSKI Wiesław	357		M50-59	21		00:00:01	02:36:14.90	02:36:16.80	+01:14:55 (48.0%)	7:24	8.1 (51.9%)
273	UJEJSKA Danuta	63	#BIEGAJLESZNO	K40-49	25	#BiegajLeszno	00:00:17	02:36:25.10	02:36:42.70	+01:15:05 (48.0%)	7:24	8.1 (51.9%)
274	BARTKOWIAK Iwona	222	LEŚNE DZIKI PGB	K40-49	26		00:00:10	02:37:50.85	02:38:01.50	+01:16:31 (48.5%)	7:28	8 (51.3%)
275	SICINSKI Maciej	180		M30-39	76	#BiegajLeszno	00:00:18	02:38:42.30	02:39:00.50	+01:17:22 (48.8%)	7:31	8 (51.3%)
276	JAROSIK Małgorzata	45		K40-49	27		00:00:17	02:39:07.65	02:39:25.35	+01:17:48 (48.9%)	7:32	8 (51.3%)
277	KONIECZNA Izabela	324		K40-49	28		00:00:16	02:39:08.20	02:39:24.65	+01:17:48 (48.9%)	7:32	8 (51.3%)
278	KAŻMIERSKI Piotr	114	TRANSFORMERS	M30-39	77		00:00:25	02:39:31.20	02:39:56.65	+01:18:11 (49.0%)	7:33	7.9 (50.6%)
279	SZARLETTA Dajana	242	CHŁODNIA MISIORNY TEAM	K18-29	8	Chłodnia Misiorny TEAM	00:00:21	02:41:21.25	02:41:42.30	+01:20:01 (49.6%)	7:38	7.8 (50.0%)
280	KOCZOROWSKI Łukasz	64		M30-39	78		00:00:31	02:42:23.65	02:42:55.10	+01:21:04 (49.9%)	7:41	7.8 (50.0%)
281	CHUDZINSKI Patryk	342		M40-49	70	TKH Group	00:00:26	02:42:31.05	02:42:57.75	+01:21:11 (50.0%)	7:42	7.8 (50.0%)
282	PANASEWICZ Marcin	253	RUN FOR FUN TEAM	M50-59	22	RUN FOR FUN TEAM	00:00:14	02:43:21.85	02:43:36.25	+01:22:02 (50.2%)	7:44	7.8 (50.0%)
283	PRAŁAT Łukasz	273	SPINKO LESZNO	M40-49	71	Spinko Leszno	00:00:21	02:43:43.60	02:44:04.70	+01:22:24 (50.3%)	7:45	7.7 (49.4%)
284	CZYŻ Mateusz	57	WIELUŃ BIEGA	M30-39	79		00:00:24	02:45:12.45	02:45:37.30	+01:23:53 (50.8%)	7:49	7.7 (49.4%)
285	HOFFMANN Zbigniew	278	SPINKO LESZNO	M40-49	72	Spinko Leszno	00:00:25	02:45:40.45	02:46:06.35	+01:24:21 (50.9%)	7:51	7.6 (48.7%)
286	CHMIELEWSKI Mariusz	59		M30-39	80		00:00:24	02:45:40.85	02:46:05.50	+01:24:21 (50.9%)	7:51	7.6 (48.7%)
287	KOWALSKI Michał	102		M30-39	81		00:00:36	02:45:43.40	02:46:19.50	+01:24:24 (50.9%)	7:51	7.6 (48.7%)
288	GRODZKI Kamil	8		M18-29	47	TKH Group	00:00:17	02:46:57.05	02:47:14.35	+01:25:37 (51.3%)	7:54	7.6 (48.7%)
289	NADOLNY Leszek	243	1	M60-69	5		00:00:29	02:47:00.70	02:47:29.80	+01:25:41 (51.3%)	7:54	7.6 (48.7%)
290	BIENIEK Grzegorz	193	PEKHO	M60-69	6		00:00:33	02:47:16.65	02:47:49.75	+01:25:57 (51.4%)	7:55	7.6 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
291	MOSTOWSKA-NOWAK Elżbieta	237	BABCIE BIEGAJĄ	K60-69	1		00:00:16	02:47:59.05	02:48:15.75	+01:26:39 (51.6%)	7:57	7.5 (48.1%)
292	BŁACHOWIAK Fabian	363		M18-29	48		00:00:36	02:48:06.80	02:48:43.25	+01:26:47 (51.6%)	7:58	7.5 (48.1%)
