

CHARYTATYWNY BIEG DLA KAROLINKI

B4SPORT

Wydarzenie: Charytatywny Bieg i Marsz Mikołajkowy dla Karolinki
Organizator: Klub Biegacza „Goch” Bytów
Data: 2018-12-09
Miejsce: Bytów
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BORZYSZKOWSKI Rafał	5	MARATOŃCZYK WIELKI KLINCZ	M-20	1	00:08:10	00:16:41.05		3:20	18 (100%)
2	JAKUBEK Patryk	31	ŚWIAT PŁYTEK U KRYSPINA	M-20	2	00:08:32	00:17:16.40	+00:00:35 (3.4%)	3:27	17.4 (96.7%)
3	ZIEMAN Michał	124	KLUB BIEGACZA 'GOCH' BYTÓW	M-30	1	00:08:33	00:17:27.35	+00:00:46 (4.4%)	3:29	17.2 (95.6%)
4	GARSKI Kryspin	176	ŚWIAT PŁYTEK U KRYSPINA	M-40	1	00:08:45	00:17:37.85	+00:00:56 (5.4%)	3:31	17 (94.4%)
5	JANISZEWSKI Marek	161		M-30	2	00:08:34	00:17:50.85	+00:01:09 (6.5%)	3:34	16.8 (93.3%)
6	SENIUŚ Marcin	93		M-40	2	00:08:50	00:18:05.80	+00:01:24 (7.8%)	3:37	16.6 (92.2%)
7	GOSTKOWSKI Łukasz	23	KLUB BIEGACZA 'GOCH' BYTÓW	M-30	3	00:08:41	00:18:08.70	+00:01:27 (8.1%)	3:37	16.5 (91.7%)
8	SMENTOCH Mariusz	98	AKADEMIA BIEGOWA KOŚCIERZYNA	M-30	4	00:09:20	00:19:06.85	+00:02:25 (12.7%)	3:49	15.7 (87.2%)
9	PAWŁOWSKI Mariusz	82	METROŻERCY	M-30	5	00:09:23	00:19:07.85	+00:02:26 (12.8%)	3:49	15.7 (87.2%)
10	BOHUN Serhej	151	MARATOŃCZYK	M-20	3	00:09:31	00:19:11.20	+00:02:30 (13.0%)	3:50	15.6 (86.7%)
11	RESZCZYŃSKI Paweł	86	AKADEMIA BIEGOWA KOŚCIERZYNA	M-30	6	00:09:29	00:19:11.85	+00:02:30 (13.1%)	3:50	15.6 (86.7%)
12	STOLTMAN Marcin	178	ŚWIAT PŁYTEK U KRYSPINA	M-20	4	00:09:31	00:19:13.60	+00:02:32 (13.2%)	3:50	15.6 (86.7%)
13	LEWANDOWSKI Bogdan	169	MKL SZCZECINEK	M-16	1	00:09:06	00:19:21.45	+00:02:40 (13.8%)	3:52	15.5 (86.1%)
14	SPIEREWKA Piotr	99	AKADEMIA BIEGOWA KOŚCIERZYNA	M-20	5	00:09:21	00:19:27.25	+00:02:46 (14.2%)	3:53	15.4 (85.6%)
15	RYBARCZYK Maciej	89		M-40	3	00:09:51	00:19:34.70	+00:02:53 (14.8%)	3:54	15.3 (85.0%)
16	STENCEL Maciej	103		M-30	7	00:10:01	00:19:38.60	+00:02:57 (15.1%)	3:55	15.3 (85.0%)
17	CZARNOWSKI Emilian	13	WKS NOŻYNO	M-20	6	00:09:30	00:19:41.75	+00:03:00 (15.3%)	3:56	15.2 (84.4%)
18	CICHOSZ-MIELEWCZYK Mateusz	11	ŚWIAT PŁYTEK U KRYSPINA	M-30	8	00:09:49	00:19:50.10	+00:03:09 (15.9%)	3:58	15.1 (83.9%)
19	ŻOŁĄDEK Dawid	126	REMUS KOŚCIERZYNA , RAJSKLEP.PL	M-20	7	00:09:54	00:19:56.10	+00:03:15 (16.3%)	3:59	15.1 (83.9%)
20	GARAPUCZYK Agnieszka	152		K-30	1	00:09:55	00:20:13.80	+00:03:32 (17.5%)	4:02	14.8 (82.2%)
21	MALEK Kamil	164	WKS NOŻYNO	M-16	2	00:09:57	00:20:20.20	+00:03:39 (18.0%)	4:04	14.8 (82.2%)
