



CHARYTATYWNY BIEG DLA KAROLINKI

B4SPORT

Wydarzenie: Charytatywny Bieg i Marsz Mikołajkowy dla Karolinki
Organizator: Klub Biegacza „Goch” Bytów
Data: 2018-12-09
Miejsce: Bytów
Dystans: 5 km



Klasyfikacja: K-Open

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|----------------------------|-----------|------|--------------------|----------------------|-------------------|-----------------|---------------|
| 1 | GARAPUCZYK Agnieszka | 152 | | K-30 | 1 | 00:09:55 | 00:20:13.80 | | 4:02 | 14.8 (100%) |
| 2 | NOWODWORSKA Justyna | 74 | RUNTASTYCZNI TEAM BYTÓW | K-30 | 2 | 00:10:25 | 00:20:47.95 | +00:00:34 (2.7%) | 4:09 | 14.4 (97.3%) |
| 3 | DZIEWIATOWSKA Joanna | 17 | | K-40 | 1 | 00:10:27 | 00:21:01.35 | +00:00:47 (3.8%) | 4:12 | 14.3 (96.6%) |
| 4 | BARGAŃSKA Justyna | 3 | RUNTASTYCZNI TEAM BYTÓW | K-30 | 3 | 00:10:51 | 00:21:44.10 | +00:01:30 (6.9%) | 4:20 | 13.8 (93.2%) |
| 5 | SZCZĘK Małgorzata | 109 | RUNTASTYCZNI TEAM BYTÓW | K-20 | 1 | 00:10:58 | 00:21:49.30 | +00:01:35 (7.3%) | 4:21 | 13.8 (93.2%) |
| 6 | METEL Izabela | 68 | RUNTASTYCZNI TEAM BYTÓW | K-40 | 2 | 00:11:03 | 00:21:59.20 | +00:01:45 (8.0%) | 4:23 | 13.6 (91.9%) |
| 7 | PAWŁOWSKA Ewelina | 81 | METROŻERCY | K-20 | 2 | 00:10:44 | 00:22:01.85 | +00:01:48 (8.2%) | 4:24 | 13.6 (91.9%) |
| 8 | GRUCHAŁA Natalia | 147 | | K-20 | 3 | 00:10:49 | 00:22:06.10 | +00:01:52 (8.5%) | 4:25 | 13.6 (91.9%) |
| 9 | ŁOSIŃSKA Monika | 61 | JEDYNKABYTÓW | K-30 | 4 | 00:11:02 | 00:22:18.65 | +00:02:04 (9.3%) | 4:27 | 13.4 (90.5%) |
| 10 | KALINOWSKA Paulina | 40 | AKADEMIA BIEGOWA KIEŁPINO | K-30 | 5 | 00:10:48 | 00:22:47.60 | +00:02:33 (11.2%) | 4:33 | 13.2 (89.2%) |
| 11 | TYPA Marcelina | 113 | TALEXBORZYTUCHOM | K-16 | 1 | 00:11:47 | 00:23:15.15 | +00:03:01 (13.0%) | 4:39 | 12.9 (87.2%) |
| 12 | MUERAU-NOWICKA Hanna | 72 | KLUB BIEGACZA 'GOCH' BYTÓW | K-50 | 1 | 00:11:36 | 00:23:19.35 | +00:03:05 (13.3%) | 4:39 | 12.9 (87.2%) |
| 13 | KRZOSKA Dorota | 52 | | K-40 | 3 | 00:11:40 | 00:23:21.95 | +00:03:08 (13.4%) | 4:40 | 12.8 (86.5%) |
| 14 | KLAWIKOWSKA Paulina | 44 | AKADEMIA BIEGOWA KIEŁPINO | K-30 | 6 | 00:11:47 | 00:23:31.00 | +00:03:17 (14.0%) | 4:42 | 12.8 (86.5%) |
| 15 | BRODZIK Ewa | 6 | | K-30 | 7 | 00:11:53 | 00:23:50.80 | +00:03:37 (15.2%) | 4:46 | 12.6 (85.1%) |
| 16 | SIKORSKA Wiktoria | 130 | | K-16 | 2 | 00:11:48 | 00:23:54.95 | +00:03:41 (15.4%) | 4:47 | 12.5 (84.5%) |
