



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY
FUNDACJA PROFIT MARATON
2023-09-02
Sobieszów
42 km

CHOJNIK MARATON

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 23km	Droga pod Reglami 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	SZKODA Kasia	183	NESSI / JESTEMODROMKA	K30	1	00:30:36	02:28:43	04:08:52	04:48:19.60	04:48:19.60		6:51	8.7 (100%)
2	LULIS Anna	103		K40	1	00:34:04	02:41:39	04:27:49	05:14:20.60	05:14:20.60	+00:26:01 (8.3%)	7:29	8 (92.0%)
3	ŁUKASIEWICZ Ewa	105	AW-SZYBCIEJ-TEAM	K50	1	00:37:03	02:53:53	04:39:26	05:26:22.70	05:26:22.70	+00:38:03 (11.7%)	7:46	7.7 (88.5%)
4	ANDRZEJEWSKA Magdalena	2	SMYKOFSKI	K40	2	00:36:31	02:46:29	04:36:33	05:28:49.35	05:28:49.35	+00:40:29 (12.3%)	7:49	7.7 (88.5%)
5	WIECZOREK Maria	207	PRZEDWOJEWSKI TEAM	K30	2	00:38:27	02:51:52	04:41:47	05:31:38.30	05:31:38.30	+00:43:18 (13.1%)	7:53	7.6 (87.4%)
6	SKRZYPCZYK Paulina	167	42K PRO TEAM	K30	3	00:35:36	02:56:09	04:50:33	05:36:25.70	05:36:25.70	+00:48:06 (14.3%)	8:00	7.5 (86.2%)
7	MURAWSKA Wioletta	232		K50	2	00:35:29	02:52:00	04:46:45	05:36:59.10	05:36:59.10	+00:48:39 (14.4%)	8:01	7.5 (86.2%)
8	RESPONDEK Anna	146		K40	3	00:38:06	03:02:43	05:04:58	05:53:20.15	05:53:20.15	+01:05:00 (18.4%)	8:24	7.1 (81.6%)
9	KURANT Elena	94	BW BIEGACZE WYMIATACZE	K40	4	00:36:48	02:58:55	05:00:03	05:53:56.85	05:53:56.85	+01:05:37 (18.5%)	8:25	7.1 (81.6%)
10	KAMINSKA Paulina	245		K30	4	00:41:05	03:03:50	05:04:05	05:54:08.95	05:54:08.95	+01:05:49 (18.6%)	8:25	7.1 (81.6%)
11	SZUKALSKA Milena	185		K30	5	00:38:45	03:03:36	05:07:32	06:01:25.20	06:01:25.20	+01:13:05 (20.2%)	8:36	7 (80.5%)
12	ŻYCHSKA Anna	227		K30	6	00:39:23	03:12:06	05:18:18	06:19:20.70	06:19:20.70	+01:31:01 (24.0%)	9:01	6.6 (75.9%)
13	DZIEKANOWSKA Maria	35		K18	1	00:38:37	03:12:41	05:23:49	06:20:09.75	06:20:09.75	+01:31:50 (24.2%)	9:03	6.6 (75.9%)
14	KRÓLIKOWSKA Emilia	88		K30	7	00:42:24	03:18:46	05:25:39	06:21:46.15	06:21:46.15	+01:33:26 (24.5%)	9:05	6.6 (75.9%)
15	OCIEPA Sabina	122		K40	5	00:43:07	03:22:01	05:28:36	06:22:39.55	06:22:39.55	+01:34:19 (24.7%)	9:06	6.6 (75.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami		Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h	
						6km	Trzy Jawory 23km						
16	GRABIAS Aleksandra	49		K30	8	00:39:55	03:18:02	05:30:57	06:24:47.35	06:24:47.35	+01:36:27 (25.1%)	9:09	6.5 (74.7%)
17	FLORCZAK Sylwia	41		K40	6	00:40:11	03:18:02	05:32:28	06:26:25.60	06:26:25.60	+01:38:06 (25.4%)	9:12	6.5 (74.7%)