22	PSUJEK Seweryn	225	DIAMENT ŚWIESZYNO	M-30	9	00:09:46	00:20:25.95	+00:03:44 (18.3%)	4:05	14.7 (81.7%)
23	WNUK Stanisław	118	MARATOŃCZYK WIELKI KLINCZ	M-50	1	00:10:07	00:20:27.95	+00:03:46 (18.5%)	4:05	14.7 (81.7%)
24	CHAŁUPA Daniel	148	KLUB BIEGACZA 'GOCH' BYTÓW	M-40	4	00:10:04	00:20:31.05	+00:03:50 (18.7%)	4:06	14.6 (81.1%)
25	CHUDY Henryk	10	K SOLSZEWSKI I SYNOWIE	M-60+	1	00:10:13	00:20:36.75	+00:03:55 (19.1%)	4:07	14.6 (81.1%)
26	JAKUBEK Andrzej	154	STUDZIENICE	M-30	10	00:10:29	00:20:36.95	+00:03:55 (19.1%)	4:07	14.6 (81.1%)
27	SZADRIN Andrej	108		M-30	11	00:10:22	00:20:40.80	+00:03:59 (19.3%)	4:08	14.5 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start	Czas		Tempo min/km	Tempo km/h
						All 2.5km	netto 5km	Różn		
28	NOWODWORSKA Justyna	74	RUNTASTYCZNI TEAM BYTÓW	K-30	2	00:10:25	00:20:47.95	+00:04:06 (19.8%)	4:09	14.4 (80.0%)
29	OWŚNICKI Wojciech	159		M-40	5	00:10:12	00:20:51.40	+00:04:10 (20.0%)	4:10	14.4 (80.0%)
30	KUKLIŃSKI Maciej	55	METROŻERCY	M-40	6	00:10:28	00:20:51.65	+00:04:10 (20.0%)	4:10	14.4 (80.0%)
31	ŁOSIŃSKI Grzegorz	62	JEDYNKABYTÓW	M-30	12	00:10:30	00:20:54.20	+00:04:13 (20.2%)	4:10	14.4 (80.0%)
32	CAŁA Bartosz	9	ŚWIAT PŁYTEK U KRYSPIŃ	M-40	7	00:10:30	00:20:57.10	+00:04:16 (20.4%)	4:11	14.3 (79.4%)
33	GUT Arkadiusz	183		M-20	8	00:10:05	00:20:58.20	+00:04:17 (20.4%)	4:11	14.3 (79.4%)
34	JANKOWSKI Grzegorz	32	ŚWIAT PŁYTEK U KRYSPIŃ	M-40	8	00:10:09	00:21:00.10	+00:04:19 (20.6%)	4:12	14.3 (79.4%)
35	DZIEWIATOWSKA Joanna	17		K-40	1	00:10:27	00:21:01.35	+00:04:20 (20.6%)	4:12	14.3 (79.4%)
36	KOBIEROWSKI Sławomir	48	KLUB BIEGACZA 'GOCH' BYTÓW	M-30	13	00:10:21	00:21:04.80	+00:04:23 (20.9%)	4:12	14.2 (78.9%)
37	GALĘBA Szymon	155	ŚWIAT PŁYTEK U KRYSPIŃ	M-40	9	00:10:58	00:21:16.10	+00:04:35 (21.6%)	4:15	14.1 (78.3%)
38	JANTA- LIPIŃSKI Maciej	145		M-16	3	00:10:27	00:21:25.95	+00:04:44 (22.2%)	4:17	14 (77.8%)
39	LEWAŃCZYK Marcin	58	METROŻERCY	M-30	14	00:10:56	00:21:26.20	+00:04:45 (22.2%)	4:17	14 (77.8%)
40	CZARNOWSKI Damian	163	ZSP	M-16	4	00:10:05	00:21:26.70	+00:04:45 (22.2%)	4:17	14 (77.8%)
40	KLASA Michał	42	AKADEMIA BIEGOWA KIEŁPINO	M-40	10	00:10:44	00:21:26.70	+00:04:45 (22.2%)	4:17	14 (77.8%)
42	SIENKIEWICZ Marcin	95		M-30	15	00:10:51	00:21:27.20	+00:04:46 (22.2%)	4:17	14 (77.8%)
43	SUDOŁ Jakub	104		M-20	9	00:10:50	00:21:27.55	+00:04:46 (22.3%)	4:17	14 (77.8%)
