



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY  
FUNDACJA PROFIT MARATON  
2022-09-03  
Sobieszów  
42 km

# CHOJNIK MARATON

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 24km	Droga pod Reglami 36km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	<b>CZERNIAK Paweł</b>	<b>322</b>	KARKONOSZE RUNNING TEAM	M30	1	00:29:09	01:59:24	03:13:21	<b>03:45:12.05</b>	<b>03:45:12.05</b>		5:21	11.2 (100%)
2	<b>BOULKHALF Abdellatif</b>	<b>32</b>	KB WIKON NOWA SÓL	M30	2	00:28:51	02:00:26	03:13:45	<b>03:45:37.20</b>	<b>03:45:37.20</b>	+00:00:25 (0.2%)	5:22	11.2 (100%)
3	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>325</b>	HOKA GARMIN TEAM	M30	3	00:29:11	02:00:19	03:17:29	<b>03:52:07.85</b>	<b>03:52:07.85</b>	+00:06:55 (3.0%)	5:31	10.9 (97.3%)
4	<b>LULIS Dawid</b>	<b>155</b>	ALTRA TEAM RED	M30	4	00:29:14	02:08:05	03:30:52	<b>04:05:32.65</b>	<b>04:05:32.65</b>	+00:20:20 (8.3%)	5:50	10.3 (92.0%)
5	<b>BONIEC Radosław</b>	<b>27</b>	NADLEŚNICTWO LIPINKI/140MINUT.PL	M30	5	00:29:09	02:10:08	03:33:15	<b>04:09:16.45</b>	<b>04:09:16.45</b>	+00:24:04 (9.7%)	5:56	10.1 (90.2%)
6	<b>ŚWIDA Adam</b>	<b>275</b>	FIZJOPASJONACI	M30	6	00:30:06	02:13:31	03:41:10	<b>04:18:09.65</b>	<b>04:18:09.65</b>	+00:32:57 (12.8%)	6:08	9.8 (87.5%)
7	<b>STANKIEWICZ Tomasz</b>	<b>246</b>	PLANYBIEGOWE.PL	M30	7	00:31:33	02:20:21	03:43:44	<b>04:23:07.05</b>	<b>04:23:07.05</b>	+00:37:55 (14.4%)	6:15	9.6 (85.7%)
8	<b>HLAVATÍK Jan</b>	<b>81</b>	JUMP SPORT FRÝDEK-MÍSTEK (CZE)	M30	8	00:29:11	02:14:17	03:45:47	<b>04:30:41.05</b>	<b>04:30:41.05</b>	+00:45:29 (16.8%)	6:26	9.3 (83.0%)
9	<b>WIECZORKIEWICZ Zbigniew</b>	<b>295</b>	WEPA PIECHOWICE	M30	9	00:34:00		03:50:51	<b>04:33:21.85</b>	<b>04:33:21.85</b>	+00:48:09 (17.6%)	6:30	9.2 (82.1%)
10	<b>BORZYSTOWSKI Patryk</b>	<b>31</b>		M30	10	00:30:51	02:14:50	03:52:55	<b>04:40:24.90</b>	<b>04:40:24.90</b>	+00:55:12 (19.7%)	6:40	9 (80.4%)
11	<b>KROGULEC Waldemar</b>	<b>132</b>	HIGHLAND HILL RUNNERS	M30	11	00:32:04	02:23:46	04:00:41	<b>04:43:48.65</b>	<b>04:43:48.65</b>	+00:58:36 (20.7%)	6:45	8.9 (79.5%)
12	<b>SZYMAŃSKI Paweł</b>	<b>271</b>	FIZJOBIEGACZE SZCZECIN	M30	12	00:32:50	02:29:38	04:08:13	<b>04:47:27.80</b>	<b>04:47:27.80</b>	+01:02:15 (21.7%)	6:50	8.8 (78.6%)
13	<b>ŚNIERZYŃSKI Robert</b>	<b>274</b>		M30	13	00:35:08	02:33:07	04:14:50	<b>04:58:44.00</b>	<b>04:58:44.00</b>	+01:13:31 (24.6%)	7:06	8.4 (75.0%)
14	<b>STOŃ Wojciech</b>	<b>249</b>	PACMAN RUNNING TEAM	M30	14	00:39:15	02:44:34	04:20:41	<b>04:59:46.55</b>	<b>04:59:46.55</b>	+01:14:34 (24.9%)	7:08	8.4 (75.0%)
