



Event:
Organiser:
Date:
Place:
Distance:

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2020
FUNDACJA PROFIT MARATON
2020-09-05
Sobieszów
42 km

CHOJNIK MARATON

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K40

Place	Participant	Number	Club	Category	MCat	Start time	Droga pod Reglami 6km	Trzy Jawory 24km	Droga pod Reglami 36km	Net time 46km	Czas brutto 46km	Gap	Pace min/km	Pace km/h
1	BIAŁEK Beata	312	KBHERMES GRYFINO	K40	1	00:09:15	00:37:33	02:40:14	04:27:34	05:18:08.20	05:27:24.10		6:54	8.7 (100%)
2	ARDELLI Ewa	358	BIELAWSKA AKADEMIA BIEGANIA	K40	2	00:00:03	00:38:32	02:53:43	04:54:19	05:44:05.15	05:44:09.00	+00:25:56 (7.5%)	7:28	8 (92.0%)
3	KONOPKA Sylwia	206	TOUR DE ZBÓJ	K40	3	00:53:58	00:42:21	03:11:22	05:03:30	05:51:26.35	06:45:25.30	+00:33:18 (9.5%)	7:38	7.9 (90.8%)
4	BIEŃ Magdalena	360		K40	4	00:05:30	00:41:59	03:14:34	05:21:01	06:12:56.15	06:18:26.30	+00:54:47 (14.7%)	8:06	7.4 (85.1%)
5	BOROWCZYK Julita	383	ANTEK TEAM	K40	5	00:25:49	00:47:33	03:29:21	05:34:29	06:23:51.80	06:49:41.15	+01:05:43 (17.1%)	8:20	7.2 (82.8%)
6	KUJAWKA Urszula	74	KAT CROSS	K40	6	00:04:25	00:42:42	03:21:52	05:34:27	06:26:12.90	06:30:38.65	+01:08:04 (17.6%)	8:23	7.1 (81.6%)
7	SZYNWELSKA Żaneta	183		K40	7	00:16:59	00:42:22	03:16:11	05:30:23	06:28:36.95	06:45:36.50	+01:10:28 (18.1%)	8:26	7.1 (81.6%)
8	MYSŁEK Anna	106		K40	8	00:08:31	00:45:20	03:24:37	05:44:15	06:41:29.15	06:50:00.70	+01:23:20 (20.8%)	8:43	6.9 (79.3%)
9	KASPERSKA Barbara	6	BBL GORZÓW	K40	9	00:15:08	00:47:37	03:33:46	05:49:54	06:48:29.45	07:03:37.70	+01:30:21 (22.1%)	8:52	6.8 (78.2%)
10	MILEWSKA Anna	66		K40	10	00:17:54	00:45:28	03:37:34	05:55:29	06:51:11.95	07:09:06.25	+01:33:03 (22.6%)	8:56	6.7 (77.0%)
11	BOROWSKA-NAJDEREK Paulina	47	WLKP MOUNTAINS ULTRA /FREE RUN	K40	11	00:11:01	00:47:11	03:33:51	05:53:26	06:53:57.30	07:04:58.70	+01:35:49 (23.1%)	8:59	6.7 (77.0%)
12	WIECZOREK Monika	190		K40	12	00:20:36	00:43:45	03:29:51	05:53:49	06:57:23.95	07:18:00.85	+01:39:15 (23.8%)	9:04	6.6 (75.9%)
13	WIŚNIEWSKA Dorota	144	BBL ZDUŃSKA WOLA	K40	13	00:03:21	00:47:49	03:34:28	05:59:58	06:58:52.90	07:02:14.15	+01:40:44 (24.1%)	9:06	6.6 (75.9%)
14	KUJAWSKA Agnieszka	295		K40	14	00:14:35	00:45:33	03:35:21	06:15:28	07:18:09.45	07:32:45.00	+02:00:01 (27.4%)	9:31	6.3 (72.4%)
15	TOMOŃSKA-MALINOWSKA Joanna	163		K40	15	00:16:49	00:49:09	03:37:29	06:15:03	07:22:19.45	07:39:09.20	+02:04:11 (28.1%)	9:36	6.2 (71.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Droga pod	Trzy	Droga pod	Net	Czas	Gap	Pace min/km	Pace km/h
							Reglami 6km	Jawory 24km	Reglami 36km	time 46km	brutto 46km			
16	KAZUBOWSKA Ola	233	PARKRUN GORZÓW WLKP.	K40	16	00:35:28	00:58:45	03:55:11	06:20:20	07:25:14.90	08:00:43.35	+02:07:06 (28.5%)	9:40	6.2 (71.3%)
17	MAJER Maja	92	BIEGAMDLAZDROWIA.PL	K40	17	00:10:08	00:53:25	03:56:27	06:36:21	07:36:08.85	07:46:17.55	+02:18:00 (30.3%)	9:54	6.1 (70.1%)