44	STENCEL Grzegorz	102	AKADEMIA BIEGOWA KIEŁPINO	M-40	11	00:11:09	00:21:40.70	+00:04:59 (23.0%)	4:20	13.8 (76.7%)
45	DROZD Michał	16		M-20	10	00:10:49	00:21:40.85	+00:04:59 (23.0%)	4:20	13.8 (76.7%)
46	BRZESKI Dariusz	7	AKADEMIA BIEGOWA KIEŁPINO	M-30	16	00:11:10	00:21:40.95	+00:04:59 (23.1%)	4:20	13.8 (76.7%)
47	BARGAŃSKA Justyna	3	RUNTASTYCZNI TEAM BYTÓW	K-30	3	00:10:51	00:21:44.10	+00:05:03 (23.2%)	4:20	13.8 (76.7%)
48	WOJCIECHOWSKI Dariusz	120	KWATERY U WOJCIECHOWSKICH	M-40	12	00:10:49	00:21:45.00	+00:05:03 (23.3%)	4:21	13.8 (76.7%)
49	ZMUDA TRZEBIATOWSKI Paweł	125	LO BYTÓW	M-16	5	00:10:22	00:21:48.00	+00:05:06 (23.5%)	4:21	13.8 (76.7%)
50	SZCZĘK Małgorzata	109	RUNTASTYCZNI TEAM BYTÓW	K-20	1	00:10:58	00:21:49.30	+00:05:08 (23.5%)	4:21	13.8 (76.7%)
51	KLASA Jakub	43	AKADEMIA BIEGOWA KIEŁPINO	M-16	6	00:10:44	00:21:49.85	+00:05:08 (23.6%)	4:22	13.7 (76.1%)
52	METEL Izabela	68	RUNTASTYCZNI TEAM BYTÓW	K-40	2	00:11:03	00:21:59.20	+00:05:18 (24.1%)	4:23	13.6 (75.6%)
53	JANKOWSKI Sławomir	33	ŚWIAT PŁYTEK U KRYSPIŃ	M-20	11	00:10:43	00:22:00.95	+00:05:19 (24.2%)	4:24	13.6 (75.6%)
54	OKONIEWSKI Andrzej	75	REGATTA SPORT	M-40	13	00:10:47	00:22:01.15	+00:05:20 (24.2%)	4:24	13.6 (75.6%)
54	GAWEŁ Zbigniew	19	MIASTO SŁUPSK	M-60+	2	00:10:53	00:22:01.15	+00:05:20 (24.2%)	4:24	13.6 (75.6%)
56	PAWŁOWSKA Ewelina	81	METROŻERCY	K-20	2	00:10:44	00:22:01.85	+00:05:20 (24.3%)	4:24	13.6 (75.6%)
57	GRUCHAŁA Natalia	147		K-20	3	00:10:49	00:22:06.10	+00:05:25 (24.5%)	4:25	13.6 (75.6%)
58	ANDRYSKOWSKI Marek	2	STOWARZYSZENIE 42.2 LĘBORK	M-50	2	00:10:55	00:22:08.15	+00:05:27 (24.6%)	4:25	13.6 (75.6%)
59	GLISZCZYŃSKI Łukasz	21	ŚWIAT PŁYTEK U KRYSPIŃ	M-16	7	00:10:57	00:22:15.10	+00:05:34 (25.0%)	4:27	13.5 (75.0%)
60	ŁOSIŃSKA Monika	61	JEDYNKABYTÓW	K-30	4	00:11:02	00:22:18.65	+00:05:37 (25.2%)	4:27	13.4 (74.4%)
61	RUDNIK Jerzy	88	FLORIAN CHOJNICE	M-60+	3	00:11:00	00:22:24.80	+00:05:43 (25.6%)	4:28	13.4 (74.4%)
62	SYLDATK Karol	107	METROŻERCY	M-30	17	00:10:57	00:22:33.25	+00:05:52 (26.0%)	4:30	13.3 (73.9%)
63	TREDER Marcin	110	KARATE KLUB BYTÓW	M-30	18	00:11:04	00:22:34.15	+00:05:53 (26.1%)	4:30	13.3 (73.9%)
64	BARAN Seweryn	170	ŚWIAT PŁYTEK U KRYSPIŃ	M-20	12	00:11:19	00:22:37.25	+00:05:56 (26.2%)	4:31	13.3 (73.9%)
65		172				00:11:09	00:22:47.50	+00:06:06 (26.8%)	4:33	13.2 (73.3%)