15	<b>WĄCHAŁA Damian</b>	<b>290</b>		M30	15	00:32:49	02:30:29	04:18:11	<b>05:00:56.70</b>	<b>05:00:56.70</b>	+01:15:44 (25.2%)	7:09	8.4 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 24km	Droga pod Reglami 36km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
16	<b>MACIEJEWSKI Roman</b>	<b>160</b>		M30	16	00:36:25	02:35:31	04:27:38	<b>05:13:59.30</b>	<b>05:13:59.30</b>	+01:28:47 (28.3%)	7:28	8 (71.4%)
17	<b>POPKO Łukasz</b>	<b>209</b>		M30	17	00:39:52	02:47:03	04:33:19	<b>05:18:41.15</b>	<b>05:18:41.15</b>	+01:33:29 (29.3%)	7:35	7.9 (70.5%)
18	<b>BIELECKI Tomasz</b>	<b>17</b>		M30	18	00:39:18	02:44:32	04:31:46	<b>05:20:44.00</b>	<b>05:20:44.00</b>	+01:35:31 (29.8%)	7:38	7.9 (70.5%)
19	<b>GOLONKA Paweł</b>	<b>65</b>	KB WIKON NOWA SÓL	M30	19	00:37:33	02:46:10	04:36:52	<b>05:22:35.10</b>	<b>05:22:35.10</b>	+01:37:23 (30.2%)	7:40	7.8 (69.6%)
20	<b>GRACZ Paweł</b>	<b>71</b>	ULTRA DIABŁY TEAM LUBRZA	M30	20	00:34:30	02:33:45	04:29:14	<b>05:27:49.85</b>	<b>05:27:49.85</b>	+01:42:37 (31.3%)	7:48	7.7 (68.8%)
21	<b>BUNIKOWSKI Michał</b>	<b>36</b>		M30	21	00:38:08	02:44:32	04:38:12	<b>05:31:38.10</b>	<b>05:31:38.10</b>	+01:46:26 (32.1%)	7:53	7.6 (67.9%)
22	<b>ZAWADKA Dariusz</b>	<b>347</b>		M30	22	00:41:20	02:54:31	04:46:27	<b>05:34:22.15</b>	<b>05:34:22.15</b>	+01:49:10 (32.6%)	7:57	7.5 (67.0%)
23	<b>WANAT Mateusz</b>	<b>287</b>	PRZEDWOJEWSKI TEAM	M30	23	00:40:01	02:49:16	04:45:40	<b>05:35:54.85</b>	<b>05:35:54.85</b>	+01:50:42 (33.0%)	7:59	7.5 (67.0%)
24	<b>ZAJĄCZKOWSKI Paweł</b>	<b>311</b>	POWER TRAINING	M30	24	00:39:04	02:55:54	04:50:35	<b>05:37:46.65</b>	<b>05:37:46.65</b>	+01:52:34 (33.3%)	8:02	7.5 (67.0%)
25	<b>SZELIGOWSKI Jarosław</b>	<b>257</b>	CALISIAMED.PL	M30	25	00:39:12	02:46:24	04:51:21	<b>05:43:23.60</b>	<b>05:43:23.60</b>	+01:58:11 (34.4%)	8:10	7.3 (65.2%)
26	<b>GAŁECKI Robert</b>	<b>58</b>	HFB	M30	26	00:36:48	02:47:22	04:53:48	<b>05:45:28.15</b>	<b>05:45:28.15</b>	+02:00:16 (34.8%)	8:13	7.3 (65.2%)
27	<b>MROWCA Paweł</b>	<b>177</b>		M30	27	00:39:25	02:44:56	04:52:49	<b>05:46:25.95</b>	<b>05:46:25.95</b>	+02:01:13 (35.0%)	8:14	7.3 (65.2%)
28	<b>KWAŚNIEWSKI Rafał</b>	<b>146</b>	SKL STARGARD	M30	28	00:46:35	03:01:47	05:01:09	<b>05:48:29.60</b>	<b>05:48:29.60</b>	+02:03:17 (35.4%)	8:17	7.2 (64.3%)
29	<b>KŁÓDKIEWICZ Marcin</b>	<b>109</b>		M30	29	00:40:31	02:57:57	05:01:58	<b>05:54:05.65</b>	<b>05:54:05.65</b>	+02:08:53 (36.4%)	8:25	7.1 (63.4%)
30	<b>BARSZCZYK Dawid</b>	<b>10</b>	IZERY BOGATYNIA	M30	30	00:38:24	02:54:46	05:03:52	<b>05:54:38.35</b>	<b>05:54:38.35</b>	+02:09:26 (36.5%)	8:26	7.1 (63.4%)