| 17 | GARSKA Joanna | 175 | ŚWIAT PŁYTEK U KRYSPIŃSKA | K-40 | 4 | 00:11:58 | 00:24:14.85 | +00:04:01 (16.6%) | 4:51 | 12.4 (83.8%) |
| 18 | WITT Grażyna | 117 | MARATONYPOLSKIE.PL TEAM | K-60+ | 1 | 00:11:59 | 00:24:17.75 | +00:04:03 (16.7%) | 4:51 | 12.3 (83.1%) |
| 19 | ROKITA Emilia | 87 | | K-20 | 4 | 00:11:39 | 00:24:24.50 | +00:04:10 (17.1%) | 4:53 | 12.3 (83.1%) |
| 20 | MAIKOWSKA Anna | 160 | | K-16 | 3 | 00:12:04 | 00:24:25.30 | +00:04:11 (17.2%) | 4:53 | 12.3 (83.1%) |
| 21 | OKRÓJ-SITTERLEE Mariola | 76 | MORSY STĘŻYCA, METROŻERCY | K-30 | 8 | 00:11:55 | 00:24:28.60 | +00:04:14 (17.3%) | 4:53 | 12.3 (83.1%) |
| 22 | WALIŃSKA Agnieszka | 115 | WOLNA JAK PTAK :-) | K-40 | 5 | 00:12:16 | 00:24:36.95 | +00:04:23 (17.8%) | 4:55 | 12.2 (82.4%) |
| 23 | KNITTER-KLASA Edyta | 46 | AKADEMIA BIEGOWA KIEŁPINO | K-50 | 2 | 00:12:14 | 00:24:42.35 | +00:04:28 (18.1%) | 4:56 | 12.1 (81.8%) |
| 24 | SYLDATK Wioleta | 106 | METROŻERCY | K-30 | 9 | 00:12:12 | 00:24:47.90 | +00:04:34 (18.4%) | 4:57 | 12.1 (81.8%) |
| 25 | PACAN Mira | 79 | ŚWIAT PŁYTEK U KRYSPIŃSKA | K-30 | 10 | 00:12:35 | 00:24:49.10 | +00:04:35 (18.5%) | 4:57 | 12.1 (81.8%) |
| 26 | SAŁAJ Angelika | 92 | STAROSTWO POWIATOWE SŁUPSK | K-30 | 11 | 00:12:21 | 00:25:03.85 | +00:04:50 (19.3%) | 5:00 | 12 (81.1%) |
| 27 | KARPIŃSKA Justyna | 41 | JEDYNKABYTÓW | K-40 | 6 | 00:12:33 | 00:25:05.60 | +00:04:51 (19.4%) | 5:01 | 12 (81.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Czas | | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------|----------------------------|-----------|------|--------------------|--------------------|-------------------|-----------------|---------------|
| | | | | | | | netto 5km | Różn | | |
| 28 | ZAGDAN Basia | 122 | JEDYNKABYTÓW | K-30 | 12 | 00:12:33 | 00:25:05.70 | +00:04:51 (19.4%) | 5:01 | 12 (81.1%) |
| 29 | KOSMALA Aleksandra | 50 | | K-30 | 13 | 00:12:35 | 00:25:11.60 | +00:04:57 (19.7%) | 5:02 | 11.9 (80.4%) |
| 30 | KURZAWIŃSKA-JABŁOŃSKA Kasia | 56 | TEAM CZARNE BIEGA | K-40 | 7 | 00:12:19 | 00:25:27.90 | +00:05:14 (20.6%) | 5:05 | 11.8 (79.7%) |
| 31 | ŁĄCKA Katarzyna | 60 | | K-20 | 5 | 00:12:37 | 00:25:30.75 | +00:05:16 (20.7%) | 5:06 | 11.8 (79.7%) |
| 32 | ADAMOWSKA Magdalena | 1 | KLUB BIEGACZA 'GOCH' BYTÓW | K-40 | 8 | 00:12:38 | 00:25:36.80 | +00:05:23 (21.0%) | 5:07 | 11.7 (79.1%) |
| 33 | KAISER Teresa | 39 | | K-40 | 9 | 00:12:28 | 00:25:43.10 | +00:05:29 (21.3%) | 5:08 | 11.7 (79.1%) |