66	KALINOWSKA Paulina	40	AKADEMIA BIEGOWA KIEŁPINO	K-30	5	00:10:48	00:22:47.60	+00:06:06 (26.8%)	4:33	13.2 (73.3%)
67		171				00:10:57	00:23:04.50	+00:06:23 (27.7%)	4:37	13 (72.2%)
68	KURKOWSKI Jakub	142		M-16	8	00:11:32	00:23:07.75	+00:06:26 (27.9%)	4:37	13 (72.2%)
69	TYPA Marcelina	113	TALEXBORZYTUCHOM	K-16	1	00:11:47	00:23:15.15	+00:06:34 (28.2%)	4:39	12.9 (71.7%)
70	BŁASZKOWSKI Jakub	144		M-16	9	00:11:46	00:23:15.45	+00:06:34 (28.3%)	4:39	12.9 (71.7%)
71	MUERAU-NOWICKA Hanna	72	KLUB BIEGACZA 'GOCH' BYTÓW	K-50	1	00:11:36	00:23:19.35	+00:06:38 (28.5%)	4:39	12.9 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
72	OSOBNIAK Ryszard	78	KOSZALIN - NIEZRZESZONY	M-60+	4	00:11:41	00:23:20.60	+00:06:39 (28.5%)	4:40	12.8 (71.1%)
73	KRZOSKA Dorota	52		K-40	3	00:11:40	00:23:21.95	+00:06:40 (28.6%)	4:40	12.8 (71.1%)
74	SUDOŁ Jerzy	105	KLUB BIEGACZA 'GOCH' BYTÓW	M-60+	5	00:11:40	00:23:22.15	+00:06:41 (28.6%)	4:40	12.8 (71.1%)
75	KLAWIKOWSKA Paulina	44	AKADEMIA BIEGOWA KIELPINO	K-30	6	00:11:47	00:23:31.00	+00:06:49 (29.1%)	4:42	12.8 (71.1%)
76	JASZEWSKI Tomasz	35	KLUB BIEGACZA 'GOCH' BYTÓW	M-40	14	00:12:10	00:23:31.15	+00:06:50 (29.1%)	4:42	12.8 (71.1%)
77	BRODZIK Ewa	6		K-30	7	00:11:53	00:23:50.80	+00:07:09 (30.0%)	4:46	12.6 (70.0%)
78	LIS Marcin	165	WKS NOŻYNO	M-20	13	00:11:39	00:23:53.30	+00:07:12 (30.2%)	4:46	12.6 (70.0%)
79	GUSMANN Paweł	156		M-20	14	00:11:38	00:23:53.50	+00:07:12 (30.2%)	4:46	12.6 (70.0%)
80	SIKORSKA Wiktoria	130		K-16	2	00:11:48	00:23:54.95	+00:07:13 (30.2%)	4:47	12.5 (69.4%)
81	WNUK LIPIŃSKI Michał	119		M-30	19	00:12:04	00:23:55.35	+00:07:14 (30.3%)	4:47	12.5 (69.4%)
82	KLASA Jan	212	UG CZARNA DĄBROWKA	M-60+	6	00:12:07	00:23:59.20	+00:07:18 (30.4%)	4:47	12.5 (69.4%)
83	SITTERLEE Piotr	96	MORSY STĘŻYCA, METROŻERCY	M-40	15	00:11:50	00:24:00.60	+00:07:19 (30.5%)	4:48	12.5 (69.4%)
84	PAŃKA Adam	158		M-40	16	00:11:51	00:24:03.80	+00:07:22 (30.7%)	4:48	12.5 (69.4%)
85	GUSMANN Zbigniew	157		M-60+	7	00:11:56	00:24:07.90	+00:07:26 (30.9%)	4:49	12.4 (68.9%)
86	GAWIN Przemysław	195	BYTOVIA	M-20	15	00:11:39	00:24:10.45	+00:07:29 (31.0%)	4:50	12.4 (68.9%)
87	MRUGALSKI Stanisław	71		M-50	3	00:12:08	00:24:13.15	+00:07:32 (31.1%)	4:50	12.4 (68.9%)
88	GARSKA Joanna	175	ŚWIAT PŁYTEK U KRYSPIŃA	K-40	4	00:11:58	00:24:14.85	+00:07:33 (31.2%)	4:51	12.4 (68.9%)
89	WITT Grażyna	117	MARATONYPOLSKIE.PL TEAM	K-60+	1	00:11:59	00:24:17.75	+00:07:36 (31.3%)	4:51	12.3 (68.3%)