31	<b>ORŁOWSKI Bartosz</b>	<b>349</b>		M30	31	00:42:34	03:00:03	05:02:27	<b>05:57:29.60</b>	<b>05:57:29.60</b>	+02:12:17 (37.0%)	8:30	7 (62.5%)
32	<b>STASZEWSKI Piotr</b>	<b>247</b>		M30	32	00:42:40	02:58:25	05:08:28	<b>06:04:28.60</b>	<b>06:04:28.60</b>	+02:19:16 (38.2%)	8:40	6.9 (61.6%)
33	<b>SCHWARZ Marek</b>	<b>233</b>	PRO366	M30	33	00:38:57	02:52:34	05:11:24	<b>06:05:02.40</b>	<b>06:05:02.40</b>	+02:19:50 (38.3%)	8:41	6.9 (61.6%)
34	<b>WAŁCZYK Mateusz</b>	<b>286</b>	DRÄXLMAIER	M30	34	00:38:27	02:55:20	05:06:20	<b>06:08:06.25</b>	<b>06:08:06.25</b>	+02:22:54 (38.8%)	8:45	6.8 (60.7%)
35	<b>MAGALSKI Tomasz</b>	<b>161</b>		M30	35	00:39:47	03:04:08	05:15:15	<b>06:08:13.90</b>	<b>06:08:13.90</b>	+02:23:01 (38.8%)	8:46	6.8 (60.7%)
36	<b>WOLAŃSKI Karol</b>	<b>304</b>		M30	36	00:43:49	03:07:23	05:18:34	<b>06:10:18.25</b>	<b>06:10:18.25</b>	+02:25:06 (39.2%)	8:49	6.8 (60.7%)
37	<b>KUROWSKI Artur</b>	<b>143</b>	PURAVIDATEAM	M30	37	00:43:35	03:08:15	05:19:56	<b>06:12:55.25</b>	<b>06:12:55.25</b>	+02:27:43 (39.6%)	8:52	6.8 (60.7%)
38	<b>SZELA Łukasz</b>	<b>256</b>	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M30	38	00:38:59	03:03:36	05:20:16	<b>06:15:50.80</b>	<b>06:15:50.80</b>	+02:30:38 (40.1%)	8:56	6.7 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami			Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy Jawory 24km	36km					
39	<b>NOWAK Michał</b>	<b>182</b>	STABILNY GRUNT TUNING TEAM	M30	39	00:44:17	03:15:03	05:23:46	<b>06:17:54.90</b>	<b>06:17:54.90</b>	+02:32:42 (40.4%)	8:59	6.7 (59.8%)
40	<b>SOBOLEWSKI Dariusz</b>	<b>241</b>	BOREL MARATHON TEAM	M30	40	00:39:14	03:00:58	05:20:05	<b>06:18:36.95</b>	<b>06:18:36.95</b>	+02:33:24 (40.5%)	9:00	6.7 (59.8%)
41	<b>KUBIAK Adam</b>	<b>137</b>	KOTWICA BRZEG	M30	41	00:41:26	03:11:16	05:29:59	<b>06:25:01.50</b>	<b>06:25:01.50</b>	+02:39:49 (41.5%)	9:10	6.5 (58.0%)
42	<b>PIOTROWICZ Michał</b>	<b>199</b>	ORTHOS TEAM	M30	42	00:46:10	03:19:20	05:32:02	<b>06:26:04.25</b>	<b>06:26:04.25</b>	+02:40:52 (41.7%)	9:11	6.5 (58.0%)
43	<b>KWASIUK Wojciech</b>	<b>145</b>		M30	43	00:47:56	03:24:57	05:33:50	<b>06:27:08.55</b>	<b>06:27:08.55</b>	+02:41:56 (41.8%)	9:13	6.5 (58.0%)
44	<b>BRODA Dominik</b>	<b>33</b>		M30	44	00:40:24	03:04:49	05:24:45	<b>06:29:46.75</b>	<b>06:29:46.75</b>	+02:44:34 (42.2%)	9:16	6.5 (58.0%)
45	<b>IWASZCZYSZYN Tomasz</b>	<b>86</b>	RMT TEAM & PRZYJACIELE	M30	45	00:41:25	03:04:33	05:24:44	<b>06:29:47.10</b>	<b>06:29:47.10</b>	+02:44:35 (42.2%)	9:16	6.5 (58.0%)