| 34 | CYRSON Sabina | 190 | ŚWIAT PŁYTEK U KRYSPIŃNA | K-40 | 10 | 00:12:54 | 00:25:43.85 | +00:05:30 (21.4%) | 5:08 | 11.7 (79.1%) |
| 35 | SENIUŚ Małgorzata | 94 | | K-30 | 14 | 00:12:45 | 00:25:43.90 | +00:05:30 (21.4%) | 5:08 | 11.7 (79.1%) |
| 36 | TRZEWIKOWSKA Marzena | 111 | | K-40 | 11 | 00:12:50 | 00:25:44.65 | +00:05:30 (21.4%) | 5:09 | 11.7 (79.1%) |
| 37 | PRUSZAK Aneta | 83 | RUNTASTYCZNI TEAM BYTÓW | K-30 | 15 | 00:12:37 | 00:25:47.25 | +00:05:33 (21.6%) | 5:09 | 11.6 (78.4%) |
| 38 | PRZEDNÓWEK Mariola | 84 | | K-20 | 6 | 00:12:44 | 00:25:52.10 | +00:05:38 (21.8%) | 5:10 | 11.6 (78.4%) |
| 39 | LEWANDOWSKA Anna | 166 | MKL SZCZECINEK | K-16 | 4 | 00:12:10 | 00:26:00.35 | +00:05:46 (22.2%) | 5:12 | 11.5 (77.7%) |
| 40 | BARTON Krystyna | 4 | TRIPAKA PRZECHLEWO | K-50 | 3 | 00:12:24 | 00:26:27.40 | +00:06:13 (23.5%) | 5:17 | 11.3 (76.4%) |
| 41 | KOMARZAŃSKA Martyna | 129 | | K-16 | 5 | 00:12:14 | 00:26:31.40 | +00:06:17 (23.7%) | 5:18 | 11.3 (76.4%) |
| 42 | FECKIW Małgorzata | 18 | GAWIN | K-20 | 7 | 00:11:54 | 00:26:52.25 | +00:06:38 (24.7%) | 5:22 | 11.2 (75.7%) |
| 43 | MATYSIAK-REMBALSKA Anna | 182 | ŚWIAT PŁYTEK U KRYSPIŃNA | K-40 | 12 | 00:13:06 | 00:26:52.35 | +00:06:38 (24.7%) | 5:22 | 11.2 (75.7%) |
| 44 | MROZIK Joanna | 70 | | K-30 | 16 | 00:13:21 | 00:26:59.90 | +00:06:46 (25.1%) | 5:24 | 11.1 (75.0%) |
| 45 | GRABOWSKA Kinga | 28 | | K-30 | 17 | 00:13:22 | 00:27:19.75 | +00:07:05 (26.0%) | 5:28 | 11 (74.3%) |
| 46 | KOBUS Marta | 189 | | K-30 | 18 | 00:13:38 | 00:27:44.55 | +00:07:30 (27.1%) | 5:33 | 10.8 (73.0%) |
| 47 | NAJS-COOPPA Ewelina | 73 | | K-30 | 19 | 00:13:49 | 00:27:58.10 | +00:07:44 (27.7%) | 5:35 | 10.7 (72.3%) |
| 48 | STENCEL Katarzyna | 101 | AKADEMIA BIEGOWA KIELPINO | K-40 | 13 | 00:14:07 | 00:28:11.50 | +00:07:57 (28.2%) | 5:38 | 10.6 (71.6%) |
| 49 | SZYCA Andżelika | 136 | | K-16 | 6 | 00:13:11 | 00:28:13.15 | +00:07:59 (28.3%) | 5:38 | 10.6 (71.6%) |
| 50 | BURNICKA Zofia | 137 | | K-16 | 7 | 00:13:10 | 00:28:13.60 | +00:07:59 (28.3%) | 5:38 | 10.6 (71.6%) |
| 51 | KUKLIŃSKA Joasia | 54 | METROŻERCY | K-30 | 20 | 00:13:37 | 00:28:26.05 | +00:08:12 (28.9%) | 5:41 | 10.6 (71.6%) |
| 52 | ZASADA Joanna | 123 | WYMIATACZE | K-40 | 14 | 00:13:56 | 00:28:36.45 | +00:08:22 (29.3%) | 5:43 | 10.5 (70.9%) |
| 53 | RYBARCZYK Anna | 91 | | K-16 | 8 | 00:14:12 | 00:28:42.90 | +00:08:29 (29.5%) | 5:44 | 10.4 (70.3%) |
| 54 | RYBARCZYK Irena | 90 | | K-40 | 15 | 00:14:14 | 00:28:43.05 | +00:08:29 (29.6%) | 5:44 | 10.4 (70.3%) |