90	LORBIECKI Marcin	59		M-30	20	00:12:12	00:24:19.85	+00:07:38 (31.4%)	4:52	12.3 (68.3%)
91	ŻMUDA- TRZEBIATOWSKI Przemysław	193	WKS DĄBIE	M-20	16	00:12:14	00:24:22.55	+00:07:41 (31.6%)	4:52	12.3 (68.3%)
92	ROKITA Emilia	87		K-20	4	00:11:39	00:24:24.50	+00:07:43 (31.6%)	4:53	12.3 (68.3%)
93	MAIKOWSKA Anna	160		K-16	3	00:12:04	00:24:25.30	+00:07:44 (31.7%)	4:53	12.3 (68.3%)
94	KOWALSKI Łukasz	51		M-30	21	00:12:33	00:24:26.65	+00:07:45 (31.7%)	4:53	12.3 (68.3%)
95	OKRÓJ-SITTERLEE Mariola	76	MORSY STĘŻYCA, METROŻERCY	K-30	8	00:11:55	00:24:28.60	+00:07:47 (31.8%)	4:53	12.3 (68.3%)
96	ŻMUDA- TRZEBIATOWSKI Jędrzej	194	WKS DĄBIE	M-20	17	00:12:17	00:24:30.40	+00:07:49 (31.9%)	4:54	12.2 (67.8%)
97	WALIŃSKA Agnieszka	115	WOLNA JAK PTAK :-)	K-40	5	00:12:16	00:24:36.95	+00:07:55 (32.2%)	4:55	12.2 (67.8%)
98	PRANCZK Marek	150	KLUB BIEGACZA 'GOCH' BYTÓW	M-50	4	00:12:14	00:24:42.15	+00:08:01 (32.5%)	4:56	12.1 (67.2%)
99	KNITTER-KLASA Edyta	46	AKADEMIA BIEGOWA KIELPINO	K-50	2	00:12:14	00:24:42.35	+00:08:01 (32.5%)	4:56	12.1 (67.2%)
100	PACAN Bartosz	140	ŚWIAT PŁYTEK U KRYSPIŃA	M-30	22	00:12:34	00:24:47.65	+00:08:06 (32.7%)	4:57	12.1 (67.2%)
101	SYLDATK Wioleta	106	METROŻERCY	K-30	9	00:12:12	00:24:47.90	+00:08:06 (32.7%)	4:57	12.1 (67.2%)
102	PACAN Mira	79	ŚWIAT PŁYTEK U KRYSPIŃA	K-30	10	00:12:35	00:24:49.10	+00:08:08 (32.8%)	4:57	12.1 (67.2%)
103	BROVCHENKO Jurii	173	ŚWIAT PŁYTEK U KRYSPIŃA	M-20	18	00:12:37	00:25:01.00	+00:08:19 (33.3%)	5:00	12 (66.7%)
104	ORŁOWSKI Edward	77		M-40	17	00:12:20	00:25:02.55	+00:08:21 (33.4%)	5:00	12 (66.7%)
105	REMBALSKI Piotr	181		M-40	18	00:12:38	00:25:02.95	+00:08:21 (33.4%)	5:00	12 (66.7%)
106	SAŁAJ Angelika	92	STAROSTWO POWIATOWE SŁUPSK	K-30	11	00:12:21	00:25:03.85	+00:08:22 (33.4%)	5:00	12 (66.7%)
107	KARPIŃSKA Justyna	41	JEDYŃKABYTÓW	K-40	6	00:12:33	00:25:05.60	+00:08:24 (33.5%)	5:01	12 (66.7%)
108	ZAGDAN Basia	122	JEDYŃKABYTÓW	K-30	12	00:12:33	00:25:05.70	+00:08:24 (33.5%)	5:01	12 (66.7%)
109	KOSMALA Aleksandra	50		K-30	13	00:12:35	00:25:11.60	+00:08:30 (33.8%)	5:02	11.9 (66.1%)
110	MAJKOWSKI Patryk	64		M-20	19	00:12:33	00:25:22.45	+00:08:41 (34.2%)	5:04	11.8 (65.6%)
111	STYP-REKOWSKI Piotr	228		M-30	23	00:12:27	00:25:26.65	+00:08:45 (34.4%)	5:05	11.8 (65.6%)
112	KURZAWIŃSKA-JABŁOŃSKA Kasia	56	TEAM CZARNE BIEGA	K-40	7	00:12:19	00:25:27.90	+00:08:46 (34.5%)	5:05	11.8 (65.6%)
