

CHARYTATYWNY BIEG NIEPODLEGŁOŚCI - BIEG 5KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Charytatywny Bieg Niepodległości
Organizator: Stowarzyszenie Pozytywni z Pasją
Data: 2022-11-13
Miejsce: Jastrowie
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDMIĄK Igor	174	7PRO SIÓDMIĄK TEAM / PENTATHLON / MBC	Open -M	1	00:21:40.50		4:20	13.8 (100%)
2	PAWŁOWICZ Roland	169	7PRO SIÓDMIĄK TEAM	Open -M	2	00:21:42.02	+00:00:01 (0.1%)	4:20	13.8 (100%)
3	SZACHO-GŁUCHOWICZ Ryszard	180	ZRYW SYPNIEWO	Open -M	3	00:22:09.75	+00:00:30 (2.3%)	4:25	13.5 (97.8%)
4	BŁASZCZYK Piotr	133		Open -M	4	00:22:50.72	+00:01:11 (5.2%)	4:34	13.1 (94.9%)
5	FOLTYNIEWICZ Hanna	37		Open -K	1	00:23:07.60	+00:01:27 (6.3%)	4:37	13 (94.2%)
6	WILK Daniel	187		Open -M	5	00:23:28.87	+00:01:48 (7.7%)	4:41	12.8 (92.8%)
7	PRZYSIWEK Piotr	29		Open -M	6	00:23:48.55	+00:02:08 (9.0%)	4:45	12.6 (91.3%)
8	CZAJKA Bartłomiej	138	UKS AP START JASTROWIE	Open -M	7	00:24:15.54	+00:02:43 (11.1%)	4:51	12.4 (89.9%)
9	MINCEWICZ Piotr	165	TEAM TERMINATORUN	Open -M	8	00:24:24.20	+00:02:43 (11.2%)	4:52	12.3 (89.1%)
10	BANIA Edward	131		Open -M	9	00:24:36.82	+00:02:59 (12.1%)	4:55	12.2 (88.4%)
11	STROMIDŁO Sebastian	177	BR - W STRONĘ ULTRA (PODCAST)	Open -M	10	00:25:26.52	+00:03:46 (14.8%)	5:05	11.8 (85.5%)
12	MARCHEL Łukasz	162	TERMINATORRUN	Open -M	11	00:25:36.49	+00:03:58 (15.4%)	5:07	11.7 (84.8%)
13	KŁUNDUKOWSKA Paulina	155	GDAŃSKI BIEGACZ TEAM	Open -K	2	00:26:00.12	+00:04:21 (16.7%)	5:12	11.5 (83.3%)
14	ŁAWNICZAK Justyna	15	WOLF TEAM	Open -K	3	00:26:27.52	+00:04:47 (18.1%)	5:17	11.3 (81.9%)
15	SKRODZKI Paweł	175		Open -M	12	00:26:41.81	+00:04:55 (18.5%)	5:20	11.2 (81.2%)
16	ZAKIELARZ Piotr	193	TEAM TERMINATORUN	Open -M	13	00:27:24.28	+00:05:47 (21.0%)	5:28	10.9 (79.0%)
17	KUCHTA Jarosław	63	SRS SZCZECINEK	Open -M	14	00:27:52.67	+00:06:21 (22.6%)	5:34	10.8 (78.3%)
18	PICZAK Łukasz	170	BRACIAK TEAM	Open -M	15	00:28:10.10	+00:06:32 (23.1%)	5:38	10.7 (77.5%)
19	BRONOWICKI Karol	135		Open -M	16	00:28:21.06	+00:06:47 (23.8%)	5:40	10.6 (76.8%)
20	OPRZĄDEK Anna	167		Open -K	4	00:28:27.51	+00:06:49 (23.9%)	5:41	10.5 (76.1%)
21	GÓRA Agnieszka	129	ZABIEGANI NOCĄ	Open -K	5	00:28:35.83	+00:06:56 (24.2%)	5:43	10.5 (76.1%)
22	SZYMCZAK Radosław	183	PROTEKTOR	Open -M	17	00:29:04.78	+00:07:31 (25.7%)	5:48	10.3 (74.6%)
23	SZCZUKOCKI Marcin	181	TEAM TERMINATORUN	Open -M	18	00:29:48.73	+00:08:11 (27.3%)	5:57	10.1 (73.2%)
24	FORTUNA Cezary	146		Open -M	19	00:30:09.07	+00:08:36 (28.3%)	6:01	10 (72.5%)
25	DŁUGA Magdalena	142	TEAM TERMINATORUN	Open -K	6	00:30:27.12	+00:08:48 (28.8%)	6:05	9.9 (71.7%)
26	FORTUNA JUNIOR Cezary	147		Open -M	20	00:30:26.72	+00:08:54 (29.0%)	6:05	9.9 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
27	KAJTOWSKI Piotr	194		Open -M	21	00:31:29.90	+00:09:53 (31.2%)	6:17	9.5 (68.8%)