46	<b>SYCHOWSKI Dawid</b>	<b>253</b>		M30	46	00:41:59	03:16:39	05:31:25	<b>06:30:15.80</b>	<b>06:30:15.80</b>	+02:45:03 (42.3%)	9:17	6.5 (58.0%)
47	<b>ANTKIEWICZ Kamil</b>	<b>348</b>		M30	47	00:46:12	03:18:24	05:42:10	<b>06:40:28.85</b>	<b>06:40:28.85</b>	+02:55:16 (43.8%)	9:32	6.3 (56.3%)
48	<b>WAWRZY尼亚K Krystian</b>	<b>289</b>	OKB ODRA OPOLE	M30	48	00:50:38	03:25:42	05:40:48	<b>06:41:00.45</b>	<b>06:41:00.45</b>	+02:55:48 (43.8%)	9:32	6.3 (56.3%)
49	<b>POPIELA Sebastian</b>	<b>208</b>	OPTYK BARTKOWIAK TEAM	M30	49	00:43:29	03:16:50	05:42:29	<b>06:43:30.45</b>	<b>06:43:30.45</b>	+02:58:18 (44.2%)	9:36	6.2 (55.4%)
50	<b>PODGÓRSKI Paweł</b>	<b>204</b>	DALEKO JESZCZE?	M30	50	00:43:38	03:16:22	05:41:59	<b>06:43:45.70</b>	<b>06:43:45.70</b>	+02:58:33 (44.2%)	9:36	6.2 (55.4%)
51	<b>ROGOWSKI Tomasz</b>	<b>224</b>	UMLAUT	M30	51	00:46:13	03:23:25	05:45:08	<b>06:44:14.15</b>	<b>06:44:14.15</b>	+02:59:02 (44.3%)	9:37	6.2 (55.4%)
52	<b>WALKOWIAK Maciej</b>	<b>285</b>	POLONIA ŚRODA	M30	52	00:51:06	03:28:33	05:49:19	<b>06:49:32.15</b>	<b>06:49:32.15</b>	+03:04:20 (45.0%)	9:45	6.2 (55.4%)
53	<b>GRZELIŃSKI Michał</b>	<b>77</b>	□	M30	53	00:52:46	03:32:44	05:54:47	<b>06:56:54.50</b>	<b>06:56:54.50</b>	+03:11:42 (46.0%)	9:55	6 (53.6%)
54	<b>WABERSKI Przemysław</b>	<b>282</b>	MUSZIX TEAM	M30	54	00:51:29	03:38:12	05:54:58	<b>06:58:33.45</b>	<b>06:58:33.45</b>	+03:13:21 (46.2%)	9:57	6 (53.6%)
55	<b>SZWARC Grzegorz</b>	<b>266</b>	ARVATO S.C. REP	M30	55	00:52:51	03:35:11	05:57:29	<b>06:59:19.35</b>	<b>06:59:19.35</b>	+03:14:07 (46.3%)	9:59	6 (53.6%)
56	<b>KUC Patryk</b>	<b>139</b>		M30	56	00:45:02	03:23:23	06:00:06	<b>07:04:51.75</b>	<b>07:04:51.75</b>	+03:19:39 (47.0%)	10:06	5.9 (52.7%)
57	<b>CIERACH Leszek</b>	<b>39</b>	PARKRUN GORZÓW WIELKOPOLSKI	M30	57	00:47:19	03:34:43	06:02:48	<b>07:06:09.80</b>	<b>07:06:09.80</b>	+03:20:57 (47.2%)	10:08	5.9 (52.7%)
58	<b>RADOMSKI Bartosz</b>	<b>217</b>		M30	58	00:49:02	03:44:20	06:08:23	<b>07:08:38.15</b>	<b>07:08:38.15</b>	+03:23:26 (47.5%)	10:12	5.9 (52.7%)
59	<b>GAJDA Michał</b>	<b>55</b>		M30	59	00:51:52	03:30:00	06:04:27	<b>07:13:22.05</b>	<b>07:13:22.05</b>	+03:28:10 (48.0%)	10:19	5.8 (51.8%)
60	<b>POKRYWIECKI Łukasz</b>	<b>206</b>	STOWARZYSZENIE MARATON DĘBNO	M30	60	00:43:49	03:40:40	06:12:56	<b>07:14:41.35</b>	<b>07:14:41.35</b>	+03:29:29 (48.2%)	10:20	5.8 (51.8%)
61	<b>DROŃ Jakub</b>	<b>47</b>	AMA PROFIL ULTRA TEAM	M30	61	00:51:26	03:44:51	06:12:47	<b>07:15:56.75</b>	<b>07:15:56.75</b>	+03:30:44 (48.3%)	10:22	5.8 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 24km	Droga pod Reglami 36km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