113	ŁĄCKA Katarzyna	60		K-20	5	00:12:37	00:25:30.75	+00:08:49 (34.6%)	5:06	11.8 (65.6%)
114	SŁAWSKI Krzysztof	97		M-40	19	00:12:51	00:25:33.20	+00:08:52 (34.7%)	5:06	11.7 (65.0%)
115	TYPA Marek	114	JEDYŃKABYTÓW	M-40	20	00:12:43	00:25:36.25	+00:08:55 (34.8%)	5:07	11.7 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
115	CYRSON Mirostaw	191	ŚWIAT PŁYTEK U KRYPINA	M-40	21	00:12:46	00:25:36.25	+00:08:55 (34.8%)	5:07	11.7 (65.0%)
117	ADAMOWSKA Magdalena	1	KLUB BIEGACZA 'GOCH' BYTÓW	K-40	8	00:12:38	00:25:36.80	+00:08:55 (34.9%)	5:07	11.7 (65.0%)
118	ORŁOWSKI Bogusław	185		M-50	5	00:12:47	00:25:42.15	+00:09:01 (35.1%)	5:08	11.7 (65.0%)
119	ANTONIUK Dariusz	149	DIAMENT ŚWIESZYNO	M-50	6	00:12:22	00:25:42.20	+00:09:01 (35.1%)	5:08	11.7 (65.0%)
120	KAISER Teresa	39		K-40	9	00:12:28	00:25:43.10	+00:09:02 (35.1%)	5:08	11.7 (65.0%)
121	CYRSON Sabina	190	ŚWIAT PŁYTEK U KRYPINA	K-40	10	00:12:54	00:25:43.85	+00:09:02 (35.2%)	5:08	11.7 (65.0%)
122	SENIUSZ Małgorzata	94		K-30	14	00:12:45	00:25:43.90	+00:09:02 (35.2%)	5:08	11.7 (65.0%)
123	TRZEWIKOWSKA Marzena	111		K-40	11	00:12:50	00:25:44.65	+00:09:03 (35.2%)	5:09	11.7 (65.0%)
124	PRUSZAK Aneta	83	RUNTASTYCZNI TEAM BYTÓW	K-30	15	00:12:37	00:25:47.25	+00:09:06 (35.3%)	5:09	11.6 (64.4%)
125	PRZEDNÓWEK Mariola	84		K-20	6	00:12:44	00:25:52.10	+00:09:11 (35.5%)	5:10	11.6 (64.4%)
126	GÓRA Maciek	25	ŚWIAT PŁYTEK U KRYPINA	M-16	10	00:13:24	00:26:00.30	+00:09:19 (35.8%)	5:12	11.5 (63.9%)
127	LEWANDOWSKA Anna	166	MKL SZCZECINEK	K-16	4	00:12:10	00:26:00.35	+00:09:19 (35.8%)	5:12	11.5 (63.9%)
128	GNYBA Mariusz	22	METROŻERCY	M-30	24	00:12:46	00:26:07.75	+00:09:26 (36.1%)	5:13	11.5 (63.9%)
129	GÓRA Sławek	24	ŚWIAT PŁYTEK U KRYPINA	M-40	22	00:13:24	00:26:09.65	+00:09:28 (36.2%)	5:14	11.5 (63.9%)
130	BARTON Krystyna	4	TRIPAKA PRZECHELEWO	K-50	3	00:12:24	00:26:27.40	+00:09:46 (36.9%)	5:17	11.3 (62.8%)
131	KOMARZAŃSKA Martyna	129		K-16	5	00:12:14	00:26:31.40	+00:09:50 (37.1%)	5:18	11.3 (62.8%)
132	JESZKA Dariusz	38		M-40	23	00:13:01	00:26:31.95	+00:09:50 (37.1%)	5:18	11.3 (62.8%)
133	CZECH Roman	14	KLUB BIEGACZA 'GOCH' BYTÓW	M-60+	8	00:13:30	00:26:41.65	+00:10:00 (37.5%)	5:20	11.2 (62.2%)
134	FECKIW Małgorzata	18	GAWIN	K-20	7	00:11:54	00:26:52.25	+00:10:11 (37.9%)	5:22	11.2 (62.2%)
135	MATYSIAK-REMBALSKA Anna	182	ŚWIAT PŁYTEK U KRYPINA	K-40	12	00:13:06	00:26:52.35	+00:10:11 (37.9%)	5:22	11.2 (62.2%)