28	BIEGAŃSKI Jacek	132	CROSSTEAM SZCZECINEK	Open -M	22	00:31:51.61	+00:10:19 (32.2%)	6:22	9.4 (68.1%)
29	BOBRYK Joanna	134	SZCZECINECCY BIEGACZE	Open -K	7	00:32:13.69	+00:10:35 (32.7%)	6:26	9.3 (67.4%)
30	KLUPŚ Agata	154	POZYTYWNI Z PASJĄ	Open -K	8	00:32:31.00	+00:10:45 (33.1%)	6:30	9.2 (66.7%)
31	STROMIDŁO Anna	178	BROWAR DOMOWY HATAK	Open -K	9	00:32:35.32	+00:10:59 (33.6%)	6:31	9.2 (66.7%)
32	TŁOK Damian	184		Open -M	23	00:33:21.58	+00:11:46 (35.1%)	6:40	9 (65.2%)
33	DYCKOWSKI Andrzej	143	KLUB SPORTOWY HUSARIA SZCZECINEK	Open -M	24	00:33:29.12	+00:11:53 (35.3%)	6:41	9 (65.2%)
34	ZAKIELARZ Adriana	192	TEAM TERMINATORUN	Open -K	10	00:33:37.84	+00:12:00 (35.6%)	6:43	8.9 (64.5%)
35	ROMECZ-KAZIK Gabriela	171		Open -K	11	00:33:53.18	+00:12:14 (36.0%)	6:46	8.9 (64.5%)
36	KURZAWIŃSKA Kasia	159	CZARNE BIEGA	Open -K	12	00:33:51.84	+00:12:22 (36.2%)	6:46	8.9 (64.5%)
37	LAJTER Jerzy	160	4RUNTEAM	Open -M	25	00:34:21.87	+00:12:46 (37.0%)	6:52	8.7 (63.0%)
38	SZYPKOWSKI Marek	125		Open -M	26	00:34:30.47	+00:12:56 (37.3%)	6:54	8.7 (63.0%)
39	GROCHOWSKA Agnieszka	150	LUŻNE MAJTY	Open -K	13	00:34:52.04	+00:13:13 (37.8%)	6:58	8.6 (62.3%)
40	PASIECZNIK Bartłomiej	2		Open -M	27	00:34:48.35	+00:13:15 (37.8%)	6:57	8.6 (62.3%)
41	KUICH Piotr	58		Open -M	28	00:35:00.54	+00:13:23 (38.1%)	7:00	8.6 (62.3%)
42	GAŁAN Joanna	148		Open -K	14	00:35:45.06	+00:14:09 (39.4%)	7:09	8.4 (60.9%)
43	SUCHANOWSKA Anna	179	RESPEKT LOTYŃ	Open -K	15	00:36:27.29	+00:14:52 (40.6%)	7:17	8.2 (59.4%)
44	GRZYSTEK Kasia	152		Open -K	16	00:37:16.72	+00:15:38 (41.8%)	7:27	8.1 (58.7%)
45	MAZUR Tomasz	164		Open -M	29	00:37:39.54	+00:16:04 (42.5%)	7:31	8 (58.0%)
46	WROBLEWSKI Jerzy	191	PARKRUN SZCZECINEK	Open -M	30	00:38:17.05	+00:16:42 (43.4%)	7:39	7.8 (56.5%)
47	DZIERZAWA Aleksandra	144		Open -K	17	00:38:26.71	+00:16:49 (43.6%)	7:41	7.8 (56.5%)
48	GAWORECKI Sławomir	149	KLUB SPORTOWY HUSARIA SZCZECINEK	Open -M	31	00:39:19.94	+00:17:46 (45.0%)	7:51	7.6 (55.1%)
49	KOZŁOWSKI Piotr	157	KLUB SPORTOWY HUSARIA SZCZECINEK	Open -M	32	00:39:18.34	+00:17:46 (45.0%)	7:51	7.6 (55.1%)
50	CZEREŚNIAK Iwona	139		Open -K	18	00:40:06.17	+00:18:27 (45.9%)	8:01	7.5 (54.3%)
51	MATYSEK Ireneusz	99	KOMANDOS WAŁECKI	Open -M	33	00:40:11.02	+00:18:37 (46.1%)	8:02	7.5 (54.3%)
52	WIŚNIK Marcin	190		Open -M	34	00:40:22.22	+00:18:48 (46.4%)	8:04	7.4 (53.6%)
53	DZIERZAWA Tomasz	145		Open -M	35	00:40:51.86	+00:19:14 (46.9%)	8:10	7.3 (52.9%)
54	SAROSIK Anna	173		Open -K	19	00:41:41.87	+00:20:06 (48.0%)	8:20	7.2 (52.2%)
55	NITA Katarzyna	166		Open -K	20	00:42:34.72	+00:20:58 (49.1%)	8:30	7 (50.7%)
56	SZOPA Łukasz	182		Open -M	36	00:43:13.99	+00:21:41 (49.9%)	8:38	6.9 (50.0%)
57	SKRĘTNY Mariusz	46		Open -M	37	00:43:47.58	+00:22:17 (50.6%)	8:45	6.9 (50.0%)

Znaleziono 57 wynik(ów)