18	KUŁAKOWSKA Monika	90		K40	7	00:41:12	03:25:27	05:39:02	06:32:31.30	06:32:31.30	+01:44:11 (26.5%)	9:20	6.4 (73.6%)
19	WIKLIŃSKA Iga	209		K18	2	00:41:52	03:24:39	05:37:36	06:33:07.25	06:33:07.25	+01:44:47 (26.7%)	9:21	6.4 (73.6%)
20	KUDŁA Joanna	89	KUDŁATE MAKARONY / GÓRAL Z MAZUR RUNNING TEAM	K30	9	00:40:06	03:19:05	05:35:59	06:34:08.70	06:34:08.70	+01:45:49 (26.8%)	9:23	6.4 (73.6%)
21	SIKORA Malwina	161		K18	3	00:44:47	03:22:38	05:37:12	06:34:44.50	06:34:44.50	+01:46:24 (27.0%)	9:23	6.4 (73.6%)
22	PATROŃSKA Magdalena	131	ŻARŁOKI	K30	10	00:41:49	03:24:00	05:40:28	06:35:14.20	06:35:14.20	+01:46:54 (27.0%)	9:24	6.4 (73.6%)
23	DUBAS Anna	34	SPRAWDZAMY-NIERUCHOMOSCI.PL	K30	11	05:40:54			06:35:34.60	06:35:34.60	+01:47:15 (27.1%)	9:25	6.4 (73.6%)
24	WALKOWIAK Dominika	241		K30	12	00:41:51	03:29:45	05:50:14	06:42:51.65	06:42:51.65	+01:54:32 (28.4%)	9:35	6.3 (72.4%)
25	JÓZEFIAK Beata	236	WLKP MOUNTAINS ULTRA	K30	13	00:40:16	03:15:32	05:40:23	06:44:04.35	06:44:04.35	+01:55:44 (28.6%)	9:37	6.2 (71.3%)
26	MACHNICKA Wiktoria	106		K18	4	05:49:30			06:47:40.45	06:47:40.45	+01:59:20 (29.3%)	9:42	6.2 (71.3%)
27	KUNKEL Anna	92	PGB SPORTOWA PACZKA	K40	8	00:44:46	03:38:26	05:58:22	06:56:12.20	06:56:12.20	+02:07:52 (30.7%)	9:54	6.1 (70.1%)
28	BENTKOWSKA Magdalena	9	DIRTY SPARROWS	K30	14	00:40:51	03:33:27	06:02:56	06:56:32.75	06:56:32.75	+02:08:13 (30.8%)	9:55	6 (69.0%)
29	ZARĘBA Anna	219		K30	15	00:42:31	03:30:11	05:59:47	06:58:03.30	06:58:03.30	+02:09:43 (31.0%)	9:57	6 (69.0%)
30	LEWKOWICZ Marta	100		K30	16	00:47:47	03:57:38	06:03:33	06:58:35.60	06:58:35.60	+02:10:16 (31.1%)	9:57	6 (69.0%)
31	MARCINKOWSKA Martyna	108		K30	17	00:49:49	03:52:14	06:15:11	07:16:20.80	07:16:20.80	+02:28:01 (33.9%)	10:23	5.8 (66.7%)
32	WNUK Ewelina	210		K30	18	00:43:55	03:38:36	06:11:58	07:18:20.20	07:18:20.20	+02:30:00 (34.2%)	10:26	5.7 (65.5%)
33	DĘBSKA-ZEŃCZAK Agnieszka	30		K30	19	00:43:54	03:38:37	06:11:58	07:18:20.45	07:18:20.45	+02:30:00 (34.2%)	10:26	5.7 (65.5%)
34	GRABOWSKA Zuzanna	50	IZBICKO W BIEGU	K18	5	00:47:25	03:47:09	06:20:39	07:21:25.75	07:21:25.75	+02:33:06 (34.7%)	10:30	5.7 (65.5%)
35	KOBA Ania	77		K40	9	00:45:06	03:41:18	06:14:04	07:22:32.45	07:22:32.45	+02:34:12 (34.8%)	10:32	5.7 (65.5%)
36	WESOŁOWSKA Iwona	206		K30	20	00:46:21	03:44:06	06:16:06	07:23:06.35	07:23:06.35	+02:34:46 (34.9%)	10:33	5.7 (65.5%)
37	BRZozowska Katarzyna	18		K40	10	00:45:17	03:46:44	06:25:27	07:30:27.15	07:30:27.15	+02:42:07 (36.0%)	10:43	5.6 (64.4%)