136	MROZIK Joanna	70		K-30	16	00:13:21	00:26:59.90	+00:10:18 (38.2%)	5:24	11.1 (61.7%)
137	KOBIEROWSKI Edward	47	KLUB BIEGACZA 'GOCH' BYTÓW	M-40	24	00:13:09	00:27:00.45	+00:10:19 (38.2%)	5:24	11.1 (61.7%)
138	SŁOMSKI Zenon	162	KORZYBSKIE REKINY	M-60+	9	00:13:34	00:27:14.10	+00:10:33 (38.7%)	5:26	11 (61.1%)
139	GRABOWSKA Kinga	28		K-30	17	00:13:22	00:27:19.75	+00:10:38 (39.0%)	5:28	11 (61.1%)
140	MAJKOWSKI Stanisław	63	KLUB BIEGACZA 'GOCH' BYTÓW	M-60+	10	00:12:42	00:27:29.20	+00:10:48 (39.3%)	5:29	10.9 (60.6%)
141	KOBUS Marta	189		K-30	18	00:13:38	00:27:44.55	+00:11:03 (39.9%)	5:33	10.8 (60.0%)
142	KOBUS Tomasz	186		M-30	25	00:13:37	00:27:44.60	+00:11:03 (39.9%)	5:32	10.8 (60.0%)
143	NAJS-COOPPA Ewelina	73		K-30	19	00:13:49	00:27:58.10	+00:11:17 (40.3%)	5:35	10.7 (59.4%)
144	STENCEL Katarzyna	101	AKADEMIA BIEGOWA KIELPINO	K-40	13	00:14:07	00:28:11.50	+00:11:30 (40.8%)	5:38	10.6 (58.9%)
145	SZYCA Andżelika	136		K-16	6	00:13:11	00:28:13.15	+00:11:32 (40.9%)	5:38	10.6 (58.9%)
146	BURNICKA Zofia	137		K-16	7	00:13:10	00:28:13.60	+00:11:32 (40.9%)	5:38	10.6 (58.9%)
147	KUKLIŃSKA Joasia	54	METROŻERCY	K-30	20	00:13:37	00:28:26.05	+00:11:45 (41.3%)	5:41	10.6 (58.9%)
148	ZASADA Joanna	123	WYMIATACZE	K-40	14	00:13:56	00:28:36.45	+00:11:55 (41.7%)	5:43	10.5 (58.3%)
149	RYBARCZYK Anna	91		K-16	8	00:14:12	00:28:42.90	+00:12:01 (41.9%)	5:44	10.4 (57.8%)
150	RYBARCZYK Irena	90		K-40	15	00:14:14	00:28:43.05	+00:12:02 (41.9%)	5:44	10.4 (57.8%)
151	JAŹDŻEWSKI Sebastian	36	KLUB BIEGACZA 'GOCH' BYTÓW	M-30	26	00:14:49	00:29:09.60	+00:12:28 (42.8%)	5:50	10.3 (57.2%)
152	REGLIŃSKA Joanna	85	KLUB BIEGACZA 'GOCH' BYTÓW	K-30	21	00:14:50	00:29:10.20	+00:12:29 (42.8%)	5:50	10.3 (57.2%)
153	HELLER Zdzisław	30	NIEZRZESZONY	M-60+	11	00:14:24	00:29:11.65	+00:12:30 (42.9%)	5:50	10.3 (57.2%)
154	HARASIM Emila	29		K-30	22	00:14:08	00:29:11.80	+00:12:30 (42.9%)	5:50	10.3 (57.2%)
155	TOMASZEWSKI Włodzimierz	192		M-50	7	00:14:44	00:29:23.30	+00:12:42 (43.2%)	5:52	10.2 (56.7%)
156	TRZEWIKOWSKA Jagoda	112		K-16	9	00:14:46	00:29:38.95	+00:12:57 (43.7%)	5:55	10.1 (56.1%)
157	STAWSKA Anna	100		K-30	23	00:14:50	00:30:00.45	+00:13:19 (44.4%)	6:00	10 (55.6%)
158	KWIATKOWSKA Patrycja	57		K-30	24	00:14:53	00:30:05.90	+00:13:24 (44.6%)	6:01	10 (55.6%)
159	PAWELSKA Dorota	80		K-40	16	00:14:51	00:30:07.90	+00:13:26 (44.6%)	6:01	10 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