18	WIECZOREK Elżbieta	288	WAŁBRZYSKIE CENTRUM SIŁY	K40	18	00:11:30	00:47:05	03:44:50	06:33:02	07:39:13.95	07:50:44.35	+02:21:05 (30.7%)	9:59	6 (69.0%)
19	KOWALSKA-GRZEJDA Anna	339		K40	19	00:06:40	00:54:24	04:02:33	06:38:38	07:45:45.25	07:52:25.40	+02:27:37 (31.7%)	10:07	5.9 (67.8%)
20	FIGEL Monika	266	MIKI TEAM	K40	20	00:45:41	00:56:05	04:02:59	06:40:13	07:49:02.55	08:34:43.90	+02:30:54 (32.2%)	10:11	5.9 (67.8%)
21	GIENIEC-CZUBA Róża	130		K40	21	00:04:30	00:54:41	04:00:58	06:43:44	07:51:39.40	07:56:09.80	+02:33:31 (32.5%)	10:15	5.9 (67.8%)
22	GLINKA Agnieszka	372	BRAVEHEARTS LEGIONOWO	K40	22	00:48:16	00:53:31	04:07:16	06:58:48	08:02:40.35	08:50:57.15	+02:44:32 (34.1%)	10:29	5.7 (65.5%)
23	KSIĄŻEK Emi	374	WIERZBICKIRUNPROJEKT	K40	23	00:10:28	00:54:33	04:06:07	07:00:24	08:07:33.50	08:18:01.90	+02:49:25 (34.7%)	10:35	5.7 (65.5%)
24	WOJEWODA Renata	208	TRI WAWA KAZIKI	K40	24	00:03:06	00:52:55	04:16:31	07:00:46	08:10:13.60	08:13:20.05	+02:52:05 (35.1%)	10:39	5.6 (64.4%)
25	NOWAKOWSKA Beata	77	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	25	00:14:40	00:57:47	04:24:47	07:13:30	08:18:40.60	08:33:21.55	+03:00:32 (36.2%)	10:50	5.5 (63.2%)
26	KUKLA-KOWALSKA Alicja	98		K40	26	00:06:03	00:55:33	04:20:43	07:07:00	08:23:00.45	08:29:04.30	+03:04:52 (36.8%)	10:56	5.5 (63.2%)
27	SAKOWSKA Aneta	81	MARATONKA GRAJEWO	K40	27	00:24:46	00:51:59	04:08:55	07:12:33	08:27:11.25	08:51:57.60	+03:09:03 (37.3%)	11:01	5.4 (62.1%)
28	MARCINIAK - HENC Aneta	165	NIGHT RUNNERS	K40	28	00:06:44	00:50:46	04:02:19	07:15:17	08:30:38.65	08:37:23.30	+03:12:30 (37.7%)	11:06	5.4 (62.1%)
29	WÓJTOWICZ Izabela	205		K40	29	00:01:03	00:51:01	04:11:01	07:10:18	08:30:47.90	08:31:51.10	+03:12:39 (37.7%)	11:06	5.4 (62.1%)
30	SZYMANKIEWICZ Edyta	44	CROSS STRACEŃCÓW TEAM	K40	30	00:01:14	00:58:30	04:22:20	07:21:06	08:37:14.60	08:38:28.60	+03:19:06 (38.5%)	11:14	5.3 (60.9%)
31	PATEREK Ada	340	12TRI.PL	K40	31	00:06:35	00:54:54	04:24:58	07:24:53	08:37:55.70	08:44:30.80	+03:19:47 (38.6%)	11:15	5.3 (60.9%)
32	SACKIEWICZ-WIĄCEK Agnieszka	173	BIEGAJ W JEDLINIE	K40	32	00:12:23	00:54:49	04:28:33	07:32:27	08:41:25.40	08:53:48.60	+03:23:17 (39.0%)	11:20	5.3 (60.9%)
33	UNIEJEWSKA Marzena	27		K40	33	00:05:15	00:57:51	04:32:40	07:33:51	08:48:54.05	08:54:09.70	+03:30:45 (39.8%)	11:29	5.2 (59.8%)
34	NOWAK Katarzyna	159	KB WARTKO	K40	34	00:01:59	00:55:48	04:28:07	07:36:18	08:55:56.05	08:57:56.00	+03:37:47 (40.6%)	11:39	5.1 (58.6%)
35	TYLUŚ Sylwia	29	TEAM BIEGOWY SZCZECINEK	K40	35	00:37:58	00:57:16	04:54:38	08:04:00	08:58:47.75	09:36:46.15	+03:40:39 (41.0%)	11:42	5.1 (58.6%)
36	RZECZYŃSKA Anna	7		K40	36	00:10:23	00:55:53	04:57:00	08:20:17	09:40:07.45	09:50:31.20	+04:21:59 (45.2%)	12:36	4.8 (55.2%)
37	POLAŃSKA Małgorzata	1		K40	37	00:00:53	01:00:47	05:01:25				+02:21:11	12:33	4.8 (55.2%)
38	DZIOPA Małgorzata	166		K40	38	00:09:21	00:53:02					+00:15:30	8:50	6.8 (78.2%)

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	ROSTOCKA Joanna	84		K40		DNF	00:55:18 DNF	04:38:47 DNF	DNF	DNF	DNF		-	- (0.0%)

Total 39 results.