38	TOMYŚLAK Magdalena	194	TAKE CONTROL	K30	21	00:42:56	03:45:09	06:27:48	07:34:43.95	07:34:43.95	+02:46:24 (36.6%)	10:49	5.5 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga			Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
						pod Reglami 6km	Trzy Jawory 23km	pod Reglami 35km					
39	MARKOWSKA Ewa	109	SZAKALE BAŁUT ŁÓDŹ	K40	11	00:46:34	03:53:06	06:30:50	07:35:06.20	07:35:06.20	+02:46:46 (36.6%)	10:50	5.5 (63.2%)
40	ROKSELA-MIELNIK Iwona	149		K30	22	00:43:24	03:47:05	06:36:28	07:38:12.10	07:38:12.10	+02:49:52 (37.1%)	10:54	5.5 (63.2%)
41	CICHA Małgorzata	22		K30	23	00:43:17	03:47:05	06:36:27	07:38:12.40	07:38:12.40	+02:49:52 (37.1%)	10:54	5.5 (63.2%)
42	PAWELEC Krystyna	132	DOGOŃ GRODZISK MAZOWIECKI	K60	1	00:48:38	03:57:10	06:41:12	07:48:09.05	07:48:09.05	+02:59:49 (38.4%)	11:08	5.4 (62.1%)
43	BOCHAN Lidia	14		K40	12	00:46:27	03:57:23	06:48:42	07:54:05.10	07:54:05.10	+03:05:45 (39.2%)	11:17	5.3 (60.9%)
44	BORÓWKO Kinga	15		K40	13	00:46:27	03:57:23	06:48:42	07:55:15.45	07:55:15.45	+03:06:55 (39.3%)	11:18	5.3 (60.9%)
45	MROZIK Magdalena	117	POWER TRAINING	K30	24	00:49:07	04:04:10	06:50:21	07:55:31.50	07:55:31.50	+03:07:11 (39.4%)	11:19	5.3 (60.9%)
46	BOBINSKA Marta	13		K30	25	00:49:07	04:04:11	06:50:21	07:55:31.75	07:55:31.75	+03:07:12 (39.4%)	11:19	5.3 (60.9%)
47	WALCZAK Anna	199		K40	14	00:48:10	04:05:03	06:52:07	07:57:11.60	07:57:11.60	+03:08:52 (39.6%)	11:21	5.3 (60.9%)
48	SADOWSKA Natalia	157		K30	26	00:49:19	03:59:44	06:51:43	07:58:50.95	07:58:50.95	+03:10:31 (39.8%)	11:24	5.3 (60.9%)
49	SIKORSKA Agnieszka	162		K40	15	00:49:09	04:01:41	06:51:19	07:59:04.75	07:59:04.75	+03:10:45 (39.8%)	11:24	5.3 (60.9%)
50	KADZIDŁOWSKA Aleksandra	68		K40	16	00:46:07	04:00:00	06:50:30	07:59:51.30	07:59:51.30	+03:11:31 (39.9%)	11:25	5.3 (60.9%)
51	PYREK Iwona	142		K40	17	00:46:36	04:09:04	06:59:46	08:01:51.80	08:01:51.80	+03:13:32 (40.2%)	11:28	5.2 (59.8%)
52	PYZIO Magda	144		K30	27	00:42:56	03:45:39	06:55:07	08:03:24.25	08:03:24.25	+03:15:04 (40.4%)	11:30	5.2 (59.8%)
53	KLUZA-HOWIL Lila	76	BIEGOWE KAIZEN	K40	18	00:50:17	04:00:46	06:56:02	08:08:06.40	08:08:06.40	+03:19:46 (40.9%)	11:37	5.2 (59.8%)
54	LEDNICKA Lidia	229		K40	19	00:51:13	04:00:44	06:55:10	08:09:50.30	08:09:50.30	+03:21:30 (41.1%)	11:39	5.1 (58.6%)
55	KOTULA Weronika	83		K30	28	00:50:05	04:11:59	07:04:00	08:12:39.35	08:12:39.35	+03:24:19 (41.5%)	11:43	5.1 (58.6%)
56	JĘDRZEJCZAK Anna	230		K50	3	00:47:12	04:01:45	07:01:13	08:15:13.20	08:15:13.20	+03:26:53 (41.8%)	11:47	5.1 (58.6%)