160	CIŻMOWSKA Barbara	12		K-60+	2	00:14:44	00:30:11.10	+00:13:30 (44.7%)	6:02	9.9 (55.0%)
161	MATUSZYŃSKI Mirosław	66	KLUB BIEGACZA 'GOCH' BYTÓW	M-40	25	00:15:38	00:30:17.40	+00:13:36 (44.9%)	6:03	9.9 (55.0%)
162	MATUSZYŃSKI Dawid	67		M-20	20	00:15:39	00:30:18.25	+00:13:37 (44.9%)	6:03	9.9 (55.0%)
163	MARCZAK Małgorzata	65	-	K-50	4	00:14:44	00:30:22.00	+00:13:40 (45.1%)	6:04	9.9 (55.0%)
164	MIELEWCZYK Artur	69		M-20	21	00:13:49	00:30:46.95	+00:14:05 (45.8%)	6:09	9.7 (53.9%)
165	BUDZYŃSKA Elżbieta	8		K-50	5	00:15:28	00:31:26.00	+00:14:44 (46.9%)	6:17	9.5 (52.8%)
166	POTURALSKI Jakub	224		M-20	22	00:15:53	00:32:03.50	+00:15:22 (48.0%)	6:24	9.4 (52.2%)
167	JESZKA Adrianna	37		K-20	8	00:15:55	00:32:04.90	+00:15:23 (48.0%)	6:25	9.4 (52.2%)
168	FUSIEK Maria	133		K-16	10	00:14:55	00:33:21.45	+00:16:40 (50.0%)	6:40	9 (50.0%)
169	DRUSZCZ Magdalena	132		K-16	11	00:17:06	00:34:56.25	+00:18:15 (52.2%)	6:59	8.6 (47.8%)
170	TOMASZEWSKA Nikola	127		K-16	12	00:17:07	00:34:57.30	+00:18:16 (52.3%)	6:59	8.6 (47.8%)
171	SZYMAŃSKI Maciej	179		M-30	27	00:17:11	00:35:08.65	+00:18:27 (52.5%)	7:01	8.5 (47.2%)
172	SZYMAŃSKA Ewelina	180		K-20	9	00:17:11	00:35:08.95	+00:18:27 (52.5%)	7:01	8.5 (47.2%)
173	DOMASZK Zbigniew	15	ŚWIAT PŁYTEK U KRYSPINA	M-40	26	00:19:49	00:36:20.35	+00:19:39 (54.1%)	7:16	8.3 (46.1%)
174	MICHAŁKUN Marcin	141		M-30	28	00:22:48	00:39:45.25	+00:23:04 (58.0%)	7:57	7.5 (41.7%)
175	WITT Henryk	116	NORBOSOFT	M-60+	12	00:20:03	00:39:52.00	+00:23:10 (58.2%)	7:58	7.5 (41.7%)
176	LESZCZYŃSKI Robert	146		M-16	11	00:19:44	00:41:21.85	+00:24:40 (59.7%)	8:16	7.3 (40.6%)
177	CYRSON Weronika	143		K-16	13	00:19:46	00:41:23.05	+00:24:42 (59.7%)	8:16	7.2 (40.0%)
178	KLAMAN Fryderyk	168	ŚWIAT PŁYTEK U KRYSPINA	M-16	12	00:21:42	00:41:46.15	+00:25:05 (60.1%)	8:21	7.2 (40.0%)
179	HOŁOWIEJ Zosia	131		K-16	14	00:23:00	00:46:04.40	+00:29:23 (63.8%)	9:13	6.5 (36.1%)
180	WANTOCH- REKOWSKA Agata	135		K-16	15	00:23:01	00:46:04.95	+00:29:23 (63.8%)	9:13	6.5 (36.1%)
181	ŻYCIŃSKA Klaudia	128		K-16	16	00:23:02	00:46:06.55	+00:29:25 (63.8%)	9:13	6.5 (36.1%)
182	JANKOWSKI Rafał	167	ŚWIAT PŁYTEK U KRYSPINA	M-16	13	00:21:44	00:46:26.75	+00:29:45 (64.1%)	9:17	6.5 (36.1%)
183	SOLAK Halina	174	ŚWIAT PŁYTEK U KRYSPINA	K-60+	3	00:21:44	00:46:30.30	+00:29:49 (64.1%)	9:18	6.5 (36.1%)

Znaleziono 183 wynik(ów)