| 55 | REGLIŃSKA Joanna | 85 | KLUB BIEGACZA 'GOCH' BYTÓW | K-30 | 21 | 00:14:50 | 00:29:10.20 | +00:08:56 (30.6%) | 5:50 | 10.3 (69.6%) |
| 56 | HARASIM Emilia | 29 | | K-30 | 22 | 00:14:08 | 00:29:11.80 | +00:08:58 (30.7%) | 5:50 | 10.3 (69.6%) |
| 57 | TRZEWIKOWSKA Jagoda | 112 | | K-16 | 9 | 00:14:46 | 00:29:38.95 | +00:09:25 (31.8%) | 5:55 | 10.1 (68.2%) |
| 58 | STAWSKA Anna | 100 | | K-30 | 23 | 00:14:50 | 00:30:00.45 | +00:09:46 (32.6%) | 6:00 | 10 (67.6%) |
| 59 | KWIATKOWSKA Patrycja | 57 | | K-30 | 24 | 00:14:53 | 00:30:05.90 | +00:09:52 (32.8%) | 6:01 | 10 (67.6%) |
| 60 | PAWELSKA Dorota | 80 | | K-40 | 16 | 00:14:51 | 00:30:07.90 | +00:09:54 (32.9%) | 6:01 | 10 (67.6%) |
| 61 | CIŻMOWSKA Barbara | 12 | | K-60+ | 2 | 00:14:44 | 00:30:11.10 | +00:09:57 (33.0%) | 6:02 | 9.9 (66.9%) |
| 62 | MARCZAK Małgorzata | 65 | - | K-50 | 4 | 00:14:44 | 00:30:22.00 | +00:10:08 (33.4%) | 6:04 | 9.9 (66.9%) |
| 63 | BUDZYŃSKA Elżbieta | 8 | | K-50 | 5 | 00:15:28 | 00:31:26.00 | +00:11:12 (35.6%) | 6:17 | 9.5 (64.2%) |
| 64 | JESZKA Adrianna | 37 | | K-20 | 8 | 00:15:55 | 00:32:04.90 | +00:11:51 (36.9%) | 6:25 | 9.4 (63.5%) |
| 65 | FUSIEK Maria | 133 | | K-16 | 10 | 00:14:55 | 00:33:21.45 | +00:13:07 (39.4%) | 6:40 | 9 (60.8%) |
| 66 | DRUSZCZ Magdalena | 132 | | K-16 | 11 | 00:17:06 | 00:34:56.25 | +00:14:42 (42.1%) | 6:59 | 8.6 (58.1%) |
| 67 | TOMASZEWSKA Nikola | 127 | | K-16 | 12 | 00:17:07 | 00:34:57.30 | +00:14:43 (42.1%) | 6:59 | 8.6 (58.1%) |
| 68 | SZYMAŃSKA Ewelina | 180 | | K-20 | 9 | 00:17:11 | 00:35:08.95 | +00:14:55 (42.4%) | 7:01 | 8.5 (57.4%) |
| 69 | CYRSON Weronika | 143 | | K-16 | 13 | 00:19:46 | 00:41:23.05 | +00:21:09 (51.1%) | 8:16 | 7.2 (48.6%) |
| 70 | HOŁOWIEJ Zosia | 131 | | K-16 | 14 | 00:23:00 | 00:46:04.40 | +00:25:50 (56.1%) | 9:13 | 6.5 (43.9%) |
| 71 | WANTOCH- REKOWSKA Agata | 135 | | K-16 | 15 | 00:23:01 | 00:46:04.95 | +00:25:51 (56.1%) | 9:13 | 6.5 (43.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|------------|-------------------------|-----------|------|--------------------|----------------------|-------------------|-----------------|---------------|
| 72 | ŻYCIŃSKA Klaudia | 128 | | K-16 | 16 | 00:23:02 | 00:46:06.55 | +00:25:52 (56.1%) | 9:13 | 6.5 (43.9%) |
| 73 | SOLAK Halina | 174 | ŚWIAT PŁYTEK U KRYSPINA | K-60+ | 3 | 00:21:44 | 00:46:30.30 | +00:26:16 (56.5%) | 9:18 | 6.5 (43.9%) |

Znaleziono 73 wynik(ów)