57	HANGIEL Urszula	58	ŻWAWĘ ŻÓŁWIE	K40	20	00:50:52	04:14:27	07:07:02	08:18:10.85	08:18:10.85	+03:29:51 (42.1%)	11:51	5.1 (58.6%)
58	BALCERZAK Krysia	5	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	21	00:48:28	04:10:23	07:08:31	08:18:12.40	08:18:12.40	+03:29:52 (42.1%)	11:51	5.1 (58.6%)
59	FAFARA Agnieszka	37	PIETRZYK RUNNING TEAM	K40	22	00:50:44	04:10:23	07:08:31	08:18:12.55	08:18:12.55	+03:29:52 (42.1%)	11:51	5.1 (58.6%)
60	OLECHNOWICZ Magda	124	BBL GORZÓW WIELKOPOLSKI	K40	23	00:51:28	04:14:46	07:08:52	08:22:10.75	08:22:10.75	+03:33:51 (42.6%)	11:57	5 (57.5%)
61	SZYMANKIEWICZ Edyta	187	CROSS STRACEŃCÓW TEAM / ŚLEZAK TEAM	K50	4	00:47:49	04:15:08	07:14:07	08:22:31.70	08:22:31.70	+03:34:12 (42.6%)	11:57	5 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 23km	Droga pod Reglami 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
62	TRUSS Magdalena	196		K50	5	00:47:58	04:09:10	07:13:32	08:25:20.65	08:25:20.65	+03:37:01 (42.9%)	12:01	5 (57.5%)
63	JANKOWSKA Marzena	62	FU FU FU TEAM	K40	24	00:51:00	04:19:12	07:14:41	08:29:22.20	08:29:22.20	+03:41:02 (43.4%)	12:07	4.9 (56.3%)
64	RZECZYŃSKA Anna	156	BBL GORZÓW WLKP	K40	25	00:52:05	04:27:18	07:24:55	08:39:03.75	08:39:03.75	+03:50:44 (44.5%)	12:21	4.9 (56.3%)
65	GRZEGRZÓŁKA Anna	56	ZABIEGANI Z LEŚNEJ	K40	26	00:47:58	04:19:48	07:24:59	08:43:53.25	08:43:53.25	+03:55:33 (45.0%)	12:28	4.8 (55.2%)
66	MIŁOSZEWSKA Katarzyna	113	IZERY BOGATYNIA	K40	27	00:47:57	04:19:51	07:25:00	08:45:21.05	08:45:21.05	+03:57:01 (45.1%)	12:30	4.8 (55.2%)
67	BILAS-HETMAN Anna	12		K40	28	00:53:02	04:38:16	07:34:06	08:49:29.70	08:49:29.70	+04:01:10 (45.5%)	12:36	4.8 (55.2%)
68	LARWA Katarzyna	96		K30	29	00:52:30	04:29:49	07:38:28	08:54:35.50	08:54:35.50	+04:06:15 (46.1%)	12:43	4.7 (54.0%)
69	PASZEK Krystyna	130	WOLNI BIEGACZE SLOW JOGGING GRODZISK MAZ.	K60	2	00:52:04	04:30:04	07:42:03	08:59:28.65	08:59:28.65	+04:11:09 (46.6%)	12:50	4.7 (54.0%)
Przekroczony limit czasu: 09:00:00													
70	RUDZIEWICZ Urszula	151		K40	29	00:47:23	04:13:23	07:41:16	09:03:29.90	09:03:29.90	+04:15:10 (46.9%)	12:56	4.6 (52.9%)
71	CIMOSZKO Katarzyna	24	WATAHA MKW TEAM	K40	30	00:55:23	04:42:58	08:00:35	09:12:20.10	09:12:20.10	+04:24:00 (47.8%)	13:09	4.6 (52.9%)
	BŁĘDKOWSKA Katarzyna	235		K30		00:44:56 DNF	03:59:20 DNF	DNF	DNF	DNF		-	- (0.0%)
	KAPŁON Anna	69		K40		00:53:38 DNF	04:38:27 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 73 wynik(ów)