293	MIGDALCZYK Natalia	365		K18-29	9		00:00:35	02:48:09.00	02:48:44.85	+01:26:49 (51.6%)	7:58	7.5 (48.1%)
294	KOZAK Krystyna	72		K50-59	5		00:00:17	02:48:10.90	02:48:28.20	+01:26:51 (51.6%)	7:58	7.5 (48.1%)
295	IGNASZEWSKI Maxwell	364		M18-29	49		00:00:36	02:48:12.10	02:48:48.40	+01:26:52 (51.7%)	7:58	7.5 (48.1%)
296	KUNC Krzysztof	311		M40-49	73		00:00:30	02:49:28.05	02:49:58.60	+01:28:08 (52.0%)	8:01	7.5 (48.1%)
297	STASIAK Antek	334	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	M18-29	50	Leśne Dziki Przyjacielska Grupa Biegowa	00:00:08	02:50:13.20	02:50:21.65	+01:28:53 (52.2%)	8:04	7.4 (47.4%)
298	STASIAK Łukasz	146	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	M40-49	74	Leśne Dziki Przyjacielska Grupa Biegowa	00:00:07	02:50:13.30	02:50:21.20	+01:28:53 (52.2%)	8:04	7.4 (47.4%)
299	FAJFER Anna	95	RUN TEAM RYDZYNA	K40-49	29		00:00:13	02:50:30.20	02:50:44.00	+01:29:10 (52.3%)	8:04	7.4 (47.4%)
300	FAJFER Mirosław	97	RUNTEAM RYDZYNA	M40-49	75		00:00:13	02:50:30.55	02:50:43.95	+01:29:11 (52.3%)	8:04	7.4 (47.4%)
301	PIWECKA Marzena	153		K40-49	30	Robert Meble	00:00:09	02:56:09.10	02:56:19.05	+01:34:49 (53.8%)	8:20	7.2 (46.2%)
302	STANISZEWSKA Magdalena	244	ENDORFINA WSCHOWA	K40-49	31	Endorfina Wschowa	00:00:28	02:57:20.25	02:57:48.55	+01:36:00 (54.1%)	8:24	7.1 (45.5%)
303	METELSKI Janusz	277		M50-59	23		00:00:31	02:57:27.50	02:57:58.65	+01:36:08 (54.2%)	8:24	7.1 (45.5%)
Przekroczony limit czasu: 03:00:00												
304	MICHALAK Ania	260		K30-39	21		00:00:12	03:04:23.30	03:04:35.30	+01:43:03 (55.9%)	8:44	6.9 (44.2%)
305	MIKOŁAJEWICZ Beata	44	#BIEGAJLESZNO	K40-49	32		00:00:27	03:05:20.90	03:05:48.60	+01:44:01 (56.1%)	8:47	6.8 (43.6%)
306	OSOWSKA Honorata	229		K50-59	6		00:00:15	03:05:32.60	03:05:48.40	+01:44:13 (56.2%)	8:47	6.8 (43.6%)
307	RZEŹNIK Natalia	325		K30-39	22		00:00:12	03:07:25.10	03:07:37.80	+01:46:05 (56.6%)	8:52	6.8 (43.6%)
308	MISIORNY Dawid	247	CHŁODNIA MISIORNY TEAM	M30-39	82	Chłodnia Misiorny TEAM	00:00:21	03:12:03.95	03:12:25.35	+01:50:44 (57.7%)	9:06	6.6 (42.3%)
309	JAKUBOWSKI Piotr	41	GIZA 12	M40-49	76		00:00:04					(0.0%)
310	TRZYBULSKI Kazimierz	43		M40-49	77		00:00:11					(0.0%)
311	KOŚMIDER Katarzyna	24	IRONTEAM	K30-39	23		00:00:17					(0.0%)
312	DĄBSKI Dorian	9		M18-29	51	TKH Group	00:00:20					(0.0%)
313	BEDNAREK Sławomir	56		M50-59	24		00:00:22					(0.0%)
314	DOPIERA Basia	3		K40-49	33	TKH Group	00:01:08					(0.0%)

Znaleziono 314 wynik(ów)