62	<b>KOZIEŁ Tadeusz</b>	<b>127</b>	SZCZĘŚCIARZBIEGA	M30	62	00:50:37	03:37:20	06:15:35	<b>07:16:48.85</b>	<b>07:16:48.85</b>	+03:31:36 (48.4%)	10:24	5.8 (51.8%)
63	<b>SZPYTMA Remigiusz</b>	<b>262</b>		M30	63	00:46:55	03:32:39	06:11:16	<b>07:17:58.90</b>	<b>07:17:58.90</b>	+03:32:46 (48.6%)	10:25	5.8 (51.8%)
64	<b>PIETRZAK Krzysztof</b>	<b>198</b>	BIEGAMBOLUBIĘ GORZÓW	M30	64	00:48:51	03:41:12	06:15:27	<b>07:20:08.10</b>	<b>07:20:08.10</b>	+03:34:56 (48.8%)	10:28	5.7 (50.9%)
65	<b>CHLUDZIŃSKI Patryk</b>	<b>37</b>	ARVATO S.C. REP	M30	65	00:50:59	03:37:00	06:18:31	<b>07:21:20.55</b>	<b>07:21:20.55</b>	+03:36:08 (49.0%)	10:30	5.7 (50.9%)
66	<b>KUCIA Szymon</b>	<b>140</b>		M30	66	00:47:48	03:42:07	06:23:53	<b>07:23:02.15</b>	<b>07:23:02.15</b>	+03:37:50 (49.2%)	10:32	5.7 (50.9%)
67	<b>TALIKADZE Dawid</b>	<b>276</b>	ARVATO S.C.REP	M30	67	00:50:55		06:25:42	<b>07:31:04.65</b>	<b>07:31:04.65</b>	+03:45:52 (50.1%)	10:44	5.6 (50.0%)
68	<b>GRABOWY Krzysztof</b>	<b>328</b>		M30	68	00:50:28	03:39:15	06:18:12	<b>07:41:04.75</b>	<b>07:41:04.75</b>	+03:55:52 (51.2%)	10:58	5.5 (49.1%)
69	<b>FRAĆKOWIAK Dominik</b>	<b>54</b>		M30	69	00:45:22	03:46:20	06:30:30	<b>07:41:16.95</b>	<b>07:41:16.95</b>	+03:56:04 (51.2%)	10:58	5.5 (49.1%)
70	<b>DYCZKA Jakub</b>	<b>49</b>		M30	70	00:51:33	04:01:25	06:35:26	<b>07:44:25.55</b>	<b>07:44:25.55</b>	+03:59:13 (51.5%)	11:03	5.4 (48.2%)
71	<b>WRÓBLEWSKI Tomek</b>	<b>308</b>		M30	71	00:48:01	03:42:16	06:37:47	<b>07:50:08.30</b>	<b>07:50:08.30</b>	+04:04:56 (52.1%)	11:11	5.4 (48.2%)
72	<b>WILCZEWSKI Piotr</b>	<b>297</b>	GORZOWSKIE BIEGANIE CZWARTKOWE	M30	72	00:51:54	04:03:14	06:46:25	<b>07:53:25.95</b>	<b>07:53:25.95</b>	+04:08:13 (52.4%)	11:16	5.3 (47.3%)
73	<b>SAWICKI Krzysztof</b>	<b>230</b>		M30	73	00:51:50	04:16:11	07:11:55	<b>08:23:44.65</b>	<b>08:23:44.65</b>	+04:38:32 (55.3%)	11:59	5 (44.6%)
74	<b>BIEŃ Piotr</b>	<b>18</b>		M30	74	00:51:06	04:18:54	07:23:14	<b>08:33:08.95</b>	<b>08:33:08.95</b>	+04:47:56 (56.1%)	12:13	4.9 (43.8%)
<b>Przekroczony limit czasu: 09:00:00</b>													
75	<b>KOWALIK Mariusz</b>	<b>124</b>		M30	75	01:03:27	04:38:32	07:47:14	<b>09:05:35.45</b>	<b>09:05:35.45</b>	+05:20:23 (58.7%)	12:59	4.6 (41.1%)
76	<b>SZYMAŃSKI Jarosław</b>	<b>270</b>	ION1 TEAM	M30	76	01:00:09	04:44:07	07:57:52	<b>09:19:58.85</b>	<b>09:19:58.85</b>	+05:34:46 (59.8%)	13:19	4.5 (40.2%)
77	<b>TOMASZEWSKI Bartosz</b>	<b>278</b>	SMOK TRÓJGŁOWY	M30	77	01:00:58	04:42:13	07:50:09	<b>09:21:36.70</b>	<b>09:21:36.70</b>	+05:36:24 (59.9%)	13:22	4.5 (40.2%)

Znaleziono 77 wynik(ów)